# Quantum and Atom Optics 

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## Part I

## Classical and Semiclassical Light-Matter Interactions

## Chapter 1

## Classical Atom-Field Interactions

We will now model the interaction between light and atoms, using a classical model of the atom. This will allow us to treat a variety of phenomena from the refractive index of atomic vapors to the conductivity of metals to laser cooling and trapping of atoms.

We will model the atom as a classical harmonic oscillator, an electron bound to the nucleus by a harmonic force (linear spring):

$$
\begin{equation*}
m \ddot{\mathbf{x}}+m \omega_{0}^{2} \mathbf{x}=0 . \tag{1.1}
\end{equation*}
$$

Here, $\mathbf{x}$ represents the average position of the electron, since quantum-mechanically, the electron is not localized, and $\omega_{0}$ is the resonant frequency of the harmonic potential. The above equation is also in center-of-mass coordinates, so that we can ignore the motion of the nucleus. Thus, $m$ is the reduced mass of the electron, given by

$$
\begin{equation*}
m=\frac{m_{\mathrm{e}} m_{\mathrm{n}}}{m_{\mathrm{e}}+m_{\mathrm{n}}} \tag{1.2}
\end{equation*}
$$

where $m_{\mathrm{e}}$ is the electron mass, and $m_{\mathrm{n}}$ is the nuclear mass. Generally $m_{\mathrm{e}} \ll m_{\mathrm{n}}$, so

$$
\begin{equation*}
m \approx m_{\mathrm{e}}\left(1-\frac{m_{\mathrm{e}}}{m_{\mathrm{n}}}\right) \tag{1.3}
\end{equation*}
$$

and generally, it is a good approximation to use $m \approx m_{\mathrm{e}}$.
Why use a classical calculation, when an atom is a manifestly quantum-mechanical object? It turns out that the classical calculation gets many phenomena correct, and these results can be justified by quantum calculations. Essentially, the classical calculation is good for weak atomic excitations, when the harmonic potential, the lowest-order approximation to an arbitrary potential, is an accurate model. (It is even a good approximation to treat the quantum electromagnetic field classically as long as many photons are present, since the field turns out to be a set of harmonic oscillators, which are "not very quantum-mechanical." Then our requirement of weak excitation of the atom implies an atom-field coupling that is in some sense very weak; we will see that this is true when discussing the atomic cross section in Section 1.2.1.) In particular, the classical model does not predict any saturation effects, and as we will see, it requires a bit of patching to make it quantitatively correct, even in the limit of small intensity.

### 1.1 Polarizability

We will now consider the interaction of the atom with a monochromatic field of the form

$$
\begin{equation*}
\mathbf{E}^{(+)}(t)=\hat{\varepsilon} E_{0}^{(+)} e^{-i \omega t} \tag{1.4}
\end{equation*}
$$

where $\hat{\varepsilon}$ is the unit polarization vector. Here, we are using the complex notation for the field, where we separate according to the positive- and negative-frequency components:

$$
\begin{align*}
\mathbf{E}(\mathbf{r}, t) & =\mathbf{E}(\mathbf{r}) \cos (\omega t+\phi) \\
& =\mathbf{E}(\mathbf{r}) \frac{e^{-i \phi}}{2} e^{-i \omega t}+\mathbf{E}(\mathbf{r}) \frac{e^{i \phi}}{2} e^{i \omega t}  \tag{1.5}\\
& =\mathbf{E}^{(+)}(\mathbf{r}) e^{-i \omega t}+\mathbf{E}^{(-)}(\mathbf{r}) e^{i \omega t}
\end{align*}
$$

Recall that we are defining $\mathbf{E}^{( \pm)}$to go with $e^{\mp i \omega t}$, since by convention $e^{-i \omega t}$ corresponds to the positive frequency $\omega$ and $e^{i \omega t}=e^{-i(-\omega) t}$ corresponds to the negative frequency $(-\omega)$. The physical field is just the sum of the positive- and negative-frequency parts. But notice that these parts are complex conjugates, as is required to get a real (physical) field. Thus, we can always write the physical field as $E^{(+)}$with its conjugate:

$$
\begin{equation*}
\mathbf{E}(\mathbf{r}, t)=\mathbf{E}^{(+)}(\mathbf{r}) e^{-i \omega t}+\text { c.c. }=2 \operatorname{Re}\left\{\mathbf{E}^{(+)}(\mathbf{r}) e^{-i \omega t}\right\} \tag{1.6}
\end{equation*}
$$

Of course, we apply this notation to all other quantities driven by the field, such as the displacement of the electron that we consider below. Mathematically, it is simpler to keep only one part of the solution, but to obtain the physical result, you always need to add the complex conjugate (assuming that all the calculations are linear). Note that classically, this decomposition arises as a mathematical convenience. As we will see much later, in the quantum treatment of the field this decomposition is more fundamental and significant, since the two components will play the roles of photon creation and annihilation operators.

In writing down the expression (1.4), we are making the dipole approximation: we are assuming that the size of the atom is much smaller than the optical wavelength, so that the electron only sees the field at the nuclear position. Thus, we need not consider the spatial dependence or propagation direction of the field. The force on the electron due to the field is

$$
\begin{equation*}
\mathbf{F}^{(+)}=-e \mathbf{E}^{(+)} \tag{1.7}
\end{equation*}
$$

where $e$ is the fundamental charge, the magnitude of the electron charge (so that the electron charge is $-e)$.

Then the equation of motion for the electron becomes

$$
\begin{equation*}
m \ddot{\mathbf{x}}^{(+)}+m \omega_{0}^{2} \mathbf{x}^{(+)}=-\hat{\varepsilon} e E_{0}^{(+)} e^{-i \omega t} \tag{1.8}
\end{equation*}
$$

We need only worry about the electron motion in the direction of the electric field; we will ignore any motion except that induced by the field, as we will justify when considering the damped version of the harmonic oscillator.

We will now make the ansatz that the solution has the same time dependence as the field:

$$
\begin{equation*}
\mathbf{x}^{(+)}(t)=\hat{\varepsilon} x_{0}^{(+)} e^{-i \omega t} \tag{1.9}
\end{equation*}
$$

With this solution, Eq. (1.8) becomes

$$
\begin{equation*}
-m \omega^{2} x_{0}^{(+)}+m \omega_{0}^{2} x_{0}^{(+)}=-e E_{0}^{(+)} \tag{1.10}
\end{equation*}
$$

which we can solve for $x_{0}^{(+)}$to obtain the solution

$$
\begin{equation*}
x_{0}^{(+)}=\frac{e E_{0}^{(+)} / m}{\omega^{2}-\omega_{0}^{2}} \tag{1.11}
\end{equation*}
$$

Again, we are breaking the electron displacement into its positive and negative components $x(t)=x^{(+)}(t)+$ $x^{(-)}(t)$.

The dipole moment of the atom is

$$
\begin{equation*}
\mathbf{d}^{(+)}=-e \mathbf{x}^{(+)} \tag{1.12}
\end{equation*}
$$

where $\mathbf{x}=\hat{\varepsilon} x$. Since the dipole moment is induced by the field (the electron displacement is zero in equilibrium), we can define the polarizability $\alpha$ to describe how easily the field induces the dipole moment by

$$
\begin{equation*}
\mathbf{d}^{(+)}=\alpha(\omega) \mathbf{E}^{(+)} \tag{1.13}
\end{equation*}
$$

(polarizability definition)
From Eqs. (1.11) and (1.12), we can write the polarizability as

$$
\begin{equation*}
\alpha(\omega)=\frac{e^{2} / m}{\omega_{0}^{2}-\omega^{2}} \tag{1.14}
\end{equation*}
$$

(classical polarizability)
The polarizability completely characterizes the response of the atom to the applied field. Of course, this is the frequency-space response function, which we have obtained via an implicit Fourier transform of the applied field.

### 1.1.1 Connection to Dielectric Media

Recall that the polarization density $\mathbf{P}$ is the dipole moment per unit volume. Thus, for an atomic vapor of number density $N$,

$$
\begin{equation*}
\mathbf{P}^{(+)}=N \mathbf{d}^{(+)}=N \alpha(\omega) \mathbf{E}^{(+)}=\hat{\varepsilon} \frac{N e^{2} / m}{\omega_{0}^{2}-\omega^{2}} E_{0}^{(+)} e^{-i \omega t} \tag{1.15}
\end{equation*}
$$

This expression is valid for a rarefied medium, where the interactions between the atoms are negligible. In dense media, correlations between dipoles cause deviations from these results. We can thus write the susceptibility for the vapor as

$$
\begin{equation*}
\chi(\omega)=\frac{N e^{2} / m \epsilon_{0}}{\omega_{0}^{2}-\omega^{2}} \tag{1.16}
\end{equation*}
$$

(classical susceptibility)
in view of the defining relation $\mathbf{P}=\epsilon_{0} \chi \mathbf{E}$. Keeping the polarizability as the fundamental microscopic quantity, we can of course also write

$$
\begin{equation*}
\chi(\omega)=\frac{N}{\epsilon_{0}} \alpha(\omega) \tag{1.17}
\end{equation*}
$$

(susceptibility-polarizability relation)
for the susceptibility of a vapor of number density $N$ in terms of the polarizability.

### 1.2 Damping: Lorentz Model

A better model of the atom is a damped harmonic oscillator. This improved model is known as the Lorentz model of the atom, and the equation of motion is

$$
\begin{equation*}
m \ddot{\mathbf{x}}^{(+)}+m \gamma \dot{\mathbf{x}}^{(+)}+m \omega_{0}^{2} \mathbf{x}^{(+)}=-\hat{\varepsilon} e E_{0}^{(+)} e^{-i \omega t} \tag{1.18}
\end{equation*}
$$

The damping ("friction") term models radiation reaction due to the charge acceleration (the classical analogue of spontaneous emission) and collisions with other atoms. A quantum-mechanical calculation shows that for an isolated atom, the damping rate is the same as the Einstein $A$ coefficient (spontaneous emission rate): $\gamma=A_{21}$.

Again, we assume a solution of the form $\mathbf{x}^{(+)}(t)=\hat{\varepsilon} x_{0}^{(+)} e^{-i \omega t}$. Following the method above, the solution is

$$
\begin{equation*}
x_{0}^{(+)}=\frac{e E_{0}^{(+)} / m}{\omega^{2}-\omega_{0}^{2}+i \gamma \omega} . \tag{1.19}
\end{equation*}
$$

Now the displacement is complex, reflecting a phase lag of the displacement behind the field, with phase angle

$$
\begin{equation*}
\delta=\tan ^{-1}\left(\frac{\gamma \omega}{\omega_{0}^{2}-\omega^{2}}\right) \tag{1.20}
\end{equation*}
$$

The phase lag approaches zero for $\omega \ll \omega_{0}$ and $\pi$ for $\omega \gg \omega_{0}(\delta=\pi / 2$ exactly on resonance). Then for this case, the polarizability becomes

$$
\begin{equation*}
\alpha(\omega)=\frac{e^{2} / m}{\omega_{0}^{2}-\omega^{2}-i \gamma \omega} \tag{1.21}
\end{equation*}
$$

The susceptibility likewise becomes

$$
\begin{equation*}
\chi(\omega)=\frac{N e^{2} / m \epsilon_{0}}{\omega_{0}^{2}-\omega^{2}-i \gamma \omega} \tag{1.22}
\end{equation*}
$$

(susceptibility with damping)
It is worth reiterating here that $\alpha$ and $\chi$ are complex quantities defined for the positive-rotating fields via $\mathbf{d}^{(+)}=\alpha(\omega) \mathbf{E}^{(+)}$and $\mathbf{P}^{(+)}=\epsilon_{0} \chi \mathbf{E}^{(+)}$, and therefore must be treated appropriately.

If $\chi$ is small (as for a dilute vapor), the complex refractive index is

$$
\begin{equation*}
\tilde{n}(\omega)=\sqrt{1+\chi(\omega)} \approx 1+\frac{\chi(\omega)}{2}=1+\frac{N e^{2}}{2 m \epsilon_{0}} \frac{\left(\omega_{0}^{2}-\omega^{2}\right)}{\left(\omega_{0}^{2}-\omega^{2}\right)^{2}+\gamma^{2} \omega^{2}}+i \frac{N e^{2}}{2 m \epsilon_{0}} \frac{\gamma \omega}{\left(\omega_{0}^{2}-\omega^{2}\right)^{2}+\gamma^{2} \omega^{2}} \tag{1.23}
\end{equation*}
$$

The real and imaginary parts of the complex index have distinct interpretations. Recall that a plane wave propages with a phase factor according to

$$
\begin{equation*}
E(z)=E_{0} \exp (i k z)=E_{0} \exp \left(i \tilde{n} k_{0} z\right)=E_{0} \exp \left(i \operatorname{Re}[\tilde{n}] k_{0} z\right) \exp \left(-\operatorname{Im}[\tilde{n}] k_{0} z\right) \tag{1.24}
\end{equation*}
$$

and so we can define the phase index and absorption coefficient respectively as

$$
\begin{align*}
n(\omega) & :=\operatorname{Re}[\tilde{n}(\omega)]  \tag{1.25}\\
a(\omega) & :=2 k_{0} \operatorname{Im}[\tilde{n}(\omega)]
\end{align*}
$$

(phase index and absorption coefficient)
where $k$ is the wave number in the medium and $k_{0}$ is the vacuum wave number, so that $n(\omega)$ represents the phase shift of the propagating wave, while $a(\omega)$ represents attenuation of the field due to absorption. Note that the absorption coefficient is defined such that

$$
\begin{equation*}
\frac{d I}{d z}=-a I \quad \Longrightarrow \quad I(z)=I_{0} e^{-a z} \tag{1.26}
\end{equation*}
$$

which explains the factors of 2 and $k_{0}$. We can thus read off the phase index as the real part,

$$
\begin{equation*}
n(\omega) \approx 1+\frac{N e^{2}}{2 m \epsilon_{0}} \frac{\left(\omega_{0}^{2}-\omega^{2}\right)}{\left(\omega_{0}^{2}-\omega^{2}\right)^{2}+\gamma^{2} \omega^{2}} \tag{1.27}
\end{equation*}
$$

(classical refractive index)
while the (intensity) absorption coefficient becomes

$$
\begin{equation*}
a(\omega) \approx \frac{N e^{2} \omega^{2}}{m \epsilon_{0} c} \frac{\gamma}{\left(\omega_{0}^{2}-\omega^{2}\right)^{2}+\gamma^{2} \omega^{2}} \tag{1.28}
\end{equation*}
$$

(classical absorption coefficient)
The region where significant absorption occurs for small detunings of the field from the atomic resonance, $\left|\omega-\omega_{0}\right| \ll \omega_{0}$. Then

$$
\begin{equation*}
\omega_{0}^{2}-\omega^{2}=\left(\omega_{0}-\omega\right)\left(\omega_{0}+\omega\right) \approx 2 \omega\left(\omega_{0}-\omega\right) \tag{1.29}
\end{equation*}
$$

This is effectively equivalent to the rotating-wave approximation in quantum optics. With this approximation, the phase index and absorption become

$$
\begin{align*}
& n(\omega) \approx 1+\frac{N e^{2}}{2 m \epsilon_{0}} \frac{\left(\omega_{0}-\omega\right) / 2 \omega}{\left(\omega_{0}-\omega\right)^{2}+(\gamma / 2)^{2}}  \tag{1.30}\\
& a(\omega) \approx \frac{N e^{2}}{m \epsilon_{0} c \gamma} \frac{(\gamma / 2)^{2}}{\left(\omega_{0}-\omega\right)^{2}+(\gamma / 2)^{2}} \tag{Lorentzianabsorptionprofile}
\end{align*}
$$

Thus, we recover the Lorentzian absorption profile (hence the name) with full width at half maximum $\gamma$ and resonant absorption coefficient $a_{0}=a(0)=N e^{2} / m \epsilon_{0} c \gamma$. Also, we see that in the same regime,

$$
\begin{equation*}
n-1=\frac{2\left(\omega_{0}-\omega\right)}{\gamma}\left[\frac{N e^{2} \omega}{2 m \epsilon_{0} \gamma} \frac{(\gamma / 2)^{2}}{\left(\omega_{0}-\omega\right)^{2}+(\gamma / 2)^{2}}\right]=\frac{2\left(\omega_{0}-\omega\right)}{\gamma} \operatorname{Im}[\tilde{n}(\omega)] \tag{1.31}
\end{equation*}
$$

as required by the Kramers-Kronig relations (Section 14.1.4.2).


This gives the dispersive form for the phase index, as shown here.
In general, we can have atoms with multiple electrons that we need to sum over. Then the polarizability and susceptibility become

$$
\begin{align*}
\alpha(\omega) & =\sum_{j} \frac{e^{2}}{m} \frac{f_{0 j}}{\left(\omega_{j 0}^{2}-\omega^{2}-i \gamma_{j} \omega\right)}  \tag{1.32}\\
\chi(\omega) & =\sum_{j} \frac{N e^{2}}{m \epsilon_{0}} \frac{f_{0 j}}{\left(\omega_{j 0}^{2}-\omega^{2}-i \gamma_{j} \omega\right)}
\end{align*}
$$

(corrected response functions)

Here, $f_{0 j}$ is the absorption oscillator strength, which acts as a weighting factor for each electron, or possibly something like a probability for an electron to behave as different possible harmonic oscillators. The quantummechanical (and correct) interpretation of these expressions is that each term in the sum represents a transition from the ground level 0 to excited level $j$. The oscillator strength can only be obtained from a quantum calculation, and is necessary to make the classical calculation quantitatively correct. Because of the quantitative importance of this factor, we will explore it in more detail.

### 1.2.1 Oscillator Strength

Since the absorption coefficient scales as the susceptibility and thus the oscillator strength (for a dilute gas), the oscillator strength also scales with the cross section. On resonance, the cross section for absorption is defined by

$$
\begin{equation*}
a\left(\omega_{0}\right)=\sigma\left(\omega_{0}\right) N=\sigma_{0} N \tag{1.33}
\end{equation*}
$$

Thus, using Eq. (1.28), we can write the classical absorption cross section as

$$
\begin{equation*}
\sigma_{\text {classical }}\left(\omega_{0}\right)=\left.\frac{e^{2} \omega^{2}}{m \epsilon_{0} c} \frac{\gamma}{\left(\omega_{0}^{2}-\omega^{2}\right)^{2}+\gamma^{2} \omega^{2}}\right|_{\omega=\omega_{0}}=\frac{e^{2}}{m \epsilon_{0} c \gamma} \tag{1.34}
\end{equation*}
$$

(classical cross section)
This cross section is not quantitatively correct, as the correct quantum-mechanical expression for the cross section for the transition to level $j$ [see Eq. (3.21)] is

$$
\begin{equation*}
\sigma_{0 j}=\sigma_{j}\left(\omega_{0}\right)=\frac{\lambda_{j 0}^{2}}{2 \pi}=\frac{2 \pi c^{2}}{\omega_{j 0}^{2}} \tag{1.35}
\end{equation*}
$$

Note that this cross section assumes an orientational average (and thus a factor of $1 / 3$ ) that is generally appropriate for our purposes. We can then define the absorption oscillator strength to be the "fudge factor" to fix the classical cross section:

$$
\begin{equation*}
f_{0 j}:=\frac{\sigma_{0 j}}{\sigma_{0, \text { classical }}}=\frac{2 \pi \epsilon_{0} m c^{3} \gamma_{j}}{e^{2} \omega_{j 0}^{2}} \tag{1.36}
\end{equation*}
$$

(oscillator strength)
We can also write the cross section as

$$
\begin{equation*}
\sigma_{0 j}=f_{0 j} \frac{e^{2}}{m \epsilon_{0} c \gamma_{j}} \tag{1.37}
\end{equation*}
$$

which will be useful later. More commonly, the absorption oscillator strength is defined to include the degeneracy of the level structure, ${ }^{1}$

$$
\begin{equation*}
f_{0 j}=\frac{2 \pi \epsilon_{0} m c^{3} \gamma_{j}}{e^{2} \omega_{j 0}^{2}} \frac{g_{j}}{g_{0}} \tag{1.38}
\end{equation*}
$$

where $g_{\alpha}$ is the degeneracy of level $\alpha$ (i.e., the number of ways to have energy $E_{\alpha}$ ), with a separate expression defined for the emission oscillator strength $f_{0 j}$ (which just flips the degeneracy ratio).

Also, in the limit of large frequency, the susceptibility of Eqs. (1.32) becomes

$$
\begin{equation*}
\chi(\omega) \longrightarrow-\frac{N e^{2}}{m \epsilon_{0} \omega^{2}} \sum_{j} f_{0 j} \tag{1.39}
\end{equation*}
$$

In this limit, the induced electron displacements are small, and thus the damping and harmonic-potential forces are not important. We thus expect to recover the behavior of the free-electron plasma in the highfrequency limit (i.e., the conductor without damping). This corresponds to Eq. (1.16) in the limit $\omega_{0} \longrightarrow 0$, since the electrons are not bound. Thus, we can write

$$
\begin{equation*}
\chi(\omega)=-\frac{N e^{2}}{m \epsilon_{0} \omega^{2}} \tag{1.40}
\end{equation*}
$$

Comparing these two expressions for the susceptibility, we find the Thomas-Reiche-Kuhn sum rule for the oscillator strength:

$$
\begin{equation*}
\sum_{j} f_{0 j}=1 \tag{1.41}
\end{equation*}
$$

(Thomas-Reiche-Kuhn sum rule)
Since $f_{0 j}>0$, the sum rule tells us that $f_{0 j}<1$. The interpretation is that the classical cross section represents the maximum possible cross section, which turns out to be distributed over all the possible transitions from the ground level. Note that transitions to unbound (ionized) states are also included in this sum, making it difficult to verify this with atomic transition data. ${ }^{2}$

### 1.3 Dipole Radiation

The electric and magnetic fields for an oscillating dipole are ${ }^{3}$

$$
\begin{aligned}
& \mathbf{E}^{(+)}(\mathbf{r}, t)=\frac{1}{4 \pi \epsilon_{0}}[3(\hat{\varepsilon} \cdot \hat{r}) \hat{r}-\hat{\varepsilon}]\left[\frac{d^{(+)}\left(t_{\mathrm{r}}\right)}{r^{3}}+\frac{\dot{d}^{(+)}\left(t_{\mathrm{r}}\right)}{c r^{2}}\right]+\frac{1}{4 \pi \epsilon_{0}}[(\hat{\varepsilon} \cdot \hat{r}) \hat{r}-\hat{\varepsilon}] \frac{\dot{d}^{(+)}\left(t_{\mathrm{r}}\right)}{c^{2} r} \\
& \mathbf{H}^{(+)}(\mathbf{r}, t)=\frac{c}{4 \pi}(\hat{\varepsilon} \times \hat{r})\left[\frac{\dot{d}^{(+)}\left(t_{\mathrm{r}}\right)}{c r^{2}}+\frac{\ddot{d}^{(+)}\left(t_{\mathrm{r}}\right)}{c^{2} r}\right],
\end{aligned}
$$

> (dipole radiation fields)

[^0]where $t_{\mathrm{r}}=t-r / c$ is the retarded time, and $\hat{\varepsilon}$ is the polarization unit vector of the applied field (and thus the dipole orientation vector). Only the $1 / r$ terms actually transport energy to infinity (i.e., they correspond to radiation), so we can drop the rest to obtain
\[

$$
\begin{align*}
& \mathbf{E}^{(+)}(\mathbf{r}, t) \approx \frac{1}{4 \pi \epsilon_{0} c^{2}}[(\hat{\varepsilon} \cdot \hat{r}) \hat{r}-\hat{\varepsilon}] \frac{\ddot{d}^{(+)}\left(t_{\mathrm{r}}\right)}{r}  \tag{1.43}\\
& \mathbf{H}^{(+)}(\mathbf{r}, t) \approx \frac{1}{4 \pi c}(\hat{\varepsilon} \times \hat{r}) \frac{\ddot{d}^{(+)}\left(t_{\mathrm{r}}\right)}{r} .
\end{align*}
$$
\]

The energy transport is governed by the Poynting vector, which we can write as

$$
\begin{align*}
\langle\mathbf{S}\rangle & =\mathbf{E}^{(+)} \times \mathbf{H}^{(-)}+\text {c.c. } \\
& =\frac{1}{16 \pi^{2} \epsilon_{0} c^{3}} \frac{|\ddot{d}(+)|^{2}}{r^{2}}[(\hat{\varepsilon} \cdot \hat{r}) \hat{r}-\hat{\varepsilon}] \times\left(\hat{\varepsilon}^{*} \times \hat{r}\right)+\text { c.c. }  \tag{1.44}\\
& =\frac{\hat{r}}{16 \pi^{2} \epsilon_{0} c^{3}} \frac{|\ddot{d}(+)|^{2}}{r^{2}}\left(1-|\hat{r} \cdot \hat{\varepsilon}|^{2}\right)+\text { c.c. }
\end{align*}
$$

where we have used

$$
\begin{equation*}
[(\hat{\varepsilon} \cdot \hat{r}) \hat{r}-\hat{\varepsilon}] \times\left(\hat{\varepsilon}^{*} \times \hat{r}\right)=\left(1-|\hat{r} \cdot \hat{\varepsilon}|^{2}\right) \hat{r} \tag{1.45}
\end{equation*}
$$

for the angular dependence.
There are two main possibilities for the polarization vector: the incident light can be linearly or circularly polarized.

1. Linear polarization $(\hat{\varepsilon}=\hat{z}): 1-|\hat{r} \cdot \hat{\varepsilon}|^{2}=\sin ^{2} \theta$. This is the usual "doughnut-shaped" radiation pattern for an oscillating dipole.
2. Circular polarization $\left(\hat{\varepsilon}=\hat{\varepsilon}_{ \pm}:=\mp(\hat{x} \pm i \hat{y}) / \sqrt{2}\right): 1-|\hat{r} \cdot \hat{\varepsilon}|^{2}=\left(1+\cos ^{2} \theta\right) / 2$. This is a "peanutshaped" radiation pattern for a rotating dipole.

Here, $\theta$ is the angle from the $z$-axis, while $\phi$ is the angle around the azimuth. Note that any arbitrary polarization can be represented as a superposition of these three basis vectors. The (intensity/power) radiation patterns for the linear and circular dipole cases are shown here.


The three-dimensional distributions are generated by sweeping these patterns around the $z$-axis.
The corresponding electric fields for the dipole radiation are polarized. From Eq. (1.43), we can see that the polarization vector is proportional to $(\hat{\varepsilon} \cdot \hat{r}) \hat{r}-\hat{\varepsilon}$. For linear polarization $(\hat{\varepsilon}=\hat{z})$, this factor turns out to be $\sin \theta \hat{\theta}$, while for circular polarization $\left(\hat{\varepsilon}=\hat{\varepsilon}_{ \pm}=\mp(\hat{x} \pm i \hat{y}) / \sqrt{2}\right)$, the polarization vector is proportional to $(\cos \theta \hat{\theta} \mp i \hat{\phi}) e^{\mp i \phi} / \sqrt{2}$.

Now let's define the angular-distribution function via

$$
\begin{equation*}
f_{\hat{\varepsilon}}(\theta, \phi):=\frac{3}{8 \pi}\left(1-|\hat{r} \cdot \hat{\varepsilon}|^{2}\right) . \tag{1.46}
\end{equation*}
$$

(radiative angular distribution)
For linear and circular polarization, this takes the form

$$
\begin{align*}
f_{\hat{z}}(\theta, \phi) & =\frac{3}{8 \pi} \sin ^{2}(\theta)  \tag{1.47}\\
f_{ \pm}(\theta, \phi) & =\frac{3}{16 \pi}\left[1+\cos ^{2}(\theta)\right]
\end{align*}
$$

This function has the nice property that it is normalized, and thus represents a probability distribution for photon emission in quantum mechanics:

$$
\begin{equation*}
\int f_{\hat{\varepsilon}}(\theta, \phi) d \Omega=1 \tag{1.48}
\end{equation*}
$$

Here, $d \Omega=\sin \theta d \theta d \phi$ is the usual solid-angle element.
Now we can write the Poynting vector in terms of the angular-distribution function as

$$
\begin{equation*}
\langle\mathbf{S}\rangle=\frac{\hat{r}}{3 \pi \epsilon_{0} c^{3}} \frac{\left|\ddot{d}^{(+)}\right|^{2}}{r^{2}} f_{\hat{\varepsilon}}(\theta, \phi) \tag{1.49}
\end{equation*}
$$

The power radiated per unit solid angle is then

$$
\begin{equation*}
\frac{d P_{\mathrm{rad}}}{d \Omega}=r^{2}\langle\mathbf{S}\rangle \cdot \hat{r}=\frac{\left|\ddot{d}^{(+)}\right|^{2}}{3 \pi \epsilon_{0} c^{3}} f_{\hat{\varepsilon}}(\theta, \phi), \tag{1.50}
\end{equation*}
$$

and the total radiated power is

$$
\begin{equation*}
P_{\mathrm{rad}}=\int d \Omega \frac{d P_{\mathrm{rad}}}{d \Omega}=\frac{\left|\ddot{d}^{(+)}\right|^{2}}{3 \pi \epsilon_{0} c^{3}}=\frac{e^{2}\left|\ddot{x}^{(+)}\right|^{2}}{3 \pi \epsilon_{0} c^{3}} \tag{1.51}
\end{equation*}
$$

Of course, the incident intensity is contained implicitly in the electron acceleration $\ddot{x}$.

### 1.3.1 Damping Coefficient

Now we can connect the radiated power to the damping term in the Lorentz model, ${ }^{4}$ Eq. (1.8). Note that the radiated power in Eq. (1.51) is the time-averaged power, since we used the complex representation. In terms of the real displacement, we can make the replacement

$$
\begin{equation*}
\left|\ddot{x}^{(+)}\right|^{2} \longrightarrow \frac{\left\langle\ddot{x}^{2}\right\rangle}{2} \tag{1.52}
\end{equation*}
$$

where the angle brackets denote the time average. Then the average work done by radiation reaction must balance the energy emitted into the field:

$$
\begin{align*}
\int_{x_{0}}^{x} \mathbf{F}_{\mathrm{rr}} \cdot d \mathbf{x}^{\prime}=\int_{t_{0}}^{t} F_{\mathrm{rr}} \dot{x}\left(t^{\prime}\right) d t^{\prime} & =-\frac{e^{2}}{6 \pi \epsilon_{0} c^{3}} \int_{t_{0}}^{t}(\ddot{x})^{2} d t^{\prime} \\
& =-\frac{e^{2}}{6 \pi \epsilon_{0} c^{3}}\left[\left.\dot{x} \ddot{x}\right|_{t_{0}} ^{t}-\int_{t_{0}}^{t} \dot{x} \dddot{x} d t^{\prime}\right] \tag{1.53}
\end{align*}
$$

[^1]Here $\mathbf{F}_{\mathrm{rr}}$ refers to the radiation-reaction force. If we pick $t-t_{0}$ to be an integer multiple of the optical period, the boundary term vanishes (it is also negligible for large $t-t_{0}$ ). Then the radiation-reaction force is

$$
\begin{equation*}
\mathbf{F}_{\mathrm{rr}}=\frac{e^{2}}{6 \pi \epsilon_{0} c^{3}} \dddot{\mathbf{x}} \tag{1.54}
\end{equation*}
$$

This is, in fact, the Abraham-Lorentz model of radiation reaction, which has problems involving unphysical runaway solutions. ${ }^{5}$ We can avoid such problems by going back to the complex representation and noting that the displacement is a harmonic function, so we can make the approximation

$$
\begin{equation*}
\mathbf{F}_{\mathrm{rr}}^{(+)}=\frac{e^{2}}{6 \pi \epsilon_{0} c^{3}} \dddot{\mathbf{x}}^{(+)} \approx-\frac{e^{2} \omega_{0}^{2}}{6 \pi \epsilon_{0} c^{3}} \dot{\mathbf{x}}^{(+)} \tag{1.55}
\end{equation*}
$$

which assumes the atom is driven close to resonance. If we define

$$
\begin{equation*}
\gamma=\frac{e^{2} \omega_{0}^{2}}{6 \pi m \epsilon_{0} c^{3}} \tag{1.56}
\end{equation*}
$$

(classical damping rate)
then we recover the damping term in the harmonic oscillator:

$$
\begin{equation*}
\mathbf{F}_{\mathrm{rr}}^{(+)}=-m \gamma \dot{\mathbf{x}}^{(+)} \tag{1.57}
\end{equation*}
$$

Note that the oscillator is highly underdamped here, since Eq. (1.56) can be written as $\gamma / \omega_{0}=(4 \pi / 3) r_{\mathrm{e}} / \lambda$, where $r_{\mathrm{e}} \approx 2.8 \times 10^{-15} \mathrm{~m}$ is the classical electron radius and $\lambda$ is the optical wavelength. For example, 122 nm is the lowest-lying hydrogen line, which gives $\gamma / \omega_{0} \sim 10^{-7}$. For real quantum transitions, this ratio is slightly smaller (due to the addition of the oscillator strength as we mention below), on the order of $10^{-8}$.

We now have the classical result for the spontaneous emission rate, which isn't quite correct. Again, we can patch this with the substitution $e^{2} / m \longrightarrow\left(e^{2} / m\right) f_{0 j}$, with the result

$$
\begin{equation*}
\gamma_{j}=\frac{e^{2} \omega_{0 j}^{2} f_{0 j}}{6 \pi m \epsilon_{0} c^{3}} \tag{1.58}
\end{equation*}
$$

(quantum damping rate)
This is consistent with Eq. (1.36) if we take $\sigma_{0 j}=3 \lambda_{j 0}^{2} / 2 \pi$ (i.e., no orientational average for the dipole). Again, there are some subtleties here regarding the cross sections and orientational averages that are better handled by angular-momentum algebra.

### 1.4 Atom Optics: Mechanical Effects of Light on Atoms

Now we will have a brief look at the field of atom optics, or optics with matter (de Broglie) waves. We will only be looking here at how to trap and cool atoms with laser light using the classical Lorentz model of the atom, so in a sense we will be doing "geometrical atom optics."

Broadly speaking, there are two types of mechanical forces that light can have on atoms. ${ }^{6}$ The first, the dipole force, is related to the potential energy of the induced dipole in the electric field, and is thus related to the real part of $\alpha(\omega)$ [see Eq. (1.66)]. The second is radiation pressure due to absorption and rescattering of the incident light, which is thus related to the imaginary part of $\alpha(\omega)$ [see Eq. (1.85)].

[^2]
### 1.4.1 Dipole Force

The dipole moment of the atom is induced by the external field, so we can write the potential energy of the induced dipole (with $\mathbf{d}=\alpha \mathbf{E}$ ) as

$$
\begin{equation*}
V_{\mathrm{dipole}}=-\frac{\mathbf{d} \cdot \mathbf{E}}{2}=-\frac{d E}{2} \tag{1.59}
\end{equation*}
$$

The extra factor of $1 / 2$ compared to the usual dipole energy is because the dipole is induced, and thus

$$
\begin{equation*}
V_{\mathrm{dipole}}=-\int_{0}^{E}(d) d E=-\int_{0}^{E} \alpha E d E=-\frac{1}{2} \alpha E^{2} \tag{1.60}
\end{equation*}
$$

Since we found the solution for the positive-frequency component of the field, we should write out the potential in terms of the same components:

$$
\begin{equation*}
V_{\mathrm{dipole}}=-\frac{1}{2}\left(\mathbf{d}^{(+)}+\mathbf{d}^{(-)}\right) \cdot\left(\mathbf{E}^{(+)}+\mathbf{E}^{(-)}\right) \tag{1.61}
\end{equation*}
$$

Noting that

$$
\begin{equation*}
\mathbf{d}^{( \pm)} \sim e^{\mp i \omega t}, \quad \mathbf{E}^{( \pm)} \sim e^{\mp i \omega t} \tag{1.62}
\end{equation*}
$$

we can see that the terms of the form

$$
\begin{equation*}
\mathbf{d}^{( \pm)} \cdot \mathbf{E}^{( \pm)} \sim e^{\mp i 2 \omega t} \tag{1.63}
\end{equation*}
$$

rotate at twice the optical frequency, which is too fast for the atoms to respond mechanically. So we will drop these terms in the time average (the same average that leads to the intensity). The terms of the form

$$
\begin{equation*}
\mathbf{d}^{( \pm)} \cdot \mathbf{E}^{(\mp)} \sim 1 \tag{1.64}
\end{equation*}
$$

are dc, so we can keep these. Thus,

$$
\begin{align*}
V_{\text {dipole }} & =-\frac{1}{2} \mathbf{d}^{(+)} \cdot \mathbf{E}^{(-)}-\frac{1}{2} \mathbf{d}^{(-)} \cdot \mathbf{E}^{(+)} \\
& =-\frac{1}{2}\left[\alpha(\omega) \mathbf{E}^{(+)}\right] \cdot \mathbf{E}^{(-)}-\frac{1}{2}\left[\alpha(\omega) \mathbf{E}^{(-)}\right] \cdot \mathbf{E}^{(+)}  \tag{1.65}\\
& =-\operatorname{Re}[\alpha(\omega)]\left|E^{(+)}\right|^{2} \\
& =-\frac{\eta_{0}}{2} \operatorname{Re}[\alpha(\omega)] I(\mathbf{r})
\end{align*}
$$

and in terms of the intensity,

$$
\begin{equation*}
V_{\mathrm{dipole}}=-\frac{\eta_{0}}{2} \operatorname{Re}[\alpha(\omega)] I(\mathbf{r}) \tag{1.66}
\end{equation*}
$$

(dipole potential)
Here, $\eta_{0}$ is the vacuum wave impedance

$$
\begin{equation*}
\eta_{0}:=\sqrt{\frac{\mu_{0}}{\epsilon_{0}}}=\mu_{0} c=\frac{1}{\epsilon_{0} c} \approx 377 \Omega \tag{1.67}
\end{equation*}
$$

(wave impedance of vacuum)
and we are regarding the electric-field envelope $E^{(+)}(\mathbf{r})$ to be a slowly varying function of position. Recall that the intensity in vacuum is given in terms of the real and complex field amplitudes $E_{0}$ and $E_{0}^{(+)}$by

$$
\begin{equation*}
I=\left|E_{0}\right|^{2} / 2 \eta_{0}=2\left|E_{0}^{(+)}\right|^{2} / \eta_{0} \tag{1.68}
\end{equation*}
$$

Putting in the explicit form for the polarizability, we can write the dipole potential as

$$
\begin{equation*}
V_{\mathrm{dipole}}=\frac{-e^{2}}{2 m \epsilon_{0} c} \frac{\omega_{0}^{2}-\omega^{2}}{\left(\omega_{0}^{2}-\omega^{2}\right)^{2}+\gamma^{2} \omega^{2}} I(\mathbf{r}) \tag{1.69}
\end{equation*}
$$

Thus, the atom sees a spatial potential proportional to $I(\mathbf{r})$ and to $(n-1)$. This potential-shift effect (also known as the ac Stark shift) is the atomic counterpart of the phase shift (due to $n-1$ ) of a beam propagating through a vapor. Both effects follow from the coupling of the field to the atom.

The corresponding force is given by the potential gradient

$$
\begin{equation*}
\mathbf{F}_{\text {dipole }}=-\nabla V_{\text {dipole }} \propto \nabla I(\mathbf{r}) \tag{1.70}
\end{equation*}
$$

Thus, the dipole force responds to intensity gradients. If the dipole is viewed as two slightly separated, opposite charges, there is only a net force if the two charges see a different electric field, which is only possible in the ideal dipole limit if the field has a gradient.

The sign of the dipole potential is set solely by the detuning of the field from the atomic resonance. Defining the detuning $\Delta:=\omega-\omega_{0}$, we can write the dipole potential as

$$
\begin{equation*}
V_{\mathrm{dipole}}=\frac{e^{2}}{2 m \epsilon_{0} c} \frac{\left(\omega_{0}+\omega\right) \Delta}{\left[\left(\omega_{0}+\omega\right) \Delta\right]^{2}+\gamma^{2} \omega^{2}} I(\mathbf{r}) \tag{1.71}
\end{equation*}
$$

Everything in this expression is positive except for the factor of $\Delta$ in the numerator. Thus, for positive $\Delta$ $\left(\omega>\omega_{0}\right.$, or blue detuning), $V_{\text {dipole }}>0$, while for negative $\Delta\left(\omega<\omega_{0}\right.$, or red detuning), $V_{\text {dipole }}<0$. That is, a bright spot in space (e.g., due to a tightly focused Gaussian beam) will repel an atom for blue detunings, forming a potential barrier, while for red detunings, the spot attracts atoms and forms a potential well.

The sign dependence of $V_{\text {dipole }}$ makes sense in terms of the phase lag (1.20). Recall that for small frequencies $(\Delta<0)$, the phase lag of the dipole behind the field is smaller than $\pi / 2$, while for large frequencies $(\Delta>0)$, the phase lag is between $\pi / 2$ and $\pi$. Since $V_{\text {dipole }} \propto-\mathbf{d} \cdot \mathbf{E}$, the phase lag is important because then $\mathbf{d}$ and $\mathbf{E}$ are mostly aligned or mostly opposed for $\Delta<0$ and $\Delta>0$, respectively. Thus, $V_{\text {dipole }} \gtrless 0$ for $\Delta \gtrless 0$.

### 1.4.1.1 Dipole Potential: Standard Form

By writing the dipole potential in a more standard form, we can see that it matches the result of a quantum calculation, at least in the limit of low intensity. To do this, we first need to patch the classical result of Eq. (1.69) as before by including the oscillator strength and summing over all transitions:

$$
\begin{equation*}
V_{\mathrm{dipole}}=-\sum_{j} \frac{e^{2} f_{0 j}}{2 m \epsilon_{0} c} \frac{\omega_{j 0}^{2}-\omega^{2}}{\left(\omega_{j 0}^{2}-\omega^{2}\right)^{2}+\gamma_{j}^{2} \omega^{2}} I(\mathbf{r}) \tag{1.72}
\end{equation*}
$$

(corrected dipole potential)
Now to put this in more standard form, we need to define the saturation intensity for the atom. When we encounter rate equations in the next chapter, we will see that it is sensible to define an intensity scale known as the saturation intensity, given by

$$
\begin{equation*}
I_{\mathrm{sat}}:=\frac{\hbar \omega_{0} \gamma}{2 \sigma_{0}} \tag{1.73}
\end{equation*}
$$

(saturation intensity)
(The damping rate $\gamma$ here will correspond to the Einstein $A$ coefficient in the rate-equation treatment.) Briefly, the saturation intensity is relevant here in that this classical model is valid-that is, it agrees with quantum predictions-if either the driving intensity is small ( $I \ll I_{\text {sat }}$ ) or the detuning from any resonance is large $\left(\left|\omega-\omega_{j 0}\right| \gg \gamma_{j}\right)$. For the maximum possible resonant cross section of $\sigma_{0}=3 \lambda^{2} / 2 \pi$ (where there is no average over the dipole orientation), the saturation intensity is $I_{\mathrm{sat}}=1.10 \mathrm{~mW} / \mathrm{cm}^{2}$ for ${ }^{133} \mathrm{Cs}$ on the $\mathrm{D}_{2}$ transition ( 852 nm ), while for ${ }^{87} \mathrm{Rb}$ on the same transition ( 780 nm ), the saturation intensity is $I_{\text {sat }}=1.67 \mathrm{~mW} / \mathrm{cm}^{2}$. We can also write the saturation intensity in terms of the oscillator strength by using Eq. (1.37), with the result

$$
\begin{equation*}
I_{\mathrm{sat}, j}=\frac{\hbar \omega_{0 j} m \epsilon_{0} c \gamma_{j}^{2}}{2 e^{2} f_{0 j}} \tag{1.74}
\end{equation*}
$$

Even though the above numerical values are often quoted for the saturation intensity, this is actually a context-dependent quantity. A safe but cumbersome approach is to use the quantum-mechanical formalism for angular momentum to directly calculate the cross section and thus saturation intensity. ${ }^{7}$

[^3]Using Eq. (1.74), we can write the dipole potential (1.72) as

$$
V_{\mathrm{dipole}}=-\sum_{j} \frac{\hbar \omega_{j 0} \gamma_{j}^{2}}{4} \frac{\omega_{j 0}^{2}-\omega^{2}}{\left(\omega_{j 0}^{2}-\omega^{2}\right)^{2}+\gamma_{j}^{2} \omega^{2}} \frac{I(\mathbf{r})}{I_{\mathrm{sat}, j}}
$$

(quantum dipole potential, small intensity) (1.75) This is the general expression for any frequency, so long as the intensity is small. To simplify this, we can look at the functional form far away from all resonances $\left(\left|\omega_{j 0}-\omega\right| \gg \gamma_{j}\right.$ for all $\left.j\right)$ so that

$$
\begin{align*}
V_{\mathrm{dipole}} & =\sum_{j} \frac{\hbar \omega_{j 0} \gamma_{j}^{2}}{4} \frac{1}{\left(\omega^{2}-\omega_{j 0}^{2}\right)} \frac{I(\mathbf{r})}{I_{\mathrm{sat}, j}}  \tag{1.76}\\
& =\sum_{j} \frac{\hbar \gamma_{j}^{2}}{8}\left(\frac{1}{\omega-\omega_{j 0}}-\frac{1}{\omega+\omega_{j 0}}\right) \frac{I(\mathbf{r})}{I_{\mathrm{sat}, j}}
\end{align*}
$$

(far off resonance)

The first term in the parentheses is the inverse of the detuning, and represents the Stark shift due to the atomic resonances. The second term can be interpreted as the weak, additional Stark shift due to resonances at the corresponding negative frequencies. This secondary shift is always negative (like a red detuning), and accounts for part of the Bloch-Siegert shift (Section 5.9), as well as other effects such as the Lamb shift (Section 13.12) and the Casimir-Polder effect (Chapters 13-14). Note that this expression also recovers the $d c$ Stark shift (or equivalently, the dc polarizability up to some universal factor) when $\omega=0$, when both terms contribute equal, negative energy shifts.

If one resonance is dominant (that is, the laser is tuned far away from resonance, but much closer to one than all the others), then we can make the rotating-wave approximation and neglect the second term in the parentheses of Eq. (1.76) to obtain

$$
\begin{equation*}
V_{\mathrm{dipole}}=\frac{\hbar \gamma^{2}}{8 \Delta} \frac{I(\mathbf{r})}{I_{\mathrm{sat}}} \tag{1.77}
\end{equation*}
$$

where again $\Delta=\omega-\omega_{0}$ is the detuning from resonance. Note that for a far-detuned, linearly polarized laser creating this potential, it turns out that $\sigma_{0}=\lambda_{0}^{2} / 2 \pi$ is the appropriate resonant cross section, so the above saturation intensity values should be multiplied by 3 before being used in this formula.

Typically, a focused, red-detuned, Gaussian laser beam is used to make a dipole trap or far-off resonance trap (FORT) ${ }^{8}$ for atoms via the dipole force. ${ }^{9}$ Below is an example image of about $10^{5}{ }^{87} \mathrm{Rb}$ atoms confined in a dipole trap formed by a $10 \mathrm{~W}, 1090 \mathrm{~nm}$ Gaussian laser beam (far below the 780 and 794 nm main resonances) focused to a $31 \mu \mathrm{~m}$ beam waist ( $1 / e^{2}$ radius), implying a Rayleigh length (depth of focus along the beam direction) of 2.8 mm .


The dipole trap clearly runs from left to right with a slight downward angle; the dimensions of the image are $270 \times 29 \mathrm{CCD}$ pixels $(6.59 \times 0.71 \mathrm{~mm})$. This is an absorption image, where the shadow cast by the atoms in a brief, resonant laser probe is imaged and recorded on a CCD camera. (The image greyscale is inverted so the atoms appear bright rather than dark.)

But now the important question to address is under what conditions the trap is stable, since as the atom scatters photons, it heats up until it boils out of the trap. So we will need to take a closer look at the radiation of the Lorentz atom.

[^4]
### 1.4.1.2 Photon Scattering Rate

Now we can compute the rate of photon scattering as a way to get to the rate of momentum transfer. We can write the total radiated power from Eq. (1.51) in terms of the polarizability as

$$
\begin{equation*}
P_{\mathrm{rad}}=\frac{\omega^{4}|\alpha(\omega)|^{2}}{6 \pi \epsilon_{0}^{2} c^{4}} I \tag{1.78}
\end{equation*}
$$

(total radiated power)
where we used $d^{(+)}=\alpha(\omega) E_{0}^{(+)} e^{-i \omega t}$.
As a brief aside, though, we can write down the scattering cross section from the total radiated power, given the defining relation $P_{\mathrm{rad}}=\sigma I$ :

$$
\begin{equation*}
\sigma_{\text {Rayleigh }}=\frac{\omega^{4}|\alpha(\omega)|^{2}}{6 \pi \epsilon_{0}^{2} c^{4}} \tag{1.79}
\end{equation*}
$$

(Rayleigh scattering cross section)
The overall scaling is as $\omega^{4}$ (neglecting the small modification due to the polarizability). This is the usual explanation for why the sky is blue and sunsets are red: blue wavelengths are preferentially scattered by the atmosphere, while red wavelengths are preferentially transmitted.

We can continue by writing out explicitly the polarizability in Eq. (1.78), using Eq. (1.32):

$$
\begin{equation*}
P_{\mathrm{rad}}=\frac{e^{2} \omega^{4}}{6 \pi m^{2} \epsilon_{0}^{2} c^{2}}\left|\sum_{j} \frac{f_{0 j}}{\omega_{j 0}^{2}-\omega^{2}-i \gamma_{j} \omega}\right|^{2} I \tag{1.80}
\end{equation*}
$$

Using Eq. (1.58) to eliminate the oscillator strengths,

$$
\begin{align*}
P_{\mathrm{rad}} & =6 \pi c^{2}\left|\sum_{j} \frac{\omega^{2}}{\omega_{j 0}^{2}} \frac{\gamma_{j}}{\omega_{j 0}^{2}-\omega^{2}-i \gamma_{j} \omega}\right|^{2} I  \tag{1.81}\\
& =\frac{\hbar}{2} \left\lvert\, \sum_{j} \frac{\omega^{2}}{\sqrt{\omega_{j 0}}} \frac{\gamma_{j}^{3 / 2}}{\omega_{j 0}^{2}-\omega^{2}-i \gamma_{j} \omega} \sqrt{\left.\frac{I}{I_{\mathrm{sat}, j}}\right|^{2}}\right.
\end{align*}
$$

where we used $\sigma_{0 j}=3 \lambda_{0}^{2} / 2 \pi$ to write the saturation intensity as

$$
\begin{equation*}
I_{\mathrm{sat}, j}=\frac{\hbar \omega_{j 0} \gamma_{j}}{2 \sigma_{0 j}}=\frac{\hbar \omega_{j 0}^{3} \gamma_{j}}{4 \pi c^{2}} \tag{1.82}
\end{equation*}
$$

The photon scattering rate $R_{\mathrm{sc}}$ is the radiated power divided by the photon energy $\hbar \omega$ :

$$
R_{\mathrm{sc}}=\frac{P_{\mathrm{rad}}}{\hbar \omega}=\left|\sum_{j} \frac{\omega^{3 / 2}}{\sqrt{2 \omega_{j 0}}} \frac{\gamma_{j}^{3 / 2}}{\omega_{j 0}^{2}-\omega^{2}-i \gamma_{j} \omega} \sqrt{\frac{I}{I_{\mathrm{sat}, j}}}\right|^{2} . \quad \text { (photon scattering rate) }
$$

Again, this expression simplifies greatly for certain detunings. Near one resonance, we can ignore the contribution of the others:

$$
\begin{align*}
R_{\mathrm{sc}} & \approx \frac{\omega^{3}}{2 \omega_{0}} \frac{\gamma^{3}}{\left|\omega_{0}^{2}-\omega^{2}-i \gamma \omega\right|^{2}} \frac{I}{I_{\mathrm{sat}}}  \tag{1.84}\\
& =\frac{\omega^{3}}{2 \omega_{0}} \frac{\gamma^{3}}{\left(\omega_{0}^{2}-\omega^{2}\right)^{2}+\gamma^{2} \omega^{2}} \frac{I}{I_{\mathrm{sat}}}
\end{align*}
$$

Using Eq. (1.32) restricted to a single resonance, we find

$$
\begin{equation*}
R_{\mathrm{sc}}=\frac{\eta_{0}}{\hbar} \frac{\omega^{2}}{\omega_{0}^{2}} \operatorname{Im}[\alpha] I(\mathbf{r}) \tag{1.85}
\end{equation*}
$$

(single dominant resonance)
which shows the connection of the scattering rate (and hence the radiation pressure force below) to the absorptive part of the polarizability. But as we have seen, this is only true near a single resonance.

### 1.4.1.3 Optical Theorem

Actually, what we just said isn't quite true: the scattering rate can be generally written in terms of the imaginary part of the polarizability. The problem is actually with the Lorentz model, when we tried to mock it up to model multiple transitions. To see this, we start with the susceptibility expression (1.17), $\chi(\omega)=\left(N / \epsilon_{0}\right) \alpha(\omega)$. Now for a rarefied vapor, we can use Eq. (1.23) for the complex refractive index to write

$$
\begin{equation*}
\tilde{n}(\omega) \approx 1+\frac{\chi(\omega)}{2}=1+\frac{N}{2 \epsilon_{0}} \alpha(\omega) \tag{1.86}
\end{equation*}
$$

Then the absorption coefficient from (1.28) for the vapor is

$$
\begin{equation*}
a(\omega)=\frac{2 \omega}{c} \operatorname{Im}[\tilde{n}(\omega)]=\frac{N \omega}{\epsilon_{0} c} \operatorname{Im}[\alpha(\omega)] \tag{1.87}
\end{equation*}
$$

The power absorbed from an incident, monochromatic field of intensity $I(\omega)$ by the atomic vapor is given by $P_{\text {abs }}(\omega)=\sigma(\omega) I(\omega)$ in terms of the cross-section $\sigma$, which is related to the absorption coefficient by $a(\omega)=\sigma(\omega) N$. (Note how the units work out in these two expressions.) Putting these together, the power absorbed is

$$
\begin{equation*}
P_{\mathrm{abs}}(\omega)=\frac{a(\omega) I(\omega)}{N}=\frac{\omega}{\epsilon_{0} c} \operatorname{Im}[\alpha(\omega)] I(\omega) . \tag{1.88}
\end{equation*}
$$

For energy to be conserved, the power emitted from Eq. (1.78) must match this expression for the power absorbed. Equating these, we arrive at the optical theorem

$$
\begin{equation*}
\operatorname{Im}[\alpha(\omega)]=\frac{1}{4 \pi \epsilon_{0}} \frac{2 \omega^{3}}{3 c^{3}}|\alpha(\omega)|^{2} \tag{1.89}
\end{equation*}
$$

(optical theorem)
Of course, this statement of energy conservation in principle only applies in steady state (since we neglect energy stored in the atom), but we have already implied we are considering steady-state behavior just by writing down the polarizability. Thus, the result above from Eq. (1.85),

$$
\begin{equation*}
R_{\mathrm{sc}}=\frac{\eta_{0}}{\hbar} \frac{\omega^{2}}{\omega_{0}^{2}} \operatorname{Im}[\alpha] I(\mathbf{r}) \tag{1.90}
\end{equation*}
$$

(general scattering rate)
is generally true, and it emphasizes that the imaginary part of the polarizability represents absorption or loss, and equivalently scattering. We will return to this statement later in Section 14.1.4.1 and see that the imaginary parts of generalized response functions always represent loss.

However, as we have already noted, the Lorentz polarizability for multiple transitions ("electrons") does not satisfy the optical theorem. ${ }^{10}$ We can see this by looking at Eq. (1.83), where the terms in the sum [representing the same sum in $\alpha(\omega)$ ] are combined and then squared, so that there are cross terms involving different resonances. But when considering the equivalent expression in terms of $\operatorname{Im}[\alpha(\omega)]$, this scattering rate involves a sum over terms of the form of Eq. (1.84), which always involve a single resonance. There are no cross terms in this case. In the first case, the cross terms reflect the fact that the fields radiated on each transition can interfere, which is why field amplitudes are added and then squared in Eq. (1.83). This is apparently not captured in the imaginary part of $\alpha(\omega)$, which indicates a defect in our polarizability expression. This problem is somewhat academic, however, since optical atomic resonances have separations much larger than their widths, and the difference between the two expressions is usually negligible. For practical purposes, the Lorentz polarizability (1.32) is just fine.

[^5]
### 1.4.1.4 Scaling

Far away from the dominant resonance $(|\Delta| \gg \gamma)$, but still close enough for the resonance to still dominate, we find that

$$
\begin{equation*}
R_{\mathrm{sc}} \approx \frac{\gamma^{3}}{8 \Delta^{2}} \frac{I}{I_{\mathrm{sat}}}=\frac{\gamma}{\hbar \Delta} V_{\mathrm{dipole}} \tag{1.91}
\end{equation*}
$$

(far off single dominant resonance)
where in the last formula we have used Eq. (1.77) for the dipole potential. This is a fundamentally important scaling law for making productive use of dipole forces, as we will now discuss.

The result (1.91) for $R_{\mathrm{sc}}$, along with (1.77) for $V_{\text {dipole }}$, are of prime importance in the design of an optical dipole trap. The photon scattering rate represents heating of the atoms, as we will discuss, because of the random nature of photon emission. But the scattering rate and dipole potential scale as

$$
\begin{equation*}
R_{\mathrm{sc}} \propto \frac{I}{\Delta^{2}} ; \quad V_{\mathrm{dipole}} \propto \frac{I}{\Delta} \tag{1.92}
\end{equation*}
$$

(far off single dominant resonance)
These scaling laws are actually interrelated by a nice qualitative argument. From the scaling of $R_{\text {sc }}$, we conclude that the radiated field is proportional to $\sqrt{I} / \Delta$. Now recall that the dipole potential scales as the phase refractive index $n-1$, which at a microscopic level arises due to the interference of the radiated field with the forward field (thus changing the phase velocity of the transmitted field), whose amplitude is $\sqrt{I}$. Hence $n-1$ and thus the dipole potential scale as $(\sqrt{I} / \Delta) \sqrt{I}$, or as $I / \Delta$.

So, for a given desired potential depth, the scattering (heating) rate can be made very small by making the detuning $\Delta$ large. The resulting decrease in trap depth is compensated by increasing the intensity. Thus, dipole traps with small heating rates and hence long lifetimes (up to minutes for dipole traps created by $\mathrm{CO}_{2}$ laser light) can be created in this way. For example, a $\mathrm{CO}_{2}$-laser dipole trap has been realized for Cs atoms, ${ }^{11}$ where a beam waist of $110 \mu \mathrm{~m}$ with 25 W of power gives a trap $120 \mu \mathrm{~K}$ deep, deep enough to confine laser-cooled atoms. The intensities here are incredibly high compared to the saturation intensity ( $1 \mathrm{~mW} / \mathrm{cm}^{2}$ ) because the laser is so far off resonance ( $\lambda=10.6 \mu \mathrm{~m}$ vs. a resonance wavelength $\lambda_{0}=852 \mathrm{~nm}$ ). In this regime the above scaling laws are invalid, and in fact the laser field can be treated as static to good approximation.

Note that for a linearly polarized, far-detuned dipole trap where these scalings are valid, the same saturation intensities are to be used to calculate the dipole force and scattering rate, as discussed above.

### 1.4.2 Radiation Pressure

Now we will examine the forces due to absorption and reemission of the incident light. Each photon carries a momentum of $\hbar k$. Thus, the photon scattering rate (1.84) implies a rate of momentum transfer and thus a force due to radiation pressure of

$$
\begin{equation*}
\mathbf{F}_{\mathrm{rad}}=\hbar \mathbf{k} R_{\mathrm{sc}} \tag{1.93}
\end{equation*}
$$

Note that even though we have invoked the concept of the photon here, which will be convenient when discussing the heating rate, everything here is really classical, since the classical field momentum is related to the absorbed beam power: $F=d p / d t=P_{\text {abs }} / c=\sigma I / c$.

To get a sense of scale of the momenta involved, we can compute the recoil velocity $v_{\mathrm{r}}$, defined as the velocity corresponding to one photon recoil momentum $\hbar k$ :

$$
\begin{equation*}
v_{\mathrm{r}}=\frac{\hbar k}{m} \tag{1.94}
\end{equation*}
$$

For ${ }^{133} \mathrm{Cs}$ at $852 \mathrm{~nm}, v_{\mathrm{r}}=3.5 \mathrm{~mm} / \mathrm{s}$, and for ${ }^{87} \mathrm{Rb}$ at $780 \mathrm{~nm}, v_{\mathrm{r}}=5.9 \mathrm{~mm} / \mathrm{s}$, so the recoil velocity is orders of magnitude smaller than typical room-temperature velocities.

Close to a single resonance, the scattering rate from Eq. (1.84) is

$$
\begin{equation*}
R_{\mathrm{sc}}=\frac{(\gamma / 2)^{3}}{\Delta^{2}+(\gamma / 2)^{2}} \frac{I}{I_{\mathrm{sat}}} \tag{1.95}
\end{equation*}
$$

[^6]so that the force due to radiation pressure becomes
\[

$$
\begin{equation*}
\mathbf{F}_{\mathrm{rad}}=\frac{\hbar \mathbf{k}_{0}(\gamma / 2)^{3}}{\Delta^{2}+(\gamma / 2)^{2}} \frac{I}{I_{\mathrm{sat}}} \tag{1.96}
\end{equation*}
$$

\]

Again, depending on the polarization and exactly how close the detuning is (i.e., whether or not the hyperfine structure is resolved), the appropriate value of the saturation intensity might be very different, so some caution is necessary in applying these formulae.

### 1.4.3 Laser Cooling: Optical Molasses

Now let's explore how we can use the radiation-pressure force to cool atoms. The simplest setup we can consider is an atom moving with velocity $\mathbf{v}$, exposed to identical but counterpropagating laser fields along the velocity direction.


The radiation-pressure force on the atom due to the two fields from Eq. (1.96) is

$$
\begin{equation*}
F_{\mathrm{rad}}=\hbar k(\gamma / 2)^{3}\left(\frac{1}{\Delta_{1}^{2}+(\gamma / 2)^{2}}-\frac{1}{\Delta_{2}^{2}+(\gamma / 2)^{2}}\right) \frac{I}{I_{\mathrm{sat}}} \tag{1.97}
\end{equation*}
$$

where $\Delta_{1,2}$ are the effective detunings of the two lasers. The detunings of the two lasers are the same in the laboratory frame, but the idea behind Doppler cooling is to tune the lasers below the atomic resonance, so that the beam that opposes the atomic velocity is Doppler-shifted into resonance, thus tending to stop the atom. With the pictured setup, the frequency of laser 1 is Doppler shifted (red shifted) by $-k v$, while the frequency of laser 2 is Doppler shifted (blue shifted) by $+k v$. Since the detunings are given by $\Delta_{1,2}=\omega_{1,2}-\omega_{0}$, we can write

$$
\begin{align*}
\Delta_{1} & =\Delta-k v \\
\Delta_{2} & =\Delta+k v \tag{1.98}
\end{align*}
$$

where $\Delta=\omega-\omega_{0}$ is the detuning in the laboratory frame. Then the force is

$$
\begin{equation*}
F_{\mathrm{rad}}=\hbar k(\gamma / 2)^{3}\left(\frac{1}{(\Delta-k v)^{2}+(\gamma / 2)^{2}}-\frac{1}{(\Delta+k v)^{2}+(\gamma / 2)^{2}}\right) \frac{I}{I_{\mathrm{sat}}} \tag{1.99}
\end{equation*}
$$

Regarded as a function of velocity, this expression is the difference of two Lorentzians, each displaced by $|\Delta| / k$ from zero velocity. This force is plotted for $\Delta=-\gamma / 2$, and the two offset Lorentzians are shown as dashed lines.


For small velocity $[v \ll \max (|\Delta|, \gamma) / k]$, we can expand to lowest order in $v$ to obtain the viscous damping ("friction") force:

$$
\begin{equation*}
F_{\mathrm{rad}}=\frac{\hbar k^{2} \gamma^{3}}{2} \frac{\Delta}{\left[\Delta^{2}+(\gamma / 2)^{2}\right]^{2}} \frac{I}{I_{\mathrm{sat}}} v \tag{1.100}
\end{equation*}
$$

(optical molasses, small $v$ )
Because this force is damping for $\Delta<0$, typically leading to heavily overdamped motion for trapped atoms, this light configuration is called optical molasses. ${ }^{12}$ The maximum damping rate occurs for $\Delta=-\gamma / 2 \sqrt{3}$, although it turns out that the optimal detuning is actually something else for reasons we will soon discuss.

The velocity capture range is the range in velocity for which the force is appreciable. Thus, the capture range is on the order of

$$
\begin{equation*}
\pm \frac{|\Delta|}{k} \sim \pm \frac{\gamma}{2 k}= \pm \frac{\gamma \lambda}{4 \pi} \tag{1.101}
\end{equation*}
$$

(capture velocity range)
assuming $\Delta \sim-\gamma / 2$. For both ${ }^{133} \mathrm{Cs}\left(\gamma=32.8 \times 10^{6} \mathrm{~s}^{-1}, \lambda_{0}=852 \mathrm{~nm}\right)$ and ${ }^{87} \mathrm{Rb}\left(\gamma=38.1 \times 10^{6} \mathrm{~s}^{-1}\right.$, $\lambda_{0}=780 \mathrm{~nm}$ ), the capture range is about $\pm 2 \mathrm{~m} / \mathrm{s}$. Thus, only fairly slowly moving atoms can be cooled at all with this method. Traditionally to load atomic traps, atoms were slowed by other methods from hot atomic beams to below the capture velocity and then trapped. However, it is possible to load a trap from room-temperature vapor with this method by capturing only the small fraction of the atoms with small enough velocity.

### 1.4.3.1 Doppler Cooling Limit

For laser cooling in three dimensions, it is sufficient to simply combine three of the above one-dimensional setups, one along each axis. ${ }^{13}$


Then we can write the force vector for small velocities as,

$$
\begin{equation*}
\mathbf{F}_{\mathrm{rad}}=\frac{\hbar k^{2} \gamma^{3}}{2} \frac{\Delta}{\left[\Delta^{2}+(\gamma / 2)^{2}\right]^{2}} \frac{I}{I_{\mathrm{sat}}} \mathbf{v} \tag{1.102}
\end{equation*}
$$

where $I$ is still the intensity of a single beam.
Our treatment so far makes it appear as though the atomic velocity may be damped completely away. However, we have only considered the average cooling force. There are also fluctuations of the cooling force that lead to a temperature limit. We will now derive this temperature limit, the Doppler limit, for the cooling mechanism presented here.

Let's look at the variance of the velocity distribution:

$$
\begin{equation*}
\frac{d}{d t}\left\langle v^{2}\right\rangle=2\left\langle\mathbf{v} \cdot \frac{d \mathbf{v}}{d t}\right\rangle=\frac{2}{m_{\mathrm{A}}}\left\langle\mathbf{v} \cdot \frac{d \mathbf{p}}{d t}\right\rangle=\frac{2}{m_{\mathrm{A}}}\left\langle\mathbf{v} \cdot \mathbf{F}_{\mathrm{rad}}\right\rangle \tag{1.103}
\end{equation*}
$$

[^7]Here, $m_{\mathrm{A}}$ is the atomic mass, and the angle brackets denote an ensemble average. With the small-velocity expression (1.100) for the average cooling force, this equation of motion becomes

$$
\begin{equation*}
\frac{d}{d t}\left\langle v^{2}\right\rangle=\frac{\hbar k^{2} \gamma^{3}}{m_{\mathrm{A}}} \frac{\Delta}{\left[\Delta^{2}+(\gamma / 2)^{2}\right]^{2}} \frac{I}{I_{\mathrm{sat}}}\left\langle v^{2}\right\rangle \tag{1.104}
\end{equation*}
$$

Again, according to this differential equation, the velocity damps to zero for $\Delta<0$.
Now we will include the force fluctuations heuristically, since the fluctuations are quantum-mechanical in origin (although there is a more general connection between damping and fluctuations known as the fluctuation-dissipation relation; see Problem 5.26 and Section 14.3.8.1). In the course of scattering a photon from one of the laser beams, there is a photon absorption and a photon emission. Each absorption leads to a momentum "kick" of magnitude $\hbar k$, and the direction is random but along one of the six beams. The emission is also in a random direction (not in a dipole-radiation pattern if we assume all polarizations to be equally present), leading to a second kick of magnitude $\hbar k$ in a random direction. Thus, a scattering event is effectively equivalent to two steps in a random walk in velocity space, where the step size is $\hbar k / m_{\mathrm{A}}$. These scattering events happen at the scattering rate

$$
\begin{equation*}
R_{\mathrm{sc}}=\frac{(\gamma / 2)^{3}}{\Delta^{2}+(\gamma / 2)^{2}} \frac{6 I}{I_{\mathrm{sat}}} \tag{1.105}
\end{equation*}
$$

since there are six beams present. Recall that for a random walk (see Section 17.1, p. 643), each step increases $\left\langle v^{2}\right\rangle$ by a fixed amount, given by the variance after one step starting from the origin. The three-dimensional probability distribution for a single scattering event is confined to a shell of radius $\hbar k / m_{\mathrm{A}}$ in velocity space for either the absorption or emission event. The probability distribution is also inversion symmetric in either case. Thus if the atom is initially at rest, then after one step in the random walk, we can write

$$
\begin{equation*}
\left\langle v_{\text {initial }}^{2}\right\rangle=0 \quad \longrightarrow \quad\left\langle v_{\text {final }}^{2}\right\rangle=\left(\frac{\hbar k}{m_{\mathrm{A}}}\right)^{2} \tag{1.106}
\end{equation*}
$$

so that $\left\langle v^{2}\right\rangle$ increases at the rate

$$
\begin{equation*}
2 R_{\mathrm{sc}}\left(\frac{\hbar k}{m_{\mathrm{A}}}\right)^{2} \tag{1.107}
\end{equation*}
$$

Including the heating rate in Eq. (1.104), we find

$$
\begin{equation*}
\frac{d}{d t}\left\langle v^{2}\right\rangle=\frac{\hbar k^{2} \gamma^{3}}{m_{\mathrm{A}}} \frac{\Delta}{\left[\Delta^{2}+(\gamma / 2)^{2}\right]^{2}} \frac{I}{I_{\mathrm{sat}}}\left\langle v^{2}\right\rangle+\frac{3 \gamma^{3}}{2} \frac{1}{\Delta^{2}+(\gamma / 2)^{2}} \frac{I}{I_{\mathrm{sat}}}\left(\frac{\hbar k}{m_{\mathrm{A}}}\right)^{2} . \tag{1.108}
\end{equation*}
$$

In steady state, we can set the right-hand side to zero, with the result

$$
\begin{equation*}
\left\langle v^{2}\right\rangle=\frac{3 \hbar \gamma}{4 m_{\mathrm{A}}} \frac{1+(2 \Delta / \gamma)^{2}}{(-2 \Delta / \gamma)} \tag{1.109}
\end{equation*}
$$

This is an expression for the equilibrium kinetic energy, which we can convert to a temperature via

$$
\begin{equation*}
\frac{1}{2} m_{\mathrm{A}}\left\langle v^{2}\right\rangle=\frac{3}{2} k_{\mathrm{B}} T \tag{1.110}
\end{equation*}
$$

where $k_{\mathrm{B}}$ is the Boltzmann constant. This gives

$$
\begin{equation*}
k_{\mathrm{B}} T=\frac{\hbar \gamma}{4} \frac{1+(2 \Delta / \gamma)^{2}}{(-2 \Delta / \gamma)} \tag{1.111}
\end{equation*}
$$

The temperature is minimized for the detuning $\Delta=-\gamma / 2$, giving the Doppler temperature $T_{\mathrm{D}}$ :

$$
\begin{equation*}
k_{\mathrm{B}} T_{\mathrm{D}}=\frac{\hbar \gamma}{2} \tag{1.112}
\end{equation*}
$$

(Doppler limit)

This temperature is the best expected for Doppler cooling. For ${ }^{133} \mathrm{Cs}$ at $852 \mathrm{~nm}, T_{\mathrm{D}}=125 \mu \mathrm{~K}$, and for ${ }^{87} \mathrm{Rb}$ at $780 \mathrm{~nm}, T_{\mathrm{D}}=146 \mu \mathrm{~K}$. These temperatures are extremely low. We can compare these temperatures to the recoil temperature $T_{\mathrm{r}}$, which is the temperature corresponding to atoms with an average momentum of one photon recoil $\hbar k$ (i.e., a one-dimensional rms momentum of one photon recoil):

$$
\begin{equation*}
k_{\mathrm{B}} T_{\mathrm{r}}=\frac{(\hbar k)^{2}}{m_{\mathrm{A}}} \tag{1.113}
\end{equation*}
$$

(recoil temperature)
For ${ }^{133} \mathrm{Cs}, T_{\mathrm{r}}=198 \mathrm{nK}$, and for ${ }^{87} \mathrm{Rb}, T_{\mathrm{r}}=362 \mathrm{nK}$, so the Doppler limit is $T_{\mathrm{D}}=631 T_{\mathrm{r}}$ for ${ }^{133} \mathrm{Cs}$ and $T_{\mathrm{D}}=403 T_{\mathrm{r}}$ for ${ }^{87} \mathrm{Rb}$. Since the (one-dimensional) rms velocity is

$$
\begin{equation*}
v_{\mathrm{rms}}=\sqrt{\frac{T_{\mathrm{D}}}{T_{\mathrm{r}}}}\left(\frac{\hbar k}{m_{\mathrm{A}}}\right) \tag{1.114}
\end{equation*}
$$

which is $8.8 \mathrm{~cm} / \mathrm{s}$ for ${ }^{133} \mathrm{Cs}$ and $12 \mathrm{~cm} / \mathrm{s}$ for ${ }^{87} \mathrm{Rb}$. These velocities are about three orders of magnitude slower than room-temperature rms velocities.

It turns out that for alkali vapors, typical laser-cooled samples exhibit temperatures well below the Doppler limit. Such "sub-Doppler" cooling is due to the degenerate level structure of alkali atoms. ${ }^{14}$ For example, ${ }^{133} \mathrm{Cs}$ can be laser cooled with the same general setup described above to about $2.5 \mu \mathrm{~K} .{ }^{15}$

### 1.4.3.2 Magneto-Optical Trap

Optical molasses tends to stop atoms, making them "stuck," but it does not confine atoms to a particular place. A slight modification to the three-dimensional optical molasses is to impose the magnetic field due to two opposed current loops in the "anti-Helmholtz" configuration. This arrangement is called the magnetooptical trap (MOT). ${ }^{16}$


The magnetic field vanishes at the center point of the trap, thus defining a point for atoms to accumulate. We will not go into the operation of the trap in detail yet, but essentially the idea is very similar to laser cooling. The additional complication is that the laser beams must all be correctly (circularly) polarized to address magnetic substates in the degenerate excited level. The magnetic field gives a position-dependent "Zeeman" shift of the transition frequency, such that if the atom is away from the center of the trap, the appropriate beam comes into resonance and pushes it towards the trap center. ${ }^{17}$

[^8]
### 1.5 Cooperative Radiation

We will close our classical treatment with "cooperative effects," where the radiation of an atom is influenced by other atoms. The two examples here serve as prototypes for the quantum-mechanical problems and to show how far one can get with classical arguments, as in the atom optics presentation above.

### 1.5.1 Atom-Mirror Interaction

The first effect we consider is the influence of a perfectly conducting plane on a radiating dipole. ${ }^{18}$ This is a classical prototype for both cavity QED and the Casimir-Polder effect, which we will study much later.

The setup is a dipole located a distance $z$ from a mirror. The field due to the boundary is equivalent to that of an image dipole at position $-z$; due to the relative locations of the constituent charges, the image dipole is reflected in the direction transverse to the plane, but the orientation is the same in the orthogonal direction.


For a dipole oscillating at frequency $\omega$, the field amplitude is

$$
\begin{equation*}
\mathbf{E}^{(+)}(\mathbf{r}, \omega)=\frac{1}{4 \pi \epsilon_{0}}[3(\hat{\varepsilon} \cdot \hat{r}) \hat{r}-\hat{\varepsilon}]\left[\frac{1}{r^{3}}-i \frac{k}{r^{2}}\right] d^{(+)}(\omega) e^{i k r}-\frac{1}{4 \pi \epsilon_{0}}[(\hat{\varepsilon} \cdot \hat{r}) \hat{r}-\hat{\varepsilon}] \frac{k^{2}}{r} d^{(+)}(\omega) e^{i k r} \tag{1.115}
\end{equation*}
$$

(monochromatic dipole field)
with $\omega=c k$. If we regard the image as the radiating dipole, we are interested in the field at the position of the atom, so that $r=2 z$ and $\hat{r}=\hat{z}$. Also, it is useful to consider separately the cases of a dipole parallel to the surface,

$$
\begin{align*}
{\left[3\left(\hat{\varepsilon}_{\|} \cdot \hat{r}\right) \hat{r}-\hat{\varepsilon}_{\|}\right] } & =-\hat{\varepsilon}_{\|}  \tag{1.116}\\
{\left[\left(\hat{\varepsilon}_{\|} \cdot \hat{r}\right) \hat{r}-\hat{\varepsilon}_{\|}\right] } & =-\hat{\varepsilon}_{\|}
\end{align*}
$$

and a dipole perpendicular to the surface,

$$
\begin{align*}
{\left[3\left(\hat{\varepsilon}_{\perp} \cdot \hat{r}\right) \hat{r}-\hat{\varepsilon}_{\perp}\right] } & =2 \hat{\varepsilon}_{\perp}=2 \hat{z}  \tag{1.117}\\
{\left[\left(\hat{\varepsilon}_{\perp} \cdot \hat{r}\right) \hat{r}-\hat{\varepsilon}_{\perp}\right] } & =0,
\end{align*}
$$

where recall that $\hat{\varepsilon}$, the polarization vector of the applied field, is also the unit vector representing the dipole direction. Since we are concerned with the image and not the original dipole, we make the replacements $\hat{\varepsilon}_{\|} \longrightarrow-\hat{\varepsilon}_{\|}$and $\hat{\varepsilon}_{\perp} \longrightarrow \hat{\varepsilon}_{\perp}$, as we can see from the above diagram. Thus, the field due to the surface at the atom is

$$
\begin{align*}
\mathbf{E}_{\text {mirror }}^{(+)}(z, \omega) & =\frac{k^{3}}{4 \pi \epsilon_{0}}\left[\frac{1}{(2 k z)^{3}}-i \frac{1}{(2 k z)^{2}}\right]\left[2 \mathbf{d}_{\perp}^{(+)}(\omega)+\mathbf{d}_{\|}^{(+)}(\omega)\right] e^{i 2 k z}-\frac{k^{3}}{4 \pi \epsilon_{0}} \frac{1}{2 k z} \mathbf{d}_{\|}^{(+)}(\omega) e^{i 2 k z}  \tag{1.118}\\
& =-\frac{3}{2} \gamma \frac{k^{3}}{k_{0}^{2}} \frac{m c}{e}\left\{\left[\frac{1}{z^{\prime 3}}-i \frac{1}{z^{\prime 2}}\right]\left[2 \mathbf{x}_{\perp}^{(+)}(\omega)+\mathbf{x}_{\|}^{(+)}(\omega)\right]-\frac{1}{z^{\prime}} \mathbf{x}_{\|}^{(+)}(\omega)\right\} e^{i z^{\prime}}
\end{align*}
$$

[^9]where recall that $\mathbf{d}=-e \mathbf{x}$,
\[

$$
\begin{equation*}
z^{\prime}:=2 k z \tag{1.119}
\end{equation*}
$$

\]

$k_{0}=\omega_{0} / c$, and we have used the classical formula (1.56) for the damping rate $\gamma$.
Now we put this field back into the the Lorentz model (1.18) as the driving field:

$$
\begin{equation*}
\ddot{\mathbf{x}}^{(+)}+\gamma \dot{\mathbf{x}}^{(+)}+\omega_{0}^{2} \mathbf{x}^{(+)}=-\frac{e}{m} \mathbf{E}_{\text {mirror }}^{(+)}(z, \omega) e^{-i \omega t} \tag{1.120}
\end{equation*}
$$

We consider no other driving field, since we are simply interested in how the atom damps to equilibrium. Assuming again a solution of the form

$$
\begin{equation*}
\mathbf{x}^{(+)}(t)=\hat{\varepsilon} x_{0}^{(+)} e^{-i \omega t} \tag{1.121}
\end{equation*}
$$

we have

$$
\begin{equation*}
\omega_{0}^{2}-\omega^{2}=i \omega \gamma-\frac{e \hat{\varepsilon} \cdot \mathbf{E}_{\text {mirror }}^{(+)}\left(z, \omega_{0}\right)}{m x_{0}^{(+)}} \tag{1.122}
\end{equation*}
$$

Assuming a small perturbation $\left(\left|\omega-\omega_{0}\right| \ll \omega_{0}\right)$, so that $\omega_{0}^{2}-\omega^{2}=\left(\omega_{0}+\omega\right)\left(\omega_{0}-\omega\right) \approx 2 \omega_{0}\left(\omega_{0}-\omega\right)$ (and we can write $\omega_{0}$ for $\omega$ when it is isolated), we find

$$
\begin{equation*}
\omega=\omega_{0}-i \frac{\gamma}{2}+\frac{e \hat{\varepsilon} \cdot \mathbf{E}_{\text {mirror }}^{(+)}\left(z, \omega_{0}\right)}{2 m \omega_{0} x_{0}^{(+)}} \tag{1.123}
\end{equation*}
$$

Since $\omega$ is the rotation frequency of the dipole, the real part corresponds to the actual rotation (energy), while the imaginary part corresponds to damping. We can thus see that the mirror field induces shifts $\delta \omega_{0}$ and $\delta \gamma$ in the oscillator frequency and damping rate, respectively, according to

$$
\begin{equation*}
\omega=\left(\omega_{0}+\delta \omega_{0}\right)-i \frac{(\gamma+\delta \gamma)}{2} \tag{1.124}
\end{equation*}
$$

so that

$$
\begin{align*}
\delta \omega_{0} & =\operatorname{Re}\left[\frac{e \hat{\varepsilon} \cdot \mathbf{E}_{\text {mirror }}^{(+)}(z, \omega)}{2 m \omega_{0} x_{0}^{(+)}}\right]  \tag{1.125}\\
\delta \gamma & =-\operatorname{Im}\left[\frac{e \hat{\varepsilon} \cdot \mathbf{E}_{\text {mirror }}^{(+)}(z, \omega)}{m \omega_{0} x_{0}^{(+)}}\right]
\end{align*}
$$

Evaluating these expressions for a perpendicular dipole, we find

$$
\begin{align*}
\delta \omega_{0 \perp} & =-\frac{3}{2} \gamma\left(\frac{\sin z^{\prime}}{z^{\prime 2}}+\frac{\cos z^{\prime}}{z^{\prime 3}}\right)  \tag{1.126}\\
\delta \gamma_{\perp} & =-3 \gamma\left(\frac{\cos z^{\prime}}{z^{\prime 2}}-\frac{\sin z^{\prime}}{z^{\prime 3}}\right) \tag{dipole-mirrorshifts}
\end{align*}
$$

For the parallel dipole,

$$
\begin{align*}
\delta \omega_{0 \|} & =\frac{3}{4} \gamma\left[\left(\frac{1}{z^{\prime}}-\frac{1}{z^{\prime 3}}\right) \cos z^{\prime}-\frac{\sin z^{\prime}}{z^{\prime 2}}\right]  \tag{1.127}\\
\delta \gamma_{\|} & =-\frac{3}{2} \gamma\left[\left(\frac{1}{z^{\prime}}-\frac{1}{z^{\prime 3}}\right) \sin z^{\prime}+\frac{\cos z^{\prime}}{z^{\prime 2}}\right]
\end{align*}
$$

(dipole-mirror shifts)

Note that here that in the near-resonant approximation,

$$
\begin{equation*}
z^{\prime}=2 k_{0} z \tag{1.128}
\end{equation*}
$$

The frequency shift (corresponding to a transition-frequency shift of a quantum-mechanical atom), is plotted here.


This effect can be interpreted as an ac Stark shift of the atom due to its own radiated field. Note that only the parallel component has a radiative $\left(1 / z^{\prime}\right)$ component. In the near field, the frequency shift becomes very large until the dipole approximation breaks down. The decay rate has similar oscillatory behavior, but the prediction is not divergent as the atom approaches the wall.


Notice that the decay rate drops to zero as $z \longrightarrow 0$ for the parallel component; for this component, the dipole and its image are out of phase when the dipole is close to the mirror, and so there is complete destructive interference of the radiated field. For the perpendicular component, the decay rate increases to twice the free-space value as $z \longrightarrow 0$; for this component the dipole and image are in phase near the mirror surface, and there is constructive interference of the radiated and image fields, leading to a sort of superradiance.

It is possible to combine the expressions (1.126) and (1.127) into a more compact form that will be useful for later comparison as follows. Noting that

$$
\begin{align*}
& \frac{1}{2} \delta \omega_{0 \perp}-\delta \omega_{0 \|}=-\frac{3}{4} \gamma \frac{\cos z^{\prime}}{z^{\prime}} \\
& \frac{1}{2} \delta \omega_{0 \perp}+\delta \omega_{0 \|}=\frac{3}{4} \gamma\left[\left(\frac{1}{z^{\prime}}-\frac{2}{z^{\prime 3}}\right) \cos z^{\prime}-2 \frac{\sin z^{\prime}}{z^{\prime 2}}\right]=-\frac{3}{4} \gamma \partial_{z^{\prime}}^{2} \frac{\cos z^{\prime}}{z^{\prime}} \tag{1.129}
\end{align*}
$$

we see that we can write the total shift as

$$
\begin{equation*}
\delta \omega_{0}=\frac{3}{4} \gamma\left[\left(\hat{\varepsilon}_{\|}^{2} / 2-\hat{\varepsilon}_{\perp}^{2}\right)-\left(\hat{\varepsilon}_{\|}^{2} / 2+\hat{\varepsilon}_{\perp}^{2}\right) \partial_{z^{\prime}}^{2}\right] \frac{\cos z^{\prime}}{z^{\prime}} \tag{1.130}
\end{equation*}
$$

(transition frequency shift)

Similarly, since

$$
\begin{align*}
& \frac{1}{2} \delta \gamma_{\perp}-\delta \gamma_{\|}=\frac{3}{2} \gamma \frac{\sin z^{\prime}}{z^{\prime}} \\
& \frac{1}{2} \delta \gamma_{\perp}+\delta \gamma_{\|}=-\frac{3}{2} \gamma\left[\left(\frac{1}{z^{\prime}}-\frac{2}{z^{\prime 3}}\right) \sin z^{\prime}-2 \frac{\cos z^{\prime}}{z^{\prime 2}}\right]=\frac{3}{2} \gamma \partial_{z^{\prime}}^{2} \frac{\sin z^{\prime}}{z^{\prime}} \tag{1.131}
\end{align*}
$$

we have

$$
\begin{equation*}
\delta \gamma=-\frac{3}{2} \gamma\left[\left(\hat{\varepsilon}_{\|}^{2} / 2-\hat{\varepsilon}_{\perp}^{2}\right)-\left(\hat{\varepsilon}_{\|}^{2} / 2+\hat{\varepsilon}_{\perp}^{2}\right) \partial_{z^{\prime}}^{2}\right] \frac{\sin z^{\prime}}{z^{\prime}} \tag{1.132}
\end{equation*}
$$

(damping-rate shift)
The polarization combinations have the following interpretation. Note that the combination $\hat{\varepsilon}_{\|}^{2} / 2-\hat{\varepsilon}_{\perp}^{2}$ vanishes if the dipole has all three components equally excited (i.e., isotropic excitation), since it is proportional to $\left(\hat{x}^{2}+\hat{y}^{2}\right) / 2-\hat{z}^{2}=0$. On the other hand, the combination $\hat{\varepsilon}_{\|}^{2} / 2+\hat{\varepsilon}_{\perp}^{2}$ is proportional to $\left(\hat{x}^{2}+\hat{y}^{2}\right) / 2+\hat{z}^{2}=2$. Thus, $\hat{\varepsilon}_{\|}^{2} / 2-\hat{\varepsilon}_{\perp}^{2}$ gives the anisotropic part of the dipole excitation, while $\hat{\varepsilon}_{\|}^{2} / 2+\hat{\varepsilon}_{\perp}^{2}$ gives the isotropic contribution to the dipole excitation (isotropic here is with respect to the parallel and perpendicular parts).

The above forms (1.130) and (1.132) are somewhat nonsensical in the classical framework, since the different shifts in the different directions lead to precession of the dipole vector; however, the interpretation is more sensible when we go over to quantum mechanics and interpret the polarization combinations as dipole matrix elements (Chapter 14). But for now, we can use these forms to arrive at the compact expressions

$$
\begin{align*}
\delta \omega_{0 \|} & =\frac{3}{8} \gamma\left(1-\partial_{z^{\prime}}^{2}\right) \frac{\cos z^{\prime}}{z^{\prime}} \\
\delta \omega_{0 \perp} & =-\frac{3}{4} \gamma\left(1+\partial_{z^{\prime}}^{2}\right) \frac{\cos z^{\prime}}{z^{\prime}}  \tag{1.133}\\
\delta \gamma_{\|} & =-\frac{3}{4} \gamma\left(1-\partial_{z^{\prime}}^{2}\right) \frac{\sin z^{\prime}}{z^{\prime}} \\
\delta \gamma_{\perp} & =\frac{3}{2} \gamma\left(1+\partial_{z^{\prime}}^{2}\right) \frac{\sin z^{\prime}}{z^{\prime}}
\end{align*}
$$

for the separate shifts.

### 1.5.2 Two-Atom Radiation

A similar problem to the atom-wall interaction is the problem of two coupled atoms. (See Problem 7 for the quantum version of this problem.)


It is convenient again here to decompose the dipoles into parts that are perpendicular or parallel to the $z=0$ plane that separates to the two atoms. This is because the field due to the parallel part of one dipole couples only to the parallel part of the other, and the same is true for the perpendicular parts. This follows from the polarization properties of the radiated field. The field of dipole 1 at the location of dipole 2 has a form similar to that of (1.118), but now without the reversal of $\hat{\epsilon}_{\|}$, and with a separation of $r$.

$$
\begin{equation*}
\mathbf{E}_{\text {dipole } 1}^{(+)}(z, \omega)=-\frac{3}{2} \gamma \frac{m \omega_{0}}{e}\left\{\left[\frac{1}{\left(k_{0} r\right)^{3}}-i \frac{1}{\left(k_{0} r\right)^{2}}\right]\left[2 \tilde{\mathbf{x}}_{\perp}^{(+)}(t)+\tilde{\mathbf{x}}_{\|}^{(+)}(t)\right]-\frac{1}{k_{0} r} \tilde{\mathbf{x}}_{\|}^{(+)}(t)\right\} e^{i k_{0} r} \tag{1.134}
\end{equation*}
$$

Here, we have assumed that the dipoles are oscillating at approximately their common resonance frequency $\omega_{0}$, justifying the decomposition

$$
\begin{equation*}
\mathbf{x}_{\perp, \|}^{(+)}(t)=\tilde{\mathbf{x}}_{\perp, \|}^{(+)}(t) e^{-i \omega_{0} t} \tag{1.135}
\end{equation*}
$$

where $\tilde{\mathbf{x}}_{\perp, \|}^{(+)}(t)$ is a slowly varying amplitude, so that

$$
\begin{equation*}
\left|\partial_{t} \tilde{\mathbf{x}}_{\perp, \|}^{(+)}(t)\right| \ll\left|\omega_{0} \tilde{\mathbf{x}}_{\perp, \|}^{(+)}(t)\right| \tag{1.136}
\end{equation*}
$$

Then we can note the approximate derivatives having the form

$$
\begin{align*}
\dot{x}^{(+)} & \approx-i \omega_{0} \tilde{x}^{(+)} e^{-i \omega_{0} t} \\
\ddot{x}^{(+)}+\omega_{0}^{2} x^{(+)} & \approx-i 2 \omega_{0} \dot{\tilde{x}}^{(+)} e^{-i \omega_{0} t} \tag{1.137}
\end{align*}
$$

Using the Lorentz model (1.18) again, with the above expressions for the time derivatives, we can write the equations of motion for the components of the second dipole reacting to the first dipole as

$$
\begin{align*}
& \dot{\tilde{z}}_{2}^{(+)}+\frac{\gamma}{2} \tilde{z}_{2}^{(+)}=-i \frac{3}{2} \gamma\left[\frac{1}{\left(k_{0} r\right)^{3}}-i \frac{1}{\left(k_{0} r\right)^{2}}\right] e^{i k_{0} r} \tilde{z}_{1}^{(+)}=:-i \Omega_{z}(r) \tilde{z}_{1}^{(+)}  \tag{1.138}\\
& \dot{\tilde{x}}_{2}^{(+)}+\frac{\gamma}{2} \tilde{x}_{2}^{(+)}=-i \frac{3}{2} \gamma\left[\frac{1}{\left(k_{0} r\right)^{3}}-i \frac{1}{\left(k_{0} r\right)^{2}}-\frac{1}{k_{0} r}\right] e^{i k_{0} r} \tilde{x}_{1}^{(+)}=:-i \Omega_{x}(r) \tilde{x}_{1}^{(+)}
\end{align*}
$$

Here, we are writing out the explicit displacement components in coordinates, so that $z$ is the perpendicular component, and $x$ and $y$ are the parallel components. Of course, $\tilde{y}_{2}^{(+)}$satisfies an equation of the same form as $\tilde{x}_{2}^{(+)}$. Similarly, the equations of motion for the first dipole become

$$
\begin{align*}
& \dot{\tilde{z}}_{1}^{(+)}+\frac{\gamma}{2} \tilde{z}_{1}^{(+)}=-i \Omega_{z}(r) \tilde{z}_{2}^{(+)}  \tag{1.139}\\
& \dot{\tilde{x}}_{1}^{(+)}+\frac{\gamma}{2} \tilde{x}_{1}^{(+)}=-i \Omega_{x}(r) \tilde{x}_{2}^{(+)}
\end{align*}
$$

leading to pairs of coupled equations for each vector component of the displacement. ${ }^{19}$
For any component, we thus have a pair of coupled equations of the form

$$
\begin{align*}
\dot{\alpha}+\frac{\gamma}{2} \alpha & =-i \Omega \beta  \tag{1.140}\\
\dot{\beta}+\frac{\gamma}{2} \beta & =-i \Omega \alpha
\end{align*}
$$

We can solve these by the method of Laplace transforms. The Laplace transforms of the equations are

$$
\begin{align*}
(s+\gamma / 2) \mathscr{L}[\alpha]-\alpha_{0} & =-i \Omega \mathscr{L}[\beta]  \tag{1.141}\\
(s+\gamma / 2) \mathscr{L}[\beta]-\beta_{0} & =-i \Omega \mathscr{L}[\alpha]
\end{align*}
$$

which we can decouple and solve. For example, the solution for $\alpha$ is

$$
\begin{equation*}
\mathscr{L}[\alpha]=\frac{(s+\gamma / 2) \alpha_{0}}{(s+\gamma / 2)^{2}+\Omega^{2}}-i \frac{\Omega \beta_{0}}{(s+\gamma / 2)^{2}+\Omega^{2}} \tag{1.142}
\end{equation*}
$$

[^10]The inverse transform gives the solution in terms of the initial values $\alpha_{0}$ and $\beta_{0}$ :

$$
\begin{align*}
\alpha(t) & =\alpha_{0} e^{-\gamma t / 2} \cos \Omega t-i \beta_{0} e^{-\gamma t / 2} \sin \Omega t \\
& =\frac{\alpha_{0}-\beta_{0}}{2} e^{-(\gamma / 2-i \Omega) t}+\frac{\alpha_{0}+\beta_{0}}{2} e^{-(\gamma / 2+i \Omega) t} \tag{1.143}
\end{align*}
$$

The first term here represents an antisymmetric or out-of-phase component in the initial excitation, while the second term represents the symmetric or in-phase component.

In view of the decomposition (1.135), we can see that the real and imaginary parts of the exponential frequencies are significant as shifts in the frequency and damping rate, as in the atom-mirror problem. In particular,

$$
\begin{align*}
\delta \omega_{0 \pm} & = \pm \operatorname{Re}[\Omega]  \tag{1.144}\\
\delta \gamma_{ \pm} & =\mp 2 \operatorname{Im}[\Omega] .
\end{align*}
$$

Here, the + subscript refers to the in-phase part, and the - subscript refers to the out-of-phase part. From Eq. (1.138), we can write the shifts as

$$
\begin{align*}
\delta \omega_{0 z \pm} & =\mp \frac{3}{2} \gamma\left[\frac{\sin k_{0} r}{\left(k_{0} r\right)^{2}}+\frac{\cos k_{0} r}{\left(k_{0} r\right)^{3}}\right]=\mp \frac{3}{4} \gamma\left(1+\partial_{r^{\prime}}^{2}\right) \frac{\cos r^{\prime}}{r^{\prime}}  \tag{1.145}\\
\delta \gamma_{z \pm} & =\mp 3 \gamma\left[\frac{\cos k_{0} r}{\left(k_{0} r\right)^{2}}-\frac{\sin k_{0} r}{\left(k_{0} r\right)^{3}}\right]= \pm \frac{3}{2} \gamma\left(1+\partial_{r^{\prime}}^{2}\right) \frac{\sin r^{\prime}}{r^{\prime}}
\end{align*}
$$

for the perpendicular components, and

$$
\begin{align*}
\delta \omega_{0 x \pm} & =\mp \frac{3}{4} \gamma\left[\left(\frac{1}{k_{0} r}-\frac{1}{\left(k_{0} r\right)^{3}}\right) \cos k_{0} r-\frac{\sin k_{0} r}{\left(k_{0} r\right)^{2}}\right]=\mp \frac{3}{8} \gamma\left(1-\partial_{r^{\prime}}^{2}\right) \frac{\cos r^{\prime}}{r^{\prime}}  \tag{1.146}\\
\delta \gamma_{x \pm} & = \pm \frac{3}{2} \gamma\left[\left(\frac{1}{k_{0} r}-\frac{1}{\left(k_{0} r\right)^{3}}\right) \sin k_{0} r+\frac{\cos k_{0} r}{\left(k_{0} r\right)^{2}}\right]= \pm \frac{3}{4} \gamma\left(1-\partial_{r^{\prime}}^{2}\right) \frac{\sin r^{\prime}}{r^{\prime}}
\end{align*}
$$

for the parallel components. To shorten the notation, we have used $r^{\prime}=k_{0} r$ here. Also, the $y$ component again satisfies an equation of this same form. These relations have the same form as the atom-mirror shifts of Eqs. (1.126) and (1.127), in the sense that for the perpendicular component, the + solution matches the atom-mirror result, while for the parallel component, the - solution matches the atom-mirror case. This is what we expect from the phases of the image-dipole components relative to the source dipole. The shifts for both components and both relative phases are plotted below.


For the frequency (energy) shift, we can see that for small distances and in-phase dipoles, the perpendicular $(z-z)$ orientation produces an attractive potential, while the parallel $(x-x)$ orientation produces a repulsive potential, as we expect for static dipoles.


For the decay-rate shift, we see superradiant behavior for either orientation when the dipoles are in phase and subradiant behavior when the dipoles are out of phase. This is what we expect from the respective constructive or destructive interference of the emitted waves.

Note that again we can write all components together with both the symmetric and antisymmetric phases, here in coordinate-free form:

$$
\begin{align*}
& \delta \omega=-\frac{3}{8} \gamma\left\{\left[3\left(\hat{\varepsilon}_{1} \cdot \hat{r}\right)\left(\hat{\varepsilon}_{2} \cdot \hat{r}\right)-\hat{\varepsilon}_{1} \cdot \hat{\varepsilon}_{2}\right]\left(1+\partial_{r^{\prime}}^{2}\right)-\left[\left(\hat{\varepsilon}_{1} \cdot \hat{r}\right)\left(\hat{\varepsilon}_{2} \cdot \hat{r}\right)-\hat{\varepsilon}_{1} \cdot \hat{\varepsilon}_{2}\right]\left(1-\partial_{r^{\prime}}^{2}\right)\right\} \frac{\cos r^{\prime}}{r^{\prime}} \\
& \delta \gamma=\frac{3}{4} \gamma\left\{\left[3\left(\hat{\varepsilon}_{1} \cdot \hat{r}\right)\left(\hat{\varepsilon}_{2} \cdot \hat{r}\right)-\hat{\varepsilon}_{1} \cdot \hat{\varepsilon}_{2}\right]\left(1+\partial_{r^{\prime}}^{2}\right)-\left[\left(\hat{\varepsilon}_{1} \cdot \hat{r}\right)\left(\hat{\varepsilon}_{2} \cdot \hat{r}\right)-\hat{\varepsilon}_{1} \cdot \hat{\varepsilon}_{2}\right]\left(1-\partial_{r^{\prime}}^{2}\right)\right\} \frac{\sin r^{\prime}}{r^{\prime}} \tag{1.147}
\end{align*}
$$

(two-atom resonance and damping-rate shifts)
In the far-field (the radiation zone), these simplify to

$$
\begin{align*}
\delta \omega & =\frac{3}{4} \gamma\left[\left(\hat{\varepsilon}_{1} \cdot \hat{r}\right)\left(\hat{\varepsilon}_{2} \cdot \hat{r}\right)-\hat{\varepsilon}_{1} \cdot \hat{\varepsilon}_{2}\right] \frac{\cos r^{\prime}}{r^{\prime}}  \tag{1.148}\\
\delta \gamma & =-\frac{3}{2} \gamma\left[\left(\hat{\varepsilon}_{1} \cdot \hat{r}\right)\left(\hat{\varepsilon}_{2} \cdot \hat{r}\right)-\hat{\varepsilon}_{1} \cdot \hat{\varepsilon}_{2}\right] \frac{\sin r^{\prime}}{r^{\prime}}
\end{align*}
$$

since in this regime, only the $1 / r^{\prime}$ terms are important.

### 1.6 Exercises

## Problem 1.1

Estimate the absorption coefficient of room-temperature rubidium $\left({ }^{87} \mathrm{Rb}\right)$ on the $\mathrm{D}_{2}$ resonance at 780 nm as follows.
(a) Write down an expression for the one-dimensional atomic velocity distribution in the direction of the pumping laser beam. What is the rms velocity? Recalling that the Doppler shift is given by $\Delta \omega=k_{0} v$, where $v$ is the velocity component opposite to the pumping-beam direction, what is the corresponding full width at half maximum $\Delta \omega_{\mathrm{D}}$ in frequency (the Doppler width)?
(b) Now write down an expression for the absorption coefficient that accounts for the Doppler broadening effect. The result is involves a convolution of the frequency distribution from (a) with the natural lineshape, but you only need the result at one frequency. Noting that $1 / \gamma=26.2 \mathrm{~ns}$, you should argue that $\gamma \ll \Delta \omega_{\mathrm{D}}$ to simplify your calculation.
(c) Use the above values for $\gamma$ and $\lambda_{0}$ to compute the absorption oscillator strength $f_{\mathrm{D}_{2}}$ for this transition. Note that this is a $J=1 / 2 \longrightarrow J^{\prime}=3 / 2$ transition, so that the degeneracy ratio $g^{\prime} / g=2$ (the prime here refers to the excited level).
(d) Now give a numerical value for the absorption coefficient. Assume a vapor pressure for Rb of $3 \times 10^{-7}$ torr at room temperature. Note that the relative abundance of ${ }^{87} \mathrm{Rb}$ is about $28 \%$ (the rest being ${ }^{85} \mathrm{Rb}$ ).
(e) The answer to (d) does not predict the absorption coefficient well, because it assumes that the Doppler width is much larger than the splittings of the various hyperfine levels. In fact, this is only marginally true for the excited states, which span an effective range of 400 MHz . The ground-state doublet is in fact resolved at room temperature, since the splitting is 6.8 GHz . For what temperature range would you expect the above treatment to become valid?

We will return to the room-temperature case when we have the formalism to properly handle the hyperfine structure.

## Problem 1.2

The radiation of an atom is collected and collimated by a lens of radius $a$ and focal length $f$, reflected by a planar mirror, and imaged back onto the atom by the lens.


As in the direct atom-mirror interaction, the interaction of the atom with the distant mirror here causes a shift of the energy level that changes sinusoidally as the mirror is translated. This leads to potential wells for the atom due to its interaction with its own radiated field. ${ }^{20}$
(a) Give a qualitative explanation for why the sign of the potential varies with the distance to the mirror, and from your explanation predict the period of the variation.
(b) Using the classical model of the atom, give an expression for the depth of the potential wells near the focus (the maximum energy shift, in this case). Also assume for simplicity that the atom radiates

[^11]in a spherically symmetric pattern, and that the lens is small enough that the radiation intensity is uniform in the plane of the lens. It will help to know the following result from diffraction theory: suppose a converging, spherical wave has radius of curvature $f$ and a uniform intensity $I_{\text {aperture }}$ over some aperture of radius $a$; then the maximum intensity is given by
\[

$$
\begin{equation*}
I_{0}=\frac{\pi^{2} a^{4}}{\lambda^{2} f^{2}} I_{\text {aperture }} \tag{1.149}
\end{equation*}
$$

\]

where the wave converges. ${ }^{21}$
(c) Use parameters appropriate to ${ }^{87} \mathrm{Rb}$ and assume the lens has a numerical aperture of 0.4 to give a numerical value to your answer in (b). Report your answer as a temperature.

## Problem 1.3

Compute the frequency and decay-rate shifts for a Lorentz atom situated between two parallel mirrors separated by distance $L$ and located a distance $a$ from the closest mirror. You may assume that the dipole is oriented perpendicular to the mirrors. Make plots of your results for the case $a=L / 2$.
Hint: how many image dipoles do you need to use? (The answer isn't two.)

## Problem 1.4

Consider a vapor of atoms (with number density $N$ ), where the atoms are described by the Lorentz polarizability

$$
\begin{equation*}
\alpha(\omega)=\frac{e^{2} / m}{\omega_{0}^{2}-\omega^{2}-i \gamma \omega} \tag{1.150}
\end{equation*}
$$

We will use this model to explore the physics of free-electron gases, as in plasmas or metals, which corresponds to the limit $\omega_{0} \longrightarrow 0$. (Note that metals have density-induced correlations that are missed by the models here.)
(a) First ignoring any damping $(\gamma \longrightarrow 0)$, show that the complex refractive index for the free electron gas is

$$
\begin{equation*}
\tilde{n}(\omega)=\sqrt{1-\left(\frac{\omega_{\mathrm{p}}}{\omega}\right)^{2}} \tag{1.151}
\end{equation*}
$$

where $\omega_{\mathrm{p}}:=\sqrt{N e^{2} / m \epsilon_{0}}$ is the plasma frequency. This is the plasma model for the refractive index.
(b) At an interface of the electron gas with vacuum (say, a metal-vacuum interface), the intensity (Fresnel) reflection coefficient for monochromatic light incident from the vacuum on the interface is

$$
\begin{equation*}
R(\omega)=\left|\frac{1-\tilde{n}(\omega)}{1+\tilde{n}(\omega)}\right|^{2} \tag{1.152}
\end{equation*}
$$

assuming normal incidence to the interface. This expression can be derived by imposing appropriate boundary conditions on the electromagnetic fields, but here you may take this expression to be given. According to the plasma model, what is $R(\omega)$ for $\omega<\omega_{\mathrm{p}}$ ? What is $R(\omega)$ for $\omega \gg \omega_{\mathrm{p}}$ ? What do these results imply for the reflectances of metal mirrors in the infrared and the deep UV, assuming a plasma frequency in the UV range?
(c) Now put the damping back in, to account for radiation reaction, electron collisions, and so on, and show that the complex refractive index becomes

$$
\begin{equation*}
\tilde{n}(\omega)=\sqrt{1-\frac{\omega_{\mathrm{p}}^{2}}{\omega^{2}+i \gamma \omega}} \tag{1.153}
\end{equation*}
$$

[^12]This is the Drude-Lorentz model for the refractive index.
(d) Consider the limit of small frequency. In terms of the reflectance, how is the Drude-Lorentz model more physically sensible than the plasma model? Show as well that the Drude-Lorentz model reduces to the plasma model at high frequencies.
(e) The current density induced by the field is

$$
\begin{equation*}
\mathbf{j}=-N e \dot{\mathbf{x}} \tag{1.154}
\end{equation*}
$$

Defining the conductivity of the free-electron gas by the relation $\mathbf{j}=\sigma \mathbf{E}$, show that the conductivity is given according to the Drude-Lorentz model by

$$
\begin{equation*}
\sigma(\omega)=\frac{\sigma_{0}}{1-i \omega / \gamma} \tag{1.155}
\end{equation*}
$$

where $\sigma_{0}$ is the dc conductivity. What is $\sigma_{0}$ ?

## Problem 1.5

We used the Lorentz model to describe the linear response of an atom to the field, but it can be modified to describe nonlinear optical media. Anharmonic terms added to the electron binding potential, for example, can describe basic nonlinear optics, but here we will explore nonlinear responses in freeelectron gases.
(a) In the Lorentz model, we assumed a force induced by the electric field of the form $\mathbf{F}=-e \mathbf{E}$. However, the full Lorentz force, including the magnetic-field interaction, is $\mathbf{F}=-e \mathbf{E}-e \mathbf{v} \times \mathbf{B}$. The extra magnetic-field interaction is responsible for a nonlinear response at very large intensities. The classical equation of motion for a free electron (ignoring damping) is thus

$$
\begin{equation*}
m \dot{\mathbf{v}}=-e \mathbf{E}-e \mathbf{v} \times \mathbf{B} \tag{1.156}
\end{equation*}
$$

Assume the electron is driven by a linearly polarized, monochromatic plane wave

$$
\begin{equation*}
\mathbf{E}^{(+)}(\mathbf{r}, t)=\hat{\varepsilon} E_{0}^{(+)} e^{i(\mathbf{k} \cdot \mathbf{r}-\omega t)}, \tag{1.157}
\end{equation*}
$$

with $\mathbf{B}=\hat{k} \times \mathbf{E} / c$ as required by Maxwell's equations. Now make a Fourier-series ansatz of the form

$$
\begin{equation*}
\mathbf{v}^{(+)}(t)=\sum_{j=1}^{\infty} \hat{\varepsilon}_{(j)} v_{(j)}^{(+)}(j \omega) e^{-i j \omega t} \tag{1.158}
\end{equation*}
$$

Put this form for $\mathbf{v}(t)$ into the electron equation of motion, ignoring the effect of the magnetic field, and obtain a zeroth-order perturbative solution for $\mathbf{v}^{(+)}(t)$.
(b) Put the zeroth-order solution back into the right-hand side of the equation of motion, and obtain the next-order solution for $\mathbf{v}^{(+)}(t)$, this time including the effect of the magnetic-field coupling. Write down the corresponding induced dipole moment at frequency $2 \omega$. The nonlinear response thus allows second-harmonic generation from the driving field. In which direction is there no second-harmonic radiation? (Note that you should be able to interpret your solution as an electron tracing out a "figure eight.")
(c) Estimate the intensity at which the second-harmonic dipole moment becomes comparable to the dipole moment at the fundamental frequency.
(d) Now instead of the magnetic-field interaction, consider the relativistic interaction with the electric field, given by

$$
\begin{equation*}
\dot{\mathbf{p}}=\frac{d}{d t}(\gamma m v)=\frac{d}{d t}\left(\frac{m v}{\sqrt{1-\frac{v^{2}}{c^{2}}}}\right)=-e \mathbf{E} \tag{1.159}
\end{equation*}
$$

where $\gamma$ is the usual relativistic factor and the driving field is the same as before. Show that the second harmonic vanishes in this case.
(e) Obtain a perturbative expression for the relativistic dipole moment at frequency $3 \omega$.
(f) At what intensity is the third-harmonic relativistic dipole comparable to the fundamental dipole?

## Problem 1.6

We have already seen how the field responds to an atomic vapor, given the Lorentz model for the atoms: the real part of the polarizability results in a phase shift (dispersion), while the imaginary part leads to absorption. In this problem, you will explore a general classical model for how the electromagnetic field responds to the polarization field $\mathbf{P}(\mathbf{r}, t)$ of a medium. The polarization, or the dipole moment per unit volume, is the macroscopic generalization of the atomic dipole moment.
(a) Use Maxwell's equations in a source-free, dielectric medium,

$$
\begin{align*}
\nabla \cdot \mathbf{D} & =0 \\
\nabla \cdot \mathbf{B} & =0  \tag{1.160}\\
\nabla \times \mathbf{E} & =-\partial_{t} \mathbf{B} \\
\nabla \times \mathbf{H} & =\partial_{t} \mathbf{D}
\end{align*}
$$

where

$$
\begin{equation*}
\mathbf{B}=\mu_{0} \mathbf{H} \tag{1.161}
\end{equation*}
$$

and the electric fields are related by

$$
\begin{equation*}
\mathbf{D}=\epsilon_{0} \mathbf{E}+\mathbf{P} \tag{1.162}
\end{equation*}
$$

to derive the polarization-driven wave equation

$$
\begin{equation*}
\nabla^{2} \mathbf{E}-\frac{1}{c^{2}} \partial_{t}^{2} \mathbf{E}=\frac{1}{\epsilon_{0} c^{2}} \partial_{t}^{2} \mathbf{P} \tag{1.163}
\end{equation*}
$$

You may assume the polarization field to be transverse, i.e., $\nabla \cdot \mathbf{P}=0$. Generally speaking, the polarization is induced by the field, but here we may view it as an independent object acting to modify the field.
(b) Now assume the fields have the form

$$
\begin{align*}
& \mathbf{E}(\mathbf{r}, t)=\hat{\epsilon} \frac{E_{0}}{2} e^{i(k z-\omega t+\phi)}+\text { c.c. }  \tag{1.164}\\
& \mathbf{P}(\mathbf{r}, t)=\hat{\epsilon} P_{0}^{(+)} e^{i(k z-\omega t+\phi)}+\text { c.c. }
\end{align*}
$$

where $\phi(z, t)$ is a slowly varying phase, $E_{0}(z, t)$ is a slowly varying (real) field amplitude, and $P_{0}^{(+)}(t)$ is a slowly varying (complex, varying in time only) polarization amplitude. Of course, due to a possible phase lag of the medium, the polarization phase may have a phase different from that of the field. In this case, "slowly varying" means

$$
\begin{equation*}
\left|\partial_{t} E_{0}\right| \ll \omega E_{0} ; \quad\left|\partial_{z} E_{0}\right| \ll k E_{0} \tag{1.165}
\end{equation*}
$$

with similar relations holding for $\phi$ and $\left|P_{0}^{(+)}\right|$. Put the fields into the above wave equation, making the approximation of slowly varying amplitude and phase, to derive the equations

$$
\begin{align*}
\partial_{z} E_{0}+\frac{1}{c} \partial_{t} E_{0} & =-\frac{k}{\epsilon_{0}} \operatorname{Im}\left[P_{0}^{(+)}\right]  \tag{1.166}\\
E_{0}\left(\partial_{z} \phi+\frac{1}{c} \partial_{t} \phi\right) & =-\frac{k}{\epsilon_{0}} \operatorname{Re}\left[P_{0}^{(+)}\right]
\end{align*}
$$

for the effect of the polarization on the field. We again see the imaginary part causes absorption (or gain), and the real part causes a phase shift. These relations are important, for example, in laser physics in treating the effect of the gain medium on the laser field.
Note: in the slowly varying approximation, you should throw away second derivatives of $E_{0}$ and $\phi$, as well as other second-derivative terms, e.g., of the form $\left(\partial_{t} E_{0}\right)\left(\partial_{t} \phi\right)$. This problem treats the lowestorder modification of the field due to the polarization field, so you should discard all derivatives of $P_{0}^{(+)}$. Finally, since we are after a perturbative result, you may assume that $E_{0}$ approximately satisfies the homogenous equation

$$
\begin{equation*}
-k^{2} E_{0}+\frac{\omega^{2}}{c^{2}} E_{0} \approx 0 \tag{1.167}
\end{equation*}
$$

That is, ignoring the variation, $E_{0}$ represents a valid solution in the absence of the medium.

## Chapter 2

## Classical Coherence

Coherence theory is concerned with characterizing light, especially its fluctuation properties that influence how it will act in an interference-type experiment. This is covered to some extent by the spectral profile of the field, which is one of the themes here, but isn't the full story. Obviously things will get more interesting in the quantum case, but it is important to establish some classical results immediately so we can characterize atomic radiation.

Let's now consider an interference experiment that involves a range of frequencies. Recalling the interference of two monochromatic plane waves, we can write the superposition of the two waves as

$$
\begin{equation*}
E_{\mathrm{sum}}^{(+)}(\mathbf{r}, t)=E_{10}^{(+)} e^{i(k z-\omega t)}+E_{20}^{(+)} e^{i(k z-\omega t)} e^{i \phi} \tag{2.1}
\end{equation*}
$$

Here, $\phi$ is a relative phase difference between the two waves. Recall that we are just writing the positivefrequency components, so that the physical fields also must include the negative-frequency parts.

The intensity of the superposition is

$$
\begin{equation*}
I_{\mathrm{sum}}=\langle | \mathbf{E}_{\mathrm{sum}} \times \mathbf{H}_{\mathrm{sum}}| \rangle=\frac{1}{\eta}\left\langle\left(E_{\mathrm{sum}}\right)^{2}\right\rangle \tag{2.2}
\end{equation*}
$$

Writing this out explicitly in terms of the component fields,

$$
\begin{equation*}
I_{\mathrm{sum}}=\frac{1}{\eta}\left\langle\left(E_{10}^{(+)} e^{i(k z-\omega t)}+E_{20}^{(+)} e^{i(k z-\omega t)} e^{i \phi}+E_{10}^{(-)} e^{-i(k z-\omega t)}+E_{20}^{(-)} e^{-i(k z-\omega t)} e^{-i \phi}\right)^{2}\right\rangle \tag{2.3}
\end{equation*}
$$

The optical terms of the form $\exp ( \pm i 2 \omega t)$ vanish in the time average, so we obtain

$$
\begin{align*}
I_{\text {sum }} & =\frac{2}{\eta} E_{10}^{(-)} E_{10}^{(+)}+\frac{2}{\eta} E_{20}^{(-)} E_{20}^{(+)}+\frac{2}{\eta} E_{10}^{(-)} E_{20}^{(+)} e^{i \phi}+\frac{2}{\eta} E_{20}^{(-)} E_{10}^{(+)} e^{-i \phi}  \tag{2.4}\\
& =I_{1}+I_{2}+\left[\frac{2}{\eta} E_{10}^{(-)} E_{20}^{(+)} e^{i \phi}+\text { c.c. }\right]
\end{align*}
$$

Again, the interference is in the terms with the relative phase $\phi$.
Suppose that the phase difference represents a difference in optical path length, in the form of a time delay $\tau$. Then $\phi=-\omega \tau$, and so

$$
\begin{equation*}
I_{\mathrm{sum}}=I_{1}+I_{2}+\left[\frac{2}{\eta} E_{10}^{(-)} E_{20}^{(+)} e^{-i \omega \tau}+\text { c.c. }\right] \tag{2.5}
\end{equation*}
$$

Now let's handle the case of multiple frequencies. To simplify things, we'll assume that the two waves have equal amplitude and come from a common source. Then the intensity density at frequency $\omega$ is

$$
\begin{equation*}
I_{\text {sum }}(\omega)=2 I(\omega)+\left[\frac{2}{\eta}\left|E_{0}^{(+)}(\omega)\right|^{2} e^{-i \omega \tau}+\text { c.c. }\right] \tag{2.6}
\end{equation*}
$$

Note that the notation here is a little funny; the frequency-dependent quantities $I(\omega)$ and $E^{(+)}(\omega)$ don't have the respective dimensions of intensity and electric field; rather, $I(\omega) d \omega$ and $\left|E^{(+)}(\omega)\right|^{2} d \omega$ are the intensity and (squared) electric field, respectively, in the frequency interval between $\omega$ and $\omega+d \omega$.

Now we can sum over all frequencies to find the total intensity:

$$
\begin{align*}
I_{\text {total }} & =\int_{0}^{\infty} I_{\text {sum }}(\omega) d \omega  \tag{2.7}\\
& =2 \int_{0}^{\infty} I(\omega) d \omega+\left[\frac{2}{\eta} \int_{0}^{\infty}\left|E_{0}^{(+)}(\omega)\right|^{2} e^{-i \omega \tau} d \omega+\text { c.c. }\right]
\end{align*}
$$

Note that the frequency integral ranges only over positive frequencies; we've already accounted for the negative frequencies by including the complex conjugate terms. Thus the intensity spectrum $I_{\text {sum }}(\omega)$ is a one-sided spectrum, which is common when working with intensities and powers. We can now recognize the second integral in the last expression as a "one-sided" Fourier transform of $\left|E_{0}^{(+)}(\omega)\right|^{2}$, where we recall the normalization convention for $\omega-t$ Fourier transforms:

$$
\begin{equation*}
f(t)=\frac{1}{2 \pi} \int_{-\infty}^{\infty} \tilde{f}(\omega) e^{-i \omega t} d \omega, \quad \tilde{f}(\omega)=\int_{-\infty}^{\infty} f(t) e^{i \omega t} d t \tag{2.8}
\end{equation*}
$$

( $\omega$ - $t$ Fourier transform)
But what is this, when we don't know the general form of the electric field?

### 2.1 Wiener-Khinchin Theorem

Recall the convolution theorem for functions $f$ and $g$ (see Section 17.1.2):

$$
\begin{equation*}
\mathscr{F}[f * g]=\mathscr{F}[f] \mathscr{F}[g] . \tag{2.9}
\end{equation*}
$$

Writing out the convolution integral explicitly,

$$
\begin{equation*}
(f * g)(t)=\int_{-\infty}^{\infty} f\left(t^{\prime}\right) g\left(t-t^{\prime}\right) d t^{\prime}=\mathscr{F}^{-1}[\mathscr{F}[f] \mathscr{F}[g]] . \tag{2.10}
\end{equation*}
$$

If we make the particular choice $g(t)=f^{*}(-t)$, then

$$
\begin{equation*}
\mathscr{F}[g(t)]=\mathscr{F}\left[f^{*}(-t)\right]=\int_{-\infty}^{\infty} f^{*}(-t) e^{i \omega t} d t=\int_{-\infty}^{\infty} f^{*}(t) e^{-i \omega t} d t=(\mathscr{F}[f(t)])^{*} \tag{2.11}
\end{equation*}
$$

Thus, Eq. (2.10) becomes

$$
\begin{equation*}
\int_{-\infty}^{\infty} f\left(t^{\prime}\right) f^{*}\left(t^{\prime}-t\right) d t^{\prime}=\mathscr{F}^{-1}\left[|\mathscr{F}[f]|^{2}\right] \tag{2.12}
\end{equation*}
$$

Inverting the transform and letting $t^{\prime} \longrightarrow t^{\prime}+t$, we obtain the Wiener-Khinchin theorem:

$$
\begin{equation*}
\mathscr{F}\left[\int_{-\infty}^{\infty} f^{*}\left(t^{\prime}\right) f\left(t+t^{\prime}\right) d t^{\prime}\right]=|\mathscr{F}[f]|^{2} \tag{2.13}
\end{equation*}
$$

(Wiener-Khinchin theorem)

The function on the left-hand side,

$$
\begin{equation*}
\int_{-\infty}^{\infty} f^{*}(t) f(t+\tau) d t \tag{2.14}
\end{equation*}
$$

(autocorrelation function)
is the autocorrelation function of $f(t)$. Essentially, it compares $f$ to itself but shifted by an amount $\tau$ by computing an overlap integral. We can understand the right-hand side by noting that $\mathscr{F}[f]$ is the spectrum of $f$, and so $|\mathscr{F}[f]|^{2}$ is the energy spectral density of $f$. Essentially, the energy spectrum is the square of the usual spectrum, with the phase information removed. This is consistent with the notion of energy going
as the square of a signal amplitude. Thus, the Wiener-Khinchin theorem states that the Fourier transform of the autocorrelation function gives the energy spectrum.

There is one subtle point to these definitions: for some signals, such as steady optical signals, the correlation integral diverges:

$$
\begin{equation*}
\int_{-\infty}^{\infty} f^{*}(t) f(t+\tau) d t \longrightarrow \infty \tag{2.15}
\end{equation*}
$$

In this case, we should consider a time average instead of the normal integral. For an averaging time of $T$,

$$
\begin{equation*}
\left\langle f^{*}(t) f(t+\tau)\right\rangle_{T}:=\frac{1}{T} \int_{-T / 2}^{T / 2} f^{*}(t) f(t+\tau) d t \tag{2.16}
\end{equation*}
$$

For bounded signals, this integral is guaranteed to converge. To be physically sensible, $T$ should be a suitably long observation time (e.g., long enough to resolve the frequency spectrum). For such signals, we can write the Wiener-Khinchin theorem as

$$
\begin{equation*}
\mathscr{F}\left[\left\langle f^{*}(t) f(t+\tau)\right\rangle_{T}\right]=\mathscr{F}^{*}[f] \mathscr{F}_{T}[f] . \tag{2.17}
\end{equation*}
$$

Here we have defined a finite-time Fourier transform by

$$
\begin{equation*}
\mathscr{F}_{T}[f]:=\frac{1}{T} \int_{-T / 2}^{T / 2} f(t) e^{i \omega t} d t \tag{2.18}
\end{equation*}
$$

Defining this seems a bit funny, but it avoids problems with singular spectra. Now the Wiener-Khinchin theorem says that the Fourier transform of the (time-averaged) correlation function is the power spectral density, or the energy spectral density per unit time. For a stationary process, the correlation function is independent of $t$ (generally for a sufficiently long averaging time $T$ ). Then we can extend the averaging time $T \longrightarrow \infty$. Denoting this long-time averaging limit as

$$
\begin{equation*}
\left\langle f^{*}(t) f(t+\tau)\right\rangle=\left\langle f^{*}(t) f(t+\tau)\right\rangle_{T \rightarrow \infty}, \tag{2.19}
\end{equation*}
$$

we can thus write the Wiener-Khinchin theorem as

$$
\mathscr{F}\left[\left\langle f^{*}(t) f(t+\tau)\right\rangle\right]=\lim _{T \rightarrow \infty} \frac{1}{T}\left|\int_{-T / 2}^{T / 2} f(t) e^{i \omega t} d t\right|^{2}
$$

(Wiener-Khinchin theorem, time-average form) (2.20) Again, the right-hand side is the power spectral density, and in this form it is more clear that this is the energy density per unit time.

### 2.2 Optical Wiener-Khinchin Theorem

In terms of stationary optical fields, the Wiener-Khinchin theorem (2.20) becomes

$$
\int_{0}^{\infty} I(\omega) e^{-i \omega \tau} d \omega=\frac{2}{\eta}\left\langle E^{(-)}(t) E^{(+)}(t+\tau)\right\rangle
$$

(optical Wiener-Khinchin theorem) (2.21)
This is because the intensity density $I(\omega)=\langle | \mathbf{S}| \rangle$ is the time-averaged power spectral density of the optical field. Note that from the inverse Fourier transform, there is conventionally a factor of $1 / 2 \pi$, but it is missing here because it is already implicitly included in $I(\omega)$. We can see this from the boundary condition at $\tau=0$, which gives the total intensity:

$$
\begin{equation*}
\left.\int_{0}^{\infty} I(\omega) d \omega=\frac{2}{\eta}\left\langle E^{(-)}(t) E^{(+)}(t)\right\rangle=\left.\frac{2}{\eta}\langle | E^{(+)}(t)\right|^{2}\right\rangle . \tag{2.22}
\end{equation*}
$$

In optics, as in statistics and other fields, it is conventional to define a normalized correlation function

$$
\begin{equation*}
g^{(1)}(\tau):=\frac{\left\langle E^{(-)}(t) E^{(+)}(t+\tau)\right\rangle}{\left\langle E^{(-)}(t) E^{(+)}(t)\right\rangle} \tag{2.23}
\end{equation*}
$$

(degree of first-order temporal coherence)
so that

$$
\begin{equation*}
\frac{2}{\eta}\left\langle E^{(-)}(t) E^{(+)}(t+\tau)\right\rangle=\left(\int_{0}^{\infty} I(\omega) d \omega\right) g^{(1)}(\tau) \tag{2.24}
\end{equation*}
$$

The normalization is such that $g^{(1)}(\tau=0)=1$. That is, a correlation value of unity indicates perfect correlation. Note that we could just as well have written the correlation function as $\left\langle E^{(+)}(t+\tau) E^{(-)}(t)\right\rangle$, but it turns out that the order of $E^{(+)}$and $E^{(-)}$matters in quantum mechanics, so we'll be careful to stick to the form in Eq. (2.23). Notice also that from the definition of $g^{(1)}(\tau)$, the correlation function is subject to the constraint

$$
\begin{equation*}
g^{(1)}(-\tau)=\left[g^{(1)}(\tau)\right]^{*} \tag{2.25}
\end{equation*}
$$

(time symmetry of correlation function)
In quantum optics, $g^{(1)}(\tau)$ is called the degree of first-order temporal coherence. The light is said to be coherent if $\left|g^{(1)}(\tau)\right|^{2}=1$, incoherent if $\left|g^{(1)}(\tau)\right|^{2}=0$, and partially coherent otherwise (for $\tau \neq 0$ ). This function can be generalized to include spatial correlation by

$$
\begin{equation*}
g^{(1)}\left(\mathbf{r}_{1}, t_{1}, \mathbf{r}_{2}, t_{2}\right):=\frac{\left\langle E^{(-)}\left(\mathbf{r}_{1}, t_{1}\right) E^{(+)}\left(\mathbf{r}_{2}, t_{2}\right)\right\rangle}{\sqrt{\left.\left.\left.\langle | E^{(+)}\left(\mathbf{r}_{1}, t_{1}\right)\right|^{2}\right\rangle\left.\langle | E^{(+)}\left(\mathbf{r}_{2}, t_{2}\right)\right|^{2}\right\rangle}} \tag{2.26}
\end{equation*}
$$

(degree of first-order coherence)
which is the degree of first-order coherence. We will focus on the case (2.23) of temporal coherence.
Returning to the interference result of Eq. (2.7), we find

$$
\begin{align*}
I_{\text {total }} & =2 \int_{0}^{\infty} I_{\text {sum }}(\omega) d \omega+\left[\frac{2}{\eta} \int_{0}^{\infty}\left|E_{0}^{(-)}(\omega)\right|^{2} e^{-i \omega \tau} d \omega+\text { c.c. }\right]  \tag{2.27}\\
& =\left(\int_{0}^{\infty} I(\omega) d \omega\right)\left\{2+\left[g^{(1)}(\tau)+\text { c.c. }\right]\right\}
\end{align*}
$$

and thus

$$
I_{\text {total }}=2\left(\int_{0}^{\infty} I(\omega) d \omega\right)\left\{1+\operatorname{Re}\left[g^{(1)}(\tau)\right]\right\}
$$

(interferometer signal in terms of $g^{(1)}(\tau)$ ) (2.28) It is worth keeping in mind that the form (2.13) is still relevant for pulsed fields, in which case the result here is modified so that the coefficient in front is the integrated power rather than intensity.

### 2.2.1 Michelson Interferometer

One example where the interference result (2.28) arises directly - and thus where the optical Wiener-Khinchin theorem is very useful-is in the Michelson interferometer. The interferometer splits and interferes the beam with itself, and the path-length difference $\tau$ varies with the displacement of one of the mirrors.


The photodetector at the output measures the time average of the product of the fields, up to an overall constant, and thus measures $g^{(1)}(\tau)$, just as in Eq. (2.28).

The Michelson interferometer thus gives a method for measuring the spectrum of an optical field. The idea is then to digitize the output of the photodetector as a function of the mirror displacement, effectively recording $\operatorname{Re}\left[g^{(1)}(\tau)\right]$. Computing the Fourier transform of the signal on the computer gives the spectrum $I(\omega)$. (Note that $I(\omega)$ is real, and so the imaginary parts of $g^{(1)}(\tau)$ don't contribute to the spectrum.) This is the technique behind, for example, Fourier-transform infrared (FTIR) spectroscopy.

### 2.2.2 Example: Monochromatic Light

As a simple example, let's compute the correlation function for monochromatic light and verify that the Wiener-Khinchin theorem makes sense. Let's take a monochromatic wave of the form

$$
\begin{equation*}
E^{(+)}(t)=E_{0}^{(+)} e^{-i \omega_{0} t} \tag{2.29}
\end{equation*}
$$

The correlation function is

$$
\begin{equation*}
\left\langle E^{(-)}(t) E^{(+)}(t+\tau)\right\rangle=\left|E_{0}^{(+)}\right|^{2} e^{-i \omega_{0} \tau} \tag{2.30}
\end{equation*}
$$

In normalized form, this function becomes

$$
\begin{equation*}
g^{(1)}(\tau)=e^{-i \omega_{0} \tau} \tag{2.31}
\end{equation*}
$$

Thus, a wave with harmonic time dependence leads to a harmonic correlation function. This is true independent of the phase of the input field; that is, the correlation function does not reflect any extra phase in $E_{0}^{(+)}$.

The power spectrum is easy to calculate via the Wiener-Khinchin theorem:

$$
\begin{equation*}
\mathscr{F}\left[\left\langle E^{(-)}(t) E^{(+)}(t+\tau)\right\rangle\right]=\left|E_{0}^{(+)}\right|^{2} \mathscr{F}\left[e^{-i \omega_{0} \tau}\right]=\left|E_{0}^{(+)}\right|^{2} \delta\left(\omega-\omega_{0}\right) \tag{2.32}
\end{equation*}
$$

Again, the harmonic time dependence produces a single frequency in the power spectrum. Of course, with our convention of positive and negative frequencies, there would be a matching $\delta\left(\omega+\omega_{0}\right)$ component, but this is already included in the one-sided spectrum $I(\omega)$.

Let's now compute the power spectrum directly, using Eq. (2.17). The normal spectrum is

$$
\begin{equation*}
\mathscr{F}\left[E^{(+)}(t)\right]=E_{0}^{(+)} \delta\left(\omega-\omega_{0}\right) \tag{2.33}
\end{equation*}
$$

The finite-time transform is

$$
\begin{equation*}
\mathscr{F}_{T}\left[E^{(+)}(t)\right]=\frac{1}{T} \int_{-T / 2}^{T / 2} E_{0}^{(+)} e^{i\left(\omega-\omega_{0}\right) t} d t=E_{0}^{(+)} \operatorname{sinc}\left[\left(\omega-\omega_{0}\right) T / 2\right] \tag{2.34}
\end{equation*}
$$

Note that the value of the sinc function is 1 at $\omega=\omega_{0}$. Thus, the spectrum is

$$
\begin{equation*}
\mathscr{F}^{*}\left[E^{(+)}(t)\right] \mathscr{F}_{T}\left[E^{(+)}(t)\right]=E_{0}^{(-)} \delta\left(\omega-\omega_{0}\right) E_{0}^{(+)} \operatorname{sinc}\left[\left(\omega-\omega_{0}\right) T / 2\right]=\left|E_{0}^{(+)}\right|^{2} \delta\left(\omega-\omega_{0}\right) \tag{2.35}
\end{equation*}
$$

This result is consistent with Eq. (2.32). Note that without being careful with finite-time transforms, we would run into something bad involving the square of a $\delta$-function.

### 2.2.3 Spectrum of Atomic Radiation

With this formalism, it is straightforward to analyze the spectrum of the scattered light from the Lorentz atom. If the atom is briefly excited, then the amplitude of the field decays exponentially with time. The autocorrelation function does the same, and the Fourier transform of a decaying exponential is a Lorentzian lineshape (see Problem 2.1). Thus, the radiated spectrum has the form

$$
\begin{equation*}
s(\omega)=\frac{\gamma / 2 \pi}{\left(\omega_{0}-\omega\right)^{2}+(\gamma / 2)^{2}} \tag{2.36}
\end{equation*}
$$

(Actually, this turns out to be the spectrum $s_{+}(\omega)$ that we will define below, corresponding to a coherence function $g^{(1)}(\tau)=e^{-i \omega_{0} \tau} e^{-\gamma \tau / 2}$.) On the other hand, if the atom is driven by a monochromatic field, the dipole oscillates sinusoidally in steady state at the driving frequency $\omega_{\mathrm{L}}$ (say of the driving laser), rather than the atomic resonance frequency. In this case, the radiated spectrum is monochromatic: $s(\omega)=\delta\left(\omega-\omega_{\mathrm{L}}\right)$. The above broadened spectrum is a transient effect that is swamped by this "elastic" peak (elastic since the scattered light has the same frequency as the incident light).

### 2.2.4 Normalized One- and Two-Sided Spectra

Now we will be a bit more precise about the nature of the spectrum, to avoid confusion with different possible conventions for the power spectrum. First, it's convenient to define a normalized spectral density (lineshape function)

$$
\begin{equation*}
s(\omega):=\frac{I(\omega)}{\int_{0}^{\infty} I(\omega) d \omega} . \tag{2.37}
\end{equation*}
$$

(normalized spectral density)

Note that this spectrum extends only over positive frequencies, as the intensity spectrum $I(\omega)$ corresponded to physical frequency components. Examining the inverse Fourier transform, we combine Eqs. (2.21) and (2.24) to obtain

$$
g^{(1)}(\tau)=\int_{0}^{\infty} s(\omega) e^{-i \omega \tau} d \omega
$$

(first-order coherence in terms of normalized, one-sided spectral density) (2.38) However, the usual inverse Fourier transform has an integral extending over both positive and negative frequencies. We can obtain something of this form by considering the real part of the correlation function,

$$
\begin{align*}
\operatorname{Re}\left[g^{(1)}(\tau)\right] & =\frac{g^{(1)}(\tau)+\left[g^{(1)}(\tau)\right]^{*}}{2}=\frac{g^{(1)}(\tau)+g^{(1)}(-\tau)}{2} \\
& =\frac{1}{2} \int_{0}^{\infty} s(\omega) e^{-i \omega \tau} d \omega+\frac{1}{2} \int_{0}^{\infty} s(\omega) e^{i \omega \tau} d \omega \tag{2.39}
\end{align*}
$$

so that if we define a two-sided spectrum $s_{\leftrightarrow}(\omega)($ for all $\omega \in \mathbb{R})$ via

$$
s_{\leftrightarrow}(\omega):= \begin{cases}s(\omega) / 2 & (\omega>0)  \tag{2.40}\\ s(\omega) & (\omega=0) \\ s(-\omega) / 2 & (\omega<0)\end{cases}
$$

(two-sided spectrum in terms of one-sided spectrum)
which satisfies

$$
\begin{equation*}
s_{\leftrightarrow}(-\omega)=s_{\leftrightarrow}(\omega), \tag{2.41}
\end{equation*}
$$

(symmetry of two-sided spectrum)
we obtain

$$
\operatorname{Re}\left[g^{(1)}(\tau)\right]=\int_{-\infty}^{\infty} s_{\leftrightarrow}(\omega) e^{-i \omega \tau} d \omega
$$

(first-order coherence in terms of two-sided spectrum) (2.42) We have lost the imaginary part, but only the real part can contribute to a physical result: $g^{(1)}(\tau)$ must always be accompanied by its conjugate, as we saw in the interference experiment.

Inverting this last relation, we have

$$
\begin{align*}
s_{\leftrightarrow}(\omega) & =\frac{1}{2 \pi} \int_{-\infty}^{\infty} \operatorname{Re}\left[g^{(1)}(\tau)\right] e^{i \omega \tau} d \tau \\
& =\frac{1}{2 \pi} \int_{-\infty}^{\infty} g^{(1)}(\tau) \cos \omega \tau d \tau \\
& =\frac{1}{2 \pi} \int_{0}^{\infty} g^{(1)}(\tau) \cos \omega \tau d \tau+\text { c.c. } \quad(\omega \in \mathbb{R}) \tag{2.43}
\end{align*}
$$

(two-sided spectral density in terms of first-order coherence)
The one-sided spectrum can then be written in terms of the double-sided spectrum as

$$
s(\omega)= \begin{cases}s_{\leftrightarrow}(\omega)+s_{\leftrightarrow}(-\omega)=2 s_{\leftrightarrow}(\omega) & (\omega>0)  \tag{2.44}\\ s_{\leftrightarrow}(\omega) & (\omega=0) \\ 0 & (\omega<0)\end{cases}
$$

(two-sided spectrum in terms of one-sided spectrum)
so that the one-sided spectrum simply concentrates all the power at positive and negative frequencies on the positive side. Of course, this cannot be done for any spectrum, but the power spectral density - the Fourier transform of the coherence function-has a special structure due to the symmetry of the correlation function. Thus, we can write the one-sided spectrum as

$$
\begin{align*}
s(\omega) & =\frac{1}{\pi} \int_{-\infty}^{\infty} \operatorname{Re}\left[g^{(1)}(\tau)\right] e^{i \omega \tau} d \tau \\
& =\frac{1}{\pi} \int_{-\infty}^{\infty} g^{(1)}(\tau) \cos \omega \tau d \tau \\
& =\frac{1}{\pi} \int_{0}^{\infty} g^{(1)}(\tau) \cos \omega \tau d \tau+\text { c.c. } \quad(\omega \geq 0) \tag{2.45}
\end{align*}
$$

(one-sided spectral density in terms of first-order coherence)
in terms of the coherence function. Combining Eqs. (2.42) and (2.44), we then find

$$
\begin{equation*}
\operatorname{Re}\left[g^{(1)}(\tau)\right]=\int_{0}^{\infty} s(\omega) \cos \omega \tau d \omega \tag{2.46}
\end{equation*}
$$

(first-order coherence in terms of one-sided spectrum)
for the reverse transformation.
Finally, note that it can be more convenient to associate spectra separately with $g^{(1)}(\tau)$ and its conjugate, by defining

$$
\begin{equation*}
s_{ \pm}(\omega):=\frac{1}{4 \pi} \int_{-\infty}^{\infty} g^{(1)}(\tau) e^{ \pm i \omega \tau} d \tau=\frac{1}{4 \pi} \int_{0}^{\infty} g^{(1)}(\tau) e^{ \pm i \omega \tau} d \tau+\text { c.c. } \quad(\omega \in \mathbb{R}) \tag{2.47}
\end{equation*}
$$

(component spectral densities in terms of first-order coherence)
so that

$$
\begin{equation*}
s_{+}(\omega)=s_{-}(-\omega) \tag{2.48}
\end{equation*}
$$

(symmetry of component spectra)
Then the relations

$$
\begin{align*}
s_{\leftrightarrow}(\omega) & =s_{+}(\omega)+s_{-}(\omega)=s_{+}(\omega)+s_{+}(-\omega) & & (\omega \in \mathbb{R}) \\
s(\omega) & =2\left[s_{+}(\omega)+s_{-}(\omega)\right]=2\left[s_{+}(\omega)+s_{+}(-\omega)\right] & & (\omega \geq 0) \tag{2.49}
\end{align*}
$$

(component spectral densities in terms of first-order coherence)
recover the total spectra (2.43) and (2.45), respectively.

### 2.3 Visibility

The example in Eq. (2.31) of the correlation function for a monochromatic wave is special in the sense that the correlation function does not decay with $\tau$. This is important, because the correlation function is the magnitude of the interference terms. To quantify this better, we can define the fringe visibility as

$$
\begin{equation*}
\mathscr{V}:=\frac{I_{\max }-I_{\min }}{I_{\max }+I_{\min }} \tag{2.50}
\end{equation*}
$$

(fringe visibility)
where $I_{\text {max }}$ and $I_{\min }$ are the maximum and minimum intensities achieved for phase variations on the order of several $\pi$. For example, complete interference results in intensity variation from 0 to some maximum, and so $\mathscr{V}=1$. For no interference, the intensity does not vary with phase and so $\mathscr{V}=0$. Partial coherence is represented by intermediate values of the visibility.

Writing out the explicit phase of the correlation function,

$$
\begin{equation*}
g^{(1)}(\tau)=\left|g^{(1)}(\tau)\right| e^{i \phi(\tau)} \tag{2.51}
\end{equation*}
$$

and so Eq. (2.28) becomes

$$
\begin{equation*}
I_{\text {total }}=2\left(\int_{0}^{\infty} I(\omega) d \omega\right)\left[1+\left|g^{(1)}(\tau)\right| \cos \phi(\tau)\right] \tag{2.52}
\end{equation*}
$$

The cosine varies from -1 to 1 , so the visibility is just the magnitude of the correlation function:

$$
\mathscr{V}=\left|g^{(1)}(\tau)\right|
$$

(visibility in terms of coherence)
For monochromatic light, $\mathscr{V}=1$. Actually, this is only true if the amplitudes of the input waves are equal. For two monochromatic waves of unequal amplitude, the visibility becomes

$$
\begin{equation*}
\mathscr{V}=\frac{2 \sqrt{I_{1} I_{2}}}{I_{1}+I_{2}} \tag{2.54}
\end{equation*}
$$

The important thing to note is that for interference of monochromatic light, the visibility is independent of $\tau$.

### 2.4 Coherence Time, Coherence Length, and Uncertainty Measures

As we have just seen, a peculiarity of monochromatic light is that the coherence does not decay with $\tau$. In the generic case, where light is composed of a range of frequencies, the visibility drops as the phase difference increases, since $g^{(1)}(\tau) \longrightarrow 0$ as $\tau \longrightarrow \infty$. Intuitively, this is because as light waves with different wavelengths propagate, the monochromatic components tend to dephase. Mathematically, we can express this as an uncertainty relationship. Recall from Section 2.2 .4 that the coherence $\operatorname{Re}\left[g^{(1)}(\tau)\right]$ and the normalized (twosided) spectral density (lineshape function) form a Fourier-transform pair. Actually, $2 \pi s_{\leftrightarrow}(\omega)$ is the second half of the pair, due to the form of the transforms (2.42) and (2.43): recall that in the $\omega$ - $t$ convention, there is normally a factor of $1 / 2 \pi$ in front of the inverse-transform integral, as in Eqs. (2.8).

Thus, if we define the root-mean-square (rms) widths of these two functions, regarding $\operatorname{Re}\left[g^{(1)}(\tau)\right]^{2}$ and $\left[s_{\leftrightarrow}(\omega)\right]^{2}$ as (unnormalized) probability distributions, we can write down an uncertainty relation, as in quantum mechanics:

$$
\begin{equation*}
\delta \omega_{\mathrm{rms}} \delta \tau_{\mathrm{rms}} \geq \frac{1}{2} \tag{2.55}
\end{equation*}
$$

(rms uncertainty relation)
For many distributions, we can say that the equality is more or less satisfied to

$$
\begin{equation*}
\delta \omega_{\mathrm{rms}} \delta \tau_{\mathrm{rms}} \sim \frac{1}{2} \tag{2.56}
\end{equation*}
$$

and thus see that the "widths" of $g^{(1)}(\tau)$ and $s_{\leftrightarrow}(\omega)$ are inversely related. The problem is that for some useful functions in optics, these uncertainties can diverge (e.g., for Lorentzian functions) or vary by orders of magnitude. The uncertainty inequality is always satisfied, of course, but as a practical relation for the temporal and frequency widths, this is less useful.

Thus we will adopt other uncertainty conventions in time and frequency ${ }^{1}$ We can define the coherence time as the power-equivalent width of the correlation function:

$$
\begin{equation*}
\delta \tau:=\int_{-\infty}^{\infty}\left|\operatorname{Re}\left[g^{(1)}(\tau)\right]\right|^{2} d \tau \tag{2.57}
\end{equation*}
$$

(coherence time, power-equivalent width)
The idea here is to first note that $g^{(1)}(\tau=0)=1$. Thus the width $\delta \tau$ is the width of a box of unit height, with the same area as $\left|\operatorname{Re}\left[g^{(1)}(\tau)\right]\right|^{2}$. That is, $\delta \tau$ is the width of a unit-height box signal with the same power as $\left|\operatorname{Re}\left[g^{(1)}(\tau)\right]\right|^{2}$.


We'll take a slightly different convention for the width of the frequency spectrum. Let's define the average value of the one-sided normalized spectrum as

$$
\begin{equation*}
\bar{s}=\int_{0}^{\infty} s^{2}(\omega) d \omega=2 \int_{-\infty}^{\infty} s_{\leftrightarrow}^{2}(\omega) d \omega . \tag{2.58}
\end{equation*}
$$

That is, we're regarding $s(\omega)$ as a probability distribution (because it has the appropriate normalization), and then we're calculating the expectation value of $s(\omega)$ with respect to itself. Then we'll define the effective frequency width by the reciprocal of the average value:

$$
\begin{equation*}
\delta \omega:=(\bar{s})^{-1}=\left[\int_{0}^{\infty} s^{2}(\omega) d \omega\right]^{-1} \tag{2.59}
\end{equation*}
$$

(spectral width)
Thus, $\delta \omega$ is the width of the box function of unit area and height $\bar{s}$.


Note that we have constructed the diagram as if $s(\omega)$ is two-sided, but the argument carries through for the one-sided case as well, being careful to keep track of factors of 2 . The definitions for $\delta \tau$ and $\delta \omega$ look like inverses, but they're really quite different because of the different normalizations of the two functions.

The big advantage of these definitions is that they are related in a simple way. We can write

$$
\begin{equation*}
\delta \tau \delta \omega=\frac{\int_{-\infty}^{\infty}\left|\operatorname{Re}\left[g^{(1)}(\tau)\right]\right|^{2} d \tau}{2 \int_{-\infty}^{\infty} s_{\leftrightarrow}^{2}(\omega) d \omega} \tag{2.60}
\end{equation*}
$$

[^13]We can use Parseval's theorem to evaluate this ratio, which states that the signal power is equivalently measured in either the time or frequency basis:

$$
\begin{equation*}
\int_{-\infty}^{\infty}|f(t)|^{2} d t=\frac{1}{2 \pi} \int_{-\infty}^{\infty}|\tilde{f}(\omega)|^{2} d \omega \tag{2.61}
\end{equation*}
$$

(Parseval's theorem)
Noting again that $\operatorname{Re}\left[g^{(1)}(\tau)\right]$ and $2 \pi s_{\leftrightarrow}(\omega)$ form a Fourier-transform pair, and recalling the factor of two for using the one-sided spectrum, we can use this to write

$$
\begin{equation*}
\delta \tau \delta \omega=\pi \tag{2.62}
\end{equation*}
$$

(uncertainty relation)
This "uncertainty relation" is a strict equality, valid for any functions as long as the measures exist and are finite. Neat, eh?

The point of all this is, for time (optical path length) delays larger than the coherence time $\delta \tau$, the fringe visibility is mostly gone. This coherence time corresponds to a physical path length difference

$$
\begin{equation*}
\ell_{\mathrm{c}}:=c \delta \tau \tag{2.63}
\end{equation*}
$$

(coherence length)
which is called the coherence length.
Here are some examples. For a He-Ne laser, the laser line width is $\delta \nu=\delta \omega / 2 \pi \sim 1 \mathrm{GHz}$. This corresponds to a coherence time of $\delta \tau \sim 1 \mathrm{~ns}$, or a coherence length $\ell_{\mathrm{c}} \sim 30 \mathrm{~cm}$. On the other hand for a light bulb that spans the visible wavelength range of $400-700 \mathrm{~nm}$, the line width is

$$
\begin{equation*}
\delta \nu \sim \frac{\nu \delta \lambda}{\lambda}=\frac{c \delta \lambda}{\lambda^{2}}=300 \mathrm{THz} \tag{2.64}
\end{equation*}
$$

This gives a coherence time $\delta \tau \sim 3$ fs and a coherence length $\ell_{\mathrm{c}} \sim 1 \mu \mathrm{~m}$. So in fact it is possible to see interference of white light in a Michelson, but it's very difficult because the path lengths must be matched to $\mu \mathrm{m}$ accuracy. On the other hand, it's much easier to observe interference or record a hologram with light from a $\mathrm{He}-\mathrm{Ne}$ laser, because it remains coherent on the scale of about a foot.

### 2.5 Interference Between Two Partially Coherent Sources

In general, we can now look at the interference pattern between two partially coherent sources, represented by the two fields $E_{1}^{(+)}(t)$ and $E_{2}^{(+)}(t)$. The second field has an adjustable time delay of $\tau$. Then the intensity of the superposition of these waves is

$$
\begin{align*}
I & =\frac{2}{\eta}\langle | E_{1}^{(+)}(t)+E_{2}^{(+)}(t+\tau)| \rangle \\
& =\frac{2}{\eta}\langle | E_{1}^{(+)}(t)| \rangle+\frac{2}{\eta}\langle | E_{2}^{(+)}(t+\tau)| \rangle+\left[\frac{2}{\eta}\langle | E_{1}^{(-)}(t) E_{2}^{(+)}(t+\tau)| \rangle+\text { c.c. }\right]  \tag{2.65}\\
& =I_{1}+I_{2}+2 \sqrt{I_{1} I_{2}} \operatorname{Re}\left[g_{12}^{(1)}(\tau)\right]
\end{align*}
$$

where $g_{12}^{(1)}(\tau)$ is the normalized cross-correlation function:

$$
\begin{equation*}
g_{12}^{(1)}(\tau):=\frac{\langle | E_{1}^{(-)}(t) E_{2}^{(+)}(t+\tau)| \rangle}{\langle | E_{1}^{(-)}(t) E_{2}^{(+)}(t)| \rangle} \tag{2.66}
\end{equation*}
$$

(normalized cross-correlation)
Again, the visibility is

$$
\begin{equation*}
\mathscr{V}=\frac{2 \sqrt{I_{1} I_{2}}}{I_{1}+I_{2}}\left|g_{12}^{(1)}(\tau)\right| \tag{2.67}
\end{equation*}
$$

(visibility for two different fields)
This tells us that very different beams, resulting in little correlation, don't interfere very well.

### 2.6 Second-Order Coherence

The degree of second-order coherence is the autocorrelation function for the intensity, rather than the field. We can define this function as

$$
\begin{equation*}
g^{(2)}(\tau):=\frac{\left\langle E^{(-)}(t) E^{(-)}(t+\tau) E^{(+)}(t+\tau) E^{(+)}(t)\right\rangle}{\left\langle E^{(-)}(t) E^{(+)}(t)\right\rangle^{2}} \tag{2.68}
\end{equation*}
$$

(degree of second-order coherence)
Classically, this expression becomes

$$
\begin{equation*}
g^{(2)}(\tau)=\frac{\langle I(t) I(t+\tau)\rangle}{\langle I\rangle^{2}} \tag{2.69}
\end{equation*}
$$

For the first-order coherence, we had that $0 \leq\left|g^{(1)}(\tau)\right| \leq 1$, since $E^{(+)}(t)$ is always at least as correlated with $E^{(+)}(t)$ as with $E^{(+)}(t+\tau)$, but this constraint is somewhat different for $g^{(2)}(\tau)$, because the normalization convention is somewhat different.

First let's consider the variance of $I(t)$, which is manifestly nonnegative:

$$
\begin{equation*}
\left\langle(I(t)-\langle I(t)\rangle)^{2}\right\rangle \geq 0 \tag{2.70}
\end{equation*}
$$

Multiplying this out, this constraint becomes

$$
\begin{equation*}
\left\langle I^{2}(t)\right\rangle \geq\langle I(t)\rangle^{2}, \tag{2.71}
\end{equation*}
$$

which implies the boundary condition

$$
\begin{equation*}
g^{(2)}(0)=\frac{\left\langle I^{2}\right\rangle}{\langle I\rangle^{2}} \geq 1 \tag{2.72}
\end{equation*}
$$

(classical bunching constraint)
for the second-order coherence. There is no corresponding upper bound, and this argument fails for $\tau \neq 0$. This inequality is classical, and we will see that it is possible for a quantum field to violate this condition (see Section 5.7 .5 or Problem 2.12). This inequality effectively provides a boundary between quantum and classical statistical behavior.

We can also start with the inequality

$$
\begin{equation*}
[I(t)-I(t+\tau)]^{2} \geq 0 \tag{2.73}
\end{equation*}
$$

which when multiplied out yields

$$
\begin{equation*}
I^{2}(t)+I^{2}(t+\tau) \geq 2 I(t) I(t+\tau) \tag{2.74}
\end{equation*}
$$

Taking the time average of this relation then gives

$$
\begin{equation*}
\left\langle I^{2}(t)\right\rangle \geq\langle I(t) I(t+\tau)\rangle \tag{2.75}
\end{equation*}
$$

This implies

$$
\begin{equation*}
g^{(2)}(0) \geq g^{(2)}(\tau) \tag{2.76}
\end{equation*}
$$

so the second-order coherence is a nonincreasing function, at least in the vicinity of $\tau=0$.
The second-order coherence is related to how "concentrated" or "bunched" the intensity function is. For example, a monochromatic wave has $I(t)=I$, which gives $g^{(2)}=1$. Again, the monochromatic wave is coherent at second order. Note that we can generalize the correlation functions in an obvious way to arbitrarily high order, where it turns out that a monochromatic wave always takes on the value unity and is thus coherent to all orders. However, the first- and second-order degrees of coherence are the most important and relevant for experiments.

For the opposite extreme of a periodic train of short pulses,

$$
\begin{equation*}
I(t)=A \sum_{n} \delta(t-n T) \tag{2.77}
\end{equation*}
$$

we can see that

$$
\begin{equation*}
\langle I\rangle=\frac{A}{T} \tag{2.78}
\end{equation*}
$$

and

$$
\begin{equation*}
\left\langle I^{2}\right\rangle=\frac{A^{2}}{T} \sum_{n} \delta(\tau-n T) \tag{2.79}
\end{equation*}
$$

so that

$$
\begin{equation*}
g^{(2)}(\tau)=T \sum_{n} \delta(\tau-n T) \tag{2.80}
\end{equation*}
$$

Note that in deriving Eq. (2.79), we have used the relation

$$
\begin{equation*}
\int \delta(t) \delta(t+\tau) d t=\lim _{m \rightarrow \infty} \int m e^{-\pi m^{2} t^{2}} \delta(t+\tau) d t=\lim _{m \rightarrow \infty} m e^{-\pi m^{2} \tau^{2}}=\delta(\tau) \tag{2.81}
\end{equation*}
$$

where we have used the definition of the delta function as a limit of a sequence of normalized Gaussians of decreasing width. This relation also makes sense as a convolution, since the delta function is the identity kernel of the convolution operation. Thus, we see that very large values of $g^{(2)}(\tau)$ correspond to temporally concentrated intensity. This is the classical manifestation of photon bunching.

### 2.6.1 Thermal Light

To model light from a thermal source, we will assume that $E^{(+)}(t)$ fluctuates as a stationary Gaussian random process. That is, $E^{(+)}(t)$ is a complex Gaussian random variable whose statistics are time-independent, and $E^{(+)}(t)$ is correlated with the itself at other times as required by the power spectrum.

Gaussian random processes are fundamental in modeling noisy systems, as they allow for tremendous simplifications. We will call $Z$ a complex Gaussian random variable if $Z=X+i Y$, where $X$ and $Y$ are independent and identically distributed Gaussian random variables. The joint probability density of $X$ and $Y$ is

$$
\begin{equation*}
f(x, y)=\frac{1}{2 \pi \sigma^{2}} e^{-\left(x^{2}+y^{2}\right) / 2 \sigma^{2}} \tag{2.82}
\end{equation*}
$$

if we assume that $\langle X\rangle=\langle Y\rangle=0$. Then we can write the probability density of $Z$ as

$$
\begin{align*}
f(z) & =\frac{1}{2 \pi \sigma^{2}} e^{-|z|^{2} / 2 \sigma^{2}}  \tag{2.83}\\
& =\frac{1}{\pi \sigma_{z}^{2}} e^{-|z|^{2} / \sigma_{z}^{2}}
\end{align*}
$$

where

$$
\begin{equation*}
\left.\sigma_{z}^{2}=\left.\langle | Z\right|^{2}\right\rangle=2 \sigma^{2} \tag{2.84}
\end{equation*}
$$

is the variance of $Z$. Generalizing this to $N$ complex Gaussian variables $Z_{1}, \ldots, Z_{N}$, the probability density becomes

$$
\begin{equation*}
f\left(z_{\alpha}\right)=\frac{1}{\pi^{N} \operatorname{det} S_{\alpha \beta}} e^{-z_{\alpha}^{*}\left(S^{-1}\right)_{\alpha \beta} z_{\beta}} \tag{2.85}
\end{equation*}
$$

where summations are implied by repeated indices, and

$$
\begin{equation*}
S_{\alpha \beta}:=\left\langle Z_{\alpha} Z_{\beta}^{*}\right\rangle \tag{2.86}
\end{equation*}
$$

is the covariance matrix. For such complex Gaussian variables, one can show that high-order moments factor as ${ }^{2}$

$$
\begin{equation*}
\left\langle Z_{\alpha_{1}}^{*} Z_{\alpha_{2}}^{*} \cdots Z_{\alpha_{N}}^{*} Z_{\beta_{M}} \cdots Z_{\beta_{1}}\right\rangle=\sum_{\substack{\text { all } N!\\ \text { pairings }}}\left\langle Z_{\alpha_{1}}^{*} Z_{\beta_{1}}\right\rangle\left\langle Z_{\alpha_{2}}^{*} Z_{\beta_{2}}\right\rangle \cdots\left\langle Z_{\alpha_{N}}^{*} Z_{\beta_{N}}\right\rangle \tag{2.87}
\end{equation*}
$$

(Gaussian moment factorization)
if $M=N$, with the moment vanishing otherwise. We can always factor high-order moments because the Gaussian distribution (2.85) itself only depends on the quadratic moments. In particular, we need the factorization for the fourth-order moment

$$
\begin{align*}
\left\langle Z_{1}^{*} Z_{2}^{*} Z_{2} Z_{1}\right\rangle & =\left\langle Z_{1}^{*} Z_{1}\right\rangle\left\langle Z_{2}^{*} Z_{2}\right\rangle+\left\langle Z_{1}^{*} Z_{2}\right\rangle\left\langle Z_{2}^{*} Z_{1}\right\rangle  \tag{2.88}\\
& \left.\left.=\left.\langle | Z_{1}\right|^{2}\right\rangle\left.\langle | Z_{2}\right|^{2}\right\rangle+\left|\left\langle Z_{1}^{*} Z_{2}\right\rangle\right|^{2} .
\end{align*}
$$

Applying this to the second-order coherence function (2.68), we find the important relation

$$
g^{(2)}(\tau)=1+\left|g^{(1)}(\tau)\right|^{2}
$$

(thermal-field coherence constraint)
which again is valid for light with Gaussian fluctuations in the field. Recalling that $g^{(1)}(0)=1$, we now have the boundary condition $g^{(2)}(0)=2$ for thermal light. Additionally, $g^{(1)}(\tau) \longrightarrow 0$ as $\tau \longrightarrow \infty$, so $g^{(2)}(\tau) \longrightarrow 1$ as $\tau \longrightarrow \infty$.


The correlation function thus drops from 2 to 1 with $\tau$, as shown here for light with a Gaussian power spectrum (in addition two the Gaussian fluctuations). Thus, thermal light exhibits some degree of bunching.

### 2.6.2 Experiment of Hanbury Brown and Twiss

One important feature of the second-order coherence function is that it can be measured with a reasonably simple setup, the famous Hanbury-Brown-Twiss apparatus. ${ }^{3}$ A simplified schematic of this type of apparatus is shown here.


An input field is divided by a beam splitter, and the two components are monitored by two photodetectors. The two detector signals are fed into a signal multiplier (mixer), though only after a variable time delay is added to one of the signals. The mixer signal is fed through a low-pass filter, which can be thought of as a integrator with a running time average.

[^14]This setup, because it effectively correlates the two intensities, seems to give the $g^{(2)}(\tau)$ function as its output signal directly. But the detectors are generally ac-coupled, so that the detectors monitor $I(t)-\langle I\rangle$. Then the output signal of the mixer is

$$
\begin{equation*}
V_{\text {mixer }} \propto[I(t)-\langle I\rangle][I(t+\tau)-\langle I\rangle] \tag{2.90}
\end{equation*}
$$

and the output signal of the low-pass filter is

$$
\begin{equation*}
V_{\text {low-pass }} \propto\langle[I(t)-\langle I\rangle][I(t+\tau)-\langle I\rangle]\rangle=\langle I(t) I(t+\tau)\rangle-\langle I\rangle^{2} \tag{2.91}
\end{equation*}
$$

After proper normalization, we can see that the output is just $g^{(2)}(\tau)-1$. Thus, for thermal light this setup should give some signal for $\tau=0$ that decays to zero for large delays.

The setup here makes it somewhat intuitive how the quantum field will violate the inequality (2.72). If the quantum field arrives as a stream of separated, individual photons, then at any given time, only one of the photodetectors can "click." That is, a single photon causes a detection event on one detector or the other, but necessarily not both. This implies that $g^{(2)}(\tau=0)$ can go to zero in such a situation. This is the phenomenon of antibunching.

The treatment here is simplified, since taking into account the response time of the detectors complicates things considerably. The original experiment used the same idea to measure the spatial correlation of intensities, which can be used to measure the size of the optical source. This has important applications, for example, in astronomy, where the signals from two separated telescopes can be mixed in the same way. In such a stellar interferometry arrangement, the measured correlation function gives a measure of the diameter of the distant star. For our purposes, the quantum-mechanical version of this experiment that we will return to later demonstrates some of the uniquely quantum-mechanical features of light.

### 2.7 Phase Noise

### 2.7.1 Spectra of Phase and Frequency Fluctuations

An important form of noise in oscillators and lasers is phase noise, for example where the time dependence of a signal has the form

$$
\begin{equation*}
f(t) \sim \cos \left[\omega_{0} t+\phi(t)\right] \tag{2.92}
\end{equation*}
$$

where $\phi(t)$ is a stochastic process. The total phase of this signal is $\phi_{\text {total }}=\omega_{0} t+\phi(t)$, and the instantaneous frequency is just the time derivative of the phase:

$$
\begin{equation*}
\omega(t)=\frac{d \phi_{\mathrm{total}}}{d t}=\omega_{0}+\frac{d \phi(t)}{d t} \tag{2.93}
\end{equation*}
$$

Thus, the phase noise translates into frequency noise as well.
Given a signal with time dependence of the form $\exp [-i \phi(t)]$, let us define an unnormalized, one-sided spectral density of phase fluctuations via

$$
\begin{equation*}
S_{\phi}(\omega):=\int_{-\infty}^{\infty}\langle\phi(t) \phi(t+\tau)\rangle \cos \omega \tau d \tau \quad(\omega \geq 0) \tag{2.94}
\end{equation*}
$$

(spectral density of phase fluctuations (one-sided))
in analogy with Eq. (2.45). Correspondingly, if we are instead interested in the spectral density of frequency fluctuations

$$
\begin{equation*}
S_{\omega}(\omega):=\int_{-\infty}^{\infty}\langle\dot{\phi}(t) \dot{\phi}(t+\tau)\rangle \cos \omega \tau d \tau \quad(\omega \geq 0) \tag{2.95}
\end{equation*}
$$

(spectral density of frequency fluctuations (one-sided))
These spectra are related by

$$
\begin{equation*}
S_{\omega}(\omega)=\omega^{2} S_{\phi}(\omega) \tag{2.96}
\end{equation*}
$$

(phase to frequency spectrum conversion)
(see Problem 2.4). Thus, for example, if $\phi(t)$ is a random-walk process, then $\dot{\phi}$ is a white-noise process, so that $S_{\omega}(\omega)$ is independent of frequency (i.e., $\phi(t) \propto W(t)$ is a Wiener process, whose derivative gives white noise, as in Chapter 17). Inverting the above relations, we find

$$
\begin{equation*}
\langle\phi(t) \phi(t+\tau)\rangle=\frac{1}{\pi} \int_{0}^{\infty} S_{\phi}(\omega) \cos \omega \tau d \omega \tag{2.97}
\end{equation*}
$$

(phase correlation in terms of phase spectral density)
as we find by analogy to Eqs. (2.45) and (2.46), noting the difference in the $2 \pi$ factor. Also,

$$
\begin{equation*}
\langle\phi(t) \phi(t+\tau)\rangle=\frac{1}{\pi} \int_{0}^{\infty} S_{\omega}(\omega) \frac{\cos \omega \tau}{\omega^{2}} d \omega \tag{2.98}
\end{equation*}
$$

(phase correlation in terms of freqency spectral density)
as follows from Eq. (2.96)

### 2.7.2 Variance of Phase Fluctuations

A useful quantity to consider is the variance of the phase fluctuation in a time $\tau$. Thus, we define

$$
\begin{equation*}
\Delta \phi(\tau):=\phi(t+\tau)-\phi(t) \tag{2.99}
\end{equation*}
$$

which we may regard as independent of $t$ in a statistical sense, under the assumption of a stationary process. Then

$$
\begin{align*}
\left\langle[\Delta \phi(\tau)]^{2}\right\rangle & =2\left\langle\phi^{2}(t)\right\rangle-2\langle\phi(t) \phi(t+\tau)\rangle \\
& =\frac{2}{\pi} \int_{0}^{\infty} S_{\omega}(\omega) \frac{(1-\cos \omega \tau)}{\omega^{2}} d \omega \tag{2.100}
\end{align*}
$$

where we used Eq. (2.98). Thus, we have the result

$$
\begin{equation*}
\left\langle[\Delta \phi(\tau)]^{2}\right\rangle=\frac{4}{\pi} \int_{0}^{\infty} S_{\omega}(\omega) \frac{\sin ^{2}(\omega \tau / 2)}{\omega^{2}} d \omega \tag{2.101}
\end{equation*}
$$

(variance of phase fluctuations related to frequency-noise spectrum)
Note that this integral gives a finite result even for white noise, which has an unnormalized spectrum, due to the $1 / \omega^{2}$ factor, but it diverges for a " $1 / f$ " spectrum.

### 2.7.3 Spectrum of the Signal

Supposing the phase of a signal fluctuates, with a particular spectrum of frequency fluctuations. What is the effect on the spectrum of the signal itself? ${ }^{4}$ Suppose that we have an optical signal of the form

$$
\begin{equation*}
E^{(+)}(t) \sim e^{-i \omega_{0} t} e^{-i \phi(t)} \tag{2.102}
\end{equation*}
$$

(technically, we could be mixing positive- and negative-frequency components, but this doesn't really matter). We then want the correlation function

$$
\begin{equation*}
g^{(1)}(\tau) \sim\left\langle E^{(-)}(t) E^{(+)}(t+\tau)\right\rangle \tag{2.103}
\end{equation*}
$$

which when normalized looks like

$$
\begin{equation*}
g^{(1)}(\tau)=e^{-i \omega_{0} \tau}\left\langle e^{-i \Delta \phi(\tau)}\right\rangle \tag{2.104}
\end{equation*}
$$

Making the assumption that $\Delta \phi(\tau)$ represents Gaussian noise (which, from the central-limit theorem, is guaranteed essentially provided that the variance of $\Delta \phi(\tau)$ is finite), we can rewrite this as

$$
\begin{equation*}
g^{(1)}(\tau)=e^{-i \omega_{0} \tau} e^{-\left\langle[\Delta \phi(\tau)]^{2}\right\rangle / 2} \tag{2.105}
\end{equation*}
$$

[^15](See Problem 2.5 for the intermediate steps here.) Now using Eqs. (2.45) for the one-sided, normalized spectrum,
\[

$$
\begin{align*}
s(\omega) & =\frac{1}{\pi} \int_{-\infty}^{\infty} g^{(1)}(\tau) \cos \omega \tau d \tau \\
& =\frac{1}{\pi} \int_{-\infty}^{\infty} d \tau \cos \omega_{0} \tau \cos \omega \tau e^{-\left\langle[\Delta \phi(\tau)]^{2}\right\rangle / 2}  \tag{2.106}\\
& =\frac{2}{\pi} \int_{0}^{\infty} d \tau \cos \omega_{0} \tau \cos \omega \tau e^{-\left\langle[\Delta \phi(\tau)]^{2}\right\rangle / 2}
\end{align*}
$$
\]

and so

$$
\begin{equation*}
s(\omega)=\frac{2}{\pi} \int_{0}^{\infty} d \tau \cos \omega_{0} \tau \cos \omega \tau \exp \left[-\frac{2}{\pi} \int_{0}^{\infty} S_{\omega}\left(\omega^{\prime}\right) \frac{\sin ^{2}\left(\omega^{\prime} \tau / 2\right)}{\omega^{\prime 2}} d \omega^{\prime}\right] \quad(\omega \geq 0) \tag{2.107}
\end{equation*}
$$

(spectrum of the signal)
Thus, we have the spectral density for the signal itself, in terms of the spectral density for the frequency fluctuations. This is the spectrum that is more likely to be analyzed, e.g., on a spectrum analyzer (the phase- or frequency-fluctuation spectra would be observed directly only with a phase or frequency detector, for example, using a phase-locked loop to track the signal).

### 2.7.3.1 Example: White Noise

Suppose we take the simple case of a flat, white-noise frequency-fluctuation spectrum:

$$
\begin{equation*}
S_{\omega}\left(\omega^{\prime}\right)=\gamma \tag{2.108}
\end{equation*}
$$

Then the exponent in Eq. (2.107) is

$$
\begin{equation*}
-\frac{2}{\pi} \int_{0}^{\infty} S_{\omega}\left(\omega^{\prime}\right) \frac{\sin ^{2}\left(\omega^{\prime} \tau / 2\right)}{\omega^{\prime 2}} d \omega^{\prime}=-\frac{2 \gamma}{\pi} \int_{0}^{\infty} d \omega^{\prime} \frac{\sin ^{2}\left(\omega^{\prime} \tau / 2\right)}{\omega^{\prime 2}}=-\frac{\gamma|\tau|}{2} \tag{2.109}
\end{equation*}
$$

So

$$
\begin{align*}
s(\omega) & =\frac{2}{\pi} \int_{0}^{\infty} d \tau \cos \omega_{0} \tau \cos \omega \tau e^{-\gamma|\tau| / 2} \\
& =\frac{1}{\pi} \int_{0}^{\infty} d \tau\left[\cos \left(\omega-\omega_{0}\right) \tau+\cos \left(\omega+\omega_{0}\right) \tau\right] e^{-\gamma \tau / 2} \\
& =\left[\frac{1}{2 \pi} \int_{0}^{\infty} d \tau e^{i\left(\omega-\omega_{0}\right) \tau-\gamma \tau / 2}+\text { c.c. }\right]+\left(\omega_{0} \longrightarrow-\omega_{0}\right)  \tag{2.110}\\
& =\frac{1}{2 \pi}\left[\frac{1}{-i\left(\omega-\omega_{0}\right)+\gamma / 2}+\text { c.c. }\right]+\left(\omega_{0} \longrightarrow-\omega_{0}\right),
\end{align*}
$$

and thus

$$
\begin{equation*}
s(\omega)=\frac{\gamma / 2 \pi}{\left(\omega-\omega_{0}\right)^{2}+(\gamma / 2)^{2}}+\frac{\gamma / 2 \pi}{\left(\omega+\omega_{0}\right)^{2}+(\gamma / 2)^{2}} \tag{2.111}
\end{equation*}
$$

(heterodyne spectrum, white frequency noise)
which is a properly normalized, one-sided Lorentzian spectrum with a full width at half maximum of $\gamma$ (the second term being the negative-frequency "mirror image" of the positive-frequency Lorentzian).

### 2.8 Optical Linewidth Measurements

### 2.8.1 Photodetection Spectrum

The spectrum analyzer measures the power spectrum of the detector photocurrent $I_{\text {det }}(t)$, which by the Wiener-Khinchin theorem is the Fourier transform of the autocorrelation function

$$
\begin{equation*}
G_{\mathrm{analyzer}}(\tau)=\frac{1}{Z_{\mathrm{in}}}\left\langle I_{\mathrm{det}}(t) I_{\mathrm{det}}(t+\tau)\right\rangle \tag{2.112}
\end{equation*}
$$

where $Z_{\text {in }}$ is the input impedance of the spectrum analyzer (typically $50 \Omega$ ), which yields the appropriate units of power. The photocurrent is related to the optical intensity at the detector by

$$
\begin{equation*}
I_{\mathrm{det}}(t)=\eta_{I} A_{\mathrm{det}} I(t) \tag{2.113}
\end{equation*}
$$

where $I(t)$ is the optical intensity, averaged over the detector surface, $A_{\text {det }}$ is the detector area, and $\eta_{I}$ is the detector response (with units of $A / W$ ). Recalling that intensity is related to field by $I=2\left|E^{(+)}\right| / \eta_{0}$, where $\eta_{0}=1 / \epsilon_{0} c$ is the impedance of free space $(377 \Omega)$, we can thus write

$$
\begin{equation*}
G_{\text {analyzer }}(\tau)=\frac{4 \eta_{I}^{2} A_{\mathrm{det}}^{2}}{\eta_{0}^{2} Z_{\mathrm{in}}}\left\langle E_{\mathrm{det}}^{(-)}(t) E_{\mathrm{det}}^{(-)}(t+\tau) E_{\mathrm{det}}^{(+)}(t+\tau) E_{\mathrm{det}}^{(+)}(t)\right\rangle \tag{2.114}
\end{equation*}
$$

where $E_{\text {det }}^{(+)}(t)$ is the optical field at the detector. Thus, we find

$$
\begin{equation*}
S_{\text {analyzer }}(\omega)=\frac{4 \eta_{I}^{2} A_{\operatorname{det}}^{2}}{\pi \eta_{0}^{2} Z_{\mathrm{in}}} \int_{-\infty}^{\infty} d \tau\left\langle E_{\operatorname{det}}^{(-)}(t) E_{\operatorname{det}}^{(-)}(t+\tau) E_{\operatorname{det}}^{(+)}(t+\tau) E_{\operatorname{det}}^{(+)}(t)\right\rangle e^{i \omega \tau} \tag{2.115}
\end{equation*}
$$

for the spectrum-analyzer signal, where we introduce the factor of $\pi$ to match the normalization convention of Eq. (2.45). This ensures that the integrated spectrum gives the total measured electrical power (at least the ac part, since we dropped the dc components), which is just $G_{\text {analyzer }}(\tau=0)$. We can then also write

$$
\begin{equation*}
S_{\text {analyzer }}(\omega)=\frac{8 \eta_{I}^{2} A_{\operatorname{det}}^{2}}{\pi \eta_{0}^{2} Z_{\mathrm{in}}} \int_{0}^{\infty} d \tau\left\langle E_{\operatorname{det}}^{(-)}(t) E_{\mathrm{det}}^{(-)}(t+\tau) E_{\operatorname{det}}^{(+)}(t+\tau) E_{\operatorname{det}}^{(+)}(t)\right\rangle \cos \omega \tau \tag{2.116}
\end{equation*}
$$

(detected signal on spectrum analyzer)
due to the even symmetry of the correlation function. Spectrum analyzers typically use normal (not angular) frequencies, so we can write

$$
S_{\mathrm{analyzer}}(\nu)=\frac{16 \eta_{I}^{2} A_{\mathrm{det}}^{2}}{\eta_{0}^{2} Z_{\mathrm{in}}} \int_{-\infty}^{\infty} d \tau\left\langle E_{\mathrm{det}}^{(-)}(t) E_{\mathrm{det}}^{(-)}(t+\tau) E_{\mathrm{det}}^{(+)}(t+\tau) E_{\mathrm{det}}^{(+)}(t)\right\rangle \cos 2 \pi \nu \tau
$$

(detected signal on spectrum analyzer) (2.117)
where using the transformation $S(\omega) d \omega=S(\nu) d \nu$ (with $\omega=2 \pi \nu$ ) introduces an overall factor of $2 \pi$ here.

### 2.8.2 Heterodyne Spectroscopy

In a heterodyne measurement, we beat two independent lasers together, but assume they are statistically identical-otherwise, it is not possible to attribute unbalanced fluctuations to the proper laser.


Then the signal field is the superposition of the two fields,

$$
\begin{equation*}
E_{\operatorname{det}}^{(+)}(t)=\sqrt{\eta_{1}} E_{1}^{(+)}(t)+\sqrt{\eta_{2}} E_{2}^{(+)}(t) \tag{2.118}
\end{equation*}
$$

where $\eta_{1}$ and $\eta_{2}$ are the intensity transmission coefficients through the beam splitter and any other optical components from the respective laser source to the detector. Then we may write the fields as

$$
\begin{equation*}
E_{1}^{(+)}(t)=E_{01}^{(+)} e^{-i \omega_{1} t-i \phi_{1}(t)}, \quad E_{2}^{(+)}(t)=E_{02}^{(+)} e^{-i \omega_{2} t-i \phi_{2}(t)} \tag{2.119}
\end{equation*}
$$

where again the phase noises on the two lasers are independent but statistically identical. We also assume the two lasers have nearly the same center frequency, so we define the detuning

$$
\begin{equation*}
\Delta:=\omega_{2}-\omega_{1}, \quad|\Delta| \ll \omega_{1}, \omega_{2} \tag{2.120}
\end{equation*}
$$

However, we also assume that the frequency width induced by the phase fluctuations is small compared to $|\Delta|$. Now we must substitute this expression into the correlation function (2.114), noting that of the 16 total terms, the 10 that rotate in time with frequencies that are optical or $|\Delta|$ will simply average to zero in the relatively slow spectrum-analyzer response time. Thus, we have

$$
\begin{equation*}
G_{\text {analyzer }}(\tau) \propto \eta_{1}^{2}\left|E_{01}^{(+)}\right|^{4}+\eta_{2}^{2}\left|E_{02}^{(+)}\right|^{4}+2 \eta_{1} \eta_{2}\left|E_{01}^{(+)} E_{02}^{(+)}\right|^{2}+\eta_{1} \eta_{2}\left|E_{01}^{(+)} E_{02}^{(+)}\right|^{2}\left\langle e^{-i \Delta \tau+i \Delta \phi_{1}(\tau)-i \Delta \phi_{2}(\tau)}+\text { c.c. }\right\rangle \tag{2.121}
\end{equation*}
$$

where the phase increments $\Delta \phi_{1,2}(\tau)=\phi_{1,2}(t+\tau)-\phi_{1,2}(t)$ are defined as before. We will also assume the dc components to be blocked (not to mention far enough away from the spectrum of interest that we can ignore them, since we have assumed $\Delta$ to be a sufficiently large radio frequency), so that

$$
\begin{equation*}
G_{\text {analyzer }}(\tau) \propto \frac{\eta_{0}^{2} \eta_{1} \eta_{2} I_{1} I_{2}}{4}\left\langle e^{-i \Delta \tau+i \Delta \phi_{1}(\tau)-i \Delta \phi_{2}(\tau)}+\text { c.c. }\right\rangle \tag{2.122}
\end{equation*}
$$

where $I_{1,2}$ are the (stationary) output intensities of the two lasers. We can again use the relation for Gaussian phase increments,

$$
\begin{equation*}
\left\langle e^{-i \Delta \phi(\tau)}\right\rangle=e^{-\left\langle[\Delta \phi(\tau)]^{2}\right\rangle / 2} \tag{2.123}
\end{equation*}
$$

as in Eq. (2.105), so that

$$
\begin{align*}
G_{\text {analyzer }}(\tau) & \propto \frac{\eta_{0}^{2} \eta_{1} \eta_{2} I_{1} I_{2}}{4}\left(e^{-i \Delta \tau} e^{-\left\langle\left[\Delta \phi_{1}(\tau)-\Delta \phi_{2}(\tau)\right]^{2}\right\rangle / 2}+\text { c.c. }\right) \\
& =\frac{\eta_{0}^{2} \eta_{1} \eta_{2} I_{1} I_{2}}{4}\left(e^{-i \Delta \tau} e^{-\left\langle[\Delta \phi(\tau)]^{2}\right\rangle}+\text { c.c. }\right)  \tag{2.124}\\
& =\frac{\eta_{0}^{2} \eta_{1} \eta_{2} I_{1} I_{2}}{2} \cos \Delta \tau e^{-\left\langle[\Delta \phi(\tau)]^{2}\right\rangle}
\end{align*}
$$

where we have used the independence of $\Delta \phi_{1}(\tau)$ and $\Delta \phi_{2}(\tau)$, and used the statistical identity to write $\Delta \phi_{1}(\tau)=\Delta \phi_{2}(\tau)=: \Delta \phi(\tau)$. Then the spectrum-analyzer signal is

$$
S_{\text {analyzer }}(\omega)=\frac{4 \eta_{1} \eta_{2} \eta_{I}^{2} A_{\mathrm{det}}^{2} I_{1} I_{2}}{\pi Z_{\mathrm{in}}} \int_{0}^{\infty} d \tau \cos \Delta \tau \cos \omega \tau \exp \left[-\frac{4}{\pi} \int_{0}^{\infty} S_{\omega}\left(\omega^{\prime}\right) \frac{\sin ^{2}\left(\omega^{\prime} \tau / 2\right)}{\omega^{\prime 2}} d \omega^{\prime}\right]
$$

(heterodyne beat signal on spectrum analyzer) (2.125) where we have used Eq. (2.101) for the mean-square phase increment. Note that this spectrum has the same form as the spectrum of the optical signal in Eq. (2.107), except that $\omega_{0}$ is replaced by $\Delta$, and there is a factor of two in the exponent, meaning that the spectral part of the Fourier transform is squared. This means that the spectrum on the analyzer is the actual optical spectrum, but convolved with itself. This broadens the apparent line to a degree that depends on the precise form of the line shape.

We can rewrite the main result here as

$$
S_{\text {analyzer }}(\nu)=\frac{8 \eta_{1} \eta_{2} \eta_{I}^{2} A_{\mathrm{det}}^{2} I_{1} I_{2}}{Z_{\mathrm{in}}} \int_{0}^{\infty} d \tau \cos 2 \pi \delta \nu \tau \cos 2 \pi \nu \tau \exp \left[-\frac{1}{\pi^{3}} \int_{0}^{\infty} S_{\nu}\left(\nu^{\prime}\right) \frac{\sin ^{2}\left(\pi \nu^{\prime} \tau\right)}{\nu^{\prime 2}} d \nu^{\prime}\right]
$$

(heterodyne beat signal on spectrum analyzer) (2.126) in terms of the more experimentally relevant frequency $\nu$. Here, we have rewritten the spectrum of frequency fluctuations as $S_{\omega}(\omega) d \omega=S_{\nu}(\nu) d \nu$, and the frequency difference as $\Delta=2 \pi \delta \nu$. In either case, we may also obtain the normalized forms of the (one-sided) spectra by dividing by $G_{\text {analyzer }}(\tau=0)=2 \eta_{1} \eta_{2} \eta_{I}^{2} A_{\text {det }}^{2} I_{1} I_{2} / Z_{\text {in }}$ (again, after removing dc terms).

### 2.8.2.1 Example: White Noise in Heterodyne Spectroscopy

Returning to the white-noise example in Section 2.7.3.1,

$$
\begin{equation*}
S_{\omega}\left(\omega^{\prime}\right)=\gamma, \tag{2.127}
\end{equation*}
$$

the exponent in Eq. (2.125) is

$$
\begin{equation*}
-\frac{4}{\pi} \int_{0}^{\infty} S_{\omega}\left(\omega^{\prime}\right) \frac{\sin ^{2}\left(\omega^{\prime} \tau / 2\right)}{\omega^{\prime 2}} d \omega^{\prime}=-\frac{4 \gamma}{\pi} \int_{0}^{\infty} d \omega^{\prime} \frac{\sin ^{2}\left(\omega^{\prime} \tau / 2\right)}{\omega^{\prime 2}}=-\gamma|\tau| \tag{2.128}
\end{equation*}
$$

This is the same result as in Section 2.7.3.1, with the replacement $\gamma \longrightarrow \gamma / 2$. Then the normalized form of Eq. (2.125) is

$$
\begin{equation*}
s_{\text {analyzer }}(\omega)=\frac{2}{\pi} \int_{0}^{\infty} d \tau \cos \Delta \tau \cos \omega \tau e^{-\gamma|\tau|} \tag{2.129}
\end{equation*}
$$

carries through to the same result with the same rescaling of $\gamma$, so that

$$
\begin{equation*}
s_{\text {analyzer }}(\omega)=\frac{\gamma / \pi}{\left(\omega-\omega_{0}\right)^{2}+\gamma^{2}}+\frac{\gamma / \pi}{\left(\omega+\omega_{0}\right)^{2}+\gamma^{2}} \tag{2.130}
\end{equation*}
$$

(heterodyne spectrum, white frequency noise)
which is a properly normalized, one-sided Lorentzian spectrum with a full width at half maximum of $2 \gamma$. This is what we expect for a self-convolution of a Lorentzian distribution.

### 2.8.3 Self-Heterodyne Spectroscopy

Heterodyne spectroscopy is conceptually simple, but it may be that two identical copies of a laser are not available. An alternative approach in this case is to beat the output of a laser with a time-delayed and frequency-shifted version of itself. ${ }^{5}$ If the delay is long compared to the coherence time, then this is something like a heterodyne of two independent sources. The setup is shown here; the beam is split by an acousto-optic modulator (AOM), with the zeroth order beam coupling into a fiber for a delay, and the first order being shifted by the AOM frequency $\omega_{\mathrm{m}}$.


The fiber is assumed to cause a well-defined time delay of the undiffracted beam, of around $5 \mu \mathrm{~s}$ for a 1 km fiber. (A fiber delay of the first-order beam just amounts to taking a negative $\tau_{\mathrm{d}}$.) For delays achievable in

[^16]a fiber $(\sim \mathrm{km})$, though, there will in general be some residual level of correlation to deal with, which will be reflected in the spectrum. The combined field at the detector is
\[

$$
\begin{equation*}
E_{\mathrm{det}}^{(+)}(t)=\sqrt{\eta_{1}} E^{(+)}(t)+\sqrt{\eta_{2}} E^{(+)}\left(t-\tau_{\mathrm{d}}\right) \tag{2.131}
\end{equation*}
$$

\]

where $\tau_{\mathrm{d}}$ is the delay due to the fiber (we will ignore the other small delays in the optical system). We will assume the undelayed field to be shifted in frequency by the acousto-optic modulator by an amount $\omega_{\mathrm{m}}$, and the delayed field to be unshifted. Thus, writing out the explicit field phases, we have

$$
\begin{equation*}
E_{\mathrm{det}}^{(+)}(t)=\sqrt{\eta_{1}} E_{0}^{(+)} e^{-i\left(\omega_{0}+\omega_{\mathrm{m}}\right) t-i \phi(t)}+\sqrt{\eta_{2}} E_{0}^{(+)} e^{-i \omega_{0}\left(t-\tau_{\mathrm{d}}\right)-i \phi\left(t-\tau_{\mathrm{d}}\right)} \tag{2.132}
\end{equation*}
$$

Comparing to Eq. (2.119), we see that this problem is equivalent to the heterodyne case, but with the replacements $E_{01,02}^{(+)} \longrightarrow E_{0}^{(+)}, \phi_{1}(t) \longrightarrow \phi(t), \phi_{2}(t) \longrightarrow \phi\left(t-\tau_{\mathrm{d}}\right)-i \omega_{0} \tau_{\mathrm{d}}, \omega_{1} \longrightarrow \omega_{0}+\omega_{\mathrm{m}}$, and $\omega_{2} \longrightarrow \omega_{0}$. Thus, adapting Eq. (2.122) for the correlation signal after the dc block, we have for the present case

$$
\begin{equation*}
G_{\text {analyzer }}(\tau) \propto \frac{\eta_{0}^{2} \eta_{1} \eta_{2} I_{0}^{2}}{4}\left\langle e^{i \omega_{\mathrm{m}} \tau+i[\phi(t+\tau)-\phi(t)]-i\left[\phi\left(t-\tau_{\mathrm{d}}+\tau\right)-\phi\left(t-\tau_{\mathrm{d}}\right)\right]}+\text { c.c. }\right\rangle \tag{2.133}
\end{equation*}
$$

Again using Eq. (2.123), we have

$$
\begin{equation*}
G_{\text {analyzer }}(\tau) \propto \frac{\eta_{0}^{2} \eta_{1} \eta_{2} I_{0}^{2}}{4}\left(e^{i \omega_{\mathrm{m}} \tau} e^{-\left\langle\left\{[\phi(t+\tau)-\phi(t)]-\left[\phi\left(t-\tau_{\mathrm{d}}+\tau\right)-\phi\left(t-\tau_{\mathrm{d}}\right)\right]\right\}^{2}\right\rangle / 2}+\text { c.c. }\right) \tag{2.134}
\end{equation*}
$$

The phase expectation value can then be transformed (Problem 2.6) so that

$$
\begin{align*}
G_{\text {analyzer }}(\tau) & \propto \frac{\eta_{0}^{2} \eta_{1} \eta_{2} I_{0}^{2}}{4}\left(e^{i \omega_{\mathrm{m}} \tau} e^{-\left\langle[\Delta \phi(\tau)]^{2}\right\rangle-\left\langle\left[\Delta \phi\left(\tau_{\mathrm{d}}\right)\right]^{2}\right\rangle+\left\langle\left[\Delta \phi\left(\tau+\tau_{\mathrm{d}}\right)\right]^{2}\right\rangle / 2+\left\langle\left[\Delta \phi\left(\tau-\tau_{\mathrm{d}}\right)\right]^{2}\right\rangle / 2}+\text { c.c. }\right) \\
& =\frac{\eta_{0}^{2} \eta_{1} \eta_{2} I_{0}^{2}}{2} \cos \omega_{\mathrm{m}} \tau e^{-\left\langle[\Delta \phi(\tau)]^{2}\right\rangle-\left\langle\left[\Delta \phi\left(\tau_{\mathrm{d}}\right)\right]^{2}\right\rangle+\left\langle\left[\Delta \phi\left(\tau+\tau_{\mathrm{d}}\right)\right]^{2}\right\rangle / 2+\left\langle\left[\Delta \phi\left(\tau-\tau_{\mathrm{d}}\right)\right]^{2}\right\rangle / 2} \tag{2.135}
\end{align*}
$$

Using Eq. (2.101), we then find (see Problem 2.7)

$$
\begin{equation*}
G_{\text {analyzer }}(\tau) \propto \frac{\eta_{0}^{2} \eta_{1} \eta_{2} I_{0}^{2}}{2} \cos \omega_{\mathrm{m}} \tau \exp \left[-\frac{8}{\pi} \int_{0}^{\infty} S_{\omega}\left(\omega^{\prime}\right) \frac{\sin ^{2}\left(\omega^{\prime} \tau / 2\right) \sin ^{2}\left(\omega^{\prime} \tau_{\mathrm{d}} / 2\right)}{\omega^{\prime 2}} d \omega^{\prime}\right] \tag{2.136}
\end{equation*}
$$

Thus, the spectrum (2.116) is

$$
S_{\text {analyzer }}(\omega)=\frac{4 \eta_{1} \eta_{2} \eta_{I}^{2} A_{\text {det }}^{2} I_{0}^{2}}{\pi Z_{\text {in }}} \int_{0}^{\infty} d \tau \cos \omega_{\mathrm{m}} \tau \cos \omega \tau \exp \left[-\frac{8}{\pi} \int_{0}^{\infty} S_{\omega}\left(\omega^{\prime}\right) \frac{\sin ^{2}\left(\omega^{\prime} \tau / 2\right) \sin ^{2}\left(\omega^{\prime} \tau_{\mathrm{d}} / 2\right)}{\omega^{\prime 2}} d \omega^{\prime}\right]
$$

(self-heterodyne beat signal on spectrum analyzer) (2.137) which is essentially the same as the heterodyne signal (2.125), if we identify $\omega_{\mathrm{m}}=\Delta$ and note the extra factor of $2 \sin ^{2}\left(\omega \tau_{\mathrm{d}} / 2\right)$ in the integrand, due to the extra coherence in beating the signal with a time-delayed version of itself. Note that this factor reduces to unity if it is replaced by its average value, which we expect if this coherence is lost. For example, in the limit of large $\tau_{\mathrm{d}}$, this factor is a rapidly oscillating function of $\omega$. So long as the oscillations are rapid on the scale of the structure of the spectrum and of the relevant values of $\tau$ (i.e., $\tau_{\mathrm{d}}$ is much larger than the coherence time of the signal), it is a good approximation to replace this factor by unity, so that this expression collapses to the pure heterodyne result. Finally, we can again write the main result as

$$
S_{\mathrm{analyzer}}(\nu)=\frac{8 \eta_{1} \eta_{2} \eta_{I}^{2} A_{\mathrm{det}}^{2} I_{0}^{2}}{Z_{\mathrm{in}}} \int_{0}^{\infty} d \tau \cos 2 \pi \nu_{\mathrm{m}} \tau \cos 2 \pi \nu \tau \exp \left[-\frac{2}{\pi^{3}} \int_{0}^{\infty} S_{\nu}\left(\nu^{\prime}\right) \frac{\sin ^{2}\left(\pi \nu^{\prime} \tau\right) \sin ^{2}\left(\pi \nu^{\prime} \tau_{\mathrm{d}}\right)}{\nu^{\prime 2}} d \nu^{\prime}\right]
$$

(self-heterodyne beat signal on spectrum analyzer) (2.138)
in terms of the more experimentally relevant frequency $\nu=\omega / 2 \pi$.

### 2.8.3.1 Example: White Noise in Self-Heterodyne Spectroscopy

Returning once again to the white-noise example in Section 2.7.3.1,

$$
\begin{equation*}
S_{\omega}\left(\omega^{\prime}\right)=\gamma, \tag{2.139}
\end{equation*}
$$

the exponent in Eq. (2.137) is

$$
\begin{align*}
-\frac{8}{\pi} \int_{0}^{\infty} S_{\omega}\left(\omega^{\prime}\right) \frac{\sin ^{2}\left(\omega^{\prime} \tau / 2\right) \sin ^{2}\left(\omega^{\prime} \tau_{\mathrm{d}} / 2\right)}{\omega^{\prime 2}} d \omega^{\prime} & =-\frac{8 \gamma}{\pi} \int_{0}^{\infty} d \omega^{\prime} \frac{\sin ^{2}\left(\omega^{\prime} \tau / 2\right) \sin ^{2}\left(\omega^{\prime} \tau_{\mathrm{d}} / 2\right)}{\omega^{\prime 2}} \\
& =-\gamma\left(|\tau|+\left|\tau_{\mathrm{d}}\right|-\frac{\left|\tau-\tau_{\mathrm{d}}\right|}{2}-\frac{\left|\tau+\tau_{\mathrm{d}}\right|}{2}\right) . \tag{2.140}
\end{align*}
$$

which follows most easily by comparing Eq. (2.135) with Eq. (2.124), noting that we adapt the result simply by making several time-offset copies of the heterodyne-exponent result. Then the normalized form of Eq. (2.137) is

$$
\begin{equation*}
s_{\text {analyzer }}(\omega)=\frac{2}{\pi} \int_{0}^{\infty} d \tau \cos \omega_{\mathrm{m}} \tau \cos \omega \tau \exp \left[-\gamma\left(|\tau|+\left|\tau_{\mathrm{d}}\right|-\frac{\left|\tau-\tau_{\mathrm{d}}\right|}{2}-\frac{\left|\tau+\tau_{\mathrm{d}}\right|}{2}\right)\right] . \tag{2.141}
\end{equation*}
$$

Now since $\tau \geq 0$ and the exponent is an even function of $\tau_{\mathrm{d}}$, we can write

$$
\tau+\left|\tau_{\mathrm{d}}\right|-\frac{\left|\tau-\tau_{\mathrm{d}}\right|}{2}-\frac{\left|\tau+\tau_{\mathrm{d}}\right|}{2}= \begin{cases}\tau+\left|\tau_{\mathrm{d}}\right|-\left(\left|\tau_{\mathrm{d}}\right|-\tau\right) / 2-\left(\tau+\left|\tau_{\mathrm{d}}\right|\right) / 2=\tau & \left(\tau<\left|\tau_{\mathrm{d}}\right|\right)  \tag{2.142}\\ \tau+\left|\tau_{\mathrm{d}}\right|-\left(\tau-\left|\tau_{\mathrm{d}}\right|\right) / 2-\left(\tau+\left|\tau_{\mathrm{d}}\right|\right) / 2=\left|\tau_{\mathrm{d}}\right| & \left(\tau>\left|\tau_{\mathrm{d}}\right|\right)\end{cases}
$$

Thus,

$$
\begin{align*}
& s_{\text {analyzer }}(\omega)= \frac{2}{\pi} \int_{0}^{\left|\tau_{\mathrm{d}}\right|} d \tau \cos \omega_{\mathrm{m}} \tau \cos \omega \tau e^{-\gamma \tau}+\frac{2}{\pi} e^{-\gamma\left|\tau_{\mathrm{d}}\right|} \int_{\left|\tau_{\mathrm{d}}\right|}^{\infty} d \tau \cos \omega_{\mathrm{m}} \tau \cos \omega \tau \\
&= \frac{2}{\pi} \int_{0}^{\left|\tau_{\mathrm{d}}\right|} d \tau \cos \omega_{\mathrm{m}} \tau \cos \omega \tau\left(e^{-\gamma \tau}-e^{-\gamma\left|\tau_{\mathrm{d}}\right|}\right)+\frac{2}{\pi} e^{-\gamma\left|\tau_{\mathrm{d}}\right|} \int_{0}^{\infty} d \tau \cos \omega_{\mathrm{m}} \tau \cos \omega \tau \\
&= \frac{1}{\pi} \int_{0}^{\tau_{\mathrm{d}}} d \tau\left[\cos \left(\omega-\omega_{\mathrm{m}}\right) \tau+\cos \left(\omega+\omega_{\mathrm{m}}\right) \tau\right]\left(e^{-\gamma \tau}-e^{-\gamma\left|\tau_{\mathrm{d}}\right|}\right)  \tag{2.143}\\
& \quad \quad+\frac{1}{\pi} e^{-\gamma\left|\tau_{\mathrm{d}}\right|} \int_{0}^{\infty} d \tau\left[\cos \left(\omega-\omega_{\mathrm{m}}\right) \tau+\cos \left(\omega+\omega_{\mathrm{m}}\right) \tau\right] \\
&= \frac{1}{\pi} \int_{0}^{\tau_{\mathrm{d}}} d \tau \cos \left(\omega-\omega_{\mathrm{m}}\right) \tau\left(e^{-\gamma \tau}-e^{-\gamma\left|\tau_{\mathrm{d}}\right|}\right)+\frac{1}{\pi} e^{-\gamma\left|\tau_{\mathrm{d}}\right|} \int_{0}^{\infty} d \tau \cos \left(\omega-\omega_{\mathrm{m}}\right) \tau \\
& \quad+\left(\omega_{\mathrm{m}} \longrightarrow-\omega_{\mathrm{m}}\right) .
\end{align*}
$$

Then using the integral representation of the delta function for the second integral and evaluating the first integral,

$$
\begin{align*}
& s_{\text {analyzer }}(\omega)=\left[\frac{1}{2 \pi} \int_{0}^{\left|\tau_{\mathrm{d}}\right|} d \tau\left(e^{i\left(\omega-\omega_{\mathrm{m}}\right) \tau-\gamma \tau}-e^{i\left(\omega-\omega_{\mathrm{m}}\right) \tau-\gamma\left|\tau_{\mathrm{d}}\right|}\right)+\text { c.c. }\right] \\
& +e^{-\gamma\left|\tau_{\mathrm{d}}\right|} \delta\left(\omega-\omega_{\mathrm{m}}\right)+\left(\omega_{\mathrm{m}} \longrightarrow-\omega_{\mathrm{m}}\right) \\
& =\frac{1}{2 \pi}\left[\frac{e^{i\left(\omega-\omega_{\mathrm{m}}\right)\left|\tau_{\mathrm{d}}\right|-\gamma\left|\tau_{\mathrm{d}}\right|}-1}{i\left(\omega-\omega_{\mathrm{m}}\right)-\gamma}-\frac{\left(e^{i\left(\omega-\omega_{\mathrm{m}}\right)\left|\tau_{\mathrm{d}}\right|}-1\right) e^{-\gamma\left|\tau_{\mathrm{d}}\right|}}{i\left(\omega-\omega_{\mathrm{m}}\right)}+\text { c.c. }\right] \\
& +e^{-\gamma\left|\tau_{\mathrm{d}}\right|} \delta\left(\omega-\omega_{\mathrm{m}}\right)+\left(\omega_{\mathrm{m}} \longrightarrow-\omega_{\mathrm{m}}\right) \\
& =\frac{\gamma / \pi}{\left(\omega-\omega_{\mathrm{m}}\right)^{2}+\gamma^{2}}+\frac{1}{2 \pi}\left[\frac{e^{i\left(\omega-\omega_{\mathrm{m}}\right)\left|\tau_{\mathrm{d}}\right|-\gamma\left|\tau_{\mathrm{d}}\right|}}{i\left(\omega-\omega_{\mathrm{m}}\right)-\gamma}-\frac{e^{i\left(\omega-\omega_{\mathrm{m}}\right)\left|\tau_{\mathrm{d}}\right|-\gamma\left|\tau_{\mathrm{d}}\right|}}{i\left(\omega-\omega_{\mathrm{m}}\right)}+\text { c.c. }\right] \\
& +e^{-\gamma\left|\tau_{\mathrm{d}}\right|} \delta\left(\omega-\omega_{\mathrm{m}}\right)+\left(\omega_{\mathrm{m}} \longrightarrow-\omega_{\mathrm{m}}\right)  \tag{2.144}\\
& =\frac{\gamma / \pi}{\left(\omega-\omega_{\mathrm{m}}\right)^{2}+\gamma^{2}}+\frac{e^{-\gamma\left|\tau_{\mathrm{d}}\right|}}{2 \pi}\left[\frac{e^{i\left(\omega-\omega_{\mathrm{m}}\right)\left|\tau_{\mathrm{d}}\right|}}{i\left(\omega-\omega_{\mathrm{m}}\right)-\gamma}+\text { c.c. }\right]-\frac{e^{-\gamma\left|\tau_{\mathrm{d}}\right|} \sin \left[\left(\omega-\omega_{\mathrm{m}}\right)\left|\tau_{\mathrm{d}}\right|\right]}{\pi\left(\omega-\omega_{\mathrm{m}}\right)} \\
& +e^{-\gamma\left|\tau_{\mathrm{d}}\right|} \delta\left(\omega-\omega_{\mathrm{m}}\right)+\left(\omega_{\mathrm{m}} \longrightarrow-\omega_{\mathrm{m}}\right) \\
& =\frac{\gamma / \pi}{\left(\omega-\omega_{\mathrm{m}}\right)^{2}+\gamma^{2}}\left[1-e^{-\gamma\left|\tau_{\mathrm{d}}\right|}\left(\cos \left[\left(\omega-\omega_{\mathrm{m}}\right)\left|\tau_{\mathrm{d}}\right|\right]-\frac{\left(\omega-\omega_{\mathrm{m}}\right)}{\gamma} \sin \left[\left(\omega-\omega_{\mathrm{m}}\right)\left|\tau_{\mathrm{d}}\right|\right]\right)\right] \\
& -\frac{e^{-\gamma\left|\tau_{\mathrm{d}}\right|} \sin \left[\left(\omega-\omega_{\mathrm{m}}\right)\left|\tau_{\mathrm{d}}\right|\right]}{\pi\left(\omega-\omega_{\mathrm{m}}\right)}+e^{-\gamma\left|\tau_{\mathrm{d}}\right|} \delta\left(\omega-\omega_{\mathrm{m}}\right) \\
& +\left(\omega_{\mathrm{m}} \longrightarrow-\omega_{\mathrm{m}}\right),
\end{align*}
$$

and so

$$
\left.\begin{array}{rl}
s_{\text {analyzer }}(\omega)=\frac{\gamma / \pi}{\left(\omega-\omega_{\mathrm{m}}\right)^{2}}+ & \gamma^{2}
\end{array}\left[1-e^{-\gamma\left|\tau_{\mathrm{d}}\right|}\left(\cos \left[\left(\omega-\omega_{\mathrm{m}}\right)\left|\tau_{\mathrm{d}}\right|\right]+\frac{\gamma}{\left(\omega-\omega_{\mathrm{m}}\right)} \sin \left[\left(\omega-\omega_{\mathrm{m}}\right)\left|\tau_{\mathrm{d}}\right|\right]\right)\right]\right] \text { }+e^{-\gamma\left|\tau_{\mathrm{d}}\right|} \delta\left(\omega-\omega_{\mathrm{m}}\right) .
$$

(self-heterodyne spectrum, white frequency noise)
The first term here is a modified Lorentzian spectrum, where oscillations in frequency are superimposed on the Lorentzian envelope. These oscillations become finer and smaller with increasing $\left|\tau_{\mathrm{d}}\right|$, and vanish in the limit $\left|\tau_{\mathrm{d}}\right| \longrightarrow \infty$, when we recover the heterodyne result (Lorentzian with a full width at half maximum of $2 \gamma$ ). The other terms likewise vanish in this limit. The delta-function term is the most obvious result of residual correlations between the optical signal and its time-delayed copy. Recalling that the correlation goes away exponentially with the delay, this is equivalent to an ensemble of optical signals that are exactly monochromatic and phase coherent, except for a phase jump at a time $\tau$ to a completely random phase, where $\tau$ is a random time with exponential probability distribution. Then the light tends to correlate perfectly at short time delays, and not at all for long ones; the exponential function here is just what we expect in the ensemble average, so the correlation decays away exponentially on the time scale of the coherence time.

The spectrum is plotted below for several coherence times, including the heterodyne $\left(\tau_{\mathrm{d}} \longrightarrow \infty\right)$ Lorentzian limit. The oscillations in the tails are only slightly visible, but what is clearly evident is a strong impact on the apparent width of the line.


On a logarithmic vertical scale, the effects near the line center are mitigated, but the oscillations in the tails are more apparent.


Both plots were made under the assumption of a narrow line, $\gamma \gg \omega_{\mathrm{m}}$, so that we can ignore the contribution of the component centered at $-\omega_{\mathrm{m}}$ ( $\gamma$ should also implicitly be small compared to the optical frequency).

### 2.8.3.2 Calculation of General Self-Heterodyne Spectra

In both the heterodyne and self-heterodyne setups, the Fourier-tranform integral to obtain the measured spectrum cannot be done analytically for arbitrary frequency-noise spectra, and thus they must be carried out numerically. For narrow spectral (laser) lines, the width of the line is much smaller than the optical frequency, and thus we can ignore any counterrotating terms in the spectrum (that is, any terms in the self-heterodyne spectrum centered about $-\omega_{\mathrm{m}}$ ). For example, we can then rewrite the (normalized) selfheterodyne spectrum (2.137) as

$$
\begin{align*}
s_{\text {analyzer }}(\omega) & =\frac{1}{\pi} \int_{0}^{\infty} d \tau \cos \left[\left(\omega-\omega_{\mathrm{m}}\right) \tau\right] \exp \left[-\frac{8}{\pi} \int_{0}^{\infty} S_{\omega}\left(\omega^{\prime}\right) \frac{\sin ^{2}\left(\omega^{\prime} \tau / 2\right) \sin ^{2}\left(\omega^{\prime} \tau_{\mathrm{d}} / 2\right)}{\omega^{\prime 2}} d \omega^{\prime}\right]  \tag{2.146}\\
& =\frac{1}{2 \pi} \int_{-\infty}^{\infty} d \tau e^{i \Delta \tau} \exp \left[-\frac{8}{\pi} \int_{0}^{\infty} S_{\omega}\left(\omega^{\prime}\right) \frac{\sin ^{2}\left(\omega^{\prime} \tau / 2\right) \sin ^{2}\left(\omega^{\prime} \tau_{\mathrm{d}} / 2\right)}{\omega^{\prime 2}} d \omega^{\prime}\right]
\end{align*}
$$

where $\Delta:=\omega-\omega_{\mathrm{m}}$. In general, the mean-square phase integral in the exponent must be computed (analytically, in the ideal case), and then the resulting exponential function must be transformed in the remaining integral, which is just a Fourier transform, giving a centered spectrum about $\omega=\omega_{\mathrm{m}}$.

### 2.8.3.3 Self-Heterodyne Spectrum of $1 / \mathrm{f}$ Noise

As an example, consider a frequency-noise spectrum consisting of white-noise and $1 / f$-noise components:

$$
\begin{equation*}
S_{\omega}(\omega)=\gamma+\frac{k}{\omega} \tag{2.147}
\end{equation*}
$$

(model for semiconductor-laser frequency noise)
This spectrum can accurately model phase noise in semiconductor lasers, for example. ${ }^{6}$ Let's start by calculating the mean-square phase increment, from Eq. (2.101):

$$
\begin{align*}
\left\langle[\Delta \phi(\tau)]^{2}\right\rangle & =\frac{4}{\pi} \int_{0}^{\infty} S_{\omega}(\omega) \frac{\sin ^{2}(\omega \tau / 2)}{\omega^{2}} d \omega  \tag{2.148}\\
& =\frac{4}{\pi} \int_{0}^{\infty}\left(\gamma+\frac{k}{\omega}\right) \frac{\sin ^{2}(\omega \tau / 2)}{\omega^{2}} d \omega
\end{align*}
$$

We have already seen [Eq. (2.109)] that the white-noise part leads to $\gamma|\tau|$. Now we still need to evaluate the 1/f part, however:

$$
\begin{equation*}
\left\langle[\Delta \phi(\tau)]^{2}\right\rangle=\gamma|\tau|+\frac{4 k}{\pi} \int_{0}^{\infty} d \omega \frac{\sin ^{2}(\omega \tau / 2)}{\omega^{3}} \tag{2.149}
\end{equation*}
$$

Unfortunately, though, this integral has a $1 / \omega$ divergence at $\omega=0$. This essentially means we have nonGaussian statistics, and our assumption of Gaussian noise has broken down. Nevertheless, we will proceed with the self-homodyne spectrum, which involves an extra factor of $\sin ^{2}\left(\omega \tau_{\mathrm{d}} / 2\right)$ and thus has no divergence. Recall from Eq. (2.135) that the presence of this extra factor is equivalent to considering the combination

$$
\begin{equation*}
\left\langle[\Delta \phi(\tau)]^{2}\right\rangle+\left\langle\left[\Delta \phi\left(\tau_{\mathrm{d}}\right)\right]^{2}\right\rangle-\frac{\left\langle\left[\Delta \phi\left(\tau+\tau_{\mathrm{d}}\right)\right]^{2}\right\rangle}{2}-\frac{\left\langle\left[\Delta \phi\left(\tau-\tau_{\mathrm{d}}\right)\right]^{2}\right\rangle}{2} \tag{2.150}
\end{equation*}
$$

Note in particular that the delta function we saw in the Lorentzian spectrum is a general feature of selfheterodyne spectra: as $\tau \longrightarrow \infty$, this combination tends to reduce to $\left\langle\left[\Delta \phi\left(\tau_{\mathrm{d}}\right)\right]^{2}\right\rangle$, which is a constant offset that yields a delta function at $\omega=\omega_{\mathrm{m}}$ in the Fourier transform.

In the self-heterodyne case, the integral in the exponential can be carried out, with the result

$$
\begin{align*}
\frac{8}{\pi} \int_{0}^{\infty} S_{\omega}\left(\omega^{\prime}\right) & \frac{\sin ^{2}\left(\omega^{\prime} \tau / 2\right) \sin ^{2}\left(\omega^{\prime} \tau_{\mathrm{d}} / 2\right)}{\omega^{\prime 2}} d \omega^{\prime} \\
= & \gamma\left(|\tau|+\left|\tau_{\mathrm{d}}\right|-\frac{\left|\tau-\tau_{\mathrm{d}}\right|}{2}-\frac{\left|\tau+\tau_{\mathrm{d}}\right|}{2}\right)  \tag{2.151}\\
& -\frac{k}{4 \pi}\left[2 \tau^{2} \log \tau^{2}+2 \tau_{\mathrm{d}}^{2} \log \tau_{\mathrm{d}}^{2}-\left(\tau+\tau_{\mathrm{d}}\right)^{2} \log \left(\tau+\tau_{\mathrm{d}}\right)^{2}-\left(\tau-\tau_{\mathrm{d}}\right)^{2} \log \left(\tau-\tau_{\mathrm{d}}\right)^{2}\right]
\end{align*}
$$

[^17]Here, we have used

$$
\begin{align*}
\int_{x}^{\infty} d \omega \frac{\sin ^{2}(\omega \tau / 2)}{\omega^{3}} & =\frac{1}{2} \int_{x}^{\infty} d \omega \frac{1-\cos \omega \tau}{\omega^{3}} \\
& =\frac{1}{4 x^{2}}-\frac{\tau^{2}}{2} \int_{x \tau}^{\infty} d \omega \frac{\cos \omega}{\omega^{3}} \\
& =\frac{1}{4 x^{2}}-\frac{\cos x \tau}{4 x^{2}}+\frac{\tau^{2}}{2} \int_{x \tau}^{\infty} d \omega \frac{\sin \omega}{\omega^{2}}  \tag{2.152}\\
& =\frac{1}{4 x^{2}}-\frac{\cos x \tau}{4 x^{2}}+\frac{\tau \sin x \tau}{4 x}+\frac{\tau^{2}}{4} \int_{x \tau}^{\infty} d \omega \frac{\cos \omega}{\omega} \\
& =\frac{1}{4 x^{2}}-\frac{\cos x \tau}{4 x^{2}}+\frac{\tau \sin x \tau}{4 x}-\frac{\tau^{2}}{4} \operatorname{Ci}(x \tau) \\
& =c \tau^{2}-\frac{\tau^{2}}{4} \log x \tau+O\left(x^{2}\right)
\end{align*}
$$

where $\mathrm{Ci}(x)$ is the cosine integral [see Eq. (13.27)], and $c$ is a constant whose value is unimportant. In the combination of terms we have in (2.150), both the $c$ terms and the $x$-dependence of the logarithms cancel, avoiding any dc divergences. Putting the exponent (2.151) into Eq. (2.146), we have

$$
s_{\text {analyzer }}(\omega)=\frac{1}{2 \pi} \int_{-\infty}^{\infty} d \tau e^{i \Delta \tau} e^{-\gamma \min \left\{|\tau|,\left|\tau_{\mathrm{d}}\right|\right\}}|\tau|^{k \tau^{2} / \pi}\left|\tau_{\mathrm{d}}\right|^{k \tau_{\mathrm{d}}^{2} / \pi}\left|\tau+\tau_{\mathrm{d}}\right|^{-k\left(\tau+\tau_{\mathrm{d}}\right)^{2} / 2 \pi}\left|\tau-\tau_{\mathrm{d}}\right|^{-k\left(\tau-\tau_{\mathrm{d}}\right)^{2} / 2 \pi} .
$$

(self heterodyne signal for white and $1 / f$ noise) (2.153)
This is a Fourier transform, which is straightforward to calculate numerically. Note again that as $\tau \longrightarrow \infty$, the correlation function becomes the constant value $e^{-\gamma \tau_{d}}\left|\tau_{\mathrm{d}}\right|{ }^{k \tau_{\mathrm{d}}^{2} / \pi}$. It may be convenient to subtract this away before the Fourier transform to avoid dealing with the delta function in the spectrum. But note that this amplitude diverges with $\tau_{d}$-the heterodyne limit is problematic, as we have already discussed. Physically, the $1 / f$ spectrum must be cut off at low frequencies, as we will discuss in the next section. An alternative strategy for handling the delta function is to include an explicit cutoff of the tail of the integrand:
$s_{\text {analyzer }}(\omega)$

$$
=\frac{1}{2 \pi} \int_{-\infty}^{\infty} d \tau e^{i \Delta \tau} e^{-\gamma \min \left\{|\tau|,\left|\tau_{\mathrm{d}}\right|\right\}-\delta \omega_{\mathrm{RB}} \tau / 2}|\tau|^{k \tau^{2} / \pi}\left|\tau_{\mathrm{d}}\right|^{k \tau_{\mathrm{d}}^{2} / \pi}\left|\tau+\tau_{\mathrm{d}}\right|^{-k\left(\tau+\tau_{\mathrm{d}}\right)^{2} / 2 \pi}\left|\tau-\tau_{\mathrm{d}}\right|^{-k\left(\tau-\tau_{\mathrm{d}}\right)^{2} / 2 \pi}
$$

(self heterodyne signal for white and $1 / f$ noise, with Lorentzian resolution bandwidth) (2.154) Here, $\delta \omega_{\mathrm{RB}}$ is the resolution bandwidth (full width at half maximum) of the spectrum analyzer, assuming a Lorentzian bandpass filter. For a Gaussian filter shape to model the resolution bandwidth, we instead have

$$
\begin{align*}
& s_{\text {analyzer }}(\omega) \\
& =\frac{1}{2 \pi} \int_{-\infty}^{\infty} d \tau e^{i \Delta \tau} e^{-\gamma \min \left\{|\tau|,\left|\tau_{\mathrm{d}}\right|\right\}-\left(\delta \omega_{\mathrm{RB}} \tau\right)^{2} / 16 \log 2}|\tau|^{k \tau^{2} / \pi}\left|\tau_{\mathrm{d}}\right|^{k \tau_{\mathrm{d}}^{2} / \pi}\left|\tau+\tau_{\mathrm{d}}\right|^{-k\left(\tau+\tau_{\mathrm{d}}\right)^{2} / 2 \pi}\left|\tau-\tau_{\mathrm{d}}\right|^{-k\left(\tau-\tau_{\mathrm{d}}\right)^{2} / 2 \pi} \tag{2.155}
\end{align*}
$$

(self heterodyne signal for white and $1 / f$ noise, with Gaussian resolution bandwidth) where now $\delta \omega_{\mathrm{Rb}}$ is the Gaussian resolution bandwidth (full width at half maximum). In the frequency domain, these cutoffs convolve the spectrum with a Lorentzian or Gaussian, respectively, of width $\delta \omega_{\mathrm{RB}}$, eliminating the delta function and most closely emulating the results of a physical measurement.

### 2.8.3.4 Observation Time and Linewidth of $1 / f$ Noise

For $1 / f$ noise, we have seen that the self-heterodyne spectrum can be calculated, but there is a divergence in the heterodyne limit. In fact, the width of the self-heterodyne line increases with the delay time $\tau_{\mathrm{d}}$. Effectively, this is the time over which the self-heterodyne apparatus monitors the frequency fluctuations of the laser, and this is why the $1 / f$ divergence is cut off in the self-heterodyne spectrum (2.137), where there is an extra factor of $\sin ^{2}\left(\omega^{\prime} \tau_{\mathrm{d}} / 2\right)$ in the exponent, compared with the heterodyne spectrum (2.125). The point
is that over any finite observation time $T_{\text {obs }}$, the lowest (problematic) frequencies in the $1 / f$ spectrum cannot contribute; roughly speaking, only frequencies above the cutoff frequency $\omega_{\mathrm{c}}=2 \pi / T_{\text {obs }}$ can contribute to the observed line width.

To understand the problem more specifically here, consider again the case of white frequency noise,

$$
\begin{equation*}
S_{\omega}(\omega)=\gamma \tag{2.156}
\end{equation*}
$$

Recall that this noise causes the frequency of the laser to fluctuate about its center value $\omega_{0}$ with a Lorentzian distribution. But recall that the spectrum of phase fluctuations diverges at zero frequency,

$$
\begin{equation*}
S_{\phi}(\omega)=\frac{\gamma}{\omega^{2}} \tag{2.157}
\end{equation*}
$$

The phase, being the integral of the frequency, diffuses in a random walk, and does not remain near a particular phase, and is thus not a stationary noise process. The arbitrarily large dc noise essentially means that the time-averaged phase is not a well-defined quantity. In the same way, for $1 / f$ noise, the divergence indicates that the time-averaged frequency is not a well-defined quantity: the center frequency itself can wander, and it wanders farther the longer it is observed. Physically, this is the case for lasers whose frequencies can drift over long times due to pressure and temperature fluctuations, relaxing material stresses, and mechanical vibration and creep. Thus, it may not be surprising that the spectral linewidth of a laser depends on the time scale over which it is observed, and we are seeing that this is the case when there is a $1 / f$ component to the frequency-noise spectrum.

To account for the time of observation, ${ }^{7}$ we must revise the calculation of Section 2.7 .2 of the variance of the phase fluctuations. There, we computed the mean-square phase fluctuation $\left\langle[\Delta \phi(\tau)]^{2}\right\rangle$, with the measurement (time average) taken over all times (this is equivalent to the variance since $\langle\Delta \phi(\tau)\rangle=0$ ). Here, we will take the angle brackets to denote a time average taken over a finite time $T$. We will also now explicitly compute the variance, since $\langle\Delta \phi(\tau)\rangle$ is not necessarily zero when the average is taken over a finite time interval:

$$
\begin{align*}
\operatorname{Var}[\Delta \phi(\tau)]_{t} & =\left\langle[\Delta \phi(t, t+\tau)]^{2}\right\rangle_{T}-\langle\Delta \phi(t, t+\tau)\rangle_{T}^{2} \\
& =\frac{1}{T} \int_{-T / 2}^{T / 2} d t[\Delta \phi(t, t+\tau)]^{2}-\left(\frac{1}{T} \int_{-T / 2}^{T / 2} d t \Delta \phi(t, t+\tau)\right)^{2} \tag{2.158}
\end{align*}
$$

Here, we are using the more general notation $\Delta \phi(t, t+\tau):=\phi(t+\tau)-\phi(t)$ for the phase increment, and the subscript $t$ indicates that the time-averaging interval (measurement interval) is centered around time $t$. The subscript $T$ on the angle brackets denote the finite-time average, which we will write out explicitly below (the absence of this subscript still denotes the limit $T \longrightarrow \infty$ ). However, this finite-time average should be averaged over all time (or equivalently, averaged over the ensemble of all possible noise realizations), to obtain the finite-time statistical variance:

$$
\begin{align*}
\operatorname{Var}[\Delta \phi(\tau)] & =\frac{1}{T}\left\langle\int_{t-T / 2}^{t+T / 2} d t^{\prime}\left[\Delta \phi\left(t^{\prime}, t^{\prime}+\tau\right)\right]^{2}\right\rangle-\frac{1}{T^{2}}\left\langle\left(\int_{t-T / 2}^{t+T / 2} d t^{\prime} \Delta \phi\left(t^{\prime}, t^{\prime}+\tau\right)\right)^{2}\right\rangle \\
& =\frac{1}{T} \int_{t-T / 2}^{t+T / 2} d t^{\prime}\left\langle[\Delta \phi(t, t+\tau)]^{2}\right\rangle-\frac{1}{T^{2}}\left\langle\int_{t-T / 2}^{t+T / 2} d t^{\prime} \int_{t-T / 2}^{t+T / 2} d t^{\prime \prime} \Delta \phi\left(t^{\prime}, t^{\prime}+\tau\right) \Delta \phi\left(t^{\prime \prime}, t^{\prime \prime}+\tau\right)\right\rangle \\
& =\left\langle[\Delta \phi(\tau)]^{2}\right\rangle-\frac{1}{T^{2}}\left\langle\int_{-\infty}^{\infty} d t^{\prime} \int_{-\infty}^{\infty} d t^{\prime \prime} f_{T}\left(t^{\prime}-t\right) \Delta \phi\left(t^{\prime}, t^{\prime}+\tau\right) \Delta \phi\left(t^{\prime \prime}, t^{\prime \prime}+\tau\right) f_{T}\left(t^{\prime \prime}-t\right)\right\rangle \tag{2.159}
\end{align*}
$$

Here, we have defined $f_{T}(t)$ to be the unit-pulse function of duration $T$ (i.e., $f_{T}(t)=1$ for $t$ between $-T / 2$ and $T / 2$, and $f_{T}(t)=0$ otherwise). Thus, $f_{T}(t) / T$ is a unit-area pulse function. Computing the Fourier

[^18]transform of this pulse function, we find
\[

$$
\begin{align*}
\int_{-\infty}^{\infty} d t^{\prime} \frac{f_{T}\left(t^{\prime}-t\right)}{T} e^{i \omega t^{\prime}} & =\frac{1}{T} \int_{t-T / 2}^{t+T / 2} d t^{\prime} e^{i \omega t^{\prime}} \\
& =\frac{1}{i \omega T}\left(e^{i \omega(t+T / 2)}-e^{i \omega(t-T / 2)}\right)  \tag{2.160}\\
& =\frac{e^{i \omega t} \sin (\omega T / 2)}{\omega T / 2}=e^{i \omega t} \operatorname{sinc}(\omega T / 2)
\end{align*}
$$
\]

where $\operatorname{sinc} x:=(\sin x) / x$. Then inverting the Fourier transform, we find

$$
\begin{equation*}
\frac{f_{T}\left(t^{\prime}-t\right)}{T}=\frac{1}{2 \pi} \int_{-\infty}^{\infty} d \omega e^{-i \omega\left(t^{\prime}-t\right)} \operatorname{sinc}(\omega T / 2) \tag{2.161}
\end{equation*}
$$

Then we can use this result twice in Eq. (2.159):

$$
\begin{align*}
& \operatorname{Var}[\Delta \phi(\tau)]=\left\langle[\Delta \phi(\tau)]^{2}\right\rangle-\frac{1}{(2 \pi)^{2}}\left\langle\int_{-\infty}^{\infty} d \omega\right. \\
& \int_{-\infty}^{\infty} d \omega^{\prime} \int_{-\infty}^{\infty} d t^{\prime} \int_{-\infty}^{\infty} d t^{\prime \prime} \Delta \phi\left(t^{\prime}, t^{\prime}+\tau\right) \Delta \phi\left(t^{\prime \prime}, t^{\prime \prime}+\tau\right) \\
&\left.\times e^{-i \omega\left(t^{\prime}-t\right)} \operatorname{sinc}(\omega T / 2) e^{-i \omega^{\prime}\left(t^{\prime \prime}-t\right)} \operatorname{sinc}\left(\omega^{\prime} T / 2\right)\right\rangle \\
&=\left\langle[\Delta \phi(\tau)]^{2}\right\rangle-\frac{1}{(2 \pi)^{2}} \lim _{T^{\prime} \rightarrow \infty} \frac{1}{T^{\prime}} \int_{-\infty}^{\infty} d \omega \int_{-\infty}^{\infty} d \omega^{\prime} \int_{-\infty}^{\infty} d t^{\prime} \int_{-\infty}^{\infty} d t^{\prime \prime} \int_{-T^{\prime} / 2}^{T^{\prime} / 2} d t \Delta \phi\left(t^{\prime}, t^{\prime}+\tau\right) \\
& \times \Delta \phi\left(t^{\prime \prime}, t^{\prime \prime}+\tau\right) e^{-i \omega\left(t^{\prime}-t\right)} \operatorname{sinc}(\omega T / 2) e^{-i \omega^{\prime}\left(t^{\prime \prime}-t\right)} \operatorname{sinc}\left(\omega^{\prime} T / 2\right) \\
&=\left\langle[\Delta \phi(\tau)]^{2}\right\rangle-\frac{1}{(2 \pi)^{2}} \lim _{T^{\prime} \rightarrow \infty} \frac{1}{T^{\prime}} \int_{-\infty}^{\infty} d \omega \int_{-\infty}^{\infty} d \omega^{\prime} \int_{-T^{\prime} / 2}^{T^{\prime} / 2} d t^{\prime} \int_{-\infty}^{\infty} d t^{\prime \prime} \int_{-\infty}^{\infty} d t \Delta \phi\left(t^{\prime}, t^{\prime}+\tau\right)  \tag{2.162}\\
& \times \Delta \phi\left(t^{\prime \prime}, t^{\prime \prime}+\tau\right) e^{i\left(\omega+\omega^{\prime}\right) t} e^{-i \omega t^{\prime}} e^{-i \omega^{\prime} t^{\prime \prime}} \operatorname{sinc}(\omega T / 2) \operatorname{sinc}\left(\omega^{\prime} T / 2\right) .
\end{align*}
$$

We now get a factor of $2 \pi \delta\left(\omega+\omega^{\prime}\right)$ from the $t$ integration, which takes care of the $\omega^{\prime}$ integral:

$$
\begin{align*}
\operatorname{Var}[\Delta \phi(\tau)]= & \left\langle[\Delta \phi(\tau)]^{2}\right\rangle-\frac{1}{2 \pi} \lim _{T^{\prime} \rightarrow \infty} \frac{1}{T^{\prime}} \int_{-\infty}^{\infty} d \omega \int_{-T^{\prime} / 2}^{T^{\prime} / 2} d t^{\prime} \int_{-\infty}^{\infty} d t^{\prime \prime} \Delta \phi\left(t^{\prime}, t^{\prime}+\tau\right) \Delta \phi\left(t^{\prime \prime}, t^{\prime \prime}+\tau\right) \\
& \times e^{-i \omega\left(t^{\prime}-t^{\prime \prime}\right)} \operatorname{sinc}^{2}(\omega T / 2)  \tag{2.163}\\
= & \left\langle[\Delta \phi(\tau)]^{2}\right\rangle-\frac{1}{2 \pi} \int_{-\infty}^{\infty} d \omega \lim _{T^{\prime} \rightarrow \infty}\left|\frac{1}{T^{\prime}} \int_{-T^{\prime} / 2}^{T^{\prime} / 2} d t^{\prime} \Delta \phi\left(t^{\prime}, t^{\prime}+\tau\right) e^{-i \omega t^{\prime}}\right|^{2} \operatorname{sinc}^{2}(\omega T / 2)
\end{align*}
$$

Now we use the Wiener-Khinchin theorem in the form of Eq. (2.20),

$$
\begin{equation*}
\operatorname{Var}[\Delta \phi(\tau)]=\left\langle[\Delta \phi(\tau)]^{2}\right\rangle-\frac{1}{2 \pi} \int_{-\infty}^{\infty} d \omega\left[\int_{-\infty}^{\infty} d t^{\prime}\left\langle\Delta \phi(t, t+\tau) \Delta \phi\left(t+t^{\prime}, t+t^{\prime}+\tau\right)\right\rangle e^{i \omega t^{\prime}}\right] \operatorname{sinc}^{2}(\omega T / 2), \tag{2.164}
\end{equation*}
$$

where $S_{\Delta \phi}(\omega)$ is the (one-sided) power spectral density corresponding to the signal $\Delta \phi(\tau)$. We can work out the phase expectation value here as

$$
\begin{align*}
\left\langle\Delta \phi(t, t+\tau) \Delta \phi\left(t+t^{\prime}, t+t^{\prime}+\tau\right)\right\rangle & =2\left\langle\phi(t) \phi\left(t+t^{\prime}\right)\right\rangle-\left\langle\phi(t) \phi\left(t+t^{\prime}+\tau\right)\right\rangle-\left\langle\phi(t) \phi\left(t-t^{\prime}+\tau\right)\right\rangle \\
& =\frac{1}{\pi} \int_{0}^{\infty} S_{\omega}(\omega) \frac{\left.2 \cos \omega t^{\prime}-\cos \left[\omega\left(\tau+t^{\prime}\right)\right]-\cos \left[\omega\left(\tau-t^{\prime}\right)\right]\right]}{\omega^{2}} d \omega \\
& =\frac{2}{\pi} \int_{0}^{\infty} S_{\omega}(\omega) \frac{\cos \omega t^{\prime}-\cos \omega t^{\prime} \cos \omega \tau}{\omega^{2}} d \omega  \tag{2.165}\\
& =\frac{4}{\pi} \int_{0}^{\infty} S_{\omega}(\omega) \frac{\cos \omega t^{\prime} \sin ^{2}(\omega \tau / 2)}{\omega^{2}} d \omega \\
& =\frac{2}{\pi} \int_{-\infty}^{\infty} S_{\omega}(|\omega|) \frac{\sin ^{2}(\omega \tau / 2)}{\omega^{2}} e^{-i \omega t^{\prime}} d \omega
\end{align*}
$$

where we have used Eq. (2.98) to evaluate the correlation functions. Then the variance becomes

$$
\begin{align*}
\operatorname{Var}[\Delta \phi(\tau)] & =\left\langle[\Delta \phi(\tau)]^{2}\right\rangle-\frac{1}{\pi^{2}} \int_{-\infty}^{\infty} d \omega \int_{-\infty}^{\infty} d t^{\prime} \int_{-\infty}^{\infty} d \omega^{\prime} S_{\omega}\left(\left|\omega^{\prime}\right|\right) \frac{\sin ^{2}\left(\omega^{\prime} \tau / 2\right)}{\omega^{\prime 2}} e^{i\left(\omega-\omega^{\prime}\right) t^{\prime}} \operatorname{sinc}^{2}(\omega T / 2) \\
& =\left\langle[\Delta \phi(\tau)]^{2}\right\rangle-\frac{2}{\pi} \int_{-\infty}^{\infty} d \omega S_{\omega}(|\omega|) \frac{\sin ^{2}(\omega \tau / 2)}{\omega^{2}} \operatorname{sinc}^{2}(\omega T / 2)  \tag{2.166}\\
& =\left\langle[\Delta \phi(\tau)]^{2}\right\rangle-\frac{4}{\pi} \int_{0}^{\infty} d \omega S_{\omega}(\omega) \frac{\sin ^{2}(\omega \tau / 2)}{\omega^{2}} \operatorname{sinc}^{2}(\omega T / 2)
\end{align*}
$$

Finally, using Eq. (2.101) for the infinite-time variance $\left\langle[\Delta \phi(\tau)]^{2}\right\rangle$, we obtain

$$
\begin{equation*}
\operatorname{Var}[\Delta \phi(\tau)]_{T}=\frac{4}{\pi} \int_{0}^{\infty} d \omega S_{\omega}(\omega) \frac{\sin ^{2}(\omega \tau / 2)}{\omega^{2}}\left[1-\operatorname{sinc}^{2}\left(\frac{\omega T}{2}\right)\right] \tag{2.167}
\end{equation*}
$$

as its generalization for finite observation times.
Now we must be a bit more careful in interpreting the observation time. In an observation time $T_{\text {obs }}$, the field is measured over this time interval and then used to construct the correlation function (and thus the spectrum). To construct the correlation function at delay $\tau$, only a time of $T_{\text {obs }}-|\tau|$ is actually useable in the correlation-function time average, and delays $|\tau|>T_{\text {obs }}$ are nonsensical. Thus, we should take $T=T_{\text {obs }}-\tau$ in Eq. (2.167), with the rsult

$$
\begin{equation*}
\operatorname{Var}[\Delta \phi(\tau)]_{T_{\mathrm{obs}}}=\frac{4}{\pi} \int_{0}^{\infty} d \omega S_{\omega}(\omega) \frac{\sin ^{2}(\omega \tau / 2)}{\omega^{2}}\left[1-\operatorname{sinc}^{2}\left(\frac{\omega\left(T_{\mathrm{obs}}-|\tau|\right)}{2}\right)\right] \tag{2.168}
\end{equation*}
$$

(variance of phase fluctuations related to frequency-noise spectrum)
Note that this is the same as Eq. (2.101), except for the replacement

$$
\begin{equation*}
S_{\omega}(\omega) \longrightarrow S_{\omega}(\omega)\left[1-\operatorname{sinc}^{2}\left(\frac{\omega\left(T_{\mathrm{obs}}-|\tau|\right)}{2}\right)\right] \tag{2.169}
\end{equation*}
$$

(replacement to account for observation time)
where the $\operatorname{sinc}^{2}$ part came from the square of the finite-time-mean fluctuation. This correction factor scales as $\omega^{2}$ as $\omega \longrightarrow 0$, and so also serves to cut off the dc divergence due to the $1 / f$ noise spectrum.

The normalized, one-sided spectrum of the laser, including the observation time $T_{\text {obs }}$, is thus given by Eq. (2.107) as

$$
s(\omega)=\frac{1}{2 \pi} \int_{-T_{\text {obs }}}^{T_{\text {obs }}} d \tau e^{i \Delta \tau}\left(1-\frac{|\tau|}{T_{\text {obs }}}\right) \exp \left\{-\frac{2}{\pi} \int_{0}^{\infty} S_{\omega}\left(\omega^{\prime}\right) \frac{\sin ^{2}\left(\omega^{\prime} \tau / 2\right)}{\omega^{\prime 2}}\left[1-\operatorname{sinc}^{2}\left(\frac{\omega^{\prime}\left(T_{\text {obs }}-|\tau|\right)}{2}\right)\right] d \omega^{\prime}\right\}
$$

(spectrum of the signal, including observation time) (2.170) where $\Delta=\omega-\omega_{0}$, and we are assuming a narrow spectral line compared to the central frequency $\omega_{0}$, and we are only interested in small detunings $\Delta \ll \omega_{0}$, in analogy with Eq. (2.146). We have also introduced a factor of $1-|\tau| / T_{\text {obs }}$ in the integral here, which bears some explanation. When we construct the temporal correlation function (2.114) for the intensity power spectrum, this is a finite-time average over the observation time $T_{\text {obs }}$, as in Eq. (2.16). But the intensity signal $I(t)$ itself is windowed within the observation time, so the overlap $I(t) I(t+\tau)$ is only nonzero over the time interval $T_{\text {obs }}-|\tau|$. Thus, the correlation function itself should be modified for the finite observation time by multiplying by $\left(T_{\text {obs }}-|\tau|\right) / T_{\text {obs }}$, with the $1 / T_{\text {obs }}$ coming from the time average, and the correlation function is zero if $|\tau|>T_{\text {obs. }}$. In terms of the spectrum, the observation time imposes a rectangular temporal window, which is equivalent to convolution with $\operatorname{sinc}\left(\omega T_{\text {obs }} / 2\right)$ in the spectrum. However, we have just argued that in the correlation function, the windowing function is the triangular pulse $\left(T_{\mathrm{obs}}-|\tau|\right) / T_{\mathrm{obs}}$, which is essentially the self-convolution of the rectangular pulse (since the pulse is symmetric under time reversal). The effect of this in the power spectrum is a convolution with the Fourier transform of the triangle pulse, which is $\operatorname{sinc}^{2}\left(\omega T_{\text {obs }} / 2\right)$. For very short observation times, the correlation function is constant over the observation time, and thus the spectrum is just $\operatorname{sinc}\left(\omega T_{\text {obs }} / 2\right)$. Asymptotically, then for small $T_{\text {obs }}$, we expect the spectrum to have an angular FWHM of $4 \alpha / T_{\text {obs }}$, where $\alpha \approx 1.39156$ is the positive solution of $\operatorname{sinc} x=1 / 2$.

As a simple example, consider once again the case of white noise, $S_{\omega}(\omega)=\gamma$, with a finite observation time:

$$
\begin{align*}
& s(\omega)= \frac{1}{2 \pi} \int_{-T_{\mathrm{obs}}}^{T_{\mathrm{obs}}} d \tau e^{i \Delta \tau}\left(1-\frac{|\tau|}{T_{\mathrm{obs}}}\right) \exp \left\{-\frac{2 \gamma}{\pi} \int_{0}^{\infty} d \omega^{\prime} \frac{\sin ^{2}\left(\omega^{\prime} \tau / 2\right)}{\omega^{\prime 2}}\left[1-\operatorname{sinc}^{2}\left(\frac{\omega^{\prime}\left(T_{\mathrm{obs}}-|\tau|\right)}{2}\right)\right]\right\} \\
&=\frac{1}{2 \pi} \int_{-T_{\mathrm{obs}}}^{T_{\mathrm{obs}}} d \tau e^{i \Delta \tau}\left(1-\frac{|\tau|}{T_{\mathrm{obs}}}\right)  \tag{2.171}\\
& \quad \times \exp \left[-\frac{\gamma}{12\left(T_{\mathrm{obs}}-|\tau|\right)^{2}}\left[\left(2|\tau|-T_{\mathrm{obs}}\right)^{3}-|2| \tau\left|-T_{\mathrm{obs}}\right|^{3}+2\left(T_{\mathrm{obs}}-|\tau|\right)^{3}\right]\right]
\end{align*}
$$

Notice that the exponent reduces to $\exp (-\gamma \tau / 2)$ as $T_{\text {obs }} \longrightarrow \infty$, as it should. The width of this spectrum is plotted here.


Note that for $\gamma T_{\text {obs }}<1$, the Fourier-broadened asymptotic result for small observation times is a good approximation. For large observation times, the width converges to $\gamma$ as appropriate for the long-time Lorentzian shape of the line. For intermediate observation times, there is a more complicated step-like dependence on the width, due to the fringes of varying width in the spectrum from the convolution with $\operatorname{sinc}^{2}\left(\omega T_{\text {obs }} / 2\right)$. Note that the fringes cause some apparent narrowing of the spectrum for intermediate observation times, compared to the Lorentzian result.

As a second example, consider $1 / f$ noise, $S_{\omega}(\omega)=k / \omega$, with a finite observation time:

$$
\begin{align*}
& s(\omega)=\frac{1}{2 \pi} \int_{-T_{\text {obs }}}^{T_{\text {obs }}} d \tau e^{i \Delta \tau}\left(1-\frac{|\tau|}{T_{\text {obs }}}\right) \exp \left\{-\frac{2 k}{\pi} \int_{0}^{\infty} d \omega^{\prime} \frac{\sin ^{2}\left(\omega^{\prime} \tau / 2\right)}{\omega^{\prime 3}}\left[1-\operatorname{sinc}^{2}\left(\frac{\omega^{\prime}\left(T_{\text {obs }}-|\tau|\right)}{2}\right)\right]\right\} \\
& =\frac{1}{2 \pi} \int_{-T_{\text {obs }}}^{T_{\text {obs }}} d \tau e^{i \Delta \tau}\left(1-\frac{|\tau|}{T_{\text {obs }}}\right) \exp \left\{-\frac{2 k}{\pi}\left[-\frac{7 \tau^{2}}{48}-\frac{\tau^{2}}{24}\left(\frac{\tau^{2}}{\left(T_{\text {obs }}-|\tau|\right)^{2}}+6\right) \log |\tau|\right.\right. \\
& +\frac{\left(2 \tau-T_{\text {obs }}\right)^{4}}{48\left(T_{\mathrm{obs}}-|\tau|\right)^{2}} \log |2| \tau\left|-T_{\mathrm{obs}}\right| \\
& \left.\left.-\frac{\left(T_{\text {obs }}-|\tau|\right)^{2}}{24} \log \left(T_{\text {obs }}-|\tau|\right)+\frac{T_{\text {obs }}^{4}}{48\left(T_{\text {obs }}-|\tau|\right)^{2}} \log T_{\text {obs }}\right]\right\} \\
& =\frac{1}{2 \pi} \int_{-T_{\text {obs }}}^{T_{\text {obs }}} d \tau e^{i \Delta \tau}\left(1-\frac{|\tau|}{T_{\text {obs }}}\right) e^{7 k \tau^{2} / 24 \pi}|\tau|^{k \tau^{2}\left(6+\tau^{2} /\left(T_{\text {obs }}-|\tau|\right)^{2}\right) / 12 \pi} \\
& \times|2| \tau\left|-T_{\mathrm{obs}}\right|^{-k\left(2|\tau|-T_{\mathrm{obs}}\right)^{4} / 24 \pi\left(T_{\mathrm{obs}}-|\tau|\right)^{2}}\left(T_{\mathrm{obs}}-|\tau|\right)^{k\left(T_{\mathrm{obs}}-|\tau|\right)^{2} / 12 \pi} T_{\mathrm{obs}}^{-k T_{\mathrm{obs}}^{4} / 24 \pi\left(T_{\mathrm{obs}}-|\tau|\right)^{2}} . \tag{2.172}
\end{align*}
$$

The width of this spectrum is plotted below as $T_{\text {obs }}$ varies:


The behavior here is similar to the white-noise case, but as $T_{\text {obs }}$ increases, the spectral width continues to increase. Again, for small $T_{\text {obs }}$, the width matches the Fourier-broadened asymptotic result. For large $T_{\text {obs }}$, the heuristic arguments (for a different model of the cutoff) lead to the asymptotic scaling ${ }^{8}$ of $\left(\log \beta k^{1 / 2} T_{\text {obs }}\right)^{1 / 2}$ (for some constant $\beta$ ), which is very slow divergence in the line width.

We have essentially used the convolution theorem in deriving the finite-observation-time spectrum, where the windowing function $f_{T}(t) / T$ appeared as its Fourier transform as a high-pass filter in the frequencynoise spectrum, as well as in the form of its self-convolution as a windowing function for the correlation function. Of course, any other windowing function $f(t)$ may be used here, so long as it represents a unit-area pulse, and then, for example, the square of its Fourier transform will appear in place of sinc ${ }^{2}$. Since $f(t)$ is normalized, the correction factor will always vanish at $\omega=0$, taking care of the divergence due to the $1 / f$ noise. A non-square windowing function could better model the observation time inherent in the scanning of a spectrum analyzer, for example, where $f(t)$ would be a scaled version of the response function of the final low-pass filter. For example, for a Gaussian window $\propto \exp \left[-(4 \log 2) t^{2} / T_{\text {obs }}^{2}\right]$ with a full width at half maximum of $T_{\text {obs }}$, Eq. (2.170) is modified to read

$$
\begin{aligned}
s(\omega)=\frac{1}{2 \pi} \int_{-\infty}^{\infty} d \tau & e^{i \Delta \tau} \exp \left(-\frac{(2 \log 2) t^{2}}{T_{\mathrm{obs}}^{2}}\right) \\
& \times \exp \left\{-\frac{2}{\pi} \int_{0}^{\infty} S_{\omega}\left(\omega^{\prime}\right) \frac{\sin ^{2}\left(\omega^{\prime} \tau / 2\right)}{\omega^{\prime 2}}\left[1-\exp \left(-\frac{T_{\mathrm{obs}}^{2} \omega^{\prime 2}}{16 \log 2}\right)\right] d \omega^{\prime}\right\}
\end{aligned}
$$

(spectrum of the signal, including Gaussian-window observation time) (2.173) The windowing function $\exp \left[-(4 \log 2) t^{2} / 2 T_{\mathrm{obs}}^{2}\right]$ that appears here has $\exp \left[-T_{\mathrm{obs}}^{2} \omega^{2} / 8 \log 2\right]$ as its Fourier transform. If we compare this to the spectral resolution function $\exp \left[-(4 \log 2) \omega^{2} / \delta \omega^{2}\right]$ of the spectrum analyzer, where $\delta \omega$ is the (full width at half maximum) resolution bandwidth, then the resolution bandwidth is given in terms of the observation time by $\delta \omega=\sqrt{2}(4 \log 2) / T_{\text {obs }} \approx 4 / T_{\text {obs }}$. For white noise, we can write this as a Fourier transform,

$$
\begin{align*}
s(\omega)=\frac{1}{2 \pi} \int_{-\infty}^{\infty} d \tau & e^{i \Delta \tau} \exp \left(-\frac{(2 \log 2) t^{2}}{T_{\text {obs }}^{2}}\right) \\
& \times \exp \left\{-\frac{\gamma}{2}\left[|\tau| \operatorname{erfc}\left(\frac{\sqrt{4 \log 2}|\tau|}{T_{\text {obs }}}\right)-\frac{T_{\text {obs }}}{\sqrt{4 \pi \log 2}}\left(2^{-4 \tau^{2} / T_{\mathrm{obs}}^{2}}-1\right)\right]\right\} \tag{2.174}
\end{align*}
$$

(spectrum of the signal, Gaussian-window observation time, white noise) where $\gamma$ is as usual the long-time Lorenztian width. The behavior of this width is similar to the rectangularwindow observation case, except that the function is smoother (there are no fringes associated with the

[^19]Gaussian convolution) and has a less pronounced dip. The short-time asymptotic form also has a slightly different coefficient: $4 \sqrt{2} \log 2 / T_{\text {obs }}$.


For $1 / f$ noise, the expression is

$$
\begin{aligned}
s(\omega)= & \frac{1}{2 \pi} \int_{-\infty}^{\infty} d \tau e^{i \Delta \tau} \exp \left(-\frac{(2 \log 2) \tau^{2}}{T_{\mathrm{obs}}^{2}}\right) \\
& \times \exp \left\{-\frac{k \tau^{2}}{3 \pi T_{\mathrm{obs}}^{2}}\left[(\log 2) \tau^{2}{ }_{2} F_{2}\left(1,1 ; \frac{5}{2}, 3 ;-\frac{(4 \log 2) \tau^{2}}{T_{\mathrm{obs}}^{2}}\right)-\frac{3 T_{\mathrm{obs}}^{2}}{4}\left(\gamma-3+\log \frac{(16 \log 2) \tau^{2}}{T_{\mathrm{obs}}^{2}}\right)\right]\right\}
\end{aligned}
$$

(spectrum of the signal, Gaussian-window observation time, $1 / f$ noise) (2.175) where here $\gamma$ is Euler's constant, and ${ }_{2} F_{2}\left(a_{1}, a_{2} ; b_{1}, b_{2} ; z\right)$ is a generalized hypergeometric function. The behavior is similar to the rectangular-window observation case, but again smoother and with a less pronounced minimum.


The asymptotic scaling for small $T_{\text {obs }}$ is the same as for the white-noise case, and the scaling for large $T_{\text {obs }}$ appears to match the rectangular-window observation case.

### 2.9 Exercises

## Problem 2.1

In the classical model of spontaneous emission, an atom impulsively excited at $t=0$ gives rise to radiation in the far-field of

$$
\begin{equation*}
E^{(+)}(\mathbf{r}, t)=\frac{E_{0}^{(+)}}{r}[(\hat{\varepsilon} \cdot \hat{r}) \hat{r}-\hat{\varepsilon}] e^{-(\gamma / 2) t-i \omega_{0} t_{\mathrm{r}}} \Theta\left(t_{\mathrm{r}}\right) \tag{2.176}
\end{equation*}
$$

where $t_{\mathrm{r}}=t-r / c$ is the retarded time, and $\Theta(t)$ is the Heaviside step function. Compute the first- and second-order degrees of temporal coherence for this field, and then show that the radiated spectrum $s(\omega)$ is a Lorentzian lineshape with a full width at half maximum of $\gamma$.

## Problem 2.2

In molecular spectroscopy, Fourier-transform infrared (FTIR) spectroscopy is an important technique. The basic idea is to use a Michelson interferometer to measure the correlation function $g^{(1)}(\tau)$ of some input (infrared) field on a detector, which is then digitized. The experimenter takes the Fourier transform on the computer to give the spectrum. This in principle gives the same spectral information as a grating spectrometer, which uses a diffraction grating and an aperture to limit the light so that only a certain range of frequencies hits the detector at any time; scanning the grating position gives the direct spectrum.
(a) Give a (qualitative) argument to justify the following statement: in the infrared, thermal detector noise is significant, so for a given measurement time the FTIR method gives an improved signal/noise ratio compared to the grating method. Assume the same detector is used in both setups.
(b) Give a different (qualitative) argument to justify the following statement: for small detector noise, a grating spectrometer system is superior to an FTIR-type system if it is important to have a large dynamic range in the measured spectrum.

## Problem 2.3

Consider the Young double-slit experiment, where two slits are illuminated with classical, coherent light. The setup produces interference fringes on a distant screen due to the variation in path-length difference to the two slits. The fringe visibility $\mathscr{V}$ for a single detector is the one we defined in class, and $\mathscr{V}=1$ for coherent light. We can define a two-detector fringe visibility for simultaneous detection by

$$
\begin{equation*}
\mathscr{V}^{(2)}:=\frac{G_{\max }^{(2)}-G_{\min }^{(2)}}{G_{\max }^{(2)}+G_{\min }^{(2)}} \tag{2.177}
\end{equation*}
$$

where

$$
\begin{equation*}
G^{(2)}\left(x_{1}, x_{2}, \tau=0\right):=\left\langle I\left(x_{1}, t\right) I\left(x_{2}, t\right)\right\rangle \tag{2.178}
\end{equation*}
$$

is the unnormalized intensity correlation function for simultaneous detection at two points $x_{1}$ and $x_{2}$ on the screen ( $x$ is the direction across the fringes).
(a) What is $\mathscr{V}^{(2)}$ for this double-slit experiment?
(b) Suppose a "phase scrambler" is placed in front of one slit to randomize the phase of its transmitted wave. How are $\mathscr{V}$ and $\mathscr{V}^{(2)}$ changed?

## Problem 2.4

Given a signal with time dependence of the form $\exp [-i \phi(t)]$, a (one-sided) phase-fluctuation spectrum defined by

$$
\begin{equation*}
S_{\phi}(\omega):=\int_{-\infty}^{\infty}\langle\phi(t) \phi(t+\tau)\rangle \cos \omega \tau d \tau \tag{2.179}
\end{equation*}
$$

and a (one-sided) frequency-fluctuation spectrum defined by

$$
\begin{equation*}
S_{\omega}(\omega):=\int_{-\infty}^{\infty}\langle\dot{\phi}(t) \dot{\phi}(t+\tau)\rangle \cos \omega \tau d \tau \tag{2.180}
\end{equation*}
$$

show that the spectra are related by

$$
\begin{equation*}
S_{\omega}(\omega)=\omega^{2} S_{\phi}(\omega) \tag{2.181}
\end{equation*}
$$

Qualitatively, what conditions must be satisfied for this relation to hold?

## Problem 2.5

Given a Gaussian random variable $X$ with zero mean and variance $\sigma^{2}$, show that

$$
\begin{equation*}
\left\langle e^{-i X}\right\rangle=e^{-\sigma^{2} / 2} \tag{2.182}
\end{equation*}
$$

## Problem 2.6

Suppose we define the exponent $A$ of Eq. (2.134) by

$$
\begin{equation*}
A:=\left\langle\left[\phi(t)-\phi(t+\tau)-\phi\left(t-\tau_{\mathrm{d}}\right)+\phi\left(t+\tau-\tau_{\mathrm{d}}\right)\right]^{2}\right\rangle \tag{2.183}
\end{equation*}
$$

Show that

$$
\begin{equation*}
A=2\left\langle[\Delta \phi(\tau)]^{2}\right\rangle+2\left\langle\left[\Delta \phi\left(\tau_{\mathrm{d}}\right)\right]^{2}\right\rangle-\left\langle\left[\Delta \phi\left(\tau+\tau_{\mathrm{d}}\right)\right]^{2}\right\rangle-\left\langle\left[\Delta \phi\left(\tau-\tau_{\mathrm{d}}\right)\right]^{2}\right\rangle . \tag{2.184}
\end{equation*}
$$

Do not make any assumptions about whether $\Delta \phi(\tau)$ is correlated at different times $t$, or about the probability density of $\Delta \phi(\tau)$, other than the fact that the variances above are well-defined and that $\langle\Delta \phi(\tau)\rangle=0$.

## Problem 2.7

Fill in the steps between Eq. (2.135)

$$
\begin{equation*}
G_{\text {analyzer }}(\tau) \propto \frac{\eta_{0}^{2} \eta_{1} \eta_{2} I_{0}^{2}}{2} \cos \omega_{\mathrm{m}} \tau e^{-\left\langle[\Delta \phi(\tau)]^{2}\right\rangle-\left\langle\left[\Delta \phi\left(\tau_{\mathrm{d}}\right)\right]^{2}\right\rangle+\left\langle\left[\Delta \phi\left(\tau+\tau_{\mathrm{d}}\right)\right]^{2}\right\rangle / 2+\left\langle\left[\Delta \phi\left(\tau-\tau_{\mathrm{d}}\right)\right]^{2}\right\rangle / 2} \tag{2.185}
\end{equation*}
$$

and Eq. (2.136)

$$
\begin{equation*}
G_{\text {analyzer }}(\tau) \propto \frac{\eta_{0}^{2} \eta_{1} \eta_{2} I_{0}^{2}}{2} \cos \omega_{\mathrm{m}} \tau \exp \left[-\frac{8}{\pi} \int_{0}^{\infty} S_{\omega}\left(\omega^{\prime}\right) \frac{\sin ^{2}\left(\omega^{\prime} \tau / 2\right) \sin ^{2}\left(\omega^{\prime} \tau_{\mathrm{d}} / 2\right)}{\omega^{\prime 2}} d \omega^{\prime}\right] \tag{2.186}
\end{equation*}
$$

## Chapter 3

## Rate-Equation Model

Before using a proper quantum model of the atom, we will use a simple model of the atom that includes discrete energy levels. However, we will not include any coherence effects, so the resulting rate equations constitute a sort of "semi-quantum" model of the atom. At the same time, we must treat the field with a discrete model, invoking the idea of photons, so that energy exchange between an atom and the field occurs only in multiples of $\hbar \omega$. Even with the language of photons, we will stick to a strictly semiclassical treatment, not really treating the atoms or the field quantum mechanically. With this rudimentary model and some simple arguments, we can derive a number of important results without the full apparatus of quantum mechanics.

### 3.1 Quantization

To elaborate, we will start with the observation that the energy in an electromagnetic field is quantized. This means that a monochromatic field of frequency $\omega$ (typically restricted to some "quantization volume" such as an optical cavity) has possible energies given by

$$
\begin{equation*}
E=\left(n+\frac{1}{2}\right) \hbar \omega \tag{3.1}
\end{equation*}
$$

where $n$ is a nonnegative integer, representing the number of photons in the field. This may be familiar as the energy-level structure of the quantum harmonic oscillator. The photon number is always defined with respect to a particular mode (fixing the direction, polarization, and frequency characteristics).

The energies for atoms and molecules are also quantized, although the exact energy-level structure depends on the specific atom or molecule. If we denote the quantized energies by $E_{n}$, then the differences in energy levels correspond to frequencies via

$$
\begin{equation*}
\Delta E_{m n}:=E_{m}-E_{n}=\hbar \omega_{m n} . \tag{3.2}
\end{equation*}
$$

The idea is that atoms with an energy difference $\Delta E_{m n}$ prefer to interact with resonant fields of frequency $\omega_{m n}$. In this case, the energy of a single photon matches the atomic energy difference, and energy is conserved. There are different types of transitions, generally corresponding to different types of radiation. Electronic transitions in atoms are the most energetic of the type we will consider, and they correspond to visible optical frequencies. Vibrational transitions in a molecule correspond to different amplitudes and types of motion internal to the molecule, and generally correspond to radiation in the infrared. Rotational transitions in molecules have yet lower energy, and they correspond to microwave radiation (which enables the maser, the microwave predecessor to the laser).

### 3.2 Fundamental Light-Atom Interactions

There are three fundamental interactions between light and atoms. In all cases we will consider only a twolevel atom with ground-state energy $E_{1}$ and excited-state energy $E_{2}$. We will also assume resonant light, $\omega=\left(E_{2}-E_{1}\right) / \hbar$.

1. Absorption (stimulated). In the absorption process, a photon is destroyed and the atom is promoted to the excited state. More generally, if there are $n$ photons to start with in some resonant mode, then there are $n-1$ photons after the absorption process.

2. Stimulated Emission. This process involves the atom initially being in the excited state, in the presence of $n$ photons in some resonant mode. After the stimulated-emission event, the atom is demoted to the ground state and the field is left with $n+1$ photons. In some sense, this process is the opposite of stimulated absorption, although absorption ending with 0 photons is possible while stimulated emission beginning with 0 photons is not.

3. Spontaneous Emission. This process is much like stimulated emission, but when the atom is demoted, a photon is created in some mode that is initially unpopulated. Thus, a photon can go into a wide range of possible modes by spontaneous emission. It is possible to view spontaneous emission as stimulated emission due to quantum vacuum fluctuations in addition to classical radiation reaction.


Generally, we can associate stimulated absorption and emission with a single mode that is already populated, or singled out by some other means, such as an optical cavity. We can associate spontaneous emission additionally with all other modes.

### 3.3 Einstein Rate Equations

New let's consider an ensemble of two-level atoms interacting with light. Let $N_{1,2}$ denote the number density of atoms with energy $E_{1,2}$. Then the Einstein rate equation for the excited state is ${ }^{1}$

$$
\begin{equation*}
\frac{d N_{2}}{d t}=-A_{21} N_{2}-B_{21} \rho(\omega) N_{2}+B_{12} \rho(\omega) N_{1} \tag{3.3}
\end{equation*}
$$

(Einstein rate equation)
Here, $\rho(\omega)$ is the energy density of the electromagnetic field (the energy density in the frequency interval $\omega$ to $\omega+d \omega)$. The first term corresponds to spontaneous emission, and we can see that it reduces the excited-state population, even in the absence of any field. The second and third terms are proportional to $\rho(\omega)$, and correspond to stimulated emission and absorption, respectively, as we can see from their overall

[^20]signs. By convention, the constant $A_{21}$ is called the Einstein A coefficient, while $B_{21}$ and $B_{12}$ are called the Einstein B coefficients. At this point we are simply postulating that the three processes contribute to the atomic evolution in this form, with the rate coefficients yet to be determined.

The Einstein $A$ coefficient here represents the rate at which energy is lost from the atom. We can thus identify $A_{21}=\gamma$, where $\gamma$ is the damping rate from the Lorentz atom. The connection of the Lorentz atom with the $B$ coefficients is less clear, in part because the classical model gets this wrong (hence the necessity of patching the classical solution with the oscillator strength). We will defer this comparison until we derive the cross section for the two-level atom.

To be consistent, $N_{1}+N_{2}$ must add up to some constant, assuming that we really have two-level atoms and that the atoms stay in place (something that even works fairly well for gas lasers as long as we modify $A_{21}$ appropriately). Thus, $d N_{2} / d t=-d N_{1} / d t$, and so it is easy to write down the rate equation

$$
\begin{equation*}
\frac{d N_{1}}{d t}=A_{21} N_{2}+B_{21} \rho(\omega) N_{2}-B_{12} \rho(\omega) N_{1} \tag{3.4}
\end{equation*}
$$

(steady-state solution)
for the ground-state population $N_{1}$.
We can gain some valuable insight by looking at the equilibrium behavior of the rate equations. Steady state occurs when $d N_{2} / d t=0$, whence it follows from Eq. (3.3) that

$$
\begin{equation*}
\frac{N_{2}}{N_{1}}=\frac{B_{12} \rho(\omega)}{A_{21}+B_{21} \rho(\omega)} \tag{3.5}
\end{equation*}
$$

If the energy levels are not degenerate, it turns out that $B_{12}=B_{21}$, as we will see shortly. That is, stimulated emission and absorption are exactly symmetric from the rate-equation point of view. Then we can rewrite the steady-state solution as

$$
\begin{equation*}
\frac{N_{2}}{N_{1}}=\frac{1}{\frac{A_{21}}{B_{21} \rho(\omega)}+1} \tag{3.6}
\end{equation*}
$$

We can see from this that $N_{2}<N_{1}$ in steady state. This result has an important result for using atoms as a gain medium for a laser: there is no steady-state population inversion in a two-level system, and hence there is no net gain of light transmitted through a medium composed of two-level atoms. This is because on average, absorption (attenuation) occurs more often than stimulated emission (amplification).

In the limit of large intensity, $\rho(\omega) \longrightarrow \infty$, the populations equalize. This points to an important effect that is missed by the Lorentz model: atomic saturation. For small excitation, $N_{2} / N_{1}$ is proportional to $\rho(\omega)$, but as the excitation increases, the slope of $N_{2} / N_{1}$ decreases, dropping to zero for large intensities. We will treat this point more carefully after establishing some more results regarding the rate coefficients.

### 3.4 Relations Between the Einstein Coefficients

Now we briefly outline Einstein's derivation of the relation between the $A$ and $B$ coefficients. If the energy levels are degenerate, we can define the degeneracy factors $g_{1,2}$ as the number of ways of having energy $E_{1,2}$. For example $g_{1,2}=2 J_{1,2}+1$ for atomic angular-momentum states. Then the steady-state population ratio from Eq. (3.4) can be written also via Boltzmann statistics as

$$
\begin{equation*}
\frac{N_{2}}{N_{1}}=\frac{g_{2}}{g_{1}} e^{-\hbar \omega / k_{\mathrm{B}} T}=\frac{B_{12} \rho(\omega)}{A_{21}+B_{21} \rho(\omega)} \tag{3.7}
\end{equation*}
$$

Solving for $\rho(\omega)$,

$$
\begin{equation*}
\rho(\omega)=\frac{A_{21}}{B_{21}} \frac{1}{\left(\frac{B_{12} g_{1}}{B_{21} g_{2}} e^{\hbar \omega / k_{\mathrm{B}} T}-1\right)} \tag{3.8}
\end{equation*}
$$

This is equivalent to the Planck blackbody distribution ${ }^{2}$

$$
\begin{equation*}
\rho(\omega)=\frac{8 \pi \hbar}{\lambda^{3}} \frac{1}{e^{\hbar \omega / k_{\mathrm{B}} T}-1} \tag{3.9}
\end{equation*}
$$

[^21]if we make the identifications
\[

$$
\begin{equation*}
g_{2} B_{21}=g_{1} B_{12} \tag{3.10}
\end{equation*}
$$

\]

(relation between $B$ coefficients)
and

$$
\begin{equation*}
\frac{A_{21}}{B_{21}}=\frac{8 \pi \hbar}{\lambda^{3}} \tag{3.11}
\end{equation*}
$$

(relation between $A$ and $B$ coefficients)
Recall that $\lambda$ here is the wavelength within the atomic medium.
Remarkably, this simple thermodynamic argument reproduces the full quantum result that we will derive later. Essentially, this is because the Planck distribution is valid for a particular set of quantum (thermal) states (at some level, a proper summation over field modes is buried in the Planck distribution, as evidenced by the correct frequency dependence of $\omega^{3}$ ). This is sufficient to establish the relationship between the coefficients, since they are independent of the quantum state.

### 3.5 Line Shape and Spectral Distributions

So far, we've considered only monochromatic light and two-level atoms with sharply defined energy levels. Now it's time to improve our model of the two-level atom and its interaction with light.

We will first introduce a line-shape function $s(\omega)$ to model the fact that the energy levels have some width. The line shape is defined such that $s(\omega) d \omega$ is the probability that a spontaneously emitted photon will have frequency between $\omega$ and $\omega+d \omega$. We can also interpret this as the relative probability of stimulated emission or absorption of a photon with frequency between $\omega$ and $\omega+d \omega$. Since $s(\omega)$ represents a probability density, it is appropriately normalized:

$$
\begin{equation*}
\int_{0}^{\infty} s(\omega) d \omega=1 \tag{3.12}
\end{equation*}
$$

Note that as in our discussion of coherence in Chapter 2, we are using a "one-sided spectrum" that ranges only over positive frequencies. In terms of the "two-sided spectrum" $s_{ \pm}(\omega)$ with both positive and negative frequencies, the one-sided spectrum satisfies $s(\omega):=s_{ \pm}(\omega)+s_{ \pm}(-\omega)$ for $\omega \geq 0$ and $s(\omega)=0$ for $\omega<0$.

When we apply the line shape and sum over all frequencies, the rate equation becomes

$$
\begin{equation*}
\frac{d N_{2}}{d t}=-A_{21} N_{2}-B_{21} N_{2} \int_{0}^{\infty} \rho(\omega) s(\omega) d \omega+B_{12} N_{1} \int_{0}^{\infty} \rho(\omega) s(\omega) d \omega \tag{3.13}
\end{equation*}
$$

Qualitatively, we can picture the line shape function as a relatively sharply peaked distribution centered around the resonant optical frequency $\omega_{0}$.


Often, $s(\omega)$ turns out to be a Lorentzian, a Gaussian, or a convolution of the two (a Voigt profile). The line-shape function models transition width due to spontaneous emission, collisions, Doppler shifts in gas lasers, and local crystal structure effects on the dopant atoms. Note that in the absence of radiation, the rate equation is $d N_{2} / d t=-A_{21} N_{2}$, which has an exponentially damping solution. As we discussed before, the Fourier transform of an exponential is a Lorentzian, so the line shape for spontaneous emission (the "natural line shape") is Lorentzian, with a half-width at half maximum of $A_{21}$. Collisions are often modeled by a spontaneous-emission-like term, and thus also lead to Lorentzian line shapes. Doppler shifts lead to Gaussian line shapes because the Maxwell-Boltzmann velocity distribution is Gaussian. If multiple, independent broadening effects contribute, their combined effect can be modeled by the convolution of the individual line shapes.

Now we will consider two limiting cases for the light spectrum. Both are important in understanding laser operation, but the second is the more useful case for comparing to coherent quantum light-atom interactions.

### 3.5.1 Broadband Light

Light is broadband (relative to the transition) if $\rho(\omega)$ is much broader than $s(\omega)$. Then we can evaluate the integral in Eq. (3.13) by noting that $\rho(\omega)$ varies slowly over the width of $s(\omega)$, so that we can pull it out of the integral:

$$
\begin{equation*}
\int_{0}^{\infty} \rho(\omega) s(\omega) d \omega \approx \rho\left(\omega_{0}\right) \int_{0}^{\infty} s(\omega) d \omega=\rho\left(\omega_{0}\right) \tag{3.14}
\end{equation*}
$$

Thus, we recover the previous rate equations, corresponding to Eq. (3.3), with sharp energy levels.

### 3.5.2 Nearly Monochromatic Light

For nearly monochromatic light, the field spectrum is narrow, so $s(\omega)$ is much broader than $\rho(\omega)$. Thus, we can evaluate the integral with the same slowly varying approximation as for the broadband case:

$$
\begin{equation*}
\int_{0}^{\infty} \rho(\omega) s(\omega) d \omega \approx s\left(\omega_{\text {field }}\right) \int_{0}^{\infty} \rho(\omega) d \omega \tag{3.15}
\end{equation*}
$$

The integral on the right-hand side is the total field energy density, summed over all frequencies. Let's denote this simply by $\rho$. Then the rate equation becomes

$$
\begin{equation*}
\frac{d N_{2}}{d t}=-A_{21} N_{2}-B_{21} N_{2} s(\omega) \rho+B_{12} N_{1} s(\omega) \rho \tag{3.16}
\end{equation*}
$$

where we have written $s(\omega)$ in place of $s\left(\omega_{\text {field }}\right)$. The total energy density is related to the total intensity $I$ by $\rho=I / c$, so

$$
\begin{equation*}
\frac{d N_{2}}{d t}=-A_{21} N_{2}-\frac{\sigma(\omega) I}{\hbar \omega}\left[N_{2}-\frac{g_{2}}{g_{1}} N_{1}\right] \tag{3.17}
\end{equation*}
$$

Here, we have defined the absorption cross-section

$$
\begin{equation*}
\sigma(\omega)=A_{21} \frac{\lambda^{2}}{4} s(\omega) \tag{3.18}
\end{equation*}
$$

(cross section)
The cross section has the dimensions of area, and is defined such that $\sigma(\omega) I$ is the power absorbed by a single atom when irradiated by intensity $I$ (in the weak-excitation limit). Note that for a Lorentzian line shape $s(\omega)$,

$$
\begin{equation*}
s(\omega)=\frac{\Delta \omega}{2 \pi\left[\left(\omega_{0}-\omega\right)^{2}+(\Delta \omega / 2)^{2}\right]}, \tag{3.19}
\end{equation*}
$$

the resonant cross section $\sigma\left(\omega_{0}\right)$ is given by

$$
\begin{equation*}
\sigma\left(\omega_{0}\right)=\frac{A_{21}}{\Delta \omega} \frac{\lambda^{2}}{2 \pi} . \tag{3.20}
\end{equation*}
$$

For homogenous broadening, $\Delta \omega$ is the natural line width given by $\Delta \omega=A_{21}$, so that the natural cross section is

$$
\begin{equation*}
\sigma\left(\omega_{0}\right)=\frac{\lambda_{0}^{2}}{2 \pi} \tag{3.21}
\end{equation*}
$$

This answer is consistent with a fully quantum-mechanical calculation, and this is the same cross-section that we used before [Eq. (1.35)] to derive the form of the oscillator strength. This relation also establishes the relation of the Einstein $B$ coefficient to the classical model of the atom. Note that this answer assumes an
average over all possible atomic orientations, since the blackbody distribution of Eq. (3.9) assumes isotropic radiation. For atomic dipole moments aligned with the field polarization, the resonant cross section is

$$
\begin{equation*}
\sigma\left(\omega_{0}\right)=\frac{3 \lambda_{0}^{2}}{2 \pi} \tag{3.22}
\end{equation*}
$$

since the coupling that would normally be "distributed" among three orthogonal directions is concentrated into one.

### 3.6 Absorption Coefficient and Saturation

Let us assume that nearly monochromatic light of frequency $\omega$ passes through a vapor of two-level atoms. Evidently, from the rate equation (3.17), the rate per unit volume at which atoms are being promoted to the excited state by the pumping field is

$$
\begin{equation*}
-\frac{\sigma(\omega) I}{\hbar \omega}\left[N_{2}-\frac{g_{2}}{g_{1}} N_{1}\right] \tag{3.23}
\end{equation*}
$$

We define the absorption coefficient by

$$
\begin{equation*}
\frac{d I}{d z}=-a(\omega) I(z) \tag{3.24}
\end{equation*}
$$

(absorption coefficient definition)
Then we multiply the expression (3.23) by the photon energy $\hbar \omega$ to obtain the rate of energy absorption per unit volume, or equivalently the rate of intensity absorption per unit length, which matches the right-hand side of Eq. (3.24). Thus, we find

$$
\begin{equation*}
a(\omega)=-\sigma(\omega)\left[N_{2}-\frac{g_{2}}{g_{1}} N_{1}\right] . \tag{3.25}
\end{equation*}
$$

We can get the population difference here from the steady state of the rate equation (3.17). This gives

$$
\begin{equation*}
\frac{N_{2}}{N_{1}}=\frac{g_{2}}{g_{1}}\left(\frac{\frac{\sigma I}{\hbar \omega A_{21}}}{1+\frac{\sigma I}{\hbar \omega A_{21}}}\right) \tag{3.26}
\end{equation*}
$$

Noting that $N_{1}+N_{2}=N$, which implies

$$
\begin{equation*}
\frac{N_{2}-\frac{g_{2}}{g_{1}} N_{1}}{N}=\frac{\left(\frac{g_{1}}{g_{2}} \frac{N_{2}}{N_{1}}-1\right)}{\left(\frac{g_{1}}{g_{2}} \frac{N_{2}}{N_{1}}+\frac{g_{1}}{g_{2}}\right)}=-\frac{g_{2} / g_{1}}{1+\left(1+\frac{g_{2}}{g_{1}}\right) \frac{\sigma I}{\hbar \omega A_{21}}} . \tag{3.27}
\end{equation*}
$$

Putting this result into Eq. (3.25), we find for the absorption coefficient

$$
\begin{equation*}
a(\omega)=\left(\frac{g_{2}}{g_{1}}\right) \frac{\sigma(\omega) N}{1+\left(1+\frac{g_{2}}{g_{1}}\right) \frac{\sigma(\omega) I}{\hbar \omega A_{21}}} \tag{3.28}
\end{equation*}
$$

Note that in the case of equal degeneracies, $g_{1}=g_{2}$, we have

$$
\begin{equation*}
a(\omega)=\frac{\sigma(\omega) N}{1+2 \frac{\sigma(\omega) I}{\hbar \omega A_{21}}} \tag{3.29}
\end{equation*}
$$

For small intensities, this expression is equivalent to the classical expression (1.33), which had the constant value $\sigma(\omega) N$. For large intensities, the absorption coefficient falls to zero. This is the effect of saturation or optical bleaching of the medium. On resonance, the absorption coefficient becomes

$$
\begin{equation*}
a\left(\omega_{0}\right)=\frac{\sigma_{0} N}{1+2 \frac{\sigma_{0} I}{\hbar \omega_{0} A_{21}}} \tag{3.30}
\end{equation*}
$$

where $\sigma_{0}=\sigma\left(\omega_{0}\right)$ is the resonant cross-section. It is convenient to define the saturation intensity $I_{\text {sat }}$ by

$$
\begin{equation*}
I_{\mathrm{sat}}:=\frac{\hbar \omega_{0} A_{21}}{2 \sigma_{0}} \tag{3.31}
\end{equation*}
$$

(saturation intensity)
so that we can write the resonant absorption coefficient as

$$
\begin{equation*}
a\left(\omega_{0}\right)=\frac{\sigma_{0} N}{1+\frac{I}{I_{\mathrm{sat}}}} \tag{3.32}
\end{equation*}
$$

The saturation intensity gives the intensity scale over which saturation sets in. Specifically, we see that the absorption coefficient drops to half the small-signal value when $I=I_{\text {sat }}$. Again, this is one important feature of the light-matter interaction that the classical model misses: the harmonic oscillator can be excited to arbitrarily high amplitudes, but in a quantum-mechanical atom, the best excitation is when the maximum number of atoms are pumped into the excited state.

### 3.7 Exercises

## Problem 3.1

We said that a medium of two-level atoms is no good as a laser gain medium, since the ground state ends up with more population than the excited state, and so absorption wins out over stimulated emission (i.e., loss wins out over amplification).
The simplest change that we can make to achieve a population inversion, where the excited state is more populated than the ground state, is to add a third level. The level scheme is shown here.


The new level (with highest energy) decays quickly, while the laser (2 $\longrightarrow 1$ ) transition decays slowly. That is, we will assume $A_{21} \ll R_{13}, A_{32}$. Also, for a monochromatic pump (e.g., the pump is another laser),

$$
\begin{equation*}
R_{13}=\frac{\sigma(\omega) I}{\hbar \omega} \tag{3.33}
\end{equation*}
$$

where $\sigma(\omega)$ is the absorption cross section for the $1 \longrightarrow 3$ transition, and $\omega$ is the frequency of the pumping field. Then we can write the rate equations for the three-level atom as

$$
\begin{align*}
& \frac{d N_{3}}{d t}=-R_{13}\left(N_{3}-N_{1}\right)-A_{32} N_{3} \\
& \frac{d N_{2}}{d t}=A_{32} N_{3}-A_{21} N_{2}  \tag{3.34}\\
& \frac{d N_{1}}{d t}=A_{21} N_{2}+R_{13}\left(N_{3}-N_{1}\right)
\end{align*}
$$

where of course one of the equations is redundant since $N_{1}+N_{2}+N_{3}$ must be a constant of the motion. The key to why this scheme gives a population inversion on the laser transition $(1 \longrightarrow 2)$ is that atoms will be promoted to level 3 after absorbing a pump photon, and they will quickly decay to the metastable level 2 before stimulated emission by the pump field returns them to level 1 . In this way the pump depletes level 1 and populates level 2 without trying to return the atoms back to level 1.
(a) Got all that? Outstanding. Now find the steady-state solution in the limit where $A_{32}$ is by far the fastest time scale in the problem. Under what conditions does a population inversion occur on the laser transition? What should you do to get the best possible inversion?

You can do this directly, but here is the fancy-schmancy way. Note that level 3 decays quickly, and the decay term is like a damping term for $N_{3}$. Thus, we can assume $N_{3}$ is always in quasiequilibrium with respect to $N_{1}$ and $N_{2}$, which evolve comparatively slowly. So we can take $d N_{3} / d t \approx 0$ to obtain an approximate ("adiabatic") expression for $N_{3}$. Now use this to adiabatically eliminate the $N_{3}$ 's in the other two rate equations. By now you should have a set of effective rate equations for a two-level atom. Finding the steady state of these new equations is a piece of cake.
(b) Now that you're comfortable with the three-level atom, let's turn it upside down and consider the inverted three-level laser scheme shown here.


Argue qualitatively that in the best possible cases (optimal pumping and decay rates), for the same pumping rate, laser cross section, and atomic number density, the small-signal gain coefficient for the usual scheme is twice the small-signal gain coefficient for the inverted scheme shown here. Recall that the gain corresponds to negative absorption, so we can write the gain coefficient as $\gamma(\omega)=$ $-a(\omega)=\sigma(\omega)\left[N_{\mathrm{e}}-N_{\mathrm{g}}\right]$, where "e" and "g" refer to the excited and ground levels of the laser transition, respectively.
Note that you could go solving a new set of rate equations in steady state, but if you do some thinking, you will realize that you don't really need to. Just use the analysis of the two-level atom to reason out what the steady-state populations would be in the optimal cases.
(c) Give a qualitative argument for why the saturation intensity for the inverted three-level scheme will be twice that of the saturation intensity for the usual three-level scheme. Assume the laser cross sections are the same in both cases.

## Chapter 4

## The Quantum State

### 4.1 Density Operator

Traditionally, the state vector $|\psi\rangle$ represents the state of a quantum system. However, we will need a more general object to represent the quantum state for the purposes of studying light-matter interactions. The density operator represents the state of a quantum system in a more general way than the state vector, and equivalently represents an observer's state of knowledge of a system. It is particularly important to use the density operator in the quantum theory of open systems, where a quantum system interacts with an external system whose evolution is unknown, and in the quantum theory of measurement and information.

When a quantum state can be represented by a state vector $|\psi\rangle$, the density operator is defined as the product

$$
\begin{equation*}
\rho:=|\psi\rangle\langle\psi| . \tag{4.1}
\end{equation*}
$$

(density operator, pure state)
In this case, it is obvious that the information content of the density operator is equivalent to that of the state vector (except for the overall phase, which is not of physical significance).

The state vector can represent states of coherent superposition. The power of the density operator lies in the fact that it can represent incoherent superpositions as well. For example, let $\left|\psi_{\alpha}\right\rangle$ be a set of states (without any particular restrictions). Then the density operator

$$
\begin{equation*}
\rho=\sum_{\alpha} P_{\alpha}\left|\psi_{\alpha}\right\rangle\left\langle\psi_{\alpha}\right| \tag{4.2}
\end{equation*}
$$

(density operator, general)
models the fact that we don't know which of the states $\left|\psi_{\alpha}\right\rangle$ the system is in, but we assign a probability or weight $P_{\alpha}$ to the quantum state $\left|\psi_{\alpha}\right\rangle$ in the mixture defined by $\rho$. Note that the weights obey

$$
\begin{equation*}
\sum_{\alpha} P_{\alpha}=1 \tag{4.3}
\end{equation*}
$$

for proper normalization of the density operator. Another way to say it is this: the state vector $|\psi\rangle$ represents a certain intrinsic uncertainty with respect to quantum observables; the density operator can represent uncertainty beyond the minimum required by quantum mechanics. Equivalently, the density operator can represent an ensemble of identical systems in possibly different states.

A state of the form (4.1) is said to be a pure state. One that cannot be written in this form is said to be mixed.

### 4.1.1 Example

As a simple example, consider a qubit, a two-level system with states $|0\rangle$ and $|1\rangle$. The density operators corresponding to the eigenstates are $|0\rangle\langle 0|$ and $|1\rangle\langle 1|$; clearly these are pure states. Another pure state is
the superposition $|\psi\rangle=(|0\rangle+|1\rangle) / \sqrt{2}$, which has the corresponding density operator

$$
\begin{equation*}
\rho=\frac{1}{2}(|0\rangle\langle 0|+|1\rangle\langle 1|+|0\rangle\langle 1|+|1\rangle\langle 0|) . \tag{4.4}
\end{equation*}
$$

The density operator is the sum of the density operators for the eigenstates, plus two extra terms that indicated the purity of the state or the coherence of the superposition. An example of a mixture of the two eigenstates comes from simply removing these last two terms:

$$
\begin{equation*}
\rho=\frac{1}{2}(|0\rangle\langle 0|+|1\rangle\langle 1|) . \tag{4.5}
\end{equation*}
$$

We can clearly regard this as an mixture of the form (4.2), where the probabilities are $P_{0,1}=1 / 2$ for the eigenstates $\left|\psi_{0}\right\rangle=|0\rangle$ and $\left|\psi_{1}\right\rangle=|1\rangle$. However, we can equally well regard the same mixed state as a different mixture. That is, defining the mixed state

$$
\begin{equation*}
\rho^{\prime}=\frac{1}{2}(|+\rangle\langle+|+|-\rangle\langle-|), \tag{4.6}
\end{equation*}
$$

where
it is not hard to see that $\rho=\rho^{\prime}$. Thus we see that we have to be a bit careful with our above statement, where we said that a mixed state can be regarded as an association of classical probabilities with being in different pure quantum states. Just given a particular density operator, it is not not in general possible to uniquely define pure-state decomposition of the form (4.2). Thus stating that the state is really in a pure state, but we don't quite know which one it's in, implies some extra information that is not contained in the density operator.

### 4.1.2 Evolution

Differentiating the density operator and employing the Schrödinger equation $i \hbar \partial_{t}|\psi\rangle=H|\psi\rangle$, we can write down the equation of motion for the density operator:

$$
\begin{align*}
\partial_{t} \rho & =\left(\partial_{t}|\psi\rangle\right)\langle\psi|+|\psi\rangle \partial_{t}\langle\psi| \\
& =-\frac{i}{\hbar} H \rho+\frac{i}{\hbar} \rho H  \tag{4.8}\\
& =-\frac{i}{\hbar}[H, \rho] .
\end{align*}
$$

(Schrödinger-von Neumann equation)

This is referred to as the Schrödinger-von Neumann equation. The derivation here assumed a pure state but carries through in the obvious way for arbitrary density operators. Of course, the point is that using the density operator allows us to write down more general evolution equations than those implied by state-vector dynamics. The more general forms are referred to as Liouville-von Neumann equations or master equations, which we can write in the form

$$
\begin{equation*}
\partial_{t} \rho=\mathcal{L} \rho \tag{4.9}
\end{equation*}
$$

(master equation, generic form)
Here, $\mathcal{L}$ is the Liouvillian superoperator. We use the term "superoperator" because the Liouvillian represents a higher-dimensional object, since it must represent the commutator above (i.e., it "operates from both sides"). Thinking of the density operator as a two-dimensional matrix as we discuss below, the Liouvillian is effectively a 4 -tensor.

### 4.1.3 Expectation Values

We can compute expectation values with respect to the density operator via the trace operation. The trace of an operator $A$ is simply the sum over the diagonal matrix elements with respect to any complete, orthonormal set of states $|\beta\rangle$ :

$$
\begin{equation*}
\operatorname{Tr}[A]:=\sum_{\beta}\langle\beta| A|\beta\rangle \tag{4.10}
\end{equation*}
$$

An important property of the trace is that the trace of a product is invariant under cyclic permutations of the product. For example, for three operators,

$$
\begin{equation*}
\operatorname{Tr}[A B C]=\operatorname{Tr}[B C A]=\operatorname{Tr}[C A B] . \tag{4.11}
\end{equation*}
$$

(cyclic permutation invariance)
This amounts to simply an interchange in the order of summations. For example, for two operators, working in the position representation,

$$
\begin{align*}
\operatorname{Tr}[A B] & =\int d x\langle x| A B|x\rangle \\
& =\int d x \int d x^{\prime}\langle x| A\left|x^{\prime}\right\rangle\left\langle x^{\prime}\right| B|x\rangle \\
& =\int d x^{\prime} \int d x\left\langle x^{\prime}\right| B|x\rangle\langle x| A\left|x^{\prime}\right\rangle  \tag{4.12}\\
& =\int d x^{\prime}\left\langle x^{\prime}\right| B A\left|x^{\prime}\right\rangle \\
& =\operatorname{Tr}[B A] .
\end{align*}
$$

Note that this argument assumes sufficiently "nice" operators (it fails, for example, for $\operatorname{Tr}[x p]$ ). More general permutations [e.g., of the form (4.11)] are obtained by replacements of the form $B \longrightarrow B C$. Using this property, we can obviously write the expectation value with respect to a pure state as

$$
\begin{equation*}
\langle A\rangle=\langle\psi| A|\psi\rangle=\operatorname{Tr}[A \rho] \tag{4.13}
\end{equation*}
$$

(expectation value, pure state)
This obviously extends to the more general form (4.2) of the density operator. Taking an additional average over the ensemble of pure states,

$$
\begin{equation*}
\langle\langle A\rangle\rangle=\sum_{\alpha} P_{\alpha}\left\langle\psi_{\alpha}\right| A\left|\psi_{\alpha}\right\rangle=\operatorname{Tr}[A \rho] \tag{4.14}
\end{equation*}
$$

(expectation value, ensemble)
where the double angle brackets $\langle\rangle\rangle$ denote the ensemble average over expectation values. For simplicity we will drop the extra brackets and simply use single brackets for expectation values with respect to either a pure state or an ensemble $(\langle\rangle\rangle \longrightarrow\rangle)$.

### 4.1.4 The Density Matrix

The physical content of the density operator is more apparent when we compute the elements $\rho_{\alpha \alpha^{\prime}}$ of the density matrix with respect to a complete, orthonormal basis. The density matrix elements are given by

$$
\begin{equation*}
\rho_{\alpha \alpha^{\prime}}:=\langle\alpha| \rho\left|\alpha^{\prime}\right\rangle . \tag{4.15}
\end{equation*}
$$

(density matrix)
To analyze these matrix elements, we will assume the simple form $\rho=|\psi\rangle\langle\psi|$ of the density operator, though the arguments generalize easily to arbitrary density operators.

The diagonal elements $\rho_{\alpha \alpha}$ are referred to as populations, and give the measurement probability of the system in the state $|\alpha\rangle$ :

$$
\begin{equation*}
\rho_{\alpha \alpha}=\langle\alpha| \rho|\alpha\rangle=|\langle\alpha \mid \psi\rangle|^{2} . \tag{4.16}
\end{equation*}
$$

The off-diagonal elements $\rho_{\alpha \alpha^{\prime}}$ (with $\alpha \neq \alpha^{\prime}$ ) are referred to as coherences, since they give information about the relative phase of different components of the superposition. For example, if we write the state vector as a superposition with explicit phases,

$$
\begin{equation*}
|\psi\rangle=\sum_{\alpha}\left|c_{\alpha}\right| e^{i \phi_{\alpha}}|\alpha\rangle \tag{4.17}
\end{equation*}
$$

then the coherences are

$$
\begin{equation*}
\rho_{\alpha \alpha^{\prime}}=\left|c_{\alpha} c_{\alpha^{\prime}}\right| e^{i\left(\phi_{\alpha}-\phi_{\alpha^{\prime}}\right)} \tag{4.18}
\end{equation*}
$$

Notice that for a density operator not corresponding to a pure state, the coherences in general will be the sum of complex numbers corresponding to different states in the incoherent sum. The phases will not in general line up, so that while $\left|\rho_{\alpha \alpha^{\prime}}\right|^{2}=\rho_{\alpha \alpha} \rho_{\alpha^{\prime} \alpha^{\prime}}$ for a pure state, we expect $\left|\rho_{\alpha \alpha^{\prime}}\right|^{2}<\rho_{\alpha \alpha} \rho_{\alpha^{\prime} \alpha^{\prime}}\left(\alpha \neq \alpha^{\prime}\right)$ for a generic mixed state.

### 4.1.5 Purity

How can we tell a pure state from a mixed one in general? Notice that the diagonal elements of the density matrix form a probability distribution. Proper normalization thus requires

$$
\begin{equation*}
\operatorname{Tr}[\rho]=\sum_{\alpha} \rho_{\alpha \alpha}=1 \tag{4.19}
\end{equation*}
$$

(normalization)

We can do the same computation for $\rho^{2}$, and we will define the purity to be $\operatorname{Tr}\left[\rho^{2}\right]$. For a pure state, the purity is simple to calculate, since $\rho^{2}=|\psi\rangle\langle\psi \mid \psi\rangle\langle\psi|=\rho$ :

$$
\begin{equation*}
\operatorname{Tr}\left[\rho^{2}\right]=\operatorname{Tr}[\rho]=1 \tag{4.20}
\end{equation*}
$$

(purity for pure state)
(In fact $\rho^{n}=\rho$ in a pure state for any nonnegative $n$.) But for mixed states, $\operatorname{Tr}\left[\rho^{2}\right]<1$. For example, for the density operator in (4.2),

$$
\begin{equation*}
\operatorname{Tr}\left[\rho^{2}\right]=\sum_{\alpha} P_{\alpha}^{2} \tag{4.21}
\end{equation*}
$$

if we assume the states $\left|\psi_{\alpha}\right\rangle$ to be orthonormal. For equal probability of being in $N$ such states, $\operatorname{Tr}\left[\rho^{2}\right]=1 / N$. Intuitively, then we can see that $\operatorname{Tr}\left[\rho^{2}\right]$ drops to zero as the state becomes more mixed-that is, as it becomes an incoherent superposition of more and more orthogonal states.

To prove that $\operatorname{Tr}\left[\rho^{2}\right]<1$ for mixed states, first note that $\rho$ is a Hermitian operator $\left(\rho=\rho^{\dagger}\right)$. Thus, $\rho$ may be diagonalized by a unitary transformation, so we may write

$$
\begin{equation*}
\rho^{\prime}=S \rho S^{\dagger} \tag{4.22}
\end{equation*}
$$

where $\rho^{\prime}$ is diagonal and $S^{-1}=S^{\dagger}$. It is easy to verify that the trace is invariant under unitary transformations, so

$$
\begin{equation*}
\operatorname{Tr}\left[\rho^{2}\right]=\operatorname{Tr}\left[\rho^{\prime 2}\right]=\sum_{\alpha}\left(\rho_{\alpha \alpha}^{\prime}\right)^{2} \leq\left(\sum_{\alpha} \rho_{\alpha \alpha}^{\prime}\right)^{2}=1 \tag{4.23}
\end{equation*}
$$

where we used the Cauchy-Schwarz inequality. A diagonal pure state has only a single nonzero diagonal element, while a diagonal mixed state necessarily has more than one nonzero diagonal element. Hence, for a mixed state, $\operatorname{Tr}\left[\rho^{2}\right]<1$. This follows since the diagonal matrix elements are positive,

$$
\begin{equation*}
\rho_{\alpha \alpha}=\langle\alpha| \rho|\alpha\rangle=\sum_{k} P_{k}\left|\langle\alpha \mid \psi\rangle_{k}\right|^{2} \geq 0 \tag{4.24}
\end{equation*}
$$

and so the equality occurs only for a single term in the sum.

### 4.2 Pictures

### 4.2.1 Unitary Time-Evolution Operator

The Schrödinger equation generates the time evolution of the state vector $|\psi\rangle$. It is convenient to represent time evolution in the form of an operator:

$$
\left|\psi\left(t_{0}\right)\right\rangle \longrightarrow|\psi(t)\rangle=U\left(t, t_{0}\right)\left|\psi\left(t_{0}\right)\right\rangle
$$

(time-evolution operator, definition) (4.25)
Here, $U\left(t, t_{0}\right)$ is the unitary time-evolution operator ${ }^{1}$ that evolves the state from time $t_{0}$ to $t$. Note that the operator must be unitary to preserve the norm of the state vector. Since

$$
\begin{equation*}
\langle\psi(t) \mid \psi(t)\rangle=\left\langle\psi\left(t_{0}\right)\right| U^{\dagger}\left(t, t_{0}\right) U\left(t, t_{0}\right)\left|\psi\left(t_{0}\right)\right\rangle \tag{4.26}
\end{equation*}
$$

if we require this to be equal to $\left\langle\psi\left(t_{0}\right) \mid \psi\left(t_{0}\right)\right\rangle$ for any initial state $\left|\psi\left(t_{0}\right)\right\rangle$, then it follows that

$$
\begin{equation*}
U^{\dagger}\left(t, t_{0}\right) U\left(t, t_{0}\right)=1 \tag{4.27}
\end{equation*}
$$

(unitary condition)
and thus $U\left(t, t_{0}\right)$ is unitary. In other words, unitarity of the evolution is required to conserve probability.
The operator also must have the composition property,

$$
\begin{equation*}
U\left(t_{2}, t_{0}\right)=U\left(t_{2}, t_{1}\right) U\left(t_{1}, t_{0}\right) \tag{4.28}
\end{equation*}
$$

(composition property)
which is sensible for the representation of time evolution. In this relation, note that with the time ordering $t_{0}<t_{1}<t_{2}$, the earliest time appears to the right, since it then operates first on the state vector. Finally, we must have the inversion property

$$
\begin{equation*}
U\left(t, t^{\prime}\right)=U^{-1}\left(t^{\prime}, t\right)=U^{\dagger}\left(t^{\prime}, t\right) \tag{4.29}
\end{equation*}
$$

(inversion property)
so that the inverse of an evolution operator corresponds to backwards-time evolution.

### 4.2.1.1 Infinitesimal Form

Again, the Schrödinger equation

$$
\begin{equation*}
\partial_{t}|\psi\rangle=-\frac{i}{\hbar} H|\psi\rangle \tag{4.30}
\end{equation*}
$$

can be rewritten in differential form as

$$
\begin{equation*}
|\psi(t+d t)\rangle-|\psi(t)\rangle=-\frac{i}{\hbar} H|\psi(t)\rangle d t \tag{4.31}
\end{equation*}
$$

and thus generates the evolution over an interval $d t$ according to

$$
\begin{equation*}
|\psi(t)\rangle \longrightarrow|\psi(t+d t)\rangle=\left(1-\frac{i}{\hbar} H d t\right)|\psi(t)\rangle \tag{4.32}
\end{equation*}
$$

Thus, the infinitesimal time-evolution operator is given by

$$
\begin{equation*}
U(t+d t, t)=1-\frac{i}{\hbar} H d t \tag{4.33}
\end{equation*}
$$

(infinitesimal time-evolution operator)
We can verify the above properties for this form of the evolution operator. For example,

$$
\begin{equation*}
U^{\dagger}(t+d t, t) U(t+d t, t)=\left(1+\frac{i}{\hbar} H d t\right)\left(1-\frac{i}{\hbar} H d t\right)=1+O\left(d t^{2}\right)=1 \tag{4.34}
\end{equation*}
$$

A similar argument works for the composition property, which gives the form of $U(t+2 d t, t)$.

[^22]
### 4.2.1.2 Differential Equation for the Evolution Operator

Now using the composition property,

$$
\begin{equation*}
U\left(t+d t, t_{0}\right)=U(t+d t, t) U\left(t, t_{0}\right)=\left(1-\frac{i}{\hbar} H d t\right) U\left(t, t_{0}\right) \tag{4.35}
\end{equation*}
$$

Thus, $U\left(t, t_{0}\right)$, regarded as a function of $t$, undergoes time translation in the same way as the state vector $|\psi(t)\rangle$. In particular, then, we can write

$$
\begin{equation*}
\partial_{t} U\left(t, t_{0}\right)=-\frac{i}{\hbar} H U\left(t, t_{0}\right) \tag{4.36}
\end{equation*}
$$

(Schrödinger equation for evolution operator)
and thus we see that the evolution operator satisfies the Schrödinger equation.

### 4.2.1.3 General Form

Noting again that $d t^{2}=0$ for infinitesimal time increments, we can write

$$
\begin{equation*}
U(t+d t, t)=1-\frac{i}{\hbar} H d t=e^{-i H d t / \hbar} \tag{4.37}
\end{equation*}
$$

Then the composition property extends to give the general form of the evolution operator over finite time intervals,

$$
\begin{equation*}
U\left(t, t_{0}\right)=\prod_{t_{0}}^{t} e^{-i H\left(t_{\alpha}\right) d t_{\alpha} / \hbar} \tag{4.38}
\end{equation*}
$$

where the product is over all infinitesimal time intervals $d t_{\alpha}$ between $t_{0}$ and $t$. The product is ordered such that earlier times are to the right of later times. In the case that $H(t)$ commutes with $H\left(t^{\prime}\right)$ for $t \neq t^{\prime}$, then we can combine the elements of the product into a single exponential, using the relation

$$
\begin{equation*}
e^{A} e^{B}=e^{A+B} \tag{4.39}
\end{equation*}
$$

which holds when $[A, B]=0$. Then

$$
\begin{align*}
U\left(t, t_{0}\right) & =\exp \left[-\frac{i}{\hbar} \sum_{t_{0}}^{t} H\left(t_{\alpha}\right) d t_{\alpha}\right]  \tag{4.40}\\
& =\exp \left[-\frac{i}{\hbar} \int_{t_{0}}^{t} H\left(t^{\prime}\right) d t^{\prime}\right]
\end{align*}
$$

(general form, $\left[H(t), H\left(t^{\prime}\right)\right]=0$ )

If the Hamiltonian does not commute with itself at different times, then we can't use this form, and we must use the form (4.38). We can use the shorthand for this notation ${ }^{2}$

$$
\begin{equation*}
U\left(t, t_{0}\right)=\mathscr{T} \exp \left[-\frac{i}{\hbar} \int_{t_{0}}^{t} H\left(t^{\prime}\right) d t^{\prime}\right] \tag{4.41}
\end{equation*}
$$

where $\mathscr{T}$ is the chronological operator, which indicates that the exponential is really a time-ordered product of infinitesimal time-evolution operators. On the other hand, if the Hamiltonian is time-independent, so that $H(t)=H$,

$$
\begin{equation*}
U\left(t, t_{0}\right)=\exp \left[-\frac{i}{\hbar} H\left(t-t_{0}\right)\right] \tag{4.42}
\end{equation*}
$$

(general form, time-independent $H$ )
and we see that the time-evolution operator simplifies considerably and is essentially just the exponential of the Hamiltonian operator.

[^23]
### 4.2.2 Schrödinger vs. Heisenberg Picture

The Schrödinger picture is the usual scheme that you probably learned when you first studied quantum mechanics. In the Schrödinger picture, the state vector $|\psi(t)\rangle$ evolves according to the Schrödinger equation. The operators, on the other hand, are time-independent, so that time-dependent expectation values are computed by

$$
\begin{equation*}
\langle A(t)\rangle=\langle\psi(t)| A|\psi(t)\rangle . \tag{4.43}
\end{equation*}
$$

(Schrödinger picture)
An alternate scheme, the Heisenberg picture is formulated differently. In the Heisenberg picture, the time dependence is carried by the operators, not the state vector. The state vectors are time-independent here. Thus, the expectation value in the Heisenberg picture is given as

$$
\begin{equation*}
\langle A(t)\rangle=\langle\psi| A(t)|\psi\rangle . \tag{4.44}
\end{equation*}
$$

(Heisenberg picture)
How do we transform between the two pictures? We will use the subscripts " S " and " H " for the Schrödinger and Heisenberg pictures, respectively, so that $A_{\mathrm{S}}$ is the Schrödinger operator, and $A_{\mathrm{H}}(t)$ is the Heisenberg operator. Then we can use the time-evolution operator to write

$$
\begin{align*}
\langle\psi(t)| A_{\mathrm{S}}|\psi(t)\rangle & =\langle\psi(0)| U^{\dagger}(t, 0) A_{\mathrm{S}} U(t, 0)|\psi(0)\rangle \\
& =\langle\psi(0)| A_{\mathrm{H}}(t)|\psi(0)\rangle \tag{4.45}
\end{align*}
$$

where we have identified the transformation between pictures as

$$
\begin{equation*}
A_{\mathrm{H}}(t)=U^{\dagger}(t, 0) A_{\mathrm{S}} U(t, 0) \tag{4.46}
\end{equation*}
$$

(operator transformation)
We also identify the Heisenberg-picture state vector as the initial state vector:

$$
\begin{equation*}
|\psi\rangle_{\mathrm{H}}=|\psi(0)\rangle_{\mathrm{S}}=U^{\dagger}(t, 0)|\psi(t)\rangle_{\mathrm{S}} \tag{4.47}
\end{equation*}
$$

(state transformation)
Note that the density operator $\rho$ is a Schrödinger-picture operator, since it is equivalent to the state vector. Thus, the density operator transforms as

$$
\begin{equation*}
\rho_{\mathrm{H}}=U^{\dagger}(t, 0) \rho_{\mathrm{s}}(t) U(t, 0) \tag{4.48}
\end{equation*}
$$

(operator transformation)
That is, in the Schrödinger picture, the density operator is time-dependent, while it is time-independent in the Heisenberg picture, which is opposite to the behavior of operators for observables.

### 4.2.2.1 Heisenberg Equation of Motion

In the Heisenberg picture, the operators evolve in time, so we must derive an equation of motion for Heisenberg operators. Differentiating a Heisenberg operator $A$ and using $U$ as shorthand for $U(t, 0)$,

$$
\begin{align*}
\partial_{t} A_{\mathrm{H}} & =\partial_{t}\left[U^{\dagger} A_{\mathrm{S}} U\right] \\
& =\left[\partial_{t} U^{\dagger}\right] A_{\mathrm{S}} U+U^{\dagger} A_{\mathrm{S}} \partial_{t} U  \tag{4.49}\\
& =\frac{i}{\hbar} U^{\dagger} H_{\mathrm{S}}(t) A_{\mathrm{S}} U-\frac{i}{\hbar} U^{\dagger} A_{\mathrm{S}} H_{\mathrm{S}}(t) U \\
& =\frac{i}{\hbar} U^{\dagger} H_{\mathrm{S}}(t) U U^{\dagger} A_{\mathrm{S}} U-\frac{i}{\hbar} U^{\dagger} A_{\mathrm{S}} U U^{\dagger} H_{\mathrm{S}}(t) U
\end{align*}
$$

and finally, we can write

$$
\begin{equation*}
\partial_{t} A_{\mathrm{H}}=-\frac{i}{\hbar}\left[A_{\mathrm{H}}, U^{\dagger} H_{\mathrm{S}}(t) U\right] \tag{4.50}
\end{equation*}
$$

(Heisenberg-picture evolution)
Note that we assumed $A_{\mathrm{S}}$ to be time-independent-we are still not treating any operators with explicit time dependence. Recall that the Hamiltonian generates time evolution, and so the time dependence is externally imposed. We will thus not speak of the Heisenberg-picture Hamiltonian, although we use the subscript to denote that we introduced it in the Schrödinger picture. Note that for a time-independent Hamiltonian, as is often the case, such that $U(t, 0)=\exp (-i H t / \hbar)$, then $U(t, 0)$ commutes with the Hamiltonian, and thus

$$
\partial_{t} A_{\mathrm{H}}=-\frac{i}{\hbar}\left[A_{\mathrm{H}}, H\right]
$$

(Heisenberg evolution, time-independent $H$ ) (4.51) This evolution equation has a similar form to the Schrödinger-von Neumann equation (4.8) for the density operator (differing only by a minus sign).

### 4.2.3 Interaction Picture

The interaction picture is a hybrid of the Schrödinger and Heisenberg pictures. Suppose that the Hamiltonian can be decomposed as

$$
\begin{equation*}
H=H_{0}+V \tag{4.52}
\end{equation*}
$$

where $V$ is the "interaction Hamiltonian." Then the interaction picture is essentially the Schrödinger picture with respect to $V$, but the Heisenberg picture with respect to $H_{0}$. That is, the state vector carries the time dependence due to $V$, while the operators carry the time dependence due to $H_{0}$.

For concreteness and simplicity, we will assume that $H_{0}$ and $V$ are time-independent, with $\left[H_{0}, V\right]=0$. Thus, the transformation of the state vector to the interaction picture is

$$
\begin{equation*}
|\psi\rangle_{\mathrm{I}}=e^{i H_{0} t / \hbar}|\psi\rangle_{\mathrm{S}}, \tag{4.53}
\end{equation*}
$$

(interaction-picture state)
and the transformation for the density operator follows similarly:

$$
\begin{equation*}
\rho_{\mathrm{I}}=e^{i H_{0} t / \hbar} \rho_{\mathrm{S}}(t) e^{-i H_{0} t / \hbar} \tag{4.54}
\end{equation*}
$$

(interaction-picture state)
The operator transforms according to

$$
\begin{equation*}
A_{\mathrm{I}}(t)=e^{i H_{0} t / \hbar} A_{\mathrm{S}} e^{-i H_{0} t / \hbar} \tag{4.55}
\end{equation*}
$$

(interaction-picture operator)
Then the background Hamiltonian causes the operator to evolve,

$$
\begin{equation*}
\partial_{t} A_{\mathrm{I}}=-\frac{i}{\hbar}\left[A_{\mathrm{I}}, H_{0}\right] \tag{4.56}
\end{equation*}
$$

(interaction-picture evolution)
while the state evolves according to the interaction Hamiltonian

$$
\begin{align*}
\partial_{t}|\psi\rangle_{\mathrm{I}} & =-\frac{i}{\hbar} V|\psi\rangle_{\mathrm{I}}  \tag{4.57}\\
\partial_{t} \rho_{\mathrm{I}} & =-\frac{i}{\hbar}\left[V, \rho_{\mathrm{I}}\right] .
\end{align*}
$$

(interaction-picture evolution)

The interaction picture is useful in perturbation theory, where the evolution due to $H_{0}$ is already known. It is thus convenient to bury this evolution in the operators, so that it is possible to focus on the perturbation Hamiltonian $V$.

### 4.3 Wigner Distribution

One important tool for this discussion is the Wigner function (or distribution), which facilitates the description of quantum dynamics in phase space. This is particularly important in comparing quantum and classical mechanics, where the analogous classical object is the phase-space (Liouville) distribution for an ensemble in phase space. The Wigner representation allows us to work with phase-space functions, rather than state vectors and operators. This allows for tremendous insight and simplification for certain aspects of quantum dynamics, and quite a bit of obfuscation for some others.

What do we mean by phase space? For a single-particle, classical Hamiltonian of the form

$$
\begin{equation*}
H(x, p)=\frac{p^{2}}{2 m}+V(x) \tag{4.58}
\end{equation*}
$$

the canonical coordinate pair $(x, p)$ is sufficient to completely determine the state of the particle. Thus, for this system, we can define the $(x, p)$ plane to be the phase space. In general, the classical phase space is the space of all generalized coordinates needed to completely specify the state of the system. For a classical Hamiltonian system of $N$ degrees of freedom, we can generally take the phase space to be the $2 N$-tuple $\left(x_{1}, \ldots, x_{N}, p_{1}, \ldots, p_{N}\right)$ of canonical coordinates.

The Wigner function is defined in terms of the density operator as ${ }^{3}$

$$
\begin{equation*}
W(x, p):=\frac{1}{2 \pi \hbar} \int_{-\infty}^{\infty} d x^{\prime} e^{-i p x^{\prime} / \hbar}\left\langle x+x^{\prime} / 2\right| \rho\left|x-x^{\prime} / 2\right\rangle . \tag{4.59}
\end{equation*}
$$

(Wigner distribution)

We can see that in terms of a rotated density matrix $\rho_{\mathrm{r}}\left(x, x^{\prime}\right):=\left\langle x+x^{\prime} / 2\right| \rho\left|x-x^{\prime} / 2\right\rangle$, the Wigner function has the form of a Fourier transform over the second variable. Since $\rho_{\mathrm{r}}\left(x, x^{\prime}\right)=\rho_{\mathrm{r}}^{*}\left(x,-x^{\prime}\right)$, it is clear that the Wigner function is real-valued. Note that for a pure state, the above formula reduces to

$$
\begin{equation*}
W(x, p):=\frac{1}{2 \pi \hbar} \int_{-\infty}^{\infty} d x^{\prime} e^{-i p x^{\prime} / \hbar} \psi\left(x+x^{\prime} / 2\right) \psi^{*}\left(x-x^{\prime} / 2\right) \tag{4.60}
\end{equation*}
$$

(Wigner distribution)
Obviously, the information content of the Wigner function is equivalent to that of the density operator, since the Wigner transform (4.59) can be inverted: the inverse Fourier transform of $W(x, p)$ over $p$ gives the rotated density operator, which is related by a simple coordinate rotation to the usual density operator. Note that for simplicity here we are sticking to systems of one degree of freedom; the generalizations to more dimensions is reasonably straightforward.

### 4.3.1 Marginal Distributions

The Wigner function is not the only possible quantum phase-space distribution, but it has several features that make it preferable to other distributions. One of its most appealing properties is that each marginal distribution of the Wigner function, where one of the variables is integrated out, results in the probability distribution corresponding to the other variable. The Wigner function itself, however, is not a joint probability distribution, since it can take on negative values, which as we will see below represent the interferences or coherences of the quantum state.

To formalize this notion, we can show that when integrated over the variable $p$, the Wigner function yields the correct spatial probability density:

$$
\begin{equation*}
\int_{-\infty}^{\infty} d p W(x, p)=\langle x| \rho|x\rangle \tag{4.61}
\end{equation*}
$$

( $x$ marginal distribution)

[^24]To see this, just use the definition (4.59) and the integral representation of the delta function:

$$
\begin{align*}
\int_{-\infty}^{\infty} d p W(x, p) & =\frac{1}{2 \pi \hbar} \int_{-\infty}^{\infty} d x^{\prime}\left\langle x+x^{\prime} / 2\right| \rho\left|x-x^{\prime} / 2\right\rangle \int_{-\infty}^{\infty} d p e^{-i p x^{\prime} / \hbar} \\
& =\int_{-\infty}^{\infty} d x^{\prime}\left\langle x+x^{\prime} / 2\right| \rho\left|x-x^{\prime} / 2\right\rangle \delta\left(x^{\prime}\right)  \tag{4.62}\\
& =\langle x| \rho|x\rangle
\end{align*}
$$

Similarly, we can show that integration over $x$ gives the momentum probability density:

$$
\begin{equation*}
\int_{-\infty}^{\infty} d x W(x, p)=\langle p| \rho|p\rangle \tag{4.63}
\end{equation*}
$$

( $p$ marginal distribution)

To see this, we perform the following steps: insert the definition (4.59), let $x \longrightarrow x+x^{\prime} / 2$, let $x^{\prime} \longrightarrow x^{\prime}-x$, use the representations

$$
\begin{equation*}
\left\langle p \mid x^{\prime}\right\rangle=\frac{1}{\sqrt{2 \pi \hbar}} e^{-i p x^{\prime} / \hbar}, \quad\langle x \mid p\rangle=\frac{1}{\sqrt{2 \pi \hbar}} e^{i p x / \hbar} \tag{4.64}
\end{equation*}
$$

and finally use the completeness relations:

$$
\begin{align*}
\int_{-\infty}^{\infty} d x W(x, p) & =\frac{1}{2 \pi \hbar} \int_{-\infty}^{\infty} d x \int_{-\infty}^{\infty} d x^{\prime} e^{-i p x^{\prime} / \hbar}\left\langle x+x^{\prime} / 2\right| \rho\left|x-x^{\prime} / 2\right\rangle \\
& =\frac{1}{2 \pi \hbar} \int_{-\infty}^{\infty} d x \int_{-\infty}^{\infty} d x^{\prime} e^{-i p x^{\prime} / \hbar}\left\langle x+x^{\prime}\right| \rho|x\rangle \\
& =\frac{1}{2 \pi \hbar} \int_{-\infty}^{\infty} d x \int_{-\infty}^{\infty} d x^{\prime} e^{-i p\left(x^{\prime}-x\right) / \hbar}\left\langle x^{\prime}\right| \rho|x\rangle  \tag{4.65}\\
& =\int_{-\infty}^{\infty} d x \int_{-\infty}^{\infty} d x^{\prime}\left\langle p \mid x^{\prime}\right\rangle\left\langle x^{\prime}\right| \rho|x\rangle\langle x \mid p\rangle \\
& =\langle p| \rho|p\rangle
\end{align*}
$$

From either of these arguments it is obvious that the Wigner distribution is normalized such that

$$
\begin{equation*}
\int_{-\infty}^{\infty} d x \int_{-\infty}^{\infty} d p W(x, p)=1 \tag{4.66}
\end{equation*}
$$

(normalization)
The marginal property works along other axes in phase space. This follows from the property that we will show below, that the Wigner-distribution evolution in a harmonic potential is simply a rotation, just as it is for a classical phase-space distribution. Thus, these same arguments can be applied after any phasespace rotation. In fact, this acts as one method for performing a tomographic reconstruction of the Wigner function, since the marginal distributions can be experimentally measured along many axes, then converted to the Wigner function via the (inverse) Radon transform. ${ }^{4}$

### 4.3.2 Overlap

Another intuitively appealing feature of the Wigner function is that the overlap integral of two Wigner functions yields the overlap of the two corresponding density operators. We can see this for the overlap

[^25]of two states represented by $W_{1}(x, p)$ and $W_{2}(x, p)$, by again using the integral representation of the delta function:
\[

$$
\begin{align*}
& \int_{-\infty}^{\infty} d x \int_{-\infty}^{\infty} d p W_{1}(x, p) W_{2}(x, p) \\
& \quad=\frac{1}{(2 \pi \hbar)^{2}} \int_{-\infty}^{\infty} d x \int_{-\infty}^{\infty} d p \int_{-\infty}^{\infty} d x^{\prime} \int_{-\infty}^{\infty} d x^{\prime \prime} e^{-i p\left(x^{\prime}+x^{\prime \prime}\right) / \hbar}\left\langle x+x^{\prime} / 2\right| \rho_{1}\left|x-x^{\prime} / 2\right\rangle\left\langle x+x^{\prime \prime} / 2\right| \rho_{2}\left|x-x^{\prime \prime} / 2\right\rangle \\
& \quad=\frac{1}{2 \pi \hbar} \int_{-\infty}^{\infty} d x \int_{-\infty}^{\infty} d x^{\prime} \int_{-\infty}^{\infty} d x^{\prime \prime} \delta\left(x^{\prime}+x^{\prime \prime}\right)\left\langle x+x^{\prime} / 2\right| \rho_{1}\left|x-x^{\prime} / 2\right\rangle\left\langle x+x^{\prime \prime} / 2\right| \rho_{2}\left|x-x^{\prime \prime} / 2\right\rangle \\
& \quad=\frac{1}{2 \pi \hbar} \int_{-\infty}^{\infty} d x \int_{-\infty}^{\infty} d x^{\prime}\left\langle x+x^{\prime} / 2\right| \rho_{1}\left|x-x^{\prime} / 2\right\rangle\left\langle x-x^{\prime} / 2\right| \rho_{2}\left|x+x^{\prime} / 2\right\rangle . \tag{4.67}
\end{align*}
$$
\]

Again letting $x \longrightarrow x+x^{\prime} / 2$ and then $x^{\prime} \longrightarrow x^{\prime}-x$,

$$
\begin{align*}
\int_{-\infty}^{\infty} d x \int_{-\infty}^{\infty} d p W_{1}(x, p) W_{2}(x, p) & =\frac{1}{2 \pi \hbar} \int_{-\infty}^{\infty} d x \int_{-\infty}^{\infty} d x^{\prime}\left\langle x+x^{\prime} / 2\right| \rho_{1}\left|x-x^{\prime} / 2\right\rangle\left\langle x-x^{\prime} / 2\right| \rho_{2}\left|x+x^{\prime} / 2\right\rangle \\
& =\frac{1}{2 \pi \hbar} \int_{-\infty}^{\infty} d x \int_{-\infty}^{\infty} d x^{\prime}\left\langle x^{\prime}\right| \rho_{1}|x\rangle\langle x| \rho_{2}\left|x^{\prime}\right\rangle  \tag{4.68}\\
& =\frac{1}{2 \pi \hbar} \int_{-\infty}^{\infty} d x^{\prime}\left\langle x^{\prime}\right| \rho_{1} \rho_{2}\left|x^{\prime}\right\rangle \\
& =\frac{1}{2 \pi \hbar} \operatorname{Tr}\left[\rho_{1} \rho_{2}\right]
\end{align*}
$$

Recall that for pure states,

$$
\begin{equation*}
\operatorname{Tr}\left[\rho_{1} \rho_{2}\right]=\left|\left\langle\psi_{1} \mid \psi_{2}\right\rangle\right|^{2} \tag{4.69}
\end{equation*}
$$

where the latter expression is known as the fidelity of two pure states. Thus, $\operatorname{Tr}\left[\rho_{1} \rho_{2}\right]$ is a generalized overlap for mixed states, and

$$
\begin{equation*}
2 \pi \hbar \int_{-\infty}^{\infty} d x \int_{-\infty}^{\infty} d p W_{1}(x, p) W_{2}(x, p)=\operatorname{Tr}\left[\rho_{1} \rho_{2}\right] \tag{4.70}
\end{equation*}
$$

(overlap integral)
represents the same overlap in terms of the Wigner functions. Note that $\operatorname{Tr}\left[\rho_{1} \rho_{2}\right]$ also represents the more general fidelity if either of $\rho_{1}$ or $\rho_{2}$ are pure, but if both states are mixed, the fidelity is defined by $F\left(\rho_{1}, \rho_{2}\right):=$ $\max |\langle 1 \mid 2\rangle|^{2}$, where the maximum is taken over all "purifications" (Section 4.4.5) |1 $\rangle$ of $\rho_{1}$ and $|2\rangle$ of $\rho_{2} .{ }^{5}$ This definition turns out to be equivalent to the expression ${ }^{6} F\left(\rho_{1}, \rho_{2}\right)=\left\{\operatorname{Tr}\left[\sqrt{\sqrt{\rho_{1}} \rho_{2} \sqrt{\rho_{1}}}\right]\right\}^{2}$.

### 4.3.3 Area

Recall that for the density operator, we showed that $\operatorname{Tr}\left[\rho^{2}\right] \leq 1$, with the equality holding for pure states. Using Eq. (4.70),

$$
\begin{equation*}
\operatorname{Tr}\left[\rho^{2}\right]=2 \pi \hbar \int_{-\infty}^{\infty} d x \int_{-\infty}^{\infty} d p W^{2}(x, p) \leq 1 \tag{4.71}
\end{equation*}
$$

Inverting this relation, we find a sort of generalized uncertainty relation,

$$
\begin{equation*}
\left[\int_{-\infty}^{\infty} d x \int_{-\infty}^{\infty} d p W^{2}(x, p)\right]^{-1} \geq 2 \pi \hbar \tag{4.72}
\end{equation*}
$$

(area theorem)

[^26]again with the equality holding for pure states. Recalling that the Wigner function is a normalized distribution, along with the definition for the width $\delta \omega$ for the normalized spectral function $s(\omega)$ [Eq. (2.59)], we see that the quantity on the left-hand side is the two-dimensional generalization of the frequency width. Thus, the quantity on the left-hand side represents the area of the Wigner function, and is sometimes referred to as the Süßmann measure ${ }^{7}$ for the Wigner function. Again, this measure of area is more "robust" for certain distributions than corresponding measures based on rms widths. Eq. (4.72) therefore has the nice interpretation that the Wigner function for a pure state occupies an area of $h$ in phase space, with mixed states occupying more area.

### 4.3.4 Sample Wigner Distributions

To gain more intuition, since our discussion has so far been rather abstract, we will consider a few specific examples of Wigner functions.

### 4.3.4.1 Gaussian State

For a Gaussian state, the definition (4.59) amounts to a Fourier transform of a Gaussian function. In this case, the Wigner function is clearly Gaussian. The most general Gaussian distribution we can write down for two dimensions (centered about the origin) is ${ }^{8}$

$$
\begin{equation*}
W(x, p)=\frac{1}{2 \pi \sqrt{\operatorname{det}\left(S_{\alpha \beta}\right)}} \exp \left[-\frac{1}{2} z_{\alpha}\left(S^{-1}\right)_{\alpha \beta} z_{\beta}\right] \tag{4.73}
\end{equation*}
$$

where $\left(z_{\alpha}\right)=(x, p)$ and

$$
\left(S_{\alpha \beta}\right)=\frac{1}{2}\left(\left[z_{\alpha}, z_{\beta}\right]_{+}\right)=\left[\begin{array}{cc}
V_{x} & C_{x p}  \tag{4.74}\\
C_{x p} & V_{p}
\end{array}\right]
$$

(covariance matrix)
is the covariance matrix, whose inverse is

$$
\left(S^{-1}\right)_{\alpha \beta}=\frac{1}{V_{x} V_{p}-C_{x p}^{2}}\left[\begin{array}{cc}
V_{p} & -C_{x p}  \tag{4.75}\\
-C_{x p} & V_{x}
\end{array}\right] .
$$

Here, $[a, b]_{+}=a b+b a$ is the anticommutator bracket, $V_{x}=\left\langle x^{2}\right\rangle$ is the position variance, $V_{p}=\left\langle p^{2}\right\rangle$ is the momentum variance, and $C_{x p}=\langle x p+p x\rangle / 2$ is the covariance. This form can be derived as follows. For two independent Gaussian random variables, the joint distribution is just the product of two individual Gaussian distributions. Written in matrix form, this gives the above form for $W(x, p)$ where the covariance matrix is diagonal (recall that we just want the distribution with the correct marginals, so in this case classical arguments suffice.) Applying a rotation (or more generally, any linear, symplectic transformation) then gives the form where the covariance matrix is not diagonal. It is then easy to verify that this distribution is normalized and has the correct variances:

$$
\begin{align*}
& \int_{-\infty}^{\infty} d x \int_{-\infty}^{\infty} d p W(x, p) x^{2}=V_{x}=\left\langle x^{2}\right\rangle \\
& \int_{-\infty}^{\infty} d x \int_{-\infty}^{\infty} d p W(x, p) p^{2}=V_{p}=\left\langle p^{2}\right\rangle  \tag{4.76}\\
& \int_{-\infty}^{\infty} d x \int_{-\infty}^{\infty} d p W(x, p) x p=C_{x p}=\frac{1}{2}\langle x p+p x\rangle
\end{align*}
$$

(Gaussian moments)

Note that in the last case, the covariance is associated with the symmetrically ordered expectation value, a point we will return to below.

[^27]
which follows from the fact that the form of $W(x, p)$ is normalized. From Eq. (4.72), we thus find the inequality
\[

$$
\begin{equation*}
V_{x} V_{p}-C_{x p}^{2} \geq \frac{\hbar^{2}}{4} \tag{4.78}
\end{equation*}
$$

\]

(generalized uncertainty relation)
which acts as a generalized uncertainty relation for Gaussian states, and is stronger than the usual uncertainty relation $V_{x} V_{p} \geq \hbar^{2} / 4$, since it maintains the equality for pure Gaussian states even if they are rotated in phase space. Again, the equality holds for pure states. From Eq. (4.71), we can then see that

$$
\begin{equation*}
\operatorname{Tr}\left[\rho^{2}\right]=\frac{\hbar / 2}{\sqrt{V_{x} V_{p}-C_{x p}^{2}}} \tag{4.79}
\end{equation*}
$$

(Gaussian-state purity)
and thus that the size of the Gaussian state is simply related to its purity.
The Gaussian state is also important in another sense. Hudson's theorem ${ }^{9}$ states that the only pure states that do not take on any negative values are Gaussian, at least for systems of one degree of freedom. In this sense the Gaussian pure states are the "most classical," since they can be given a sensible classical interpretation, at least in terms of a classical probability distribution in phase space.

### 4.3.4.2 Coherent Superpositions

Consider the coherent superposition of two positions $\pm x_{0}$. To keep things physical, we will consider a superposition of two Gaussian states, each of rms width $\sigma$ :

$$
\begin{equation*}
\psi(x)=\frac{1}{\sqrt{2}} \frac{1}{\left(2 \pi \sigma^{2}\right)^{1 / 4}}\left[e^{-\left(x-x_{0}\right)^{2} / 4 \sigma^{2}}+e^{-\left(x+x_{0}\right)^{2} / 4 \sigma^{2}}\right] . \tag{4.80}
\end{equation*}
$$

[^28]Putting this into the definition (4.60), we find

$$
\begin{equation*}
W(x, p)=\frac{1}{4 \pi \hbar} e^{2 \sigma^{2} p^{2} / \hbar^{2}}\left[e^{-\left(x-x_{0}\right)^{2} / 2 \sigma^{2}}+e^{-\left(x+x_{0}\right)^{2} / 2 \sigma^{2}}+2 e^{-x^{2} / 2 \sigma^{2}} \cos \left(2 p x_{0} / \hbar\right)\right] . \tag{4.81}
\end{equation*}
$$

The first two terms in brackets are Gaussian distributions centered at $\pm x_{0}$, corresponding to each of the first distributions separately. The final term looks like some sort of interference term: it is a Gaussian distribution centered at the origin, but with a sinusoidal modulation in the $p$-direction with period $\pi \hbar / x_{0}$. The interpretation is that the coherence of the superposition is encoded in this oscillatory structure that lies between the two structures that represent the population. Indeed, had we chosen a different relative phase for the two Gaussian states, we would have simply found a different phase for the sinusoidal modulation. It is also easy to see that for an incoherent superposition of the two Gaussian states (i.e., the density operator being the sum of two Gaussian density operators), the Wigner function is linear in the density operator and thus the oscillatory structure would be missing.


In the wave function, coherences between components of a superposition are again "encoded" in the phases of the complex numbers. The Wigner function is real-valued, and thus complex phases cannot contain the same information. Instead, coherence between two phase-space regions is encoded as oscillations in the region directly between them. In this sense, negative values of the Wigner distribution are indicators of coherence.

We can also see that the oscillatory structure is necessary to recover the proper marginal distributions. The position distribution is given by integrating over $p$, in which case the oscillatory part vanishes, leaving just the two Gaussian states:

$$
\begin{align*}
\langle x| \rho|x\rangle & =\int_{-\infty}^{\infty} d p W(x, p) \\
& =\frac{1}{2 \sqrt{2 \pi \sigma^{2}}}\left[e^{-\left(x-x_{0}\right)^{2} / 4 \sigma^{2}}+e^{-\left(x+x_{0}\right)^{2} / 4 \sigma^{2}}\right]^{2}  \tag{4.82}\\
& \approx \frac{1}{2 \sqrt{2 \pi \sigma^{2}}}\left[e^{-\left(x-x_{0}\right)^{2} / 2 \sigma^{2}}+e^{-\left(x+x_{0}\right)^{2} / 2 \sigma^{2}}\right],
\end{align*}
$$

where the last expression follows through when the Gaussians are well resolved, $\left|x_{0}\right| \gg \sigma$, so that the overlap terms are negligible. On the other hand, the coherent superposition leads to interference fringes in
the momentum distribution (as you would expect, for example, for the far-field diffraction pattern of two Gaussian apertures):

$$
\begin{equation*}
\langle p| \rho|p\rangle=\int_{-\infty}^{\infty} d x W(x, p)=\frac{2 \sigma}{\sqrt{2 \pi} \hbar} e^{-2 \sigma^{2} p^{2} / \hbar^{2}} \cos ^{2}\left(2 p x_{0} / \hbar\right) \tag{4.83}
\end{equation*}
$$

Thus, the orientation of the modulation is critical: a coherent superposition of two phase-space regions implies an array of "stripes" pointing between the two regions, with the stripes or ridges becoming denser and more numerous as the separation increases.

### 4.3.4.3 Harmonic Oscillator States

For the harmonic oscillator with Hamiltonian

$$
\begin{equation*}
H(x, p)=\frac{p^{2}}{2 m}+\frac{1}{2} m \omega_{0}^{2} x^{2} \tag{4.84}
\end{equation*}
$$

we will see below that the quantum and classical equations of motion are identical. The classical motion of a single point particle corresponds to a closed, elliptical trajectory in phase space. This is clear from the form of the Hamiltonian, since classical trajectories correspond to surfaces of constant energy. In particular, in rescaled coordinates such that the Hamiltonian has the form

$$
\begin{equation*}
H^{\prime}\left(x^{\prime}, p^{\prime}\right)=\frac{p^{2}}{2}+\frac{x^{2}}{2} \tag{4.85}
\end{equation*}
$$

the classical trajectories are circles in phase space, all rotating at the same frequency $\omega_{0}$. Thus, time evolution in the rescaled harmonic-oscillator phase space is equivalent to rotation at frequency $\omega_{0}$. Similarly, then, in the proper coordinates, the Wigner function simply rotates in time at frequency $\omega_{0}$.

We can thus infer that in the proper coordinates, the Wigner functions for the harmonic-oscillator eigenstates must be rotationally invariant. Indeed, it can be shown that the $n$th eigenstate has the form ${ }^{10}$

$$
\begin{equation*}
W_{n}(x, p)=\frac{(-1)^{n}}{\pi \hbar} e^{-r^{2}(x, p) / \hbar} L_{n}\left[2 r^{2}(x, p) / \hbar\right] \tag{4.86}
\end{equation*}
$$

(harmonic-oscillator eigenstate)
where

$$
\begin{equation*}
r^{2}(x, p)=m \omega_{0} x^{2}+\frac{p^{2}}{m \omega_{0}} \tag{4.87}
\end{equation*}
$$

and the $L_{n}(x)$ are the Laguerre polynomials, given explicitly by

$$
\begin{equation*}
L_{n}(x)=\sum_{j=0}^{n}\binom{n}{j} \frac{(-x)^{j}}{j!} . \tag{4.88}
\end{equation*}
$$

The functions $W_{n}(x, p)$ are thus called Laguerre-Gaussian functions. Naturally, the marginals of these distributions must reproduce the position and momentum distributions for the harmonic oscillator, given by

$$
\begin{align*}
\left|\psi_{n}(x)\right|^{2} & =\frac{1}{2^{n} n!} \sqrt{\frac{m \omega_{0}}{\pi \hbar}} \exp \left(-\frac{m \omega_{0} x^{2}}{\hbar}\right) H_{n}^{2}\left(\sqrt{\frac{m \omega_{0}}{\hbar}} x\right) \\
\left|\phi_{n}(p)\right|^{2} & =\frac{1}{2^{n} n!} \sqrt{\frac{1}{\pi m \omega_{0} \hbar}} \exp \left(-\frac{p^{2}}{m \omega_{0} \hbar}\right) H_{n}^{2}\left(\sqrt{\frac{1}{m \omega_{0} \hbar}} p\right) . \tag{4.89}
\end{align*}
$$

Here, the $H_{n}(x)$ are the Hermite polynomials, given explicitly by

$$
\begin{equation*}
H_{n}(x)=(-1)^{n} e^{x^{2} / 2} \partial_{x}^{n} e^{-x^{2} / 2} \tag{4.90}
\end{equation*}
$$

and the wave functions in $x$ and $p$ are the Hermite-Gaussian functions. Clearly, for $n>0$, the Wigner functions must take on negative values to reproduce the zeros in the marginal distributions.

Below is a plot of the Wigner distribution and the marginals for the $n=1$ harmonic-oscillator eigenstate,
${ }^{10}$ Wolfgang P. Schleich, Quantum Optics in Phase Space (Wiley, 2001).

and below is the corresponding plot for the $n=2$ harmonic-oscillator eigenstate.


### 4.3.5 Weyl Correspondence and Operator Ordering

The Wigner representation casts quantum mechanics in terms of real-valued functions, rather than state vectors and operators. But then, how do we associate functions with operators, for example, if we want to compute expectation values in the Wigner formalism? While simple phase-space functions, such as $x$ and $p$ have obvious associations with the operators $\hat{x}$ and $\hat{p}$, more complicated functions such as $x^{2} p^{2}$ have ambiguous operator associations due to the ordering problem, where multiple possible operator orderings can correspond to the same classical function. (In this section we explicitly mark operators with hats to distinguish them from real numbers, since this is the whole point, with the exception of the density operator where the notation is already clear.) Indeed, it can be difficult to formulate a prescription for uniquely
associating phase-space functions with operators. ${ }^{11}$

### 4.3.5.1 Weyl's Rule

Consider the exponential phase-space function

$$
\begin{equation*}
e^{i\left(\pi_{x} x+\pi_{p} p\right) / \hbar} \tag{4.91}
\end{equation*}
$$

The notation here is intended to suggest that $x$ and $p$ are, in a sense, coordinates with "conjugate" variables $\pi_{x}$ and $\pi_{p}$, respectively, because we will be constructing Fourier transforms in this way. We can choose to associate this function with the characteristic operator

$$
\begin{equation*}
\hat{M}\left(\pi_{x}, \pi_{p}\right)=e^{i\left(\pi_{x} \hat{x}+\pi_{p} \hat{p}\right) / \hbar} \tag{4.92}
\end{equation*}
$$

(characteristic operator)
This association of the exponential function,

$$
\begin{equation*}
e^{i\left(\pi_{x} x+\pi_{p} p\right) / \hbar} \longrightarrow e^{i\left(\pi_{x} \hat{x}+\pi_{p} \hat{p}\right) / \hbar} \tag{4.93}
\end{equation*}
$$

(Weyl association)
is sufficient to uniquely fix the operator association with any phase-space function.
Weyl's prescription ${ }^{12}$ for the association of an arbitrary phase-space function $F(x, p)$ to an operator proceeds then as follows. The exponential function (4.91) implies the (inverse) Fourier transform relation

$$
\begin{equation*}
F(x, p)=\frac{1}{2 \pi \hbar} \int_{-\infty}^{\infty} d \pi_{x} \int_{-\infty}^{\infty} d \pi_{p} \tilde{F}\left(\pi_{x}, \pi_{p}\right) e^{i\left(\pi_{x} x+\pi_{p} p\right) / \hbar} \tag{4.94}
\end{equation*}
$$

Converting the exponential factor to the characteristic operator, we find an operator related to the same Fourier-transform function $\tilde{F}\left(\pi_{x}, \pi_{p}\right)$ :

$$
\begin{equation*}
\hat{F}(\hat{x}, \hat{p})=\frac{1}{2 \pi \hbar} \int_{-\infty}^{\infty} d \pi_{x} \int_{-\infty}^{\infty} d \pi_{p} \tilde{F}\left(\pi_{x}, \pi_{p}\right) e^{i\left(\pi_{x} \hat{x}+\pi_{p} \hat{p}\right) / \hbar} \tag{4.95}
\end{equation*}
$$

These relations uniquely define the association

$$
\begin{equation*}
F(x, p) \longrightarrow \hat{F}(\hat{x}, \hat{p}) \tag{4.96}
\end{equation*}
$$

For example, we can eliminate the intermediate function in Eq. (4.95),

$$
\begin{equation*}
\hat{F}(\hat{x}, \hat{p})=\frac{1}{(2 \pi \hbar)^{2}} \int_{-\infty}^{\infty} d \pi_{x} \int_{-\infty}^{\infty} d \pi_{p} \int_{-\infty}^{\infty} d x \int_{-\infty}^{\infty} d p F(x, p) e^{i\left[\pi_{x}(\hat{x}-x)+\pi_{p}(\hat{p}-p)\right] / \hbar} \tag{4.97}
\end{equation*}
$$

(Weyl's rule)
to obtain the operator explicitly in terms of the original function.

### 4.3.5.2 Expectation Values

Suppose we now compute the expectation value of Eq. (4.97) with respect to an arbitrary state $\rho$. Then we find

$$
\begin{equation*}
\langle\hat{F}(\hat{x}, \hat{p})\rangle=\frac{1}{(2 \pi \hbar)^{2}} \int_{-\infty}^{\infty} d \pi_{x} \int_{-\infty}^{\infty} d \pi_{p} \int_{-\infty}^{\infty} d x \int_{-\infty}^{\infty} d p F(x, p) M\left(\pi_{x}, \pi_{p}\right) e^{-i\left(\pi_{x} x+\pi_{p} p\right) / \hbar} \tag{4.98}
\end{equation*}
$$

where

$$
\begin{equation*}
M\left(\pi_{x}, \pi_{p}\right):=\left\langle\hat{M}\left(\pi_{x}, \pi_{p}\right)\right\rangle=\left\langle e^{i\left(\pi_{x} \hat{x}+\pi_{p} \hat{p}\right) / \hbar}\right\rangle \tag{4.99}
\end{equation*}
$$

(characteristic function)

[^29]is the characteristic function. Using a special case of the Baker-Campbell-Hausdorff (BCH) relation, ${ }^{13}$ which states that
\[

$$
\begin{equation*}
\exp (A+B)=\exp (A) \exp (B) \exp \left(-\frac{1}{2}[A, B]\right)=\exp (B) \exp (A) \exp \left(\frac{1}{2}[A, B]\right) \tag{4.100}
\end{equation*}
$$

\]

if $[A,[A, B]]=[B,[A, B]]=0$, we can see that

$$
\begin{equation*}
e^{i\left(\pi_{x} \hat{x}+\pi_{p} \hat{p}\right) / \hbar}=e^{i \pi_{p} \hat{p} / 2 \hbar} e^{i \pi_{x} \hat{x} / \hbar} e^{i \pi_{p} \hat{p} / 2 \hbar} \tag{4.101}
\end{equation*}
$$

since $[x, p]=i \hbar$. Then we can write the characteristic function as

$$
\begin{align*}
M\left(\pi_{x}, \pi_{p}\right) & =\operatorname{Tr}\left[e^{i \pi_{p} \hat{p} / 2 \hbar} e^{i \pi_{x} \hat{x} / \hbar} e^{i \pi_{p} \hat{p} / 2 \hbar} \rho\right] \\
& =\int_{-\infty}^{\infty} d x e^{i \pi_{x} x / \hbar}\langle x| e^{i \pi_{p} \hat{p} / 2 \hbar} \rho e^{i \pi_{p} \hat{p} / 2 \hbar}|x\rangle  \tag{4.102}\\
& =\int_{-\infty}^{\infty} d x e^{i \pi_{x} x / \hbar}\left\langle x+\pi_{p} / 2\right| \rho\left|x-\pi_{p} / 2\right\rangle
\end{align*}
$$

In the last step, we use the shifting property of the exponential factors:

$$
\begin{align*}
e^{i \hat{p} x_{0} / \hbar}|x\rangle & =\int_{-\infty}^{\infty} d p^{\prime} e^{i \hat{p} x_{0} / \hbar}\left|p^{\prime}\right\rangle\left\langle p^{\prime} \mid x\right\rangle \\
& =\frac{1}{\sqrt{2 \pi \hbar}} \int_{-\infty}^{\infty} d p^{\prime} e^{-i p^{\prime}\left(x-x_{0}\right) / \hbar}\left|p^{\prime}\right\rangle \\
& =\frac{1}{\sqrt{2 \pi \hbar}} \int_{-\infty}^{\infty} d x^{\prime} \int_{-\infty}^{\infty} d p^{\prime} e^{-i p^{\prime}\left(x-x_{0}\right) / \hbar}\left|x^{\prime}\right\rangle\left\langle x^{\prime} \mid p^{\prime}\right\rangle  \tag{4.103}\\
& =\frac{1}{2 \pi \hbar} \int_{-\infty}^{\infty} d x^{\prime} \int_{-\infty}^{\infty} d p^{\prime} e^{-i p^{\prime}\left(x-x_{0}-x^{\prime}\right) / \hbar}\left|x^{\prime}\right\rangle \\
& =\int_{-\infty}^{\infty} d x^{\prime} \delta\left(x-x_{0}-x^{\prime}\right)\left|x^{\prime}\right\rangle \\
& =\left|x-x_{0}\right\rangle .
\end{align*}
$$

Eq. (4.102) has the form of an inverse Fourier transform, which we can happily invert, with the result

$$
\begin{equation*}
\left\langle x+\pi_{p} / 2\right| \rho\left|x-\pi_{p} / 2\right\rangle=\frac{1}{2 \pi \hbar} \int_{-\infty}^{\infty} d \pi_{x} M\left(\pi_{x}, \pi_{p}\right) e^{-i \pi_{x} x / \hbar} \tag{4.104}
\end{equation*}
$$

Now applying $(2 \pi \hbar)^{-1} \int d \pi_{p} e^{-i \pi_{p} p / \hbar}$ to both sides, we find an expression for the Wigner function in terms of the characteristic function:

$$
\begin{equation*}
W(x, p)=\frac{1}{(2 \pi \hbar)^{2}} \int_{-\infty}^{\infty} d \pi_{x} \int_{-\infty}^{\infty} d \pi_{p} M\left(\pi_{x}, \pi_{p}\right) e^{-i\left(\pi_{x} x+\pi_{p} p\right) / \hbar} \tag{4.105}
\end{equation*}
$$

(alternate definition)
That is, the Wigner function is, up to a constant factor, just the Fourier transform of the characteristic function. Essentially, we have just motivated the definition of the Wigner function as the Weyl correspondence of the density operator.

Using this expression to simplify Eq. (4.98), we find

$$
\begin{equation*}
\langle\hat{F}(\hat{x}, \hat{p})\rangle=\int_{-\infty}^{\infty} d x \int_{-\infty}^{\infty} d p F(x, p) W(x, p) \tag{4.106}
\end{equation*}
$$

(operator expectation value)

[^30]Thus we find another intuitively appealing result, that the expectation values of operators are given by an overlap integral of the corresponding phase-space function with the Wigner distribution. This relation further cements the analogy of the Wigner distribution with a joint probability density. Note that the expectation value here assumes the particular ordering implied by Weyl's rule. This turns out to be a symmetrized ordering, which we will explore more carefully below.

### 4.3.5.3 Weyl Correspondence: Inverse Form

In Eq. (4.97), we gave the operator $\hat{F}(\hat{x}, \hat{p})$ in explicitly in terms of the function $F(x, p)$, but we did not give the inverse relation. We do so here, as a convenient prescription for obtaining the phase-space function from the operator. We start by writing the expectation value as

$$
\begin{align*}
\langle\hat{F}(\hat{x}, \hat{p})\rangle & =\operatorname{Tr}[\hat{F}(\hat{x}, \hat{p}) \rho] \\
& =\int_{-\infty}^{\infty} d x \int_{-\infty}^{\infty} d x^{\prime} \operatorname{Tr}\left[\hat{F}(\hat{x}, \hat{p})\left|x^{\prime}\right\rangle\left\langle x^{\prime}\right| \rho|x\rangle\langle x|\right] \\
& =\int_{-\infty}^{\infty} d x \int_{-\infty}^{\infty} d x^{\prime}\langle x| \hat{F}(\hat{x}, \hat{p})\left|x^{\prime}\right\rangle\left\langle x^{\prime}\right| \rho|x\rangle  \tag{4.107}\\
& =\int_{-\infty}^{\infty} d x \int_{-\infty}^{\infty} d x^{\prime}\left\langle x-x^{\prime} / 2\right| \hat{F}(\hat{x}, \hat{p})\left|x+x^{\prime} / 2\right\rangle\left\langle x+x^{\prime} / 2\right| \rho\left|x-x^{\prime} / 2\right\rangle
\end{align*}
$$

In the last step, we performed the usual trick of letting $x^{\prime} \longrightarrow x^{\prime}+x$ and then $x \longrightarrow x-x^{\prime} / 2$. We can compare this expression with Eq. (4.106), which gives

$$
\begin{equation*}
\langle\hat{F}(\hat{x}, \hat{p})\rangle=\frac{1}{2 \pi \hbar} \int_{-\infty}^{\infty} d x \int_{-\infty}^{\infty} d p \int_{-\infty}^{\infty} d x^{\prime} F(x, p)\left\langle x+x^{\prime} / 2\right| \rho\left|x-x^{\prime} / 2\right\rangle e^{-i p x^{\prime} / \hbar} \tag{4.108}
\end{equation*}
$$

If both relations are to hold for any density operator $\rho$, then we may identify the two integrands:

$$
\begin{equation*}
\left\langle x-x^{\prime} / 2\right| \hat{F}(\hat{x}, \hat{p})\left|x+x^{\prime} / 2\right\rangle=\frac{1}{2 \pi \hbar} \int_{-\infty}^{\infty} d p F(x, p) e^{-i p x^{\prime} / \hbar} \tag{4.109}
\end{equation*}
$$

Inverting this relation and letting $x^{\prime} \longrightarrow-x^{\prime}$, we find

$$
\begin{equation*}
F(x, p)=\int_{-\infty}^{\infty} d x^{\prime}\left\langle x+x^{\prime} / 2\right| \hat{F}(\hat{x}, \hat{p})\left|x-x^{\prime} / 2\right\rangle e^{-i p x^{\prime} / \hbar} \tag{4.110}
\end{equation*}
$$

(Weyl correspondence)
Thus, we see how an arbitrary operator transforms to a phase-space function, and we see that this transformation also motivates the original form for the Wigner transform (4.59).

### 4.3.5.4 Weyl Ordering

As we noted above, the operator ordering implied by Weyl's rule is a symmetrized ordering. Again, the association (4.93) gives

$$
\begin{equation*}
e^{i\left(\pi_{x} x+\pi_{p} p\right) / \hbar} \longrightarrow e^{i \pi_{x} \hat{x} / 2 \hbar} e^{i \pi_{p} \hat{p} / \hbar} e^{i \pi_{x} \hat{x} / 2 \hbar} \tag{4.111}
\end{equation*}
$$

after applying the BCH formula (4.100). Then noting that

$$
\begin{equation*}
e^{i\left(\pi_{x} x+\pi_{p} p\right) / \hbar}=\sum_{n=0}^{\infty} \frac{1}{n!}\left[\frac{i}{\hbar}\left(\pi_{x} x+\pi_{p} p\right)\right]^{n}=\sum_{n=0}^{\infty}\left(\frac{i}{\hbar}\right)^{n} \frac{1}{n!} \sum_{k=0}^{n}\binom{n}{k}\left(\pi_{x} x\right)^{k}\left(\pi_{p} p\right)^{n-k} \tag{4.112}
\end{equation*}
$$

we can match the coefficients of $\pi_{x}^{k} \pi_{p}^{n-k}$ to find the correspondence

$$
\begin{equation*}
\frac{1}{n!}\binom{n}{k} x^{k} p^{n-k} \longrightarrow \sum_{m=0}^{k} \frac{1}{m!(n-k)!(k-m)!}\left(\frac{\hat{x}}{2}\right)^{m} \hat{p}^{n-k}\left(\frac{\hat{x}}{2}\right)^{k-m} \tag{4.113}
\end{equation*}
$$

after expansion of the operator exponentials. Dividing through by the factorials on the left-hand side, this simplifies to

$$
\begin{equation*}
x^{k} p^{n-k} \longrightarrow \frac{1}{2^{k}} \sum_{m=0}^{k}\binom{k}{m} \hat{x}^{m} \hat{p}^{n-k} \hat{x}^{k-m} \tag{4.114}
\end{equation*}
$$

and letting $l=n-k$, we find the explicit Weyl ordering

$$
\begin{equation*}
x^{k} p^{l} \longrightarrow \frac{1}{2^{k}} \sum_{m=0}^{k}\binom{k}{m} \hat{x}^{m} \hat{p}^{l} \hat{x}^{k-m} \tag{4.115}
\end{equation*}
$$

(Weyl ordering rule)

Here we explicitly see the symmetric nature of the ordering. In particular, we have shown that the characteristic function gives all the symmetrically ordered moments

$$
\begin{equation*}
\left\langle\left(\hat{x}^{k} \hat{p}^{l}\right)_{\mathrm{w}}\right\rangle=\left.(-i)^{k+l} \partial_{\pi_{x}}^{k} \partial_{\pi_{p}}^{l} M\left(\pi_{x}, \pi_{p}\right)\right|_{\pi_{x}=0, \pi_{p}=0} \tag{4.116}
\end{equation*}
$$

(moment formula)
where $\left(\hat{x}^{k} \hat{p}^{l}\right)_{\mathrm{w}}$ denotes the symmetrized Weyl ordering of Eq. (4.115).
It is somewhat inconvenient to order any particular function by expanding it, applying the above rule term-by-term, and then resumming it. For general functions, it is easier to use McCoy's formula, ${ }^{14}$ which says that if $\hat{F}_{\text {std }}(\hat{x}, \hat{p})$ is an operator with "standard" ordering, having all $\hat{x}$ 's written to the left and all $\hat{p}$ 's written to the right, then the corresponding operator $\hat{F}_{\mathrm{w}}(\hat{x}, \hat{p})$ with Weyl-ordering operator is obtained by

$$
\begin{equation*}
\hat{F}_{\mathrm{w}}(\hat{x}, \hat{p})=\exp \left(-\frac{i \hbar}{2} \frac{\partial^{2}}{\partial \hat{x} \partial \hat{p}}\right) \hat{F}_{\mathrm{std}}(\hat{x}, \hat{p}) \tag{4.117}
\end{equation*}
$$

(McCoy's formula)
The orders of the factors must obviously be preserved in the differentiation.

### 4.3.6 Operator Products and Commutators

Consider the operator product

$$
\begin{equation*}
\hat{A}=\hat{B} \hat{C} \tag{4.118}
\end{equation*}
$$

How does the product go over to the Wigner representation? Using the Wigner correspondence in the form (4.110), we find that the operator product implies

$$
\begin{equation*}
A(x, p)=B(x, p) \exp \left[\frac{\hbar}{2 i}\left(\overleftarrow{\partial_{p}} \overrightarrow{\partial_{x}}-\overleftarrow{\partial_{x}} \overrightarrow{\partial_{p}}\right)\right] C(x, p) \tag{4.119}
\end{equation*}
$$

(Weyl product correspondence)
where the arrows on the derivative operators indicate the direction of operation. Mostly, the Wigner function has given us relatively simple and intuitively appealing results. However, as we see now, the complexities we have hidden thus far start to become more obvious when looking at operator products.

The proof of this correspondence is left as an exercise (Problem 4.3), but the outline of the derivation is as follows. First, note that Eq. (4.95) gives the operator matrix elements as

$$
\begin{equation*}
\left\langle x^{\prime}\right| \hat{F}\left|x^{\prime \prime}\right\rangle=\frac{1}{2 \pi \hbar} \int_{-\infty}^{\infty} d \pi_{x} \tilde{F}\left(\pi_{x}, x^{\prime \prime}-x^{\prime}\right) e^{i \pi_{x}\left(x^{\prime}+x^{\prime \prime}\right) / 2 \hbar} \tag{4.120}
\end{equation*}
$$

This relation can then be used in the correspondence equation (4.110), and then the derivation carries through in essentially the same way as the others above.

[^31]An alternate form of the operator product is

$$
\begin{equation*}
A(x, p)=B\left(x-\frac{\hbar}{2 i} \partial_{p}, p+\frac{\hbar}{2 i} \partial_{x}\right) C(x, p)=C\left(x+\frac{\hbar}{2 i} \partial_{p}, p-\frac{\hbar}{2 i} \partial_{x}\right) B(x, p) \tag{4.121}
\end{equation*}
$$

(Weyl product correspondence)
These expressions follow from an argument similar to the one for the original form (4.119) (Problem 4.3).
These expressions for the product then give the following correspondence for the commutator:

$$
\begin{equation*}
[\hat{A}, \hat{B}] \longrightarrow \frac{2}{i} A(x, p) \sin \left[\frac{\hbar}{2}\left(\overleftarrow{\partial_{p}} \overrightarrow{\partial_{x}}-\overleftarrow{\partial_{x}} \overrightarrow{\partial_{p}}\right)\right] B(x, p) \tag{4.122}
\end{equation*}
$$

(Weyl commutator correspondence)
With the alternate forms (4.121), we can also write

$$
\begin{equation*}
[\hat{A}, \hat{B}] \longrightarrow\left[A\left(x-\frac{\hbar}{2 i} \partial_{p}, p+\frac{\hbar}{2 i} \partial_{x}\right)-A\left(x+\frac{\hbar}{2 i} \partial_{p}, p-\frac{\hbar}{2 i} \partial_{x}\right)\right] B(x, p) \tag{4.123}
\end{equation*}
$$

(Weyl commutator correspondence) as an alternate correspondence. While the other properties of the Wigner function make it intuitively appealing, we can see that when operator products are involved, the situation becomes substantially more complicated.

### 4.3.7 Moyal Bracket

Finally, based on what we now know, it is straightforward to obtain the equation of motion for the Wigner function. Recalling the Schrödinger-von Neumann equation (4.8), we note by comparing the definition (4.59) to the Weyl correspondence (4.110), we see that the Weyl correspondence for the density operator reads

$$
\begin{equation*}
\frac{1}{2 \pi \hbar} \rho \longrightarrow W(x, p) \tag{4.124}
\end{equation*}
$$

(Weyl quantum-state correspondence)
Using the commutator correspondence (4.122), we find that the Schrödinger-von Neumann equation (4.8) becomes

$$
\begin{align*}
\partial_{t} W(x, p) & =-\frac{2}{\hbar} H(x, p) \sin \left[\frac{\hbar}{2}\left(\overleftarrow{\partial_{p}} \overrightarrow{\partial_{x}}-\overleftrightarrow{\partial_{x}} \overrightarrow{\partial_{p}}\right)\right] W(x, p)  \tag{4.125}\\
& =:\{H, W\}_{\mathrm{M}}
\end{align*}
$$

(Moyal bracket)

The final abbreviation $\{A, B\}_{\mathrm{M}}$ is the Moyal bracket, ${ }^{15}$ so named to emphasize the connection to the classical Poisson bracket

$$
\begin{equation*}
\{A, B\}_{\mathrm{P}}:=\left(\partial_{x} A\right)\left(\partial_{p} B\right)-\left(\partial_{p} A\right)\left(\partial_{x} B\right) \tag{4.126}
\end{equation*}
$$

(Poisson bracket)
For a particle Hamiltonian in "standard form," $H=p^{2} /(2 m)+V(x)$, the Moyal bracket can be written as the Poisson bracket plus quantum "correction" terms:

$$
\begin{equation*}
\partial_{t} W=\{H, W\}_{\mathrm{P}}+\sum_{n=1}^{\infty} \frac{(-1)^{n} \hbar^{2 n}}{2^{2 n}(2 n+1)!}\left(\partial_{x}^{2 n+1} V\right)\left(\partial_{p}^{2 n+1} W\right) \tag{4.127}
\end{equation*}
$$

(Moyal bracket for particle Hamiltonian)
This equation is especially suitable for comparing the quantum evolution with the evolution of a classical ("Liouville") distribution $\rho_{\mathrm{L}}$,

$$
\begin{equation*}
\partial_{t} \rho_{\mathrm{L}}(x, p)=\left\{H, \rho_{\mathrm{L}}\right\}_{\mathrm{P}} \tag{4.128}
\end{equation*}
$$

(Liouville equation)

[^32]which is described only by the Poisson bracket. This equation of motion follows from the classical expansion for a general phase-space function,
\[

$$
\begin{align*}
\frac{d f(x, p, t)}{d t} & =\frac{\partial f}{\partial x} \frac{d x}{d t}+\frac{\partial f}{\partial p} \frac{d p}{d t}+\frac{\partial f}{\partial t} \\
& =\frac{\partial f}{\partial x} \frac{\partial H}{\partial p}-\frac{\partial f}{\partial p} \frac{\partial H}{\partial x}+\frac{\partial f}{\partial t}  \tag{4.129}\\
& =\{f, H\}_{\mathrm{P}}+\frac{\partial f}{\partial t}
\end{align*}
$$
\]

along with Liouville's theorem, which says that $(d / d t) \rho_{\mathrm{L}}=0$, since $\rho_{\mathrm{L}}(x(t), p(t), t)$ is an invariant along any classical trajectory. Thus we see that the usual analogy between quantum and classical mechanics ${ }^{16}$ of

$$
\begin{equation*}
\frac{1}{i \hbar}[\hat{A}, \hat{B}] \longrightarrow\{A, B\}_{\mathrm{P}} \tag{4.130}
\end{equation*}
$$

seen by comparing the Liouville equation (4.128) to the Heisenberg equation of motion (4.51), is made explicit via the Moyal bracket.

Notice that formally setting $\hbar=0$ in (4.127) recovers the Liouville evolution (4.128), so that correspondence seems easy in this formulation; however, it must be emphasized that taking the limit $\hbar \rightarrow 0$ for a quantum system is not trivial and is not, in general, well defined due to the singular nature of the limit.

It is immediately clear from the form of the Moyal bracket (4.127) that quantum-classical correspondence is particularly simple for linear systems, such as the free particle and the harmonic oscillator, because the quantum-correction terms vanish. This yields identical quantum and classical evolution equations for the harmonic oscillator. This point was recognized early on by Schrödinger, when he constructed the coherent states of the harmonic oscillator that mimic the classical oscillating trajectories. ${ }^{17}$ This is a critically important point, and so I'll repeat it: for harmonic oscillators, the quantum and classical evolution equations are equivalent. Thus, all quantum effects in the harmonic oscillator are only in the initial condition. It is only in nonlinear potentials that the dynamical evolution generates quantum effects.

### 4.3.8 Summary: Defining Properties

We conclude our discussion of the Wigner distribution with a summary of the properties that define it. It turns out that the following five properties are sufficient to uniquely define the Wigner function: ${ }^{18}$

1. $W(x, p)$ is a Hermition, bilinear form of the state vector $|\psi\rangle$, so that $W(x, p)=\langle\psi| \hat{W}(x, p)|\psi\rangle$, where $\hat{W}$ is Hermitian operator depending on $x$ and $p$. This implies $W(x, p)$ is real.
2. $W(x, p)$ is normalized and produces the correct marginal probability densities of $x$ and $p$.
3. The definition of $W(x, p)$ exhibits Galilean invariance: the replacement $\psi(x) \longrightarrow \psi\left(x+x_{0}\right)$ implies $W(x, p) \longrightarrow W\left(x+x_{0}, p\right)$ for translations, and $\psi(x) \longrightarrow e^{i p_{0} x / \hbar} \psi(x)$ implies $W(x, p) \longrightarrow W\left(x, p+p_{0}\right)$ for boosts.
4. The definition of $W(x, p)$ is invariant under the reflections $x \longrightarrow-x$ and $t \longrightarrow-t$. Mathematically, this means that $\psi(x) \longrightarrow \psi(-x)$ implies $W(x, p) \longrightarrow W(-x, p)$ for space reflections, and $\psi(x) \longrightarrow \psi^{*}(x)$ implies $W(x, p) \longrightarrow W(x,-p)$ for time reflections.
5. The equation of motion for $W(x, p)$ is the classical one in the case of the free particle.

We have discussed most of these properties already, and the others are easy to see. The extra condition

[^33]6. The squared modulus of the overlap of two states is given by $2 \pi \hbar$ times the phase-space overlap integral of the corresponding Wigner functions, as in Eq. (4.70).
gives an alternate set of conditions sufficient to fix the form of the Wigner function, obtained by replacing condition 5 with this last condition.

### 4.3.9 Other Representations

Naturally, other choices regarding the desirable properties of quantum phase-space distributions lead to other distributions. We will consider a few distributions, some of which have some utility in quantum optics, but we will consider them only briefly.

### 4.3.9.1 Husimi or $Q$ Function

Consider the following Wigner function for a pure Gaussian state, centered at (0, 0), from Eq. (4.73):

$$
\begin{equation*}
W_{V_{x}, V_{p}}(x, p)=\frac{1}{2 \pi \sqrt{V_{x} V_{p}}} \exp \left[-\left(\frac{x^{2}}{2 V_{x}}+\frac{p^{2}}{2 V_{p}}\right)\right] \tag{4.131}
\end{equation*}
$$

Note that here we have assumed a covariance $C_{x p}=0$ for simplicity, and thus $V_{x} V_{p}=\hbar^{2} / 4$. The Husimi Distribution ${ }^{19}$ for an arbitrary state $\rho$ with Wigner distribution $W(x, p)$ is then given by the convolution of the Wigner function corresponding to $\rho$ with the Gaussian Wigner function:

$$
\begin{align*}
W_{\mathrm{H}}(x, p) & :=\left(W * W_{V_{x} V_{p}}\right)(x, p)  \tag{4.132}\\
& =\int_{-\infty}^{\infty} d x^{\prime} \int_{-\infty}^{\infty} d p^{\prime} W\left(x^{\prime}, p^{\prime}\right) W_{V_{x}, V_{p}}\left(x-x^{\prime}, p-p^{\prime}\right)
\end{align*}
$$

(Husimi distribution)

From the overlap relation (4.70), we can see that the Husimi distribution has the following interpretation: $W_{\mathrm{H}}\left(x^{\prime}, p^{\prime}\right)$ represents the projection (up to a factor of $2 \pi \hbar$ ) of $\rho$ into the Gaussian state represented by $W_{V_{x}, V_{p}}\left(x-x^{\prime}, p-p^{\prime}\right)$ [i.e., the Gaussian state centered at $(x, p)$ ]. Thus, the Husimi distribution represents a projection into an overcomplete basis of displaced Gaussian states.

Because of the above projection interpretation, it follows that the Husimi distribution is everywhere positive. It also is a "smoothed" version of the Wigner function, and can be useful for visualizing quantum states in phase space, especially in cases where interferences cause complicated oscillations in the Wigner distribution. The flip side of this is that the Husimi distribution tends to "hide" the quantum nature of certain states; this argument has been used both for and against it for comparing quantum states to classical distributions. The Husimi function also has neither the correct marginals nor a simple equation of motion.

In terms of ordering, the Husimi function corresponds to anti-normal ordering: that is, if $\hat{x}$ and $\hat{p}$ are decomposed into the creation and annihilation operators for the harmonic oscillator ( $\hat{a}^{\dagger}$ and $\hat{a}$, respectively), then the ordering is such that all annihilation operators are to the left of the creation operators. In the case of a harmonic oscillator, and the variances $V_{x}$ and $V_{p}$ of the convolution kernel are chosen to match the ground state (i.e., $W_{V_{x}, V_{p}}\left(x^{\prime}-x, p^{\prime}-p\right)$ is a displaced ground state or a coherent state) the Husimi distribution reduces to the $Q$ function. In this case, the distribution is connected with the operator association ${ }^{20}$

$$
\begin{equation*}
e^{z \alpha^{*}-z^{*} \alpha} \longrightarrow e^{-z^{*} \hat{a}} e^{z \hat{a}^{\dagger}}, \tag{4.133}
\end{equation*}
$$

in place of Eq. (4.93) for the Wigner distribution. Here, $\alpha$ is the eigenvalue of $\hat{a}$, since it turns out that the coherent states are eigenstates of the annihilation operator.

[^34]
### 4.3.9.2 $P$ Function

The Glauber-Sudarshan $P$ function, on the other hand, corresponds to a normal ordering, where all the annihilation operators are written to the right. The formal association rule is thus

$$
\begin{equation*}
e^{z \alpha^{*}-z^{*} \alpha} \longrightarrow e^{z \hat{a}^{\dagger}} e^{-z^{*} \hat{a}} \tag{4.134}
\end{equation*}
$$

This correspondence is sufficient to define the function as well as the operator associations, as in Eqs. (4.94) and (4.95), though we must first equate $\exp \left(z \alpha^{*}-z^{*} \alpha\right)=\exp \left[i\left(\pi_{x} x+\pi_{p} p\right) / \hbar\right]$ to identify the $z$ variable and thus perform the integration.

### 4.3.9.3 Standard-Ordered Distribution

The standard ordering gives the exponential association

$$
\begin{equation*}
e^{i\left(\pi_{x} x+\pi_{p} p\right) / \hbar} \longrightarrow e^{i \pi_{x} \hat{x} / \hbar} e^{i \pi_{p} \hat{p} / \hbar} \tag{4.135}
\end{equation*}
$$

which gives rise to the standard-ordered distribution. It turns out that the corresponding distribution can be written as ${ }^{21}$

$$
\begin{equation*}
W_{\mathrm{S}}(x, p):=\frac{1}{2 \pi \hbar} \int_{-\infty}^{\infty} d x^{\prime} e^{-i p x^{\prime} / \hbar}\left\langle x+x^{\prime}\right| \rho|x\rangle, \tag{4.136}
\end{equation*}
$$

which follows from an argument similar to the one embodied by Eq. (4.102), in analogy with the definition (4.59) of the Wigner distribution.

### 4.3.9.4 Antistandard-Ordered Distribution

Finally, the antistandard ordering corresponds to

$$
\begin{equation*}
e^{i\left(\pi_{x} x+\pi_{p} p\right) / \hbar} \longrightarrow e^{i \pi_{p} \hat{p} / \hbar} e^{i \pi_{x} \hat{x} / \hbar} \tag{4.137}
\end{equation*}
$$

giving rise to the antistandard-ordered distribution, also known as the the Kirkwood distribution or the Rihaczek distribution. It turns out that this distribution can be written as ${ }^{22}$

$$
\begin{equation*}
W_{\mathrm{A}}(x, p):=\frac{1}{2 \pi \hbar} \int_{-\infty}^{\infty} d x^{\prime} e^{-i p x^{\prime} / \hbar}\langle x| \rho\left|x-x^{\prime}\right\rangle \tag{4.138}
\end{equation*}
$$

This distribution is the complex conjugate of the standard-ordered distribution.

### 4.4 Multiple Degrees of Freedom

### 4.4.1 Merging Hilbert Spaces

Suppose two degrees of freedom are prepared in two quantum states completely independently of each other. This could happen, say, for two particles prepared in separate, distant galaxies. We will refer to the two degrees of freedom as "particles," even though they could correspond to different degrees of freedom of the same system, such as the spin and center-of-mass position of an atom, or the spin and spatial profile of a photon.

Labeling the two particles as $A$ and $B$, if the individual states of the particles are $|\psi\rangle_{A}$ and $|\psi\rangle_{B}$, then we can write the composite state as

$$
\begin{equation*}
|\psi\rangle=|\psi\rangle_{A} \otimes|\psi\rangle_{B} \tag{4.139}
\end{equation*}
$$

where $\otimes$ denotes the tensor product (or direct product). Often, this is product is written without an explicit tensor-product symbol:

$$
\begin{equation*}
|\psi\rangle_{A} \otimes|\psi\rangle_{B} \equiv|\psi\rangle_{A}|\psi\rangle_{B} \equiv\left|\psi_{A} \psi_{B}\right\rangle \tag{4.140}
\end{equation*}
$$

[^35]The particle labels can even be dropped, since the ordering determines which state applies to which particle.
We can also see the meaning of the tensor product in component form. Let each separate state be expressed in an orthonormal basis as

$$
\begin{equation*}
|\psi\rangle_{A}=\sum_{\alpha} c_{\alpha}^{(A)}|\alpha\rangle_{A}, \quad|\psi\rangle_{B}=\sum_{\beta} c_{\beta}^{(B)}|\beta\rangle_{B} \tag{4.141}
\end{equation*}
$$

Then we can express the composite state as

$$
\begin{equation*}
|\psi\rangle=\sum_{\alpha \beta} c_{\alpha \beta}\left|\alpha_{A} \beta_{B}\right\rangle \tag{4.142}
\end{equation*}
$$

where

$$
\begin{equation*}
c_{\alpha \beta}=c_{\alpha}^{(A)} c_{\beta}^{(B)} \tag{4.143}
\end{equation*}
$$

Note that $c_{\alpha \beta}$ is still understood to be a vector-like object, with a single index. Thus, there is an implicit (bijective) mapping of the ordered index pair $(\alpha, \beta)$ to a single index, which we simply denote as $\alpha \beta$.

Similarly, we can write a density operator for two independent particles by the same tensor product:

$$
\begin{equation*}
\rho=\rho^{(A)} \otimes \rho^{(B)} \tag{4.144}
\end{equation*}
$$

We can also write this in component form for the density matrices as

$$
\begin{equation*}
\rho_{\alpha \mu \beta \nu}=\rho_{\alpha \beta}^{(A)} \rho_{\mu \nu}^{(B)} \tag{4.145}
\end{equation*}
$$

where again $\alpha \mu$ and $\beta \nu$ are to be taken as composite indices.
The same tensor-product notation applies to Hilbert spaces. That is, we can write

$$
\begin{equation*}
\left|\psi_{A} \psi_{B}\right\rangle \in \mathscr{H}_{A} \otimes \mathscr{H}_{B} \tag{4.146}
\end{equation*}
$$

if $|\psi\rangle_{A} \in \mathscr{H}_{A}$ and $|\psi\rangle_{B} \in \mathscr{H}_{B}$.

### 4.4.2 Entanglement

The above composite states, described by tensor products of separated states, are called separable states. However, not all states are separable, and those that are not separable are called entangled. In some sense, entanglement is the "most quantum" of all quantum effects.

Thus, we can see that a composite state $|\psi\rangle$ is entangled if and only if it cannot be written in the separable form

$$
\begin{equation*}
|\psi\rangle=|\psi\rangle_{A} \otimes|\psi\rangle_{B} \tag{4.147}
\end{equation*}
$$

The definition for density operators is somewhat more general: a density operator for a composite system is separable if and only if it can be written in the form

$$
\begin{equation*}
\rho=\sum_{\alpha} P_{\alpha} \rho_{\alpha}^{(A)} \otimes \rho_{\alpha}^{(B)} \tag{4.148}
\end{equation*}
$$

Unfortunately, given an arbitrary mixed density operator, it is difficult to tell if it corresponds to an entangled state (in fact, this turns out to be an NP-hard problem).

The point is that two entangled systems do not have local states that can be treated independently. This is in conflict with the apparently reasonable assumption of local realism, which states that distant systems should have independent, observer-independent realities (in particular, they should not directly influence each other). Herein lies the importance of the famous Bell inequalities and their experimental verification: local realism contradicts quantum mechanics, and so we must either give up locality or realism. Most modern practitioners of quantum mechanics choose to give up realism, which says that systems have observer-independent realities, in favor of locality. The Bohm formulation of quantum mechanics is a wellknown realistic (but nonlocal) theory.

### 4.4.2.1 Cloning

With the language of entanglement, it is relatively simple to demonstrate the no-cloning theorem, ${ }^{23}$ which says that the state of a single quantum system cannot be copied to another particle. This turns out to be a simple consequence of unitary evolution.

Let's examine just a simple case. Suppose that cloning is possible on a two-state system from particle $A$ to particle $B$. Particle $B$ must be in a particular state to begin with, and without loss of generality we may take this to be the " 0 " state. Then to copy the eigenstates of $A$, we see that there must be a unitary transformation $U$ such that

$$
\begin{equation*}
U|0\rangle_{A}|0\rangle_{B}=|0\rangle_{A}|0\rangle_{B}, \quad U|1\rangle_{A}|0\rangle_{B}=|1\rangle_{A}|1\rangle_{B} . \tag{4.149}
\end{equation*}
$$

However, if particle $A$ is in the superposition state

$$
\begin{equation*}
|\psi\rangle_{A}=\frac{1}{\sqrt{2}}\left(|0\rangle_{A}+|1\rangle_{A}\right) \tag{4.150}
\end{equation*}
$$

then we see that the cloning operator gives

$$
\begin{equation*}
U|\psi\rangle_{A}|0\rangle_{B}=\frac{1}{\sqrt{2}}\left(|0\rangle_{A}|0\rangle_{B}+|1\rangle_{A}|1\rangle_{B}\right) \tag{4.151}
\end{equation*}
$$

which is the entangled Schrödinger-cat state. However, what we wanted for cloning to work properly is the separable state

$$
\begin{equation*}
U|\psi\rangle_{A}|0\rangle_{B}=\frac{1}{2}\left(|0\rangle_{A}+|1\rangle_{A}\right)\left(|0\rangle_{B}+|1\rangle_{B}\right) \tag{4.152}
\end{equation*}
$$

We can see that the problem in this particular example is that $U$ acts nonlocally, and thus induces entanglement between the two particles. In fact, the controlled-NOT (CNOT) gate is a quantum operation that effects the transformations in Eqs. (4.149) (if $A$ and $B$ are in eigenstates, the CNOT flips the state of system $B$ if and only if system $A$ is in state 1 ).

Of course, it is possible to clone a state if you already know everything about it (i.e., you have classical knowledge of the state), or if you have an infinite ensemble of copies. (Copying a state is possible to within some fidelity tolerance for a finite ensemble of copies.) In this case, enough measurements may be made to reconstruct the state of the system arbitrarily well, and of course this procedure does not correspond to a unitary transformation. The problem with the single system is that in general, a measurement of the system destroys its state, and a single measurement is not enough to determine the state of the system. Of course, there is no problem with the cloning of the basis states, as in Eqs. (4.149); the problem is in cloning general states that are not orthogonal to the basis states. In particular this means that with a bit of extra information beyond what is contained in the quantum state (e.g., the state of particle $A$ is either $|0\rangle_{A}$ or $|1\rangle_{A}$, but not any coherent superposition of the two), cloning may in fact be possible.

### 4.4.3 Peres-Horodecki Criterion

Given an arbitrary density operator, how do we tell if it corresponds to an entangled or separable state? As we mentioned above, this is a very difficult problem in general. Nevertheless, we can briefly discuss one important criterion for separability. The Peres-Horodecki or positive partial transpose (PPT) criterion ${ }^{24}$ starts with the following observation. Suppose that we have a separable, composite state for two systems of the form

$$
\begin{equation*}
\rho=\rho^{(A)} \otimes \rho^{(B)} \tag{4.153}
\end{equation*}
$$

[^36]Now suppose that we take the transpose of one subsystem, say $B$, to obtain a new "density operator:"

$$
\begin{equation*}
\tilde{\rho}=\rho^{(A)} \otimes\left(\rho^{(B)}\right)^{\top} \tag{4.154}
\end{equation*}
$$

Note here that for the transposition operation, $\left(\rho^{(B)}\right)^{\top} \equiv\left(\rho^{(B)}\right)^{*}$. The question now is, is $\tilde{\rho}$ still a valid density operator? In general, a Hermitian operator $\rho$ is a valid density operator if it has unit trace and is positive semidefinite; that is, if all its eigenvalues are nonnegative (equivalently, every diagonal matrix element of the density operator is nonnegative in every basis). In this sense, it represents a sensible quantummechanical probability distribution. This property often goes by the name of rho-positivity. The transpose operation does not affect the eigenvalue spectrum, so the transpose of $\rho^{(B)}$ is still a valid density operator, and it follows that $\tilde{\rho}$ is also a valid density operator. Clearly, this argument also holds for the more general separable state (4.148). Thus, we have established a necessary condition for the composite density operator to be separable.

In component form, we can again write the density operator as

$$
\begin{equation*}
\rho_{\alpha \mu \beta \nu}=\rho_{\alpha \beta}^{(A)} \rho_{\mu \nu}^{(B)} \tag{4.155}
\end{equation*}
$$

in which case the PPT is given by interchanging $\mu$ and $\nu$ :

$$
\begin{equation*}
\tilde{\rho}_{\alpha \mu \beta \nu}=\rho_{\alpha \beta}^{(A)} \rho_{\nu \mu}^{(B)} . \tag{4.156}
\end{equation*}
$$

Thus, for an arbitrary density operator, the PPT test consists of computing the PPT of the operator, and then testing $\tilde{\rho}$ for positivity. The positivity of the transposed density operator,

$$
\begin{equation*}
\tilde{\rho}_{\alpha \mu \beta \nu}=\rho_{\alpha \nu \beta \mu} \geq 0 \tag{4.157}
\end{equation*}
$$

(positive partial transpose criterion)
is a necessary (and sufficient in some cases, as we will discuss below) criterion for separability.
Fine, so let's take it for a test drive. Consider the entangled Schrödinger-cat state

$$
\begin{equation*}
|\psi\rangle=\frac{1}{\sqrt{2}}\left(\left|0_{A} 0_{B}\right\rangle+\left|1_{A} 1_{B}\right\rangle\right) \tag{4.158}
\end{equation*}
$$

The density operator is

$$
\begin{equation*}
\rho=\frac{1}{2}(|00\rangle\langle 00|+|11\rangle\langle 11|+|00\rangle\langle 11|+|11\rangle\langle 00|), \tag{4.159}
\end{equation*}
$$

so that the PPT operation on subsystem $B$ gives

$$
\begin{equation*}
\tilde{\rho}=\frac{1}{2}(|00\rangle\langle 00|+|11\rangle\langle 11|+|01\rangle\langle 10|+|10\rangle\langle 01|) . \tag{4.160}
\end{equation*}
$$

With the index ordering $(00,01,10,11)$, this density operator corresponds to the density matrix

$$
\left(\tilde{\rho}_{\alpha \beta}\right)=\frac{1}{2}\left[\begin{array}{cccc}
1 & 0 & 0 & 0  \tag{4.161}\\
0 & 0 & 1 & 0 \\
0 & 1 & 0 & 0 \\
0 & 0 & 0 & 1
\end{array}\right]
$$

which has eigenvalues $1 / 2$ and $-1 / 2$ with multiplicities 3 and 1 , respectively. (We can also see that there is a problem since it is easy to see that the determinant is $-1 / 2^{4}$, and so at least one eigenvalue must be negative.) Hence this is not a proper density matrix, and the state is not separable according to the PPT criterion.

Horodecki ${ }^{3}$ have shown that the PPT criterion is also sufficient for density operators in $\mathscr{H}_{2} \otimes \mathscr{H}_{2}$ and $\mathscr{H}_{2} \otimes \mathscr{H}_{3}$. That is sufficiency holds if the subsystems are both qubits (two-state quantum systems) or there is one qubit and one qutrit (three-state quantum system). For larger Hilbert spaces, the PPT criterion breaks down as a sufficient condition, but remains a useful tool.

More general and powerful criteria than the PPT can be devised, ${ }^{25}$ though of course the general problem of distinguishing separable from entangled states is still computationally inefficient.

[^37]
### 4.4.3.1 Wigner Representation

The PPT condition has an interesting interpretation in the Wigner representation. As we noted above, the transpose of the state is merely the complex conjugation operation. But as we discussed for the Wigner function, complex conjugation corresponds to time-reversal, and thus under the transformation $\psi(x) \longrightarrow$ $\psi^{*}(x)$, the Wigner function undergoes the corresponding transformation $W(x, p) \longrightarrow W(x,-p)$.

Now consider the Wigner function generalized to $N$ degrees of freedom:

$$
\begin{align*}
W\left(x_{\alpha}, p_{\alpha}\right):=\frac{1}{(2 \pi \hbar)^{N}} \int_{-\infty}^{\infty} d x_{1}^{\prime} & \cdots
\end{aligned} \begin{aligned}
\infty & x_{-\infty}^{\prime} e^{-i p_{\beta} x_{\beta}^{\prime} / \hbar}  \tag{4.162}\\
& \times\left\langle x_{1}+x_{1}^{\prime} / 2, \ldots, x_{N}+x_{N}^{\prime} / 2\right| \rho\left|x_{1}+x_{1}^{\prime} / 2, \ldots, x_{N}+x_{N}^{\prime} / 2\right\rangle
\end{align*}
$$

Thus, in the Wigner representation the PPT criterion reads as follows. For the bipartite Wigner function $W\left(x_{1}, x_{2}, p_{1}, p_{2}\right)$, a necessary condition for separability is that

$$
\begin{equation*}
\tilde{W}\left(x_{1}, x_{2}, p_{1}, p_{2}\right):=W\left(x_{1}, x_{2}, p_{1},-p_{2}\right) \tag{4.163}
\end{equation*}
$$

(positive partial transpose)
be a valid Wigner function. The inversion of one momentum here looks like a physical transformation-it is for a system of one degree of freedom-but for a bipartite system it is not, because it maps some physical states to unphysical ones. This test is not necessarily easier than the original one for the density operator. However, Simon ${ }^{26}$ showed that this form of the Peres-Horodecki criterion is also sufficient for Gaussian bipartite states.

We can see from the definition (4.162) of the Wigner function that the area theorem generalizes to

$$
\begin{equation*}
\left[\int d^{N} x \int d^{N} p W^{2}\left(x_{\alpha}, p_{\alpha}\right)\right]^{-1} \geq(2 \pi \hbar)^{N} \tag{4.164}
\end{equation*}
$$

We can write the Gaussian Wigner function as

$$
\begin{equation*}
W\left(z_{\alpha}\right)=\frac{1}{(2 \pi)^{N} \sqrt{\operatorname{det}\left(S_{\alpha \beta}\right)}} \exp \left[-\frac{1}{2} z_{\alpha}\left(S^{-1}\right)_{\alpha \beta} z_{\beta}\right] \tag{4.165}
\end{equation*}
$$

where we are using the generalized coordinate ordering

$$
\begin{equation*}
z_{\alpha}:=\left(x_{1}, \ldots, x_{N}, p_{1}, \ldots, p_{N}\right) \tag{4.166}
\end{equation*}
$$

and the covariance matrix is thus

$$
\begin{equation*}
S_{\alpha \beta}:=\left\langle z_{\alpha} z_{\beta}\right\rangle=\frac{1}{2}\left\langle\left[\hat{z}_{\alpha}, \hat{z}_{\beta}\right]_{+}\right\rangle \tag{4.167}
\end{equation*}
$$

in the case where $\left\langle z_{\alpha}\right\rangle=0$ (which is not a restrictive assumption). Here, $[a, b]_{+}:=a b+b a$ denotes the anticommutator bracket. Thus, the area theorem again implies the generalized "uncertainty relation" for Gaussian states

$$
\begin{equation*}
\operatorname{det}\left(S_{\alpha \beta}\right) \geq\left(\frac{\hbar^{2}}{4}\right)^{N} \tag{4.168}
\end{equation*}
$$

where again equality holds only for pure states. We can use this as one necessary criterion for the validity of a Gaussian Wigner function. However, the PPT operation corresponds to a sign change in the covariance matrix of the form

$$
\left[\begin{array}{llll}
+ & + & + & +  \tag{4.169}\\
+ & + & + & + \\
+ & + & + & + \\
+ & + & + & +
\end{array}\right] \longrightarrow\left[\begin{array}{cccc}
+ & + & + & - \\
+ & + & + & - \\
+ & + & + & - \\
- & - & - & +
\end{array}\right]
$$

and thus we can see that $\operatorname{det}\left(S_{\alpha \beta}\right)$ is actually invariant under PPT. Thus, the condition (4.168) is not strong enough to see why something goes wrong with the Wigner function under PPT.

[^38]
### 4.4.3.2 Generalized Uncertainty Relation

To express a better uncertainty relation, we first note that the commutators for the canonical coordinates can be written in the compact form

$$
\begin{equation*}
\left[z_{\alpha}, z_{\beta}\right]=i \hbar \Omega_{\alpha \beta} \tag{4.170}
\end{equation*}
$$

(commutation relation)
where $\Omega_{\alpha \beta}$ is the canonical cosymplectic two-form, defined by

$$
\left(\Omega_{\alpha \beta}\right):=\left(\begin{array}{cc}
0_{n} & \mathcal{I}_{n}  \tag{4.171}\\
-\mathcal{I}_{n} & 0_{n}
\end{array}\right)
$$

with $\mathcal{I}_{n}$ denoting the $n \times n$ identity matrix and $0_{n}$ the $n \times n$ null matrix. [Note that the cosymplectic form satisfies $-\left(\Omega_{\alpha \beta}\right)=\left(\Omega_{\alpha \beta}\right)^{\top}=\left(\Omega_{\alpha \beta}\right)^{-1}$.] The cosymplectic form effectively defines the structure of Hamiltonian mechanics. In particular, the classical Poisson bracket reads

$$
\begin{equation*}
\{f, g\}_{\mathrm{P}}:=\left(\partial_{x} f\right)\left(\partial_{p} g\right)-\left(\partial_{p} f\right)\left(\partial_{x} g\right) \quad \Longrightarrow \quad\{f, g\}_{\mathrm{P}}=\frac{\partial f}{\partial z_{\alpha}} \Omega_{\alpha \beta} \frac{\partial g}{\partial z_{\beta}}, \tag{4.172}
\end{equation*}
$$

and the classical Hamilton equations are (Section 8.2.2.2)

$$
\begin{equation*}
\partial_{t} p_{\alpha}=\partial_{x_{\alpha}} H, \quad \partial_{t} x_{\alpha}=-\partial_{p_{\alpha}} H \quad \Longrightarrow \quad \partial_{t} z_{\alpha}=\Omega_{\alpha \beta} \frac{\partial H}{\partial z_{\beta}}=\left\{z_{\alpha}, H\right\}_{\mathrm{P}} \tag{4.173}
\end{equation*}
$$

Essentially, the cosymplectic form mixes positions and momenta, but only if they belong to the same degree of freedom. It also treats them on equal footing, but an exchange of the positions with the momenta is accompanied by a minus sign.

The point of all this is that we can use the cosymplectic form to write down a generalized uncertainty relation: ${ }^{27}$

$$
\begin{equation*}
\left(S_{\alpha \beta}\right)+i \frac{\hbar}{2}\left(\Omega_{\alpha \beta}\right) \geq 0 \tag{4.174}
\end{equation*}
$$

Here, $\left(A_{\alpha \beta}\right) \geq 0$ means that the Hermitian operator $\left(A_{\alpha \beta}\right)$ is positive semidefinite (i.e., it has no negative eigenvalues).

So what does that mean? Well, we can try this out for one degree of freedom, in which case we have

$$
\left[\begin{array}{cc}
V_{x} & C_{x p}+i \hbar / 2  \tag{4.175}\\
C_{x p}-i \hbar / 2 & V_{p}
\end{array}\right] \geq 0
$$

Recalling positive semidefiniteness (positivity) is also required of the density operator, we note that this means that all the eigenvalues of the above matrix must be nonnegative. Diagonalizing the above matrix, we find that

$$
\begin{equation*}
\frac{1}{2}\left(V_{x}+V_{p} \pm \sqrt{\left(V_{x}-V_{p}\right)^{2}+4 C_{x p}^{2}+\hbar^{2}}\right) \geq 0 \tag{4.176}
\end{equation*}
$$

Only the case of the negative sign is nontrivial, and this simplifies to

$$
\begin{equation*}
V_{x} V_{p}-C_{x p}^{2} \geq \frac{\hbar^{2}}{4} \tag{4.177}
\end{equation*}
$$

which is precisely the uncertainty condition that we saw before in Eq. (4.72) for the Gaussian state [i.e., the one-dimensional version of Eq. (4.168)]. However, we're trying to establish this as a general criterion, not restricted to Gaussian states.

To establish this result in the case of a single degree of freedom, note that this result (4.177) reduced to the usual uncertainty principle for a diagonal covariance matrix $\left(C_{x p}=0\right)$. Now note that any covariance

[^39]matrix may be obtained from a diagonal one by a suitable initial choice of diagonal variance matrix and a coordinate rotation in phase space. A coordinate rotation preserves areas in phase space, so in a straightforward way, this establishes the result (4.177) for an arbitrary covariance matrix for a one-degree-of-freedom system. The coordinate rotation here is a special case of a symplectic transformation, which we will now examine more closely.

To handle the case of multiple degrees of freedom, we need to be more sophisticated about our coordinate transformations. In particular, let's make a time-independent coordinate transformation from $z_{\alpha}$ to new coordinates $\tilde{z}_{\alpha}=\tilde{z}_{\alpha}\left(z_{\beta}\right)$, which are continuous, differentiable functions of the old coordinates. The Hamiltonian is a scalar, so $H\left(z_{\alpha}\right)=\tilde{H}\left(\tilde{z}_{\alpha}\right)$, and so in the new coordinate system, we can write the equations of motion as

$$
\begin{equation*}
\partial_{t} \tilde{z}_{\mu}=\frac{\partial \tilde{z}_{\mu}}{\partial z_{\alpha}} \partial_{t} z_{\alpha}=\frac{\partial \tilde{z}_{\mu}}{\partial z_{\alpha}} \Omega_{\alpha \beta} \frac{\partial H}{\partial z_{\beta}}=\left[\frac{\partial \tilde{z}_{\mu}}{\partial z_{\alpha}} \Omega_{\alpha \beta} \frac{\partial \tilde{z}_{\nu}}{\partial z_{\beta}}\right] \frac{\partial H}{\partial \tilde{z}_{\nu}}, \tag{4.178}
\end{equation*}
$$

where we used Hamilton's equations in the old coordinate system. Thus we can define

$$
\begin{equation*}
\tilde{\Omega}_{\mu \nu}:=\frac{\partial \tilde{z}_{\mu}}{\partial z_{\alpha}} \Omega_{\alpha \beta} \frac{\partial \tilde{z}_{\nu}}{\partial z_{\beta}} \tag{4.179}
\end{equation*}
$$

which is the cosymplectic form for the new coordinate system. (Recall that $\Omega_{\alpha \beta}$ is the cosymplectic form in canonical coordinates.) Hamilton's equations in the new coordinates can thus be written

$$
\begin{equation*}
\partial_{t} \tilde{z}_{\mu}=\tilde{\Omega}_{\mu \nu} \frac{\partial H}{\partial \tilde{z}_{\nu}}=\left\{\tilde{z}_{\mu}, H\right\}_{\tilde{\mathrm{P}}}, \tag{4.180}
\end{equation*}
$$

where the new Poisson bracket is

$$
\begin{equation*}
\{f, g\}_{\tilde{\mathrm{P}}}=\frac{\partial f}{\partial \tilde{z}_{\mu}} \tilde{\Omega}_{\mu \nu} \frac{\partial g}{\partial \tilde{z}_{\nu}} . \tag{4.181}
\end{equation*}
$$

Now we can define a canonical transformation, which is a coordinate transformation that leaves the cosymplectic form unchanged. In this case, the new coordinates $\tilde{z}_{\alpha}$ are canonical. Thus, the transformation from $z_{\alpha}$ to $\tilde{z}_{\alpha}$ is canonical if and only if

$$
\begin{equation*}
\tilde{\Omega}_{\mu \nu}=\Omega_{\mu \nu} \quad \Longleftrightarrow \quad \Omega_{\mu \nu}=\frac{\partial \tilde{z}_{\mu}}{\partial z_{\alpha}} \Omega_{\alpha \beta} \frac{\partial \tilde{z}_{\nu}}{\partial z_{\beta}} \tag{4.182}
\end{equation*}
$$

(canonical transformation)
Again, this is because $\tilde{\Omega}_{\alpha \beta}$ must have the special form for the new coordinates to be canonical. In particular, note that evolution over a finite time interval $T$ represents a coordinate change $\tilde{z}_{\alpha}(t)=z_{\alpha}(t+T)$ that satisfies these properties, and thus time evolution represents a canonical transformation.

Consider now a linear, canonical coordinate change, or possibly a nonlinear canonical coordinate change only in the neighborhood of a particular point $z^{\alpha}$, so that we may linearize the transformation. Then we may represent the transformation by a matrix,

$$
\begin{equation*}
A_{\mu \nu}:=\frac{\partial \tilde{z}^{\mu}}{\partial z^{\nu}} \tag{4.183}
\end{equation*}
$$

where $A_{\mu \nu}$ is independent of the coordinates and $\tilde{z}_{\alpha}=A_{\alpha \beta} z_{\beta}$. Being a canonical transformation, the linear mapping $A_{\mu \nu}$ satisfies

$$
\begin{equation*}
A_{\mu \alpha} \Omega_{\alpha \beta} A_{\nu \beta}=\Omega_{\mu \nu} \tag{4.184}
\end{equation*}
$$

or in other words $\mathbf{A}$ preserves the canonical cosymplectic form under a similarity transformation:

$$
\begin{equation*}
\mathbf{A} \boldsymbol{\Omega} \mathbf{A}^{\top}=\boldsymbol{\Omega} \tag{4.185}
\end{equation*}
$$

(symplectic matrix)
Any matrix that satisfies this condition is said to be a symplectic matrix. ${ }^{28}$

[^40]How does the covariance matrix transform? In general, we can expand the new coordinates as

$$
\begin{equation*}
\tilde{z}_{\alpha}=\left.\frac{\partial \tilde{z}_{\alpha}}{\partial z_{\beta}}\right|_{z_{\alpha}=0} z_{\beta}+O\left(z^{2}\right) \tag{4.186}
\end{equation*}
$$

In new coordinates,

$$
\begin{equation*}
\tilde{S}_{\alpha \beta}=\left\langle\tilde{z}_{\alpha} \tilde{z}_{\beta}\right\rangle=\left.\left.\frac{\partial \tilde{z}_{\alpha}}{\partial z_{\mu}}\right|_{z_{\mu}=0}\left\langle z_{\mu} z_{\nu}\right\rangle \frac{\partial \tilde{z}_{\beta}}{\partial z_{\nu}}\right|_{z_{\nu}=0}+O\left(z^{3}\right) \tag{4.187}
\end{equation*}
$$

Thus, we see that the covariance matrix only goes simply over to a covariance matrix under a linear transformation, in which case the coordinate transformation reduces to a symplectic matrix $A_{\alpha \beta}$, and we can write

$$
\begin{equation*}
\tilde{S}_{\alpha \beta}=A_{\alpha \mu} S_{\mu \nu} A_{\beta \nu} \tag{4.188}
\end{equation*}
$$

Thus, we can see that

$$
\begin{equation*}
A_{\alpha \mu}\left(S_{\mu \nu}+i \frac{\hbar}{2} \Omega_{\mu \nu}\right) A_{\beta \nu}=A_{\alpha \mu} S_{\mu \nu} A_{\beta \nu}+i \frac{\hbar}{2} \Omega_{\mu \nu}=\tilde{S}_{\mu \nu}+i \frac{\hbar}{2} \Omega_{\mu \nu} \tag{4.189}
\end{equation*}
$$

and thus the uncertainty relation (4.174) is invariant under linear canonical transformations,

$$
\begin{equation*}
\left(\tilde{S}_{\alpha \beta}\right)+i \frac{\hbar}{2}\left(\Omega_{\alpha \beta}\right) \geq 0 \tag{4.190}
\end{equation*}
$$

as we expect. We have used the fact that the statement $\mathbf{M} \geq 0$ is equivalent to the statement $\tilde{\mathbf{M}} \geq 0$ if $\mathbf{M}$ and $\tilde{\mathbf{M}}$ are related by an invertible transformation (you should try proving this, it isn't difficult). This is certainly true here of the symplectic matrices, since we generally assume nonsingular coordinate transformations.

Okay, now let's return to the uncertainty relation for $N$ degrees of freedom. We'll start again by considering only a diagonal covariance matrix. Then the matrix

$$
\begin{equation*}
\left(S_{\alpha \beta}\right)+i \frac{\hbar}{2}\left(\Omega_{\alpha \beta}\right) \tag{4.191}
\end{equation*}
$$

only has elements along three diagonals: the cosymplectic form again couples positions to momenta, but only if they belong to the same degree of freedom. Thus, this matrix is easy to diagonalize: the matrix essentially decomposes into a set of $N 2 \times 2$ blocks of the form

$$
\left[\begin{array}{cc}
V_{x_{\alpha}} & i \hbar / 2  \tag{4.192}\\
-i \hbar / 2 & V_{p_{\alpha}}
\end{array}\right]
$$

just as we had in the case of one degree of freedom. Then, by the same argument, we can see that the uncertainty relation in this case reduces to the set of uncertainty relations

$$
\begin{equation*}
V_{x_{\alpha}} V_{p_{\alpha}} \geq \frac{\hbar^{2}}{4} \tag{4.193}
\end{equation*}
$$

which we know to be true.
For the general case, we then rely on the fact that any covariance matrix can be reduced to diagonal form by a linear, symplectic transformation (i.e., via a symplectic matrix). This seems reasonable, since as long as we are doing an effective linearization by only considering the covariance matrix, there should exist a linear, canonical transformation that takes any covariance matrix to any other (with the same "volume" or purity). However, this result can be formalized in Williamson's theorem ${ }^{29}$, which guarantees that we can always use a symplectic transformation to obtain the diagonal form. We showed that the uncertainty relation is invariant under linear, canonical transformations, and thus the uncertainty relation (4.174) holds in general.

[^41]
### 4.4.3.3 Sufficiency for Gaussian States

Now we can get back to the original question, what goes wrong with the Wigner function under the partial transpose operation for entangled states? Well, we need to do a little more work with the uncertainty relation (4.174) to see what it means. Let $M_{\alpha \beta}$ be positive semidefinite. This means that

$$
\begin{equation*}
c_{\alpha}^{*} M_{\alpha \beta} c_{\alpha} \geq 0 \tag{4.194}
\end{equation*}
$$

for any complex vector $c_{\alpha}$, and note that we may take $M_{\alpha \beta}$ to be Hermitian. Now let

$$
\begin{equation*}
c_{\alpha}=a_{\alpha}+i b_{\alpha}, \tag{4.195}
\end{equation*}
$$

where $a_{\alpha}$ and $b_{\alpha}$ are real vectors. Then the positivity condition reads

$$
\begin{equation*}
a_{\alpha} M_{\alpha \beta} a_{\beta}+b_{\alpha} M_{\alpha \beta} b_{\beta}+i a_{\alpha} M_{\alpha \beta} b_{\beta}-i b_{\alpha} M_{\alpha \beta} a_{\beta} \geq 0 \tag{4.196}
\end{equation*}
$$

Since $M_{\alpha \beta}$ is Hermitian,

$$
\begin{equation*}
b_{\alpha} M_{\alpha \beta} a_{\beta}=a_{\alpha} M_{\alpha \beta}^{*} b_{\beta} . \tag{4.197}
\end{equation*}
$$

Then with

$$
\begin{equation*}
M_{\alpha \beta}-M_{\alpha \beta}^{*}=i \operatorname{Im}\left[M_{\alpha \beta}\right], \tag{4.198}
\end{equation*}
$$

the positivity condition is

$$
\begin{equation*}
a_{\alpha} M_{\alpha \beta} a_{\beta}+b_{\alpha} M_{\alpha \beta} b_{\beta}-2 a_{\alpha} \operatorname{Im}\left[M_{\alpha \beta}\right] b_{\beta} \geq 0 \tag{4.199}
\end{equation*}
$$

Letting $M_{\alpha \beta} \longrightarrow S_{\alpha \beta}+i(\hbar / 2) \Omega_{\alpha \beta}$ and using $a_{\alpha} \Omega_{\alpha \beta} a_{\beta}=0$ (because $\Omega_{\alpha \beta}=-\Omega_{\beta \alpha}$ ), we see that the uncertainty relation becomes

$$
\begin{equation*}
a_{\alpha} S_{\alpha \beta} a_{\beta}+b_{\alpha} S_{\alpha \beta} b_{\beta} \geq \hbar a_{\alpha} \Omega_{\alpha \beta} b_{\beta} \tag{4.200}
\end{equation*}
$$

The left-hand side is invariant under the exchange $a_{\alpha} \longleftrightarrow b_{\alpha}$, but the right-hand side changes sign, giving a second condition. Only one of these two conditions is nontrivial, and so it is appropriate to rewrite the uncertainty condition as

$$
\begin{equation*}
a_{\alpha} S_{\alpha \beta} a_{\beta}+b_{\alpha} S_{\alpha \beta} b_{\beta} \geq \hbar\left|a_{\alpha} \Omega_{\alpha \beta} b_{\beta}\right| \tag{4.201}
\end{equation*}
$$

to emphasize the nontrivial condition.
In the case of two degrees of freedom,

$$
\Omega_{\alpha \beta} b_{\beta}=\left[\begin{array}{cccc}
0 & 0 & 1 & 0  \tag{4.202}\\
0 & 0 & 0 & 1 \\
-1 & 0 & 0 & 0 \\
0 & -1 & 0 & 0
\end{array}\right]\left[\begin{array}{c}
b_{1} \\
b_{2} \\
b_{3} \\
b_{4}
\end{array}\right]=\left[\begin{array}{c}
b_{3} \\
b_{4} \\
-b_{1} \\
-b_{2}
\end{array}\right]
$$

and so

$$
\begin{equation*}
a_{\alpha} \Omega_{\alpha \beta} b_{\beta}=\left(a_{1} b_{3}-b_{1} a_{3}\right)+\left(a_{2} b_{4}-b_{2} a_{4}\right) \tag{4.203}
\end{equation*}
$$

Thus, the uncertainty condition becomes

$$
\begin{equation*}
a_{\alpha} S_{\alpha \beta} a_{\beta}+b_{\alpha} S_{\alpha \beta} b_{\beta} \geq \hbar\left|\left(a_{1} b_{3}-b_{1} a_{3}\right)+\left(a_{2} b_{4}-b_{2} a_{4}\right)\right| \tag{4.204}
\end{equation*}
$$

Recalling that the partial transpose corresponds to $p_{2} \longrightarrow-p_{2}$, we see that the partial transpose is induced by the operator $\Lambda=\operatorname{diag}(1,1,1,-1)$, so that we can write the transposition as

$$
\begin{equation*}
S_{\alpha \beta} \longrightarrow S_{\alpha \beta}^{\prime}=\Lambda_{\alpha \mu} S_{\mu \nu} \Lambda_{\beta \nu}, \quad z_{\alpha} \longrightarrow z_{\alpha}^{\prime}=\Lambda_{\alpha \beta} z_{\beta} \tag{4.205}
\end{equation*}
$$

Note that $\Lambda_{\alpha \beta}$ does not correspond to a unitary transformation, nor does it represent a canonical transformation, as we can see from the transformation of the cosymplectic form:

$$
\Omega_{\alpha \beta} \longrightarrow \Omega_{\alpha \beta}^{\prime}=\Lambda_{\alpha \mu} \Omega_{\mu \nu} \Lambda_{\beta \nu}=\left[\begin{array}{cc}
\mathbf{0} & \mathbf{J}  \tag{4.206}\\
-\mathbf{J} & \mathbf{0}
\end{array}\right], \quad \mathbf{J}=\left[\begin{array}{cc}
1 & 0 \\
0 & -1
\end{array}\right]
$$

This clearly does not have the same form as the original cosymplectic form. Again, the Peres-Horodecki criterion says that under partial transposition, the resulting Wigner function for a separable state must still be a valid state. Thus, we have the new uncertainty relation that must be satisfied for separable states:

$$
\begin{equation*}
\left(S_{\alpha \beta}^{\prime}\right)+i \frac{\hbar}{2}\left(\Omega_{\alpha \beta}\right) \geq 0 \tag{4.207}
\end{equation*}
$$

Since $\left(\Lambda_{\alpha \beta}\right)=\left(\Lambda_{\alpha \beta}\right)^{-1}$, this condition is equivalent to

$$
\begin{equation*}
\left(S_{\alpha \beta}\right)+i \frac{\hbar}{2}\left(\Omega_{\alpha \beta}^{\prime}\right) \geq 0 \tag{4.208}
\end{equation*}
$$

Repeating the above derivation, we see that

$$
\Omega_{\alpha \beta}^{\prime} b_{\beta}=\left[\begin{array}{cccc}
0 & 0 & 1 & 0  \tag{4.209}\\
0 & 0 & 0 & -1 \\
-1 & 0 & 0 & 0 \\
0 & 1 & 0 & 0
\end{array}\right]\left[\begin{array}{c}
b_{1} \\
b_{2} \\
b_{3} \\
b_{4}
\end{array}\right]=\left[\begin{array}{c}
b_{3} \\
-b_{4} \\
-b_{1} \\
b_{2}
\end{array}\right],
$$

and thus

$$
\begin{equation*}
a_{\alpha} \Omega_{\alpha \beta}^{\prime} b_{\beta}=\left(a_{1} b_{3}-b_{1} a_{3}\right)-\left(a_{2} b_{4}-b_{2} a_{4}\right) \tag{4.210}
\end{equation*}
$$

This is the same as the uncertainty relation as before save for a minus sign. Noting that $w \geq|u+v|$ and $w \geq|u-v|$ implies that $w \geq|u|+|v|$ for real numbers $u$, $v$, and $w$, we see from Eq. (4.204) that the uncertainty relation for separable states reads

$$
\begin{equation*}
a_{\alpha} S_{\alpha \beta} a_{\beta}+b_{\alpha} S_{\alpha \beta} b_{\beta} \geq \hbar\left|a_{1} b_{3}-b_{1} a_{3}\right|+\hbar\left|a_{2} b_{4}-b_{2} a_{4}\right| \tag{4.211}
\end{equation*}
$$

We can see that this is a stronger condition than the uncertainty relation (4.204).
Thus we see that separable states obey a stricter uncertainty law than generic states. Now let's consider an example to try to get a feeling for this. Consider the case

$$
\left(a_{\alpha}\right)=\frac{1}{x_{0}}\left[\begin{array}{l}
1  \tag{4.212}\\
1 \\
0 \\
0
\end{array}\right], \quad\left(b_{\alpha}\right)=\frac{1}{p_{0}}\left[\begin{array}{c}
0 \\
0 \\
1 \\
-1
\end{array}\right]
$$

where $x_{0}$ and $p_{0}$ are length and momentum scales, respectively, that we introduce to make the units come out right. Then

$$
\begin{equation*}
\left(a_{1} b_{3}-b_{1} a_{3}\right)=\frac{1}{x_{0} p_{0}}, \quad\left(a_{2} b_{4}-b_{2} a_{4}\right)=-\frac{1}{x_{0} p_{0}} \tag{4.213}
\end{equation*}
$$

and the terms on the left-hand side of the uncertainty relation are

$$
\begin{align*}
a_{\alpha} S_{\alpha \beta} a_{\beta} & =\frac{1}{x_{0}^{2}}\left(V_{x_{1}}+V_{x_{2}}+2 C_{x_{1} x_{2}}\right)=\frac{1}{x_{0}^{2}}\left\langle\left(x_{1}+x_{2}\right)^{2}\right\rangle  \tag{4.214}\\
b_{\alpha} S_{\alpha \beta} b_{\beta} & =\frac{1}{p_{0}^{2}}\left(V_{p_{1}}+V_{p_{2}}-2 C_{p_{1} p_{2}}\right)=\frac{1}{p_{0}^{2}}\left\langle\left(p_{1}-p_{2}\right)^{2}\right\rangle
\end{align*}
$$

In this case, we can see that the uncertainty relation

$$
\begin{equation*}
\frac{1}{x_{0}^{2}}\left\langle\left(x_{1}+x_{2}\right)^{2}\right\rangle+\frac{1}{p_{0}^{2}}\left\langle\left(p_{1}-p_{2}\right)^{2}\right\rangle \geq 0 \tag{4.215}
\end{equation*}
$$

which always trivially holds. The separability condition, on the other hand, gives

$$
\begin{equation*}
\frac{1}{x_{0}^{2}}\left\langle\left(x_{1}+x_{2}\right)^{2}\right\rangle+\frac{1}{p_{0}^{2}}\left\langle\left(p_{1}-p_{2}\right)^{2}\right\rangle \geq \frac{2 \hbar}{x_{0} p_{0}} . \tag{4.216}
\end{equation*}
$$

Introducing scaled variables $x_{\alpha}^{\prime}:=x_{\alpha} / x_{0}$ and $p_{\alpha}^{\prime}:=p_{\alpha} / p_{0}$, and choosing $x_{0} p_{0}=\hbar$, these conditions become

$$
\begin{array}{ll}
\left\langle\left(x_{1}^{\prime}+x_{2}^{\prime}\right)^{2}\right\rangle+\left\langle\left(p_{1}^{\prime}-p_{2}^{\prime}\right)^{2}\right\rangle \geq 0 & \text { (uncertainty) }  \tag{4.217}\\
\left\langle\left(x_{1}^{\prime}+x_{2}^{\prime}\right)^{2}\right\rangle+\left\langle\left(p_{1}^{\prime}-p_{2}^{\prime}\right)^{2}\right\rangle \geq 2 & \text { (separability). }
\end{array}
$$

It is certainly possible to find a Gaussian state to violate this second condition. Such a state is a two-mode squeezed state, and represents entanglement between the particles.

In effect the entanglement arises via correlations between $x_{1}$ and $x_{2}$, and between $p_{1}$ and $p_{2}$. That is, even if $p_{1}$ and $p_{2}$ have large variances, it is possible for the difference to be well-defined. To compensate, the sum must be ill-defined. Thus, the two-mode squeezed state with $x_{1}+x_{2}$ and $p_{1}-p_{2}$ squeezed would look something like this:



Note that the choice of the particular combination $\left(x_{1}+x_{2}\right)$ and $\left(p_{1}-p_{2}\right)$ is not accidental, as these operators form a pair of commuting observables:

$$
\begin{equation*}
\left[x_{1}+x_{2}, p_{1}-p_{2}\right]=\left[x_{1}, p_{1}\right]-\left[x_{2}, p_{2}\right]=0 \tag{4.218}
\end{equation*}
$$

For example, if we had instead chosen the combination $\left(p_{1}+p_{2}\right)$, this would not have worked out, since the variables no longer commute:

$$
\begin{equation*}
\left[x_{1}+x_{2}, p_{1}+p_{2}\right]=\left[x_{1}, p_{1}\right]+\left[x_{2}, p_{2}\right]=2 i \hbar \tag{4.219}
\end{equation*}
$$

In this case,

$$
\left(b_{\alpha}\right)=\frac{1}{p_{0}}\left[\begin{array}{l}
0  \tag{4.220}\\
0 \\
1 \\
1
\end{array}\right]
$$

and so $\left(a_{2} b_{4}-b_{2} a_{4}\right)=1 / x_{0} p_{0}$ and $b_{\alpha} S_{\alpha \beta} b_{\beta}=\left\langle\left(p_{1}+p_{2}\right)^{2}\right\rangle / p_{0}^{2}$. However, the uncertainty relation and separability conditions are equivalent in this case, reading (in the same scaled coordinates)

$$
\begin{equation*}
\left\langle\left(x_{1}^{\prime}+x_{2}^{\prime}\right)^{2}\right\rangle+\left\langle\left(p_{1}^{\prime}+p_{2}^{\prime}\right)^{2}\right\rangle \geq 2 \quad \text { (separability and uncertainty). } \tag{4.221}
\end{equation*}
$$

For the noncommuting observables, as usual, correlation in one set leads to decorrelation of the others, in such a way that squeezing does not work. Now we can see what goes wrong in the partial transpose: it is possible to construct a state squeezed in $\left(x_{1}+x_{2}\right)$ and $\left(p_{1}-p_{2}\right)$, and under the transpose, we obtain a state that violates the uncertainty relation for $\left(x_{1}+x_{2}\right)$ and $\left(p_{1}+p_{2}\right)$. Thus, we see explicitly that separability implies uncertainty relations even among commuting observables.

For Gaussian states, the variances represent the end of the story: they fully characterize the Gaussian. Indeed, it has been shown ${ }^{30}$ that the above separability criteria are sufficient for separability for two-mode continuous Gaussian systems. (We knew all along that the separability criterion was necessary.)

[^42]
### 4.4.4 Indistinguishability

Bosonic and fermionic quantum particles that are identical are furthermore indistinguishable, even in principle. This induces a structure that looks a lot like entanglement, but isn't really the same. ${ }^{31}$ Consider the two-particle state

$$
\begin{equation*}
|\psi\rangle=\left|\left(\psi_{1}\right)_{A}\left(\psi_{2}\right)_{B}\right\rangle . \tag{4.222}
\end{equation*}
$$

That is, particle $A$ is in state $\left|\psi_{1}\right\rangle$, and particle $B$ is in state $\left|\psi_{2}\right\rangle$. This state is appropriate for distinguishable particles. But if the two particles are indistinguishable, the state must be invariant under exchange of the particle labels,

$$
\begin{equation*}
|\psi\rangle=\left|\left(\psi_{2}\right)_{A}\left(\psi_{1}\right)_{B}\right\rangle, \tag{4.223}
\end{equation*}
$$

which for this state would imply that $\left|\psi_{1}\right\rangle=\left|\psi_{2}\right\rangle$. It is hardly satisfactory for every indistinguishable particle to be in the same state, so we can introduce an explicit symmetrization (antisymmetrization) as follows:

$$
\begin{equation*}
|\psi\rangle_{ \pm}=\frac{1}{\sqrt{2}}\left(\left|\left(\psi_{1}\right)_{A}\left(\psi_{2}\right)_{B}\right\rangle \pm\left|\left(\psi_{2}\right)_{A}\left(\psi_{1}\right)_{B}\right\rangle\right) \tag{4.224}
\end{equation*}
$$

In the case of the minus sign, the particle exchange is accompanied by a factor $(-1)$, amounting to just an overall phase, which is certainly permissible.

What happens when we try to superpose these states? We can see that

$$
\begin{equation*}
\frac{1}{\sqrt{2}}\left(|\psi\rangle_{+}+|\psi\rangle_{-}\right)=\left|\left(\psi_{1}\right)_{A}\left(\psi_{2}\right)_{B}\right\rangle \tag{4.225}
\end{equation*}
$$

and so we end up in a state that's no good. Evidently, we can't superpose states corresponding to different symmetrizations. Thus, we must postulate that once a pair of particles obey a certain symmetrization rule, they must always do so. (This is equivalent to the statement that the operator corresponding to the exchange operation commutes with the Hamiltonian.) Of course, the particles corresponding to the + sign in (4.224) are bosons, and those corresponding to the - sign are fermions. Again, Eq. (4.224) is suggestive of an entangled state, but only in a trivial sense, since it is nonsensical to speak of separate identities for the two particles. It is completely, fundamentally impossible to tell them apart. Another way to see this that even with an unsymmetrized state vector, we can always impose the symmetrization via the representation:

$$
\begin{equation*}
\frac{1}{\sqrt{2}}\left(\left\langle\left(x_{1}\right)_{A}\left(x_{2}\right)_{B}\right| \pm\left\langle\left(x_{2}\right)_{A}\left(x_{1}\right)_{B}\right|\right)|\psi\rangle=\frac{1}{\sqrt{2}}\left[\psi\left(x_{1}, x_{2}\right) \pm \psi\left(x_{2}, x_{1}\right)\right] . \tag{4.226}
\end{equation*}
$$

Here, $x_{1}$ and $x_{2}$ represent two different position coordinates, it is the ordering of the arguments that determines which particle is associated with which position.

### 4.4.4.1 Exchange "Force"

One consequence of indistinguishability is an interference effect that looks something like an effective force between indistinguishable particles. This effect, the exchange force, is particularly important in understanding atomic and molecular structure, condensed matter systems, quantum degenerate gases, and astrophysics (where "degeneracy pressure" prevents white dwarfs and neutron stars from collapsing).

Consider two particles $A$ and $B$ in respective states $\left|\psi_{1}\right\rangle$ and $\left|\psi_{2}\right\rangle$, which we assume to be orthonormal. For distinguishable particles, the composite state is

$$
\begin{equation*}
|\psi\rangle=\left|\left(\psi_{1}\right)_{A}\left(\psi_{2}\right)_{B}\right\rangle . \tag{4.227}
\end{equation*}
$$

The joint spatial probability density is

$$
\begin{equation*}
P\left(A \text { at } x_{A}, B \text { at } x_{B}\right)=\left|\left\langle x_{A} x_{B} \mid \psi\right\rangle\right|^{2}=\left|\psi_{1}\left(x_{A}\right)\right|^{2}\left|\psi_{2}\left(x_{B}\right)\right|^{2} \quad \text { (distinguishable), } \tag{4.228}
\end{equation*}
$$

[^43]where $\psi_{1}\left(x_{A}\right)=\left\langle x_{A} \mid\left(\psi_{1}\right)_{A}\right\rangle$ and $\psi_{2}\left(x_{B}\right)=\left\langle x_{B} \mid\left(\psi_{2}\right)_{B}\right\rangle$. If we choose not to distinguish between the particles, we can compute the probability of finding one at $x$ and the other at $x^{\prime}$,
\[

$$
\begin{align*}
P\left(1 \text { particle at } x, 1 \text { particle at } x^{\prime}\right) & =P\left(A \text { at } x, B \text { at } x^{\prime}\right)+P\left(A \text { at } x^{\prime}, B \text { at } x\right) \\
& =\left|\psi_{1}(x)\right|^{2}\left|\psi_{2}\left(x^{\prime}\right)\right|^{2}+\left|\psi_{1}\left(x^{\prime}\right)\right|^{2}\left|\psi_{2}(x)\right|^{2} \quad \text { (distinguishable). } \tag{4.229}
\end{align*}
$$
\]

This expression facilitates comparison with the indistinguishable case.
Now consider indistinguishable particles, either bosons or fermions

$$
\begin{equation*}
|\psi\rangle=\frac{1}{\sqrt{2}}\left(\left|\left(\psi_{1}\right)_{A}\left(\psi_{2}\right)_{B}\right\rangle \pm\left|\left(\psi_{2}\right)_{A}\left(\psi_{1}\right)_{B}\right\rangle\right) \tag{4.230}
\end{equation*}
$$

In this case the joint spatial probability density becomes

$$
\begin{align*}
& P\left(A \text { at } x_{A}, B \text { at } x_{B}\right)= \\
& =\frac{\left|\left\langle x_{A} x_{B} \mid \psi\right\rangle\right|^{2}}{2}\left(\left|\psi_{1}\left(x_{A}\right)\right|^{2}\left|\psi_{2}\left(x_{B}\right)\right|^{2}+\left|\psi_{2}\left(x_{A}\right)\right|^{2}\left|\psi_{1}\left(x_{B}\right)\right|^{2}\right.  \tag{4.231}\\
& \\
& \left.\quad \pm 2 \operatorname{Re}\left[\psi_{1}^{*}\left(x_{A}\right) \psi_{2}^{*}\left(x_{B}\right) \psi_{2}\left(x_{A}\right) \psi_{1}\left(x_{B}\right)\right]\right) \quad \text { (bosons/fermions). }
\end{align*}
$$

Again, we must drop the particle labels, so
$P\left(1\right.$ particle at $x, 1$ particle at $\left.x^{\prime}\right)=\left(\left|\psi_{1}(x)\right|^{2}\left|\psi_{2}\left(x^{\prime}\right)\right|^{2}+\left|\psi_{2}(x)\right|^{2}\left|\psi_{1}\left(x^{\prime}\right)\right|^{2}\right.$

$$
\begin{equation*}
\left. \pm 2 \operatorname{Re}\left[\psi_{1}^{*}(x) \psi_{2}^{*}\left(x^{\prime}\right) \psi_{2}(x) \psi_{1}\left(x^{\prime}\right)\right]\right) \quad \text { (bosons/fermions) } \tag{4.232}
\end{equation*}
$$

The final interference term is the exchange term. Note that it is nonvanishing only if the two wave functions $\psi_{1}(x)$ and $\psi_{2}(x)$ overlap.

To see the effect of the exchange term, consider the probability density when $x=x^{\prime}$. For distinguishable particles, the probability density is simply

$$
\begin{equation*}
P(\text { both at } x)=2\left|\psi_{1}(x)\right|^{2}\left|\psi_{2}(x)\right|^{2} \tag{4.233}
\end{equation*}
$$

(distinguishable particles)
while in the indistinguishable case,

$$
\begin{aligned}
P(\text { both at } x) & =2\left|\psi_{1}(x)\right|^{2}\left|\psi_{2}(x)\right|^{2} \pm 2 \operatorname{Re}\left[\left|\psi_{1}(x)\right|^{2}\left|\psi_{2}(x)\right|^{2}\right] \\
& = \begin{cases}4\left|\psi_{1}(x)\right|^{2}\left|\psi_{2}(x)\right|^{2} & \text { (bosons) } \\
0 & \text { (fermions) }\end{cases}
\end{aligned}
$$

(indistinguishable particles) (4.234)
Thus, we see that the probability density for being at the same position doubles with respect to the distinguishable case for bosons, and vanishes for fermions. Thus, it is common to speak of the attractive "exchange force," or exchange interaction between bosons, and the repulsive "force" between fermions. This effect is not a force, however; it is simply an interference effect due to the symmetry properties under exchange. In particular, if two noninteracting particles "collide" and then separate, there is no scattering or net phase shift after the crossing of the particles due to the exchange interaction. However, these would occur if the exchange interaction really could be modeled as a force (instead, the exchange interaction affects the details of the particles spatial distributions only while they are overlapping). ${ }^{32}$

[^44]We can also see this effect, by computing the expectation value of the squared separation $\left(x_{A}-x_{B}\right)^{2}$ between the two particles:

$$
\begin{equation*}
\left\langle\left(x_{A}-x_{B}\right)^{2}\right\rangle=\left\langle x_{A}^{2}\right\rangle+\left\langle x_{B}^{2}\right\rangle-2\left\langle x_{A} x_{B}\right\rangle \tag{4.235}
\end{equation*}
$$

For distinguishable particles, again in the state

$$
\begin{equation*}
|\psi\rangle=\left|\left(\psi_{1}\right)_{A}\left(\psi_{2}\right)_{B}\right\rangle \tag{4.236}
\end{equation*}
$$

we find

$$
\begin{equation*}
\left\langle\left(x_{A}-x_{B}\right)^{2}\right\rangle=\left\langle x_{A}^{2}\right\rangle_{1}+\left\langle x_{B}^{2}\right\rangle_{2}-2\left\langle x_{A}\right\rangle_{1}\left\langle x_{B}\right\rangle_{1}, \tag{4.237}
\end{equation*}
$$

where $\langle x\rangle_{1,2}:=\left\langle\psi_{1,2}\right| x\left|\psi_{1,2}\right\rangle$. Note that this result is invariant under exchange of particle labels. Of course, we can also write

$$
\begin{equation*}
\left\langle\left(x_{A}-x_{B}\right)^{2}\right\rangle=\left\langle x^{2}\right\rangle_{1}+\left\langle x^{2}\right\rangle_{2}-2\langle x\rangle_{1}\langle x\rangle_{2} \tag{4.238}
\end{equation*}
$$

(distinguishable particles)
since in the expectation values, the distinction between $x_{A}$ and $x_{B}$ is no longer necessary.
For indistinguishable particles in the state

$$
\begin{equation*}
|\psi\rangle=\frac{1}{\sqrt{2}}\left(\left|\left(\psi_{1}\right)_{A}\left(\psi_{2}\right)_{B}\right\rangle \pm\left|\left(\psi_{2}\right)_{A}\left(\psi_{1}\right)_{B}\right\rangle\right) \tag{4.239}
\end{equation*}
$$

we first of all see that the sum of the first two terms in (4.238) remains the same,

$$
\begin{equation*}
\left\langle x_{A}^{2}\right\rangle+\left\langle x_{B}^{2}\right\rangle=\left\langle x^{2}\right\rangle_{1}+\left\langle x^{2}\right\rangle_{2} \tag{4.240}
\end{equation*}
$$

since, for example,

$$
\begin{equation*}
\left\langle x_{A}^{2}\right\rangle=\frac{1}{2}\left(\left\langle x_{A}^{2}\right\rangle_{1}+\left\langle x_{A}^{2}\right\rangle_{2}\right)=\frac{1}{2}\left(\left\langle x^{2}\right\rangle_{1}+\left\langle x^{2}\right\rangle_{2}\right) \tag{4.241}
\end{equation*}
$$

The cross term takes the form

$$
\begin{equation*}
\left\langle x_{A} x_{B}\right\rangle=\frac{1}{2}\left[\left\langle x_{A}\right\rangle_{1}\left\langle x_{B}\right\rangle_{2}+\left\langle x_{A}\right\rangle_{2}\left\langle x_{B}\right\rangle_{1} \pm 2 \operatorname{Re}\left[\left\langle x_{A} x_{B}\right\rangle_{12}\right]\right] \tag{4.242}
\end{equation*}
$$

where

$$
\begin{align*}
\left\langle x_{A} x_{B}\right\rangle_{12} & :=\left\langle\left(\psi_{1}\right)_{A}\left(\psi_{2}\right)_{B}\right| x_{A} x_{B}\left|\left(\psi_{2}\right)_{A}\left(\psi_{1}\right)_{B}\right\rangle \\
& =\left\langle\left(\psi_{1}\right)_{A}\right| x_{A}\left|\left(\psi_{2}\right)_{A}\right\rangle\left\langle\left(\psi_{2}\right)_{B}\right| x_{B}\left|\left(\psi_{1}\right)_{B}\right\rangle \\
& =\left\langle\psi_{1}\right| x\left|\psi_{2}\right\rangle\left\langle\psi_{2}\right| x\left|\psi_{1}\right\rangle  \tag{4.243}\\
& \left.=\left|\left\langle\psi_{1}\right| x\right| \psi_{2}\right\rangle\left.\right|^{2} \\
& =:\left|\langle x\rangle_{12}\right|^{2} .
\end{align*}
$$

Thus, for indistinguishable particles, we have

$$
\begin{equation*}
\left\langle\left(x_{A}-x_{B}\right)^{2}\right\rangle=\left\langle x^{2}\right\rangle_{1}+\left\langle x^{2}\right\rangle_{2}-2\langle x\rangle_{1}\langle x\rangle_{2} \mp 2\left|\langle x\rangle_{12}\right|^{2} \tag{4.244}
\end{equation*}
$$

((bosons/fermions))
which differs from the distinguishable case by the last term. Thus, we see that on average, the separation between two bosons is smaller than the separation between two distinguishable particles, which is smaller yet for two fermions. This result is consistent with the previous analysis of the probability distributions.

One more complication: we have so far been treating spinless particles, but the situation is more complicated for two fermions, say, electrons of spin $1 / 2$. In this case, we must have an antisymmetrized state vector, now of the form

$$
\begin{equation*}
|\psi\rangle=\frac{1}{\sqrt{2}}\left(\left|\left(\psi_{1}\right)_{A}\left(\psi_{2}\right)_{B}\right\rangle\left|m_{A} m_{B}\right\rangle-\left|\left(\psi_{2}\right)_{A}\left(\psi_{1}\right)_{B}\right\rangle\left|m_{B} m_{A}\right\rangle\right) \tag{4.245}
\end{equation*}
$$

where the $m_{A, B}$ are the quantum numbers for the projections of the spins along the $z$-axis. Treating the spin degrees of freedom separately, we recall that there are two types of two-electron states. The singlet state is antisymmetric in the spin,

$$
\begin{equation*}
|00\rangle=\frac{1}{\sqrt{2}}\left(\left|\uparrow_{A} \downarrow_{B}\right\rangle-\left|\downarrow_{A} \uparrow_{B}\right\rangle\right) \tag{4.246}
\end{equation*}
$$

while the triplet states are symmetrized in the spin:

$$
\begin{align*}
|11\rangle & =\left|\uparrow_{A} \uparrow_{B}\right\rangle \\
|10\rangle & =\frac{1}{\sqrt{2}}\left(\left|\uparrow_{A} \downarrow_{B}\right\rangle+\left|\downarrow_{A} \uparrow_{B}\right\rangle\right)  \tag{4.247}\\
|1-1\rangle & =\left|\downarrow_{A} \downarrow_{B}\right\rangle .
\end{align*}
$$

Here, we are also labeling the states by the composite quantum numbers $\left|S m_{S}\right\rangle$. Since we need only antisymmetrize the total state, we can see that singlet states imply symmetric states in the external degree of freedom, while triplet states require antisymmetric states. Thus, for two electrons, we can see both an attractive and a repulsive exchange interaction, if the electrons are respectively in a spin singlet or spin triplet state (corresponding to antialigned or aligned spins, respectively).

### 4.4.5 Open Systems: Church of the Larger Hilbert Space

One important function use of the density operator is in describing open quantum systems-systems interacting with auxiliary systems (environments or reservoirs) that we don't have access to. We will treat open quantum systems in great detail, but for now let's examine a simple model for why the density operator is useful.

Consider the entangled state

$$
\begin{equation*}
|\psi\rangle=\frac{1}{\sqrt{2}}\left(\left|0_{A}\right\rangle\left|0_{B}\right\rangle+\left|1_{A}\right\rangle\left|1_{B}\right\rangle\right) \tag{4.248}
\end{equation*}
$$

between particles (qubits) $A$ and $B$. Suppose that we have access to particle $A$, but particle $B$ is locked up in a box, so that we don't know anything about it. The density operator for the composite system is

$$
\begin{equation*}
\rho=|\psi\rangle\langle\psi|=\frac{1}{2}\left(\left|0_{A}\right\rangle\left|0_{B}\right\rangle\left\langle 0_{A}\right|\left\langle 0_{B}\right|+\left|1_{A}\right\rangle\left|1_{B}\right\rangle\left\langle 1_{A}\right|\left\langle 1_{B}\right|+\left|1_{A}\right\rangle\left|1_{B}\right\rangle\left\langle 0_{A}\right|\left\langle 0_{B}\right|+\left|0_{A}\right\rangle\left|0_{B}\right\rangle\left\langle 1_{A}\right|\left\langle 1_{B}\right|\right) \tag{4.249}
\end{equation*}
$$

We can define the reduced density operator that describes only particle $A$ by performing a partial trace over the state of particle $B$ :

$$
\rho_{A}=\operatorname{Tr}_{B}[\rho]:=\sum_{\alpha}\left\langle\alpha_{B}\right| \rho\left|\alpha_{B}\right\rangle=\frac{1}{2}\left(\left|0_{A}\right\rangle\left\langle 0_{A}\right|+\left|1_{A}\right\rangle\left\langle 1_{A}\right|\right) .
$$

(reduced density operator) (4.250)
Thus, we can see that the reduced state of particle $A$ corresponds to a completely incoherent superposition of the two states, even though the composite system carried a completely coherent superposition.

This is a simple model for the process of decoherence. A quantum system can start in a local state of coherent superposition. But if it interacts with the environment, the coupling causes entanglement between the system and environment, since the interaction is nonlocal. Because we don't have access to the state of the environment, we must trace over it, which reduces the purity of the reduced density operator. Note that we can't keep track of the environment even in principle, since it generally has many degrees of freedom. As the interaction continues, the entanglement progresses, driving the reduced density operator towards a completely incoherent superposition. This is, at a simple level, why classical (macroscopic) things behave classically: coupling to the environment destroys quantum coherence.

Conversely, whenever we have a system described by a mixed density operator,

$$
\begin{equation*}
\rho=\sum_{\alpha} P_{\alpha}\left|\psi_{\alpha}\right\rangle\left\langle\psi_{\alpha}\right|, \tag{4.251}
\end{equation*}
$$

we can always think of it as part of a larger system. We can see this as follows. We will introduce a fictitious environment with orthonormal basis states $\left|\alpha_{\mathrm{E}}\right\rangle$. Then we can write the state vector for the composite system as

$$
\begin{equation*}
\left|\psi_{\text {total }}\right\rangle=\sum_{\alpha} \sqrt{P_{\alpha}}\left|\psi_{\alpha}\right\rangle\left|\alpha_{\mathrm{E}}\right\rangle \tag{4.252}
\end{equation*}
$$

When we compute the total density operator for the composite pure state and trace over the environment, we recover the original density operator (4.251) as the reduced density operator of the larger state. This procedure of switching to a larger pure state is referred to as purification or "the doctrine of the Church of the larger Hilbert space." ${ }^{33}$ The extra environment degree of freedom is often referred to as the ancilla. Often, this is a useful picture for thinking about mixed quantum states, especially in quantum-information problems.

### 4.5 Master Equation

A main and obvious advantage of the density-operator formalism is that it provides a method for handling nonunitary evolution of the quantum state. This generally occurs in the treatment of open quantum systems: quantum systems coupled to external systems that we do not directly track. ${ }^{34}$ We saw the simplest example of this in the previous section: maximal entanglement of two qubits enforces minimum purity in the reduced state of one qubit. Now we will take this idea and study more generally how weak entanglement with an external system leads to a general, nonunitary evolution equation for the density operator.

We will thus study the evolution of a quantum system, described by Hamiltonian $H_{\mathrm{S}}$, interacting with a "reservoir" (or "heat bath" or "environment"), described by Hamiltonian $H_{\mathrm{R}}$. We will assume the systemreservoir interaction, described by $H_{\mathrm{SR}}$, to be weak, causing slow evolution on the uncoupled time scales of the system and reservoir separately. The evolution of the total system is unitary, given by

$$
\begin{equation*}
\partial_{t} \rho_{\mathrm{SR}}=-\frac{i}{\hbar}\left[H, \rho_{\mathrm{SR}}\right] \tag{4.253}
\end{equation*}
$$

where $\rho_{\mathrm{SR}}$ is the combined state of the system and reservoir, and the total Hamiltonian is

$$
\begin{equation*}
H=H_{\mathrm{S}}+H_{\mathrm{R}}+H_{\mathrm{SR}} . \tag{4.254}
\end{equation*}
$$

Our goal is to derive an equation of motion for the state of the system alone, given by a partial trace over the reservoir degrees of freedom:

$$
\begin{equation*}
\rho:=\operatorname{Tr}_{\mathrm{R}}\left[\rho_{\mathrm{SR}}\right] \tag{4.255}
\end{equation*}
$$

Note that so long as we are interested in operators that act solely on the system's Hilbert space, this reduced density operator is sufficient to compute any appropriate expectation values.

We will derive the master equation with a number of approximations and idealizations, mostly related to the reservoir having many degrees of freedom. The approximations here typically work extremely well in quantum optics, though not necessarily in other areas such as condensed-matter physics where, for example, the weak-coupling idealization may break down. Examples of reservoirs include the quantum electromagnetic field (in a vacuum or thermal state), or the internal degrees of freedom of a composite object.

[^45]
### 4.5.1 Interaction Representation

The first step is to switch to the interaction representation, in effect hiding the fast dynamics of the uncoupled system and reservoir, and focusing on the slow dynamics induced by $H_{\mathrm{SR}}$. We do this as in Section 4.2.3 via the transformations

$$
\begin{align*}
\tilde{\rho}_{\mathrm{SR}}(t) & =e^{i\left(H_{\mathrm{S}}+H_{\mathrm{R}}\right) t / \hbar} \rho_{\mathrm{SR}}(t) e^{-i\left(H_{\mathrm{S}}+H_{\mathrm{R}}\right) t / \hbar} \\
\tilde{H}_{\mathrm{SR}}(t) & =e^{i\left(H_{\mathrm{S}}+H_{\mathrm{R}}\right) t / \hbar} H_{\mathrm{SR}} e^{-i\left(H_{\mathrm{S}}+H_{\mathrm{R}}\right) t / \hbar} \tag{4.256}
\end{align*}
$$

so that the formerly time-independent interaction becomes explicitly time-dependent. The equation of motion then becomes

$$
\begin{equation*}
\partial_{t} \tilde{\rho}_{\mathrm{SR}}(t)=-\frac{i}{\hbar}\left[\tilde{H}_{\mathrm{SR}}(t), \tilde{\rho}_{\mathrm{SR}}(t)\right] . \tag{4.257}
\end{equation*}
$$

Integrating this from $t$ to $t+\Delta t$,

$$
\begin{equation*}
\tilde{\rho}_{\mathrm{SR}}(t+\Delta t)=\tilde{\rho}_{\mathrm{SR}}(t)-\frac{i}{\hbar} \int_{t}^{t+\Delta t} d t^{\prime}\left[\tilde{H}_{\mathrm{SR}}\left(t^{\prime}\right), \tilde{\rho}_{\mathrm{SR}}\left(t^{\prime}\right)\right] \tag{4.258}
\end{equation*}
$$

Iterating this equation by using it as an expression for $\tilde{\rho}_{\mathrm{SR}}\left(t^{\prime}\right)$,

$$
\begin{equation*}
\tilde{\rho}_{\mathrm{SR}}(t+\Delta t)-\tilde{\rho}_{\mathrm{SR}}(t)=-\frac{i}{\hbar} \int_{t}^{t+\Delta t} d t^{\prime}\left[\tilde{H}_{\mathrm{SR}}\left(t^{\prime}\right), \tilde{\rho}_{\mathrm{SR}}(t)\right]-\frac{1}{\hbar^{2}} \int_{t}^{t+\Delta t} d t^{\prime} \int_{t}^{t^{\prime}} d t^{\prime \prime}\left[\tilde{H}_{\mathrm{SR}}\left(t^{\prime}\right),\left[\tilde{H}_{\mathrm{SR}}\left(t^{\prime \prime}\right), \tilde{\rho}_{\mathrm{SR}}\left(t^{\prime \prime}\right)\right]\right] \tag{4.259}
\end{equation*}
$$

Now in taking the trace over the reservoir. In doing so, we will assume that the first term on the right-hand side vanishes. More specifically, we assume

$$
\begin{equation*}
\operatorname{Tr}_{\mathrm{R}}\left[\tilde{H}_{\mathrm{SR}}\left(t^{\prime}\right) \tilde{\rho}_{\mathrm{SR}}(t)\right]=0 \tag{4.260}
\end{equation*}
$$

This follows by assuming that the total system-reservoir state always approximately factorizes

$$
\begin{equation*}
\tilde{\rho}_{\mathrm{SR}}(t) \approx \tilde{\rho}(t) \otimes \tilde{\rho}_{\mathrm{R}} \tag{4.261}
\end{equation*}
$$

where $\tilde{\rho}_{\mathrm{R}}$ is the stationary state of the reservoir. This amounts to assuming that the reservoir is large and complex, and weak coupling of the system to the reservoir, so that the perturbation to the reservoir by the system is small. In this case, the time interval $\Delta t \gg \tau_{c}$, where $\tau_{\mathrm{c}}$ is the correlation time of the reservoir-the time for reservoir and system-reservoir correlations to decay away. This also amounts to a coarse-graining approximation, which means that we are smoothing out any fast dynamics on time scales of the order of $\tau_{c}$ or shorter. Thus, any correlations that have arisen in past time intervals have decayed away. Of course, new correlations arise due to the coupling in the present time interval, which will give rise to nonunitary terms in the evolution equation for the reduced state. Then the assumption (4.260) amounts to

$$
\begin{equation*}
\operatorname{Tr}_{\mathrm{R}}\left[\tilde{H}_{\mathrm{SR}}\left(t^{\prime}\right) \tilde{\rho}_{\mathrm{R}}\right]=0 \tag{4.262}
\end{equation*}
$$

This assumption means essentially that there is no dc component to the system-reservoir coupling-that is, the system-reservoir coupling consists of fluctuations about a zero mean. This can always be arranged by absorbing any nonzero mean into the system Hamiltonian.

### 4.5.2 Born-Markov Approximation

Since the first term vanishes under the partial trace, with the trace Eq. (4.259) becomes

$$
\begin{equation*}
\Delta \tilde{\rho}(t) \approx-\frac{1}{\hbar^{2}} \int_{t}^{t+\Delta t} d t^{\prime} \int_{t}^{t^{\prime}} d t^{\prime \prime} \operatorname{Tr}_{\mathrm{R}}\left[\tilde{H}_{\mathrm{SR}}\left(t^{\prime}\right),\left[\tilde{H}_{\mathrm{SR}}\left(t^{\prime \prime}\right), \tilde{\rho}_{\mathrm{SR}}\left(t^{\prime \prime}\right)\right]\right] \tag{4.263}
\end{equation*}
$$

with $\Delta \tilde{\rho}(t):=\tilde{\rho}(t+\Delta t)-\tilde{\rho}(t)$. Now we will make the Born-Markov approximation by setting

$$
\begin{equation*}
\tilde{\rho}_{\mathrm{SR}}\left(t^{\prime \prime}\right) \approx \tilde{\rho}(t) \otimes \tilde{\rho}_{\mathrm{R}} \tag{4.264}
\end{equation*}
$$

In fact there is a pair of approximations at work here. The Born approximation amounts to assuming the factorization in (4.261), which we have justified in terms of a large, complex reservoir with a short coherence time. The Markov approximation amounts to setting $\rho\left(t^{\prime \prime}\right)$ to $\rho(t)$ in (4.264), which will result in an evolution equation that only depends on $\rho(t)$, and not the past history of the density operator. We can justify this approximation by noting that $\Delta t$ is small and $H_{\mathrm{SR}}$ induces a weak perturbation, so that $\rho\left(t^{\prime \prime}\right)=\rho(t)+O(\Delta t)$. Then this amounts to a lowest-order expansion in $\Delta t$ of the right-hand side of Eq. (4.263), which is appropriate in view of the limit $\Delta t \longrightarrow 0$ to obtain a differential equation (though in a coarse-grained sense, since strictly speaking we always require $\Delta t \gg \tau_{\mathrm{c}}$ ).

Next we change integration variables by setting

$$
\begin{equation*}
\tau:=t^{\prime}-t^{\prime \prime} \tag{4.265}
\end{equation*}
$$

so that the integration becomes

$$
\begin{align*}
\int_{t}^{t+\Delta t} d t^{\prime} \int_{t}^{t^{\prime}} d t^{\prime \prime} & =\int_{0}^{\Delta t} d \tau \int_{t+\tau}^{t+\Delta t} d t^{\prime}  \tag{4.266}\\
& \approx \int_{0}^{\infty} d \tau \int_{t}^{t+\Delta t} d t^{\prime}
\end{align*}
$$

In writing down the final, approximate form for the integrals, we have used the fact that the integrand involves an expectation value of the interaction Hamiltonian taken at times that differ by $\tau$, as we will explore further shortly. That is, the integrand involves reservoir correlation functions, which decay away on the time scale $\tau_{\mathrm{c}}$.

### 4.5.3 Interaction

Now we make a reasonably general assumption regarding the interaction Hamiltonian; namely, that it can be written as a sum of products over system and reservoir operators:

$$
\begin{equation*}
H_{\mathrm{SR}}=\hbar S_{\alpha} R_{\alpha} \tag{4.267}
\end{equation*}
$$

(Recall that repeated indices imply summation.) The interpretation here is that if $S_{\alpha}$ is a Hermitian operator, then it represents an observable that is being effectively (or actually) monitored via coupling to the environment. For example, a position measurement is represented by an interaction of the form $H_{\mathrm{SR}}=x R$ (Chapter 19). Alternately, the operators need not be Hermitian. For example, an interaction of the form $H_{\mathrm{SR}}=S R^{\dagger}+S^{\dagger} R$ represents the exchange of quanta (e.g., of energy) between the system and reservoir, and would thus represent dissipation or loss of energy to the reservoir. Such interactions occur in spontaneous emission (Chapter 11) and cavity decay (Chapter 12).

With the interaction of the form (4.267) and the change of integration in Eqs. (4.266), the change (4.263) in the quantum state becomes

$$
\begin{align*}
& \Delta \tilde{\rho}(t) \approx-\int_{0}^{\infty} d \tau \int_{t}^{t+\Delta t} d t^{\prime}\left\{\left[\tilde{S}_{\alpha}\left(t^{\prime}\right) \tilde{S}_{\beta}\left(t^{\prime}-\tau\right) \tilde{\rho}(t)-\tilde{S}_{\beta}\left(t^{\prime}-\tau\right) \tilde{\rho}(t) \tilde{S}_{\alpha}\left(t^{\prime}\right)\right] G_{\alpha \beta}(\tau)\right.  \tag{4.268}\\
&\left.+\left[\tilde{\rho}(t) \tilde{S}_{\beta}\left(t^{\prime}-\tau\right) \tilde{S}_{\alpha}\left(t^{\prime}\right)-\tilde{S}_{\alpha}\left(t^{\prime}\right) \tilde{\rho}(t) \tilde{S}_{\beta}\left(t^{\prime}-\tau\right)\right] G_{\beta \alpha}(-\tau)\right\}
\end{align*}
$$

where we have defined the reservoir correlation functions

$$
\begin{equation*}
G_{\alpha \beta}(\tau):=\operatorname{Tr}_{\mathrm{R}}\left[\tilde{R}_{\alpha}\left(t^{\prime}\right) \tilde{R}_{\beta}\left(t^{\prime}-\tau\right)\right]=\left\langle\tilde{R}_{\alpha}\left(t^{\prime}\right) \tilde{R}_{\beta}\left(t^{\prime}-\tau\right)\right\rangle_{\mathrm{R}}=\left\langle\tilde{R}_{\alpha}(\tau) \tilde{R}_{\beta}(0)\right\rangle_{\mathrm{R}} \tag{4.269}
\end{equation*}
$$

which depend only on the time difference because the reservoir is in a stationary state. Now we make the further assumption

$$
\begin{equation*}
\tilde{S}_{\alpha}(t)=e^{i H_{\mathrm{S}} t / \hbar} S_{\alpha} e^{-i H_{\mathrm{S}} t / \hbar}=S_{\alpha} e^{i \omega_{\alpha} t} \tag{4.270}
\end{equation*}
$$

about the interaction-picture system operators. This is not necessarily a restrictive assumption, since multiple frequencies for a given system operator may be separated in the sum in (4.267). Then Eq. (4.268) becomes

$$
\begin{align*}
& \Delta \tilde{\rho}(t) \approx-\int_{0}^{\infty} d \tau \int_{t}^{t+\Delta t} d t^{\prime}\left\{\left[S_{\alpha} S_{\beta} \tilde{\rho}(t)-S_{\beta} \tilde{\rho}(t) S_{\alpha}\right] G_{\alpha \beta}(\tau)\right.  \tag{4.271}\\
&\left.+\left[\tilde{\rho}(t) S_{\beta} S_{\alpha}-S_{\alpha} \tilde{\rho}(t) S_{\beta}\right] G_{\beta \alpha}(-\tau)\right\} e^{i \omega_{\alpha} t^{\prime}} e^{i \omega_{\beta}\left(t^{\prime}-\tau\right)}
\end{align*}
$$

Now defining

$$
\begin{align*}
I\left(\omega_{\alpha}+\omega_{\beta}\right) & :=\int_{t}^{t+\Delta t} d t^{\prime} e^{i\left(\omega_{\alpha}+\omega_{\beta}\right) t^{\prime}} \\
w_{\alpha \beta}^{+} & :=\int_{0}^{\infty} d \tau e^{-i \omega_{\beta} \tau} G_{\alpha \beta}(\tau)  \tag{4.272}\\
w_{\beta \alpha}^{-} & :=\int_{0}^{\infty} d \tau e^{-i \omega_{\beta} \tau} G_{\beta \alpha}(-\tau)
\end{align*}
$$

we can write

$$
\begin{equation*}
\Delta \tilde{\rho}(t) \approx-\left\{\left[S_{\alpha} S_{\beta} \tilde{\rho}(t)-S_{\beta} \tilde{\rho}(t) S_{\alpha}\right] w_{\alpha \beta}^{+}+\left[\tilde{\rho}(t) S_{\beta} S_{\alpha}-S_{\alpha} \tilde{\rho}(t) S_{\beta}\right] w_{\beta \alpha}^{-}\right\} I\left(\omega_{\alpha}+\omega_{\beta}\right) \tag{4.273}
\end{equation*}
$$

Under the assumption of fast (uncoupled) system and reservoir dynamics,

$$
\begin{equation*}
\Delta t \gg\left(\omega_{\alpha}+\omega_{\beta}\right)^{-1} \tag{4.274}
\end{equation*}
$$

the integral $I\left(\omega_{\alpha}+\omega_{\beta}\right)$ averages to zero unless $\omega_{\alpha}+\omega_{\beta}=0$. Thus we may replace the integral with a Kronecker delta,

$$
\begin{equation*}
I\left(\omega_{\alpha}+\omega_{\beta}\right)=\Delta t \delta\left(\omega_{\alpha},-\omega_{\beta}\right) \tag{4.275}
\end{equation*}
$$

Now formally taking the limit of small $\Delta t$,

$$
\begin{equation*}
\partial_{t} \tilde{\rho}(t) \approx \frac{\Delta \tilde{\rho}(t)}{\Delta t}=-\delta\left(\omega_{\alpha},-\omega_{\beta}\right)\left\{\left[S_{\alpha} S_{\beta} \tilde{\rho}(t)-S_{\beta} \tilde{\rho}(t) S_{\alpha}\right] w_{\alpha \beta}^{+}+\left[\tilde{\rho}(t) S_{\beta} S_{\alpha}-S_{\alpha} \tilde{\rho}(t) S_{\beta}\right] w_{\beta \alpha}^{-}\right\} \tag{4.276}
\end{equation*}
$$

where again we must keep in mind that this differential equation is coarse-grained in the sense of not representing dynamics on time scales as short as $\tau_{c}$ or $\left(\omega_{\alpha}+\omega_{\beta}\right)^{-1}$ for different frequencies. Now transforming out of the interaction representation, using the assumption (4.270) and $\omega_{\alpha}=-\omega_{\beta}$,

$$
\begin{equation*}
\partial_{t} \rho(t)=-\frac{i}{\hbar}\left[H_{\mathrm{S}}, \rho(t)\right]-\delta\left(\omega_{\alpha},-\omega_{\beta}\right)\left\{\left[S_{\alpha} S_{\beta} \rho(t)-S_{\beta} \rho(t) S_{\alpha}\right] w_{\alpha \beta}^{+}+\left[\rho(t) S_{\beta} S_{\alpha}-S_{\alpha} \rho(t) S_{\beta}\right] w_{\beta \alpha}^{-}\right\} \tag{4.277}
\end{equation*}
$$

Now we use the fact that $H_{\mathrm{SR}}$ is Hermitian, so terms of the form $S R$ in (4.267) that are not Hermitian must be accompanied by their adjoint terms $S^{\dagger} R^{\dagger}$. Clearly, terms where $S_{\alpha}=S_{\beta}^{\dagger}$ satisfy $\delta\left(\omega_{\alpha},-\omega_{\beta}\right)=1$, so we can explicitly combine these pairs of terms to write the master equation in terms of only a single sum:

$$
\begin{equation*}
\partial_{t} \rho(t)=-\frac{i}{\hbar}\left[H_{\mathrm{s}}, \rho(t)\right]+\sum_{\alpha}\left\{\left[S_{\alpha} \rho(t) S_{\alpha}^{\dagger}-S_{\alpha}^{\dagger} S_{\alpha} \rho(t)\right] w_{\alpha}^{+}+\left[S_{\alpha} \rho(t) S_{\alpha}^{\dagger}-\rho(t) S_{\alpha}^{\dagger} S_{\alpha}\right] w_{\alpha}^{-}\right\} \tag{4.278}
\end{equation*}
$$

Of course, terms of the same form carry through when $S_{\alpha}$ is Hermitian. In the expression above we have also defined the reduced integrals

$$
\begin{align*}
w_{\alpha}^{+} & :=\int_{0}^{\infty} d \tau e^{-i \omega_{\alpha} \tau}\left\langle\tilde{R}_{\alpha}^{\dagger}(\tau) \tilde{R}_{\alpha}(0)\right\rangle_{\mathrm{R}}  \tag{4.279}\\
w_{\alpha}^{-} & :=\int_{0}^{\infty} d \tau e^{i \omega_{\alpha} \tau}\left\langle\tilde{R}_{\alpha}^{\dagger}(0) \tilde{R}_{\alpha}(\tau)\right\rangle_{\mathrm{R}}=\left[w_{\alpha}^{+}\right]^{*}
\end{align*}
$$

Note that other cross-terms could in principle occur in Eq. (4.277) that satisfy $\omega_{\alpha}=-\omega_{\beta}$, which we appear to be missing here. However, if we end up with terms like $S_{1} \rho S_{2}^{\dagger}$, this can always be absorbed into terms of the form $\left(S_{1}+S_{2}\right) \rho\left(S_{1}+S_{2}\right)^{\dagger}$, representing interferences in the couplings represented by $S_{1,2}$. The cross terms are weighted by a cross-correlation function between $R_{1}$ and $R_{2}$, representing the cross terms of the coherence. In the absence of cross coherence, only terms of the form $S_{1} \rho S_{1}^{\dagger}$ and $S_{2} \rho S_{2}^{\dagger}$ should appear. Weighted combinations of these terms with $\left(S_{1}+S_{2}\right) \rho\left(S_{1}+S_{2}\right)^{\dagger}$ terms can account for any degree of coherence. (See Section 6.2.4.1 for a discussion of interference contributions of this form in the context of quantum beats in three-level atoms.)

Now separating out the real and imaginary parts of the integrals (4.279) in (4.278),

$$
\begin{equation*}
\partial_{t} \rho(t)=-\frac{i}{\hbar}\left[H_{\mathrm{S}}, \rho(t)\right]+\sum_{\alpha} 2 \operatorname{Re}\left[w_{\alpha}^{+}\right]\left\{S_{\alpha} \rho(t) S_{\alpha}^{\dagger}-\frac{1}{2}\left[S_{\alpha}^{\dagger} S_{\alpha} \rho(t)+\rho(t) S_{\alpha}^{\dagger} S_{\alpha}\right]\right\}-i \sum_{\alpha} \operatorname{Im}\left[w_{\alpha}^{+}\right]\left[S_{\alpha}^{\dagger} S_{\alpha}, \rho(t)\right] \tag{4.280}
\end{equation*}
$$

Note that the last term has the form of Hamiltonian evolution, while the second term does not; these represent energy shifts and dissipation/diffusion effects, respectively, due to the interaction with the reservoir. Now separating out the real and imaginary parts of the integrals, we have the final result

$$
\begin{equation*}
\partial_{t} \rho(t)=-\frac{i}{\hbar}\left[H_{\mathrm{S}}+H_{\mathrm{eff}}, \rho(t)\right]+\sum_{\alpha} k_{\alpha} D\left[S_{\alpha}\right] \rho(t) \tag{4.281}
\end{equation*}
$$

(Born-Markov master equation)
where the effective Hamiltonian for the reservoir interaction, leading to a "generalized Lamb shift," is

$$
\begin{equation*}
H_{\mathrm{eff}}:=\hbar \sum_{\alpha} \operatorname{Im}\left[w_{\alpha}^{+}\right] S_{\alpha}^{\dagger} S_{\alpha} \tag{4.282}
\end{equation*}
$$

(effective Hamiltonian for generalized Lamb shift)
and we have defined the Lindblad superoperator

$$
\begin{equation*}
D[c] \rho:=c \rho c^{\dagger}-\frac{1}{2}\left[c^{\dagger} c \rho+\rho c^{\dagger} c\right] \tag{4.283}
\end{equation*}
$$

(Lindblad superoperator)
with coefficient

$$
\begin{equation*}
k_{\alpha}:=2 \operatorname{Re}\left[w_{\alpha}^{+}\right] \tag{4.284}
\end{equation*}
$$

(dissipation/diffusion coupling coefficient)
We have thus arrived at the general Lindblad form of the master equation in the Born-Markov approximation, which we return to and justify in the context of measurement in Section 19.1. Again, the system operators $S_{\alpha}$ represent the coupling channel of the system to the reservoir, and thus the channel by which the system may be observed. Thus, for example, if $S_{\alpha} \longrightarrow x$, then we have the master equation for a position measurement, whereas if $S_{\alpha} \longrightarrow a$, where $a$ is the annihilation operator for the harmonic oscillator, then we have the master equation for energy loss (and thus damping) of a quantum harmonic oscillator.

### 4.6 Exercises

## Problem 4.1

(a) Using the expression for the Wigner function in terms of a pure state, argue that the Wigner function corresponds to an overlap integral of two wave functions, and thus derive the upper bound

$$
\begin{equation*}
|W(x, p)| \leq \frac{1}{\pi \hbar} \tag{4.285}
\end{equation*}
$$

for the magnitude.
(b) Derive a similar upper bound for the Husimi distribution $W_{\mathrm{H}}(x, p)$.

## Problem 4.2

For a harmonic oscillator of frequency $\omega$ and mass $m$, the density operator for a thermal state of temperature $T$ is given by the Boltzmann-type sum

$$
\begin{equation*}
\rho=\left(1-e^{-\hbar \omega / k_{\mathrm{B}} T}\right) \sum_{n=0}^{\infty} e^{-n \hbar \omega / k_{\mathrm{B}} T}|n\rangle\langle n| . \tag{4.286}
\end{equation*}
$$

Carry out the appropriate summation over the Wigner functions for the harmonic-oscillator eigenstates to show that the thermal state is Gaussian. ${ }^{35}$ What are the variances of the thermal state? Show that your variance expressions are sensible in the limits of low and high temperature.
It may help to know that the summation formula

$$
\begin{equation*}
\sum_{j=0}^{\infty} e^{-j x} \frac{(n+j)!}{j!}=n!\left(1-e^{-x}\right)^{-(1+n)} \tag{4.287}
\end{equation*}
$$

valid for nonnegative $n$, is not difficult to prove by induction. (Translation: if you use it, you should prove it by induction.)

## Problem 4.3

Derive the Weyl correspondences

$$
\begin{equation*}
A(x, p)=B(x, p) \exp \left[\frac{\hbar}{2 i}\left(\overleftarrow{\partial_{p}} \overrightarrow{\partial_{x}}-\overleftarrow{\partial_{x}} \overrightarrow{\partial_{p}}\right)\right] C(x, p) \tag{4.288}
\end{equation*}
$$

and

$$
\begin{equation*}
A(x, p)=B\left(x-\frac{\hbar}{2 i} \partial_{p}, p+\frac{\hbar}{2 i} \partial_{x}\right) C(x, p)=C\left(x+\frac{\hbar}{2 i} \partial_{p}, p-\frac{\hbar}{2 i} \partial_{x}\right) B(x, p) \tag{4.289}
\end{equation*}
$$

for the operator product $\hat{A}=\hat{B} \hat{C}$.

## Problem 4.4

Let $\mathbf{A}$ be a symplectic matrix, so that $\mathbf{A}$ satisfies $\mathbf{A} \boldsymbol{\Omega} \mathbf{A}^{\top}=\boldsymbol{\Omega}$.
(a) Show that $\mathbf{A}^{-1}=-\boldsymbol{\Omega} \mathbf{A}^{\top} \boldsymbol{\Omega}$.
(b) Show that $\mathbf{A}^{\top}$ is symplectic.

## Problem 4.5

Let A be a symplectic matrix.
(a) Show that if $\lambda$ is an eigenvalue of $\mathbf{A}$, then $1 / \lambda$ is also an eigenvalue of $\mathbf{A}$.
(b) What is the determinant of $\mathbf{A}$ ?
(c) Give a physical interpretation of the eigenvalues and the determinant of $\mathbf{A}$.

[^46]
## Problem 4.6

Consider a pair of identical, noninteracting, spinless particles, each in an eigenstate of the harmonicoscillator Hamiltonian

$$
\begin{equation*}
H=\frac{p^{2}}{2 m}+\frac{1}{2} m \omega_{0}^{2} x^{2} \tag{4.290}
\end{equation*}
$$

(You may assume that the particles are not in the same eigenstate.) Compute the mean-squared separation $\left\langle\left(x_{A}-x_{B}\right)^{2}\right\rangle$ in the cases where the particles are distinguishable, indistinguishable bosons, or indistinguishable fermions.

## Problem 4.7

Show that under Hamiltonian evolution,

$$
\begin{equation*}
\partial_{t} \rho=-\frac{i}{\hbar}[H, \rho], \tag{4.291}
\end{equation*}
$$

the purity $\operatorname{Tr}\left[\rho^{2}\right]$ is a constant of the motion.

## Problem 4.8

(a) Show that for a single particle in the sinusoidal (pendulum) potential

$$
\begin{equation*}
V(x)=-\alpha \cos (k x), \tag{4.292}
\end{equation*}
$$

the equation of motion for the Wigner function may be written

$$
\begin{equation*}
\partial_{t} W(x, p)=-\frac{p}{m} \partial_{x} W(x, p)+\frac{\alpha}{\hbar} \sin (k x)\left[W\left(x, p+\frac{\hbar k}{2}\right)-W\left(x, p-\frac{\hbar k}{2}\right)\right] . \tag{4.293}
\end{equation*}
$$

(b) We can make this equation of motion look "more classical" by defining the Wigner effective potential by writing the Liouville-type equation

$$
\begin{equation*}
\partial_{t} W=-\frac{p}{m} \partial_{x} W+\partial_{x} V_{\mathrm{eff}} \partial_{p} W \tag{4.294}
\end{equation*}
$$

Write down an expression for $\partial_{x} V_{\text {eff }}$, and then show that for the minimum-uncertainty Gaussian state with variance $V_{x}$ and no covariance,

$$
\begin{equation*}
W(x, p)=\frac{1}{\pi \hbar} \exp \left[-\frac{(x-\langle x\rangle)^{2}}{2 V_{x}}-\frac{2 V_{x}(p-\langle p\rangle)^{2}}{\hbar^{2}}\right] \tag{4.295}
\end{equation*}
$$

the effective potential can be written

$$
\begin{equation*}
V_{\mathrm{eff}}=-\alpha \cos (k x) \exp \left(-\frac{k^{2} V_{x}}{2}\right) \frac{\sinh \left[\frac{2 k V_{x}}{\hbar}(p-\langle p\rangle)\right]}{\frac{2 k V_{x}}{\hbar}(p-\langle p\rangle)} \tag{4.296}
\end{equation*}
$$

(c) Argue that the last factor in the above expression is negligible for a localized wave packet, and then show that in this limit, the above effective potential is approximately equal to what we will call the Ehrenfest effective potential $V_{\mathrm{eff}}^{(\mathrm{E})}:=\langle V(x)\rangle$, which follows from the Ehrenfest equation

$$
\begin{equation*}
\partial_{t}\langle p\rangle=-\left\langle\partial_{x} V(x)\right\rangle=-\partial_{\langle x\rangle} V_{\mathrm{eff}}^{(\mathrm{E})}(\langle x\rangle), \tag{4.297}
\end{equation*}
$$

where it turns out the last equality holds for the Gaussian state in a cosine potential.

## Problem 4.9

The master equation for a damped harmonic oscillator, coupled to a reservoir in the vacuum state in Lindblad form is

$$
\begin{equation*}
\partial_{t} \rho=-\frac{i}{\hbar}[H, \rho]+\kappa D[a] \rho, \tag{4.298}
\end{equation*}
$$

where $\kappa$ is the rate of energy decay of the oscillator, and $H$ is the harmonic-oscillator Hamiltonian. Consider the master equation for a damped, anharmonic oscillator. A reasonable guess might be to take the same master equation as for the harmonic case, and simply take $H=p^{2} / 2 m+V(x)$, where $V(x)$ is an anharmonic potential, while keeping the damping terms the same (and assuming that $a$ is still defined as an appropriate linear combination of $x$ and $p$ ). Explain why the Born-Markov master-equation formalism does not lead to this master equation, and discuss the most general form for the master equation of a damped, anharmonic oscillator. (Hint: what is the spectrum of a harmonic oscillator? An anharmonic oscillator? What does $a$ for a harmonic oscillator look like in the Heisenberg picture? What would it look like if generalized to an anharmonic oscillator? Make sure to keep track of the assumptions in the Born-Markov derivation.)

## Chapter 5

## Two-Level Atom Interacting with a Classical Field

The interaction of a two-level atom is one of the canonical problems in quantum optics. We will now be accounting for quantum coherences between the two levels, which we ignored in our rate-equation treatment in Chapter 3. The approaches we will use here are widely applicable, since a two-level atom is essentially equivalent to a qubit or a spin- $1 / 2$ particle. Less obvious is that equivalent phenomena also occur in seemingly different problems such as tunneling in the double-well potential, Bragg diffraction, and neutrino oscillations. ${ }^{1}$

### 5.1 Atom-Field Interaction

We begin our treatment with a general description of the atom-field interaction. We will assume the field is monochromatic with angular frequency $\omega$ to model the field due to a laser:

$$
\begin{equation*}
\mathbf{E}(t)=\hat{\varepsilon} E_{0} \cos (\omega t) \tag{5.1}
\end{equation*}
$$

Here, $\hat{\varepsilon}$ is the unit polarization vector of the field. Note that we are ignoring the spatial dependence of the field, only writing down the field at the location of the atom. This is appropriate in the dipole approximation or long-wavelength approximation, where we assume that the wavelength of the field is much longer than the size of the atom, so that we can neglect any variations of the field over the extent of the atom. This is generally appropriate for optical transitions, since atomic dimensions have $\AA$ scales, while optical wavelengths are hundreds of nm. Formally, as the name suggests, the dipole approximation corresponds to the lowest-order contribution in a multipole expansion of the atom-field interaction.

As before, it is convenient to decompose the field into its positive- and negative-rotating components $\mathbf{E}^{(+)}$and $\mathbf{E}^{(-)}$:

$$
\begin{align*}
\mathbf{E}(t) & =\hat{\varepsilon} \frac{E_{0}}{2}\left(e^{-i \omega t}+e^{i \omega t}\right) \\
& =: \mathbf{E}_{0}^{(+)} e^{-i \omega t}+\mathbf{E}_{0}^{(-)} e^{i \omega t}  \tag{5.2}\\
& =: \mathbf{E}^{(+)}(t)+\mathbf{E}^{(-)}(t)
\end{align*}
$$

That is, $\mathbf{E}^{( \pm)} \sim e^{-i( \pm \omega) t}$.
We will treat the atom as a two-level atom. This is clearly an approximation to a true atom, which has an infinite set of bound states. The justification is that we will consider near-resonant interactions, so that the transitions to other levels are negligible. We will label the ground and excited levels as $|\mathrm{g}\rangle$ and $|\mathrm{e}\rangle$, respectively, and we will denote the resonant frequency by $\omega_{0}$ (that is, the energy splitting of the pair of states is $\left.\hbar \omega_{0}\right)$.

[^47]

We will define $\Delta:=\omega-\omega_{0}$ to be the detuning of the laser field from the atomic resonance.
We can write the total Hamiltonian for the atom and field as a sum of the free atomic Hamiltonian $H_{\mathrm{A}}$ and the atom-field interaction Hamiltonian $H_{\mathrm{AF}}$ :

$$
\begin{equation*}
H=H_{\mathrm{A}}+H_{\mathrm{AF}} . \tag{5.3}
\end{equation*}
$$

The atomic free-evolution Hamiltonian is given by

$$
\begin{equation*}
H_{\mathrm{A}}=\hbar \omega_{0}|\mathrm{e}\rangle\langle\mathrm{e}| \tag{5.4}
\end{equation*}
$$

if we take the ground-state energy to be zero. The atom-field interaction Hamiltonian in the dipole approximation is

$$
\begin{equation*}
H_{\mathrm{AF}}=-\mathbf{d} \cdot \mathbf{E} \tag{5.5}
\end{equation*}
$$

(dipole interaction)
where $\mathbf{d}$ is the atomic dipole operator, given in terms of the atomic electron position $\mathbf{r}_{\mathrm{e}}$ as

$$
\begin{equation*}
\mathbf{d}=-e \mathbf{r}_{e} \tag{5.6}
\end{equation*}
$$

if we assume a single electron for the atom (i.e., the field interacts predominantly with one electron). We denote the fundamental charge by $e$, so that the electron charge is $q=-e$. We will not justify this form of the interaction Hamiltonian for now, except to note that it seems reasonable as a dipole-field interaction, and also it is consistent with the classical case (see Problem 5.1).

### 5.1.1 Parity and the Dipole Operator

We can then use a simple parity argument to gain more information about the form of the dipole operator. The parity operator $\Pi$ flips the sign of the position operator, and is thus defined by the operator transformation $\Pi r_{\mathrm{e}} \Pi^{\dagger}=-\mathbf{r}_{\mathrm{e}}$. (Note that $\Pi$ is unitary: $\Pi$ and $\Pi^{-1}$ correspond to the same operation or reversing the position coordinate, so that $\Pi=\Pi^{-1}-\Pi$ is an involution-or $\Pi^{2}=1$.) Operating with $\Pi$ on the right gives $\Pi r_{e}=-r_{e} \Pi$, and thus the anticommutator of the parity operator with $\mathbf{r}_{e}$ vanishes:

$$
\begin{equation*}
\left[\Pi, \mathbf{r}_{\mathrm{e}}\right]_{+}=0 \tag{5.7}
\end{equation*}
$$

The matrix elements of the anticommutator clearly vanish,

$$
\begin{equation*}
\langle a|\left[\Pi, \mathbf{r}_{\mathrm{e}}\right]_{+}|b\rangle=0, \tag{5.8}
\end{equation*}
$$

but we can also write the matrix elements in the energy basis as

$$
\begin{equation*}
\langle a|\left[\Pi, \mathbf{r}_{\mathrm{e}}\right]_{+}|b\rangle=\langle a|\left[\Pi \mathbf{r}_{\mathrm{e}}+\mathbf{r}_{\mathrm{e}} \Pi\right]|b\rangle=\left(\pi_{a}+\pi_{b}\right)\langle a| \mathbf{r}_{\mathrm{e}}|b\rangle \tag{5.9}
\end{equation*}
$$

where $\pi_{a}$ and $\pi_{b}$ are eigenvalues of $\Pi$. We can define these because $\Pi$ commutes with the atomic Hamiltonian, which has the form $p_{\mathrm{e}}^{2} / 2 m_{\mathrm{e}}-\alpha /\left|\mathbf{r}_{\mathrm{e}}\right|$, and thus $\Pi$ and $H$ have simultaneous eigenstates. But $\Pi^{2}=1$, so the possible eigenvalues of $\Pi$ are $\pm 1$, corresponding to even $(+)$ and odd ( - ) parity. For both (5.8) and (5.9) to hold, either $\pi_{a}+\pi_{b}=0$ or $\langle a| \mathbf{r}_{\mathrm{e}}|b\rangle=0$. This argument obviously applies just as well to the dipole operator instead of $\mathbf{r}_{\mathrm{e}}$. We can then see that the diagonal matrix elements of $\mathbf{d}$ vanish, since $\pi_{\mathrm{g}}$ and $\pi_{\mathrm{e}}$ are both nonzero:

$$
\begin{equation*}
\langle\mathrm{g}| \mathbf{d}|\mathrm{g}\rangle=\langle\mathrm{e}| \mathbf{d}|\mathrm{e}\rangle=0 \tag{5.10}
\end{equation*}
$$

The off-diagonal matrix elements $\langle\mathrm{g}| \mathbf{d}|\mathrm{e}\rangle=\langle\mathrm{g}| \mathbf{d}|\mathrm{e}\rangle^{*}$ are nonvanishing, however, provided that the states have opposite parity, $\pi_{\mathrm{e}}=-\pi_{\mathrm{g}}$. The point is that the dipole operator couples the ground and excited states, but does not produce any first-order shift of either state.

By applying the identity $|e\rangle\langle e|+|g\rangle\langle g|$ on both sides of $\mathbf{d}$, we see that dipole operator admits the decomposition

$$
\begin{equation*}
\mathbf{d}=\langle\mathrm{g}| \mathbf{d}|\mathrm{e}\rangle|\mathrm{g}\rangle\langle\mathrm{e}|+\langle\mathrm{e}| \mathbf{d}|\mathrm{g}\rangle|\mathrm{e}\rangle\langle\mathrm{g}| . \tag{5.11}
\end{equation*}
$$

We can choose the phase of the dipole matrix element $\langle\mathrm{g}| \mathbf{d}|\mathrm{e}\rangle$ such that it is real, in which case we can write the dipole operator as

$$
\begin{equation*}
\mathbf{d}=\langle\mathrm{g}| \mathbf{d}|\mathrm{e}\rangle\left(\sigma+\sigma^{\dagger}\right) \tag{5.12}
\end{equation*}
$$

(dipole operator in terms of $\sigma$ )
where $\sigma:=|\mathrm{g}\rangle\langle\mathrm{e}|$ is the atomic lowering operator. For clarity when we get to more complicated atoms, we will always write the dipole matrix element $\langle\mathrm{g}| \mathbf{d}|\mathrm{e}\rangle$ with the excited state to the right. We can thus write the total atom-field Hamiltonian as

$$
\begin{equation*}
H=H_{\mathrm{A}}+H_{\mathrm{AF}}=\hbar \omega_{0} \sigma^{\dagger} \sigma-\langle\mathrm{g}| \mathbf{d}|\mathrm{e}\rangle \cdot \mathbf{E}\left(\sigma+\sigma^{\dagger}\right) \tag{5.13}
\end{equation*}
$$

where $\sigma^{\dagger} \sigma=|\mathrm{e}\rangle\langle\mathrm{e}|$ is the excited-state projection operator.

### 5.1.2 Rotating-Wave Approximation

Just as we decomposed the field into positive- and negative-rotating parts, we can do the same for the dipole operator in the form (5.12):

$$
\begin{align*}
\mathbf{d} & =\langle\mathrm{g}| \mathbf{d}|\mathrm{e}\rangle\left(\sigma+\sigma^{\dagger}\right) \\
& =\mathbf{d}^{(+)}+\mathbf{d}^{(-)}, \tag{5.14}
\end{align*}
$$

where $\mathbf{d}^{(+)} \sim \sigma$ and $\mathbf{d}^{(-)} \sim \sigma^{\dagger}$. We do this because the expectation value of $\sigma=|\mathrm{g}\rangle\langle\mathrm{e}|$ has the unperturbed time dependence $e^{-i \omega_{0} t}$ (since this is the evolution of $|\mathrm{e}\rangle$ under the free atomic Hamiltonian), and thus corresponds to a positive frequency.

Including the same decomposition of the field, the atom-field Hamiltonian becomes

$$
\begin{align*}
H_{\mathrm{AF}} & =-\left(\mathbf{d}^{(+)}+\mathbf{d}^{(-)}\right) \cdot\left(\mathbf{E}^{(+)}+\mathbf{E}^{(-)}\right) \\
& =-\mathbf{d}^{(+)} \cdot \mathbf{E}^{(+)}-\mathbf{d}^{(-)} \cdot \mathbf{E}^{(-)}-\mathbf{d}^{(+)} \cdot \mathbf{E}^{(-)}-\mathbf{d}^{(-)} \cdot \mathbf{E}^{(+)} \tag{5.15}
\end{align*}
$$

Recalling the time dependences

$$
\begin{equation*}
\mathbf{d}^{( \pm)} \sim e^{\mp i \omega_{0} t} ; \quad \mathbf{E}^{( \pm)} \sim e^{\mp i \omega t} \tag{5.16}
\end{equation*}
$$

we see that the first two terms oscillate rapidly as $e^{ \pm i\left(\omega+\omega_{0}\right) t}$, while the last two (cross) terms oscillate slowly as $e^{ \pm i \Delta t}$. Assuming that $\left|\omega-\omega_{0}\right| \ll \omega+\omega_{0}$, we can make the rotating-wave approximation (RWA). ${ }^{2}$ This approximation focuses on slow dynamics, replacing terms rotating at optical frequencies are replaced by their zero average value, which amounts to a coarse-graining on fs time scales. This is reasonable since optical detectors don't respond on fs time scales anyway.

Something that is sometimes not appreciated is that the two-level approximation and the RWA are at the same level of accuracy. That is, it makes no sense to throw one out and keep the other. Both amount to discarding interactions that are far off resonance (the RWA amounts to a very far detuned interaction of a positive-frequency resonance with a negative-frequency field). If the detuning is large enough that the counter-rotating term is not negligible, then neither are the couplings to the other levels.

[^48]
### 5.1.3 Rabi Frequency

Thus, the atom-field interaction Hamiltonian in the RWA becomes

$$
\begin{equation*}
H_{\mathrm{AF}}=-\mathbf{d}^{(+)} \cdot \mathbf{E}^{(-)}-\mathbf{d}^{(-)} \cdot \mathbf{E}^{(+)} \tag{5.17}
\end{equation*}
$$

(RWA dipole interaction)
Using Eq. (5.2) for the explicit time-dependence of the field along with Eq. (5.14) for the dipole operator, we can write

$$
\begin{align*}
H_{\mathrm{AF}} & =-\langle\mathrm{g}| \hat{\varepsilon} \cdot \mathbf{d}|\mathrm{e}\rangle\left(E_{0}^{(-)} \sigma e^{i \omega t}+E_{0}^{(+)} \sigma^{\dagger} e^{-i \omega t}\right)  \tag{5.18}\\
& =\frac{\hbar \Omega}{2}\left(\sigma e^{i \omega t}+\sigma^{\dagger} e^{-i \omega t}\right),
\end{align*}
$$

where we have assumed $E_{0}^{(+)}$to be real, and we have defined the Rabi frequency ${ }^{3}$ as

$$
\begin{equation*}
\Omega:=-\frac{2\langle\mathrm{~g}| \hat{\varepsilon} \cdot \mathbf{d}|\mathrm{e}\rangle E_{0}^{(+)}}{\hbar}=-\frac{\langle\mathrm{g}| \hat{\varepsilon} \cdot \mathbf{d}|\mathrm{e}\rangle E_{0}}{\hbar} \tag{5.19}
\end{equation*}
$$

Note that we generally choose the phase of the dipole matrix element so that $\Omega>0$. The Rabi frequency characterizes the strength of the atom-field coupling. In the case of a linearly polarized field, the Rabi frequency simplifies to

$$
\begin{equation*}
\Omega=-\frac{\langle\mathrm{g}| d_{z}|\mathrm{e}\rangle E_{0}}{\hbar} \tag{5.20}
\end{equation*}
$$

if the field is polarized in the $z$-direction $(\hat{\varepsilon}=\hat{z})$.

### 5.1.4 Schrödinger Equation

Let's write the atomic state as

$$
\begin{equation*}
|\psi\rangle=c_{\mathrm{g}}|\mathrm{~g}\rangle+c_{\mathrm{e}}|\mathrm{e}\rangle \tag{5.21}
\end{equation*}
$$

where $c_{\mathrm{g}}$ and $c_{\mathrm{e}}$ carry all the time dependence of the state. With the atomic Hamiltonian $H_{\mathrm{A}}(5.4)$ and interaction $H_{\mathrm{AF}}$ (5.18), the Schrödinger equation $i \hbar \partial_{t}|\psi\rangle=H|\psi\rangle$ then gives

$$
\begin{equation*}
\partial_{t} c_{\mathrm{g}}|\mathrm{~g}\rangle+\partial_{t} c_{\mathrm{e}}|\mathrm{e}\rangle=-i \omega_{0} c_{\mathrm{e}}|\mathrm{e}\rangle-i \frac{\Omega}{2} e^{i \omega t} c_{\mathrm{e}}|\mathrm{~g}\rangle-i \frac{\Omega}{2} e^{-i \omega t} c_{\mathrm{g}}|\mathrm{e}\rangle \tag{5.22}
\end{equation*}
$$

Projecting with $\langle\mathrm{g}|$ and $\langle\mathrm{e}|$ gives the pair of coupled differential equations,

$$
\begin{align*}
& \partial_{t} c_{\mathrm{g}}=-i \frac{\Omega}{2} c_{\mathrm{e}} e^{i \omega t}  \tag{5.23}\\
& \partial_{t} c_{\mathrm{e}}=-i \omega_{0} c_{\mathrm{e}}-i \frac{\Omega}{2} c_{\mathrm{g}} e^{-i \omega t}
\end{align*}
$$

which we can now in principle solve for the atomic evolution.

### 5.1.5 Rotating Frame

We now have a set of coupled equations that involve oscillatory terms at optical frequencies. However, at resonance the precessions are phase-locked and should disappear in the proper coordinates. It it therefore convenient to transform into a corotating frame to eliminate the fast rotation. Thus, we make a transformation into the rotating frame of the laser field by defining the slowly varying excited-state amplitude

$$
\begin{equation*}
\tilde{c}_{\mathrm{e}}:=c_{\mathrm{e}} e^{i \omega t} \tag{5.24}
\end{equation*}
$$

(rotating-frame transformation)

[^49]We can then rewrite the equations of motion as

$$
\begin{align*}
& \partial_{t} c_{\mathrm{g}}=-i \frac{\Omega}{2} \tilde{c}_{\mathrm{e}} \\
& \partial_{t} \tilde{c}_{\mathrm{e}}=i \Delta \tilde{c}_{\mathrm{e}}-i \frac{\Omega}{2} c_{\mathrm{g}} \tag{5.25}
\end{align*}
$$

In fact, these are the same equations of motion generated by the effective, rotating-frame atomic Hamiltonian

$$
\begin{equation*}
\tilde{H}_{\mathrm{A}}=-\hbar \Delta|\mathrm{e}\rangle\langle\mathrm{e}|, \tag{5.26}
\end{equation*}
$$

(rotating-frame free evolution)
where recall that $\Delta:=\omega-\omega_{0}$ is the detuning of the laser from the atomic resonance, and the effective, rotating-frame interaction Hamiltonian

$$
\begin{align*}
\tilde{H}_{\mathrm{AF}} & =-\mathbf{d}^{(+)} \cdot \tilde{\mathbf{E}}^{(-)}-\mathbf{d}^{(-)} \cdot \tilde{\mathbf{E}}^{(+)}  \tag{5.27}\\
& =\frac{\hbar \Omega}{2}\left(\sigma+\sigma^{\dagger}\right)
\end{align*}
$$

(rotating-frame dipole interaction)
where we have defined the stationary field amplitudes

$$
\begin{equation*}
\tilde{E}^{( \pm)}:=e^{ \pm i \omega t} E^{( \pm)} \tag{5.28}
\end{equation*}
$$

In making the rotating-wave approximation, we have discarded the two terms that would have an explicit time dependence of $e^{ \pm i 2 \omega t}$ in Eq. (5.27), and in transforming to the rotating frame, we have removed all of the explicit time dependence from this problem. Essentially, we are hiding the time dependence of the field in the slowly varying amplitude $\tilde{c}_{\mathrm{e}}$, where it cancels most of the natural state evolution. Notice also that |e〉 is still an eigenstate of $\tilde{H}_{\mathrm{A}}$, with eigenvalue $\hbar \omega_{0}-\hbar \omega=-\hbar \Delta$, so that the rotating-frame transformation has the effect of shifting the excited state down in energy by an amount $\hbar \omega$.

This representation of the problem in the laser frame is interesting when we look at it this way: it shows that this $a c$ interaction is equivalent to the problem of two states separated in energy by $\hbar \Delta$ interacting with a $d c$ electric field (in the RWA). Because we have eliminated any explicit time dependence, this problem will be easy to solve.

### 5.1.5.1 Unitary Transformations

Suppose that we have a unitary transformation $U$, which induces the transformation $|\tilde{\psi}\rangle=U|\psi\rangle$. Then how does the Hamiltonian transform? Both the original and transformed states must satisfy the Schrödinger equation,

$$
\begin{equation*}
i \hbar \partial_{t}|\psi\rangle=H|\psi\rangle, \quad i \hbar \partial_{t}|\tilde{\psi}\rangle=\tilde{H}|\tilde{\psi}\rangle \tag{5.29}
\end{equation*}
$$

where $\tilde{H}$ is the transformed Hamiltonian. We can write the first equation here as

$$
\begin{equation*}
i \hbar \partial_{t}\left(U^{\dagger}|\tilde{\psi}\rangle\right)=H U^{\dagger}|\tilde{\psi}\rangle \tag{5.30}
\end{equation*}
$$

Then we can expand the time derivative and operate on the left by $U$ :

$$
\begin{equation*}
i \hbar \partial_{t}|\tilde{\psi}\rangle+i \hbar U \partial_{t} U^{\dagger}|\tilde{\psi}\rangle=U H U^{\dagger}|\tilde{\psi}\rangle \tag{5.31}
\end{equation*}
$$

Noting that $\partial_{t}\left(U U^{\dagger}\right)=\left(\partial_{t} U\right) U^{\dagger}+U \partial_{t} U^{\dagger}=0$, we can rewrite this as

$$
\begin{equation*}
i \hbar \partial_{t}|\tilde{\psi}\rangle=\left[U H U^{\dagger}+i \hbar\left(\partial_{t} U\right) U^{\dagger}\right]|\tilde{\psi}\rangle \tag{5.32}
\end{equation*}
$$

Comparing this to the Schrödinger equation in the transformed variables, we can identify the transformation law

$$
\begin{equation*}
\tilde{H}=U H U^{\dagger}+i \hbar\left(\partial_{t} U\right) U^{\dagger} \tag{5.33}
\end{equation*}
$$

for the Hamiltonian under a general time-dependent, unitary transformation.
Thus we can see that the transformation to the rotating frame is represented by the unitary transformation

$$
\begin{equation*}
U=\exp (i \omega t|\mathrm{e}\rangle\langle\mathrm{e}|) . \tag{5.34}
\end{equation*}
$$

This gives the proper form for the rotating-frame state

$$
\begin{align*}
|\tilde{\psi}\rangle & =U|\psi\rangle \\
& =U\left(c_{\mathrm{g}}|\mathrm{~g}\rangle+c_{\mathrm{e}}|\mathrm{e}\rangle\right)  \tag{5.35}\\
& =c_{\mathrm{g}}|\mathrm{~g}\rangle+c_{\mathrm{e}} e^{i \omega t}|\mathrm{e}\rangle \\
& =c_{\mathrm{g}}|\mathrm{~g}\rangle+\tilde{c}_{\mathrm{e}}|\mathrm{e}\rangle
\end{align*}
$$

and it also gives the proper forms for $\tilde{H}_{\mathrm{A}}$ and $\tilde{H}_{\mathrm{AF}}$ from Eqs. (5.26) and (5.27), respectively, when we use the transformation law (5.33) is applied to $H_{\mathrm{A}}+H_{\mathrm{AF}}$.

### 5.1.5.2 Digression: Field Operators

This rotating-frame transformation, where the atomic ground and excited states become nearly degenerate, has an analogous interpretation in the fully quantum treatment of the problem. The key point is that in a fully quantum treatment, the electric field is represented by an operator. We will defer the detailed derivations until later, but the basic idea is that a single-mode field is represented quantum-mechanically by a harmonic oscillator of frequency $\omega$, where the $n$th energy level corresponds to the presence of $n$ photons. The other important thing to realize is that the positive-rotating field amplitude is proportional to the field annihilation operator, $E^{(+)} \sim a$, where $a$ is given by in terms of the photon number states as

$$
\begin{equation*}
a=\sum_{n=1}^{\infty}|n-1\rangle\langle n| \sqrt{n} \tag{5.36}
\end{equation*}
$$

while the negative-rotating amplitude corresponds to the creation operator, $E^{(-)} \sim a^{\dagger}$. It is not hard to see, for example, that generic expectation values of the field operators have the right time dependence to match the classical case.

In terms of the quantized field, the combined Hamiltonian becomes

$$
\begin{align*}
H_{\text {quantum }} & =H_{\mathrm{A}}+H_{\mathrm{AF}}  \tag{5.37}\\
& =\hbar \omega_{0}|\mathrm{e}\rangle\langle\mathrm{e}|+\hbar g\left(\sigma a^{\dagger} e^{i \omega t}+\sigma^{\dagger} a e^{-i \omega t}\right),
\end{align*}
$$

where $2 g$ is often called the one-photon Rabi frequency, as we will see in our discussion of the JaynesCummings model in Chapter 10. This is very similar in form to the semiclassical Hamiltonian, where the atom-field interaction is given by Eq. (5.18):

$$
\begin{align*}
H_{\text {semiclassical }} & =H_{\mathrm{A}}+H_{\mathrm{AF}} \\
& =\hbar \omega_{0}|\mathrm{e}\rangle\langle\mathrm{e}|+\frac{\hbar \Omega}{2}\left(\sigma e^{i \omega t}+\sigma^{\dagger} e^{-i \omega t}\right), \tag{5.38}
\end{align*}
$$

except for the presence of the field operators and the different coupling constant.
This quantum Hamiltonian is in the interaction picture with respect to the field evolution. We can see this because the field operators carry the explicit time dependence of the field (written out explicitly here), and because the field should evolve according to a harmonic-oscillator Hamiltonian,

$$
\begin{equation*}
H_{\mathrm{F}}=\hbar \omega\left(a^{\dagger} a+\frac{1}{2}\right) \tag{5.39}
\end{equation*}
$$

which is obviously missing here. We can transform out of the interaction picture by using the transformation

$$
\begin{equation*}
U_{\mathrm{I}}=\exp \left(i H_{\mathrm{F}} t / \hbar\right) \tag{5.40}
\end{equation*}
$$

The resulting Hamiltonian is

$$
\begin{align*}
\tilde{H}_{\mathrm{quantum}} & =\hbar \omega_{0}|\mathrm{e}\rangle\langle\mathrm{e}|+\hbar g\left(\sigma a^{\dagger}+\sigma^{\dagger} a\right)+\hbar \omega\left(a^{\dagger} a+\frac{1}{2}\right)  \tag{5.41}\\
& =\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}+\tilde{H}_{\mathrm{F}}
\end{align*}
$$

where the tildes indicate operators after transformation (i.e., in the Schrödinger picture), and we have hidden constant phase factors in the atom-field Hamiltonian. This Hamiltonian is then in the Schrödinger picture with respect to the field, where the field time dependence is generated by the presence of $H_{F}$. Note that we didn't shift the energy of the excited state down, but in a sense we shifted the energy of the ground state up, which amounts to the same thing. This happened because the Hamiltonian here couples states of the form

$$
\begin{equation*}
|\mathrm{g}, n+1\rangle \longrightarrow|\mathrm{e}, n\rangle, \tag{5.42}
\end{equation*}
$$

where the integer refers to photon-number states. The splitting between these states is $-\hbar \Delta$, as we saw in the semiclassical rotating frame.

In the classical limit, the average photon number $N$ of the laser field is very large, and in a coherent (Gaussian) state of the field, the fractional uncertainty in $N$ becomes vanishingly small. Hence, the field operator $a$ can be replaced by $\sqrt{N}$. With the argument above, the free atom and field Hamiltonians conspire to give an atomic Hamiltonian with the correct splitting in the rotating frame. Upon making the identification $\Omega / 2=g \sqrt{N}$, we also recover the correct form for the rotating interaction Hamiltonian (5.27). Hence we have shown that the transformation to the rotating frame also arises as a transformation from the interaction picture to the Schrödinger picture with respect to the quantized field. We have also established explicitly how the fully quantized atom-field treatment reduces to the present semiclassical model in the classical-field limit.

With the expressions (5.37) and (5.38) for the atom-field interaction in hand, we can make one final remark about the RWA. Since $\mathbf{E}^{(+)}$annihilates a photon from the laser field, the terms left in the interaction Hamiltonian from the RWA correspond to raising the atomic state while lowering the field state $\left(d_{z}^{(-)} E^{(+)} \longrightarrow\right.$ $\left.\sigma^{\dagger} a\right)$ and lowering the atomic state while raising the field state $\left(d_{z}^{(+)} E^{(-)} \longrightarrow \sigma a^{\dagger}\right)$. Near resonance, these interactions are energy-conserving. The rotating terms that we neglected are of the form $\left(d_{z}^{(+)} E^{(+)} \longrightarrow \sigma a\right)$ and $\left(d_{z}^{(-)} E^{(-)} \longrightarrow \sigma^{\dagger} a^{\dagger}\right)$, corresponding to lowering the atom but annihilating a photon, and raising the atom but creating a photon, respectively. These processes violate energy conservation by an energy of about two photons' worth, and should thus be much less important than the energy-conserving ones. Invoking the RWA, then, amounts to keeping only the energy-conserving (resonant) terms in the interaction Hamiltonian.

### 5.2 Rabi Flopping

Now we can solve the coupled amplitude equations (5.25) in the rotating frame to look at the driven atomic dynamics. We will do this first in the case of exact resonance, and then in the more general, nearly resonant case.

### 5.2.1 Resonant Interaction

In the case of exact resonance $(\Delta=0)$, the coupled equations reduce to

$$
\begin{align*}
& \partial_{t} c_{\mathrm{g}}=-i \frac{\Omega}{2} \tilde{c}_{\mathrm{e}}  \tag{5.43}\\
& \partial_{t} \tilde{c}_{\mathrm{e}}=-i \frac{\Omega}{2} c_{\mathrm{g}}
\end{align*}
$$

We can easily decouple these by differentiating them and substituting in the original equations. For example,

$$
\begin{equation*}
\partial_{t}^{2} c_{\mathrm{g}}=-i \frac{\Omega}{2} \partial_{t} \tilde{c}_{\mathrm{e}}=-\left(\frac{\Omega}{2}\right)^{2} c_{\mathrm{g}} . \tag{5.44}
\end{equation*}
$$

This has the form of an undamped harmonic oscillator of frequency $\Omega / 2$. The equations of motion are invariant under the exchange $\mathrm{g} \longleftrightarrow \mathrm{e}$, and so $c_{\mathrm{e}}$ satisfies the same uncoupled equation as $c_{\mathrm{g}}$. Thus, we may write the uncoupled equations as

$$
\begin{align*}
\partial_{t}^{2} c_{\mathrm{g}} & =-\left(\frac{\Omega}{2}\right)^{2} c_{\mathrm{g}} \\
\partial_{t}^{2} \tilde{c}_{\mathrm{e}} & =-\left(\frac{\Omega}{2}\right)^{2} \tilde{c}_{\mathrm{e}} \tag{5.45}
\end{align*}
$$

The general solution for $c_{\mathrm{g}}$ is

$$
\begin{equation*}
c_{\mathrm{g}}(t)=A \sin \left(\frac{1}{2} \Omega t\right)+B \cos \left(\frac{1}{2} \Omega t\right) \tag{5.46}
\end{equation*}
$$

To put this solution in terms of the initial conditions $c_{\mathrm{g}}(0)$ and $\tilde{c}_{\mathrm{e}}(0)$, we first set $t=0$ in the $c_{\mathrm{g}}$ solution to find that $c_{\mathrm{g}}(0)=B$. Differentiating $c_{\mathrm{g}}(t)$ and using the original equation of motion for $c_{\mathrm{g}}$, we find

$$
\begin{equation*}
\partial_{t} c_{\mathrm{g}}(t)=\frac{1}{2} \Omega\left[A \cos \left(\frac{1}{2} \Omega t\right)-B \sin \left(\frac{1}{2} \Omega t\right)\right]=-\frac{i}{2} \Omega \tilde{c}_{\mathrm{e}}(t) \tag{5.47}
\end{equation*}
$$

Setting $t=0$ then gives $A=-i \tilde{c}_{e}(0)$. Thus, the general solution for $c_{\mathrm{g}}$ comes from Eq. (5.46), and the general solution for $\tilde{c}_{\text {e }}$ comes from Eq.(5.47), giving

$$
\begin{align*}
& c_{\mathrm{g}}(t)=c_{\mathrm{g}}(0) \cos \left(\frac{1}{2} \Omega t\right)-i \tilde{c}_{\mathrm{e}}(0) \sin \left(\frac{1}{2} \Omega t\right) \\
& \tilde{c}_{\mathrm{e}}(t)=\tilde{c}_{\mathrm{e}}(0) \cos \left(\frac{1}{2} \Omega t\right)-i c_{\mathrm{g}}(0) \sin \left(\frac{1}{2} \Omega t\right) \tag{5.48}
\end{align*}
$$

(two-level atom solution, $\Delta=0$ )
as the general solution for the two amplitudes.

### 5.2.1.1 Example: Initially Unexcited Atom

For an atom initially in the ground state, $c_{\mathrm{g}}(0)=1$ and $\tilde{c}_{\mathrm{e}}(0)=0$. The general solution then becomes

$$
\begin{align*}
& c_{\mathrm{g}}(t)=\cos \left(\frac{1}{2} \Omega t\right)  \tag{5.49}\\
& \tilde{c}_{\mathrm{e}}(t)=-i \sin \left(\frac{1}{2} \Omega t\right)
\end{align*}
$$

The ground- and excited-state populations are thus

$$
\begin{align*}
& P_{\mathrm{g}}(t)=\left|c_{\mathrm{g}}(t)\right|^{2}=\cos ^{2}\left(\frac{1}{2} \Omega t\right)=\frac{1}{2}(1+\cos \Omega t)  \tag{5.50}\\
& P_{\mathrm{e}}(t)=\left|\tilde{c}_{\mathrm{e}}(t)\right|^{2}=\sin ^{2}\left(\frac{1}{2} \Omega t\right)=\frac{1}{2}(1-\cos \Omega t)
\end{align*}
$$

Thus, we see explicitly the significance of the Rabi frequency: the population oscillates between the ground and excited levels at the angular frequency $\Omega$. This oscillation phenomenon is referred to as Rabi flopping.


Roughly, the "upswings" in population from $|\mathrm{g}\rangle$ to $|\mathrm{e}\rangle$ correspond to light absorption, while the downswings correspond to stimulated emission back into the original field (thus far we are ignoring spontaneous emission). The period of the oscillation is $T=2 \pi / \Omega$, and thus some particular times are important. If the field is turned on for a duration $T / 2$ (i.e., $\Omega(T / 2)=\pi$ ), an atom initially in the ground state is promoted to the excited state with unit probability. A pulse of this form is called a $\boldsymbol{\pi}$-pulse. On the other hand, if the field is turned on for a duration $T / 4$ (i.e., $\Omega(T / 4)=\pi / 2$ ), an atom initially in the ground state ends up in a superposition of the ground and excited states. A pulse of this form is called a $\boldsymbol{\pi} / \mathbf{2}$-pulse.

Of course, these "pulses" refer to square-profile pulses, since we have assumed a constant field amplitude $E_{0}$, but more generally we can consider the above analysis to be valid even when the field amplitude is timedependent, so long as it varies slowly on the optical time scales. In this case, the Rabi frequency itself is time-dependent, and we can generally define a $\pi$-pulse to be any pulse with an "area" of $\pi$,

$$
\begin{equation*}
\int d t \Omega(t)=\pi \tag{5.51}
\end{equation*}
$$

and a $\pi / 2$ pulse is any pulse with area $\pi / 2$.

### 5.2.2 Nearly Resonant Interaction

In the case of nonzero detuning $\Delta$, we need to solve Eqs. (5.25). We can again decouple these by differentiating and eliminating appropriate variables, with the result

$$
\begin{align*}
& \left(\partial_{t}^{2}-i \Delta \partial_{t}+\frac{\Omega^{2}}{4}\right) c_{\mathrm{g}}=0  \tag{5.52}\\
& \left(\partial_{t}^{2}-i \Delta \partial_{t}+\frac{\Omega^{2}}{4}\right) \tilde{c}_{\mathrm{e}}=0 .
\end{align*}
$$

Rewriting the decoupled equations as

$$
\begin{align*}
& \left(\partial_{t}-i \frac{\Delta}{2}+i \frac{\tilde{\Omega}}{2}\right)\left(\partial_{t}-i \frac{\Delta}{2}-i \frac{\tilde{\Omega}}{2}\right) c_{\mathrm{g}}=0  \tag{5.53}\\
& \left(\partial_{t}-i \frac{\Delta}{2}+i \frac{\tilde{\Omega}}{2}\right)\left(\partial_{t}-i \frac{\Delta}{2}-i \frac{\tilde{\Omega}}{2}\right) \tilde{c}_{\mathrm{e}}=0
\end{align*}
$$

where $\tilde{\Omega}$ is the generalized Rabi frequency,

$$
\begin{equation*}
\tilde{\Omega}:=\sqrt{\Omega^{2}+\Delta^{2}}, \tag{5.54}
\end{equation*}
$$

it is easy to see that any function that causes either factor to vanish will solve the equation, and thus the solutions are linear combinations of functions of the form $\exp ( \pm i \Delta t / 2 \pm i \tilde{\Omega} t / 2)$. We will thus write the solutions as

$$
\begin{align*}
& c_{\mathrm{g}}(t)=e^{i \Delta t / 2}\left[A_{\mathrm{g}} \cos \left(\frac{1}{2} \tilde{\Omega} t\right)+B_{\mathrm{g}} \sin \left(\frac{1}{2} \tilde{\Omega} t\right)\right]  \tag{5.55}\\
& \tilde{c}_{\mathrm{e}}(t)=e^{i \Delta t / 2}\left[A_{\mathrm{e}} \cos \left(\frac{1}{2} \tilde{\Omega} t\right)+B_{\mathrm{e}} \sin \left(\frac{1}{2} \tilde{\Omega} t\right)\right] .
\end{align*}
$$

Setting $t=0$ in these equations gives

$$
\begin{equation*}
A_{\mathrm{g}}=c_{\mathrm{g}}(0), \quad A_{\mathrm{e}}=\tilde{c}_{\mathrm{e}}(0) \tag{5.56}
\end{equation*}
$$

while differentiating the solutions and comparing to the equations of motion gives

$$
\begin{align*}
& \partial_{t} c_{\mathrm{g}}(0)=i \frac{\Delta}{2} c_{\mathrm{g}}(0)+\frac{\tilde{\Omega}}{2} B_{\mathrm{g}}=-i \frac{\Omega}{2} \tilde{c}_{\mathrm{e}}(0)  \tag{5.57}\\
& \partial_{t} \tilde{c}_{\mathrm{e}}(0)=i \frac{\Delta}{2} \tilde{c}_{\mathrm{e}}(0)+\frac{\tilde{\Omega}}{2} B_{\mathrm{e}}=i \Delta \tilde{c}_{\mathrm{e}}(0)-i \frac{\Omega}{2} \tilde{c}_{\mathrm{e}}(0) \Longrightarrow B_{\mathrm{g}}=-\frac{i}{\tilde{\Omega}}\left[\Delta c_{\mathrm{g}}(0)+\Omega \tilde{c}_{\mathrm{e}}(0)\right]
\end{align*}
$$

Thus, the general solution in terms of initial conditions reads

$$
\begin{align*}
& c_{\mathrm{g}}(t)=e^{i \Delta t / 2}\left[c_{\mathrm{g}}(0) \cos \left(\frac{1}{2} \tilde{\Omega} t\right)-\frac{i}{\tilde{\Omega}}\left[\Delta c_{\mathrm{g}}(0)+\Omega c_{\mathrm{e}}(0)\right] \sin \left(\frac{1}{2} \tilde{\Omega} t\right)\right] \\
& \tilde{c}_{\mathrm{e}}(t)=e^{i \Delta t / 2}\left[\tilde{c}_{\mathrm{e}}(0) \cos \left(\frac{1}{2} \tilde{\Omega} t\right)+\frac{i}{\tilde{\Omega}}\left[\Delta \tilde{c}_{\mathrm{e}}(0)-\Omega c_{\mathrm{g}}(0)\right] \sin \left(\frac{1}{2} \tilde{\Omega} t\right)\right] . \tag{5.58}
\end{align*}
$$

(two-level atom solution, arbitrary $\Delta$ )

### 5.2.2.1 Example: Initially Unexcited Atom

Again, for an atom initially in the ground state, $c_{\mathrm{g}}(0)=1$ and $\tilde{c}_{\mathrm{e}}(0)=0$, and the general solution becomes

$$
\begin{align*}
& c_{\mathrm{g}}(t)=e^{i \Delta t / 2}\left[\cos \left(\frac{1}{2} \tilde{\Omega} t\right)-i \frac{\Delta}{\tilde{\Omega}} \sin \left(\frac{1}{2} \tilde{\Omega} t\right)\right]  \tag{5.59}\\
& \tilde{c}_{\mathrm{e}}(t)=-i e^{i \Delta t / 2} \frac{\Omega}{\tilde{\Omega}} \sin \left(\frac{1}{2} \tilde{\Omega} t\right)
\end{align*}
$$

The excited-state population is thus

$$
\begin{equation*}
P_{\mathrm{e}}(t)=\frac{\Omega^{2}}{\tilde{\Omega}^{2}} \sin ^{2}\left(\frac{1}{2} \tilde{\Omega} t\right)=\frac{\Omega^{2}}{\tilde{\Omega}^{2}}\left(\frac{1}{2}-\frac{1}{2} \cos \tilde{\Omega} t\right) \tag{5.60}
\end{equation*}
$$

We can thus notice two things. First, the Rabi oscillations now occur at the generalized Rabi frequency $\tilde{\Omega} \geq \Omega$, so the oscillation rate increases as the magnitude of the detuning increases. For weak fields $(|\Delta| \gg \Omega)$, $\tilde{\Omega} \approx|\Delta|$, while for strong fields $(|\Delta| \ll \Omega), \tilde{\Omega} \approx \Omega$.


The other thing to notice is that the amplitude of the oscillations is reduced. The modulation depth (maximum excitation probability) is

$$
\begin{equation*}
\frac{\Omega^{2}}{\tilde{\Omega}^{2}}=\frac{\Omega^{2}}{\Omega^{2}+\Delta^{2}} \tag{5.61}
\end{equation*}
$$

which reduces to $\Omega^{2} / \Delta^{2}$ for weak excitation and to 1 for strong excitation.


### 5.3 Dressed States

One thing that we can conlude from the Rabi-flopping behavior is that the old eigenstates $|\mathrm{g}\rangle$ and $|\mathrm{e}\rangle$ are no longer eigenstates of the coupled system. However, we can still find the new eigenstates. We start by writing the equations of motion (5.23) for the coefficients in the matrix form

$$
\partial_{t}\left[\begin{array}{c}
\tilde{c}_{\mathrm{e}}  \tag{5.62}\\
c_{\mathrm{g}}
\end{array}\right]=-i\left[\begin{array}{cc}
-\Delta & \Omega / 2 \\
\Omega / 2 & 0
\end{array}\right]\left[\begin{array}{c}
\tilde{c}_{\mathrm{e}} \\
c_{\mathrm{g}}
\end{array}\right]=-\frac{i}{\hbar} \tilde{H}\left[\begin{array}{c}
\tilde{c}_{\mathrm{e}} \\
c_{\mathrm{g}}
\end{array}\right]
$$

where we identify the rotating-frame Hamiltonian

$$
\tilde{H}=\left(\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}\right)=\hbar\left[\begin{array}{cc}
-\Delta & \Omega / 2  \tag{5.63}\\
\Omega / 2 & 0
\end{array}\right]
$$

in the uncoupled energy basis. We leave the diagonalization of this Hamiltonian as an exercise, but it can be shown that the eigenvalues are

$$
\begin{equation*}
E_{ \pm}=-\frac{\hbar \Delta}{2} \pm \frac{\hbar \tilde{\Omega}}{2} \tag{5.64}
\end{equation*}
$$

(dressed-state energies)
and the corresponding eigenvectors are given by an effective rotation of the uncoupled states,
(dressed states)
where by convention the state $|+\rangle$ has the higher energy, and the Stückelberg angle $\theta$ is defined via

$$
\begin{equation*}
\tan 2 \theta=-\frac{\Omega}{\Delta} \quad\left(0 \leq \theta<\frac{\pi}{2}\right) \tag{5.66}
\end{equation*}
$$

(Stückelberg angle)
These are the dressed states of the atom, and we see from Eq. (5.64) that the coupling to the field causes an avoided crossing in the energy level structure of the atom. That is, in the uncoupled case, the energies of the ground and excited states - the bare states - are 0 and $-\hbar \Delta$, respectively. The energy curves cross when $\Delta=0$.


The coupling between the two levels lifts the degeneracy, however, converting the level crossing into a hyperbolic avoided crossing. Avoided crossings happen commonly in quantum mechanics, and here we have a simple model for this phenomenon.


In the limit of large detuning, when the coupling is small, we can approximately identify the coupled eigenstates with the uncoupled eigenstates. Near resonance, however, the states are mixed, and the energies are shifted. The energy shifts are the ac Stark shifts, or lamp shifts, which we will treat in more detail later.

### 5.3.1 Rabi Oscillations in the Dressed-State Picture

We saw that due to the interaction of the field, the atom undergoes Rabi oscillations, where the magnitudes of the probability amplitudes oscillate in time. How does this work in the dressed-state picture, where the only possible evolution of the amplitudes is a change in phase? As an illustration, we'll work this out explicitly for the resonant case $\Delta=0$. In this case, the dressed states are even and odd superpositions of the bare states,
(we are dropping the normalization factor $1 / \sqrt{2}$ here), while the bare states are
in terms of the dressed states. Then if the atom starts in the ground state $|\mathrm{g}\rangle=|+\rangle+|-\rangle$, the dressed-state phases will evolve according to the appropriate energies:

Dropping an irrelevant overall phase,

$$
\begin{equation*}
|\psi(t)\rangle=|+\rangle+|-\rangle e^{i \Omega t} \tag{5.70}
\end{equation*}
$$

Thus, it is the relative phase of the two dressed states that changes in time, and causes the Rabi flopping. The frequency splitting between the dressed states is just $\Omega$, so the evolution must be periodic with frequency $\Omega$. At time $\Omega t=\pi$,

$$
\begin{equation*}
|\psi(t=\pi / \Omega)\rangle=|+\rangle+|-\rangle e^{i \pi}=|+\rangle-|-\rangle=|\mathrm{e}\rangle \tag{5.71}
\end{equation*}
$$

and the atom is in the excited state. At time $\Omega t=2 \pi$,

$$
\begin{equation*}
|\psi(t=2 \pi / \Omega)\rangle=|+\rangle+|-\rangle e^{i 2 \pi}=|+\rangle+|-\rangle=|\mathrm{g}\rangle, \tag{5.72}
\end{equation*}
$$

and the atom is back in the ground state. This is precisely what we found in our analysis above.
Of course, the same general picture holds off resonance. In this case, the dressed-state splitting becomes $\tilde{\Omega}$, so the oscillations occur at the generalized Rabi frequency. Also, from Eq. (5.65) the bare states are not equal superpositions of the dressed states, so the off-resonant Rabi flopping will not result in a complete transfer of population, say from $|\mathrm{g}\rangle$ to $|\mathrm{e}\rangle$. This intuitive picture gives a simple way of looking at the analytic, off-resonant solutions we found above.

### 5.3.2 Adiabatic Passage and Landau-Zener Crossings

Suppose you have an atom in the ground state, and you want to tranfer it exactly into the excited state. Sure, you can just use a resonant $\pi$-pulse. But lasers aren't perfect: they have jitter in both frequency and amplitude, the amplitude jitter often being more important directly on resonance. Instead of working really hard to stabilize the laser, there is an easy trick that you can use, provided you can chirp (sweep) the laser frequency. The idea is to chirp the laser frequency across the atomic resonance. As long as the chirp is slow enough, it turns out that the atom will flip to the excited state with nearly unit probability. This effect is called adiabatic passage.

We can see how this works as follows. Suppose we start the chirp well below resonance, $\Delta \ll-\Omega$ (assuming $\Omega>0$ by convention). From Eqs. (5.65) and (5.66), we can see that the phase angle $\theta \approx 0$, and thus $|-\rangle \approx|\mathrm{g}\rangle$. As the chirp slowly proceeds, the adiabatic theorem guarantees that the atom will remain in the $|-\rangle$ dressed state. When the chirp ends well above resonance, $\Delta \gg \Omega$, we can see that the phase angle increases to $\theta \approx \pi / 2$ (passing through $\theta=\pi / 4$ on resonance), and thus $|-\rangle \approx|\mathrm{e}\rangle$.


Thus, by mixing the two states, the atom adiabatically passes from $|\mathrm{g}\rangle$ to $|\mathrm{e}\rangle$ : the avoided crossing exchanges the identities of the uncoupled eigenstates. Of course, we could have chirped the other way, in which case the atom would have followed the $|+\rangle$ dressed state from $|\mathrm{g}\rangle$ to $|\mathrm{e}\rangle$.

Clearly this happens if the chirp is "slow enough." For a very fast chirp, the atom-field coupling has effectively no time to become manifest, and the atom starting in $|\mathrm{g}\rangle$ will jump ("tunnel") across the avoided crossing as if it weren't there. For intermediate chirps, we might expect the atom to end up in a superposition of $|\mathrm{g}\rangle$ and $|\mathrm{e}\rangle$, since some of the probablity will tunnel through the gap. but how slow is slow enough? This problem can be solved completely, and the solution was given independently by Landau, Zener, and Stückelberg; this is commonly called the Landau-Zener crossing problem. ${ }^{4}$

To solve the problem, recall the atom-field interaction Hamiltonian from Eq. (5.18) in the nonrotating frame:

$$
\begin{equation*}
H_{\mathrm{AF}}=\frac{\hbar \Omega}{2}\left(\sigma e^{i \omega t}+\sigma^{\dagger} e^{-i \omega t}\right) . \tag{5.73}
\end{equation*}
$$

This came from a monochromatic field $E^{(+)}$with phase $e^{-i \omega t}$. To generalize this to a chirped field, we note that the frequency is the rate at which phase accumulates, so that in general we can write the phase as $e^{-i \phi(t)}$, with $\omega \equiv d \phi(t) / d t$. Thus, the generalized interaction Hamiltonian has the same form as above, but with the replacement

$$
\begin{equation*}
e^{-i \omega t} \longrightarrow \exp \left(-i \int_{0}^{t} \omega\left(t^{\prime}\right) d t^{\prime}\right) \tag{5.74}
\end{equation*}
$$

where $\omega(t)$ is the instantaneous frequency. We carry through the derivation of the Schrödinger equation as before, defining the slowly varying excited-state amplitudes by

$$
\begin{equation*}
\tilde{c}_{\mathrm{e}}=c_{\mathrm{e}} \exp \left(i \int_{0}^{t} \omega\left(t^{\prime}\right) d t^{\prime}\right) \tag{5.75}
\end{equation*}
$$

[^50]so that the rotating-frame atomic and atom-field Hamiltonians become
\[

$$
\begin{align*}
\tilde{H}_{\mathrm{A}} & =-\hbar \Delta(t) \sigma^{\dagger} \sigma \\
\tilde{H}_{\mathrm{AF}} & =\frac{\hbar \Omega}{2}\left(\sigma+\sigma^{\dagger}\right), \tag{5.76}
\end{align*}
$$
\]

where $\Delta(t):=\omega(t)-\omega_{0}$. The equations of motion for the bare-state amplitudes are thus

$$
\begin{align*}
& \partial_{t} c_{\mathrm{g}}=-i \frac{\Omega}{2} \tilde{c}_{\mathrm{e}}  \tag{5.77}\\
& \partial_{t} \tilde{c}_{\mathrm{e}}=i \Delta(t) \tilde{c}_{\mathrm{e}}-i \frac{\Omega}{2} c_{\mathrm{g}} .
\end{align*}
$$

Decoupling by differentiation and back substitution as usual gives

$$
\begin{array}{r}
\left(\partial_{t}^{2}-i \Delta \partial_{t}-i\left(\partial_{t} \Delta\right)+\frac{\Omega^{2}}{4}\right) \tilde{c}_{\mathrm{e}}=0  \tag{5.78}\\
\left(\partial_{t}^{2}-i \Delta \partial_{t}+\frac{\Omega^{2}}{4}\right) c_{\mathrm{g}}=0 .
\end{array}
$$

Now we transform into yet another rotating frame defined by the new variables

$$
\begin{align*}
c_{\mathrm{e}}^{\prime} & :=\tilde{c}_{\mathrm{e}} \exp \left(-\frac{i}{2} \int_{0}^{t} \Delta\left(t^{\prime}\right) d t^{\prime}\right) \\
c_{\mathrm{g}}^{\prime} & :=c_{\mathrm{g}} \exp \left(-\frac{i}{2} \int_{0}^{t} \Delta\left(t^{\prime}\right) d t^{\prime}\right), \tag{5.79}
\end{align*}
$$

in terms of which the equations (5.78) become

$$
\begin{align*}
& \left(\partial_{t}^{2}-\frac{i}{2}\left(\partial_{t} \Delta\right)+\frac{\Delta^{2}}{4}+\frac{\Omega^{2}}{4}\right) c_{\mathrm{e}}^{\prime}=0  \tag{5.80}\\
& \left(\partial_{t}^{2}+\frac{i}{2}\left(\partial_{t} \Delta\right)+\frac{\Delta^{2}}{4}+\frac{\Omega^{2}}{4}\right) c_{\mathrm{g}}^{\prime}=0
\end{align*}
$$

Assuming a purely linear chirp, $\Delta=\alpha t(\alpha>0)$, we see that

$$
\begin{align*}
& \left(\partial_{t}^{2}+\frac{\Omega^{2}}{4}-\frac{i \alpha}{2}+\frac{\alpha^{2}}{4} t^{2}\right) c_{\mathrm{e}}^{\prime}=0 \\
& \left(\partial_{t}^{2}+\frac{\Omega^{2}}{4}+\frac{i \alpha}{2}+\frac{\alpha^{2}}{4} t^{2}\right) c_{\mathrm{g}}^{\prime}=0 \tag{5.81}
\end{align*}
$$

and then defining the new variables

$$
\begin{equation*}
\nu:=i \frac{\Omega^{2}}{4 \alpha}=i|\nu|, \quad z:=e^{-i \pi / 4} \sqrt{\alpha} t, \tag{5.82}
\end{equation*}
$$

the uncoupled equations of motion become

$$
\begin{align*}
\left(\partial_{z}^{2}+\nu+\frac{1}{2}-\frac{z^{2}}{4}\right) c_{\mathrm{e}}^{\prime} & =0 \\
\left(\partial_{z}^{2}+(\nu-1)+\frac{1}{2}-\frac{z^{2}}{4}\right) c_{\mathrm{g}}^{\prime} & =0 \tag{5.83}
\end{align*}
$$

These are both in the form of Weber's equation,

$$
\begin{equation*}
\left(\partial_{z}^{2}+\nu+\frac{1}{2}-\frac{z^{2}}{4}\right) y=0 \tag{5.84}
\end{equation*}
$$

whose solutions are the parabolic-cylinder functions $D_{\nu}(z), D_{\nu}(-z), D_{-(\nu+1)}(i z)$, and $D_{-(\nu+1)}(-i z) .{ }^{5}$
We will now be concerned with the solution for the excited-state amplitude $c_{\mathrm{e}}^{\prime}$. The leading-order asymptotic expansion of $D_{n}(z)$ (for large $|z|$ ) is

$$
\begin{equation*}
D_{\nu}(z) \sim e^{-z^{2} / 4} z^{\nu} \tag{5.85}
\end{equation*}
$$

for $|\arg (z)|<3 \pi / 4$. Letting $\nu \longrightarrow-(\nu+1)$ and $z \longrightarrow i|z| e^{-i \pi / 4}$,

$$
\begin{equation*}
D_{-(\nu+1)}\left(i|z| e^{-i \pi / 4}\right) \sim e^{-i \pi(\nu+1) / 4} e^{-i|z|^{2} / 4}|z|^{-(\nu+1)} \tag{5.86}
\end{equation*}
$$

We can conclude from this that $D_{-(\nu+1)}(-i z)$ is a function that vanishes for large $|z|$, if $z$ follows the direction $e^{i 3 \pi / 4}=-e^{-i \pi / 4}$ (vanishing as $|z|^{-1}$ since $\nu$ is imaginary), and thus vanishes in the limit $t \longrightarrow-\infty$. Thus, we can write our solution for the excited-state amplitude

$$
\begin{equation*}
c_{\mathrm{e}}^{\prime}=A D_{-(\nu+1)}(-i z) \tag{5.87}
\end{equation*}
$$

where $A$ is an undetermined constant, since this represents a particular solution to Weber's equation with the correct initial condition

$$
\begin{equation*}
c_{\mathrm{e}}^{\prime}(t \longrightarrow-\infty)=0 \tag{5.88}
\end{equation*}
$$

Note that we are idealizing the chirp, assuming that it extends to all frequencies, and thus we treating this as a scattering-type problem, where the boundary conditions are applied at $t= \pm \infty$.

Now to determine the coefficient. We use the bare-state equations of motion (5.77), which in terms of new variables becomes

$$
\begin{equation*}
c_{\mathrm{g}}^{\prime}=\frac{i}{\sqrt{\nu}}\left(\partial_{z}+\frac{z}{2}\right) c_{\mathrm{e}}^{\prime} \tag{5.89}
\end{equation*}
$$

We can then use the asymptotic expansion (5.86) to find $\left|c_{\mathrm{g}}^{\prime}\right|$ in the limit $t \longrightarrow-\infty$ :

$$
\begin{equation*}
\left|c_{\mathrm{g}}^{\prime}\right|=\frac{|A|}{\sqrt{|\nu|}} e^{\pi|\nu| / 4} \tag{5.90}
\end{equation*}
$$

Our other boundary condition is that the ground state is initially fully populated,

$$
\begin{equation*}
\left|c_{\mathrm{g}}^{\prime}(t \longrightarrow-\infty)\right|=1 \tag{5.91}
\end{equation*}
$$

and thus we have

$$
\begin{equation*}
|A|=\sqrt{|\nu|} e^{-\pi|\nu| / 4} \tag{5.92}
\end{equation*}
$$

which fixes the form of the solution, up to an overall phase.
To look at the $t \longrightarrow \infty$ limit, we use an alternate form of the asymptotic expression,

$$
\begin{equation*}
D_{\nu}(z) \sim e^{-z^{2} / 4} z^{\nu}-\frac{\sqrt{2 \pi}}{\Gamma(-\nu)} e^{-i \pi \nu} e^{z^{2} / 4} z^{-(\nu+1)} \tag{5.93}
\end{equation*}
$$

valid for $\arg z \in(-5 \pi / 4,-\pi / 4)$. Letting $\nu \longrightarrow-(\nu+1)$ and $z \longrightarrow-i|z| e^{-i \pi / 4}$, and keeping only the leading-order term, we find

$$
\begin{equation*}
D_{-(\nu+1)}\left(-i|z| e^{i \pi / 4}\right) \sim \frac{\sqrt{2 \pi}}{\Gamma(\nu+1)} e^{i \pi \nu / 4} e^{i|z|^{2} / 4}|z|^{\nu} \tag{5.94}
\end{equation*}
$$

in which case the excited-state population becomes

$$
\begin{align*}
P_{\mathrm{e}}(t \longrightarrow \infty) & =\left|c_{\mathrm{e}}^{\prime}\right|^{2}=|A|^{2}\left|D_{-(\nu+1)}\left(-i|z| e^{-i \pi / 4}\right)\right|^{2} \\
& =\frac{2 \pi|\nu| e^{-\pi|\nu|}}{\Gamma(\nu+1) \Gamma(-\nu+1)}  \tag{5.95}\\
& =2 e^{-\pi|\nu|} \sinh (\pi|\nu|) \\
& =1-e^{-2 \pi|\nu|}
\end{align*}
$$

[^51]in the limit $t \longrightarrow \infty$. Thus, the fraction that didn't adiabatically follow the dressed state is
$$
P_{\text {lost }}=e^{-2 \pi|\nu|}=\exp \left(-\frac{\pi \Omega^{2}}{2|\alpha|}\right)=\exp \left(-\frac{\pi \Omega^{2}}{2\left|\partial_{t} \Delta\right|}\right)
$$
(Landau-Zener tunnel probability) (5.96) This is the Landau-Zener result. In the limit of a strong field and slow sweep $\left(\Omega^{2} \gg\left|\partial_{t} \Delta\right|\right)$, nothing is lost-all the population adiabatically follows the dressed state and makes the transition. In the opposite regime of a weak field and fast sweep $\left(\Omega^{2} \ll\left|\partial_{t} \Delta\right|\right)$, the population jumps (tunnels) across the gap, and everything stays in the original state.

The simulated evolution for an atom undergoing a chirp from $\Delta / \Omega=-20$ to 20 for two different chirp rates, slow $\left(\alpha / \Omega^{2}=0.2\right)$ and fast $\left(\alpha / \Omega^{2}=2\right)$, are shown here.


The Landau-Zener predictions for the final excited-state population are 0.9996 and 0.544 , respectively.
What we have discussed here is just adiabatic passage. We also need to consider the effects of the fact that the excited state will decay due to spontaneous emission. Thus, we also need adiabatic rapid passage, ${ }^{6}$ since the chirp must be fast compared to decay rate of excited state for the analysis to be valid. The field must also be strong enough so that the dressed states are well resolved, in spite of homogenous broadening of the levels. Thus, if the Rabi frequency is much larger than the decay rate, and the field is chirped quickly enough, the atom can still make a complete transition.

### 5.4 Bloch Sphere

Consider the Pauli operators

$$
\begin{align*}
& \sigma_{x}=\left[\begin{array}{ll}
0 & 1 \\
1 & 0
\end{array}\right]=\sigma+\sigma^{\dagger} \\
& \sigma_{y}=\left[\begin{array}{cc}
0 & -i \\
i & 0
\end{array}\right]=i\left(\sigma-\sigma^{\dagger}\right)  \tag{5.97}\\
& \sigma_{z}=\left[\begin{array}{cc}
1 & 0 \\
0 & -1
\end{array}\right]=|\mathrm{e}\rangle\langle\mathrm{e}|-|\mathrm{g}\rangle\langle\mathrm{g}|=\sigma^{\dagger} \sigma-\sigma \sigma^{\dagger}=\left[\sigma^{\dagger}, \sigma\right]
\end{align*}
$$

[^52]which satisfy the commutation and anticommutation relations
\[

$$
\begin{align*}
{\left[\sigma_{\alpha}, \sigma_{\beta}\right] } & =2 i \varepsilon_{\alpha \beta \gamma} \sigma_{\gamma}  \tag{5.98}\\
{\left[\sigma_{\alpha}, \sigma_{\beta}\right]_{+} } & =2 \delta_{\alpha \beta} .
\end{align*}
$$
\]

These operators work on (rotating-frame) states with the ordering

$$
\left[\begin{array}{c}
\tilde{c}_{\mathrm{e}}  \tag{5.99}\\
c_{\mathrm{g}}
\end{array}\right]
$$

The idea behind the Bloch sphere ${ }^{7}$ is to use the expectation values $\left\langle\sigma_{\alpha}\right\rangle$ as dynamical coordinates for the atomic evolution.

Let's first connect these variables to the density matrix for the atom. It is sufficient to use the relations (in the rotating frame)

$$
\begin{align*}
\langle\sigma\rangle & =\operatorname{Tr}[|\mathrm{g}\rangle\langle\mathrm{e}| \rho]=\operatorname{Tr}[\langle\mathrm{e}| \tilde{\rho}|\mathrm{g}\rangle]=\tilde{\rho}_{\mathrm{eg}} \\
\left\langle\sigma^{\dagger}\right\rangle & =\operatorname{Tr}[|\mathrm{e}\rangle\langle\mathrm{g}| \rho]=\operatorname{Tr}[\langle\mathrm{g}| \tilde{\rho}|\mathrm{e}\rangle]=\tilde{\rho}_{\mathrm{ge}}  \tag{5.100}\\
\left\langle\sigma^{\dagger} \sigma\right\rangle & =\operatorname{Tr}[|\mathrm{e}\rangle\langle\mathrm{e}| \tilde{\rho}]=\rho_{\mathrm{ee}} \\
\left\langle\sigma \sigma^{\dagger}\right\rangle & =\operatorname{Tr}[|\mathrm{g}\rangle\langle\mathrm{g}| \tilde{\rho}]=\rho_{\mathrm{gg}} .
\end{align*}
$$

Here the twiddles indicate coherences in the rotating frame. To make this more explicit, $\tilde{\rho}$ is the slowly varying state, which in a pure state has the form $|\tilde{\psi}\rangle\langle\tilde{\psi}|$. The corresponding density matrix for a pure state then has the form $\tilde{\rho}_{\alpha \beta}=\tilde{c}_{\alpha} \tilde{c}_{\beta}^{*}$ (with $\tilde{c}_{\mathrm{g}} \equiv c_{\mathrm{g}}$ ). Then the rotating-frame populations are independent of the choice of frame,

$$
\begin{align*}
& \tilde{\rho}_{\mathrm{gg}}=c_{\mathrm{g}} c_{\mathrm{g}}^{*}=\rho_{\mathrm{gg}}  \tag{5.101}\\
& \tilde{\rho}_{\mathrm{ee}}=\tilde{c}_{\mathrm{e}} \tilde{c}_{\mathrm{e}}^{*}=c_{\mathrm{e}} c_{\mathrm{e}}^{*}=\rho_{\mathrm{ee}}
\end{align*}
$$

while the coherences in the rotating frame differ from the usual coherences by a rotating phase factor,

$$
\begin{align*}
& \tilde{\rho}_{\mathrm{ge}}=c_{\mathrm{g}} \tilde{c}_{\mathrm{e}}^{*}=c_{\mathrm{g}} c_{\mathrm{e}} e^{-i \omega t}=\rho_{\mathrm{ge}} e^{-i \omega t}  \tag{5.102}\\
& \tilde{\rho}_{\mathrm{eg}}=\rho_{\mathrm{eg}} e^{i \omega t},
\end{align*}
$$

and thus the rotating-frame coherences are called the slowly varying coherences.
Now using the evolution equations for the coefficients $\tilde{c}_{\mathrm{e}}$ and $c_{\mathrm{g}}$ [Eqs. (5.23)], we can compute the equations of motion for the excited-state population,

$$
\begin{align*}
\partial_{t} \rho_{\mathrm{ee}} & =\tilde{c}_{\mathrm{e}}^{*}\left(\partial_{t} \tilde{c}_{\mathrm{e}}\right)+\text { c.c. } \\
& =i \Delta \tilde{c}_{\mathrm{e}} \tilde{c}_{\mathrm{e}}^{*}-i \frac{\Omega}{2} c_{\mathrm{g}} \tilde{c}_{\mathrm{e}}^{*}+\mathrm{c.c.}  \tag{5.103}\\
& =i \frac{\Omega}{2}\left(\tilde{\rho}_{\mathrm{eg}}-\tilde{\rho}_{\mathrm{ge}}\right)
\end{align*}
$$

the ground-state population,

$$
\begin{align*}
\partial_{t} \rho_{\mathrm{gg}} & =-\partial_{t} \rho_{\mathrm{ee}} \\
& =-i \frac{\Omega}{2}\left(\tilde{\rho}_{\mathrm{eg}}-\tilde{\rho}_{\mathrm{ge}}\right) \tag{5.104}
\end{align*}
$$

[^53]and the coherences,
\[

$$
\begin{align*}
\partial_{t} \tilde{\rho}_{\mathrm{ge}} & =c_{\mathrm{g}} \partial_{t} \tilde{c}_{\mathrm{e}}^{*}+\tilde{c}_{\mathrm{e}}^{*} \partial_{t} c_{\mathrm{g}} \\
& =-i \Delta c_{\mathrm{g}} \tilde{c}_{\mathrm{e}}^{*}+i \frac{\Omega}{2} c_{\mathrm{g}} c_{\mathrm{g}}^{*}-i \frac{\Omega}{2} \tilde{c}_{\mathrm{e}} \tilde{c}_{\mathrm{e}}^{*} \\
& =-i \Delta \tilde{\rho}_{\mathrm{ge}}-i \frac{\Omega}{2}\left(\rho_{\mathrm{ee}}-\rho_{\mathrm{gg}}\right)  \tag{5.105}\\
\partial_{t} \tilde{\rho}_{\mathrm{eg}} & =\partial_{t} \tilde{\rho}_{\mathrm{ge}}^{*} \\
& =i \Delta \tilde{\rho}_{\mathrm{eg}}+i \frac{\Omega}{2}\left(\rho_{\mathrm{ee}}-\rho_{\mathrm{gg}}\right)
\end{align*}
$$
\]

Of course, these four equations for the density matrix elements are equivalent to the Schrödinger-von Neumann equation

$$
\begin{equation*}
\partial_{t} \tilde{\rho}=-\frac{i}{\hbar}\left[\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}, \tilde{\rho}\right] \tag{5.106}
\end{equation*}
$$

in the rotating frame. Again, without the transformation to the rotating frame, the equations of motion would have explicit time dependences, representing the relative precession of the atomic and field phases.

Given the above relations for the density matrix elements, how many degrees of freedom are there? There are four matix elements, and if each is complex, then there are eight possible independent, real numbers. The populations must be real, so this removes two free variables. The populations much further sum up to unity, removing another free variable. Finally, the constraint $\rho_{\mathrm{ge}}=\rho_{\mathrm{eg}}^{*}$ removes two more free variables, leaving only three independent, real numbers to represent the quantum state. This motivates the idea of using a three-vector (in $\mathbb{R}^{3}$ ) to represent the atomic state.

To proceed with this idea, we start with the relations

$$
\begin{align*}
& \left\langle\sigma_{x}\right\rangle=\langle\sigma\rangle+\left\langle\sigma^{\dagger}\right\rangle=\tilde{\rho}_{\mathrm{eg}}+\tilde{\rho}_{\mathrm{ge}} \\
& \left\langle\sigma_{y}\right\rangle=i\langle\sigma\rangle-i\left\langle\sigma^{\dagger}\right\rangle=i\left(\tilde{\rho}_{\mathrm{eg}}-\tilde{\rho}_{\mathrm{ge}}\right)  \tag{5.107}\\
& \left\langle\sigma_{z}\right\rangle=\rho_{\mathrm{ee}}-\rho_{\mathrm{gg}},
\end{align*}
$$

for the Bloch variables, and then we use the equations of motion for the density matrix elements (5.103)(5.105) to write

$$
\begin{align*}
& \partial_{t}\left\langle\sigma_{x}\right\rangle=\Delta\left\langle\sigma_{y}\right\rangle  \tag{5.108}\\
& \partial_{t}\left\langle\sigma_{y}\right\rangle=-\Delta\left\langle\sigma_{x}\right\rangle-\Omega\left\langle\sigma_{z}\right\rangle \\
& \partial_{t}\left\langle\sigma_{z}\right\rangle=\Omega\left\langle\sigma_{y}\right\rangle
\end{align*}
$$

(Bloch-vector equations of motion)

Note that these equations may be rewritten in terms of the Bloch vector $\langle\boldsymbol{\sigma}\rangle:=\left\langle\sigma_{x}\right\rangle \hat{x}+\left\langle\sigma_{y}\right\rangle \hat{y}+\left\langle\sigma_{z}\right\rangle \hat{z}$ as

$$
\partial_{t}\langle\boldsymbol{\sigma}\rangle=-\Delta \hat{z} \times\langle\boldsymbol{\sigma}\rangle+\Omega \hat{x} \times\langle\boldsymbol{\sigma}\rangle
$$

(Bloch-vector equation of motion)
which we can also write this as a torque equation in terms of a single "precession vector" $\wp$ as 8

$$
\begin{equation*}
\partial_{t}\langle\boldsymbol{\sigma}\rangle=\wp \times\langle\boldsymbol{\sigma}\rangle \tag{5.110}
\end{equation*}
$$

(Bloch-vector equation of motion)
where

$$
\begin{equation*}
\wp:=\Omega \hat{x}-\Delta \hat{z} \tag{5.111}
\end{equation*}
$$

(precession vector)
in analogy with $\boldsymbol{\tau}=\partial_{t} \mathbf{L}=\boldsymbol{\Omega} \times \mathbf{L}$, with $\mathbf{L}$ the angular momentum, $\boldsymbol{\tau}$ the torque, and $\boldsymbol{\Omega}$ the angular frequency vector for the precession (or the magnetic field vector in the case of Larmor precession of

[^54]a magnetic moment). ${ }^{9}$ This picture of the two-level atom in terms of a precessing spin is known as the Feynman-Vernon-Hellwarth representation. ${ }^{10}$

One property that follows immediately from this representation is that the length of the Bloch vector is a constant of the motion. That's because the change in $\langle\boldsymbol{\sigma}\rangle$ is always normal to it. Furthermore, if we assume a pure quantum state, we can see that

$$
\begin{align*}
|\langle\boldsymbol{\sigma}\rangle|^{2} & =\left\langle\sigma_{x}\right\rangle^{2}+\left\langle\sigma_{y}\right\rangle^{2}+\left\langle\sigma_{z}\right\rangle^{2} \\
& =\left(\tilde{\rho}_{\mathrm{eg}}+\tilde{\rho}_{\mathrm{ge}}\right)^{2}-\left(\tilde{\rho}_{\mathrm{eg}}-\tilde{\rho}_{\mathrm{ge}}\right)^{2}+\left(\rho_{\mathrm{ee}}-\rho_{\mathrm{gg}}\right)^{2}  \tag{5.112}\\
& =4 \tilde{\rho}_{\mathrm{eg}} \tilde{\rho}_{\mathrm{ge}}+\rho_{\mathrm{ee}}^{2}+\rho_{\mathrm{gg}}^{2}-2 \rho_{\mathrm{ee}} \rho_{\mathrm{gg}} \\
& =\left(\rho_{\mathrm{ee}}+\rho_{\mathrm{gg}}\right)^{2}=1,
\end{align*}
$$

since $\tilde{\rho}_{\mathrm{eg}} \tilde{\rho}_{\mathrm{ge}}=\rho_{\mathrm{ee}} \rho_{\mathrm{gg}}$ for a pure state. Thus, the Bloch vector for a pure state lies on a sphere of unit radius, which we call the Bloch sphere. Thus, of the three independent real numbers in the density matrix, one of these is fixed by the purity of the state. The remaining two numbers, as we will see, correspond to the degree of atomic excitation and a phase angle.


We can see that the FVH representation is a compact, handy way to visualize the evolution. The trajectories lie on the unit sphere, and their evolution is generated simply by a constant-speed rotation of the whole sphere. The rotation axis and angular speed are determined by the precession vector $\wp$, whose magnitude is simply $\tilde{\Omega}$.

From Eqs. (5.107), we can interpret the meanings of the components of the Bloch vector. We can see that the vertical $(z)$ component of the Bloch vector represents the degree of atomic excitation (population inversion): the Bloch vector points straight down for an atom in $|\mathrm{g}\rangle$ and straight up for an atom in $|\mathrm{e}\rangle$. When the driving field is on resonance $(\Delta=0)$, the precession vector is $\wp=\Omega \hat{x}$.

[^55]

If the atom is initially in the ground state, the trajectory follows the great circle given by the intersection of the Bloch sphere with the $x=0$ plane. Thus, it passes through the excited state.

Now we turn to the transverse ( $x$ and $y$ ) components of the Bloch vector. Recalling that the dipole operator has the form

$$
\begin{equation*}
\mathbf{d}=\langle\mathrm{g}| \mathbf{d}|\mathrm{e}\rangle\left(\sigma+\sigma^{\dagger}\right) \tag{5.113}
\end{equation*}
$$

we can easily see that

$$
\begin{equation*}
\langle\mathbf{d}\rangle=\langle\mathrm{g}| \mathbf{d}|\mathrm{e}\rangle\left\langle\sigma_{x}\right\rangle \tag{5.114}
\end{equation*}
$$

Thus, $\left\langle\sigma_{x}\right\rangle$ represents the atomic dipole. The other transverse component $\left\langle\sigma_{y}\right\rangle$, represents the alternate "quadrature" of the dipole moment. That is, $\left\langle\sigma_{x}\right\rangle$ represents the real part of $\left\langle\mathbf{d}^{(+)}\right\rangle$,

$$
\begin{equation*}
\left\langle\sigma_{x}\right\rangle \sim \operatorname{Re}[\langle\sigma\rangle] \sim \operatorname{Re}\left[\left\langle\mathbf{d}^{(+)}\right\rangle\right], \tag{5.115}
\end{equation*}
$$

while $\left\langle\sigma_{y}\right\rangle$ represents the imaginary part of $\left\langle\mathbf{d}^{(+)}\right\rangle$,

$$
\begin{equation*}
\left\langle\sigma_{y}\right\rangle \sim-\operatorname{Im}[\langle\sigma\rangle] \sim-\operatorname{Im}\left[\left\langle\mathbf{d}^{(+)}\right\rangle\right] . \tag{5.116}
\end{equation*}
$$

Note that there can only be a dipole moment when the atom is in a superposition of $|\mathrm{g}\rangle$ and $|\mathrm{e}\rangle$, since the diagonal matrix elements of $\mathbf{d}$ vanish.

The other picture of the transverse Bloch-vector components is as follows. When the atom is in a superposition of $|\mathrm{g}\rangle$ and $|\mathrm{e}\rangle$, the azimuthal angle (represented by the $x$ and $y$ components of the Bloch vector) represents the relative phase of the ground and excited states. In the absence of an external field, $\Omega=0$. Then the precession vector is $\wp=-\Delta \hat{z}$.


Thus, the Bloch sphere simply spins about the $z$-axis, causing azimuthal rotation of the trajectories. This evolution simply represents the relative phase evolution of the ground and excited states. But remember that we are in the rotating frame, where the rotation rate is the field frequency $\omega$. To go back to the original variables, you just have to add $\omega$ to the precession frequency to get $\omega_{0} \hat{z}$ in the stationary coordinates. We can therefore see that the free evolution is just the precession of the excited state phase relative to that of the ground state.

With a nearly resonant driving field with nonzero detuning, the rotation axis is tilted, being a combintation of the previous two rotations. If the atom starts in the ground state, the trajectory never quite makes it exactly to the excited state.


This a nice way to visualize how the off-resonant excitation ends up being incomplete. Furthermore, the rate at which the Rabi oscillations occur is given by the magnitude

$$
\begin{equation*}
|\wp|=\sqrt{\Omega^{2}+\Delta^{2}}=\tilde{\Omega}, \tag{5.117}
\end{equation*}
$$

as we saw from the direct solution to the Schrödinger equation.

### 5.4.1 Atomic Timekeeping and Ramsey Fringes

One nice application of the Bloch sphere is to understanding Ramsey fringes, ${ }^{11}$ which form the basis for atomic time and frequency standards as well as the benchmark for demonstrating quantum coherence.

Suppose that we want to let a field interact with an atom in order to compare their frequencies. The main limitation in doing this is the interaction time, since long interaction times are required to resolve small frequency splittings (as dictated by the "time-frequency uncertainty relation"). In principle, one can let the atom and field interact for a long time, but this poses a number of difficult problems. For example, for configurations such as the atomic beam, it is difficult to maintain a uniform interaction over the entire length of the beam, since the interaction region must be large (say, meters) for a sensitive measurment. Furthermore, constraints on the apparatus itself (such as the vacuum system) may not permit the driving field to enter in certain regions. And even if it is possible to have a uniform field, the nearly resonant field will cause an energy (Stark) shift of the transition (as we saw from the dressed-state solutions), so that a precise comparison isn't possible anyway.

So what do we do? Well, there is a clever trick called Ramsey's method of separated, oscillatory fields. Suppose we have an beam of atoms moving at velocity $v$. We allow two identical fields (laser or microwave fields, depending on the transition, but both fields are derived from the same source) of width $\ell$ to cross the beam a distance $L$ apart. Mathematically, we will idealize the fields as spatially uniform, but it is straightforward to generalize this to arbitrary beam profiles. The beams are then followed by a state-sensitive detector (Stern-Gerlach apparatus) to measure the excitation probability.

[^56]

To see how this works, we will assume that the field is very close to the atomic resonance, so that $|\Delta| \ll \Omega$, where $\Omega$ is the Rabi frequency for each field. In doing so, we can ignore the fact that the Rabi oscillations do not quite occur about the $x$-axis. Now letting $\tau=\ell / v$ be the interaction time of each field with the passing atoms, the first field causes a Rabi oscillation with an accumulated phase of $\tilde{\Omega} \tau \approx \Omega \tau$. We assume the atoms start in the ground state, and we will choose the field amplitude $\Omega$ such that the field drives a $\pi / 2$-pulse (i.e., $\Omega \tau=\pi / 2$ ). Then the interaction with the first field puts the atom in an equal superposition of the ground and excited states.


Then in between the fields, the atom undergoes free evolution-precession about the $-z$-axis at rate $\Delta$-for a time $T=L / v$. The accumulated phase is thus $-\Delta T$.


The final field causes another $\pi / 2$-pulse, but its effect depends on the state of the atom after the precession stage. If the atom ends up with its initial phase after the precession, which happens if $\Delta T$ is an integer multiple of $2 \pi$, then the effect of the second $\pi / 2$-pulse continues the evolution from before and promotes the atom to the excited state.


On the other hand, if the atom ends up with the opposite phase after precession, as happens when $\Delta T$ is an odd-integer multiple of $\pi$, then the second $\pi / 2$-pulse has the opposite effect: the atom returns to the ground state.


For other final phases after the precession stage, the final excited-state population interpolates sinusoidally between these extreme values. We thus see that the output signal (the excited-state population) is sinusoidal in $T$ with period $2 \pi / \Delta$. Similarly the output signal is sinusoidal in $\Delta$ with period $2 \pi / T$.


These oscillations are what are referred to as Ramsey fringes. Essentially, we have built something like an optical Mach-Zehnder interferometer, but where the two arms of the interferometer correspond to the internal states of the atom, and the beamsplitters correspond to the $\pi / 2$-pulses. Alternately, we can think of this experiment as a sort of Young double slit, but where the slits are separated in time (and thus the fringes appear as a function of frequency). Since the output signal varies between 0 and 1 , we can write

$$
\begin{equation*}
P_{\mathrm{e}}=\cos ^{2}\left(\frac{\Delta T}{2}\right)=\frac{1}{2}(1+\cos \Delta T), \tag{5.118}
\end{equation*}
$$

and we can see that the width (FWHM) of the central fringe is $\pi / T$ in angular frequency. Thus, the accuracy of the comparison of the atom and field frequencies increases as $T$ increases, as we expect.

In the more general case, where we are not restricted to very small detunings, the excitation probability can be written

$$
\begin{equation*}
P_{\mathrm{e}}=4 \frac{\Omega^{2}}{\tilde{\Omega}^{2}} \sin ^{2}\left(\frac{\tilde{\Omega} \tau}{2}\right)\left[\cos \left(\frac{\Delta T}{2}\right) \cos \left(\frac{\tilde{\Omega} \tau}{2}\right)-\frac{\Delta}{\tilde{\Omega}} \sin \left(\frac{\Delta T}{2}\right) \sin \left(\frac{\tilde{\Omega} \tau}{2}\right)\right]^{2} \tag{5.119}
\end{equation*}
$$

(Ramsey excitation proability) where $\tau$ is the interaction time of each of the two laser pulses of Rabi frequency $\Omega$, and $T$ is the time intevral between pulses. For larger detunings, then, the tipped Rabi oscillations lead to a reduction in the fringe contrast. A more serious reduction in the fringe contrast for larger detunings occurs in atomic beams due to the longitudinal velocity spread, which causes slightly different interaction times and thus slightly different fringe spacings.

This method is precisely the one used for atomic clocks. The current frequency standard corresponds to the energy difference between two spin states of an isolated ${ }^{133} \mathrm{Cs}$ atom, which is defined to have a transition frequency of 9.192631770 GHz . In typical cesium frequency standards, a "flywheel" oscillator with very good short-term stability, such as a crystal oscillator or a hydrogen maser, has its frequency periodically compared to the cesium transition frequency by a similar atomic beam measurement. Of course, there are many tricks in getting this method to work well and to compensate for systematic effects that we won't get into here. One of the best atomic-beam clocks was NIST-7, ${ }^{12}$ a cesium-beam atomic clock with a drift region of $L=1.53 \mathrm{~m}$, an interaction region of $\ell=2.3 \mathrm{~cm}$, and a mean beam velocity of $230 \mathrm{~m} / \mathrm{s}$. It operated from 1993-1999, and had an uncertainty of $5 \times 10^{-15}$. The current U.S. standard clock operated by the National Institute of Standards and Technology (NIST) is NIST-F1, a "fountain" clock, where a sample of ultracold atoms is tossed upwards and returns to the interaction region under free fall to reach long interaction times, and as of 2005 , the uncertainty is about $5 \times 10^{-16}$.

The measure of clock stability is the ratio $\omega_{0} / \delta \omega$, where $\delta \omega$ is the frequency uncertainty. Traditional approaches to cesium clocks has focused on making $\delta \omega$ as small as possible. However, the ratio can also be made large by choosing a much larger transition frequency, such as in the optical regime. Candidates for future standards include optical transitions in single trapped ions, where the transition shift due the trapping fields averages to zero, or atoms trapped in "magic wavelength" optical lattices, which we will discuss soon.

### 5.4.2 Spin Echoes and Photon Echoes

Ramsey-type experiments work a lot less well when dephasing between members of an ensemble occurs. This type of issue crops up with inhomogeneous broadening, where each atom effectively has a slightly different resonance frequency, as happens with Doppler broadening in atomic vapors or local field effects on atoms embedded in crystalline media (and has something of a similar effect of a velocity spread in the Ramsey experiment, which causes effectively different drift times for different atoms). To see the problem, let's walk through the Ramsey experiment in the presence of inhomogeneous broadening. The first step is the $\pi / 2$-pulse to put the atoms in a superposition of the ground and excited states.

[^57]

During the free-drift time, each atom precesses at a slightly different frequency, leading to a spread in phase angles that increases with time. As shown here, the blue vectors precess more quickly than the green vectors.


Now when the second $\pi / 2$-pulse (the "interrogation pulse") comes, the Bloch sphere rotates appropriately. But in a situation that would put all the atoms in the ground state, only a small fraction of the atoms actually makes it to the right state. In the limit of large dephasing, the atoms are spread uniformly around the equator, and thus after the interrogation pulse, the average excited-state population is just $1 / 2$, independent of the drift time. The Ramsey fringes damp away in a drift time of order $1 / \delta \omega_{0}$, where $\delta \omega_{0}$ measures the inhomogeneously broadened width of the atomic transition. This damping of the ensemble-averaged dipole moment due to dephasing is sometimes called free-induction decay.


The fact that the Ramsey fringes damp away makes it look like irreversible decoherence of the atomic polarization. But just how reversible is it? Let's try something else - after the atoms have dephased, hit the atoms with a $\pi$-pulse. This effectively reflects the orientation of the dipoles.


Now as the evolution continues, the dipoles begin to come back together to the same phase. In the diagram, the faster (blue) dipoles are now behind the slower (green) ones, and thus the slower ones can now "catch up." The other way to look at this is that the reflection due to the $\pi$-pulse is effectively equivalent to flipping the precession axis, and thus reversing the direction of time. The dipoles thus come back to their common original location. Actually, that's not quite right: they come back to the mirror image of the original orientation, if we account fully for the effect of the reflection of the $\pi$-pulse.


When the dipoles rephase, the Ramsey fringes become visible again. If the $\pi$-pulse is applied a time $T$ after the original preparation pulse, the spin echo occurs at time $2 T$. This phenomenon in the case of nuclear spins is called the spin echo. ${ }^{13}$


In the optical case, there is a more direct, dramatic manifestation. Suppose that an atomic sample (a ruby crystal in the original experiments) is irradiated by two coherent light pulses separated by some time

[^58]$T$. The atoms then spontaneously emit another pulse of light a time $T$ after the second pulse. We can see how this works based on the above analysis. The first laser pulse comes in and polarizes the atoms. After the dipoles dephase, the atoms can only emit incoherently, so the radiation is nondirectional and even suppressed, as we have seen is the case for classical dipoles radiating out of phase. The other way to say this is that the polarization wave decays away. However, upon applying the $\pi$-pulse, the dipoles rephase, and the polarization wave recurs. The recurrent polarization wave emits a pulse of light, an "echo" of the original excitation. This is called the photon echo. ${ }^{14}$

### 5.4.3 Adiabatic Following

We will close this discussion of the Bloch sphere by revisiting the problem of rapid adiabatic passage. Suppose a bunch of atoms begin in the ground state, so that the Bloch vector points along $-z$. Now apply an intense but very far detuned field $(|\Delta| \gg \Omega$ and thus $\tilde{\Omega} \approx|\Delta|)$, and say that it is above resonance so that the precession vector $\wp \approx|\Delta| \hat{z}$ is aligned with the Bloch vector. The precession of the Bloch vector is very simple, since it just stays in place. Now start sweeping the detuning through resonance, so that the precession vector moves through the $x$-axis and up towards the $+z$-axis. As long as we change the direction of $\wp$ slowly on the time scale of the Rabi frequency $\Omega$, the Bloch vector will follow the precession vector. When the detuning is swept until it is far below resonance, the precession vector has flipped by this time, and the Bloch vector has flipped as well. This is the "classical" view of the adiabatic passage problem that we treated quantum mechanically in Section 5.3.2.

### 5.5 Optical Bloch Equations

Now let's return to the evolution of the density operator. Recall that we have the Schrödinger-von Neumann equation in both the "laboratory" frame,

$$
\begin{equation*}
\partial_{t} \rho=-\frac{i}{\hbar}\left[H_{\mathrm{A}}+H_{\mathrm{AF}}, \rho\right], \tag{5.120}
\end{equation*}
$$

and in the rotating frame,

$$
\begin{equation*}
\partial_{t} \tilde{\rho}=-\frac{i}{\hbar}\left[\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}, \tilde{\rho}\right] . \tag{5.121}
\end{equation*}
$$

In the latter case, we have already worked out the equations of motion for the density-matrix elements in Eqs. (5.103)-(5.105):

$$
\begin{align*}
& \partial_{t} \rho_{\mathrm{ee}}=i \frac{\Omega}{2}\left(\tilde{\rho}_{\mathrm{eg}}-\tilde{\rho}_{\mathrm{ge}}\right) \\
& \partial_{t} \rho_{\mathrm{gg}}=-i \frac{\Omega}{2}\left(\tilde{\rho}_{\mathrm{eg}}-\tilde{\rho}_{\mathrm{ge}}\right)  \tag{5.122}\\
& \partial_{t} \tilde{\rho}_{\mathrm{ge}}=-i \Delta \tilde{\rho}_{\mathrm{ge}}-i \frac{\Omega}{2}\left(\rho_{\mathrm{ee}}-\rho_{\mathrm{gg}}\right) \\
& \partial_{t} \tilde{\rho}_{\mathrm{eg}}=i \Delta \tilde{\rho}_{\mathrm{eg}}+i \frac{\Omega}{2}\left(\rho_{\mathrm{ee}}-\rho_{\mathrm{gg}}\right)
\end{align*}
$$

To model spontanous emission, we need to add extra terms. We will do so now by simply putting them in, but we will justify them later. With $\Delta=\Omega=0$, the extra terms have the form

$$
\begin{align*}
& \partial_{t} \rho_{\mathrm{ee}}=-\Gamma \rho_{\mathrm{ee}} \\
& \partial_{t} \rho_{\mathrm{gg}}=+\Gamma \rho_{\mathrm{ee}}  \tag{5.123}\\
& \partial_{t} \tilde{\rho}_{\mathrm{ge}}=-\gamma_{\perp} \tilde{\rho}_{\mathrm{ge}} \\
& \partial_{t} \tilde{\rho}_{\mathrm{eg}}=-\gamma_{\perp} \tilde{\rho}_{\mathrm{eg}} .
\end{align*}
$$

[^59]Let's look at these and understand them. The excited-state population now decays at a rate of $\Gamma$, and to compensate for this, a similar term puts the decayed population into the ground state. These terms have exactly the same form as the rate-equation terms for spontaneous emission, if we identify $\rho_{\text {ee }}$ and $\rho_{\mathrm{gg}}$ as the relative number densities $N_{\mathrm{e}} / N$ and $N_{\mathrm{g}} / N$ in the excited and ground states, respectively. We thus identify $\Gamma=A_{21}$ as the excited-state decay rate. Since $\Gamma$ is the rate of relaxation of the $z$-component of the Bloch vector to the ground state, it is also called the longitudinal decay rate.

The coherences also damp at the rate $\gamma_{\perp}$, which are introduced phenomenologically now, but which we will justify later via the quantum theory of damping. For now we note that in general $\gamma_{\perp} \geq \Gamma / 2$, and in fact we can write

$$
\begin{equation*}
\gamma_{\perp}=\frac{\Gamma}{2}+\gamma_{\mathrm{c}} \tag{5.124}
\end{equation*}
$$

where $\gamma_{c}$ models additional coherence decay beyond the minimum rate of $\Gamma / 2$ needed for consistency with spontaneous emission. Thus $\gamma_{c}$ models dephasing effects such as atom-atom collisions that do not affect the populations. Since $\gamma_{\perp}$ is the rate at which the coherences damp it is also the rate at which the transverse components (transverse to $z$ ) of the Bloch vector damp, and hence $\gamma_{\perp}$ is called the transverse decay rate. The original and still common notation ${ }^{15}$ for these decay rates is in terms of the longitudinal relaxation time $T_{1}=1 / \Gamma$ and transverse relaxation time $T_{2}=1 / \gamma_{\perp}$. Note that the notation $T_{2}^{*}$ is used when there is inhomogeneous broadening, and would include inhomogenous dephasing as well as other sources of damping (e.g., collisions), so that $T_{2}^{*} \leq T_{2}$.

We can thus combine the damping terms with the Hamiltonian-evolution terms in (5.122) to obtain the optical Bloch equations:

$$
\begin{align*}
& \partial_{t} \rho_{\mathrm{ee}}=i \frac{\Omega}{2}\left(\tilde{\rho}_{\mathrm{eg}}-\tilde{\rho}_{\mathrm{ge}}\right)-\Gamma \rho_{\mathrm{ee}} \\
& \partial_{t} \rho_{\mathrm{gg}}=-i \frac{\Omega}{2}\left(\tilde{\rho}_{\mathrm{eg}}-\tilde{\rho}_{\mathrm{ge}}\right)+\Gamma \rho_{\mathrm{ee}}  \tag{5.125}\\
& \partial_{t} \tilde{\rho}_{\mathrm{ge}}=-\left(\gamma_{\perp}+i \Delta\right) \tilde{\rho}_{\mathrm{ge}}-i \frac{\Omega}{2}\left(\rho_{\mathrm{ee}}-\rho_{\mathrm{gg}}\right) \\
& \partial_{t} \tilde{\rho}_{\mathrm{eg}}=-\left(\gamma_{\perp}-i \Delta\right) \tilde{\rho}_{\mathrm{eg}}+i \frac{\Omega}{2}\left(\rho_{\mathrm{ee}}-\rho_{\mathrm{gg}}\right)
\end{align*}
$$

(optical Bloch equations)

That is, these are the extension of Bloch's original equations for nuclear magnetic resonance to the optical regime.

Note that we may also write the damped optical Bloch equations in terms of the Bloch vector as

$$
\begin{equation*}
\partial_{t}\left\langle\sigma_{\alpha}\right\rangle=\epsilon_{\alpha \mu \nu} \wp_{\mu}\left\langle\sigma_{\nu}\right\rangle-\gamma_{\alpha}\left(\left\langle\sigma_{\alpha}\right\rangle+\delta_{\alpha z}\right) \tag{5.126}
\end{equation*}
$$

(optical Bloch equations, Bloch-vector form)
where again $\wp_{\alpha}=\Omega \delta_{\alpha x}-\Delta \delta_{\alpha z}$ is the precession vector, and $\gamma_{\alpha}=\gamma_{\perp}\left(\delta_{\alpha x}+\delta_{\alpha y}\right)+\Gamma \delta_{\alpha z}$ gives the damping rates for the three Bloch-vector components as we discussed above (note that there is no implied summation in the $\gamma_{\alpha}\left\langle\sigma_{\alpha}\right\rangle$ term. Writing the components out separately gives

$$
\begin{align*}
& \partial_{t}\left\langle\sigma_{x}\right\rangle=\Delta\left\langle\sigma_{y}\right\rangle-\gamma_{\perp}\left\langle\sigma_{x}\right\rangle \\
& \partial_{t}\left\langle\sigma_{y}\right\rangle=-\Delta\left\langle\sigma_{x}\right\rangle-\Omega\left\langle\sigma_{z}\right\rangle-\gamma_{\perp}\left\langle\sigma_{y}\right\rangle \\
& \partial_{t}\left\langle\sigma_{z}\right\rangle=\Omega\left\langle\sigma_{y}\right\rangle-\Gamma\left(\left\langle\sigma_{z}\right\rangle+1\right) \tag{5.127}
\end{align*}
$$

(optical Bloch equations, Bloch-vector form)
where we can see explicitly that the damping terms push the transverse components towards zero, while they push the longitudinal component towards the ground-state value $\left\langle\sigma_{z}\right\rangle=-1$.

[^60]
### 5.5.1 Steady State

Since we now have damping in the equations of motion, there exist steady-state solutions ( $\left.\partial_{t} \tilde{\rho}=0\right)$ to the optical Bloch equations (5.125). To find these, we first set $\partial_{t} \tilde{\rho}_{\mathrm{eg}}=0$, which gives

$$
\begin{equation*}
\tilde{\rho}_{\mathrm{eg}}(t \longrightarrow \infty)=\frac{i \Omega}{\gamma_{\perp}-i \Delta}\left(\rho_{\mathrm{ee}}-\frac{1}{2}\right)=-\frac{\Omega\left(\Delta-i \gamma_{\perp}\right)}{\gamma_{\perp}^{2}+\Delta^{2}}\left(\rho_{\mathrm{ee}}-\frac{1}{2}\right) \tag{5.128}
\end{equation*}
$$

The complex conjugate of this equation is

$$
\begin{equation*}
\tilde{\rho}_{\mathrm{ge}}(t \longrightarrow \infty)=-\frac{i \Omega}{\gamma_{\perp}+i \Delta}\left(\rho_{\mathrm{ee}}-\frac{1}{2}\right)=-\frac{\Omega\left(\Delta+i \gamma_{\perp}\right)}{\gamma_{\perp}^{2}+\Delta^{2}}\left(\rho_{\mathrm{ee}}-\frac{1}{2}\right) \tag{5.129}
\end{equation*}
$$

which we can subtract from the previous equation to obtain

$$
\begin{equation*}
\left(\tilde{\rho}_{\mathrm{eg}}-\tilde{\rho}_{\mathrm{ge}}\right)(t \longrightarrow \infty)=\frac{2 i \Omega \gamma_{\perp}}{\gamma_{\perp}^{2}+\Delta^{2}}\left(\rho_{\mathrm{ee}}-\frac{1}{2}\right) \tag{5.130}
\end{equation*}
$$

Now we can set $\partial_{t} \rho_{\mathrm{ee}}=0$ to obtain

$$
\begin{equation*}
\rho_{\mathrm{ee}}(t \longrightarrow \infty)=i \frac{\Omega}{2 \Gamma}\left(\tilde{\rho}_{\mathrm{eg}}-\tilde{\rho}_{\mathrm{ge}}\right)=-\frac{\Omega^{2}\left(\gamma_{\perp} / \Gamma\right)}{\gamma_{\perp}^{2}+\Delta^{2}}\left(\rho_{\mathrm{ee}}-\frac{1}{2}\right) . \tag{5.131}
\end{equation*}
$$

Solving for $\rho_{\mathrm{ee}}$, we find the steady-state excitation

$$
\begin{equation*}
\rho_{\mathrm{ee}}(t \longrightarrow \infty)=\frac{\Omega^{2}}{2 \gamma_{\perp} \Gamma} \frac{1}{1+\frac{\Delta^{2}}{\gamma_{\perp}^{2}}+\frac{\Omega^{2}}{\gamma_{\perp} \Gamma}} \tag{5.132}
\end{equation*}
$$

(steady-state excitation)

We can put this result into Eq. (5.128) to obtain the steady-state coherence

$$
\begin{equation*}
\tilde{\rho}_{\mathrm{eg}}(t \longrightarrow \infty)=-\frac{i \Omega}{2 \gamma_{\perp}} \frac{1+\frac{i \Delta}{\gamma_{\perp}}}{1+\frac{\Delta^{2}}{\gamma_{\perp}^{2}}+\frac{\Omega^{2}}{\gamma_{\perp} \Gamma}} \tag{5.133}
\end{equation*}
$$

(steady-state coherence)

The other elements of the density matrix are of course given by $\rho_{\mathrm{ee}}+\rho_{\mathrm{gg}}=1$ and $\tilde{\rho}_{\mathrm{ge}}=\tilde{\rho}_{\text {eg }}^{*}$.
We can simplify the notation here somewhat by defining the saturation parameter

$$
\begin{equation*}
s:=\frac{\Omega^{2} / \gamma_{\perp} \Gamma}{1+\Delta^{2} / \gamma_{\perp}^{2}} \tag{5.134}
\end{equation*}
$$

(saturation parameter)
The saturation parameter is proportional to the intensity, and it has a Lorentzian frequency profile with full width at half maximum of $2 \gamma_{\perp}$. We can then write the steady-state solutions as

$$
\begin{aligned}
\rho_{\mathrm{ee}}(t \longrightarrow \infty) & =\frac{s / 2}{1+s} \\
\left|\tilde{\rho}_{\mathrm{eg}}(t \longrightarrow \infty)\right|^{2} & =\frac{\Gamma}{4 \gamma_{\perp}} \frac{s}{(1+s)^{2}}
\end{aligned}
$$

(steady-state solutions to optical Bloch equations) (5.135) In this form it is easier to see that we get generally the same result that we got for the rate equations in Eq. (3.6): for small intensities, the excitation increases linearly with $s$ (as $s / 2$ ), and in the limit of large intensity $(s \longrightarrow \infty)$, the largest possible excitation is half the population $\left(\rho_{\mathrm{ee}} \longrightarrow 1 / 2\right)$. Furthermore, although the excitation $\rho_{\mathrm{ee}}$ increases monotonically with $s$, we can see that the expectation value of the
dipole moment, which is proportional to the real part of $\tilde{\rho}_{\text {ge }}$, increases as $\sqrt{s}$ for small excitations but decreases back to zero for very large excitations. You might get the false impression from this that a highly excited atom does not radiate! This is not quite true, and we will return to this point shortly.

Most often we will be concerned with the "pure" case of homogenous (natural) broadening, with $\gamma_{\perp}=\Gamma / 2$. That is, there is no additional damping of the coherences due to collisions. In this case, the saturation parameter becomes

$$
\begin{equation*}
s:=\frac{2 \Omega^{2} / \Gamma^{2}}{1+(2 \Delta / \Gamma)^{2}} \tag{5.136}
\end{equation*}
$$

(saturation parameter, homogeneous broadening)
the steady-state population becomes

$$
\begin{equation*}
\rho_{\mathrm{ee}}(t \longrightarrow \infty)=\frac{s / 2}{1+s}=\frac{\Omega^{2} / \Gamma^{2}}{1+\left(\frac{2 \Delta}{\Gamma}\right)^{2}+2 \frac{\Omega^{2}}{\Gamma^{2}}} \tag{5.137}
\end{equation*}
$$

(steady-state excitation, homogeneous broadening)
and the steady-state coherence is

$$
\begin{equation*}
\tilde{\rho}_{\mathrm{eg}}(t \longrightarrow \infty)=-\frac{i \Omega}{\Gamma} \frac{1+\frac{i 2 \Delta}{\Gamma}}{1+\left(\frac{2 \Delta}{\Gamma}\right)^{2}+2 \frac{\Omega^{2}}{\Gamma^{2}}} \tag{5.138}
\end{equation*}
$$

(steady-state coherence, homogeneous broadening)
These solutions will be important in our discussion of resonance fluorescence.

### 5.5.2 Damped Rabi Oscillations

### 5.5.2.1 Laplace Transform

Now let's consider solutions to the optical Bloch equations. Recall (from Section 4.1) that we can write the Liouville-von Neumann equation for the density operator as

$$
\begin{equation*}
\partial_{t} \tilde{\rho}=\mathcal{L} \tilde{\rho}, \tag{5.139}
\end{equation*}
$$

where $\mathcal{L}$ is the Liouvillian superoperator, and effectively has larger tensor rank than the density operator. We can write this in component form as

$$
\begin{equation*}
\partial_{t} \tilde{\rho}_{\alpha}=\mathcal{L}_{\alpha \beta} \tilde{\rho}_{\beta} \tag{5.140}
\end{equation*}
$$

where $\alpha$ is a composite index, so that the density matrix is a column vector (i.e., for a two-level atom, $\alpha$ takes on the values ee, eg, ge, and gg). The Liouvillian then acts as a matrix in this notation. In the general case of a linear, time-independent equation of this form, we can obtain a solution via the Laplace transform. To review this method, start with the identity

$$
\begin{equation*}
y(t)=\int_{0}^{t} d t^{\prime} \dot{y}\left(t^{\prime}\right)+y_{0} \tag{5.141}
\end{equation*}
$$

where $y_{0}=y(t=0)$. Then we define the Laplace transform as

$$
\begin{align*}
\mathscr{L}[y](s) & :=\int_{0}^{\infty} d t e^{-s t} y(t) \\
& =\int_{0}^{\infty} d t e^{-s t}\left[y_{0}+\int_{0}^{t} d t^{\prime} \dot{y}\left(t^{\prime}\right)\right] \\
& =\frac{y_{0}}{s}+\int_{0}^{\infty} d t^{\prime} \dot{y}\left(t^{\prime}\right) \int_{t^{\prime}}^{\infty} d t e^{-s t}  \tag{5.142}\\
& =\frac{y_{0}}{s}+\frac{1}{s} \int_{0}^{\infty} d t^{\prime} e^{-s t^{\prime}} \dot{y}\left(t^{\prime}\right) \\
& =\frac{y_{0}}{s}+\frac{1}{s} \mathscr{L}[\dot{y}](s) .
\end{align*}
$$

Here, we used the identity (5.141), and the fact that the two-dimensional integral is over the $t^{\prime}<t$ region, so that we can interchange the order of integration via

$$
\begin{equation*}
\int_{0}^{\infty} d t \int_{0}^{t} d t^{\prime}=\int_{0}^{\infty} d t^{\prime} \int_{t^{\prime}}^{\infty} d t \tag{5.143}
\end{equation*}
$$

Thus, we can solve our result (5.142) for $\mathscr{L}[\dot{y}]$ to find the transform of the time derivative

$$
\begin{equation*}
\mathscr{L}[\dot{y}]=s \mathscr{L}[y]-y_{0} \tag{5.144}
\end{equation*}
$$

(Laplace transform of time derivative)
We can now use this result to take the Laplace transform of the Liouville-von Neumann equation to find

$$
\begin{equation*}
s \mathscr{L}[\tilde{\rho}]-\tilde{\rho}(0)=\mathcal{L} \mathscr{L}[\tilde{\rho}] \tag{5.145}
\end{equation*}
$$

assuming $\mathcal{L}$ is time-independent. Thus, the Laplace transform conveniently changes a system of coupled differential equations into an algebraic problem. Now we can solve for $\mathscr{L}[\tilde{\rho}]$, with the result

$$
\begin{equation*}
\mathscr{L}[\tilde{\rho}]=\frac{1}{s-\mathcal{L}} \tilde{\rho}(0) \tag{5.146}
\end{equation*}
$$

Note that the addition of a scalar and an operator here should be interpreted in the sense

$$
\begin{equation*}
s-\mathcal{L} \longrightarrow s \delta_{\alpha \beta}-\mathcal{L}_{\alpha \beta} \tag{5.147}
\end{equation*}
$$

The operator $(s-\mathcal{L})^{-1}$ is called the resolvent of the Liouvillian, and gives the decoupled form for the Laplace transform of the solutions in terms of the initial condition. The solutions are then given by inverse Laplace transforms:

$$
\begin{equation*}
\tilde{\rho}(t)=\mathscr{L}^{-1}\left[\frac{1}{s-\mathcal{L}} \tilde{\rho}(0)\right] \tag{5.148}
\end{equation*}
$$

(general solution to master equation)
Again, we have assumed that $\mathcal{L}$ is time-independent: this is where it helps to use the density operator $\tilde{\rho}$ in the rotating frame.

### 5.5.2.2 Torrey's Solutions

To apply this method to the two-level atom, it is useful to do so in a slightly different form. ${ }^{16}$ Starting with the optical Bloch equations in the form (5.127), we can write these in matrix form as

$$
\begin{align*}
\partial_{t}\langle\boldsymbol{\sigma}\rangle & =\left[\begin{array}{lll}
-\gamma_{\perp} & \Delta & 0 \\
-\Delta & -\gamma_{\perp} & -\Omega \\
0 & \Omega & -\Gamma
\end{array}\right]\langle\boldsymbol{\sigma}\rangle-\left[\begin{array}{l}
0 \\
0 \\
\Gamma
\end{array}\right]  \tag{5.149}\\
& =: \mathbf{Q}\langle\boldsymbol{\sigma}\rangle-\boldsymbol{\Gamma} .
\end{align*}
$$

[^61]We thus have a smaller matrix to deal with than the Laplacian, but at the expense of an extra constant in the equation. Now taking the Laplace transform of this equation, and using the fact that $\mathscr{L}[1]=1 / s$, as we used in Eq. (5.142), we find

$$
\begin{equation*}
s \mathscr{L}[\langle\boldsymbol{\sigma}\rangle]-\langle\boldsymbol{\sigma}\rangle_{0}=\mathbf{Q} \mathscr{L}[\langle\boldsymbol{\sigma}\rangle]-\frac{1}{s} \boldsymbol{\Gamma} . \tag{5.150}
\end{equation*}
$$

Rearranging this, we get a slightly modified form of the resolvent solution:

$$
\begin{equation*}
\mathscr{L}[\langle\boldsymbol{\sigma}\rangle]=\frac{1}{s(s-\mathbf{Q})}\left(s\langle\boldsymbol{\sigma}\rangle_{0}-\boldsymbol{\Gamma}\right) \tag{5.151}
\end{equation*}
$$

The analog of the resolvent operator here is

$$
\frac{1}{s-\mathbf{Q}}=\frac{1}{f(s)}\left[\begin{array}{lll}
\left(s+\gamma_{\perp}\right)(s+\Gamma)+\Omega^{2} & (s+\Gamma) \Delta & -\Delta \Omega  \tag{5.152}\\
-(s+\Gamma) \Delta & \left(s+\gamma_{\perp}\right)(s+\Gamma) & -\left(s+\gamma_{\perp}\right) \Omega \\
-\Delta \Omega & \left(s+\gamma_{\perp}\right) \Omega & \left(s+\gamma_{\perp}\right)^{2}+\Delta^{2}
\end{array}\right]
$$

where

$$
\begin{equation*}
f(s)=\operatorname{det}(s-\mathbf{Q})=\left(s+\gamma_{\perp}\right) \Omega^{2}+(s+\Gamma)\left(\left(s+\gamma_{\perp}\right)^{2}+\Delta^{2}\right) . \tag{5.153}
\end{equation*}
$$

Looking at this solution, we can see that each component of $\mathscr{L}[\langle\boldsymbol{\sigma}\rangle]$ can be written in the form

$$
\begin{equation*}
\frac{g(s)}{s f(s)} \tag{5.154}
\end{equation*}
$$

where $f(s)$ is a cubic polynomial in $s$, and $g(s)$ is also at most cubic in $s$ [and thus of smaller degree than $f(s)]$. We can thus write $f(s)$ in terms of three roots $-a_{1,2,3}$,

$$
\begin{equation*}
f(s)=\left(s+a_{1}\right)\left(s+a_{2}\right)\left(s+a_{3}\right) \tag{5.155}
\end{equation*}
$$

and comparison to the form (5.153), where all the polynomial coefficients are positive, tells us that the product $a_{1} a_{2} a_{3}>0$. For this to hold, as well as to maintain the positivity of the other coefficients, one of these numbers must be positive, and the other two must either also be real and positive, or they must form a complex-conjugate pair. Thus, we may write

$$
\begin{equation*}
f(s)=(s+c)(s+a-i b)(s+a+i b)=(s+c)\left[(s+a)^{2}+b^{2}\right] \tag{5.156}
\end{equation*}
$$

where $a, c>0$, and $b$ is real for conjugate roots, but could otherwise be imaginary. This form for $f(s)$ implies the partial-fraction decomposition

$$
\begin{equation*}
\frac{g(s)}{s f(s)}=\frac{A}{s+c}+\frac{B(s+a)+C}{(s+a)^{2}+b^{2}}+\frac{D}{s} \tag{5.157}
\end{equation*}
$$

where $A, B, C$, and $D$ are constants that depend both on the initial conditions and on which component of $\langle\boldsymbol{\sigma}\rangle$ we are considering. Computing the inverse Laplace transform of this expression, we can see that the solution for any component of $\langle\boldsymbol{\sigma}\rangle$ can be written in the form

$$
\left\langle\sigma_{\alpha}(t)\right\rangle=A e^{-c t}+B e^{-a t} \cos b t+\frac{C}{b} e^{-a t} \sin b t+D
$$

(general form of solution to optical Bloch equations) (5.158)
We can thus see that the general solution is reasonably simple, and even without finding the explicit forms of the coefficients, we can interpret the different terms. The first term represents exponential decay of the populations and coherences, as we would expect from the damping terms. The second and third terms represent exponentially damped Rabi oscillations with different phases. The final term is just the steady-state solution that we derived in Section 5.5.1.

### 5.5.2.3 Exact Resonance

Unfortunately, since the general solution depends on the roots of $f(s)$, which do not have a simple form, we don't gain much intuition by trying to write them down. Torrey ${ }^{17}$ identified three regimes where the solutions are reasonably simple: (1) exact resonance $(\Delta=0)$, (2) damping such that $\gamma_{\perp}=\Gamma$, and (3) strong excitation, such that $\Omega \gg \Gamma, \gamma_{\perp}$. A fourth case is the weak-excitation regime $\left(\Omega \ll \Gamma, \gamma_{\perp}\right)$, which we will see later reproduces the results of the classical Lorentz model. We will only consider the first case $(\Delta=0)$, for an atom initially in the ground state $\left(\left\langle\sigma_{x}(0)\right\rangle=\left\langle\sigma_{y}(0)\right\rangle=0,\left\langle\sigma_{z}(0)\right\rangle=-1\right)$, to get a feel for the damped solutions. For $\Delta=0$, and for homogeneous broadening $\left(\gamma_{\perp}=\Gamma / 2\right)$,

$$
\begin{equation*}
f(s)=(s+\Gamma / 2) \Omega^{2}+(s+\Gamma)(s+\Gamma / 2)^{2} . \tag{5.159}
\end{equation*}
$$

One root (the real one) is $s=-\Gamma / 2$, and thus

$$
\begin{equation*}
c=\frac{\Gamma}{2} \tag{5.160}
\end{equation*}
$$

giving the decay rate of the damped but nonoscillating term. The other two roots are

$$
\begin{equation*}
s=-\frac{3 \Gamma}{4} \pm i \Omega_{\Gamma} \tag{5.161}
\end{equation*}
$$

where

$$
\begin{equation*}
\Omega_{\Gamma}:=\sqrt{\Omega^{2}-\left(\frac{\Gamma}{4}\right)^{2}} \tag{5.162}
\end{equation*}
$$

is the Rabi flopping frequency in the presence of damping. Note that in the limit $\Omega \longrightarrow 0$, the roots become $s=-\Gamma$ and $s=-\Gamma / 2$, which is what we expect for the longitudinal and transverse decay rates in the absence of driving. Thus, we have fixed the other two roots,

$$
\begin{equation*}
a=\frac{3 \Gamma}{4}, \quad b=\Omega_{\Gamma}, \tag{5.163}
\end{equation*}
$$

in the notation above, giving the decay rate and oscillation frequency, respectively, of the oscillating terms.
x-component: Now we need to determine the coefficients of the different terms for the three components. First for the $\left\langle\sigma_{x}\right\rangle$ case. Starting with the steady-state coefficient $D$, we note from Eq. (5.138) that on resonance the steady-state value of $\tilde{\rho}_{\text {eg }}$ is purely imaginary. But $\left\langle\sigma_{x}\right\rangle$ is the real part of $\tilde{\rho}_{\text {eg }}$, so $D=0$. From (5.157), we see that we can recover $A$ from

$$
\begin{equation*}
A=\lim _{s \rightarrow-c}\left(\frac{g(s)}{s f(s)}(s+c)\right)=0 \tag{5.164}
\end{equation*}
$$

since $g(s)=0$ on resonance and $\left\langle\sigma_{x}(0)\right\rangle=0$. Also, from $\left\langle\sigma_{x}(0)\right\rangle=0$ and Eq. (5.158), we see that $A+B+D=$ 0 , and thus $B=0$. The remaining coefficient to determine is $C$. From Eq. (5.149), the initial value of the derivative is

$$
\begin{equation*}
\partial_{t}\left\langle\sigma_{x}(0)\right\rangle=\Delta\left\langle\sigma_{y}(0)\right\rangle-\frac{\Gamma}{2}\left\langle\sigma_{x}(0)\right\rangle=0 \tag{5.165}
\end{equation*}
$$

Similarly differentiating Eq. (5.158),

$$
\begin{equation*}
\partial_{t}\left\langle\sigma_{x}(0)\right\rangle=-c A-a B+C, \tag{5.166}
\end{equation*}
$$

and comparing these two expressions gives $C=0$. Thus,

$$
\begin{equation*}
\left\langle\sigma_{x}(t)\right\rangle=0 \tag{5.167}
\end{equation*}
$$

(solution to optical Bloch equations, $\Delta=0, \gamma_{\perp}=\Gamma / 2, \rho(0)=|\mathrm{g}\rangle\langle\mathrm{g}|$ )
as we expect from the resonant case.

[^62]y-component: We can obtain the steady state here from $\left\langle\sigma_{y}\right\rangle=i \tilde{\rho}_{\text {eg }}-i \tilde{\rho}_{\text {ge }}$. Using Eq. (5.138), we find
\[

$$
\begin{equation*}
D=\frac{2 \Omega / \Gamma}{1+2 \frac{\Omega^{2}}{\Gamma^{2}}} \tag{5.168}
\end{equation*}
$$

\]

The $A$ coefficient is again given by

$$
\begin{equation*}
A=\lim _{s \rightarrow-c}\left(\frac{g(s)}{s f(s)}(s+c)\right)=\lim _{s \rightarrow-\Gamma / 2}\left(\frac{(s+\Gamma / 2) \Omega(s+\Gamma)}{(s+\Gamma / 2) \Omega^{2}+(s+\Gamma)(s+\Gamma / 2)^{2}} \frac{s+\Gamma / 2}{s}\right)=0 \tag{5.169}
\end{equation*}
$$

Setting $\left\langle\sigma_{y}(0)\right\rangle=0$ in Eq. (5.158), we see that $A+B+D=0$, and thus $B=-D$. Finally, matching the initial time derivatives of $\left\langle\sigma_{y}(0)\right\rangle$ from Eqs. (5.149) and (5.158) gives

$$
\begin{equation*}
C=c A+a B-\Delta\left\langle\sigma_{x}(0)\right\rangle-\frac{\Gamma}{2}\left\langle\sigma_{y}(0)\right\rangle-\Omega\left\langle\sigma_{z}(0)\right\rangle=-\frac{3 \Omega / 2}{1+2 \frac{\Omega^{2}}{\Gamma^{2}}}+\Omega=\Omega\left(\frac{\Omega^{2}-\Gamma^{2} / 4}{\Omega^{2}+\Gamma^{2} / 2}\right) . \tag{5.170}
\end{equation*}
$$

The complete solution is thus

$$
\left\langle\sigma_{y}(t)\right\rangle=\frac{\Omega \Gamma}{\Omega^{2}+\Gamma^{2} / 2}\left[1-e^{-(3 \Gamma / 4) t}\left(\cos \Omega_{\Gamma} t-\frac{\Omega^{2}-\Gamma^{2} / 4}{\Gamma \Omega_{\Gamma}} \sin \Omega_{\Gamma} t\right)\right]
$$

$$
\begin{equation*}
\text { (solution to optical Bloch equations, } \Delta=0, \gamma_{\perp}=\Gamma / 2, \rho(0)=|\mathrm{g}\rangle\langle\mathrm{g}| \text { ) } \tag{5.171}
\end{equation*}
$$

We can clearly see the damped oscillations in the dipole moment at the frequency $\Omega_{\Gamma}$.
z-component: The steady state comes from $\left\langle\sigma_{z}\right\rangle=\rho_{\mathrm{ee}}-\rho_{\mathrm{gg}}=2 \rho_{\mathrm{ee}}-1$. Using Eq. (5.137) for the steady-state solution, we find

$$
\begin{equation*}
D=\frac{2 \Omega^{2} / \Gamma^{2}}{1+2 \frac{\Omega^{2}}{\Gamma^{2}}}-1=-\frac{1}{1+2 \frac{\Omega^{2}}{\Gamma^{2}}}=\frac{\Omega^{2}}{\Omega^{2}+\Gamma^{2} / 2}-1 \tag{5.172}
\end{equation*}
$$

Note that $D \longrightarrow 0$ as $\Omega \longrightarrow \infty$, as we expect it to. The $A$ coefficient is once again given by

$$
\begin{equation*}
A=\lim _{s \rightarrow-c}\left(\frac{g(s)}{s f(s)}(s+c)\right)=\lim _{s \rightarrow-\Gamma / 2}\left(\frac{-(s+\Gamma / 2)^{2}(s+\Gamma)}{(s+\Gamma / 2) \Omega^{2}+(s+\Gamma)(s+\Gamma / 2)^{2}} \frac{s+\Gamma / 2}{s}\right)=0 \tag{5.173}
\end{equation*}
$$

Setting $\left\langle\sigma_{z}(0)\right\rangle=-1$ in Eq. (5.158) gives $A+B+D=-1$, and thus

$$
\begin{equation*}
B=-D-1=-\frac{\Omega^{2}}{\Omega^{2}+\Gamma^{2} / 2} \tag{5.174}
\end{equation*}
$$

Finally, again matching the initial time derivatives of $\left\langle\sigma_{z}(0)\right\rangle$ from Eqs. (5.149) and (5.158),

$$
\begin{equation*}
C=c A+a B+\Omega\left\langle\sigma_{y}(0)\right\rangle-\Gamma\left\langle\sigma_{z}(0)\right\rangle-\Gamma=\frac{(-3 \Gamma / 4) \Omega^{2}}{\Omega^{2}+\Gamma^{2} / 2} \tag{5.175}
\end{equation*}
$$

The complete solution is thus

$$
\begin{equation*}
\left\langle\sigma_{z}(t)\right\rangle=-1+\frac{\Omega^{2}}{\Omega^{2}+\Gamma^{2} / 2}\left[1-e^{-(3 \Gamma / 4) t}\left(\cos \Omega_{\Gamma} t+\frac{3 \Gamma}{4 \Omega_{\Gamma}} \sin \Omega_{\Gamma} t\right)\right] . \tag{5.176}
\end{equation*}
$$

(solution to optical Bloch equations, $\Delta=0, \gamma_{\perp}=\Gamma / 2, \rho(0)=|\mathrm{g}\rangle\langle\mathrm{g}|$ )
We can again clearly see the damped Rabi oscillations at the damped Rabi frequency $\Omega_{\Gamma}$.


The damped Rabi oscillations in the excited state population $P_{\mathrm{e}} \equiv \rho_{\mathrm{ee}}=\left(\left\langle\sigma_{z}\right\rangle+1\right) / 2$ are shown above.

### 5.5.3 Operator Form

The optical Bloch equations (5.125) can be written in the equivalent and compact operator form of a master equation for the density operator as

$$
\begin{equation*}
\partial_{t} \tilde{\rho}=-\frac{i}{\hbar}\left[\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}, \tilde{\rho}\right]+\Gamma \mathcal{D}[\sigma] \tilde{\rho}+\gamma_{\mathrm{c}} \mathcal{D}\left[\sigma_{z}\right] \tilde{\rho}, \tag{5.177}
\end{equation*}
$$

(optical Bloch equations, operator form)
where we have defined the Lindblad superoperator

$$
\begin{equation*}
\mathcal{D}[c] \rho:=c \rho c^{\dagger}-\frac{1}{2}\left(c^{\dagger} c \rho+\rho c^{\dagger} c\right) \tag{5.178}
\end{equation*}
$$

(Lindblad superoperator)
The last two terms in the master equation correspond to decay of the excited state and extra dephasing due to collisions, respectively (the latter turns out to have the form of a measurement of $\sigma_{z}$, and thus causes increased uncertainty in the transverse spin components). Again, this is a "superoperator" on $\rho$ because it operates on it from both sides. We will see that this form is universal, in the sense that all Markovian master equations (those where $\partial_{t} \rho(t)$ depends on $\rho$ at time $t$ and not any other time) always have damping terms in this Lindblad form-that is, any form where the master equation is written purely in terms of Hamiltonian commutators and Lindblad superoperators.

Note also that in many cases, these damping terms must be written as separate terms from the Hamiltonian part. For example, take the naturally damped atom,

$$
\begin{equation*}
\partial_{t} \tilde{\rho}=-\frac{i}{\hbar}\left[\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}, \tilde{\rho}\right]+\Gamma \mathcal{D}[\sigma] \tilde{\rho} \tag{5.179}
\end{equation*}
$$

It is common in the literature to define an effective, non-Hermitian Hamiltonian by

$$
\begin{equation*}
\tilde{H}_{\mathrm{eff}}:=\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}-i \frac{\hbar \Gamma}{2} \sigma^{\dagger} \sigma \tag{5.180}
\end{equation*}
$$

In this way, we can absorb some of the Lindblad terms into the Hamiltonian:

$$
\begin{equation*}
\partial_{t} \tilde{\rho}=-\frac{i}{\hbar}\left[\tilde{H}_{\mathrm{eff}} \tilde{\rho}-\tilde{\rho} H_{\mathrm{eff}}^{\dagger}\right]+\Gamma \sigma \tilde{\rho} \sigma^{\dagger} \tag{5.181}
\end{equation*}
$$

However, one term remains. What is the meaning of this? Consider that

$$
\begin{equation*}
\sigma \tilde{\rho} \sigma^{\dagger}=\rho_{\mathrm{ee}}|\mathrm{~g}\rangle\langle\mathrm{g}| . \tag{5.182}
\end{equation*}
$$

Thus, this operator only enters the $\partial_{t} \rho_{\mathrm{gg}}$ equation, and in fact it is the term that returns the decayed population to the ground state. Thus, the non-Hermitian Hamiltonian can correctly handle both the decay of the excited state and the coherence decay. However, on its own, it does not preserve the trace of the density operator, as we can see from the form $\exp \left(-i H_{\text {eff }} t / \hbar\right)$ of the time-evolution operator. Renormalization at each time step, then, introduces an extra term that cannot be written in terms of a Hamiltonian.

### 5.5.4 Orders of Magnitude

Now that we have introduced a couple of time scales, it is useful to estimate their magnitude. First, the Rabi frequency. Suppose we have a Gaussian beam with beam-waist parameter ( $1 / e^{2}$ intensity radius) $w_{0} .{ }^{18}$ In terms of the total beam power $P$, the intensity at the beam center is

$$
\begin{equation*}
I=\frac{P}{\pi w_{0}^{2}} \tag{5.183}
\end{equation*}
$$

[^63]In terms of the field amplitude, the intensity is

$$
\begin{equation*}
I=\frac{E_{0}^{2}}{2 \eta_{0}} \tag{5.184}
\end{equation*}
$$

where $\eta_{0}$ is the impedence of the vacuum, so that

$$
\begin{equation*}
E_{0}=\sqrt{2 \eta_{0} I} \tag{5.185}
\end{equation*}
$$

We may thus write the Rabi frequency as

$$
\begin{equation*}
\Omega=\frac{\left.\left|\langle\mathrm{g}| d_{z}\right| \mathrm{e}\right\rangle \mid \sqrt{2 \eta_{0} I}}{\hbar}=\left[\frac{\left.2 \eta_{0}\left|\langle\mathrm{~g}| d_{z}\right| \mathrm{e}\right\rangle\left.\right|^{2} P}{\pi \hbar^{2} w_{0}^{2}}\right]^{1 / 2} \tag{5.186}
\end{equation*}
$$

The dipole matrix element $\langle\mathrm{g}| d_{z}|\mathrm{e}\rangle$ is of the order of $e a_{0}$, where $e$ is the fundamental charge and $a_{0} \approx 0.529 \AA$ is the Bohr radius. On the $D_{2}$ transition ( 780 nm ) in ${ }^{87} \mathrm{Rb}$, depending on the details of the interaction, the matrix element can be as high as about $3.0 e a_{0} \approx 2.5 \times 10^{-29} \mathrm{C} \cdot \mathrm{m}$. A beam power of 10 mW is achievable by a very modest diode laser, and a beam waist of $w_{0}=1 \mathrm{~mm}$ is fairly typical. Putting in these numbers, we find $\Omega / 2 \pi \approx 60 \mathrm{MHz}$. Much larger local intensities are possible by using larger lasers (on the order of a couple of W for the largest cw lasers at 780 nm ) and smaller beam waists (on the order of $10 \mu \mathrm{~m}$ is easy to achieve), giving Rabi frequencies in the tens of GHz range. Even larger values can be achieved with pulsed lasers, until the fields are strong enough that the whole two-level treatment breaks down.

We have also introduced the spontaneous decay rate $\Gamma$. Back when we studied the rate equations, we related this quantity to the Einstein $B$ coefficient. Shortly, we will connect this to the dipole matrix element. But typically, for atomic transitions in the optical, decay rates $\Gamma / 2 \pi$ are on the order of several MHz ( 6.1 MHz for ${ }^{87} \mathrm{Rb}$, corresponding to a lifetime of 26 ns ). The decay rates turn out to scale as $\omega_{0}^{3}$ (Chapter 11), so these can become larger as the transition becomes more energetic. For "dipole forbidden" transitions, the decay rates can be substantially smaller.

### 5.6 Consistency with Other Models

### 5.6.1 Classical Limit

We will now show the connection between the optical Bloch equations and the classical Lorentz atom. Formally, these two problems are equivalent in the case of a weak drive. The general idea is to construct the damped version of the quantum harmonic oscillator, and then show that it reduces to both the Lorentz model and the optical Bloch equations in the weak-excitation limit.

### 5.6.1.1 Review: Harmonic Oscillator in Quantum Mechanics

We will take the following results for the quantum harmonic oscillator to be given. The Hamiltonian is

$$
\begin{equation*}
H=\frac{p^{2}}{2 m}+\frac{1}{2} m \omega_{0}^{2} x^{2}=\hbar \omega_{0}\left(a^{\dagger} a+\frac{1}{2}\right) \tag{5.187}
\end{equation*}
$$

where the creation $\left(a^{\dagger}\right)$ and annihilation $(a)$ operators are defined via the relation

$$
\begin{equation*}
a=\frac{1}{\sqrt{2}}\left(\frac{x}{x_{0}}+i \frac{x_{0} p}{\hbar}\right) \tag{5.188}
\end{equation*}
$$

and its Hermitian adjoint. The length scale $x_{0}$ is given by

$$
\begin{equation*}
x_{0}=\sqrt{\frac{\hbar}{m \omega_{0}}} \tag{5.189}
\end{equation*}
$$

The phase-space operators can be written in terms of the ladder operators as

$$
\begin{equation*}
x=\frac{x_{0}}{\sqrt{2}}\left(a+a^{\dagger}\right) \quad p=\frac{\hbar}{i \sqrt{2} x_{0}}\left(a-a^{\dagger}\right) \tag{5.190}
\end{equation*}
$$

We have the usual commutation relations

$$
\begin{equation*}
[x, p]=i \hbar \quad\left[a, a^{\dagger}\right]=1 \tag{5.191}
\end{equation*}
$$

which are equivalent to each other via the above definitions.
We will denote the eigenstates of the Hamiltonian ("Fock states") by $|n\rangle$ for nonnegative $n$, with corresponding eigenvalues

$$
\begin{equation*}
E_{n}=\hbar \omega_{0}\left(n+\frac{1}{2}\right) \tag{5.192}
\end{equation*}
$$

These states all have $\langle x\rangle=\langle p\rangle=0$ and moments

$$
\begin{equation*}
\langle n| x^{2}|n\rangle=\frac{\hbar}{m \omega_{0}}\left(n+\frac{1}{2}\right), \quad\langle n| p^{2}|n\rangle=m \hbar \omega_{0}\left(n+\frac{1}{2}\right) \tag{5.193}
\end{equation*}
$$

In this basis, the ladder operators have the effect

$$
\begin{equation*}
a|n\rangle=\sqrt{n}|n-1\rangle \quad a^{\dagger}|n+1\rangle=\sqrt{n+1}|n+1\rangle \tag{5.194}
\end{equation*}
$$

The eigenstate of the annihilation operator is the coherent state

$$
\begin{equation*}
|\alpha\rangle=\sum_{n=0}^{\infty} \frac{\alpha^{n}}{\sqrt{n!}} e^{-|\alpha|^{2} / 2}|n\rangle, \tag{5.195}
\end{equation*}
$$

with eigenvalue $\alpha$ :

$$
\begin{equation*}
a|\alpha\rangle=\alpha|\alpha\rangle \tag{5.196}
\end{equation*}
$$

Note that the occupation probabilities for the number states form a Poisson distribution of mean $\alpha$. The effect of the creation operator on the coherent state is more complicated:

$$
\begin{equation*}
a^{\dagger}|\alpha\rangle=\left(\partial_{\alpha}+\alpha^{*}\right)|\alpha\rangle \tag{5.197}
\end{equation*}
$$

The ground state $|0\rangle$ is a special case of a coherent state. The general coherent state $|\alpha\rangle$ has the same Gaussian probability-density profile as the ground state, but the centroid oscillates with frequency $\omega_{0}$ and amplitude $\sqrt{2} x_{0}|\alpha|$ in position and $\sqrt{2} \hbar|\alpha| / x_{0}$ in momentum.

### 5.6.1.2 Evolution of the Means: Damped Quantum Harmonic Oscillator

We can add damping to the harmonic oscillator by adding an extra component in Lindblad form to the master equation:

$$
\begin{equation*}
\partial_{t} \rho=-\frac{i}{\hbar}[H, \rho]+\gamma D[a] \rho \tag{5.198}
\end{equation*}
$$

(damped quantum harmonic oscillator)
Again, the Lindblad superoperator is given by

$$
\begin{equation*}
D[a] \rho:=a \rho a^{\dagger}-\frac{1}{2}\left(a^{\dagger} a \rho+\rho a^{\dagger} a\right) . \tag{5.199}
\end{equation*}
$$

We already know from the discussion of the Moyal bracket that the Hamiltonian part of this evolution is classical. So now let's check this again and show the correspondence of this oscillator with damping with the
classical damped oscillator. The master equation implies the equation of motion for the expectation value of an arbitrary operator $A$ :

$$
\begin{align*}
\partial_{t}\langle A\rangle & =\operatorname{Tr}\left[A \partial_{t} \rho\right] \\
& =-\frac{i}{\hbar}\langle[A, H]\rangle+\gamma\left\langle a^{\dagger} A a-\frac{1}{2}\left(a^{\dagger} a A+A a^{\dagger} a\right)\right\rangle  \tag{5.200}\\
& =-\frac{i}{2 m \hbar}\left\langle\left[A, p^{2}\right]\right\rangle-\frac{i m \omega_{0}^{2}}{\hbar}\left\langle\left[A, x^{2}\right]\right\rangle+\frac{\gamma}{2}\left\langle a^{\dagger}[A, a]+\left[a^{\dagger}, A\right] a\right\rangle .
\end{align*}
$$

Recall that we are in the Schrödinger picture, so the time dependence is contained only in $\rho$, and not in $A$. For the expected position, we can use the commutation relation $[x, f(p)]=i \hbar \partial_{p} f(p)$ to evaluate $[x, H]$; we can also use $[x, a]=-x_{0} / \sqrt{2}=-\left[x, a^{\dagger}\right]$ to evaluate the dissipation term:

$$
\begin{equation*}
\left\langle a^{\dagger}[x, a]+\left[a^{\dagger}, x\right] a\right\rangle=-\frac{x_{0}}{\sqrt{2}}\left\langle a+a^{\dagger}\right\rangle=-\langle x\rangle . \tag{5.201}
\end{equation*}
$$

The resulting position equation is

$$
\begin{equation*}
\partial_{t}\langle x\rangle=\frac{\langle p\rangle}{m}-\frac{\gamma}{2}\langle x\rangle . \tag{5.202}
\end{equation*}
$$

Similarly, we can find the equation for the expected momentum by using $[p, f(x)]=-i \hbar \partial_{x} f(x)$ to evaluate the Hamiltonian term and $[p, a]=\left[p, a^{\dagger}\right]=\hbar / i \sqrt{2} x_{0}$ to evaluate the dissipation term. The resulting equation is

$$
\begin{equation*}
\partial_{t}\langle p\rangle=-m \omega_{0}^{2}\langle x\rangle-\frac{\gamma}{2}\langle p\rangle \tag{5.203}
\end{equation*}
$$

It may look funny to have damping terms on both Eqs. (5.202) and (5.203), but differentiating Eq. (5.202) and eliminating $\partial_{t}\langle p\rangle$ gives

$$
\begin{equation*}
\partial_{t}^{2}\langle x\rangle+\gamma \partial_{t}\langle x\rangle+\left(\omega_{0}^{2}+\frac{\gamma^{2}}{4}\right)\langle x\rangle=0 \tag{5.204}
\end{equation*}
$$

(centroid evolution, quantum damped harmonic oscillator)
for the wave-packet centroid. This has the same form as for a classical damped oscillator:

$$
\begin{equation*}
\ddot{x}+\gamma \dot{x}+\omega_{0}^{2} x=0 . \tag{5.205}
\end{equation*}
$$

Note that we identify the frequency $\omega_{0}$ in Eq. (5.204) as the renormalized oscillation frequency $\omega_{\gamma}$ of the damped oscillator, given by $\omega_{\gamma}^{2}=\omega_{0}^{2}-\gamma^{2} / 4$, and not the true resonance frequency $\omega_{0}$ that appears in the classical formula (5.205).

Adding a dipole interaction Hamiltonian for coupling to an external applied field,

$$
\begin{equation*}
H_{\mathrm{AF}}=-\mathbf{d} \cdot \mathbf{E}=e x E_{0}^{(+)} e^{-i \omega t}+\text { c.c. } \tag{5.206}
\end{equation*}
$$

where $e$ is the fundamental charge $(e>0)$, modifies the momentum equation to read (using $\left[p, H_{\mathrm{AF}}\right]=$ $-i \hbar e E_{0}^{(+)} e^{-i \omega t}+$ c.c. $)$

$$
\begin{equation*}
\partial_{t}\langle p\rangle=-m \omega_{0}^{2}\langle x\rangle-\frac{\gamma}{2}\langle p\rangle-\left(e E_{0}^{(+)} e^{-i \omega t}+\text { c.c. }\right) . \tag{5.207}
\end{equation*}
$$

Rewriting the equations as a second-order equation, we find

$$
\partial_{t}^{2}\langle x\rangle+\gamma \partial_{t}\langle x\rangle+\left(\omega_{0}^{2}+\frac{\gamma^{2}}{4}\right)\langle x\rangle=-\frac{e E_{0}^{(+)}}{m} e^{-i \omega t}+\text { c.c. },
$$

(centroid evolution, with external drive) (5.208) which is the equation for the driven Lorentz atom in the dipole approximation, if we again associate the wave-packet centroid with the classical electron position and interpret the frequency $\omega_{0}$ properly. Of course, for typical atomic dipole transitions in the optical, $\gamma / \omega \sim 10^{-8}$, so that the difference between the resonance and damped oscillation frequencies is negligible.

Note also that the damped harmonic oscillator in the weak-driving limit occupies mostly the ground state, with small population in $|1\rangle$. The populations in higher-energy states are negligible, so we can identify the harmonic oscillator with the weakly driven, two-level atom by taking $|1\rangle \longrightarrow|e\rangle,|0\rangle \longrightarrow|\mathrm{g}\rangle$, and $a \longrightarrow \sigma=|\mathrm{g}\rangle\langle\mathrm{e}|$. Then the master equation (5.198), including the dipole interaction becomes

$$
\begin{equation*}
\partial_{t} \rho=-i \omega_{0}\left[\sigma^{\dagger} \sigma, \rho\right]-\frac{i}{\hbar}\left[H_{\mathrm{AF}}, \rho\right]+\gamma D[\sigma] \rho, \tag{5.209}
\end{equation*}
$$

which generates the usual optical Bloch equations for the two-level atom if we identify $\gamma=\Gamma$. The same interaction Hamiltonian above gives the dipole coupling of the two-level atom to a monochromatic field. Thus, we see in the weak-excitation limit $(s \ll 1)$ that the Lorentz atom accurately describes the dynamics of a quantum-mechanical atom interacting with a classical monochromatic field.

Note that there is a subtlety involved in introducing the atom-field interaction $H_{\mathrm{AF}}$. Really, in Eq. (5.208), we should have ended up with the same result, but with a factor of the oscillator strength $f_{0}$ multiplying the right-hand side. This is the same replacement $e / m \longrightarrow e f_{0} / m$ that we discussed in the classical treatment, which turns out to be necessary to get the quantitatively correct answer. How does this work out here? We have to be more careful about the replacement $\sigma \longrightarrow a$ in going from the two-level atom to the harmonic oscillator. Quantum mechanically, the dipole operator is

$$
\begin{equation*}
d_{z}=\langle\mathrm{g}| d_{z}|\mathrm{e}\rangle\left(\sigma+\sigma^{\dagger}\right) \tag{5.210}
\end{equation*}
$$

while the classical dipole moment is

$$
\begin{equation*}
e x=\frac{e x_{0}}{\sqrt{2}}\left(a+a^{\dagger}\right)=\sqrt{\frac{e^{2} \hbar}{2 m \omega_{0}}}\left(a+a^{\dagger}\right) . \tag{5.211}
\end{equation*}
$$

To put in the oscillator strength, we let $e / m \longrightarrow e f_{0} / m$ :

$$
\begin{equation*}
e x=\sqrt{\frac{e^{2} \hbar f_{0}}{2 m \omega_{0}}}\left(a+a^{\dagger}\right) \tag{5.212}
\end{equation*}
$$

to make this expression quantitatively correct. Thus, to make the identification $\sigma \longrightarrow a$, we must also identify the coefficients

$$
\begin{equation*}
\left.\left|\langle\mathrm{g}| d_{z}\right| \mathrm{e}\right\rangle\left.\right|^{2}=\frac{e^{2} \hbar f_{0}}{2 m \omega_{0}} \tag{5.213}
\end{equation*}
$$

which is the correct relation between the oscillator strength and dipole matrix element. (See also Problem 5.10, where the same result comes out of comparing the classical and quantum expressions for the polarizability.)

### 5.6.1.3 Evolution of the Variances

The solution to a driven, damped harmonic oscillator turns out to be a coherent state, so let's see this explicitly. Let's evaluate the equation of motion for $\left\langle x^{2}\right\rangle$. Using $\left[x^{2}, p^{2}\right]=2 i \hbar[x, p]_{+}$for the Hamiltonian term (with $[a, b]_{+}:=a b+b a$ ) and $\left[x^{2}, a\right]=-\sqrt{2} x_{0} x=-\left[x^{2}, a^{\dagger}\right]$, we find

$$
\begin{align*}
\partial_{t}\left\langle x^{2}\right\rangle & =\frac{1}{m}\left\langle[x, p]_{+}\right\rangle-\gamma\left[\frac{x_{0}}{2 \hbar}\left(a^{\dagger} x-x a\right)\right]  \tag{5.214}\\
& =\frac{1}{m}\left\langle[x, p]_{+}\right\rangle-\gamma\left(\left\langle x^{2}\right\rangle-\frac{\hbar}{2 m \omega_{0}}\right)
\end{align*}
$$

Using the variance definition

$$
\begin{equation*}
V_{x}:=\left\langle x^{2}\right\rangle-\langle x\rangle^{2} \tag{5.215}
\end{equation*}
$$

the equation of motion becomes

$$
\begin{equation*}
\partial_{t} V_{x}=\partial_{t}\left\langle x^{2}\right\rangle-2\langle x\rangle \partial_{t}\langle x\rangle=\frac{2}{m} C_{x p}-\gamma\left(V_{x}-\frac{\hbar}{2 m \omega_{0}}\right) \tag{5.216}
\end{equation*}
$$

where the symmetrized covariance is

$$
\begin{equation*}
C_{x p}:=\frac{1}{2}\left\langle[x, p]_{+}\right\rangle-\langle x\rangle\langle p\rangle \tag{5.217}
\end{equation*}
$$

Similarly, for the momentum variance

$$
\begin{equation*}
V_{p}:=\left\langle p^{2}\right\rangle-\langle p\rangle^{2} \tag{5.218}
\end{equation*}
$$

we can use the commutators $\left[p^{2}, a\right]=\left[p^{2}, a^{\dagger}\right]=-2 i \hbar p / \sqrt{2} x_{0}$ to obtain

$$
\begin{equation*}
\partial_{t} V_{p}=-2 m \omega_{0}^{2} C_{x p}-\gamma\left(V_{p}-\frac{m \omega_{0} \hbar}{2}\right) \tag{5.219}
\end{equation*}
$$

For the covariance, the Hamiltonian part requires the commutators

$$
\begin{align*}
{\left[[x, p]_{+}, x^{2}\right] } & =-4 i \hbar x^{2} \\
{\left[[x, p]_{+}, p^{2}\right] } & =4 i \hbar p^{2}  \tag{5.220}\\
{\left[[x, p]_{+}, a\right] } & =i \hbar a^{\dagger} \\
{\left[[x, p]_{+}, a^{\dagger}\right] } & =i \hbar a .
\end{align*}
$$

To derive the last two relations, it is useful to make the identification $[x, p]_{+}=(\hbar / 2 i)\left(a^{2}-a^{\dagger^{2}}\right)$, along with $\left[a^{\dagger^{2}}, a\right]=-2 a^{\dagger}$ and $\left[a^{2}, a^{\dagger}\right]=2 a$. The equation of motion for the anticommutator is

$$
\begin{equation*}
\partial_{t}\left\langle[x, p]_{+}\right\rangle=\frac{2}{m}\left\langle p^{2}\right\rangle-2 m \omega_{0}^{2}\left\langle x^{2}\right\rangle-\gamma\left\langle[x, p]_{+}\right\rangle, \tag{5.221}
\end{equation*}
$$

so that the covariance equation becomes

$$
\begin{equation*}
\partial_{t} C_{x p}=\frac{1}{2} \partial_{t}\left\langle[x, p]_{+}\right\rangle-\langle p\rangle \partial_{t}\langle x\rangle-\langle x\rangle \partial_{t}\langle p\rangle=\frac{1}{m} V_{p}-m \omega_{0}^{2} V_{x}-\gamma C_{x p} . \tag{5.222}
\end{equation*}
$$

Collecting all the equations for the means and variances together,

$$
\begin{aligned}
\partial_{t}\langle x\rangle & =\frac{1}{m}\langle p\rangle-\frac{\gamma}{2}\langle x\rangle \\
\partial_{t}\langle p\rangle & =-m \omega_{0}^{2}\langle x\rangle-\frac{\gamma}{2}\langle p\rangle \\
\partial_{t} V_{x} & =\frac{2}{m} C_{x p}-\gamma\left(V_{x}-\frac{\hbar}{2 m \omega_{0}}\right) \\
\partial_{t} V_{p} & =-2 m \omega_{0}^{2} C_{x p}-\gamma\left(V_{p}-\frac{m \omega_{0} \hbar}{2}\right) \\
\partial_{t} C_{x p} & =\frac{1}{m} V_{p}-m \omega_{0}^{2} V_{x}-\gamma C_{x p}
\end{aligned}
$$

(damped quantum harmonic oscillator, evolution of means and variances) (5.223) This is sufficient to completely characterize a Gaussian state for the damped harmonic oscillator. Of course to consider forcing, we still need to add a dipole interaction Hamiltonian. But as a check, the steady state here should be the ground state of the harmonic oscillator. However, when we compute the steady state of the above equations, we find

$$
\begin{equation*}
\langle x\rangle=\langle p\rangle=0 \tag{5.224}
\end{equation*}
$$

while

$$
\begin{equation*}
V_{x}=\frac{\hbar}{2 m \omega_{0}}, \quad V_{p}=\frac{m \omega_{0} \hbar}{2}, \quad C_{x p}=0 \tag{5.225}
\end{equation*}
$$

(steady-state variances)

This is a state of minimum uncertainty (where the generalized uncertainty relation is $V_{x} V_{p}-C_{x p}^{2} \geq \hbar^{2} / 4$ ), and thus must be Gaussian. ${ }^{19}$ The variances are indeed the same as for $|0\rangle$ from Eq. (5.193), so the oscillator damps to the ground state.

In the driven case, note that the means and variances of Eqs. (5.223) are uncoupled. For a sinusoidal drive of the form (5.206), the means evolve according to the classical equation of motion (5.208), so that in steady state the wave packet centroid oscillates with an amplitude given by the steady state of Eq. (5.208). Hence, the steady state is just a coherent state $|\alpha\rangle$ with amplitude

$$
\begin{equation*}
|\alpha|=\frac{e\left|E_{0}^{(+)}\right| / m}{\left(\omega^{2}-\omega_{0}^{2}\right)^{2}+\gamma^{2} \omega^{2}} \tag{5.226}
\end{equation*}
$$

again showing the classical nature of the solution.

### 5.6.2 Rate-Equation Limit

We can also show that under certain conditions, the optical Bloch equations (5.125) reduce to the rate equations of Chapter 3. Recall the form of the optical Bloch equations:

$$
\begin{align*}
& \partial_{t} \rho_{\mathrm{ee}}=i \frac{\Omega}{2}\left(\tilde{\rho}_{\mathrm{eg}}-\tilde{\rho}_{\mathrm{ge}}\right)-\Gamma \rho_{\mathrm{ee}}  \tag{5.227}\\
& \partial_{t} \tilde{\rho}_{\mathrm{eg}}=-\left(\gamma_{\perp}-i \Delta\right) \tilde{\rho}_{\mathrm{eg}}+i \frac{\Omega}{2}\left(\rho_{\mathrm{ee}}-\rho_{\mathrm{gg}}\right)
\end{align*}
$$

In the case of strong collisional damping $\gamma_{\perp} \gg \Omega, \Gamma$, we can note that the coherences will be damped very quickly, whereas the populations will continue to evolve on much longer time scales. We can exploit this separation of time scales and make the adiabatic approximation, where we focus only on the slow population dynamics by assuming the coherences are always approximately in equilibrium. Thus, approximate steady state of the coherence equations give

$$
\begin{array}{ll}
\left(\gamma_{\perp}-i \Delta\right) \tilde{\rho}_{\mathrm{eg}}=i \frac{\Omega}{2}\left(\rho_{\mathrm{ee}}-\rho_{\mathrm{gg}}\right) & \left(\text { for } \partial_{t} \tilde{\rho}_{\mathrm{eg}} \approx 0\right)  \tag{5.228}\\
\left(\gamma_{\perp}+i \Delta\right) \tilde{\rho}_{\mathrm{ge}}=-i \frac{\Omega}{2}\left(\rho_{\mathrm{ee}}-\rho_{\mathrm{gg}}\right) & \left(\text { for } \partial_{t} \tilde{\rho}_{\mathrm{ge}} \approx 0\right)
\end{array}
$$

Adding these two equations together gives

$$
\begin{equation*}
\left(\tilde{\rho}_{\mathrm{eg}}+\tilde{\rho}_{\mathrm{ge}}\right)=i \frac{\Delta}{\gamma_{\perp}}\left(\tilde{\rho}_{\mathrm{eg}}-\tilde{\rho}_{\mathrm{ge}}\right) \tag{5.229}
\end{equation*}
$$

while subtracting them gives

$$
\begin{equation*}
\gamma_{\perp}\left(\tilde{\rho}_{\mathrm{eg}}-\tilde{\rho}_{\mathrm{ge}}\right)-i \Delta\left(\tilde{\rho}_{\mathrm{eg}}+\tilde{\rho}_{\mathrm{ge}}\right)=i \Omega\left(\rho_{\mathrm{ee}}-\rho_{\mathrm{gg}}\right) \tag{5.230}
\end{equation*}
$$

Combining these two relations to obtain the adiabatic difference of the coherences, we find

$$
\begin{equation*}
\gamma_{\perp}\left(1+\frac{\Delta^{2}}{\gamma_{\perp}^{2}}\right)\left(\tilde{\rho}_{\mathrm{eg}}-\tilde{\rho}_{\mathrm{ge}}\right)=i \Omega\left(\rho_{\mathrm{ee}}-\rho_{\mathrm{gg}}\right) . \tag{5.231}
\end{equation*}
$$

We can now put this into the first population equation to obtain the adiabatic evolution equation

$$
\begin{equation*}
\partial_{t} \rho_{\mathrm{ee}}=-\Gamma \rho_{\mathrm{ee}}-\frac{\Omega^{2}}{2 \gamma_{\perp}\left(1+\Delta^{2} / \gamma_{\perp}^{2}\right)}\left(\rho_{\mathrm{ee}}-\rho_{\mathrm{gg}}\right) \tag{5.232}
\end{equation*}
$$

This result is now formally equivalent to the rate equation for nearly monochromatic light [Eq. (3.17),

$$
\begin{equation*}
\partial_{t} N_{2}=-A_{21} N_{2}-\sigma(\omega) \frac{I}{\hbar \omega}\left(N_{2}-N_{1}\right) \tag{5.233}
\end{equation*}
$$

(rate-equation limit of optical Bloch equations)

[^64]where we have assumed no degeneracy for the two-level atom $\left(g_{1}=g_{2}=1\right)$.
To compare the Einstein equation to the adiabatic result, we can clearly identify
\[

$$
\begin{equation*}
\rho_{\mathrm{ee}} \longrightarrow N_{2} / N, \quad \rho_{\mathrm{gg}} \longrightarrow N_{1} / N, \quad \Gamma \longrightarrow A_{21} . \tag{5.234}
\end{equation*}
$$

\]

Comparing the coefficients of the stimulated emission and absorption terms is less straightforward but very useful. Recall from Eq. (3.18) that the resonant cross section is

$$
\begin{equation*}
\sigma(\omega)=A_{21} \frac{\lambda^{2}}{4} s(\omega) \tag{5.235}
\end{equation*}
$$

while for a Lorentzian line shape $s(\omega)$, we have from Eq. (3.19)

$$
\begin{equation*}
s(\omega)=\frac{\Delta \omega}{2 \pi\left[(\Delta \omega / 2)^{2}+\Delta^{2}\right]} \tag{5.236}
\end{equation*}
$$

Comparing the denominator of $s(\omega)$ to the similar denominator of Eq. (5.232), we conclude that we must identify the transverse decay rate with the line width:

$$
\begin{equation*}
\gamma_{\perp} \longrightarrow \frac{\Delta \omega}{2} \tag{5.237}
\end{equation*}
$$

We may thus write the line-shape function as

$$
\begin{equation*}
s(\omega)=\frac{\gamma_{\perp}}{\pi\left(\gamma_{\perp}^{2}+\Delta^{2}\right)} \tag{5.238}
\end{equation*}
$$

Now identifying the coefficients of the spontaneous emission and absorption terms,

$$
\begin{equation*}
\frac{\gamma_{\perp} \Omega^{2}}{2\left(\gamma_{\perp}^{2}+\Delta^{2}\right)} \longrightarrow \frac{\sigma(\omega) I}{\hbar \omega}=\frac{\Gamma \lambda^{2} \gamma_{\perp} I}{4 \pi\left(\gamma_{\perp}^{2}+\Delta^{2}\right) \hbar \omega} \tag{5.239}
\end{equation*}
$$

Thus, we have

$$
\begin{equation*}
\Omega^{2}=\frac{\Gamma \lambda^{2} I}{2 \pi \hbar \omega}=\frac{2 \pi \Gamma c^{2} I}{\hbar \omega^{3}} \tag{5.240}
\end{equation*}
$$

Using $\Omega=-\langle\mathrm{g}| d_{z}|\mathrm{e}\rangle E_{0} / \hbar$ for $z$-polarized light, and $I=E_{0}^{2} / 2 \eta=\left(\epsilon_{0} c / 2\right) E_{0}^{2}$, we find

$$
\begin{equation*}
\left.\Gamma=\frac{\omega^{3}}{\pi \epsilon_{0} \hbar c^{3}}\left|\langle\mathrm{~g}| d_{z}\right| \mathrm{e}\right\rangle\left.\right|^{2} \tag{5.241}
\end{equation*}
$$

This analysis is only valid near resonance, so $\omega \approx \omega_{0}$, and we take the atom to be spherically symmetric, so that $\left.\left.\left.\left|\langle\mathrm{g}| d_{x}\right| \mathrm{e}\right\rangle\left.\right|^{2}=\left|\langle\mathrm{g}| d_{y}\right| \mathrm{e}\right\rangle\left.\right|^{2}=\left|\langle\mathrm{g}| d_{z}\right| \mathrm{e}\right\rangle\left.\right|^{2}$, with the result

$$
\left.\Gamma=\frac{\omega_{0}^{3}}{3 \pi \epsilon_{0} \hbar c^{3}}|\langle\mathrm{~g}| \mathbf{d}| \mathrm{e}\right\rangle\left.\right|^{2}
$$

(relation between decay rate and dipole matrix elements) (5.242) This is, in fact, the correct relation between the atomic decay rate and the atomic dipole matrix element that comes out of a full quantum electrodynamics calculation, as we will later see in Section 11.4.

### 5.6.2.1 Saturation Intensity

We can make a connection to the earlier notion of the saturation intensity. From our rate equation analysis, specifically Eq. (3.27), the population inversion for an exactly resonant drive is given by

$$
\begin{equation*}
\frac{N_{2}-N_{1}}{N}=-\frac{1}{1+\frac{2 \sigma_{0} I}{\hbar \omega_{0} A_{21}}}=-\frac{1}{1+\frac{I}{I_{\mathrm{sat}}}} \tag{5.243}
\end{equation*}
$$

where we again have ignored any degeneracy. We have also defined the saturation intensity as

$$
\begin{equation*}
I_{\mathrm{sat}}:=\frac{\hbar \omega_{0} A_{21}}{2 \sigma_{0}} \tag{5.244}
\end{equation*}
$$

(saturation intensity)
as we did before in Eq. (3.31).
We can do the same thing for the optical Bloch equations. Recalling that the steady-state population in the excited state from Eq. (5.132) is

$$
\begin{equation*}
\rho_{\mathrm{ee}}(t \longrightarrow \infty)=\frac{\Omega^{2}}{2 \gamma_{\perp} \Gamma} \frac{1}{1+\frac{\Delta^{2}}{\gamma_{\perp}^{2}}+\frac{\Omega^{2}}{\gamma_{\perp} \Gamma}} \tag{5.245}
\end{equation*}
$$

we can write

$$
\begin{equation*}
\rho_{\mathrm{ee}}(t \longrightarrow \infty)=\frac{\Omega^{2} / \Gamma^{2}}{1+2 \Omega^{2} / \Gamma^{2}} \tag{5.246}
\end{equation*}
$$

for the case of exact resonance $(\Delta=0)$ and homongenous broadening $\left(\Gamma=2 \gamma_{\perp}\right)$. Then the population inversion is given by

$$
\begin{equation*}
\rho_{\mathrm{ee}}-\rho_{\mathrm{gg}}=2 \rho_{\mathrm{ee}}-1=-\frac{1}{1+2 \Omega^{2} / \Gamma^{2}} \tag{5.247}
\end{equation*}
$$

Since $\Omega^{2}$ scales as the intensity, we can similarly define the saturation intensity for the two-level atom to match (5.243):

$$
\begin{equation*}
\frac{I}{I_{\mathrm{sat}}} \equiv \frac{2 \Omega^{2}}{\Gamma^{2}} \tag{5.248}
\end{equation*}
$$

(saturation intensity related to Rabi frequency)
Using $\Omega=-\langle\mathrm{g}| \hat{\varepsilon} \cdot \mathbf{d}|\mathrm{e}\rangle E_{0} / \hbar$ for arbitrary light polarization and $I=E_{0}^{2} / 2 \eta=\left(\epsilon_{0} c / 2\right) E_{0}^{2}$, this relation gives

$$
\begin{equation*}
I_{\mathrm{sat}}=\frac{c \epsilon_{0} \Gamma^{2} \hbar^{2}}{4|\langle\mathrm{~g}| \hat{\varepsilon} \cdot \mathbf{d}| \mathrm{e}\rangle\left.\right|^{2}} \tag{5.249}
\end{equation*}
$$

(saturation intensity)
Thus, for example, we can write

$$
\begin{equation*}
\rho_{\mathrm{ee}}(t \longrightarrow \infty)=\left(\frac{1}{2}\right) \frac{I / I_{\mathrm{sat}}}{1+4 \Delta^{2} / \Gamma^{2}+I / I_{\mathrm{sat}}} \tag{5.250}
\end{equation*}
$$

(steady-state population)
for the excited-state population in the case of homogenout broadening. Similarly, we may write

$$
\begin{equation*}
s=\frac{I / I_{\mathrm{sat}}}{1+4 \Delta^{2} / \Gamma^{2}} \tag{5.251}
\end{equation*}
$$

(saturation parameter)
for the saturation parameter. The saturation effect here represents the nonlinear response of the two-level atom to the field, which is not predicted by the classical (linear) Lorentz model.

But now, are the two saturation intensities from Eqs. (5.244) and (5.249) equivalent? Consider the case of linearly polarized light $(\hat{\varepsilon}=\hat{z})$. Using

$$
\begin{equation*}
\left.\Gamma=\frac{\omega_{0}^{3}}{\pi \epsilon_{0} \hbar c^{3}}\left|\langle\mathrm{~g}| d_{z}\right| \mathrm{e}\right\rangle\left.\right|^{2} \tag{5.252}
\end{equation*}
$$

to eliminate the dipole matrix element in Eq. (5.249), we find

$$
\begin{equation*}
I_{\mathrm{sat}}=\frac{\hbar \omega_{0}^{3} \Gamma}{4 \pi c^{2}} \tag{5.253}
\end{equation*}
$$

In the case of the rate equations, the resonant cross section for linearly polarized light and random orientation of the atom from Eq. (3.21) is

$$
\begin{equation*}
\sigma_{0}=\frac{\lambda_{0}^{2}}{2 \pi} \tag{5.254}
\end{equation*}
$$

Substitution of this cross section into Eq. (5.244) and taking $A_{21}=\Gamma$ then gives exactly the same expression (5.253) for the saturation intensity.

### 5.6.2.2 Validity of the Rate-Equation Limit

As we discussed above, the optical Bloch equations can be accurately represented by the rate equations when the collisional damping rate is large, because the coherences are quickly damped away. The rate equations are also valid in the case of incoherent (broadband) excitation, since there the dipole is driven by many frequencies, and thus the dephasing of the different frequency components mimics fast damping.

### 5.7 Spectrum of Resonance Fluorescence

We will now consider the radiation (resonance fluorescence) due to a single, isolated atom driven by a monochromatic field. The optical Wiener-Khinchin theorem that we wrote down before in Eq. (2.21) was

$$
\begin{equation*}
\int_{0}^{\infty} I(\mathbf{r}, \omega) e^{-i \omega \tau} d \omega=\frac{2}{\eta}\left\langle E^{(-)}(\mathbf{r}, t) E^{(+)}(\mathbf{r}, t+\tau)\right\rangle . \tag{5.255}
\end{equation*}
$$

Inverting this relation, keeping in mind that $I(\omega)$ will be centered near a large, positive frequency (of the driving laser), gives the intensity spectrum in terms of the field autocorrelation function:

$$
\begin{equation*}
I(\mathbf{r}, \omega)=\frac{1}{\pi \eta} \int_{-\infty}^{\infty}\left\langle E^{(-)}(\mathbf{r}, t) E^{(+)}(\mathbf{r}, t+\tau)\right\rangle e^{i \omega \tau} d \tau \tag{5.256}
\end{equation*}
$$

Note that the spectrum is real due to the time-inversion symmetry of the correlation function. Note also that we are maintaining a particular ordering of the positive- and negative-frequency components of the electric field, a point we will return to below.

Applying this to the scattered light from a driven, two-level atom, recall that we use $\omega$ to refer to the frequency of the driving field and $\omega_{0}$ to refer to the atomic resonance frequency. Thus, we will use $\omega_{\mathrm{s}}$ to refer to the frequency of the scattered light. Also, recall from Eq. (1.43) that in the radiation zone, the electric field of an oscillating dipole is

$$
\begin{equation*}
\mathbf{E}^{(+)}(\mathbf{r}, t)=\frac{1}{4 \pi \epsilon_{0} c^{2}}[(\hat{\varepsilon} \cdot \hat{r}) \hat{r}-\hat{\varepsilon}] \frac{\ddot{d}^{(+)}\left(t_{\mathrm{r}}\right)}{r} . \tag{5.257}
\end{equation*}
$$

This classical expression is still appropriate for radiation from a quantum dipole, although obviously we will need to remember that $d(t)$ here is a Heisenberg-picture operator. We will work in the near-resonant regime, and thus we assume that any scattered light will be close to $\omega_{0}$ in frequency. Thus, we make the approximation

$$
\begin{equation*}
\ddot{d}^{(+)} \approx-\omega_{0}^{2} d^{(+)} . \tag{5.258}
\end{equation*}
$$

We also note that

$$
\begin{equation*}
|(\hat{\varepsilon} \cdot \hat{r}) \hat{r}-\hat{\varepsilon}|^{2}=1-|\hat{\varepsilon} \cdot \hat{r}|^{2}, \tag{5.259}
\end{equation*}
$$

which allows us to use the angular distribution function

$$
\begin{equation*}
f_{\hat{\varepsilon}}(\theta, \phi)=\frac{3}{8 \pi}\left(1-|\hat{r} \cdot \hat{\varepsilon}|^{2}\right) . \tag{5.260}
\end{equation*}
$$

from before. Putting all this together, we can write down the scattered spectrum as

$$
\begin{equation*}
I_{\mathrm{sc}}\left(\mathbf{r}, \omega_{\mathrm{s}}\right)=\frac{\omega_{0}^{4}}{6 \pi^{2} \epsilon_{0} c^{3} r^{2}} f_{\hat{\varepsilon}}(\theta, \phi) \int_{-\infty}^{\infty} d \tau e^{i \omega_{\mathrm{s}} \tau}\left\langle d^{(-)}(t) d^{(+)}(t+\tau)\right\rangle \tag{5.261}
\end{equation*}
$$

where we used $\eta=1 / \epsilon_{0} c$. The angle brackets here imply both a time average and an expectation value, since we are now dealing with operators instead of classical quantities (Heisenberg-picture operators, that is, since they now carry the explicit time dependence). We can now separate out the dipole matrix elements from the dipole product to obtain

$$
\begin{equation*}
I_{\mathrm{sc}}\left(\mathbf{r}, \omega_{\mathrm{s}}\right)=\frac{\left.\omega_{0}^{4}|\langle\mathrm{~g}| \mathbf{d}| \mathrm{e}\right\rangle\left.\right|^{2}}{6 \pi^{2} \epsilon_{0} c^{3} r^{2}} f_{\hat{\varepsilon}}(\theta, \phi) \int_{-\infty}^{\infty} d \tau e^{i \omega_{\mathrm{s}} \tau}\left\langle\sigma^{\dagger}(t) \sigma(t+\tau)\right\rangle \tag{5.262}
\end{equation*}
$$

Now we see the importance of the so called normal ordering, where $E^{(+)}$appears to the right of $E^{(-)}$ in the expectation value in Eq. (5.256): it implies that the atomic lowering operator is to the right in the expectation value, which thus vanishes if the atom is in the ground state. With any other ordering, the expectation value would be nonzero for an atom in the ground state, and would thus need to be compensated by another explicit term. Finally, we can use the result (5.242) from our rate-equation analysis to write this expression in terms of the spontaneous decay rate:

$$
\begin{equation*}
I_{\mathrm{sc}}\left(\mathbf{r}, \omega_{\mathrm{s}}\right)=\frac{\hbar \omega_{0} \Gamma}{2 \pi r^{2}} f_{\hat{\varepsilon}}(\theta, \phi) \int_{-\infty}^{\infty} d \tau e^{i \omega_{\mathrm{s}} \tau}\left\langle\sigma^{\dagger}(t) \sigma(t+\tau)\right\rangle \tag{5.263}
\end{equation*}
$$

The spectral content is entirely in the integral factor, and thus we may define the (unnormalized) spectral function

$$
\begin{equation*}
S\left(\omega_{\mathrm{s}}\right)=\frac{1}{2 \pi} \int_{-\infty}^{\infty} d \tau e^{i \omega_{\mathrm{s}} \tau}\left\langle\sigma^{\dagger}(t) \sigma(t+\tau)\right\rangle \tag{5.264}
\end{equation*}
$$

(radiation spectrum)
in terms of which the intensity spectral density becomes

$$
\begin{equation*}
I_{\mathrm{sc}}\left(\mathbf{r}, \omega_{\mathrm{s}}\right)=\frac{\hbar \omega_{0} \Gamma}{r^{2}} f_{\hat{\varepsilon}}(\theta, \phi) S\left(\omega_{\mathrm{s}}\right) \tag{5.265}
\end{equation*}
$$

(fluorescence spectral density)
Note that the expectation value here is in the standard frame, whereas the optical Bloch equations are in the rotating frame. To use the rotating-frame solutions, we transform as follows:

$$
\begin{equation*}
\langle\psi| \sigma^{\dagger}(t) \sigma(t+\tau)|\psi\rangle=\langle\tilde{\psi}| e^{i \omega t} \sigma^{\dagger}(t) \sigma(t+\tau) e^{-i \omega(t+\tau)}|\tilde{\psi}\rangle=e^{-i \omega \tau}\langle\tilde{\psi}| \sigma^{\dagger}(t) \sigma(t+\tau)|\tilde{\psi}\rangle \tag{5.266}
\end{equation*}
$$

so that we may use the spectral function

$$
\begin{equation*}
S\left(\omega_{\mathrm{s}}\right):=\frac{1}{2 \pi} \int_{-\infty}^{\infty} d \tau e^{i\left(\omega_{\mathrm{s}}-\omega\right) \tau}\left\langle\sigma^{\dagger}(t) \sigma(t+\tau)\right\rangle \tag{5.267}
\end{equation*}
$$

(radiation spectrum, rotating frame) if we take the expectation value with respect to rotating-frame solutions. We will do this henceforth. Thus, to find the spectrum of the scattered light, we need to compute the two-time atomic correlation function [which is of course proportional to $g^{(1)}(\tau)$ ] and then compute its Fourier transform. We will do so shortly, but first we will make a few comments about the total scattered radiation.

### 5.7.1 Scattering Cross Section, Line Shape, and Power Broadening

To compute the total scattered intensity, we can integrate the spectrum over all frequencies, keeping in mind that this is a one-sided spectrum:

$$
\begin{equation*}
\int_{0}^{\infty} S\left(\omega_{\mathrm{s}}\right) d \omega_{\mathrm{s}}=\left\langle\sigma^{\dagger} \sigma\right\rangle=\rho_{\mathrm{ee}}(t \longrightarrow \infty) \tag{5.268}
\end{equation*}
$$

Here, the steady-state population is appropriate in view of the time average. Thus, the scattered intensity is proportional to the excited-state population, as we would expect from the rate-equation model. We can, of course, define a normalized spectrum by

$$
\begin{equation*}
s\left(\omega_{\mathrm{s}}\right):=\frac{S\left(\omega_{\mathrm{s}}\right)}{\rho_{\mathrm{ee}}(t \longrightarrow \infty)} \tag{5.269}
\end{equation*}
$$

(normalized spectrum)
The total scattered intensity is thus

$$
\begin{equation*}
I_{\mathrm{sc}}=\frac{\hbar \omega_{0} \Gamma}{r^{2}} f_{\hat{\varepsilon}}(\theta, \phi) \rho_{\mathrm{ee}}(t \longrightarrow \infty) \tag{5.270}
\end{equation*}
$$

and we obtain the total scattered power by integrating the intensity over a spherical shell of radius $r$ :

$$
\begin{equation*}
P_{\mathrm{sc}}=\hbar \omega_{0} \Gamma \rho_{\mathrm{ee}}(t \longrightarrow \infty) \tag{5.271}
\end{equation*}
$$

The photon scattering rate is given by dividing by the photon scattering rate $\hbar \omega_{0}$ (again, assuming that scattering occurs near resonance),

$$
\begin{equation*}
R_{\mathrm{sc}}=\Gamma \rho_{\mathrm{ee}}(t \longrightarrow \infty) \tag{5.272}
\end{equation*}
$$

(photon scattering rate)
and we see that this is simply the excited-state decay rate multiplied by the excited-state population.
A common way to describe the total scattered power is the scattering cross section $\sigma_{\text {sc }}$, which we define as the power radiated by the atom divided by the incident energy flux. That is, the scattered power is $\sigma_{\mathrm{sc}} I$, where $I$ is the intensity of the driving field. This is, of course, the same quantity that we defined in Section 1.2.1 in our treatment of the Lorentz atom. Recalling from Eq. (5.250) that we can write the excited-state population in steady state as

$$
\begin{equation*}
\rho_{\mathrm{ee}}(t \longrightarrow \infty)=\left(\frac{1}{2}\right) \frac{I / I_{\mathrm{sat}}}{1+4 \Delta^{2} / \Gamma^{2}+I / I_{\mathrm{sat}}} \tag{5.273}
\end{equation*}
$$

we see that we can write the scattering cross section as

$$
\begin{equation*}
\sigma_{\mathrm{sc}}=\frac{\sigma_{0}}{1+4 \Delta^{2} / \Gamma^{2}+I / I_{\mathrm{sat}}} \tag{5.274}
\end{equation*}
$$

(scattering cross section)
where the on-resonance, small-signal cross section is given by

$$
\begin{equation*}
\sigma_{0}:=\frac{\hbar \omega_{0} \Gamma}{2 I_{\mathrm{sat}}} \tag{5.275}
\end{equation*}
$$

(on-resonance, small-signal cross section)
Obviously, the cross section falls to zero as the driving laser is tuned away from resonance, or due to saturation as the incident intensity becomes large.

We will now examine the absorption line shape, which is just the frequency dependence of the cross section. It is somewhat more convenient to examine the excited-state population, which we saw is proportional to the cross section. We can write the population in the form of Eq. (5.137) as

$$
\begin{equation*}
\rho_{\mathrm{ee}}(t \longrightarrow \infty)=\frac{\Omega^{2} / \Gamma^{2}}{1+\left(\frac{2 \Delta}{\Gamma}\right)^{2}+2 \frac{\Omega^{2}}{\Gamma^{2}}} \tag{5.276}
\end{equation*}
$$

(absorption line shape)

For a weak driving field, this reduces to

$$
\rho_{\mathrm{ee}}(t \longrightarrow \infty)=\frac{\Omega^{2} / 4}{\Delta^{2}+\Gamma^{2} / 4}
$$

(absorption line shape, weak drive)
This line shape is Lorentzian with a width (FWHM) of $\Gamma$, and a maximum value of $(\Omega / \Gamma)^{2} \ll 1$. Hence, $\Gamma$ is also referred to as the transition linewidth (representing the angular frequency width of the transition).

In the strong-field limit, the excited-state population becomes

$$
\begin{equation*}
\rho_{\mathrm{ee}}(t \longrightarrow \infty)=\frac{\Omega^{2} / 4}{\Delta^{2}+\Omega^{2} / 2} \tag{5.278}
\end{equation*}
$$

(absorption line shape, strong drive)

This line shape is also Lorentzian, but now with a much larger width (FWHM) of $\sqrt{2} \Omega$, and a maximum value of $1 / 2$ as we expect for a saturated transition.


Thus, the line shape of the transition is effectively larger due to the strong coupling to the field. This phenomenon is called power broadening of the transition.

### 5.7.2 Coherent and Incoherent Scattering

Before grinding through the full solution of the $g^{(1)}(\tau)$ coherence function, we can gain some insight by first considering the asymptotic limit. Given that $\sigma(t)$ is a stochastically fluctuating operator, due to the random nature of spontaneous emission, it should become uncorrelated with itself at very different times. Thus,

$$
\begin{equation*}
\lim _{\tau \longrightarrow \infty}\left\langle\sigma^{\dagger}(t) \sigma(t+\tau)\right\rangle=\left\langle\sigma^{\dagger}(t)\right\rangle\langle\sigma(t+\tau)\rangle=\left|\tilde{\rho}_{\mathrm{eg}}(t \longrightarrow \infty)\right|^{2} \tag{5.279}
\end{equation*}
$$

Thus, the coherence function decays to a possibly nonzero constant. The Fourier transform of this dc component leads to a delta function in the radiated spectrum, which we can refer to as the "coherent" component of the spectrum (even though it turns out not to be coherent to all orders). The decaying part of the correlation function leads to a broadened or "incoherent" component of the spectrum, which we will evaluate below. Formally, we decompose the scattering rate as

$$
\begin{align*}
R_{\mathrm{sc}} & =R_{\mathrm{sc}}^{(\mathrm{coh})}+R_{\mathrm{sc}}^{(\mathrm{inc})} \\
& =\Gamma|\langle\sigma\rangle|^{2}+\Gamma\left[\left\langle\sigma^{\dagger} \sigma\right\rangle-|\langle\sigma\rangle|^{2}\right] \\
& =\Gamma\left|\tilde{\rho}_{\mathrm{eg}}(t \longrightarrow \infty)\right|^{2}+\Gamma\left[\rho_{\mathrm{ee}}(t \longrightarrow \infty)-\left|\tilde{\rho}_{\mathrm{eg}}(t \longrightarrow \infty)\right|^{2}\right] \tag{5.280}
\end{align*}
$$

(coherent and incoherent scattering rates)
That is, the coherent part is due to the square of the mean of the dipole moment, which corresponds to what we found in the classical analysis (recall that the classical electron "position" was in fact the mean electron position). The incoherent part includes the mean square dipole moment, and thus accounts for the fluctuations of the dipole moment within the (possibly fictitious) ensemble.

As for the actual spectral content of the coherent part, a constant value for the coherence function in Eq. (5.267) gives a perfectly defined spectral peak

$$
\begin{align*}
S^{(\mathrm{coh})}\left(\omega_{\mathrm{s}}\right) & =\frac{1}{\pi} \int_{-\infty}^{\infty} d \tau e^{i\left(\omega_{\mathrm{s}}-\omega\right) \tau}\left|\tilde{\rho}_{\mathrm{eg}}(t \longrightarrow \infty)\right|^{2}  \tag{5.281}\\
& =2\left|\tilde{\rho}_{\mathrm{eg}}(t \longrightarrow \infty)\right|^{2} \delta\left(\omega_{\mathrm{s}}-\omega\right)
\end{align*}
$$

(elastic spectral peak)

That is, the coherent part of the spectrum is exactly at the driving laser frequency, and thus represents elastically scattered light. (In the regime of far red detuning, the elastic scattering is often referred to as

Rayleigh scattering.) We recall that this was also the classical prediction for the scattered light in steady state, since the steady state of the Lorentz atom is sinusoidal oscillation at the driving frequency. The incoherent part will be spread over a range of frequencies and thus will represent inelastic scattering.

What fraction of the scattered light is coherent? We can calculate this simply using the steady-state solutions of the optical Bloch equations in the forms (5.135):

$$
\begin{equation*}
\frac{R_{\mathrm{sc}}^{(\mathrm{coh})}}{R_{\mathrm{sc}}}=\frac{\left|\tilde{\rho}_{\mathrm{eg}}(t \longrightarrow \infty)\right|^{2}}{\rho_{\mathrm{ee}}(t \longrightarrow \infty)}=\frac{\frac{\Gamma}{4 \gamma_{\perp}} \frac{s}{(1+s)^{2}}}{\frac{s / 2}{1+s}}=\frac{\Gamma}{2 \gamma_{\perp}} \frac{1}{(1+s)} \tag{5.282}
\end{equation*}
$$

Here, $s$ is again the saturation parameter, given by

$$
\begin{equation*}
s=\frac{\Omega^{2} / \gamma_{\perp} \Gamma}{1+\Delta^{2} / \gamma_{\perp}^{2}} \tag{5.283}
\end{equation*}
$$

For homogenous broadening (no collisions), $\gamma_{\perp}=\Gamma / 2$, and thus

$$
\begin{equation*}
\frac{R_{\mathrm{sc}}^{(\mathrm{coh})}}{R_{\mathrm{sc}}}=\frac{1}{1+s} \tag{5.284}
\end{equation*}
$$

(fraction of elastic scattering)
where the saturation parameter becomes

$$
\begin{equation*}
s=\frac{2 \Omega^{2} / \Gamma^{2}}{1+(2 \Delta / \Gamma)^{2}} \tag{5.285}
\end{equation*}
$$

In this case, for small saturation parameter (small driving intensity), the scattered light is completely elastic. As the driving laser intensity increases, the elastic component vanishes, and the light is all inelastically scattered. In the presence of collisional damping $\left(\gamma_{\perp}>\Gamma / 2\right)$, there is some inelastic scattering even for a vanishingly small driving field.

In the homogenously broadened case, the steady-state solutions again give explicit expressions for the components. The total scattering rate is

$$
\begin{equation*}
R_{\mathrm{sc}}=\Gamma \rho_{\mathrm{ee}}(t \longrightarrow \infty)=\frac{\Gamma}{2} \frac{s}{1+s} \tag{5.286}
\end{equation*}
$$

(total scattering rate)
while the coherent scattering rate is

$$
\begin{equation*}
R_{\mathrm{sc}}^{(\mathrm{coh})}=\Gamma\left|\tilde{\rho}_{\mathrm{eg}}(t \longrightarrow \infty)\right|^{2}=\frac{\Gamma}{2} \frac{s}{(1+s)^{2}} \tag{5.287}
\end{equation*}
$$

(coherent scattering rate)
The incoherent scattering rate is the difference of these two expressions:

$$
\begin{equation*}
R_{\mathrm{sc}}^{(\mathrm{inc})}=R_{\mathrm{sc}}-R_{\mathrm{sc}}^{(\mathrm{coh})}=\frac{\Gamma}{2} \frac{s^{2}}{(1+s)^{2}} \tag{5.288}
\end{equation*}
$$

(incoherent scattering rate)
Thus, since the saturation parameter is proportional to the driving intensity, for small drive intensities the coherent component "turns on" linearly with the intensity, whereas the incoherent component turns on quadratically with intensity.


We thus see that the coherent component represents the linear response of the atom to the field, and thus the classical component. The incoherent part is the nonlinear part of the response of the two-level atom to the field, and is manifestly quantum.

### 5.7.3 Quantum Regression Theorem

In order to evaluate the frequency dependence of the scattered radiation, we must calculate the correlation functions $\left\langle\sigma^{\dagger}(t) \sigma(t+\tau)\right\rangle$. One method of calculating these correlation functions comes from the quantum regression theorem, ${ }^{20}$ which we now describe. The upshot is that according to the quantum regression theorem, two-time correlation functions obey the same equations of motion as one-time averages, which considerably simplifies their calculation. In the spirit of the Church of the Larger Hilbert Space, we will regard the evolution of the atomic system according to a master equation as unitary evolution of the system coupled to an external "reservoir."

Before we consider the correlation functions, we will briefly review the calculation of single-time averages. Recall that if $A$ is a system operator (i.e., it does not operate on the reservoir coupled to the system), then its time-averaged value is given in the Heisenberg picture by

$$
\begin{equation*}
\langle A(t)\rangle=\operatorname{Tr}\left[A(t) \rho_{\mathrm{SR}}\right], \tag{5.289}
\end{equation*}
$$

where $\operatorname{Tr}$ is a trace over both the system and reservoir variables, $\rho_{\mathrm{SR}}$ is the composite density operator, $\rho=\operatorname{Tr}_{\mathrm{R}}\left[\rho_{\mathrm{SR}}\right]$ is the reduced density operator for the system, and $\rho_{\mathrm{R}}=\operatorname{Tr}_{\mathrm{S}}\left[\rho_{\mathrm{SR}}\right]$ is the reduced density operator for the reservoir. Also, $\operatorname{Tr}_{S}$ and $\operatorname{Tr}_{R}$ are partial traces over the system and reservoir, respectively.

We can now change to the Schrödinger representation using $A(t)=U^{\dagger}(t, 0) A U(t, 0)$, where $U(t, 0)$ is the unitary time-evolution operator from 0 to $t$, with the result

$$
\begin{align*}
\langle A(t)\rangle & =\operatorname{Tr}\left[A U(t, 0) \rho_{\mathrm{SR}} U^{\dagger}(t, 0)\right]  \tag{5.290}\\
& =\operatorname{Tr}_{\mathrm{S}}[A \rho(t)]
\end{align*}
$$

where we have used the invariance of the trace operation under cyclic permutations and we have carried out the trace over the reservoir by setting as before

$$
\begin{equation*}
\rho(t)=\operatorname{Tr}_{\mathrm{R}}\left[U(t, 0) \rho_{\mathrm{SR}} U^{\dagger}(t, 0)\right] . \tag{5.291}
\end{equation*}
$$

[^65]Then, if $\rho(t)$ satisfies the master equation

$$
\begin{equation*}
\partial_{t} \rho(t)=\mathcal{L} \rho(t) \tag{5.292}
\end{equation*}
$$

with Liouvillian operator $\mathcal{L}$, the evolution of $\langle A(t)\rangle$ can be computed by solving Eq. (5.292) for the time evolution of $\rho(t)$.

To calculate the correlation function (or two-time average) $\langle A(t) B(t+\tau)\rangle$, where $A(t)$ and $B(t)$ are arbitrary Heisenberg operators, we proceed in a similar manner. Factoring out the explicit time dependence and using the composition and inversion properties of the evolution operator,

$$
\begin{align*}
U\left(t, t^{\prime}\right) U\left(t^{\prime}, t^{\prime \prime}\right) & =U\left(t, t^{\prime \prime}\right)  \tag{5.293}\\
U^{\dagger}\left(t, t^{\prime}\right) & =U\left(t^{\prime}, t\right)
\end{align*}
$$

we find

$$
\begin{align*}
\langle A(t) B(t+\tau)\rangle & =\operatorname{Tr}\left[A(t) B(t+\tau) \rho_{\mathrm{SR}}\right] \\
& =\operatorname{Tr}\left[A U^{\dagger}(t+\tau, t) B U(t+\tau, t)\left\{U(t, 0) \rho_{\mathrm{SR}} U^{\dagger}(t, 0)\right\}\right]  \tag{5.294}\\
& =\operatorname{Tr}\left[B U(t+\tau, t) \rho_{\mathrm{SR}}(t) A U^{\dagger}(t+\tau, t)\right]
\end{align*}
$$

Then if we define the two-time operator

$$
\begin{equation*}
\Lambda(t+\tau, t):=\operatorname{Tr}_{\mathrm{R}}\left[U(t+\tau, t) \rho_{\mathrm{SR}}(t) A U^{\dagger}(t+\tau, t)\right] \tag{5.295}
\end{equation*}
$$

the two-time correlation function becomes

$$
\begin{equation*}
\langle A(t) B(t+\tau)\rangle=\operatorname{Tr}_{\mathrm{S}}[B \Lambda(t+\tau, t)] \tag{5.296}
\end{equation*}
$$

This last expression looks much like an evolving expectation value, as in Eq. (5.290), with $\Lambda(t+\tau, t)$ replacing the reduced density operator $\rho(t)$. Similarly, comparing to Eq. (5.291), the definition (5.295) of $\Lambda$ looks much like a density operator, which $\rho_{\mathrm{SR}}$ replaced by $\rho_{\mathrm{SR}}(t) A$. Thus, we see that $\Lambda(t+\tau, t)$ obeys the same equation of motion as $\rho(t)$, but as a function of $\tau$,

$$
\begin{equation*}
\partial_{\tau} \Lambda(t+\tau, t)=\mathcal{L} \Lambda(t+\tau, t) \tag{5.297}
\end{equation*}
$$

because the time evolution is governed by the same evolution operators in each case. This evolution is subject to the boundary condition

$$
\begin{equation*}
\Lambda(t, t)=\rho(t) A \tag{5.298}
\end{equation*}
$$

Hence, in the long-time limit, we may summarize the quantum regression theorem as

$$
\begin{equation*}
\lim _{t \rightarrow \infty}\langle A(t) B(t+\tau)\rangle=\operatorname{Tr}_{\mathrm{S}}[B \Lambda(\tau)] \tag{5.299}
\end{equation*}
$$

(quantum regression theorem)
where

$$
\begin{equation*}
\partial_{\tau} \Lambda(\tau)=\mathcal{L} \Lambda(\tau) \tag{5.300}
\end{equation*}
$$

(quantum regression theorem: evolution)
and

$$
\begin{equation*}
\Lambda(0)=\rho(t \rightarrow \infty) A \tag{5.301}
\end{equation*}
$$

(quantum regression theorem: initial condition)
is the initial condition for the evolution.
If we apply the quantum regression theorem to the emission correlation operator $\left\langle\sigma^{\dagger}(t) \sigma(t+\tau)\right\rangle$, we find that the operator $\Lambda(\tau)$, which satisfies the master equation, has the specific initial condition $\Lambda(0)=$ $\tilde{\rho}(t \rightarrow \infty) \sigma^{\dagger}$. Writing out the matrix elements of the initial condition explicitly, these conditions become

$$
\begin{equation*}
\Lambda_{\alpha \beta}(0)=\delta_{\beta \mathrm{g}} \tilde{\rho}_{\alpha \mathrm{e}}(t \rightarrow \infty) \tag{5.302}
\end{equation*}
$$

Even more explicitly, $\Lambda_{\mathrm{ee}}(0)=\Lambda_{\mathrm{ge}}(0)=0$, while $\Lambda_{\mathrm{eg}}(0)=\rho_{\mathrm{ee}}(t \rightarrow \infty)$ and $\Lambda_{\mathrm{gg}}(0)=\tilde{\rho}_{\mathrm{ge}}(t \rightarrow \infty)$. Then, in terms of the solution $\Lambda(\tau)$ of the optical Bloch equations with these initial conditions, the correlation function that we need is given by

$$
\begin{equation*}
\left\langle\sigma^{\dagger} \sigma(\tau)\right\rangle=\operatorname{Tr}_{\mathrm{S}}[\sigma \Lambda(\tau)]=\Lambda_{\mathrm{eg}}(\tau) \tag{5.303}
\end{equation*}
$$

Using these two relations, we can now use the solutions of the optical Bloch equations that we already obtained to evaluate the two-time correlation function for the resonance fluorescence spectrum.

### 5.7.3.1 Alternate Form

The quantum regression theorem can be written in a useful alternate form as follows. Suppose that the one-time average of an operator $A$ can be written in the form

$$
\begin{equation*}
\langle B(t)\rangle=\sum_{j} g_{j}(t)\left\langle B_{j}(0)\right\rangle, \tag{5.304}
\end{equation*}
$$

where $g_{j}(t)$ are functions representing the solution in terms of initial conditions $\left\langle A_{j}(0)\right\rangle$ of some set of operators, then the two-time average may be written

$$
\begin{equation*}
\langle A(t) B(t+\tau)\rangle_{t \rightarrow \infty} \equiv\langle A(0) B(\tau)\rangle=\sum_{j} g_{j}(\tau)\left\langle A B_{j}\right\rangle_{t \rightarrow \infty} \tag{5.305}
\end{equation*}
$$

(quantum regression theorem)
To show this, we can see that

$$
\begin{align*}
\langle A(0) B(\tau)\rangle & =\operatorname{Tr}_{\mathrm{S}}[B \Lambda(\tau)] \\
& =\sum_{j} g_{j}(\tau) \operatorname{Tr}_{\mathrm{S}}\left[B_{j} \Lambda(0)\right] \\
& =\sum_{j} g_{j}(\tau) \operatorname{Tr}_{\mathrm{S}}\left[B_{j} \rho(t \longrightarrow \infty) A\right]  \tag{5.306}\\
& =\sum_{j} g_{j}(\tau)\left\langle A B_{j}\right\rangle_{t \rightarrow \infty}
\end{align*}
$$

where we used Eq. (5.304) in the second step, recalling that $\Lambda(\tau)$ is formally equivalent to a density operator, and we used the initial condition $\Lambda(0)=\rho(t \longrightarrow \infty) A$ in the third step.

This form of the quantum regression theorem can also be generalized a bit to read

$$
\begin{equation*}
\langle A(t) B(t+\tau) C(t)\rangle_{t \rightarrow \infty} \equiv\langle A(0) B(\tau) C(0)\rangle=\sum_{j} g_{j}(\tau)\left\langle A B_{j} C\right\rangle_{t \rightarrow \infty} \tag{5.307}
\end{equation*}
$$

(quantum regression theorem)
This form is useful in computing the second-order coherence $g^{(2)}(\tau)$ with normally-ordered operators. We leave the proof of this form as an exercise (Problem 5.22).

### 5.7.4 Mollow Triplet

The above recipe for computing the spectrum is good for a numerical computation. However, we can make our lives a bit easier by modifying the equations for the analytical calculation. The resulting spectrum was first computed by Mollow, ${ }^{21}$ and is now called the Mollow spectrum or Mollow triplet.

[^66]Given that the initial conditions for $\Lambda(\tau)$ are zero for the (ge) component but not for the (eg) component, it is not so convenient to use Torrey's solutions from Section 5.5.2.2, since they are best when real values are expected for $\left\langle\sigma_{x}\right\rangle$ and $\left\langle\sigma_{y}\right\rangle$. Instead, let us cast the optical Bloch equations in the form

$$
\begin{align*}
\partial_{t} \tilde{\rho}_{\mathrm{eg}} & =-\left(\gamma_{\perp}-i \Delta\right) \tilde{\rho}_{\mathrm{eg}}+i \frac{\Omega}{2}\left\langle\sigma_{z}\right\rangle \\
\partial_{t} \tilde{\rho}_{\mathrm{ge}} & =-\left(\gamma_{\perp}+i \Delta\right) \tilde{\rho}_{\mathrm{ge}}-i \frac{\Omega}{2}\left\langle\sigma_{z}\right\rangle  \tag{5.308}\\
\partial_{t}\left\langle\sigma_{z}\right\rangle & =i \Omega\left(\tilde{\rho}_{\mathrm{eg}}-\tilde{\rho}_{\mathrm{ge}}\right)-\Gamma\left(\left\langle\sigma_{z}\right\rangle+1\right)
\end{align*}
$$

which is similar to the Bloch-vector form of Eqs. (5.127), but keeps the complex coherences instead of the transverse Bloch-vector components. Since we need only compute the incoherent part of the spectrum, we need only treat the fluctutation parts of the atomic operators. Thus, we wish to compute

$$
\begin{equation*}
\left\langle\delta \sigma^{\dagger}(t) \delta \sigma(t+\tau)\right\rangle_{t \rightarrow \infty} \tag{5.309}
\end{equation*}
$$

where

$$
\begin{equation*}
\delta \sigma=\sigma-\langle\sigma\rangle_{t \rightarrow \infty} \tag{5.310}
\end{equation*}
$$

When we subtract off the steady-state components of the Bloch equations (5.308), we obtain the matrix form

$$
\partial_{t}\left[\begin{array}{c}
\delta \tilde{\rho}_{\mathrm{eg}}  \tag{5.311}\\
\delta \tilde{\rho}_{\mathrm{ge}} \\
\left\langle\delta \sigma_{z}\right\rangle
\end{array}\right]=\left[\begin{array}{ccc}
-\frac{\Gamma}{2}+i \Delta & 0 & i \frac{\Omega}{2} \\
0 & -\frac{\Gamma}{2}-i \Delta & -i \frac{\Omega}{2} \\
i \Omega & -i \Omega & -\Gamma
\end{array}\right]\left[\begin{array}{c}
\delta \tilde{\rho}_{\mathrm{eg}} \\
\delta \tilde{\rho}_{\mathrm{ge}} \\
\left\langle\delta \sigma_{z}\right\rangle
\end{array}\right]=: \mathbf{P}\left[\begin{array}{c}
\delta \tilde{\rho}_{\mathrm{eg}} \\
\delta \tilde{\rho}_{\mathrm{ge}} \\
\left\langle\delta \sigma_{z}\right\rangle
\end{array}\right]
$$

where we are considering only the case of homogenous broadening ( $\gamma_{\perp}=\Gamma / 2$ ). Note that this is simpler than the form (5.127) that we used for Torrey's solutions, since there is no extra constant component. We thus have a purely linear system to solve.

We then need to work out a modified form of the quantum regression theorem, since we want to compute the fluctuation part of the correlation function. From Eq. (5.302), the initial conditions are given by subtracting the steady-state values from the previous initial condition:

$$
\begin{equation*}
\delta \Lambda(0)=\tilde{\rho}(t \longrightarrow \infty) \delta \sigma^{\dagger} \tag{5.312}
\end{equation*}
$$

In component form, this reads

$$
\begin{equation*}
\delta \Lambda_{\alpha \beta}(0)=\delta_{\beta \mathrm{g}} \tilde{\rho}_{\alpha \mathrm{e}}(t \longrightarrow \infty)-\tilde{\rho}_{\alpha \beta}(t \longrightarrow \infty) \tilde{\rho}_{\mathrm{ge}}(t \longrightarrow \infty), \tag{5.313}
\end{equation*}
$$

which we can write out even more explicitly as

$$
\delta \Lambda(0)=\left[\begin{array}{c}
\rho_{\mathrm{ee}}-\tilde{\rho}_{\mathrm{eg}} \tilde{\rho}_{\mathrm{ge}}  \tag{5.314}\\
-\tilde{\rho}_{\mathrm{g}} \tilde{\rho}_{\mathrm{ge}} \\
-\rho_{\mathrm{ee}} \tilde{\rho}_{\mathrm{ge}}-\tilde{\rho}_{\mathrm{ge}}+\rho_{\mathrm{gg}} \tilde{\rho}_{\mathrm{ge}}
\end{array}\right]_{t \rightarrow \infty}=\left[\begin{array}{c}
\rho_{\mathrm{ee}}-\left|\tilde{\rho}_{\mathrm{eg}}\right|^{2} \\
-\tilde{\rho}_{\mathrm{ge}}^{2} \\
-\tilde{\rho}_{\mathrm{ge}}\left(1+\left\langle\sigma_{z}\right\rangle\right)
\end{array}\right]_{t \rightarrow \infty}
$$

[^67]where all the atomic expectation values here refer to the steady-state values.
If we now restrict our attention to the resonant $(\Delta=0)$ case, we have the steady-state values
\[

$$
\begin{align*}
\rho_{\mathrm{ee}}(t \longrightarrow \infty) & =\frac{1}{2} \frac{s}{1+s} \\
\left\langle\sigma_{z}(t \longrightarrow \infty)\right\rangle & =2 \rho_{\mathrm{ee}}(t \longrightarrow \infty)-1=-\frac{1}{1+s} \\
\tilde{\rho}_{\mathrm{ge}}(t \longrightarrow \infty) & =i \sqrt{\frac{s}{2}} \frac{1}{1+s}  \tag{5.315}\\
{\left[\tilde{\rho}_{\mathrm{eg}}(t \longrightarrow \infty)\right]^{2} } & =-\frac{1}{2} \frac{s}{(1+s)^{2}} \\
\left|\tilde{\rho}_{\mathrm{eg}}(t \longrightarrow \infty)\right|^{2} & =\frac{1}{2} \frac{s}{(1+s)^{2}},
\end{align*}
$$
\]

where

$$
\begin{equation*}
s=2 \frac{\Omega^{2}}{\Gamma^{2}} \tag{5.316}
\end{equation*}
$$

Thus, we can write the initial conditions as

$$
\delta \Lambda(0)=\frac{1}{2} \frac{s}{(1+s)^{2}}\left[\begin{array}{c}
s  \tag{5.317}\\
1 \\
-i \sqrt{2 s}
\end{array}\right]
$$

We also note that the on-resonance evolution matrix

$$
\mathbf{P}=\left[\begin{array}{ccc}
-\frac{\Gamma}{2} & 0 & i \frac{\Omega}{2}  \tag{5.318}\\
0 & -\frac{\Gamma}{2} & -i \frac{\Omega}{2} \\
i \Omega & -i \Omega & -\Gamma
\end{array}\right]
$$

has eigenvalues

$$
\begin{equation*}
-\frac{\Gamma}{2}, \quad-\frac{3 \Gamma}{4} \pm i \Omega_{\Gamma} \tag{5.319}
\end{equation*}
$$

where as before

$$
\begin{equation*}
\Omega_{\Gamma}^{2}:=\Omega^{2}-\left(\frac{\Gamma}{4}\right)^{2} \tag{5.320}
\end{equation*}
$$

The corresponding eigenvectors are

$$
\left[\begin{array}{l}
1  \tag{5.321}\\
1 \\
0
\end{array}\right], \quad\left[\begin{array}{c}
-\frac{1}{2 \Omega}\left(i \frac{\Gamma}{4} \mp \Omega_{\Gamma}\right) \\
\frac{1}{2 \Omega}\left(i \frac{\Gamma}{4} \mp \Omega_{\Gamma}\right) \\
1
\end{array}\right]
$$

If we write these as the columns of the matrix

$$
\mathbf{S}=\left[\begin{array}{ccc}
1 & -\frac{1}{2 \Omega}\left(i \frac{\Gamma}{4}-\Omega_{\Gamma}\right) & -\frac{1}{2 \Omega}\left(i \frac{\Gamma}{4}+\Omega_{\Gamma}\right)  \tag{5.322}\\
1 & \frac{1}{2 \Omega}\left(i \frac{\Gamma}{4}-\Omega_{\Gamma}\right) & \frac{1}{2 \Omega}\left(i \frac{\Gamma}{4}+\Omega_{\Gamma}\right) \\
0 & 1 & 1
\end{array}\right]
$$

then this matrix diagonalizes the evolution matrix:

$$
\mathbf{S}^{-1} \mathbf{P S}=\mathbf{D}=\left[\begin{array}{ccc}
-\frac{\Gamma}{2} & 0 & 0  \tag{5.323}\\
0 & -\frac{3 \Gamma}{4}+i \Omega_{\Gamma} & 0 \\
0 & 0 & -\frac{3 \Gamma}{4}-i \Omega_{\Gamma}
\end{array}\right]
$$

Now that we have an evolution equation of the form

$$
\begin{equation*}
\partial_{\tau} \delta \Lambda(\tau)=\mathbf{P} \delta \Lambda(\tau) \tag{5.324}
\end{equation*}
$$

we can use $\mathbf{P}=\mathbf{S D S}^{-1}$ to obtain the solution

$$
\begin{equation*}
\delta \Lambda(\tau)=\exp (\mathbf{P} \tau) \delta \Lambda(0)=\mathbf{S} \exp (\mathbf{D} \tau) \mathbf{S}^{-1} \delta \Lambda(0) \tag{5.325}
\end{equation*}
$$

The element of the operator $\Lambda$ that we need is

$$
\begin{equation*}
\delta \Lambda_{\mathrm{eg}}(\tau)=\left\langle\delta \sigma^{\dagger}(t) \delta \sigma(t+\tau)\right\rangle_{t \rightarrow \infty} \tag{5.326}
\end{equation*}
$$

which is equivalent to the desired correlation function according to the quantum regression theorem. In the vector form of the solution (5.325), this is simply the first (topmost) component in the ordering we have used here. After multiplying everything out (a symbolic algebra package helps a great deal here), we obtain the result

$$
\begin{align*}
\delta \Lambda_{\mathrm{eg}}(\tau)=\left\langle\delta \sigma^{\dagger}(0) \delta \sigma(\tau)\right\rangle= & \frac{s}{4(1+s)} e^{-(\Gamma / 2) \tau} \\
& +\frac{s}{8(1+s)^{2}}\left[s-1-i \frac{\Gamma}{4 \Omega_{\Gamma}}(5 s-1)\right] e^{-(3 \Gamma / 4) \tau} e^{i \Omega_{\Gamma} \tau} \\
& +\frac{s}{8(1+s)^{2}}\left[s-1+i \frac{\Gamma}{4 \Omega_{\Gamma}}(5 s-1)\right] e^{-(3 \Gamma / 4) \tau} e^{-i \Omega_{\Gamma} \tau} . \tag{5.327}
\end{align*}
$$

(atomic dipole correlation function)
We can see that there are three components here: the first is a simple damped exponential and thus corresponds to a Lorentzian of width $\Gamma$ (FWHM) centered on the resonant frequency; the other two are Lorentzian peaks shifted by $\pm \Omega_{\Gamma}$ from the resonance frequency (if $\Omega$ is large enough that $\Omega_{\Gamma}$ is real), each of width $3 \Gamma / 2$ (FWHM). In the weak-field limit, all component are centered at the resonance frequency, since $\Omega_{\Gamma}$ is imaginary. In the strong-field limit $(\Omega \gg \Gamma$ or $s \gg 1)$, this correlation function reduces to

$$
\begin{equation*}
\left\langle\delta \sigma^{\dagger}(0) \delta \sigma(\tau)\right\rangle=\frac{1}{4} e^{-(\Gamma / 2) \tau}+\frac{1}{8} e^{-(3 \Gamma / 4) \tau} e^{i \Omega_{\Gamma} \tau}+\frac{1}{8} e^{-(3 \Gamma / 4) \tau} e^{-i \Omega_{\Gamma} \tau} \tag{5.328}
\end{equation*}
$$

(dipole correlation, strong-field limit)
Noting that the coherent part of the spectrum is negligible in this regime, we see that the spectrum consists of three well-separated Lorentzian peaks. Accounting for the extra factor of 2 that we pick up when calculating the one-sided spectrum, we note that the total integrated spectrum is given by the correlation function evaluated at $\tau=0$, so we conclude that $1 / 2$ of the total power is in the central lobe, and $1 / 4$ of the total power is in each of the side lobes.

Computing the Fourier transform in Eq. (5.264) to find the explicit spectrum, we find [including the
elastic component from Eq. (5.281)]

$$
\begin{align*}
S\left(\omega_{\mathrm{s}}\right)= & \frac{s}{(1+s)^{2}} \delta\left(\omega_{\mathrm{s}}-\omega\right)+\frac{s}{8 \pi(1+s)} \frac{\Gamma}{\left[\left(\omega_{\mathrm{s}}-\omega\right)^{2}+(\Gamma / 2)^{2}\right]} \\
& +\frac{s}{16 \pi(1+s)^{2}} \frac{(s-1)(3 \Gamma / 2)+(5 s-1)\left(\Gamma / 2 \Omega_{\Gamma}\right)\left[\omega_{\mathrm{s}}-\left(\omega-\Omega_{\Gamma}\right)\right]}{\left[\left[\omega_{\mathrm{s}}-\left(\omega-\Omega_{\Gamma}\right)\right]^{2}+(3 \Gamma / 4)^{2}\right]} \\
& +\frac{s}{16 \pi(1+s)^{2}} \frac{(s-1)(3 \Gamma / 2)+(5 s-1)\left(\Gamma / 2 \Omega_{\Gamma}\right)\left[\omega_{\mathrm{s}}-\left(\omega+\Omega_{\Gamma}\right)\right]}{\left[\left[\omega_{\mathrm{s}}-\left(\omega+\Omega_{\Gamma}\right)\right]^{2}+(3 \Gamma / 4)^{2}\right]} \tag{5.329}
\end{align*}
$$

(Mollow triplet, strong-field limit)
in the strong-field case where $\Omega_{\Gamma}$ is real $(\Omega>\Gamma / 4)$, and

$$
\begin{align*}
S\left(\omega_{\mathrm{s}}\right)= & \frac{s}{(1+s)^{2}} \delta\left(\omega_{\mathrm{s}}-\omega\right)+\frac{s}{8 \pi(1+s)} \frac{\Gamma}{\left[\left(\omega_{\mathrm{s}}-\omega\right)^{2}+(\Gamma / 2)^{2}\right]} \\
& +\frac{s}{4 \pi(1+s)^{2}} \frac{(s-1)\left(3 \Gamma / 4+\Omega_{\Gamma}\right)}{\left[\left(\omega_{\mathrm{s}}-\omega\right)^{2}+\left(3 \Gamma / 4+\Omega_{\Gamma}\right)^{2}\right]} \tag{5.330}
\end{align*}
$$

(Mollow spectrum, weak-field limit)
in the weak-field case where $\Omega_{\Gamma}$ is imaginary $(\Omega<\Gamma / 4)$. Several resonant spectra are plotted below.


The elastic delta function of varying heights is schematically included. The spectrum is always symmetric about the laser (and hence atomic) frequency.

### 5.7.4.1 Off Resonance

In the off-resonant case, the eigenvalues do not have a simple form, and it is difficult to treat the problem analytically. However, in the case of very large detuning or driving, such that $\Gamma$ is negligible, the eigenvalues of $\mathbf{P}$ are 0 and $\pm i \tilde{\Omega}$, so that the splitting reduces to the generalized Rabi frequency. In the case of large detuning and weak excitation $(\Gamma \ll \Omega \ll|\Delta|)$, the splitting just reduces to $\Delta$, and we expect a central peak at the laser frequency $\omega$, a side peak at the atomic resonance $\omega_{0}$, and the other side peak at $\omega+\Delta=2 \omega-\omega_{0}$.

The line shapes for detuning $\Delta=1$ are quite different for small drive, but similar to the resonant line shapes for large drive, with the outer lobes being slightly larger and farther out.


For larger detunings, the central peak is suppressed compared to the resonant case, especially for small driving intensities. Again, the spectrum is always centered about the laser frequency, not the atomic resonance frequency.


### 5.7.4.2 Interpretations

One nice physical picture of the Mollow triplet is an amplitude-modulated radiator. A source at frequency $\omega$ modulated in amplitude at frequency $\omega_{\mathrm{m}}$ can be modeled as

$$
\begin{equation*}
\cos (\omega t) \cos ^{2}\left(\omega_{\mathrm{m}} t / 2\right)=\frac{1}{2} \cos (\omega t)\left[1+\cos \left(\omega_{\mathrm{m}} t\right)\right]=\frac{1}{2} \cos (\omega t)+\frac{1}{4} \cos \left[\left(\omega+\omega_{\mathrm{m}}\right) t\right]+\frac{1}{4} \cos \left[\left(\omega-\omega_{\mathrm{m}}\right) t\right] \tag{5.331}
\end{equation*}
$$

Amplitude modulation of a wave thus produces two sidebands with the original "carrier," where the sideband splitting is just the modulation frequency. In the atom, the emission probability is proportional to $\rho_{\text {ee }}$, which is modulated by the Rabi oscillations, and thus we expect a similar triplet spectrum based on the modulation of the emission probability. The Mollow spectrum is thus a direct signature of Rabi oscillations. In the resonant case, the Rabi oscillations happen at the damped Rabi frequency $\Omega_{\Gamma}$, and thus we expect the Mollow splitting to occur at this frequency. This argument extends to the far-off-resonant case, where

Rabi oscillations occur at the generalized Rabi frequency $\tilde{\Omega}$. However, this model is too simple to account for the spectral widths or relative heights of the peaks in the off-resonant case.

The other nice intepretation of the Mollow triplet comes from the dressed-atom picture. We worked out the dressed states for the atom interacting with a classical field before in Section 5.3, where we found that the new eigenstates of the combined atom-field system are split by $\tilde{\Omega}$, as opposed to the uncoupled states, which are split by the detuning $\Delta$. Although we have not explicitly quantized the field, we have discussed the idea of photons, and so it is easy to extend the dressed-atom picture to the case of the atom coupled to the quantized field. The only difference from the previous analysis is that the two atomic levels are repeated in energy corresponding to the presence of different numbers of field quanta. The repetition occurs every $\hbar \omega$ in energy.


As we see, for the resonant case, the rotating-frame states $|\mathrm{g}, n+1\rangle$ and $|\mathrm{e}, n\rangle$ are degenerate, but they are coupled to each other by the field. They are thus split into a doublet, with the splitting again given by the Rabi frequency $\Omega$. On the right-hand side of the diagram are shown four possible decay paths. Note that this analysis is only valid for $\Omega \gg \Gamma$ (otherwise the states are not resolved), and thus the decay here corresponds to the incoherent spectrum. The dressed-state splitting in this regime is likewise $\Omega \approx \Omega_{\Gamma}$.

We see that two possible paths give rise to the central peak, centered about the resonant frequency, while the two other decay paths are shifted in energy by $\pm \Omega$ from the resonance. Also, on resonance, each dressed state is an equal superposition of the atomic excited and ground states, and thus we expect each decay path to occur at the same rate. Thus, the central band has twice the integrated area as each of the side bands, as we have already seen in the $\Omega \gg \Gamma$ limit. Of course, in the off-resonant case, the uncoupled states are split by $\Delta$, and the dressed states are split by $\tilde{\Omega}$, so the splittings of the Mollow triplet are just given by the generalized Rabi frequency $\tilde{\Omega}$. In addition to this simple physical picture, it is possible to compute quantitatively the general line widths and weights of the lines in the secular limit (of large driving or detuning). ${ }^{22}$

### 5.7.4.3 Energy Conservation

These scalings have a nice interpretation in terms of scattering processes in perturbation theory. ${ }^{23}$ Consider the case of small saturation $s$ (i.e., we take $s$ to be the expansion parameter). Then the diagrammatic representation of the first-order atom-field interaction is as follows.


[^68]That is, we associate a factor of $s$ with each absorption/emission cycle. Since there is only one emitted photon, and the atom ends in its initial state, the emitted photon must have the same frequency $\omega$ as the incident photon. This scattering process represents the elastic peak, the coherent delta-function spectrum from Section 5.7.2. The second-order diagram, on the other hand, is as follows.


Energy need only be conserved for the entire process here, so energy conservation imposes the requirement

$$
\begin{equation*}
2 \omega=\omega_{1}+\omega_{2} \tag{5.332}
\end{equation*}
$$

on the two emitted photons. This is how photons may be inelastically scattered, say into the Mollow side bands, while maintaining energy conservation: any inelastically scattered photon must be balanced by another one (or possibly more, in higher order) that maintains overall energy balance.

From before, we saw that for small $s$, the amplitude of the elastic peak scales as $s$, while the power of the inelastic component scales as $s^{2}$. This matches our intuition here from perturbation theory. At higher orders, perturbation theory becomes rapidly more complicated, and not so useful to consider, but we can get some powerful intuition in the weak-excitation limit, as the next example shows.

### 5.7.4.4 Nonclassical Correlations

The above analysis implies that for weak excitation, any photon emitted in one Mollow side band will be strongly correlated with another photon emitted in the other side band. This effect was observed in a beautiful experiment ${ }^{24}$ on the fluorescence of a strontium beam. The atoms were excited very far off resonance ( $28 \AA$ off the 460.7 nm resonance, corresponding to $\Delta / 2 \pi=4 \mathrm{THz}$, which was much larger than the Rabi frequency $\Omega / 2 \pi=80 \mathrm{GHz}$ and the decay rate, which is specified in terms of the 4.7 ns lifetime). Again, the outer side bands are located approximately at $\omega_{0}$ and $2 \omega-\omega_{0}$, and photon coincidences in these two bands were monitored as a function of time delay.

The data showed a large correlation over what would be expected for random coincidences, with the peak correlation occuring for a time delay of about one lifetime. Again, this is not explained by the linear Rayleigh process,

but rather by the nonlinear, second-order multiphoton process in the following diagram (shown for the blue detuning of the experiment).


[^69]Note the ordering here, as the photon of frequency $\omega_{0}$ nearly always follows the emission of the photon of frequency $2 \omega-\omega_{0}$. This is because the diagram for emission in the reverse order does not have an intermediate resonance with the excited state, as shown here.


Thus, the reverse process proceeds at a much smaller rate. (By contrast, for a resonantly driven atom, the photons in the two side bands can come in either order.) It is important to realize that this effect is manifestly quantum: it represents a correlation between the photons in two frequency modes, while no such correlation exists between photons in the same mode. The atom thus emits nonclassically correlated pairs of photons into the two frequency bands.

### 5.7.5 Antibunching of Resonance Fluorescence

The elastic part of the spectrum is first-order coherent, because it is monochromatic. It turns out not to be coherent at second order, as we will now show, and in fact it turns out to be antibunched. ${ }^{25}$ To see this antibunching, we will need to examine the second-order coherence function. From our discussion of coherence in Section 2.6, Eq. (2.68), the normalized, second-order coherence function is

$$
\begin{equation*}
g^{(2)}(\tau):=\frac{\left\langle E^{(-)}(t) E^{(-)}(t+\tau) E^{(+)}(t+\tau) E^{(+)}(t)\right\rangle}{\left\langle E^{(-)}(t) E^{(+)}(t)\right\rangle^{2}} \tag{5.333}
\end{equation*}
$$

Again, we can replace the scattered-field operators with the atomic operators, with the result

$$
\begin{equation*}
g^{(2)}(\tau):=\frac{\left\langle\sigma^{\dagger}(t) \sigma^{\dagger}(t+\tau) \sigma(t+\tau) \sigma(t)\right\rangle}{\left\langle\sigma^{\dagger} \sigma\right\rangle^{2}} \tag{5.334}
\end{equation*}
$$

Recall that from our classical calculation, $g^{(2)}(\tau=0) \geq 1$ [Eq. (2.72)]. We will work with the unnormalized form

$$
\begin{equation*}
G^{(2)}(\tau)=\left\langle\sigma^{\dagger}(t) \sigma^{\dagger}(t+\tau) \sigma(t+\tau) \sigma(t)\right\rangle \tag{5.335}
\end{equation*}
$$

where we can see where things will become nonclassical: at $\tau=0$,

$$
\begin{equation*}
G^{(2)}(0)=\left\langle\sigma^{\dagger} \sigma^{\dagger} \sigma \sigma\right\rangle=0 \tag{5.336}
\end{equation*}
$$

since $\sigma^{2} \psi=0$. This is impossible for a classical field, so resonance fluorescence from a two-level atom is manifestly quantum. The correlation function vanishes at $\tau=0$ because just after a photon is detected, the atom is known to be in the ground state, and cannot emit again until a time of order $2 \pi / \Omega$ elapses. In other words, two photons cannot be detected simultaneously in the resonance fluorescence of a single atom.

[^70]To evaluate the correlation function, we will use a variation on the quantum regression theorem. Following along the lines of the above derivation,

$$
\begin{align*}
G^{(2)}(\tau) & =\operatorname{Tr}\left[\sigma^{\dagger}(t) \sigma^{\dagger}(t+\tau) \sigma(t+\tau) \sigma(t) \rho_{\mathrm{SR}}\right] \\
& =\operatorname{Tr}\left[\sigma^{\dagger} U^{\dagger}(t+\tau, t) \sigma^{\dagger} \sigma U(t+\tau, t) \sigma \rho_{\mathrm{SR}}(t)\right]  \tag{5.337}\\
& =\operatorname{Tr}\left[\sigma^{\dagger} \sigma U(t+\tau, t) \sigma \rho_{\mathrm{SR}}(t) \sigma^{\dagger} U^{\dagger}(t+\tau, t)\right] \\
& =\operatorname{Tr}_{\mathrm{S}}\left[\sigma^{\dagger} \sigma \Lambda(t+\tau, t)\right]
\end{align*}
$$

where

$$
\begin{equation*}
\Lambda(t+\tau, t)=\operatorname{Tr}_{\mathrm{R}}\left[U(t+\tau, t) \sigma \rho_{\mathrm{SR}}(t) \sigma^{\dagger} U^{\dagger}(t+\tau, t)\right] . \tag{5.338}
\end{equation*}
$$

Then in the $t \longrightarrow \infty$ limit, $\Lambda(\tau)$ satisfies the optical Bloch equations

$$
\begin{equation*}
\partial_{\tau} \Lambda(\tau)=\mathcal{L} \Lambda(\tau) \tag{5.339}
\end{equation*}
$$

with initial condition

$$
\begin{equation*}
\Lambda(0)=\operatorname{Tr}_{\mathrm{R}}\left[\sigma \rho_{\mathrm{SR}}(t \longrightarrow \infty) \sigma^{\dagger}\right]=\sigma \rho(t \longrightarrow \infty) \sigma^{\dagger} . \tag{5.340}
\end{equation*}
$$

In components, this means that $\Lambda_{\mathrm{eg}}(0)=\Lambda_{\mathrm{ge}}(0)=\Lambda_{\mathrm{ee}}(0)=0$, while $\Lambda_{\mathrm{gg}}(0)=\rho_{\mathrm{ee}}(t \longrightarrow \infty)$. The component of the solution that we want is,

$$
\begin{equation*}
G^{(2)}(\tau)=\Lambda_{\mathrm{ee}}(\tau) \tag{5.341}
\end{equation*}
$$

the excited-state "population."
Since the optical Bloch equations in terms of $\tilde{\rho}_{\alpha \beta}$ form a linear system, any scalar multiple of this solution is also a solution. In particular, rescaling the solution by $\rho_{\mathrm{ee}}(t \longrightarrow \infty)$ matches the initial conditions for the quantum regression theorem, and thus

$$
\begin{equation*}
G^{(2)}(\tau)=\left.\rho_{\mathrm{ee}}(\tau)\right|_{\rho(0)=|\mathrm{g}\rangle\langle\mathrm{g}|} \rho_{\mathrm{ee}}(t \longrightarrow \infty) \tag{5.342}
\end{equation*}
$$

where $\left.\rho_{\mathrm{ee}}(\tau)\right|_{\rho(0)=|\mathrm{g}\rangle\langle\mathrm{g}|}$ is the solution to the optical Bloch equations subject to the condition that the atom is intially in the ground state. Thus, for arbitrary excitation, the correlation function $G^{(2)}(\tau)$ starts off at zero, and for sufficiently large excitation shows damped oscillations towards steady state.

We already know the solution of the on-resonance optical Bloch equations in the case where $\rho_{\mathrm{gg}}(0)=1$ and all other components are initially zero from Eq. (5.176):

$$
\begin{equation*}
\rho_{\mathrm{ee}}(t)=\frac{\left\langle\sigma_{z}(t)\right\rangle+1}{2}=\frac{\Omega^{2} / 2}{\Omega^{2}+\Gamma^{2} / 2}\left[1-e^{-(3 \Gamma / 4) t}\left(\cos \Omega_{\Gamma} t+\frac{3 \Gamma}{4 \Omega_{\Gamma}} \sin \Omega_{\Gamma} t\right)\right] . \tag{5.343}
\end{equation*}
$$

Thus, on resonance, the correlation function is

$$
\begin{equation*}
G^{(2)}(\tau)=\left(\frac{\Omega^{2} / 2}{\Omega^{2}+\Gamma^{2} / 2}\right)^{2}\left[1-e^{-(3 \Gamma / 4) \tau}\left(\cos \Omega_{\Gamma} \tau+\frac{3 \Gamma}{4 \Omega_{\Gamma}} \sin \Omega_{\Gamma} \tau\right)\right] \tag{5.344}
\end{equation*}
$$

We can find the normalized correlation function by dividing by $\rho_{\mathrm{ee}}^{2}(t \longrightarrow \infty)$ (or by requiring that the correlation function settle to unity), with the result

$$
\begin{equation*}
g^{(2)}(\tau)=\left[1-e^{-(3 \Gamma / 4) \tau}\left(\cos \Omega_{\Gamma} \tau+\frac{3 \Gamma}{4 \Omega_{\Gamma}} \sin \Omega_{\Gamma} \tau\right)\right] \tag{5.345}
\end{equation*}
$$

(second-order coherence for resonance fluorescence)
Again, for small excitation, the correlation function decays smoothly to unity. For larger excitations, the behavior is similar, but with Rabi oscillations along the way.


### 5.7.6 Probe Absorption

Some interesting features come up when we consider the effect of a driven, two-level atom on a second, weak probe field. Namely, we will now derive the probe-absorption spectrum for the auxiliary probe field. ${ }^{26}$ Following Mollow's argument, we start by computing the lowest-order perturbation to the atomic density operator due to the coupling to the probe field. Let $H_{\mathrm{p}}(t)$ denote the atom-probe coupling Hamiltonian. Then in time-dependent perturbation theory in the interaction picture, the perturbation to the state is

$$
\begin{equation*}
\delta \rho(t)=-\frac{i}{\hbar} \int_{-\infty}^{t} d t^{\prime}\left[H_{\mathrm{p}}\left(t^{\prime}\right), \rho\right] \tag{5.346}
\end{equation*}
$$

Here, $\rho$ is the Heisenberg-picture density operator with respect to the probe-free evolution, and thus has no time dependence. The effect of the Rabi oscillations must be incorporated into the time-dependence of $H_{\mathrm{p}}(t)$. The rate at which energy is absorbed from the probe is the rate at which the probe field does work on the system, which is given by

$$
\begin{align*}
P_{\mathrm{abs}}(t) & =\left\langle\partial_{t} H_{\mathrm{p}}(t)\right\rangle \\
& =\operatorname{Tr}\left[\partial_{t} H_{\mathrm{p}}(t) \delta \rho(t)\right]  \tag{5.347}\\
& =-\frac{i}{\hbar} \int_{-\infty}^{t} d t^{\prime} \operatorname{Tr}\left\{\left[\partial_{t} H_{\mathrm{p}}(t), H_{\mathrm{p}}\left(t^{\prime}\right)\right] \rho\right\}
\end{align*}
$$

Note that there is no contribution from the unperturbed state $\rho$, since it does not include the effect of the probe. Assuming a monochromatic probe of frequency $\omega_{\mathrm{p}}$, we can write the atom-probe coupling Hamiltonian in the usual form

$$
\begin{equation*}
H_{\mathrm{p}}(t)=\frac{\hbar \Omega_{\mathrm{p}}}{2}\left(\sigma(t) e^{i \omega_{\mathrm{p}} t}+\sigma^{\dagger}(t) e^{-i \omega_{\mathrm{p}} t}\right) \tag{5.348}
\end{equation*}
$$

[^71]where the probe Rabi frequency is given by
\[

$$
\begin{equation*}
\Omega_{\mathrm{p}}:=-\frac{\langle\mathrm{g}| \hat{\varepsilon} \cdot \mathbf{d}|\mathrm{e}\rangle E_{0 \mathrm{p}}}{\hbar} \tag{5.349}
\end{equation*}
$$

\]

where $E_{0 \mathrm{p}}$ is the real amplitude of the probe field. Here, $\sigma(t)$ is the Heisenberg-picture (with respect to the probeless atom) atomic lowering operator, which we assume to be slowly varying on the scale of $\omega_{\mathrm{p}}$ if the pump and probe are nearly resonant. Then we can evaluate the derivative

$$
\begin{equation*}
\partial_{t} H_{\mathrm{p}}(t) \approx \frac{i \hbar \omega_{\mathrm{p}} \Omega_{\mathrm{p}}}{2}\left(\sigma(t) e^{i \omega_{\mathrm{p}} t}-\sigma^{\dagger}(t) e^{-i \omega_{\mathrm{p}} t}\right) \tag{5.350}
\end{equation*}
$$

Putting these Hamiltonian expressions into Eq. (5.347), we find

$$
\begin{equation*}
P_{\mathrm{abs}}\left(t ; \omega_{\mathrm{p}}\right)=\frac{\hbar \omega_{\mathrm{p}} \Omega_{\mathrm{p}}^{2}}{4} \int_{-\infty}^{t} d t^{\prime} \operatorname{Tr}\left\{\left[\sigma(t) \sigma^{\dagger}\left(t^{\prime}\right) e^{-i \omega_{\mathrm{p}}\left(t^{\prime}-t\right)}-\sigma^{\dagger}(t) \sigma\left(t^{\prime}\right) e^{i \omega_{\mathrm{p}}\left(t^{\prime}-t\right)}\right] \rho\right\}+\text { c.c. } \tag{5.351}
\end{equation*}
$$

where we have dropped terms of the form $\sigma(t) \sigma\left(t^{\prime}\right) e^{i \omega_{\mathrm{p}}\left(t+t^{\prime}\right)}$, which will vanish under the subsequent time average. Notice that this spectrum is automatically one-sided since $\omega_{\mathrm{p}}$ is the frequency of the real probe field, which has a time dependence of the form $\cos \left(\omega_{\mathrm{p}} t\right)$. Taking $t^{\prime}=t+\tau$, and assuming a stationary process so that we can drop the explicit $t$ dependence and perform a time average,

$$
\begin{align*}
P_{\mathrm{abs}}\left(\omega_{\mathrm{p}}\right) & =\frac{\hbar \omega_{\mathrm{p}} \Omega_{\mathrm{p}}^{2}}{4} \int_{-\infty}^{0} d \tau\left\langle\sigma(t) \sigma^{\dagger}(t+\tau) e^{-i \omega_{\mathrm{p}} \tau}-\sigma^{\dagger}(t) \sigma(t+\tau) e^{i \omega_{\mathrm{p}} \tau}\right\rangle+\text { c.c. } \\
& =\frac{\hbar \omega_{\mathrm{p}} \Omega_{\mathrm{p}}^{2}}{4} \int_{-\infty}^{0} d \tau\left\langle\sigma(t+\tau) \sigma^{\dagger}(t)-\sigma^{\dagger}(t) \sigma(t+\tau)\right\rangle e^{i \omega_{\mathrm{p}} \tau}+\text { c.c. } \\
& =\frac{\hbar \omega_{\mathrm{p}} \Omega_{\mathrm{p}}^{2}}{4} \int_{-\infty}^{0} d \tau\left\langle\left[\sigma(t+\tau), \sigma^{\dagger}(t)\right]\right\rangle e^{i \omega_{\mathrm{p}} \tau}+\text { c.c. }  \tag{5.352}\\
& =\frac{\hbar \omega_{\mathrm{p}} \Omega_{\mathrm{p}}^{2}}{4} \int_{0}^{\infty} d \tau\left\langle\left[\sigma(t+\tau), \sigma^{\dagger}(t)\right]\right\rangle e^{i \omega_{\mathrm{p}} \tau}+\text { c.c. } \\
& =\frac{\hbar \omega_{\mathrm{p}} \Omega_{\mathrm{p}}^{2}}{4} \int_{-\infty}^{\infty} d \tau\left\langle\left[\sigma(t+\tau), \sigma^{\dagger}(t)\right]\right\rangle e^{i \omega_{\mathrm{p}} \tau}
\end{align*}
$$

We may thus write the absorption spectrum in terms of a new correlation function,

$$
\begin{equation*}
P_{\mathrm{abs}}\left(\omega_{\mathrm{p}}\right)=\frac{\hbar \omega_{\mathrm{p}} \Omega_{\mathrm{p}}^{2}}{4} \int_{-\infty}^{\infty} d \tau g_{\mathrm{a}}(\tau) e^{i \omega_{\mathrm{p}} \tau} \tag{5.353}
\end{equation*}
$$

(probe absorption)
where

$$
g_{\mathrm{a}}(\tau):=\left\langle\left[\sigma(t+\tau), \sigma^{\dagger}(t)\right]\right\rangle
$$

(probe absorption correlation function) (5.354)
The $t \longrightarrow \infty$ limit is implied here. This correlation function allows us to define the (unnormalized) probeabsorption spectrum

$$
\begin{equation*}
S_{\mathrm{a}}\left(\omega_{\mathrm{p}}\right)=\int_{-\infty}^{\infty} g_{\mathrm{a}}(\tau) e^{i \omega_{\mathrm{p}} \tau} d \tau \tag{5.355}
\end{equation*}
$$

[Note that there is an arbitrary but different normalization coefficient here compared to the emission spectrum of Eq. (5.264).] Again, the Heisenberg operator $\sigma(t)$ only has slow time dependence in the rotating frame of the laser field, and if we evaluate the correlation function in this frame, the spectrum becomes

$$
\begin{equation*}
S_{\mathrm{a}}\left(\omega_{\mathrm{p}}\right)=\int_{-\infty}^{\infty} g_{\mathrm{a}}(\tau) e^{i\left(\omega_{\mathrm{p}}-\omega\right) \tau} d \tau \tag{5.356}
\end{equation*}
$$

(probe-absorption spectrum, rotating frame)
and is implicitly centered about the laser frequency.

When we integrate over all frequencies, we find the total absorbed power,

$$
\begin{align*}
P_{\mathrm{abs}} & =\int_{0}^{\infty} d \omega_{\mathrm{p}} P_{\mathrm{abs}}\left(\omega_{\mathrm{p}}\right) \\
& \approx \frac{\hbar \omega_{0} \Omega_{\mathrm{p}}^{2}}{4} \int_{0}^{\infty} d \omega_{\mathrm{p}} S_{\mathrm{a}}\left(\omega_{\mathrm{p}}\right) \\
& =\frac{\hbar \omega_{0} \Omega_{\mathrm{p}}^{2}}{4} \int_{-\infty}^{\infty} d \tau g_{\mathrm{a}}(\tau) \int_{0}^{\infty} d \omega_{\mathrm{p}} e^{i\left(\omega_{\mathrm{p}}-\omega\right) \tau}  \tag{5.357}\\
& \approx \frac{\pi \hbar \omega_{0} \Omega_{\mathrm{p}}^{2}}{2} \int_{-\infty}^{\infty} d \tau g_{\mathrm{a}}(\tau) \delta(\tau) \\
& \approx \frac{\pi \hbar \omega_{0} \Omega_{\mathrm{p}}^{2}}{2} g_{\mathrm{a}}(0)
\end{align*}
$$

where we have assumed that the absorption spectrum is peaked near the atomic resonance. The undelayed correlation function is

$$
\begin{equation*}
g_{\mathrm{a}}(0)=\left\langle\left[\sigma, \sigma^{\dagger}\right]\right\rangle=\rho_{\mathrm{gg}}-\rho_{\mathrm{ee}}, \tag{5.358}
\end{equation*}
$$

and is thus related only to the population inversion. This absorbed power implies an absorption coefficient for a vapor of number density $N$ of

$$
\begin{equation*}
a=\frac{P_{\mathrm{abs}} N}{I}=\frac{\pi \hbar \omega_{0} \Omega_{\mathrm{p}}^{2}}{2 I}\left(\rho_{\mathrm{gg}}-\rho_{\mathrm{ee}}\right) N=\frac{\pi \hbar \omega_{0} \Omega_{\mathrm{p}}^{2}}{2 I}\left(N_{\mathrm{g}}-N_{\mathrm{e}}\right) . \tag{5.359}
\end{equation*}
$$

Noting that the saturation intensity is defined such that $\Omega_{\mathrm{p}}^{2} / I=\Gamma^{2} / 2 I_{\text {sat }}$ [from Eq. (5.248)], where $I_{\text {sat }}=$ $\hbar \omega_{0}^{3} \Gamma / 4 \pi c^{2}$ [from Eq. (5.253)], the integrated absorption coefficient becomes

$$
\begin{equation*}
a=\frac{\pi^{2} c^{2} \Gamma}{\omega_{0}^{2}}\left(N_{\mathrm{g}}-N_{\mathrm{e}}\right) \tag{5.360}
\end{equation*}
$$

This turns out to match the result we get directly from the rate equations: recall that the rate-equation absorption coefficient from Eq. (3.25) is

$$
\begin{equation*}
a(\omega)=\sigma(\omega)\left[N_{\mathrm{g}}-N_{\mathrm{e}}\right] \tag{5.361}
\end{equation*}
$$

where the laser cross section is

$$
\begin{equation*}
\sigma(\omega)=\Gamma \frac{\lambda_{0}^{2}}{4} s(\omega) \tag{5.362}
\end{equation*}
$$

Integration over all frequencies gives

$$
\begin{equation*}
\int_{0}^{\infty} d \omega \sigma(\omega)=\Gamma \frac{\lambda_{0}^{2}}{4}=\frac{\pi^{2} c^{2} \Gamma}{\omega_{0}^{2}} \tag{5.363}
\end{equation*}
$$

which gives precisely the same integrated absorption coefficient. We can thus be confident that we are more or less on the right track.

The absorption correlation function can be written as

$$
\begin{equation*}
g_{\mathrm{a}}(\tau)=\left\langle\sigma(t+\tau) \sigma^{\dagger}(t)\right\rangle-\left\langle\sigma^{\dagger}(t) \sigma(t+\tau)\right\rangle=: g_{\mathrm{d}}(\tau)-g_{\mathrm{e}}(\tau) \tag{5.364}
\end{equation*}
$$

where $g_{\mathrm{e}}(\tau)$ is the correlation function that we already evaluated in deriving the emission spectrum. Hence, it remains to compute the correlation function

$$
\begin{equation*}
g_{\mathrm{d}}(\tau):=\left\langle\sigma(t+\tau) \sigma^{\dagger}(t)\right\rangle \tag{5.365}
\end{equation*}
$$

The usual business of the quantum regression theorem (see Problem 5.21) tells us to solve the optical Bloch equations, with initial condition

$$
\begin{equation*}
\Lambda(0)=\sigma^{\dagger} \rho(t \longrightarrow \infty) \tag{5.366}
\end{equation*}
$$

so that $\Lambda_{\mathrm{eg}}(0)=\rho_{\mathrm{gg}}(t \longrightarrow \infty), \Lambda_{\mathrm{ee}}(0)=\tilde{\rho}_{\mathrm{ge}}(t \longrightarrow \infty)$, and the other components are initially zero. We can then use the component

$$
\begin{equation*}
g_{\mathrm{d}}(\tau)=\Lambda_{\mathrm{eg}}(\tau) \tag{5.367}
\end{equation*}
$$

of the solution, whose Fourier transform then gives the probe absorption spectrum.
This problem can also be solved by explicitly including the coupling to the weak probe field in the optical Bloch equations, essentially by making the substitution

$$
\begin{equation*}
\Omega \sigma e^{i \omega t} \longrightarrow \Omega \sigma e^{i \omega t}+\Omega_{\mathrm{p}} \sigma e^{i \omega_{\mathrm{p}} t} \tag{5.368}
\end{equation*}
$$

in the laboratory (nonrotating) frame, and then finding the (oscillating) equilibrium solution. Using this procedure, Mollow ${ }^{27}$ gave an analytic form for the absorption spectrum (Problem 5.20):

$$
\begin{equation*}
S_{\mathrm{a}}\left(\omega_{\mathrm{p}}\right)=\frac{\left[\rho_{\mathrm{gg}}(t \longrightarrow \infty)-\rho_{\mathrm{ee}}(t \longrightarrow \infty)\right]\left[\left(\Gamma-i \Delta_{\mathrm{p}}\right)\left[\gamma_{\perp}+i\left(\Delta-\Delta_{\mathrm{p}}\right)\right]+\frac{i \Omega^{2} \Delta_{\mathrm{p}}}{2\left(\gamma_{\perp}+i \Delta\right)}\right]}{\left(\Gamma-i \Delta_{\mathrm{p}}\right)\left[\gamma_{\perp}+i\left(\Delta-\Delta_{\mathrm{p}}\right)\right]\left[\gamma_{\perp}-i\left(\Delta+\Delta_{\mathrm{p}}\right)\right]+\Omega^{2}\left(\gamma_{\perp}-i \Delta_{\mathrm{p}}\right)}+\text { c.c. } \tag{5.369}
\end{equation*}
$$

(Mollow probe-absorption spectrum)
Here,

$$
\begin{equation*}
\Delta_{\mathrm{p}}:=\omega_{\mathrm{p}}-\omega \tag{5.370}
\end{equation*}
$$

is the probe detuning from the pump frequency (so that $\Delta+\Delta_{p}=\omega_{p}-\omega_{0}$ is the probe detuning from resonance, and $\Delta-\Delta_{\mathrm{p}}=2 \omega-\omega_{0}-\omega_{\mathrm{p}}$. This spectrum is valid off resonance and for general damping (with or without collisions).

Some on-resonance absorption line shapes are plotted below in the absence of collisions.


The absorption line is strongest and Lorentzian for small pump intensities. As the pump intensity gets larger, the absorption line shape becomes more complicated, showing multiple peaks. A vertically zoomed version of the same plot is shown below.

[^72]

For saturating pump intensities, the absorption line shape crosses through zero and is negative for certain frequency ranges. These regions of negative absorption correspond, of course, to stimulated emission of the probe. For large pump intensities, the outer zero crossings occur at $\pm \Omega$ from the pump laser frequency. Right on resonance, the probe is absorbed, but just off of resonance stimulated emission dominates.

For larger detunings (and still with no collisions), the line shape is pretty much the same for small pump intensities: a single Lorentzian peak at the atomic resonance. But as the pump intensity gets larger, the line shape becomes dramatically different from the on-resonance case.


Side peaks develop near $\pm \tilde{\Omega}$ from the pump laser frequency, one positive and one negative. Also, as we can see from the zoomed version of the same plot, there is also a central dispersive structure in the line shape.


While the center structure can be understood qualitatively, ${ }^{28}$ its interpretation is relatively subtle. The side peaks, however, are reasonably easy to understand in the dressed-state picture (which again applies if $\tilde{\Omega} \gg \Gamma$.


The absorption spectrum is essentially a probe of the dressed levels, which off resonance are split approximately by the generalized Rabi frequency $\tilde{\Omega}$, and hence the location of the side peaks. Recall also that for large negative detuning, the $|-\rangle$ dressed state is essentially the same as $|\mathrm{g}\rangle$, and hence should be more populated in steady state. Then the more energetic (blue) side peak probes a transition where the ground state is more populated than the excited state, hence giving rise to an absorptive peak. The less energetic (red) side peak probes a transition with a population inversion, and thus gives rise to a negative-absorption peak. The central structure is due to two transitions that probe levels with no population difference, and again has a more subtle interpretation.

The absorption line shapes in the regime of strong collisional damping are also qualitatively quite different. We will show the case where $\gamma_{\perp}=10 \Gamma$ and the pump is on resonance $(\Delta=0)$. For small pump intensities, the line shape is a broadened Lorentzian, corresponding to the collisional line width. Interestingly, as the pump intensity is increased, a narrow dip appears in the line shape.

[^73]

As the pump intensity is increased to large values, the dip becomes a large "hole" in the line shape, and the line shape eventually takes on a form much like the homogenously broadened case, with regions of stimulated emission.


Notice that the collisional damping overall suppresses the absorption, as the absorption lines are much weaker than in the homogenously broadened cases.

### 5.7.6.1 Autler-Townes Doublet

We saw above how the peaks in the emission and probe absorption spectra of the driven two-level atom can be explained in the strongly driven limit in terms of the splitting of the dressed states of the atom. The Autler-Townes doublet ${ }^{29}$ is an even more direct manifestation of the dressed-state splittings.

Consider the usual two-level atom, driven by a resonant field of Rabi frequency $\Omega$. Now consider a third, auxiliary level $\left|\mathrm{e}^{\prime}\right\rangle$, an energy $\hbar \omega_{0}^{\prime}$ above the usual excited state $|\mathrm{e}\rangle$. We will assume this state decays to $|e\rangle$ at a rate $\Gamma^{\prime}$. We will also assume a weak probe field of frequency $\omega_{\mathrm{p}}$ coupling $|\mathrm{e}\rangle \longrightarrow\left|\mathrm{e}^{\prime}\right\rangle$ (such that $\left.\omega_{\mathrm{p}} \approx \omega_{0}^{\prime}\right)$ with Rabi frequency $\Omega_{\mathrm{p}}$.

[^74]

In the presence of a strong drive (large $\Omega$ ), the excited state splits into a doublet of splitting $\Omega$ due to mixing with the ground state. Thus, we expect the probe-absorption spectrum to have two peaks, corresponding to resonance of $\left|e^{\prime}\right\rangle$ with each of the dressed states. In the limit of large $\Omega$, we expect the absorption spectrum to be a sum of two Lorentzian peaks. However, we need a formalism for dealing with this more quantitatively. Fortunately, it is easy to extend the formalism we have already developed to handle this problem. To compute the probe-absorption spectrum, we will treat the probe perturbatively. Thus, we will again need the correlation function

$$
\begin{equation*}
g_{\mathrm{a}}(\tau)=\left\langle\left[\sigma^{\prime}(t+\tau), \sigma^{\prime \dagger}(t)\right]\right\rangle, \tag{5.371}
\end{equation*}
$$

where now $\sigma^{\prime}=|\mathrm{e}\rangle\left\langle\mathrm{e}^{\prime}\right|$ is the lowering operator for the probe transition. The first term in this correlation function is

$$
\begin{equation*}
g_{\mathrm{d}}(\tau)=\left\langle\sigma^{\prime}(t+\tau) \sigma^{\prime \dagger}(t)\right\rangle . \tag{5.372}
\end{equation*}
$$

Working out the quantum regression theorem, we solve the master equation for this three-level atom, with initial condition

$$
\begin{equation*}
\Lambda(0)=\sigma^{\prime \dagger} \rho(t \longrightarrow \infty) \tag{5.373}
\end{equation*}
$$

which becomes in components

$$
\begin{equation*}
\Lambda_{\alpha \beta}(0)=\delta_{\alpha \mathrm{e}^{\prime}} \rho_{\mathrm{e} \beta}(t \longrightarrow \infty) \tag{5.374}
\end{equation*}
$$

Then the correlation function corresponds to the component

$$
\begin{equation*}
g_{\mathrm{d}}(\tau)=\operatorname{Tr}_{\mathrm{S}}\left[\sigma^{\prime} \Lambda(\tau)\right]=\Lambda_{\mathrm{e}^{\prime} \mathrm{e}}(\tau) \tag{5.375}
\end{equation*}
$$

The other part of the absorption correlation function is the emission correlation function

$$
\begin{equation*}
g_{\mathrm{e}}(\tau)=\left\langle\sigma^{\prime \dagger}(t) \sigma^{\prime}(t+\tau)\right\rangle \tag{5.376}
\end{equation*}
$$

This correlation function satisfies the atomic master equation with initial condition

$$
\begin{equation*}
\Lambda(0)=\rho(t \longrightarrow \infty) \sigma^{\prime \dagger} \tag{5.377}
\end{equation*}
$$

which becomes in components

$$
\begin{equation*}
\Lambda_{\alpha \beta}(0)=\delta_{\beta \mathrm{e}} \rho_{\alpha \mathrm{e}^{\prime}}(t \longrightarrow \infty) \tag{5.378}
\end{equation*}
$$

This the correlation function corresponds to the same component as $g_{\mathrm{d}}(\tau)$ :

$$
\begin{equation*}
g_{\mathrm{e}}(\tau)=\operatorname{Tr}_{\mathrm{S}}\left[\sigma^{\prime} \Lambda(\tau)\right]=\Lambda_{\mathrm{e}^{\prime} \mathrm{e}}(\tau) \tag{5.379}
\end{equation*}
$$

Note that the initial conditions for the components involving the $\left|\mathrm{e}^{\prime}\right\rangle$ are $\Lambda_{\mathrm{e}^{\prime} \mathrm{e}^{\prime}}(0)=0$ and $\Lambda_{\mathrm{e}^{\prime} \mathrm{e}}(0)=0$, and because there is no field coupling any state to $\left|\mathrm{e}^{\prime}\right\rangle$, these components remain zero for all time. Thus, we can see that $g_{\mathrm{e}}(\tau)=0$. This of course means that there is no spontaneous emission on the $\mathrm{e}^{\prime} \longrightarrow \mathrm{e}$ transition, as we expect since it is not pumped by any strong field.

The master equation for the atom is the same as for the usual optical Bloch equations, with an extra dissipation term for the second decay channel,

$$
\begin{equation*}
\partial_{t} \tilde{\rho}=-\frac{i}{\hbar}\left[\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}, \tilde{\rho}\right]+\Gamma \mathcal{D}[\sigma] \tilde{\rho}+\Gamma^{\prime} \mathcal{D}\left[\sigma^{\prime}\right] \tilde{\rho} \tag{5.380}
\end{equation*}
$$

where the atomic Hamiltonian is

$$
\begin{equation*}
\tilde{H}_{\mathrm{A}}=-\hbar \Delta|\mathrm{e}\rangle\langle\mathrm{e}|-\hbar \Delta\left|\mathrm{e}^{\prime}\right\rangle\left\langle\mathrm{e}^{\prime}\right| \tag{5.381}
\end{equation*}
$$

in the rotating frame where the $\left|e^{\prime}\right\rangle$ state is degenerate with the $|e\rangle$ state. The interaction is still

$$
\begin{equation*}
\tilde{H}_{\mathrm{AF}}=\frac{\hbar \Omega}{2}\left(\sigma+\sigma^{\dagger}\right) \tag{5.382}
\end{equation*}
$$

since we are neglecting the effect of the probe field on the atom.
Written out as a set of coupled equations for the density-matrix elements, we find

$$
\begin{align*}
& \partial_{t} \rho_{\mathrm{gg}}=-i \frac{\Omega}{2}\left(\tilde{\rho}_{\mathrm{eg}}-\tilde{\rho}_{\mathrm{ge}}\right)+\Gamma \rho_{\mathrm{ee}} \\
& \partial_{t} \tilde{\rho}_{\mathrm{ge}}=-(\Gamma / 2+i \Delta) \tilde{\rho}_{\mathrm{ge}}-i \frac{\Omega}{2}\left(\rho_{\mathrm{ee}}-\rho_{\mathrm{gg}}\right) \\
& \partial_{t} \tilde{\rho}_{\mathrm{ge}^{\prime}}=-\left(\Gamma^{\prime} / 2+i \Delta\right) \tilde{\rho}_{\mathrm{ge}^{\prime}}-i \frac{\Omega}{2} \tilde{\rho}_{\mathrm{e}^{\prime} \mathrm{e}^{\prime}} \\
& \partial_{t} \tilde{\rho}_{\mathrm{eg}}=-(\Gamma / 2-i \Delta) \tilde{\rho}_{\mathrm{eg}}+i \frac{\Omega}{2}\left(\rho_{\mathrm{ee}}-\rho_{\mathrm{gg}}\right) \\
& \partial_{t} \rho_{\mathrm{ee}}=i \frac{\Omega}{2}\left(\tilde{\rho}_{\mathrm{eg}}-\tilde{\rho}_{\mathrm{ge}}\right)-\Gamma \rho_{\mathrm{ee}}+\Gamma \rho_{\mathrm{e}^{\prime} \mathrm{e}^{\prime}}  \tag{5.383}\\
& \partial_{t} \tilde{\rho}_{\mathrm{ee}^{\prime}}=-\left[\left(\Gamma+\Gamma^{\prime}\right) / 2\right] \tilde{\rho}_{\mathrm{e} \mathrm{e}^{\prime}}-i \frac{\Omega}{2} \tilde{\rho}_{\mathrm{ge}^{\prime}} \\
& \partial_{t} \tilde{\rho}_{\mathrm{e}^{\prime} \mathrm{g}}=-\left(\Gamma^{\prime} / 2-i \Delta\right) \tilde{\rho}_{\mathrm{e}^{\prime} \mathrm{g}}+i \frac{\Omega}{2} \tilde{\rho}_{\mathrm{e}^{\prime} \mathrm{e}} \\
& \partial_{t} \tilde{\rho}_{\mathrm{e}^{\prime} \mathrm{e}}=-\left[\left(\Gamma+\Gamma^{\prime}\right) / 2\right] \tilde{\rho}_{\mathrm{e}^{\prime} \mathrm{e}}+i \frac{\Omega}{2} \tilde{\rho}_{\mathrm{e}^{\prime} \mathrm{g}} \\
& \partial_{t} \rho_{\mathrm{e}^{\prime} \mathrm{e}^{\prime}}=-\Gamma^{\prime} \rho_{\mathrm{e}^{\prime} \mathrm{e}^{\prime}} .
\end{align*}
$$

These equations are easy to solve numerically. The normalized spectrum is then again the Fourier transform of the correlation function

$$
\begin{equation*}
S_{\mathrm{a}}\left(\omega_{\mathrm{p}}\right)=\int_{-\infty}^{\infty} g_{\mathrm{a}}(\tau) e^{i \omega_{\mathrm{p}} \tau} d \tau \tag{5.384}
\end{equation*}
$$

which is also readily computed numerically. However, we can actually get a closed-form expression for the spectrum: the correlation function becomes

$$
\begin{align*}
g_{\mathrm{a}}(\tau)= & \frac{\Omega \tilde{\rho}_{\mathrm{eg}}(t \longrightarrow \infty)}{2 \xi} e^{-\left(\Gamma / 4+\Gamma^{\prime} / 2\right) \tau} e^{i \Delta \tau / 2}\left(e^{i \xi \tau / 2}-e^{-i \xi \tau / 2}\right) \\
& +\frac{\rho_{\mathrm{ee}}(t \longrightarrow \infty)}{2} e^{-\left(\Gamma / 4+\Gamma^{\prime} / 2\right) \tau} e^{i \Delta \tau / 2}\left\{\left[1+\frac{i}{\xi}\left(\frac{\Gamma}{2}+i \Delta\right)\right] e^{i \xi \tau / 2}+\left[1-\frac{i}{\xi}\left(\frac{\Gamma}{2}+i \Delta\right)\right] e^{-i \xi \tau / 2}\right\}, \tag{5.385}
\end{align*}
$$

where

$$
\begin{equation*}
\xi=\sqrt{\Omega^{2}+\Delta^{2}-\frac{\Gamma^{2}}{4}-i \Delta \Gamma} \tag{5.386}
\end{equation*}
$$

Notice that on resonance $(\Delta=0), \xi=\Omega_{2 \Gamma}=\sqrt{\Omega^{2}-\Gamma^{2} / 4}$, and

$$
\begin{align*}
g_{\mathrm{a}}(\tau)= & \frac{\Omega \tilde{\rho}_{\mathrm{eg}}(t \longrightarrow \infty)}{2 \Omega_{2 \Gamma}} e^{-\left(\Gamma / 4+\Gamma^{\prime} / 2\right) \tau}\left(e^{i \Omega_{2 \Gamma} \tau / 2}-e^{-i \Omega_{2 \Gamma} \tau / 2}\right)  \tag{5.387}\\
& \frac{\rho_{\mathrm{ee}}(t \longrightarrow \infty)}{2} e^{-\left(\Gamma / 4+\Gamma^{\prime} / 2\right) \tau}\left\{\left[1+\frac{i \Gamma}{2 \Omega_{2 \Gamma}}\right] e^{i \Omega_{2 \Gamma} \tau / 2}+\left[1-\frac{i \Gamma}{2 \Omega_{2 \Gamma}}\right] e^{-i \Omega_{2 \Gamma} \tau / 2}\right\} .
\end{align*}
$$

In this resonant case, for $\Omega \geq \Gamma / 4$, the absorption spectrum consists of something like a pair of lines of width $\Gamma / 2+\Gamma^{\prime}$, split by $\Omega_{2 \Gamma}$ (but with dispersive components),

$$
\begin{align*}
S_{\mathrm{a}}\left(\omega_{\mathrm{p}}\right)= & \frac{\left(\Gamma+2 \Gamma^{\prime}\right) \rho_{\mathrm{ee}}(t \longrightarrow \infty)-\frac{2}{\Omega_{2 \Gamma}}\left\{2 \Omega \operatorname{Im}\left[\tilde{\rho}_{\mathrm{eg}}(t \longrightarrow \infty)\right]+\Gamma \rho_{\mathrm{ee}}(t \longrightarrow \infty)\right\}\left(\omega_{\mathrm{p}}+\frac{\Omega_{2 \Gamma}}{2}\right)}{4\left[\left(\omega_{\mathrm{p}}+\frac{\Omega_{2 \Gamma}}{2}\right)^{2}+\frac{1}{4}\left(\frac{\Gamma}{2}+\Gamma^{\prime}\right)^{2}\right]}  \tag{5.388}\\
& +\left(\Omega_{2 \Gamma} \longrightarrow-\Omega_{2 \Gamma}\right),
\end{align*}
$$

(Autler-Townes absorption spectrum) assuming $\Omega$ is large enough that $\Omega_{2 \Gamma}$ is real. As the pump intensity becomes large, the dispersive components become unimportant near each resonance, and at the same time $\Omega_{2 \Gamma} \longrightarrow \Omega$. The dispersive components thus cease to shift the spectral peaks in this limit-although they are still important in principle for the wings, since they fall off more slowly than the absorptive part-and the peaks are then separated by $\Omega$, as we expected from the dressed-atom picture. Of course, we can get the absorption spectrum in the general case, but it's complicated enough that it's not very illuminating.

Why the line width of $\Gamma / 2+\Gamma^{\prime}$ ? In general, the weak-probe absorption width of two states of total decay rates $\Gamma_{1}$ and $\Gamma_{2}$ is simply $\Gamma_{1}+\Gamma_{2}$, because the convolution of two Lorentzians of these widths is a Lorentzian of width $\Gamma_{1}+\Gamma_{2}$. The dressed states on resonance are equal superpositions of $|\mathrm{g}\rangle$ and $|\mathrm{e}\rangle$, which are states of respective decay rates 0 and $\Gamma$. Thus, each dressed state should only decay at rate $\Gamma / 2$, which sets the width of each state. In general, from Eq. (5.385), we can see that the line widths are given by the total exponential decaying part, and so

$$
\begin{equation*}
\Delta \omega=\frac{\Gamma}{2}+\Gamma^{\prime} \pm \operatorname{Im}[\xi] \tag{5.389}
\end{equation*}
$$

Again, in the limit of large $\Omega$, we have $\Delta \omega=\Gamma / 2+\Gamma^{\prime}$. On the other hand, in the limit of small $\Omega$ and resonant pump $(\Delta=0), \xi \approx i \Gamma / 2$, and thus $\Delta \omega$ takes on the values $\Gamma^{\prime}$, which is what we expect for probe absorption on $|\mathrm{g}\rangle \longrightarrow\left|\mathrm{e}^{\prime}\right\rangle$, and $\Gamma+\Gamma^{\prime}$, which is what we expect for probe absorption on $|\mathrm{e}\rangle \longrightarrow\left|\mathrm{e}^{\prime}\right\rangle$. For weak drive $(\Omega \ll \Gamma)$ and large detuning, $\operatorname{Im}[\xi]= \pm \Gamma / 2$ for $\Delta \lessgtr 0$, which also gives the same two line widths. Interestingly, the on-resonance Autler-Townes spectrum has a minimum width for $\Omega=\Gamma / 2$, when $\operatorname{Im}[\xi]$ vanishes.

The absorption spectra for $\Gamma^{\prime}=\Gamma$ for several different values of the pumping rate $\Omega$ are shown below.


As we expected, we see two absorption lines, which become resolved as the pumping rate becomes large.
In the case where the pump field is detuned from resonance, the doublet lines have asymmetric amplitudes. The dressed states are an asymmetric superposition of the bare states $|\mathrm{g}\rangle$ and $|\mathrm{e}\rangle$, which turns out
to be more important than the asymmetric steady-state populations of the dressed states. Also, the doublet center shifts, as we expect from the shift of the center of the bare states. It is a useful exercise to understand the placement and weights of the two lines here.


In a magnified view of the same spectrum, we can see the behavior of the cases of small pump intensity, where the displaced line is dominant, because there is little mixing of the pump-transition states.


Minor secondary absorption peaks are also barely visible in the spectra in this magnified plot.

### 5.7.6.2 Lamb Dip

One difficulty in precision spectroscopy of an atomic vapor is the Doppler broadening of the atomic transitions. For example, to use ${ }^{87} \mathrm{Rb}$ as an absoute frequency reference, the natural linewidth is about 5 MHz , and the center of the transition can be determined far better than this width. However, the Doppler-broadened width at room temperature is about 500 MHz , making the precision of measurements much worse (and in fact blending several hyperfine levels into a single Doppler line). Of course, one can now use laser-cooled atoms, where the Doppler effect is unimportant. However, there is a much easier trick for sub-Doppler spectroscopy: the Lamb dip or saturated-absorption spectroscopy. The basic idea is as follows. Consider a vapor of atoms where the Doppler width is larger than the natural line width. Now illuminate the atoms with two counterpropagating lasers.


The pump laser functions simply to saturate the atoms, while we monitor the absorption of the probe laser due to the atomic vapor. The two fields are generally produced from the same source, and thus their frequencies are swept together. There may be a frequency offset between them, but to simplify our discussion for the moment, assume they have the same frequency. Atoms at a particular velocity $v$ experience the two fields with equal but opposite Doppler shifts, and thus a moving atom experiences them as having different frequencies. Moving atoms can thus only be resonant with at most one of the fields. Atoms at rest, however, see two fields at the same frequency, and can be resonant with both fields simultaneously. Because these atoms are effectively pumped with higher intensity than other atoms, the saturation reduces the resonant absorption coefficient. This reduction happens again only for atoms (nearly) at rest, and thus this effect is not Doppler broadened. The saturation produces a "dip" (the Lamb dip) in the Doppler absorption profile, centered at the atomic resonance, which has a width that can be on the order of the natural linewidth. Of course, if the pump and probe are not degenerate, the dip still occurs, but is displaced from the atomic resonance by an amount proportional to the pump-probe detuning.

To analyze this problem quantitatively, we first note that in the interest of precision spectroscopy, the pump and especially the probe will have low intensity to avoid power broadening of the transition. We will thus treat the probe field perturbatively, and only explicitly include the effect of the pump field on the atom. We can then use Mollow's formula (5.369) for the probe-absorption spectrum, writing $\rho_{\mathrm{ee}}(t \longrightarrow \infty)$ explicitly using Eq. (5.132):

$$
\begin{aligned}
& S_{\mathrm{a}}\left(\omega_{\mathrm{p}}\right)= \\
& \left\langle\left(1-\frac{\Omega^{2} / \gamma_{\perp} \Gamma}{1+\Delta^{2} / \gamma_{\perp}^{2}+\Omega^{2} / \gamma_{\perp} \Gamma}\right) \frac{\left[\left(\Gamma-i \Delta_{\mathrm{p}}\right)\left[\gamma_{\perp}+i\left(\Delta-\Delta_{\mathrm{p}}\right)\right]+\frac{i \Omega^{2} \Delta_{\mathrm{p}}}{2\left(\gamma_{\perp}+i \Delta\right)}\right]}{\left(\Gamma-i \Delta_{\mathrm{p}}\right)\left[\gamma_{\perp}+i\left(\Delta-\Delta_{\mathrm{p}}\right)\right]\left[\gamma_{\perp}-i\left(\Delta+\Delta_{\mathrm{p}}\right)\right]+\Omega^{2}\left(\gamma_{\perp}-i \Delta_{\mathrm{p}}\right)}+\text { c.c. }\right\rangle_{\mathrm{v}}
\end{aligned}
$$

(saturated-absorption spectrum) (5.390)
The angle brackets denote an average over the atomic velocity distribution, and recall that $\Delta=\omega-\omega_{0}$ is the pump detuning from resonance, and $\Delta_{p}=\omega_{p}-\omega$ is the probe detuning from the pump. Both of these frequencies now depend on the atomic velocity due to the Doppler shift, and the average "smears out" these frequencies.

Recall that the Doppler shift of a field of wave vector $\mathbf{k}$, as seen by an atom of velocity $\mathbf{v}$, is $\delta \omega=-\mathbf{k} \cdot \mathbf{v}$. Why is this? A plane wave has the form

$$
\begin{equation*}
E_{0} \cos (\mathbf{k} \cdot \mathbf{x}-\omega t) \tag{5.391}
\end{equation*}
$$

and the position

$$
\begin{equation*}
\mathbf{x}(t)=\mathbf{x}_{0}+\int_{0}^{t} d t^{\prime} \mathbf{v}\left(t^{\prime}\right) \tag{5.392}
\end{equation*}
$$

of the atom is time-dependent. Thus, we can write the field as

$$
\begin{equation*}
E_{0} \cos \left[\mathbf{k} \cdot\left(\mathbf{x}_{0}+\int_{0}^{t} d t^{\prime} \mathbf{v}\left(t^{\prime}\right)\right)-\omega t\right]=E_{0} \cos \left[\mathbf{k} \cdot \mathbf{x}_{0}-\left(\omega t-\mathbf{k} \cdot \int_{0}^{t} d t^{\prime} \mathbf{v}\left(t^{\prime}\right)\right)\right] . \tag{5.393}
\end{equation*}
$$

In the moving frame, the effective frequency is the time derivative of the plane-wave phase:

$$
\begin{equation*}
\omega_{\mathrm{v}}=-\partial_{t} \phi=\omega-\mathbf{k} \cdot \mathbf{v} \tag{5.394}
\end{equation*}
$$

This establishes the Doppler shift, even for a time-varying velocity.
We can thus implement the Doppler shift of the pump field by the replacement

$$
\begin{equation*}
\Delta \longrightarrow \Delta-\mathbf{k}_{\text {pump }} \cdot \mathbf{v}=\Delta-\mathbf{k} \cdot \mathbf{v} \tag{5.395}
\end{equation*}
$$

In the case of the probe field, recall that the detuning $\Delta_{\mathrm{p}}$ is relative to the pump field, and thus we need to include the Doppler shift twice, once for the pump and once for the probe:

$$
\begin{equation*}
\Delta_{\mathrm{p}} \longrightarrow \Delta_{\mathrm{p}}+\mathbf{k}_{\text {pump }} \cdot \mathbf{v}-\mathbf{k}_{\text {probe }} \cdot \mathbf{v} \approx \Delta_{\mathrm{p}}+2 \mathbf{k} \cdot \mathbf{v} \tag{5.396}
\end{equation*}
$$

Here, we do not distinguish between the pump and probe wave vectors (i.e., $\left|\Delta_{\mathrm{p}}\right| \ll \omega_{0}$ ), and we assume exactly counterpropagating pump and probe fields. Again, we will want the probe absorption as a function of the probe frequency, but the pump and probe are scanned together. Thus, $\Delta_{\mathrm{p}}$ (after the velocity replacments) is a fixed parameter, while the spectrum is as a function of $\Delta$. Also, in general, since we want the spectrum location relative to the atomic resonance, we will make the plot of $\Delta_{\mathrm{p}}+\Delta=\omega_{\mathrm{p}}-\omega_{0}$.

Thus, in principle we have our result in Eq. (5.390), after making the replacements (5.395) and (5.396). Unfortunately, this result is rather complicated to interpret. Thus, we will expand the spectrum to lowest order in $\Omega^{2}$ as

$$
\begin{equation*}
S_{\mathrm{a}}\left(\omega_{\mathrm{p}}\right)=S_{\mathrm{a}}^{(0)}\left(\omega_{\mathrm{p}}\right)+S_{\mathrm{a}}^{(2)}\left(\omega_{\mathrm{p}}\right) \Omega^{2}+\ldots \tag{5.397}
\end{equation*}
$$

since it is reasonable to assume a weak pump. The zeroth-order spectrum,

$$
\begin{align*}
S_{\mathrm{a}}^{(0)}\left(\omega_{\mathrm{p}}\right) & =\left\langle\frac{2 \gamma_{\perp}}{\gamma_{\perp}^{2}+\left(\Delta+\Delta_{\mathrm{p}}+\mathbf{k} \cdot \mathbf{v}\right)^{2}}\right\rangle_{\mathbf{v}}  \tag{5.398}\\
& =\left\langle\frac{2 \gamma_{\perp}}{\gamma_{\perp}^{2}+\left(\omega_{\mathrm{p}}-\omega_{0}+\mathbf{k} \cdot \mathbf{v}\right)^{2}}\right\rangle_{\mathbf{v}}
\end{align*}
$$

is simply the Doppler-broadened absorption line (the Doppler velocity profile convolved with the atomic Lorentzian line). The next order is much more complicated, but includes the Lamb dip:

$$
\begin{align*}
& S_{\mathrm{a}}^{(2)}\left(\omega_{\mathrm{p}}\right)= \\
& -\left\langle\frac{2 \gamma_{\perp}^{2}}{\Gamma\left[\gamma_{\perp}^{2}+(\Delta-\mathbf{k} \cdot \mathbf{v})^{2}\right]\left[\gamma_{\perp}^{2}+\left(\Delta+\Delta_{\mathrm{p}}+\mathbf{k} \cdot \mathbf{v}\right)^{2}\right]}\right\rangle_{\mathbf{v}} \\
& +\left\langle\frac{i\left(\Delta_{\mathrm{p}}+2 \mathbf{k} \cdot \mathbf{v}\right)}{2\left[\gamma_{\perp}+i(\Delta-\mathbf{k} \cdot \mathbf{v})\right]\left[\Gamma-i\left(\Delta_{\mathrm{p}}+2 \mathbf{k} \cdot \mathbf{v}\right)\right]\left[\gamma_{\perp}+i\left(\Delta-\Delta_{\mathrm{p}}-3 \mathbf{k} \cdot \mathbf{v}\right)\right]\left[\gamma_{\perp}-i\left(\Delta+\Delta_{\mathrm{p}}+\mathbf{k} \cdot \mathbf{v}\right)\right]}+\text { c.c. }\right\rangle_{\mathbf{v}}, \\
& -\left\langle\frac{\left[\gamma_{\perp}-i\left(\Delta_{\mathrm{p}}+2 \mathbf{k} \cdot \mathbf{v}\right)\right]}{\left[\Gamma-i\left(\Delta_{\mathrm{p}}+2 \mathbf{k} \cdot \mathbf{v}\right)\right]\left[\gamma_{\perp}+i\left(\Delta-\Delta_{\mathrm{p}}-3 \mathbf{k} \cdot \mathbf{v}\right)\right]\left[\gamma_{\perp}-i\left(\Delta+\Delta_{\mathrm{p}}+\mathbf{k} \cdot \mathbf{v}\right)\right]^{2}}+\mathbf{c . c}\right\rangle_{\mathbf{v}} \tag{5.399}
\end{align*}
$$

To interpret this equation, we can focus on the resonant factor in the denominators. There are several different factors to discuss here

1. $\left[\gamma_{\perp}^{2}+(\Delta-\mathbf{k} \cdot \mathbf{v})^{2}\right]$ or $\left[\gamma_{\perp}+i(\Delta-\mathbf{k} \cdot \mathbf{v})\right]$ : simply says that the pump beam at detuning $\Delta$ is on resonance with atoms of velocity $\Delta / k$ along the direction of the pump beam. This factor is simply the overall Doppler profile. Of course, a Lamb dip can only occur inside the Doppler-broadened line.
2. $\left[\gamma_{\perp}^{2}+\left(\Delta+\Delta_{\mathrm{p}}+\mathbf{k} \cdot \mathbf{v}\right)^{2}\right]$ or $\left[\gamma_{\perp}-i\left(\Delta+\Delta_{\mathrm{p}}+\mathbf{k} \cdot \mathbf{v}\right)\right]$ : has a resonance at $\Delta+\Delta_{\mathrm{p}}+\mathbf{k} \cdot \mathbf{v}=\omega_{\mathrm{p}}-\omega_{0}+\mathbf{k} \cdot \mathbf{v}=0$. This is the same overall Doppler profile, but for probe resonance. Thus, the first term in $S_{\mathrm{a}}^{(2)}\left(\omega_{\mathrm{p}}\right)$ does not contribute to the Lamb dip, since it contains this and the former factor. This term simply represents lowest-order overall saturation of the Doppler transition, without any coherence-type effects.
3. $\left[\Gamma-i\left(\Delta_{\mathrm{p}}+2 \mathbf{k} \cdot \mathbf{v}\right)\right]$ : resonance occurs for the velocity class $v=-\Delta_{\mathrm{p}} / 2 k=-\left(\omega_{\mathrm{p}}-\omega\right) / 2 k$ along the pump direction, which gives $v=0$ for degenerate pump and probe beams $\left(\Delta_{p}=0\right)$, picking out the atoms at rest. For nondegenerate pump-probe pairs, a moving velocity class is selected, effectively moving the Lamb dip. Notice that the last two terms seems to compete; but while the second term only has dispersive behavior, the last term has the only absorptive-type structure, which we identify as the dip.
4. $\left[\gamma_{\perp}+i\left(\Delta-\Delta_{\mathrm{p}}-3 \mathbf{k} \cdot \mathbf{v}\right)\right]$ : this factor gives rise to a secondary resonance at $2 \omega-\omega_{0}-\omega_{\mathrm{p}}-3 \mathbf{k} \cdot \mathbf{v}=0$, or for degenerate pump-probe pairs, this selects out the velocity class $v=\left(\omega_{\mathrm{p}}-\omega_{0}\right) / 3 k$. This is the lowest-order "Doppleron" resonance (a higher-order treatment reveals more resonances of this form). ${ }^{30}$ Since the velocity class is swept with the probe frequency, we do not see structures due to this term in the spectra.

The saturation spectrum for a degenerate pump-probe pair $\left(\Delta_{p}=0\right)$ is shown here. We have chosen a fairly narrow Doppler width of $10 \Gamma$ for clarity of the plots, with no collisions $\left(\gamma_{\perp}=\Gamma / 2\right)$. Without a pump $(\Omega=0)$, we simply get the Doppler-broadened line. For small pump powers, the Lamb dip appears at the atomic resonance, and it has a width of order $\Gamma$ (though in reality somewhat larger than $\Gamma$ ). As the pump becomes stronger, the dip becomes more pronounced, but for high pump intensities, the dip power broadens.


In the nondegenerate pump-probe case, we see essentially the same behavior, but now the Lamb dip is shifted by half the pump-probe detuning $\Delta_{\mathrm{p}}=20 \Gamma$. When the probe is at $+10 \Gamma$, the pump is at $-10 \Gamma$, so the average frequency matches the atomic resonance. In this case, the dip is due to atoms moving at $v=-10 \Gamma / 2 k$ along the pump direction, which sees both beams as resonant.


[^75]As we mentioned above, one of the main applications for saturation spectroscopy is for precision, absolute frequency references, such as for active frequency stabilization and absolute referencing of lasers. Saturation spectroscopy is the primary method used for stabilizing lasers for laser cooling and trapping, for example. Saturation spectroscopy can also be used to "automatically," or passively, stabilize a laser system. One notable example is the methane-stabilized $\mathrm{He}-\mathrm{Ne}$ laser, where a $\mathrm{CH}_{4}$ cell is placed inside the linear resonator of a $\mathrm{He}-\mathrm{Ne}$ laser. This system relies on the coincidence of a $\mathrm{He}-\mathrm{Ne}$ laser line with a methane absorption line at $3.39 \mu \mathrm{~m}$. The lifetime of the methane transition is around 10 ms , so that the resulting Lamb dip is very narrow (about 400 kHz ). The Doppler-broadened methane absorption line causes extra loss of the $\mathrm{He}-\mathrm{Ne}$ laser, which is minimized inside the Lamb dip. The laser thus naturally oscillates in the narrow frequency band of the dip. In the first study, ${ }^{31}$ two $\mathrm{He}-\mathrm{Ne}$ lasers were locked by this method to within 1 kHz of each other, for an absolute reproducibility of a part in $10^{11}$. The frequency of the methane-stabilized $\mathrm{He}-\mathrm{Ne}$ is very precisely known, with a modern measurement ${ }^{32}$ giving a frequency of $88376182599976(10) \mathrm{Hz}$.

Finally, one other phenomenon that comes up in saturation spectroscopy is the crossover resonance. If multiple transitions lie within the Doppler width, of course you would expect the saturation spectrum to have a Lamb dip for each transition. However, one also finds an extra resonance for each pair of transitions. For a degenerate pump-probe pair, the two fields can be resonant with different transitions for a particular group of moving atoms.


This will result in another Lamb-type dip in the absorption spectrum, located halfway in between the Lamb dips for the individual transitions. The effect is somewhat different, though: the crossover dips are due to depletion of the transition rather than added saturation. Depletion tends to be more effective than saturation at reducing the absorption coefficient, and so the crossover dips tend to dominate the saturation spectra.

To illustrate Lamb-dip spectroscopy in a real system, we will look at a saturation spectrum of ${ }^{87} \mathrm{Rb}$ and ${ }^{85} \mathrm{Rb}$ (the two naturally abundant isotopes) in a room-temperature vapor cell.


Three beams are split from a common laser source. Two probes are sent through the cell. The third beam acts as a pump, and nearly counterpropagates with one of the probe beams, producing the Lamb dips. The other probe acts as an unsaturated reference, so that the Doppler profile can be subtracted from the Lamb-dip signal. The saturation spectrum is shown in the following plot.

[^76]
probe wavelength
uoṭsstusuexł əqoid

For this plot, there is no subtraction of the Doppler background. There are four Doppler-broadened absorption lines, two lines for each isotope of rubidium. Each pair of absorption lines corresponds to the two hyperfine ground states of each rubidium isotope, and each line represents a triplet of hyperfine transitions merged together within the Doppler width. Thus, we expect three Lamb dips and three crossover dips in each absorption line. For a sense of scale, the splitting between the two ${ }^{87} \mathrm{Rb}$ multiplets is 6.8 GHz , the splitting between the two ${ }^{85} \mathrm{Rb}$ multiplets is 3.0 GHz , the Doppler width is about 500 MHz at room temperature, and the natural line widths are about 5 MHz . Along with the saturation spectrum, the unsaturated spectrum (measured from the same probe beam, but with the pump beam blocked). Also shown here are zoomed versions of each of the absorption lines, with each of the saturation and crossover dips marked explicitly by the excited-state hyperfine number $F^{\prime}$.

For the laser cooling transition of ${ }^{87} \mathrm{Rb}$ (the top right plot), the dips are well-resolved, though not necessarily strong. For the repumping transition of ${ }^{87} \mathrm{Rb}$ (the top left plot), the dips are more closely spaced, but still resolved. This is because the hyperfine splittings between the excited states is relatively large: 267 MHz between $F^{\prime}=2$ and $3,157 \mathrm{MHz}$ between $F^{\prime}=1$ and 2 , and 72 MHz between $F^{\prime}=1$ and 2 , compared to the 6 MHz line width. (Only 3 excited states can couple to each ground state, because $F$, being an angular momentum interacting with a spin- 1 photon, can only change by 1 , at least to leading order.) Oddly, one of the dips (the $F^{\prime}=0,1$ crossover) is a "negative dip." Reversed peaks such as this are sometimes possible, ${ }^{33}$ and reflect the complicated degenerate Zeeman-level substructure of the hyperfine levels.

In ${ }^{85} \mathrm{Rb}$, the states are much less well-resolved, because the hyperfine splittings are smaller: 39 MHz between $F^{\prime}=2$ and $3,21 \mathrm{MHz}$ between $F^{\prime}=1$ and 2 , and 10 MHz between $F^{\prime}=1$ and 2 , compared to the 6 MHz line width. (It is precisely this reason that ${ }^{85} \mathrm{Rb}$ is a difficult isotope to use for laser cooling and trapping.) In particular, for the "repumping" transition (lower left plot), four of the lines are merged together, and the other two lines are only marginally well resolved.

Especially in the case of the laser cooling transitions (right two plots), the dips are centered to the right of the Doppler line center. This is not because of a frequency offset between the pump and probe lasers. This is because the state with the largest hyperfine number is the strongest transition, contributing the most to the Doppler absorption profile. The Doppler line center is thus pulled towards these states.


[^77]

The following four plots are the same as the previous four zoomed plots, but here the Doppler background is (mostly) subtracted away by using the reference beam in the experimental setup. The dips are somewhat easier to see here, although their placement within the Doppler lines is of course not apparent


### 5.8 Mechanical Effects of Light on Two-Level Atoms

We considered the dipole force in our classical treatment of the atom, but now it is time for a proper quantum derivation. In particular, the internal and external atomic dynamics are coupled and we will show that under suitable conditions, they decouple to good approximation.

We will begin with a perturbative treatment, the basic conclusion being that under the proper conditions, it is possible to ignore the internal electronic structure of the atom, and treat the atom as a point particle. Furthermore, the "reduced" atom moves under the influence of the effective center-of-mass Hamiltonian

$$
\begin{equation*}
H_{\mathrm{eff}}=\frac{p^{2}}{2 m}+V_{\mathrm{eff}}(x) \tag{5.400}
\end{equation*}
$$

where $m$ is the atomic mass and the potential $V_{\text {eff }}$ is proportional to the laser intensity and inversely proportional to the detuning from the (nearest) atomic resonance. We will then examine things more generally in terms of dressed states and look at corrections to the simple dipole-force picture.

### 5.8.1 Atom-Field Interaction

We must now redo the atom-field interaction, this time including the center-of-mass motion of the atom. Considering a linearly polarized field,

$$
\begin{align*}
\mathbf{E}(x, t) & =\hat{\varepsilon}\left(E^{(+)}(x) e^{-i \omega t}+E^{(-)}(x) e^{i \omega t}\right)  \tag{5.401}\\
& =\mathbf{E}^{(+)}(x, t)+\mathbf{E}^{(-)}(x, t)
\end{align*}
$$

where again $\mathbf{E}^{(+)}$and $\mathbf{E}^{(-)}$are the positive- and negative-rotating components of the field, respectively, and $E^{( \pm)}(x)$ is the space-dependent amplitude of the field.

The atomic free-evolution Hamiltonian is then given by

$$
\begin{equation*}
H_{\mathrm{A}}=\frac{p^{2}}{2 m}+\hbar \omega_{0}|\mathrm{e}\rangle\langle\mathrm{e}| \tag{5.402}
\end{equation*}
$$

which is the same as before except for the inclusion of the kinetic energy. The atom-field interaction Hamiltonian is still given (in the dipole approximation) by

$$
\begin{equation*}
H_{\mathrm{AF}}=-\mathbf{d} \cdot \mathbf{E} \tag{5.403}
\end{equation*}
$$

where $\mathbf{d}$ is the atomic dipole operator. In the rotating-wave approximation, this becomes

$$
\begin{equation*}
H_{\mathrm{AF}}=\frac{\hbar}{2}\left[\Omega^{*}(x) \sigma e^{i \omega t}+\Omega(x) \sigma^{\dagger} e^{-i \omega t}\right] \tag{5.404}
\end{equation*}
$$

where

$$
\begin{equation*}
\Omega(x):=-\frac{2\langle\mathrm{~g}| \hat{\varepsilon} \cdot \mathbf{d}|\mathrm{e}\rangle E^{(+)}(x)}{\hbar} \tag{5.405}
\end{equation*}
$$

is the space-dependent Rabi frequency, which is no longer a real number in general (due to the $e^{i k x}$-type dependence of the field). In the rotating frame, the interaction becomes

$$
\begin{equation*}
\tilde{H}_{\mathrm{AF}}=\frac{\hbar}{2}\left[\Omega^{*}(x) \sigma+\Omega(x) \sigma^{\dagger}\right] \tag{5.406}
\end{equation*}
$$

(atom-field interaction)
and the free Hamiltonian becomes

$$
\begin{equation*}
\tilde{H}_{\mathrm{A}}=\frac{p^{2}}{2 m}-\hbar \Delta|\mathrm{e}\rangle\langle\mathrm{e}| \tag{5.407}
\end{equation*}
$$

so that the electronic states are nearly degenerate.

### 5.8.2 Schrödinger Equation

We assume that the detuning from resonance is large $(|\Delta| \gg)$, we will neglect spontaneous emission and use the Schrödinger equation

$$
\begin{equation*}
\left(\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}\right)|\psi\rangle=i \hbar \partial_{t}|\psi\rangle \tag{5.408}
\end{equation*}
$$

to describe the atomic evolution. It is convenient to decompose the state vector $|\psi\rangle$ into a product of internal and external states,

$$
\begin{equation*}
|\psi\rangle=\left|\psi_{\mathrm{e}}(t)\right\rangle|\mathrm{e}\rangle+\left|\psi_{\mathrm{g}}(t)\right\rangle|\mathrm{g}\rangle \tag{5.409}
\end{equation*}
$$

where the $\left|\psi_{\alpha}(t)\right\rangle$ are state vectors in the center-of-mass space of the atom. In the following, we will associate all time dependence of the atomic state with the center-of-mass components of the state vector. Defining the coefficients $\psi_{\alpha}(x, t):=\left\langle x \mid \psi_{\alpha}(t)\right\rangle$, the equation of motion for the wave function $\langle x \mid \psi\rangle$ becomes

$$
\begin{equation*}
i \hbar\left(\partial_{t} \psi_{\mathrm{e}}|\mathrm{e}\rangle+\partial_{t} \psi_{\mathrm{g}}|\mathrm{~g}\rangle\right)=\frac{p^{2}}{2 m}\left(\psi_{\mathrm{e}}|\mathrm{e}\rangle+\psi_{\mathrm{g}}|\mathrm{~g}\rangle\right)-\hbar \Delta \psi_{\mathrm{e}}|\mathrm{e}\rangle+\frac{\hbar}{2}\left[\Omega^{*}(x) \psi_{\mathrm{e}}|\mathrm{~g}\rangle+\Omega(x) \psi_{\mathrm{g}}|\mathrm{e}\rangle\right] \tag{5.410}
\end{equation*}
$$

Separating the coefficients of $|\mathrm{e}\rangle$ and $|\mathrm{g}\rangle$, we obtain the coupled pair of equations

$$
\begin{align*}
i \hbar \partial_{t} \psi_{\mathrm{e}} & =\frac{p^{2}}{2 m} \psi_{\mathrm{e}}+\frac{\hbar \Omega(x)}{2} \psi_{\mathrm{g}}-\hbar \Delta \psi_{\mathrm{e}}  \tag{5.411}\\
i \hbar \partial_{t} \psi_{\mathrm{g}} & =\frac{p^{2}}{2 m} \psi_{\mathrm{g}}+\frac{\hbar \Omega^{*}(x)}{2} \psi_{\mathrm{e}}
\end{align*}
$$

for the wave functions $\psi_{\alpha}(x, t)$.

### 5.8.3 Adiabatic Approximation

The equations of motion (5.411) are greatly simplified by using the adiabatic approximation, which we have seen a couple of times thus far. We can motivate this approximation by examining the various time scales in the evolution of $\psi_{\mathrm{e}}$ and $\psi_{\mathrm{g}}$. The kinetic-energy terms in Eqs. (5.411) induce variations on time scales corresponding to kHz frequencies for ultracold atoms. However, the pump-field terms induce motion on a time scale corresponding to the Rabi frequency - typically from zero to several hundred MHz -and the free evolution term induces motion of $\psi_{\mathrm{e}}$ on a time scale corresponding to $\Delta$, typically several to $\underset{\sim}{m}$ any GHz . Together, these terms induce internal atomic oscillations at the generalized Rabi frequency $\tilde{\Omega}(x):=\sqrt{\Omega^{2}(x)+\Delta^{2}} \approx|\Delta|$. Furthermore, in between these long and short time scales of external and internal atomic motion lies the damping time scale due to coupling with the vacuum, which corresponds to the natural decay rate $\Gamma$, and $\Gamma / 2 \pi$ is typically on the order of a few MHz for alkali atoms. Because we are primarily interested in the slow center-of-mass atomic motion, and the internal atomic dynamics take place over times much shorter than the damping time, it is a good approximation to assume that the internal motion is damped instantaneously to equilibrium, when compared to the external motion. Thus, $\partial_{t} \psi_{\mathrm{e}}=0$, because $\psi_{\mathrm{e}}$ is the variable that carries the natural internal free-evolution time dependence at frequency $\Delta$, whereas $\psi_{\mathrm{g}}$ has no natural internal oscillation, because the state $|\mathrm{g}\rangle$ is at zero energy. This approximation then gives a relation between $\psi_{\mathrm{e}}$ and $\psi_{\mathrm{g}}$ :

$$
\begin{equation*}
\left(\hbar \Delta-\frac{p^{2}}{2 m}\right) \psi_{\mathrm{e}} \approx\left(\frac{\hbar \Omega(x)}{2}\right) \psi_{\mathrm{g}} \tag{5.412}
\end{equation*}
$$

Noting that the kinetic energy $p^{2} / 2 m$ is negligible compared to $\hbar \Delta$, we can then use this constraint to eliminate $\psi_{\mathrm{e}}$ in the second of Eqs. (5.411), with the result

$$
\begin{equation*}
i \hbar \partial_{t} \psi_{\mathrm{g}}=\left(\frac{p^{2}}{2 m}\right) \psi_{\mathrm{g}}+\frac{\hbar|\Omega(x)|^{2}}{4 \Delta} \psi_{\mathrm{g}} \tag{5.413}
\end{equation*}
$$

Since the detuning is large, nearly all the population is contained in $|\mathrm{g}\rangle$, so the excited state completely drops out of the problem. Hence, the atom obeys the Schrödinger equation with the effective center-of-mass Hamiltonian

$$
\begin{equation*}
H_{\mathrm{eff}}=\frac{p^{2}}{2 m}+V_{\mathrm{eff}}(x) \tag{5.414}
\end{equation*}
$$

where

$$
\begin{equation*}
V_{\mathrm{eff}}(x)=\frac{\hbar|\Omega(x)|^{2}}{4 \Delta} \tag{5.415}
\end{equation*}
$$

and the atom behaves like a point particle in an effective potential, where the strength of the potential is given by (5.415).

### 5.8.3.1 Master-Equation Approach

It is also instructive to make the adiabatic approximation from the viewpoint of a master equation, where we can more explicitly see the effects of damping on the atomic motion. The idea will follow that of the adiabatic approximation for obtaining the rate equations from the optical Bloch equations from before (Section 5.6.2). The master equation for the atomic evolution (i.e., the optical Bloch equations generalized to include center-of-mass motion) has the general form in the absence of collisions

$$
\begin{equation*}
\partial_{t} \tilde{\rho}(t)=-\frac{i}{\hbar}\left[\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}, \tilde{\rho}(t)\right]+\Gamma \int d \Omega f_{\hat{\varepsilon}}(\theta, \phi) \mathcal{D}\left[\sigma e^{-i \mathbf{k}_{\mathrm{L}} \cdot \mathbf{r}}\right] \tilde{\rho}(t) \tag{5.416}
\end{equation*}
$$

where $\mathbf{k}_{\mathrm{L}}$ is the wave vector of the emitted photon (and $d \Omega$ is the angular integration element, not to be confused with the Rabi frequency). This is the same master equation as for the optical Bloch equations, except for three modifications: (1) the atomic kinetic energy is now included in $\tilde{H}_{\mathrm{A}}$, (2) the spatial dependence of the field is now included in $\tilde{H}_{\mathrm{AF}}$, and (3) we have made the replacement $\sigma \longrightarrow \sigma e^{-i \mathbf{k}_{\mathrm{L}} \cdot \mathbf{r}}$ in the Lindblad superoperator, since any spontaneous emission must be accompanied by a photon recoil to conserve total momentum, and then we have integrated over all possible emission directions, weighted by the dipole radiation pattern $f_{\hat{\varepsilon}}(\theta, \phi)$. We can write out the effect of the dissipation operator more explicitly, with the result

$$
\begin{equation*}
\partial_{t} \tilde{\rho}(t)=-\frac{i}{\hbar}\left[\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}, \tilde{\rho}(t)\right]-\frac{\Gamma}{2}\left[\sigma^{\dagger} \sigma, \tilde{\rho}\right]_{+}+\Gamma \int d \Omega f_{\hat{\varepsilon}}(\theta, \phi) e^{i k_{\mathrm{L}} x \sin \theta \cos \phi} \sigma \rho \sigma^{\dagger} e^{-i k_{\mathrm{L}} x \sin \theta \cos \phi} \tag{5.417}
\end{equation*}
$$

where for simplicity we now restrict out attention to one dimension. Note that in writing down the master equation (5.417), we have assumed purely radiative damping. We can then write out the equations of motion for the density matrix elements $\tilde{\rho}_{\alpha \beta}\left(x, x^{\prime}, t\right):=\langle x|\langle\alpha| \tilde{\rho}|\beta\rangle\left|x^{\prime}\right\rangle$ as

$$
\begin{align*}
& \partial_{t} \rho_{\mathrm{gg}}=-\frac{i}{\hbar}\left[\frac{p^{2}}{2 m}, \rho_{\mathrm{gg}}\right]-\frac{i}{2}\left(\Omega^{*}(x) \tilde{\rho}_{\mathrm{eg}}-\tilde{\rho}_{\mathrm{ge}} \Omega(x)\right)+\Gamma \int d \Omega f_{\hat{\varepsilon}}(\theta, \phi) e^{i k_{\mathrm{L}} x \sin \theta \cos \phi} \rho_{\mathrm{ee}} e^{-i k_{\mathrm{L}} x \sin \theta \cos \phi} \\
& \partial_{t} \rho_{\mathrm{ee}}=-\frac{i}{\hbar}\left[\frac{p^{2}}{2 m}, \rho_{\mathrm{ee}}\right]+\frac{i}{2}\left(\Omega^{*}(x) \tilde{\rho}_{\mathrm{eg}}-\tilde{\rho}_{\mathrm{ge}} \Omega(x)\right)-\Gamma \rho_{\mathrm{ee}}  \tag{5.418}\\
& \partial_{t} \tilde{\rho}_{\mathrm{ge}}=-\frac{i}{\hbar}\left[\frac{p^{2}}{2 m}, \tilde{\rho}_{\mathrm{ge}}\right]-\left(\frac{\Gamma}{2}+i \Delta\right) \tilde{\rho}_{\mathrm{ge}}-\frac{i}{2}\left[\Omega^{*}(x) \rho_{\mathrm{ee}}-\rho_{\mathrm{gg}} \Omega^{*}(x)\right] \\
& \partial_{t} \tilde{\rho}_{\mathrm{eg}}=-\frac{i}{\hbar}\left[\frac{p^{2}}{2 m}, \tilde{\rho}_{\mathrm{eg}}\right]-\left(\frac{\Gamma}{2}-i \Delta\right) \tilde{\rho}_{\mathrm{eg}}-\frac{i}{2}\left[\Omega(x) \rho_{\mathrm{gg}}-\rho_{\mathrm{ee}} \Omega(x)\right]
\end{align*}
$$

We again assume that $|\Delta| \gg \Gamma$ and note that the equations have fast internal driving terms (with frequencies comparable to or greater than $\Gamma$ ) and slow center-of-mass terms; this time, however, the equations of motion for the coherences (which are responsible for the population oscillations) have explicit damping terms. Since we are interested in the slow external motion, we can use the fact that the steady-state solution for $\tilde{\rho}_{\text {ee }}$ is of order $(\Gamma / \Delta)^{2}$, whereas the steady state solutions for the coherences $\tilde{\rho}_{\text {eg }}$ and $\tilde{\rho}_{\text {ge }}$ are of order $|\Gamma / \Delta|$, so that we can neglect the $\tilde{\rho}_{\text {ee }}$ terms on the right-hand sides of these equations. Now, we will assume that the quickly rotating coherences are damped to equilibrium on a time scale short compared to the external motion of interest, and hence set $\partial_{t} \tilde{\rho}_{\mathrm{ge}} \approx \partial_{t} \tilde{\rho}_{\mathrm{eg}} \approx 0$. Doing so leads to the adiabatic relations

$$
\begin{align*}
& \tilde{\rho}_{\mathrm{ge}}=\rho_{\mathrm{gg}} \frac{\Omega^{*}(x)}{2 \Delta}  \tag{5.419}\\
& \tilde{\rho}_{\mathrm{eg}}=\frac{\Omega(x)}{2 \Delta} \rho_{\mathrm{gg}}
\end{align*}
$$

where we have neglected the momentum and $\Gamma$ terms in comparison to the $\Delta$ term. Substituting Eqs. (5.419) into the equation of motion for $\tilde{\rho}_{\mathrm{gg}}$ (and neglecting the $\tilde{\rho}_{\text {ee }}$ term), we find

$$
\begin{equation*}
\partial_{t} \tilde{\rho}_{\mathrm{gg}}=-\frac{i}{\hbar}\left[\frac{p^{2}}{2 m}+\frac{\hbar|\Omega(x)|^{2}}{4 \Delta}, \rho_{\mathrm{gg}}\right] \tag{5.420}
\end{equation*}
$$

This equation is simply the equation of motion for $\tilde{\rho}_{\text {gg }}$ under the Hamiltonian

$$
\begin{equation*}
H_{\tilde{\rho}}=\frac{p^{2}}{2 m}+\frac{\hbar|\Omega(x)|^{2}}{4 \Delta} \tag{5.421}
\end{equation*}
$$

which is just the effective Hamiltonian (5.414). Note that we have ultimately discarded the spontaneous emission effects, which lead to extra diffusive terms in the reduced evolution equations here, as we discuss below.

From this approach, it is clear that the adiabatic approximation is good after a time on the order of $1 / \Gamma$, when the coherences have damped away. After this initial transient, the adiabatic approximation remains good as long as any modulations of the optical potential take place over a time long compared to $1 / \tilde{\Omega}$. This is clear from the dressed-state analysis below, because such modulations will not excite transitions between the dressed states and thus cause the adiabatic approximation to break down.

### 5.8.3.2 Bragg Scattering in an Optical Standing Wave

As an example to gain some physical insight into the nature of the dipole force, we will consider the problem of Bragg scattering of a two-level atom in a weak, optical standing wave. The potential is, of course, sinusoidal in space with period $\lambda / 2$, and so this setup is equivalent to the quantum pendulum, but in a regime where the atoms have enough energy that they are not bound to the optical lattice of potential wells (rotational pendulum motion). The quantum-pendulum dynamics show a feature that is distinctly nonclassical: the momentum transferred from the potential to the atoms is quantized. To see this directly, we consider The following argument. For a standing wave composed of two equal but counterpropagating traveling waves, with a field of the form

$$
\begin{align*}
\mathbf{E}(x, t) & =\hat{z} E_{0}[\cos (k x-\omega t)+\cos (k x+\omega t)] \\
& =\hat{z} E_{0} \cos (k x)\left(e^{-i \omega t}+e^{i \omega t}\right)  \tag{5.422}\\
& =\mathbf{E}^{(+)}(x, t)+\mathbf{E}^{(-)}(x, t),
\end{align*}
$$

the Rabi frequency is simply $\Omega(x)=\Omega_{0} \cos (k x)$. Thus, the effective dipole potential is (dropping an overall constant)

$$
\begin{equation*}
V_{\mathrm{eff}}(x)=V_{0} \cos (2 k x) \tag{5.423}
\end{equation*}
$$

where the potential amplitude is

$$
\begin{equation*}
V_{0}=\frac{\hbar\left|\Omega_{0}\right|^{2}}{8 \Delta} \tag{5.424}
\end{equation*}
$$

The Schrödinger equation is

$$
\begin{align*}
i \hbar \partial_{t}|\psi\rangle & =\left[\frac{p^{2}}{2 m}+V_{0} \cos (2 k x)\right]|\psi\rangle  \tag{5.425}\\
& =\left[\frac{p^{2}}{2 m}+\frac{V_{0}}{2}\left(e^{i 2 k x}+e^{-i 2 k x}\right)\right]|\psi\rangle
\end{align*}
$$

which can be written in the momentum representation as

$$
\begin{equation*}
i \hbar \partial_{t} \psi(p)=\frac{p^{2}}{2 m} \psi(p)+\frac{V_{0}}{2}[\psi(p+2 \hbar k)+\psi(p-2 \hbar k)] \tag{5.426}
\end{equation*}
$$

where $\psi(p):=\langle p \mid \psi\rangle$. This form follows from either recognizing $\exp (i k x)$ as a momentum-displacement operator, or by carrying out an explicit Fourier transform of the equation from the position to the momentum representation, and the explicit proof is left as an exercise. So, the evolution in the standing wave imposes a "ladder" structure in momentum, such that an atom beginning in a plane-wave state $|p\rangle$ can only subsequently occupy the states $|p+n 2 \hbar k\rangle$ for integer $n$. This momentum quantization has a clear interpretation in terms of the stimulated scattering of lattice photons: if the atom absorbs a photon that was traveling in one direction and then re-emits it into the counterpropagating mode, the atom will recoil, changing its momentum by
twice the photon momentum, or by $2 \hbar k$. Of course, the argument that we just considered was based on a classical treatment of the field, so it is the spatial periodicity of the potential that imposes the ladder structure in this model.

However, the momentum transfer to the atoms can be viewed as a stimulated Raman transition-a two-photon transition from one ground state to an excited state and back to another ground state-between different motional states, say $|\mathrm{g}, p\rangle$ and $|\mathrm{g}, p+2 \hbar k\rangle$.


We can use Eq. (5.426) to write down coupled equations for the two states. Assuming that couplings to other states are negligible, we have

$$
\begin{align*}
i \hbar \partial_{t} \psi(p) & =\frac{p^{2}}{2 m} \psi(p)+\frac{V_{0}}{2} \psi(p+2 \hbar k)  \tag{5.427}\\
i \hbar \partial_{t} \psi(p+2 \hbar k) & =\frac{(p+2 \hbar k)^{2}}{2 m} \psi(p)+\frac{V_{0}}{2} \psi(p) .
\end{align*}
$$

These are the equations of motion for a two-level system, coupled with Rabi frequency

$$
\begin{equation*}
\Omega_{\mathrm{R}}=\frac{V_{0}}{\hbar}=\frac{\left|\Omega_{0}\right|^{2}}{8 \Delta} \tag{5.428}
\end{equation*}
$$

with a dc interaction between states of energy difference

$$
\begin{equation*}
\Delta E=\frac{(p+2 \hbar k)^{2}}{2 m}-\frac{p^{2}}{2 m}=\frac{2 \hbar k p}{m}+4 \hbar \omega_{\mathrm{r}} \tag{5.429}
\end{equation*}
$$

where the recoil energy

$$
\begin{equation*}
\hbar \omega_{\mathrm{r}}:=\frac{\hbar^{2} k^{2}}{2 m} \tag{5.430}
\end{equation*}
$$

(recoil energy)
is the atomic kinetic energy associated with a single photon recoil. Thus, atomic population oscillates between the two momentum states at the Raman Rabi frequency $\Omega_{\mathrm{R}}$ : since we have adiabatically eliminated the intermediate (excited) state, the three-level system behaves approximately as an effective two-level system.

More generally speaking, the coupling between these two levels is described by a Raman Rabi frequency (as in the two-level atom), given by

$$
\begin{equation*}
\Omega_{\mathrm{R}}=\frac{\Omega_{1} \Omega_{2}}{2 \Delta} \tag{5.431}
\end{equation*}
$$

(Raman Rabi frequency)
where $\Omega_{1,2}$ are the Rabi frequencies associated separately with each traveling-wave component of the standing wave, and $\Delta$ is the mutual detuning to the atomic excited state (the relative frequency difference is constrained by energy conservation to be the splitting between the motional states). To connect with the notation that we have already used, $\Omega_{1}=\Omega_{2}=\Omega_{0} / 2$ for the case of identical traveling waves, so that $\hbar \Omega_{\mathrm{R}}=V_{0}$, and thus again $V_{0}$ also represents the strength of the Raman couplings.

The two-photon, stimulated Raman transition is an example of a Bragg scattering process. ${ }^{34}$ In fact, it is the simplest ("first-order") form of Bragg scattering; in general, $n$ th-order Bragg scattering is a $2 n$-photon transition spanning an interval of $2 n \hbar k$ in momentum between the $| \pm n \hbar k\rangle$ states.. The term "Bragg scattering" applies to the weakly coupled regime, where the intermediate states are not appreciably populated, and so the transition between the two distant momentum states can be treated as a two-level problem. In this regime, classical transport between these distinct momentum regions is forbidden, as the classical potential is not sufficiently strong to cause a correspondingly large change in the classical momentum. As such, Bragg scattering is an example of dynamical tunneling, which is quantum tunneling between regions in phase space between which classical transport is forbidden, but by the dynamics (here, the nature of asymptotically free-particle motion) rather than by a potential barrier.

Although the potential has a small amplitude, quantum coherence can build up as the atoms sample the potential and cause the atoms to significantly change their motion. We will illustrate this process by considering the relatively simple case of second-order Bragg scattering, and then we will generalize our results to the $n$ th-order case. We consider the case where the standing wave is stationary, so that only the states $|-2 \hbar k\rangle$ and $|2 \hbar k\rangle$ are resonantly coupled in the limit of small $\Omega_{\mathrm{R}}$. No other states will be substantially coupled by these fields, unless the Raman Rabi frequency is large enough to power-broaden the off-resonant transitions, which would not correspond to the Bragg regime. The relevant energy-level diagram is shown below, which shows that the detuning from the $|p=0\rangle$ motional state is simply the kinetic-energy shift.


Neglecting couplings to other states (which are even further detuned than the $|p=0\rangle$ state), the Schrödinger equation for the three coupled momentum states then becomes

$$
\begin{align*}
i \hbar \partial_{t} \psi(-2 \hbar k, t) & =\frac{(-2 \hbar k)^{2}}{2 m} \psi(-2 \hbar k, t)+\frac{\hbar \Omega_{\mathrm{R}}}{2} \psi(0, t) \\
i \hbar \partial_{t} \psi(0, t) & =\frac{\hbar \Omega_{\mathrm{R}}}{2}[\psi(-2 \hbar k, t)+\psi(2 \hbar k, t)]  \tag{5.432}\\
i \hbar \partial_{t} \psi(2 \hbar k, t) & =\frac{(2 \hbar k)^{2}}{2 m} \psi(2 \hbar k, t)+\frac{\hbar \Omega_{\mathrm{R}}}{2} \psi(0, t) .
\end{align*}
$$

Adding an energy offset of $-4 \hbar \omega_{\mathrm{r}}$, the equations become

$$
\begin{align*}
i \hbar \partial_{t} \psi( \pm 2 \hbar k, t) & =\frac{\hbar \Omega_{\mathrm{R}}}{2} \psi(0, t)  \tag{5.433}\\
i \hbar \partial_{t} \psi(0, t) & =\frac{\hbar \Omega_{\mathrm{R}}}{2}[\psi(-2 \hbar k, t)+\psi(2 \hbar k, t)]-4 \hbar \omega_{\mathrm{r}} \psi(0, t)
\end{align*}
$$

Now we assume that $\Omega_{\mathrm{R}} \ll 4 \omega_{\mathrm{r}}$, so that the population in the $|p=0\rangle$ state is $O\left(\Omega_{\mathrm{R}}^{2} / \omega_{\mathrm{r}}^{2}\right)$ and hence negligible. Additionally, we can make an adiabatic approximation for the evolution of the $|p=0\rangle$ state, by formally

[^78]setting $\partial_{t} \psi(0, t)=0$, as we did in Section 5.8.3. Again, though, this is a shortcut for considering the densitymatrix picture and replacing the rapidly-varying coherences with their locally average value (although this procedure is a result of coarse-graining here, rather than radiative damping as in the previous treatment). Doing so leads to the adiabatic relation
\[

$$
\begin{equation*}
4 \omega_{\mathrm{r}} \psi(0, t)=\frac{\Omega_{\mathrm{R}}}{2}[\psi(-2 \hbar k, t)+\psi(2 \hbar k, t)] \tag{5.434}
\end{equation*}
$$

\]

which can be used to eliminate the intermediate state, resulting in a two-level evolution:

$$
\begin{equation*}
i \hbar \partial_{t} \psi( \pm 2 \hbar k, t)=\frac{\hbar \Omega_{\mathrm{R}}^{2}}{16 \omega_{\mathrm{r}}}[\psi( \pm 2 \hbar k, t)+\psi(\mp 2 \hbar k, t)] . \tag{5.435}
\end{equation*}
$$

Hence, we see explicitly the Raman-Rabi oscillations between the two motional states (which is not the classical pendulum oscillation of the momentum), and the second-order Bragg Rabi frequency is $\Omega_{\mathrm{B}, 2}=$ $\Omega_{\mathrm{R}}^{2} / 8 \omega_{\mathrm{r}}$. The first term represents a Stark shift of $\Omega_{\mathrm{B}, 2} / 2$, due to scattering processes where the absorbed and emitted photons have the same $\mathbf{k}$, while the second term represents the Rabi-type coupling, where the absorbed and emitted photons have opposite $\mathbf{k}$. Comparing this expression to the form (5.431) for the twophoton Rabi frequency, we see that this second-order Bragg process can be viewed also as a Raman process of two Raman transitions, where the detuning to the intermediate state $\Delta$ is identified as $4 \omega_{r}$.

Continuing in this manner, the Bragg rate for $n$ th-order scattering from $n \hbar k$ to $-n \hbar k$ is given by

$$
\begin{equation*}
\Omega_{\mathrm{B}, n}=\frac{\Omega_{\mathrm{R}}^{n}}{2^{n-1} \prod_{k=1}^{n-1} \delta_{k}} \tag{5.436}
\end{equation*}
$$

where $\delta_{k}$ is the detuning of the $k$ th intermediate motional state. Notice that the intermediate detunings are given by $\left[n^{2}-(n-2)^{2}\right] \omega_{\mathrm{r}},\left[n^{2}-(n-4)^{2}\right] \omega_{\mathrm{r}}, \ldots,\left[n^{2}-(2-n)^{2}\right] \omega_{\mathrm{r}}$, so that this Bragg frequency can be written as

$$
\begin{equation*}
\Omega_{\mathrm{B}, n}=\frac{\Omega_{\mathrm{R}}^{n}}{\left(8 \omega_{\mathrm{r}}\right)^{n-1}[(n-1)!]^{2}} \tag{5.437}
\end{equation*}
$$

(Bragg transition rate)
The transition frequency obviously becomes small for high-order Bragg processes, as the Rabi frequency decreases exponentially with the order. Nevertheless, Bragg oscillations of up to sixth ${ }^{35}$ and eighth ${ }^{36}$ order have been observed experimentally for an atomic beam crossing an optical standing wave.

### 5.8.4 Nonperturbative Analysis

The above analysis of the dipole force was a perturbative treatment in $\Omega / \Delta$ for the ground-state energy shift. We will now perform a better analysis that gets the (adiabatic) potential correct even for strong excitation, as well as the radiation-pressure force. ${ }^{37}$ We start with the Heisenberg-picture force:

$$
\begin{equation*}
\mathbf{F}=\partial_{t} \mathbf{p}=\frac{i}{\hbar}[H, \mathbf{p}]=-\nabla H_{\mathrm{AF}} \tag{5.438}
\end{equation*}
$$

since $\mathbf{p}=-i \hbar \nabla$. Here, the atomic position $\mathbf{r}$ is in principle an operator, but we will take on the semiclassical view that it refers to the mean atomic position to simplify this treatment, in contrast to our perturbative treatment. Again, the rotating-frame interaction Hamiltonian is given by

$$
\begin{equation*}
H_{\mathrm{AF}}=\frac{\hbar}{2}\left[\Omega^{*}(\mathbf{r}) \sigma+\Omega(\mathbf{r}) \sigma^{\dagger}\right] \tag{5.439}
\end{equation*}
$$

[^79]Here, we have written the Rabi frequency again as

$$
\begin{equation*}
\Omega(\mathbf{r})=-\frac{2\langle\mathrm{~g}| \hat{\varepsilon} \cdot \mathbf{d}|\mathrm{e}\rangle E_{0}^{(+)}(\mathbf{r})}{\hbar}=|\Omega(\mathbf{r})| e^{i \phi(\mathbf{r})} \tag{5.440}
\end{equation*}
$$

where $E_{0}^{(+)}(\mathbf{r})$ is the positive-rotating part of the field. The spatial dependence includes both any phase rotation as well as slow envelope variations.

The force then depends on the gradient of the Rabi frequency according to

$$
\begin{equation*}
\mathbf{F}=-\frac{\hbar}{2}\left[\nabla \Omega^{*}(\mathbf{r}) \sigma+\nabla \Omega(\mathbf{r}) \sigma^{\dagger}\right] \tag{5.441}
\end{equation*}
$$

The gradient is given by

$$
\begin{equation*}
\nabla \Omega(\mathbf{r})=(\nabla|\Omega|) e^{i \phi}+i(\nabla \phi)|\Omega| e^{i \phi}=\Omega\left(\frac{\nabla|\Omega|}{|\Omega|}+i \nabla \phi\right) \tag{5.442}
\end{equation*}
$$

so we can write

$$
\begin{equation*}
\nabla \log \Omega(\mathbf{r})=\frac{\nabla \Omega(\mathbf{r})}{\Omega(\mathbf{r})}=\nabla \log |\Omega(\mathbf{r})|+i \nabla \phi(\mathbf{r}) \tag{5.443}
\end{equation*}
$$

for the gradient. The mean force then becomes

$$
\begin{equation*}
\langle\mathbf{F}\rangle=-\frac{\hbar \Omega^{*}(\mathbf{r})}{2}(\nabla \log |\Omega(\mathbf{r})|-i \nabla \phi(\mathbf{r}))\langle\sigma\rangle+\text { c.c. } \tag{5.444}
\end{equation*}
$$

There are two terms here. Both go as the interaction energy

$$
\begin{equation*}
\hbar \Omega^{*}(\mathbf{r})\langle\sigma\rangle=\left\langle\mathbf{d}^{(+)} \cdot \mathbf{E}^{(-)}\right\rangle \tag{5.445}
\end{equation*}
$$

for the dipole in the external field, but only the first depends on gradients of the field amplitude, and this term corresponds to the dipole force. The second term is due to absorption, since it has the opposite phase to the dipole force, and is the radiation-pressure force.

In the case where the atom is at rest or moves slowly on time scales of order $\Gamma^{-1}$, we can use the steadystate coherence $\langle\sigma\rangle=\tilde{\rho}_{\text {eg }}$. From the solution of the optical Bloch equations [Eq. (5.138)], now accounting for the fact that $\Omega$ is no longer necessarily real, the steady-state coherences are

$$
\begin{align*}
& \tilde{\rho}_{\mathrm{eg}}=-\frac{i \Omega}{\Gamma} \frac{1+\frac{i 2 \Delta}{\Gamma}}{1+\left(\frac{2 \Delta}{\Gamma}\right)^{2}+2 \frac{|\Omega|^{2}}{\Gamma^{2}}}=-\frac{i \Omega}{2(\Gamma / 2-i \Delta)(1+s)}  \tag{5.446}\\
& \tilde{\rho}_{\mathrm{ge}}=\frac{i \Omega^{*}}{2(\Gamma / 2+i \Delta)(1+s)},
\end{align*}
$$

where the saturation parameter is

$$
\begin{equation*}
s(\mathbf{r})=\frac{|\Omega(\mathbf{r})|^{2}}{2\left[(\Gamma / 2)^{2}+\Delta^{2}\right]} \tag{5.447}
\end{equation*}
$$

With these relations, the adiabatic mean force is

$$
\begin{align*}
\langle\mathbf{F}\rangle & =\frac{i \hbar|\Omega(\mathbf{r})|^{2}}{4(\Gamma / 2-i \Delta)(1+s)}(\nabla \log |\Omega(\mathbf{r})|-i \nabla \phi(\mathbf{r}))+\text { c.c. } \\
& =\frac{\hbar s(\mathbf{r})}{1+s(\mathbf{r})}\left(-\Delta \nabla \log |\Omega(\mathbf{r})|+\frac{\Gamma}{2} \nabla \phi(\mathbf{r})\right)  \tag{5.448}\\
& =\left\langle\mathbf{F}_{\text {dip }}\right\rangle+\left\langle\mathbf{F}_{\mathrm{rad}}\right\rangle .
\end{align*}
$$

We can write the second term, the mean radiation pressure, as

$$
\begin{equation*}
\left\langle\mathbf{F}_{\mathrm{rad}}\right\rangle=\Gamma \rho_{\mathrm{ee}}(\mathbf{r}, t \longrightarrow \infty) \hbar \nabla \phi(\mathbf{r}) \tag{5.449}
\end{equation*}
$$

(radiation-pressure force)
where we used $\rho_{\mathrm{ee}}(t \longrightarrow \infty)=(s / 2) /(1+s)$. For a plane wave, where $\phi(\mathbf{r})=\mathbf{k} \cdot \mathbf{r}$, the radiation-pressure force becomes

$$
\begin{equation*}
\left\langle\mathbf{F}_{\mathrm{rad}}\right\rangle=\Gamma \rho_{\mathrm{ee}}(\mathbf{r}, t \longrightarrow \infty) \hbar \mathbf{k} \tag{5.450}
\end{equation*}
$$

The radiation pressure thus has the physically reasonable interpretation of being the photon scattering rate multiplied by the photon recoil momentum. The force is in the direction of the wave vector $\mathbf{k}$. On the other hand, for a standing wave composed of two equal but counterpropagating traveling waves, with a field of the form

$$
\begin{align*}
\mathbf{E}(x, t) & =\hat{z} E_{0}[\cos (k x-\omega t)+\cos (k x+\omega t)]  \tag{5.451}\\
& =\hat{z} E_{0} \cos (k x)\left(e^{-i \omega t}+e^{i \omega t}\right),
\end{align*}
$$

the phase $\phi(\mathbf{r})$ is a constant, and the (mean) radiation-pressure force vanishes.
The first term, the mean dipole force, is

$$
\begin{equation*}
\left\langle\mathbf{F}_{\mathrm{dip}}\right\rangle=-\frac{\hbar \Delta s(\mathbf{r})}{1+s(\mathbf{r})} \operatorname{Re}[\nabla \log |\Omega(\mathbf{r})|] \tag{5.452}
\end{equation*}
$$

This force depends on $\Delta$ and the field intensity (via $s$ ), and thus on the phase between the applied and dipole radiated fields, giving a dispersive frequency dependence. The force represents a change in the field momentum due to the interference of the radiated and (outgoing) applied fields. The quantum-mechanical interpretation is that the force occurs via coherent scattering processes of absorption and stimulated emission, where the absorbed and emitted photons have different $\mathbf{k}$ vector orientations. The atom therefore recoils to conserve the total atom-field momentum. In a plane wave, there is only one $\mathbf{k}$, and so there is no possibility for changing $\mathbf{k}$ on scattering. There is thus no dipole force in a plane wave: intensity gradients, which are connected to uncertainty in the direction of $\mathbf{k}$, are necessary to produce a dipole force.

Since the gradient of the saturation parameter is

$$
\begin{equation*}
\nabla s=\frac{2|\Omega| \nabla|\Omega|}{2\left[(\Gamma / 2)^{2}+\Delta^{2}\right]}=2 s \frac{\nabla|\Omega|}{|\Omega|}=2 s \nabla \log |\Omega| \tag{5.453}
\end{equation*}
$$

we can write the dipole force in the form

$$
\begin{equation*}
\left\langle\mathbf{F}_{\mathrm{dip}}\right\rangle=-\frac{\hbar \Delta}{2} \frac{\nabla s}{1+s}=-\frac{\hbar \Delta}{2} \nabla \log (1+s)=-\nabla V_{\mathrm{dip}} \tag{5.454}
\end{equation*}
$$

where

$$
\begin{equation*}
V_{\mathrm{dip}}=\frac{\hbar \Delta}{2} \log [1+s(\mathbf{r})]=\frac{\hbar \Delta}{2} \log \left[1+\frac{|\Omega(\mathbf{r})|^{2}}{2\left[(\Gamma / 2)^{2}+\Delta^{2}\right]}\right]=\frac{\hbar \Delta}{2} \log \left[1+\frac{I(\mathbf{r}) / I_{\mathrm{sat}}}{1+4 \Delta^{2} / \Gamma^{2}}\right] \tag{5.455}
\end{equation*}
$$

(dipole potential)
This is the main result of this section. This gives the dipole potential for any field intensity, for a stationary atom, or for an atom moving very slowly (as we have used the steady-state solutions of the optical Bloch equations). Notice that while the radiation pressure force saturates for large $s$, the dipole force can continue to increase without bound, though for large intensities it only does so logarithmically. Also, the dipole potential is a negative shift for red detuning and a positive shift for blue detuning. Exactly on resonance, the dipole force vanishes. Additionally, note that there is no counter-rotating term of the form $\left(\omega+\omega_{0}\right)^{-1}$ as there was in the classical result of Eq. (1.76), since our solution here is based on the optical Bloch equations, which have assumed the rotating-wave approximation.

Far off resonance, we can expand the logarithm to first order in $s(\mathbf{r})$ :

$$
\begin{equation*}
V_{\mathrm{dip}} \approx \frac{\hbar \Delta}{2} s(\mathbf{r}) \approx \frac{\hbar|\Omega(\mathbf{r})|^{2}}{4 \Delta} \tag{5.456}
\end{equation*}
$$

(dipole potential, far off resonance)

Thus, we recover our effective dipole potential from our previous perturbative treatment. In terms of the saturation intensity, using $I / I_{\text {sat }}=2 \Omega^{2} / \Gamma^{2}$ we find the perturbative result in standard form

$$
\begin{equation*}
V_{\mathrm{dip}} \approx \frac{\hbar \Gamma^{2}}{8 \Delta} \frac{I(\mathbf{r})}{I_{\mathrm{sat}}} \tag{5.457}
\end{equation*}
$$

(dipole potential, far off resonance)
in agreement with the classical expression (1.77) in the same regime.

### 5.8.5 Dressed-State Interpretation

Using the dressed-atom picture, we can obtain more generally valid results for the dipole potential. ${ }^{38}$ The dressed-state energies from Eq. (5.64) are

$$
\begin{equation*}
E_{ \pm}=-\frac{\hbar \Delta}{2} \pm \frac{\hbar \tilde{\Omega}}{2} \tag{5.458}
\end{equation*}
$$

where the generalized Rabi frequency is

$$
\begin{equation*}
\tilde{\Omega}=\sqrt{|\Omega|^{2}+\Delta^{2}} \tag{5.459}
\end{equation*}
$$

in the case of a complex Rabi frequency. The energies of the dressed states relative to the mean level energy $-\hbar \Delta / 2$ are thus $\pm \hbar \tilde{\Omega} / 2$. For a Gaussian laser beam, the dressed states shift in opposite directions. For concreteness, assume a large red detuning $(\Delta<0)$, where we can approximately identify $|\mathrm{g}\rangle \approx|-\rangle$. Then a ground-state atom sees a potential well, while an excited-state atom sees a potential barrier.


The ground-state shift is then

$$
\begin{equation*}
V_{\mathrm{gnd}}=-\frac{\hbar \tilde{\Omega}}{2}=-\frac{\hbar}{2}|\Delta| \sqrt{1+\frac{|\Omega|^{2}}{\Delta^{2}}} \approx-\frac{\hbar}{2}|\Delta|\left(1+\frac{|\Omega|^{2}}{2 \Delta^{2}}\right) \approx \frac{\hbar \Delta}{2}+\frac{\hbar|\Omega|^{2}}{4 \Delta} \tag{5.460}
\end{equation*}
$$

The first term is the bare-state energy, while the second term is the lowest-order dipole potential. Of course, this is only valid in the far-detuned limit $(|\Delta| \gg,|\Omega|)$, where we can assume the atom is approximately in the ground state. For larger excitation, the atom is in a mixture of the two dressed states in steady state, and since the shifts are opposite, the total potential shift is less than this perturbative result indicates. This motivates the logarithmic saturation of the dipole potential with intensity (but see the homework for a more precise interpretation of the dipole potential in terms of dressed states). The sign of the dipole force, which again depends only on the sign of the detuning, is thus explained by which dressed state has the most population. Far to the red of resonance, $|\mathrm{g}\rangle \approx|-\rangle$, and so the shift is negative, while far to the blue, $|\mathrm{g}\rangle \approx|+\rangle$, and so the dipole potential shift is positive.

[^80]
### 5.8.6 Fluctuations of the Optical Force

The optical force on the atoms in the standing wave can also lead to momentum diffusion. Part of this diffusion is due to spontaneous emission. The dipole moment of the atom fluctuates due to spontaneous emission, and this fluctuating dipole interacts with the field gradients in the standing wave to produce momentum diffusion. Alternately, you can think of it this way: the atom occasionally jumps to the ground state whenever a photon is emitted (seen by a fictitious photodetector), and then relaxes towards equilibrium. This means that the atom is changing its weight stochastically between the dressed states, which have shifts of opposite signs. Thus, the dipole force the atoms experience is also stochastic.

### 5.8.6.1 Fokker-Planck Equation

To handle the effect of fluctuations on the atoms, we will take the semiclassical view of atoms as localized particles on the scale of the potential, and treat the momentum probability density $f(p, t)$ for an ensemble of atoms. In treating the mean force, what we have derived is the drift coefficient $A$ for the advection equation

$$
\begin{equation*}
\partial_{t} f(p, t)=-A \partial_{p} f(p, t) \tag{5.461}
\end{equation*}
$$

The solution to this equation is simply $f(p-A t)$, and thus this equation simply represents translation of the momentum distribution by $A t$. Thus, the drift coefficient $A$ is the mean force on the atoms. We can see the effect of the right-hand-side on the distribution by visualizing its derivatives on a simple distribution.


On the left-hand side, where the derivative is positive, the advection term causes the function to decrease, assuming $A>0$. On the right-hand side, the opposite is true. The net effect is motion of the distribution to the right.

To treat diffusion, we use a second-order term to obtain the diffusion equation

$$
\begin{equation*}
\partial_{t} f(p, t)=\frac{D}{2} \partial_{p}^{2} f(p, t) \tag{5.462}
\end{equation*}
$$

with diffusion coefficient $D$. The diffusion term causes the distribution to spread, which we can again see by visualizing the derivatives for a smooth, single-peaked distribution.


For a positive diffusion coefficient, the second derivative is negative at the peak but positive in the wings, resulting in a net spreading. The diffusion equation has the Gaussian solution, assuming an initial condition of $\delta\left(x-x_{0}\right)$, of

$$
\begin{equation*}
f(p, t)=\frac{1}{\sqrt{2 \pi D t}} \exp \left[-\frac{1}{2} \frac{\left(x-x_{0}\right)^{2}}{D t}\right] \tag{5.463}
\end{equation*}
$$

which has variance $D t$ and width $\sqrt{D t}$. Note that under this evolution, even non-Gaussian initial conditions become asymptotically Gaussian, as we expect for a random-walk process. This is because the Gaussian solution is the solution for the delta-function initial condition, and thus the solution at time $t$ for a general initial condition is the convolution of the initial condition with the above Gaussian. At late times, when the Gaussian solution is much broader than the initial condition, the contribution of the initial condition to the solution is negligible.

Combining these two effects, we arrive at a simple advection-diffusion equation

$$
\begin{equation*}
\partial_{t} f(p, t)=-A \partial_{p} f(p, t)+\frac{D}{2} \partial_{p}^{2} f(p, t) \tag{5.464}
\end{equation*}
$$

In the more general, one-dimensional case, the advection and diffusion coefficients can depend on the momentum itself

$$
\begin{equation*}
\partial_{t} f(p, t)=-\partial_{p} A(p) f(p, t)+\frac{1}{2} \partial_{p}^{2} D(p) f(p, t) \tag{5.465}
\end{equation*}
$$

(Fokker-Planck equation)
This equation is the one-dimensional Fokker-Planck equation. Again, note that we have computed the advection coefficient for the optical force, although thus far we have ignored its momentum dependence. In the following sections, we will be concerned with computing the diffusion coefficient, also ignoring its velocity dependence. The simplest velocity dependent case that we would like to consider for laser cooling is the linear case of $A(p)=A p$ and $D(p)=D$, where we can write down the Gaussian solution ${ }^{39}$

$$
\begin{equation*}
f(p, t)=\frac{1}{\sqrt{2 \pi(D / 2 A)\left(e^{2 A t}-1\right)}} \exp \left[-\frac{1}{2} \frac{\left(p-p_{0} e^{A t}\right)^{2}}{(D / 2 A)\left(e^{2 A t}-1\right)}\right] \tag{5.466}
\end{equation*}
$$

For $A>0$, the system is unstable and runs away, while for $A<0$, the solution settles down to the steady state Gaussian centered at $p=0$ and width $\sqrt{D / 2|A|}$ :

$$
\begin{equation*}
f(p, t \longrightarrow \infty)=\frac{1}{\sqrt{2 \pi D / 2|A|}} \exp \left[-\frac{1}{2} \frac{p^{2}}{D / 2|A|}\right] \tag{5.467}
\end{equation*}
$$

(steady-state, linear solution)
This, of course, is the problem of laser cooling with intrinsic noise, as we discussed when deriving the Doppler limit of Section 1.4.3.1.

In the most general case, the Fokker-Planck equation in three dimensions is (note the implied summations)

$$
\begin{equation*}
\partial_{t} f(\mathbf{p}, t)=-\frac{\partial}{\partial p_{\alpha}} A_{\alpha}(\mathbf{p}) f(\mathbf{p}, t)+\frac{1}{2} \frac{\partial^{2}}{\partial p_{\alpha} \partial p_{\beta}} D_{\alpha \beta}(\mathbf{p}) f(\mathbf{p}, t) . \tag{5.468}
\end{equation*}
$$

However, we will only be concerned with the total diffusion rate $D_{\alpha \alpha}$, rather than with the anisotropic components of the diffusion tensor $D_{\alpha \beta}$.

### 5.8.6.2 Diffusion Coefficient

For the calculation of the diffusion coefficient due to optical forces, we will again assume an atom at rest (or slowly moving), and we will also assume that the atom is spatially localized. Based on our above discussion, we may take the diffusion coefficient (henceforth denoted by $D_{p}$ ) to be defined by the rate at which the momentum variance increases:

$$
\begin{align*}
D_{p} & =\partial_{t} V_{p} \\
& =\partial_{t}\left(\left\langle p^{2}\right\rangle-\langle p\rangle^{2}\right)  \tag{5.469}\\
& =\langle\mathbf{p} \cdot \mathbf{F}\rangle+\langle\mathbf{F} \cdot \mathbf{p}\rangle-2\langle\mathbf{p}\rangle \cdot\langle\mathbf{F}\rangle,
\end{align*}
$$

where we have used $\mathbf{F}=\partial_{t} \mathbf{p}$. Then expressing $\mathbf{p}$ as the time integral of $\mathbf{F}$,

$$
\begin{align*}
D_{p} & =\int_{-\infty}^{t} d t^{\prime}\left[\left\langle\mathbf{F}\left(t^{\prime}\right) \cdot \mathbf{F}(t)\right\rangle+\left\langle\mathbf{F}(t) \cdot \mathbf{F}\left(t^{\prime}\right)\right\rangle-2\left\langle\mathbf{F}\left(t^{\prime}\right)\right\rangle \cdot\langle\mathbf{F}(t)\rangle\right]  \tag{5.470}\\
& =\int_{-\infty}^{0} d \tau[\langle\mathbf{F}(t+\tau) \cdot \mathbf{F}(t)\rangle+\langle\mathbf{F}(t) \cdot \mathbf{F}(t+\tau)\rangle-2\langle\mathbf{F}(t)\rangle \cdot\langle\mathbf{F}(t+\tau)\rangle]
\end{align*}
$$

[^81]where we have set $t^{\prime}=t+\tau$ and assumed stationarity of the force. Thus, we can write
\[

$$
\begin{equation*}
D_{p}=\int_{-\infty}^{\infty} d \tau\left[\langle\mathbf{F}(t) \cdot \mathbf{F}(t+\tau)\rangle-\langle\mathbf{F}(t)\rangle^{2}\right] \tag{5.471}
\end{equation*}
$$

\]

(diffusion coefficient)
Now recalling from Eq. (5.441) that

$$
\begin{equation*}
\mathbf{F}=-\frac{\hbar}{2}\left[\nabla \Omega^{*}(\mathbf{r}) \sigma+\nabla \Omega(\mathbf{r}) \sigma^{\dagger}\right] \tag{5.472}
\end{equation*}
$$

we can write

$$
\begin{align*}
\langle\mathbf{F}(t) \cdot \mathbf{F}(t+\tau)\rangle=\frac{\hbar^{2}}{4}\{ & |\nabla \Omega(\mathrm{r})|^{2}\left[\left\langle\sigma^{\dagger}(t) \sigma(t+\tau)\right\rangle+\left\langle\sigma(t) \sigma^{\dagger}(t+\tau)\right\rangle\right]  \tag{5.473}\\
& \left.+[\nabla \Omega(\mathbf{r})]^{2}\left\langle\sigma^{\dagger}(t) \sigma^{\dagger}(t+\tau)\right\rangle+\left[\nabla \Omega^{*}(\mathbf{r})\right]^{2}\langle\sigma(t) \sigma(t+\tau)\rangle\right\}
\end{align*}
$$

Had we treated the field quantum-mechanically here, there would be an extra term describing diffusion due to spontaneous emission. ${ }^{40}$ However, this is missing in our semiclassical treatment, and we will treat that effect separately below.

### 5.8.6.3 Quantum Regression Theorem

Thus, we will need integrals of two-time averages of the form

$$
\begin{equation*}
\int_{-\infty}^{\infty} d \tau\left[\left\langle\sigma^{\dagger}(t) \sigma(t+\tau)\right\rangle-|\langle\sigma\rangle|^{2}\right] \tag{5.474}
\end{equation*}
$$

To do this, we will use the alternate form of the quantum regression theorem (Section 5.7.3.1): given that one-time average $\langle\sigma(t)\rangle$ has a solution of the form

$$
\begin{equation*}
\langle\sigma(t)\rangle=g_{0}(t)+g_{1}(t)\langle\sigma(0)\rangle+g_{2}(t)\left\langle\sigma^{\dagger}(0)\right\rangle+g_{3}(t)\left\langle\sigma_{z}(0)\right\rangle \tag{5.475}
\end{equation*}
$$

which it must have to be completely determined by the initial quantum state, it follows from the quantum regression theorem that the two-time average has the similar solution

$$
\begin{equation*}
\left\langle\sigma^{\dagger}(t) \sigma(t+\tau)\right\rangle=g_{0}(\tau)\left\langle\sigma^{\dagger}\right\rangle+g_{1}(\tau)\left\langle\sigma^{\dagger} \sigma\right\rangle+g_{2}(\tau)\left\langle\sigma^{\dagger} \sigma^{\dagger}\right\rangle+g_{3}(\tau)\left\langle\sigma^{\dagger} \sigma_{z}\right\rangle \tag{5.476}
\end{equation*}
$$

where the expectation values are taken in steady state. Using $\left(\sigma^{\dagger}\right)^{2}=0$ and $\sigma^{\dagger} \sigma_{z}=-\sigma^{\dagger}$,

$$
\begin{equation*}
\left\langle\sigma^{\dagger}(t) \sigma(t+\tau)\right\rangle=\left[g_{0}(\tau)-g_{3}(\tau)\right] \tilde{\rho}_{\mathrm{ge}}(t \longrightarrow \infty)+g_{1}(\tau) \rho_{\mathrm{ee}}(t \longrightarrow \infty) \tag{5.477}
\end{equation*}
$$

Similarly, we will need the correlation function $\left\langle\sigma(t) \sigma^{\dagger}(t+\tau)\right\rangle$, which should have a similar solution as

$$
\begin{equation*}
\left\langle\sigma^{\dagger}(t)\right\rangle=g_{0}^{*}(t)+g_{1}^{*}(t)\left\langle\sigma^{\dagger}(0)\right\rangle+g_{2}^{*}(t)\langle\sigma(0)\rangle+g_{3}^{*}(t)\left\langle\sigma_{z}(0)\right\rangle \tag{5.478}
\end{equation*}
$$

in which case we note that to get the right steady state, we replace $g_{0}^{*}(t) \longrightarrow g_{0}^{*}(\tau)\langle\sigma\rangle$, and for the other coefficients we replace $\langle C(0)\rangle \longrightarrow\langle\sigma C\rangle$ to obtain

$$
\begin{align*}
\left\langle\sigma(t) \sigma^{\dagger}(t+\tau)\right\rangle & =g_{0}^{*}(\tau)\left\langle\sigma^{\dagger}\right\rangle+g_{1}^{*}(\tau)\left\langle\sigma \sigma^{\dagger}\right\rangle+g_{2}^{*}(\tau)\langle\sigma \sigma\rangle+g_{3}^{*}(\tau)\left\langle\sigma \sigma_{z}\right\rangle  \tag{5.479}\\
& =\left[g_{0}^{*}(\tau)+g_{3}^{*}(\tau)\right] \tilde{\rho}_{\mathrm{eg}}(t \longrightarrow \infty)+g_{1}^{*}(\tau) \rho_{\mathrm{gg}}(t \longrightarrow \infty)
\end{align*}
$$

[^82]Finally, for the two remaining correlation functions, we have

$$
\begin{align*}
\left\langle\sigma^{\dagger}(t) \sigma^{\dagger}(t+\tau)\right\rangle & =g_{0}^{*}(\tau)\left\langle\sigma^{\dagger}\right\rangle+g_{1}^{*}(\tau)\left\langle\sigma^{\dagger} \sigma^{\dagger}\right\rangle+g_{2}^{*}(\tau)\left\langle\sigma^{\dagger} \sigma\right\rangle+g_{3}^{*}(\tau)\left\langle\sigma^{\dagger} \sigma_{z}\right\rangle  \tag{5.480}\\
& =\left[g_{0}^{*}(\tau)-g_{3}^{*}(\tau)\right] \tilde{\rho}_{\mathrm{ge}}(t \longrightarrow \infty)+g_{2}^{*}(\tau) \rho_{\mathrm{ee}}(t \longrightarrow \infty)
\end{align*}
$$

and

$$
\begin{align*}
\langle\sigma(t) \sigma(t+\tau)\rangle & =g_{0}(\tau)\langle\sigma\rangle+g_{1}(\tau)\langle\sigma \sigma\rangle+g_{2}(\tau)\left\langle\sigma \sigma^{\dagger}\right\rangle+g_{3}(\tau)\left\langle\sigma \sigma_{z}\right\rangle  \tag{5.481}\\
& =\left[g_{0}(\tau)+g_{3}(\tau)\right] \tilde{\rho}_{\mathrm{eg}}(t \longrightarrow \infty)+g_{2}(\tau) \rho_{\mathrm{gg}}(t \longrightarrow \infty)
\end{align*}
$$

Now, to carry out the appropriate integrals over the correlation functions, we can write

$$
\begin{align*}
\int_{-\infty}^{\infty} d \tau\left[\left\langle\sigma^{\dagger}(t) \sigma(t+\tau)\right\rangle-|\langle\sigma\rangle|^{2}\right] & =\left(G_{0}-G_{3}\right) \tilde{\rho}_{\mathrm{ge}}(t \longrightarrow \infty)+G_{1} \rho_{\mathrm{ee}}(t \longrightarrow \infty)+\text { c.c. } \\
\int_{-\infty}^{\infty} d \tau\left[\left\langle\sigma(t) \sigma^{\dagger}(t+\tau)\right\rangle-|\langle\sigma\rangle|^{2}\right] & =\left(G_{0}^{*}+G_{3}^{*}\right) \tilde{\rho}_{\mathrm{eg}}(t \longrightarrow \infty)+G_{1}^{*} \rho_{\mathrm{gg}}(t \longrightarrow \infty)+\text { c.c. } \\
\int_{-\infty}^{\infty} d \tau\left[\left\langle\sigma^{\dagger}(t) \sigma^{\dagger}(t+\tau)\right\rangle-\left\langle\sigma^{\dagger}\right\rangle^{2}\right] & =\left(G_{0}^{*}-G_{3}^{*}\right) \tilde{\rho}_{\mathrm{ge}}(t \longrightarrow \infty)+G_{2}^{*} \rho_{\mathrm{ee}}(t \longrightarrow \infty)+\text { c.c. }  \tag{5.482}\\
\int_{-\infty}^{\infty} d \tau\left[\langle\sigma(t) \sigma(t+\tau)\rangle-\langle\sigma\rangle^{2}\right] & =\left(G_{0}+G_{3}\right) \tilde{\rho}_{\mathrm{eg}}(t \longrightarrow \infty)+G_{2} \rho_{\mathrm{gg}}(t \longrightarrow \infty)+\text { c.c. }
\end{align*}
$$

where

$$
\begin{equation*}
G_{\alpha}:=\int_{0}^{\infty} d \tau\left[g_{\alpha}(\tau)-\langle\sigma\rangle \delta_{\alpha 0}\right] \tag{5.483}
\end{equation*}
$$

and noting that $g_{\alpha}(-\tau)=g_{\alpha}^{*}(\tau)$, so that the $G_{\alpha}$ are real. Note that we subtract the dc amplitude in $G_{0}$, which implements the dc subtraction in Eqs. (5.474). In terms of these integrals, we can use Eqs. (5.482) in Eqs. (5.471) and (5.473) to write

$$
\begin{align*}
& D_{p}=\frac{\hbar^{2}}{4}\left\{|\nabla \Omega(\mathrm{r})|^{2}\left[\left(G_{0} \tilde{\rho}_{\mathrm{ge}}+\text { c.c. }\right)-\left(G_{3} \tilde{\rho}_{\mathrm{ge}}-\text { c.c. }\right)+G_{1}\right]\right.  \tag{5.484}\\
&\left.+[\nabla \Omega(\mathbf{r})]^{2}\left[\left(G_{0}^{*}-G_{3}^{*}\right) \tilde{\rho}_{\mathrm{ge}}+G_{2}^{*} \rho_{\mathrm{ee}}\right]+\left[\nabla \Omega^{*}(\mathbf{r})\right]^{2}\left[\left(G_{0}+G_{3}\right) \tilde{\rho}_{\mathrm{eg}}+G_{2} \rho_{\mathrm{gg}}\right]\right\}+ \text { c.c. }
\end{align*}
$$

But $D_{p}$ is real by construction, so we can explicitly drop any imaginary terms with the result

$$
\begin{equation*}
D_{p}=\frac{\hbar^{2}}{2} \operatorname{Re}\left\{|\nabla \Omega(\mathrm{r})|^{2}\left[2 G_{0} \tilde{\rho}_{\mathrm{ge}}(t \longrightarrow \infty)+G_{1}\right]+\left[\nabla \Omega^{*}(\mathbf{r})\right]^{2}\left[2 G_{0} \tilde{\rho}_{\mathrm{eg}}(t \longrightarrow \infty)+G_{2}\right]\right\} \tag{5.485}
\end{equation*}
$$

so that all that remains is to evaluate the integrals $G_{\alpha}$.
To do these integrals, note that given a function $f(t)$ and its Laplace transform $\mathscr{L}[f](s)$, we have

$$
\begin{equation*}
\int_{0}^{\infty} d t f(t)=\mathscr{L}[f](0) \tag{5.486}
\end{equation*}
$$

so that all we have to do is to compute Laplace transforms and evaluate them at $s=0$ ( $s$ being the dummy variable of the Laplace transform, not the saturation parameter). Now our equations of motion can be written

$$
\partial_{t}\left[\begin{array}{c}
\delta \tilde{\rho}_{\mathrm{eg}}  \tag{5.487}\\
\delta \tilde{\rho}_{\mathrm{ge}} \\
\left\langle\delta \sigma_{z}\right\rangle
\end{array}\right]=\left[\begin{array}{ccc}
-\frac{\Gamma}{2}+i \Delta & 0 & i \frac{\Omega}{2} \\
0 & -\frac{\Gamma}{2}-i \Delta & -i \frac{\Omega^{*}}{2} \\
i \Omega^{*} & -i \Omega & -\Gamma
\end{array}\right]\left[\begin{array}{c}
\delta \tilde{\rho}_{\mathrm{eg}} \\
\delta \tilde{\rho}_{\mathrm{ge}} \\
\left\langle\delta \sigma_{z}\right\rangle
\end{array}\right]=: \mathbf{P}\left[\begin{array}{c}
\delta \tilde{\rho}_{\mathrm{eg}} \\
\delta \tilde{\rho}_{\mathrm{ge}} \\
\left\langle\delta \sigma_{z}\right\rangle
\end{array}\right] .
$$

Computing the Laplace transform, we find

$$
\left[\begin{array}{c}
\mathscr{L}\left[\delta \tilde{\rho}_{\mathrm{eg}}\right](s)  \tag{5.488}\\
\mathscr{L}\left[\delta \tilde{\rho}_{\mathrm{ge}}\right](s) \\
\mathscr{L}\left[\left\langle\delta \sigma_{z}\right\rangle\right](s)
\end{array}\right]=\frac{1}{s-\mathbf{P}}\left[\begin{array}{c}
\delta \tilde{\rho}_{\mathrm{eg}}(0) \\
\delta \tilde{\rho}_{\mathrm{ge}}(0) \\
\left\langle\delta \sigma_{z}(0)\right\rangle
\end{array}\right]
$$

We only need the Laplace transform at $s=0$, so it suffices to compute

$$
\left.\frac{1}{s-\mathbf{P}}\right|_{s=0}=\frac{1}{-\mathbf{P}}=\frac{1}{4 \Gamma\left[\Gamma^{2} / 4+\Delta^{2}+\Omega^{2} / 2\right]}\left[\begin{array}{ccc}
2|\Omega|^{2}+2 \Gamma(\Gamma+i \Delta) & 2 \Omega^{2} & -\Omega(2 \Delta-i \Gamma)  \tag{5.489}\\
2\left[\Omega^{*}\right]^{2} & 2|\Omega|^{2}+2 \Gamma(\Gamma-i \Delta) & -\Omega^{*}(2 \Delta+i \Gamma) \\
-2 \Omega^{*}(2 \Delta-i \Gamma) & -2 \Omega(2 \Delta+i \Gamma) & \Gamma^{2}+4 \Delta^{2}
\end{array}\right]
$$

Then, since the zero-frequency component of the Laplace transform has the form

$$
\begin{align*}
\mathscr{L}\left[\delta \tilde{\rho}_{\mathrm{eg}}\right](0) & =\mathscr{L}[\langle\delta \sigma\rangle](0) \\
& =c_{1} \delta \tilde{\rho}_{\mathrm{eg}}(0)+c_{2} \delta \tilde{\rho}_{\mathrm{ge}}(0)+c_{3}\left\langle\delta \sigma_{z}(0)\right\rangle \\
& =\left[-c_{1} \tilde{\rho}_{\mathrm{eg}}(t \longrightarrow \infty)-c_{2} \tilde{\rho}_{\mathrm{ge}}(t \longrightarrow \infty)-c_{3}\left\langle\sigma_{z}(t \longrightarrow \infty)\right\rangle\right]+c_{1} \tilde{\rho}_{\mathrm{eg}}(0)+c_{2} \tilde{\rho}_{\mathrm{ge}}(0)+c_{3}\left\langle\sigma_{z}(0)\right\rangle \tag{5.490}
\end{align*}
$$

we can compare to Eq. (5.475) to identify $G_{1}=c_{1}, G_{2}=c_{2}, G_{3}=c_{3}$, and

$$
\begin{equation*}
G_{0}=-G_{1} \tilde{\rho}_{\mathrm{eg}}(t \longrightarrow \infty)-G_{2} \tilde{\rho}_{\mathrm{ge}}(t \longrightarrow \infty)-G_{3}\left\langle\sigma_{z}(t \longrightarrow \infty)\right\rangle \tag{5.491}
\end{equation*}
$$

We thus obtain

$$
\begin{align*}
G_{1} & =\frac{\Gamma+s(\mathbf{r})(\Gamma / 2-i \Delta)}{\Gamma[1+s(\mathbf{r})](\Gamma / 2-i \Delta)} \\
G_{2} & =\frac{\Omega^{2}}{2 \Gamma\left[(\Gamma / 2)^{2}+\Delta^{2}\right][1+s(\mathbf{r})]}  \tag{5.492}\\
G_{3} & =\frac{i \Omega}{2 \Gamma(\Gamma / 2-i \Delta)[1+s(\mathbf{r})]}
\end{align*}
$$

and using the steady-state values

$$
\begin{align*}
\tilde{\rho}_{\mathrm{eg}}(t \longrightarrow \infty) & =\frac{-i \Omega}{2(\Gamma / 2-i \Delta)[1+s(\mathbf{r})]}  \tag{5.493}\\
\rho_{\mathrm{ee}}(t \longrightarrow \infty) & =\frac{s(\mathbf{r}) / 2}{1+s(\mathbf{r})}
\end{align*}
$$

we find

$$
\begin{equation*}
G_{0}=-\frac{i \Omega}{2[1+s(\mathbf{r})]^{2}\left[(\Gamma / 2)^{2}+\Delta^{2}\right]}\left[\frac{\Gamma / 2-i \Delta}{\Gamma}-\frac{\Gamma}{\Gamma / 2-i \Delta}-\frac{i 2 s \Delta}{\Gamma}\right] \tag{5.494}
\end{equation*}
$$

Then, putting these integrals into Eq. (5.485), we find our main result

$$
\begin{align*}
D_{p}= & \frac{\hbar^{2} \Gamma}{2}\left(\frac{\nabla s}{2 s}\right)^{2} \frac{s}{(1+s)^{3}}\left[1+\left(\frac{\Gamma^{2}}{(\Gamma / 2)^{2}+\Delta^{2}}-1\right) s+3 s^{2}+4 \frac{(\Gamma / 2)^{2}+\Delta^{2}}{\Gamma^{2}} s^{3}\right] \\
& +\frac{\hbar^{2} \Gamma}{2}(\nabla \phi)^{2} \frac{s}{(1+s)^{3}}\left[1+\left(3-\frac{\Gamma^{2}}{(\Gamma / 2)^{2}+\Delta^{2}}\right) s+s^{2}\right] \\
& +\hbar^{2} \Delta\left(\frac{\nabla s \cdot \nabla \phi}{s}\right) \frac{s^{2}}{(1+s)^{3}}\left[\frac{\Gamma^{2}}{(\Gamma / 2)^{2}+\Delta^{2}}+s\right] \tag{5.495}
\end{align*}
$$

This expression is somewhat cumbersome, and so we will examine it in the limits of low and high intensity.

### 5.8.6.4 Interpretation of the Diffusion Rate

In the low-intensity limit, we find that only the first two terms contribute:

$$
\begin{equation*}
D_{p} \approx \frac{\hbar^{2} \Gamma s}{2}\left[\left(\frac{\nabla s}{2 s}\right)^{2}+(\nabla \phi)^{2}\right]+O\left(s^{2}\right) \tag{5.496}
\end{equation*}
$$

(diffusion coefficient, low-intensity limit)
The first responds to the gradient of the field, and we can see explicitly now that the effect here is due to the fluctuations of the atomic dipole interacting with the field gradients. Hence, this effect is referred to as the stochastic-dipole force. The other term, which depends on the phase gradient is due to photon absorption; we will interpret this effect more carefully below when we add spontaneous emission. In the high-intensity limit, the stochastic-dipole force dominates so long as $\nabla s \neq 0$, in which case the diffusion rate becomes

$$
\begin{equation*}
D_{p} \approx \frac{\hbar^{2}|\Omega|^{2}}{\Gamma}\left(\frac{\nabla s}{2 s}\right)^{2} \tag{5.497}
\end{equation*}
$$

(diffusion coefficient, high-intensity limit) As was the case for the mean force, the absorption contribution saturates, whereas the dipole contribution does not. Note that $D_{p}$ increases like $s$ for very large intensities, while $V_{\text {dip }}$ increases only as $\log s$, so that for a nearly conservative and long-lived trap it is not wise to use a very large saturation parameter.

### 5.8.6.5 Dressed-State Model

In the high-intensity limit, we can understand the diffusion simply in terms of the dressed states. ${ }^{41}$ In this limit, the dressed states $| \pm\rangle$ are approximately equal superpositions of $|\mathrm{g}\rangle$ and $|\mathrm{e}\rangle$, and vice versa. Each spontaneous-emission event projects the atom into the ground state, and thus into an equal superposition of the dressed states. The atom therefore sees both dressed-state shifts $\pm \hbar \tilde{\Omega} / 2 \approx \pm \hbar|\Omega| / 2$. We can interpret this as follows: after each spontaneous-emission event, the atom sees a force

$$
\begin{equation*}
\mathbf{F}=\mp \frac{\hbar \nabla|\Omega|}{2}=\mp \frac{\hbar|\Omega|}{2}\left(\frac{\nabla s}{2 s}\right) \tag{5.498}
\end{equation*}
$$

where the sign is chosen randomly, but with equal probability for the two possibilities. Assuming the atom is moving slowly, even after accumulating momentum, the momentum change associated with a single spontaneous-emission event is

$$
\begin{equation*}
\Delta p=\mp \frac{\hbar|\Omega|}{2}\left(\frac{\nabla s}{2 s}\right) \xi \tag{5.499}
\end{equation*}
$$

where $\xi$ is the time until the next spontaneous-emission event, which is a random variable $(\xi>0)$ of mean $2 / \Gamma$ and exponential probability density

$$
\begin{equation*}
f(\xi)=\frac{\Gamma}{2} \exp \left(-\frac{\Gamma}{2} \xi\right) \tag{5.500}
\end{equation*}
$$

To take into account the randomness of the sign, we can write

$$
\begin{equation*}
\Delta p=\frac{\hbar|\Omega|}{2}\left(\frac{\nabla s}{2 s}\right) \xi^{\prime} \tag{5.501}
\end{equation*}
$$

where $\xi^{\prime} \in \mathbb{R}$ has a two-sided exponential probability density

$$
\begin{equation*}
f_{ \pm}\left(\xi^{\prime}\right)=\frac{\Gamma}{4} \exp \left(-\frac{\Gamma}{2}\left|\xi^{\prime}\right|\right) \tag{5.502}
\end{equation*}
$$

[^83]Then the mean-square kick is

$$
\begin{equation*}
\left\langle(\Delta p)^{2}\right\rangle=\frac{\hbar^{2}|\Omega|^{2}}{4}\left(\frac{\nabla s}{2 s}\right)^{2}\left\langle\xi^{\prime 2}\right\rangle=\frac{2 \hbar^{2}|\Omega|^{2}}{\Gamma^{2}}\left(\frac{\nabla s}{2 s}\right)^{2} \tag{5.503}
\end{equation*}
$$

where

$$
\begin{equation*}
\left\langle\xi^{\prime 2}\right\rangle=\frac{\Gamma}{4} \int_{-\infty}^{\infty} d \xi^{\prime} \exp \left(-\frac{\Gamma}{2}\left|\xi^{\prime}\right|\right) \xi^{\prime 2}=\frac{8}{\Gamma^{2}} \tag{5.504}
\end{equation*}
$$

The diffusion rate is the mean-square step divided by the average step time $\Delta t=2 / \Gamma$, so

$$
\begin{equation*}
D_{p}=\frac{\left\langle(\Delta p)^{2}\right\rangle}{\Delta t}=\frac{\hbar^{2}|\Omega|^{2}}{\Gamma}\left(\frac{\nabla s}{2 s}\right)^{2} \tag{5.505}
\end{equation*}
$$

which is precisely what we obtained from the full calculation in this limit.

### 5.8.6.6 Examples: Plane and Standing Waves

To gain further insight, let's also consider a couple of concrete examples. For a plane wave, $\nabla s=0$ and $\nabla \phi=\mathbf{k}$, so that only the absorption contribution remains:

$$
\begin{equation*}
D_{p}=\frac{\hbar^{2} k^{2} \Gamma}{2} \frac{s}{(1+s)^{3}}\left[1+\left(3-\frac{\Gamma^{2}}{(\Gamma / 2)^{2}+\Delta^{2}}\right) s+s^{2}\right] \tag{5.506}
\end{equation*}
$$

(diffusion coefficient, plane wave)
For small intensity, this expression becomes

$$
\begin{equation*}
D_{p} \approx \hbar^{2} k^{2} \Gamma \frac{s}{2}=\hbar^{2} k^{2} \Gamma \rho_{\mathrm{ee}}(t \longrightarrow \infty) \tag{5.507}
\end{equation*}
$$

(diffusion coefficient, plane wave, low intensity)
As we will see below, this is what we expect for the diffusion due to photon recoils of $\hbar k$ at an average rate $\Gamma \rho_{\mathrm{ee}}(t \longrightarrow \infty)$. However, this is not due to spontaneous emission itself, which we have not yet accounted for, but rather the absorption of photons that later result in spontaneous emission events. This conclusion also applies in the high-intensity limit:

$$
\begin{equation*}
D_{p} \approx \frac{\hbar^{2} k^{2} \Gamma}{2}=\hbar^{2} k^{2} \Gamma \rho_{\mathrm{ee}}(t \longrightarrow \infty) \tag{5.508}
\end{equation*}
$$

(diffusion coefficient, plane wave, high intensity)
For intermediate intensities, we can see that there are other correction factors in Eq. (5.506). These corrections have been shown to be related to the non-Poissonian character of spontaneous emission. ${ }^{42}$ This is related to the antibunching that we already examined; spontaneous emission becomes Poissonian, such that the second-order coherence function $g^{(2)}(\tau) \approx 1$ for all $\tau$, in the limits of low and high intensity.

The other example we will consider is a standing wave of light, where we can take $\nabla \phi=0$ and $\Omega=\Omega_{0} \cos k x$. Note that we are taking $|\Omega| \longrightarrow\left|\Omega_{0}\right| \cos k x$, so we do not have to deal with the sign of the Rabi frequency using the phase $\phi$. Thus,

$$
\begin{equation*}
\frac{\nabla s}{2 s}=\frac{\nabla|\Omega|}{|\Omega|}=-\mathbf{k} \tan k x \tag{5.509}
\end{equation*}
$$

[^84]Only the dipole part contributes, so that the diffusion rate becomes

$$
\begin{align*}
D_{p}=2 \hbar^{2} k^{2} & \Gamma \frac{\Omega_{0}^{2} \sin ^{2} k x}{\left[2\left(\Delta^{2}+\Gamma^{2} / 4\right)+\Omega_{0}^{2} \cos ^{2} k x\right]^{3}} \\
& \times\left[\left(\Delta^{2}+\frac{\Gamma^{2}}{4}\right)^{2}+\left(\frac{3}{4} \Gamma^{2}-\Delta^{2}\right) \Omega_{0}^{2} \cos ^{2} k x+\frac{3}{4} \Omega_{0}^{4} \cos ^{4} k x+\frac{\Omega_{0}^{6}}{2 \Gamma^{2}} \cos ^{6} k x\right] \tag{5.510}
\end{align*}
$$

(diffusion coefficient, standing wave)
For low intensities, this becomes

$$
\begin{equation*}
D_{p} \approx \frac{\hbar^{2} k^{2} \Gamma s_{0}}{2} \sin ^{2} k x \tag{5.511}
\end{equation*}
$$

(diffusion coefficient, standing wave, low intensity)
where

$$
\begin{equation*}
s_{0}=\frac{\Omega_{0}^{2}}{2\left[(\Gamma / 2)^{2}+\Delta^{2}\right]} \tag{5.512}
\end{equation*}
$$

We thus see that in this regime, the stochastic-dipole force is maximum where the gradients are maximum, which is where the intensity is minimum. This force is largest precisely where we expect spontaneousemission noise to be smallest, and vice versa. It turns out that we can interpret the diffusion in this regime as due to stimulated absorption, as we will show below. In the large-intensity limit, the diffusion rate reduces to

$$
\begin{equation*}
D_{p}=\frac{\hbar^{2} k^{2} \Omega_{0}^{2}}{\Gamma} \sin ^{2} k x \tag{5.513}
\end{equation*}
$$

(diffusion coefficient, standing wave, high intensity)
which has the same spatial dependence as the small-field case.
We should reiterate here that in writing down these diffusion rates, we have assumed nearly zero atomic velocity and ignored the velocity dependences of the diffusion rates. This is because we have used local values for the internal atomic variables, which is only valid if the atom really is localized, or if we are in the perturbative regime.

### 5.8.6.7 Spontaneous Emission

In our discussion of the force fluctuations, we have ignored spontaneous emission because we have used a semiclassical field, and we did not use the Bloch equations in the form (5.418) that include the recoil kick in the dissipation terms. Thus, we will need to put it in by hand.

Note that there are two effects on the atomic motion that one might consider: the absorption of the photon and the emission. As we noted above, fluctuations due to absorption are already included in the preceding analysis, but it is worth examining this in a bit more depth. In the perturbative regime, recall that the excited- and ground-state amplitudes are related from Eq. (5.412) by

$$
\begin{equation*}
\psi_{\mathrm{e}}=\frac{\Omega(x)}{2 \Delta} \psi_{\mathrm{g}} \tag{5.514}
\end{equation*}
$$

Thus, the excited state has an "imprint" of the field profile when compared to the ground state. For concreteness consider the standing-wave case $\Omega(x)=\Omega_{0} \cos k x$, so that

$$
\begin{equation*}
\psi_{\mathrm{e}}=\frac{\Omega_{0}}{2 \Delta} \cos k x \psi_{\mathrm{g}} \tag{5.515}
\end{equation*}
$$

On a spontaneous-emission event, the atomic annihilation operator $\sigma$ is applied to the atomic state vector (along with the recoil operator for the emission, which we will not consider for the moment). Then the
post-emission state is

$$
\begin{align*}
\langle x| \sigma|\psi\rangle & =\sigma\left[\psi_{\mathrm{e}}(x)|\mathrm{e}\rangle+\psi_{\mathrm{g}}(x)|\mathrm{g}\rangle\right] \\
& \propto \psi_{\mathrm{e}}(x)|\mathrm{g}\rangle  \tag{5.516}\\
& \propto \cos k x \psi_{\mathrm{g}}(x)|\mathrm{g}\rangle \\
& \propto\left(e^{i k x}+e^{-i k x}\right) \psi_{\mathrm{g}}(x)|\mathrm{g}\rangle
\end{align*}
$$

Thus, the atom is in a superposition of having recoiled by one photon momentum in each direction along the standing wave, due to the indistinguishable possibilities of having absorbed a photon from either traveling wave. Notice also that the disturbance to the wave function due to absorption (multiplication by $\cos k x$ ) is minimal at the extrema of the cosine function (where the cosine is approximately constant), but there is most disturbance on the gradients of the cosine function: the gradients induced by the absorption represent the added momentum. This explains the $\sin ^{2} k x$ dependence of the diffusion rate (5.511) in the low-intensity limit, since $\sin ^{2} k x$ is maximum precisely where the derivatives of $\cos k x$ are most extreme. In the general case, it is somewhat difficult to pin down the absorption effects that contribute to force fluctuations, but in principle we have already accounted for them.

It is easy to account for the diffusion due to spontaneous emission. The photon scattering rate is

$$
\begin{equation*}
R_{\mathrm{sc}}=\frac{\Gamma}{2} \frac{s(\mathbf{r})}{1+s(\mathbf{r})}=\frac{(\Gamma / 2) \Omega^{2}(\mathbf{r})}{2\left(\Delta^{2}+\Gamma^{2} / 4\right)+\Omega^{2}(\mathbf{r})} \tag{5.517}
\end{equation*}
$$

The momentum recoils from the emitted photons, as we saw in the Lorentz atom treatment, result in atomic momentum diffusion at the rate

$$
\begin{equation*}
D_{p}^{(\mathrm{se})}=\hbar^{2} k^{2} R_{\mathrm{sc}}=\frac{\hbar^{2} k^{2} \Gamma}{2} \frac{s}{1+s}=\frac{\hbar^{2} k^{2} \Gamma}{2} \frac{\Omega^{2}(\mathbf{r})}{2\left(\Delta^{2}+\Gamma^{2} / 4\right)+\Omega^{2}(\mathbf{r})} \tag{5.518}
\end{equation*}
$$

(diffusion coefficient, spontaneous emission)
which is simply the mean-square momentum kick for one photon recoil, $\hbar^{2} k^{2}$, multiplied by the scattering rate. Again, the momentum diffusion coefficient $D_{p}$ is defined such that $V_{p}=\left\langle(p-\langle p\rangle)^{2}\right\rangle$ grows asymptotically as $D_{p} t$. The form here follows from the fact that photons are emitted into random directions, and thus the resulting photon recoils cause the atom to execute a random walk in momentum space.

The specific example of the plane wave is trivial here, since $\Omega$ is just a constant. For the standing wave, the diffusion rate becomes

$$
\begin{equation*}
D_{p}^{(\mathrm{se})}=\frac{\hbar^{2} k^{2} \Gamma}{2} \frac{\Omega_{0}^{2} \cos ^{2} k x}{2\left(\Delta^{2}+\Gamma^{2} / 4\right)+\Omega_{0}^{2} \cos ^{2} k x} \tag{5.519}
\end{equation*}
$$

(diffusion coefficient, spontaneous emission, standing wave)
which for small intensities becomes

$$
D_{p}^{(\mathrm{se})} \approx \frac{\hbar^{2} k^{2} \Gamma}{2} s_{0} \cos ^{2} k x
$$

(diffusion coefficient, spontaneous emission, standing wave, low intensity) (5.520) which has the same form as Eq. (5.511), but with $\cos ^{2} k x$ instead of $\sin ^{2} k x$. When added together, we see that the total diffusion rate (including both absorption and stimulated-emission contributions) becomes independent of position.

If we restrict our attention to a single dimension, then the one-dimensional diffusion rate is

$$
\begin{equation*}
D_{p}^{(\mathrm{se}, 1)}=\frac{\hbar^{2} k^{2} \Gamma \zeta^{2}}{2} \frac{\Omega^{2}(x)}{2\left(\Delta^{2}+\Gamma^{2} / 4\right)+\Omega^{2}(x)} \tag{5.521}
\end{equation*}
$$

where $\zeta^{2}$ is the mean-square projection of the photon recoil along the direction of the standing wave:

$$
\begin{equation*}
\zeta^{2}=\int d \Omega \sin ^{2} \theta \cos ^{2} \phi \tag{5.522}
\end{equation*}
$$

For radiation from a pure linearly oscillating dipole oriented across the axis of interest, $\zeta^{2}=2 / 5$.

### 5.8.7 Velocity Dependence

When we take into account the atom's motion, the Rabi frequency $\Omega$ becomes time-dependent. Thus, for example,

$$
\begin{equation*}
\partial_{t} \Omega=\mathbf{v} \cdot \nabla \Omega=\Omega \mathbf{v} \cdot\left(\frac{\nabla|\Omega|}{|\Omega|}+i \nabla \phi\right)=\Omega \mathbf{v} \cdot\left(\frac{\nabla s}{2 s}+i \nabla \phi\right) \tag{5.523}
\end{equation*}
$$

For the saturation parameter, we can thus also write

$$
\begin{equation*}
\partial_{t} s=\frac{2|\Omega| \partial_{t}|\Omega|}{2\left[(\Gamma / 2)^{2}+\Delta^{2}\right]}=2 s \frac{\partial_{t}|\Omega|}{|\Omega|} \tag{5.524}
\end{equation*}
$$

so that

$$
\begin{equation*}
\frac{\partial_{t} s}{2 s}=\frac{\partial_{t}|\Omega|}{|\Omega|}=\mathbf{v} \cdot \frac{\nabla|\Omega|}{|\Omega|}=\mathbf{v} \cdot\left(\frac{\nabla s}{2 s}\right) \tag{5.525}
\end{equation*}
$$

Now we can obtain the atomic density matrix to lowest order in $\mathbf{v}$ as follows. First, differentiate the at-rest steady-state solutions

$$
\begin{align*}
\left\langle\sigma_{z}(t \longrightarrow \infty)\right\rangle & =-\frac{1}{1+s}  \tag{5.526}\\
\tilde{\rho}_{\mathrm{eg}}(t \longrightarrow \infty) & =-\frac{i \Omega}{2(\Gamma / 2-i \Delta)(1+s)}
\end{align*}
$$

and keep terms to first order in $\mathbf{v}$ to obtain

$$
\begin{equation*}
\partial_{t}\left\langle\sigma_{z}\right\rangle \approx \frac{2 s}{(1+s)^{2}} \mathbf{v} \cdot\left(\frac{\nabla s}{2 s}\right) \approx-\frac{2 s}{1+s} \mathbf{v} \cdot\left(\frac{\nabla s}{2 s}\right)\left\langle\sigma_{z}\right\rangle \tag{5.527}
\end{equation*}
$$

and

$$
\begin{align*}
\partial_{t} \tilde{\rho}_{\mathrm{eg}} & \approx \tilde{\rho}_{\mathrm{eg}}\left(\frac{\partial_{t} \Omega}{\Omega}-\frac{\partial_{t} s}{1+s}\right) \\
& =\left[\mathbf{v} \cdot\left(\frac{\nabla s}{2 s}+i \nabla \phi\right)-\frac{2 s}{1+s} \mathbf{v} \cdot\left(\frac{\nabla s}{2 s}\right)\right] \tilde{\rho}_{\mathrm{eg}}  \tag{5.528}\\
& =\left[\left(\frac{1-s}{1+s}\right) \mathbf{v} \cdot\left(\frac{\nabla s}{2 s}\right)+i \mathbf{v} \cdot \nabla \phi\right] \tilde{\rho}_{\mathrm{eg}}
\end{align*}
$$

The optical Bloch equations are

$$
\begin{align*}
\partial_{t}\left\langle\sigma_{z}\right\rangle & =i \Omega^{*} \tilde{\rho}_{\mathrm{eg}}-i \Omega \tilde{\rho}_{\mathrm{ge}}-\Gamma\left\langle\sigma_{z}\right\rangle-\Gamma \\
\partial_{t} \tilde{\rho}_{\mathrm{eg}} & =\left(-\frac{\Gamma}{2}+i \Delta\right) \tilde{\rho}_{\mathrm{eg}}+\frac{i \Omega}{2}\left\langle\sigma_{z}\right\rangle \tag{5.529}
\end{align*}
$$

and equating these relations with the above expressions for the velocity-dependent time derivatives gives

$$
\begin{align*}
i \Omega^{*} \tilde{\rho}_{\mathrm{eg}}-i \Omega \tilde{\rho}_{\mathrm{ge}}-\Gamma_{v}\left\langle\sigma_{z}\right\rangle & =\Gamma \\
\gamma_{v} \tilde{\rho}_{\mathrm{eg}}-\frac{i \Omega}{2}\left\langle\sigma_{z}\right\rangle & =0 \tag{5.530}
\end{align*}
$$

where

$$
\begin{align*}
\Gamma_{v} & :=\Gamma-\frac{2 s}{1+s} \mathbf{v} \cdot\left(\frac{\nabla s}{2 s}\right)  \tag{5.531}\\
\gamma_{v} & :=\frac{\Gamma}{2}-i \Delta+\left(\frac{1-s}{1+s}\right) \mathbf{v} \cdot\left(\frac{\nabla s}{2 s}\right)+i \mathbf{v} \cdot \nabla \phi
\end{align*}
$$

Eliminating the coherences in the first of Eqs. (5.530) gives the solution

$$
\begin{equation*}
\left\langle\sigma_{z}\right\rangle=-\frac{\Gamma}{\Gamma_{v}+|\Omega|^{2} \frac{\operatorname{Re}\left[\gamma_{v}\right]}{\left|\gamma_{v}\right|^{2}}} \tag{5.532}
\end{equation*}
$$

so that the second of Eqs. (5.530) gives the steady-state coherence

$$
\begin{equation*}
\tilde{\rho}_{\mathrm{eg}}=\frac{i \Omega}{2 \gamma_{v}}\left\langle\sigma_{z}\right\rangle=-\frac{i \Omega \Gamma / 2 \gamma_{v}}{\Gamma_{v}+|\Omega|^{2} \frac{\operatorname{Re}\left[\gamma_{v}\right]}{\left|\gamma_{v}\right|^{2}}}=-\frac{i \Omega \Gamma \gamma_{v}^{*} / 2}{\Gamma_{v}\left|\gamma_{v}\right|^{2}+|\Omega|^{2} \operatorname{Re}\left[\gamma_{v}\right]} \tag{5.533}
\end{equation*}
$$

(velocity-dependent coherence)
The mean force from Eq. (5.441) as usual is then

$$
\begin{equation*}
\langle\mathbf{F}\rangle=-\frac{\hbar}{2}\left[\nabla \Omega^{*}(\mathbf{r}) \tilde{\rho}_{\mathrm{eg}}+\nabla \Omega(\mathbf{r}) \tilde{\rho}_{\mathrm{ge}}\right]=-\frac{\hbar \Omega^{*}}{2}(\nabla \log |\Omega|-i \nabla \phi) \tilde{\rho}_{\mathrm{eg}}+\text { c.c. } \tag{5.534}
\end{equation*}
$$

This is again somewhat complicated to interpret in general, so we will work out this expression in a couple of special cases.

For the plane wave, we again have $\nabla s=\nabla|\Omega|=0$ and $\nabla \phi=\mathbf{k}$. Then $\Gamma_{v}=\Gamma$ and $\gamma_{v}=\Gamma / 2-i(\Delta-\mathbf{k} \cdot \mathbf{v})$. Note that this is exactly the same as the static analysis for this case, except for the Doppler-shift replacement $\Delta \longrightarrow \Delta-\mathbf{k} \cdot \mathbf{v}$. Thus,

$$
\begin{equation*}
\tilde{\rho}_{\mathrm{eg}}=-\frac{i \Omega}{2[\Gamma / 2-i(\Delta-\mathbf{k} \cdot \mathbf{v})](1+s)} \tag{5.535}
\end{equation*}
$$

and following the steps leading up to Eq. (5.450), the force becomes

$$
\begin{equation*}
\left\langle\mathbf{F}_{\mathrm{rad}}\right\rangle=\frac{\hbar \mathbf{k} \Gamma}{2} \frac{s(\mathbf{v})}{1+s(\mathbf{v})} \tag{5.536}
\end{equation*}
$$

(velocity-dependent force, plane wave)
where

$$
\begin{equation*}
s(\mathbf{v})=\frac{|\Omega|^{2}}{2\left[(\Gamma / 2)^{2}+(\Delta-\mathbf{k} \cdot \mathbf{v})^{2}\right]} \tag{5.537}
\end{equation*}
$$

This force is only valid to first order in $\mathbf{v}$, and so

$$
\begin{equation*}
s(\mathbf{v})=\left(1+\frac{2 \Delta \mathbf{k} \cdot \mathbf{v}}{(\Gamma / 2)^{2}+\Delta^{2}}\right) s \tag{5.538}
\end{equation*}
$$

(velocity-dependent saturation parameter)
where $s$ denotes $s(\mathbf{v}=0)$, and

$$
\begin{equation*}
\frac{1}{1+s(\mathbf{v})}=\left(1-\frac{s 2 \Delta \mathbf{k} \cdot \mathbf{v}}{(1+s)\left[(\Gamma / 2)^{2}+\Delta^{2}\right]}\right) \frac{1}{1+s} \tag{5.539}
\end{equation*}
$$

so that

$$
\begin{align*}
\left\langle\mathbf{F}_{\mathrm{rad}}\right\rangle & =\frac{\hbar \mathbf{k} \Gamma}{2} \frac{s}{1+s}\left(1+\frac{2 \Delta \mathbf{k} \cdot \mathbf{v}}{(1+s)\left[(\Gamma / 2)^{2}+\Delta^{2}\right]}\right) \\
& =\hbar \mathbf{k} \Gamma \rho_{\mathrm{ee}}(\mathbf{v}=0, t \longrightarrow \infty)\left(1+\frac{2 \Delta \mathbf{k} \cdot \mathbf{v}}{(1+s)\left[(\Gamma / 2)^{2}+\Delta^{2}\right]}\right) \tag{5.540}
\end{align*}
$$

(velocity-dependent force, plane wave)
The velocity-dependent part of this expression is the Doppler force, which, as we saw from the classical analysis of Section (1.4.2), is a damping, friction-like force for red detunings $(\Delta<0)$, which is what gives rise to optical molasses when multiple beams are present. (Note that from this expression, one beam is sufficient to cool an atom, provided that it is trapped by some other force that cancels the mean radiation pressure.)

For a standing wave in the $x$-direction, we have $\Omega=\Omega_{0} \cos k x$ as usual, so that $\nabla s / 2 s=-\mathbf{k} \tan k x$ and $\nabla \phi=0$. Then

$$
\begin{align*}
\Gamma_{v} & =\Gamma+\frac{2 s(\mathbf{r})}{1+s(\mathbf{r})}(\mathbf{v} \cdot \mathbf{k}) \tan k x  \tag{5.541}\\
\gamma_{v} & =\frac{\Gamma}{2}-i \Delta-\left(\frac{1-s(\mathbf{r})}{1+s(\mathbf{r})}\right)(\mathbf{v} \cdot \mathbf{k}) \tan k x
\end{align*}
$$

The algebra here is more complicated, but the velocity-dependent part of the mean force reduces to

$$
\begin{equation*}
\left\langle\mathbf{F}_{\mathbf{v}}\right\rangle=(\mathbf{k} \cdot \mathbf{v}) 2 \hbar \mathbf{k} \Delta \sin ^{2} k x \frac{\Gamma^{2} \Omega_{0}^{2}\left[2\left(\Delta^{2}+\Gamma^{2} / 4\right)-\Omega_{0}^{2} \cos ^{2} k x\right]-\Omega_{0}^{6} \cos ^{4} k x}{\Gamma\left[2\left(\Delta^{2}+\Gamma^{2} / 4\right)+\Omega_{0}^{2} \cos ^{2} k x\right]^{3}} . \tag{5.542}
\end{equation*}
$$

(velocity-dependent force, standing wave)
For small intensities, this expression becomes

$$
\begin{equation*}
\left\langle\mathbf{F}_{\mathbf{v}}\right\rangle=\hbar \mathbf{k} \Gamma \frac{\Omega_{0}^{2}}{2\left(\Delta^{2}+\Gamma^{2} / 4\right)^{2}} \Delta(\mathbf{k} \cdot \mathbf{v}) \sin ^{2} k x=\hbar \mathbf{k} \Gamma \bar{\rho}_{\mathrm{ee}}(\mathbf{v}=0, t \longrightarrow \infty) \frac{2 \Delta(\mathbf{k} \cdot \mathbf{v})}{(\Gamma / 2)^{2}+\Delta^{2}} \sin ^{2} k x \tag{5.543}
\end{equation*}
$$

(velocity-dependent force, standing wave, small intensity)
where

$$
\begin{equation*}
\bar{\rho}_{\mathrm{ee}}(\mathbf{v}=0, t \longrightarrow \infty)=\frac{s_{0}}{2}=\frac{\Omega_{0}^{2}}{4\left[(\Gamma / 2)^{2}+\Delta^{2}\right]} \tag{5.544}
\end{equation*}
$$

is the zero-velocity equilibrium population of the atomic excited state, where the intensity is taken to be spatially averaged over the standing wave. Comparison of this expression to Eq. (5.540) makes it clear that, for small intensities, the velocity-dependent force in a standing wave is explained by optical molasses, but where the strength is modulated sinusoidally with period $\lambda / 2$.

The more interesting feature here is that the sign of the force changes as the intensity becomes very large. Thus, the velocity-dependent force is damping for red detuning and small intensities, but becomes a heating force for large detunings. The interpretation in the large-intensity regime is that the local steadystate, dressed-level populations lag behind the atomic position. ${ }^{43}$


To visualize this, let's consider an atom moving in a Gaussian beam, with $\Delta<0$. Thus, the atom is primarily in the $|-\rangle$ state, which is more like the ground state than the excited state. Suppose that it is moving to the right. In an instant, when it moves a small distance to the right, the equilibrium population for the atom is less in $|-\rangle$ and more in $|+\rangle$. (The populations are equal in the limit of large intensity.) However, the atom doesn't adjust its populations instantaneously, so when it arrives at the new position, it has "too much" population in $|-\rangle$ compared to equilibrium. Thus, the dressed-state shifts don't cancel as much as they would otherwise, and so the force is larger than it would otherwise be. The velocity-dependent "correction" is thus in the same direction as the velocity, as we expect for $\Delta<0$. This argument works, of course, when the energy gradient has the opposite sign or when the atom has the opposite velocity.

### 5.8.8 Doppler Cooling Limit

Now that we have the velocity-dependent force and the diffusion coefficient, we can treat the problem of laser cooling from the quantum-mechanical viewpoint. Recall from Eq. (5.467), the steady-state solution of the linear Fokker-Planck equation with drift coefficient $A(p)=A p$ and diffusion coefficient $D(p)=D$ is a Gaussian ("thermal") distribution in momentum of variance

$$
\begin{equation*}
V_{p}(t \longrightarrow \infty)=\frac{D}{2|A|} \tag{5.545}
\end{equation*}
$$

[^85]We will consider the case of two traveling waves, which form a standing wave. The diffusion rate is given by the sum of the diffusion rate from the fluctuation force in Eq. (5.510) and the spontaneous-emission diffusion rate from Eq. (5.518). To avoid a cumbersome expression (and to focus on the cooling regime), we will consider the small-intensity limit, where the diffusion coefficients are given by Eqs. (5.511) and (5.520). The sum is independent of position, and is given by

$$
\begin{equation*}
D_{p}=\frac{\hbar^{2} k^{2} \Gamma s_{0}}{2} \tag{5.546}
\end{equation*}
$$

where again $s_{0}=\Omega_{0}^{2} / 2\left[(\Gamma / 2)^{2}+\Delta^{2}\right]$. The linear drift coefficient is given from Eq. (5.543) by

$$
\begin{equation*}
A=\frac{\left\langle\mathbf{F}_{\mathbf{v}}\right\rangle}{m}=\frac{\hbar \Gamma k^{2} s_{0}}{2 m} \frac{\Delta}{(\Gamma / 2)^{2}+\Delta^{2}} \tag{5.547}
\end{equation*}
$$

where we have replaced the $\sin ^{2} k x$ dependence by the spatially averaged value of $1 / 2$, since we assume the atoms are not so cold that they are stationary on wavelength distance scales. Now remember that $D_{p}$ represents diffusion in three dimensions, so to have three-dimensional cooling we must have three sets of standing waves. This means that the cooling force is three-dimensional, with the same coefficient $A$, but the diffusion rate is larger by a factor of three. Thus, the steady-state variance for negative detunings is

$$
\begin{equation*}
V_{p}(t \longrightarrow \infty)=\frac{3 D_{p}}{2|A|}=\frac{3 \hbar m}{2} \frac{(\Gamma / 2)^{2}+\Delta^{2}}{|\Delta|} \tag{5.548}
\end{equation*}
$$

We can translate this into a kinetic energy via

$$
\begin{equation*}
E_{p}(t \longrightarrow \infty)=\frac{V_{p}(t \longrightarrow \infty)}{2 m}=\frac{3 \hbar}{4} \frac{(\Gamma / 2)^{2}+\Delta^{2}}{|\Delta|} \tag{5.549}
\end{equation*}
$$

We can convert the energy to a temperature by $E_{p}(t \longrightarrow \infty)=(3 / 2) k_{\mathrm{B}} T$, giving

$$
\begin{equation*}
k_{\mathrm{B}} T=\frac{\hbar \Gamma}{4} \frac{1+(2 \Delta / \Gamma)^{2}}{2|\Delta| / \Gamma} \tag{5.550}
\end{equation*}
$$

(Doppler limit to laser cooling)
This is precisely the same result that we obtained from our Lorentz-model treatment of Section 1.4.3.1. Again, all the ingredients are the same: we have included the cooling force (optical molasses) via the velocity-dependent force of Eq. (5.543), the diffusion due to absorption from a random beam in the diffusion rate of Eq. (5.510), and the diffusion rate due to spontaneous emission from Eq. (5.518). In principle, though the more general expressions can also treat more general situations than the weak-field case, and we have now shown more explicitly that we expect (to lowest order in velocity) a thermal steady-state distribution.

### 5.9 Bloch-Siegert Shift

All of the results that we have developed for the two-level atom have involved the rotating-wave approximation. So, then, what is the effect of the neglected term? One well-known effect that is closely related to the dipole shift is the Bloch-Siegert shift of the atomic resonance. ${ }^{44}$

Recall that, within the rotating-wave approximation, a monochromatic field of frequency $\omega$ induces an ac Stark shift of the ground state, which we can see from Eq. (5.460) is given by

$$
\begin{equation*}
\Delta E_{\mathrm{g}}=\frac{\hbar \Omega^{2}}{4 \Delta} \tag{5.551}
\end{equation*}
$$

to lowest order in $\Omega^{2} / \Delta^{2}$, where as usual $\Delta=\omega-\omega_{0}$. The excited-state shift is exactly opposite the ground-state shift:

$$
\begin{equation*}
\Delta E_{\mathrm{e}}=-\frac{\hbar \Omega^{2}}{4 \Delta} \tag{5.552}
\end{equation*}
$$

[^86]We would now like to treat the counterrotating term as another monochromatic field, but of frequency $-\omega$. To lowest order, the shift is just an additive shift of the same form, but with $\omega \longrightarrow-\omega$. This treatment is corroborated by the classical treatment of the dipole potential, specifically Eq. (1.76), where the counterrotating field gave an additional dipole shift of the same form, but with the replacement

$$
\begin{equation*}
\frac{1}{\Delta}=\frac{1}{\omega-\omega_{0}} \longrightarrow-\frac{1}{\omega+\omega_{0}} \tag{5.553}
\end{equation*}
$$

Thus, we expect a ground-state shift due to the counterrotating term of

$$
\begin{equation*}
\Delta E_{\mathrm{g}, \mathrm{c}}=-\frac{\hbar \Omega^{2}}{4\left(\omega+\omega_{0}\right)} \tag{5.554}
\end{equation*}
$$

while the excited state experiences an equal but opposite shift. The shift of the transition frequency due to the counterrotating field is thus

$$
\begin{equation*}
\Delta \omega_{\mathrm{c}}=\frac{\Delta E_{\mathrm{e}, \mathrm{c}}-\Delta E_{\mathrm{g}, \mathrm{c}}}{\hbar}=\frac{\Omega^{2}}{2\left(\omega+\omega_{0}\right)} \tag{5.555}
\end{equation*}
$$

The shift in the atomic resonance is given to lowest order by setting $\omega=\omega_{0}$ in this expression, so that

$$
\begin{equation*}
\Delta \omega_{\mathrm{c}}=\frac{\Omega^{2}}{4 \omega_{0}} \tag{5.556}
\end{equation*}
$$

(Bloch-Siegert shift)
This is the lowest-order expression for the Bloch-Siegert shift. ${ }^{45}$ The shift is typically quite weak: a relatively large Rabi frequency of $\Omega / 2 \pi=1 \mathrm{GHz}$ is large enough to drive a $2 \pi$-pulse in only 1 ns , but at optical frequencies (say for $1 \mu \mathrm{~m}$ light), the Bloch-Siegert shift is only 1 kHz , or a fractional shift of about $10^{-12}$. This is well within the power-broadened line shape, and quite difficult to detect. ${ }^{46}$ Thus, the first-order result is quite adequate for most optical situations.

An important point regarding the Bloch-Siegert shift is that it is due to a nonresonant interaction. Nonresonance is the justification for treating an atom as a two-state system: the other levels are not resonantly coupled and are therefore ignorable. However, if the detuning is large enough or the desired accuracy of the calculation is high enough that the effects of the counterrotating term are important, then so are the effects of couplings to other levels. That is, the two-level and rotating-wave approximations are at the same level of accuracy. For consistency of approximations either both or neither should be made. (Of course, in magnetic resonance it is possible to have an exact two-state system where the Bloch-Siegert shift is significant.)

### 5.9.1 Magic Wavelength

In the two-level atom, the ac Stark shift always results in opposite shifts between the excited and ground states, and thus always leads to a shift of the transition frequency. Of course, the fact that couplings to other states exist can work to our advantage. In particular, when accounting for the counterrotating interactions and couplings to other levels, it may be possible to find situations where the excited- and ground-state shifts are equal, with the same sign. This situation happens when the atom is driven at particular wavelengths, called magic wavelengths.

To illustrate this, consider the level shifts of ${ }^{87} \mathrm{Rb}$ of the two levels in the $\mathrm{D}_{1}$ transition at 794 nm due to a monochromatic laser field.
${ }^{45}$ It is possible to obtain higher-order expressions for the Bloch-Siegert shift. See Jon H. Shirley, "Solution of the Schrödinger Equation with a Hamiltonian Periodic in Time," Physical Review, 138, B979 (1965) (doi: 10.1103/PhysRev.138.B979); Stig Stenholm, "Quantum theory of RF resonances: The semiclassical limit," Journal of Physics B: Atomic and Molecular Physics, 6, 1650 (1973) (doi: 10.1088/0022-3700/6/8/042); C. Cohen-Tannoudji, J. Dupont-Roc and C. Fabre, "A quantum calculation of the higher order terms in the Block Siegert shift," Journal of Physics B: Atomic and Molecular Physics, 6, L214 (1973) (doi: 10.1088/0022-3700/6/8/007); P. Hannaford, D. T. Peg, and G. W. Series, "Analytical expressions for the Bloch-Siegert shift," Journal of Physics B: Atomic and Molecular Physics, 6, L222 (1973) (doi: 10.1088/0022-3700/6/8/009).
${ }^{46}$ Note, however, that the shift, including higher order corrections, have been studied experimentally for microwave transitions. See C. Cohen-Tannoudji, J. Dupont-Roc and C. Fabre, "An experimental check of higher order terms in the radiative shift of a coherence resonance," Journal of Physics B: Atomic and Molecular Physics, 6, L218 (1973) (doi: 10.1088/0022-3700/6/8/008).


The plotted energy shifts correspond to those experienced by an atom at the center of a 1 W Gaussian beam of radius $w_{0}=10 \mu \mathrm{~m}$. We will defer the details of the calculation until we develop more sophisticated technology for dealing with atomic structure. For now, we will note that we have done the calculation accounting for 24 total atomic transitions, some of which are visible as dispersive resonances in the levelshift curves. Magic wavelengths occur at the locations where the two curves intersect. For example, a laser spot at $1350.39(65) \mathrm{nm}$ can be used as a dipole trap for ${ }^{87} \mathrm{Rb}$, where the frequency of the $\mathrm{D}_{1}$ transition is not affected.

Why is this interesting? There are two well-known application. The first is, suppose you have an atom in a dipole trap, and you want to probe a transition with a resonant laser. Well, recall that the stochastic dipole force is due precisely to having different dipole potentials in different states, and then stochastically jumping between them due to spontaneous emission. Of course, the same thing will happen in this situation: when probed, the atom will jump between the ground and excited states, where it will experience different trapping potentials. This can be a large source of heating and decoherence. But trapping at the magic wavelength suppresses this form of heating. This approach is used to great advantage in cavity quantum electrodynamics to obtain long trap lifetimes of a single atom in an ultrahigh-finesse cavity. ${ }^{47}$

The other application is to atomic frequency standards. The current frequency standard is based on a microwave hyperfine transition in ${ }^{133} \mathrm{Cs}$. But increasing the quality factor $\omega_{0} / \delta \omega$ of the oscillator standard requires both decreasing the line width $\delta \omega$ as well as pushing the resonance frequency $\omega_{0}$ into the optical. To allow for long interrogation times, the atoms must be trapped. One promising approach is the single-ion atomic clock, where the oscillating trap fields average to zero to lowest order. Another promising approach is to trap atoms in a magic-wavelength, three-dimensional optical lattice. ${ }^{48}$ This allows the atoms to be trapped with little shift of the optical transition. Also, the atoms do not suffer collisions because they are isolated at different lattice sites. So the clock does not suffer from a collisional shift, but retains the advantage of averaging over many atoms.

[^87]
### 5.10 Exercises

## Problem 5.1

In the classical treatment of the dipole potential, we used the expression $-(1 / 2) \mathbf{d} \cdot \mathbf{E}$ for the dipole energy, where the $1 / 2$ accounts for the fact that the dipole is induced. However, for the two-level atom, we used the interaction Hamiltonian $H_{\mathrm{AF}}=-\mathbf{d} \cdot \mathbf{E}$, which has no such factor. What gives?
Hint: the interaction Hamiltonian is also valid classically, so argue that the above two expressions are consistent in the classical model. In particular, show that the Lorentz model assumed an interaction of the form of $H_{\mathrm{AF}}$. Then, modeling the atom as a classical harmonic oscillator, show that a perturbation of the form $H_{\mathrm{AF}}$ leads to an energy shift $-(1 / 2) \mathbf{d} \cdot \mathbf{E}$ (it suffices to assume a static perturbation).

## Problem 5.2

(a) Derive the equations of motion for the amplitudes of the quantum state

$$
\begin{equation*}
|\psi\rangle=c_{\mathrm{g}}|\mathrm{~g}\rangle+c_{\mathrm{e}}|\mathrm{e}\rangle \tag{5.557}
\end{equation*}
$$

under the evolution of the Hamiltonian $H_{\mathrm{A}}+H_{\mathrm{AF}}$.
(b) Then make the transformation to the rotating frame by defining

$$
\begin{equation*}
\tilde{c}_{\mathrm{e}}:=c_{\mathrm{e}} e^{i \omega t} \tag{5.558}
\end{equation*}
$$

and rewrite the equations of motion in terms of $\tilde{c}_{\mathrm{e}}$.
(c) Finally, define the rotating-frame quantum state

$$
\begin{equation*}
|\tilde{\psi}\rangle=c_{\mathrm{g}}|\mathrm{~g}\rangle+\tilde{c}_{\mathrm{e}}|\mathrm{e}\rangle \tag{5.559}
\end{equation*}
$$

and show that the equations of motion for this state under the rotating-frame Hamiltonian $\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}$ are equivalent to your results for part (b).

## Problem 5.3

Consider a quantum-mechanical particle in a double-well potential, not necessarily symmetric. For simplicity, we will make a two-state approximation for the particle, restricting our Hilbert space to the lowest two energy levels.
(a) In the uncoupled (i.e., no tunneling through the barrier) limit, we can write the state in the lefthand well as $|\mathrm{L}\rangle$, and the state in the right-hand well is $|\mathrm{R}\rangle$. Using this basis, write down the most general Hamiltonian that describes this system, including the tunneling interaction. Introduce new parameters as necessary but explain what they represent and any necessary constraints.
(b) Take the double-well potential to be symmetric. Assume that $|\psi(t=0)\rangle=|\mathrm{L}\rangle$, and let $|\psi(t)\rangle=$ $c_{\mathrm{L}}(t)|\mathrm{L}\rangle+c_{\mathrm{R}}(t)|\mathrm{R}\rangle$. Show that the state will oscillate periodically in time between the two wells. Rewrite the Hamiltonian from part (a) for this case in terms of the period $T$ of oscillation.
(c) For the case in part (b), what are the eigenstates and eigenenergies of the Hamiltonian? How does the structure of the eigenstates and eigenenergies explain the tunneling process? (You need not derive them if you know them, but give precise answers and explain.)

## Problem 5.4

Show that the eigenstates (dressed states) of the Hamiltonian $\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}$ can be written
where

$$
\begin{equation*}
\tan 2 \theta=-\frac{\Omega}{\Delta} \quad\left(0 \leq \theta<\frac{\pi}{2}\right) \tag{5.561}
\end{equation*}
$$

## Problem 5.5

Go through the derivation of the Landau-Zener transition probability in Section 5.3.2 carefully, filling in the missing steps, to derive the loss probability

$$
\begin{equation*}
P_{\text {lost }}=e^{-2 \pi|\nu|}=\exp \left(-\frac{\pi \Omega^{2}}{2\left|\partial_{t} \Delta\right|}\right) \tag{5.562}
\end{equation*}
$$

## Problem 5.6

(a) Show that the transition probability for a Ramsey-type interference experiment can be written

$$
\begin{equation*}
P_{\mathrm{e}}=4 \frac{\Omega^{2}}{\tilde{\Omega}^{2}} \sin ^{2}\left(\frac{\tilde{\Omega} \tau}{2}\right)\left[\cos \left(\frac{\Delta T}{2}\right) \cos \left(\frac{\tilde{\Omega} \tau}{2}\right)-\frac{\Delta}{\tilde{\Omega}} \sin \left(\frac{\Delta T}{2}\right) \sin \left(\frac{\tilde{\Omega} \tau}{2}\right)\right]^{2} \tag{5.563}
\end{equation*}
$$

where $\tau$ is the interaction of each of the two laser pulses of Rabi frequency $\Omega$ and detuning $\Delta$, and $T$ is the "drift" time between pulses.
(b) Make a plot of the excitation vs. the microwave detuning. Use parameters appropriate for the NIST-7 cesium beam clock.
(c) Make another excitation plot, but this time average the fringes over the velocity distribution of the cesium beam. Assume a temperature of $100^{\circ} \mathrm{C}$, corresponding to a velocity width of $240 \mathrm{~m} / \mathrm{s}$. (I suggest doing the averaging numerically, not analytically.)

## Problem 5.7

Solve the optical Bloch equations to obtain the population inversion $\left\langle\sigma_{z}(t)\right\rangle$ in the limit of weak excitation, $\Omega \ll \Gamma$, in the homogenously broadened case $\left(\gamma_{\perp}=\Gamma / 2\right)$ and for arbitrary detuning $\Delta$. Assume that the atom is initially in the ground state.

## Problem 5.8

Find the solution to the optical Bloch equations for $\left\langle\sigma_{z}(t)\right\rangle$ in the strong-drive limit $\Omega \gg \gamma_{\perp}$, $\Gamma$, for arbitrary detuning $\Delta$. Keep only lowest-order contributions in $\Omega^{-2}$ in your solution. Do not assume $\Omega \gg|\Delta|$.

## Problem 5.9

(a) Summarize the effects of the nonlinear response of a two-level atom to an externally applied, classical, monochromatic field. (Treat all aspects we covered, but ignore atomic motion.)
(b) In Problem 5, you found that adding nonlinearities to the Lorentz model resulted in new frequencies being generated from the original, monochromatic driving field. Explain qualitatively why the nonlinear response of the two-level atom does not similarly generate harmonics of the original driving field. How would the two-level atom need to be generalized to model harmonic generation (assuming that we keep the dipole approximation)?

## Problem 5.10

Use the solutions of the optical Bloch equations to derive an expression for the frequency-dependent polarizability $\alpha(\omega)$ for the two-level atom. Show that your results are consistent with the result from the Lorentz atom in the appropriate regime. Discuss the significance of any differences.

## Problem 5.11

If the density operator of the two-level atom evolves according to

$$
\begin{equation*}
\partial_{t} \rho=-\frac{i}{\hbar}[H, \rho]+\Gamma \mathcal{D}[\sigma] \rho, \tag{5.564}
\end{equation*}
$$

derive an equation of motion for the purity in terms of the elements $\rho_{\mathrm{ee}}, \rho_{\mathrm{eg}}, \rho_{\mathrm{ge}}$, and $\rho_{\mathrm{gg}}$ of the density matrix.

## Problem 5.12

Go through the derivation of the Mollow triplet on resonance, including the details of the quantum regression theorem, filling in the missing steps.

## Problem 5.13

Use the quantum regression theorem to derive the inelastic spectrum for a two level atom driven far off resonance, $|\Delta| \gg \Omega, \Gamma$. What are the line widths and (integrated) weights?

## Problem 5.14

Derive expressions for the elastic and inelastic emission spectra for a two-level atom with collisional broadening, driven weakly $(\Omega / \Gamma \ll 1)$ in the presence of collisional broadening, and show that the inelastic component is a single peak at the atomic resonance frequency.

## Problem 5.15

Go through the derivation of the second-order coherence function $g^{(2)}(\tau)$ on resonance, filling in the missing steps.

## Problem 5.16

Derive the expression for the Autler-Townes absorption correlation function $g_{\mathrm{a}}(\tau)$ in the case of homogeneous broadening but arbitrary pump intensity and detuning, Eq. (5.373) in the notes. To do this, work out the details of the quantum regression theorem for this system, and then solve the resulting system of equations.

Hint: the quantum regression theorem gives the correlation function in terms of a solution of 9 coupled differential equations. However, only two of them are nonzero. Start off by eliminating the unnecessary components.

## Problem 5.17

Give an alternate derivation of the general dipole potential

$$
\begin{equation*}
V_{\mathrm{dip}}=\frac{\hbar \Delta}{2} \log [1+s(\mathbf{r})] \tag{5.565}
\end{equation*}
$$

in the dressed-state picture, and thus interpret the potential as a combination of the Stark shifts of the two dressed levels, plus a contribution from the field due to scattering into the Mollow sidebands. Use the following outline for your derivation. ${ }^{49}$
(a) Show that when the Rabi frequency $\Omega$ is complex, the dressed-state energies are

$$
\begin{equation*}
E_{ \pm}=-\frac{\hbar \Delta}{2} \pm \frac{\hbar \tilde{\Omega}}{2} \tag{5.566}
\end{equation*}
$$

where the generalized Rabi frequency is $\tilde{\Omega}=\sqrt{|\Omega|^{2}+\Delta^{2}}$, and the dressed states are given by
where

$$
\begin{equation*}
\tan 2 \theta=-\frac{|\Omega|}{\Delta} \quad\left(0 \leq \theta<\frac{\pi}{2}\right) \tag{5.568}
\end{equation*}
$$

and $\Omega=|\Omega| e^{i \phi}$.

[^88]Hint: argue that the Hamiltonian has the form

$$
\tilde{H}=\hbar\left[\begin{array}{cc}
-\Delta & \Omega / 2  \tag{5.569}\\
\Omega^{*} / 2 & 0
\end{array}\right]
$$

and can be diagonalized by a unitary matrix. What is the most general form of a unitary matrix?
(b) Derive the steady-state populations $\rho_{ \pm \pm}$and coherences $\rho_{ \pm \mp}$ for the dressed levels in the limit of either large pumping $(|\Omega| \gg \Gamma)$ or detuning $(|\Delta| \gg)$, which is the limit in which the dressed states are well resolved and thus give a valid description of the system.
Hint: first find the density-matrix elements in the bare basis, and make appropriate approximations in this limit. Then use the appropriate matrix transformation to switch to the dressed basis. Your answers should be

$$
\begin{align*}
& \rho_{++}(t \longrightarrow \infty)=\frac{1}{2}\left[1+\frac{\tilde{\Omega}}{\Delta(1+s)}\right]  \tag{5.570}\\
& \rho_{+-}(t \longrightarrow \infty)=0
\end{align*}
$$

where $s=|\Omega|^{2} / 2 \Delta^{2}$.
(c) Starting with the expression from Eq. (5.441),

$$
\begin{align*}
\langle\mathbf{F}\rangle & =-\frac{\hbar}{2}\left[\nabla \Omega^{*}(\mathbf{r})\langle\sigma\rangle+\text { c.c. }\right]  \tag{5.571}\\
& =-\frac{\hbar\langle\sigma\rangle}{2}\left[(\nabla|\Omega|) e^{-i \phi}-i(\nabla \phi)|\Omega| e^{i \phi}\right]+\text { c.c. }
\end{align*}
$$

we drop the radiation-pressure contribution (the term with $\nabla \phi$ ) to obtain the dipole force

$$
\begin{equation*}
\langle\mathbf{F}\rangle_{\mathrm{dip}}=-\frac{\hbar\langle\sigma\rangle}{2} e^{-i \phi} \nabla|\Omega|+\text { c.c. } \tag{5.572}
\end{equation*}
$$

Show that the force can be written in terms of the dressed states as

$$
\begin{equation*}
\langle\mathbf{F}\rangle_{\mathrm{dip}}=-\frac{\hbar}{2} \nabla \tilde{\Omega}\left(\rho_{++}-\rho_{--}\right)-\hbar \tilde{\Omega} \nabla \theta\left(\rho_{+-}+\rho_{-+}\right) \tag{5.573}
\end{equation*}
$$

(d) The work to move the atom a distance $d \mathbf{r}$ is

$$
\begin{align*}
d W & =-\langle\mathbf{F}\rangle_{\operatorname{dip}} \cdot d \mathbf{r}  \tag{5.574}\\
& =\frac{\hbar}{2}(\nabla \tilde{\Omega} \cdot d \mathbf{r})\left(\rho_{++}-\rho_{--}\right)+\hbar \tilde{\Omega}(\nabla \theta \cdot d \mathbf{r})\left(\rho_{+-}+\rho_{-+}\right)
\end{align*}
$$

For a static or slowly moving atom, only the first term contributes to the dipole force; the second term involves the dressed-state coherences, and represents nonadiabatic transitions between the dressed states due to the displacement. Show explicitly based on your answer from (b) that the second term vanishes for adiabatic displacements.
(e) The displacement work can then be written as

$$
\begin{align*}
d W & =\frac{\hbar d \tilde{\Omega}}{2}\left(\rho_{++}-\rho_{--}\right)  \tag{5.575}\\
& =\rho_{++} d E_{+}+\rho_{--} d E_{-}
\end{align*}
$$

Use your results of part (b) to evaluate this expression, and then integrate it with respect to position to obtain the dipole potential (valid in the limit of well-resolved dressed states).
(f) The position-dependent level shift of the dressed states, weighted by the dressed-state population, is

$$
\begin{equation*}
U_{\mathrm{A}}=\Delta E_{+} \rho_{++}+\Delta E_{-} \rho_{--}, \tag{5.576}
\end{equation*}
$$

where

$$
\begin{equation*}
\Delta E_{ \pm}= \pm \frac{\hbar \tilde{\Omega}}{2} \tag{5.577}
\end{equation*}
$$

are the dressed-state energy shifts relative to the mean level energy. Show that $U_{\mathrm{A}}$ is not the correct dipole potential.
(g) Show that in the limit of either large pumping $(|\Omega| \gg \Gamma)$ or detuning $(|\Delta| \gg \Gamma)$ the optical Bloch equations give

$$
\begin{align*}
& \partial_{t} \rho_{++}=-\Gamma_{+-} \rho_{++}+\Gamma_{-+} \rho_{--}  \tag{5.578}\\
& \partial_{t} \rho_{--}=\Gamma_{+-} \rho_{++}-\Gamma_{-+} \rho_{--}
\end{align*}
$$

for the (position-dependent) dressed-state populations, where

$$
\begin{equation*}
\Gamma_{+-}=\Gamma \cos ^{4} \theta, \quad \Gamma_{-+}=\Gamma \sin ^{4} \theta \tag{5.579}
\end{equation*}
$$

represent the decay rates between the dressed states. To do this, make the adiabatic, or secular approximation, where the populations and coherences evolve on very different time scales and thus can be decoupled by replacing the coherences by their steady-state (mean) values in the population equations. (Why do the populations vary slowly?) Then $\Gamma_{+-} \rho_{++}$is the rate for $|+\rangle \longrightarrow|-\rangle$ transitions, and thus the rate for producing photons in the $\omega+\tilde{\Omega}$ Mollow side band, and $\Gamma_{-+} \rho_{--}$is the rate for
 equilibrium, the two rates are equal, implying a symmetric Mollow spectrum.
Note that the optical Bloch equations in the dressed-state basis reduce to simple rate equations in the secular approximation. Otherwise, the dressed-state equations are rather more complicated than for the bare states. Thus, the dressed basis is most useful when the secular approximation holds.
(h) Finally, show that

$$
\begin{equation*}
d W=d U_{\mathrm{A}}+d U_{\mathrm{F}} \tag{5.580}
\end{equation*}
$$

where

$$
\begin{equation*}
d U_{\mathrm{F}}=\hbar \tilde{\Omega}\left(\Gamma_{+-} \rho_{++}-\Gamma_{-+} \rho_{--}\right) d t . \tag{5.581}
\end{equation*}
$$

Interpret this relation as the energy transferred to the field in time $d t$ due to the displacement of the atom. The dipole potential thus has contributions from both the atom and field energies.

## Problem 5.18

Recall the one-dimensional Fokker-Planck equation:

$$
\begin{equation*}
\partial_{t} f(p, t)=-\partial_{p} A(p) f(p, t)+\frac{1}{2} \partial_{p}^{2} D(p) f(p, t) \tag{5.582}
\end{equation*}
$$

Since the drift coefficient $A(p)$ and diffusion coefficient $D(p)$ depend on momentum, we can't write down a general solution, and the interpretation of these coefficients is a bit tricky. However, computing the equations of motion for the first two moments helps with the interpretation.
(a) Show that

$$
\begin{equation*}
\partial_{t}\langle p\rangle=\langle A(p)\rangle \tag{5.583}
\end{equation*}
$$

Here, the expectation value refers to an average with respect to the distribution $f(p, t)$. Assume that $f(p, t)$ falls off quickly enough with $|p|$ that any boundary terms are negligible. Thus, "drift" of the distribution mean is caused both by the drift coefficient, averaged over the distribution.
(b) Show that

$$
\begin{equation*}
\partial_{t} V_{p}=2\langle p A(p)\rangle-2\langle p\rangle\langle A(p)\rangle+\langle D(p)\rangle \tag{5.584}
\end{equation*}
$$

under the same assumptions as in part (a), where $V_{p}:=\left\langle p^{2}\right\rangle-\langle p\rangle^{2}$. Thus, the diffusion coefficient causes spreading of the variance, again weighted by the distribution $f(p, t)$. Also, variations in the drift coefficient can cause the distribution to spread or contract, since different accelerations for parts of the distribution at different momenta can tear them apart or squish them together, depending on the relative accelerations.

## Problem 5.19

Consider an atom trapped in a potential well of an optical standing wave (one-dimensional optical lattice).
(a) The standing wave is composed of two counterpropagating traveling waves. Suppose that the frequency of one of the traveling waves is shifted by a small amount $\delta \omega$. Show mathematically that the new configuration corresponds to a moving optical lattice. Intuitively, you can see this because there exists a moving reference frame where the Doppler-shifted frequencies of the two waves are equal, and thus the optical lattice is at rest in this frame. What is the velocity of the standing wave? What is the frequency shift that matches the velocity of an atom moving with momentum $\hbar k$, where $k$ is the wave number of the optical lattice? Compute this last frequency shift for ${ }^{87} \mathrm{Rb}$, assuming that the optical lattice is tuned close to the 780 nm resonance.
(b) If you add a linear chirp (frequency sweep) to the frequency of one of the traveling waves, then you end up with an optical lattice of constant acceleration. An atom bound to the optical lattice will accelerate with it, making transitions to higher momentum states. Consider the component of the atom in the $p=0$ state. Use what you know about Bragg scattering and adiabatic passage to explain qualitatively how the atom in the accelerating optical lattice makes transitions to the states $p=2 \hbar k, 4 \hbar k, \ldots$ Also explain how, from the quantum-optics viewpoint (i.e., using an adiabatic passage argument), how the atom is "lost" from the lattice and stops accelerating if the acceleration is too large.
(c) Given a particular potential depth $V_{0}$, estimate the critical acceleration $a_{\mathrm{c}}$, above which the atom is lost from the lattice. Give this estimate using both a classical argument, assuming a classical potential of the form $V_{0} \cos 2 k x$, as well as a quantum-mechanical argument based on adiabatic passage.

## Problem 5.20

Derive the expression (5.369)

$$
\begin{equation*}
S_{\mathrm{a}}\left(\omega_{\mathrm{p}}\right)=\frac{\left[\rho_{\mathrm{gg}}(t \longrightarrow \infty)-\rho_{\mathrm{ee}}(t \longrightarrow \infty)\right]\left[\left(\Gamma-i \Delta_{\mathrm{p}}\right)\left[\gamma_{\perp}+i\left(\Delta-\Delta_{\mathrm{p}}\right)\right]+\frac{i \Omega^{2} \Delta_{\mathrm{p}}}{2\left(\gamma_{\perp}+i \Delta\right)}\right]}{\left(\Gamma-i \Delta_{\mathrm{p}}\right)\left[\gamma_{\perp}+i\left(\Delta-\Delta_{\mathrm{p}}\right)\right]\left[\gamma_{\perp}-i\left(\Delta+\Delta_{\mathrm{p}}\right)\right]+\Omega^{2}\left(\gamma_{\perp}-i \Delta_{\mathrm{p}}\right)}+\text { c.c. } \tag{5.585}
\end{equation*}
$$

for the Mollow probe-absorption spectrum, using the following outline.
This problem is a good prototype for how to treat an atom interacting with a bichromatic field. By treating one of the fields as a perturbation, the solution is greatly simplified (relatively speaking).
(a) Write down the interaction Hamiltonian for the probe field with the atom in terms of the probe Rabi frequency $\Omega_{\mathrm{p}}$ and the probe frequency $\omega_{\mathrm{p}}$. Then write down the same Hamiltonian in the rotating frame of the pump laser field (of Rabi frequency $\Omega$ and frequency $\omega$ ), in terms of the probe-pump detuning $\Delta_{\mathrm{p}}:=\omega_{\mathrm{p}}-\omega$. You may assume both $\Omega$ and $\Omega_{\mathrm{p}}$ to be real.
(b) Write out the equations of motion for the atomic density-matrix elements, obtained from the master equation

$$
\begin{equation*}
\partial_{t} \tilde{\rho}=-\frac{i}{\hbar}\left[\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}+\tilde{H}_{\mathrm{P}}, \tilde{\rho}\right]+\Gamma \mathcal{D}[\sigma] \tilde{\rho} . \tag{5.586}
\end{equation*}
$$

(c) Now we will treat the probe-field interaction as a perturbation to the steady-state solution of $\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}$ by making the ansatz

$$
\begin{equation*}
\tilde{\rho}_{\alpha \beta}=\tilde{\rho}_{\alpha \beta}^{(0)}+\delta \tilde{\rho}_{\alpha \beta}^{(0)}+\delta \tilde{\rho}_{\alpha \beta}^{(+)} e^{-i \Delta_{\mathrm{p}} t}+\delta \tilde{\rho}_{\alpha \beta}^{(-)} e^{i \Delta_{\mathrm{p}} t} \tag{5.587}
\end{equation*}
$$

for the long-time solution to the equations of motion. Here, the $\tilde{\rho}_{\alpha \beta}^{(0)}$ are the steady-state solutions under the evolution of $\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}$; the $\delta \tilde{\rho}_{\alpha \beta}^{(0)}$ are the dc corrections due to the perturbation; and the $\delta \tilde{\rho}_{\alpha \beta}^{( \pm)}$are (complex) constants giving the amplitudes of the oscillating corrections to the long-time solutions. Note that

$$
\begin{align*}
\delta \tilde{\rho}_{\alpha \beta}^{( \pm)} & =\left(\delta \tilde{\rho}_{\beta \alpha}^{(\mp)}\right)^{*}  \tag{5.588}\\
\delta \rho_{\mathrm{ee}}^{(\alpha)} & =-\delta \rho_{\mathrm{gg}}^{(\alpha)},
\end{align*}
$$

so that only nine of the coefficients are independent. Justify (qualitatively) this form of the ansatz as sufficient to describe the corrected solution to lowest order in the probe intensity. Then substitute these equations into the above equations, and use the "steady-state" condition $\partial_{t} \rho_{\alpha \beta}=0$ to derive a set of nine(!) coupled, linear equations for the perturbation coefficients (use the above constraints to eliminate the coefficients $\left.\rho_{\mathrm{gg}}^{(\alpha)}\right)$.
Check your answers:

$$
\begin{align*}
-\frac{i \Omega}{2} \delta \tilde{\rho}_{\mathrm{ge}}^{(0)}+\frac{i \Omega}{2} \delta \tilde{\rho}_{\mathrm{eg}}^{(0)}-\Gamma \delta \rho_{\mathrm{ee}}^{(0)}-\frac{i \Omega_{\mathrm{p}}}{2} \delta \tilde{\rho}_{\mathrm{ge}}^{(-)}+\frac{i \Omega_{\mathrm{p}}}{2} \delta \tilde{\rho}_{\mathrm{eg}}^{(+)} & =0 \\
-\frac{i \Omega}{2} \delta \tilde{\rho}_{\mathrm{ge}}^{(+)}-\frac{i \Omega_{\mathrm{p}}}{2} \tilde{\rho}_{\mathrm{ge}}^{(0)}+\frac{i \Omega}{2} \delta \tilde{\rho}_{\mathrm{eg}}^{(+)}-\Gamma \delta \rho_{\mathrm{ee}}^{(+)}+i \Delta_{\mathrm{p}} \delta \rho_{\mathrm{ee}}^{(+)} & =0 \\
-\left(\gamma_{\perp}+i \Delta\right) \tilde{\rho}_{\mathrm{ge}}^{(0)}-\frac{i \Omega}{2}\left(\delta \rho_{\mathrm{ee}}^{(0)}-\delta \rho_{\mathrm{gg}}^{(0)}\right)-\frac{i \Omega_{\mathrm{p}}}{2}\left(\delta \rho_{\mathrm{ee}}^{(+)}-\delta \rho_{\mathrm{gg}}^{(+)}\right) & =0  \tag{5.589}\\
-\left[\gamma_{\perp}+i\left(\Delta-\Delta_{\mathrm{p}}\right)\right] \tilde{\rho}_{\mathrm{ge}}^{(+)}-\frac{i \Omega}{2}\left(\delta \rho_{\mathrm{ee}}^{(+)}-\delta \rho_{\mathrm{gg}}^{(+)}\right) & =0 \\
-\left[\gamma_{\perp}+i\left(\Delta+\Delta_{\mathrm{p}}\right)\right] \tilde{\rho}_{\mathrm{ge}}^{(-)}-\frac{i \Omega}{2}\left(\delta \rho_{\mathrm{ee}}^{(-)}-\delta \rho_{\mathrm{gg}}^{(-)}\right)-\frac{i \Omega_{\mathrm{p}}}{2}\left(\rho_{\mathrm{ee}}^{(0)}-\rho_{\mathrm{gg}}^{(0)}\right) & =0
\end{align*}
$$

(d) Solve the set of equations to obtain an expression for $\delta \tilde{\rho}_{\mathrm{eg}}^{(+)}$. A computer and a symbolic algebra program could save you both time and severe cramping in your writing hand.
(e) Recall the Bloch equation for the atom interacting with the pump field (without the probe)

$$
\begin{equation*}
\partial_{t} \rho_{\mathrm{ee}}=\frac{i \Omega}{2}\left(\tilde{\rho}_{\mathrm{eg}}-\tilde{\rho}_{\mathrm{ge}}\right)-\Gamma \rho_{\mathrm{ee}} \tag{5.590}
\end{equation*}
$$

Identify the function of these terms and argue that in steady state, the rate of photon absorption is

$$
\begin{equation*}
R_{\mathrm{abs}}=\frac{i \Omega}{2}\left(\tilde{\rho}_{\mathrm{eg}}-\tilde{\rho}_{\mathrm{ge}}\right) . \tag{5.591}
\end{equation*}
$$

Then argue that the rate of photon absorption from the probe field is

$$
\begin{equation*}
R_{\mathrm{abs}, \text { probe }}=\frac{i \Omega_{\mathrm{p}}}{2}\left(\delta \tilde{\rho}_{\mathrm{eg}}^{(+)}-\delta \tilde{\rho}_{\mathrm{ge}}^{(-)}\right), \tag{5.592}
\end{equation*}
$$

and finally show that $R_{\text {abs, probe }}$ is equivalent to the above absorption spectrum up to an overall factor.

## Problem 5.21

Prove the following form of the quantum regression theorem, for computing a correlation function of the form $\langle A(t+\tau) B(t)\rangle$. In this case, the correlation function may be written

$$
\begin{equation*}
\lim _{t \rightarrow \infty}\langle A(t+\tau) B(t)\rangle=\operatorname{Tr}_{\mathrm{S}}[A \Lambda(\tau)] \tag{5.593}
\end{equation*}
$$

where $\Lambda(\tau)$ obeys the master equation with initial conditions

$$
\begin{equation*}
\Lambda(0)=B \rho(t \rightarrow \infty) \tag{5.594}
\end{equation*}
$$

## Problem 5.22

Prove the following form of the quantum regression theorem. Suppose that the one-time average of an operator $A$ can be written in the form

$$
\begin{equation*}
\langle B(t)\rangle=\sum_{j} g_{j}(t)\left\langle B_{j}(0)\right\rangle, \tag{5.595}
\end{equation*}
$$

where $g_{j}(t)$ are functions representing the solution in terms of initial conditions $\left\langle B_{j}(0)\right\rangle$ of some set of operators, then the two-time average $\langle A(t) B(t+\tau) C(t)\rangle_{t \rightarrow \infty}$ may be written

$$
\begin{equation*}
\langle A(t) B(t+\tau) C(t)\rangle_{t \rightarrow \infty} \equiv\langle A(0) B(\tau) C(0)\rangle=\sum_{j} g_{j}(\tau)\left\langle A B_{j} C\right\rangle_{t \rightarrow \infty} \tag{5.596}
\end{equation*}
$$

## Problem 5.23

Consider the quantum damped harmonic oscillator, with master equation

$$
\begin{equation*}
\partial_{t} \rho=-\frac{i}{\hbar}\left[H_{0}+H_{\mathrm{int}}, \rho\right]+\gamma \mathcal{D}[a] \rho \tag{5.597}
\end{equation*}
$$

with free Hamiltonian

$$
\begin{equation*}
H_{0}=\hbar \omega_{0}\left(a^{\dagger} a+\frac{1}{2}\right) \tag{5.598}
\end{equation*}
$$

and driving Hamiltonian

$$
\begin{equation*}
H_{\mathrm{int}}=\hbar \mathscr{E}\left(a e^{i \omega t}+a^{\dagger} e^{-i \omega t}\right) . \tag{5.599}
\end{equation*}
$$

(a) Derive the equations of motion for the density matrix elements $\rho_{n m}$ in the energy basis.
(b) Find a transformation to a rotating frame, where the equations of motion for the slow variables $\tilde{\rho}_{n m}$ have no explicit time dependence.
(c) Write out explicit expressions for the equations of motion for $\rho_{11}, \tilde{\rho}_{10}, \tilde{\rho}_{01}$, and $\rho_{00}$, under the assumption that $\tilde{\rho}_{n m}=0$ if $n>1$ or $m>1$. Compare your results to the optical Bloch equations.

## Problem 5.24

In this problem we will construct and analyze a simple model for a laser by using the optical Bloch equations and the results of Problem 5.6 to describe the atom-field interaction. For our purposes here, we will think of a laser as comprised of (1) an optical cavity (resonator), which traps light and confines it in some region of space, as in a pair of parallel mirrors (Fabry-Perot cavity); (2) a gain medium, consisting of a vapor of two-level atoms uniformly filling the cavity; and (3) some pump source that promotes the atoms to the excited state.
(a) Derive the Maxwell-Bloch equations for the interaction of a single cavity-field mode with an ensemble of quantum-mechanical two-level atoms of number density $N$ that fill the cavity:

$$
\begin{align*}
\partial_{t} E_{0} & =\frac{N \omega_{0} d_{\mathrm{ge}}}{\epsilon_{0}}\left\langle\sigma_{y}\right\rangle-\frac{\kappa}{2} E_{0} \\
\partial_{t}\left\langle\sigma_{y}\right\rangle & =\frac{d_{\mathrm{ge}}}{\hbar} E_{0}\left\langle\sigma_{z}\right\rangle-\gamma_{\perp}\left\langle\sigma_{y}\right\rangle  \tag{5.600}\\
\partial_{t}\left\langle\sigma_{z}\right\rangle & =-\frac{d_{\mathrm{ge}}}{\hbar} E_{0}\left\langle\sigma_{y}\right\rangle-\Gamma_{R}\left[\left\langle\sigma_{z}\right\rangle-\left\langle\sigma_{z}\right\rangle_{0}\right] .
\end{align*}
$$

Here, $E_{0}$ is the slowly varying field amplitude as defined in Problem 5.6; the field is exactly resonant with the atoms; $\Gamma_{R}:=\Gamma+R ; R$ is a pumping rate for the atoms to the excited state (by some auxiliary pump mechanism, not the cavity field); $\left\langle\sigma_{z}\right\rangle_{0}:=-(\Gamma-R) /(\Gamma+R)$ is the steady-state atomic inversion in the absence of coupling to the cavity field; $\kappa$ is the energy decay rate of the cavity; and $d_{\mathrm{ge}}:=\langle\mathrm{g}| d_{z}|\mathrm{e}\rangle$ is the matrix element that appears in the Rabi frequency. To do the derivation:

1. Start by writing down the optical Bloch equations on resonance. Assuming the atoms are initially unexcited, argue that $\left\langle\sigma_{x}\right\rangle$ can be removed from the problem. Note that the Rabi frequency here represents the coupling parameter of the atoms to the laser field.
2. Tack on an extra term of the form $-R\left[\left\langle\sigma_{z}\right\rangle-1\right]$ to the $\left\langle\sigma_{z}\right\rangle$ Bloch equation to model excitation due to a pump field. Justify why in fact such a term gives the appropriate behavior.
3. Use the results of Problem 5.6 to write down an equation of motion for the cavity-field amplitude $E_{0}$, ignoring any spatial dependence of the field amplitude or the polarization amplitude. Also ignore any overlap of the circulating field with itself, as in a ring cavity. Use what you know about the polarization and the atomic dipoles to obtain the first term in the first Maxwell-Bloch equation above. Finally, tack on a damping term to model leakage of the cavity energy through the laser output port.
(b) Let $E_{0 \mathrm{ss}},\left\langle\sigma_{y}\right\rangle_{\mathrm{ss}}$, and $\left\langle\sigma_{z}\right\rangle_{\mathrm{ss}}$ denote the steady-state values of $E_{0},\left\langle\sigma_{y}\right\rangle$, and $\left\langle\sigma_{z}\right\rangle$, respectively. Now define the variables

$$
\begin{equation*}
r:=\frac{\left\langle\sigma_{z}\right\rangle_{0}}{\left\langle\sigma_{z}\right\rangle_{\mathrm{ss}}} ; \quad \sigma:=\frac{\kappa}{2 \gamma_{\perp}} ; \quad b:=\frac{\Gamma_{R}}{\gamma_{\perp}}, \tag{5.601}
\end{equation*}
$$

and define the scaled coordinates

$$
\begin{equation*}
\tau:=\gamma_{\perp} t ; \quad x:=\sqrt{b(r-1)} \frac{E_{0}}{E_{0 \mathrm{ss}}} ; \quad y:=\sqrt{b(r-1)} \frac{\left\langle\sigma_{y}\right\rangle}{\left\langle\sigma_{y}\right\rangle_{\mathrm{ss}}} ; \quad z:=\frac{\left\langle\sigma_{z}\right\rangle_{0}-\left\langle\sigma_{z}\right\rangle}{\left\langle\sigma_{z}\right\rangle_{\mathrm{ss}}} \tag{5.602}
\end{equation*}
$$

Show that the Maxwell-Bloch equations may be written in the form ${ }^{50}$

$$
\begin{align*}
& \partial_{\tau} x=-\sigma(x-y) \\
& \partial_{\tau} y=-y-x z+r x  \tag{5.603}\\
& \partial_{\tau} z=x y-b z
\end{align*}
$$

These equations are well-known in the area of nonlinear dynamics as the Lorenz model ${ }^{51}$ (not Lorentz!), essentially one of the simplest possible nontrivial models for turbulent fluid flow or for the global weather system. Depending on the parameter values, the Lorenz model-and thus the Maxwell-Bloch equations for the laser-display a complex variety of dynamical behaviors, from steady behavior to periodic oscillation to chaos. ${ }^{52}$
The fluid interpretation of the Lorenz model is briefly as follows: the Lorenz model describes a fluid (subject to gravity) confined between two horizontal plates, where the lower plate is maintained a temperature $\Delta T$ higher than the upper plate. Then the parameter $\sigma$ is a sort of scaled fluid viscosity (the Prandtl number), $r$ is a scaled temperature difference $\Delta T$ (the Rayleigh number), and $b$ is a scaled plate separation. Physically, for small temperature differences, the fluid simply supports the temperature gradient by conduction, without any movement. For larger temperature differences, the stationary behavior becomes unstable due to the buoyancy of the warm fluid near the bottom plate, and a convection pattern forms: a periodic pattern of "rolls" forms, transporting the warm fluid quickly to the upper plate, where it cools and then falls back down.

[^89]

For larger temperature differences, the flow becomes more complicated, but the Lorenz model doesn't capture this: it assumes physical quantities to be periodic in the horizontal direction with a single spatial frequency (i.e., truncating the Fourier series for the velocity, temperature, etc. fields after the first term). The coordinates $x, y$, and $z$ are respectively the amplitude of the velocity modulation (i.e., the maximum upward velocity), the amplitude of the temperature modulation (i.e., the maximum horizontal temperature difference), and the dc offset of the temperature field from the conductive value. This general fluid problem is called Rayleigh-Bénard convection, and the Lorenz model is a greatly simplified description of this system.
You should find stability transitions at $r=1$ and $r=(\sigma(\sigma+b+3)) /(\sigma-b-1)$ (the latter transition requiring $\sigma>b+1$ ).
(c) To analyze this laser model, begin by finding the fixed points or stationary solutions of the Lorenz system. That is, find the vectors $\left(x^{*}, y^{*}, z^{*}\right)$ for which $\partial_{\tau}(x, y, z)=0$. You should find two types of solutions, corresponding to conductive and convective fluid flow. Identify which is which. In terms of laser output, what is the (correct) interpretation of each fixed point?
(d) Perform a linear stability analysis to find the ranges of the parameter $r$ for which the conductive and convective solutions are stable. You may assume $\sigma, b$ and $r$ to be positive for the purposes of this problem. Make a plot (sketch) of the fixed-point solutions, plotting $x^{*}$ vs. $r$, indicating their stability on your plot.
To do the stability analysis, write each dynamical variable as a small perturbation to a fixed point,

$$
\begin{equation*}
x=x^{*}+\delta x ; \quad y=y^{*}+\delta x ; \quad z=z^{*}+\delta x \tag{5.604}
\end{equation*}
$$

and substitute these into the Lorenz equations, keeping only first order terms in the perturbations. The result is a set of linearized equations for $\delta x, \delta y$, and $\delta z$ in the neighborhood of the fixed point $\left(x^{*}, y^{*}, z^{*}\right)$. Now assume a solution of the form

$$
\begin{equation*}
\delta x(t)=\delta x(0) e^{\lambda t} ; \quad \delta y(t)=\delta y(0) e^{\lambda t} ; \quad \delta z(t)=\delta z(0) e^{\lambda t} \tag{5.605}
\end{equation*}
$$

and use the linearized equations to find expressions for $\lambda$ near each fixed point. If $\operatorname{Re}[\lambda]>0$, then the solution runs away, and the fixed point is linearly unstable; If $\operatorname{Re}[\lambda] \leq 0$, then the solution remains bounded, and the fixed point is linearly stable.

Hint: you don't necessarily need to find the values of $\lambda$ (i.e., the eigenvalues of the evolution matrix) in each case, you just need to determine the signs of the real parts.
(e) A universal feature in laser physics is threshold behavior. In a laser, what is a physical mechanism that prevents the unstable conductive solution from occuring? Viewing $r$ as a "rescaled" version of the pumping rate $R$, interpret your solutions for the fixed points and their stability in terms of the steady-state laser output, and explain how these result predict a threshold in the laser output as a function of pump rate. Also, when a laser above threshold begins to oscillate (lase), when starting from a cavity initially in the vacuum state $(x=0)$, it is said to undergo spontaneous symmetry breaking. Explain what this term means in the context of your plot from part (d).
(f) Below is shown a bifurcation diagram for the $x$ coordinate of the Lorenz model as a function of $r$, produced as follows. For each value of $r$ start with some generic initial condition (specifically, $x=0$,
$y=0.01, z=0.01$, corresponding to a bit of initial atomic excitation) and integrate the Lorenz model forward for a long time to get rid of any transient behavior. Then, integrate it for an even longer time; if the solution has settled to a stationary state, then plot the steady $x^{*}$ value at coordinates $\left(r, x^{*}\right)$; if it oscillates, plot a point on the graph at coordinates $(r, x)$, each time the slope of the variable $x$ changes sign. Thus, each trajectory will look like a bunch of points on your bifurcation diagram, and gives some idea of what happens at any value of $r$. For the purposes of this diagram, we have chosen the common values $\sigma=10$ and $b=8 / 3$.


The plot above represents the parameter region that we'll mostly focus on. Explain how the behavior shown here is consistent with your fixed-point stability analysis.
Note that if you were to put a photodetector in front of your laser and measure the power as a function of the pump rate on your oscilloscope, you'd be looking at intensity, not the field amplitude, so you'd see something more like this:


Just for kicks, we can also look at a much wider range of $r$. Note that a large value of $r$ corresponds to a very strong pump, and thus likely puts the laser into a highly nonlinear regime where this model breaks down. We would thus expect higher-order instabilities to make things more complicated. However, even within this model, the bifurcation diagram is quite intricate. You can see all sorts of behavior, such as an inverse period-doubling cascade, stability windows, and period-3 trajectories, which demonstrate that the model must exhibit chaotic behavior ${ }^{53}$

(g) Noting the symmetry of your steady-state sketch in (d), and the apparent reflection symmetry of the bifurcation diagrams, find the underlying symmetry in the Lorenz equations. Give a physical interpretation to the symmetry.
(h) Write a computer program to plot a trajectory of $x$ vs. $\tau$ for $r=0.5,10,20,30$, and 350 , with the other parameters and initial conditions as noted in (f). Interpret the behavior you see in each case, and comment on what the dynamical plot tells you about each relevant region in phase space. Note that any noisy behavior you see is likely to be chaos (deterministic "randomness" in low-dimensional systems).
(i) In part (g), for your plots at $r=10$ and 20 , you should have seen a phenomenon called laser spiking or relaxation oscillation, a transient, oscillatory behavior in the laser output when a laser parameter (usually, the pump power) is changed suddenly. It can be explained as follows. When the pump source is suddenly "switched on," the strong pump rapidly excites the gain medium, such that the medium polarization build up to well beyond the threshold value before the cavity field can respond. The intensity, as a result, builds up rapidly, quickly depleting (saturating) the gain medium as the laser oscillates. The cavity field amplitude becomes so large that the gain-medium polarization drops below threshold, and soon afterwards, the field amplitude begins to drop. This process repeats, producing the oscillations.
For the $r=10$ case, make a plot of $x(\tau)$ and $y(\tau)$ on the same graph, and explain how what you see is consistent with this explanation. Physically, why do these oscillations damp to a steady equilibrium?
(j) 20 years from now, you find yourself in the position of Über-Manager at Acme Laser Corp., overseeing the Nifty New Lasers division. One day, one of your many peons comes up to you in a panic, saying that the new high-power, ultrastable laser prototype that your division is now finally testing after years of engineering work turns out to not be very stable at all. In fact, the output intensity appears to be

[^90]very noisy whenever it is run at full power, even though the power supply is very quiet. Your first hunch, based on years of experience in laser building and tweaking, is that an inappropriate output coupler (output mirror) somehow made it into the design. But to fix things, should you try substituting an output coupler with greater or lesser reflectance than the one in the prototype now? Fortunately, ages ago, you worked out the above theory, which you can use as a semi-quantitative guide to laser stability. By working out how the changing output-coupler reflectance modifies the parameters in the Lorenz model, you make an intelligent guess that should put the laser back into a stable regime. What do you advise your employee, O Sage One? (Note that when you solved this problem years ago in a quantum optics class, you explained your reasoning.)
Here are some observations that may help:

1. Changing the mirror reflectance, and hence the value of $\kappa$, will affect both the values of $r$ and $\sigma$. How do these parameters change with the mirror reflectance? This will not be obvious for $r$, so you should work out an expression for it in terms of $\kappa$ and the other physical parameters.
2. Which way should you go in terms of $r$ and $\sigma$ to get back into a stable region?
3. You may assume that $R$ is not much larger than $\Gamma$, as is typical for high-density gain media (for three-level lasers, technically speaking). Also, assume nearly natural broadening, so that $\gamma_{\perp} \sim \Gamma$. Finally, assume the laser to be in the "bad cavity" regime of $\kappa \gg \Gamma, \gamma_{\perp}$. This doesn't necessarily mean that the cavity is bad (in fact a truly bad cavity would violate the slowly varying amplitude approximation for the electric-field envelope), if the atomic transition is very narrow.
(k) You will get a reasonable answer with the above considerations, but you should keep the following caveat in mind. The Lorenz-Haken instability is unusual in practice, because lasers do not usually operate in the bad-cavity limit-usually, the atomic transition is broadened well beyond the width of the cavity resonance. Usually, though, other instabilities cause transitions to dynamical (though not necessarily chaotic) "steady" states.
In the more typical limit of strong broadening (large $\gamma_{\perp}$ ), when the atomic coherence can be adiabatically eliminated, show that the laser can then be modeled by the rate equations

$$
\begin{align*}
\partial_{t} I & =\frac{\Gamma}{\gamma_{\perp}} N c \sigma_{0} I\left\langle\sigma_{z}\right\rangle-\kappa I  \tag{5.606}\\
\partial_{t}\left\langle\sigma_{z}\right\rangle & =-\frac{\Gamma}{\gamma_{\perp}} \frac{\sigma_{0} I}{\hbar \omega_{0}} I\left\langle\sigma_{z}\right\rangle-\Gamma_{R}\left[\left\langle\sigma_{z}\right\rangle-\left\langle\sigma_{z}\right\rangle_{0}\right]
\end{align*}
$$

which are written only in terms of the cavity intensity $I$ and the atomic inversion. Here $\sigma_{0}=\lambda_{0}^{2} / 2 \pi$ is the resonant cross section for homogenous broadening, with $\lambda_{0}$ the resonant wavelength.
Bonus question: is chaotic instability possible in this regime? Why or why not?

## Problem 5.25

Consider again the forced, damped, quantum harmonic oscillator in the form

$$
\begin{equation*}
\partial_{t} \rho=-\frac{i}{\hbar}\left[H_{0}+H_{\mathrm{int}}, \rho\right]+\gamma \mathcal{D}[a] \rho, \tag{5.607}
\end{equation*}
$$

with free-oscillator Hamiltonian

$$
\begin{equation*}
H_{0}=\hbar \omega_{0}\left(a^{\dagger} a+\frac{1}{2}\right) \tag{5.608}
\end{equation*}
$$

and driving Hamiltonian

$$
\begin{equation*}
H_{\mathrm{int}}=\hbar \mathscr{E}\left(a e^{i \omega t}+a^{\dagger} e^{-i \omega t}\right) \tag{5.609}
\end{equation*}
$$

(a) Show that the expectation values evolve under the master equation as

$$
\begin{align*}
\partial_{t}\langle a\rangle & =i \Delta\langle a\rangle-i \mathscr{E}-\frac{\gamma}{2}\langle a\rangle  \tag{5.610}\\
\partial_{t}\left\langle a^{\dagger} a\right\rangle & =i \mathscr{E}\left[\langle a\rangle-\left\langle a^{\dagger}\right\rangle\right]-\gamma\left\langle a^{\dagger} a\right\rangle,
\end{align*}
$$

once a transformation to a rotating frame has been made. Find the steady-state values for $\langle a\rangle$ and $\left\langle a^{\dagger} a\right\rangle$.
(b) Use the quantum regression theorem to compute the first-order coherence function

$$
\begin{equation*}
g^{(1)}(\tau)=\frac{\left\langle a^{\dagger}(t) a(t+\tau)\right\rangle_{t \rightarrow \infty}}{\left\langle a^{\dagger} a\right\rangle_{t \rightarrow \infty}} \tag{5.611}
\end{equation*}
$$

What is the emission spectrum $S\left(\omega_{\mathrm{s}}\right)$ for the damped harmonic oscillator? Comment on how your result compares to the two-level atom modeled by the optical Bloch equations.
Hint: Use the fact that $\langle a(t)\rangle$ may be written in the form

$$
\begin{equation*}
\langle a(t)\rangle=g_{0}(t)+g_{1}(t)\langle a(0)\rangle+g_{2}(t)\left\langle a^{\dagger}(0)\right\rangle+g_{3}(t)\left\langle a^{\dagger}(0) a(0)\right\rangle \tag{5.612}
\end{equation*}
$$

and find the functions $g_{\alpha}(t)$. Then use the quantum regression theorem to write down an expression for $\left\langle a^{\dagger}(0) a(\tau)\right\rangle$.

## Problem 5.26

Consider the quantum damped harmonic oscillator, with master equation

$$
\begin{equation*}
\partial_{t} \rho=-\frac{i}{\hbar}[H, \rho]+\gamma \mathcal{D}[a] \rho \tag{5.613}
\end{equation*}
$$

with Hamiltonian

$$
\begin{equation*}
H=\hbar \omega\left(a^{\dagger} a+\frac{1}{2}\right) \tag{5.614}
\end{equation*}
$$

The fact that damping occurs here implies that the oscillator also experiences a stochastic (heating) force. This is one way to view the zero-point energy: the damping tends to make the oscillator stop, but in the ground state the damping and stochastic heating exactly balance, producing a steady state of nonzero energy. This is also essentially the content of what is called the fluctuation-dissipation relation (see Section 14.3.8.1).

To see this, recall that the momentum diffusion coefficient $D_{p}$ is be the rate at which the momentum variance increases,

$$
\begin{align*}
D_{p} & =\partial_{t} V_{p} \\
& =\partial_{t}\left(\left\langle p^{2}\right\rangle-\langle p\rangle^{2}\right)  \tag{5.615}\\
& =\langle p F\rangle+\langle F p\rangle-2\langle p\rangle\langle F\rangle
\end{align*}
$$

and we showed that it is given in terms of the force correlation function as

$$
\begin{equation*}
D_{p}=\int_{-\infty}^{\infty} d \tau\left[\langle F(t) F(t+\tau)\rangle-\langle F(t)\rangle^{2}\right] \tag{5.616}
\end{equation*}
$$

(a) Work in the weak-damping $(\gamma \ll \omega)$ regime, and use the quantum regression theorem to find the value of the diffusion coefficient for the damped harmonic oscillator.
Hint: Express the force correlation function in terms of the ladder operators, using $a(t) \approx a(0) e^{-i \omega t}$ in the Heisenberg picture for $t \ll 1 / \gamma$ to carry out any time derivatives. Then use the solution for $\langle a(t)\rangle$ at arbitrary times and the quantum regression theorem to find the correlation function.
(b) Show that in steady-state, the combined effect of damping and the stochastic force leads to the correct zero-point momentum variance (i.e., the momentum variance of the ground state) in steady state.

## Chapter 6

## Three-Level Atom Interacting with a Classical Field

Now having developed the theory of two-level atoms quite thoroughly, we will spend a bit more time examining slightly more complicated atoms, those with three levels. Some dramatic effects can take place in such systems due to quantum coherence and interference, much more so than in the two-level atom, due to multiple "pathways" between the different levels.

### 6.1 Stimulated Raman Transitions

One effect that we considered briefly in the context of Bragg scattering in an optical standing wave is the stimulated Raman effect. We consider the atomic energy level structure in the $\boldsymbol{\Lambda}$-configuration shown below, where two ground states $\left|\mathrm{g}_{1,2}\right\rangle$ are coupled to an excited state $|\mathrm{e}\rangle$ by two optical fields. Our goal is to show that under suitable conditions, the atomic population can be driven between the ground states as in an effective, two-level system. In classical, nonlinear optics, you can think of the effect this way: two waves hitting the same atoms are mixed together by the nonlinearity of the atom, leading to an effective polarization wave at the beat (difference) frequency of the two waves, which drives the atomic transition between the ground states. Quantum mechanically, the coherence between the dipole moments associated with each transition causes them to work together, transferring population between the ground states without significantly populating the excited state. Of course, this is only possible with far-detuned excitation, so that spontaneous emission does not "scramble" the phases of the dipoles and ruin the quantum coherence. Thus, in this section we will stick to a Schrödinger-equation model, explicitly assuming far-off-resonant excitation to the excited state and thus ignoring spontaneous emission.

The combined optical field has the form

$$
\begin{align*}
\mathbf{E}(\mathbf{r}, t) & =\hat{\epsilon}_{1} E_{01} \cos \left(\mathbf{k}_{1} \cdot \mathbf{r}-\omega_{1} t\right)+\hat{\epsilon}_{2} E_{02} \cos \left(\mathbf{k}_{2} \cdot \mathbf{r}-\omega_{2} t\right)  \tag{6.1}\\
& =\mathbf{E}^{(+)}(\mathbf{r}, t)+\mathbf{E}^{(-)}(\mathbf{r}, t)
\end{align*}
$$

where $\mathbf{E}^{( \pm)}(\mathbf{r}, t)$ are the positive and negative rotating components of the field, given by

$$
\begin{equation*}
\mathbf{E}^{( \pm)}(\mathbf{r}, t)=\frac{1}{2}\left(\hat{\epsilon}_{1} E_{01} e^{ \pm i \mathbf{k}_{1} \cdot \mathbf{r}} e^{\mp i \omega_{1} t}+\hat{\epsilon}_{2} E_{02} e^{ \pm i \mathbf{k}_{2} \cdot \mathbf{r}} e^{\mp i \omega_{2} t}\right) \tag{6.2}
\end{equation*}
$$

and $\hat{\epsilon}_{1,2}$ are the unit polarization vectors of the two fields.


The free atomic Hamiltonian can then be written

$$
\begin{equation*}
H_{\mathrm{A}}=\frac{p^{2}}{2 m}-\hbar \omega_{01}\left|\mathrm{~g}_{1}\right\rangle\left\langle\mathrm{g}_{1}\right|-\hbar \omega_{02}\left|\mathrm{~g}_{2}\right\rangle\left\langle\mathrm{g}_{2}\right| \tag{6.3}
\end{equation*}
$$

where we have taken the excited state to have zero energy. In the dipole and rotating-wave approximations, the atom-field interaction Hamiltonian is

$$
\begin{equation*}
H_{\mathrm{AF}}=-\mathbf{d}^{(+)} \cdot \mathbf{E}^{(-)}-\mathbf{d}^{(-)} \cdot \mathbf{E}^{(+)} \tag{6.4}
\end{equation*}
$$

We have assumed that the ground-state splitting is much smaller than the optical transition frequencies: $\omega_{21}:=\omega_{02}-\omega_{01} \ll \omega_{0 \alpha}$ (for concreteness, we take $\left|\mathrm{g}_{2}\right\rangle$ to be of higher energy than $\left|\mathrm{g}_{1}\right\rangle$ ). Additionally, we have decomposed the dipole operator $\mathbf{d}$ into its positive- and negative-rotating components,

$$
\begin{align*}
\mathbf{d} & =\mathbf{d}^{(+)}+\mathbf{d}^{(-)} \\
& =\left[\left\langle\mathrm{g}_{1}\right| \mathbf{d}|\mathrm{e}\rangle \sigma_{1}+\left\langle\mathrm{g}_{2}\right| \mathbf{d}|\mathrm{e}\rangle \sigma_{2}\right]+\left[\left\langle\mathrm{g}_{1}\right| \mathbf{d}|\mathrm{e}\rangle \sigma_{1}^{\dagger}+\left\langle\mathrm{g}_{1}\right| \mathbf{d}|\mathrm{e}\rangle \sigma_{2}^{\dagger}\right] \tag{6.5}
\end{align*}
$$

where $\sigma_{\alpha}:=\left|\mathrm{g}_{\alpha}\right\rangle\langle\mathrm{e}|$ is an annihilation operator. Substituting (6.5) into (6.4), we find

$$
\begin{align*}
H_{\mathrm{AF}}= & -\frac{1}{2}\left\langle\mathrm{~g}_{1}\right| \hat{\epsilon}_{1} \cdot \mathbf{d}|\mathrm{e}\rangle E_{01}\left(\sigma_{1} e^{i \mathbf{k}_{1} \cdot \mathbf{r}} e^{-i \omega_{1} t}+\sigma_{1}^{\dagger} e^{-i \mathbf{k}_{1} \cdot \mathbf{r}} e^{i \omega_{1} t}\right)  \tag{6.6}\\
& -\frac{1}{2}\left\langle\mathrm{~g}_{2}\right| \hat{\epsilon}_{2} \cdot \mathbf{d}|\mathrm{e}\rangle E_{02}\left(\sigma_{1} e^{i \mathbf{k}_{2} \cdot \mathbf{r}} e^{-i \omega_{2} t}+\sigma_{2}^{\dagger} e^{-i \mathbf{k}_{2} \cdot \mathbf{r}} e^{i \omega_{2} t}\right) .
\end{align*}
$$

We will assume the detunings $\Delta_{\alpha}:=\omega_{\alpha}-\omega_{0 \alpha}$ are nearly equal; hence, to make this problem more tractable, we assume that the field $\mathbf{E}_{\alpha}$ couples only $\left|\mathrm{g}_{\alpha}\right\rangle$ to $|\mathrm{e}\rangle$. After solving this problem, we can treat the crosscouplings as a perturbation to our solutions. If we define the Rabi frequencies

$$
\begin{equation*}
\Omega_{\alpha}:=\frac{-\left\langle\mathrm{g}_{\alpha}\right| \hat{\epsilon}_{\alpha} \cdot \mathbf{d}|\mathrm{e}\rangle E_{0 \alpha}}{\hbar} \tag{6.7}
\end{equation*}
$$

which describe the strength of the coupling from level $\left|\mathrm{g}_{\alpha}\right\rangle$ through field $\mathbf{E}_{\alpha}$ to the excited level $|\mathrm{e}\rangle$, we arrive at

$$
\begin{align*}
H_{\mathrm{AF}}= & \frac{\hbar \Omega_{1}}{2}\left(\sigma_{1} e^{i \mathbf{k}_{1} \cdot \mathbf{r}} e^{-i \omega_{1} t}+\sigma_{1}^{\dagger} e^{-i \mathbf{k}_{1} \cdot \mathbf{r}} e^{i \omega_{1} t}\right)  \tag{6.8}\\
& +\frac{\hbar \Omega_{2}}{2}\left(\sigma_{2} e^{i \mathbf{k}_{2} \cdot \mathbf{r}} e^{-i \omega_{2} t}+\sigma_{2}^{\dagger} e^{-i \mathbf{k}_{2} \cdot \mathbf{r}} e^{i \omega_{2} t}\right)
\end{align*}
$$

as a slightly more compact form for the interaction Hamiltonian.
Now, before examining the equations of motion, we transform the ground states into the rotating frame of the laser field. This is like our transformation for the two-level atom, as in Section 5.1 .5 on p. 146, but here it is most convenient to use the excited state as the energy reference. Thus, writing the internal part of the state vector as

$$
\begin{equation*}
|\psi\rangle=c_{1}\left|\mathrm{~g}_{1}\right\rangle+c_{2}\left|\mathrm{~g}_{2}\right\rangle+c_{\mathrm{e}}|\mathrm{e}\rangle \tag{6.9}
\end{equation*}
$$

we can define the rotating-frame state vector by

$$
\begin{equation*}
|\tilde{\psi}\rangle=\tilde{c}_{1}\left|\mathrm{~g}_{1}\right\rangle+\tilde{c}_{2}\left|\mathrm{~g}_{2}\right\rangle+c_{\mathrm{e}}|\mathrm{e}\rangle \tag{6.10}
\end{equation*}
$$

where the slowly varying ground-state amplitudes are

$$
\begin{equation*}
\tilde{c}_{\alpha}(t)=c_{\alpha}(t) e^{-i \omega_{\alpha} t} \tag{6.11}
\end{equation*}
$$

Since the extra phase factors effectively boost the energies of the $\left|\mathrm{g}_{\alpha}\right\rangle$ states by $\hbar \omega_{\alpha}$, the dynamics in the rotating frame are generating by the rotating-frame, free-atom Hamiltonian, given by

$$
\begin{equation*}
\tilde{H}_{\mathrm{A}}=\frac{p^{2}}{2 m}+\hbar \Delta_{1}\left|\mathrm{~g}_{1}\right\rangle\left\langle\mathrm{g}_{1}\right|+\hbar \Delta_{2}\left|\mathrm{~g}_{2}\right\rangle\left\langle\mathrm{g}_{2}\right| \tag{6.12}
\end{equation*}
$$

The interaction Hamiltonian in the rotating frame is

$$
\begin{align*}
\tilde{H}_{\mathrm{AF}} & =-\mathbf{d}^{(+)} \cdot \tilde{\mathbf{E}}^{(-)}-\mathbf{d}^{(-)} \cdot \tilde{\mathbf{E}}^{(+)} \\
& =\frac{\hbar \Omega_{1}}{2}\left(\sigma_{1} e^{i \mathbf{k}_{1} \cdot \mathbf{r}}+\sigma_{1}^{\dagger} e^{-i \mathbf{k}_{1} \cdot \mathbf{r}}\right)+\frac{\hbar \Omega_{2}}{2}\left(\sigma_{2} e^{i \mathbf{k}_{2} \cdot \mathbf{r}}+\sigma_{2}^{\dagger} e^{-i \mathbf{k}_{2} \cdot \mathbf{r}}\right) \tag{6.13}
\end{align*}
$$

where the slowly varying field amplitudes are given by $\tilde{E}_{0 \alpha}^{(+)}:=E_{0 \alpha}^{(+)} e^{i \omega_{\alpha} t}$.

### 6.1.1 Effective Two-Level Dynamics

Turning to the equations of motion, we will manifestly neglect spontaneous emission, since $\Delta_{\alpha} \gg \Gamma$, where $\Gamma$ is the decay rate of $|\mathrm{e}\rangle$, by using a Schrödinger-equation description of the atomic evolution. Then we have

$$
\begin{equation*}
i \hbar \partial_{t}|\psi\rangle=\left(\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}\right)|\psi\rangle \tag{6.14}
\end{equation*}
$$

where the state vector can be factored into external and internal components as

$$
\begin{equation*}
|\psi\rangle=\left|\psi_{\mathrm{g}_{1}}\right\rangle\left|\mathrm{g}_{1}\right\rangle+\left|\psi_{\mathrm{g}_{2}}\right\rangle\left|\mathrm{g}_{2}\right\rangle+\left|\psi_{\mathrm{e}}\right\rangle|\mathrm{e}\rangle \tag{6.15}
\end{equation*}
$$

Then if $\psi_{\alpha}(\mathbf{r}, t):=\left\langle\mathbf{r} \mid \psi_{\alpha}\right\rangle$, we obtain the equations of motion

$$
\begin{align*}
i \hbar \partial_{t} \psi_{\mathrm{e}} & =\frac{p^{2}}{2 m} \psi_{\mathrm{e}}+\frac{\hbar \Omega_{1}}{2} e^{-i \mathbf{k}_{1} \cdot \mathbf{r}} \psi_{\mathrm{g}_{1}}+\frac{\hbar \Omega_{2}}{2} e^{-i \mathbf{k}_{2} \cdot \mathbf{r}} \psi_{\mathrm{g}_{2}}-\hbar \Delta \psi_{\mathrm{e}} \\
i \hbar \partial_{t} \psi_{\mathrm{g}_{1}} & =\frac{p^{2}}{2 m} \psi_{\mathrm{g}_{1}}+\frac{\hbar \Omega_{1}}{2} e^{i \mathbf{k}_{1} \cdot \mathbf{r}} \psi_{\mathrm{e}}+\hbar\left(\Delta_{1}-\Delta\right) \psi_{\mathrm{g}_{1}}  \tag{6.16}\\
i \hbar \partial_{t} \psi_{\mathrm{g}_{2}} & =\frac{p^{2}}{2 m} \psi_{\mathrm{g}_{2}}+\frac{\hbar \Omega_{2}}{2} e^{i \mathbf{k}_{2} \cdot \mathbf{r}} \psi_{\mathrm{e}}+\hbar\left(\Delta_{2}-\Delta\right) \psi_{\mathrm{g}_{2}}
\end{align*}
$$

where we have boosted all energies by $-\hbar \Delta$, with $\Delta:=\left(\Delta_{1}+\Delta_{2}\right) / 2$ (i.e., we applied an overall phase of $e^{i \Delta t}$ to the state vector). Since we assume that $\left|\Delta_{2}-\Delta_{1}\right| \ll|\Delta|$, it is clear that $\psi_{\mathrm{e}}$ carries the fast time dependence at frequencies of order $|\Delta| \gg \Gamma$. We are interested in motion on timescales slow compared to $1 / \Gamma$, and the fast oscillations are damped by coupling to the vacuum on timescales of $1 / \Gamma$, so we can adiabatically eliminate $\psi_{\mathrm{e}}$ by making the approximation that it damps to equilibrium instantaneously $\left(\partial_{t} \psi_{\mathrm{e}}=0\right)$. Also, we use $p^{2} / 2 m \ll \hbar|\Delta|$, with the result,

$$
\begin{equation*}
\psi_{\mathrm{e}}=\frac{\Omega_{1}}{2 \Delta} e^{-i \mathbf{k}_{1} \cdot \mathbf{r}} \psi_{\mathrm{g}_{1}}+\frac{\Omega_{2}}{2 \Delta} e^{-i \mathbf{k}_{2} \cdot \mathbf{r}} \psi_{\mathrm{g}_{2}} \tag{6.17}
\end{equation*}
$$

Notice that in deriving this relation, it was important to choose the proper energy shift $-\hbar \Delta$ to minimize the natural rotation of the states that remain after the adiabatic elimination; indeed, if the resonance condition that we will derive is satisfied, the two ground states have no natural oscillatory time dependence.

This procedure would be much more clear in a density-matrix treatment (as in Section 5.8.3.1), where the oscillating coherences would be eliminated, but this description is cumbersome due to the number of energy levels in the problem. Using this relation in the remaining equations of motion, we obtain two coupled equations of motion for the ground states,

$$
\begin{align*}
& i \hbar \partial_{t} \psi_{\mathrm{g}_{1}}=\frac{p^{2}}{2 m} \psi_{\mathrm{g}_{1}}+\left[\hbar \Delta_{1}+\hbar \omega_{\mathrm{AC} 1}\right] \psi_{\mathrm{g}_{1}}+\frac{\hbar \Omega_{\mathrm{R}}}{2} e^{i\left(\mathbf{k}_{1}-\mathbf{k}_{2}\right) \cdot \mathbf{r}} \psi_{\mathrm{g}_{2}}  \tag{6.18}\\
& i \hbar \partial_{t} \psi_{\mathrm{g}_{2}}=\frac{p^{2}}{2 m} \psi_{\mathrm{g}_{2}}+\left[\hbar \Delta_{2}+\hbar \omega_{\mathrm{AC} 2}\right] \psi_{\mathrm{g}_{2}}+\frac{\hbar \Omega_{\mathrm{R}}}{2} e^{i\left(\mathbf{k}_{2}-\mathbf{k}_{1}\right) \cdot \mathbf{r}} \psi_{\mathrm{g}_{1}}
\end{align*}
$$

where we have removed the energy shift of $-\hbar \Delta$. These equations are formally equivalent to the equations of motion for a two level atom, with Rabi frequency (Raman or two-photon Rabi frequency)

$$
\begin{equation*}
\Omega_{\mathrm{R}}:=\frac{\Omega_{1} \Omega_{2}}{2 \Delta} \tag{6.19}
\end{equation*}
$$

and Stark shifts

$$
\begin{equation*}
\omega_{\mathrm{AC} \alpha}:=\frac{\Omega_{\alpha}^{2}}{4 \Delta} \tag{6.20}
\end{equation*}
$$

(ac Stark shifts)
These equations of motion are just the equations generated by the effective Raman Hamiltonian

$$
\begin{align*}
H_{\mathrm{R}}=\frac{p^{2}}{2 m}+ & \hbar\left(\Delta_{1}+\omega_{\mathrm{AC} 1}\right)\left|\mathrm{g}_{1}\right\rangle\left\langle\mathrm{g}_{1}\right|+\hbar\left(\Delta_{2}+\omega_{\mathrm{AC} 2}\right)\left|\mathrm{g}_{2}\right\rangle\left\langle\mathrm{g}_{2}\right| \\
& +\frac{\hbar \Omega_{\mathrm{R}}}{2}\left(\sigma_{\mathrm{R}} e^{i\left(\mathbf{k}_{1}-\mathbf{k}_{2}\right) \cdot \mathbf{r}}+\sigma_{\mathrm{R}}^{\dagger} e^{i\left(\mathbf{k}_{2}-\mathbf{k}_{1}\right) \cdot \mathbf{r}}\right) \tag{6.21}
\end{align*}
$$

(effective, two-level Hamiltonian)
where the Raman lowering operator is defined as $\sigma_{\mathrm{R}}:=\left|\mathrm{g}_{1}\right\rangle\left\langle\mathrm{g}_{2}\right|$. Noting that the operator $\exp (-i \mathbf{k} \cdot \mathbf{r})$ is a momentum-shift operator, so that $\exp (-i \mathbf{k} \cdot \mathbf{r})|\mathbf{p}\rangle=|\mathbf{p}-\hbar \mathbf{k}\rangle$ (and thus $\exp (-i \mathbf{k} \cdot \mathbf{r}) \psi(\mathbf{p})=\psi(\mathbf{p}+\hbar \mathbf{k})$, where $\psi(\mathbf{p}):=\langle\mathbf{p} \mid \psi\rangle)$, it is clear from the form of the effective Raman Hamiltonian that a transition from $\left|\mathrm{g}_{2}\right\rangle$ to $\left|\mathrm{g}_{1}\right\rangle$ is accompanied by a kick of up to two photon-recoil momenta, and the reverse transition is accompanied by the opposite kick of up to two photon recoils. We can write out the coupled equations of motion due to the Hamiltonian (6.21) more explicitly as

$$
\begin{align*}
i \hbar \partial_{t} \psi_{\mathrm{g}_{1}}(\mathbf{p}) & =\left[\frac{p^{2}}{2 m}+\hbar \Delta_{1}+\hbar \omega_{\mathrm{AC} 1}\right] \psi_{\mathrm{g}_{1}}(\mathbf{p})+\frac{\hbar \Omega_{\mathrm{R}}}{2} \psi_{\mathrm{g}_{2}}(\mathbf{p}+2 \hbar \delta \mathbf{k})  \tag{6.22}\\
i \hbar \partial_{t} \psi_{\mathrm{g}_{2}}(\mathbf{p}+2 \hbar \delta \mathbf{k}) & =\left[\frac{(\mathbf{p}+2 \hbar \delta \mathbf{k})^{2}}{2 m}+\hbar \Delta_{2}+\hbar \omega_{\mathrm{AC} 2}\right] \psi_{\mathrm{g}_{2}}(\mathbf{p}+2 \hbar \delta \mathbf{k})+\frac{\hbar \Omega_{\mathrm{R}}}{2} \psi_{\mathrm{g}_{1}}(\mathbf{p})
\end{align*}
$$

where $2 \delta \mathbf{k}:=\mathbf{k}_{1}-\mathbf{k}_{2}$. The resonance condition for this transition $|\mathbf{p}\rangle\left|\mathrm{g}_{1}\right\rangle \longrightarrow|\mathbf{p}+2 \hbar \delta \mathbf{k}\rangle\left|\mathrm{g}_{2}\right\rangle$ is

$$
\begin{equation*}
\left[\frac{(\mathbf{p}+2 \hbar \delta \mathbf{k})^{2}}{2 m \hbar}+\Delta_{2}+\omega_{\mathrm{AC} 2}\right]-\left[\frac{p^{2}}{2 m \hbar}+\Delta_{1}+\omega_{\mathrm{AC} 1}\right]=0 \tag{6.23}
\end{equation*}
$$

which can be rewritten as

$$
\Delta_{\mathrm{R}}:=4 \omega_{\mathrm{R}}\left(\frac{p_{\|}+\hbar \delta k}{\hbar \delta k}\right)+\left(\Delta_{2}-\Delta_{1}\right)+\left(\omega_{\mathrm{AC} 2}-\omega_{\mathrm{AC} 1}\right)=0
$$

(Raman resonance condition) (6.24)
Here, $p_{\|}$is the component of $\mathbf{p}$ along the direction of $\delta \mathbf{k}$, and we have defined the Raman recoil energy by $\hbar \omega_{\mathrm{R}}:=\hbar^{2}(\delta k)^{2} / 2 m$ as the kinetic energy of an atom with momentum $\hbar \delta k / 2$. The first term represents the Doppler shift of the two optical fields due to motion at the average of the upper and lower state momenta. Thus, we see that the stimulated Raman problem reduces to an effective two-level system of splitting $\hbar \Delta_{R}$, coupled by a dc interaction of strength $\hbar \Omega_{\mathrm{R}} / 2$.

### 6.1.1.1 Cross-Couplings

Finally, we account for the effects of the cross-couplings that we previously ignored. The lifetimes of the two ground states are in practice extremely long, so that the line width of the Raman transition is quite narrow, being limited only by the finite interaction time. Since it is assumed that the Raman resonance condition (6.23) is approximately true, the Raman cross-coupling is much further away from resonance than the intended coupling (typically several orders of magnitude), so this extra Raman coupling can be neglected in a secondary rotating-wave approximation. However, the cross-couplings can induce additional ac Stark shifts of the ground levels. So, we simply modify (6.20) to include these extra shifts:

$$
\begin{align*}
\omega_{\mathrm{AC} 1} & :=\frac{\Omega_{1}^{2}}{4 \Delta}+\frac{\Omega_{1(2)}^{2}}{4\left(\Delta-\omega_{21}\right)} \\
\omega_{\mathrm{AC} 2} & :=\frac{\Omega_{2}^{2}}{4 \Delta}+\frac{\Omega_{2(1)}^{2}}{4\left(\Delta+\omega_{21}\right)} \tag{6.25}
\end{align*}
$$

(ac Stark shifts with cross-couplings)
Here, $\Omega_{\alpha(\beta)}$ is the cross-coupling Rabi frequency for field $\alpha$ on transition $\left|\mathrm{g}_{\beta}\right\rangle \longrightarrow|\mathrm{e}\rangle$,

$$
\begin{equation*}
\Omega_{\alpha(\beta)}:=\frac{-\left\langle\mathrm{g}_{\beta}\right| \hat{\epsilon}_{\alpha} \cdot \mathbf{d}|\mathrm{e}\rangle E_{0 \alpha}}{\hbar} \tag{6.26}
\end{equation*}
$$

and we have assumed $\omega_{21} \gg|\Delta|$. These additional Stark shifts may not in general be negligible compared to the original Stark shifts.

### 6.1.2 Spontaneous Emission

We can also obtain an estimate of the spontaneous emission rate, which gives us a measure of how accurate our treatment is (since we have explicitly neglected it), by using (6.17) to write the total excited state population in terms of the density matrix elements:

$$
\begin{align*}
R_{\mathrm{sc}} & =\Gamma \rho_{\mathrm{ee}} \\
& =\frac{\Gamma \Omega_{1}^{2}}{4 \Delta^{2}} \rho_{\mathrm{g}_{1} \mathrm{~g}_{1}}+\frac{\Gamma \Omega_{2}^{2}}{4 \Delta^{2}} \rho_{\mathrm{g}_{2} \mathrm{~g}_{2}}+\frac{\Gamma \Omega_{1} \Omega_{2}}{4 \Delta^{2}} e^{i\left(\mathbf{k}_{2}-\mathbf{k}_{1}\right) \cdot \mathbf{r}} \rho_{\mathrm{g}_{1} \mathrm{~g}_{2}}+\frac{\Gamma \Omega_{1} \Omega_{2}}{4 \Delta^{2}} e^{i\left(\mathbf{k}_{1}-\mathbf{k}_{2}\right) \cdot \mathbf{r}} \rho_{\mathrm{g}_{2} \mathrm{~g}_{1}} . \tag{6.27}
\end{align*}
$$

Here, $\rho_{\alpha \alpha}$ is the population in state $|\alpha\rangle$, with $\rho_{\mathrm{g}_{1} \mathrm{~g}_{1}}+\rho_{\mathrm{g}_{2} \mathrm{~g}_{2}} \simeq 1$, and $\Gamma$ is the total decay rate from the excited state. Note that this result assumes implicitly that $\Delta_{1} \approx \Delta_{2}$. The second two terms represent an enhancement or suppression of spontaneous scattering due to atomic coherences; for example, the state

$$
\begin{equation*}
|\psi\rangle=\eta\left[\Omega_{2} e^{i \mathbf{k}_{1} \cdot \mathbf{r}}\left|\psi_{\mathrm{g}_{1}}\right\rangle-\Omega_{1} e^{i \mathbf{k}_{2} \cdot \mathbf{r}}\left|\psi_{\mathrm{g}_{2}}\right\rangle\right] \tag{6.28}
\end{equation*}
$$

(where $\eta$ is the appropriate normalization factor) is dark, since $R_{\mathrm{sc}}$ vanishes for this state. However, this state is only dark if the cross-couplings can be ignored. More realistically, the scattering rate can be modeled as an incoherent sum over all the couplings of the form $\left(\Gamma \Omega^{2} / 4 \Delta^{2}\right) \rho_{\mathrm{g}_{\alpha} \mathrm{g}_{\alpha}}$. This "dark" phenomenon is coherent population trapping, which we will treat in more detail below.

### 6.1.3 Multiple Excited States

It turns out we can work out this problem in the case where the ground states are coupled to multiple excited states $\left|\mathrm{e}_{n}\right\rangle$, as essentially always happens in real atoms. The idea is the same as above, except now the excited states have energies $\delta_{n}$ with respect to some arbitrary reference in the excited-state manifold (say, one of the excited-state energies), such that $\left|\delta_{n}\right| \ll \omega_{0 \alpha}$ (in our notation here, $\alpha$ enumerates the ground states, and $n$ enumerates the excited states). Generalizing Eq. (6.7), we have Rabi frequencies

$$
\begin{equation*}
\Omega_{\alpha n}:=\frac{-\left\langle\mathrm{g}_{\alpha}\right| \hat{\epsilon}_{\alpha} \cdot \mathbf{d}\left|\mathrm{e}_{n}\right\rangle E_{0 \alpha}}{\hbar} \tag{6.29}
\end{equation*}
$$

for each possible transition. Then in the rotating frame the free atomic Hamiltonian is

$$
\begin{equation*}
\tilde{H}_{\mathrm{A}}=\frac{p^{2}}{2 m}+\hbar \Delta_{1}\left|\mathrm{~g}_{1}\right\rangle\left\langle\mathrm{g}_{1}\right|+\hbar \Delta_{2}\left|\mathrm{~g}_{2}\right\rangle\left\langle\mathrm{g}_{2}\right|+\sum_{n} \hbar \delta_{n}\left|\mathrm{e}_{n}\right\rangle\left\langle\mathrm{e}_{n}\right| \tag{6.30}
\end{equation*}
$$

and the interaction Hamiltonian in the rotating frame is

$$
\begin{equation*}
\tilde{H}_{\mathrm{AF}}=\sum_{n} \frac{\hbar \Omega_{1 n}}{2}\left(\sigma_{1 n} e^{i \mathbf{k}_{1} \cdot \mathbf{r}}+\sigma_{1 n}^{\dagger} e^{-i \mathbf{k}_{1} \cdot \mathbf{r}}\right)+\sum_{n} \frac{\hbar \Omega_{2 n}}{2}\left(\sigma_{2 n} e^{i \mathbf{k}_{2} \cdot \mathbf{r}}+\sigma_{2 n}^{\dagger} e^{-i \mathbf{k}_{2} \cdot \mathbf{r}}\right) \tag{6.31}
\end{equation*}
$$

where the lowering operators are now given by $\sigma_{\alpha n}:=\left|\mathrm{g}_{\alpha}\right\rangle\left\langle\mathrm{e}_{n}\right|$. This setup is essentially the same as before, except for the summation of the excited states and the dependence of the detunings from the excited state on $n$. Following the same procedure as above, we find that the effective Raman Hamiltonian (6.21) is still valid, but where the Raman Rabi frequency is given by

$$
\begin{equation*}
\Omega_{\mathrm{R}}=\sum_{n} \frac{\Omega_{1 n} \Omega_{2 n}}{2\left(\Delta-\delta_{n}\right)} \tag{6.32}
\end{equation*}
$$

(Raman Rabi frequency, multiple excited states)
and the Stark shifts are given by

$$
\begin{equation*}
\omega_{\mathrm{AC} \alpha}=\sum_{n} \frac{\Omega_{\alpha n}^{2}}{4\left(\Delta-\delta_{n}\right)} \tag{6.33}
\end{equation*}
$$

(ac Stark shifts, multiple excited states) which can be generalized as above to include cross-couplings and couplings to other levels. Ignoring any interference effects, the spontaneous-emission rate is a sum over terms of the form $\Gamma \Omega_{n}^{2} / 4 \Delta_{n}^{2}$ for every transition coupled by the fields.

### 6.1.4 Velocity Selectivity

From Eq. (6.24), the resonance condition for the stimulated Raman transition is

$$
\begin{equation*}
\Delta_{\mathrm{R}}=4 \omega_{\mathrm{R}}\left(\frac{p_{\|}+\hbar \delta k}{\hbar \delta k}\right)+\left(\Delta_{2}-\Delta_{1}\right)+\left(\omega_{\mathrm{AC} 2}-\omega_{\mathrm{AC} 1}\right)=0 \tag{6.34}
\end{equation*}
$$

If we choose to ignore the atomic motion, we can do this by letting $m \longrightarrow \infty$, in which case $\omega_{\mathrm{R}} \longrightarrow 0$, and

$$
\begin{equation*}
\Delta_{\mathrm{R}}=\left(\Delta_{2}-\Delta_{1}\right)+\left(\omega_{\mathrm{AC} 2}-\omega_{\mathrm{AC} 1}\right)=0 \tag{6.35}
\end{equation*}
$$

Thus, the transition is resonant if the detunings of the two fields to the excited states are equal, including any ac Stark shifts. However, in general, the resonance condition involves the atomic momentum. Noting that $\omega_{\mathrm{R}} \sim(\hbar \delta k)^{2}$, we can see that the atomic-velocity contribution is largest when $\delta k$ is maximum. In particular, for counter propagating beams, $\mathbf{k}=\mathbf{k}_{\mathbf{2}} \approx-\mathbf{k}_{\mathbf{1}}$ (assuming a small ground-state splitting), we have $\delta \mathbf{k} \approx \mathbf{k}$, and the momentum change in the Raman transition is $2 \hbar \mathbf{k}$ [this is, in fact, exact if we define $\mathbf{k}:=\left(\mathbf{k}_{1}-\mathbf{k}_{2}\right) / 2$ ]. Solving for the atomic momentum in the resonance condition for the counterpropagating case, we find the resonance momentum

$$
\begin{equation*}
p_{\|}\left(\mathrm{g}_{1}\right)=\hbar k \frac{\left(\Delta_{1}-\Delta_{2}\right)+\left(\omega_{\mathrm{AC} 1}-\omega_{\mathrm{AC} 2}\right)}{4 \omega_{\mathrm{R}}}-\hbar k \tag{6.36}
\end{equation*}
$$

(resonant momentum)
for atoms in the $\left|g_{1}\right\rangle$ state, where in this case the Raman recoil frequency reduces to the usual recoil frequency: $\hbar \omega_{\mathrm{R}}=\hbar^{2} k^{2} / 2 m=\hbar \omega_{\mathrm{r}}$. After making the transition to the $\left|\mathrm{g}_{2}\right\rangle$ state, the atoms have the momentum

$$
\begin{equation*}
p_{\|}\left(\mathrm{g}_{2}\right)=\hbar k \frac{\left(\Delta_{1}-\Delta_{2}\right)+\left(\omega_{\mathrm{AC} 1}-\omega_{\mathrm{AC} 2}\right)}{4 \omega_{\mathrm{R}}}+\hbar k \tag{6.37}
\end{equation*}
$$

(resonant momentum)

In the copropagating case, when the ground-state splitting is small (say, a microwave transition as in the alkali atoms), the momentum recoil $\hbar \delta \mathbf{k}$ is several orders of magnitude smaller than the optical recoil $\hbar \mathbf{k}_{1,2}$. In this case, the momentum-dependent term makes an essentially negligible contribution to the resonance condition (6.34), because the Raman recoil frequency $\omega_{R}=\hbar(\delta k)^{2} / 2 m$ becomes $\hbar \omega_{21}^{2} / 2 m c^{2}$. For a microwave ground-state splitting $\omega_{21} / 2 \pi$ of 1 GHz , and a mass of $10^{-25} \mathrm{~kg}$, we find $\omega_{\mathrm{R}} / 2 \pi=40 \mathrm{nHz}$, compared to a recoil frequency of $\omega_{\mathrm{r}} / 2 \pi=4 \mathrm{kHz}$ if the optical transition is $\omega_{01} \approx \omega_{02}=5 \times 10^{14} \mathrm{~Hz}$. Thus, for typical "long" Raman pulses of ms durations, the velocity selectivity can be on the order of the atomic recoil or better for the counterpropagating case, but has essentially no selectivity on the scale of many recoils for the copropagating case.

Thus, in the counterpropagating configuration, the velocity dependence makes stimulated Raman transitions a valuable tool for atomic velocity selection. ${ }^{1}$ The idea is fairly simple: to select atoms with a particular velocity, we simply drive a $\pi$-pulse between the atomic ground states, tuning the frequency difference between the two laser fields according to the resonance condition to select the desired velocity group. Since the frequency difference must be stable to typically better than the kHz level, the two fields are often generated from the same laser source by acousto-optic or electro-optic modulation, or they are generated by two separate lasers that are actively phase-locked (by detecting the beat note on a photodiode and using a phase-locked loop to feed back to the "slave" laser frequency). The line widths of the ground states are typically quite narrow compared to any laser line width, and so the width of the velocity selection is dominated by power-broadening of the two-photon transition. That is, there is an effective range of detunings on the order of $\Omega_{\mathrm{R}}$, so that the width of the selected momentum distribution is $\delta p_{\|} \approx \Omega_{\mathrm{R}} / 4 \omega_{\mathrm{r}}$ in the counterpropagating case. We will be more quantitative about the distribution below, but for now note that recoil-level resolution requires $\pi$-pulses of ms or longer durations. After the Raman pulse, the atoms near the desired momentum are "tagged," by their internal state: if all the atoms start in $\left|\mathrm{g}_{1}\right\rangle$, the atoms with the desired momentum end up in $\left|\mathrm{g}_{2}\right\rangle$. This may be sufficient for some purposes, or the undesired atoms may be "blown away" by a resonant beam. For example, a beam that couples $\left|g_{1}\right\rangle$ to another excited state (that decays only to $\left|g_{1}\right\rangle$ and not to $\left|g_{2}\right\rangle$ ) can push the atoms away via radiation pressure.

One problem with this technique is extreme sensitivity to stray fields. Magnetic fields cause Zeeman shifts in otherwise degenerate levels of real atoms on the order of $0.1 \mathrm{MHz} / \mathrm{G}$, where the Earth's magnetic field is around 0.7 G . But recoil-level velocity selection requires frequency precisions of kHz or better. Experimentally, stray magnetic fields must therefore be eliminated with compensation coils, high- $\mu$ metal shielding, and elimination of ferromagnetic materials in the vicinity of the atoms.

### 6.1.5 Pulse-Shape Considerations

### 6.1.5.1 Square Pulse

Since the velocity-selective Raman pulses (in the counterpropagating configuration) are generally used to "tag" a subset of an atomic distribution according to their momentum, it is important to consider the impact of the temporal pulse profile on the tagged distribution. The simplest pulse profile is the square profile, where the light is turned on at a constant intensity for some duration. Assuming that the atoms are all initially in the same internal atomic state, the tagging process is described by the solution of the optical Bloch equations for the excited state population of a two-level atom with Rabi frequency $\Omega_{R}$, Raman detuning $\Delta_{R}$ (given by the left-hand side of Eq. (6.24)), and with all initial population in the ground Raman state $\left|\mathrm{g}_{1}\right\rangle$ :

$$
\begin{equation*}
\rho_{\mathrm{g}_{2} \mathrm{~g}_{2}}(t)=\frac{\Omega_{\mathrm{R}}^{2}}{\Omega_{\mathrm{R}}^{2}+\Delta_{\mathrm{R}}^{2}} \sin ^{2}\left(\frac{1}{2} \sqrt{\Omega_{\mathrm{R}}^{2}+\Delta_{\mathrm{R}}^{2}} t\right) . \tag{6.38}
\end{equation*}
$$

The dynamics here are just the familiar generalized Rabi oscillations from the two-level atom, Eq. (5.60). From Eq. (6.24), we see that a detuning of $\Delta_{R}=4 \omega_{\mathrm{r}}$ corresponds to a momentum shift of $\hbar k$. This line shape has wings that decay relatively slowly, with a series of locations where the line shape goes to zero.

[^91]The locations of the zeros for an interaction time of $\delta t$ is given by

$$
\begin{equation*}
\Delta_{\mathrm{R}}=\sqrt{\frac{4 n^{2} \pi^{2}}{(\delta t)^{2}}-\Omega_{\mathrm{R}}^{2}} \tag{6.39}
\end{equation*}
$$

for positive integer $n$. This relation simplifies for specific interaction times; for example, for a " $\pi$-pulse" of duration $\delta t=\pi / \Omega_{\mathrm{R}}$, the locations are at $\Delta_{\mathrm{R}}=\Omega_{\mathrm{R}} \sqrt{4 n^{2}-1}$, and for a $\pi / 2$-pulse of duration $\delta t=\pi /\left(2 \Omega_{\mathrm{R}}\right)$, the locations are $\Delta_{R}=\Omega_{\mathrm{R}} \sqrt{16 n^{2}-1}$. These zeros were important in a previous implementation of Raman cooling, ${ }^{2}$ where the first zero of the profile (6.38) was placed at zero momentum to form a dark interval where atoms would accumulate. The square-pulse excitation line shape is plotted in below for a $\pi / 2$-pulse, a $\pi$-pulse, and a $2 \pi$-pulse.


Note that for the important case of the $\pi$-pulse, the central population lobe is characterized by a half width at half maximum of $0.799 \cdot \Omega$.

It is also important to note that because one typically excites a range of detunings with a velocityselective Raman pulse, the transferred population does not undergo simple sinusoidal Rabi oscillations. For a square pulse, the excitation profile (6.38) must be averaged over the atomic velocity distribution. In the limit of a broad velocity distribution, the excited population is proportional to

$$
\begin{align*}
\int_{-\infty}^{\infty} \rho_{\mathrm{g}_{2} \mathrm{~g}_{2}}(t) d \Delta_{\mathrm{R}} & =\frac{\pi \Omega_{\mathrm{R}}}{2} J i_{0}\left(\Omega_{\mathrm{R}} t\right)  \tag{6.40}\\
& =\frac{\pi \Omega_{\mathrm{R}}^{2} t}{2}\left\{J_{0}\left(\Omega_{\mathrm{R}} t\right)+\frac{\pi}{2}\left[J_{1}\left(\Omega_{\mathrm{R}} t\right) \mathbf{H}_{0}\left(\Omega_{\mathrm{R}} t\right)-J_{0}\left(\Omega_{\mathrm{R}} t\right) \mathbf{H}_{1}\left(\Omega_{\mathrm{R}} t\right)\right]\right\},
\end{align*}
$$

where the $J_{n}(x)$ are ordinary Bessel functions, the $\mathbf{H}_{n}(x)$ are Struve functions, and $J i_{n}(x):=\int_{0}^{x} J_{n}\left(x^{\prime}\right) d x^{\prime}$. The population in this case still oscillates as a function of time, but with some effective damping due to dephasing of the different momenta.

[^92]

Notice that for short times, the function (6.40) reduces to $(\pi / 2) \Omega_{\mathrm{R}}^{2} t+O\left(t^{2}\right)$, so that one can associate a nonzero transition rate, proportional to $\Omega_{\mathrm{R}}^{2}$ (which is in turn proportional to the product of the laser intensities), as long as $\Omega_{\mathrm{R}} t \ll 1$.

### 6.1.5.2 Blackman Pulse

An alternative pulse profile, the Blackman pulse profile, is useful for suppressing the side lobes of the tagged distribution. ${ }^{3}$ This profile, when normalized to have unit area, can be written as

$$
\begin{equation*}
f_{\mathrm{B}}(t)=\frac{1}{0.42 \tau}[-0.5 \cos (2 \pi t / \tau)+0.08 \cos (4 \pi t / \tau)+0.42] \tag{6.41}
\end{equation*}
$$

for $t \in[0, \tau]$ (with $f_{\mathrm{B}}(t)=0$ otherwise), where $\tau$ is the duration (support) of the pulse.


The Blackman profile has compact support and also, because it is continuous, has the property that the tails in the Fourier spectrum are suppressed relative to the square pulse. Hence, the Raman excitation spectrum of the Blackman pulse falls off much more sharply than the corresponding square-pulse spectrum.

[^93]

However, the implementation of Blackman pulses is more complicated if the Raman beams induce an ac Stark shift of the transition, since the Raman frequency must be chirped to match the Stark shift in order to get good frequency resolution.

### 6.1.6 Stimulated Raman Cooling

### 6.1.6.1 Free Space

The velocity selectivity of stimulated Raman transitions makes them very useful for cooling atoms, and stimulated Raman cooling for neutral atoms has been successfully implemented. ${ }^{4}$ The method, while difficult to implement in practice, has the advantage of very cold (subrecoil) temperatures without substantial losses of atoms (as in forced evaporation).

The important preliminary conceptual step is to define a "target zone" near $p=0$, where the atoms will accumulate. Then we proceed with a cycle of steps. For simplicity, we'll consider only one dimension for the moment.

1. Start with all atoms in one state, say $\left|\mathrm{g}_{1}\right\rangle$.
2. Tag all atoms outside the target zone by transferring them to the $\left|g_{2}\right\rangle$ state, using stimulated Raman pulses in the counterpropagating configuration.


When tagging a particular velocity group, the orientation of the two beams should be such that the recoil of $2 \hbar k$ moves the atoms towards the target zone near $p=0$.

[^94]

In general, a number of pulses are required to tag all of the necessary atoms. At higher momenta, shorter pulses (tagging wider momentum distributions) may be used, while near the target zone, long, high-resolution pulses are necessary.
3. Now "reset" the tagged atoms by applying light resonant with the $\left|\mathrm{g}_{2}\right\rangle \longrightarrow|\mathrm{e}\rangle$ transition, so that the atoms eventually decay back to the dark $\left|g_{1}\right\rangle$ state.


This can in general be done by beams from all directions, such as the optical molasses beams that are likely to be present anyway. In this case, the tagged atom distribution from the last step will be broadened in momentum by an amount on the order of $\hbar k$.


This spontaneous Raman step provides the dissipation or "exit channel" for entropy necessary for any cooling scheme to work.
4. Repeat the above sequence many times.

Why does this work so effectively? With the above sequence, all the atoms are essentially making a biased random walk towards the target zone. Ideally, once the atoms reach the target zone, they never leave it, because the velocity selectivity of the simulated Raman transitions. Even though the Raman pulses transfer momentum $2 \hbar k$ at a time, the spontaneous emission allows the atom to move by fractions of a momentum recoil $\hbar k$, and thus the target zone can be narrower than $\hbar k$, and cooling below the recoil limit has been demonstrated with this method. Of course, the above idealization where the atoms are permanently stuck in the target zone is not quite true: the tails of the tagging distributions as well as off-resonant excitations determine a limited lifetime for atoms in the target zone. So long as this lifetime is much longer than the
time to iterate the above cycle, the cooling still works, and can be understood in terms of Lévy flights, ${ }^{5}$ which amounts to diffusive behavior in momentum where every so often, the atoms "stick" to the region near $p=0$ before diffusing again.

In three dimensions, the tagging must take place in all three dimensions on each iteration, so the target region is a small box in the three-dimensional momentum space. The much smaller target region (relative to the initial distribution) implies a much longer cooling time, but the method can still be made to work. Obviously this requires more juggling of laser beams, which makes the method quite challenging to implement. This is especially true considering the sensitivity of Raman transitions to magnetic fields that we discussed above, and subrecoil cooling requires extensive measures against stray fields.

### 6.1.6.2 Resolved-Sideband Raman Cooling

If atoms are bound in a tightly confining potential, another cooling method becomes possible if the splittings between the vibrational levels becomes much larger than the line width of the relevant atomic transition. In this case, the spectralsidebands are well-resolved, and the cooling method is known as resolved-sideband Raman cooling.

The basic idea is as follows. Assuming a nearly harmonic trapping potential of frequency $\omega_{\text {trap }}$, we note that the bound atom oscillates mechanically at this frequency. If a monochromatic laser field impinges on the atom in the direction of motion, the atom thus sees a time-varying Doppler shift (phase-modulated wave) of the form

$$
\begin{equation*}
E^{(+)}(x, t)=E_{0}^{(+)} e^{i\left[k x-\omega t+\delta \phi \sin \left(\omega_{\text {trap }} t\right)\right]} \tag{6.42}
\end{equation*}
$$

The instantaneous frequency is simply given by the time derivative of the phase (up to a minus sign), or $\omega-\delta \phi \omega_{\text {trap }} \cos \left(\omega_{\text {trap }} t\right)$, but in view of the decomposition

$$
\begin{equation*}
E^{(+)}(x, t)=E_{0}^{(+)} e^{i k x} e^{-i \omega t} e^{i \delta \phi \sin \left(\omega_{\text {trap }} t\right)}=E_{0}^{(+)} e^{i k x} e^{-i \omega t} \sum_{j=-\infty}^{\infty} J_{j}(\delta \phi) e^{i j \omega_{\text {trap }} t} \tag{6.43}
\end{equation*}
$$

we see that the spectrum is the "carrier" at frequency $\omega$ plus a sequence of sidebands at frequencies $\omega_{j}=$ $\omega-j \omega_{\text {trap }}$, where $j$ is any nonzero integer. The above decomposition follows from the generating function for the Bessel functions:

$$
\begin{equation*}
\exp \left[\frac{x}{2}\left(t-\frac{1}{t}\right)\right]=\sum_{j=-\infty}^{\infty} J_{j}(x) t^{j} \tag{6.44}
\end{equation*}
$$

The point is that the absorption spectrum of the bound atom consists of the usual atomic resonance $\omega_{0}$, plus sidebands $\omega_{0}+j \omega_{\text {trap }}$ spaced at the trap frequency, assuming that the sidebands are well resolved (in the limit where $\omega_{\text {trap }}$ is much larger than any decay rates for the ground states). When absorbing on one of the sidebands, energy conservation demands that along with the electronic transition, the vibrational state change by the appropriate number of quanta.

We can write down a recipe similar to that of free-space Raman cooling as follows.

1. Begin with all atoms in the same electronic state, say in $\left|g_{1}\right\rangle$.
2. Drive a stimulated Raman transition on the $\omega_{0}-\omega_{\text {trap }}$ sideband. This implies transitions of the form $\left|\mathrm{g}_{1}, n\right\rangle \longrightarrow\left|\mathrm{g}_{2}, n-1\right\rangle$, where the integer labels the vibrational quantum number.

[^95]

The vibrational energy is thus reduced by one quantum. Note also that the $\left|\mathrm{g}_{1}, 0\right\rangle$ state is dark, because the laser does not resonantly drive it to any other state.
3. Recycle the atoms to $\left|\mathrm{g}_{1}\right\rangle$ by resonantly exciting it to the excited state. On average, the vibrational state does not change during the transition, particularly if the vibrational splitting is larger than the transition line width. Thus, on average, the atoms have reduced their vibrational energies by about one quantum.

## 4. Repeat.

At the end of many iterations, it is possible to find the atom in the ground state with near-unit probability. In three dimensions, all three relevant sidebands must be driven sequentially, assuming nondegenerate trap frequencies, and the beams must not be along a principle axis of the trap. This method has been successfully implemented in ion traps ${ }^{6}$ as well as with neutral atoms in optical lattices. ${ }^{7}$

### 6.1.7 Atom Interferometry

One other application of stimulated Raman transitions is in the realization of atom interferometers, where atoms are split and recombined to effect sensitive physical measurements. The first atom interferometers were realized with thermal atomic beams, with the "beam splitters" realized by passing atoms through individual slits in physical aperture masks ${ }^{8}$ or through microfabricated (absorptive) diffraction-grating masks. ${ }^{9}$ Ultracold-atom interferometers lend themselves naturally to measurements of increased sensitivity due to the high degree of available control and potentially long interaction times.

An atom interferometer based on stimulated Raman transitions might work as follows. ${ }^{10}$ As atoms

[^96]move slowly along (say, in free fall after being launched in an atomic fountain), they are exposed to a set of pulses from stimulated Raman lasers in the counterpropagating configuration.


If the atoms all start in one state $\left|g_{1}\right\rangle$, a $\pi / 2$ Raman pulse puts them in a superposition of $\left|g_{1}\right\rangle$ and $\left|g_{2}\right\rangle$. The atoms in $\left|\mathrm{g}_{2}\right\rangle$ have also suffered a momentum recoil of $2 \hbar k$ in this configuration, and if the Raman lasers are oriented normally to the atoms' path, the atoms in the two states begin to separate transversely. Later, the atoms are exposed to a $\pi$ Raman pulse, which exchanges the ground states as well as the transverse velocities of the two atomic groups, bringing them back together. When they again overlap, a final $\pi / 2$ pulse mixes them and produces interference fringes. Thinking of this interferometer as analogous to the optical Mach-Zehnder interferometer, the $\pi / 2$ pulses are analogous to ( $50 / 50$ ) beam splitters, while the $\pi$ pulse is analogous to a set of high reflectors.

Of course, any interaction that induces a relative phase between the two groups of atoms can be sensitively measured with this technique. One of the more successful applications is to the measurement of gravity. In the above figure, we can imagine that gravity points towards the bottom of the page. In this case, the phases accumulated by the two atomic groups during the respective "tilted segments" of their journeys should be the same. However, during the "horizontal segments," the two atoms travel along paths with different gravitational potentials, and thus there is a phase shift given by $m g \Delta z \Delta t / 2 \hbar$, where $m$ is the atomic mass, $g$ is the local acceleration of gravity, $\Delta z$ is the spatial separation of the two interferometer arms, and $\Delta t$ is the time between the $\pi / 2$-pulses. The local gravitational acceleration $g$ has been measured with this system with a resolution of $\delta g / g \sim 10^{-8}$ for $\sim 1 \mathrm{~s}$ integration times and $\sim 10^{-10}$ for integration times of $\sim 1$ day, ${ }^{11}$ which begins to rival the current method of a falling corner-cube optical interferometer. Further, implementing a simultaneous pair of these measurements at different locations enables measurement of gravity gradients, which are otherwise quite difficult to measure. ${ }^{12}$ Further, the sensitivity of these measurements may be greatly enhanced by using Bose-Einstein condensates in place of ordinary cold-atom clouds. ${ }^{13}$ On the fundamental side, gravity and gravity gradient measurements enable measurements of the gravitational constant $G$ and tests of general relativity, while on the applied side, interferometers are of technological interest for the detection of underground structures and reservoirs of oil and water, as well as completely passive navigation.

An alternate, but substantially equivalent, method of atom interferometry uses Bragg scattering from optical lattices as atomic beam splitters and mirrors. ${ }^{14}$ As we discussed before, Bragg scattering can be viewed as a stimulated Raman process among momentum states, and thus the Bragg scatterings must be set to the equivalents of $\pi / 2$ - and $\pi$-pulses for beam splitters and high reflectors, respectively.

Because the recoil energy enters the resonance condition, a variation on the above interferometer enables the measurement of the fine-structure constant $\alpha$, which is interesting from a fundamental perspective, since past measurements have had statistically significant discrepancies, and there is some speculation that the fine-structure constant may be time-dependent. The rough idea is that the resonance condition (6.24) for stimulated Raman transitions involves the recoil energy $\hbar \omega_{\mathrm{r}}$ for Raman beams in the counterpropagating configuration. The recoil energy gives a measurement of $h / m$, which can be combined with an atomic-mass measurement to give the ratio $\hbar / m_{\mathrm{e}}$ where $m_{\mathrm{e}}$ is the electron mass. This ratio can then be converted to a measurement of $\alpha{ }^{15}$

[^97]
### 6.2 Coherent Population Trapping

Another important effect, coherent population trapping ${ }^{16}$ dramatically shows the influence of quantum interference in $\Lambda$ atoms. Consider again the $\Lambda$ atom from our discussion of stimulated Raman transitions of Section 6.1.


Following our previous treatment, but now ignoring center-of-mass motion of the atom, we can write the free-atomic Hamiltonian in the rotating frame as

$$
\begin{equation*}
\tilde{H}_{\mathrm{A}}=\hbar \Delta_{1}\left|\mathrm{~g}_{1}\right\rangle\left\langle\mathrm{g}_{1}\right|+\hbar \Delta_{2}\left|\mathrm{~g}_{2}\right\rangle\left\langle\mathrm{g}_{2}\right| \tag{6.45}
\end{equation*}
$$

Similarly, the atom-field interaction Hamiltonian in the rotating frame is

$$
\begin{equation*}
\tilde{H}_{\mathrm{AF}}=\frac{\hbar \Omega_{1}}{2}\left(\sigma_{1}+\sigma_{1}^{\dagger}\right)+\frac{\hbar \Omega_{2}}{2}\left(\sigma_{2}+\sigma_{2}^{\dagger}\right) \tag{6.46}
\end{equation*}
$$

It turns out that if we make a change of basis for the ground states, one of the new states decouples from the excited state, which of course simplifies things. In particular, motivated by the spontaneous-emission results in the context of stimulated Raman transitions from Section 6.1.2, we can make the transformation

$$
\begin{align*}
& \left|\mathrm{g}_{+}\right\rangle=\frac{1}{\sqrt{\Omega_{1}^{2}+\Omega_{2}^{2}}}\left(\Omega_{1}\left|\mathrm{~g}_{1}\right\rangle+\Omega_{2}\left|\mathrm{~g}_{2}\right\rangle\right)=\cos \theta\left|\mathrm{g}_{1}\right\rangle+\sin \theta\left|\mathrm{g}_{2}\right\rangle  \tag{6.47}\\
& \left|\mathrm{g}_{-}\right\rangle=\frac{1}{\sqrt{\Omega_{1}^{2}+\Omega_{2}^{2}}}\left(-\Omega_{2}\left|\mathrm{~g}_{1}\right\rangle+\Omega_{1}\left|\mathrm{~g}_{2}\right\rangle\right)=-\sin \theta\left|\mathrm{g}_{1}\right\rangle+\cos \theta\left|\mathrm{g}_{2}\right\rangle
\end{align*}
$$

where the excited state is unchanged, and the rotation angle is defined by

$$
\begin{equation*}
\tan \theta=\frac{\Omega_{2}}{\Omega_{1}} \tag{6.48}
\end{equation*}
$$

(decoupling rotation angle)
Clearly, the new states $\left|\mathrm{g}_{+}\right\rangle$and $\left|\mathrm{g}_{-}\right\rangle$are still normalized and orthogonal. Of course, the opposite basis change is given by reversing the rotation angle:

$$
\begin{align*}
\left|\mathrm{g}_{1}\right\rangle & =\cos \theta\left|\mathrm{g}_{+}\right\rangle-\sin \theta\left|\mathrm{g}_{-}\right\rangle  \tag{6.49}\\
\left|\mathrm{g}_{2}\right\rangle & =\sin \theta\left|\mathrm{g}_{+}\right\rangle+\cos \theta\left|\mathrm{g}_{-}\right\rangle
\end{align*}
$$

[^98]Then, we can put these into Eq. (6.45) to find the atomic Hamiltonian in the new basis,

$$
\begin{equation*}
\tilde{H}_{\mathrm{A}}=\hbar \Delta_{+}\left|\mathrm{g}_{+}\right\rangle\left\langle\mathrm{g}_{+}\right|+\hbar \Delta_{-}\left|\mathrm{g}_{-}\right\rangle\left\langle\mathrm{g}_{-}\right|+\hbar \Omega_{\mathrm{g}}\left(\left|\mathrm{~g}_{+}\right\rangle\left\langle\mathrm{g}_{-}\right|+\left|\mathrm{g}_{-}\right\rangle\left\langle\mathrm{g}_{+}\right|\right) \tag{6.50}
\end{equation*}
$$

(transformed free-atom Hamiltonian)
where the rotated detunings are

$$
\begin{align*}
& \Delta_{+}=\cos ^{2} \theta \Delta_{1}+\sin ^{2} \theta \Delta_{2}  \tag{6.51}\\
& \Delta_{-}=\sin ^{2} \theta \Delta_{1}+\cos ^{2} \theta \Delta_{2}
\end{align*}
$$

and the coupling rate between the new states is

$$
\begin{equation*}
\Omega_{\mathrm{g}}=\left(\Delta_{2}-\Delta_{1}\right) \sin \theta \cos \theta=\left(\Delta_{2}-\Delta_{1}\right) \frac{\Omega_{1} \Omega_{2}}{\Omega_{1}^{2}+\Omega_{2}^{2}} \tag{6.52}
\end{equation*}
$$

Similarly, the transformations (6.49) in Eq. (6.46) give the interaction Hamiltonian in the new basis

$$
\begin{equation*}
\tilde{H}_{\mathrm{AF}}=\frac{\hbar \Omega_{+}}{2}\left(\sigma_{+}+\sigma_{+}^{\dagger}\right)+\frac{\hbar \Omega_{-}}{2}\left(\sigma_{-}+\sigma_{-}^{\dagger}\right) \tag{6.53}
\end{equation*}
$$

where $\sigma_{ \pm}:=\left|\mathrm{g}_{ \pm}\right\rangle\langle\mathrm{e}|$, and the new Rabi frequencies are

$$
\begin{align*}
& \Omega_{+}=\cos \theta \Omega_{1}+\sin \theta \Omega_{2}=\frac{\Omega_{1}^{2}+\Omega_{2}^{2}}{\sqrt{\Omega_{1}^{2}+\Omega_{2}^{2}}}=\sqrt{\Omega_{1}^{2}+\Omega_{2}^{2}}  \tag{6.54}\\
& \Omega_{-}=\cos \theta \Omega_{2}-\sin \theta \Omega_{1}=\frac{\Omega_{1} \Omega_{2}-\Omega_{2} \Omega_{1}}{\sqrt{\Omega_{1}^{2}+\Omega_{2}^{2}}}=0
\end{align*}
$$

Thus, we may write the interaction Hamiltonian as

$$
\begin{equation*}
\tilde{H}_{\mathrm{AF}}=\frac{\hbar \sqrt{\Omega_{1}^{2}+\Omega_{2}^{2}}}{2}\left(\sigma_{+}+\sigma_{+}^{\dagger}\right) \tag{6.55}
\end{equation*}
$$

(transformed interaction Hamiltonian)
and thus we see that the coupling between $\left|g_{-}\right\rangle$and $|e\rangle$ vanishes, while the Rabi frequency for the coupling of $\left|\mathrm{g}_{+}\right\rangle$to $|\mathrm{e}\rangle$ is $\Omega_{+}$.

Furthermore, at Raman resonance $\left(\Delta_{1}=\Delta_{2}=\Delta\right)$, the free-atomic Hamiltonian simplifies quite dramatically. This is because $\Omega_{\mathrm{g}}=0$, and $\Delta_{+}=\Delta_{-}=\Delta$ :

$$
\begin{equation*}
\tilde{H}_{\mathrm{A}}=\hbar \Delta\left(\left|\mathrm{g}_{+}\right\rangle\left\langle\mathrm{g}_{+}\right|+\left|\mathrm{g}_{-}\right\rangle\left\langle\mathrm{g}_{-}\right|\right) \tag{6.56}
\end{equation*}
$$

Thus, we see that the free-atomic Hamiltonian becomes diagonal at Raman resonance (while $\tilde{H}_{\mathrm{AF}}$ is independent of detuning). We see in this case that under Hamiltonian evolution, $\left|\mathrm{g}_{-}\right\rangle$is completely uncoupled from $\left|\mathrm{g}_{+}\right\rangle$and $|\mathrm{e}\rangle$.

Now, what about spontaneous emission? The operator form of the master equation reads

$$
\begin{equation*}
\partial_{t} \tilde{\rho}=-\frac{i}{\hbar}\left[\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}, \tilde{\rho}\right]+\Gamma_{1} \mathcal{D}\left[\sigma_{1}\right] \tilde{\rho}+\Gamma_{2} \mathcal{D}\left[\sigma_{2}\right] \tilde{\rho} \tag{6.57}
\end{equation*}
$$

where the $\Gamma_{\alpha}$ are the decay rates of $|\mathrm{e}\rangle$ to $\left|\mathrm{g}_{\alpha}\right\rangle$, so that the total decay rate of the excited state is $\Gamma=\Gamma_{1}+\Gamma_{2}$. In the new basis, the master equation becomes

$$
\begin{equation*}
\partial_{t} \tilde{\rho}=-\frac{i}{\hbar}\left[\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}, \tilde{\rho}\right]+\Gamma_{+} \mathcal{D}\left[\sigma_{+}\right] \tilde{\rho}+\Gamma_{-} \mathcal{D}\left[\sigma_{-}\right] \tilde{\rho}+\left(\Gamma_{2}-\Gamma_{1}\right) \sin \theta \cos \theta\left(\sigma_{-} \tilde{\rho} \sigma_{+}^{\dagger}+\sigma_{+} \tilde{\rho} \sigma_{-}^{\dagger}\right) \tag{6.58}
\end{equation*}
$$

where

$$
\begin{align*}
& \Gamma_{+}=\cos ^{2} \theta \Gamma_{1}+\sin ^{2} \theta \Gamma_{2}  \tag{6.59}\\
& \Gamma_{-}=\sin ^{2} \theta \Gamma_{1}+\cos ^{2} \theta \Gamma_{2}
\end{align*}
$$

We see that the dissipation terms have a similar form in the new basis, but the last term is a correction term to handle asymmetric decay to $\left|\mathrm{g}_{1}\right\rangle$ and $\left|\mathrm{g}_{2}\right\rangle$. The point here is that $|\mathrm{e}\rangle$ decays as usual to both $\left|\mathrm{g}_{+}\right\rangle$ and $\left|g_{-}\right\rangle$. Our basic conclusions will thus not be affected by the simplification $\Gamma_{1}=\Gamma_{2}=\Gamma / 2=\Gamma_{+}=\Gamma_{-}$, so that

$$
\begin{equation*}
\partial_{t} \tilde{\rho}=-\frac{i}{\hbar}\left[\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}, \tilde{\rho}\right]+\Gamma \mathcal{D}\left[\sigma_{+}\right] \tilde{\rho}+\Gamma \mathcal{D}\left[\sigma_{-}\right] \tilde{\rho} \tag{6.60}
\end{equation*}
$$

We have thus arrived at a new effective $\Lambda$ atom, where the excited state decays to both ground states, but only one ground state, $\left|g_{+}\right\rangle$, is pumped by the external fields to the excited state.


Again, at Raman resonance, there is no coupling between $\left|g_{+}\right\rangle$and $\left|g_{-}\right\rangle$, but away from resonance there is a coupling at rate $\Omega_{\mathrm{g}}$. Thus, at Raman resonance, $\left|\mathrm{g}_{-}\right\rangle$is a dark state, and for $\Omega_{+} \neq 0$, all the population will eventually end up in $\left|g_{-}\right\rangle$. Thus, in steady state, the atom scatters no light. In the original basis, this is because the dipole moments for the two transitions either constructively or destructively interfere. If they destructively interfere, then the atom scatters no light, and effectively decouples from the field. If there is constructive interference, spontaneous emission scrambles the phases of the dipoles until the interference is purely destructive. This effect is coherent population trapping, because the population is "trapped" in $\left|g_{-}\right\rangle$due to quantum interference.

If we look at an absorption spectrum where one frequency, say $\omega_{2}$, is swept, while the other is held fixed, we should expect to get the usual Lorentzian line shape for absorption, with width $\Gamma_{1}+\Gamma_{2}$. However, we expect to see a dip in the absorption spectrum when $\Delta_{1}=\Delta_{2}$.


The dip can be quite narrow, and by solving for the steady state of the three-level optical Bloch equations it is possible to show ${ }^{17}$ that the line shape is approximately the difference of two Lorentzians, one broad one associated with the natural width of the excited state, and a narrow Lorentzian of width (FWHM)

$$
\begin{equation*}
\delta \omega=\frac{\Omega_{1}^{2}+\Omega_{2}^{2}}{2\left(\Gamma_{1}+\Gamma_{2}\right)} \tag{6.61}
\end{equation*}
$$

(width of coherent dip)

[^99]responsible for the coherent dip. Since this is a coherent effect, the dip becomes suppressed and wider if any dephasing process reduces the coherence of the ground states.

If the first laser is detuned from resonance, and the second laser is made much weaker and swept in frequency across the first laser, a narrow, dispersive resonance occurs.


This shape has been shown ${ }^{18}$ to be a Fano profile ${ }^{19}$ (an asymmetric line shape that arises due to interference in ionization spectra).

### 6.2.1 VSCPT

If we again account for atomic motion, the dark-state condition $\left(\Delta_{1}=\Delta_{2}\right)$ must be modified to include the atomic momentum, and is essentially the same as the stimulated Raman resonance condition, Eq. (6.23). Doing so leads to a clever method for cooling atoms to extremely low temperatures, known as velocityselective coherent population trapping, or VSCPT. ${ }^{20}$ The idea is as follows. Suppose an atom with two degenerate ground states has both levels coupled to the excited state by two counterpropagating lasers of equal optical frequency. (This level structure occurs for an angular-momentum transition of the form $J=1 \longrightarrow J^{\prime}=1$, such as occurs in He atoms.) We assume that each laser only couples one ground state to the excited state (due, e.g., to different polarizations of the two beams).


Then we can see that Doppler laser cooling works as usual, assuming that the common optical detuning is to the red of the atomic resonance: if the atom moves, it scatters photons preferentially from the opposing

[^100]beam, which is shifted into resonance, thus tending to stop the atom. However, due to the three-level structure, there is a dark state, which for equal intensities is given by
\[

$$
\begin{equation*}
|\psi\rangle_{\mathrm{dark}}=\frac{1}{\sqrt{2}}\left(\left|\mathrm{~g}_{1},-\hbar k\right\rangle+\left|\mathrm{g}_{2},+\hbar k\right\rangle\right) \tag{6.62}
\end{equation*}
$$

\]

once we have included the atomic motion. The frequency width of this dark state is set mostly by the common Rabi frequency as in Eq. (6.61), and for small intensities the dark-state width can be quite small, corresponding to a momentum width smaller than $\hbar k$. Thus, VSCPT gives rise to a sub-recoil cooling method, with the final momentum distribution consisting of two subrecoil peaks about $\pm \hbar k$. Note also that the final momentum state (the dark state) is, in fact, an entangled state between the atomic internal and external states. In this one-dimensional configuration, this method works best for collimation of atomic beams. However it is possible to extend this method to three dimensions. ${ }^{21}$ It is also possible to apply this scheme to more complicated atoms with further degeneracy, so long as the lasers are pulsed to give a Ramsey-fringe-type effect. ${ }^{22}$

### 6.2.2 Electromagnetically Induced Transparency

One way to view the phenomenon of coherent population trapping is that the absorption profile for a field is modified by the presence of another field. Thinking of field 1 as a (strong) pump field, and field 2 as a (weak) probe field, the absorption coefficient for the probe can drop to zero due to the presence of the pump.


This phenomenon is known as electromagnetically induced transparency, or EIT. ${ }^{23}$
Let's analyze this situation in a bit more depth, taking advantage of the assumption of a weak probe field. We will assume essentially the same form of the master equation as in (6.57)

$$
\begin{equation*}
\partial_{t} \tilde{\rho}=-\frac{i}{\hbar}\left[\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}, \tilde{\rho}\right]+\Gamma_{1} \mathcal{D}\left[\sigma_{1}\right] \tilde{\rho}+\Gamma_{2} \mathcal{D}\left[\sigma_{2}\right] \tilde{\rho}+\gamma_{\mathrm{g}} \mathcal{D}\left[\sigma_{\mathrm{g}}\right] \tilde{\rho} \tag{6.63}
\end{equation*}
$$

where we have added the final term (with $\sigma_{\mathrm{g}}:=\left|\mathrm{g}_{2}\right\rangle\left\langle\mathrm{g}_{2}\right|-\left|\mathrm{g}_{1}\right\rangle\left\langle\mathrm{g}_{1}\right|$ ) to model coherence-relaxation processes between the ground states such as collisions in atomic vapors or dephasing due to local crystal fields. This

[^101]master equation implies the equation for the probe-transition coherence
\[

$$
\begin{align*}
\partial_{t} \tilde{\rho}_{\mathrm{eg}}^{2} \tag{6.64}
\end{align*}
$$=\left(-\frac{\Gamma_{2}}{2}+i \Delta_{2}\right) \tilde{\rho}_{\mathrm{eg}_{2}}+\frac{i \Omega_{2}}{2}\left(\rho_{\mathrm{ee}}-\rho_{\mathrm{g}_{2} \mathrm{~g}_{2}}\right)-\frac{i \Omega_{1}}{2} \tilde{\rho}_{\mathrm{g}_{1} \mathrm{~g}_{2}}
\]

Here, to lowest order in $\Omega_{2}$ we have made the replacements $\rho_{\mathrm{g}_{2} \mathrm{~g}_{2}} \approx 1$ and $\rho_{\mathrm{ee}} \approx 0$ to arrive at the second expression, since both are multiplied by $\Omega_{2}$. We want this coherence in steady state, since it controls the photon-absorption rate of the probe, but it is coupled to $\tilde{\rho}_{\mathrm{g}_{1} \mathrm{~g}_{2}}$. The equation of motion for this ground-state coherence is

$$
\begin{align*}
\partial_{t} \tilde{\rho}_{\mathrm{g}_{1} \mathrm{~g}_{2}} & =i\left(\Delta_{2}-\Delta_{1}\right) \tilde{\rho}_{\mathrm{g}_{1} \mathrm{~g}_{2}}-\gamma_{\mathrm{g}} \tilde{\rho}_{\mathrm{g}_{1} \mathrm{~g}_{2}}-\frac{i \Omega_{1}}{2} \tilde{\rho}_{\mathrm{eg}_{2}}+\frac{i \Omega_{2}}{2} \tilde{\rho}_{\mathrm{g}_{1} \mathrm{e}}  \tag{6.65}\\
& \approx i\left[\left(\Delta_{2}-\Delta_{1}\right)+i \gamma_{\mathrm{g}}\right] \tilde{\rho}_{\mathrm{g}_{1} \mathrm{~g}_{2}}-\frac{i \Omega_{1}}{2} \tilde{\rho}_{\mathrm{eg}_{2}}
\end{align*}
$$

Here, we have dropped the $\tilde{\rho}_{g_{1} \mathrm{e}}$ term, since it is unpopulated to lowest order in $\Omega_{2}$, and it already involves a factor of $\Omega_{2}$. In steady state, $\partial_{t} \tilde{\rho}_{\mathrm{g}_{1} \mathrm{~g}_{2}}=0$, and solving the above equation gives

$$
\begin{equation*}
\tilde{\rho}_{\mathrm{g}_{1} \mathrm{~g}_{2}}=\frac{\Omega_{1} \tilde{\rho}_{\mathrm{eg}_{2}}}{2\left[\left(\Delta_{2}-\Delta_{1}\right)+i \gamma_{\mathrm{g}}\right]} \tag{6.66}
\end{equation*}
$$

Then setting $\partial_{t} \tilde{\rho}_{\mathrm{eg}_{2}}=0$ to find the steady-state coherence, we find

$$
\begin{equation*}
\left(-\frac{\Gamma_{2}}{2}+i \Delta_{2}\right) \tilde{\rho}_{\mathrm{eg}_{2}}-\frac{i \Omega_{1}}{2} \tilde{\rho}_{\mathrm{g}_{1} \mathrm{~g}_{2}}=\frac{i \Omega_{2}}{2} . \tag{6.67}
\end{equation*}
$$

Using Eq. (6.66) and solving for $\tilde{\rho}_{\mathrm{eg}_{2}}$, we find

$$
\begin{equation*}
\tilde{\rho}_{\mathrm{eg}_{2}}=\frac{i\left(\Omega_{2} / 2\right)\left[\left(\Delta_{2}-\Delta_{1}\right)+i \gamma_{\mathrm{g}}\right]}{\left(i \Delta_{2}-\Gamma_{2} / 2\right)\left[\left(\Delta_{2}-\Delta_{1}\right)+i \gamma_{\mathrm{g}}\right]-i\left(\Omega_{1} / 2\right)^{2}} \tag{6.68}
\end{equation*}
$$

This coherence determines the optical properties of the medium, as far as the probe is concerned. The polarization is given by the dipole moment per unit volume, or

$$
\begin{equation*}
P^{(+)}=N\left\langle\mathrm{~g}_{2}\right| \hat{\varepsilon}_{2} \cdot \mathbf{d}|\mathrm{e}\rangle \tilde{\rho}_{\mathrm{eg}_{2}}=: \epsilon_{0} \chi E^{(+)} \tag{6.69}
\end{equation*}
$$

where $\chi$ is the linear susceptibility of the atomic vapor, $N$ is the number density of the atomic vapor, and $E^{(+)}$is the positive-rotating electric field amplitude for the probe. Thus, we can write the susceptibility as

$$
\begin{equation*}
\chi=\frac{\left.-i N\left|\left\langle\mathrm{~g}_{2}\right| \hat{\varepsilon}_{2} \cdot \mathbf{d}\right| \mathrm{e}\right\rangle\left.\right|^{2}}{\epsilon_{0} \hbar} \frac{\left[\left(\Delta_{2}-\Delta_{1}\right)+i \gamma_{\mathrm{g}}\right]}{\left(i \Delta_{2}-\Gamma_{2} / 2\right)\left[\left(\Delta_{2}-\Delta_{1}\right)+i \gamma_{\mathrm{g}}\right]-i\left(\Omega_{1} / 2\right)^{2}} \tag{6.70}
\end{equation*}
$$

(EIT susceptibility)
Recall that the complex refractive index is the square root of the dielectric constant, so

$$
\begin{equation*}
\tilde{n}=\sqrt{1+\chi} \approx 1+\frac{\chi}{2}, \tag{6.71}
\end{equation*}
$$

since $\chi$ is small, assuming a rarefied medium. Also, taking the real part of the refractive index,

$$
\begin{equation*}
n=\operatorname{Re}[\tilde{n}] \approx 1+\frac{\operatorname{Re}[\chi]}{2} \tag{6.72}
\end{equation*}
$$

The intensity absorption coefficient is related to the imaginary part of the refractive index by comparing the damping part of the plane-wave solution:

$$
\begin{equation*}
e^{-\operatorname{Im}[\tilde{n}] k_{0} z}=e^{-(a / 2) z} \tag{6.73}
\end{equation*}
$$

so that

$$
\begin{equation*}
a=2 k_{0} \operatorname{Im}[\tilde{n}] \approx k_{0} \operatorname{Im}[\chi] \tag{6.74}
\end{equation*}
$$

Thus, in this regime, the absorption coefficient for the probe is given by the imaginary part of $\chi$.
We can thus see the induced transparency by looking at the Raman resonance $\Delta_{1}=\Delta_{2}$, and for simplicity we will also consider the resonant case $\Delta_{2}=0$. In this case the susceptibility

$$
\begin{equation*}
\chi=\frac{\left.i N\left|\left\langle\mathrm{~g}_{2}\right| \hat{\varepsilon}_{2} \cdot \mathbf{d}\right| \mathrm{e}\right\rangle\left.\right|^{2}}{\epsilon_{0} \hbar} \frac{\gamma_{\mathrm{g}}}{\left(\Gamma_{2} / 2\right) \gamma_{\mathrm{g}}+\left(\Omega_{1} / 2\right)^{2}} \tag{6.75}
\end{equation*}
$$

(EIT susceptibility, $\Delta_{1}=\Delta_{2}=0$ )
becomes purely imaginary (i.e., the phase index becomes unity), and $\chi$ drops monotonically to zero with increasing pump intensity $\left(\Omega_{1}\right)$. Thus, we see how (on resonance) transparency for the probe is induced by the pump field.

The atomic medium is causal, and since the refractive index represents a causal response of the medium to the applied field, the real and imaginary parts of the complex refractive index obey the Kramers-Kronig relations ${ }^{24}$

$$
\begin{align*}
& \operatorname{Re}[\tilde{n}(\omega)]=1+\frac{1}{\pi} \int_{-\infty}^{\infty} \frac{\operatorname{Im}\left[\tilde{n}\left(\omega^{\prime}\right)\right]}{\omega^{\prime}-\omega} d \omega^{\prime}  \tag{6.76}\\
& \operatorname{Im}[\tilde{n}(\omega)]=-\frac{1}{\pi} \int_{-\infty}^{\infty} \frac{\operatorname{Re}\left[\tilde{n}\left(\omega^{\prime}\right)\right]-1}{\omega^{\prime}-\omega} d \omega^{\prime}
\end{align*}
$$

The integrals here are Hilbert transforms (the cut integration symbols denote Cauchy-principal-value integrals), which are effectively convolutions with the kernel $1 / \omega$. Since this kernel changes sign (and is largest in magnitude) near $\omega=0$, the Hilbert transform is "something like a derivative," as long as you're willing to be not-too-quantitative. Since the coherent dip in EIT can be very narrow, as we saw from our analysis of coherent population trapping, the imaginary part of $\tilde{n}$ has large derivatives, and hence the real part of $\tilde{n}$ (the phase index) can have large values and steep gradients. For a resonant, arbitrarily strong pump $\left(\Delta_{1}=0\right.$, large $\left.\Omega_{1}\right)$, the susceptibility (6.70) becomes

$$
\begin{equation*}
\chi=\frac{\left.N\left|\left\langle\mathrm{~g}_{2}\right| \hat{\varepsilon}_{2} \cdot \mathbf{d}\right| \mathrm{e}\right\rangle\left.\right|^{2}}{\epsilon_{0} \hbar} \frac{\left(i \gamma_{\mathrm{g}}-\Delta_{2}\right)}{\left(\Omega_{1} / 2\right)^{2}} \tag{6.77}
\end{equation*}
$$

so that the phase index $n=\operatorname{Re}[\tilde{n}] \approx \operatorname{Re}[\chi] / 2$ becomes

$$
\begin{equation*}
n=-\frac{\left.2 N\left|\left\langle\mathrm{~g}_{2}\right| \hat{\varepsilon}_{2} \cdot \mathbf{d}\right| \mathrm{e}\right\rangle\left.\right|^{2}}{\epsilon_{0} \hbar} \frac{\Delta_{2}}{\Omega_{1}^{2}} \tag{6.78}
\end{equation*}
$$

The group index of refraction is given by ${ }^{25}$

$$
\begin{equation*}
n_{\mathrm{g}}=n+\omega \frac{d n}{d \omega} \tag{6.79}
\end{equation*}
$$

and it measures the ratio of the vacuum speed of light to the propagation velocity (group velocity) of an optical pulse. Assuming the second term is the most important, for the EIT medium the group index becomes

$$
n_{\mathrm{g}} \approx \frac{\left.2 \omega N\left|\left\langle\mathrm{~g}_{2}\right| \hat{\varepsilon}_{2} \cdot \mathbf{d}\right| \mathrm{e}\right\rangle\left.\right|^{2}}{\epsilon_{0} \hbar \Omega_{1}^{2}}
$$

(EIT group index, $\Delta_{1}=0$, large $\Omega_{1}$, small $\Delta_{2}$ ) (6.80) Putting in some typical numbers for alkali atoms $\left(\omega / 2 \pi=5 \times 10^{14} \mathrm{~Hz}, N=10^{11} \mathrm{~cm}^{-3},\left\langle\mathrm{~g}_{2}\right| \hat{\varepsilon}_{2} \cdot \mathbf{d}|\mathrm{e}\rangle=\right.$ $10^{-29} \mathrm{C} \cdot \mathrm{m}$, and $\Omega / 2 \pi=10 \mathrm{MHz}$ ), we find $n_{\mathrm{g}} \approx 2 \times 10^{4}$ ! This also occurs where the medium is least absorbing, so long as the pulse spectrum is not too wide. Using this "slow light" technique, optical pulses have been slowed to $17 \mathrm{~m} / \mathrm{s} .{ }^{26}$

[^102]
### 6.2.3 Stimulated Raman Adiabatic Passage

Now suppose in a three-level atom, you want to move all the population from $\left|\mathrm{g}_{1}\right\rangle$ to $\left|\mathrm{g}_{2}\right\rangle$, using two-photon stimulated Raman transtions.


You can do the good old $\pi$-pulse, and of course you can chirp the Raman frequency to do adiabatic passage like in the two-level atom. However, because the dark states depend on the relative intensity, there is a different form of adiabatic passage, called stimulated Raman adiabatic passage, or STIRAP. ${ }^{27}$ The idea is that if you have two laser pulses, one for each optical transition, you should do something counterintuitive: you should first turn on the laser coupling $\left|\mathrm{g}_{2}\right\rangle \longrightarrow|\mathrm{e}\rangle$, and then later turn on the laser coupling $\left|\mathrm{g}_{1}\right\rangle \longrightarrow|\mathrm{e}\rangle$.


The key is the overlap of the pulses, and the form of the dark state. When $\Omega_{2}$ is large and $\Omega_{1}=0$, then clearly the dark state is $\left|g_{1}\right\rangle$. This represents the initial configuration. Similarly, when $\Omega_{1}$ is large and $\Omega_{2}=0$, the dark state is $\left|\mathrm{g}_{2}\right\rangle$, the desired final state. We showed above that there is a dark state $|-\rangle$ for any pair $\left(\Omega_{1}, \Omega_{2}\right)$, and thus if we transform the field amplitudes adiabatically, slowly on time scales of $\left(\Omega_{1}^{2}+\Omega_{2}^{2}\right)^{-1 / 2}$, then the atom will follow the dark state $|-\rangle$ until it reaches the final state $\left|\mathrm{g}_{2}\right\rangle$. Since the atom is always in the dark state, there is no problem with spontaneous emission, even if the lasers are near resonance. Of course, with different pulse shapes it is possible to end in any superposition of the two ground states.

### 6.2.4 Quantum Beats

Until now we have discussed only the three-level atom in the $\Lambda$-configuration, but how do atoms in other configurations differ? One of the most significant differences is the possibility of quantum beats in resonance fluorescence. The basic idea is fairly simple ${ }^{28}$ if we first consider the radiation from the $\Lambda$ atom. The

[^103]dipole moment is proportional to the annihilation operators for the two transitions,
\[

$$
\begin{equation*}
d^{(+)} \sim \sigma_{1}+\sigma_{2} \tag{6.81}
\end{equation*}
$$

\]

where $\sigma_{\alpha}:=\left|\mathrm{g}_{\alpha}\right\rangle\langle\mathrm{e}|$. For simplicity we are dropping the dipole matrix elements, which may be different for the two transitions but do not affect our qualitative conclusions. The radiated field intensity thus scales as

$$
\begin{align*}
\left\langle E^{(-)} E^{(+)}\right\rangle & \propto\left\langle d^{(-)} d^{(+)}\right\rangle \\
& \propto\left\langle\left(\sigma_{1}^{\dagger}+\sigma_{2}^{\dagger}\right)\left(\sigma_{1}+\sigma_{2}\right)\right\rangle  \tag{6.82}\\
& =2 \rho_{\mathrm{ee}}
\end{align*}
$$

(radiated intensity, $\Lambda$-atom)
where we have used $\sigma_{\alpha}^{\dagger} \sigma_{\beta}=|\mathrm{e}\rangle\left\langle\mathrm{g}_{\alpha} \mid \mathrm{g}_{\beta}\right\rangle\langle\mathrm{e}|=|\mathrm{e}\rangle\langle\mathrm{e}| \delta_{\alpha \beta}$. Thus, the total radiation rate is proportional to the excited-state population.

The "vee" atom—where a single ground state $|\mathrm{g}\rangle$ is coupled to two excited states $\left|\mathrm{e}_{1}\right\rangle$ and $\left|\mathrm{e}_{2}\right\rangle$-is more complicated, however.


If the two transitions decay into the same polarization mode, we can also write the dipole operator as

$$
\begin{equation*}
d^{(+)} \sim \sigma_{1}+\sigma_{2} \tag{6.83}
\end{equation*}
$$

where $\sigma_{\alpha}:=|\mathrm{g}\rangle\left\langle\mathrm{e}_{\alpha}\right|$, and we have again dropped the dipole matrix elements. In this case, we have

$$
\begin{equation*}
\sigma_{\alpha}^{\dagger} \sigma_{\beta}=\left|\mathrm{e}_{\alpha}\right\rangle\langle\mathrm{g} \mid \mathrm{g}\rangle\left\langle\mathrm{e}_{\beta}\right|=\left|\mathrm{e}_{\alpha}\right\rangle\left\langle\mathrm{e}_{\beta}\right|, \tag{6.84}
\end{equation*}
$$

and thus

$$
\begin{align*}
\left\langle E^{(-)} E^{(+)}\right\rangle & \propto\left\langle d^{(-)} d^{(+)}\right\rangle \\
& \propto\left\langle\left(\sigma_{1}^{\dagger}+\sigma_{2}^{\dagger}\right)\left(\sigma_{1}+\sigma_{2}\right)\right\rangle  \tag{6.85}\\
& =\rho_{\mathrm{e}_{1} \mathrm{e}_{1}}+\rho_{\mathrm{e}_{2} \mathrm{e}_{2}}+\tilde{\rho}_{\mathrm{e}_{1} \mathrm{e}_{2}}+\tilde{\rho}_{\mathrm{e}_{2} \mathrm{e}_{1}} \tag{radiatedintensity,V-atom}
\end{align*}
$$

We see that the radiated intensity is proportional to the sum of the excited-state populations, which we might expect, but also the last two coherence terms represent interferences between the two populations. In the case where $\left|\mathrm{e}_{1}\right\rangle$ and $\left|\mathrm{e}_{2}\right\rangle$ have different energies, these coherences (transiently) rotate at the splitting frequency, thus leading to the quantum beats in the resonance fluorescence. This is the same beat note that we expect from any two radiating oscillators, but it goes to show that spontaneous emission isn't entirely coherent-interference effects are manifest in spontaneous emission.

The above argument leading to quantum beats rests on the assumption of decay into the same mode. If the radiation from the two transitions is distinguishable, say, if the two transitions radiated orthogonal polarizations, then the decay operators should not be added before taking the expectation value, and the quantum beats are not present.

### 6.2.4.1 Master Equations and Quantum Beats

The above argument addresses an ambiguity that arises when writing down the master equation for the three-level atom. For the $\Lambda$ atom, we assumed in Eq. (6.57) that the master equation takes the form

$$
\begin{equation*}
\partial_{t} \tilde{\rho}=-\frac{i}{\hbar}\left[\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}, \tilde{\rho}\right]+\Gamma_{1} \mathcal{D}\left[\sigma_{1}\right] \tilde{\rho}+\Gamma_{2} \mathcal{D}\left[\sigma_{2}\right] \tilde{\rho} \tag{6.86}
\end{equation*}
$$

(distinguishable radiation)

That is, we use separate dissipation terms for each operator, recalling that the Lindblad superoperator has the form

$$
\begin{equation*}
\mathcal{D}[c] \tilde{\rho}:=c \tilde{\rho} c^{\dagger}-\frac{1}{2}\left(c^{\dagger} c \tilde{\rho}+\tilde{\rho} c^{\dagger} c\right) \tag{6.87}
\end{equation*}
$$

Of course, we could have used a single dissipation term, had we added the operators together, to arrive at the master equation

$$
\partial_{t} \tilde{\rho}=-\frac{i}{\hbar}\left[\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}, \tilde{\rho}\right]+\mathcal{D}\left[\sqrt{\Gamma_{1}} \sigma_{1}+\sqrt{\Gamma_{2}} \sigma_{2}\right] \tilde{\rho}
$$

(indistinguishable radiation) (6.88)
Which one is correct? It depends on the physical situation. The master equation (6.86) corresponds to the case where the radiation from the two transitions is distinguishable, while the master equation (6.88) corresponds to the case where the radiation from the two transitions is indistinguishable (and thus we add the "amplitudes," or decay operators, for the two fields together before detection). This interpretation will be more clear when we study master equations in the context of continuous measurement, but the general rule is: we use separate decay terms when the decay processes can be monitored by separate detectors, while if the decay processes can't be distinguished, there is no "which-way" information, and we model the resulting potential interference via a single decay term.

To emphasize the difference between Eqs. (6.86) and (6.88), we note that we can rewrite Eq. (6.88) for the $\Lambda$ atom as

$$
\begin{equation*}
\partial_{t} \tilde{\rho}=-\frac{i}{\hbar}\left[\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}, \tilde{\rho}\right]+\Gamma_{1} \mathcal{D}\left[\sigma_{1}\right] \tilde{\rho}+\Gamma_{2} \mathcal{D}\left[\sigma_{2}\right] \tilde{\rho}+\sqrt{\Gamma_{1} \Gamma_{2}}\left(\sigma_{1} \tilde{\rho} \sigma_{2}^{\dagger}+\sigma_{2} \tilde{\rho} \sigma_{1}^{\dagger}\right) . \tag{6.89}
\end{equation*}
$$

These last two terms involve the excited-state population and only couple to the ground-state coherences, and represent additional coherence induced between the ground states by spontaneous emission. Normally, the indistinguishability is not such an important issue for $\Lambda$ atoms, because even if the radiated polarizations are the same, the "which-way" information is provided by the atom itself, since we can in principle interrogate it to see which ground state it is in. However, we have already seen the coherent version of the master equation in the general form of Eq. (6.89) in the context of coherent population trapping, where the extra coherence terms popped up when we switched to the dark/bright-state basis in Eq. (6.58). In that case, the point was that each decay was to a superposition of the two ground states in the new basis, which was reflected by the additional coherence terms.

### 6.2.4.2 Steady-State Quantum Beats

A dramatic manifestation of the above difference between distinguishable and indistinguishable master equations occurs in a variant of the vee atom, resulting in something termed steady-state quantum beats. ${ }^{29}$ The configuration is the vee atom from above, but in the case where the excited states are nondegenerate with splitting $\delta$ but both coupled from the ground state by the same field.


[^104]If we define the rotating-frame Hamiltonians, detunings $\Delta_{\alpha}$, Rabi frequencies $\Omega_{\alpha}$, and decay rates $\Gamma_{\alpha}$ $(\alpha \in\{1,2\})$ in the usual way, then the Bloch equations for the excited-state populations have the form

$$
\begin{align*}
& \partial_{t} \rho_{\mathrm{e}_{1} \mathrm{e}_{1}}=\frac{i \Omega_{1}}{2}\left(\tilde{\rho}_{\mathrm{e}_{1} \mathrm{~g}}-\tilde{\rho}_{\mathrm{ge}_{1}}\right)+(\text { dissipations terms })  \tag{6.90}\\
& \partial_{t} \rho_{\mathrm{e}_{2} \mathrm{e}_{2}}=\frac{i \Omega_{2}}{2}\left(\tilde{\rho}_{\mathrm{e}_{2} \mathrm{~g}}-\tilde{\rho}_{\mathrm{ge}_{2}}\right)+(\text { dissipations terms })
\end{align*}
$$

We may thus interpret the photon absorption rate to be the rate at which atoms are being excited, and thus

$$
\begin{equation*}
R_{\mathrm{abs}}=\frac{i \Omega_{1}}{2}\left(\tilde{\rho}_{\mathrm{e}_{1} \mathrm{~g}}-\tilde{\rho}_{\mathrm{ge}_{1}}\right)+\frac{i \Omega_{2}}{2}\left(\tilde{\rho}_{\mathrm{e}_{2} \mathrm{~g}}-\tilde{\rho}_{\mathrm{ge}_{2}}\right)=\operatorname{Im}\left[\Omega_{1} \tilde{\rho}_{\mathrm{ge}_{1}}+\Omega_{2} \tilde{\rho}_{\mathrm{ge}_{2}}\right] \tag{6.91}
\end{equation*}
$$

Again, there are two possible master equations that we can write down to describe this system. In the case where there is distinguishable emission from the two excited states (say, different polarizations), we use the master equation with separate decay terms:

$$
\begin{equation*}
\partial_{t} \tilde{\rho}=-\frac{i}{\hbar}\left[\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}, \tilde{\rho}\right]+\Gamma_{1} \mathcal{D}\left[\sigma_{1}\right] \tilde{\rho}+\Gamma_{2} \mathcal{D}\left[\sigma_{2}\right] \tilde{\rho} \tag{6.92}
\end{equation*}
$$

A sample absorption spectrum (in steady state) for this system is shown below, plotted as a function of the mean detuning $\left(\Delta_{1}+\Delta_{2}\right) / 2$, relative to the common decay rate $\Gamma$.


The spectrum consists of two peaks, as one might expect the sum of two Lorentzian peaks if there is no "interaction" between the transitions. For indistinguishable emission from the excited states, we again allow for interference of the radiated fields, and we use the master equation

$$
\begin{equation*}
\partial_{t} \tilde{\rho}=-\frac{i}{\hbar}\left[\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}, \tilde{\rho}\right]+\mathcal{D}\left[\sqrt{\Gamma_{1}} \sigma_{1}+\sqrt{\Gamma_{2}} \sigma_{2}\right] \tilde{\rho} \tag{6.93}
\end{equation*}
$$

In this case, for the same parameters, something remarkable happens: the absorption vanishes at the midpoint between the peaks. This is an effect that persists even at high intensity (note that saturation effects are not negligible for the numerical example here in the plot for $\Omega=3 \Gamma$ ), and works even for more than two excited states.


This is clearly an interference effect, similar to coherent population trapping, but in a sense more remarkable because there is still population in the excited state, even when the atom is dark, as we can see by examining the total excited-state population.


Of course, the absorption rate must equal the emission rate in steady state, and we have seen that the emission rate is not just proportional to the total excited-state population, but rather to

$$
\begin{equation*}
\rho_{\mathrm{e}_{1} \mathrm{e}_{1}}+\rho_{\mathrm{e}_{2} \mathrm{e}_{2}}+\tilde{\rho}_{\mathrm{e}_{1} \mathrm{e}_{2}}+\tilde{\rho}_{\mathrm{e}_{2} \mathrm{e}_{1}} . \tag{6.94}
\end{equation*}
$$

The coherences, or interference terms, prevent the atom from decaying even though the excited states are populated. Thus, coherent population trapping is due to interference in the Hamiltonian evolution of a $\Lambda$ atom, while steady-state quantum beating is due to interference in the dissipative evolution of a vee atom.

A final amusing thing to note is that steady-state quantum beating gives rise to an alternate interpretation of EIT. In the $\Lambda$ atom, you can imagine that the pump laser dresses the excited state, splitting it into a doublet (as in the Autler-Townes doublet). The probe beam thus effectively couples to a vee atom, and with the proper detuning, steady-state quantum beating suppresses absorption of the probe.

### 6.3 Exercises

## Problem 6.1

A phase-modulated optical wave has the form

$$
\begin{equation*}
E^{(+)}(x, t)=E_{0}^{(+)}(x) e^{-i \omega t+\delta \phi \sin \left(\omega_{\bmod } t\right)} \tag{6.95}
\end{equation*}
$$

where $\omega_{\text {mod }}$ is the modulation frequency. Such a wave could result, for example, by running the wave through an electro-optic crystal, whose refractive index is modulated by an applied ac signal with frequency $\omega_{\text {mod }}$.
(a) For a wave with time dependence $\exp [-i \phi(t)]$, we can define the instantaneous frequency as

$$
\begin{equation*}
\omega_{\mathrm{inst}}:=\frac{d \phi}{d t} . \tag{6.96}
\end{equation*}
$$

Compute the instantaneous frequency of the phase-modulated wave and thus show that the frequency oscillates about $\omega$. That is, phase modulation is in some sense the same as frequency modulation.
(b) Write the phase-modulated wave as a sum of plane waves, with the general form

$$
\begin{equation*}
\sum_{j=-\infty}^{\infty} c_{j} e^{i\left(k x-\omega_{j} t\right)} \tag{6.97}
\end{equation*}
$$

Hint: start by writing down a Bessel series for the function $\exp (i K \sin x)$, using the generating function given in the notes.
(c) From your answer to (b), argue that the intensity spectrum (as viewed through a Fabry-Perot spectrum analyzer) consists of a series of peaks with relative intensity $J_{j}^{2}(\delta \phi)$. You may assume the response of the Fabry-Perot analyzer is slow compared to the modulation frequency. This phasemodulation technique is commonly used in the laboratory to shift the frequency of a laser or to generate multiple laser frequencies.

## Problem 6.2

Consider the vee atom, where steady-state quantum beating can be observed, where both excited states are coupled by a single, monochromatic, electric field.

(a) Write down expressions for the free atomic Hamiltonian $\tilde{H}_{\mathrm{A}}$ and the interaction Hamiltonian $\tilde{H}_{\mathrm{AF}}$ in the rotating frame, in terms of the appropriate detunings and Rabi frequencies.
(b) Assuming a master equation of the form

$$
\begin{equation*}
\partial_{t} \tilde{\rho}=-\frac{i}{\hbar}\left[\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}, \tilde{\rho}\right]+\Gamma_{1} \mathcal{D}\left[\sigma_{1}\right] \rho+\Gamma_{2} \mathcal{D}\left[\sigma_{2}\right] \tilde{\rho}, \tag{6.98}
\end{equation*}
$$

appropriate for distinguishable decay channels, write out the Bloch equations for the density-matrix elements $\tilde{\rho}_{\alpha \beta}$.
(c) In the case of indistinguishable decay channels, with master equation of the form

$$
\begin{equation*}
\partial_{t} \tilde{\rho}=-\frac{i}{\hbar}\left[\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}, \tilde{\rho}\right]+\mathcal{D}\left[\sqrt{\Gamma_{1}} \sigma_{1}+\sqrt{\Gamma_{2}} \sigma_{2}\right] \tilde{\rho}, \tag{6.99}
\end{equation*}
$$

what are the new terms in the Bloch equations compared to what you wrote in part (b)? Give specific interpretations to these extra terms where possible.

## Problem 6.3

For the vee atom in Problem 6.2, consider the case of indistinguishable decay channels, with $\Gamma_{1}=\Gamma_{2}=$ $\Gamma$ and $\Omega_{1}=\Omega_{2}$, with the field tuned exactly halfway between the excited states. Solve for the steady state of the optical Bloch equations for this system to lowest nontrivial order in $\Omega_{1}$ and $\Omega_{2}$ (i.e., find the linear response for very weak fields), and thereby prove that steady-state quantum beats occur. The effect does not depend on the smallness of the fields, and the analytic solution can be worked out for arbitrary parameters, but this problem is much easier in the perturbative limit.

## Problem 6.4

Consider an atomic transition between states $|\mathrm{g}\rangle$ and $|\mathrm{e}\rangle$, of resonance frequency $\omega_{0}$, driven at nearly half the resonance frequency, so that $2 \omega \approx \omega_{0}$. In this case, it is possible to have two-photon absorption and nonlinearly drive the transition.


Of course, this happens because of Raman-type transitions involving the other states $|j\rangle$ as intermediate states. However, our stimulated-Raman analysis does not apply here, because we cannot make the usual rotating wave approximation, since $\omega$ does not resonantly couple $|\mathrm{g}\rangle$ or $|\mathrm{e}\rangle$ to any intermediate level.
Your goal is to work out the theory of two-photon transitions, and thus to show that this system effectively reduces to a two-level system for $|\mathrm{g}\rangle$ and $|\mathrm{e}\rangle$. To do this, use the following outline.

1. Write down the free atomic Hamiltonian, using the following definitions: the energy of $|\mathrm{g}\rangle$ is zero, and the energy of the $|\mathrm{g}\rangle \longrightarrow|j\rangle$ is $\omega_{j}$.
2. Write down the atom-field interaction Hamiltonian, using Rabi frequencies $\Omega_{\mathrm{g} j}$ for the $|\mathrm{g}\rangle \longrightarrow|j\rangle$ transitions and $\Omega_{\mathrm{e} j}$ for the $|\mathrm{e}\rangle \longrightarrow|j\rangle$ transitions. For the moment, ignore the direct coupling between $|\mathrm{g}\rangle$ and $|\mathrm{e}\rangle$ (assume, for example, that the transition is dipole-forbidden). Do not make any rotating-wave approximations at this stage.
3. Write the state vector as

$$
\begin{equation*}
|\psi\rangle=c_{\mathrm{g}}|\mathrm{~g}\rangle+c_{\mathrm{e}}|\mathrm{e}\rangle+\sum_{j} c_{j}|j\rangle \tag{6.100}
\end{equation*}
$$

and derive equations of motion for the coefficients.
4. Transform into a rotating frame by changing to the slowly varying coefficient

$$
\begin{equation*}
\tilde{c}_{\mathrm{e}}=c_{\mathrm{e}} e^{i 2 \omega t} \tag{6.101}
\end{equation*}
$$

which is appropriate for $\omega_{0} \approx 2 \omega$, and rewrite the coefficient equations in terms of this new variable.
5. Integrate the equation for $\partial_{t} c_{j}$ to obtain an approximate expression for $c_{j}(t)$, assuming that $c_{\mathrm{g}}$ and $\tilde{c}_{\mathrm{e}}$ are slowly varying on the time scales of optical oscillations. This is justified since we are interested in the slow dynamics of these variables.
6. Use your approximate result to eliminate $c_{j}$ from the equations of motion, and write the equations of motion in the form of a two-level system. Now you should make appropriate rotating-wave approximations to put the equations in the proper form.

In your answer, give expressions for the Stark shifts of $|\mathrm{g}\rangle$ and $|\mathrm{e}\rangle$, and also for the two-photon Rabi frequency. At the same level of approximation, how do your results change if the transition $|\mathrm{g}\rangle \longrightarrow|\mathrm{e}\rangle$ is also coupled directly by the field with Rabi frequency $\Omega$ ?

## Problem 6.5

Name as many approximations as you can that go into the result

$$
\begin{equation*}
\Omega_{\mathrm{R}}=\frac{\Omega_{1} \Omega_{2}}{2 \Delta} \tag{6.102}
\end{equation*}
$$

## Problem 6.6

Consider a transition between the two ground states of a $\Lambda$ atom via the STIRAP procedure.


Estimate the probability that a photon is scattered from the atom during the transition, which happens if the pulse sequence does not drive the atom adiabatically through the transition. To do this, set this problem up as an avoided-crossing problem, and use Landau-Zener theory to estimate the probability that the atom "tunnels" out of the dark state. Model the two laser pulses as Gaussian pulses,

with pulse profile

$$
\begin{equation*}
\Omega(t)=\Omega_{0} \exp \left[-\frac{t^{2}}{2 \delta t^{2}}\right] \tag{6.103}
\end{equation*}
$$

Assume that the two laser pulses are identical, both exactly resonant with their respective transitions, and that the peak Rabi frequencies are the same for both transitions. Take the time separation between the two pulse peaks to be $\tau$.
Note: strictly speaking, Landau-Zener theory only applies to an avoided crossing where the bare-state energies are linear functions of time. However, you may approximately apply it to any avoided crossing by noting that most of the tunneling across the gap occurs during the times when the gap is narrowest. Thus, you should set up the problem such that the Landau-Zener problem approximates the energy levels of this problem in the vicinity of the avoided crossing.

## Problem 6.7

Consider two two-level atoms situated near each other. No optical fields are present other than those radiated by the atoms. Recall that the spatial profile of the atomic radiation field is given by the classical dipole pattern.
(a) Consider the interaction of the two atoms as the usual dipole interaction of one atom with the radiated field of the other. Show that after making a suitable rotating-wave approximation the atomatom interaction can be written

$$
\begin{equation*}
H_{\mathrm{int}}=\hbar\left(\Xi^{*} \sigma_{1} \sigma_{2}^{\dagger}+\Xi \sigma_{1}^{\dagger} \sigma_{2}\right) \tag{6.104}
\end{equation*}
$$

where $\sigma_{1,2}$ are the lowering operators for atoms 1 and 2, and the free-atom Hamiltonian is

$$
\begin{equation*}
H_{0}=\hbar \omega_{0}\left(\sigma_{1}^{\dagger} \sigma_{1}+\sigma_{2}^{\dagger} \sigma_{2}\right) \tag{6.105}
\end{equation*}
$$

Write down an expression for the coupling rate $\Xi$, which depends on the separation and orientation of the atoms. Assume the two atomic dipoles have the same orientation.
(b) Argue that in a suitable rotating frame, the interaction Hamiltonian is unchanged but the freeevolution Hamiltonian becomes $\tilde{H}_{0}=0$.
(c) Now consider the symmetric initial state

$$
\begin{equation*}
\left|\psi_{+}\right\rangle=\frac{1}{\sqrt{2}}\left[\left|\mathrm{e}_{1}, \mathrm{~g}_{2}\right\rangle+\left|\mathrm{g}_{1}, \mathrm{e}_{2}\right\rangle\right] \tag{6.106}
\end{equation*}
$$

and the antisymmetric initial state

$$
\begin{equation*}
\left|\psi_{-}\right\rangle=\frac{1}{\sqrt{2}}\left[\left|\mathrm{e}_{1}, \mathrm{~g}_{2}\right\rangle-\left|\mathrm{g}_{1}, \mathrm{e}_{2}\right\rangle\right] \tag{6.107}
\end{equation*}
$$

both corresponding to a single excitation. Show that in the limit of small atom separations, where $\Xi \in \mathbb{R}$, both states are eigenstates of the rotating-frame Hamiltonian $\tilde{H}_{\text {int }}$.
(d) Assume that the atoms evolve according to a master equation of the form

$$
\begin{equation*}
\partial_{t} \tilde{\rho}=-\frac{i}{\hbar}\left[\tilde{H}_{\mathrm{int}}, \tilde{\rho}\right]+\Gamma \mathcal{D}\left[\sigma_{1}+\sigma_{2}\right] \tilde{\rho} \tag{6.108}
\end{equation*}
$$

That is, we assume the dipole fields radiated by the two atoms to interfere perfectly, which is only true if the atoms have the same orientation, and they are very close together. Show that the decay of the atom pair starting in the symmetric state proceeds more quickly than for a single, isolated atom in the excited state. (You need only show this to be true at short times.) This effect is called Dicke superradiance, ${ }^{30}$ and arises physically due to the constructive interference of the two radiated fields.
(e) Show also that the decay of the atom pair starting in the antisymmetric state proceeds more slowly than for a single, isolated atom in the excited state. This effect is called subradiance, and is due to the destructive interference of the two radiated fields.
(f) Why is the description "two atoms playing photon ping-pong" appropriate to this problem, specifically to the form of $H_{\mathrm{int}}$ ?

[^105]
## Chapter 7

## Atomic Angular-Momentum Structure

In this chapter, we will review and develop some of the formalism for handling angular momentum, in particular as it applies to the structure of simple (hydrogen-like) atoms. We will use these results to look at fine and hyperfine structure, and in particular how to handle light-matter interactions in the presence of Zeeman-degenerate states (degenerate angular-momentum sublevels).

### 7.1 Angular Momentum

### 7.1.1 Operators and Eigenstates

The basics of the quantization of angular momentum is covered well enough in most introductory quantummechanics text, so we'll just review the basics here so we can get on to applications of the theory to atoms and quantum optics. First, we will suppose that we have a set of operators $J_{x}, J_{y}$, and $J_{z}$, and we will take them to be defined by the commutation relation

$$
\begin{equation*}
\left[J_{\alpha}, J_{\beta}\right]=i \hbar \epsilon_{\alpha \beta \gamma} J_{\gamma} \tag{7.1}
\end{equation*}
$$

(angular-momentum commutator)
where $\epsilon_{\alpha \beta \gamma}$ is the Levi-Civita symbol (completely antisymmetric tensor), having the values +1 if ( $\alpha \beta \gamma$ ) is a cyclic permutation of $(x y z),-1$ if an odd permutation, and 0 otherwise. These operators will obviously represent angular momenta associated with the three Cartesian axes, and so it will also be useful to define an operator associated with the total angular momentum:

$$
\begin{equation*}
J^{2}=J_{x}^{2}+J_{y}^{2}+J_{z}^{2} \tag{7.2}
\end{equation*}
$$

We assume these operators to correspond to observables, and are thus Hermitian. Out of the set of operators $\left\{J^{2}, J_{x}, J_{y}, J_{z}\right\}$, the above relations (7.1) and (7.2) show that the full set can be expressed in terms of only two. Thus, to completely span the space of angular momentum states, we can choose to have simultaneous eigenstates of any two such operators. This strategy is useful in spherically symmetric systems, where such eigenstates should exist, and so any component $J_{\alpha}$ is as good as any other. However, in view of the fundamental commutation relation, we can't have simultaneous eigenstates for $J_{\alpha}$ and $J_{\beta}$ if $\alpha \neq \beta$. However, $J^{2}$ commutes with $J_{\alpha}$ :

$$
\begin{equation*}
\left[J_{\alpha}, J^{2}\right]=0 \tag{7.3}
\end{equation*}
$$

(angular-momentum commutator)
To see this, we can take $J_{\alpha}=J_{x}$ without loss of generality, in which case

$$
\begin{align*}
{\left[J_{x}, J^{2}\right] } & =\left[J_{x}, J_{y}^{2}\right]+\left[J_{x}, J_{z}^{2}\right] \\
& =\left[J_{x}, J_{y}\right] J_{y}+J_{y}\left[J_{x}, J_{y}\right]+\left[J_{x}, J_{z}\right] J_{z}+J_{z}\left[J_{x}, J_{z}\right]  \tag{7.4}\\
& =\left(i \hbar J_{z}\right) J_{y}+J_{y}\left(i \hbar J_{z}\right)+\left(-i \hbar J_{y}\right) J_{z}+J_{z}\left(-i \hbar J_{y}\right) \\
& =0 .
\end{align*}
$$

Thus, we are free to construct simultaneous eigenstates of $J^{2}$ and $J_{\alpha}$. We make the arbitrary but conventional choice of taking simultaneous eigenstates of $J^{2}$ and $J_{z}$. We will thus need two quantum numbers, which we call $j$ and $m$, and define the eigenvalue $\lambda_{j}$ of $J^{2}$ to be some function of $j$,

$$
\begin{equation*}
J^{2}|j m\rangle=\lambda_{j}|j m\rangle, \tag{7.5}
\end{equation*}
$$

and the eigenvalue $\lambda_{m}$ of $J_{z}$ will similarly be some function of $m$,

$$
\begin{equation*}
J_{z}|j m\rangle=\lambda_{m}|j m\rangle . \tag{7.6}
\end{equation*}
$$

Our goal in setting up the basic formalism will now be to work out the angular-momentum eigenvalues.

### 7.1.2 Ladder Operators and Eigenvalues

It is also useful to define two non-Hermitian operators, the ladder operators

$$
\begin{equation*}
J_{ \pm}:=J_{x} \pm i J_{y} \tag{7.7}
\end{equation*}
$$

which will turn out to be somewhat more convenient than $J_{x}$ and $J_{y}$ separately. Given the commutation relation (7.3), we immediately see that the ladder operators commute with $J^{2}$ :

$$
\begin{equation*}
\left[J^{2}, J_{ \pm}\right]=0 \tag{7.8}
\end{equation*}
$$

(ladder-operator commutator)
The commutators with $J_{z}$ is not hard to work out,

$$
\begin{equation*}
\left[J_{z}, J_{ \pm}\right]=\left[J_{z}, J_{x}\right] \pm i\left[J_{z}, J_{y}\right]=i \hbar J_{y} \pm \hbar J_{x} \tag{7.9}
\end{equation*}
$$

or

$$
\begin{equation*}
\left[J_{z}, J_{ \pm}\right]= \pm \hbar J_{ \pm} \tag{7.10}
\end{equation*}
$$

(ladder-operator commutator)
We can also readily compute the commutator of the two ladder operators as

$$
\begin{equation*}
\left[J_{+}, J_{-}\right]=-2 i\left[J_{x}, J_{y}\right]=2 \hbar J_{z} \tag{7.11}
\end{equation*}
$$

Now, to put the ladder operators to use, we can consider the action of $J_{ \pm}$on an eigenstate state $|j m\rangle$. In particular, notice that since the $J_{\alpha}$ commute with $J^{2}$, they transform $|j m\rangle$ to a state $J_{\alpha}|j m\rangle$ such that

$$
\begin{equation*}
J^{2}\left(J_{\alpha}|j m\rangle\right)=J_{\alpha} J^{2}|j m\rangle=\lambda_{j}\left(J_{\alpha}|j m\rangle\right) \tag{7.12}
\end{equation*}
$$

Thus, $J_{\alpha}|j m\rangle$ is an eigenstate of $J^{2}$ with the same eigenvalue as $|j m\rangle$, implying that $j$ is unchanged. The same conclusion of course holds for $J_{ \pm}$, and thus, since we will be considering the action of $J_{x, y, z, \pm}$ on the states $|j, m\rangle$ for the rest of this section, we can regard $j$ as a fixed quantity.

We can then use the commutator (7.10) on $|j m\rangle$ to write

$$
\begin{equation*}
J_{z} J_{ \pm}|j m\rangle=J_{ \pm} J_{z}|j m\rangle \pm \hbar J_{ \pm}|j m\rangle=\left(\lambda_{m} \pm \hbar\right) J_{ \pm}|j m\rangle \tag{7.13}
\end{equation*}
$$

This shows that $J_{ \pm}|j m\rangle$ is an eigenstate of $J_{z}$ with eigenvalue $\lambda_{m} \pm \hbar$. Now we see the reason for the name "ladder operators," since $J_{+}$acts to raise $\lambda_{m}$ by $\hbar$, and $J_{-}$lowers it by the same amount. Now since $m$ is an arbitrary label for the states, we may define it such that $\lambda_{m}=m \hbar$. That is, $m$ represents the projection of angular momentum along the $z$-axis in multiples of $\hbar$. Then we may write

$$
\begin{equation*}
J_{z}|j m\rangle=m \hbar|j m\rangle \tag{7.14}
\end{equation*}
$$

for the $J_{z}$ eigenvalue equation, and for the ladder operators we have thus shown that

$$
\begin{equation*}
J_{ \pm}|j m\rangle \propto|j m \pm 1\rangle \tag{7.15}
\end{equation*}
$$

To establish the proper normalization, we note that

$$
\begin{equation*}
J_{\mp} J_{ \pm}=J_{x}^{2}+J_{y}^{2} \pm i\left[J_{x}, J_{y}\right]=J^{2}-J_{z}^{2} \mp \hbar J_{z}=J^{2}-J_{z}\left(J_{z} \pm \hbar\right) \tag{7.16}
\end{equation*}
$$

and thus the norm of the raised/lowered state is

$$
\begin{equation*}
\langle j m| J_{\mp} J_{ \pm}|j m\rangle=\langle j m|\left[J^{2}-J_{z}\left(J_{z} \pm \hbar\right)\right]|j m\rangle=\lambda_{j}-m(m \pm 1) \hbar^{2} \tag{7.17}
\end{equation*}
$$

Note that the right-hand side becomes negative for sufficiently large $m$, assuming $\lambda_{j}$ to be fixed. However, since $\langle j m| J_{\mp} J_{ \pm}|j m\rangle \geq 0$, we can conclude that there is a maximum value of $m$, say $m_{\max }$, such that

$$
\begin{equation*}
J_{+}\left|j m_{\max }\right\rangle=0 \tag{7.18}
\end{equation*}
$$

Then applying Eq. (7.16) to $\left|j m_{\max }\right\rangle$,

$$
\begin{equation*}
J_{-} J_{+}\left|j m_{\max }\right\rangle=\left[J^{2}-J_{z}\left(J_{z}+\hbar\right)\right]\left|j m_{\max }\right\rangle \tag{7.19}
\end{equation*}
$$

The left-hand side vanishes, so

$$
\begin{equation*}
J^{2}\left|j m_{\max }\right\rangle=J_{z}\left(J_{z}+\hbar\right)\left|j m_{\max }\right\rangle=m_{\max }\left(m_{\max }+1\right) \hbar^{2}\left|j m_{\max }\right\rangle \tag{7.20}
\end{equation*}
$$

Since $j$ is likewise an arbitrary label for the eigenvalue $\lambda_{j}=m_{\max }\left(m_{\max }+1\right) \hbar^{2}$, we may thus define $j:=m_{\max }$, with $j \geq 0$, so that

$$
J^{2}|j m\rangle=j(j+1) \hbar^{2}|j m\rangle
$$

( $J^{2}$ eigenvalue equation)
Repeating this argument, Eq. (7.17) implies a smallest (negative) value of $m$, say $m_{\text {min }}$, so that

$$
\begin{equation*}
J_{-}\left|j m_{\min }\right\rangle=0 \tag{7.22}
\end{equation*}
$$

Again applying Eq. (7.16) to $\left|j m_{\min }\right\rangle$,

$$
\begin{equation*}
J_{+} J_{-}\left|j m_{\min }\right\rangle=\left[J^{2}-J_{z}\left(J_{z}+\hbar\right)\right]\left|j m_{\min }\right\rangle \tag{7.23}
\end{equation*}
$$

and since the left-hand side vanishes,

$$
\begin{equation*}
J^{2}\left|j m_{\min }\right\rangle=J_{z}\left(J_{z} \pm \hbar\right)\left|j m_{\min }\right\rangle=m_{\min }\left(m_{\min }-1\right) \hbar^{2}\left|j m_{\min }\right\rangle \tag{7.24}
\end{equation*}
$$

Thus,

$$
\begin{equation*}
j(j+1)=m_{\min }\left(m_{\min }-1\right) \tag{7.25}
\end{equation*}
$$

which is satisfied by $m_{\min }=-j$ (the alternate solution, $m_{\min }=j+1$, violates the definition $j=m_{\max }$ ). Thus, $m$ is constrained to be within a bounded range,

$$
\begin{equation*}
-j \leq m \leq j \tag{7.26}
\end{equation*}
$$

(range constraint of $m$ )
Recall that this followed from Eq. (7.17), to avoid a contradiction with the requirement $\langle j m| J_{\mp} J_{ \pm}|j m\rangle \geq 0$. In particular, if we start with the state $|j-j\rangle$ and repeatedly apply $J_{+}$, we should eventually end up with (something proportional to) the $|j+j\rangle$ state. How do we know this? Referring again to Eq. (7.17), which we may rewrite now as

$$
\begin{equation*}
\langle j m| J_{\mp} J_{ \pm}|j m\rangle=[j(j+1)-m(m \pm 1)] \hbar^{2} \tag{7.27}
\end{equation*}
$$

we see that the only state that vanishes when hit by $J_{+}$is $|j+j\rangle$. Thus, the only way to avoid a contradiction (negative state norm) is for $J_{+}^{n}|j-j\rangle \propto|j+j\rangle$ for some integer $n$. Further, we may conclude that every state $|j m\rangle$ may be written as $J_{+}^{n}|j-j\rangle$ (up to a scalar factor) for some integer $n$; otherwise we would have
a state that, when raised arbitrarily many times by $J_{+}$, would not vanish. Thus, we may conclude that $m$ takes on discrete, integer-separated values, according to

$$
\begin{equation*}
m \in\{-j,-j+1, \ldots, j-1, j\} \quad(2 j+1 \text { possible values }) \tag{7.28}
\end{equation*}
$$

(range constraint of $m$ )
which means that there are $2 j+1$ possible values for $m$ (i.e., because $m+j$ ranges from 0 to $2 j$ ). Furthermore, $2 j+1$ must be an integer, because $2 j$ is the number of times $J_{+}$must be applied to $|j-j\rangle$ to obtain $|j j\rangle$. This implies that

$$
\begin{equation*}
j \in \mathbb{Z} \quad \text { or } \quad j+\frac{1}{2} \in \mathbb{Z} \tag{7.29}
\end{equation*}
$$

(integer/half-integer constraint)
That is, $j$ is either an integer or a half-integer. As we will discuss later, only integer $j$ can correspond to coordinate-space angular momenta; half-integer $j$ are restricted to representing intrinsic particle spin angular momenta (which can also have integer $j$ ).

Finally, just to tidy up loose ends, we can use Eq. (7.27) to write down

$$
\begin{align*}
J_{ \pm}|j m\rangle & =\hbar \sqrt{j(j+1)-m(m \pm 1)}|j m \pm 1\rangle  \tag{7.30}\\
& =\hbar \sqrt{(j \pm m+1)(j \mp m)}|j m \pm 1\rangle
\end{align*}
$$

(ladder operator effects)
as the properly normalized action of the ladder operators on the angular-momentum eigenstates.

### 7.1.3 Addition of Two Angular Momenta: Clebsch-Gordan Coefficients

### 7.1.3.1 Basis States

Suppose we have two angular momenta $\mathbf{J}_{1}$ and $\mathbf{J}_{2}$, and we want to consider their $\operatorname{sum} \mathbf{J}=\mathbf{J}_{1}+\mathbf{J}_{2}$. We assume these angular momenta to correspond to independent degrees of freedom, and thus they commute:

$$
\begin{equation*}
\left[J_{1 \alpha}, J_{2 \beta}\right]=0 \quad \forall_{\alpha, \beta} \tag{7.31}
\end{equation*}
$$

Treating the two angular momenta as separate entities, we can construct simultaneous eigenstates of $J_{1}^{2}$, $J_{2}^{2}, J_{1 z}$, and $J_{2 z}$, since everybody here commutes. We will denote these eigenstates by $\left|j_{1} m_{1} ; j_{2} m_{2}\right\rangle \equiv$ $\left|j_{1} m_{1}\right\rangle\left|j_{2} m_{2}\right\rangle$, so that

$$
\begin{align*}
J_{1}^{2}\left|j_{1} m_{1} ; j_{2} m_{2}\right\rangle & =j_{1}\left(j_{1}+1\right) \hbar^{2}\left|j_{1} m_{1} ; j_{2} m_{2}\right\rangle \\
J_{2}^{2}\left|j_{1} m_{1} ; j_{2} m_{2}\right\rangle & =j_{2}\left(j_{2}+1\right) \hbar^{2}\left|j_{1} m_{1} ; j_{2} m_{2}\right\rangle \\
J_{1 z}\left|j_{1} m_{1} ; j_{2} m_{2}\right\rangle & =m_{1} \hbar\left|j_{1} m_{1} ; j_{2} m_{2}\right\rangle  \tag{7.32}\\
J_{2 z}\left|j_{1} m_{1} ; j_{2} m_{2}\right\rangle & =m_{2} \hbar\left|j_{1} m_{1} ; j_{2} m_{2}\right\rangle .
\end{align*}
$$

Now note that the total angular momentum $\mathbf{J}$ has the characteristics of an angular momentum operator, since

$$
\begin{equation*}
\left[J_{\alpha}, J_{\beta}\right]=\left[J_{1 \alpha}+J_{2 \alpha}, J_{1 \beta}+J_{2 \beta}\right]=\left[J_{1 \alpha}, J_{1 \beta}\right]+\left[J_{2 \alpha}, J_{2 \beta}\right]=i \hbar \epsilon_{\alpha \beta \gamma} J_{1 \gamma}+i \hbar \epsilon_{\alpha \beta \gamma} J_{2 \gamma}=i \hbar \epsilon_{\alpha \beta \gamma} J_{\gamma} \tag{7.33}
\end{equation*}
$$

Thus, we may have simultaneous eigenstates of $J^{2}$ and $J_{z}$. Also, it is easy to see that $J_{1}^{2}$ and $J_{2}^{2}$ both commute with $J^{2}$ and $J_{z}$ (but $J_{1 z}$ and $J_{2 z}$ don't commute with $J^{2}$ ), so that we can represent our states in terms of simultaneous eigenstates of $J_{1}^{2}, J_{2}^{2}, J^{2}$, and $J_{z}$, which we will label by $\left|j_{1}, j_{2} ; j m\right\rangle$, so that

$$
\begin{align*}
J_{1}^{2}\left|j_{1}, j_{2} ; j m\right\rangle & =j_{1}\left(j_{1}+1\right) \hbar^{2}\left|j_{1}, j_{2} ; j m\right\rangle \\
J_{2}^{2}\left|j_{1}, j_{2} ; j m\right\rangle & =j_{2}\left(j_{2}+1\right) \hbar^{2}\left|j_{1}, j_{2} ; j m\right\rangle  \tag{7.34}\\
J^{2}\left|j_{1}, j_{2} ; j m\right\rangle & =j(j+1) \hbar^{2}\left|j_{1}, j_{2} ; j m\right\rangle \\
J_{z}\left|j_{1}, j_{2} ; j m\right\rangle & =m \hbar\left|j_{1}, j_{2} ; j m\right\rangle .
\end{align*}
$$

Sometimes, the state $\left|j_{1}, j_{2} ; j m\right\rangle$ is written more succinctly as $|j, m\rangle$ if $j_{1}$ and $j_{2}$ are clear from the context.

### 7.1.3.2 Transformation between Bases and Clebsch-Gordan Coefficients

Now we have two distinct bases by which to represent a general state. The basic problem of angularmomentum addition is thus to express any basis state in terms of a superposition of states from the other basis. This is easy to do by using the representations of the identity in each basis:

$$
\begin{align*}
\left|j_{1}, j_{2} ; j m\right\rangle & =\sum_{j_{1}^{\prime} j_{2}^{\prime} m_{1} m_{2}}\left|j_{1}^{\prime} m_{1} ; j_{2}^{\prime} m_{2}\right\rangle\left\langle j_{1}^{\prime} m_{1} ; j_{2}^{\prime} m_{2} \mid j_{1}, j_{2} ; j m\right\rangle  \tag{7.35}\\
\left|j_{1} m_{1} ; j_{2} m_{2}\right\rangle & =\sum_{j_{1}^{\prime} j_{2}^{\prime} j m}\left|j_{1}^{\prime}, j_{2}^{\prime} ; j m\right\rangle\left\langle j_{1}^{\prime}, j_{2}^{\prime} ; j m \mid j_{1} m_{1} ; j_{2} m_{2}\right\rangle
\end{align*}
$$

The inner products on the right-hand sides of the above equations are Clebsch-Gordan coefficients. Note that $J_{1}^{2}$ and $J_{2}^{2}$ are Hermitian, and thus

$$
\begin{align*}
\left\langle j_{1}^{\prime}, j_{2}^{\prime} ; j m\right| J_{1}^{2}\left|j_{1} m_{1} ; j_{2} m_{2}\right\rangle & =j_{1}^{\prime}\left(j_{1}^{\prime}+1\right) \hbar^{2}\left\langle j_{1}^{\prime}, j_{2}^{\prime} ; j m \mid j_{1} m_{1} ; j_{2} m_{2}\right\rangle  \tag{7.36}\\
& =j_{1}\left(j_{1}+1\right) \hbar^{2}\left\langle j_{1}^{\prime}, j_{2}^{\prime} ; j m \mid j_{1} m_{1} ; j_{2} m_{2}\right\rangle
\end{align*}
$$

so that the Clebsch-Gordan coefficient vanishes unless $j_{1}=j_{1}^{\prime}$ (and similarly $j_{2}=j_{2}^{\prime}$ ). Additionally, $J_{z}=J_{1 z}+J_{2 z}$, so

$$
\begin{align*}
\left\langle j_{1}, j_{2} ; j m\right| J_{z}\left|j_{1} m_{1} ; j_{2} m_{2}\right\rangle & =\left(m_{1}+m_{2}\right) \hbar\left\langle j_{1}, j_{2} ; j m \mid j_{1} m_{1} ; j_{2} m_{2}\right\rangle  \tag{7.37}\\
& =m \hbar\left\langle j_{1}, j_{2} ; j m \mid j_{1} m_{1} ; j_{2} m_{2}\right\rangle
\end{align*}
$$

and thus we must have

$$
\begin{equation*}
m=m_{1}+m_{2} \tag{7.38}
\end{equation*}
$$

(angular-momentum conservation)
for the Clebsch-Gordan coefficient to be nonvanishing. Thus, we may rewrite the transformation relations (7.35) as

$$
\begin{gather*}
\left|j_{1}, j_{2} ; j m\right\rangle=\sum_{\substack{m_{1} m_{2} \\
\left(m_{1}+m_{2}=m\right)}}\left|j_{1} m_{1} ; j_{2} m_{2}\right\rangle\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j_{1}, j_{2} ; j m\right\rangle  \tag{7.39}\\
\left|j_{1} m_{1} ; j_{2} m_{2}\right\rangle=\sum_{\substack{j m \\
\left(m_{1}+m_{2}=m\right)}}\left|j_{1}, j_{2} ; j m\right\rangle\left\langle j_{1}, j_{2} ; j m \mid j_{1} m_{1} ; j_{2} m_{2}\right\rangle
\end{gather*}
$$

or omitting the redundant labels,

$$
\begin{align*}
|j m\rangle= & \sum_{\substack{m_{1} m_{2} \\
\left(m_{1}+m_{2}=m\right)}}\left|j_{1} m_{1} ; j_{2} m_{2}\right\rangle\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j m\right\rangle  \tag{7.40}\\
\left|j_{1} m_{1} ; j_{2} m_{2}\right\rangle= & \sum_{\substack{j m \\
\left(m_{1}+m_{2}=m\right)}}|j m\rangle\left\langle j m \mid j_{1} m_{1} ; j_{2} m_{2}\right\rangle
\end{align*}
$$

(transformation rules)

The other important constraint is

$$
\begin{equation*}
\left|j_{1}-j_{2}\right| \leq j \leq j_{1}+j_{2} \tag{7.41}
\end{equation*}
$$

(triangular condition)
(recall that $j_{1}, j_{2} \geq 0$ ). To see this, first note that since $m=m_{1}+m_{2}$, and the maximum value of $m$ is the maximum value of $j$, but is also given by $j_{1}+j_{2}$. Thus, $j_{\max }=j_{1}+j_{2}$. To find the minimum value of $j$, note that in the $\left|j_{1} m_{1} ; j_{2} m_{2}\right\rangle$ basis, there are $2 j_{1}+1$ states associated with the the $\left|j_{1} m_{1}\right\rangle$ space and $2 j_{2}+1$ states associated with the the $\left|j_{2} m_{2}\right\rangle$ space, and thus the composite space is spanned by $\left(2 j_{1}+1\right)\left(2 j_{2}+1\right)$
states. In the other basis, we get the correct number of states if $j_{\text {min }}=\left|j_{1}-j_{2}\right|$. That is, $j_{\text {min }}$ is the solution to

$$
\begin{equation*}
\sum_{j=j_{\min }}^{j_{1}+j_{2}}(2 j+1)=\left(2 j_{1}+1\right)\left(2 j_{2}+1\right) \tag{7.42}
\end{equation*}
$$

which we can see because, assuming without loss of generality that $j_{1} \geq j_{2}$,

$$
\begin{equation*}
\sum_{j=j_{1}-j_{2}}^{j_{1}+j_{2}}(2 j+1)=\sum_{j=-j_{2}}^{j_{2}}\left(2 j_{1}+1\right)+\sum_{j=-j_{2}}^{j_{2}}(2 j+1)=\left(2 j_{1}+1\right)\left(2 j_{2}+1\right) \tag{7.43}
\end{equation*}
$$

The cases $j=\left|j_{1}-j_{2}\right|$ and $j=j_{1}+j_{2}$ clearly correspond to antialigned and aligned constituent momentum vectors, respectively.

The Clebsch-Gordan coefficients obey orthogonality relations as follows. From the second transformation rule in Eqs. (7.40),

$$
\begin{equation*}
\left\langle j_{1} m_{1}^{\prime} ; j_{2} m_{2}^{\prime} \mid j_{1} m_{1} ; j_{2} m_{2}\right\rangle=\sum_{j m}\left\langle j_{1} m_{1}^{\prime} ; j_{2} m_{2}^{\prime} \mid j m\right\rangle\left\langle j m \mid j_{1} m_{1} ; j_{2} m_{2}\right\rangle \tag{7.44}
\end{equation*}
$$

The left-hand side is zero unless $m_{1}^{\prime}=m_{1}$ and $m_{2}^{\prime}=m_{2}$, so

$$
\begin{equation*}
\sum_{j m}\left\langle j_{1} m_{1}^{\prime} ; j_{2} m_{2}^{\prime} \mid j m\right\rangle\left\langle j m \mid j_{1} m_{1} ; j_{2} m_{2}\right\rangle=\delta_{m_{1} m_{1}^{\prime}} \delta_{m_{2} m_{2}^{\prime}} \tag{7.45}
\end{equation*}
$$

(Clebsch-Gordan orthogonality relation)
Similarly, the other transformation rule leads to

$$
\begin{equation*}
\sum_{m_{1} m_{2}}\left\langle j m \mid j_{1} m_{1} ; j_{2} m_{2}\right\rangle\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j^{\prime} m^{\prime}\right\rangle=\delta_{j j^{\prime}} \delta_{m m^{\prime}} \tag{7.46}
\end{equation*}
$$

(Clebsch-Gordan orthogonality relation)
which are reasonably obvious applications of different representations of the identity operator.

### 7.1.3.3 Calculation of Clebsch-Gordan Coefficients

To determine the Clebsch-Gordan coefficients, we make use of the raising and lowering operators

$$
\begin{align*}
J_{1 \pm} & =J_{1 x} \pm i J_{1 y} \\
J_{2 \pm} & =J_{2 x} \pm i J_{2 y}  \tag{7.47}\\
J_{ \pm} & :=J_{1 \pm}+J_{2 \pm} .
\end{align*}
$$

Then by writing out $\left\langle j_{1} m_{1} ; j_{2} m_{2}\right| J_{ \pm}|j m\rangle=\left\langle j_{1} m_{1} ; j_{2} m_{2}\right|\left(J_{1 \pm}+J_{2 \pm}\right)|j m\rangle$, we find

$$
\begin{aligned}
\sqrt{j(j+1)-m(m \pm 1)}\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j m \pm 1\right\rangle= & \sqrt{j_{1}\left(j_{1}+1\right)-m_{1}\left(m_{1} \mp 1\right)}\left\langle j_{1} m_{1} \mp 1 ; j_{2} m_{2} \mid j m\right\rangle \\
& +\sqrt{j_{2}\left(j_{2}+1\right)-m_{2}\left(m_{2} \mp 1\right)}\left\langle j_{1} m_{1} ; j_{2} m_{2} \mp 1 \mid j m\right\rangle
\end{aligned}
$$

(Clebsch-Gordan recursion relation) (7.48)
This recursion relation, in addition to some initial conditions, is sufficient to compute the coefficients. The basic idea is as follows: Setting $m=j$ and taking the upper sign option in Eq. (7.48) gives

$$
\begin{align*}
& \sqrt{j_{1}\left(j_{1}+1\right)-m_{1}\left(m_{1}-1\right)}\left\langle j_{1} m_{1}-1 ; j_{2} m_{2} \mid j j\right\rangle  \tag{7.49}\\
& +\sqrt{j_{2}\left(j_{2}+1\right)-m_{2}\left(m_{2}-1\right)}\left\langle j_{1} m_{1} ; j_{2} m_{2}-1 \mid j j\right\rangle=0
\end{align*}
$$

which together with the special cases of Eq. (7.46)

$$
\begin{equation*}
\sum_{\substack{m_{1} m_{2} \\\left(m_{1}+m_{2}=j\right)}}\left|\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j j\right\rangle\right|^{2}=1 \tag{7.50}
\end{equation*}
$$

that pin down the normalization, all coefficients of the form $\left\langle j_{1} m_{1}-1 ; j_{2} m_{2} \mid j j\right\rangle$ can be determined up to an arbitrary phase. It is conventional to take the coefficients $\left\langle j_{1} j_{1} ; j_{2} j-j_{1} \mid j j\right\rangle$ to be real and positive. ${ }^{1}$ The recursion relation (7.49) can then generate all the rest of the Clebsch-Gordon coefficients from these "basis cases," and an important consequence of the recursion relation (which only involves real recursion coefficients) and the phase convention is that by convention all Clebsch-Gordon coefficients are real (though not necessarily positive).

### 7.1.3.4 Explicit Formula

The above recursion procedure is fairly cumbersome, although sometimes useful. In a numerical calculation, it is convenient to have explicit formulae to implement any of the coupling coefficients. Fortunately, the Clebsch-Gordan coefficient may be computed according to the rather complicated formula ${ }^{2}$

$$
\begin{align*}
\left\langle j_{1},\right. & m_{1} ; j_{2}, m_{2}\left|j_{3}, m_{3}\right\rangle \\
= & \delta_{\left(m_{1}+m_{2}\right), m_{3}} \sqrt{\frac{\left(j_{1}+j_{2}-j_{3}\right)!\left(j_{1}+j_{3}-j_{2}\right)!\left(j_{2}+j_{3}-j_{1}\right)!}{\left(j_{1}+j_{2}+j_{3}+1\right)!}} \\
& \times \sqrt{\left(2 j_{3}+1\right)\left(j_{1}+m_{1}\right)!\left(j_{1}-m_{1}\right)!\left(j_{2}+m_{2}\right)!\left(j_{2}-m_{2}\right)!\left(j_{3}+m_{3}\right)!\left(j_{3}-m_{3}\right)!} \\
& \times \sum_{n=n_{\min }} \frac{(-1)^{n}}{\left(j_{1}-m_{1}-n\right)!\left(j_{3}-j_{2}+m_{1}+n\right)!\left(j_{2}+m_{2}-n\right)!\left(j_{3}-j_{1}-m_{2}+n\right)!n!\left(j_{1}+j_{2}-j_{3}-n\right)!} \tag{7.51}
\end{align*}
$$

(Clebsch-Gordan coefficient: explicit formula)
where the summation limits

$$
\begin{align*}
n_{\min } & =\max \left\{j_{2}-j_{3}-m_{1}, j_{1}+m_{2}-j_{3}, 0\right\}  \tag{7.52}\\
n_{\max } & =\min \left\{j_{1}-m_{1}, j_{2}+m_{2}, j_{1}+j_{2}-j_{3}\right\}
\end{align*}
$$

are chosen such that no factorial arguments are negative. For a nonzero result, we reiterate that we must have $m_{1}+m_{2}=m_{3},\left|j_{1}-j_{2}\right| \leq j_{3} \leq\left|j_{1}+j_{2}\right|, j_{\alpha} \geq 0$, and $\left|m_{\alpha}\right| \leq j_{\alpha}$.

### 7.1.3.5 Symmetry Relations and Wigner 3-j Symbols

Now that we can compute the Clebsch-Gordan coefficients, we can ask, what are the shortcuts to relating them if we just want to permute some symbols? For example, recall that the coupling of two angular momenta according to

$$
\begin{equation*}
\mathbf{J}_{1}+\mathbf{J}_{2}=\mathbf{J}_{3} \tag{7.53}
\end{equation*}
$$

is represented by the coefficient $\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j_{3} m_{3}\right\rangle$. However, $\mathbf{J}_{1}$ and $\mathbf{J}_{2}$ are on equal footing in being added together to form $\mathbf{J}_{3}$, and so we should be able to switch them without a problem, at least up to an overall phase. It turns out that according to the sign convention we have chosen,

$$
\begin{equation*}
\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j_{3} m_{3}\right\rangle=(-1)^{j_{1}+j_{2}-j_{3}}\left\langle j_{2} m_{2} ; j_{1} m_{1} \mid j_{3} m_{3}\right\rangle \tag{7.54}
\end{equation*}
$$

(symmetry relation)
We can see this by redefining the index $n$ in the explicit formula (7.51) according to $n \longrightarrow\left(j_{1}+j_{2}-j_{3}\right)-n$, with the limits redefined appropriately to avoid any negative factorials, together with the simultaneous exchanges $j_{1} \longleftrightarrow j_{2}$ and $m_{1} \longleftrightarrow m_{2}$. This transformation leaves the sum invariant, except for the sign $(-1)^{j_{1}+j_{2}-j_{3}}$ (the same exchanges leave the prefactor of the sum invariant as well).

We can go even farther than this. The addition (7.53) is clearly equivalent to the addition

$$
\begin{equation*}
\mathbf{J}_{3}-\mathbf{J}_{1}=\mathbf{J}_{2} \tag{7.55}
\end{equation*}
$$

and thus we expect

$$
\begin{equation*}
\left\langle j_{1}-m_{1} ; j_{3} m_{3} \mid j_{2} m_{2}\right\rangle \propto\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j_{3} m_{3}\right\rangle \tag{7.56}
\end{equation*}
$$

[^106]In fact, we can see that this is the case by noting that the recursion relation (7.48)

$$
\begin{align*}
& \sqrt{j_{3}\left(j_{3}+1\right)-m_{3}\left(m_{3} \pm 1\right)}\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j_{3} m_{3} \pm 1\right\rangle \\
& =\sqrt{j_{1}\left(j_{1}+1\right)-m_{1}\left(m_{1} \mp 1\right)}\left\langle j_{1} m_{1} \mp 1 ; j_{2} m_{2} \mid j_{3} m_{3}\right\rangle  \tag{7.57}\\
& \quad+\sqrt{j_{2}\left(j_{2}+1\right)-m_{2}\left(m_{2} \mp 1\right)}\left\langle j_{1} m_{1} ; j_{2} m_{2} \mp 1 \mid j_{3} m_{3}\right\rangle
\end{align*}
$$

upon the substitutions $\left|j_{3} m_{3}\right\rangle \longrightarrow\left|j_{2} m_{2}\right\rangle,\left|j_{2} m_{2}\right\rangle \longrightarrow\left|j_{1}-m_{1}\right\rangle,\left|j_{1} m_{1}\right\rangle \longrightarrow\left|j_{3} m_{3}\right\rangle$, and $\pm \longleftrightarrow \mp$, and multiplying through by $(-1)^{-m_{1}}$, becomes

$$
\begin{align*}
& (-1)^{-m_{1}} \sqrt{j_{3}\left(j_{3}+1\right)-m_{3}\left(m_{3} \pm 1\right)}\left\langle j_{3} m_{3} \pm 1 ; j_{1}-m_{1} \mid j_{2} m_{2}\right\rangle \\
& =(-1)^{-\left(m_{1} \mp 1\right)} \sqrt{j_{1}\left(j_{1}+1\right)-\left(-m_{1}\right)\left[-\left(m_{1} \mp 1\right)\right]}\left\langle j_{3} m_{3} ; j_{1}-\left(m_{1} \mp 1\right) \mid j_{2} m_{2}\right\rangle  \tag{7.58}\\
& \quad+(-1)^{-m_{1}} \sqrt{j_{2}\left(j_{2}+1\right)-m_{2}\left(m_{2} \mp 1\right)}\left\langle j_{3} m_{3} ; j_{1}-m_{1} \mid j_{2} m_{2} \mp 1\right\rangle .
\end{align*}
$$

This recursion relation has the same form as the original, and indicates that $(-1)^{-m_{1}}\left\langle j_{3} m_{3} ; j_{1}-m_{1} \mid j_{2} m_{2}\right\rangle$ obeys the same recursion relation as $\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j_{3} m_{3}\right\rangle$. Since the recursion relation determines the $m$-dependence of the Clebsch-Gordan coefficients, we conclude that these two coefficients are proportional,

$$
\begin{equation*}
\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j_{3} m_{3}\right\rangle \propto(-1)^{-m_{1}}\left\langle j_{3} m_{3} ; j_{1}-m_{1} \mid j_{2} m_{2}\right\rangle \tag{7.59}
\end{equation*}
$$

with the remaining proportionality constant to be determined depends only on the $j$ 's. To get the $j$-dependent amplitude, note that from Eq. (7.46) we may write

$$
\begin{gather*}
\sum_{m_{1} m_{2}}\left|\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j_{3} m_{3}\right\rangle\right|^{2}=1  \tag{7.60}\\
\sum_{m_{1} m_{3}}\left|\left\langle j_{3} m_{3} ; j_{1}-m_{1} \mid j_{2} m_{2}\right\rangle\right|^{2}=1
\end{gather*}
$$

but since $m_{1}+m_{2}=m_{3}$ holds in either case, the sums simplify to

$$
\begin{gather*}
\sum_{m_{2}}\left|\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j_{3} m_{3}\right\rangle\right|^{2}=1  \tag{7.61}\\
\sum_{m_{3}}\left|\left\langle j_{3} m_{3} ; j_{1}-m_{1} \mid j_{2} m_{2}\right\rangle\right|^{2}=1
\end{gather*}
$$

Noting that the coefficients are equivalent in each case and that we have already taken care of the $m$ dependence, we count $2 j_{2}+1$ terms in the first sum and $2 j_{3}+1$ in the second. Thus, for the sums to be equivalent, we require

$$
\begin{equation*}
\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j_{3} m_{3}\right\rangle \propto(-1)^{-m_{1}} \sqrt{\frac{2 j_{3}+1}{2 j_{2}+1}}\left\langle j_{3} m_{3} ; j_{1}-m_{1} \mid j_{2} m_{2}\right\rangle \tag{7.62}
\end{equation*}
$$

where the remaining proportionality constant is a $j$-dependent phase. This we establish by noting the convention we already mentioned that $\left\langle j_{1} j_{1} ; j_{2}\left(j_{3}-j_{1}\right) \mid j_{3} j_{3}\right\rangle$ is always positive. In this case, we need a factor of $(-1)^{j_{1}}$ to cancel the factor of $(-1)^{-m_{1}}$ for this case, and so we can finally write the symmetry relation

$$
\begin{equation*}
\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j_{3} m_{3}\right\rangle=(-1)^{j_{1}-m_{1}} \sqrt{\frac{2 j_{3}+1}{2 j_{2}+1}}\left\langle j_{3} m_{3} ; j_{1}-m_{1} \mid j_{2} m_{2}\right\rangle \tag{7.63}
\end{equation*}
$$

(Clebsch-Gordan symmetry rule)

We can then take $\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j_{3} m_{3}\right\rangle$, apply Eq. (7.54), apply Eq. (7.63), and apply Eq. (7.54) again to find

$$
\begin{align*}
\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j_{3} m_{3}\right\rangle & =(-1)^{j_{1}+j_{2}-j_{3}}\left\langle j_{2} m_{2} ; j_{1} m_{1} \mid j_{3} m_{3}\right\rangle \\
& =(-1)^{j_{1}+j_{2}-j_{3}}(-1)^{j_{2}-m_{2}} \sqrt{\frac{2 j_{3}+1}{2 j_{1}+1}}\left\langle j_{3} m_{3} ; j_{2}-m_{2} \mid j_{1} m_{1}\right\rangle \\
& =(-1)^{j_{1}+j_{2}-j_{3}}(-1)^{j_{2}-m_{2}}(-1)^{j_{3}+j_{2}-j_{1}} \sqrt{\frac{2 j_{3}+1}{2 j_{1}+1}}\left\langle j_{2}-m_{2} ; j_{3} m_{3} \mid j_{1} m_{1}\right\rangle  \tag{7.64}\\
& =(-1)^{j_{2}+m_{2}}(-1)^{2\left(j_{2}-m_{2}\right)} \sqrt{\frac{2 j_{3}+1}{2 j_{1}+1}}\left\langle j_{2}-m_{2} ; j_{3} m_{3} \mid j_{1} m_{1}\right\rangle,
\end{align*}
$$

and noting that $j_{2}-m_{2}$ is always an integer, so $(-1)^{2\left(j_{2}-m_{2}\right)}=1$, we find the alternate symmetry relation

$$
\begin{equation*}
\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j_{3} m_{3}\right\rangle=(-1)^{j_{2}+m_{2}} \sqrt{\frac{2 j_{3}+1}{2 j_{1}+1}}\left\langle j_{2}-m_{2} ; j_{3} m_{3} \mid j_{1} m_{1}\right\rangle \tag{7.65}
\end{equation*}
$$

(Clebsch-Gordan symmetry rule)
Noting that this rule amounts to a cyclic permutation of the angular momenta while flipping the orientation of one, we can apply this rule three times to find

$$
\begin{align*}
\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j_{3} m_{3}\right\rangle & =(-1)^{j_{2}+m_{2}} \sqrt{\frac{2 j_{3}+1}{2 j_{1}+1}}\left\langle j_{2}-m_{2} ; j_{3} m_{3} \mid j_{1} m_{1}\right\rangle \\
& =(-1)^{j_{2}+j_{3}+m_{2}+m_{3}} \sqrt{\frac{2 j_{3}+1}{2 j_{2}+1}}\left\langle j_{3}-m_{3} ; j_{1} m_{1} \mid j_{2}-m_{2}\right\rangle  \tag{7.66}\\
& =(-1)^{j_{1}+j_{2}+j_{3}+m_{1}+m_{2}+m_{3}}\left\langle j_{1}-m_{1} ; j_{2}-m_{2} \mid j_{3}-m_{3}\right\rangle
\end{align*}
$$

Noting that $j_{3}-m_{3}$ and $m_{1}+m_{2}-j_{3}$ are both integers, we can rewrite this as the final symmetry rule

$$
\begin{equation*}
\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j_{3} m_{3}\right\rangle=(-1)^{j_{1}+j_{2}-j_{3}}\left\langle j_{1}-m_{1} ; j_{2}-m_{2} \mid j_{3}-m_{3}\right\rangle . \tag{7.67}
\end{equation*}
$$

(Clebsch-Gordan symmetry rule)
A nice way to summarize the symmetry relations here is to define the Wigner $\mathbf{3 - j} \mathbf{j y m b o l}$ in terms of the Clebsch-Gordan coefficient as

$$
\left(\begin{array}{ccc}
j_{1} & j_{2} & j_{3}  \tag{7.68}\\
m_{1} & m_{2} & m_{3}
\end{array}\right):=\frac{(-1)^{j_{1}-j_{2}-m_{3}}}{\sqrt{2 j_{3}+1}}\left\langle j_{1}, m_{1} ; j_{2}, m_{2} \mid j_{3},-m_{3}\right\rangle
$$

(Wigner $3-j$ symbol)
Then the symmetries are as follows: The symbol on the left-hand side of Eq. (7.68) is invariant under even permutations of the columns, but odd permutations are accompanied by a factor $(-1)^{j_{1}+j_{2}+j_{3}}$. The simultaneous, triple replacement $m_{1,2,3} \longrightarrow-m_{1,2,3}$ is similarly accompanied by the same factor. Finally, the symbol is only nonvanishing if $m_{1}+m_{2}+m_{3}=0$, and if $j_{1}, j_{2}$, and $j_{3}$ obey the usual triangle condition.

### 7.1.4 Addition of Three Angular Momenta: Racah Coefficients and Wigner 6-j Symbols

Suppose now that we want to couple three angular momenta, $\mathbf{J}=\mathbf{J}_{1}+\mathbf{J}_{2}+\mathbf{J}_{3}$. We can use the formalism we have just developed for adding together two angular momenta, and simply iterate it. Unfortunately, the result of doing this turns out not to be unique: it depends on which two angular momenta are coupled first. For example, suppose we first add $\mathbf{J}_{12}=\mathbf{J}_{1}+\mathbf{J}_{2}$, using Eq. (7.40):

$$
\begin{equation*}
\left|j_{12} m_{12}\right\rangle=\sum_{\substack{m_{1} m_{2} \\\left(m_{1}+m_{2}=m_{12}\right)}}\left|j_{1} m_{1} ; j_{2} m_{2}\right\rangle\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j_{12} m_{12}\right\rangle . \tag{7.69}
\end{equation*}
$$

Now we can add $\mathbf{J}=\mathbf{J}_{12}+\mathbf{J}_{3}$ to obtain

$$
\begin{equation*}
\left|j_{12}, j_{3} ; j m\right\rangle=\sum_{\substack{m_{12} m_{3} \\\left(m_{12}+m_{3}=m\right)}}\left|j_{12} m_{12} ; j_{3} m_{3}\right\rangle\left\langle j_{12} m_{12} ; j_{3} m_{3} \mid j m\right\rangle \tag{7.70}
\end{equation*}
$$

Combining these two relations, we find the composite state in terms of the three original angular momenta as

$$
\begin{equation*}
\left|j_{12}, j_{3} ; j m\right\rangle=\sum_{\substack{m_{1} m_{2} m_{12} m_{3} \\\left(m_{1}+m_{2}=m_{12}\right) \\\left(m_{12}+m_{3}=m\right)}}\left|j_{1} m_{1} ; j_{2} m_{2} ; j_{3} m_{3}\right\rangle\left\langle j_{12} m_{12} ; j_{3} m_{3} \mid j m\right\rangle\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j_{12} m_{12}\right\rangle . \tag{7.71}
\end{equation*}
$$

On the other hand, suppose we instead first added $\mathbf{J}_{23}=\mathbf{J}_{2}+\mathbf{J}_{3}$, and then $\mathbf{J}=\mathbf{J}_{1}+\mathbf{J}_{23}$, Then we instead obtain

$$
\begin{align*}
\left|j_{1}, j_{23} ; j m\right\rangle= & \sum_{\substack{m_{1} m_{23} \\
\left(m_{1}+m_{23}=m\right)}}\left|j_{1} m_{1} ; j_{23} m_{23}\right\rangle\left\langle j_{1} m_{1} ; j_{23} m_{23} \mid j m\right\rangle \\
& =\sum_{\substack{m_{1} m_{2} m_{3} m_{23} \\
\left(m_{2}+m_{3}=m_{23}\right) \\
\left(m_{1}+m_{23}=m\right)}}\left|j_{1} m_{1} ; j_{2} m_{2} ; j_{3} m_{3}\right\rangle\left\langle j_{1} m_{1} ; j_{23} m_{23} \mid j m\right\rangle\left\langle j_{2} m_{2} ; j_{3} m_{3} \mid j_{23} m_{23}\right\rangle . \tag{7.72}
\end{align*}
$$

This expression is clearly different from Eqs. (7.70) and (7.71), but equally valid. Since we have proceeded via the established procedure of adding two angular momenta, where the composite states form a complete basis for the uncoupled states, we know that both $\left|j_{12} ; j_{3} ; j m\right\rangle$ and $\left|j_{1} ; j_{23} ; j m\right\rangle$ form alternate, complete bases for the original space spanned by $\left|j_{1} m_{1} ; j_{2} m_{2} ; j_{3} m_{3}\right\rangle$. Thus, there exists a unitary transformation between the bases, which we can write in the same way as for Clebsch-Gordan coefficients as

$$
\begin{equation*}
\left|j_{12}, j_{3} ; j m\right\rangle=\sum_{j_{23}}\left|j_{1}, j_{23} ; j m\right\rangle\left\langle j_{1}, j_{23} ; j m \mid j_{12}, j_{3} ; j m\right\rangle \tag{7.73}
\end{equation*}
$$

(No sum over $m$ is required, due to the orthogonality of the composite basis vectors in either addition scheme.) The coefficient is in fact independent of $m$. To see this, set $m=j$,

$$
\begin{equation*}
\left|j_{12}, j_{3} ; j j\right\rangle=\sum_{j_{23}}\left|j_{1}, j_{23} ; j j\right\rangle\left\langle j_{1}, j_{23} ; j j \mid j_{12}, j_{3} ; j j\right\rangle \tag{7.74}
\end{equation*}
$$

Now apply the lowering operator $J_{-}$from Eq. (7.30)

$$
\begin{equation*}
\left|j_{12}, j_{3} ; j j-1\right\rangle=\sum_{j_{23}}\left|j_{1}, j_{23} ; j j-1\right\rangle\left\langle j_{1}, j_{23} ; j j \mid j_{12}, j_{3} ; j j\right\rangle, \tag{7.75}
\end{equation*}
$$

since the normalization coefficient will be the same on either side of the equation. We can continue to apply the lowering operator to obtain the relation between states of any $m$, which are transformed with the same coefficient as for $m=j$; thus, the coefficient is $m$-independent. Finally, we may write this "recoupling equation" as

$$
\begin{align*}
\left|j_{12}, j_{3} ; j m\right\rangle & =\sum_{j_{23}}\left|j_{1}, j_{23} ; j m\right\rangle \sqrt{\left(2 j_{12}+1\right)\left(2 j_{23}+1\right)} W\left(j_{1} j_{2} j j_{3} ; j_{12} j_{23}\right) \\
& =\sum_{j_{23}}\left|j_{1}, j_{23} ; j m\right\rangle(-1)^{j_{1}+j_{2}+j_{3}+j} \sqrt{\left(2 j_{12}+1\right)\left(2 j_{23}+1\right)}\left\{\begin{array}{ccc}
j_{1} & j_{2} & j_{12} \\
j_{3} & j & j_{23}
\end{array}\right\}, \tag{7.76}
\end{align*}
$$

where the $m$-independent Racah $\boldsymbol{W}$-coefficient ${ }^{3}$ is

$$
\begin{equation*}
W\left(j_{1} j_{2} j j_{3} ; j_{12} j_{23}\right):=\frac{\left\langle j_{1}, j_{23} ; j m \mid j_{12}, j_{3} ; j m\right\rangle}{\sqrt{\left(2 j_{12}+1\right)\left(2 j_{23}+1\right)}} \tag{7.77}
\end{equation*}
$$

(Racah $W$-coefficient)
for any $m$, and the $m$-independent Wigner 6 - $\boldsymbol{j} \mathbf{s y m b o l}^{4}$ is

$$
\left\{\begin{array}{ccc}
j_{1} & j_{2} & j_{12}  \tag{7.78}\\
j_{3} & j & j_{23}
\end{array}\right\}:=\frac{(-1)^{j_{1}+j_{2}+j_{3}+j}\left\langle j_{1}, j_{23} ; j m \mid j_{12}, j_{3} ; j m\right\rangle}{\sqrt{\left(2 j_{12}+1\right)\left(2 j_{23}+1\right)}}
$$

(Wigner 6-j symbol)
Evidently, the two symbols are related by

$$
\left\{\begin{array}{ccc}
j_{1} & j_{2} & j_{3} \\
l_{1} & l_{2} & l_{3}
\end{array}\right\}=(-1)^{j_{1}+j_{2}+l_{1}+l_{2}} W\left(j_{1} j_{2} l_{2} l_{1} ; j_{3} l_{3}\right)
$$

(relation between Racah and Wigner $6-j$ symbols) (7.79)
The two symbols are equivalent up to a sign, with the Wigner $6-j$ symbol being somewhat more symmetric in terms of permutation relations, as we discuss below. Both symbols are commonly used, though we will generally stick with the $6-j$ symbol.

Note that from the definition in Eq. (7.73), the (real) inner product $\left\langle j_{1} ; j_{23} ; j m \mid j_{12} ; j_{3} ; j m\right\rangle$ is a unitary and thus orthogonal matrix, with rows and columns labeled by $j_{12}$ and $j_{23}$. In particular, this means that

$$
\sqrt{\left(2 j^{\prime}+1\right)\left(2 j^{\prime \prime}+1\right)}\left\{\begin{array}{lll}
j_{1} & j_{2} & j^{\prime}  \tag{7.80}\\
j_{3} & j_{4} & j^{\prime \prime}
\end{array}\right\}
$$

represents an orthogonal matrix with indices $j^{\prime}$ and $j^{\prime \prime}$. Then matrix multiplication with its transpose leads to the identity matrix,

$$
\sum_{j} \sqrt{(2 j+1)\left(2 j^{\prime}+1\right)}\left\{\begin{array}{lll}
j_{1} & j_{2} & j  \tag{7.81}\\
j_{3} & j_{4} & j^{\prime}
\end{array}\right\} \sqrt{(2 j+1)\left(2 j^{\prime \prime}+1\right)}\left\{\begin{array}{lll}
j_{1} & j_{2} & j \\
j_{3} & j_{4} & j^{\prime \prime}
\end{array}\right\}=\delta_{j^{\prime} j^{\prime \prime}}
$$

Since the result is nonzero only when $j^{\prime}=j^{\prime \prime}$, we may instead write

$$
\sum_{j}(2 j+1)\left(2 j^{\prime \prime}+1\right)\left\{\begin{array}{lll}
j_{1} & j_{2} & j  \tag{7.82}\\
j_{3} & j_{4} & j^{\prime}
\end{array}\right\}\left\{\begin{array}{lll}
j_{1} & j_{2} & j \\
j_{3} & j_{4} & j^{\prime \prime}
\end{array}\right\}=\delta_{j^{\prime} j^{\prime \prime}}
$$

(orthogonality relation)
as an orthogonality relation in terms of $6-j$ symbols.

### 7.1.4.1 Explicit Forms

To obtain a more useful expression for the $6-j$ symbol, we can first invert Eq. (7.72) to obtain

$$
\begin{equation*}
\left|j_{1} m_{1} ; j_{2} m_{2} ; j_{3} m_{3}\right\rangle=\sum_{j_{23} m_{23} j m}\left|j_{1} ; j_{23} ; j m\right\rangle\left\langle j_{1} m_{1} ; j_{23} m_{23} \mid j m\right\rangle\left\langle j_{2} m_{2} ; j_{3} m_{3} \mid j_{23} m_{23}\right\rangle \tag{7.83}
\end{equation*}
$$

Putting this into Eq. (7.71),

$$
\begin{align*}
\left|j_{12} ; j_{3} ; j m\right\rangle=\sum_{\substack{m_{1} m_{2} m_{3} m_{12} \\
j_{23} m_{23} j^{\prime} m^{\prime}}}\left|j_{1} ; j_{23} ; j^{\prime} m^{\prime}\right\rangle & \left\langle j_{12} m_{12} ; j_{3} m_{3} \mid j^{\prime} m^{\prime}\right\rangle\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j_{12} m_{12}\right\rangle  \tag{7.84}\\
& \times\left\langle j_{1} m_{1} ; j_{23} m_{23} \mid j^{\prime} m^{\prime}\right\rangle\left\langle j_{2} m_{2} ; j_{3} m_{3} \mid j_{23} m_{23}\right\rangle
\end{align*}
$$

[^107]and then projecting with $\left\langle j_{1} ; j_{23} ; j m\right|$, we find
\[

$$
\begin{align*}
&\left\langle j_{1} ; j_{23} ; j m \mid j_{12} ; j_{3} ; j m\right\rangle=\sum_{\substack{m_{1} m_{2} m_{3} \\
m_{12} m_{23}}}\left\langle j_{12} m_{12} ; j_{3} m_{3} \mid j m\right\rangle\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j_{12} m_{12}\right\rangle  \tag{7.85}\\
& \times\left\langle j_{1} m_{1} ; j_{23} m_{23} \mid j m\right\rangle\left\langle j_{2} m_{2} ; j_{3} m_{3} \mid j_{23} m_{23}\right\rangle .
\end{align*}
$$
\]

Thus, we have the explicit form

$$
\begin{aligned}
\left\{\begin{array}{ccc}
j_{1} & j_{2} & j_{12} \\
j_{3} & j & j_{23}
\end{array}\right\}=\frac{(-1)^{j_{1}+j_{2}+j_{3}+j}}{\sqrt{\left(2 j_{12}+1\right)\left(2 j_{23}+1\right)}} & \sum_{\substack{m_{1} m_{2} m_{2} m_{3} \\
m_{12} m_{23}}}\left\langle j_{12} m_{12} ; j_{3} m_{3} \mid j m\right\rangle\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j_{12} m_{12}\right\rangle \\
& \times\left\langle j_{1} m_{1} ; j_{23} m_{23} \mid j m\right\rangle\left\langle j_{2} m_{2} ; j_{3} m_{3} \mid j_{23} m_{23}\right\rangle
\end{aligned}
$$

(Wigner $6-j$ symbol, connection to Clebsch-Gordan coefficients) (7.86) A somewhat simpler explicit formula due to Racah ${ }^{5}$ comes from putting in the explicit formula (7.51) for the Clebsch-Gordan coefficients into the above expression, with the result

$$
\begin{align*}
\left\{\begin{array}{lll}
j_{1} & j_{2} & j_{3} \\
l_{1} & l_{2} & l_{3}
\end{array}\right\}= & \Delta\left(j_{1}, j_{2}, j_{3}\right) \Delta\left(j_{1}, l_{2}, l_{3}\right) \Delta\left(l_{1}, j_{2}, l_{3}\right) \Delta\left(l_{1}, l_{2}, j_{3}\right) \\
& \times \sum_{n=n_{\min }}^{n_{\max }} \frac{(-1)^{n}(n+1)!}{(n-J)!\left(n-k_{1}\right)!\left(n-k_{2}\right)!\left(n-k_{3}\right)!\left(m_{1}-n\right)!\left(m_{2}-n\right)!\left(m_{3}-n\right)!} \tag{7.87}
\end{align*}
$$

(Wigner $6-j$ symbol: explicit formula)
where we have used the shorthand symbols

$$
\begin{align*}
J & =j_{1}+j_{2}+j_{3} \\
k_{1} & =j_{1}+l_{2}+l_{3} \\
k_{2} & =l_{1}+j_{2}+l_{3} \\
k_{3} & =l_{1}+l_{2}+j_{3} \\
m_{1} & =j_{1}+j_{2}+l_{1}+l_{2} \\
m_{2} & =j_{2}+j_{3}+l_{2}+l_{3}  \tag{7.88}\\
m_{3} & =j_{3}+j_{1}+l_{3}+l_{1} \\
n_{\min } & =\max \left\{j, k_{1}, k_{2}, k_{3}\right\} \\
n_{\max } & =\min \left\{m_{1}, m_{2}, m_{3}\right\} \\
\Delta(a, b, c) & =\sqrt{\frac{(a+b-c)!(b+c-a)!(c+a-b)!}{(a+b+c+1)!}}
\end{align*}
$$

The 6-j symbol must satisfy the triangular constraints for four sets of ordered triples,

$$
\begin{align*}
& \left(j_{1}, j_{2}, j_{3}\right): \quad\left|j_{1}-j_{2}\right| \leq j_{3} \leq j_{1}+j_{2}, \quad\left|j_{3}-j_{1}\right| \leq j_{2} \leq j_{3}+j_{1}, \quad\left|j_{2}-j_{3}\right| \leq j_{1} \leq j_{2}+j_{3}, \\
& \left(j_{1}, l_{2}, l_{3}\right): \quad\left|j_{1}-l_{2}\right| \leq l_{3} \leq j_{1}+l_{2}, \quad\left|l_{3}-j_{1}\right| \leq l_{2} \leq l_{3}+j_{1}, \quad\left|l_{2}-l_{3}\right| \leq j_{1} \leq l_{2}+l_{3},  \tag{7.89}\\
& \left(l_{1}, j_{2}, l_{3}\right): \quad\left|l_{1}-j_{2}\right| \leq l_{3} \leq l_{1}+j_{2}, \quad\left|l_{3}-l_{1}\right| \leq j_{2} \leq l_{3}+l_{1}, \quad\left|j_{2}-l_{3}\right| \leq l_{1} \leq j_{2}+l_{3}, \\
& \left(l_{1}, l_{2}, j_{3}\right): \quad\left|l_{1}-l_{2}\right| \leq j_{3} \leq l_{1}+l_{2}, \quad\left|j_{3}-l_{1}\right| \leq l_{2} \leq j_{3}+l_{1}, \quad\left|l_{2}-j_{3}\right| \leq l_{1} \leq l_{2}+j_{3},
\end{align*}
$$

which follow from the constraint (7.41) for the Clebsch-Gordan coefficients [where we may exchange $j_{1} \longleftrightarrow$ $j_{23}$ and $j_{12} \longleftrightarrow j_{3}$ in view of the definition (7.85)], the expression (7.86) for the $6-j$ symbol, and the permutation symmetries in the following section. (The permutation symmetries lead to yet more triangle inequalities.) The $6-j$ symbols must also obviously have $j_{\alpha} \geq 0, l_{\alpha} \geq 0$ and also $2 j_{\alpha} \in \mathbb{Z}$ and $2 l_{\alpha} \in \mathbb{Z}$

[^108]to represent angular-momentum eigenvalues (either integer or half-integer spin). For the $6-j$ symbol to be nonzero, the elements of the above triples must also add up to an integer,
\[

$$
\begin{align*}
j_{1}+j_{2}+j_{3} & \in \mathbb{Z} \\
j_{1}+l_{2}+l_{3} & \in \mathbb{Z}  \tag{7.90}\\
l_{1}+j_{2}+l_{3} & \in \mathbb{Z} \\
l_{1}+l_{2}+j_{3} & \in \mathbb{Z}
\end{align*}
$$
\]

due again to the expression (7.86) for the Clebsch-Gordan coefficients, which effectively add any two elements of each triple to obtain the third: all integer momenta are okay, but two half-integer momenta must add to produce an integer momentum. Of course, once the $6-j$ symbols are computed this way, the Racah coefficient can then be found using Eq. (7.79).

### 7.1.4.2 Symmetry Relations

As we mentioned above, the $6-j$ symbols are simpler than the Racah coefficients under permutations of the elements. We will simply summarize the symmetry relations, which follow from the above formulae, in particular by recasting Eq. (7.86) in a very symmetric form as a product of four $3-j$ symbols. The 6- $j$ symbols are invariant under any exchange of columns, such as

$$
\left\{\begin{array}{ccc}
j_{1} & j_{2} & j_{3}  \tag{7.91}\\
l_{1} & l_{2} & l_{3}
\end{array}\right\}=\left\{\begin{array}{lll}
j_{2} & j_{1} & j_{3} \\
l_{2} & l_{1} & l_{3}
\end{array}\right\}=\left\{\begin{array}{ccc}
j_{3} & j_{2} & j_{1} \\
l_{3} & l_{2} & l_{1}
\end{array}\right\}=\left\{\begin{array}{lll}
j_{1} & j_{3} & j_{2} \\
l_{1} & l_{3} & l_{2}
\end{array}\right\}
$$

and so on. The $6-j$ symbols are also invariant under the following interchanges,

$$
\left\{\begin{array}{lll}
j_{1} & j_{2} & j_{3}  \tag{7.92}\\
l_{1} & l_{2} & l_{3}
\end{array}\right\}=\left\{\begin{array}{lll}
l_{1} & l_{2} & j_{3} \\
j_{1} & j_{2} & l_{3}
\end{array}\right\}=\left\{\begin{array}{ccc}
l_{1} & j_{2} & l_{3} \\
j_{1} & l_{2} & j_{3}
\end{array}\right\}=\left\{\begin{array}{lll}
j_{1} & l_{2} & l_{3} \\
l_{1} & j_{2} & j_{3}
\end{array}\right\}
$$

where the upper and lower values are interchanged in any two columns.
The Wigner $6-j$ symbols will be useful in decomposing the reduced matrix elements for the dipole operator that we will derive. We will thus consider the 6- $j$ symbols again below.

### 7.1.4.3 Addition of Four Angular Momenta: Wigner 9-j Symbols

Now let's consider the coupling of four angular momenta, ${ }^{6} \mathbf{J}=\mathbf{J}_{1}+\mathbf{J}_{2}+\mathbf{J}_{3}+\mathbf{J}_{4}$. Obviously, from our discussion of adding three angular momenta, there will be no unique way to add these together. For example, suppose that we add $\mathbf{J}_{12}=\mathbf{J}_{1}+\mathbf{J}_{2}$ and $\mathbf{J}_{34}=\mathbf{J}_{3}+\mathbf{J}_{4}$, and then finally $\mathbf{J}=\mathbf{J}_{12}+\mathbf{J}_{34}$. We can denote an eigenstate coupled in this fashion as

$$
\begin{equation*}
\left|j_{12}, j_{34} ; j m\right\rangle \tag{7.93}
\end{equation*}
$$

where we keep only the last addition of uncoupled momenta to make it obvious how we arrived at the result (i.e., the dependence on $j_{1}, j_{2}, j_{3}$, and $j_{4}$ is implied). We could also couple the angular momenta in alternate pairs, adding $\mathbf{J}_{13}=\mathbf{J}_{1}+\mathbf{J}_{3}$ and $\mathbf{J}_{24}=\mathbf{J}_{2}+\mathbf{J}_{4}$, and then finally $\mathbf{J}=\mathbf{J}_{13}+\mathbf{J}_{24}$, where we denote the eigenstate

$$
\begin{equation*}
\left|j_{13}, j_{24} ; j m\right\rangle \tag{7.94}
\end{equation*}
$$

Again, there is an $m$-independent, orthogonal transformation between these two bases, which we use to define the Wigner 9-j symbol: ${ }^{7}$

$$
\left\langle j_{12}, j_{34} ; j \mid j_{13}, j_{24} ; j\right\rangle=: \sqrt{\left(2 j_{12}+1\right)\left(2 j_{34}+1\right)\left(2 j_{13}+1\right)\left(2 j_{24}+1\right)}\left\{\begin{array}{ccc}
j_{1} & j_{2} & j_{12}  \tag{7.95}\\
j_{3} & j_{4} & j_{34} \\
j_{13} & j_{24} & j
\end{array}\right\}
$$

(Wigner 9- $j$ symbol)

[^109]Note that we have dropped the $m$ quantum number, since the result is $m$-independent anyway. To obtain an expression for the $9-j$ symbol, we can perform the recoupling of the angular momenta in multiple steps as

$$
\begin{align*}
\left\langle j_{12}, j_{34} ; j \mid j_{13}, j_{24} ; j\right\rangle= & \sum_{j_{234}}\left\langle j_{12}, j_{34} ; j \mid j_{1}, j_{2(34)} ; j\right\rangle\left\langle j_{1}, j_{2(34)} ; j \mid j_{13}, j_{24} ; j\right\rangle \\
= & \sum_{j_{234}}\left\langle j_{12}, j_{34} ; j \mid j_{1}, j_{2(34)} ; j\right\rangle\left\langle j_{2}, j_{34} ; j_{2(34)} \mid j_{3}, j_{42} ; j_{3(42)}\right\rangle\left\langle j_{1}, j_{3(42)} ; j \mid j_{13}, j_{24} ; j\right\rangle  \tag{7.96}\\
= & \sum_{j_{234}}\left\langle j_{1}, j_{2(34)} ; j \mid j_{12}, j_{34} ; j\right\rangle(-1)^{j_{2}+j_{34}-j_{234}\left\langle j_{3}, j_{42} ; j_{3(42)} \mid j_{34}, j_{2} ; j_{(34) 2}\right\rangle} \begin{aligned}
& \times(-1)^{j_{2}+j_{4}-j_{42}}\left\langle j_{1}, j_{3(42)} ; j \mid j_{13}, j_{42} ; j\right\rangle
\end{aligned}
\end{align*}
$$

where we have used parentheses in the subscripts in cases where the order of coupling is ambiguousthough note that the numerical values are the same for the same set of subscripts, as in $j_{24}=j_{42}$ or $j_{234}=j_{2(34)}=j_{(34) 2}=j_{3(42)}$, after any summations are carried out. In the second step, we used

$$
\begin{align*}
\left\langle j_{1}, j_{2(34)} ; j\right| & =\left\langle j_{1}, j_{2(34)} ; j \mid j_{1}, j_{3(42)} ; j\right\rangle\left\langle j_{1}, j_{3(42)} ; j\right|  \tag{7.97}\\
& =\left\langle j_{2}, j_{34} ; j_{2(34)} \mid j_{3}, j_{42} ; j_{3(42)}\right\rangle\left\langle j_{1}, j_{3(42)} ; j\right|,
\end{align*}
$$

while in the last step of Eq. (7.96), we used the symmetry rule (7.54) to change the order of two couplings. These three coefficients each represent the coupling of three angular momenta, and thus we can use the definition (7.78) of the $6-j$ symbol three times to obtain

$$
\begin{align*}
\left\langle j_{12}, j_{34} ; j \mid j_{13}, j_{24} ; j\right\rangle= & \sum_{j_{234}}(-1)^{-\left(j_{1}+j_{2}+j_{34}+j\right)} \sqrt{\left(2 j_{12}+1\right)\left(2 j_{234}+1\right)}\left\{\begin{array}{ccc}
j_{1} & j_{2} & j_{12} \\
j_{34} & j & j_{234}
\end{array}\right\} \\
& \times(-1)^{j_{2}+j_{34}-j_{234}}(-1)^{-\left(j_{2}+j_{3}+j_{4}+j_{234}\right)} \sqrt{\left(2 j_{24}+1\right)\left(2 j_{34}+1\right)}\left\{\begin{array}{ccc}
j_{3} & j_{4} & j_{34} \\
j_{2} & j_{234} & j_{24}
\end{array}\right\} \\
& \times(-1)^{j_{2}+j_{4}-j_{24}}(-1)^{-\left(j_{1}+j_{3}+j_{24}+j\right)} \sqrt{\left(2 j_{13}+1\right)\left(2 j_{234}+1\right)}\left\{\begin{array}{ccc}
j_{1} & j_{3} & j_{13} \\
j_{24} & j & j_{234}
\end{array}\right\} \\
= & \sum_{j_{234}}(-1)^{2 j_{234}}\left(2 j_{234}+1\right) \sqrt{\left(2 j_{12}+1\right)\left(2 j_{13}+1\right)\left(2 j_{24}+1\right)\left(2 j_{34}+1\right)} \\
& \times\left\{\begin{array}{ccc}
j_{1} & j_{2} & j_{12} \\
j_{34} & j & j_{234}
\end{array}\right\}\left\{\begin{array}{ccc}
j_{3} & j_{4} & j_{34} \\
j_{2} & j_{234} & j_{24}
\end{array}\right\}\left\{\begin{array}{ccc}
j_{13} & j_{24} & j \\
j_{234} & j_{1} & j_{3}
\end{array}\right\}, \tag{7.98}
\end{align*}
$$

where in the last step we used $j_{1}+j+j_{234} \in \mathbb{Z}$ and $j_{3}+j_{234}+j_{24} \in \mathbb{Z}$, according to the constraints of the $6-j$ symbols, to simplify the expression for the sign. Comparing to the definition (7.95) of the $9-j$ symbol, we find the explicit formula

$$
\left\{\begin{array}{ccc}
j_{1} & j_{2} & j_{3}  \tag{7.99}\\
k_{1} & k_{2} & k_{3} \\
\ell_{1} & \ell_{2} & \ell_{3}
\end{array}\right\}=\sum_{s}(-1)^{2 s}(2 s+1)\left\{\begin{array}{ccc}
j_{1} & j_{2} & j_{3} \\
k_{3} & \ell_{3} & s
\end{array}\right\}\left\{\begin{array}{ccc}
k_{1} & k_{2} & k_{3} \\
j_{2} & s & \ell_{2}
\end{array}\right\}\left\{\begin{array}{ccc}
\ell_{1} & \ell_{2} & \ell_{3} \\
s & j_{1} & k_{1}
\end{array}\right\}
$$

(Wigner $9-j$ symbol in terms of $6-j$ symbols)
in terms of a sum over products of $6-j$ symbols, after changing to a more symmetric notation.
We will be able to accomplish what we want in terms of angular-momentum structure without having to resort to the $9-j$ symbol. However, it will help to consider the coupling of four angular momenta in a
slightly different way. First, we can couple the four angular momenta in two stages as

$$
\begin{align*}
\left\langle j_{(12) 3} j_{4} ; j \mid j_{23} j_{14} ; j\right\rangle= & \left\langle j_{(12) 3} j_{4} ; j \mid j_{1(23)}, j_{4} ; j\right\rangle\left\langle j_{1(23)}, j_{4} ; j \mid j_{23} j_{14} ; j\right\rangle \\
= & \left\langle j_{1(23)}, j_{4} ; j \mid j_{(12) 3} j_{4} ; j\right\rangle(-1)^{j_{1}+j_{23}-j_{123}\left\langle j_{23} j_{14} ; j \mid j_{(23) 1}, j_{4} ; j\right\rangle} \\
= & (-1)^{-j_{1}-j_{2}-j_{3}-j_{4}-2 j_{123}-j} \sqrt{\left(2 j_{12}+1\right)\left(2 j_{23}+1\right)\left(2 j_{123}+1\right)\left(2 j_{14}+1\right)}  \tag{7.100}\\
& \times\left\{\begin{array}{ccc}
j_{1} & j_{2} & j_{12} \\
j_{3} & j_{123} & j_{23}
\end{array}\right\}\left\{\begin{array}{ccc}
j_{23} & j_{1} & j_{123} \\
j_{4} & j & j_{14}
\end{array}\right\},
\end{align*}
$$

while we can make the same coupling in three stages, as we did for the $9-j$ symbol:

$$
\begin{align*}
\left\langle j_{(12) 3} j_{4} ; j \mid j_{23} j_{14} ; j\right\rangle= & \sum_{j_{124}}\left\langle j_{(12) 3} j_{4} ; j \mid j_{(12) 4}, j_{3} ; j\right\rangle\left\langle j_{(12) 4}, j_{3} ; j \mid j_{(14) 2}, j_{3} ; j\right\rangle\left\langle j_{(14) 2}, j_{3} ; j \mid j_{23} j_{14} ; j\right\rangle \\
= & \sum_{j_{124}}(-1)^{j_{123}+j_{4}-j}(-1)^{j_{12}+j_{4}-j_{124}\left\langle j_{4}\right.} j_{(12) 3} ; j\left|j_{4(12)}, j_{3} ; j\right\rangle \\
& \times(-1)^{j_{12}+j_{4}-j_{124}(-1)^{j_{1}+j_{4}-j_{14}}\left\langle j_{4(12)}, j_{3} ; j \mid j_{(41) 2}, j_{3} ; j\right\rangle} \\
& \times(-1)^{j_{14}+j_{23}-j}\left\langle j_{14} j_{23} ; j \mid j_{(14) 2}, j_{3} ; j\right\rangle
\end{aligned} \begin{aligned}
&=\sum_{j_{124}}(-1)^{j_{1}-2 j+2 j_{12}+j_{23}+j_{123}-2 j_{124}} \\
& \times(-1)^{-\left(j_{4}+j_{12}+j_{3}+j\right)} \sqrt{\left(2 j_{123}+1\right)\left(2 j_{124}+1\right)}\left\{\begin{array}{ccc}
j_{4} & j_{12} & j_{124} \\
j_{3} & j & j_{123}
\end{array}\right\}  \tag{7.101}\\
& \times(-1)^{-\left(j_{4}+j_{1}+j_{2}+j_{124}\right) \sqrt{\left(2 j_{12}+1\right)\left(2 j_{14}+1\right)}\left\{\begin{array}{ccc}
j_{4} & j_{1} & j_{14} \\
j_{2} & j_{124} & j_{12}
\end{array}\right\}} \\
& \times(-1)^{-\left(j_{14}+j_{2}+j_{3}+j\right) \sqrt{\left(2 j_{23}+1\right)\left(2 j_{124}+1\right)}\left\{\begin{array}{ccc}
j_{14} & j_{2} & j_{124} \\
j_{3} & j & j_{23}
\end{array}\right\}}
\end{align*}
$$

Equating these two expressions and permuting some of the $6-j$ symbol elements, we find the BiedenharnElliott sum rule ${ }^{8}$

$$
\begin{align*}
\left\{\begin{array}{ccc}
j_{1} & j_{2} & j_{12} \\
j_{3} & j_{123} & j_{23}
\end{array}\right\}\left\{\begin{array}{ccc}
j_{23} & j_{1} & j_{123} \\
j_{4} & j & j_{14}
\end{array}\right\}= & \sum_{j_{124}}(-1)^{j_{1}+j_{2}+j_{3}+j_{4}+j_{12}+j_{23}+j_{14}+j_{123}+j_{124}+j}\left(2 j_{124}+1\right) \\
& \times\left\{\begin{array}{ccc}
j_{3} & j_{2} & j_{23} \\
j_{14} & j & j_{124}
\end{array}\right\}\left\{\begin{array}{ccc}
j_{2} & j_{1} & j_{12} \\
j_{4} & j_{124} & j_{14}
\end{array}\right\}\left\{\begin{array}{ccc}
j_{3} & j_{12} & j_{123} \\
j_{4} & j & j_{124}
\end{array}\right\} \tag{7.102}
\end{align*}
$$

(Biedenharn-Elliott sum rule)
after using the usual tricks to simplify the sign factor.

### 7.2 Static Angular-Momentum Structure of Atoms

In the standard textbook version of the nonrelativistic, quantum-mechanical hydrogen-like atom, ${ }^{9}$ an electron of reduced mass

$$
\begin{equation*}
m=\frac{m_{\mathrm{e}} m_{\mathrm{n}}}{m_{\mathrm{e}}+m_{\mathrm{n}}} \approx m_{\mathrm{e}} \tag{7.103}
\end{equation*}
$$

where $m_{\mathrm{e}}$ is the electron mass, and $m_{\mathrm{n}}$ is the nuclear mass, moves in the central potential

$$
\begin{equation*}
V(r)=-\frac{Z e^{2}}{4 \pi \epsilon_{0} r} \tag{7.104}
\end{equation*}
$$

[^110]where $e$ is the fundamental charge, and the nuclear charge is $Z e$. The standard result for the energies is
\[

$$
\begin{equation*}
E_{n}=-\left(\frac{m c^{2}}{2}(Z \alpha)^{2}\right) \frac{1}{n^{2}} \tag{7.105}
\end{equation*}
$$

\]

where $n$ is the radial (principle) quantum number,

$$
\begin{equation*}
\alpha=\frac{e^{2}}{4 \pi \epsilon_{0} \hbar c} \approx \frac{1}{137} \tag{7.106}
\end{equation*}
$$

is the fine-structure constant, and the coefficient of $1 / n^{2}$ has the approximate value $-Z^{2}(13.6 \mathrm{eV})$. This energy expression says that, at this crude level of approximation, the hydrogen-like-atom energies do not depend on any angular-momentum quantum numbers.

In what follows, we will use the standard notation of $n, l$, and $m$ as the usual quantum numbers referring to the single-electron state $|n l m\rangle$. However, to be a bit more general, for multielectron atoms we will refer to the total quantities using capital letters. That is, $L$ is the quantum number for the total electron orbital angular momentum, $S$ is the quantum number for the total electron spin, and so on.

### 7.2.1 Fine Structure

At the next level of approximation, we find that angular momentum does contribute some energy shifts, splitting some of the degenerate lines in the above simplistic treatment. Because of the relatively small splittings, at least in lighter atoms-for example 0.58 nm for the common yellow 589 nm line of sodium (seen in sodium lamps everywhere) - this splitting is referred to as fine structure ${ }^{10}$ We can treat this effect to lowest order as follows. Because the electron orbits the nucleus, it moves through the nuclear Coulomb field and thus "sees" in its rest frame an effective magnetic field

$$
\begin{equation*}
\mathbf{B}=-\frac{\mathbf{v}}{c^{2}} \times \mathbf{E} \tag{7.107}
\end{equation*}
$$

via the Lorentz transformation for electromagnetic fields ${ }^{11}$ The Coulomb force on the electron is

$$
\begin{equation*}
\mathbf{F}=-e \mathbf{E}=-\nabla V(\mathbf{r})=-\frac{\mathbf{r}}{r} \partial_{r} V(r), \tag{7.108}
\end{equation*}
$$

and so with the orbital angular momentum

$$
\begin{equation*}
\mathbf{L}=\mathbf{r} \times \mathbf{p}=m \mathbf{r} \times \mathbf{v} \tag{7.109}
\end{equation*}
$$

the effective magnetic field becomes

$$
\begin{equation*}
\mathbf{B}=-\frac{\partial_{r} V(r)}{c^{2} e r} \mathbf{v} \times \mathbf{r}=\frac{\partial_{r} V(r)}{m c^{2} e r} \mathbf{L} \tag{7.110}
\end{equation*}
$$

The electron's magnetic moment due to its intrinsic spin is

$$
\begin{equation*}
\boldsymbol{\mu}_{S}=-\mu_{\mathrm{B}} g_{S} \frac{\mathbf{S}}{\hbar} \tag{7.111}
\end{equation*}
$$

where $\mu_{\mathrm{B}}:=e \hbar / 2 m_{\mathrm{e}}$ is the Bohr magneton $\left(\mu_{\mathrm{B}}=9.27400915(23) \times 10^{-24} \mathrm{~J} / \mathrm{T}=h \cdot 1.399624604(35)\right.$ $\mathrm{MHz} / \mathrm{G}^{12}$ ), $g_{S}$ is the electron $g$-factor ( $g_{S} \approx 2$ in Dirac theory, but due to quantum effects is slightly larger,

[^111]$\left.g_{S}=2.0023193043622(15)^{13}\right)$, and $\mathbf{S}$ is the electron spin operator. The interaction energy of the magnetic field (7.110) with the magnetic moment (7.111) gives the fine-structure Hamiltonian
\[

$$
\begin{equation*}
H_{\mathrm{fs}}=-\boldsymbol{\mu}_{S} \cdot \mathbf{B}=\frac{\mu_{\mathrm{B}} g_{S} \partial_{r} V(r)}{m c^{2} \hbar e r} \mathbf{L} \cdot \mathbf{S}=\left(\frac{Z e^{2}}{4 \pi \epsilon_{0}}\right) \frac{g_{S}}{2 m^{2} c^{2} r^{3}} \mathbf{L} \cdot \mathbf{S} \tag{7.112}
\end{equation*}
$$

\]

The problem with this expression is that we still need to transform back into the lab frame, which is a noninertial transformation. This correction is Thomas precession, and the correction amounts to adding the Thomas-precession Hamiltonian ${ }^{14}$

$$
\begin{equation*}
H_{\mathrm{T}}=-H_{\mathrm{fs}}\left(g_{S} \longrightarrow 1\right), \tag{7.113}
\end{equation*}
$$

so that the real fine-structure Hamiltonian is

$$
\begin{equation*}
H_{\mathrm{fs}}+H_{\mathrm{T}}=\frac{\mu_{\mathrm{B}}\left(g_{S}-1\right) \partial_{r} V(r)}{m c^{2} \hbar e r} \mathbf{L} \cdot \mathbf{S}=\left(\frac{Z e^{2}}{4 \pi \epsilon_{0}}\right) \frac{\left(g_{S}-1\right)}{2 m^{2} c^{2} r^{3}} \mathbf{L} \cdot \mathbf{S} \tag{7.114}
\end{equation*}
$$

The coupling is thus proportional to $\mathbf{L} \cdot \mathbf{S}$.
The uncoupled states are of the form $\left|n L m_{L} m_{S}\right\rangle$, where $L$ are represent eigenvalues of the $\mathbf{L}^{2}$ operator, $m_{L}$ represent eigenvalues of the $L_{z}$ operator, and $m_{S}$ represent eigenvalues of the $S_{z}$ operator. (We suppress dependence on the $S$ quantum number, since it is always $1 / 2$.) Under the $\mathbf{L} \cdot \mathbf{S}$ coupling, these are no longer good quantum numbers. We can thus introduce the composite quantum number

$$
\begin{equation*}
\mathbf{J}=\mathbf{L}+\mathbf{S} \tag{7.115}
\end{equation*}
$$

(fine-structure angular momentum)
where from the triangularity condition (7.41) we have the new quantum number in the range

$$
\begin{equation*}
|L-S| \leq J \leq L+S \tag{7.116}
\end{equation*}
$$

The magnitude of $\mathbf{J}$ is

$$
\begin{equation*}
\mathbf{J}^{2}=\mathbf{L}^{2}+\mathbf{S}^{2}+2 \mathbf{L} \cdot \mathbf{S} \tag{7.117}
\end{equation*}
$$

or solving for the dot product,

$$
\begin{equation*}
\mathbf{L} \cdot \mathbf{S}=\frac{1}{2}\left(\mathbf{J}^{2}-\mathbf{L}^{2}-\mathbf{S}^{2}\right) \tag{7.118}
\end{equation*}
$$

Thus, under the interaction we may still have eigenstates of $L, S, J$ and $m_{J}$. In particular, the fine-structure shift due to this interaction is given to by simply taking the expectation value of the interaction Hamltonian in the coupled basis:

$$
\begin{align*}
\Delta E_{\mathrm{fs}} & =\left\langle n ; L, S ; J m_{J}\right| H_{\mathrm{fs}}\left|n / L, S ; J m_{J}\right\rangle \\
& =\frac{\mu_{\mathrm{B}} \hbar\left(g_{S}-1\right)\langle n|(1 / r) \partial_{r} V(r)|n\rangle}{2 m c^{2} e}[J(J+1)-L(L+1)-S(S+1)] \tag{7.119}
\end{align*}
$$

The fine-structure shift then depends on $J$, breaking the degeneracy of different $L$ levels. Actually, in writing down this expression, we are ignoring a relativistic correction of similar order, which also depends on $L .{ }^{15}$ However, the form of the perturbation is the important issue; when dealing with heavier alkali atoms it is difficult to obtain a quantitatively accurate expression anyway. Thus the main point is the introduction of the composite angular momentum $\mathbf{J}$ to label the fine-structure states, where the energy levels can be taken to be experimentally known, generally to high accuracy.

[^112]
### 7.2.1.1 Spectroscopic Notation for Simple Atoms

Now that we have introduced the basics of atomic structure, we briefly describe the common spectroscopic labels, of the form

$$
\begin{equation*}
n^{2 S+1} L_{J} \tag{7.120}
\end{equation*}
$$

The $n$ is the principal quantum number of the active electron. The $2 S+1$ gives the multiplicity of the electron spin, or the number of possible electron-spin states. For a single-electron (hydrogen-like) atom, $2 S+1$ is always 2 , since $S=1 / 2$. The $L$ quantum number is represented by a letter: S for $L=0$, P for $L=1, \mathrm{D}$ for $L=2, \mathrm{~F}$ for $L=3, \mathrm{G}$ for $L=4, \mathrm{H}$ for $L=5$, and so on. The first four letters stand for descriptors for lines in alkali spectra (sharp, principal, diffuse, fundamental), and the rest are alphabetic continuations. Since the scheme is based on abbreviations, the letters should, in the author's opinion, be set in roman, not italics, as is commonly the case in the literature. Finally, the subscript indicates the $J$ quantum number. For example, the principle $|\mathrm{g}\rangle \longrightarrow|\mathrm{e}\rangle$ laser-cooling transition for cesium is the $\mathrm{D}_{2}$ line, which is written

$$
\begin{equation*}
6^{2} \mathrm{~S}_{1 / 2} \longrightarrow 6^{2} \mathrm{P}_{3 / 2} \tag{7.121}
\end{equation*}
$$

The principal quantum number is 6 for both states, being the lowest available for the valence electron. Again for a single active electron in alkali atoms, $2 S+1=2$. The ground and excited $L$ quantum numbers are 0 and 1 , respectively. Finally, $J=1 / 2$ for the ground state, while $J=3 / 2$ for the excited state (since $L=1$ for the excited state, either $J=1 / 2$ or $J=3 / 2$, corresponding to $\mid L-S$ and $L+S$, respectively).

As a slightly more complicated example, we consider strontium, which has two valence electrons, and a slightly more general notation. Here, for example, the narrow, second-stage laser-cooling transition is the "intercombination line"

$$
\begin{equation*}
5 \mathrm{~s}^{2} \mathrm{~S}_{0} \longrightarrow 5 \mathrm{p}^{3} \mathrm{P}_{1} \tag{7.122}
\end{equation*}
$$

(The ${ }^{1} \mathrm{~S}_{0}$ here would be read as "singlet S zero," and the ${ }^{3} \mathrm{P}_{0}$ would be read as "triplet P one.") Note that the configurations for the two electrons are also given in lower case. In the ground state, both electrons are in the $\mathrm{s}(l=0)$ orbital, while in the excited state, one is promoted to the $\mathrm{p}(l=1)$ orbital (the 5 s for the unexcited electron is implied). In these two levels the respective total orbital quantum number is given also by $\mathrm{S}(L=0)$ and $\mathrm{P}(L=1)$. The ground-state $2 S+1$ value reflects $S=0$, while the excited-state value reflects the other possible $S=1$ value, where $\mathbf{S}$ now represents the total electron spin $\mathbf{S}_{1}+\mathbf{S}_{2}$. Hence, the "intercombination line" name, since the transition flips an atomic spin, which is electric-dipole-forbidden (a magnetic field must flip the spin). Finally $J=0$ for the ground state, since $S=L=0$, but for the excited state, where $S=1$ and $L=1, J$ could be 0,1 , or 2 .

### 7.2.2 Hyperfine Structure

The hyperfine structure of an atom arises from the interaction between the total atomic angular momentum $\mathbf{J}$ and the nuclear angular momentum $\mathbf{I}$. We will develop this a bit more carefully, as in atomic physics and quantum optics a single laser could interact almost resonantly with hyperfine-split states, which is not as often the case with fine structure. The basic idea is essentially the same as for the fine-structure case. The nuclear magnetic moment is

$$
\begin{equation*}
\boldsymbol{\mu}_{I}=-\mu_{\mathrm{B}} g_{I} \frac{\mathbf{I}}{\hbar} \tag{7.123}
\end{equation*}
$$

where $\mathbf{I}$ is the nuclear spin operator and $g_{I}$ is the nuclear spin $g$-factor. ${ }^{16}$ Again, the electron is effectively a current loop, and generates a magnetic field of the form

$$
\begin{equation*}
\mathbf{B}=-b \mathbf{J} \tag{7.124}
\end{equation*}
$$

where $b$ is some positive constant, since $\mathbf{B}$ and $\mathbf{J}$ should be antiparallel for an electron where the charge is negative. The interaction is then given by (ignoring hyperfine couplings between different $J$, and thus

[^113]assuming $J$ is still a good quantum number)
\[

$$
\begin{equation*}
H_{\mathrm{hfs}}=-\boldsymbol{\mu}_{I} \cdot \mathbf{B}=-\frac{\mu_{\mathrm{B}} g_{I} b}{\hbar} \mathbf{I} \cdot \mathbf{J}=: A_{\mathrm{hfs}} \frac{\mathbf{I} \cdot \mathbf{J}}{\hbar^{2}} \tag{7.125}
\end{equation*}
$$

\]

where, since we have considered the interaction of the nuclear and electron magnetic dipoles, $A_{\mathrm{hfs}}$ is called the magnetic dipole hyperfine constant and has the dimension of energy. For all abundant alkali atoms, $A_{\mathrm{hfs}}>0$, since $g_{I}<0$ (with the exception of ${ }^{40} \mathrm{~K}$, where the sign is opposite). The form of this interaction $(\mathbf{I} \cdot \mathbf{J})$ is very similar to the fine-structure $(\mathbf{L} \cdot \mathbf{S})$ interaction.

As in the fine-structure case, we can add the angular momenta to obtain the total atomic angular momentum

$$
\begin{equation*}
\mathbf{F}=\mathbf{J}+\mathbf{I} \tag{7.126}
\end{equation*}
$$

(hyperfine-structure angular momentum)
Under this interaction, we can use the new hyperfine quantum number $F$ to label the new eigenstates; as in the fine-structure case, we square Eq. (7.126) to obtain the operator equation

$$
\begin{equation*}
\mathbf{F}^{2}=\mathbf{J}^{2}+\mathbf{I}^{2}+2 \mathbf{I} \cdot \mathbf{J} \tag{7.127}
\end{equation*}
$$

and thus when the operator $\mathbf{I} \cdot \mathbf{J}$ acts on a hyperfine state $|J I F\rangle$ we find that it is an eigenstate,

$$
\begin{equation*}
(\mathbf{I} \cdot \mathbf{J})|J I F\rangle=\frac{\hbar^{2} K}{2}|J I F\rangle \tag{7.128}
\end{equation*}
$$

where the eigenvalue is written in terms of the combination

$$
\begin{equation*}
K=F(F+1)-I(I+1)-J(J+1) \tag{7.129}
\end{equation*}
$$

of angular-momentum quantum numbers. Thus, the energy shift due to this interaction is simply

$$
\begin{equation*}
\Delta E_{\mathrm{hfs}}=\frac{1}{2} A_{\mathrm{hfs}} K \tag{7.130}
\end{equation*}
$$

Here $A_{\text {hfs }}$ can be computed, though the calculation can be complex, or simply experimentally measured. The hyperfine shift is much smaller than the fine-structure shift. This is because of the weak nuclear magnetic moment: while the electron moment was of the order of $\mu_{\mathrm{B}}=e \hbar / 2 m_{\mathrm{e}}$, the nuclear moment is of the order of $\mu_{\mathrm{N}}=e \hbar / 2 m_{\mathrm{p}}$, where $m_{\mathrm{p}}$ is the proton mass. The nuclear moment is thus smaller by a factor on the order of $m_{\mathrm{e}} / m_{\mathrm{p}} \approx 1 / 1836$, and so the hyperfine interaction should be smaller than the fine-structure interaction by a factor on the same order.

The higher-order corrections to this simple theory become quite involved, and so we summarize the main points here. ${ }^{17}$ In general, the interaction between the nuclear and electron angular momenta can be expanded in a multipole series,

$$
\begin{equation*}
H_{\mathrm{hfs}}=\sum_{k} \mathbf{T}_{\mathrm{e}}^{(k)} \cdot \mathbf{T}_{\mathrm{n}}^{(k)} \tag{7.131}
\end{equation*}
$$

where $\mathbf{T}_{\mathrm{e}}^{(k)}$ and $\mathbf{T}_{\mathrm{n}}^{(k)}$ are spherical tensor operators of rank $k$ (defined below in Section 7.3.3), that respectively operate on only the electronic and nuclear Hilbert spaces. The $k=0$ monopole term has already been included in the fine-structure calculation. We have treated the $k=1$ magnetic-dipole term above. The $k=2$ and $k=3$ terms correspond respectively to the electric-quadrupole and magnetic-octupole terms. Because we will compute expectation values with respect to $|J I F\rangle$ states, due to parity considerations either the electric or magnetic interaction will alternatingly vanish at each multipole order (with the electric dipole operator coupling only states of opposite parity, for example). The interaction between the electron and

[^114]nuclear angular momenta is given by evaluating these operators, with the result up to the magnetic-octupole contribution reading
\[

$$
\begin{align*}
& H_{\mathrm{hfs}}=A_{\mathrm{hfs}} \frac{\mathbf{I} \cdot \mathbf{J}}{\hbar^{2}}+B_{\mathrm{hfs}} \frac{\frac{3}{\hbar^{2}}(\mathbf{I} \cdot \mathbf{J})^{2}+\frac{3}{2 \hbar}(\mathbf{I} \cdot \mathbf{J})-I(I+1) J(J+1)}{2 I(2 I-1) J(2 J-1)} \\
& +C_{\mathrm{hfs}} \frac{\left.\frac{10}{\hbar^{3}} \mathbf{( \mathbf { I }} \cdot \mathbf{J}\right)^{3}+\frac{20}{\hbar^{2}}(\mathbf{I} \cdot \mathbf{J})^{2}+\frac{2}{\hbar}(\mathbf{I} \cdot \mathbf{J})[I(I+1)+J(J+1)+3]-3 I(I+1) J(J+1)-5 I(I+1) J(J+1)}{I(I-1)(2 I-1) J(J-1)(2 J-1)} . \tag{7.132}
\end{align*}
$$
\]

Again, the three terms on the right-hand side respectively represent magnetic-dipole (applicable for $I, J>0$ ), electric-quadrupole (applicable for $I, J>1 / 2$ ), and magnetic-octupole (applicable for $I, J>1$ ) couplings. Thus, $A_{\mathrm{hfs}}$ is the magnetic-dipole hyperfine constant, $B_{\mathrm{hfs}}$ is the electric-quadrupole hyperfine constant, and $C_{\mathrm{hfs}}$ is the magnetic-octupole hyperfine constant. We can see which terms are applicable to a given transition from the general product rule (7.258) that we prove later for commuting tensor operators,

$$
\left\langle J, I ; F m_{F}\right| \mathbf{T}_{\mathrm{e}}^{(k)} \cdot \mathbf{T}_{\mathrm{n}}^{(k)}\left|J, I ; F m_{F}\right\rangle=(-1)^{J+I+F} \sqrt{(2 J+1)(2 I+1)}\left\{\begin{array}{ccc}
F & I & J  \tag{7.133}\\
k & J & I
\end{array}\right\}\langle J|\left|\mathbf{T}_{\mathrm{e}}^{(k)} \| J\right\rangle\left\langle I\left\|\mathbf{T}_{\mathrm{n}}^{(k)}\right\| I\right\rangle,
$$

where to satisfy the triangle inequalities for the 6 - $j$ symbol, we must have $J \geq k / 2$ and $I \geq k / 2$.
The eigenenergies under the hyperfine interaction may then be written in terms of the shift

$$
\begin{align*}
\Delta E_{\mathrm{hfs}}= & \frac{1}{2} A_{\mathrm{hfs}} K+B_{\mathrm{hfs}} \frac{\frac{3}{2} K(K+1)-2 I(I+1) J(J+1)}{4 I(2 I-1) J(2 J-1)} \\
& +C_{\mathrm{hfs}} \frac{5 K^{2}(K / 4+1)+K[I(I+1)+J(J+1)+3]-3 I(I+1) J(J+1)-5 I(I+1) J(J+1)}{I(I-1)(2 I-1) J(J-1)(2 J-1)} . \tag{7.134}
\end{align*}
$$

Generally the effect of the last octupole term is quite difficult to observe, but it has been observed in the hyperfine structure of cesium, ${ }^{18}$ where for example the values $A_{\mathrm{hfs}}=50.28827(23) \mathrm{MHz}, B_{\mathrm{hfs}}=$ $-0.4934(17) \mathrm{MHz}$, and $C_{\mathrm{hfs}}=0.56(7) \mathrm{kHz}$ were reported for the $6^{2} \mathrm{P}_{3 / 2}\left(\mathrm{D}_{2}\right.$ excited) level manifold. Thus, the octupole interaction contributes in cesium to the hyperfine splittings only at the kHz level, a very difficult level of accuracy to achieve in observing optical transitions.

To illustrate the hyperfine structure, the hyperfine structure of the cesium $\mathrm{D}_{2}$ (laser-cooling) transition is shown here. ${ }^{19}$ Note that the ground-state hyperfine splitting of ${ }^{133} \mathrm{Cs}$ is particularly significant, as it defines our measure of time: the second is defined such that the ground-state hyperfine splitting of an isolated ${ }^{133} \mathrm{Cs}$ atom is exactly 9.192631770 GHz .

[^115]

### 7.3 Rotations and Irreducible Tensor Operators

### 7.3.1 Rotation Operator

What is the operator that induces a rotation in quantum mechanics? Rather than deduce it directly, we will "cheat" and simply quantize the classical version of a rotation. Consider the classical angle (generalized coordinate) $\zeta$, with conjugate (angular) momentum $J$. The Hamiltonian $H=J$ leads to Hamilton's equations $\partial_{t} \zeta=1$ and $\partial_{t} J=0$. That is, $J$ is a constant of the motion, and $\zeta$ evolves linearly in time as $\zeta(t)=t$. Thus, time evolution according to this Hamiltonian is equivalent to a rotation through an angle $t$. Quantum mechanically, since this Hamiltonian is time-independent, the time-evolution operator is

$$
\begin{equation*}
U(t, 0)=\exp \left(-\frac{i H t}{\hbar}\right)=\exp \left(-\frac{i J \zeta}{\hbar}\right)=: R(\zeta) \tag{7.135}
\end{equation*}
$$

then we have the rotation operator (for a two-dimensional system) for a rotation through angle $\zeta$. Generalizing the Hamiltonian to $H=J_{x}+J_{y}+J_{z}$, a rotation by angle $\boldsymbol{\zeta}$ (that is, a rotation about the $\boldsymbol{\zeta}$-axis by
angle $\zeta$ ) is induced by the unitary rotation operator

$$
\begin{equation*}
R(\boldsymbol{\zeta}):=\exp \left(-\frac{i \mathbf{J} \cdot \boldsymbol{\zeta}}{\hbar}\right) \tag{7.136}
\end{equation*}
$$

(rotation operator)
Note that a rotation of an angular-momentum state $|j m\rangle$ about the $z$-axis (the quantization axis) is particularly simple, as

$$
\begin{equation*}
R(\zeta \hat{z})|j m\rangle=\exp \left(-\frac{i J_{z} \zeta}{\hbar}\right)|j m\rangle=e^{-i m \zeta}|j m\rangle \tag{7.137}
\end{equation*}
$$

(rotation operator)
However, a rotation about any other axis is more complicated, as the result will in general be a superposition of angular-momentum states. Being a rotation, the $j$ quantum number must be left unchanged (following directly from $\left[J^{2}, \mathbf{J}\right]=0$, since this implies $\left[J^{2}, R(\boldsymbol{\zeta})\right]=0$ ), but the superposition will involve states of other $m$ values.

### 7.3.1.1 Rotation Matrix

To formalize the transformation of $|j m\rangle$ into a superposition of states $\left|j m^{\prime}\right\rangle$ by a rotation we can write out an explicit rotation matrix in the basis of angular-momentum states. Wigner's convention is to write such a matrix as

$$
\begin{equation*}
R(\boldsymbol{\zeta})|j m\rangle=\sum_{m^{\prime}=-j}^{j}\left|j m^{\prime}\right\rangle d_{m^{\prime} m}^{(j)}(\boldsymbol{\zeta}) \tag{7.138}
\end{equation*}
$$

(action of rotation matrix)
where

$$
\begin{equation*}
d_{m^{\prime} m}^{(j)}(\boldsymbol{\zeta}):=\left\langle j m^{\prime}\right| R(\boldsymbol{\zeta})|j m\rangle=\left\langle j m^{\prime}\right| e^{-i \mathbf{J} \cdot \boldsymbol{\zeta} / \hbar}|j m\rangle \tag{7.139}
\end{equation*}
$$

(rotation matrix)
Note the "backwards" convention for the matrix indices for the matrix-vector product in Eq. (7.138). The point is that there is a $(2 j+1) \times(2 j+1)$ rotation matrix $\mathbf{d}^{(j)}(\boldsymbol{\zeta})$ associated with the rotation operator $R(\boldsymbol{\zeta})$ when it acts on a subspace of angular-momentum states with fixed quantum number $j$.

If we follow one rotation $R(\boldsymbol{\alpha})$ by another rotation $R(\boldsymbol{\beta})$, we can represent the total rotation by a third rotation angle

$$
\begin{equation*}
R(\boldsymbol{\gamma})=R(\boldsymbol{\beta}) R(\boldsymbol{\alpha}) \tag{7.140}
\end{equation*}
$$

Projecting into the angular-momentum representation and using the completeness relation,

$$
\begin{equation*}
\langle j m| R(\boldsymbol{\gamma})\left|j^{\prime} m^{\prime}\right\rangle=\sum_{m^{\prime \prime}}\langle j m| R(\boldsymbol{\beta})\left|j m^{\prime \prime}\right\rangle\left\langle j m^{\prime \prime}\right| R(\boldsymbol{\alpha})\left|j^{\prime} m^{\prime}\right\rangle \tag{7.141}
\end{equation*}
$$

The corresponding rotation matrices thus compose by normal matrix multiplication, so long as the first rotation to operate is the rightmost:

$$
\begin{equation*}
\mathbf{d}^{(j)}(\gamma)=\mathbf{d}^{(j)}(\boldsymbol{\beta}) \mathbf{d}^{(j)}(\boldsymbol{\alpha}) \tag{7.142}
\end{equation*}
$$

(composition of rotations)
This property is very useful in decomposing arbitrary rotations, as we now discuss.

### 7.3.1.2 Euler Angles

As in classical mechanics, a general rotation may be represented as a composition of rotations through the three Euler angles: first rotate about the $z$-axis by angle $\alpha$, then rotate about the new $y$-axis by angle $\beta$, and finally rotate about the new $z$-axis by angle $\gamma$. Thus an arbitrary rotation with rotation vector $\boldsymbol{\zeta}$ (where the magnitude indicates the angle and the direction indicates the rotation axis) may always decomposed in the form

$$
\begin{equation*}
R(\boldsymbol{\zeta})=R(\boldsymbol{\gamma}) R(\boldsymbol{\beta}) R(\boldsymbol{\alpha}) \tag{7.143}
\end{equation*}
$$

where again $\boldsymbol{\alpha}=\alpha \hat{z}, \boldsymbol{\beta}=\beta y^{\prime}$, where $y^{\prime}$ is the new $y$-direction after the $\boldsymbol{\alpha}$ rotation, and $\gamma=\gamma z^{\prime \prime}$, where $z^{\prime \prime}$ is the new $z$-direction after the $\boldsymbol{\beta}$ rotation. Clearly, $R(\boldsymbol{\alpha})$ is written to the right since it is the first rotation, and thus must operate first on the state vector. Writing these operators out explicitly,

$$
\begin{equation*}
R(\boldsymbol{\zeta})=e^{-i \gamma J_{z^{\prime \prime}} / \hbar} e^{-i \beta J_{y^{\prime}} / \hbar} e^{-i \alpha J_{z} / \hbar} \tag{7.144}
\end{equation*}
$$

But now, since $R(\boldsymbol{\beta})$ is written in terms of the coordinate system after the $R(\boldsymbol{\alpha})$ rotation, we can write this rotation as a rotated version of the operator in the original coordinate system:

$$
\begin{equation*}
e^{-i \beta J_{y^{\prime}} / \hbar}=R(\boldsymbol{\alpha}) e^{-i \beta J_{y} / \hbar} R^{\dagger}(\boldsymbol{\alpha})=e^{-i \alpha J_{z} / \hbar} e^{-i \beta J_{y} / \hbar} e^{i \alpha J_{z} / \hbar} \tag{7.145}
\end{equation*}
$$

Similarly, for the last rotation, we can write

$$
\begin{equation*}
e^{-i \gamma J_{z^{\prime \prime}} / \hbar}=R(\boldsymbol{\beta}) e^{-i \gamma J_{z^{\prime}} / \hbar} R^{\dagger}(\boldsymbol{\beta})=e^{-i \beta J_{y^{\prime}} / \hbar} e^{-i \gamma J_{z^{\prime}} / \hbar} e^{i \beta J_{y^{\prime}} / \hbar} \tag{7.146}
\end{equation*}
$$

and putting this into Eq. (7.144), we find

$$
\begin{equation*}
R(\boldsymbol{\zeta})=e^{-i \beta J_{y^{\prime}} / \hbar} e^{-i \gamma J_{z^{\prime}} / \hbar} e^{-i \alpha J_{z} / \hbar} \tag{7.147}
\end{equation*}
$$

Now putting in Eq. (7.145) and the analogous result with $J_{z^{\prime}}$,

$$
\begin{equation*}
R(\boldsymbol{\zeta})=e^{-i \alpha J_{z} / \hbar} e^{-i \beta J_{y} / \hbar} e^{-i \gamma J_{z} / \hbar} \tag{7.148}
\end{equation*}
$$

(rotation operator, Euler angles)
Conveniently, then, a rotation according to the Euler angles may be implemented solely in the original coordinate system, if the order of the rotations is reversed.

Now to return to the rotation matrix. Using the definition (7.139) for the matrix corresponding to this rotation operator,

$$
\begin{equation*}
d_{m^{\prime} m}^{(j)}(\boldsymbol{\zeta})=\left\langle j m^{\prime}\right| R(\boldsymbol{\zeta})|j m\rangle=\left\langle j m^{\prime}\right| e^{-i \alpha J_{z} / \hbar} e^{-i \beta J_{y} / \hbar} e^{-i \gamma J_{z} / \hbar}|j m\rangle \tag{7.149}
\end{equation*}
$$

The first and last rotations are thus easy to represent, leaving the second rotation as the only nontrivial one:

$$
\begin{equation*}
d_{m^{\prime} m}^{(j)}(\boldsymbol{\zeta})=e^{-i m^{\prime} \alpha} d_{m^{\prime} m}^{(j)}(\beta \hat{y}) e^{-i m \gamma} \tag{7.150}
\end{equation*}
$$

(rotation matrix, Euler angles)
Wigner's explicit expression for the remaining rotation matrix is ${ }^{20}$

$$
\begin{aligned}
d_{m^{\prime} m}^{(j)}(\beta \hat{y})= & \sqrt{(j+m)!(j-m)!\left(j+m^{\prime}\right)!\left(j-m^{\prime}\right)!} \\
& \times \sum_{s} \frac{(-1)^{s}}{\left(j-m^{\prime}-s\right)!(j+m-s)!\left(s+m^{\prime}-m\right)!s!}\left(\cos \frac{\beta}{2}\right)^{2 j+m-m^{\prime}-2 s}\left(-\sin \frac{\beta}{2}\right)^{m^{\prime}-m+2 s}
\end{aligned}
$$

(middle rotation matrix, explicit form) (7.151) where the sum is over all values of $s$ where the factorials are nonnegative. This form is particularly useful for computer implementation of the rotation matrices. We can also see from this formula that under the replacement $\beta \longrightarrow-\beta$, only the sin factor changes sign, so that

$$
\begin{equation*}
d_{m^{\prime} m}^{(j)}(-\beta \hat{y})=(-1)^{m^{\prime}-m} d_{m^{\prime} m}^{(j)}(\beta \hat{y}) \tag{7.152}
\end{equation*}
$$

since the $2 s$ part never contributes a minus sign. Furthermore, this formula is invariant under the replacements $m \longrightarrow-m^{\prime}$ and $m^{\prime} \longrightarrow-m$,

$$
\begin{equation*}
d_{-m,-m^{\prime}}^{(j)}(\beta \hat{y})=d_{m^{\prime} m}^{(j)}(\beta \hat{y}) \tag{7.153}
\end{equation*}
$$

Finally, since the rotation by $-\beta$ is the transpose of the rotation by $\beta$ (this rotation matrix is orthogonal),

$$
\begin{equation*}
d_{m, m^{\prime}}^{(j)}(-\beta \hat{y})=d_{m^{\prime} m}^{(j)}(\beta \hat{y}) \tag{7.154}
\end{equation*}
$$

[^116]Combining these last three expressions, we find

$$
\begin{equation*}
d_{m m^{\prime}}^{(j)}(\beta \hat{y})=(-1)^{m^{\prime}-m} d_{-m,-m^{\prime}}^{(j)}(\beta \hat{y}) \tag{7.155}
\end{equation*}
$$

This last expression may be generalized to arbitrary axes. Combining it with Eq. (7.150) gives

$$
\begin{equation*}
d_{m^{\prime} m}^{(j)}(\boldsymbol{\zeta})=(-1)^{m-m^{\prime}} d_{-m^{\prime},-m}^{(j) *}(\boldsymbol{\zeta}) \tag{7.156}
\end{equation*}
$$

(rotation matrix conjugation)
where the complex conjugation "undoes" the minus signs of $m$ and $m^{\prime}$ in the exponents of the general rotation matrix.

### 7.3.1.3 Clebsch-Gordan Series

One other useful relation comes by considering the rotation matrix for an arbitrary rotation operator $\mathbf{R}$ :

$$
\begin{equation*}
d_{m^{\prime} m}^{(j)}=\left\langle j m^{\prime}\right| R|j m\rangle \tag{7.157}
\end{equation*}
$$

If we regard the vector $\mathbf{J}$ associated with $j$ to be the $\operatorname{sum} \mathbf{J}_{1}+\mathbf{J}_{2}$, we may write

$$
\begin{equation*}
d_{m^{\prime} m}^{(j)}=\sum_{m_{1} m_{1}^{\prime} m_{2} m_{2}^{\prime}}\left\langle j m^{\prime} \mid j_{1} m_{1}^{\prime}, j_{2} m_{2}^{\prime}\right\rangle\left\langle j_{1} m_{1}^{\prime}, j_{2} m_{2}^{\prime}\right| R\left|j_{1} m_{1}, j_{2} m_{2}\right\rangle\left\langle j_{1} m_{1}, j_{2} m_{2} \mid j m\right\rangle \tag{7.158}
\end{equation*}
$$

Since the rotation acts on each subspace,

$$
\begin{equation*}
d_{m^{\prime} m}^{(j)}=\sum_{m_{1} m_{1}^{\prime} m_{2} m_{2}^{\prime}}\left\langle j m^{\prime} \mid j_{1} m_{1}^{\prime}, j_{2} m_{2}^{\prime}\right\rangle d_{m_{1}^{\prime} m_{1}}^{\left(j_{1}\right)} d_{m_{2}^{\prime} m_{2}}^{\left(j_{2}\right)}\left\langle j_{1} m_{1}, j_{2} m_{2} \mid j m\right\rangle \tag{7.159}
\end{equation*}
$$

(Clebsch-Gordan-series inverse)
This relation acts as a recursion relation by which rotation matrices can be constructed from other rotation matrices of smaller angular momentum. It is also easy to write down the inverse relation, where we find

$$
\begin{equation*}
d_{m_{1}^{\prime} m_{1}}^{\left(j_{1}\right)} d_{m_{2}^{\prime} m_{2}}^{\left(j_{2}\right)}=\sum_{j m m^{\prime}}\left\langle j_{1} m_{1}^{\prime}, j_{2} m_{2}^{\prime} \mid j m^{\prime}\right\rangle d_{m^{\prime} m}^{(j)}\left\langle j m \mid j_{1} m_{1}, j_{2} m_{2}\right\rangle \tag{7.160}
\end{equation*}
$$

(Clebsch-Gordan series)
This relation is called the Clebsch-Gordan series. ${ }^{21}$ Obviously, the summations in both this relation and its inverse are constrained heavily by the triangularity of the Clebsch-Gordan coefficients.

### 7.3.2 Spherical Harmonics

Now we consider the physical-space representation of angular-momentum states $|j m\rangle$, in particular the projection into angular states $\langle\theta, \phi \mid j m\rangle$. First, consider what happens under a simple rotation, say about the $z$-axis. This rotation corresponds to $\beta=\gamma=0$ in the Euler angles above, giving a rotation operator of simply

$$
\begin{equation*}
R(\boldsymbol{\alpha})=e^{-i \alpha J_{z} / \hbar} \tag{7.161}
\end{equation*}
$$

or a rotation matrix

$$
\begin{equation*}
d_{m^{\prime} m}^{(j)}(\boldsymbol{\alpha})=e^{-i m \alpha} \tag{7.162}
\end{equation*}
$$

Now if $\alpha=2 \pi$, then

$$
\begin{equation*}
d_{m^{\prime} m}^{(j)}(\boldsymbol{\alpha})=e^{-i m 2 \pi}, \tag{7.163}
\end{equation*}
$$

but if $j$ is a half-integer, then so is $m$, and the rotation operator amounts to a factor of -1 . On the other hand, if $j$ is an integer, then so is $m$, and the rotation operator is just the identity. The latter corresponds to what we expect for a vector in coordinate space: a rotation by $2 \pi$ should amount to nothing. However,

[^117]this is not the case for half-integer angular momenta, and so we conclude that these do not represent angular momenta of, say, particles (i.e., orbital angular momentum). However, for intrinsic particle spins, halfinteger angular momenta are just fine, since we don't require $2 \pi$-periodicity in that case. Nonetheless, it seems rather strange that, say a qubit (spin- $1 / 2$ particle), under a $2 \pi$-rotation, flips its sign; only under a $4 \pi$-rotation is it invariant. ${ }^{22}$

Thus, for coordinate representations of angular-momenta, we will only consider the case of integer $j$. We will thus use the alternate notation for such "orbital" angular momenta of $|\ell m\rangle$ being a simultaneous eigenstate of $\mathbf{L}^{2}$ and $L_{z}$, with $\mathbf{L}:=\mathbf{r} \times \mathbf{p}$. We can thus define the spherical harmonic as the projection onto the usual spherical angles

$$
\begin{equation*}
Y_{\ell}^{m}(\theta, \phi):=\langle\theta, \phi \mid \ell m\rangle \tag{7.164}
\end{equation*}
$$

(spherical harmonic)
Later, in Section 8.4.4.1, we show that the spherical harmonics have the form

$$
\begin{equation*}
Y_{\ell}^{m}(\theta, \phi)=\sqrt{\frac{(2 \ell+1)(\ell-m)!}{4 \pi(\ell+m)!}} P_{\ell}^{m}(\cos \theta) e^{i m \phi} \tag{7.165}
\end{equation*}
$$

(spherical harmonic)
where $P_{\ell}^{m}(\cos \theta)$ is an associated Legendre function, by solving the scalar wave equation in spherical coordinates, which applies to the present case of the Schrödinger equation. Some examples of low-order spherical harmonics are

$$
\begin{equation*}
Y_{0}^{0}(\theta, \phi)=\frac{1}{\sqrt{4 \pi}}, \quad Y_{1}^{0}(\theta, \phi)=\sqrt{\frac{3}{4 \pi}} \cos \theta, \quad Y_{1}^{ \pm 1}(\theta, \phi)=\mp \sqrt{\frac{3}{8 \pi}} \sin \theta e^{ \pm i \phi} \tag{7.166}
\end{equation*}
$$

corresponding to monopole and dipole angular patterns.
The spherical harmonics are orthonormal, being representations of $|\ell m\rangle$. Thus, using $\left\langle\ell^{\prime} m^{\prime} \mid \ell m\right\rangle=$ $\delta_{\ell \ell^{\prime}} \delta_{m m^{\prime}}$, we can insert the identity

$$
\begin{equation*}
\int d \Omega|\theta, \phi\rangle\langle\theta, \phi|=1 \tag{7.167}
\end{equation*}
$$

in terms of angular states to obtain

$$
\begin{equation*}
\int d \Omega Y_{l}^{m}(\theta, \phi) Y_{l^{\prime}}^{m^{\prime}}(\theta, \phi)=\delta_{\ell \ell^{\prime}} \delta_{m m^{\prime}} \tag{7.168}
\end{equation*}
$$

(orthonormality relation)
which is simply the expicit statement of orthonormality of the spherical harmonics.

### 7.3.2.1 Sum Rule and Addition Theorem

Another important relation comes from considering the sum

$$
\begin{equation*}
\sum_{m}\left\langle\theta_{2}, \phi_{2} \mid \ell m\right\rangle\left\langle\ell m \mid \theta_{1}, \phi_{1}\right\rangle=\sum_{m} Y_{l}^{m *}\left(\theta_{1}, \phi_{1}\right) Y_{l}^{m}\left(\theta_{2}, \phi_{2}\right), \tag{7.169}
\end{equation*}
$$

for two spherical angles $\left(\theta_{1}, \phi_{1}\right)$ and $\left(\theta_{2}, \phi_{2}\right)$. We now intend to show that this expression is independent of orientation (i.e., it is a scalar under rotations) by showing it is equivalent to the rotated version

$$
\begin{equation*}
\sum_{m}\left\langle\theta_{2}, \phi_{2}\right| R|\ell m\rangle\langle\ell m| R^{-1}\left|\theta_{1}, \phi_{1}\right\rangle=\sum_{m} Y_{\ell}^{m *}\left(\theta_{1}^{\prime}, \phi_{1}^{\prime}\right) Y_{\ell}^{m}\left(\theta_{2}^{\prime}, \phi_{2}^{\prime}\right) \tag{7.170}
\end{equation*}
$$

for some rotation operator $R$, where $R|l, m\rangle$ is the rotated state. Recall that there are two ways to think of a rotation: the first is that the rotation operator acts on (and rotates) the state vector, while the other is that

[^118]the rotation operator acts on the basis vectors $|\theta, \phi\rangle$ and rotates the coordinate system in the opposite sense. Thus, the rotated angles $\left(\theta_{1}^{\prime}, \phi_{1}^{\prime}\right)$ and $\left(\theta_{2}^{\prime}, \phi_{2}^{\prime}\right)$ are defined by $\left|\theta_{\alpha}^{\prime}, \phi_{\alpha}^{\prime}\right\rangle:=R^{-1}\left|\theta_{\alpha}, \phi_{\alpha}\right\rangle$. The rotation operator has a matrix representation that we will denote by $d_{m^{\prime} m}^{(l)}$, which is unitary matrix. Thus, Eq. (7.170) becomes
\[

$$
\begin{equation*}
\sum_{m} Y_{\ell}^{m *}\left(\theta_{1}^{\prime}, \phi_{1}^{\prime}\right) Y_{\ell}^{m}\left(\theta_{2}^{\prime}, \phi_{2}^{\prime}\right)=\sum_{m m^{\prime} m^{\prime \prime}} d_{m^{\prime} m}^{(\ell)} d_{m m^{\prime \prime}}^{(\ell) *}\left\langle\theta_{2}, \phi_{2} \mid \ell m^{\prime}\right\rangle\left\langle\ell m^{\prime \prime} \mid \theta_{1}, \phi_{1}\right\rangle \tag{7.171}
\end{equation*}
$$

\]

where we have used the unitarity of the rotation matrix. We can carry out the sum over $m$ by again using the unitarity of the rotation matrix, which we may write as

$$
\begin{equation*}
\sum_{m} d_{m^{\prime} m}^{(\ell)} d_{m m^{\prime \prime}}^{(\ell) *}=\delta_{m^{\prime} m^{\prime \prime}} \tag{7.172}
\end{equation*}
$$

So that we arrive at

$$
\begin{equation*}
\sum_{m} Y_{\ell}^{m *}\left(\theta_{1}^{\prime}, \phi_{1}^{\prime}\right) Y_{\ell}^{m}\left(\theta_{2}^{\prime}, \phi_{2}^{\prime}\right)=\sum_{m}\left\langle\theta_{2}, \phi_{2} \mid \ell m\right\rangle\left\langle\ell m \mid \theta_{1}, \phi_{1}\right\rangle, \tag{7.173}
\end{equation*}
$$

after dropping primes from the remaininng dummy index. Then comparing to Eq. (7.169), we now see the independence of the sum under rotations:

$$
\begin{equation*}
\sum_{m} Y_{\ell}^{m *}\left(\theta_{1}^{\prime}, \phi_{1}^{\prime}\right) Y_{\ell}^{m}\left(\theta_{2}^{\prime}, \phi_{2}^{\prime}\right)=\sum_{m} Y_{\ell}^{m *}\left(\theta_{1}, \phi_{1}\right) Y_{\ell}^{m}\left(\theta_{2}, \phi_{2}\right) \tag{7.174}
\end{equation*}
$$

In particular, we may choose the rotation such that $\left(\theta_{1}^{\prime}, \phi_{1}^{\prime}\right)$ point along the $z$-axis, and $\phi_{2}^{\prime}=0$. Now we use the fact that $P_{l}^{m}(\cos 0)=P_{l}^{m}(1)=\delta_{m 0}$, and thus from Eq. (7.165), we have

$$
\begin{equation*}
Y_{\ell}^{m}(0, \phi)=\sqrt{\frac{2 l+1}{4 \pi}} \delta_{m 0} \tag{7.175}
\end{equation*}
$$

Thus we arrive at the spherical-harmonic addition theorem

$$
\begin{equation*}
Y_{\ell}^{0}(\theta, 0)=\sqrt{\frac{4 \pi}{2 l+1}} \sum_{m} Y_{\ell}^{m *}\left(\theta_{1}, \phi_{1}\right) Y_{\ell}^{m}\left(\theta_{2}, \phi_{2}\right) \tag{7.176}
\end{equation*}
$$

where $\theta=\theta_{2}^{\prime}$ is the angle between the radial vectors corresponding to the two directions $\left(\theta_{1}, \phi_{1}\right)$ and $\left(\theta_{2}, \phi_{2}\right)$.
Taking $\theta_{1}=\theta_{2}$ and $\phi_{1}=\phi_{2}$, so that $\theta=0$ in the addition theorem, we can drop the subscripts and write the sum rule

$$
\begin{equation*}
\sum_{m=-l}^{l}\left|Y_{l}^{m}(\theta, \phi)\right|^{2}=\frac{2 l+1}{4 \pi} \tag{7.177}
\end{equation*}
$$

where we have again used Eq. (7.175). This sum rule is essentially just another statement of the rotational invariance of products of spherical harmonics when summed over $m$. This statement indicates indirectly that the $m$ quantum number determines the orientation of the modes; summing over it results in an isotropic angular distribution.

### 7.3.2.2 Relation to the Rotation Matrix

As in the previous section, when a spherical harmonic

$$
\begin{equation*}
\langle\theta, \phi \mid \ell m\rangle=Y_{\ell}^{m}(\theta, \phi) \tag{7.178}
\end{equation*}
$$

is rotated, we can express the result in primed coordinates

$$
\begin{equation*}
\langle\theta, \phi| R|\ell m\rangle=Y_{\ell}^{m}\left(\theta^{\prime}, \phi^{\prime}\right) \tag{7.179}
\end{equation*}
$$

and then expressing the rotation operator as a matrix and using the first expression,

$$
\begin{equation*}
\sum_{m^{\prime}} Y_{\ell}^{m^{\prime}}(\theta, \phi) d_{m^{\prime} m}^{(\ell)}=Y_{\ell}^{m}\left(\theta^{\prime}, \phi^{\prime}\right) \tag{7.180}
\end{equation*}
$$

In general, the rotation matrix can be specified in terms of the Euler angles. Writing this explicitly while omitting the last one (i.e., taking $\gamma=0$ ),

$$
\begin{equation*}
Y_{\ell}^{m}\left(\theta^{\prime}, \phi^{\prime}\right)=\sum_{m^{\prime}} d_{m^{\prime} m}^{(\ell)}(\alpha, \beta, 0) Y_{\ell}^{m^{\prime}}(\theta, \phi) \tag{7.181}
\end{equation*}
$$

Now we set $\theta \longrightarrow \theta_{2}, \phi \longrightarrow \phi_{2}, m=0, \alpha \longrightarrow \theta_{1}, \beta \longrightarrow \theta_{2}, \theta^{\prime} \longrightarrow \theta$, and we take the rotation to be such that $\phi^{\prime}=0$ :

$$
\begin{equation*}
Y_{\ell}^{0}(\theta, 0)=\sum_{m^{\prime}} d_{m^{\prime} 0}^{(\ell)}\left(\phi_{1}, \theta_{1}, 0\right) Y_{\ell}^{m^{\prime}}\left(\theta_{2}, \phi_{2}\right) \tag{7.182}
\end{equation*}
$$

We can now compare this result to the spherical-harmonic sum rule (7.176) and see that they have the same form if we identify

$$
\begin{equation*}
Y_{\ell}^{m *}(\theta, \phi)=\sqrt{\frac{2 \ell+1}{4 \pi}} d_{m 0}^{(\ell)}(\phi, \theta, 0) \tag{7.183}
\end{equation*}
$$

(spherical harmonic as rotation matrix)
Indeed, in our setup here, $\theta$ is still the angle between the vectors along $\left(\theta_{1}, \phi_{1}\right)$ and $\left(\theta_{2}, \phi_{2}\right)$. We have chosen the rotation $\phi_{1}$ to bring the vector along $\left(\theta_{2}, \phi_{2}\right)$ to the $x-z$ plane, and thus with this particular orientation of the problem, $\phi_{1}=\phi_{2}$. The remaining rotation indicated by $\theta_{1}$ determines the separation angle between $\theta_{1}$ and $\theta_{2}$ via $\theta=\theta_{2}-\theta_{1}$. (Recall that the rotation matrices acting on the coordinate systems induce the opposite rotation as on the states.) In particular, this representation of the spherical harmonics implies the conjugation relation

$$
\begin{equation*}
Y_{l}^{m *}(\theta, \phi)=(-1)^{m} Y_{l}^{-m}(\theta, \phi) \tag{7.184}
\end{equation*}
$$

(spherical-harmonic conjugation)
as a direct consequence of Eq. (7.156).
Furthermore, if we use the Clebsch-Gordan series (7.160) with the second indices set to zero,

$$
\begin{equation*}
d_{m_{1} 0}^{\left(\ell_{1}\right)} d_{m_{2} 0}^{\left(\ell_{2}\right)}=\sum_{\ell m}\left\langle\ell_{1} m_{1}, \ell_{2} m_{2} \mid \ell m\right\rangle d_{m 0}^{(\ell)}\left\langle\ell 0 \mid \ell_{1} 0, \ell_{2} 0\right\rangle \tag{7.185}
\end{equation*}
$$

we can then use the representation (7.183) to write

$$
\begin{equation*}
Y_{\ell_{1}}^{m_{1}}(\theta, \phi) Y_{\ell_{2}}^{m_{2}}(\theta, \phi)=\sum_{\ell m} \sqrt{\frac{\left(2 \ell_{1}+1\right)\left(2 \ell_{2}+1\right)}{4 \pi(2 \ell+1)}}\left\langle\ell_{1} m_{1}, \ell_{2} m_{2} \mid \ell m\right\rangle\left\langle\ell 0 \mid \ell_{1} 0, \ell_{2} 0\right\rangle Y_{\ell}^{m}(\theta, \phi) \tag{7.186}
\end{equation*}
$$

(recoupling relation)
after complex conjugation. This is the recoupling relation for spherical harmonics. Using Eq. (7.68) to relate the Clebsch-Gordan coefficients to $3-j$ symbols, we find the alternate form ${ }^{23}$

$$
Y_{\ell_{1}}^{m_{1}}(\theta, \phi) Y_{\ell_{2}}^{m_{2}}(\theta, \phi)=\sum_{\ell m}(-1)^{m} \sqrt{\frac{\left(2 \ell_{1}+1\right)\left(2 \ell_{2}+1\right)(2 \ell+1)}{4 \pi}}\left(\begin{array}{ccc}
\ell_{1} & \ell_{2} & \ell \\
m_{1} & m_{2} & m
\end{array}\right)\left(\begin{array}{ccc}
\ell_{1} & \ell_{2} & \ell \\
0 & 0 & 0
\end{array}\right) Y_{\ell}^{-m}(\theta, \phi)
$$

(recoupling relation) (7.187)
after letting $m \longrightarrow-m$. Again, $\ell$ ranges from $\left|\ell_{1}-\ell_{2}\right|$ to $\ell_{1}+\ell_{2}$ and $m_{1}+m_{2}=-m$ for the 3- $j$ symbols to be nonvanishing.

[^119]
### 7.3.3 Irreducible Tensor Operators

### 7.3.3.1 Spherical Basis

As a prelude to introducing irreducible tensor operators, we will examine the spherical basis, which will be important in treating dipole interactions with angular momentum. The spherical basis is simply an alternative to the Cartesian vector basis that is especially convenient when dealing with angular momentum. In terms of the Cartesian basis vectors $\hat{x}, \hat{y}$, and $\hat{z}$, the spherical basis vectors are defined as

$$
\begin{align*}
\hat{\mathrm{e}}_{ \pm 1} & :=\mp \frac{1}{\sqrt{2}}(\hat{x} \pm i \hat{y})=-\left(\hat{\mathrm{e}}_{\mp 1}\right)^{*}  \tag{7.188}\\
\hat{\mathrm{e}}_{0} & :=\hat{z}=\left(\hat{\mathrm{e}}_{0}\right)^{*}
\end{align*}
$$

(spherical basis vectors)

Likewise, if the components of a vector $\mathbf{A}$ are defined such that $\mathbf{A}=A_{x} \hat{x}+A_{y} \hat{y}+A_{z} \hat{z}$, then the components of $\mathbf{A}$ in the spherical basis are given by

$$
\begin{align*}
A_{ \pm 1} & =\mp \frac{1}{\sqrt{2}}\left(A_{x} \pm i A_{y}\right)  \tag{7.189}\\
A_{0} & =A_{z}
\end{align*}
$$

(vector components in spherical basis)
where $A_{q}:=\hat{\mathrm{e}}_{q} \cdot \mathbf{A}$, and

$$
\begin{equation*}
\mathbf{A}=\sum_{q}(-1)^{q} A_{q} \hat{\mathrm{e}}_{-q}=\sum_{q} A_{q} \hat{\mathrm{e}}_{q}^{*} \tag{7.190}
\end{equation*}
$$

(vector in spherical basis)
Inverting Eqs. (7.189) gives

$$
\begin{align*}
& A_{x}=-\frac{1}{\sqrt{2}}\left(A_{1}-A_{-1}\right) \\
& A_{y}=\frac{i}{\sqrt{2}}\left(A_{1}+A_{-1}\right)  \tag{7.191}\\
& A_{z}=A_{0}
\end{align*}
$$

Then, in the spherical basis, the dot product of two vectors is given by

$$
\begin{equation*}
\mathbf{A} \cdot \mathbf{B}=\sum_{q}(-1)^{q} A_{q} \hat{\mathrm{e}}_{-q} \cdot \mathbf{B}=\sum_{q}(-1)^{q} A_{q} B_{-q}=\sum_{q} A_{q}\left(B^{*}\right)_{q}^{*} \tag{7.192}
\end{equation*}
$$

(dot product in spherical basis)
so that $\mathbf{A}^{*} \cdot \mathbf{B}=\sum_{q}\left(A_{q}\right)^{*} B_{q}$ and $|\mathbf{A}|^{2}=\sum_{q}\left|A_{q}\right|^{2}$. Finally, we note that the components of the position vector $\mathbf{r}$ can be written

$$
\begin{align*}
r_{ \pm 1} & =\mp \frac{r}{\sqrt{2}} \sin \theta e^{ \pm i \phi}  \tag{7.193}\\
r_{0} & =r \cos \theta
\end{align*}
$$

(position operator in spherical basis)
or more compactly,

$$
\begin{equation*}
r_{q}=r \sqrt{\frac{4 \pi}{3}} Y_{1}^{q}(\theta, \phi) \tag{7.194}
\end{equation*}
$$

These forms will be useful, for example, when evaluating the dipole radiation pattern, and they show explicitly the connection of spherical-basis vector operators to the dipolar spherical harmonics.

### 7.3.3.2 General Definition

The position vector here (as with any Cartesian three-vector) in the spherical basis is a vector operator, because of the way the three components transform among each other under rotations. We will now generalize this notion of sets of operators that are closed under rotations. An irreducible tensor operator of rank $k$ (specifically, a spherical tensor operator), which we denote by $\mathbf{T}^{(k)}$ is a set of $2 k+1$ operators that transform among themselves under rotations in the same way as the angular-momentum states $|j m\rangle$, where $j=k$ :

$$
\begin{equation*}
R(\boldsymbol{\zeta}) T_{q}^{(k)} R^{\dagger}(\boldsymbol{\zeta})=\sum_{q^{\prime}=-k}^{k} T_{q^{\prime}}^{(k)} d_{q^{\prime} q}^{(k)}(\boldsymbol{\zeta}) \tag{7.195}
\end{equation*}
$$

(spherical tenssor operator)

Equivalently, they transform in the same way under rotations as the spherical harmonics, as in Eq. (7.180). In this context, irreducible means that there is no proper subset of the component operators that transform among themselves in a similar way. This is already guaranteed by the definition, as the set of angularmomentum basis states $|j m\rangle$ is irreducible in the same sense.

This definition actually introduces spherical tensors in general: that is, sets of components that transform into each other. Since again we require that they transform as the spherical harmonics, then the spherical harmonics $Y_{\ell}^{m}$ give a particular example of a spherical tensor of rank $\ell$. The tensor operator comes about when we take each component of the tensor to be an operator. Since we have already seen that the position operator in the spherical basis is proportional to $Y_{1}^{m}$, as in Eq. (7.194), we know that $\mathbf{r}$ transforms as a spherical tensor of rank 1. Thus, $\mathbf{r}$ is an example of a rank-1 irreducible tensor operator according to the definition here, which is again also a vector operator.

### 7.3.3.3 Cartesian Tensors

The more familiar type of tensor is the Cartesian tensor, of the form $M_{\alpha \beta}$, for example, for a rank- 2 tensor, where $\alpha$ and $\beta$ range from 1 to 3 (or $x$ to $z$ ). A rank- $k$ Cartesian tensor is generally represented by $k$ indices, and transforms under rotations according to

$$
\begin{equation*}
\tilde{M}_{\alpha_{1} \alpha_{2} \cdots \alpha_{k}}=R_{\alpha_{1} \beta_{1}} R_{\alpha_{2} \beta_{2}} \cdots R_{\alpha_{k} \beta_{k}} M_{\beta_{1} \beta_{2} \cdots \beta_{k}} \tag{7.196}
\end{equation*}
$$

where

$$
\begin{equation*}
R_{\alpha \beta}=\langle\alpha| R|\beta\rangle \tag{7.197}
\end{equation*}
$$

is the rotation operator expressed in Cartesian coordinates. That is, the rotation operator is applied to each dimension, represented by each index.

How is the Cartesian tensor related to the irreducible tensors? Well, returning to the rank- 2 example, the Cartesian tensor operator has nine independent component operator, whereas the irreducible, rank-2 tensor has only five. The Cartesian tensor must be reducible, and we can reduce it as follows. We may construct a scalar, or rank- 0 operator, by computing the trace,

$$
\begin{equation*}
M^{(0)}=\operatorname{Tr}\left[M_{\alpha \beta}\right]=M_{\alpha \alpha} \tag{7.198}
\end{equation*}
$$

This is invariant under rotations, since computing the trace after a rotation gives $\operatorname{Tr}\left[R \mathbf{M} R^{\dagger}\right]=\operatorname{Tr}[\mathbf{M}]$ after cyclic permutation under the trace. We can then form a vector (rank-1) operator as

$$
\begin{equation*}
M_{\mu}^{(1)}=\epsilon_{\mu \alpha \beta}\left(M_{\alpha \beta}-M_{\beta \alpha}\right) \tag{7.199}
\end{equation*}
$$

(vector part)
which has three independent components and is clearly related to the antisymmetric part of $M_{\alpha \beta}$. To see that it transforms as a vector under rotations, we can compute the vector after rotation of the tensor, with the result

$$
\begin{align*}
\tilde{M}_{\mu}^{(1)} & =\epsilon_{\mu \alpha \beta}\left[R_{\alpha \sigma} M_{\sigma \tau}\left(R^{\dagger}\right)_{\tau \beta}-R_{\tau \beta} M_{\beta \alpha}\left(R^{\dagger}\right)_{\alpha \sigma}\right]  \tag{7.200}\\
& =\epsilon_{\mu \alpha \beta}\left(R_{\alpha \sigma} M_{\sigma \tau} R_{\beta \tau}-R_{\tau \beta} M_{\beta \alpha} R_{\sigma \alpha}\right)
\end{align*}
$$

Now note that the cross product $\mathbf{A} \times \mathbf{B}$ of two vectors, after rotating each vector, is the same as the rotation of the cross product itself, or

$$
\begin{equation*}
(\mathbf{R A}) \times(\mathbf{R B})=\mathbf{R}(\mathbf{A} \times \mathbf{B}) \tag{7.201}
\end{equation*}
$$

where $\mathbf{R}$ is the rotation matrix. Expressed in components, this becomes

$$
\begin{equation*}
\epsilon_{\mu \alpha \beta}\left(R_{\alpha \sigma} A_{\sigma}\right)\left(R_{\beta \tau} B_{\tau}\right)=R_{\mu \nu}\left(\epsilon_{\nu \sigma \tau} A_{\sigma} B_{\tau}\right) \tag{7.202}
\end{equation*}
$$

Since this holds for any $\mathbf{A}$ and $\mathbf{B}$, we may drop them and write

$$
\begin{equation*}
\epsilon_{\mu \alpha \beta} R_{\alpha \sigma} R_{\tau \beta}=R_{\mu \nu} \epsilon_{\nu \sigma \tau} \tag{7.203}
\end{equation*}
$$

Putting this into Eq. (7.200),

$$
\begin{equation*}
\tilde{M}_{\mu}^{(1)}=R_{\mu \nu} \epsilon_{\nu \sigma \tau}\left(M_{\sigma \tau}-M_{\tau \sigma}\right) \tag{7.204}
\end{equation*}
$$

which is the proper vector rotation of Eq. (7.199). Obviously, this vector operator is still expressed in Cartesian components, but can be transformed to a spherical tensor by Eqs. (7.189).

Finally, the reduced (now irreducible) rank-2 tensor is what remains, or is in other words the original tensor with the trace and antisymmetric parts subtracted away:

$$
\begin{equation*}
M_{\alpha \beta}^{(2)}=M_{(\alpha \beta)}-\frac{1}{3} M_{\mu \mu} \delta_{\alpha \beta} \tag{7.205}
\end{equation*}
$$

(irreducible tensor part)
where $M_{(\alpha \beta)}=\left(M_{\alpha \beta}+M_{\beta \alpha}\right) / 2$ denotes the symmetrized Cartesian tensor. The resulting tensor is clearly symmetric and traceless, and has only 5 independent components, as is consistent with the irreducible rank-2 form. It is also still obviously a rank- 2 tensor, since it is a linear combination of $M_{\alpha \beta}, M_{\beta \alpha}$, and $\delta_{\alpha \beta}$, which are all rank- 2 tensors. However, the transformation of the remaining components to a spherical rank- 2 tensor is more complicated than for the vector-operator case.

In any case, we may now write the original tensor in terms of its irreducible components as

$$
\begin{equation*}
M_{\alpha \beta}=\frac{1}{3} M^{(0)} \delta_{\alpha \beta}+\frac{1}{4} M_{\mu}^{(1)} \epsilon_{\mu \alpha \beta}+M_{\alpha \beta}^{(2)} \tag{7.206}
\end{equation*}
$$

(reduced Cartensian tensor)
We can see this by using Eqs. (7.198), (7.199), and (7.205) to write

$$
\begin{align*}
\frac{1}{3} M^{(0)} \delta_{\alpha \beta}+\frac{1}{4} M_{\mu}^{(1)} \epsilon_{\mu \alpha \beta}+M_{\alpha \beta}^{(2)} & =\frac{1}{3} M_{\mu \mu} \delta_{\alpha \beta}+\frac{1}{4}\left[\epsilon_{\mu \sigma \tau}\left(M_{\sigma \tau}-M_{\tau \sigma}\right)\right] \epsilon_{\mu \alpha \beta}+\left[M_{(\alpha \beta)}-\frac{1}{3} M_{\mu \mu} \delta_{\alpha \beta}\right] \\
& =\frac{1}{4} \epsilon_{\mu \alpha \beta} \epsilon_{\mu \sigma \tau}\left(M_{\sigma \tau}-M_{\tau \sigma}\right)+M_{(\alpha \beta)} \\
& =\frac{1}{4}\left(\delta_{\alpha \sigma} \delta_{\beta \tau}-\delta_{\alpha \tau} \delta_{\beta \sigma}\right)\left(M_{\sigma \tau}-M_{\tau \sigma}\right)+M_{(\alpha \beta)}  \tag{7.207}\\
& =\frac{1}{4}\left[\left(M_{\alpha \beta}-M_{\beta \alpha}\right)-\left(M_{\beta \alpha}-M_{\alpha \beta}\right)\right]+\frac{1}{2}\left(M_{\alpha \beta}+M_{\beta \alpha}\right) \\
& =M_{\alpha \beta}
\end{align*}
$$

where we have used the relation

$$
\begin{equation*}
\epsilon_{\mu \alpha \beta} \epsilon_{\mu \sigma \tau}=\delta_{\alpha \sigma} \delta_{\beta \tau}-\delta_{\alpha \tau} \delta_{\beta \sigma} \tag{7.208}
\end{equation*}
$$

which is essentially the "bac-cab" vector identity $\mathbf{A} \times(\mathbf{B} \times \mathbf{C})=\mathbf{B}(\mathbf{A} \cdot \mathbf{C})-\mathbf{C}(\mathbf{A} \cdot \mathbf{B})$ written in tensor notation (Problem 7.2).

### 7.3.3.4 Products of Tensors

With Cartesian tensors, taking the product of two tensors to form a higher-rank tensor is straightforward: just multiply them as usual. For example, to take two vectors to form a tensor, we write

$$
\begin{equation*}
M_{\alpha \beta}=A_{\alpha} B_{\beta} \tag{7.209}
\end{equation*}
$$

(Cartesian tensor product)
In general, the tensor product of two Cartesian tensors of rank $k_{1}$ and $k_{2}$ will be of rank $k=k_{1}+k_{2}$. However, the case of spherical tensors is a bit more complicated. If we take the addition rule (7.40) for two angular momenta, and then project them into angular states $|\theta, \phi\rangle$, we find that the combination of two spherical harmonics is

$$
\begin{equation*}
Y_{\ell}^{m}(\theta, \phi)=\sum_{\substack{m_{1} m_{2} \\\left(m_{1}+m_{2}=m\right)}} Y_{\ell_{1}}^{m_{1}}(\theta, \phi) Y_{\ell_{2}}^{m_{2}}(\theta, \phi)\left\langle\ell_{1} m_{1} ; \ell_{2} m_{2} \mid \ell m\right\rangle \tag{7.210}
\end{equation*}
$$

where $\left|\ell_{1}-\ell_{2}\right| \leq \ell \leq \ell_{1}+\ell_{2}$. Spherical harmonics are an example of spherical tensors, and in fact we defined spherical tensors to transform in the same way as spherical harmonics. Thus, we conclude that

$$
\begin{equation*}
T_{q}^{(k)}=\sum_{\substack{q_{1} q_{2} \\\left(q_{1}+q_{2}=q\right)}} T_{q_{1}}^{\left(k_{1}\right)} T_{q_{2}}^{\left(k_{2}\right)}\left\langle k_{1} q_{1} ; k_{2} q_{2} \mid k q\right\rangle \tag{7.211}
\end{equation*}
$$

(spherical tensor product)
where $\left|k_{1}-k_{2}\right| \leq k \leq k_{1}+k_{2}$. This is how products of spherical tensors work: spherical tensors of rank $k_{1}$ and $k_{2}$ can be combined to form a spherical tensor with a range of different ranks. For example, suppose we want to take a product of two vector operators $\mathbf{A}$ and $\mathbf{B}$. The resulting product tensor $\mathbf{T}^{(k)}$ could have a rank of $k=0,1$, or 2 . The rank- 0 combination is

$$
\begin{equation*}
T_{0}^{(0)}=\sum_{q=-1}^{1} A_{q} B_{-q}\langle 1 q ; 1-q \mid 00\rangle=-\sum_{q=-1}^{1} \frac{(-1)^{q}}{\sqrt{3}} A_{q} B_{-q}, \tag{7.212}
\end{equation*}
$$

which we see is the scalar product of the two vectors, up to a constant factor.

$$
\begin{equation*}
T_{0}^{(0)}=-\frac{1}{\sqrt{3}} \mathbf{A} \cdot \mathbf{B} \tag{7.213}
\end{equation*}
$$

(rank-0 vector product)
The rank- 1 combination is

$$
\begin{equation*}
T_{q}^{(1)}=\sum_{q^{\prime}=-1}^{1} A_{q^{\prime}} B_{q-q^{\prime}}\left\langle 1 q^{\prime} ; 1 q-q^{\prime} \mid 1 q\right\rangle . \tag{7.214}
\end{equation*}
$$

Writing out the three components of the resulting vector,

$$
\begin{align*}
T_{1}^{(1)} & =\frac{1}{\sqrt{2}}\left(A_{1} B_{0}-A_{0} B_{1}\right) \\
T_{0}^{(1)} & =\frac{1}{\sqrt{2}}\left(A_{1} B_{-1}-A_{-1} B_{1}\right)  \tag{7.215}\\
T_{-1}^{(1)} & =\frac{1}{\sqrt{2}}\left(A_{0} B_{-1}-A_{-1} B_{0}\right)
\end{align*}
$$

and then putting in the definitions of the spherical-vector components, we see that the vector product is the usual cross product, expressed in spherical coordinates:

$$
\begin{equation*}
T_{q}^{(1)}=\frac{i}{\sqrt{2}}(\mathbf{A} \times \mathbf{B})_{q} \tag{7.216}
\end{equation*}
$$

(rank-1 vector product)

Finally, the rank-2 combination is

$$
\begin{equation*}
T_{q}^{(2)}=\sum_{q^{\prime}=-1}^{1} A_{q^{\prime}} B_{q-q^{\prime}}\left\langle 1 q^{\prime} ; 1 q-q^{\prime} \mid 2 q\right\rangle . \tag{7.217}
\end{equation*}
$$

Writing out the resulting five tensor components,

$$
\begin{align*}
& T_{ \pm 2}^{(2)}=A_{ \pm 1} B_{ \pm 1} \\
& T_{ \pm 1}^{(2)}=\frac{1}{\sqrt{2}}\left(A_{ \pm 1} B_{0}+A_{0} B_{ \pm 1}\right)  \tag{7.218}\\
& T_{0}^{(2)}=\frac{1}{\sqrt{6}}\left(A_{1} B_{-1}+2 A_{0} B_{0}+A_{-1} B_{1}\right)
\end{align*}
$$

(rank-2 vector product)

In fact, what we have rederived here is the reduction of the previous section of the rank- 2 Cartesian tensor $M_{\alpha \beta}=A_{\alpha} B_{\beta}$ into its irreducible parts. Up to constant overall factors, the scalar product (7.213) is the trace (7.198), the cross product (7.216) is the antisymmetric part (7.199) of the tensor, and the rank- 2 tensor (7.218) is the traceless, symmetric part (7.205) of the tensor, but here written out in spherical components (which works for arbitrary Cartesian tensors under the identification $M_{\alpha \beta}=A_{\alpha} B_{\beta}$ ).

Finally, we note that with Cartesian tensors, tensor products of lower rank than we have already considered are possible via contraction, or making two indices the same and summing over the result. For example, the scalar product of two Cartesian vectors is $A_{\alpha} B_{\alpha}$, which is of course lower rank than the tensor product $A_{\alpha} B_{\beta}$. The usual matrix product $M_{\alpha \gamma}=A_{\alpha \beta} B_{\beta \gamma}$ is the same idea, giving a rank- 2 tensor as the product of two rank- 2 tensors, which could give instead a rank- 4 tensor without contraction. A scalar can then be obtained by a second contraction, $M_{\alpha \alpha}=A_{\alpha \beta} B_{\beta \alpha}$. In general, the product of a rank- $k_{1}$ tensor and a rank- $k_{2}$ tensor is of rank $k_{1}+k_{2}$, and this composite rank can be reduced by 2 at a time by contraction. We have already seen how this works for spherical vectors above, and in fact we have also seen that it is possible to reduce the rank by only one, by multiplying by $\epsilon_{\alpha \beta \gamma}$ and then contracting the resulting tensor product (i.e., to give a cross product between vectors). We will simply note here that given two spherical tensors of the same rank $k$, it is always possible to construct a scalar product. Using Eq. (7.211),

$$
\begin{equation*}
T_{0}^{(0)}=\sum_{q} T_{q}^{(k)} U_{-q}^{(k)}\langle k q ; k-q \mid 00\rangle=\sum_{q} \frac{(-1)^{k+q}}{\sqrt{2 k+1}} T_{q}^{(k)} U_{-q}^{(k)}, \tag{7.219}
\end{equation*}
$$

after evaluating the Clebsch-Gordan coefficient. Usually we move the invariant factor out of the sum

$$
\begin{equation*}
(-1)^{-k} \sqrt{2 k+1} T_{0}^{(0)}=\sum_{q}(-1)^{q} T_{q}^{(k)} U_{-q}^{(k)} \tag{7.220}
\end{equation*}
$$

and then define the result to be the scalar product of the two spherical tensors:

$$
\begin{equation*}
\mathbf{T}^{(k)} \cdot \mathbf{U}^{(k)}:=\sum_{q=-k}^{k}(-1)^{q} T_{q}^{(k)} U_{-q}^{(k)} \tag{7.221}
\end{equation*}
$$

(spherical tensor product)
This extra factor is precisely the factor of $-1 / \sqrt{3}$ from Eq. (7.213) beyond the usual scalar product of two vectors. Thus, the definition (7.221) of the scalar product reduces to the usual Cartesian definition for $k=1$, as we see from Eq. (7.192) in our discussion of spherical vectors.

### 7.3.3.5 Commutation Rules

Consider the operator for an infinitesimal rotation $\delta \phi$ :

$$
\begin{equation*}
R(\delta \boldsymbol{\phi})=1-\frac{i}{\hbar} \delta \boldsymbol{\phi} \cdot \mathbf{J} \tag{7.222}
\end{equation*}
$$

The tensor operator $T_{q}^{(k)}$ transforms under this rotation as in Eq. (7.195), where the rotation matrix corresponding to the rotation is

$$
\begin{equation*}
d_{q^{\prime} q}^{(k)}(\delta \boldsymbol{\phi})=\left\langle k q^{\prime}\right|\left(1-\frac{i}{\hbar} \delta \boldsymbol{\phi} \cdot \mathbf{J}\right)|k q\rangle . \tag{7.223}
\end{equation*}
$$

Thus, Eq. (7.195) becomes

$$
\begin{equation*}
\left(1-\frac{i}{\hbar} \delta \phi \cdot \mathbf{J}\right) T_{q}^{(k)}\left(1+\frac{i}{\hbar} \delta \phi \cdot \mathbf{J}\right)=\sum_{q^{\prime}} T_{q^{\prime}}^{(k)}\left\langle k q^{\prime}\right|\left(1-\frac{i}{\hbar} \delta \boldsymbol{\phi} \cdot \mathbf{J}\right)|k q\rangle \tag{7.224}
\end{equation*}
$$

Multiplying this out and dropping second-order terms in $\delta \phi$ gives Thus, Eq. (7.195) becomes

$$
\begin{equation*}
\left[\delta \phi \cdot \mathbf{J}, T_{q}^{(k)}\right]=\sum_{q^{\prime}} T_{q^{\prime}}^{(k)}\left\langle k q^{\prime}\right| \delta \phi \cdot \mathbf{J}|k q\rangle \tag{7.225}
\end{equation*}
$$

Setting $\delta \phi \longrightarrow \hat{z} \delta \phi$ gives

$$
\begin{equation*}
\left[J_{z}, T_{q}^{(k)}\right]=\sum_{q^{\prime}} T_{q^{\prime}}^{(k)}\left\langle k q^{\prime}\right| J_{z}|k q\rangle \tag{7.226}
\end{equation*}
$$

and using Eq. (7.14) leads to the commutation rule

$$
\begin{equation*}
\left[J_{z}, T_{q}^{(k)}\right]=\hbar q T_{q}^{(k)} \tag{7.227}
\end{equation*}
$$

( $J_{z}$ commutator)
On the other hand, setting $\delta \phi \longrightarrow[\mp(\hat{x} \pm i \hat{y}) / \sqrt{2}] \delta \phi$ gives

$$
\begin{equation*}
\left[J_{ \pm}, T_{q}^{(k)}\right]=\sum_{q^{\prime}} T_{q^{\prime}}^{(k)}\left\langle k q^{\prime}\right| J_{ \pm}|k q\rangle \tag{7.228}
\end{equation*}
$$

Then using Eq. (7.30) leads to the commutation rule

$$
\begin{equation*}
\left[J_{ \pm}, T_{q}^{(k)}\right]=\sqrt{(k \pm q+1)(k \mp q)} T_{q}^{(k)} \tag{7.229}
\end{equation*}
$$

These commutation rules are the analogous relations to the effects of $J_{z}$ and $J \pm$ on kets $|j m\rangle$ in Eqs. (7.14) and (7.30).

### 7.3.4 Wigner-Eckart Theorem

Now we come to an extremely important result in angular momentum algebra. Consider the action of a tensor-operator component on an angular-momentum state,

$$
\begin{equation*}
T_{q}^{(k)}\left|\alpha^{\prime} j^{\prime} m^{\prime}\right\rangle \tag{7.230}
\end{equation*}
$$

where $\alpha^{\prime}$ represents other (i.e., radial) quantum numbers that do not represent angular dependence of the state. How does this state transform under a rotation? Since we may write

$$
\begin{equation*}
\left(R T_{q}^{(k)} R^{\dagger}\right) R\left|\alpha^{\prime} j^{\prime} m^{\prime}\right\rangle \tag{7.231}
\end{equation*}
$$

we note that $T_{q}^{(k)}$ and $\left|\alpha^{\prime} j^{\prime} m^{\prime}\right\rangle$ transform separately. In particular, by definition the state $\left|\alpha^{\prime} j^{\prime} m^{\prime}\right\rangle$ transforms as the ket $\left|j^{\prime} m^{\prime}\right\rangle$, while by comparing Eq. (7.195) to Eq. (7.138) we recall that $T_{q}^{(k)}$ transforms via the rotation matrix in the same way as the angular-momentum ket $|k q\rangle$. Thus, the state $T_{q}^{(k)}\left|\alpha^{\prime} j^{\prime} m^{\prime}\right\rangle$ transforms as the composite state $|k q\rangle\left|j^{\prime} m^{\prime}\right\rangle$.

We can then consider the usual angular-momentum-addition relation

$$
\begin{equation*}
\left|k q ; j^{\prime} m^{\prime}\right\rangle=\sum_{k^{\prime} q^{\prime}}\left|k^{\prime} q^{\prime}\right\rangle\left\langle k^{\prime} q^{\prime} \mid j^{\prime} m^{\prime} ; k q\right\rangle \tag{7.232}
\end{equation*}
$$

and write in analogy to it the same superposition

$$
\begin{equation*}
T_{q}^{(k)}\left|\alpha^{\prime} j^{\prime} m^{\prime}\right\rangle=\sum_{k^{\prime} q^{\prime}}\left|\tilde{\alpha} k^{\prime} q^{\prime}\right\rangle\left\langle k^{\prime} q^{\prime} \mid j^{\prime} m^{\prime} ; k q\right\rangle \tag{7.233}
\end{equation*}
$$

where $\tilde{\alpha}$ is some set of transformed radial quantum numbers, since the states in the two relations transform equivalently.

Now we can operate from the left on Eq. (7.233) with $\langle\alpha j m|$, we then find the matrix element

$$
\begin{align*}
\langle\alpha j m| T_{q}^{(k)}\left|\alpha^{\prime} j^{\prime} m^{\prime}\right\rangle & =\sum_{k^{\prime} q^{\prime}}\left\langle\alpha j m \mid \tilde{\alpha} k^{\prime} q^{\prime}\right\rangle\left\langle k^{\prime} q^{\prime} \mid j^{\prime} m^{\prime} ; k q\right\rangle  \tag{7.234}\\
& =\langle\alpha j m \mid \tilde{\alpha} j m\rangle\left\langle j m \mid j^{\prime} m^{\prime} ; k q\right\rangle,
\end{align*}
$$

where we have used the orthogonality of the angular-momentum states to obtain the second equality. Now we note that the inner product $\langle\alpha j m \mid \tilde{\alpha} j m\rangle$ is, in fact, independent of $m$, just as the inner product $\langle j m \mid j m\rangle=1$ is $m$-independent. We may thus define the $m$-independent reduced matrix element

$$
\begin{equation*}
\left\langle\alpha j\left\|\mathbf{T}^{(k)}\right\| \alpha^{\prime} j^{\prime}\right\rangle:=(-1)^{2 k}\langle\alpha j m \mid \tilde{\alpha} j m\rangle \tag{7.235}
\end{equation*}
$$

(reduced matrix element)
where the dependence on $j, j^{\prime}$, and $\mathbf{T}^{(k)}$ comes in via the way $\alpha$ transforms into $\tilde{\alpha}$. (The transformation $\alpha \longrightarrow \tilde{\alpha}$ of course introduces no $m$-dependence because by assumption $\alpha$ represented the radial and thus orientation-independent part of the quantum state.) Note that the reduced matrix element, while using the notation of a tensor, is in fact a scalar quantity, as is clear from the right-hand side of the definition.

Finally, using the reduced matrix element in Eq. (7.234), we arrive at the Wigner-Eckart theorem ${ }^{24}$

$$
\begin{equation*}
\langle\alpha j m| T_{q}^{(k)}\left|\alpha^{\prime} j^{\prime} m^{\prime}\right\rangle=(-1)^{2 k}\left\langle\alpha j\left\|\mathbf{T}^{(k)}\right\| \alpha^{\prime} j^{\prime}\right\rangle\left\langle j m \mid j^{\prime} m^{\prime} ; k q\right\rangle \tag{7.236}
\end{equation*}
$$

(Wigner-Eckart theorem)
Note that many sign and normalization conventions abound, particularly for the Wigner-Eckart theorem and the reduced matrix elements. By using the orthogonality relation (7.46), we can invert (7.236) to give

$$
\begin{equation*}
\left\langle\alpha j\left\|\mathbf{T}^{(k)}\right\| \alpha^{\prime} j^{\prime}\right\rangle=(-1)^{2 k} \sum_{m^{\prime} q}\langle\alpha j m| T_{q}^{(k)}\left|\alpha^{\prime} j^{\prime} m^{\prime}\right\rangle\left\langle j m \mid j^{\prime} m^{\prime} ; k q\right\rangle \tag{7.237}
\end{equation*}
$$

(reduced matrix element)
as an expression for the reduced matrix element in terms of a sum over matrix elements.
Note that for the reduced matrix elements, we are following here the normalization convention of Brink and Satchler ${ }^{25}$. A common alternate convention for the Wigner-Eckart theorem may be written as ${ }^{26}$

$$
\begin{equation*}
\langle\alpha j m| T_{q}^{(k)}\left|\alpha^{\prime} j^{\prime} m^{\prime}\right\rangle=\frac{\left(\alpha j\left\|\mathbf{T}^{(k)}\right\| \alpha^{\prime} j^{\prime}\right)}{\sqrt{2 j+1}}\left\langle j m \mid j^{\prime} m^{\prime} ; k q\right\rangle \tag{7.238}
\end{equation*}
$$

where the alternate reduced matrix element is related to the first one by

$$
\begin{equation*}
\left(\alpha j\left\|\mathbf{T}^{(k)}\right\| \alpha^{\prime} j^{\prime}\right)=(-1)^{2 k} \sqrt{2 j+1}\left\langle\alpha j\left\|\mathbf{T}^{(k)}\right\| \alpha^{\prime} j^{\prime}\right\rangle . \tag{7.239}
\end{equation*}
$$

However, we shall stick exclusively to the matrix element $\left\langle\alpha j\left\|\mathbf{T}^{(k)}\right\| \alpha^{\prime} j^{\prime}\right\rangle$. This normalization convention is thus defined by

$$
\begin{equation*}
\left.\left.\left|\left\langle\alpha j\left\|\mathbf{T}^{(k)}\right\| \alpha^{\prime} j^{\prime}\right\rangle\right|^{2}=\sum_{m^{\prime} q}\left|\langle\alpha j m| T_{q}^{(k)}\right| \alpha^{\prime} j^{\prime} m^{\prime}\right\rangle\left.\right|^{2}=\sum_{m^{\prime}}\left|\langle\alpha j m| \mathbf{T}^{(k)}\right| \alpha^{\prime} j^{\prime} m^{\prime}\right\rangle\left.\right|^{2}, \tag{7.240}
\end{equation*}
$$

(normalization convention for reduced matrix element)

[^120]which follows from squaring the Wigner-Eckart theorem (7.236) and then summing over all $m^{\prime}$ and $q$, along with the orthogonality relation (7.46) to eliminate the Clebsch-Gordan coefficient.

Note that the Clebsch-Gordan coefficient in Eq. (7.236) requires that $j$ take values between $\left|k-j^{\prime}\right|$ and $k+j^{\prime}$. In particular, this indicates that $T_{q}^{(k)}$ can only be of integer rank $k$. A tensor of half-integer rank would have the awkward consequence of inducing transitions between integer and half-integer states (i.e., between bosonic and fermionic states).

### 7.3.4.1 Dipole Operator

As we mentioned above, the Wigner-Eckart theorem is so powerful, because it completely pins down the angular part of a matrix element of a tensor operator: the angular dependence of the matrix element can be factored out completely and written solely in terms of a Clebsch-Gordan coefficient (or equivalently, a Wigner $3-j$ symbol). Of course, this is because of an implicit spherical symmetry to the problem, since we assumed the existence of radial and angular-momentum quantum numbers.

The real utility of the Wigner-Eckart theorem in quantum optics comes from its application to the dipole operator. Recalling that the dipole operator is proportional to the position operator, we know that it transforms as a tensor of rank $k=1$. Thus, the Wigner-Eckart theorem (7.236) becomes

$$
\begin{align*}
\left\langle J m_{J}\right| d_{q}\left|J^{\prime} m_{J}^{\prime}\right\rangle & =\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle\left\langle J m_{J} \mid J^{\prime} m_{J}^{\prime} ; 1 q\right\rangle \\
& =\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle(-1)^{J^{\prime}-J+m^{\prime}-m} \sqrt{\frac{2 J+1}{2 J^{\prime}+1}}\left\langle J^{\prime} m^{\prime} \mid J m ; 1-q\right\rangle \tag{7.241}
\end{align*}
$$

(Wigner-Eckart theorem, dipole operator)
where the second form follows upon application of the symmetry relation (7.65) followed by an application of (7.54). Again, the orientation dependence of the dipole matrix element appears simply as a ClebschGordan coefficient, while the radial dependence appears in the reduced matrix element. The reduced matrix elements of an atom may, as indicated above, be calculated from the radial parts of the atomic wave functions. However, the simplest way to obtain the reduced matrix element is via the following relation to the atomic spontaneous decay rate from the $J_{\text {e }}$ fine-structure level to the $J_{\mathrm{g}}$ level

$$
\begin{equation*}
\Gamma_{J_{\mathrm{g}} J_{\mathrm{e}}}=\frac{\omega_{0}^{3}}{3 \pi \epsilon_{0} \hbar c^{3}} \frac{2 J_{\mathrm{g}}+1}{2 J_{\mathrm{e}}+1}\left|\left\langle J_{\mathrm{g}}\|\mathbf{d}\| J_{\mathrm{e}}\right\rangle\right|^{2} \tag{7.242}
\end{equation*}
$$

(spontaneous decay rate and reduced dipole matrix element)
as we show later in Chapter 11. This relates the reduced matrix element to a quantity readily accessible to experiment.

We will return to the implications of the Wigner-Eckart theorem in detail below in Section 7.3.7.

### 7.3.5 Hermitian Conjugates of Tensor Operators

Now we can ask, what is the Hermitian conjugate of an irreducible tensor operator? This is not too hard to establish, given the commutation relations (7.227) and (7.229). First, we can establish the commutator of $J_{z}$ with the conjugate of $T_{q}^{(k)}$, using the fact that $J_{z}$ is Hermition and Eq. (7.227):

$$
\begin{equation*}
\left[J_{z},\left(T_{q}^{(k)}\right)^{\dagger}\right]=-\left[J_{z}, T_{q}^{(k)}\right]^{\dagger}=-\hbar q\left(T_{q}^{(k)}\right)^{\dagger} \tag{7.243}
\end{equation*}
$$

Similarly, we find the commutator of $J_{ \pm}$with the conjugate of $T_{q}^{(k)}$, using the fact that $J_{ \pm}^{\dagger}=J_{\mp}$ is Hermition and Eq. (7.229):

$$
\begin{equation*}
\left[J_{ \pm},\left(T_{q}^{(k)}\right)^{\dagger}\right]=-\left[J_{\mp}, T_{q}^{(k)}\right]^{\dagger}=-\sqrt{(k \mp q+1)(k \pm q)}\left(T_{q \mp 1}^{(k)}\right)^{\dagger} \tag{7.244}
\end{equation*}
$$

Notice that if we introduce the operator

$$
\begin{equation*}
\tilde{T}_{q}^{(k)}:=(-1)^{q}\left(T_{-q}^{(k)}\right)^{\dagger} \tag{7.245}
\end{equation*}
$$

then the above commutation relations take the form (after letting $q \longrightarrow-q$ )

$$
\begin{align*}
{\left[J_{z}, \tilde{T}_{q}^{(k)}\right] } & =\hbar q \tilde{T}_{q}^{(k)}  \tag{7.246}\\
{\left[J_{ \pm}, \tilde{T}_{q}^{(k)}\right] } & =\sqrt{(k \pm q+1)(k \mp q)} \tilde{T}_{q \pm 1}^{(k)} .
\end{align*}
$$

These are precisely the commutation rules (7.227) and (7.229) for $T_{q}^{(k)}$. From our derivation of the commutators, we recall that they determine the behavior of the operators under rotations, and since the operators are irreducible we can identify $\tilde{T}_{q}^{(k)}$ with $T_{q}^{(k)}$. Thus, the Hermitian conjugate of $T_{q}^{(k)}$ is (up to an arbitrary phase)

$$
\begin{equation*}
\left(T_{q}^{(k)}\right)^{\dagger}=(-1)^{q} T_{-q}^{(k)} \tag{7.247}
\end{equation*}
$$

(tensor operator conjugate)
Evidently, only the $q=0$ component of a tensor operator is Hermitian.

### 7.3.5.1 Conjugates of Reduced Matrix Elements

By considering the Wigner-Eckart theorem from both Eqs. (7.236) and (7.241), we can write

$$
\begin{align*}
\langle J m| T_{q}^{(k)}\left|J^{\prime} m^{\prime}\right\rangle & =(-1)^{2 k}\left\langle J\left\|\mathbf{T}^{(k)}\right\| J^{\prime}\right\rangle\left\langle J m \mid J^{\prime} m^{\prime} ; 1 q\right\rangle \\
& =(-1)^{2 k}\left\langle J\left\|\mathbf{T}^{(k)}\right\| J^{\prime}\right\rangle(-1)^{J^{\prime}-J+m^{\prime}-m} \sqrt{\frac{2 J+1}{2 J^{\prime}+1}}\left\langle J^{\prime} m^{\prime} \mid J m ; 1-q\right\rangle \tag{7.248}
\end{align*}
$$

Clearly the reduced matrix element is not symmetric in $J$ and $J^{\prime}$, for we may exchange the primed and unprimed numbers and let $q \longrightarrow-q$ to write

$$
\begin{equation*}
\left\langle J^{\prime} m^{\prime}\right| T_{-q}^{(k)}|J m\rangle=(-1)^{2 k}\left\langle J^{\prime}\left\|\mathbf{T}^{(k)}\right\| J\right\rangle\left\langle J^{\prime} m^{\prime} \mid J m ; 1-q\right\rangle . \tag{7.249}
\end{equation*}
$$

Noting from Eq. (7.247) that $\left\langle J^{\prime} m^{\prime}\right| T_{-q}^{(k)}|J m\rangle=(-1)^{q}\langle J m| T_{q}^{(k)}\left|J^{\prime} m^{\prime}\right\rangle^{*}$, we can compare the above two expressions, using $q=m-m^{\prime}$, to write the following relation between the reduced matrix elements $\left\langle J^{\prime}\left\|\mathbf{T}^{(k)}\right\| J\right\rangle$ and $\left\langle J\left\|\mathbf{T}^{(k)}\right\| J^{\prime}\right\rangle$ :

$$
\begin{equation*}
\left\langle J^{\prime}\left\|\mathbf{T}^{(k)}\right\| J\right\rangle=(-1)^{J^{\prime}-J} \sqrt{\frac{2 J+1}{2 J^{\prime}+1}}\left\langle J\left\|\mathbf{T}^{(k)}\right\| J^{\prime}\right\rangle^{*} \tag{7.250}
\end{equation*}
$$

(reduced matrix element conjugate)
Of course, this relation applies as well to reduced matrix elements of the dipole operator, and thus when using reduced matrix elements to compute transition probabilities, it is important to pay attention to the ordering of the $J$ and $J^{\prime}\left(F\right.$ and $F^{\prime}$ for a hyperfine transition) quantum numbers.

### 7.3.6 Relations Between Reduced Matrix Elements of Tensor Operators

### 7.3.6.1 Tensor Operator Acting on One Component

Suppose we have a reduced matrix element

$$
\begin{equation*}
\left\langle j\left\|\mathbf{T}^{(k)}\right\| j^{\prime}\right\rangle \equiv\left\langle j_{1}, j_{2} ; j\left\|\mathbf{T}^{(k)}\right\| j_{1}^{\prime}, j_{2}^{\prime} ; j^{\prime}\right\rangle \tag{7.251}
\end{equation*}
$$

between angular-momentum states of the composite angular momentum $\mathbf{J}=\mathbf{J}_{1}+\mathbf{J}_{2}$. Suppose further that $\mathbf{T}^{(k)}$ acts only on the states associated with $\mathbf{J}_{1}$, but not those of $\mathbf{J}_{2}$. We can then reduce this matrix element to a form in terms of an uncoupled matrix element:

$$
\left\langle j\left\|\mathbf{T}^{(k)}\right\| j^{\prime}\right\rangle=\delta_{j_{2} j_{2}^{\prime}}(-1)^{j^{\prime}+j_{1}+k+j_{2}} \sqrt{\left(2 j^{\prime}+1\right)\left(2 j_{1}+1\right)}\left\{\begin{array}{ccc}
j_{1} & j_{1}^{\prime} & k  \tag{7.252}\\
j^{\prime} & j & j_{2}
\end{array}\right\}\left\langle j_{1}\left\|\mathbf{T}^{(k)}\right\| j_{1}^{\prime}\right\rangle
$$

(reduced matrix element, single subsystem)

Obviously, if $\mathbf{T}^{(k)}$ doesn't couple at all to the $\mathbf{J}_{2}$ space, the matrix element should only be determined in terms of $\mathbf{J}_{1}$ matrix elements. Further, this result sensibly says that states of different $j_{2}$ are not coupled by this operator.

To prove this result, we start with the expression (7.237) for the reduced matrix element, and then transform into the uncoupled states:

$$
\begin{align*}
&\left\langle j\left\|\mathbf{T}^{(k)}\right\| j^{\prime}\right\rangle=(-1)^{2 k} \sum_{m^{\prime} q}\langle j m| T_{q}^{(k)}\left|j^{\prime} m^{\prime}\right\rangle\left\langle j m \mid j^{\prime} m^{\prime} ; k q\right\rangle \\
&=(-1)^{2 k} \sum_{m^{\prime} q}\left\langle j m \mid j_{1} m_{1} ; j_{2} m_{2}\right\rangle\left\langle j_{1} m_{1} ; j_{2} m_{2}\right| T_{q}^{(k)}\left|j_{1}^{\prime} m_{1}^{\prime} ; j_{2}^{\prime} m_{2}^{\prime}\right\rangle\left\langle j_{1}^{\prime} m_{1}^{\prime} ; j_{2}^{\prime} m_{2}^{\prime} \mid j^{\prime} m^{\prime}\right\rangle \\
& \times\left\langle j m \mid j^{\prime} m^{\prime} ; k q\right\rangle  \tag{7.253}\\
&=(-1)^{2 k} \delta_{j_{2} j_{2}^{\prime}} \sum_{\substack{m_{1}^{\prime} q}}\left\langle j m \mid j_{1} m_{1} ; j_{2} m_{2}\right\rangle\left\langle j_{1}^{\prime} m_{1}^{\prime} ; j_{2}^{\prime} m_{2}^{\prime} \mid j^{\prime} m^{\prime}\right\rangle\left\langle j m \mid j^{\prime} m^{\prime} ; k q\right\rangle \\
& \times\left\langle j_{1} m_{1}\right| T_{q}^{(k)}\left|j_{1}^{\prime} m_{1}^{\prime}\right\rangle \delta_{m_{2} m_{2}^{\prime}} \\
&=(-1)^{2 k} \delta_{j_{2} j_{2}^{\prime}} \sum_{\substack{m_{2}^{\prime} q \\
m_{1}^{\prime} m_{2}^{\prime}}}\left\langle j m \mid j_{1} m_{1} ; j_{2} m_{2}\right\rangle\left\langle j_{1}^{\prime} m_{1}^{\prime} ; j_{2} m_{2} \mid j^{\prime} m^{\prime}\right\rangle\left\langle j m \mid j^{\prime} m^{\prime} ; k q\right\rangle \\
& \times\left\langle j_{1} m_{1}\right| T_{q}^{(k)}\left|j_{1}^{\prime} m_{1}^{\prime}\right\rangle .
\end{align*}
$$

Now applying the Wigner-Eckart theorem (7.236) to the matrix element,

$$
\begin{align*}
&\left\langle j\left\|\mathbf{T}^{(k)}\right\| j^{\prime}\right\rangle=(-1)^{2 k} \delta_{j_{2} j_{2}^{\prime}} \sum_{\substack{m^{\prime} q \\
m_{1} m_{2}}}\left\langle j m \mid j_{1} m_{1} ; j_{2} m_{2}\right\rangle\left\langle j_{1}^{\prime} m_{1}^{\prime} ; j_{2} m_{2} \mid j^{\prime} m^{\prime}\right\rangle\left\langle j m \mid j^{\prime} m^{\prime} ; k q\right\rangle \\
& \quad \times(-1)^{2 k}\left\langle j_{1}\left\|\mathbf{T}^{(k)}\right\| j_{1}^{\prime}\right\rangle\left\langle j_{1} m_{1} \mid j_{1}^{\prime} m_{1}^{\prime} ; k q\right\rangle \\
&= \delta_{j_{2} j_{2}^{\prime}} \sum_{\substack{m^{\prime} q \\
m_{1}^{\prime} m_{1}^{\prime}}}\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j m\right\rangle\left\langle j_{1}^{\prime} m_{1}^{\prime} ; j_{2} m_{2} \mid j^{\prime} m^{\prime}\right\rangle \\
& \quad \times\left\langle j^{\prime} m^{\prime} ; k q \mid j m\right\rangle\left\langle j_{1}^{\prime} m_{1}^{\prime} ; k q \mid j_{1} m_{1}\right\rangle\left\langle j_{1} \| \mathbf{T}^{\left.(k) \| j_{1}^{\prime}\right\rangle}\right. \\
&= \delta_{j_{2} j_{2}^{\prime}} \sum_{\substack{m^{\prime} q \\
m_{1} m_{2}^{\prime} m_{2}^{\prime}}}\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j m\right\rangle\left\langle j_{1}^{\prime} m_{1}^{\prime} ; j_{2} m_{2} \mid j^{\prime} m^{\prime}\right\rangle \tag{7.254}
\end{align*}
$$

where in the last step we used the symmetry relation (7.54) to exchange the first two angular momenta in each of the last two Clebsch-Gordan coefficients. The combination of Clebsch-Gordan coefficients here, if we make the identifications $k \longrightarrow j_{1}, j_{1}^{\prime} \longrightarrow j_{2}, j_{2} \longrightarrow j_{3}, j \longrightarrow j, j_{1} \longrightarrow j_{12}$, and $j^{\prime} \longrightarrow j_{23}$, has the same form as in the expression (7.86) for the 6- $j$ symbol, and thus

$$
\begin{align*}
\left\langle j\left\|\mathbf{T}^{(k)}\right\| j^{\prime}\right\rangle & =\delta_{j_{2} j_{2}^{\prime}}(-1)^{j^{\prime}+k-j}(-1)^{j_{1}^{\prime}+k-j_{1}}(-1)^{-k-j_{1}^{\prime}-j_{2}-j} \sqrt{\left(2 j_{1}+1\right)\left(2 j^{\prime}+1\right)}\left\{\begin{array}{ccc}
k & j_{1}^{\prime} & j_{1} \\
j_{2} & j & j^{\prime}
\end{array}\right\}\left\langle j_{1}\left\|\mathbf{T}^{(k)}\right\| j_{1}^{\prime}\right\rangle \\
& =\delta_{j_{2} j_{2}^{\prime}}(-1)^{j^{\prime}-j_{1}+k-j_{2}-2 j} \sqrt{\left(2 j^{\prime}+1\right)\left(2 j_{1}+1\right)}\left\{\begin{array}{ccc}
j_{1} & j_{1}^{\prime} & k \\
j^{\prime} & j & j_{2}
\end{array}\right\}\left\langle j_{1}\left\|\mathbf{T}^{(k)}\right\| j_{1}^{\prime}\right\rangle, \tag{7.255}
\end{align*}
$$

after exchanging the first and last rows of the $6-j$ symbol. Finally, we use the fact from Eq. (7.90) that $j_{1}+j_{2}+j$ is an integer, and thus we can add $2\left(j_{1}+j_{2}+j\right)$ to the exponent of the $(-1)$, and thus we arrive at the result (7.252).

### 7.3.6.2 Scalar Products of Tensor Operators

Suppose we have two tensor operators, $\mathbf{T}^{(k)}$ and $\mathbf{U}^{(k)}$. We will assume that components of the different tensors commute, $\left[T_{q}^{(k)}, U_{q}^{(k)}\right]=0$, so that the two tensors represent independent systems and thus can support simultaneous eigenstates of each system. However, we can suppose that the two systems are coupled according to the product of the two operators,

$$
\begin{equation*}
H_{\mathrm{int}}=\mathbf{T}^{(k)} \cdot \mathbf{U}^{(k)}=\sum_{q}(-1)^{q} T_{q}^{(k)} U_{-q}^{(k)} \tag{7.256}
\end{equation*}
$$

Now consider the composite angular momentum $\mathbf{J}=\mathbf{J}_{1}+\mathbf{J}_{2}$, where $\mathbf{T}^{(k)}$ is diagonal in the eigenstates $\left|j_{1} m_{1}\right\rangle$ of $\mathbf{J}_{1}^{2}$ and $J_{1 z}, \mathbf{U}^{(k)}$ is diagonal in the eigenstates $\left|j_{2} m_{2}\right\rangle$ of $\mathbf{J}_{2}^{2}$ and $J_{2 z}$, and the interaction $H_{\text {int }}$ is diagonal in the coupled eigenstates $|j m\rangle$ of $\mathbf{J}^{2}$ and $J_{z}$. We can treat this problem essentially just as in the previous section. But first, if we apply the Wigner-Eckart theorem (7.236), we obtain

$$
\begin{equation*}
\langle j m| \mathbf{T}^{(k)} \cdot \mathbf{U}^{(k)}\left|j^{\prime} m^{\prime}\right\rangle=\left\langle j\left\|\mathbf{T}^{(k)} \cdot \mathbf{U}^{(k)}\right\| j^{\prime}\right\rangle\left\langle j m \mid j^{\prime} m^{\prime} ; 00\right\rangle=\left\langle j\left\|\mathbf{T}^{(k)} \cdot \mathbf{U}^{(k)}\right\| j^{\prime}\right\rangle \delta_{j j^{\prime}} \delta_{m m^{\prime}} \tag{7.257}
\end{equation*}
$$

Thus, we need only consider diagonal matrix elements of the scalar product. What we will show is the result

$$
\begin{aligned}
&\langle j m| \mathbf{T}^{(k)} \cdot \mathbf{U}^{(k)}\left|j^{\prime} m^{\prime}\right\rangle=\left\langle j\left\|\mathbf{T}^{(k)} \cdot \mathbf{U}^{(k)}\right\| j^{\prime}\right\rangle \delta_{m m^{\prime}} \\
&=(-1)^{j_{1}+j_{2}+j} \sqrt{\left(2 j_{1}+1\right)\left(2 j_{2}+1\right)}\left\{\begin{array}{ccc}
j & j_{2} & j_{1} \\
k & j_{1} & j_{2}
\end{array}\right\}\left\langle j_{1}\left\|\mathbf{T}^{(k)}\right\| j_{1}\right\rangle\left\langle j_{2}\left\|\mathbf{U}^{(k)}\right\| j_{2}\right\rangle \\
& \quad \times \delta_{j j^{\prime}} \delta_{m m^{\prime}},
\end{aligned}
$$

(matrix element of scalar product)
(7.258)
where the interaction is represented by a product of reduced matrix elements on each subspace and then coupled by a $6-j$ symbol.

To prove this, we start by taking matrix elements of the interaction in the coupled basis and transforming to the uncoupled basis,

$$
\begin{align*}
\langle j m| \mathbf{T}^{(k)} \cdot \mathbf{U}^{(k)}|j m\rangle= & \sum_{q}(-1)^{q}\langle j m| T_{q}^{(k)} U_{-q}^{(k)}|j m\rangle \\
& =\sum_{q m_{1} m_{2} m_{1}^{\prime} m_{2}^{\prime}}(-1)^{q}\left\langle j m \mid j_{1} m_{1} ; j_{2} m_{2}\right\rangle \\
& \times\left\langle j_{1} m_{1} ; j_{2} m_{2}\right| T_{q}^{(k)} U_{-q}^{(k)}\left|j_{1} m_{1}^{\prime} ; j_{2} m_{2}^{\prime}\right\rangle\left\langle j_{1} m_{1}^{\prime} ; j_{2} m_{2}^{\prime} \mid j m\right\rangle  \tag{7.259}\\
& =\sum_{q m_{1} m_{2} m_{1}^{\prime} m_{2}^{\prime}}(-1)^{q}\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j m\right\rangle\left\langle j_{1} m_{1}^{\prime} ; j_{2} m_{2}^{\prime} \mid j m\right\rangle \\
& \times\left\langle j_{1} m_{1}\right| T_{q}^{(k)}\left|j_{1} m_{1}^{\prime}\right\rangle\left\langle j_{2} m_{2}\right| U_{-q}^{(k)}\left|j_{2} m_{2}^{\prime}\right\rangle .
\end{align*}
$$

Applying the Wigner-Eckart theorem (7.236) twice,

$$
\begin{align*}
\langle j m| \mathbf{T}^{(k)} \cdot \mathbf{U}^{(k)}\left|j^{\prime} m^{\prime}\right\rangle= & \sum_{q m_{1} m_{2} m_{1}^{\prime} m_{2}^{\prime}}(-1)^{q}\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j m\right\rangle\left\langle j_{1} m_{1}^{\prime} ; j_{2} m_{2}^{\prime} \mid j m\right\rangle \\
& m_{1}^{\prime} ; k q\left|j_{1} m_{1}\right\rangle\left\langle j_{2} m_{2}^{\prime} ; k-q \mid j_{2} m_{2}\right\rangle\left\langle j_{1}\left\|\mathbf{T}^{(k)}\right\| j_{1}\right\rangle\left\langle j_{2}\left\|\mathbf{U}^{(k)}\right\| j_{2}\right\rangle \tag{7.260}
\end{align*}
$$

Permuting the symbols in the last Clebsch-Gordan coefficient via (7.65),

$$
\begin{align*}
&\langle j m| \mathbf{T}^{(k)} \cdot \mathbf{U}^{(k)}\left|j^{\prime} m^{\prime}\right\rangle= \sum_{q m_{1} m_{2} m_{1}^{\prime} m_{2}^{\prime}}(-1)^{q}(-1)^{k-q}\left\langle j_{1} m_{1} ; j_{2} m_{2} \mid j m\right\rangle\left\langle j_{1} m_{1}^{\prime} ; k q \mid j_{1}^{\prime} m_{1}^{\prime}\right\rangle\left\langle j_{2} m_{2}^{\prime} \mid j m\right\rangle \\
&\left\langle k j_{2} m_{2} \mid j_{2} m_{2}^{\prime}\right\rangle\left\langle j_{1}\left\|\mathbf{T}^{(k)}\right\| j_{1}\right\rangle\left\langle j_{2}\left\|\mathbf{U}^{(k)}\right\| j_{2}\right\rangle . \tag{7.261}
\end{align*}
$$

Now again if we identify $j_{1} \longrightarrow j_{12}, j_{2} \longrightarrow j_{3}, j_{1}^{\prime} \longrightarrow j_{1}, j_{2}^{\prime} \longrightarrow j_{23}, j \longrightarrow j$, and $k \longrightarrow j_{2}$, we can again use Eq. (7.86) for the $6-j$ symbol, with the result

$$
\langle j m| \mathbf{T}^{(k)} \cdot \mathbf{U}^{(k)}\left|j^{\prime} m^{\prime}\right\rangle=(-1)^{k}(-1)^{-\left(j_{1}+j_{2}+j+k\right)} \sqrt{\left(2 j_{1}+1\right)\left(2 j_{2}+1\right)}\left\{\begin{array}{ccc}
j_{1} & k & j_{1}  \tag{7.262}\\
j_{2} & j & j_{2}
\end{array}\right\}\left\langle j_{1}\left\|\mathbf{T}^{(k)}\right\| j_{1}\right\rangle\left\langle j_{2}\left\|\mathbf{U}^{(k)}\right\| j_{2}\right\rangle
$$

Using the fact that $j_{1}+j_{2}+j \in \mathbb{Z}$, as required for the $6-j$ symbol, and permuting the elements of the $6-j$ symbol as permitted by its symmetries, we obtain the result (7.258).

The general case of the tensor product of two commuting tensor operators is more complicated, as it involves a $9-j$ symbol. ${ }^{27}$ Since we will not use this case, we will avoid it here.

[^121]
### 7.3.6.3 Matrix Elements of Tensor Products Operating on the Same System

One last variation on the above theme is to consider a tensor product

$$
\begin{equation*}
\mathbf{T}^{(k)}=\mathbf{U}^{\left(k_{1}\right)} \mathbf{V}^{\left(k_{2}\right)} \tag{7.263}
\end{equation*}
$$

where as usual $\left|k_{1}-k_{2}\right| \leq k \leq k_{1}+k_{2}$, but now both component tensors $\mathbf{U}^{\left(k_{1}\right)}$ and $\mathbf{V}^{\left(k_{2}\right)}$ act on the same angular-momentum space of $\mathbf{J}$. In this case, we have the reduced matrix element ${ }^{28}$

$$
\left\langle J\left\|\mathbf{T}^{(k)}\right\| J^{\prime}\right\rangle=(-1)^{k+J+J^{\prime}} \sum_{J^{\prime \prime}} \sqrt{\left(2 J^{\prime \prime}+1\right)(2 k+1)}\left\{\begin{array}{ccc}
k_{1} & k_{2} & k \\
J^{\prime} & J & J^{\prime \prime}
\end{array}\right\}\left\langle J\left\|\mathbf{U}^{\left(k_{1}\right)}\right\| J^{\prime \prime}\right\rangle\left\langle J^{\prime \prime}\left\|\mathbf{V}^{\left(k_{2}\right)}\right\| J^{\prime}\right\rangle
$$

(matrix element of operators on same space) (7.264)
so that we have a rule for splitting reduced matrix elements of operator products into products of reduced matrix elements.

To prove this, we start with the matrix elements of $\mathbf{T}^{(k)}$, as given by the inverse (7.237) of the WignerEckart theorem:

$$
\begin{equation*}
\left\langle J\left\|\mathbf{T}^{(k)}\right\| J^{\prime}\right\rangle=(-1)^{2 k} \sum_{m^{\prime} q}\langle J m| T_{q}^{(k)}\left|J^{\prime} m_{J}^{\prime}\right\rangle\left\langle J m_{J} \mid J^{\prime} m_{J}^{\prime} ; k q\right\rangle \tag{7.265}
\end{equation*}
$$

Now using Eq. (7.263) in the product-component form of Eq. (7.211),

$$
\begin{equation*}
T_{q}^{(k)}=\sum_{\substack{q_{1} q_{2} \\\left(q_{1}+q_{2}=q\right)}} U_{q_{1}}^{\left(k_{1}\right)} V_{q_{2}}^{\left(k_{2}\right)}\left\langle k_{1} q_{1} ; k_{2} q_{2} \mid k q\right\rangle \tag{7.266}
\end{equation*}
$$

we can replace $T_{q}^{(k)}$ and introducing the identity to find

$$
\begin{align*}
\left\langle J\left\|\mathbf{T}^{(k)}\right\| J^{\prime}\right\rangle & =(-1)^{2 k} \sum_{m^{\prime} q q_{1} q_{2}}\left\langle J m_{J}\right| U_{q_{1}}^{\left(k_{1}\right)} V_{q_{2}}^{\left(k_{2}\right)}\left|J^{\prime} m_{J}^{\prime}\right\rangle\left\langle k_{1} q_{1} ; k_{2} q_{2} \mid k q\right\rangle\left\langle J m_{J} \mid J^{\prime} m_{J}^{\prime} ; k q\right\rangle \\
& =(-1)^{2 k} \sum_{\substack{m^{\prime} q q_{1} q_{2} \\
J J^{\prime \prime} m^{\prime \prime}}}\left\langle J m_{J}\right| U_{q_{1}}^{\left(k_{1}\right)}\left|J^{\prime \prime} m_{J}^{\prime \prime}\right\rangle\left\langle J^{\prime \prime} m_{J}^{\prime \prime}\right| V_{q_{2}}^{\left(k_{2}\right)}\left|J^{\prime} m_{J}^{\prime}\right\rangle\left\langle k_{1} q_{1} ; k_{2} q_{2} \mid k q\right\rangle\left\langle J m_{J} \mid J^{\prime} m_{J}^{\prime} ; k q\right\rangle . \tag{7.267}
\end{align*}
$$

Using the Wigner-Eckart theorem (7.236) twice, and introducing the identity to find

$$
\begin{align*}
&\left\langle J\left\|\mathbf{T}^{(k)}\right\| J^{\prime}\right\rangle=\left.(-1)^{2\left(k+k_{1}+k_{2}\right)} \sum_{\substack{m^{\prime} q q_{1} q_{2} \\
J^{\prime \prime} m^{\prime \prime}}}\left\langle J\left\|\mathbf{U}^{\left(k_{1}\right)}\right\| J^{\prime \prime}\right\rangle\left\langle J m_{J} \mid J^{\prime \prime} m_{J}^{\prime \prime} ; k_{1} q_{1}\right\rangle\left\langle J^{\prime \prime}\left\|\mathbf{V}^{\left(k_{2}\right)}\right\| J_{1}^{\prime}\right\rangle\left\langle k_{2} q_{2} \mid k q\right\rangle\left\langle J m_{J}^{\prime \prime} \mid J^{\prime} m_{J}^{\prime \prime} ; k q\right\rangle J^{\prime} m_{J}^{\prime} ; k_{2} q_{2}\right\rangle \\
&=(-1)^{2\left(k+k_{1}+k_{2}\right)} \sum_{\substack{m^{\prime} q q_{1} q_{2} \\
J^{\prime \prime} m^{\prime \prime}}}\left\langle J^{\prime \prime} m_{J}^{\prime \prime} ; k_{1} q_{1} \mid J m_{J}\right\rangle\left\langle J^{\prime} m_{J}^{\prime} ; k_{2} q_{2} \mid J^{\prime \prime} m_{J}^{\prime \prime}\right\rangle \\
&= \times\left\langle J^{\prime} m_{J}^{\prime} ; k q \mid J m_{J}\right\rangle\left\langle k_{1} q_{1} ; k_{2} q_{2} \mid k q\right\rangle\left\langle J\left\|\mathbf{U}^{\left(k_{1}\right)}\right\| J^{\prime \prime}\right\rangle\left\langle J^{\prime \prime}\left\|\mathbf{V}^{\left(k_{2}\right)}\right\| J^{\prime}\right\rangle \\
&=(-1)^{3 k+k_{1}+k_{2}} \sum_{\substack{m^{\prime} q q_{1} q_{2} \\
J^{\prime \prime} m^{\prime \prime}}}\left\langle J^{\prime \prime} m_{J}^{\prime \prime} ; k_{1} q_{1} \mid J m_{J}\right\rangle\left\langle J^{\prime} m_{J}^{\prime} ; k_{2} q_{2} \mid J^{\prime \prime} m_{J}^{\prime \prime}\right\rangle \\
& \times\left\langle J^{\prime} m_{J}^{\prime} ; k q \mid J m_{J}\right\rangle\left\langle k_{2} q_{2} ; k_{1} q_{1} \mid k q\right\rangle\left\langle J\left\|\mathbf{U}^{\left(k_{1}\right)}\right\| J^{\prime \prime}\right\rangle\left\langle J^{\prime \prime}\left\|\mathbf{V}^{\left(k_{2}\right)}\right\| J^{\prime}\right\rangle, \tag{7.268}
\end{align*}
$$

where we used the symmetry rule (7.54) for the last Clebsch-Gordan coefficient. Again identifying $J^{\prime} \longrightarrow j_{1}$, $J^{\prime \prime} \longrightarrow j_{12}, J \longrightarrow j, k_{1} \longrightarrow j_{3}, k_{2} \longrightarrow j_{2}$, and $k \longrightarrow j_{23}$, we can again use Eq. (7.86) to introduce the 6- $j$ symbol, with the result

$$
\begin{align*}
\left\langle J\left\|\mathbf{T}^{(k)}\right\| J^{\prime}\right\rangle= & (-1)^{3 k+k_{1}+k_{2}}(-1)^{-\left(J^{\prime}+k_{1}+k_{2}+J\right)} \\
& \times \sum_{J^{\prime \prime}} \sqrt{\left(2 J^{\prime \prime}+1\right)(2 k+1)}\left\{\begin{array}{ccc}
J^{\prime} & k_{2} & J^{\prime \prime} \\
k_{1} & J & k
\end{array}\right\}\left\langle J\left\|\mathbf{U}^{\left(k_{1}\right)}\right\| J^{\prime \prime}\right\rangle\left\langle J^{\prime \prime}\left\|\mathbf{V}^{\left(k_{2}\right)}\right\| J^{\prime}\right\rangle  \tag{7.269}\\
= & (-1)^{3 k-J-J^{\prime}} \sum_{J^{\prime \prime}} \sqrt{\left(2 J^{\prime \prime}+1\right)(2 k+1)}\left\{\begin{array}{ccc}
k_{1} & k_{2} & k \\
J^{\prime} & J & J^{\prime \prime}
\end{array}\right\}\left\langle J\left\|\mathbf{U}^{\left(k_{1}\right)}\right\| J^{\prime \prime}\right\rangle\left\langle J^{\prime \prime}\left\|\mathbf{V}^{\left(k_{2}\right)}\right\| J^{\prime}\right\rangle
\end{align*}
$$

[^122]Finally, using $(-1)^{4 k}=1$ and the fact that $k+J+J^{\prime} \in \mathbb{Z}$, we arrive at the result (7.264).

### 7.3.7 Application to Atomic Transitions

### 7.3.7.1 Decomposition and Calculation of Reduced Matrix Elements

The Wigner-Eckart theorem (7.236) and the decomposition rule (7.252) for reduced matrix elements apply immediately to the matrix elements of the dipole operator that govern atomic electric-dipole transitions. Obviously the dipole operator has rank $k=1$, and so applying the Wigner-Eckart theorem (7.236) to a transition between two fine-structure sublevels $\left|J m_{J}\right\rangle \longrightarrow\left|J^{\prime} m_{J}^{\prime}\right\rangle$, we find

$$
\begin{align*}
\left\langle J m_{J}\right| d_{q}\left|J^{\prime} m_{J}^{\prime}\right\rangle & =\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle\left\langle J m_{J} \mid J^{\prime} m_{J}^{\prime} ; 1 q\right\rangle \\
& =\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle(-1)^{J^{\prime}-J+m_{J}^{\prime}-m_{J}} \sqrt{\frac{2 J+1}{2 J^{\prime}+1}}\left\langle J^{\prime} m_{J}^{\prime} \mid J m_{J} ; 1-q\right\rangle \tag{7.270}
\end{align*}
$$

(Wigner-Eckart theorem, fine-structure transition)
where to write the last expression, we used the symmetry rules (7.65) and (7.54) to write

$$
\begin{equation*}
\left\langle J^{\prime} m_{J}^{\prime} ; 1 q \mid J m_{J}\right\rangle=(-1)^{1+q} \sqrt{\frac{2 J+1}{2 J^{\prime}+1}}\left\langle 1-q ; J m_{J} \mid J^{\prime} m_{J}^{\prime}\right\rangle=(-1)^{J-J^{\prime}+q} \sqrt{\frac{2 J+1}{2 J^{\prime}+1}}\left\langle J m_{J} ; 1-q \mid J^{\prime} m_{J}^{\prime}\right\rangle \tag{7.271}
\end{equation*}
$$

with $(-1)^{q}=(-1)^{m_{J}-m_{J}^{\prime}}=(-1)^{m_{J}^{\prime}-m_{J}}$ for nonvanishing coefficients. The Wigner-Eckart theorem applies in exactly the same way to a hyperfine transition $\left|F m_{F}\right\rangle \longrightarrow\left|F^{\prime} m_{F}^{\prime}\right\rangle$, so that

$$
\begin{aligned}
\left\langle F m_{F}\right| d_{q}\left|F^{\prime} m_{F}^{\prime}\right\rangle & =\left\langle F\|\mathbf{d}\| F^{\prime}\right\rangle\left\langle F m_{F} \mid F^{\prime} m_{F}^{\prime} ; 1 q\right\rangle \\
& =\left\langle F\|\mathbf{d}\| F^{\prime}\right\rangle(-1)^{F^{\prime}-F+m_{F}^{\prime}-m_{F}} \sqrt{\frac{2 F+1}{2 F^{\prime}+1}}\left\langle F^{\prime} m_{F}^{\prime} \mid F m_{F} ; 1-q\right\rangle .
\end{aligned}
$$

(Wigner-Eckart theorem, hyperfine transition) (7.272) In both cases, the Wigner-Eckart theorem gives the rather convenient result that the dependence on the two $m$ levels of the matrix element (which, for example, measures the relative transition rate of the transition) is given entirely by a Clebsch-Gordan coefficient. Stated another way: the entire angular dependence of the dipole matrix elements is given simply by a Clebsch-Gordan coefficient. Of course, the dependence on the $J$ or $F$ quantum numbers still appears in what remains in the reduced matrix element.

However, for the reduced matrix element we can make further progress according to Eq. (7.252). The crucial point is that the dipole operator refers to the position of the electron. However, a hyperfine transition is a coupling between two states corresponding to different $\mathbf{F}=\mathbf{J}+\mathbf{I}$, where in terms of the uncoupled states $\left|J m_{J}\right\rangle\left|I m_{I}\right\rangle$, the dipole operator acts only on the electron angular-momentum state $\left|J m_{J}\right\rangle$, not the nuclear state $\left|I m_{I}\right\rangle$. Thus, applying the decompostion (7.252) to the reduced hyperfine matrix element,

$$
\begin{align*}
\left\langle F\|\mathbf{d}\| F^{\prime}\right\rangle & \equiv\left\langle J I F\|\mathbf{d}\| J^{\prime} I F^{\prime}\right\rangle \\
& =\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle(-1)^{F^{\prime}+J+1+I} \sqrt{\left(2 F^{\prime}+1\right)(2 J+1)}\left\{\begin{array}{ccc}
J & J^{\prime} & 1 \\
F^{\prime} & F & I
\end{array}\right\} . \tag{7.273}
\end{align*}
$$

(decomposition of hyperfine reduced matrix element)
Note again that since the dipole operator doesn't refer to the nucleus, the nuclear spin $I$ is preserved in the transition. Thus we see that the hyperfine reduced matrix element is just given in terms of the fine-structure (electronic) reduced matrix element, multiplied by a factor that essentially represents the orientation of the electron with respect to the nucleus. Recalling that the $6-j$ symbol represents a transformation between two different ways to couple three angular momenta, the interpretation in this sense is a bit more murky. However, the basic idea is that one can view the photon as either changing $J$ or $F$; this amounts to coupling the photon (of unit angular momentum) to the electron either before or after coupling the electron to the nucleus, and thus the appearance of the $6-j$ symbol.

By exactly the same procedure, the fine-structure reduced matrix element can be further factored into another $6-j$ symbol and a reduced matrix element involving only the $L$ quantum number:

$$
\begin{align*}
\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle & \equiv\left\langle L S J\|\mathbf{d}\| L^{\prime} S J^{\prime}\right\rangle \\
& =\left\langle L\|\mathbf{d}\| L^{\prime}\right\rangle(-1)^{J^{\prime}+L+1+S} \sqrt{\left(2 J^{\prime}+1\right)(2 L+1)}\left\{\begin{array}{ccc}
L & L^{\prime} & 1 \\
J^{\prime} & J & S
\end{array}\right\} \tag{7.274}
\end{align*}
$$

(decomposition of fine-structure reduced matrix element)
This, of course, works out because the dipole operator again represents the atomic position, but does not refer to its spin. Thus, the dipole operator couples states of different orbital angular momentum $L$, but doesn't touch the spin $S$ of the electron. Essentially the same interpretations as for the hyperfine case apply here, with the nuclear spin replaced by the electron spin.

### 7.3.7.2 Fine-Structure Selection Rules

The Wigner-Eckart theorem immediately leads to selection rules for "dipole-allowed" transitions. That is, for a transition $\left|J m_{J}\right\rangle \longrightarrow\left|J^{\prime} m_{J}^{\prime}\right\rangle$ represented by the matrix element $\left\langle J m_{J}\right| d_{q}\left|J^{\prime} m_{J}^{\prime}\right\rangle$ to be a nonvanishing matrix element, several conditions are required. In particular, the Clebsch-Gordan coefficient $\left\langle J m_{J} \mid J^{\prime} m_{J}^{\prime} ; 1 q\right\rangle$, representing the angular dependence of the matrix element according to the WignerEckart theorem, represents the addition of angular momenta $\left|J^{\prime} m_{J}^{\prime}\right\rangle$ and $|1 q\rangle$ to form the composite state $\left|J m_{J}\right\rangle$. Recall from the triangular condition (7.41) that for such an addition the allowed range of $J$ is bounded below by $\left|J^{\prime}-1\right|$ and above by $J^{\prime}+1$. This leads to the first selection rule

$$
\begin{equation*}
J^{\prime}=J \quad \text { or } \quad J^{\prime}=J \pm 1 \tag{7.275}
\end{equation*}
$$

(first selection rule)
Next, the addition of angular momentum requires first requires

$$
\begin{equation*}
m_{J}=m_{J}^{\prime}+q \tag{7.276}
\end{equation*}
$$

(angular-momentum conservation)
to conserve angular momentum. Since the dipole component index $q$ can take on the values $-1,0$, or +1 (we will see these correspond to interactions with different polarizations of the electromagnetic field), the second selection rule becomes

$$
\begin{equation*}
m_{J}^{\prime}=m_{J} \quad \text { or } \quad m_{J}^{\prime}=m_{J} \pm 1 \tag{7.277}
\end{equation*}
$$

(second selection rule)
Finally, one can show by direct calculation that the Clebsch-Gordan coefficient $\langle J 0 \mid J 0 ; 1 q\rangle$ vanishes for any $J$ and $q$, leading to the final selection rule

$$
\begin{equation*}
J^{\prime} \neq J \quad \text { if } \quad m_{J}^{\prime}=m_{J}=0 \tag{7.278}
\end{equation*}
$$

(third selection rule)
In particular, $J=J^{\prime}=0$ represents a forbidden transition; intuitively, this is because the atom must "absorb" the angular momentum of the photon (a spin-1 particle), which is not possible if $J=0$ both before and after absorbing the photon.

In all other cases, the corresponding dipole matrix element vanishes, or in other words the transition is dipole forbidden.

As a final note, the dipole interaction couples the electric field to the electron's position and not to its spin, and thus the electron spin $S$ (and $m_{S}$ ) should not change in an electric-dipole transition.

$$
\begin{equation*}
S^{\prime}=S, \quad m_{S}^{\prime}=m_{S} \tag{7.279}
\end{equation*}
$$

(electric-dipole spin selection rules)
Furthermore, we can note that the above selection rules for $J$ also apply to the orbital angular momentum $L$, so we may write

$$
\begin{align*}
& L^{\prime}=L \quad \text { or } \quad L^{\prime}=L \pm 1  \tag{7.280}\\
& L \neq 0 \quad \text { or } \quad L^{\prime} \neq 0
\end{align*}
$$

(orbital selection rules)

In particular, from the second rule any fine-structure transition of the form $n \mathrm{~S}_{1 / 2} \longrightarrow n^{\prime} \mathrm{S}_{1 / 2}$ is dipole forbidden. Of course, analogous rules should hold for $m_{L}$, but this often isn't a useful quantum number, so we'll skip it.

We recall also that the dipole operator only couples states of opposite parity (Section 5.1.1). A hydrogen-atom state $|n l m\rangle$ has an angular dependence given by the spherical harmonic $Y_{\ell}^{m}(\theta, \phi)$. But under a parity transformation

$$
\begin{equation*}
Y_{\ell}^{m}(\pi-\theta, \phi+\pi)=(-1)^{\ell} Y_{\ell}^{m}(\theta, \phi) \tag{7.281}
\end{equation*}
$$

so evidently

$$
\begin{equation*}
\Delta \ell= \pm 1 \tag{7.282}
\end{equation*}
$$

(single-electron orbital selection rules)
for exactly one electron in the atom. (Recall that $l$ is the orbital quantum number for a single electron, while $L$ is the combined orbital quantum number for all the electrons.) This selection rule is often interpreted as conservation of angular momentum when a photon is absorbed or emitted. Thus for a single electron atom, or in two-electron atoms in low-energy transitions where only one electron is active, this rule implies that $\Delta L= \pm 1$ as well.

One final selection rule is a bit more subtle, and is specific to fine-structure transitions where $S=1 / 2$. Because $\mathbf{J}=\mathbf{L}+\mathbf{S}$, we have

$$
\begin{equation*}
|L-1 / 2| \leq J \leq L+1 / 2 \tag{7.283}
\end{equation*}
$$

and since $\mathbf{J}^{\prime}=\mathbf{L}^{\prime}+\mathbf{S}$, we have

$$
\begin{equation*}
\left|L^{\prime}-1 / 2\right| \leq J^{\prime} \leq L^{\prime}+1 / 2 \tag{7.284}
\end{equation*}
$$

Now consider a transition where $L^{\prime}=L+1$ but $J^{\prime}=J-1$. Then the second condition becomes

$$
\begin{equation*}
L+3 / 2 \leq J \leq L+5 / 2 \tag{7.285}
\end{equation*}
$$

but this contradicts $J \leq L+1 / 2$ from Eq. (7.283). Similarly, if $L^{\prime}=L-1$ but $J^{\prime}=J+1$, then (7.284) becomes

$$
\begin{equation*}
|L-3 / 2|-1 \leq J \leq L-3 / 2 \tag{7.286}
\end{equation*}
$$

but this contradicts $J \geq L-1 / 2$ from Eq. (7.283). Thus we may write the fourth fine-structure selection rule

$$
\begin{equation*}
\text { if } \quad L^{\prime}=L \pm 1 \quad \text { then } \quad J^{\prime} \neq J \mp 1 \tag{7.287}
\end{equation*}
$$

(fourth selection rule)
This argument assumed $S=1 / 2$, and so will not in general carry over to, for example, the hyperfine transitions we consider later.

In any case, the selection rules for $l, L$, and $S$ are approximate, since they assume that these are good quantum numbers. In heavy, many-electron atoms, this may not be the case, and so these rules may be violated to some extent. ${ }^{29}$

### 7.3.7.3 Hyperfine Selection Rules

Just as in Section 7.3.7.2, the constraints on the Clebsch-Gordan coefficient in the hyperfine Wigner-Eckart theorem (7.272) induce selection rules on the hyperfine quantum numbers. Of course, the selection rules on $J$ and $m_{J}$ of Section 7.3.7.2 still apply, but because the involved Clebsch-Gordan coefficients are the same, the same constraints apply to $F$ and $m_{F}$. In particular, the rules

$$
\begin{array}{rll}
F^{\prime}=F & \text { or } & F^{\prime}=F \pm 1 \\
m_{F}^{\prime}=m_{F} & \text { or } & m_{F}^{\prime}=m_{F} \pm 1  \tag{7.288}\\
F^{\prime} \neq F & \text { if } & m_{F}^{\prime}=m_{F}=0
\end{array}
$$

(hyperfine selection rules)
apply to the hyperfine transition $\left|F m_{F}\right\rangle \longrightarrow\left|F^{\prime} m_{F}^{\prime}\right\rangle$.

[^123]Finally, since the dipole interaction couples only the field to the electron dipole, there is no nuclear coupling and thus the nuclear spin $I$ should not change in an electric-dipole transition (nor should $m_{I}$, if that is the preferred basis). Thus, we may write the extra selection rules

$$
\begin{array}{ll}
I^{\prime}=I, \quad & m_{I}^{\prime}=m_{I} \\
& \text { (electric-dipole nuclear-spin selection rules) } \tag{7.289}
\end{array}
$$

Of course, the nuclear spin may effectively change relative to the electron angular momentum, which is why it is meaningful to have hyperfine states and, say, to optically pump into particular hyperfine sublevels.

### 7.3.7.4 Decay Rate and the Reduced Matrix Element

But now the question remains, how do we compute the dipole matrix elements? The basic answer is to know the decay rate $\Gamma$ (equivalently, the lifetime) of the excited level, and here we will relate the decay rate to the reduced matrix elements. For the two level atom, the spontaneous emission rate from the quantum treatment of the atom-field interaction, Eq. (11.29), from $|\mathrm{e}\rangle \longrightarrow|\mathrm{g}\rangle$ (with transition frequency $\omega_{0}$ ) is

$$
\begin{equation*}
\Gamma=\frac{\left.\omega_{0}^{3}|\langle\mathrm{~g}| \mathbf{d}| \mathrm{e}\right\rangle\left.\right|^{2}}{3 \pi \epsilon_{0} \hbar c^{3}} \tag{7.290}
\end{equation*}
$$

This result is only for two levels, but now we are confronted with the physically important case of decay between levels with angular-momentum degeneracy.

Consider the decay of the $J_{\mathrm{g}} \longrightarrow J_{\mathrm{e}}$ fine-structure transition (with $J_{\mathrm{e}}$ being the excited state as usual). Then the decay rate from sublevel $\left|J_{\mathrm{e}} m_{\mathrm{e}}\right\rangle \longrightarrow\left|J_{\mathrm{g}} m_{\mathrm{g}}\right\rangle$ is just given by Eq. (7.290) with the appropriate matrix element:

$$
\begin{equation*}
\left.\Gamma_{J_{\mathrm{g}}, m_{\mathrm{g}} ; J_{\mathrm{e}}, m_{\mathrm{e}}}=\frac{\omega_{0}^{3}}{3 \pi \epsilon_{0} \hbar c^{3}}\left|\left\langle J_{\mathrm{g}} m_{\mathrm{g}}\right| \mathbf{d}\right| J_{\mathrm{e}} m_{\mathrm{e}}\right\rangle\left.\right|^{2} \tag{7.291}
\end{equation*}
$$

The quantum vacuum is isotropic, and so spontaneous emission is as well. Thus, all magnetic sublevels of the excited manifold decay at the same rate, and we can drop the explicit dependence on $m_{\mathrm{e}}$. The total decay rate out of any excited sublevel (and thus of the whole excited manifold) is this decay rate summed over all ground sublevels:

$$
\begin{equation*}
\left.\Gamma_{J_{\mathrm{g}} J_{\mathrm{e}}}=\frac{\omega_{0}^{3}}{3 \pi \epsilon_{0} \hbar c^{3}} \sum_{m_{\mathrm{g}}}\left|\left\langle J_{\mathrm{g}} m_{\mathrm{g}}\right| \mathbf{d}\right| J_{\mathrm{e}} m_{\mathrm{e}}\right\rangle\left.\right|^{2} \tag{7.292}
\end{equation*}
$$

Summing over the excited sublevels as well, we can write

$$
\begin{equation*}
\left.\Gamma_{J_{\mathrm{g}} J_{\mathrm{e}}}=\frac{\omega_{0}^{3}}{3 \pi \epsilon_{0} \hbar c^{3}} \frac{1}{2 J_{\mathrm{e}}+1} \sum_{m_{\mathrm{g}}, m_{\mathrm{e}}}\left|\left\langle J_{\mathrm{g}} m_{\mathrm{g}}\right| \mathbf{d}\right| J_{\mathrm{e}} m_{\mathrm{e}}\right\rangle\left.\right|^{2} \tag{7.293}
\end{equation*}
$$

Recalling the normalization convention (7.294) for the reduced dipole matrix element,

$$
\begin{equation*}
\left.\left.\sum_{m_{\mathrm{e}}}\left|\left\langle J_{\mathrm{g}} m_{\mathrm{g}}\right| \mathbf{d}\right| J_{\mathrm{e}} m_{\mathrm{e}}\right\rangle\left.\right|^{2}=\sum_{m_{\mathrm{e}} q}\left|\left\langle J_{\mathrm{g}} m_{\mathrm{g}}\right| d_{q}\right| J_{\mathrm{e}} m_{\mathrm{e}}\right\rangle\left.\right|^{2}=\left|\left\langle J_{\mathrm{g}}\|\mathbf{d}\| J_{\mathrm{e}}\right\rangle\right|^{2} \tag{7.294}
\end{equation*}
$$

we can eliminate the excited-state sum:

$$
\begin{equation*}
\Gamma_{J_{\mathrm{g}} J_{\mathrm{e}}}=\frac{\omega_{0}^{3}}{3 \pi \epsilon_{0} \hbar c^{3}} \frac{1}{2 J_{\mathrm{e}}+1} \sum_{m_{\mathrm{g}}}\left|\left\langle J_{\mathrm{g}}\|\mathbf{d}\| J_{\mathrm{e}}\right\rangle\right|^{2} \tag{7.295}
\end{equation*}
$$

The summand no longer depends on $m_{\mathrm{g}}$, so we arrive at the final result:

$$
\begin{equation*}
\Gamma_{J_{\mathrm{g}} J_{\mathrm{e}}}=\frac{\omega_{0}^{3}}{3 \pi \epsilon_{0} \hbar c^{3}} \frac{2 J_{\mathrm{g}}+1}{2 J_{\mathrm{e}}+1}\left|\left\langle J_{\mathrm{g}}\|\mathbf{d}\| J_{\mathrm{e}}\right\rangle\right|^{2} \tag{7.296}
\end{equation*}
$$

(spontaneous decay rate, fine-structure transition)
This expression can also effectively define the normalization convention of the matrix elements. More importantly, this is generally how you compute the dipole matrix elements, since lifetimes are a commonly
measured quantity used to define the strength of transitions (and even better, the lifetimes are free of ambiguities from normalization conventione!).

A similar argument applies for hyperfine levels. However, when summing the dipole matrix elements over all ground sublevels $\left|F_{\mathrm{g}} m_{\mathrm{g}}\right\rangle$ connected to an excited sublevel, the dependence on $F_{\mathrm{g}}$ and $m_{\mathrm{g}}$ vanishes:

$$
\begin{equation*}
\left.\sum_{F_{\mathrm{g}} m_{\mathrm{g}}}\left|\left\langle F_{\mathrm{g}} m_{\mathrm{g}}\right| \mathbf{d}\right| F_{\mathrm{e}} m_{\mathrm{e}}\right\rangle\left.\right|^{2}=\frac{2 J_{\mathrm{g}}+1}{2 J_{\mathrm{e}}+1}\left|\left\langle J_{\mathrm{g}}\|\mathbf{d}\| J_{\mathrm{e}}\right\rangle\right|^{2} . \tag{7.297}
\end{equation*}
$$

Thus, the only depedence of the decay rate on the hyperfine quantum numbers enters throught the differences in the transition frequencies. Even for the larger alkali atoms, this amounts to a difference of less than 0.1\% in the decay rate, too small to be resolved so far in lifetime measurments. We can therefore ignore the hyperfine splittings and use Eq. (7.296) as the decay rate for hyperfine levels.

Of course, these arguments establish the magnitude of the reduced matrix elements, but not the phase. By convention, all dipole matrix elements are real, but may be positive or negative. For the interaction of a field with only a single fine-structure transition, the reduced matrix element $\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle$ can be assigned an arbitrary sign, say positive. The correct signs for the hyperfine matrix elements are then assured by the decomposition formula (7.273). If the interactions with multiple fine-structure levels are important, the relative signs of the different matrix elements must be set according to the further decomposition rule (7.274).

### 7.4 Interaction with Static Fields

### 7.4.1 Static Magnetic Fields: Zeeman Effect

Each of the fine-structure $(J)$ energy levels contains $2 J+1$ magnetic sublevels that determine the angular distribution of the electron wave function. These states are labeled by the quantum numbers $m_{J}$ associated with the $J_{z}$ operator, satisfying $-J \leq m_{J} \leq J$. In the absence of external fields, these sublevels are degenerate: as we saw above, the shift only depended on the $J$ quantum number, not $m_{J}$.

However, when an external magnetic field is applied, their degeneracy is broken. Both the magnetic moments due to the electron spin and orbit couple to the field, and the Hamiltonian describing the atomic interaction with the magnetic field is simply the magnetic-dipole-interaction Hamiltonian

$$
\begin{align*}
H_{B}^{(\mathrm{fs})} & =-\boldsymbol{\mu}_{\mathrm{s}} \cdot \mathbf{B}-\boldsymbol{\mu}_{\mathrm{L}} \cdot \mathbf{B} \\
& =\frac{\mu_{\mathrm{B}}}{\hbar}\left(g_{S} \mathbf{S}+g_{L} \mathbf{L}\right) \cdot \mathbf{B}  \tag{7.298}\\
& =\frac{\mu_{\mathrm{B}}}{\hbar}\left(g_{S} S_{z}+g_{L} L_{z}\right) B
\end{align*}
$$

if we take the magnetic field to be along the $z$-direction (i.e., along the atomic quantization axis), $\mathbf{B}=B \hat{z}$. Again, the quantities $g_{S}$ and $g_{L}$ are respectively the electron spin and orbital " $g$-factors" or fudge-factors that account for various modifications to the corresponding magnetic dipole moments. We already saw $g_{S}$ in Section 7.2.1; the value for $g_{L}$ is approximately 1, as we assumed in the same section, but to account for the finite nuclear mass, we can take to lowest order

$$
\begin{equation*}
g_{L}=\frac{m}{m_{\mathrm{e}}}=\frac{1}{1+m_{\mathrm{e}} / m_{\mathrm{n}}} \approx 1-\frac{m_{\mathrm{e}}}{m_{\mathrm{n}}} \tag{7.299}
\end{equation*}
$$

where again $m_{\mathrm{e}}$ is the electron mass and $m_{\text {nuc }}$ is the nuclear mass to account for the fact that the electron's mass in the expression (7.109) for the orbital angular momentum is really its reduced mass, while the Bohr magneton $\mu_{\mathrm{B}}=e \hbar / 2 m_{\mathrm{e}}$ instead uses the electron mass.

### 7.4.1.1 Anomalous Zeeman Effect: Weak Fields

If we assume the magnetic-field interaction to be a small perturbation to the fine-structure Hamiltonian, then to first order in perturbation theory we ignore any mixing of the fine-structure states $\left|J m_{J}\right\rangle$ and the
energy shift is

$$
\begin{align*}
\Delta E_{\mathrm{B}}^{(\mathrm{fs})}\left(J, m_{J}\right) & =\left\langle J m_{J}\right| H_{\mathrm{B}}\left|J m_{J}\right\rangle \\
& =\frac{\mu_{\mathrm{B}} B}{\hbar}\left\langle J m_{J}\right|\left(g_{S} S_{z}+g_{L} L_{z}\right)\left|J m_{J}\right\rangle \\
& =\frac{\mu_{\mathrm{B}} B g_{L}}{\hbar}\left\langle J m_{J}\right| J_{z}\left|J m_{J}\right\rangle+\frac{\mu_{\mathrm{B}} B\left(g_{S}-g_{L}\right)}{\hbar}\left\langle J m_{J}\right| S_{z}\left|J m_{J}\right\rangle  \tag{7.300}\\
& =\mu_{\mathrm{B}} B g_{L} m_{J}+\frac{\mu_{\mathrm{B}} B\left(g_{S}-g_{L}\right)}{\hbar}\left\langle J m_{J}\right| S_{z}\left|J m_{J}\right\rangle
\end{align*}
$$

where we used $J_{z}=L_{z}+S_{z}$ and of course $J_{z}\left|J m_{J}\right\rangle=m \hbar\left|J m_{J}\right\rangle$. To evaluate the second term, we first note that since $\mathbf{J}=\mathbf{L}+\mathbf{S}$, squaring this relation gives

$$
\begin{equation*}
\mathbf{S} \cdot \mathbf{J}=\frac{1}{2}\left(\mathbf{J}^{2}+\mathbf{S}^{2}-\mathbf{L}^{2}\right) \tag{7.301}
\end{equation*}
$$

and thus

$$
\begin{equation*}
\frac{(\mathbf{S} \cdot \mathbf{J})}{\mathbf{J}^{2}} \mathbf{J}=\frac{1}{2}\left(1+\frac{\mathbf{S}^{2}-\mathbf{L}^{2}}{\mathbf{J}^{2}}\right) \mathbf{J}=\frac{1}{2}\left(1+\frac{(\mathbf{S}-\mathbf{L}) \cdot \mathbf{J}}{\mathbf{J}^{2}}\right) \mathbf{J}=\frac{1}{2}[\mathbf{J}+(\mathbf{S}-\mathbf{L})]=\mathbf{S} \tag{7.302}
\end{equation*}
$$

Taking the expectation value of the $z$-component of this relation,

$$
\begin{align*}
\left\langle J m_{J}\right| S_{z}\left|J m_{J}\right\rangle & =\left\langle J m_{J}\right| \frac{(\mathbf{S} \cdot \mathbf{J})}{\mathbf{J}^{2}} J_{z}\left|J m_{J}\right\rangle \\
& =\frac{m_{J}}{J(J+1) \hbar}\left\langle J m_{J}\right| \mathbf{S} \cdot \mathbf{J}\left|J m_{J}\right\rangle \\
& =\frac{m_{J}}{2 J(J+1) \hbar}\left\langle J m_{J}\right|\left(\mathbf{J}^{2}+\mathbf{S}^{2}-\mathbf{L}^{2}\right)\left|J m_{J}\right\rangle  \tag{7.303}\\
& =\frac{J(J+1)+S(S+1)-L(L+1)}{2 J(J+1)} m_{J} \hbar,
\end{align*}
$$

where we again used Eq. (7.301) for the dot product, and we recall that $\left|J m_{J}\right\rangle \equiv\left|L S J m_{J}\right\rangle$. Putting this expectation value into Eq. (7.300), we obtain the perturbative shift

$$
\begin{equation*}
\Delta E_{\mathrm{B}}^{(\mathrm{fs})}=\mu_{\mathrm{B}} g_{J} m_{J} B \tag{7.304}
\end{equation*}
$$

(fine-structure Zeeman shift, small $B$ )
where the Lande $g_{J}$ factor ${ }^{30}$ is

$$
\begin{equation*}
g_{J}:=g_{L}+\left(g_{S}-g_{L}\right) \frac{J(J+1)+S(S+1)-L(L+1)}{2 J(J+1)} \tag{7.305}
\end{equation*}
$$

(Landé $g_{J}$ factor)
Note that this expression does not include corrections due to multielectron ${ }^{31}$ and QED ${ }^{32}$ effects, and thus measured values may differ slightly from this. Note also that since $g_{L} \approx 1$ and $g_{S} \approx 2$, the $g_{J}$ factor is commonly written as

$$
\begin{equation*}
g_{J} \approx 1+\frac{J(J+1)+S(S+1)-L(L+1)}{2 J(J+1)} . \tag{7.306}
\end{equation*}
$$

The shift in this regime is thus proportional to both the $m_{J}$ quantum number and the magnetic field. Recall that this is only valid when the magnetic field is along the $\hat{z}$ direction; otherwise, you must compute the

[^124]energy shifts according to this method for the states quantized along the magnetic field, and then use the rotation operators below to obtain the states with the desired quantization axis, which will no longer be eigenstates of the system. Thus, with other quantization axes, a given state will "remix" with the others due to precession along the magnetic-field axis.

For the hyperfine case, if the energy shift due to the magnetic field is small compared to the finestructure splitting, then as we just argued $J$ is a good quantum number. Then the interaction Hamiltonian can be written as the fine-structure interaction plus the magnetic-dipole interaction of the nuclear magnetic moment with the magnetic field:

$$
\begin{equation*}
H_{B}^{(\mathrm{hfs})}=H_{B}^{(\mathrm{fs})}-\boldsymbol{\mu}_{\mathrm{I}} \cdot \mathbf{B}=\frac{\mu_{\mathrm{B}}}{\hbar}\left(g_{J} J_{z}+g_{I} I_{z}\right) B_{z} \tag{7.307}
\end{equation*}
$$

Again, if the energy shift due to the magnetic field is small compared to the hyperfine splittings, then the fine-structure treatment carries through with $J \longrightarrow F, S \longrightarrow I$, and $L \longrightarrow J$, so that

$$
\begin{equation*}
\Delta E_{\mathrm{B}}^{(\mathrm{hfs})}=\mu_{\mathrm{B}} g_{F} m_{F} B \tag{7.308}
\end{equation*}
$$

where the $g_{F}$ factor is

$$
\begin{equation*}
g_{F}:=g_{J}+\left(g_{I}-g_{J}\right) \frac{F(F+1)+I(I+1)-J(J+1)}{2 F(F+1)}, \tag{7.309}
\end{equation*}
$$

or in a more symmetric form,

$$
\begin{equation*}
g_{F}:=g_{J} \frac{F(F+1)-I(I+1)+J(J+1)}{2 F(F+1)}+g_{I} \frac{F(F+1)+I(I+1)-J(J+1)}{2 F(F+1)} . \tag{7.310}
\end{equation*}
$$

(Landé $g_{F}$ factor)
Recalling that $g_{I}$ is much smaller than $g_{J}$, this is commonly written

$$
\begin{equation*}
g_{F} \approx g_{J} \frac{F(F+1)-I(I+1)+J(J+1)}{2 F(F+1)} \tag{7.311}
\end{equation*}
$$

which is correct at the $0.1 \%$ level.
The shifts proportional to the magnetic fields in this weak-field regime were historically referred to as the anomalous Zeeman effect, after Zeeman's observation of the splitting of spectral lines ${ }^{33}$ The "normal" case was based on the predicted splittings due only to orbital angular momentum. However, "anomalous" cases-which included spin effects-were observed before spin was known.

### 7.4.1.2 Paschen-Back Effect: Strong Fields

In the case of fine structure, when the field is large enough that the shifts due to the magnetic-field interaction Hamiltonian (7.298) dominate the fine-structure splittings, the interaction is again simple, but $J$ is no longer a good quantum number. Ignoring the fine-structure Hamiltonian, the eigenstates of the interaction are the uncoupled, or "high-field" fine-structure states $\left|L m_{L} ; S m_{S}\right\rangle$. The energy shifts are thus given by the expectation value of the interaction Hamiltonian, or

$$
\begin{equation*}
\Delta E_{\left|L m_{L} ; S m_{S}\right\rangle}=\left\langle H_{B}^{(\mathrm{fs})}\right\rangle=\frac{\mu_{\mathrm{B}}}{\hbar}\left\langle\left(g_{S} S_{z}+g_{L} L_{z}\right)\right\rangle B=\mu_{\mathrm{B}}\left(g_{S} m_{S}+g_{L} m_{L}\right) B \tag{7.312}
\end{equation*}
$$

The energies again shift linearly with the applied field amplitude, but now the shifts have contributions proportional to $m_{S}$ and $m_{L}$ rather than simply being proportional to $m_{J}$. The shift in this large-field regime is called the Paschen-Back effect. ${ }^{34}$

[^125]We will consider in a bit more detail the hyperfine case, since it is easier to enter the Paschen-Back regime for the much smaller hyperfine splittings. For strong fields where the appropriate interaction is described by Eq. (7.307), the interaction Hamiltonian dominates the hyperfine Hamiltonian (7.132), so that the hyperfine Hamiltonian perturbs the strong-field eigenstates $\left|J m_{J} ; I m_{I}\right\rangle$. For this treatment to hold, the energy perturbations must still be small compared to the fine-structure splitting, otherwise we need to account for that effect as well. We can compute the energies to first order in perturbation theory (lowest order in $1 / B$ ) by computing the expectation value

$$
\begin{equation*}
E_{\left|J m_{J} ; I m_{I}\right\rangle}=\left\langle H_{\mathrm{hfs}}+H_{B}^{(\mathrm{hfs})}\right\rangle \tag{7.313}
\end{equation*}
$$

with respect to the strong-field states $\left|J m_{J} I m_{I}\right\rangle$. To do this, we first invert the defining relations (7.7) for the ladder operators to find $J_{x}=\left(J_{+}+J_{-}\right) / 2$ and $J_{y}=\left(J_{+}-J_{-}\right) / 2 i$, so that

$$
\begin{align*}
\mathbf{I} \cdot \mathbf{J} & =I_{z} J_{z}+I_{x} J_{x}+I_{y} J_{y} \\
& =I_{z} J_{z}+\frac{\left(I_{+}+I_{-}\right)\left(J_{+}+J_{-}\right)}{4}-\frac{\left(I_{+}-I_{-}\right)\left(J_{+}-J_{-}\right)}{4}  \tag{7.314}\\
& =I_{z} J_{z}+\frac{I_{+} J_{-}+I_{-} J_{+}}{2} .
\end{align*}
$$

In the expectation value, the second term vanishes, leaving

$$
\begin{equation*}
\left\langle J m_{J} ; I m_{I}\right|(\mathbf{I} \cdot \mathbf{J})\left|J m_{J} ; I m_{I}\right\rangle=m_{I} m_{J} \hbar^{2} \tag{7.315}
\end{equation*}
$$

Squaring Eq. (7.314) then gives

$$
\begin{align*}
(\mathbf{I} \cdot \mathbf{J})^{2} & =\left(I_{z} J_{z}\right)^{2}+\frac{1}{2}\left[\left(I_{z} J_{z}\right),\left(I_{+} J_{-}+I_{-} J_{+}\right)\right]_{+}+\frac{\left(I_{+} J_{-}+I_{-} J_{+}\right)^{2}}{4} \\
& =\left(I_{z} J_{z}\right)^{2}+\frac{1}{2}\left[\left(I_{z} J_{z}\right),\left(I_{+} J_{-}+I_{-} J_{+}\right)\right]_{+}+\frac{\left(I_{+} J_{-}\right)^{2}+\left(I_{-} J_{+}\right)^{2}}{4}+\frac{I_{+} I_{-} J_{-} J_{+}+I_{-} I_{+} J_{+} J_{-}}{4} \tag{7.316}
\end{align*}
$$

and then computing the expectation value, the middle terms vanish, while the last term can be computed from Eq. (7.27) to obtain ${ }^{35}$

$$
\begin{align*}
\left\langle J m_{J} ; I m_{I}\right|(\mathbf{I} \cdot \mathbf{J})^{2}\left|J m_{J} ; I m_{I}\right\rangle=\hbar^{4}\left(m_{I} m_{J}\right)^{2}+ & \frac{\hbar^{4}}{4}\left[I(I+1)-m_{I}\left(m_{I}-1\right)\right]\left[J(J+1)-m_{J}\left(m_{J}+1\right)\right] \\
& +\frac{\hbar^{4}}{4}\left[I(I+1)-m_{I}\left(m_{I}+1\right)\right]\left[J(J+1)-m_{J}\left(m_{J}-1\right)\right] \\
= & \hbar^{4}\left(m_{I} m_{J}\right)^{2}+ \tag{7.317}
\end{align*} \frac{\hbar^{4}}{2}\left[I(I+1)-m_{I}^{2}\right]\left[J(J+1)-m_{J}^{2}\right]-\frac{\hbar^{4}}{2} m_{I} m_{J} .
$$

Now we can evaluate Eq. (7.313) by putting the above expectation values into (7.132), while dropping the small $C_{\mathrm{hfs}}$ term for (relative) simplicity, with the result

$$
\begin{gather*}
E_{\left|J m_{J} ; I m_{I}\right\rangle} \approx A_{\mathrm{hfs}} m_{I} m_{J}+B_{\mathrm{hfs}} \frac{9\left(m_{I} m_{J}\right)^{2}-3 J(J+1) m_{I}^{2}-3 I(I+1) m_{J}^{2}+I(I+1) J(J+1)}{4 J(2 J-1) I(2 I-1)} \\
+\mu_{\mathrm{B}}\left(g_{J} m_{J}+g_{I} m_{I}\right) B . \tag{7.318}
\end{gather*}
$$

(hyperfine Paschen-Back effect)
The expectation of the interaction Hamiltonian is trivial in this case. Clearly, the hyperfine Hamiltonian, while not contributing a $B$-dependent energy, is important in determining the correct splittings between the states, even for strong fields. The energy shift in this regime is called the hyperfine Paschen-Back effect.

[^126]Note that for both instances of the Paschen-Back effect, we are considering fields cause large shifts on the scale of the unperturbed splittings. However, we don't want the fields to be too large, where for example the diamagnetic interaction, which in the dipole approximation is $H_{\text {diamagnetic }}=[\mathbf{d} \times \mathbf{B}(0)]^{2} / 8 m_{\mathrm{e}}$, as we recall from Eq. (9.119), which leads to a quadratic Zeeman effect.

### 7.4.1.3 Incomplete Paschen-Back Effect: Intermediate Fields

For intermediate fields, where for example in hyperfine structure the interaction Hamiltonian neither weakly perturbs nor dominates the hyperfine Hamiltonian, the energy shift is more difficult to calculate, and in general one must numerically diagonalize $H_{\mathrm{hfs}}+H_{B}^{(\mathrm{hfs})}$. A notable exception comes about in hyperfine structure when either $J=1 / 2$ or $I=1 / 2$. In this case, the hyperfine Hamiltonian (7.132) is given only by the magnetic-dipole term,

$$
\begin{equation*}
H_{\mathrm{hfs}}=A_{\mathrm{hfs}} \frac{\mathbf{I} \cdot \mathbf{J}}{\hbar^{2}} \tag{7.319}
\end{equation*}
$$

In the strong-field basis, we have from Eq. (7.314) again the diagonal matrix elements

$$
\begin{equation*}
\left\langle J m_{J} I m_{I}\right| H_{\mathrm{hfs}}\left|J m_{J} I m_{I}\right\rangle=A_{\mathrm{hfs}} m_{I} m_{J} \tag{7.320}
\end{equation*}
$$

and also from Eq. (7.30) the off-diagonal matrix elements

$$
\begin{align*}
& \left\langle J\left(m_{J}-1\right) ; I\left(m_{I}+1\right)\right| H_{\mathrm{hfs}}\left|J m_{J} ; I m_{I}\right\rangle=\frac{A_{\mathrm{hfs}}}{2} \sqrt{\left(J-m_{J}+1\right)\left(J+m_{J}\right)\left(I+m_{I}+1\right)\left(I-m_{I}\right)}  \tag{7.321}\\
& \left\langle J\left(m_{J}+1\right) ; I\left(m_{I}-1\right)\right| H_{\mathrm{hfs}}\left|J m_{J} ; I m_{I}\right\rangle=\frac{A_{\mathrm{hfs}}}{2} \sqrt{\left(J+m_{J}+1\right)\left(J-m_{J}\right)\left(I-m_{I}+1\right)\left(I+m_{I}\right)}
\end{align*}
$$

with all other matrix elements vanishing. The interaction Hamiltonian is diagonal in the strong-field basis, with diagonal matrix elements

$$
\begin{equation*}
\left\langle J m_{J} ; I m_{I}\right| H_{B}^{(\mathrm{hfs})}\left|J m_{J} ; I m_{I}\right\rangle=\mu_{\mathrm{B}}\left(g_{J} m_{J}+g_{I} m_{I}\right) B . \tag{7.322}
\end{equation*}
$$

Suppose now for concreteness that $J=1 / 2$. Then states with $m_{J}=1 / 2$ are only coupled to states with $m_{J}=-1 / 2\left(\right.$ and $m_{I}$ increased by 1$)$, and states with $m_{J}=-1 / 2$ are only coupled to states with $m_{J}=1 / 2$ (and $m_{I}$ decreased by 1). Thus, the combined Hamiltonian is block diagonal, with blocks of the form

$$
\left[\begin{array}{cc}
A_{\mathrm{hfs}} \frac{m_{I}}{2}+\mu_{\mathrm{B}}\left(\frac{g_{J}}{2}+g_{I} m_{I}\right) B & \frac{A_{\mathrm{hfs}}}{2} \sqrt{\left(I+m_{I}+1\right)\left(I-m_{I}\right)}  \tag{7.323}\\
\frac{A_{\mathrm{hfs}}}{2} \sqrt{\left(I+m_{I}+1\right)\left(I-m_{I}\right)} & -A_{\mathrm{hfs}} \frac{\left(m_{I}+1\right)}{2}+\mu_{\mathrm{B}}\left(-\frac{g_{J}}{2}+g_{I}\left(m_{I}+1\right)\right) B
\end{array}\right]
$$

Then we have a matrix with eigenvalues of the form

$$
\left[\begin{array}{ll}
A & C  \tag{7.324}\\
C & D
\end{array}\right] \quad \longrightarrow \quad \text { eigenvalues: } \quad \frac{A+D}{2} \pm \frac{1}{2} \sqrt{(A-D)^{2}+4 C^{2}}
$$

so that the new hyperfine eigenvalues are

$$
\begin{align*}
E_{\left|J=1 / 2 m_{J} ; I m_{I}\right\rangle}= & -\frac{A_{\mathrm{hfs}}}{4}+\mu_{\mathrm{B}} g_{I}\left(m_{I}+\frac{1}{2}\right) B \\
& \pm \frac{1}{2}\left\{\left[\frac{A_{\mathrm{hfs}}}{2}\left(2 m_{I}+1\right)+\mu_{\mathrm{B}}\left(g_{J}-g_{I}\right) B\right]^{2}+A_{\mathrm{hfs}}^{2}\left[I(I+1)-m_{I}\left(m_{I}+1\right)\right]\right\}^{1 / 2} \tag{7.325}
\end{align*}
$$

Introducing the notations

$$
\begin{align*}
\Delta E_{\mathrm{hfs}} & =A_{\mathrm{hfs}}\left(I+\frac{1}{2}\right)  \tag{7.326}\\
x & =\frac{\mu_{\mathrm{B}}\left(g_{J}-g_{I}\right) B}{\Delta E_{\mathrm{hfs}}}
\end{align*}
$$

where $\Delta E_{\mathrm{hfs}}$ is the hyperfine splitting and $x$ is a scaled magnetic-field strength,

$$
\begin{align*}
& E_{\left|J=1 / 2 m_{J} ; I m_{I}\right\rangle=}=-\frac{\Delta E_{\mathrm{hfs}}}{2(2 I+1)}+\mu_{\mathrm{B}} g_{I} \\
&\left(m_{I}+\frac{1}{2}\right) B \\
& \pm \frac{\Delta E_{\mathrm{hfs}}}{2}\left[\left(\frac{\left(2 m_{I}+1\right)}{(2 I+1)}+x\right)^{2}+\frac{4 I(I+1)}{(2 I+1)^{2}}-\frac{4 m_{I}\left(m_{I}+1\right)}{(2 I+1)^{2}}\right]^{1 / 2} \\
&=-\frac{\Delta E_{\mathrm{hfs}}}{2(2 I+1)}+\mu_{\mathrm{B}} g_{I}\left(m_{I}+\frac{1}{2}\right) B \pm \frac{\Delta E_{\mathrm{hfs}}}{2}\left[\frac{1}{(2 I+1)}+2 x \frac{\left(2 m_{I}+1\right)}{(2 I+1)}+\frac{4 I(I+1)}{(2 I+1)^{2}}+x^{2}\right]^{1 / 2}  \tag{7.327}\\
&=-\frac{\Delta E_{\mathrm{hfs}}}{2(2 I+1)}+\mu_{\mathrm{B}} g_{I}\left(m_{I}+\frac{1}{2}\right) B \pm \frac{\Delta E_{\mathrm{hfs}}}{2}\left[1+2 x \frac{\left(2 m_{I}+1\right)}{(2 I+1)}+x^{2}\right]^{1 / 2}
\end{align*}
$$

Now recall that without the couplings (off-diagonal matrix elements), the $m_{J}=+1 / 2$ state is of higher energy than the $m_{J}=-1 / 2$ state (recall $g_{I}$ is small compared to $g_{J}$ ). The couplings, just as was the case for the dressed states of the two-level atom, will simply be spread further due to the interaction. Thus, we can associate the $\pm$ energy with the $m_{J}= \pm 1 / 2$ state. Further, we can define $m=m_{I}+1 / 2$; noting that we labeled the upper $(+)$ state as having quantum number $m_{I}$ while the lower $(-)$ state has quantum number $m_{I}+1$, we can thus also interpret $m=m_{I} \pm m_{J}$, where $m_{I}$ and $m_{J}$ are the literal quantum numbers for each state, and thus we obtain the Breit-Rabi formula ${ }^{36}$

$$
\begin{equation*}
E_{\left|J=1 / 2 m_{J} ; I m_{I}\right\rangle}=-\frac{\Delta E_{\mathrm{hfs}}}{2(2 I+1)}+g_{I} \mu_{\mathrm{B}} m B \pm \frac{\Delta E_{\mathrm{hfs}}}{2}\left(1+\frac{4 m x}{2 I+1}+x^{2}\right)^{1 / 2} \tag{7.328}
\end{equation*}
$$

(Breit-Rabi formula)
Again, this formula applies to states with $J=1 / 2$ and arbitrary $I$ (but can of course be adapted to states with $I=1 / 2$ and arbitrary $J)$. In order to avoid a sign ambiguity in evaluating (7.328), the more direct formula

$$
\begin{equation*}
E_{\left|J=1 / 2 m_{J} ; I m_{I}\right\rangle}=\Delta E_{\mathrm{hfs}} \frac{I}{2 I+1} \pm \frac{1}{2}\left(g_{J}+2 I g_{I}\right) \mu_{\mathrm{B}} B \tag{7.329}
\end{equation*}
$$

can be used for the two states $m= \pm(I+1 / 2)$. The Breit-Rabi formula is useful, for example, in computing the shifts of the ground states of the alkali atoms, which are of the form $n^{2} \mathrm{~S}_{1 / 2}$. For example, recall above that the ground-state hyperfine $F=2 \longrightarrow F^{\prime}=3$ splitting of ${ }^{133} \mathrm{Cs}$ defines the second, but of course the hyperfine transitions can depend on the local magnetic field. For this reason the $m_{F}=0 \longrightarrow m_{F}^{\prime}=0$ transition is used, because both states have no Zeeman shift to lowest order. However, they do shift to higher order, and the small frequency shift is

$$
\begin{equation*}
\Delta \omega_{\text {clock }}=\frac{\left(g_{J}-g_{I}\right)^{2} \mu_{\mathrm{B}}^{2}}{2 \hbar \Delta E_{\mathrm{hfs}}} B^{2} \tag{7.330}
\end{equation*}
$$

to second order in the field strength, an important systematic effect to keep in mind when designing an atomic clock.

As an example, shown below is the magnetic-field-dependent hyperfine structure of the ground $\left(6^{2} \mathrm{~S}_{1 / 2}\right)$ state of ${ }^{133} \mathrm{Cs}$, ranging from the weak-field (Zeeman) regime through the hyperfine Paschen-Back regime.

[^127]

For the ground state, the Breit-Rabi formula applies and can be used to compute the energy levels. However, it does not apply to the $\mathrm{D}_{2}$ excited $\left(6^{2} \mathrm{P}_{3 / 2}\right)$ state, where the level structure, shown below, is more complicated.


In both cases, the features we have discussed are visible. For small magnetic fields, the levels cluster around the hyperfine energies and have shifts proportional to $B$. For large magnetic fields, the states instead cluster according to their $m_{J}$ value, with small splittings induced according to the value of $m_{I}$. In the incomplete Paschen-Back regime, there is a smooth crossover between the two types of level spacings.

### 7.4.2 Static Electric Fields: Stark Effect

Like static magnetic fields in the Zeeman effect, static electric fields also shift the fine- and hyperfine-structure sublevels. However, the details of the electric-field shifts, or dc Stark shifts ${ }^{37}$ turn out to be quite different

[^128]from the case of the Zeeman effect. We will take the atom-field interaction Hamiltonian to be the usual electric-dipole interaction,
\[

$$
\begin{equation*}
H_{\mathrm{AF}}=-\mathbf{d} \cdot \mathbf{E}, \tag{7.331}
\end{equation*}
$$

\]

where $\mathbf{E}$ is a static electric-field amplitude, and $\mathbf{d}$ is the atomic dipole operator as usual. The atomic energy-level shifts in level $|\alpha\rangle$ is given up to second order in perturbation theory by

$$
\begin{equation*}
\Delta E_{\alpha}=\langle\alpha| H_{\mathrm{AF}}|\alpha\rangle+\sum_{j} \frac{\left.\left|\langle\alpha| H_{\mathrm{AF}}\right| \beta_{j}\right\rangle\left.\right|^{2}}{E_{\alpha}-E_{\beta_{j}}} \tag{7.332}
\end{equation*}
$$

where the $\left|\beta_{j}\right\rangle$ label all the other atomic states, and $E_{\alpha}$ and $E_{\beta_{j}}$ are the atomic level energies. Recalling that the dipole operator only couples states of opposite parity (Section 5.1.1), the first-order shift vanishes and we are left only with the second-order term. Thus, the remaining effect is second order in $\mathbf{E}$, and is thus called the quadratic Stark effect. (A notable exception to this occurs in hydrogen, where degeneracy of opposite-parity states leads to the a first-order shift and thus a linear Stark effect.)

### 7.4.2.1 Effective, First-Order Interaction

It is conventional to define an effective Stark interaction Hamiltonian by ${ }^{38}$

$$
\begin{equation*}
H_{\text {Stark }}:=\sum_{j} \frac{H_{\mathrm{AF}}\left|\beta_{j}\right\rangle\left\langle\beta_{j}\right| H_{\mathrm{AF}}}{E_{\alpha}-E_{\beta_{j}}}=\sum_{j} \frac{d_{\mu}\left|\beta_{j}\right\rangle\left\langle\beta_{j}\right| d_{\nu}}{E_{\alpha}-E_{\beta_{j}}} E_{\mu} E_{\nu}, \tag{7.333}
\end{equation*}
$$

where $E_{\mu}$ and $E_{\nu}$ are the electric-field components (make sure to keep track of which $E$ 's are energies and which are fields!). With this effective Hamiltonian, we get the same shift, but now it looks like a first-order shift:

$$
\begin{equation*}
\Delta E_{\alpha}=\langle\alpha| H_{\text {Stark }}|\alpha\rangle \tag{7.334}
\end{equation*}
$$

However, it's important to realize that this result is really second order in perturbation theory. Now we note that the Stark Hamiltonian has the form of a rank-2 tensor operator, contracted twice with the electric-field vector:

$$
\begin{equation*}
H_{\text {Stark }}=S_{\mu \nu} E_{\mu} E_{\nu} \tag{7.335}
\end{equation*}
$$

where the tensor operator is

$$
\begin{equation*}
S_{\mu \nu}=\sum_{j} \frac{d_{\mu}\left|\beta_{j}\right\rangle\left\langle\beta_{j}\right| d_{\nu}}{E_{\alpha}-E_{\beta_{j}}} \tag{7.336}
\end{equation*}
$$

This is a symmetric Cartesian tensor of rank 2. Recall from Section (7.3.3.3) that a rank-2 Cartesian tensor may be decomposed into irreducible parts of rank 0,1 , and 2 , where the rank- 0 part is related to the trace, the rank- 1 part is related to the antisymmetric part of the tensor, and the rank- 2 part is effectively what is left. Writing the decomposition as in Eq. (7.206),

$$
\begin{equation*}
S_{\mu \nu}=\frac{1}{3} S^{(0)} \delta_{\mu \nu}+S_{\mu \nu}^{(2)} \tag{7.337}
\end{equation*}
$$

where the vector term vanishes since (7.336) is obviously a symmetric tensor, the scalar part is

$$
\begin{equation*}
S^{(0)}=S_{\mu \mu}, \tag{7.338}
\end{equation*}
$$

as in Eq. (7.198), and the irreducible tensor part is

$$
\begin{equation*}
S_{\mu \nu}^{(2)}=S_{\mu \nu}-\frac{1}{3} S_{\sigma \sigma} \delta_{\mu \nu} \tag{7.339}
\end{equation*}
$$

[^129]as in Eq. (7.205). Thus, the Stark shift from Eq. (7.334) becomes
\[

$$
\begin{equation*}
\Delta E_{\alpha}=\langle\alpha| S_{\mu \nu}|\alpha\rangle E_{\mu} E_{\nu}=\frac{1}{3}\langle\alpha| S^{(0)}|\alpha\rangle E^{2}+\langle\alpha| S_{\mu \nu}^{(2)}|\alpha\rangle E_{\mu} E_{\nu}, \tag{7.340}
\end{equation*}
$$

\]

which is now separated into scalar and tensor parts: the first is the orientation-independent part of the shift, while the second is the anisotropic part.

### 7.4.2.2 Scalar Shift: Fine Structure

The scalar part of the shift is given by the first term of Eq. (7.340). For a fine-structure state $\left|J m_{J}\right\rangle$, we may write the shift as

$$
\begin{equation*}
\Delta E_{\left|J m_{J}\right\rangle}^{(0)}=\sum_{J^{\prime} m_{J}^{\prime}} \frac{\left\langle J m_{J}\right| d_{\mu}\left|J^{\prime} m_{J}^{\prime}\right\rangle\left\langle J^{\prime} m_{J}^{\prime}\right| d_{\mu}\left|J^{\prime} m_{J}^{\prime}\right\rangle}{3\left(E_{J}-E_{J^{\prime}}\right)} E^{2} \tag{7.341}
\end{equation*}
$$

Using the Wigner-Eckart theorem (7.236) for the matrix elements, we find

$$
\begin{equation*}
\Delta E_{J}^{(0)}=\sum_{J^{\prime} m_{J}^{\prime} \mu} \frac{\left|\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle\right|^{2}}{3\left(E_{J}-E_{J^{\prime}}\right)}\left\langle J m_{J} \mid J^{\prime} m_{J}^{\prime} ; 1 \mu\right\rangle^{2} E^{2} \tag{7.342}
\end{equation*}
$$

Note that we transposed the second matrix element so that we could apply the Wigner-Eckart theorem in exactly the same form on each matrix element, ending up with one form of the reduced matrix element and the Clebsch-Gordan coefficient. From the orthogonality relation (7.46), we can evaluate the double sum

$$
\begin{equation*}
\sum_{m_{J}^{\prime} \mu}\left\langle J m_{J} \mid J^{\prime} m_{J}^{\prime} ; 1 \mu\right\rangle^{2}=1 \tag{7.343}
\end{equation*}
$$

Then, by analogy with the classical polarizability, as in Eq. (1.60), we then define a scalar polarizability for the fine-structure level $J$ by

$$
\begin{equation*}
\alpha^{(0)}(J):=-\frac{2}{3} \sum_{J^{\prime}} \frac{\left|\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle\right|^{2}}{E_{J}-E_{J^{\prime}}} \tag{7.344}
\end{equation*}
$$

(scalar polarizability)
so that the scalar shift becomes

$$
\begin{equation*}
\Delta E_{J}^{(0)}=-\frac{1}{2} \alpha^{(0)}(J) E^{2} \tag{7.345}
\end{equation*}
$$

The sum in the polarizability here extends over the other (i.e., radial) quantum numbers as well as $J^{\prime}$.

### 7.4.2.3 Tensor Shift: Fine Structure

The remaining (tensor) part of the Stark shift is given by the second term of Eq. (7.340). Again, for a fine-structure state $\left|J m_{J}\right\rangle$, we may write the shift as

$$
\begin{equation*}
\Delta E_{\left|J m_{J}\right\rangle}^{(2)}=\sum_{q=-2}^{2}(-1)^{q}\left\langle J m_{J}\right| S_{q}^{(2)}\left|J m_{J}\right\rangle[\mathbf{E E}]_{-q}^{(2)}, \tag{7.346}
\end{equation*}
$$

where we have switched to the scalar product (7.221) of spherical-tensors from the scalar product of the irreducible Cartesian tensors $S_{\mu \nu}^{(2)}$ and the traceless part of $E_{\mu} E_{\nu}$. (Note that the scalar part of $E_{\mu} E_{\nu}$ has a vanishing interaction with $S_{\mu \nu}^{(2)}$, since its trace has been removed.) Recall that the spherical-tensor components for the rank-2 tensors are given in Eq. (7.218). Again using the Wigner-Eckart theorem (7.236) for the matrix element, we can write

$$
\begin{equation*}
\Delta E_{\left|J m_{J}\right\rangle}^{(2)}=\sum_{q=-2}^{2}(-1)^{q}\left\langle J\left\|\mathbf{S}^{(2)}\right\| J\right\rangle[\mathbf{E E}]_{-q}^{(2)}\left\langle J m_{J} \mid J m_{J} ; 2 q\right\rangle, \tag{7.347}
\end{equation*}
$$

where the only nonvanishing Clebsch-Gordan coefficient is

$$
\begin{equation*}
\left\langle J m_{J} \mid J m_{J} ; 20\right\rangle=\frac{3 m_{J}^{2}-J(J+1)}{\sqrt{J(2 J-1)(J+1)(2 J+3)}} \quad(J \geq 1) \tag{7.348}
\end{equation*}
$$

where the constraint on $J$ ensures that the triangularity constraint of the Clebsch-Gordan coefficient is satisfied $(|J-2| \leq J \leq J+2$ here). That is, the tensor shift vanishes if $J=0$ or $J=1 / 2$. From Eq. (7.218), the relevant component of the field tensor is

$$
\begin{equation*}
[\mathbf{E E}]_{0}^{(2)}=\frac{1}{\sqrt{6}}\left(E_{1} E_{-1}+2 E_{0}^{2}+E_{-1} E_{1}\right)=\frac{1}{\sqrt{6}}\left(3 E_{z}^{2}-E^{2}\right) \tag{7.349}
\end{equation*}
$$

Putting these pieces together, we can define a tensor polarizability

$$
\begin{equation*}
\alpha^{(2)}(J):=-\left\langle J\left\|S_{q}^{(2)}\right\| J\right\rangle \sqrt{\frac{8 J(2 J-1)}{3(J+1)(2 J+3)}}, \tag{7.350}
\end{equation*}
$$

(tensor polarizability)
so that the tensor shift is

$$
\begin{equation*}
\Delta E_{\left|J m_{J}\right\rangle}^{(2)}=-\frac{1}{4} \alpha^{(2)}(J)\left(3 E_{z}^{2}-E^{2}\right)\left(\frac{3 m_{J}^{2}-J(J+1)}{J(2 J-1)}\right) \tag{7.351}
\end{equation*}
$$

(tensor Stark shift)

Combining this with the scalar shift from Eq. (7.345), we can write the total shift as

$$
\begin{equation*}
\Delta E_{\left|J m_{J}\right\rangle}=-\frac{1}{2} \alpha^{(0)}(J) E^{2}-\frac{1}{4} \alpha^{(2)}(J)\left(3 E_{z}^{2}-E^{2}\right)\left(\frac{3 m_{J}^{2}-J(J+1)}{J(2 J-1)}\right) . \tag{7.352}
\end{equation*}
$$

(fine-structure Stark shift)
The shift is largest when $\mathbf{E}=E_{z} \hat{z}$ (e.g., when we take the quantization axis to be along the $\mathbf{E}$ field), when the Stark shift simplifies to

$$
\Delta E_{\left|J m_{J}\right\rangle}=-\frac{1}{2} \alpha^{(0)}(J) E_{z}^{2}-\frac{1}{2} \alpha^{(2)}(J) E_{z}^{2}\left(\frac{3 m_{J}^{2}-J(J+1)}{J(2 J-1)}\right)
$$

(fine-structure Stark shift)

This latter form explains the normalization of the tensor term: for $m_{J}= \pm J$, the shift becomes

$$
\begin{equation*}
\Delta E_{|J \pm J\rangle}=-\frac{1}{2} \alpha^{(0)}(J) E_{z}^{2}-\frac{1}{2} \alpha^{(2)}(J) E_{z}^{2} \tag{7.354}
\end{equation*}
$$

where the tensor term has the same form as the scalar term. Because of these forms for the Stark shift, we can write down yet another effective Stark Hamiltonian,

$$
H_{\text {Stark }}(J)=-\frac{1}{2} \alpha^{(0)}(J) E_{z}^{2}-\frac{1}{4} \alpha^{(2)}(J)\left(3 E_{z}^{2}-E^{2}\right)\left(\frac{3 J_{z}^{2} / \hbar^{2}-J(J+1)}{J(2 J-1)}\right)
$$

(effective Stark Hamiltonian) (7.355)
which has the same eigenvalues as the effective Hamiltonian (7.333) for fine-structure states $\left|J m_{J}\right\rangle$. Again, we have taken the quantization axis to coincide with the electric-field direction. This is because the matrix $\left\langle J m_{J}\right| H_{S t a r k}\left|J m_{J}^{\prime}\right\rangle$ for the original Hamiltonian is only diagonal for $\mathbf{E}=E_{z} \hat{z}$. Only for this choice of $\mathbf{E}$ is $[\mathbf{E E}]_{0}^{(2)}$ the only nonvanishing tensor component, as is evident from Eqs. (7.218), and the off-diagonal analogue of Eq. (7.347) has a Clebsch-Gordan coefficient that vanishes except when $m_{J}=m_{J}^{\prime}$, since $q=0$.

Obviously, this effective applies so long as the shift is weak enough that states of different $J$ do not mix. Again, we reiterate that the tensor polarizability vanishes if $J=0$ or $J=1 / 2$. More intuitively, we can understand this by noting that if $J=0$, then there is only one $m_{J}$ level, and so there can be no orientation dependence; the entire Stark shift is accounted for by the scalar term. Similarly, if $J=1 / 2$, the tensor

Stark shift as we have seen only depends on $\left|m_{J}\right|$, so the two sublevels are degenerate. Again there is no orientation dependence, and thus no tensor shift.

A more explicit expression for the tensor polarizability comes about if we factorize the reduced matrix element $\left\langle J\left\|\mathbf{S}^{(2)}\right\| J\right\rangle$ into reduced matrix elements of dipole operators. We wish to apply Eq. (7.264) to perform the factorizaton, regarding $S_{q}^{(2)}$ to be the rank-2 product of the vector $d_{\mu}$ and the vector

$$
\begin{equation*}
\sum_{j} \frac{\left|\beta_{j}\right\rangle\left\langle\beta_{j}\right|}{E_{\alpha}-E_{\beta_{j}}} d_{\nu} \tag{7.356}
\end{equation*}
$$

from the definition in Eq. (7.336). The factorized matrix element then becomes

$$
\begin{align*}
\left\langle J\left\|\mathbf{S}^{(2)}\right\| J\right\rangle & =(-1)^{2 J} \sum_{J^{\prime}} \sqrt{5\left(2 J^{\prime}+1\right)}\left\{\begin{array}{ccc}
1 & 1 & 2 \\
J & J & J^{\prime}
\end{array}\right\}\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle\left\langle J^{\prime}\left\|\sum_{j} \frac{\left|\beta_{j}\right\rangle\left\langle\beta_{j}\right|}{E_{J}-E_{\beta_{j}}} \mathbf{d}\right\| J\right\rangle \\
& =(-1)^{2 J} \sum_{J^{\prime}} \sqrt{5\left(2 J^{\prime}+1\right)}\left\{\begin{array}{ccc}
1 & 1 & 2 \\
J & J & J^{\prime}
\end{array}\right\} \frac{\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle\left\langle J^{\prime}\|\mathbf{d}\| J\right\rangle}{E_{J}-E_{J^{\prime}}}  \tag{7.357}\\
& =\sum_{J^{\prime}}(-1)^{J+J^{\prime}} \sqrt{5(2 J+1)}\left\{\begin{array}{ccc}
1 & 1 & 2 \\
J & J & J^{\prime}
\end{array}\right\} \frac{\left|\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle\right|^{2}}{E_{J}-E_{J^{\prime}}}
\end{align*}
$$

where in the last step we used Eq. (7.250) to conjugate the second matrix element:

$$
\begin{equation*}
\left\langle J^{\prime}\|\mathbf{d}\| J\right\rangle=(-1)^{J-J^{\prime}} \sqrt{\frac{2 J+1}{2 J^{\prime}+1}}\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle^{*} . \tag{7.358}
\end{equation*}
$$

Putting this matrix element into the expression (7.350) for the tensor polarizability, we arrive at the expression ${ }^{39}$

$$
\alpha^{(2)}(J)=\sum_{J^{\prime}}(-1)^{J+J^{\prime}+1} \sqrt{\frac{40 J(2 J+1)(2 J-1)}{3(J+1)(2 J+3)}}\left\{\begin{array}{ccc}
1 & 1 & 2  \tag{7.359}\\
J & J & J^{\prime}
\end{array}\right\} \frac{\left|\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle\right|^{2}}{E_{J}-E_{J^{\prime}}},
$$

(tensor polarizability)
thus giving the tensor polarizability as a direct sum over dipole matrix elements. Again, $E_{J}$ is the energy of level $J$, and in the sum over $J^{\prime}$ we also implicitly sum over any other necessary quantum numbers to enumerate all possible states of the same $J^{\prime}$.

### 7.4.2.4 Hyperfine Structure: Weak Fields

In the case of hyperfine structure, we can make exactly the same arguments as we did for fine structure, but using the hyperfine quantum number $F$ instead of $J$. Thus, the effective hyperfine Stark Hamiltonian as in Eq. (7.355) is

$$
H_{\text {Stark }}(F)=-\frac{1}{2} \alpha^{(0)}(F) E_{z}^{2}-\frac{1}{2} \alpha^{(2)}(F)\left(3 E_{z}^{2}-E^{2}\right)\left(\frac{3 F_{z}^{2} / \hbar^{2}-F(F+1)}{F(2 F-1)}\right),
$$

(effective hyperfine Stark Hamiltonian)
such that the quadratic Stark shift as in Eq. (7.352) is

$$
\begin{equation*}
\Delta E_{\left|F m_{F}\right\rangle}=-\frac{1}{2} \alpha^{(0)}(F) E_{z}^{2}-\frac{1}{4} \alpha^{(2)}(F)\left(3 E_{z}^{2}-E^{2}\right)\left(\frac{3 m_{F}^{2}-F(F+1)}{F(2 F-1)}\right) \tag{7.361}
\end{equation*}
$$

(hyperfine-structure Stark shift)
the hyperfine scalar polarizability defined as in Eq. (7.344) by

$$
\begin{equation*}
\alpha^{(0)}(F):=-\frac{2}{3} \sum_{F^{\prime}} \frac{\left|\left\langle F\|\mathbf{d}\| F^{\prime}\right\rangle\right|^{2}}{E_{F}-E_{F^{\prime}}} \tag{7.362}
\end{equation*}
$$

(hyperfine scalar polarizability)

[^130]and the hyperfine tensor polarizability is given as in Eq. (7.359) by
\[

\alpha^{(2)}(F)=\sum_{F^{\prime}}(-1)^{F+F^{\prime}+1} \sqrt{\frac{40 F(2 F+1)(2 F-1)}{3(F+1)(2 F+3)}}\left\{$$
\begin{array}{ccc}
1 & 1 & 2  \tag{7.363}\\
F & F & F^{\prime}
\end{array}
$$\right\} \frac{\left|\left\langle F\|\mathbf{d}\| F^{\prime}\right\rangle\right|^{2}}{E_{F}-E_{F^{\prime}}} .
\]

(tensor polarizability)
These expressions suffice to compute the Stark shift due to static electric fields in the case of hyperfine structure.

However, recalling that the electric field coupled only to the electron and not to the nucleus, the effective Stark Hamiltonian (7.355) in terms of the electron angular momentum $J$ must also be a perfectly good Hamiltonian for the hyperfine Stark shift. For example, we may illustrate this by relating the finestructure polarizabilities to the hyperfine versions. Starting with the scalar hyperfine polarizability, we can start with Eq. (7.273) to reduce the hyperfine matrix element to a fine-structure matrix element in Eq. (7.362),

$$
\begin{align*}
\alpha^{(0)}(F) & =-\frac{2}{3} \sum_{F^{\prime} J^{\prime}}\left(2 F^{\prime}+1\right)(2 J+1)\left\{\begin{array}{ccc}
J & J^{\prime} & 1 \\
F^{\prime} & F & I
\end{array}\right\}^{2} \frac{\left|\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle\right|^{2}}{E_{F}-E_{F^{\prime}}} \\
& \approx-\frac{2}{3} \sum_{F^{\prime} J^{\prime}}\left(2 F^{\prime}+1\right)(2 J+1)\left\{\begin{array}{ccc}
J & J^{\prime} & 1 \\
F^{\prime} & F & I
\end{array}\right\}^{2} \frac{\left|\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle\right|^{2}}{E_{J}-E_{J^{\prime}}}  \tag{7.364}\\
& =-\frac{2}{3} \sum_{J^{\prime}} \frac{\left|\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle\right|^{2}}{E_{J}-E_{J^{\prime}}}
\end{align*}
$$

where we used the orthogonality relation (7.82) for the $6-j$ symbols in the last step, and we assumed that the hyperfine splittings were small enough that $E_{F} \approx E_{J}$. Then comparing to Eq. (7.344), we see that the scalar polarizability is the same in either case,

$$
\begin{align*}
& \alpha^{(0)}(F) \approx \alpha^{(0)}(J) \\
& \quad \quad \quad \text { hyperfine and fine-structure scalar polarizabilities) } \tag{7.365}
\end{align*}
$$

at least to the extent that the hyperfine splittings lend a negligible contribution to the polarizability (which is generally true to within modern experimental error in precision measurements of polarizabilities). Similarly, for the tensor polarizability,

$$
\begin{align*}
& \alpha^{(2)}(F)=\sum_{F^{\prime} J^{\prime}}(-1)^{F+F^{\prime}+1} \sqrt{\frac{40 F(2 F+1)(2 F-1)}{3(F+1)(2 F+3)}}\left\{\begin{array}{ccc}
1 & 1 & 2 \\
F & F & F^{\prime}
\end{array}\right\}  \tag{7.366}\\
& \times\left(2 F^{\prime}+1\right)(2 J+1)\left\{\begin{array}{ccc}
J & J^{\prime} & 1 \\
F^{\prime} & F & I
\end{array}\right\}^{2} \frac{\left|\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle\right|^{2}}{E_{F}-E_{F^{\prime}}}
\end{align*}
$$

Again, making the approximation $E_{F} \approx E_{J}$, we can then carry out the sum over $F^{\prime}$ via the BiedenharnElliott sum rule (7.102), which gives

$$
\sum_{F^{\prime}}(-1)^{F^{\prime}}\left(2 F^{\prime}+1\right)\left\{\begin{array}{ccc}
1 & 1 & 2  \tag{7.367}\\
F & F & F^{\prime}
\end{array}\right\}\left\{\begin{array}{ccc}
J & J^{\prime} & 1 \\
F^{\prime} & F & I
\end{array}\right\}^{2}=(-1)^{-\left(2 J+J^{\prime}+2 F+I\right)}\left\{\begin{array}{ccc}
1 & 1 & 2 \\
J & J & J^{\prime}
\end{array}\right\}\left\{\begin{array}{ccc}
J & J & 2 \\
F & F & I
\end{array}\right\}
$$

Putting this into the above expression for the tensor polarizability, we have
$\alpha^{(2)}(F) \approx \sum_{J^{\prime}}(-1)^{-2 J-J^{\prime}-F-I+1}(2 J+1) \sqrt{\frac{40 F(2 F+1)(2 F-1)}{3(F+1)(2 F+3)}}\left\{\begin{array}{ccc}1 & 1 & 2 \\ J & J & J^{\prime}\end{array}\right\}\left\{\begin{array}{ccc}J & J & 2 \\ F & F & I\end{array}\right\} \frac{\left|\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle\right|^{2}}{E_{J}-E_{J^{\prime}}}$,
and on comparison to Eq. (7.359), we can relate the hyperfine and fine-structure polarizabilities by

$$
\alpha^{(2)}(F) \approx(-1)^{-3 J-2 J^{\prime}-F-I} \sqrt{\frac{(J+1)(2 J+1)(2 J+3) F(2 F+1)(2 F-1)}{J(2 J-1)(F+1)(2 F+3)}}\left\{\begin{array}{ccc}
J & J & 2  \tag{7.369}\\
F & F & I
\end{array}\right\} \alpha^{(2)}(J)
$$

From the $6-j$ symbol, the combination $J+F+I \in \mathbb{Z}$, and since $J$ and $J^{\prime}$ differ by 0 or 1 , we conclude that $J^{\prime}+F+I \in \mathbb{Z}$. Thus, we can multiply by $(-1)^{2\left(J^{\prime}+F+I\right)}(-1)^{4 J}=1$ to obtain the result

$$
\alpha^{(2)}(F) \approx(-1)^{J+I+F} \sqrt{\frac{(J+1)(2 J+1)(2 J+3) F(2 F+1)(2 F-1)}{J(2 J-1)(F+1)(2 F+3)}}\left\{\begin{array}{lll}
J & J & 2  \tag{7.370}\\
F & F & I
\end{array}\right\} \alpha^{(2)}(J) .
$$

We can evaluate the $6-j$ coefficient here, with the result

$$
\begin{equation*}
\alpha^{(2)}(F) \approx \frac{3 X(X-1)-4 F(F+1) J(J+1)}{(2 F+3)(2 F+2) J(2 J-1)} \alpha^{(2)}(J) \tag{7.371}
\end{equation*}
$$

(hyperfine and fine-structure tensor polarizabilities)
where

$$
\begin{equation*}
X:=F(F+1)-I(I+1)+J(J+1) . \tag{7.372}
\end{equation*}
$$

Then the total hyperfine Stark shift is

$$
\Delta E_{\left|F m_{F}\right\rangle} \approx-\frac{1}{2} \alpha^{(0)}(J) E_{z}^{2}-\alpha^{(2)}(J)\left(3 E_{z}^{2}-E^{2}\right) \frac{\left[3 m_{F}^{2}-F(F+1)\right][3 X(X-1)-4 F(F+1) J(J+1)]}{(2 F+3)(2 F+2)(2 F)(2 F-1)(2 J)(2 J-1)},
$$

(hyperfine-structure Stark shift) (7.373)
Again, these expression makes the (generally good) approximation of neglecting hyperfine shifts in computing the relevant transition energies. Also, note that we have assumed in writing down these expressions that $F$ is a good quantum number, and thus we assume the tensor shifts to be much smaller than the hyperfine splittings.

Recalling that the tensor polarizability vanished in the fine-structure cases of $J=0$ and $J=1 / 2$, we can see by the coefficient in this expression that the tensor hyperfine polarizability also vanishes for $F=0$ or $F=1 / 2$ (and also still vanishes if $J=0$ or $J=1 / 2$ ). In particular, for the ground state of alkali atoms, where $J=1 / 2$, there is no tensor Stark shift. This statement predicts that for the cesium-clock hyperfine transition, for example, the transition frequency is independent of a dc electric field, because the levels shift together. Actually, this statement is only true in second-order perturbation theory, as we have used here; in third-order perturbation theory, it turns out that, with hyperfine structure, there is still a small tensor Stark shift. ${ }^{40}$

### 7.4.2.5 Hyperfine Structure: Stronger Fields

In the case of stronger fields, when $F$ is no longer a good quantum number, the formulae of the previous section no longer apply. However, the effective Stark interaction Hamiltonian (7.355) for the interaction of the electron with the static electric field is still valid. In the limit of a very strong electric field, the interaction $H_{\text {Stark }}(J)$ will dominate the hyperfine Hamiltonian $H_{\mathrm{hfs}}$, and as in the Paschen-Back (strongfield) interaction for magnetic fields, the appropriate basis is $\left|J m_{J} ; I m_{I}\right\rangle$, where $H_{\text {Stark }}(J)$ is diagonal. In this case, ignoring the hyperfine splittings, the energies are given by the fine-structure expression (7.352). Also, in the same way as in Eq. (7.318) for the Paschen-Back effect, we can keep the lowest-order contribution of $H_{\mathrm{hfs}}$ by taking its expectation value in the strong-field basis, with the result

$$
\begin{aligned}
& E_{\left|J m_{J} ; I m_{I}\right\rangle} \approx A_{\mathrm{hfs}} m_{I} m_{J}+B_{\mathrm{hfs}} \frac{9\left(m_{I} m_{J}\right)^{2}-3 J(J+1) m_{I}^{2}-3 I(I+1) m_{J}^{2}+I(I+1) J(J+1)}{4 J(2 J-1) I(2 I-1)} \\
&-\frac{1}{2} \alpha^{(0)}(J) E^{2}-\frac{1}{4} \alpha^{(2)}(J)\left(3 E_{z}^{2}-E^{2}\right)\left(\frac{3 m_{J}^{2}-J(J+1)}{J(2 J-1)}\right)
\end{aligned}
$$

(hyperfine Stark shift, strong field) (7.374) Thus, in this "electric Paschen-Back" regime, we expect the hyperfine sublevels to split into major groups according to the value of $\left|m_{J}\right|$, with smaller splittings according to $m_{I}$. Obviously this only works if the shifts are not so large that they mix state of different $J$.

[^131]However, for general (intermediate) electric fields, we must in general diagonalize $H_{\mathrm{hfs}}+H_{\text {Stark }}(J)$, as is the case in general for magnetic fields. For example, using

$$
\begin{align*}
\left\langle F m_{F}\right| J_{z}^{2}\left|F^{\prime} m_{F}^{\prime}\right\rangle & =\sum_{m_{J} m_{I} m_{J}^{\prime} m_{I}^{\prime}}\left\langle F m_{F} \mid J m_{J} ; I m_{I}\right\rangle\left\langle J m_{J} ; I m_{I}\right| J_{z}^{2}\left|J m_{J}^{\prime} ; I m_{I}^{\prime}\right\rangle\left\langle J m_{J}^{\prime} ; I m_{I}^{\prime} \mid F^{\prime} m_{F}^{\prime}\right\rangle \\
& =\sum_{m_{J} m_{I}} \hbar^{2} m_{J}^{2}\left\langle J m_{J} ; I m_{I} \mid F m_{F}\right\rangle\left\langle J m_{J} ; I m_{I} \mid F^{\prime} m_{F}^{\prime}\right\rangle \tag{7.375}
\end{align*}
$$

we can write the matrix elements of the Stark interaction in the hyperfine basis as

$$
\begin{align*}
\left\langle F m_{F}\right| H_{\text {Stark }}(J)\left|F^{\prime} m_{F}^{\prime}\right\rangle=- & \frac{1}{2} \alpha^{(0)}(J) E_{z}^{2} \delta_{F F^{\prime}} \delta_{m_{F} m_{F}^{\prime}} \\
& -\frac{1}{4} \alpha^{(2)}(J) \frac{\left(3 E_{z}^{2}-E^{2}\right)}{J(2 J-1)}\left(3 \sum_{m_{J} m_{I}} m_{J}^{2}\left\langle J m_{J} ; I m_{I} \mid F m_{F}\right\rangle\left\langle J m_{J} ; I m_{I} \mid F^{\prime} m_{F}^{\prime}\right\rangle\right. \\
& \left.-J(J+1) \delta_{F F^{\prime}} \delta_{m_{F} m_{F}^{\prime}}\right) \tag{7.376}
\end{align*}
$$

and then diagonalize the resulting matrix numerically. A somewhat nicer expression comes from using the fact that $\left(3 J_{z}^{2}-\mathbf{J}^{2}\right)$ is the $q=0$ component of a rank- 2 spherical tensor operator. Applying the WignerEckart theorem (7.236),

$$
\begin{align*}
&\left\langle F m_{F}\right|\left(3 J_{z}^{2}-\mathbf{J}^{2}\right)\left|F^{\prime} m_{F}^{\prime}\right\rangle=\left\langle F\left\|\left(3 J_{z}^{2}-\mathbf{J}^{2}\right)\right\| F^{\prime}\right\rangle\left\langle F m_{F} \mid F^{\prime} m_{F}^{\prime} ; 20\right\rangle \\
&= \delta_{m_{F} m_{F}^{\prime}}\left\langle F\left\|\left(3 J_{z}^{2}-\mathbf{J}^{2}\right)\right\| F^{\prime}\right\rangle\left\langle F m_{F} \mid F^{\prime} m_{F} ; 20\right\rangle \\
&= \delta_{m_{F} m_{F}^{\prime}}(-1)^{F^{\prime}+J+I} \\
& \quad \sqrt{\left(2 F^{\prime}+1\right)(2 J+1)}\left\{\begin{array}{ccc}
J & J^{\prime} & 2 \\
F^{\prime} & F & I
\end{array}\right\} \\
& \times\left\langle J\left\|\left(3 J_{z}^{2}-\mathbf{J}^{2}\right)\right\| J^{\prime}\right\rangle\left\langle F m_{F} \mid F^{\prime} m_{F} ; 20\right\rangle \\
&= \delta_{m_{F} m_{F}^{\prime}}(-1)^{F^{\prime}+J+I} \sqrt{\left(2 F^{\prime}+1\right)(2 J+1)}\left\{\begin{array}{ccc}
J & J & 2 \\
F^{\prime} & F & I
\end{array}\right\}  \tag{7.377}\\
& \times \delta_{J J^{\prime}} \hbar^{2} \sqrt{J(J+1)(2 J-1)(2 J+3)}\left\langle F m_{F} \mid F^{\prime} m_{F} ; 20\right\rangle
\end{align*}
$$

where we used Eq. (7.252) to change to the fine-structure reduced matrix element, and we also used the Wigner-Eckart theorem (7.236) to evaluate the reduced matrix element:

$$
\begin{align*}
\left\langle J\left\|\left(3 J_{z}^{2}-\mathbf{J}^{2}\right)\right\| J^{\prime}\right\rangle\left\langle J m_{J} \mid J^{\prime} m_{J} ; k 0\right\rangle & =\left\langle J m_{J}\right|\left(3 J_{z}^{2}-\mathbf{J}^{2}\right)\left|J^{\prime} m_{J}\right\rangle \\
& =\delta_{J J^{\prime}} \hbar^{2}\left[3 m_{J}^{2}-J(J+1)\right]  \tag{7.378}\\
& =\delta_{J J^{\prime}} \hbar^{2}\left\langle J m_{J} \mid J m_{J} ; 20\right\rangle \sqrt{J(J+1)(2 J-1)(2 J+3)} .
\end{align*}
$$

Thus, the hyperfine matrix elements of the Stark Hamiltonian become

$$
\begin{align*}
&\left\langle F m_{F}\right| H_{\text {Stark }}(J)\left|F^{\prime} m_{F}^{\prime}\right\rangle=-\frac{1}{2} \alpha^{(0)}(J) E_{z}^{2}-\frac{1}{4} \alpha^{(2)}(J)\left(3 E_{z}^{2}-E^{2}\right) \delta_{J J^{\prime}} \delta_{m_{F} m_{F}^{\prime}} \\
& \times(-1)^{F^{\prime}+J+I} \sqrt{\frac{\left(2 F^{\prime}+1\right)(2 J+1)(2 J+2)(2 J+3)}{2 J(2 J-1)}} \\
& \times\left\{\begin{array}{ccc}
J & J & 2 \\
F^{\prime} & F & I
\end{array}\right\}\left\langle F m_{F} \mid F^{\prime} m_{F} ; 20\right\rangle \tag{7.379}
\end{align*}
$$

After adding the diagonal matrix $H_{\mathrm{hfs}}$, the result can be diagonalized to obtain the energies. Alternately, of course, the hyperfine Hamiltonian can be written in the strong-field basis $\left|J m_{J} ; I m_{I}\right\rangle$ and then added
to the Stark Hamiltonian in the same way; this method also conveniently carries over to the magnetic-field case. Shown below are the energies of the $6{ }^{2} \mathrm{P}_{3 / 2}$ hyperfine manifold of ${ }^{133} \mathrm{Cs}$, as in the magnetic-field example above, as obtained via numerical diagonalization. The overall scalar shift is visible as a quadratic downward trend of all the energy levels. The tensor part of the Stark shift is visible as a splitting of the initially degenerate hyperfine sublevels, which break up at the largest fields according to $\left|m_{J}\right|$ in the "electric Paschen-Back" regime that we mentioned above.


### 7.5 Interactions with Optical Fields

### 7.5.1 Atomic Fine-Structure Hamiltonian

We will now consider the interaction of a monochromatic laser field with an atomic Zeeman-degenerate fine-structure transition $J_{\mathrm{g}} \longrightarrow J_{\mathrm{e}}$, making the simplifying assumption of a closed transition (i.e., no other ground or excited levels are involved), and of course recalling that the selection rule $\left|J_{\mathrm{e}}-J_{\mathrm{g}}\right| \leq 1$ applies. The atomic Hamiltonian is

$$
\begin{equation*}
H_{\mathrm{A}}=\hbar \omega_{0} \sum_{m_{\mathrm{e}}}\left|J_{\mathrm{e}} m_{\mathrm{e}}\right\rangle\left\langle J_{\mathrm{e}} m_{\mathrm{e}}\right| \tag{7.380}
\end{equation*}
$$

if we assume degenerate magnetic sublevels and a transition frequency of $\omega_{0}$, while choosing the ground level to have zero energy. Since we will further consider an interaction with a field of frequency $\omega$, we can follow the example from the two-level atom and transform into the rotating frame of the laser field, which we recall amounts to shifting the excited states down in energy by $\hbar \omega$. The rotating-frame Hamiltonian is thus

$$
\begin{equation*}
\tilde{H}_{\mathrm{A}}=-\hbar \Delta \sum_{m_{\mathrm{e}}}\left|J_{\mathrm{e}} m_{\mathrm{e}}\right\rangle\left\langle J_{\mathrm{e}} m_{\mathrm{e}}\right| \tag{7.381}
\end{equation*}
$$

where the field detuning from the atomic resonance is $\Delta:=\omega-\omega_{0}$ as usual. Effects that break the degeneracy of the sublevels are easily accounted for here by including extra $m$-dependent shifts, such as to include Zeeman or dc Stark shifts.

### 7.5.2 Dipole and Atomic Lowering Operators

We turn now to the dipole interaction between atom and field. Just as in the case of the two-level atom, if we assume the ground and excited levels to be of opposite parity, we can now decompose the $q$ component
of the dipole operator in the spherical basis into positive- and negative-rotating parts. Recall that we did this equivalently in terms of the time dependence of expectation values or the lowering/raising character of the operators. Denoting the projection operators for the excited and ground levels by

$$
\begin{equation*}
P_{\mathrm{e}}:=\sum_{m_{\mathrm{e}}}\left|J_{\mathrm{e}} m_{\mathrm{e}}\right\rangle\left\langle J_{\mathrm{e}} m_{\mathrm{e}}\right|, \quad P_{\mathrm{g}}:=\sum_{m_{\mathrm{g}}}\left|J_{\mathrm{g}} m_{\mathrm{g}}\right\rangle\left\langle J_{\mathrm{g}} m_{\mathrm{g}}\right| \tag{7.382}
\end{equation*}
$$

respectively, we can conveniently separate the two parts by writing

$$
\begin{align*}
d_{q} & =\left(P_{\mathrm{e}}+P_{\mathrm{g}}\right) d_{q}\left(P_{\mathrm{e}}+P_{\mathrm{g}}\right) \\
& =P_{\mathrm{g}} d_{q} P_{\mathrm{e}}+P_{\mathrm{e}} d_{q} P_{\mathrm{g}}  \tag{7.383}\\
& =d_{q}^{(+)}+d_{q}^{(-)},
\end{align*}
$$

since the dipole operator does not couple states within the same level as a consequence of its parity properties. Then the positive-rotating part becomes

$$
\begin{align*}
d_{q}^{(+)} & =P_{\mathrm{g}} d_{q} P_{\mathrm{e}} \\
& =\sum_{m_{\mathrm{e}} m_{\mathrm{g}}}\left\langle J_{\mathrm{g}} m_{\mathrm{g}}\right| d_{q}\left|J_{\mathrm{e}} m_{\mathrm{e}}\right\rangle\left|J_{\mathrm{g}} m_{\mathrm{g}}\right\rangle\left\langle J_{\mathrm{e}} m_{\mathrm{e}}\right|  \tag{7.384}\\
& =\sum_{m_{\mathrm{e}} m_{\mathrm{g}}}\left\langle J_{\mathrm{g}}\|\mathbf{d}\| J_{\mathrm{e}}\right\rangle\left\langle J_{\mathrm{g}} m_{\mathrm{g}} \mid J_{\mathrm{e}} m_{\mathrm{e}} ; 1 q\right\rangle\left|J_{\mathrm{g}} m_{\mathrm{g}}\right\rangle\left\langle J_{\mathrm{e}} m_{\mathrm{e}}\right|,
\end{align*}
$$

where we have used the Wigner-Eckart theorem (7.241) in the second step. In each term of the sum, the projection quantum numbers are of course subject to the constraints $m_{\mathrm{g}}=m_{\mathrm{e}}+q$ for the term to be nonvanishing. Introducing the notation

$$
\begin{equation*}
\sigma\left(m_{\mathrm{g}}, m_{\mathrm{e}}\right):=\left|J_{\mathrm{g}} m_{\mathrm{g}}\right\rangle\left\langle J_{\mathrm{e}} m_{\mathrm{e}}\right| \tag{7.385}
\end{equation*}
$$

for individual lowering operators, we have

$$
\begin{equation*}
d_{q}^{(+)}=\sum_{m_{\mathrm{e}} m_{\mathrm{g}}}\left\langle J_{\mathrm{g}}\|\mathbf{d}\| J_{\mathrm{e}}\right\rangle\left\langle J_{\mathrm{g}} m_{\mathrm{g}} \mid J_{\mathrm{e}} m_{\mathrm{e}} ; 1 q\right\rangle \sigma\left(m_{\mathrm{g}}, m_{\mathrm{e}}\right) . \tag{7.386}
\end{equation*}
$$

Recall from Section 7.3.5 that $d_{q}$ is only a Hermitian operator in the case $q=0$. Thus, $d_{q}^{(+)}$and $d_{q}^{(-)}$are not Hermitian conjugates unless $q=0$, but rather

$$
\begin{align*}
d_{q}^{(-)} & =P_{\mathrm{e}} d_{q} P_{\mathrm{g}} \\
& =\sum_{m_{\mathrm{e}} m_{\mathrm{g}}}\left\langle J_{\mathrm{e}} m_{\mathrm{e}}\right| d_{q}\left|J_{\mathrm{g}} m_{\mathrm{g}}\right\rangle\left|J_{\mathrm{e}} m_{\mathrm{e}}\right\rangle\left\langle J_{\mathrm{g}} m_{\mathrm{g}}\right| \\
& =\sum_{m_{\mathrm{e}} m_{\mathrm{g}}}\left\langle J_{\mathrm{e}}\|\mathbf{d}\| J_{\mathrm{g}}\right\rangle\left\langle J_{\mathrm{e}} m_{\mathrm{e}} \mid J_{\mathrm{g}} m_{\mathrm{g}} ; 1 q\right\rangle\left|J_{\mathrm{e}} m_{\mathrm{e}}\right\rangle\left\langle J_{\mathrm{g}} m_{\mathrm{g}}\right|  \tag{7.387}\\
& =\sum_{m_{\mathrm{e}} m_{\mathrm{g}}}(-1)^{q}\left\langle J_{\mathrm{g}}\|\mathbf{d}\| J_{\mathrm{e}}\right\rangle\left\langle J_{\mathrm{g}} m_{\mathrm{g}} \mid J_{\mathrm{e}} m_{\mathrm{e}} ; 1-q\right\rangle\left|J_{\mathrm{e}} m_{\mathrm{e}}\right\rangle\left\langle J_{\mathrm{g}} m_{\mathrm{g}}\right| \\
& =\sum_{m_{\mathrm{e}} m_{\mathrm{g}}}(-1)^{q}\left\langle J_{\mathrm{g}}\|\mathbf{d}\| J_{\mathrm{e}}\right\rangle\left\langle J_{\mathrm{g}} m_{\mathrm{g}} \mid J_{\mathrm{e}} m_{\mathrm{e}} ; 1-q\right\rangle \sigma^{\dagger}\left(m_{\mathrm{g}}, m_{\mathrm{e}}\right),
\end{align*}
$$

where we switched the forms of the Clebsch-Gordan coefficient as in Eq. (7.241) along with the reduced-matrix-element fomula (7.250). This operator thus lowers $m_{\mathrm{e}}$ to $m_{\mathrm{g}}$, but the constraint is now $m_{\mathrm{g}}=m_{\mathrm{e}}-q$, so the transition is not the reverse of that in $d_{q}^{(+)}$unless $q=0$. Evidently, then, $d_{q}^{(-)}$is the Hermitian
conjugate of $(-1)^{q} d_{-q}^{(+)}$, as we expected from Section 7.3.5. Introducing the weighted lowering operators for the entire $J_{\mathrm{g}} \longrightarrow J_{\mathrm{e}}$ transition by

$$
\begin{align*}
\Sigma_{q} & :=\sum_{m_{\mathrm{g}} m_{\mathrm{e}}}\left\langle J_{\mathrm{g}} m_{\mathrm{g}} \mid J_{\mathrm{e}} m_{\mathrm{e}} ; 1 q\right\rangle\left|J_{\mathrm{g}} m_{\mathrm{g}}\right\rangle\left\langle J_{\mathrm{e}} m_{\mathrm{e}}\right|  \tag{7.388}\\
& =\sum_{m_{\mathrm{g}} m_{\mathrm{e}}}\left\langle J_{\mathrm{g}} m_{\mathrm{g}} \mid J_{\mathrm{e}} m_{\mathrm{e}} ; 1 q\right\rangle \sigma\left(m_{\mathrm{g}}, m_{\mathrm{e}}\right),
\end{align*}
$$

we can additionally implement the constraint $m_{\mathrm{g}}=m_{\mathrm{e}}+q$ on the sublevels to write

$$
\begin{align*}
\Sigma_{q} & =\sum_{m_{\mathrm{e}}}\left\langle J_{\mathrm{g}} m_{\mathrm{g}}+q \mid J_{\mathrm{e}} m_{\mathrm{e}} ; 1 q\right\rangle\left|J_{\mathrm{g}} m_{\mathrm{e}}+q\right\rangle\left\langle J_{\mathrm{e}} m_{\mathrm{e}}\right| \\
& =\sum_{m_{\mathrm{g}}}\left\langle J_{\mathrm{g}} m_{\mathrm{g}} \mid J_{\mathrm{e}} m_{\mathrm{g}}-q ; 1 q\right\rangle\left|J_{\mathrm{g}} m_{\mathrm{g}}\right\rangle\left\langle J_{\mathrm{e}} m_{\mathrm{g}}-q\right| . \tag{7.389}
\end{align*}
$$

(atomic lowering operators, spherical basis)
Thus, we see that when $\Sigma_{q}$ lowers an excited sublevel $m_{\mathrm{e}}$, it "returns" the sublevel labeled by $m_{\mathrm{e}}+q$. Note, however, that $\Sigma_{q}$ is not a proper tensor operator, in the sense that $\Sigma_{q}^{\dagger} \neq(-1)^{q} \Sigma_{-q}$.

Then using Eq. (7.388), we may rewrite the dipole-operator part of Eqs. (7.386) and (7.387) as

$$
\begin{aligned}
d_{q} & =d_{q}^{(+)}+d_{q}^{(-)} \\
& =\left\langle J_{\mathrm{g}}\|\mathbf{d}\| J_{\mathrm{e}}\right\rangle\left(\Sigma_{q}+(-1)^{q} \Sigma_{-q}^{\dagger}\right)
\end{aligned}
$$

(dipole operator in terms of lowering operators) (7.390)
This form is the generalization of the two-level-atom expression for the dipole operator [cf. Eq. (5.12)] to a fine-structure transition in a physical atom.

### 7.5.3 Dipole Interaction

Now considering the usual interaction Hamiltonian

$$
\begin{equation*}
H_{\mathrm{AF}}=-\mathbf{d} \cdot \mathbf{E}=-\sum_{q}(-1)^{q} d_{q} E_{-q} \tag{7.391}
\end{equation*}
$$

for the atom with a monochromatic optical field of frequency $\omega$, we can make the rotating-wave approximation and implement the spherical-basis dot product as in Eq. (7.192) to obtain

$$
\begin{equation*}
H_{\mathrm{AF}}=-\mathbf{d}^{(+)} \cdot \mathbf{E}^{(-)}-\mathbf{d}^{(-)} \cdot \mathbf{E}^{(+)}=-\sum_{q}(-1)^{q}\left(d_{q}^{(+)} E_{-q}^{(-)}+d_{q}^{(-)} E_{-q}^{(+)}\right) \tag{7.392}
\end{equation*}
$$

Then using Eq. (7.390) for the dipole operator, the interaction Hamiltonian becomes

$$
\begin{equation*}
H_{\mathrm{AF}}=-\sum_{q}\left\langle J_{\mathrm{g}}\|\mathbf{d}\| J_{\mathrm{e}}\right\rangle\left[(-1)^{q} E_{-q}^{(-)}(t) \Sigma_{q}+E_{-q}^{(+)}(t) \Sigma_{-q}^{\dagger}\right] \tag{7.393}
\end{equation*}
$$

Defining the vector Rabi frequency

$$
\begin{equation*}
\Omega_{q}:=-\frac{2\left\langle J_{\mathrm{g}}\|\mathbf{d}\| J_{\mathrm{e}}\right\rangle E_{q}^{(+)}(0)}{\hbar} \tag{7.394}
\end{equation*}
$$

(vector Rabi frequency)
and noting that this implies

$$
\begin{equation*}
\left(\Omega_{q}\right)^{*}=-(-1)^{q} \frac{2\left\langle J_{\mathrm{g}}\|\mathbf{d}\| J_{\mathrm{e}}\right\rangle E_{-q}^{(-)}(0)}{\hbar} \tag{7.395}
\end{equation*}
$$

we can write the atom-field interaction as

$$
\begin{equation*}
H_{\mathrm{AF}}=\frac{\hbar}{2} \sum_{q}\left[\Omega_{q}^{*} \Sigma_{q} e^{i \omega t}+\Omega_{-q} \Sigma_{-q}^{\dagger} e^{-i \omega t}\right] \tag{7.396}
\end{equation*}
$$

or letting $q \longrightarrow-q$ in the second term,

$$
\begin{equation*}
H_{\mathrm{AF}}=\frac{\hbar}{2} \sum_{q}\left[\Omega_{q}^{*} \Sigma_{q} e^{i \omega t}+\Omega_{q} \Sigma_{q}^{\dagger} e^{-i \omega t}\right] \tag{7.397}
\end{equation*}
$$

(atom-field interaction, fine-structure transition)
As usual, we transform into the rotating frame of the laser field, say, by moving the excited states down in energy by $\hbar \omega$, the time dependence of the interaction goes away:

$$
\begin{equation*}
\tilde{H}_{\mathrm{AF}}=\frac{\hbar}{2} \sum_{q}\left[\Omega_{q}^{*} \Sigma_{q}+\Omega_{q} \Sigma_{q}^{\dagger}\right] \tag{7.398}
\end{equation*}
$$

(atom-field interaction, rotating frame)
We can similarly write out the interaction Hamiltonian in terms of all pairs of coupled sublevels as

$$
\begin{equation*}
\tilde{H}_{\mathrm{AF}}=\frac{\hbar}{2} \sum_{m_{\mathrm{g}} m_{\mathrm{e}}}\left[\Omega^{*}\left(m_{\mathrm{g}}, m_{\mathrm{e}}\right) \sigma\left(m_{\mathrm{g}}, m_{\mathrm{e}}\right)+\Omega\left(m_{\mathrm{g}}, m_{\mathrm{e}}\right) \sigma^{\dagger}\left(m_{\mathrm{g}}, m_{\mathrm{e}}\right)\right] \tag{7.399}
\end{equation*}
$$

(atom-field interaction, rotating frame)
where

$$
\Omega\left(m_{\mathrm{g}}, m_{\mathrm{e}}\right):=\left\langle J_{\mathrm{g}} m_{\mathrm{g}} \mid J_{\mathrm{e}} m_{\mathrm{e}} ; 1-\left(m_{\mathrm{e}}-m_{\mathrm{g}}\right)\right\rangle \Omega_{-\left(m_{\mathrm{e}}-m_{\mathrm{g}}\right)}
$$

(sublevel Rabi frequencies) (7.400) is the Rabi frequency for the $\left|J_{\mathrm{g}} m_{\mathrm{g}}\right\rangle \longrightarrow\left|J_{\mathrm{e}} m_{\mathrm{e}}\right\rangle$ sublevel transition in terms of the vector Rabi frequency.

### 7.5.3.1 Magnetic-Sublevel Transitions: Notation

To illustrate the couplings in the above dipole Hamiltonian, we will consider as an example the possible transitions occurring in a $J_{\mathrm{g}}=1 / 2 \longrightarrow J_{\mathrm{e}}=3 / 2$ transition. Recall that the selection rules in this case dictate that $m$ can change by at most 1 in a dipole-allowed transition. The transitions where $\Delta m=0$ are referred to as $\boldsymbol{\pi}$ transitions, and since $q=-\left(m_{\mathrm{e}}-m_{\mathrm{g}}\right)$, these transitions correspond to $q=0$ and are thus coupled by the $q=0$ polarization of the electric field (i.e., by linearly polarized light along the $\hat{z}$-direction). Correspondingly these transitions are coupled by the $\Sigma_{0}$ operator. There are two possible $\pi$ transitions in this example atom, shown here.


The transitions where $m_{\mathrm{e}}=m_{\mathrm{g}}+1$ are referred to as $\boldsymbol{\sigma}^{+}$transitions, and they correspond to $q=-1$ and are thus coupled by the $q=-1$ polarization of the electric field (i.e., by circularly polarized light in the $x-y$ plane). Correspondingly these transitions are coupled by the $\Sigma_{-1}$ operator. There are two possible $\sigma^{+}$ transitions in this example atom, shown here.


Finally, the transitions where $m_{\mathrm{e}}=m_{\mathrm{g}}-1$ are referred to as $\boldsymbol{\sigma}^{-}$transitions, and they correspond to $q=+1$ and are thus coupled by the $q=+1$ polarization of the electric field (i.e., by circularly polarized light in the $x-y$ plane, but rotating in the opposite sense to $\sigma^{-}$light). Correspondingly these transitions are coupled by the $\Sigma_{+1}$ operator. There are of course two possible $\sigma^{-}$transitions in this example atom, shown here.


To reiterate, because the notation is a bit strange: $\pi$ transitions are coupled by the $E_{0}=E_{z}$ component of the field, or linear polarization along $\hat{z}$. (Of course, $z$ here defines the "quantization axis" for the angularmomentum states, since $m$ is the quantum number for $J_{z}$.) The $\sigma^{ \pm}$transitions are coupled by the $E_{\mp 1}$ components, respectively, of the electric field, corresponding to the two circular polarizations orthogonal to $\hat{z}$.

### 7.5.4 Dipole Interaction: Hyperfine Structure

### 7.5.4.1 Atomic Hyperfine Hamiltonian

The treatment of hyperfine structure is much the same as for fine structure, but there is some extra complication in typically having more hyperfine levels to deal with and in further decomposing the dipole matrix elements. We will consider transitions from a manifold of ground hyperfine levels to a manifold of excited hyperfine levels. The relevant hyperfine levels are again essentially determined by the quantum numbers of the fine-structure transition $J_{\mathrm{g}} \longrightarrow J_{\mathrm{e}}$ (where dipole constraint $\left|J_{\mathrm{e}}-J_{\mathrm{g}}\right| \leq 1$ is satisfied) as well as the nuclear quantum number $I$. We still assume the fine-structure transition to be closed, but we include all possible hyperfine ground states $\left|J_{\mathrm{g}}-I\right| \leq F_{\mathrm{g}} \leq J_{\mathrm{g}}+I$ and excited states $\left|J_{\mathrm{e}}-I\right| \leq F_{\mathrm{e}} \leq J_{\mathrm{e}}+I$, noting that only transitions satisfying $\left|F_{\mathrm{e}}-F_{\mathrm{g}}\right| \leq 1$ will occur.

The atomic Hamiltonian is

$$
\begin{equation*}
H_{\mathrm{A}}=\hbar \sum_{F_{\mathrm{g}} m_{\mathrm{g}}} \delta \omega_{F_{\mathrm{g}}}\left|F_{\mathrm{g}} m_{\mathrm{g}}\right\rangle\left\langle F_{\mathrm{g}} m_{\mathrm{g}}\right|+\hbar \sum_{m_{\mathrm{e}}}\left(\omega_{0}+\delta \omega_{F_{\mathrm{e}}}\right)\left|F_{\mathrm{e}} m_{\mathrm{e}}\right\rangle\left\langle F_{\mathrm{e}} m_{\mathrm{e}}\right| \tag{7.401}
\end{equation*}
$$

if we assume degenerate magnetic sublevels within each hyperfine level. Here $\omega_{0}$ is the transition frequency, which we can choose, for example, to correspond to the frequency difference between the centers of gravity of the hyperfine manifolds. Then $\delta \omega_{F_{\mathrm{g}}}$ and $\delta \omega_{F_{\mathrm{e}}}$ are the hyperfine shifts from each respective center of gravity. (Alternately, $\omega_{0}$ could be chosen to correspond to a particular hyperfine transition of interest such as a laser-cooling transition, with the $\delta \omega_{F_{\mathrm{g}}}$ and $\delta \omega_{F_{\mathrm{e}}}$ corresponding to shifts from these levels within each manifold.) Again, with a coupling to a field of frequency $\omega$, it is convenient to work within the rotating frame of the field, where the Hamiltonian is

$$
\begin{equation*}
\tilde{H}_{\mathrm{A}}=\hbar \sum_{F_{\mathrm{g}} m_{\mathrm{g}}} \delta \omega_{F_{\mathrm{g}}}\left|F_{\mathrm{g}} m_{\mathrm{g}}\right\rangle\left\langle F_{\mathrm{g}} m_{\mathrm{g}}\right|+\hbar \sum_{m_{\mathrm{e}}}\left(\delta \omega_{F_{\mathrm{e}}}-\Delta\right)\left|F_{\mathrm{e}} m_{\mathrm{e}}\right\rangle\left\langle F_{\mathrm{e}} m_{\mathrm{e}}\right| \tag{7.402}
\end{equation*}
$$

where $\Delta:=\omega-\omega_{0}$ is the usual field detuning from the atomic resonance.

### 7.5.4.2 Atom-Field Interaction

Then the appropriate projection operators require summations over the hyperfine quantum numbers $F_{\mathrm{e}}$ and $F_{\mathrm{g}}$ as well as the sublevel indices $m_{\mathrm{e}}$ and $m_{\mathrm{g}}$ :

$$
\begin{equation*}
P_{\mathrm{e}}:=\sum_{F_{\mathrm{e}} m_{\mathrm{e}}}\left|F_{\mathrm{e}} m_{\mathrm{e}}\right\rangle\left\langle F_{\mathrm{e}} m_{\mathrm{e}}\right|, \quad P_{\mathrm{g}}:=\sum_{F_{\mathrm{g}} m_{\mathrm{g}}}\left|F_{\mathrm{g}} m_{\mathrm{g}}\right\rangle\left\langle F_{\mathrm{g}} m_{\mathrm{g}}\right| . \tag{7.403}
\end{equation*}
$$

Then again in our restricted Hilbert space, $P_{\mathrm{e}}+P_{\mathrm{g}}$ is the identity, and we can again write the dipole operator as

$$
\begin{align*}
d_{q} & =\left(P_{\mathrm{e}}+P_{\mathrm{g}}\right) d_{q}\left(P_{\mathrm{e}}+P_{\mathrm{g}}\right) \\
& =P_{\mathrm{g}} d_{q} P_{\mathrm{e}}+P_{\mathrm{e}} d_{q} P_{\mathrm{g}}  \tag{7.404}\\
& =d_{q}^{(+)}+d_{q}^{(-)}
\end{align*}
$$

since the dipole operator does not couple states within the same hyperfine manifold. Then the positiverotating part becomes

$$
\begin{align*}
d_{q}^{(+)}= & P_{\mathrm{g}} d_{q} P_{\mathrm{e}} \\
= & \sum_{F_{\mathrm{e}} m_{\mathrm{e}} F_{\mathrm{g}} m_{\mathrm{g}}}\left\langle F_{\mathrm{g}} m_{\mathrm{g}}\right| d_{q}\left|F_{\mathrm{e}} m_{\mathrm{e}}\right\rangle\left|F_{\mathrm{g}} m_{\mathrm{g}}\right\rangle\left\langle F_{\mathrm{e}} m_{\mathrm{e}}\right| \\
= & \sum_{F_{\mathrm{e}} m_{\mathrm{e}} F_{\mathrm{g}} m_{\mathrm{g}}}\left\langle F_{\mathrm{g}}\|\mathbf{d}\| F_{\mathrm{e}}\right\rangle\left\langle F_{\mathrm{g}} m_{\mathrm{g}} \mid F_{\mathrm{e}} m_{\mathrm{e}} ; 1 q\right\rangle\left|F_{\mathrm{g}} m_{\mathrm{g}}\right\rangle\left\langle F_{\mathrm{e}} m_{\mathrm{e}}\right|  \tag{7.405}\\
= & \sum_{F_{\mathrm{e}} m_{\mathrm{e}} F_{\mathrm{g}} m_{\mathrm{g}}}\left\langle J_{\mathrm{g}}\|\mathbf{d}\| J_{\mathrm{e}}\right\rangle(-1)^{F_{\mathrm{e}}+J_{\mathrm{g}}+1+I} \sqrt{\left(2 F_{\mathrm{e}}+1\right)\left(2 J_{\mathrm{g}}+1\right)}\left\{\begin{array}{ccc}
J_{\mathrm{g}} & J_{\mathrm{e}} & 1 \\
F_{\mathrm{e}} & F_{\mathrm{g}} & I
\end{array}\right\} \\
& \quad \times\left\langle F_{\mathrm{g}} m_{\mathrm{g}} \mid F_{\mathrm{e}} m_{\mathrm{e}} ; 1 q\right\rangle\left|F_{\mathrm{g}} m_{\mathrm{g}}\right\rangle\left\langle F_{\mathrm{e}} m_{\mathrm{e}}\right|
\end{align*}
$$

where we have used the Wigner-Eckart theorem (7.241) and the decomposition rule (7.273). Clearly, $m_{\mathrm{g}}=$ $m_{\mathrm{e}}+q$ must still hold for the nonvanishing terms in the sum. Similarly, we may verify directly using Eqs. (7.92), (7.250), and (7.272), that

$$
\begin{align*}
d_{q}^{(-)}= & P_{\mathrm{e}} d_{q} P_{\mathrm{g}} \\
= & \sum_{F_{\mathrm{e}} m_{\mathrm{e}} F_{\mathrm{g}} m_{\mathrm{g}}}\left\langle J_{\mathrm{e}}\|\mathbf{d}\| J_{\mathrm{g}}\right\rangle(-1)^{F_{\mathrm{g}}+J_{\mathrm{e}}+1+I} \sqrt{\left(2 F_{\mathrm{g}}+1\right)\left(2 J_{\mathrm{e}}+1\right)}\left\{\begin{array}{ccc}
J_{\mathrm{e}} & J_{\mathrm{g}} & 1 \\
F_{\mathrm{g}} & F_{\mathrm{e}} & I
\end{array}\right\} \\
& \times\left\langle F_{\mathrm{e}} m_{\mathrm{e}} \mid F_{\mathrm{g}} m_{\mathrm{g}} ; 1 q\right\rangle\left|F_{\mathrm{e}} m_{\mathrm{e}}\right\rangle\left\langle F_{\mathrm{g}} m_{\mathrm{g}}\right| \\
= & \sum_{F_{\mathrm{e}} m_{\mathrm{e}} F_{\mathrm{g}} m_{\mathrm{g}}}\left\langle J_{\mathrm{g}}\|\mathbf{d}\| J_{\mathrm{e}}\right\rangle(-1)^{F_{\mathrm{e}}+J_{\mathrm{g}}+1+I}(-1)^{q} \sqrt{\left(2 F_{\mathrm{e}}+1\right)\left(2 J_{\mathrm{g}}+1\right)}\left\{\begin{array}{ccc}
J_{\mathrm{g}} & J_{\mathrm{e}} & 1 \\
F_{\mathrm{e}} & F_{\mathrm{g}} & I
\end{array}\right\}  \tag{7.406}\\
& \times\left\langle F_{\mathrm{g}} m_{\mathrm{g}} \mid F_{\mathrm{e}} m_{\mathrm{e}} ; 1-q\right\rangle\left|F_{\mathrm{e}} m_{\mathrm{e}}\right\rangle\left\langle F_{\mathrm{g}} m_{\mathrm{g}}\right| \\
= & (-1)^{q}\left(d_{q}^{(+)}\right)^{\dagger}
\end{align*}
$$

We can then indicate the rather complicated dependence in the dipole operator here by defining as before the weighted lowering operator

$$
\begin{align*}
\Sigma_{q} & :=\sum_{F_{\mathrm{g}} m_{\mathrm{g}} F_{\mathrm{e}} m_{\mathrm{e}}}(-1)^{F_{\mathrm{e}}+J_{\mathrm{g}}+1+I} \sqrt{\left(2 F_{\mathrm{e}}+1\right)\left(2 J_{\mathrm{g}}+1\right)}\left\langle F_{\mathrm{g}} m_{\mathrm{g}} \mid F_{\mathrm{e}} m_{\mathrm{e}} ; 1 q\right\rangle\left\{\begin{array}{ccc}
J_{\mathrm{e}} & J_{\mathrm{g}} & 1 \\
F_{\mathrm{g}} & F_{\mathrm{e}} & I
\end{array}\right\}\left|F_{\mathrm{g}} m_{\mathrm{g}}\right\rangle\left\langle F_{\mathrm{e}} m_{\mathrm{e}}\right| \\
& =\sum_{F_{\mathrm{g}} m_{\mathrm{g}} F_{\mathrm{e}} m_{\mathrm{e}}}(-1)^{F_{\mathrm{e}}+J_{\mathrm{g}}+1+I} \sqrt{\left(2 F_{\mathrm{e}}+1\right)\left(2 J_{\mathrm{g}}+1\right)}\left\langle F_{\mathrm{g}} m_{\mathrm{g}} \mid F_{\mathrm{e}} m_{\mathrm{e}} ; 1 q\right\rangle\left\{\begin{array}{ccc}
J_{\mathrm{e}} & J_{\mathrm{g}} & 1 \\
F_{\mathrm{g}} & F_{\mathrm{e}} & I
\end{array}\right\} \sigma\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \tag{7.407}
\end{align*}
$$

(hyperfine lowering operator)
where the individual lowering operators are

$$
\begin{equation*}
\sigma\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right):=\left|F_{\mathrm{g}} m_{\mathrm{g}}\right\rangle\left\langle F_{\mathrm{e}} m_{\mathrm{e}}\right| . \tag{7.408}
\end{equation*}
$$

We can then write the dipole operator in the same form as for the fine-structure transition as

$$
\begin{align*}
d_{q} & =d_{q}^{(+)}+d_{q}^{(-)} \\
& =\left\langle J_{\mathrm{g}}\|d\| J_{\mathrm{e}}\right\rangle\left(\Sigma_{q}+(-1)^{q} \Sigma_{-q}^{\dagger}\right) . \tag{7.409}
\end{align*}
$$

(hyperfine dipole operator)
Then the dipole-interaction Hamiltonian becomes

$$
\begin{align*}
H_{\mathrm{AF}} & =-\mathbf{d}^{(+)} \cdot \mathbf{E}^{(-)}-\mathbf{d}^{(-)} \cdot \mathbf{E}^{(+)} \\
& =-\sum_{q}(-1)^{q}\left(d_{q}^{(+)} E_{-q}^{(-)}+d_{q}^{(-)} E_{-q}^{(+)}\right)  \tag{7.410}\\
& =-\sum_{q}\left\langle J_{\mathrm{g}}\|\mathbf{d}\| J_{\mathrm{e}}\right\rangle\left[(-1)^{q} E_{-q}^{(-)}(t) \Sigma_{q}+E_{-q}^{(+)}(t) \Sigma_{-q}^{\dagger}\right]
\end{align*}
$$

and defining the same vector Rabi frequency as before,

$$
\begin{equation*}
\Omega_{q}:=-\frac{2\left\langle J_{\mathrm{g}}\|\mathbf{d}\| J_{\mathrm{e}}\right\rangle E_{q}^{(+)}(0)}{\hbar} \tag{7.411}
\end{equation*}
$$

(vector hyperfine Rabi frequency)
we switch to the rotating frame of the laser field and write the atom-field interaction in the same form as before:

$$
\begin{equation*}
\tilde{H}_{\mathrm{AF}}=\frac{\hbar}{2} \sum_{q}\left[\Omega_{q}^{*} \Sigma_{q}+\Omega_{q} \Sigma_{q}^{\dagger}\right] \tag{7.412}
\end{equation*}
$$

(atom-field interaction, hyperfine transition)
The same form, that is, except that the raising and lowering operators are considerably more complicated. Putting these in explicitly yields the expression

$$
\begin{equation*}
\tilde{H}_{\mathrm{AF}}=\frac{\hbar}{2} \sum_{F_{\mathrm{g}} m_{\mathrm{g}} F_{\mathrm{e}} m_{\mathrm{e}}}\left[\Omega^{*}\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \sigma\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)+\Omega\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \sigma^{\dagger}\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)\right] \tag{7.413}
\end{equation*}
$$

(hyperfine atom-field interaction, rotating frame)
where

$$
\begin{align*}
& \Omega\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \\
& \quad:=(-1)^{F_{\mathrm{e}}+J_{\mathrm{g}}+1+I} \sqrt{\left(2 F_{\mathrm{e}}+1\right)\left(2 J_{\mathrm{g}}+1\right)}\left\langle F_{\mathrm{g}} m_{\mathrm{g}} \mid F_{\mathrm{e}} m_{\mathrm{e}} ; 1-\left(m_{\mathrm{e}}-m_{\mathrm{g}}\right)\right\rangle\left\{\begin{array}{ccc}
J_{\mathrm{e}} & J_{\mathrm{g}} & 1 \\
F_{\mathrm{g}} & F_{\mathrm{e}} & I
\end{array}\right\} \Omega_{-\left(m_{\mathrm{e}}-m_{\mathrm{g}}\right) .} \tag{7.414}
\end{align*}
$$

(sublevel Rabi frequencies)
is the Rabi frequency for the $\left|F_{\mathrm{g}} m_{\mathrm{g}}\right\rangle \longrightarrow\left|F_{\mathrm{e}} m_{\mathrm{e}}\right\rangle$ hyperfine sublevel transition in terms of the vector Rabi frequency.

### 7.6 Angular Distribution of Dipolar Resonance Fluorescence

Recall from Eq. (5.256) that the scattered intensity can be represented in terms of the scattered field as

$$
\begin{equation*}
I(\mathbf{r}, \omega)=\frac{1}{\pi \eta} \int_{-\infty}^{\infty}\left\langle\mathbf{E}^{(-)}(\mathbf{r}, t) \cdot \mathbf{E}^{(+)}(\mathbf{r}, t+\tau)\right\rangle e^{i \omega \tau} d \tau \tag{7.415}
\end{equation*}
$$

when written in terms of the vector electric field. Recall that the classical field due to an oscillating dipole in the radiation zone is

$$
\begin{equation*}
\mathbf{E}^{(+)}(\mathbf{r}, t)=\frac{1}{4 \pi \epsilon_{0} c^{2}}[(\hat{\varepsilon} \cdot \hat{r}) \hat{r}-\hat{\varepsilon}] \frac{\ddot{d}^{(+)}\left(t_{\mathrm{r}}\right)}{r} \tag{7.416}
\end{equation*}
$$

for a dipole orientation $\hat{\varepsilon}$. This carries over to the quantum atom here, as we are still treating the field classically. However, we need to be careful in the spherical basis. Specifically, in the above notation, we mean

$$
\begin{equation*}
[(\hat{\varepsilon} \cdot \hat{r}) \hat{r}-\hat{\varepsilon}] d^{(+)}=\left[\left(\mathbf{d}^{(+)} \cdot \hat{r}\right) \hat{r}-\mathbf{d}^{(+)}\right] \tag{7.417}
\end{equation*}
$$

and in the spherical basis, the dipole operator may be resolved into components as

$$
\begin{equation*}
\mathbf{d}^{(+)}=\sum_{q} \hat{\mathrm{e}}_{q}^{*} d_{q}=\sum_{q} \hat{\varepsilon}_{q}^{*} d_{q} \tag{7.418}
\end{equation*}
$$

if we choose to represent the polarization-vector components as in terms of the usual basis vectors

$$
\begin{equation*}
\hat{\varepsilon}_{q}=\hat{\mathrm{e}}_{q} \tag{7.419}
\end{equation*}
$$

Thus, the polarization vector becomes

$$
\begin{equation*}
\left[\left(\mathbf{d}^{(+)} \cdot \hat{r}\right) \hat{r}-\mathbf{d}^{(+)}\right]=\left[\left(\hat{\varepsilon}_{q}^{*} \cdot \hat{r}\right) \hat{r}-\hat{\varepsilon}_{q}^{*}\right] d^{(+)} \tag{7.420}
\end{equation*}
$$

and so the radiated electric field becomes

$$
\begin{equation*}
\mathbf{E}^{(+)}(\mathbf{r}, t)=\frac{1}{4 \pi \epsilon_{0} c^{2}} \sum_{q}\left[\left(\hat{\varepsilon}_{q}^{*} \cdot \hat{r}\right) \hat{r}-\hat{\varepsilon}_{q}^{*}\right] \frac{\ddot{d}_{q}^{(+)}\left(t_{\mathrm{r}}\right)}{r} \tag{7.421}
\end{equation*}
$$

in terms of the dipole-vector components. We can then label the radiated field due to each dipole-vector component as

$$
\begin{equation*}
\mathbf{E}_{q}^{(+)}(\mathbf{r}, t)=\frac{1}{4 \pi \epsilon_{0} c^{2}}\left[\left(\hat{\varepsilon}_{q}^{*} \cdot \hat{r}\right) \hat{r}-\hat{\varepsilon}_{q}^{*}\right] \frac{\ddot{d}_{q}^{(+)}\left(t_{\mathrm{r}}\right)}{r} \tag{7.422}
\end{equation*}
$$

where the polarization vectors are again

$$
\begin{equation*}
\hat{\varepsilon}_{0}=\hat{\mathrm{e}}_{0}=\hat{z}, \quad \hat{\varepsilon}_{ \pm 1}=\hat{\mathrm{e}}_{ \pm 1}=\mp(\hat{x} \pm i \hat{y}) / \sqrt{2} \tag{7.423}
\end{equation*}
$$

for linear and circular polarizations, respectively. That is, $\hat{\varepsilon}_{q}$ is just the unit spherical basis vector $\hat{\mathrm{e}}_{q}$. Note that $\mathbf{E}_{q}$ is not a spherical vector, but $d_{q}$ is, so we should be careful to note that

$$
\begin{equation*}
\mathbf{E}_{q}^{(-)}(\mathbf{r}, t)=\frac{1}{4 \pi \epsilon_{0} c^{2}}\left[\left(\hat{\varepsilon}_{q} \cdot \hat{r}\right) \hat{r}-\hat{\varepsilon}_{q}\right] \frac{(-1)^{-q} \ddot{d}_{-q}^{(-)}\left(t_{\mathrm{r}}\right)}{r} \tag{7.424}
\end{equation*}
$$

to ensure that we appropriately conjugate the dipole operator.
The fields that appear in (7.415) are, as we defined them, sums of all three component fields, and so we may write the sum explicitly as

$$
\begin{equation*}
I(\mathbf{r}, \omega)=\frac{1}{\pi \eta} \sum_{q q^{\prime}} \int_{-\infty}^{\infty}\left\langle\mathbf{E}_{q}^{(-)}(\mathbf{r}, t) \cdot \mathbf{E}_{q^{\prime}}^{(+)}(\mathbf{r}, t+\tau)\right\rangle e^{i \omega \tau} d \tau \tag{7.425}
\end{equation*}
$$

Paralleling our previous treatment in Section 5.7, we may now write the scattered intensity as

$$
\begin{equation*}
I_{\mathrm{sc}}(\mathbf{r}, \omega)=\frac{\omega_{0}^{4}}{6 \pi^{2} \epsilon_{0} c^{3} r^{2}} \sum_{q q^{\prime}} f_{q q^{\prime}}(\theta, \phi)(-1)^{q} \int_{-\infty}^{\infty}\left\langle d_{-q}^{(-)}(\mathbf{r}, t) d_{q^{\prime}}^{(+)}(\mathbf{r}, t+\tau)\right\rangle e^{i \omega \tau} d \tau \tag{7.426}
\end{equation*}
$$

where we have defined the angular-distribution tensor

$$
\begin{align*}
f_{q q^{\prime}}(\theta, \phi) & :=\frac{3}{8 \pi}\left[\left(\hat{\varepsilon}_{q} \cdot \hat{r}\right) \hat{r}-\hat{\varepsilon}_{q}\right] \cdot\left[\left(\hat{\varepsilon}_{q^{\prime}}^{*} \cdot \hat{r}\right) \hat{r}-\hat{\varepsilon}_{q^{\prime}}^{*}\right]  \tag{7.427}\\
& =\frac{3}{8 \pi}\left[\hat{\varepsilon}_{q} \cdot \hat{\varepsilon}_{q^{\prime}}^{*}-\left(\hat{\varepsilon}_{q} \cdot \hat{r}\right)\left(\hat{\varepsilon}_{q^{\prime}}^{*} \cdot \hat{r}\right)\right]
\end{align*}
$$

We will now reduce this to a more explicit form in terms of the angle variables $\theta$ and $\phi$.

### 7.6.1 Angular-Distribution Tensor

We can first use the orthogonality relation $\hat{\varepsilon}_{q} \cdot \hat{\varepsilon}_{q^{\prime}}^{*}=\delta_{q q^{\prime}}$ to evaluate the first term in Eq. (7.427). For the second, we can use the relation

$$
\begin{equation*}
\hat{\varepsilon}_{q} \cdot \hat{r}=\sqrt{\frac{4 \pi}{3}} Y_{1}^{q}(\theta, \phi) \tag{7.428}
\end{equation*}
$$

for the projection of $\hat{r}$ into basis vectors in terms of the spherical harmonics, which can be verified directly (but certainly makes sense since $Y_{1}^{q}$ is the right tensor for representing three-vectors). Along with the conjugation rule

$$
\begin{equation*}
\left[Y_{\ell}^{m}(\theta, \phi)\right]^{*}=(-1)^{m} Y_{\ell}^{-m}(\theta, \phi) \tag{7.429}
\end{equation*}
$$

we can write the angular scattering tensor as

$$
\begin{equation*}
f_{q q^{\prime}}(\theta, \phi)=\frac{3}{8 \pi}\left[\delta_{q q^{\prime}}-\frac{4 \pi}{3}(-1)^{q^{\prime}} Y_{1}^{q}(\theta, \phi) Y_{1}^{-q^{\prime}}(\theta, \phi)\right] . \tag{7.430}
\end{equation*}
$$

To reduce this yet more, we may use the recoupling relation (7.187), which in our special case, this becomes

$$
Y_{1}^{q}(\theta, \phi) Y_{1}^{-q^{\prime}}(\theta, \phi)=\sum_{\ell=0}^{2}(-1)^{q^{\prime}-q} \sqrt{\frac{9(2 \ell+1)}{4 \pi}}\left(\begin{array}{ccc}
1 & 1 & \ell  \tag{7.431}\\
q & -q^{\prime} & q^{\prime}-q
\end{array}\right)\left(\begin{array}{ccc}
1 & 1 & \ell \\
0 & 0 & 0
\end{array}\right) Y_{\ell}^{q-q^{\prime}}(\theta, \phi),
$$

Writing the terms out explicitly and using the $3-j$ symbols

$$
\left(\begin{array}{ccc}
1 & 1 & 2  \tag{7.432}\\
0 & 0 & 0
\end{array}\right)=\sqrt{\frac{2}{15}} ; \quad\left(\begin{array}{ccc}
1 & 1 & 1 \\
0 & 0 & 0
\end{array}\right)=0 ; \quad\left(\begin{array}{ccc}
1 & 1 & 0 \\
0 & 0 & 0
\end{array}\right)=\sqrt{\frac{1}{3}} ; \quad\left(\begin{array}{ccc}
1 & 1 & 0 \\
q & -q^{\prime} & 0
\end{array}\right)=-\frac{(-1)^{q}}{\sqrt{3}} \delta_{q q^{\prime}}
$$

as well as the symmetry rule

$$
\left(\begin{array}{ccc}
J_{1} & J_{2} & J  \tag{7.433}\\
m_{1} & m_{2} & m
\end{array}\right)=(-1)^{J_{1}+J_{2}+J}\left(\begin{array}{ccc}
J_{1} & J_{2} & J \\
-m_{1} & -m_{2} & -m
\end{array}\right),
$$

we find

$$
Y_{1}^{q}(\theta, \phi) Y_{1}^{-q^{\prime}}(\theta, \phi)=\frac{(-1)^{q}}{4 \pi} \delta_{q q^{\prime}}+\sqrt{\frac{3}{2 \pi}}(-1)^{q-q^{\prime}}\left(\begin{array}{ccc}
1 & 1 & 2  \tag{7.434}\\
-q & q^{\prime} & q-q^{\prime}
\end{array}\right) Y_{\ell}^{q-q^{\prime}}(\theta, \phi) .
$$

Putting these together, we find the form

$$
f_{q q^{\prime}}(\theta, \phi)=\frac{1}{4 \pi}\left[\delta_{q q^{\prime}}-\sqrt{6 \pi}(-1)^{q} Y_{2}^{q-q^{\prime}}(\theta, \phi)\left(\begin{array}{ccc}
1 & 1 & 2  \tag{7.435}\\
-q & q^{\prime} & q-q^{\prime}
\end{array}\right)\right]
$$

(angular-scattering tensor)
for the scattering tensor. Written out explicitly, the components are shown in the following table.

| $f_{q q^{\prime}}(\theta, \phi)$ | $q^{\prime}$ |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | -1 | 0 | 1 |  |
| $q$ | -1 | $\frac{3}{16 \pi}\left(1+\cos ^{2} \theta\right)$ | $-\frac{3}{\sqrt{2} 16 \pi} \sin 2 \theta e^{-i \phi}$ | $\frac{3}{16 \pi} \sin ^{2} \theta e^{-i 2 \phi}$ |
|  | 0 | $-\frac{3}{\sqrt{2} 16 \pi} \sin 2 \theta e^{i \phi}$ | $\frac{3}{8 \pi} \sin ^{2} \theta$ | $\frac{3}{\sqrt{2} 16 \pi} \sin 2 \theta e^{-i \phi}$ |
|  | 1 | $\frac{3}{16 \pi} \sin ^{2} \theta e^{i 2 \phi}$ | $\frac{3}{\sqrt{2} 16 \pi} \sin 2 \theta e^{i \phi}$ | $\frac{3}{16 \pi}\left(1+\cos ^{2} \theta\right)$ |

### 7.6.2 Spectral Tensor and Total Scattered Power

We now continue with the intensity spectrum by writing the dipole-operator components using Eq. (7.390), assuming we are dealing with a single $J \longrightarrow J^{\prime}$ transition. Then defining the spectral tensor

$$
\begin{equation*}
S_{q q^{\prime}}\left(\omega_{\mathrm{s}}\right):=\frac{1}{2 \pi} \int_{-\infty}^{\infty} d \tau e^{i \omega_{\mathrm{s}} \tau}\left\langle\Sigma_{q}^{\dagger}(t) \Sigma_{q^{\prime}}(t+\tau)\right\rangle \tag{7.437}
\end{equation*}
$$

we can write the intensity spectrum (7.426) as

$$
\begin{equation*}
I_{\mathrm{sc}}\left(\mathbf{r}, \omega_{\mathrm{s}}\right)=\frac{\hbar \omega_{0} \Gamma}{r^{2}}\left(\frac{2 J_{\mathrm{e}}+1}{2 J_{\mathrm{g}}+1}\right) \sum_{q q^{\prime}} f_{q q^{\prime}}(\theta, \phi) S_{q q^{\prime}}\left(\omega_{\mathrm{s}}\right) . \tag{7.438}
\end{equation*}
$$

Here again, from Eq. (7.388), $\Sigma_{q}$ is the lowering operator for all transitions coupled by polarization $q$, corresponding to the radiative decay $\left|J^{\prime} m^{\prime}\right\rangle \longrightarrow\left|J m^{\prime}+q\right\rangle$.

The expression (7.438) for the intensity spectrum is valid in the resonant approximation for a single $J \longrightarrow J^{\prime}$ Zeeman-degenerate transition. In principle, it should then be summed over all possible transitions (accounting for the various detunings in each case).

Physically, the diagonal terms with $q=q^{\prime}$ in Eq. (7.438) correspond to the radiation of a purely oriented dipole, that is, with an orientation $\hat{\varepsilon}=\hat{\mathrm{e}}_{q}^{*}$. In general, the atom will oscillate in some mixture of the various components, and the off-diagonal terms with $q \neq q^{\prime}$ in the sum represent interference due to coherence between the different dipole components. These interference terms do not change the total radiated power, but rather they change the angular distribution of the radiated power, as we can see by integrating the scattered intensity over all angles:

$$
\begin{equation*}
P_{\mathrm{sc}}\left(\omega_{\mathrm{s}}\right)=\int d \Omega r^{2} I_{\mathrm{sc}}\left(\mathbf{r}, \omega_{\mathrm{s}}\right)=\hbar \omega_{0} \Gamma\left(\frac{2 J_{\mathrm{e}}+1}{2 J_{\mathrm{g}}+1}\right) \sum_{q} S_{q q}\left(\omega_{\mathrm{s}}\right) \tag{7.439}
\end{equation*}
$$

Here, we have used

$$
\begin{equation*}
\int d \Omega f_{q q^{\prime}}(\theta, \phi)=\delta_{q q^{\prime}} \tag{7.440}
\end{equation*}
$$

which follows from Eq. (7.435), where the second term always vanished under the angular integration in view of the orthogonality of the spherical harmonics.

Of course, integrating the power spectrum over all frequencies gives

$$
\begin{equation*}
P_{\mathrm{sc}}=\int_{0}^{\infty} d \omega_{\mathrm{s}} P_{\mathrm{sc}}\left(\omega_{\mathrm{s}}\right)=\hbar \omega_{0} \Gamma\left(\frac{2 J_{\mathrm{e}}+1}{2 J_{\mathrm{g}}+1}\right) \sum_{q}\left\langle\Sigma_{q}^{\dagger} \Sigma_{q}\right\rangle \tag{7.441}
\end{equation*}
$$

We can compute the operator sum as

$$
\begin{align*}
\sum_{q} \Sigma_{q}^{\dagger} \Sigma_{q} & =\sum_{q m_{\mathrm{g}} m_{\mathrm{e}} m_{\mathrm{e}}^{\prime}}\left\langle J_{\mathrm{g}} m_{\mathrm{g}} \mid J_{\mathrm{e}} m_{\mathrm{e}}^{\prime} ; 1 q\right\rangle\left\langle J_{\mathrm{g}} m_{\mathrm{g}} \mid J_{\mathrm{e}} m_{\mathrm{e}} ; 1 q\right\rangle\left|J_{\mathrm{e}} m_{\mathrm{e}}^{\prime}\right\rangle\left\langle J_{\mathrm{e}} m_{\mathrm{e}}\right| \\
& =\sum_{q m_{\mathrm{g}} m_{\mathrm{e}}}\left\langle J_{\mathrm{g}} m_{\mathrm{g}} \mid J_{\mathrm{e}} m_{\mathrm{e}} ; 1 q\right\rangle^{2}\left|J_{\mathrm{e}} m_{\mathrm{e}}\right\rangle\left\langle J_{\mathrm{e}} m_{\mathrm{e}}\right|  \tag{7.442}\\
& =\left(\frac{2 J_{\mathrm{g}}+1}{2 J_{\mathrm{e}}+1}\right) \sum_{q m_{\mathrm{g}} m_{\mathrm{e}}}\left\langle J_{\mathrm{e}} m_{\mathrm{e}} \mid J_{\mathrm{g}} m_{\mathrm{g}} ; 1-q\right\rangle^{2}\left|J_{\mathrm{e}} m_{\mathrm{e}}\right\rangle\left\langle J_{\mathrm{e}} m_{\mathrm{e}}\right| \\
& =\left(\frac{2 J_{\mathrm{g}}+1}{2 J_{\mathrm{e}}+1}\right) \sum_{m_{\mathrm{e}}}\left|J_{\mathrm{e}} m_{\mathrm{e}}\right\rangle\left\langle J_{\mathrm{e}} m_{\mathrm{e}}\right|,
\end{align*}
$$

where we used the conservation constraint $m_{\mathrm{g}}=m_{\mathrm{e}}^{\prime}+q=m_{\mathrm{e}}+q$ to get to the second expression, and we used completeness of the angular-momentum states to get to the last expression. Thus, we may rewrite Eq. (7.441) as

$$
\begin{equation*}
P_{\mathrm{sc}}=\hbar \omega_{0} \Gamma\left\langle P_{\mathrm{e}}\right\rangle, \tag{7.443}
\end{equation*}
$$

where recall that $P_{\mathrm{e}}$, defined in Eq. (7.382), is the sum over projection operators for all excited sublevels, so that $\left\langle P_{\mathrm{e}}\right\rangle$ is the total excited-level population. Thus, the total photon scattering rate is sensibly given by $\Gamma$ times the total excited-state population.

### 7.6.2.1 Hyperfine Structure and Interference

Of course, this assumes that only one excited level $J_{\mathrm{e}}$ is substantially populated. To see this, note that in the case of a hyperfine transition, the formulae in the last section are valid, except that the lowering operators $\Sigma_{q}$ are given by the hyperfine expression (7.407), and thus we have

$$
\begin{align*}
\sum_{q} \Sigma_{q}^{\dagger} \Sigma_{q}= & \sum_{q F_{\mathrm{g}} m_{\mathrm{g}} F_{\mathrm{e}} m_{\mathrm{e}} F_{\mathrm{e}}^{\prime}}(-1)^{F_{\mathrm{e}}-F_{\mathrm{e}}^{\prime}} \sqrt{\left(2 F_{\mathrm{e}}^{\prime}+1\right)\left(2 F_{\mathrm{e}}+1\right)}\left(2 J_{\mathrm{g}}+1\right) \\
& \times\left\langle F_{\mathrm{g}} m_{\mathrm{g}} \mid F_{\mathrm{e}}^{\prime} m_{\mathrm{e}} ; 1 q\right\rangle\left\langle F_{\mathrm{g}} m_{\mathrm{g}} \mid F_{\mathrm{e}} m_{\mathrm{e}} ; 1 q\right\rangle\left\{\begin{array}{ccc}
J_{\mathrm{e}} & J_{\mathrm{g}} & 1 \\
F_{\mathrm{g}} & F_{\mathrm{e}}^{\prime} & I
\end{array}\right\}\left\{\begin{array}{ccc}
J_{\mathrm{e}} & J_{\mathrm{g}} & 1 \\
F_{\mathrm{g}} & F_{\mathrm{e}} & I
\end{array}\right\}\left|F_{\mathrm{e}}^{\prime} m_{\mathrm{e}}\right\rangle\left\langle F_{\mathrm{e}} m_{\mathrm{e}}\right| \\
= & \sum_{q F_{\mathrm{g}} m_{\mathrm{g}} F_{\mathrm{e}} m_{\mathrm{e}} F_{\mathrm{e}}^{\prime}}(-1)^{2 F_{\mathrm{e}}-2 F_{\mathrm{g}}+2 m_{\mathrm{e}}-2 m_{\mathrm{g}}}\left(2 F_{\mathrm{g}}+1\right)\left(2 J_{\mathrm{g}}+1\right) \\
& \times\left\langle F_{\mathrm{e}}^{\prime} m_{\mathrm{e}} \mid F_{\mathrm{g}} m_{\mathrm{g}} ; 1-q\right\rangle\left\langle F_{\mathrm{e}} m_{\mathrm{e}} \mid F_{\mathrm{g}} m_{\mathrm{g}} ; 1-q\right\rangle\left\{\begin{array}{ccc}
J_{\mathrm{e}} & J_{\mathrm{g}} & 1 \\
F_{\mathrm{g}} & F_{\mathrm{e}}^{\prime} & I
\end{array}\right\}\left\{\begin{array}{ccc}
J_{\mathrm{e}} & J_{\mathrm{g}} & 1 \\
F_{\mathrm{g}} & F_{\mathrm{e}} & I
\end{array}\right\}\left|F_{\mathrm{e}}^{\prime} m_{\mathrm{e}}\right\rangle\left\langle F_{\mathrm{e}} m_{\mathrm{e}}\right| \\
= & \sum_{F_{\mathrm{g}} F_{\mathrm{e}} m_{\mathrm{e}} F_{\mathrm{e}}^{\prime}}\left(2 F_{\mathrm{g}}+1\right)\left(2 J_{\mathrm{g}}+1\right) \delta_{F_{\mathrm{e}} F_{\mathrm{e}}^{\prime}}\left\{\begin{array}{ccc}
J_{\mathrm{e}} & J_{\mathrm{g}} & 1 \\
F_{\mathrm{g}} & F_{\mathrm{e}}^{\prime} & I
\end{array}\right\}\left\{\begin{array}{lll}
J_{\mathrm{e}} & J_{\mathrm{g}} & 1 \\
F_{\mathrm{g}} & F_{\mathrm{e}} & I
\end{array}\right\}\left|F_{\mathrm{e}}^{\prime} m_{\mathrm{e}}\right\rangle\left\langle F_{\mathrm{e}} m_{\mathrm{e}}\right| \\
= & \left.\sum_{F_{\mathrm{g}} F_{\mathrm{e}} m_{\mathrm{e}}}\left(2 F_{\mathrm{g}}+1\right)\left(2 J_{\mathrm{g}}+1\right)\left\{\begin{array}{rrr}
J_{\mathrm{e}} & J_{\mathrm{g}} & 1 \\
F_{\mathrm{g}} & F_{\mathrm{e}} & I
\end{array}\right\}\right\}^{2}\left|F_{\mathrm{e}} m_{\mathrm{e}}\right\rangle\left\langle F_{\mathrm{e}} m_{\mathrm{e}}\right| . \tag{7.444}
\end{align*}
$$

In the second step we used the Clebsch-Gordan symmetry relations [see the Wigner-Eckart theorem in the forms of Eq. (7.272)], and then we used the orthogonality relation (7.46). Then using the orthogonality relation (7.82), we find

$$
\begin{equation*}
\sum_{q} \Sigma_{q}^{\dagger} \Sigma_{q}=\left(\frac{2 J_{\mathrm{g}}+1}{2 J_{\mathrm{e}}+1}\right) \sum_{F_{\mathrm{e}} m_{\mathrm{e}}}\left|F_{\mathrm{e}} m_{\mathrm{e}}\right\rangle\left\langle F_{\mathrm{e}} m_{\mathrm{e}}\right| \tag{7.445}
\end{equation*}
$$

which is essentially the same result as for the fine-structure case above: this operator is diagonal in the hyperfine basis, and every state decays at the same rate $\Gamma$. Note that it is important to work this out to see if the fluorescence operator (7.445) contains off-diagonal terms, representing interference between two states with the same $m_{\mathrm{e}}$, but different $F_{\mathrm{e}}$. This is possible in principle because such decays are indistinguishable: if the atom starts in a superposition of these states, we can't tell by the decay which state the atom "came from." This is true even if the states are not degenerate, since, for example, with a steady-state drive, the dipoles corresponding to $\left|F_{\mathrm{g}} m_{\mathrm{g}}\right\rangle \longrightarrow\left|F_{\mathrm{e}} m_{\mathrm{e}}\right\rangle,\left|F_{\mathrm{e}}^{\prime} m_{\mathrm{e}}^{\prime}\right\rangle$ oscillate at the same frequency. Of course, decay from states with different $m_{\mathrm{e}}$ don't interfere: we can infer "which-state" information by analyzing the polarization of the fluorescence and the final state of the atom to determine what the initial atomic state was. These interferences correspond to quantum beats between particular excited states, as we discussed before in Section (6.2.4). Evidently, however, while such interferences may influence the decay rates to individual ground states, and hence the angular distribution of light, they do not affect the total decay rate from any excited state.

### 7.7 Optical Stark Shifts

To lowest order in the field amplitude, we recall, e.g., from Eq. (5.456), that the ac Stark shift of the ground state of a two-level atom is

$$
\begin{equation*}
\Delta E_{\mathrm{g}}=\frac{\hbar|\Omega(\mathbf{r})|^{2}}{4 \Delta}=\frac{|\langle\mathrm{g}| \hat{\varepsilon} \cdot \mathbf{d}| \mathrm{e}\rangle\left.\right|^{2}\left|E_{0}^{(+)}(\mathbf{r})\right|^{2}}{\hbar\left(\omega-\omega_{0}\right)} \tag{7.446}
\end{equation*}
$$

for a monochromatic optical field of the form

$$
\begin{equation*}
\mathbf{E}(\mathbf{r})=\hat{\varepsilon} E_{0}^{(+)}(\mathbf{r}) e^{-i \omega t}+\text { c.c. } \tag{7.447}
\end{equation*}
$$

Adding in the shift due to the counterrotating term in the dipole interaction, as in Eq. (5.554), so that we are not making the rotating-wave approximation, leads to a total ground-state shift of

$$
\begin{equation*}
\Delta E_{\mathrm{g}}=\frac{|\langle\mathrm{g}| \hat{\varepsilon} \cdot \mathbf{d}| \mathrm{e}\rangle\left.\right|^{2}\left|E_{0}^{(+)}(\mathbf{r})\right|^{2}}{\hbar\left(\omega-\omega_{0}\right)}-\frac{|\langle\mathrm{g}| \hat{\varepsilon} \cdot \mathbf{d}| \mathrm{e}\rangle\left.\right|^{2}\left|E_{0}^{(+)}(\mathbf{r})\right|^{2}}{\hbar\left(\omega+\omega_{0}\right)}=-\frac{\left.2 \omega_{0}|\langle\mathrm{~g}| \hat{\varepsilon} \cdot \mathbf{d}| \mathrm{e}\right\rangle\left.\right|^{2}\left|E_{0}^{(+)}(\mathbf{r})\right|^{2}}{\hbar\left(\omega_{0}^{2}-\omega^{2}\right)} \tag{7.448}
\end{equation*}
$$

Recalling from the dressed-state interpretation of the two-level atom in Section (5.8.5), the shifts of the excited state is exactly the opposite of the ground-state shift, at least to lowest order as we are considering here. We can represent both shifts compactly as

$$
\begin{equation*}
\Delta E_{\alpha}=-\frac{\left.2 \omega_{\beta \alpha}|\langle\mathrm{g}| \hat{\varepsilon} \cdot \mathbf{d}| \mathrm{e}\right\rangle\left.\right|^{2}\left|E_{0}^{(+)}(\mathbf{r})\right|^{2}}{\hbar\left(\omega_{\beta \alpha}^{2}-\omega^{2}\right)} \tag{7.449}
\end{equation*}
$$

where $\alpha$ and $\beta$ represent the two states, with $\omega_{\beta \alpha}:=\left(E_{\beta}-E_{\alpha}\right) / \hbar$ (note that the sign of this frequency is important here).

Relaxing the two-level approximation, in this order of accuracy, amounts to computing the shift of level $|\alpha\rangle$ by simply summing the above expression over all other states $|\beta\rangle$ :

$$
\begin{equation*}
\Delta E_{\alpha}=-\sum_{\beta} \frac{\left.2 \omega_{\beta \alpha}|\langle\alpha| \hat{\varepsilon} \cdot \mathbf{d}| \beta\right\rangle\left.\right|^{2}\left|E_{0}^{(+)}(\mathbf{r})\right|^{2}}{\hbar\left(\omega_{\beta \alpha}^{2}-\omega^{2}\right)} \tag{7.450}
\end{equation*}
$$

Recalling our classical treatment of the atom-field interaction from Eq. (1.65), in particular regarding the polarizability $\alpha(\omega)$, the shift is

$$
\begin{equation*}
\Delta E_{\alpha}=-\frac{1}{2} \mathbf{d}^{(+)} \cdot \mathbf{E}^{(-)}-\frac{1}{2} \mathbf{d}^{(-)} \cdot \mathbf{E}^{(+)}=-\operatorname{Re}[\alpha(\omega)]\left|E_{0}^{(+)}\right|^{2} \tag{7.451}
\end{equation*}
$$

Thus, the polarizability for level $\alpha$ is

$$
\begin{equation*}
\alpha(\omega)=\sum_{\beta} \frac{\left.2 \omega_{\beta \alpha}|\langle\alpha| \hat{\varepsilon} \cdot \mathbf{d}| \beta\right\rangle\left.\right|^{2}}{\hbar\left(\omega_{\beta \alpha}^{2}-\omega^{2}\right)} \tag{7.452}
\end{equation*}
$$

(Technically, this is just the real part of the polarizability.) This is the Kramers-Heisenberg formula for the polarizability, which we derive later directly from time-dependent perturbation theory in Section 14.3.1. Now the idea is to generalize this formula to the case of angular-momentum degeneracy.

### 7.7.1 Polarizability Tensor

To handle angular-momentum degeneracy, we will first have to be more careful with the orientation of the atom and the field. We now introduce the Kramers-Heisenberg polarizability tensor as

$$
\begin{equation*}
\alpha_{\mu \nu}(\omega)=\sum_{\beta} \frac{2 \omega_{\beta \alpha}\langle\alpha| d_{\mu}|\beta\rangle\langle\beta| d_{\mu}|\alpha\rangle}{\hbar\left(\omega_{\beta \alpha}^{2}-\omega^{2}\right)} \tag{7.453}
\end{equation*}
$$

which is basically the above polarizability expression with the polarization vector omitted. This generalization is reasonably obvious, but we defer the formal justification until later in Chapter 14 [see Eq. (14.145)]. In particular, in terms of hyperfine states, we may write the polarizability tensor as

$$
\begin{equation*}
\alpha_{\mu \nu}\left(F, m_{F} ; \omega\right)=\sum_{F^{\prime} m_{F}^{\prime}} \frac{2 \omega_{F^{\prime} F}\left\langle F m_{F}\right| d_{\nu}\left|F^{\prime} m_{F}^{\prime}\right\rangle\left\langle F^{\prime} m_{F}^{\prime}\right| d_{\mu}\left|F m_{F}\right\rangle}{\hbar\left(\omega_{F^{\prime} F}^{2}-\omega^{2}\right)} \tag{7.454}
\end{equation*}
$$

(hyperfine polarizability tensor)
The tensor polarizability is defined such that to lowest order (i.e., for weak field intensities), the mean induced dipole moment vector is

$$
\begin{equation*}
\left\langle d_{\mu}^{(+)}(\omega)\right\rangle=\alpha_{\mu \nu}(\omega)\left(E_{0}^{(+)}\right)_{\nu} \tag{7.455}
\end{equation*}
$$

and thus according to the electric-dipole interaction, the energy shift (ac Stark shift) due to the optical field is [cf. Eq. (1.65)]

$$
\begin{align*}
\Delta E\left(F, m_{F} ; \omega\right) & =-\frac{1}{2}\left\langle\mathbf{d}^{(+)}(\omega)\right\rangle \cdot \mathbf{E}^{(-)}-\frac{1}{2}\left\langle\mathbf{d}^{(-)}(\omega)\right\rangle \cdot \mathbf{E}^{(+)}  \tag{7.456}\\
& =-\operatorname{Re}\left[\alpha_{\mu \nu}\left(F, m_{F} ; \omega\right)\right]\left(E_{0}^{(-)}\right)_{\mu}\left(E_{0}^{(+)}\right)_{\nu} \tag{acStarkshift}
\end{align*}
$$

In principle, this is the expression we're after, but now we will break this expression down into parts according to its symmetry and express the result explicitly in terms of the quantum numbers of the states.

### 7.7.2 Irreducible Parts

Given that the polarizability is a rank-2 tensor, it is convenient to decompose it into its irreducible parts. To simplify notation, we will write the polarizability as

$$
\begin{equation*}
\alpha_{\mu \nu}\left(F, m_{F} ; \omega\right)=\sum_{F^{\prime}} \frac{2 \omega_{F^{\prime} F} T_{\mu \nu}}{\hbar\left(\omega_{F^{\prime} F}^{2}-\omega^{2}\right)} \tag{7.457}
\end{equation*}
$$

where we have defined the dipole-product tensor

$$
\begin{equation*}
T_{\mu \nu}:=\sum_{m_{F}^{\prime}}\left\langle F m_{F}\right| d_{\mu}\left|F^{\prime} m_{F}^{\prime}\right\rangle\left\langle F^{\prime} m_{F}^{\prime}\right| d_{\nu}\left|F m_{F}\right\rangle \tag{7.458}
\end{equation*}
$$

Note that we include the sum over $m_{F}^{\prime}$ here to avoid any orientation dependence in this tensor, since this is what we will decompose into its irreducible components. Recall from Eqs. (7.198), (7.199), (7.205), and (7.206) that we may write $T_{\mu \nu}$ in terms of its scalar, vector, and tensor parts as

$$
\begin{align*}
T_{\mu \nu} & =\frac{1}{3} T^{(0)} \delta_{\mu \nu}+\frac{1}{4} T_{\sigma}^{(1)} \epsilon_{\sigma \mu \nu}+T_{\mu \nu}^{(2)} \\
T^{(0)} & =T_{\mu \mu}  \tag{7.459}\\
T_{\sigma}^{(1)} & =\epsilon_{\sigma \mu \nu}\left(T_{\mu \nu}-T_{\mu \nu}\right) \\
T_{\mu \nu}^{(2)} & =T_{(\mu \nu)}-\frac{1}{3} T_{\sigma \sigma} \delta_{\mu \nu}
\end{align*}
$$

We will handle each irreducible component here separately. ${ }^{41}$

### 7.7.2.1 Scalar Part

The scalar part is simply the trace,

$$
\begin{align*}
T^{(0)} & =T_{\mu \mu} \\
& =\sum_{m_{F}^{\prime}}\left\langle F m_{F}\right| d_{\mu}\left|F^{\prime} m_{F}^{\prime}\right\rangle\left\langle F^{\prime} m_{F}^{\prime}\right| d_{\mu}\left|F m_{F}\right\rangle  \tag{7.460}\\
& =|\langle F\|\mathbf{d}\| F\rangle|^{2}
\end{align*}
$$

where we used the normalization formula (7.240) for the reduced matrix element. That was simple enough, but let's redo this a more complicated way to see a couple details that will make the other components easier to calculate. First, recall that when two rank-1 spherical tensors (vectors) A and B are multiplied to form a rank-0 (scalar) tensor, the result from Eq. (7.213) is

$$
\begin{equation*}
T_{0}^{(0)}=-\frac{1}{\sqrt{3}} \mathbf{A} \cdot \mathbf{B} \tag{7.461}
\end{equation*}
$$

[^132]It is important to keep the extra overall factors to make use of factorization formulae for matrix elements. Thus, we can rewrite the dipole-vector dot product as a rank-0 spherical tensor and use the Wigner-Eckart theorem (7.236) to find

$$
\begin{align*}
T^{(0)} & =\sum_{m_{F}^{\prime}}\left\langle F m_{F}\right| d_{\mu}\left|F^{\prime} m_{F}^{\prime}\right\rangle\left\langle F^{\prime} m_{F}^{\prime}\right| d_{\mu}\left|F m_{F}\right\rangle \\
& =-\sqrt{3}\left\langle F m_{F}\right|\left(\sum_{m_{F}^{\prime}} \mathbf{d}\left|F^{\prime} m_{F}^{\prime}\right\rangle\left\langle F^{\prime} m_{F}^{\prime}\right| \mathbf{d}\right)^{(0)}\left|F m_{F}\right\rangle \\
& =-\sqrt{3}\left\langle F\left\|\left(\sum_{m_{F}^{\prime}} \mathbf{d}\left|F^{\prime} m_{F}^{\prime}\right\rangle\left\langle F^{\prime} m_{F}^{\prime}\right| \mathbf{d}\right)^{(0)}\right\| F\right\rangle\left\langle F m_{F} \mid F m_{F} ; 00\right\rangle  \tag{7.462}\\
& =-\sqrt{3}(-1)^{2 F} \sqrt{2 F^{\prime}+1}\left\{\begin{array}{ccc}
1 & 1 & 0 \\
F & F & F^{\prime}
\end{array}\right\}\left\langle F\|\mathbf{d}\| F^{\prime}\right\rangle\left\langle F^{\prime}\|\mathbf{d}\| F\right\rangle \\
& =-\sqrt{3}(-1)^{F+F^{\prime}} \sqrt{2 F+1}\left\{\begin{array}{ccc}
1 & 1 & 0 \\
F & F & F^{\prime}
\end{array}\right\}\left|\left\langle F\|\mathbf{d}\| F^{\prime}\right\rangle\right|^{2} \\
& =\left|\left\langle F\|\mathbf{d}\| F^{\prime}\right\rangle\right|^{2},
\end{align*}
$$

where we used the factorization formula (7.264) for the first matrix element, and then the conjugation formula (7.250) for the last reduced matrix element. We also used $\left\langle F m_{F} \mid F m_{F} ; 00\right\rangle=1$, and the value of the $6-j$ symbol is $(-1)^{-F-F^{\prime}-1} / \sqrt{3(2 F+1)}$.

### 7.7.2.2 Vector Part

The vector part is related to the cross product of the dipole vectors.

$$
\begin{equation*}
T_{\sigma}^{(1)}=\epsilon_{\sigma \mu \nu}\left(T_{\mu \nu}-T_{\mu \nu}\right)=2 \epsilon_{\sigma \mu \nu} 2 T_{\mu \nu} \tag{7.463}
\end{equation*}
$$

In the case of the dc Stark shift, this component vanished due to the symmetry of the tensor Hamiltonian; however, here this component does not necessarily vanish, because the electric fields and dipole vectors may be complex (corresponding to circular polarization, which is meaningless in the dc limit). Again, to use the Wigner-Eckart theorem and the subsequent decomposition formula, we must express the vector product of the dipole operators as a rank-1 spherical tensor. From Eq. (7.216), we can express this in term of the vector cross product as

$$
\begin{equation*}
T_{q}^{(1)}=\frac{i}{\sqrt{2}}(\mathbf{A} \times \mathbf{B})_{q}, \tag{7.464}
\end{equation*}
$$

where we use Roman indices to indicate spherical components and Greek indices to indicate Cartesian components. The procedure is otherwise as outlined for the scalar case, with the result

$$
\begin{align*}
T_{q}^{(1)} & =-i 2 \sqrt{2}\left\langle F m_{F}\right|\left(\sum_{m_{F}^{\prime}} \mathbf{d}\left|F^{\prime} m_{F}^{\prime}\right\rangle \times\left\langle F^{\prime} m_{F}^{\prime}\right| \mathbf{d}\right)^{(1)}\left|F m_{F}\right\rangle \\
& =-i 2 \sqrt{2}\left\langle F\left\|\left(\sum_{m_{F}^{\prime}} \mathbf{d}\left|F^{\prime} m_{F}^{\prime}\right\rangle \times\left\langle F^{\prime} m_{F}^{\prime}\right| \mathbf{d}\right)^{(1)}\right\| F\right\rangle\left\langle F m_{F} \mid F m_{F} ; 10\right\rangle  \tag{7.465}\\
& =-i(-1)^{2 F} \frac{2 \sqrt{2}}{\sqrt{F(F+1)}} \sqrt{3\left(2 F^{\prime}+1\right)}\left\{\begin{array}{ccc}
1 & 1 & 1 \\
F & F & F^{\prime}
\end{array}\right\}\left\langle F\|\mathbf{d}\| F^{\prime}\right\rangle\left\langle F^{\prime}\|\mathbf{d}\| F\right\rangle m_{F} \delta_{q 0} \\
& =(-1)^{F+F^{\prime}}(-i) \sqrt{\frac{24(2 F+1)}{F(F+1)}}\left\{\begin{array}{ccc}
1 & 1 & 1 \\
F & F & F^{\prime}
\end{array}\right\}\left|\left\langle F\|\mathbf{d}\| F^{\prime}\right\rangle\right|^{2} m_{F} \delta_{q 0}
\end{align*}
$$

where we used $\left\langle F m_{F} \mid F m_{F} ; 10\right\rangle=\delta_{q 0} m_{F} / \sqrt{F(F+1)}$.

### 7.7.2.3 Tensor Part

Finally, the tensor part is

$$
\begin{equation*}
T_{\mu \nu}^{(2)}=T_{(\mu \nu)}-\frac{1}{3} T_{\sigma \sigma} \delta_{\mu \nu} \tag{7.466}
\end{equation*}
$$

Converted to the spherical basis, there is no scaling factor in this case, and thus, with the usual procedure,

$$
\begin{align*}
T_{q}^{(2)} & =\left\langle F m_{F}\right|\left(\sum_{m_{F}^{\prime}} \mathbf{d}\left|F^{\prime} m_{F}^{\prime}\right\rangle\left\langle F^{\prime} m_{F}^{\prime}\right| \mathbf{d}\right)^{(2)}\left|F m_{F}\right\rangle \\
& =\left\langleF \left\|\left(\sum_{m_{F}^{\prime}} \mathbf{d}\left|F^{\prime} m_{F}^{\prime}\right\rangle\left\langle F^{\prime} \| \mathbf{d}\right)^{(2)} \| F\right\rangle\left\langle F m_{F} \mid F m_{F} ; 20\right\rangle\right.\right.  \tag{7.467}\\
& =(-1)^{F+F^{\prime}} \sqrt{\frac{5(2 F+1)}{F(F+1)(2 F-1)(2 F+3)}}\left\{\begin{array}{ccc}
1 & 1 & 2 \\
F & F & F^{\prime}
\end{array}\right\}\left|\left\langle F\|\mathbf{d}\| F^{\prime}\right\rangle\right|^{2}\left[m_{F}^{2}-F(F+1)\right] \delta_{q 0},
\end{align*}
$$

where we used $\left\langle F m_{F} \mid F m_{F} ; 20\right\rangle=\delta_{q 0}\left[m_{F}^{2}-F(F+1)\right] / \sqrt{F(F+1)(2 F-1)(2 F+3)}$.

### 7.7.3 Total Shift

Now we can write the total ac Stark shift (7.456) using the polarizability tensor (7.457), along with Eq. (7.459), we can write

$$
\begin{align*}
\Delta E\left(F, m_{F} ; \omega\right)=-\sum_{F^{\prime}} & \frac{2 \omega_{F^{\prime} F}}{\hbar\left(\omega_{F^{\prime} F}^{2}-\omega^{2}\right)} \\
& \times\left\{\frac{1}{3} T^{(0)}\left[\mathbf{E}_{0}^{(-)} \mathbf{E}_{0}^{(+)}\right]^{(0)}+\frac{1}{4} T_{0}^{(1)}(-i \sqrt{2})\left[\mathbf{E}_{0}^{(-)} \times \mathbf{E}_{0}^{(+)}\right]_{0}^{(1)}+T_{0}^{(2)}\left[\mathbf{E}_{0}^{(-)} \mathbf{E}_{0}^{(+)}\right]_{0}^{(2)}\right\} \tag{7.468}
\end{align*}
$$

Note that the tensor products in spherical form are particularly simple because only the $q=0$ components are involved. Writing out the relevant field components,

$$
\begin{align*}
\Delta E\left(F, m_{F} ; \omega\right)=-\sum_{F^{\prime}} & \frac{2 \omega_{F^{\prime} F}}{\hbar\left(\omega_{F^{\prime} F}^{2}-\omega^{2}\right)} \\
& \times\left\{\frac{1}{3} T^{(0)}\left|E_{0}^{(+)}\right|^{2}+\frac{1}{4} T_{0}^{(1)}\left(\mathbf{E}_{0}^{(-)} \times \mathbf{E}_{0}^{(+)}\right)_{z}+\frac{1}{\sqrt{6}} T_{0}^{(2)}\left(3\left|E_{0 z}^{(+)}\right|^{2}-\left|E_{0}^{(+)}\right|^{2}\right)\right\} \tag{7.469}
\end{align*}
$$

Now using Eqs. (7.462), (7.465), and (7.467) for the irreducible tensors, we can write the shift as

$$
\begin{aligned}
\Delta E\left(F, m_{F} ; \omega\right)=- & \alpha^{(0)}(F ; \omega)\left|E_{0}^{(+)}\right|^{2}-\alpha^{(1)}(F ; \omega)\left(i \mathbf{E}_{0}^{(-)} \times \mathbf{E}_{0}^{(+)}\right)_{z} \frac{m_{F}}{F} \\
& -\alpha^{(2)}(F ; \omega) \frac{\left(3\left|E_{0 z}^{(+)}\right|^{2}-\left|E_{0}^{(+)}\right|^{2}\right)}{2}\left(\frac{3 m_{F}^{2}-F(F+1)}{F(2 F-1)}\right),
\end{aligned}
$$

where we have defined the scalar, vector, and tensor polarizabilities as

$$
\begin{align*}
& \alpha^{(0)}(F ; \omega)=\sum_{F^{\prime}} \frac{2 \omega_{F^{\prime} F}\left|\left\langle F\|\mathbf{d}\| F^{\prime}\right\rangle\right|^{2}}{3 \hbar\left(\omega_{F^{\prime} F}^{2}-\omega^{2}\right)} \\
& \alpha^{(1)}(F ; \omega)=\sum_{F^{\prime}}(-1)^{F+F^{\prime}+1} \sqrt{\frac{6 F(2 F+1)}{F+1}}\left\{\begin{array}{ccc}
1 & 1 & 1 \\
F & F & F^{\prime}
\end{array}\right\} \frac{\omega_{F^{\prime} F}\left|\left\langle F\|\mathbf{d}\| F^{\prime}\right\rangle\right|^{2}}{\hbar\left(\omega_{F^{\prime} F}^{2}-\omega^{2}\right)} \\
& \alpha^{(2)}(F ; \omega)=\sum_{F^{\prime}}(-1)^{F+F^{\prime}} \sqrt{\frac{40 F(2 F+1)(2 F-1)}{3(F+1)(2 F+3)}}\left\{\begin{array}{ccc}
1 & 1 & 2 \\
F & F & F^{\prime}
\end{array}\right\} \frac{\omega_{F^{\prime} F}\left|\left\langle F\|\mathbf{d}\| F^{\prime}\right\rangle\right|^{2}}{\hbar\left(\omega_{F^{\prime} F}^{2}-\omega^{2}\right)} \tag{7.471}
\end{align*}
$$

(scalar, vector, and tensor polarizabilities)
respectively. As in the dc case, the scalar shift causes a level-independent shift, while the tensor shift has the same quadratic dependence on $m_{F}$. The vector field causes a shift linear in $m_{F}$, which has the same form as a weak-field Zeeman shift. We will see below that the vector shift is "activated" by circular polarizations, and thus in terms of the level shift, circularly polarized light acts as an effective magnetic field. Linearly polarized light drives the tensor shift, and thus acts as an effective dc electric field.

Also as in the dc case, we have chosen the normalization of the tensor polarizability such that the maximum shift (where $\left.\mathbf{E}_{0}^{(+)}=E_{0}^{(+)} \hat{z}\right)$ for $m_{F}=F$ has the form $-\alpha^{(2)}(F ; \omega)\left|E_{0}^{(+)}\right|^{2}$. Indeed, both the scalar and tensor polarizabilities here reduce to the respective dc polarizabilities (7.362) and (7.363) in the dc limit $\omega=0$. The vector polarizability is similarly normalized such that the maximum shift for $m_{F}=F$ and $\sigma^{+}$ polarization, $E_{0}^{(+)}=\left(E_{0}^{(+)}\right)_{-1}$, has the same form $-\alpha^{(1)}(F ; \omega)\left|E_{0}^{(+)}\right|^{2}$. To see this, we can write out the field-vector cross product as

$$
\begin{align*}
\left(i \mathbf{E}_{0}^{(-)} \times \mathbf{E}_{0}^{(+)}\right)_{z} & =i \mathbf{E}_{0 x}^{(-)} \times \mathbf{E}_{0 y}^{(+)}-i \mathbf{E}_{0 y}^{(-)} \times \mathbf{E}_{0 x}^{(+)} \\
& =\frac{1}{2}\left(\mathbf{E}_{0,1}^{(-)}-\mathbf{E}_{0,-1}^{(-)}\right)\left(\mathbf{E}_{0,1}^{(-)}+\mathbf{E}_{0,-1}^{(-)}\right)-\frac{1}{2}\left(\mathbf{E}_{0,1}^{(-)}+\mathbf{E}_{0,-1}^{(-)}\right)\left(\mathbf{E}_{0,1}^{(-)}-\mathbf{E}_{0,-1}^{(-)}\right)  \tag{7.472}\\
& =\mathbf{E}_{0,1}^{(-)} \mathbf{E}_{0,-1}^{(+)}-\mathbf{E}_{0,-1}^{(-)} \mathbf{E}_{0,1}^{(+)} \\
& =\left|\mathbf{E}_{0,-1}^{(+)}\right|^{2}-\left|\mathbf{E}_{0,1}^{(+)}\right|^{2},
\end{align*}
$$

so that $\sigma^{+}\left(E_{0,-1}^{(+)}\right)$and $\sigma_{-}\left(E_{0,1}^{(+)}\right)$light lead to contributions of opposite sign.

### 7.7.3.1 Excited States

Note that these formulae also apply to the ac Stark shifts of excited states, so long as $\omega_{F^{\prime}{ }_{F}}=\omega_{F^{\prime}}-\omega_{F}$ is interpreted with the proper sign: the excited state of a two-level atom has opposite Stark shifts for the two levels, and the sign of $\omega_{F^{\prime} F}$ keeps appropriate track of this in the sum over all levels.

### 7.7.4 Example: Stark Shifts of the $F=1 \longrightarrow F^{\prime}=0$ Transition

As a simple example of the formalism we have presented so far, we will consider an $F=1 \longrightarrow F^{\prime}=0$ transition, such that the ground level has three sublevels, but there is only one excited level. We will assume the field to be sufficiently close to resonance with this transitions that other terms in the polarizability sum are negligible in comparison. In this case, we may drop the summations over $F^{\prime}$ in Eqs. (7.471) and write the polarizabilities as

$$
\begin{align*}
& \alpha^{(0)}\left(F, F^{\prime} ; \omega\right)=\frac{2 \omega_{F^{\prime} F}\left|\left\langle F\|\mathbf{d}\| F^{\prime}\right\rangle\right|^{2}}{3 \hbar\left(\omega_{F^{\prime} F}^{2}-\omega^{2}\right)} \approx-\frac{\left|\left\langle F\|\mathbf{d}\| F^{\prime}\right\rangle\right|^{2}}{3 \hbar \Delta_{F^{\prime} F}} \\
& \alpha^{(1)}\left(F, F^{\prime} ; \omega\right)=(-1)^{F+F^{\prime}+1} \sqrt{\frac{27 F(2 F+1)}{2(F+1)}}\left\{\begin{array}{ccc}
1 & 1 & 1 \\
F & F & F^{\prime}
\end{array}\right\} \alpha^{(0)}\left(F, F^{\prime} ; \omega\right) \\
& \alpha^{(2)}\left(F, F^{\prime} ; \omega\right)=(-1)^{F+F^{\prime}} \sqrt{\frac{30 F(2 F+1)(2 F-1)}{(F+1)(2 F+3)}}\left\{\begin{array}{ccc}
1 & 1 & 2 \\
F & F & F^{\prime}
\end{array}\right\} \alpha^{(0)}\left(F, F^{\prime} ; \omega\right), \tag{7.473}
\end{align*}
$$

(polarizabilities for single hyperfine transition)
where $\Delta_{F^{\prime} F}:=\omega-\omega_{F^{\prime} F}$, and we have neglected the counterrotating term in the scalar polarizability (i.e., making the rotating-wave approximation), as is consistent with the two-level approximation. Plugging in $F=1, F^{\prime}=0$, we can write the vector and tensor polarizabilities for this example as

$$
\begin{align*}
& \alpha^{(1)}\left(F, F^{\prime} ; \omega\right)=\frac{3}{2} \alpha^{(0)}\left(F, F^{\prime} ; \omega\right)  \tag{7.474}\\
& \alpha^{(2)}\left(F, F^{\prime} ; \omega\right)=-\alpha^{(0)}\left(F, F^{\prime} ; \omega\right),
\end{align*}
$$

and thus the ac Stark shift (7.473) becomes

$$
\begin{align*}
\Delta E\left(F=1, m_{F} ; \omega\right)=-\alpha^{(0)}\left(F=1, F^{\prime}=0 ; \omega\right)\left\{\left|E_{0}^{(+)}\right|^{2}\right. & +\frac{3}{2}\left(i \mathbf{E}_{0}^{(-)} \times \mathbf{E}_{0}^{(+)}\right)_{z} m_{F} \\
& \left.-\left(3\left|E_{0 z}^{(+)}\right|^{2}-\left|E_{0}^{(+)}\right|^{2}\right)\left(\frac{3}{2} m_{F}^{2}-1\right)\right\} \\
=-\alpha^{(0)}\left(F=1, F^{\prime}=0 ; \omega\right)\left\{\left|E_{0}^{(+)}\right|^{2}\right. & +\frac{3}{2}\left(\left|E_{0,-1}^{(+)}\right|^{2}-\left|E_{0,1}^{(+)}\right|^{2}\right) m_{F}  \tag{7.475}\\
& \left.-\left(3\left|E_{0 z}^{(+)}\right|^{2}-\left|E_{0}^{(+)}\right|^{2}\right)\left(\frac{3}{2} m_{F}^{2}-1\right)\right\}
\end{align*}
$$

where we have explicitly written the dependence on the three spherical components in the last expression. For circularly polarized light, say $\sigma^{+}$light, with $E_{0,-1}^{(+)}=E_{0}^{(+)}$, this expression reduces to

$$
\begin{equation*}
\Delta E\left(F=1, m_{F} ; \omega\right)=-3 \alpha^{(0)}\left(F=1, F^{\prime}=0 ; \omega\right)\left|E_{0}^{(+)}\right|^{2}\left\{\frac{m_{F}\left(m_{F}+1\right)}{2}\right\} \tag{7.476}
\end{equation*}
$$

Note that this shift is zero unless $m_{F}=-1$, where the bracketed expression is unity, which is consistent with our expectation from noting that the $m_{F}=-1$ state is the only state coupled to the excited state by $\sigma^{+}$-polarized light.


For linearly $(\pi)$ polarized light, where $E_{0 z}^{(+)}=E_{0}^{(+)}$, the ac Stark shift (7.475) becomes

$$
\begin{equation*}
\Delta E\left(F=1, m_{F} ; \omega\right)=-3 \alpha^{(0)}\left(F=1, F^{\prime}=0 ; \omega\right)\left|E_{0}^{(+)}\right|^{2}\left\{1-m_{F}^{2}\right\} \tag{7.477}
\end{equation*}
$$

which vanishes unless $m_{F}=0$, when the bracketed factor is again unity. This is again in accordance with our expectation that the only level coupled to the excited level by the $\pi$-polarized light is Stark shifted.


Note that the magnitudes of the Stark shifts in both cases are the same, which is a consequence of the simple level structure of this transition.

### 7.7.5 Polarizability Tensor Revisited

As in the dc case, the expression (7.470) for the ac Stark shift allows us to write down an effective Hamiltonian for the ac Stark shift:

$$
\begin{aligned}
& H_{\text {Stark }}(F ; \omega)=-\alpha^{(0)}(F ; \omega)\left|E_{0}^{(+)}\right|^{2}-\alpha^{(1)}(F ; \omega)\left(i \mathbf{E}_{0}^{(-)} \times \mathbf{E}_{0}^{(+)}\right)_{z} \frac{F_{z}}{F} \\
&-\alpha^{(2)}(F ; \omega) \frac{\left(3\left|E_{0 z}^{(+)}\right|^{2}-\left|E_{0}^{(+)}\right|^{2}\right)}{2}\left(\frac{3 F_{z}^{2}-\mathbf{F}^{2}}{F(2 F-1)}\right)
\end{aligned}
$$

> (effective ac Stark Hamiltonian)

Here, $F_{z}$ and $\mathbf{F}^{2}$ are the operators, an obviously this Hamiltonian applies to a single hyperfine level, where we have defined the polarizabilities as in (7.471), and the energy shift for the level $\left|F m_{F}\right\rangle$ is given by the expectation value of the effective Hamiltonian,

$$
\begin{equation*}
\Delta E_{\left|F m_{F}\right\rangle}(\omega)=\left\langle F m_{F}\right| H_{\text {Stark }}(F ; \omega)\left|F m_{F}\right\rangle \tag{7.479}
\end{equation*}
$$

(shift in terms of effective Hamiltonian)
Another, basis-independent way to write the Stark shift comes about if we define the tensor polarizability operator ${ }^{42}$

$$
\alpha_{\mu \nu}(F ; \omega)=\alpha^{(0)}(F ; \omega) \delta_{\mu \nu}+\alpha^{(1)}(F ; \omega) i \epsilon_{\sigma \mu \nu} \frac{F_{\sigma}}{F}+\alpha^{(2)}(F ; \omega) \frac{3}{F(2 F-1)}\left[\frac{1}{2}\left(F_{\mu} F_{\nu}+F_{\nu} F_{\mu}\right)-\frac{1}{3} \mathbf{F}^{2} \delta_{\mu \nu}\right]
$$

(tensor polarizability operator) (7.480)
such that the effective Hamiltonian (7.478) becomes

$$
\begin{equation*}
H_{\mathrm{Stark}}(F ; \omega)=-\alpha_{\mu \nu}(F ; \omega) E_{0 \mu}^{(-)} E_{0 \nu}^{(+)} \tag{7.481}
\end{equation*}
$$

(effective ac Stark Hamiltonian)
Note that the operator parts of the polarizability in terms of $\mathbf{F}$ are the scalar, vector, and tensor reductions of FF; when computing the expectation value with respect to the $\left|F m_{F}\right\rangle$ state, the Wigner-Eckart theorem guarantees that only the $q=0$ spherical-tensor components are projected out, in agreement with the basisdependent expression (7.478).

### 7.7.6 Large Detuning

A crucial aspect of the ac polarizabilities lies in the relative detunings of the optical field with respect to the relevant atomic transitions. In particular, depending on the detunings involved, cancellations may occur. To see examples of this, we can take the polarizabilities (7.471) and factor the reduced matrix elements based on the decoupling rule (7.273):

$$
\begin{align*}
& \alpha^{(0)}(F ; \omega)=\sum_{F^{\prime}} \frac{2 \omega_{F^{\prime} F}\left|\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle\right|^{2}}{3 \hbar\left(\omega_{F^{\prime} F}^{2}-\omega^{2}\right)}\left(2 F^{\prime}+1\right)(2 J+1)\left\{\begin{array}{ccc}
J & J^{\prime} & 1 \\
F^{\prime} & F & I
\end{array}\right\}^{2} \\
& \alpha^{(1)}(F ; \omega)=\sum_{F^{\prime}}(-1)^{F+F^{\prime}+1} \sqrt{\frac{6 F(2 F+1)}{F+1}}\left\{\begin{array}{ccc}
1 & 1 & 1 \\
F & F & F^{\prime}
\end{array}\right\} \frac{\omega_{F^{\prime} F}\left|\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle\right|^{2}}{\hbar\left(\omega_{F^{\prime} F}^{2}-\omega^{2}\right)} \\
& \times\left(2 F^{\prime}+1\right)(2 J+1)\left\{\begin{array}{ccc}
J & J^{\prime} & 1 \\
F^{\prime} & F & I
\end{array}\right\}^{2}  \tag{7.482}\\
& \alpha^{(2)}(F ; \omega)=\sum_{F^{\prime}}(-1)^{F+F^{\prime}} \sqrt{\frac{40 F(2 F+1)(2 F-1)}{3(F+1)(2 F+3)}}\left\{\begin{array}{ccc}
1 & 1 & 2 \\
F & F & F^{\prime}
\end{array}\right\} \frac{\omega_{F^{\prime} F}\left|\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle\right|^{2}}{\hbar\left(\omega_{F^{\prime} F}^{2}-\omega^{2}\right)} \\
& \times\left(2 F^{\prime}+1\right)(2 J+1)\left\{\begin{array}{ccc}
J & J^{\prime} & 1 \\
F^{\prime} & F & I
\end{array}\right\}^{2} .
\end{align*}
$$

In the limit of large detunings compared to the hyperfine splittings, we can use $\omega_{F^{\prime} F} \approx \omega_{J^{\prime} J}$, so that the only dependence on $F^{\prime}$ in the sums is in the sign and the $6-j$ symbols. We can then use the orthogonality relation (7.82) in the scalar case and the Biedenharn-Elliott sum rule (7.102) in the form (7.367) for the vector and

[^133]tensor cases, with the somewhat simpler result
\[

$$
\begin{aligned}
& \alpha^{(0)}(F ; \omega) \approx \sum_{J^{\prime}} \frac{2 \omega_{J^{\prime} J}\left|\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle\right|^{2}}{3 \hbar\left(\omega_{J^{\prime} J}^{2}-\omega^{2}\right)} \\
& \alpha^{(1)}(F ; \omega) \approx \sum_{J^{\prime}}(-1)^{-2 J-J^{\prime}-F-I+1} \sqrt{\frac{6 F(2 F+1)}{F+1}}(2 J+1) \frac{\omega_{J^{\prime} J}\left|\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle\right|^{2}}{\hbar\left(\omega_{J^{\prime} J}^{2}-\omega^{2}\right)}\left\{\begin{array}{ccc}
1 & 1 & 1 \\
J & J & J^{\prime}
\end{array}\right\}\left\{\begin{array}{ccc}
J & J & 1 \\
F & F & I
\end{array}\right\} \\
& \alpha^{(2)}(F ; \omega) \approx \sum_{J^{\prime}}(-1)^{-2 J-J^{\prime}-F-I} \sqrt{\frac{40 F(2 F+1)(2 F-1)}{3(F+1)(2 F+3)}}(2 J+1) \frac{\omega_{J^{\prime} J}\left|\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle\right|^{2}}{\hbar\left(\omega_{J^{\prime} J}^{2}-\omega^{2}\right)} \\
& \times\left\{\begin{array}{ccc}
1 & 1 & 2 \\
J & J & J^{\prime}
\end{array}\right\}\left\{\begin{array}{ccc}
J & J & 2 \\
F & F & I
\end{array}\right\}
\end{aligned}
$$
\]

(far-detuned polarizabilities) (7.483)
Thus, as in the dc case, the hyperfine polarizabilities may be expressed for large detunings directly in terms of the fine-structure dipole matrix elements.

### 7.7.6.1 Effective Dipole Moment

Returning to the ac Stark shift (7.470), the scalar part is

$$
\begin{equation*}
\Delta E^{(0)}\left(F, m_{F} ; \omega\right)=-\alpha^{(0)}(F ; \omega)\left|E_{0}^{(+)}\right|^{2} \tag{7.484}
\end{equation*}
$$

For detunings large compared to the hyperfine splitting, we can use Eq. (7.483) for the scalar shift so that

$$
\begin{equation*}
\Delta E^{(0)}\left(F, m_{F} ; \omega\right)=-\sum_{J^{\prime}} \frac{2 \omega_{J^{\prime} J}\left|\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle\right|^{2}}{3 \hbar\left(\omega_{J^{\prime} J}^{2}-\omega^{2}\right)}\left|E_{0}^{(+)}\right|^{2} \tag{7.485}
\end{equation*}
$$

Suppose that although the detuning is large compared to the hyperfine splitting, only one fine-structure level $J^{\prime}$ is dominantly resonant. Then we can keep only one term in the sum and make the rotating-wave approximation via $\omega_{J^{\prime} J}^{2}-\omega^{2} \approx 2 \omega_{J^{\prime} J}\left(\omega_{J^{\prime} J}-\omega\right)$ :

$$
\begin{equation*}
\Delta E^{(0)}\left(F, m_{F} ; \omega\right)=\frac{\left|\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle\right|^{2}}{3 \hbar \Delta_{J^{\prime} J}}\left|E_{0}^{(+)}\right|^{2} \tag{7.486}
\end{equation*}
$$

Again, $\Delta_{J^{\prime} J}:=\omega-\omega_{J^{\prime} J}$ is the detuning of the optical field from the atomic transition. Comparing (7.485) to the ground-state Stark shift from the two-level atom from Section 5.8, Eq. (5.415),

$$
\begin{equation*}
\Delta E=\frac{\hbar|\Omega|^{2}}{4 \Delta} \tag{7.487}
\end{equation*}
$$

where $\Omega$ is the local Rabi frequency

$$
\begin{equation*}
\Omega:=-\frac{2\langle\mathrm{~g}| \hat{\varepsilon} \cdot \mathbf{d}|\mathrm{e}\rangle E_{0}^{(+)}}{\hbar} \tag{7.488}
\end{equation*}
$$

we see that the expressions are equivalent provided we identify

$$
\begin{equation*}
|\langle\mathrm{g}| \hat{\varepsilon} \cdot \mathbf{d}| \mathrm{e}\rangle\left.\right|^{2}=\frac{\left|\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle\right|^{2}}{3} \tag{7.489}
\end{equation*}
$$

or simply

$$
\begin{equation*}
\langle\mathrm{g}| \hat{\varepsilon} \cdot \mathbf{d}|\mathrm{e}\rangle=\frac{\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle}{\sqrt{3}} \tag{7.490}
\end{equation*}
$$

(effective dipole moment, large detuning)
The interpretation here is that the field interacts directly with the fine-structure transition if the hyperfine shifts are negligible. The factor of $1 / 3$ simply comes from representing the dipole as $\mathbf{d}^{2}=d_{x}^{2}+d_{y}^{2}+d_{z}^{2}=3 d_{z}^{2}$ if the atom is spherically symmetric. Since the polarization vector $\hat{\varepsilon}$ picks out a particular direction, the field interacts with only one of three possible components of the dipole operator, and thus the factor $1 / 3$. Of
course, the scalar polarizability only represents the average behavior for the transition, ignoring any vector or tensor (and thus $m_{F}$-dependent) shifts. However, as we will see below, the vector and tensor shifts disappear anyway in some important cases for large detunings. In any case, it is best to regard this effective matrix element as being for linearly polarized light, where there is no approximation in neglecting the vector shift.

In this case, the saturation intensity is defined as usual by

$$
\begin{equation*}
\frac{I}{I_{\mathrm{sat}}}=\frac{2 \Omega^{2}}{\Gamma^{2}} \tag{7.491}
\end{equation*}
$$

with $I=2 \epsilon_{0} c\left|E_{0}^{(+)}\right|^{2}$ [Eq. (1.68)], and $\Omega$ from Eq. (7.488), so that we have

$$
I_{\mathrm{sat}}=\frac{3 c \epsilon_{0} \Gamma^{2} \hbar^{2}}{4\left|\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle\right|^{2}}
$$

(saturation intensity, linear polarization, far detuned) (7.492) for the far-detuned saturation intensity of the fine-structure transition (without a hyperfine-resolved excited level).

For the shifts where the atom-field interaction is dominated by one hyperfine transition, we can instead compare Eq. (7.482) to the two-level atom, so that the effective dipole moment is

$$
\begin{equation*}
|\langle\mathrm{g}| \hat{\varepsilon} \cdot \mathbf{d}| \mathrm{e}\rangle\left.\right|^{2}=\frac{\left|\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle\right|^{2}}{3} S_{F F^{\prime}} \tag{7.493}
\end{equation*}
$$

(hyperfine effective dipole moment)
where the hyperfine transition-strength factor is

$$
S_{F F^{\prime}}:=\left(2 F^{\prime}+1\right)(2 J+1)\left\{\begin{array}{ccc}
J & J^{\prime} & 1  \tag{7.494}\\
F^{\prime} & F & I
\end{array}\right\}^{2}
$$

(hyperfine relative transition strength)
Or, including the proper sign from Eq. (7.273),

$$
\begin{equation*}
\langle\mathrm{g}| \hat{\varepsilon} \cdot \mathbf{d}|\mathrm{e}\rangle=(-1)^{F^{\prime}+J+1+I} \frac{\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle}{\sqrt{3}} \sqrt{S_{F F^{\prime}}} \tag{7.495}
\end{equation*}
$$

(hyperfine effective dipole moment)
From the orthogonality relation (7.82), we have

$$
\begin{equation*}
\sum_{F^{\prime}} S_{F F^{\prime}}=1 \tag{7.496}
\end{equation*}
$$

Thus, the factor $S_{F F^{\prime}}$ acts as a "relative oscillator strength" for the hyperfine transitions in a particular finestructure line. Again, except in certain special cases, this effective dipole moment only captures orientationaveraged behavior, as for example happens with excitation by isotropic light.

### 7.7.6.2 Alkali Ground States

The expressions above are still rather complicated, so we can get a bit more insight by considering the specific case of the ground state of alkali atoms, where $L=0$ and $J=1 / 2$. Using the $6-j$ symbols

$$
\begin{align*}
\left\{\begin{array}{ccc}
1 & 1 & 2 \\
1 / 2 & 1 / 2 & J^{\prime}
\end{array}\right\} & =0 \\
\left\{\begin{array}{ccc}
1 & 1 & 2 \\
1 / 2 & 1 / 2 & J^{\prime}
\end{array}\right\} & =-\frac{2}{3(2 J+1)}  \tag{7.497}\\
\left\{\begin{array}{ccc}
J & J & 1 \\
F & F & I
\end{array}\right\} & =(-1)^{-(F+I+J+1)} \frac{F(F+1)-I(I+1)+J(J+1)}{2 \sqrt{F(F+1)(2 F+1) J(J+1)(2 J+1)}},
\end{align*}
$$

the ground-state polarizabilities become

$$
\begin{align*}
& \alpha^{(0)}(F ; \omega) \approx \sum_{J^{\prime}} \frac{2 \omega_{J^{\prime} J}\left|\left\langle J=1 / 2\|\mathbf{d}\| J^{\prime}\right\rangle\right|^{2}}{3 \hbar\left(\omega_{J^{\prime} J}^{2}-\omega^{2}\right)} \\
& \alpha^{(1)}(F ; \omega) \\
& \alpha^{(2)}(F ; \omega)  \tag{7.498}\\
& \sum_{J^{\prime}}(-1)^{J^{\prime}+3 / 2} \sqrt{\frac{6}{J(J+1)(2 J+1)}} F g_{F} \alpha^{(0)}(F ; \omega)
\end{align*}
$$

(far-detuned polarizabilities)
Here, we have used Eq. (7.311) for the Landé $g_{F}$ factor

$$
\begin{equation*}
g_{F} \approx g_{J} \frac{F(F+1)-I(I+1)+J(J+1)}{2 F(F+1)}, \tag{7.499}
\end{equation*}
$$

ignoring the term proportional to $g_{I}$. Thus, in the regime of large detuning compared to the excited-state hyperfine splitting - when the excited states are effectively degenerate - the tensor component of the groundstate polarizability vanishes. We expect this from the dc case (corresponding to $\omega=0$ here), where the tensor polarizability vanished for $J=0$ or $J=1 / 2$. Note, however, that the vector polarizability remains in this regime.

In the yet-farther-detuned regime, where the two excited fine-structure states $J^{\prime}=1 / 2,3 / 2$ are effectively degenerate, the two terms in the vector polarizability become $-2 F g_{F} \alpha^{(0)}(F ; \omega)$ for $J^{\prime}=1 / 2$ and $2 F g_{F} \alpha^{(0)}(F ; \omega)$ for $J^{\prime}=3 / 2$. These two contributions cancel, and thus in this regime

$$
\begin{equation*}
\alpha^{(1)}(F ; \omega) \approx 0 \tag{7.500}
\end{equation*}
$$

(far-detuned vector polarizability)
Again, we also expected this for the dc case, where the vector polarizability vanished for any atomic configuration. (This is because the dc field must be real, and thus the $\sigma^{ \pm}$components must always be present with equal weight.) For the alkali-atom ground state, in the regime of far detuning compared to the fine-structure aplitting, the shift is purely scalar.

### 7.8 Atomic Master Equation

### 7.8.1 Fine Structure

To consider a fine structure transition $\left|J_{\mathrm{g}}\right\rangle \longrightarrow\left|J_{\mathrm{e}}\right\rangle$, we will of course need to consider all possible transitions between sublevels $\left|J_{\mathrm{g}} m_{\mathrm{g}}\right\rangle \longrightarrow\left|J_{\mathrm{e}} m_{\mathrm{e}}\right\rangle$. We showed in Section (7.3.7.4) that the decay rate (7.296) of a fine-structure transition is

$$
\begin{equation*}
\Gamma=\frac{\omega_{0}^{3}}{3 \pi \epsilon_{0} \hbar c^{3}} \frac{2 J_{\mathrm{g}}+1}{2 J_{\mathrm{e}}+1}\left|\left\langle J_{\mathrm{g}}\|\mathbf{d}\| J_{\mathrm{e}}\right\rangle\right|^{2} \tag{7.501}
\end{equation*}
$$

while the rate for the $\left|J_{\mathrm{e}} m_{\mathrm{e}}\right\rangle \longrightarrow\left|J_{\mathrm{g}} m_{\mathrm{g}}\right\rangle$ decay process is [Eq. (11.32)]

$$
\begin{equation*}
\left.\Gamma_{m_{\mathrm{g}}, m_{\mathrm{e}}}=\frac{\omega_{0}^{3}}{3 \pi \epsilon_{0} \hbar c^{3}}\left|\left\langle J_{\mathrm{g}} m_{\mathrm{g}}\right| \mathbf{d}\right| J_{\mathrm{e}} m_{\mathrm{e}}\right\rangle\left.\right|^{2}, \tag{7.502}
\end{equation*}
$$

which using the Wigner-Eckart theorem (7.241) gives

$$
\begin{equation*}
\Gamma_{m_{\mathrm{g}}, m_{\mathrm{e}}}=\left|\left\langle J_{\mathrm{e}} m_{\mathrm{e}} \mid J_{\mathrm{g}} m_{\mathrm{g}} ; 1\left(m_{\mathrm{e}}-m_{\mathrm{g}}\right)\right\rangle\right|^{2} \Gamma \tag{7.503}
\end{equation*}
$$

However, note that any decay corresponding to emission into polarization $q$ is indistinguishable as far as measurement of the radiated field is concerned. Thus, amplitudes for such decays should be added together, while decay rates for decays of different polarization should be added together. We have already concluded
this from our above discussion of the spontaneous decay, where in particular from Eq. (7.441) we may conclude that the rate at which photons are scattered is

$$
\begin{equation*}
R_{\mathrm{sc}}=\Gamma\left(\frac{2 J_{\mathrm{e}}+1}{2 J_{\mathrm{g}}+1}\right) \sum_{q}\left\langle\Sigma_{q}^{\dagger} \Sigma_{q}\right\rangle \tag{7.504}
\end{equation*}
$$

This expression has precisely the form we want. The master equation that properly accomplishes this decay along with the appropriate Hamiltonian evolution is

$$
\begin{equation*}
\partial_{t} \tilde{\rho}=-\frac{i}{\hbar}\left[\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}, \tilde{\rho}\right]+\Gamma\left(\frac{2 J_{\mathrm{e}}+1}{2 J_{\mathrm{g}}+1}\right) \sum_{q} \mathcal{D}\left[\Sigma_{q}\right] \tilde{\rho} \tag{7.505}
\end{equation*}
$$

(master equation, fine-structure transition)
where $\tilde{H}_{\mathrm{A}}$ is defined in Eq. (7.381), where $\tilde{H}_{\mathrm{AF}}$ is defined in Eq. (7.399), $\Sigma_{q}$ is defined in Eq. (7.388) as

$$
\begin{equation*}
\Sigma_{q}=\sum_{m_{\mathrm{g}} m_{\mathrm{e}}}\left\langle J_{\mathrm{g}} m_{\mathrm{g}} \mid J_{\mathrm{e}} m_{\mathrm{e}} ; 1 q\right\rangle\left|J_{\mathrm{g}} m_{\mathrm{g}}\right\rangle\left\langle J_{\mathrm{e}} m_{\mathrm{e}}\right| \tag{7.506}
\end{equation*}
$$

and $\Gamma$ is the total decay rate of any excited sublevel. To verify the action of the decay term here, consider the evolution of the matrix elements $\tilde{\rho}_{\alpha m_{\alpha}, \beta m_{\beta}} \equiv\left\langle J_{\alpha} m_{\alpha}\right| \tilde{\rho}\left|J_{\beta} m_{\beta}\right\rangle$ due only to the decay term:

$$
\begin{align*}
& \partial_{t} \tilde{\rho}_{\alpha} m_{\alpha}, \beta m_{\beta} \\
& \begin{aligned}
&= \Gamma\left(\frac{2 J_{\mathrm{e}}+1}{2 J_{\mathrm{g}}+1}\right) \sum_{q}\left\langle J_{\alpha} m_{\alpha}\right|\left(\Sigma_{q} \tilde{\rho} \Sigma_{q}^{\dagger}-\frac{1}{2} \Sigma_{q}^{\dagger} \Sigma_{q} \tilde{\rho}-\frac{1}{2} \tilde{\rho} \Sigma_{q}^{\dagger} \Sigma_{q}\right)\left|J_{\beta} m_{\beta}\right\rangle \\
&= \Gamma\left(\frac{2 J_{\mathrm{e}}+1}{2 J_{\mathrm{g}}+1}\right)\left[\sum_{q} \delta_{\alpha \mathrm{g}} \delta_{\mathrm{g} \beta}\left\langle J_{\mathrm{g}} m_{\alpha} \mid J_{\mathrm{e}}\left(m_{\alpha}-q\right) ; 1 q\right\rangle\left\langle J_{\mathrm{g}} m_{\beta} \mid J_{\mathrm{e}}\left(m_{\beta}-q\right) ; 1 q\right\rangle \tilde{\rho}_{J_{\mathrm{e}},\left(m_{\alpha}-q\right) ; J_{\mathrm{e}},\left(m_{\beta}-q\right)}\right. \\
&\left.\quad-\frac{1}{2} \delta_{\alpha \mathrm{e}}\left(\frac{2 J_{\mathrm{g}}+1}{2 J_{\mathrm{e}}+1}\right) \tilde{\rho}_{J_{\mathrm{e}}, m_{\alpha} ; J_{\beta}, m_{\beta}}-\frac{1}{2} \delta_{\mathrm{e} \beta}\left(\frac{2 J_{\mathrm{g}}+1}{2 J_{\mathrm{e}}+1}\right) \tilde{\rho}_{J_{\alpha}, m_{\alpha} ; J_{\mathrm{e}}, m_{\beta}}\right] \\
&=\Gamma\left[\sum_{q} \delta_{\alpha \mathrm{g}} \delta_{\beta \mathrm{g}}\left\langle J_{\mathrm{e}}\left(m_{\alpha}+q\right) \mid J_{\mathrm{g}} m_{\alpha} ; 1 q\right\rangle\left\langle J_{\mathrm{e}}\left(m_{\beta}+q\right) \mid J_{\mathrm{g}} m_{\beta} ; 1 q\right\rangle \tilde{\rho}_{J_{\mathrm{e}},\left(m_{\alpha}+q\right) ; J_{\mathrm{e}},\left(m_{\beta}+q\right)}\right. \\
&\left.\quad-\frac{1}{2}\left(\delta_{\alpha \mathrm{e}} \delta_{\mathrm{g} \beta}\right) \tilde{\rho}_{J_{\mathrm{e}}, m_{\alpha} ; J_{\mathrm{g}}, m_{\beta}}-\frac{1}{2}\left(\delta_{\alpha \mathrm{g}} \delta_{\mathrm{e} \beta}\right) \tilde{\rho}_{J_{\mathrm{g}}, m_{\alpha} ; J_{\mathrm{e}}, m_{\beta}}-\left(\delta_{\alpha \mathrm{e}} \delta_{\mathrm{e} \beta}\right) \tilde{\rho}_{J_{\mathrm{e}}, m_{\alpha} ; J_{\mathrm{e}}, m_{\beta}}\right] .
\end{aligned}
\end{align*}
$$

Thus, we can see that the excited-state populations (and coherences) decay at rate $\Gamma$, excited-ground coherences decay at rate $\Gamma / 2$, and ground-state populations (and coherences) increase according to the decay of the excited states and the branching factors (Clebsch-Gordan coefficients) into each state. Working out the similar terms for Hamiltonian evolution is relatively straightforward, and thus we can write out the evolution
equations for the density matrix elements according to the master equation (7.505) as

$$
\left.\begin{array}{rl}
\frac{\partial}{\partial t} \tilde{\rho}_{\alpha m_{\alpha}, \beta m_{\beta}}=-\frac{i}{2}\left[\delta_{\alpha \mathrm{e}}\right. & \sum_{m_{\mathrm{g}}} \Omega\left(m_{\mathrm{g}}, m_{\alpha}\right) \tilde{\rho}_{\mathrm{g}} m_{\mathrm{g}}, \beta m_{\beta}-\delta_{\mathrm{g} \beta} \sum_{m_{\mathrm{e}}} \Omega\left(m_{\beta}, m_{\mathrm{e}}\right) \tilde{\rho}_{\alpha m_{\alpha}, \mathrm{e} m_{\mathrm{e}}} \\
& \left.+\delta_{\alpha \mathrm{g}} \sum_{m_{\mathrm{e}}} \Omega^{*}\left(m_{\alpha}, m_{\mathrm{e}}\right) \tilde{\rho}_{\mathrm{e} m_{\mathrm{e}}, \beta m_{\beta}}-\delta_{\mathrm{e} \beta} \sum_{m_{\mathrm{g}}} \Omega^{*}\left(m_{\mathrm{g}}, m_{\beta}\right) \tilde{\rho}_{\alpha m_{\alpha}, \mathrm{g} m_{\mathrm{g}}}\right] \\
& -\delta_{\alpha \mathrm{e}} \delta_{\mathrm{e} \beta} \Gamma \tilde{\rho}_{\alpha m_{\alpha}, \beta m_{\beta}} \\
& -\delta_{\alpha \mathrm{e}} \delta_{\mathrm{g} \beta} \frac{\Gamma}{2} \tilde{\rho}_{\alpha m_{\alpha}, \beta m_{\beta}} \\
& -\delta_{\alpha \mathrm{g}} \delta_{\mathrm{e} \beta} \frac{\Gamma}{2} \tilde{\rho}_{\alpha m_{\alpha}, \beta m_{\beta}} \\
& +\delta_{\alpha \mathrm{g}} \delta_{\mathrm{g} \beta} \Gamma \sum_{q=-1}^{1}\left[\tilde{\rho}_{\mathrm{e}( }\left(m_{\alpha}+q\right), \mathrm{e}\left(m_{\beta}+q\right)\right.
\end{array}\right\} \text { (pump field) }
$$

(master equation, fine-structure transition)
The Rabi frequencies $\Omega\left(m_{\mathrm{g}}, m_{\mathrm{e}}\right)$ here were defined before in Eq. (7.400) by

$$
\begin{equation*}
\Omega\left(m_{\mathrm{g}}, m_{\mathrm{e}}\right):=\left\langle J_{\mathrm{g}} m_{\mathrm{g}} \mid J_{\mathrm{e}} m_{\mathrm{e}} ; 1-\left(m_{\mathrm{e}}-m_{\mathrm{g}}\right)\right\rangle \Omega_{-\left(m_{\mathrm{e}}-m_{\mathrm{g}}\right)} \tag{7.509}
\end{equation*}
$$

The form here is rather complicated but is suited for numerical computations.

### 7.8.2 Hyperfine Structure

For an atom with hyperfine structure, the interaction still occurs between the atom and the atomic dipole, and thus the master equation still has exactly the same form as for fine structure:

$$
\begin{equation*}
\partial_{t} \tilde{\rho}=-\frac{i}{\hbar}\left[\tilde{H}_{\mathrm{A}}+\tilde{H}_{\mathrm{AF}}, \tilde{\rho}\right]+\Gamma\left(\frac{2 J_{\mathrm{e}}+1}{2 J_{\mathrm{g}}+1}\right) \sum_{q} \mathcal{D}\left[\Sigma_{q}\right] \tilde{\rho} \tag{7.510}
\end{equation*}
$$

(master equation, fine-structure transition)
However, the dipole-related symbols here must be interpreted in terms of hyperfine structure. The atomic Hamiltonian is given in the rotating frame by shifting the center of gravity of the excited state down by $\hbar \omega$, where $\omega$ is the laser frequency, combined with the hyperfine energy shifts expressed in Eq. (7.134) in the hyperfine basis,

$$
\begin{align*}
\Delta E_{\mathrm{hfs}}(J, I, F) & =\frac{1}{2} A_{\mathrm{hfs}} K+B_{\mathrm{hfs}} \frac{\frac{3}{2} K(K+1)-2 I(I+1) J(J+1)}{4 I(2 I-1) J(2 J-1)} \\
& +C_{\mathrm{hfs}} \frac{5 K^{2}(K / 4+1)+K[I(I+1)+J(J+1)+3]-3 I(I+1) J(J+1)-5 I(I+1) J(J+1)}{I(I-1)(2 I-1) J(J-1)(2 J-1)} \tag{7.511}
\end{align*}
$$

so that for a single fine-structure transition,

$$
\begin{align*}
& \tilde{H}_{\mathrm{A}}=\sum_{F_{\mathrm{e}} m_{\mathrm{e}}}\left[\Delta E_{\mathrm{hfs}}\left(J_{\mathrm{e}}, I, F_{\mathrm{e}}\right)-\hbar \Delta\right]\left|J_{\mathrm{e}}, I ; F_{\mathrm{e}} m_{\mathrm{e}}\right\rangle\left\langle J_{\mathrm{e}}, I ; F_{\mathrm{e}} m_{\mathrm{e}}\right|  \tag{7.512}\\
&+\sum_{F_{\mathrm{g}} m_{\mathrm{g}}} \Delta E_{\mathrm{hfs}}\left(J_{\mathrm{g}}, I, F_{\mathrm{g}}\right)\left|J_{\mathrm{g}}, I ; F_{\mathrm{g}} m_{\mathrm{g}}\right\rangle\left\langle J_{\mathrm{g}}, I ; F_{\mathrm{g}} m_{\mathrm{g}}\right|
\end{align*}
$$

where as usual $\Delta:=\omega-\omega_{0}$, but now $\omega_{0}$ is the transition frequency for the transition center of gravity (i.e., corresponding to the energy difference in the absence of the hyperfine interaction). The atom-field interaction Hamiltonian in the rotating frame is given in Eq. (7.412) by

$$
\begin{equation*}
\tilde{H}_{\mathrm{AF}}=\frac{\hbar}{2} \sum_{q}\left[\Omega_{q}^{*} \Sigma_{q}+\Omega_{q} \Sigma_{q}^{\dagger}\right] \tag{7.513}
\end{equation*}
$$

where the lowering operator from Eq. (7.407) is

$$
\begin{align*}
\Sigma_{q} & =\sum_{F_{\mathrm{g}} m_{\mathrm{g}} F_{\mathrm{e}} m_{\mathrm{e}}}(-1)^{F_{\mathrm{e}}+J_{\mathrm{g}}+1+I} \sqrt{\left(2 F_{\mathrm{e}}+1\right)\left(2 J_{\mathrm{g}}+1\right)}\left\langle F_{\mathrm{g}} m_{\mathrm{g}} \mid F_{\mathrm{e}} m_{\mathrm{e}} ; 1 q\right\rangle\left\{\begin{array}{ccc}
J_{\mathrm{e}} & J_{\mathrm{g}} & 1 \\
F_{\mathrm{g}} & F_{\mathrm{e}} & I
\end{array}\right\}\left|F_{\mathrm{g}} m_{\mathrm{g}}\right\rangle\left\langle F_{\mathrm{e}} m_{\mathrm{e}}\right| \\
& =\sum_{F_{\mathrm{g}} m_{\mathrm{g}} F_{\mathrm{e}} m_{\mathrm{e}}}(-1)^{F_{\mathrm{e}}+J_{\mathrm{g}}+1+I} \sqrt{S_{F_{\mathrm{g}} F_{\mathrm{e}}}}\left\langle F_{\mathrm{g}} m_{\mathrm{g}} \mid F_{\mathrm{e}} m_{\mathrm{e}} ; 1 q\right\rangle\left|F_{\mathrm{g}} m_{\mathrm{g}}\right\rangle\left\langle F_{\mathrm{e}} m_{\mathrm{e}}\right| \tag{7.514}
\end{align*}
$$

where $S_{F_{\mathrm{g}} F_{\mathrm{e}}}$ is defined by Eq. (7.494), and the vector Rabi frequency is given in Eq. (7.394) by

$$
\begin{equation*}
\Omega_{q}=-\frac{2\left\langle J_{\mathrm{g}}\|\mathbf{d}\| J_{\mathrm{e}}\right\rangle E_{0 q}^{(+)}}{\hbar} \tag{7.515}
\end{equation*}
$$

for a field of the form [cf. Eq. (7.190)]

$$
\begin{equation*}
\mathbf{E}(t)=\sum_{q}(-1)^{q} \hat{\mathrm{e}}_{-q} E_{0 q}^{(+)} e^{i \omega t}+\text { c.c. } \tag{7.516}
\end{equation*}
$$

Often, it is most useful to consider the interaction of multiple fields with hyperfine transitions (as in laser cooling of alkali atoms). From Eq. (7.397) we can get the time-dependent form of the interaction Hamiltonian for an additional "probe" field of frequency $\omega_{\mathrm{p}}$ and transform to the rotating frame by shifting the frequency by $\omega$, obtaining

$$
\begin{equation*}
H_{\mathrm{AF}}^{\prime}=\frac{\hbar}{2} \sum_{q}\left[\Omega_{q}^{*} \Sigma_{q} e^{i \Delta_{\mathrm{p}} t}+\Omega_{q} \Sigma_{q}^{\dagger} e^{-i \Delta_{\mathrm{p}} t}\right] \tag{7.517}
\end{equation*}
$$

where $\Delta_{\mathrm{p}}=\omega_{\mathrm{p}}-\omega$ is the detuning of the probe field from the main ("pump") field. Of course, as many extra fields as necessary may be added in this way.

### 7.8.3 Rate-Equation Limit

In certain cases, the atom-field master equation (optical Bloch equations) including Zeeman degeneracy may be excessively difficult to solve. This happens, for example, when the detuning from a fine-structure level, or with well-resolved hyperfine structure, where the hyperfine splittings are much larger than the natural linewidths, necessarily leading to large detunings of the field from some levels. If we don't care about the fast oscillations due to the large detunings, but choose instead to focus on other, relatively slow dynamics, we can make an adiabatic approximation to obtain a rate-equation formalism to replace the full master equation.

First, we will consider a transition $J_{\mathrm{g}} \longrightarrow J_{\mathrm{e}}$ between two fine-structure levels, ignoring any hyperfine structure. From Eq. (7.508), the equations of motion for the excited-state populations and Zeeman coherences (coherences between different excited states) are

$$
\begin{equation*}
\partial_{t} \rho_{\mathrm{e} m_{\mathrm{e}}, \mathrm{e} m_{\mathrm{e}}^{\prime}}=-\frac{i}{2} \sum_{m_{\mathrm{g}}}\left[\Omega\left(m_{\mathrm{g}}, m_{\mathrm{e}}\right) \tilde{\rho}_{\mathrm{g}} m_{\mathrm{g}}, \mathrm{e} m_{\mathrm{e}}^{\prime}-\Omega^{*}\left(m_{\mathrm{g}}, m_{\mathrm{e}}^{\prime}\right) \tilde{\rho}_{\mathrm{e} m_{\mathrm{e}}, \mathrm{~g} m_{\mathrm{g}}}\right]-\Gamma \rho_{\mathrm{e} m_{\mathrm{e}}, \mathrm{e} m_{\mathrm{e}}^{\prime}} \tag{7.518}
\end{equation*}
$$

while the equations of motion for the ground-state populations and Zeeman coherences are

$$
\begin{align*}
\partial_{t} \rho_{\mathrm{g} m_{\mathrm{g}}, \mathrm{~g} m_{\mathrm{g}}^{\prime}}=\frac{i}{2} \sum_{m_{\mathrm{e}}}[ & {\left[\Omega\left(m_{\mathrm{g}}^{\prime}, m_{\mathrm{e}}\right) \tilde{\rho}_{\mathrm{g}} m_{\mathrm{g}}, \mathrm{e} m_{\mathrm{e}}-\Omega^{*}\left(m_{\mathrm{g}}, m_{\mathrm{e}}\right) \tilde{\rho}_{\mathrm{e}} m_{\mathrm{e}}, \mathrm{~g} m_{\mathrm{g}}^{\prime}\right] }  \tag{7.519}\\
& +\Gamma \sum_{q} \rho_{\mathrm{e}\left(m_{\mathrm{g}}+q\right), \mathrm{e}\left(m_{\mathrm{g}}^{\prime}+q\right)}\left\langle J_{\mathrm{e}} m_{\mathrm{g}}+q \mid J_{\mathrm{g}} m_{\mathrm{g}} ; 1 q\right\rangle\left\langle J_{\mathrm{e}} m_{\mathrm{g}}^{\prime}+q \mid J_{\mathrm{g}} m_{\mathrm{g}}^{\prime} ; 1 q\right\rangle
\end{align*}
$$

Similarly, the optical coherences (coherences between ground and excited states) evolve as

$$
\begin{align*}
& \partial_{t} \tilde{\rho}_{\mathrm{e} m_{\mathrm{e}, \mathrm{~g} m_{\mathrm{g}}}=-\frac{i}{2} \sum_{m_{\mathrm{g}}^{\prime}} \Omega\left(m_{\mathrm{g}}^{\prime}, m_{\mathrm{e}}\right) \rho_{\mathrm{g} m_{\mathrm{g}}^{\prime}, \mathrm{g} m_{\mathrm{g}}}+\frac{i}{2} \sum_{m_{\mathrm{e}}^{\prime}} \Omega\left(m_{\mathrm{g}}, m_{\mathrm{e}}^{\prime}\right) \rho_{\mathrm{e} m_{\mathrm{e}}, \mathrm{e} m_{\mathrm{e}}^{\prime}}-\left(\frac{\Gamma}{2}-i \Delta\right) \tilde{\rho}_{\mathrm{e} m_{\mathrm{e}}, \mathrm{~g} m_{\mathrm{g}}}}^{\partial_{t} \tilde{\rho}_{\mathrm{g} m_{\mathrm{g}}, \mathrm{e} m_{\mathrm{e}}}=\frac{i}{2} \sum_{m_{\mathrm{g}}^{\prime}} \Omega^{*}\left(m_{\mathrm{g}}^{\prime}, m_{\mathrm{e}}\right) \rho_{\mathrm{g}} m_{\mathrm{g}}, \mathrm{~g} m_{\mathrm{g}}^{\prime}-\frac{i}{2} \sum_{m_{\mathrm{e}}^{\prime}} \Omega^{*}\left(m_{\mathrm{g}}, m_{\mathrm{e}}^{\prime}\right) \rho_{\mathrm{e} m_{\mathrm{e}}^{\prime}, \mathrm{e} m_{\mathrm{e}}}-\left(\frac{\Gamma}{2}+i \Delta\right) \tilde{\rho}_{\mathrm{g}} m_{\mathrm{g}}, \mathrm{e} m_{\mathrm{e}} .}
\end{align*}
$$

Now to make the adiabatic approximation, we set $\partial_{t} \tilde{\rho}_{\mathrm{e} m_{\mathrm{e}}, \mathrm{g} m_{\mathrm{g}}} \approx \partial_{t} \tilde{\rho}_{\mathrm{g} m_{\mathrm{g}}, \mathrm{e} m_{\mathrm{e}}} \approx 0$, so that we assume the coherences to be always in equilibrium with respect to the populations. This is justified, for example, when the detuning is much larger than the damping rate, where the large separation of time scales justifies ignoring the fast rotations caused by the terms proportional to $\Delta$ (recall this argument for the two-level atom in Section 5.8.3). It also may be that the optical coherences are damped quickly, as would be the case for strong collisional dephasing (Section 5.6.2). Then solving Eqs. (7.520) for the coherences in this approximation, we find that we can write the optical coherences in terms of populations and Zeeman coherences as

$$
\left.\begin{array}{l}
\tilde{\rho}_{\mathrm{e} m_{\mathrm{e}}, \mathrm{~g} m_{\mathrm{g}}}=-\frac{i}{2(\Gamma / 2-i \Delta)}\left[\sum_{m_{\mathrm{g}}^{\prime}} \Omega\left(m_{\mathrm{g}}^{\prime}, m_{\mathrm{e}}\right) \rho_{\mathrm{g} m_{\mathrm{g}}^{\prime}, \mathrm{g} m_{\mathrm{g}}}-\sum_{m_{\mathrm{e}}^{\prime}} \Omega\left(m_{\mathrm{g}}, m_{\mathrm{e}}^{\prime}\right) \rho_{\mathrm{e} ~} m_{\mathrm{e}}, \mathrm{e} m_{\mathrm{e}}^{\prime}\right]  \tag{7.521}\\
\tilde{\rho}_{\mathrm{g} m_{\mathrm{g}}, \mathrm{e} m_{\mathrm{e}}}=\frac{i}{2(\Gamma / 2+i \Delta)}\left[\sum_{m_{\mathrm{g}}^{\prime}} \Omega^{*}\left(m_{\mathrm{g}}^{\prime}, m_{\mathrm{e}}\right) \rho_{\mathrm{g} m_{\mathrm{g}}, \mathrm{~g} m_{\mathrm{g}}^{\prime}}-\sum_{m_{\mathrm{e}}^{\prime}} \Omega^{*}\left(m_{\mathrm{g}}, m_{\mathrm{e}}^{\prime}\right) \rho_{\mathrm{e} ~} m_{\mathrm{e}}^{\prime}, \mathrm{e} m_{\mathrm{e}}\right.
\end{array}\right] .
$$

Putting these expressions into Eqs. (7.518) and (7.519), we obtain the following "rate equations" for the populations and Zeeman coherences of a fine-structure transition coupled to a single field:

$$
\begin{align*}
& \partial_{t} \rho_{\mathrm{e} m_{\mathrm{e}}, \mathrm{e} m_{\mathrm{e}}^{\prime}=} \sum_{m_{\mathrm{g}} m_{\mathrm{g}}^{\prime}} {\left[\frac{\Omega^{*}\left(m_{\mathrm{g}}, m_{\mathrm{e}}^{\prime}\right) \Omega\left(m_{\mathrm{g}}^{\prime}, m_{\mathrm{e}}\right)}{4(\Gamma / 2-i \Delta)}+\frac{\Omega\left(m_{\mathrm{g}}, m_{\mathrm{e}}\right) \Omega^{*}\left(m_{\mathrm{g}}^{\prime}, m_{\mathrm{e}}^{\prime}\right)}{4(\Gamma / 2+i \Delta)}\right] \rho_{\mathrm{g} m_{\mathrm{g}}, \mathrm{~g} m_{\mathrm{g}}^{\prime}} } \\
&-\sum_{m_{\mathrm{g}} m_{\mathrm{e}}^{\prime \prime}}\left[\frac{\Omega^{*}\left(m_{\mathrm{g}}, m_{\mathrm{e}}^{\prime}\right) \Omega\left(m_{\mathrm{g}}, m_{\mathrm{e}}^{\prime \prime}\right)}{4(\Gamma / 2-i \Delta)} \rho_{\mathrm{e}} m_{\mathrm{e}}, \mathrm{e} m_{\mathrm{e}}^{\prime \prime}+\frac{\Omega\left(m_{\mathrm{g}}, m_{\mathrm{e}}\right) \Omega^{*}\left(m_{\mathrm{g}}, m_{\mathrm{e}}^{\prime \prime}\right)}{4(\Gamma / 2+i \Delta)} \rho_{\mathrm{e} ~} m_{\mathrm{e}}^{\prime \prime}, \mathrm{e} m_{\mathrm{e}}^{\prime}\right] \\
&\left.-\Gamma \rho_{\mathrm{e} m_{\mathrm{e}}, \mathrm{e} m_{\mathrm{e}}^{\prime}}\right] \\
& \partial_{t} \rho_{\mathrm{g} m_{\mathrm{g}}, \mathrm{~g} m_{\mathrm{g}}^{\prime}=} \sum_{m_{\mathrm{e}} m_{\mathrm{e}}^{\prime}}\left[\frac{\Omega^{*}\left(m_{\mathrm{g}}, m_{\mathrm{e}}\right) \Omega\left(m_{\mathrm{g}}^{\prime}, m_{\mathrm{e}}^{\prime}\right)}{4(\Gamma / 2-i \Delta)}+\frac{\Omega\left(m_{\mathrm{g}}^{\prime}, m_{\mathrm{e}}^{\prime}\right) \Omega^{*}\left(m_{\mathrm{g}}, m_{\mathrm{e}}\right)}{4(\Gamma / 2+i \Delta)}\right] \rho_{\mathrm{e} ~} m_{\mathrm{e}}, \mathrm{e} m_{\mathrm{e}}^{\prime} \\
&-\sum_{m_{\mathrm{e}} m_{\mathrm{g}}^{\prime \prime}}\left[\frac{\Omega^{*}\left(m_{\mathrm{g}}, m_{\mathrm{e}}\right) \Omega\left(m_{\mathrm{g}}^{\prime \prime}, m_{\mathrm{e}}\right)}{4(\Gamma / 2-i \Delta)} \rho_{\mathrm{g}} m_{\mathrm{g}}^{\prime \prime}, \mathrm{g} m_{\mathrm{g}}^{\prime}+\frac{\Omega\left(m_{\mathrm{g}}^{\prime}, m_{\mathrm{e}}\right) \Omega^{*}\left(m_{\mathrm{g}}^{\prime \prime}, m_{\mathrm{e}}\right)}{4(\Gamma / 2+i \Delta)} \rho_{\mathrm{g}} m_{\mathrm{g}}, \mathrm{~g} m_{\mathrm{g}}^{\prime \prime}\right] \\
&+\Gamma \sum_{q} \rho_{\mathrm{e}\left(m_{\mathrm{g}}+q\right), \mathrm{e}\left(m_{\mathrm{g}}^{\prime}+q\right)}\left\langle J_{\mathrm{e}} m_{\mathrm{g}}+q \mid J_{\mathrm{g}} m_{\mathrm{g}} ; 1 q\right\rangle\left\langle J_{\mathrm{e}} m_{\mathrm{g}}^{\prime}+q \mid J_{\mathrm{g}} m_{\mathrm{g}}^{\prime} ; 1 q\right\rangle . \tag{7.522}
\end{align*}
$$

(fine-structure rate equations)
These equations greatly reduce the complexity of the full master equation, since now the optical coherences are eliminated, and only the populations and Zeeman coherences must be tracked.

### 7.8.3.1 Single Field Polarization

At first glance, it may seem strange that the rate equations (7.522) should still contain the Zeeman coherences, since rate equations explicitly ignore coherences. In fact, for a single polarization of the field in the spherical basis (i.e., not more than one of $\Omega_{-1,0,1}$ is nonzero), the rate equations simplify. Noting that due to the Clebsch-Gordan coefficients involved, we can note that products such as $\Omega\left(m_{\mathrm{g}}, m_{\mathrm{e}}\right) \Omega^{*}\left(m_{\mathrm{g}}, m_{\mathrm{e}}^{\prime}\right)$ are proportional to Kronecker symbols such as $\delta_{m_{\mathrm{e}} m_{\mathrm{e}}^{\prime}}$, since as in this example, a single polarization couples a
ground state to at most one excited state. Then the equation of motion for the excited-state populations reduces to

$$
\begin{equation*}
\partial_{t} \rho_{\mathrm{e} m_{\mathrm{e}}, \mathrm{e} m_{\mathrm{e}}}=-\sum_{m_{\mathrm{g}}} \frac{\left|\Omega\left(m_{\mathrm{g}}, m_{\mathrm{e}}\right)\right|^{2}}{\Gamma\left(1+4 \Delta^{2} / \Gamma^{2}\right)}\left(\rho_{\mathrm{e} m_{\mathrm{e}}, \mathrm{e} m_{\mathrm{e}}}-\rho_{\mathrm{g} m_{\mathrm{g}}, \mathrm{~g} m_{\mathrm{g}}}\right)-\Gamma \rho_{\mathrm{e} m_{\mathrm{e}}, \mathrm{e} m_{\mathrm{e}}} \tag{7.523}
\end{equation*}
$$

(fine-structure rate equations, single polarization)
We can perform a similar reduction for the ground-state populations, but to simplify the decay terms we will also assume that the excited-state Zeeman coherences vanish, $\rho_{\mathrm{e}} m_{\mathrm{e}, \mathrm{e}} m_{\mathrm{e}}^{\prime}=0\left(m_{\mathrm{e}} \neq m_{\mathrm{e}}^{\prime}\right)$. The resulting equation is

$$
\partial_{t} \rho_{\mathrm{g} m_{\mathrm{g}}, \mathrm{~g} m_{\mathrm{g}}}=\sum_{m_{\mathrm{e}}} \frac{\left|\Omega\left(m_{\mathrm{g}}, m_{\mathrm{e}}\right)\right|^{2}}{\Gamma\left(1+4 \Delta^{2} / \Gamma^{2}\right)}\left(\rho_{\mathrm{e} ~} m_{\mathrm{e}}, \mathrm{e} m_{\mathrm{e}}-\rho_{\mathrm{g} m_{\mathrm{g}}, \mathrm{~g} m_{\mathrm{g}}}\right)+\Gamma \sum_{m_{\mathrm{e}}} \rho_{\mathrm{e} m_{\mathrm{e}}, \mathrm{e} m_{\mathrm{e}}}\left\langle J_{\mathrm{e}} m_{\mathrm{e}} \mid J_{\mathrm{g}} m_{\mathrm{g}} ; 1\left(m_{\mathrm{e}}-m_{\mathrm{g}}\right)\right\rangle^{2}
$$

(fine-structure rate equations, single polarization, no Zeeman coherence) (7.524) Under these conditions, the rate equations for the populations only are closed, and thus we need not consider the Zeeman coherences. Note that from the original rate equations (7.522), we can see that the excitedstate coherences, if initially zero, will remain so if the ground-state coherences are also zero, and vice versa. This is because the field transfers coherence between the excited and ground levels via Rabi flopping. Thus, for a single polarization, our neglecting Zeeman coherences is justified if they all start out as zero (including the ground-state coherences). This may be due to an unoriented atom, but note that since the Zeeman coherences decay with time but are not otherwise excited by the field (for a single polarization), this assumption is eventually justified anyway.

Thus we see the importance of the Zeeman coherences in the rate equations (7.522): they are necessary to represent an arbitrary orientation of the atom in the ground or excited state. When the atom is in an initial state with no Zeeman coherence, such as a single ground sublevel, light with an arbitrary polarization will in general put the atom in a coherent superposition of excited states, thus inducing Zeeman coherence that represents the field-induced orientation of the atom.

### 7.8.3.2 Multiple Fields

We already indicated above in Eq. (7.517) that adding a second field introduces an extra Hamiltonian interaction with explicit time dependence if the second field is of a different frequency from the main field. This is because the rotating-frame transformation can only eliminate explicit time dependence at a single frequency; a second frequency must be dealt with directly. This is difficult to handle analytically, as the nonlinear response of the atom will in general generate slowly varying dynamics as well as dynamics at the probe detuning $\Delta_{\mathrm{p}}$, and multiples thereof. We have already studied the interaction of atoms with bichromatic fields, for example, in the probe absorption by a driven two-level atom (Section 5.7.6, Problem 5.20), in the Autler-Townes doublet (Section 5.7.6.1 Problem 5.16), in stimulated Raman scattering (Section 6.1), and in coherent population trapping (Section 6.2). We have seen in these cases that the nonlinear mixing of the two fields can lead to strong, coherent effects such as level splittings and population transfer, and in general these effects can only be fully caputured in a full master-equation treatement. Under conditions where these effects are negligible or unimportant, however, the interaction of an atom with multiple fields can still be treated within a rate-equation formalism. The basic assumption required here is that all fields perturb the atom in the linear-response regime, and thus there are no cooperative effects induced by the multiple fields. This requires that the fields are weak (with either intensities well below the saturation intensities, or far detuned compared to the Rabi frequency from any transition), and that no multiphoton resonance (e.g., Raman resonance) occurs. Also, we should assume that any beat frequencies between the multiple fields are fast on time scales of interest (slow beats can be crudely modeled using a slowly varying Rabi frequency). At this level of approximation, rate-equation terms involving $\Omega$, for example as in Eqs. (7.522), are simply repeated for each field.

### 7.8.3.3 Hyperfine Structure

The hyperfine case is somewhat more complicated by the proliferation of states and the fact that not all sublevels are degenerate in view of the hyperfine shifts. From the master equation (7.510), the equation of motion for the excited-state populations and coherences is

$$
\begin{align*}
& \partial_{t} \tilde{\rho}_{F_{\mathrm{e}} m_{\mathrm{e}}, F_{\mathrm{e}}^{\prime} m_{\mathrm{e}}^{\prime}}=-\left(\Gamma+i \omega_{F_{\mathrm{e}}} F_{\mathrm{e}}^{\prime}\right) \tilde{\rho}_{F_{\mathrm{e}} m_{\mathrm{e}}, F_{\mathrm{e}}^{\prime} m_{\mathrm{e}}^{\prime}} \\
&-\frac{i}{2} \sum_{F_{\mathrm{g}} m_{\mathrm{g}}}\left[\Omega\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \tilde{\rho}_{F_{\mathrm{g}}} m_{\mathrm{g}}, F_{\mathrm{e}}^{\prime} m_{\mathrm{e}}^{\prime}-\Omega^{*}\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}^{\prime}, m_{\mathrm{e}}^{\prime}\right) \tilde{\rho}_{F_{\mathrm{e}}} m_{\mathrm{e}}, F_{\mathrm{g}} m_{\mathrm{g}}\right], \tag{7.525}
\end{align*}
$$

where the hyperfine splittings are given in terms of the hyperfine shifts (7.134) as

$$
\begin{equation*}
\omega_{F_{\mathrm{e}} F_{\mathrm{e}}^{\prime}}:=\frac{\Delta E_{\mathrm{hfs}}\left(J_{\mathrm{e}}, I, F_{\mathrm{e}}\right)-\Delta E_{\mathrm{hfs}}\left(J_{\mathrm{e}}, I, F_{\mathrm{e}}^{\prime}\right)}{\hbar} \tag{7.526}
\end{equation*}
$$

the hyperfine Rabi frequencies are defined by Eq. (7.414), and we used the form (7.445) for the decay operator to work out the decay term. Using essentially the same procedure leading to Eq. (7.445) we can also work out the remaining decay term $\Sigma_{q} \rho \Sigma_{q}^{\dagger}$ to find the equation of motion

$$
\left.\begin{array}{rl}
\partial_{t} \tilde{\rho}_{F_{\mathrm{g}} m_{\mathrm{g}}, F_{\mathrm{g}}^{\prime} m_{\mathrm{g}}^{\prime}}=-i \omega_{F_{\mathrm{g}} F_{\mathrm{g}}^{\prime}} \tilde{\rho}_{F_{\mathrm{g}} m_{\mathrm{g}}, F_{\mathrm{g}}^{\prime} m_{\mathrm{g}}^{\prime}}+\sum_{F_{\mathrm{e}} F_{\mathrm{e}}^{\prime}} \sum_{q=-1}^{1} \Gamma\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{g}}^{\prime}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}} ; F_{\mathrm{e}}^{\prime} ; q\right) \tilde{\rho}_{F_{\mathrm{e}} m_{\mathrm{g}}+q, F_{\mathrm{e}}^{\prime} m_{\mathrm{g}}^{\prime}+q}  \tag{7.527}\\
& +\frac{i}{2} \sum_{F_{\mathrm{e}} m_{\mathrm{e}}}\left[\Omega\left(F_{\mathrm{g}}^{\prime}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \tilde{\rho}_{F_{\mathrm{g}} m_{\mathrm{g}}, F_{\mathrm{e}} m_{\mathrm{e}}}-\Omega^{*}\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \tilde{\rho}_{F_{\mathrm{e}}} m_{\mathrm{e}}, F_{\mathrm{g}}^{\prime} m_{\mathrm{g}}^{\prime}\right.
\end{array}\right],
$$

where we have defined

$$
\begin{gather*}
\Gamma\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{g}}^{\prime}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}} ; F_{\mathrm{e}}^{\prime} ; q\right):=\Gamma(-1)^{F_{\mathrm{g}}^{\prime}-F_{\mathrm{g}}} \sqrt{\left(2 F_{\mathrm{g}}^{\prime}+1\right)\left(2 F_{\mathrm{g}}+1\right)}\left(2 J_{\mathrm{e}}+1\right)\left\{\begin{array}{ccc}
J_{\mathrm{e}} & J_{\mathrm{g}} & 1 \\
F_{\mathrm{g}}^{\prime} & F_{\mathrm{e}}^{\prime} & I
\end{array}\right\}\left\{\begin{array}{ccc}
J_{\mathrm{e}} & J_{\mathrm{g}} & 1 \\
F_{\mathrm{g}} & F_{\mathrm{e}} & I
\end{array}\right\} \\
\times\left\langle F_{\mathrm{e}}^{\prime} m_{\mathrm{g}}^{\prime}+q \mid F_{\mathrm{g}}^{\prime} m_{\mathrm{g}}^{\prime} ; 1 q\right\rangle\left\langle F_{\mathrm{e}} m_{\mathrm{g}}+q \mid F_{\mathrm{g}} m_{\mathrm{g}} ; 1 q\right\rangle \tag{7.528}
\end{gather*}
$$

as the return rate for the ground-state populations and coherences, and the ground-state hyperfine splittings are defined in the same way as for the excited states:

$$
\begin{equation*}
\omega_{F_{\mathrm{g}} F_{\mathrm{g}}^{\prime}}:=\frac{\Delta E_{\mathrm{hfs}}\left(J_{\mathrm{g}}, I, F_{\mathrm{g}}\right)-\Delta E_{\mathrm{hfs}}\left(J_{\mathrm{g}}, I, F_{\mathrm{g}}^{\prime}\right)}{\hbar} \tag{7.529}
\end{equation*}
$$

The equations of motion for the optical coherences are

$$
\begin{align*}
&\left.\partial_{t} \tilde{\rho}_{F_{\mathrm{e}} m_{\mathrm{e}}, F_{\mathrm{g}} m_{\mathrm{g}}=-( } \frac{\Gamma}{2}-i \Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)\right) \tilde{\rho}_{F_{\mathrm{e}} m_{\mathrm{e}}, F_{\mathrm{g}} m_{\mathrm{g}}} \\
&-\frac{i}{2} \sum_{F_{\mathrm{g}}^{\prime} m_{\mathrm{g}}^{\prime}} \Omega\left(F_{\mathrm{g}}^{\prime}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \tilde{\rho}_{F_{\mathrm{g}}^{\prime} m_{\mathrm{g}}^{\prime}, F_{\mathrm{g}} m_{\mathrm{g}}}+\frac{i}{2} \sum_{F_{\mathrm{e}}^{\prime} m_{\mathrm{e}}^{\prime}} \Omega\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}^{\prime}, m_{\mathrm{e}}^{\prime}\right) \tilde{\rho}_{F_{\mathrm{e}}} m_{\mathrm{e}}, F_{\mathrm{e}}^{\prime} m_{\mathrm{e}}^{\prime} \\
&\left.\partial_{t} \tilde{\rho}_{F_{\mathrm{g}} m_{\mathrm{g}}, F_{\mathrm{e}} m_{\mathrm{e}}=-\left(\frac{\Gamma}{2}+\right.}+i \Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)\right) \tilde{\rho}_{F_{\mathrm{g}} m_{\mathrm{g}}, F_{\mathrm{e}} m_{\mathrm{e}}} \\
&+\frac{i}{2} \sum_{F_{\mathrm{g}}^{\prime} m_{\mathrm{g}}^{\prime}} \Omega^{*}\left(F_{\mathrm{g}}^{\prime}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \tilde{\rho}_{F_{\mathrm{g}} m_{\mathrm{g}}, F_{\mathrm{g}}^{\prime} m_{\mathrm{g}}^{\prime}}-\frac{i}{2} \sum_{F_{\mathrm{e}}^{\prime} m_{\mathrm{e}}^{\prime}} \Omega^{*}\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}^{\prime}, m_{\mathrm{e}}^{\prime}\right) \tilde{\rho}_{F_{\mathrm{e}}^{\prime} m_{\mathrm{e}}^{\prime}, F_{\mathrm{e}} m_{\mathrm{e}}} \tag{7.530}
\end{align*}
$$

where $\Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)$ is the detuning from the $\left|F_{\mathrm{g}}\right\rangle \longrightarrow\left|F_{\mathrm{e}}\right\rangle$ hyperfine transitions,

$$
\begin{align*}
\Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) & =\omega-\left(\omega_{0}+\frac{\Delta E_{\mathrm{hfs}}\left(J_{\mathrm{e}}, I, F_{\mathrm{e}}\right)-\Delta E_{\mathrm{hfs}}\left(J_{\mathrm{g}}, I, F_{\mathrm{g}}\right)}{\hbar}\right)  \tag{7.531}\\
& =\Delta-\frac{\Delta E_{\mathrm{hfs}}\left(J_{\mathrm{e}}, I, F_{\mathrm{e}}\right)-\Delta E_{\mathrm{hfs}}\left(J_{\mathrm{g}}, I, F_{\mathrm{g}}\right)}{\hbar}
\end{align*}
$$

where again $\omega_{0}$ is the transition frequency of the center of gravity of the hyperfine transition, and $\Delta$ is the laser detuning with respect to $\omega_{0}$. In the adiabatic approximation, Eqs. (7.530) become

$$
\left.\begin{array}{rl}
\tilde{\rho}_{F_{\mathrm{e}} m_{\mathrm{e}}, F_{\mathrm{g}} m_{\mathrm{g}}}=-\frac{i}{2\left[\Gamma / 2-i \Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)\right]}\left[\sum_{F_{\mathrm{g}}^{\prime} m_{\mathrm{g}}^{\prime}} \Omega\left(F_{\mathrm{g}}^{\prime}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \tilde{\rho}_{F_{\mathrm{g}}^{\prime} m_{\mathrm{g}}^{\prime}, F_{\mathrm{g}} m_{\mathrm{g}}}\right. \\
& -\sum_{F_{\mathrm{e}}^{\prime} m_{\mathrm{e}}^{\prime}} \Omega\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}^{\prime}, m_{\mathrm{e}}^{\prime}\right) \tilde{\rho}_{F_{\mathrm{e}}} m_{\mathrm{e}}, F_{\mathrm{e}}^{\prime} m_{\mathrm{e}}^{\prime}
\end{array}\right], ~ \begin{gathered}
i \\
\tilde{\rho}_{F_{\mathrm{g}} m_{\mathrm{g}}, F_{\mathrm{e}} m_{\mathrm{e}}}=\frac{i}{2\left[\Gamma / 2+i \Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)\right]}\left[\sum_{F_{\mathrm{g}}^{\prime} m_{\mathrm{g}}^{\prime}} \Omega^{*}\left(F_{\mathrm{g}}^{\prime}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \tilde{\rho}_{F_{\mathrm{g}} m_{\mathrm{g}}, F_{\mathrm{g}}^{\prime} m_{\mathrm{g}}^{\prime}}\right.  \tag{7.532}\\
\\
\left.-\sum_{F_{\mathrm{e}}^{\prime} m_{\mathrm{e}}^{\prime}} \Omega^{*}\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}^{\prime}, m_{\mathrm{e}}^{\prime}\right) \tilde{\rho}_{F_{\mathrm{e}}^{\prime}} m_{\mathrm{e}}^{\prime}, F_{\mathrm{e}} m_{\mathrm{e}}\right],
\end{gathered}
$$

and putting these into the equations of motion for the populations and hyperfine coherences, we obtain the rather complicated rate equations

$$
\begin{aligned}
& \partial_{t} \tilde{\rho}_{F_{\mathrm{e}} m_{\mathrm{e}}, F_{\mathrm{e}}^{\prime} m_{\mathrm{e}}^{\prime}}=\sum_{F_{\mathrm{g}} m_{\mathrm{g}} F_{\mathrm{g}}^{\prime} m_{\mathrm{g}}^{\prime}}\left[\frac{\Omega^{*}\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}^{\prime}, m_{\mathrm{e}}^{\prime}\right) \Omega\left(F_{\mathrm{g}}^{\prime}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)}{4\left[\Gamma / 2-i \Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)\right]}\right. \\
& \left.+\frac{\Omega\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \Omega^{*}\left(F_{\mathrm{g}}^{\prime}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}^{\prime}, m_{\mathrm{e}}^{\prime}\right)}{4\left[\Gamma / 2+i \Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}^{\prime}, m_{\mathrm{e}}^{\prime}\right)\right]}\right] \tilde{\rho}_{F_{\mathrm{g}} m_{\mathrm{g}}, F_{\mathrm{g}}^{\prime} m_{\mathrm{g}}^{\prime}} \\
& -\sum_{F_{\mathrm{g}} m_{\mathrm{g}} F_{\mathrm{e}}^{\prime \prime} m_{\mathrm{e}}^{\prime \prime}}\left[\frac{\Omega^{*}\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}^{\prime}, m_{\mathrm{e}}^{\prime}\right) \Omega\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}^{\prime \prime}, m_{\mathrm{e}}^{\prime \prime}\right)}{4\left[\Gamma / 2-i \Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)\right]} \tilde{\rho}_{F_{\mathrm{e}} m_{\mathrm{e}}, F_{\mathrm{e}}^{\prime \prime} m_{\mathrm{e}}^{\prime \prime}}\right. \\
& \left.+\frac{\Omega\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \Omega^{*}\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}^{\prime \prime}, m_{\mathrm{e}}^{\prime \prime}\right)}{4\left[\Gamma / 2+i \Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}^{\prime}, m_{\mathrm{e}}^{\prime}\right)\right]} \tilde{\rho}_{F_{\mathrm{e}}^{\prime \prime}} m_{\mathrm{e}}^{\prime \prime}, F_{\mathrm{e}}^{\prime} m_{\mathrm{e}}^{\prime}\right] \\
& -\left(\Gamma+i \omega_{F_{\mathrm{e}} F_{\mathrm{e}}^{\prime}}\right) \tilde{\rho}_{F_{\mathrm{e}} m_{\mathrm{e}}, F_{\mathrm{e}}^{\prime} m_{\mathrm{e}}^{\prime}} \\
& \partial_{t} \tilde{\rho}_{F_{\mathrm{g}} m_{\mathrm{g}}, F_{\mathrm{g}}^{\prime} m_{\mathrm{g}}^{\prime}}=\sum_{F_{\mathrm{e}} m_{\mathrm{e}} F_{\mathrm{e}}^{\prime} m_{\mathrm{e}}^{\prime}}\left[\frac{\Omega^{*}\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \Omega\left(F_{\mathrm{g}}^{\prime}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}^{\prime}, m_{\mathrm{e}}^{\prime}\right)}{4\left[\Gamma / 2-i \Delta\left(F_{\mathrm{g}}^{\prime}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)\right]}\right. \\
& \left.+\frac{\Omega\left(F_{\mathrm{g}}^{\prime}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}^{\prime}, m_{\mathrm{e}}^{\prime}\right) \Omega^{*}\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)}{4\left[\Gamma / 2+i \Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)\right]}\right] \tilde{\rho}_{F_{\mathrm{e}} m_{\mathrm{e}}, F_{\mathrm{e}}^{\prime} m_{\mathrm{e}}^{\prime}} \\
& -\sum_{F_{\mathrm{e}} m_{\mathrm{e}} F_{\mathrm{g}}^{\prime \prime} m_{\mathrm{g}}^{\prime \prime}}\left[\frac{\Omega^{*}\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \Omega\left(F_{\mathrm{g}}^{\prime \prime}, m_{\mathrm{g}}^{\prime \prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)}{4\left[\Gamma / 2-i \Delta\left(F_{\mathrm{g}}^{\prime}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)\right]} \tilde{\rho}_{F_{\mathrm{g}}^{\prime \prime}} m_{\mathrm{g}}^{\prime \prime}, F_{\mathrm{g}}^{\prime} m_{\mathrm{g}}^{\prime}\right. \\
& \left.+\frac{\Omega\left(F_{\mathrm{g}}^{\prime}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \Omega^{*}\left(F_{\mathrm{g}}^{\prime \prime}, m_{\mathrm{g}}^{\prime \prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)}{4\left[\Gamma / 2+i \Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)\right]} \tilde{\rho}_{F_{\mathrm{g}} m_{\mathrm{g}}, F_{\mathrm{g}}^{\prime \prime} m_{\mathrm{g}}^{\prime \prime}}\right] \\
& +\sum_{F_{\mathrm{e}} F_{\mathrm{e}}^{\prime} q} \Gamma\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{g}}^{\prime}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}} ; F_{\mathrm{e}}^{\prime} ; q\right) \tilde{\rho}_{F_{\mathrm{e}}} m_{\mathrm{g}}+q, F_{\mathrm{e}}^{\prime} m_{\mathrm{g}}^{\prime}+q-i \omega_{F_{\mathrm{g}}} F_{\mathrm{g}}^{\prime} \tilde{\rho}_{F_{\mathrm{g}}} m_{\mathrm{g}}, F_{\mathrm{g}}^{\prime} m_{\mathrm{g}}^{\prime} .
\end{aligned}
$$

(hyperfine-structure rate equations) (7.533)
Note that we still have coherences between hyperfine levels (say, between levels $F_{\mathrm{g}} \neq F_{\mathrm{g}}^{\prime}$ and $F_{\mathrm{e}} \neq F_{\mathrm{e}}^{\prime}$ ) that rotate at the hyperfine splittings. If the hyperfine structure is well-resolved, so that the hyperfine splittings are much larger than $\Gamma$, then it may be that we are similarly uninterested in these fast oscillations, and we can adiabatically eliminate these hyperfine coherences as well. We can obtain the adiabatic relations for
$F_{\mathrm{e}}^{\prime} \neq F_{\mathrm{e}}$ by setting $\partial_{t} \tilde{\rho}_{F_{\mathrm{e}} m_{\mathrm{e}}, F_{\mathrm{e}}^{\prime} m_{\mathrm{e}}^{\prime}} \approx 0$, with the result

$$
\begin{align*}
& \tilde{\rho}_{F_{\mathrm{e}} m_{\mathrm{e}}, F_{\mathrm{e}}^{\prime} m_{\mathrm{e}}^{\prime}}=\sum_{F_{\mathrm{g}} m_{\mathrm{g}} F_{\mathrm{g}}^{\prime} m_{\mathrm{g}}^{\prime}}\left[\frac{\Omega^{*}\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}^{\prime}, m_{\mathrm{e}}^{\prime}\right) \Omega\left(F_{\mathrm{g}}^{\prime}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)}{4\left(\Gamma+i \omega_{F_{\mathrm{e}} F_{\mathrm{e}}^{\prime}}\right)\left[\Gamma / 2-i \Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)\right]}\right. \\
& \left.+\frac{\Omega\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \Omega^{*}\left(F_{\mathrm{g}}^{\prime}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}^{\prime}, m_{\mathrm{e}}^{\prime}\right)}{4\left(\Gamma+i \omega_{F_{\mathrm{e}} F_{\mathrm{e}}^{\prime}}^{\prime}\right)\left[\Gamma / 2+i \Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}^{\prime}, m_{\mathrm{e}}^{\prime}\right)\right]}\right] \tilde{\rho}_{F_{\mathrm{g}} m_{\mathrm{g}}, F_{\mathrm{g}}^{\prime} m_{\mathrm{g}}^{\prime}} \\
& -\sum_{F_{\mathrm{g}} m_{\mathrm{g}} F_{\mathrm{e}}^{\prime \prime} m_{\mathrm{e}}^{\prime \prime}}\left[\frac{\Omega^{*}\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}^{\prime}, m_{\mathrm{e}}^{\prime}\right) \Omega\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}^{\prime \prime}, m_{\mathrm{e}}^{\prime \prime}\right)}{4\left(\Gamma+i \omega_{F_{\mathrm{e}} F_{\mathrm{e}}^{\prime}}\right)\left[\Gamma / 2-i \Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)\right]} \tilde{\rho}_{F_{\mathrm{e}}} m_{\mathrm{e}}, F_{\mathrm{e}}^{\prime \prime} m_{\mathrm{e}}^{\prime \prime}\right. \\
& \left.+\frac{\Omega\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \Omega^{*}\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}^{\prime \prime}, m_{\mathrm{e}}^{\prime \prime}\right)}{4\left(\Gamma+i \omega_{F_{\mathrm{e}} F_{\mathrm{e}}^{\prime}}\right)\left[\Gamma / 2+i \Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}^{\prime}, m_{\mathrm{e}}^{\prime}\right)\right]} \tilde{\rho}_{F_{\mathrm{e}}^{\prime \prime}} m_{\mathrm{e}}^{\prime \prime}, F_{\mathrm{e}}^{\prime} m_{\mathrm{e}}^{\prime}\right], \tag{7.534}
\end{align*}
$$

and the relations for $F_{\mathrm{g}}^{\prime} \neq F_{\mathrm{g}}$ follow by setting $\partial_{t} \tilde{\rho}_{F_{\mathrm{g}} m_{\mathrm{g}}, F_{\mathrm{g}}^{\prime} m_{\mathrm{g}}^{\prime}} \approx 0$, with the result

$$
\begin{align*}
& \tilde{\rho}_{F_{\mathrm{g}} m_{\mathrm{g}}, F_{\mathrm{g}}^{\prime} m_{\mathrm{g}}^{\prime}}=\sum_{F_{\mathrm{e}} m_{\mathrm{e}} F_{\mathrm{e}}^{\prime} m_{\mathrm{e}}^{\prime}}\left[\frac{\Omega^{*}\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \Omega\left(F_{\mathrm{g}}^{\prime}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}^{\prime}, m_{\mathrm{e}}^{\prime}\right)}{4 i \omega_{F_{\mathrm{g}} F_{\mathrm{g}}^{\prime}}\left[\Gamma / 2-i \Delta\left(F_{\mathrm{g}}^{\prime}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)\right]}\right. \\
& \left.+\frac{\Omega\left(F_{\mathrm{g}}^{\prime}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}^{\prime}, m_{\mathrm{e}}^{\prime}\right) \Omega^{*}\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)}{4 i \omega_{F_{\mathrm{g}} F_{\mathrm{g}}^{\prime}}\left[\Gamma / 2+i \Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)\right]}\right] \tilde{\rho}_{F_{\mathrm{e}}} m_{\mathrm{e}}, F_{\mathrm{e}}^{\prime} m_{\mathrm{e}}^{\prime} \\
& -\sum_{F_{\mathrm{e}} m_{\mathrm{e}} F_{\mathrm{g}}^{\prime \prime} m_{\mathrm{g}}^{\prime \prime}}\left[\frac{\Omega^{*}\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \Omega\left(F_{\mathrm{g}}^{\prime \prime}, m_{\mathrm{g}}^{\prime \prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)}{4 i \omega_{F_{\mathrm{g}} F_{\mathrm{g}}^{\prime}}\left[\Gamma / 2-i \Delta\left(F_{\mathrm{g}}^{\prime}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)\right]} \tilde{\rho}_{\mathrm{g}} m_{\mathrm{g}}^{\prime \prime}, \mathrm{g} m_{\mathrm{g}}^{\prime}\right. \\
& \left.+\frac{\Omega\left(F_{\mathrm{g}}^{\prime}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \Omega^{*}\left(F_{\mathrm{g}}^{\prime \prime}, m_{\mathrm{g}}^{\prime \prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)}{4 i \omega_{F_{\mathrm{g}} F_{\mathrm{g}}^{\prime}}^{\prime}\left[\Gamma / 2+i \Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)\right]} \tilde{\rho}_{F_{\mathrm{g}} m_{\mathrm{g}}, F_{\mathrm{g}}^{\prime \prime} m_{\mathrm{g}}^{\prime \prime}}\right] \\
& +\frac{1}{i \omega_{F_{\mathrm{g}} F_{\mathrm{g}}^{\prime}}} \sum_{F_{\mathrm{e}} F_{\mathrm{e}}^{\prime} q} \Gamma\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{g}}^{\prime}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}} ; F_{\mathrm{e}}^{\prime} ; q\right) \tilde{\rho}_{F_{\mathrm{e}}} m_{\mathrm{g}}+q, F_{\mathrm{e}}^{\prime} m_{\mathrm{g}}^{\prime}+q . \tag{7.535}
\end{align*}
$$

Putting these two relations into the rate equations (7.533) leads to a yet more complicated set of rate equations, but that only retain coherences between degenerate levels (which properly accounts for the orientation of the atom in the various levels). Note that the terms generated by this adiabatic elimination are quartic in the field $\Omega$, whereas there are also quadratic terms in the field. If we work in the weak-field approximation, where all Rabi frequencies are small compared to the hyperfine splittings, $\Gamma$, or the detunings from the hyperfine resonances (or even better, small compared to all of these), then we can ignore these higher-order terms. This corresponds to taking

$$
\begin{align*}
& \tilde{\rho}_{F_{\mathrm{e}} m_{\mathrm{e}}, F_{\mathrm{e}}^{\prime} m_{\mathrm{e}}^{\prime}} \approx 0 \\
& \tilde{\rho}_{F_{\mathrm{g}} m_{\mathrm{g}}, F_{\mathrm{g}}^{\prime} m_{\mathrm{g}}^{\prime}} \approx \frac{1}{i \omega_{F_{\mathrm{g}} F_{\mathrm{g}}^{\prime}}} \sum_{F_{\mathrm{e}} q} \Gamma\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{g}}^{\prime}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}} ; F_{\mathrm{e}} ; q\right) \tilde{\rho}_{F_{\mathrm{e}} m_{\mathrm{g}}+q, F_{\mathrm{e}} m_{\mathrm{g}}^{\prime}+q}, \tag{7.536}
\end{align*}
$$

again for $F_{\mathrm{g}} \neq F_{\mathrm{g}}^{\prime}$ and $F_{\mathrm{e}} \neq F_{\mathrm{e}}^{\prime}$. Putting these into the rate equations (7.533), we obtain the low-intensity rate equations

$$
\begin{align*}
& \partial_{t} \tilde{\rho}_{F_{\mathrm{e}} m_{\mathrm{e}}, F_{\mathrm{e}} m_{\mathrm{e}}^{\prime}}=\sum_{F_{\mathrm{g}} m_{\mathrm{g}} m_{\mathrm{g}}^{\prime}}\left[\frac{\Omega^{*}\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}^{\prime}\right) \Omega\left(F_{\mathrm{g}}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)}{4\left[\Gamma / 2-i \Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)\right]}+\frac{\Omega\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \Omega^{*}\left(F_{\mathrm{g}}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}^{\prime}\right)}{4\left[\Gamma / 2+i \Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}^{\prime}\right)\right]}\right] \\
& \times \tilde{\rho}_{F_{\mathbf{g}} m_{\mathrm{g}}, F_{\mathrm{g}} m_{\mathrm{g}}^{\prime}} \\
& +\sum_{F_{\mathrm{g}} m_{\mathrm{g}} F_{\mathrm{g}}^{\prime} m_{\mathrm{g}}^{\prime} F_{\mathrm{e}} q}\left[\frac{\Omega^{*}\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}^{\prime}\right) \Omega\left(F_{\mathrm{g}}^{\prime}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)}{4\left[\Gamma / 2-i \Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)\right]}+\frac{\Omega\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \Omega^{*}\left(F_{\mathrm{g}}^{\prime}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}^{\prime}\right)}{4\left[\Gamma / 2+i \Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}^{\prime}\right)\right]}\right] \\
& \underset{\left(F_{\mathrm{g}} \neq F_{\mathrm{g}}^{\prime}\right)}{\prime 2} \underset{i \omega_{F_{\mathrm{g}} F_{\mathrm{g}}^{\prime}}}{ } \Gamma\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{g}}^{\prime}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}} ; F_{\mathrm{e}} ; q\right) \tilde{\rho}_{F_{\mathrm{e}} m_{\mathrm{g}}+q, F_{\mathrm{e}} m_{\mathrm{g}}^{\prime}+q} \\
& -\sum_{F_{\mathrm{g}} m_{\mathrm{g}} m_{\mathrm{e}}^{\prime \prime}}\left[\frac{\Omega^{*}\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}^{\prime}\right) \Omega\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}^{\prime \prime}\right)}{4\left[\Gamma / 2-i \Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)\right]} \tilde{\rho}_{F_{\mathrm{e}}} m_{\mathrm{e}}, F_{\mathrm{e}} m_{\mathrm{e}}^{\prime \prime}\right. \\
& \left.+\frac{\Omega\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \Omega^{*}\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}^{\prime \prime}\right)}{4\left[\Gamma / 2+i \Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}^{\prime}\right)\right]} \tilde{\rho}_{F_{\mathrm{e}}} m_{\mathrm{e}}^{\prime \prime}, F_{\mathrm{e}} m_{\mathrm{e}}^{\prime}\right] \\
& -\Gamma \tilde{\rho}_{F_{\mathrm{e}}} m_{\mathrm{e}}, F_{\mathrm{e}} m_{\mathrm{e}}^{\prime} \tag{7.537}
\end{align*}
$$

(hyperfine-structure rate equations, small intensity)
for the excited states and

$$
\begin{align*}
& \partial_{t} \tilde{\rho}_{F_{\mathrm{g}} m_{\mathrm{g}}, F_{\mathrm{g}} m_{\mathrm{g}}^{\prime}}=\sum_{F_{\mathrm{e}} m_{\mathrm{e}} m_{\mathrm{e}}^{\prime}}\left[\frac{\Omega^{*}\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \Omega\left(F_{\mathrm{g}}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}^{\prime}\right)}{4\left[\Gamma / 2-i \Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)\right]}\right. \\
& \left.+\frac{\Omega\left(F_{\mathrm{g}}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}^{\prime}\right) \Omega^{*}\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)}{4\left[\Gamma / 2+i \Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)\right]}\right] \tilde{\rho}_{F_{\mathrm{e}} m_{\mathrm{e}}, F_{\mathrm{e}} m_{\mathrm{e}}^{\prime}} \\
& -\sum_{F_{\mathrm{e}} m_{\mathrm{e}} m_{\mathrm{g}}^{\prime \prime}}\left[\frac{\Omega^{*}\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \Omega\left(F_{\mathrm{g}}, m_{\mathrm{g}}^{\prime \prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)}{4\left[\Gamma / 2-i \Delta\left(F_{\mathrm{g}}^{\prime}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)\right]} \tilde{\rho}_{F_{\mathrm{g}}} m_{\mathrm{g}}^{\prime \prime}, F_{\mathrm{g}} m_{\mathrm{g}}^{\prime}\right. \\
& \left.+\frac{\Omega\left(F_{\mathrm{g}}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \Omega^{*}\left(F_{\mathrm{g}}, m_{\mathrm{g}}^{\prime \prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)}{4\left[\Gamma / 2+i \Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)\right]} \tilde{\rho}_{F_{\mathrm{g}} m_{\mathrm{g}}, F_{\mathrm{g}} m_{\mathrm{g}}^{\prime \prime}}\right] \\
& -\sum_{F_{\mathrm{e}} m_{\mathrm{e}} F_{\mathrm{g}}^{\prime \prime} m_{\mathrm{g}}^{\prime \prime} F_{\mathrm{e}}^{\prime} q}\left[\frac{\Omega^{*}\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \Omega\left(F_{\mathrm{g}}^{\prime \prime}, m_{\mathrm{g}}^{\prime \prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)}{4 i \omega_{F_{\mathrm{g}}^{\prime \prime} F_{\mathrm{g}}}\left[\Gamma / 2-i \Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)\right]}\right. \\
& \left(F_{\mathrm{g}}^{\prime \prime} \neq F_{\mathrm{g}}\right) \\
& \times \Gamma\left(F_{\mathrm{g}}^{\prime \prime}, m_{\mathrm{g}}^{\prime \prime} ; F_{\mathrm{g}}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}^{\prime} ; F_{\mathrm{e}}^{\prime} ; q\right) \tilde{\rho}_{F_{\mathrm{e}}^{\prime}} m_{\mathrm{g}}^{\prime \prime}+q, F_{\mathrm{e}}^{\prime} m_{\mathrm{g}}^{\prime}+q \\
& +\frac{\Omega\left(F_{\mathrm{g}}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right) \Omega^{*}\left(F_{\mathrm{g}}^{\prime \prime}, m_{\mathrm{g}}^{\prime \prime} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)}{4 i \omega_{F_{\mathrm{g}} F_{\mathrm{g}}^{\prime \prime}}\left[\Gamma / 2+i \Delta\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{e}}, m_{\mathrm{e}}\right)\right]} \\
& \left.\times \Gamma\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{g}}^{\prime \prime}, m_{\mathrm{g}}^{\prime \prime} ; F_{\mathrm{e}}^{\prime} ; F_{\mathrm{e}}^{\prime} ; q\right) \tilde{\rho}_{F_{\mathrm{e}}^{\prime}} m_{\mathrm{g}}+q, F_{\mathrm{e}}^{\prime} m_{\mathrm{g}}^{\prime \prime}+q\right] \\
& +\sum_{F_{\mathrm{e}} q} \Gamma\left(F_{\mathrm{g}}, m_{\mathrm{g}} ; F_{\mathrm{g}}, m_{\mathrm{g}}^{\prime} ; F_{\mathrm{e}} ; F_{\mathrm{e}} ; q\right) \tilde{\rho}_{F_{\mathrm{e}} m_{\mathrm{g}}+q, F_{\mathrm{e}} m_{\mathrm{g}}^{\prime}+q} . \tag{7.538}
\end{align*}
$$

(hyperfine-structure rate equations, small intensity)
for the ground states.

### 7.9 Whither has Wandered the Two-Level Atom?

As we have seen, the real situation with atomic angular-momentum structure is considerably more complicated than the idealized model of a two-level atom. So to what extent is the two-level atom a useful model? Actually, there are some important situations under which atoms with angular-momentum degeneracy behave as two-level atoms. One obvious candidate is the a transition of the form $J=0 \longrightarrow J^{\prime}=0$
(equivalently, $F=0 \longrightarrow F^{\prime}=0$, though for simplicity here we will only refer to fine-structure quantum numbers), where each level has only one sublevel. Unfortunately, we have already seen according to the dipole selection rules that this transition is forbidden.

The most direct realization of the two-level atom comes in the form of a $J=0 \longrightarrow J^{\prime}=1$ transition, where depending on the polarization, the ground state can be coupled to one of three excited states.


The important thing to realize is that, given an arbitrary polarization of the field, the ground state is coupled to some linear combination of the three excited states, while two other linear combinations are not coupled. The transition matrix elements from the Wigner-Eckart theorem (7.236) are

$$
\begin{equation*}
\left\langle J=0, m_{J}=0\right| d_{q}\left|J^{\prime}=1, m_{J}^{\prime}\right\rangle=\left\langle J=0\|\mathbf{d}\| J^{\prime}=1\right\rangle\left\langle 00 \mid 1 m_{J}^{\prime} ; 1 q\right\rangle=\left\langle J=0\|\mathbf{d}\| J^{\prime}=1\right\rangle \frac{(-1)^{1+q}}{\sqrt{3}} \delta_{m_{J}^{\prime},-q} \tag{7.539}
\end{equation*}
$$

Thus, we see that the amplitude of the matrix element for every polarization is identical, and in fact equal to the effective matrix element (7.490) for linear polarization that we wrote down before, up to a minus sign. The point is that an any polarization couples to the atom with the same strength, and so except for the atomic orientation in the excited state (corresponding to the orientation of the induced dipole moment) there is no dependence of any of the physics on the polarization. Further, since only one excited state is coupled, we may regard this system as a two-level atom. Any decay will be back to the ground state, corresponding to dipole radiation with the same orientation as the inducing field.

Of course, this argument breaks down if there are two fields present with different orientation, such as a second laser with another polarization, or a static magnetic or electric field. Then one field induces an orientation that modifies the interaction with the other field.

### 7.9.1 Optical Pumping to Stretched States

Another important situation comes in the form of a $J \longrightarrow J^{\prime}=J+1$ transition pumped by circularly polarized light. As a concrete example, we can consider a $J=1 \longrightarrow J^{\prime}=2$ transition coupled by $\sigma^{+}=$polarized light. Recall that this light drives sublevel transitions of the form $m_{J} \longrightarrow m_{J}^{\prime}=m_{J}+1$. However, spontaneous decay occurs from any possible $m_{J}^{\prime} \longrightarrow m_{J}=m_{J}^{\prime} \pm 1,0$.


The $J=1, m_{J}=1 \longrightarrow J^{\prime}=2, m_{J}^{\prime}=2$ transition is thus closed in this scheme. Atoms starting in any other state will eventually become pumped into this cycling transition (on the "stretched states"), and thus, at least in steady state, we effectively have a two-level atom.


The dipole matrix element for this transition is given by the Wigner-Eckart theorem (7.236) as

$$
\begin{align*}
\left\langle J, m_{J}=J\right| d_{-1}\left|J^{\prime}=J+1, m_{J}^{\prime}=J^{\prime}\right\rangle & =\langle J\|\mathbf{d}\| J+1\rangle\langle J J \mid J+1 J+1 ; 1-1\rangle \\
& =\langle J\|\mathbf{d}\| J+1\rangle \sqrt{\frac{2 J+1}{2(J+1)+1}}  \tag{7.540}\\
& =\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle \sqrt{\frac{2 J+1}{2 J^{\prime}+1}} .
\end{align*}
$$

The matrix element is thus the reduced matrix element for the hyperfine transition multiplied by a degeneracy ratio for the transition. Notice that this is precisely the same degeneracy ratio that appears in the decay-rate formula (7.296). That is, if we define the effective dipole moment

$$
\begin{equation*}
d_{\text {stretch }}:=\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle \sqrt{\frac{2 J+1}{2 J^{\prime}+1}} \tag{7.541}
\end{equation*}
$$

(effective stretched-transition dipole)
for the stretched-state transition, then we obtain the two-level-atom formula (7.290) when we write the decay rate in terms of this transition:

$$
\begin{equation*}
\Gamma_{J_{\mathrm{g}} J_{\mathrm{e}}}=\frac{\omega_{0}^{3}}{3 \pi \epsilon_{0} \hbar c^{3}}\left|d_{\text {stretch }}\right|^{2} \tag{7.542}
\end{equation*}
$$

Physically, this is because the stretched excited state has only one decay path, which decays at the full rate $\Gamma_{J_{g} J_{e}}$. Thus, no summation-as is implied in the reduced matrix element-is necessary to compute the full decay rate $\Gamma_{J_{g} J_{e}}$.

The same thing happens in a closed hyperfine transition between stretched states, in the case where the excited state also has only one decay path. This happens again for the fine structure transition $J \longrightarrow J^{\prime}=$ $J+1$, in particular for the $\sigma^{+}$hyperfine transition $F=J+I, m_{F}=F \longrightarrow F^{\prime}=J^{\prime}+I=F+1, m_{F}^{\prime}=F^{\prime}$. In the hyperfine-structure diagram for ${ }^{133} \mathrm{Cs}$ on p . 311, we are referring to the $F=4 \longrightarrow F^{\prime}=5$ (laser-cooling) transition. The transition here is closed because the $F^{\prime}$ excited level can only decay to a ground level with $F=F^{\prime} \pm 1,0$, and thus only has one decay option. As in the fine-structure case, the stretched excited state only decays to the stretched ground state. The dipole moment for this hyperfine transition is

$$
\begin{align*}
\left\langle F, m_{F}=F\right| d_{-1}\left|F^{\prime}=F+1, m_{F}^{\prime}=F^{\prime}\right\rangle & =\langle F\|\mathbf{d}\| F+1\rangle\langle F F \mid F+1 F+1 ; 1-1\rangle \\
= & \left\langle F\|\mathbf{d}\| F^{\prime}\right\rangle \sqrt{\frac{2 F+1}{2 F^{\prime}+1}} \\
= & \left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle(-1)^{F^{\prime}+J+1+I} \\
& \quad \times \sqrt{\left(2 F^{\prime}+1\right)(2 J+1)}\left\{\begin{array}{ccc}
J & J^{\prime} & 1 \\
F^{\prime} & F & I
\end{array}\right\} \sqrt{\frac{2 F+1}{2 F^{\prime}+1}}  \tag{7.543}\\
& =\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle(-1)^{F^{\prime}-J+1-I} \sqrt{\frac{2 J+1}{2 J^{\prime}+1}} \\
& =\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle \sqrt{\frac{2 J+1}{2 J^{\prime}+1}}
\end{align*}
$$

after using the hyperfine Wigner-Eckart theorem (7.272), the decomposition rule (7.273), the 6-j symbol

$$
\left\{\begin{array}{ccc}
J & J^{\prime} & 1  \tag{7.544}\\
F^{\prime} & F & I
\end{array}\right\}=\left\{\begin{array}{ccc}
J & J+1 & 1 \\
I+J+1 & I+J & I
\end{array}\right\}=\frac{(-1)^{-2(I+J)}}{\sqrt{\left(2 J^{\prime}+1\right)(2 F+1)}}
$$

and $F^{\prime}-J+1-I=F-J-I+2=2$. Thus, exactly the same effective dipole moment applies to the hyperfine stretched-state transition as to the similar fine-structure transition.

Typically, the effective dipole moment defined here is larger than that for large detunings, as in Eq. (7.490), because the optical pumping of the atom towards the stretched state produces an atomic orientation that is aligned with the field. For $J=0$, of course, the stretched-state transition has an
effective squared dipole moment of $\left|\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle\right|^{2} / 3$, while in the limit as $J \longrightarrow \infty$, the effective squared dipole approaches $\left|\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle\right|^{2}$, corresponding to perfect alignment with the field (so that the full weight of the atomic dipole is represented by only one spherical component).

While the effect here is restricted to transitions of certain forms, obviously some alignment occurs when an atom is pumped by a circularly polarized field, even for transitions of arbitrary form. However, for $J \longrightarrow J^{\prime}=J$ transition interacting with circularly polarized light, the atoms still become completely aligned in a stretched state, which is a dark state, in a way that is essentially equivalent to the mechanism described below.

### 7.9.2 Optical Pumping with Linearly Polarized Light

When pumping atoms with linearly polarized light, alignment phenomena occur that are similar to the circular-polarization case. Consider a $J \longrightarrow J^{\prime}=J$ transition pumped by linearly polarized light, where $J$ is some integer. For concreteness, we can consider a $J=2 \longrightarrow J^{\prime}=2$ transition.


Because the $m_{J}=0 \longrightarrow m_{J}^{\prime}=0$ transition is forbidden, the $m_{J}=0$ ground sublevel is not excited, but all the other sublevels are. However, other states can decay into the $m_{J}=0$ sublevel by $\sigma^{ \pm}$transitions.


Since the $m_{J}=0$ sublevel has no excitation path, but there are excitation/decay routes from any other state into $m_{J}=0$, in steady state the atom will end up entirely in $m_{J}=0$. Again, this state is not coupled to an excited level by the linearly polarized light, so the atoms are in a dark state, no longer interacting with the light. Of course, particularly in the hyperfine case, there are other levels around for which transitions are not dipole-forbidden, so there will be leakage to some extent; furthermore there may be multiple ground hyperfine levels, in which case repumping from the other ground level(s) is necessary to pump the atoms into the dark state.

In a general $J \longrightarrow J^{\prime}$ fine-structure transition, some degree of alignment towards $m_{J}=0$ tends to occur. The exception is the case of $J \longrightarrow J^{\prime}=J-1$, where the $m_{J}= \pm J$ stretched ground states are dark, and thus the atoms tend to accumulate in those states. However, the less trivial cases are $J \longrightarrow J^{\prime}=J+1$ for arbitrary $J$ or $J \longrightarrow J^{\prime}=J$ for half-integer $J$. In steady state, the transition takes on a well-defined alignment, and behaves as a two level atom, so long as the transition is taken to have an appropriate (geometry-dependent) dipole moment. To find the explicit steady-state solutions in this case, ${ }^{43}$ we can start with the rate equations (7.523) and (7.524). In deriving these equations, we assumed a single polarization and that the coherences were in quasi-steady state; thus, for computing steady states of the full master equation (7.505) or (7.508), they will produce exact results. Starting with the ground-state rate equation (7.523), the steady-state condition $\partial_{t} P_{\mathrm{e}, m}=0$ for the population $P_{\mathrm{e}, m}:=\rho_{\mathrm{e} m, \mathrm{e} m}=0$ in state $\left|J_{\mathrm{e}} m\right\rangle$ gives

$$
\begin{equation*}
\frac{|\Omega(m, m)|^{2}}{\Gamma\left(1+4 \Delta^{2} / \Gamma^{2}\right)}\left(P_{\mathrm{e}, m}-P_{\mathrm{g}, m}\right)=-\Gamma P_{\mathrm{e}, m} \tag{7.545}
\end{equation*}
$$

[^134]while the same condition $\partial_{t} P_{\mathrm{g}, m}=0$ for the population $P_{\mathrm{g}, m}:=\rho_{\mathrm{g} m, \mathrm{~g} m}=0$ in the ground state $\left|J_{\mathrm{g}} m\right\rangle$ gives
\[

$$
\begin{equation*}
\frac{|\Omega(m, m)|^{2}}{\Gamma\left(1+4 \Delta^{2} / \Gamma^{2}\right)}\left(P_{\mathrm{e}, m}-P_{\mathrm{g}, m}\right)=-\Gamma \sum_{m^{\prime}} P_{\mathrm{e}, m^{\prime}}\left\langle J_{\mathrm{e}} m^{\prime} \mid J_{\mathrm{g}} m ; 1\left(m^{\prime}-m\right)\right\rangle^{2} \tag{7.546}
\end{equation*}
$$

\]

Combining these two relations to eliminate the Rabi frequency, we find a closed equation for the excited-state populations:

$$
\begin{equation*}
P_{\mathrm{e}, m}=\sum_{m^{\prime}} P_{\mathrm{e}, m^{\prime}}\left\langle J_{\mathrm{e}} m^{\prime} \mid J_{\mathrm{g}} m ; 1\left(m^{\prime}-m\right)\right\rangle^{2} \tag{7.547}
\end{equation*}
$$

This is somewhat surprising: for a linearly polarized pump, the relative populations of the excited states (i.e., the orientation of the atomic excitation) is completely independent of the driving intensity. If we define the tridiagonal matrix

$$
\begin{equation*}
A_{m m^{\prime}}:=\left\langle J_{\mathrm{e}} m^{\prime} \mid J_{\mathrm{g}} m ; 1\left(m^{\prime}-m\right)\right\rangle^{2} \tag{7.548}
\end{equation*}
$$

then Eq. (7.547) amounts to the homogeneous, tridiagonal linear system

$$
\begin{equation*}
\left(A_{m m^{\prime}}-\delta_{m m^{\prime}}\right) x_{m^{\prime}}=0 \tag{7.549}
\end{equation*}
$$

which we must now solve for the populations $x_{m}$. Note that the matrix $A_{m m^{\prime}}$ has the extra constraints $A_{m m^{\prime}}=A_{-m,-m^{\prime}}$ from Eq. (7.67) and $\sum_{m^{\prime}} A_{m m^{\prime}}=1$ from the orthogonality relation (7.46), and by the symmetry of the problem, the populations satisfy $x_{m}=x_{-m}$. The solution for $m>0$ is given by the recursion formula (Problem 7.3)

$$
\begin{equation*}
x_{m+1}=\frac{A_{m+1, m}}{A_{m, m+1}} x_{m} \tag{7.550}
\end{equation*}
$$

which we may explicitly iterate to find

$$
\begin{equation*}
x_{m}=\left(\frac{\prod_{m^{\prime}=0}^{m-1} A_{m^{\prime}+1, m^{\prime}}}{\prod_{m^{\prime}=0}^{m-1} A_{m^{\prime}, m^{\prime}+1}}\right) x_{0}=\left(\frac{\prod_{m^{\prime}=0}^{m-1}\left\langle J_{\mathrm{e}} m^{\prime} \mid J_{\mathrm{g}} m^{\prime}+1 ; 1(-1)\right\rangle^{2}}{\prod_{m^{\prime}=0}^{m-1}\left\langle J_{\mathrm{e}} m^{\prime}+1 \mid J_{\mathrm{g}} m^{\prime} ; 11\right\rangle^{2}}\right) x_{0} \tag{7.551}
\end{equation*}
$$

for $m>0$. Since we will explicitly normalize these populations anyway, we can take a convenient normalization by writing

$$
\begin{equation*}
\left(\prod_{m^{\prime}=0}^{J_{\mathrm{g}}-1}\left\langle J_{\mathrm{e}} m^{\prime}+1 \mid J_{\mathrm{g}} m^{\prime} ; 11\right\rangle^{2}\right) \frac{x_{m}}{x_{0}}=\left(\prod_{m^{\prime}=0}^{m-1}\left\langle J_{\mathrm{e}} m^{\prime} \mid J_{\mathrm{g}} m^{\prime}+1 ; 1(-1)\right\rangle^{2}\right)\left(\prod_{m^{\prime}=m}^{J_{\mathrm{g}}-1}\left\langle J_{\mathrm{e}} m^{\prime}+1 \mid J_{\mathrm{g}} m^{\prime} ; 11\right\rangle^{2}\right) \tag{7.552}
\end{equation*}
$$

then using Eq. (7.67) to reverse the $m_{J}$ quantum numbers in the first factor while letting $m^{\prime} \longrightarrow m^{\prime}-1$ in the second,

$$
\begin{equation*}
\left(\prod_{m^{\prime}=0}^{J_{\mathrm{g}}-1}\left\langle J_{\mathrm{e}} m^{\prime}+1 \mid J_{\mathrm{g}} m^{\prime} ; 11\right\rangle^{2}\right) \frac{x_{m}}{x_{0}}=\left(\prod_{m^{\prime}=0}^{m-1}\left\langle J_{\mathrm{e}}-m^{\prime} \mid J_{\mathrm{g}}\left(-m^{\prime}-1\right) ; 11\right\rangle^{2}\right)\left(\prod_{m^{\prime}=m+1}^{J_{\mathrm{g}}}\left\langle J_{\mathrm{e}} m^{\prime} \mid J_{\mathrm{g}} m^{\prime}-1 ; 11\right\rangle^{2}\right) \tag{7.553}
\end{equation*}
$$

then letting $m^{\prime} \longrightarrow-m^{\prime}$ in the first factor,

$$
\begin{equation*}
\left(\prod_{m^{\prime}=0}^{J_{\mathrm{g}}-1}\left\langle J_{\mathrm{e}} m^{\prime}+1 \mid J_{\mathrm{g}} m^{\prime} ; 11\right\rangle^{2}\right) \frac{x_{m}}{x_{0}}=\left(\prod_{m^{\prime}=-m+1}^{0}\left\langle J_{\mathrm{e}} m^{\prime} \mid J_{\mathrm{g}} m^{\prime}-1 ; 11\right\rangle^{2}\right)\left(\prod_{m^{\prime}=m+1}^{J_{\mathrm{g}}}\left\langle J_{\mathrm{e}} m^{\prime} \mid J_{\mathrm{g}} m^{\prime}-1 ; 11\right\rangle^{2}\right) \tag{7.554}
\end{equation*}
$$

and finally multiplying through by the same factor on the left,

$$
\begin{equation*}
\left(\prod_{m^{\prime}=0}^{J_{\mathrm{g}}-1}\left\langle J_{\mathrm{e}} m^{\prime}+1 \mid J_{\mathrm{g}} m^{\prime} ; 11\right\rangle^{2}\right)^{2} \frac{x_{m}}{x_{0}}=\left(\prod_{m^{\prime}=-m+1}^{J_{\mathrm{g}}}\left\langle J_{\mathrm{e}} m^{\prime} \mid J_{\mathrm{g}} m^{\prime}-1 ; 11\right\rangle^{2}\right)\left(\prod_{m^{\prime}=m+1}^{J_{\mathrm{g}}}\left\langle J_{\mathrm{e}} m^{\prime} 1 \mid J_{\mathrm{g}} m^{\prime}-1 ; 11\right\rangle^{2}\right) \tag{7.555}
\end{equation*}
$$

This expression is explicitly invariant under $m \longrightarrow-m$, and so we can write out these weights explicitly normalized by defining a new symbol for the left-hand side of the above equation and then normalizing it:

$$
\begin{align*}
& \chi_{\mathrm{e}, m}:=\left(\prod_{m^{\prime}=-m+1}^{J_{\mathrm{g}}}\left\langle J_{\mathrm{e}} m^{\prime} \mid J_{\mathrm{g}} m^{\prime}-1 ; 11\right\rangle^{2}\right)\left(\prod_{m^{\prime}=m+1}^{J_{\mathrm{g}}}\left\langle J_{\mathrm{e}} m^{\prime} \mid J_{\mathrm{g}} m^{\prime}-1 ; 11\right\rangle^{2}\right) \\
& w_{\mathrm{e}, m}:=\frac{\chi_{\mathrm{e}, m}}{\sum_{m^{\prime}=-J_{\mathrm{g}}}^{J_{\mathrm{g}}} \chi_{\mathrm{e}, m^{\prime}}} . \tag{7.556}
\end{align*}
$$

(relative excited-state weighting factors)
Then the relative excited-state populations are given by the normalized weights $w_{\mathrm{e}, m}$,

$$
\begin{equation*}
P_{\mathrm{e}, m}=w_{\mathrm{e}, m} P_{\mathrm{e}}, \tag{7.557}
\end{equation*}
$$

(excited-state populations)
where the total excited-state population is

$$
\begin{equation*}
P_{\mathrm{e}}:=\sum_{m^{\prime}=-J_{\mathrm{g}}}^{J_{\mathrm{g}}} P_{\mathrm{e}, m^{\prime}} . \tag{7.558}
\end{equation*}
$$

To find the total excited-state population, we can write Eq. (7.545) in the form

$$
\begin{equation*}
\left(\frac{|\Omega(m, m)|^{2}}{\Gamma\left(1+4 \Delta^{2} / \Gamma^{2}\right)}+\Gamma\right) P_{\mathrm{e}, m}=\frac{|\Omega(m, m)|^{2}}{\Gamma\left(1+4 \Delta^{2} / \Gamma^{2}\right)} P_{\mathrm{g}, m} \tag{7.559}
\end{equation*}
$$

or

$$
\begin{equation*}
\left(1+\frac{\Gamma^{2}+4 \Delta^{2}}{|\Omega(m, m)|^{2}}\right) w_{\mathrm{e}, m} P_{\mathrm{e}}=P_{\mathrm{g}, m} \tag{7.560}
\end{equation*}
$$

Summing over $m$, we find

$$
\begin{equation*}
\left[1+\left(\Gamma^{2}+4 \Delta^{2}\right)\left(\sum_{m} \frac{w_{\mathrm{e}, m}}{|\Omega(m, m)|^{2}}\right)\right] P_{\mathrm{e}}=P_{\mathrm{g}} \tag{7.561}
\end{equation*}
$$

where the total ground-state population is

$$
\begin{equation*}
P_{\mathrm{g}}:=\sum_{m=-J_{\mathrm{g}}}^{J_{\mathrm{g}}} P_{\mathrm{g}, m} . \tag{7.562}
\end{equation*}
$$

Now using Eq. (7.400) to factor the Rabi frequencies, we can define the geometric factor

$$
\begin{equation*}
g:=\left[\sum_{m=-J_{\mathrm{g}}}^{J_{\mathrm{g}}} \frac{w_{\mathrm{e}, m}}{\left\langle J_{\mathrm{g}} m \mid J_{\mathrm{e}} m ; 10\right\rangle^{2}}\right]^{-1}, \tag{7.563}
\end{equation*}
$$

(geometric factor)
so that

$$
\begin{equation*}
\left(1+\frac{\Gamma^{2}+4 \Delta^{2}}{g \Omega_{0}^{2}}\right) P_{\mathrm{e}}=P_{\mathrm{g}} \tag{7.564}
\end{equation*}
$$

where again $\Omega_{0}$ is the $q=0$ component of the Rabi-frequency vector defined by Eq. (7.394). Using $P_{\mathrm{g}}+P_{\mathrm{e}}=1$, we can solve this equation to write the total excited-state population

$$
\begin{equation*}
P_{\mathrm{e}}(t \longrightarrow \infty)=\frac{\frac{g \Omega_{0}^{2}}{\Gamma^{2}}}{1+\left(\frac{2 \Delta}{\Gamma}\right)^{2}+\frac{2 g \Omega_{0}^{2}}{\Gamma^{2}}} \tag{7.565}
\end{equation*}
$$

(steady-state excitation, linearly polarized drive)
Note that this expression is exactly the same as the corresponding expression (5.137) for the excited-state population of the two-level atom if we identify the two-level-atom Rabi frequency via $\Omega^{2} \longrightarrow g \Omega_{0}^{2}$. Alternately, we can write the excitation in the standard form [as in Eq. (5.250) for the two-level atom]

$$
\begin{equation*}
P_{\mathrm{e}}(t \longrightarrow \infty)=\left(\frac{1}{2}\right) \frac{I / I_{\mathrm{sat}}}{1+4 \Delta^{2} / \Gamma^{2}+I / I_{\mathrm{sat}}} \tag{7.566}
\end{equation*}
$$

so long as we identify

$$
\begin{equation*}
\frac{I}{I_{\mathrm{sat}}}=\frac{2 g \Omega_{0}^{2}}{\Gamma^{2}} \tag{7.567}
\end{equation*}
$$

Using Eq. (7.394), we can solve this to obtain the effective saturation intensity

$$
I_{\mathrm{sat}}=\frac{c \epsilon_{0} \Gamma^{2} \hbar^{2}}{4 g\left|\left\langle J_{\mathrm{g}}\|\mathbf{d}\| J_{\mathrm{e}}\right\rangle\right|^{2}}
$$

(effective saturation intensity, linear polarization) (7.568) in terms of the reduced dipole matrix element for linearly-polarized excitation. Surprisingly, the entire effect of the atomic Zeeman-degenerate structure is wrapped up in the single geometric factor $g$, at least as far as the total excitation is concerned. For some representative values, for a $J_{\mathrm{g}}=0 \longrightarrow J_{\mathrm{e}}=1$ transition, $g=1 / 3$; for $J_{\mathrm{g}}=1 \longrightarrow J_{\mathrm{e}}=2, g=6 / 17 \approx 0.35294 ; J_{\mathrm{g}}=2 \longrightarrow J_{\mathrm{e}}=3, g=180 / 461 \approx 0.39046 ; J_{\mathrm{g}}=3 \longrightarrow J_{\mathrm{e}}=4$, $g=4004 / 9651 \approx 0.41488 ; J_{\mathrm{g}}=4 \longrightarrow J_{\mathrm{e}}=5, g=39780 / 92377 \approx 0.43063 ; J_{\mathrm{g}}=50 \longrightarrow J_{\mathrm{e}}=51$, $g \approx 0.49271$; and $J_{\mathrm{g}}=100 \longrightarrow J_{\mathrm{e}}=101, g \approx 0.49630 .{ }^{44}$ Evidently, $g \longrightarrow 1 / 2$ as $J_{\mathrm{g}} \longrightarrow \infty$ (at least for the case of integer angular momenta), though this is certainly not obvious from its definition. As in the circular-polarization case, the effective squared dipole moment of the transition is $\left|\left\langle J_{\mathrm{g}}\|\mathbf{d}\| J_{\mathrm{e}}\right\rangle\right|^{2} / 3$ for $J_{\mathrm{g}}=0$ and increases with $J_{\mathrm{g}}$. However, it saturates at a smaller value than in the circular case, indicating that the atomic alignment is not as complete. This is not entirely surprising, as when excited with linearly polarized light the emitted photons may have any polarization, whereas with a circular pump, the emitted photons may have only one polarization.

Explicitly, then, the individual excited-state populations in steady state are

$$
\begin{equation*}
P_{\mathrm{e}, m}(t \longrightarrow \infty)=\frac{w_{\mathrm{e}, m} \frac{g \Omega_{0}^{2}}{\Gamma^{2}}}{1+\left(\frac{2 \Delta}{\Gamma}\right)^{2}+\frac{2 g \Omega_{0}^{2}}{\Gamma^{2}}} \tag{7.569}
\end{equation*}
$$

(excited-state populations, linearly polarized drive)
and using Eq. (7.560), the ground-state populations are

$$
P_{\mathrm{g}, m}(t \longrightarrow \infty)=\frac{w_{\mathrm{e}, m} g\left(\frac{\Omega_{0}^{2}}{\Gamma^{2}}+\frac{1+(2 \Delta / \Gamma)^{2}}{\left\langle J_{\mathrm{g}} m \mid J_{\mathrm{e}} m ; 10\right\rangle^{2}}\right)}{1+\left(\frac{2 \Delta}{\Gamma}\right)^{2}+\frac{2 g \Omega_{0}^{2}}{\Gamma^{2}}}
$$

(ground-state populations, linearly polarized drive) (7.570)
Note that unlike the excited-state case, the relative ground-state populations depend on the intensity of the field.

[^135]
### 7.10 Exercises

## Problem 7.1

Show that the frequency shift of the ${ }^{133} \mathrm{Cs} 6^{2} \mathrm{~S}_{1 / 2}\left(F=3, m_{F}=0\right) \longrightarrow 6^{2} \mathrm{~S}_{1 / 2}\left(F=4, m_{F}=0\right)$ "clock" transition due to a constant applied magnetic field is given by

$$
\begin{equation*}
\Delta \omega_{\mathrm{clock}}=\frac{\left(g_{J}-g_{I}\right)^{2} \mu_{\mathrm{B}}^{2}}{2 \hbar \Delta E_{\mathrm{hfs}}} B^{2} \tag{7.571}
\end{equation*}
$$

for small fields, to second order the in the field $B$. Put in numbers appropriate for the transition ( $g_{J}=2.0025, g_{I}=-0.00039895, I=7 / 2$, and $\Delta E_{\mathrm{hfs}}=h \cdot 9.192631770 \mathrm{GHz}$, and express the shift in $\mathrm{Hz} / \mathrm{G}^{2}$.

## Problem 7.2

Prove the tensor identity

$$
\begin{equation*}
\epsilon_{\mu \alpha \beta} \epsilon_{\mu \sigma \tau}=\delta_{\alpha \sigma} \delta_{\beta \tau}-\delta_{\alpha \tau} \delta_{\beta \sigma} \tag{7.572}
\end{equation*}
$$

by writing out the "bac-cab" vector identity $\mathbf{A} \times(\mathbf{B} \times \mathbf{C})=\mathbf{B}(\mathbf{A} \cdot \mathbf{C})-\mathbf{C}(\mathbf{A} \cdot \mathbf{B})$, in terms of components.

## Problem 7.3

Given the homogeneous linear system from (7.549),

$$
\begin{equation*}
\left(A_{m m^{\prime}}-\delta_{m m^{\prime}}\right) x_{m^{\prime}}=0, \tag{7.573}
\end{equation*}
$$

where $m, m^{\prime}$ are either integers or half-integers, $-J_{\mathrm{g}} \leq m, m^{\prime} \leq J_{\mathrm{g}}$, and the tridiagonal matrix $A_{m m^{\prime}}$ satisfies $A_{m m^{\prime}}=A_{-m,-m^{\prime}}$ and $\sum_{m^{\prime}} A_{m m^{\prime}}=1$, prove by induction that

$$
\begin{equation*}
x_{m+1}=\frac{A_{m+1, m}}{A_{m, m+1}} x_{m} \tag{7.574}
\end{equation*}
$$

for $m>0$.

## Problem 7.4

(a) Consider the following expression for the ground-state dipole shift of an atom with fine structure in a linearly polarized laser field of frequency $\omega$,

$$
\begin{equation*}
V_{\text {dip }}=\frac{\hbar}{4} \sum_{J^{\prime}} \Omega_{J^{\prime}}^{2}\left|\left\langle J m \mid J^{\prime} m ; 10\right\rangle\right|^{2}\left(\frac{1}{\omega-\omega_{J^{\prime} J}}-\frac{1}{\omega+\omega_{J^{\prime} J}}\right), \tag{7.575}
\end{equation*}
$$

where $J$ is the angular-momentum quantum number of the ground state, the sum is over the excitedstate quantum numbers $J^{\prime}$ (with an implied sum over other quantum numbers labeling relevant excited states), the frequency of the $J \longrightarrow J^{\prime}$ transition is

$$
\begin{equation*}
\omega_{J^{\prime} J}:=\frac{E_{J^{\prime}}-E_{J}}{\hbar}, \tag{7.576}
\end{equation*}
$$

and the Rabi frequency is given in terms of the reduced dipole matrix element by

$$
\begin{equation*}
\Omega_{J J^{\prime}}:=-\frac{2\langle J|\left|d_{z}\right|\left|J^{\prime}\right\rangle E_{0}^{(+)}}{\hbar} \tag{7.577}
\end{equation*}
$$

where $E_{0}^{(+)}$is the positive-rotating electric-field amplitude. Argue that this expression is correct to lowest order in the field intensity, and interpret all the factors. Note that the atom is assumed to be in the state $|J m\rangle$, but the shift is independent of $m$.

Note that in the case of a ground state with $J=0$ or $J=1 / 2$, the expression above simplifies, since $\left|\left\langle J m \mid J^{\prime} m ; 10\right\rangle\right|^{2}=1 / 3$, so that

$$
\begin{equation*}
V_{\mathrm{dip}}=\frac{\hbar}{4} \sum_{J^{\prime}} \frac{\Omega_{J J^{\prime}}^{2}}{3}\left(\frac{1}{\omega-\omega_{J^{\prime} J}}-\frac{1}{\omega+\omega_{J^{\prime} J}}\right) \tag{7.578}
\end{equation*}
$$

The reduction in complexity is sensible in these cases because for such simple ground states there can be no dependence on the $m$ quantum number.
(b) Consider the following estimate for the scattering rate for the above atom-field system,

$$
\begin{align*}
R_{\mathrm{sc}}=\frac{1}{4} \sum_{q}\left[\sum _ { J ^ { \prime } } \Omega _ { J J ^ { \prime } } \langle J m | J ^ { \prime } m ; 1 0 \rangle \sqrt { \Gamma _ { J ^ { \prime } } } \left\langleJ^{\prime}\right.\right. & m|J m-q ; 1 q\rangle  \tag{7.579}\\
& \left.\times\left(\frac{\omega}{\omega_{J^{\prime} J}}\right)^{3 / 2}\left(\frac{1}{\omega-\omega_{J^{\prime} J}}-\frac{1}{\omega+\omega_{J^{\prime} J}}\right)\right]^{2}
\end{align*}
$$

where we sum over the (spherical) polarization index $q$ for the scattered light, and $\Gamma_{J^{\prime}}$ is the total decay rate of level $J^{\prime}$. Note that this expression assumes the atom to be in the particular state $|J m\rangle$, and thus the scattering rate should be averaged over all populated ground states, weighted by their steady-state population. This expression assumes that all spontaneous-scattering events return the atom to one of the $J$ levels. Argue that this expression is correct to lowest order in the field intensity, subject to the above assumptions.
(c) Argue that for an atom with hyperfine structure, the expression for the ac Stark shift should be modified to read

$$
\begin{equation*}
V_{\mathrm{dip}}=\frac{\hbar}{4} \sum_{F^{\prime}} \Omega_{F F^{\prime}}^{2}\left|\left\langle F m_{F} \mid F^{\prime} m_{F} ; 10\right\rangle\right|^{2}\left(\frac{1}{\omega-\omega_{F^{\prime} F}}-\frac{1}{\omega+\omega_{F^{\prime} F}}\right) \tag{7.580}
\end{equation*}
$$

where the overall hyperfine Rabi frequency is

$$
\begin{align*}
\Omega_{F F^{\prime}} & :=-\frac{2\left\langle F\left\|d_{z}\right\| F^{\prime}\right\rangle E_{0}^{(+)}}{\hbar}  \tag{7.581}\\
& =-\frac{2\left\langle J\left\|d_{z}\right\| J^{\prime}\right\rangle E_{0}^{(+)}}{\hbar}(-1)^{F^{\prime}+J+1+I} \sqrt{\left(2 F^{\prime}+1\right)(2 J+1)}\left\{\begin{array}{ccc}
J & J^{\prime} & 1 \\
F^{\prime} & F & I
\end{array}\right\}
\end{align*}
$$

where $I$ is the nuclear angular momentum, and the hyperfine states $F$ and $F^{\prime}$ are also labeled by $J$ and $J^{\prime}$, respectively, while the scattering rate becomes

$$
\begin{align*}
& R_{\mathrm{sc}}=\frac{1}{4} \sum_{q F^{\prime \prime}}\left[\sum_{F^{\prime}} \Omega_{F F^{\prime}}\left\langle F m_{F} \mid F^{\prime} m_{F} ; 10\right\rangle \sqrt{\Gamma_{F^{\prime} F^{\prime \prime}}}\left\langle F^{\prime} m_{F} \mid F^{\prime \prime} m_{F}-q ; 1 q\right\rangle\right.  \tag{7.582}\\
&\left.\times\left(\frac{\omega}{\omega_{F^{\prime} F}}\right)^{3 / 2}\left(\frac{1}{\omega-\omega_{F^{\prime} F}}-\frac{1}{\omega+\omega_{F^{\prime} F}}\right)\right]^{2}
\end{align*}
$$

where the decay-rate factor, with the proper emission phase factor, is

$$
\sqrt{\Gamma_{F^{\prime} F^{\prime \prime}}}=\sqrt{\Gamma_{J^{\prime}}}(-1)^{F^{\prime \prime}+J^{\prime}+1+I} \sqrt{\left(2 F^{\prime \prime}+1\right)\left(2 J^{\prime}+1\right)}\left\{\begin{array}{ccc}
J^{\prime} & J^{\prime \prime} & 1  \tag{7.583}\\
F^{\prime \prime} & F^{\prime} & I
\end{array}\right\}
$$

for small hyperfine splittings. Note that we now sum over all possible final hyperfine levels $F^{\prime \prime}$, in the case of hyperfine-changing Raman scattering events. This expression also ignores cascading transitions (i.e., it only accounts for two-photon processes), and assumes that the final states $\left|F^{\prime \prime} m_{F}-q\right\rangle$ are nearly degenerate with $\left|F m_{F}\right\rangle$, so that $\omega_{F^{\prime} F} \approx \omega_{F^{\prime} F^{\prime \prime}}$.

## Problem 7.5

The D-line fine-structure doublet in hydrogen and hydrogen-like (alkali) atoms is a transition doublet from an $S_{1 / 2}$ ground state to a pair of excited states, $P_{1 / 2}$ and a $P_{3 / 2}$, with the $P_{3 / 2}$ at higher energy.
(a) Derive an expression for the ac Stark shift for $\sigma^{+}$light for the $m_{J}= \pm 1 / 2$ fine-structure ground states, in terms of the fine-structure reduced matrix element $\left\langle J\|\mathbf{d}\| J^{\prime}\right\rangle$. Exclude the contributions due to states outside the D line.
(b) For ${ }^{87} \mathrm{Rb}$, estimate the laser wavelength for which the shift of the $\left|J, m_{J}=-1 / 2\right\rangle$ ground state vanishes. Also estimate the shift of the $\left|J, m_{F}=+J\right\rangle$ state at this wavelength?.
(c) Derive an expression for the ac Stark shift for $\sigma^{+}$light for the hyperfine ground states, assuming the hyperfine splittings are negligibly small. Exclude the contributions due to states outside the D line.
(d) For ${ }^{87} \mathrm{Rb}$, estimate the laser wavelengths for which the shift of the $\left|F, m_{F}= \pm F\right\rangle$ ground states vanish. What is the (intensity-dependent) shift of the other $\left|F, m_{F}\right\rangle$ states at these wavelengths?

## Problem 7.6

Work out the reduced matrix element $\left\langle F=1\|\boldsymbol{\mu}\| F^{\prime}=2\right\rangle$ as well as the transition matrix element $\left\langle F=1, m_{F}=0\right| \mu_{z}\left|F^{\prime}=2, m_{F}^{\prime}=0\right\rangle$ for the 6.8 GHz ground-state hyperfine "clock" transition in ${ }^{87} \mathrm{Rb}$ ( $L=L^{\prime}=0, S=S^{\prime}=1 / 2, I=I^{\prime}=3 / 2$ ). Here, the magnetic-dipole operator is

$$
\begin{equation*}
\boldsymbol{\mu}=-\frac{\mu_{\mathrm{B}}}{\hbar}\left(g_{S} \mathbf{S}+g_{L} \mathbf{L}+g_{I} \mathbf{I}\right) \tag{7.584}
\end{equation*}
$$

[cf. Eqs. (7.298) and (7.307)].

## Problem 7.7

(a) Use the Breit-Rabi formula to show that the splitting between the two states with $m_{F}=-1$ (i.e., $m=-1$ in the formula) reaches a minimum for some magnetic-field strength. Hence, at this field value, the splitting is insensitive to first order to fluctuations in the field. Derive an expression for the field strength and the minimum splitting.
(b) Put in numbers for the ground-state hyperfine transition, $F=1, m_{F}=-1 \longrightarrow F=2, m_{F}=-1$ in ${ }^{87} \mathrm{Rb}(I=3 / 2)$, where $\Delta E_{\mathrm{hfs}}=6.835 \mathrm{GHz}, g_{I}=-0.0009951$, and $g_{J}=2.002331$.

## Part II

## Quantum Light-Matter Interactions

## Chapter 8

## Quantization of the Electromagnetic Field

Now we will switch to exclusively quantum-mechanical models. Before, we had treated the atom quantum mechanically, and introduced the idea of the photon, but now we will give a proper description of the quantum electromagnetic field.

### 8.1 Classical Electromagnetic Field

Recall that we can write the source-free Maxwell equations in free space as

$$
\begin{align*}
\nabla \cdot \mathbf{E} & =0 \\
\nabla \cdot \mathbf{B} & =0  \tag{8.1}\\
\nabla \times \mathbf{E} & =-\partial_{t} \mathbf{B} \\
\nabla \times \mathbf{B} & =\frac{1}{c^{2}} \partial_{t} \mathbf{E}
\end{align*}
$$

(Maxwell's equations)

In addition to the fields, we can consider the potentials $\mathbf{A}$ and $\phi$. For nonrelativistic calculations, it is convenient to choose the Coulomb gauge, ${ }^{1}$ where $\nabla \cdot \mathbf{A}=0$. In this gauge, $\phi=0$ in the absence of charges (we will reintroduce the sources later when we treat the atom-field interaction), so the fields are given by

$$
\begin{equation*}
\mathbf{E}=-\partial_{t} \mathbf{A}, \quad \mathbf{B}=\nabla \times \mathbf{A} \tag{8.2}
\end{equation*}
$$

(Coulomb gauge)
The last of the Maxwell equations thus implies the wave equation for the vector potential [using the gauge relations and $\left.\nabla \times \nabla \times \mathbf{A}=\nabla(\nabla \cdot \mathbf{A})-\nabla^{2} \mathbf{A}\right]$ :

$$
\begin{equation*}
\nabla^{2} \mathbf{A}-\frac{1}{c^{2}} \partial_{t}^{2} \mathbf{A}=0 \tag{8.3}
\end{equation*}
$$

(vector-potential wave equation)
This equation is essentially the entire content of the Maxwell equations in this gauge, since the other three equations are implied by the Coulomb-gauge condition and the relations between the fields and the potentials. The first equation follows from

$$
\begin{equation*}
\nabla \cdot \mathbf{E}=-\partial_{t} \nabla \cdot \mathbf{A}=0 \tag{8.4}
\end{equation*}
$$

[^136]the second follows from
\[

$$
\begin{equation*}
\nabla \cdot \mathbf{B}=\nabla \cdot(\nabla \times \mathbf{A})=0 \tag{8.5}
\end{equation*}
$$

\]

and the third follows from

$$
\begin{equation*}
\nabla \times \mathbf{E}=-\partial_{t} \nabla \times \mathbf{A}=-\partial_{t} \mathbf{B} \tag{8.6}
\end{equation*}
$$

The vector potential $\mathbf{A}$ thus compactly represents the fields. It also turns out to be fundamentally important in preserving the locality of quantum-mechanical particle-field interactions, so we will often work with it.

### 8.2 Hamiltonian Structure of the Classical Electromagnetic Field

In order to quantize the field, we need the Hamiltonian for the field, identify the canonical coordinates, and then promote them to operators. Before doing this, though, we will review briefly the ideas that underlie the Hamiltonian.

### 8.2.1 Variational Calculus

First off, a (real-valued) functional ${ }^{2}$ is a function $F: \mathbb{F} \longrightarrow \mathbb{R}$, where $\mathbb{F}$ is a space of functions. Usually a functional will involve an integral to reduce functions to scalars, as in the action functional that we consider below. Let $x(t) \in \mathbb{F}$; then $F[x]$ is a real number, and the first variation of the functional $F[x]$ is given by

$$
\begin{equation*}
\delta F[x ; \delta x]:=\lim _{\epsilon \rightarrow 0} \frac{F[x+\epsilon \delta x]-F[x]}{\epsilon}=\left.\frac{d}{d \epsilon} F[x+\epsilon \delta x]\right|_{\epsilon=0} \tag{8.7}
\end{equation*}
$$

where $\epsilon$ and $\delta x$ are subject to the constraint that $x+\epsilon \delta x \in \mathbb{F}$. The first variation is essentially the "linear response" of $F[x]$ to a small perturbation $x(t) \longrightarrow x(t)+\epsilon \delta x(t)$.

We will then define the functional derivative $\delta F / \delta x$ such that

$$
\begin{equation*}
\left\langle\frac{\delta F}{\delta x}, \delta x\right\rangle:=\int_{t_{1}}^{t_{2}} \frac{\delta F}{\delta x} \delta x d t:=\delta F[x ; \delta x] \tag{8.8}
\end{equation*}
$$

(functional derivative)
Note that the brackets here denote an inner product of two vectors (here, functions), which is defined by the integral over the two vectors (functions). Thus, the functional derivative is the part of the first variation after dropping the integral and the variation $\delta x$.

We can generalize this derivative in a couple of ways. A functional may depend on derivatives of the function; suppose that

$$
\begin{equation*}
F\left[x, x_{t}, x_{t t}, \ldots ; t\right]=\int_{t_{1}}^{t_{2}} f\left(t, x, x_{t}, x_{t t}, \ldots\right) d t \tag{8.9}
\end{equation*}
$$

where $x_{t} \equiv \partial x / \partial t$. Then the first variation becomes

$$
\begin{equation*}
\delta F\left[x, x_{t}, x_{t t}, \cdots ; t\right]=\int_{t_{1}}^{t_{2}}\left[\frac{\partial f}{\partial x} \delta x+\frac{\partial f}{\partial x_{t}} \delta x_{t}+\frac{\partial f}{\partial x_{t t}} \delta x_{t t}+\cdots\right] d t \tag{8.10}
\end{equation*}
$$

Integrating by parts,

$$
\begin{equation*}
\delta F\left[x, x_{t}, x_{t t}, \cdots ; t\right]=\int_{t_{1}}^{t_{2}}\left[\frac{\partial f}{\partial x}-\frac{d}{d t} \frac{\partial f}{\partial x_{t}}+\frac{d^{2}}{d t^{2}} \frac{\partial f}{\partial x_{t t}}+\cdots\right] \delta x d t+\left[\frac{\partial f}{\partial x_{t}} \delta x+\cdots\right]_{t_{1}}^{t_{2}} \tag{8.11}
\end{equation*}
$$

and typically the variation is arranged such that the surface terms vanish. This is usually enforced via fixed-endpoint variations $\delta x\left(t_{1}\right)=\delta x\left(t_{2}\right)=0$. Then, using the definition (8.8), we can read off the functional derivative,

$$
\begin{equation*}
\frac{\delta F}{\delta x}=\frac{\partial f}{\partial x}-\frac{d}{d t} \frac{\partial f}{\partial x_{t}}+\frac{d^{2}}{d t^{2}} \frac{\partial f}{\partial x_{t t}}+\cdots, \tag{8.12}
\end{equation*}
$$

[^137]being just the remaining bracketed expression in the integrand.
The other generalization to the functional derivative is to many functions and dimensions, which occurs in the natural way,
\[

$$
\begin{equation*}
\left\langle\frac{\delta F}{\delta \mathbf{y}}, \delta \mathbf{y}\right\rangle:=\int_{D} \frac{\delta F}{\delta y_{\alpha}} \delta y_{\alpha} d^{n} x:=\delta F[\mathbf{y} ; \delta \mathbf{y}] \tag{8.13}
\end{equation*}
$$

\]

for functions $\mathbf{y}(\mathbf{x})$, where $D$ is the domain of integration, and recall that we are implicitly summing over the repeated index $\alpha$.

### 8.2.2 Action Principles

The calculus of variations is important in physics in setting up action principles, where equations of motion follow from the stationary points of some functional. For example, in a least-action principle, functions that minimize the functional correspond to physical solutions.

As a concrete example, we can state an "action principle" for straight lines, in the sense of constructing an action principle that says that the shortest path between two points $p_{1}$ and $p_{2}$ is a straight line. That is, consider the length functional $\ell$ for the curve $y(x)$, with $x_{1,2}$ marking the points $p_{1,2}$ :

$$
\begin{equation*}
\ell[y]=\int_{x_{1}}^{x_{2}} \sqrt{1+\left(\frac{d y}{d x}\right)^{2}} d x \tag{8.14}
\end{equation*}
$$

Then the condition $\delta \ell=0$ (under fixed-endpoint variations) implies that $y(x)$ is a straight line. We can see this from

$$
\begin{equation*}
\delta \ell[y]=\int_{x_{1}}^{x_{2}}\left[-\frac{d}{d x} \frac{y_{x}}{\sqrt{1+y_{x}^{2}}}\right] d x=0 . \tag{8.15}
\end{equation*}
$$

Setting the integrand to zero, after a bit of algebra we see that the only way the integrand can vanish is for $y=\alpha x+\beta$, where $\alpha$ and $\beta$ are constants.

### 8.2.2.1 Lagrangian

In general, we will define a scalar Lagrangian function $L(\mathbf{q}, \dot{\mathbf{q}} ; t)$ to describe our system. Naturally, this may be generalized to higher time derivatives. The action functional is defined by the integral

$$
\begin{equation*}
S[L]:=\int_{t_{1}}^{t_{2}} L(\mathbf{q}, \dot{\mathbf{q}} ; t) d t \tag{8.16}
\end{equation*}
$$

where the Lagrangian $L$ is typically of the form $L=T(\dot{\mathbf{q}})-V(\mathbf{q})$ in particle mechanics. Then Hamilton's principle

$$
\begin{equation*}
\delta S[L]=0 \tag{8.17}
\end{equation*}
$$

(Hamilton's principle)
implies the Euler-Lagrange equation

$$
\begin{equation*}
\frac{\partial L}{\partial q^{\alpha}}-\frac{d}{d t} \frac{\partial L}{\partial \dot{q}^{\alpha}}=0 \tag{8.18}
\end{equation*}
$$

(Euler-Lagrange equation)
under the condition of fixed-endpoint variation $\delta \mathbf{q}\left(t_{1}\right)=\delta \mathbf{q}\left(t_{2}\right)=0$, by applying the vector generalization of Eq. (8.11). This proceeds along the lines of Eq. (8.13), noting that each variation $\delta q^{\alpha}(t)$ is independent.

For a particle Lagrangian of the form

$$
\begin{equation*}
L=\frac{1}{2} m \dot{q}^{2}-V(q) \tag{8.19}
\end{equation*}
$$

the Euler-Lagrange equation implies

$$
\begin{equation*}
m \ddot{q}=-\partial_{q} V \tag{8.20}
\end{equation*}
$$

which is Newton's Second Law.

### 8.2.2.2 Hamiltonian

The Hamiltonian is defined by a Legendre transformation of the Lagrangian via

$$
\begin{equation*}
H(\mathbf{q}, \mathbf{p} ; t):=\dot{q}^{\alpha} p_{\alpha}-L(\mathbf{q}, \dot{\mathbf{q}} ; t) \tag{8.21}
\end{equation*}
$$

(Hamiltonian)
where the conjugate momentum to the generalized coordinate $q^{\alpha}$ is

$$
\begin{equation*}
p_{\alpha}:=\frac{\partial L}{\partial \dot{q}^{\alpha}} \tag{8.22}
\end{equation*}
$$

(conjugate momentum)
The conjugate momentum is used to eliminate dependence on $\dot{\mathbf{q}}$ in the Hamiltonian introduced by the Lagrangian. Then the phase-space action

$$
\begin{equation*}
S[\mathbf{q}, \mathbf{p}]:=\int_{t_{1}}^{t_{2}}\left[\dot{q}^{\alpha} p_{\alpha}-H(\mathbf{q}, \mathbf{p} ; t)\right] d t \tag{8.23}
\end{equation*}
$$

(phase-space action)
(note the bracketed quantity is basically the Lagrangian) along with the action principle

$$
\begin{equation*}
\frac{\delta S}{\delta q^{\alpha}}=0, \quad \frac{\delta S}{\delta p_{\alpha}}=0 \tag{8.24}
\end{equation*}
$$

imply Hamilton's equations,

$$
\begin{equation*}
\partial_{t} p_{\alpha}=-\frac{\partial H}{\partial q^{\alpha}}, \quad \partial_{t} q^{\alpha}=\frac{\partial H}{\partial p_{\alpha}} \tag{8.25}
\end{equation*}
$$

(Hamilton's equations)
again under the condition of fixed position endpoints $\delta q\left(t_{1}\right)=\delta q\left(t_{2}\right)=0$, but now $p\left(t_{1}\right)$ and $p\left(t_{2}\right)$ are allowed to vary. For example, for the particle Lagrangian (8.19), the conjugate momentum is $p=\partial L / \partial \dot{q}=m \dot{q}$, so the Hamiltonian becomes

$$
\begin{equation*}
H=\frac{p^{2}}{2 m}+V(q) \tag{8.26}
\end{equation*}
$$

Then Hamilton's equations become

$$
\begin{equation*}
\partial_{t} p=-\partial_{q} H=-\partial_{q} V, \quad \partial_{t} q=\partial_{p} H=\frac{p}{m} \tag{8.27}
\end{equation*}
$$

The first is again Newton's Second Law, while the second is just the definition of the momentum.

### 8.2.3 Electromagnetic Lagrangian and Hamiltonian

We now identify the Lagrangian for the electromagnetic field, which in terms of the vector potential is

$$
\begin{equation*}
L=\frac{\epsilon_{0}}{2} \int d^{3} r\left[\left(\partial_{t} \mathbf{A}\right)^{2}-c^{2}(\nabla \times \mathbf{A})^{2}\right] \tag{8.28}
\end{equation*}
$$

(electromagnetic Lagrangian)
We can see that this is the appropriate Lagrangian by employing the Euler-Lagrange equation (generalized for functional derivatives, since the generalized coordinates are fields)

$$
\begin{equation*}
\frac{\delta L}{\delta \mathbf{A}}-\partial_{t} \frac{\delta L}{\delta\left(\partial_{t} \mathbf{A}\right)}=0 \tag{8.29}
\end{equation*}
$$

where we take the generalized coordinate to be the vector potential $\mathbf{A}$. Computing the functional derivatives (see below), we find

$$
\begin{equation*}
-\epsilon_{0} c^{2}(\nabla \times(\nabla \times \mathbf{A}))-\partial_{t} \epsilon_{0}\left(\partial_{t} \mathbf{A}\right)=0 \tag{8.30}
\end{equation*}
$$

which we see is equivalent to the wave equation (8.3) for the vector potential.

Since $\mathbf{A}$ is the "position" coordinate, which we can see from the "kinetic energy" term $\left(\partial_{t} \mathbf{A}\right)^{2}$ term in the Lagrangian, the conjugate momentum is given by

$$
\begin{equation*}
\boldsymbol{\Pi}:=\frac{\delta L}{\delta\left(\partial_{t} \mathbf{A}\right)}=\epsilon_{0} \partial_{t} \mathbf{A}=-\epsilon_{0} \mathbf{E} \tag{8.31}
\end{equation*}
$$

(conjugate momentum to $\mathbf{A}$ )
Then the Hamiltonian is given by the Legendre transform of the Lagrangian:

$$
\begin{align*}
H & :=\int d^{3} r\left(\boldsymbol{\Pi} \cdot \partial_{t} \mathbf{A}\right)-L \\
& =\epsilon_{0} \int d^{3} r\left(\partial_{t} \mathbf{A}\right)^{2}-L  \tag{8.32}\\
& =\frac{\epsilon_{0}}{2} \int d^{3} r\left[\left(\partial_{t} \mathbf{A}\right)^{2}+c^{2}(\nabla \times \mathbf{A})^{2}\right] \\
& =\frac{\epsilon_{0}}{2} \int d^{3} r\left[E^{2}+c^{2}(\nabla \times \mathbf{A})^{2}\right]
\end{align*}
$$

In terms of the conjugate variables, the Hamiltonian is

$$
\begin{equation*}
H=\int d^{3} r\left[\frac{\Pi^{2}}{2 \epsilon_{0}}+\frac{1}{2} \epsilon_{0} c^{2}(\nabla \times \mathbf{A})^{2}\right] \tag{8.33}
\end{equation*}
$$

(electromagnetic Hamiltonian)
while in terms of the fields,

$$
\begin{equation*}
H=\frac{\epsilon_{0}}{2} \int d^{3} r\left[E^{2}+c^{2} B^{2}\right] \tag{8.34}
\end{equation*}
$$

(electromagnetic Hamiltonian)
it is clear that the Hamiltonian is just the total energy of the electromagnetic field.
Hamilton's equations then recover the Maxwell equations. The first Hamilton equation is

$$
\begin{equation*}
\partial_{t} \boldsymbol{\Pi}=-\frac{\delta H}{\delta \mathbf{A}} \tag{8.35}
\end{equation*}
$$

which gives

$$
\begin{equation*}
-\epsilon_{0} \partial_{t} \mathbf{E}=-\epsilon_{0} c^{2} \nabla \times(\nabla \times \mathbf{A})=-\epsilon_{0} c^{2} \nabla \times \mathbf{B} \tag{8.36}
\end{equation*}
$$

and thus yields the last Maxwell equation of Eqs. (8.1). The other Hamilton equation,

$$
\begin{equation*}
\partial_{t} \mathbf{A}=\frac{\delta H}{\delta \mathbf{\Pi}} \tag{8.37}
\end{equation*}
$$

contains essentially no information, as it implies

$$
\begin{equation*}
-\epsilon_{0} \mathbf{E}=\frac{\delta H}{-\delta \mathbf{E}} \tag{8.38}
\end{equation*}
$$

The other three Maxwell equations, as we indicated before, follow simply from the fact that the fields derive from the vector potential. Thus, we see how the Hamiltonian structure of the electromagnetic field arises within the Coulomb gauge, which will now allow us to quantize the field.

### 8.2.3.1 Electromagnetic Functional Derivatives

Here we compute the functional derivatives that arise in Eqs. (8.29), (8.35), and (8.37) as follows. Recall that a functional is a function that maps functions to scalars. The Lagrangian and Hamiltonian here satisfy this definition, due to the spatial integration, in the same way as the action integral above. The first variation of the Lagrangian is

$$
\begin{equation*}
\delta L\left(\mathbf{A}, \partial_{t} \mathbf{A}\right):=\left.\frac{d}{d \epsilon} L\left(\mathbf{A}+\epsilon \delta \mathbf{A}, \partial_{t} \mathbf{A}+\epsilon \delta\left(\partial_{t} \mathbf{A}\right)\right)\right|_{\epsilon=0} \tag{8.39}
\end{equation*}
$$

for variations $\delta \mathbf{A}$ and $\delta\left(\partial_{t} \mathbf{A}\right)$ of the potential. This is easy to evaluate, as this is just a linearization in the variations, giving

$$
\begin{equation*}
\delta L\left(\mathbf{A}, \partial_{t} \mathbf{A}\right)=\epsilon_{0} \int d^{3} r\left[\left(\partial_{t} \mathbf{A}\right) \cdot \delta\left(\partial_{t} \mathbf{A}\right)-c^{2}(\nabla \times \mathbf{A}) \cdot(\nabla \times \delta \mathbf{A})\right] \tag{8.40}
\end{equation*}
$$

Using the vector identity

$$
\begin{equation*}
\nabla \cdot(\delta \mathbf{A} \times(\nabla \times \mathbf{A}))=(\nabla \times \mathbf{A}) \cdot(\nabla \times \delta \mathbf{A})-\delta \mathbf{A} \cdot(\nabla \times(\nabla \times \mathbf{A})), \tag{8.41}
\end{equation*}
$$

we can use the divergence theorem and integrate by parts to obtain

$$
\begin{equation*}
\delta L\left(\mathbf{A}, \partial_{t} \mathbf{A}\right)=\epsilon_{0} \int d^{3} r\left[\left(\partial_{t} \mathbf{A}\right) \cdot \delta\left(\partial_{t} \mathbf{A}\right)-c^{2}(\nabla \times(\nabla \times \mathbf{A})) \cdot \delta \mathbf{A}\right]+\epsilon_{0} c^{2} \int_{\text {surface }}(\delta \mathbf{A} \times \mathbf{B}) \cdot d \mathbf{a} \tag{8.42}
\end{equation*}
$$

We will assume a fixed-boundary variation, so that $\delta \mathbf{A}=0$ on the surface of the integration volume, so that the surface term vanishes.

We defined the functional derivatives in terms of the first variation via inner products with the variations

$$
\begin{equation*}
\delta L\left(\mathbf{A}, \partial_{t} \mathbf{A}\right)=:\left\langle\frac{\delta L}{\delta\left(\partial_{t} \mathbf{A}\right)}, \delta\left(\partial_{t} \mathbf{A}\right)\right\rangle+\left\langle\frac{\delta L}{\delta \mathbf{A}}, \delta \mathbf{A}\right\rangle \tag{8.43}
\end{equation*}
$$

Interpreting the spatial integral with the dot product as the inner product here, we can write down the functional derivatives:

$$
\begin{align*}
\frac{\delta L}{\delta\left(\partial_{t} \mathbf{A}\right)} & =\epsilon_{0} \partial_{t} \mathbf{A}  \tag{8.44}\\
\frac{\delta L}{\delta \mathbf{A}} & =-\epsilon_{0} c^{2} \nabla \times(\nabla \times \mathbf{A})
\end{align*}
$$

Note that from the form of the Hamiltonian, the same functional derivatives of the Hamiltonian have the same forms, except that the functional derivative with respect to $\mathbf{A}$ changes sign.

### 8.3 Quantization of a Single Field Mode

Now we can proceed to quantize the field, considering only a single field mode. ${ }^{3}$ The idea is to take advantage of the fact that we have a linear field theory (because the QED Hamiltonian is quadratic in $\boldsymbol{\Pi}$ and $\mathbf{A}$ ), so we can perform separation of variables and decompose the field operators into noninteracting normal modes. These normal modes are much simpler to deal with than the full fields. Taking an implicit Fourier transform, we can assume a monochromatic solution of frequency $\omega$ :

$$
\begin{align*}
\mathbf{A}(\mathbf{r}, t) & =\alpha(t) \mathbf{f}(\mathbf{r})+\text { c.c. }  \tag{8.45}\\
& =\alpha(0) e^{-i \omega t} \mathbf{f}(\mathbf{r})+\text { c.c. }
\end{align*}
$$

The space and time dependences are now explicitly separated-the separation of variables is allowed by the form of the wave equation for $\mathbf{A}$. The function $\mathbf{f}(\mathbf{r})$ is the mode function, which contains all the spatial dependence of the field. (In general, there are many possible mode functions for a given frequency, so we will simply choose one.) We assume them to be normalized such that

$$
\begin{equation*}
\int d^{3} r|\mathbf{f}(\mathbf{r})|^{2}=1 \tag{8.46}
\end{equation*}
$$

[^138]The wave equation (8.3) then implies that the mode function satisfies the Helmholtz equation

$$
\left(\nabla^{2}+k^{2}\right) \mathbf{f}(\mathbf{r})=0
$$

(Helmholtz equation for mode function)
where $k=\omega / c$.
We can now simplify the field Hamiltonian in the case of a single mode. We will need the relation

$$
\begin{align*}
\int d^{3} r(\nabla \times \mathbf{A})^{2} & =\int d^{3} r \mathbf{A} \cdot(\nabla \times(\nabla \times \mathbf{A})) \\
& =-\int d^{3} r \mathbf{A} \cdot\left(\nabla^{2} \mathbf{A}\right)  \tag{8.48}\\
& =k^{2} \int d^{3} r A^{2}
\end{align*}
$$

where we again integrated by parts and discarded the surface term, then used the fact that the vector potential (8.45) satisfies the Helmholtz equation. Then the Hamiltonian becomes

$$
\begin{equation*}
H=\int d^{3} r\left[\frac{\Pi^{2}}{2 \epsilon_{0}}+\frac{1}{2} \epsilon_{0} \omega^{2} A^{2}\right] \tag{8.49}
\end{equation*}
$$

This form suggests the Hamiltonian for a harmonic oscillator of frequency $\omega$ and mass $\epsilon_{0}$, again with momentum $\boldsymbol{\Pi}=-\epsilon_{0} \mathbf{E}$ and position $\mathbf{A}$.

Of course, the spatial integral does not appear in the usual harmonic-oscillator Hamiltonian. However, the spatial dependence of the mode is fixed, so we can go ahead and carry out the integral to complete the analogy. Noting that the mode electric field is given by

$$
\begin{equation*}
\mathbf{E}=-\partial_{t} \mathbf{A}=-i \omega \alpha(t) \mathbf{f}(\mathbf{r})+\text { c.c. } \tag{8.50}
\end{equation*}
$$

we can define a momentum coordinate to be the temporal part of $\boldsymbol{\Pi}$, but with a different phase choice for $\alpha(0)$,

$$
\begin{equation*}
p:=-\omega \epsilon_{0}[\alpha(t)+\text { c.c. }], \tag{8.51}
\end{equation*}
$$

and a position coordinate to be the temporal part of $\mathbf{A}$, with the same phase choice,

$$
\begin{equation*}
q:=-[i \alpha(t)+\text { c.c. }], \tag{8.52}
\end{equation*}
$$

so that $p=\epsilon_{0} \partial_{t} q$. Then we can rewrite the Hamiltonian as

$$
\begin{align*}
H & =\frac{\epsilon_{0}}{2} \int d^{3} r\left[E^{2}+\omega^{2} A^{2}\right] \\
& =\frac{\epsilon_{0}}{2} \int d^{3} r\left[4 \omega^{2}|\alpha(t)|^{2}|\mathbf{f}(\mathbf{r})|^{2}\right]  \tag{8.53}\\
& =\frac{\epsilon_{0}}{2}\left[4 \omega^{2}|\alpha(t)|^{2}\right] \\
& =\frac{p^{2}}{2 m}+\frac{1}{2} m \omega^{2} q^{2}
\end{align*}
$$

with $m=\epsilon_{0}$. Here, the connection to the harmonic oscillator is more obvious, and the variables $p$ and $q$ are still clearly canonically conjugate.

The usual quantum relations for the coordinate operators in terms of the creation and annihilation operators are

$$
\begin{align*}
& q=\sqrt{\frac{\hbar}{2 m \omega}}\left(a+a^{\dagger}\right)  \tag{8.54}\\
& p=\sqrt{\frac{m \hbar \omega}{2}}\left(\frac{a-a^{\dagger}}{i}\right)
\end{align*}
$$

and the usual commutation relation is $\left[a, a^{\dagger}\right]=1$. Comparing the relations (8.51) and (8.52) to the quantum relations, we can identify

$$
\begin{equation*}
\alpha(t) \longrightarrow i \sqrt{\frac{\hbar}{2 \omega \epsilon_{0}}} a(t) \tag{8.55}
\end{equation*}
$$

(quantization replacement, single field mode)
which will be our "recipe" for quantization: after a rescaling, we replace the function $\alpha(t)$ with the annihilation operator $a(t)$ (and a scaling factor). We can thus write the quantum fields as

$$
\begin{align*}
& \mathbf{A}(\mathbf{r}, t)=i \sqrt{\frac{\hbar}{2 \omega \epsilon_{0}}} \mathbf{f}(\mathbf{r}) a(t)+\text { H.c. } \\
& \mathbf{E}(\mathbf{r}, t)=-\sqrt{\frac{\hbar \omega}{2 \epsilon_{0}}} \mathbf{f}(\mathbf{r}) a(t)+\text { H.c. }  \tag{8.56}\\
& \mathbf{B}(\mathbf{r}, t)=i \sqrt{\frac{\hbar}{2 \omega \epsilon_{0}}}[\nabla \times \mathbf{f}(\mathbf{r})] a(t)+\text { H.c. } \tag{quantizedfields}
\end{align*}
$$

Note that the mode functions in the quantum fields are entirely classical; the quantum part of the field modes only enters in the "time dependence."

Also, with the relations (8.54), the Hamiltonian (8.53) becomes

$$
\begin{align*}
H & =\frac{\hbar \omega}{2}\left(a^{\dagger} a+a a^{\dagger}\right)  \tag{8.57}\\
& =\hbar \omega\left(a^{\dagger} a+\frac{1}{2}\right)
\end{align*}
$$

(Hamiltonian for single field mode)

Of course, this is the usual quantum Hamiltonian for the harmonic oscillator. Thus, we have explicitly shown that a single field mode behaves both classically and quantum-mechanically as an ordinary harmonic oscillator, and we have defined the annihilation operator for this oscillator. Of course, the energy level $|n\rangle$ is colloquially called the "number of photons," and $a(t)$ is the annihilation operator that removes a photon from the field.

### 8.4 Quantization of Many Modes

Classically, there are orthogonal modes corresponding to different wave vectors $\mathbf{k}$ : different frequencies correspond to different magnitudes $|\mathbf{k}|$, and for the same frequency, different directions correspond to different spatial mode profiles. Also, there are two distinct polarizations for each possible wave vector (due the the three-vector nature of $\mathbf{A}$ and the constraint $\nabla \cdot \mathbf{A}=0$ ), which we will label by $\zeta(\zeta=1$ or 2$)$. In this case, we have the orthonormal mode functions $\mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r})$, satisfying

$$
\begin{equation*}
\int_{V} d^{3} r \mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r}) \cdot \mathbf{f}_{\mathbf{k}^{\prime}, \zeta^{\prime}}^{*}(\mathbf{r})=\delta_{\mathbf{k}, \mathbf{k}^{\prime}}^{3} \delta_{\zeta, \zeta^{\prime}} \tag{8.58}
\end{equation*}
$$

(mode orthnormality)
where $V$ is the volume of the cavity enclosing the mode functions (the quantization volume). Then each mode is completely independent of the others, and by extending the above analysis, the Hamiltonian becomes

$$
\begin{equation*}
H=\sum_{\mathbf{k}, \zeta} \hbar \omega_{\mathbf{k}}\left(a_{\mathbf{k}, \zeta}^{\dagger} a_{\mathbf{k}, \zeta}+\frac{1}{2}\right) \tag{8.59}
\end{equation*}
$$

(many-mode Hamiltonian)
where $\omega_{\mathbf{k}}=c|\mathbf{k}|$. In this case, we also have

$$
\begin{equation*}
\left[a_{\mathbf{k}, \zeta}, a_{\mathbf{k}^{\prime}, \zeta^{\prime}}^{\dagger}\right]=\delta_{\mathbf{k}, \mathbf{k}^{\prime}}^{3} \delta_{\zeta, \zeta^{\prime}} \tag{8.60}
\end{equation*}
$$

(bosonic commutation relation)
for the bosonic commutation relations for the field operators. We can now write the field operators as a sum over the field modes, including the operator parts:

$$
\begin{align*}
& \mathbf{A}(\mathbf{r}, t)=\sum_{\mathbf{k}, \zeta} i \sqrt{\frac{\hbar}{2 \omega_{\mathbf{k}} \epsilon_{0}}} \mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r}) a_{\mathbf{k}, \zeta}(t)+\text { H.c. } \\
& \mathbf{E}(\mathbf{r}, t)=\sum_{\mathbf{k}, \zeta}-\sqrt{\frac{\hbar \omega_{\mathbf{k}}}{2 \epsilon_{0}}} \mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r}) a_{\mathbf{k}, \zeta}(t)+\text { H.c. }  \tag{8.61}\\
& \mathbf{B}(\mathbf{r}, t)=\sum_{\mathbf{k}, \zeta} i \sqrt{\frac{\hbar}{2 \omega_{\mathbf{k}} \epsilon_{0}}}\left[\nabla \times \mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r})\right] a_{\mathbf{k}, \zeta}(t)+\text { H.c. }
\end{align*}
$$

(quantized fields)

Since we have quantized the classical field theory while preserving its Hamiltonian structure, we have performed canonical quantization or second quantization of the electromagnetic field.

### 8.4.1 Example: Quantization in a Perfectly Conducting Box

For a perfectly conducting box of lengths $L_{x}, L_{y}$, and $L_{z}$ (with one corner at the origin), the transverse components of the electric fields must vanish at the boundaries, and thus the mode functions become

$$
\begin{aligned}
\mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r})=\sqrt{\frac{8}{V}} & {\left[\hat{x}\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{x}\right) \cos \left(k_{x} x\right) \sin \left(k_{y} y\right) \sin \left(k_{z} z\right)\right.} \\
& +\hat{y}\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{y}\right) \sin \left(k_{x} x\right) \cos \left(k_{y} y\right) \sin \left(k_{z} z\right) \\
& \left.+\hat{z}\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{z}\right) \sin \left(k_{x} x\right) \sin \left(k_{y} y\right) \cos \left(k_{z} z\right)\right],
\end{aligned}
$$

(mode functions, perfectly conducting box) (8.62)
where $V:=L_{x} L_{y} L_{z}, \hat{\varepsilon}_{\mathbf{k}, \zeta}$ is the unit polarization vector of the mode, and the $\hat{x}^{j}$ are the Cartesian unit vectors along the $x^{j}$-direction. The wave vectors are given by

$$
\begin{equation*}
k_{x}=\frac{\pi n_{x}}{L_{x}}, \quad k_{y}=\frac{\pi n_{y}}{L_{y}}, \quad k_{z}=\frac{\pi n_{z}}{L_{z}} \tag{8.63}
\end{equation*}
$$

where the $n_{\alpha}$ are nonnegative integers (and not all zero). Since $\nabla \cdot \mathbf{E}=0$, we have

$$
\begin{equation*}
\frac{n_{x} E_{x}}{L_{x}}+\frac{n_{y} E_{y}}{L_{y}}+\frac{n_{z} E_{z}}{L_{z}}=0 \tag{8.64}
\end{equation*}
$$

which constrains the number of independent polarizations per $\left(n_{x}, n_{y}, n_{z}\right)$ triple to at most 2 .

### 8.4.2 Example: Quantization in Free Space

Quantization in free space ${ }^{4}$ is similar to the case of the box cavity, and in fact free-space results can be obtained with some care as the limit of a box where $V \longrightarrow \infty .{ }^{5}$ However, it is aesthetically better to have mode functions that have amplitudes that are independent of $\mathbf{r}$. To avoid problems with the normalization, we will impose a fictitious array of boxes filling free space, each of volume $V=L^{3}$, with periodic boundary conditions on the vector potential

$$
\begin{equation*}
\mathbf{A}(x+L, y, z, t)=\mathbf{A}(x, y+L, z, t)=\mathbf{A}(x, y, z+L, t)=\mathbf{A}(x, y, z, t) \tag{8.65}
\end{equation*}
$$

[^139]which is satisfied by the mode functions
\[

$$
\begin{equation*}
\mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r})=\frac{1}{\sqrt{V}} \hat{\varepsilon}_{\mathbf{k}, \zeta} e^{i \mathbf{k} \cdot \mathbf{r}} \tag{8.66}
\end{equation*}
$$

\]

(mode functions, free space)
where the components of the wave vector $\mathbf{k}$ is given by

$$
\begin{equation*}
k_{x, y, z}=\frac{2 \pi n_{x, y, z}}{L}=\frac{2 \pi n_{x, y, z}}{\sqrt[3]{V}} \tag{8.67}
\end{equation*}
$$

and the $n_{x^{j}}$ are any integers.
We can write out the potential explicitly here as

$$
\begin{align*}
\mathbf{A}_{\mathbf{k}, \zeta}(\mathbf{r}, t) & =i \sqrt{\frac{\hbar}{2 \omega \epsilon_{0} V}} \hat{\varepsilon}_{\mathbf{k}, \zeta} e^{i \mathbf{k} \cdot \mathbf{r}} a_{\mathbf{k}, \zeta}(t)+\text { H.c. }  \tag{8.68}\\
& =i \sqrt{\frac{\hbar}{2 \omega \epsilon_{0}} V} \hat{\varepsilon}_{\mathbf{k}, \zeta} e^{i(\mathbf{k} \cdot \mathbf{r}-\omega t)} a_{\mathbf{k}, \zeta}(0)+\text { H.c. }
\end{align*}
$$

and the electric field similarly becomes

$$
\begin{align*}
\mathbf{E}_{\mathbf{k}, \zeta}(\mathbf{r}, t) & =\sqrt{\frac{\hbar \omega}{2 \epsilon_{0} V}} \hat{\varepsilon}_{\mathbf{k}, \zeta} e^{i \mathbf{k} \cdot \mathbf{r}} a_{\mathbf{k}, \zeta}(t)+\text { H.c. }  \tag{8.69}\\
& =\sqrt{\frac{\hbar \omega}{2 \epsilon_{0} V}} \hat{\varepsilon}_{\mathbf{k}, \zeta} e^{i(\mathbf{k} \cdot \mathbf{r}-\omega t)} a_{\mathbf{k}, \zeta}(0)+\text { H.c.. }
\end{align*}
$$

Strictly speaking, we must let $V \longrightarrow \infty$ in any calculation in free space, unless the problem obeys periodic boundary conditions. This limit is straightforward, where, for example, $\delta_{\mathbf{k}, \mathbf{k}^{\prime}}^{3} \longrightarrow \delta^{3}\left(\mathbf{k}-\mathbf{k}^{\prime}\right)$, and the sum over modes changes to an integral.

### 8.4.3 Example: Quantization in Half Space

A case intermediate to the above two is the case of a perfectly conducting plane defined by $z=0$, where we quantize the half-space $z>0$. The parallel components of the field must vanish on the plane, and so we choose

$$
\mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r})=\sqrt{\frac{2}{V}}\left(\hat{\varepsilon}_{\mathbf{k}, \zeta, \|} \sin k_{z} z-i \hat{\varepsilon}_{\mathbf{k}, \zeta, z} \cos k_{z} z\right) e^{i \mathbf{k}_{\|} \cdot \mathbf{r}}
$$

(half-space mode functions) (8.70) where the subscript $\|$ denotes the part of the vector parallel to the surface, $\mathbf{v}_{\|}=[\hat{x}(\hat{x} \cdot \mathbf{v})+\hat{y}(\hat{y} \cdot \mathbf{v})]$, while the $z$ subscript denotes the part of the vector perpendicular to the surface, $\mathbf{v}_{z}=\hat{z}(\hat{z} \cdot \mathbf{v})$. Here we have quantized inside a cube of length $L=V^{1 / 3}$, imposing periodic boundary conditions in the $x$ - and $y$-directions and conducting boundary conditions in the $z$-direction. The components of the wave vector are then given by

$$
\begin{equation*}
k_{x}=\frac{2 \pi n_{x}}{L}, \quad k_{y}=\frac{2 \pi n_{y}}{L}, \quad k_{z}=\frac{\pi n_{z}}{L} \tag{8.71}
\end{equation*}
$$

where $n_{x}$ and $n_{y}$ are any integers, and $n_{z}$ is nonnegative. The transverse condition $\nabla \cdot \mathbf{E}=0$ then implies

$$
\begin{equation*}
n_{x}\left(\hat{x} \cdot \hat{\varepsilon}_{\mathbf{k}, \zeta}\right)+n_{y}\left(\hat{y} \cdot \hat{\varepsilon}_{\mathbf{k}, \zeta}\right)+n_{z}\left(\hat{z} \cdot \hat{\varepsilon}_{\mathbf{k}, \zeta}\right)=0 \tag{8.72}
\end{equation*}
$$

again restricting the number of distinct polarizations to two.
Note that we may also write Eq. (8.70) in the form

$$
\begin{equation*}
\mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r})=-\frac{i}{\sqrt{2 V}}\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} e^{i \mathbf{k} \cdot \mathbf{r}}-\hat{\varepsilon}_{\mathbf{k}^{-}, \zeta} e^{i \mathbf{k}^{-} \cdot \mathbf{r}}\right) \tag{8.73}
\end{equation*}
$$

where

$$
\begin{equation*}
\mathbf{k}^{-}=k_{x} \hat{x}+k_{y} \hat{y}-k_{z} \hat{z} \tag{8.74}
\end{equation*}
$$

is the wave vector reflected through the conducting plane, and

$$
\begin{equation*}
\hat{\varepsilon}_{\mathbf{k}^{-}, \zeta}=\hat{\varepsilon}_{\mathbf{k}, \zeta, x} \hat{x}+\hat{\varepsilon}_{\mathbf{k}, \zeta, y} \hat{y}-\hat{\varepsilon}_{\mathbf{k}, \zeta, z} \hat{z} \tag{8.75}
\end{equation*}
$$

is the unit polarization vector with the same reflection. In this form, it is clear that each mode consists of a plane wave propagating along $\mathbf{k}$, along with its reflection off the mirror, which travels along $\mathbf{k}^{-}$. For the two polarizations, it is conventional to choose one polarization to be oriented parallel to the mirror. This is the transverse electric (TE) polarization-or S-polarization, for senkrecht or perpendicular to the plane of incidence of the incident wave - and is given by

$$
\begin{equation*}
\mathbf{f}_{\mathbf{k}}^{(\mathrm{TE})}(\mathbf{r})=\sqrt{\frac{2}{V}}\left(\hat{k}_{\|} \times \hat{z} \sin k_{z} z\right) e^{i \mathbf{k}_{\|} \cdot \mathbf{r}} \tag{8.76}
\end{equation*}
$$

(TE polarization)
Here $\hat{k}_{\|}$is the projection of the $\mathbf{k}$ into the plane of the conductor, renormalized to unit length. The other polarization, the transverse magnetic (TM) - or P-polarization, for parallel to the plane of incidenceis orthogonal to both the TE polarization vector and $\mathbf{k}$, and is given by

$$
\begin{equation*}
\mathbf{f}_{\mathbf{k}}^{(\mathrm{TM})}(\mathbf{r})=\sqrt{\frac{2}{V}}\left(\hat{k}_{\|} \frac{k_{z}}{k} \sin k_{z} z+i \hat{z} \frac{k_{\|}}{k} \cos k_{z} z\right) e^{i \mathbf{k}_{\|} \cdot \mathbf{r}} \tag{8.77}
\end{equation*}
$$

(TM polarization)
It thus always suffices to assume that the unit polarization vectors $\hat{\varepsilon}_{\mathbf{k}, \zeta}$ are real.

### 8.4.4 Example: Quantization in a Spherical Cavity

An important but much more complicated cavity than the rectangular one is the spherical cavity. In spherical coordinates, the Laplacian in the Helmholtz equation (8.47) is

$$
\begin{align*}
\nabla^{2} & =\frac{1}{r^{2}} \partial_{r} r^{2} \partial_{r}+\frac{1}{r^{2} \sin \theta} \partial_{\theta} \sin \theta \partial_{\theta}+\frac{1}{r^{2} \sin ^{2} \theta} \partial_{\phi}^{2}  \tag{8.78}\\
& =\frac{1}{r} \partial_{r}^{2} r+\frac{1}{r^{2} \sin \theta} \partial_{\theta} \sin \theta \partial_{\theta}+\frac{1}{r^{2} \sin ^{2} \theta} \partial_{\phi}^{2}
\end{align*}
$$

where the derivative operators are understood to operate on everything to the right, including an arbitrary test function.

### 8.4.4.1 Scalar Field

In the scalar case, we can separate the Helmholtz equation $\left(\nabla^{2}+k^{2}\right) \psi=0$ by taking the solution to be the product $\psi(\mathbf{r})=R(r) \Theta(\theta) \Phi(\phi)$. Substitution of this ansatz into the scalar Helmholtz equation yields the equations

$$
\begin{gather*}
r^{2} \partial_{r}^{2} R+2 r \partial_{r} R+\left(k^{2} r^{2}-c_{1}^{2}\right) R=0 \\
\frac{1}{\sin \theta} \partial_{\theta}\left(\sin \theta \partial_{\theta} \Theta\right)+\left(c_{1}^{2}-\frac{c_{2}^{2}}{\sin ^{2} \theta}\right) \Theta=0  \tag{8.79}\\
\partial_{\phi}^{2} \Phi+c_{2}^{2} \Phi=0
\end{gather*}
$$

where $c_{1}$ and $c_{2}$ are separation constants [e.g., if $R(r)=\Theta(\theta)$, then there is a constant $c$ such that $R(r)=$ $c=\Theta(\theta)]$. The last equation is easiest to solve, giving

$$
\begin{equation*}
\Phi(\phi)=e^{ \pm i c_{2} \phi} \tag{8.80}
\end{equation*}
$$

Since $\Phi(\phi)$ must be $2 \pi$ periodic, clearly, $c_{2}$ must be an integer, $c_{2}=m$, so that

$$
\begin{equation*}
\Phi_{m}(\phi)=e^{i m \phi} \tag{8.81}
\end{equation*}
$$

where $m$ can be positive or negative (or zero). The second separation equation thus becomes, letting $x=\cos \theta$ and regarding $\Theta$ to be function of $x$,

$$
\begin{equation*}
\left(1-x^{2}\right) \partial_{x}^{2} \Theta-2 x \partial_{x} \Theta+\left(c_{1}^{2}-\frac{m^{2}}{1-x^{2}}\right) \Theta=0 \tag{8.82}
\end{equation*}
$$

Taking $c_{1}^{2}=l(l+1)$, this equation becomes the general Legendre equation,

$$
\begin{equation*}
\left(1-x^{2}\right) \partial_{x}^{2} \Theta-2 x \partial_{x} \Theta+\left(l(l+1)-\frac{m^{2}}{1-x^{2}}\right) \Theta=0 \tag{8.83}
\end{equation*}
$$

which has nondivergent solutions on the domain $[-1,1]$ only if $l$ is a nonnegative integer and $|m| \leq 0$. These solutions are the associated Legendre functions, denoted by $P_{l}^{m}(x)$. They are given explicitly by

$$
\begin{align*}
& P_{l}^{m}(x)=\frac{(-1)^{m}}{2^{l} l!}\left(1-x^{2}\right)^{m / 2} \partial_{x}^{l+m}\left(x^{2}-1\right)^{l} \quad(m \geq 0)  \tag{8.84}\\
& P_{l}^{m}(x)=(-1)^{m} \frac{(l-m)!}{(l+m)!} P_{l}^{m}(x)
\end{align*}
$$

Clearly, $P_{l}^{m}(x)$ is a polynomial if $m$ is even, and $P_{l}^{0}(x)$ is an ordinary Legendre polynomial. The $P_{l}^{m}(x)$ obey the orthogonality condition

$$
\begin{equation*}
\int_{-1}^{1} P_{l}^{m}(x) P_{l^{\prime}}^{m}(x) d x=\frac{2(l+m)!}{(2 l+1)(l-m)!} \delta_{l l^{\prime}} \quad(m \geq 0) \tag{8.85}
\end{equation*}
$$

The full solution to the Helmholtz equation is also orthogonal for different values of $m$, due to the form of $\Phi(\phi)$ above.

The angular solutions are generally combined, and thus the solution $\Theta(\theta) \Phi(\phi)$ is given by the spherical harmonics

$$
\begin{equation*}
Y_{l}^{m}(\theta, \phi):=\sqrt{\frac{(2 l+1)(l-m)!}{4 \pi(l+m)!}} P_{l}^{m}(\cos \theta) e^{i m \phi} \tag{8.86}
\end{equation*}
$$

(spherical harmonic)
which are more conveniently normalized such that

$$
\begin{equation*}
Y_{l}^{m *}(\theta, \phi)=(-1)^{m} Y_{l}^{-m}(\theta, \phi) \tag{8.87}
\end{equation*}
$$

$$
\int d \Omega Y_{l}^{m}(\theta, \phi) Y_{l^{\prime}}^{m^{\prime}}(\theta, \phi)=\delta_{l l^{\prime}} \delta_{m m^{\prime}}
$$

(See also Section 7.3.2 for a more quantum-mechanical introduction.) They also obey the sum rule

$$
\begin{equation*}
\sum_{m=-l}^{l}\left|Y_{l}^{m}(\theta, \phi)\right|^{2}=\frac{2 l+1}{4 \pi} \tag{8.88}
\end{equation*}
$$

(sum rule)
showing that the $m$ "quantum number" determines the orientation of the modes; summing over it results in an isotropic angular distribution. Some examples of the lowest few (monopole and dipole) spherical harmonics are

$$
\begin{equation*}
Y_{0}^{0}(\theta, \phi)=\frac{1}{\sqrt{4 \pi}}, \quad Y_{1}^{0}(\theta, \phi)=\sqrt{\frac{3}{4 \pi}} \cos \theta, \quad Y_{1}^{ \pm 1}(\theta, \phi)=\mp \sqrt{\frac{3}{8 \pi}} \sin \theta e^{ \pm i \phi} \tag{8.89}
\end{equation*}
$$

The spherical harmonics form a complete set for the angular dependence of the scalar-field solutions.
As for the radial dependence, the equation for the radial function $R(r)$ becomes

$$
\begin{equation*}
r^{2} \partial_{r}^{2} R+2 r \partial_{r} R+\left[k^{2} r^{2}-l(l+1)\right] R=0 \tag{8.90}
\end{equation*}
$$

Changing variables by setting $\chi(r):=\sqrt{k r} R(r)$ leads to

$$
\begin{equation*}
r^{2} \partial_{r}^{2} \chi+r \partial_{r} \chi+\left[k^{2} r^{2}-\left(l+\frac{1}{2}\right)^{2}\right] \chi=0 \tag{8.91}
\end{equation*}
$$

This is Bessel's equation (with independent variable $k r$ ), and the solutions are ordinary Bessel functions of the first kind, $J_{l+1 / 2}(r)$, of order $l+1 / 2$, as well as the ordinary Bessel functions of the second kind, $Y_{l+1 / 2}(r)$, of the same order. The solutions $R(r)$ are thus generally written as spherical Bessel functions of the first and second kind, defined by

$$
\begin{align*}
j_{l}(r) & :=\sqrt{\frac{\pi}{2 r}} J_{l+1 / 2}(r)  \tag{8.92}\\
y_{l}(r) & :=\sqrt{\frac{\pi}{2 r}} Y_{l+1 / 2}(r)
\end{align*}
$$

(spherical Bessel functions)
respectively. Near the origin, these functions have the asymptotic forms ${ }^{6}$

$$
\begin{align*}
& j_{l}(r) \approx \frac{r^{l}}{(2 l+1)!!}  \tag{8.93}\\
& y_{l}(r) \approx-\frac{(2 l-1)!!}{r^{l+1}}
\end{align*}
$$

where $n!!=1 \cdot 3 \cdot 5 \cdots n$. The $y_{l}(r)$ thus correspond to singular modes, and we can henceforth dump them. Technically, the $y_{l}(r)$ are not even square-normalizable over the cavity for $l>0$, but $y_{0}(r)$ can be normalized, so we can't necessarily discard it based on normalizability or finite-energy arguments. However, when we go over to the vector-field case, the derivatives involve will also make it non-normalizable. In any case, our desired radial solutions are $R(r)=j_{l}(k r)$. They form a complete set, as follows for example from the representation ${ }^{7}$

$$
\begin{equation*}
e^{i \mathbf{k} \cdot \mathbf{r}}=\sum_{l=0}^{\infty}(2 l+1) i^{l} j_{l}(k r) P_{l}(\hat{\mathbf{k}} \cdot \hat{\mathbf{r}}), \tag{8.94}
\end{equation*}
$$

where $P_{l}(x)=P_{l}^{0}(x)$ is a Legendre polynomial. Since an arbitrary plane wave may be decomposed into spherical Bessel functions of the first kind, and plane waves are complete, so are the $j_{1}(r)$.

Of course, the radial solutions must satisfy the boundary condition $j_{l}(k R)=0$, where $R$ is now the radius of the spherical cavity. But $j_{l}(r)$ is an oscillatory function, and so there is a countable infinity of $k$ values where the boundary condition is satisfied. Thus, we will define these $k$ values by

$$
\begin{equation*}
j_{l}\left(k_{n l} R\right)=0 \tag{8.95}
\end{equation*}
$$

where the solution is commonly written

$$
\begin{equation*}
k_{n l}=\frac{a_{n l}}{R} \tag{8.96}
\end{equation*}
$$

(allowed wave numbers)
where $a_{n l}$ is the $n$th positive zero of $j_{l}(r)$. We may thus write the scalar-field, spherical cavity modes as

$$
\begin{equation*}
\psi_{n l m}(\mathbf{r})=\mathcal{N}_{n l} j_{l}\left(k_{n l} r\right) Y_{l}^{m}(\theta, \phi) \tag{8.97}
\end{equation*}
$$

(scalar modes of spherical cavity)

[^140]where the radial normalization factor is given by
\[

$$
\begin{equation*}
\mathcal{N}_{n l}:=\frac{1}{\sqrt{\int_{0}^{R} d r r^{2} j_{l}^{2}\left(k_{n l} r\right)}} \tag{8.98}
\end{equation*}
$$

\]

(radial normalization factor)

The integral in the normalization factor can be performed analytically, with the result (Problem 14.15)

$$
\begin{equation*}
\mathcal{N}_{n l}^{-2}=\int_{0}^{R} d r r^{2} j_{l}^{2}\left(k_{n l} r\right)=\frac{R^{3}}{2}\left[j_{l}^{\prime}\left(k_{n l} R\right)\right]^{2}=\frac{R^{3}}{2} j_{l+1}^{2}\left(k_{n l} R\right) \tag{8.99}
\end{equation*}
$$

(radial normalization factor)
We see that the modes are parameterized by three indices (quantum numbers, in the case of a quantum particle in a spherical cavity), as we expect for three dimensions: a radial number $n$, and two angular numbers $l$ and $m$.

### 8.4.4.2 Vector Field

Now given the solutions $\psi(\mathbf{r})$ to the scalar Helmholtz equation $\left(\nabla^{2}+k^{2}\right) \psi=0$, we can construct the solutions to the vector Helmholtz equation $\left(\nabla^{2}+k^{2}\right) \mathbf{f}=0$ by simply differentiating $\psi .^{8}$ In fact, three independent vector solutions are (Problem 8.14)

$$
\begin{equation*}
\mathbf{L}=\nabla \psi, \quad \mathbf{M}=\nabla \times(\mathbf{r} \psi), \quad \mathbf{N}=\frac{1}{k} \nabla \times \mathbf{M} \tag{8.100}
\end{equation*}
$$

Clearly $\mathbf{L}$ is longitudinal (as defined below), since $\nabla \times \mathbf{L}=\nabla \times \nabla \psi=0$, whereas $\mathbf{M}$ and $\mathbf{N}$ are both transverse (as defined below), since $\nabla \cdot \mathbf{M}=\nabla \cdot \mathbf{N}=0$. Thus, $\mathbf{M}$ and $\mathbf{N}$ are the ones that we're interested in for the cavity modes; as we will see later, only transverse fields transport energy. Alternately, starting from $\mathbf{N}=(1 / k) \nabla \times \mathbf{M}$, we can compute the curl to find $\nabla \times \mathbf{N}=(1 / k) \nabla \times \nabla \times \mathbf{M}=(1 / k)\left[\nabla(\nabla \cdot \mathbf{M})-\nabla^{2} \mathbf{M}\right]=k \mathbf{M}$, where we used $\left(\nabla^{2}+k^{2}\right) \mathbf{M}=0$, and thus

$$
\begin{equation*}
\mathbf{M}=\frac{1}{k} \nabla \times \mathbf{N} . \tag{8.101}
\end{equation*}
$$

We can therefore see that $\mathbf{M}$ and $\mathbf{N}$ are proportional to each others' curl, and thus are obvious candidates to represent $\mathbf{E}$ and $\mathbf{H}$. In general, we will only use the field modes to represent transverse waves, as is consistent with the above use of plane and standing waves in the free space and the rectangular cavity, so we need not consider the $\mathbf{L}$ field. Furthermore, $\mathbf{L}$ is orthogonal to $\mathbf{M}$, since

$$
\begin{equation*}
\mathbf{M}=\nabla \psi \times \mathbf{r}=\mathbf{L} \times \mathbf{r} \tag{8.102}
\end{equation*}
$$

and evidently $\mathbf{M}$ is also orthogonal to $\mathbf{r}$.
Writing out the first field, using the form (8.97) for the scalar solution (though relaxing for the moment the boundary conditions, which we will apply directly to the vector solution),

$$
\begin{equation*}
\mathbf{M}_{n l m}(\mathbf{r})=\mathcal{N}_{n l} \nabla \times\left[\mathbf{r} j_{l}\left(k_{n l} r\right) Y_{l}^{m}(\theta, \phi)\right] \tag{8.103}
\end{equation*}
$$

Noting that

$$
\begin{align*}
\nabla \times[\mathbf{r} \psi(\mathbf{r})] & =\nabla \psi \times \mathbf{r}+\psi \nabla \times \mathbf{r} \\
& =-\mathbf{r} \times \nabla \psi \\
& =-\mathbf{r} \times\left(\hat{r} \partial_{r} \psi+\hat{\theta} \frac{1}{r} \partial_{\theta} \psi+\hat{\phi} \frac{1}{r \sin \theta} \partial_{\phi} \psi\right)  \tag{8.104}\\
& =-\hat{\phi} \partial_{\theta} \psi+\hat{\theta} \frac{1}{\sin \theta} \partial_{\phi} \psi
\end{align*}
$$

[^141]Also noting that the following derivative of an angular function has the same form,

$$
\begin{align*}
\mathbf{r} \times \nabla g(\theta, \phi) & =\mathbf{r} \times\left(\hat{\theta} \frac{1}{r} \partial_{\theta} g+\hat{\phi} \frac{1}{r \sin \theta} \partial_{\phi} g\right)  \tag{8.105}\\
& =-\hat{\phi} \partial_{\theta} g+\hat{\theta} \frac{1}{\sin \theta} \partial_{\phi} g
\end{align*}
$$

we can thus write

$$
\begin{equation*}
\mathbf{M}_{n l m}(\mathbf{r})=\mathcal{N}_{n l} j_{l}\left(k_{n l} r\right) \mathbf{r} \times \nabla Y_{l}^{m}(\theta, \phi) \tag{8.106}
\end{equation*}
$$

The angular part here is often written in normalized form as a vector spherical harmonic

$$
\begin{equation*}
\mathbf{X}_{l}^{m}(\theta, \phi):=-\frac{i}{\sqrt{l(l+1)}} \mathbf{r} \times \nabla Y_{l}^{m}(\theta, \phi) \tag{8.107}
\end{equation*}
$$

(vector spherical harmonic)
which may also be written

$$
\mathbf{X}_{l}^{m}(\theta, \phi)=-\frac{i}{\sqrt{l(l+1)}}\left(\hat{\theta} \frac{m}{\sin \theta}+i \hat{\phi} \partial_{\theta}\right) Y_{l}^{m}(\theta, \phi) \quad \text { (vector spherical harmonic) }
$$

after writing out the gradient and cross product. These angular vector fields obey the orthonormality relations ${ }^{9}$

$$
\begin{align*}
\int d \Omega \mathbf{X}_{l^{\prime}}^{m^{\prime} *}(\theta, \phi) \cdot \mathbf{X}_{l}^{m}(\theta, \phi) & =\delta_{l l^{\prime}} \delta_{m m^{\prime}}  \tag{8.109}\\
\int d \Omega \mathbf{X}_{l^{\prime}}^{m^{\prime} *}(\theta, \phi) \cdot\left[\mathbf{r} \times \mathbf{X}_{l}^{m}(\theta, \phi)\right] & =0
\end{align*}
$$

(orthonormality relations)
as well as the sum rule

$$
\begin{equation*}
\sum_{m=-l}^{l}\left|\mathbf{X}_{l}^{m}(\theta, \phi)\right|^{2}=\frac{2 l+1}{4 \pi} \tag{8.110}
\end{equation*}
$$

which follows from the scalar sum rule (8.88). Thus, we finally write this solution as the transverse electric (TE) mode

$$
\begin{equation*}
\mathbf{f}_{n l m}^{(\mathrm{TE})}(\mathbf{r}) \equiv \mathbf{M}_{n l m}(\mathbf{r})=\mathcal{N}_{n l} j_{l}\left(k_{n l} r\right) \mathbf{X}_{l}^{m}(\theta, \phi) \tag{8.111}
\end{equation*}
$$

so called because the polarization vector of $\mathbf{f}(\mathbf{r})$ (the same as for $\mathbf{E}$ ) is parallel to the cavity surface and orthogonal to $\hat{r}$, as we can see from Eq. (8.104) or from Eq. (8.102). This is consistent with our previous notation in the half-space case of Section 8.4.3. Since the transverse component of the electric field vanishes at the cavity surface, the allowed wave numbers are identical to the scalar case,

$$
\begin{equation*}
j_{l}\left(k_{n l} R\right)=0 \tag{8.112}
\end{equation*}
$$

(allowed wave numbers, TE mode)
and the normalization is likewise the same as for the scalar case:

$$
\begin{equation*}
\mathcal{N}_{n l}:=\frac{1}{\sqrt{\int_{0}^{R} d r r^{2} j_{l}^{2}\left(k_{n l} r\right)}} \tag{8.113}
\end{equation*}
$$

(radial normalization factor)

Since the radial boundary condition is the same as for the scalar case, the integral in the normalization factor can again be performed analytically, with the result (Problem 14.15)

$$
\begin{equation*}
\mathcal{N}_{n l}^{-2}=\int_{0}^{R} d r r^{2} j_{l}^{2}\left(k_{n l} r\right)=\frac{R^{3}}{2}\left[j_{l}^{\prime}\left(k_{n l} R\right)\right]^{2}=\frac{R^{3}}{2} j_{l+1}^{2}\left(k_{n l} R\right) \tag{8.114}
\end{equation*}
$$

(radial normalization factor, TE mode)

[^142]However, the angular dependence is somewhat more complicated than for the scalar case, due to the vector nature of the field.

Of course, we must deal with the other solutions $\mathbf{N}(\mathbf{r})$ to the vector Helmholtz equation. To do this, we essentially just compute the curls of the TE modes

$$
\begin{equation*}
\mathbf{N}_{n l m}(\mathbf{r})=\frac{1}{k_{n l}} \nabla \times \mathbf{M}_{n l m}(\mathbf{r}) \tag{8.115}
\end{equation*}
$$

Using once again the vector identity $\nabla \times(\psi \mathbf{A})=\nabla \psi \times \mathbf{A}+\psi \nabla \times \mathbf{A}$, this solution becomes

$$
\begin{align*}
\mathbf{N}_{n l m}(\mathbf{r}) & =\frac{\mathcal{N}_{n l}}{k_{n l}} \nabla \times\left[j_{l}\left(k_{n l} r\right) \mathbf{X}_{l}^{m}(\theta, \phi)\right] \\
& =\frac{\mathcal{N}_{n l}}{k_{n l}}\left[\nabla j_{l}\left(k_{n l} r\right) \times \mathbf{X}_{l}^{m}(\theta, \phi)+j_{l}\left(k_{n l} r\right) \nabla \times \mathbf{X}_{l}^{m}(\theta, \phi)\right]  \tag{8.116}\\
& =\mathcal{N}_{n l}\left[j_{l}^{\prime}\left(k_{n l} r\right) \hat{r} \times \mathbf{X}_{l}^{m}(\theta, \phi)+\frac{1}{k_{n l}} j_{l}\left(k_{n l} r\right) \nabla \times \mathbf{X}_{l}^{m}(\theta, \phi)\right] .
\end{align*}
$$

The first term is clearly transverse to the cavity surface, but the second isn't necessarily. However, if this mode represents the electric field, then the orientation of the corresponding magnetic field is of the form

$$
\begin{equation*}
\nabla \times \nabla \times \mathbf{X}_{l}^{m}(\theta, \phi)=\nabla\left[\nabla \cdot \mathbf{X}_{l}^{m}(\theta, \phi)\right]-\nabla^{2} \mathbf{X}_{l}^{m}(\theta, \phi) \tag{8.117}
\end{equation*}
$$

which has no component along $\hat{r}$. Thus, the $\mathbf{N}_{n l m}(\mathbf{r})$ modes are called the transverse magnetic (TM) modes,

$$
\begin{equation*}
\mathbf{f}_{n l m}^{(\mathrm{TM})}(\mathbf{r}) \equiv \mathbf{N}_{n l m}(\mathbf{r})=\frac{\mathcal{N}_{n l}}{k_{n l}} \nabla \times\left[j_{l}\left(k_{n l} r\right) \mathbf{X}_{l}^{m}(\theta, \phi)\right] \tag{8.118}
\end{equation*}
$$

The TM mode function must satisfy the boundary condition that the $\hat{\theta}$ and the $\hat{\phi}$ components must vanish at the surface of the cavity. Noting that in spherical coordinates,

$$
\begin{equation*}
\nabla \times \mathbf{A}=\hat{r} \frac{1}{r \sin \theta}\left[\partial_{\theta}\left(\sin \theta A_{\phi}\right)-\partial_{\phi} A_{\theta}\right]+\hat{\theta}\left[\frac{1}{r \sin \theta} \partial_{\phi} A_{r}-\frac{1}{r} \partial_{r}\left(r A_{\phi}\right)\right]+\hat{\phi} \frac{1}{r}\left[\partial_{r}\left(r A_{\theta}\right)-\partial_{\theta} A_{r}\right] \tag{8.119}
\end{equation*}
$$

we see that the $\partial_{r}\left(r A_{\theta}\right)$ and $\partial_{r}\left(r A_{\phi}\right)$ terms vanish at the boundary provided

$$
\left.\partial_{r}\left[r j_{l}\left(k_{n l} r\right)\right]\right|_{r=R}=0
$$

(allowed wave numbers, TM mode)
The other terms of the form $\partial_{\phi} A_{r}$ and $\partial_{\theta} A_{r}$ vanish automatically, since $\hat{r} \cdot \mathbf{X}_{l}^{m}(\theta, \phi)=0$. The normalization factor in the integral form (8.113) is the same as for the TE mode, as we can verify by integrating by parts:

$$
\begin{align*}
\int d^{3} r\left|\mathbf{f}_{n l m}^{(\mathrm{TM})}(\mathbf{r})\right|^{2} & =\frac{1}{k_{n l}^{2}} \int d^{3} r\left|\nabla \times \mathbf{M}_{n l m}(\mathbf{r})\right|^{2} \\
& =\frac{1}{k_{n l}^{2}} \int d^{3} r \mathbf{M}_{n l m}^{*}(\mathbf{r}) \cdot \nabla \times \nabla \times \mathbf{M}_{n l m}(\mathbf{r})+\oint d \mathbf{a} \cdot \mathbf{M}_{n l m}^{*}(\mathbf{r}) \times \nabla \times \mathbf{M}_{n l m}(\mathbf{r}) \\
& =-\frac{1}{k_{n l}^{2}} \int d^{3} r \mathbf{M}_{n l m}^{*}(\mathbf{r}) \cdot \nabla^{2} \mathbf{M}_{n l m}(\mathbf{r})  \tag{8.121}\\
& =\int d^{3} r \mathbf{M}_{n l m}^{*}(\mathbf{r}) \cdot \mathbf{M}_{n l m}(\mathbf{r}) \\
& =1
\end{align*}
$$

Here, we have used $\nabla \cdot \mathbf{M}=0$. We have also discarded the surface term, since it amounts to the surface integral of $\mathbf{M}^{*} \times \mathbf{N}$, or in other words the Poynting vector, and for cavity modes no energy is transported across the cavity boundary. However, the analytic solution for the integral has a somewhat different form,

$$
\mathcal{N}_{n l}^{-2}=\int_{0}^{R} d r r^{2} j_{l}^{2}\left(k_{n l} r\right)=\frac{R^{3}}{2}\left(1-\frac{l(l+1)}{k_{n l}^{2} R^{2}}\right) j_{l}^{2}\left(k_{n l} R\right),
$$

because the boundary condition here is different from the TE case (Problem 14.15).
In either the TE or the TM case, note that since the lowest scalar spherical harmonic $Y_{0}^{0}(\theta, \phi)=1 / \sqrt{4 \pi}$ is constant, the corresponding vector spherical harmonic vanishes, $\mathbf{X}_{0}^{0}(\theta, \phi)=0$, being the curl of the scalar version. Thus, the lowest-order vector fields have $l=0$, essentially because there are no monopolar vector waves. Note that near the center of the sphere, $j_{1}(r) \approx r^{l} /(2 l+1)$ !! as we noted before, so that $j_{1}^{\prime}(r)=$ $l r^{l-1} /(2 l+1)$ !!. If an atom is at the center of the spherical cavity, evidently it only has nonvanishing coupling to the $l=1$ TM modes, since their mode functions involve $j_{l}^{\prime}(r)$.

It is also useful to represent the vector solutions in terms of the scalar solution $\psi_{n l m}(\mathbf{r})$, Eq. (8.97). Using the expression (8.100) for the TE mode $\mathbf{M}$, as well as the expression (8.119) for the curl, we may write

$$
\begin{equation*}
\mathbf{f}_{n l m}^{\mathrm{TE})}(\mathbf{r})=\frac{1}{\sqrt{l(l+1)}}\left(\hat{\theta} \frac{1}{\sin \theta} \partial_{\phi}-\hat{\phi} \partial_{\theta}\right) \psi_{n l m}(\mathbf{r}) \tag{8.123}
\end{equation*}
$$

(TE mode)
where recall that we need the extra factor of $\sqrt{l(l+1)}$ to normalize the vector angular distribution. Writing out the scalar solution,

$$
\begin{equation*}
\mathbf{f}_{n l m}^{(\mathrm{TE})}(\mathbf{r})=\frac{\mathcal{N}_{n l}^{(\mathrm{TE})}}{\sqrt{l(l+1)}} j_{l}\left(k_{n l} r\right)\left(\hat{\theta} \frac{1}{\sin \theta} \partial_{\phi}-\hat{\phi} \partial_{\theta}\right) Y_{l}^{m}(\theta, \phi) \tag{8.124}
\end{equation*}
$$

which is essentially what we have already written out in terms of the vector spherical harmonic. However, for the TM case, we can obtain a relatively simple explicit expression, compared to what we could otherwise get by expanding the above expressions. To write it, we use the expression (8.100) for $\mathbf{N}$, again with the curl (8.119), to write

$$
\begin{equation*}
\sqrt{l(l+1)} \mathbf{f}_{n l m}^{(\mathrm{TM})}(\mathbf{r})=-\frac{\hat{r}}{k r \sin \theta}\left[\partial_{\theta}\left(\sin \theta \partial_{\theta} \psi_{n l m}\right)+\frac{1}{\sin ^{2} \theta} \partial_{\phi}^{2} \psi_{n l m}\right]+\frac{\hat{\theta}}{k r} \partial_{\theta} \partial_{r}\left(r \psi_{n l m}\right)+\frac{\hat{\phi}}{k r \sin \theta} \partial_{\phi} \partial_{r}\left(r \psi_{n l m}\right) \tag{8.125}
\end{equation*}
$$

Now we use the fact that $\psi_{n l m}$ satisfies Eqs. (8.79), and thus we may simplify the $r$ component to the form

$$
\begin{equation*}
\mathbf{f}_{n l m}^{(\mathrm{TM})}(\mathbf{r})=\hat{r} \frac{\sqrt{l(l+1)}}{k r} \psi_{n l m}+\frac{\hat{\theta}}{\sqrt{l(l+1)} k r} \partial_{\theta} \partial_{r}\left(r \psi_{n l m}\right)+\frac{\hat{\phi}}{\sqrt{l(l+1)} k r \sin \theta} \partial_{\phi} \partial_{r}\left(r \psi_{n l m}\right) \tag{8.126}
\end{equation*}
$$

(TM mode)
so that we obtain the explicit form

$$
\begin{equation*}
\mathbf{f}_{n l m}^{(\mathrm{TM})}(\mathbf{r})=\mathcal{N}_{n l}^{(\mathrm{TM})}\left[\hat{r} \sqrt{l(l+1)} \frac{j_{l}\left(k_{n l} r\right)}{k r} Y_{l}^{m}(\theta, \phi)+\frac{\partial_{r}\left[r j_{l}\left(k_{n l} r\right)\right]}{\sqrt{l(l+1)} k r}\left(\hat{\theta} \partial_{\theta} Y_{l}^{m}(\theta, \phi)+\hat{\phi} \frac{\partial_{\phi} Y_{l}^{m}(\theta, \phi)}{\sin \theta}\right)\right] \tag{8.127}
\end{equation*}
$$

(TM mode)
after writing out the scalar solution. It is once again clear here that the TM solutions have a stronger presence near the origin than do the TE modes.

### 8.4.4.3 Asymptotics

In general, the spherical Bessel functions make things somewhat difficult to work with. For example, we can't write down analytic expressions for the allowed wave numbers $k_{n l}$. However, for very large spherical
cavities, such that for a given wavelength many modes can be excited, it is useful to use the asymptotic forms of the spherical Bessel functions with large arguments. From Rayleigh's formula

$$
\begin{equation*}
j_{l}(z)=z^{l}\left(-\frac{1}{z} \partial_{z}\right)^{l} \frac{\sin z}{z} \tag{8.128}
\end{equation*}
$$

we evidently have the asymptotic form

$$
\begin{equation*}
j_{l}(z) \sim(-1)^{l} \frac{\partial_{z}^{l} \sin z}{z}+O\left(z^{-2}\right)=\frac{1}{z} \sin \left(z-\frac{l \pi}{2}\right)+O\left(z^{-2}\right) \tag{8.129}
\end{equation*}
$$

This asymptotic form also follows from the asymptotic form for the ordinary (cylindrical) Bessel function,

$$
\begin{equation*}
J_{\alpha}(z) \sim \sqrt{\frac{2}{\pi z}} \cos \left(z-\frac{\alpha \pi}{2}-\frac{\pi}{4}\right) \tag{8.130}
\end{equation*}
$$

along with the definition of $j_{l}(z)$ in Eq. (8.92). This form has zeroes whenever the argument of the sin is equal to $n \pi$ for integer $n$, and thus for the TE modes leads from Eq. (8.112) to the asymptotic condition

$$
\begin{equation*}
k_{n l} R=\pi n+\frac{\pi}{2} l \tag{8.131}
\end{equation*}
$$

Since the first positive zeros always happen away from $z=0$ in $j_{l}(z)$, the radial quantum number here obviously has $n>0$. On the other hand, for the TM mode, the allowed modes from the condition (8.120) has a function of the form

$$
\begin{equation*}
\partial_{z}\left[z j_{l}(z)\right] \sim \partial_{z} \sin \left(z-\frac{l \pi}{2}\right)+O\left(z^{-1}\right)=-\sin \left(z-\frac{(l+1) \pi}{2}\right)+O\left(z^{-1}\right) \tag{8.132}
\end{equation*}
$$

and thus gives the condition.

$$
\begin{equation*}
k_{n l} R=\pi n+\frac{\pi}{2}(l+1) \tag{8.133}
\end{equation*}
$$

The first positive zeros here occur for any $n \geq 0$, unlike the TE case.
In this asymptotic regime, we can also analytically evaluate the normalization constant, since from Eq. (8.113), the radial normalization integral becomes

$$
\begin{equation*}
\mathcal{N}_{n l}^{-2}=\int_{0}^{R} d r r^{2} j_{l}^{2}\left(k_{n l} r\right) \approx \frac{1}{k_{n l}^{2}} \int_{0}^{R} d r \sin ^{2}\left(k_{n l} r-\frac{l \pi}{2}\right)=\frac{R}{2 k_{n l}^{2}}, \tag{8.134}
\end{equation*}
$$

and thus the normalization factor is

$$
\begin{equation*}
\mathcal{N}_{n l} \approx k_{n l} \sqrt{\frac{2}{R}} \tag{8.135}
\end{equation*}
$$

with the appropriate value of $k_{n l}$ for the TE or TM modes.

### 8.4.4.4 Vector Multipole Modes

Now that we have the mathematical apparatus, we may as well generalize the above spherical-cavity modes a bit. In the above treatment of the spherical cavity modes, we excluded the solutions $y_{l}(r)$ because they were divergent at the origin. However, if we consider the exterior modes of a spherical cavity, or we simply exclude from consideration a neighborhood around the origin, then these divergent modes are perfectly acceptable, because the divergence is removed. When they apply, it is common to define the spherical Hankel functions

$$
\begin{align*}
h_{l}^{(1)}(z) & =j_{l}(z)+i y_{l}(z)  \tag{8.136}\\
h_{l}^{(2)}(z) & =j_{l}(z)-i y_{l}(z)
\end{align*}
$$

Again from Rayleigh's formulae

$$
\begin{align*}
& j_{l}(z)=z^{l}\left(-\frac{1}{z} \partial_{z}\right)^{l} \frac{\sin z}{z}  \tag{8.137}\\
& y_{l}(z)=-z^{l}\left(-\frac{1}{z} \partial_{z}\right)^{l} \frac{\cos z}{z}
\end{align*}
$$

we can write the corresponding formulae for the spherical Hankel functions

$$
\begin{align*}
& h_{l}^{(1)}(z)=-i z^{l}\left(-\frac{1}{z} \partial_{z}\right)^{l} \frac{e^{i z}}{z} \\
& h_{l}^{(2)}(z)=i z^{l}\left(-\frac{1}{z} \partial_{z}\right)^{l} \frac{e^{-i z}}{z} \tag{8.138}
\end{align*}
$$

The phase dependence clearly indicates that $h_{l}^{(1)}(k r)$ represents an outgoing wave, while $h_{l}^{(2)}(k r)$ represents an ingoing wave. The $j_{l}(k r)$ and $y_{l}(k r)$ are thus spherical-coordinate analogues to the standing waves $\sin (k x)$ and $\cos (k x)$ in Cartesian coordinates, while the $h_{l}^{(1)}(k r)$ and $h_{l}^{(2)}(k r)$ are analogues to the traveling waves $\exp (i k x)$ and $\exp (-i k x)$.

Then proceeding as above, but in free space, we may write the TE modes, but now separating them into ingoing and outgoing parts, as

$$
\begin{align*}
& \mathbf{f}_{k l m}^{(\mathrm{TE}) \rightarrow}(\mathbf{r})=h_{l}^{(1)}(k r) \mathbf{X}_{l}^{m}(\theta, \phi)  \tag{8.139}\\
& \mathbf{f}_{k l m}^{(\mathrm{TE}) \leftarrow}(\mathbf{r})=h_{l}^{(2)}(k r) \mathbf{X}_{l}^{m}(\theta, \phi),
\end{align*}
$$

(TE modes)
where $k$ is a positive, real number, while $l$ and $m$ are still integer indices, with $l$ positive and $m$ nonnegative. Of course, there may be further restrictions on $k$ if there are boundary conditions, such as when treating the exterior modes of a spherical, conducting shell. Correspondingly, the outgoing and ingoing TM modes are

$$
\begin{align*}
& \mathbf{f}_{k l m}^{(\mathrm{TM}) \rightarrow}(\mathbf{r})=\frac{1}{k} \nabla \times\left[h_{l}^{(1)}(k r) \mathbf{X}_{l}^{m}(\theta, \phi)\right]  \tag{8.140}\\
& \mathbf{f}_{k l m}^{(\mathrm{TM}) \leftarrow}(\mathbf{r})=\frac{1}{k} \nabla \times\left[h_{l}^{(2)}(k r) \mathbf{X}_{l}^{m}(\theta, \phi)\right] . \tag{TMmodes}
\end{align*}
$$

If we work out the outgoing $l=1, m=0 \mathrm{TE}$ mode, we find for the radial part

$$
\begin{equation*}
h_{1}^{(1)}(r)=i \partial_{r} \frac{e^{i r}}{r}=-i \frac{e^{i r}}{r^{2}}-\frac{e^{i r}}{r}=-\frac{e^{i r}}{r}\left(1+\frac{i}{r}\right), \tag{8.141}
\end{equation*}
$$

and the angular part,

$$
\begin{align*}
\mathbf{X}_{1}^{0}(\theta, \phi) & =-\frac{i}{\sqrt{2}} \mathbf{r} \times \nabla \sqrt{\frac{3}{4 \pi}} \cos \theta \\
& =-i \sqrt{\frac{3}{8 \pi}} \mathbf{r} \times \nabla \cos \theta  \tag{8.142}\\
& =\hat{\phi} i \sqrt{\frac{3}{8 \pi}} \sin \theta
\end{align*}
$$

so that the complete mode function is

$$
\begin{equation*}
\mathbf{f}_{k 10}^{(\mathrm{TE}) \rightarrow}(\mathbf{r})=\hat{\phi} \sqrt{\frac{3}{8 \pi}} \frac{e^{i k r}}{k^{2}}\left(\frac{1}{r^{2}}-i \frac{k}{r}\right) \sin \theta \tag{8.143}
\end{equation*}
$$

Similarly, computing the outgoing $l=1, m=0$ TM mode, using Eq. (8.119) for the curl, we need the derivatives

$$
\begin{align*}
\frac{1}{r \sin \theta} \partial_{\theta} \sin \theta i \sqrt{\frac{3}{8 \pi}} \sin \theta & =i \sqrt{\frac{3}{2 \pi}} \frac{\cos \theta}{r}  \tag{8.144}\\
-\frac{1}{r} \partial_{r} r\left[-\frac{e^{i k r}}{k r}\left(1+\frac{i}{k r}\right)\right] & =-i \frac{e^{i k r}}{k^{2}}\left(\frac{1}{r^{3}}-i \frac{k}{r^{2}}-\frac{k^{2}}{r}\right)
\end{align*}
$$

so that we find the mode function

$$
\begin{equation*}
\mathbf{f}_{k 10}^{(\mathrm{TM}) \rightarrow}(\mathbf{r})=\sqrt{\frac{3}{8 \pi}} \frac{e^{i k r}}{k^{2}}\left[\hat{r} 2\left(\frac{1}{r^{3}}-i \frac{k}{r^{2}}\right) \cos \theta+\hat{\theta}\left(\frac{1}{r^{3}}-i \frac{k}{r^{2}}-\frac{k^{2}}{r}\right) \sin \theta\right] . \tag{8.145}
\end{equation*}
$$

Recalling the electric-dipole fields from Eq. (1.42),

$$
\begin{align*}
& \mathbf{E}^{(+)}(\mathbf{r}, t)=\frac{1}{4 \pi \epsilon_{0}}[3(\hat{\varepsilon} \cdot \hat{r}) \hat{r}-\hat{\varepsilon}]\left[\frac{d^{(+)}\left(t_{\mathrm{r}}\right)}{r^{3}}+\frac{\dot{d}^{(+)}\left(t_{\mathrm{r}}\right)}{c r^{2}}\right]+\frac{1}{4 \pi \epsilon_{0}}[(\hat{\varepsilon} \cdot \hat{r}) \hat{r}-\hat{\varepsilon}] \frac{\ddot{d}^{(+)}\left(t_{\mathrm{r}}\right)}{c^{2} r}  \tag{8.146}\\
& \mathbf{H}^{(+)}(\mathbf{r}, t)=\frac{c}{4 \pi}(\hat{\varepsilon} \times \hat{r})\left[\frac{\dot{d}^{(+)}\left(t_{\mathrm{r}}\right)}{c r^{2}}+\frac{\ddot{d}^{(+)}\left(t_{\mathrm{r}}\right)}{c^{2} r}\right]
\end{align*}
$$

which for monochromatic fields become,

$$
\begin{align*}
\mathbf{E}^{(+)}(\mathbf{r}, t) & =\frac{d^{(+)}(\omega)}{4 \pi \epsilon_{0}} e^{i k r}\left\{[3(\hat{\varepsilon} \cdot \hat{r}) \hat{r}-\hat{\varepsilon}]\left(\frac{1}{r^{3}}-i \frac{k}{r^{2}}\right)-[(\hat{\varepsilon} \cdot \hat{r}) \hat{r}-\hat{\varepsilon}] \frac{k^{2}}{r}\right\}  \tag{8.147}\\
\mathbf{H}^{(+)}(\mathbf{r}, t) & =-i \frac{c d^{(+)}(\omega)}{4 \pi} e^{i k r}(\hat{\varepsilon} \times \hat{r})\left(\frac{k}{r^{2}}-i \frac{k^{2}}{r}\right) .
\end{align*}
$$

Comparing to the above mode functions for $\hat{\varepsilon}=\hat{z}$, we see the dipole fields may be written as

$$
\begin{align*}
& \mathbf{E}^{(+)}(\mathbf{r}, t)=\frac{1}{\sqrt{6 \pi}} \frac{\omega^{2} d^{(+)}(\omega)}{\epsilon_{0} c^{2}} \mathbf{f}_{k 10}^{(\mathrm{TM}) \rightarrow}(\mathbf{r})  \tag{8.148}\\
& \mathbf{H}^{(+)}(\mathbf{r}, t)=-i \frac{\omega^{2} d^{(+)}(\omega)}{c \sqrt{6 \pi}} \mathbf{f}_{k 10}^{(\mathrm{TE}) \rightarrow}(\mathbf{r})
\end{align*}
$$

Similarly, $\mathbf{f}_{k 10}^{(\mathrm{TE}) \rightarrow}(\mathbf{r})$ represents the dimensionless electric-field mode profile due to a magnetic dipole, and $\mathbf{f}_{k 10}^{(\text {TM }) \rightarrow}(\mathbf{r})$ represents the dimensionless magnetic-field mode profile due to a magnetic dipole.

In general, the $\mathbf{f}_{k l m}^{(\mathrm{TM}) \rightarrow}(\mathbf{r})$ represent the dimensionless electric-field mode profiles due to electric multipoles of order $l$, and the $\mathbf{f}_{k l m}^{(\mathrm{TE}) \rightarrow}(\mathbf{r})$ represent the dimensionless magnetic-field mode profiles due to electric multipoles of order $l$. For magnetic multipoles, the profiles exchange identity. From the form of $h_{l}^{(1)}(k r)$ in Eq. (8.138), we can see that in the far field, all the multipole fields decay as $r^{-1}$, corresponding to radiation. Similarly, in the near field, for example, the electric field due to an electric multipole of order $l$ goes as $r^{l+2}$, while the magnetic field goes as $r^{l+1}$.

### 8.5 Transverse and Longitudinal Fields

### 8.5.1 Helmholtz Theorem

Before continuing, it is convenient to distinguish between transverse and longitudinal part of a vector field ${ }^{10}$. For an arbitrary field $\mathbf{C}(\mathbf{r})$, the Helmholtz theorem states that there is a unique decomposition

$$
\begin{equation*}
\mathbf{C}(\mathbf{r})=\mathbf{C}^{\perp}(\mathbf{r})+\mathbf{C}^{\|}(\mathbf{r}) \tag{8.149}
\end{equation*}
$$

(Helmholtz theorem)
such that the transverse field is divergenceless,

$$
\begin{equation*}
\nabla \cdot \mathbf{C}^{\perp}(\mathbf{r})=0 \tag{8.150}
\end{equation*}
$$

(transverse field condition)
and the longitudinal field is irrotational,

$$
\begin{equation*}
\nabla \times \mathbf{C}^{\|}(\mathbf{r})=0 \tag{8.151}
\end{equation*}
$$

[^143]We can see this by starting with the delta-function identity

$$
\begin{equation*}
\mathbf{C}(\mathbf{r})=\int d^{3} r^{\prime} \mathbf{C}\left(\mathbf{r}^{\prime}\right) \delta^{3}\left(\mathbf{r}-\mathbf{r}^{\prime}\right) \tag{8.152}
\end{equation*}
$$

Thus using the delta-function identity

$$
\begin{equation*}
\nabla^{2} \frac{1}{\left|\mathbf{r}-\mathbf{r}^{\prime}\right|}=-4 \pi \delta^{3}\left(\mathbf{r}-\mathbf{r}^{\prime}\right) \tag{8.153}
\end{equation*}
$$

(which is essentially Poisson's equation $\nabla^{2} \phi=-\rho / \epsilon_{0}$ for a point charge) with the vector identity

$$
\begin{equation*}
\nabla^{2} \mathbf{C}=\nabla(\nabla \cdot \mathbf{C})-\nabla \times(\nabla \times \mathbf{C}) \tag{8.154}
\end{equation*}
$$

we can write

$$
\begin{align*}
\mathbf{C}(\mathbf{r}) & =-\frac{1}{4 \pi} \int d^{3} r^{\prime} \mathbf{C}\left(\mathbf{r}^{\prime}\right) \nabla^{2} \frac{1}{\left|\mathbf{r}-\mathbf{r}^{\prime}\right|} \\
& =\frac{1}{4 \pi} \nabla \times \nabla \times \int d^{3} r^{\prime} \frac{\mathbf{C}\left(\mathbf{r}^{\prime}\right)}{\left|\mathbf{r}-\mathbf{r}^{\prime}\right|}-\frac{1}{4 \pi} \nabla \int d^{3} r^{\prime} \nabla \cdot \frac{\mathbf{C}\left(\mathbf{r}^{\prime}\right)}{\left|\mathbf{r}-\mathbf{r}^{\prime}\right|} \\
& =\frac{1}{4 \pi} \nabla \times \nabla \times \int d^{3} r^{\prime} \frac{\mathbf{C}\left(\mathbf{r}^{\prime}\right)}{\left|\mathbf{r}-\mathbf{r}^{\prime}\right|}+\frac{1}{4 \pi} \nabla \int d^{3} r^{\prime} \mathbf{C}\left(\mathbf{r}^{\prime}\right) \cdot \nabla^{\prime} \frac{1}{\left|\mathbf{r}-\mathbf{r}^{\prime}\right|}  \tag{8.155}\\
& =\frac{1}{4 \pi} \nabla \times \nabla \times \int d^{3} r^{\prime} \frac{\mathbf{C}\left(\mathbf{r}^{\prime}\right)}{\left|\mathbf{r}-\mathbf{r}^{\prime}\right|}-\frac{1}{4 \pi} \nabla \int d^{3} r^{\prime} \frac{\nabla^{\prime} \cdot \mathbf{C}\left(\mathbf{r}^{\prime}\right)}{\left|\mathbf{r}-\mathbf{r}^{\prime}\right|} \\
& =: \mathbf{C}^{\perp}(\mathbf{r})+\mathbf{C}^{\|}(\mathbf{r})
\end{align*}
$$

where we have assumed that the boundary terms vanish. From their forms, the two components clearly have the desired properties.

Now for uniqueness of the decomposition. Once the divergence and curl of a vector field are specified, along with its boundary conditions, the vector field itself is uniquely specified. That is, suppose that

$$
\begin{align*}
\nabla \cdot \mathbf{C}_{1}(\mathbf{r}) & =\nabla \cdot \mathbf{C}_{2}(\mathbf{r})  \tag{8.156}\\
\nabla \times \mathbf{C}_{1}(\mathbf{r}) & =\nabla \times \mathbf{C}_{2}(\mathbf{r}) \tag{8.157}
\end{align*}
$$

Then the difference field satisfies

$$
\begin{equation*}
\nabla \cdot\left(\mathbf{C}_{2}-\mathbf{C}_{1}\right)=0, \quad \nabla \times\left(\mathbf{C}_{2}-\mathbf{C}_{1}\right)=0 \tag{8.158}
\end{equation*}
$$

Because the curl of the difference vanishes, we can write it as the gradient of a scalar function,

$$
\begin{equation*}
\mathbf{C}_{2}-\mathbf{C}_{1}=\nabla h(\mathbf{r}) \tag{8.159}
\end{equation*}
$$

which, with the fact that the divergence vanishes, implies Laplace's equation for $h$ :

$$
\begin{equation*}
\nabla^{2} h(\mathbf{r})=0 \tag{8.160}
\end{equation*}
$$

Further, if $\mathbf{C}_{1}=\mathbf{C}_{2}$ on the boundary (in our argument above, this was at arbitrarily large distances), then $h(\mathbf{r})$ vanishes on the boundary. But solutions to Laplace's equation have no maxima or minima, so $h(\mathbf{r})=0$. To establish this formally, consider the divergence theorem

$$
\begin{equation*}
\int_{S} \mathbf{K} \cdot d \mathbf{a}=\int_{V} d^{3} r \nabla \cdot \mathbf{K} \tag{8.161}
\end{equation*}
$$

Then letting $\mathbf{K}=h \nabla h$, the surface integral becomes

$$
\begin{equation*}
\int_{S} \mathbf{K} \cdot d \mathbf{a}=\int_{S} h(\nabla h) \cdot d \mathbf{a}=\int_{S} h\left(\mathbf{C}_{2}-\mathbf{C}_{1}\right) \cdot d \mathbf{a}=0 \tag{8.162}
\end{equation*}
$$

if we assume that the normal component of $\mathbf{C}_{1}$ and $\mathbf{C}_{2}$ are equal on the boundary. (We need not specify the equality of the transverse components.) This implies that the volume integral vanishes,

$$
\begin{equation*}
\int_{V} d^{3} r \nabla \cdot \mathbf{K}=0 \tag{8.163}
\end{equation*}
$$

so that we can use

$$
\begin{equation*}
\nabla \cdot(h \nabla h)=h \nabla \cdot \nabla h+(\nabla h)^{2} \tag{8.164}
\end{equation*}
$$

to write

$$
\begin{align*}
\int_{V} d^{3} r(\nabla h)^{2} & =-\int_{V} d^{3} r h \nabla \cdot \nabla h \\
& =-\int_{V} d^{3} r h \nabla \cdot\left(\mathbf{C}_{2}-\mathbf{C}_{1}\right)  \tag{8.165}\\
& =0
\end{align*}
$$

since the divergences of the fields are equal. Finally, we have

$$
\begin{equation*}
\int_{V} d^{3} r\left(\mathbf{C}_{2}-\mathbf{C}_{1}\right)^{2}=0 \tag{8.166}
\end{equation*}
$$

and since $\left(\mathbf{C}_{2}-\mathbf{C}_{1}\right)^{2} \geq 0$, the only way to satisfy this constraint is for $\mathbf{C}_{1}=\mathbf{C}_{2}$. Thus, the Helmholtz decomposition (8.155) is unique.

### 8.5.1.1 Coulomb Gauge

In the Coulomb gauge, the transverse and longitudinal components of the fields are easy to identify. The vector field is completely transverse, since $\nabla \cdot \mathbf{A}=0$. The magnetic field is similarly transverse, as fundamentally $\nabla \cdot \mathbf{B}=0$. The electric field has both components; the source-free part due to $\mathbf{A}$ is $\mathbf{E}^{\perp}=-\partial_{t} \mathbf{A}$, which is clearly transverse. The part due to a source charge is $\mathbf{E}^{\|}=-\nabla \phi$, which is clearly longitudinal.

### 8.5.2 Transverse and Longitudinal Delta Functions

Just as we can use the Kronecker delta and the delta function as a projection operator for a component of the field,

$$
\begin{equation*}
C_{\alpha}(\mathbf{r})=\int d^{3} r^{\prime} \delta_{\alpha \beta} \delta^{3}\left(\mathbf{r}-\mathbf{r}^{\prime}\right) C_{\beta}\left(\mathbf{r}^{\prime}\right) \tag{8.167}
\end{equation*}
$$

(summation is implied here by repeated indices), we can also define projection operators for the transverse and longitudinal parts of the field. The transverse delta function, defined by

$$
\begin{equation*}
C_{\alpha}^{\perp}(\mathbf{r})=\int d^{3} r^{\prime} \delta_{\alpha \beta}^{\perp}\left(\mathbf{r}-\mathbf{r}^{\prime}\right) C_{\beta}\left(\mathbf{r}^{\prime}\right) \tag{8.168}
\end{equation*}
$$

(defining relation, transverse delta function)
projects out the transverse part of the field, while the longitudinal delta function, defined by

$$
\begin{equation*}
C_{\alpha}^{\|}(\mathbf{r})=\int d^{3} r^{\prime} \delta_{\alpha \beta}^{\|}\left(\mathbf{r}-\mathbf{r}^{\prime}\right) C_{\beta}\left(\mathbf{r}^{\prime}\right) \tag{8.169}
\end{equation*}
$$

(defining relation, longitudinal delta function)
projects out the longitudinal part of the field.

### 8.5.2.1 Momentum Representation

We will use the following normalization convention for the Fourier transform and inverse transform of the field:

$$
\begin{align*}
\tilde{\mathbf{C}}(\mathbf{k}) & =\frac{1}{(2 \pi)^{3 / 2}} \int d^{3} r \mathbf{C}(\mathbf{r}) e^{-i \mathbf{k} \cdot \mathbf{r}}  \tag{8.170}\\
\mathbf{C}(\mathbf{r}) & =\frac{1}{(2 \pi)^{3 / 2}} \int d^{3} k \tilde{\mathbf{C}}(\mathbf{k}) e^{i \mathbf{k} \cdot \mathbf{r}}
\end{align*}
$$

The vector identity

$$
\begin{align*}
\tilde{\mathbf{C}}(\mathbf{k}) & =-\frac{1}{k^{2}} \mathbf{k} \times[\mathbf{k} \times \tilde{\mathbf{C}}(\mathbf{k})]+\frac{1}{k^{2}} \mathbf{k}[\mathbf{k} \cdot \tilde{\mathbf{C}}(\mathbf{k})]  \tag{8.171}\\
& =\tilde{\mathbf{C}}^{\perp}(\mathbf{k})+\tilde{\mathbf{C}}^{\|}(\mathbf{k})
\end{align*}
$$

is the $\mathbf{k}$-space version of Eq. (8.155). The transverse and longitudinal components are easy to identify here from the conditions

$$
\begin{equation*}
\mathbf{k} \cdot \tilde{\mathbf{C}}^{\perp}(\mathbf{k})=0, \quad \mathbf{k} \times \tilde{\mathbf{C}}^{\|}(\mathbf{k})=0 \tag{8.172}
\end{equation*}
$$

which are the Fourier-space versions of Eqs. (8.150) and (8.151). Then we can compute the inverse transform of the longitudinal part:

$$
\begin{align*}
\mathbf{C}^{\|}(\mathbf{r}) & =\frac{1}{(2 \pi)^{3 / 2}} \int d^{3} k \frac{1}{k^{2}} \mathbf{k}[\mathbf{k} \cdot \tilde{\mathbf{C}}(\mathbf{k})] e^{i \mathbf{k} \cdot \mathbf{r}}  \tag{8.173}\\
& =\frac{1}{(2 \pi)^{3}} \int d^{3} r^{\prime} \int d^{3} k \frac{1}{k^{2}} \mathbf{k}\left[\mathbf{k} \cdot \mathbf{C}\left(\mathbf{r}^{\prime}\right)\right] e^{i \mathbf{k} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime}\right)} .
\end{align*}
$$

We can write this relation in components to find

$$
\begin{equation*}
C_{\alpha}^{\|}(\mathbf{r})=\int d^{3} r^{\prime} \frac{1}{(2 \pi)^{3}} \int d^{3} k \frac{1}{k^{2}} k_{\alpha} k_{\beta} C_{\beta}\left(\mathbf{r}^{\prime}\right) e^{i \mathbf{k} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime}\right)} \tag{8.174}
\end{equation*}
$$

Comparing this to Eq. (8.169), we can write the longitudinal delta function as

$$
\begin{equation*}
\delta_{\alpha \beta}^{\|}(\mathbf{r})=\frac{1}{(2 \pi)^{3}} \int d^{3} k \frac{k_{\alpha} k_{\beta}}{k^{2}} e^{i \mathbf{k} \cdot \mathbf{r}} \tag{8.175}
\end{equation*}
$$

(longitudinal delta function, momentum representation)
Eq. (8.149) implies that

$$
\begin{equation*}
\delta_{\alpha \beta} \delta^{3}(\mathbf{r})=\delta_{\alpha \beta}^{\perp}(\mathbf{r})+\delta_{\alpha \beta}^{\|}(\mathbf{r}) \tag{8.176}
\end{equation*}
$$

so the transverse delta function simply becomes

$$
\begin{equation*}
\delta_{\alpha \beta}^{\perp}(\mathbf{r})=\frac{1}{(2 \pi)^{3}} \int d^{3} k\left(\delta_{\alpha \beta}-\frac{k_{\alpha} k_{\beta}}{k^{2}}\right) e^{i \mathbf{k} \cdot \mathbf{r}} \tag{8.177}
\end{equation*}
$$

(transverse delta function, momentum representation)
where we used the representation

$$
\begin{equation*}
\delta^{3}(\mathbf{r})=\frac{1}{(2 \pi)^{3}} \int d^{3} k e^{i \mathbf{k} \cdot \mathbf{r}} \tag{8.178}
\end{equation*}
$$

of the delta function in three dimensions.

### 8.5.2.2 Position Representation

We can also evaluate the integrals above to obtain direct expressions for the transverse and longitudinal delta functions. Starting with Eq. (8.177), we note that the integral is not strictly convergent, so we will insert a convergence factor $e^{-k \lambda}$, letting $\lambda \longrightarrow 0$ after the integration. This procedure is effectively equivalent to
assuming that the fields on which the projectors operate are reasonably smooth (i.e., bandwidth-limited). Then

$$
\begin{align*}
\delta_{\alpha \beta}^{\perp}(\mathbf{r}) & =\frac{1}{(2 \pi)^{3}} \int d^{3} k\left(\delta_{\alpha \beta}-\frac{k_{\alpha} k_{\beta}}{k^{2}}\right) e^{i \mathbf{k} \cdot \mathbf{r}} e^{-k \lambda} \\
& =\frac{1}{(2 \pi)^{3}}\left(-\delta_{\alpha \beta} \nabla^{2}+\partial_{\alpha} \partial_{\beta}\right) \int d^{3} k \frac{e^{i \mathbf{k} \cdot \mathbf{r}-k \lambda}}{k^{2}} \\
& =\frac{1}{(2 \pi)^{2}}\left(\partial_{\alpha} \partial_{\beta}-\delta_{\alpha \beta} \nabla^{2}\right) \int_{0}^{\infty} d k \int_{0}^{\pi} d \theta \sin \theta e^{i k r \cos \theta-k \lambda}  \tag{8.179}\\
& =\frac{1}{(2 \pi)^{2}}\left(\partial_{\alpha} \partial_{\beta}-\delta_{\alpha \beta} \nabla^{2}\right) \int_{0}^{\infty} d k \frac{2 \sin k r}{k r} e^{-k \lambda} \\
& =\frac{1}{2 \pi^{2}}\left(\partial_{\alpha} \partial_{\beta}-\delta_{\alpha \beta} \nabla^{2}\right) \frac{\tan ^{-1}(r / \lambda)}{r}
\end{align*}
$$

Letting $\lambda \longrightarrow 0$, we find

$$
\begin{equation*}
\delta_{\alpha \beta}^{\perp}(\mathbf{r})=\frac{1}{4 \pi}\left(\partial_{\alpha} \partial_{\beta}-\delta_{\alpha \beta} \nabla^{2}\right) \frac{1}{r} . \tag{8.180}
\end{equation*}
$$

We can then use $\nabla^{2}(1 / r)=-4 \pi \delta^{3}(\mathbf{r})$ and the relation

$$
\begin{equation*}
\partial_{\alpha} \partial_{\beta}\left(\frac{1}{r}\right)=-\partial_{\alpha} \frac{r_{\beta}}{r^{3}}=-\frac{4 \pi}{3} \delta_{\alpha \beta} \delta^{3}(\mathbf{r})-\frac{1}{r^{3}} \delta_{\alpha \beta}+\frac{3 r_{\alpha} r_{\beta}}{r^{5}} \tag{8.181}
\end{equation*}
$$

where the delta function arises since for $\alpha=\beta$ we effectively have $1 / 3$ of $\nabla^{2}(1 / r)$ (the other terms arise from straightforward differentiation). The result is

$$
\begin{equation*}
\delta_{\alpha \beta}^{\perp}(\mathbf{r})=\frac{2}{3} \delta_{\alpha \beta} \delta^{3}(\mathbf{r})-\frac{1}{4 \pi r^{3}}\left(\delta_{\alpha \beta}-\frac{3 r_{\alpha} r_{\beta}}{r^{2}}\right) \tag{8.182}
\end{equation*}
$$

(transverse delta function)
Using Eq. (8.176), we can also write the corresponding expression

$$
\begin{equation*}
\delta_{\alpha \beta}^{\|}(\mathbf{r})=\frac{1}{3} \delta_{\alpha \beta} \delta^{3}(\mathbf{r})+\frac{1}{4 \pi r^{3}}\left(\delta_{\alpha \beta}-\frac{3 r_{\alpha} r_{\beta}}{r^{2}}\right) \tag{8.183}
\end{equation*}
$$

(longitudinal delta function)
for the longitudinal delta function.

### 8.6 Field Commutators

In view of the bosonic commutator (8.60), the field operators will not in general commute. ${ }^{11}$ As these commutation relations are useful, we will spend some time exploring these. We start with the relations (8.56) for the quantum fields. We can then write, for example,

$$
\begin{align*}
{\left[A_{\alpha}(\mathbf{r}, t), A_{\beta}\left(\mathbf{r}^{\prime}, t^{\prime}\right)\right] } & =\sum_{\mathbf{k}, \zeta} \frac{\hbar}{2 \omega_{\mathbf{k}} \epsilon_{0}} f_{\mathbf{k}, \zeta, \alpha}(\mathbf{r}) f_{\mathbf{k}, \zeta, \beta}^{*}\left(\mathbf{r}^{\prime}\right) e^{-i \omega_{\mathbf{k}}\left(t-t^{\prime}\right)}-\text { c.c. } \\
& =\frac{i \hbar}{\epsilon_{0}} \sum_{\mathbf{k}, \zeta} \frac{1}{\omega_{\mathbf{k}}} \operatorname{Im}\left[f_{\mathbf{k}, \zeta, \alpha}(\mathbf{r}) f_{\mathbf{k}, \zeta, \beta}^{*}\left(\mathbf{r}^{\prime}\right) e^{-i \omega_{\mathbf{k}}\left(t-t^{\prime}\right)}\right] \tag{8.184}
\end{align*}
$$

In this form, the commutator is not easy to interpret, but it is clear that the commutator depends on the boundary conditions that determine the mode functions $\mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r})$.

[^144]Other useful relations include

$$
\begin{align*}
& {\left[E_{\alpha}(\mathbf{r}, t), E_{\beta}\left(\mathbf{r}^{\prime}, t^{\prime}\right)\right]=\frac{i \hbar}{\epsilon_{0}} \sum_{\mathbf{k}, \zeta} \omega_{\mathbf{k}} \operatorname{Im}\left[f_{\mathbf{k}, \zeta, \alpha}(\mathbf{r}) f_{\mathbf{k}, \zeta, \beta}^{*}\left(\mathbf{r}^{\prime}\right) e^{-i \omega_{\mathbf{k}}\left(t-t^{\prime}\right)}\right]} \\
& {\left[B_{\alpha}(\mathbf{r}, t), B_{\beta}\left(\mathbf{r}^{\prime}, t^{\prime}\right)\right]=-\frac{i \hbar}{\epsilon_{0}} \sum_{\mathbf{k}, \zeta} \frac{1}{\omega_{\mathbf{k}}} \varepsilon_{\alpha \mu \nu} \varepsilon_{\beta \sigma \tau} \operatorname{Im}\left[\left(\partial_{\mu} f_{\mathbf{k}, \zeta, \nu}(\mathbf{r})\right)\left(\partial_{\sigma}^{\prime} f_{\mathbf{k}, \zeta, \tau}^{*}\left(\mathbf{r}^{\prime}\right)\right) e^{-i \omega_{\mathbf{k}}\left(t-t^{\prime}\right)}\right]} \\
& {\left[A_{\alpha}(\mathbf{r}, t), E_{\beta}\left(\mathbf{r}^{\prime}, t^{\prime}\right)\right]=-\frac{i \hbar}{\epsilon_{0}} \sum_{\mathbf{k}, \zeta} \operatorname{Re}\left[f_{\mathbf{k}, \zeta, \alpha}(\mathbf{r}) f_{\mathbf{k}, \zeta, \beta}^{*}\left(\mathbf{r}^{\prime}\right) e^{-i \omega_{\mathbf{k}}\left(t-t^{\prime}\right)}\right]} \\
& {\left[E_{\alpha}(\mathbf{r}, t), B_{\beta}\left(\mathbf{r}^{\prime}, t^{\prime}\right)\right]=-\frac{i \hbar}{\epsilon_{0}} \sum_{\mathbf{k}, \zeta} \operatorname{Re}\left[f_{\mathbf{k}, \zeta, \alpha}(\mathbf{r}) \varepsilon_{\beta \mu \nu} \partial_{\mu}^{\prime} f_{\mathbf{k}, \zeta, \nu}^{*}\left(\mathbf{r}^{\prime}\right) e^{-i \omega_{\mathbf{k}}\left(t-t^{\prime}\right)}\right] .} \tag{8.185}
\end{align*}
$$

(various field commutators)
Again, the interpretation here is not transparent, so we will consider their specific form in free space.

### 8.6.1 Free-Space Commutators

We will now use the free-space mode functions $\mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r})=V^{-1 / 2} \hat{\varepsilon}_{\mathbf{k}, \zeta} e^{i \mathbf{k} \cdot \mathbf{r}}$ of Section 8.4.2, to write out the commutators in the free-space case. Recall that they satisfy $\mathbf{k} \cdot \hat{\varepsilon}_{\mathbf{k}, \zeta}=0$ (because $\nabla \cdot \mathbf{E}=0$ ).

### 8.6.1.1 Direction Cosines

To evaluate the summations over the polarization index $\zeta$ in the above commutators, we will need to compute the sum

$$
\begin{equation*}
\sum_{\zeta}\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{r}_{\alpha}\right)\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{r}_{\beta}\right) \tag{8.186}
\end{equation*}
$$

To evaluate this sum, recall the direction cosines for the vector $\mathbf{r}$. This vector makes angles $\theta_{\alpha}$ with the respective $r_{\alpha}$-axes. The direction cosines are defined as $\gamma_{\alpha}=\cos \theta_{\alpha}=\mathbf{r} \cdot \hat{r}_{\alpha} / r$, and thus they satisfy

$$
\begin{equation*}
\sum_{\alpha} \gamma_{\alpha}^{2}=\sum_{\alpha} \frac{r_{\alpha}^{2}}{r^{2}}=1 \tag{8.187}
\end{equation*}
$$

More generally, if we have two orthonormal cartesian bases $\hat{r}_{\alpha}$ and $\hat{r}_{\alpha}^{\prime}$, then we can define direction cosines between the coordinate systems of $\gamma_{\alpha \beta}:=\hat{r}_{\alpha} \cdot \hat{r}_{\beta}^{\prime}$. Then it follows from the orthogonality of the basis vectors that

$$
\begin{equation*}
\sum_{\mu} \gamma_{\alpha \mu} \gamma_{\beta \mu}=\sum_{\mu}\left(\hat{r}_{\alpha} \cdot \hat{r}_{\mu}^{\prime}\right)\left(\hat{r}_{\beta} \cdot \hat{r}_{\mu}^{\prime}\right)=\hat{r}_{\alpha} \cdot \hat{r}_{\beta}=\delta_{\alpha \beta}, \tag{8.188}
\end{equation*}
$$

which for the case $\alpha=\beta$ is equivalent to Eq. (8.187). Noting that $\hat{\varepsilon}_{\mathbf{k}, \zeta}$ and $\hat{k}$ form one orthonormal basis, with $\hat{r}_{\alpha}$ forming another, we can apply the result (8.188) to obtain

$$
\begin{equation*}
\sum_{\zeta}\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{r}_{\alpha}\right)\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{r}_{\beta}\right)=\delta_{\alpha \beta}-\frac{k_{\alpha} k_{\beta}}{k^{2}} \tag{8.189}
\end{equation*}
$$

which will prove to be a very useful relation in mode-summation problems.

### 8.6.1.2 Evaluation

From Eq. (8.184), we can write

$$
\begin{align*}
{\left[A_{\alpha}(\mathbf{r}, t), A_{\beta}\left(\mathbf{r}^{\prime}, t^{\prime}\right)\right] } & =\frac{i \hbar}{c \epsilon_{0} V} \sum_{\mathbf{k}, \zeta} \frac{1}{k} \operatorname{Im}\left[e^{i \mathbf{k} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime}\right)} e^{-i \omega_{\mathbf{k}}\left(t-t^{\prime}\right)}\right]\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{r}_{\alpha}\right)\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{r}_{\beta}\right)  \tag{8.190}\\
& =-\frac{i \hbar}{c \epsilon_{0} V} \sum_{\mathbf{k}} \frac{1}{k} e^{i \mathbf{k} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime}\right)} \sin \left[\omega_{\mathbf{k}}\left(t-t^{\prime}\right)\right]\left(\delta_{\alpha \beta}-\frac{k_{\alpha} k_{\beta}}{k^{2}}\right)
\end{align*}
$$

where we used the fact that $\int d^{3} k \exp (i \mathbf{k} \cdot \mathbf{r})$ is real. In free space, we take the limit of large quantization volume $(V \longrightarrow \infty)$, and the spacing between the modes becomes correspondingly small. In this limit, an integral of a function is equivalent to a sum weighted by the mode spacings. Thus we can write

$$
\begin{equation*}
\sum_{\mathbf{k}} f(\mathbf{k}) \Delta k_{x} \Delta k_{y} \Delta k_{z} \longrightarrow \int_{-\infty}^{\infty} d k_{x} \int_{-\infty}^{\infty} d k_{y} \int_{-\infty}^{\infty} d k_{z} f(\mathbf{k}) \tag{8.191}
\end{equation*}
$$

for an arbitrary function $f(\mathbf{k})$. Since

$$
\begin{equation*}
\Delta k_{x, y, z}=\frac{2 \pi}{V^{1 / 3}} \tag{8.192}
\end{equation*}
$$

we can thus make the formal replacement

$$
\begin{equation*}
\sum_{\mathbf{k}} \longrightarrow \frac{V}{(2 \pi)^{3}} \int_{-\infty}^{\infty} d k_{x} \int_{-\infty}^{\infty} d k_{y} \int_{-\infty}^{\infty} d k_{z} \tag{8.193}
\end{equation*}
$$

Thus, we can write

$$
\begin{equation*}
\left[A_{\alpha}(\mathbf{r}, t), A_{\beta}\left(\mathbf{r}^{\prime}, t^{\prime}\right)\right]=-\frac{i \hbar}{c \epsilon_{0}} \frac{1}{(2 \pi)^{3}} \int d^{3} k \frac{1}{k} e^{i \mathbf{k} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime}\right)} \sin \left[\omega_{\mathbf{k}}\left(t-t^{\prime}\right)\right]\left(\delta_{\alpha \beta}-\frac{k_{\alpha} k_{\beta}}{k^{2}}\right) \tag{8.194}
\end{equation*}
$$

(vector-potential commutator, free space)
for the vector-potential commutator.
Similarly, for the electric field we can write

$$
\begin{equation*}
\left[E_{\alpha}(\mathbf{r}, t), E_{\beta}\left(\mathbf{r}^{\prime}, t^{\prime}\right)\right]=-\frac{i \hbar c}{\epsilon_{0}} \frac{1}{(2 \pi)^{3}} \int d^{3} k k e^{i \mathbf{k} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime}\right)} \sin \left[\omega_{\mathbf{k}}\left(t-t^{\prime}\right)\right]\left(\delta_{\alpha \beta}-\frac{k_{\alpha} k_{\beta}}{k^{2}}\right) \tag{8.195}
\end{equation*}
$$

We can simplify this commutator somewhat by introducing the singular $D$ function:

$$
\begin{align*}
D(\mathbf{r}, t) & :=-\frac{1}{(2 \pi)^{3}} \int d^{3} k \frac{1}{k} e^{i \mathbf{k} \cdot \mathbf{r}} \sin \omega_{\mathbf{k}} t \\
& =-\frac{1}{(2 \pi)^{2}} \int_{0}^{\infty} d k \int_{0}^{\pi} d \theta \sin \theta k e^{i k r \cos \theta} \sin \omega_{\mathbf{k}} t \\
& =-\frac{1}{(2 \pi)^{2}} \int_{0}^{\infty} d k \frac{2 \sin k r}{r} \sin \omega_{\mathbf{k}} t  \tag{8.196}\\
& =\frac{1}{8 \pi^{2} r} \int_{0}^{\infty} d k\left(e^{i k r}-e^{-i k r}\right)\left(e^{i c k t}-e^{-i c k t}\right) \\
& =\frac{1}{8 \pi^{2} r} \int_{-\infty}^{\infty} d k\left(e^{i k(r+c t)}-e^{i k(r-c t)}\right) \\
& =\frac{1}{4 \pi r}[\delta(r+c t)-\delta(r-c t)]
\end{align*}
$$

Notice that $D(\mathbf{r}, t)$ vanishes away from the light cone $r= \pm c t$. Then the commutator (8.195) becomes

$$
\left[E_{\alpha}(\mathbf{r}, t), E_{\beta}\left(\mathbf{r}^{\prime}, t^{\prime}\right)\right]=\frac{i \hbar c}{\epsilon_{0}}\left[\frac{\delta_{\alpha \beta}}{c^{2}} \partial_{t} \partial_{t^{\prime}}-\partial_{\alpha} \partial_{\beta}^{\prime}\right] D\left(\mathbf{r}-\mathbf{r}^{\prime}, t-t^{\prime}\right)
$$

(electric-field commutator, free space) (8.197)
where $\partial_{\alpha}^{\prime}:=\partial / \partial r_{\alpha}^{\prime}$. This and the two field commutators that follow are the Jordan-Pauli commutators. ${ }^{12}$ The interpretation of this commutator is the electric field can be measured at two spacetime points, so long

[^145]as they are not on the same light cone. ${ }^{13}$ More intuitively, making an electric-field measurement at (r, $t$ ) disturbs the field, and in vacuum the disturbance propagates occupies any spacetime point ( $\mathbf{r}^{\prime}, t^{\prime}$ ) on the "future" light cone $\left|\mathbf{r}^{\prime}-\mathbf{r}\right|=c\left(t^{\prime}-t\right)$, causing measurement problems at any of those points. Similarly, any measurement event on the "past" light cone locus of points $\left(\mathbf{r}^{\prime}, t^{\prime}\right)$ satisfying $\left|\mathbf{r}^{\prime}-\mathbf{r}\right|=c\left(t-t^{\prime}\right)$ causes a disturbance that propagates to ( $\mathbf{r}, t$ ), disturbing a measurement there.

A similar calculation shows that the magnetic field has a commutator of almost the same form,

$$
\begin{equation*}
\left[B_{\alpha}(\mathbf{r}, t), B_{\beta}\left(\mathbf{r}^{\prime}, t^{\prime}\right)\right]=\frac{i \hbar}{\epsilon_{0} c}\left[\frac{\delta_{\alpha \beta}}{c^{2}} \partial_{t} \partial_{t^{\prime}}-\partial_{\alpha} \partial_{\beta}\right] D\left(\mathbf{r}-\mathbf{r}^{\prime}, t-t^{\prime}\right) \tag{8.198}
\end{equation*}
$$

(magnetic-field commutator, free space)
and so the same interpretation applies to the magnetic field. The mixed commutator for the electric and magnetic fields is slightly different. Using the same procedure as above, we can write

$$
\begin{align*}
{\left[E_{\alpha}(\mathbf{r}, t), B_{\beta}\left(\mathbf{r}^{\prime}, t^{\prime}\right)\right] } & =-\frac{i \hbar}{\epsilon_{0}} \frac{1}{(2 \pi)^{3}} \sum_{\zeta} \int d^{3} k \operatorname{Re}\left[\varepsilon_{\beta \mu \nu}\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{r}_{\alpha}\right)\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{r}_{\nu}\right)\left(i k_{\mu}\right) e^{i \mathbf{k} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime}\right)} e^{-i \omega_{\mathbf{k}}\left(t-t^{\prime}\right)}\right] \\
& =\frac{\hbar}{\epsilon_{0}} \frac{1}{(2 \pi)^{3}} \int d^{3} k \operatorname{Re}\left[\varepsilon_{\beta \mu \nu}\left(\delta_{\alpha \nu}-\frac{k_{\alpha} k_{\nu}}{k^{2}}\right) k_{\mu} e^{i \mathbf{k} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime}\right)} e^{-i \omega_{\mathbf{k}}\left(t-t^{\prime}\right)}\right]  \tag{8.199}\\
& =\frac{\hbar}{\epsilon_{0}} \frac{1}{(2 \pi)^{3}} \int d^{3} k \operatorname{Re}\left[\varepsilon_{\alpha \beta \mu} k_{\mu} e^{i \mathbf{k} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime}\right)} e^{-i \omega_{\mathbf{k}}\left(t-t^{\prime}\right)}\right] \\
& =\frac{\hbar}{\epsilon_{0}} \varepsilon_{\alpha \beta \mu} \frac{1}{(2 \pi)^{3}} \int d^{3} k k_{\mu} e^{i \mathbf{k} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime}\right)} \cos \left[\omega_{\mathbf{k}}\left(t-t^{\prime}\right)\right]
\end{align*}
$$

and thus

$$
\begin{equation*}
\left[E_{\alpha}(\mathbf{r}, t), B_{\beta}\left(\mathbf{r}^{\prime}, t^{\prime}\right)\right]=-\frac{i \hbar}{\epsilon_{0}} \varepsilon_{\alpha \beta \mu} \partial_{t} \partial_{\mu} D\left(\mathbf{r}-\mathbf{r}^{\prime}, t-t^{\prime}\right) \tag{8.200}
\end{equation*}
$$

(electric-magnetic-field commutator, free space)
(Note that this commutator vanishes when $\alpha=\beta$.) Again, the same measurability comment applies here. Finally, we have the commutator between the conjugate fields $\mathbf{A}$ and $\mathbf{E}$,

$$
\begin{equation*}
\left[A_{\alpha}(\mathbf{r}, t), E_{\beta}\left(\mathbf{r}^{\prime}, t^{\prime}\right)\right]=-\frac{i \hbar}{\epsilon_{0}} \frac{1}{(2 \pi)^{3}} \sum_{\zeta} \int d^{3} k \operatorname{Re}\left[\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{r}_{\alpha}\right)\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{r}_{\beta}\right) e^{i \mathbf{k} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime}\right)} e^{-i \omega_{\mathbf{k}}\left(t-t^{\prime}\right)}\right] \tag{8.201}
\end{equation*}
$$

so that

$$
\left[A_{\alpha}(\mathbf{r}, t), E_{\beta}\left(\mathbf{r}^{\prime}, t^{\prime}\right)\right]=-\frac{i \hbar}{\epsilon_{0}} \frac{1}{(2 \pi)^{3}} \int d^{3} k \operatorname{Re}\left[e^{i \mathbf{k} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime}\right)} e^{-i \omega_{\mathbf{k}}\left(t-t^{\prime}\right)}\right]\left(\delta_{\alpha \beta}-\frac{k_{\alpha} k_{\beta}}{k^{2}}\right)
$$

(potential-field commutator) (8.202)
This relation does not simplify as the ones for the $\mathbf{E}$ and $\mathbf{B}$ fields, a point that we will return to below.

### 8.6.1.3 Equal-Time Commutators in Free Space

From Eq. (8.195), we can see that at equal times,

$$
\begin{equation*}
\left[E_{\alpha}(\mathbf{r}, t), E_{\beta}\left(\mathbf{r}^{\prime}, t\right)\right]=0 \tag{8.203}
\end{equation*}
$$

(equal times)
Similarly, we can see that

$$
\begin{align*}
& {\left[B_{\alpha}(\mathbf{r}, t), B_{\beta}\left(\mathbf{r}^{\prime}, t\right)\right]=0}  \tag{8.204}\\
& {\left[A_{\alpha}(\mathbf{r}, t), A_{\beta}\left(\mathbf{r}^{\prime}, t\right)\right]=0} \tag{equaltimes}
\end{align*}
$$

[^146]Thus, the fields can be measured at two different locations at the same time. However, for the mixed commutator for the electric and magnetic fields,

$$
\begin{align*}
{\left[E_{\alpha}(\mathbf{r}, t), B_{\beta}\left(\mathbf{r}^{\prime}, t\right)\right] } & =\frac{\hbar}{\epsilon_{0}} \varepsilon_{\alpha \beta \mu} \frac{1}{(2 \pi)^{3}} \int d^{3} k k_{\mu} e^{i \mathbf{k} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime}\right)}  \tag{8.205}\\
& =-\frac{i \hbar}{\epsilon_{0}} \varepsilon_{\alpha \beta \mu} \partial_{\mu} \delta^{3}\left(\mathbf{r}-\mathbf{r}^{\prime}\right) \tag{equaltimes}
\end{align*}
$$

The electric and magnetic fields thus cannot be measured at the same location at equal times. For the electric field and vector potential, we arrive at the important commutation relation

$$
\begin{align*}
{\left[A_{\alpha}(\mathbf{r}, t), E_{\beta}\left(\mathbf{r}^{\prime}, t\right)\right] } & =-\frac{i \hbar}{\epsilon_{0}} \frac{1}{(2 \pi)^{3}} \int d^{3} k e^{i \mathbf{k} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime}\right)}\left(\delta_{\alpha \beta}-\frac{k_{\alpha} k_{\beta}}{k^{2}}\right)  \tag{8.206}\\
& =-\frac{i \hbar}{\epsilon_{0}} \delta_{\alpha \beta}^{\perp}\left(\mathbf{r}-\mathbf{r}^{\prime}\right) \tag{equaltimes}
\end{align*}
$$

which is nonzero even off of the light cone. The vector potential is evidently not a local field in the same sense as the electric and magnetic fields (we will see this again in the Aharonov-Bohm effect in Section 9.4). Finally, it turns out that

$$
\begin{equation*}
\left[A_{\alpha}(\mathbf{r}, t), B_{\beta}\left(\mathbf{r}^{\prime}, t\right)\right]=0 \tag{8.207}
\end{equation*}
$$

(equal times)
so that the potential is more "compatible" with the magnetic field.

### 8.6.2 Half-Space Commutators

As we noted above, the field commutators depend on the boundary conditions through the form of the mode profile functions $\mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r})$. We can see this by considering the half-space mode functions of Section 8.4.3. Using the mode functions in the form of Eq. (8.73), and putting them into Eqs. (8.185), the mixed commutator for the vector potential and electric field becomes

$$
\left.\left.\left.\left.\begin{array}{rl}
{\left[A_{\alpha}(\mathbf{r}, t), E_{\beta}\left(\mathbf{r}^{\prime}, t^{\prime}\right)\right]=-\frac{i \hbar}{2 \epsilon_{0} V} \sum_{\mathbf{k}, \zeta}} & \operatorname{Re}
\end{array}\right]\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{r}_{\alpha}\right)\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{r}_{\beta}\right) e^{i \mathbf{k} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime}\right)}+\left(\hat{\varepsilon}_{\mathbf{k}^{-}, \zeta} \cdot \hat{r}_{\alpha}\right)\left(\hat{\varepsilon}_{\mathbf{k}^{-}, \zeta} \cdot \hat{r}_{\beta}\right) e^{i \mathbf{k}^{-} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime}\right)}\right] \text { }-\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{r}_{\alpha}\right)\left(\hat{\varepsilon}_{\mathbf{k}^{-}, \zeta} \cdot \hat{r}_{\beta}\right) e^{i \mathbf{k} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime-}\right)}-\left(\hat{\varepsilon}_{\mathbf{k}^{-}, \zeta} \cdot \hat{r}_{\alpha}\right)\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{r}_{\beta}\right) e^{i \mathbf{k} \cdot\left(\mathbf{r}^{-}-\mathbf{r}^{\prime}\right)}\right]\right)
$$

In the expression here $\mathbf{r}^{-}:=x \hat{x}+y \hat{y}-z \hat{z}$, and $\mathbf{r}^{-}-\mathbf{r}^{\prime}=\mathbf{r}-\mathbf{r}^{\prime}-2 z \hat{z}$. Carrying out the sum over polarizations as usual, using the result (8.189), while noting the appropriate sign changes when the reflected polarization vectors are involved,

$$
\begin{equation*}
\sum_{\zeta}\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{r}_{\alpha}\right)\left(\hat{\varepsilon}_{\mathbf{k}^{-}, \zeta} \cdot \hat{r}_{\beta}\right)=\delta_{\alpha \beta}^{-}-\frac{k_{\alpha} k_{\beta}^{-}}{k^{2}} \tag{8.209}
\end{equation*}
$$

we can write

$$
\begin{align*}
{\left[A_{\alpha}(\mathbf{r}, t), E_{\beta}\left(\mathbf{r}^{\prime}, t^{\prime}\right)\right]=-\frac{i \hbar}{2 \epsilon_{0} V} \sum_{\mathbf{k}} \operatorname{Re} } & {\left[\left(\delta_{\alpha \beta}-\frac{k_{\alpha} k_{\beta}}{k^{2}}\right) e^{i \mathbf{k} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime}\right)}+\left(\delta_{\alpha \beta}-\frac{k_{\alpha}^{-} k_{\beta}^{-}}{k^{2}}\right) e^{i \mathbf{k}^{-} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime}\right)}\right.} \\
& \left.-\left(\delta_{\alpha \beta}^{-}-\frac{k_{\alpha} k_{\beta}^{-}}{k^{2}}\right) e^{i \mathbf{k} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime-}\right)}-\left(\delta_{\alpha \beta}^{-}-\frac{k_{\alpha}^{-} k_{\beta}}{k^{2}}\right) e^{i \mathbf{k} \cdot\left(\mathbf{r}^{-}-\mathbf{r}^{\prime}\right)}\right] e^{-i \omega_{\mathbf{k}}\left(t-t^{\prime}\right)} \tag{8.210}
\end{align*}
$$

Here $\delta_{\alpha \beta}^{-}$is the same as the usual Kronecker delta, except that $\delta_{z z}^{-}=-1$. We can simplify this expression by considering the commutator only at equal times. Owing to the form of the wave vector in half-space, we can make the formal replacement

$$
\begin{equation*}
\sum_{\mathbf{k}} \longrightarrow \frac{V}{4 \pi^{3}} \int d^{3} k \tag{8.211}
\end{equation*}
$$

where the integration is over half of reciprocal space. We can then extend the integration over all space and add a factor of $1 / 2$ to eliminate the real-part operator, with the result

$$
\begin{align*}
{\left[A_{\alpha}(\mathbf{r}, t), E_{\beta}\left(\mathbf{r}^{\prime}, t\right)\right]=-\frac{i \hbar}{2(2 \pi)^{3} \epsilon_{0}} \int d^{3} k } & \left(\delta_{\alpha \beta}-\frac{k_{\alpha} k_{\beta}}{k^{2}}\right) e^{i \mathbf{k} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime}\right)}+\left(\delta_{\alpha \beta}-\frac{k_{\alpha}^{-} k_{\beta}^{-}}{k^{2}}\right) e^{i \mathbf{k}-\cdot\left(\mathbf{r}-\mathbf{r}^{\prime}\right)} \\
& \left.-\left(\delta_{\alpha \beta}^{-}-\frac{k_{\alpha} k_{\beta}^{-}}{k^{2}}\right) e^{i \mathbf{k}^{-} \cdot\left(\mathbf{r}^{-}-\mathbf{r}^{\prime}\right)}-\left(\delta_{\alpha \beta}^{-}-\frac{k_{\alpha}^{-} k_{\beta}}{k^{2}}\right) e^{i \mathbf{k} \cdot\left(\mathbf{r}^{-}-\mathbf{r}^{\prime}\right)}\right] \tag{8.212}
\end{align*}
$$

If we define the "reflected" transverse delta function by

$$
\begin{align*}
\delta_{\alpha \beta}^{\top}(\mathbf{r}) & :=\frac{1}{2(2 \pi)^{3}} \int d^{3} k\left(\delta_{\alpha \beta}^{-}-\frac{k_{\alpha} k_{\beta}^{-}}{k^{2}}\right) e^{i \mathbf{k}^{-} \cdot \mathbf{r}}+\frac{1}{2(2 \pi)^{3}} \int d^{3} k\left(\delta_{\alpha \beta}^{-}-\frac{k_{\alpha}^{-} k_{\beta}}{k^{2}}\right) e^{i \mathbf{k} \cdot \mathbf{r}}  \tag{8.213}\\
& =\frac{1}{(2 \pi)^{3}} \int d^{3} k\left(\delta_{\alpha \beta}^{-}-\frac{k_{\alpha}^{-} k_{\beta}}{k^{2}}\right) e^{i \mathbf{k} \cdot \mathbf{r}}
\end{align*}
$$

this commutator simplifies to

$$
\begin{equation*}
\left[A_{\alpha}(\mathbf{r}, t), E_{\beta}\left(\mathbf{r}^{\prime}, t\right)\right]=-\frac{i \hbar}{\epsilon_{0}}\left[\delta_{\alpha \beta}^{\perp}\left(\mathbf{r}-\mathbf{r}^{\prime}\right)-\delta_{\alpha \beta}^{\top}\left(\mathbf{r}^{-}-\mathbf{r}^{\prime}\right)\right] \tag{8.214}
\end{equation*}
$$ (equal times, half-space)

Noting again that $\mathbf{r}^{-}-\mathbf{r}=\mathbf{r}-\mathbf{r}^{\prime}-2 z \hat{z}=\hat{x}\left(x-x^{\prime}\right)+\hat{y}\left(y-y^{\prime}\right)-\hat{z}\left(z+z^{\prime}\right)$, we see that now the commutator contains contributions from two intervals: the first is the direct separation $\mathbf{r}-\mathbf{r}^{\prime}$, which is the same as in the free-space case, while the second is the separation including one bounce from the conducting surface (mirror). The second contribution also contains a flipped orientation of the delta function, which accounts for the reversal of an image-charge distribution with respect to the source-charge distribution. This seems a physically reasonable modification to the free-space commutator.

Similarly, we can write the electric-field commutator as

$$
\begin{align*}
& {\left[E_{\alpha}(\mathbf{r}, t), E_{\beta}\left(\mathbf{r}^{\prime}, t^{\prime}\right)\right]=\frac{i \hbar c}{2 \epsilon_{0} V} \sum_{\mathbf{k}, \zeta} k \operatorname{Im}\left[\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{r}_{\alpha}\right)\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{r}_{\beta}\right) e^{i \mathbf{k} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime}\right)}+\left(\hat{\varepsilon}_{\mathbf{k}^{-}, \zeta} \cdot \hat{r}_{\alpha}\right)\left(\hat{\varepsilon}_{\mathbf{k}^{-}, \zeta} \cdot \hat{r}_{\beta}\right) e^{i \mathbf{k}^{-} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime}\right)}\right.} \\
& \left.-\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{r}_{\alpha}\right)\left(\hat{\varepsilon}_{\mathbf{k}^{-}, \zeta} \cdot \hat{r}_{\beta}\right) e^{i \mathbf{k} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime-}\right)}-\left(\hat{\varepsilon}_{\mathbf{k}^{-}, \zeta} \cdot \hat{r}_{\alpha}\right)\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{r}_{\beta}\right) e^{-i \mathbf{k} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime-}\right)}\right] \\
& \times e^{-i \omega_{\mathbf{k}}\left(t-t^{\prime}\right)} \\
& =\frac{i \hbar c}{\epsilon_{0}} \frac{1}{(2 \pi)^{3}} \int d^{3} k k\left[\left(\delta_{\alpha \beta}-\frac{k_{\alpha} k_{\beta}}{k^{2}}\right) e^{i \mathbf{k} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime}\right)}+\left(\delta_{\alpha \beta}-\frac{k_{\alpha}^{-} k_{\beta}^{-}}{k^{2}}\right) e^{i \mathbf{k}^{-} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime}\right)}\right. \\
& \left.-\left(\delta_{\alpha \beta}^{-}-\frac{k_{\alpha} k_{\beta}^{-}}{k^{2}}\right) e^{i \mathbf{k} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime-}\right)}-\left(\delta_{\alpha \beta}^{-}-\frac{k_{\alpha}^{-} k_{\beta}}{k^{2}}\right) e^{i \mathbf{k} \cdot\left(\mathbf{r}^{-}-\mathbf{r}^{\prime}\right)}\right] \\
& \times \sin \left[\omega_{\mathbf{k}}\left(t-t^{\prime}\right)\right] \text {. } \tag{8.215}
\end{align*}
$$

Carrying out the same procedure as before, we can write this commutator in terms of the singular $D$ function as

$$
\begin{equation*}
\left[E_{\alpha}(\mathbf{r}, t), E_{\beta}\left(\mathbf{r}^{\prime}, t^{\prime}\right)\right]=\frac{i \hbar c}{\epsilon_{0}}\left[\frac{\delta_{\alpha \beta}}{c^{2}} \partial_{t} \partial_{t^{\prime}}-\partial_{\alpha} \partial_{\beta}^{\prime}\right] D\left(\mathbf{r}-\mathbf{r}^{\prime}, t-t^{\prime}\right)-\frac{i \hbar c}{\epsilon_{0}}\left[\frac{\delta_{\alpha \beta}^{-}}{c^{2}} \partial_{t} \partial_{t^{\prime}}-\partial_{\alpha} \partial_{\beta}^{\prime}\right] D\left(\mathbf{r}^{-}-\mathbf{r}^{\prime}, t-t^{\prime}\right) \tag{half-space}
\end{equation*}
$$

where again $\partial_{\alpha}^{\prime}:=\partial / \partial r_{\alpha}^{\prime}$. Again, we see that we have the same form as before, but now the simultaneous measureability is excluded also by an additional term corresponding to the light cone that includes a bounce off of the mirror. ${ }^{14}$ The second term has precisely the same form as before, except for sign differences in the $z$-related components. Recall that the orientation of a dipole image has similar sign modifications compared to the original.

### 8.7 Unconfined Mode Functions

Recall from Section 8.4 that we quantized electromagnetic field modes inside a quantization volume. In situations without a cavity, such as in the Weisskopf-Wigner calculation for the rate of spontaneous emission in free space (Chapter 11), the quantization volume corresponds to a fictitious cavity. Generally, the quantization volume cancels in the relevant physical quantities for these calculations. For example, the free-space mode functions from Section 8.4.2 are

$$
\begin{equation*}
\mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r})=\frac{1}{\sqrt{V}} \hat{\varepsilon}_{\mathbf{k}, \zeta} e^{i \mathbf{k} \cdot \mathbf{r}} \tag{8.217}
\end{equation*}
$$

where again $\mathbf{k}$ takes on discrete values due to the periodic boundary conditions, and the mode functions are normalized according to

$$
\begin{equation*}
\int_{V} d^{3} r \mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r}) \cdot \mathbf{f}_{\mathbf{k}^{\prime}, \zeta^{\prime}}^{*}(\mathbf{r})=\delta_{\mathbf{k}, \mathbf{k}^{\prime}}^{3} \delta_{\zeta, \zeta^{\prime}} \tag{8.218}
\end{equation*}
$$

The sum over modes amounts to something of the form [c.f. Eq. (11.23)]

$$
\begin{equation*}
\sum_{\mathbf{k}} \longrightarrow \frac{V}{(2 \pi)^{3}} \int d^{3} k \tag{8.219}
\end{equation*}
$$

where the integration extends over all possible orientations of $\mathbf{k}$. Generally, physical quantities involve an integrand quadratic in the mode function, and thus the factors of $V$ cancel. The subsequent limit $V \longrightarrow \infty$ for true free space is then trivial.

Thus, for problems where no physical cavity is involved, it is convenient to define mode functions where the limit $V \longrightarrow \infty$ is already taken. We can take the large-volume limit of Eq (8.218) by noting that in this limit the spacings between adjacent values of $k_{x}, k_{y}$, and $k_{z}$ become small (scaling as $2 \pi / \sqrt[3]{V}$ ), and so we can make the replacement

$$
\begin{equation*}
\delta_{\mathbf{k}, \mathbf{k}^{\prime}}^{3} \longrightarrow(\Delta k)^{3} \delta^{3}\left(\mathbf{k}-\mathbf{k}^{\prime}\right)=\frac{(2 \pi)^{3}}{V} \delta^{3}\left(\mathbf{k}-\mathbf{k}^{\prime}\right) \tag{8.220}
\end{equation*}
$$

This is again so that the sum of the left-hand behaves as the integral over the right-hand side. Then we can write

$$
\begin{equation*}
\int_{V} d^{3} r \mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r}) \cdot \mathbf{f}_{\mathbf{k}^{\prime}, \zeta^{\prime}}^{*}(\mathbf{r})=\frac{(2 \pi)^{3}}{V} \delta^{3}\left(\mathbf{k}-\mathbf{k}^{\prime}\right) \delta_{\zeta, \zeta^{\prime}} \tag{8.221}
\end{equation*}
$$

in the large-volume limit. Then absorbing a factor of $\sqrt{V}$ into the definition of the mode function by the rescaling

$$
\begin{equation*}
\mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r}) \longrightarrow \frac{1}{\sqrt{V}} \mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r}) \tag{8.222}
\end{equation*}
$$

the normalization for unbounded mode functions becomes

$$
\begin{equation*}
\int d^{3} r \mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r}) \cdot \mathbf{f}_{\mathbf{k}^{\prime}, \zeta^{\prime}}^{*}(\mathbf{r})=(2 \pi)^{3} \delta^{3}\left(\mathbf{k}-\mathbf{k}^{\prime}\right) \delta_{\zeta, \zeta^{\prime}} \tag{8.223}
\end{equation*}
$$

The sum over modes, assuming a summand quadratic in the mode functions (as is usually the case), then is given by the correspondence

$$
\begin{equation*}
\sum_{\mathbf{k}} \longrightarrow \frac{1}{(2 \pi)^{3}} \int d^{3} k \tag{8.224}
\end{equation*}
$$

[^147]The free-space mode functions are then

$$
\begin{equation*}
\mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r})=\hat{\varepsilon}_{\mathbf{k}, \zeta} e^{i \mathbf{k} \cdot \mathbf{r}} \tag{8.225}
\end{equation*}
$$

but now a continuous vector index $\mathbf{k}$. In general, the mode functions for any situation (e.g., half-space) will be independent of $V$, and can be obtained by setting $V \longrightarrow 1$ in the expressions for the functions quantized in a finite volume.

### 8.8 Hamiltonian Viewpoint of Electromagnetic Gauge Freedom

Finally, we will return to the Hamiltonian structure of the electromagnetic field, and examine more closely the gauge freedom that we swept under the rug by choosing a particular gauge. ${ }^{15}$ We start with the Lagrangian for the mass-free electromagnetic field, with sources, including both the vector potential $\mathbf{A}$ and the scalar potential $\phi$ :

$$
\begin{align*}
L & =L_{\text {free }}+L_{\text {source }} \\
L_{\text {free }} & =\frac{\epsilon_{0}}{2} \int d^{3} r\left[\left(\nabla \phi+\partial_{t} \mathbf{A}\right)^{2}-c^{2}(\nabla \times \mathbf{A})^{2}\right] \\
L_{\text {source }} & =-\int d^{3} r[\rho \phi-\mathbf{j} \cdot \mathbf{A}] . \tag{8.226}
\end{align*}
$$

(electromagnetic Lagrangian)
Here, we have broken the Lagrangian into the free part and a source part that represents the coupling to the source fields $\rho$ (charge) and $\mathbf{j}$ (current density). We will take this Lagrangian to be the fundamental starting point. However, we can also note that the form of the Lagrangian motivates the definitions

$$
\begin{align*}
& \mathbf{E}:=-\nabla \phi-\partial_{t} \mathbf{A}  \tag{8.227}\\
& \mathbf{B}:=\nabla \times \mathbf{A}
\end{align*}
$$

(electromagnetic fields)
for the electric and magnetic fields. Then in terms of these fields, the simple quadratic nature of the Lagrangian is more apparent:

$$
\begin{equation*}
L_{\text {free }}=\frac{\epsilon_{0}}{2} \int d^{3} r\left[\mathbf{E}^{2}-c^{2} \mathbf{B}^{2}\right] \tag{8.228}
\end{equation*}
$$

(free electromagnetic Lagrangian)
We will also soon see that the electric field is again essentially the momentum field conjugate to the coordinate field $\mathbf{A}$. The minus sign in the definition of the electric field simply makes the gradient of the potential agree with the usual mechanical potential, $\dot{\mathbf{p}}=-\nabla V(\mathbf{q})$.

### 8.8.1 Hamiltonian

To obtain the Hamiltonian for the electromagnetic field, we functionally differentiate the Lagrangian:

$$
\begin{align*}
\Pi_{0} & :=\frac{\delta L}{\delta \dot{\phi}}=0  \tag{8.229}\\
\boldsymbol{\Pi} & :=\frac{\delta L}{\delta \dot{\mathbf{A}}}=\epsilon_{0}(\nabla \phi+\dot{\mathbf{A}})=-\epsilon_{0} \mathbf{E}
\end{align*}
$$

(conjugate momenta)

[^148]The fact that the momentum $\Pi_{0}$ conjugate to $\phi$ vanishes indicates some funniness, and will ultimately lead to constraints and the gauge freedom on the field. Now the Hamiltonian is given by

$$
\begin{equation*}
H=\Pi_{0} \dot{\phi}+\Pi \cdot \dot{\mathbf{A}}-L \tag{8.230}
\end{equation*}
$$

We can drop the vanishing $\Pi_{0}$ piece, and simplifying, we can write the Hamiltonian as

$$
\begin{align*}
H & =H_{\text {free }}+H_{\text {source }} \\
H_{\text {free }} & =\int d^{3} r\left[\frac{\boldsymbol{\Pi}^{2}}{2 \epsilon_{0}}-\mathbf{\Pi} \cdot \nabla \phi+\frac{1}{2} \epsilon_{0} c^{2}(\nabla \times \mathbf{A})^{2}\right] \\
H_{\text {source }} & =\int d^{3} r[\rho \phi-\mathbf{j} \cdot \mathbf{A}] . \tag{8.231}
\end{align*}
$$

Note again that while $\phi$ appears here, the conjugate momentum does not. In fact, since we are constrained to $\Pi_{0}=0$, the Hamiltonian is arbitrary up to a term proportional to $\Pi_{0}$ anyway. Thus we should generalize the Hamiltonian so that

$$
\begin{align*}
H & =H_{\text {free }}+H_{\text {source }}+H_{\text {gauge }}  \tag{8.232}\\
H_{\text {gauge }} & =\Pi_{0} g
\end{align*}
$$

(electromagnetic Hamiltonian)
where $g\left(\Pi_{0}, \boldsymbol{\Pi}, \phi, \mathbf{A} ; \mathbf{r}, t\right)$ is an arbitrary function, and will represent part of the gauge freedom of the field.

### 8.8.2 Hamilton Equations and Gauge Freedom

Now we can work out the dynamics of the field in terms of Hamilton's equations. First we start with the equation of motion for the scalar momentum:

$$
\begin{equation*}
\dot{\Pi}_{0}=-\frac{\delta H}{\delta \phi}=-\nabla \cdot \boldsymbol{\Pi}-\rho . \tag{8.233}
\end{equation*}
$$

However, $\Pi_{0}=0$, so the last expression here must vanish, leading to one of the Maxwell equations:

$$
\begin{equation*}
\nabla \cdot \mathbf{E}=\frac{\rho}{\epsilon_{0}} \tag{8.234}
\end{equation*}
$$

(Gauss' Law)
Note that there is no time derivative here: this is a constraint equation, not an evolution equation. We ostensibly started with an evolution equation, but constraining $\Pi_{0}=0$ turned this into a constraint.

Next, the evolution equation for the scalar potential is

$$
\begin{equation*}
\dot{\phi}=\frac{\delta H}{\delta \Pi_{0}}=g+\Pi_{0} \frac{\delta g}{\delta \Pi_{0}}=g \tag{8.235}
\end{equation*}
$$

The last equality follows by assuming the derivative of $g$ to be finite - then the last term vanishes, since it includes a factor of $\Pi_{0}=0$. The time derivative of $\phi$ is thus given by a completely arbitrary function, and so $\phi$ itself may be arbitrarily chosen. This is our first gauge freedom. A common choice is to use this freedom to set $\phi=0$, which implies the choice $g=0$. Note that we can already introduce a second gauge freedom, as we have the conserved quantity $(\nabla \cdot \boldsymbol{\Pi}+\rho)=0$ from the constraint (Maxwell equation) above. Thus, we modify the gauge Hamiltonian according to

$$
\begin{equation*}
H_{\text {gauge }}=\Pi_{0} g+(\nabla \cdot \boldsymbol{\Pi}+\rho) h \tag{8.236}
\end{equation*}
$$

(gauge Hamiltonian)
where $h\left(\Pi_{0}, \boldsymbol{\Pi}, \phi, \mathbf{A} ; \mathbf{r}, t\right)$ is another arbitrary function. Note that introducing the $h$ term changes nothing that we have done so far, since we have not yet differentiated with respect to $\boldsymbol{\Pi}$.

Working out the equation of motion for $\boldsymbol{\Pi}$,

$$
\begin{equation*}
\dot{\boldsymbol{\Pi}}=-\frac{\delta H}{\delta \mathbf{A}}=-\epsilon_{0} c^{2} \nabla \times \nabla \times \mathbf{A}+\mathbf{j} . \tag{8.237}
\end{equation*}
$$

Converting to the usual fields, we find the next Maxwell equation

$$
\begin{equation*}
\nabla \times \mathbf{B}=\frac{1}{c^{2}} \dot{\mathbf{E}}+\mu_{0} \mathbf{j} \tag{8.238}
\end{equation*}
$$

(Ampère's Law)
noting that $c^{2}=1 / \mu_{0} \epsilon_{0}$. The other two Maxwell equations follow from the definition of the fields: $\nabla \cdot \mathbf{B}=$ $\nabla \times \nabla \cdot \mathbf{A}=0$ is the magnetic-monopole law, and $\nabla \times \mathbf{E}=\nabla \times\left(-\nabla \phi-\partial_{t} \mathbf{A}\right)=-\partial_{t} \nabla \times \mathbf{A}=-\partial_{t} \mathbf{B}$ is Faraday's Law.

The equation of motion for the vector potential $\mathbf{A}$ is

$$
\begin{equation*}
\dot{\mathbf{A}}=-\frac{\delta H}{\delta \boldsymbol{\Pi}}=\frac{\boldsymbol{\Pi}}{\epsilon_{0}}-\nabla \phi-\nabla h \tag{8.239}
\end{equation*}
$$

The interpretation here is that $\dot{\mathbf{A}}$ is arbitrary up to a a gradient of a function, which has the same form as the arbitrariness in $\phi$. If $f$ is the antiderivative of $h$ (i.e., $\dot{f}=h$ ), then in addition to the first gauge freedom above,

$$
\begin{equation*}
\phi \text { can be modified arbitrarily, } \tag{8.240}
\end{equation*}
$$

(first gauge freedom)
this second gauge freedom amounts to freedom to modify the vector potential under transformations of the form

$$
\begin{equation*}
\mathbf{A} \longrightarrow \mathbf{A}+\nabla f \tag{8.241}
\end{equation*}
$$

(second gauge freedom)
In starting with four coordinate fields $(\phi, \mathbf{A})$ and four momentum fields $\left(\Pi_{0}, \boldsymbol{\Pi}\right)$, we eliminate two momenta via $\Pi_{0}=0$ and $\nabla \cdot \Pi=-\rho$, and by finding that we can introduce two arbitrary fields, $\phi$ and $f$, we essentially eliminate two of the coordinate fields. Thus, the remaining independent canonical coordinates-two momenta and two configuration coordinates - correspond to two independent degrees of freedom, corresponding to the two independent polarizations in the transverse fields. The longitudinal fields are counted separately, since we have implicitly introduced them via the source charge $\rho$.

To connect this gauge freedom with the more usual treatment, we can solve (8.239) for the momentum to obtain

$$
\begin{equation*}
\boldsymbol{\Pi}=\epsilon_{0}(\dot{\mathbf{A}}+\nabla \phi+\nabla h) . \tag{8.242}
\end{equation*}
$$

This expression is the same as in Eq. (8.229), except for the presence of the gradient of $h$. In the Hamiltonian formulation, this is not an inconsistency: after deriving Eq. (8.229) for the momentum field and the Hamiltonian, we have modified the Hamiltonian by introducing $H_{\text {gauge }}$, and so in this case the momentum changes to reflect this. However, to compare more directly to the Lagrangian picture, we can require that the momentum field not change. In this case, we should use the arbitrariness in the scalar potential to modify it to cancel the extra $h$ term, which would mean setting $\phi \longrightarrow \phi-h$, to correspond to $\dot{\mathbf{A}} \longrightarrow \dot{\mathbf{A}}+\nabla h$. Thus, we have a combined gauge invariance under the combined transformation

$$
\begin{gather*}
\mathbf{A} \longrightarrow \mathbf{A}+\nabla f  \tag{8.243}\\
\phi \longrightarrow \phi-\partial_{t} f
\end{gather*}
$$

(Lagrangian gauge freedom)
However, in the Hamiltonian picture, this link between the transformations is not explicitly enforced; however if $\phi$ is set to zero, then for example to model the effects of a static charge, then we must still pick an appropriate form of $\mathbf{A}$.

### 8.8.3 Continuity Constraint

One last detail comes from again considering Eq. (8.233), where the right-hand-side expression $\nabla \cdot \boldsymbol{\Pi}+\rho$ vanishes, and is thus a constant of the motion. We can then differentiate it,

$$
\begin{equation*}
\partial_{t}(\nabla \cdot \boldsymbol{\Pi}+\rho)=\nabla \cdot \dot{\mathbf{\Pi}}+\dot{\rho}=\nabla \cdot \mathbf{j}+\dot{\rho}, \tag{8.244}
\end{equation*}
$$

where we have used Eq. (8.237) for $\dot{\boldsymbol{\Pi}}$. This quantity vanishes, and we are left with

$$
\begin{equation*}
\partial_{t} \rho+\nabla \cdot \mathbf{j}=0 \tag{8.245}
\end{equation*}
$$

(continuity constraint)
which is the usual continuity condition for the source fields.

### 8.9 Exercises

## Problem 8.1

Geometrical optics, or ray optics, can be formulated in terms of the action principle (Fermat's principle):

$$
\begin{equation*}
\delta \int n(x, y, z) d s=0 \tag{8.246}
\end{equation*}
$$

where $d s^{2}=d x^{2}+d y^{2}+d z^{2}$ and $n(x, y, z)$ is the index-of-refraction profile that models the optical system. Take the coordinate $z$ to be the "time" variable and the coordinate $y$ to be the position coordinate. Let's simplify things and consider only the two-dimensional case, so $x$ is an ignorable coordinate, and note that $z$ is also ignorable in the sense of being completely determined by $x$, $y$, and $s$.
(a) Draw an analogy to classical mechanics, and write down the ray-optics Lagrangian. Then show that the conjugate momentum $p$ for the generalized coordinate $y$ is $n d y / d s$. Finally, write down the ray-optics Hamiltonian, which you should write in terms of the canonical coordinates $p$ and $y$, but not $y^{\prime}$.
(b) Make the paraxial approximation (small $p$, small $y$ ), and assume that the refractive index may be written as a small variation on a large baseline, $n=n_{0}+\delta n$, where $\delta n / n_{0} \ll 1$. Keep only lowestorder terms in $p, y$, and $\delta n$ (dropping higher-order cross-terms in these variables), and show that the Hamiltonian takes the form of a classical particle Hamiltonian, with effective mass $n_{0}$ and potential $-\delta y$.

## Problem 8.2

The usual Euler-Lagrange equation,

$$
\begin{equation*}
\frac{\partial L}{\partial q}-\frac{d}{d t} \frac{\partial L}{\partial \dot{q}}=0 \tag{8.247}
\end{equation*}
$$

applies to Lagrangians of the form $L(q, \dot{q} ; t)$.
(a) Generalize the Euler-Lagrange equation to handle Lagrangians of the form $L(q, \dot{q}, \ddot{q}, \ddot{q} ; t)$. Indicate any conditions you impose on the endpoints of the variation.
(b) One might hope to write down a Lagrangian for the Abraham-Lorentz force ( $\mathbf{F} \propto \dddot{\mathbf{x}}$ ) by considering Lagrangians of the form

$$
\begin{equation*}
L=\frac{1}{2} m \dot{q}^{2}-V(q)+\beta q \dddot{q} . \tag{8.248}
\end{equation*}
$$

Use your result from part (a) to write down the equation of motion for this Lagrangian.

## Problem 8.3

Consider a thin string of linear mass density $\mu$, stretched under tension $T_{0}$ nearly along the $x$-axis between positions $x_{1}$ and $x_{2}$. Consider only small (i.e., linear) vibrations of this string, so that the wave function $y(x, t)$ is always much smaller than the string's length.
(a) Derive the following Lagrangian for the string:

$$
\begin{equation*}
L\left(y, y_{t}, y_{x}\right)=\frac{1}{2} \int_{x_{1}}^{x_{2}}\left[\mu y_{t}^{2}-T_{0} y_{x}^{2}\right] d x \tag{8.249}
\end{equation*}
$$

To do this, take a small segment of string of length $d \ell$, and compute its kinetic energy, integrating the result to get the total kinetic energy. Then compute the potential energy by computing the length of the string, and then considering what this means in terms of the energy. Assume that both $y$ and $y_{x}$ are small, and ignore any longitudinal motion of the segment.
(b) Noting that the Lagrangian has the form

$$
\begin{equation*}
L\left(y, y_{t}, y_{x}\right)=\int_{x_{1}}^{x_{2}} f\left(y, y_{t}, y_{x}\right) d x \tag{8.250}
\end{equation*}
$$

derive a suitably generalized Euler-Lagrange equation for the action principle $\delta S=0$ in terms of the integrand $f$. Then use your result to derive the wave equation for the string.

## Problem 8.4

Compute the functional derivative of

$$
\begin{equation*}
S=\int d^{3} r \int d t\left[i \hbar \phi^{*} \phi_{t}-\frac{\hbar^{2}}{2 m} \nabla \phi^{*} \nabla \phi-\phi^{*} V(x, t) \phi\right] \tag{8.251}
\end{equation*}
$$

with respect to the fields $\phi^{*}(\mathbf{r}, t)$ and $\phi(\mathbf{r}, t)$, ignoring surface terms. What are the equations of motion obtained from the action principles $\delta S / \delta \phi=0$ and $\delta S / \delta \phi^{*}=0$ ? What is the canonically conjugate momentum field to $\phi$ ? To $\phi^{*}$ ?

## Problem 8.5

In each of the following, you may ignore surface terms.
(a) Compute the functional derivative of

$$
\begin{equation*}
S=\int d t f(t) f^{(201)}(t) \tag{8.252}
\end{equation*}
$$

where $f^{(n)}(t)$ is the $n$th derivative of $f(t)$.
(b) Compute the functional derivative of

$$
\begin{equation*}
S=\int d t f^{(199)}(t) f^{(201)}(t) \tag{8.253}
\end{equation*}
$$

## Problem 8.6

Consider the functional

$$
\begin{equation*}
F[a, b]=\int_{-1}^{1} d x f(a, b) \tag{8.254}
\end{equation*}
$$

where

$$
f(a, b)= \begin{cases}0 & \text { if } a=b=0  \tag{8.255}\\ \frac{a b^{2}}{a^{2}+b^{2}} & \text { otherwise }\end{cases}
$$

for functions $a(x)$ and $b(x)$. Calculate the variation $\delta F[a=0, b=0 ; \delta a, \delta b]$. What is the pathology of this functional? ${ }^{16}$

## Problem 8.7

(a) Show that $\delta_{\alpha \beta}^{\perp}(\mathbf{r})=\delta_{\beta \alpha}^{\perp}(\mathbf{r})$.
(b) Show that $\delta_{\alpha \beta}^{\perp}(-\mathbf{r})=\delta_{\alpha \beta}^{\perp}(\mathbf{r})$.
(c) Show that $\partial_{\alpha} \delta_{\alpha \beta}^{\perp}(\mathbf{r})=\partial_{\beta} \delta_{\alpha \beta}^{\perp}(\mathbf{r})=0$.

## Problem 8.8

The electric field due to an oscillating dipole at frequency $\omega=c k$ has the somewhat messy form

$$
\begin{equation*}
\mathbf{E}^{(+)}(\mathbf{r}, \omega)=\frac{1}{4 \pi \epsilon_{0}}\left\{[3(\hat{\varepsilon} \cdot \hat{r}) \hat{r}-\hat{\varepsilon}]\left[\frac{1}{r^{3}}-i \frac{k}{r^{2}}\right]-[(\hat{\varepsilon} \cdot \hat{r}) \hat{r}-\hat{\varepsilon}] \frac{k^{2}}{r}\right\} d^{(+)}(\omega) e^{i k r} \tag{8.256}
\end{equation*}
$$

where $\hat{r}$ is a unit vector in the $\mathbf{r}$ direction, and $\hat{\varepsilon}$ is a unit vector marking the dipole orientation. (The plus superscripts here indicate an implied time dependence of $e^{-i \omega t}$.)

[^149]A naïve guess for the radiation field is to adapt the scalar spherical wave $e^{i k r} / r$, tacking on the orientation and magnitude of the dipole moment to make a vector field (we can also tack on a factor of $4 \pi \epsilon_{0}$ for good measure):

$$
\begin{equation*}
\mathbf{E}_{\mathrm{guess}}^{(+)}(\mathbf{r}, \omega)=\frac{1}{4 \pi \epsilon_{0}} \mathbf{d}^{(+)}(\omega) \frac{e^{i k r}}{r} \tag{8.257}
\end{equation*}
$$

Obviously this is wrong. However, show that the correct dipole field arises by using the transverse projector $\left(k^{2} \delta_{\alpha \beta}+\partial_{\alpha} \partial_{\beta}\right)$. That is, show that

$$
\begin{equation*}
E_{\alpha}^{(+)}=\left(k^{2} \delta_{\alpha \beta}+\partial_{\alpha} \partial_{\beta}\right) E_{\text {guess }, \beta}^{(+)} . \tag{8.258}
\end{equation*}
$$

Note that we associate this operator with transverse projection by examining the transverse delta function:

$$
\begin{equation*}
\delta_{\alpha \beta}^{\perp}(\mathbf{r})=\frac{1}{(2 \pi)^{3}} \int d^{3} k\left(\delta_{\alpha \beta}-\frac{k_{\alpha} k_{\beta}}{k^{2}}\right) e^{i \mathbf{k} \cdot \mathbf{r}}=\frac{1}{(2 \pi)^{3}} \int d^{3} k \frac{1}{k^{2}}\left(k^{2} \delta_{\alpha \beta}+\partial_{\alpha} \partial_{\beta}\right) e^{i \mathbf{k} \cdot \mathbf{r}} . \tag{8.259}
\end{equation*}
$$

Thus, up to a factor of $1 / k^{2}$ the transverse delta function is a Fourier transform of the projection operator $\left(k^{2} \delta_{\alpha \beta}+\partial_{\alpha} \partial_{\beta}\right)$.

## Problem 8.9

Following the steps in the notes, show that the transverse and longitudinal delta functions,

$$
\begin{align*}
& \delta_{\alpha \beta}^{\perp}(\mathbf{r})=\frac{1}{(2 \pi)^{3}} \int d^{3} k\left(\delta_{\alpha \beta}-\frac{k_{\alpha} k_{\beta}}{k^{2}}\right) e^{i \mathbf{k} \cdot \mathbf{r}}  \tag{8.260}\\
& \delta_{\alpha \beta}^{\|}(\mathbf{r})=\frac{1}{(2 \pi)^{3}} \int d^{3} k \frac{k_{\alpha} k_{\beta}}{k^{2}} e^{i \mathbf{k} \cdot \mathbf{r}}
\end{align*}
$$

can be expressed as

$$
\begin{align*}
& \delta_{\alpha \beta}^{\perp}(\mathbf{r})=\frac{2}{3} \delta_{\alpha \beta} \delta^{3}(\mathbf{r})-\frac{1}{4 \pi r^{3}}\left(\delta_{\alpha \beta}-\frac{3 r_{\alpha} r_{\beta}}{r^{2}}\right)  \tag{8.261}\\
& \delta_{\alpha \beta}^{\|}(\mathbf{r})=\frac{1}{3} \delta_{\alpha \beta} \delta^{3}(\mathbf{r})+\frac{1}{4 \pi r^{3}}\left(\delta_{\alpha \beta}-\frac{3 r_{\alpha} r_{\beta}}{r^{2}}\right)
\end{align*}
$$

in the position representation.

## Problem 8.10

Starting with the general relation

$$
\begin{equation*}
\left[A_{\alpha}(\mathbf{r}, t), E_{\beta}\left(\mathbf{r}^{\prime}, t^{\prime}\right)\right]=-\frac{i \hbar}{\epsilon_{0}} \sum_{\mathbf{k}, \zeta} \operatorname{Re}\left[f_{\mathbf{k}, \zeta, \alpha}(\mathbf{r}) f_{\mathbf{k}, \zeta, \beta}^{*}\left(\mathbf{r}^{\prime}\right) e^{-i \omega_{\mathbf{k}}\left(t-t^{\prime}\right)}\right] \tag{8.262}
\end{equation*}
$$

follow the notes and derive the following commutator in half space:

$$
\begin{equation*}
\left[A_{\alpha}(\mathbf{r}, t), E_{\beta}\left(\mathbf{r}^{\prime}, t\right)\right]=-\frac{i \hbar}{\epsilon_{0}}\left[\delta_{\alpha \beta}^{\perp}\left(\mathbf{r}-\mathbf{r}^{\prime}\right)-\delta_{\alpha \beta}^{\top}\left(\mathbf{r}^{-}-\mathbf{r}^{\prime}\right)\right] \tag{8.263}
\end{equation*}
$$

Again, the interpretation is that the vector potential and electric field are "connected" at two spacetime points if they lie on the same light cone with respect to paths that are either direct or have one bounce off the mirror.

## Problem 8.11

Show by using the momentum-space representation of the transverse delta function that

$$
\begin{equation*}
\int d^{3} r \delta_{\alpha \beta}^{\perp}\left(\mathbf{r}-\mathbf{r}^{\prime}\right) \delta_{\beta \gamma}^{\perp}(\mathbf{r})=\delta_{\alpha \gamma}^{\perp}\left(\mathbf{r}^{\prime}\right) \tag{8.264}
\end{equation*}
$$

## Problem 8.12

The quantum coherence functions $g^{(n)}(\tau)$ are defined in terms of the quantum fields in the same way we defined them for the classical counterparts, except that the classical time average is replaced by an expectation value with respect to the state of the field.
(a) Derive expressions for $g^{(1)}(\tau)$ and $g^{(2)}(\tau)$ for a single mode of the electromagnetic field.
(b) Evaluate your expressions from part (a) for a field in a number state (Fock state) $|n\rangle$. Show that the first-order coherence can be interpreted classically, but that this state is nonclassical at the second order of coherence.

## Problem 8.13

Consider the squeezed vacuum state

$$
\begin{equation*}
|\zeta\rangle=S(\zeta)|0\rangle \tag{8.265}
\end{equation*}
$$

of the harmonic oscillator (or a single field mode), where $|0\rangle$ is the vacuum state, and $S(\zeta)$ is the squeezing operator ${ }^{17}$

$$
\begin{equation*}
S(\zeta):=\exp \left[\frac{1}{2}\left(\zeta^{*} a^{2}-\zeta a^{\dagger 2}\right)\right] \tag{8.266}
\end{equation*}
$$

Note that the squeezing operator reduces to the identity for $\zeta=0$. Like the vacuum state, the squeezed vacuum is a minimum-uncertainty Gaussian state, but with a different set of variances (the vacuum state is literally stretched or "squeezed" into a different Gaussian, keeping the uncertainty product constant in some basis).
Compute the initial value of the second-order correlation function

$$
\begin{equation*}
g^{(2)}(0)=\frac{\left\langle a^{\dagger} a^{\dagger} a a\right\rangle}{\left\langle a^{\dagger} a\right\rangle^{2}}, \tag{8.267}
\end{equation*}
$$

analogous to the one we studied to find antibunching in the resonance fluorescence in the two-level atom. From this result, what can you conclude about the classicality of the squeezed vacuum? Is there anything physically funny about your solution in the limit $\zeta \longrightarrow 0$ ?
You may use without proof the transformation rules

$$
\begin{align*}
S^{\dagger}(\zeta) a S(\zeta) & =a \cosh r-a^{\dagger} e^{i \theta} \sinh r  \tag{8.268}\\
S^{\dagger}(\zeta) a^{\dagger} S(\zeta) & =a^{\dagger} \cosh r-a e^{-i \theta} \sinh r
\end{align*}
$$

for the ladder operators, where $\zeta=r e^{i \theta}$.

## Problem 8.14

Given the solution $\psi(\mathbf{r})$ to the scalar Helmholtz equation

$$
\begin{equation*}
\left(\nabla^{2}+k^{2}\right) \psi=0 \tag{8.269}
\end{equation*}
$$

show that the vector fields

$$
\begin{equation*}
\mathbf{L}=\nabla \psi, \quad \mathbf{M}=\nabla \times(\mathbf{r} \psi), \quad \mathbf{N}=\frac{1}{k} \nabla \times \mathbf{M} \tag{8.270}
\end{equation*}
$$

satisfy the vector Helmholtz equation

$$
\begin{equation*}
\left(\nabla^{2}+k^{2}\right) \mathbf{f}=0 \tag{8.271}
\end{equation*}
$$

[^150]
## Problem 8.15

In this problem you will work out the normalization factors for the spherical-cavity modes.
(a) Noting that the ordinary Bessel function $J_{n}(x)$ satisfies Bessel's equation

$$
\begin{equation*}
\frac{1}{x} \partial_{x}\left[x J_{n}^{\prime}(x)\right]+\left(1-\frac{n^{2}}{x^{2}}\right) J_{n}(x)=0 \tag{8.272}
\end{equation*}
$$

show that

$$
\begin{equation*}
\int_{0}^{R} d r r J_{n}^{2}(k r)=\frac{R^{2}}{2}\left\{\left[J_{n}^{\prime}(k R)\right]^{2}-J_{n}(k R) J_{n}^{\prime \prime}(k R)-\frac{1}{k R} J_{n}(k R) J_{n}^{\prime}(k R)\right\} \tag{8.273}
\end{equation*}
$$

Do this by multiplying Bessel's equation by $r J_{n}\left(k^{\prime} r\right)$, then switching $k^{\prime} \longleftrightarrow k$ and subtracting the resulting equations. Then integrate by parts and let $k^{\prime} \longrightarrow k$, being careful to keep the lowest-order nonvanishing terms in $k^{\prime}-k$.
(b) Use the result of part (a) to show that the normalization integral from Eq. (8.98) or (8.113) is

$$
\begin{equation*}
\mathcal{N}_{n l}^{-2}=\int_{0}^{R} d r r^{2} j_{l}^{2}\left(k_{n l} r\right)=\frac{R^{3}}{2}\left[j_{l}^{\prime}\left(k_{n l} R\right)\right]^{2}=\frac{R^{3}}{2} j_{l+1}^{2}\left(k_{n l} R\right) \tag{8.274}
\end{equation*}
$$

for modes subject to the radial boundary condition (8.112)

$$
\begin{equation*}
j_{l}\left(k_{n l} R\right)=0 \tag{8.275}
\end{equation*}
$$

as is appropriate for a perfectly conducting spherical cavity for scalar or TE vector waves.
(c) Show that the same normalization integral, subject to the radial boundary condition (8.120)

$$
\begin{equation*}
\left.\partial_{r}\left[r j_{l}\left(k_{n l} r\right)\right]\right|_{r=R}=0 \tag{8.276}
\end{equation*}
$$

as is appropriate for a perfectly conducting spherical cavity for TM vector waves, becomes

$$
\begin{equation*}
\mathcal{N}_{n l}^{-2}=\int_{0}^{R} d r r^{2} j_{l}^{2}\left(k_{n l} r\right)=\frac{R^{3}}{2}\left(1-\frac{l(l+1)}{k_{n l}^{2} R^{2}}\right) j_{l}^{2}(k R) \tag{8.277}
\end{equation*}
$$

To start, it will help to use Bessel's equation again to eliminate the $J_{n}^{\prime \prime}(x)$ in the result from part (a).

## Problem 8.16

Work out the Hamiltonian structure of the massive electromagnetic field (Proca field), paralleling the massless treatment of Section 8.8. Use as your Lagrangian

$$
\begin{align*}
L & =L_{\text {free }}+L_{\text {source }}+L_{\text {mass }} \\
L_{\text {free }} & =\frac{\epsilon_{0}}{2} \int d^{3} r\left[\left(\nabla \phi+\partial_{t} \mathbf{A}\right)^{2}-c^{2}(\nabla \times \mathbf{A})^{2}\right]  \tag{8.278}\\
L_{\text {source }} & =-\int d^{3} r[\rho \phi-\mathbf{j} \cdot \mathbf{A}] \\
L_{\text {mass }} & =-\frac{\epsilon_{0}}{2} \frac{m^{2} c^{4}}{\hbar^{2}} \int d^{3} r\left[\mathbf{A}^{2}-\frac{\phi^{2}}{c^{2}}\right]
\end{align*}
$$

where $L_{\text {free }}$ and $L_{\text {source }}$ are defined as before, and notice that the particle mass $m$ enters with the proper dimensions as the Compton length $\hbar / m c$. In your treatment you should cover the following:
(a) Derive the canonical momenta and the Hamiltonian.
(b) Write down Hamilton's equations and the generalized Maxwell equations, treating the explicitly any gauge freedom for this field theory that arises from the structure of the Hamiltonian.
(c) Show that charge is only conserved in the Lorenz gauge, and thus that this field theory is not truly gauge-invariant.
(d) Write down the wave equations for the potentials in the Lorenz gauge.
(e) Analyze a longitudinal solution $\mathbf{A}=\hat{z} \alpha \exp [i(k z-\omega t)]$, $\phi=\beta \exp [i(k z-\omega t)]$, where $\alpha$ and $\beta$ are real amplitudes. Derive the dispersion relation between $\omega$ and $k$. By considering $(\mathbf{A}, \phi)$ to be the components of a four-dimensional vector, show that in the limit $m \longrightarrow 0$ limit, the longitudinal field becomes orthogonal to the source four-vector (you should work out the form of the source field). Thus, in this limit, the longitudinal field decouples from any sources, leaving only the two transverse fields in massless electromagnetism.
(f) Work out the scalar potential for a static point charge $q$ localized at $\mathbf{r}=0$. Hint: start by showing that away from $\mathbf{r}=0$ that a solution of the form $r \phi=C \exp (-\mu r)$ satisfies the wave equation.

## Chapter 9

## Atomic Interaction with the Quantized Field

Up till now, we have been using the dipole interaction Hamiltonian $H_{\mathrm{AF}}=-\mathbf{d} \cdot \mathbf{E}$ to describe the coupling of the atom and field. However, this interaction is approximate, being valid only in the dipole approximation for nearly stationary atoms. Here, we will address the fundamental question, what is the fundamental Hamiltonian for the atom-field interaction? The answer turns out to have some subtleties, and this subject has historically been the source of substantial confusion.

### 9.1 Lorentz Force

The classical force on an electron of charge $q=-e$ in an electromagnetic field is given by ${ }^{1}$

$$
\begin{equation*}
\mathbf{F}=-e(\mathbf{E}+\mathbf{v} \times \mathbf{B}) \tag{9.1}
\end{equation*}
$$

(Lorentz force law)
Instead of the fields, we can write this in terms of the vector and scalar potentials $\mathbf{A}$ and $\phi$, respectively:

$$
\begin{equation*}
\mathbf{F}=e\left[\nabla \phi+\partial_{t} \mathbf{A}-\mathbf{v} \times(\nabla \times \mathbf{A})\right] . \tag{9.2}
\end{equation*}
$$

But the vector identity

$$
\begin{equation*}
\nabla(\mathbf{v} \cdot \mathbf{A})=\mathbf{v} \times(\nabla \times \mathbf{A})+(\mathbf{v} \cdot \nabla) \mathbf{A} \tag{9.3}
\end{equation*}
$$

gives

$$
\begin{equation*}
\mathbf{F}=e\left[\nabla \phi+\partial_{t} \mathbf{A}+(\mathbf{v} \cdot \nabla) \mathbf{A}-\nabla(\mathbf{v} \cdot \mathbf{A})\right] \tag{9.4}
\end{equation*}
$$

The particular combination

$$
\begin{equation*}
\frac{d \mathbf{A}(\mathbf{r}, t)}{d t}=\partial_{t} \mathbf{A}+\frac{\partial \mathbf{A}}{\partial x_{\alpha}} \frac{d x_{\alpha}}{d t}=\partial_{t} \mathbf{A}+(\mathbf{v} \cdot \nabla) \mathbf{A} \tag{9.5}
\end{equation*}
$$

is known as the convective derivative, and allows us to write

$$
\begin{equation*}
\mathbf{F}=e\left[\nabla \phi+\frac{d \mathbf{A}}{d t}-\nabla(\mathbf{v} \cdot \mathbf{A})\right] \tag{9.6}
\end{equation*}
$$

Of course, we also make the identification $\mathbf{F}=m \ddot{\mathbf{r}}$.

[^151]
### 9.1.1 Lagrangian

We note that we can derive this force law from the Lagrangian

$$
\begin{equation*}
L=\frac{1}{2} m \dot{\mathbf{r}}^{2}-e \dot{\mathbf{r}} \cdot \mathbf{A}(\mathbf{r})+e \phi(\mathbf{r}) \tag{9.7}
\end{equation*}
$$

(Lorentz-force Lagrangian)
To see this, we simply evaluate the Euler-Lagrange equation

$$
\begin{equation*}
\frac{\partial L}{\partial \mathbf{r}}-\frac{d}{d t} \frac{\partial L}{\partial \dot{\mathbf{r}}}=0 \tag{9.8}
\end{equation*}
$$

which gives

$$
\begin{equation*}
-e \nabla(\dot{\mathbf{r}} \cdot \mathbf{A})+e \nabla \phi-\frac{d}{d t}(m \dot{\mathbf{r}}-e \mathbf{A})=0 \tag{9.9}
\end{equation*}
$$

It is easy to see (Problem 9.2) that this reproduces Eq. (9.6), but we can also write this in the form

$$
\begin{equation*}
\frac{d}{d t}(m \dot{\mathbf{r}}-e \mathbf{A})=e \nabla[\phi-(\mathbf{v} \cdot \mathbf{A})] \tag{9.10}
\end{equation*}
$$

which suggests that $m \dot{\mathbf{r}}-e \mathbf{A}$ plays the role of the momentum, while $-e[\phi-(\mathbf{v} \cdot \mathbf{A})]$ plays the role of the (velocity-dependent) potential.

### 9.1.2 Hamiltonian

We can see that this is indeed the case by deriving the Hamiltonian. Since the potential is velocity-dependent, the canonical momentum involves the vector potential:

$$
\mathbf{p}=\frac{\partial L}{\partial \dot{\mathbf{r}}}=m \dot{\mathbf{r}}-e \mathbf{A}=\mathbf{p}_{\text {kinetic }}-e \mathbf{A}
$$

(Lorentz-force canonical momentum) (9.11)
Here, $\mathbf{p}_{\text {kinetic }}:=m \dot{\mathbf{r}}$ is the usual kinetic momentum. Then, with $\dot{\mathbf{r}}=(\mathbf{p}+e \mathbf{A}) / m$, in general the Hamiltonian is the Legendre transform of the Lagrangian,

$$
\begin{equation*}
H=\mathbf{p} \cdot \dot{\mathbf{r}}-L \tag{9.12}
\end{equation*}
$$

so that the Hamiltonian for the Lorentz force is

$$
\begin{equation*}
H=\frac{(\mathbf{p}+e \mathbf{A})^{2}}{2 m}-e \phi \tag{9.13}
\end{equation*}
$$

(Lorentz-force Hamiltonian)
Now the magnetic-field $(\nabla \times \mathbf{A})$ and transverse-electric-field $\left(\partial_{t} \mathbf{A}\right)$ parts of the interaction is included in the kinetic part, while the longitudinal-electric part of the interaction (due to $\phi$ ) is in the potential term.

### 9.2 Quantization and Minimal Coupling

The total Hamiltonian for a system of particles of charge $q_{\alpha}$ and mass $m_{\alpha}$ interacting with the electromagnetic field is then ${ }^{2}$

$$
\begin{equation*}
H=\sum_{\alpha} \frac{\left[\mathbf{p}_{\alpha}-q_{\alpha} \mathbf{A}\left(\mathbf{r}_{\alpha}\right)\right]^{2}}{2 m_{\alpha}}+\frac{\epsilon_{0}}{2} \int d^{3} r\left(E^{2}+c^{2} B^{2}\right) \tag{9.14}
\end{equation*}
$$

where we now explicitly include the field Hamiltonian, and for the moment we do not explicitly consider any contribution due to a scalar potential $\phi$, since we have in a sense already included it. This is because of the

[^152]Helmholtz theorem, which says that the electric field can be decomposed into transverse and longitudinal components as

$$
\begin{equation*}
\mathbf{E}=\mathbf{E}^{\perp}+\mathbf{E}^{\|} \tag{9.15}
\end{equation*}
$$

where $\nabla \cdot \mathbf{E}^{\perp}=0$ and $\nabla \times \mathbf{E}^{\|}=0$. This decomposition is obvious in the Coulomb gauge, since $\mathbf{E}^{\perp}=-\partial_{t} \mathbf{A}$ and $\mathbf{E}^{\|}=-\nabla \phi$. Then using

$$
\begin{equation*}
\int d^{3} r \mathbf{E}^{\perp} \cdot \mathbf{E}^{\|}=0 \tag{9.16}
\end{equation*}
$$

we can write the electric-field contribution to the Hamiltonian as

$$
\begin{align*}
\int d^{3} r E^{2} & =\int d^{3} r\left(E^{\perp 2}+E^{\| 2}\right) \\
& =\int d^{3} r E^{\perp 2}+\int d^{3} r(\nabla \phi)^{2}  \tag{9.17}\\
& =\int d^{3} r E^{\perp 2}-\int d^{3} r \phi \nabla^{2} \phi \\
& =\int d^{3} r E^{\perp 2}+\frac{1}{\epsilon_{0}} \int d^{3} r \rho \phi
\end{align*}
$$

where $\rho$ is the source charge density, and we have dropped surface terms.
Suppose now that the source charges come in the form of localized point particles,

$$
\begin{equation*}
\rho=\sum_{\alpha=1}^{N} q_{\alpha} \delta^{3}\left(\mathbf{r}-\mathbf{r}_{\alpha}\right) \tag{9.18}
\end{equation*}
$$

Then the scalar potential is

$$
\begin{equation*}
\phi(\mathbf{r}, t)=\int d^{3} r^{\prime} \frac{\rho\left(\mathbf{r}^{\prime}, t\right)}{4 \pi \epsilon_{0}\left|\mathbf{r}-\mathbf{r}^{\prime}\right|} \tag{9.19}
\end{equation*}
$$

So, we can now evaluate the integral in the last term of Eq. (9.17),

$$
\begin{equation*}
\int d^{3} r \rho \phi=\int d^{3} r \int d^{3} r^{\prime} \frac{\rho(\mathbf{r}, t) \rho\left(\mathbf{r}^{\prime}, t\right)}{4 \pi \epsilon_{0}\left|\mathbf{r}-\mathbf{r}^{\prime}\right|}=2 \sum_{\alpha>\beta} \frac{q_{\alpha} q_{\beta}}{4 \pi \epsilon_{0}\left|\mathbf{r}_{\alpha}-\mathbf{r}_{\beta}\right|} \tag{9.20}
\end{equation*}
$$

so that we can write the total Hamiltonian (9.14) as

$$
\begin{equation*}
H=\sum_{\alpha} \frac{\left[\mathbf{p}_{\alpha}-q_{\alpha} \mathbf{A}\left(\mathbf{r}_{\alpha}\right)\right]^{2}}{2 m_{\alpha}}+\frac{1}{4 \pi \epsilon_{0}} \sum_{\alpha>\beta} \frac{q_{\alpha} q_{\beta}}{\left|\mathbf{r}_{\alpha}-\mathbf{r}_{\beta}\right|}+\frac{\epsilon_{0}}{2} \int d^{3} r\left(E^{\perp 2}+c^{2} B^{2}\right) \tag{9.21}
\end{equation*}
$$

Thus, we see that we can associate the longitudinal field $\mathbf{E}^{\|}$with the fields due to the charged particles.
Now suppose that we take all but one of the particles to be fixed, with the moveable atom an electron of charge $q=-e$, as appropriate for a one-electron atom (or an atom where one electron has the predominant interaction with the field). Then the Hamiltonian becomes

$$
\begin{equation*}
H=\frac{\left[\mathbf{p}_{\mathrm{e}}+e \mathbf{A}\left(\mathbf{r}_{\mathrm{e}}\right)\right]^{2}}{2 m_{\mathrm{e}}}-e \phi\left(\mathbf{r}_{\mathrm{e}}\right)+\frac{\epsilon_{0}}{2} \int d^{3} r\left(E^{\perp 2}+c^{2} B^{2}\right) \tag{9.22}
\end{equation*}
$$

where $\mathbf{p}_{\mathrm{e}}$ and $\mathbf{r}_{\mathrm{e}}$ are the canonical coordinates of the electron. In an atom, we interpret the potential $\phi$ due to the other charged particles to give the binding potential $V\left(\mathbf{r}_{\mathrm{e}}\right)$. We can also see then that when quantizing the field, it is only necessary to quantize the transverse field. To describe the atom-field interaction, we can associate the longitudinal field with the atom itself. This is true of the magnetic field, since the magnetic field is already transverse (since there are no magnetic monopoles).

Thus, the quantization of the total Hamiltonian, including the atomic coupling to the electromagnetic field, proceeds as follows. Take the quantized Hamiltonian for the atom and the field, in the uncoupled limit, which we already know:

$$
\begin{equation*}
H=\frac{p_{\mathrm{e}}^{2}}{2 m_{\mathrm{e}}}+V\left(\mathbf{r}_{\mathrm{e}}\right)+\frac{\epsilon_{0}}{2} \int d^{3} r\left(E^{\perp 2}+c^{2} B^{2}\right) \tag{9.23}
\end{equation*}
$$

Now, to include the atom-field interaction, we make the minimal-coupling replacement $\mathbf{p}_{\mathrm{e}} \longrightarrow \mathbf{p}_{\mathrm{e}}+e \mathbf{A}$ in the above Hamiltonian, to obtain the minimal-coupling Hamiltonian

$$
\begin{equation*}
H=\frac{\left[\mathbf{p}_{\mathrm{e}}+e \mathbf{A}\left(\mathbf{r}_{\mathrm{e}}\right)\right]^{2}}{2 m_{\mathrm{e}}}+V\left(\mathbf{r}_{\mathrm{e}}\right)+\frac{\epsilon_{0}}{2} \int d^{3} r\left(E^{\perp 2}+c^{2} B^{2}\right) \tag{9.24}
\end{equation*}
$$

(minimal-coupling Hamiltonian)
describing the coupled atom-field system within quantum electrodynamics.

### 9.3 Dipole Interaction

Now we will move towards recovering the usual dipole-interaction Hamiltonian. ${ }^{3}$ Consider the first (kinetic) term in the minimal-coupling Hamiltonian (9.24):

$$
\begin{equation*}
\frac{\left[\mathbf{p}_{\mathrm{e}}+e \mathbf{A}\left(\mathbf{r}_{\mathrm{e}}\right)\right]^{2}}{2 m_{\mathrm{e}}}=\frac{p_{\mathrm{e}}^{2}}{2 m_{\mathrm{e}}}+\frac{e}{m_{\mathrm{e}}} \mathbf{A} \cdot \mathbf{p}_{\mathrm{e}}+\frac{e^{2}}{2 m_{\mathrm{e}}} A^{2} . \tag{9.25}
\end{equation*}
$$

Note that in general $\mathbf{p}_{\mathrm{e}}$ and $\mathbf{A}$ do not commute, since $\mathbf{p}_{\mathrm{e}}=-i \hbar \nabla_{\mathrm{e}}$, and $\mathbf{A}=\mathbf{A}\left(\mathbf{r}_{\mathrm{e}}\right)$. However, they do commute here, since we are in the Coulomb gauge where $\nabla \cdot \mathbf{A}=0$. Within the electric-dipole approximation, we take the vector potential $\mathbf{A}$ to be independent of position, evaluating $\mathbf{A}$ at the nuclear position (and taking $\mathbf{r}_{\text {nuc }}=0$ ). That is, we take the variation of $\mathbf{A}$ to be negligible over the scale of the atomic size. This approximation is also called the long-wavelength approximation. Then the minimal-coupling Hamiltonian becomes

$$
\begin{equation*}
H=\frac{\mathbf{p}_{\mathrm{e}}^{2}}{2 m_{\mathrm{e}}}+V\left(\mathbf{r}_{\mathrm{e}}\right)+\frac{e}{m_{\mathrm{e}}} \mathbf{p}_{\mathrm{e}} \cdot \mathbf{A}(0)+\frac{e^{2}}{2 m_{\mathrm{e}}} A^{2}(0)+\frac{\epsilon_{0}}{2} \int d^{3} r\left(E^{\perp 2}+c^{2} B^{2}\right) \tag{9.26}
\end{equation*}
$$

(minimal-coupling Hamiltonian, long-wavelength approximation)
in the long-wavelength approximation. Comparison to the uncoupled Hamiltonian (9.23) gives

$$
\begin{equation*}
H_{\mathrm{AF}}=\frac{e}{m_{\mathrm{e}}} \mathbf{p}_{\mathrm{e}} \cdot \mathbf{A}(0)+\frac{e^{2}}{2 m_{\mathrm{e}}} A^{2}(0) \tag{9.27}
\end{equation*}
$$

(minimal-coupling interaction, long-wavelength approximation)
as the interaction Hamiltonian in terms of the vector potential. Here, the $\mathbf{p}_{\mathrm{e}} \cdot \mathbf{A}$ term plays a role similar to the familiar $\mathbf{d} \cdot \mathbf{E}$ Hamiltonian, as we will discuss in more detail below, while the $A^{2}$ term is atomic-levelindependent and for many purposes may be ignored.

### 9.3.1 Power-Zienau Transformation

The atom-field interaction here is still in terms of the vector potential, and so we would like to see the connection to the usual interaction with the electric field. We thus use the unitary Power-Zienau transformation ${ }^{4}$ (again, in the long-wavelength approximation)

$$
\begin{equation*}
U=e^{i e \mathbf{r}_{\mathrm{e}} \cdot \mathbf{A}(0) / \hbar} \tag{9.28}
\end{equation*}
$$

(Power-Zienau transformation, long-wavelength approximation)

[^153]to transform the Hamiltonian. The unitary transformation here amounts to a gauge transformation, and we will refer to the situations before and after the unitary transformation as being different gauges. The new Hamiltonian is
\[

$$
\begin{equation*}
\tilde{H}=U H U^{\dagger} \tag{9.29}
\end{equation*}
$$

\]

Using the identity

$$
\begin{equation*}
e^{A} B e^{-A}=B+[A, B]+\frac{1}{2!}[A,[A, B]]+\cdots \tag{9.30}
\end{equation*}
$$

we can see that the new momentum is

$$
\begin{equation*}
\tilde{\mathbf{p}}_{\mathrm{e}}=U \mathbf{p}_{\mathrm{e}} U^{\dagger}=\mathbf{p}_{\mathrm{e}}+\left[i e \mathbf{r}_{\mathrm{e}} \cdot \mathbf{A}(0) / \hbar, \mathbf{p}_{\mathrm{e}}\right]=\mathbf{p}_{\mathrm{e}}-e \mathbf{A}(0) \tag{9.31}
\end{equation*}
$$

so that we can take care of the transformation of the kinetic energy by writing it in terms of the untransformed momentum (which becomes both the canonical and the kinematic momentum in the Power-Zienau transformation):

$$
\begin{equation*}
U\left(\mathbf{p}_{\mathrm{e}}+e \mathbf{A}\right)^{2} U^{\dagger}=\mathbf{p}_{\mathrm{e}}^{2} \tag{9.32}
\end{equation*}
$$

Also, the electric-field components transform as

$$
\begin{align*}
\tilde{E}_{\beta}^{\perp}(\mathbf{r}) & =U\left(\mathbf{r}_{\mathrm{e}}\right) E_{\beta}^{\perp}(\mathbf{r}) U^{\dagger}\left(\mathbf{r}_{\mathrm{e}}\right) \\
& =E_{\beta}^{\perp}(\mathbf{r})+\left[i e \mathbf{r}_{\mathrm{e}} \cdot \mathbf{A}(0) / \hbar, E_{\beta}^{\perp}(\mathbf{r})\right]  \tag{9.33}\\
& =E_{\beta}^{\perp}(\mathbf{r})+\frac{e}{\epsilon_{0}} r_{\mathrm{e}, \alpha} \delta_{\alpha \beta}^{\perp}(\mathbf{r})
\end{align*}
$$

where we used the commutation relation between the vector potential and electric field in free space from Eq. (8.206). Thus, the transformation of the electric-field energy gives

$$
\begin{align*}
U\left(\mathbf{r}_{\mathrm{e}}\right)\left[\int d^{3} r\left[\mathbf{E}^{\perp}(\mathbf{r})\right]^{2}\right] U^{\dagger}\left(\mathbf{r}_{\mathrm{e}}\right) & =\int d^{3} r\left[U\left(\mathbf{r}_{\mathrm{e}}\right) \mathbf{E}^{\perp}(\mathbf{r}) U^{\dagger}\left(\mathbf{r}_{\mathrm{e}}\right)\right]^{2}  \tag{9.34}\\
& =\int d^{3} r\left[\mathbf{E}^{\perp}(\mathbf{r})\right]^{2}+\frac{2 e}{\epsilon_{0}} \mathbf{r}_{\mathrm{e}} \cdot \mathbf{E}^{\perp}(0)+\frac{1}{\epsilon_{0}^{2}} \int d^{3} r\left[\mathbf{P}^{\perp}(\mathbf{r})\right]^{2}
\end{align*}
$$

where

$$
\begin{equation*}
\mathbf{P}(\mathbf{r}):=-e \mathbf{r}_{\mathrm{e}} \delta^{3}(\mathbf{r}) \tag{9.35}
\end{equation*}
$$

(atomic polarization density)
is the polarization density for the atom, and the transverse polarization is the same but with the delta function replaced by the transverse delta function:

$$
\begin{equation*}
P_{\beta}^{\perp}(\mathbf{r}):=-e r_{\mathrm{e}, \alpha} \delta_{\alpha \beta}^{\perp}(\mathbf{r}) \tag{9.36}
\end{equation*}
$$

Thus, the transformed Hamiltonian is

$$
\begin{equation*}
\tilde{H}=\frac{\mathbf{p}_{\mathrm{e}}^{2}}{2 m_{\mathrm{e}}}+V\left(\mathbf{r}_{\mathrm{e}}\right)+e \mathbf{r}_{\mathrm{e}} \cdot \mathbf{E}^{\perp}+\frac{\epsilon_{0}}{2} \int d^{3} r\left(E^{\perp 2}+c^{2} B^{2}\right)+\frac{1}{2 \epsilon_{0}} \int d^{3} r\left[\mathbf{P}^{\perp}(\mathbf{r})\right]^{2} \tag{9.37}
\end{equation*}
$$

(transformed Hamiltonian)
which again is written only in terms of the untransformed coordinates $\mathbf{p}_{\mathrm{e}}$ and $\mathbf{E}(\mathbf{r})$. Comparison to the uncoupled Hamiltonian (9.23) gives an interaction Hamiltonian of

$$
\begin{equation*}
\tilde{H}_{\mathrm{AF}}=e \mathbf{r}_{\mathrm{e}} \cdot \mathbf{E}^{\perp}(0)+\frac{1}{2 \epsilon_{0}} \int d^{3} r\left[\mathbf{P}^{\perp}(\mathbf{r})\right]^{2}=-\mathbf{d} \cdot \mathbf{E}^{\perp}(0)+\frac{1}{2 \epsilon_{0}} \int d^{3} r\left[\mathbf{P}^{\perp}(\mathbf{r})\right]^{2} \tag{9.38}
\end{equation*}
$$

(dipole interaction Hamiltonian)
where the atomic dipole moment is $\mathbf{d}=-e \mathbf{r}_{\mathrm{e}}$, and the atomic center is located at $\mathbf{r}=0$. The second term, representing a (divergent) dipole self-energy, is commonly dropped, although sometimes it makes an
important explicit contribution (e.g., in the calculation of the Lamb shift). We thus recover the familiar form for the electric-dipole Hamiltonian

$$
\begin{equation*}
\tilde{H}_{\mathrm{AF}} \approx-\mathbf{d} \cdot \mathbf{E}^{\perp} \tag{9.39}
\end{equation*}
$$

(dipole interaction Hamiltonian)
in the long-wavelength approximation.

### 9.3.1.1 Electric Displacement

Let's once again examine the transformed electric field. ${ }^{5}$ From Eq. (9.33), we have

$$
\begin{align*}
\tilde{E}_{\alpha}^{\perp}(\mathbf{r}) & =E_{\alpha}^{\perp}(\mathbf{r})+\frac{e}{\epsilon_{0}} r_{\mathrm{e}, \alpha} \delta_{\alpha \beta}^{\perp}(\mathbf{r})  \tag{9.40}\\
& =E_{\alpha}^{\perp}(\mathbf{r})-\frac{1}{\epsilon_{0}} P_{\alpha}^{\perp}(\mathbf{r})
\end{align*}
$$

so that

$$
\begin{equation*}
\epsilon_{0} \mathbf{E}^{\perp}(\mathbf{r})=\epsilon_{0} \tilde{\mathbf{E}}^{\perp}(\mathbf{r})+\mathbf{P}^{\perp}(\mathbf{r})=\tilde{\mathbf{D}}^{\perp}(\mathbf{r}) \tag{9.41}
\end{equation*}
$$

Thus, we see that the electric field in the original gauge (" $A$ gauge"), or more precisely $\epsilon_{0} \mathbf{E}^{\perp}$, which is what couples to the atom, corresponds to the dielectric displacement in the new gauge (" $E$ gauge"). Since the polarization density is localized, this is in fact the same as $\epsilon_{0} \tilde{\mathbf{E}}^{\perp}$ away from the origin.

### 9.3.1.2 Active and Passive Viewpoints

The viewpoint of the Power-Zienau transformation that we presented above- that the electric-dipole Hamiltonian arises from a unitary transformation of the Hamiltonian - is the "active" view of the transformation. We can alternately use a "passive" view, where we can get the same form of the interaction Hamiltonian (9.37) without transforming it, if we use the coordinate transformation ${ }^{6}$

$$
\begin{equation*}
U^{\prime}=e^{-i e \mathbf{r}_{\mathrm{e}} \cdot \mathbf{A} / \hbar} \tag{9.42}
\end{equation*}
$$

which gives new coordinates

$$
\begin{align*}
\mathbf{p}_{\mathrm{e}}^{\prime} & =U^{\prime} \mathbf{p}_{\mathrm{e}} U^{\prime \dagger}=\mathbf{p}_{\mathrm{e}}+e \mathbf{A} \\
\mathbf{A}^{\prime} & =\mathbf{A} \\
\mathbf{r}_{\mathrm{e}}^{\prime} & =\mathbf{r}_{\mathrm{e}}  \tag{9.43}\\
\mathbf{B}^{\prime} & =\mathbf{B} \\
\mathbf{E}^{\prime \perp} & =\mathbf{E}^{\perp}+\frac{1}{\epsilon_{0}} \mathbf{P}^{\perp}
\end{align*}
$$

Then the untransformed Hamiltonian is

$$
\begin{align*}
H & =\frac{\left[\mathbf{p}_{\mathrm{e}}+e \mathbf{A}\left(\mathbf{r}_{\mathrm{e}}\right)\right]^{2}}{2 m_{\mathrm{e}}}+V\left(\mathbf{r}_{\mathrm{e}}\right)+\frac{\epsilon_{0}}{2} \int d^{3} r\left(E^{\perp 2}+c^{2} B^{2}\right)  \tag{9.44}\\
& =\frac{{\mathbf{\mathbf { p } _ { \mathrm { e } } ^ { \prime }}}_{2}^{2 m_{\mathrm{e}}}+V\left(\mathbf{r}_{\mathrm{e}}^{\prime}\right)+e \mathbf{r}_{\mathrm{e}}^{\prime} \cdot \mathbf{E}^{\prime \perp}+\frac{\epsilon_{0}}{2} \int d^{3} r\left(E^{\prime \perp 2}+c^{2} B^{\prime 2}\right)+\frac{1}{2 \epsilon_{0}} \int d^{3} r\left[\mathbf{P}^{\perp}(\mathbf{r})\right]^{2}}{},
\end{align*}
$$

which has the same form as (9.37), but in transformed coordinates. (Before, we wrote the transformed Hamiltonian in untransformed coordinates). Note here that $\epsilon_{0} \mathbf{E}^{\prime}$ is the dielectric displacement in the old variables. In both the active and passive viewpoints, the field that couples to the atom is in fact a displacement, not an electric field, although it is conventional to write it as an electric field (since they are the same outside the atom).

[^154]
### 9.3.1.3 Göppert-Mayer Transformation

The Power-Zienau transformation was actually preceded by an equivalent canonical transformation derived by Göppert-Mayer. ${ }^{7}$ Recall that the classical equations of motion are unchanged if we add a total time derivative, say

$$
\begin{equation*}
\frac{d}{d t} S(q, t) \tag{9.45}
\end{equation*}
$$

to the Lagrangian $L(q, \dot{q} ; t)$ in terms of the generalized coordinate $q$. Doing so induces a canonical transformation, and we can choose the generating function of the canonical transformation $S(q, t)$ to be $S\left(\mathbf{r}_{\mathrm{e}}, t\right)=e \mathbf{r}_{\mathrm{e}} \cdot \mathbf{A}$. The Lagrangian (9.7) is

$$
\begin{equation*}
L=\frac{1}{2} m_{\mathrm{e}} \dot{\mathbf{r}}_{\mathrm{e}}^{2}-e \dot{\mathbf{r}}_{\mathrm{e}} \cdot \mathbf{A}\left(\mathbf{r}_{\mathrm{e}}\right)+e \phi\left(\mathbf{r}_{\mathrm{e}}\right) \tag{9.46}
\end{equation*}
$$

which thus transforms to

$$
\begin{align*}
\tilde{L} & =L+\frac{d}{d t} e \mathbf{r}_{\mathrm{e}} \cdot \mathbf{A} \\
& =L+e \dot{\mathbf{r}}_{\mathrm{e}} \cdot \mathbf{A}+e \mathbf{r}_{\mathrm{e}} \cdot \dot{\mathbf{A}}  \tag{9.47}\\
& =\frac{1}{2} m_{\mathrm{e}} \dot{\mathbf{r}}_{\mathrm{e}}^{2}+e \phi\left(\mathbf{r}_{\mathrm{e}}\right)+e \mathbf{r}_{\mathrm{e}} \cdot \dot{\mathbf{E}}^{\perp}
\end{align*}
$$

We can see that the generating function exactly cancels the $\mathbf{p}_{\mathrm{e}} \cdot \mathbf{A}$ term and adds in the $\mathbf{r}_{\mathrm{e}} \cdot \mathbf{E}$ term. Thus, this canonical transformation classically effects the transformation from $H$ to $\tilde{H}$.

### 9.3.2 p-A vs. r $\cdot \mathbf{E}$

Now it appears that, depending on the choice of gauge, we have two possible interaction Hamiltonians in the long-wavelength approximation. In the $E$ gauge, we have from Eq. (9.38)

$$
\begin{equation*}
H_{\mathrm{AF}}^{(E)}=e \mathbf{r}_{\mathrm{e}} \cdot \mathbf{E}+\frac{1}{2 \epsilon_{0}} \int d^{3} r\left[\mathbf{P}^{\perp}(\mathbf{r})\right]^{2} \approx e \mathbf{r}_{\mathrm{e}} \cdot \mathbf{E} \tag{9.48}
\end{equation*}
$$

where again the polarization term is typically negligible. The $A$ gauge, on the other hand, gives from Eq. (9.27)

$$
\begin{equation*}
H_{\mathrm{AF}}^{(A)}=\frac{e}{m_{\mathrm{e}}} \mathbf{p}_{\mathrm{e}} \cdot \mathbf{A}+\frac{e^{2}}{2 m_{\mathrm{e}}} A^{2} \approx \frac{e}{m_{\mathrm{e}}} \mathbf{p}_{\mathrm{e}} \cdot \mathbf{A} \tag{9.49}
\end{equation*}
$$

where we have assumed that the $A^{2}$ term is negligible, which is typically the case. Comparing these two Hamiltonians amounts to comparing $\mathbf{p}_{\mathrm{e}} \cdot \mathbf{A}$ to $m_{\mathrm{e}} \mathbf{r}_{\mathrm{e}} \cdot \mathbf{E}$. This seems reasonable, as $\mathbf{p}_{\mathrm{e}}=m_{\mathrm{e}} \partial_{t} \mathbf{r}_{\mathrm{e}}$, and $\mathbf{E}^{\perp}=-\partial_{t} \mathbf{A}$, so the two Hamiltonians seem to differ by moving a time derivative from one factor to the other, as in some sort of integration by parts. However, the matrix elements of these two Hamiltonians differ, as we will now show.

First, we must derive a relation between matrix elements of $\mathbf{r}$ and $\mathbf{p}$. Consider the commutator

$$
\begin{equation*}
\left[\mathbf{r}_{\mathrm{e}}, H_{\mathrm{A}}\right]=i \hbar \frac{\mathbf{p}_{\mathrm{e}}}{m_{\mathrm{e}}} \tag{9.50}
\end{equation*}
$$

where the atomic Hamiltonian is as usual $H_{\mathrm{A}}=\mathbf{p}_{\mathrm{e}}^{2} / 2 m_{\mathrm{e}}+V\left(\mathbf{r}_{\mathrm{e}}\right)$. Then the momentum operator becomes

$$
\begin{equation*}
\mathbf{p}_{\mathrm{e}}=-i \frac{m_{\mathrm{e}}}{\hbar}\left[\mathbf{r}_{\mathrm{e}}, H_{\mathrm{A}}\right] \tag{9.51}
\end{equation*}
$$

or in matrix elements in the basis of eigenstates $|j\rangle$ of $H_{\mathrm{A}}$,

$$
\begin{align*}
\langle j| \mathbf{p}_{\mathrm{e}}\left|j^{\prime}\right\rangle & =-i \frac{m_{\mathrm{e}}}{\hbar}\langle j|\left[\mathbf{r}_{\mathrm{e}}, H_{\mathrm{A}}\right]\left|j^{\prime}\right\rangle  \tag{9.52}\\
& =i m_{\mathrm{e}} \omega_{j j^{\prime}}\langle j| \mathbf{r}_{\mathrm{e}}\left|j^{\prime}\right\rangle
\end{align*}
$$

[^155]where
\[

$$
\begin{equation*}
\omega_{j j^{\prime}}:=\frac{E_{j}-E_{j^{\prime}}}{\hbar} \tag{9.53}
\end{equation*}
$$

\]

is the transition frequency (and could be positive or negative depending on the ordering of the states).
Thus, for the matrix elements of the two Hamiltonians, we may write

$$
\begin{equation*}
\left|\frac{\langle j| H_{\mathrm{AF}}^{(E)}\left|j^{\prime}\right\rangle}{\langle j| H_{\mathrm{AF}}^{(A)}\left|j^{\prime}\right\rangle}\right|=\left|\frac{m_{\mathrm{e}}\langle j| \mathbf{r}_{\mathrm{e}} \cdot \mathbf{E}\left|j^{\prime}\right\rangle}{\langle j| \mathbf{p}_{\mathrm{e}} \cdot \mathbf{A}\left|j^{\prime}\right\rangle}\right|=\frac{\omega}{\left|\omega_{j j^{\prime}}\right|} \tag{9.54}
\end{equation*}
$$

The matrix elements for the interaction Hamiltonians are different! This would seem to give different physical predictions, depending on which Hamiltonian we use. What gives?

This problem has generated much discussion, and its resolution is somewhat tricky. One "resolution" states that a unitary transformation generated the second Hamiltonian from the first. Thus, to get the same answers in both gauges, one must also apply the same transformation to the states, and then trivially the matrix elements must be the same (matrix elements and expectation values are always invariant under unitary transformations). But that still doesn't help much: given a particular pair of states, say atomic energy eigenstates, which is the appropriate interaction Hamiltonian to use? Using the passive viewpoint, which avoids the unitary transformation of the Hamiltonian - the Hamiltonian is the same in either gauge, just expressed in different coordinates-doesn't actually help, because we would still need to find the action of the new variables on the old state, which is equivalent to making the unitary transformation.

The point is, that physically measureable quantities are gauge-invariant, and thus should be calculable with either Hamiltonian. ${ }^{8}$ One "resolution" of this "paradox" asserts that because the $E$-gauge atomic energy operator is equivalent to the unperturbed Hamiltonian (and in particular, the kinematic and canonical momenta are equivalent), the usual energy eigenstates are associated with the $E$ gauge, and the computation of matrix elements is most straightforward here. ${ }^{9}$ This interpretation is a bit tricky, since even in the $A$ gauge, the kinematic and canonical momenta are equivalent in the absence of a perturbing field, and we have already counted the longitudinal binding field as part of the background, not the perturbation. The interpretation that we will prefer here is that the energy eigenstates can appropriately be used for either gauge, but only when we ask physical questions. ${ }^{10}$ But then what about the different matrix elements? Broadly speaking, there are two situations that have slightly different resolutions.

1. A matrix element between two stable states is physical only for an energy-conserving process (at least in the case of a time-independent Hamiltonian). In this case, the laser and transition frequencies are equivalent $\left(\omega=\omega_{0}\right)$ to enforce energy conservation. This is, for example, the case when dealing with the Hamiltonian treatment of spontaneous decay.
2. In cases where $\omega \neq \omega_{0}$, as can happen for a homogenously broadened line or an inelastic process, the matrix element represents an intermediate transition in a larger, multiphoton process that conserves energy. We then regard the overall process as the physical one, and the combination of the matrix elements, summed over all intermediate states, is gauge-invariant. We will see examples of this in the Casimir-Polder effect and Lamb shift.

The main idea here is that when the matrix elements differ between the gauges, then a physically relevant sum over the states is gauge-invariant. It may be the case that the sum has faster convergence in one gauge compared to another, so that for a specific calculation there may be a more convenient gauge. However, the final answer should always be the same.

It's possible that summing over all intermediate states and restricting yourself to physical results still doesn't produce the same answer in both gauges, in which case the next step is to keep the extra self-energy

[^156]terms we ignored in the two interaction Hamiltonians (9.48) and (9.49). These extra terms are important in getting gauge-independent results, for example, in the Lamb shift, as we will see later in Section 13.12.

### 9.4 Why the Vector Potential?

We have seen in the canonical quantization of the field, that the vector potential plays a central role. We have now also just seen that it plays a central role in the coupling of an atom to the electromagnetic field. But why the potential, and not the fields themselves? After all, the electromagnetic fields are far more intuitive, and the vector potential is somewhat ambiguous due to gauge freedom.

In physics, it helps our intuition to have local interactions. For example, in classical electrodynamics, we can do away with electric and magnetic fields and regard electrodynamics as a theory of interacting charged particles. However, some strange things happen: the force between two moving, charged particles is not a central force. That is, it appears to violate Newton's third law, that the electromagnetic force on one particle is not necessarily equal and oppose to the force on the other. Momentum conservation is saved by attributing some of the momentum to the electromagnetic fields. ${ }^{11}$ Another example comes again from considering the force between two initially stationary particles. You observe that when you start to wiggle one of them, the other doesn't respond to the wiggle until a time $r / c$ later, and thus the retarded time is important in electrodynamics. However, consider the direction of the force on a stationary particle due to one moving at constant velocity: you might be tempted to conclude that it points to the retarded location of the moving particle, when in fact it points to the instantaneous location. ${ }^{12}$ (If the motion is not of constant velocity, then the direction of the force is different still.) In classical physics, then, one function of introducing the electromagnetic fields is to avoid such counterintuitive, nonlocal interactions: one particle generates a field, which propagates to the other particle and thus influences it.

In quantum mechanics, to preserve the same sort of locality of interactions, we are forced to include the vector potential at a fundamental level. ${ }^{13}$ The most striking example where this is the case is the Aharonov-Bohm effect, ${ }^{14}$ which deals with a charged particle moving in the exterior of a solenoid. In particular, suppose we set up an interference experiment, where the charged particle, after being split, travels on either side of the solenoid before being recombined.


If the ideal solenoid is of radius $R$, is oriented along the $z$-axis, and has a linear density of turns $N$ with current $I$, the magnetic field is ${ }^{15}$

$$
\mathbf{B}=\left\{\begin{array}{cc}
\mu_{0} N I \hat{z}, & r<R  \tag{9.55}\\
0, & r>R,
\end{array}\right.
$$

[^157]and thus vanishes outside the solenoid. The vector potential, on the other hand, is ${ }^{16}$
\[

\mathbf{A}=\left\{$$
\begin{array}{cc}
\frac{\mu_{0} N I}{2} r \hat{\phi}, & r<R  \tag{9.56}\\
\frac{\mu_{0} N I}{2} \frac{R^{2}}{r} \hat{\phi}, & r>R
\end{array}
$$\right.
\]

so that the vector potential does not vanish outside the solenoid.
Now consider the Schrödinger equation, including the minimal-coupling replacement, describing the particle motion in the presence of the magnetic field:

$$
\begin{equation*}
i \hbar \partial_{t} \psi=\frac{1}{2 m}\left[\frac{\hbar}{i} \nabla-q \mathbf{A}\right]^{2} \psi \tag{9.57}
\end{equation*}
$$

We will now effect the gauge transformation that we noted above as follows. Under the replacement

$$
\begin{equation*}
\psi \longrightarrow \psi e^{-i q \chi(\mathbf{r}) / \hbar} \tag{9.58}
\end{equation*}
$$

where $\chi(\mathbf{r})$ is some function (that defines the gauge transformation), we see that

$$
\begin{equation*}
\nabla \psi \longrightarrow\left[\nabla \psi-\frac{i q \nabla \chi(\mathbf{r})}{\hbar} \psi\right] e^{-i q \chi(\mathbf{r}) / \hbar} \tag{9.59}
\end{equation*}
$$

and thus the Schrödinger equation is invariant if we also let

$$
\begin{equation*}
\mathbf{A} \longrightarrow \mathbf{A}-\nabla \chi(\mathbf{r}) \tag{9.60}
\end{equation*}
$$

In the region outside the solenoid, $\mathbf{B}=\nabla \times \mathbf{A}=0$, so that we may choose $\chi(\mathbf{r})$ such that $\mathbf{A}=\nabla \chi$, and in particular,

$$
\begin{equation*}
\chi(\mathbf{r})=\int_{\mathbf{r}_{0}}^{\mathbf{r}} \mathbf{A} \cdot d \mathbf{s} \tag{9.61}
\end{equation*}
$$

With this choice of $\chi$, the vector potential goes away, and the Schrödinger equation becomes that of the free particle. That is, assuming a wave function

$$
\begin{equation*}
\psi=\psi_{0} \exp \left[\frac{i q}{\hbar} \int_{\mathbf{r}_{0}}^{\mathbf{r}} \mathbf{A} \cdot d \mathbf{s}\right] \tag{9.62}
\end{equation*}
$$

then $\psi_{0}$ is a solution to the free-particle wave equation. Thus, the phase shift accumulated by a moving particle due to the presence of the field is

$$
\begin{equation*}
\phi=\frac{q}{\hbar} \int_{\mathbf{r}_{0}}^{\mathbf{r}} \mathbf{A} \cdot d \mathbf{s}, \tag{9.63}
\end{equation*}
$$

where the integral is along the particle's path, and in the interferometer above, we can write the phase difference of the two arms as a closed-path integral

$$
\begin{equation*}
\Delta \phi=\frac{q}{\hbar} \oint \mathbf{A} \cdot d \mathbf{s}, \tag{9.64}
\end{equation*}
$$

where the contour is around the total path of the interferometer. Note that we can now write

$$
\begin{equation*}
\Delta \phi=\frac{q}{\hbar} \int(\nabla \times \mathbf{A}) \cdot d \mathbf{a}=\frac{q}{\hbar} \int \mathbf{B} \cdot d \mathbf{a}=\frac{q}{\hbar} \Phi_{B} \tag{9.65}
\end{equation*}
$$

where $\Phi_{B}$ is the enclosed magnetic flux. For an electron with $q=-e$, the phase shift becomes

$$
\begin{equation*}
\Delta \phi=-\frac{e}{\hbar} \Phi_{B}=-2 \pi \frac{\Phi_{B}}{\Phi_{0}} \tag{9.66}
\end{equation*}
$$

[^158]where
\[

$$
\begin{equation*}
\Phi_{0}=\frac{h}{e} \approx 4.14 \times 10^{-7} \mathrm{~Wb} \tag{9.67}
\end{equation*}
$$

\]

is a fundamental unit of magnetic flux, and $1 \mathrm{~Wb}=1 \mathrm{~T} \mathrm{~m}^{2}=1 \mathrm{~V}$ s.
The whole point is this: we can observe interference fringes due to the magnetic field, even though the particle stays in regions of zero magnetic field. Even though this remarkable result can be explained in terms of flux of the magnetic field, it motivates the fundamental nature of the vector potential if we are to maintain a local interaction between particles and fields: evidently the quantum interaction of a particle and the magnetic field is nonlocal.

### 9.5 Multipole Interactions

To generalize the above results for the dipole Hamiltonian (9.37) in the long-wavelength approximation, we will now consider the more general Power-Zienau transformation without making the long-wavelength approximation. In this way, we will derive general expressions for the atomic interaction with the electric and magnetic fields, and then we will expand these to generate the higher-order multipole couplings. ${ }^{17}$

### 9.5.1 Atomic Polarization Field

We will start by making the approximation of a heavy nucleus, $m_{\text {nuc }} \gg m_{\mathrm{e}}$, so we identify the reduced electron mass with the normal electron mass and we will assume that the nuclear position $\mathbf{r}_{\text {nuc }}=0$ defines the center of mass for the system. Then we can write the polarization field for the atom-here, a singly charged nucleus at $\mathbf{r}_{\text {nuc }}=0$ and an electron at $\mathbf{r}_{\mathrm{e}}$-as the line integral

$$
\begin{equation*}
\mathbf{P}(\mathbf{r})=-e \mathbf{r}_{\mathrm{e}} \int_{0}^{1} d s \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right) \tag{9.68}
\end{equation*}
$$

(atomic polarization density)
To see that this is correct, recall that the polarization field corresponding to a charge density $\rho$ satisfies ${ }^{18}$

$$
\begin{equation*}
\nabla \cdot \mathbf{P}=-\rho \tag{9.69}
\end{equation*}
$$

or since the transverse polarization does not contribute, this is really only a constraint on the longitudinal polarization.

$$
\begin{equation*}
\nabla \cdot \mathbf{P}^{\|}=-\rho \tag{9.70}
\end{equation*}
$$

Computing the divergence of the atomic polarization (9.68),

$$
\begin{align*}
\nabla \cdot \mathbf{P} & =-e \mathbf{r}_{\mathrm{e}} \cdot \nabla \int_{0}^{1} d s \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right) \\
& =e \int_{0}^{1} d s \frac{\partial}{\partial s} \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right)  \tag{9.71}\\
& =e \delta^{3}\left(\mathbf{r}-\mathbf{r}_{\mathrm{e}}\right)-e \delta^{3}(\mathbf{r}) \\
& =-\rho
\end{align*}
$$

where the last equality holds if we identify the charge distribution

$$
\begin{equation*}
\rho=e \delta^{3}(\mathbf{r})-e \delta^{3}\left(\mathbf{r}-\mathbf{r}_{\mathrm{e}}\right) \tag{9.72}
\end{equation*}
$$

[^159]The first term is obviously the nuclear charge density, while the second term represents the electron charge density. Note that despite the expression here, we are not necessarily assuming a localized charge density for the electron, as $\mathbf{r}_{\mathrm{e}}$ is an operator and thus is still subject to uncertainty and quantum fluctuations.

You can visualize the above result (9.68) for the polarization as follows. The atom, in our simplified model, consists of two opposite and separated charges. The polarization is the dipole moment per unit volume, and here we represent it by a continuum of delta-function-localized dipoles, forming a line between the two charges. Each dipole moment is an idealized charge pair, and the charges for the successive dipole moments exactly cancel each other, except at the endpoints of the line. Of course we don't want the endpoints of the line to cancel, since those are the atomic charges. The line of dipoles isn't unique, since any path connecting the nucleus to the electron will do. That freedom is implicit since we did not constrain the curl of $\mathbf{P}$, merely the divergence. However, we have chosen the simplest path, and it is consistent with the requirement (9.69).

### 9.5.2 Atomic Magnetization Field

We can also define a magnetization field for the electron: while the polarization related to the atomic charge distribution, the magnetization (magnetic dipole moment per unit volume) summarizes the magnetic properties of the atom due to motion of the charge distribution. To motivate this field, we can differentiate Eq. (9.69) to obtain

$$
\begin{equation*}
\nabla \cdot \partial_{t} \mathbf{P}=-\partial_{t} \rho \tag{9.73}
\end{equation*}
$$

Comparing this to the continuity equation,

$$
\begin{equation*}
\nabla \cdot \mathbf{j}=-\partial_{t} \rho \tag{9.74}
\end{equation*}
$$

we can see that we can identify $\mathbf{j}-\partial_{t} \mathbf{P}$ as an irrotational vector field:

$$
\begin{equation*}
\nabla \cdot\left(\mathbf{j}-\partial_{t} \mathbf{P}\right)=0 \tag{9.75}
\end{equation*}
$$

We can thus write this field as the curl of some other vector field. Recalling also that the curl of the magnetization $\mathbf{M}$ behaves as an effective current density, ${ }^{19}$

$$
\begin{equation*}
\mathbf{j}_{\mathrm{m}}=\nabla \times \mathbf{M} \tag{9.76}
\end{equation*}
$$

we can conveniently interpret $\mathbf{j}-\partial_{t} \mathbf{P}$ as being the curl of the atomic magnetization:

$$
\begin{equation*}
\mathbf{j}-\partial_{t} \mathbf{P}=\nabla \times \mathbf{M} \tag{9.77}
\end{equation*}
$$

The longitudinal magnetization does not contribute here, so this is really only a constraint on the transverse magnetization:

$$
\begin{equation*}
\mathbf{j}-\partial_{t} \mathbf{P}=\nabla \times \mathbf{M}^{\perp} \tag{9.78}
\end{equation*}
$$

If we identify the atomic current density

$$
\begin{equation*}
\mathbf{j}=-e \dot{\mathbf{r}}_{\mathrm{e}} \delta^{3}\left(\mathbf{r}-\mathbf{r}_{\mathrm{e}}\right), \tag{9.79}
\end{equation*}
$$

and differentiate the atomic polarization (9.68),

$$
\begin{equation*}
\partial_{t} \mathbf{P}(\mathbf{r})=-e \dot{\mathbf{r}}_{\mathrm{e}} \int_{0}^{1} d s \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right)-e \mathbf{r}_{\mathrm{e}} \dot{\mathbf{r}}_{\mathrm{e}} \cdot \int_{0}^{1} d s \nabla_{\mathrm{e}} \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right) \tag{9.80}
\end{equation*}
$$

we can verify directly that the constraint (9.78) is satisfied by the expression

$$
\begin{equation*}
\mathbf{M}(\mathbf{r})=-e \mathbf{r}_{\mathrm{e}} \times \dot{\mathbf{r}}_{\mathrm{e}} \int_{0}^{1} d s s \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right) \tag{9.81}
\end{equation*}
$$

(atomic magnetization density)

[^160]which we do as follows, by employing the "bac-cab rule" $\mathbf{A} \times(\mathbf{B} \times \mathbf{C})=\mathbf{B}(\mathbf{A} \cdot \mathbf{C})-\mathbf{C}(\mathbf{A} \cdot \mathbf{B})$ :
\[

$$
\begin{align*}
\nabla \times \mathbf{M}(\mathbf{r}) & =e\left(\mathbf{r}_{\mathrm{e}} \times \dot{\mathbf{r}}_{\mathrm{e}}\right) \times \int_{0}^{1} d s s \nabla \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right) \\
& =-e \dot{\mathbf{r}}_{\mathrm{e}} \mathbf{r}_{\mathrm{e}} \cdot \int_{0}^{1} d s s \nabla \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right)-e \mathbf{r}_{\mathrm{e}} \dot{\mathbf{r}}_{\mathrm{e}} \cdot \int_{0}^{1} d s s \nabla \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right) \\
& =-e \dot{\mathbf{r}}_{\mathrm{e}} \int_{0}^{1} d s s \frac{\partial}{\partial s} \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right)+e \mathbf{r}_{\mathrm{e}} \dot{\mathbf{r}}_{\mathrm{e}} \cdot \int_{0}^{1} d s \nabla_{\mathrm{e}} \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right)  \tag{9.82}\\
& =-e \dot{\mathbf{r}}_{\mathrm{e}} \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right)-e \dot{\mathbf{r}}_{\mathrm{e}} \int_{0}^{1} d s \frac{\partial}{\partial s} \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right)+e \mathbf{r}_{\mathrm{e}} \dot{\mathbf{r}}_{\mathrm{e}} \cdot \int_{0}^{1} d s \nabla_{\mathrm{e}} \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right) \\
& =\mathbf{j}(\mathbf{r})-\partial_{t} \mathbf{P}(\mathbf{r})
\end{align*}
$$
\]

Here, we used expressions (9.79) and (9.80) for the atomic current density and derivative of the polarization, respectively. Again, the choice of magnetization here is not unique, but is a simple choice that satisfies the constraint (9.78).

### 9.5.3 Power-Zienau Transformation

The more general Power-Zienau transformation is then given by the unitary operator

$$
\begin{equation*}
U=\exp \left[-\frac{i}{\hbar} \int d^{3} r \mathbf{P}(\mathbf{r}) \cdot \mathbf{A}(\mathbf{r})\right] \tag{9.83}
\end{equation*}
$$

(Power-Zienau transformation)
Recall that the dipole polarization is the first term in Eq. (9.111), and so in the dipole approximation the Power-Zienau operator reduces to

$$
\begin{equation*}
U=\exp \left[-\frac{i}{\hbar} \int d^{3} r \mathbf{P}(\mathbf{r}) \cdot \mathbf{A}(\mathbf{r})\right] \approx \exp \left[\frac{i e}{\hbar} \mathbf{r}_{\mathrm{e}} \cdot \mathbf{A}(0)\right] \tag{9.84}
\end{equation*}
$$

which is precisely the operator (9.28) we used in the long-wavelength approximation. Clearly, the electron position and vector potential (hence, magnetic field) are still invariant under this transformation, so it remains to transform the electric field and canonical electron momentum, and of course, the minimal-coupling Hamiltonian (9.24)

$$
\begin{equation*}
H=\frac{\left[\mathbf{p}_{\mathrm{e}}+e \mathbf{A}\left(\mathbf{r}_{\mathrm{e}}\right)\right]^{2}}{2 m_{\mathrm{e}}}+V\left(\mathbf{r}_{\mathrm{e}}\right)+\frac{\epsilon_{0}}{2} \int d^{3} r\left(E^{\perp 2}+c^{2} B^{2}\right) \tag{9.85}
\end{equation*}
$$

in order to obtain the multipole interactions in terms of the electric and magnetic fields.

### 9.5.3.1 Electric Field

Using the transformation (9.30) and the Jordan-Pauli commutation relation between the vector potential and electric field in free space from Eq. (8.206),

$$
\begin{equation*}
\left[A_{\alpha}(\mathbf{r}, t), E_{\beta}\left(\mathbf{r}^{\prime}, t\right)\right]=-\frac{i \hbar}{\epsilon_{0}} \delta_{\alpha \beta}^{\perp}\left(\mathbf{r}-\mathbf{r}^{\prime}\right), \tag{9.86}
\end{equation*}
$$

the electric field transforms as

$$
\begin{align*}
\tilde{E}_{\beta}^{\perp}(\mathbf{r}) & =U\left(\mathbf{r}_{\mathrm{e}}\right) E_{\beta}^{\perp}(\mathbf{r}) U^{\dagger}\left(\mathbf{r}_{\mathrm{e}}\right) \\
& =E_{\beta}^{\perp}(\mathbf{r})+\left[-\frac{i}{\hbar} \int d^{3} r^{\prime} \mathbf{P}\left(\mathbf{r}^{\prime}\right) \cdot \mathbf{A}\left(\mathbf{r}^{\prime}\right), E_{\beta}^{\perp}(\mathbf{r})\right]  \tag{9.87}\\
& =E_{\beta}^{\perp}(\mathbf{r})-\frac{i}{\hbar} \int d^{3} r^{\prime} P_{\alpha}\left(\mathbf{r}^{\prime}\right)\left[A_{\alpha}\left(\mathbf{r}^{\prime}\right), E_{\beta}^{\perp}(\mathbf{r})\right] \\
& =E_{\beta}^{\perp}(\mathbf{r})-\frac{1}{\epsilon_{0}} \int d^{3} r^{\prime} P_{\alpha}\left(\mathbf{r}^{\prime}\right) \delta_{\alpha \beta}^{\perp}\left(\mathbf{r}^{\prime}-\mathbf{r}\right),
\end{align*}
$$

so that

$$
\begin{equation*}
\tilde{E}_{\beta}^{\perp}(\mathbf{r})=E_{\beta}^{\perp}(\mathbf{r})-\frac{1}{\epsilon_{0}} P_{\beta}^{\perp}(\mathbf{r}) . \tag{9.88}
\end{equation*}
$$

(transformed field operator)
We see here again that the transformed electric field still corresponds to the untransformed dielectric displacement. Thus, the electric-field part of the Hamiltonian becomes

$$
\begin{align*}
U\left(\mathbf{r}_{\mathrm{e}}\right)\left[\frac{\epsilon_{0}}{2} \int d^{3} r\left[\mathbf{E}^{\perp}(\mathbf{r})\right]^{2}\right] U^{\dagger}\left(\mathbf{r}_{\mathrm{e}}\right) & =\frac{\epsilon_{0}}{2} \int d^{3} r\left[U\left(\mathbf{r}_{\mathrm{e}}\right) \mathbf{E}^{\perp}(\mathbf{r}) U^{\dagger}\left(\mathbf{r}_{\mathrm{e}}\right)\right]^{2} \\
& =\frac{\epsilon_{0}}{2} \int d^{3} r\left[\mathbf{E}^{\perp}(\mathbf{r})-\frac{1}{\epsilon_{0}} \mathbf{P}^{\perp}(\mathbf{r})\right]^{2} \\
& =\frac{\epsilon_{0}}{2} \int d^{3} r\left[\mathbf{E}^{\perp}(\mathbf{r})\right]^{2}-\int d^{3} r \mathbf{P}^{\perp}(\mathbf{r}) \cdot \mathbf{E}^{\perp}(\mathbf{r})+\frac{1}{2 \epsilon_{0}} \int d^{3} r\left[\mathbf{P}^{\perp}(\mathbf{r})\right]^{2} \tag{9.89}
\end{align*}
$$

The first term is simply the energy of the transformed field, the second is the atomic interaction (via its polarization density) with the electric field, and the last term is again a dipole self-energy due to the dipole field.

### 9.5.3.2 Canonical Electron Momentum

Now to carry out the transformation of the momentum. Using

$$
\begin{equation*}
\left[\mathbf{p}_{\mathrm{e}}, f\left(\mathbf{r}_{\mathrm{e}}\right)\right]=-i \hbar \nabla_{\mathrm{e}} f\left(\mathbf{r}_{\mathrm{e}}\right) \tag{9.90}
\end{equation*}
$$

for an arbitrary function $f$, the momentum transforms as

$$
\begin{align*}
\tilde{\mathbf{p}}_{\mathrm{e}} & =U\left(\mathbf{r}_{\mathrm{e}}\right) \mathbf{p}_{\mathrm{e}} U^{\dagger}\left(\mathbf{r}_{\mathrm{e}}\right) \\
& =\mathbf{p}_{\mathrm{e}}+\left[-\frac{i}{\hbar} \int d^{3} r \mathbf{P}(\mathbf{r}) \cdot \mathbf{A}(\mathbf{r}), \mathbf{p}_{\mathrm{e}}\right] \\
& =\mathbf{p}_{\mathrm{e}}+\int d^{3} r \nabla_{\mathrm{e}}[\mathbf{P}(\mathbf{r}) \cdot \mathbf{A}(\mathbf{r})]  \tag{9.91}\\
& =\mathbf{p}_{\mathrm{e}}-e \int d^{3} r \nabla_{\mathrm{e}}\left[\mathbf{r}_{\mathrm{e}} \cdot \mathbf{A}(\mathbf{r}) \int_{0}^{1} d s \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right)\right] \\
& =\mathbf{p}_{\mathrm{e}}-e \int d^{3} r \mathbf{A}(\mathbf{r}) \int_{0}^{1} d s \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right)-e \int d^{3} r \mathbf{r}_{\mathrm{e}} \cdot \mathbf{A}(\mathbf{r}) \int_{0}^{1} d s \nabla_{\mathrm{e}} \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right)
\end{align*}
$$

In the last step, we used the fact that $\nabla(\mathbf{r} \cdot \mathbf{A})=\mathbf{A}$ if $\mathbf{A}$ is independent of $\mathbf{r}$. The second term is

$$
\begin{equation*}
-e \int d^{3} r \mathbf{A}(\mathbf{r}) \int_{0}^{1} d s \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right)=-e \int_{0}^{1} d s \mathbf{A}\left(s \mathbf{r}_{\mathrm{e}}\right) \tag{9.92}
\end{equation*}
$$

and the third term is

$$
\begin{align*}
-e \int d^{3} r \mathbf{r}_{\mathrm{e}} \cdot \mathbf{A}(\mathbf{r}) \int_{0}^{1} d s \nabla_{\mathrm{e}} \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right)= & e \int d^{3} r \mathbf{r}_{\mathrm{e}} \cdot \mathbf{A}(\mathbf{r}) \int_{0}^{1} d s s \nabla \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right) \\
= & -e \int d^{3} r \nabla\left[\mathbf{r}_{\mathrm{e}} \cdot \mathbf{A}(\mathbf{r})\right] \int_{0}^{1} d s s \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right) \\
= & -e \int d^{3} r\left[\mathbf{r}_{\mathrm{e}} \times[\nabla \times \mathbf{A}(\mathbf{r})]+\left(\mathbf{r}_{\mathrm{e}} \cdot \nabla\right) \mathbf{A}(\mathbf{r})\right] \int_{0}^{1} d s s \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right) \\
= & -e \int d^{3} r \mathbf{r}_{\mathrm{e}} \times[\nabla \times \mathbf{A}(\mathbf{r})] \int_{0}^{1} d s s \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right) \\
& -e \int_{0}^{1} d s s\left(\mathbf{r}_{\mathrm{e}} \cdot \nabla\right) \mathbf{A}\left(s \mathbf{r}_{\mathrm{e}}\right) \\
=- & e \int d^{3} r \mathbf{r}_{\mathrm{e}} \times[\nabla \times \mathbf{A}(\mathbf{r})] \int_{0}^{1} d s s \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right) \\
& -e \int_{0}^{1} d s s \frac{\partial}{\partial s} \mathbf{A}\left(s \mathbf{r}_{\mathrm{e}}\right) \\
=- & e \int d^{3} r \mathbf{r}_{\mathrm{e}} \times[\nabla \times \mathbf{A}(\mathbf{r})] \int_{0}^{1} d s s \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right) \\
& -e \mathbf{A}\left(\mathbf{r}_{\mathrm{e}}\right)+e \int_{0}^{1} d s \mathbf{A}\left(s \mathbf{r}_{\mathrm{e}}\right) \tag{9.93}
\end{align*}
$$

Collecting terms, we find

$$
\begin{align*}
\tilde{\mathbf{p}}_{\mathrm{e}} & =\mathbf{p}_{\mathrm{e}}-e \mathbf{A}\left(\mathbf{r}_{\mathrm{e}}\right)-e \int d^{3} r \mathbf{r}_{\mathrm{e}} \times[\nabla \times \mathbf{A}(\mathbf{r})] \int_{0}^{1} d s s \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right) \\
& =\mathbf{p}_{\mathrm{e}}-e \mathbf{A}\left(\mathbf{r}_{\mathrm{e}}\right)-e \mathbf{r}_{\mathrm{e}} \times \int_{0}^{1} d s s\left[\nabla \times \mathbf{A}\left(s \mathbf{r}_{\mathrm{e}}\right)\right] \tag{9.94}
\end{align*}
$$

and finally the new momentum is

$$
\begin{equation*}
\tilde{\mathbf{p}}_{\mathrm{e}}=\mathbf{p}_{\mathrm{e}}-e \mathbf{A}\left(\mathbf{r}_{\mathrm{e}}\right)-e \mathbf{r}_{\mathrm{e}} \times \int_{0}^{1} d s s \mathbf{B}\left(s \mathbf{r}_{\mathrm{e}}\right) \tag{9.95}
\end{equation*}
$$

(transformed momentum)
Thus, the atomic part of the minimal-coupling Hamiltonian transforms as

$$
\begin{equation*}
U\left(\mathbf{r}_{\mathrm{e}}\right) \frac{\left[\mathbf{p}_{\mathrm{e}}+e \mathbf{A}\left(\mathbf{r}_{\mathrm{e}}\right)\right]^{2}}{2 m_{\mathrm{e}}} U^{\dagger}\left(\mathbf{r}_{\mathrm{e}}\right)=\frac{1}{2 m_{\mathrm{e}}}\left[\mathbf{p}_{\mathrm{e}}-e \mathbf{r}_{\mathrm{e}} \times \int_{0}^{1} d s s \mathbf{B}\left(s \mathbf{r}_{\mathrm{e}}\right)\right]^{2} \tag{9.96}
\end{equation*}
$$

We can see that this part of the transformed Hamiltonian describes the coupling of the atom to the magnetic field.

### 9.5.3.3 Hamiltonian

Collecting pieces from the last two sections, the minimal-coupling Hamiltonian (9.85) becomes

$$
\begin{align*}
\tilde{H}= & U\left(\mathbf{r}_{\mathrm{e}}\right) H U^{\dagger}\left(\mathbf{r}_{\mathrm{e}}\right) \\
= & \frac{1}{2 m_{\mathrm{e}}}\left[\mathbf{p}_{\mathrm{e}}-e \mathbf{r}_{\mathrm{e}} \times \int_{0}^{1} d s s \mathbf{B}\left(s \mathbf{r}_{\mathrm{e}}\right)\right]^{2}+V\left(\mathbf{r}_{\mathrm{e}}\right) \\
& +\frac{\epsilon_{0}}{2} \int d^{3} r\left(E^{\perp 2}+c^{2} B^{2}\right)-\int d^{3} r \mathbf{P}^{\perp}(\mathbf{r}) \cdot \mathbf{E}^{\perp}(\mathbf{r})+\frac{1}{2 \epsilon_{0}} \int d^{3} r\left[\mathbf{P}^{\perp}(\mathbf{r})\right]^{2} . \tag{9.97}
\end{align*}
$$

Note again that the canonical variables are old canonical variables; it is equally possible to obtain this result by writing the old Hamiltonian in terms of new variables. From its form, we can deduce (see Problem 9.3) that the classical canonical momentum for this Hamiltonian is

$$
\begin{equation*}
\mathbf{p}_{\mathrm{e}}=m_{\mathrm{e}} \dot{\mathbf{r}}_{\mathrm{e}}+e \mathbf{r}_{\mathrm{e}} \times \int_{0}^{1} d s s \mathbf{B}\left(s \mathbf{r}_{\mathrm{e}}\right) \tag{9.98}
\end{equation*}
$$

(multipole canonical momentum)
That is, it differs from the kinematic momentum only by a term proportional to the local magnetic field. Although this argument is classical, we can also interpret this expression for the canonical momentum as the Heisenberg equation

$$
\begin{align*}
\dot{\mathbf{r}}_{\mathrm{e}} & =-\frac{i}{\hbar}\left[\tilde{H}, \mathbf{r}_{\mathrm{e}}\right] \\
& =\mathbf{p}_{\mathrm{e}}-\frac{e}{m_{\mathrm{e}}} \mathbf{r}_{\mathrm{e}} \times \int_{0}^{1} d s s \mathbf{B}\left(s \mathbf{r}_{\mathrm{e}}\right) \tag{9.99}
\end{align*}
$$

giving the velocity operator in terms of the canonical momentum.
It is convenient to multiply out the kinetic term in the above Hamiltonian and separate the terms in the Hamiltonian according to their "function:"

$$
\begin{equation*}
\tilde{H}=H_{\mathrm{A}}+H_{\mathrm{F}}+H_{\mathrm{AE}}+H_{\mathrm{AM}} \tag{9.100}
\end{equation*}
$$

(multipole Hamiltonian)
The isolated atomic Hamiltonian is as usual

$$
\begin{equation*}
H_{\mathrm{A}}=\frac{\mathbf{p}_{\mathrm{e}}^{2}}{2 m_{\mathrm{e}}}+V\left(\mathbf{r}_{\mathrm{e}}\right) \tag{9.101}
\end{equation*}
$$

(free-atom Hamiltonian)
and the field Hamiltonian also has its usual form:

$$
\begin{equation*}
H_{\mathrm{F}}=\frac{\epsilon_{0}}{2} \int d^{3} r\left(E^{\perp 2}+c^{2} B^{2}\right) \tag{9.102}
\end{equation*}
$$

(free field Hamiltonian)
Recall here that the longitudinal electric field is already included in the Coulomb binding potential $V\left(\mathbf{r}_{\mathrm{e}}\right)$.
The coupling of the atom to the electric field is given by the interaction Hamiltonian

$$
\begin{equation*}
H_{\mathrm{AE}}=-\int d^{3} r \mathbf{P}^{\perp}(\mathbf{r}) \cdot \mathbf{E}^{\perp}(\mathbf{r})+\frac{1}{2 \epsilon_{0}} \int d^{3} r\left[\mathbf{P}^{\perp}(\mathbf{r})\right]^{2} \tag{9.103}
\end{equation*}
$$

(atom-E-field coupling)
The first term gives the atom-field coupling via the atomic polarization density, while the second term represents an atomic self-energy from the coupling of the polarization to its own field. Note that the Coulomb binding potential may also be written a similar form in terms of $\mathbf{P}^{\|}(\mathbf{r})$ and thus combined with the transverse self energy (just as it can be regarded as the energy of the longitudinal electric field), but we will separate the contributions here.

Finally, the coupling to the magnetic field has the most complicated form:

$$
\begin{equation*}
H_{\mathrm{AM}}=-\frac{e}{2 m_{\mathrm{e}}}\left[\mathbf{p}_{\mathrm{e}} \cdot\left(\mathbf{r}_{\mathrm{e}} \times \int_{0}^{1} d s s \mathbf{B}\left(s \mathbf{r}_{\mathrm{e}}\right)\right)+\left(\mathbf{r}_{\mathrm{e}} \times \int_{0}^{1} d s s \mathbf{B}\left(s \mathbf{r}_{\mathrm{e}}\right)\right) \cdot \mathbf{p}_{\mathrm{e}}\right]+\frac{e^{2}}{2 m_{\mathrm{e}}}\left[\mathbf{r}_{\mathrm{e}} \times \int_{0}^{1} d s s \mathbf{B}\left(s \mathbf{r}_{\mathrm{e}}\right)\right]^{2} \tag{9.104}
\end{equation*}
$$

Using the identity $\mathbf{A} \cdot(\mathbf{B} \times \mathbf{C})=\mathbf{B} \cdot(\mathbf{C} \times \mathbf{A})$, while being careful with the order of operators (and noting $\mathbf{r}_{\mathrm{e}} \times \mathbf{p}_{\mathrm{e}}=-\mathbf{p}_{\mathrm{e}} \times \mathbf{r}_{\mathrm{e}}$ ), we can rewrite the first term of the interaction to obtain the symmetrized form

$$
\begin{equation*}
H_{\mathrm{AM}}=\frac{e}{2 m_{\mathrm{e}}} \int_{0}^{1} d s s\left[\left(\mathbf{r}_{\mathrm{e}} \times \mathbf{p}_{\mathrm{e}}\right) \cdot \mathbf{B}\left(s \mathbf{r}_{\mathrm{e}}\right)+\mathbf{B}\left(s \mathbf{r}_{\mathrm{e}}\right) \cdot\left(\mathbf{r}_{\mathrm{e}} \times \mathbf{p}_{\mathrm{e}}\right)\right]+\frac{e^{2}}{2 m_{\mathrm{e}}}\left[\mathbf{r}_{\mathrm{e}} \times \int_{0}^{1} d s s \mathbf{B}\left(s \mathbf{r}_{\mathrm{e}}\right)\right]^{2} \tag{9.105}
\end{equation*}
$$

To further understand the first term, note that we can rewrite it as

$$
\begin{equation*}
H_{\mathrm{AM}}=-\frac{1}{2} \int d^{3} r\left[\mathbf{M}^{\leftarrow}(\mathbf{r}) \cdot \mathbf{B}(\mathbf{r})+\mathbf{B}(\mathbf{r}) \cdot \mathbf{M}^{\rightarrow}(\mathbf{r})\right]+\frac{e^{2}}{2 m_{\mathrm{e}}}\left[\mathbf{r}_{\mathrm{e}} \times \int_{0}^{1} d s s \mathbf{B}\left(s \mathbf{r}_{\mathrm{e}}\right)\right]^{2} \tag{9.106}
\end{equation*}
$$

(atom- $B$-field coupling)
where the two quantum magnetizations are

$$
\begin{align*}
& \mathbf{M}^{\leftarrow(\mathbf{r})}=-e\left(\mathbf{r}_{\mathrm{e}} \times \frac{\mathbf{p}_{\mathrm{e}}}{m_{\mathrm{e}}}\right) \int_{0}^{1} d s s \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right) \\
& \mathbf{M}^{\rightarrow(\mathbf{r})}=-e \int_{0}^{1} d s s \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right)\left(\mathbf{r}_{\mathrm{e}} \times \frac{\mathbf{p}_{\mathrm{e}}}{m_{\mathrm{e}}}\right) \tag{9.107}
\end{align*}
$$

(quantum atomic magnetizations)
This brings the first part of the magnetic interaction into the same form as the electric interaction (9.103). Note that if we identify $\mathbf{p}_{\mathrm{e}} \longrightarrow m_{\mathrm{e}} \dot{\mathbf{r}}_{\mathrm{e}}$, both of these reduce to the classical magnetization,

$$
\begin{equation*}
\mathbf{M}(\mathbf{r})=-e \mathbf{r}_{\mathrm{e}} \times \dot{\mathbf{r}}_{\mathrm{e}} \int_{0}^{1} d s s \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right) \tag{9.108}
\end{equation*}
$$

from Eq. (9.81) above. Of course, as we mentioned above, $\mathbf{p}_{\mathrm{e}}$ is not the kinematic momentum, but rather is given by Eq. (9.98). Thus, the magnetic field couples to an atomic quantity that is close to, but not exactly, the classical momentum. Further, because the magnetic field couples to the atomic momentum (or rather, the angular momentum), the symmetric ordering is important in the above interaction.

The second term in the magnetic interaction Hamiltonian (9.105) is quadratic in the magnetic field, and we can interpret it as a diamagnetic energy of the atom in the magnetic field.

### 9.5.4 Electric Multipole Expansion

Now we will effect the expansion of the electric-field interaction Hamiltonian (9.103) into multipole moments. The self-interaction term can also be expanded, but often it is dropped and we will do this here, expanding only the remaining atom-field interaction:

$$
\begin{equation*}
H_{\mathrm{AE}}=-\int d^{3} r \mathbf{P}^{\perp}(\mathbf{r}) \cdot \mathbf{E}^{\perp}(\mathbf{r}) \tag{9.109}
\end{equation*}
$$

We begin by expanding the delta function in $s$, since we assume that the variation of the fields are slow over the length scale $\mathbf{r}_{\mathrm{e}}$ :

$$
\begin{align*}
\delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right) & =\delta^{3}(\mathbf{r})-s\left[\mathbf{r}_{\mathrm{e}} \cdot \nabla \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right)\right]_{s=0}+\frac{s^{2}}{2}\left[\left(\mathbf{r}_{\mathrm{e}} \cdot \nabla\right)^{2} \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right)\right]_{s=0}+\cdots  \tag{9.110}\\
& =\delta^{3}(\mathbf{r})-s\left(\mathbf{r}_{\mathrm{e}} \cdot \nabla\right) \delta^{3}(\mathbf{r})+\frac{s^{2}}{2}\left(\mathbf{r}_{\mathrm{e}} \cdot \nabla\right)^{2} \delta^{3}(\mathbf{r})+\cdots
\end{align*}
$$

This odd expression is sensible since we are in a sense not expanding the delta function, but rather the test function on which the delta function acts. Multiplying by an arbitrary test function $\mathbf{f}(\mathbf{r})$ and integrating leads to the usual series expansion for $\mathbf{f}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right)$ about $s=0$. The polarization field then expands as

$$
\begin{equation*}
\mathbf{P}(\mathbf{r})=-e \mathbf{r}_{\mathrm{e}} \delta^{3}(\mathbf{r})+\frac{1}{2} e \mathbf{r}_{\mathrm{e}}\left(\mathbf{r}_{\mathrm{e}} \cdot \nabla\right) \delta^{3}(\mathbf{r})-\frac{1}{6} e \mathbf{r}_{\mathrm{e}}\left(\mathbf{r}_{\mathrm{e}} \cdot \nabla\right)^{2} \delta^{3}(\mathbf{r})+\cdots \tag{9.111}
\end{equation*}
$$

Thus, the interaction Hamiltonian becomes

$$
\begin{equation*}
H_{\mathrm{AE}}=e \mathbf{r}_{\mathrm{e}} \cdot \mathbf{E}^{\perp}(0)-\frac{e}{2}\left(\mathbf{r}_{\mathrm{e}} \cdot \nabla\right) \mathbf{r}_{\mathrm{e}} \cdot \mathbf{E}^{\perp}(0)+\frac{e}{6}\left(\mathbf{r}_{\mathrm{e}} \cdot \nabla\right)^{2} \mathbf{r}_{\mathrm{e}} \cdot \mathbf{E}^{\perp}(0)+\cdots \tag{9.112}
\end{equation*}
$$

where note that the gradients operate on the electric fields. Then we can write the Hamiltonian in terms of the multipole moments as

$$
\begin{equation*}
H_{\mathrm{AE}}=-d_{\alpha} E_{\alpha}^{\perp}(0)+Q_{\alpha \beta} \partial_{\alpha} E_{\beta}^{\perp}(0)-O_{\alpha \beta \gamma} \partial_{\alpha} \partial_{\beta} E_{\gamma}^{\perp}(0)+\cdots \tag{9.113}
\end{equation*}
$$

(electric multipole expansion)
where note that there are implied summations over repeated indices. Here, the electric dipole moment is as expected

$$
\begin{equation*}
d_{\alpha}:=-e r_{\mathrm{e}, \alpha} \tag{9.114}
\end{equation*}
$$

(electric dipole moment)
while the electric quadrupole moment is

$$
\begin{equation*}
Q_{\alpha \beta}:=-\frac{1}{2} e\left(r_{\mathrm{e}, \alpha} r_{\mathrm{e}, \beta}-\frac{r_{\mathrm{e}}^{2}}{3} \delta_{\alpha \beta}\right) . \tag{9.115}
\end{equation*}
$$

(electric quadrupole moment)

The first term in the quadrupole operator follows directly from (9.112), while the Kronecker-delta term is added to remove the traces of the moments, $Q_{\alpha \alpha}=0$. The trace vanishes since $\nabla \cdot \mathbf{E}^{\perp}=0$, which in index notation is $\partial_{\alpha} E_{\alpha}^{\perp}=0$, and thus implies $\delta_{\alpha \beta} \partial_{\alpha} E_{\beta}^{\perp}=0$. Note that the quadrupole moment as written here is the irreducible, rank-2 part of the symmetric, Cartesian tensor ( $-e r_{\mathrm{e}, \alpha} r_{\mathrm{e}, \beta} / 2$ ) [see Eq. (7.205)]. Finally, the electric octupole moment is

$$
\begin{equation*}
O_{\alpha \beta \gamma}:=-\frac{1}{6} e\left[r_{\mathrm{e}, \alpha} r_{\mathrm{e}, \beta} r_{\mathrm{e}, \gamma}-\frac{r_{\mathrm{e}}^{2}}{5}\left(r_{\mathrm{e}, \alpha} \delta_{\beta \gamma}+r_{\mathrm{e}, \beta} \delta_{\gamma \alpha}+r_{\mathrm{e}, \gamma} \delta_{\alpha \beta}\right)\right] . \tag{9.116}
\end{equation*}
$$

(electric octupole moment)
Again, the first term is the physically important part, while the Kronecker deltas ensure that the tensor is traceless, giving the irreducible, rank-3 part ${ }^{20}$ of the symmetric, Cartesian tensor ( $-e r_{\mathrm{e}, \alpha} r_{\mathrm{e}, \beta} r_{\mathrm{e}, \gamma} / 6$ ). The first two traces vanish, $O_{\alpha \beta \alpha}=O_{\beta \alpha \alpha}=0$, in the same way as for the quadrupole moment. Note that for an octupole interaction with a longitudinal field of the form $O_{\alpha \beta \gamma} \partial_{\alpha} \partial_{\beta} \partial_{\gamma} \phi$ in terms of the scalar potential, the remaining trace $O_{\alpha \alpha \beta}$ also vanishes by permutation symmetry of the indices. However, this is not the case for the interaction with the transverse field, where in general $\partial_{\alpha} \partial_{\alpha} E_{\gamma}^{\perp}(0)$ is nonvanishing. However, for a monochromatic interaction (as appropriate near resonance, when driving a narrow octupole transition), the electric field obeys the Helmholtz equation, and thus $\partial_{\alpha} \partial_{\alpha} E_{\gamma}^{\perp}(0)=-k^{2} E_{\gamma}^{\perp}(0)$. Thus, this trace of the octupole moment leads to an interaction of the form $-O_{\alpha \alpha \beta} \partial_{\alpha} \partial_{\alpha} E_{\beta}^{\perp}(0)=-e\left(k^{2} r_{\mathrm{e}}^{2} / 6\right) r_{\mathrm{e}, \beta} E_{\beta}^{\perp}(0)$. This is of the same form as the dipole interaction, so we should also remove this trace from the octupole moment, and regard it as a correction to the dipole operator, which should thus have the form $d_{\alpha}=-e\left(1+k^{2} r_{\mathrm{e}}^{2} / 6\right) r_{\mathrm{e}, \alpha}$, which now has a small correction at the level of only a part in $10^{6}$.

Due to the presence of additional factors of $\mathbf{r}_{\mathrm{e}}$ with derivative operators, the quadrupole interaction is weaker than the dipole interaction by a factor $k r_{\mathrm{e}}$, where $k=\omega / c$ is the optical wave number. Generally this factor is small for optical transitions $\left(k r_{\mathrm{e}} \ll 1\right)$ : for the $\mathrm{D}_{2}$ transtion of ${ }^{87} \mathrm{Rb}$, for example, with $\lambda=780 \mathrm{~nm}$ and $r_{\mathrm{e}} \sim 2 a_{0}$ ( $a_{0}$ is the Bohr radius), $k r_{\mathrm{e}} \sim 0.0051$. The octupole interaction is a factor of $k r_{\mathrm{e}}$ weaker yet than the quadrupole term. However, octupole transitions have been driven in experiments. ${ }^{21}$

### 9.5.5 Magnetic Multipole Expansion

Now expanding the magnetic field to lowest order in $\mathbf{r}_{\mathrm{e}}$, we find that the magnetic-field interaction Hamiltonian (9.106) becomes

$$
\begin{equation*}
H_{\mathrm{AM}}=\frac{e}{2 m_{\mathrm{e}}}\left(\mathbf{r}_{\mathrm{e}} \times \mathbf{p}_{\mathrm{e}}\right) \cdot \mathbf{B}(0)+\frac{e^{2}}{8 m_{\mathrm{e}}}\left[\mathbf{r}_{\mathrm{e}} \times \mathbf{B}(0)\right]^{2} \tag{9.117}
\end{equation*}
$$

Defining the magnetic dipole moment

$$
\begin{equation*}
\mathbf{m}:=-\frac{e}{2 m_{\mathrm{e}}}\left(\mathbf{r}_{\mathrm{e}} \times \mathbf{p}_{\mathrm{e}}\right) \tag{9.118}
\end{equation*}
$$

(magnetic dipole moment)

[^161]we can then write the magnetic-interaction Hamiltonian in the dipole approximation as
$$
H_{\mathrm{AM}}=-\mathbf{m} \cdot \mathbf{B}(0)+\frac{1}{8 m_{\mathrm{e}}}[\mathbf{d} \times \mathbf{B}(0)]^{2}
$$
(atom- $B$-field interaction, magnetic dipole approximation) (9.119) The first term is then the usual interaction of the magnetic dipole with the magnetic field, while the diamagnetic term appears as a coupling of the electric dipole moment with the magnetic field.

To compare the magnitude of the interaction with the electric multipoles, note that we can identify the magnitudes $B \sim E / c$ and $p_{\mathrm{e}} \sim m_{\mathrm{e}} c k r_{\mathrm{e}}$, so that the magnetic-dipole interaction is of the order $e r_{\mathrm{e}}\left(k r_{\mathrm{e}}\right) E$, which is the same as the order of the electric quadrupole interaction.

The diamagnetic term, however, depends on $r_{\mathrm{e}}^{2}$, but not on the wave number $k$, and thus its comparison to other terms depends on the strength of the field. Making the same order-of-magnitude replacements, the diamagnetic term is of order $e^{2} r_{\mathrm{e}}^{2} E^{2} / m_{\mathrm{e}} c^{2}$. This is of the same order as the magnetic-dipole term for a field strength satisfying $e \lambda E \sim m_{\mathrm{e}} c^{2}$, which would result in a magnetic-dipole interaction energy $\sim\left(k r_{\mathrm{e}}\right) m_{\mathrm{e}} c^{2}$, which is a very high (relativistic) energy. Hence for moderate (perturbative) field strengths, the diamagnetic term is negligible compared to the magnetic dipole term.

### 9.6 Center-of-Mass Röntgen Interaction

Thus far, we have ignored the center-of-mass motion of the atom, assuming the nucleus to be fixed at $\mathbf{r}=0$. Motion of the center of mass generates additional multipole terms, ${ }^{22}$ and we will now consider them here. Consistently accounting for the center-of-mass velocity is important, for example, in obtaining physical results for the angular distribution of photons radiated by a moving atom. ${ }^{23}$

### 9.6.1 Polarization

To include the center-of-mass motion in the Power-Zienau transformation, we generalize the atomic polarization field to the polarization due to an arbitrary system of point charges with respect to an arbitrary "atomic location" $\mathbf{r}_{\mathrm{A}}$ (which we will take below to be the center of mass):

$$
\begin{equation*}
\mathbf{P}(\mathbf{r})=\sum_{\alpha} q_{\alpha}\left(\mathbf{r}_{\alpha}-\mathbf{r}_{\mathrm{A}}\right) \int_{0}^{1} d s \delta^{3}\left[\mathbf{r}-\mathbf{r}_{\mathrm{A}}-s\left(\mathbf{r}_{\alpha}-\mathbf{r}_{\mathrm{A}}\right)\right] . \tag{9.120}
\end{equation*}
$$

(atomic polarization)

Here, $q_{\alpha}$ is the charge of the $\alpha$ th particle located at $\mathbf{r}_{\alpha}$. We will then use the unitary operator

$$
\begin{equation*}
U=\exp \left[-\frac{i}{\hbar} \int d^{3} r \mathbf{P}(\mathbf{r}) \cdot \mathbf{A}(\mathbf{r})\right] \tag{9.121}
\end{equation*}
$$

with this polarization to transform the suitably generalized minimal-coupling Hamiltonian

$$
\begin{equation*}
H=\sum_{\alpha} \frac{\left[\mathbf{p}_{\alpha}-q_{\alpha} \mathbf{A}\left(\mathbf{r}_{\alpha}\right)\right]^{2}}{2 m_{\alpha}}+V\left(\mathbf{r}_{\alpha}\right)+\frac{\epsilon_{0}}{2} \int d^{3} r\left(E^{\perp 2}+c^{2} B^{2}\right) \tag{9.122}
\end{equation*}
$$

(minimal-coupling Hamiltonian, many particles)
where $m_{\alpha}$ is the mass of particle $\alpha$.

[^162]
### 9.6.2 Center-of-Mass Coordinates

We now introduce the usual center-of-mass coordinates as follows. The total atomic mass is

$$
\begin{equation*}
m_{\mathrm{A}}:=\sum_{\alpha} m_{\alpha}, \tag{9.123}
\end{equation*}
$$

and the center-of-mass coordinates are

$$
\begin{align*}
\mathbf{r}_{\mathrm{A}} & :=\frac{1}{m_{\mathrm{A}}} \sum_{\alpha} m_{\alpha} \mathbf{r}_{\alpha}  \tag{9.124}\\
\mathbf{p}_{\mathrm{A}} & :=\sum_{\alpha} \mathbf{p}_{\alpha} .
\end{align*}
$$

Then the relative coordinates are

$$
\begin{align*}
& \overline{\mathbf{r}}_{\alpha}:=\mathbf{r}_{\alpha}-\mathbf{r}_{\mathrm{A}} \\
& \overline{\mathbf{p}}_{\alpha}:=\mathbf{p}_{\alpha}-\frac{m_{\alpha}}{m_{\mathrm{A}}} \mathbf{p}_{\mathrm{A}} \tag{9.125}
\end{align*}
$$

so that

$$
\begin{equation*}
\sum_{\alpha} \overline{\mathbf{r}}_{\alpha}=0, \quad \sum_{\alpha} \overline{\mathbf{p}}_{\alpha}=0 . \tag{9.126}
\end{equation*}
$$

Note that since the Coulomb binding potential is entirely composed of internal forces,

$$
\begin{equation*}
V\left(\mathbf{r}_{\alpha}\right) \equiv V\left(\overline{\mathbf{r}}_{\alpha}\right) \tag{9.127}
\end{equation*}
$$

From the commutation relation for the standard coordinates,

$$
\begin{equation*}
\left[r_{\alpha j}, p_{\beta k}\right]=i \hbar \delta_{\alpha \beta} \delta_{j k} \tag{9.128}
\end{equation*}
$$

we can see that the relative positions commute with the center-of-mass momentum,

$$
\begin{equation*}
\left[\bar{r}_{\alpha j}, p_{\mathrm{A} k}\right]=\left[r_{\alpha j}-\frac{1}{m_{\mathrm{A}}} \sum_{\gamma} m_{\gamma} r_{\gamma j}, \sum_{\beta} p_{\beta k}\right]=i \hbar \delta_{j k}-\sum_{\alpha} \frac{m_{\alpha}}{m_{\mathrm{A}}} i \hbar \delta_{j k}=0 \tag{9.129}
\end{equation*}
$$

and similarly the center-of-mass position commutes with the relative momenta,

$$
\begin{equation*}
\left[r_{\mathrm{A} j}, \bar{p}_{\alpha k}\right]=0 . \tag{9.130}
\end{equation*}
$$

Thus, the center-of-mass coordinates act as an independent degree of freedom from the relative coordinates (which are themselves obey the above constraint equations which reduce the dimension of the relativecoordinate space). Furthermore, the commutation relation for the center-of-mass coordinates is

$$
\begin{equation*}
\left[r_{\mathrm{A} j}, p_{\mathrm{A} k}\right]=\left[\frac{1}{m_{\mathrm{A}}} \sum_{\alpha} m_{\alpha} r_{\alpha j}, \sum_{\beta} p_{\beta k}\right]=\frac{1}{m_{\mathrm{A}}} \sum_{\alpha, \beta}\left[m_{\alpha} r_{\alpha j}, p_{\beta k}\right]=\frac{1}{m_{\mathrm{A}}} \sum_{\alpha, \beta} m_{\alpha} i \hbar \delta_{\alpha \beta} \delta_{j k}=i \hbar \delta_{j k} \tag{9.131}
\end{equation*}
$$

as we would expect. Furthermore, it is interesting to note that the commutator of the relative coordinates reads

$$
\begin{equation*}
\left[\bar{r}_{\alpha j}, \bar{p}_{\beta k}\right]=\left[r_{\alpha j}, p_{\beta k}\right]-\frac{m_{\alpha}}{m_{\mathrm{A}}}\left[r_{\mathrm{A} j}, p_{\mathrm{A} k}\right]=i \hbar \delta_{j k}\left(\delta_{\alpha \beta}-\frac{m_{\alpha}}{m_{\mathrm{A}}}\right), \tag{9.132}
\end{equation*}
$$

and thus the relative coordinates themselves are not canonical.
In these center-of-mass coordinates, the polarization (9.133) becomes

$$
\begin{equation*}
\mathbf{P}(\mathbf{r})=\sum_{\alpha} q_{\alpha} \overline{\mathbf{r}}_{\alpha} \int_{0}^{1} d s \delta^{3}\left(\mathbf{r}-\mathbf{r}_{\mathrm{A}}-s \overline{\mathbf{r}}_{\alpha}\right) . \tag{9.133}
\end{equation*}
$$

We can see that both the relative and center-of-mass positions are present here, so that moth the relative and center-of-mass momenta will become modified under the Power-Zienau transformation. Further, the minimal-coupling Hamiltonian in center-of-mass coordinates becomes simply

$$
\begin{equation*}
H=\sum_{\alpha} \frac{1}{2 m_{\alpha}}\left[\frac{m_{\alpha}}{m_{\mathrm{A}}} \mathbf{p}_{\mathrm{A}}+\overline{\mathbf{p}}_{\alpha}-q_{\alpha} \mathbf{A}\left(\mathbf{r}_{\alpha}\right)\right]^{2}+V\left(\overline{\mathbf{r}}_{\alpha}\right)+\frac{\epsilon_{0}}{2} \int d^{3} r\left(E^{\perp 2}+c^{2} B^{2}\right) \tag{9.134}
\end{equation*}
$$

Partially multiplying out the momentum term gives

$$
\begin{equation*}
H=\frac{p_{\mathrm{A}}{ }^{2}}{2 m_{\mathrm{A}}}+\sum_{\alpha} \frac{1}{2 m_{\alpha}}\left[\overline{\mathbf{p}}_{\alpha}-q_{\alpha} \mathbf{A}\left(\mathbf{r}_{\alpha}\right)\right]^{2}-\sum_{\alpha} \frac{q_{\alpha}}{2 m_{\mathrm{A}}}\left[\mathbf{p}_{\mathrm{A}} \cdot \mathbf{A}\left(\mathbf{r}_{\alpha}\right)+\mathbf{A}\left(\mathbf{r}_{\alpha}\right) \cdot \mathbf{p}_{\mathrm{A}}\right]+V\left(\overline{\mathbf{r}}_{\alpha}\right)+\frac{\epsilon_{0}}{2} \int d^{3} r\left(E^{\perp 2}+c^{2} B^{2}\right) \tag{9.135}
\end{equation*}
$$

so that the center-of-mass and relative components are separated, with an interaction term between the center-of-mass momentum and the vector potential evaluated at the particle locations.

### 9.6.3 Transformation: Electric Dipole Approximation

We must now transform the canonical momenta for the atom and field to obtain the center-of-mass multipole Hamiltonian. The electric field still transforms under the unitary Power-Zienau transformation (9.121) as in Eqs. (9.88), so that

$$
\begin{equation*}
U E_{\beta}^{\perp}(\mathbf{r}) U^{\dagger}=E_{\beta}^{\perp}(\mathbf{r})-\frac{1}{\epsilon_{0}} P_{\beta}^{\perp}(\mathbf{r}) \tag{9.136}
\end{equation*}
$$

Thus, the electric-field part of the multipole interaction Hamiltonian is exactly the same as before. The relative momentum also transforms essentially as we worked out before in Eqs (9.95):

$$
\begin{equation*}
U \overline{\mathbf{p}}_{\alpha} U^{\dagger}=\overline{\mathbf{p}}_{\alpha}+q_{\alpha} \mathbf{A}\left(\mathbf{r}_{\alpha}\right)+q_{\alpha} \overline{\mathbf{r}}_{\alpha} \times \int_{0}^{1} d s s \mathbf{B}\left(\mathbf{r}_{\mathrm{A}}+s \overline{\mathbf{r}}_{\alpha}\right) \tag{9.137}
\end{equation*}
$$

We must also transform the center-of-mass momentum, with the result (see Problem 9.5)

$$
\begin{equation*}
U \mathbf{p}_{\mathrm{A}} U^{\dagger}=\mathbf{p}_{\mathrm{A}}-q_{\mathrm{A}} \mathbf{A}\left(\mathbf{r}_{\mathrm{A}}\right)+\sum_{\alpha} q_{\alpha} \mathbf{A}\left(\mathbf{r}_{\alpha}\right)+\sum_{\alpha} q_{\alpha} \overline{\mathbf{r}}_{\alpha} \times \int_{0}^{1} d s \mathbf{B}\left(\mathbf{r}_{\mathrm{A}}+s \overline{\mathbf{r}}_{\alpha}\right) \tag{9.138}
\end{equation*}
$$

Here,

$$
\begin{equation*}
q_{\mathrm{A}}:=\sum_{\alpha} q_{\alpha} \tag{9.139}
\end{equation*}
$$

is the total atomic charge (which vanished for a neutral atom).
The transformation of the atomic part of the minimal-coupling Hamiltonian is thus rather involved. To simplify our discussion here, we will make the dipole approximation and neglect the variation of the fields over the scale of the atom. In particular, the momenta now transform as

$$
\begin{equation*}
U \overline{\mathbf{p}}_{\alpha} U^{\dagger}=\overline{\mathbf{p}}_{\alpha}+q_{\alpha} \mathbf{A}\left(\mathbf{r}_{\mathrm{A}}\right)+\frac{q_{\alpha}}{2} \overline{\mathbf{r}}_{\alpha} \times \mathbf{B}\left(\mathbf{r}_{\mathrm{A}}\right) \tag{9.140}
\end{equation*}
$$

and

$$
\begin{equation*}
U \mathbf{p}_{\mathrm{A}} U^{\dagger}=\mathbf{p}_{\mathrm{A}}+\sum_{\alpha} q_{\alpha} \overline{\mathbf{r}}_{\alpha} \times \mathbf{B}\left(\mathbf{r}_{\mathrm{A}}\right)=\mathbf{p}_{\mathrm{A}}+\mathbf{d} \times \mathbf{B}\left(\mathbf{r}_{\mathrm{A}}\right) \tag{9.141}
\end{equation*}
$$

where the dipole operator is defined by

$$
\begin{equation*}
\mathbf{d}:=\sum_{\alpha} q_{\alpha} \overline{\mathbf{r}}_{\alpha} \tag{9.142}
\end{equation*}
$$

(electric dipole moment)
as is consistent with our previous definitions.

In the dipole approximation, we also make the replacement $\mathbf{A}\left(\mathbf{r}_{\alpha}\right) \longrightarrow \mathbf{A}\left(\mathbf{r}_{\mathrm{A}}\right)$ in the Hamiltonian, so that the minimal coupling Hamiltonian (9.135) becomes

$$
\begin{equation*}
H=\frac{p_{\mathrm{A}}{ }^{2}}{2 m_{\mathrm{A}}}+\sum_{\alpha} \frac{1}{2 m_{\alpha}}\left[\overline{\mathbf{p}}_{\alpha}-q_{\alpha} \mathbf{A}\left(\mathbf{r}_{\mathrm{A}}\right)\right]^{2}-\frac{q_{\mathrm{A}}}{2 m_{\mathrm{A}}}\left[\mathbf{p}_{\mathrm{A}} \cdot \mathbf{A}\left(\mathbf{r}_{\mathrm{A}}\right)+\mathbf{A}\left(\mathbf{r}_{\mathrm{A}}\right) \cdot \mathbf{p}_{\mathrm{A}}\right]+V\left(\overline{\mathbf{r}}_{\alpha}\right)+\frac{\epsilon_{0}}{2} \int d^{3} r\left(E^{\perp 2}+c^{2} B^{2}\right) \tag{9.143}
\end{equation*}
$$

For a neutral atom, $q_{\mathrm{A}}=0$, and thus we can ignore the $\mathbf{p}_{\mathrm{A}} \cdot \mathbf{A}\left(\mathbf{r}_{\mathrm{A}}\right)$ terms to obtain

$$
\begin{equation*}
H=\frac{p_{\mathrm{A}}^{2}}{2 m_{\mathrm{A}}}+\sum_{\alpha} \frac{1}{2 m_{\alpha}}\left[\overline{\mathbf{p}}_{\alpha}-q_{\alpha} \mathbf{A}\left(\mathbf{r}_{\mathrm{A}}\right)\right]^{2}+V\left(\overline{\mathbf{r}}_{\alpha}\right)+\frac{\epsilon_{0}}{2} \int d^{3} r\left(E^{\perp 2}+c^{2} B^{2}\right) \tag{9.144}
\end{equation*}
$$

Thus, we may consider the transformations of the center-of-mass and relative momenta separately. Using Eq. (9.141), the transformation of the center-of-mass kinetic-energy part of the Hamiltonian is thus

$$
\begin{align*}
U \frac{p_{\mathrm{A}}^{2}}{2 m_{\mathrm{A}}} U^{\dagger} & =\frac{1}{2 m_{\mathrm{A}}}\left[\mathbf{p}_{\mathrm{A}}+\mathbf{d} \times \mathbf{B}\left(\mathbf{r}_{\mathrm{A}}\right)\right]^{2}  \tag{9.145}\\
& =\frac{p_{\mathrm{A}}{ }^{2}}{2 m_{\mathrm{A}}}+\frac{1}{2 m_{\mathrm{A}}}\left[\mathbf{p}_{\mathrm{A}} \cdot\left[\mathbf{d} \times \mathbf{B}\left(\mathbf{r}_{\mathrm{A}}\right)\right]+\left[\mathbf{d} \times \mathbf{B}\left(\mathbf{r}_{\mathrm{A}}\right)\right] \cdot \mathbf{p}_{\mathrm{A}}\right]+\frac{1}{2 m_{\mathrm{A}}}\left[\mathbf{d} \times \mathbf{B}\left(\mathbf{r}_{\mathrm{A}}\right)\right]^{2} .
\end{align*}
$$

Using Eq. (9.140), the relative-momentum part of the Hamiltonian transforms as

$$
\begin{align*}
U\left[\sum_{\alpha} \frac{1}{2 m_{\alpha}}\left[\overline{\mathbf{p}}_{\alpha}-q_{\alpha} \mathbf{A}\left(\mathbf{r}_{\alpha}\right)\right]^{2}\right] U^{\dagger} & =\sum_{\alpha} \frac{1}{2 m_{\alpha}}\left[\overline{\mathbf{p}}_{\alpha}+\frac{q_{\alpha}}{2} \overline{\mathbf{r}}_{\alpha} \times \mathbf{B}\left(\mathbf{r}_{\mathrm{A}}\right)\right]^{2}  \tag{9.146}\\
& =\sum_{\alpha} \frac{\bar{p}_{\alpha}^{2}}{2 m_{\alpha}}-\mathbf{m} \cdot \mathbf{B}\left(\mathbf{r}_{\mathrm{A}}\right)+\sum_{\alpha} \frac{q_{\alpha}^{2}}{8 m_{\alpha}}\left[\overline{\mathbf{r}}_{\alpha} \times \mathbf{B}\left(\mathbf{r}_{\mathrm{A}}\right)\right]^{2}
\end{align*}
$$

where we have defined the magnetic dipole moment as

$$
\begin{equation*}
\mathbf{m}:=\sum_{\alpha} \frac{q_{\alpha}}{2 m_{\alpha}}\left(\overline{\mathbf{r}}_{\alpha} \times \overline{\mathbf{p}}_{\alpha}\right) \tag{9.147}
\end{equation*}
$$

(magnetic dipole moment)
We can thus recognize the last two terms of Eq. (9.145) as the magnetic dipole and diamagnetic terms that we already discussed. We concluded that these were small compared to the electric-dipole interaction, so we will make the electric dipole approximation and drop these. We will similarly drop the last term of Eq. (9.145), which we can identify as a center-of-mass diamagnetic term, since it is quadratic in the atomic dipole moment and thus of higher order than the electric-dipole interaction.

From what remains, we can write the full, transformed Hamltonian as

$$
\begin{equation*}
\tilde{H}=H_{\mathrm{A}}+H_{\mathrm{F}}+H_{\mathrm{AE}}+H_{\mathrm{R}} \tag{9.148}
\end{equation*}
$$

(multipole Hamiltonian)
where the isolated atomic Hamiltonian is

$$
\begin{equation*}
H_{\mathrm{A}}=\frac{p_{\mathrm{A}}^{2}}{2 m_{\mathrm{a}}}+\sum \frac{p_{\alpha}^{2}}{2 m_{\alpha}}+V\left(\overline{\mathbf{r}}_{\alpha}\right) \tag{9.149}
\end{equation*}
$$

(free-atom Hamiltonian)
the field Hamiltonian has its usual form,

$$
\begin{equation*}
H_{\mathrm{F}}=\frac{\epsilon_{0}}{2} \int d^{3} r\left(E^{\perp 2}+c^{2} B^{2}\right) \tag{9.150}
\end{equation*}
$$

and we have the usual form for the electric-dipole interaction,

$$
\begin{equation*}
H_{\mathrm{AE}}=-\mathbf{d} \cdot \mathbf{E}^{\perp}\left(r_{\mathrm{A}}\right)+\frac{1}{2 \epsilon_{0}} \int d^{3} r\left[\mathbf{P}^{\perp}(\mathbf{r})\right]^{2} \tag{9.151}
\end{equation*}
$$

where the polarization (9.133) becomes

$$
\begin{equation*}
\mathbf{P}(\mathbf{r})=\sum_{\alpha} q_{\alpha} \overline{\mathbf{r}}_{\alpha} \delta^{3}\left(\mathbf{r}-\mathbf{r}_{\mathrm{A}}\right)=\mathbf{d} \delta^{3}\left(\mathbf{r}-\mathbf{r}_{\mathrm{A}}\right) \tag{9.152}
\end{equation*}
$$

in the dipole approximation.
The new interaction, corresponding to the remaining term in (9.145) that we did not drop, is the Röntgen interaction, ${ }^{24}$

$$
H_{\mathrm{R}}=\frac{1}{2 m_{\mathrm{A}}}\left[\mathbf{p}_{\mathrm{A}} \cdot\left[\mathbf{d} \times \mathbf{B}\left(\mathbf{r}_{\mathrm{A}}\right)\right]+\left[\mathbf{d} \times \mathbf{B}\left(\mathbf{r}_{\mathrm{A}}\right)\right] \cdot \mathbf{p}_{\mathrm{A}}\right]
$$

(Röntgen interaction, electric dipole approximation) (9.153) which gives the coupling energy of the electric dipole and the magnetic field: recall that under a Lorentz boost, electric and magnetic fields interchange to some extent, so this energy can be interpreted as the electric dipole interaction with the transformed magnetic field. Naturally, the internal motion of the charges should likewise induce a Röntgen-type coupling to the magnetic field; this is what we have already identified as the magnetic-dipole interaction, and in fact we can obtain the magnetic-dipole Hamiltonian from the Röntgen Hamiltonian by making the replacements $m_{\mathrm{A}} \longrightarrow m_{\alpha}, \mathbf{p}_{\mathrm{A}} \longrightarrow \mathbf{p}_{\alpha}$, both inside the summation implicit in the definition of $\mathbf{d}$.

Thus, even in the electric dipole approximation, an extra interaction Hamiltonian must be considered if the atom is in motion for consistency with the minimal-coupling Hamiltonian. This comes up, for example, in atom optics. Consider the usual problem of radiation pressure, where a plane, traveling wave impinges on an atom, and causes a net force in the propagation direction of the field to to absorption. If the atom is moving, the Röntgen interaction can add another component to the radiation-pressure force that is along the polarization vector for the field, instead of along its propagation direction. ${ }^{25}$ Note, however, that this component is rather weak compared to the usual radiation pressure, and only occurs if the atomic dipole is not parallel to the field polarization (which is not possible for an $S$ ground state of the resonant transition). The Röntgen interaction is generally weak, even though necessary for the consistency in the radiation of a moving atom as we mentioned above.

### 9.6.4 Full Transformation

So then what does the completely general multipole Hamiltonian look like, if we account for center-of-mass motion but don't make the electric-dipole approximation? You might regret that you asked that, but it is certainly possible to write down the answer. ${ }^{26}$

### 9.6.4.1 Effecting the General Transformation

Our goal is to perform the Power-Zienau transformation on the minimal-coupling Hamiltonian in the form (9.135). The part we should concentrate on here is the atomic-momentum part,

$$
\begin{equation*}
H=\frac{p_{\mathrm{A}}^{2}}{2 m_{\mathrm{A}}}+\sum_{\alpha} \frac{1}{2 m_{\alpha}}\left[\overline{\mathbf{p}}_{\alpha}-q_{\alpha} \mathbf{A}\left(\mathbf{r}_{\alpha}\right)\right]^{2}-\sum_{\alpha} \frac{q_{\alpha}}{2 m_{\mathrm{A}}}\left[\mathbf{p}_{\mathrm{A}} \cdot \mathbf{A}\left(\mathbf{r}_{\alpha}\right)+\mathbf{A}\left(\mathbf{r}_{\alpha}\right) \cdot \mathbf{p}_{\mathrm{A}}\right] \tag{9.154}
\end{equation*}
$$

since our transformation for the field as above is still valid. The transformation (9.137) for the relative momentum leads to the following transformation for the relative-momentum term, which we can derive

[^163]simply by adapting our treatment from Section 9.5.3.3:
\[

$$
\begin{align*}
U\left[\sum_{\alpha}\left[\overline{\mathbf{p}}_{\alpha}-q_{\alpha} \mathbf{A}\left(\mathbf{r}_{\alpha}\right)\right]^{2}\right] U^{\dagger}= & \sum_{\alpha} \frac{\overline{\mathbf{p}}_{\alpha}^{2}}{2 m_{\alpha}}-\frac{1}{2} \int d^{3} r\left[\mathbf{M}^{\left.\leftarrow(\mathbf{r}) \cdot \mathbf{B}(\mathbf{r})+\mathbf{M}^{\rightarrow}(\mathbf{r}) \cdot \mathbf{B}(\mathbf{r})\right]}\right.  \tag{9.155}\\
& +\sum_{\alpha} \frac{q_{\alpha}^{2}}{2 m_{\alpha}}\left[\overline{\mathbf{r}}_{\alpha} \times \int_{0}^{1} d s s \mathbf{B}\left(\mathbf{r}_{\mathrm{A}}+s \overline{\mathbf{r}}_{\alpha}\right)\right]^{2}
\end{align*}
$$
\]

The two quantum magnetizations are now suitably modified to include the center-of-mass coordinate to read

$$
\begin{align*}
& \mathbf{M}^{\leftarrow}(\mathbf{r})=\sum_{\alpha} q_{\alpha}\left(\overline{\mathbf{r}}_{\alpha} \times \frac{\overline{\mathbf{p}}_{\alpha}}{m_{\alpha}}\right) \int_{0}^{1} d s s \delta^{3}\left(\mathbf{r}-\mathbf{r}_{\mathrm{A}}-s \overline{\mathbf{r}}_{\alpha}\right) \\
& \mathbf{M}^{\rightarrow}(\mathbf{r})=\sum_{\alpha} q_{\alpha} \int_{0}^{1} d s s \delta^{3}\left(\mathbf{r}-\mathbf{r}_{\mathrm{A}}-s \overline{\mathbf{r}}_{\alpha}\right)\left(\overline{\mathbf{r}}_{\alpha} \times \frac{\overline{\mathbf{p}}_{\alpha}}{m_{\alpha}}\right) \tag{9.156}
\end{align*}
$$

We can recognize the terms in Eq. (9.155) as ones we have seen before: atomic kinetic energy, magnetic-field interaction with the atomic magnetization, and the diamagnetic energy.

On the other hand, the transformation (9.138) for the center-of-mass momentum leads to a slightly more complicated transformation for the Hamiltonian. First, we can consider the transformation of the center-of-mass kinetic energy:

$$
\begin{equation*}
U \frac{p_{\mathrm{A}}^{2}}{2 m_{\mathrm{A}}} U^{\dagger}=\frac{1}{2 m_{\mathrm{A}}}\left[\mathbf{p}_{\mathrm{A}}-q_{\mathrm{A}} \mathbf{A}\left(\mathbf{r}_{\mathrm{A}}\right)+\sum_{\alpha} q_{\alpha} \mathbf{A}\left(\mathbf{r}_{\alpha}\right)+\sum_{\alpha} q_{\alpha} \overline{\mathbf{r}}_{\alpha} \times \int_{0}^{1} d s \mathbf{B}\left(\mathbf{r}_{\mathrm{A}}+s \overline{\mathbf{r}}_{\alpha}\right)\right]^{2} \tag{9.157}
\end{equation*}
$$

Before multiplying this out, it simplifies things to consider the transformation of the remaining term in the Hamiltonian (9.154):

$$
\begin{align*}
U\left[-\sum_{\alpha} \frac{q_{\alpha}}{2 m_{\mathrm{A}}}\left[\mathbf{p}_{\mathrm{A}} \cdot \mathbf{A}\left(\mathbf{r}_{\alpha}\right)+\mathbf{A}\left(\mathbf{r}_{\alpha}\right) \cdot \mathbf{p}_{\mathrm{A}}\right]\right] U^{\dagger}= & -\frac{1}{2 m_{\mathrm{A}}} \sum_{\alpha}\left[\mathbf{p}_{\mathrm{A}} \cdot \mathbf{A}\left(\mathbf{r}_{\alpha}\right)+\mathbf{A}\left(\mathbf{r}_{\alpha}\right) \cdot \mathbf{p}_{\mathrm{A}}\right] \\
& +\sum_{\alpha} \frac{q_{\mathrm{A}} q_{\alpha}}{m_{\mathrm{A}}} \mathbf{A}\left(\mathbf{r}_{\mathrm{A}}\right) \cdot \mathbf{A}\left(\mathbf{r}_{\alpha}\right)-\frac{1}{m_{\mathrm{A}}}\left[\sum_{\alpha} q_{\alpha} \mathbf{A}\left(\mathbf{r}_{\alpha}\right)\right]^{2} \\
& -\frac{1}{m_{\mathrm{A}}} \sum_{\alpha} q_{\alpha} \mathbf{A}\left(\mathbf{r}_{\alpha}\right) \cdot \sum_{\beta} q_{\beta} \overline{\mathbf{r}}_{\beta} \times \int_{0}^{1} d s \mathbf{B}\left(\mathbf{r}_{\mathrm{A}}+s \overline{\mathbf{r}}_{\beta}\right) \tag{9.158}
\end{align*}
$$

These four terms exactly cancel the four terms in the expansion of (9.157) that involve the factor $\sum_{\alpha} q_{\alpha} \mathbf{A}\left(\mathbf{r}_{\alpha}\right)$.

Combining the center-of-mass parts of the transformed Hamiltonian thus gives

$$
\begin{align*}
U\left[\frac{p_{\mathrm{A}}{ }^{2}}{2 m_{\mathrm{A}}}-\right. & \left.\sum_{\alpha} \frac{q_{\alpha}}{2 m_{\mathrm{A}}}\left[\mathbf{p}_{\mathrm{A}} \cdot \mathbf{A}\left(\mathbf{r}_{\alpha}\right)+\mathbf{A}\left(\mathbf{r}_{\alpha}\right) \cdot \mathbf{p}_{\mathrm{A}}\right]\right] U^{\dagger} \\
= & \frac{p_{\mathrm{A}}{ }^{2}}{2 m_{\mathrm{A}}}-\frac{q_{\mathrm{A}}}{m_{\mathrm{A}}} \mathbf{p}_{\mathrm{A}} \cdot \mathbf{A}\left(\mathbf{r}_{\mathrm{A}}\right)+\frac{q_{\mathrm{A}}{ }^{2}}{2 m_{\mathrm{A}}} A^{2}\left(\mathbf{r}_{\mathrm{A}}\right) \\
& +\frac{1}{2 m_{\mathrm{A}}}\left[\mathbf{p}_{\mathrm{A}} \cdot\left(\sum_{\alpha} q_{\alpha} \overline{\mathbf{r}}_{\alpha} \times \int_{0}^{1} d s \mathbf{B}\left(\mathbf{r}_{\mathrm{A}}+s \overline{\mathbf{r}}_{\alpha}\right)\right)+\left(\sum_{\alpha} q_{\alpha} \overline{\mathbf{r}}_{\alpha} \times \int_{0}^{1} d s \mathbf{B}\left(\mathbf{r}_{\mathrm{A}}+s \overline{\mathbf{r}}_{\alpha}\right)\right) \cdot \mathbf{p}_{\mathrm{A}}\right] \\
& -\frac{q_{\mathrm{A}}}{m_{\mathrm{A}}} \sum_{\alpha} q_{\alpha} \mathbf{A}\left(\mathbf{r}_{\mathrm{A}}\right) \cdot\left[\overline{\mathbf{r}}_{\alpha} \times \int_{0}^{1} d s \mathbf{B}\left(\mathbf{r}_{\mathrm{A}}+s \overline{\mathbf{r}}_{\alpha}\right)\right]+\frac{1}{2 m_{\mathrm{A}}}\left[\sum_{\alpha} q_{\alpha} \overline{\mathbf{r}}_{\alpha} \times \int_{0}^{1} d s \mathbf{B}\left(\mathbf{r}_{\mathrm{A}}+s \overline{\mathbf{r}}_{\alpha}\right)\right]^{2} \\
= & \frac{p_{\mathrm{A}}{ }^{2}}{2 m_{\mathrm{A}}}-\frac{q_{\mathrm{A}}}{m_{\mathrm{A}}} \mathbf{p}_{\mathrm{A}} \cdot \mathbf{A}\left(\mathbf{r}_{\mathrm{A}}\right)+\frac{q_{\mathrm{A}}{ }^{2}}{2 m_{\mathrm{A}}} A^{2}\left(\mathbf{r}_{\mathrm{A}}\right) \\
& +\frac{1}{2 m_{\mathrm{A}}} \int d^{3} r\left[\mathbf{p}_{\mathrm{A}} \cdot(\mathbf{P}(\mathbf{r}) \times \mathbf{B}(\mathbf{r}))+(\mathbf{P}(\mathbf{r}) \times \mathbf{B}(\mathbf{r})) \cdot \mathbf{p}_{\mathrm{A}}\right] \\
& -\frac{q_{\mathrm{A}}}{m_{\mathrm{A}}} \mathbf{A}\left(\mathbf{r}_{\mathrm{A}}\right) \cdot \int d^{3} r \mathbf{P}(\mathbf{r}) \times \mathbf{B}(\mathbf{r})+\frac{1}{2 m_{\mathrm{A}}}\left[\int d^{3} r \mathbf{P}(\mathbf{r}) \times \mathbf{B}(\mathbf{r})\right]^{2}, \tag{9.159}
\end{align*}
$$

where we have used the polarization field in the form (9.133). We can identify the first three terms here as residual interaction of the center of mass with the vector potential, and the rest of the terms represent the generalized Röntgen interaction.

### 9.6.4.2 Final Result

Collecting all terms after the transformation, we have the new Hamiltonian

$$
\begin{equation*}
\tilde{H}=H_{\mathrm{A}}+H_{\mathrm{F}}+H_{\mathrm{AE}}+H_{\mathrm{AM}}+H_{\mathrm{R}} \tag{9.160}
\end{equation*}
$$

(general multipole Hamiltonian, with center-of-mass motion)
The isolated atomic Hamiltonian

$$
\begin{equation*}
H_{\mathrm{A}}=\frac{p_{\mathrm{A}}^{2}}{2 m_{\mathrm{A}}}+\sum_{\alpha} \frac{\bar{p}_{\alpha}^{2}}{2 m_{\alpha}}+V\left(\overline{\mathbf{r}}_{\alpha}\right) \tag{9.161}
\end{equation*}
$$

(free-atom Hamiltonian)
is the sum of the external and internal kinetic energies as well as the internal binding potential. The field Hamiltonian has its usual form,

$$
\begin{equation*}
H_{\mathrm{F}}=\frac{\epsilon_{0}}{2} \int d^{3} r\left(E^{\perp 2}+c^{2} B^{2}\right) \tag{9.162}
\end{equation*}
$$

(free-field Hamiltonian)
while we have the same interaction Hamiltonian for the coupling of the atom to the electric field via the atomic polarization,

$$
\begin{equation*}
H_{\mathrm{AE}}=-\int d^{3} r \mathbf{P}^{\perp}(\mathbf{r}) \cdot \mathbf{E}^{\perp}(\mathbf{r})+\frac{1}{2 \epsilon_{0}} \int d^{3} r\left[\mathbf{P}^{\perp}(\mathbf{r})\right]^{2} \tag{9.163}
\end{equation*}
$$

(atom- $E$-field interaction Hamiltonian)
where the polarization $\mathbf{P}(\mathbf{r})$ is again given by Eq. (9.133). This Hamiltonian is again the generalization of the usual dipole interaction Hamiltonian, along with the electric self energy of the atom. The interaction Hamiltonian for the coupling of the internal degrees of freedom of the atom to the magnetic field is

$$
\begin{equation*}
H_{\mathrm{AM}}=-\frac{1}{2} \int d^{3} r\left[\mathbf{M}^{\leftarrow}(\mathbf{r}) \cdot \mathbf{B}(\mathbf{r})+\mathbf{M}^{\rightarrow}(\mathbf{r}) \cdot \mathbf{B}(\mathbf{r})\right]+\sum_{\alpha} \frac{q_{\alpha}^{2}}{2 m_{\alpha}}\left[\overline{\mathbf{r}}_{\alpha} \times \int_{0}^{1} d s s \mathbf{B}\left(\mathbf{r}_{\mathrm{A}}+s \overline{\mathbf{r}}_{\alpha}\right)\right]^{2} \tag{9.164}
\end{equation*}
$$

(atom- $B$-field interaction Hamiltonian)
where the quantum magnetizations are given by Eqs. (9.156). The Hamiltonian here is the generalization of the magnetic-dipole interaction plus the diamagnetic energy of the atom in the magnetic field. Finally, the generalized Röntgen interaction coupling the center-of-mass motion of the atomic system to the field is

$$
\begin{align*}
H_{\mathrm{R}}= & -\frac{q_{\mathrm{A}}}{m_{\mathrm{A}}} \mathbf{p}_{\mathrm{A}} \cdot \mathbf{A}\left(\mathbf{r}_{\mathrm{A}}\right)+\frac{q_{\mathrm{A}}{ }^{2}}{2 m_{\mathrm{A}}} A^{2}\left(\mathbf{r}_{\mathrm{A}}\right) \\
& +\frac{1}{2 m_{\mathrm{A}}} \int d^{3} r\left[\mathbf{p}_{\mathrm{A}} \cdot(\mathbf{P}(\mathbf{r}) \times \mathbf{B}(\mathbf{r}))+(\mathbf{P}(\mathbf{r}) \times \mathbf{B}(\mathbf{r})) \cdot \mathbf{p}_{\mathrm{A}}\right] \\
& -\frac{q_{\mathrm{A}}}{m_{\mathrm{A}}} \mathbf{A}\left(\mathbf{r}_{\mathrm{A}}\right) \cdot \int d^{3} r \mathbf{P}(\mathbf{r}) \times \mathbf{B}(\mathbf{r})+\frac{1}{2 m_{\mathrm{A}}}\left[\int d^{3} r \mathbf{P}(\mathbf{r}) \times \mathbf{B}(\mathbf{r})\right]^{2}, \tag{9.165}
\end{align*}
$$

(center-of-mass (Röntgen) interaction Hamiltonian)
which is quite a complicated interaction involving the atomic center-of-mass momentum, the vector potential, and the magnetic field. In our treatment above of the Röntgen interaction in the electric dipole approximation, we dropped all but the third term in the above expression for $H_{\mathrm{R}}$. Recalling that the total charge vanishes $\left(q_{\mathrm{A}}=0\right)$ for a neutral atom, we can see that the terms proportional to $q_{\mathrm{A}}$ vanish in the neutral-atom case, and the first two terms of $H_{\mathrm{R}}$ clearly represent a minimal-coupling-type interaction of the net atomic charge with the vector potential.

### 9.7 Exercises

## Problem 9.1

Prove the relation

$$
\begin{equation*}
\int d^{3} r \mathbf{E}^{\perp} \cdot \mathbf{E}^{\|}=0 \tag{9.166}
\end{equation*}
$$

which we used in analyzing the minimal-coupling Hamiltonian.

## Problem 9.2

Consider the Lagrangian

$$
\begin{equation*}
L=\frac{1}{2} m \dot{\mathbf{r}}^{2}+q \dot{\mathbf{r}} \cdot \mathbf{A}(\mathbf{r})-q \phi(\mathbf{r}) \tag{9.167}
\end{equation*}
$$

for a particle of charge $q$ in electric and magnetic fields

$$
\begin{equation*}
\mathbf{E}=-\nabla \phi-\frac{\partial \mathbf{A}}{\partial t}, \quad \mathbf{B}=\nabla \times \mathbf{A} \tag{9.168}
\end{equation*}
$$

written here in terms of the scalar potential $\phi$ and the vector potential $\mathbf{A}$.
Show that the Euler-Lagrange equation, together with this Lagrangian, is equivalent to Newton's Second Law with the Lorentz force.

## Problem 9.3

Show that a (classical) Hamiltonian of the form

$$
\begin{equation*}
H=\frac{[\mathbf{p}+\mathbf{a}(\mathbf{q})]^{2}}{2 m}+V(\mathbf{q}) \tag{9.169}
\end{equation*}
$$

has canonical momentum given by

$$
\begin{equation*}
\mathbf{p}=m \dot{\mathbf{q}}-\mathbf{a}(\mathbf{q}) \tag{9.170}
\end{equation*}
$$

through correspondence with the Lagrangian

$$
\begin{equation*}
L=\frac{1}{2} m \dot{q}^{2}-\dot{\mathbf{q}} \cdot \mathbf{a}(\mathbf{q})-V(\mathbf{q}) \tag{9.171}
\end{equation*}
$$

## Problem 9.4

Consider a single-electron atom in the heavy-nucleus approximation. Go through the derivation of the coupling of the atom to the electric field,

$$
\begin{equation*}
H_{\mathrm{AE}}=-\int d^{3} r \mathbf{P}^{\perp}(\mathbf{r}) \cdot \mathbf{E}^{\perp}(\mathbf{r})+\frac{1}{2 \epsilon_{0}} \int d^{3} r\left[\mathbf{P}^{\perp}(\mathbf{r})\right]^{2} \tag{9.172}
\end{equation*}
$$

and the coupling of the atom to the magnetic field,
without making the long-wavelength approximation. You should also go through the derivation of the atomic polarization field $\mathbf{P}(\mathbf{r})$ and (classical) magnetization density $\mathbf{M}(\mathbf{r})$, paying special attention to their physical interpretation. These results generalize the results we derived in class for the dipole interaction Hamiltonian to include all multipole orders (but they still neglect center-of-mass motion of the atom and the presence of more than one electron.)

## Problem 9.5

Carry out the Power-Zienau transformation of the center-of-mass momentum $\mathbf{p}_{\mathrm{A}}$, with transformation operator

$$
\begin{equation*}
U=\exp \left[-\frac{i}{\hbar} \int d^{3} r \mathbf{P}(\mathbf{r}) \cdot \mathbf{A}(\mathbf{r})\right] \tag{9.174}
\end{equation*}
$$

and polarization given by

$$
\begin{equation*}
\mathbf{P}(\mathbf{r})=\sum_{\alpha} q_{\alpha} \overline{\mathbf{r}}_{\alpha} \int_{0}^{1} d s \delta^{3}\left(\mathbf{r}-\mathbf{r}_{\mathrm{A}}-s \overline{\mathbf{r}}_{\alpha}\right) \tag{9.175}
\end{equation*}
$$

to obtain the result

$$
\begin{equation*}
U \mathbf{p}_{\mathrm{A}} U^{\dagger}=\mathbf{p}_{\mathrm{A}}-q_{\mathrm{A}} \mathbf{A}\left(\mathbf{r}_{\mathrm{A}}\right)+\sum_{\alpha} q_{\alpha} \mathbf{A}\left(\mathbf{r}_{\alpha}\right)+\sum_{\alpha} q_{\alpha} \overline{\mathbf{r}}_{\alpha} \times \int_{0}^{1} d s \mathbf{B}\left(\mathbf{r}_{\mathrm{A}}+s \overline{\mathbf{r}}_{\alpha}\right) \tag{9.176}
\end{equation*}
$$

where $q_{\mathrm{A}}$ is the total atomic charge.

## Problem 9.6

Consider a dipole-forbidden transition $|a\rangle \longrightarrow|b\rangle$ in an atom (i.e., $\langle a| \mathbf{d}|b\rangle=0$ ).
(a) Assuming the transition may be driven by a monochromatic plane wave via the quadrupole interaction, show that the quadrupole interaction has the same form as the dipole interaction, with an effective dipole moment $d_{\text {eff, } \alpha}=-i k_{\beta} Q_{\alpha \beta}$. (Here, $\mathbf{k}$ is the wave vector of the plane wave.) Thus, the transition will be excited with an effective, quadrupole Rabi frequency

$$
\begin{equation*}
\Omega_{Q}=\frac{k_{\alpha}\langle a| Q_{\alpha \beta}|b\rangle\left(E_{0}\right)_{\beta}}{\hbar}, \tag{9.177}
\end{equation*}
$$

(up to an arbitrary, overall phase that can be absorbed into the field), in analogy with the dipole Rabi frequency $\Omega=-\langle a| d_{\alpha}|b\rangle\left(E_{0}\right)_{\alpha} / \hbar$.
(b) Assuming that the plane wave propagates along the $x$-direction and is polarized along the $z$ direction, give an explicit expression for the relevant component of the effective dipole moment, in terms of a sum over products of dipole matrix elements (i.e., matrix elements like $\langle a| d_{x}|c\rangle$, involving some auxiliary state $|c\rangle$ ).

## Problem 9.7

Go through the steps in the derivation [Eq. (9.71)] to show that for an atom of charge density

$$
\begin{equation*}
\rho=e \delta^{3}(\mathbf{r})-e \delta^{3}\left(\mathbf{r}-\mathbf{r}_{\mathrm{e}}\right) \tag{9.178}
\end{equation*}
$$

the polarization density

$$
\begin{equation*}
\mathbf{P}(\mathbf{r})=-e \mathbf{r}_{\mathrm{e}} \int_{0}^{1} d s \delta^{3}\left(\mathbf{r}-s \mathbf{r}_{\mathrm{e}}\right) \tag{9.179}
\end{equation*}
$$

is consistent with the constraint $\nabla \cdot \mathbf{P}^{\|}=-\rho$.

## Chapter 10

## Cavity QED and the Jaynes-Cummings Model

Now we consider the simplest fully quantum model for the atom-field interaction: a two-level atom and a single mode of the electromagnetic field. As we will discuss, this model applies to an atom interacting with the field of an optical cavity in the "good-cavity" limit.

### 10.1 Single Cavity Mode

The uncoupled Hamiltonian for a two-level atom and a single mode of the optical field is

$$
\begin{equation*}
H_{\mathrm{A}}+H_{\mathrm{F}}=\hbar \omega_{0}|\mathrm{e}\rangle\langle\mathrm{e}|+\hbar \omega\left(a^{\dagger} a+\frac{1}{2}\right) \tag{10.1}
\end{equation*}
$$

where the ground state has zero energy, $\omega_{0}$ is the atomic transition frequency, and $\omega$ is the cavity resonance frequency corresponding to the field mode. The dipole form of the atom-field interaction Hamiltonian is

$$
\begin{equation*}
H_{\mathrm{AF}}=-\mathbf{d} \cdot \mathbf{E} \tag{10.2}
\end{equation*}
$$

where the atomic dipole operator is

$$
\begin{equation*}
\mathbf{d}=\langle\mathrm{g}| \mathbf{d}|\mathrm{e}\rangle(|\mathrm{g}\rangle\langle\mathrm{e}|+|\mathrm{e}\rangle\langle\mathrm{g}|)=: \mathbf{d}_{\mathrm{ge}}\left(\sigma+\sigma^{\dagger}\right) \tag{10.3}
\end{equation*}
$$

Here, $\sigma:=|\mathrm{g}\rangle\langle\mathrm{e}|$ is the atomic lowering operator, and $\mathbf{d}_{\mathrm{ge}}:=\langle\mathrm{g}| \mathbf{d}|\mathrm{e}\rangle$ is the dipole matrix element for the atomic transition. The (Heisenberg-picture) electric field mode of the cavity from Eq. (8.56) is

$$
\begin{equation*}
\mathbf{E}(\mathbf{r}, t)=-\sqrt{\frac{\hbar \omega}{2 \epsilon_{0}}}\left[\mathbf{f}(\mathbf{r}) a(t)+\mathbf{f}^{*}(\mathbf{r}) a^{\dagger}(t)\right] \tag{10.4}
\end{equation*}
$$

where $\mathbf{f}(\mathbf{r})$ is the normalized spatial mode profile, and $a$ is the mode annihilation operator. Thus, the interaction Hamiltonian becomes

$$
\begin{equation*}
H_{\mathrm{AF}}=-\sqrt{\frac{\hbar \omega}{2 \epsilon_{0}}}\left(\sigma+\sigma^{\dagger}\right) \mathbf{d}_{\mathrm{ge}} \cdot\left[\mathbf{f}(\mathbf{r}) a+\mathbf{f}^{*}(\mathbf{r}) a^{\dagger}\right] \tag{10.5}
\end{equation*}
$$

Then defining the atom-field coupling energy

$$
\begin{equation*}
\hbar g(\mathbf{r}):=-\sqrt{\frac{\hbar \omega}{2 \epsilon_{0}}} \mathbf{d}_{\mathrm{ge}} \cdot \mathbf{f}(\mathbf{r}) \tag{10.6}
\end{equation*}
$$

( $g$ is called the cavity QED coupling constant, and $2 g$ is called the one-photon Rabi frequency, as we will see below), the interaction Hamiltonian becomes

$$
\begin{equation*}
H_{\mathrm{AF}}=\hbar\left(\sigma+\sigma^{\dagger}\right)\left[g(\mathbf{r}) a+g^{*}(\mathbf{r}) a^{\dagger}\right] \tag{10.7}
\end{equation*}
$$

At any given location $\mathbf{r}$, we may choose the phase of the atomic dipole such that $g$ is a real and positive. In this case, the atom-field Hamiltonian becomes

$$
\begin{equation*}
H_{\mathrm{AF}}=\hbar g\left(\sigma+\sigma^{\dagger}\right)\left(a+a^{\dagger}\right) \tag{10.8}
\end{equation*}
$$

In the rotating-wave approximation, we drop the energy nonconserving terms (corresponding to fast-rotating terms in the Heisenberg picture), as we discussed before in Section 5.1.5.2, so that

$$
\begin{equation*}
H_{\mathrm{AF}}=\hbar g\left(\sigma a^{\dagger}+\sigma^{\dagger} a\right) \tag{10.9}
\end{equation*}
$$

thus keeping only terms corresponding to photon annihilation with atomic excitation, and atomic lowering with photon creation. Note that in view of the normalization

$$
\begin{equation*}
\int d^{3} r|\mathbf{f}(\mathbf{r})|^{2}=1 \tag{10.10}
\end{equation*}
$$

if a the mode is uniform over an optical cavity volume $V$ (also called the quantization volume), then $|f(\mathbf{r})|=1 / \sqrt{V}$. In this case we can write the coupling constant (10.6) in terms of the mode volume as

$$
\begin{equation*}
g=-\hat{\varepsilon} \cdot \mathbf{d}_{\mathrm{ge}} \sqrt{\frac{\omega}{2 \epsilon_{0} \hbar V}} \tag{10.11}
\end{equation*}
$$

where $\hat{\varepsilon}$ is the polarization vector of the field mode at the location of the atom. Thus, in general, it is common to define the coupling constant

$$
\begin{equation*}
g_{0}=-\hat{\varepsilon} \cdot \mathbf{d}_{\mathrm{ge}} \sqrt{\frac{\omega}{2 \epsilon_{0} \hbar V}}, \tag{10.12}
\end{equation*}
$$

and then write the spatial dependence as

$$
\begin{equation*}
g(\mathbf{r})=g_{0} f^{\prime}(\mathbf{r}) \tag{10.13}
\end{equation*}
$$

where $f^{\prime}(\mathbf{r})$ is a dimensionless mode profile, with maximum modulus of order unity. The coupling constant increases with decreasing cavity volume: this reflects the fact that locally, the electric field for a single photon increases as the confinement of the photon increases.

The total Hamiltonian is, dropping the vacuum-field energy, and regarding the atom to be fixed at position $\mathbf{r}$,

$$
\begin{equation*}
H=H_{\mathrm{A}}+H_{\mathrm{F}}+H_{\mathrm{AF}}=\hbar \omega_{0} \sigma^{\dagger} \sigma+\hbar \omega a^{\dagger} a+\hbar g\left(\sigma a^{\dagger}+\sigma^{\dagger} a\right) \tag{10.14}
\end{equation*}
$$

(Jaynes-Cummings model)
This Hamiltonian defines the Jaynes-Cummings model: ${ }^{1}$ it is the model for an atom interacting with a single, nearly resonant cavity mode within the RWA, ignoring any dissipation process such as spontaneous emission or any input or output from the cavity.

### 10.2 Dynamics

To investigate the dynamics of the Jaynes-Cummings model, we will decompose the state in terms of the joint eigenstates of $H_{\mathrm{A}}$ and $H_{\mathrm{AF}}$ :

$$
\begin{equation*}
|\psi\rangle=\sum_{n=0}^{\infty}\left[c_{\mathrm{g}, n}|\mathrm{~g}, n\rangle+c_{\mathrm{e}, n}|\mathrm{e}, n\rangle\right] \tag{10.15}
\end{equation*}
$$

[^164]Putting this form of the state vector into the Schrödinger equation

$$
\begin{equation*}
\partial_{t}|\psi\rangle=-\frac{i}{\hbar}\left(H_{\mathrm{A}}+H_{\mathrm{F}}+H_{\mathrm{AF}}\right)|\psi\rangle \tag{10.16}
\end{equation*}
$$

and projecting with $\langle\mathrm{e}, n|$ and $\langle\mathrm{g}, n+1|$ gives the coupled pairs of equations

$$
\begin{align*}
\partial_{t} c_{\mathrm{e}, n} & =-i\left(\omega_{0}+n \omega\right) c_{\mathrm{e}, n}-i \sqrt{n+1} g c_{\mathrm{g}, n+1}  \tag{10.17}\\
\partial_{t} c_{\mathrm{g}, n+1} & =-i(n+1) \omega c_{\mathrm{g}, n+1}-i \sqrt{n+1} g c_{\mathrm{e}, n},
\end{align*}
$$

where we have used the following form of the field annihilation operator:

$$
\begin{equation*}
a=\sum_{n=0}^{\infty} \sqrt{n+1}|n\rangle\langle n+1| . \tag{10.18}
\end{equation*}
$$

The above structure of the Jaynes-Cummings model is important: only pairs of eigenstates are coupled, and thus the Hamiltonian is block diagonal, in $2 \times 2$ blocks, making it simple to diagonalize analytically. ${ }^{2}$ Physically, the meaning here is that an excited atom can emit a photon into the cavity and reabsorb it, but that is the extent of the energy transfer. (Of course, then the vacuum amplitude $c_{\mathrm{g}, 0}$ is not coupled to any other amplitude, since no absorption can occur in the absence of light quanta.)

The above pair of equations (10.17) is formally equivalent to the semiclassical equations of motion for the atom-field interaction (the Rabi-flopping problem in the rotating frame), with Rabi frequency $2 g \sqrt{n+1}$ and detuning

$$
\begin{equation*}
(n+1) \omega-\left(\omega_{0}+n \omega\right)=\omega-\omega_{0}=\Delta \tag{10.19}
\end{equation*}
$$

which is just the usual field detuning from the atomic resonance. Thus, we have already solved this problem. For example, an atom initially in the state $|\mathrm{g}, n+1\rangle$, coupled to a resonant field, has the populations

$$
\begin{align*}
P_{\mathrm{e}, n} & =\sin ^{2}(\sqrt{n+1} g t)=\frac{1}{2}[1-\cos (2 \sqrt{n+1} g t)]  \tag{10.20}\\
P_{\mathrm{g}, n+1} & =\cos ^{2}(\sqrt{n+1} g t)=\frac{1}{2}[1+\cos (2 \sqrt{n+1} g t)] .
\end{align*}
$$

(Rabi flopping)

Thus, the Rabi oscillations for $n+1$ energy quanta occur at angular frequency $2 \sqrt{n+1} g .^{3}$ In particular, for a single photon, the Rabi oscillations occur at frequency $2 g$ : hence $g$ is referred to as the single-photon Rabi frequency (though note the difference in convention of a factor of 2). For an off-resonant field, the Rabi oscillation proceed at the generalized Rabi frequency

$$
\begin{equation*}
\tilde{\Omega}_{n}=\sqrt{4(n+1) g^{2}+\Delta^{2}} \tag{10.21}
\end{equation*}
$$

(quantized generalized Rabi frequency)
as in the semiclassical Rabi problem.
We can also consider this to be a crude model for spontaneous emission. The atom, initially in the state $|\mathrm{e}, 0\rangle$, oscillates to the state $|\mathrm{g}, 1\rangle$. This model has the rather odd result that a spontaneously emitted photon will be reabsorbed, because only a single frequency is present. For a general superposition of states, the Rabi oscillations occur for each pair of states at their respective Rabi frequencies. This can lead to complicated beating behavior between the many frequencies involved. For example, if we consider an initially excited

[^165]atom, where the field is in a superposition of states, then we no longer expect perfectly harmonic dynamics. For example, if the initial field state is the coherent state
\[

$$
\begin{equation*}
|\alpha\rangle=\sum_{n=0}^{\infty} \frac{\alpha^{n}}{\sqrt{n!}} e^{-|\alpha|^{2} / 2}|n\rangle, \tag{10.22}
\end{equation*}
$$

\]

then we find collapses and revivals of the atomic population. ${ }^{4}$ This phenomenon is illustrated in the plot below, which shows the excited-state population for an initially excited atom, and a cavity initially in a coherent state with mean photon number $\bar{n}=10(\alpha=\sqrt{10})$.


We see the Rabi oscillations quickly collapse, but then recur later. If the mean photon number is larger, $\bar{n}=20(\alpha=\sqrt{20})$, the recurrences occur at later times, and more coherent recurrences are visible.


The decay of the Rabi oscillations still is not exponential, as we expect from the optical Bloch equations. The collapses and revivals are characteristic of a discrete spectrum, and in fact anytime we have a discrete spectrum, we have almost quasiperiodic behavior (when a finite number of states are significantly populated),

[^166]and we thus expect the state to eventually recur arbitrarily close to the initial condition. In this sense, spontaneous emission into a single field mode is reversible. The irreversible, exponential decay of the Rabi oscillations only occurs when the atom is coupled to a continuum of states, and we will show that this is the case later in Chapter 11.

### 10.3 Dressed States and the Vacuum Rabi Doublet

We can also take advantage of the block-diagonal structure that occurs due to the RWA in the JaynesCummings Hamiltonian to define dressed states for the coupled atom-quantized field system. Each of the $2 \times 2$ blocks is again formally equivalent to the semiclassical Rabi problem, and thus the previous dressedstate results of Section 5.3 apply here. For an exactly resonant field mode $\left(\omega=\omega_{0}\right)$, the bare states $|\mathrm{e}, n\rangle$ and $|\mathrm{g}, n+1\rangle$ are degenerate and coupled by a Rabi frequency $2 g \sqrt{n+1}$. Thus, after diagonalizing the $2 \times 2$ blocks, the eigenstates are the dressed states $|+,(n)\rangle$ and $|-,(n)\rangle$, which have energies $(n+1) \omega \pm g \sqrt{n+1}$ (i.e., the splittings are $2 g \sqrt{n+1}$ ).


For general detunings, the bare states are split in energy by the detuning $\hbar \Delta=\hbar \omega-\hbar \omega_{0}$ (with $|\mathrm{e}, n\rangle$ having higher energy than $|\mathrm{g}, n+1\rangle$ for $\Delta<0$, and $|\mathrm{g}, n+1\rangle$ having the higher energy for $\Delta>0)$. The pairs of bare states are repeated every $\hbar \omega$ in energy, corresponding to having an additional photon around. Also, as before, in the general case the dressed states are defined by the rotation-type superposition

$$
\begin{align*}
& |+,(n)\rangle=\sin \theta_{n}|\mathrm{~g}, n+1\rangle+\cos \theta_{n}|\mathrm{e}, n\rangle  \tag{10.23}\\
& |-,(n)\rangle=\cos \theta_{n}|\mathrm{~g}, n+1\rangle-\sin \theta_{n}|\mathrm{e}, n\rangle,
\end{align*}
$$

(dressed states)
where the Stückelberg angles $\theta_{n}$ are defined as before by

$$
\begin{equation*}
\tan 2 \theta_{n}=-\frac{2 g \sqrt{n+1}}{\Delta} \quad\left(0 \leq \theta_{n}<\frac{\pi}{2}\right) . \tag{10.24}
\end{equation*}
$$

(Stückelberg angles)
Notice that within the rotating-wave approximation, the ground state $|\mathrm{g}, 0\rangle$ is completely uncoupled and does not experience a shift in the dressed-state basis. Recalling that in the classical limit ( $n \gg 1$ ), the splittings for adjacent pairs of dressed states are nearly equal, giving rise to the Mollow triplet in resonance fluorescence, as we discussed in Section 5.7.4.2. However, this picture breaks down for small photon numbers where the splittings depend strongly on $n$. In particular, if a single photon interacts with an unexcited atom, there are only two possible transitions in the dressed-state basis, giving rise to the vacuum Rabi doublet. This becomes manifest, for example, for spectroscopy of a cavity tuned to the atomic resonance, as a doublet in the cavity transmission spectrum as a function of the frequency of a weak input field. ${ }^{5}$

[^167]
### 10.3.1 Photon Blockade

Due to the $\sqrt{n+1}$-dependence of the energy-level splittings, the atom-cavity system can act effectively as a highly nonlinear optical medium. One of the most striking demonstrations of this is the photon blockade effect. ${ }^{6}$ The idea here is that under the right conditions, only a single photon can occupy the cavity at once. Suppose that the incident field is tuned to one of the sidebands of the vacuum Rabi doublet (say the red sideband), for the case when the cavity and atomic resonances coincide. This corresponds to a probe frequency $\omega_{p}=\omega-g$.


In this case, it is possible for a photon to enter the cavity, when the cavity state makes the transition $|\mathrm{g}, 0\rangle \longrightarrow|-,(1)\rangle$. However, if another photon is to enter the cavity, the atom must make the transition to the state $|-,(2)\rangle$. But the splitting for the two-photon manifold is $\sqrt{2}$ larger than for the one-photon manifold, and thus this second transition has a resonant frequency $(2 \omega-\sqrt{2} g)-(\omega-g)=\omega-(\sqrt{2}-1) g$. Thus, the probe field is detuned by $(\sqrt{2}-2) g$ from the second transition. If $g$ is large, much larger than the widths of these transitions (when we include dissipative effect), then the second transition is suppressed, and at most one photon occupies the cavity at once. The cavity output is thus antibunched, even for a coherent input light.

### 10.3.2 Atom-Photon "Molecule"

Of course, the splittings of the dressed states are space-dependent, and this can lead to dipole forces when the cavity photon number is nonzero in steady state. In fact, for large $g$, the dipole forces can be appreciable even for a cavity photon number of around unity. The dipole forces are sufficiently strong that they can trap an atom inside the cavity. This is something really remarkable: a single atom is bound by the dipole force to the field due to a single photon. This is called the "atom-photon molecule," since it represents a mechanically bound state of an atom and a photon. ${ }^{7}$ The key to getting such high coupling strengths is to make the cavity mode volume $V$ very small, which from Eq. (10.12) we see makes $g$ large: the cavities in these experiments were spherical-mirror Fabry-Perot cavities with mirror separations of only $10 \mu \mathrm{~m}$. (They also had very high reflectance coatings, and achieved near-record finesses in the $10^{5}$ range.)

How does the atom get in there in the first place? Cesium atoms were cooled and trapped in a usual MOT, placed above the cavity, and then dropped. The density is low enough that only one atom at a time crosses through the cavity. You can actually see the atoms crossing through the cavity in real time, by tuning a weak probe laser to one of the vacuum-Rabi sidebands (normal modes or dressed-state transitions).

[^168]The splitting is zero when there is no atom in the cavity, and the probe is thus not transmitted. An atom crossing event is marked by a spike in the cavity transmission, at which time the probe intensity can simply be increased to trap the atom.

### 10.4 Refinements of the Model

For completeness, we will give some modifications to the Jaynes-Cummings model that make it more realistic. For the moment, we will just state them without proof, since they are quite reasonable, and we will defer the derivations of these results until Chapter 12.

The first modification that we can put in is atomic spontaneous emission, or the interaction of the atom with all the other modes, particularly outside the cavity. From the semiclassical treatment, we can simply tack on a Lindblad term to the master equation to obtain

$$
\begin{equation*}
\partial_{t} \rho=-\frac{i}{\hbar}[H, \rho]+\Gamma \mathcal{D}[\sigma] \rho, \tag{10.25}
\end{equation*}
$$

where the Hamiltonian $H$ is given in Eq. (10.14). This is pretty straightforward, although since the cavity modifies the local vacuum modes, the decay rate $\Gamma$ may not be the same as the free-space value. The enhancement of the spontaneous-emission rate by a resonant cavity is called the Purcell effect, ${ }^{8}$ but the spontaneous-emission rate can also be suppressed by an off-resonant cavity.

Along the same lines, the cavity intensity also decays. The cavity is just a harmonic oscillator, and we can use a decay term of the same form as for spontaneous emission. The total master equation then becomes

$$
\begin{equation*}
\partial_{t} \rho=-\frac{i}{\hbar}[H, \rho]+\Gamma \mathcal{D}[\sigma] \rho+\kappa \mathcal{D}[a] \rho \tag{10.26}
\end{equation*}
$$

where $\kappa$ is the decay rate of the cavity energy (it is also common to use the convention where $\kappa$ is the field decay rate, which would be smaller by a factor of 2 ). Recall that we already analyzed the harmonic oscillator with this type of damping in Section 5.6.1.2, where we saw that it is consistent with the classical damped oscillator (here, the classical damped oscillator being the classical damped cavity).

These damping rates can obviously have a strong effect on the cavity dynamics, particularly the Hamiltonian dynamics that we analyzed above. For the Jaynes-Cummings model to give a good approximation to the true dynamics, the atom-cavity system must be in the regime of strong coupling, where $g \gg \kappa, \Gamma$. In this case the dissipation is relatively slow, and the dynamics are Hamiltonian for short times. Note that "strong coupling" is sometimes also used for $g \gg \Gamma$, where the atomic emission is primarily into the cavity mode and not into other vacuum modes.

Finally, a source of energy is typically necessary for interesting atom-field interactions. Of course, the cavity can in principle be prepared in an arbitrary initial state, but damping will drive the system towards the vacuum steady state. It is also common to pump the cavity with an external classical field, to provide photons in steady state to drive the atom-field interaction. We can model this by adding a drive term to the Hamiltonian

$$
\begin{equation*}
H=H_{\mathrm{A}}+H_{\mathrm{F}}+H_{\mathrm{AF}}+H_{\mathrm{drive}}=\hbar \omega_{0} \sigma^{\dagger} \sigma+\hbar \omega a^{\dagger} a+\hbar g\left(\sigma a^{\dagger}+\sigma^{\dagger} a\right)+\hbar \mathscr{E}\left(a e^{i \omega_{\mathrm{L}} t}+a^{\dagger} e^{-i \omega_{\mathrm{L}} t}\right), \tag{10.27}
\end{equation*}
$$

where $\omega_{\mathrm{L}}$ is the frequency of the classical field, $\mathscr{E}=\sqrt{\kappa P / \hbar \omega_{\mathrm{L}}}$, and $P$ is the power of the driving laser. Note that this term has the same form as the semiclassical atom-field interaction in the optical Bloch equations. As we discussed before in Section 5.6.1.2, in the absence of the atom-cavity coupling, the field would settle down to a coherent state whose amplitude depends on $\mathscr{E}$ and the light-cavity detuning.

[^169]
### 10.5 Exercises

## Problem 10.1

A simple model of damping of an optical cavity is via the interaction of the cavity mode with a beam of ground-state two-level atoms, ${ }^{9}$ assuming that only one atom interacts with the cavity mode at a time, that the atoms interact briefly with the cavity mode, and that the rate at which atoms arrive is much faster than the cavity evolution. In this case, you will show that the reduced density operator for the cavity obeys the master equation

$$
\begin{equation*}
\partial_{t} \rho_{\mathrm{c}}(t)=-i \omega\left[a^{\dagger} a, \rho_{\mathrm{c}}\right]+\kappa \mathcal{D}[a] \rho_{\mathrm{c}} \tag{10.28}
\end{equation*}
$$

where $\rho_{\mathrm{C}}(t)$ is the reduced density operator for the cavity.
(a) Assume that the atom-cavity interaction occurs via the Jaynes-Cummings Hamiltonian. Assuming that the density operator at time $t$ is of the form $\rho(t)=\rho_{\mathrm{c}}(t)|\mathrm{g}\rangle\langle\mathrm{g}|$, where $\rho_{\mathrm{c}}(t)$ is the reduced density operator for the cavity, compute an expression for $\rho(t+\tau)$ to first order in $\tau$, and to second order in $g \tau$, since we will eventually take the limit as $g$ becomes large. Assume that the cavity QED coupling rate $g$ is constant during the interaction time $\tau$. Note: there are fewer terms to work out in the interaction picture, but the Schrödinger picture will work as well.
(b) Then trace over the atomic state to obtain $\rho_{\mathrm{c}}(t+\tau)$.
(c) Finally, assume that $\tau$ is small, and that immediately after one atom leaves the cavity (after the interaction of strength $g$ and time $\tau$ ), the next one immediately follows and does the same thing. Then take the limit $\tau \longrightarrow 0$ (with $g \longrightarrow \infty$ in some sensible way) and write down a differential equation for $\rho_{\mathrm{c}}(t)$. What is $\kappa$ ?

## Problem 10.2

A two-level atom initially in the superposition

$$
\begin{equation*}
|\psi\rangle=\frac{1}{\sqrt{2}}[|\mathrm{~g}\rangle+|\mathrm{e}\rangle] \tag{10.29}
\end{equation*}
$$

passes slowly across the mode volume of an optical cavity. Assume the cavity to contain photons in only one field mode, which is tuned far off the atomic resonance, and ignore things like spontaneous emission and cavity decay. Explain qualitatively why a measurement of the phase of the atom after the interaction acts as a measurement of the cavity photon number. Indicate how the phase shift should scale with the photon number, assuming a small atom-field coupling rate.

## Problem 10.3

In Problem 10.1, you worked out a simple model for the damping of a cavity due to a beam of two-level atoms. There, the resonant atom-cavity systems lead to energy dissipation in the absorptive regime. In this problem you will work out an example of cavity damping in the dispersive regime. Consider the same cavity, with a beam of two-level atoms crossing the cavity one at a time, treating the atom-cavity coupling via the Jaynes-Cummings model, but now where the atom-cavity detuning is large $(|\Delta| \gg g)$.
(a) Recall that for very large detunings, we can identify the bare atom-cavity states $|\mathrm{e}, n\rangle|\mathrm{g}, n+1\rangle$ with their dressed counterparts. Use what you know about the semiclassical and Jaynes-Cummings dressed states to write down the ac Stark shifts for these states due to an atom-cavity coupling rate $g$. Show that your answer agrees with the ac Stark shifts we derived for the two-level atom interacting with a classical field.
(b) As the atoms cross the cavity, the coupling rate $g(t)$ varies with time (going from zero to a maximum and back to zero). Assume that $g(t)$ changes slowly with time so that the dressed states are adiabatic

[^170]eigenstates, and then use the results of part (a) to argue that the atom-field interaction Hamiltonian can be replaced by the effective interaction
\[

$$
\begin{equation*}
H_{\mathrm{int}}=\frac{\hbar g^{2}(t)}{\Delta}\left(a^{\dagger} a \sigma \sigma^{\dagger}-a a^{\dagger} \sigma^{\dagger} \sigma\right) \tag{10.30}
\end{equation*}
$$

\]

(c) Suppose that each atom starts in the initial state

$$
\begin{equation*}
|\psi\rangle=\frac{1}{\sqrt{2}}\left(|\mathrm{~g}\rangle+e^{i \theta}|\mathrm{e}\rangle\right) \tag{10.31}
\end{equation*}
$$

Show that under the effective interaction of part (b), the relative phase $\theta$ changes according to the cavity state, and thus realizes a (nondemolition) measurement of the cavity photon number. Write down an expression for $\delta \theta$, assuming the cavity to be in state $|n\rangle$.
(d) Finally, suppose one atom crosses the cavity in each time interval of duration $\tau$, with the above initial state, but with $\theta$ random (what is the atomic density operator?). Assume $\tau$ to be long enough that $g(t)$ varies slowly, but fast compared to the cavity dynamics. Thus, you may trace over the atomic states and then formally take the limit $\tau \longrightarrow 0$ (keeping the lowest-order terms in the atom-field coupling necessary to obtain the simplest nontrivial result) to derive a master equation for the cavity state of the form

$$
\begin{equation*}
\partial_{t} \rho_{\mathrm{c}}=-\frac{i}{\hbar}\left[H_{0}, \rho_{\mathrm{c}}\right]+\gamma \mathcal{D}\left[a^{\dagger} a\right] \rho_{\mathrm{c}} . \tag{10.32}
\end{equation*}
$$

Give a physical interpretation to the damping equations you find (especially regarding energy dissipation).

## Chapter 11

## Spontaneous Emission

### 11.1 Atom-Field Coupling

Here we will consider the spontaneous decay of an atomic excited level due to coupling to the vacuum field, according to the treatment of Weisskopf and Wigner ${ }^{1}$. We will also consider corrections and extensions to this result as well as the implications of this treatment for the spontaneous-emission master equation. The uncoupled Hamiltonian for a two-level atom and the field (including a sum over all field modes) is

$$
\begin{equation*}
H_{0}=\hbar \omega_{0}|\mathrm{e}\rangle\langle\mathrm{e}|+\sum_{\mathbf{k}, \zeta} \hbar \omega_{\mathbf{k}}\left(a_{\mathbf{k}, \zeta}^{\dagger} a_{\mathbf{k}, \zeta}+\frac{1}{2}\right) \tag{11.1}
\end{equation*}
$$

where the ground state has zero energy, $\omega_{0}$ is the atomic transition frequency, the wave vector $\mathbf{k}$ labels the field modes of different frequency and orientation, the index $\zeta$ labels the two independent polarizations, and $a_{\mathbf{k}, \zeta}$ is the annihilation operator for the $(\mathbf{k}, \zeta)$ mode. We will write the eigenstates that we need of the free Hamiltonian in the form $\left|\alpha, n_{\mathbf{k}, \zeta}\right\rangle$, which means that the atom is in state $|\alpha\rangle$, while the field mode ( $\mathbf{k}, \zeta$ ) has $n$ photons (other modes not explicitly labeled are in the vacuum state). We use the dipole form of the atom-field interaction Hamiltonian

$$
\begin{equation*}
H_{\mathrm{AF}}=-\mathbf{d} \cdot \mathbf{E}, \tag{11.2}
\end{equation*}
$$

where as before the dipole operator is

$$
\begin{equation*}
\mathbf{d}=\langle\mathrm{g}| \mathbf{d}|\mathrm{e}\rangle(|\mathrm{g}\rangle\langle\mathrm{e}|+|\mathrm{e}\rangle\langle\mathrm{g}|)=: \mathbf{d}_{\mathrm{ge}}\left(\sigma+\sigma^{\dagger}\right) \tag{11.3}
\end{equation*}
$$

Here, $\sigma:=|\mathrm{g}\rangle\langle\mathrm{e}|$ is the atomic lowering operator, and $\mathbf{d}_{\mathrm{ge}}:=\langle\mathrm{g}| \mathbf{d}|\mathrm{e}\rangle$ is the dipole matrix element for the atomic transition. We can write the electric field modes as

$$
\begin{equation*}
\mathbf{E}_{\mathbf{k}, \zeta}(\mathbf{r})=\sqrt{\frac{\hbar \omega_{\mathbf{k}}}{2 \epsilon_{0}}} \mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r}) a_{\mathbf{k}, \zeta}+\text { H.c. } \tag{11.4}
\end{equation*}
$$

where the $\mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r})$ are normalized (classical) mode functions. Thus, the interaction Hamiltonian becomes

$$
\begin{equation*}
H_{\mathrm{AF}}=-\sum_{\mathbf{k}, \zeta} \sqrt{\frac{\hbar \omega_{\mathbf{k}}}{2 \epsilon_{0}}}\left(\sigma+\sigma^{\dagger}\right) \mathbf{d}_{\mathrm{ge}} \cdot\left(\mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r}) a_{\mathbf{k}, \zeta}+\mathbf{f}_{\mathbf{k}, \zeta}^{*}(\mathbf{r}) a_{\mathbf{k}, \zeta}^{\dagger}\right) \tag{11.5}
\end{equation*}
$$

[^171]In the rotating-wave approximation, we drop the energy nonconserving terms, so that

$$
\begin{align*}
H_{\mathrm{AF}} & =-\sum_{\mathbf{k}, \zeta} \sqrt{\frac{\hbar \omega_{\mathbf{k}}}{2 \epsilon_{0}}} \mathbf{d}_{\mathrm{ge}} \cdot\left(\sigma^{\dagger} a_{\mathbf{k}, \zeta} \mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r})+\sigma a_{\mathbf{k}, \zeta}^{\dagger} \mathbf{f}_{\mathbf{k}, \zeta}^{*}(\mathbf{r})\right)  \tag{11.6}\\
& =\sum_{\mathbf{k}, \zeta} \hbar\left(g_{\mathbf{k}, \zeta} \sigma^{\dagger} a_{\mathbf{k}, \zeta}+g_{\mathbf{k}, \zeta}^{*} \sigma a_{\mathbf{k}, \zeta}^{\dagger}\right)
\end{align*}
$$

where the coupling factor (one-photon Rabi frequency) is defined as

$$
\begin{equation*}
g_{\mathbf{k}, \zeta}(\mathbf{r}):=-\sqrt{\frac{\omega_{\mathbf{k}}}{2 \epsilon_{0} \hbar}} \mathbf{d}_{\mathrm{ge}} \cdot \mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r}) \tag{11.7}
\end{equation*}
$$

for each mode.

### 11.2 Evolution

Again, we will write the eigenstates that we need of the free Hamiltonian in the form $\left|\alpha, n_{\mathbf{k}, \zeta}\right\rangle$, which means that the atom is in state $|\alpha\rangle$, while the field mode $(\mathbf{k}, \zeta)$ has $n$ photons (other modes not explicitly labeled are in the vacuum state). We will assume that the atom is initially excited, and the field is in the vacuum state. According to the interaction (11.6), the only states coupled to the initial state are where the atom is in the ground state and one photon is present. Thus, we may write the state of the atom and field as

$$
\begin{equation*}
|\psi\rangle=c_{\mathrm{e}}|\mathrm{e}\rangle+\sum_{\mathbf{k}, \zeta} c_{\mathbf{k}, \zeta}\left|\mathrm{g}, 1_{\mathbf{k}, \zeta}\right\rangle \tag{11.8}
\end{equation*}
$$

The evolution is given by the Schrödinger equation,

$$
\begin{equation*}
\partial_{t}|\psi\rangle=-\frac{i}{\hbar}\left(H_{0}+H_{\mathrm{AF}}\right)|\psi\rangle \tag{11.9}
\end{equation*}
$$

which gives the following coupled equations for the amplitudes:

$$
\begin{align*}
\partial_{t} c_{\mathrm{e}} & =-i \omega_{0} c_{\mathrm{e}}-i \sum_{\mathbf{k}, \zeta} g_{\mathbf{k}, \zeta} c_{\mathbf{k}, \zeta}  \tag{11.10}\\
\partial_{t} c_{\mathbf{k}, \zeta} & =-i \omega_{\mathbf{k}} c_{\mathbf{k}, \zeta}-i g_{\mathbf{k}, \zeta}^{*} c_{\mathrm{e}} .
\end{align*}
$$

Now we will define slowly varying amplitudes

$$
\begin{equation*}
\tilde{c}_{\mathrm{e}}:=c_{\mathrm{e}} e^{i \omega_{0} t}, \quad \tilde{c}_{\mathbf{k}, \zeta}:=c_{\mathbf{k}, \zeta} e^{i \omega_{\mathbf{k}} t} \tag{11.11}
\end{equation*}
$$

in terms of which the equations of motion (11.10) become

$$
\begin{align*}
\partial_{t} \tilde{c}_{\mathrm{e}} & =-i \sum_{\mathbf{k}, \zeta} g_{\mathbf{k}, \zeta} \tilde{c}_{\mathbf{k}, \zeta} e^{-i\left(\omega_{\mathbf{k}}-\omega_{0}\right) t}  \tag{11.12}\\
\partial_{t} \tilde{c}_{\mathbf{k}, \zeta} & =-i g_{\mathbf{k}, \zeta}^{*} \tilde{c}_{\mathrm{e}} e^{i\left(\omega_{\mathbf{k}}-\omega_{0}\right) t} .
\end{align*}
$$

Integrating the second equation, we find

$$
\begin{equation*}
\tilde{c}_{\mathbf{k}, \zeta}(t)=-i g_{\mathbf{k}, \zeta}^{*} \int_{0}^{t} d t^{\prime} \tilde{c}_{\mathrm{e}}\left(t^{\prime}\right) e^{i\left(\omega_{\mathbf{k}}-\omega_{0}\right) t^{\prime}} \tag{11.13}
\end{equation*}
$$

We can use this in the first of Eqs. (11.12) to decouple the equations,

$$
\begin{equation*}
\partial_{t} \tilde{c}_{\mathrm{e}}=-\sum_{\mathbf{k}, \zeta}\left|g_{\mathbf{k}, \zeta}\right|^{2} \int_{0}^{t} d t^{\prime} \tilde{c}_{\mathrm{e}}\left(t^{\prime}\right) e^{-i\left(\omega_{\mathbf{k}}-\omega_{0}\right)\left(t-t^{\prime}\right)} \tag{11.14}
\end{equation*}
$$

so that now we must simply evaluate this expression to uncover the decay process.

### 11.3 Large-Box Limit

Now we can put in the explicit form of the coupling factor from Eq. (11.7):

$$
\begin{equation*}
\partial_{t} \tilde{c}_{\mathrm{e}}=-\frac{1}{2 \epsilon_{0} \hbar} \sum_{\mathbf{k}, \zeta}\left|\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \mathbf{d}_{\mathrm{ge}}\right|^{2} \omega_{\mathbf{k}}\left|f_{\mathbf{k}, \zeta}(\mathbf{r})\right|^{2} \int_{0}^{t} d t^{\prime} \tilde{c}_{\mathrm{e}}\left(t^{\prime}\right) e^{-i\left(\omega_{\mathbf{k}}-\omega_{0}\right)\left(t-t^{\prime}\right)} \tag{11.15}
\end{equation*}
$$

where we used

$$
\begin{equation*}
\left|\mathbf{d}_{\mathrm{ge}} \cdot \mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r})\right|^{2}=\left|\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \mathbf{d}_{\mathrm{ge}}\right|^{2}\left|f_{\mathbf{k}, \zeta}(\mathbf{r})\right|^{2} \tag{11.16}
\end{equation*}
$$

and where $\hat{\varepsilon}_{\mathbf{k}, \zeta}$ is the local polarization unit vector for the field mode. Also, note that for the spherically symmetric atom,

$$
\begin{equation*}
\left|\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \mathbf{d}_{\mathrm{ge}}\right|^{2}=\left|\hat{z} \cdot \mathbf{d}_{\mathrm{ge}}\right|^{2}=\frac{1}{3} d_{\mathrm{ge}}^{2} \tag{11.17}
\end{equation*}
$$

since $d^{2}=e^{2} r^{2}=e^{2}\left(x^{2}+y^{2}+z^{2}\right)$.
Now we can put in the explicit $(\mathbf{k}, \zeta)$ modes. In free space, from Section 8.4.2, the mode functions are

$$
\begin{equation*}
\mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r})=\frac{1}{\sqrt{V}} \hat{\varepsilon}_{\mathbf{k}, \zeta} e^{i \mathbf{k} \cdot \mathbf{r}} \tag{11.18}
\end{equation*}
$$

and so

$$
\begin{equation*}
\left|\mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r})\right|^{2}=\frac{1}{V} \tag{11.19}
\end{equation*}
$$

where $V$ is the quantization volume, and summing over both polarizations simply gives an extra factor of 2 :

$$
\begin{equation*}
\partial_{t} \tilde{c}_{\mathrm{e}}=-\frac{d_{\mathrm{ge}}^{2}}{3 \epsilon_{0} \hbar V} \sum_{\mathbf{k}} \omega_{\mathbf{k}} \int_{0}^{t} d t^{\prime} \tilde{c}_{\mathrm{e}}\left(t^{\prime}\right) e^{-i\left(\omega_{\mathbf{k}}-\omega_{0}\right)\left(t-t^{\prime}\right)} \tag{11.20}
\end{equation*}
$$

The next step is to evaluate the wave-vector sum in the continuum limit.
When the box becomes large $(V \longrightarrow \infty)$, the spacing between the modes becomes small. (We covered this procedure when working out the free-space commutators in Section 8.6.1.2, but we'll review it to keep this self-contained.) In this limit, an integral of a function is equivalent to a sum weighted by the mode spacings. Since the modes exist only for positive and negative $k_{\alpha}$, we can write

$$
\begin{equation*}
\sum_{\mathbf{k}} f(\mathbf{k}) \Delta k_{x} \Delta k_{y} \Delta k_{z} \longrightarrow \int_{-\infty}^{\infty} d k_{x} \int_{-\infty}^{\infty} d k_{y} \int_{-\infty}^{\infty} d k_{z} f(\mathbf{k}) \tag{11.21}
\end{equation*}
$$

for an arbitrary function $f(\mathbf{k})$. Since

$$
\begin{equation*}
\Delta k_{\alpha}=\frac{2 \pi}{L} \tag{11.22}
\end{equation*}
$$

we can thus make the formal replacement

$$
\begin{equation*}
\sum_{\mathbf{k}} \longrightarrow \frac{V}{(2 \pi)^{3}} \int_{-\infty}^{\infty} d k_{x} \int_{-\infty}^{\infty} d k_{y} \int_{-\infty}^{\infty} d k_{z} \tag{11.23}
\end{equation*}
$$

where $V=L^{3}$. Thus, we can write the equation of motion as

$$
\begin{align*}
\partial_{t} \tilde{c}_{\mathrm{e}} & =-\frac{d_{\mathrm{ge}}^{2}}{3 \epsilon_{0} \hbar(2 \pi)^{3}} \int d^{3} k \omega_{\mathbf{k}} \int_{0}^{t} d t^{\prime} \tilde{c}_{\mathrm{e}}\left(t^{\prime}\right) e^{-i\left(\omega_{\mathbf{k}}-\omega_{0}\right)\left(t-t^{\prime}\right)} \\
& =-\frac{d_{\mathrm{ge}}^{2} c}{6 \pi^{2} \epsilon_{0} \hbar} \int_{0}^{\infty} d k k^{3} \int_{0}^{t} d t^{\prime} \tilde{c}_{\mathrm{e}}\left(t^{\prime}\right) e^{-i\left(\omega_{\mathbf{k}}-\omega_{0}\right)\left(t-t^{\prime}\right)}  \tag{11.24}\\
& =-\frac{d_{\mathrm{ge}}^{2}}{6 \pi^{2} \epsilon_{0} \hbar c^{3}} \int_{0}^{\infty} d \omega \omega^{3} \int_{0}^{t} d t^{\prime} \tilde{c}_{\mathrm{e}}\left(t^{\prime}\right) e^{-i\left(\omega-\omega_{0}\right)\left(t-t^{\prime}\right)}
\end{align*}
$$

where we have now carried out the angular integrals in spherical coordinates, and we are using $\omega=\omega_{\mathbf{k}}=c k$. Note here the characteristic $\omega^{3}$ dependence, due partially to the frequency dependence of the vacuum density of states and also due to the explicit frequency dependence of $H_{\mathrm{AF}}$, which will become manifest as an $\omega_{0}^{3}$ dependence of the spontaneous decay rate (see Section 11.6.1 for an explicit calculation of the spontaneous decay rate in terms of the density of states).

### 11.4 Decay Rate

We can now note that $\tilde{c}_{\mathrm{e}}\left(t^{\prime}\right)$ varies slowly on optical time scales. Also, $\omega^{3}$ is slowly varying compared to the exponential factor in Eq. (11.24), which oscillates rapidly (at least for large times $t$ ) about zero except when $t \approx t^{\prime}$ and $\omega \approx \omega_{0}$. Thus, we will get a negligible contribution from the $\omega$ integral away from $\omega=\omega_{0}$. Thus, we will make the replacement $\omega^{3} \longrightarrow \omega_{0}^{3}$ :

$$
\begin{equation*}
\partial_{t} \tilde{c}_{\mathrm{e}}=-\frac{\omega_{0}^{3} d_{\mathrm{ge}}^{2}}{6 \pi^{2} \epsilon_{0} \hbar c^{3}} \int_{0}^{\infty} d \omega \int_{0}^{t} d t^{\prime} \tilde{c}_{\mathrm{e}}\left(t^{\prime}\right) e^{-i\left(\omega-\omega_{0}\right)\left(t-t^{\prime}\right)} \tag{11.25}
\end{equation*}
$$

The same argument gives

$$
\begin{equation*}
\int_{0}^{\infty} d \omega e^{-i\left(\omega-\omega_{0}\right)\left(t-t^{\prime}\right)} \approx \int_{-\infty}^{\infty} d \omega e^{-i\left(\omega-\omega_{0}\right)\left(t-t^{\prime}\right)}=2 \pi \delta\left(t-t^{\prime}\right) \tag{11.26}
\end{equation*}
$$

We can see from this that our argument here about the exponential factor is equivalent to the Markovian approximation. Thus,

$$
\begin{align*}
\partial_{t} \tilde{c}_{\mathrm{e}} & =-\frac{\omega_{0}^{3} d_{\mathrm{ge}}^{2}}{3 \pi \epsilon_{0} \hbar c^{3}} \int_{0}^{t} d t^{\prime} \tilde{c}_{\mathrm{e}}\left(t^{\prime}\right) \delta\left(t-t^{\prime}\right)  \tag{11.27}\\
& =-\frac{\omega_{0}^{3} d_{\mathrm{ge}}^{2}}{3 \pi \epsilon_{0} \hbar c^{3}} \frac{\tilde{c}_{\mathrm{e}}(t)}{2}
\end{align*}
$$

Here, we have split the $\delta$-function since the upper limit of the $t^{\prime}$ integral was $t$, in view of the original form (11.25) for the $t^{\prime}$ integral, where the integration limit is centered at the peak of the exponential factor. We can rewrite the final result as

$$
\begin{equation*}
\partial_{t} \tilde{c}_{\mathrm{e}}=-\frac{\Gamma}{2} \tilde{c}_{\mathrm{e}} \tag{11.28}
\end{equation*}
$$

where the spontaneous decay rate is given by

$$
\begin{equation*}
\Gamma:=\frac{\omega_{0}^{3} d_{\mathrm{ge}}^{2}}{3 \pi \epsilon_{0} \hbar c^{3}} \tag{11.29}
\end{equation*}
$$

(spontaneous decay rate)
This decay rate is of course defined so that the probability decays exponentially at the rate $\Gamma$ :

$$
\begin{equation*}
\tilde{c}_{\mathrm{e}}(t)=\tilde{c}_{\mathrm{e}}(0) e^{-\Gamma t / 2}, \quad\left|\tilde{c}_{\mathrm{e}}(t)\right|^{2}=\left|\tilde{c}_{\mathrm{e}}(0)\right|^{2} e^{-\Gamma t} \tag{11.30}
\end{equation*}
$$

Also, note that

$$
\begin{equation*}
\partial_{t} c_{\mathrm{e}}=\left(-i \omega_{0}-\frac{\Gamma}{2}\right) c_{\mathrm{e}} \tag{11.31}
\end{equation*}
$$

after transforming out of the slow variables. Thus, we now have the an expression for the spontaneous decay rate in terms of the atomic parameters, which comes from a fully quantum treatment of the atom-field interaction. Recall that we derived this same expression earlier in Eq. (5.242) by comparing the optical Bloch equations to the rate equations; that result was correct because the rate equations are valid for the thermal quantum state of the field.

So what is the decay rate, typically? If we assume an optical transition, $\omega_{0} / 2 \pi=400 \mathrm{THz}$, and a dipole matrix element of order $d_{\text {ge }} \sim e a_{0}$, where the Bohr radius $a_{0} \approx 0.5 \AA$, then we get a decay rate of $\Gamma \sim 5 \times 10^{6} \mathrm{~s}^{-1}$. This is a reasonably good estimate, although for the larger alkalis, the decay rate is slightly larger (around $30 \times 10^{6} \mathrm{~s}^{-1}$ ), since the dipole matrix elements have larger magnitudes for these large atoms. However, this justifies our assertion that $\tilde{c}_{\mathrm{e}}$ is a slowly varying amplitude (slow compared to the optical frequency).

Finally, we note that we are only treating the decay of two-level atoms here, whereas real atoms are more complicated. We already treated the case of degeneracy due to angular momentum in Section (7.3.7.4). There we considered the decay of the $J_{\mathrm{g}} \longrightarrow J_{\mathrm{e}}$ fine-structure transition (with $J_{\mathrm{e}}$ being the excited state
as usual). Then the decay rate from sublevel $\left|J_{\mathrm{e}} m_{\mathrm{e}}\right\rangle \longrightarrow\left|J_{\mathrm{g}} m_{\mathrm{g}}\right\rangle$ is just given by Eq. (11.29) with the appropriate matrix element:

$$
\begin{equation*}
\left.\Gamma_{J_{\mathrm{g}}, m_{\mathrm{g}} ; J_{\mathrm{e}}, m_{\mathrm{e}}}=\frac{\omega_{0}^{3}}{3 \pi \epsilon_{0} \hbar c^{3}}\left|\left\langle J_{\mathrm{g}} m_{\mathrm{g}}\right| \mathbf{d}\right| J_{\mathrm{e}} m_{\mathrm{e}}\right\rangle\left.\right|^{2} \tag{11.32}
\end{equation*}
$$

With the normalization conventions assumed for the reduced matrix element, we found

$$
\begin{equation*}
\Gamma_{J_{\mathrm{g}} J_{\mathrm{e}}}=\frac{\omega_{0}^{3}}{3 \pi \epsilon_{0} \hbar c^{3}} \frac{2 J_{\mathrm{g}}+1}{2 J_{\mathrm{e}}+1}\left|\left\langle J_{\mathrm{g}}\|\mathbf{d}\| J_{\mathrm{e}}\right\rangle\right|^{2} \tag{11.33}
\end{equation*}
$$

(spontaneous decay rate, fine-structure transition)
for the decay rate in terms of the reduced dipole matrix element. This same formula also applies to hyperfine transitions.

### 11.5 Master Equation for Spontaneous Emission

To arrive at the usual damping part of the master equation for the atom due to spontaneous emission (i.e., the damping part of the optical Bloch equations). We thus want to consider the reduced density operator for the evolution of the atomic state, tracing over the state of the field. Here we will compute the individual matrix elements

$$
\begin{equation*}
\rho_{\alpha \beta}:=\langle\alpha| \rho|\beta\rangle \tag{11.34}
\end{equation*}
$$

for the atomic state.
The easiest matrix element to treat is the excited-level population,

$$
\begin{equation*}
\rho_{\mathrm{ee}}=c_{\mathrm{e}} c_{\mathrm{e}}^{*} . \tag{11.35}
\end{equation*}
$$

Differentiating this equation and using (11.31) gives

$$
\begin{equation*}
\partial_{t} \rho_{\mathrm{ee}}=-\Gamma \rho_{\mathrm{ee}} \tag{11.36}
\end{equation*}
$$

The matrix element for the ground-state population follows from summing over all the other states:

$$
\begin{equation*}
\rho_{\mathrm{gg}}:=\sum_{\zeta} \int d \mathbf{k} \tilde{c}_{\mathbf{k}, \zeta} \tilde{c}_{\mathbf{k}, \zeta}^{*} \tag{11.37}
\end{equation*}
$$

Notice that the states $|e\rangle$ and $|g\rangle$ are effectively degenerate, but when we eliminate the field, we want $|e\rangle$ to have $\hbar \omega_{0}$ more energy than the ground state. The shortcut for doing this is to realize that the latter situation corresponds to the "interaction picture" with respect to the field, where we use the slowly varying ground-state amplitudes $\tilde{c}_{\mathbf{k}, \zeta}$ (which have been boosted down in energy by $\hbar \omega_{\mathbf{k}}$ to where we expect the atomic ground state should be) but the standard excited-state amplitude $c_{\mathrm{e}}$. This explains why we use regular coefficients in Eq. (11.35) but the slow variables in Eq. (11.37). Since by construction $\rho_{\mathrm{ee}}+\rho_{\mathrm{gg}}=1$,

$$
\begin{equation*}
\partial_{t} \rho_{\mathrm{gg}}=\Gamma \rho_{\mathrm{ee}} \tag{11.38}
\end{equation*}
$$

Finally, the coherences are

$$
\begin{equation*}
\rho_{\mathrm{ge}}:=\sum_{\zeta} \int d \mathbf{k} \tilde{c}_{\mathbf{k}, \zeta} c_{\mathrm{e}}^{*}, \quad \rho_{\mathrm{eg}}=\rho_{\mathrm{ge}}^{*} \tag{11.39}
\end{equation*}
$$

and so the corresponding equation of motion is

$$
\begin{equation*}
\partial_{t} \rho_{\mathrm{ge}}=\sum_{\zeta} \int d \mathbf{k} \tilde{c}_{\mathbf{k}, \zeta}\left(i \omega_{0}-\frac{\Gamma}{2}\right) c_{\mathrm{e}}^{*}=\left(i \omega_{0}-\frac{\Gamma}{2}\right) \rho_{\mathrm{ge}} \tag{11.40}
\end{equation*}
$$

We have taken the time derivatives of the $\tilde{c}_{\mathbf{k}, \zeta}$ to be zero here. From Eq. (11.12), the time derivatives, when summed over all modes, will in general correspond to a sum over amplitudes with rapidly varying phases,
and thus their contributions will cancel (though note we're glossing over what happens at $t=0$, where the phase is stationary).

Notice that what we have derived are exactly the same matrix elements generated by the master equation

$$
\begin{equation*}
\partial_{t} \rho=-\frac{i}{\hbar}\left[H_{\mathrm{A}}, \rho\right]+\Gamma \mathcal{D}[\sigma] \rho, \tag{11.41}
\end{equation*}
$$

where once again the form of the Lindblad superoperator $\mathcal{D}[\sigma] \rho$ is given by

$$
\begin{equation*}
\mathcal{D}[c] \rho:=c \rho c^{\dagger}-\frac{1}{2}\left(c^{\dagger} c \rho+\rho c^{\dagger} c\right), \tag{11.42}
\end{equation*}
$$

and the atomic Hamiltonian is

$$
\begin{equation*}
H_{\mathrm{A}}:=\hbar \omega_{0}|\mathrm{e}\rangle\langle\mathrm{e}| \tag{11.43}
\end{equation*}
$$

That is, the damping term here represents the same damping as in the optical Bloch equations.

### 11.6 Fermi's Golden Rule

Now we will rederive the spontaneous-emission rate from a more general approach that applies to any quantum decay problem or transition to a continuum of states. We will then recover the result (11.29) for the rate of spontaneous emission in free space. Later, in Section (14.3.10), we will also use this approach to see how the rate of spontaneous emission is modified in the presence of a macroscopic body, such as a mirror or a cavity.

Let's consider a transition from an initial state $|i\rangle$ to a final state $|f\rangle$, where $|i\rangle$ and $|f\rangle$ are eigenstates of some background Hamiltonian $H_{0}$. The transition is due to the constant perturbation Hamiltonian $H_{\text {int }}$. We assume the state of the system at $t=0$ to be $|\mathrm{i}\rangle$, and then consider the effect of $H_{\mathrm{int}}$ for $t>0$. We will solve this problem by noting that we have already solved it in Section 5.2.2. In the setup of that problem, we showed that a two-level atom interacting with a monochromatic field is equivalent to a two-state system interacting with a dc perturbation, after making the rotating-wave approximation and transforming to the rotating frame of the field. Thus, we will make some formal identifications with the two-level atom problem. First, we can identify the free atomic Hamiltonian $\tilde{H}_{\mathrm{A}}$ for the two-level atom in the rotating frame with the background Hamiltonian in the present problem,

$$
\begin{equation*}
\tilde{H}_{\mathrm{A}}=-\hbar \Delta|\mathrm{e}\rangle\langle\mathrm{e}| \quad \longleftrightarrow \quad H_{0}=\hbar \omega_{\mathrm{fi}}|\mathrm{f}\rangle\langle\mathrm{f}| \tag{11.44}
\end{equation*}
$$

where $\hbar \omega_{\mathrm{fi}}:=E_{\mathrm{f}}-E_{\mathrm{i}}$ is the energy difference of the initial and final states, and we take $E_{\mathrm{i}}=0$. We can further identify the atom-field interaction Hamiltonian $\tilde{H}_{\mathrm{AF}}$ for the two-level atom with the perturbation Hamiltonian $H_{\text {int }}$,

$$
\begin{equation*}
\tilde{H}_{\mathrm{AF}}=\frac{\hbar}{2}\left[\Omega^{*} \sigma+\Omega \sigma^{\dagger}\right] \quad \longleftrightarrow \quad H_{\mathrm{int}}=\langle\mathrm{i}| H_{\mathrm{int}}|\mathrm{f}\rangle|\mathrm{i}\rangle\langle\mathrm{f}|+\text { H.c. } \tag{11.45}
\end{equation*}
$$

where we are taking the form of $\tilde{H}_{\mathrm{AF}}$ generalized to a complex Rabi frequency $\Omega$, as in Eq. (5.406), and $\sigma$ is the usual atomic lowering operator. Note that we ignore diagonal matrix elements of $H_{\mathrm{int}}$, as is appropriate for the dipole-interaction Hamiltonian (i.e., we can absorb any diagonal matrix elements of $H_{\text {int }}$ into $H_{0}$ ). We showed that the solution to the two-level atom problem is [Eq. (5.60)]

$$
\begin{equation*}
P_{\mathrm{e}}(t)=\frac{|\Omega|^{2}}{|\Omega|^{2}+\Delta^{2}} \sin ^{2}\left(\frac{1}{2} \sqrt{|\Omega|^{2}+\Delta^{2}} t\right) \tag{11.46}
\end{equation*}
$$

which gives the excitation probability given that the atom is initially in the ground state. We can map this solution to the current problem by making the identifications $|\mathrm{g}\rangle \longrightarrow|\mathrm{i}\rangle,|\mathrm{e}\rangle \longrightarrow|\mathrm{f}\rangle, \Delta \longrightarrow \omega_{\text {if }}$, and $\hbar \Omega \longrightarrow 2\langle\mathrm{f}| H_{\mathrm{int}}|\mathrm{i}\rangle$. We will further note that we are treating the interaction as a weak perturbation, so that $|\Omega| \ll|\Delta|$. Thus, the solution to the present perturbation problem is the transition probability to $|\mathrm{f}\rangle$ :

$$
\begin{equation*}
P_{\mathrm{f}}(t)=\frac{\left.4\left|\langle\mathrm{i}| H_{\mathrm{int}}\right| \mathrm{f}\right\rangle\left.\right|^{2}}{\hbar^{2} \omega_{\mathrm{if}}^{2}} \sin ^{2}\left(\frac{\omega_{\mathrm{if}} t}{2}\right), \quad(t \geq 0) \tag{11.47}
\end{equation*}
$$

Now consider the part of the above expression that depends on $\omega_{\text {if }}$. It is normalized such that

$$
\begin{equation*}
\int_{-\infty}^{\infty} d \omega_{\mathrm{if}} \frac{1}{\omega_{\mathrm{if}}^{2}} \sin ^{2}\left(\frac{\omega_{\mathrm{if}} t}{2}\right)=\frac{\pi t}{2} \tag{11.48}
\end{equation*}
$$

and the integrand is a localized function in $\omega_{\text {if }}$ with a width that scales as $1 / t$. Thus, for large $t$, when the integrand becomes a very narrow function of frequency, we may replace the integrand by a delta function:

$$
\begin{equation*}
\frac{1}{\omega_{\mathrm{if}}^{2}} \sin ^{2}\left(\frac{\omega_{\mathrm{if}} t}{2}\right) \longrightarrow \frac{\pi t}{2} \delta\left(\omega_{\mathrm{if}}\right) \tag{11.49}
\end{equation*}
$$

Thus, Eq. (11.47) becomes

$$
\begin{equation*}
\left.\left.P_{\mathrm{f}}(t)=\frac{2 \pi t}{\hbar^{2}}\left|\langle\mathrm{i}| H_{\mathrm{int}}\right| \mathrm{f}\right\rangle\left.\right|^{2} \delta\left(\omega_{\mathrm{if}}\right)=\frac{2 \pi t}{\hbar}\left|\langle\mathrm{i}| H_{\mathrm{int}}\right| \mathrm{f}\right\rangle\left.\right|^{2} \delta\left(\hbar \omega_{\mathrm{if}}\right) \tag{11.50}
\end{equation*}
$$

Thus, in the long-time limit, the excitation probability increases linearly with time. This is clearly valid only for "weak" perturbations and short times such that the excitation probability is small; on the other hand, we had to make the long-time assumption such that the time was long enough to justify the approximation by a delta function. We will return to these constraints below. In any case, the transition rate from $|\mathrm{i}\rangle$ to $|f\rangle$ is simply the time derivative of the transition probability, and we can thus write the transition rate as

$$
\begin{equation*}
\left.\Gamma_{\mathrm{i} \rightarrow \mathrm{f}}=\frac{2 \pi}{\hbar}\left|\langle\mathrm{i}| H_{\mathrm{int}}\right| \mathrm{f}\right\rangle\left.\right|^{2} \delta\left(E_{\mathrm{i}}-E_{\mathrm{f}}\right) \tag{11.51}
\end{equation*}
$$

(Fermi's Golden Rule)
The transition rate in this regime of intermediate times is time-independent, and this expression for the transition rate is Fermi's Golden Rule. This statement can also be regarded as a statement of energy conservation: transitions only occur when the energies of the initial and final states match.

The delta function in this expression really only makes sense under an integral over energies, since it represents the transition probability summed over a range of energies. This is a crucial point: it is the existence of a continuum of energy levels that causes the time-independent transition rate; otherwise, the transition rate to a discrete state oscillates in time, due to coherent Rabi flopping. Thus, suppose we consider the transition from $|i\rangle$ to a continuous set $\mathcal{F}$ of states. Then we must sum over the transition rate to all final states $|\mathrm{f}\rangle \in \mathcal{F}$. We will carry out this sum only over a narrow range $\left(E_{\mathrm{i}}-\varepsilon / 2, E_{\mathrm{i}}+\varepsilon / 2\right)$ of final states, where $\varepsilon$ defines a range of energies over which $H_{\text {int }}$ is constant. Letting $n(E)$ denote the number of states with energy less than $E$, the sum over transition rates is

$$
\begin{align*}
\Gamma_{\mathrm{i} \rightarrow \mathcal{F}} & \left.=\frac{2 \pi}{\hbar} \int_{n\left(E_{\mathrm{i}}-\varepsilon / 2\right)}^{n\left(E_{\mathrm{i}}+\varepsilon / 2\right)} d n\left(E^{\prime}\right)\left|\langle\mathrm{i}| H_{\mathrm{int}}\right| \mathrm{f}\right\rangle\left.\right|^{2} \delta\left(E_{\mathrm{i}}-E^{\prime}\right)  \tag{11.52}\\
& \left.=\frac{2 \pi}{\hbar} \int_{E_{\mathrm{i}}-\varepsilon / 2}^{E_{\mathrm{i}}+\varepsilon / 2} d E^{\prime} \rho\left(E^{\prime}\right)\left|\langle\mathrm{i}| H_{\mathrm{int}}\right| \mathrm{f}\right\rangle\left.\right|^{2} \delta\left(E_{\mathrm{i}}-E^{\prime}\right)
\end{align*}
$$

Here, $\rho(E):=d n / d E$ is the density of states, or number of states per unit energy interval. Completing the integral and taking $E_{\mathrm{f}}=E_{\mathrm{i}}$, we arrive at an alternate form of Fermi's Golden Rule:

$$
\begin{equation*}
\left.\Gamma_{\mathrm{i} \rightarrow \mathcal{F}}=\frac{2 \pi}{\hbar}\left|\langle\mathrm{i}| H_{\mathrm{int}}\right| \mathrm{f}\right\rangle\left.\right|^{2} \rho\left(E_{\mathrm{f}}\right) \tag{11.53}
\end{equation*}
$$

(Fermi's Golden Rule)
In deriving this, we also had to assume that the density of states was approximately constant over the range of integration, which sets another upper bound on $\varepsilon$. For the delta-function approximation to hold, we needed that the frequency width of the function in the expression (11.49) must be small compared to $\varepsilon / \hbar$, and thus that $t \gg \hbar / \varepsilon$, quantifying the long-time constraint we mentioned above. The short-time constraint is that $\Gamma_{\mathrm{i} \rightarrow \mathcal{F}} t \ll 1$, but typically this expression is valid to much longer times by accounting explicitly for depletion of $|\mathrm{i}\rangle$ : the decay rate holds so long as the decayed population in the states $\mathcal{F}$ do not influence the decay rate.

### 11.6.1 Free-Space Decay Rate

Now we show that Fermi's Golden Rule leads to the correct spontaneous-emission rate in free space. From the Weisskopf-Wigner treatment of spontaneous emission, the dipole interaction Hamiltonian takes the form [see Eq. (11.5)]

$$
\begin{equation*}
H_{\mathrm{AF}}=-\sum_{\mathbf{k}, \zeta} \sqrt{\frac{\hbar \omega_{\mathbf{k}}}{2 \epsilon_{0}}}\left(\sigma+\sigma^{\dagger}\right) \mathbf{d}_{\mathbf{g e}} \cdot\left(\mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r}) a_{\mathbf{k}, \zeta}+\mathbf{f}_{\mathbf{k}, \zeta}^{*}(\mathbf{r}) a_{\mathbf{k}, \zeta}^{\dagger}\right) \tag{11.54}
\end{equation*}
$$

where the field modes are labeled as usual by the wave vector $\mathbf{k}$ and the polarization index $\zeta \in\{1,2\}$, and in free space, from Section 8.4.2, the mode functions are given by

$$
\begin{equation*}
\mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r})=\frac{1}{\sqrt{V}} \hat{\varepsilon}_{\mathbf{k}, \zeta} e^{i \mathbf{k} \cdot \mathbf{r}} \tag{11.55}
\end{equation*}
$$

when quantized in the fictitious quantization volume $V$. Then considering the transition from the initial state $|\mathrm{e}\rangle$ to the set of final states of the form $\left|\mathrm{g}, 1_{\mathbf{k}, \zeta}\right\rangle$, we can write down the matrix element

$$
\begin{equation*}
\langle\mathrm{e}| H_{\mathrm{AF}}\left|\mathrm{~g}, 1_{\mathbf{k}, \zeta}\right\rangle=\sqrt{\frac{\hbar \omega_{\mathbf{k}}}{2 \epsilon_{0} V}}\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \mathbf{d}_{\mathrm{ge}}\right) e^{i \mathbf{k} \cdot \mathbf{r}} \tag{11.56}
\end{equation*}
$$

We can then compute the density of states as follows, considering only the final states with the atom in the ground state and one photon in some mode. If we assume a cubic quantization volume with $V=L^{3}$, then the wave vectors are constrained to be

$$
\begin{equation*}
k_{x, y, z}=\frac{2 \pi n_{x, y, z}}{L}=\frac{2 \pi n_{x, y, z}}{\sqrt[3]{V}} \tag{11.57}
\end{equation*}
$$

where the $n_{x^{j}}$ are any integers, as a result of the periodic boundary conditions on the quantization box. Thus, in k-space, the states form a cubic lattice with spacing $2 \pi / \sqrt[3]{V}$. We can thus associate a cubic volume of $(2 \pi)^{3} / V$ with each state in $\mathbf{k}$-space, where this mini-volume "surrounds" its particular state. Now the set of all states with energy less than $E$ is given by the set of all states in $\mathbf{k}$-space that fall within a radius of $k_{E}=E / \hbar c$ of $\mathbf{k}=0$. The volume of the sphere of this radius is $4 \pi k_{E}^{3} / 3$, and thus the number of states is given by dividing this volume by $(2 \pi)^{3} / V$, and then multiplying by 2 to count independent polarizations:

$$
\begin{equation*}
n(E)=2 \frac{4 \pi k_{E}^{3}}{3} \frac{V}{(2 \pi)^{3}}=\frac{E^{3} V}{3 \pi^{2} \hbar^{3} c^{3}} \tag{11.58}
\end{equation*}
$$

Then the density of states is

$$
\begin{equation*}
\rho(E)=\frac{d n}{d E}=\frac{E^{2} V}{\pi^{2} \hbar^{3} c^{3}} \tag{11.59}
\end{equation*}
$$

The relevant initial and final energy in this problem is $E=\hbar \omega_{0}$, being the energy of the initially excited atom, so that

$$
\begin{equation*}
\rho\left(E_{\mathrm{f}}\right)=\frac{\omega_{0}^{2} V}{\pi^{2} \hbar c^{3}} \tag{11.60}
\end{equation*}
$$

Putting these pieces together in the Golden Rule (11.53) we find the rate of spontaneous emission in free space

$$
\begin{equation*}
\Gamma=\frac{\left.\omega_{0}^{3}|\langle\mathrm{~g}| d| \mathrm{e}\right\rangle\left.\right|^{2}}{3 \pi \epsilon_{0} \hbar c^{3}} \tag{11.61}
\end{equation*}
$$

upon taking $\omega_{\mathbf{k}} \approx \omega_{0}$, and taking $\left.\left|\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \mathbf{d}_{\mathrm{ge}}\right|^{2}=|\langle\mathrm{g}| d| \mathrm{e}\right\rangle\left.\right|^{2} / 3$ for a spherically symmetric atom. This result agrees with Eq. (11.29) from our previous Weisskopf-Wigner calculation.

### 11.7 Corrections to Exponential Decay

The above results of exponential decay of the atomic excited state is a universal result of unstable quantum systems. However, it is also an approximation, and under physically reasonable assumptions the exponential decay law fails for very short and very long times. This was first discussed by Khalfin on very general grounds. ${ }^{2}$ Fonda, Ghirardi, and Rimini have given a comprehensive review, and we follow their treatment for short-time deviations from exponential decay. ${ }^{3}$

### 11.7.1 Short Times

For short times, we will show that the decay rate in fact vanishes. This result applies broadly, even beyond atomic-level decay. Let us denote the survival probability by

$$
\begin{equation*}
P(t)=|c(t)|^{2} \tag{11.62}
\end{equation*}
$$

where $c(t)$ is the amplitude of the initial state $(|\mathrm{e}\rangle$ in the spontaneous-emission problem). Then

$$
\begin{equation*}
P(0)=c(0)=1 . \tag{11.63}
\end{equation*}
$$

Now let's consider the eigenstates of the Hamiltonian $H$. For a system with several degrees of freedom, there will in general be multiple eigenstates for a given energy, and we label them by an extra index $a$. The index $a$ can, for example, represent the set of simultaneous eigenvalues of a complete set of observables commuting with each other and $H$, if the system has enough symmetry to permit this, but the existence of such observables is not required here. Then we can write the eigenstates as

$$
\begin{equation*}
H|E, a\rangle=E|E, a\rangle \tag{11.64}
\end{equation*}
$$

and the completeness relation becomes

$$
\begin{equation*}
\int d E \int d a|E, a\rangle\langle E, a|=1 \tag{11.65}
\end{equation*}
$$

Now we can write the coefficient $c(t)$ in terms of the unitary time-evolution operator (assuming a timeindependent system, as we have already done by assuming energy eigenstates) as

$$
\begin{align*}
c(t) & =\langle\psi(0)| e^{-i H t / \hbar}|\psi(0)\rangle \\
& =\int_{-\infty}^{\infty} d E \int d a\langle\psi(0)| e^{-i H t / \hbar}|E, a\rangle\langle E, a \mid \psi(0)\rangle  \tag{11.66}\\
& =\int_{-\infty}^{\infty} d E \omega(E) e^{-i E t / \hbar}
\end{align*}
$$

where

$$
\begin{equation*}
\omega(E):=\int d a|\langle E, a \mid \psi(0)\rangle|^{2} \tag{11.67}
\end{equation*}
$$

is the Fourier transform of $c(t)$. Now we make the reasonable assumption that the energies $E$ are bounded from below (which happens, for example, if there is a ground state):

$$
\begin{equation*}
c(t)=\int_{E_{\min }}^{\infty} d E \omega(E) e^{-i E t / \hbar} \tag{11.68}
\end{equation*}
$$

[^172]Note that the integral here is uniformly convergent for all $t$, since $\omega(E)>0$, and the integral converges by assumption at $t=0$, so that

$$
\begin{equation*}
\int_{E_{\min }}^{\infty} d E|\omega(E)| \tag{11.69}
\end{equation*}
$$

is convergent. (The integral for $c(t)$ is hence absolutely convergent.) Thus, we may extend the integral to negative times, and the integral is uniformly convergent for any $t \in \mathbb{R}$. Differentiating (11.68), we find

$$
\begin{equation*}
\frac{d c(t)}{d t}=-\frac{i}{\hbar} \int_{E_{\min }}^{\infty} d E \omega(E) E e^{-i E t / \hbar} \tag{11.70}
\end{equation*}
$$

If we assume finite average energy of the initial state,

$$
\begin{equation*}
\int_{E_{\min }}^{\infty} d E \omega(E) E<\infty \tag{11.71}
\end{equation*}
$$

then $d c(t) / d t$ exists and is continuous. In particular, $d c(t) / d t$ is continuous at $t=0$. Now since $\omega(E)$ is real, we have the Fourier-transform property

$$
\begin{equation*}
c(-t)=c^{*}(t) \tag{11.72}
\end{equation*}
$$

and then differentiating

$$
\begin{equation*}
P(t)=c(t) c(-t), \tag{11.73}
\end{equation*}
$$

we find

$$
\begin{equation*}
\frac{d P(t)}{d t}=\frac{d c(t)}{d t} c(-t)+c(t) \frac{d c(-t)}{d t} \tag{11.74}
\end{equation*}
$$

Thus, using $\lim _{t \rightarrow 0} c(t)=1$, we find

$$
\begin{equation*}
\lim _{t \rightarrow 0^{+}} \frac{d P(t)}{d t}=\lim _{t \rightarrow 0^{+}}\left[\frac{d c(t)}{d t} c(-t)+c(t) \frac{d c(-t)}{d t}\right]=\lim _{t \rightarrow 0^{+}}\left[\frac{d c(t)}{d t}-\frac{d c(t)}{d t}\right]=0 \tag{11.75}
\end{equation*}
$$

(short-time nonexponential decay)
Thus, we have shown that the slope of $P(t)$ vanishes at $t=0 . P(t)$ is also symmetric about $t=0$, and we can see that near $t=0,1-P(t)=O\left(t^{2}\right)$. By contrast, the exponential decay law requires a negative slope at $t=0$, and so the true decay is always slower than exponential for very short times.

### 11.7.1.1 Quantum Zeno Effect

This slower-than exponential decay can lead to an interesting effect: if the decay is "interrupted" by a quantum measurement that distinguishes the initial state from the final states, the evolution is "reset" to $t=0$. With continual, rapid measurements, the system never settles into the usual exponential decay, and the decay rate for the observed system is slower than without observation. This is the essence of the quantum Zeno effect. ${ }^{4}$ To see this more explicitly, assume that for short times, the survival probability may be written as

$$
\begin{equation*}
P(t) \approx 1-a t^{2} \tag{11.76}
\end{equation*}
$$

for some constant $a>0$. Then suppose we make a measurement at time $\Delta t$. A single quantum system is projected back into the initial state with probability $P(\Delta t)$, and an ensemble of identically prepared systems will have fraction $P(\Delta t)$ in the initial state after the measurement. In either case, the system is in the same initial state, and then we can repeat the process with more measurements spaced at intervals of duration $\Delta t$. After $n$ such measurements, the survival probability is

$$
\begin{equation*}
P(n \Delta t) \approx\left[1-a(\Delta t)^{2}\right]^{n} \approx 1-n a(\Delta t)^{2} \tag{11.77}
\end{equation*}
$$

[^173]Noting that the time is $t=n \Delta t$, we can write

$$
\begin{equation*}
P(t) \approx 1-(a \Delta t) t \tag{11.78}
\end{equation*}
$$

The decay rate in the presence of the measurements has been modified from $a$ to $a \Delta t$. As the frequency of the measurements increases, then $\Delta t \longrightarrow 0$ and thus the decay rate is also reduced to zero. Thus, decay is almost completely inhibited for sufficiently frequent measurements.

Over what time scale do we expect the exponential-decay law to be invalid? The relavent time scale is set by the emitted energy during the decay:

$$
\begin{equation*}
\tau_{\text {nonexp }} \sim \frac{h}{\Delta E} \tag{11.79}
\end{equation*}
$$

This sets the time scale over which the excited and ground states cannot be "resolved." For an optical transition, this time scale is $2 \pi / \omega_{0}$, or just the optical period. For visible-wavelength transitions, this time scale is only a couple of fs. This type of nonexponential decay is thus very difficult to observe (and has not been observed thus far), since optical detectors are typically far too slow.

### 11.7.2 Long Times

For long times, the decay is also nonexponential. A very general argument ${ }^{5}$ appeals to the Paley-Wiener theorem, which states that if the frequency spectrum of $c(t)$ cuts off below some minimum frequency $\omega_{\text {min }}$ (corresponding to a lower energy bound), then $c(t)$ must satisfy

$$
\begin{equation*}
\int_{-\infty}^{\infty} d t \frac{|\log | c(t)| |}{1+t^{2}}<\infty \tag{11.80}
\end{equation*}
$$

In particular, for the integral to converge, we must have

$$
\begin{equation*}
|\log | c(t)\left|\mid \sim t^{q}\right. \tag{11.81}
\end{equation*}
$$

for $q<1$ at large times, in which case

$$
\begin{equation*}
P(t)=|c(t)|^{2} \sim e^{-\alpha t^{q}} \tag{11.82}
\end{equation*}
$$

where $\alpha>0$. Thus, the probability must decay more slowly than exponential at late times. In particular, for the two-level atom, an extension of the Weisskopf-Wigner calculation ${ }^{6}$ shows that at late times, the decay goes as

$$
\begin{equation*}
P(t) \sim\left(\frac{\Gamma}{2 \pi \omega_{0}^{3}}\right)^{2} \frac{1}{t^{4}} \tag{11.83}
\end{equation*}
$$

(long-time nonexponential decay)
once the exponential part of the decay has damped away. (We will defer this calculation until Section 15.5.4.) Since $\Gamma / \omega_{0} \ll 1$ for optical transitions, the correction is very small. We can estimate the crossover time by setting

$$
\begin{equation*}
\left(\frac{\Gamma}{2 \pi \omega_{0}^{3}}\right)^{2} \frac{1}{t^{4}} \sim e^{-\Gamma t} \tag{11.84}
\end{equation*}
$$

which gives $\Gamma t \sim 130$ for a typical ratio $\Gamma / \omega_{0} \approx 1.2 \times 10^{-8}$. The correction here is very small.

[^174]
### 11.8 Exercises

## Problem 11.1

The Lamb-Dicke effect ${ }^{7}$ occurs as a narrowing of the radiation spectrum of an atom if it is confined to very small volumes (as can happen for a trapped ion or a neutral atom in an optical lattice). This effect is closely related to the Mössbauer effect ${ }^{8}$ for scattering from atoms bound in solids. In this problem you will work out a fairly simple model for this effect.
(a) Assume that the center-of-mass component of the particle is described by the Hamiltonian

$$
\begin{equation*}
H_{\mathrm{CM}}=\frac{p^{2}}{2 m}+V(\mathbf{r}) \tag{11.85}
\end{equation*}
$$

where $V(\mathbf{r})$ is the trapping potential. To model the emission process, assume the two-level atom is initially excited, and the field is initially in the vacuum state. Then the emission process for a photon into the $(\mathbf{k}, \zeta)$ mode is the transition

$$
\begin{equation*}
\left|\mathrm{e}, \psi_{n}\right\rangle \longrightarrow\left|\mathrm{g}, \psi_{l}, 1_{\mathbf{k}, \zeta}\right\rangle \tag{11.86}
\end{equation*}
$$

where the $\left|\psi_{n}\right\rangle$ are the energy eigenstates of $H_{\mathrm{CM}}$ with eigenvalues $E_{n}$, and we are assuming that the vibrational state of the atom changes from $n \longrightarrow l$ during the transition. (We will always assume the vibrational energies are small compared to the optical-transition energy.) Assume that the field is quantized in free space, and show that the corresponding transition amplitude is

$$
\begin{equation*}
\langle\mathrm{i}| H_{A F}|\mathrm{f}\rangle=-\sqrt{\frac{\hbar \omega_{\mathbf{k}}}{2 \epsilon_{0} V}} \hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \mathbf{d}_{\mathrm{ge}}\left\langle\psi_{n}\right| e^{i \mathbf{k} \cdot \mathbf{r}}\left|\psi_{l}\right\rangle \tag{11.87}
\end{equation*}
$$

where $|\mathrm{i}\rangle$ and $|\mathrm{f}\rangle$ are the initial and final states, respectively.
(b) What are the different possible frequencies in the radiation spectrum?
(c) From the above arguments, the strength of the $n \longrightarrow l$ transition is proportional to the squared transition amplitude

$$
\begin{equation*}
\left.S_{n l}:=\left|\left\langle\psi_{n}\right| e^{i \mathbf{k} \cdot \mathbf{r}}\right| \psi_{l}\right\rangle\left.\right|^{2} . \tag{11.88}
\end{equation*}
$$

Show that the sum of the line strengths for all possible transitions from the initial state is independent of position. In doing so, you have shown that the total decay rate is independent of $V(\mathbf{r})$, and thus equal to the free-space value.
(d) Show that if the atomic wave packet is confined to a region much smaller than $\lambda_{0}$ in each direction, where $\lambda_{0}$ is the resonance wavelength, that the dominant emission line is for the $n \longrightarrow n$ vibrational transition.

## Problem 11.2

By modifying the Weisskopf-Wigner derivation of the spontaneous emission rate, derive an expression for the spontaneous decay rate for a spherically symmetric atom a distance $z$ from a perfect, planar mirror. To do this, you will need the half-space mode functions from Section 8.4.3. Also, be careful when taking the continuum limit to obtain the correct prefactor for the integral over $\mathbf{k}$-space.

## Problem 11.3

An optical analogue to the quantum Zeno effect occurs in propagation through ideal polarizers. A photon can be regarded as a two-state quantum system, with state $|\psi\rangle=c_{\mathrm{V}}|\mathrm{V}\rangle+c_{\mathrm{H}}|\mathrm{H}\rangle$, where $|\mathrm{V}\rangle$

[^175]indicates vertical (linear) polarization, and $|\mathrm{H}\rangle$ indicates horizontal polarization. With idealized polarizers, we can model the action of a vertical polarizer via the projector $|\mathrm{V}\rangle\langle\mathrm{V}|$, and the action of a horizontal polarizer by $|\mathrm{H}\rangle\langle\mathrm{H}|$.

Note that the probability for a photon to transmit through two crossed polarizers is zero. However, there is a nonzero transmission probability if, for example, another polarizer is inserted between the crossed polarizers, but oriented at $45^{\circ}$ with respect to them.
Derive an expression for the transmission probability if $N$ such polarizers are inserted between the crossed polarizers, with the $n$th polarizer making an angle of $n \pi / 2(N+1)$ radians with respect to the frontmost polarizer. (That is, the intermediate polarizers uniformly and gradually sweep the polarization through $90^{\circ}$.) Your expression should assume that the photon transmitted through the frontmost polarizer (i.e., the first of the crossed polarizers). Show that your expression converges to unity as $N \longrightarrow \infty$.
This can be interpreted as "dragging" the polarization through $90^{\circ}$ by making many, slightly different measurements.

## Problem 11.4

In this problem, you will work out the theory of spontaneous emission in the presence of a thermal electromagnetic field at temperature $T$.
(a) Use the formalism for the general Born-Markov master equation in Section 4.5, and apply it to the atom-field interaction in the rotating-wave approximation (as in the Weisskopf-Wigner derivation) to derive the master equation

$$
\begin{equation*}
\partial_{t} \rho=-\frac{i}{\hbar}\left[H_{\mathrm{A}}+H_{\mathrm{eff}}, \rho\right]+\Gamma\left[\bar{n}\left(\omega_{0}\right)+1\right] D[\sigma] \rho+\Gamma \bar{n}\left(\omega_{0}\right) D\left[\sigma^{\dagger}\right] \rho \tag{11.89}
\end{equation*}
$$

for an atom interacting with the electromagnetic field at temperature $T$, where

$$
\begin{equation*}
H_{\mathrm{eff}}=\hbar\left[\Delta_{0}+\Delta(T)\right] \sigma^{\dagger} \sigma \tag{11.90}
\end{equation*}
$$

represents the energy shift of the atomic transition (after moving the shifted ground state to zero energy), with the divergent, temperature-independent Lamb shift

$$
\begin{equation*}
\Delta_{0}=\frac{\Gamma}{2 \pi \omega_{0}^{3}} f_{0}^{\infty} d \omega \frac{\omega^{3}}{\omega_{0}-\omega}, \tag{11.91}
\end{equation*}
$$

and the temperature-dependent shift

$$
\begin{equation*}
\Delta(T)=\frac{\Gamma}{\pi \omega_{0}^{3}} \int_{0}^{\infty} d \omega \frac{\omega^{3} \bar{n}(\omega)}{\omega_{0}-\omega} \tag{11.92}
\end{equation*}
$$

Here, $\bar{n}(\omega)$ is the mean photon number for a mode with frequency $\omega$.
(b) Give an interpretation for all the terms in the master equation (write out equations for the densitymatrix elements if you need to).
(c) Write down an expression for $\bar{n}(\omega)$ (nothing fancy, just basic statistical mechanics and Boltzmann statistics).
(d) Argue that $\Delta(T)$ scales as $T^{4}$ at low temperatures.
(e) How do the decay terms, $\Delta_{0}$, and $\Delta(T)$ change if you do not make the rotating-wave approximation? Give a qualitative explanation for your results, and indicate whether the low-temperature scaling of $\Delta(T)$ has changed.
(f) Estimate the temperature-dependent shift for the 780 nm transition in ${ }^{87} \mathrm{Rb}$ (making the crude approximation of treating it as a two-level atom), at room temperature.

## Problem 11.5

In the Weisskopf-Wigner derivation of the spontaneous emission rate that we covered in this chapter, we considered the interaction of an atom with the vacuum field, but there was no mention of the Lamb shift, which should also arise from this interaction (as in Problem 11.4). Pinpoint the exact step in the derivation where the Lamb shift disappeared. Explain. Also explain how to modify the derivation to obtain an expression for the Lamb shift.

## Problem 11.6

(a) A spherically symmetric atom is located halfway between two perfectly reflecting, infinite planar mirrors a distance $L$ apart as shown.


Derive an expression for the decay rate in the limit of small $L$, such that the cavity acts as a twodimensional optical waveguide. (Write your answer in terms of the free-space decay rate $\Gamma$.) Obviously, any physically correct treatment of this problem must involve three dimensions, so part of the problem is to figure out what "two-dimensional" means in this context.
(b) Derive an expression for the decay rate if the atom is at the center of a long, perfectly reflecting, rectangular cavity as shown, in the regime where the cavity acts as a one-dimensional optical waveguide.


Again, part of the problem is to figure out what "one-dimensional" means in this context.

## Problem 11.7

Derive an expression for the spontaneous-emission rate (Einstein A coefficient) for an atom located a distance $a$ from one of a pair of parallel, infinite, perfectly conducting plates separated by a distance $L$. Use whatever (quantum-mechanical) formalism you like. Write your result in terms of the free-space rate $\Gamma_{0}$, and plot the resulting rate as a function of $L$ for the case $a=L / 2$.

## Problem 11.8

(a) Compute the decay rate due to the magnetic-dipole transition for the 6.8 GHz ground-state hyperfine "clock" transition in ${ }^{87} \mathrm{Rb}: 5^{2} \mathrm{~S}_{1} / 2, F^{\prime}=2 \longrightarrow F=1\left(L=L^{\prime}=0, S=S^{\prime}=1 / 2, I=I^{\prime}=3 / 2\right)$. You should proceed by mapping the magnetic-dipole Hamiltonian $H_{\mathrm{AF}}=-\boldsymbol{\mu} \cdot \mathbf{B}$ onto the electric-dipole Hamiltonian, then adapt the spontaneous-emission results from this chapter as appropriate to obtain the magnetic-dipole decay rate

$$
\begin{equation*}
\Gamma=\frac{\omega_{0}^{3} \mu_{\mathrm{ge}}^{2}}{3 \pi \epsilon_{0} \hbar c^{5}} \tag{11.93}
\end{equation*}
$$

For the relevant matrix element of the magnetic-dipole moment, use $\mu_{\mathrm{B}}$ as an estimate, or better yet, use the results of Problem 7.6 for a better estimate (noting that $g_{S} \gg g_{I}$ ).
(b) How is the spontaneous-emission rate modified given that the surrounding environment is at room temperature ( 298 K )? Use the results of Problem 11.4 to help in this calculation.

## Problem 11.9

Consider an atom coupled to a single mode of an optical cavity with coupling coefficient $g$. Assume the intensity-decay of the (empty) cavity is exponential with rate $\kappa$. Ignore coupling to other (non-cavity)
modes, and do not assume that the atomic and cavity resonances necessarily coincide. Use Fermi's Golden Rule to derive an expression for the decay rate of the atom in the "bad-cavity" limit $\kappa \gg g$. Hint: in this limit you can treat the atomic decay directly to continuum, where the cavity has modified the density of vacuum states.

## Chapter 12

## Coupled-Mode Theory

### 12.1 Cavity QED

### 12.1.1 Classical Field in a Single Cavity

To start, let's just consider the simplest case of a classical field in a linear resonator. The resonator consists of two mirrors of field reflection coefficients 1 and $r$, respectively, surrounding a region of vacuum of length $L$.


We will assume an approximately monochromatic field of frequency $\omega$. Following the field one round trip around the resonator, we can write

$$
\begin{equation*}
E^{(+)}\left(t+\tau_{\mathrm{rt}}\right) e^{-i \omega\left(t+\tau_{\mathrm{rt}}\right)}=r E^{(+)}(t) e^{-i \omega t} \tag{12.1}
\end{equation*}
$$

where $E^{(+)}(t)$ is a slowly varying amplitude for the field, since the fast optical time dependence is written out explicitly, and

$$
\begin{equation*}
\tau_{\mathrm{rt}}:=\frac{2 L}{c} \tag{12.2}
\end{equation*}
$$

(cavity round-trip time)
is the round-trip time of the cavity. Note that we have dropped the polarization of the field, since in our idealized setup it is an invariant. We will assume that the cavity is "good," or not very lossy, so that $|r| \approx 1$. In this case, $E^{(+)}\left(t+\tau_{\mathrm{rt}}\right)$ is almost the same as $E^{(+)}(t)$, and we can expand $E^{(+)}\left(t+\tau_{\mathrm{rt}}\right)$ as

$$
\begin{equation*}
E^{(+)}\left(t+\tau_{\mathrm{rt}}\right) \approx E^{(+)}(t)+\tau_{\mathrm{rt}} \dot{E}^{(+)}(t) \tag{12.3}
\end{equation*}
$$

to first order in $\tau_{\mathrm{rt}}$. Putting this into Eq. (12.1), we obtain the rate equation

$$
\begin{equation*}
\dot{E}^{(+)}(t)=\frac{r e^{i \omega \tau_{\mathrm{rt}}}-1}{\tau_{\mathrm{rt}}} E^{(+)}(t) \tag{12.4}
\end{equation*}
$$

for the slowly varying field amplitude. For a steady-state solution (i.e., for a stable mode to exist), we must have $\dot{E}^{(+)}=0$, or

$$
\begin{equation*}
r e^{i \omega \tau_{\mathrm{rt}}}=1 \tag{12.5}
\end{equation*}
$$

which only happens if $|r|=1$, and also for

$$
\begin{equation*}
\omega \tau_{\mathrm{rt}}+\phi=2 \pi q \tag{12.6}
\end{equation*}
$$

where $\phi$ is the phase of the reflection, $r=|r| e^{i \phi}$, and $q$ is some integer. It is only for a completely closed cavity, $|r|=1$, where a stable mode exists, and this is precisely the condition that we assumed when quantizing the field. Otherwise, the rate equation (12.4) leads to an exponentially decaying mode (at least within the approximation of a slowly varying amplitude).

### 12.1.2 Classical Coupled Modes of Two Cavities

Now we can extend this treatment to the case of two cavities, which are weakly coupled by a beam splitter where the modulus $|r|$ of the reflection coefficient is close to unity. ${ }^{1}$


We will assume, as for the two-level atom, that only two modes of the individual cavities are approximately "resonant," and so we can treat only these two modes. This, of course, implies that the lengths $L_{1}$ and $L_{2}$ of the two cavities are appropriately mismatched. The outer mirrors of the double cavity are perfectly reflecting, so that the total system is closed. This will allow us to quantize the coupled fields.

The coupling through the beam splitter is described by field reflection and transmission coefficients $r_{12}$ and $t_{12}$, as seen by the field $E_{1}^{(+)}$in cavity 1 , and coefficients $r_{21}$ and $t_{21}$, as seen by the field $E_{2}^{(+)}$in cavity 2. The (lossless) beam splitter induces a unitary transformation on two input fields to generate the output fields. Thus, if the operator for the beam splitter is written

$$
U=\left[\begin{array}{ll}
t_{21} & r_{12}  \tag{12.7}\\
r_{21} & t_{12}
\end{array}\right]
$$

so that the output fields are written in terms of the input fields as

$$
\left[\begin{array}{c}
E_{1}^{(+)}  \tag{12.8}\\
E_{2 \rightarrow}^{(+)}
\end{array}\right]=U\left[\begin{array}{l}
E_{2}^{(+)} \\
E_{1 \rightarrow}^{(+)}
\end{array}\right]
$$

(with arrows indicating directions of the input and output traveling waves), then it must also have the general unitary form

$$
U=\left[\begin{array}{cc}
t & r  \tag{12.9}\\
-r^{*} & t^{*}
\end{array}\right]
$$

with $|r|^{2}+|t|^{2}=1$, so that $r=r_{12}=-r_{21}^{*}$ and $t=t_{12}=t_{21}^{*}$. (These relations are derivable classically by examining a beam incident on the beam splitter, and the time-reversed process; the resulting relations are then called the Stokes relations.) We will assume that $|r| \approx 1$, so that we can treat the coupling as a perturbation on the isolated cavity modes.

We can thus write coupled equations for the fields in basically the same way as for the single cavity:

$$
\begin{align*}
& E_{1}^{(+)}\left(t+\tau_{\mathrm{rt} 1}\right) e^{-i \omega_{1}\left(t+\tau_{\mathrm{rt1}}\right)}=r_{12} E_{1}^{(+)}(t) e^{-i \omega_{1} t}+t_{21} E_{2}^{(+)}(t) e^{-i \omega_{2} t}  \tag{12.10}\\
& E_{2}^{(+)}\left(t+\tau_{\mathrm{rt} 2}\right) e^{-i \omega_{2}\left(t+\tau_{\mathrm{rt} 2}\right)}=r_{21} E_{2}^{(+)}(t) e^{-i \omega_{2} t}+t_{12} E_{1}^{(+)}(t) e^{-i \omega_{1} t}
\end{align*}
$$

Here $\tau_{\mathrm{rt1}}$ and $\tau_{\mathrm{rt} 2}$ are the round-trip times $2 L_{1} / c$ and $2 L_{2} / c$ for the two respective cavities, and we have counted the accumulated phase from the fields starting at the beam splitter at $t=0$. Performing the same expansion (assuming weak coupling between the cavities), these coupled equations reduce to the rate

[^176]equations
\[

\frac{d}{d t}\left[$$
\begin{array}{c}
E_{1}^{(+)}  \tag{12.11}\\
E_{2}^{(+)}
\end{array}
$$\right]=\left[$$
\begin{array}{cc}
\frac{r_{12} e^{i \omega_{1} \tau_{\mathrm{rt1}}}-1}{\tau_{\mathrm{rt} 1}} & \frac{t_{21} e^{-i \Delta t}}{\tau_{\mathrm{rt} 1}} \\
\frac{t_{12} e^{i \Delta t}}{\tau_{\mathrm{rt} 2}} & \frac{r_{21} e^{i \omega_{2} \tau_{\mathrm{rt} 2}}-1}{\tau_{\mathrm{rt} 2}}
\end{array}
$$\right]\left[$$
\begin{array}{l}
E_{1}^{(+)} \\
E_{2}^{(+)}
\end{array}
$$\right]
\]

where $\Delta:=\omega_{2}-\omega_{1}$ is the detuning between the two cavity modes. We can simplify our notation a bit by writing

$$
\frac{d}{d t}\left[\begin{array}{c}
E_{1}^{(+)}  \tag{12.12}\\
E_{2}^{(+)}
\end{array}\right]=-i\left[\begin{array}{cc}
\delta \omega_{1} & \chi_{12} e^{-i \Delta t} \\
\chi_{21} e^{i \Delta t} & \delta \omega_{2}
\end{array}\right]\left[\begin{array}{c}
E_{1}^{(+)} \\
E_{2}^{(+)}
\end{array}\right]
$$

where we have defined the frequency offsets

$$
\begin{equation*}
\delta \omega_{1}:=i\left(\frac{r_{12} e^{i \omega_{1} \tau_{\mathrm{rt1}}}-1}{\tau_{\mathrm{rt1}}}\right), \quad \delta \omega_{2}:=i\left(\frac{r_{21} e^{i \omega_{2} \tau_{\mathrm{rt} 2}}-1}{\tau_{\mathrm{rt} 2}}\right) \tag{12.13}
\end{equation*}
$$

and the field coupling coefficients

$$
\begin{equation*}
\chi_{12}:=i \frac{t_{21}}{\tau_{\mathrm{rt1}}}, \quad \chi_{21}:=i \frac{t_{12}}{\tau_{\mathrm{rt} 2}} \tag{12.14}
\end{equation*}
$$

(classical field-coupling coefficients)
To self-consistently treat the double cavity, we would find the modes by letting $\omega_{1}, \omega_{2} \longrightarrow \omega$, where $\omega$ is the eigenfrequency to be found. Then the time derivative vanishes in Eq. (12.12) for eigenmodes of the system, which implies that the determinant of the matrix must also vanish, leading to the condition

$$
\begin{equation*}
\left(r_{12} e^{i \omega_{1} \tau_{\mathrm{rt} 1}}-1\right)\left(r_{21} e^{i \omega_{2} \tau_{\mathrm{rt} 2}}-1\right)=t_{21} t_{12} \tag{12.15}
\end{equation*}
$$

(again, with $\omega_{1,2} \longrightarrow \omega$ ) that determines the allowed frequencies $\omega$. However, in the perturbative limit that we want to use here, we keep the original frequencies $\omega_{1}$ and $\omega_{2}$. We also note that in the perturbative regime, the transmission coefficients $t_{12}$ and $t_{21}$ are $O(\epsilon)$, where $\epsilon$ is some small perturbation parameter, and with this definition, the frequencies $\delta \omega_{1}$ and $\delta \omega_{2}$ are $O\left(\epsilon^{2}\right)$ if the resonance conditions for the individual cavities are satisfied, since $|r|=\sqrt{1-|t|^{2}} \approx 1-|t|^{2} / 2$. Thus, we will simply ignore the diagonal elements of the evolution matrix so that

$$
\frac{d}{d t}\left[\begin{array}{l}
E_{1}^{(+)}  \tag{12.16}\\
E_{2}^{(+)}
\end{array}\right]=\left[\begin{array}{cc}
0 & -i \chi_{12} e^{-i \Delta t} \\
-i \chi_{21} e^{i \Delta t} & 0
\end{array}\right]\left[\begin{array}{l}
E_{1}^{(+)} \\
E_{2}^{(+)}
\end{array}\right]
$$

In effect, since $\delta \omega_{1,2}$ have small imaginary parts for any small coupling of the cavities, in neglecting these we are explicitly making the approximation that the isolated-cavity modes are still well defined but coupled together. As a last simplification, we can transform into a rotating frame by defining

$$
\begin{equation*}
\tilde{E}_{1}^{(+)}:=E_{1}^{(+)} e^{i \Delta t}, \quad \tilde{E}_{2}^{(+)}:=E_{2}^{(+)} \tag{12.17}
\end{equation*}
$$

so that

$$
\frac{d}{d t}\left[\begin{array}{c}
\tilde{E}_{1}^{(+)}  \tag{12.18}\\
\tilde{E}_{2}^{(+)}
\end{array}\right]=\left[\begin{array}{cc}
i \Delta & -i \chi_{12} \\
-i \chi_{21} & 0
\end{array}\right]\left[\begin{array}{c}
\tilde{E}_{1}^{(+)} \\
\tilde{E}_{2}^{(+)}
\end{array}\right]
$$

(classical coupled-mode equations) and thus we have eliminated the explicit time dependence in the problem. Formally, we see that the dynamics of the two modes are formally equivalent to those of the amplitudes of a two-level atom driven by a classical field (without spontaneous emission), where we identify $2\left|\chi_{12}\right|$ with the Rabi frequency $\Omega$, as we see by comparison to Eqs. (5.25). We thus expect Rabi oscillations of the field between the two cavities, characteristic of a pair of coupled harmonic oscillators.

### 12.1.3 Quantization of the Coupled Modes

We can now write down our quantum description of the coupled cavities by simply identifying the field variables as operators, as we discussed in Chapter 8:

$$
\begin{equation*}
E_{\alpha}^{(+)}(\mathbf{r}, t) \longrightarrow-\sqrt{\frac{\hbar \omega_{\alpha}}{2 \epsilon_{0}}} f_{\alpha}(\mathbf{r}) a_{\alpha}(t) . \tag{12.19}
\end{equation*}
$$

It is more convenient to write the modes in this case as

$$
\begin{equation*}
E_{\alpha}^{(+)}(\mathbf{r}, t) \longrightarrow-\sqrt{\frac{\hbar \omega_{\alpha}}{2 \epsilon_{0} V_{\alpha}}} f_{\alpha}^{\prime}(\mathbf{r}) a_{\alpha}(t) \tag{12.20}
\end{equation*}
$$

where the $f_{\alpha}^{\prime}(\mathbf{r})$ are dimensionless mode functions, whose amplitude is of order unity (and of equivalent form for the two cavities), as we discussed in Chapter 10. Then we can interpret the rate equations (12.18) as Heisenberg equations for the field operators $a_{1}(t), a_{2}(t)$, where the operators are also understood to be slowly varying (with the optical time dependence factored out). After solving for the operators, we obtain

$$
\frac{d}{d t}\left[\begin{array}{l}
\tilde{a}_{1}  \tag{12.21}\\
\tilde{a}_{2}
\end{array}\right]=\left[\begin{array}{cc}
i \Delta & -i g_{12} \\
-i g_{21} & 0
\end{array}\right]\left[\begin{array}{l}
\tilde{a}_{1} \\
\tilde{a}_{2}
\end{array}\right]
$$

(quantum coupled-mode equations) where the twiddles on the operators remind us that they are in the rotating frame, where the $e^{-i \Delta t}$ time dependence is suppressed, and we have defined the quantum mode-coupling coefficients

$$
\begin{equation*}
g_{12}:=\chi_{12} \sqrt{\frac{\omega_{2} V_{1}}{\omega_{1} V_{2}}}, \quad g_{21}:=\chi_{21} \sqrt{\frac{\omega_{1} V_{2}}{\omega_{2} V_{1}}} \tag{12.22}
\end{equation*}
$$

Note that we have dropped the spatial dependence of the modes, as consistent with the classical treatment. We will also assume the two cavities to be mode-matched (as is consistent with a two-mode treatment), which amounts to taking $V_{1}=A L_{1}$ and $V_{2}=A L_{2}$, where the area $A$ is the same for both cavities, and thus $V_{1} / V_{2}=L_{1} / L_{2}$. Further, the ratio of frequencies here is an artifact of perturbation theory-had we taken the self-consistent approach described above, we would have had a pair of eigenvalues, giving the frequencies throughout both cavities of two different (dressed) modes. Thus, we should set $\omega_{1}=\omega_{2}$ in the coupling coefficients, to obtain

$$
\begin{align*}
g_{12}=\chi_{12} \sqrt{\frac{L_{1}}{L_{2}}}, \quad g_{21}= & \chi_{21} \sqrt{\frac{L_{2}}{L_{1}}}, \\
& \text { (quantum mode-coupling coefficients) } \tag{12.23}
\end{align*}
$$

where, in view of the definitions (12.14), we can write

$$
\begin{equation*}
g_{12}=\frac{i c t_{21}}{2 \sqrt{L_{1} L_{2}}}, \quad g_{21}=\frac{i c t_{12}}{2 \sqrt{L_{1} L_{2}}} \tag{12.24}
\end{equation*}
$$

(quantum mode-coupling coefficients)
The Heisenberg equations here are precisely those that arise from the general Heisenberg equation

$$
\begin{equation*}
\dot{\tilde{a}}=-\frac{i}{\hbar}[\tilde{a}, \tilde{H}], \tag{12.25}
\end{equation*}
$$

if we take the Hamiltonian $H$ to be the sum of the free Hamiltonian in the rotating frame,

$$
\begin{equation*}
\tilde{H}_{0}=-\hbar \Delta \tilde{a}_{1}^{\dagger} \tilde{a}_{1} \tag{12.26}
\end{equation*}
$$

(free-field Hamiltonian, nonrotating frame)
and the interaction Hamiltonian,

$$
\begin{equation*}
\tilde{H}_{12}=\hbar\left(g_{21} \tilde{a}_{1} \tilde{a}_{2}^{\dagger}+g_{12} \tilde{a}_{2} \tilde{a}_{1}^{\dagger}\right) \tag{12.27}
\end{equation*}
$$

also in the rotating frame. Note from Eqs. (12.24) that with our definition of the coefficients, this Hamiltonian is in fact not Hermitian. This comes from the usual conventions for the reflection and transmission coefficients
(12.7) and (12.9); we really should instead take the convention $t_{21}=-t_{12}^{*}$ to obtain a Hermitian interaction Hamiltonian. This interaction Hamiltonian is our main result. In particular, note that by redefining the relative phase of the two modes (with the above phase convention in mind), we may always assume a real coupling coefficient, $g_{21}=g_{12} \equiv g \in \mathbb{R}$,

$$
\begin{equation*}
\tilde{H}_{12}=\hbar g\left(\tilde{a}_{1} \tilde{a}_{2}^{\dagger}+\tilde{a}_{2} \tilde{a}_{1}^{\dagger}\right) . \tag{12.28}
\end{equation*}
$$

(mode-coupling Hamiltonian, rotating frame)
Note that had we not taken $\omega_{1}=\omega_{2}$ to obtain Eqs. (12.23), we would not have arrived at a Hermitian interaction Hamiltonian. Notice that the interaction here has exactly the same form as for the atom-field interaction in the Jaynes-Cummings model, as in Eq. (10.9), where we can identify $a_{1}$ with the atomic dipole operator $\sigma$ and $a_{2}$ with the quantized field mode $a$. Note that we have implicitly made a rotatingwave approximation in the classical setup, since we ignored an coupling from $E^{(-)}$in one cavity to $E^{(+)}$in the other, since these couplings are far off resonance (as is consistent with the single-mode approximation). Of course, the coupling coefficient $g$ is not related to the one-photon Rabi frequency from the Jaynes-Cummings model, except in the way it appears in the interaction Hamiltonian.

Notice that if we transform out of the rotating frame, the free Hamiltonian is trivial,

$$
\begin{equation*}
H_{0}=0 \tag{12.29}
\end{equation*}
$$

(free-field Hamiltonian, nonrotating frame)
while explicit time dependence returns to the interaction Hamiltonian:

$$
\begin{equation*}
H_{12}=\hbar g\left(a_{1} a_{2}^{\dagger} e^{i \Delta t}+a_{2} a_{1}^{\dagger} e^{-i \Delta t}\right) \tag{12.30}
\end{equation*}
$$

(mode-coupling Hamiltonian, nonrotating frame) This means that we are now in the interaction picture with respect to the free evolution of the fields (which was equivalent to factoring out the free time dependence of the optical fields). Transforming into the Schrödinger picture yields the alternate free Hamiltonian

$$
\begin{equation*}
H_{0}=\hbar \omega_{1}\left(a_{1}^{\dagger} a_{1}+\frac{1}{2}\right)+\hbar \omega_{2}\left(a_{2}^{\dagger} a_{2}+\frac{1}{2}\right) \tag{12.31}
\end{equation*}
$$

as well as an interaction Hamiltonian that is equivalent to the rotating-frame Hamiltonian:

$$
\begin{equation*}
H_{12}=\hbar g\left(a_{1} a_{2}^{\dagger}+a_{2} a_{1}^{\dagger}\right) \tag{12.32}
\end{equation*}
$$

In fact the rotating frame and the Schrödinger picture are equivalent here except for offsets of the bare energy levels.

We now have essentially the same situation as in the classical case, but now the fields are represented by operators.


We also have a symmetric coupling between the two fields, representing a Hermitian interaction Hamiltonian.

### 12.1.4 Cavity Driven by a Classical Field

As an application of the above formalism, we will derive a model for driving a (slightly) lossy cavity with an external, classical field. In this case, cavity 1 will be our cavity, so we will change notations by $a_{1} \longrightarrow a$, and we will regard it as being driven by cavity 2 . Cavity 2 has a classical field, and with many photons
around we may neglect the fluctuations in photon number compared to the mean photon number, making the replacement $a_{2} \longrightarrow \alpha$, assuming cavity 2 is in the coherent state $\alpha$. While technically the classical field is circulating in the right-hand cavity, this is not necessary-since we will eliminate all the parameters of the classical cavity except the circulating power, we can equally well think of the classical field as an incident traveling wave.


We should then go into the interaction representation with respect to the free dynamics of cavity 2 to obtain the free Hamiltonian for cavity 1,

$$
\begin{equation*}
H_{0}=\hbar \omega\left(a^{\dagger} a+\frac{1}{2}\right) \tag{12.33}
\end{equation*}
$$

where we have changed notations $\omega_{1} \longrightarrow \omega$, and the interaction Hamiltonian becomes

$$
\begin{equation*}
H_{12}=\hbar \mathscr{E}\left(a e^{i \omega_{\mathrm{L}} t}+a^{\dagger} e^{-i \omega_{\mathrm{L}} t}\right) \tag{12.34}
\end{equation*}
$$

(classical driving Hamiltonian for cavity field)
Here, we have defined the driving amplitude

$$
\begin{equation*}
\mathscr{E}:=\alpha g \tag{12.35}
\end{equation*}
$$

(classical-field driving amplitude)
and we have changed notations $\omega_{2} \longrightarrow \omega_{\mathrm{L}}$, where $\omega_{\mathrm{L}}$ is the "external drive frequency" for cavity 1 , and again by appropriate definition of relative phase we may assume $\alpha$ to be a real number (hence $\mathscr{E}$ is also real).

Notice that our setup here is formally equivalent to the two-level atom interacting with a classical field, as we might guess from our remarks above. This correspondence carries through if we identify $a$ with the atomic operator $\sigma, \omega$ with the atomic resonance frequency, $\omega_{\mathrm{L}}$ with the frequency of the classical field, and $2 \mathscr{E}$ with the Rabi frequency. Also, the interaction Hamiltonian is of the form $x \cos \omega_{\mathrm{L}} t$, as we expect for a forced harmonic oscillator (here, forced by in the incident field).

### 12.1.4.1 Cavity Decay Rate

Now we can write the driving rate $\mathscr{E}$ in a more useful form. Using $g=\left|g_{12}\right|$ and Eqs. (12.24), we find

$$
\begin{equation*}
\mathscr{E}=\alpha g=\alpha \frac{c\left|t_{21}\right|}{2 \sqrt{L_{1} L_{2}}} \tag{12.36}
\end{equation*}
$$

Now we can define the power $P$ of the "external" field in cavity 2 , which is the energy per unit time, or the product of the photon number and photon energy divided by the round-trip time:

$$
\begin{equation*}
P=\frac{|\alpha|^{2} \hbar \omega_{2}}{\tau_{\mathrm{rt} 2}} \tag{12.37}
\end{equation*}
$$

Then we can eliminate $\alpha$ (dropping its phase to focus on the magnitude) to obtain

$$
\begin{align*}
\mathscr{E} & =\sqrt{\frac{P \tau_{\mathrm{rtt}}}{\hbar \omega_{2}}} \frac{c\left|t_{21}\right|}{2 \sqrt{L_{1} L_{2}}} \\
& =\sqrt{\frac{P}{\hbar \omega_{2}}} \frac{\sqrt{c}\left|t_{21}\right|}{\sqrt{2 L_{1}}}  \tag{12.38}\\
& =\sqrt{\frac{P}{\hbar \omega_{2}}} \frac{\left|t_{21}\right|}{\sqrt{\tau_{\mathrm{rtt} 1}}}
\end{align*}
$$

where we used $\tau_{\mathrm{rt} 1}=2 L_{1} / c$ and $\tau_{\mathrm{rt} 2}=2 L_{2} / c$. We can then define the cavity decay rate ${ }^{2}$

$$
\begin{equation*}
\kappa:=\frac{\left|t_{21}\right|^{2}}{\tau_{\mathrm{rt1}}} \tag{12.39}
\end{equation*}
$$

(cavity decay rate)
which defines the rate at which energy escapes cavity 1 (in the absence of cavity 2 ), being the intensity transmission coefficient divided by the round-trip time (to give the rate of energy transport through the output mirror). We also take $\omega_{1}=\omega_{2}=\omega$ for consistency. Then the driving rate simply becomes

$$
\begin{equation*}
\mathscr{E}=\sqrt{\frac{\kappa P}{\hbar \omega}} \tag{12.40}
\end{equation*}
$$

(classical-field driving amplitude)
where now the frequency $\omega$ refers to the driven cavity (cavity 1). Of course, this coupling rate can be complex, with the phase of the input field $\alpha$. In this form, the coupling rate is independent of the details of the auxiliary cavity (cavity 2), and is thus a general result, assuming the input power is mode-matched with the output port of the cavity. Often, in a real Fabry-Perot cavity, there are multiple loss channels that contribute to $\kappa$, in which case an alternate value $\kappa^{\prime}$ should be used in the above formula, which is the decay rate that the cavity would have, assuming that the input port of the driving field gives the only contribution to $\kappa$.

It is common to define the finesse of a cavity by

$$
\begin{equation*}
\mathscr{F}=\frac{\pi P_{\mathrm{s}}^{1 / 4}}{1-\sqrt{P_{\mathrm{s}}}} \tag{12.41}
\end{equation*}
$$

where $P_{\mathrm{s}}$ is the survival probability for a photon after one round trip through the cavity $\left(P_{\mathrm{s}}=\left|r_{12}\right|^{2}\right.$ for the cavity we have set up here). The finesse measures how "good" a cavity is, with a large finesse indicating low loss (and well-resolved resonance lines). In the good-cavity limit, we can then write

$$
\begin{equation*}
\mathscr{F} \approx \frac{2 \pi}{\left|t_{21}\right|^{2}} \tag{12.42}
\end{equation*}
$$

so that the decay rate becomes

$$
\begin{equation*}
\kappa=\frac{2 \pi}{\tau_{\mathrm{rt}} \mathscr{F}}=2 \pi \frac{\mathrm{FSR}}{\mathscr{F}} \tag{12.43}
\end{equation*}
$$

(decay rate in terms of finesse)
In the last expression, we defined the free spectral range $\mathrm{FSR}:=1 / \tau_{\mathrm{rt}}$, which is the frequency spacing between adjacent modes in the Fabry-Perot resonator. Note that the result here is valid for the asymmetric cavity that we started with, where the output coupler is the only source of loss (for example, the factor of 2 disappears for a symmetric cavity).

### 12.1.5 Cavity Decay

The other application of the coupled-mode formalism that we will discuss is the quantum theory of the cavity decay. Since the interaction Hamiltonian (12.32) has the same form as the atom-field interaction in the rotating-wave approximation, we will make heavy use of the Weisskopf-Wigner treatment of atomic spontaneous decay in Chapter 11, and our calculation here will essentially just be mapping the cavity problem onto the atomic problem. First, we will again consider cavity 1 to be the cavity we are modeling, and cavity 2 will contain the "output field." However, we will take the limit as cavity 2 becomes large, to get the free-space limit of the output field. The single-mode approximation for cavity 2 will break down, and we must consider coupling to many modes of cavity 2 . Cavity 2 will be initially in the ground state, and always

[^177]"approximately" in the ground state so that the radiated energy never re-enters the cavity. The interaction is given by
\[

$$
\begin{equation*}
H_{\mathrm{int}}=\hbar \sum_{q} g_{q}\left(a a_{q}^{\dagger}+a^{\dagger} a_{q}\right), \tag{12.44}
\end{equation*}
$$

\]

where $a$ is the annihilation operator for cavity 1 , and the $a_{q}$ are the annihilation operators for the output field modes. Thus, as in atomic spontaneous emission, the cavity will by damped by coupling to a "bath" of harmonic oscillators. We can write the coupling coefficient, combining Eqs. (12.39) and (12.24), as

$$
\begin{equation*}
g_{q}=\frac{c\left|t_{21}\right|}{2 \sqrt{L_{1} L_{2}}}=\frac{\left|t_{21}\right|}{\sqrt{\tau_{\mathrm{rt} 1} \tau_{\mathrm{rt} 2}}}=\sqrt{\frac{\kappa}{\tau_{\mathrm{rt2}}}}, \tag{12.45}
\end{equation*}
$$

where $\omega$ is the frequency of the decaying mode of cavity $1, \omega_{q}$ is the frequency of the $q$ th output mode, and $\kappa$ is defined as above (note that $\kappa$ may depend on $q$ via the frequency dependence of the mirror reflectance). It suffices to consider the initial condition of a Fock state $|\psi(0)\rangle=|n\rangle$ for cavity 1, which for short times couples only to states with one less photon in the cavity. Thus it also suffices to consider the state restricted to the manifold given by the superposition

$$
\begin{equation*}
|\psi\rangle=c_{n}|n\rangle+\sum_{q} c_{q}\left|n-1,1_{q}\right\rangle, \tag{12.46}
\end{equation*}
$$

where again the $1_{q}$ denotes a single photon present in the $q$ th output mode. This analysis is valid for any other initial state, since any Fock state in the superposition is coupled to a separate set of states from the other Fock states. Writing down the equations of motion for the coefficients, transforming into the rotating frame, and decoupling the equations as in the atomic case leads to

$$
\begin{align*}
\dot{\tilde{c}}_{n}(t) & =-\sum_{q} n\left|g_{q}\right|^{2} \int_{0}^{t} d t^{\prime} \tilde{c}_{n}\left(t^{\prime}\right) e^{-i\left(\omega_{q}-\omega\right)\left(t-t^{\prime}\right)} \\
& =-\frac{n \kappa}{\tau_{\mathrm{rt} 2}} \sum_{q} \int_{0}^{t} d t^{\prime} \tilde{c}_{n}\left(t^{\prime}\right) e^{-i\left(\omega_{q}-\omega\right)\left(t-t^{\prime}\right)} \tag{12.47}
\end{align*}
$$

The spacing of the output modes is the free spectral range $\Delta \omega_{q}=2 \pi / \tau_{\mathrm{rt} 2}$ of the output cavity, and thus in the limit where cavity 2 becomes large, we change the sum to an integral according to

$$
\begin{equation*}
\sum_{q} f\left(\omega_{q}\right) \Delta \omega_{q} \longrightarrow \int_{0}^{\infty} d \omega_{\mathrm{out}} f\left(\omega_{\mathrm{out}}\right) \tag{12.48}
\end{equation*}
$$

where $\omega_{\text {out }}$ refers to the output frequency, so that

$$
\begin{equation*}
\dot{\tilde{c}}_{n}(t)=-\frac{n \kappa}{2 \pi} \int_{0}^{\infty} d \omega_{\mathrm{out}} \int_{0}^{t} d t^{\prime} \tilde{c}_{n}\left(t^{\prime}\right) e^{-i\left(\omega_{\mathrm{out}}-\omega\right)\left(t-t^{\prime}\right)} \tag{12.49}
\end{equation*}
$$

Carrying out the integrals as in the atomic case amounts to setting $c_{n}\left(t^{\prime}\right) \longrightarrow c_{n}(t)$, and then introducing an extra factor of $\pi$ :

$$
\begin{equation*}
\dot{\tilde{c}}_{n}=-\frac{n \kappa}{2} \tilde{c}_{n} \tag{12.50}
\end{equation*}
$$

(cavity-decay dynamics)
This is consistent with $\left|c_{n}\right|^{2}$ decaying at the rate $n \kappa$, as we might expect from the classical definition (12.39) of $\kappa$.


Thus, we have arrived at the situation where we have eliminated the right-hand cavity by pushing the end mirror away to infinity, and obtained irreversible decay from the remaining cavity into the continuum at rate $\kappa$.

### 12.1.5.1 Master Equation

Still proceeding along the lines of the atomic case, from the above decay equation, the equation of motion for the $n$th state population is

$$
\begin{equation*}
\dot{\rho}_{n n}=-n \kappa \rho_{n n} \tag{12.51}
\end{equation*}
$$

When tracing over the output field states, the only state coupled to $|n\rangle$ is $|n-1\rangle$, and thus, the $n-1$ level must take up the decayed population

$$
\begin{equation*}
\dot{\rho}_{(n-1)(n-1)}=n \kappa \rho_{n n} \tag{12.52}
\end{equation*}
$$

Finally, transforming out of the rotating frame, using the appropriate combination of coefficients, and tracing out the field gives the equation of motion for the coherence

$$
\begin{equation*}
\dot{\rho}_{(n)(n-1)}=\left(i \omega-\frac{n \kappa}{2}\right) \rho_{(n)(n-1)} \tag{12.53}
\end{equation*}
$$

Our setup was for short times, but in the Markovian approximation (where the emitted field does not act back on the cavity), we simply evolve for a short time and repeat the argument, so that these equations of motion are always valid. Of course, then we must consider all couplings of the above forms between the density matrix elements. Then the equations of motion are precisely those generated by the Lindblad-form master equation

$$
\begin{equation*}
\dot{\rho}=-\frac{i}{\hbar}\left[H_{0}, \rho\right]+\kappa \mathcal{D}[a] \rho \tag{12.54}
\end{equation*}
$$

(cavity-decay master equation)
where again, ignoring the zero-point energy offset,

$$
\begin{equation*}
H_{0}=\hbar \omega a^{\dagger} a \tag{12.55}
\end{equation*}
$$

and the Lindblad superoperator is

$$
\begin{equation*}
D[a] \rho:=a \rho a^{\dagger}-\frac{1}{2}\left(a^{\dagger} a \rho+\rho a^{\dagger} a\right) . \tag{12.56}
\end{equation*}
$$

Recall that the operator form of the cavity-decay master equation has the same form as for atomic spontaneous emission (i.e., the optical Bloch equations), under the identifications $\sigma \longrightarrow a, \omega_{0} \longrightarrow \omega$, and $\Gamma \longrightarrow \kappa$.

### 12.2 Input-Output Formalism

The input-output formalism ${ }^{3}$ is an extension of the above formalism for treating the evolution of systems in the Heisenberg picture, particularly when coupled to a continuum. The difference is that we will now keep explicit track of the inputs and outputs (in the case of a cavity, the input and output fields) via Heisenberg-picture operators.

To set this up for a cavity of resonance frequency $\omega$, we begin with the interaction (12.44)

$$
\begin{equation*}
H_{\mathrm{int}}=\hbar \sum_{q} g_{q}\left(a a_{q}^{\dagger}+a^{\dagger} a_{q}\right), \tag{12.57}
\end{equation*}
$$

where the coupling to the $q$ th mode outside the cavity is

$$
\begin{equation*}
g_{q}=\sqrt{\frac{\kappa}{\tau_{\mathrm{rt} 2}}} \tag{12.58}
\end{equation*}
$$

[^178]where again $\kappa$ is the cavity decay rate (which could depend on $q$ via the frequency dependence of the output coupler), and $\tau_{\mathrm{rt} 2}$ is the round-trip time of the "external cavity," in which the exterior field is quantized. Before, we passed over to the continuum limit after setting up a calculation, but now it will be convenient to do so right away. The idea was that we made the replacement
\[

$$
\begin{equation*}
\sum_{q}\left|g_{q}\right|^{2} \longrightarrow \frac{\tau_{\mathrm{rt} 2}}{2 \pi} \int_{0}^{\infty} d \omega^{\prime} \frac{\kappa}{\tau_{\mathrm{rt} 2}}=\int_{0}^{\infty} d \omega^{\prime} \frac{\kappa}{2 \pi} \tag{12.59}
\end{equation*}
$$

\]

This is equivalent to making the replacement $g_{q} \longrightarrow \sqrt{\kappa / 2 \pi}$ when passing the sum over to an integral over the external-mode frequencies $\omega^{\prime}, \sum_{q} \longrightarrow \int_{0}^{\infty} d \omega^{\prime}$. Making these replacements in the interaction Hamiltonian,

$$
\begin{equation*}
H_{\mathrm{int}}=\frac{\hbar}{\sqrt{2 \pi}} \int_{0}^{\infty} d \omega^{\prime} \sqrt{\kappa\left(\omega^{\prime}\right)}\left[a b^{\dagger}\left(\omega^{\prime}\right)+a^{\dagger} b\left(\omega^{\prime}\right)\right] \tag{12.60}
\end{equation*}
$$

(cavity coupling to external modes) where in the continuous limit, we have changed notation $a_{q} \longrightarrow b\left(\omega^{\prime}\right)$ ( $b$ for the external "bath" modes), and we are explicitly indicating any frequency dependence of the decay rate, due to frequency dependence of the transmission coefficient (which must ultimately converge to unity as $\omega^{\prime} \longrightarrow \infty$ ). Again, this interaction assumes the rotating-wave approximation in omitting terms like $a b\left(\omega^{\prime}\right)$ and $a^{\dagger} b^{\dagger}\left(\omega^{\prime}\right)$. In what follows, it is convenient to extend the lower limit of integration to $-\infty$ :

$$
H_{\mathrm{int}} \approx \frac{\hbar}{\sqrt{2 \pi}} \int_{-\infty}^{\infty} d \omega^{\prime} \sqrt{\kappa\left(\omega^{\prime}\right)}\left[a b^{\dagger}\left(\omega^{\prime}\right)+a^{\dagger} b\left(\omega^{\prime}\right)\right]
$$

(cavity coupling to external modes) (12.61)
This is justified since only bath frequencies $\omega^{\prime}$ near the cavity resonance $\omega$ should be important, and $\omega$ is much larger than the rates associated with the decay interaction. The bath modes themselves satisfy the commutation relations

$$
\begin{equation*}
\left[b\left(\omega^{\prime}\right), b^{\dagger}\left(\omega^{\prime \prime}\right)\right]=\delta\left(\omega^{\prime}-\omega^{\prime \prime}\right) \tag{12.62}
\end{equation*}
$$

(bath-mode commutation relation)
which is the continuum version of $\left[a_{q}, a_{q^{\prime}}^{\dagger}\right]=\delta_{q q^{\prime}}$. Also, we have the free-evolution Hamiltonian for the cavity, or the "system,"

$$
\begin{equation*}
H_{\mathrm{sys}}=\hbar \omega\left(a^{\dagger} a+\frac{1}{2}\right) \tag{12.63}
\end{equation*}
$$

(free cavity Hamiltonian)
and the Hamiltonian for the external bath modes

$$
\begin{equation*}
H_{\mathrm{ext}}=\hbar \int_{0}^{\infty} d \omega^{\prime} \omega^{\prime} b^{\dagger}\left(\omega^{\prime}\right) b\left(\omega^{\prime}\right) \approx \hbar \int_{-\infty}^{\infty} d \omega^{\prime} \omega^{\prime} b^{\dagger}\left(\omega^{\prime}\right) b\left(\omega^{\prime}\right) \tag{12.64}
\end{equation*}
$$

(free external bath Hamiltonian)
if we drop the zero-point contributions and extend the integral again over negative frequencies.

### 12.2.1 Quantum Langevin Equation

Now for an arbitrary system operator $c$, the Heisenberg equation of motion is

$$
\begin{equation*}
\partial_{t} c=-\frac{i}{\hbar}[c, H] . \tag{12.65}
\end{equation*}
$$

In particular, for the cavity annihilation operator $a$, we have

$$
\begin{align*}
\partial_{t} a & =-\frac{i}{\hbar}\left[a, H_{\mathrm{sys}}\right]-\frac{i}{\hbar}\left[a, H_{\mathrm{int}}\right] \\
& =-i \omega a(t)-\frac{i}{\sqrt{2 \pi}} \int_{-\infty}^{\infty} d \omega^{\prime} \sqrt{\kappa\left(\omega^{\prime}\right)} b\left(\omega^{\prime}\right) \tag{12.66}
\end{align*}
$$

where we have used $\left[a, a^{\dagger}\right]=1$ and $\left[a, a^{\dagger} a\right]=a$. Similarly for $b\left(\omega^{\prime}\right)$,

$$
\begin{align*}
\partial_{t} b\left(\omega^{\prime}\right) & =-\frac{i}{\hbar}\left[b, H_{\mathrm{ext}}\right]-\frac{i}{\hbar}\left[b, H_{\mathrm{int}}\right]  \tag{12.67}\\
& =-i \omega^{\prime} b\left(\omega^{\prime}\right)-i \sqrt{\frac{\kappa\left(\omega^{\prime}\right)}{2 \pi}} a(t)
\end{align*}
$$

To solve this latter equation, we can transform to a rotating frame,

$$
\begin{align*}
\partial_{t}\left[b\left(\omega^{\prime}\right) e^{i \omega^{\prime} t}\right] & =\left[\partial_{t} b\left(\omega^{\prime}\right)\right] e^{i \omega^{\prime} t}+i \omega^{\prime} b\left(\omega^{\prime}\right) e^{i \omega^{\prime} t} \\
& =-i \sqrt{\frac{\kappa\left(\omega^{\prime}\right)}{2 \pi}} a(t) e^{i \omega^{\prime} t} . \tag{12.68}
\end{align*}
$$

Integrating from some past time $t_{0}$ to $t$, we obtain

$$
\begin{equation*}
b\left(\omega^{\prime}\right) e^{i \omega^{\prime} t}-b_{0}\left(\omega^{\prime}\right) e^{i \omega^{\prime} t_{0}}=-i \sqrt{\frac{\kappa\left(\omega^{\prime}\right)}{2 \pi}} \int_{t_{0}}^{t} d t^{\prime} a\left(t^{\prime}\right) e^{i \omega^{\prime} t^{\prime}} \tag{12.69}
\end{equation*}
$$

where $b_{0}\left(\omega^{\prime}\right):=\left.b\left(\omega^{\prime}\right)\right|_{t=t_{0}}$. We can then rewrite this equation as

$$
\begin{equation*}
b\left(\omega^{\prime}\right)=b_{0}\left(\omega^{\prime}\right) e^{-i \omega^{\prime}\left(t-t_{0}\right)}-i \sqrt{\frac{\kappa\left(\omega^{\prime}\right)}{2 \pi}} \int_{t_{0}}^{t} d t^{\prime} a\left(t^{\prime}\right) e^{-i \omega^{\prime}\left(t-t^{\prime}\right)} \tag{12.70}
\end{equation*}
$$

Putting this into Eq. (12.66), we find

$$
\begin{equation*}
\partial_{t} a=-i \omega a(t)-\frac{i}{\sqrt{2 \pi}} \int_{-\infty}^{\infty} d \omega^{\prime} \sqrt{\kappa\left(\omega^{\prime}\right)} b_{0}\left(\omega^{\prime}\right) e^{-i \omega^{\prime}\left(t-t_{0}\right)}-\frac{1}{2 \pi} \int_{-\infty}^{\infty} d \omega^{\prime} \kappa\left(\omega^{\prime}\right) \int_{t_{0}}^{t} d t^{\prime} a\left(t^{\prime}\right) e^{-i \omega^{\prime}\left(t-t^{\prime}\right)} \tag{12.71}
\end{equation*}
$$

To proceed, we now make the Markov approximation by ignoring the frequency dependence of the decay rate,

$$
\begin{equation*}
\kappa\left(\omega^{\prime}\right) \approx \kappa=(\text { constant }) \tag{12.72}
\end{equation*}
$$

Strictly speaking, this cannot be true, but can be a good approximation over the frequency range of interestthe resonance linewidth in the case of the optical cavity. Then we can name the integral in the second term of Eq. (12.71) such that it becomes $\sqrt{\kappa} a_{\text {in }}(t)$, where

$$
\begin{equation*}
a_{\mathrm{in}}(t):=\frac{i}{\sqrt{2 \pi}} \int_{-\infty}^{\infty} d \omega^{\prime} b_{0}\left(\omega^{\prime}\right) e^{-i \omega^{\prime}\left(t-t_{0}\right)} \tag{12.73}
\end{equation*}
$$

(input field operator)
is the input field operator, which we will interpret in just a bit. The last term of Eq. (12.71) then becomes

$$
\begin{equation*}
-\frac{\kappa}{2 \pi} \int_{t_{0}}^{t} d t^{\prime} a\left(t^{\prime}\right) \int_{-\infty}^{\infty} d \omega^{\prime} e^{-i \omega^{\prime}\left(t-t^{\prime}\right)}=-\frac{\kappa}{2} a(t) \tag{12.74}
\end{equation*}
$$

where we have used

$$
\begin{equation*}
\int_{-\infty}^{\infty} d \omega^{\prime} e^{-i \omega^{\prime}\left(t-t^{\prime}\right)}=2 \pi \delta\left(t-t^{\prime}\right) \tag{12.75}
\end{equation*}
$$

and

$$
\begin{equation*}
\int_{t_{0}}^{t} d t^{\prime} a\left(t^{\prime}\right) \delta\left(t-t^{\prime}\right)=\frac{a(t)}{2} \tag{12.76}
\end{equation*}
$$

since the delta function is "split," with half the contribution of the exponential factor in Eq. (12.75) being picked up here. Putting these pieces together, we have the Heisenberg equation

$$
\begin{equation*}
\partial_{t} a=-i \omega a(t)-\frac{\kappa}{2} a(t)-\sqrt{\kappa} a_{\mathrm{in}}(t) \tag{12.77}
\end{equation*}
$$

(quantum Langevin equation)
called the quantum Langevin equation, since as we will see, the second term represents damping, and the last term represents quantum noise. This last term also represents an input to the system, since it represents the influence of the external modes $b\left(\omega^{\prime}\right)$ at time $t_{0}$ in the past on the present system operator $a(t)$.

### 12.2.1.1 Evolution of the Mean

To get a bit more insight into the Langevin equation (12.77), recall the Schrödinger-picture description of cavity damping represented by the master equation (12.54). The master equation implies the equation of motion

$$
\begin{equation*}
\partial_{t}\langle A\rangle=\operatorname{Tr}\left[A \partial_{t} \rho\right]=-\frac{i}{\hbar}\left\langle\left[A, H_{\mathrm{sys}}\right]\right\rangle+\kappa\left\langle a^{\dagger} A a-\frac{1}{2}\left(a^{\dagger} a A+A a^{\dagger} a\right)\right\rangle \tag{12.78}
\end{equation*}
$$

for an arbitrary system operator $A$. Setting $A=a$,

$$
\begin{equation*}
\partial_{t}\langle a\rangle=-i \omega\langle a\rangle+\frac{\kappa}{2}\left\langle a^{\dagger} a a-a a^{\dagger} a\right\rangle=-i \omega\langle a\rangle-\frac{\kappa}{2}\langle a\rangle . \tag{12.79}
\end{equation*}
$$

This is equivalent to the expectation value of the Langevin equation (12.77), but evidently $\left\langle a_{\mathrm{in}}(t)\right\rangle=0$ for this case. This is consistent with our expectation, since the reservoir that leads to this master equation is in the vacuum state, and the reservoir expectation value for each mode vanishes: $\langle 0| b_{0}\left(\omega^{\prime}\right)|0\rangle=0$. This means that the expectation value damps exponentially away:

$$
\begin{equation*}
\langle a(t)\rangle=\langle a(0)\rangle e^{-i \omega t} e^{-\kappa t / 2} \tag{12.80}
\end{equation*}
$$

Obviously, though, the operator $a$ must have more to it than just the expectation value - in particular, it has fluctuations about the mean. Otherwise, for example, the commutator $\left[a(t), a^{\dagger}(t)\right]$ would decay to zero, but it must be unity for all times. The input $a_{\text {in }}$ thus acts as a quantum noise that represents the fluctuations of $a$-fluctuations that are required in the presence of damping to ensure that commutators are preserved. This is one manifestation of the fluctuation-dissipation relation (Section 14.3.8.1).

This interpretation of the input operators as noise terms is reinforced by computing the commutator of $a_{\text {in }}(t)$,

$$
\begin{align*}
{\left[a_{\mathrm{in}}(t), a_{\mathrm{in}}^{\dagger}\left(t^{\prime}\right)\right] } & =\frac{1}{2 \pi} \int_{-\infty}^{\infty} d \omega^{\prime} \int_{-\infty}^{\infty} d \omega^{\prime \prime}\left[b_{0}\left(\omega^{\prime}\right), b_{0}^{\dagger}\left(\omega^{\prime \prime}\right)\right] e^{-i \omega^{\prime}\left(t-t_{0}\right)} e^{i \omega^{\prime \prime}\left(t^{\prime}-t_{0}\right)} \\
& =\frac{1}{2 \pi} \int_{-\infty}^{\infty} d \omega^{\prime} \int_{-\infty}^{\infty} d \omega^{\prime \prime} \delta\left(\omega^{\prime}-\omega^{\prime \prime}\right) e^{-i \omega^{\prime}\left(t-t_{0}\right)} e^{i \omega^{\prime \prime}\left(t^{\prime}-t_{0}\right)}  \tag{12.81}\\
& =\frac{1}{2 \pi} \int_{-\infty}^{\infty} d \omega^{\prime} e^{-i \omega^{\prime}\left(t-t^{\prime}\right)}
\end{align*}
$$

so that

$$
\begin{equation*}
\left[a_{\mathrm{in}}(t), a_{\mathrm{in}}^{\dagger}\left(t^{\prime}\right)\right]=\delta\left(t-t^{\prime}\right) \tag{12.82}
\end{equation*}
$$

(input-operator commutator)
The input operator thus appears to have the character of white noise, since its correlation function is a delta function (i.e., the power spectrum is flat). We will formalize this notion better after defining some fundamental concepts in stochastic calculus.

### 12.2.2 Output Field

We can proceed again as before, but instead of integrating Eq. (12.68) from a past time $t_{0}$ to $t$, we can integrate from $t$ to a future time $t_{1}$, to obtain

$$
\begin{equation*}
b\left(\omega^{\prime}\right)=b_{1}\left(\omega^{\prime}\right) e^{-i \omega^{\prime}\left(t-t_{1}\right)}+i \sqrt{\frac{\kappa\left(\omega^{\prime}\right)}{2 \pi}} \int_{t}^{t_{1}} d t^{\prime} a\left(t^{\prime}\right) e^{-i \omega^{\prime}\left(t-t^{\prime}\right)} \tag{12.83}
\end{equation*}
$$

where $b_{1}\left(\omega^{\prime}\right):=\left.b\left(\omega^{\prime}\right)\right|_{t=t_{1}}$. Again putting this into Eq. (12.66), we find

$$
\begin{equation*}
\partial_{t} a=-i \omega a(t)-\frac{i}{\sqrt{2 \pi}} \int_{-\infty}^{\infty} d \omega^{\prime} \sqrt{\kappa\left(\omega^{\prime}\right)} b_{1}\left(\omega^{\prime}\right) e^{-i \omega^{\prime}\left(t-t_{1}\right)}+\frac{1}{2 \pi} \int_{-\infty}^{\infty} d \omega^{\prime} \kappa\left(\omega^{\prime}\right) \int_{t}^{t_{1}} d t^{\prime} a\left(t^{\prime}\right) e^{-i \omega^{\prime}\left(t-t^{\prime}\right)} \tag{12.84}
\end{equation*}
$$

Making the Markov approximation, defining the output field

$$
\begin{equation*}
a_{\text {out }}(t):=\frac{i}{\sqrt{2 \pi}} \int_{-\infty}^{\infty} d \omega^{\prime} b_{1}\left(\omega^{\prime}\right) e^{-i \omega^{\prime}\left(t-t_{1}\right)} \tag{12.85}
\end{equation*}
$$

and carrying out the integrals as before, we find the alternate, time-reversed Langevin equation

$$
\partial_{t} a=-i \omega a(t)+\frac{\kappa}{2} a(t)-\sqrt{\kappa} a_{\mathrm{out}}(t)
$$

(time-reversed Langevin equation)
Here, the output operator $a_{\text {out }}(t)$ represents the coupling of the system to future bath modes, and thus we interpret this to be the system output. However, since the influence of $a_{\text {out }}(t)$ is in the future, this equation represents the backwards evolution of the system - hence the negative damping term.

Using essentially the same calculation leading up to Eq. (12.82), we find that the output-field commutator

$$
\begin{equation*}
\left[a_{\mathrm{out}}(t), a_{\mathrm{out}}^{\dagger}\left(t^{\prime}\right)\right]=\delta\left(t-t^{\prime}\right) \tag{12.87}
\end{equation*}
$$

(output-operator commutator)
is also a temporal delta function. Not surprisingly, the output operator $a_{\text {out }}(t)$ has the same spectral properties as the input $a_{\text {in }}(t)$.

### 12.2.3 Input-Output Relation

To relate the input and output fields, we start by integrating Eq. (12.70) over all frequencies (in the Markov approximation),

$$
\begin{align*}
\int_{-\infty}^{\infty} d \omega^{\prime} b\left(\omega^{\prime}\right) & =\int_{-\infty}^{\infty} d \omega^{\prime} b_{0}\left(\omega^{\prime}\right) e^{-i \omega^{\prime}\left(t-t_{0}\right)}-i \sqrt{\frac{\kappa}{2 \pi}} \int_{t_{0}}^{t} d t^{\prime} a\left(t^{\prime}\right) \int_{-\infty}^{\infty} d \omega^{\prime} e^{-i \omega^{\prime}\left(t-t^{\prime}\right)}  \tag{12.88}\\
& =-\sqrt{2 \pi} i a_{\mathrm{in}}(t)-i \sqrt{\frac{\pi \kappa}{2}} a(t)
\end{align*}
$$

which we can rewrite as

$$
\begin{equation*}
\frac{i}{\sqrt{2 \pi}} \int_{-\infty}^{\infty} d \omega^{\prime} b\left(\omega^{\prime}\right)=a_{\mathrm{in}}(t)+\frac{\sqrt{\kappa}}{2} a(t) \tag{12.89}
\end{equation*}
$$

In particular, this means that the combination of operators on the right-hand side commutes with any system operator $c(t)$, since it is independent of the state of the bath at the same time. Similarly, we can integrate Eq. (12.83) over all frequencies,

$$
\begin{align*}
\int_{-\infty}^{\infty} d \omega^{\prime} b\left(\omega^{\prime}\right) & =\int_{-\infty}^{\infty} d \omega^{\prime} b_{1}\left(\omega^{\prime}\right) e^{-i \omega^{\prime}\left(t-t_{1}\right)}+i \sqrt{\frac{\kappa}{2 \pi}} \int_{t}^{t_{1}} d t^{\prime} a\left(t^{\prime}\right) \int_{-\infty}^{\infty} d \omega^{\prime} e^{-i \omega^{\prime}\left(t-t^{\prime}\right)}  \tag{12.90}\\
& =-\sqrt{2 \pi} i a_{\mathrm{out}}(t)+i \sqrt{\frac{\pi \kappa}{2}} a(t)
\end{align*}
$$

which we can rewrite as

$$
\begin{equation*}
\frac{i}{\sqrt{2 \pi}} \int_{-\infty}^{\infty} d \omega^{\prime} b\left(\omega^{\prime}\right)=a_{\mathrm{out}}(t)-\frac{\sqrt{\kappa}}{2} a(t) \tag{12.91}
\end{equation*}
$$

Again, the combination of operators on the right-hand side commutes with any system operator $c(t)$. Comparting Eq. (12.91) with Eq. (12.89), we find the important relation

$$
\begin{equation*}
a_{\text {out }}(t)-a_{\text {in }}(t)=\sqrt{\kappa} a(t) \tag{12.92}
\end{equation*}
$$

(input-output relation)
for the input, output, and system fields.

### 12.2.4 General Heisenberg Equations

Above, we derived the Heisenberg-Langevin equations for the cavity annihilation operator $a(t)$. However, it is also useful to derive Langevin equations for an arbitrary system operator $c(t)$. We leave the derivation as an exercise; the results are

$$
\begin{equation*}
\partial_{t} c=-\frac{i}{\hbar}\left[c, H_{\mathrm{sys}}\right]-\left\{\left[c, a^{\dagger}\right]\left(\frac{\kappa}{2} a+\sqrt{\kappa} a_{\mathrm{in}}(t)\right)-\left(\frac{\kappa}{2} a^{\dagger}+\sqrt{\kappa} a_{\mathrm{in}}^{\dagger}(t)\right)[c, a]\right\} \tag{12.93}
\end{equation*}
$$

(quantum Langevin equation)
and

$$
\begin{equation*}
\partial_{t} c=-\frac{i}{\hbar}\left[c, H_{\mathrm{sys}}\right]-\left\{\left[c, a^{\dagger}\right]\left(-\frac{\kappa}{2} a+\sqrt{\kappa} a_{\mathrm{out}}(t)\right)-\left(-\frac{\kappa}{2} a^{\dagger}+\sqrt{\kappa} a_{\mathrm{out}}^{\dagger}(t)\right)[c, a]\right\} . \tag{12.94}
\end{equation*}
$$

(time-reversed Langevin equation)
These obviously reduce to the previous Langevin equations if $c \longrightarrow a$.

### 12.2.5 Causality

Suppose again that $c(t)$ is some Heisenberg-picture system operator. Since we integrate Eq. (12.93) forward in time to find the evolution of $c(t)$ in response to $a_{\text {in }}(t)$, we can see that $c(t)$ only depends on $a_{\text {in }}\left(t^{\prime}\right)$ in the past $\left(t^{\prime}<t\right)$. Expressed as a commutator, this statement is

$$
\begin{equation*}
\left[c(t), a_{\text {in }}\left(t^{\prime}\right)\right]=0 \quad\left(t^{\prime}>t\right) . \tag{12.95}
\end{equation*}
$$

Similarly, integrating Eq. (12.94) gives the influence of $a_{\text {out }}(t)$ on $c(t)$ in the past, so

$$
\begin{equation*}
\left[c(t), a_{\text {out }}\left(t^{\prime}\right)\right]=0 \quad\left(t^{\prime}<t\right) . \tag{12.96}
\end{equation*}
$$

But returning to Eq. (12.92), we see that both $a_{\text {in }}(t)$ and $a_{\text {out }}(t)$ give rise to the same commutator (up to a minus sign), but on different sections of the time axis. We can thus combine Eqs. (12.92), (12.95), and (12.96) to obtain the general commutators

$$
\left[c(t), a_{\mathrm{in}}\left(t^{\prime}\right)\right]=-\theta\left(t-t^{\prime}\right) \sqrt{\kappa}\left[c(t), a\left(t^{\prime}\right)\right]
$$

$$
\left[c(t), a_{\mathrm{out}}\left(t^{\prime}\right)\right]=\theta\left(t^{\prime}-t\right) \sqrt{\kappa}\left[c(t), a\left(t^{\prime}\right)\right] . \quad \text { (input-output commutators) }
$$

These commutators are a general statement of causality with respect to the system and input/output operators. The general strategy for the input-output formalism, then, is to specify the input field $a_{\text {in }}(t)$ for a system, use the Langevin equation (12.93) to determine the influence of the input on a system operator $c(t)$ [in particular, $a(t)$ ], and then use the input-output relation (12.92) to determine the system output $a_{\text {out }}(t)$.

### 12.2.6 Example: Reflections from a Cavity

Let's consider the same one-sided cavity as usual, now in the input-output formalism. ${ }^{4}$


Further, let's resolve the cavity-field operator $a(t)$ into frequency components $a\left(\omega^{\prime}\right)$ via the usual Fourier transform:

$$
\begin{equation*}
a\left(\omega^{\prime}\right)=\frac{1}{\sqrt{2 \pi}} \int_{-\infty}^{\infty} d t a(t) e^{i \omega^{\prime}\left(t-t_{0}\right)} . \tag{12.98}
\end{equation*}
$$

We can resolve the input and output fields in the same way; for example, examination of Eqs. (12.73) and (12.85) shows that $a_{\text {in }}\left(\omega^{\prime}\right)=i b_{0}\left(\omega^{\prime}\right)$ and $a_{\text {out }}\left(\omega^{\prime}\right)=i b_{1}\left(\omega^{\prime}\right)$. Then the Langevin equation (12.77)

$$
\begin{equation*}
\partial_{t} a=-i \omega a(t)-\frac{\kappa}{2} a(t)-\sqrt{\kappa} a_{\mathrm{in}}(t) \tag{12.99}
\end{equation*}
$$

becomes

$$
\begin{equation*}
-i \omega^{\prime} a\left(\omega^{\prime}\right)=-i \omega a\left(\omega^{\prime}\right)-\frac{\kappa}{2} a\left(\omega^{\prime}\right)-\sqrt{\kappa} a_{\mathrm{in}}\left(\omega^{\prime}\right), \tag{12.100}
\end{equation*}
$$

[^179]or
\[

$$
\begin{equation*}
\sqrt{\kappa} a_{\mathrm{in}}\left(\omega^{\prime}\right)=\left[i\left(\omega^{\prime}-\omega\right)-\frac{\kappa}{2}\right] a\left(\omega^{\prime}\right) \tag{12.101}
\end{equation*}
$$

\]

Then we can use the input-output relation (12.92) to eliminate the cavity field $a\left(\omega^{\prime}\right)=\left[a_{\text {out }}\left(\omega^{\prime}\right)-a_{\text {in }}\left(\omega^{\prime}\right)\right] / \sqrt{\kappa}$, with the result

$$
\begin{equation*}
\kappa a_{\mathrm{in}}\left(\omega^{\prime}\right)=\left[i\left(\omega^{\prime}-\omega\right)-\frac{\kappa}{2}\right]\left[a_{\mathrm{out}}\left(\omega^{\prime}\right)-a_{\mathrm{in}}\left(\omega^{\prime}\right)\right] \tag{12.102}
\end{equation*}
$$

or

$$
\begin{equation*}
\left[i\left(\omega^{\prime}-\omega\right)+\frac{\kappa}{2}\right] a_{\mathrm{in}}\left(\omega^{\prime}\right)=\left[i\left(\omega^{\prime}-\omega\right)-\frac{\kappa}{2}\right] a_{\mathrm{out}}\left(\omega^{\prime}\right) \tag{12.103}
\end{equation*}
$$

so that

$$
\begin{equation*}
a_{\mathrm{out}}\left(\omega^{\prime}\right)=\left(\frac{i\left(\omega^{\prime}-\omega\right)+\kappa / 2}{i\left(\omega^{\prime}-\omega\right)-\kappa / 2}\right) a_{\mathrm{in}}\left(\omega^{\prime}\right) \tag{12.104}
\end{equation*}
$$

(input-output relation for one-sided cavity)
This equation demonstrates that in steady state, the intensity reflected at each frequency is the same as the incident intensity (there can be no net flux). However, there is a phase shift that vanishes at large detunings away from the cavity resonance (so that the reflection is mostly directly from the output mirror), and that becomes a $\pi$ phase shift exactly at resonance, when the output field is entirely radiated by the cavity. Note that we also see here the explicit phase convention for reflecting from the output mirror, for which the field acquires a factor of $-1(+1$ for a reflection from the same mirror, but from inside the cavity).

### 12.2.7 Example: Cavity Transmission

Now if we consider a two-sided cavity, ${ }^{5}$ the generalization is straightforward: we have input and output operators for each dissipation channel. We will use the notation $a_{\text {in }}^{\leftarrow}(t)$ and $a_{\text {out }}^{\leftarrow}(t)$ for the input and output to the left-hand-side mirror, $a_{\mathrm{in}}^{\vec{~}}(t)$ and $\overrightarrow{a_{\text {out }}}(t)$ for the input and output to the right-hand-side mirror.


We can generalize the Langevin equation (12.77) by simply adding both inputs,

$$
\begin{equation*}
\partial_{t} a=-i \omega a(t)-\frac{\kappa}{2} a(t)-\sqrt{\frac{\kappa}{2}}\left[a_{\mathrm{in}}^{\leftarrow}(t)+a_{\mathrm{in}}(t)\right] \tag{12.105}
\end{equation*}
$$

begin careful to add damping terms for each input. Here we assume a symmetric cavity, with decay rate $\kappa / 2$ for each mirror, and thus a total decay rate of $\kappa$. Switching to frequency space as before,

$$
\begin{equation*}
\left[-i\left(\omega^{\prime}-\omega\right)+\frac{\kappa}{2}\right] a\left(\omega^{\prime}\right)=-\sqrt{\frac{\kappa}{2}}\left[a_{\mathrm{in}}^{\leftarrow}\left(\omega^{\prime}\right)+a_{\mathrm{in}}^{\rightarrow}\left(\omega^{\prime}\right)\right] \tag{12.106}
\end{equation*}
$$

and stipulating that there is no input from the right-hand side $\left(a_{\mathrm{in}}=0\right)$,

$$
\begin{equation*}
\left[i\left(\omega^{\prime}-\omega\right)-\frac{\kappa}{2}\right] a\left(\omega^{\prime}\right)=\sqrt{\frac{\kappa}{2}} a_{\mathrm{in}}^{\leftarrow}\left(\omega^{\prime}\right) \tag{12.107}
\end{equation*}
$$

Now noting that the input-output relation (12.92) holds for each pair of input and output operators separately (since they represent separate baths),

$$
\begin{equation*}
a_{\text {out }}^{\leftarrow}\left(\omega^{\prime}\right)-a_{\text {in }}^{\leftarrow}\left(\omega^{\prime}\right)=\sqrt{\frac{\kappa}{2}} a\left(\omega^{\prime}\right)=a_{\text {out }}^{\rightarrow}\left(\omega^{\prime}\right)-a_{\text {in }}^{\rightarrow}\left(\omega^{\prime}\right) \tag{12.108}
\end{equation*}
$$

[^180]again with $\overrightarrow{\mathrm{a}_{\mathrm{in}}}=0$, we can eliminate $a\left(\omega^{\prime}\right)$ in favor of $\overrightarrow{a_{\text {out }}}\left(\omega^{\prime}\right)$ to obtain
\[

$$
\begin{equation*}
\left[i\left(\omega^{\prime}-\omega\right)-\frac{\kappa}{2}\right] \overrightarrow{a_{\mathrm{out}}}\left(\omega^{\prime}\right)=\frac{\kappa}{2} a_{\mathrm{in}}^{\leftarrow}\left(\omega^{\prime}\right), \tag{12.109}
\end{equation*}
$$

\]

so that the transmitted field becomes

$$
\begin{equation*}
a_{\text {out }}^{\overrightarrow{2}}\left(\omega^{\prime}\right)=\left[\frac{\kappa / 2}{i\left(\omega^{\prime}-\omega\right)-\kappa / 2}\right] a_{\mathrm{in}}^{\leftarrow}\left(\omega^{\prime}\right) \tag{12.110}
\end{equation*}
$$

This is a Lorentzian response with a full-width at half-maximum of $\kappa$, and perfect transmission on resonance, $a_{\text {out }}^{\rightarrow}(\omega)=a_{\text {in }}^{\leftarrow}(\omega)$. Then from Eq. (12.108),

$$
\begin{equation*}
a_{\text {out }}^{\leftarrow}\left(\omega^{\prime}\right)=a_{\text {in }}^{\leftarrow}\left(\omega^{\prime}\right)+a_{\text {out }} \overrightarrow{\left(\omega^{\prime}\right)} a_{\text {in }}^{\leftarrow}\left(\omega^{\prime}\right)+\left[\frac{\kappa / 2}{i\left(\omega^{\prime}-\omega\right)-\kappa / 2}\right] a_{\text {in }}^{\leftarrow}\left(\omega^{\prime}\right), \tag{12.111}
\end{equation*}
$$

and thus the output field becomes

$$
\begin{equation*}
a_{\text {out }}^{\leftarrow}\left(\omega^{\prime}\right)=\left[\frac{i\left(\omega^{\prime}-\omega\right)}{i\left(\omega^{\prime}-\omega\right)-\kappa / 2}\right] a_{\text {in }}^{\leftarrow}\left(\omega^{\prime}\right) \tag{12.112}
\end{equation*}
$$

which is, of course, whatever didn't make it through the cavity. Returning to Eq. (12.107), we find that the internal field is given by

$$
\begin{equation*}
a\left(\omega^{\prime}\right)=\left[\frac{\sqrt{\kappa / 2}}{i\left(\omega^{\prime}-\omega\right)-\kappa / 2}\right] a_{\mathrm{in}}^{\leftarrow}\left(\omega^{\prime}\right) \tag{12.113}
\end{equation*}
$$

This is again a Lorentzian response, with a maximum amplitude at resonance of $-\sqrt{\kappa / 2} a_{\text {in }}^{\leftarrow}\left(\omega^{\prime}=\omega\right)$. In terms of intensities, this is

$$
\begin{equation*}
\left|a\left(\omega^{\prime}=\omega\right)\right|^{2}=\frac{2}{\kappa}\left|a_{\mathrm{in}}^{\leftarrow}\left(\omega^{\prime}=\omega\right)\right|^{2} \tag{12.114}
\end{equation*}
$$

From Eq. (12.43) the decay rate is $\kappa=2 \pi / \tau_{\mathrm{rt}} \mathscr{F}=2 \pi(\mathrm{FSR}) / \mathscr{F}$ in terms of the finesse and round-trip time (free spectral range), so

$$
\begin{equation*}
\left|a\left(\omega^{\prime}=\omega\right)\right|^{2}=\frac{\mathscr{F}}{2 \pi}\left(\frac{2\left|a_{\mathrm{in}}^{\leftarrow}\left(\omega^{\prime}=\omega\right)\right|^{2}}{\mathrm{FSR}}\right) \tag{12.115}
\end{equation*}
$$

(cavity buildup)
The usual classical result is that the cavity intensity builds up to a factor of $\mathscr{F} / 2 \pi$ over the input intensity (for large $\mathscr{F}$ ); the factor of FSR/2 here emphasizes the different normalization of the input/output operators compared to the cavity operator, since the cavity operator is defined in a bounded region, while the inputoutput operators are defined on unbounded ones.

### 12.2.8 Example: Driven Cavity

Suppose we have a one-sided cavity driven by a classical field. Then the cavity Hamiltonian is

$$
\begin{equation*}
H_{\mathrm{cav}}=\hbar \omega\left(a^{\dagger} a+\frac{1}{2}\right) \tag{12.116}
\end{equation*}
$$

and the Hamiltonian for the external driving laser at frequency $\omega_{\mathrm{L}}$ is, from Eq. (12.34),

$$
\begin{equation*}
H_{\mathrm{L}}=\hbar \mathscr{E}\left(a e^{i \omega_{\mathrm{L}} t}+a^{\dagger} e^{-i \omega_{\mathrm{L}} t}\right) \tag{12.117}
\end{equation*}
$$

The quantum Langevin equation (12.77) is thus modified to include the free evolution of both Hamiltonians, with the result

$$
\begin{equation*}
\partial_{t} a=-i \omega a(t)-i \mathscr{E} e^{-i \omega_{\mathrm{L}} t}-\frac{\kappa}{2} a(t)-\sqrt{\kappa} a_{\mathrm{in}}(t) \tag{12.118}
\end{equation*}
$$

Defining the rotating-frame operator

$$
\begin{equation*}
\tilde{a}(t):=a(t) e^{i \omega_{\mathrm{L}} t} \tag{12.119}
\end{equation*}
$$

(with a similar definition for $\tilde{a}_{\text {in }}$ ), the Langevin equation becomes

$$
\begin{equation*}
\partial_{t} \tilde{a}=\left(\partial_{t} a\right) e^{i \omega_{\mathrm{L}} t}+i \omega_{\mathrm{L}} \tilde{a}=i\left(\omega_{\mathrm{L}}-\omega\right) \tilde{a}(t)-i \mathscr{E}-\frac{\kappa}{2} \tilde{a}(t)-\sqrt{\kappa} \tilde{a}_{\mathrm{in}}(t) \tag{12.120}
\end{equation*}
$$

With the external bath in the vacuum state, the expectation value of this equation is

$$
\begin{equation*}
\partial_{t}\langle\tilde{a}\rangle=i\left(\omega_{\mathrm{L}}-\omega\right)\langle\tilde{a}(t)\rangle-i \mathscr{E}-\frac{\kappa}{2}\langle\tilde{a}(t)\rangle . \tag{12.121}
\end{equation*}
$$

In steady state, $\partial_{t}\langle\tilde{a}\rangle=0$, so

$$
\begin{equation*}
\alpha:=\langle\tilde{a}(t \rightarrow \infty)\rangle=\frac{i \mathscr{E}}{i\left(\omega_{\mathrm{L}}-\omega\right)-\kappa / 2} \tag{12.122}
\end{equation*}
$$

(cavity steady state)
But due to the presence of the vacuum input field in Eq. (12.120), the field $a(t)$ fluctuates about this value. In fact, we have already seen in Section 5.6.1.3 that the steady state of the damped harmonic oscillator is a coherent state. That is consistent with what we see here, since if the steady state is $|\alpha\rangle$, then by definition the coherent state satisfies $a|\alpha\rangle=\alpha|\alpha\rangle$, so that $\langle a\rangle=\langle\alpha| a|\alpha\rangle=\alpha$. The effect of the input is then to superpose vacuum fluctuations on the classical motion $\alpha e^{-i \omega_{\mathrm{L}} t}$ of the cavity steady state.

On resonance, then, the steady-state amplitude is given by

$$
\begin{equation*}
|\alpha|^{2}=\frac{4 \mathscr{E}^{2}}{\kappa^{2}}=\frac{4 P}{\kappa \hbar \omega}=\frac{2 \mathscr{F} P}{\pi(\mathrm{FSR}) \hbar \omega} \tag{12.123}
\end{equation*}
$$

(resonant cavity steady state)
in terms of the input power $P$, where we used $\mathscr{E}=\sqrt{\kappa P / \hbar \omega}$ from Eq. (12.40). Recall that for a coherent state $|\alpha|^{2}$ is the mean photon number, since $\langle\alpha| a^{\dagger} a|\alpha\rangle=|\alpha|^{2}$.

Finally, note that rather than include a driving Hamiltonian, we could have specified the classical driving field as part of the input field. That is, if the quantum Langevin equation without the contribution from $H_{\mathrm{L}}$ is

$$
\begin{equation*}
\partial_{t} a=-i \omega a(t)-\frac{\kappa}{2} a(t)-\sqrt{\kappa} a_{\mathrm{in}}(t) \tag{12.124}
\end{equation*}
$$

Then making the replacement

$$
\begin{equation*}
a_{\mathrm{in}}(t) \longrightarrow \frac{i \mathscr{E}}{\sqrt{\kappa}} e^{-i \omega_{\mathrm{L}} t}+a_{\mathrm{in}}(t) \tag{12.125}
\end{equation*}
$$

leads to the same driven Langevin equation (12.118). That is, the input field is in a coherent state, with amplitude $\alpha / 2$ [the same factor of 2 that we saw in Eq. (12.115) crops up here as well], and again $a_{\text {in }}(t)$ represents the input-field vacuum fluctuations.

### 12.2.9 Example: Atomic Motion in an Optical Cavity

Now consider a single atom in a resonantly driven cavity. The cavity Hamiltonian is again

$$
\begin{equation*}
H_{\mathrm{cav}}=\hbar \omega\left(a^{\dagger} a+\frac{1}{2}\right) \tag{12.126}
\end{equation*}
$$

the Hamiltonian for the external driving laser exactly on resonance, $\omega_{\mathrm{L}}=\omega$, is again

$$
\begin{equation*}
H_{\mathrm{L}}=\hbar \mathscr{E}\left(a e^{i \omega t}+a^{\dagger} e^{-i \omega t}\right) \tag{12.127}
\end{equation*}
$$

the free evolution of the atom is

$$
\begin{equation*}
H_{\mathrm{A}}=\frac{p^{2}}{2 m}+\hbar \omega_{0} \sigma^{\dagger} \sigma \tag{12.128}
\end{equation*}
$$

and the Jaynes-Cummings Hamiltonian (10.9) for the atom-field interaction is

$$
\begin{equation*}
H_{\mathrm{AF}}=\hbar g(x)\left(\sigma a^{\dagger}+\sigma^{\dagger} a\right) \tag{12.129}
\end{equation*}
$$

where

$$
\begin{equation*}
g(x)=g \cos (k x) \tag{12.130}
\end{equation*}
$$

gives the spatial dependence of the cavity QED coupling rate due to the standing-wave field in the cavity along the longitudinal direction.

With this collection of Hamiltonians, the quantum Langevin equation (12.77) becomes

$$
\begin{equation*}
\partial_{t} a=-i \omega a(t)-i \mathscr{E} e^{-i \omega t}-i g \cos (k x) \sigma(t)-\frac{\kappa}{2} a(t)-\sqrt{\kappa} a_{\mathrm{in}}(t) \tag{12.131}
\end{equation*}
$$

which becomes

$$
\begin{equation*}
\partial_{t} \tilde{a}=-i \mathscr{E}-i g \cos (k x) \tilde{\sigma}(t)-\frac{\kappa}{2} \tilde{a}(t)-\sqrt{\kappa} \tilde{a}_{\mathrm{in}}(t) \tag{12.132}
\end{equation*}
$$

upon entering the rotating frame of the laser field, with $\tilde{a}(t)=a(t) e^{i \omega t}$ and $\tilde{\sigma}(t)=\sigma(t) e^{i \omega t}$. Similarly, the general quantum Langevin equation (12.93) gives

$$
\begin{equation*}
\partial_{t} \sigma=-i \omega_{0} \sigma(t)-i g \cos (k x)\left[\sigma(t), \sigma^{\dagger}(t)\right] a-\frac{\Gamma}{2} \sigma(t)-\sqrt{\Gamma} \sigma_{\text {in }}(t) \tag{12.133}
\end{equation*}
$$

where we used $\sigma^{2}=0$ and $\left[\sigma, \sigma^{\dagger} \sigma\right]=\sigma$. Also, we are including dissipation of the atom via spontaneous emission, where $\Gamma$ is the decay rate into modes other than the cavity mode (which is approximately the free-space rate, so long as the cavity does not subtend a large solid angle from the atom). This dissipation has the same form as for the cavity, but with the replacements $\kappa \longrightarrow \Gamma$ and $a \longrightarrow \sigma$. In the rotating frame, this becomes

$$
\begin{equation*}
\partial_{t} \tilde{\sigma}=i \Delta \tilde{\sigma}(t)-i g \cos (k x)\left[\tilde{\sigma}(t), \tilde{\sigma}^{\dagger}(t)\right] \tilde{a}(t)-\frac{\Gamma}{2} \tilde{\sigma}-\sqrt{\Gamma} \tilde{\sigma}_{\text {in }}(t) \tag{12.134}
\end{equation*}
$$

where we now have the usual detuning

$$
\begin{equation*}
\Delta:=\omega-\omega_{0} \tag{12.135}
\end{equation*}
$$

of the laser field from the atomic resonance. Working in the limit of large detuning $|\Delta| \gg \Gamma, \kappa, g$, the atom is only weakly excited, and thus we can take $\sigma \sigma^{\dagger} \approx 1$ and $\sigma^{\dagger} \sigma \approx 0$, since the expectation values of these operators represent the populations of the ground and excited states, respectively. Thus, we have

$$
\begin{equation*}
\partial_{t} \tilde{\sigma}=\left(i \Delta-\frac{\Gamma}{2}\right) \tilde{\sigma}(t)-i g \cos (k x) \tilde{a}(t)-\sqrt{\Gamma} \tilde{\sigma}_{\text {in }}(t) \tag{12.136}
\end{equation*}
$$

for the atomic evolution.

### 12.2.9.1 Adiabatic Approximation

Now to make the adiabatic approximation. The idea is that the time scale for atomic motion is much slower than any of the time scales $|\Delta|, \Gamma, \kappa, g$ representing the cavity or internal atomic dynamics. Since these other processes are explicitly damped at the (fast) rates $\kappa / 2$ and $\Gamma / 2$, respectively, we can assume that they are always in quasi-equilibrium with respect to the atomic motion, so that $\partial_{t} \tilde{\sigma}=0$ and $\partial_{t} \tilde{a}=0$. This is sensible since to a good approximation, the atom will not respond to the fast fluctuations in $\tilde{\sigma}(t)$ and $\tilde{a}(t)$. Further to this end, then, we can set the input noise terms in Eqs. (12.132) and (12.136) to zero. This is equivalent to replacing $\tilde{\sigma}(t)$ and $\tilde{a}(t)$ by their expectation values $\langle\tilde{\sigma}(t)\rangle$ and $\langle\tilde{a}(t)\rangle$, again since, to a first approximation, the atomic motion should not respond to the fast fluctuations, so long as we are careful about the procedure. Thus, Eq. (12.136) becomes

$$
\begin{equation*}
\tilde{\sigma}(t) \approx \frac{i g \cos (k x)}{i \Delta-\Gamma / 2} \tilde{a}(t) \approx \frac{g}{\Delta} \cos (k x) \tilde{a}(t) \tag{12.137}
\end{equation*}
$$

and Eq. (12.132) becomes

$$
\begin{equation*}
0 \approx-i \mathscr{E}-i g \cos (k x) \tilde{\sigma}(t)-\frac{\kappa}{2} \tilde{a}(t) \approx-i \mathscr{E}-i \frac{g^{2}}{\Delta} \cos ^{2}(k x) \tilde{a}(t)-\frac{\kappa}{2} \tilde{a}(t) \tag{12.138}
\end{equation*}
$$

$$
\begin{equation*}
\tilde{a}(t) \approx \frac{-i \mathscr{E}}{i \frac{g^{2}}{\Delta} \cos ^{2}(k x)+\frac{\kappa}{2}} \tag{12.139}
\end{equation*}
$$

As in Section 12.2.8, we can define

$$
\begin{equation*}
\alpha:=\frac{2 \mathscr{E}}{\kappa} \tag{12.140}
\end{equation*}
$$

as the free-cavity coherent-state amplitude. Then expanding Eq. (12.139) to lowest order in $\Delta^{-1}$,

$$
\begin{equation*}
\tilde{a}(t) \approx \frac{-i \alpha}{1+i \frac{2 g^{2}}{\kappa \Delta} \cos ^{2}(k x)} \approx-i \alpha\left[1-i \frac{g^{2}}{\kappa \Delta} \cos ^{2}(k x)\right] \tag{12.141}
\end{equation*}
$$

so that we now have adiabatic expressions for both the atom and cavity lowering operators.
The atomic Hamiltonian (12.128) involves the combination $\sigma^{\dagger} \sigma$, so it is also useful to derive an adiabatic relation for this operator. Note that for weak excitation, as we implicitly saw in coherent vs. incoherent scattering from the two-level atom in Section 5.7.2,

$$
\begin{equation*}
\left\langle\sigma^{\dagger} \sigma\right\rangle \approx\left\langle\sigma^{\dagger}\right\rangle\langle\sigma\rangle \tag{12.142}
\end{equation*}
$$

This is because in the (far-detuned) weak-excitation limit, the spontaneous-emission rate from Eq. (5.272) for classical-field excitation with Rabi frequency $\Omega$ is $\Gamma \Omega^{2} / 4 \Delta^{2}$. The correction to factoring the expectation value in Eq. (12.142) is $O\left(\Delta^{-2}\right)$, and thus ignorable in this regime. From Eq. (12.137)

$$
\begin{equation*}
\tilde{\sigma}^{\dagger} \tilde{\sigma} \approx \frac{g^{2}}{\Delta^{2}} \cos ^{2}(k x) a^{\dagger} a \tag{12.143}
\end{equation*}
$$

since nothing changes upon transforming out of the rotating frame. The atomic Hamiltonian (12.144), once transformed into the rotating frame, becomes

$$
\begin{equation*}
H_{\mathrm{eff}}=\frac{p^{2}}{2 m}-\hbar \Delta \tilde{\sigma}^{\dagger} \tilde{\sigma} \tag{12.144}
\end{equation*}
$$

since this Hamiltonian correctly generates the first term in the Heisenberg equation (12.134). But with Eq. (12.143), we have the effective Hamiltonian

$$
\begin{equation*}
H_{\mathrm{eff}}=\frac{p^{2}}{2 m}-\hbar \frac{g^{2}}{\Delta} \cos ^{2}(k x) a^{\dagger} a \tag{12.145}
\end{equation*}
$$

(effective Hamiltonian for atomic motion)
for the atomic motion in response to the cavity field $a^{\dagger} a$ in the adiabatic approximation.
Now considering the motion of $a^{\dagger} a$ under $H_{\text {eff }}$, which now replaces $H_{\mathrm{A}}$ and $H_{\mathrm{AF}}$, we can use Eq. (12.93) to obtain

$$
\begin{align*}
\partial_{t} a^{\dagger} a & =i \mathscr{E}\left(\tilde{a}-\tilde{a}^{\dagger}\right)-\left\{a^{\dagger}\left(\frac{\kappa}{2} a+\sqrt{\kappa} a_{\mathrm{in}}(t)\right)+\left(\frac{\kappa}{2} a^{\dagger}+\sqrt{\kappa} a_{\mathrm{in}}^{\dagger}(t)\right) a\right\}  \tag{12.146}\\
& =i \mathscr{E}\left(\tilde{a}-\tilde{a}^{\dagger}\right)-\kappa a^{\dagger} a-\sqrt{\kappa}\left[\tilde{a}^{\dagger} \tilde{a}_{\mathrm{in}}(t)-\tilde{a}_{\mathrm{in}}^{\dagger}(t) \tilde{a}\right]
\end{align*}
$$

where we used $\left[a^{\dagger} a, a\right]=\left[a^{\dagger}, a\right] a=-a$ and $\left[a^{\dagger} a, a^{\dagger}\right]=a^{\dagger}\left[a, a^{\dagger}\right]=a^{\dagger}$, with the same relations holding in the rotating frame, where $a^{\dagger} a=\tilde{a}^{\dagger} \tilde{a}$. In the adiabatic approximation, we again set the noise terms to zero on average (noting that, e.g., $a(t)$ and $a_{\text {in }}(t)$ are statistically independent), and set the time derivative to zero, with the result

$$
\begin{equation*}
a^{\dagger} a \approx \frac{i \mathscr{E}}{\kappa}\left(\tilde{a}-\tilde{a}^{\dagger}\right)=-\alpha \frac{\left(\tilde{a}-\tilde{a}^{\dagger}\right)}{2 i} . \tag{12.147}
\end{equation*}
$$

Now using Eq. (12.141),

$$
\begin{equation*}
a^{\dagger} a \approx \alpha^{2} \tag{12.148}
\end{equation*}
$$

Then the effective Hamiltonian (12.145) becomes

$$
H_{\mathrm{eff}} \approx \frac{p^{2}}{2 m}-\hbar \frac{\alpha^{2} g^{2}}{\Delta} \cos ^{2}(k x)
$$

(effective Hamiltonian for atomic motion) (12.149)
which represents the average effective potential seen by the atoms. Of course, the operator nature of Eq. (12.145) shows that there will be fluctuations in the effective potential due to fluctuations in the cavity field, which are in turn due to cavity decay. Physically, think of it this way: each time a photon escapes the cavity at a random time, $\alpha^{2}$ jumps discontinuously downward by 1 , and this amplitude smoothly recovers due to the driving field until the next random jump.

### 12.3 Exercises

## Problem 12.1

Derive the decay rate for an optical cavity in the high-finesse limit using Fermi's Golden Rule. Assume that the decay occurs on the continuous family $|n\rangle \longrightarrow\left|n-1,1_{q}\right\rangle$ of transitions.

## Problem 12.2

Derive the input-output Heisenberg equations of motion (12.93) and (12.94)

$$
\begin{align*}
& \partial_{t} c=-\frac{i}{\hbar}\left[c, H_{\mathrm{sys}}\right]-\left\{\left[c, a^{\dagger}\right]\left(\frac{\kappa}{2} a+\sqrt{\kappa} a_{\mathrm{in}}(t)\right)-\left(\frac{\kappa}{2} a^{\dagger}+\sqrt{\kappa} a_{\mathrm{in}}^{\dagger}(t)\right)[c, a]\right\}  \tag{12.150}\\
& \partial_{t} c=-\frac{i}{\hbar}\left[c, H_{\mathrm{sys}}\right]-\left\{\left[c, a^{\dagger}\right]\left(-\frac{\kappa}{2} a+\sqrt{\kappa} a_{\mathrm{out}}(t)\right)-\left(-\frac{\kappa}{2} a^{\dagger}+\sqrt{\kappa} a_{\mathrm{out}}^{\dagger}(t)\right)[c, a]\right\}
\end{align*}
$$

for an arbitrary system operator $c$, for the system and bath interaction as we set up in class.

## Problem 12.3

Use the general Born-Markov master-equation formalism (Section 4.5) to derive the master equation for cavity decay (i.e., for a damped harmonic oscillator, coupled to a reservoir in the vacuum state). You should end up with the usual Lindblad master equation of the form

$$
\begin{equation*}
\partial_{t} \rho=-\frac{i}{\hbar}[H, \rho]+\kappa D[a] \rho . \tag{12.151}
\end{equation*}
$$

To make things simpler, ignore the Lamb shift, and assume an equal coupling of the cavity to all reservoir modes (i.e., a frequency-independent decay rate).

## Problem 12.4

(a) Show for a damped cavity, where the cavity annihilation operator $a$ satisfies the quantum Langevin equation

$$
\begin{equation*}
\partial_{t} a=-i \omega a(t)-\frac{\kappa}{2} a(t)-\sqrt{\kappa} a_{\mathrm{in}}(t) \tag{12.152}
\end{equation*}
$$

that for a bath in the vacuum state, that

$$
\begin{equation*}
\partial_{t}\langle a\rangle=-i \omega\langle a(t)\rangle-\frac{\kappa}{2}\langle a(t)\rangle . \tag{12.153}
\end{equation*}
$$

(b) The above result might seem alarming, as it appears that operators are damping away to nothing. However, the noisy character of the input operator in the vacuum state compensates for the damping. To illustrate this, show explicitly that the commutator $\left[a, a^{\dagger}\right]$ is time-invariant in spite of the damping.

## Problem 12.5

Consider a single-mode optical cavity with mode annihilation operator $a(t)$, with corresponding input and output operators $a_{\text {in }}(t)$ and $a_{\text {out }}(t)$, respectively, and decay rate $\kappa$.
(a) Show that $\left[a_{\text {out }}^{\dagger}(t), a_{\text {out }}\left(t^{\prime}\right)\right]=\left[a_{\text {in }}^{\dagger}(t), a_{\text {in }}\left(t^{\prime}\right)\right]$. What is the physical interpretation of this result?
(b) Show that $\left\langle a_{\text {out }}^{\dagger}(t) a_{\text {out }}\left(t^{\prime}\right)\right\rangle=\kappa\left\langle a^{\dagger}(t) a\left(t^{\prime}\right)\right\rangle$, assuming a vacuum input. What is the physical interpretation of this result?
(c) Show that $\left\langle a_{\text {out }}(t) a_{\text {out }}\left(t^{\prime}\right)\right\rangle=\kappa\left\langle a\left[\max \left(t, t^{\prime}\right)\right] a\left[\min \left(t, t^{\prime}\right)\right]\right\rangle$, assuming a vacuum input. What is the physical interpretation of this result?

## Chapter 13

## Mechanical Effects of the Quantum Vacuum

Here we will examine mechanical forces on atoms due to the quantum vacuum. Of course, there is no absorption from the vacuum, but scattering of virtual photons can still produce forces. Complementary to these forces are shifts of atomic energy levels, which we will also calculate. The main effect we will examine is the Casimir-Polder effect, ${ }^{1}$ where a ground-state atom near a conducting surface, with the field in the vacuum state, is attracted to the surface. We will also investigate the Lamb shift of atomic transitions, which we can interpret as an ac Stark shift due to the vacuum field. Since the introduction of a conducting boundary modifies the field modes, we can thus interpret the Casimir-Polder effect as a space-dependent Lamb shift due to the local modification of the vacuum field modes. (However, unlike the Lamb shift, which must be observed by probing transitions among atomic levels, the Casimir-Polder shift is observable for an atom in a single level due to the mechanical action of the shift.)

### 13.1 Setup

We want to compute the effect of the vacuum field in due to a plane conductor on an atom. We can write the Hamiltonian for the free atom and field as

$$
\begin{equation*}
H_{0}=\sum_{j} \hbar \omega_{j 0}\left|\mathrm{e}_{j}\right\rangle\left\langle\mathrm{e}_{j}\right|+\sum_{\mathbf{k}, \zeta} \hbar \omega_{\mathbf{k}}\left(a_{\mathbf{k}, \zeta}^{\dagger} a_{\mathbf{k}, \zeta}+\frac{1}{2}\right) \tag{13.1}
\end{equation*}
$$

where as usual, the ground state has zero energy, $\omega_{j 0}=\left(E_{j}-E_{0}\right) / \hbar$ is the transition frequency of the $|\mathrm{g}\rangle \longrightarrow\left|\mathrm{e}_{j}\right\rangle$ atomic transition, the wave vector $\mathbf{k}$ labels the field modes of different frequency and orientation, the index $\zeta$ labels the two independent polarizations, and $a_{\mathbf{k}, \zeta}$ is the annihilation operator for the $(\mathbf{k}, \zeta)$ mode. We will write the eigenstates that we need of the free Hamiltonian in the form $\left|\alpha, n_{\mathbf{k}, \zeta}\right\rangle$, which means that the atom is in state $|\alpha\rangle$, while the field mode $(\mathbf{k}, \zeta)$ has $n$ photons (other modes not explicitly labeled are in the vacuum state).

[^181]The quantum electric field from Eq. (8.56) is

$$
\begin{equation*}
\mathbf{E}(\mathbf{r}, t)=-\sum_{\mathbf{k}, \zeta} \sqrt{\frac{\hbar \omega_{\mathbf{k}}}{2 \epsilon_{0}}} \mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r}) a_{\mathbf{k}, \zeta}(t)+\text { H.c. } \tag{13.2}
\end{equation*}
$$

where the $a_{\mathbf{k}, \zeta}$ are the field annihilation operators, and the unit-normalized mode functions of frequency $\omega_{\mathbf{k}}$ in half-space from Section 8.4.3 are

$$
\begin{equation*}
\mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r})=\sqrt{\frac{2}{V}}\left(\hat{\varepsilon}_{\mathbf{k}, \zeta, \|} \sin k_{z} z-i \hat{\varepsilon}_{\mathbf{k}, \zeta, z} \cos k_{z} z\right) e^{i \mathbf{k}_{\|} \cdot \mathbf{r}} \tag{13.3}
\end{equation*}
$$

where $V=L^{3}$ is the quantization volume. Recall that we are applying perfectly conducting boundary conditions at $z=0$ and $z=L$, and periodic boundary conditions at $x=0$ and $x=L$, as well as $y=0$ and $y=L$. In the above mode functions, $\hat{\varepsilon}_{\mathbf{k}, \zeta}$ is the unit polarization vector of the mode, and the $\hat{x}^{\alpha}$ are the Cartesian unit vectors along the $x^{\alpha}$-direction. Recall also that the wave vectors are given by

$$
\begin{equation*}
k_{x}=\frac{2 \pi n_{x}}{L}, \quad k_{y}=\frac{2 \pi n_{y}}{L}, \quad k_{z}=\frac{\pi n_{z}}{L}, \tag{13.4}
\end{equation*}
$$

where $n_{x}$ and $n_{y}$ are any integers, and $n_{z}$ is nonnegative. In the above quantization volume, we regard the atom as being located at $(L / 2, L / 2, z)$, although as we will see the transverse location is unimportant.

### 13.2 Atom-Vacuum Interaction

We now account for the coupling of the atom with the field. We use the usual dipole form of the atom-field interaction Hamiltonian

$$
\begin{equation*}
H_{\mathrm{AF}}=-\mathbf{d} \cdot \mathbf{E}, \tag{13.5}
\end{equation*}
$$

where we neglect the contribution of the polarization term in Eq. (9.38) in this gauge. With the above definition (13.2) of the electric field, along with the usual form of the dipole operator, we can write the interaction explicitly without the rotating-wave approximation as

$$
\begin{equation*}
H_{\mathrm{AF}}=-\sum_{j} \sum_{\mathbf{k}, \zeta} \sqrt{\frac{\hbar \omega_{\mathbf{k}}}{2 \epsilon_{0}}}\left(\sigma_{j}+\sigma_{j}^{\dagger}\right)\langle\mathrm{g}| \mathbf{d}\left|\mathrm{e}_{j}\right\rangle \cdot\left[\mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r}) a_{\mathbf{k}, \zeta}+\mathbf{f}_{\mathbf{k}, \zeta}^{*}(\mathbf{r}) a_{\mathbf{k}, \zeta}^{\dagger}\right] \tag{13.6}
\end{equation*}
$$

where $\sigma_{j}:=|\mathrm{g}\rangle\langle j|$, and we have assumed the dipole matrix element $\langle\mathrm{g}| \mathbf{d}\left|\mathrm{e}_{j}\right\rangle$ to be real.
We will compute the energy shift of the ground state $|\mathrm{g}\rangle$ in perturbation theory, which will give the standard Casimir-Polder potential. Up to second order,

$$
\begin{equation*}
V_{\mathrm{CP}}=\langle\mathrm{g}| H|\mathrm{~g}\rangle+\langle\mathrm{g}| H_{\mathrm{AF}}|\mathrm{~g}\rangle+\sum_{j} \sum_{\mathbf{k}, \zeta} \frac{\left.\left|\langle\mathrm{g}| H_{\mathrm{AF}}\right| \mathrm{e}_{j}, 1_{\mathbf{k}, \zeta}\right\rangle\left.\right|^{2}}{E_{\mathrm{g}, 0}-E_{\mathrm{e}_{j}, 1_{\mathbf{k}, \zeta}}} \tag{13.7}
\end{equation*}
$$

The first two terms vanish, and the only nonvanishing contribution in the second-order term from $H_{\mathrm{AF}}$ will be from the $\sigma_{j} a_{\mathbf{k}, \zeta}$ and $\sigma_{j}^{\dagger} a_{\mathbf{k}, \zeta}^{\dagger}$ terms, which are not energy-conserving and thus are usually dropped in the rotating-wave approximation. Then we insert the atom and field energies:

$$
\begin{equation*}
V_{\mathrm{CP}}=-\sum_{j} \sum_{\mathbf{k}, \zeta} \frac{\left.\left|\langle\mathrm{g}| H_{\mathrm{AF}}\right| \mathrm{e}_{j}, 1_{\mathbf{k}, \zeta}\right\rangle\left.\right|^{2}}{\hbar\left(\omega_{j 0}+\omega_{\mathbf{k}}\right)} \tag{13.8}
\end{equation*}
$$

Using Eq. (13.6), we can write

$$
\begin{equation*}
V_{\mathrm{CP}}=-\sum_{j} \sum_{\mathbf{k}, \zeta} \frac{\omega_{\mathbf{k}}}{2 \epsilon_{0}} \frac{\left.|\langle\mathrm{~g}| \mathbf{d}| \mathrm{e}_{j}\right\rangle\left.\cdot \mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r})\right|^{2}}{\left(\omega_{j 0}+\omega_{\mathbf{k}}\right)} \tag{13.9}
\end{equation*}
$$

and using Eq. (13.3) for the mode functions,

$$
\begin{equation*}
V_{\mathrm{CP}}=-\sum_{j} \sum_{\mathbf{k}, \zeta} \frac{\omega_{\mathbf{k}}}{\epsilon_{0} V} \frac{\left.\left.\left|\langle\mathrm{~g}| \hat{\varepsilon}_{\mathbf{k}, \zeta, \|} \cdot \mathbf{d}\right| \mathrm{e}_{j}\right\rangle\left.\right|^{2} \sin ^{2} k_{z} z+\left|\langle\mathrm{g}| \hat{\varepsilon}_{\mathbf{k}, \zeta, z} \cdot \mathbf{d}\right| \mathrm{e}_{j}\right\rangle\left.\right|^{2} \cos ^{2} k_{z} z}{\left(\omega_{j 0}+\omega_{\mathbf{k}}\right)} \tag{13.10}
\end{equation*}
$$

where we have dropped cross-terms involving the parallel and perpendicular components of the dipole operator [these vanish in the upcoming angular integrals-convince yourself of this after working up through Eqs. (13.25)]. For compactness, we will henceforth write

$$
\begin{equation*}
\left.\left.\left.d_{j, \|}^{2} \equiv d_{j, x}^{2}+d_{j, y}^{2}=|\langle\mathrm{g}| \hat{x} \cdot \mathbf{d}| \mathrm{e}_{j}\right\rangle\left.\right|^{2}+|\langle\mathrm{g}| \hat{y} \cdot \mathbf{d}| \mathrm{e}_{j}\right\rangle\left.\right|^{2}, \quad d_{j, z}^{2} \equiv|\langle\mathrm{~g}| \hat{z} \cdot \mathbf{d}| \mathrm{e}_{j}\right\rangle\left.\right|^{2}, \tag{13.11}
\end{equation*}
$$

so that Eq. (13.10) becomes

$$
\begin{equation*}
V_{\mathrm{CP}}=-\frac{1}{\epsilon_{0} V} \sum_{j} \sum_{\mathbf{k}, \zeta} \frac{\omega_{\mathbf{k}}}{\left(\omega_{j 0}+\omega_{\mathbf{k}}\right)}\left\{\left[\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{x}\right)^{2}+\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{y}\right)^{2}\right] \frac{1}{2} d_{j, \|}^{2} \sin ^{2} k_{z} z+\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{z}\right)^{2} d_{j, z}^{2} \cos ^{2} k_{z} z\right\} \tag{13.12}
\end{equation*}
$$

where $d_{j, x}^{2}=d_{j, y}^{2}$ for a spherically symmetric atom (technically, we are not assuming a spherically symmetric atom, but because of the symmetry of the setup, the $x$ and $y$ dependence of the solution must be equivalent to that of a spherically symmetric atom), and we have again discarded vanishing cross-terms. All that remains is to evaluate the sums over atomic states and field modes.

The polarization sum is easy to evaluate, using the result from Eq. (8.189)

$$
\begin{equation*}
\sum_{\zeta}\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{r}_{\alpha}\right)\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{r}_{\beta}\right)=\delta_{\alpha \beta}-\frac{k_{\alpha} k_{\beta}}{k^{2}} \tag{13.13}
\end{equation*}
$$

which becomes

$$
\begin{equation*}
\sum_{\zeta}\left|\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{r}_{\alpha}\right|^{2}=1-\frac{k_{\alpha}^{2}}{k^{2}} \tag{13.14}
\end{equation*}
$$

for $\alpha=\beta$, and we have introduced the absolute value to handle complex polarization vectors (in half space we may assume they are real, and the polarization sum is independent of complex basis transformations). In particular, we may write the two required sums

$$
\begin{align*}
& \sum_{\zeta}\left|\hat{\varepsilon}_{\mathbf{k}, \zeta, z}\right|^{2}=\sum_{\zeta}\left|\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{z}\right|^{2}=1-\frac{k_{z}^{2}}{k^{2}} \\
& \sum_{\zeta}\left|\hat{\varepsilon}_{\mathbf{k}, \zeta, \|}\right|^{2}=\sum_{\zeta}\left|\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{x}\right|^{2}+\sum_{\zeta}\left|\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \hat{y}\right|^{2}=2-\frac{k_{x}^{2}}{k^{2}}-\frac{k_{y}^{2}}{k^{2}}=1+\frac{k_{z}^{2}}{k^{2}} \tag{13.15}
\end{align*}
$$

Then we can perform the polarization sums in the level shift, with the result

$$
\begin{equation*}
V_{\mathrm{CP}}=-\frac{1}{\epsilon_{0} V} \sum_{j} \sum_{\mathbf{k}} \frac{\omega_{\mathbf{k}}}{\left(\omega_{j 0}+\omega_{\mathbf{k}}\right)}\left\{\frac{1}{2}\left(1+\frac{k_{z}^{2}}{k^{2}}\right) d_{j, \|}^{2} \sin ^{2} k_{z} z+\left(1-\frac{k_{z}^{2}}{k^{2}}\right) d_{j, z}^{2} \cos ^{2} k_{z} z\right\} \tag{13.16}
\end{equation*}
$$

Expanding out the $\sin ^{2}$ and $\cos ^{2}$ functions,

$$
\begin{align*}
V_{\mathrm{CP}}=-\frac{1}{2 \epsilon_{0} V} \sum_{j} \sum_{\mathbf{k}} \frac{\omega_{\mathbf{k}}}{\left(\omega_{j 0}+\omega_{\mathbf{k}}\right)}\{ & {\left[\left(d_{j, \|}^{2} / 2+d_{j, z}^{2}\right)+\frac{k_{z}^{2}}{k^{2}}\left(d_{j, \|}^{2} / 2-d_{j, z}^{2}\right)\right] }  \tag{13.17}\\
& \left.-\left[\left(d_{j, \|}^{2} / 2-d_{j, z}^{2}\right)+\frac{k_{z}^{2}}{k^{2}}\left(d_{j, \|}^{2} / 2+d_{j, z}^{2}\right)\right] \cos \left(2 k_{z} z\right)\right\} .
\end{align*}
$$

Before evaluating the sum, we must be careful to remove divergences, which will simplify this expression.

### 13.3 Renormalization

Note that to compute the force on the atom due to the wall, we are really computing the difference in energy between this situation and the limit of a large box, where the particle is arbitrarily far away from the surface (we will also take the limit as the box size goes to infinity). That is, the "renormalized" potential is

$$
\begin{equation*}
\lim _{L, z_{0} \longrightarrow \infty} V_{\mathrm{CP}}\left(\frac{L}{2}, \frac{L}{2}, z\right)-V_{\mathrm{CP}}\left(\frac{L}{2}, \frac{L}{2}, z_{0}\right) . \tag{13.18}
\end{equation*}
$$

Hence the $z$-independent terms in Eq. (13.17), which are divergent under the mode summation, do not contribute to the answer, so we can explicitly drop it. Thus, we have

$$
\begin{equation*}
V_{\mathrm{CP}}=\frac{1}{2 \epsilon_{0} V} \sum_{j} \sum_{\mathbf{k}} \frac{\omega_{\mathbf{k}}}{\left(\omega_{j 0}+\omega_{\mathbf{k}}\right)}\left[\left(d_{j, \|}^{2} / 2-d_{j, z}^{2}\right)+\frac{k_{z}^{2}}{k^{2}}\left(d_{j, \|}^{2} / 2+d_{j, z}^{2}\right)\right] \cos \left(2 k_{z} z\right) \tag{13.19}
\end{equation*}
$$

and what remains is to evaluate the wave-vector summation. The terms that we have dropped, which are present in free space, are responsible for the Lamb shift that we will return to later. In fact, from the perturbation result (13.9), which contains contributions from the $\sigma^{\dagger} a^{\dagger}$ and $\sigma a$ terms of the interaction Hamiltonian, we see that the effect we are considering corresponds to the following "one-loop" graph.


This corresponds to a ground-state atom emitting a photon and becoming excited, and then reabsorbing the photon and returning to the ground state. Roughly speaking, if the virtual photon "bounces off the mirror," then we count it as contributing to the Casimir-Polder potential. Otherwise we count it as part of the free-space Lamb shift.

### 13.4 Large-Box Limit

When the box becomes large $(L \longrightarrow \infty)$, the spacing between the modes becomes small. In this limit, an integral of a function is equivalent to a sum weighted by the mode spacings. As usual, we can write

$$
\begin{equation*}
\sum_{\mathbf{k}} f(\mathbf{k}) \Delta k_{x} \Delta k_{y} \Delta k_{z} \longrightarrow \int_{-\infty}^{\infty} d k_{x} \int_{-\infty}^{\infty} d k_{y} \int_{-\infty}^{\infty} d k_{z} f(\mathbf{k}) \tag{13.20}
\end{equation*}
$$

for an arbitrary function $f(\mathbf{k})$. Since

$$
\begin{equation*}
\Delta k_{x}=\frac{2 \pi}{L_{x}}, \quad \Delta k_{y}=\frac{2 \pi}{L_{y}}, \quad \Delta k_{z}=\frac{\pi}{L_{z}} \tag{13.21}
\end{equation*}
$$

we can thus make the formal replacement

$$
\begin{equation*}
\sum_{\mathbf{k}} \longrightarrow \frac{V}{\pi(2 \pi)^{2}} \int_{-\infty}^{\infty} d k_{x} \int_{-\infty}^{\infty} d k_{y} \int_{0}^{\infty} d k_{z} \tag{13.22}
\end{equation*}
$$

where $V=L^{3}$. Thus, we are left with the expression

$$
\begin{align*}
V_{\mathrm{CP}} & =\frac{1}{8 \pi^{3} \epsilon_{0}} \sum_{j} \int_{-\infty}^{\infty} d k_{x} \int_{-\infty}^{\infty} d k_{y} \int_{0}^{\infty} d k_{z} \frac{k}{\left(k_{j 0}+k\right)}\left[\left(d_{j, \|}^{2} / 2-d_{j, z}^{2}\right)+\frac{k_{z}^{2}}{k^{2}}\left(d_{j, \|}^{2} / 2+d_{j, z}^{2}\right)\right] \cos \left(2 k_{z} z\right) \\
& =\frac{1}{16 \pi^{3} \epsilon_{0}} \sum_{j} \int_{-\infty}^{\infty} d k_{x} \int_{-\infty}^{\infty} d k_{y} \int_{-\infty}^{\infty} d k_{z} \frac{k}{\left(k_{j 0}+k\right)}\left[\left(d_{j, \|}^{2} / 2-d_{j, z}^{2}\right)+\frac{k_{z}^{2}}{k^{2}}\left(d_{j, \|}^{2} / 2+d_{j, z}^{2}\right)\right] \cos \left(2 k_{z} z\right), \tag{13.23}
\end{align*}
$$

where $\omega_{\mathbf{k}}=c k$, and $\omega_{j 0}=c k_{j 0}$. We now just need to evaluate the integrals here.

### 13.5 Spherical Coordinates

In Eq. (13.23), we basically just need to evaluate the integrals

$$
\begin{align*}
I_{1} & =\int_{-\infty}^{\infty} d k_{x} \int_{-\infty}^{\infty} d k_{y} \int_{-\infty}^{\infty} d k_{z} \frac{k}{\left(k+k_{0}\right)} \cos \left(2 k_{z} z\right)  \tag{13.24}\\
I_{2} & =\int_{-\infty}^{\infty} d k_{x} \int_{-\infty}^{\infty} d k_{y} \int_{-\infty}^{\infty} d k_{z} \frac{k_{z}^{2}}{k\left(k+k_{0}\right)} \cos \left(2 k_{z} z\right)
\end{align*}
$$

Writing $I_{1}$ in spherical coordinates, and carrying out the $\phi$ (azimuthal) integral,

$$
\begin{align*}
I_{1} & =2 \pi \int_{0}^{\infty} d k \int_{0}^{\pi} d \theta \frac{k^{3} \sin \theta \cos (2 k z \cos \theta)}{k+k_{0}} \\
& =2 \pi \int_{0}^{\infty} d k \frac{k^{3}}{\left(k+k_{0}\right)} \frac{\sin (2 k z)}{k z}  \tag{13.25}\\
& =-\frac{\pi}{2 z} \partial_{z}^{2} \int_{0}^{\infty} d k \frac{\sin (2 k z)}{k+k_{0}}
\end{align*}
$$

It appears that we are cheating by pulling the $\partial_{z}^{2}$ out of the integral, since the integral is, strictly speaking, divergent since the integrand asymptotically scales as $k$ for large $k$. However, in writing down the interaction Hamltonian (13.6), what we neglected is the fact that the atom is not perfectly localized, and the Hamiltonian should in fact be averaged over a localized distribution that represents the atom's extent. If this distribution is $h(\mathbf{r})$, then each factor of $\sin k_{z} z$ and $\cos k_{z} z$ in Eq. (13.10) and the subsequent expressions is multiplied by the Fourier transform $\tilde{h}(\mathbf{k})$. Then factors of $\cos 2 k_{z} z$ in the subsequent expressions are multiplied by $\tilde{h}^{2}(\mathbf{k})$, which cuts off the high-frequency ends of the above integral. For example, if $h(\mathbf{r})$ is a Gaussian function, then $\tilde{h}^{2}(\mathbf{k})$ is also Gaussian, and we have no problems with the convergence of the integrals. We will not explicitly include these cutoff functions, except to note that they ensure that all the mode integrals are convergent, and omitting them is equivalent to performing the integrals properly and then taking the limit as the size of the atom vanishes.

To evaluate the above integral, we need to introduce the auxiliary functions to the sine and cosine integrals. ${ }^{2}$ Their definitions are

$$
\begin{align*}
& f(z)=\sin z \operatorname{Ci}(z)+\cos z\left[\frac{\pi}{2}-\operatorname{Si}(z)\right]  \tag{13.26}\\
& g(z)=-\cos z \operatorname{Ci}(z)+\sin z\left[\frac{\pi}{2}-\operatorname{Si}(z)\right]
\end{align*}
$$

Here, the sine integral $\operatorname{Si}(x)$ and cosine integral $\mathrm{Ci}(x)$ are defined by

$$
\begin{align*}
& \operatorname{Si}(z)=\int_{0}^{z} \frac{\sin t}{t} d t  \tag{13.27}\\
& \operatorname{Ci}(z)=-\int_{z}^{\infty} \frac{\cos t}{t} d t=\gamma+\log z+\int_{0}^{z} \frac{\cos t-1}{t} d t
\end{align*}
$$

where $\gamma$ is Euler's constant. The auxiliary functions are plotted here.

[^182]

We note that even though they are composed of oscillatory functions, they are not themselves oscillatory. Now using the integral representation of the auxiliary function $f(z)$ from Problem 13.1, ${ }^{3}$

$$
\begin{equation*}
\int_{0}^{\infty} \frac{\sin (a x)}{x+\beta} d x=f(a \beta) \quad(|\arg \beta|<\pi, a>0) \tag{13.28}
\end{equation*}
$$

we can evaluate the above integral to obtain

$$
\begin{equation*}
I_{1}=-\frac{\pi}{2 z} \partial_{z}^{2} f\left(2 k_{0} z\right) \tag{13.29}
\end{equation*}
$$

We can also write $I_{2}$ in spherical coordinates, and after carrying out the $\phi$ (azimuthal) integral,

$$
\begin{align*}
I_{2} & =2 \pi \int_{0}^{\infty} d k \int_{0}^{\pi} d \theta \frac{k^{3} \sin \theta \cos ^{2} \theta \cos (2 k z \cos \theta)}{k+k_{0}} \\
& =-\frac{\pi}{2} \partial_{z}^{2} \int_{0}^{\infty} d k \frac{k}{k+k_{0}} \int_{0}^{\pi} d \theta \sin \theta \cos (2 k z \cos \theta)  \tag{13.30}\\
& =-\frac{\pi}{2}\left(\partial_{z}^{2} \frac{1}{z}\right) \int_{0}^{\infty} d k \frac{\sin (2 k z)}{k+k_{0}} \\
& =-\frac{\pi}{2}\left(\partial_{z}^{2} \frac{1}{z}\right) f\left(2 k_{0} z\right) .
\end{align*}
$$

In evaluating the derivatives, it is useful to note the equivalence of the operators

$$
\begin{equation*}
\left(\frac{1}{2 z} \partial_{z}^{2}-\frac{1}{z^{2}} \partial_{z}+\frac{1}{z^{3}}\right) \equiv \frac{1}{2}\left(\partial_{z}^{2} \frac{1}{z}\right) \tag{13.31}
\end{equation*}
$$

where both are assumed to operate on some function of $z$. Notice that $I_{1}$ and $I_{2}$ differ only by the ordering of $\partial_{z}^{2}$ and $(1 / z)$.

We can then write the Casimir-Polder potential as

$$
\begin{equation*}
V_{\mathrm{CP}}=\frac{1}{16 \pi^{3} \epsilon_{0}} \sum_{j}\left[\left(d_{j, \|}^{2} / 2-d_{j, z}^{2}\right) I_{1 j}+\left(d_{j, \|}^{2} / 2+d_{j, z}^{2}\right) I_{2 j}\right], \tag{13.32}
\end{equation*}
$$

where $I_{1 j}$ is the same as $I_{1}$ and $I_{2 j}$ is the same as $I_{2}$ but with $k_{0} \longrightarrow k_{j 0}$. Putting in the above values of $I_{1}$ and $I_{2}$, we find

$$
\begin{equation*}
V_{\mathrm{CP}}=-\frac{1}{\left(4 \pi \epsilon_{0}\right) 8 \pi} \sum_{j}\left[\left(d_{j, \|}^{2} / 2-d_{j, z}^{2}\right)\left(\frac{1}{z} \partial_{z}^{2}\right)+\left(d_{j, \|}^{2} / 2+d_{j, z}^{2}\right)\left(\partial_{z}^{2} \frac{1}{z}\right)\right] f\left(2 k_{j 0} z\right) \tag{13.33}
\end{equation*}
$$

[^183]This is not quite our final form. To simplify the antisymmetric part (involving the difference of $d_{j, \|}^{2}$ and $d_{j, z}^{2}$ ), we must reintroduce the Thomas-Reiche-Kuhn sum rule.

### 13.5.1 Thomas-Reiche-Kuhn Sum Rule

In the classical analysis of the Lorentz model in Section 1.2.1, we wrote down the Thomas-Reiche-Kuhn (TRK) sum rule

$$
\begin{equation*}
\sum_{j} f_{0 j}=1 \tag{13.34}
\end{equation*}
$$

For a fine-structure transition $J \longrightarrow J^{\prime}$, we have the expression

$$
\begin{equation*}
\Gamma_{J^{\prime} J}=\frac{e^{2} \omega_{J^{\prime} J}^{2}}{2 \pi \epsilon_{0} m_{\mathrm{e}} c^{3}} \frac{2 J+1}{2 J^{\prime}+1} f_{J J^{\prime}} \tag{13.35}
\end{equation*}
$$

that relates the oscillator strength to the decay rate. We further have the relation

$$
\begin{equation*}
\Gamma_{J^{\prime} J}=\frac{\omega_{J^{\prime} J}^{3}}{3 \pi \epsilon_{0} \hbar c^{3}} \frac{2 J+1}{2 J^{\prime}+1}\left|\left\langle J\|e \mathbf{r}\| J^{\prime}\right\rangle\right|^{2} \tag{13.36}
\end{equation*}
$$

relating the decay rate to the lifetime, in which case the TRK sum rule becomes

$$
\begin{equation*}
\sum_{J^{\prime}} \omega_{J J^{\prime}}\left|d_{J J^{\prime}}\right|^{2}=\frac{3 \hbar e^{2}}{2 m} \tag{13.37}
\end{equation*}
$$

This is closer to the usual quantum-mechanical form for the TRK sum rule, which we now derive directly.
Recall that we derived the relation

$$
\begin{align*}
\langle 0| p_{\alpha}|j\rangle & =-i \frac{m}{\hbar}\langle 0|\left[r_{\alpha}, H\right]|j\rangle  \tag{13.38}\\
& =i m \omega_{0 j}\langle 0| r_{\alpha}|j\rangle
\end{align*}
$$

between the position and momentum matrix elements in Section 9.3.2, Eq. (9.52), where

$$
\begin{equation*}
\omega_{0 j}:=\frac{E_{0}-E_{j}}{\hbar} \tag{13.39}
\end{equation*}
$$

is again the signed frequency of the transition between the energy eigenstates. The TRK sum rule follows from the following:

$$
\begin{align*}
\left.\sum_{j} \omega_{0 j}\left|\langle 0| r_{\alpha}\right| j\right\rangle\left.\right|^{2} & \left.=\frac{1}{2} \sum_{j}\left(\omega_{0 j}-\omega_{j 0}\right)\left|\langle 0| r_{\alpha}\right| j\right\rangle\left.\right|^{2} \\
& =-\frac{i}{2 m} \sum_{j}\left(\langle 0| p_{\alpha}|j\rangle\langle j| r_{\alpha}|0\rangle-\langle 0| r_{\alpha}|j\rangle\langle j| p_{\alpha}|0\rangle\right)  \tag{13.40}\\
& =-\frac{i}{2 m}\langle 0|\left[p_{\alpha}, r_{\alpha}\right]|0\rangle \\
& =-\frac{\hbar}{2 m}
\end{align*}
$$

Thus, we have established the TRK sum rule (note the subscript ordering on $\omega_{j 0}$ ):

$$
\begin{equation*}
\left.\sum_{j} \omega_{j 0}\left|\langle 0| r_{\alpha}\right| j\right\rangle\left.\right|^{2}=\frac{\hbar}{2 m} \tag{13.41}
\end{equation*}
$$

Using Eq. (13.38), we can also establish the alternate form of the TRK sum rule:

$$
\begin{equation*}
\sum_{j} \frac{\left.\left|\langle 0| p_{\alpha}\right| j\right\rangle\left.\right|^{2}}{\omega_{j 0}}=\frac{m \hbar}{2} \tag{13.42}
\end{equation*}
$$

In the Casimir-Polder potential, two combinations of dipole sums are particularly useful, as a corollary to the TRK sum rule:

$$
\begin{align*}
\sum_{j} \omega_{j 0}\left(d_{j, \|}^{2}+2 d_{j, z}^{2}\right) & =\frac{2 \hbar e^{2}}{m}  \tag{13.43}\\
\sum_{j} \omega_{j 0}\left(d_{j, \|}^{2}-2 d_{j, z}^{2}\right) & =0 .
\end{align*}
$$

In writing these relations down, we have used $\hat{r}_{\alpha} \cdot \mathbf{d}_{0 j}=e\langle 0| r_{\alpha}|j\rangle$. Of course, the label 0 can refer to any energy eigenstate, not just the ground state.

As we indicated before in Section 1.2.1, the TRK sum rule can converge rather slowly, involving many bound and unbound states for a convergence of matrix elements in an atom. ${ }^{4}$ We can see in Eq. (13.41) a bit of why this is: In the " $E$ gauge" (Section 9.3 .2 ), calculations typically involve such sums over squared position matrix elements (where the corresponding sums in the " $A$ gauge" involve sums over the squared momentum matrix elements as in Eq. (13.42). The E-gauge summations typically converge more quickly, since the dipole matrix elements to high-energy states typically drop off quickly (high-energy states tend to be far away from the nucleus, unlike low-energy states). However, the sum (13.41) is also weighted by the transition frequency, which again gives weight to high-energy states, and slowing the convergence of the sum.

### 13.5.2 Simplification

In Eq. (13.33), we have the derivative of $f(z)$. The derivatives of the auxiliary functions are given by

$$
\begin{align*}
& \partial_{z} f(z)=-g(z) \\
& \partial_{z}^{2} f(z)=-\partial_{z} g(z)=\frac{1}{z}-f(z) \tag{13.44}
\end{align*}
$$

so that the second derivative generates a term of the form

$$
\begin{equation*}
\sum_{j}\left(d_{j, \|}^{2} / 2-d_{j, z}^{2}\right) \frac{2 k_{j 0}}{z^{2}} \tag{13.45}
\end{equation*}
$$

which vanishes due to the TRK sum rule. Thus, we can write Eq. (13.33) as

$$
\begin{equation*}
V_{\mathrm{CP}}=\frac{1}{\left(4 \pi \epsilon_{0}\right) 8 \pi} \sum_{j}\left[\left(d_{j, \|}^{2} / 2-d_{j, z}^{2}\right) \frac{4 k_{j 0}^{2}}{z}-\left(d_{j, \|}^{2} / 2+d_{j, z}^{2}\right)\left(\partial_{z}^{2} \frac{1}{z}\right)\right] f\left(2 k_{j 0} z\right) \tag{13.46}
\end{equation*}
$$

(Casimir-Polder potential for ground-state atom near perfect mirror)
Now defining the scaled coordinates

$$
\begin{equation*}
z_{j}^{\prime}:=2 k_{j 0} z \tag{13.47}
\end{equation*}
$$

we can write

$$
\begin{equation*}
V_{\mathrm{CP}}=\frac{1}{\left(4 \pi \epsilon_{0}\right) \pi c^{3}} \sum_{j} \omega_{j 0}^{3}\left[\left(d_{j, \|}^{2} / 2-d_{j, z}^{2}\right) \frac{1}{z_{j}^{\prime}}-\left(d_{j, \|}^{2} / 2+d_{j, z}^{2}\right)\left(\partial_{z_{j}^{\prime}}^{2} \frac{1}{z_{j}^{\prime}}\right)\right] f\left(z_{j}^{\prime}\right) \tag{13.48}
\end{equation*}
$$

(Casimir-Polder potential, scaled coordinates)
as the potential shift of the ground state.

[^184]
### 13.5.3 Spherical Symmetry

For an atom with a spherically symmetric ground state (S-orbital),

$$
\begin{equation*}
\left.\left.\left.d_{j, \|}^{2} / 2-d_{j, z}^{2}=\left.\frac{1}{2}\left(|\langle\mathrm{~g}| e x| \mathrm{e}_{j}\right\rangle\right|^{2}+|\langle\mathrm{g}| e y| \mathrm{e}_{j}\right\rangle\left.\right|^{2}\right)-|\langle\mathrm{g}| e z| \mathrm{e}_{j}\right\rangle\left.\right|^{2}=0 \tag{13.49}
\end{equation*}
$$

while

$$
\begin{equation*}
\left.\left.\left.d_{j, \|}^{2} / 2+d_{j, z}^{2}=\left.\frac{1}{2}\left(|\langle\mathrm{~g}| e x| \mathrm{e}_{j}\right\rangle\right|^{2}+|\langle\mathrm{g}| e y| \mathrm{e}_{j}\right\rangle\left.\right|^{2}\right)+|\langle\mathrm{g}| e z| \mathrm{e}_{j}\right\rangle\left.\right|^{2}=2 d_{j, z}^{2} \tag{13.50}
\end{equation*}
$$

Thus, the potential simplifies, and becomes

$$
\begin{equation*}
V_{\mathrm{CP}}=-\frac{1}{\left(4 \pi \epsilon_{0}\right) 4 \pi} \sum_{j} d_{j, z}^{2} \partial_{z}^{2} \frac{1}{z} f\left(2 k_{j 0} z\right) \tag{13.51}
\end{equation*}
$$

(Casimir-Polder potential, spherically symmetric atom)
Still, the $f(z)$ function is unusual, and we will get some better feeling for it by examining its asymptotics and by carrying out the derivatives.

### 13.6 Asymptotic Behavior

At small distances, we can use $f(0)=\pi / 2$ to obtain from Eq. (13.51) the form

$$
\begin{equation*}
V_{\mathrm{CP}}=-\frac{1}{\left(4 \pi \epsilon_{0}\right)} \frac{1}{4 z^{3}} \sum_{j} d_{j, z}^{2} \tag{13.52}
\end{equation*}
$$

(near-field van der Waals potential, spherically symmetric atom)
We can see that this expression agrees with the classical result for the interaction of an induced, static dipole with its image. The interaction energy of two dipoles $\mathbf{d}_{1}$ and $\mathbf{d}_{2}$ is

$$
\begin{equation*}
V_{\mathrm{dip}}=\frac{\mathbf{d}_{1} \cdot \mathbf{d}_{2}-3\left(\hat{r}_{12} \cdot \mathbf{d}_{1}\right)\left(\hat{r}_{12} \cdot \mathbf{d}_{2}\right)}{\left(4 \pi \epsilon_{0}\right) r_{12}^{3}} \tag{13.53}
\end{equation*}
$$

where $\mathbf{r}_{12}$ is the vector for the displacement between the two dipoles. For a dipole a distance $z$ from the conducting surface interacting with its image, we have $r_{12}=2 z$, so that the dipole interaction energy reduces to

$$
\begin{equation*}
V_{\mathrm{dip}}=-\frac{1}{\left(4 \pi \epsilon_{0}\right)} \frac{1}{16 z^{3}}\left(d_{\|}^{2}+2 d_{\perp}^{2}\right) \tag{13.54}
\end{equation*}
$$

where $d_{\|}$and $d_{\perp}$ are the parallel and perpendicular components of the dipole, respectively. We have also added an extra factor of $1 / 2$, since don't want the direct interaction energy, but rather the energy required to bring the dipole from distance $+\infty$ to $z$ from the surface (equivalently, the energy we derived amounts to a field integral over all space, but we only want the integral over the dipole fields over half space). This agrees with Eq. (13.52) if we interpret the dipole moments as ground-state expectation values

$$
\begin{equation*}
d_{\|, \perp}^{2} \equiv\langle\mathrm{~g}| d_{\|, \perp}^{2}|\mathrm{~g}\rangle, \tag{13.55}
\end{equation*}
$$

we find the quantum instantaneous dipole energy

$$
\begin{equation*}
V_{\mathrm{dip}}=-\frac{1}{\left(4 \pi \epsilon_{0}\right)} \frac{1}{16 z^{3}}\langle\mathrm{~g}|\left(d_{\|}^{2}+2 d_{\perp}^{2}\right)|\mathrm{g}\rangle . \tag{13.56}
\end{equation*}
$$

If we further make the identifications

$$
\begin{equation*}
d_{\|}^{2}=e^{2}\left(x^{2}+y^{2}\right), \quad d_{\perp}^{2}=e^{2} z^{2} \tag{13.57}
\end{equation*}
$$

so that assuming an isotropic atom,

$$
\begin{equation*}
\langle\mathrm{g}| x^{2}|\mathrm{~g}\rangle=\langle\mathrm{g}| y^{2}|\mathrm{~g}\rangle=\langle\mathrm{g}| z^{2}|\mathrm{~g}\rangle \tag{13.58}
\end{equation*}
$$

we can write the static-dipole interaction as

$$
V_{\mathrm{dip}}=-\frac{1}{\left(4 \pi \epsilon_{0}\right)} \frac{1}{4 z^{3}}\langle\mathrm{~g}| e^{2} z^{2}|\mathrm{~g}\rangle
$$

(near-field van der Waals potential, spherically symmetric atom) (13.59)
This is equivalent to Eq. (13.52) after inserting the identity summation over atomic states in the matrix element. This is the usual van der Waals atom-surface interaction. We can see that in the short range, this effect is largely a classical dipole-image interaction, except for the interpretation of the dipole as an expectation value. The force here is thus due to zero-point fluctuations of the atomic dipole, which induce a mean-square dipole that interacts with its image to produce the force.

Asymptotically, $f(z) \sim 1 / z$ and $g(z) \sim 1 / z^{2}$ for $|\arg z|<\pi$, so that for the spherically symmetric atom at large $z$,

$$
\begin{equation*}
V_{\mathrm{CP}} \sim-\frac{3 c}{\left(4 \pi \epsilon_{0}\right) 4 \pi z^{4}} \sum_{j} \frac{d_{j, z}^{2}}{\omega_{j 0}}=-\frac{3 \hbar c \alpha_{0}}{\left(4 \pi \epsilon_{0}\right) 8 \pi z^{4}} \tag{13.60}
\end{equation*}
$$

(long-range Casimir-Polder potential, spherically symmetric atom)
where

$$
\begin{equation*}
\alpha_{0}=\alpha(0)=\sum_{j} \frac{2 d_{j, z}^{2}}{\hbar \omega_{j 0}} \tag{13.61}
\end{equation*}
$$

is the (classical or small-signal) static polarizability from Eq. (1.32), with $\omega, \gamma_{j} \longrightarrow 0$, and Eq. (5.213) to convert the oscillator strength to the dipole matrix element. The contributions due to the cosine terms from different transitions will have quasirandom phases at large $z$, and thus will average to zero, so we have dropped them. Thus, we recover the standard Casimir-Polder result in the large- $z$ limit. ${ }^{5}$ Again, the effect is due to fluctuations of the atomic dipole, but now the dipole interacts with its retarded image, due to the long distance to the mirror and back. The retardation means that the dipole is no longer completely correlated with its image, and this is why the potential falls off more quickly (like $z^{-4}$ instead of $z^{-3}$ ) in the far-field regime. Note, however, that in this regime, the Casimir-Polder effect is regarded in this regime as a true quantum effect of the field, since a semiclassical argument with retardation does not reproduce the correct potential without an extra choice of field-operator ordering. ${ }^{6}$

### 13.7 Excited-Level Shift

Now let us consider the corresponding shift of some excited atomic level $|\alpha\rangle$. Then we must modify the expression (13.9) to read

$$
\begin{equation*}
V_{\alpha}=-\sum_{j \neq \alpha} \sum_{\mathbf{k}, \zeta} \frac{\omega_{\mathbf{k}}}{2 \epsilon_{0}} \frac{|\langle\alpha| \mathbf{d}| j\rangle\left.\cdot \mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r})\right|^{2}}{\left(\omega_{j \alpha}+\omega_{\mathbf{k}}\right)} \tag{13.62}
\end{equation*}
$$

When summing over a state $|j\rangle$ of higher energy than $|\alpha\rangle$, then the term has the same form as before, since $|\alpha\rangle$ acts effectively as a ground state. However, if $|j\rangle$ is of lower energy than $|\alpha\rangle$, then $|\alpha\rangle$ takes on the role of an excited state for the transition, and $\omega_{j \alpha}<0$. In the interaction Hamiltonian, these modified terms are due to the usual energy-conserving terms $\sigma_{j} a_{\mathbf{k}, \zeta}^{\dagger}$ and $\sigma_{j}^{\dagger} a_{\mathbf{k}, \zeta}$, as opposed to the energy-nonconserving terms $\sigma_{j} a_{\mathbf{k}, \zeta}$ and $\sigma_{j}^{\dagger} a_{\mathbf{k}, \zeta}^{\dagger}$ terms that are responsible for the ground-state shift.

To avoid problems with the pole in the $k$ integration, we note that in perturbation theory, the integral is always taken to be the Cauchy principle value (Section 14.1.4.2), so that the singularity causes no difficulty in principle. The derivation then carries through as for the ground state, with possibly negative wave numbers in the solution (13.33):

$$
\begin{equation*}
V_{\alpha}=-\frac{1}{\left(4 \pi \epsilon_{0}\right) 8 \pi} \sum_{j}\left[\left(d_{j, \|}^{2} / 2-d_{j, z}^{2}\right)\left(\frac{1}{z} \partial_{z}^{2}\right)+\left(d_{j, \|}^{2} / 2+d_{j, z}^{2}\right)\left(\partial_{z}^{2} \frac{1}{z}\right)\right] f\left(2 k_{j \alpha} z\right) \tag{13.63}
\end{equation*}
$$

[^185]with
\[

$$
\begin{equation*}
f\left(2 k_{j \alpha} z\right)=f\left[\operatorname{sgn}\left(k_{j \alpha}\right) 2\left|k_{j \alpha}\right| z\right] . \tag{13.64}
\end{equation*}
$$

\]

Note that since we now have in principle a complex-valued function, we are explicitly taking the real part of the right-hand side. We can simplify this a bit by noting that $\operatorname{Si}(-z)=-\operatorname{Si}(z)$. However, $\mathrm{Ci}(z)$ is a bit more complicated: $\mathrm{Ci}(z)$ has a branch cut along the $(-z)$-axis, and it picks up an additional term when the sign of the argument changes: ${ }^{7}$

$$
\begin{array}{ll}
\mathrm{Ci}(-z)=\operatorname{Ci}(z)-i \pi & (0<\arg z<\pi)  \tag{13.65}\\
\mathrm{Ci}(-z)=\operatorname{Ci}(z)+i \pi & (-\pi<\arg z<0)
\end{array}
$$

Note then that strictly speaking, we should not have a negative real argument of $f(z)$. However, we are implementing the Cauchy principle value, which consists of deforming the $k$ integral by adding $\pm i 0$ to $k$, and then averaging the results, so that the two possible extra terms cancel. Thus, for our purposes, we may write $\mathrm{Ci}(-z)=\operatorname{Ci}(z)$ for real $z$, and effectively,

$$
\begin{equation*}
f(-z)=-f(z)+\pi \cos z \tag{13.66}
\end{equation*}
$$

also for $z$ real. Thus,

$$
\begin{equation*}
f\left(2 k_{j \alpha} z\right)=\operatorname{sgn}\left(\omega_{j \alpha}\right) f\left(2\left|k_{j \alpha}\right| z\right)+\Theta\left(\omega_{\alpha j}\right) \pi \cos \left(2\left|k_{j \alpha}\right| z\right), \tag{13.67}
\end{equation*}
$$

where $\Theta(z)$ is the Heaviside step function. That is, if the frequency is negative (for a term in the sum corresponding to a lower-energy level), the sign of the $f(z)$ function changes, and an extra term appears. Thus,

$$
\begin{equation*}
V_{\alpha}=-\sum_{j} \frac{\operatorname{sgn}\left(\omega_{j \alpha}\right)}{\left(4 \pi \epsilon_{0}\right) 8 \pi}\left[\left(d_{j, \|}^{2} / 2-d_{j, z}^{2}\right)\left(\frac{1}{z} \partial_{z}^{2}\right)+\left(d_{j, \|}^{2} / 2+d_{j, z}^{2}\right)\left(\partial_{z}^{2} \frac{1}{z}\right)\right]\left[f\left(2\left|k_{j \alpha}\right| z\right)-\Theta\left(\omega_{\alpha j}\right) \pi \cos \left(2\left|k_{j \alpha}\right| z\right)\right] \tag{13.68}
\end{equation*}
$$

Thus, extra, oscillatory terms are present when the level $|\alpha\rangle$ is an excited state-recall that $f(z)$ is not oscillatory. Redefining the scaled coordinates

$$
\begin{equation*}
z_{j}^{\prime}:=2\left|k_{j \alpha}\right| z \tag{13.69}
\end{equation*}
$$

we can write the potential shift as

$$
\begin{equation*}
V_{\alpha}=-\sum_{j} \frac{\operatorname{sgn}\left(\omega_{j \alpha}\right)\left|\omega_{j \alpha}\right|^{3}}{\left(4 \pi \epsilon_{0}\right) \pi c^{3}}\left[\left(d_{j, \|}^{2} / 2-d_{j, z}^{2}\right)\left(\frac{1}{z_{j}^{\prime}} \partial_{z_{j}^{\prime}}^{2}\right)+\left(d_{j, \|}^{2} / 2+d_{j, z}^{2}\right)\left(\partial_{z_{j}^{\prime}}^{2} \frac{1}{z_{j}^{\prime}}\right)\right]\left[f\left(z_{j}^{\prime}\right)-\Theta\left(\omega_{\alpha j}\right) \pi \cos z_{j}^{\prime}\right] . \tag{13.70}
\end{equation*}
$$

The TRK sum rule again applies as in Eq. (13.48), and we can thus evaluate the derivatives in the above expression to obtain

$$
\begin{equation*}
V_{\alpha}=\sum_{j} \frac{\operatorname{sgn}\left(\omega_{j \alpha}\right)\left|\omega_{j \alpha}\right|^{3}}{\left(4 \pi \epsilon_{0}\right) \pi c^{3}}\left[\left(d_{j, \|}^{2} / 2-d_{j, z}^{2}\right) \frac{1}{z_{j}^{\prime}}-\left(d_{j, \|}^{2} / 2+d_{j, z}^{2}\right)\left(\partial_{z_{j}^{\prime}}^{2} \frac{1}{z_{j}^{\prime}}\right)\right]\left[f\left(z_{j}^{\prime}\right)-\Theta\left(\omega_{\alpha j}\right) \pi \cos z_{j}^{\prime}\right] . \tag{13.71}
\end{equation*}
$$

This is our final result for the level shift of any level due to the presence of the conducting plane. However, let's condense the notation just a bit more and write

$$
V_{\alpha}=\sum_{j} \frac{\operatorname{sgn}_{j}\left|\omega_{j \alpha}\right|^{3}}{\left(4 \pi \epsilon_{0}\right) \pi c^{3}}\left[\left(d_{j, \|}^{2} / 2-d_{j, z}^{2}\right) \frac{1}{z_{j}^{\prime}}-\left(d_{j, \|}^{2} / 2+d_{j, z}^{2}\right) \partial_{z_{j}^{\prime}}^{2} \frac{1}{z_{j}^{\prime}}\right]\left[f\left(z_{j}^{\prime}\right)-\Theta_{j} \pi \cos z_{j}^{\prime}\right]
$$

(Casimir-Polder potential, excited level) (13.72) where $\operatorname{sgn}_{j}=\operatorname{sgn}\left(\omega_{j \alpha}\right)$ is negative only when level $\alpha$ has higher energy than level $j$, and $\Theta_{j}=\Theta\left(\omega_{\alpha j}\right)$ is unity in the same case and vanishing otherwise.

[^186]
### 13.7.1 Classical Antenna Behavior

Suppose now that we focus only on the oscillatory terms:

$$
\begin{equation*}
V_{\alpha}^{(\mathrm{osc})}=\sum_{j<\alpha} \frac{\left|\omega_{j \alpha}\right|^{3}}{4 \pi \epsilon_{0} c^{3}}\left[\left(d_{j, \|}^{2} / 2-d_{j, z}^{2}\right) \frac{1}{z_{j}^{\prime}}-\left(d_{j, \|}^{2} / 2+d_{j, z}^{2}\right)\left(\partial_{z_{j}^{\prime}}^{2} \frac{1}{z_{j}^{\prime}}\right)\right] \cos z_{j}^{\prime} . \tag{13.73}
\end{equation*}
$$

We can regard the sum here as extending over all states (even degenerate ones), in which case the formula

$$
\begin{equation*}
\Gamma_{j j^{\prime}}=\frac{\left.\left|\omega_{j^{\prime}}\right|^{3}\left|\langle j| d^{2}\right| j^{\prime}\right\rangle\left.\right|^{2}}{3 \pi \epsilon_{0} \hbar c^{3}} \tag{13.74}
\end{equation*}
$$

applies for the $\left|j^{\prime}\right\rangle \longrightarrow|j\rangle$ decay path. Thus, we find

$$
\begin{equation*}
V_{\alpha}^{(\mathrm{osc})}=\sum_{j<\alpha} \frac{3}{4} \hbar \Gamma_{\alpha j}\left[\left(\hat{\varepsilon}_{j, \|}^{2} / 2-\hat{\varepsilon}_{j, \perp}^{2}\right)-\left(\hat{\varepsilon}_{j, \|}^{2} / 2+\hat{\varepsilon}_{j, \perp}^{2}\right) \partial_{z_{j}^{\prime}}^{2}\right] \frac{\cos z_{j}^{\prime}}{z_{j}^{\prime}} \tag{13.75}
\end{equation*}
$$

where now $\hat{\varepsilon}_{\|}$and $\hat{\varepsilon}_{\perp}$ are the projections of the dipole unit vector onto the components parallel and perpendicular to the surface, respectively. By comparison to the classical expression of a dipole near a mirror, from Eq. (1.130),

$$
\begin{equation*}
\delta \omega_{0}=\frac{3}{4} \gamma\left[\left(\hat{\varepsilon}_{\|}^{2} / 2-\hat{\varepsilon}_{\perp}^{2}\right)-\left(\hat{\varepsilon}_{\|}^{2} / 2+\hat{\varepsilon}_{\perp}^{2}\right) \partial_{z^{\prime}}^{2}\right] \frac{\cos z^{\prime}}{z^{\prime}} \tag{13.76}
\end{equation*}
$$

where $z^{\prime}:=2 k_{0} z$, we see that the oscillatory part of the shift is explained by the classical model (at least for a single transition, for here we must sum over all lower energy levels). Thus, we can interpret the part of the potential unique to excited states as a classical dipole potential due to the spontaneously radiated field. However, what the classical model misses is the $f(z)$ part, which is a manifestation of the quantum vacuum. As we noted above, the ground-state Casimir-Polder potential is an effect of reflecting virtual photons, and we now see that the excited-state potential also includes effects due to real photons bouncing from the mirror.

To examine this more quantitatively, consider a two-level atom, ${ }^{8}$, in which case the excited-state shift corresponding to Eq. (13.72) is

$$
\begin{equation*}
\frac{\delta E_{\mathrm{e}}}{\hbar}=\frac{3 \Gamma}{4 \pi}\left[\left(\hat{\varepsilon}_{\|}^{2} / 2-\hat{\varepsilon}_{\perp}^{2}\right)-\left(\hat{\varepsilon}_{\|}^{2} / 2+\hat{\varepsilon}_{\perp}^{2}\right) \partial_{z^{\prime}}^{2}\right] \frac{\pi \cos z^{\prime}-f\left(z^{\prime}\right)}{z^{\prime}} \tag{13.77}
\end{equation*}
$$

For large $z^{\prime}, f\left(z^{\prime}\right) \ll \pi \cos z^{\prime}$, and we recover the classical result (13.76). For small $z^{\prime}, \pi \cos z^{\prime}-f\left(z^{\prime}\right)=$ $\pi / 2+O\left(z^{\prime}\right)$, and thus the quantum near-field (van der Waals) shift is half the classical value. If we choose to identify the classical and quantum mean-square dipoles differently to make them agree in the near-field, then the quantum shift will be double the classical shift in the far field. ${ }^{9}$ Thus, because of the vacuum contribution, there is no simple way to exactly identify the shift of the atomic excited state of the two-level atom with that of the classical dipole radiator.

[^187]
### 13.8 Power-Zienau Transformation in Half-Space

One little detail that we have ignored is that the complete dipole interaction Hamiltonian that we derived before in Eq. (9.38) has the form

$$
\begin{align*}
H_{\mathrm{AF}} & =\frac{1}{2} \int d^{3} r \rho(\mathbf{r}) \phi(\mathbf{r})+e \mathbf{r}_{\mathrm{e}} \cdot \mathbf{E}^{\perp}(0)+\frac{1}{2 \epsilon_{0}} \int d^{3} r P^{\perp 2}(\mathbf{r}) \\
& =\frac{1}{2} \int d^{3} r \rho(\mathbf{r}) \phi(\mathbf{r})-\mathbf{d} \cdot \mathbf{E}^{\perp}(0)+\frac{1}{2 \epsilon_{0}} \int d^{3} r P^{\perp 2}(\mathbf{r})  \tag{13.78}\\
& =\tilde{H}_{\mathrm{Coulomb}}+\tilde{H}_{\mathbf{d} \cdot \mathbf{E}}+\tilde{H}_{\text {self }},
\end{align*}
$$

where the last term is a polarization energy due to the dipole, with

$$
\begin{equation*}
P_{\alpha}^{\perp}(\mathbf{r}):=-e r_{\mathrm{e}, \beta} \delta_{\alpha \beta}^{\perp}(\mathbf{r}) . \tag{13.79}
\end{equation*}
$$

Note that we are also now including the interaction of the electron charge density $\rho(\mathbf{r})$ with the scalar potential, because now we have a coupling to a longitudinal electric field: an instantaneous dipole moment of the atom shows up as an instantaneous image dipole, to enforce the boundary conditions at the conducting plane. The $\mathbf{r} \cdot \mathbf{E}$ term does not account for this, as it was derived from the coupling to the vector potential and thus includes only the coupling to the transverse field. We have neglected the first and last terms thus far, although we have gotten the correct interaction, which yields the instantaneous dipole-dipole coupling at short range and the retarded scaling at long range. We have already shown in Eq. (13.56) that the instantaneous dipole-image interaction due to $H_{\text {Coulomb }}$ is given by

$$
\begin{equation*}
\Delta E_{\mathrm{Coulomb}}=-\frac{1}{\left(4 \pi \epsilon_{0}\right)} \frac{1}{16 z^{3}}\langle\alpha|\left(d_{\|}^{2}+2 d_{\perp}^{2}\right)|\alpha\rangle . \tag{13.80}
\end{equation*}
$$

We have neglected the last term in Eq. (13.78), the dipole self-energy. This easy to justify, since the selfenergy is integrated over all space and thus independent of $\mathbf{r}$. The contribution is thus $z$-independent and disappears in the renormalization of the Casimir-Polder potential. Note that this term is important in computing the Lamb shift, as we will show later.

Of course, the above interaction Hamiltonian was derived using a field commutator, specifically a freespace field commutator. However, for this calculation we have been living in half space, and we should verify that our interaction Hamiltonian is still appropriate. From our previous treatment of the Power-Zienau transformation, specifically Eq. (9.33), the transformed electric field operator is given by

$$
\begin{align*}
\tilde{E}_{\beta}^{\perp}(\mathbf{r}) & =U\left(\mathbf{r}_{\mathrm{e}}\right) E_{\beta}^{\perp}(\mathbf{r}) U^{\dagger}\left(\mathbf{r}_{\mathrm{e}}\right)  \tag{13.81}\\
& =E_{\beta}^{\perp}(\mathbf{r})+\frac{i e}{\hbar} r_{\mathrm{e}, \alpha}\left[A_{\alpha}(z \hat{z}), E_{\beta}^{\perp}(\mathbf{r})\right]
\end{align*}
$$

if we regard the atomic position to be $z \hat{z}$, with the conductor located at $z=0$ (the transverse location is arbitrary). We now use the commutator [from Eq. (8.214)]

$$
\begin{equation*}
\left[A_{\alpha}(\mathbf{r}, t), E_{\beta}\left(\mathbf{r}^{\prime}, t\right)\right]=-\frac{i \hbar}{\epsilon_{0}}\left[\delta_{\alpha \beta}^{\perp}\left(\mathbf{r}-\mathbf{r}^{\prime}\right)-\delta_{\alpha \beta}^{\top}\left(\mathbf{r}^{-}-\mathbf{r}^{\prime}\right)\right] \tag{13.82}
\end{equation*}
$$

where the transverse and "reflected transverse" delta functions are [from Eqs. (8.177) and (8.213), respectively]

$$
\begin{align*}
& \delta_{\alpha \beta}^{\perp}(\mathbf{r})=\frac{1}{(2 \pi)^{3}} \int d^{3} k\left(\delta_{\alpha \beta}-\frac{k_{\alpha} k_{\beta}}{k^{2}}\right) e^{i \mathbf{k} \cdot \mathbf{r}}  \tag{13.83}\\
& \delta_{\alpha \beta}^{\top}(\mathbf{r})=\frac{1}{(2 \pi)^{3}} \int d^{3} k\left(\delta_{\alpha \beta}^{-}-\frac{k_{\alpha}^{-} k_{\beta}}{k^{2}}\right) e^{i \mathbf{k} \cdot \mathbf{r}}
\end{align*}
$$

(Recall that $k_{\alpha}^{-}=k_{\alpha}$ except $k_{z}^{-}=-k_{z}$, and $\delta_{\alpha \beta}^{-}=\delta_{\alpha \beta}$ except that $\delta_{z z}^{-}=-1$.) We can thus write the transformed field in half-space as

$$
\begin{equation*}
\tilde{E}_{\beta}^{\perp}(\mathbf{r})=E_{\beta}^{\perp}(\mathbf{r})+\frac{e}{\epsilon_{0}} r_{\mathrm{e}, \alpha}\left[\delta_{\alpha \beta}^{\perp}(\mathbf{r}-z \hat{z})-\delta_{\alpha \beta}^{\top}(\mathbf{r}+z \hat{z})\right] \tag{13.84}
\end{equation*}
$$

We now see that the transformed field has an extra contribution at the location of the image dipole. The field energy thus transforms as

$$
\begin{align*}
U\left(\mathbf{r}_{\mathrm{e}}\right)\left[\int_{z>0} d^{3} r\left[E^{\perp}(\mathbf{r})\right]^{2}\right] U^{\dagger}\left(\mathbf{r}_{\mathrm{e}}\right)= & \int_{z>0} d^{3} r\left[U\left(\mathbf{r}_{\mathrm{e}}\right) \mathbf{E}^{\perp}(\mathbf{r}) U^{\dagger}\left(\mathbf{r}_{\mathrm{e}}\right)\right]^{2} \\
= & \int_{z>0} d^{3} r\left[\mathbf{E}^{\perp}(\mathbf{r})\right]^{2}+\frac{2 e}{\epsilon_{0}} \mathbf{r}_{\mathrm{e}} \cdot \mathbf{E}^{\perp}(z \hat{z})+\frac{2 e}{\epsilon_{0}} \mathbf{r}_{\mathrm{e}} \cdot \mathbf{E}^{\top}(-z \hat{z})  \tag{13.85}\\
& +\frac{1}{\epsilon_{0}^{2}} \int_{z>0} d^{3} r\left[\mathbf{P}^{\perp}(\mathbf{r}-z \hat{z})\right]^{2}+\frac{1}{\epsilon_{0}^{2}} \int_{z>0} d^{3} r\left[\mathbf{P}^{\top}(\mathbf{r}+z \hat{z})\right]^{2} \\
& +\frac{2}{\epsilon_{0}^{2}} \int d^{3} r \mathbf{P}^{\perp}(\mathbf{r}-z \hat{z}) \cdot \mathbf{P}^{\top}(\mathbf{r}+z \hat{z})
\end{align*}
$$

We have defined here the reflected field

$$
\begin{equation*}
E_{\alpha}^{\top}(\mathbf{r}):=\frac{1}{2} \int_{z>0} d^{3} r^{\prime}\left[\delta_{\alpha \beta}^{\top}\left(\mathbf{r}^{\prime}-\mathbf{r}\right)+\delta_{\beta \alpha}^{\top}\left(\mathbf{r}^{\prime}-\mathbf{r}\right)\right] E_{\beta}^{\perp}\left(\mathbf{r}^{\prime}\right) \tag{13.86}
\end{equation*}
$$

which for our purposes here is the same as the usual transverse field, but with the opposite sign for the $z$-component, and the reflected polarization

$$
\begin{equation*}
P_{\alpha}^{\top}(\mathbf{r}):=-e r_{\mathrm{e}, \beta} \delta_{\alpha \beta}^{\top}(\mathbf{r}) . \tag{13.87}
\end{equation*}
$$

The interaction Hamiltonian then becomes

$$
\begin{align*}
\tilde{H}_{\mathrm{AF}}= & \frac{1}{2} \int d^{3} r \rho(\mathbf{r}) \phi(\mathbf{r})+e \mathbf{r}_{\mathrm{e}} \cdot \mathbf{E}^{\perp}(z \hat{z})+e \mathbf{r}_{\mathrm{e}} \cdot \mathbf{E}^{\top}(-z \hat{z}) \\
& +\frac{1}{2 \epsilon_{0}} \int_{z>0} d^{3} r\left[\mathbf{P}^{\perp}(\mathbf{r}+z \hat{z})\right]^{2}+\frac{1}{2 \epsilon_{0}} \int_{z>0} d^{3} r\left[\mathbf{P}^{\perp}(\mathbf{r}-z \hat{z})\right]^{2}+\frac{1}{\epsilon_{0}} \int_{z>0} d^{3} r \mathbf{P}^{\perp}(\mathbf{r}-z \hat{z}) \cdot \mathbf{P}^{\top}(\mathbf{r}+z \hat{z}) . \tag{13.88}
\end{align*}
$$

Thus we see that in half-space, there is an additional dipole-field interaction term and two additional selfenergy terms. However, the field operator $\mathbf{E}^{\top}(-z \hat{z})$ vanishes, since it refers to the field amplitude behind the conductor, where it vanishes. The other polarization terms reduce very simply, using the properties

$$
\begin{equation*}
\left[\mathbf{P}^{\top}(\mathbf{r})\right]^{2}=\left[\mathbf{P}^{\perp}\left(\mathbf{r}^{-}\right)\right]^{2} \tag{13.89}
\end{equation*}
$$

and

$$
\begin{equation*}
\mathbf{P}^{\perp}(\mathbf{r}) \cdot \mathbf{P}^{\top}\left(\mathbf{r}^{\prime}\right)=\mathbf{P}^{\top}(\mathbf{r}) \cdot \mathbf{P}^{\perp}\left(\mathbf{r}^{\prime}\right) \tag{13.90}
\end{equation*}
$$

In this case, the interaction Hamiltonian becomes

$$
\begin{align*}
\tilde{H}_{\mathrm{AF}} & =\frac{1}{2} \int d^{3} r \rho(\mathbf{r}) \phi(\mathbf{r})+e \mathbf{r}_{\mathrm{e}} \cdot \mathbf{E}^{\perp}(z)+\frac{1}{2 \epsilon_{0}} \int_{\text {all } z} d^{3} r\left[\mathbf{P}^{\perp}(\mathbf{r})\right]^{2}+\frac{1}{2 \epsilon_{0}} \int_{\text {all } z} d^{3} r \mathbf{P}^{\perp}(\mathbf{r}-z \hat{z}) \cdot \mathbf{P}^{\top}(\mathbf{r}+z \hat{z}) \\
& =\tilde{H}_{\mathrm{Coulomb}}+\tilde{H}_{\mathbf{d} \cdot \mathbf{E}}+\tilde{H}_{\text {self }}+\tilde{H}_{\text {dipole-image }} . \tag{13.91}
\end{align*}
$$

Thus, we recover the usual dipole self-energy term, plus a second that is evidently due to the interaction of the dipole with its image in the mirror. The usual term is $z$-independent and does not contribute to the Casimir-Polder potential after renormalization. We will examine this term more closely in Section 13.12.2.1. However, the new term does, and we will now evaluate it.

To evaluate the dipole-image part of the Hamiltonian,

$$
\begin{equation*}
\tilde{H}_{\text {dipole-image }}=\frac{1}{2 \epsilon_{0}} \int_{\text {all } z} d^{3} r \mathbf{P}^{\perp}(\mathbf{r}-z \hat{z}) \cdot \mathbf{P}^{\perp}(\mathbf{r}+z \hat{z}) \tag{13.92}
\end{equation*}
$$

we first evaluate the integral

$$
\begin{align*}
\left(I_{3}\right)_{\alpha \gamma} & =\int d^{3} r \delta_{\alpha \beta}^{\perp}(\mathbf{r}-z \hat{z}) \delta_{\gamma \beta}^{\top}(\mathbf{r}+z \hat{z}) \\
& =\frac{1}{(2 \pi)^{6}} \int d^{3} r \int d^{3} k \int d^{3} k^{\prime}\left(\delta_{\alpha \beta}-\frac{k_{\alpha}^{\prime} k_{\beta}^{\prime}}{k^{\prime 2}}\right)\left(\delta_{\gamma \beta}^{-}-\frac{k_{\gamma}^{-} k_{\beta}}{k^{2}}\right) e^{i \mathbf{k} \cdot(\mathbf{r}-z \hat{z})} e^{i \mathbf{k}^{\prime} \cdot(\mathbf{r}+z \hat{z})} \\
& =\frac{1}{(2 \pi)^{3}} \int d^{3} k \int d^{3} k^{\prime}\left(\delta_{\alpha \beta}-\frac{k_{\alpha}^{\prime} k_{\beta}^{\prime}}{k^{\prime 2}}\right)\left(\delta_{\gamma \beta}^{-}-\frac{k_{\gamma}^{-} k_{\beta}}{k^{2}}\right) \delta\left(\mathbf{k}+\mathbf{k}^{\prime}\right) e^{-i\left(k_{z}-k_{z}^{\prime}\right) z}  \tag{13.93}\\
& =\frac{1}{(2 \pi)^{3}} \int d^{3} k\left(\delta_{\alpha \beta}-\frac{k_{\alpha} k_{\beta}}{k^{2}}\right)\left(\delta_{\gamma \beta}^{-}-\frac{k_{\gamma}^{-} k_{\beta}}{k^{2}}\right) e^{-i 2 k_{z} z} \\
& =\frac{1}{(2 \pi)^{3}} \int d^{3} k\left(\delta_{\alpha \gamma}^{-}-\frac{k_{\alpha} k_{\gamma}^{-}}{k^{2}}\right) e^{-i 2 k_{z} z} .
\end{align*}
$$

Note that the $z$ coordinate here is the location of the atom, not a component of the integration variable $\mathbf{r}$. Now we can evaluate the components on a case-by-case basis. Note that the integrand is axially symmetric, except for the tensor part, and thus the integral vanishes if $\alpha \neq \gamma$, as in this case the dependence on the axial angle $\phi$ will be $\sin \theta, \cos \theta$, or $\sin \theta \cos \theta$. We can also see that the $\delta_{\alpha \gamma}^{-}$never contributes, in view of the integral

$$
\begin{align*}
\int d^{3} k e^{-i 2 k_{z} z} & =\int d^{3} k \cos (2 k z \cos \theta) \\
& =2 \pi \int_{0}^{\infty} d k k^{2} \int_{0}^{\pi} d \theta \sin \theta \cos (2 k z \cos \theta) \\
& =\frac{2 \pi}{z} \int_{0}^{\infty} d k k \sin (2 k z)  \tag{13.94}\\
& =\lim _{\sigma \rightarrow 0} \frac{2 \pi}{z} \int_{0}^{\infty} d k k \sin (2 k z) e^{-k \sigma} \\
& =\lim _{\sigma \rightarrow 0} \frac{8 \pi \sigma}{\left(\sigma^{2}+4 z^{2}\right)^{2}} \\
& =0
\end{align*}
$$

If $\alpha=\gamma=z$, then we have

$$
\begin{align*}
\left(I_{3}\right)_{z z} & =\frac{1}{(2 \pi)^{3}} \int d^{3} k \frac{k_{z}^{2}}{k^{2}} e^{-i 2 k_{z} z} \\
& =\frac{1}{(2 \pi)^{3}}\left(-\frac{1}{4} \partial_{z}^{2}\right) \int d^{3} k \frac{1}{k^{2}} \cos \left(2 k_{z} z\right) \\
& =\frac{1}{(2 \pi)^{2}}\left(-\frac{1}{4} \partial_{z}^{2}\right) \int_{0}^{\infty} d k \int_{0}^{\pi} d \theta \sin \theta \cos (2 k z \cos \theta)  \tag{13.95}\\
& =\frac{1}{(2 \pi)^{2}}\left(-\frac{1}{4} \partial_{z}^{2}\right) \int_{0}^{\infty} d k \frac{\sin (2 k z)}{k z} \\
& =\frac{1}{(2 \pi)^{2}}\left(-\frac{1}{4} \partial_{z}^{2}\right) \frac{\pi}{2 z} \\
& =-\frac{1}{16 \pi z^{3}} .
\end{align*}
$$

On the other hand, if $\alpha=\gamma=x$ or $y$, then

$$
\begin{equation*}
\left(I_{3}\right)_{x x}=\left(I_{3}\right)_{y y}=-\frac{1}{(2 \pi)^{3}} \int d^{3} k \frac{k_{\|}^{2}}{2 k^{2}} e^{-i 2 k_{z} z}=-\frac{1}{32 \pi z^{3}} \tag{13.96}
\end{equation*}
$$

where we have used the fact that the $x$ - and $y$-directions are equivalent in this axisymmetric problem, and
$k_{\|}^{2}=k_{x}^{2}+k_{y}^{2}=k^{2}-k_{z}^{2}$. Thus,

$$
\begin{equation*}
\left(I_{3}\right)_{\alpha \beta}=-\frac{1}{32 \pi z^{3}}\left(\delta_{\alpha x} \delta_{\beta x}+\delta_{\alpha y} \delta_{\beta y}+2 \delta_{\alpha z} \delta_{\beta z}\right) \tag{13.97}
\end{equation*}
$$

To second order in the atomic dipole moment (i.e., to order $e^{2}$ ), it is sufficient to compute the shift due to the dipole-image Hamiltonian to first order in perturbation theory. Thus, for the shift of level $\alpha$,

$$
\begin{align*}
\Delta E_{\text {dipole-image }, \alpha} & =\langle\alpha| \tilde{H}_{\text {dipole-image }}|\alpha\rangle \\
& =\frac{e^{2}}{2 \epsilon_{0}}\langle\alpha| r_{\mathrm{e}, \mu} r_{\mathrm{e}, \nu}|\alpha\rangle\left(I_{3}\right)_{\mu \nu}  \tag{13.98}\\
& =\frac{1}{\left(4 \pi \epsilon_{0}\right) 16 z^{3}}\langle\alpha|\left[d_{j, \|}^{2}+2 d_{j, z}^{2}\right]|\alpha\rangle
\end{align*}
$$

This is the opposite of the static-dipole energy shift due to the Coulomb Hamiltonian.
Note that this result-where contributions boundary terms from the Power-Zienau transformation cancel the static image energies-always holds, independent of the shape of the boundary. Thus, when using the dipole Hamiltonian, it is sufficient to use the free-space version without worrying about Coulomb interactions with images. ${ }^{10}$

### 13.9 Calculation in the Coulomb Gauge

Now we will show that the same Casimir-Polder potential obtains if we use the $A$-gauge form

$$
\begin{equation*}
H_{\mathrm{AF}}^{(A)}=\frac{e}{m_{\mathrm{e}}} \mathbf{p}_{\mathrm{e}} \cdot \mathbf{A}+\frac{e^{2}}{2 m_{\mathrm{e}}} A^{2} \tag{13.99}
\end{equation*}
$$

of the interaction Hamiltonian from Eq. (9.49), including the sometimes-neglected $A^{2}$ term. The ground-state shift of the first term follows from adapting Eq. (13.32) to read

$$
\begin{equation*}
\Delta E_{\mathbf{p} \cdot \mathbf{A}}=\frac{1}{16 \pi^{3} \epsilon_{0}} \sum_{j}\left[\left(d_{j, \|}^{2} / 2-d_{j, z}^{2}\right) I_{1 j}^{\prime}+\left(d_{j, \|}^{2} / 2+d_{j, z}^{2}\right) I_{2 j}^{\prime}\right] \tag{13.100}
\end{equation*}
$$

where the above form is the same as before, but written in terms of new integrals

$$
\begin{align*}
& I_{1}^{\prime}=k_{0}^{2} \int_{-\infty}^{\infty} d k_{x} \int_{-\infty}^{\infty} d k_{y} \int_{-\infty}^{\infty} d k_{z} \frac{1}{k\left(k+k_{0}\right)} \cos \left(2 k_{z} z\right)  \tag{13.101}\\
& I_{2}^{\prime}=k_{0}^{2} \int_{-\infty}^{\infty} d k_{x} \int_{-\infty}^{\infty} d k_{y} \int_{-\infty}^{\infty} d k_{z} \frac{k_{z}^{2}}{k^{3}\left(k+k_{0}\right)} \cos \left(2 k_{z} z\right)
\end{align*}
$$

This is because the matrix elements of the $\mathbf{r} \cdot \mathbf{E}$ and $\mathbf{p} \cdot \mathbf{A}$ interaction Hamiltonians differ in magnitude by a factor of $\omega / \omega_{j 0}$, as we showed in Section 9.3.2. Thus, the integrands are multiplied by factors of $\left(k_{j 0} / k\right)^{2}$ compared to the previous calculation in the $E$ gauge. Evaluating the $I_{1}^{\prime}$ integral,

$$
\begin{align*}
I_{1}^{\prime} & =2 \pi k_{0}^{2} \int_{0}^{\infty} d k \int_{0}^{\pi} d \theta \frac{k \sin \theta \cos (2 k z \cos \theta)}{\left(k+k_{0}\right)} \\
& =2 \pi k_{0}^{2} \int_{0}^{\infty} d k \frac{k}{\left(k+k_{0}\right)} \frac{\sin (2 k z)}{k z}  \tag{13.102}\\
& =\frac{2 \pi k_{0}^{2}}{z} \int_{0}^{\infty} d k \frac{\sin (2 k z)}{\left(k+k_{0}\right)} \\
& =\frac{2 \pi k_{0}^{2}}{z} f\left(2 k_{0} z\right) .
\end{align*}
$$

[^188]Recalling that

$$
\begin{equation*}
I_{1}=-\frac{\pi}{2}\left(\frac{1}{z} \partial_{z}^{2}\right) f\left(2 k_{0} z\right)=\frac{2 \pi k_{0}^{2}}{z} f\left(2 k_{0} z\right)-\frac{\pi k_{0}}{z^{2}} \tag{13.103}
\end{equation*}
$$

we showed above that the second term vanished in the sum over levels by the TRK sum rule (13.43). Thus, the two integrals give equivalent results for the asymmetric-dipole part of the Casimir-Polder potential.

To evaluate the second integral $I_{2}^{\prime}$, the procedure is similar to the case for $I_{2}$ :

$$
\begin{align*}
I_{2}^{\prime} & =2 \pi k_{0}^{2} \int_{0}^{\infty} d k \int_{0}^{\pi} d \theta \frac{k \sin \theta \cos ^{2} \theta \cos (2 k z \cos \theta)}{\left(k+k_{0}\right)} \\
& =4 \pi \int_{0}^{\infty} d k \frac{k}{\left(k+k_{0}\right)}\left(\frac{\sin (2 k z)}{2 k z}+2 \frac{\cos (2 k z)}{(2 k z)^{2}}-2 \frac{\sin (2 k z)}{(2 k z)^{3}}\right) \\
& =-\pi k_{0}^{2}\left(\frac{1}{2 z} \partial_{z}^{2}-\frac{1}{z^{2}} \partial_{z}+\frac{1}{z^{3}}\right) \int_{0}^{\infty} d k \frac{\sin (2 k z)}{k^{2}\left(k+k_{0}\right)} \\
& =-\frac{\pi}{2} k_{0}^{2}\left(\partial_{z}^{2} \frac{1}{z}\right) \int_{0}^{\infty} d k \frac{\sin (2 k z)}{k^{2}\left(k+k_{0}\right)}  \tag{13.104}\\
& =-\frac{\pi}{2} k_{0}^{2}\left(\partial_{z}^{2} \frac{1}{z}\right)\left(-4 \partial_{z}^{-2}\right) \int_{0}^{\infty} d k \frac{\sin (2 k z)}{\left(k+k_{0}\right)} \\
& =-\frac{\pi}{2} k_{0}^{2}\left(\partial_{z}^{2} \frac{1}{z}\right)\left(-4 \partial_{z}^{-2}\right) f\left(2 k_{0} z\right) \\
& =-\frac{\pi}{2}\left(\partial_{z}^{2} \frac{1}{z}\right) f\left(2 k_{0} z\right)+\frac{\pi^{2}}{4}\left(\partial_{z}^{2} \frac{1}{z}\right)+\pi k_{0}\left(\partial_{z}^{2} \frac{1}{z}\right)\left[z \log \left(2 k_{0} z\right)-z\right] \\
& =-\frac{\pi}{2}\left(\partial_{z}^{2} \frac{1}{z}\right) f\left(2 k_{0} z\right)+\frac{\pi^{2}}{2 z^{3}}-\frac{\pi k_{0}}{z^{2}},
\end{align*}
$$

where we used the antiderivative formula

$$
\begin{equation*}
\partial_{z}^{-2} f(z)=-f(z)+\pi / 2+z \log z-z \tag{13.105}
\end{equation*}
$$

The $\pi / 2$ is one of the constants of integration from evaluating the antiderivatives, while the other gives a term of the form $c z$, which vanishes under the derivative. These constants are set by noting that the integral in the fourth line above vanishes for $z=0$, and that $f(0)=\pi / 2$. Now recalling from Eq. (13.30) that

$$
\begin{equation*}
I_{2}=-\frac{\pi}{2}\left(\partial_{z}^{2} \frac{1}{z}\right) f\left(2 k_{0} z\right) \tag{13.106}
\end{equation*}
$$

we see that there are two terms in $I_{2}^{\prime}$ that do not appear in $I_{2}$ that we must explain. The second term in $I_{2}^{\prime}$ leads to an energy shift of the form

$$
\begin{equation*}
\frac{1}{32 \pi \epsilon_{0} z^{3}} \sum_{j}\left(d_{j, \|}^{2} / 2+d_{j, z}^{2}\right)=\frac{1}{4 \pi \epsilon_{0}} \frac{1}{16 z^{3}}\langle\mathrm{~g}|\left(d_{\|}^{2}+d_{z}^{2}\right)|\mathrm{g}\rangle . \tag{13.107}
\end{equation*}
$$

This has the same form, except for the opposite sign, as the static dipole energy (13.54), if we interpret the classical squared dipole moments as quantum expectation values. Thus, this term cancels the static Coulomb energy of the instantaneous dipole moment interacting with the boundary, which we have so far neglected to include, given by the Hamiltonian

$$
\begin{equation*}
H_{\mathrm{Coulomb}}=\frac{1}{2} \int d^{3} r \rho(\mathbf{r}) \phi(\mathbf{r}), \tag{13.108}
\end{equation*}
$$

where $\rho(\mathbf{r})$ is the charge density corresponding to the atomic dipole, and $\phi(\mathbf{r})$ is the scalar potential, which gives the energy contribution of the longitudinal field. This energy corresponds to an unretarded energy, and clearly must be canceled to produce the correct quantum (retarded) shift.

The third term in $I_{2}^{\prime}$, which also does not appear in $I_{1}$, also scales as $k_{0}$ and therefore, by the TRK sum rule (13.43), becomes independent of the level:

$$
\begin{equation*}
\frac{k_{j 0}}{16 \pi^{2} \epsilon_{0} z^{2}} \sum_{j}\left(d_{j, \|}^{2} / 2+d_{j, z}^{2}\right)=-\frac{e^{2} \hbar}{16 \pi^{2} \epsilon_{0} m_{\mathrm{e}} c z^{2}} \tag{13.109}
\end{equation*}
$$

We will show below that this term exactly cancels the contribution from the $A^{2}$ term of the $A$-gauge interaction Hamiltonian.

Thus, we see that the $A$-gauge interaction Hamiltonian gives the same result as the total $E$-gauge dipole interaction Hamiltonian. The same is true of the excited-level shifts, because the extra $\cos \left(2 k_{0} z\right)$ terms that appear there do not generate extra terms when differentiated or integrated twice, and the extra terms we generated turned out to be level-independent. Thus, the same branch-cut argument above produces the same terms in the $A$ gauge. However we see explicitly here the importance of summing over all the excited levels; had we made a two-level atom approximation, we would have gotten different results in the two gauges. ${ }^{11}$

Then what about the rest of the $A$-gauge Hamiltonian? We still have left the field self-energy part

$$
\begin{equation*}
H_{\mathrm{AF}, 2}=\frac{e^{2}}{2 m_{\mathrm{e}}} A^{2} \tag{13.110}
\end{equation*}
$$

of the interaction. Since our calculation is valid to lowest (second) nonvanishing order in the dipole matrix element, we can compute the shift due to this Hamiltonian to order $e^{2}$, and thus it suffices to compute the shift to first order in perturbation theory:

$$
\begin{align*}
\Delta E_{A^{2}} & =\langle\mathrm{g}| H_{\mathrm{AF}, 2}|\mathrm{~g}\rangle \\
& =\frac{e^{2}}{2 m_{\mathrm{e}}}\langle\mathrm{~g}| A^{2}|\mathrm{~g}\rangle . \tag{13.111}
\end{align*}
$$

Using the expression

$$
\begin{equation*}
\mathbf{A}(\mathbf{r}, t)=\sum_{\mathbf{k}, \zeta} i \sqrt{\frac{\hbar}{2 \omega_{\mathbf{k}} \epsilon_{0}}} \mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r}) a_{\mathbf{k}, \zeta}(t)+\text { H.c. } \tag{13.112}
\end{equation*}
$$

for the quantum vector potential in terms of the mode functions from Eq. (8.61), we find that only the terms of the form $a_{\mathrm{k}, \zeta} a_{\mathrm{k}, \zeta}^{\dagger}$, where both operators correspond to the same mode, contribute to the vacuum expectation value above. Thus,

$$
\begin{equation*}
\Delta E_{A^{2}}=\frac{e^{2} \hbar}{4 m_{\mathrm{e}} \epsilon_{0}} \sum_{\mathbf{k}, \zeta} \frac{1}{\omega_{\mathbf{k}}}\left|\mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r})\right|^{2} \tag{13.113}
\end{equation*}
$$

Using the half-space mode functions in Eq. (13.3), the shift then becomes

$$
\begin{align*}
\Delta E_{A^{2}} & =\frac{e^{2} \hbar}{2 m_{\mathrm{e}} \epsilon_{0} V} \sum_{\mathbf{k}, \zeta} \frac{1}{\omega_{\mathbf{k}}}\left[\left|\hat{\varepsilon}_{\mathbf{k}, \zeta, \|}\right|^{2} \sin ^{2} k_{z} z+\left|\hat{\varepsilon}_{\mathbf{k}, \zeta, z}\right|^{2} \cos ^{2} k_{z} z\right] \\
& =\frac{e^{2} \hbar}{2 m_{\mathrm{e}} \epsilon_{0} V} \sum_{\mathbf{k}} \frac{1}{\omega_{\mathbf{k}}}\left[\left(1+\frac{k_{z}^{2}}{k^{2}}\right) \sin ^{2} k_{z} z+\left(1-\frac{k_{z}^{2}}{k^{2}}\right) \cos ^{2} k_{z} z\right]  \tag{13.114}\\
& =\frac{e^{2} \hbar}{2 m_{\mathrm{e}} \epsilon_{0} V} \sum_{\mathbf{k}} \frac{1}{\omega_{\mathbf{k}}}\left[1+\frac{k_{z}^{2}}{k^{2}}\left(\sin ^{2} k_{z} z-\cos ^{2} k_{z} z\right)\right] \\
& =\frac{e^{2} \hbar}{2 m_{\mathrm{e}} \epsilon_{0} V} \sum_{\mathbf{k}} \frac{1}{\omega_{\mathbf{k}}}\left[1-\frac{k_{z}^{2}}{k^{2}} \cos \left(2 k_{z} z\right)\right] .
\end{align*}
$$

As usual, we can change this to an integral over all reciprocal space in the large-volume limit:

$$
\begin{equation*}
\Delta E_{A^{2}}=\frac{e^{2} \hbar}{8 \pi^{2} m_{\mathrm{e}} \epsilon_{0} c} \int_{0}^{\pi} d \theta \sin \theta \int_{0}^{\infty} d k k\left[1-\frac{k_{z}^{2}}{k^{2}} \cos \left(2 k_{z} z\right)\right] \tag{13.115}
\end{equation*}
$$

[^189]The first term in the integral is $z$-independent, and gives a correction to the Lamb shift:

$$
\begin{equation*}
\Delta E_{A^{2}, \mathrm{Lamb}}=\frac{e^{2} \hbar}{4 \pi^{2} m_{\mathrm{e}} \epsilon_{0} c} \int_{0}^{\infty} d k k \tag{13.116}
\end{equation*}
$$

Renormalization thus removes this part from the Casimir-Polder shift. The remainder of the energy shift is, using the same integration procedures as before,

$$
\begin{align*}
\Delta E_{A^{2}} & =-\frac{e^{2} \hbar}{8 \pi^{2} m_{\mathrm{e}} \epsilon_{0} c} \int_{0}^{\infty} d k \int_{0}^{\pi} d \theta \sin \theta \frac{k_{z}^{2}}{k} \cos \left(2 k_{z} z\right) \\
& =-\frac{e^{2} \hbar}{8 \pi^{2} m_{\mathrm{e}} \epsilon_{0} c} \int_{0}^{\infty} d k k \int_{0}^{\pi} d \theta \sin \theta \cos ^{2} \theta \cos (2 k z \cos \theta) \\
& =-\frac{e^{2} \hbar}{8 \pi^{2} m_{\mathrm{e}} \epsilon_{0} c}\left(-\frac{1}{4} \partial_{z}^{2} \frac{1}{z}\right) \int_{0}^{\infty} d k \frac{\sin (2 k z)}{k^{2}} \\
& =-\frac{e^{2} \hbar}{8 \pi^{2} m_{\mathrm{e}} \epsilon_{0} c}\left(\partial_{z}^{2} \frac{1}{z} \partial_{z}^{-2}\right) \int_{0}^{\infty} d k \sin (2 k z)  \tag{13.117}\\
& =-\frac{e^{2} \hbar}{16 \pi^{2} m_{\mathrm{e}} \epsilon_{0} c}\left(\partial_{z}^{2} \frac{1}{z} \partial_{z}^{-2}\right) \frac{1}{z} \\
& =-\frac{e^{2} \hbar}{16 \pi^{2} m_{\mathrm{e}} \epsilon_{0} c}\left(\partial_{z}^{2} \frac{1}{z}\right)(z \log z-z) \\
& =-\frac{e^{2} \hbar}{16 \pi^{2} m_{\mathrm{e}} \epsilon_{0} c} \partial_{z}^{2} \log z \\
& =-\frac{e^{2} \hbar}{16 \pi^{2} m_{\mathrm{e}} \epsilon_{0} c z^{2}}=-\frac{\hbar^{2} \alpha_{0}}{4 \pi m_{\mathrm{e}} z^{2}}
\end{align*}
$$

where $\alpha_{0}:=e^{2} / 4 \pi \epsilon_{0} \hbar c$ is the fine-structure constant. There is here no constant of integration from evaluating the antiderivative, since the integral in the third step above vanishes for $z=0$, and $\lim _{z \rightarrow \infty}(z \log z-z)=0$; the other constant of integration contributes a linear term that vanishes subsequently under the derivative. Note that this is exactly the opposite of the extra term that we found in Eq. (13.109), and thus this contribution cancels that one. Again, this term is level-independent, and thus this cancellation occurs for any atomic level, not just the ground state.

### 13.10 Evaluation

If we are to evaluate the Casimir-Polder potential, it is useful to expand out the rather compact form of Eq. (13.72). We can do this by noting

$$
\begin{equation*}
\partial_{z_{j}^{\prime}}^{2} \frac{1}{z_{j}^{\prime}}\left[f\left(z_{j}^{\prime}\right)-\Theta_{j} \pi \cos z_{j}^{\prime}\right]=\frac{1}{z_{j}^{2}}+\left(\frac{2}{z_{j}^{\prime 3}}-\frac{1}{z_{j}^{\prime}}\right)\left[f\left(z_{j}^{\prime}\right)-\Theta_{j} \pi \cos z_{j}^{\prime}\right]+\frac{1}{z_{j}^{\prime 2}}\left[g\left(z_{j}^{\prime}\right)-\Theta_{j} \pi \sin z_{j}^{\prime}\right] \tag{13.118}
\end{equation*}
$$

and thus

$$
\begin{aligned}
V_{\alpha}= & \sum_{j} \frac{\operatorname{sgn}_{j}\left|\omega_{j \alpha}\right|^{3}}{\left(4 \pi \epsilon_{0}\right) \pi c^{3}}\left(d_{j, \|}^{2} / 2-d_{j, z}^{2}\right) \frac{1}{z_{j}^{\prime}}\left[f\left(z_{j}^{\prime}\right)-\Theta_{j} \pi \cos z_{j}^{\prime}\right] \\
& -\sum_{j} \frac{\operatorname{sgn}_{j}\left|\omega_{j \alpha}\right|^{3}}{\left(4 \pi \epsilon_{0}\right) \pi c^{3}}\left(d_{j, \|}^{2} / 2+d_{j, z}^{2}\right)\left[\frac{1}{z_{j}^{\prime 2}}+\left(\frac{2}{z_{j}^{\prime 3}}-\frac{1}{z_{j}^{\prime}}\right)\left[f\left(z_{j}^{\prime}\right)-\Theta_{j} \pi \cos z_{j}^{\prime}\right]+\frac{1}{z_{j}^{\prime 2}}\left[g\left(z_{j}^{\prime}\right)-\Theta_{j} \pi \sin z_{j}^{\prime}\right]\right]
\end{aligned}
$$

(general Casimir-Polder potential, expanded derivatives) (13.119) we can then evaluate this expression computationally by summing over all the states, evaluating the auxiliary functions in terms of the sine and cosine integrals.

### 13.11 Numerical Evaluation: ${ }^{87} \mathbf{R b}$

The dipole moments defined above must be written in terms of the appropriate dipole matrix element connecting two hyperfine levels $\left|F, m_{F}\right\rangle$ and $\left|F^{\prime}, m_{F}^{\prime}\right\rangle$ (primes referring to the excited level). The hyperfine dipole moment can be factored in terms of a Wigner 3- $j$ symbol,

$$
\left\langle F m_{F}\right| e r_{q}\left|F^{\prime} m_{F}^{\prime}\right\rangle=\left\langle F\|e \mathbf{r}\| F^{\prime}\right\rangle(-1)^{F^{\prime}-1+m_{F}} \sqrt{2 F+1}\left(\begin{array}{ccc}
F^{\prime} & 1 & F  \tag{13.120}\\
m_{F}^{\prime} & q & -m_{F}
\end{array}\right)
$$

where $I$ is the nuclear spin and $J$ is the composite electron spin. This can be further factored in terms of a $6-j$ symbol and a reduced matrix element for the fine-structure transition:

$$
\begin{align*}
\left\langle F\|e \mathbf{r}\| F^{\prime}\right\rangle & \equiv\left\langle J I F\|e \mathbf{r}\| J^{\prime} I^{\prime} F^{\prime}\right\rangle \\
& =\left\langle J\|e \mathbf{r}\| J^{\prime}\right\rangle(-1)^{F^{\prime}+J+1+I} \sqrt{\left(2 F^{\prime}+1\right)(2 J+1)}\left\{\begin{array}{ccc}
J & J^{\prime} & 1 \\
F^{\prime} & F & I
\end{array}\right\} . \tag{13.121}
\end{align*}
$$

This form is particularly convenient, as this dipole matrix element may be written in terms of the partial lifetime for the decay path $J^{\prime} \longrightarrow J$ :

$$
\begin{equation*}
\frac{1}{\tau_{J^{\prime} J}}=\frac{\omega_{0}^{3}}{3 \pi \epsilon_{0} \hbar c^{3}} \frac{2 J+1}{2 J^{\prime}+1}\left|\left\langle J\|e \mathbf{r}\| J^{\prime}\right\rangle\right|^{2} \tag{13.122}
\end{equation*}
$$

Experimental measurements usually consider only the total lifetime of a level, given by summing over all possible decay paths

$$
\begin{equation*}
\frac{1}{\tau_{J^{\prime}}}=\sum_{J} \frac{1}{\tau_{J^{\prime} J}} \tag{13.123}
\end{equation*}
$$

However, using the partial lifetimes avoids confusion with myriad normalization conventions for dipole matrix elements, oscillator strengths, etc.

We are only considering broadband "light," so to good approximation we do not need to explicitly consider hyperfine splittings. Thus, it is convenient to simply sum over the dipole matrix elements originating from a particular hyperfine state $\left|F, m_{F}\right\rangle$. For the ground and $D_{1}\left(5 P_{1 / 2}\right)$ states, we can evaluate this sum with the above formulae, and it turns out to be particularly simple:

$$
\begin{equation*}
\left.\sum_{F^{\prime}}\left|\left\langle F, m_{F}\right| e r_{0}\right| F^{\prime}, m_{F}\right\rangle\left.\right|^{2}=\frac{1}{3}\left|\left\langle J\|e \mathbf{r}\| J^{\prime}\right\rangle\right|^{2} \tag{13.124}
\end{equation*}
$$

For the $\mathrm{D}_{2}$ excited states, the sum is somewhat more complicated but can be written in terms of a number of compact forms. Taking $I=3 / 2, J=3 / 2$ for the excited state in the $\mathrm{D}_{2}$ line $\left(5 P_{3 / 2}\right)$, there are two possibilities depending on the type of transition. If we consider coupling to the ground $\left(5 S_{1 / 2}\right)$ state, then $J=1 / 2, J^{\prime}=3 / 2$, and for the perpendicular dipole moment,

$$
\left.\sum_{F^{\prime}}\left|\left\langle F, m_{F}\right| e r_{0}\right| F^{\prime}, m_{F}\right\rangle\left.\right|^{2}=\left|\left\langle J\|e \mathbf{r}\| J^{\prime}\right\rangle\right|^{2} \times \begin{cases}\left(3-m_{F}\right)\left(3+m_{F}\right) / 30, & F^{\prime}=3  \tag{13.125}\\ 1 / 6, & F^{\prime}=2 \\ \left(1+6 m_{F}^{2}\right) / 30, & F^{\prime}=1 \\ 1 / 6, & F^{\prime}=0\end{cases}
$$

For the parallel dipole moment,

$$
\begin{align*}
&\left.\sum_{F^{\prime}}\left(\left|\left\langle F, m_{F}\right| e r_{1}\right| F^{\prime},\left(m_{F}-1\right)\right\rangle\right|^{2}+\mid\left\langle F, m_{F}\right| e r_{-1} \mid F^{\prime}\left.\left.,\left(m_{F}+1\right)\right\rangle\left.\right|^{2}\right)= \\
&\left|\left\langle J\|e \mathbf{r}\| J^{\prime}\right\rangle\right|^{2} \times \begin{cases}\left(12+m_{F}^{2}\right) / 30, & F^{\prime}=3 \\
1 / 2, & F^{\prime}=2 \\
\left(13-6 m_{F}^{2}\right) / 30, F^{\prime}=1 \\
1 / 6 m_{F}^{2}, & F^{\prime}=0\end{cases} \tag{13.126}
\end{align*}
$$

If we consider coupling to higher-lying excited states, then $J=3 / 2, J^{\prime}=1 / 2,3 / 2,5 / 2$, and for the perpendicular dipole moment,

$$
\left.\sum_{F^{\prime}}\left|\left\langle F, m_{F}\right| e r_{0}\right| F^{\prime}, m_{F}\right\rangle\left.\right|^{2}=\left|\left\langle J\|e \mathbf{r}\| J^{\prime}\right\rangle\right|^{2} \times\left\{\begin{array}{ll}
\left(3-m_{F}\right)\left(3+m_{F}\right) / 15, & F=3, J^{\prime}=1 / 2  \tag{13.127}\\
1 / 3, & F=2, J^{\prime}=1 / 2 \\
\left(1+6 m_{F}^{2}\right) / 15, & F=1, J^{\prime}=1 / 2 \\
1 / 3, & F=0, J^{\prime}=1 / 2 \\
\left(9+4 m_{F}^{2}\right) / 75, & F=3, J^{\prime}=3 / 2 \\
1 / 3, & F=2, J^{\prime}=3 / 2 \\
\left(17+24 m_{F}^{2}\right) / 75, & F=1, J^{\prime}=3 / 2 \\
1 / 3, & F=0, J^{\prime}=3 / 2 \\
\left(29-m_{F}^{2}\right) / 75, & F=3, J^{\prime}=5 / 2 \\
1 / 3, & F=2, J^{\prime}=5 / 2 \\
\left(7+2 m_{F}^{2}\right) / 25, & F=1, J^{\prime}=5 / 2 \\
1 / 3, & F=0, J^{\prime}=5 / 2
\end{array} .\right.
$$

For the parallel dipole moment,

$$
\left.\left.\left.\sum_{F^{\prime}}\left(\left|\left\langle F, m_{F}\right| e r_{1}\right| F^{\prime},\left(m_{F}-1\right)\right\rangle\right|^{2}+\left|\left\langle F, m_{F}\right| e r_{-1}\right| F^{\prime},\left(m_{F}+1\right)\right\rangle\left.\right|^{2}\right)=
$$

$$
\left|\left\langle J\|e \mathbf{r}\| J^{\prime}\right\rangle\right|^{2} \times \begin{cases}\left(6+m_{F}^{2}\right) / 15, & F=3, J^{\prime}=1 / 2  \tag{13.128}\\ 2 / 3, & F=2, J^{\prime}=1 / 2 \\ \left(14-6 m_{F}^{2}\right) / 15, & F=1, J^{\prime}=1 / 2 \\ 2 / 3, & F=0, J^{\prime}=1 / 2 \\ \left(66-45 m_{F}^{2}\right) / 75, & F=3, J^{\prime}=3 / 2 \\ 2 / 3, & F=2, J^{\prime}=3 / 2 \\ \left(41-24 m_{F}^{2}\right) / 75, F=1, J^{\prime}=3 / 2 \\ 2 / 3, & F=0, J^{\prime}=3 / 2 \\ \left(46+m_{F}^{2}\right) / 75, & F=3, J^{\prime}=5 / 2 \\ 2 / 3, & F=2, J^{\prime}=5 / 2 \\ \left(18-2 m_{F}^{2}\right) / 25, & F=1, J^{\prime}=5 / 2 \\ 2 / 3, & F=0, J^{\prime}=5 / 2\end{cases}
$$

These formulae are sufficient to determine the dipole moments in the Casimir-Polder energy shift for the excited state.

### 13.11.1 Tabulated Data

Now we tabulate the lines involved in the trap-depth calculations. For the ground-state shift, we need the series of $n P_{3 / 2}$ and $n P_{1 / 2}$ transitions, as given here. Sources here are listed as Steck ${ }^{12}$, NIST ${ }^{13}$, Morton ${ }^{14}$, Gomez ${ }^{15}$, and Safronova ${ }^{16}$.

[^190]| transition | $\lambda(\mathrm{nm})$ | source | $\tau_{J^{\prime} J}(\mathrm{~ns})$ | type | source |
| :--- | :---: | :---: | :---: | :---: | :---: |
| $5 S_{1 / 2} \longrightarrow 5 P_{3 / 2}$ | $780.241209686(13)$ | Steck | $26.236(11)$ | expt | Steck |
| $5 S_{1 / 2} \longrightarrow 5 P_{1 / 2}$ | $794.9788509(8)$ | Steck | $27.679(27)$ | expt | Steck |
| $5 S_{1 / 2} \longrightarrow 6 P_{3 / 2}$ | $420.2989(10)$ | NIST | $565(28)$ | expt | Morton |
| $5 S_{1 / 2} \longrightarrow 6 P_{1 / 2}$ | $421.6726(10)$ | NIST | $667(33)$ | expt | Morton |
| $5 S_{1 / 2} \longrightarrow 7 P_{3 / 2}$ | $358.8073(10)$ | NIST | $2530(130)$ | expt | Morton |
| $5 S_{1 / 2} \longrightarrow 7 P_{1 / 2}$ | $359.2597(10)$ | NIST | $3460(170)$ | expt | Morton |
| $5 S_{1 / 2} \longrightarrow 8 P_{3 / 2}$ | $334.9658(10)$ | NIST | $7300(360)$ | expt | Morton |
| $5 S_{1 / 2} \longrightarrow 8 P_{1 / 2}$ | $335.1775(10)$ | NIST | $1.122(56) \times 10^{4}$ | expt | Morton |
| $5 S_{1 / 2} \longrightarrow 9 P_{3 / 2}$ | $322.8911(10)$ | NIST | $1.563(78) \times 10^{4}$ | expt | Morton |
| $5 S_{1 / 2} \longrightarrow 9 P_{1 / 2}$ | $323.0088(10)$ | NIST | $2.60(13) \times 10^{4}$ | expt | Morton |
| $5 S_{1 / 2} \longrightarrow 10 P_{3 / 2}$ | $315.8444(10)$ | NIST | $2.96(15) \times 10^{4}$ | expt | Morton |
| $5 S_{1 / 2} \longrightarrow 10 P_{1 / 2}$ | $315.9173(10)$ | NIST | $4.98(25) \times 10^{4}$ | expt | Morton |
| $5 S_{1 / 2} \longrightarrow 11 P_{3 / 2}$ | $311.3468(10)$ | NIST | $3.98(20) \times 10^{4}$ | expt | Morton |
| $5 S_{1 / 2} \longrightarrow 11 P_{1 / 2}$ | $311.3950(10)$ | NIST | $7.87(39) \times 10^{4}$ | expt | Morton |
| $5 S_{1 / 2} \longrightarrow 12 P_{3 / 2}$ | $308.2893(10)$ | NIST | $6.71(34) \times 10^{4}$ | expt | Morton |
| $5 S_{1 / 2} \longrightarrow 12 P_{1 / 2}$ | $308.3229(10)$ | NIST | $1.43(72) \times 10^{5}$ | expt | Morton |
| $5 S_{1 / 2} \longrightarrow 13 P_{3 / 2}$ | $306.1131(10)$ | NIST | $9.52(48) \times 10^{4}$ | expt | Morton |
| $5 S_{1 / 2} \longrightarrow 13 P_{1 / 2}$ | $306.1375(10)$ | NIST | $2.22(11) \times 10^{5}$ | expt | Morton |

The additional data for the treatment of the $\mathrm{D}_{2}$ excited ( $5 P_{3 / 2}$ ) state are as follows:

| transition | $\lambda(\mathrm{nm})$ | source | $\tau_{J^{\prime} J}(\mathrm{~ns})$ | type | source |
| :--- | :---: | :---: | :---: | :---: | :---: |
| $5 P_{3 / 2} \longrightarrow 6 S_{1 / 2}$ | $1366.875(10)$ | NIST | $68.35(26)$ | expt | Gomez |
| $5 P_{3 / 2} \longrightarrow 7 S_{1 / 2}$ | $741.02136(10)$ | NIST | $219.7(88)$ | theory | Safronova |
| $5 P_{3 / 2} \longrightarrow 8 S_{1 / 2}$ | $616.13310(10)$ | NIST | $458(18)$ | theory | Safronova |
| $5 P_{3 / 2} \longrightarrow 4 D_{3 / 2}$ | $1529.261(10)$ | NIST | $563(23)$ | theory | Safronova |
| $5 P_{3 / 2} \longrightarrow 4 D_{5 / 2}$ | $1529.366(10)$ | NIST | $93.7(37)$ | theory | Safronova |
| $5 P_{3 / 2} \longrightarrow 5 D_{3 / 2}$ | $776.15716(10)$ | NIST | $1490(340)$ | theory | Safronova |
| $5 P_{3 / 2} \longrightarrow 5 D_{5 / 2}$ | $775.97855(10)$ | NIST | $254(56)$ | theory | Safronova |
| $5 P_{3 / 2} \longrightarrow 6 D_{3 / 2}$ | $630.09666(10)$ | NIST | $1586(20)$ | theory | Safronova |
| $5 P_{3 / 2} \longrightarrow 6 D_{5 / 2}$ | $630.00670(10)$ | NIST | $269(20)$ | theory | Safronova |

The additional data for the treatment of the $\mathrm{D}_{1}$ excited $\left(5 P_{1 / 2}\right)$ state are as follows:

| transition | $\lambda(\mathrm{nm})$ | source | $\tau_{J^{\prime} J}(\mathrm{~ns})$ | type | source |
| :--- | :---: | :---: | :---: | :---: | :---: |
| $5 P_{1 / 2} \longrightarrow 6 S_{1 / 2}$ | $1323.879(10)$ | NIST | $136.71(51)$ | expt | Gomez |
| $5 P_{1 / 2} \longrightarrow 7 S_{1 / 2}$ | $728.20028(10)$ | NIST | $419(17)$ | theory | Safronova |
| $5 P_{1 / 2} \longrightarrow 8 S_{1 / 2}$ | $607.24355(10)$ | NIST | $870(35)$ | theory | Safronova |
| $5 P_{1 / 2} \longrightarrow 4 D_{3 / 2}$ | $1475.644(10)$ | NIST | $103(41)$ | theory | Safronova |
| $5 P_{1 / 2} \longrightarrow 5 D_{3 / 2}$ | $762.10304(10)$ | NIST | $335(82)$ | theory | Safronova |
| $5 P_{3 / 2} \longrightarrow 6 D_{3 / 2}$ | $620.80263(10)$ | NIST | $339(29)$ | theory | Safronova |

### 13.11.2 Results

The ground-level shift is shown here with the long-distance Casimir-Polder result $\left(\sim 1 / z^{4}\right)$, where the deviation is clear at distances much smaller than the main transition wavelengths around 800 nm . The shifts in the long-distance approximation computed by summing the dipole moments agree with those computed from the static polarizability value ${ }^{17}$ of $\alpha_{0}=h \cdot 0.122306(16) \mathrm{Hz} /(\mathrm{V} / \mathrm{cm})^{2}$ to within a few percent.

[^191]

The shift is much smaller at large distances. Here, the general and large-distance results are visually indistinguishable.


Comparing the general result instead to the small-distance (static-dipole) expression, we also see deviations in the intermediate regime. It appears that the small-distance result is only very accurate in the regime of such short distances that the accuracy of this calculation is questionable.


The shift of the $D_{1}$ excited manifold is much stronger and oscillates due to the standing-wave pattern formed by the atomic radiation. The shift here is scalar, so that all hyperfine levels in the manifold are shifted equally.


The shifts of the levels in the $\mathrm{D}_{2}$ excited manifold depend substantially on the level, but the same general oscillatory behavior is apparent.


### 13.12 Lamb Shift

The effect that we ignored when renormalizing the divergence in Section 13.3 is the Lamb shift, ${ }^{18}$ which is the shift of any atomic transition frequency due to the quantum vacuum, even in free space.

### 13.12.1 Coulomb Gauge

We will now first examine a conventional nonrelativistic calculation of the Lamb shift using the usual Coulomb-gauge interaction Hamiltonian

$$
\begin{equation*}
H_{\mathrm{AF}}^{(A)}=\frac{e}{m_{\mathrm{e}}} \mathbf{p}_{\mathrm{e}} \cdot \mathbf{A}+\frac{e^{2}}{2 m_{\mathrm{e}}} A^{2} \tag{13.129}
\end{equation*}
$$

Again using second-order perturbation theory to compute the shift of level $\alpha$, we can write

$$
\begin{equation*}
\Delta E_{\alpha}=\langle\alpha| H_{\mathrm{AF}}|\alpha\rangle+\sum_{j} \sum_{\mathbf{k}, \zeta} \frac{\left.\left|\langle\alpha| H_{\mathrm{AF}}\right| j, 1_{\mathbf{k}, \zeta}\right\rangle\left.\right|^{2}}{E_{\alpha, 0}-E_{j, 1_{\mathbf{k}, \zeta}}} \tag{13.130}
\end{equation*}
$$

which we will again evaluate to order $e^{2}$ (second order in the atomic dipole moment).
We will start by evaluating the first-order perturbation, to which only the $A^{2}$ term contributes. Thus, we will write the first-order shift as

$$
\begin{equation*}
\Delta E_{\alpha}^{(1)}=\frac{e^{2}}{2 m_{\mathrm{e}}}\langle\alpha| A^{2}|\alpha\rangle \tag{13.131}
\end{equation*}
$$

Using the expression

$$
\begin{equation*}
\mathbf{A}_{\mathbf{k}, \zeta}(\mathbf{r}, t)=i \sqrt{\frac{\hbar}{2 \omega \epsilon_{0} V}} \hat{\varepsilon}_{\mathbf{k}, \zeta} e^{i \mathbf{k} \cdot \mathbf{r}} a_{\mathbf{k}, \zeta}(t)+\text { H.c. } \tag{13.132}
\end{equation*}
$$

[^192]from Eq. (8.68) for the vector potential quantized in free space, we can proceed in the usual way so that the first-order shift becomes
\[

$$
\begin{align*}
\Delta E_{\alpha}^{(1)} & =\frac{e^{2} \hbar}{4 m_{\mathrm{e}} \epsilon_{0} V} \sum_{\mathbf{k}, \zeta} \frac{1}{\omega_{\mathbf{k}}} \\
& =\frac{e^{2} \hbar}{2 m_{\mathrm{e}} \epsilon_{0} V} \sum_{\mathbf{k}} \frac{1}{\omega_{\mathbf{k}}}  \tag{13.133}\\
& =\frac{e^{2} \hbar}{2(2 \pi)^{3} m_{\mathrm{e}} \epsilon_{0} c} \int d^{3} k \frac{1}{k} \\
& =\frac{e^{2} \hbar}{4 \pi^{2} m_{\mathrm{e}} \epsilon_{0} c} \int_{0}^{\infty} d k k
\end{align*}
$$
\]

This result is independent of the state $|\alpha\rangle$, and therefore only produces an overall shift of the atomic energy level. Since it does not contribute to the observable shifts of the atomic transition energies, we can neglect it.

In the second-order shift, only the $\mathbf{p}_{\mathrm{e}} \cdot \mathbf{A}$ term contributes, and thus

$$
\begin{align*}
\Delta E_{\alpha}=\Delta E_{\alpha}^{(2)} & =\frac{e^{2}}{m_{\mathrm{e}}^{2}} \sum_{j} \sum_{\mathbf{k}, \zeta} \frac{\left.\left|\langle\alpha| \mathbf{p}_{\mathrm{e}} \cdot \mathbf{A}\right| j, 1_{\mathbf{k}, \zeta}\right\rangle\left.\right|^{2}}{E_{\alpha, 0}-E_{j, 1_{\mathbf{k}, \zeta}}} \\
& =\frac{e^{2}}{m_{\mathrm{e}}^{2}} \sum_{j} \sum_{\mathbf{k}, \zeta} \frac{\left.\left|\langle\alpha| \mathbf{p}_{\mathrm{e}} \cdot \mathbf{A}\right| j, 1_{\mathbf{k}, \zeta}\right\rangle\left.\right|^{2}}{E_{\alpha}-E_{j}-\hbar \omega_{\mathbf{k}}}  \tag{13.134}\\
& =-\frac{e^{2}}{m_{\mathrm{e}}^{2}} \frac{\hbar}{2 \epsilon_{0} V} \sum_{j} \sum_{\mathbf{k}, \zeta} \frac{1}{\omega_{\mathbf{k}}} \frac{\left.\left|\langle\alpha| \mathbf{p}_{\mathrm{e}}\right| j\right\rangle\left.\cdot \hat{\varepsilon}_{\mathbf{k}, \zeta}\right|^{2}}{\hbar\left(\omega_{j \alpha}+\omega_{\mathbf{k}}\right)} .
\end{align*}
$$

Recall here that $\hbar \omega_{j \alpha}:=E_{j}-E_{\alpha}$ and thus can be positive if level $j$ is an excited state or negative if $|j\rangle$ is a ground state with respect to $|\alpha\rangle$. In the continuum limit, the angular part of mode sum amounts an average over the relative orientation of the dipole and the field direction. We can thus take a uniform average over all dipole orientations and replace the squared dot product by a factor of $1 / 3$. Continuing with the calculation,

$$
\begin{align*}
\Delta E_{\alpha}=\Delta E_{\alpha}^{(2)} & =-\frac{e^{2}}{3 m_{\mathrm{e}}^{2} \epsilon_{0} V} \sum_{j} \sum_{\mathbf{k}} \frac{\left.\left|\langle\alpha| \mathbf{p}_{\mathrm{e}}\right| j\right\rangle\left.\right|^{2}}{\omega_{\mathbf{k}}\left(\omega_{j \alpha}+\omega_{\mathbf{k}}\right)} \\
& \left.=-\frac{e^{2}}{3(2 \pi)^{3} m_{\mathrm{e}}^{2} \epsilon_{0} c^{2}} \sum_{j}\left|\langle\alpha| \mathbf{p}_{\mathrm{e}}\right| j\right\rangle\left.\right|^{2} \int d^{3} k \frac{1}{k\left(k_{j \alpha}+k\right)}  \tag{13.135}\\
& \left.=-\frac{e^{2}}{3(2 \pi)^{3} m_{\mathrm{e}}^{2} \epsilon_{0} c^{2}} \sum_{j}\left|\langle\alpha| \mathbf{p}_{\mathrm{e}}\right| j\right\rangle\left.\right|^{2} \int d^{3} k \frac{k}{k_{j \alpha}+k} \\
& \left.=-\frac{e^{2}}{6 \pi^{2} m_{\mathrm{e}}^{2} \epsilon_{0} c^{2}} \sum_{j}\left|\langle\alpha| \mathbf{p}_{\mathrm{e}}\right| j\right\rangle\left.\right|^{2} \int_{0}^{\infty} d k \frac{k}{k_{j \alpha}+k}
\end{align*}
$$

Clearly this expression is divergent, and the divergence is asymptotically linear in $k$. The basic problem here is that high energies are only treated correctly in relativistic theory, and this is a nonrelativistic calculation. Nevertheless, Bethe ${ }^{19}$ used this nonrelativistic theory in a clever way to produce a finite prediction for the energy-level shift.

The first step in Bethe's argument is to realize that to get a finite energy shift, we will need to cut off the integral. Supposing that we cut off contributions from energies larger than some large energy $\Lambda$, we can write

$$
\begin{equation*}
\left.\Delta E_{\alpha}=\Delta E_{\alpha}^{(2)}=-\frac{e^{2}}{6 \pi^{2} m_{\mathrm{e}}^{2} \epsilon_{0} c^{2}} \sum_{j}\left|\langle\alpha| \mathbf{p}_{\mathrm{e}}\right| j\right\rangle\left.\right|^{2} \int_{0}^{\Lambda / \hbar c} d k \frac{k}{k_{j \alpha}+k} \tag{13.136}
\end{equation*}
$$

The next step is Bethe's mass renormalization. The idea is that the above energy shift contains the energy of the free electron, which is unobservable; we can only observe the shifts in transition frequencies,

[^193]which are related to the electron energies only in bound states. We can find the free-electron energy by taking the limit $k_{j \alpha} \longrightarrow 0$ in Eq. (13.136), corresponding to a vanishing binding potential, so that
\[

$$
\begin{equation*}
\left.\Delta E_{\alpha}^{\mathrm{free}}=-\frac{e^{2}}{6 \pi^{2} m_{\mathrm{e}}^{2} \epsilon_{0} c^{2}} \sum_{j}\left|\langle\alpha| \mathbf{p}_{\mathrm{e}}\right| j\right\rangle\left.\right|^{2} \int_{0}^{\Lambda / \hbar c} d k \tag{13.137}
\end{equation*}
$$

\]

Subtracting this from Eq. (13.136), we use the integrand subtraction

$$
\begin{equation*}
\frac{k}{k_{j \alpha}+k}-1=-\frac{k_{j \alpha}}{k_{j \alpha}+k}, \tag{13.138}
\end{equation*}
$$

and thus we find the renormalized energy

$$
\begin{equation*}
\left.\Delta E_{\alpha}-\Delta E_{\alpha}^{\mathrm{free}}=\frac{e^{2}}{6 \pi^{2} m_{\mathrm{e}}^{2} \epsilon_{0} c^{2}} \sum_{j} k_{j \alpha}\left|\langle\alpha| \mathbf{p}_{\mathrm{e}}\right| j\right\rangle\left.\right|^{2} \int_{0}^{\Lambda / \hbar c} \frac{d k}{k_{j \alpha}+k} \tag{13.139}
\end{equation*}
$$

This renormalization is important in that it has reduced the divergence from linear to logarithmic, and thus the result is now relatively insensitive to the value of the cutoff $\Lambda$. The interpretation of the renormalization is as follows: in relativistic theory, the free electron energy due to the field coupling shifts the atomic rest mass, but by using the observed (or renormalized) mass $m_{e}$, we have already included this contribution, and should not double-count it. This is the rationale for subtracting it after computing the atom-field coupling energy. ${ }^{20}$

Now we can carry out the integration in Eq. (13.139), using

$$
\begin{align*}
\int_{0}^{t} \frac{d x}{x+a} & =\int_{0}^{t} \frac{d(x+a)}{x+a} \\
& =\left.\log |x+a|\right|_{0} ^{t} \\
& =\log |t+a|-\log |a|  \tag{13.140}\\
& =\log \left|\frac{t}{a}+1\right| \\
& \approx \log \frac{t}{|a|},
\end{align*}
$$

where the last equality holds if $t>0$ and $t \gg|a|$. Thus, we obtain the Bethe logarithm

$$
\begin{equation*}
\left.\Delta E_{\alpha}-\Delta E_{\alpha}^{\mathrm{free}}=\frac{e^{2}}{6 \pi^{2} m_{\mathrm{e}}^{2} \epsilon_{0} c^{2}} \sum_{j} k_{j \alpha}\left|\langle\alpha| \mathbf{p}_{\mathrm{e}}\right| j\right\rangle\left.\right|^{2} \log \frac{\Lambda}{\hbar\left|\omega_{j \alpha}\right|} \tag{13.141}
\end{equation*}
$$

The final step is to choose the cutoff $\Lambda$. Bethe chose $\Lambda=m_{\mathrm{e}} c^{2}$ as a reasonable energy beyond which the nonrelativistic theory should fail. Thus,

$$
\begin{equation*}
\left.\Delta E_{\alpha}-\Delta E_{\alpha}^{\text {free }}=\frac{e^{2}}{6 \pi^{2} m_{\mathrm{e}}^{2} \epsilon_{0} c^{2}} \sum_{j} k_{j \alpha}\left|\langle\alpha| \mathbf{p}_{\mathrm{e}}\right| j\right\rangle\left.\right|^{2} \log \frac{m_{\mathrm{e}} c^{2}}{\hbar\left|\omega_{j \alpha}\right|} \tag{13.142}
\end{equation*}
$$

This is the basic, nonrelativistic result for the Lamb shift of level $|\alpha\rangle$. Notice that for the ground state, $k_{j g}>0$, and thus the Lamb shift is positive. Viewed as a Stark shift, evidently the ultraviolet modes far above the dominant transition frequencies are the most important in determining the shift.

[^194]
### 13.12.1.1 Evaluation

Using this energy shift, Bethe computed a numerical value for the Lamb shift of the $2 \mathrm{~S} \longrightarrow 2 \mathrm{P}$ fine-structure transition in atomic hydrogen-a transition between degenerate states according to the solutions to the Dirac equation. As a rough approximation, Bethe noted that the arguments of the logarithms are large and relatively weakly dependent on the transition frequencies. As a rough approximation, he assumed it was constant in the level summation and replaced it by an average excitation energy. Thus, the level sum amounts to the sum

$$
\begin{align*}
\left.\sum_{j} k_{j \alpha}\left|\langle\alpha| \mathbf{p}_{\mathrm{e}}\right| j\right\rangle\left.\right|^{2} & =\frac{1}{\hbar c} \sum_{j}\left(E_{j}-E_{\alpha}\right)\langle\alpha| \mathbf{p}_{\mathrm{e}}|j\rangle \cdot\langle j| \mathbf{p}_{\mathrm{e}}|\alpha\rangle \\
& =\frac{1}{\hbar c} \sum_{j}\langle\alpha|\left[\mathbf{p}_{\mathrm{e}}, H_{\mathrm{A}}\right]|j\rangle \cdot\langle j| \mathbf{p}_{\mathrm{e}}|\alpha\rangle \\
& =-\frac{i}{c}\langle\alpha|\left(\nabla_{\mathrm{e}} V\right) \cdot \mathbf{p}_{\mathrm{e}}|\alpha\rangle \\
& =-\frac{i}{2 c}\langle\alpha|\left[\nabla_{\mathrm{e}} V, \mathbf{p}_{\mathrm{e}}\right]|\alpha\rangle  \tag{13.143}\\
& =\frac{\hbar}{2 c}\langle\alpha| \nabla_{\mathrm{e}}^{2} V|\alpha\rangle \\
& =\frac{\hbar}{2 c} \int d^{3} r_{\mathrm{e}}\left|\psi_{\alpha}\left(\mathbf{r}_{\mathrm{e}}\right)\right|^{2} \nabla_{\mathrm{e}}^{2} V\left(\mathbf{r}_{\mathrm{e}}\right) \\
& =\frac{2 \pi \hbar Z e^{2}}{c}\left|\psi_{\alpha}(0)\right|^{2},
\end{align*}
$$

where in the last step we used the Coulomb binding potential

$$
\begin{equation*}
V\left(\mathbf{r}_{\mathrm{e}}\right)=-\frac{Z e^{2}}{r_{\mathrm{e}}} \tag{13.144}
\end{equation*}
$$

so that

$$
\begin{equation*}
\nabla_{\mathrm{e}}^{2} V\left(\mathbf{r}_{\mathrm{e}}\right)=4 \pi Z e^{2} \delta^{3}\left(\mathbf{r}_{\mathrm{e}}\right) \tag{13.145}
\end{equation*}
$$

In this approximation, then only $\mathrm{S}(l=0)$ states have a Lamb shift, since their probability densities are nonvanishing at the nucleus. We can then write the observed Lamb shift from (13.142) as

$$
\begin{equation*}
\Delta E_{\alpha}^{\text {observed }} \approx \frac{4 \alpha_{0} Z}{3}\left(\frac{e \hbar}{m_{\mathrm{e}} c}\right)^{2}\left|\psi_{\alpha}(0)\right|^{2} \log \frac{m_{\mathrm{e}} c^{2}}{\hbar\left|\left(\omega_{j \alpha}\right)_{\mathrm{avg}}\right|} \tag{13.146}
\end{equation*}
$$

where again $\alpha_{0}:=e^{2} / 4 \pi \epsilon_{0} \hbar c$ is the fine-structure constant. Then for a hydrogenic S state in orbital $n$,

$$
\begin{equation*}
\left|\psi_{n}(0)\right|^{2}=\frac{1}{\pi}\left(\frac{Z}{n a_{0}}\right)^{3} \tag{13.147}
\end{equation*}
$$

where $a_{0}=\hbar / m_{\mathrm{e}} c \alpha_{0}$ is the Bohr radius, so that

$$
\begin{equation*}
\Delta E_{n}^{\text {observed }} \approx \frac{8 \alpha_{0}^{3} Z^{4}}{3 \pi n^{3}} R_{\infty} \log \frac{m_{\mathrm{e}} c^{2}}{\hbar\left|\left(\omega_{j \alpha}\right)_{\mathrm{avg}}\right|} \tag{13.148}
\end{equation*}
$$

where $R_{\infty}=e^{2} / 2 a_{0} \approx 13.6 \mathrm{eV}$ is the Rydberg energy (hydrogen ionization energy). Bethe used the average value $\left(\omega_{j \alpha}\right)_{\text {avg }} \approx 17.8 R_{\infty}$, computed by averaging $\log \left|\left(\omega_{j \alpha}\right)_{\text {avg }}\right|$, weighted by $\left.\left|\omega_{j \alpha}\right|\left|\langle\alpha| \mathbf{p}_{\mathrm{e}}\right| j\right\rangle\left.\right|^{2}$. The value here is much larger than $R_{\infty}$ since evidently ionized states make a large contribution to the sum. Using these results, Bethe arrived at a shift of 1040 MHz for the 2 S state (with negligible shift for the 2 P state). This is in surprisingly good agreement with the modern value of about 1058 MHz , considering the ad hoc nature of the calculation.

### 13.12.2 Electric Dipole Interaction

It is again interesting to see how the Lamb shift arises from the electric-dipole Hamiltonian, which we showed in Eq. (9.38) has the form in free space takes the form

$$
\begin{equation*}
H_{\mathrm{AF}}=-\mathbf{d} \cdot \mathbf{E}^{\perp}(0)+\frac{1}{2 \epsilon_{0}} \int d^{3} r P^{\perp 2}(\mathbf{r}) \tag{13.149}
\end{equation*}
$$

where the last term is the dipole self-energy, with

$$
\begin{equation*}
P_{\alpha}^{\perp}(\mathbf{r}):=-e r_{\mathrm{e}, \beta} \delta_{\alpha \beta}^{\perp}(\mathbf{r}) . \tag{13.150}
\end{equation*}
$$

Starting with the second-order shift due to the $-\mathbf{d} \cdot \mathbf{E}^{\perp}(0)$ part of the interaction, we have already computed as the position-independent part of the Casimir-Polder expression (13.17), which we can write as a shift for level $|\alpha\rangle$ as

$$
\begin{equation*}
\Delta E_{\alpha}^{\mathbf{d} \cdot \mathbf{E}}=-\frac{1}{2 \epsilon_{0} V} \sum_{j} \sum_{\mathbf{k}} \frac{\omega_{\mathbf{k}}}{\left(\omega_{j \alpha}+\omega_{\mathbf{k}}\right)}\left[\left(d_{j \alpha, \|}^{2} / 2+d_{j \alpha, z}^{2}\right)+\frac{k_{z}^{2}}{k^{2}}\left(d_{j \alpha, \|}^{2} / 2-d_{j \alpha, z}^{2}\right)\right] \tag{13.151}
\end{equation*}
$$

For a spherically symmetric atom, the asymmetric part of the dipole vanishes, and so

$$
\begin{align*}
\Delta E_{\alpha}^{\mathbf{d} \cdot \mathbf{E}} & =-\frac{1}{3 \epsilon_{0} V} \sum_{j}\left|d_{j \alpha}\right|^{2} \sum_{\mathbf{k}} \frac{\omega_{\mathbf{k}}}{\omega_{j \alpha}+\omega_{\mathbf{k}}} \\
& =-\frac{1}{3(2 \pi)^{3} \epsilon_{0}} \sum_{j}\left|d_{j \alpha}\right|^{2} \int d^{3} k \frac{k}{k_{j \alpha}+k}  \tag{13.152}\\
& =-\frac{1}{6 \pi^{2} \epsilon_{0}} \sum_{j}\left|d_{j \alpha}\right|^{2} \int_{0}^{\infty} d k \frac{k^{3}}{k_{j \alpha}+k}
\end{align*}
$$

Again, the infinite upper limit here is understood to be an appropriate ultraviolet cutoff. Note, however, that the asymptotic scaling of the integrand is now $k^{2}$, where it was $k^{0}$ in the $\mathbf{p} \cdot \mathbf{A}$ calculation. Obviously we are missing some contributions that will make the scaling correct.

### 13.12.2.1 Dipole Self-Energy

Now to evaluate the dipole self-energy term

$$
\begin{equation*}
H_{\mathbf{P}^{\perp}}=\frac{1}{2 \epsilon_{0}} \int d^{3} r P^{\perp 2}(\mathbf{r}) \tag{13.153}
\end{equation*}
$$

of the interaction Hamiltonian. Since $\partial_{\alpha} \delta_{\alpha \beta}^{\perp}(\mathbf{r})=0$ (Problem 13.7), the transverse delta function is itself a transverse vector field for any particular value of $\beta$, and thus we may write (see also Problem 13.11)

$$
\begin{equation*}
\int d^{3} r \delta_{\alpha \beta}^{\perp}(\mathbf{r}) \delta_{\beta \gamma}^{\perp}(\mathbf{r})=\delta_{\alpha \gamma}^{\perp}(0) \tag{13.154}
\end{equation*}
$$

Thus,

$$
\begin{align*}
H_{\mathbf{P}^{\perp}} & =\frac{1}{2 \epsilon_{0}} \int d^{3} r P^{\perp 2}(\mathbf{r}) \\
& =\frac{e^{2}}{2 \epsilon_{0}} \int d^{3} r r_{\mathrm{e}, \alpha} \delta_{\alpha \beta}^{\perp}(\mathbf{r}) \delta_{\beta \gamma}^{\perp}(\mathbf{r}) r_{\mathrm{e}, \gamma}  \tag{13.155}\\
& =\frac{e^{2}}{2 \epsilon_{0}} r_{\mathrm{e}, \alpha} r_{\mathrm{e}, \beta} \delta_{\alpha \beta}^{\perp}(0) \\
& =\frac{e^{2}}{2 \epsilon_{0}(2 \pi)^{3}} r_{\mathrm{e}, \alpha} r_{\mathrm{e}, \beta} \int d^{3} k\left(\delta_{\alpha \beta}-\frac{k_{\alpha} k_{\beta}}{k^{2}}\right)
\end{align*}
$$

where we have used the momentum-space representation of the transverse delta function from Eq. (8.177).
Again, since we are calculating the Lamb shift to order $e^{2}$, it is sufficient to consider the level shift due to the dipole self-energy to first order in perturbation theory. In this case, the shift of level $\alpha$ is

$$
\begin{align*}
\Delta E_{\alpha}^{\mathbf{P}^{\perp}} & =\langle\alpha| H_{\mathbf{P}}{ }^{\perp}|\alpha\rangle \\
& =\frac{e^{2}}{2 \epsilon_{0}(2 \pi)^{3}}\langle\alpha| r_{\mathrm{e}, \mu} r_{\mathrm{e}, \nu}|\alpha\rangle \int d^{3} k\left(\delta_{\mu \nu}-\frac{k_{\mu} k_{\nu}}{k^{2}}\right) \\
& =\frac{e^{2}}{2 \epsilon_{0}(2 \pi)^{3}} \sum_{j}\langle\alpha| r_{\mathrm{e}, \mu}|j\rangle\langle j| r_{\mathrm{e}, \nu}|\alpha\rangle \int d^{3} k\left(\delta_{\mu \nu}-\frac{k_{\mu} k_{\nu}}{k^{2}}\right)  \tag{13.156}\\
& =\frac{1}{2 \epsilon_{0}(2 \pi)^{3}} \sum_{j}\left(d_{\alpha j}\right)_{\mu}\left(d_{\alpha j}^{*}\right)_{\nu} \int d^{3} k\left(\delta_{\mu \nu}-\frac{k_{\mu} k_{\nu}}{k^{2}}\right) .
\end{align*}
$$

Notice that for a spherically symmetric atom, the dipole matrix elements are independent of direction, and thus $\left(d_{\alpha j}\right)_{\mu}$ is independent of $\mu$, and we can carry out the sum to write

$$
\begin{align*}
\Delta E_{\alpha}^{\mathbf{P}^{\perp}} & =\langle\alpha| H_{\mathbf{P}^{\perp}}|\alpha\rangle \\
& =\frac{1}{2 \epsilon_{0}(2 \pi)^{3}} \sum_{j} \frac{\left|d_{\alpha j}\right|^{2}}{3} \int d^{3} k\left(3-\frac{k_{\mu} k_{\mu}}{k^{2}}\right) \\
& =\frac{1}{3 \epsilon_{0}(2 \pi)^{3}} \sum_{j}\left|d_{\alpha j}\right|^{2} \int d^{3} k  \tag{13.157}\\
& =\frac{1}{6 \pi^{2} \epsilon_{0}} \sum_{j}\left|d_{\alpha j}\right|^{2} \int_{0}^{\infty} d k k^{2} .
\end{align*}
$$

We can then write the total shift as

$$
\begin{align*}
\Delta E_{\alpha} & =\Delta E_{\alpha}^{\mathbf{d} \cdot \mathbf{E}}+\Delta E_{\alpha}^{\mathbf{P}^{\perp}} \\
& =\frac{1}{6 \pi^{2} \epsilon_{0}} \sum_{j}\left|d_{j \alpha}\right|^{2} \int_{0}^{\infty} d k\left(-\frac{k^{3}}{k_{j \alpha}+k}+k^{2}\right)  \tag{13.158}\\
& =\frac{1}{6 \pi^{2} \epsilon_{0}} \sum_{j} k_{j \alpha}\left|d_{j \alpha}\right|^{2} \int_{0}^{\infty} d k \frac{k^{2}}{k_{j \alpha}+k} .
\end{align*}
$$

By accounting for the dipole self-energy, we have reduced the order of the divergence, and we are on track to obtain the correct Lamb shift. ${ }^{21}$

### 13.12.2.2 Mass Renormalization

Again, we must subtract the free-electron energy, which we will calculate from the Coulomb-gauge Hamiltonian (13.129). We computed the contribution from the $A^{2}$ Hamiltonian in Eq. (13.133) and found

$$
\begin{equation*}
\Delta E_{\alpha}^{(1), \text { free }}=\frac{e^{2} \hbar}{4 \pi^{2} m_{\mathrm{e}} \epsilon_{0} c} \int_{0}^{\infty} d k k \tag{13.159}
\end{equation*}
$$

Recall from Eq. (13.41) that the TRK sum rule is

$$
\begin{equation*}
\left.\sum_{j} \omega_{j \alpha}\left|\langle\alpha| r_{\mathrm{e}, \beta}\right| j\right\rangle\left.\right|^{2}=\frac{\hbar}{2 m_{\mathrm{e}}} \tag{13.160}
\end{equation*}
$$

[^195]which we can also write as
\[

$$
\begin{equation*}
\left.\sum_{j} \omega_{j \alpha}\left|\langle\alpha| \mathbf{r}_{\mathrm{e}}\right| j\right\rangle\left.\right|^{2}=\frac{3 \hbar}{2 m_{\mathrm{e}}} \tag{13.161}
\end{equation*}
$$

\]

This gives

$$
\begin{equation*}
\Delta E_{\alpha}^{(1), \text { free }}=\frac{1}{6 \pi^{2} \epsilon_{0}} \sum_{j} k_{j \alpha}\left|d_{j \alpha}\right|^{2} \int_{0}^{\infty} d k k \tag{13.162}
\end{equation*}
$$

Subtracting this part of the free-electron energy from the Lamb shift (13.158), we find

$$
\begin{align*}
\Delta E_{\alpha}-\Delta E_{\alpha}^{(1), \text { free }} & =\frac{1}{6 \pi^{2} \epsilon_{0}} \sum_{j} k_{j \alpha}\left|d_{j \alpha}\right|^{2} \int_{0}^{\infty} d k\left(\frac{k^{2}}{k_{j \alpha}+k}-k\right)  \tag{13.163}\\
& =-\frac{1}{6 \pi^{2} \epsilon_{0}} \sum_{j} k_{j \alpha}^{2}\left|d_{j \alpha}\right|^{2} \int_{0}^{\infty} d k \frac{k}{k_{j \alpha}+k}
\end{align*}
$$

This result is, in fact, equivalent to the result (13.135) in the Coulomb-gauge Hamiltonian before mass renormalization in that gauge. We can again perform the same renormalization with the $\mathbf{p} \cdot \mathbf{A}$ part of the Hamiltonian, which we have already computed in Eq. (13.137):

$$
\begin{align*}
\Delta E_{\alpha}^{(2), \text { free }} & \left.=-\frac{e^{2}}{6 \pi^{2} m_{\mathrm{e}}^{2} \epsilon_{0} c^{2}} \sum_{j}\left|\langle\alpha| \mathbf{p}_{\mathrm{e}}\right| j\right\rangle\left.\right|^{2} \int_{0}^{\infty} d k  \tag{13.164}\\
& =-\frac{1}{6 \pi^{2} \epsilon_{0}} \sum_{j} k_{j \alpha}^{2}\left|d_{j \alpha}\right|^{2} \int_{0}^{\infty} d k
\end{align*}
$$

Subtracting this part (i.e., the rest) of the electron free energy, we find

$$
\begin{align*}
\Delta E_{\alpha}-\Delta E_{\alpha}^{\text {free }} & =\frac{1}{6 \pi^{2} \epsilon_{0}} \sum_{j} k_{j \alpha}^{2}\left|d_{j \alpha}\right|^{2} \int_{0}^{\infty} d k\left(-\frac{k}{k_{j \alpha}+k}+1\right) \\
& =\frac{1}{6 \pi^{2} \epsilon_{0}} \sum_{j} k_{j \alpha}^{3}\left|d_{j \alpha}\right|^{2} \int_{0}^{\infty} \frac{d k}{k_{j \alpha}+k}  \tag{13.165}\\
& =\frac{1}{6 \pi^{2} \epsilon_{0}} \sum_{j} k_{j \alpha}^{3}\left|d_{j \alpha}\right|^{2} \log \frac{m_{\mathrm{e}} c^{2}}{\hbar\left|\omega_{j \alpha}\right|}
\end{align*}
$$

This result is exactly equivalent to the Coulomb-gauge result (13.142), if we use the conversion between the momentum and dipole matrix elements.

### 13.13 Exercises

## Problem 13.1

The sine integral is defined as

$$
\begin{equation*}
\operatorname{Si}(x):=\frac{\pi}{2}-\int_{x}^{\infty} \frac{\sin t}{t} d t \tag{13.166}
\end{equation*}
$$

and the cosine integral is defined as

$$
\begin{equation*}
\operatorname{Ci}(x):=-\int_{x}^{\infty} \frac{\cos t}{t} d t \tag{13.167}
\end{equation*}
$$

The auxiliary functions are also defined as

$$
\begin{align*}
& f(z)=\sin z \operatorname{Ci}(z)+\cos z\left[\frac{\pi}{2}-\operatorname{Si}(z)\right]  \tag{13.168}\\
& g(z)=-\cos z \operatorname{Ci}(z)+\sin z\left[\frac{\pi}{2}-\operatorname{Si}(z)\right]
\end{align*}
$$

(a) Show that

$$
\begin{array}{ll}
f(z)=\int_{0}^{\infty} \frac{\sin t}{t+z} d t & (|\arg z|<\pi)  \tag{13.169}\\
g(z)=\int_{0}^{\infty} \frac{\cos t}{t+z} d t & (|\arg z|<\pi)
\end{array}
$$

(b) Show that

$$
\begin{array}{ll}
f(z)=\int_{0}^{\infty} \frac{e^{-z t}}{1+t^{2}} d t & (\operatorname{Re}[z]>0)  \tag{13.170}\\
g(z)=\int_{0}^{\infty} \frac{t e^{-z t}}{1+t^{2}} d t & (\operatorname{Re}[z]>0)
\end{array}
$$

You can do this by considering the combination $g(z)+i f(z)$, writing out its integral expression, and then changing to an integral along the positive imaginary axis.
Note that simple changes of variable justify the more general integral formulae ${ }^{22}$

$$
\begin{array}{ll}
\int_{0}^{\infty} \frac{\sin (a x)}{x+\beta} d x=f(a \beta) & (|\arg \beta|<\pi, a>0) \\
\int_{0}^{\infty} \frac{\cos (a x)}{x+\beta} d x=g(a \beta) & (|\arg \beta|<\pi, a>0)  \tag{13.171}\\
\int_{0}^{\infty} \frac{e^{-\mu x}}{\beta^{2}+x^{2}} d x=\frac{f(\beta \mu)}{\beta} & (\operatorname{Re}[\mu]>0, \operatorname{Re}[\beta]>0) \\
\int_{0}^{\infty} \frac{x e^{-\mu x}}{\beta^{2}+x^{2}} d x=g(\beta \mu) & (\operatorname{Re}[\mu]>0, \operatorname{Re}[\beta]>0)
\end{array}
$$

that are useful for evaluating the Casimir-Polder potential near perfectly conducting planes.

## Problem 13.2

Prove the "branch-cut formulae" for the cosine integral,

$$
\begin{array}{ll}
\mathrm{Ci}(-z)=\operatorname{Ci}(z)-i \pi & (0<\arg z<\pi)  \tag{13.172}\\
\mathrm{Ci}(-z)=\operatorname{Ci}(z)+i \pi & (-\pi<\arg z<0)
\end{array}
$$

[^196]where recall that we define the cosine integral by
\[

$$
\begin{equation*}
\operatorname{Ci}(x):=-\int_{x}^{\infty} \frac{\cos t}{t} d t \tag{13.173}
\end{equation*}
$$

\]

You can do this as follows.
(a) Defining the exponential integral

$$
\begin{equation*}
E_{1}(x):=\int_{x}^{\infty} \frac{e^{-t}}{t} d t \tag{13.174}
\end{equation*}
$$

show that

$$
\begin{equation*}
E_{1}(x)=-\gamma-\log x-\sum_{j=1}^{\infty} \frac{(-1)^{j} x^{j}}{j j!} \tag{13.175}
\end{equation*}
$$

where $\gamma \approx 0.577215664901532860607$ is the Euler-Mascheroni constant, defined to be the asymptotic difference between the partial sums of the harmonic series and the logarithmic function:

$$
\begin{equation*}
\gamma:=\lim _{n \rightarrow \infty}\left[1+\frac{1}{2}+\frac{1}{3}+\cdots+\frac{1}{n}-\log n\right] . \tag{13.176}
\end{equation*}
$$

Hint: you may find it helpful to use the integral relation

$$
\begin{equation*}
\gamma=-\int_{0}^{\infty} e^{-t} \log t d t \tag{13.177}
\end{equation*}
$$

but if you use it, you should prove it. Whether or not you use it, it will help to get started by proving that

$$
\begin{equation*}
1+\frac{1}{2}+\frac{1}{3}+\cdots+\frac{1}{n}=\int_{0}^{1} \frac{1-(1-t)^{n}}{t} d t \tag{13.178}
\end{equation*}
$$

You should prove this by induction (if you don't know what that means, then make sure you find out). Then recalling that the exponential function may be defined by

$$
\begin{equation*}
e^{x}=\lim _{n \rightarrow \infty}\left(1+\frac{x}{n}\right)^{n} \tag{13.179}
\end{equation*}
$$

you can, for example, establish Eq. (13.177). In general, you should be integrating by parts like crazy in this problem.
(b) Let $t \longrightarrow x t$ in Eq. (13.174) to remove $x$ from the integration limit, and then show that

$$
\begin{equation*}
\operatorname{Ci}(x)=-\frac{1}{2}\left[E_{1}(i x)+E_{1}(-i x)\right] \tag{13.180}
\end{equation*}
$$

(c) Use the result of (a) to show that

$$
\begin{equation*}
\operatorname{Ci}(x)=\gamma+\log x+\int_{0}^{x} \frac{1-\cos t}{t} d t \tag{13.181}
\end{equation*}
$$

(d) Now recall that the log function has a branch cut along the negative real axis, and is otherwise defined by $\log z=\log r+i \theta$ for $z=r e^{i \theta}(r>0,-\pi<\theta<\pi)$. Use this property of the logarithm to prove Eqs. (13.172).

## Problem 13.3

Show that the integrals

$$
\begin{align*}
I_{1} & =\int d^{3} k \frac{k}{\left(k+k_{0}\right)} \cos \left(2 k_{z} z\right) \\
I_{2} & =\int d^{3} k \frac{k_{z}^{2}}{k\left(k+k_{0}\right)} \cos \left(2 k_{z} z\right) \tag{13.182}
\end{align*}
$$

can also be performed in cylindrical coordinates, and agree with the results from spherical-coordinate integration in the region $z>0$. Be careful to avoid infinities!

## Problem 13.4

Show that the integrals

$$
\begin{align*}
& I_{1}^{\prime}=k_{0}^{2} \int d^{3} k \frac{1}{k\left(k+k_{0}\right)} \cos \left(2 k_{z} z\right)  \tag{13.183}\\
& I_{2}^{\prime}=k_{0}^{2} \int d^{3} k \frac{k_{z}^{2}}{k^{3}\left(k+k_{0}\right)} \cos \left(2 k_{z} z\right) .
\end{align*}
$$

can also be performed in cylindrical coordinates, and agree with the results from spherical-coordinate integration in the region $z>0$.

## Problem 13.5

(a) Show that expression (13.46) for the Casimir-Polder potential

$$
\begin{equation*}
V_{\mathrm{CP}}=\frac{1}{\left(4 \pi \epsilon_{0}\right) 8 \pi} \sum_{j}\left[\left(d_{j, \|}^{2} / 2-d_{j, z}^{2}\right) \frac{4 k_{j 0}^{2}}{z}-\left(d_{j, \|}^{2} / 2+d_{j, z}^{2}\right)\left(\partial_{z}^{2} \frac{1}{z}\right)\right] f\left(2 k_{j 0} z\right) \tag{13.184}
\end{equation*}
$$

reduces in the long-distance limit to

$$
\begin{equation*}
V_{\mathrm{CP}}=-\sum_{j} \frac{c}{\left(4 \pi \epsilon_{0}\right) 4 \pi \omega_{j 0}}\left(d_{j, \|}^{2}+d_{j, z}^{2}\right) \frac{1}{z^{4}}=-\sum_{j} \frac{c d_{j}^{2}}{\left(4 \pi \epsilon_{0}\right) 4 \pi \omega_{j 0} z^{4}} \tag{13.185}
\end{equation*}
$$

so that even for an anisotropic molecule, the far-field potential is independent of the molecular orientation and the potential still scales as $z^{-4}$.
(b) Defining the normal and parallel static polarizabilities by

$$
\begin{align*}
& \alpha_{z 0}:=\alpha_{z}(0)=\sum_{j} \frac{2 d_{j, z}^{2}}{\hbar \omega_{j 0}}  \tag{13.186}\\
& \alpha_{\| 0}:=\alpha_{\|}(0)=\sum_{j} \frac{d_{j, \|}^{2}}{\hbar \omega_{j 0}},
\end{align*}
$$

show that the far-field Casimir-Polder potential can then be written

$$
\begin{equation*}
V_{\mathrm{CP}}=-\frac{\hbar c}{\left(4 \pi \epsilon_{0}\right) 8 \pi}\left(\alpha_{z 0}+2 \alpha_{\| 0}\right) \frac{1}{z^{4}} \tag{13.187}
\end{equation*}
$$

Justify the above definitions of the static polarizability on the basis of the usual expression (13.61). Also show that for an isotropic atom, the Casimir-Polder potential here reduces to the usual far-field formula, Eq. (13.60).
(c) Argue that the anisotropic correction-the term involving $\left(d_{j, \|}^{2} / 2-d_{j, z}^{2}\right)$-to the near-field potential (van der Waals regime) should be negligible compared to the usual component for the spherically symmetric part of the atom.

## Problem 13.6

Starting with the integral expression (13.23) for the Casimir-Polder potential,

$$
\begin{equation*}
V_{\mathrm{CP}}=\frac{1}{16 \pi^{3} \epsilon_{0}} \sum_{j} \int_{-\infty}^{\infty} d k_{x} \int_{-\infty}^{\infty} d k_{y} \int_{-\infty}^{\infty} d k_{z} \frac{k}{\left(k_{j 0}+k\right)}\left[\left(d_{j, \|}^{2} / 2-d_{j, z}^{2}\right)+\frac{k_{z}^{2}}{k^{2}}\left(d_{j, \|}^{2} / 2+d_{j, z}^{2}\right)\right] \cos \left(2 k_{z} z\right) \tag{13.188}
\end{equation*}
$$

obtain directly the asymptotic form for large $z$ for a spherically symmetric atom (that is, do not use the full expression in terms of the auxiliary function $f(z)$ as an intermediate step). To do this, note that for large $z, \cos \left(2 k_{z} z\right)$ is a rapidly oscillating function of $k_{z}$ (and thus of $k$ ), and thus the integrand only gives a nonvanishing contribution where $k_{z}$ (and thus $k$ ) is close to zero.

## Problem 13.7

Work out an integral expression for the Casimir-Polder potential, in analogy to Eq. (13.23), for the electromagnetic field in two dimensions (that is, two-dimensional space with a line conductor, which of course does not correspond to reality; instead, consider the physical problem of an atom constrained to be halfway between two planar, parallel conductors, spaced by the very small distance $\ell$, and the atom is a distance $z$ from a third planar conductor that intersects the other two conductors perpendicularly). For simplicity, just work out the case of a spherically symmetric atom. Show that the potential scales asymptotically as $z^{-3}$ at large $z$.

## Problem 13.8

Derive an expression for the ground-state Casimir-Polder potential of an atom near a perfectly conducting, infinite surface, generalized to the case where the electromagnetic field is at temperature $T$.

## Chapter 14

## QED with Dielectric Media

### 14.1 Classical Electrodynamics in Dielectric Media

Our starting point will be Maxwell's equations for the electromagnetic fields in a medium:

$$
\begin{align*}
\nabla \cdot \mathbf{D} & =\rho \\
\nabla \cdot \mathbf{B} & =0  \tag{14.1}\\
\nabla \times \mathbf{E} & =-\partial_{t} \mathbf{B} \\
\nabla \times \mathbf{H} & =\partial_{t} \mathbf{D}+\mathbf{j}
\end{align*}
$$

(Maxwell's equations)

Here, $\mathbf{D}$ is the electric flux density or electric displacement, $\mathbf{B}$ is the magnetic flux density, $\mathbf{E}$ and $\mathbf{H}$ are the usual electric and magnetic fields, respectively, $\rho$ is the source charge density, and $\mathbf{j}$ is the source current density. We will ignore magnetic effects, so that

$$
\begin{equation*}
\mathbf{B}=\mu_{0} \mathbf{H}, \tag{14.2}
\end{equation*}
$$

and the electric fields are related by

$$
\begin{equation*}
\mathbf{D}=\epsilon_{0} \mathbf{E}+\mathbf{P}, \tag{14.3}
\end{equation*}
$$

where $\mathbf{P}$ is the polarization density of the medium (i.e., dipole moment per unit volume).

### 14.1.1 Effective Sources

There are multiple ways to treat the polarization field here. One is to treat it in terms of equivalent, effective sources. To see this, we can put Eq. (14.3) into the first Maxwell equation, with the result

$$
\begin{equation*}
\nabla \cdot \mathbf{E}=\frac{1}{\epsilon_{0}}(\rho-\nabla \cdot \mathbf{P}) . \tag{14.4}
\end{equation*}
$$

Defining the effective "bound charge density" for the polarization field by

$$
\begin{equation*}
\rho_{\mathrm{p}}:=-\nabla \cdot \mathbf{P}, \tag{14.5}
\end{equation*}
$$

we see that the first Maxwell equation becomes

$$
\begin{equation*}
\nabla \cdot \mathbf{E}=\frac{1}{\epsilon_{0}}\left(\rho+\rho_{\mathrm{p}}\right) . \tag{14.6}
\end{equation*}
$$

This is the form for the free-space Maxwell equation, with an extra source charge density.

Similarly, from the continuity equation

$$
\begin{equation*}
\nabla \cdot \mathbf{j}=-\partial_{t} \rho \tag{14.7}
\end{equation*}
$$

the existence of the bound charge density implies a "bound current density:"

$$
\begin{equation*}
\nabla \cdot\left(\partial_{t} \mathbf{P}\right)=-\partial_{t} \rho_{\mathrm{b}}=\nabla \cdot \mathbf{j}_{\mathrm{b}} \tag{14.8}
\end{equation*}
$$

Thus, we can define

$$
\begin{equation*}
\mathbf{j}_{\mathrm{p}}:=\partial_{t} \mathbf{P} \tag{14.9}
\end{equation*}
$$

as the effective polarization current density. We then see that the last Maxwell equation can be written

$$
\begin{equation*}
\nabla \times \mathbf{H}=\epsilon_{0} \partial_{t} \mathbf{E}+\left(\mathbf{j}+\mathbf{j}_{\mathrm{p}}\right) \tag{14.10}
\end{equation*}
$$

This is the corresponding free-space Maxwell equation, with an extra source current density $\mathbf{j}_{\mathrm{p}}$.
These effective sources are useful ways to think about the medium response. In particular, one route to quantizing the field in absorptive media is to realize that in quantum mechanics, absorption (dissipation) is always accompanied by noise (fluctuations) to preserve commutation relations at all times. The noise can be explicitly put in via noise source fields. However, for now, we will specialize to a linear, dispersive medium, and instead treat the medium response by frequency-dependent response functions.

### 14.1.2 Linear, Dispersive Media

### 14.1.2.1 Frequency Domain

To continue, we will consider the Fourier transforms of the Maxwell equations (14.1)

$$
\begin{align*}
\nabla \cdot \mathbf{D}(\mathbf{r}, \omega) & =\rho(\mathbf{r}, \omega) \\
\nabla \cdot \mathbf{B}(\mathbf{r}, \omega) & =0 \\
\nabla \times \mathbf{E}(\mathbf{r}, \omega) & =i \omega \mathbf{B}(\mathbf{r}, \omega) \\
\nabla \times \mathbf{H}(\mathbf{r}, \omega) & =-i \omega \mathbf{D}(\mathbf{r}, \omega)+\mathbf{j}(\mathbf{r}, \omega) \tag{14.11}
\end{align*}
$$

(Maxwell's equations, frequency domain) We are now explicitly marking the dependence of each field on space and frequency, with frequency $\omega$ of course representing an implicit time dependence of the form $e^{-i \omega t}$. Note that in our notation here, we are writing fields such as $\mathbf{E}(t)$ and $\mathbf{E}(\omega)$ as different functions comprising a Fourier-transform pair:

$$
\begin{align*}
& \mathbf{E}(\mathbf{r}, \omega)=\int_{-\infty}^{\infty} d t \mathbf{E}(\mathbf{r}, t) e^{i \omega t} \\
& \mathbf{E}(\mathbf{r}, t)=\frac{1}{2 \pi} \int_{-\infty}^{\infty} d \omega \mathbf{E}(\mathbf{r}, \omega) e^{-i \omega t} \tag{14.12}
\end{align*}
$$

Again ignoring magnetic effects, we can write

$$
\begin{equation*}
\mathbf{B}(\mathbf{r}, \omega)=\mu_{0} \mathbf{H}(\mathbf{r}, \omega) \tag{14.13}
\end{equation*}
$$

while the electric fields are still related by

$$
\begin{equation*}
\mathbf{D}(\mathbf{r}, \omega)=\epsilon_{0} \mathbf{E}(\mathbf{r}, \omega)+\mathbf{P}(\mathbf{r}, \omega) \tag{14.14}
\end{equation*}
$$

A linear, dispersive medium is defined such that the medium polarization is given by the relation

$$
\begin{equation*}
\mathbf{P}(\mathbf{r}, \omega)=\epsilon_{0} \chi(\mathbf{r}, \omega) \mathbf{E}(\mathbf{r}, \omega) \tag{14.15}
\end{equation*}
$$

where $\chi(\mathbf{r}, \omega)$ is the dimensionless, linear, frequency dependent susceptibility of the medium. In this context, "linear" means that the susceptibility is independent of the electric-field amplitude, and "dispersive"
means that the polarization response is a simple proportionality at each frequency. Thus, the electric fields are related by

$$
\begin{equation*}
\mathbf{D}(\mathbf{r}, \omega)=\epsilon(\mathbf{r}, \omega) \mathbf{E}(\mathbf{r}, \omega) \tag{14.16}
\end{equation*}
$$

where

$$
\begin{equation*}
\epsilon(\mathbf{r}, \omega):=\epsilon_{0}[1+\chi(\mathbf{r}, \omega)], \tag{14.17}
\end{equation*}
$$

is the (linear) dielectric permittivity (the dimensionless ratio $\epsilon / \epsilon_{0}$ is the dielectric constant).

### 14.1.2.2 Time Domain

The description of dispersive media in the time domain is more complicated. According to the convolution theorem (Section 17.1.2), the time-domain version of Eq. (14.15) is the convolution

$$
\begin{equation*}
\mathbf{P}(\mathbf{r}, t)=\epsilon_{0} \int_{0}^{\infty} d t^{\prime} g_{\chi}\left(\mathbf{r}, t^{\prime}\right) \mathbf{E}\left(\mathbf{r}, t-t^{\prime}\right) \tag{14.18}
\end{equation*}
$$

where the susceptibility $\chi(\mathbf{r}, \omega)$ is the Fourier transform of the correlation function $g_{\chi}(\mathbf{r}, t)$ :

$$
\begin{equation*}
\chi(\mathbf{r}, \omega)=\int_{0}^{\infty} d t g_{\chi}(\mathbf{r}, t) e^{i \omega t} \tag{14.19}
\end{equation*}
$$

Note that in writing down Eqs. (14.18) and (14.19), we are only integrating over positive times, where normally the integration should extend over the entire real axis. We do this to avoid an unphysical feature: otherwise, the medium response $\mathbf{P}(\mathbf{r}, t)$ would depend on the input field $\mathbf{E}\left(\mathbf{r}, t^{\prime}\right)$, even for future times $t^{\prime}>t$. It is thus physically reasonable to impose the causality requirement that the polarization field only depends on the electric field in the present or in the past. We can also just as well write the causality requirement as

$$
\begin{equation*}
g_{\chi}(\mathbf{r}, t)=g_{\chi}(\mathbf{r}, t) \Theta(t) \tag{14.20}
\end{equation*}
$$

where $\Theta(t)$ is the Heaviside step function. Based on these relations, we see that the electric fields are related by

$$
\begin{equation*}
\mathbf{D}(\mathbf{r}, t)=\epsilon_{0} \mathbf{E}(\mathbf{r}, t)+\epsilon_{0} \int_{0}^{\infty} d t^{\prime} g_{\chi}\left(\mathbf{r}, t^{\prime}\right) \mathbf{E}\left(\mathbf{r}, t-t^{\prime}\right) \tag{14.21}
\end{equation*}
$$

Of course, we could also write this relation down in terms of a permittivity kernel

$$
\begin{equation*}
\epsilon(\mathbf{r}, t)=\epsilon_{0} \delta(t)+\epsilon_{0} g_{\chi}\left(\mathbf{r}, t^{\prime}\right) \tag{14.22}
\end{equation*}
$$

so that

$$
\begin{equation*}
\mathbf{D}(\mathbf{r}, t)=\int_{0^{-}}^{\infty} d t^{\prime} \epsilon\left(\mathbf{r}, t^{\prime}\right) \mathbf{E}\left(\mathbf{r}, t-t^{\prime}\right) \tag{14.23}
\end{equation*}
$$

Here, the integration limit $0^{-}$denotes a limit of $\delta$, where the limit $\delta \longrightarrow 0$ is taken from below.

### 14.1.3 Classical Green Tensor

Now we can ask, what are the decoupled wave equations corresponding to the above Maxwell equations in linear, dispersive media? It is most convenient to stick to the frequency domain, as we have seen above. First, taking the curl of the third Maxwell equation in (14.11), and using $\mathbf{B}=\mu_{0} \mathbf{H}$,

$$
\begin{equation*}
\nabla \times[\nabla \times \mathbf{E}(\mathbf{r}, \omega)]=i \omega \mu_{0} \nabla \times \mathbf{H}(\mathbf{r}, \omega) \tag{14.24}
\end{equation*}
$$

Then using Eq. (14.16) and the last Maxwell equation, we arrive at the wave equation for the electric field:

$$
\begin{equation*}
\nabla \times[\nabla \times \mathbf{E}(\mathbf{r}, \omega)]-\omega^{2} \mu_{0} \epsilon(\mathbf{r}, \omega) \mathbf{E}(\mathbf{r}, \omega)=i \mu_{0} \omega \mathbf{j}(\mathbf{r}, \omega) \tag{14.25}
\end{equation*}
$$

(wave equation in dielectric media)

In free space, it is conventional to continue by using the vector identity $\nabla \times(\nabla \times \mathbf{A})=\nabla(\nabla \cdot \mathbf{A})-\nabla^{2} \mathbf{A}$ to replace the iterated curl in terms of the Laplacian. However, this doesn't help much here because $\nabla \cdot \mathbf{E} \neq 0$ in general for a dielectric, even without a source charge. Note that this wave equation in this form hides the source charge density $\rho$. In general, this is not a concern because any time-dependent charge (such as a dipole) will generate a field through the current density $\mathbf{j}$, which is tied to the charge density by the continuity constraint. Unfortunately the magnetic field $\mathbf{H}$ does not decouple as cleanly into its own wave equation, so we will stick to analyzing the electric field $\mathbf{E}$ as the primary object.

Now as a general solution of the wave equation (14.25), we will introduce the classical Green tensor $\mathbf{G}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)$. Specifically, we will define the Green tensor component $G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)$ to be the solution $E_{\alpha}(\mathbf{r})$, given a localized source current

$$
\begin{equation*}
i \mu_{0} \omega j_{\mu}\left(\mathbf{r}^{\prime}\right) \longrightarrow \mu_{0} \omega^{2} \delta^{3}\left(\mathbf{r}-\mathbf{r}^{\prime}\right) \delta_{\mu \beta} \tag{14.26}
\end{equation*}
$$

That is, it is the $\alpha$ component of the electric-field solution to Eq. (14.25), assuming we replace the right-hand side by a delta function, with an orientation along the $\beta$ direction (the factor of $\mu_{0} \omega^{2}$ is arbitrary, but we will see the reason for this choice later). The Green tensor is thus the solution of the impulse-driven wave equation

$$
\nabla \times\left[\nabla \times \mathbf{G}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)\right]-\omega^{2} \mu_{0} \epsilon(\mathbf{r}, \omega) \mathbf{G}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)=\mu_{0} \omega^{2} \delta^{3}\left(\mathbf{r}-\mathbf{r}^{\prime}\right)
$$

(Green tensor wave equation) (14.27) where the delta function on the right-hand side, being set equal to a tensor object, is understood to be proportional to the identity tensor. We can write this same equation in components as

$$
\begin{equation*}
\square_{\alpha \beta} G_{\beta \gamma}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)=\mu_{0} \omega^{2} \delta_{\alpha \gamma} \delta^{3}\left(\mathbf{r}-\mathbf{r}^{\prime}\right) \tag{14.28}
\end{equation*}
$$

where the box operator is defined by

$$
\begin{equation*}
:=(\nabla \times \nabla \times)-\omega^{2} \mu_{0} \epsilon(\mathbf{r}, \omega) \tag{14.29}
\end{equation*}
$$

or in components,

$$
\begin{align*}
\square_{\alpha \beta} & :=\varepsilon_{\alpha \mu \gamma} \varepsilon_{\gamma \nu \beta} \partial_{\mu} \partial_{\nu}-\omega^{2} \mu_{0} \epsilon(\mathbf{r}, \omega) \delta_{\alpha \beta}  \tag{14.30}\\
& =\left(\partial_{\alpha} \partial_{\beta}-\nabla^{2} \delta_{\alpha \beta}\right)-\omega^{2} \mu_{0} \epsilon(\mathbf{r}, \omega) \delta_{\alpha \beta}
\end{align*}
$$

where $\varepsilon_{\alpha \beta \gamma}$ is the Levi-Civita permutation symbol [which is zero if any two indices have the same value, or 1 or -1 if $(\alpha \beta \gamma)$ is respectively an even or odd permutation of $(x y z)]$. The first form follows from the component representation of the vector curl as

$$
\begin{equation*}
(\nabla \times \mathbf{A})_{\alpha}=\varepsilon_{\alpha \beta \gamma} \partial_{\beta} A_{\gamma}, \tag{14.31}
\end{equation*}
$$

while the second follows from the identity $\nabla \times \nabla \times \mathbf{A}=\nabla(\nabla \cdot \mathbf{A})-\nabla^{2} \mathbf{A}$. Note that by assuming a scalar field $\epsilon(\mathbf{r}, \omega)$, we are implicitly assuming an isotropic medium, without "preferred" directions. In general, to handle something such as a dielectric medium, we would have to make the generalization to a permittivity tensor

$$
\begin{equation*}
\epsilon(\mathbf{r}, \omega) \delta_{\alpha \beta} \longrightarrow \epsilon_{\alpha \beta}(\mathbf{r}, \omega) \tag{14.32}
\end{equation*}
$$

to give the most general linear response (in terms of direction) of the medium to the field.
As with any Green function, the Green tensor here is convenient to know, as it in principle represents a very general solution to the wave equation. Because the wave equation is linear, the solution for an arbitrary source $i \mu_{0} \omega \mathbf{j}(\mathbf{r}, \omega)$ can then be written as the integral over the Green tensor and the source current,

$$
\begin{equation*}
\mathbf{E}(\mathbf{r}, \omega)=\frac{i}{\omega} \int d^{3} r^{\prime} \mathbf{G}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right) \cdot \mathbf{j}\left(\mathbf{r}^{\prime}, \omega\right) \tag{14.33}
\end{equation*}
$$

or to disambiguate the tensor product,

$$
\begin{equation*}
E_{\alpha}(\mathbf{r}, \omega)=\frac{i}{\omega} \int d^{3} r^{\prime} G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right) j_{\beta}\left(\mathbf{r}^{\prime}, \omega\right) \tag{14.34}
\end{equation*}
$$

This solution follows from the fact that the source can be viewed as a weighted sum over delta functions:

$$
\begin{equation*}
i \mu_{0} \omega j_{\alpha}(\mathbf{r}, \omega)=\frac{i}{\omega} \int d^{3} r^{\prime}\left[\mu_{0} \omega^{2} \delta_{\alpha \beta} \delta\left(\mathbf{r}-\mathbf{r}^{\prime}\right)\right] j_{\beta}\left(\mathbf{r}^{\prime}, \omega\right) \tag{14.35}
\end{equation*}
$$

The Green tensor gives the solution in the case of each of the component delta functions $\mu_{0} \omega^{2} \delta_{\alpha \beta} \delta\left(\mathbf{r}-\mathbf{r}^{\prime}\right)$, and the full solution is just a sum over the Green tensors, since the wave equation is linear.

### 14.1.3.1 Example: Green Tensor in Free Space

As it turns out, the electromagnetic Green tensor is quite simple in the case of free space: essentially, it is just the electric field due to a single dipole. To see this, consider what is the meaning of an oscillating current density localized to a single point. A simple model of an oscillating dipole is two opposite but equal charges, one fixed (as in an atomic nucleus), and one oscillating in space. The moving charge, however, implies an oscillating current density. Furthermore, the dipole idealization involves the contraction of the distance $\mathbf{r}$ between the two charges to zero, while increasing the charge $q$ such that the dipole moment $\mathbf{d}=q \mathbf{r}$ remains fixed. In this limit, the current density likewise becomes localized to a single point.

To see this more formally, the multipole expansion (cf. Section 9.5.4) about the origin $\mathbf{r}=0$ comes from the identity

$$
\begin{equation*}
\rho(\mathbf{r}, \omega)=\int d^{3} r^{\prime} \delta^{3}\left(\mathbf{r}^{\prime}-\mathbf{r}\right) \rho\left(\mathbf{r}^{\prime}, \omega\right) \tag{14.36}
\end{equation*}
$$

along with the expansion [Eq. (9.110)]

$$
\begin{equation*}
\delta^{3}\left(\mathbf{r}-\mathbf{r}^{\prime}\right)=\delta^{3}(\mathbf{r})-\left(\mathbf{r}^{\prime} \cdot \nabla\right) \delta^{3}(\mathbf{r})+\frac{1}{2}\left(\mathbf{r}^{\prime} \cdot \nabla\right)^{2} \delta^{3}(\mathbf{r})+\cdots \tag{14.37}
\end{equation*}
$$

so that

$$
\begin{equation*}
\rho(\mathbf{r}, \omega)=\left[\int d^{3} r^{\prime} \rho\left(\mathbf{r}^{\prime}, \omega\right)\right] \delta^{3}(\mathbf{r})-\left[\int d^{3} r^{\prime} r_{\alpha}^{\prime} \rho\left(\mathbf{r}^{\prime}, \omega\right)\right] \partial_{\alpha} \delta^{3}(\mathbf{r})+\left[\frac{1}{2} \int d^{3} r^{\prime} r_{\alpha}^{\prime} r_{\beta}^{\prime} \rho\left(\mathbf{r}^{\prime}, \omega\right)\right] \partial_{\alpha} \partial_{\beta} \delta^{3}(\mathbf{r})+\cdots \tag{14.38}
\end{equation*}
$$

Repeated indices imply summations as usual here. The quantities in square brackets, from left to right, are the monopole moment (total charge), the dipole moment vector, and the quadrupole moment tensor. When the charge density is multiplied by another function under an integral, the moments act as coefficients of a Taylor expansion, weighting each of the derivatives of the other function.

Now that we have defined the multipoles, we can compute the multipole expansion corresponding to the localized current density

$$
\begin{equation*}
i \mu_{0} \omega \mathbf{j}=\mu_{0} \omega^{2} \delta^{3}\left(\mathbf{r}-\mathbf{r}^{\prime}\right) \hat{\varepsilon} \tag{14.39}
\end{equation*}
$$

where $\varepsilon$ is a unit (polarization) vector. To simplify notation, we will take $\mathbf{r}^{\prime}=0$, so the expansion about the origin is a multipole expansion about $\mathbf{r}^{\prime}$. The Fourier transform of the continuity constraint (14.7) is

$$
\begin{equation*}
\nabla \cdot \mathbf{j}(\mathbf{r}, \omega)=i \omega \rho(\mathbf{r}, \omega) \tag{14.40}
\end{equation*}
$$

so that the localized current implies the charge density

$$
\begin{equation*}
\rho(\mathbf{r}, \omega)=-\hat{\varepsilon} \cdot \nabla \delta^{3}(\mathbf{r}) \tag{14.41}
\end{equation*}
$$

Clearly, the monopole moment of this charge density vanishes, since the integral of the derivative of the delta function vanishes. This is perhaps more evident by examining the identity

$$
\begin{equation*}
\int_{-\infty}^{\infty} d z \delta^{\prime}(z) f(z)=-f^{\prime}(0) \tag{14.42}
\end{equation*}
$$

which is easy to prove via integration by parts.

Now to compute the dipole moment:

$$
\begin{align*}
\mathbf{d}(\omega) & =\int d^{3} r \mathbf{r} \rho(\mathbf{r}, \omega) \\
& =-\int d^{3} r \mathbf{r} \hat{\varepsilon} \cdot \nabla \delta^{3}(\mathbf{r})  \tag{14.43}\\
& =\hat{\varepsilon} \int d^{3} r \delta^{3}(\mathbf{r}) \\
& =\hat{\varepsilon}
\end{align*}
$$

To get rid of the gradient here, we simply integrated by parts. Thus, the localized current density implied by the Green tensor is simply a dipole, oriented in the same direction as the source delta-function vector, of unit magnitude (now we see the reason for the factor of $\mu_{0} \omega^{2}$ in front of the delta function in the Greentensor equation (14.27); without this factor, the dipole here would have amplitude $1 / \mu_{0} \omega^{2}$ ). A calculation analogous to this one shows that all higher-order multipoles vanish, because they involve higher powers of $\mathbf{r}$. After integration by parts, they will leave a final integral of the form $\int d^{3} r r_{\alpha} r_{\beta} \cdots r_{\gamma} \delta^{3}(\mathbf{r})$, which vanishes.

Thus, the Green-tensor elements $G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)$ in free space are constructed simply as follows: it is the $\alpha$ component of the electric field vector at position $\mathbf{r}$, due to an oscillating dipole located at $\mathbf{r}^{\prime}$, which is oriented along $\hat{r}_{\beta}$ and oscillates with unit "amplitude." Note that the effective dipole amplitude, instead of having the expected SI units of ( Cm ), is in fact dimensionless, so that the resulting electric field, normally of units ( $\mathrm{N} / \mathrm{C}$ ), has units of $\mathrm{N} / \mathrm{C}^{2} \mathrm{~m}$. Thus, the Green tensor has units of $\mathrm{N} / \mathrm{C}^{2} \mathrm{~m}$, which agrees with what we find by examining the defining relation (14.27), or by noting that the product with a dipole moment $G_{\alpha \beta} d_{\beta}$ should have the dimension of an electric field. The units we have chosen here are rather odd, but they will yield a particularly simple form for the Green tensor (14.128) that will parallel other, familiar Green functions that we have already used but not specifically identified as such.

We have written down the electric field for a single dipole, located at the origin and oscillating along an arbitrary direction $\hat{\varepsilon}$ before in Eqs. (1.42) and (1.115):

$$
\begin{equation*}
\mathbf{E}^{(+)}(\mathbf{r}, \omega)=\frac{1}{4 \pi \epsilon_{0}}\left\{[3(\hat{\varepsilon} \cdot \hat{r}) \hat{r}-\hat{\varepsilon}]\left[\frac{1}{r^{3}}-i \frac{k}{r^{2}}\right]-[(\hat{\varepsilon} \cdot \hat{r}) \hat{r}-\hat{\varepsilon}] \frac{k^{2}}{r}\right\} d^{(+)}(\omega) e^{i k r} \tag{14.44}
\end{equation*}
$$

Recall that $\hat{r}$ is a unit vector in the $\mathbf{r}$ direction, and $\hat{\varepsilon}$ is a unit vector marking the dipole orientation. This completely determines the form of the present Green tensor, and evidently from our discussion above, we may write the free-space Green tensor as

$$
\begin{equation*}
G_{\alpha \beta}^{(0)}(\mathbf{r}, 0, \omega)=\frac{1}{4 \pi \epsilon_{0}}\left\{\left[3 \hat{r}_{\alpha} \hat{r}_{\beta}-\delta_{\alpha \beta}\right]\left[\frac{1}{r^{3}}-i \frac{k}{r^{2}}\right]-\left[\hat{r}_{\alpha} \hat{r}_{\beta}-\delta_{\alpha \beta}\right] \frac{k^{2}}{r}\right\} e^{i k r} \tag{14.45}
\end{equation*}
$$

(free-space Green tensor)
where $k=\omega / c, \hat{r}_{\alpha} \equiv r_{\alpha} / r$ is the component of the unit vector $\hat{r}$ along the $\alpha$ direction, and the naught superscript indicates that this is the Green tensor for free space. To obtain this expression, we have set $d^{(+)}(\omega) \longrightarrow 1$, associated the index $\alpha$ with the field orientation, and associated the index $\beta$ with the dipole orientation $\hat{\varepsilon}$. To obtain the general case of the Green function for a dipole located at $\mathbf{r}^{\prime}$ instead of the origin, we may clearly write

$$
\begin{equation*}
G_{\alpha \beta}^{(0)}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)=G_{\alpha \beta}^{(0)}\left(\mathbf{r}-\mathbf{r}^{\prime}, 0, \omega\right) \tag{14.46}
\end{equation*}
$$

since the Green function here only depends on the difference between the two coordinates (i.e., free space is invariant under translations).

In the presence of a material of some shape, the Green tensor is modified by reflections of fields at interfaces, changes of wavelength due to dispersion, and attenuation via absorption. In general, it will be quite a bit more complicated than in the simple free-space case. However, under the restrictions of our assumptions about the media, the Green tensor completely characterizes the response of the medium to external perturbations, even within quantum electrodynamics.

### 14.1.3.2 Green Tensor in Free Space: Alternate Forms

A couple of other forms of the free-space Green tensor (14.45) will be useful later on, and they provide a bit more insight now, so we'll go ahead and derive them. The first alternate form is

$$
\begin{equation*}
G_{\alpha \beta}^{(0)}(\mathbf{r}, 0, \omega)=\frac{1}{4 \pi \epsilon_{0}}\left(k^{2} \delta_{\alpha \beta}+\partial_{\alpha} \partial_{\beta}\right) \frac{e^{i k r}}{r} \tag{14.47}
\end{equation*}
$$

(free-space Green tensor)
The equivalence of this expression to Eq. (14.45) can be verified directly by evaluating the derivatives in this expression (see Problem 8.8). The factor here of $\left(\delta_{\alpha \beta}+\partial_{\alpha} \partial_{\beta} / k^{2}\right)$ is characteristic of a transverse field, as we see by comparison with the momentum-representation expression for the transverse delta function $\delta_{\alpha \beta}^{\perp}(\mathbf{r})$, Eq. (8.177). In fact, this is essentially the projection operator for a transverse wave at frequency $c k$, so from this we see that the dipole field is just the transverse part of the scalar spherical wave. This form for the Green tensor will be useful in deriving the Green tensor for a planar material interface (Section 14.3.5).

To arrive at the other alternate form, we can use $\nabla r=\hat{r}$ and $\nabla \cdot \hat{r}=1$ to write

$$
\begin{align*}
\nabla^{2} \frac{e^{i k r}}{r} & =-4 \pi \delta^{3}(\mathbf{r})+\frac{1}{r} \nabla^{2} e^{i k r}+2\left(\nabla \frac{1}{r}\right) \cdot\left(\nabla e^{i k r}\right) \\
& =-4 \pi \delta^{3}(\mathbf{r})+\frac{i k}{r} \nabla \cdot\left(\hat{r} e^{i k r}\right)+2\left(-\frac{\hat{r}}{r^{2}}\right) \cdot\left(i k \hat{r} e^{i k r}\right)  \tag{14.48}\\
& =-4 \pi \delta^{3}(\mathbf{r})+\left(-k^{2} \frac{e^{i k r}}{r}+2 i k \frac{e^{i k r}}{r^{2}}\right)+\left(-2 i k \frac{e^{i k r}}{r^{2}}\right) \\
& =-4 \pi \delta^{3}(\mathbf{r})-k^{2} \frac{e^{i k r}}{r}
\end{align*}
$$

where we used $\nabla^{2}(1 / r)=-4 \pi \delta^{3}(\mathbf{r})$. Thus, we can replace the $k^{2}$ by $-\nabla^{2}$, if we also introduce a deltafunction term, so that we arrive at the representation

$$
\begin{equation*}
G_{\alpha \beta}^{(0)}(\mathbf{r}, 0, \omega)=\frac{1}{4 \pi \epsilon_{0}}\left(\partial_{\alpha} \partial_{\beta}-\delta_{\alpha \beta} \nabla^{2}\right) \frac{e^{i k r}}{r}-\frac{1}{\epsilon_{0}} \delta_{\alpha \beta} \delta^{3}(\mathbf{r}) \tag{14.49}
\end{equation*}
$$

We will use this form in deriving the Green tensor in the presence of a second atom (Section 14.3.7).

### 14.1.3.3 Derivation of the Formula for the Dipole Radiation Field

We derived the above forms for the free-space Green tensor based on the knowledge of the dipole radiation field (14.44), which we simply wrote down. Now we are in a position to justify the above forms for $\mathbf{G}^{(0)}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)$ and thus for the dipole radiation field. We start with the wave equation Eq. (14.27) with $\epsilon(\mathbf{r}, \omega)=\epsilon_{0}$, which defines the Green tensor in free space. We also use $\mu_{0} \epsilon_{0}=1 / c^{2}$, and $\omega=c k$, obtaining

$$
\begin{equation*}
\nabla \times\left[\nabla \times \mathbf{G}^{(0)}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)\right]-k^{2} \mathbf{G}^{(0)}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)=\frac{k^{2}}{\epsilon_{0}} \delta^{3}\left(\mathbf{r}-\mathbf{r}^{\prime}\right) \tag{14.50}
\end{equation*}
$$

Then using the vector identity $\nabla \times(\nabla \times \mathbf{A})=\nabla(\nabla \cdot \mathbf{A})-\nabla^{2} \mathbf{A}$, we rearrange terms to find

$$
\begin{equation*}
\left(\nabla^{2}+k^{2}\right) \mathbf{G}^{(0)}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)=\nabla\left[\nabla \cdot \mathbf{G}^{(0)}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)\right]-\frac{k^{2}}{\epsilon_{0}} \delta^{3}\left(\mathbf{r}-\mathbf{r}^{\prime}\right) \tag{14.51}
\end{equation*}
$$

In components, this relation reads

$$
\begin{equation*}
\left(\nabla^{2}+k^{2}\right) G_{\alpha \beta}^{(0)}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)=\partial_{\alpha} \partial_{\gamma} G_{\gamma \beta}^{(0)}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)-\frac{k^{2}}{\epsilon_{0}} \delta_{\alpha \beta} \delta^{3}\left(\mathbf{r}-\mathbf{r}^{\prime}\right) \tag{14.52}
\end{equation*}
$$

Guided by our comments above, we make the ansatz that the dipole radiation field is the transverse part of a scalar field, and thus we assume

$$
\begin{equation*}
G_{\alpha \beta}^{(0)}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)=\left(k^{2} \delta_{\alpha \beta}+\partial_{\alpha} \partial_{\beta}\right) \psi\left(\mathbf{r}-\mathbf{r}^{\prime}\right) \tag{14.53}
\end{equation*}
$$

where $\psi(\mathbf{r})$ is a scalar function to be determined. Putting this ansatz into the wave equation for the Green tensor, we find

$$
\begin{align*}
\left(k^{2} \delta_{\alpha \beta}+\partial_{\alpha} \partial_{\beta}\right)\left(\nabla^{2}+k^{2}\right) \psi\left(\mathbf{r}-\mathbf{r}^{\prime}\right) & =\partial_{\alpha} \partial_{\gamma}\left(k^{2} \delta_{\gamma \beta}+\partial_{\gamma} \partial_{\beta}\right) \psi\left(\mathbf{r}-\mathbf{r}^{\prime}\right)-\frac{k^{2}}{\epsilon_{0}} \delta_{\alpha \beta} \delta^{3}\left(\mathbf{r}-\mathbf{r}^{\prime}\right)  \tag{14.54}\\
& =\partial_{\alpha} \partial_{\beta}\left(k^{2}+\nabla^{2}\right) \psi\left(\mathbf{r}-\mathbf{r}^{\prime}\right)-\frac{k^{2}}{\epsilon_{0}} \delta_{\alpha \beta} \delta^{3}\left(\mathbf{r}-\mathbf{r}^{\prime}\right)
\end{align*}
$$

Cancelling terms, we find

$$
\begin{equation*}
k^{2} \delta_{\alpha \beta}\left(\nabla^{2}+k^{2}\right) \psi\left(\mathbf{r}-\mathbf{r}^{\prime}\right)=-\frac{k^{2}}{\epsilon_{0}} \delta_{\alpha \beta} \delta^{3}\left(\mathbf{r}-\mathbf{r}^{\prime}\right) \tag{14.55}
\end{equation*}
$$

For nonzero $k$, we then find

$$
\begin{equation*}
\left(\nabla^{2}+k^{2}\right) \psi(\mathbf{r})=-\frac{1}{\epsilon_{0}} \delta^{3}(\mathbf{r}) \tag{14.56}
\end{equation*}
$$

Evidently, $\psi(\mathbf{r})$ is essentially the Green function for the scalar wave equation (Helmholtz equation). Note that we already showed in Eq. (14.48) that

$$
\begin{equation*}
\left(\nabla^{2}+k^{2}\right) \frac{e^{i k r}}{r}=-4 \pi \delta^{3}(\mathbf{r}) \tag{14.57}
\end{equation*}
$$

and thus it follows that

$$
\begin{equation*}
\psi(\mathbf{r})=\frac{1}{4 \pi \epsilon_{0}} \frac{e^{i k r}}{r} \tag{14.58}
\end{equation*}
$$

That is, $\psi(\mathbf{r})$ is a spherical wave. This result, together with the ansatz (14.53), establishes the validity of the form (14.47) for the Green tensor, and thus of the other associated forms (14.45) and (14.49) and the dipole radiation field (14.44).

### 14.1.4 Permittivity Properties

The medium itself is described solely by the function $\epsilon(\mathbf{r}, \omega)$ (or equivalently, the susceptibility), within the assumptions of a medium that is: linear, dispersive, isotropic, spatially nondispersive, nonmagnetic, and describable in terms of macroscopic variables (i.e., where one can coarse-grain away any microscopic structure). It is thus worth spending some time looking at this function more carefully. ${ }^{1}$ First, since $g_{\chi}(t)$, as in Eq. (14.18), relates the real fields $\mathbf{P}(\mathrm{r}, t)$ and $\mathbf{E}(\mathrm{r}, t), g_{\chi}(t)$ itself is a real function. This implies that

$$
\begin{equation*}
\chi(-\omega)=\chi^{*}\left(\omega^{*}\right) \tag{14.59}
\end{equation*}
$$

This result is implied by the relation (14.15), because for any real field, $\mathbf{A}^{*}(\omega)=\mathbf{A}\left(-\omega^{*}\right)$, since the frequency components at $\omega$ and $-\omega^{*}$, being complex conjugates, must be present with the same amplitude. From the definition (14.17) of the permittivity, it has the same frequency constraint as the susceptibility:

$$
\begin{equation*}
\epsilon(-\omega)=\epsilon^{*}\left(\omega^{*}\right) \tag{14.60}
\end{equation*}
$$

In particular, this implies that $\operatorname{Re}[\epsilon(\omega)]$ is an even function of $\omega \in \mathbb{R}$, while $\operatorname{Im}[\epsilon(\omega)]$ is an odd function.
Furthermore, from the Fourier-transform relation (14.19), we can see that under the physically reasonable assumption that $g_{\chi}(t)$ is bounded, $\chi(\mathbf{r}, \omega)$ is analytic in the upper half of the complex-frequency plane, $\operatorname{Im}[\omega]>0$. This is because the Fourier integral (14.19) is always cut off exponentially, and thus guaranteed to converge. Thus, $\epsilon(\omega)$ is also analytic in the upper half-plane. But what about right on the real axis? For dielectrics, $\epsilon(\omega)$ is analytic on the real axis, if we make the reasonable assumption that $g_{\chi}(t) \longrightarrow 0$ as $t \longrightarrow \infty$, so that the medium response "forgets" the input field in the distant past. In this case the oscillatory integral (14.19) converges because of this cutoff. However, for conductors, which are also modeled

[^197]by a (complex) permittivity $\epsilon(\omega)$, the situation is slightly more complicated. Starting with the assumption of linear, dispersive conduction,
\[

$$
\begin{equation*}
\mathbf{j}(\omega)=\sigma(\omega) \mathbf{E}(\omega) \tag{14.61}
\end{equation*}
$$

\]

where $\sigma(\omega)$ is the conductivity, the wave equation (14.25) becomes

$$
\begin{equation*}
\nabla \times[\nabla \times \mathbf{E}(\mathbf{r}, \omega)]-\omega^{2} \mu_{0} \epsilon(\mathbf{r}, \omega) \mathbf{E}(\mathbf{r}, \omega)=i \mu_{0} \omega \sigma(\mathbf{r}, \omega) \mathbf{E}(\mathbf{r}, \omega) \tag{14.62}
\end{equation*}
$$

The source term can then be combined with the permittivity term as

$$
\begin{equation*}
\nabla \times[\nabla \times \mathbf{E}(\mathbf{r}, \omega)]-\omega^{2} \mu_{0}\left[\epsilon(\mathbf{r}, \omega)+i \frac{\sigma(\mathbf{r}, \omega)}{\omega}\right] \mathbf{E}(\mathbf{r}, \omega)=0 \tag{14.63}
\end{equation*}
$$

The bracketed quantity in the second term can then be interpreted as a complex permittivity,

$$
\begin{equation*}
\tilde{\epsilon}(\mathbf{r}, \omega)=\left[\epsilon(\mathbf{r}, \omega)+i \frac{\sigma(\mathbf{r}, \omega)}{\omega}\right] \tag{14.64}
\end{equation*}
$$

(permittivity for a conductor)
and we can henceforth regard $\epsilon(\omega)$ as modeling conductors as well as dielectrics. Since the conductivity tends to a finite constant at zero frequency, we see that for a conductor, the permittivity $\epsilon(\omega)$ (including conduction effects) has a simple pole at the origin. Thus, except for a possible simple pole at the origin, $\epsilon(\omega)$ is analytic for $\operatorname{Im}[\omega] \geq 0 .{ }^{2}$

### 14.1.4.1 Energy Loss and Poynting's Theorem

Before, we argued that the total energy of the field in free space was [Eq. (8.34)]

$$
\begin{equation*}
U=\frac{1}{2} \int d^{3} r\left[\epsilon_{0} E^{2}+\mu_{0} H^{2}\right] \tag{14.65}
\end{equation*}
$$

so that the field energy density is

$$
\begin{equation*}
u=\frac{1}{2}\left[\epsilon_{0} E^{2}+\mu_{0} H^{2}\right] \tag{14.66}
\end{equation*}
$$

As we recall, in considering loss of transported energy, we need only consider transverse fields here, though we will drop the usual superscript denoting this. To generalize this expression to the dispersive-dielectric case, we must decompose the fields into frequency components, and then make the replacement $\epsilon_{0} \longrightarrow \epsilon(\omega)$ at each frequency $\omega$. We can thus write the dielectric energy spectral density as

$$
\begin{equation*}
u(\omega)=\frac{1}{2} \int d^{3} r\left[\mathbf{E}^{(+)}(\mathbf{r}, \omega) \cdot \mathbf{D}^{(-)}(\mathbf{r}, \omega)+\mathbf{H}^{(+)}(\mathbf{r}, \omega) \cdot \mathbf{B}^{(-)}(\mathbf{r}, \omega)\right]+\text { c.c. } \tag{14.67}
\end{equation*}
$$

such that the total energy density is

$$
\begin{equation*}
u=\int_{0}^{\infty} d \omega u(\omega) \tag{14.68}
\end{equation*}
$$

This comes from writing the real fields at frequency $\omega$ as, e.g., $\mathbf{E}^{(+)}(\mathbf{r}, \omega) e^{-i \omega t}+\mathbf{E}^{(-)}(\mathbf{r}, \omega) e^{i \omega t}$, and then discarding the fast-rotating terms to effect a time average over short times corresponding to optical oscillations. Note that the electric-field part of the energy, represented by $\mathbf{E} \cdot \mathbf{D}=\epsilon_{0} E^{2}+\mathbf{P} \cdot \mathbf{E}$ explicitly contains both the free-field energy as well as the coupling of the medium polarization to the field.

In fact, for a dispersive dielectric, this energy is not constant. However, differentiating this expression is difficult, as in the time domain we recall from Eq. (14.23) that such a differentiation will not be simple. Thus, we will start from a different direction. The force on a charge $q$ due to the electric field is $\mathbf{F}=q \mathbf{E}$, and thus the rate at which the field does work on the charge is $\mathbf{F} \cdot \mathbf{v}=q \mathbf{v} \cdot \mathbf{E}$ (no work is done by the magnetic field, since the force is normal to the velocity $\mathbf{v}$ ). For a charge density $\rho$, the rate per unit volume at which the

[^198]electromagnetic field does work on the charge is $\rho \mathbf{v} \cdot \mathbf{E}=\mathbf{j} \cdot \mathbf{E}$. This is the rate at which field energy is converted to heat by the electromagnetic force, and thus represents an energy dissipation. Using the Maxwell equations $\nabla \times \mathbf{H}=\partial_{t} \mathbf{D}+\mathbf{j}$ and $\nabla \times \mathbf{E}=-\partial_{t} \mathbf{B}$, along with the vector identity $\nabla \cdot(\mathbf{A} \times \mathbf{B})=\mathbf{B} \cdot(\nabla \times \mathbf{A})-\mathbf{A} \cdot(\nabla \times \mathbf{B})$, we may write
\[

$$
\begin{align*}
\mathbf{j} \cdot \mathbf{E} & =\mathbf{E} \cdot(\nabla \times \mathbf{H})-\mathbf{E} \cdot \partial_{t} \mathbf{D} \\
& =\mathbf{H} \cdot \nabla \times \mathbf{E}-\nabla \cdot(\mathbf{E} \times \mathbf{H})-\mathbf{E} \cdot \partial_{t} \mathbf{D}  \tag{14.69}\\
& =-\nabla \cdot(\mathbf{E} \times \mathbf{H})-\left[\mathbf{E} \cdot \partial_{t} \mathbf{D}+\mathbf{H} \cdot \partial_{t} \mathbf{B}\right] .
\end{align*}
$$
\]

Rearranging terms and using the definition $\mathbf{S}:=\mathbf{E} \times \mathbf{H}$ of the Poynting vector, we arrive at Poynting's theorem:

$$
\begin{equation*}
-\nabla \cdot \mathbf{S}=\mathbf{j} \cdot \mathbf{E}+\left[\mathbf{E} \cdot \partial_{t} \mathbf{D}+\mathbf{H} \cdot \partial_{t} \mathbf{B}\right] \tag{14.70}
\end{equation*}
$$

(Poynting's theorem)
To see what this means, we can integrate over a volume and use the divergence theorem to write Poynting's theorem as

$$
\begin{equation*}
-\oint \mathbf{S} \cdot d \mathbf{a}=\int d^{3} r \mathbf{j} \cdot \mathbf{E}+\int d^{3} r\left[\mathbf{E} \cdot \partial_{t} \mathbf{D}+\mathbf{H} \cdot \partial_{t} \mathbf{B}\right] . \tag{14.71}
\end{equation*}
$$

(Poynting's theorem)
Recalling that the Poynting vector represents the energy flux density of the field, the surface integral on the left represents the rate of energy entering the volume. The stuff on the right-hand side must therefore tell us where this incoming energy is going. We have already decided that the first term on the right-hand side represents loss of energy due to motion of free charges, or equivalently conversion of electromagnetic energy to heat. Now the important interpretation here is that the second term also represents field energy loss, but due to bound charges, in the form of the polarization of the dielectric medium (and the magnetization in the magnetodielectric case). Thus we may define

$$
\begin{equation*}
r:=\mathbf{E} \cdot \partial_{t} \mathbf{D}+\mathbf{H} \cdot \partial_{t} \mathbf{B} . \tag{14.72}
\end{equation*}
$$

(dielectric dissipation rate per unit volume)
as the rate of energy loss per unit volume due to dielectric absorption.
For a monochromatic field, we have, using $\epsilon(-\omega)=\epsilon^{*}(\omega)$ for $\omega \in \mathbb{R}$,

$$
\begin{align*}
\mathbf{E}(\mathbf{r}, \omega) \cdot \partial_{t} \mathbf{D}(\mathbf{r}, \omega) & =\left(\mathbf{E}^{(+)} e^{-i \omega t}+\mathbf{E}^{(-)} e^{i \omega t}\right) \cdot\left(-i \omega \epsilon(\omega) \mathbf{E}^{(+)} e^{-i \omega t}+i \omega \epsilon^{*}(\omega) \mathbf{E}^{(-)} e^{i \omega t}\right) \\
& =\left[-i \omega \epsilon(\omega)+i \omega \epsilon^{*}(\omega)\right]\left|E^{(+)}\right|^{2}  \tag{14.73}\\
& =2 \omega \operatorname{Im}[\epsilon(\omega)]\left|E^{(+)}\right|^{2}
\end{align*}
$$

Note that in the second step, we discarded terms rotating at optical frequencies, replacing them by their zero average values. The same calculation for the magnetic-field term gives

$$
\begin{equation*}
\mathbf{H}(\mathbf{r}, \omega) \cdot \partial_{t} \mathbf{B}(\mathbf{r}, \omega)=2 \omega \operatorname{Im}\left[\mu_{0}\right]\left|H^{(+)}\right|^{2}=0 \tag{14.74}
\end{equation*}
$$

for a nonmagnetic medium. Thus, the dissipation rate for a field at frequency $\omega$ is

$$
\begin{equation*}
r(\omega)=2 \omega \operatorname{Im}[\epsilon(\omega)]\left|E^{(+)}\right|^{2} \tag{14.75}
\end{equation*}
$$

(dielectric dissipation rate per unit volume)
Thus, we see that $\operatorname{Im}[\epsilon(\omega)]$ controls the dielectric dissipation of energy. Assuming a passive medium (i.e., one with no gain), $r(\omega) \geq 0$, and thus it follows that for positive frequencies,

$$
\begin{equation*}
\operatorname{Im}[\epsilon(\omega)] \geq 0 \quad(\omega>0, \text { passive medium }) . \tag{14.76}
\end{equation*}
$$

Similarly, a passive medium has $\operatorname{Im}[\epsilon(\omega)] \geq 0$ for $\omega<0$, which is consistent with the requirement from Eq. (14.60) that $\operatorname{Im}[\epsilon(\omega)]$ be an odd function of $\omega$.

### 14.1.4.2 Kramers-Kronig Relations

At this point we will need a couple of results from complex analysis. Consider a closed, simply connected contour in the complex plane, and let $f(z)$ be a function analytic everywhere inside the contour. Then an integral around the contour vanishes,

$$
\begin{equation*}
\oint f(z) d z=0 \tag{14.77}
\end{equation*}
$$

and Cauchy's integral formula states that on the same contour,

$$
\begin{equation*}
f(a)=\frac{1}{2 \pi i} \oint \frac{f(z)}{z-a} d z \tag{14.78}
\end{equation*}
$$

if $a$ is a point interior to the contour and the integration proceeds counterclockwise around the contour (a clockwise integration implies an extra minus sign). The common terminology is that the function $f(z) /(z-a)$ has a simple pole at $z=a$, and $f(z)$ is the residue of the function $f(z) /(z-a)$ at the pole. Remarkably, both results are independent of the contour, so long as the above conditions hold.

We can rewrite Cauchy's integral formula as

$$
\begin{equation*}
\epsilon(z)-\epsilon_{0}=\frac{1}{2 \pi i} \oint \frac{\epsilon\left(\omega^{\prime}\right)-\epsilon_{0}}{\omega^{\prime}-z} d \omega^{\prime} \tag{14.79}
\end{equation*}
$$

where $z$ is a point in the upper half-plane, where the contour runs along the real axis and along a semicircle in the upper half-plane, with the radius of the semicircle expanding to infinity.


Our goal will be to keep only the part of the contour on the real axis, and get rid of the semicircular part. If we integrate the Fourier-transform relation for $\chi(\omega)$ by parts, we find

$$
\begin{align*}
\frac{\epsilon(\omega)-\epsilon_{0}}{\epsilon_{0}}=\chi(\omega) & =\int_{0}^{\infty} d t g_{\chi}(t) e^{i \omega t}  \tag{14.80}\\
& =\frac{i g_{\chi}\left(0^{+}\right)}{\omega}-\frac{g_{\chi}^{\prime}\left(0^{+}\right)}{\omega^{2}}-\frac{i g_{\chi}^{\prime \prime}\left(0^{+}\right)}{\omega^{3}}+\cdots
\end{align*}
$$

The arguments are $0^{+}$because the integral extends over $t \geq 0$. But under the assumption that $g_{\chi}(t)$ is continuous,

$$
\begin{equation*}
g_{\chi}\left(0^{+}\right)=g_{\chi}\left(0^{-}\right)=0 \tag{14.81}
\end{equation*}
$$

so that the first term in the asymptotic expansion vanishes. The continuity requirement is physically reasonable because $g_{\chi}(t)$ represents a temporal response of the medium polarization to the input field. This signal involves the displacement of electrons, which cannot happen instantaneously in response to a sudden change in the field. Thus, we have the asymptotic behavior

$$
\begin{align*}
& \operatorname{Re}\left[\epsilon(\omega)-\epsilon_{0}\right]=O\left(\omega^{-2}\right)  \tag{14.82}\\
& \operatorname{Im}\left[\epsilon(\omega)-\epsilon_{0}\right]=O\left(\omega^{-3}\right)
\end{align*}
$$

It is evident as the semicircle is taken out to infinity, its contribution to the contour integral vanishes. Thus, we may write the contour integral (14.79) as

$$
\begin{equation*}
\epsilon(z)-\epsilon_{0}=\frac{1}{2 \pi i} \int_{-\infty}^{\infty} \frac{\epsilon\left(\omega^{\prime}\right)-\epsilon_{0}}{\omega^{\prime}-z} d \omega^{\prime} \tag{14.83}
\end{equation*}
$$

Now if we take the point $z$ and move it to the real axis, $z \longrightarrow \omega+i 0^{+}$, so that

$$
\begin{equation*}
\epsilon(\omega)-\epsilon_{0}=\frac{1}{2 \pi i} \int_{-\infty}^{\infty} \frac{\epsilon\left(\omega^{\prime}\right)-\epsilon_{0}}{\omega^{\prime}-\omega-i 0^{+}} d \omega^{\prime} \tag{14.84}
\end{equation*}
$$

Notice that by our contour construction, the $0^{+}$says that the integration contour must be deformed below the real line to avoid the pole at the real frequency $\omega$. If we instead deform the contour above the real line, the integral vanishes, because the semicircular contour no longer contains a pole:

$$
\begin{equation*}
0=\frac{1}{2 \pi i} \int_{-\infty}^{\infty} \frac{\epsilon\left(\omega^{\prime}\right)-\epsilon_{0}}{\omega^{\prime}-\omega-i 0^{-}} d \omega^{\prime} \tag{14.85}
\end{equation*}
$$

Adding together Eqs. (14.84) and (14.85), we can write

$$
\begin{equation*}
\epsilon(\omega)-\epsilon_{0}=-\frac{i}{\pi} \int_{-\infty}^{\infty} \frac{\epsilon\left(\omega^{\prime}\right)-\epsilon_{0}}{\omega^{\prime}-\omega} d \omega^{\prime} \tag{14.86}
\end{equation*}
$$

where the cut integral sign represents the Cauchy principle value integral,

$$
\begin{equation*}
\int_{-\infty}^{\infty} \frac{f\left(z^{\prime}\right)}{z^{\prime}-z} d z^{\prime}:=\frac{1}{2}\left[\int_{-\infty}^{\infty} \frac{f\left(z^{\prime}\right)}{z^{\prime}-z-i 0^{+}} d z^{\prime}+\int_{-\infty}^{\infty} \frac{f\left(z^{\prime}\right)}{z^{\prime}-z-i 0^{-}} d z^{\prime}\right] \tag{14.87}
\end{equation*}
$$

which averages the results of avoiding the pole by deforming the contour on either side of it. Note that the Cauchy principle value can be alternately defined as a symmetric excision of the pole from the real-axis integral,

$$
\begin{equation*}
f_{-\infty}^{\infty} \frac{f\left(z^{\prime}\right)}{z^{\prime}-z} d z^{\prime}=\lim _{\delta \longrightarrow 0}\left[\int_{-\infty}^{z-\delta} \frac{f\left(z^{\prime}\right)}{z^{\prime}-z} d z^{\prime}+\int_{z+\delta}^{\infty} \frac{f\left(z^{\prime}\right)}{z^{\prime}-z} d z^{\prime}\right] \tag{14.88}
\end{equation*}
$$

as can be seen from the contour definition by considering semicircular deformations of the contour around the pole. In either case, we may write out the real and imaginary parts of the complex relation (14.86) to obtain the Kramers-Kronig relations

$$
\begin{align*}
& \operatorname{Re}\left[\epsilon(\omega)-\epsilon_{0}\right]=\frac{1}{\pi} \int_{-\infty}^{\infty} \frac{\operatorname{Im}\left[\epsilon\left(\omega^{\prime}\right)-\epsilon_{0}\right]}{\omega^{\prime}-\omega} d \omega^{\prime}  \tag{14.89}\\
& \operatorname{Im}\left[\epsilon(\omega)-\epsilon_{0}\right]=-\frac{1}{\pi} \int_{-\infty}^{\infty} \frac{\operatorname{Re}\left[\epsilon\left(\omega^{\prime}\right)-\epsilon_{0}\right]}{\omega^{\prime}-\omega} d \omega^{\prime} \tag{Kramers-Kronigrelations}
\end{align*}
$$

relating the real and imaginary parts of $\epsilon(\omega)-\epsilon_{0}$. These relations can be written more compactly in terms of the Hilbert transform, defined as

$$
\begin{equation*}
\mathscr{H}[f(x)]:=\frac{1}{\pi} \int_{-\infty}^{\infty} \frac{f\left(x^{\prime}\right)}{x^{\prime}-x} d x^{\prime} \tag{14.90}
\end{equation*}
$$

so that

$$
\begin{equation*}
\epsilon(\omega)-\epsilon_{0}=-i \mathscr{H}\left[\epsilon(\omega)-\epsilon_{0}\right], \tag{14.91}
\end{equation*}
$$

or separated into real and imaginary parts,

$$
\begin{align*}
& \operatorname{Re}\left[\epsilon(\omega)-\epsilon_{0}\right]=\mathscr{H}\left\{\operatorname{Im}\left[\epsilon(\omega)-\epsilon_{0}\right]\right\} \\
& \operatorname{Im}\left[\epsilon(\omega)-\epsilon_{0}\right]=-\mathscr{H}\left\{\operatorname{Re}\left[\epsilon(\omega)-\epsilon_{0}\right]\right\} \tag{14.92}
\end{align*}
$$

Note that the we derived the Kramers-Kronig relations just on the assumption that $\epsilon(\omega)-\epsilon_{0}$ represents a causal response of the medium (polarization field) to an input stimulus (electric field). Any causal response function, such as the gain spectrum of an amplifier circuit, must satisfy the same relations.

From the Kramers-Kronig relations, some features of the permittivity are immediately apparent. First, notice that the Hilbert transform acts "something like" a derivative. To see this, note that the Hilbert transform of a constant vanishes:

$$
\begin{equation*}
\mathscr{H}[c]=\frac{c}{\pi} \int_{-\infty}^{\infty} \frac{d x^{\prime}}{x^{\prime}-x}=0 \tag{14.93}
\end{equation*}
$$

This is because the convolution kernel $1 /\left(x^{\prime}-x\right)$ is antisymmetric about $x$, and even though the integrand is singular the contributions to the integral on either side of $x$ cancel. This is precisely how the Cauchy principle value avoids problems with the singular integrand. However, as soon as the integrand has a slope, the antisymmetry of the kernel "picks it out," because it upsets the cancellation in the above integral. In terms of the Kramers-Kronig relations, this implies that any variation in the real part of $\epsilon$ implies a nonzero imaginary part, and vice versa. We can rephrase this statement as: the existence of dispersion implies the existence of absorption (though possibly at some other frequency). This is quite a general result, being only due to the causal nature of the temporal response function $g_{\chi}(t)=g_{\chi}(t) \Theta(t)$, which implied that $\epsilon(\omega)$ is analytic in the upper half-plane, which allowed us to the whole contour-integral calculation. Of course, these conclusions apply to any causal, dispersive response function.

The other obvious implication of the Kramers-Kronig relations is that for the integrals in Eqs. (14.92) to converge, the integrands must vanish at large frequencies, so that $\epsilon(\omega) \longrightarrow \epsilon_{0}$ as $\omega \longrightarrow \infty$. Physically, this means that any medium must behave like the vacuum (i.e., become perfectly transparent) for very large frequencies. This is reasonable in the context of Lorentz-type models for media, since the atom will refuse to respond to fields with frequencies well over the atomic resonance frequencies. But we see here that this property is also implied by causality.

Finally, we note that in the above derivation, we ignored any possible pole at $\omega=0$. In fact, the Kramers-Kronig relations written above are valid only for dielectric media, and must be adapted to the case of conductors (Problem 14.1).

### 14.1.4.3 Imaginary Frequencies

It turns out to be useful to know the behavior of the permittivity $\epsilon(\omega)$ on the positive imaginary axis, $\epsilon(i s)$ for $s>0$. First, from the reality constraint (14.60), we can let $\omega \longrightarrow-i s$ to find

$$
\begin{equation*}
\epsilon(i s)=\epsilon^{*}(i s), \tag{14.94}
\end{equation*}
$$

and thus $\epsilon(i s) \in \mathbb{R}$ for $s>0$. We can go even further along this line. Using the first of the Kramers-Kronig relations (14.92) in the form (Problem 14.2),

$$
\begin{equation*}
\operatorname{Re}[\epsilon(\omega)]=\epsilon_{0}+\frac{2}{\pi} \int_{0}^{\infty} \frac{\omega^{\prime} \operatorname{Im}\left[\epsilon\left(\omega^{\prime}\right)\right]}{\omega^{\prime 2}-\omega^{2}} d \omega^{\prime} \tag{14.95}
\end{equation*}
$$

we can again let $\omega \longrightarrow-$ is so that

$$
\begin{equation*}
\epsilon(i s)=\operatorname{Re}[\epsilon(i s)]=\epsilon_{0}+\frac{2}{\pi} \int_{0}^{\infty} \frac{\omega^{\prime} \operatorname{Im}\left[\epsilon\left(\omega^{\prime}\right)\right]}{\omega^{\prime 2}+s^{2}} d \omega^{\prime} \tag{14.96}
\end{equation*}
$$

(permittivity for imaginary frequencies)
Since $\operatorname{Im}[\epsilon(\omega)] \geq 0$ for positive (real) frequencies in the absence of gain, as we showed above, clearly $\epsilon(i s) \geq 0$, where the equality only holds in vacuum. Furthermore, the nonnegative integrand decreases monotonically with $s$, and thus $\epsilon(i s)$ is a monotonically decreasing function of $s$, so long as $s>0$. Finally, from this expression it is apparent that for any imaginary frequency is, $\epsilon(i s)$ contains information about $\epsilon(\omega)$ over the whole real axis. Specifically, the imaginary part of $\epsilon(\omega)$ is involved here, although of course information about the real part is implicitly included as well in view of the Kramers-Kronig relations.

As an example, consider the general permittivity for an atomic vapor corresponding to the Lorentz model (1.32):

$$
\begin{equation*}
\epsilon(\omega)=\epsilon_{0}+\frac{N e^{2}}{m} \sum_{j} \frac{f_{0 j}}{\omega_{j 0}^{2}-\omega^{2}-i \gamma_{j} \omega} . \tag{14.97}
\end{equation*}
$$

For the imaginary frequency, this expression becomes

$$
\begin{equation*}
\epsilon(i s)=\epsilon_{0}+\frac{N e^{2}}{m} \sum_{j} \frac{f_{0 j}}{\omega_{j 0}^{2}+s^{2}+\gamma_{j} s} \tag{14.98}
\end{equation*}
$$

which is obviously positive, real, and monotonically decreasing with $s$. These same results obviously hold for closely related functions such as the polarizability $\alpha(i s)$ and the susceptibility $\chi(i s)$.

Another way of thinking about the imaginary-axis permittivity comes from Eq. (14.19):

$$
\begin{equation*}
\frac{\epsilon(i s)-\epsilon_{0}}{\epsilon_{0}}=\chi(i s)=\int_{0}^{\infty} d t g_{\chi}(t) e^{-s t} \tag{14.99}
\end{equation*}
$$

Hence $\epsilon(i s)$ [and of course $\chi(i s)$ ] is related to the Laplace transform of $g_{\chi}(t)$. This is of course because $\chi(\omega)$ is the Fourier transform of $g_{\chi}(t)$, but the Laplace integral is properly cut off at zero here because $g_{\chi}(t)$ is a causal response function.

### 14.2 Generalized Susceptibility and Linear-Response Theory

Recall that the usual electromagnetic susceptibility $\chi(\mathbf{r}, \omega)$ gives the dispersive response of the dielectric medium polarization $\mathbf{P}(\mathbf{r}, \omega)$ to an applied field $\mathbf{E}(\mathbf{r}, \omega)$ :

$$
\begin{equation*}
\mathbf{P}(\mathbf{r}, \omega)=\epsilon_{0} \chi(\mathbf{r}, \omega) \mathbf{E}(\mathbf{r}, \omega) \tag{14.100}
\end{equation*}
$$

Of course, this is only the linear response, valid for small applied fields. Now we want to generalize this notion of the susceptibility to the quantum case, and to more general input-response situations. ${ }^{3}$

Consider the interaction Hamiltonian

$$
\begin{equation*}
H_{\mathrm{int}}(t)=-x_{\alpha} F_{\alpha}(t) \tag{14.101}
\end{equation*}
$$

where $\mathbf{x}$ is an operator coupling to a time-dependent "force" function $\mathbf{F}(t)$. We can write the linear response of the expectation value $\left\langle x_{\alpha}(t)\right\rangle$ as

$$
\begin{equation*}
\delta\left\langle x_{\alpha}(t)\right\rangle=\int_{0}^{\infty} d t^{\prime} g_{\alpha \beta}\left(t^{\prime}\right) F_{\beta}\left(t-t^{\prime}\right) \tag{14.102}
\end{equation*}
$$

Again, the integration limits ensure a causal response to the perturbation. The Fourier transform of this relation is, by the convolution theorem,

$$
\begin{equation*}
\delta\left\langle x_{\alpha}(\omega)\right\rangle=\chi_{\alpha \beta}(\omega) F_{\beta}(\omega) \tag{14.103}
\end{equation*}
$$

where

$$
\begin{align*}
\chi_{\alpha \beta}(\omega) & =\int_{0}^{\infty} d \tau g_{\alpha \beta}(\tau) e^{i \omega \tau} \\
\delta\left\langle x_{\alpha}(\omega)\right\rangle & =\int_{-\infty}^{\infty} d t \delta\left\langle x_{\alpha}(t)\right\rangle e^{i \omega t}  \tag{14.104}\\
F_{\alpha}(\omega) & =\int_{-\infty}^{\infty} d t F_{\alpha}(t) e^{i \omega t} .
\end{align*}
$$

What we want to show is that the temporal response can be written as the correlation function

$$
\begin{equation*}
g_{\alpha \beta}(\tau)=\frac{i}{\hbar}\left\langle\left[x_{\alpha}(\tau), x_{\beta}(0)\right]\right\rangle \Theta(\tau) \tag{14.105}
\end{equation*}
$$

[^199]and thus that the generalized susceptibility can be written
\[

$$
\begin{equation*}
\chi_{\alpha \beta}(\omega)=\frac{i}{\hbar} \int_{0}^{\infty} d \tau\left\langle\left[x_{\alpha}(\tau), x_{\beta}(0)\right]\right\rangle e^{i \omega \tau} \tag{14.106}
\end{equation*}
$$

\]

(generalized susceptibility)
Thus, in the linear regime, the generalized susceptibility can be written as a Fourier transform of a quantum correlation function.

### 14.2.1 Proof

To prove these results, we will start by representing the quantum state by the density operator

$$
\begin{equation*}
\rho=\rho_{0}+\delta \rho \tag{14.107}
\end{equation*}
$$

where $\rho_{0}$ represents the quantum state in the presence of only the background, time-independent Hamiltonian $H_{0}$, and $\delta \rho$ is the linear-order correction due to $H_{\mathrm{int}}$. Then the equation of motion for the quantum state is

$$
\begin{equation*}
\partial_{t} \rho=-\frac{i}{\hbar}\left[H_{0}+H_{\mathrm{int}}, \rho_{0}+\delta \rho\right] \tag{14.108}
\end{equation*}
$$

Note that the use of Hamiltonian evolution here is generally valid even with dissipation, since we can always extend the system to a larger Hilbert space where the evolution is Hamiltonian. Then canceling the zerothorder parts and discarding the second-order term $\left[H_{\mathrm{int}}, \delta \rho\right]$, the equation of motion becomes

$$
\begin{align*}
\partial_{t} \delta \rho & =-\frac{i}{\hbar}\left[H_{0}, \delta \rho\right]-\frac{i}{\hbar}\left[H_{\mathrm{int}}, \rho_{0}\right]  \tag{14.109}\\
& =-\frac{i}{\hbar}\left[H_{0}, \delta \rho\right]+\frac{i}{\hbar}\left[x_{\alpha}, \rho_{0}\right] F_{\alpha}(t) .
\end{align*}
$$

Transforming to the interaction picture by defining

$$
\begin{equation*}
\delta \tilde{\rho}(t)=e^{i H_{0} t / \hbar} \delta \rho(t) e^{-i H_{0} t / \hbar} \tag{14.110}
\end{equation*}
$$

this equation of motion becomes

$$
\begin{equation*}
\partial_{t} \delta \tilde{\rho}=\frac{i}{\hbar} e^{i H_{0} t / \hbar}\left[x_{\alpha}, \rho_{0}\right] F_{\alpha}(t) e^{-i H_{0} t / \hbar} \tag{14.111}
\end{equation*}
$$

Integrating this equation gives

$$
\begin{equation*}
\delta \tilde{\rho}(t)=\frac{i}{\hbar} \int_{-\infty}^{t} d t^{\prime} e^{i H_{0} t^{\prime} / \hbar}\left[x_{\alpha}, \rho_{0}\right] F_{\alpha}\left(t^{\prime}\right) e^{-i H_{0} t^{\prime} / \hbar} \tag{14.112}
\end{equation*}
$$

and then transforming out of the interaction picture, the formal solution for the perturbed state is

$$
\begin{equation*}
\delta \rho(t)=\frac{i}{\hbar} \int_{-\infty}^{t} d t^{\prime} e^{i H_{0}\left(t^{\prime}-t\right) / \hbar}\left[x_{\alpha}, \rho_{0}\right] F_{\alpha}\left(t^{\prime}\right) e^{-i H_{0}\left(t^{\prime}-t\right) / \hbar} \tag{14.113}
\end{equation*}
$$

Note that we have assumed $\delta \rho(t \longrightarrow-\infty)=0$, corresponding to a perturbation turned on adiabatically in the distant past.

Now the perturbation to the mean response it

$$
\begin{align*}
\delta\left\langle x_{\alpha}(t)\right\rangle & =\operatorname{Tr}\left[x_{\alpha} \delta \rho(t)\right] \\
& =\frac{i}{\hbar} \int_{-\infty}^{t} d t^{\prime} \operatorname{Tr}\left\{x_{\alpha} e^{i H_{0}\left(t^{\prime}-t\right) / \hbar}\left[x_{\beta}, \rho_{0}\right] e^{-i H_{0}\left(t^{\prime}-t\right) / \hbar}\right\} F_{\beta}\left(t^{\prime}\right) \\
& =\frac{i}{\hbar} \int_{-\infty}^{t} d t^{\prime} \operatorname{Tr}\left\{x_{\alpha}\left(t-t^{\prime}\right)\left[x_{\beta}, \rho_{0}\right]\right\} F_{\beta}\left(t^{\prime}\right) \\
& =\frac{i}{\hbar} \int_{-\infty}^{t} d t^{\prime}\left\langle\left[x_{\alpha}\left(t-t^{\prime}\right), x_{\beta}\right]\right\rangle F_{\beta}\left(t^{\prime}\right)  \tag{14.114}\\
& =\frac{i}{\hbar} \int_{-\infty}^{0} d \tau\left\langle\left[x_{\alpha}(-\tau), x_{\beta}\right]\right\rangle F_{\beta}(t+\tau) \\
& =\frac{i}{\hbar} \int_{0}^{\infty} d \tau\left\langle\left[x_{\alpha}(\tau), x_{\beta}\right]\right\rangle F_{\beta}(t-\tau)
\end{align*}
$$

Here we have used $t^{\prime}=\tau+t$, we have defined the interaction-picture response operator

$$
\begin{equation*}
x_{\alpha}(t)=e^{i H_{0} t / \hbar} x_{\alpha} e^{-i H_{0} t / \hbar} \tag{14.115}
\end{equation*}
$$

and, to linear order, we see that the expectation value is taken with respect to the background state $\rho_{0}$. Comparison to Eq. (14.102) thus allows us to identify

$$
\begin{equation*}
g_{\alpha \beta}(\tau)=\frac{i}{\hbar}\left\langle\left[x_{\alpha}(\tau), x_{\beta}\right]\right\rangle=\frac{i}{\hbar}\left\langle\left[x_{\alpha}(\tau), x_{\beta}(0)\right]\right\rangle \Theta(\tau), \tag{14.116}
\end{equation*}
$$

which is our desired result.

### 14.2.2 Atom and Field Susceptibilities

For the atom-field interaction, corresponding to the interaction Hamiltonian $H_{\text {int }}=-\mathbf{d} \cdot \mathbf{E}$, we can work out two important generalized-susceptibility formulae. First thinking about the dipole moment as an operator coupled to a classical electric field, we can consider the dipole response due to the field. In fact, we already have treated this in detail, as the mean dipole induced by a classical field is the atomic polarizability $\alpha(\omega)$. In the general case, we can write the polarizability as a tensor,

$$
\begin{equation*}
d_{\mu}(\omega)=\alpha_{\mu \nu}(\omega) E_{\nu}(\omega) \tag{14.117}
\end{equation*}
$$

so that we do not necessarily assume a spherically symmetric atom (molecule). Thus, Eq. (14.106) implies that

$$
\begin{equation*}
\alpha_{\mu \nu}(\omega)=\frac{i}{\hbar} \int_{0}^{\infty} d \tau\left\langle\left[d_{\mu}(\tau), d_{\nu}(0)\right]\right\rangle e^{i \omega \tau} \tag{14.118}
\end{equation*}
$$

(polarizability in terms of dipole correlation)
It is clear from this expression that if $d_{\mu}$ and $d_{\nu}$ represent completely independent degrees of freedom, then the commutator vanishes and thus the particular component $\alpha_{\mu \nu}$ likewise vanishes. This happens, for example, when $\mu$ and $\nu$ refer to different principal axes of the atom. In fact, if the coordinate system is aligned with the principal atomic axes, then it follows that $\alpha_{\mu \nu}$ is a diagonal tensor. For a spherically symmetric atom, all orthogonal coordinate systems form principal axes, and hence

$$
\begin{equation*}
\alpha_{\mu \nu}(\omega)=\alpha(\omega) \delta_{\mu \nu} \tag{14.119}
\end{equation*}
$$

where $\alpha(\omega)$ is the scalar polarizability.
It is also useful to invert the Fourier transform here, so that

$$
\begin{equation*}
\left\langle\left[d_{\mu}(\tau), d_{\nu}(0)\right]\right\rangle \Theta(\tau)=\frac{\hbar}{2 \pi i} \int_{-\infty}^{\infty} d \omega \alpha_{\mu \nu}(\omega) e^{-i \omega \tau} \tag{14.120}
\end{equation*}
$$

To eliminate the step function here, we can write down the complex conjugate of this equation, using $[A, B]^{\dagger}=-[A, B]$ if $A$ and $B$ are Hermitian operators, with the result

$$
\begin{equation*}
\left\langle\left[d_{\mu}(\tau), d_{\nu}(0)\right]\right\rangle \Theta(\tau)=\frac{\hbar}{2 \pi i} \int_{-\infty}^{\infty} d \omega \alpha_{\mu \nu}^{*}(\omega) e^{i \omega \tau} \tag{14.121}
\end{equation*}
$$

Now, letting $\tau \longrightarrow-\tau$, exchanging the subscripts $\mu \longleftrightarrow \nu$, and using $\alpha_{\mu \nu}=\alpha_{\nu \mu}$ (we'll show this in a bit),

$$
\begin{equation*}
\left\langle\left[d_{\nu}(-\tau), d_{\mu}(0)\right]\right\rangle \Theta(-\tau)=\frac{\hbar}{2 \pi i} \int_{-\infty}^{\infty} d \omega \alpha_{\mu \nu}^{*}(\omega) e^{-i \omega \tau} . \tag{14.122}
\end{equation*}
$$

Now reversing the operators in the commutator and advancing the time of both operators in the commutator by $\tau$ (recall the correlation function only depends on time differences, since we aren't considering transients),

$$
\begin{equation*}
\left\langle\left[d_{\mu}(\tau), d_{\nu}(0)\right]\right\rangle \Theta(-\tau)=-\frac{\hbar}{2 \pi i} \int_{-\infty}^{\infty} d \omega \alpha_{\mu \nu}^{*}(\omega) e^{-i \omega \tau} \tag{14.123}
\end{equation*}
$$

Now adding this equation to Eq. (14.120), we find

$$
\begin{equation*}
\left\langle\left[d_{\mu}(\tau), d_{\nu}(0)\right]\right\rangle=\frac{\hbar}{\pi} \int_{-\infty}^{\infty} d \omega \operatorname{Im}\left[\alpha_{\mu \nu}(\omega)\right] e^{-i \omega \tau} \tag{14.124}
\end{equation*}
$$

(dipole correlation in terms of polarizability)
Now, what about the symmetry of the polarization tensor? Recall that according to the Hamiltonian $H_{\mathrm{int}}=-\mathbf{d} \cdot \mathbf{E}$, the energy is the work required to adiabatically turn on the field in the presence of the induced dipole:

$$
\begin{equation*}
U=-\int_{0}^{\mathbf{E}} \mathbf{d}\left(\mathbf{E}^{\prime}\right) \cdot d \mathbf{E}^{\prime}=-\frac{1}{2} \alpha_{\mu \nu} E_{\mu} E_{\nu} \tag{14.125}
\end{equation*}
$$

This is valid at any for amplitudes of any component of frequency $\omega$, though we will suppress the frequency dependence. The change in energy due to a small field change is

$$
\begin{equation*}
\delta U=-\mathbf{d}(\mathbf{E}) \cdot \delta \mathbf{E}=E_{\mu} \alpha_{\mu \nu} \delta E_{\nu} . \tag{14.126}
\end{equation*}
$$

Of course, we can equivalently write this as

$$
\begin{equation*}
\delta U=-\delta \mathbf{E} \cdot \mathbf{d}(\mathbf{E})=\delta E_{\mu} \alpha_{\mu \nu} E_{\nu}=E_{\mu} \alpha_{\nu \mu} \delta E_{\nu} \tag{14.127}
\end{equation*}
$$

For both these relations to hold for every field $E_{\mu}$ and every change $\delta E_{\nu}$, we must identify $\alpha_{\mu \nu}(\omega)=\alpha_{\nu \mu}(\omega)$, and thus the polarizability tensor is symmetric.

Similarly, thinking of the field at $\mathbf{r}$ as responding to a classical dipole at position $\mathbf{r}^{\prime}$, we may write the generalized susceptibility for the field. Recall that the classical Green tensor was precisely this response function for a dipole of unit amplitude, and thus we may write the Green tensor in terms of the correlation function as

$$
\begin{equation*}
G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)=\frac{i}{\hbar} \int_{0}^{\infty} d \tau\left\langle\left[E_{\alpha}(\mathbf{r}, \tau), E_{\beta}\left(\mathbf{r}^{\prime}, 0\right)\right]\right\rangle e^{i \omega \tau} \tag{14.128}
\end{equation*}
$$

(Green tensor in terms of field correlation)
The inverse relation is correspondingly

$$
\left\langle\left[E_{\mu}(\mathbf{r}, \tau), E_{\nu}\left(\mathbf{r}^{\prime}, 0\right)\right]\right\rangle=\frac{\hbar}{\pi} \int_{-\infty}^{\infty} d \omega \operatorname{Im}\left[G_{\mu \nu}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)\right] e^{-i \omega \tau}
$$

(field correlation in terms of Green tensor) (14.129) As it turns out, the expressions here are very useful in treating interactions between an atom and the quantum electromagnetic field.

One more note is in order here. The permittivity $\epsilon(\omega)-\epsilon_{0}$ is another generalized susceptibility. Thus, the properties derived in Section 14.1.4 that were not specific to the electromagnetic field apply also to $\alpha_{\mu \nu}(\omega)$ and $G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)$. To summarize, $G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)$ is analytic in the upper half-plane,

$$
\begin{align*}
G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime},-\omega\right) & =G_{\alpha \beta}^{*}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega^{*}\right) \\
\operatorname{Re}\left[G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)\right] & =\frac{1}{\pi} \int_{-\infty}^{\infty} \frac{\operatorname{Im}\left[G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)\right]}{\omega^{\prime}-\omega} d \omega^{\prime}  \tag{14.130}\\
\operatorname{Im}\left[G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)\right] & =-\frac{1}{\pi} \int_{-\infty}^{\infty} \frac{\operatorname{Re}\left[G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)\right]}{\omega^{\prime}-\omega} d \omega^{\prime}
\end{align*}
$$

and $G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, i s\right)$ is real and monotonically decreasing with $s>0$. Of course, all these properties apply to $\alpha_{\mu \nu}(\omega)$ as well.

### 14.3 Atom-Surface Potentials Near Dielectric Media

Now we can use the above formalism to compute the energy shift for a ground-state atom due to the electromagnetic vacuum, modified by a dielectric medium. The potential shift is given by second-order perturbation theory as

$$
\begin{equation*}
V_{\mathrm{CP}}=\langle\mathrm{g}| H_{0}|\mathrm{~g}\rangle+\langle\mathrm{g}| H_{\mathrm{AF}}|\mathrm{~g}\rangle+\sum_{j} \sum_{\mathbf{k}, \zeta} \frac{\left.\left|\langle\mathrm{g}| H_{\mathrm{AF}}\right| \mathrm{e}_{j}, 1_{\mathbf{k}, \zeta}\right\rangle\left.\right|^{2}}{E_{\mathrm{g}, 0}-E_{\mathrm{e}_{j}, 1_{\mathbf{k}, \zeta}}} \tag{14.131}
\end{equation*}
$$

just as in our treatment of the Casimir-Polder potential in the conducting-plane case of Chapter 13, where $|\mathrm{g}\rangle$ is the ground state, the excited states are $\left|\mathrm{e}_{j}\right\rangle$, and the field modes are labeled by the wave vector $\mathbf{k}$ and the polarization index $\xi$. We are again considering the usual dipole interaction Hamiltonian $H_{\mathrm{AF}}=-\mathbf{d} \cdot \mathbf{E}$. Both the zeroth- and first-order terms vanish, leaving

$$
\begin{equation*}
V_{\mathrm{CP}}=-\sum_{j} \sum_{\mathbf{k}, \zeta} \frac{\left.|\langle\mathrm{g}| \mathbf{d}| \mathrm{e}_{j}\right\rangle\left.\cdot\langle 0| \mathbf{E}\left|1_{\mathbf{k}, \zeta}\right\rangle\right|^{2}}{\hbar\left(\omega_{j 0}+\omega_{\mathbf{k}}\right)} \tag{14.132}
\end{equation*}
$$

(second-order level shift)
where $\omega_{j 0}:=\left(E_{j}-E_{0}\right) / \hbar$, with $E_{0} \equiv E_{\mathrm{g}}$ the energy of the ground state. Before proceeding we will now need to derive expressions for the atom and field susceptibilities up to a consistent order in perturbation theory.

### 14.3.1 Kramers-Heisenberg Formula

Recall that the atomic dipole susceptibility (polarizability) gives the mean induced dipole from the interaction

$$
\begin{align*}
H_{\mathrm{AF}} & =-\mathbf{d} \cdot \mathbf{E} \\
& =-\sum_{j}\left[\langle\mathrm{~g}| \mathbf{d}\left|\mathrm{e}_{j}\right\rangle \sigma_{j}+\left\langle\mathrm{e}_{j}\right| \mathbf{d}|\mathrm{g}\rangle \sigma_{j}^{\dagger}\right] \cdot\left[\mathbf{E}_{0}^{(+)} e^{-i \omega t}+\mathbf{E}_{0}^{(-)} e^{-i \omega t}\right] \tag{14.133}
\end{align*}
$$

with the classical electric field $\mathbf{E}(t)$, which is of the same form as the linear-response interaction (14.101). Here, $\sigma_{j}:=|\mathrm{g}\rangle\left\langle\mathrm{e}_{j}\right|$ is the usual atomic lowering operator for the $|\mathrm{g}\rangle \longrightarrow\left|\mathrm{e}_{j}\right\rangle$ transition. Now we wish to compute the generalized susceptibility (atomic polarizability) for the mean dipole response to the applied classical field. We can treat this interaction in time-dependent perturbation theory by deriving the perturbed ground state $|\mathrm{g}\rangle+\delta|\mathrm{g}\rangle$, where the state response

$$
\begin{equation*}
\delta|\mathrm{g}\rangle=\sum_{j}\left(a_{j}^{(+)} e^{-i \omega t}+a_{j}^{(-)} e^{i \omega t}\right) e^{-i E_{0} t / \hbar}\left|\mathrm{e}_{j}\right\rangle \tag{14.134}
\end{equation*}
$$

to the perturbation represents the mixing in of the excited states by the interaction ( $E_{0}$ is the ground-state energy). The coefficients $a_{j}^{( \pm)}$remain to be determined. Putting this ansatz into the Schrödinger equation

$$
\begin{equation*}
\partial_{t}[|\mathrm{~g}\rangle+\delta|\mathrm{g}\rangle]=-\frac{i}{\hbar}\left(H_{0}+H_{\mathrm{AF}}\right)[|\mathrm{g}\rangle+\delta|\mathrm{g}\rangle] \tag{14.135}
\end{equation*}
$$

so that to first order

$$
\begin{equation*}
\partial_{t} \delta|\mathrm{~g}\rangle=-\frac{i}{\hbar} H_{0} \delta|\mathrm{~g}\rangle-\frac{i}{\hbar} H_{\mathrm{AF}}|\mathrm{~g}\rangle \tag{14.136}
\end{equation*}
$$

where $|\mathrm{g}\rangle=|\mathrm{g}(t)\rangle=|\mathrm{g}(0)\rangle e^{-i E_{0} t / \hbar}$, we find

$$
\begin{align*}
\sum_{j}[-i(\omega & \left.\left.+E_{0} / \hbar\right) a_{j}^{(+)} e^{-i \omega t}+i\left(\omega-E_{0} / \hbar\right) a_{j}^{(-)} e^{i \omega t}\right] e^{-i E_{0} t / \hbar}\left|\mathrm{e}_{j}\right\rangle \\
= & -\frac{i}{\hbar} \sum_{j} E_{j}\left(a_{j}^{(+)} e^{-i \omega t}+a_{j}^{(-)} e^{i \omega t}\right) e^{-i E_{0} t / \hbar}\left|\mathrm{e}_{j}\right\rangle  \tag{14.137}\\
& +\frac{i}{\hbar} \sum_{j}\left\langle\mathrm{e}_{j}\right| \mathbf{d}|\mathrm{g}\rangle \cdot\left[\mathbf{E}_{0}^{(+)} e^{-i \omega t}+\mathbf{E}_{0}^{(-)} e^{-i \omega t}\right] e^{-i E_{0} t / \hbar}\left|\mathrm{e}_{j}\right\rangle
\end{align*}
$$

Matching coefficients of $e^{ \pm i \omega t}\left|\mathrm{e}_{j}\right\rangle$,

$$
\begin{align*}
-i\left(\omega+E_{0} / \hbar\right) a_{j}^{(+)} & =-\frac{i}{\hbar} E_{j} a_{j}^{(+)}+\frac{i}{\hbar}\left\langle\mathrm{e}_{j}\right| \mathbf{d}|\mathrm{g}\rangle \cdot \mathbf{E}_{0}^{(+)}  \tag{14.138}\\
i\left(\omega-E_{0} / \hbar\right) a_{j}^{(-)} & =-\frac{i}{\hbar} E_{j} a_{j}^{(-)}+\frac{i}{\hbar}\left\langle\mathrm{e}_{j}\right| \mathbf{d}|\mathrm{g}\rangle \cdot \mathbf{E}_{0}^{(-)}
\end{align*}
$$

and thus the perturbation coefficients are

$$
\begin{align*}
& a_{j}^{(+)}=\frac{\left\langle\mathrm{e}_{j}\right| \mathbf{d}|\mathrm{g}\rangle \cdot \mathbf{E}_{0}^{(+)}}{\hbar\left(\omega_{j 0}-\omega\right)}  \tag{14.139}\\
& a_{j}^{(-)}=\frac{\left\langle\mathrm{e}_{j}\right| \mathbf{d}|\mathrm{g}\rangle \cdot \mathbf{E}_{0}^{(-)}}{\hbar\left(\omega_{j 0}+\omega\right)}
\end{align*}
$$

where again $\omega_{j 0}:=\left(E_{j}-E_{0}\right) / \hbar$, and $E_{0} \equiv E_{\mathrm{g}}$ is the ground-state energy. Now the mean dipole in the new ground state due to the perturbation is

$$
\begin{equation*}
\langle\mathbf{d}(t)\rangle=\langle\mathrm{g}(t)| \mathbf{d}|\delta \mathrm{g}(t)\rangle+\langle\delta \mathrm{g}(t)| \mathbf{d}|\mathrm{g}(t)\rangle \tag{14.140}
\end{equation*}
$$

to first order in the perturbation, assuming that $\langle\mathbf{d}\rangle=0$ in the unperturbed ground state. Thus,

$$
\begin{align*}
\langle\mathbf{d}(t)\rangle & =\sum_{j}\langle\mathrm{~g}| \mathbf{d}\left|\mathrm{e}_{j}\right\rangle\left\langle\mathrm{e}_{j}\right| \mathbf{d}|\mathrm{g}\rangle \cdot\left(\frac{\mathbf{E}_{0}^{(+)}}{\hbar\left(\omega_{j 0}-\omega\right)} e^{-i \omega t}+\frac{\mathbf{E}_{0}^{(-)}}{\hbar\left(\omega_{j 0}+\omega\right)} e^{i \omega t}\right)+\text { c.c. }  \tag{14.141}\\
& =\sum_{j} \frac{2 \omega_{j 0}\langle\mathrm{~g}| \mathbf{d}\left|\mathrm{e}_{j}\right\rangle\left\langle\mathrm{e}_{j}\right| \mathbf{d}|\mathrm{g}\rangle \cdot \mathbf{E}_{0}^{(+)}}{\hbar\left(\omega_{j 0}^{2}-\omega^{2}\right)} e^{-i \omega t}+\text { c.c. }
\end{align*}
$$

Writing out only the positive-frequency amplitude,

$$
\begin{equation*}
\left\langle\mathbf{d}^{(+)}(\omega)\right\rangle=\sum_{j} \frac{2 \omega_{j 0}\langle\mathrm{~g}| \mathbf{d}\left|\mathrm{e}_{j}\right\rangle\left\langle\mathrm{e}_{j}\right| \mathbf{d}|\mathrm{g}\rangle \cdot \mathbf{E}_{0}^{(+)}}{\hbar\left(\omega_{j 0}^{2}-\omega^{2}\right)} \tag{14.142}
\end{equation*}
$$

and then using tensor-component notation,

$$
\begin{equation*}
\left\langle d_{\mu}^{(+)}(\omega)\right\rangle=\sum_{j} \frac{2 \omega_{j 0}\langle\mathrm{~g}| d_{\mu}\left|\mathrm{e}_{j}\right\rangle\left\langle\mathrm{e}_{j}\right| d_{\nu}|\mathrm{g}\rangle\left(E_{0}^{(+)}\right)_{\nu}}{\hbar\left(\omega_{j 0}^{2}-\omega^{2}\right)} \tag{14.143}
\end{equation*}
$$

we can compare this expression to the defining relation

$$
\begin{equation*}
\left\langle d_{\mu}^{(+)}(\omega)\right\rangle=\alpha_{\mu \nu}(\omega)\left(E_{0}^{(+)}\right)_{\nu} \tag{14.144}
\end{equation*}
$$

for the polarizability tensor to arrive at the following expression for the polarizability in terms of the dipole matrix elements:

$$
\begin{equation*}
\alpha_{\mu \nu}(\omega)=\sum_{j} \frac{2 \omega_{j 0}\langle\mathrm{~g}| d_{\mu}\left|\mathrm{e}_{j}\right\rangle\left\langle\mathrm{e}_{j}\right| d_{\nu}|\mathrm{g}\rangle}{\hbar\left(\omega_{j 0}^{2}-\omega^{2}\right)} \tag{14.145}
\end{equation*}
$$

(Kramers-Heisenberg formula)
For a spherically symmetric atom, all dipole-operator components $d_{\mu}$ are identical, and to be consistent with Eq. (14.119), which says $\alpha_{\mu \nu}=\alpha \delta_{\mu \nu}$, we find the scalar polarizability

$$
\begin{equation*}
\alpha(\omega)=\sum_{j} \frac{\left.2 \omega_{j 0}\left|\langle\mathrm{~g}| d_{z}\right| \mathrm{e}_{j}\right\rangle\left.\right|^{2}}{\hbar\left(\omega_{j 0}^{2}-\omega^{2}\right)} \tag{14.146}
\end{equation*}
$$

(scalar Kramers-Heisenberg formula)
Either expression is referred to as a Kramers-Heisenberg formula for the atomic polarizability. We derived this expression for the atomic ground state, but of course it is valid for any atomic state $|q\rangle$, by letting $0 \longrightarrow q$ and $\mathrm{g} \longrightarrow q$ in the above expression, being careful to pay attention to the sign of $\omega_{j q}=\left(E_{j}-E_{q}\right) / \hbar$, which is negative for states of lower energy than $|q\rangle$.

Actually, we obtained the polarizability by calculating the physical dipole moment, which only involves the real part of $\alpha_{\mu \nu}(\omega)$. Thus, we have so far only computed the real part:

$$
\begin{equation*}
\operatorname{Re}\left[\alpha_{\mu \nu}(\omega)\right]=\sum_{j} \frac{2 \omega_{j 0}\langle\mathrm{~g}| d_{\mu}\left|\mathrm{e}_{j}\right\rangle\left\langle\mathrm{e}_{j}\right| d_{\nu}|\mathrm{g}\rangle}{\hbar\left(\omega_{j 0}^{2}-\omega^{2}\right)} \tag{14.147}
\end{equation*}
$$

According to the Kramers-Kronig relations, variation in $\operatorname{Re}\left[\alpha_{\mu \nu}(\omega)\right]$ leads to nonzero values of $\operatorname{Im}\left[\alpha_{\mu \nu}(\omega)\right]$.

$$
\begin{equation*}
\operatorname{Im}\left[\alpha_{\mu \nu}(\omega)\right]=-\frac{1}{\pi} \int_{-\infty}^{\infty} \frac{\operatorname{Re}\left[\alpha_{\mu \nu}\left(\omega^{\prime}\right)\right]}{\omega^{\prime}-\omega} d \omega^{\prime} \tag{14.148}
\end{equation*}
$$

However, it turns out to be easier to guess $\operatorname{Im}\left[\alpha_{\mu \nu}(\omega)\right]$ from the inverse relation,

$$
\begin{equation*}
\operatorname{Re}\left[\alpha_{\mu \nu}(\omega)\right]=\frac{1}{\pi} \int_{-\infty}^{\infty} \frac{\operatorname{Im}\left[\alpha_{\mu \nu}\left(\omega^{\prime}\right)\right]}{\omega^{\prime}-\omega} d \omega^{\prime} \tag{14.149}
\end{equation*}
$$

if we compare it to Eq. (14.147) in the form

$$
\begin{equation*}
\operatorname{Re}\left[\alpha_{\mu \nu}(\omega)\right]=\sum_{j} \frac{\langle\mathrm{~g}| d_{\mu}\left|\mathrm{e}_{j}\right\rangle\left\langle\mathrm{e}_{j}\right| d_{\nu}|\mathrm{g}\rangle}{\hbar}\left(\frac{1}{\omega_{j 0}-\omega}+\frac{1}{\omega_{j 0}+\omega}\right) \tag{14.150}
\end{equation*}
$$

These two expressions are consistent if

$$
\begin{equation*}
\operatorname{Im}\left[\alpha_{\mu \nu}(\omega)\right]=\frac{\pi}{\hbar} \sum_{j}\langle\mathrm{~g}| d_{\mu}\left|\mathrm{e}_{j}\right\rangle\left\langle\mathrm{e}_{j}\right| d_{\nu}|\mathrm{g}\rangle\left[\delta\left(\omega-\omega_{j 0}\right)-\delta\left(\omega+\omega_{j 0}\right)\right] \tag{14.151}
\end{equation*}
$$

These expressions are equivalent to the classical polarizability expression (from Chapter 1 , if we write the oscillator strength in terms of the dipole matrix elements)

$$
\begin{equation*}
\alpha_{\mu \nu}(\omega)=\lim _{\Gamma_{j} \rightarrow 0} \sum_{j} \frac{\langle\mathrm{~g}| d_{\mu}\left|\mathrm{e}_{j}\right\rangle\left\langle\mathrm{e}_{j}\right| d_{\nu}|\mathrm{g}\rangle}{\hbar\left[\left(\omega_{j 0}^{2}-\omega^{2}\right)^{2}+\Gamma_{j}^{2} \omega^{2}\right]}\left[\left(\omega_{j 0}^{2}-\omega^{2}\right)+i \Gamma_{j} \omega\right] \tag{14.152}
\end{equation*}
$$

if we take the limit of zero damping, being careful to note the emergence of the delta function in the imaginary part.

### 14.3.2 Green Tensor

The interaction is symmetric with respect to the dipole and field operators. Thus, thinking of the mean, linear quantum response at $\mathbf{r}$ of all the electromagnetic field modes (labeled by $\mathbf{k}, \zeta$ ) to a dipole at $\mathbf{r}^{\prime}$, we may write down the analogous Kramers-Heisenberg formula for the Green tensor as

$$
\begin{equation*}
\operatorname{Re}\left[G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)\right]=\sum_{n} \sum_{\mathbf{k}, \zeta} \frac{2 n \omega_{\mathbf{k}}\langle 0| E_{\alpha}\left(\mathbf{r}, \omega_{\mathbf{k}}\right)\left|n_{\mathbf{k}, \zeta}\right\rangle\left\langle n_{\mathbf{k}, \zeta}\right| E_{\beta}\left(\mathbf{r}^{\prime}, \omega_{\mathbf{k}}\right)|0\rangle}{\hbar\left(n^{2} \omega_{\mathbf{k}}^{2}-\omega^{2}\right)} \tag{14.153}
\end{equation*}
$$

Again, the numbers here denote the number of photons in the labeled mode, and the energy of $\left|n_{\mathbf{k}, \zeta}\right\rangle$ is $n \hbar \omega_{\mathbf{k}}$. Since the field is a harmonic oscillator, the electric field operators are effectively a sum over creation and annihilation operators. Thus, when considering the response of the vacuum, only the one-photon states contribute to this sum:

$$
\begin{equation*}
\operatorname{Re}\left[G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)\right]=\sum_{\mathbf{k}, \zeta} \frac{2 \omega_{\mathbf{k}}\langle 0| E_{\alpha}\left(\mathbf{r}, \omega_{\mathbf{k}}\right)\left|1_{\mathbf{k}, \zeta}\right\rangle\left\langle 1_{\mathbf{k}, \zeta}\right| E_{\beta}\left(\mathbf{r}^{\prime}, \omega_{\mathbf{k}}\right)|0\rangle}{\hbar\left(\omega_{\mathbf{k}}^{2}-\omega^{2}\right)} \tag{14.154}
\end{equation*}
$$

(Kramers-Heisenberg formula for Green tensor)
Correspondingly, the imaginary part of the Green tensor is

$$
\begin{equation*}
\operatorname{Im}\left[G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)\right]=\frac{\pi}{\hbar} \sum_{\mathbf{k}, \zeta}\langle 0| E_{\alpha}\left(\mathbf{r}, \omega_{\mathbf{k}}\right)\left|1_{\mathbf{k}, \zeta}\right\rangle\left\langle 1_{\mathbf{k}, \zeta}\right| E_{\beta}\left(\mathbf{r}^{\prime}, \omega_{\mathbf{k}}\right)|0\rangle\left[\delta\left(\omega-\omega_{\mathbf{k}}\right)-\delta\left(\omega+\omega_{\mathbf{k}}\right)\right] \tag{14.155}
\end{equation*}
$$

for consistency with causality.

### 14.3.2.1 Mode Expansion of the Green Tensor

A particular application of the Kramers-Heisenberg formula is to write down a Green tensor in terms of electromagnetic field modes, assuming such modes exist. This happens, for example, when quantizing in an enclosed domain, as in a cavity with perfectly conducting walls. Recall that in such cases, the electric-field operator has the form [Eq. (8.61)]

$$
\begin{equation*}
\mathbf{E}(\mathbf{r}, t)=\sum_{\mathbf{k}, \zeta}-\sqrt{\frac{\hbar \omega_{\mathbf{k}}}{2 \epsilon_{0}}} \mathrm{f}_{\mathbf{k}, \zeta}(\mathbf{r}) a_{\mathbf{k}, \zeta}(t)+\text { H.c. } \tag{14.156}
\end{equation*}
$$

where the $\mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r})$ are the normalized classical mode functions for wave vector $\mathbf{k}$ and polarization $\zeta$. Putting this field operator into Eq. (14.154), we find the general expression

$$
\begin{equation*}
\operatorname{Re}\left[G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)\right]=\frac{1}{\epsilon_{0}} \sum_{\mathbf{k}, \zeta} \frac{\omega_{\mathbf{k}}^{2}}{\omega_{\mathbf{k}}^{2}-\omega^{2}} f_{\mathbf{k}, \zeta, \alpha}(\mathbf{r}) f_{\mathbf{k}, \zeta, \beta}^{*}\left(\mathbf{r}^{\prime}\right) \tag{14.157}
\end{equation*}
$$

(mode expansion of Green tensor)
The Green tensor is in principle a more general object, however, and simple mode functions may not exist in particular when the Green tensor represents dispersive (and thus absorbing) media. However, this general approach below to the interaction energy doesn't depend on the existence of mode functions in this simple sense; in principle, when absorption is present, the system can be extended to include extra, effective "absorbing" fields that account for absorption, while making the total, extended system Hamiltonian. Mode functions that span multiple fields exist in this case, and though possibly difficult to write down, their existence allows our arguments below to go through.

### 14.3.3 Interaction Energy

We will now claim that the second-order interaction energy (14.132) may be written in the form ${ }^{4}$

$$
\begin{align*}
V_{\mathrm{CP}} & =-\frac{\hbar}{2 \pi} \int_{0}^{\infty} d s \operatorname{Tr}[\boldsymbol{\alpha}(i s) \cdot \mathbf{G}(\mathbf{r}, \mathbf{r}, i s)]  \tag{14.158}\\
& =-\frac{\hbar}{2 \pi} \int_{0}^{\infty} d s \alpha_{\mu \nu}(i s) G_{\nu \mu}(\mathbf{r}, \mathbf{r}, i s)
\end{align*}
$$

(Casimir-Polder potential)
where $\mathbf{r}$ denotes the location of the atom. This is a rather remarkable result, as although it assumes that both the atom and the field are quantized, it does not require us to state exactly how the field was quantized. This simplifies things dramatically, as quantization with dissipation is not simple. This result is also remarkable in that it only involves the classical susceptibilities, although to derive this we restricted ourselves to a linear (and thus lowest-order) interaction Hamiltonian between the atom and the quantum electromagnetic field.

To confirm this result, first note that $\operatorname{Im}\left[\alpha_{\mu \nu}(i s)\right]$ and $\operatorname{Im}\left[G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, i s\right)\right]$ will vanish for $s \in \mathbb{R}$, because they involve delta functions of the form $\delta\left(i s-\omega_{j}\right)$, which will always vanish for real $\omega_{j}$. Thus, on the imaginary axis, both susceptibilities are given only by their real parts, which again for any generalized susceptibility (Section 14.1.4.3) turn out to be real, monotonically decreasing functions of $s$. Now, we can substitute the above expressions for the susceptibilities into (14.158) to obtain

$$
\begin{align*}
V_{\mathrm{CP}} & =-\frac{\hbar}{2 \pi} \int_{0}^{\infty} d s \sum_{j} \frac{2 \omega_{j 0}\langle\mathrm{~g}| d_{\mu}\left|\mathrm{e}_{j}\right\rangle\left\langle\mathrm{e}_{j}\right| d_{\nu}|\mathrm{g}\rangle}{\hbar\left(\omega_{j 0}^{2}+s^{2}\right)} \sum_{\mathbf{k}, \zeta} \frac{2 \omega_{\mathbf{k}}\langle 0| E_{\nu}\left(\mathbf{r}, \omega_{\mathbf{k}}\right)\left|1_{\mathbf{k}, \zeta}\right\rangle\left\langle 1_{\mathbf{k}, \zeta}\right| E_{\mu}\left(\mathbf{r}, \omega_{\mathbf{k}}\right)|0\rangle}{\hbar\left(\omega_{\mathbf{k}}^{2}+s^{2}\right)} \\
& \left.=-\frac{2}{\pi \hbar} \sum_{j} \sum_{\mathbf{k}, \zeta}|\langle\mathrm{g}| \mathbf{d}| \mathrm{e}_{j}\right\rangle\left.\cdot\langle 0| \mathbf{E}\left(\mathbf{r}, \omega_{\mathbf{k}}\right)\left|1_{\mathbf{k}, \zeta}\right\rangle\right|^{2} \int_{0}^{\infty} d s \frac{\omega_{j 0} \omega_{\mathbf{k}}}{\left(\omega_{j 0}^{2}+s^{2}\right)\left(\omega_{\mathbf{k}}^{2}+s^{2}\right)}  \tag{14.159}\\
& =-\sum_{j} \sum_{\mathbf{k}, \zeta} \frac{\left.|\mathrm{\mid g}| \mathbf{d}\left|\mathrm{e}_{j}\right\rangle \cdot\langle 0| \mathbf{E}\left(\mathbf{r}, \omega_{\mathbf{k}}\right)\left|1_{\mathbf{k}, \zeta}\right\rangle\right|^{2}}{\hbar\left(\omega_{j 0}+\omega_{\mathbf{k}}\right)} .
\end{align*}
$$

Here, we have used the identity

$$
\begin{equation*}
\int_{0}^{\infty} d x \frac{a b}{\left(a^{2}+x^{2}\right)\left(b^{2}+x^{2}\right)}=\frac{\pi}{2(a+b)}, \quad(a, b>0) \tag{14.160}
\end{equation*}
$$

which follows by noting the integrand is an even function of $x$, changing to a contour integral over the great semicircle in the upper half-plane, and using the Cauchy integral formula, since the contour encloses the poles at $x=i a$ and $x=i b$. Note that the last expression in Eqs. (14.159) is precisely the second-order perturbation expression (14.132) that we started off with, so we see that Eq. (14.158) gives the correct atom-material interaction energy. The only result that we really needed to derive Eq. (14.158), beyond the contour integral, was the Kramers-Heisenberg formula (applied to both the atom and field susceptibilities).

### 14.3.4 Renormalization

We have already considered the form for the free-space Green tensor in Section 14.1.3.1. Thus, there is an interaction energy associated with an atom in free space,

$$
\begin{equation*}
V^{(0)}=-\frac{\hbar}{2 \pi} \int_{0}^{\infty} d s \operatorname{Tr}\left[\boldsymbol{\alpha}(i s) \cdot \mathbf{G}^{(0)}(\mathbf{r}, \mathbf{r}, i s)\right] \tag{14.161}
\end{equation*}
$$

where $\mathbf{G}^{(0)}(\mathbf{r}, \mathbf{r}, \omega)$ is the free-space Green tensor, Eq. (14.45). We have already seen (Section 13.12) that this energy diverges and after renormalization gives the Lamb shift. To investigate the vacuum interaction energy

[^200]of an atom with a dielectric body, we will need to subtract this contribution to obtain the energy difference in the presence vs. the absence of the body. The correct (observed) renormalized interaction potential is thus $V_{\mathrm{CP}}^{(\mathbf{r})}=V_{\mathrm{CP}}-V^{(0)}$, or
\[

$$
\begin{equation*}
V_{\mathrm{CP}}=-\frac{\hbar}{2 \pi} \int_{0}^{\infty} d s \operatorname{Tr}\left[\boldsymbol{\alpha}(i s) \cdot \mathbf{G}^{(\mathrm{s})}(\mathbf{r}, \mathbf{r}, i s)\right] \tag{14.162}
\end{equation*}
$$

\]

(renormalized Casimir-Polder potential)
after dropping the superscript, where

$$
\begin{equation*}
\mathbf{G}^{(\mathbf{s})}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right):=\mathbf{G}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)-\mathbf{G}^{(0)}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right) \tag{14.163}
\end{equation*}
$$

is the scattering part of the Green tensor, i.e., the part of the Green tensor due specifically to the presence of the dielectric body.

### 14.3.5 Planar Interface

To compute the atom-surface interaction with a planar interface, we will first start by expanding the freespace Green function into plane waves. ${ }^{5}$ The idea is that in a very general way, we can compute the effect of the planar interface on a plane wave, via the usual optical reflection coefficients. Then, summing over all plane-wave contributions, we can obtain the effect of the surface on a dipole field, and thus obtain the scattering Green tensor for the surface. We start by recalling the free-space Green tensor in the form (14.47):

$$
\begin{equation*}
G_{\alpha \beta}^{(0)}(\mathbf{r}, 0, \omega)=\frac{1}{4 \pi \epsilon_{0}}\left(k^{2} \delta_{\alpha \beta}+\partial_{\alpha} \partial_{\beta}\right) \frac{e^{i k r}}{r} \tag{14.164}
\end{equation*}
$$

The spherical-wave factor $e^{i k r} / r$ has the plane-wave expansion ${ }^{6}$

$$
\begin{equation*}
\frac{e^{i k r}}{r}=\frac{i}{2 \pi} \int_{-\infty}^{\infty} d k_{x} \int_{-\infty}^{\infty} d k_{y} \frac{1}{k_{z}} e^{i\left(k_{x} x+k_{y} y+k_{z}|z|\right)} \tag{14.165}
\end{equation*}
$$

where the magnitude of the wave vector $\mathbf{k}$ must be simply $k=\omega / c$, so

$$
k_{z}=\left\{\begin{array}{cl}
\sqrt{k^{2}-k_{x}^{2}-k_{y}^{2}} & \text { if } k_{x}^{2}+k_{y}^{2} \leq k^{2}  \tag{14.166}\\
i \sqrt{k_{x}^{2}+k_{y}^{2}-k^{2}} & \text { if } k_{x}^{2}+k_{y}^{2}>k^{2}
\end{array}\right.
$$

Note that $k_{x}$ and $k_{y}$ correspond to transverse wave numbers in a wave-vector expansion, while $k_{z}$ corresponds to the longitudinal wave number, thinking about propagation along the $z$ direction. Small values of $k_{x}$ and $k_{y}$ (the upper expression for $m$ ) thus correspond to propagating waves (with a longitudinal phase factor of $e^{i k_{z} z}$ ), while, large values (the lower expression for $m$ ) correspond to evanescent waves ${ }^{7}$ (with longitudinal exponential decay of $e^{-k_{z} z}$ ). Thus, we may write the expansion for the free-space Green function as

$$
G_{\alpha \beta}^{(0)}(\mathbf{r}, 0, \omega)=\frac{i}{8 \pi^{2} \epsilon_{0}} \int_{-\infty}^{\infty} d k_{x} \int_{-\infty}^{\infty} d k_{y} \frac{1}{k_{z}}\left(k^{2} \delta_{\alpha \beta}+\partial_{\alpha} \partial_{\beta}\right) e^{i\left(k_{x} x+k_{y} y+k_{z}|z|\right)}
$$

> (free-space Green tensor, plane-wave decomposition)

[^201]We will generally imagine the interface to be below the dipole (i.e., smaller values of $z$ ), so that we will need the Green tensor in the region $z<0$

$$
\begin{equation*}
G_{\alpha \beta}^{(0)}(\mathbf{r}, 0, \omega)=\frac{i}{8 \pi^{2} \epsilon_{0}} \int_{-\infty}^{\infty} d k_{x} \int_{-\infty}^{\infty} d k_{y} \frac{1}{k_{z}}\left(k^{2} \delta_{\alpha \beta}-k_{\alpha}^{-} k_{\beta}^{-}\right) e^{i\left(k_{x} x+k_{y} y-k_{z} z\right)} \tag{14.168}
\end{equation*}
$$

where $\mathbf{k}^{-}:=k_{x} \hat{x}+k_{y} \hat{y}-k_{z} \hat{z}$, to determine the scattering from the surface. Further, we will ultimately need a Green tensor of the form $G_{\alpha \beta}(0,0, \omega)$, so we can discard the transverse spatial dependence by setting $x=y=0$, since the planar surface is invariant under transverse displacement. Further restoring the explicit coordinate $z^{\prime}$ for the dipole,

$$
\begin{equation*}
G_{\alpha \beta}^{(0)}\left(z, z^{\prime}, \omega\right)=\frac{i}{8 \pi^{2} \epsilon_{0}} \int_{-\infty}^{\infty} d k_{x} \int_{-\infty}^{\infty} d k_{y} \frac{1}{k_{z}}\left(k^{2} \delta_{\alpha \beta}-k_{\alpha}^{-} k_{\beta}^{-}\right) e^{-i k_{z}\left(z-z^{\prime}\right)} \tag{14.169}
\end{equation*}
$$

where again this expression is valid for $z<z^{\prime}$.

### 14.3.5.1 Reflection Coefficients

Now we will introduce the reflection coefficients for the plane-wave field amplitudes $r_{\perp}(\theta, \omega)$ and $r_{\|}(\theta, \omega)$. These are defined such that in incoming and reflected field amplitudes are related by $E_{\text {out }}=r E_{\text {in }}$. The subscripts denote whether the incoming field polarization is perpendicular or parallel to the plane of incidence (the plane containing both the surface-normal vector and the incoming wave vector), and $\theta$ is the angle between the surface normal and the wave vector $(\theta=0$ corresponds to normal incidence). The reflection coefficients are in general complex, reflecting phase shifts from the surface reflection. Note that these can be readily calculated by matching electromagnetic boundary conditions for bodies with planar-type symmetry, including simple interfaces or stacks of thin films, including conducting films. ${ }^{8}$ For example, for plane waves incident from vacuum onto a planar interface to a medium of dispersive permittivity $\epsilon(\omega)$, the reflection coefficients are

$$
\begin{align*}
& r_{\perp}(\theta, \omega)=\frac{\cos \theta-\sqrt{n^{2}(\omega)-\sin ^{2} \theta}}{\cos \theta+\sqrt{n^{2}(\omega)-\sin ^{2} \theta}}  \tag{14.170}\\
& r_{\|}(\theta, \omega)=\frac{\sqrt{n^{2}(\omega)-\sin ^{2} \theta}-n^{2}(\omega) \cos \theta}{\sqrt{n^{2}(\omega)-\sin ^{2} \theta}+n^{2}(\omega) \cos \theta}
\end{align*}
$$

(Fresnel reflection coefficients)
where the refractive index $n(\omega)$ is defined by $n^{2}(\omega)=\epsilon(\omega) / \epsilon_{0}$. Note that the convention here is such that at normal incidence,

$$
\begin{equation*}
r_{\perp}(\theta=0, \omega)=r_{\|}(\theta=0, \omega)=\frac{1-n(\omega)}{1+n(\omega)} \tag{14.171}
\end{equation*}
$$

whereas a common alternate convention is to flip the sign of $r_{\|}$compared to what we have here. These coefficients are then sufficient to determine the scattering part of the Green tensor in the presence of the interface, because we can now calculate how each plane-wave component of the free-space Green tensor is reflected by the it.

### 14.3.5.2 Scattering Green Tensor Due to the Planar Interface

Now let us define our coordinates such that $\hat{z}$ is normal to the planar interface at $z=0$, and we may assume the atom to be located at $x=y=0$. We want the scattering Green tensor at the same location as the source dipole, $G_{\alpha \beta}^{(\mathrm{s})}(z, z, \omega)$. In this particular case, the off-diagonal components of the scattering Green tensor vanish: the reflection of an oscillating dipole in the $r_{\alpha}$-direction will be polarized in the $r_{\alpha}$-direction, from the point of view of the original dipole. This is just due to the symmetry of the surface, since the effect of the reflection on a wave vector $\mathbf{k}$ is the transformation $\mathbf{k} \longrightarrow \mathbf{k}^{-}$. We can start with the dipole oscillating

[^202]in the $z$-direction. The scattering part of the Green tensor is then given by multiplying the dipole field by $-r_{\|}$, since the $z$-axis is always in the plane of incidence, but the extra minus sign is present because the $z$-component of the polarization vector is always reversed upon reflection from the surface. The phase factor is given by that of a wave traveling the distance $z$ down to the surface and back, and the result is
\[

$$
\begin{equation*}
G_{z z}^{(\mathrm{s})}(z, z, \omega)=-\frac{i}{8 \pi^{2} \epsilon_{0}} \int_{-\infty}^{\infty} d k_{x} \int_{-\infty}^{\infty} d k_{y} \frac{1}{k_{z}}\left(k^{2}-k_{z}^{2}\right) r_{\|}(\theta, \omega) e^{2 i k_{z} z} \tag{14.172}
\end{equation*}
$$

\]

Switching the integration to cylindrical coordinates, we can carry out the angular integral and write

$$
\begin{equation*}
G_{z z}^{(\mathrm{s})}(z, z, \omega)=-\frac{i}{4 \pi \epsilon_{0}} \int_{0}^{\infty} d k_{\mathrm{T}} \frac{k_{\mathrm{T}}^{3}}{k_{z}} r_{\|}(\theta, \omega) e^{2 i k_{z} z} \tag{14.173}
\end{equation*}
$$

where the transverse part of the wave vector is

$$
\begin{equation*}
\mathbf{k}_{\mathrm{T}}=k_{x} \hat{x}+k_{y} \hat{y} \tag{14.174}
\end{equation*}
$$

so that

$$
\begin{equation*}
k_{\mathrm{\top}}=\sqrt{k_{x}^{2}+k_{y}^{2}}=\sqrt{k^{2}-k_{z}^{2}} \tag{14.175}
\end{equation*}
$$

and now the incidence angle $\theta$ can be defined in the integration coordinates by $\tan \theta=k_{\mathrm{T}} / k_{z}$. To evaluate the transverse components of the Green tensor, first pretend that $\mathbf{k}_{\mathrm{T}}=k_{\mathrm{T}} \hat{x}$. That is, choose the transverse part of the wave vector to point in the $x$-direction.


Then a dipole oscillating about $x$ has a field polarized parallel to the incidence plane, and a dipole in the $y$ direction produces a perpendicular polarization. Thus, the appropriate scattering Green tensor components are

$$
\begin{align*}
G_{x x}^{(s)}(z, z, \omega) & =\frac{i}{8 \pi^{2} \epsilon_{0}} \int_{-\infty}^{\infty} d k_{x} \int_{-\infty}^{\infty} d k_{y} \frac{1}{k_{z}}\left(k^{2}-k_{\mathrm{T}}^{2}\right) r_{\| \mid}(\theta, \omega) e^{2 i k_{z} z}  \tag{14.176}\\
G_{y y}^{(s)}(z, z, \omega) & =\frac{i}{8 \pi^{2} \epsilon_{0}} \int_{-\infty}^{\infty} d k_{x} \int_{-\infty}^{\infty} d k_{y} \frac{1}{k_{z}}\left(k^{2}\right) r_{\perp}(\theta, \omega) e^{2 i k_{z} z}
\end{align*}
$$

Switching to cylindrical components and carrying out the angular integral amounts to simply replacing the $x x$ and $y y$ components by their average:

$$
\begin{equation*}
G_{x x}^{(s)}(z, z, \omega)=G_{y y}^{(s)}(z, z, \omega)=\frac{i}{8 \pi \epsilon_{0}} \int_{0}^{\infty} d k_{\mathrm{T}} \frac{k_{\mathrm{T}}}{k_{z}}\left(k_{z}^{2} r_{\|}(\theta, \omega)+k^{2} r_{\perp}(\theta, \omega)\right) e^{2 i k_{z} z} \tag{14.177}
\end{equation*}
$$

These Green-tensor components are all we need to characterize the surface in terms of the atom-surface potential, which we now evaluate.

### 14.3.5.3 Explicit Expressions for the Atom-Surface Potential

Putting these Green-tensor components into the expression (14.162) for the atomic potential due to the planar surface, we find

$$
\begin{align*}
V_{\mathrm{CP}} & =-\frac{\hbar}{2 \pi} \int_{0}^{\infty} d s \alpha_{\mu \nu}(i s) G_{\nu \mu}^{(\mathbf{s})}(\mathbf{r}, \mathbf{r}, i s) \\
& =-\frac{i \hbar}{8 \pi^{2} \epsilon_{0}} \int_{0}^{\infty} d s \int_{0}^{\infty} d k_{\mathrm{T}} \frac{k_{\mathrm{T}}}{k_{z}}\left[\frac{\left[\alpha_{x x}(i s)+\alpha_{y y}(i s)\right]}{2}\left(k_{z}^{2} r_{\|}(\theta, i s)+k^{2} r_{\perp}(\theta, i s)\right)-\alpha_{z z}(i s) k_{\mathrm{T}}^{2} r_{\|}(\theta, i s)\right] e^{2 i k_{z} z}, \tag{14.178}
\end{align*}
$$

where $k=i s / c$, and $k_{z}=i \sqrt{s^{2} / c^{2}+k_{\mathrm{T}}^{2}}$. Defining the real quantity

$$
\begin{equation*}
\kappa\left(s, k_{\mathrm{T}}\right):=-i k_{z}=\sqrt{s^{2} / c^{2}+k_{\mathrm{T}}^{2}} \tag{14.179}
\end{equation*}
$$

we may rewrite this expression as

$$
V_{\mathrm{CP}}=\frac{\hbar}{8 \pi^{2} \epsilon_{0}} \int_{0}^{\infty} d s \int_{0}^{\infty} d k_{\mathrm{T}} \frac{k_{\mathrm{T}}}{\kappa}\left[\frac{\left[\alpha_{x x}(i s)+\alpha_{y y}(i s)\right]}{2}\left(\kappa^{2} r_{\|}(\theta, i s)+\frac{s^{2}}{c^{2}} r_{\perp}(\theta, i s)\right)+\alpha_{z z}(i s) k_{\mathrm{T}}^{2} r_{\|}(\theta, i s)\right] e^{-2 \kappa z},
$$

(Casimir-Polder potential in terms of reflection coefficients) (14.180) so that now the potential is written entirely in terms of the reflection coefficients, the polarizability, real (nonnegative) integration variables, and real functions of the integration variables. Notice that for a medium with $n>1$, the reflection coefficients are in fact negative at normal incidence. So long as they stay predominantly negative, the overall potential is negative, and thus attractive (as the contributions decay exponentially with distance).

Suppose now that the atom is spherically symmetric, as is appropriate for typical ground-state atoms. Then the polarizability tensor becomes a scalar, and so ${ }^{9}$

$$
\begin{equation*}
V_{\mathrm{CP}}=\frac{\hbar}{8 \pi^{2} \epsilon_{0} c^{2}} \int_{0}^{\infty} d s s^{2} \alpha(i s) \int_{0}^{\infty} d k_{\mathrm{T}} \frac{k_{\mathrm{T}}}{\kappa}\left[r_{\perp}(\theta, i s)+\left(1+\frac{2 k_{\mathrm{T}}^{2} c^{2}}{s^{2}}\right) r_{\|}(\theta, i s)\right] e^{-2 \kappa z} . \tag{14.181}
\end{equation*}
$$

(Casimir-Polder potential, spherically symmetric atom)
Note that the integrand here is rather smooth, and not oscillatory. As a function of the imaginary part $s$ of the frequency, $\alpha(i s)$ decreases monotonically owing to its function as a susceptibility. The same can be said of $r_{\perp, \|}(\theta, i s)$, which can also be regarded as a susceptibility (linear response) of the reflected-field amplitude to the input field. Similarly $\kappa$ increases smoothly with $s$, and any explicit dependence on $s$ is smooth.

### 14.3.5.4 Perfect-Conductor Limit

To gain some more insight into the basic result, we can examine the potential (14.181) in various limits. The first limit we can examine is that of a perfect conductor, corresponding to perfect reflections:

$$
\begin{equation*}
r_{\perp, \|}(\theta, i s) \longrightarrow 1 . \tag{14.182}
\end{equation*}
$$

In this case, the potential (14.181) becomes

$$
\begin{equation*}
V_{\mathrm{CP}}=\frac{\hbar}{4 \pi^{2} \epsilon_{0} c^{2}} \int_{0}^{\infty} d s s^{2} \alpha(i s) \int_{0}^{\infty} d k_{\mathrm{T}} \frac{k_{\mathrm{T}}}{\kappa}\left(1+\frac{k_{\mathrm{T}}^{2} c^{2}}{s^{2}}\right) e^{-2 \kappa z} \tag{14.183}
\end{equation*}
$$

Using Eq. (14.146) for the polarizability in the form

$$
\begin{equation*}
\alpha(i s)=\sum_{j} \frac{\left.2 k_{j 0}\left|\langle\mathrm{~g}| d_{z}\right| \mathrm{e}_{j}\right\rangle\left.\right|^{2}}{\hbar c\left(s^{2} / c^{2}+k_{j 0}^{2}\right)}, \tag{14.184}
\end{equation*}
$$

[^203]and putting in the explicit form for $\kappa$, we find
\[

$$
\begin{align*}
V_{\mathrm{CP}} & =\frac{1}{2 \pi^{2} \epsilon_{0} c} \sum_{j} d_{j, z}^{2} k_{j 0} \int_{0}^{\infty} d s \int_{0}^{\infty} d k_{\mathrm{T}} \frac{k_{\mathrm{T}} \sqrt{s^{2} / c^{2}+k_{\mathrm{T}}^{2}}}{s^{2} / c^{2}+k_{j 0}^{2}} e^{-2 z \sqrt{s^{2} / c^{2}+k_{\mathrm{T}}^{2}}} \\
& =\frac{1}{4 \pi^{2} \epsilon_{0} c} \sum_{j} d_{j, z}^{2} k_{j 0} \partial_{z} \int_{0}^{\infty} \frac{d s}{s^{2} / c^{2}+k_{j 0}^{2}} \int_{0}^{\infty} d k_{\mathrm{T}} k_{\mathrm{T}} e^{-2 z \sqrt{s^{2} / c^{2}+k_{\mathrm{T}}^{2}}}  \tag{14.185}\\
& =\frac{1}{8 \pi^{2} \epsilon_{0} c} \sum_{j} d_{j, z}^{2} k_{j 0} \partial_{z} \int_{0}^{\infty} \frac{d s}{s^{2} / c^{2}+k_{j 0}^{2}} \int_{0}^{\infty} d\left(k_{\mathrm{T}}^{2}\right) e^{-2 z \sqrt{s^{2} / c^{2}+k_{\mathrm{T}}^{2}}}
\end{align*}
$$
\]

where again $d_{j, z}^{2}$ is shorthand for $\left.\left|\langle\mathrm{g}| d_{z}\right| \mathrm{e}_{j}\right\rangle\left.\right|^{2}$. We can evaluate the second integral using

$$
\begin{equation*}
\int_{0}^{\infty} d x e^{-2 z \sqrt{s^{2} / c^{2}+x}}=\frac{1+2 z s / c}{2 z^{2}} e^{-2 z s / c} \tag{14.186}
\end{equation*}
$$

so that

$$
\begin{align*}
V_{\mathrm{CP}} & =\frac{1}{16 \pi^{2} \epsilon_{0} c} \sum_{j} d_{j, z}^{2} k_{j 0} \partial_{z} \frac{1}{z^{2}} \int_{0}^{\infty} d s \frac{1+2 z s / c}{s^{2} / c^{2}+k_{j 0}^{2}} e^{-2 z s / c}  \tag{14.187}\\
& =-\frac{1}{16 \pi^{2} \epsilon_{0} c} \sum_{j} d_{j, z}^{2} k_{j 0} \partial_{z}^{2} \frac{1}{z} \int_{0}^{\infty} \frac{d s}{s^{2} / c^{2}+k_{j 0}^{2}} e^{-2 z s / c}
\end{align*}
$$

Now, we can evaluate the last integral, using the integral formula (Problem 13.1) ${ }^{10}$

$$
\begin{equation*}
\int_{0}^{\infty} d x \frac{e^{-\mu x}}{\beta^{2}+x^{2}}=\frac{f(\beta \mu)}{\beta} \quad(\operatorname{Re}[\beta]>0, \operatorname{Re}[\mu]>0) \tag{14.188}
\end{equation*}
$$

where $f(z)$ is an auxiliary function to the sine and cosine integrals [see Eq. (13.26)]. Thus, the Casimir-Polder potential in this case becomes

$$
\begin{equation*}
V_{\mathrm{CP}}=-\frac{1}{16 \pi^{2} \epsilon_{0}} \sum_{j} d_{j, z}^{2} \partial_{z}^{2} \frac{1}{z} f\left(2 k_{j 0} z\right) \tag{14.189}
\end{equation*}
$$

(Casimir-Polder potential, perfect conductor)
which of course agrees exactly with the result we computed before, Eq. (13.51).

### 14.3.5.5 Near-Field Limit

In the near-field limit $\left(2 k_{j 0} z \ll 1\right.$ for all $j$ ), we can simplify the potential (14.181) for a spherically symmetric atom. First, note that due to the exponential factor in Eq. (14.181), only relatively small values of $\kappa$,

$$
\begin{equation*}
\kappa^{2}=\frac{s^{2}}{c^{2}}+k_{\mathrm{T}}^{2} \lesssim \frac{1}{4 z^{2}} \tag{14.190}
\end{equation*}
$$

will contribute in the integral to the potential. However, due to the form of the factor $s^{2} \alpha(i s) / \kappa$, the most important values of $s$ in the integral are of the order of $\omega_{j 0}$. But then in the near-field regime, we can conclude that

$$
\begin{equation*}
\frac{s}{c} \ll \frac{1}{2 z} \tag{14.191}
\end{equation*}
$$

This means that typically in the integral,

$$
\begin{equation*}
\kappa \sim k_{\mathrm{T}} \sim \frac{1}{2 z} \tag{14.192}
\end{equation*}
$$

[^204]and these are all large compared to $s / c$. Physically, since $|s / c|$ is the optical wave vector, this means that the evanescent-wave modes - modes that propagate along the surface, decaying exponentially away from the surface - dominate the atom-surface potential in this regime. This is sensible, as surface modes should be most important in the near field.

We will proceed by considering an atom in the near field of a simple dielectric interface, so that the reflection coefficients are given by the Fresnel expressions (14.170). In the near field, we can use the relations above to simplify the Fresnel coefficients, since we may represent the incidence angle by

$$
\begin{align*}
& \sin \theta=\frac{k_{\top}}{k}=-i \frac{c k_{\top}}{s}  \tag{14.193}\\
& \cos \theta=\frac{k_{z}}{k}=\frac{c \kappa}{s} .
\end{align*}
$$

In the case of transverse polarization, then, using $s / c \ll k_{\mathrm{T}}, \kappa$,

$$
\begin{align*}
r_{\perp}(\theta, i s) & =\frac{\cos \theta-\sqrt{n^{2}(i s)-\sin ^{2} \theta}}{\cos \theta+\sqrt{n^{2}(i s)-\sin ^{2} \theta}} \\
& =\frac{\kappa-\sqrt{s^{2} n^{2} / c^{2}+k_{\mathrm{T}}^{2}}}{\kappa+\sqrt{s^{2} n^{2} / c^{2}+k_{\mathrm{T}}^{2}}} \\
& \approx \frac{\kappa-s^{2} n^{2} / 2 c^{2} k_{\mathrm{T}}-k_{\mathrm{T}}}{\kappa+s^{2} n^{2} / 2 c^{2} k_{\mathrm{T}}+k_{\mathrm{T}}}  \tag{14.194}\\
& \approx \frac{\left(s^{2} / 2 c^{2} k_{\mathrm{T}}\right)\left(1-n^{2}\right)}{2 k_{\mathrm{T}}+\left(s^{2} / 2 c^{2} k_{\mathrm{T}}\right)\left(1+n^{2}\right)} \\
& \approx \frac{s^{2}}{4 c^{2} k_{\mathrm{T}}^{2}}\left(1-n^{2}\right)
\end{align*}
$$

where we have used

$$
\begin{equation*}
\kappa=\sqrt{\frac{s^{2}}{c^{2}}+k_{\mathrm{T}}^{2}} \approx \frac{s^{2}}{2 c^{2} k_{\mathrm{T}}}+k_{\mathrm{T}} \tag{14.195}
\end{equation*}
$$

Thus, in the near field, $r_{\perp} \ll 1$, and we will in fact neglect it compared to the longitudinal reflection coefficient, which is

$$
\begin{align*}
r_{\|}(\theta, i s) & =\frac{\sqrt{n^{2}(i s)-\sin ^{2} \theta}-n^{2}(i s) \cos \theta}{\sqrt{n^{2}(i s)-\sin ^{2} \theta}+n^{2}(i s) \cos \theta} \\
& =\frac{\sqrt{n^{2}+c^{2} k_{\mathrm{T}}^{2} / s^{2}}-n^{2} c \kappa / s}{\sqrt{n^{2}+c^{2} k_{\mathrm{T}}^{2} / s^{2}}+n^{2} c \kappa / s}  \tag{14.196}\\
& \approx \frac{1-n^{2}(i s)}{1+n^{2}(i s)} \\
& =\frac{\epsilon_{0}-\epsilon(i s)}{\epsilon_{0}+\epsilon(i s)}
\end{align*}
$$

Putting this coefficient into Eq. (14.181) and ignoring the transverse reflection,

$$
\begin{align*}
V_{\mathrm{CP}} & =-\frac{\hbar}{8 \pi^{2} \epsilon_{0} c^{2}} \int_{0}^{\infty} d s s^{2} \alpha(i s) \frac{\epsilon(i s)-\epsilon_{0}}{\epsilon(i s)+\epsilon_{0}} \int_{0}^{\infty} d k_{\mathrm{T}} \frac{k_{\mathrm{T}}}{\kappa}\left(1+\frac{2 k_{\mathrm{T}}^{2} c^{2}}{s^{2}}\right) e^{-2 \kappa z} \\
& =-\frac{\hbar}{8 \pi^{2} \epsilon_{0}} \int_{0}^{\infty} d s \alpha(i s) \frac{\epsilon(i s)-\epsilon_{0}}{\epsilon(i s)+\epsilon_{0}} \int_{s / c}^{\infty} d \kappa\left(\frac{s^{2}}{c^{2}}+2 k_{\mathrm{T}}^{2}\right) e^{-2 \kappa z}  \tag{14.197}\\
& \approx-\frac{\hbar}{4 \pi^{2} \epsilon_{0}} \int_{0}^{\infty} d s \alpha(i s) \frac{\epsilon(i s)-\epsilon_{0}}{\epsilon(i s)+\epsilon_{0}} \int_{0}^{\infty} d \kappa \kappa^{2} e^{-2 \kappa z} .
\end{align*}
$$

The second integral is easy to carry out, with the result ${ }^{11}$

$$
\begin{equation*}
V_{\mathrm{CP}}=-\frac{\hbar}{16 \pi^{2} \epsilon_{0} z^{3}} \int_{0}^{\infty} d s \alpha(i s) \frac{\epsilon(i s)-\epsilon_{0}}{\epsilon(i s)+\epsilon_{0}} \tag{14.198}
\end{equation*}
$$

(van der Waals potential)
for the near-field (van der Waals) force near a dielectric surface of permittivity $\epsilon(\omega)$. This is the dipole-dipole interaction of an atom with its image, located at distance $z$ inside the dielectric. In the static case, the image charge distribution has a charge of $\left(\epsilon-\epsilon_{0}\right) /\left(\epsilon+\epsilon_{0}\right)$ times the original charge. ${ }^{12}$ The expression here is the extension of that image concept to all frequencies, and the contribution to the atomic energy is weighted by the response $\alpha(\omega)$, and then the energy is summed over all frequencies.

### 14.3.5.6 Far-Field Limit

In the far-field limit, where $z$ becomes very large, the values of $\kappa$, and thus $s$ and $k_{\mathrm{T}}$, that contribute to the integral are very small. In particular, we can replace $\alpha(i s)$ by the static polarizability

$$
\begin{equation*}
\alpha_{0}=\alpha(0)=\sum_{j} \frac{2 d_{j, z}^{2}}{\hbar \omega_{j 0}}, \tag{14.199}
\end{equation*}
$$

and we can replace the reflection coefficients by their dc values as well. Then the potential becomes

$$
\begin{align*}
V_{\mathrm{CP}} & =\frac{\hbar \alpha_{0}}{8 \pi^{2} \epsilon_{0} c^{2}} \int_{0}^{\infty} d s s^{2} \int_{0}^{\infty} d k_{\mathrm{T}} \frac{k_{\mathrm{T}}}{\kappa}\left[r_{\perp}(\theta, 0)+\left(1+\frac{2 k_{\mathrm{T}}^{2} c^{2}}{s^{2}}\right) r_{\|}(\theta, 0)\right] e^{-2 \kappa z} \\
& =\frac{\hbar \alpha_{0}}{8 \pi^{2} \epsilon_{0} c^{2}} \int_{0}^{\infty} d s s^{2} \int_{s / c}^{\infty} d \kappa\left[r_{\perp}(\theta, 0)+\left(\frac{2 c^{2} \kappa^{2}}{s^{2}}-1\right) r_{\|}(\theta, 0)\right] e^{-2 \kappa z}  \tag{14.200}\\
& =\frac{\hbar \alpha_{0}}{8 \pi^{2} \epsilon_{0} c^{3}} \int_{1}^{\infty} d \xi\left[r_{\perp}(\theta, 0)+\left(2 \xi^{2}-1\right) r_{\|}(\theta, 0)\right] \int_{0}^{\infty} d s s^{3} e^{-2 s \xi z / c}
\end{align*}
$$

where we have introduced $\xi=c \kappa / s$. Carrying out the $s$ integral,

$$
\begin{equation*}
V_{\mathrm{CP}}=\frac{3 \hbar c \alpha_{0}}{64 \pi^{2} \epsilon_{0} z^{4}} \int_{1}^{\infty} \frac{d \xi}{\xi^{4}}\left[r_{\perp}(\theta, 0)+\left(2 \xi^{2}-1\right) r_{\|}(\theta, 0)\right] \tag{14.201}
\end{equation*}
$$

where again the angle $\theta$ is determined by the relation $\cos \theta=\xi$. In the limit of a perfect conductor, the reflection coefficients are replaced by -1 , and thus

$$
\begin{equation*}
V_{\mathrm{CP}}=-\frac{3 \hbar c \alpha_{0}}{32 \pi^{2} \epsilon_{0} z^{4}} \int_{1}^{\infty} \frac{d \xi}{\xi^{2}}, \tag{14.202}
\end{equation*}
$$

and since the integral evaluates to unity,

$$
\begin{equation*}
V_{\mathrm{CP}}=-\frac{3 \hbar c \alpha_{0}}{32 \pi^{2} \epsilon_{0} z^{4}} \tag{14.203}
\end{equation*}
$$

(far field, perfect conductor)
This is precisely the far-field (retarded) Casimir-Polder potential that we obtained before in Eq. (13.60). Note, however, that the $z^{-4}$ scaling in this regime is universal, as we see from Eq. (14.201): the distance scaling is independent of the material properties.

To be a bit more general, we can write out Eq. (14.202) in the case of a simple dielectric interface, in which case Eqs. (14.170) gives the reflection coefficients as

$$
\begin{align*}
r_{\perp}(\theta, 0) & =\frac{\xi-\sqrt{\epsilon / \epsilon_{0}-1+\xi^{2}}}{\xi+\sqrt{\epsilon / \epsilon_{0}-1+\xi^{2}}}  \tag{14.204}\\
r_{\|}(\theta, 0) & =\frac{\sqrt{\epsilon / \epsilon_{0}-1+\xi^{2}}-\xi \epsilon / \epsilon_{0}}{\sqrt{\epsilon / \epsilon_{0}-1+\xi^{2}}+\xi \epsilon / \epsilon_{0}}
\end{align*}
$$

[^205]where $\epsilon=\epsilon(0)$. Then Eq. (14.202) takes on the rather cumbersome form
\[

$$
\begin{equation*}
V_{\mathrm{CP}}=-\frac{3 \hbar c \alpha_{0}}{64 \pi^{2} \epsilon_{0} z^{4}} \int_{1}^{\infty} \frac{d \xi}{\xi^{4}}\left[\frac{\sqrt{\chi+\xi^{2}}-\xi}{\sqrt{\chi+\xi^{2}}+\xi}+\left(1-2 \xi^{2}\right) \frac{\sqrt{\chi+\xi^{2}}-\xi(1+\chi)}{\sqrt{\chi+\xi^{2}}+\xi(1+\chi)}\right] \tag{14.205}
\end{equation*}
$$

\]

where $\chi \equiv \chi(\omega=0)=\epsilon / \epsilon_{0}-1$ is the dc susceptibility of the material. This is the Lifshitz expression for the Casimir-Polder potential for a dielectric surface, and the integral can be evaluated explicitly, with the result ${ }^{13}$

$$
\begin{equation*}
V_{\mathrm{CP}}=-\frac{3 \hbar c \alpha_{0}}{32 \pi^{2} \epsilon_{0} z^{4}} \eta(\chi) \tag{14.206}
\end{equation*}
$$

(far field, dielectric)
where we have defined the "efficiency"

$$
\begin{align*}
\eta(\chi):=\frac{4}{3}+\chi & +\frac{4-(2+\chi) \sqrt{1+\chi}}{2 \chi}-\frac{\sinh ^{-1} \sqrt{\chi}}{2 \chi^{3 / 2}}\left[2+\chi+2(1+\chi) \chi^{2}\right]  \tag{14.207}\\
& +\frac{(1+\chi)^{2}}{\sqrt{2+\chi}}\left(\sinh ^{-1} \sqrt{1+\chi}-\sinh ^{-1} \frac{1}{\sqrt{1+\chi}}\right)
\end{align*}
$$

which ranges from 0 to 1 , and measures the strength of the far-field Casimir-Polder potential compared to the perfect-conductor case, Eq. (14.203). This function is plotted below, as the strength of the Casimir-Polder potential for a surface of dc susceptibility $\chi$, compared to a perfectly reflecting surface, $\chi \longrightarrow \infty$.


The function $\eta(\chi)$ varies smoothly with $\chi$, and of course the potential here for finite $\chi$ is always weaker than for the perfect conductor. For example, for synthetic fused silica (pure optical glass), the refractive index $n$ tends to a value near 2.0 at low frequencies, so we may take $\chi \approx 1.0$ and conclude that the amplitude of the long-range Casimir-Polder potential is about $25 \%$ of that of the perfect conductor. Schott LaSFN9 glass has a refractive index tending to 4.2 near dc, so that $V_{\mathrm{CP}}$ in the far field is about $47 \%$ of the perfect-conductor amplitude. Note that in view of the zero-frequency pole in the permittivity for a conductor, Eq. (14.64), the limit $\chi \longrightarrow i \infty$, where $\eta(\chi) \longrightarrow 1$, is appropriate even for an imperfect conductor.

The efficiency (14.207) can also be separated into the relative contributions by the $\mathrm{TE}(\perp)$ and TM (\|) polarizations as

$$
\begin{equation*}
\eta(\chi)=\eta_{\mathrm{TE}}(\chi)+\eta_{\mathrm{TM}}(\chi) \tag{14.208}
\end{equation*}
$$

[^206]where
\[

$$
\begin{align*}
\eta_{\mathrm{TE}}(\chi):= & \frac{1}{6}+\frac{1}{\chi}-\frac{\sqrt{1+\chi}}{2 \chi}-\frac{\sinh ^{-1} \sqrt{\chi}}{2 \chi^{3 / 2}} \\
\eta_{\mathrm{TM}}(\chi):=\frac{7}{6}+\chi & +\frac{2-(1+\chi) \sqrt{1+\chi}}{2 \chi}-\frac{\sinh ^{-1} \sqrt{\chi}}{2 \chi^{3 / 2}}\left[1+\chi+2(1+\chi) \chi^{2}\right]  \tag{14.209}\\
& +\frac{(1+\chi)^{2}}{\sqrt{2+\chi}}\left(\sinh ^{-1} \sqrt{1+\chi}-\sinh ^{-1} \frac{1}{\sqrt{1+\chi}}\right),
\end{align*}
$$
\]

by integrating separately the two terms in Eq. (14.205). The relative contributions are plotted below, compared to the total.


Interestingly, the contribution from the TM polarization is much larger than from the TE polarization-note that this is true even though the reflection coefficient for TM polarization is always smaller for the same angle than for TE polarization (the reflection coefficient for TM polarization vanishes at Brewster's angle, for example). This is evidently due to the importance of the weighting factor $\left(1+2 k_{\top}^{2} c^{2} / s^{2}\right)$ for the TM contribution in Eq. (14.181).

### 14.3.5.7 Dielectric Thin Films

Suppose we consider the ground-state interaction of an atom with a thin dielectric film, surrounded on either side by vacuum. ${ }^{14}$ The film is described by the reflection coefficient ${ }^{15}$

$$
\begin{equation*}
r_{\mathrm{film}}^{(\|, \perp)}(\theta, i s)=\frac{r_{\|, \perp}(\theta, i s)\left(1-e^{i \phi}\right)}{1-r_{\|, \perp}^{2}(\theta, i s) e^{i \phi}} \tag{14.210}
\end{equation*}
$$

for the two polarizations in terms of the appropriate Fresnel coefficients, where the round-trip phase $\phi$ in the film is given by

$$
\begin{equation*}
\phi=2 k d \sqrt{n^{2}(i s)-\sin ^{2} \theta} \tag{14.211}
\end{equation*}
$$

The other parameters here are the refractive index $n(\theta, i s)$ of the film and the film thickness $d$. For a very thin film, we may expand the above expression to first order in the film thickness, with the result

$$
\begin{equation*}
r_{\text {film }}^{(\|, \perp)}(\theta, i s)=-i \frac{r_{\|, \perp} \phi}{1-r_{\|, \perp}^{2}} \tag{14.212}
\end{equation*}
$$

[^207]assuming $\left|r_{\|, \perp}\right| \neq 1$. The Casimir-Polder potential is then given by Eq. (14.181), with the reflection coefficients given by Eq. (14.212) for thin films, or by by Eq. (14.210) in the more general case. Here, we will only consider the limit of very thin films. Obviously, this situation is much more complicated than for a simple dielectric interface, and so we will again concentrate on evaluating the near- and far-field limits.

In the near-field regime,

$$
\begin{equation*}
\phi=2 k d \sqrt{n^{2}(i s)-\sin ^{2} \theta}=i \frac{2 s d}{c} \sqrt{n^{2}(i s)+\frac{c^{2} k_{\mathrm{T}}^{2}}{s^{2}}} \approx i 2 k_{\mathrm{\top}} d \approx i 2 \kappa d \tag{14.213}
\end{equation*}
$$

Recalling that $\kappa \lesssim 1 / 2 z$, the thin-film approximation will be good if $d \ll z$. Thus, this treatment will be valid for atom-surface distances much smaller than any resonance wavelength, but still far enough away that the film appears to be thin. Physically, because the evanescent modes are most important in the near field, evanescent modes whose skin depths are of the order of the film thickness will be modified appropriately. The film reflection coefficients scale to lowest order as $r_{\|, \perp}$, so just as in the case of the simple dielectric interface, we will ignore the small contribution of $r_{\perp}$ compared to $r_{\|}$. Then we arrive at the same result (14.197), but with the replacement

$$
\begin{equation*}
r_{\|} \approx \frac{\epsilon_{0}-\epsilon(i s)}{\epsilon_{0}+\epsilon(i s)} \longrightarrow \frac{r_{\|}}{1-r_{\|}^{2}} 2 \kappa d \tag{14.214}
\end{equation*}
$$

Explicitly, then, we have

$$
\begin{equation*}
V_{\mathrm{CP}} \approx \frac{\hbar d}{2 \pi^{2} \epsilon_{0}} \int_{0}^{\infty} d s \alpha(i s) \frac{r_{\|}(i s)}{1-r_{\|}^{2}(i s)} \int_{0}^{\infty} d \kappa \kappa^{3} e^{-2 \kappa z} \tag{14.215}
\end{equation*}
$$

After evaluating the second integral, we have the result

$$
\begin{equation*}
V_{\mathrm{CP}} \approx \frac{3 \hbar d}{16 \pi^{2} \epsilon_{0} z^{4}} \int_{0}^{\infty} d s \alpha(i s) \frac{r_{\|}(i s)}{1-r_{\|}^{2}(i s)} \tag{14.216}
\end{equation*}
$$

Writing out the Fresnel reflection coefficient explicitly, e.g., as in Eq. (14.214), we finally have

$$
V_{\mathrm{CP}} \approx-\frac{3 \hbar d}{64 \pi^{2} \epsilon_{0} z^{4}} \int_{0}^{\infty} d s \alpha(i s)\left[\frac{\epsilon(i s)}{\epsilon_{0}}-\frac{\epsilon_{0}}{\epsilon(i s)}\right]
$$

(dielectric thin film, near field) (14.217)
Thus, we see that the thin film has a different scaling of $z^{-4}$ in the near field, as compared to the $z^{-3}$ scaling for the bulk material. The dependence on the dielectric material has been modified as well.

In the far field of a thin dielectric film, we again consider the limit of $\omega=i s \longrightarrow 0$ in the response functions. However, in this limit, the thin-film phase $\phi$ defined in Eq. (14.211) also vanishes, leading to vanishing thin-film reflection coefficients, as in Eq. (14.210). Thus, for the thin-film reflection coefficients, we should keep them to lowest nonvanishing order in $s$ :

$$
\begin{equation*}
\phi=2 k d \sqrt{n^{2}(i s)-\sin ^{2} \theta} \approx i \frac{2 s d}{c} \sqrt{n^{2}(0)-1+\xi^{2}}=i \frac{2 s d}{c} \sqrt{\chi+\xi^{2}} \tag{14.218}
\end{equation*}
$$

Again, we are using the notation $\xi=c \kappa / s=\cos \theta$, and $\chi$ is the dc susceptibility of the film medium. Then our analysis from Section 14.3.5.6 carries through with the replacements

$$
\begin{equation*}
r_{\|, \perp} \longrightarrow-i \frac{r_{\|, \perp}}{1-r_{\|, \perp}^{2}} \phi=\frac{r_{\|, \perp}}{1-r_{\|, \perp}^{2}} \frac{2 s d}{c} \sqrt{\chi+\xi^{2}} \tag{14.219}
\end{equation*}
$$

Making this replacement in Eq. (14.200), we find

$$
\begin{equation*}
V_{\mathrm{CP}}=\frac{\hbar \alpha_{0} d}{4 \pi^{2} \epsilon_{0} c^{4}} \int_{1}^{\infty} d \xi \sqrt{\chi+\xi^{2}}\left[\frac{r_{\perp}(\theta, 0)}{1-r_{\perp}^{2}(\theta, 0)}+\left(2 \xi^{2}-1\right) \frac{r_{\|}(\theta, 0)}{1-r_{\|}^{2}(\theta, 0)}\right] \int_{0}^{\infty} d s s^{4} e^{-2 s \xi z / c} \tag{14.220}
\end{equation*}
$$

The final integral is easy to evaluate, with the result

$$
\begin{equation*}
V_{\mathrm{CP}}=\frac{3 \hbar c \alpha_{0} d}{16 \pi^{2} \epsilon_{0} z^{5}} \int_{1}^{\infty} d \xi \frac{\sqrt{\chi+\xi^{2}}}{\xi^{5}}\left[\frac{r_{\perp}(\theta, 0)}{1-r_{\perp}^{2}(\theta, 0)}+\left(2 \xi^{2}-1\right) \frac{r_{\|}(\theta, 0)}{1-r_{\|}^{2}(\theta, 0)}\right] \tag{14.221}
\end{equation*}
$$

(dielectric thin film, far field)
Of course, we could write the integrand out explicitly in terms of $\xi$, eliminating $\theta$, using the far-field expressions (14.204). However, we won't be quite so masochistic right now. The important thing to notice from this relation is again, the different scaling of the far-field potential with distance due to a thin, dielectric film is $z^{-5}$, compared to the $z^{-4}$ scaling that we derived for a bulk material, whether a perfect conductor or a dielectric.

### 14.3.5.8 Metallic Thin Films

For a thin metallic film, ${ }^{16}$ we have to modify the above calculation, because now the permittivity may become quite large in relevant frequency ranges due to the existence of the dc pole. Furthermore, we can take as an explicit model of the metal's response the Drude-Lorentz model (Problem 1.4)

$$
\begin{equation*}
\frac{\epsilon(i s)}{\epsilon_{0}}=1+\frac{\omega_{\mathrm{p}}^{2}}{s(s+\gamma)} \tag{14.222}
\end{equation*}
$$

where $\omega_{\mathrm{p}}$ is the plasma frequency, and $\gamma$ is a material damping rate, given by $\gamma=\epsilon_{0} \omega_{\mathrm{p}}^{2} / \sigma_{0}$, where $\sigma_{0}$ is the dc conductivity.

In the near field, we may take the limit $\gamma \longrightarrow 0$, as the relevant frequencies that contribute to the result are of the order of the atomic resonances, which are generally much larger than $\gamma$. Thus, we will in fact use the plasma model for the metal,

$$
\begin{equation*}
\frac{\epsilon(i s)}{\epsilon_{0}}=1+\frac{\omega_{\mathrm{p}}^{2}}{s^{2}} \tag{14.223}
\end{equation*}
$$

As we argued in the dielectric case, the near field corresponds to $k_{\mathrm{T}} \gg s / c$. Furthermore, we will note that $n^{2} s^{2} / c^{2}=\left(s^{2}+\omega_{\mathrm{p}}^{2}\right) / c^{2}$. But we will consider the case where the plasma frequency is of comparable magnitude to the atomic resonance frequencies, which is reasonable for real atoms and metals, so that $\omega \sim \omega_{\mathrm{p}}$. Thus, $k_{\mathrm{T}}^{2} \gg n^{2} s^{2} / c^{2}$, just as in the dielectric case. In particular, this implies that as before, we can write the Fresnel reflection coefficients as $r_{\perp} \approx 0$ and

$$
\begin{equation*}
r_{\|} \approx \frac{\epsilon_{0}-\epsilon(i s)}{\epsilon_{0}+\epsilon(i s)}=-\frac{\omega_{\mathrm{p}}^{2}}{2 s^{2}+\omega_{\mathrm{p}}^{2}} \tag{14.224}
\end{equation*}
$$

Then we can use Eq. (14.210) for the thin-film reflection coefficient to write $r_{\text {film }}^{(\perp)}=0$ and

$$
\begin{equation*}
r_{\text {film }}^{(\|)}(\theta, i s)=\frac{r_{\|}\left(1-e^{-2 k_{\mathrm{T}} d}\right)}{1-r_{\|}^{2} e^{-2 k_{\mathrm{T}} d}}=-\frac{\omega_{\mathrm{p}}^{2}\left(2 s^{2}+\omega_{\mathrm{p}}^{2}\right)\left(1-e^{-2 k_{\mathrm{T}} d}\right)}{\left(2 s^{2}+\omega_{\mathrm{p}}^{2}\right)^{2}-\omega_{\mathrm{p}}^{4} e^{-2 k_{\mathrm{T}} d}} \tag{14.225}
\end{equation*}
$$

where we used the film round-trip phase $\phi=i 2 d \sqrt{n^{2} s^{2} / c^{2}+k_{\mathrm{T}}^{2}} \approx i 2 k_{\mathrm{T}} d$, and again $d$ is the film thickness. Note that we are not yet expanding this expression in $d$ : unlike the dielectric case, the Fresnel reflection coefficient can be close to unity, leading to an unphysical divergence in the thin-film reflection coefficient unless we keep factors of $e^{-2 k_{T} d}$ around for now. We can put these bits into Eq. (14.181), replacing the polarizability by the dc value $\alpha(i s) \longrightarrow \alpha_{0}$, since for a very thin film, the reflection coefficient will be small except near zero frequency due to the dc pole in $\epsilon(i s)$. We thus obtain

$$
\begin{equation*}
V_{\mathrm{CP}}=-\frac{\hbar \omega_{\mathrm{p}}^{2} \alpha_{0}}{4 \pi^{2} \epsilon_{0}} \int_{0}^{\infty} d \kappa \kappa^{2} e^{-2 \kappa z}\left(1-e^{-2 \kappa d}\right) \int_{0}^{\infty} d s \frac{2 s^{2}+\omega_{\mathrm{p}}^{2}}{\left(2 s^{2}+\omega_{\mathrm{p}}^{2}\right)^{2}-\omega_{\mathrm{p}}^{4} e^{-2 \kappa d}} \tag{14.226}
\end{equation*}
$$

[^208]after changing the integration variable $k_{\mathrm{T}}$ to $\kappa$ (with $k_{\mathrm{T}} \approx \kappa$ as before). Recall [Eq. (14.179)] that $\kappa$ and $s$ are related by $\kappa^{2}=s^{2} / c^{2}+k_{\mathrm{T}}^{2}$, but they are independent as far as integration variables are concerned, since $s$ represents the (imaginary) optical "frequency," whereas $\kappa$ (or $k_{\mathrm{T}}$ ) parameterizes the (independent) wave vector, whose magnitude is unconstrained when we consider the entire family of propagating and evanescent modes. Now we can evaluate the second integral as
\[

$$
\begin{align*}
\int_{0}^{\infty} d s \frac{2 s^{2}+\omega_{\mathrm{p}}^{2}}{\left(2 s^{2}+\omega_{\mathrm{p}}^{2}\right)^{2}-\omega_{\mathrm{p}}^{4} e^{-2 \kappa d}} & =\frac{\pi}{\sqrt{8} \omega_{\mathrm{p}}} \frac{1+\sqrt{1-e^{-2 \kappa d}}}{\sqrt{1-e^{-2 \kappa d}}\left(\sqrt{1-e^{-\kappa d}}+\sqrt{1+e^{-\kappa d}}\right)}  \tag{14.227}\\
& \approx \frac{\pi}{4 \sqrt{2 \kappa d} \omega_{\mathrm{p}}},
\end{align*}
$$
\]

where we have kept only the lowest-order term in $d$ in the last expression. Thus, taking the $d \longrightarrow 0$ limit in the rest of Eq. (14.226), we find

$$
\begin{equation*}
V_{\mathrm{CP}}=-\frac{\hbar \omega_{\mathrm{p}} \alpha_{0} \sqrt{d}}{8 \sqrt{2} \pi \epsilon_{0}} \int_{0}^{\infty} d \kappa \kappa^{5 / 2} e^{-2 \kappa z} \tag{14.228}
\end{equation*}
$$

After evaluating the final integral, we find the result

$$
\begin{equation*}
V_{\mathrm{CP}}=-\frac{15 \hbar \omega_{\mathrm{p}} \alpha_{0} \sqrt{d}}{1024 \sqrt{\pi} \epsilon_{0} z^{7 / 2}} \tag{14.229}
\end{equation*}
$$

(metallic thin film, near field)
Thus, for a metallic thin film, the main difference with the case of a bulk metal or dielectric is the fractionalpower scaling of $z^{-7 / 2}$, which is faster than $z^{-3}$ for the bulk case and slower than $z^{-4}$ for the dielectric-thinfilm case. The other obvious difference from the case of the thin dielectric film is the $\sqrt{d}$ scaling with the metallic-film thickness, as opposed to the linear scaling in the dielectric case.

The far-field case of a metallic film is fairly easy, by comparison. Again, the conductivity leads to a dc pole in $\epsilon(\omega)$, which dominates the far-field response. Thus, in the far-field limit of a metallic film, the Casimir-Polder potential is given by the usual perfect-conductor expression (14.203):

$$
\begin{equation*}
V_{\mathrm{CP}}=-\frac{3 \hbar c \alpha_{0}}{32 \pi^{2} \epsilon_{0} z^{4}} \tag{14.230}
\end{equation*}
$$

(metallic thin film, far field)
Physically, this is because as the relevant frequencies decrease to zero, so does the depth of penetration of the field modes into the film, and so the thinness of the film becomes irrelevant.

### 14.3.6 Perfectly Conducting, Spherical Cavity

A geometrically more challenging example of the Casimir-Polder potential is the potential felt by an atom within a metallic, spherical cavity. For simplicity we consider only the limit of perfect conductivity. Inside the spherical cavity, we can use the mode-expansion formula (14.157) for the Green tensor and the appropriate mode functions from Section (8.4.4) to obtain the Green tensor

$$
\begin{equation*}
\operatorname{Re}\left[G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)\right]=\frac{1}{\epsilon_{0}} \sum_{n l m} \frac{\omega_{n l}^{2}}{\omega_{n l}^{2}-\omega^{2}} f_{n l m, \alpha}^{(\mathrm{TE})}(\mathbf{r}) f_{n l m, \beta}^{(\mathrm{TE}) *}\left(\mathbf{r}^{\prime}\right)+\frac{1}{\epsilon_{0}} \sum_{n l m} \frac{\omega_{n l}^{2}}{\omega_{n l}^{2}-\omega^{2}} f_{n l m, \alpha}^{(\mathrm{TM})}(\mathbf{r}) f_{n l m, \beta}^{(\mathrm{TM}) *}\left(\mathbf{r}^{\prime}\right), \tag{14.231}
\end{equation*}
$$

(spherical-cavity Green tensor)
where the TE and TM modes are given from Eqs. (8.111) and (8.118) in terms of spherical Bessel functions and vector spherical harmonics by

$$
\begin{array}{ll}
\mathbf{f}_{n l m}^{(\mathrm{TE})}(\mathbf{r})=\mathcal{N}_{n l}^{(\mathrm{TE})} j_{l}\left(k_{n l} r\right) \mathbf{X}_{l}^{m}(\theta, \phi) & \text { where } j_{l}\left(k_{n l} R\right)=0, \\
\mathbf{f}_{n l m}^{(\mathrm{TM})}(\mathbf{r})=\frac{\mathcal{N}_{n l}^{(\mathrm{TM})}}{k_{n l}} \nabla \times\left[j_{l}\left(k_{n l} r\right) \mathbf{X}_{l}^{m}(\theta, \phi)\right], & \text { where }\left.\partial_{r}\left[r j_{l}\left(k_{n l} r\right)\right]\right|_{r=R}=0, \tag{14.232}
\end{array}
$$

with normalization factors

$$
\begin{align*}
& \mathcal{N}_{n l}^{(\mathrm{TE})}=\left[\frac{R^{3}}{2} j_{l+1}^{2}\left(k_{n l} R\right)\right]^{-1 / 2}  \tag{14.233}\\
& \mathcal{N}_{n l}^{(\mathrm{TM})}=\left[\frac{R^{3}}{2}\left(1-\frac{l(l+1)}{k_{n l}^{2} R^{2}}\right) j_{l}^{2}\left(k_{n l} R\right)\right]^{-1 / 2}
\end{align*}
$$

(normalization factors)

However, this calculation in the spherical-cavity case turns out to miss a singular term $-\delta_{\alpha \beta} \delta^{3}\left(\mathbf{r}-\mathbf{r}^{\prime}\right) / \epsilon_{0} .{ }^{17}$ However, this doesn't matter for the Casimir-Polder-type calculations below, since it corresponds to a term independent of the size of the cavity, which thus disappears after renormalization, as discussed below.

In fact, for Casimir-Polder-type calculations, what we will need is the Green tensor evalutated at $\mathbf{r}^{\prime}=\mathbf{r}$ and $\omega=i s$. Also, for spherically symmetric atoms we only need the trace of the Green tensor. For example, for the spherical cavity we thus need

$$
\begin{equation*}
G_{\alpha \alpha}(\mathbf{r}, \mathbf{r}, i s)=\frac{1}{\epsilon_{0}} \sum_{n l m} \frac{\omega_{n l}^{2}}{\omega_{n l}^{2}+s^{2}}\left|\mathbf{f}_{n l m}^{(\mathrm{TE})}(\mathbf{r})\right|^{2}+\frac{1}{\epsilon_{0}} \sum_{n l m} \frac{\omega_{n l}^{2}}{\omega_{n l}^{2}+s^{2}}\left|\mathbf{f}_{n l m}^{(\mathrm{TM})}(\mathbf{r})\right|^{2} \tag{14.234}
\end{equation*}
$$

We then write out the TE and TM squared modes using Eqs. (8.124), (8.124), and (8.108) as

$$
\begin{align*}
\left|\mathbf{f}_{n l m}^{(\mathrm{TE})}(\mathbf{r})\right|^{2} & =\left[\mathcal{N}_{n l}^{(\mathrm{TE})}\right]^{2} j_{l}^{2}\left(k_{n l} r\right)\left|\mathbf{X}_{l}^{m}(\theta, \phi)\right|^{2} \\
\left|\mathbf{f}_{n l m}^{(\mathrm{TM})}(\mathbf{r})\right|^{2} & =\left[\mathcal{N}_{n l}^{(\mathrm{TM})}\right]^{2}\left[l(l+1)\left(\frac{j_{l}\left(k_{n l} r\right)}{k r}\right)^{2}\left|Y_{l}^{m}(\theta, \phi)\right|^{2}+\left(\frac{\partial_{r}\left[r j_{l}\left(k_{n l} r\right)\right]}{k r}\right)^{2}\left|\mathbf{X}_{l}^{m}(\theta, \phi)\right|^{2}\right] . \tag{14.235}
\end{align*}
$$

Now employing the sum rules (8.88) and (8.110) for the scalar and vector spherical harmonics, we can compute the sum over $m$ as

$$
\begin{align*}
\sum_{m=-l}^{l}\left|\mathbf{f}_{n l m}^{(\mathrm{TE})}(\mathbf{r})\right|^{2} & =\frac{(2 l+1)}{4 \pi}\left[\mathcal{N}_{n l}^{(\mathrm{TE})}\right]^{2} j_{l}^{2}\left(k_{n l} r\right) \\
\sum_{m=-l}^{l}\left|\mathbf{f}_{n l m}^{(\mathrm{TM})}(\mathbf{r})\right|^{2} & =\frac{(2 l+1)}{4 \pi}\left[\mathcal{N}_{n l}^{(\mathrm{TM})}\right]^{2}\left[l(l+1)\left(\frac{j_{l}\left(k_{n l} r\right)}{k r}\right)^{2}+\left(\frac{\partial_{r}\left[r j_{l}\left(k_{n l} r\right)\right]}{k r}\right)^{2}\right] \tag{14.236}
\end{align*}
$$

and so the Green tensor finally becomes

$$
\begin{align*}
G_{\alpha \alpha}(\mathbf{r}, \mathbf{r}, i s)=\frac{1}{4 \pi \epsilon_{0}}\{ & \sum_{n l} \frac{\omega_{n l}^{2}}{\omega_{n l}^{2}+s^{2}}(2 l+1)\left[\mathcal{N}_{n l}^{(\mathrm{TE})}\right]^{2} j_{l}^{2}\left(k_{n l} r\right) \\
& \left.+\sum_{n l} \frac{\omega_{n l}^{2}}{\omega_{n l}^{2}+s^{2}}(2 l+1)\left[\mathcal{N}_{n l}^{(\mathrm{TM})}\right]^{2}\left[l(l+1)\left(\frac{j_{l}\left(k_{n l} r\right)}{k r}\right)^{2}+\left(\frac{\partial_{r}\left[r j_{l}\left(k_{n l} r\right)\right]}{k r}\right)^{2}\right]\right\} . \tag{14.237}
\end{align*}
$$

Recall the two summations are different the first referring to TE-mode boundary conditions, while the second refers to TM modes. The remaining sums are more cumbersome, and can be carried out numerically or by using simpler but approximate asymptotic forms.

To compute the potential, we will assume a spherically symmetric atom and use the KramersHeisenberg formula (14.248) and the scalar form of the polarizability $\alpha_{\mu \nu}(\omega)=\delta_{\mu \nu} \alpha(\omega)$, where

$$
\begin{equation*}
\alpha(\omega)=\sum_{j} \frac{2 \omega_{j 0} d_{j, z}^{2}}{\hbar\left(\omega_{j 0}^{2}-\omega^{2}\right)} \tag{14.238}
\end{equation*}
$$

[^209]where we use the shorthand $d_{j, z}:=\langle\mathrm{g}| d_{\mu}\left|\mathrm{e}_{j}\right\rangle$ for the dipole matrix elements. Now using Eq. (14.158), we can write
\[

$$
\begin{align*}
& V_{\mathrm{CP}}=-\frac{\hbar}{2 \pi} \int_{0}^{\infty} d s \alpha(i s) G_{\mu \mu}(\mathbf{r}, \mathbf{r}, i s) \\
&=-\frac{1}{\pi\left(4 \pi \epsilon_{0}\right)} \sum_{j} d_{j, z}^{2} \int_{0}^{\infty} d s \frac{\omega_{j 0}}{\omega_{j 0}^{2}+s^{2}}\left\{\sum_{n l} \frac{\omega_{n l}^{2}}{\omega_{n l}^{2}+s^{2}}(2 l+1)\left[\mathcal{N}_{n l}^{(\mathrm{TE})}\right]^{2} j_{l}^{2}\left(k_{n l} r\right)\right. \\
&\left.+\sum_{n l} \frac{\omega_{n l}^{2}}{\omega_{n l}^{2}+s^{2}}(2 l+1)\left[\mathcal{N}_{n l}^{(\mathrm{TM})}\right]^{2}\left[l(l+1)\left(\frac{j_{l}\left(k_{n l} r\right)}{k r}\right)^{2}+\left(\frac{\partial_{r}\left[r j_{l}\left(k_{n l} r\right)\right]}{k r}\right)^{2}\right]\right\} . \tag{14.239}
\end{align*}
$$
\]

Again using the formula (14.160) to carry out the imaginary-frequency integral,

$$
\begin{aligned}
V_{\mathrm{CP}}=-\frac{1}{2\left(4 \pi \epsilon_{0}\right)} \sum_{j} d_{j, z}^{2}\{ & \sum_{n l} \frac{\omega_{n l}}{\omega_{n l}+\omega_{j 0}}(2 l+1)\left[\mathcal{N}_{n l}^{(\mathrm{TE})}\right]^{2} j_{l}^{2}\left(k_{n l} r\right) \\
& \left.+\sum_{n l} \frac{\omega_{n l}}{\omega_{n l}+\omega_{j 0}}(2 l+1)\left[\mathcal{N}_{n l}^{(\mathrm{TM})}\right]^{2}\left[l(l+1)\left(\frac{j_{l}\left(k_{n l} r\right)}{k r}\right)^{2}+\left(\frac{\partial_{r}\left[r j_{l}\left(k_{n l} r\right)\right]}{k r}\right)^{2}\right]\right\}
\end{aligned}
$$

(Casimir-Polder potential, spherical cavity) (14.240)
In general, this sum must be performed numerically to obtain an answer. Furthermore, this expression is divergent; it must still be renormalized by subtracting off the same expression, but in the limit $R \longrightarrow \infty$. However, the potential turns out again to be negative and divergent as the atom nears the cavity surface, while the potential becomes weakest at the center of the sphere. ${ }^{18}$

### 14.3.7 Ground-State Atom-Atom Potentials

This formalism can handle not only the interaction of atoms with macroscopic bodies, but also with other atoms. To see this, we will consider the vacuum atom-atom interaction potential in otherwise free space. We suppose the atoms to have polarizability tensors $\alpha_{\mu \nu}^{(1)}$ and $\alpha_{\mu \nu}^{(2)}$, and without loss of generality we may assume them to be separated along the $z$ axis at a distance $r$. From Eq. (14.162), we may write the interaction potential from the point of view of the first atom as

$$
\begin{equation*}
V_{12}(\mathbf{r})=-\frac{\hbar}{2 \pi} \int_{0}^{\infty} d s \alpha_{\mu \nu}^{(1)}(i s) G_{\nu \mu}^{(\mathrm{s})}(0,0, i s) \tag{14.241}
\end{equation*}
$$

in terms of the scattering Green tensor describing the influence of the second atom, assuming atom 1 to be located at the origin.

To compute the Green tensor, we begin with the free-space Green tensor in the form of Eq. (14.49):

$$
\begin{equation*}
G_{\alpha \beta}^{(0)}(\mathbf{r}, 0, \omega)=\frac{1}{4 \pi \epsilon_{0}}\left(\partial_{\alpha} \partial_{\beta}-\delta_{\alpha \beta} \nabla^{2}\right) \frac{e^{i k r}}{r}-\frac{1}{\epsilon_{0}} \delta_{\alpha \beta} \delta^{3}(\mathbf{r}) . \tag{14.242}
\end{equation*}
$$

For our purposes, this will describe the electric field at atom 2 due to a unit dipole at the origin (i.e., atom 1). Since we will assume a nonzero separation between the two atoms, we will henceforth drop the last (contact) term in this Green tensor.

Atom 2 then responds to this field according to its polarizability, producing a dipole moment given by $\alpha_{\mu \gamma}^{(2)}(\omega) G_{\gamma \nu}^{(0)}(\mathbf{r}, 0, \omega)$. Another multiplication with the free-space Green tensor gives the field back at atom 1 , and thus we may write the scattering Green tensor as

$$
\begin{equation*}
G_{\nu \mu}^{(\mathrm{s})}(0,0, \omega)=G_{\nu \gamma}^{(0)}(0, \mathbf{r}, \omega) \alpha_{\gamma \beta}^{(2)}(\omega) G_{\beta \mu}^{(0)}(\mathbf{r}, 0, \omega) \tag{14.243}
\end{equation*}
$$

[^210]Thus, the interaction potential is

$$
\begin{equation*}
V_{12}(\mathbf{r})=-\frac{\hbar}{2 \pi} \int_{0}^{\infty} d s \alpha_{\mu \nu}^{(1)}(i s) G_{\nu \gamma}^{(0)}(0, \mathbf{r}, i s) \alpha_{\gamma \beta}^{(2)}(i s) G_{\beta \mu}^{(0)}(\mathbf{r}, 0, i s) \tag{14.244}
\end{equation*}
$$

and putting in the form (14.242) for the free-space Green tensor, we find the resulting expression

$$
\begin{equation*}
V_{12}(\mathbf{r})=-\frac{\hbar}{2 \pi\left(4 \pi \epsilon_{0}\right)^{2}} \int_{0}^{\infty} d s \alpha_{\mu \nu}^{(1)}(i s) \alpha_{\gamma \beta}^{(2)}(i s)\left[\left(\partial_{\nu} \partial_{\gamma}-\delta_{\nu \gamma} \nabla^{2}\right) \frac{e^{-s r / c}}{r}\right]\left[\left(\partial_{\beta} \partial_{\mu}-\delta_{\beta \mu} \nabla^{2}\right) \frac{e^{-s r / c}}{r}\right] \tag{14.245}
\end{equation*}
$$

(atom-atom potential)
for the atom-atom potential.

### 14.3.7.1 Near-Field van der Waals-London Potential

If we consider this potential in the near field, we can set $e^{-s r / c} \approx 1$, so that

$$
\begin{equation*}
\left(\partial_{\alpha} \partial_{\beta}-\delta_{\alpha \beta} \nabla^{2}\right) \frac{e^{-s r / c}}{r} \approx\left(\partial_{\alpha} \partial_{\beta}-\delta_{\alpha \beta} \nabla^{2}\right) \frac{1}{r}=-\partial_{\alpha} \frac{r_{\beta}}{r^{3}}+4 \pi \delta^{3}(\mathbf{r}) \delta_{\alpha \beta}=\frac{3 r_{\alpha} r_{\beta}}{r^{5}}-\frac{\delta_{\alpha \beta}}{r^{3}}+4 \pi \delta^{3}(\mathbf{r}) \delta_{\alpha \beta} \tag{14.246}
\end{equation*}
$$

Dropping the contact term in this result, the near-field potential becomes

$$
\begin{equation*}
V_{12}(\mathbf{r})=-\frac{\hbar}{2 \pi\left(4 \pi \epsilon_{0}\right)^{2}}\left(\frac{\delta_{\nu \gamma}}{r^{3}}-\frac{3 r_{\nu} r_{\gamma}}{r^{5}}\right)\left(\frac{\delta_{\beta \mu}}{r^{3}}-\frac{3 r_{\beta} r_{\mu}}{r^{5}}\right) \int_{0}^{\infty} d s \alpha_{\mu \nu}^{(1)}(i s) \alpha_{\gamma \beta}^{(2)}(i s) \tag{14.247}
\end{equation*}
$$

and then using the Kramers-Heisenberg formula (14.145),

$$
\begin{equation*}
\alpha_{\mu \nu}(\omega)=\sum_{j} \frac{2 \omega_{j 0}\langle\mathrm{~g}| d_{\mu}\left|\mathrm{e}_{j}\right\rangle\left\langle\mathrm{e}_{j}\right| d_{\nu}|\mathrm{g}\rangle}{\hbar\left(\omega_{j 0}^{2}-\omega^{2}\right)} \tag{14.248}
\end{equation*}
$$

we may write the near-field potential as

$$
\begin{equation*}
V_{12}(\mathbf{r})=-\frac{2}{\pi\left(4 \pi \epsilon_{0}\right)^{2} \hbar} \sum_{j, j^{\prime}}\left|\frac{\mathbf{d}_{j}^{(1)} \cdot \mathbf{d}_{j^{\prime}}^{(2) *}}{r^{3}}-\frac{3\left(\mathbf{d}_{j}^{(1)} \cdot \mathbf{r}\right)\left(\mathbf{d}_{j^{\prime}}^{(2) *} \cdot \mathbf{r}\right)}{r^{5}}\right|^{2} \int_{0}^{\infty} d s \frac{\omega_{j 0} \omega_{j^{\prime} 0}}{\left(\omega_{j 0}^{2}+s^{2}\right)\left(\omega_{j^{\prime} 0}^{2}+s^{2}\right)} \tag{14.249}
\end{equation*}
$$

where $\mathbf{d}_{j}:=\langle\mathrm{g}| \mathbf{d}\left|\mathrm{e}_{j}\right\rangle$. Now using the integral formula (14.160), we can evaluate the integral, with the result

$$
\begin{equation*}
V_{12}(\mathbf{r})=-\frac{1}{\left(4 \pi \epsilon_{0}\right)^{2} r^{6}} \sum_{j, j^{\prime}} \frac{\left|\mathbf{d}_{j}^{(1)} \cdot \mathbf{d}_{j^{\prime}}^{(2) *}-3\left(\mathbf{d}_{j}^{(1)} \cdot \hat{r}\right)\left(\mathbf{d}_{j^{\prime}}^{(2) *} \cdot \hat{r}\right)\right|^{2}}{\hbar\left(\omega_{j 0}+\omega_{j^{\prime} 0}\right)} \tag{14.250}
\end{equation*}
$$

(near-field van der Waals-London potential)
that the near-field potential scales at $r^{-6}$. Comparing this to the classical interaction energy between two dipoles,

$$
\begin{equation*}
V_{\mathrm{dip}}=\frac{\mathbf{d}_{1} \cdot \mathbf{d}_{2}-3\left(\hat{r} \cdot \mathbf{d}_{1}\right)\left(\hat{r} \cdot \mathbf{d}_{2}\right)}{\left(4 \pi \epsilon_{0}\right) r^{3}} \tag{14.251}
\end{equation*}
$$

we see a similar dependence on the dipole, but the present interaction behaves more like $V_{\text {dip }}^{2}$. This is because the ground-state interaction is an interaction of atom 1 with the dipole of atom 2 induced by atom 1's ground-state fluctuations. Hence, the much weaker interaction at long ranges. In the simpler case of identical, isotropic atoms, where the dipole matrix elements are independent of direction, the result (14.250) becomes

$$
\begin{equation*}
V_{12}(\mathbf{r})=-\frac{1}{\left(4 \pi \epsilon_{0}\right)^{2} r^{6}} \sum_{j, j^{\prime}} \frac{\left|d_{z, j}\right|^{2}\left|d_{z, j^{\prime}}\right|^{2}}{\hbar\left(\omega_{j 0}+\omega_{j^{\prime} 0}\right)}\left(\delta_{\mu \nu}-3 \hat{r}_{\mu} \hat{r}_{\nu}\right)\left(\delta_{\nu \mu}-3 \hat{r}_{\nu} \hat{r}_{\mu}\right)=-\frac{6}{\left(4 \pi \epsilon_{0}\right)^{2} r^{6}} \sum_{j, j^{\prime}} \frac{\left|d_{z, j}\right|^{2}\left|d_{z, j^{\prime}}\right|^{2}}{\hbar\left(\omega_{j 0}+\omega_{j^{\prime} 0}\right)} \tag{14.252}
\end{equation*}
$$

where as usual $d_{z, j} \equiv \hat{z} \cdot \mathbf{d}_{j}$. If we assume that only one transition makes the dominant contribution to the force, then we can make a two-level-atom approximation and write the potential as ${ }^{19}$

$$
\begin{equation*}
V_{12}(\mathbf{r})=-\frac{3\left|d_{z}\right|^{4}}{\left(4 \pi \epsilon_{0}\right)^{2} \hbar \omega_{0} r^{6}}=-\frac{3 \hbar \omega_{0} \alpha_{0}^{2}}{\left(4 \pi \epsilon_{0}\right)^{2} 4 r^{6}} \tag{14.253}
\end{equation*}
$$

(near-field van der Waals-London potential, identical two-level atoms)
where the two-level static polarizability is $\alpha_{0}=2 d_{z}^{2} / \hbar \omega_{0}$.
Note that at very close separations, the dipole approximation breaks down, and the atoms should repel due to the overlap of their electron clouds. This is commonly modeled by the Lennard-Jones potential, ${ }^{20}$ which is literally a kludge of adding a repulsive $r^{-12}$ term (or some other high-order power, but $r^{-12}$ is most common) to the $r^{-6}$ van der Waals-London potential to model the repulsion.

### 14.3.7.2 Far-Field Potential

The atom-atom potential is also simple in the far-field regime where retardation effects are important. As for the atom-mirror interaction, the exponential factors in (14.245) indicate that only modes with small frequencies contribute to the potential at large separations. Thus, we may replace the atomic polarizabilities with their dc values and pull them out of the integral:

$$
\begin{equation*}
V_{12}(\mathbf{r})=-\frac{\hbar \alpha_{\mu \nu}^{(1)}(0) \alpha_{\gamma \beta}^{(2)}(0)}{2 \pi\left(4 \pi \epsilon_{0}\right)^{2}} \int_{0}^{\infty} d s\left[\left(\partial_{\nu} \partial_{\gamma}-\delta_{\nu \gamma} \nabla^{2}\right) \frac{e^{-s r / c}}{r}\right]\left[\left(\partial_{\beta} \partial_{\mu}-\delta_{\beta \mu} \nabla^{2}\right) \frac{e^{-s r / c}}{r}\right] \tag{14.254}
\end{equation*}
$$

Then we can evaluate the integral, with the result

$$
\begin{equation*}
V_{12}(\mathbf{r})=-\left.\frac{\hbar c \alpha_{\mu \nu}^{(1)}(0) \alpha_{\gamma \beta}^{(2)}(0)}{2 \pi\left(4 \pi \epsilon_{0}\right)^{2}}\left(\partial_{\nu} \partial_{\gamma}-\delta_{\nu \gamma} \nabla^{2}\right)\left(\partial_{\beta}^{\prime} \partial_{\mu}^{\prime}-\delta_{\beta \mu} \nabla^{\prime 2}\right) \frac{1}{r r^{\prime}\left(r+r^{\prime}\right)}\right|_{r^{\prime}=r} \tag{14.255}
\end{equation*}
$$

where the normal derivatives act on $r$ only, the primed derivatives act on $r^{\prime}$ only, and $r^{\prime}$ is set to $r$ after the derivatives are evaluated. To continue, we specialize to the case of scalar polarizabilities, $\alpha_{\mu \nu}=\alpha \delta_{\mu \nu}$, so that

$$
\begin{align*}
V_{12}(\mathbf{r}) & =-\left.\frac{\hbar c \alpha_{0}^{(1)} \alpha_{0}^{(2)}}{2 \pi\left(4 \pi \epsilon_{0}\right)^{2}}\left(\partial_{\mu} \partial_{\nu}-\delta_{\mu \nu} \nabla^{2}\right)\left(\partial_{\nu}^{\prime} \partial_{\mu}^{\prime}-\delta_{\nu \mu} \nabla^{\prime 2}\right) \frac{1}{r r^{\prime}\left(r+r^{\prime}\right)}\right|_{r^{\prime}=r}  \tag{14.256}\\
& =-\left.\frac{\hbar c \alpha_{0}^{(1)} \alpha_{0}^{(2)}}{2 \pi\left(4 \pi \epsilon_{0}\right)^{2}}\left(\partial_{\mu} \partial_{\mu}^{\prime} \partial_{\nu} \partial_{\nu}^{\prime}+\nabla^{2} \nabla^{\prime 2}\right) \frac{1}{r r^{\prime}\left(r+r^{\prime}\right)}\right|_{r^{\prime}=r}
\end{align*}
$$

The derivatives are cumbersome but easy to carry out with the help of a computer, with the result ${ }^{21}$

$$
V_{12}(\mathbf{r})=-\frac{23 \hbar c \alpha_{0}^{(1)} \alpha_{0}^{(2)}}{\left(4 \pi \epsilon_{0}\right)^{2} 4 \pi r^{7}}
$$

(retarded atom-atom potential, spherically symmetric atoms) (14.257)
Thus, in the far field, where retardation is important, the atom-atom potential scales as $r^{-7}$, compared to the near-field $r^{-6}$ dependence. This is similar to the case of an atom near a planar mirror, where retardation caused the near-field power-law dependence to gain an extra power (there, from $r^{-3}$ to $r^{-4}$ ).

[^211]
### 14.3.7.3 General Form for Scalar Polarizabilities

To evaluate the atom-atom interaction potential more generally, we can write out Eq. (14.245) in the case of scalar polarizabilities,

$$
\begin{align*}
V_{12}(\mathbf{r}) & =-\frac{\hbar}{2 \pi\left(4 \pi \epsilon_{0}\right)^{2}}\left[\left(\partial_{\mu} \partial_{\mu}^{\prime} \partial_{\nu} \partial_{\nu}^{\prime}+\nabla^{2} \nabla^{\prime 2}\right) \frac{1}{r r^{\prime}} \int_{0}^{\infty} d s \alpha^{(1)}(i s) \alpha^{(2)}(i s) e^{-s\left(r+r^{\prime}\right) / c}\right]_{r^{\prime}=r} \\
& =-\frac{2}{9 \pi \hbar\left(4 \pi \epsilon_{0}\right)^{2}} \sum_{j j^{\prime}}\left|d_{j}^{(1)} d_{j^{\prime}}^{(2)}\right|^{2} \omega_{j 0} \omega_{j^{\prime} 0}\left[\left(\partial_{\mu} \partial_{\mu}^{\prime} \partial_{\nu} \partial_{\nu}^{\prime}+\nabla^{2} \nabla^{\prime 2}\right) \frac{1}{r r^{\prime}} \int_{0}^{\infty} d s \frac{e^{-s\left(r+r^{\prime}\right) / c}}{\left(s^{2}+\omega_{j 0}^{2}\right)\left(s^{2}+\omega_{j^{\prime} 0}^{2}\right)}\right]_{r^{\prime}=r} \tag{14.258}
\end{align*}
$$

where $d_{j}=\langle\mathrm{g}| d\left|\mathrm{e}_{j}\right\rangle=\sqrt{3}\langle\mathrm{~g}| d_{z}\left|\mathrm{e}_{j}\right\rangle$. Thus, we need to evaluate an integral of the form

$$
\begin{align*}
I\left(\omega, \omega^{\prime}\right) & =\int_{0}^{\infty} d s \frac{e^{-s\left(r+r^{\prime}\right) / c}}{\left(s^{2}+\omega^{2}\right)\left(s^{2}+\omega^{\prime 2}\right)} \\
& =\frac{1}{\omega^{2}-\omega^{\prime 2}} \int_{0}^{\infty} d s\left[\frac{1}{s^{2}+\omega^{\prime 2}}-\frac{1}{s^{2}+\omega^{2}}\right] e^{-s\left(r+r^{\prime}\right) / c}  \tag{14.259}\\
& =\frac{\omega f\left[k^{\prime}\left(r+r^{\prime}\right)\right]-\omega^{\prime} f\left[k\left(r+r^{\prime}\right)\right]}{\omega \omega^{\prime}\left(\omega^{2}-\omega^{\prime 2}\right)}
\end{align*}
$$

where $k=\omega / c, k^{\prime}=\omega^{\prime} / c$, and we have used the integral formula (Problem 13.1) ${ }^{22}$

$$
\begin{equation*}
\int_{0}^{\infty} d x \frac{e^{-\mu x}}{\beta^{2}+x^{2}}=\frac{f(\beta \mu)}{\beta} \quad(\operatorname{Re}[\beta]>0, \operatorname{Re}[\mu]>0) \tag{14.260}
\end{equation*}
$$

and $f(z)$ is an auxiliary function to the sine and cosine integrals [see Eq. (13.26)]. Note that $I\left(\omega, \omega^{\prime}\right)$ has a removable singularity at $\omega=\omega^{\prime}$, so that we may write

$$
\begin{equation*}
I(\omega, \omega)=\frac{f\left[k\left(r+r^{\prime}\right)\right]+k\left(r+r^{\prime}\right) g\left[k\left(r+r^{\prime}\right)\right]}{2 \omega^{3}} \tag{14.261}
\end{equation*}
$$

Thus, the atom-atom potential finally becomes

$$
\begin{equation*}
V_{12}(\mathbf{r})=-\frac{2}{9 \pi \hbar\left(4 \pi \epsilon_{0}\right)^{2}} \sum_{j j^{\prime}}\left|d_{j}^{(1)} d_{j^{\prime}}^{(2)}\right|^{2} \omega_{j 0} \omega_{j^{\prime} 0}\left[\left(\partial_{\mu} \partial_{\mu}^{\prime} \partial_{\nu} \partial_{\nu}^{\prime}+\nabla^{2} \nabla^{\prime 2}\right) \frac{1}{r r^{\prime}} I\left(\omega_{j 0}, \omega_{j^{\prime} 0}\right)\right]_{r^{\prime}=r} \tag{14.262}
\end{equation*}
$$

(scalar, ground-state atom-atom potential)
In principle we have obtained the full potential, in terms of analytic functions and derivatives. The derivatives are unfortunately cumbersome. However, we can see that we recover our former results. For example, in the far field, we can use the large- $z$ forms $f(z) \sim 1 / z$ and $g(z) \sim 1 / z^{2}$ so that

$$
\begin{equation*}
I(\omega, \omega)=\frac{c}{\omega^{4}\left(r+r^{\prime}\right)} \tag{14.263}
\end{equation*}
$$

Using this result and restricting to a single, dominant resonance while using $\alpha_{0}=2 d^{2} / 3 \hbar \omega_{0}$, we recover the far-field result in the form (14.256) from the general form (14.262). For small separations, we can set $r=r^{\prime}=0$ in Eq. (14.259) and use $f(0)=\pi / 2$ to obtain

$$
\begin{equation*}
I\left(\omega, \omega^{\prime}\right)=\frac{\pi}{2 \omega \omega^{\prime}\left(\omega+\omega^{\prime}\right)} \tag{14.264}
\end{equation*}
$$

Putting this into Eq. (14.262), we recover the near-field result (14.252) by evaluating the derivatives in the same way as before in the near-field case.

[^212]
### 14.3.8 Temperature Dependence

In our treatment above, we have computed energy expectation values always respect to the ground/vacuum state of the combined atom/field system. However, we can also extend this formalism to cover other states, in particular thermal states

$$
\begin{equation*}
\rho=\sum_{n} P(n)|n\rangle\langle n|, \tag{14.265}
\end{equation*}
$$

where the occupation probability of each energy eigenstate $|n\rangle$ is

$$
\begin{equation*}
P(n)=\frac{1}{Z} e^{-E_{n} / k_{\mathrm{B}} T}, \tag{14.266}
\end{equation*}
$$

where

$$
\begin{equation*}
Z:=\sum_{n} e^{-E_{n} / k_{\mathrm{B}} T} \tag{14.267}
\end{equation*}
$$

is the partition function. Of course, we can compute the energy shifts for other states, but the thermal state is a reasonable equilibrium state that accounts to some extent for excited states, and reduces to the vacuum-state results that we have derived above in the limit $T \longrightarrow 0$.

### 14.3.8.1 Fluctuation-Dissipation Relation

To look at the fluctuations of a physical quantity, we can recall as motivation the optical Wiener-Khinchin theorem (Sections 2.2 and 5.7), and then write down the power spectral density as a Fourier transform of a correlation function. Specifically, we will write the two-sided power spectral density for the dipole fluctuations for the system in state $|n\rangle$ in terms of a symmetrized correlation tensor as

$$
\begin{equation*}
\tilde{S}_{\mu \nu}^{(n)}(\omega):=\frac{1}{4 \pi} \int_{-\infty}^{\infty} d \tau e^{i \omega \tau}\langle n|\left[d_{\mu}(0), d_{\nu}(\tau)\right]_{+}|n\rangle, \tag{14.268}
\end{equation*}
$$

and then write the one-sided tensor spectral density as

$$
\begin{equation*}
S_{\mu \nu}^{(n)}(\omega):=\tilde{S}_{\mu \nu}^{(n)}(\omega)+\tilde{S}_{\mu \nu}^{(n)}(-\omega)=\tilde{S}_{\mu \nu}^{(n)}(\omega)+\tilde{S}_{\nu \mu}^{(n)}(\omega) \tag{14.269}
\end{equation*}
$$

We are as usual assuming steady state, so we suppress any explicit dependence on the absolute time $t$. This is somewhat different from the spectrum we have written down before, but it clearly represents some fluctuation at frequency $\omega$, and the sum over all frequencies properly represents the total dipole fluctuation in state $|n\rangle$,

$$
\begin{align*}
\int_{0}^{\infty} d \omega S_{\mu \nu}^{(n)}(\omega) & =\int_{-\infty}^{\infty} d \omega \tilde{S}_{\mu \nu}^{(n)}(\omega) \\
& =\frac{1}{4 \pi} \int_{-\infty}^{\infty} d \tau \int_{-\infty}^{\infty} d \omega e^{i \omega \tau}\langle n|\left[d_{\mu}(0), d_{\nu}(\tau)\right]_{+}|n\rangle  \tag{14.270}\\
& =\frac{1}{2} \int_{-\infty}^{\infty} d \tau \delta(\tau)\langle n|\left[d_{\mu}(0), d_{\nu}(\tau)\right]_{+}|n\rangle \\
& =\frac{1}{2}\langle n|\left[d_{\mu}, d_{\nu}\right]_{+}|n\rangle=\langle n| d_{\mu} d_{\nu}|n\rangle
\end{align*}
$$

where in the second step we used the fact that the correlation function is an even function of $\tau$, if we assume the power spectral density $S_{\mu \nu}^{(n)}(\omega)$ to be symmetric. In particular, the trace of this relation is mostly what we would associate with the total fluctuations,

$$
\begin{equation*}
\int_{0}^{\infty} d \omega S_{\mu \mu}^{(n)}(\omega)=\langle n| d^{2}|n\rangle \tag{14.271}
\end{equation*}
$$

(with the usual implied summation). Technically speaking, the diagonal elements of the spectral tensor represent the fluctuations, while the off-diagonal elements represent correlations (covariances) between fluctuations of different dipole-operator components.

Now our goal will be to relate these fluctuations to the dissipation (absorption) in the system. We will start by rewriting the spectral (fluctuation) tensor as

$$
\begin{align*}
2 \tilde{S}_{\mu \nu}^{(n)}(\omega) & =\frac{1}{2 \pi} \int_{-\infty}^{\infty} d \tau e^{i \omega \tau}\langle n|\left[d_{\mu}(0) d_{\nu}(\tau)+d_{\nu}(\tau) d_{\mu}(0)\right]|n\rangle \\
& =\frac{1}{2 \pi} \sum_{j} \int_{-\infty}^{\infty} d \tau e^{i \omega \tau}\left[\langle n| d_{\mu}(0)|j\rangle\langle j| d_{\nu}(\tau)|n\rangle+\langle n| d_{\nu}(\tau)|j\rangle\langle j| d_{\mu}(0)|n\rangle\right] \\
& =\frac{1}{2 \pi} \sum_{j} \int_{-\infty}^{\infty} d \tau e^{i \omega \tau}\left[\langle n| d_{\mu}(0)|j\rangle\langle j| d_{\nu}(0)|n\rangle e^{i \omega_{j n} \tau}+\langle n| d_{\nu}(0)|j\rangle\langle j| d_{\mu}(0)|n\rangle e^{i \omega_{n j} \tau}\right]  \tag{14.272}\\
& =\sum_{j}\left[\langle n| d_{\mu}|j\rangle\langle j| d_{\nu}|n\rangle \delta\left(\omega+\omega_{j n}\right)+\langle n| d_{\nu}|j\rangle\langle j| d_{\mu}|n\rangle \delta\left(\omega+\omega_{n j}\right)\right] \\
& =\sum_{j}\langle n| d_{\mu}|j\rangle\langle j| d_{\nu}|n\rangle\left[\delta\left(\omega+\omega_{j n}\right)+\delta\left(\omega+\omega_{n j}\right)\right] .
\end{align*}
$$

Here, the frequency interval $\omega_{n j}$ is as usual

$$
\begin{equation*}
\omega_{n j}=\frac{E_{n}-E_{j}}{\hbar} \tag{14.273}
\end{equation*}
$$

in terms of the eigenstate energies.
Now we can compute the spectral tensor in the case of a thermal state by summing over all states $|n\rangle$, with each term weighted by the occupation probability (14.266).

$$
\begin{align*}
2 \tilde{S}_{\mu \nu}(\omega) & =\sum_{n j} P(n)\langle n| d_{\mu}|j\rangle\langle j| d_{\nu}|n\rangle\left[\delta\left(\omega+\omega_{j n}\right)+\delta\left(\omega+\omega_{n j}\right)\right] \\
& =\sum_{n j}[P(n)+P(j)]\langle n| d_{\mu}|j\rangle\langle j| d_{\nu}|n\rangle \delta\left(\omega+\omega_{n j}\right)  \tag{14.274}\\
& =\sum_{n j} P(n)\left[1+e^{\hbar \omega_{n j} / k_{\mathrm{B}} T}\right]\langle n| d_{\mu}|j\rangle\langle j| d_{\nu}|n\rangle \delta\left(\omega+\omega_{n j}\right) \\
& \left.=\sum_{n j} P(n)\left[1+e^{-\hbar \omega / k_{\mathrm{B}} T}\right]\langle n| d_{\mu}|j\rangle\langle j| d_{\nu}|n\rangle\right] \delta\left(\omega+\omega_{n j}\right)
\end{align*}
$$

In the second step here we interchanged (relabeled) the summation indices, and in the last step we used the projection property of the delta function.

Now that we have the spectral tensor in this form, we will turn our attention to the dissipation. Recall from Section 14.1.4.1 that the imaginary part of a response function is responsible for the loss or dissipation from energy. This result certainly applies to the polarizability, and we showed explicitly this to be the case in its classical treatment, as in Eq. (1.85). From Eq. (14.151), the imaginary part of the atomic polarizability for an atom in state $|n\rangle$ is

$$
\begin{equation*}
\operatorname{Im}\left[\alpha_{\mu \nu}^{(n)}(\omega)\right]=\frac{\pi}{\hbar} \sum_{j}\langle n| d_{\mu}|j\rangle\langle j| d_{\nu}|n\rangle\left[\delta\left(\omega+\omega_{n j}\right)-\delta\left(\omega+\omega_{j n}\right)\right] \tag{14.275}
\end{equation*}
$$

Similarly averaging this expression over the thermal state (14.265), we find

$$
\begin{align*}
\operatorname{Im}\left[\alpha_{\mu \nu}(\omega)\right] & =\frac{\pi}{\hbar} \sum_{n j} P(n)\langle n| d_{\mu}|j\rangle\langle j| d_{\nu}|n\rangle\left[\delta\left(\omega+\omega_{n j}\right)-\delta\left(\omega+\omega_{j n}\right)\right] \\
& =\frac{\pi}{\hbar} \sum_{n j}[P(n)-P(j)]\langle n| d_{\mu}|j\rangle\langle j| d_{\nu}|n\rangle \delta\left(\omega+\omega_{n j}\right)  \tag{14.276}\\
& =\frac{\pi}{\hbar} \sum_{n j} P(n)\left[1-e^{-\hbar \omega / k_{\mathrm{B}} T}\right]\langle n| d_{\mu}|j\rangle\langle j| d_{\nu}|n\rangle \delta\left(\omega+\omega_{n j}\right) .
\end{align*}
$$

Comparing this result to Eq. (14.274), we can see the similarity and identify

$$
\begin{equation*}
\tilde{S}_{\mu \nu}(\omega)=\frac{\hbar}{2 \pi} \operatorname{Im}\left[\alpha_{\mu \nu}(\omega)\right] \frac{1+e^{-\hbar \omega / k_{\mathrm{B}} T}}{1-e^{-\hbar \omega / k_{\mathrm{B}} T}}=\frac{\hbar}{2 \pi} \operatorname{Im}\left[\alpha_{\mu \nu}(\omega)\right] \operatorname{coth}\left[\frac{\hbar \omega}{2 k_{\mathrm{B}} T}\right] \tag{14.277}
\end{equation*}
$$

(fluctuation-dissipation relation)
This result is known as the fluctuation-dissipation relation, ${ }^{23}$ relating the spectral density $S_{\mu \nu}(\omega)$ of fluctuations at frequency $\omega$ to the dissipation part of the response function $\operatorname{Im}\left[\alpha_{\mu \nu}(\omega)\right]$. Again, summing Eq. (14.268) over all levels,

$$
\begin{equation*}
\tilde{S}_{\mu \nu}(\omega)=\frac{1}{4 \pi} \int_{-\infty}^{\infty} d \tau e^{i \omega \tau}\left\langle\left[d_{\mu}(0), d_{\nu}(\tau)\right]_{+}\right\rangle \tag{14.278}
\end{equation*}
$$

where the expectation value here is again taken with respect to the thermal state at temperature $T$. Note that

$$
\begin{equation*}
\operatorname{coth}\left[\frac{\hbar \omega}{2 k_{\mathrm{B}} T}\right]=\frac{e^{\hbar \omega / k_{\mathrm{B}} T}+1}{e^{\hbar \omega / k_{\mathrm{B}} T}-1}=2\left[\frac{1}{2}+\frac{1}{e^{\hbar \omega / k_{\mathrm{B}} T}-1}\right] \tag{14.279}
\end{equation*}
$$

where the last quantity in brackets represents the mean thermal energy of a quantum harmonic oscillator at frequency $\omega$, in units of $\hbar \omega$-the first term is the zero-point energy, while the second term represents the thermal contribution.

We can invert the Fourier transform in the fluctuation-dissipation relation (14.277) and use Eq. (14.278) to write the fluctuations directly in terms of the dipole autocorrelation function:

$$
\frac{1}{2}\left\langle\left[d_{\mu}(0), d_{\nu}(\tau)\right]_{+}\right\rangle=\frac{\hbar}{2 \pi} \int_{-\infty}^{\infty} d \omega e^{-i \omega \tau} \operatorname{Im}\left[\alpha_{\mu \nu}(\omega)\right] \operatorname{coth}\left[\frac{\hbar \omega}{2 k_{\mathrm{B}} T}\right]
$$

(fluctuation-dissipation relation) (14.280)
Then the covariance matrix for the dipole fluctuations is given by taking $\tau=0$ in this expression, with the result

$$
\left\langle d_{\mu} d_{\nu}\right\rangle=\frac{\hbar}{\pi} \int_{0}^{\infty} d \omega \operatorname{Im}\left[\alpha_{\mu \nu}(\omega)\right] \operatorname{coth}\left[\frac{\hbar \omega}{2 k_{\mathrm{B}} T}\right]
$$

(fluctuation-dissipation relation) (14.281)
As written here, the covariance matrix is obviously symmetric, so we have dropped the anticommutator. Thus, any absorptive character of the atomic dipole necessarily leads to dipole fluctuations. Of course, any dispersion implies some absorption by the Kramers-Kronig relations, so dispersion also implies fluctuations. Note that $\operatorname{coth} x \longrightarrow 1$ as $x \longrightarrow \infty$, so fluctuations persist even as $T \longrightarrow 0$. These zero-temperature fluctuations are obviously quantum-mechanical in nature. However, for high temperatures, we can use $\operatorname{coth} x \longrightarrow 1 / x$ for small $x$ to write

$$
\begin{equation*}
\left\langle d_{\mu} d_{\nu}\right\rangle=\frac{2 k_{\mathrm{B}} T}{\pi} \int_{0}^{\infty} \frac{d \omega}{\omega} \operatorname{Im}\left[\alpha_{\mu \nu}(\omega)\right]=k_{\mathrm{B}} T \operatorname{Re}\left[\alpha_{\mu \nu}(0)\right] \tag{14.282}
\end{equation*}
$$

which no longer involves $\hbar$. (We used the Kramers-Kronig relations (14.89) to evaluate the integral here.) In this case, the quantum fluctuations are negligible compared to the (classical) thermal fluctuations.

Of course, all of these results apply as well to any observable and its linear response function, assuming a linear interaction Hamiltonian. In particular, for the electric field,

$$
\begin{equation*}
\frac{1}{2}\left\langle\left[E_{\mu}(\mathbf{r}, 0), E_{\nu}\left(\mathbf{r}^{\prime}, \tau\right)\right]_{+}\right\rangle=\frac{\hbar}{2 \pi} \int_{-\infty}^{\infty} d \omega e^{-i \omega \tau} \operatorname{Im}\left[G_{\mu \nu}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)\right] \operatorname{coth}\left[\frac{\hbar \omega}{2 k_{\mathrm{B}} T}\right] \tag{14.283}
\end{equation*}
$$

(fluctuation-dissipation relation)
The imaginary part of the Green tensor represents dissipation (material absorption) of the electromagnetic field, which again implies field fluctuations.

[^213]
### 14.3.8.2 Fluctuation-Dissipation Example: Johnson Noise

As a simple example and application of the fluctuation-dissipation relation, we can consider Johnson noise, ${ }^{24}$ the intrinsic noise in a any resistor, independent of the details of its material composition, geometry, and so on. The resistance obviously represents the dissipation, and we will show that it implies fluctuations in the form of voltage noise. We start with an interaction Hamiltonian in the form of (14.101), which will represent the energy of electrons in a resistor:

$$
\begin{equation*}
H_{\mathrm{int}}=V \sum_{j} \frac{q_{j} x_{j}}{L} \tag{14.284}
\end{equation*}
$$

Here, $V$ is the "voltage operator," $L$ is the length of the conduction path of the resistor, and $q_{j}$ and $x_{j}$ are respectively the charge and position of particle $j$. In linear-response theory, the voltage operator will respond to the classical "force"

$$
\begin{equation*}
F(t)=-\sum_{j} \frac{q_{j} x_{j}}{L} \tag{14.285}
\end{equation*}
$$

The current represents the flow of charge as a rate of charge per unit time, and thus

$$
\begin{equation*}
I(t)=-\dot{F}(t)=\sum_{j} \frac{q_{j} \dot{x}_{j}}{L} . \tag{14.286}
\end{equation*}
$$

That is, $\dot{H}_{\text {int }}=V I(t)$ is the power dissipated due to motion of the charges in the resistor, assuming a constant voltage. Expressed as a Fourier transform,

$$
\begin{equation*}
I(\omega)=i \omega F(\omega) \tag{14.287}
\end{equation*}
$$

The Fourier transform of Ohm's law reads

$$
\begin{equation*}
V(\omega)=Z(\omega) I(\omega) \tag{14.288}
\end{equation*}
$$

where $Z(\omega)$ is the frequency-dependent impedance of the resistor. In terms of the "force" function,

$$
\begin{equation*}
V(\omega)=i \omega Z(\omega) F(\omega) \tag{14.289}
\end{equation*}
$$

and thus $i \omega Z(\omega)$ is the generalized susceptibility for the resistor. Now using the fluctuation-dissipation relation in the high-temperature limit (14.282), we can write the variance of the voltage fluctuations as

$$
\begin{equation*}
\left\langle V^{2}\right\rangle=\frac{2 k_{\mathrm{B}} T}{\pi} \int_{0}^{\infty} d \omega \frac{\operatorname{Im}[i \omega Z(\omega)]}{\omega}=\frac{2 k_{\mathrm{B}} T}{\pi} \int_{0}^{\infty} d \omega \operatorname{Re}[Z(\omega)] \tag{14.290}
\end{equation*}
$$

The real part of the impedance is the resistance, and thus ${ }^{25}$

$$
\begin{equation*}
\left\langle V^{2}\right\rangle=\frac{2 k_{\mathrm{B}} T}{\pi} \int_{0}^{\infty} d \omega R(\omega) \tag{14.291}
\end{equation*}
$$

These voltage fluctuations are what are referred to as Johnson noise. The voltage noise is typically measured only over some bandwidth $\Delta \nu$. Changing to a "regular" frequency from the angular frequency,

$$
\begin{equation*}
\left\langle V^{2}\right\rangle=4 k_{\mathrm{B}} T \int_{0}^{\Delta \nu} d \nu R(\nu), \tag{14.292}
\end{equation*}
$$

[^214]and if the resistance is roughly constant over the measurement bandwidth, we arrive at the well-known expression
\[

$$
\begin{equation*}
\left\langle V^{2}\right\rangle=4 R k_{\mathrm{B}} T \Delta \nu \tag{14.293}
\end{equation*}
$$

\]

(Johnson noise, $\Delta \nu$ bandwidth limit)
The noise is proportional to temperature (in the classical limit of high temperature), and has the character of white noise, so long as $R(\omega)$ is constant over the range of the bandwidth limit. For example, at $T=293 \mathrm{~K}$, a $10 \mathrm{k} \Omega$ resistor measured over a 10 kHz bandwidth has an intrinsic, thermal rms voltage noise of $1.2 \mu \mathrm{~V}$. At the same temperature, a $1 \mathrm{M} \Omega$ resistor measured over a 1 MHz bandwidth has an rms voltage noise of 0.12 mV , which is starting to become significant on the scale of laboratory voltages.

If we use the fluctuation-dissipation relation in the more general form (14.281), we similarly find the general result

$$
\begin{equation*}
\left\langle V^{2}\right\rangle=\frac{\hbar}{\pi} \int_{0}^{\infty} d \omega \omega R(\omega) \operatorname{coth}\left[\frac{\hbar \omega}{2 k_{\mathrm{B}} T}\right] \tag{14.294}
\end{equation*}
$$

(Johnson noise, arbitrary $T$ )
If we take the limit of small temperature, we can replace the coth by 1 :

$$
\begin{equation*}
\left\langle V^{2}\right\rangle=\frac{\hbar}{\pi} \int_{0}^{\infty} d \omega \omega R(\omega) \tag{14.295}
\end{equation*}
$$

(Johnson noise, small $T$ )
The same bandwidth limit leads in this case to zero-temperature noise of

$$
\left\langle V^{2}\right\rangle=\frac{\hbar R \Delta \nu^{2}}{4 \pi^{3}}
$$

(Johnson noise, small $T, \Delta \nu$ bandwidth limit) (14.296)
assuming a constant resistance over the bandwidth. Clearly, quantum fluctuations persist even at zero temperature, producing "quantum Johnson noise." ${ }^{26}$

### 14.3.8.3 Temperature-Dependent Shifts

Now on to the level shift. ${ }^{27}$ In the zero-temperature case, we used the second-order perturbation expression

$$
\begin{equation*}
\delta E_{n}=\sum_{j} \frac{\left.\left|\langle n| H_{\mathrm{int}}\right| j\right\rangle\left.\right|^{2}}{E_{n}-E_{j}} \tag{14.297}
\end{equation*}
$$

for the shift of level $|n\rangle$ due to the interaction energy $H_{\mathrm{int}}$, where the indices label combined states of the atom and field. Now, for a thermal state, we must perform the average

$$
\begin{equation*}
\delta E=\sum_{n j} P(n) \frac{\left.\left|\langle n| H_{\mathrm{int}}\right| j\right\rangle\left.\right|^{2}}{E_{n}-E_{j}} \tag{14.298}
\end{equation*}
$$

over the thermal occupation probabilities (14.266) to treat the shift at nonzero temperature. We will now claim that this second-order shift may be written in terms of the correlation function

$$
\begin{equation*}
\delta E=\frac{i}{2 \hbar} \int_{-\infty}^{0} d \tau\left\langle\left[H_{\mathrm{int}}(\tau), H_{\mathrm{int}}(0)\right]\right\rangle \tag{14.299}
\end{equation*}
$$

(perturbative energy shift)
This result is, of course, valid for any stationary state, not just the thermal ones, and gives a nice, representation-independent expression for the shift. Strictly speaking, this result assumes that the perturbation is turned on adiabatically in the distant past, so that we may insert a convergence factor to

[^215]guarantee a sensible result:
\[

$$
\begin{equation*}
\delta E=\lim _{\sigma \rightarrow 0^{+}} \frac{i}{2 \hbar} \int_{-\infty}^{0} d \tau\left\langle\left[H_{\mathrm{int}}(\tau), H_{\mathrm{int}}(0)\right]\right\rangle e^{\sigma \tau} \tag{14.300}
\end{equation*}
$$

\]

To see this, we perform algebraic steps that are similar to what we used for the fluctuation-dissipation relation:

$$
\begin{align*}
\delta E & =\frac{i}{2 \hbar} \sum_{n} P(n) \int_{-\infty}^{0} d \tau\langle n|\left[H_{\mathrm{int}}(\tau), H_{\mathrm{int}}(0)\right]|n\rangle \\
& \left.=\frac{i}{2 \hbar} \sum_{n j} P(n) \int_{-\infty}^{0} d \tau\langle n| H_{\mathrm{int}}(\tau)|j\rangle\langle j| H_{\mathrm{int}}(0)|n\rangle-\langle n| H_{\mathrm{int}}(0)|j\rangle\langle j| H_{\mathrm{int}}(\tau)\right]|n\rangle \\
& \left.=\frac{i}{2 \hbar} \sum_{n j} P(n) \int_{-\infty}^{0} d \tau\left|\langle n| H_{\mathrm{int}}\right| j\right\rangle\left.\right|^{2}\left(e^{i \omega_{n j} \tau}-e^{i \omega_{j n} \tau}\right)  \tag{14.301}\\
& \left.=\frac{i}{2 \hbar} \sum_{n j}[P(n)-P(j)] \int_{-\infty}^{0} d \tau\left|\langle n| H_{\mathrm{int}}\right| j\right\rangle\left.\right|^{2} e^{i \omega_{n j} \tau}
\end{align*}
$$

As we mentioned, we should really have a convergence factor here, so

$$
\begin{align*}
\delta E & \left.=\frac{i}{2 \hbar} \sum_{n j}[P(n)-P(j)] \lim _{\sigma \rightarrow 0^{+}} \int_{-\infty}^{0} d \tau\left|\langle n| H_{\mathrm{int}}\right| j\right\rangle\left.\right|^{2} e^{i \omega_{n j} \tau} e^{\sigma \tau} \\
& =\frac{1}{2 \hbar} \sum_{n j}[P(n)-P(j)] \frac{\left.\left|\langle n| H_{\mathrm{int}}\right| j\right\rangle\left.\right|^{2}}{\omega_{n j}}  \tag{14.302}\\
& =\sum_{n j} P(n) \frac{\left.\left|\langle n| H_{\mathrm{int}}\right| j\right\rangle\left.\right|^{2}}{\hbar \omega_{n j}} .
\end{align*}
$$

This last expression is equivalent to the second-order expression Eq. (14.298).
Now to evaluate the commutator in Eq. (14.299) for the dipole interaction Hamiltonian $H_{\text {int }}=-\mathbf{d} \cdot \mathbf{E}=$ $-d_{\mu} E_{\mu}$. We can then write

$$
\begin{align*}
{\left[H_{\mathrm{int}}(\tau), H_{\mathrm{int}}(0)\right]=} & {\left[d_{\mu}(\tau) E_{\mu}(\tau), d_{\nu}(0) E_{\nu}(0)\right] } \\
= & d_{\mu} E_{\mu} d_{\nu} E_{\nu}-d_{\nu} E_{\nu} d_{\mu} E_{\mu} \\
= & d_{\mu} d_{\nu} E_{\mu} E_{\nu}-d_{\nu} d_{\mu} E_{\nu} E_{\mu} \\
= & \frac{1}{2}\left[\left(d_{\mu} d_{\nu} E_{\mu} E_{\nu}+d_{\mu} d_{\nu} E_{\nu} E_{\mu}-d_{\nu} d_{\mu} E_{\mu} E_{\nu}-d_{\nu} d_{\mu} E_{\nu} E_{\mu}\right)\right.  \tag{14.303}\\
& \left.\quad+\left(d_{\mu} d_{\nu} E_{\mu} E_{\nu}-d_{\mu} d_{\nu} E_{\nu} E_{\mu}+d_{\nu} d_{\mu} E_{\mu} E_{\nu}-d_{\nu} d_{\mu} E_{\nu} E_{\mu}\right)\right] \\
= & \frac{1}{2}\left(\left[d_{\mu}(\tau), d_{\nu}(0)\right]\left[E_{\mu}(\tau), E_{\nu}(0)\right]_{+}+\left[d_{\mu}(\tau), d_{\nu}(0)\right]_{+}\left[E_{\mu}(\tau), E_{\nu}(0)\right]\right)
\end{align*}
$$

where we used the shorthands $d_{\mu} \equiv d_{\mu}(\tau), d_{\nu} \equiv d_{\nu}(0), E_{\mu} \equiv E_{\mu}(\tau)$, and $E_{\nu} \equiv E_{\nu}(0)$, and we have used the fact that under unperturbed evolution, $\mathbf{d}(\tau)$ and $\mathbf{E}\left(\tau^{\prime}\right)$ commute even at different times. We can then take the expectation value of the commutator $\left[H_{\mathrm{int}}(\tau), H_{\mathrm{int}}(0)\right]$ and then use the commutator-correlation-function expressions in the forms of Eqs. (14.124) and (14.129), as well as the fluctuation-dissipation relations in the forms (14.280) and (14.283), to write

$$
\begin{align*}
\left\langle\left[H_{\mathrm{int}}(\tau), H_{\mathrm{int}}(0)\right]\right\rangle & =\frac{1}{2}\left(\left\langle\left[d_{\mu}(\tau), d_{\nu}(0)\right]\right\rangle\left\langle\left[E_{\mu}(\tau), E_{\nu}(0)\right]_{+}\right\rangle+\left\langle\left[d_{\mu}(\tau), d_{\nu}(0)\right]_{+}\right\rangle\left\langle\left[E_{\mu}(\tau), E_{\nu}(0)\right]\right\rangle\right) \\
& =\frac{\hbar^{2}}{2 \pi^{2}} \int_{-\infty}^{\infty} d \omega \int_{-\infty}^{\infty} d \omega^{\prime} \operatorname{Im}\left[\alpha_{\mu \nu}(\omega)\right] \operatorname{Im}\left[G_{\nu \mu}\left(\mathbf{r}, \mathbf{r}, \omega^{\prime}\right)\right]\left\{\operatorname{coth}\left[\frac{\hbar \omega}{2 k_{\mathrm{B}} T}\right]+\operatorname{coth}\left[\frac{\hbar \omega^{\prime}}{2 k_{\mathrm{B}} T}\right]\right\} e^{-i\left(\omega+\omega^{\prime}\right) t} \tag{14.304}
\end{align*}
$$

The energy shift (14.299) represents the finite-temperature version of the Casimir-Polder potential, and thus we can now write

$$
\begin{align*}
V_{\mathrm{CP}} & =\frac{i \hbar}{4 \pi^{2}} \int_{-\infty}^{0} d \tau \int_{-\infty}^{\infty} d \omega \int_{-\infty}^{\infty} d \omega^{\prime} \operatorname{Im}\left[\alpha_{\mu \nu}(\omega)\right] \operatorname{Im}\left[G_{\nu \mu}\left(\mathbf{r}, \mathbf{r}, \omega^{\prime}\right)\right]\left\{\operatorname{coth}\left[\frac{\hbar \omega}{2 k_{\mathrm{B}} T}\right]+\operatorname{coth}\left[\frac{\hbar \omega^{\prime}}{2 k_{\mathrm{B}} T}\right]\right\} e^{-i\left(\omega+\omega^{\prime}\right) \tau} \\
& =-\frac{\hbar}{4 \pi^{2}} \int_{-\infty}^{\infty} d \omega \int_{-\infty}^{\infty} d \omega^{\prime} \frac{\operatorname{Im}\left[\alpha_{\mu \nu}(\omega)\right] \operatorname{Im}\left[G_{\nu \mu}\left(\mathbf{r}, \mathbf{r}, \omega^{\prime}\right)\right]}{\omega+\omega^{\prime}}\left\{\operatorname{coth}\left[\frac{\hbar \omega}{2 k_{\mathrm{B}} T}\right]+\operatorname{coth}\left[\frac{\hbar \omega^{\prime}}{2 k_{\mathrm{B}} T}\right]\right\} \tag{14.305}
\end{align*}
$$

where we implicitly used the usual convergence factor in the time integral. We can then use the KramersKronig relations (14.89) adapted to the dipole and field response functions,

$$
\begin{align*}
\operatorname{Re}\left[\alpha_{\mu \nu}(\omega)\right] & =\frac{1}{\pi} \int_{-\infty}^{\infty} \frac{\operatorname{Im}\left[\alpha_{\mu \nu}\left(\omega^{\prime}\right)\right]}{\omega^{\prime}-\omega} d \omega^{\prime}  \tag{14.306}\\
\operatorname{Re}\left[G_{\mu \nu}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)\right] & =\frac{1}{\pi} \int_{-\infty}^{\infty} \frac{\operatorname{Im}\left[G_{\mu \nu}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega^{\prime}\right)\right]}{\omega^{\prime}-\omega} d \omega^{\prime}
\end{align*}
$$

to carry out the $\omega^{\prime}$ integral (changing variables beforehand in the second term), with the result

$$
\begin{align*}
V_{\mathrm{CP}} & =-\frac{\hbar}{4 \pi} \int_{-\infty}^{\infty} d \omega\left[\operatorname{Re}\left[\alpha_{\mu \nu}(-\omega)\right] \operatorname{Im}\left[G_{\nu \mu}(\mathbf{r}, \mathbf{r}, \omega)\right]+\operatorname{Im}\left[\alpha_{\mu \nu}(\omega)\right] \operatorname{Re}\left[G_{\nu \mu}(\mathbf{r}, \mathbf{r},-\omega)\right]\right] \operatorname{coth}\left[\frac{\hbar \omega}{2 k_{\mathrm{B}} T}\right]  \tag{14.307}\\
& =-\frac{\hbar}{4 \pi} \int_{-\infty}^{\infty} d \omega \operatorname{Im}\left[\alpha_{\mu \nu}(\omega) G_{\nu \mu}(\mathbf{r}, \mathbf{r}, \omega)\right] \operatorname{coth}\left[\frac{\hbar \omega}{2 k_{\mathrm{B}} T}\right]
\end{align*}
$$

where we have used the fact that the real parts of the response functions are even functions of the real frequency $\omega$. We may rewrite this last expression as

$$
\begin{equation*}
V_{\mathrm{CP}}=-\frac{\hbar}{4 \pi i} \int_{-\infty}^{\infty} d \omega \alpha_{\mu \nu}(\omega) G_{\nu \mu}(\mathbf{r}, \mathbf{r}, \omega) \operatorname{coth}\left[\frac{\hbar \omega}{2 k_{\mathrm{B}} T}\right] \tag{14.308}
\end{equation*}
$$

if we recall that $\operatorname{coth} x$ has a simple pole at $x=0$ and that $\operatorname{Re}\left[\alpha_{\mu \nu}(\omega) G_{\nu \mu}(\mathbf{r}, \mathbf{r}, \omega)\right]$ is an even function of $\omega$, so that it leads to a vanishing contribution in the principal-value integral.

Now we will reduce this integral to a summation as follows. Since $\operatorname{coth} i x=-i \cot x, \operatorname{coth} x$ has simple poles at $x=i \pi n$ for every integer $n$. Thus, $\operatorname{coth}\left(\hbar \omega / 2 k_{\mathrm{B}} T\right)$ has poles at $\omega=i s_{n}$, where the imaginary frequencies are given by

$$
\begin{equation*}
s_{n}=n \frac{2 \pi k_{\mathrm{B}} T}{\hbar} \tag{14.309}
\end{equation*}
$$

(Matsubara frequencies)
These discrete frequencies are called the Matsubara frequencies. ${ }^{28}$ Furthermore, the residues of the thermal function $\operatorname{coth}\left(\hbar \omega / 2 k_{\mathrm{B}} T\right)$ at each $\omega=i s_{n}$ is simply $2 k_{\mathrm{B}} T / \hbar$. We can then change the integral in Eq. (14.308) to a contour integral over the great semicircle in the upper half-plane, as we did to derive the Kramers-Kronig relations in Eq. (14.1.4.2). The semicircular part of the contour vanishes because $\alpha_{\mu \nu}(\omega)$ decays at least as fast as $1 /|\omega|^{2}$ for large $|\omega|$, as we saw in our derivation of the Kramers-Kronig relations, Eq. (14.82). Thus, by Cauchy's integral formula, the integral in Eq. (14.308) changes to $2 \pi i$ times the sum over residues at frequencies $i s_{n}$, with the result

$$
\begin{equation*}
V_{\mathrm{CP}}=-\frac{k_{\mathrm{B}} T}{2} \alpha_{\mu \nu}\left(i s_{0}\right) G_{\nu \mu}\left(\mathbf{r}, \mathbf{r}, i s_{0}\right)-k_{\mathrm{B}} T \sum_{n=1}^{\infty} \alpha_{\mu \nu}\left(i s_{n}\right) G_{\nu \mu}\left(\mathbf{r}, \mathbf{r}, i s_{n}\right) \tag{14.310}
\end{equation*}
$$

Notice that the pole at $\omega=0$ only contributes half its residue because of the principle value that we take in Eq. (14.308) knocks out half the contribution of any real-axis pole. Using the original notation of Lifshitz, ${ }^{29}$

[^216]we may write this sum as
\[

$$
\begin{equation*}
V_{\mathrm{CP}}=-k_{\mathrm{B}} T \sum_{n=0}^{\infty}{ }^{\prime} \alpha_{\mu \nu}\left(i s_{n}\right) G_{\nu \mu}\left(\mathbf{r}, \mathbf{r}, i s_{n}\right) \tag{14.311}
\end{equation*}
$$

\]

(temperature-dependent Casimir-Polder shift)
where the primed summation symbol $\sum^{\prime}$ denotes that the $n=0$ term is accompanied by an extra factor of $1 / 2$. Again, to avoid a divergence and to focus only on the interaction of the atom with a macrocopic body, we should remove the free-field contribution and use only the scattering part of the Green tensor:

$$
\begin{equation*}
V_{\mathrm{CP}}=-k_{\mathrm{B}} T \sum_{n=0}^{\infty}{ }^{\prime} \alpha_{\mu \nu}\left(i s_{n}\right) G_{\nu \mu}^{(\mathbf{s})}\left(\mathbf{r}, \mathbf{r}, i s_{n}\right) \tag{14.312}
\end{equation*}
$$

(renormalized form)

Thus, compared to the zero-temperature expression (14.158), which involved an integral over imaginary frequency of the product of the dipole and field susceptibilities, the finite-temperature case involves a discrete sum over the Matsubara frequencies.

### 14.3.8.4 Imaginary Time and the Low-Temperature Limit

Recalling from Eq. (14.128) that the Green tensor is given as a correlation function as

$$
\begin{equation*}
G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)=\frac{i}{\hbar} \int_{0}^{\infty} d \tau\left\langle\left[E_{\alpha}(\mathbf{r}, \tau), E_{\beta}\left(\mathbf{r}^{\prime}, 0\right)\right]\right\rangle e^{i \omega \tau} \tag{14.313}
\end{equation*}
$$

we can see that for imaginary frequencies $\omega=i s$, the Green tensor amounts to a Laplace transform:

$$
\begin{equation*}
G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, i s\right)=\frac{i}{\hbar} \int_{0}^{\infty} d \tau\left\langle\left[E_{\alpha}(\mathbf{r}, \tau), E_{\beta}\left(\mathbf{r}^{\prime}, 0\right)\right]\right\rangle e^{-s \tau} \tag{14.314}
\end{equation*}
$$

Shifting to an imaginary time $\tau \longrightarrow-i \tau$, we return to the Fourier-type integral expression

$$
\begin{equation*}
G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, i s\right)=\frac{1}{\hbar} \int_{0}^{\infty} d \tau\left\langle\left[E_{\alpha}(\mathbf{r},-i \tau), E_{\beta}\left(\mathbf{r}^{\prime}, 0\right)\right]\right\rangle e^{i s \tau} \tag{14.315}
\end{equation*}
$$

However, the point of the discussion above is that the Green tensor effectively vanishes everywhere except at the Matsubara frequencies $i s_{n}$,

$$
\begin{equation*}
V_{\mathrm{CP}}=-\frac{\hbar}{2 \pi} \int_{0^{-}}^{\infty} d s \alpha_{\mu \nu}(i s) \tilde{G}_{\nu \mu}(\mathbf{r}, \mathbf{r}, i s) \tag{14.316}
\end{equation*}
$$

where

$$
\begin{equation*}
\tilde{G}_{\alpha \beta}(\mathbf{r}, \mathbf{r}, i s):=\frac{2 \pi k_{\mathrm{B}} T}{\hbar} \sum_{n=0}^{\infty}{ }^{\prime} G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}, i s_{n}\right) \delta\left(s-s_{n}\right) \tag{14.317}
\end{equation*}
$$

Thus, the finite-temperature potential takes on the same form as the zero-temperature potential (14.158), under the replacement $G_{\alpha \beta}(\mathbf{r}, \mathbf{r}, i s) \longrightarrow \tilde{G}_{\alpha \beta}(\mathbf{r}, \mathbf{r}, i s)$. Since the spectrum $G_{\alpha \beta}(\mathbf{r}, \mathbf{r}, i s)$ is then effectively discrete and periodic, we may refer to our discussion of sampling and the sampling theorem (Section 22.1) to note that we may think of its Fourier transform as a periodic function in the imaginary time, with the "samples" given by

$$
\begin{equation*}
G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, i s_{n}\right)=\frac{1}{\hbar} \int_{0}^{\hbar / k_{\mathrm{B}} T} d \tau\left\langle\left[E_{\alpha}(\mathbf{r},-i \tau), E_{\beta}\left(\mathbf{r}^{\prime}, 0\right)\right]\right\rangle e^{i s_{n} \tau} \tag{14.318}
\end{equation*}
$$

That is, the values $\left(k_{\mathrm{B}} T / \hbar\right) G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, i s_{n}\right)$ are the Fourier components of the imaginary-time Green tensor

$$
\begin{equation*}
\mathscr{G}_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, \tau\right):=\frac{1}{\hbar}\left\langle\left[E_{\alpha}(\mathbf{r},-i \tau), E_{\beta}\left(\mathbf{r}^{\prime}, 0\right)\right]\right\rangle \Theta(\tau), \tag{14.319}
\end{equation*}
$$

which we may regard as time-periodic with period $\hbar / k_{\mathrm{B}} T$. In the low-temperature limit as $T \longrightarrow 0$, the period diverges, and under an integral sign we see from the definition (14.317) that $\tilde{G}_{\alpha \beta}(\mathbf{r}, \mathbf{r}, i s) \longrightarrow G_{\alpha \beta}(\mathbf{r}, \mathbf{r}, i s)$, so that we obtain the previous expression for the zero-temperature Casimir-Polder shift.

### 14.3.8.5 High-Temperature Limit

The high-temperature limit of the potential (14.312) comes by noting that the spacing between the Matsubara frequencies becomes very large for large $T$. Since the summand of Eq. (14.312) decreases monotonically with frequency, for sufficiently high temperature only the dc term will make a substantial contribution. Thus, to leading order,

$$
\begin{equation*}
V_{\mathrm{CP}}=-\frac{1}{2} k_{\mathrm{B}} T \alpha_{\mu \nu}(0) G_{\nu \mu}^{(\mathrm{s})}(\mathbf{r}, \mathbf{r}, 0) \tag{14.320}
\end{equation*}
$$

This expression is evidently the classical Stark shift of the atom due to the presence of thermal photons, where the quantum zero-point contribution is negligible, since $\hbar$ is absent in this expression. (In the general time-dependent expression, $\hbar$ appears in the definition of the frequencies $s_{n}$.) In the case of a nondegenerate ground state, the imaginary parts of the susceptibilities vanish at $\omega=0$, since there is no mechanism for dissipation. Then ${ }^{30}$

$$
\begin{equation*}
V_{\mathrm{CP}}=-\frac{1}{2} k_{\mathrm{B}} T \operatorname{Re}\left[\alpha_{\mu \nu}(0)\right] \operatorname{Re}\left[G_{\nu \mu}^{(\mathrm{s})}(\mathbf{r}, \mathbf{r}, 0)\right]=-\frac{\left\langle d_{\mu} d_{\nu}\right\rangle\left\langle E_{\mu} E_{\nu}\right\rangle}{2 k_{\mathrm{B}} T}=-\frac{\left\langle H_{\mathrm{AF}}^{2}\right\rangle}{2 k_{\mathrm{B}} T}, \tag{14.321}
\end{equation*}
$$

where we used the high-temperature fluctuation-dissipation relation (14.282) and its analog for the field. Again the expectation values here are relative to their values in free space, since we have discarded the divergent free-space contribution.

### 14.3.8.6 Planar Boundaries at Nonzero Temperature

As an example of temperature-dependent effects, we will consider an atom near a planar surface. For simplicity, we will consider the high-temperature limit in the far field, and also a spherically symmetric atom. Comparing the general expression (14.162) at zero temperature to the high-temperature expression (14.320) we see that we can obtain the high-temperature result from the zero-temperature result by omitting the integral over $s$, setting $s=0$ in the remaining integrand, and multiplying by $\pi k_{\mathrm{B}} T / \hbar$. Doing this in Eq. (14.200), we obtain

$$
\begin{equation*}
V_{\mathrm{CP}}=\frac{k_{\mathrm{B}} T \alpha_{0}}{4 \pi \epsilon_{0}} \int_{0}^{\infty} d \kappa \kappa^{2} r_{\|}(\theta, 0) e^{-2 \kappa z} \tag{14.322}
\end{equation*}
$$

where with $s=0$, we can use $k_{\mathrm{T}}=\kappa$. Furthermore, for $s=0$, the reflection coefficient is replaced as in the far-field limit by $\left[\epsilon_{0}-\epsilon(0)\right] /\left[\epsilon_{0}+\epsilon(0)\right]$. Then evaluating the remaining integral, we find

$$
\begin{equation*}
V_{\mathrm{CP}}=-\frac{k_{\mathrm{B}} T \alpha_{0}}{16 \pi \epsilon_{0} z^{3}}\left(\frac{\epsilon(0)-\epsilon_{0}}{\epsilon(0)+\epsilon_{0}}\right) . \tag{14.323}
\end{equation*}
$$

(planar dielectic, high-temperature/large-distance limit)
For a conductor, $\epsilon(0) \longrightarrow \infty$, and thus

$$
\begin{equation*}
V_{\mathrm{CP}}=-\frac{k_{\mathrm{B}} T \alpha_{0}}{16 \pi \epsilon_{0} z^{3}} \tag{14.324}
\end{equation*}
$$

(conductor, high-temperature/large-distance limit)
When do these high-temperature expressions hold? Essentially, the second term in the Matsubara sum (14.311), at frequency $s_{1}=2 \pi k_{\mathrm{B}} T / \hbar$, must be negligible compared to the dc term. Since the Green tensor is damped as $e^{-2 \kappa z} \leq e^{-2 s z / c}$, this will occur for

$$
\begin{equation*}
z \gg \frac{c}{2 s_{1}}=\frac{\hbar c}{4 \pi k_{\mathrm{B}} T} \tag{14.325}
\end{equation*}
$$

(high-temperature condition)
At room temperature, this condition amounts to $z \gg 0.6 \mu \mathrm{~m}$. The low-temperature limit corresponds to the opposite regime $z \ll \hbar c / 4 \pi k_{\mathrm{B}} T$, where the terms in the Matsubara sum are closely spaced in frequency and can be well approximated by the zero-temperature integral. Thus, even for normal temperatures corresponding to $k_{\mathrm{B}} T \ll \hbar \omega_{0}$ (i.e., $T \ll 10 \mathrm{kK}$ for optical transitions), where the atom is essentially in the ground

[^217]state, it is still possible to be in a regime of "high temperature" if the distance is sufficiently large. ${ }^{31}$ Thus, for a ground-state atom near the planar surface of a bulk dielectric, the interaction potential scales as $z^{-3}$ in the near-field regime, then as $z^{-4}$ in the retarded regime of $\left(2 k_{0 j}\right)^{-1} \ll z \ll \hbar c / 4 \pi k_{\mathrm{B}} T$ (for all integer $j$ ). Then, in the very long-distance regime of $z \gg \hbar c / 4 \pi k_{\mathrm{B}} T$, the potential scales again as $z^{-3}$.

Comparing the general expression (14.162) at zero temperature to the temperature-dependent expression (14.312) we can write the temperature-dependent result by adapting the zero-temperature result as follows: replace the integral over $s$ by an appropriate sum over Matsubara frequencies, and multiplying by $2 \pi k_{\mathrm{B}} T / \hbar$. Doing this in Eq. (14.181), we find a general expression for the temperature-dependent Casimir-Polder potential near a planar surface in terms of the reflection coefficients:

$$
V_{\mathrm{CP}}=\frac{k_{\mathrm{B}} T}{4 \pi \epsilon_{0} c^{2}} \sum_{n=0}^{\infty}{ }^{\prime} s_{n}^{2} \alpha\left(i s_{n}\right) \int_{0}^{\infty} d k_{\mathrm{T}} \frac{k_{\mathrm{T}}}{\kappa_{n}}\left[r_{\perp}\left(\theta, i s_{n}\right)+\left(1+\frac{2 k_{\mathrm{T}}^{2} c^{2}}{s_{n}^{2}}\right) r_{\|}\left(\theta, i s_{n}\right)\right] e^{-2 \kappa_{n} z}
$$

(Lifshitz formula: temperature-dependent potential, planar surface) (14.326) Here $\kappa_{n}=\sqrt{s_{n}^{2} / c^{2}+k_{\mathrm{T}}^{2}}$, and the angle $\theta$ still depends on $s_{n}$ and $k_{\mathrm{T}}$. This is the Lifshitz expression for the atom-surface potential, after the original treatment of Lifshitz for the temperature-dependent potential between two surfaces, ${ }^{32}$ from which this expression for the atom-surface force may be deduced. ${ }^{33}$

Again, in the limit of small temperature, the sum goes over to an integral, and we recover the zerotemperature expression (14.181). Then at small temperatures, by how much does the sum differ from the integral? To obtain a perturbative correction due to nonzero temperature, we can use the Euler-Maclaurin summation formula in the form ${ }^{34}$

$$
\begin{align*}
\sum_{j=0}^{\infty} \prime^{\prime} f(j \Delta t) & =\frac{1}{\Delta t} \int_{0}^{\infty} d t f(t)-\sum_{j=1}^{\infty} \frac{(\Delta t)^{2 j-1}}{(2 j)!} B_{2 j} f^{(2 j-1)}(0)  \tag{14.327}\\
& =\frac{1}{\Delta t} \int_{0}^{\infty} d t f(t)-\frac{\Delta t}{12} f^{\prime}(0)+\frac{(\Delta t)^{3}}{720} f^{\prime \prime \prime}(0)+\cdots
\end{align*}
$$

to look at precisely this difference, where $B_{n}$ are the Bernoulli numbers. Then in the general case, we can approximately evaluate the Matsubara sum in Eq. (14.312) for small $T$ by keeping only the correction terms shown explicitly in Eq. (14.327):

$$
\begin{align*}
V_{\mathrm{CP}} \approx & -\frac{\hbar}{2 \pi} \int_{0}^{\infty} d s \alpha_{\mu \nu}(i s) G_{\nu \mu}^{(\mathrm{s})}(\mathbf{r}, \mathbf{r}, i s) \\
& +\frac{2 \pi\left(k_{\mathrm{B}} T\right)^{2}}{12 \hbar}\left[\partial_{s}\left(\alpha_{\mu \nu}(i s) G_{\nu \mu}^{(\mathrm{s})}(\mathbf{r}, \mathbf{r}, i s)\right)\right]_{s=0}-\frac{(2 \pi)^{3}\left(k_{\mathrm{B}} T\right)^{4}}{720 \hbar^{3}}\left[\partial_{s}^{3}\left(\alpha_{\mu \nu}(i s) G_{\nu \mu}^{(\mathrm{s})}(\mathbf{r}, \mathbf{r}, i s)\right)\right]_{s=0}+O\left(T^{6}\right) \tag{14.328}
\end{align*}
$$

The first term is the usual zero-temperature expression, while the rest are effectively a power series in the temperature. Let's evaluate these perturbative corrections for a perfect conductor, in which case Eq. (14.326) becomes

$$
\begin{equation*}
V_{\mathrm{CP}}=\frac{k_{\mathrm{B}} T}{2 \pi \epsilon_{0} c^{2}} \sum_{n=0}^{\infty}{ }^{\prime} s_{n}^{2} \alpha\left(i s_{n}\right) \int_{0}^{\infty} d k_{\mathrm{T}} \frac{k_{\mathrm{T}}}{\kappa_{n}}\left(1+\frac{k_{\mathrm{T}}^{2} c^{2}}{s_{n}^{2}}\right) e^{-2 \kappa_{n} z} \tag{14.329}
\end{equation*}
$$

To expand this expression as in Eq. (14.328), we first consider the zero-temperature formula (14.187), which we may write in the form

$$
\begin{equation*}
V_{\mathrm{CP}}=-\frac{\hbar}{16 \pi^{2} \epsilon_{0} z^{3}} \int_{0}^{\infty} d s \alpha(i s)\left(1+\frac{2 s z}{c}+\frac{2 s^{2} z^{2}}{c^{2}}\right) e^{-2 s z / c} \tag{14.330}
\end{equation*}
$$

[^218]To write the temperature expansion in Eq. (14.328), the zeroth-order term is simply given by this expression. The order $T^{2}$ correction is given by this same expression, if we remove the integral sign, hit the integrand with $\partial_{s}$, set $s \longrightarrow 0$, and multiply by $-\left(2 \pi k_{\mathrm{B}} T / \hbar\right)^{2} / 12$. The order $T^{4}$ correction is given by this same expression, if we remove the integral sign, hit the integrand with $\partial_{s}^{3}$, set $s \longrightarrow 0$, and multiply by $\left(2 \pi k_{\mathrm{B}} T / \hbar\right)^{4} / 720$. Noting that $\partial_{s} \alpha(i s)=0$ at $s=0$, we simply need to expand the remaining integrand

$$
\begin{equation*}
\left(1+\frac{2 s z}{c}+\frac{2 s^{2} z^{2}}{c^{2}}\right) e^{-2 s z / c}=1-\frac{4 z^{3} s^{3}}{3 c^{3}}+O\left(s^{4}\right) \tag{14.331}
\end{equation*}
$$

to see that the order $T^{2}$ correction vanishes. Then with the order $T^{4}$ correction the potential becomes

$$
\begin{equation*}
V_{\mathrm{CP}}(z, T)=V_{\mathrm{CP}}(z, 0)+\frac{\pi^{2}\left(k_{\mathrm{B}} T\right)^{4} \alpha_{0}}{90 \epsilon_{0} \hbar^{3} c^{3}}+O\left(T^{6}\right) \tag{14.332}
\end{equation*}
$$

where $V_{\mathrm{CP}}(z, 0)$ is given by Eq. (14.189). The lowest-order nonvanishing temperature correction thus just amounts to a $z$-independent offset. If we compare the correction to the far-field expression (14.203), the temperature-dependent corrections should be negligible so long as

$$
\begin{equation*}
z \ll \sqrt[4]{\frac{135}{16}}\left(\frac{\hbar c}{\pi k_{\mathrm{B}} T}\right) \tag{14.333}
\end{equation*}
$$

(zero-temperature validity condition)
At room temperature, this condition amounts to $z \ll 4 \mu \mathrm{~m}$.

### 14.3.9 Excited-Level Shifts

Thus far, we have mainly treated level shifts only of the ground state, but what happens to excited levels due to the presence of some extra body? The shift of level $|n\rangle$ is given in second-order perturbation theory by the same expression (14.132) as for the ground state,

$$
\begin{equation*}
V_{n}=-\sum_{j} \sum_{\mathbf{k}, \zeta} \frac{|\langle j| \mathbf{d}| n\rangle\left.\cdot\langle 0| \mathbf{E}\left|1_{\mathbf{k}, \zeta}\right\rangle\right|^{2}}{\hbar\left(\omega_{j n}+\omega_{\mathbf{k}}\right)} \tag{14.334}
\end{equation*}
$$

but now the difference is that $\omega_{j n}$ may be negative for states $|j\rangle$ lower in energy than $|n\rangle$, whereas for the ground state this frequency was always positive. To see how the level shift changes due to this sign change, we can try out the ground-state expression (14.158)

$$
\begin{equation*}
V_{n}^{(1)}=-\frac{\hbar}{2 \pi} \int_{0}^{\infty} d s \alpha_{\mu \nu}^{(n)}(i s) G_{\nu \mu}(\mathbf{r}, \mathbf{r}, i s) \tag{14.335}
\end{equation*}
$$

("ground-state part" of level shift)
where now $\alpha_{\mu \nu}^{(n)}$ is the polarizability tensor for $|n\rangle$, given by rewriting the Kramers-Heisenberg formula (14.145) as

$$
\begin{equation*}
\alpha_{\mu \nu}^{(n)}(\omega)=\sum_{j} \frac{2 \omega_{j n}\langle n| d_{\mu}|j\rangle\langle j| d_{\nu}|n\rangle}{\hbar\left(\omega_{j n}^{2}-\omega^{2}\right)} \tag{14.336}
\end{equation*}
$$

Substituting this expression and also Eq. (14.154) for the Green tensor into this relation as before, we find

$$
\begin{align*}
V_{n}^{(1)} & =-\frac{\hbar}{2 \pi} \int_{0}^{\infty} d s \sum_{j} \frac{2 \omega_{j n}\langle n| d_{\mu}|j\rangle\langle j| d_{\nu}|n\rangle}{\hbar\left(\omega_{j n}^{2}+s^{2}\right)} \sum_{\mathbf{k}, \zeta} \frac{2 \omega_{\mathbf{k}}\langle 0| E_{\nu}\left(\mathbf{r}, \omega_{\mathbf{k}}\right)\left|1_{\mathbf{k}, \zeta}\right\rangle\left\langle 1_{\mathbf{k}, \zeta}\right| E_{\mu}\left(\mathbf{r}^{\prime}, \omega_{\mathbf{k}}\right)|0\rangle}{\hbar\left(\omega_{\mathbf{k}}^{2}+s^{2}\right)} \\
& \left.=-\frac{2}{\pi \hbar} \sum_{j} \sum_{\mathbf{k}, \zeta}|\langle n| \mathbf{d}| j\right\rangle\left.\cdot\langle 0| \mathbf{E}\left(\mathbf{r}, \omega_{\mathbf{k}}\right)\left|1_{\mathbf{k}, \zeta}\right\rangle\right|^{2} \int_{0}^{\infty} d s \frac{\omega_{j n} \omega_{\mathbf{k}}}{\left(\omega_{j n}^{2}+s^{2}\right)\left(\omega_{\mathbf{k}}^{2}+s^{2}\right)}  \tag{14.337}\\
& =-\sum_{j} \sum_{\mathbf{k}, \zeta} \frac{\left.|\langle n| \mathbf{d}| \mathrm{e}_{j}\right\rangle\left.\cdot\langle 0| \mathbf{E}\left(\mathbf{r}, \omega_{\mathbf{k}}\right)\left|1_{\mathbf{k}, \zeta}\right\rangle\right|^{2}}{\hbar\left(\omega_{j n}+\omega_{\mathbf{k}} \operatorname{sgn} \omega_{j n}\right)},
\end{align*}
$$

where we have used the generalization of the integral formula (14.160)

$$
\begin{equation*}
\int_{0}^{\infty} d x \frac{a b}{\left(a^{2}+x^{2}\right)\left(b^{2}+x^{2}\right)}=\frac{\pi}{2\left(a^{2}-b^{2}\right)}(a \operatorname{sgn} b-b \operatorname{sgn} a) \quad(a, b \in \mathbb{R}, a, b \neq 0) \tag{14.338}
\end{equation*}
$$

(See Problem 5.) Thus, we don't quite recover the perturbation expression (14.335), due to the presence of the extra $\operatorname{sgn} \omega_{j n}$, whenever $\omega_{j n}<0$. However, note that we may write the total shift as

$$
\begin{equation*}
V_{n}=V_{n}^{(1)}+V_{n}^{(2)} \tag{14.339}
\end{equation*}
$$

(total level shift)
where $V_{n}^{(1)}$ is the expression (14.337) that describes the energy shift of $|n\rangle$, and $V_{n}^{(2)}$ is the difference between the full shift (14.334) and $V_{n}^{(1)}$ in the form (14.337):

$$
\begin{align*}
V_{n}^{(2)} & =-\sum_{j} \sum_{\mathbf{k}, \zeta} \frac{|\langle j| \mathbf{d}| n\rangle\left.\cdot\langle 0| \mathbf{E}\left|1_{\mathbf{k}, \zeta}\right\rangle\right|^{2}}{\hbar}\left(\frac{1}{\omega_{j n}+\omega_{\mathbf{k}}}-\frac{1}{\omega_{j n}+\omega_{\mathbf{k}} \operatorname{sgn} \omega_{j n}}\right) \\
& =-\sum_{j} \Theta\left(\omega_{n j}\right) \sum_{\mathbf{k}, \zeta} \frac{|\langle j| \mathbf{d}| n\rangle\left.\cdot\langle 0| \mathbf{E}\left|1_{\mathbf{k}, \zeta}\right\rangle\right|^{2}}{\hbar}\left(\frac{1}{\omega_{j n}+\omega_{\mathbf{k}}}-\frac{1}{\omega_{j n}-\omega_{\mathbf{k}}}\right)  \tag{14.340}\\
& =2 \sum_{j} \Theta\left(\omega_{n j}\right) \sum_{\mathbf{k}, \zeta} \frac{\left.\omega_{\mathbf{k}}|\langle j| \mathbf{d}| n\right\rangle\left.\cdot\langle 0| \mathbf{E}\left|1_{\mathbf{k}, \zeta}\right\rangle\right|^{2}}{\hbar\left(\omega_{j n}^{2}-\omega_{\mathbf{k}}^{2}\right)} .
\end{align*}
$$

Notice that the Heaviside function $\Theta\left(\omega_{n j}\right)$ "activates" whenever $E_{n}>E_{j}$, that is, whenever $|n\rangle$ acts as an excited state with respect to $|j\rangle$. Then we may use the Kramers-Heisenberg formula (14.154) for the Green tensor to eliminate the electric-field matrix elements and the sum over modes to obtain

$$
V_{n}^{(2)}=-\sum_{j} \Theta\left(\omega_{n j}\right)\langle n| d_{\alpha}|j\rangle\langle j| d_{\beta}|n\rangle \operatorname{Re}\left[G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}, \omega_{j n}\right)\right]
$$

(extra level shift for excited states) (14.341)
The extra shift here is due to the interaction of the atomic dipole with fields at the atomic resonance frequencies for every transition where $|n\rangle$ is the excited state. In fact, we may regard this shift as the Stark shift of the atom due to coupling to its own field. We have already treated this in the case of a perfectly conducting plane in terms of a mode sum in Section 13.7 along with the comparison to the same predictions of the Lorentz model in Section 1.5.1. From our previous discussion, we may conclude that this shift is a classical shift, which is consistent with its form: it is simply the coupling of the dipole covariance matrix to the Green tensor, which represents the light backscattered to the atom by the external body. We can see this directly from our construction of the Green tensor in Section (14.1.3). Given a classical dipole $d_{\beta}$ at location $\mathbf{r}$ and oscillating at frequency $\omega, d_{\beta} G_{\alpha \beta}(\mathbf{r}, \mathbf{r}, \omega)$ gives the electric field at $\mathbf{r}$ due to the dipole and any other bodies that may reflect or otherwise influence the dipole's radiated field. The interaction energy will then be the product of the original dipole with the field, or $d_{\alpha} d_{\beta} G_{\alpha \beta}(\mathbf{r}, \mathbf{r}, \omega)$. The real part is then taken in Eq. (14.341) since the Green tensor represents a complex field amplitude, and the Heaviside function limits this mechanism to radiative (excited) states. The Green tensor is then evaluated only at the transition frequencies, since those are the frequencies of the dipole radiation; the radiation rates of each transition are given by the magnitudes of the corresponding dipole matrix elements.

Again, we must renormalize this shift to remove the divergent free-field contribution, with the result ${ }^{35}$

$$
\begin{align*}
V_{n} & =V_{n}^{(1)}+V_{n}^{(2)} \\
V_{n}^{(1)} & =-\frac{\hbar}{2 \pi} \int_{0}^{\infty} d s \alpha_{\mu \nu}^{(n)}(i s) G_{\nu \mu}^{(\mathrm{s})}(\mathbf{r}, \mathbf{r}, i s)  \tag{14.342}\\
V_{n}^{(2)} & =-\sum_{j} \Theta\left(\omega_{n j}\right)\langle n| d_{\alpha}|j\rangle\langle j| d_{\beta}|n\rangle \operatorname{Re}\left[G_{\alpha \beta}^{(\mathrm{s})}\left(\mathbf{r}, \mathbf{r}, \omega_{j n}\right)\right]
\end{align*}
$$

for the shift of an arbitrary atomic level $|n\rangle$.

### 14.3.9.1 Example: Spherically Symmetric Atom, Perfectly Conducting Plane

As an example of applying this formalism, let's consider a spherically symmetric atom near a perfectly conducting plate. The spherically symmetric atom has a scalar polarizability, and hence the shift reduces to

$$
\begin{align*}
V_{n} & =V_{n}^{(1)}+V_{n}^{(2)} \\
V_{n}^{(1)} & =-\frac{\hbar}{2 \pi} \int_{0}^{\infty} d s \alpha^{(n)}(i s) G_{\mu \mu}^{(\mathbf{s})}(\mathbf{r}, \mathbf{r}, i s) \\
V_{n}^{(2)} & \left.=-\sum_{j} \Theta\left(\omega_{n j}\right)\left|\langle n| d_{z}\right| j\right\rangle\left.\right|^{2} \operatorname{Re}\left[G_{\alpha \alpha}^{(\mathbf{s})}\left(\mathbf{r}, \mathbf{r}, \omega_{j n}\right)\right] \tag{14.343}
\end{align*}
$$

(spherically symmetric atom)
The $V_{n}^{(1)}$ part of the shift is already given in terms of the reflection coefficients by (14.181),

$$
\begin{equation*}
V_{n}^{(1)}=\frac{\hbar}{8 \pi^{2} \epsilon_{0} c^{2}} \int_{0}^{\infty} d s s^{2} \alpha^{(n)}(i s) \int_{0}^{\infty} d k_{\mathrm{T}} \frac{k_{\mathrm{T}}}{\kappa}\left[r_{\perp}(\theta, i s)+\left(1+\frac{2 k_{\mathrm{T}}^{2} c^{2}}{s^{2}}\right) r_{\|}(\theta, i s)\right] e^{-2 \kappa z} \tag{14.344}
\end{equation*}
$$

while we now must compute $V_{n}^{(2)}$. The diagonal Green-tensor components are given by Eqs. (14.173) and (14.177) and the trace of the Green tensor is thus given by

$$
\begin{equation*}
G_{\alpha \alpha}^{(s)}(z, z, \omega)=\frac{i}{4 \pi \epsilon_{0}} \frac{\omega^{2}}{c^{2}} \int_{0}^{\infty} d k_{\mathrm{T}} \frac{k_{\mathrm{T}}}{k_{z}}\left[r_{\perp}(\theta, \omega)+\left(1-\frac{2 k_{\mathrm{T}}^{2} c^{2}}{\omega^{2}}\right) r_{\|}(\theta, \omega)\right] e^{i 2 k_{z} z} \tag{14.345}
\end{equation*}
$$

where $k_{z}=\sqrt{\omega^{2} / c^{2}-k_{\mathrm{T}}^{2}}$. Then $V_{n}^{(2)}$ can be written directly in terms of this form.
For a perfect conductor, we replace the reflection coefficients by unity, and so

$$
\begin{align*}
G_{\alpha \alpha}^{(s)}(z, z, \omega) & =\frac{i}{2 \pi \epsilon_{0}} \frac{\omega^{2}}{c^{2}} \int_{0}^{\infty} d k_{\mathrm{T}} \frac{k_{\mathrm{T}}}{k_{z}}\left(1-\frac{k_{\mathrm{T}}^{2} c^{2}}{\omega^{2}}\right) e^{i 2 k_{z} z} \\
& =\frac{1}{8 \pi \epsilon_{0}} \partial_{z} \int_{0}^{\infty} d\left(k_{\mathrm{T}}^{2}\right) e^{i 2 z \sqrt{\omega^{2} / c^{2}-k_{\mathrm{T}}^{2}}}  \tag{14.346}\\
& =\frac{1}{16 \pi \epsilon_{0}} \partial_{z}\left(\frac{i 2 \omega z}{c}-1\right) \frac{e^{i 2 \omega z / c}}{z^{2}} \\
& =\frac{1}{16 \pi \epsilon_{0}} \partial_{z}^{2} \frac{e^{i 2 \omega z / c}}{z}
\end{align*}
$$

Putting this into (14.343), we find

$$
\begin{equation*}
\left.V_{n}^{(2)}(z)=-\frac{1}{16 \pi \epsilon_{0}} \sum_{j} \Theta\left(\omega_{n j}\right)\left|\langle n| d_{z}\right| j\right\rangle\left.\right|^{2} \partial_{z}^{2} \frac{1}{z} \cos \left(2 k_{j n} z\right) \tag{14.347}
\end{equation*}
$$

[^219]where $k_{j n}=\omega_{j n} / c$. We already computed the other part of the shift in Eq. (14.189), with the result
\[

$$
\begin{equation*}
\left.V_{n}^{(1)}(z)=-\frac{\operatorname{sgn} \omega_{j n}}{16 \pi^{2} \epsilon_{0}} \sum_{j}\left|\langle n| d_{z}\right| j\right\rangle\left.\right|^{2} \partial_{z}^{2} \frac{1}{z} f\left(2\left|k_{j n}\right| z\right) \tag{14.348}
\end{equation*}
$$

\]

though we have had to modify it here by introducing the factor $\operatorname{sgn} \omega_{j n}$ and introducing the absolute value of $k_{j n}$ in the argument of $f(z)$. This is because due to the form (14.336) of the polarizability, the integral for $V_{n}^{(1)}$ in Eqs. (14.343) is of the form

$$
\begin{align*}
\int_{0}^{\infty} d s \frac{\omega_{j n} h(s)}{\omega_{j n}^{2}+s^{2}} & =\frac{1}{2} \int_{-\infty}^{\infty} d s \frac{\omega_{j n} h(s)}{\left(s+i\left|\omega_{j n}\right|\right)\left(s-i\left|\omega_{j n}\right|\right)} \\
& =\frac{1}{2} \frac{2 \pi i \omega_{j n} h\left(i\left|\omega_{j n}\right|\right)}{2 i\left|\omega_{j n}\right|}  \tag{14.349}\\
& =\frac{\pi}{2} h\left(i\left|\omega_{j n}\right|\right) \operatorname{sgn} \omega_{j n}
\end{align*}
$$

for the appropriate (even) function $h(s)$, where we have used Cauchy's integral formula applied to the contour around the upper half-plane. Of course, for the ground state $\omega_{j n}>0$, so the absolute value and sgn function were unnecessary, but they are needed now.

Putting these parts together, the total level shift is

$$
\left.V_{n}(z)=V_{n}^{(1)}(z)+V_{n}^{(2)}(z)=-\frac{\operatorname{sgn} \omega_{j n}}{16 \pi^{2} \epsilon_{0}} \sum_{j}\left|\langle n| d_{z}\right| j\right\rangle\left.\right|^{2} \partial_{z}^{2} \frac{1}{z}\left[f\left(\left|2 k_{j 0}\right| z\right)-\Theta\left(\omega_{n j}\right) \pi \cos \left(2\left|k_{j n}\right| z\right)\right]
$$

(level shift near perfectly conducting plane, spherically symmetric atom)
(14.350) This agrees with the result of our previous mode-summation calculation, Eq. (13.68), if we restrict that result to a spherically symmetric atom. Of course, the formalism here covers the case of an anisotropic atom, with only a bit more work.

### 14.3.10 Lifetime Shifts

Now we will consider the complementary problem to the body-induced level shifts: the shifts in the lifetimes or decay rates of atomic excited levels. In our classical treatment (Section 1.5) of this problem in the special cases of an atom near a planar mirror or another atom, we saw that the shifts of the decay rate and the transition frequency were different aspects of the same effect. Here we treat the decay-rate shifts separately from the level shifts, due to the additional complexity of the formalism here.

### 14.3.10.1 Decay Rate Near a Macroscopic Body

To treat the general decay problem in the presence of a macroscopic body, we start with Fermi's Golden Rule in the form (11.51)

$$
\begin{equation*}
\left.\Gamma_{\mathrm{i} \rightarrow \mathrm{f}}=\frac{2 \pi}{\hbar}\left|\langle\mathrm{i}| H_{\mathrm{int}}\right| \mathrm{f}\right\rangle\left.\right|^{2} \delta\left(E_{\mathrm{i}}-E_{\mathrm{f}}\right) \tag{14.351}
\end{equation*}
$$

We are interested in the decay from atomic state $|\mathrm{i}\rangle$ to state $|\mathrm{f}\rangle$ due to the interaction with the field; we should thus also include initial and final field states:

$$
\begin{equation*}
\left.\Gamma_{\mathrm{i} \rightarrow \mathrm{f}}=\frac{2 \pi}{\hbar} \sum_{I F} P(I)\left|\langle\mathrm{i} I| H_{\mathrm{int}}\right| \mathrm{f} F\right\rangle\left.\right|^{2} \delta\left(E_{\mathrm{i}}+E_{I}-E_{\mathrm{f}}-E_{F}\right) \tag{14.352}
\end{equation*}
$$

Here, $I$ and $F$ are parameters labeling initial and final field states, respectively, and $P(I)$ is the initial $(t=0)$ occupation probability for the field state $|I\rangle$. If we use the integral representation of the delta function, this becomes

$$
\begin{align*}
\Gamma_{\mathrm{i} \rightarrow \mathrm{f}} & \left.=\frac{1}{\hbar^{2}} \sum_{I F} P(I) \int_{-\infty}^{\infty} d \tau\left|\langle\mathrm{i} I| H_{\mathrm{int}}\right| \mathrm{f} F\right\rangle\left.\right|^{2} e^{i\left(E_{\mathrm{i}}+E_{I}-E_{\mathrm{f}}-E_{F}\right) \tau / \hbar}  \tag{14.353}\\
& \left.=\frac{1}{\hbar^{2}} \sum_{I F} P(I) \int_{-\infty}^{\infty} d \tau\left|\langle\mathrm{i} I| H_{\mathrm{int}}\right| \mathrm{f} F\right\rangle\left.\right|^{2} e^{i \omega_{\mathrm{if}} \tau} e^{i\left(E_{I}-E_{F}\right) \tau / \hbar}
\end{align*}
$$

where $\omega_{\mathrm{if}}=\left(E_{\mathrm{i}}-E_{\mathrm{f}}\right) / \hbar>0$ as usual. For the dipole interaction Hamiltonian,

$$
\begin{align*}
\Gamma_{\mathrm{i} \rightarrow \mathrm{f}} & \left.=\frac{1}{\hbar^{2}} \sum_{I F} P(I) \int_{-\infty}^{\infty} d \tau|\langle\mathrm{i}| \mathbf{d}| \mathrm{f}\right\rangle\left.\cdot\langle I| \mathbf{E}(\mathbf{r})|F\rangle\right|^{2} e^{i \omega_{\mathrm{if}} \tau} e^{i\left(E_{I}-E_{F}\right) \tau / \hbar} \\
& =\frac{1}{\hbar^{2}}\langle\mathrm{i}| d_{\alpha}|\mathrm{f}\rangle\langle\mathrm{f}| d_{\beta}|\mathrm{i}\rangle \sum_{I F} P(I) \int_{-\infty}^{\infty} d \tau\langle I| E_{\alpha}(\mathbf{r})|F\rangle\langle F| E_{\beta}(\mathbf{r})|F\rangle e^{i \omega_{\mathrm{if}} \tau} e^{i\left(E_{I}-E_{F}\right) \tau / \hbar} \\
& =\frac{1}{\hbar^{2}}\langle\mathrm{i}| d_{\alpha}|\mathrm{f}\rangle\langle\mathrm{f}| d_{\beta}|\mathrm{i}\rangle \sum_{I F} P(I) \int_{-\infty}^{\infty} d \tau\langle I| E_{\alpha}(\mathbf{r}, \tau)|F\rangle\langle F| E_{\beta}(\mathbf{r}, 0)|I\rangle e^{i \omega_{\mathrm{if}} \tau}  \tag{14.354}\\
& =\frac{1}{\hbar^{2}}\langle\mathrm{i}| d_{\alpha}|\mathrm{f}\rangle\langle\mathrm{f}| d_{\beta}|\mathrm{i}\rangle \sum_{I} P(I) \int_{-\infty}^{\infty} d \tau\langle I| E_{\alpha}(\mathbf{r}, \tau) E_{\beta}(\mathbf{r}, 0)|I\rangle e^{i \omega_{\mathrm{if}} \tau} \\
& =\frac{1}{\hbar^{2}}\langle\mathrm{i}| d_{\alpha}|\mathrm{f}\rangle\langle\mathrm{f}| d_{\beta}|\mathrm{i}\rangle \int_{-\infty}^{\infty} d \tau\left\langle E_{\alpha}(\mathbf{r}, \tau) E_{\beta}(\mathbf{r}, 0)\right\rangle e^{i \omega_{\mathrm{if}} \tau}
\end{align*}
$$

where the final expectation value is an ensemble average over initial states, and we have transformed the field operators to the Heisenberg picture (technically, the interaction picture, since they evolve as if they were unperturbed).

To evaluate the field correlation function, we will need Eq. (14.129) for the commutator correlation function,

$$
\begin{equation*}
\left\langle\left[E_{\alpha}(\mathbf{r}, \tau), E_{\beta}\left(\mathbf{r}^{\prime}, 0\right)\right]\right\rangle=\frac{\hbar}{\pi} \int_{-\infty}^{\infty} d \omega \operatorname{Im}\left[G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)\right] e^{-i \omega \tau} \tag{14.355}
\end{equation*}
$$

along with the fluctuation-dissipation theorem (14.283),

$$
\begin{equation*}
\left\langle\left[E_{\alpha}(\mathbf{r}, 0), E_{\beta}\left(\mathbf{r}^{\prime}, \tau\right)\right]_{+}\right\rangle=\frac{\hbar}{\pi} \int_{-\infty}^{\infty} d \omega e^{-i \omega \tau} \operatorname{Im}\left[G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)\right] \operatorname{coth}\left[\frac{\hbar \omega}{2 k_{\mathrm{B}} T}\right] \tag{14.356}
\end{equation*}
$$

It follows, for example, from the Kramers-Heisenberg formulae (14.154) and (14.155) that the Green tensor is symmetric, $G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)=G_{\beta \alpha}\left(\mathbf{r}^{\prime}, \mathbf{r}, \omega\right)$, and thus we may switch the order of the anticommutator and rewrite the fluctuation-dissipation relation as

$$
\begin{equation*}
\left\langle\left[E_{\alpha}(\mathbf{r}, \tau), E_{\beta}\left(\mathbf{r}^{\prime}, 0\right)\right]_{+}\right\rangle=\frac{\hbar}{\pi} \int_{-\infty}^{\infty} d \omega e^{-i \omega \tau} \operatorname{Im}\left[G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)\right] \operatorname{coth}\left[\frac{\hbar \omega}{2 k_{\mathrm{B}} T}\right] \tag{14.357}
\end{equation*}
$$

We can alternately see this since the left-hand side is real, the time dependence on the right-hand side is of the form $\cos (\omega \tau)$; thus the correlation function is an even function of the time difference $\tau$. Now adding Eqs. (14.355) and (14.357), we obtain

$$
\begin{align*}
\left\langle E_{\alpha}(\mathbf{r}, \tau) E_{\beta}\left(\mathbf{r}^{\prime}, 0\right)\right\rangle & =\frac{\hbar}{2 \pi} \int_{-\infty}^{\infty} d \omega e^{-i \omega \tau} \operatorname{Im}\left[G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)\right]\left\{1+\operatorname{coth}\left[\frac{\hbar \omega}{2 k_{\mathrm{B}} T}\right]\right\} \\
& =\frac{\hbar}{\pi} \int_{-\infty}^{\infty} d \omega e^{-i \omega \tau} \frac{\operatorname{Im}\left[G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)\right]}{1-\exp \left[-\frac{\hbar \omega}{k_{\mathrm{B}} T}\right]} \tag{14.358}
\end{align*}
$$

Inverting the Fourier transform leads to

$$
\begin{equation*}
\int_{-\infty}^{\infty} d \tau\left\langle E_{\alpha}(\mathbf{r}, \tau) E_{\beta}\left(\mathbf{r}^{\prime}, 0\right)\right\rangle e^{i \omega \tau}=2 \hbar \frac{\operatorname{Im}\left[G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)\right]}{1-\exp \left[-\frac{\hbar \omega}{k_{\mathrm{B}} T}\right]} \tag{14.359}
\end{equation*}
$$

and putting this into Eq. (14.354), we find ${ }^{36}$

$$
\begin{equation*}
\Gamma_{\mathrm{i} \rightarrow \mathrm{f}}=\frac{2}{\hbar}\langle\mathrm{i}| d_{\alpha}|\mathrm{f}\rangle\langle\mathrm{f}| d_{\beta}|\mathrm{i}\rangle \frac{\operatorname{Im}\left[G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}, \omega_{\mathrm{if}}\right)\right]}{1-\exp \left[-\frac{\hbar \omega_{\mathrm{if}}}{k_{\mathrm{B}} T}\right]} \tag{14.360}
\end{equation*}
$$

(atomic spontaneous decay rate, finite $T$ )
Notice that this rate diverges linearly with $T$ when $k_{\mathrm{B}} T \gg \omega_{\mathrm{if}}$. Taking the $T \longrightarrow 0$ limit, we find

$$
\begin{equation*}
\Gamma_{\mathrm{i} \rightarrow \mathrm{f}}=\frac{2}{\hbar}\langle\mathrm{i}| d_{\alpha}|\mathrm{f}\rangle\langle\mathrm{f}| d_{\beta}|\mathrm{i}\rangle \operatorname{Im}\left[G_{\alpha \beta}\left(\mathbf{r}, \mathbf{r}, \omega_{\mathrm{if}}\right)\right] \tag{14.361}
\end{equation*}
$$

(atomic spontaneous decay rate, $T=0$ )
for the rate of spontaneous decay for the atomic $|i\rangle \longrightarrow|f\rangle$ transition. Comparing this result to the excited level shift $V^{(2)}$ from Eqs. (14.342) we see that the two expressions have the nearly same form. The obvious differences here are: the extra factor of $2 / \hbar$ here because we are considering a decay rate of population rather than a level shift; the absence here of a level sum and a Heaviside function, although we are implicitly considering only transitions of unstable excited states to lower-energy states, and the total decay rate from any level follows from summing over all posssible decay paths; and finally, the important difference is the presence of the imaginary part of the Green tensor, as opposed to the real part from the level shift. We saw precisely this dependence on the field quadratures before in the classical treatment of these problems [cf. Eq. (1.125)]. This is also what we expected from what we know about generalized susceptibilities from Section 14.1.4.1; the imaginary part alone leads to dissipation.

### 14.3.10.2 Free Space: Green-Tensor Example

Now we can work out the general decay rate (14.361) for the case of free space. Recall that the free-space Green tensor is, from Eq. (14.45),

$$
\begin{equation*}
G_{\alpha \beta}^{(0)}(\mathbf{r}, 0, \omega)=\frac{1}{4 \pi \epsilon_{0}}\left\{\left[3 \hat{r}_{\alpha} \hat{r}_{\beta}-\delta_{\alpha \beta}\right]\left[\frac{1}{r^{3}}-i \frac{k}{r^{2}}\right]-\left[\hat{r}_{\alpha} \hat{r}_{\beta}-\delta_{\alpha \beta}\right] \frac{k^{2}}{r}\right\} e^{i k r} \tag{14.362}
\end{equation*}
$$

In computing the decay rate, we need a product of the form $d_{\alpha} G_{\alpha \beta}^{(0)} d_{\beta}$. The first (near-field) term of the freespace Green tensor then gives a contribution of the form $d_{\alpha}\left[3 \hat{r}_{\alpha} \hat{r}_{\beta}-\delta_{\alpha \beta}\right] d_{\beta}=3(\mathbf{d} \cdot \hat{r})^{2}-d^{2}$, which vanishes for a spherically symmetric atom. The tensor second term is of the form $-d_{\alpha}\left[\hat{r}_{\alpha} \hat{r}_{\beta}-\delta_{\alpha \beta}\right] d_{\beta}=d^{2}-(\mathbf{d} \cdot \hat{r})^{2}=2 d^{2} / 3$; taking the imaginary part and then letting $\mathbf{r} \longrightarrow 0$ gives a factor

$$
\begin{equation*}
\lim _{r \rightarrow 0} \frac{k^{2} \operatorname{Im}\left[e^{i k r}\right]}{r}=k^{3} \tag{14.363}
\end{equation*}
$$

Putting all the pieces together, we find the free-space decay rate for a two-level atom:

$$
\Gamma_{0}=\frac{2}{\hbar}\langle\mathrm{e}| d_{\alpha}|\mathrm{g}\rangle\langle\mathrm{g}| d_{\beta}|\mathrm{e}\rangle \operatorname{Im}\left[G_{\alpha \beta}^{(0)}\left(0,0, \omega_{\mathrm{eg}}\right)\right]=\frac{\left.\omega_{\mathrm{eg}}^{3}|\langle\mathrm{~g}| \mathbf{d}| \mathrm{e}\right\rangle\left.\right|^{2}}{3 \pi \epsilon_{0} \hbar c^{3}}
$$

(free-space atomic spontaneous decay rate) (14.364) This is the same result that we found directly from Fermi's Golden Rule, Eq. (11.61), and of course our result, Eq. (11.29), from our previous Weisskopf-Wigner calculation.

In general, then, we can write the decay rate in the presence of a macroscopic body as

$$
\begin{equation*}
\Gamma(\mathbf{r})=\Gamma_{0}+\frac{2}{\hbar}\langle\mathrm{e}| d_{\alpha}|\mathrm{g}\rangle\langle\mathrm{g}| d_{\beta}|\mathrm{e}\rangle \operatorname{Im}\left[G_{\alpha \beta}^{(\mathrm{s})}\left(\mathbf{r}, \mathbf{r}, \omega_{\mathrm{eg}}\right)\right], \tag{14.365}
\end{equation*}
$$

(atomic spontaneous decay rate)
so that the deviation from the free-space decay rate is given in terms of the scattering part of the Green tensor.

[^220]
### 14.3.10.3 Planar Reflector

As another example, we take the case of an atom near a planar interface. We recall from Eqs. (14.177) and (14.173) the nonvanishing Green-tensor components

$$
\begin{align*}
G_{x x}^{(s)}(z, z, \omega)=G_{y y}^{(s)}(z, z, \omega) & =\frac{i}{8 \pi \epsilon_{0}} \int_{0}^{\infty} d k_{\mathrm{\top}} \frac{k_{\mathrm{T}}}{k_{z}}\left(k_{z}^{2} r_{\|}(\theta, \omega)+k^{2} r_{\perp}(\theta, \omega)\right) e^{2 i k_{z} z}  \tag{14.366}\\
G_{z z}^{(\mathrm{s})}(z, z, \omega) & =-\frac{i}{4 \pi \epsilon_{0}} \int_{0}^{\infty} d k_{\mathrm{T}} \frac{k_{\mathrm{T}}^{3}}{k_{z}} r_{\|}(\theta, \omega) e^{2 i k_{z} z} .
\end{align*}
$$

Taking the matrix elements to be the same in the $x$ and $y$ directions, the shift in the decay rate due to the interface is

$$
\begin{align*}
\delta \Gamma(z) & =\Gamma(z)-\Gamma_{0}=\frac{2}{\hbar}\langle\mathrm{e}| d_{\alpha}|\mathrm{g}\rangle\langle\mathrm{g}| d_{\beta}|\mathrm{e}\rangle \operatorname{Im}\left[G_{\alpha \beta}^{(\mathrm{s})}\left(z, z, \omega_{\mathrm{eg}}\right)\right] \\
& =\frac{1}{2 \pi \epsilon_{0} \hbar} \operatorname{Re}\left\{\int_{0}^{\infty} d k_{\mathrm{T}} \frac{k_{\mathrm{T}}}{k_{z}}\left[\left(d_{\mathrm{ge}, \|}^{2} / 2\right)\left(k_{z}^{2} r_{\|}\left(\theta, \omega_{\mathrm{eg}}\right)+k_{\mathrm{eg}}^{2} r_{\perp}\left(\theta, \omega_{\mathrm{eg}}\right)\right)-d_{\mathrm{ge}, z}^{2}\left(k_{\mathrm{eg}}^{2}-k_{z}^{2}\right) r_{\|}\left(\theta, \omega_{\mathrm{eg}}\right)\right] e^{2 i k_{z} z}\right\} \tag{14.367}
\end{align*}
$$

(decay-rate shift near planar interface)
where $k_{\mathrm{T}}^{2}+k_{z}^{2}=k_{\mathrm{eg}}^{2}=\left(\omega_{\mathrm{eg}} / c\right)^{2}$. Unfortunately, we can't go much further here without a specific assumption regarding the angle dependence of the reflection coefficients.

Near a perfectly conducting interface, we may set both reflection coefficients to unity. Then we change integration variables to $\kappa=-i k_{z}$, so that $k_{\mathrm{T}}^{2}-\kappa^{2}=k_{\text {eg }}^{2}$, with the result

$$
\begin{align*}
\delta \Gamma(z) & =\frac{k_{\mathrm{eg}}^{2}}{2 \pi \epsilon_{0} \hbar}\left[\left(d_{\mathrm{ge}, \|}^{2} / 2-d_{\mathrm{ge}, z}^{2}\right)-\frac{1}{4 k_{\mathrm{eg}}^{2}}\left(d_{\mathrm{ge}, \|}^{2} / 2+d_{\mathrm{ge}, z}^{2}\right) \partial_{z}^{2}\right] \operatorname{Re}\left\{i \int_{-i k_{\mathrm{eg}}}^{\infty} d \kappa e^{-2 \kappa z}\right\} \\
& =\frac{k_{\mathrm{eg}}^{2}}{4 \pi \epsilon_{0} \hbar}\left[\left(d_{\mathrm{ge}, \|}^{2} / 2-d_{\mathrm{ge}, z}^{2}\right)-\frac{1}{4 k_{\mathrm{eg}}^{2}}\left(d_{\mathrm{ge}, \|}^{2} / 2+d_{\mathrm{ge}, z}^{2}\right) \partial_{z}^{2}\right] \frac{1}{z} \operatorname{Re}\left[i e^{2 i k_{\mathrm{eg}} z}\right]  \tag{14.368}\\
& =-\frac{k_{\mathrm{eg}}^{2}}{4 \pi \epsilon_{0} \hbar}\left[\left(d_{\mathrm{ge}, \|}^{2} / 2-d_{\mathrm{ge}, z}^{2}\right)-\frac{1}{4 k_{\mathrm{eg}}^{2}}\left(d_{\mathrm{ge}, \|}^{2} / 2+d_{\mathrm{ge}, z}^{2}\right) \partial_{z}^{2}\right] \frac{\sin \left(2 k_{\mathrm{eg}} z\right)}{z} \\
& =-\frac{k_{\mathrm{eg}}^{3}}{2 \pi \epsilon_{0} \hbar}\left[\left(d_{\mathrm{ge}, \|}^{2} / 2-d_{\mathrm{ge}, z}^{2}\right)-\left(d_{\mathrm{ge}, \|}^{2} / 2+d_{\mathrm{ge}, z}^{2}\right) \partial_{z^{\prime}}^{2}\right] \frac{\sin z^{\prime}}{z^{\prime}}
\end{align*}
$$

where we have switched to the scaled coordinate $z^{\prime}:=2 k_{\text {eg }} z$. Now using the free-space decay rate (14.364), we may write the shift as

$$
\begin{equation*}
\delta \Gamma(z)=-\frac{3}{2} \Gamma_{0}\left[\left(\hat{\varepsilon}_{\|}^{2} / 2-\hat{\varepsilon}_{z}^{2}\right)-\left(\hat{\varepsilon}_{\|}^{2} / 2+\hat{\varepsilon}_{z}^{2}\right) \partial_{z^{\prime}}^{2}\right] \frac{\sin z^{\prime}}{z^{\prime}} \tag{14.369}
\end{equation*}
$$

(decay-rate shift near perfect mirror)
where $\hat{\varepsilon}_{\|}^{2}:=d_{\mathrm{ge}, \|}^{2} / d_{\mathrm{ge}}^{2}$ and $\hat{\varepsilon}_{z}^{2}:=d_{\mathrm{ge}, z}^{2} / d_{\mathrm{ge}}^{2}$. This result is identical to what we derived using the classical model, Eq. (1.132). Recall that the spatial dependence of the quantum modes is purely classical, and that's what determines the spatial dependence of the shift. Evidently, all the "quantumness" in this relation is buried in the details of the free-space decay rate $\Gamma_{0}$.

### 14.4 Exercises

## Problem 14.1

Suppose we denote the permittivity including conduction by

$$
\begin{equation*}
\tilde{\epsilon}(\omega):=\epsilon(\omega)+\frac{i \sigma(\omega)}{\omega} \tag{14.370}
\end{equation*}
$$

where $\epsilon(\omega)$ is analytic in the upper half-plane $(\operatorname{Im}[\omega] \geq 0)$ and obeys the usual Kramers-Kronig relations (14.89)

$$
\begin{align*}
& \operatorname{Re}\left[\epsilon(\omega)-\epsilon_{0}\right]=\frac{1}{\pi} \int_{-\infty}^{\infty} \frac{\operatorname{Im}\left[\epsilon\left(\omega^{\prime}\right)-\epsilon_{0}\right]}{\omega^{\prime}-\omega} d \omega^{\prime}  \tag{14.371}\\
& \operatorname{Im}\left[\epsilon(\omega)-\epsilon_{0}\right]=-\frac{1}{\pi} \int_{-\infty}^{\infty} \frac{\operatorname{Re}\left[\epsilon\left(\omega^{\prime}\right)-\epsilon_{0}\right]}{\omega^{\prime}-\omega} d \omega^{\prime}
\end{align*}
$$

Show that $\tilde{\epsilon}(\omega)$ satisfies the modified Kramers-Kronig relations

$$
\begin{align*}
& \operatorname{Re}\left[\tilde{\epsilon}(\omega)-\epsilon_{0}\right]=\frac{1}{\pi} \int_{-\infty}^{\infty} \frac{\operatorname{Im}\left[\tilde{\epsilon}\left(\omega^{\prime}\right)-\epsilon_{0}\right]}{\omega^{\prime}-\omega} d \omega^{\prime}  \tag{14.372}\\
& \operatorname{Im}\left[\tilde{\epsilon}(\omega)-\epsilon_{0}\right]=-\frac{1}{\pi} \int_{-\infty}^{\infty} \frac{\operatorname{Re}\left[\tilde{\epsilon}\left(\omega^{\prime}\right)-\epsilon_{0}\right]}{\omega^{\prime}-\omega} d \omega^{\prime}+\frac{\sigma_{0}}{\omega}
\end{align*}
$$

where $\sigma_{0}=\sigma(0)$ is the dc conductivity, which is a real number. You may also assume $\sigma(\omega) \longrightarrow 0$ as $\omega \longrightarrow \infty$.

Hint: the algebra is simple if you keep the relations as much as possible in terms of the Hilbert-transform operator $\mathscr{H}$.

## Problem 14.2

Show that the Kramers-Kronig relations for the permittivity

$$
\begin{align*}
& \operatorname{Re}[\epsilon(\omega)]=\epsilon_{0}+\frac{1}{\pi} \int_{-\infty}^{\infty} \frac{\operatorname{Im}\left[\epsilon\left(\omega^{\prime}\right)\right]}{\omega^{\prime}-\omega} d \omega^{\prime}  \tag{14.373}\\
& \operatorname{Im}[\epsilon(\omega)]=-\frac{1}{\pi} \int_{-\infty}^{\infty} \frac{\operatorname{Re}\left[\epsilon\left(\omega^{\prime}\right)\right]-\epsilon_{0}}{\omega^{\prime}-\omega} d \omega^{\prime}
\end{align*}
$$

can be written in the equivalent form

$$
\begin{align*}
& \operatorname{Re}[\epsilon(\omega)]=\epsilon_{0}+\frac{2}{\pi} \int_{0}^{\infty} \frac{\omega^{\prime} \operatorname{Im}\left[\epsilon\left(\omega^{\prime}\right)\right]}{\omega^{\prime 2}-\omega^{2}} d \omega^{\prime}  \tag{14.374}\\
& \operatorname{Im}[\epsilon(\omega)]=-\frac{2 \omega}{\pi} \int_{0}^{\infty} \frac{\operatorname{Re}\left[\epsilon\left(\omega^{\prime}\right)\right]-\epsilon_{0}}{\omega^{\prime 2}-\omega^{2}} d \omega^{\prime} .
\end{align*}
$$

Hint: use the property $\epsilon\left(-\omega^{*}\right)=\epsilon^{*}(\omega)$.

## Problem 14.3

Consider the (classical) forced, damped harmonic oscillator

$$
\begin{equation*}
\ddot{x}+\gamma \dot{x}+\omega_{0}^{2} x=f(t) \tag{14.375}
\end{equation*}
$$

subject to the forcing function $f(t)$.
(a) Find the Green function $g\left(t, t^{\prime}\right)$ for the initially undisturbed system, defined as the solution $x(t)$ where the forcing function $f(t)=\delta\left(t-t^{\prime}\right)$ is an impulse at time $t^{\prime}$, and with $x(t)=0$ for $t<t^{\prime}$. That is, $g\left(t, t^{\prime}\right)$ satisfies

$$
\begin{equation*}
\ddot{g}+\gamma \dot{g}+\omega_{0}^{2} g=\delta\left(t-t^{\prime}\right) \tag{14.376}
\end{equation*}
$$

subject to the boundary condition $g\left(t^{\prime}, t^{\prime}\right)=0$. Assume underdamped oscillation, and don't bother to derive the solution to Eq. (14.375) (look it up from a reputable source).
(b) Write down the general solution to Eq. (14.375) [by integrating Eq. (14.376) over $t^{\prime}$ ] for an arbitrary forcing function $f(t)$ as an integral involving the Green function. Noting that $g\left(t, t^{\prime}\right)=g\left(t-t^{\prime}\right)$, show that the integral is in fact a convolution of $f(t)$ with $g(t)$.
(c) Derive the frequency-space Green function $\tilde{g}(\omega)$, defined as the amplitude $x(\omega)$, where

$$
\begin{equation*}
x(t)=\tilde{x}(\omega) e^{-i \omega t} \tag{14.377}
\end{equation*}
$$

and $x(t)$ is the solution to Eq. (14.375) due to a unit-amplitude, monochromatic forcing at frequency $\omega$,

$$
\begin{equation*}
f(t)=e^{-i \omega t} \tag{14.378}
\end{equation*}
$$

(d) For an arbitrary forcing function $f(t)$ with Fourier transform $\tilde{f}(\omega)$, use the convolution theorem to show that the solution $x(t)$ may be written

$$
\begin{equation*}
x(t)=\frac{1}{2 \pi} \int_{-\infty}^{\infty} d \omega \tilde{g}(\omega) \tilde{f}(\omega) e^{-i \omega t} \tag{14.379}
\end{equation*}
$$

Thus, $\tilde{g}(\omega)$ is the transfer function for the damped harmonic oscillator, because it gives the "transfer efficiency" for the forcing amplitude at frequency $\omega$ through the system. Of course $\tilde{g}(\omega)$ is also the generalized susceptibility for the damped harmonic oscillator, and thus, for example, obeys the Kramers-Kronig relations.

## Problem 14.4

In Section 14.1.4, we argued that $g_{\chi}(t \longrightarrow \infty) \longrightarrow 0$, where $g_{\chi}(t)$ is the inverse Fourier transform of the susceptibility $\chi(\omega)$,

$$
\begin{equation*}
g_{\chi}(t)=\frac{1}{2 \pi} \int_{-\infty}^{\infty} d \omega \chi(\omega) e^{-i \omega t} \tag{14.380}
\end{equation*}
$$

was a reasonable requirement, since a dielectric medium "forgets" any electromagnetic perturbations in the distant past. However, this conclusion is not valid for a conductor.
(a) For a conductor with permittivity

$$
\begin{equation*}
\tilde{\epsilon}(\mathbf{r}, \omega)=\left[\epsilon(\mathbf{r}, \omega)+i \frac{\sigma(\mathbf{r}, \omega)}{\omega}\right] \tag{14.381}
\end{equation*}
$$

take $\chi(\omega)=\tilde{\epsilon}(\mathbf{r}, \omega) / \epsilon_{0}-1$ to be the susceptibility. Then show that $\lim _{t \rightarrow \infty} g_{\chi}(t)=\sigma_{0} / \epsilon_{0}$, where $\sigma_{0}=\sigma(0)$.
Note: this is not a technically difficult problem, but it is rather tricky for two reasons. First, when you set up the semicircular contour integral, the contour you choose will depend on the sign of $t$, in order to get the curved part to go away. Second, the $\chi(\omega)$ is actually not quite correct at $\omega=0$; go ahead and compute $g_{\chi}(t)$ from $\chi(\omega)$, but then adjust the $\omega=0$ component of $\chi(\omega)$ to obtain a result consistent with a causal response.
(b) Since $g_{\chi}(t \longrightarrow \infty) \longrightarrow 0$ fails to hold for a conductor, this means that a conductor doesn't forget perturbations in the distant past. Give a physical interpretation of this statement by considering a (near-dc) pulsed electric field applied to a medium (assume that the sign of the electric field is always positive). What is the net effect of the pulse long after it finishes for a dielectric vs. a conductor?

## Problem 14.5

Prove the integral formula (14.338)

$$
\begin{equation*}
\int_{0}^{\infty} d x \frac{a b}{\left(a^{2}+x^{2}\right)\left(b^{2}+x^{2}\right)}=\frac{\pi}{2\left(a^{2}-b^{2}\right)}(a \operatorname{sgn} b-b \operatorname{sgn} a) \quad(a, b \in \mathbb{R}, a, b \neq 0) \tag{14.382}
\end{equation*}
$$

by considering the contour around the great upper half-plane.

## Problem 14.6

Justify the formula

$$
\begin{equation*}
\lim _{\epsilon \rightarrow 0^{+}} \frac{1}{x \pm i \epsilon}=\mathrm{P} \frac{1}{x} \mp i \pi \delta(x) . \tag{14.383}
\end{equation*}
$$

Here, the "P" denotes the Cauchy principal value, i.e.,

$$
\begin{equation*}
\int_{-\infty}^{\infty} d x \mathrm{P} f(x) \equiv \mathrm{P} \int_{-\infty}^{\infty} d x f(x) \equiv \int_{-\infty}^{\infty} d x f(x) \tag{14.384}
\end{equation*}
$$

Note: the delta function is defined in terms of its action on a test function $f(x)$ under an integral, i.e. $\int d x f(x) \delta(x)=f(0)$. Show that the formula (14.383) holds in the same sense. Are there restrictions on the test functions $f(x)$ for which this formula is valid?

## Problem 14.7

A linear circuit has the following frequency response for the output voltage amplitude $\left|V_{\text {out }}(\omega)\right|$ as a function of the constant input-voltage amplitude $V_{\mathrm{in}}(\omega)$. Sketch the corresponding phase lag $\delta(\omega)$ of the output voltage, given by $V_{\text {out }}=|g(\omega)| V_{\text {in }}(\omega) e^{i \delta(\omega)}$ for some (complex) gain function $g(\omega)$. Explain.


## Chapter 15

## Resolvent Operator

We will now develop a method of calculation based on the resolvent operator. ${ }^{1}$ This method is quite formal but also quite powerful, especially in scattering problems and problems involving transitions to continua.

### 15.1 Definition

The resolvent operator is defined in the complex plane in terms of the time-independent Hamiltonian $H$ by

$$
\begin{equation*}
G(z):=\frac{1}{z-H} \tag{15.1}
\end{equation*}
$$

(resolvent operator)
Expanding into a basis $|\alpha\rangle$ of eigenstates of $H$ (i.e., multiplying by the identity in this basis on either side of the resolvent), we see that

$$
\begin{equation*}
G(z)=\sum_{\alpha} \frac{|\alpha\rangle\langle\alpha|}{z-E_{\alpha}} \tag{15.2}
\end{equation*}
$$

Thus, we see that $G(z)$ has a simple pole at each eigenvalue $E_{\alpha}$ of $H$. In the case of a continuum of states, where the eigenvalues cluster together into a continuous interval along the real line, $G(z)$ has instead a branch cut. For example, for a bound system with ionized states, $G(z)$ has poles at each bound-state energy, but a branch cut beginning at the smallest ionization energy and extending to $+\infty$ along the real axis. There are some subtleties in dealing with branch cuts in $G(z)$ that we will return to later. However, away from the real axis, the resolvent operator is analytic (in the sense that all its matrix elements are analytic functions off the real axis).

### 15.2 Green Functions for the Schrödinger Equation

### 15.2.1 Energy-Space Green Functions

Consider the following function, defined by the integral expression

$$
\begin{equation*}
G^{+}(E):=-\lim _{\delta \rightarrow 0^{+}} \frac{i}{\hbar} \int_{0}^{\infty} d \tau e^{i(E-H) \tau / \hbar} e^{-\delta \tau / \hbar} \tag{15.3}
\end{equation*}
$$

[^221]where the $\delta$ factor is inserted to guarantee convergence of the integral. Carrying out this integral,
\[

$$
\begin{align*}
G^{+}(E) & =-\lim _{\delta \rightarrow 0^{+}} \frac{i}{\hbar} \int_{0}^{\infty} d \tau e^{i(E-H+i \delta) \tau / \hbar} \\
& =-\left.\lim _{\delta \rightarrow 0^{+}} \frac{e^{i(E-H+i \delta) \tau / \hbar}}{E-H+i \delta}\right|_{0} ^{\infty} \\
& =\lim _{\delta \rightarrow 0^{+}} \frac{1}{E-H+i \delta}  \tag{15.4}\\
& =\frac{1}{E-H+i 0^{+}} \\
& =G\left(E+i 0^{+}\right)
\end{align*}
$$
\]

Similarly, we can define the function

$$
\begin{equation*}
G^{-}(E):=\lim _{\delta \rightarrow 0^{+}} \frac{i}{\hbar} \int_{-\infty}^{0} d \tau e^{i(E-H) \tau / \hbar} e^{+\delta \tau / \hbar} \tag{15.5}
\end{equation*}
$$

which becomes

$$
\begin{align*}
G^{-}(E) & =\lim _{\delta \rightarrow 0^{+}} \frac{i}{\hbar} \int_{-\infty}^{0} d \tau e^{i(E-H-i \delta) \tau / \hbar} \\
& =\frac{1}{E-H-i 0^{+}}  \tag{15.6}\\
& =G\left(E-i 0^{+}\right)
\end{align*}
$$

For reasons we will see, $G_{+}(E)$ is called the retarded Green function, in energy (frequency) space, while $G_{-}(E)$ is called the advanced Green function in energy space. We have thus shown that both Green functions are related to the resolvent via

$$
\begin{equation*}
G^{ \pm}(E)=G\left(E \pm i 0^{+}\right)=\frac{1}{E-H \pm i 0^{+}} \tag{15.7}
\end{equation*}
$$

(retarded and advanced Green functions)
That is they are essentially the resolvent along the line displaced infinitesimally above and below the real axis. These differ due to the singular nature of the resolvent along the real axis.

### 15.2.2 Time-Dependent Green Functions and Propagators

Now note that the definition (15.3) can be rewritten

$$
\begin{equation*}
G^{+}(E)=\frac{1}{i \hbar} \int_{-\infty}^{\infty} d \tau e^{i\left(E+i 0^{+}\right) \tau / \hbar} U(\tau, 0) \Theta(\tau) \tag{15.8}
\end{equation*}
$$

where $\Theta(\tau)$ is the Heaviside step function and $U(\tau, 0)=e^{-i H \tau / \hbar}$ is the unitary time-evolution operator from time 0 to $\tau$ for evolution under the time-independent Hamiltonian $H$. That is, $G_{+}(E)$ is (within a specific normalization convention) the Fourier transform of "half" of the time-evolution operator, $U(\tau, 0) \Theta(\tau)$. Similarly, from the definition (15.5), we see that

$$
\begin{equation*}
G^{-}(E)=\frac{1}{i \hbar} \int_{-\infty}^{\infty} d \tau e^{i\left(E-i 0^{+}\right) \tau / \hbar}[-U(\tau, 0) \Theta(-\tau)] \tag{15.9}
\end{equation*}
$$

so that up to a minus sign, $G_{-}(E)$ is the Fourier transform of the "other half" of the time-evolution operator, $U(\tau, 0) \Theta(-\tau)$. Thus, defining the time-dependent Green functions

$$
\begin{equation*}
G^{ \pm}\left(t, t_{0}\right):= \pm U\left(t, t_{0}\right) \Theta\left[ \pm\left(t-t_{0}\right)\right] \tag{15.10}
\end{equation*}
$$

(retarded and advanced Green functions)
these are related by the above Green functions by a Fourier transform:

$$
\begin{equation*}
G^{ \pm}(E)=\frac{1}{i \hbar} \int_{-\infty}^{\infty} d \tau e^{i\left[E+(\operatorname{sgn} \tau) i 0^{+}\right] \tau / \hbar} G^{ \pm}(\tau, 0) \tag{15.11}
\end{equation*}
$$

(Green-function Fourier transform)
We use the argument of the Green function to determine in which space it lives. Note that since we are dealing with time-independent systems, $G_{ \pm}\left(t, t_{0}\right)$ only depends on $t-t_{0}$.

Why the terminology of advanced and retarded Green functions? First, recall [Eq. (4.36)] that the time-evolution operator satisfies the Schrödinger equation,

$$
\begin{equation*}
i \hbar \partial_{t} U\left(t, t_{0}\right)=H U\left(t, t_{0}\right) \tag{15.12}
\end{equation*}
$$

We can use this relation and $\partial_{\tau} \Theta(\tau)=\delta(\tau)$ to differentiate the Green functions:

$$
\begin{align*}
i \hbar \partial_{t} G^{ \pm}\left(t, t_{0}\right) & = \pm i \hbar \partial_{t}\left\{U\left(t, t_{0}\right) \Theta\left[ \pm\left(t-t_{0}\right)\right]\right\} \\
& = \pm H U\left(t, t_{0}\right) \Theta\left[ \pm\left(t-t_{0}\right)\right] \pm i \hbar U\left(t, t_{0}\right)\left[ \pm \delta\left(t-t_{0}\right)\right]  \tag{15.13}\\
& = \pm H G^{ \pm}\left(t, t_{0}\right)+i \hbar \delta\left(t-t_{0}\right)
\end{align*}
$$

In the last step, we used $U\left(t_{0}, t_{0}\right)=1$. Thus, we have shown that

$$
\begin{equation*}
\left(i \hbar \partial_{t}-H\right) G^{ \pm}\left(t, t_{0}\right)=i \hbar \delta\left(t-t_{0}\right) \tag{15.14}
\end{equation*}
$$

(Green functions for the Schrödinger equation)
Thus, $G_{ \pm}\left(t, t_{0}\right)$ is the solution to the Schrödinger equation, "driven" by a delta-function impulse at $t=t_{0}$. In particular, $G_{+}\left(t, t_{0}\right)$ is the "retarded" Green function, because the "source" is in the past, and the response follows after the impulse, $t>t_{0}$. Similarly, $G_{-}\left(t, t_{0}\right)$ is the "advanced" Green function, because the source is in the future, and the response comes before the impulse, $t<t_{0}$. Both Green functions obey the same equation, but correspond to different boundary conditions.

Inverting the Fourier-transform relation (15.11) gives

$$
\begin{equation*}
G^{ \pm}(\tau, 0)=-\frac{1}{2 \pi i} \int_{-\infty}^{\infty} d E e^{-i E \tau / \hbar} G^{ \pm}(E) \tag{15.15}
\end{equation*}
$$

(Green-function inverse Fourier transform)
In particular, the case of $G^{+}(\tau, 0)$ is important, as it gives the time-evolution operator for evolving the system forward from $t=0$ to $\tau$ :

$$
\begin{equation*}
U(\tau, 0)=-\frac{1}{2 \pi i} \int_{-\infty}^{\infty} d E e^{-i E \tau / \hbar} G^{+}(E) \quad(\tau>0) \tag{15.16}
\end{equation*}
$$

(Green-function Fourier relation)
This relation is particularly useful in that it shows that matrix elements of the evolution operator,

$$
\begin{equation*}
K\left(\beta, t ; \alpha, t_{0}\right):=\langle\beta| U\left(t, t_{0}\right)|\alpha\rangle \tag{15.17}
\end{equation*}
$$

(propagator)
collectively called the propagator, can be computed from matrix elements of the retarded Green function. The propagator gives the transition probability, the probability of finding the system in state $\beta$ at time $t$, given that it was in state $\alpha$ at the (earlier) time $t_{0}$.

### 15.2.3 Relation to Laplace Transform

We have seen what amounts to this formalism before, when solving the optical Bloch equations via the Laplace-transform method. Recall (Section 5.5.2.1) that the Laplace transform of a time derivative is

$$
\begin{equation*}
\mathscr{L}[\dot{y}(t)]=s \mathscr{L}[y(t)]-y(0) \tag{15.18}
\end{equation*}
$$

where the Laplace transform is defined in general by

$$
\begin{equation*}
\mathscr{L}[y](s):=\int_{0}^{\infty} d t e^{-s t} y(t) \tag{15.19}
\end{equation*}
$$

The Laplace transform of $\partial_{t} U\left(t, t_{0}\right)$ is then

$$
\begin{equation*}
\mathscr{L}\left[\partial_{t} U\left(t, t_{0}\right)\right]=s \mathscr{L}\left[U\left(t, t_{0}\right)\right]-U\left(t_{0}, t_{0}\right)=s \mathscr{L}\left[U\left(t, t_{0}\right)\right]-1 . \tag{15.20}
\end{equation*}
$$

Then the Laplace transform of Eq. (15.12) reads

$$
\begin{equation*}
i \hbar s \mathscr{L}\left[U\left(t, t_{0}\right)\right]-i \hbar=H \mathscr{L}\left[U\left(t, t_{0}\right)\right] \tag{15.21}
\end{equation*}
$$

or

$$
\begin{equation*}
(i \hbar s-H) \mathscr{L}\left[U\left(t, t_{0}\right)\right]=i \hbar \tag{15.22}
\end{equation*}
$$

so that the Laplace transform of the evolution operator becomes

$$
\begin{equation*}
\frac{1}{i \hbar} \mathscr{L}\left[U\left(t, t_{0}\right)\right]=\frac{1}{i \hbar s-H} . \tag{15.23}
\end{equation*}
$$

Comparing this to the definition (15.1) of the resolvent, we can identify $z=i \hbar s$ as the rescaled coordinate, and $G(z)$ is proportional to the Laplace transform of the evolution operator, but with a rescaled coordinate, rotated along the imaginary axis. The propagator relation (15.16) is essentially the inverse Laplace transform for $\tau>0$, representing a convenient method to algebraically solve the initial-value problem for the propagator.

### 15.3 Transitions Between Discrete States

Consider a quantum system described by Hamiltonian

$$
\begin{equation*}
H=H_{0}+V \tag{15.24}
\end{equation*}
$$

where $H_{0}$ is the unperturbed Hamiltonian, with interaction $V$ causing transitions among the eigenstates of $H_{0}$. We then have two resolvents, one corresponding to the perturbed Hamiltonian and given by the original definition (15.1), and one corresponding to the unperturbed system,

$$
\begin{equation*}
G_{0}(z):=\frac{1}{z-H_{0}} \tag{15.25}
\end{equation*}
$$

(unperturbed resolvent operator)
It is convenient to relate these two operators. Starting with $B=A+(B-A)$ for arbitrary $A$ and $B$, we multiply on the left by $B^{-1}$ and on the right by $A^{-1}$ to obtain the identity

$$
\begin{equation*}
\frac{1}{A}=\frac{1}{B}+\frac{1}{B}(B-A) \frac{1}{A} \tag{15.26}
\end{equation*}
$$

Letting $A=z-H_{0}-V$ and $B=z-H_{0}$, we find

$$
\begin{equation*}
G(z)=G_{0}(z)+G_{0}(z) V G(z) \tag{15.27}
\end{equation*}
$$

(perturbed resolvent)
This relation may be used directly, or it may be iterated to obtain a perturbation series in terms of the unperturbed resolvent:

$$
\begin{equation*}
G=G_{0}+G_{0} V G_{0}+G_{0} V G_{0} V G_{0}+G_{0} V G_{0} V G_{0} V G_{0}+\cdots \tag{15.28}
\end{equation*}
$$

(perturbed resolvent)

In the nonperturbative case, we may take matrix elements of the relation (15.27) in the basis of eigenstates of $H_{0}$. The diagonal matrix elements become

$$
\begin{align*}
\langle\alpha| G(z)|\alpha\rangle & =\langle\alpha| G_{0}(z)|\alpha\rangle+\langle\alpha| G_{0}(z) V G(z)|\alpha\rangle \\
& =\frac{1}{z-E_{\alpha}}+\frac{1}{z-E_{\alpha}} \sum_{j}\langle\alpha| V|j\rangle\langle j| G(z)|\alpha\rangle \tag{15.29}
\end{align*}
$$

while the off-diagonal elements become

$$
\begin{align*}
\langle\beta| G(z)|\alpha\rangle & =\langle\beta| G_{0}(z)|\alpha\rangle+\langle\beta| G_{0}(z) V G(z)|\alpha\rangle \\
& =\frac{1}{z-E_{\beta}} \sum_{j}\langle\beta| V|j\rangle\langle j| G(z)|\alpha\rangle \tag{15.30}
\end{align*}
$$

for $\beta \neq \alpha$. Writing these more compactly,

$$
\begin{align*}
& \left(z-E_{\alpha}\right) G_{\alpha \alpha}(z)=1+\sum_{j} V_{\alpha j} G_{j \alpha}(z)  \tag{15.31}\\
& \left(z-E_{\beta}\right) G_{\beta \alpha}(z)=\sum_{j} V_{\beta j} G_{j \alpha}(z) \quad(\beta \neq \alpha)
\end{align*}
$$

(resolvent matrix elements)

The strategy then is to solve the algebraic equations, and then compute the inverse Fourier transform for the resolvent matrix elements to obtain the propagator.

### 15.3.1 Example: Rabi Oscillations

As an example, we revisit the Rabi-flopping problem in the two-level atom from Section 5.2.2. In the rotating frame of the laser field, the free atomic Hamiltonian is

$$
\begin{equation*}
H_{0}=-\hbar \Delta|\mathrm{e}\rangle\langle\mathrm{e}|, \tag{15.32}
\end{equation*}
$$

while the laser-driven interaction is

$$
\begin{equation*}
V=\frac{\hbar \Omega}{2}\left(\sigma+\sigma^{\dagger}\right)=\frac{\hbar \Omega}{2}(|\mathrm{~g}\rangle\langle\mathrm{e}|+|\mathrm{e}\rangle\langle\mathrm{g}|) \tag{15.33}
\end{equation*}
$$

Then the relations Eqs. (15.31) for the resolvent matrix elements become

$$
\begin{align*}
(z+\hbar \Delta) G_{\mathrm{ee}} & =1+\frac{\hbar \Omega}{2} G_{\mathrm{ge}} \\
z G_{\mathrm{gg}} & =1+\frac{\hbar \Omega}{2} G_{\mathrm{eg}}  \tag{15.34}\\
(z+\hbar \Delta) G_{\mathrm{eg}} & =\frac{\hbar \Omega}{2} G_{\mathrm{gg}} \\
z G_{\mathrm{ge}} & =\frac{\hbar \Omega}{2} G_{\mathrm{ee}}
\end{align*}
$$

Taking the third relation and using the second relation to eliminate $G_{g g}$ decouples the relations and gives a relation for $G_{\text {eg }}$ alone:

$$
\begin{equation*}
(z+\hbar \Delta) G_{\mathrm{eg}}=\frac{\hbar \Omega}{2} G_{\mathrm{gg}}=\frac{\hbar \Omega}{2 z}\left(1+\frac{\hbar \Omega}{2} G_{\mathrm{eg}}\right) \tag{15.35}
\end{equation*}
$$

Solving for $G_{\mathrm{eg}}$,

$$
\begin{equation*}
G_{\mathrm{eg}}(z)=\frac{\hbar \Omega / 2}{z^{2}+\hbar \Delta z-\hbar^{2} \Omega^{2} / 4} \tag{15.36}
\end{equation*}
$$

Factoring the quadratic denominator,

$$
\begin{equation*}
G_{\mathrm{eg}}(z)=\frac{\hbar \Omega / 2}{\left(z+\frac{\hbar \Delta}{2}+\frac{\hbar \tilde{\Omega}}{2}\right)\left(z+\frac{\hbar \Delta}{2}-\frac{\hbar \tilde{\Omega}}{2}\right)} \tag{15.37}
\end{equation*}
$$

we see that this matrix element has poles at

$$
\begin{equation*}
z=-\frac{\hbar \Delta}{2} \pm \frac{\hbar \tilde{\Omega}}{2} \tag{15.38}
\end{equation*}
$$

where as before

$$
\begin{equation*}
\tilde{\Omega}:=\sqrt{\Omega^{2}+\Delta^{2}} \tag{15.39}
\end{equation*}
$$

is the generalized Rabi frequency. Now the corresponding matrix element of the retarded Green function is

$$
\begin{equation*}
G_{\mathrm{eg}}^{+}(E)=G_{\mathrm{eg}}\left(E+i 0^{+}\right)=\frac{\hbar \Omega / 2}{\left(E+\frac{\hbar \Delta}{2}+\frac{\hbar \tilde{\Omega}}{2}+i 0^{+}\right)\left(E+\frac{\hbar \Delta}{2}-\frac{\hbar \tilde{\Omega}}{2}+i 0^{+}\right)} \tag{15.40}
\end{equation*}
$$

In this expression, the $i 0^{+}$terms have the effect of shifting both poles infinitesimally below the real axis. Now according to Eq. (15.16), the relevant propagator is given by the inverse Fourier transform

$$
\begin{equation*}
\langle\mathrm{e}| U(\tau, 0)|\mathrm{g}\rangle=-\frac{1}{2 \pi i} \int_{-\infty}^{\infty} d E e^{-i E \tau / \hbar} G_{\mathrm{eg}}^{+}(E) \quad(\tau>0) \tag{15.41}
\end{equation*}
$$

Due to the form of the exponential factor, in the lower complex plane $E=x-i y$ gives a damping factor of the form $e^{-y \tau / \hbar}$. Thus to evaluate this integral, we complete the contour around the lower half-plane.


The contribution from the lower great half-circle vanishes due to the exponential factor and the asymptotic $E^{-2}$ dependence of the remaining part of the integrand. However, the contour encloses both poles, and the Cauchy integral formula [Eq. (14.78)] states that the integral is $2 \pi i$ times the sum of the two residues; however, because the contour runs clockwise, we should also include another minus sign.. We thus find

$$
\begin{align*}
\langle\mathrm{e}| U(\tau, 0)|\mathrm{g}\rangle & =\frac{(\hbar \Omega / 2) e^{i(\Delta+\tilde{\Omega}) \tau / 2}}{-\hbar \tilde{\Omega}}+\frac{(\hbar \Omega / 2) e^{i(\Delta-\tilde{\Omega}) \tau / 2}}{\hbar \tilde{\Omega}}  \tag{15.42}\\
& =-i \frac{\Omega}{\tilde{\Omega}} e^{i \Delta \tau / 2} \sin \frac{\tilde{\Omega} \tau}{2}
\end{align*}
$$

This gives the probability amplitude of finding the atom in the excited state at time $\tau$, given that it was in the ground state at time 0. Thus, it agrees with our earlier solution in Section 5.2.2.1.

### 15.4 Level-Shift Operator

Again, let's start with a system with Hamiltonian $H=H_{0}+V$, where $H_{0}$ is the unperturbed Hamiltonian. Working with the eigenstates of $H_{0}$, we may be interested in particular in the matrix element $G_{\alpha \alpha}(z)$, which
reflects the survival probability of state $|\alpha\rangle$ due to the perturbation $V$. Now suppose we define projection operators for $|\alpha\rangle$ and everything but $|\alpha\rangle:^{2}$

$$
\begin{equation*}
P_{\alpha}:=|\alpha\rangle\langle\alpha|, \quad Q_{\alpha}:=1-P_{\alpha}=\sum_{j \neq \alpha}|j\rangle\langle j| . \tag{15.43}
\end{equation*}
$$

Now recalling that the resolvent is defined by

$$
\begin{equation*}
(z-H) G(z)=\left(z-H_{0}-V\right) G(z)=1 \tag{15.44}
\end{equation*}
$$

we can insert a $\left(P_{\alpha}+Q_{\alpha}\right)$ before the resolvent, and then operate on the right with $P_{\alpha}$ :

$$
\begin{equation*}
\left(z-H_{0}-V\right)\left(P_{\alpha}+Q_{\alpha}\right) G(z) P_{\alpha}=P_{\alpha} \tag{15.45}
\end{equation*}
$$

This then becomes

$$
\begin{equation*}
\left(z-H_{0}-V\right) P_{\alpha}\left[P_{\alpha} G(z) P_{\alpha}\right]+\left(z-H_{0}-V\right) Q_{\alpha}\left[Q_{\alpha} G(z) P_{\alpha}\right]=P_{\alpha} \tag{15.46}
\end{equation*}
$$

where we used $P_{\alpha}^{2}=P_{\alpha}$ and $Q_{\alpha}^{2}=Q_{\alpha}$. Operating on the left with $P_{\alpha}$, and using $P_{\alpha} Q_{\alpha}=Q_{\alpha} P_{\alpha}=0$ [in particular, $\left.P_{\alpha}\left(z-H_{0}\right) Q_{\alpha}=0\right]$,

$$
\begin{equation*}
P_{\alpha}(z-H) P_{\alpha}\left[P_{\alpha} G(z) P_{\alpha}\right]-P_{\alpha} V Q_{\alpha}\left[Q_{\alpha} G(z) P_{\alpha}\right]=P_{\alpha} . \tag{15.47}
\end{equation*}
$$

Operating on the left of Eq. (15.46) instead with $Q_{\alpha}$,

$$
\begin{equation*}
-Q_{\alpha} V P_{\alpha}\left[P_{\alpha} G(z) P_{\alpha}\right]+Q_{\alpha}(z-H) Q_{\alpha}\left[Q_{\alpha} G(z) P_{\alpha}\right]=0 \tag{15.48}
\end{equation*}
$$

Solving for $Q_{\alpha} G(z) P_{\alpha}$,

$$
\begin{equation*}
Q_{\alpha} G(z) P_{\alpha}=\frac{Q_{\alpha}}{Q_{\alpha}(z-H) Q_{\alpha}} V P_{\alpha}\left[P_{\alpha} G(z) P_{\alpha}\right] \tag{15.49}
\end{equation*}
$$

and putting this into Eq. (15.47) to decouple these two equations,

$$
\begin{equation*}
P_{\alpha}(z-H) P_{\alpha}\left[P_{\alpha} G(z) P_{\alpha}\right]-P_{\alpha} V Q_{\alpha} \frac{Q_{\alpha}}{Q_{\alpha}(z-H) Q_{\alpha}} V P_{\alpha}\left[P_{\alpha} G(z) P_{\alpha}\right]=P_{\alpha} \tag{15.50}
\end{equation*}
$$

Simplifying and expanding out the Hamiltonian, we find

$$
\begin{equation*}
P_{\alpha}\left[z-H_{0}-V-V \frac{Q_{\alpha}}{z-Q_{\alpha} H_{0} Q_{\alpha}-Q_{\alpha} V Q_{\alpha}} V\right] P_{\alpha} G(z) P_{\alpha}=P_{\alpha} \tag{15.51}
\end{equation*}
$$

The part of the quantity in braces involving the interaction potential is important, and is called the levelshift operator:

$$
\begin{equation*}
R(z):=V+V \frac{Q_{\alpha}}{z-Q_{\alpha} H_{0} Q_{\alpha}-Q_{\alpha} V Q_{\alpha}} V \tag{15.52}
\end{equation*}
$$

(level-shift operator)
Then Eq. (15.51) becomes

$$
\begin{equation*}
P_{\alpha}\left[z-H_{0}-R(z)\right] P_{\alpha} G(z) P_{\alpha}=P_{\alpha} \tag{15.53}
\end{equation*}
$$

or

$$
\begin{equation*}
P_{\alpha} G(z) P_{\alpha}=\frac{P_{\alpha}}{z-P_{\alpha} H_{0} P_{\alpha}-P_{\alpha} R(z) P_{\alpha}} \tag{15.54}
\end{equation*}
$$

In particular, by matching the coefficient of $P_{\alpha}$, this means that the relevant matrix element of the resolvent is given by

$$
\begin{equation*}
G_{\alpha \alpha}(z)=\frac{1}{z-E_{\alpha}-R_{\alpha \alpha}(z)} \tag{15.55}
\end{equation*}
$$

(resolvent matrix element in terms of level-shift operator)

[^222]Note that so far this is an exact expression. Furthermore, this formalism is easy to generalize to the case of survival among a subspace of multiple states: $P_{\alpha}$ is redefined as the sum of projectors over the relevant states, and we still have $Q_{\alpha}=1-P_{\alpha}$, with all the algebra so far carrying through except for the last expression above.

### 15.4.1 Decomposition of the Level-Shift Operator

In analyzing the resolvent $G(z)$, recall that we in general require the resolvent just next to the real axis, $G\left(E \pm i 0^{+}\right)$. We will similarly require the level-shift operator at the same locations, $R\left(E \pm i 0^{+}\right)$. Using the relation (Problem 14.6)

$$
\begin{equation*}
\frac{1}{x \pm i 0^{+}}=\mathrm{P} \frac{1}{x} \mp i \pi \delta(x) \tag{15.56}
\end{equation*}
$$

where the "P" denotes that an integral taken over that term is interpreted as a Cauchy principal value, we can rewrite Eq. (15.52) just off the real axis as

$$
\begin{equation*}
R\left(E \pm i 0^{+}\right)=V+\mathrm{P} V \frac{Q_{\alpha}}{E-Q_{\alpha} H Q_{\alpha}} V \mp i \pi V Q_{\alpha} \delta\left(E-Q_{\alpha} H Q_{\alpha}\right) Q_{\alpha} V \tag{15.57}
\end{equation*}
$$

Now defining the Hermitian operators

$$
\begin{equation*}
\Delta(E):=\mathrm{P} \frac{1}{\hbar} V \frac{Q_{\alpha}}{E-Q_{\alpha} H Q_{\alpha}} V \tag{15.58}
\end{equation*}
$$

(Hermitian part of level-shift operator)
and

$$
\begin{equation*}
\Gamma(E):=\frac{2 \pi}{\hbar} V Q_{\alpha} \delta\left(E-Q_{\alpha} H Q_{\alpha}\right) Q_{\alpha} V \tag{15.59}
\end{equation*}
$$

(anti-Hermitian part of level-shift operator)
we see that these are the Hermitian and anti-Hermitian parts of the level-shift operator, which we can now write as

$$
\begin{equation*}
R\left(E \pm i 0^{+}\right)=V+\hbar \Delta(E) \mp i \frac{\hbar \Gamma(E)}{2} \tag{15.60}
\end{equation*}
$$

(level-shift operator)
The operators $\Delta$ and $\Gamma$ correspond to dispersive and dissipative effects (i.e., Stark shifts and decay) due to the perturbation $V$. To see this explicitly, we can write down the retarded Green function as

$$
\begin{equation*}
G_{\alpha \alpha}^{+}(E)=G_{\alpha \alpha}\left(E+i 0^{+}\right)=\frac{1}{E-E_{\alpha}-V_{\alpha \alpha}-\hbar \Delta_{\alpha \alpha}(E)+i\left[\hbar \Gamma_{\alpha \alpha}(E) / 2+0^{+}\right]} \tag{15.61}
\end{equation*}
$$

In this form, the resolvent appears to have a pole where $E$ satisfies

$$
\begin{equation*}
E=E_{\alpha}+V_{\alpha \alpha}+\hbar \Delta_{\alpha \alpha}(E)-i \hbar \frac{\Gamma_{\alpha \alpha}(E)}{2} \tag{15.62}
\end{equation*}
$$

though of course the nature of the singularities of the resolvent depends on the exact forms of $\Delta_{\alpha \alpha}(E)$ or $\Gamma_{\alpha \alpha}(E)$. In the pole approximation, we assume that the interaction $V$ leads only to a very weak perturbation and thus we can replace $E$ by $E_{\alpha}$ on the right-hand side of this expression:

$$
\begin{equation*}
E \approx E_{\alpha}+V_{\alpha \alpha}+\hbar \Delta_{\alpha \alpha}\left(E_{\alpha}\right)-i \hbar \frac{\Gamma_{\alpha \alpha}\left(E_{\alpha}\right)}{2} \tag{15.63}
\end{equation*}
$$

Then the propagator from Eq. (15.16) becomes

$$
\begin{align*}
U_{\alpha \alpha}(\tau, 0) & =-\frac{1}{2 \pi i} \int_{-\infty}^{\infty} d E e^{-i E \tau / \hbar} G^{+}(E) \quad(\tau>0)  \tag{15.64}\\
& =e^{-i\left(E_{\alpha}+V_{\alpha \alpha}\right) \tau / \hbar} e^{-i \Delta_{\alpha \alpha}\left(E_{\alpha}\right) \tau} e^{-\Gamma_{\alpha \alpha}\left(E_{\alpha}\right) \tau / 2}
\end{align*}
$$

Thus, we see that the energy of the state $|\alpha\rangle$ has been shifted by the first-order shift $V_{\alpha \alpha}$ as well as the higher-order shift $\Delta_{\alpha \alpha}\left(E_{\alpha}\right)$. The population of the state $|\alpha\rangle$ also decays at the rate $\Gamma_{\alpha \alpha}\left(E_{\alpha}\right)$.

### 15.4.2 Perturbation Expansion

Though exact, the expression we have is not yet so illuminating, particularly in the form of the level-shift operator (15.52). However, we can first note that

$$
\begin{equation*}
\frac{Q_{\alpha}}{z-Q_{\alpha} H_{0} Q_{\alpha}}=\frac{Q_{\alpha}}{z-H_{0}} \tag{15.65}
\end{equation*}
$$

That is, since $Q_{\alpha}$ is a sum of projectors of eigenstates of $H_{0}$, the operators $Q_{\alpha}$ and $\left(z-H_{0}\right)^{-1}$ commute, and $\left(z-H_{0}\right)^{-1}$ acts as a scalar when multiplied by each of the projectors in $Q_{\alpha}$. Then we can rewrite the level-shift operator as

$$
\begin{equation*}
R(z)=V+V \frac{Q_{\alpha}}{\left(z-Q_{\alpha} H_{0} Q_{\alpha}\right)\left(1-\frac{Q_{\alpha} V Q_{\alpha}}{z-Q_{\alpha} H_{0} Q_{\alpha}}\right)} V=V+V \frac{Q_{\alpha}}{z-H_{0}} \frac{1}{1-Q_{\alpha} V \frac{Q_{\alpha}}{z-H_{0}}} V \tag{15.66}
\end{equation*}
$$

Expanding the largest factor in a series, we have

$$
\begin{equation*}
R(z)=V+V \frac{Q_{\alpha}}{z-H_{0}} V+V \frac{Q_{\alpha}}{z-H_{0}} V \frac{Q_{\alpha}}{z-H_{0}} V+\cdots \tag{15.67}
\end{equation*}
$$

(series expansion of level-shift operator)
Then the matrix element we need for Eq. (15.55) is

$$
\begin{equation*}
R_{\alpha \alpha}(z)=V_{\alpha \alpha}+\sum_{\beta \neq \alpha} \frac{V_{\alpha \beta} V_{\beta \alpha}}{z-E_{\beta}}+\sum_{\substack{\beta \neq \alpha \\ \gamma \neq \alpha}} \frac{V_{\alpha \beta} V_{\beta \gamma} V_{\gamma \alpha}}{\left(z-E_{\beta}\right)\left(z-E_{\gamma}\right)}+\cdots \tag{15.68}
\end{equation*}
$$

(series expansion of level-shift matrix element)
This series can be truncated at any order in $V$. Note that, at least up to the second-order term, setting $z=E_{\alpha}$ gives the energy shift of the unperturbed level $\alpha$ in time-independent perturbation theory.

To gain a bit more insight into this perturbation expansion, note that Eq. (15.55) can be expanded as

$$
\begin{equation*}
G_{\alpha \alpha}(z)=\frac{1}{z-E_{\alpha}}\left[1+\frac{R_{\alpha \alpha}(z)}{z-E_{\alpha}}+\frac{R_{\alpha \alpha}^{2}(z)}{\left(z-E_{\alpha}\right)^{2}}+\cdots\right] \tag{15.69}
\end{equation*}
$$

Thus, even when $R_{\alpha \alpha}(z)$ is truncated to some order in the perturbation, $G_{\alpha \alpha}(z)$ in the form (15.55) still contains contributions at all orders in $V$, and so corresponds to some nonperturbative expansion of the resolvent. We can compare this to the direct series expansion (15.28) of the resolvent, which gives

$$
\begin{equation*}
G_{\alpha \alpha}(z)=\frac{1}{z-E_{\alpha}}\left[1+\frac{V_{\alpha \alpha}}{z-E_{\alpha}}+\sum_{\beta} \frac{V_{\alpha \beta} V_{\beta \alpha}}{\left(z-E_{\alpha}\right)\left(z-E_{\beta}\right)}+\sum_{\beta \gamma} \frac{V_{\alpha \beta} V_{\beta \gamma} V_{\gamma \alpha}}{\left(z-E_{\alpha}\right)\left(z-E_{\beta}\right)\left(z-E_{\gamma}\right)}+\cdots\right] \tag{15.70}
\end{equation*}
$$

[Note that the summation indices are not restricted as in Eq. (15.68).] The two series expansions (15.68) and (15.70) have exactly the same terms, but correspond to different orderings of the term. The direct expansion (15.70) is strictly in powers of the perturbation $V$. However, in the expression (15.68), we note that $R_{\alpha \alpha}$ never contains $\left(z-E_{\alpha}\right)$ in any denominator. Thus, the expansion (15.69) for $G_{\alpha \alpha}(z)$ corresponds to a power series (Laurent series) in $\left(z-E_{\alpha}\right)^{-1}$. This focus on the pole at $E_{\alpha}$ is sensible if we are interested in the effects of the perturbation on the state $|\alpha\rangle$, whose properties are determined by the resolvent in the vicinity of the perturbed energy of state $|\alpha\rangle$. Given a small perturbation, the pole should not have shifted too much, so we are still maintaining accuracy in the relevant region. ${ }^{3}$ (For example, the residue of the shifted pole gives the perturbed dynamics, and thus accuracy in this neighborhood is important.)

[^223]It is also convenient to give the series expansion in terms of the Hermitian and anti-Hermitian parts of $R\left(E \pm i 0^{+}\right)$. The Hermitian part $\Delta(E)$ from Eq. (15.58) expands in the same way as the resolvent in Eq. (15.68):

$$
\begin{equation*}
\Delta(E)=V+V \frac{Q_{\alpha}}{E-H_{0}} V+V \frac{Q_{\alpha}}{E-H_{0}} V \frac{Q_{\alpha}}{E-H_{0}} V+\cdots \tag{15.71}
\end{equation*}
$$

(expansion of level-shift operator, Hermitian part)
The diagonal matrix elements are then

$$
\begin{equation*}
\hbar \Delta_{\alpha \alpha}(E)=V_{\alpha \alpha}+\sum_{\beta \neq \alpha} \frac{V_{\alpha \beta} V_{\beta \alpha}}{E-E_{\beta}}+\sum_{\substack{\beta \neq \alpha \\ \gamma \neq \alpha}} \frac{V_{\alpha \beta} V_{\beta \gamma} V_{\gamma \alpha}}{\left(E-E_{\beta}\right)\left(E-E_{\gamma}\right)}+\cdots \tag{15.72}
\end{equation*}
$$

(matrix-element expansion of level-shift operator, Hermitian part)
The same matrix element of the anti-Hermitian part, from Eq. (15.59), is

$$
\begin{equation*}
\Gamma_{\alpha \alpha}(E)=\frac{2 \pi}{\hbar} \sum_{\substack{\beta \neq \alpha \\ \gamma \neq \alpha}} V_{\alpha \beta} V_{\gamma \alpha} \delta\left(E-\delta_{\beta \gamma} E_{\beta}-V_{\beta \gamma}\right) \tag{15.73}
\end{equation*}
$$

(anti-Hermitian part of level-shift operator)
Notice the similarity to Fermi's Golden Rule [Eq. (11.51)], except here we are summing over all possible decay paths.

### 15.5 Spontaneous Decay

### 15.5.1 Pole Approximation

As in our previous analysis of spontaneous emission in Chapter 11, we take the state $|\mathrm{e}\rangle$ to be coupled to $\left|\mathrm{g}, 1_{\mathbf{k}, \zeta}\right\rangle$, with the relevant matrix element of the interaction Hamiltonian reading [Eq. (11.56)]

$$
\begin{equation*}
\langle\mathrm{e}| H_{\mathrm{AF}}\left|\mathrm{~g}, 1_{\mathbf{k}, \zeta}\right\rangle=\sqrt{\frac{\hbar \omega_{\mathbf{k}}}{2 \epsilon_{0} V}}\left(\hat{\varepsilon}_{\mathbf{k}, \zeta} \cdot \mathbf{d}_{\mathrm{ge}}\right) e^{i \mathbf{k} \cdot \mathbf{r}} \tag{15.74}
\end{equation*}
$$

Since we wish to examine the survival probability, we consider the diagonal matrix element of the resolvent, which from Eq. (15.55) we can write in terms of the level-shift operator as

$$
\begin{equation*}
G_{\mathrm{ee}}(z)=\frac{1}{z-E_{\mathrm{e}}-R_{\mathrm{ee}}(z)} \tag{15.75}
\end{equation*}
$$

Near the real axis, we can use Eq. (15.60) to write

$$
\begin{equation*}
G_{\mathrm{ee}}\left(E \pm i 0^{+}\right)=\frac{1}{E-E_{\mathrm{e}}-\hbar \Delta_{\mathrm{ee}}(E) \pm i \hbar \Gamma_{\mathrm{ee}}(E) / 2} \tag{15.76}
\end{equation*}
$$

where we have used $\left(H_{\mathrm{AF}}\right)_{\mathrm{ee}}=0$. We showed in Section 15.4.1 that in the pole approximation, $\Gamma_{\mathrm{ee}}\left(E_{\mathrm{e}}\right)$ is the decay rate of the excited state, and $\Delta_{\mathrm{ee}}\left(E_{\mathrm{e}}\right)$ is the energy (Stark) shift of the excited state. We now must evaluate the dispersive matrix element from Eqs. (15.71),

$$
\begin{equation*}
\hbar \Delta_{\mathrm{ee}}(E)=\sum_{\beta \neq \mathrm{e}} \frac{\left(H_{\mathrm{AF}}\right)_{\mathrm{e} \beta}\left(H_{\mathrm{AF}}\right)_{\beta \mathrm{e}}}{E-E_{\beta}}+\sum_{\substack{\beta \neq \mathrm{e} \\ \gamma \neq \mathrm{e}}} \frac{\left(H_{\mathrm{AF}}\right)_{\mathrm{e} \beta}\left(H_{\mathrm{AF}}\right)_{\beta \gamma}\left(H_{\mathrm{AF}}\right)_{\gamma \mathrm{e}}}{\left(E-E_{\beta}\right)\left(E-E_{\gamma}\right)}+\cdots \tag{15.77}
\end{equation*}
$$

Truncating this expression to lowest order and making the pole approximation $\left(E \approx E_{\mathrm{e}}\right)$, we have

$$
\begin{equation*}
\hbar \Delta_{\mathrm{ee}}(E) \approx \sum_{\beta \neq \mathrm{e}} \frac{\left(H_{\mathrm{AF}}\right)_{\mathrm{e} \beta}\left(H_{\mathrm{AF}}\right)_{\beta \mathrm{e}}}{E_{\mathrm{e}}-E_{\beta}} \tag{15.78}
\end{equation*}
$$

which is just the Lamb shift of the excited state $|\mathrm{e}\rangle$ in second-order perturbation theory (evaluated in Section 13.12). Evidently, solving the full expansion (15.77) self-consistently for $E$ leads to the exact Lambshifted energy

$$
\begin{equation*}
\tilde{E}_{\mathrm{e}}=E_{\mathrm{e}}+\hbar \Delta_{\mathrm{ee}}\left(\tilde{E}_{\mathrm{e}}\right) \tag{15.79}
\end{equation*}
$$

We also need the absorptive matrix element

$$
\begin{equation*}
\Gamma_{\mathrm{ee}}(E)=\frac{2 \pi}{\hbar} \sum_{\substack{\beta \neq \mathrm{e} \\ \gamma \neq \mathrm{e}}}\left(H_{\mathrm{AF}}\right)_{\mathrm{e} \beta}\left(H_{\mathrm{AF}}\right)_{\gamma \mathrm{e}} \delta\left(E-\delta_{\beta \gamma} E_{\beta}-\left(H_{\mathrm{AF}}\right)_{\beta \gamma}\right) \tag{15.80}
\end{equation*}
$$

Note that in the pole approximation, we can drop the off-diagonal terms where $\beta \neq \gamma$, since the interaction $H_{\mathrm{AF}}$ is assumed to be weak enough to justify perturbation theory, and thus the delta function can never reach resonance without the presence of the $E_{\beta}$ term in the argument. Thus,

$$
\begin{equation*}
\Gamma_{\mathrm{ee}}\left(E_{\mathrm{e}}\right) \approx \frac{2 \pi}{\hbar} \sum_{\beta \neq \mathrm{e}}\left|\left(H_{\mathrm{AF}}\right)_{\mathrm{e} \beta}\right|^{2} \delta\left(E_{\mathrm{e}}-E_{\beta}-\left(H_{\mathrm{AF}}\right)_{\beta \beta}\right) \tag{15.81}
\end{equation*}
$$

But there is no first-order shift due to the dipole interaction $H_{\mathrm{AF}}$, so

$$
\begin{equation*}
\Gamma_{\mathrm{ee}}\left(E_{\mathrm{e}}\right) \approx \frac{2 \pi}{\hbar} \sum_{\beta \neq \mathrm{e}}\left|\left(H_{\mathrm{AF}}\right)_{\mathrm{e} \beta}\right|^{2} \delta\left(E_{\mathrm{e}}-E_{\beta}\right) \tag{15.82}
\end{equation*}
$$

This expression is equivalent to Fermi's Golden Rule, as in Eq. (11.51), explicitly summed over the continuum of final states $\left|\mathrm{g}, 1_{\mathbf{k}, \zeta}\right\rangle$, and we know from Section 11.6.1 that this leads to the correct spontaneous decay rate in free space. Again, not making any perturbative expansion would yield the same expression for the decay rate, but with $E_{\mathrm{e}}$ replaced by $\tilde{E}_{\mathrm{e}}$ (i.e., the transition frequency $\omega_{0}$ in the decay-rate formula (11.61) is the exact value, including the Lamb shift computed to all orders). Henceforth, we will simply absorb the Lamb shift into the bare-state energy $E_{\alpha}$, since we will assume that when applying the results of any calculation, we will use the observed atomic energies, which already include the correct Lamb shift.

### 15.5.2 Line Shape of Spontaneous Decay

To compute the line shape of spontaneous decay, we will use the matrix element $\left\langle\mathrm{g}, 1_{\mathbf{k}, \zeta}\right| G(z)|\mathrm{e}\rangle$ of the resolvent operator, which will give the rate to create a photon in mode $(\mathbf{k}, \zeta)$, of frequency $\omega_{\mathbf{k}}=c k$. Starting with the second identity in Eqs. (15.31), we have

$$
\begin{equation*}
\left\langle\mathrm{g}, 1_{\mathbf{k}, \zeta}\right| G(z)|\mathrm{e}\rangle=\frac{1}{z-\hbar \omega_{\mathbf{k}}}\left\langle\mathrm{g}, 1_{\mathbf{k}, \zeta}\right| H_{\mathrm{AF}}|\mathrm{e}\rangle\langle\mathrm{e}| G(z)|\mathrm{e}\rangle \tag{15.83}
\end{equation*}
$$

The excited-state matrix element of the resolvent is given by Eq. (15.61), with the shift and decay rate determined in the last section:

$$
\begin{equation*}
\langle\mathrm{e}| G^{+}(E)|\mathrm{e}\rangle=\frac{1}{E-\hbar \omega_{0}-\hbar \Delta_{\mathrm{ee}}+i \hbar \Gamma / 2+i 0^{+}} \tag{15.84}
\end{equation*}
$$

In the pole approximation, recall that $\Gamma$ is the usual decay rate of $|\mathrm{e}\rangle$, and $\Delta_{\mathrm{ee}}$ is the Lamb shift of the excited state, which we will absorb into the excited-state energy $\hbar \omega_{0}$ :

$$
\begin{equation*}
\langle\mathrm{e}| G^{+}(E)|\mathrm{e}\rangle=\frac{1}{E-\hbar \omega_{0}+i \hbar \Gamma / 2+i 0^{+}} \tag{15.85}
\end{equation*}
$$

Thus, from (15.83) and (15.85), we can write down the Green function

$$
\begin{equation*}
\left\langle\mathrm{g}, 1_{\mathbf{k}, \zeta}\right| G^{+}(E)|\mathrm{e}\rangle=\frac{\left\langle\mathrm{g}, 1_{\mathbf{k}, \zeta}\right| H_{\mathrm{AF}}|\mathrm{e}\rangle}{\left(E-\hbar \omega_{\mathbf{k}}+i 0^{+}\right)\left(E-\hbar \omega_{0}+i \hbar \Gamma / 2+i 0^{+}\right)} \tag{15.86}
\end{equation*}
$$

Transforming to find the propagator,

$$
\begin{align*}
\left\langle\mathrm{g}, 1_{\mathbf{k}, \zeta}\right| U(\tau, 0)|\mathrm{e}\rangle & =-\frac{1}{2 \pi i} \int_{-\infty}^{\infty} d E e^{-i E \tau / \hbar}\left\langle\mathrm{g}, 1_{\mathbf{k}, \zeta}\right| G^{+}(E)|\mathrm{e}\rangle  \tag{15.87}\\
& =-\frac{\left\langle\mathrm{g}, 1_{\mathbf{k}, \zeta}\right| H_{\mathrm{AF}}|\mathrm{e}\rangle}{2 \pi i} \int_{-\infty}^{\infty} d E \frac{e^{-i E \tau / \hbar}}{\left(E-\hbar \omega_{\mathbf{k}}+i 0^{+}\right)\left(E-\hbar \omega_{0}+i \hbar \Gamma / 2+i 0^{+}\right)}
\end{align*}
$$

We carry out this integral as in Section 15.3 .1 by completing the contour around the lower half-plane. The result is

$$
\begin{equation*}
\left\langle\mathrm{g}, 1_{\mathbf{k}, \zeta}\right| U(\tau, 0)|\mathrm{e}\rangle=\left\langle\mathrm{g}, 1_{\mathbf{k}, \zeta}\right| H_{\mathrm{AF}}|\mathrm{e}\rangle\left[\frac{e^{-i \omega_{\mathbf{k}} \tau}}{\hbar\left(\omega_{\mathbf{k}}-\omega_{0}\right)+i \hbar \Gamma / 2}+\frac{e^{-i \omega_{0} \tau} e^{-\Gamma \tau / 2}}{-\hbar\left(\omega_{\mathbf{k}}-\omega_{0}\right)-i \hbar \Gamma / 2}\right], \tag{15.88}
\end{equation*}
$$

where the first term is the residue of the pole at $E=\hbar \omega_{\mathbf{k}}$ and the second term is the residue of the pole at $E=\hbar \omega_{0}-i \hbar \Gamma / 2$. Simplifying this expression, we find

$$
\begin{equation*}
\left\langle\mathrm{g}, 1_{\mathbf{k}, \zeta}\right| U(\tau, 0)|\mathrm{e}\rangle=\frac{\left\langle\mathrm{g}, 1_{\mathbf{k}, \zeta}\right| H_{\mathrm{AF}}|\mathrm{e}\rangle}{\hbar\left(\omega_{\mathbf{k}}-\omega_{0}+i \Gamma / 2\right)}\left[e^{-i \omega_{\mathbf{k}} \tau}-e^{-i \omega_{0} \tau} e^{-\Gamma \tau / 2}\right] \tag{15.89}
\end{equation*}
$$

Therefore, the probability to decay into mode $(\mathbf{k}, \zeta)$ is the squared modulus of this amplitude:

$$
\begin{equation*}
\left.P(\mathbf{k}, \zeta, \tau)=\left|\left\langle\mathrm{g}, 1_{\mathbf{k}, \zeta}\right| U(\tau, 0)\right| \mathrm{e}\right\rangle\left.\right|^{2}=\frac{\left.\left|\left\langle\mathrm{g}, 1_{\mathbf{k}, \zeta}\right| H_{\mathrm{AF}}\right| \mathrm{e}\right\rangle\left.\right|^{2}}{\hbar^{2}\left[\left(\omega_{\mathbf{k}}-\omega_{0}\right)^{2}+\Gamma^{2} / 4\right]}\left[1+e^{-\Gamma \tau}-2 e^{-\Gamma \tau / 2} \cos \left(\omega_{\mathbf{k}}-\omega_{0}\right) \tau\right] \tag{15.90}
\end{equation*}
$$

Let's expand out the matrix element, using Eq. (15.74), which becomes

$$
\begin{equation*}
\left.\left|\left\langle\mathrm{g}, 1_{\mathbf{k}, \zeta}\right| H_{\mathrm{AF}}\right| \mathrm{e}\right\rangle\left.\right|^{2}=\frac{\hbar \omega_{\mathbf{k}}}{6 \epsilon_{0} V}\left|d_{\mathrm{ge}}\right|^{2} \tag{15.91}
\end{equation*}
$$

for an isotropic atom in quantization volume $V$. In passing to the continuum limit, recall that we make the replacement

$$
\begin{equation*}
\sum_{\mathbf{k}} \longrightarrow \frac{V}{(2 \pi)^{3}} \int d^{3} k \tag{15.92}
\end{equation*}
$$

Converting to spherical coordinates, in free space this is isotropic, so we may carry out the angular integral, and change variables $\omega=c k$, with the result

$$
\begin{equation*}
\sum_{\mathbf{k}} \longrightarrow \frac{V}{2 \pi^{2} c^{3}} \int_{0}^{\infty} d \omega \omega^{2} \tag{15.93}
\end{equation*}
$$

Since the summations are implicit in a later calculation of a probability, for now we can let

$$
\begin{equation*}
V^{-1} \longrightarrow \frac{\omega^{2}}{2 \pi^{2} c^{3}} d \omega \tag{15.94}
\end{equation*}
$$

so that

$$
\begin{equation*}
\left.\left|\left\langle\mathrm{g}, 1_{\mathbf{k}, \zeta}\right| H_{\mathrm{AF}}\right| \mathrm{e}\right\rangle\left.\right|^{2}=\frac{\hbar \omega^{3}}{12 \pi^{2} \epsilon_{0} c^{3}}\left|d_{\mathrm{ge}}\right|^{2} d \omega=\frac{\hbar^{2} \Gamma}{4 \pi} d \omega \tag{15.95}
\end{equation*}
$$

where

$$
\begin{equation*}
\Gamma:=\frac{\omega_{0}^{3}\left|d_{\mathrm{ge}}\right|^{2}}{3 \pi \epsilon_{0} \hbar c^{3}} \tag{15.96}
\end{equation*}
$$

is the usual free-space decay rate, and we have taken $\omega \approx \omega_{0}$. The we can rewrite Eq. (15.90) as a continuous probability density for emission after changing variables: at frequency $\omega=\omega_{\mathbf{k}}$ and polarization $\zeta$ at time $\tau$ :

$$
\begin{equation*}
P(\omega, \zeta, \tau) d \omega=\frac{\Gamma}{4 \pi\left[\left(\omega-\omega_{0}\right)^{2}+\Gamma^{2} / 4\right]}\left[1+e^{-\Gamma \tau}-2 e^{-\Gamma \tau / 2} \cos \left(\omega-\omega_{0}\right) \tau\right] d \omega \tag{15.97}
\end{equation*}
$$

If we don't care about the polarization of the emitted light, we can sum over the two orthogonal polarizations to find

$$
\begin{equation*}
P(\omega, \tau) d \omega=\frac{\Gamma}{2 \pi\left[\left(\omega-\omega_{0}\right)^{2}+\Gamma^{2} / 4\right]}\left[1+e^{-\Gamma \tau}-2 e^{-\Gamma \tau / 2} \cos \left(\omega-\omega_{0}\right) \tau\right] d \omega \tag{15.98}
\end{equation*}
$$

(time-dependent spontaneous-emission line shape)
In the long-time limit, when a photon has certainly been emitted, this becomes

$$
\begin{equation*}
P(\omega) d \omega=\frac{\Gamma}{2 \pi\left[\left(\omega-\omega_{0}\right)^{2}+\Gamma^{2} / 4\right]} d \omega \tag{15.99}
\end{equation*}
$$

which is a properly normalized Lorentzian line shape of full width at half maximum of $\Gamma$. Alternately, integrating the transition probability density over all frequencies gives

$$
\begin{equation*}
P(\tau)=\int_{0}^{\infty} d \omega P(\omega, \tau) \approx \int_{-\infty}^{\infty} d \omega P(\omega, \tau)=1-e^{-\Gamma \tau} \tag{15.100}
\end{equation*}
$$

which is the expected exponential behavior.
Of course, the above treatment predicts some nontrivial time dependence to the line shape, including an oscillatory component. The line shape is shown here for several interaction times.


Of course, the departures from the long-time Lorentzian only occur if $\Gamma \tau$ is not too large. However, to resolve any such difference would require a measurement time much longer than $\Gamma^{-1}$, so these differences would be difficult to detect experimentally. Intuitively, the oscillations arise here when the exponential decay is "interrupted" at time $\tau$. The spectral response should thus be the convolution of the long-time Lorentzian with a sinc function that becomes increasingly narrow in time. Unless, of course, there is a way to "freeze" the interaction after some short time. This is not normally possible in spontaneous emission, but is possible in the spontaneous Raman problem we consider below.

### 15.5.3 Branches of the Resolvent

In the previous section, we found the following situation: an atom in the excited state $|\mathrm{e}\rangle$ decays to the ground state $|\mathrm{g}\rangle$ an energy $\hbar \omega_{0}$ lower, but the energy photon emitted has an uncertainty that doesn't necessarily match, as it can be emitted in a range of width $\hbar \Gamma$ around the transition energy $\hbar \omega_{0}$. Clearly, energy is conserved on average, but we have a time-independent Hamiltonian for the coupled quantum atom-field system, so energy should be conserved in each process individually. So what gives? Well, first of all, we will see below that the coupled state $|e\rangle$ no longer has a well-defined energy. We might expect this: since it decays, it is not an eigenstate of the full Hamiltonian, so it should not have a definite energy. Furthermore,
the energy that goes into preparing the atom in $|\mathrm{e}\rangle$ must be yet more uncertain, since in view of the unstable nature of the state, the preparation must take place on a time scale much shorter than $1 / \Gamma$. Thus, the uncertainty in the energy of the emitted photon is easily accounted for by the uncertainty in the energy of setting up the problem.

But now let's explore the idea that the coupled state $|e\rangle$ has no well-defined energy. The matrix element

$$
\begin{equation*}
\langle\mathrm{e}| G_{0}(z)|\mathrm{e}\rangle=\frac{1}{z-\hbar \omega_{0}} \tag{15.101}
\end{equation*}
$$

of the unperturbed resolvent has a single pole at the excited-state energy $\hbar \omega_{0}$. However, in Eq. (15.76) we wrote an expression for the same matrix element of the coupled resolvent

$$
\begin{equation*}
\langle\mathrm{e}| G\left(E \pm i 0^{+}\right)|\mathrm{e}\rangle=\frac{1}{E-\hbar\left[\omega_{0}+\Delta_{\mathrm{ee}}(E)\right] \pm i \hbar \Gamma_{\mathrm{ee}}(E) / 2} \tag{15.102}
\end{equation*}
$$

in the vicinity of the real axis, where we see that the value of $G(z)$ jumps as we cross the real axis. In coupling the atom to the continuum, the pole at the bare atomic energy appears to have changed into a branch cut, reflecting the unstable nature of the state, and the fact that it has no well-defined energy. Note that this was not the case in the Rabi-flopping example in Eq. (15.35) -rather, it is a consequence of coupling the excited state to a continuum. In particular, note from Eq. (15.76) that the retarded Green function $G_{\mathrm{ee}}^{+}(E)=G_{\mathrm{ee}}\left(E+i 0^{+}\right)$appears to have a pole at $E=\hbar\left[\omega_{0}+\Delta_{\mathrm{ee}}(E)\right]-i \hbar \Gamma_{\mathrm{ee}}(E) / 2$, below the real axis. However, $G_{\text {ee }}^{+}(E)$ is only defined above the real axis; just below the real axis, the resolvent is given by the different value $G_{\mathrm{ee}}^{-}(E)=G_{\mathrm{ee}}\left(E-i 0^{+}\right)$. So while the pole appears to have changed into a branch cut, we can view it as having "disappeared" behind the branch cut that formed. That is, we may still find the pole if we analytically continue $G_{\mathrm{ee}}^{+}(E)=G_{\mathrm{ee}}\left(E+i 0^{+}\right)$into the lower half plane. In this case, rather than suffer the discontinuity in the resolvent in crossing the branch cut, one can think of crossing continuously through the real axis, but ending up in a different Riemann sheet, or the second Riemann sheet, since the function value in the lower half plane defined in this way differs from the function value given with the branch cut. Then we have the function

$$
\begin{equation*}
G_{\mathrm{ee}}^{\mathrm{II}}(z)=\frac{1}{z-\hbar\left[\omega_{0}+\Delta_{\mathrm{ee}}(z)\right]+i \hbar \Gamma_{\mathrm{ee}}(z) / 2} \tag{15.103}
\end{equation*}
$$

which has the same functional form as $G_{\mathrm{ee}}^{+}(E)=G_{\mathrm{ee}}\left(E+i 0^{+}\right)$, but unlike $G_{\mathrm{ee}}(z)$, it is defined in this way in the lower half of the complex plane $\operatorname{Im}[z]<0$, and thus corresponds to the function extended to the second Riemann sheet.

The usual example for extending through branch cuts is $\log (z)$, which, when defined as a function, has a branch cut along the negative real axis. Thus, $\log (-x \pm i \delta)=\log (x) \pm i(\pi+\delta)$ if $x>0$, which is a difference of $2 \pi i+2 \delta$ that does not vanish as $\delta \longrightarrow 0$. This preserves the continuity (analyticity) and single-valued nature of $\log z$, basically by excluding the discontinuity from the function's domain to $|\arg z|<\pi$ (i.e., such that the discontinuity is never "detected" along a continuous path). Of course, adding any integer multiple of $2 \pi i$ to $\log z$ is still valid as a logarithm, since when inverted, $\exp (\log z+2 \pi i n)=z$. Each $n$ thus corresponds to an "extension" of the logarithm function to a different Riemann sheet.

### 15.5.4 Nonexponential Decay

Thus, in making the pole approximation in Section 15.5 .1 to arrive at the rate $\Gamma$ of exponential decay of the excited state, it appears that we were somewhat sloppy. Implicitly, we solved an integral by closing a contour around the lower half-plane as in Section 15.3.1. But to do so, we needed to cross a branch cut, and we need to be more careful about this.

To locate the branch cut in the resolvent, recall Eq. (15.82) for $\Gamma_{\mathrm{ee}}(E)$. There we can see that the branch cut exists anywhere that $\Gamma_{\mathrm{ee}}(E)$ is nonzero, since it represents the discontinuity across the branch cut. This function is in fact nonzero for any energy where there exists a possible decay energy $E_{\beta}$. But since the decay is to state $\left|\mathrm{g}, 1_{\mathbf{k}, \zeta}\right\rangle$, where the atomic ground state has zero energy, the possible decay energies are $\hbar \omega_{\mathbf{k}}$, that is to say, any positive real number. So the branch cut extends from the origin, and along the entire positive real axis. When we close the contour, including the branch cut, we can do so as shown here.


The contour starts into the lower half of the complex plane, but in crossing the branch cut, we enter the second Riemann sheet (where the contour is shown by a dotted line). To compensate for this, we return along the negative real axis, turn around the branch point at the origin, and then continue along the great semicircle. This contour still encloses the pole, which is again in the second Riemann sheet (and thus shown as a grey dot), and the residue here results in the exponential decay that we have already derived. The extra contribution is due to the two portions along the negative imaginary axis, which comes from extending Eq. (15.16) to these portions, along with the Eqs. (15.102) and (15.103) for the appropriate Green-function expressions, with the result

$$
\begin{align*}
\langle\mathrm{e}| U^{\|}(\tau, 0)|\mathrm{e}\rangle & =-\frac{1}{2 \pi i} \int_{-\infty}^{0} d(i y) e^{y \tau / \hbar}\left[G_{\mathrm{ee}}^{\mathrm{II}}(i y)-G_{\mathrm{ee}}(i y)\right] \\
& =-\frac{1}{2 \pi} \int_{-\infty}^{0} d y e^{y \tau / \hbar}\left[\frac{1}{i y-\hbar \omega_{0}+i \hbar \Gamma / 2}-\frac{1}{i y-\hbar \omega_{0}-i \hbar \Gamma / 2}\right]  \tag{15.104}\\
& =\frac{1}{2 \pi i} \int_{0}^{\infty} d y e^{-y \tau / \hbar}\left[\frac{1}{y-i \hbar \omega_{0}-\hbar \Gamma / 2}-\frac{1}{y-i \hbar \omega_{0}+\hbar \Gamma / 2}\right]
\end{align*}
$$

where we have absorbed the Lamb shift into $\omega_{0}$. To compute the integral here, first note that the exponential integral (Problem 13.2) $E_{1}(z)$ is defined by

$$
\begin{equation*}
E_{1}(z):=\int_{z}^{\infty} d y \frac{e^{-y}}{y} \tag{15.105}
\end{equation*}
$$

Letting $y \longrightarrow \alpha y$ (with $\operatorname{Re}[\alpha]>0$ to guarantee convergence),

$$
\begin{equation*}
E_{1}(z)=\int_{z / \alpha}^{\infty} d y \frac{e^{-\alpha y}}{y} \tag{15.106}
\end{equation*}
$$

and letting $y \longrightarrow y+\beta$ ( $\beta$ not on the negative real axis, and $\beta \neq 0$, as we will see from the expansion for $E_{1}(z)$ later on),

$$
\begin{equation*}
E_{1}(z)=e^{-\alpha \beta} \int_{z / \alpha-\beta}^{\infty} d y \frac{e^{-\alpha y}}{y+\beta} \tag{15.107}
\end{equation*}
$$

Now taking $z=\alpha \beta$, we find the integral formula

$$
\begin{equation*}
\int_{0}^{\infty} \frac{e^{-\alpha y}}{y+\beta} d y=e^{\alpha \beta} E_{1}(\alpha \beta) \quad\left(\operatorname{Re}[\alpha]>0, \beta \notin \mathbb{R}^{-}, \beta \neq 0\right) \tag{15.108}
\end{equation*}
$$

Then Eq. (15.104) becomes

$$
\begin{equation*}
\langle\mathrm{e}| U^{\|}(\tau, 0)|\mathrm{e}\rangle=\frac{e^{-i \omega_{0} \tau}}{2 \pi i}\left[e^{-\Gamma \tau / 2} E_{1}\left(-i \omega_{0} \tau-\Gamma \tau / 2\right)-e^{\Gamma \tau / 2} E_{1}\left(-i \omega_{0} \tau+\Gamma \tau / 2\right)\right] \tag{15.109}
\end{equation*}
$$

Using the asymptotic expansion (Problem 2)

$$
\begin{equation*}
E_{1}(z)=\frac{e^{-z}}{z}\left\{1-\frac{1}{z}+\frac{2}{z^{2}}-\frac{3!}{z^{3}}+\cdots+\frac{n!}{(-z)^{n}}+\cdots\right\} \tag{15.110}
\end{equation*}
$$

to lowest order,

$$
\begin{align*}
\langle\mathrm{e}| U^{\|}(\tau, 0)|\mathrm{e}\rangle & =\frac{1}{2 \pi i}\left[\frac{1}{-i \omega_{0} \tau-\Gamma \tau / 2}-\frac{1}{-i \omega_{0} \tau+\Gamma \tau / 2}\right]+O\left(\tau^{-2}\right)  \tag{15.111}\\
& =\frac{i \Gamma}{2 \pi\left(\omega_{0}^{2}+\Gamma^{2} / 4\right) \tau}+O\left(\tau^{-2}\right)
\end{align*}
$$

Thus, we see that at long times, this calculation predicts a slow power-law decay of the excited-state population as $t^{-2}$, which dominates the exponential decay at long times. Unfortunately, this calculation is not quite right, as we have ignored the dependence of $\Gamma_{\mathrm{ee}}(E)$ on $E$, replacing it by its pole-approximation value of $\Gamma$.

### 15.5.5 Frequency-Dependent Decay Rate

To derive an improved expression for $\Gamma_{\mathrm{ee}}(E)$, we return to Eq. (15.82), but without making the pole approximation:

$$
\begin{equation*}
\Gamma_{\mathrm{ee}}(E) \approx \frac{2 \pi}{\hbar} \sum_{\beta \neq \mathrm{e}}\left|\left(H_{\mathrm{AF}}\right)_{\mathrm{e} \beta}\right|^{2} \delta\left(E-E_{\beta}\right) \tag{15.112}
\end{equation*}
$$

In our treatment of spontaneous emission using Fermi's Golden rule (Section 11.6), we showed that the sum over the continuum modes and the delta function are replaced by the density of states $\rho(E)$, so that

$$
\begin{equation*}
\Gamma_{\mathrm{ee}}(E)=\frac{2 \pi}{\hbar}\left|\left(H_{\mathrm{AF}}\right)_{\mathrm{e} \beta}\right|^{2} \rho(E) \tag{15.113}
\end{equation*}
$$

The density of states is [Eq. (11.59)]

$$
\begin{equation*}
\rho(E)=\frac{E^{2} V}{\pi^{2} \hbar^{3} c^{3}} \tag{15.114}
\end{equation*}
$$

and we have the usual matrix element [Eq. (11.56)]

$$
\begin{equation*}
\left.\left|\left(H_{\mathrm{AF}}\right)_{\mathrm{e} \beta}\right|^{2}=\left|\langle\mathrm{e}| H_{\mathrm{AF}}\right| \mathrm{g}, 1_{\mathbf{k}, \zeta}\right\rangle\left.\right|^{2}=\frac{\hbar \omega_{\mathbf{k}} d_{\mathrm{ge}}^{2}}{6 \epsilon_{0} V}=\frac{E d_{\mathrm{ge}}^{2}}{6 \epsilon_{0} V}, \tag{15.115}
\end{equation*}
$$

upon identifying the initial and final-state energies as the same (due to the delta function), so that $E=\hbar \omega_{\mathbf{k}}$. Combining Eqs. (15.112)-(15.115), we find

$$
\begin{equation*}
\Gamma_{\mathrm{ee}}(E)=\frac{E^{3} d_{\mathrm{ge}}^{2}}{3 \pi \epsilon_{0} \hbar^{4} c^{3}}=\Gamma \frac{E^{3}}{\left(\hbar \omega_{0}\right)^{3}}, \tag{15.116}
\end{equation*}
$$

after using the usual expression

$$
\begin{equation*}
\Gamma=\frac{\omega_{0}^{3} d_{\mathrm{ge}}^{2}}{3 \pi \epsilon_{0} \hbar c^{3}} \tag{15.117}
\end{equation*}
$$

This is, in fact, not the answer we want. This result comes from using the electric-dipole Hamiltonian $H_{\mathrm{AF}}=-\mathbf{d} \cdot \mathbf{E}$. On the other hand, we can use the alternative Coulomb-gauge interaction Hamiltonian $H_{\mathrm{AF}}=\left(e / m_{\mathrm{e}}\right) \mathbf{p}_{\mathrm{e}} \cdot \mathbf{A}$ from Section 9.3. As we discussed before in Section 9.3.2, the ratio of the dipole to the Coulomb Hamiltonians is $\omega / \omega_{0}$, or in this case $E / \hbar \omega_{0}$. Since the square of the matrix element enters our calculation, Eq. (15.116) instead becomes

$$
\begin{equation*}
\Gamma_{\mathrm{ee}}(E)=\frac{\Gamma}{\hbar \omega_{0}} E \tag{15.118}
\end{equation*}
$$

(decay-function matrix element)
in the Coulomb gauge. Of course, in the pole approximation none of this matters, since we identify $\omega \approx \omega_{0}$ anyway.

Why prefer the Coulomb gauge to the dipole gauge now? Recall that they should give the same result, but provided that all atomic levels are included in the interaction, which we are not doing. But in a practical sense, putting the cubic expression (15.116) into Eq. (15.104) in place of $\Gamma$ means we have to factor a cubic
polynomial to find the poles and thus carry out the contour integration, and frankly, who wants to do that? The other reason comes from the origin of $\Gamma(E)$ as the singular part of $\Delta(E)$, as in the factorization starting with Eq. (15.56). To see this, we can start with the second-order truncation of Eq. (15.67)

$$
\begin{equation*}
R_{\mathrm{ee}}(z)=V_{\mathrm{ee}}+\sum_{\beta \neq \mathrm{e}} \frac{V_{\mathrm{e} \beta} V_{\beta \mathrm{e}}}{z-E_{\beta}}=\sum_{\beta \neq \mathrm{e}} \frac{V_{\mathrm{e} \beta} V_{\beta \mathrm{e}}}{z-E_{\beta}}, \tag{15.119}
\end{equation*}
$$

where we have dropped the first-order term, which we will comment on in a bit. The usual mode sum becomes

$$
\begin{equation*}
\sum_{\beta \neq \mathrm{e}}\left|V_{\mathrm{e} \beta}\right|^{2} \longrightarrow \frac{\hbar^{2} \Gamma}{2 \pi \omega_{0}^{3}} \int_{0}^{\infty} d \omega \omega^{3} \tag{15.120}
\end{equation*}
$$

with $E_{\beta} \longrightarrow \hbar \omega$, so that

$$
\begin{equation*}
R_{\mathrm{ee}}(z)=\frac{\hbar^{2} \Gamma}{2 \pi \omega_{0}^{3}} \int_{0}^{\infty} d \omega \frac{\omega^{3}}{z-\hbar \omega} \tag{15.121}
\end{equation*}
$$

This is the (divergent) expression for the Lamb shift in the rotating-wave approximation (before separating out the decay). Then applying Eq. (15.56),

$$
\begin{align*}
R_{\mathrm{ee}}\left(E \pm i 0^{+}\right) & =\frac{\hbar^{2} \Gamma}{2 \pi \omega_{0}^{3}} \int_{0}^{\infty} d \omega \frac{\omega^{3}}{E-\hbar \omega} \mp i \frac{\hbar^{2} \Gamma}{2 \omega_{0}^{3}} \int_{0}^{\infty} d \omega \omega^{3} \delta(E-\hbar \omega)  \tag{15.122}\\
& =\frac{\hbar^{2} \Gamma}{2 \pi \omega_{0}^{3}} \int_{0}^{\infty} d \omega \frac{\omega^{3}}{E-\hbar \omega} \mp i \frac{\hbar \Gamma E^{3}}{2\left(\hbar \omega_{0}\right)^{3}}
\end{align*}
$$

where we identify the last term as $(\mp i \hbar / 2) \Gamma_{\mathrm{ee}}(E)$, gives us the result (15.116). But recall that the first (Lambshift) term here, which diverges as $\omega^{2}$, must be renormalized by adding the dipole self-energy contribution [Eq. (13.153), Section 13.12.2.1]

$$
\begin{equation*}
H_{\mathbf{P}^{\perp}}=\frac{1}{2 \epsilon_{0}} \int d^{3} r P^{\perp 2}(\mathbf{r}) \tag{15.123}
\end{equation*}
$$

which comes in at first order here, and then the result must be mass-renormalized. The result then agrees with the Coulomb-gauge calculation, which is only linearly divergent:

$$
\begin{equation*}
R_{\mathrm{ee}}\left(E \pm i 0^{+}\right)=\frac{\hbar^{2} \Gamma}{2 \pi \omega_{0}} \int_{0}^{\infty} d \omega \frac{\omega}{E-\hbar \omega} \mp i \frac{\hbar \Gamma E}{2 \hbar \omega_{0}} \tag{15.124}
\end{equation*}
$$

Since the renormalization is necessary to get a physical answer anyway, here we will prefer the Coulomb gauge (particularly in that the renormalization is not straightforward when $z$ is not fixed to $\omega_{0}$ ).

### 15.5.6 Branch Contribution

Now we return to calculating corrections to exponential decay, using our improved expression (15.118) for $\Gamma_{\mathrm{ee}}(E)$. Retracing the derivation above, starting with Eq. (15.104), we find

$$
\begin{align*}
\langle\mathrm{e}| U^{\|}(\tau, 0)|\mathrm{e}\rangle & =-\frac{1}{2 \pi i} \int_{-\infty}^{0} d(i y) e^{y \tau / \hbar}\left[G_{\mathrm{ee}}^{\mathrm{II}}(i y)-G_{\mathrm{ee}}(i y)\right] \\
& =-\frac{1}{2 \pi} \int_{-\infty}^{0} d y e^{y \tau / \hbar}\left[\frac{1}{i y-\hbar \omega_{0}+i \hbar \Gamma(i y) / 2}-\frac{1}{i y-\hbar \omega_{0}-i \hbar \Gamma(i y) / 2}\right] \\
& =\frac{1}{2 \pi i} \int_{0}^{\infty} d y e^{-y \tau / \hbar}\left[\frac{1}{y-i \hbar \omega_{0}-i y \Gamma / 2 \omega_{0}}-\frac{1}{y-i \hbar \omega_{0}+i y \Gamma / 2 \omega_{0}}\right]  \tag{15.125}\\
& =\frac{\beta_{-}}{2 \pi i} \int_{0}^{\infty} d y \frac{e^{-y \tau / \hbar}}{y-i \hbar \omega_{0} \beta_{-}}-\frac{\beta_{+}}{2 \pi i} \int_{0}^{\infty} d y \frac{e^{-y \tau / \hbar}}{y-i \hbar \omega_{0} \beta_{+}} \\
& =\frac{1}{2 \pi i}\left[\beta_{-} e^{i \beta-\omega_{0} \tau} E_{1}\left(i \beta_{-} \omega_{0} \tau\right)-\beta_{+} e^{i \beta_{+} \omega_{0} \tau} E_{1}\left(i \beta_{+} \omega_{0} \tau\right)\right]
\end{align*}
$$

where we have introduced the notation

$$
\begin{equation*}
\beta_{ \pm}:=\frac{1}{1 \pm i \frac{\Gamma}{2 \omega_{0}}}=\frac{\omega_{0}\left(\omega_{0} \mp i \Gamma / 2\right)}{\omega_{0}^{2}+\Gamma^{2} / 4} \tag{15.126}
\end{equation*}
$$

where $\beta_{ \pm} \approx 1$ for the typical case of $\omega_{0} \gg \Gamma$. The asymptotic expansion to lowest order vanishes,

$$
\begin{equation*}
\langle\mathrm{e}| U^{\|}(\tau, 0)|\mathrm{e}\rangle=\frac{1}{2 \pi i}\left[\frac{\beta_{-}}{i \beta_{-} \omega_{0} \tau}-\frac{\beta_{+}}{i \beta_{+} \omega_{0} \tau}\right]+O\left(\tau^{-2}\right)=O\left(\tau^{-2}\right) \tag{15.127}
\end{equation*}
$$

so keeping the second-order term in the expansion (15.110), we find

$$
\begin{align*}
\langle\mathrm{e}| U^{\|}(\tau, 0)|\mathrm{e}\rangle & =\frac{1}{2 \pi i}\left[-\frac{\beta_{-}}{\left(i \beta_{-} \omega_{0} \tau\right)^{2}}+\frac{\beta_{+}}{\left(i \beta_{+} \omega_{0} \tau\right)^{2}}\right]+O\left(\tau^{-3}\right) \\
& =\frac{1}{2 \pi i \omega_{0}^{2} \tau^{2}}\left[\frac{1}{\beta_{-}}-\frac{1}{\beta_{+}}\right]+O\left(\tau^{-3}\right)  \tag{15.128}\\
& =-\frac{\Gamma}{2 \pi \omega_{0}^{3} \tau^{2}}+O\left(\tau^{-3}\right)
\end{align*}
$$

Thus, this dominates the exponential decay at long times, so the probability amplitude for long times decreases as $t^{-4}$. That is, the survival probability $P(t)$ eventually becomes ${ }^{4}$

$$
\begin{equation*}
P(t) \sim\left(\frac{\Gamma}{2 \pi \omega_{0}^{3}}\right)^{2} \frac{1}{t^{4}} \tag{15.129}
\end{equation*}
$$

but for typical transitions where $\omega_{0} \gg \Gamma$, the crossover from exponential to this power-law behavior happens only at extremely long times, where the survival probability is essentially undetectably small.

### 15.5.7 Pole Contribution

Returning to Eq. (15.76) for the retarded Green function,

$$
\begin{equation*}
G_{\mathrm{ee}}^{+}(E)=\frac{1}{E-E_{\mathrm{e}}+i \hbar \Gamma_{\mathrm{ee}}(E) / 2} \tag{15.130}
\end{equation*}
$$

we can use the expression (15.118) for the function $\Gamma_{\mathrm{ee}}(E)$ to go beyond the pole approximation for the contribution of the pole, which previously just gave exponential decay at rate $\Gamma$. We now have

$$
\begin{equation*}
G_{\mathrm{ee}}^{+}(E)=\frac{1}{E-\hbar \omega_{0}+i \Gamma E / 2 \omega_{0}}=\frac{\beta_{+}}{E-\beta_{+} \hbar \omega_{0}} \tag{15.131}
\end{equation*}
$$

and thus, with Eq. (15.16), the pole contribution to the propagator becomes

$$
\begin{align*}
\langle\mathrm{e}| U^{\bullet}(\tau, 0)|\mathrm{e}\rangle & =-\frac{1}{2 \pi i} \int_{-\infty}^{\infty} d E e^{-i E \tau / \hbar} G_{\mathrm{ee}}^{+}(E) \\
& =\beta_{+} e^{-i \beta_{+} \omega_{0} \tau}  \tag{15.132}\\
& =\frac{\omega_{0}\left(\omega_{0}-i \Gamma / 2\right)}{\omega_{0}^{2}+\Gamma^{2} / 4} e^{-i \tilde{\omega}_{0} \tau} e^{-\tilde{\Gamma} \tau / 2}=\frac{\left(\tilde{\omega}_{0}-i \tilde{\Gamma} / 2\right)}{\omega_{0}} e^{-i \tilde{\omega}_{0} \tau} e^{-\tilde{\Gamma} \tau / 2},
\end{align*}
$$

[^224]where the contour completed around the lower half-plane encloses the single pole at $\beta_{+}$, and we have defined the shifted resonance frequency
\[

$$
\begin{equation*}
\tilde{\omega}_{0}:=\frac{\omega_{0}^{3}}{\omega_{0}^{2}+\Gamma^{2} / 4}=\frac{\omega_{0}}{1+\left(\Gamma / 2 \omega_{0}\right)^{2}} \tag{15.133}
\end{equation*}
$$

\]

and the shifted decay rate

$$
\begin{equation*}
\tilde{\Gamma}:=\frac{\Gamma}{1+\left(\Gamma / 2 \omega_{0}\right)^{2}} \tag{15.134}
\end{equation*}
$$

both of which have very small corrections of order $\left(\Gamma / \omega_{0}\right)^{2}$ (typically $\sim 10^{-16}$ for alkali dipole transitions) as a result of the more precise treatment of the pole, accounting for the frequency dependence of the decay rate (15.118).

### 15.5.8 Short Times

To focus on short times, we will need the series expansion of the exponential integral around $z=0$ (see Problem 132),

$$
\begin{equation*}
E_{1}(x)=-\gamma-\log x-\sum_{j=1}^{\infty} \frac{(-1)^{j} x^{j}}{j j!} \tag{15.135}
\end{equation*}
$$

where $\gamma \approx 0.577215664901532860607$ is the Euler-Mascheroni constant. From Eq. (15.125), we had the branch contribution

$$
\begin{equation*}
\langle\mathrm{e}| U^{\|}(\tau, 0)|\mathrm{e}\rangle=\frac{1}{2 \pi i}\left[\beta_{-} e^{i \beta_{-} \omega_{0} \tau} E_{1}\left(i \beta_{-} \omega_{0} \tau\right)-\beta_{+} e^{i \beta_{+} \omega_{0} \tau} E_{1}\left(i \beta_{+} \omega_{0} \tau\right)\right] \tag{15.136}
\end{equation*}
$$

to the propagator, where

$$
\begin{equation*}
\beta_{ \pm}:=\frac{1}{1 \pm i \frac{\Gamma}{2 \omega_{0}}}=\frac{\omega_{0}\left(\omega_{0} \mp i \Gamma / 2\right)}{\omega_{0}^{2}+\Gamma^{2} / 4}=\frac{\tilde{\omega}_{0} \mp i \tilde{\Gamma} / 2}{\omega_{0}} \tag{15.137}
\end{equation*}
$$

Sadly, this expression diverges at short times. Namely, the logarithmic term in Eq. (15.135) leads to a short-time scaling of

$$
\begin{equation*}
\langle\mathrm{e}| U^{\|}(\tau, 0)|\mathrm{e}\rangle=-\frac{1}{2 \pi i}\left[\beta_{-} \log \left(i \beta_{-} \omega_{0} \tau\right)-\beta_{+} \log \left(i \beta_{+} \omega_{0} \tau\right)\right] \tag{15.138}
\end{equation*}
$$

Since the terms do not exactly cancel, there is a logarithmic divergence at short times. Evidently, there is a problem at short times with taking the integral over all frequencies.

### 15.5.8.1 Hard Cutoff

To handle this, we can introduce a high-energy cutoff $\Lambda$ for the integrals. This echoes the strategy in the Lamb shift (Section 13.12), where the argument was that the logarithmically divergent integral should be cut off at the large energy $\Lambda=m_{\mathrm{e}} c^{2}$, where relativistic effects should take over and naturally cut off the integral. ${ }^{5}$ To evaluate the integral with the frequency cutoff,

$$
\begin{align*}
\int_{0}^{\Lambda} \frac{e^{-\alpha y}}{y+\beta} d y & =\int_{0}^{\infty} \frac{e^{-\alpha y}}{y+\beta} d y-\int_{\Lambda}^{\infty} \frac{e^{-\alpha y}}{y+\beta} d y  \tag{15.139}\\
& =\int_{0}^{\infty} \frac{e^{-\alpha y}}{y+\beta} d y-e^{-\alpha \Lambda} \int_{0}^{\infty} \frac{e^{-\alpha y}}{y+\beta+\Lambda} d y
\end{align*}
$$

[^225]where we have let $y \longrightarrow y+\Lambda$ in the second step. Then using Eq. (15.139), we have the integral formula
\[

$$
\begin{equation*}
\int_{0}^{\Lambda} \frac{e^{-\alpha y}}{y+\beta} d y=e^{\alpha \beta} E_{1}(\alpha \beta)-e^{\alpha(\beta+\Lambda)} E_{1}[\alpha(\beta+\Lambda)] \quad\left(\operatorname{Re}[\alpha]>0, \beta \notin \mathbb{R}^{-}, \beta+\Lambda \notin \mathbb{R}^{-}, \beta \neq 0, \beta+\Lambda \neq 0\right) \tag{15.140}
\end{equation*}
$$

\]

Then retracing the derivation of Eq. (15.125), but cutting off the integral at energy $\Lambda$,

$$
\begin{align*}
&\langle\mathrm{e}| U^{\|}(\tau, 0)|\mathrm{e}\rangle= \frac{\beta_{-}}{2 \pi i} \int_{0}^{\Lambda} d y \frac{e^{-y \tau / \hbar}}{y-i \hbar \omega_{0} \beta_{-}}-\frac{\beta_{+}}{2 \pi i} \int_{0}^{\Lambda} d y \frac{e^{-y \tau / \hbar}}{y-i \hbar \omega_{0} \beta_{+}} \\
&=\frac{1}{2 \pi i}\left[\beta_{-} e^{i \beta-\omega_{0} \tau} E_{1}\left(i \beta_{-} \omega_{0} \tau\right)-\beta_{+} e^{i \beta_{+} \omega_{0} \tau} E_{1}\left(i \beta_{+} \omega_{0} \tau\right)\right] \\
& \quad-\frac{1}{2 \pi i}\left[\beta_{-} e^{\left(i \beta_{-} \omega_{0}-\Lambda / \hbar\right) \tau} E_{1}\left[\left(i \beta_{-} \omega_{0}-\Lambda / \hbar\right) \tau\right]-\beta_{+} e^{\left(i \beta_{+} \omega_{0}-\Lambda / \hbar\right) \tau} E_{1}\left[\left(i \beta_{+} \omega_{0}-\Lambda / \hbar\right) \tau\right]\right] . \tag{15.141}
\end{align*}
$$

at short times, using the expansion (15.135), this becomes

$$
\begin{equation*}
\langle\mathrm{e}| U^{\|}(\tau, 0)|\mathrm{e}\rangle=\frac{1}{2 \pi i}\left[\beta_{-} \log \left(1-\Lambda / i \beta_{-} \hbar \omega_{0}\right)-\beta_{+} \log \left(1-\Lambda / i \beta_{+} \hbar \omega_{0}\right)\right]+O(\tau) \tag{15.142}
\end{equation*}
$$

which is finite. Notice that even for large $\Lambda$, the logarithms are still comparatively of order unity and almost the same because the $\beta_{ \pm}$are both close to unity. The two terms then nearly cancel, with the difference of order

$$
\begin{equation*}
\beta_{-}-\beta_{+}=\frac{\omega_{0} \Gamma}{\omega_{0}^{2}+\Gamma^{2} / 4} \approx \frac{\Gamma}{\omega_{0}} \tag{15.143}
\end{equation*}
$$

which is much smaller than unity. Thus, the contribution at $\tau=0$ is negligible compared to the pole contribution. In principle, the decay rate should vanish at $\tau=0$ (Section 11.7.1), but this does not appear to be the case here with this cutoff or the soft cutoff below.

The problem with this cutoff procedure is that it modifies the long-time scaling. The asymptotic calculation to $O\left(\tau^{-1}\right)$ from Eq. (15.127) should now have the extra contribution

$$
\begin{equation*}
\langle\mathrm{e}| U^{\| \Lambda}(\tau, 0)|\mathrm{e}\rangle=\frac{1}{2 \pi i}\left[\frac{\beta_{-}}{i \beta_{-} \omega_{0} \tau-\Lambda / \hbar}-\frac{\beta_{+}}{i \beta_{+} \omega_{0} \tau-\Lambda / \hbar}\right]+O\left(\tau^{-2}\right) \tag{15.144}
\end{equation*}
$$

from the new cutoff terms. However, due to the presence of $\Lambda$, these terms no longer cancel, but

$$
\begin{align*}
\langle\mathrm{e}| U^{\| \Lambda}(\tau, 0)|\mathrm{e}\rangle & =\frac{\chi}{\pi\left[\chi^{2}+\left(1-i \xi^{2}\right)\right](\Lambda / \hbar) \tau}+O\left(\tau^{-2}\right)  \tag{15.145}\\
& \approx \frac{\chi}{\pi(\Lambda / \hbar) \tau}+O\left(\tau^{-2}\right)
\end{align*}
$$

where $\chi:=\Gamma / 2 \omega_{0} \ll 1$ and $\xi:=\hbar \omega_{0} / \Lambda \ll 1$. Thus, the long-time scaling behavior is

$$
\begin{equation*}
P(t) \sim \frac{\chi^{2}}{\pi^{2}(\Lambda / \hbar)^{2} \tau^{2}}=\frac{\Gamma^{2}}{4 \pi^{2} \omega_{0}^{2}(\Lambda / \hbar)^{2} \tau^{2}} \tag{15.146}
\end{equation*}
$$

which is not the $\tau^{-4}$ behavior we expect from Eq. (15.129). Note that there was no divergence problem at long times before, so this new scaling is a symptom that indicates this cutoff procedure is not quite right: the long-time scaling behavior should be cutoff-independent. Since it scales as $\Lambda^{-2}$, we might expect the numerical coefficient to be small, but it will still eventually dominate.

### 15.5.8.2 Soft Cutoff

A different scenario for cutting off the integral is to smoothly bring the integral to zero at large frequencies. Physically, this represents the fact that the effects of short wavelengths should be attenuated by the finite
size of the atom, since the atom "smooths" out the wave on this length scale. Thus, it is appropriate to take a cutoff energy of $\Lambda \sim 2 \pi c / a$, where $a$ is the atomic radius (Bohr radius). We explicitly miss this effect in the dipole approximation, which treats the atom as a point. A simple functional form for the cutoff is an exponential of the form $e^{-y / \Lambda}$ to cut off large energies $y$. This corresponds to assuming a Lorentzian shape for the atom, with the cutoff modeling the convolution of the atomic profile with the field modes of different frequencies. Thus, Eq. (15.125) becomes

$$
\begin{align*}
\langle\mathrm{e}| U^{\|}(\tau, 0)|\mathrm{e}\rangle & =\frac{1}{2 \pi i} \int_{0}^{\infty} d y e^{-y \tau / \hbar}\left[\frac{1}{y-i \hbar \omega_{0}-i y \Gamma / 2 \omega_{0}}-\frac{1}{y-i \hbar \omega_{0}+i y \Gamma / 2 \omega_{0}}\right] e^{-y / \Lambda} \\
& =\frac{1}{2 \pi i} \int_{0}^{\infty} d y e^{-y(\tau+\hbar / \Lambda) / \hbar}\left[\frac{1}{y-i \hbar \omega_{0}-i y \Gamma / 2 \omega_{0}}-\frac{1}{y-i \hbar \omega_{0}+i y \Gamma / 2 \omega_{0}}\right] \\
& =\frac{1}{2 \pi i}\left\{\beta_{-} e^{i \beta_{-} \omega_{0}(\tau+\hbar / \Lambda)} E_{1}\left[i \beta_{-} \omega_{0}(\tau+\hbar / \Lambda)\right]-\beta_{+} e^{i \beta+\omega_{0}(\tau+\hbar / \Lambda)} E_{1}\left[i \beta_{+} \omega_{0}(\tau+\hbar / \Lambda)\right]\right\}, \tag{15.147}
\end{align*}
$$

which is exactly the same as the result without any cutoff, but with the time displaced forward $\tau \longrightarrow \tau+\hbar / \Lambda$. This avoids the singularity at $\tau=0$ since there

$$
\begin{equation*}
\langle\mathrm{e}| U^{\|}(\tau=0,0)|\mathrm{e}\rangle=-\frac{1}{2 \pi i}\left[\beta_{-} \log \left[i \beta_{-} \hbar \omega_{0} / \Lambda\right]-\beta_{+} \log \left[i \beta_{+} \hbar \omega_{0} / \Lambda\right]\right] \tag{15.148}
\end{equation*}
$$

which is again finite and negligible compared to unity. At long times, $\tau+\hbar / \Lambda \approx \tau$, so we obtain the correct $\tau^{-4}$ scaling at long times.

### 15.5.9 Intermediate Times

The total survival probability is then given by combining the pole amplitude from Eq. (15.132) and the branch amplitude from Eq. (15.147):

$$
\begin{align*}
P(\tau) & \left.=|\langle\mathrm{e}| U(\tau, 0)| \mathrm{e}\rangle\left.\right|^{2}=\left|\langle\mathrm{e}| U^{\bullet}(\tau, 0)\right| \mathrm{e}\right\rangle+\left.\langle\mathrm{e}| U^{\|}(\tau, 0)|\mathrm{e}\rangle\right|^{2} \\
& =\left|\beta_{+} e^{-i \beta_{+} \omega_{0} \tau}+\frac{1}{2 \pi i}\left\{\beta_{-} e^{i \beta_{-} \omega_{0}(\tau+\hbar / \Lambda)} E_{1}\left[i \beta_{-} \omega_{0}(\tau+\hbar / \Lambda)\right]-\beta_{+} e^{i \beta_{+} \omega_{0}(\tau+\hbar / \Lambda)} E_{1}\left[i \beta_{+} \omega_{0}(\tau+\hbar / \Lambda)\right]\right\}\right|^{2} \tag{15.149}
\end{align*}
$$

We have seen that for short times, the pole contribution dominates, and thus the decay is exponential. For long times, the branch contribution dominates, and the decay crosses over to a power law. At intermediate times, when both contributions are important, the behavior is somewhat more complicated. The pole contribution always oscillates at optical frequencies, but we have seen that asymptotically, the branch contribution does not. Thus, there can be optical-frequency beating between the two contributions. Unfortunately, it is difficult to visualize these high-frequency beats on the long decay time scales, except for the unrealistic case where $\Gamma$ is not too different from $\omega_{0}$. This plot shows the case $\Gamma / \omega_{0}=10^{-1}$, with a cutoff $\Lambda / \hbar \Gamma=10^{2}$, along with the exponential pole decay alone and the asymptotic $\tau^{-4}$ decay from Eq. (15.129). The oscillations at the crossover are clear here.


This next plot shows the case $\Gamma / \omega_{0}=10^{-2}$, with a cutoff $\Lambda / \hbar \Gamma=10^{3}$, again, along with the exponential pole decay alone and the asymptotic $\tau^{-4}$ decay from Eq. (15.129). Here, the oscillations are already too rapid to meaningfully plot, so we instead plot the envelope of the oscillations (calculated from the sum and difference of the absolute values of the two contributions). The increases in both parameters shift the crossover to a later time and smaller survival probability.


For the realistic case of ${ }^{87} \mathrm{Rb}$ on the $780 \mathrm{~nm} \mathrm{D}_{2}$ transition, we have $\Gamma / 2 \pi=6.07 \mathrm{MHz}$ and $\omega_{0} / 2 \pi=$ 384.23 THz . We can also take $\Lambda=h c / a$, where the atomic radius $a=2.99 a_{0}$ comes from the dipole moment of $2.99 e a_{0}$ for the $\left|F=2, m_{F}=2\right\rangle \longrightarrow\left|F^{\prime}=3, m_{F}^{\prime}=3\right\rangle$ stretched-state hyperfine transition, and $a_{0} \approx 0.529 \AA$ is the Bohr radius. Thus, the parameters we need are $\Gamma / \omega_{0}=1.58 \times 10^{-8}$ and $\Lambda / \hbar \Gamma=5 \times 10^{10}$. Note that to obtain the correct asymptotic behavior numerically, a cancellation between the different terms is necessary to get a smaller number, so arbitrary-precision arithmetic is required in this regime (standard double-precision, floating-point arithmetic gives an error-dominated asymptotic scaling as $\tau^{-2}$.) Also, note that had we instead used the hard cutoff, the asymptotic scaling (15.146) makes a substantial difference in the long-time region of this plot, even with the relativistic cutoff.


The crossover occurs after some 130 lifetimes, with a survival probability well below $10^{-50}$. Long-time nonexponential decay of atomic spontaneous emission is unlikely to ever be seen in an experiment. This is the way the numbers work out in this problem but keep in mind that long-time nonexponential decay is a generic phenomenon, and the method here is a good way to get the full time dependence of the decay.

### 15.5.10 Interpretation of Nonexponential Decay

What is the meaning of this long, nonexponential tail of the decay curve? First of all recall that exponential decay follows from having a constant rate of decay,

$$
\begin{equation*}
\partial_{t} P=-\Gamma P(t) \quad \longrightarrow \quad P(t)=P(0) e^{-\Gamma t} \tag{15.150}
\end{equation*}
$$

This fundamentally means that the system decays in exactly the same way at each instant in time, independent of its past history. This solution is unique, so any deviation from exponential decay points to a "memory" in the system, or a breakdown of the Markov approximation (the Born-Markov master equation of Section 4.5, or equivalently the Lindblad master equation of Section 19.1 assume the Markov approximation and thus cannot predict this kind of nonexponential decay). The "memory" of the atom of the emitted photon is somewhat counterintuitive, however: evidently the photon-emission amplitude, even though it propagates rapidly away from the atom to infinity, has some long tail that interacts with the atom and interferes with the remaining decay amplitude.

### 15.6 Spontaneous Raman Scattering

As another example of the resolvent method, consider spontaneous Raman scattering in a three-level $\Lambda$ atom, where the transition $|\mathrm{g}\rangle \longrightarrow|\mathrm{e}\rangle$ is coupled by a laser field with detuning $\Delta$, and spontaneous decay occurs on the $|\mathrm{e}\rangle \longrightarrow|\mathrm{f}\rangle$ transition at rate $\Gamma$.


Technically, $|e\rangle$ must also decay to $|g\rangle$ if the transition can be coupled by the laser, but we assume that this decay route is much slower than the decay to $|\mathrm{f}\rangle$ (see Problem 15.4). This model also describes quenching of a metastable state by coupling to a quickly decaying state, or influence on the metastability of a state by coupling to another decaying level. ${ }^{6}$

The free Hamiltonian is

$$
\begin{equation*}
H_{0}=\hbar \Delta|\mathrm{g}\rangle\langle\mathrm{g}|-\hbar \omega_{\mathrm{ef}}|\mathrm{f}\rangle\langle\mathrm{f}| \tag{15.151}
\end{equation*}
$$

in the rotating frame of the laser field (Section 5.1.5), taking the energy $E_{\mathrm{e}}$ of $|\mathrm{e}\rangle$ to be zero, and where $\omega_{\mathrm{ef}}=\left(E_{\mathrm{e}}-E_{\mathrm{f}}\right) / \hbar$. The atom-field coupling is given in the rotating-wave approximation by

$$
\begin{equation*}
V=\frac{\hbar \Omega}{2}\left(\sigma+\sigma^{\dagger}\right)+\sum_{\mathbf{k}, \zeta} \hbar\left[g_{\mathbf{k}, \zeta}(\mathbf{r}) \sigma_{\mathrm{f}}^{\dagger} a_{\mathbf{k}, \zeta}+\text { H.c. }\right] \tag{15.152}
\end{equation*}
$$

where $\sigma:=|\mathrm{g}\rangle\langle\mathrm{e}|, \sigma_{\mathrm{f}}:=|\mathrm{f}\rangle\langle\mathrm{e}|, \Omega$ is the usual Rabi frequency for the laser field, and $g_{\mathbf{k}, \zeta}$ are the free-space coupling coefficients for the vacuum field [Eq. (11.7)].

Now we can focus on the coupling between $|\mathrm{g}\rangle$ and $|\mathrm{e}\rangle$. Defining the projector $P:=|\mathrm{g}\rangle\langle\mathrm{g}|+|\mathrm{e}\rangle\langle\mathrm{e}|$ and the orthogonal projector $Q:=1-P$, we can use the result (15.54) in terms of the level-shift operator,

$$
\begin{equation*}
P G(z) P=\frac{P}{z-P H_{0} P-P R(z) P} \tag{15.153}
\end{equation*}
$$

The resolvent in the subspace of $|\mathrm{g}\rangle$ and $|\mathrm{e}\rangle$ can then be written in matrix form as

$$
\left[\begin{array}{cc}
G_{\mathrm{ee}}(z) & G_{\mathrm{eg}}(z)  \tag{15.154}\\
G_{\mathrm{ge}}(z) & G_{\mathrm{gg}}(z)
\end{array}\right]=\left[\begin{array}{cc}
z-E_{\mathrm{e}}-R_{\mathrm{ee}}(z) & -R_{\mathrm{eg}}(z) \\
-R_{\mathrm{ge}}(z) & z-E_{\mathrm{g}}-R_{\mathrm{gg}}(z)
\end{array}\right]^{-1}
$$

Since we want to analyze the survival probability of $|\mathrm{g}\rangle$, we can use the inversion formula

$$
\left[\begin{array}{ll}
a & b  \tag{15.155}\\
c & d
\end{array}\right]^{-1}=\frac{1}{a d-b c}\left[\begin{array}{cc}
d & -b \\
-c & a
\end{array}\right]
$$

to write

$$
\begin{equation*}
G_{\mathrm{gg}}(z)=\frac{z-E_{\mathrm{e}}-R_{\mathrm{ee}}(z)}{\left[z-E_{\mathrm{e}}-R_{\mathrm{ee}}(z)\right]\left[z-E_{\mathrm{g}}-R_{\mathrm{gg}}(z)\right]-R_{\mathrm{ge}}(z) R_{\mathrm{eg}}(z)} \tag{15.156}
\end{equation*}
$$

which we will now evaluate.
Using Eq. (15.60) for the level-shift operator, we can compute the matrix element

$$
\begin{equation*}
R_{\mathrm{ee}}\left(E+i 0^{+}\right)=V_{\mathrm{ee}}+\hbar \Delta_{\mathrm{ee}}(E)-i \frac{\hbar \Gamma_{\mathrm{ee}}(E)}{2} \tag{15.157}
\end{equation*}
$$

In the pole approximation, we take $E=E_{\mathrm{e}}$, and then $\hbar \Delta_{\mathrm{ee}}\left(E_{\mathrm{e}}\right)$ is the Lamb shift—which we absorb into the excited-state energy-of $|\mathrm{e}\rangle$ due to the coupling to the vacuum continuum, and $\Gamma=\Gamma_{\mathrm{ee}}\left(E_{\mathrm{e}}\right)$ represents the spontaneous decay of $|\mathrm{e}\rangle \longrightarrow|\mathrm{f}\rangle$ due to the vacuum coupling, and thus

$$
\begin{equation*}
R_{\mathrm{ee}}\left(E+i 0^{+}\right)=-i \frac{\hbar \Gamma}{2} \tag{15.158}
\end{equation*}
$$

Similarly,

$$
\begin{equation*}
R_{\mathrm{gg}}\left(E+i 0^{+}\right)=0 \tag{15.159}
\end{equation*}
$$

since $|\mathrm{g}\rangle$ is not coupled to the vacuum continuum. To get the off-diagonal matrix elements, we can use the perturbative expansion (15.67) up to second order,

$$
\begin{equation*}
R(z)=V+V \frac{Q}{z-H_{0}} V \tag{15.160}
\end{equation*}
$$

[^226]so that to second order
\[

$$
\begin{equation*}
R_{\mathrm{eg}}(z)=V_{\mathrm{eg}}=\frac{\hbar \Omega}{2} \tag{15.161}
\end{equation*}
$$

\]

with the same result for $R_{\text {ge }}(z)$, since

$$
\begin{equation*}
\langle\mathrm{e}| V Q V|\mathrm{~g}\rangle=\sum_{\mathbf{k}, \zeta}\langle\mathrm{e}| V\left|\mathrm{f}, 1_{\mathbf{k}, \zeta}\right\rangle\left\langle\mathrm{f}, 1_{\mathbf{k}, \zeta}\right| V|\mathrm{~g}\rangle=0 \tag{15.162}
\end{equation*}
$$

again since $|\mathrm{g}\rangle$ is not coupled to the vacuum.
Now that we have the level-shift operator in the subspace of $|\mathrm{g}\rangle$ and $|\mathrm{e}\rangle$, we note that a nice interpretation of Eq. (15.153) is that $P G(z) P$ is the resolvent operator of the effective subspace Hamiltonian

$$
P\left[H_{0}-R(z)\right] P=\left[\begin{array}{cc}
E_{\mathrm{e}}-i \hbar \Gamma / 2 & \hbar \Omega / 2  \tag{15.163}\\
\hbar \Omega / 2 & E_{\mathrm{g}}
\end{array}\right]
$$

which is now no longer Hermitian due to the decay. Returning now to the resolvent matrix element (15.156), which now becomes

$$
\begin{equation*}
G_{\mathrm{gg}}^{+}(E)=G_{\mathrm{gg}}\left(E+i 0^{+}\right)=\frac{E-E_{\mathrm{e}}+i \hbar \Gamma / 2}{\left(E-E_{\mathrm{e}}+i \hbar \Gamma / 2\right)\left(E-E_{\mathrm{g}}\right)-(\hbar \Omega / 2)^{2}}, \tag{15.164}
\end{equation*}
$$

which has poles

$$
\begin{equation*}
E_{ \pm}=\frac{1}{2}\left[E_{\mathrm{e}}+E_{\mathrm{g}}-\frac{i \hbar \Gamma}{2} \pm \sqrt{\left(E_{\mathrm{e}}-E_{\mathrm{g}}-\frac{i \hbar \Gamma}{2}\right)^{2}+(\hbar \Omega)^{2}}\right] \tag{15.165}
\end{equation*}
$$

(shifted energies)
corresponding to the eigenvalues of the effective Hamiltonian (15.163).
Thus, the propagator from the inversion formula (15.16) gives the survival amplitude

$$
\begin{equation*}
\langle\mathrm{g}| U(\tau, 0)|\mathrm{g}\rangle=-\frac{1}{2 \pi i} \int_{-\infty}^{\infty} d E e^{-i E \tau / \hbar} G_{\mathrm{gg}}^{+}(E) \tag{15.166}
\end{equation*}
$$

We can do this integral via a contour around the lower half-plane, which encloses both poles, since the square root of Eq. (15.165) always has an imaginary part smaller in magnitude than $i \hbar \Gamma / 2$ (this is apparent when visualizing the squaring and square root operations as respectively doubling and halving the complex angle). Then with

$$
\begin{equation*}
G_{\mathrm{gg}}^{+}(E)=\frac{E-E_{\mathrm{e}}+i \hbar \Gamma / 2}{\left(E-E_{+}\right)\left(E-E_{-}\right)} \tag{15.167}
\end{equation*}
$$

the propagator becomes

$$
\begin{equation*}
\langle\mathrm{g}| U(\tau, 0)|\mathrm{g}\rangle=\frac{1}{E_{+}-E_{-}}\left[\left(E_{+}-E_{\mathrm{e}}+\frac{i \hbar \Gamma}{2}\right) e^{-i E_{+} \tau / \hbar}-\left(E_{-}-E_{\mathrm{e}}+\frac{i \hbar \Gamma}{2}\right) e^{-i E_{-} \tau / \hbar}\right] \tag{15.168}
\end{equation*}
$$

(survival amplitude)
which is a fairly complicated expression, which we can analyze more intuitively in the the limits of weak and strong pumping.

### 15.6.1 Weak Pumping

For weak pumping, $\Omega$ is small, and thus we can expand the square root in Eq. (15.165) to lowest order in $\Omega$ :

$$
\begin{equation*}
E_{ \pm} \approx \frac{1}{2}\left[E_{\mathrm{e}}+E_{\mathrm{g}}-\frac{i \hbar \Gamma}{2} \pm\left(E_{\mathrm{e}}-E_{\mathrm{g}}-\frac{i \hbar \Gamma}{2}\right)\left(1+\frac{(\hbar \Omega)^{2}}{2\left(E_{\mathrm{e}}-E_{\mathrm{g}}-\frac{i \hbar \Gamma}{2}\right)^{2}}\right)\right] \tag{15.169}
\end{equation*}
$$

or

$$
\begin{align*}
& E_{+} \approx E_{\mathrm{e}}-\frac{i \hbar \Gamma}{2}+\frac{(\hbar \Omega)^{2}}{4\left(E_{\mathrm{e}}-E_{\mathrm{g}}-\frac{i \hbar \Gamma}{2}\right)}  \tag{15.170}\\
& E_{-} \approx E_{\mathrm{g}}-\frac{(\hbar \Omega)^{2}}{4\left(E_{\mathrm{e}}-E_{\mathrm{g}}-\frac{i \hbar \Gamma}{2}\right)}
\end{align*}
$$

Note that the eigenvalues here are only small corrections to the original eigenvalues. Recalling that $E_{\mathrm{e}}=0$ and $E_{\mathrm{g}}=\hbar \Delta$,

$$
\begin{align*}
& \frac{E_{+}}{\hbar} \approx-\frac{i \Gamma}{2}-\frac{\Omega^{2}}{4\left(\Delta+\frac{i \Gamma}{2}\right)}=-\frac{i \Gamma}{2}-\frac{\Omega^{2}(\Delta-i \Gamma / 2)}{4\left(\Delta^{2}+\Gamma^{2} / 4\right)}=-\frac{i \Gamma}{2}-\tilde{\Delta}+\frac{i \tilde{\Gamma}}{2}  \tag{15.171}\\
& \frac{E_{-}}{\hbar} \approx \Delta+\frac{\Omega^{2}}{4\left(\Delta+\frac{i \Gamma}{2}\right)}=\Delta+\frac{\Omega^{2}(\Delta-i \Gamma / 2)}{4\left(\Delta^{2}+\Gamma^{2} / 4\right)}=\Delta+\tilde{\Delta}-\frac{i \tilde{\Gamma}}{2}
\end{align*}
$$

where we have defined

$$
\begin{equation*}
\tilde{\Delta}:=\left[\frac{\Omega^{2}}{4\left(\Delta^{2}+\Gamma^{2} / 4\right)}\right] \Delta \tag{15.172}
\end{equation*}
$$

and

$$
\begin{equation*}
\tilde{\Gamma}:=\left[\frac{\Omega^{2}}{4\left(\Delta^{2}+\Gamma^{2} / 4\right)}\right] \Gamma \tag{15.173}
\end{equation*}
$$

(decay rate of $|\mathrm{g}\rangle$ )
Thus, the survival amplitude (15.168) becomes

$$
\begin{equation*}
\langle\mathrm{g}| U(\tau, 0)|\mathrm{g}\rangle=\frac{\left(\tilde{\Delta}-\frac{i \tilde{\Gamma}}{2}\right) e^{i \tilde{\Delta} \tau} e^{-(\Gamma-\tilde{\Gamma}) \tau / 2}+\left(\Delta+\tilde{\Delta}+\frac{i(\Gamma-\tilde{\Gamma})}{2}\right) e^{-i(\Delta+\tilde{\Delta}) \tau} e^{-\tilde{\Gamma} \tau / 2}}{(\Delta+i \Gamma / 2)+2(\tilde{\Delta}-i \tilde{\Gamma} / 2)} \tag{15.174}
\end{equation*}
$$

or noting that $\tilde{\Gamma} \ll \Gamma$ and $\tilde{\Delta} \ll \Delta$,

$$
\langle\mathrm{g}| U(\tau, 0)|\mathrm{g}\rangle \approx e^{-i(\Delta+\tilde{\Delta}) \tau} e^{-\tilde{\Gamma} \tau / 2}
$$

(weak-pumping survival amplitude)
This expression shows that the survival amplitude rotates at the natural (unperturbed) frequency of $\Delta$, plus an ac Stark shift $\tilde{\Delta}$ due to the pumping laser. There is also the slow decay of $|g\rangle$ at rate $\tilde{\Gamma}$. Note that in the full expression (15.174) there is also a fast-decaying term, decaying at rate $\Gamma-\tilde{\Gamma}$, and shifted by $-\tilde{\Delta}$ from zero energy. This is because the weak field mixes the ground and excited states slightly, so the part of |e〉 mixed into $|\mathrm{g}\rangle$ decays essentially at the decay rate for $|\mathrm{e}\rangle$, and has the opposite Stark shift as expected for a two-level system.

One curious effect is that $\tilde{\Gamma} \longrightarrow 0$ as $\Gamma \longrightarrow \infty$. Since a decay from $|e\rangle$ to $|f\rangle$ is a measurement of whether or not the atom is in $|\mathrm{e}\rangle$ (indicated by the detection of an emitted photon), $\Gamma$ is essentially the rate at which the measurement is taking place. If this measurement is strong enough, the atom can never be promoted from $|\mathrm{g}\rangle$ to $|\mathrm{e}\rangle$ in the first place - an example of the quantum Zeno effect.

### 15.6.2 Strong Pumping

In the limit of strong pumping $(\Omega \gg \Gamma)$, the eigenvalues/poles from Eq. (15.165) become

$$
\begin{equation*}
E_{ \pm} \approx \frac{1}{2}\left[E_{\mathrm{e}}+E_{\mathrm{g}}-\frac{i \hbar \Gamma}{2} \pm \hbar \tilde{\Omega}\right]=\frac{\hbar}{2}\left[\Delta-\frac{i \Gamma}{2} \pm \tilde{\Omega}\right] \tag{15.176}
\end{equation*}
$$

where

$$
\begin{equation*}
\tilde{\Omega}:=\sqrt{\Omega^{2}+\Delta^{2}} \tag{15.177}
\end{equation*}
$$

is the usual generalized Rabi frequency. Then the survival amplitude (15.168) becomes

$$
\begin{equation*}
\langle\mathrm{g}| U(\tau, 0)|\mathrm{g}\rangle=\frac{1}{\tilde{\Omega}}\left[(\Delta+\tilde{\Omega}) e^{-i \Delta \tau / 2} e^{-\Gamma \tau / 4} e^{-i \tilde{\Omega} \tau}-(\Delta-\tilde{\Omega}) e^{-i \Delta \tau / 2} e^{-\Gamma \tau / 4} e^{i \tilde{\Omega} \tau}\right] \tag{15.178}
\end{equation*}
$$

or

$$
\begin{equation*}
\langle\mathrm{g}| U(\tau, 0)|\mathrm{g}\rangle=e^{-i \Delta \tau / 2} e^{-\Gamma \tau / 4}\left[\cos \frac{\tilde{\Omega} \tau}{2}-i \frac{\Delta}{\tilde{\Omega}} \sin \frac{\tilde{\Omega} \tau}{2}\right] \tag{15.179}
\end{equation*}
$$

(strong-pumping survival amplitude)
These are the usual generalized Rabi oscillations [cf. Eq. (5.59)], noting the sign difference in $\Delta$ ], but now damped at rate $\Gamma / 2$. Here the field mixes $|\mathrm{g}\rangle$ and $|\mathrm{e}\rangle$ together in equal parts, so $|\mathrm{g}\rangle$ decays at half the decay rate of $|e\rangle$.

### 15.6.3 General Case

The general case interpolates between simple exponential decay and damped Rabi oscillations in a reasonable obvious way, as shown here for the on-resonance case $\Delta=0$.


Even for relatively weak pumping $\Omega / \Gamma=0.1$, when the decay is essentially exponential, the one obvious feature is the nonexponential decay at short times, since the whole process must start via a part of a Rabi oscillation from $|\mathrm{g}\rangle$ to $|\mathrm{e}\rangle$. Of course, we already know that the decay must be nonexponential at short times in any case (Section 11.7.1).


For the off-resonance case (with $\Omega=1$ ), the Rabi oscillations are incomplete, and become more rapid, since the oscillations occur around the generalized Rabi frequency. Obviously, the decay becomes slower for larger detunings, but also note that the fast oscillations damp out before a smooth decay takes over.


### 15.7 Exercises

## Problem 15.1

Show that the resolvent operator

$$
\begin{equation*}
G(z):=\frac{1}{z-H} \tag{15.180}
\end{equation*}
$$

for the Hamiltonian $H$ is analytic off the real axis, in the sense that every matrix element $\langle\psi| G(z)\left|\psi^{\prime}\right\rangle$ for arbitrary states $|\psi\rangle,\left|\psi^{\prime}\right\rangle$ is an analytic function anywhere away from the real axis. State explicitly your criteria for analyticity.

## Problem 15.2

Derive the asymptotic expansion

$$
\begin{equation*}
E_{1}(z)=\frac{e^{-z}}{z}\left\{1-\frac{1}{z}+\frac{2}{z^{2}}-\frac{3!}{z^{3}}+\cdots+\frac{n!}{(-z)^{n}}+\cdots\right\} \tag{15.181}
\end{equation*}
$$

## Problem 15.3

Work out a formula for the inverse Laplace transform, using the integral formula for the propagator in terms of the resolvent operator. State any restrictions on the validity of your formula.

## Problem 15.4

In analyzing the spontaneous Raman problem, we ignored any decay back to the initial (ground) state $|\mathrm{g}\rangle$. Suppose we modify the setup to explicitly include a decay rate of $\Gamma^{\prime}$ from $|\mathrm{e}\rangle \longrightarrow|\mathrm{g}\rangle$.

(a) Why is the resolvent method not a natural approach to handle this new problem?
(b) Derive a corrected formula for the decay rate of $|\mathrm{g}\rangle$ in the weak pumping limit, accounting for the new decay path. Hint: set up and solve Einstein-type rate equations for this system, generalizing the results from the resolvent approach as appropriate (e.g., introducing an auxiliary decay path). You need not retrace the derivation using the resolvent method if you can just indicate the appropriate changes.

## Problem 15.5

Consider an atom at a fixed location in an optical cavity. The optical cavity is initially in the vacuum state, and its resonance frequency $\omega$ does not necessarily coincide with the atomic resonance frequency $\omega_{0}$. The atom starts in the excited state.
(a) Compute the decay rate for the atom, assuming the "bad-cavity" limit of large $\kappa$. Ignore decay into non-cavity modes. Hint: what is the level structure of this problem?
(b) The enhancement of the atomic spontaneous emission rate by a cavity is called the Purcell effect. What is now known as the Purcell factor was given by Purcell ${ }^{7}$ as

$$
\begin{equation*}
\eta_{\mathrm{P}}=\frac{3 Q \lambda^{3}}{4 \pi^{2} V} \tag{15.182}
\end{equation*}
$$

[^227]where $Q$ is the quality factor of the cavity, $\lambda$ is the emission wavelength, and $V$ is the cavity volume. Purcell's result was that multiplying the atomic decay rate by this factor gives the cavity-modified decay rate. Show that your result is consistent with Purcell's for a cavity whose resonance matches that of the atom, under the assumption that the atomic dipole is aligned with the cavity-mode polarization $\left(\hat{\varepsilon} \cdot \mathbf{d}_{\mathrm{ge}}=d_{\mathrm{ge}}\right.$, without the factor of $\left.\sqrt{3}\right)$.

## Problem 15.6

Suppose the intensity of an optical cavity of resonant frequency $\omega$ decays exponentially at rate $\kappa$. The cavity spectrum is bounded from below, and thus should decay nonexponentially at long times. For example, given that the cavity begins with exactly one photon, the photon's survival probability should become nonexponential at long times.
(a) Treating the cavity decay rate as approximately independent of frequency, give an expression for the asymptotic survival probability for long times.
(b) Estimate the scaled time $\kappa t$ of crossover to nonexponential decay for a linear, two-mirror cavity of length 10 cm , assuming identical mirrors with $99 \%$ intensity reflection coefficients and a resonance wavelength of 532 nm . Also, estimate the survival probability at this crossover time.

## Problem 15.7

Consider the spontaneous-Raman problem, for which we derived the survival probability of $|\mathrm{g}\rangle$ in Section 15.6.


Under the condition of weak excitation (small $\Omega$ or large $|\Delta|$ ), derive an expression for the spectral lineshape of the emitted light (assuming the long-time limit). Interpret your solution.

## Chapter 16

## Photodetection

In Chapter 2, we considered the coherence of classical light, and, for example, what this meant for the classical Hanbury-Brown-Twiss experiment. We will now reconsider this experiment using the quantum description of the fields, and examine the most dramatic departures from the classical-field predictions, which occur for fields with one or two photons.

### 16.1 Counting Photons

Let's start by developing a bit of formalism to handle detectors interacting with the quantum electromagnetic field. ${ }^{1}$ Recall that the quantized electric field has the form [Eq. (8.61)]

$$
\begin{equation*}
\mathbf{E}(\mathbf{r}, t)=-\sum_{\mathbf{k}, \zeta} \sqrt{\frac{\hbar \omega_{\mathbf{k}}}{2 \epsilon_{0}}} \mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r}) a_{\mathbf{k}, \zeta}(t)+\text { H.c. } \tag{16.1}
\end{equation*}
$$

or identifying the two terms with $E^{(+)}$and $E^{(-)}$, we can isolate the annihilation component of the field:

$$
\begin{equation*}
\mathbf{E}^{(+)}(\mathbf{r}, t)=-\sum_{\mathbf{k}, \zeta} \sqrt{\frac{\hbar \omega_{\mathbf{k}}}{2 \epsilon_{0}}} \mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r}) a_{\mathbf{k}, \zeta}(t) \tag{16.2}
\end{equation*}
$$

We may regard a photodetection event, as a transition in the state of the field, $|\mathrm{i}\rangle \longrightarrow|\mathrm{f}\rangle$, where $|\mathrm{i}\rangle$ is the initial state of the field before the detection event, and $|\mathrm{f}\rangle$ is the final state of the system afterward, where one photon in mode ( $\mathbf{k}, \zeta$ ) was removed from the field at time $t$. The transition amplitude for this process is proportional to

$$
\begin{equation*}
\langle\mathrm{f}| U\left(t+0^{+}, t-0^{+}\right)|\mathrm{i}\rangle \propto\langle\mathrm{f}| a_{\mathbf{k}, \zeta}(t)|\mathrm{i}\rangle \tag{16.3}
\end{equation*}
$$

Including the spatial profile of the field,

$$
\begin{equation*}
\langle\mathrm{f}| U\left(t+0^{+}, t-0^{+}\right)|\mathrm{i}\rangle \propto\langle\mathrm{f}| \hat{\varepsilon}_{\zeta} \cdot \mathbf{E}_{\mathbf{k}, \zeta}^{(+)}(\mathbf{r}, t)|\mathrm{i}\rangle \tag{16.4}
\end{equation*}
$$

where the field here is the single, relevant term in the mode sum (16.2), and $\hat{\varepsilon}_{\zeta}$ is the unit polarization vector of the mode at the location of the detector. Of course, we can include the entire field,

$$
\begin{equation*}
\langle\mathrm{f}| U\left(t+0^{+}, t-0^{+}\right)|\mathrm{i}\rangle \propto\langle\mathrm{f}| \hat{\varepsilon} \cdot \mathbf{E}^{(+)}(\mathbf{r}, t)|\mathrm{i}\rangle \tag{16.5}
\end{equation*}
$$

since in view of the definition of $|f\rangle$ only one of the field annihilation operators contributes to the matrix element. We have also dropped the subscript on the polarization vector, so that $\hat{\varepsilon}$ represents the field polarization sensed by the detector. Now the probability for detecting a photon is given by summing the

[^228]squares of the amplitudes (each amplitude corresponds to a final state where a photon is lost from a particular mode; each mode is orthogonal and thus each final state is distinguishable):
\[

$$
\begin{align*}
P(t) & \left.\propto \sum_{\mathrm{f}}\left|\langle\mathrm{f}| \hat{\varepsilon} \cdot \mathbf{E}^{(+)}(\mathbf{r}, t)\right| \mathrm{i}\right\rangle\left.\right|^{2} \\
& =\sum_{\mathrm{f}}\langle\mathrm{i}| \hat{\varepsilon}^{*} \cdot \mathbf{E}^{(-)}|\mathrm{f}\rangle\langle\mathrm{f}| \hat{\varepsilon} \cdot \mathbf{E}^{(+)}|\mathrm{i}\rangle  \tag{16.6}\\
& =\langle\mathrm{i}| \hat{\varepsilon}^{*} \cdot \mathbf{E}^{(-)} \hat{\varepsilon} \cdot \mathbf{E}^{(+)}|\mathrm{i}\rangle
\end{align*}
$$
\]

The initial state $|i\rangle$ is arbitrary, and we can think of the expectation value even for a mixed state by performing an ensemble average over initial states. We can also carry out a sum over polarizations, so that

$$
\begin{equation*}
P(t) \propto\left\langle E_{\alpha}^{(-)}(\mathbf{r}, t) E_{\alpha}^{(+)}(\mathbf{r}, t)\right\rangle \tag{16.7}
\end{equation*}
$$

(photodetection probability)
with an implied sum over $\alpha$.
This expression for the photodetection probability motivates the definition of a field correlation function, the degree of first-order coherence:

$$
\begin{equation*}
G^{(1)}\left(\mathbf{r}_{1}, t_{1}, \mathbf{r}_{2}, t_{2}\right):=\left\langle E_{\alpha}^{(-)}\left(\mathbf{r}_{1}, t_{1}\right) E_{\alpha}^{(+)}\left(\mathbf{r}_{2}, t_{2}\right)\right\rangle, \tag{16.8}
\end{equation*}
$$

(degree of first-order coherence)
which is the quantum analog of the classical field correlation function, which we saw in normalized form in Eq. (2.23), which gives the fringe visibility in an interference experiment. Note the particular ordering of the field operators in the correlation function and the detection probability, which is of the general form

$$
\begin{equation*}
\left\langle a^{\dagger} a\right\rangle \tag{16.9}
\end{equation*}
$$

This ordering is called normal ordering, which refers to having all annihilation operators to the right of all creation operators. This particular ordering is important, as in the vacuum state, the expectation value $\langle 0| a^{\dagger} a|0\rangle=0$ gives a zero detection probability or zero correlation, both of which are appropriate for the vacuum. The other ordering here would correspond to detection of photons from the vacuum, which is physically nonsensical.

Similarly, the joint probability amplitude to detect one photon at $(\mathbf{r}, t)$ and $\left(\mathbf{r}^{\prime}, t^{\prime}\right)$ is

$$
\begin{equation*}
\langle\mathrm{f}| U\left(t+0^{+}, t-0^{+}\right)|\mathrm{i}\rangle \propto\langle\mathrm{f}| \hat{\varepsilon}_{\zeta} \cdot \mathbf{E}_{\mathbf{k}, \zeta}^{(+)}\left(\mathbf{r}^{\prime}, t^{\prime}\right) \hat{\varepsilon}_{\zeta} \cdot \mathbf{E}_{\mathbf{k}, \zeta}^{(+)}(\mathbf{r}, t)|\mathrm{i}\rangle . \tag{16.10}
\end{equation*}
$$

To compute the detection probability, we square this, sum over all final states, and consider any polarization as before, with the result

$$
\begin{equation*}
P(t) \propto\left\langle E_{\alpha}^{(-)}(\mathbf{r}, t) E_{\alpha}^{(-)}\left(\mathbf{r}^{\prime}, t^{\prime}\right) E_{\alpha}^{(+)}\left(\mathbf{r}^{\prime}, t^{\prime}\right) E_{\alpha}^{(+)}(\mathbf{r}, t)\right\rangle \tag{16.11}
\end{equation*}
$$

(joint photodetection probability)
again with an implied sum over $\alpha$. This joint detection probability motivates the definition of a higher-order correlation function, the degree of second-order coherence:

$$
\begin{equation*}
G^{(2)}\left(\mathbf{r}_{1}, t_{1}, \mathbf{r}_{2}, t_{2}\right):=\left\langle E_{\alpha}^{(-)}\left(\mathbf{r}_{1}, t_{1}\right) E_{\alpha}^{(-)}\left(\mathbf{r}_{2}, t_{2}\right) E_{\alpha}^{(+)}\left(\mathbf{r}_{2}, t_{2}\right) E_{\alpha}^{(+)}\left(\mathbf{r}_{1}, t_{1}\right)\right\rangle \tag{16.12}
\end{equation*}
$$

(degree of second-order coherence)
This is the quantum analog of the classical intensity correlation function, e.g., $\langle I(t) I(t+\tau)\rangle$, which we saw in normalized form in Eq. (2.68). Note that these joint expectation values are still in normal form with the general form $\left\langle a_{1}^{\dagger} a_{2}^{\dagger} a_{2} a_{1}\right\rangle$, so that either joint expectation value vanishes unless there are at least two photons around somewhere to be detected. We are also ignoring some subtleties regarding the two field annihilation operators; recall that $E_{\alpha}^{(+)}\left(\mathbf{r}_{1}, t_{1}\right)$ and $E_{\alpha}^{(+)}\left(\mathbf{r}_{2}, t_{2}\right)$ commute only if the two respective spacetime points lie on the same light cone. In practice this does not matter, since for example the two detectors will monitor different outputs of a beam splitter, such that they cannot influence each other.

### 16.2 Beam Splitters

For our purposes, a beam splitter is an optical element that transforms two input modes or "beams" into two output modes. We have treated the beam splitter before in Section 12.1.2, but as it is central to our discussion here, we will review the setup with a slightly different notation. Labeling the field at the first and second inputs as $E_{1}^{(+)}$and $E_{2}^{(+)}$, respectively, the transformation properties are characterized by field reflection and transmission coefficients $r$ and $t$, representing reflection and transmission of $E_{1}^{(+)}$, and coefficients $r^{\prime}$ and $t^{\prime}$, representing reflection and transmission of $E_{2}^{(+)}$, as shown here.


Assuming the beam splitter is lossless, it must induce a unitary transformation on the two input modes, which we can represent by the matrix

$$
U=\left[\begin{array}{cc}
t & r^{\prime}  \tag{16.13}\\
r & t^{\prime}
\end{array}\right]
$$

in the sense that the output modes are related to the input modes by this operator:

$$
\left[\begin{array}{c}
E_{\text {out }, 1}  \tag{16.14}\\
E_{\text {out }, 2}
\end{array}\right]=U\left[\begin{array}{l}
E_{1} \\
E_{2}
\end{array}\right]
$$

However, the fact that $U$ is unitary constrains its form; in fact the general form for a $2 \times 2$ unitary matrix is

$$
U=\left[\begin{array}{cc}
t & -r^{*}  \tag{16.15}\\
r & t^{*}
\end{array}\right]
$$

from which we conclude that

$$
\begin{equation*}
|r|^{2}+|t|^{2}=1 \tag{16.16}
\end{equation*}
$$

which expresses the lossless property of the beam splitter, and

$$
\begin{equation*}
r^{\prime}=-r^{*}, \quad t^{\prime}=t^{*} \tag{16.17}
\end{equation*}
$$

so that the reflection and transmission coefficients from either direction only differ by phases (which we have somewhat arbitrarily fixed here).

If we consider only monochromatic fields, with inputs and outputs at the same frequency, then from Eq. (16.2) we see that the fields $E^{(+)}$differs from a lowering operator $a$ only by a constant factor, which is the same for every mode here. Quantum mechanically, then, we may write Eq. (16.14) in terms of operators as

$$
\left[\begin{array}{l}
b_{1}  \tag{16.18}\\
b_{2}
\end{array}\right]=U\left[\begin{array}{l}
a_{1} \\
a_{2}
\end{array}\right]=\left[\begin{array}{cc}
t & -r^{*} \\
r & t^{*}
\end{array}\right]\left[\begin{array}{l}
a_{1} \\
a_{2}
\end{array}\right], \quad \text { (beam splitter transformation) }
$$

where $a_{1,2}$ are the annihilation operators for the input modes, and $b_{1,2}$ are the annihilation operators for the output modes.

### 16.3 Collision of One Photon and a Beam Splitter

Consider a single photon incident on a beam splitter, where we monitor each output of the beam splitter with a detector.


To the extent that it makes sense to do so, we will consider the input and output fields to be monochromatic as in Eq. (16.18). If we begin with a single photon in input 1 , then the initial state is

$$
\begin{equation*}
|1,0\rangle=a_{1}^{\dagger}|0,0\rangle \tag{16.19}
\end{equation*}
$$

where the states $|n, m\rangle$ are joint Fock states for the two inputs. If we solve Eq. (16.18) for the input operators in terms of the output operators, we have

$$
\left[\begin{array}{l}
a_{1}  \tag{16.20}\\
a_{2}
\end{array}\right]=U^{\dagger}\left[\begin{array}{l}
b_{1} \\
b_{2}
\end{array}\right]=\left[\begin{array}{cc}
t^{*} & r^{*} \\
-r & t
\end{array}\right]\left[\begin{array}{l}
b_{1} \\
b_{2}
\end{array}\right],
$$

so that

$$
\begin{equation*}
a_{1}=t^{*} b_{1}+r^{*} b_{2}, \tag{16.21}
\end{equation*}
$$

or

$$
\begin{equation*}
a_{1}^{\dagger}=t b_{1}^{\dagger}+r b_{2}^{\dagger} . \tag{16.22}
\end{equation*}
$$

To find the output state after the beam splitter, we can use this relation to eliminate the input-field operator in Eq. (16.19)

$$
\begin{equation*}
|\psi\rangle_{\text {out }}=\left(t b_{1}^{\dagger}+r b_{2}^{\dagger}\right)|0,0\rangle=t|1,0\rangle+r|0,1\rangle \tag{16.23}
\end{equation*}
$$

(output state for single-photon input)
The output state is thus an entangled state, with a superposition of having a single photon in each mode. The result is now fairly obvious, but from Eq. (16.11), the joint photodetection probability is

$$
\begin{equation*}
P(t) \propto\left\langle b_{1}^{\dagger} b_{2}^{\dagger} b_{2} b_{1}\right\rangle=0 \tag{16.24}
\end{equation*}
$$

which of course vanishes for the output state (16.23), since there is only one photon. Experimentally, it is difficult to prepare an input state of exactly a single photon. In practice, a highly attenuated classical field (coherent state) is used, which has the form $|0\rangle+\varepsilon|1\rangle$, where $\varepsilon \ll 1$. If this field is an output of a nonlinear crystal, where correlated pairs of photons are generated from a laser field via parametric downconversion, then the detection of a photon in the other output can be used to "herald" the presence of a single photon in the beam-splitter setup. Thus measurement is used to convert the coherent state into a one-photon state. The real situation is more complicated due to "accidental" coincidences (since there is a small probability of having two photon pairs present simultaneously), finite detection times, and "dark counts," or spurious photodetection events due to thermal fluctuations in the detectors. However, this can be done, and is one of the simplest demonstrations of the manifestly quantum-mechanical nature of the electromagnetic field: ${ }^{2}$ a classical field can be divided arbitrarily, so a classical Hanbury-Brown-Twiss experiment always gives a signal for arbitrarily weak fields. In terms of the normalized degree of second-order coherence, the quantum version of this experiment violates the inequality (2.72), since $g^{(2)}$ can be much smaller than unity.

[^229]
### 16.4 Two-Photon Interference

### 16.4.1 Simple Theory

Suppose we now treat the case of two incident photons on a beam splitter. Again treating the fields as monochromatic (and identical), we can model a photodetection experiment with this particular input. There are two general cases we can consider. The first is when both photons are incident in the same input-here, input 1.


Then the input state is

$$
\begin{equation*}
|2,0\rangle=\frac{\left(a_{1}^{\dagger}\right)^{2}}{\sqrt{2}}|0,0\rangle \tag{16.25}
\end{equation*}
$$

and again using Eq. (16.22) to eliminate the input operator, we find the output state

$$
\begin{equation*}
|\psi\rangle_{\mathrm{out}}=\frac{\left(t b_{1}^{\dagger}+r b_{2}^{\dagger}\right)^{2}}{\sqrt{2}}|0,0\rangle \tag{16.26}
\end{equation*}
$$

We can write this out to obtain

$$
\begin{equation*}
|\psi\rangle_{\text {out }}=t^{2}|2,0\rangle+\sqrt{2} r t|1,1\rangle+r^{2}|0,2\rangle \tag{16.27}
\end{equation*}
$$

This is not too surprising. Identifying the probabilities for two photon transmitted, one photon transmitted and zero photons transmitted as $|t|^{4}, 2|r t|^{2}$, and $|r|^{4}$, respectively, this is just the classical transmission probability of two independent particles according to the binomial distribution, where the "success probability" for a single particle is $|t|^{2}$.

The other case, where one photon is incident in each input, is quite different, however.


Here, the input state is

$$
\begin{equation*}
|1,1\rangle=a_{1}^{\dagger} a_{2}^{\dagger}|0,0\rangle . \tag{16.28}
\end{equation*}
$$

We can again use Eq. (16.22) to eliminate $a_{1}^{\dagger}$, and to eliminate $a_{2}^{\dagger}$, we can use Eq. (16.20) to write

$$
\begin{equation*}
a_{2}^{\dagger}=-r^{*} b_{1}^{\dagger}+t^{*} b_{2}^{\dagger} \tag{16.29}
\end{equation*}
$$

Thus, the output state is

$$
\begin{equation*}
|\psi\rangle_{\text {out }}=\left(t b_{1}^{\dagger}+r b_{2}^{\dagger}\right)\left(-r^{*} b_{1}^{\dagger}+t^{*} b_{2}^{\dagger}\right)|0,0\rangle \tag{16.30}
\end{equation*}
$$

Multiplying all this out,

$$
\begin{equation*}
|\psi\rangle_{\text {out }}=-r^{*} t|2,0\rangle+\left(|t|^{2}-|r|^{2}\right)|1,1\rangle+r t^{*}|0,2\rangle \tag{16.31}
\end{equation*}
$$

(output state, for one photon in each input)
The difference here is that the $|1,1\rangle$ term exhibits destructive interference. The classical probabilities for two photons in output 1 is $|r t|^{2}$, which is the same as the probability for two photons in output 2 ; the remaining probability for one photon in each direction is $1-2|r t|^{2}=|r|^{4}+|t|^{4}$. In both the classical and quantum case, the probability for coincidence detection - corresponding to one photon in each output-is minimized for an equal beam splitter with $|r|=|t|=1 / \sqrt{2}$. In this case, the classical probability is $1 / 2$, while the quantum probability is zero. This is thus a quantum interference effect between the two photons, which rules out the photons leaving the beam splitter in different outputs.


This tendency of the photons to "stick" together is a nice demonstration of the bosonic nature of the quantum electromagnetic field. Had the photons been fermions, the requirement of antisymmetry of the state would have actually produced the opposite prediction: coincidences would happen with unit probabilities, since the outcome must always have one photon in each output. The classical prediction is somewhere in between. In this sense, the bosonic case can be regarded as constructive interference for the two non-coincidence outcomes, increasing the probability of finding the photons to be together; this is consistent with our discussion of the exchange interaction in Section 4.4.4.1. This effect is known as the Hong-Ou-Mandel effect, after the first experimental demonstration. ${ }^{3}$

### 16.4.2 Coherence Effects

Though the Hong- $\mathrm{Ou}-\mathrm{Mandel}$ effect is due to interference, it turns out that it does not sensitively depend on the relative phase of the two input photons. That is, varying the relative phase by $\pi$ does not necessarily cause a large change in the interference effect, as it would in an interferometer. To see this, we must relax the monochromatic idealization of the input light. ${ }^{4}$

### 16.4.2.1 Quantum Beam

Recall again from Eq. (16.2) that the annihilation part of the electromagnetic field has the form

$$
\begin{equation*}
\mathbf{E}^{(+)}(\mathbf{r}, t)=-\sum_{\mathbf{k}, \zeta} \sqrt{\frac{\hbar \omega_{\mathbf{k}}}{2 \epsilon_{0}}} \mathbf{f}_{\mathbf{k}, \zeta}(\mathbf{r}) a_{\mathbf{k}, \zeta}(t) \tag{16.32}
\end{equation*}
$$

If we consider the light to be in the form of a "beam," as in the output of a laser, then we should regard the wave vector $\mathbf{k}$ to point along a particular direction, say the $x$-direction. Thus, $k_{y}=k_{z}=0$ and we have only a one-dimensional set of modes. Recall that in calculations with th e three-dimensional field, in the continuum limit we made the replacement

$$
\begin{equation*}
\sum_{\mathbf{k}} \longrightarrow \frac{V}{(2 \pi)^{3}} \int_{\text {all space }} d^{3} k \tag{16.33}
\end{equation*}
$$

[^230]since the spacing between modes in any direction in $\mathbf{k}$-space was $2 \pi / L$, where $L^{3}=V$. Then the quantization volume $V$ canceled the corresponding factor from the squared mode functions $\left|f_{\mathbf{k}, \zeta}\right|^{2} \propto 1 / V$ for the free-sapce modes
\[

$$
\begin{equation*}
f_{\mathbf{k}, \zeta}(\mathbf{r})=\hat{\varepsilon}_{\mathbf{k}, \zeta} \frac{e^{i \mathbf{k} \cdot \mathbf{r}}}{\sqrt{V}} \tag{16.34}
\end{equation*}
$$

\]

In the one-dimensional case, we will similarly have

$$
\begin{equation*}
\sum_{k_{x} \geq 0} \longrightarrow \frac{L}{2 \pi} \int_{0}^{\infty} d k \tag{16.35}
\end{equation*}
$$

taking the beam to point along the positive $x$-axis. For calculations second order in the field, we can modify the field by changing the sum to an integral, tacking on the square root of the discretization factor $L / 2 \pi$, and assume a particular polarization along $\hat{\varepsilon}$ :

$$
\begin{equation*}
\mathbf{E}^{(+)}(\mathbf{r}, t)=-\hat{\varepsilon} \int_{0}^{\infty} d \omega \sqrt{\frac{\hbar \omega}{4 \pi \epsilon_{0} c A}} a(\omega) e^{i(k x-\omega t)} \tag{16.36}
\end{equation*}
$$

(quantized beam)
Here, we have changed the integration variable to $\omega=\omega_{\mathbf{k}}=c k$, defined the mode area $A=V / L$, and written out explicitly the time dependence of the mode annihilation operator. Recall that in the continuum limit, we have $\left[a(\omega), a^{\dagger}\left(\omega^{\prime}\right)\right]=\delta\left(\omega-\omega^{\prime}\right)$. If a beam is narrowband, the excitations represented by $a(\omega)$ will be tightly localized near some "laser frequency" $\omega_{\mathrm{L}}$. Since the factor of $\sqrt{\omega}$ should vary slowly over this spectrum, we can replace it by its value at the laser frequency, so that

$$
\begin{equation*}
\mathbf{E}^{(+)}(\mathbf{r}, t)=-\hat{\varepsilon} \sqrt{\frac{\hbar \omega}{4 \pi \epsilon_{0} c A}} \int_{0}^{\infty} d \omega a(\omega) e^{i(k x-\omega t)} \tag{16.37}
\end{equation*}
$$

(quantized, quasi-monochromatic beam)
We thus have essentially a Fourier transform of the monochromatic mode operators $a(\omega)$.

### 16.4.2.2 Pulse-Annihilation Operators

Again, the above expression (16.37) shows that the time-dependent electric-field operator for a quasimonochromatic beam appears as a one-dimensional Fourier transform of the field operators $a(\omega)$. We can take this as a motivation to define the creation operator

$$
\begin{equation*}
A^{\dagger}(\alpha):=\int_{0}^{\infty} d \omega \alpha(\omega) a^{\dagger}(\omega) \tag{16.38}
\end{equation*}
$$

(creation operator, pulsed excitation)
where $\alpha(\omega)$ represents the spectrum of the excitation, which is normalized according to

$$
\begin{equation*}
\int_{0}^{\infty} d \omega|\alpha(\omega)|^{2}=1 \tag{16.39}
\end{equation*}
$$

Since we are assuming a quasi-monochromatic beam, whose spectral width is much smaller than $\omega_{\mathrm{L}}$ (as in a laser field), we can extend the lower limit of the integral, so that

$$
\begin{equation*}
\int_{-\infty}^{\infty} d \omega|\alpha(\omega)|^{2} \approx 1 \tag{16.40}
\end{equation*}
$$

Thus, this creation operator creates a photon similar to $a^{\dagger}(\omega)$ in the sense that $A^{\dagger}(\alpha)|0\rangle$ represents a normalized, one-photon state, but in a superposition of different frequencies. Thus, emulating the form of the field operator (16.37), we can define a temporal envelope

$$
\begin{equation*}
\alpha(t):=\frac{1}{\sqrt{2 \pi}} \int_{-\infty}^{\infty} d \omega \alpha(\omega) e^{-i \omega t} \tag{16.41}
\end{equation*}
$$

and it is not hard to show by direct substitution that

$$
\begin{equation*}
\int_{-\infty}^{\infty} d t|\alpha(t)|^{2}=1 \tag{16.42}
\end{equation*}
$$

so that the envelope function created by $A^{\dagger}(\alpha)$ is also normalized.

### 16.4.2.3 Detection

We can now also replace the full field (16.37) with the normalized, time-dependent annihilation operator

$$
\begin{equation*}
a(t):=\frac{1}{\sqrt{2 \pi}} \int_{-\infty}^{\infty} d \omega a(\omega) e^{-i \omega t} \tag{16.43}
\end{equation*}
$$

(pulse-annihilation operator)
within the same narrowband approximation. This is proportional to the full field except that we have dropped the dependence on the spatial coordinate $x$, since for propagation in vacuum it can be absorbed into the temporal phase factor. We need not assume any particular frequency dependence for the annihilation operator, and in fact we will need this operator for detection. For a wide-bandwidth detector, this operator corresponds to annihilating a photon at the particular time $t$. (A finite detector bandwidth corresponds to some uncertainty in the time of annihilation.) Then we can use this operator in place of the full field in Eq. (16.7) for the detection probability, and integrate over the detection time interval $T$ to find the total (average) number of detected photons:

$$
\begin{equation*}
\langle N\rangle=\int_{0}^{T} d t\left\langle a^{\dagger}(t) a(t)\right\rangle \tag{16.44}
\end{equation*}
$$

(mean number of detected photons)
We have replaced the proportionality by an equality here; this expression is scaled properly, as we can see by considering the state of $n$ excitations $|n\rangle$, assuming a sufficiently long detection time $T$ (and assuming the excitations are created after $t=0$ ). Similarly, based on Eq. (16.11), we can write down the mean cross-correlation for the photocounts for two detectors:

$$
\begin{equation*}
\left\langle N_{1} N_{2}\right\rangle=\int_{0}^{T} d t \int_{0}^{T} d t^{\prime}\left\langle a_{1}^{\dagger}(t) a_{2}^{\dagger}\left(t^{\prime}\right) a_{2}\left(t^{\prime}\right) a_{1}(t)\right\rangle . \tag{16.45}
\end{equation*}
$$

(joint detection average)
This expression is normalized properly as in the average number of detected photons, and for the twophoton input states, that we will consider below, corresponds to the joint detection probability over the (long) detection time.

### 16.4.2.4 Interference of Coherence

Now back to the problem of two-photon interference. The input mode, now with two (possibly different) quasi-monochromatic photons, is

$$
\begin{equation*}
|1,1\rangle=A_{1}^{\dagger}\left(\alpha_{1}\right) A_{2}^{\dagger}\left(\alpha_{2}\right)|0,0\rangle \tag{16.46}
\end{equation*}
$$

where the subscripts $A_{\beta}^{\dagger}$ label the mode on which the creation operator acts. This expression generalizes the monochromatic expression (16.28). The same beam-splitter-transformation relations (16.22) and (16.29) hold here (assuming the action of the beam splitter is frequency-independent and nondispersive), so that

$$
\begin{align*}
& A_{1}^{\dagger}\left(\alpha_{1}\right)=t B_{1}^{\dagger}\left(\alpha_{1}\right)+r B_{2}^{\dagger}\left(\alpha_{1}\right)  \tag{16.47}\\
& A_{2}^{\dagger}\left(\alpha_{2}\right)=-r^{*} B_{1}^{\dagger}\left(\alpha_{2}\right)+t^{*} B_{2}^{\dagger}\left(\alpha_{2}\right)
\end{align*}
$$

We have thus connected the input operators $A_{\beta}^{\dagger}$ to the output operators $B_{\beta}^{\dagger}$, which are defined in exactly the same way. We can obtain the output mode by using these relations in the input state (16.46):

$$
\begin{equation*}
|\psi\rangle_{\mathrm{out}}=\left[-r^{*} t B_{1}^{\dagger}\left(\alpha_{1}\right) B_{1}^{\dagger}\left(\alpha_{2}\right)+|t|^{2} B_{1}^{\dagger}\left(\alpha_{1}\right) B_{2}^{\dagger}\left(\alpha_{2}\right)-|r|^{2} B_{2}^{\dagger}\left(\alpha_{1}\right) B_{1}^{\dagger}\left(\alpha_{2}\right)+r t^{*} B_{2}^{\dagger}\left(\alpha_{1}\right) B_{2}^{\dagger}\left(\alpha_{2}\right)\right]|0,0\rangle \tag{16.48}
\end{equation*}
$$

Only the middle two terms correspond to one output photon in each mode, and thus these will give the only contribution to $\left\langle N_{1} N_{2}\right\rangle$.

To compute the detector cross-correlation (16.45), we can simply consider the post-detection state,

$$
\begin{equation*}
b_{2}\left(t^{\prime}\right) b_{1}(t)|\psi\rangle_{\mathrm{out}}=b_{2}\left(t^{\prime}\right) b_{1}(t)\left[|t|^{2} B_{1}^{\dagger}\left(\alpha_{1}\right) B_{2}^{\dagger}\left(\alpha_{2}\right)-|r|^{2} B_{2}^{\dagger}\left(\alpha_{1}\right) B_{1}^{\dagger}\left(\alpha_{2}\right)\right]|0,0\rangle \tag{16.49}
\end{equation*}
$$

where again we need only the middle two terms of Eq. (16.48). In this state, we have parts that refer to either mode; for example, the part of this state that refers to wave packet 1 in mode 1 is

$$
\begin{align*}
b_{1}(t) B_{1}^{\dagger}\left(\alpha_{1}\right)|0\rangle & =\frac{1}{\sqrt{2 \pi}} \int d \omega \int d \omega^{\prime} b(\omega) e^{-i \omega t} \alpha_{1}\left(\omega^{\prime}\right) b^{\dagger}\left(\omega^{\prime}\right)|0\rangle \\
& =\frac{1}{\sqrt{2 \pi}} \int d \omega \int d \omega^{\prime} \delta\left(\omega-\omega^{\prime}\right) \alpha_{1}\left(\omega^{\prime}\right) e^{-i \omega t}|0\rangle  \tag{16.50}\\
& =\frac{1}{\sqrt{2 \pi}} \int d \omega \alpha_{1}(\omega) e^{-i \omega t}|0\rangle \\
& =\alpha_{1}(t)|0\rangle
\end{align*}
$$

where in the first step we used Eq. (16.43) for $b_{1}(t)$ and Eq. (16.38) for $B_{1}^{\dagger}\left(\alpha_{1}\right)$; in the second step we used the commutation relation $b(\omega) b^{\dagger}\left(\omega^{\prime}\right)|0\rangle=\left[b(\omega), b^{\dagger}\left(\omega^{\prime}\right)\right]|0\rangle=\delta\left(\omega-\omega^{\prime}\right)|0\rangle$; and we used Eq. (16.41) for the pulse envelope $\alpha(t)$. The other parts of Eq. (16.49) follow from this result simply by relabeling the arbitrary indices, and finally we may use the norm of the resulting post-detection state to write

$$
\begin{align*}
\left\langle N_{1} N_{2}\right\rangle & =\int_{0}^{T} d t \int_{0}^{T} d t^{\prime}\left\langle b_{1}^{\dagger}(t) b_{2}^{\dagger}\left(t^{\prime}\right) b_{2}\left(t^{\prime}\right) b_{1}(t)\right\rangle  \tag{16.51}\\
& =\left.\int_{0}^{T} d t \int_{0}^{T} d t^{\prime}| | t\right|^{2} \alpha_{1}(t) \alpha_{2}\left(t^{\prime}\right)-\left.|r|^{2} \alpha_{2}(t) \alpha_{1}\left(t^{\prime}\right)\right|^{2}
\end{align*}
$$

Multiplying out the square, we obtain the squares of each of the terms in the absolute value, which have time dependence of the form $\left|\alpha_{1}(t)\right|^{2}\left|\alpha_{2}\left(t^{\prime}\right)\right|^{2}$; due to the normalization of these pulse profiles, the integrals give $|t|^{4}$ and $|4|^{4}$ for these two terms. The remaining two cross terms give $-|r|^{2}|t|^{2} \alpha_{1}(t) \alpha_{2}^{*}(t) \alpha_{1}^{*}\left(t^{\prime}\right) \alpha_{2}\left(t^{\prime}\right)+$ c.c., which when integrated, combine to give

$$
\begin{equation*}
-2|r|^{2}|t|^{2}\left|\int d t \alpha_{2}^{*}(t) \alpha_{1}(t)\right|^{2} \tag{16.52}
\end{equation*}
$$

Combining terms, we finally find

$$
\left\langle N_{1} N_{2}\right\rangle=|r|^{4}+|t|^{4}-2|r|^{2}|t|^{2}\left|\int d t \alpha_{2}^{*}(t) \alpha_{1}(t)\right|^{2}
$$

(two-photon cross-correlation) (16.53) where the overall result is automatically positive, since the modulus of the integral at at most unity, since the pulse profiles are normalized.

The last term in the cross correlation is the overlap integral of the two input pulses. For identical, perfectly overlapping pulses, the integral reduces to unity, and thus

$$
\begin{equation*}
\left\langle N_{1} N_{2}\right\rangle=|r|^{4}+|t|^{4}-2|r|^{2}|t|^{2}=\left(|r|^{2}-|t|^{2}\right)^{2} \tag{16.54}
\end{equation*}
$$

which recovers the simple result (16.31) from the monochromatic theory. If the pulses are widely separated, then the overlap integral vanishes, and we recover the classical expectation

$$
\begin{equation*}
\left\langle N_{1} N_{2}\right\rangle=|r|^{4}+|t|^{4}, \tag{16.55}
\end{equation*}
$$

as is appropriate for distinguishable pulses. Finally, if the two input pulses are identical, but one is delayed by time $\tau$ with respect to the other, then $\alpha_{2}(t)=\alpha_{1}(t-\tau)$, and

$$
\begin{equation*}
\left\langle N_{1} N_{2}\right\rangle=|r|^{4}+|t|^{4}-2|r|^{2}|t|^{2}\left|\int d t \alpha^{*}(t) \alpha(t+\tau)\right|^{2} \tag{16.56}
\end{equation*}
$$

and thus the interference term reduces to the degree of first-order coherence (normalized autocorrelation function) for the input pulse. While this modulates the fringe visibility in an interferometer, it represents the entire interference in the Hong-Ou-Mandel experiment. Thus as a function of the time delay of one of the pulses, the coincidence probability exhibits a "dip," konwn as the Hong-Ou-Mandel dip, whose profile is the pulse-field autocorrelation function (something like the convolution of the pulse with itself). This is illustrated below for the case of a symmetric beam splitter and a Gaussian pulse envelope.


The width of the dip is of the order of the coherence length, which can be very long for narrow-line lasers, or much shorter for pulsed lasers.

## Part III

## Quantum Measurement and Stochastic Evolution

## Chapter 17

## Stochastic Processes

Before tackling quantum measurements head-on, we will first examine some of the basic mathematics for handling measurements, and in particular continuous quantum measurements. We will thus need to look at some basics in the area of stochastic processes - that is, the mathematics for modeling systems as having underlying randomness influencing the dynamics. ${ }^{1}$ Historically, the term "stochastic" has also been used to refer to low-dimensional, chaotic dynamics of Hamiltonian systems, which is not what we mean here. By stochastic we are referring to a truly random element that is not predictable even in principle. This is sensible for modeling quantum measurements, which are considered to be sources of true randomness. However, despite the inherent unpredictability, we can fruitfully model stochastic systems by building on the basic formalism introduced here.

### 17.1 Finite Random Walks, Diffusion, and the Central Limit Theorem

One central problem in statistical mechanics that is useful in quantum optics-and indeed underlies much of the formalism of quantum measurement that we will develop - is the random-walk process. Suppose a random walker takes a random step of size $X$ with probability density $f(x)$ between periodic intervals of duration $\Delta t$. Let's assume that all the steps are statistically independent, and the probability distribution is characterized by

$$
\begin{equation*}
\langle X\rangle=0, \quad \operatorname{Var}[X]=\sigma^{2} \tag{17.1}
\end{equation*}
$$

After $N$ steps ( $N$ large), where has the walker ended up? The central limit theorem says that the probability density of the accumulated displacement

$$
\begin{equation*}
S_{N}:=\sum_{j=1}^{N} X_{j} \tag{17.2}
\end{equation*}
$$

for $N$ steps is Gaussian with zero mean and variance $N \sigma^{2}$. That is, the width (standard deviation) is $\sigma \sqrt{N} .{ }^{2}$ The probability distribution thus becomes asymptotically Gaussian with a time-dependent width of

$$
\begin{equation*}
\sigma(t)=\sigma \sqrt{\frac{t}{\Delta t}} \tag{17.3}
\end{equation*}
$$

This random-walk behavior is characteristic of a diffusion process, which is a transport process by which the distribution grows as $t^{1 / 2}$,

$$
\begin{equation*}
\Delta x \sim D t^{1 / 2} \tag{17.4}
\end{equation*}
$$

[^231]where for the random walker the diffusion coefficient is $D=\sigma / \sqrt{\Delta t}$. Note that within certain restrictions, the final distribution is Gaussian, independent of the one-step distribution.

### 17.1.1 Two-Step Distribution

Before proving the full central limit theorem, we will examine the probability density after exactly two steps. The mathematical problem is as follows: let $X_{1}$ and $X_{2}$ be independent random variables with probability density functions $f_{1}(x)$ and $f_{2}(x)$, respectively. That is, the probability that $X_{1,2}$ is between $x$ and $x+d x$ is $f_{1,2}(x) d x$. Then we can ask, what is the probability density of $X_{1}+X_{2}$ ?

To answer this, we can note that $X_{1}+X_{2}=x$ for any pair of values of $X_{1}$ and $X_{2}$ that happen to add up to $x$. But then we must sum over all such pairs. The probability that both $X_{1}$ and $X_{2}$ will both have particular probabilities is the product of the individual probabilities since the variables are independent. Thus, expressing what we said in equation form,

$$
\begin{align*}
& \operatorname{Prob}\left(X_{1}+X_{2} \text { between } x \text { and } x+d x\right)= \\
& \sum_{x^{\prime}, x^{\prime \prime}} \operatorname{Prob}\left(X_{1} \text { between } x^{\prime} \text { and } x^{\prime}+d x^{\prime}\right) \times \operatorname{Prob}\left(X_{2} \text { between } x^{\prime \prime} \text { and } x^{\prime \prime}+d x^{\prime \prime} \mid x=x^{\prime}+x^{\prime \prime}\right) \tag{17.5}
\end{align*}
$$

We can translate this statement in terms of the probability densities and implement the constraint as a $\delta$-function (with a factor of $d x$, so that the $\delta$-function registers unity when the condition is met). Letting $f_{+}(x)$ denote the probability density of $X_{1}+X_{2}$,

$$
\begin{equation*}
f_{+}(x) d x=\int_{-\infty}^{\infty} d x^{\prime} \int_{-\infty}^{\infty} d x^{\prime \prime} f_{1}\left(x^{\prime}\right) f_{2}\left(x^{\prime \prime}\right) \delta\left(x^{\prime}+x^{\prime \prime}-x\right) d x \tag{17.6}
\end{equation*}
$$

Evaluating the $x^{\prime \prime}$ integral, we see that the probability density of the sum is the convolution of the individual densities.

$$
\begin{equation*}
f_{+}(x) d x=\int_{-\infty}^{\infty} d x^{\prime} f_{1}\left(x^{\prime}\right) f_{2}\left(x-x^{\prime}\right) d x=:\left(f_{1} * f_{2}\right)(x) d x \tag{17.7}
\end{equation*}
$$

where we use the $*$ symbol to denote convolution of two functions. Note that this result is general in that it doesn't assume any particular form for $f_{1}(x)$ or $f_{2}(x)$.

For the random walk, we assumed identical, indepedent steps, so that $f_{1}(x)=f_{2}(x)=f(x)$. Thus, the probability density for two steps is

$$
\begin{equation*}
f_{S_{2}}(x)=(f * f)(x) \tag{17.8}
\end{equation*}
$$

(two-step probability density)
i.e., the convolution of the one-step distribution with itself. Recall that the convolution "smears" one function with another, and so as the effect of the second step is to smooth the one-step distribution. The idea behind the central limit theorem is that this smoothing continues until the distribution is Gaussian after many steps.

### 17.1.1.1 Example 1: Convolution with a Delta Function

As an example of the general idea of the convolution of two functions $f$ and $g$,

$$
\begin{equation*}
(f * g)(x)=\int_{-\infty}^{\infty} d x^{\prime} f\left(x^{\prime}\right) g\left(x-x^{\prime}\right) \tag{17.9}
\end{equation*}
$$

consider the convolution of $f(x)$ with the perfectly localized delta function $g(x)=\delta(x)$. The convolution is then

$$
\begin{equation*}
(f * \delta)(x)=\int_{-\infty}^{\infty} d x^{\prime} f\left(x^{\prime}\right) \delta\left(x-x^{\prime}\right)=f(x) \tag{17.10}
\end{equation*}
$$

The effect of convolution with a delta function is thus simply to do nothing: convolution with a delta function is just the identity operation.

In terms of the random walk, $\delta(x)$ as a one-step probability function simply corresponds to a step of zero length, or just taking no step at all. Thus, it makes intuitive sense that the distribution isn't changed by convolution with $\delta(x)$. In general, when $g(x)$ is some other function, the convolution "smears" $f(x)$ with the convolution kernel $g(x)$. Typically, we will use centered kernels; the effect of a displaced kernel is simply to displace the convolution by the same amount. For example, if

$$
\begin{equation*}
g(x)=\delta\left(x-x_{0}\right) \tag{17.11}
\end{equation*}
$$

then

$$
\begin{equation*}
(f * g)(x)=\int_{-\infty}^{\infty} d x^{\prime} f\left(x^{\prime}\right) \delta\left(x-x_{0}-x^{\prime}\right)=f\left(x-x_{0}\right) \tag{17.12}
\end{equation*}
$$

which is just the displaced version of the original.

### 17.1.1.2 Example 2: Convolution of Box Functions

As a slightly more complicated example, consider the convolution of box functions, both given by

$$
f(x)=g(x)= \begin{cases}1, & |x| \leq 1 / 2  \tag{17.13}\\ 0 & \text { elsewhere }\end{cases}
$$

which here are properly normalized to correspond to probability distributions. The convolution consists of displacing $g\left(x^{\prime}\right)$ by $x$, multiplying the functions together, and integrating. For this simple case (box functions of unit height), the convolution (product) just turns out to be the area where the two functions overlap.


When the displacement is large, $|x|>1$, the boxes don't overlap at all, so the convolution is zero. Otherwise, the overlap area varies linearly with the displacement, so the convolution is a triangle function.

(Note that $f * f$ in the figure is the same as $f * g$ for this special case of $f=g$.) We see now the "smoothing" or "blurring" effect of the convolution. The original functions were discontinuous, but the convolution is continuous. The convolution is also wider than the original functions. As we will see, continued, successive convolutions will make the distribution look Gaussian.

### 17.1.2 Convolution Theorem

Now that we brought up the convolution, we may as well discuss how to compute it. The convolution theorem gives an easy way to evaluate the convolution integral in Eq. (17.7), both in an intuitive and a
computational sense. The convolution theorem states that the Fourier transform of the convolution is the product of the Fourier transforms of the individual functions:

$$
\begin{equation*}
\mathscr{F}[f * g]=\mathscr{F}[f] \mathscr{F}[g] . \tag{17.14}
\end{equation*}
$$

(convolution theorem)
To prove this, we'll just compute the explicit form of $\mathscr{F}[f * g]$. This will be very much a physicist's proof, not a mathematician's proof, in that we'll just assume the functions are nice enough that all the integrals simply exist.

First of all, in our notation here, the Fourier and inverse transforms have the form

$$
\begin{equation*}
f(x)=\frac{1}{2 \pi} \int_{-\infty}^{\infty} d k \tilde{f}(k) e^{i k x}, \quad \tilde{f}(k)=\int_{-\infty}^{\infty} d x f(x) e^{-i k x} \tag{17.15}
\end{equation*}
$$

where $\tilde{f}(k) \equiv \mathscr{F}[f(x)]$. It's important to make this explicit, since the result depends on the normalization convention we choose for the Fourier transform. Then computing the Fourier transform of $f * g$,

$$
\begin{align*}
\mathscr{F}[f * g] & =\mathscr{F}\left[\int_{-\infty}^{\infty} d x^{\prime} f\left(x^{\prime}\right) g\left(x-x^{\prime}\right)\right] \\
& =\int_{-\infty}^{\infty} d x \int_{-\infty}^{\infty} d x^{\prime} f\left(x^{\prime}\right) g\left(x-x^{\prime}\right) e^{-i k x}  \tag{17.16}\\
& =\int_{-\infty}^{\infty} d x \int_{-\infty}^{\infty} d x^{\prime} f\left(x^{\prime}\right) e^{-i k x^{\prime}} g\left(x-x^{\prime}\right) e^{-i k\left(x-x^{\prime}\right)}
\end{align*}
$$

Letting $x \longrightarrow x+x^{\prime}$,

$$
\begin{align*}
\mathscr{F}[f * g] & =\int_{-\infty}^{\infty} d x \int_{-\infty}^{\infty} d x^{\prime} f\left(x^{\prime}\right) e^{-i k x^{\prime}} g(x) e^{-i k x} \\
& =\int_{-\infty}^{\infty} d x^{\prime} f\left(x^{\prime}\right) e^{-i k x^{\prime}} \int_{-\infty}^{\infty} d x g(x) e^{-i k x}  \tag{17.17}\\
& =\mathscr{F}[f] \mathscr{F}[g]
\end{align*}
$$

Thus, to convolve two functions, just follow this recipe: Fourier transform both functions, multiply them together, then compute the inverse Fourier transform. Mathematically, we can write

$$
\begin{equation*}
f * g=\mathscr{F}^{-1}\{\mathscr{F}[f] \mathscr{F}[g]\} \tag{17.18}
\end{equation*}
$$

Since Fourier transforms of common function are usually already known, the convolution theorem provides a shortcut for evaluating the full convolution integral.

### 17.1.2.1 Example: Convolution of Two Gaussians

Since it's easy to compute the Fourier transform of Gaussian distributions, let's use the convolution theorem to convolve two Gaussians. Let's write the two functions as

$$
\begin{equation*}
f(x)=A e^{-x^{2} / \alpha^{2}}, \quad g(x)=A^{\prime} e^{-x^{2} / \beta^{2}} \tag{17.19}
\end{equation*}
$$

The Fourier transform of a Gaussian is also a Gaussian, and in particular

$$
\begin{equation*}
\mathscr{F}[f](k)=\tilde{f}(k)=A \alpha \sqrt{\pi} e^{-\alpha^{2} k^{2} / 4}, \quad \mathscr{F}[g](k)=\tilde{g}(k)=A^{\prime} \beta \sqrt{\pi} e^{-\beta^{2} k^{2} / 4} . \tag{17.20}
\end{equation*}
$$

Then the product of the Fourier transforms is

$$
\begin{equation*}
(\mathscr{F}[f] \mathscr{F}[g])(k)=A A^{\prime} \alpha \beta \pi e^{-\left(\alpha^{2}+\beta^{2}\right) k^{2} / 4} . \tag{17.21}
\end{equation*}
$$

Finally, we invert the Fourier transform to obtain the convolution:

$$
\begin{equation*}
(f * g)(x)=\mathscr{F}^{-1}\left[A A^{\prime} \alpha \beta \pi e^{-\left(\alpha^{2}+\beta^{2}\right) k^{2} / 4}\right]=\frac{A A^{\prime} \alpha \beta \sqrt{\pi}}{\sqrt{\alpha^{2}+\beta^{2}}} \exp \left(-\frac{x^{2}}{\alpha^{2}+\beta^{2}}\right) \tag{17.22}
\end{equation*}
$$

Recall that the standard (normalized) form of the Gaussian is

$$
\begin{equation*}
\frac{1}{\sqrt{2 \pi} \sigma} \exp \left(-\frac{(x-\mu)^{2}}{2 \sigma^{2}}\right) \tag{17.23}
\end{equation*}
$$

where the $\mu$ is the mean and $\sigma$ is the standard deviation ( $\sigma^{2}$ is the variance). The standard deviation is a common measure of the width of a Gaussian function. Note that $f(x)$ has standard deviation $\alpha / \sqrt{2}, g(x)$ has standard deviation $\beta / \sqrt{2}$, and $(f * g)(x)$ has standard deviation $\sqrt{\left(\alpha^{2}+\beta^{2}\right) / 2}$, so that the standard deviations add in quadrature as a result of the convolution. Thus, the convolution of Gaussians is still Gaussian, but the blurring effect of the convolution makes the convolved Gaussian wider than the original functions.

### 17.1.3 Proof of the Central Limit Theorem

Now we extend the two-step analysis above analysis to $N$ steps. Let $X_{1}, \ldots, X_{N}$ be independent, identically distributed random variables. Let $f(x)$ be the probability density function of each of the $X_{j}$. Defining the sum by

$$
\begin{equation*}
S_{N}:=\sum_{j=1}^{N} X_{j} \tag{17.24}
\end{equation*}
$$

we will now ask, what is the probability density $f_{S_{N}}(x)$ of $S_{N}$ ? Evidently, we can iterate Eq. (17.8) to obtain

$$
\begin{equation*}
f_{S_{N}}(x)=(f * f * \cdots * f)(x) \tag{17.25}
\end{equation*}
$$

where the result is the successive convolution of $N$ copies of $f$ (for $N-1$ total convolution operations). However, it turns out that this distribution becomes simple for large enough $N$.

The central limit theorem states that, provided that the mean and variance of the $X_{j}$ exist, with the mean $\mu=\left\langle X_{j}\right\rangle$ and variance $\sigma^{2}=\operatorname{Var}\left[X_{j}\right]$, the distribution $f_{S_{N}}(x)$ becomes asymptotically Gaussian for large $N$ with

$$
\begin{equation*}
\left\langle S_{N}\right\rangle=N \mu, \quad \operatorname{Var}\left[S_{N}\right]=N \sigma^{2} \tag{17.26}
\end{equation*}
$$

(central limit theorem)
(The mean and variance are in fact exact, whereas the form of the distribution is valid for large $N$.) This is a rough statement, since "becomes asymptotically Gaussian" is an imprecise statement. So let's clean this up a bit.

The central limit theorem states that the probability density function $f_{Z_{N}}(x)$ of the centered, scaled statistic

$$
\begin{equation*}
Z_{N}:=\frac{S_{N}-N \mu}{\sigma \sqrt{N}} \tag{17.27}
\end{equation*}
$$

converges to the "standard normal" (Gaussian) distribution

$$
\begin{equation*}
f_{Z_{N}}(x) \longrightarrow \frac{1}{\sqrt{2 \pi}} e^{-x^{2} / 2} \tag{17.28}
\end{equation*}
$$

which is the special Gaussian with mean 0 and unit variance.
Let's prove this now ${ }^{3}$. To evaluate the convolutions in Eq. (17.25), we need to employ the convolution

[^232]theorem. Taking the Fourier transform of $f(x)$,
\[

$$
\begin{align*}
\tilde{f}(k) & =\int_{-\infty}^{\infty} d x f(x) e^{-i k x} \\
& =\sum_{j=0}^{\infty} \int_{-\infty}^{\infty} d x f(x) \frac{(-i k x)^{j}}{j!}  \tag{17.29}\\
& =1-i k \mu-\frac{k^{2}\left(\sigma^{2}+\mu^{2}\right)}{2}+O\left(k^{3}\right) .
\end{align*}
$$
\]

Here, we Taylor-expanded $e^{-i k x}$ and then used the fact that the terms of the expansion were proportional to expectation values $\left\langle X^{j}\right\rangle$. In particular, note that in probability theory the characteristic function of a probability density, given by

$$
\begin{equation*}
\tilde{f}(-k)=\left\langle e^{i k X}\right\rangle \tag{17.30}
\end{equation*}
$$

is an important tool for manipulating probabilities.
This is more cumbersome than necessary, so let's recompute the expansion in Eq. (17.29) for the centered, scaled variable

$$
\begin{equation*}
Z_{j}=\frac{X_{j}-\mu}{\sigma \sqrt{N}} \tag{17.31}
\end{equation*}
$$

with corresponding probability density $f_{Z}(x)$. The centering effectively zeroes the mean, and the rescaling changes the factor in front of the variance, with the result

$$
\begin{equation*}
\tilde{f}_{Z}(k)=1-\frac{k^{2}}{2 N}+O\left[\left(\frac{k}{\sqrt{N}}\right)^{3}\right] \tag{17.32}
\end{equation*}
$$

The convolution theorem says that to calculate the transform of the $N$-fold convolution, we just compute $\tilde{f}_{Z}(k)$ to the $N$ th power:

$$
\begin{equation*}
\tilde{f}_{Z_{N}}(k)=\left[\tilde{f}_{Z}(k)\right]^{N}=\left(1-\frac{k^{2}}{2 N}+O\left[\left(\frac{k}{\sqrt{N}}\right)^{3}\right]\right)^{N} \tag{17.33}
\end{equation*}
$$

As $N$ becomes large, we can neglect the higher order terms beyond the first, and then use the formula

$$
\begin{equation*}
\lim _{n \longrightarrow \infty}\left(1+\frac{x}{n}\right)^{n}=e^{x} \tag{17.34}
\end{equation*}
$$

to see that for large $N$, the transform becomes

$$
\begin{equation*}
\tilde{f}_{Z_{N}}(k)=\exp \left(-\frac{k^{2}}{2}\right) \tag{17.35}
\end{equation*}
$$

But now the inverse Fourier transform of $\exp \left(-k^{2} / 2\right)$ is $\exp \left(-x^{2} / 2\right) / \sqrt{2 \pi}$, so $f_{Z_{N}}$ converges to a standard normal distribution as $N \longrightarrow \infty$.

### 17.1.3.1 Example: Square Distribution

As a simple example of the central limit theorem, let's try out the unit box function as the one-step distribution, as we tried out in Section 17.1.1.2:

$$
f(x)= \begin{cases}1, & |x| \leq 1 / 2  \tag{17.36}\\ 0 & \text { elsewhere }\end{cases}
$$

First note that the this function is normalized, so it represents a proper probability distribution. Thus, so do all of its self-convolutions. Let $f^{* N}(x)$ denote the convolution of $f(x)$ with itself $N-1$ times. This is the
same as $f_{S_{N}}(x)$ for the random-walk interpretation of this distribution. The central limit theorem says that asymptotically, the self-convolution becomes Gaussian,

$$
\begin{equation*}
f^{* N}(x)=\frac{1}{\sqrt{2 \pi} \sigma_{N}} e^{-x^{2} / 2 \sigma_{N}^{2}} \tag{17.37}
\end{equation*}
$$

with zero mean, since $f(x)$ is centered. The variance of $f(x)$ is

$$
\begin{equation*}
\int_{-\infty}^{\infty} d x x^{2} f(x)=\int_{-1 / 2}^{1 / 2} x^{2} d x=\frac{1}{12} \tag{17.38}
\end{equation*}
$$

so that the width of the asymptotic Gaussian is

$$
\begin{equation*}
\sigma_{N}=\sqrt{\frac{N}{12}} \tag{17.39}
\end{equation*}
$$

Here, $f(x)$ is plotted with several self-convolutions $f^{* N}(x)$, along with the asymptotic form, the Gaussian of width $\sigma_{N}=\sqrt{N / 12}$.


As $N$ increases, the widths of the distributions increase and the peak values decrease, but we have rescaled the axes by appropriate factors of $\sqrt{N}$ to keep the distributions comparable at each step. The box function is very different from the asymptotic Gaussian. However, even the first self-convolution (a triangle function) is already pretty close to the Gaussian, and the successive self-convolutions converge fairly rapidly to the asymptotic form.

### 17.1.3.2 Application: Standard Deviation of the Mean

Returning again to error analysis, suppose we make independent measurements $X_{1}, \ldots, X_{N}$ of some quantity in the laboratory. The sample mean is

$$
\begin{equation*}
\mu_{N}:=\frac{1}{N} \sum_{j=1}^{N} X_{j} . \tag{17.40}
\end{equation*}
$$

We can rewrite this as

$$
\begin{equation*}
\mu_{N}=\frac{S_{N}}{N}=\mu+\frac{\sigma Z_{N}}{\sqrt{N}} \tag{17.41}
\end{equation*}
$$

where the first term represents the true mean, and the second is the experimental error (statistical fluctuation in the sample mean). Applying the central limit theorem, $Z_{N}$ is approximately standard normal for large $N$, so $\mu_{N}$ is Gaussian with mean $\mu$ and standard deviation $\sigma / \sqrt{N}$, where $\sigma$ is the standard deviation of a single measurement. Thus, the standard deviation of the mean (also called the standard error) is $\sigma / \sqrt{N}$. This is why, by making many measurements, it is possible to increase the accuracy of a measured quantity.

### 17.1.4 Variances Add in Quadrature

In discussing random walks so far, we have been discussing the asymptotic, $N$-step probability distribution, and its scaling with time. However, we can make a simpler statement that does not explicitly refer to the distribution. Let $X_{1}, \ldots, X_{N}$ be independent random variables, but now we won't even require them to be identically distributed. For the moment, let's also assume $\left\langle X_{n}\right\rangle=0$. Now consider the sum $X_{1}+X_{2}$. Clearly the mean vanishes, and thus the variance becomes

$$
\begin{align*}
\operatorname{Var}\left[X_{1}+X_{2}\right] & =\left\langle\left(X_{1}+X_{2}\right)^{2}\right\rangle \\
& =\left\langle X_{1}^{2}\right\rangle+\left\langle X_{2}^{2}\right\rangle+2\left\langle X_{1} X_{2}\right\rangle  \tag{17.42}\\
& =\left\langle X_{1}^{2}\right\rangle+\left\langle X_{2}^{2}\right\rangle+2\left\langle X_{1}\right\rangle\left\langle X_{2}\right\rangle \\
& =\operatorname{Var}\left[X_{1}\right]+\operatorname{Var}\left[X_{2}\right],
\end{align*}
$$

where we used the fact that $X_{1}$ and $X_{2}$ are independent, and thus their correlation function $\left\langle X_{1} X_{2}\right\rangle$ factorizes into $\left\langle X_{1}\right\rangle\left\langle X_{2}\right\rangle$ [the joint probability density $f\left(x_{1}, x_{2}\right)$ for independent processes must have the factored form $\left.f_{1}\left(x_{1}\right) f_{2}\left(x_{2}\right)\right]$. Thus, the variances of independent random variables, and regarding the variance as the square of the "width" of the corresponding probability distributions, we see that the widths add in quadrature when we add together the random variables. By subtracting $\left\langle X_{1}+X_{2}\right\rangle^{2}=\left\langle X_{1}\right\rangle^{2}+\left\langle X_{2}\right\rangle^{2}+2\left\langle X_{1}\right\rangle\left\langle X_{2}\right\rangle$ from each intermediate expression, it isn't hard to see that the same result holds when $\left\langle X_{n}\right\rangle \neq 0$.

Iterating this process, we see that the variance of the sum defined as before,

$$
\begin{equation*}
S_{N}:=\sum_{j=1}^{N} X_{j} \tag{17.43}
\end{equation*}
$$

is simply

$$
\begin{equation*}
\operatorname{Var}\left[S_{N}\right]=\sum_{j=1}^{N} \operatorname{Var}\left[X_{j}\right] \tag{17.44}
\end{equation*}
$$

Again, if we take each $X_{n}$ to be identical as for the random walk, and we take the variance as the square of the width $\sigma$ (i.e., $\operatorname{Var}\left[X_{n}\right]=\sigma^{2}$ ), then

$$
\begin{equation*}
\operatorname{Var}\left[S_{N}\right]=N \sigma^{2} \tag{17.45}
\end{equation*}
$$

(variance of the sum)
or

$$
\begin{equation*}
\sigma_{N}:=\sqrt{\operatorname{Var}\left[S_{N}\right]}=\sqrt{N} \sigma \tag{17.46}
\end{equation*}
$$

(standard deviation of the sum)
This is the same as one of the results of the central limit theorem (17.26), but this is not an asymptotic statement, it is exact. Thus, we expect the width of the sum to be precisely $\sqrt{N} \sigma$. Nevertheless, we often expect this scaling of the distribution width to hold only asymptotically, since in general the ensemble of walkers will have an initial distribution that does not match the one-step distribution (or any $N$-step distribution), and thus we also need to include the convolution with this initial state.

### 17.1.5 A Walk on the Cauchy Side

Consider independent, identically distributed random variables $X_{1}, \ldots, X_{N}$ with Cauchy (Lorentzian) probability density functions

$$
\begin{equation*}
f(x)=\frac{1}{\pi\left(1+x^{2}\right)} \tag{17.47}
\end{equation*}
$$

The Fourier transform is given by

$$
\begin{equation*}
\tilde{f}(k)=e^{-|k|} \tag{17.48}
\end{equation*}
$$

as we can see by computing the inverse Fourier transform of $\tilde{f}(k)$ :

$$
\begin{align*}
f(x) & =\frac{1}{2 \pi} \int_{-\infty}^{\infty} d k e^{-|k|} e^{i k x} \\
& =\frac{1}{2 \pi}\left[\int_{0}^{\infty} d k e^{-k(1-i x)}+\int_{0}^{\infty} d k e^{-k(1+i x)}\right] \\
& =\frac{1}{2 \pi} \int_{0}^{\infty} d k e^{-k(1-i x)}+\text { c.c. }  \tag{17.49}\\
& =\frac{1}{2 \pi(1-i x)}+\text { c.c. } \\
& =\frac{1+i x}{2 \pi\left(1+x^{2}\right)}+\text { c.c. } \\
& =\frac{1}{\pi\left(1+x^{2}\right)}
\end{align*}
$$

We have now shown that $\mathscr{F}^{-1}[\tilde{f}(k)]=f(x)$. Both $f(x)$ and $\tilde{f}(k)$ are continuous and bounded, so the Fourier transform is invertible; thus, $\mathscr{F}[f(x)]=\tilde{f}(k)$.

Now let's compute the probability density of the mean

$$
\begin{equation*}
\mu_{N}:=\frac{1}{N} \sum_{j=1}^{N} X_{j} . \tag{17.50}
\end{equation*}
$$

The probability density function of the sum

$$
\begin{equation*}
S_{N}:=\sum_{j=1}^{N} X_{j} \tag{17.51}
\end{equation*}
$$

is $(f * f * \ldots * f)(x)(N$ copies of $f$ or $N-1$ convolutions), so using the convolution theorem,

$$
\begin{equation*}
\tilde{f}_{S_{N}}(k)=[\tilde{f}(k)]^{N}=\left[e^{-|k|}\right]^{N}=e^{-|N k|}=\tilde{f}(N k) \tag{17.52}
\end{equation*}
$$

In general, if $f(x)$ and $\tilde{f}(k)$ are a Fourier transform pair, then so are $\alpha f(\alpha x)$ and $\tilde{f}(k / \alpha)$. Thus, the inverse transform of $\tilde{f}(N k)$ is $f(x / N) / N$. The variable $\mu_{N}$ is the same as $S_{N}$ except for a scaling factor of $1 / N$, so the probability density must be the same, but $N$ times wider. So to get the probability density of $\mu_{N}$, we make the replacement $x \longrightarrow N x$ in the expression $f_{S_{N}}(x) d x=f(x / N) d x / N$ for the probability density of $S_{N}$, which gives $f(x) d x$. Thus, $f(x)$ is also the probability density of $\mu_{N}$.

This is different than what we expect from the central limit theorem: there, we expect the mean to have a width that is smaller than that of the one-step distribution by a factor of $\sqrt{N}$. Stated otherwise, what we have shown is that the width of the sum distribution $f_{S_{N}}(x)=f(x / N)$ is $N$ times larger than that of the one-step distribution, which says that the widths add for the Cauchy random walk. But the central limit theorem said that variances add, or the widths should add in quadrature. Is there a contradiction here?

Obviously there should be some simple resolution. The problem is that variance of $X_{j}$ does not exist for a Cauchy distribution. This is because the Cauchy distribution only falls off as $1 / x^{2}$ for large $|x|$, and so the variance integral

$$
\begin{equation*}
\int_{-\infty}^{\infty} d x f(x) x^{2} \tag{17.53}
\end{equation*}
$$

diverges. The central limit theorem implicitly assumes that the variance exists; thus, the central limit theorem does not apply to this case. This is one case of anomalous diffusion, where the diffusion coefficient diverges, because the width of the $N$-step distribution does not scale diffusively (i.e, it scales as $t$ rather than
$\sqrt{t})$. One important application of such "fat-tailed" distributions is in the area of financial modeling, ${ }^{4}$ where Gaussian random walks do not adequately model the large jumps observed, for example, in the histories of stock prices.

### 17.2 Continuous Random Walks: Wiener Process

Let's first define the Wiener process $W(t)$ as a sort of "ideal" random walk with arbitrarily small, independent steps taken arbitrarily often. That is, the usual random walk is usually taken to be a sequence of random steps of finite average (rms) size, taken after every finite time interval $\Delta t$. Recall from Section 17.1 that under fairly reasonable assumptions (such as the existence and finiteness of the one-step variance, and independence of the individual steps), that the central limit theorem guarantees that for long times, the probability density for the walker's location is Gaussian, independent of the one-step distribution, and the width (standard deviation) increases as $\sqrt{t}$. The Wiener process is essentially the idealized limit where $\Delta t \longrightarrow 0$, but where the size of each step decreases as appropriate to maintain the same asymptotic distribution. In this sense, the Wiener process is scale-free, since it has random steps on arbitrarily small time scales, and in fact is a fractal object: a Wiener process with appropriate but arbitrary rescaling (magnification) is still a Wiener process. We choose the Wiener process to correspond to a symmetric random walk, and so $W(t)$ is a normally distributed random variable with zero mean. To fix the scale of the random walk, we choose the variance of $W(t)$ to be simply $t$. That is, the (rms) width of the distribution is $\sqrt{t}$, as is characteristic of a diffusive process. In particular, $W(t)$ has the dimensions of $\sqrt{t}$. We can thus write the probability density for $W(t)$ as

$$
\begin{equation*}
P(W, t)=\frac{1}{\sqrt{2 \pi t}} e^{-W^{2} / 2 t} \tag{17.54}
\end{equation*}
$$

Note that we have taken the convention that $W(0)=0$, so that $P(W, 0)=\delta(W)$. Again, it is important to emphasize that in view of the central-limit theorem, any simple random walk gives rise to a Wiener process in the continuous limit, independent of the one-step probability distribution (so long as the one-step variance is finite). To get an idea what these look like, 5 and 200 Wiener processes are respectively shown in the two plots below. (Actually, these are finite realizations of $\Delta W(t)$, with $\Delta t=0.01$.)


[^233]

Intuitively, $W(t)$ is a function that is continuous but everywhere nondifferentiable. (Of course, any such statement necessarily includes the proviso that the statement is true except for possibly a set of realizations of zero measure.) Naturally, the first thing we will want to do is to develop the analogue of the derivative for the Wiener process. We can start by defining the Wiener increment

$$
\begin{equation*}
\Delta W(t):=W(t+\Delta t)-W(t) \tag{17.55}
\end{equation*}
$$

corresponding to a time interval $\Delta t$. Again, $\Delta W$ is a normally distributed random variable with zero mean and variance $\Delta t$. Note again that this implies that the rms amplitude of $\Delta W$ scales as $\sqrt{\Delta t}$. We can understand this intuitively since it is the variances that add for successive steps in a random walk, not the standard deviations. Mathematically, we can write the variance as

$$
\begin{equation*}
\left\langle\left\langle(\Delta W)^{2}\right\rangle\right\rangle=\Delta t \tag{17.56}
\end{equation*}
$$

where the double angle brackets $\langle\rangle\rangle$ denote an ensemble average over all possible realizations of the Wiener process. This relation suggests the notion that second-order terms in $\Delta W$ contribute at the same level as first-order terms in $\Delta t$, thinking about both of these variables in a small-time expansion of the evolution. In the infinitesimal limit of $\Delta t \longrightarrow 0$, we will write $\Delta t \longrightarrow d t$ and $\Delta W \longrightarrow d W$. Then $d W(t)$ is the Wiener differential, which is a fundamental object underlying stochastic calculus, and our analogue of the derivative of the Wiener process. Thought of as a "signal," it is everywhere discontinuous. Notice that it is somewhat unusual: one sometimes writes a noise process as

$$
\begin{equation*}
\xi(t):=\frac{d W(t)}{d t} \tag{17.57}
\end{equation*}
$$

but this object is singular (i.e., has unbounded variance at any given time $t$ ), because as $\Delta t \longrightarrow 0$,

$$
\begin{equation*}
\frac{\Delta W}{\Delta t} \sim \frac{\sqrt{\Delta t}}{\Delta t}=\frac{1}{\sqrt{\Delta t}} \longrightarrow \infty \tag{17.58}
\end{equation*}
$$

It is possible to work with this singular fraction so long as you are careful with it, in the same sense that you can work with the singular delta function. We will tend to stick to the notation of differentials $d t$ and $d W(t)$, but note that while $d W$ is "zero," it is not "quite as small as" $d t$.

There is, in fact, a deeper connection of $d W$ with the delta function. If we think of $d W$ as a temporal "noisy" signal, the reason $d W / d t$ is singular is that it contains contributions from all frequencies with equal weights - it's white noise - and that's the reason why the Wiener process contains random steps on all time scales. However, the total power for such a system, if the power in any band is finite, must be infinite.

This is consistent with the fact that $d W / d t$ diverges on average. On the other hand, if we do anything that limits the bandwidth of this signal, such as convolution with a finite function, or using a bandpass filter, it makes the resulting signal finite and well-behaved. Of course, any physical calculation or physical system involves just such a procedure, say, via dissipation through friction. This is exactly analogous to the delta function. The difference is that in the delta function, the frequency components have well-defined relative phases, while for the Wiener process they have effectively random phases.

### 17.3 Itō Calculus

Now that we have introduced a white-noise process, we will explore the formalism for handling this, particularly for handling the evolution of systems that are driven by white noise. It turns out that adding a white-noise stochastic process changes the basic structure of the calculus for treating the evolution equations. In particular, the usual Rieman integral is undefined for stochastic processes. There is more than one formulation to treat stochastic processes, but we will start out with Itō calculus, ${ }^{5}$ which is the one most commonly used in treating quantum systems. We will start by showing how to use this calculus, since the rules are a bit different than what you're probably used to, and then we will justify the rules of usage.

### 17.3.1 Usage

First, let's review the usual calculus in a slightly different way. A differential equation

$$
\begin{equation*}
\frac{d y}{d t}=\alpha(y, t) \tag{17.59}
\end{equation*}
$$

can be instead written in terms of differentials as

$$
\begin{equation*}
d y=\alpha d t \tag{17.60}
\end{equation*}
$$

The basic rule in the familiar deterministic calculus is that $(d t)^{2}=0$. To see what we mean by this, we can try calculating the differential $d z$ for the variable $z=e^{y}$ in terms of the differential for $d y$ as follows:

$$
\begin{equation*}
d z=e^{y+d y}-e^{y}=z\left(e^{\alpha d t}-1\right) \tag{17.61}
\end{equation*}
$$

Expanding the exponential and applying the rule $(d t)^{2}=0$, we find

$$
\begin{equation*}
d z=z \alpha d t \tag{17.62}
\end{equation*}
$$

This is, of course, the same result as that obtained by using the chain rule to calculate $d z / d y$ and multiplying through by $d y$. The point here is that calculus breaks up functions and considers their values within short intervals $\Delta t$. In the infinitesimal limit, the quadratic and higher order terms in $\Delta t$ end up being too small to contribute.

In Itō calculus, we have an additional differential element $d W$ representing white noise. The basic rule of Itō calculus is that $d W^{2}=d t$, while $d t^{2}=d t d W=0$. We will justify this later, but to use this calculus, we simply note that we "count" the increment $d W$ as if it were equivalent to $\sqrt{d t}$ in deciding what orders to keep in series expansions of functions of $d t$ and $d W$. As an example, consider the stochastic differential equation (SDE)

$$
\begin{equation*}
d y=\alpha(y, t) d t+\beta(y, t) d W \tag{17.63}
\end{equation*}
$$

We obtain the corresponding differential equation for $z=e^{y}$ by expanding to second order in $d y$ :

$$
\begin{equation*}
d z=e^{y}\left(e^{d y}-1\right)=z\left(d y+\frac{(d y)^{2}}{2}\right) \tag{17.64}
\end{equation*}
$$

[^234]Only the $d W$ component contributes to the quadratic term; the result is

$$
\begin{equation*}
d z=z\left(\alpha+\frac{\beta^{2}}{2}\right) d t+z \beta d W \tag{17.65}
\end{equation*}
$$

The extra $\beta^{2}$ term is crucial in understanding many phenomena that arise in continuous-measurement processes.

### 17.3.2 Itō Rule: Justification

We now want to show that the Wiener differential $d W$ satisfies the Itō rule $d W^{2}=d t$. We already noted above that by definition, the ensemble average of $(\Delta W)^{2}$ is equal to $\Delta t$. However, in the infinitesimal limit, we will show that $d W^{2}=d t$ holds without the ensemble average. This is surprising, since $d W$ is a stochastic quantity, while $d t$ obviously is not. To show this, consider the probability density function for $(\Delta W)^{2}$, which we can obtain by a transforming the Gaussian probability density for $\Delta W$ :

$$
\begin{equation*}
P(\Delta W)=\frac{1}{\sqrt{2 \pi \Delta t}} e^{-(\Delta W)^{2} / 2 \Delta t} \tag{17.66}
\end{equation*}
$$

We accomplish this for the coordinate transformation $y=f(x)$ by the transformation

$$
\begin{equation*}
P_{y}(y) d y=\sum_{x \in f^{-1}(y)} P_{x}(x) d x \tag{17.67}
\end{equation*}
$$

which is also equivalent to the Frobenius-Peron equation

$$
\begin{equation*}
P_{y}(y)=\int d x^{\prime} P_{x}\left(x^{\prime}\right) \delta\left[y-f\left(x^{\prime}\right)\right] \tag{17.68}
\end{equation*}
$$

Then we may write

$$
\begin{equation*}
P\left[(\Delta W)^{2}\right]=\frac{e^{-(\Delta W)^{2} / 2 \Delta t}}{\sqrt{2 \pi \Delta t(\Delta W)^{2}}} \tag{17.69}
\end{equation*}
$$

In particular, the mean and variance of this distribution for $(\Delta W)^{2}$ are

$$
\begin{equation*}
\left\langle\left\langle(\Delta W)^{2}\right\rangle\right\rangle=\Delta t \tag{17.70}
\end{equation*}
$$

and

$$
\begin{equation*}
\operatorname{Var}\left[(\Delta W)^{2}\right]=2(\Delta t)^{2} \tag{17.71}
\end{equation*}
$$

respectively. To examine the continuum limit, we will sum the Wiener increments over $N$ intervals of duration $\Delta t_{N}=t / N$ between 0 and $t$. The corresponding Wiener increments are

$$
\begin{equation*}
\Delta W_{n}:=W\left[(n+1) \Delta t_{N}\right]-W\left(n \Delta t_{N}\right) \tag{17.72}
\end{equation*}
$$

Now consider the sum of the squared increments

$$
\begin{equation*}
\sum_{n=0}^{N-1}\left(\Delta W_{n}\right)^{2} \tag{17.73}
\end{equation*}
$$

which corresponds to a random walk of $N$ steps, where a single step has average value $t / N$ and variance $2 t^{2} / N^{2}$. According to the central limit theorem, for large $N$ the sum (17.73) is a Gaussian random variable with mean $t$ and variance $2 t^{2} / N$. In the limit $N \longrightarrow \infty$, the variance of the sum vanishes, and the sum becomes $t$ with certainty. Symbolically, we can write

$$
\begin{equation*}
\int_{0}^{t}\left[d W\left(t^{\prime}\right)\right]^{2}:=\lim _{N \rightarrow \infty} \sum_{n=0}^{N-1}\left(\Delta W_{n}\right)^{2}=t=\int_{0}^{t} d t^{\prime} \tag{17.74}
\end{equation*}
$$

For this to hold over any interval $(0, t)$, we must make the formal identification

$$
\begin{equation*}
d t=d W^{2} \tag{17.75}
\end{equation*}
$$

(Itō rule)
This means that even though $d W$ is a random variable, $d W^{2}$ is not, since it has no variance when integrated over any finite interval. Incidentally, we can also write down a similar expression for $d W$ with itself, but at different times. The basis of this relation is the observation that $\left\langle\left\langle\Delta W(t) \Delta W\left(t^{\prime}\right)\right\rangle\right\rangle=0$ for time increments $\Delta t<\left|t-t^{\prime}\right|$, since the Wiener increments are independent. By a similar argument to the one above, the variance vanishes in the continuum limit-the variance of $\Delta W(t) \Delta W\left(t^{\prime}\right)$ is bounded above by the variance of $[\Delta W(t)]^{2}$ —and thus it also follows that $d W(t) d W\left(t^{\prime}\right)=0$ with certainty for $t \neq t^{\prime}$, and thus we need not have an explicit ensemble average when replacing this product by zero.

### 17.3.3 Ensemble Averages

Finally, we need to justify a relation useful for averaging over noise realizations, namely that

$$
\begin{equation*}
\langle\langle y d W\rangle\rangle=0 \tag{17.76}
\end{equation*}
$$

(Itō ensemble average)
for a solution $y(t)$ of Eq. (17.63). This makes it particularly easy to compute averages of functions of $y(t)$ over all possible realizations of a Wiener process, since we can simply set $d W=0$, even when it is multiplied by $y$. We can see this as follows. Clearly, $\langle\langle d W\rangle\rangle=0$. Also, Eq. (17.63) is the continuum limit of the discrete relation

$$
\begin{equation*}
y(t+\Delta t)=y(t)+\alpha \Delta t+\beta \Delta W(t) \tag{17.77}
\end{equation*}
$$

This discrete form here turns out to be the defining feature of Itō calculus, as we will see. Thus, $y(t)$ depends on $\Delta W(t-\Delta t)$, but is independent of $d W(t)$, which gives the desired result, Eq. (17.76). This gives the important feature of Itō calculus that makes it useful for computing ensemble averages: at a given time, the state of the noise process and the state of the system are independent. In particular, it is simple to write down an equation for the ensemble average from Eq. (17.63),

$$
\begin{equation*}
d\langle\langle y\rangle\rangle=\langle\langle\alpha(y, t)\rangle\rangle d t \tag{17.78}
\end{equation*}
$$

which we obtain simply by setting $d W \longrightarrow 0$ in the SDE.

### 17.3.4 Correlation Function

Now we are in a position to justify the "whiteness" of the noise. Recalling the singular noise signal

$$
\begin{equation*}
\xi(t)=\frac{d W(t)}{d t} \tag{17.79}
\end{equation*}
$$

let's compute the ensemble average

$$
\begin{equation*}
\left\langle\left\langle\xi(t) \xi\left(t^{\prime}\right)\right\rangle\right\rangle \tag{17.80}
\end{equation*}
$$

which is just the correlation function of the noise signal. Note that the ensemble average here can just as well be replaced by a time average, to get the correlation function in the time-averaged sense. If $t \neq t^{\prime}$, we can simply write

$$
\begin{equation*}
\left\langle\left\langle\xi(t) \xi\left(t^{\prime}\right)\right\rangle\right\rangle=\left\langle\left\langle\frac{d W(t) d W\left(t^{\prime}\right)}{d t d t^{\prime}}\right\rangle\right\rangle=\frac{\langle\langle d W(t)\rangle\rangle\left\langle\left\langle d W\left(t^{\prime}\right)\right\rangle\right\rangle}{d t d t^{\prime}}=0 \quad\left(t \neq t^{\prime}\right) \tag{17.81}
\end{equation*}
$$

since in this case $d W(t)$ and $d W\left(t^{\prime}\right)$ are statistically independent. However, if $t=t^{\prime}$, then

$$
\begin{equation*}
\langle\langle\xi(t) \xi(t)\rangle\rangle=\frac{\left\langle\left\langle(d W)^{2}\right\rangle\right\rangle}{(d t)^{2}}=\frac{1}{d t} \longrightarrow \infty \tag{17.82}
\end{equation*}
$$

Thus we see the divergent behavior. In fact, we can get the normalization from

$$
\begin{equation*}
\int d t\left\langle\left\langle\xi(t) \xi\left(t^{\prime}\right)\right\rangle\right\rangle=1 \tag{17.83}
\end{equation*}
$$

since there is a contribution of $d t \cdot(1 / d t)=1$ from the integration point $t=t^{\prime}$, and no contributions from any other point in the integration range. Thus, we can infer that $\xi(t)$ is delta-correlated:

$$
\begin{equation*}
\left\langle\left\langle\xi(t) \xi\left(t^{\prime}\right)\right\rangle\right\rangle=\delta\left(t-t^{\prime}\right) \tag{17.84}
\end{equation*}
$$

(white-noise correlation function)
This justifies the notion of $d W$ [equivalently, $\xi(t)$ ] as representing white noise, since the power spectrum is the Fourier transform of the correlation function according to the Wiener-Khinchin theorem, which in this case turns out to be a constant function over all frequencies. Note also the peculiarity that everything in this derivation carries through without the ensemble average, so that in Ito calculus, $\xi(t) \xi\left(t^{\prime}\right)=\delta\left(t-t^{\prime}\right)$.

### 17.3.5 Diffusion

The noise term in the Itō stochastic differential equation (SDE)

$$
\begin{equation*}
d y=\alpha(y, t) d t+\beta(y, t) d W \tag{17.85}
\end{equation*}
$$

causes, as you might expect, diffusion of the trajectories $y(t)$. To see this, we need the evolution of the width of the ensemble. Using the Itō rule

$$
\begin{equation*}
d\left(y^{2}\right)=2 y d y+(d y)^{2}=\left(2 \alpha y+\beta^{2}\right) d t+2 \beta y d W \tag{17.86}
\end{equation*}
$$

we find the mean-square trajectory

$$
\begin{equation*}
d\left\langle\left\langle y^{2}\right\rangle\right\rangle=\left\langle\left\langle\left(2 \alpha y+\beta^{2}\right) d t+2 \beta y d W\right\rangle\right\rangle=\left\langle\left\langle 2 \alpha y+\beta^{2}\right\rangle\right\rangle d t \tag{17.87}
\end{equation*}
$$

Then defining the ensemble variance by

$$
\begin{equation*}
V_{y}:=\left\langle\left\langle(y-\langle\langle y\rangle\rangle)^{2}\right\rangle\right\rangle=\left\langle\left\langle y^{2}\right\rangle\right\rangle-\langle\langle y\rangle\rangle^{2}, \tag{17.88}
\end{equation*}
$$

we can use

$$
\begin{align*}
d\langle\langle y\rangle\rangle & =\langle\langle\alpha\rangle\rangle d t \\
d\left[\langle\langle y\rangle\rangle^{2}\right] & =2\langle\langle y\rangle\rangle d\langle\langle y\rangle\rangle=2\langle\langle y\rangle\rangle\langle\langle\alpha\rangle\rangle d t \tag{17.89}
\end{align*}
$$

to write the variance evolution as

$$
d V_{y}=d\left\langle\left\langle y^{2}\right\rangle\right\rangle-d\left[\langle\langle y\rangle\rangle^{2}\right]
$$

$$
=\left[2(\langle\langle\alpha y\rangle\rangle-\langle\langle\alpha\rangle\rangle\langle\langle y\rangle\rangle)+\left\langle\left\langle\beta^{2}\right\rangle\right\rangle\right] d t . \quad \text { (SDE variance evolution) }
$$

Thus, the variance is affected by gradients of $\alpha$ with $y$, or "spatial" dependence of the drift coefficient that can stretch or compact the distribution. This is the deterministic component of the variance. The noise part of the equation also contributes the $\beta^{2}$ term, so that the noise always tends to increase the ensemble variance, thus causing diffusion.

### 17.3.5.1 Fokker-Planck Equation

The evolution of the mean (17.89) and variance (17.90) are equivalent to the mean and variance according to the deterministic Fokker-Planck equation for the probability density $f(y, t)$ (Problem 5.18)

$$
\begin{equation*}
\partial_{t} f(y, t)=-\partial_{y} \alpha(y, t) f(y, t)+\frac{1}{2} \partial_{y}^{2} \beta^{2}(y, t) f(y, t) \tag{17.91}
\end{equation*}
$$

In fact, this Fokker-Planck equation turns out to be the correct one to evolve the ensemble density. Recall that the standard form for the Fokker-Planck equation in one dimension is [from Section (5.8.6.1)]

$$
\partial_{t} P(y, t)=-\partial_{y} A(y, t) P(y, t)+\frac{1}{2} \partial_{y}^{2} D(y, t) P(y, t)
$$

(general Fokker-Planck equation) (17.92)
where $A(y, t)$ is the drift coefficient, and $D(y, t)$ is the diffusion coefficient. Thus, we identify the stochastic drift coefficient $\alpha(y, t)$ with the Fokker-Planck drift $A(y, t)$, while we identify the squared stochastic coefficient $\beta^{2}(y, t)$ with the diffusion coefficient $D(y, t)$.

To prove this, let's review a couple of concepts regarding probability theory. The conditional probability density $P\left(y, t \mid y_{0}, t_{0}\right)$, is a probability density in $y$, with $P\left(y, t \mid y_{0}, t_{0}\right) d y$ representing the probability density for finding the particle between $y$ and $y+d y$ at time $t$, given the particle was at $y_{0}$ at time $t_{0}$. This is distinct from the joint density $P\left(y, t ; y_{0}, t_{0}\right)$, which is a probability density in both $y$ and $y_{0}$, where $P\left(y, t ; y_{0}, t_{0}\right) d y d y_{0}$ is the probability for finding the particle between $y$ and $y+d y$ at time $t$ and between $y_{0}$ and $y_{0}+d y_{0}$ at time $t_{0}$. The individual probability densities are given by integrating out the other variable,

$$
\begin{equation*}
P(y, t)=\int d y_{0} P\left(y, t ; y_{0}, t_{0}\right), \quad P\left(y_{0}, t\right)=\int d y P\left(y, t ; y_{0}, t_{0}\right) \tag{17.93}
\end{equation*}
$$

The joint and conditional densities are related by the conditional probability relation, which states that the probability for $A$ and $B$ to occur is the product of the probability for $A$ given that $B$ occured and the probability for $B$ to occur:

$$
\begin{equation*}
P\left(y, t ; y_{0}, t_{0}\right)=P\left(y, t \mid y_{0}, t_{0}\right) P\left(y_{0}, t_{0}\right) . \tag{17.94}
\end{equation*}
$$

For Markovian evolution, that is, evolution where the entire state of the system for all times is determined by the state of the system at any given time, that means that $P(y, t)$ is determined by $P\left(y_{0}, t_{0}\right)$. In this case, the conditional density satisfies the Chapman-Kolmogorov equation,

$$
\begin{equation*}
P\left(y, t \mid y_{0}, t_{0}\right)=\int d y^{\prime} P\left(y, t \mid y^{\prime}, t^{\prime}\right) P\left(y^{\prime}, t^{\prime} \mid y_{0}, t_{0}\right) \tag{17.95}
\end{equation*}
$$

(Chapman-Kolmogorov equation)
which certainly seems a reasonable property of the conditional density: two steps of the evolution of the density may be composed into a single step by integrating over all possible intermediate values.

Now to derive the Fokker-Planck equation. ${ }^{6}$ To do this, consider the evolution of the ensemble average of an arbitrary function $g(y(t))$, where $y(t)$ is a solution to the $\operatorname{SDE}(17.85)$ :

$$
\begin{align*}
d\langle\langle g(y)\rangle\rangle & =\left\langle\left\langle g^{\prime}(y) d y+\frac{1}{2} g^{\prime \prime}(y)(d y)^{2}\right\rangle\right\rangle  \tag{17.96}\\
& =\left\langle\left\langle\alpha(y, t) g^{\prime}(y) d t+\frac{\beta^{2}(y, t)}{2} g^{\prime \prime}(y) d t\right\rangle\right\rangle
\end{align*}
$$

We can obviously rewrite this as

$$
\begin{equation*}
\partial_{t}\langle\langle g(y)\rangle\rangle=\left\langle\left\langle\alpha(y, t) \partial_{y} g(y)+\frac{\beta^{2}(y, t)}{2} \partial_{y}^{2} g(y)\right\rangle\right\rangle . \tag{17.97}
\end{equation*}
$$

Now let us write out the ensemble average explicitly, using the conditional density $P\left(y, t \mid y_{0}, t_{0}\right)$ for $y(t)$ :

$$
\begin{equation*}
\int d y g(y) \partial_{t} P\left(y, t \mid y_{0}, t_{0}\right)=\int d y P\left(y, t \mid y_{0}, t_{0}\right)\left[\alpha(y, t) \partial_{y} g(y)+\frac{\beta^{2}(y, t)}{2} \partial_{y}^{2} g(y)\right] \tag{17.98}
\end{equation*}
$$

Integrating by parts and discarding boundary terms,

$$
\begin{equation*}
\int d y g(y) \partial_{t} P\left(y, t \mid y_{0}, t_{0}\right)=\int d y g(y)\left[\partial_{y} \alpha(y, t) P\left(y, t \mid y_{0}, t_{0}\right)+\frac{1}{2} \partial_{y}^{2} \beta^{2}(y, t) P\left(y, t \mid y_{0}, t_{0}\right)\right] \tag{17.99}
\end{equation*}
$$

[^235]Since $g(y)$ is arbitrary, we may equate the integrands, and thus $P\left(y, t \mid y_{0}, t_{0}\right)$ satisfies an equation with the form of the Fokker-Planck equation:

$$
\begin{equation*}
\partial_{t} P\left(y, t \mid y_{0}, t_{0}\right)=-\partial_{y} \alpha(y, t) P\left(y, t \mid y_{0}, t_{0}\right)+\frac{1}{2} \partial_{y}^{2} \beta^{2}(y, t) P\left(y, t \mid y_{0}, t_{0}\right) \tag{17.100}
\end{equation*}
$$

(Kolmogorov forward equation)
This equation is called the Kolmogorov forward equation, from which the Fokker-Planck equation (17.92) follows by multiplying through by $P\left(y_{0}, t_{0}\right)$ and integrating over $y_{0}$.

Note that the argument leading to (17.97) also applies to the $y_{0}$ variable of $P\left(y, t \mid y_{0}, t_{0}\right)$, since this is a simple function of $y_{0}$ (and not a density in $y_{0}$ ), which itself can be regarded as a stochastic trajectory $y_{0}\left(t_{0}\right)$. Thus, $P\left(y, t \mid y_{0}, t_{0}\right)$ satisfies the equation

$$
\begin{equation*}
\partial_{t_{0}}\left\langle\left\langle P\left(y, t \mid y_{0}, t_{0}\right)\right\rangle\right\rangle=\left\langle\left\langle\alpha\left(y_{0}, t_{0}\right) \partial_{y_{0}} P\left(y, t \mid y_{0}, t_{0}\right)+\frac{\beta^{2}\left(y_{0}, t_{0}\right)}{2} \partial_{y_{0}}^{2} P\left(y, t \mid y_{0}, t_{0}\right)\right\rangle\right\rangle . \tag{17.101}
\end{equation*}
$$

The ensemble average here may be regarded as multiplication with respect to an arbitrary function $g(y)$ and then integration over $y$. In this case, the equation is still valid without the averages, and

$$
\partial_{t_{0}} P\left(y, t \mid y_{0}, t_{0}\right)=\alpha\left(y_{0}, t_{0}\right) \partial_{y_{0}} P\left(y, t \mid y_{0}, t_{0}\right)+\frac{\beta^{2}\left(y_{0}, t_{0}\right)}{2} \partial_{y_{0}}^{2} P\left(y, t \mid y_{0}, t_{0}\right)
$$

(Kolmogorov backward equation)
(17.102)

This peculiar partial differential equation for the initial values $y_{0}$ and $t_{0}$ is called the Kolmogorov backward equation. It has a form similar to the Fokker-Planck equation, except for the order of the derivatives and the coefficients.

### 17.3.6 Ornstein-Uhlenbeck Process

As an example of using Itō calculus, we will consider the Ornstein-Uhlenbeck process, which we can define as the solution of the damped equation driven by a Wiener process:

$$
\begin{equation*}
d y=-\gamma y d t+d W \tag{17.103}
\end{equation*}
$$

(Ornstein-Uhlenbeck process)
This equation is the Langevin equation. To solve this, we write the equation in the form

$$
\begin{equation*}
d\left(y e^{\gamma t}\right)=e^{\gamma t} d W \tag{17.104}
\end{equation*}
$$

which we can integrate to obtain

$$
\begin{equation*}
y(t) e^{\gamma t}-y_{0}=\int_{0}^{t} e^{\gamma t^{\prime}} d W\left(t^{\prime}\right) \tag{17.105}
\end{equation*}
$$

or simply

$$
\begin{equation*}
y(t)=y_{0} e^{-\gamma t}+\int_{0}^{t} e^{-\gamma\left(t-t^{\prime}\right)} d W\left(t^{\prime}\right) \tag{17.106}
\end{equation*}
$$

The first term is clearly a decaying transient due to the initial condition, while the second is a convolution of the Wiener process with an exponential kernel, effectively smoothing the white noise. Note that since the Wiener differentials are Gaussian random variables, we see from this that the Ornstein-Uhlenbeck process is the sum over Gaussian random variables and is thus itself Gaussian. It is thus sufficient to completely characterize it by computing the mean and autocorrelation function. The mean is simply given by

$$
\begin{equation*}
\langle\langle y(t)\rangle\rangle=y_{0} e^{-\gamma t} \tag{17.107}
\end{equation*}
$$

since in Itō calculus we compute ensemble averages by setting $d W=0$. The correlation function is given by (taking $t^{\prime}>t$ )

$$
\begin{align*}
\left\langle\left\langle y(t) y\left(t^{\prime}\right)\right\rangle\right\rangle & =y_{0}^{2} e^{-\gamma\left(t+t^{\prime}\right)}+\int_{0}^{t} d s \int_{0}^{t^{\prime}} d s^{\prime} e^{-\gamma(t-s)} e^{-\gamma\left(t^{\prime}-s^{\prime}\right)}\left\langle\left\langle\frac{d W(s)}{d s} \frac{d W\left(s^{\prime}\right)}{d s^{\prime}}\right\rangle\right\rangle \\
& =y_{0}^{2} e^{-\gamma\left(t+t^{\prime}\right)}+\int_{0}^{t} d s \int_{0}^{t^{\prime}} d s^{\prime} e^{-\gamma(t-s)} e^{-\gamma\left(t^{\prime}-s^{\prime}\right)} \delta\left(s-s^{\prime}\right) \\
& =y_{0}^{2} e^{-\gamma\left(t+t^{\prime}\right)}+\int_{0}^{t} d s e^{-\gamma(t-s)} e^{-\gamma\left(t^{\prime}-s\right)}  \tag{17.108}\\
& =y_{0}^{2} e^{-\gamma\left(t+t^{\prime}\right)}+e^{-\gamma\left(t+t^{\prime}\right)} \int_{0}^{t} d s e^{-2 \gamma s} \\
& =\left(y_{0}^{2}-\frac{1}{2 \gamma}\right) e^{-\gamma\left(t+t^{\prime}\right)}+\frac{1}{2 \gamma} e^{-\gamma\left(t^{\prime}-t\right)}
\end{align*}
$$

If we regard $y_{0}$ as an belonging to an ensemble of variance $1 / 2 \gamma$, or if we consider the limit $t \longrightarrow \infty$ (with $t-t^{\prime}$ fixed), we can ignore the transient part and take the correlation function to be

$$
\begin{equation*}
\left\langle\left\langle y(t) y\left(t^{\prime}\right)\right\rangle\right\rangle=\frac{1}{2 \gamma} e^{-\gamma\left|t-t^{\prime}\right|} \tag{17.109}
\end{equation*}
$$

(Ornstein-Uhlenbeck correlation)
where we have use the fact that for the real correlation function, $\left\langle\left\langle y(t) y\left(t^{\prime}\right)\right\rangle\right\rangle=\left\langle\left\langle y\left(t^{\prime}\right) y(t)\right\rangle\right\rangle$. The OrnsteinUhlenbeck process, although corresponding to Gaussian noise, does thus not have independent increments at different times. We see that the damping introduces a "memory" in the dynamics. Further, since the correlation function is exponential, we immediately see that the power spectral density for the OrnsteinUhlenbeck process is Lorentzian, and thus decays asymptotically as $\omega^{-2}$, and thus corresponds to " $1 / f^{2}$ " noise. But also notice that the correlation function is finite for all times, and thus the damping, which has cut off the high frequencies, has made the noise bounded and well-behaved.

### 17.3.6.1 Brownian Motion

The Ornstein-Uhlenbeck process is a model for Brownian motion, if we use it to model the velocity of a particle subject to friction and to frequent "kicks," as from collisions with many background-gas atoms:

$$
\begin{equation*}
d v=-\gamma v d t+d W \tag{17.110}
\end{equation*}
$$

We are assuming that we are dealing with a scaled velocity such that the units come out right. Again, we can equivalently write this in the (possibly) more familiar form

$$
\begin{equation*}
\partial_{t} v=-\gamma v+\xi(t) \tag{17.111}
\end{equation*}
$$

so that we have the usual equation of motion for the velocity, but driven by a white noise "force" $\xi(t)$.
The Ornstein-Uhlenbeck process also corresponds to a white-noise voltage signal $\alpha \xi(t)$ passing through a low-pass filter.


To see this, note that the current $I$ flowing through the resistor is

$$
\begin{equation*}
I(t)=\frac{\alpha \xi(t)-V(t)}{R} \tag{17.112}
\end{equation*}
$$

and the voltage across the capacitor is related to the current by

$$
\begin{equation*}
\partial_{t} V=\frac{I}{C}=\frac{\alpha \xi(t)-V(t)}{R C} \tag{17.113}
\end{equation*}
$$

which we can write as

$$
\begin{equation*}
\partial_{t} V=-\gamma V+\alpha \gamma \xi(t) \tag{17.114}
\end{equation*}
$$

where $\gamma=1 / R C$, as we expect for the low-pass filter. Thus, the output of the low-pass filter corresponds to a scaled Ornstein-Uhlenbeck process, and thus a physical signal despite the idealized input.

Note that from Eq. (17.109), an Ornstein-Uhlenbeck process of the form

$$
\begin{equation*}
d y=-\gamma y d t+d W \tag{17.115}
\end{equation*}
$$

has $\left\langle\left\langle y^{2}\right\rangle\right\rangle=1 / 2 \gamma$, and thus an rms fluctuation

$$
\begin{equation*}
y_{\mathrm{rms}}=\frac{1}{\sqrt{2 \gamma}} \tag{17.116}
\end{equation*}
$$

If we write Eq. (17.114) in the form

$$
\begin{equation*}
d V=-\gamma V d t+\alpha \gamma d W \tag{17.117}
\end{equation*}
$$

and then we let $t \longrightarrow t /(\alpha \gamma)^{2}$ and $W \longrightarrow W / \alpha \gamma$, we have

$$
\begin{equation*}
d V=-\frac{1}{\alpha^{2} \gamma} V d t+d W \tag{17.118}
\end{equation*}
$$

which is in the form of (17.115). Thus, the rms output voltage of the low-pass filter is

$$
\begin{equation*}
V_{\mathrm{rms}}=\alpha \sqrt{\frac{\gamma}{2}} \tag{17.119}
\end{equation*}
$$

(amplitude of filtered white noise)
for an input signal of $\alpha \xi(t)$. Note that the rms output voltage increases as the square root of the filter bandwidth ( $\gamma / 2 \pi=1 / 2 \pi R C$ is the corner frequency of the low-pass filter), and so this result shows that the transmitted power is proportional to the width of frequency band passed by the filter. Evidently, $\alpha$ has the dimensions of $\mathrm{V} / \sqrt{\mathrm{Hz}}$.

### 17.4 Stratonovich Calculus

The main alternative to Itō calculus is Stratonovich calculus, which we will introduce primarily to gain more insight into Itō calculus. Although Stratonovich calculus has some aesthetically nice features, it is often easier to perform calculations in Itō form, and we will mainly stick to Itō equations in our discussion of quantum measurement.

Consider the deterministic ODE

$$
\begin{equation*}
d y=\alpha(y(t), t) d t \tag{17.120}
\end{equation*}
$$

This is the continuous limit of the discrete relation

$$
\begin{equation*}
y(t+\Delta t)=y(t)+\alpha(y(\tau), \tau) \Delta t \tag{17.121}
\end{equation*}
$$

where $\tau$ is an arbitrary time in the range $[t, t+\Delta t]$. This is because the formal (implicit) solution of (17.120) is given by the Riemann integral

$$
\begin{equation*}
y(t)=y_{0}+\int_{0}^{t} \alpha\left(y\left(t^{\prime}\right), t^{\prime}\right) d t^{\prime} \tag{17.122}
\end{equation*}
$$

The Riemann integral is approximated by successively finer refinements of discrete "rectangle" areas of width $\Delta t$, where the area of each rectangle is determined by the value of the integrand at any point within the interval $\Delta t$.

Returning to the SDE

$$
\begin{equation*}
d y=\alpha(y(t), t) d t+\beta(y(t), t) d W(t) \tag{17.123}
\end{equation*}
$$

we must also interpret the solution of this equation in terms of the implicit integral

$$
\begin{equation*}
y(t)=y_{0}+\int_{0}^{t} \alpha\left(y\left(t^{\prime}\right), t^{\prime}\right) d t^{\prime}+\int_{0}^{t} \beta\left(y\left(t^{\prime}\right), t^{\prime}\right) d W\left(t^{\prime}\right) \tag{17.124}
\end{equation*}
$$

The first integral is an ordinary Riemann integral, but the second is of the form

$$
\begin{equation*}
\int_{0}^{t} \beta\left(y\left(t^{\prime}\right), t^{\prime}\right) d W\left(t^{\prime}\right)=\int_{0}^{t} \beta\left(y\left(t^{\prime}\right), t^{\prime}\right) \frac{d W}{d t^{\prime}} d t^{\prime} \tag{17.125}
\end{equation*}
$$

Due to the highly singular nature of $\xi(t)=d W / d t$, the Riemann integral does not in general exist. The way to save this is that in the successive finite approximations, if you consistently pick the same point within each interval of equal length $\Delta t$, the integral is defined. However, the result that you get by evaluating the integral will depend on your choice. Of course, if $\beta$ is constant or even a smooth function of time -in the case of additive noise - then this won't be a problem, since the result amounts to integrating $d W$ to get $W(t)$. The problem arises in the case of multiplicative noise when $\beta$ is a function of $y$. Thus, when we regard the $\operatorname{SDE}$ (17.123) as the continuum limit of the finite-difference equation

$$
\begin{equation*}
y(t+\Delta t)=y(t)+\alpha(y(t), t) \Delta t+\beta(y(\tau), \tau) \Delta W(t) \tag{17.126}
\end{equation*}
$$

where $\tau \in[t, t+\Delta t]$, we obtain a different limit depending on where in the interval we choose $\tau$. In view of Eq. (17.77), Itō calculus takes the choice $\tau=t$, while Stratonovich calculus takes the choice $\tau=t+\Delta t / 2$. Since we expect different results according to what calculus we intend to use to solve the equation, we must use a notation to distinguish the calculus that goes with the SDE. Thus, we will write as usual

$$
\begin{equation*}
d y=\alpha(y(t), t) d t+\beta(y(t), t) d W(t) \tag{17.127}
\end{equation*}
$$

(notation: Itō SDE)
to denote an Itō SDE, while we will use the special notation

$$
\begin{equation*}
d y=\alpha(y(t), t) d t+\beta(y(t), t) \circ d W(t) \tag{17.128}
\end{equation*}
$$

(notation: Stratonovich SDE)
to refer to a Stratonovich equation.

### 17.4.1 Example: Stochastic Integration

To illustrate the consequences of this choice, we will compute the sample Itō integral

$$
\begin{equation*}
I=\int_{t_{0}}^{t} W\left(t^{\prime}\right) d W\left(t^{\prime}\right) \tag{17.129}
\end{equation*}
$$

and compare it to the Stratonovich integral

$$
\begin{equation*}
J=\int_{t_{0}}^{t} W\left(t^{\prime}\right) \circ d W\left(t^{\prime}\right) \tag{17.130}
\end{equation*}
$$

of the same form, to see that they indeed give different results. Note that if these were ordinary Riemann integrals, we would simply have

$$
\begin{equation*}
\int_{t_{0}}^{t} f\left(t^{\prime}\right) d f\left(t^{\prime}\right)=\frac{1}{2}\left[f^{2}(t)-f^{2}\left(t_{0}\right)\right] \tag{17.131}
\end{equation*}
$$

for a sufficiently well-behaved function $f(t)$. The Ito integral follows from the continuum limit of the $N$-step approximation (with $\left.t_{j}:=t_{0}+j\left(t-t_{0}\right) / N\right)$

$$
\begin{align*}
I & =\lim _{N \rightarrow \infty} \sum_{j=0}^{N-1} W\left(t_{j}\right) \Delta W\left(t_{j}\right) \\
& =\lim _{N \rightarrow \infty} \sum_{j=0}^{N-1} W\left(t_{j}\right)\left[W\left(t_{j+1}\right)-W\left(t_{j}\right)\right] \\
& =\lim _{N \rightarrow \infty} \frac{1}{2} \sum_{j=0}^{N-1}\left[W\left(t_{j}\right)+W\left(t_{j+1}\right)+W\left(t_{j}\right)-W\left(t_{j+1}\right)\right]\left[W\left(t_{j+1}\right)-W\left(t_{j}\right)\right] \\
& =\lim _{N \rightarrow \infty} \frac{1}{2} \sum_{j=0}^{N-1}\left[W^{2}\left(t_{j+1}\right)-W^{2}\left(t_{j}\right)\right]-\lim _{N \rightarrow \infty} \frac{1}{2} \sum_{j=0}^{N-1}\left[W\left(t_{j+1}\right)-W\left(t_{j}\right)\right]^{2}  \tag{17.132}\\
& =\frac{1}{2}\left[W^{2}(t)-W^{2}\left(t_{0}\right)\right]-\lim _{N \rightarrow \infty} \frac{1}{2} \sum_{j=0}^{N-1}\left[\Delta W\left(t_{j}\right)\right]^{2} \\
& =\frac{1}{2}\left[W^{2}(t)-W^{2}\left(t_{0}\right)\right]-\frac{1}{2} \int_{t_{0}}^{t}\left[d W\left(t^{\prime}\right)\right]^{2} \\
& =\frac{1}{2}\left[W^{2}(t)-W^{2}\left(t_{0}\right)\right]-\frac{1}{2}\left(t-t_{0}\right) .
\end{align*}
$$

The shortcut for this calculation is to notice that by the Itō rule, $d\left(W^{2}\right)=2 W d W+(d W)^{2}=2 W d W+d t$, so that

$$
\begin{equation*}
I=\int_{t_{0}}^{t} W\left(t^{\prime}\right) d W\left(t^{\prime}\right)=\frac{1}{2} \int_{t_{0}}^{t}\left[d\left(W^{2}\right)-d t\right]=\frac{1}{2}\left[W^{2}(t)-W^{2}\left(t_{0}\right)\right]-\frac{1}{2}\left(t-t_{0}\right) \tag{17.133}
\end{equation*}
$$

We thus see how the Itō rule enforces the choice of approximating integration intervals by the beginning point of the interval.

In the Stratonovich case, the integrand is evaluated at the intermediate time $t_{j+1 / 2}:=\left(t_{j+1}+t_{j}\right) / 2$. However, let us evaluate the most general case $t_{j+s}:=(1-s) t_{j}+s t_{j+1}$, with $s \in[0,1]$, where Itō corresponds to $s=0$ and Stratonovich to $s=1 / 2$ :

$$
\begin{align*}
J_{s} & :=\lim _{N \rightarrow \infty} \sum_{j=0}^{N-1} W\left(t_{j+s}\right) \Delta W\left(t_{j}\right) \\
& =\lim _{N \rightarrow \infty} \sum_{j=0}^{N-1} W\left(t_{j+s}\right)\left[W\left(t_{j+1}\right)-W\left(t_{j}\right)\right] \\
& =\lim _{N \rightarrow \infty} \sum_{j=0}^{N-1} W\left(t_{j}\right)\left[W\left(t_{j+1}\right)-W\left(t_{j}\right)\right]+\lim _{N \rightarrow \infty} \sum_{j=0}^{N-1}\left[W\left(t_{j+s}\right)-W\left(t_{j}\right)\right]\left[W\left(t_{j+1}\right)-W\left(t_{j}\right)\right]  \tag{17.134}\\
& =I+\lim _{N \rightarrow \infty} \sum_{j=0}^{N-1}\left[W\left(t_{j+s}\right)-W\left(t_{j}\right)\right]\left[W\left(t_{j+1}\right)-W\left(t_{j}\right)\right] \\
& =I+\lim _{N \rightarrow \infty} \sum_{j=0}^{N-1}\left[W\left(t_{j+s}\right)-W\left(t_{j}\right)\right]\left[W\left(t_{j+1}\right)-W\left(t_{j+s}\right)\right]+\lim _{N \rightarrow \infty} \sum_{j=0}^{N-1}\left[W\left(t_{j+s}\right)-W\left(t_{j}\right)\right]^{2}
\end{align*}
$$

The second term corresponds to the continuum limit of a product of independent Wiener increments, which vanishes according to the last argument of Section (17.3.2). The last term is the sum of squared, independent Wiener increments corresponding to time intervals $s \Delta t$, and is thus given by $s\left(t-t_{0}\right)$. Thus,

$$
\begin{equation*}
J_{s}=I+s\left(t-t_{0}\right)=\frac{1}{2}\left[W^{2}(t)-W^{2}\left(t_{0}\right)\right]+\left(s-\frac{1}{2}\right)\left(t-t_{0}\right) \tag{17.135}
\end{equation*}
$$

In particular, the Stratonovich integral is

$$
\begin{equation*}
J=J_{1 / 2}=\frac{1}{2}\left[W^{2}(t)-W^{2}\left(t_{0}\right)\right] \tag{17.136}
\end{equation*}
$$

Note that this is exactly the same result as if we had just used ordinary calculus, so that in Stratonovich calculus it is appropriate to take $d\left(W^{2}\right)=2 W d W$. That is, the usual chain rule applies in Stratonovich calculus, so that $(d W)^{2}=0$. We will prove this after we see how to convert between Itō calculus and Stratonovich calculus.

### 17.4.2 Itō-Stratonovich Conversion

Itō and Stratonovich SDEs in general give different results for the same coefficients, but in what sense are they equivalent? That is, how do we convert between Itō and Stratonovich SDEs? Suppose we have the Itō SDE

$$
\begin{equation*}
d y(t)=\alpha(y, t) d t+\beta(y, t) d W(t) \tag{17.137}
\end{equation*}
$$

and the Stratonovich SDE

$$
\begin{equation*}
d y(t)=\bar{\alpha}(y, t) d t+\beta(y, t) \circ d W(t) \tag{17.138}
\end{equation*}
$$

Then what we will show is that these two SDEs are equivalent if and only if

$$
\begin{equation*}
\bar{\alpha}=\alpha-\frac{1}{2} \beta \partial_{y} \beta \tag{17.139}
\end{equation*}
$$

(Itō-Stratonovich conversion)
Clearly, this distinction only matters in the case of multiplicative noise. To show this, recall that the Ito SDE is the continuum limit of the discrete relation

$$
\begin{equation*}
y(t+\Delta t)=y(t)+\alpha(y(t), t) \Delta t+\beta(y(t), t) \Delta W(t) \tag{17.140}
\end{equation*}
$$

while the Stratonovich SDE is the continuum limit of

$$
\begin{equation*}
y(t+\Delta t)=y(t)+\bar{\alpha}(y(t), t) \Delta t+\beta(y(t+\Delta / 2), t+\Delta t / 2) \Delta W(t) . \tag{17.141}
\end{equation*}
$$

Now noting that

$$
\begin{equation*}
\beta(y(t+\Delta t / 2), t+\Delta t / 2)=\beta(y(t), t)+\partial_{y} \beta(y(t), t)\left[\beta(y(t), t) \Delta W^{(1 / 2)}(t)\right]+O(\Delta t) \tag{17.142}
\end{equation*}
$$

where the factor in square brackets is $\Delta y, \Delta W^{(1 / 2)}(t):=W(t+\Delta t / 2)-W(t)$ is a Wiener "half increment," and we are dropping terms of order $\Delta t$ and higher since this expression will be multiplied by $\Delta W$. We can thus use this result to write

$$
\begin{equation*}
y(t+\Delta t)=y(t)+\bar{\alpha}(y(t), t) \Delta t+\beta(y(t), t) \Delta W(t)+\beta(y(t), t) \partial_{y} \beta(y(t), t) \Delta W(t) \Delta W^{(1 / 2)}(t) \tag{17.143}
\end{equation*}
$$

In the continuous limit, we can write

$$
\begin{equation*}
\Delta W(t) \Delta W^{(1 / 2)}(t) \longrightarrow \frac{d t}{2} \tag{17.144}
\end{equation*}
$$

since $\left[\Delta W^{(1 / 2)}\right]^{2} \longrightarrow d t / 2$ with certainty, and the product of $\Delta W^{(1 / 2)}$ from two different time intervals will converge to zero with certainty. Thus, the continuum limit of (17.141) is the Itō-form SDE

$$
\begin{equation*}
d y=\left[\bar{\alpha}+\frac{1}{2} \beta \partial_{y} \beta\right] d t+\beta d W \tag{17.145}
\end{equation*}
$$

Since this is the continuum limit of the same equation as the Stratonovich form (17.138), we can thus conclude that the Itō and Stratonovich forms are equivalent in the case

$$
\begin{equation*}
\bar{\alpha}=\alpha-\frac{1}{2} \beta \partial_{y} \beta . \tag{17.146}
\end{equation*}
$$

Thus, when writing down an SDE, we again see that it is crucial to specify which calculus it assumes, since the solution would otherwise be ambiguous.

### 17.4.3 Stratonovich Calculus and the Chain Rule

Recall that if the Ito equation

$$
\begin{equation*}
d y=\alpha d t+\beta d W \tag{17.147}
\end{equation*}
$$

transforms under the coordinate change $z=f(y)$ via an "extended chain rule"

$$
\begin{align*}
d z & =f^{\prime}(y) d y+\frac{1}{2} f^{\prime \prime}(y)(d y)^{2}  \tag{17.148}\\
& =\left[f^{\prime}(y) \alpha+\frac{1}{2} f^{\prime \prime}(y) \beta^{2}\right] d t+f^{\prime}(y) \beta d W
\end{align*}
$$

(Itō chain rule, $z=f(y)$ )

We will now show that in Stratonovich calculus, the "extra" $\beta^{2}$ term does not appear, and thus the usual chain rule applies (and thus $d W^{2}=0$ ).

Thus, consider the Stratonovich equation

$$
\begin{equation*}
d y=\alpha d t+\beta \circ d W \tag{17.149}
\end{equation*}
$$

under the same transformation $z=f(y)$. The equivalent Itō equation is

$$
\begin{equation*}
d y=\left[\alpha+\frac{1}{2} \beta \partial_{y} \beta\right] d t+\beta d W \tag{17.150}
\end{equation*}
$$

and now we can use Itō rules to accomplish the transformation:

$$
\begin{align*}
d z & =f^{\prime}(y) d y+\frac{1}{2} f^{\prime \prime}(y)(d y)^{2} \\
& =\left[f^{\prime}(y)\left(\alpha+\frac{1}{2} \beta \partial_{y} \beta\right)+\frac{1}{2} f^{\prime \prime}(y) \beta^{2}\right] d t+f^{\prime}(y) \beta d W \tag{17.151}
\end{align*}
$$

Now transform this back into Stratonovich form:

$$
\begin{equation*}
d z=\left[f^{\prime}(y)\left(\alpha+\frac{1}{2} \beta \partial_{y} \beta\right)+\frac{1}{2} f^{\prime \prime}(y) \beta^{2}-\frac{1}{2} f^{\prime}(y) \beta \partial_{z}\left[f^{\prime}(y) \beta\right]\right] d t+f^{\prime}(y) \beta \circ d W \tag{17.152}
\end{equation*}
$$

Noting that

$$
\begin{equation*}
\partial_{z}=\frac{1}{f^{\prime}(y)} \partial_{y} \tag{17.153}
\end{equation*}
$$

we can write the last $d t$ term as

$$
\begin{align*}
-\frac{1}{2} f^{\prime}(y) \beta \partial_{z}\left[f^{\prime}(y) \beta\right] & =-\frac{1}{2} \beta \partial_{y}\left[f^{\prime}(y) \beta\right]  \tag{17.154}\\
& =-\frac{1}{2} f^{\prime \prime}(y) \beta^{2}-\frac{1}{2} f^{\prime}(y) \beta \partial_{y} \beta
\end{align*}
$$

Thus, this term, which we obtained from switching from Ito to Stratonovich form, cancels the other two $d t$ terms that involve $\beta$, leaving

$$
\begin{equation*}
d z=f^{\prime}(y) \alpha d t+f^{\prime}(y) \beta \circ d W \tag{17.155}
\end{equation*}
$$

(Stratonovich chain rule, $z=f(y)$ )
Thus, Stratonovich calculus obeys the usual chain rule, and we have no need for terms of order $d W^{2}$.

### 17.4.4 Comparison

We will now summarize the differences between Itō and Stratonovich SDEs, and then explain why we tend to favor Itō calculus. For Itō calculus:

- The rules of stochastic integration are slightly more complicated than for ordinary integration, since the ordinary chain rule does not apply (i.e., $d W^{2}=d t$ ).
- The solution $y(t)$ of an Itō SDE and the driving Wiener process $d W(t)$ are statistically independent at equal times, so that ensemble averages are simply computed by setting $d W=0$.
- An Itō SDE is "natural" as the continuum limit of an evolution constructed by a discrete-step process, since

$$
\begin{equation*}
d y=\alpha(y) d t+\beta(y) d W \tag{17.156}
\end{equation*}
$$

is the continuous limit of

$$
\begin{equation*}
y(t+\Delta t)=y(t)+\alpha(y(t)) \Delta t+\beta(y(t)) \Delta W(t) \tag{17.157}
\end{equation*}
$$

On the other hand, for Stratonovich calculus:

- The rules of stochastic integration are those of ordinary Riemann integration, since the usual chain rule applies (i.e., $d W^{2}=0$ ).
- The solution $y(t)$ of a Stratonovich SDE and the driving Wiener process $d W(t)$ are not statistically independent at equal times. This is clear from the above Itō-Stratonovich conversion, since setting $d W=0$ in a Stratonovich SDE does not give the same result as setting $d W=0$ in the equivalent Ito SDE. In fact, the easiest rule for computing an ensemble average is to convert the SDE to Ito form and then set $d W=0$.
- A Stratonovich SDE is "natural" as the idealization of a physical noise process in the following sense. If one models a stochastic system as being driven by a physical noise of finite bandwidth and bounded variance, then the normal rules of calculus apply. For example if $d O$ represents an Ornstein-Uhlenbeck process, then we could model a system by the SDE

$$
\begin{equation*}
d y=\alpha d t+\beta d O \tag{17.158}
\end{equation*}
$$

Then if you take the white-noise limit for the driving process $(\gamma \longrightarrow 0)$, then $d O$ goes over to $d W$, but because the ODE always obeyed the rules of ordinary calculus, the white-noise limit

$$
\begin{equation*}
d y=\alpha d t+\beta \circ d W \tag{17.159}
\end{equation*}
$$

must be interpreted as a Stratonovich SDE.
Also note that most proofs, including the construction of Stratonovich calculus, are usually proved in Itō calculus, so its advantages tend to outweigh its peculiarities. For handling quantum measurements, we will often want to compute ensemble averages to obtain unconditioned master equations, and we will also in general construct continuous measurements as limits of discrete processes of the form (17.157). Thus, we will virtually always use Itō-form SDEs to handle continuous quantum measurements.

### 17.5 Poisson Process

Recall that the Poisson probability distribution of mean $\lambda$ is

$$
\begin{equation*}
P(n)=\frac{e^{-\lambda} \lambda^{n}}{n!} \tag{17.160}
\end{equation*}
$$

(Poisson distribution)
where $n$ is a nonnegative integer. The variance of the Poisson distribution is equal to the mean $\lambda$. The Poisson distribution models the number of independent random events that occur in a given interval of time, such as the number of cars that arrive at an intersection or the number of atoms that decay in a large ensemble. Poisson random variation is also responsible for shot noise, which occurs as noise in electrical
current due to random fluctuations in the rate at which electrons flow through a device, or as noise in the detected intensity of classical light due to the random detection times of individual photons. In general, we can speak of a rate at which events occur by setting $\lambda=\Gamma \Delta t$ for finite time interval $\Delta t$, where $\Gamma$ is the mean rate of occurence. Then

$$
\begin{equation*}
P(n)=\frac{e^{-\Gamma \Delta t}(\Gamma \Delta t)^{n}}{n!} . \tag{17.161}
\end{equation*}
$$

Note that the Poisson distribution implies an exponential waiting time for the first event, because the probability for the event to occur after waiting a time $\Delta t$ is given by setting $n=0$ in the above probability function:

$$
\begin{equation*}
P(0)=e^{-\Gamma \Delta t} \tag{17.162}
\end{equation*}
$$

Then according to our interpretation, this probability is related to the probability density $P^{\prime}(t)$ for the time of first occurence by

$$
\begin{equation*}
e^{-\Gamma \Delta t}=\int_{\Delta t}^{\infty} P^{\prime}(t) d t \tag{17.163}
\end{equation*}
$$

so that

$$
\begin{equation*}
P^{\prime}(t)=\Gamma e^{-\Gamma t} \tag{17.164}
\end{equation*}
$$

Thus, Poisson random variables are intimately connected with exponential-decay processes, such as spontaneous emission from an atom prepared in the excited state.

In the infinitesimal limit $\Delta t \longrightarrow d t$, all the probabilities for $n \geq 2$ becomes negligible (of order $d t^{2}$ or higher). The probability for a single event occuring during an interval of duration $d t$ thus becomes $\Gamma d t$, with no events occuring otherwise. We can denote this by the infinitesimal random variable $d N(t)$-the Poisson process-which has an ensemble mean

$$
\begin{equation*}
\langle\langle d N(t)\rangle\rangle=\Gamma d t \tag{17.165}
\end{equation*}
$$

(Poisson process: ensemble mean)
In general, the mean $\Gamma$ could be time-dependent or depend on a system variable, so in general when writing down a Poisson process, you must always also specify the mean value, which is not specified in the notation $d N$ as it is for the Wiener process $d W$.

Again, as an integer-valued differential random variable, $d N$ can take on only the values 0 and 1 , where the value of 1 occurs with probability equal to the mean. Because $d N(t) \in\{0,1\}$, it immediately follows that

$$
\begin{equation*}
d N^{2}=d N \tag{17.166}
\end{equation*}
$$

(Poisson-process property)
so that the ensemble-averaged variance is equal to the ensemble mean,

$$
\begin{equation*}
\left\langle\left\langle d N^{2}\right\rangle\right\rangle=\langle\langle d N\rangle\rangle=\Gamma d t \tag{17.167}
\end{equation*}
$$

as we expect for a Poisson-distributed random variable. Note that the infinitesimal variance here is just the second moment, since the square of the mean is $O\left(d t^{2}\right)$.

In another view, note that $d N(t) / d t$ is zero except in isolated intervals of length $d t$, where the value is $1 / d t$. Thus, we can write this form of the Poisson process as the sum of delta functions,

$$
\begin{equation*}
\frac{d N(t)}{d t}=\sum_{j} \delta\left(t-t_{j}\right) \tag{17.168}
\end{equation*}
$$

if the events occur at times $t_{j}$. In view of our discussion above, $\Delta t_{j}:=t_{j+1}-t_{j}$ is a random variable with probability density

$$
\begin{equation*}
P\left(\Delta t_{j}\right)=\Gamma e^{-\Gamma \Delta t_{j}} \tag{17.169}
\end{equation*}
$$

since the waiting time until the next event is given by the exponential distribution.

### 17.5.1 The Poisson Process Implies the Poisson Distribution

If we take the Poisson process $d N(t)$ of mean $\Gamma d t$ as the fundamental object, we should also be able to derive the Poisson distribution for the frequency of events in finite time intervals. That is, we can show that the Poisson distribution arises if there is a constant probability per unit time of a single event occuring during an arbitrarily short time interval. Specifically, defining the time integral of the Poisson process,

$$
\begin{equation*}
n=\int_{t}^{t+\Delta t} d N\left(t^{\prime}\right) \tag{17.170}
\end{equation*}
$$

we can ask, what is the probability distribution for $n$ ? For a given value of $n$, this means that during exactly $n$ infinitesimal intervals, $d N(t)$ took on the value unity, while it took on the value of zero during the remaining intervals. The probability of doing so is the product of three factors:

1. The probability for having exactly $n$ such events, one in each of $n$ particular time intervals: $(\Gamma d t)^{n}$.
2. The number of ways to distribute the $n$ events among all such intervals. In the time interval $[t, t+\Delta t)$, there are $\Delta t / d t$ such time intervals, and so there are $(\Delta t / d t)^{n}$ ways to distribute $n$ events among all possible time intervals. But we divide by $n$ ! since we take the $n$ events to be indistinguishable, so we don't overcount, so the total factor is $(\Delta t / d t)^{n} / n$ !.
3. The probability of having zero events in all other time intervals. Again, there are $(\Delta t / d t)$ total time intervals, and the probability of zero events in a given time interval is $(1-\Gamma d t)$, so the total probability is

$$
\begin{equation*}
(1-\Gamma d t)^{\Delta t / d t}=\lim _{M \rightarrow \infty}\left(1-\frac{\Gamma \Delta t}{M}\right)^{M}=e^{-\Gamma \Delta t} \tag{17.171}
\end{equation*}
$$

We are being cavalier in slinging around factors of $d t$, but our manipulations here are equivalent to the "correct" approach of using finite, small subintervals $\delta t$, where we neglect $n$ compared to $\Delta t / \delta t$, and we neglect the probability that two events end up in the same subinterval. Both of these approximations are appropriate (and exact) in the continuum limit. The total probability is thus

$$
\begin{align*}
P(n) & =(\Gamma d t)^{n}\left(\frac{\Delta t}{d t}\right)^{n} \frac{1}{n!} e^{-\Gamma \Delta t} \\
& =\frac{e^{-\Gamma \Delta t}(\Gamma \Delta t)^{n}}{n!}  \tag{17.172}\\
& =\frac{e^{-\lambda} \lambda^{n}}{n!}
\end{align*}
$$

which is the Poisson distribution, where again the mean is $\lambda=\Gamma \Delta t$. Thus, the Poisson distribution results when there are many "trials" (short time intervals), where there is a vanishingly small probability of "success" (an event occurrence) in each trial.

### 17.5.2 Non-Homogeneous Poisson Process

In general, the rate $\Gamma$ of event occurence may depend on time, either explicitly or via dependence on the state $y(t)$ of the system. We can handle this by noting that according to our construction for the Poisson distribution above, then if $X_{1}$ and $X_{2}$ are Poisson-distributed random variables with means $\lambda_{1}$ and $\lambda_{2}$, then $X_{1}+X_{2}$ is a Poisson random variable of mean $\lambda_{1}+\lambda_{2}$. This statement amounts to agglomerating two adjacent time intervals of different duration in the above derivation of the Poisson distribution. Then if $\Gamma$ is time-dependent, we can subdivide the interval $[t, t+\Delta t)$ into sufficiently fine increments such that $\Gamma$ is constant over each increment, and sum them to find that the number of events occuring in the interval $[t, t+\Delta t)$ is still a Poisson variable with mean

$$
\bar{\lambda}=\int_{t}^{t+\Delta t} \Gamma\left(t^{\prime}\right) d t^{\prime}
$$

(non-homogeneous Poisson process: mean)

The variance is also of course just $\bar{\lambda}$. Similarly, any dependence of $\Gamma$ on $y(t)$ is effectively a time dependence and can be treated in the same way.

### 17.5.3 White-Noise Limit

Consider the scaled Poisson process

$$
\begin{equation*}
d y=\frac{d N}{\sqrt{\Gamma}} \tag{17.174}
\end{equation*}
$$

where

$$
\begin{equation*}
\langle\langle d N\rangle\rangle=\Gamma d t \tag{17.175}
\end{equation*}
$$

It may be that in a given system, the rate $\Gamma$ of Poisson events is much faster than the processes of physical interest. In such a case, we can ignore the discreteness of the events, and coarse-grain the dynamics to approximate the Poisson events by white noise. Note in particular that the mean of $d y$ is

$$
\begin{equation*}
\langle\langle d y\rangle\rangle=\frac{\langle\langle d N\rangle\rangle}{\sqrt{\Gamma}}=\sqrt{\Gamma} d t \tag{17.176}
\end{equation*}
$$

while the variance is

$$
\begin{equation*}
\left\langle\left\langle(d y)^{2}\right\rangle\right\rangle=\frac{\left\langle\left\langle d N^{2}\right\rangle\right\rangle}{\Gamma}=\frac{\langle\langle d N\rangle\rangle}{\Gamma}=d t . \tag{17.177}
\end{equation*}
$$

Thus, if events occur rapidly on time scales of interest - that is, we only measure $\Delta y$ over time intervals $\Delta t \gg 1 / \Gamma$, by the central limit theorem, we may effectively regard dy as a Gaussian random variable of mean $\sqrt{\Gamma} d t$ and variance $d t$. In particular, the Poisson process corresponds to a random walk of steps of length $\sqrt{\Gamma}$, in one direction only, taken at random times, as we can see by writing

$$
\begin{equation*}
y(t)=\frac{1}{\sqrt{\Gamma}} \int_{0}^{t} d N\left(t^{\prime}\right)=\frac{1}{\sqrt{\Gamma}} \int_{0}^{t} \frac{d N\left(t^{\prime}\right)}{d t^{\prime}} d t^{\prime} \tag{17.178}
\end{equation*}
$$

and recalling from Eq. (17.168) that $d N / d t$ is a sum of delta functions. After many events, the result is the same as a biased random walk, and the central limit theorem again guarantees an asymptotic Gaussian probability density. In this limit, it thus is a good approximation to write

$$
\begin{equation*}
d y=\sqrt{\Gamma} d t+d W \tag{17.179}
\end{equation*}
$$

Thus, in the limit where Poisson events occur at a very large rate $\Gamma$, we can make the formal replacement

$$
\begin{equation*}
d N \longrightarrow \Gamma d t+\sqrt{\Gamma} d W \tag{17.180}
\end{equation*}
$$

to approximate the Poisson process with a mean drift plus white noise.

### 17.5.3.1 Shot Noise

As an example, let's consider shot noise of an electrical current. Let $Q$ denote the total charge that has crossed a certain point along a wire. The current is given by

$$
\begin{equation*}
I=\frac{d Q}{d t} \tag{17.181}
\end{equation*}
$$

so that

$$
\begin{equation*}
d Q=I d t \tag{17.182}
\end{equation*}
$$

We will model the current as a stream of independent electrons of charge $-e$ with Poisson arrival times, so that

$$
\begin{equation*}
d Q=-e d N \tag{17.183}
\end{equation*}
$$

with $\langle\langle d N\rangle\rangle=\Gamma d t$ as usual. Then equating the two expression for $d Q$, we find

$$
\begin{equation*}
I d t=-e d N \tag{17.184}
\end{equation*}
$$

The mean current is then given by taking the ensemble average of this relation, so that

$$
\begin{equation*}
\langle\langle I\rangle\rangle=-e \Gamma . \tag{17.185}
\end{equation*}
$$

Frequencies of interest for measuring electrical currents generally range from ns to s , whereas $\Gamma \sim 10^{19} \mathrm{~s}^{-1}$. Thus, the white-noise approximation is quite appropriate, and thus

$$
\begin{align*}
d Q & \approx-e \Gamma d t-e \sqrt{\Gamma} d W \\
& =\langle\langle I\rangle\rangle d t+\frac{\langle\langle I\rangle\rangle}{\sqrt{\Gamma}} d W  \tag{17.186}\\
& =\langle\langle I\rangle\rangle d t-\sqrt{|e\langle\langle I\rangle\rangle|} d W .
\end{align*}
$$

Thus, we see that due simply to the discreteness of charge, a mean current $\langle\langle I\rangle\rangle$ is accompanied by white noise of amplitude

$$
\begin{equation*}
\frac{|\langle\langle I\rangle\rangle|}{\sqrt{\Gamma}}=\sqrt{|e\langle\langle I\rangle\rangle|} . \tag{17.187}
\end{equation*}
$$

Note that the SI units of the current noise amplitude are in $\mathrm{A} / \sqrt{\mathrm{Hz}}$, since when multiplied by $d W / d t$, which has dimensions $1 / \sqrt{\mathrm{s}}$, the noise amplitude takes the dimensions of current. The alternate way to view this is that physically, the noise is always bandwidth-limited (as in the $R C$ model of the Ornstein-Uhlenbeck process), and so the filtered noise amplitude is given by multiplying the above noise amplitude by the square root of the circuit bandwidth. More explicitly, the above white noise corresponds to a uniform spectral density of signal power. According to Eq. (17.119), an input signal $\alpha \xi(t)$ corresponds to rms fluctutations of $\alpha \sqrt{\gamma / 2}$ at the output of a low-pass filter. Thus, the rms current fluctuation through a low-pass filter due to shot noise is given by

$$
\begin{equation*}
\delta I_{\mathrm{rms}}=\sqrt{|e\langle\langle I\rangle\rangle|} \sqrt{\frac{\gamma}{2}}, \tag{17.188}
\end{equation*}
$$

where $\gamma=1 / R C$ is the angular cutoff frequency for the low-pass filter. The equivalent-power bandwidth $\Delta \nu$ is defined as the bandwidth of the "brick wall" filter (with flat response up to a sudden cutoff at frequency $\Delta \nu$, where $\Delta \nu$ is a frequency in Hz , not an angular frequency). The low-pass filter function for power transmission is (up to a constant factor, set by requiring the dc transmission to unity) the Fourier transform of the Ornstein-Uhlenbeck correlation function $e^{-\gamma \tau}$, so that we may write the transmission function as

$$
\begin{equation*}
T(\omega)=\frac{\gamma^{2}}{\gamma^{2}+\omega^{2}} \tag{17.189}
\end{equation*}
$$

Obviously, $\gamma$ is the (angular) " 3 dB " frequency, or the frequency where the transmission drops to $1 / 2$ the dc value:

$$
\begin{equation*}
f_{3 \mathrm{~dB}}=\frac{\gamma}{2 \pi} \tag{17.190}
\end{equation*}
$$

Since

$$
\begin{equation*}
\int_{0}^{\infty} T(\omega) d \omega=\frac{\pi}{2} \gamma=2 \pi \Delta \nu \tag{17.191}
\end{equation*}
$$

where the second result applies to the brick-wall filter, we can write

$$
\begin{equation*}
\Delta \nu=\frac{\gamma}{4}=\frac{\pi}{2} f_{3 \mathrm{~dB}} \tag{17.192}
\end{equation*}
$$

and thus the shot-noise magnitude is

$$
\begin{equation*}
\delta I_{\mathrm{rms}}=\sqrt{2 \Delta \nu|e\langle\langle I\rangle\rangle|} . \tag{17.193}
\end{equation*}
$$

This expression applies to filters beyond the low-pass filter, so long as the appropriate equivalent-power bandwidth is used in this relation. Thus, a 1 A average current detected in a 1 MHz bandwidth has an rms noise current of $0.57 \mu \mathrm{~A}$, a fluctuation at under the ppm level. Shot noise clearly gets much worse for smaller currents: for the same bandwidth, an average current of $1 \mu \mathrm{~A}$ has fluctuations of 0.57 nA rms , or $0.057 \%$ relative noise, and an average current of 1 pA has fluctuations of 0.57 pA rms , or $57 \%$ relative noise. Note that this model assumes the independence of electrons, and gives an appropriate result, e.g., for semiconductor junctions, but not in metallic-wire circuits, where long-range correlations between electrons suppress shot noise. ${ }^{7}$ Essentially, this is just because of Coulomb interactions between electrons, which causes them to antibunch: in a conducting, crystalline lattice, it is energetically favorable to have two electrons in different lattice sites, as compared to having them occupy the same lattice site. Probabilities of seeing more than one electron pass in a metallic wire in a short time interval are thus suppressed compared to the Poissonian expectation.

Of course, we can adapt this result to the case of optical shot noise. Instead of an electrical current, we have a detected optical power $P$. We can treat the photon arrival times as independent in the case of coherent light (recall that in a coherent state the photon-number occupation probabilities are Poisson-distributed). The rms fluctuations for a mean optical power $\langle\langle P\rangle$ detected in an equivalent-power bandwidth $\Delta \nu$ are then given by

$$
\begin{equation*}
\delta P_{\mathrm{rms}}=\sqrt{2 \Delta \nu \hbar \omega\langle\langle P\rangle\rangle \mid}, \tag{17.194}
\end{equation*}
$$

(optical shot-noise amplitude)
where the photon energy $\hbar \omega$ plays the role of the electron charge. For 780 nm light in a 1 MHz detection bandwidth, a 1 W power has fluctutations of $0.71 \mu \mathrm{~W}$, less than the ppm level. For the same bandwidth, a $1 \mu \mathrm{~W}$ mean power has fluctuations of $0.71 \mathrm{nW}(0.071 \%)$, and a 1 pW mean power has fluctuations of $0.71 \mathrm{pW}(71 \%)$. Of course, the relative fluctuations will be even larger for thermal (bunched) light, and smaller for antibunched light (nonclassical light, as for resonance fluorenscence of a two-level atom).

### 17.6 Stochastic Boundary-Value Problems: Brownian Bridges

We have already studied the formalism to handle the simple stochastic differential equation

$$
\begin{equation*}
d y=d W, \tag{17.195}
\end{equation*}
$$

for which the solution is $y(t)=W(t)$. up to an arbitrary additive constant. (Recall that this is the same in either Itō or Stratonovich calculus, since the noise is additive.) However, suppose we add the additional constraints $y(0)=y(1)=0$, and we want the solution $y(t)$ for $t \in[0,1]$. The $y(0)=0$ constraint is not a problem, as it defines the initial condition of the problem. But the final condition $y(1)=0$ is considerably more difficult, as $W(t)$ in general tends to wander away from zero. However, a (vanishingly) small subset of solutions obey this final condition, so in principle we could simulate many possible realizations of $W(t)$, and discard them until we find one that returns sufficiently close to zero at $t=1$. This kind of constrained random walk, or "stochastic loop", comes up for example in quantum field theory ${ }^{8}$ This problem is also a nice example, showing an alternate approach to solving stochastic equations.

One simple guess at a solution is simply to force a regular Wiener path $W(t)$ back to its initial point by subtracting off its final value $W(t=1)$, where the subtraction is pro-rated over the loop:

$$
\begin{equation*}
y(t):=W(t)-t W(1) . \tag{17.196}
\end{equation*}
$$

(Brownian bridge)
This is called a Brownian bridge, and somewhat surprisingly, this solution satisfies the conditions above for our constrained Wiener loop (with some cautions). This is something like viewing a Wiener path $W(t)$ as composed of a linear drift to a final destinations plus fluctuations about zero, and then subtracting off the drift.

[^236]To see that this is the case, first we note that $B(t)$ is still a Gaussian random variable, since it is a linear combination of $W(t)$ and $W(1)$, both of which are random variables. Because $\langle W(t)\rangle=0$, we must also have $\langle y(t)\rangle=0$. Thus, we must only check the variance of the increments to establish that $y(t)$ is a proper Wiener process. Dividing the unit time interval into $N$ increments, with time steps $\Delta t=1 / N$, with points $y_{n}:=y(n \Delta t)$ and increments $\Delta y_{n}:=y_{n+1}-y_{n}$, then we will work with

$$
\begin{equation*}
\Delta y_{n}=\Delta W_{n}-\Delta t W(1) \tag{17.197}
\end{equation*}
$$

Using

$$
\begin{align*}
\operatorname{Var}[X+Y] & =\left\langle(X+Y)^{2}\right\rangle-\langle X+Y\rangle^{2} \\
& =\left\langle X^{2}\right\rangle+\left\langle X^{2}\right\rangle+2\langle X Y\rangle-\langle X\rangle^{2}+\langle Y\rangle^{2}+2\langle X\rangle\langle Y\rangle  \tag{17.198}\\
& =\operatorname{Var}[X]+\operatorname{Var}[Y]+2 \operatorname{Cov}[X, Y],
\end{align*}
$$

we can compute the variance as

$$
\begin{align*}
\operatorname{Var}\left[\Delta y_{n}\right] & =\operatorname{Var}\left[\Delta W_{n}\right]+(\Delta t)^{2} \operatorname{Var}[W(1)]-2 \Delta t \operatorname{Cov}\left[\Delta W_{n}, W(1)\right] \\
& =\Delta t+(\Delta t)^{2}-2(\Delta t)^{2}  \tag{17.199}\\
& =\Delta t-(\Delta t)^{2}
\end{align*}
$$

where $\operatorname{Var}[W(1)]=1$ and $\operatorname{Var}\left[\Delta W_{n}\right]=\Delta t$. This means that $\operatorname{Var}[d y]=d t$, since $d t^{2}=0$, and so we have the statistics of Wiener noise. Notice that the subtraction of the drift did skew the statistics, but by a negligible amount in the continuum limit because the fluctuations become comparatively large. Therefore one should be careful with a naïve discretization of Eq. (17.196),

$$
\begin{equation*}
y_{n}=\sum_{j=1}^{n} \Delta W_{j}-\frac{n}{N} \sum_{j=1}^{N} \Delta W_{j}=\frac{1}{\sqrt{N}} \sum_{j=1}^{n} z_{j}-\frac{n}{N^{3 / 2}} \sum_{j=1}^{N} z_{j}, \tag{17.200}
\end{equation*}
$$

where $z_{j}$ are independent, unit-normal random deviates. This "algorithm" generates loops with increments that have variance smaller than $1 / N$ by a factor $(N-1) / N$, so really the entire loop should then be rescaled by $N /(N-1)$. As a coordinate transformation, this discretization is also somewhat pathological in mapping $N$ independent coordinates $z_{j}$ to $N-1$ independent coordinates $y_{n}$ (see Problem 17.5). Below we will consider another algorithm that generates a Brownian bridge without these issues.

Note that by the above argument, we can add any finite, deterministic function to a Wiener process and still obtain a Wiener process. Thus, for example, we can define

$$
\begin{equation*}
y_{a \rightarrow b}(t):=a+t(b-a)+W(t)-t W(1) \tag{17.201}
\end{equation*}
$$

(Brownian bridge from $a$ to $b$ )
to be a Brownian bridge that connects $a$ to $b$ over the time interval from 0 to 1 . (Other time intervals are possible by shifting and scaling the time variable.) A closely related property is that the Brownian bridge $W(t)-t W(1)$ is independent of $W(1)$, as we can see by computing the correlation function

$$
\begin{equation*}
\langle\langle[W(t)-t W(1)] W(1)\rangle\rangle=\left\langle\left\langle W(t) W(1)-t W^{2}(1)\right\rangle\right\rangle=t-t=0 \tag{17.202}
\end{equation*}
$$

This is the continuous version of the coordinate-transform pathology in the discrete case that we noted above. This independence - along with our ability to stretch Wiener paths to create other Wiener paths-has an important meaning. A particular Wiener path $W(t)$ that wanders to $W(t=1)$ is possible with a Gaussian probability density in $W(1)$, so that in particular, large excursions are unlikely. However, once a particular value of $W(1)$ is stipulated, the possible paths are essentially Brownian bridges $y(t)$ that return to the initial point at $t=1$, but with a uniform-velocity drift to $W(1)$. Even if a peculiarly large value of the overall drift $W(1)$ is stipulated, by far the most likely way to accomodate this is to distribute the drift uniformly over the whole time interval.

Finally, we can examine the fluctuations of the (loop-style) Brownian bridge,

$$
\begin{align*}
\operatorname{Var}[y(t)] & =\operatorname{Var}[W(t)-t W(1)] \\
& =\operatorname{Var}[W(t)]+t^{2} \operatorname{Var}[W(1)]-2 t \operatorname{Cov}[W(t), W(1)]  \tag{17.203}\\
& =t+t^{2}-2 t^{2}
\end{align*}
$$

so that we find

$$
\begin{equation*}
\operatorname{Var}[y(t)]=t(1-t) \tag{17.204}
\end{equation*}
$$

(variance of Brownian bridge)
Thus, the bridge fluctuates most when it is farthest away from either fixed endpoint, which is sensible.

### 17.6.1 Finite Loop Generation: Homogeneous Case

Here we will consider generating a finite numerical approximation ${ }^{9}$ to a closed Wiener path in a more direct way than before. If we again divide the loop into $N$ increments, then we have time steps

$$
\begin{equation*}
\Delta t=\frac{1}{N} \tag{17.205}
\end{equation*}
$$

and the points $y_{n}:=y(n \Delta t)$, for consistency with Eq. (17.195), must be such that $y_{n+1}-y_{n}$ is a normally distributed random variable of zero mean and variance $\Delta t=1 / N$. Thus we have the multidimensional probability density

$$
\begin{equation*}
P\left(y_{1}, \ldots, y_{N-1}\right) \propto \exp \left[-\frac{N}{2}\left(\sum_{j=1}^{N}\left(y_{j}-y_{j-1}\right)^{2}\right)\right] \tag{17.206}
\end{equation*}
$$

where by construction $y_{0}=0$ and $y_{N}=0$ are not dependent variables. We will proceed by a coordinate transformation, changing variables to obtain an standard normal Gaussian distribution in every dimension. First, consider the sum in the exponent, which we may write as

$$
\begin{align*}
\sum_{j=1}^{N}\left(y_{j}-y_{j-1}\right)^{2} & =\sum_{j=2}^{N-1}\left(y_{j}-y_{j-1}\right)^{2}+y_{1}^{2}+y_{N-1}^{2}  \tag{17.207}\\
& =2 y_{1}^{2}-2 y_{1} y_{2}+2 y_{2}^{2}-2 y_{2} y_{3}+2 y_{3}^{2}+\cdots+y_{N-2}^{2}-2 y_{N-2} y_{N-1}+2 y_{1}^{2}
\end{align*}
$$

Now separating out the $y_{1}$ dependence of the exponent,

$$
\begin{align*}
\sum_{j=1}^{N}\left(y_{j}-y_{j-1}\right)^{2} & =2\left(y_{1}-\frac{1}{2} y_{2}\right)^{2}+\frac{3}{2} y_{2}^{2}-2 y_{2} y_{3}+2 y_{3}^{2}+\cdots+y_{N-2}^{2}-2 y_{N-2} y_{N-1}+2 y_{1}^{2}  \tag{17.208}\\
& =y_{1}^{\prime 2}+\frac{3}{2} y_{2}^{2}-2 y_{2} y_{3}+2 y_{3}^{2}+\cdots+y_{N-2}^{2}-2 y_{N-2} y_{N-1}+2 y_{1}^{2}
\end{align*}
$$

where we completed the square of $y_{1}$, and we defined the transformed coordinate

$$
\begin{equation*}
y_{1}^{\prime}:=\sqrt{2}\left(y_{1}-\frac{1}{2} y_{2}\right), \tag{17.209}
\end{equation*}
$$

which encompasses all the dependence on $y_{1}$, and enters in the exponent to give a normally distributed random variable with zero mean and variance $1 / N$. We now continue to complete squares and factor out

[^237]the dependence on $y_{2}, y_{3}$, and so on. At the $n$th step, we have
\[

$$
\begin{align*}
\sum_{j=1}^{N}\left(y_{j}-y_{j-1}\right)^{2}= & y_{1}^{\prime 2}+\cdots+y_{n-1}^{\prime 2}+c_{n} y_{n}^{2}-2 y_{n} y_{n+1}+y_{n+1}^{2}+\cdots+y_{N-2}^{2}-2 y_{N-2} y_{N-1}+2 y_{1}^{2} \\
= & y_{1}^{\prime 2}+\cdots+y_{n-1}^{\prime 2} \\
& \quad+c_{n}\left(y_{n}-\frac{1}{c_{n}} y_{n+1}\right)^{2}+\left(2-\frac{1}{c_{n}}\right) y_{n+1}^{2}+\cdots+y_{N-2}^{2}-2 y_{N-2} y_{N-1}+2 y_{1}^{2} \\
= & y_{1}^{\prime 2}+\cdots+y_{n}^{\prime 2}+c_{n+1} y_{n+1}^{2}+\cdots+y_{N-2}^{2}-2 y_{N-2} y_{N-1}+2 y_{1}^{2} \tag{17.210}
\end{align*}
$$
\]

where in the basis step above we began with $c_{1}=2$, and we have defined

$$
\begin{equation*}
c_{n+1}:=\left(2-\frac{1}{c_{n}}\right) \tag{17.211}
\end{equation*}
$$

and

$$
\begin{equation*}
y_{n+1}^{\prime}:=\sqrt{c_{n}}\left(y_{n}-\frac{1}{c_{n}} y_{n+1}\right) . \tag{17.212}
\end{equation*}
$$

This has the same form as the $(n+1)$ th step, which inductively completes all the squares. With these variables, the probability distribution is

$$
\begin{equation*}
P\left(y_{1}^{\prime}, \ldots, y_{N-1}^{\prime}\right) \propto \exp \left[-\frac{N}{2}\left(\sum_{j=1}^{N-1} y_{j}^{\prime 2}\right)\right] \tag{17.213}
\end{equation*}
$$

so that again the $y_{j}^{\prime}$ are independent, Gaussian random numbers of zero mean and variance $1 / N$. These can be chosen independently, and Eq. (17.212) can be solved to give $y_{n}$ in terms of $y_{n}^{\prime}$ and $y_{n+1}$ :

$$
\begin{equation*}
y_{n}=\frac{y_{n}^{\prime}}{\sqrt{c_{n}}}+\frac{y_{n+1}}{c_{n}} \tag{17.214}
\end{equation*}
$$

Thus, the loop coordinates should be generated in a backwards recurrence, given the forward recurrence for the coefficients $c_{n}$. This is even more conveniently given in terms of standard-normal deviates $z_{j}$, which can replace the $y_{j}^{\prime}$ :

$$
\begin{equation*}
y_{n}=\frac{z_{n}}{\sqrt{N c_{n}}}+\frac{y_{n+1}}{c_{n}} \tag{17.215}
\end{equation*}
$$

Note also that the recurrence (17.211) has the solution

$$
\begin{equation*}
c_{n}:=\frac{n+1}{n} \tag{17.216}
\end{equation*}
$$

These relations give the loop directly in terms of easily generated deviates $z_{n}$.
Note that in principle we must also involve the Jacobian determinant of the coordinate transformation from $y_{j}$ to $y_{j}^{\prime}$. Effectively, we have taken the exponent (17.207), which we can write as a quadratic form as

$$
\begin{equation*}
\sum_{j=1}^{N}\left(y_{j}-y_{j-1}\right)^{2}=y_{a} A_{a b} y_{b} \tag{17.217}
\end{equation*}
$$

where $\left(A_{a b}\right)$ is a square, tridiagonal matrix of dimension $N-1$ with a twos along the diagonal and ones for every other nonzero element. Since the matrix is symmetric, it is diagonalized by an orthogonal transformation $\left(P_{a b}\right)$, so that $y_{a} A_{a b} y_{b}=y_{a}^{\prime} D_{a b} y_{b}^{\prime}$, where $\left(D_{a b}\right)$ is diagonal (and in fact has only one nonzero eigenvalue, whose value is $N-1$ ), and $y_{a}^{\prime}:=P_{a b} y_{b}$. We have effectively performed this diagonalization in constructing the above recurrence relations. Notice then that the Jacobian determinant is just the determinant of $\left(P_{a b}\right)$, which is just a constant factor that only affects the normalization of the probability density. Thus, we have justified our coordinate transformation to a new Gaussian distribution.

To summarize, the algorithm is, to generate a stochastic loop of $N$ points $y_{1}, \ldots y_{N}$, where $y_{0}=y_{N}=0$ :

1. Generate standard normal random numbers (zero mean, unit variance) $z_{n}$ from $n=1, \ldots, N-1$.
2. Generate the positions $y_{n}$ for $n=N, \ldots, 1$, according to the backwards recurrence

$$
\begin{align*}
y_{N} & =0 \\
y_{n} & =z_{n} \sqrt{\frac{n}{N(n+1)}}+\left(\frac{n}{n+1}\right) y_{n+1} . \tag{17.218}
\end{align*}
$$

This gives a simulated realization of a closed, stochastic loop.

### 17.6.2 Finite Loop Generation: Inhomogeneous Case

A slightly more complicated case arises when we allow for time-dependent drift and diffusion rates, according to

$$
\begin{equation*}
d y(t)=\alpha(t) d t+\sigma(t) d W(t) \tag{17.219}
\end{equation*}
$$

and again impose the boundary condition $y(1)=y(0)$. We will treat this SDE as an Itō SDE for the purposes of finite differences, but strictly speaking this shouldn't matter since the noise is still additive. In finite form, we have the multivariate probability density

$$
\begin{equation*}
P\left(y_{1}, \ldots, y_{N-1}\right) \propto \exp \left[-\frac{N}{2}\left(\sum_{j=1}^{N} \frac{\left(y_{j}-y_{j-1}-\alpha_{j-1} / N\right)^{2}}{\sigma_{j-1}^{2}}\right)\right] \tag{17.220}
\end{equation*}
$$

where again by construction $y_{0}=0$ and $y_{N}=0$ are not dependent variables. We now thus have the exponent sum

$$
\begin{align*}
\sum_{j=1}^{N} \frac{\left(y_{j}-y_{j-1}-\alpha_{j-1} / N\right)^{2}}{\sigma_{j-1}^{2}} & =\frac{\left(y_{1}-\alpha_{0} / N\right)^{2}}{\sigma_{0}^{2}}+\frac{\left(y_{2}-y_{1}-\alpha_{1} / N\right)^{2}}{\sigma_{1}^{2}}+\sum_{j=3}^{N} \frac{\left(y_{j}-y_{j-1}-\alpha_{j-1} / N\right)^{2}}{\sigma_{j-1}^{2}} \\
& =\frac{\bar{y}_{1}^{2}}{\sigma_{0}^{2}}+\frac{\left(y_{2}-\bar{y}_{1}-\alpha_{1} / N-\alpha_{0} / N\right)^{2}}{\sigma_{1}^{2}}+\sum_{j=3}^{N} \frac{\left(y_{j}-y_{j-1}-\alpha_{j-1} / N\right)^{2}}{\sigma_{j-1}^{2}} \tag{17.221}
\end{align*}
$$

where we have defined

$$
\begin{equation*}
\bar{y}_{1}:=y_{1}-\frac{\alpha_{0}}{N} \tag{17.222}
\end{equation*}
$$

in order to begin eliminating the mean drifts. Continuing in this process, we have

$$
\begin{equation*}
\sum_{j=1}^{N} \frac{\left(y_{j}-y_{j-1}-\alpha_{j-1} / N\right)^{2}}{\sigma_{j-1}^{2}}=\frac{\bar{y}_{1}}{\sigma_{0}^{2}}+\frac{\left(\bar{y}_{2}-\bar{y}_{1}\right)^{2}}{\sigma_{1}^{2}}+\cdots+\frac{\left(\bar{y}_{N}-\bar{y}_{N-1}\right)^{2}}{\sigma_{N-1}^{2}} \tag{17.223}
\end{equation*}
$$

where

$$
\begin{equation*}
\bar{y}_{n}:=y_{n}-\frac{1}{N} \sum_{j=0}^{n-1} \alpha_{j}, \quad n \in 1, \ldots, N \tag{17.224}
\end{equation*}
$$

again remembering $y_{N}=0$. Completing the first square as before,

$$
\begin{align*}
\sum_{j=1}^{N} \frac{\left(y_{j}-y_{j-1}-\alpha_{j-1} / N\right)^{2}}{\sigma_{j-1}^{2}}= & \left(\frac{1}{\sigma_{0}^{2}}+\frac{1}{\sigma_{1}^{2}}\right) \bar{y}_{1}^{2}-\frac{2 \bar{y}_{1} \bar{y}_{2}}{\sigma_{1}^{2}}+\frac{\bar{y}_{2}^{2}}{\sigma_{1}^{2}}+\frac{\left(\bar{y}_{3}-\bar{y}_{2}\right)^{2}}{\sigma_{2}^{2}}+\cdots+\frac{\left(\bar{y}_{N}-\bar{y}_{N-1}\right)^{2}}{\sigma_{N-1}^{2}} \\
= & \left(\frac{\sigma_{0}^{2}+\sigma_{1}^{2}}{\sigma_{0}^{2} \sigma_{1}^{2}}\right)\left[\bar{y}_{1}-\left(\frac{\sigma_{0}^{2}}{\sigma_{0}^{2}+\sigma_{1}^{2}}\right) \bar{y}_{2}\right]^{2}+\left[\frac{1}{\sigma_{1}^{2}}-\frac{\sigma_{0}^{2}}{\sigma_{1}^{2}\left(\sigma_{0}^{2}+\sigma_{1}^{2}\right)}\right] \bar{y}_{2}^{2}  \tag{17.225}\\
& +\frac{\left(\bar{y}_{3}-\bar{y}_{2}\right)^{2}}{\sigma_{2}^{2}}+\cdots+\frac{\left(\bar{y}_{N}-\bar{y}_{N-1}\right)^{2}}{\sigma_{N-1}^{2}} \\
= & y_{1}^{\prime 2}+\left[\frac{1}{\sigma_{1}^{2}}-\frac{\sigma_{0}^{2}}{\sigma_{1}^{2}\left(\sigma_{0}^{2}+\sigma_{1}^{2}\right)}\right] \bar{y}_{2}^{2}+\frac{\left(\bar{y}_{3}-\bar{y}_{2}\right)^{2}}{\sigma_{2}^{2}}+\cdots+\frac{\left(\bar{y}_{N}-\bar{y}_{N-1}\right)^{2}}{\sigma_{N-1}^{2}}
\end{align*}
$$

where we have defined

$$
\begin{equation*}
y_{1}^{\prime}:=\sqrt{\left(\frac{\sigma_{0}^{2}+\sigma_{1}^{2}}{\sigma_{0}^{2} \sigma_{1}^{2}}\right)}\left[\bar{y}_{1}-\left(\frac{\sigma_{0}^{2}}{\sigma_{0}^{2}+\sigma_{1}^{2}}\right) \bar{y}_{2}\right] . \tag{17.226}
\end{equation*}
$$

At the $n$th stage of completing the square, we must handle terms of the form

$$
\begin{align*}
c_{n} \bar{y}_{n}^{2}-\frac{2 \bar{y}_{n} \bar{y}_{n+1}}{\sigma_{n}^{2}}+\left(\frac{1}{\sigma_{n}^{2}}+\frac{1}{\sigma_{n+1}^{2}}\right) \bar{y}_{n+1}^{2} & =c_{n}\left(\bar{y}_{n}-\frac{1}{c_{n} \sigma_{n}^{2}} \bar{y}_{n+1}\right)^{2}+\left(\frac{1}{\sigma_{n}^{2}}+\frac{1}{\sigma_{n+1}^{2}}-\frac{1}{c_{n} \sigma_{n}^{4}}\right) \bar{y}_{n+1}^{2}  \tag{17.227}\\
& =y_{n}^{\prime 2}+c_{n+1} \bar{y}_{n+1}^{2}
\end{align*}
$$

where we have defined the decoupled square

$$
\begin{equation*}
y_{n}^{\prime}:=\sqrt{c_{n}}\left(\bar{y}_{n}-\frac{1}{c_{n} \sigma_{n}^{2}} \bar{y}_{n+1}\right) \tag{17.228}
\end{equation*}
$$

and the recursion

$$
\begin{equation*}
c_{n+1}=\frac{1}{\sigma_{n}^{2}}+\frac{1}{\sigma_{n+1}^{2}}-\frac{1}{c_{n} \sigma_{n}^{4}} \tag{17.229}
\end{equation*}
$$

thus inductively completing all the squares. Again, the $y_{n}^{\prime}$ are Gaussian numbers, such that we may solve to find the shifted positions

$$
\begin{equation*}
\bar{y}_{n}=\frac{y_{n}^{\prime}}{\sqrt{c_{n}}}+\frac{1}{c_{n} \sigma_{n}^{2}} \bar{y}_{n+1} \tag{17.230}
\end{equation*}
$$

or in terms of standard-normal deviates,

$$
\begin{equation*}
\bar{y}_{n}=\frac{z_{n}}{\sqrt{N c_{n}}}+\frac{1}{c_{n} \sigma_{n}^{2}} \bar{y}_{n+1} \tag{17.231}
\end{equation*}
$$

Then solving Eq. (17.224),

$$
\begin{equation*}
y_{n}=\bar{y}_{n}+\frac{1}{N} \sum_{j=0}^{n-1} \alpha_{j} \tag{17.232}
\end{equation*}
$$

we find the actual loop positions.
To summarize, the algorithm is, to generate a stochastic loop of $N$ points $y_{1}, \ldots y_{N}$, where $y_{0}=y_{N}=0$ :

1. Begin with means $\alpha_{n}$ and standard-deviations $\sigma_{n}$ for $n \in 0, \ldots, N=1$.
2. Generate the coefficients $c_{n}$ for $n=1, \ldots, N-1$, according to the recurrence

$$
\begin{equation*}
c_{1}=\frac{1}{\sigma_{0}^{2}}+\frac{1}{\sigma_{1}^{2}}, \quad c_{n+1}=\frac{1}{\sigma_{n}^{2}}+\frac{1}{\sigma_{n+1}^{2}}-\frac{1}{c_{n} \sigma_{n}^{4}} . \tag{17.233}
\end{equation*}
$$

If many loops are to be generated, these coefficients only need to be generated once.
3. Generate standard normal random numbers (zero mean, unit variance) $z_{n}$ from $n=1, \ldots, N-1$.
4. Generate the shifted positions $\bar{y}_{n}$ for $n=N, \ldots, 1$, according to the backwards recurrence

$$
\begin{align*}
\bar{y}_{N} & =-\sum_{j=0}^{N-1} \alpha_{j}  \tag{17.234}\\
\bar{y}_{n} & =\frac{z_{n}}{\sqrt{N c_{n}}}+\frac{\bar{y}_{n+1}}{c_{n} \sigma_{n}^{2}} .
\end{align*}
$$

5. Generate the loop positions $y_{n}$ for $n=1, \ldots, N$, using

$$
\begin{equation*}
y_{n}=\bar{y}_{n}+\frac{1}{N} \sum_{j=0}^{n-1} \alpha_{j} \tag{17.235}
\end{equation*}
$$

This gives a simulated realization of a closed, stochastic loop with nonuniform drift and diffusion. Note that a loop with constant $\alpha(t) \neq 0$ and $\sigma(t)=1$ is equivalent to the homogeneous loop in the previous section, owing to the conditioning.

### 17.7 Exercises

## Problem 17.1

The Black-Scholes model describes the time-dependence price $S$ of a stock according to the SDE

$$
\begin{equation*}
d S=S\left(\mu+\frac{\sigma^{2}}{2}\right) d t+S \sigma d W \tag{17.236}
\end{equation*}
$$

where $\mu$ represents the steady growth of the stock value, and $\sigma$ represents the stock volatility (which is assumed to be constant within this model). Show that

$$
\begin{equation*}
S(t)=S_{0} e^{\mu t+\sigma W(t)} \tag{17.237}
\end{equation*}
$$

satisfies the above SDE.

## Problem 17.2

By formally resumming the Taylor series expansion, compute $\exp (d N)$.

## Problem 17.3

Recall the Poisson distribution in terms of the single parameter $\lambda$ has the form

$$
\begin{equation*}
P(n)=\frac{e^{-\lambda} \lambda^{n}}{n!} \tag{17.238}
\end{equation*}
$$

where $n$ is a nonnegative integer. Also, suppose that $N$ is a Poisson-distributed random variable.
(a) Show that $P(n)$ is normalized.
(b) Show that $\langle N\rangle=\lambda$.
(c) Show that $\operatorname{Var}[N]=\lambda$.

## Problem 17.4

Consider a monochromatic field with added, white (Gaussian) frequency noise,

$$
\begin{equation*}
E^{(+)}(t)=E_{0}^{(+)} e^{-i \omega_{\mathrm{L}} t-i \phi(t)} \tag{17.239}
\end{equation*}
$$

so that the instantaneous frequency is

$$
\begin{equation*}
\frac{d \phi_{\mathrm{total}}}{d t}=\omega_{\mathrm{L}}+\frac{d \phi}{d t} \tag{17.240}
\end{equation*}
$$

where $\phi_{\text {total }}=\omega_{\mathrm{L}} t+\phi(t)$ is the total temporal phase, and the noisy phase is given in terms of a Wiener process by

$$
\begin{equation*}
d \phi(t)=\sqrt{\gamma} d W(t) \tag{17.241}
\end{equation*}
$$

Use the Wiener-Khinchin theorem to show that the spectrum is Lorentzian with full width at half maximum $\gamma$.

## Problem 17.5

Let $y(t)$ denote a Brownian bridge (i.e., $y(0)=y(1)=0$ ), and let $y_{0}, y_{1}, \ldots, y_{N}$ denote samples of $y(t)$, taken at times $t_{j}=j \Delta t=j / N$. (Note that $y_{0}=y_{N}=0$.) Consider the Gaussian path integral

$$
\begin{equation*}
I:=\int d y_{1} \ldots d y_{N-1} \exp \left[-\frac{N}{2}\left(\sum_{j=1}^{N}\left(y_{j}-y_{j-1}\right)^{2}\right)\right] . \tag{17.242}
\end{equation*}
$$

(a) Evaluate this integral by using the recurrence (17.214)

$$
\begin{equation*}
y_{n}=\frac{y_{n}^{\prime}}{\sqrt{c_{n}}}+\frac{y_{n+1}}{c_{n}} \tag{17.243}
\end{equation*}
$$

to decouple the integral into a product of Gaussian integrals.
(b) Use the $y(t)=W(t)-t W(1)$ construction of the Brownian bridge, along with the independence of $y(t)$ and $W(1)$, to evaluate this integral, to show the consistency of these approaches.

## Chapter 18

## Quantum Trajectories for Photodetection

### 18.1 Quantum Jumps and the Poisson Process

In deriving the unconditioned master equation for spontaneous emission in Section 11.5,

$$
\begin{equation*}
\partial_{t} \rho=-\frac{i}{\hbar}[H, \rho]+\Gamma \mathcal{D}[\sigma] \rho, \tag{18.1}
\end{equation*}
$$

(unconditioned master equation for spontaneous emission)
where the Lindblad superoperator $\mathcal{D}[\sigma] \rho$ is again given by

$$
\begin{equation*}
\mathcal{D}[c] \rho:=c \rho c^{\dagger}-\frac{1}{2}\left(c^{\dagger} c \rho+\rho c^{\dagger} c\right) \tag{18.2}
\end{equation*}
$$

(Lindblad superoperator)
we have explicitly ignored the state of the field by computing the partial trace. Now we will consider what happens when we measure it. In particular, we will assume that we make projective measurements of the field photon number in every mode, not distinguishing between photons in different modes. It is this extra interaction that will yield the continuous measurement of the atomic state.

From the relation

$$
\begin{equation*}
\partial_{t} \rho_{\mathrm{ee}}=-\Gamma \rho_{\mathrm{ee}} \tag{18.3}
\end{equation*}
$$

that we derived in the Weisskopf-Wigner treatment of spontaneous emission [Eq. (11.36)], the transition probability in a time interval of length $d t$ is $\Gamma \rho_{\mathrm{ee}} d t=\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle d t$, where we recall that $\sigma^{\dagger} \sigma=|\mathrm{e}\rangle\langle\mathrm{e}|$ is the excited-state projection operator. Then assuming an ideal detector that detects photons at all frequencies, polarizations, and angles, there are two possibilities during this time interval:

1. No photon detected. The detector does not "click" in this case, and this possibility happens with probability $1-\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle d t$. The same construction as above for the master equation carries through, so we keep the equations of motion for $\rho_{\mathrm{ee}}, \rho_{\mathrm{eg}}$, and $\rho_{\mathrm{ge}}$, where the last two are given by

$$
\begin{equation*}
\partial_{t} \rho_{\mathrm{ge}}=\left(i \omega_{0}-\frac{\Gamma}{2}\right) \rho_{\mathrm{ge}} \tag{18.4}
\end{equation*}
$$

However, we do not keep the same equation for $\rho_{\mathrm{gg}}$ : no photodetection implies that the atom does not return to the ground state. To see this, recall that the atom-field interaction Hamiltonian $H_{\text {AF }}$ in the rotating-wave approximation contains a term of the form $\sigma a^{\dagger}$. The only way for the atom to end up in the ground state (the action of $\sigma$ ) is for a photon to be created (the action of $a^{\dagger}$ ). So if no photon is detected, then $\sigma$ could not have acted on the atom. Thus, $\partial_{t} \rho_{\mathrm{gg}}=0$. This case is thus generated by the master equation

$$
\begin{equation*}
\partial_{t} \rho=-\frac{i}{\hbar}[H, \rho]-\frac{\Gamma}{2}\left[\sigma^{\dagger} \sigma, \rho\right]_{+} \tag{18.5}
\end{equation*}
$$

This equation is the same as the unconditioned equation (18.1), except for the $\sigma \rho \sigma^{\dagger}$ term, which is precisely what we argued should be omitted. This evolution is unnormalized since $\operatorname{Tr}[\rho]$ decays to zero at long times. We can remedy this by explicitly renormalizing the state $\rho(t+d t)$, which gives

$$
\begin{equation*}
\partial_{t} \rho=-\frac{i}{\hbar}[H, \rho]-\frac{\Gamma}{2}\left[\sigma^{\dagger} \sigma, \rho\right]_{+}+\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle \rho . \tag{18.6}
\end{equation*}
$$

This follows from adding an extra term to the master equation to satisfy the normalization $\operatorname{Tr}[\rho]=1$, which implies $d \operatorname{Tr}[\rho]=\operatorname{Tr}[d \rho]=0$.
2. Photon detected. A click on the photodetector occurs with probability $\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle d t$. Again, the interaction Hamiltonian $H_{\mathrm{AF}}$ in the rotating-wave approximation contains a term of the form $\sigma a^{\dagger}$, which tells us that photon creation (and subsequent detection) is accompanied by lowering of the atomic state. Thus, the evolution for this time interval is given by the reduction

$$
\begin{equation*}
\rho(t+d t)=\frac{\sigma \rho(t) \sigma^{\dagger}}{\left\langle\sigma^{\dagger} \sigma\right\rangle} \tag{18.7}
\end{equation*}
$$

We can write this in differential form as

$$
\begin{equation*}
d \rho=\frac{\sigma \rho \sigma^{\dagger}}{\left\langle\sigma^{\dagger} \sigma\right\rangle}-\rho \tag{18.8}
\end{equation*}
$$

so that $\rho$ is subtracted from itself, and is thus replaced by the first term, which is the lowered and renormalized density operator.

The overall evolution is stochastic, with either case occurring during a time interval $d t$ with the stated probabilities.

We can explicitly combine these two probabilities by using the Poisson process. In any given time interval $d t$, we define $d N$ such that it is unity with probability $\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle d t$ and zero otherwise. Thus, we can write the average over all possible photodetection histories as

$$
\langle\langle d N\rangle\rangle=\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle d t
$$

(instantaneous photodetection probability)
Now we can add the two above possible cases together, with a weighting factor of $d N$ for the second case, to obtain a stochastic master equation (SME):

$$
d \rho=-\frac{i}{\hbar}[H, \rho] d t-\frac{\Gamma}{2}\left[\sigma^{\dagger} \sigma, \rho\right]_{+} d t+\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle \rho d t+\left(\frac{\sigma \rho \sigma^{\dagger}}{\left\langle\sigma^{\dagger} \sigma\right\rangle}-\rho\right) d N
$$

(SME for direct photodetection) (18.10)
It is unnecessary to include a weighting factor of $(1-d N)$ for the first term, since $d N d t=0$. The evolution here is smooth, except punctuated by individual events where the density operator changes discontinuously to the ground state. We will refer to such events as quantum jumps. ${ }^{1}$

This SME gives the evolution of the quantum state conditioned on the results of the photodetection measurement. To see this explicitly, note that we can write the current from the idealized photodetector as

$$
\begin{equation*}
I_{\mathrm{det}}(t)=Q_{\mathrm{ph}} \frac{d N(t)}{d t} \tag{18.11}
\end{equation*}
$$

where $Q_{\mathrm{ph}}$ is the total charge conducted by the detector for each photon detection event (which we assume to be deterministic and perfectly repeatable). The current thus appears ideally as a sequence of random

[^238]delta functions representing the detected photons, and $d N$ is the same quantity that appears in the SME. We can thus write the SME directly in terms of the photocurrent as
$$
\frac{d \rho}{d t}=-\frac{i}{\hbar}[H, \rho]-\frac{\Gamma}{2}\left[\sigma^{\dagger} \sigma, \rho\right]_{+}+\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle \rho+\left(\frac{\sigma \rho \sigma^{\dagger}}{\left\langle\sigma^{\dagger} \sigma\right\rangle}-\rho\right) \tilde{I}_{\mathrm{det}}(t)
$$
(SME with measurement record) (18.12) where $\tilde{I}_{\mathrm{det}}(t):=I_{\mathrm{det}}(t) / Q_{\mathrm{ph}}$ is the scaled detector current. We can also refer to $\tilde{I}(t)$ as the measurement record, since it contains all the information from the measurement of the resonance fluorescence. The SME (18.12) thus shows how to incorporate the measurement record into the evolution of the quantum state - the observer's state of knowledge of the atomic system.

### 18.1.1 Ensemble Average

The ensemble average of the SME (18.10) follows from the ensemble average $\langle\langle d N\rangle\rangle$ from Eq. (18.9) and the statistical independence of $\rho(t)$ and $d N(t)$,

$$
\begin{equation*}
\langle\langle\rho d N\rangle\rangle=\langle\langle\rho\rangle\rangle\langle\langle d N\rangle\rangle, \tag{18.13}
\end{equation*}
$$

similar to the statement $\langle\langle\rho d W\rangle\rangle=0$ from Itō calculus. The resulting ensemble-averaged master equation,

$$
\begin{equation*}
\frac{d\langle\langle\rho\rangle\rangle}{d t}=-\frac{i}{\hbar}[H,\langle\langle\rho\rangle\rangle]+\Gamma \mathcal{D}[\sigma]\langle\langle\rho\rangle\rangle \tag{18.14}
\end{equation*}
$$

(ensemble-averaged SME)
has precisely the same form as the unconditioned master equation (18.1) that we derived earlier. The unconditioned master equation thus follows from a measurement process, where the information from the measurement is discarded, and the observer averages (traces) over all possible measurement outcomes.

### 18.1.2 Quantum Trajectories and the Stochastic Schrödinger Equation

It is a fairly easy exercise to verify that this master equation is equivalent to the stochastic Schrödinger equation (SSE)

$$
\begin{equation*}
d|\psi\rangle=-\frac{i}{\hbar} H|\psi\rangle d t+\frac{\Gamma}{2}\left(\left\langle\sigma^{\dagger} \sigma\right\rangle-\sigma^{\dagger} \sigma\right)|\psi\rangle d t+\left(\frac{\sigma}{\sqrt{\left\langle\sigma^{\dagger} \sigma\right\rangle}}-1\right)|\psi\rangle d N, \tag{18.15}
\end{equation*}
$$

(SSE for direct detection)
by keeping terms to second order,

$$
\begin{equation*}
d \rho=d(|\psi\rangle\langle\psi|)=(d|\psi\rangle)\langle\psi|+|\psi\rangle(d\langle\psi|)+(d|\psi\rangle)(d\langle\psi|) \tag{18.16}
\end{equation*}
$$

and using $d N^{2}=d N$. This SSE is called an unravelling ${ }^{2}$ of the unconditioned master equation (18.1), since the dissipation in the master equation - which can't be written as a deterministic Schrödinger equation-can be written as a stochastic Schrödinger equation. Note that Markovian master equations can generally be unravelled in an infinite number of ways; we have only indicated one way so far here. A solution to the SSE is called a quantum trajectory, ${ }^{3}$ and the solution of the unconditioned master equation represents the average over all trajectories. (Solutions of the SME are also called quantum trajectories.)

[^239]
### 18.1.3 Information Gain

Clearly, the observer gains information about the atom when the photodetector clicks, but what is perhaps less obvious is that the observer also gains information about the atom even when a photon is not detected. We can see this from either the SME (18.10) or the SSE (18.15), since even during times when photons are not detected $(d N(t)=0)$, there are still measurement-related terms (proportional to $\Gamma$ ) that are still "active." Let's look at the evolution in two cases to see how this works. In particular, suppose the atom starts in a pure state, so that we can work with the SSE. Suppose also that the atom is not driven by an external field, so there are no Rabi oscillations. In this case, we can ignore all Hamiltonian evolution by trasforming to a suitable rotating frame (where the two levels are degenerate). Then the state vector of the general form

$$
\begin{equation*}
|\psi\rangle=c_{\mathrm{g}}|\mathrm{~g}\rangle+c_{\mathrm{e}}|\mathrm{e}\rangle \tag{18.17}
\end{equation*}
$$

obeys the equation, assuming no photon is detected,

$$
\begin{equation*}
\partial_{t}|\psi\rangle=-\frac{\Gamma}{2} c_{\mathrm{e}}|\mathrm{e}\rangle+\frac{\Gamma}{2}\left|c_{\mathrm{e}}\right|^{2}|\psi\rangle, \tag{18.18}
\end{equation*}
$$

which in terms of the coefficients becomes

$$
\begin{align*}
& \partial_{t} c_{\mathrm{e}}=-\frac{\Gamma}{2}\left(1-\left|c_{\mathrm{e}}\right|^{2}\right) c_{\mathrm{e}}  \tag{18.19}\\
& \partial_{t} c_{\mathrm{g}}=\frac{\Gamma}{2}\left|c_{\mathrm{e}}\right|^{2} c_{\mathrm{g}} .
\end{align*}
$$

Note that unlike the equations of motion for the unconditioned case, these equations are nonlinear in the coefficients due to the measurement process.

Now suppose the atom starts in the superposition state

$$
\begin{equation*}
|\psi(t=0)\rangle=\frac{1}{\sqrt{2}}(|\mathrm{~g}\rangle+|\mathrm{e}\rangle) \tag{18.20}
\end{equation*}
$$

and suppose that no photon is detected until some long time $t$. Since $\left|c_{\mathrm{e}}\right|^{2}<1$, the excited state decays (somewhat more quickly than exponentially) away asymptotically to zero, and the population is thus transferred to the ground state. The interpretation is this: if the observer knows the atom to be in either state with equal probability, and does not see an emitted photon after a very long time (compared to $1 / \Gamma$ ), then the observer concludes that the atom was in fact in the ground state. By not observing a photon, the observer still gains information about the state of the atom and "collapses" it to the ground state.

On the other hand, if the initial atomic state is the excited state,

$$
\begin{equation*}
|\psi(t=0)\rangle=|\mathrm{e}\rangle, \tag{18.21}
\end{equation*}
$$

then the observer knows that at some point, the atom must decay: the observer knows the atom to be in the excited state with certainty until the photon is detected. This is reflected by the above equations, since if $\left|c_{\mathrm{e}}\right|^{2}=1$, the excited state does not decay: $\partial_{t} c_{\mathrm{e}}=0$.

The measurement terms have interpretations that are less clear if the atom also undergoes Rabi oscillations. However, the measurement terms must act in the same way in a small time $d t$, regardless of other processes that influence the atom. The combined evolution of a monitored atom, conditioned on not detecting a photon $(d N=0)$, with Rabi oscillations is illustrated here for the case $\Omega=\Gamma$.


The solid line is what we expect of ordinary, resonant Rabi oscillation without any spontaneous emission $(\Gamma=0)$. The dashed line is the nonlinear, conditioned evolution with $d N=0$. The Rabi oscillations are severely distorted by the measurement, which tends to cause decay of the excited-state amplitude; thus the rise in excited-state population is slowed, and the fall is accelerated, leading to oscillations closer in shape to a sawtooth wave. The dotted line shows the probability of the atom not having decayed by that time. This is significant since we only see the distorted Rabi oscillations by keeping experiments where the photodetector does not click; any experiments where the detector clicks must be discarded, so that we post-select on the $d N=0$ cases. Note that this nonlinear evolution is thus difficult to see past the first oscillation, since the nondecay probability becomes very small.

### 18.1.4 Monte Carlo Trajectories

Stochastic Schrödinger equations of this form are popular for simulating master equations, ${ }^{4}$ since if the state vector has $O(n)$ components, the density matrix will have $O\left(n^{2}\right)$ components, and thus is much more computationally expensive to solve. ${ }^{5}$ If $s$ solutions (quantum trajectories) of the stochastic Schrödinger equation can be averaged together to obtain a sufficiently accurate solution to the master equation and $s \ll n$, then this Monte-Carlo-type method is computationally efficient for solving the master equation. However, note that the average of the simulated ensemble converges slowly, typically as $1 / \sqrt{s}$, so this Monte-Carlo method is best used where $n$ is very large (such as when simulating the center-of-mass motion of a quantum system), and very high accuracy is not required.

This idea is illustrated here, where the first plot shows the evolution of the excited-state probability for a single atom (quantum trajectory) with jumps to the ground state, corresponding to a detected photon. Nine other trajectories are included to illustrate the dephasing due to the random nature of the jumps. The usual Rabi oscillations are visible here, since the atom is driven by a classical field of Rabi frequency $\Omega$, but the oscillations are "interrupted" by the spontaneous emission events (here with $\Gamma=\Omega / 10$ ).

[^240]

The second plot shows the ensemble-averaged excited-state probability computed from the unconditioned master equation (solid line), an average of 20 trajectories (dashed line), and an average of 2000 trajectories (dotted line). As many trajectories are averaged together, the average converges to the master-equation solution for the ensemble average. (About 20,000 trajectories are necessary for the Monte-Carlo average to be visually indistinguishable from the master-equation solution on the time scale plotted here.) Note that the "Rabi oscillations" apparent here are distorted slightly by the nonlinear renormalization term in Eq. (18.15) from the usual sinusoidal oscillations in the absence of spontaneous emission. However, the damping rate in the above plots is small, so the distortion is not visually apparent. Unravellings of this form are much easier to solve computationally than "quantum-state diffusion" unravellings involving $d W$ that we will study later. Of course, it is important for more than just a numerical method, since this gives us a powerful formalism for handling the evolution of a quantum state, accounting for photodetection.

Although quantum trajectories represent a useful simulation method for the master equation, they are interesting in their own right, since they model the measurement process itself and the resulting conditioned dynamics. In fact, some of the original work ${ }^{6}$ that motivated quantum trajectories was to understand experiments ${ }^{7}$ on quantum jumps in vee atoms (a slightly different usage of the term from our usage above), where the fluorescence on a fast transition depends on-blinks on and off to indicate - the state of the atom with respect to the other (slow) transition. The quantum-jump results are understood as "single-shot" (single-trajectory) phenomena, not as ensemble averages.

[^241]
### 18.1.5 Detector Efficiency

To handle the case of photodetectors with less than ideal efficiency $\eta$, we simply combine the conditioned master equation (18.10) and unconditioned master equation (18.1), with weights $\eta$ and $1-\eta$, respectively:

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}\left[H_{\mathrm{A}}, \rho\right] d t+\eta \frac{\Gamma}{2}\left[\left\langle\sigma^{\dagger} \sigma\right\rangle-\sigma^{\dagger} \sigma, \rho\right]_{+} d t+(1-\eta) \Gamma \mathcal{D}[\sigma] \rho d t+\left(\frac{\sigma \rho \sigma^{\dagger}}{\left\langle\sigma^{\dagger} \sigma\right\rangle}-\rho\right) d N_{\eta} \tag{18.22}
\end{equation*}
$$

(SME for inefficient detection)
The weighting for the Poisson-process term is absorbed into the Poisson process itself,

$$
\left\langle\left\langle d N_{\eta}\right\rangle\right\rangle=\eta \Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle d t
$$

(detection probability for inefficient detection) (18.23)
to account for the fact that fewer photons are detected. We can also write this master equation in the form

$$
d \rho=-\frac{i}{\hbar}\left[H_{\mathrm{A}}, \rho\right] d t+\Gamma \mathcal{D}[\sigma] \rho d t+\eta \Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle \rho d t-\eta \Gamma \sigma \rho \sigma^{\dagger} d t+\left(\frac{\sigma \rho \sigma^{\dagger}}{\left\langle\sigma^{\dagger} \sigma\right\rangle}-\rho\right) d N_{\eta}
$$

(SME for inefficient detection) (18.24)
where it is clear from the Lindblad-superoperator term that the total disturbance is equivalent to the unconditioned case, and the subsequent terms, whose effects are proportional to $\eta$, represent the influence of detecting the fraction $\eta$ of the photons.

That sounds reasonable, but let's do that more carefully. First, divide $d N$ up into two parts, $d N_{1}$ and $d N_{2}$, such that

$$
\begin{align*}
& \left\langle\left\langle d N_{1}\right\rangle\right\rangle=\eta \Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle d t  \tag{18.25}\\
& \left\langle\left\langle d N_{2}\right\rangle\right\rangle=(1-\eta) \Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle d t
\end{align*}
$$

Recalling that the sum of two Poisson processes is a Poisson process, and that a Poisson process is fully characterized by its mean, we can write

$$
\begin{equation*}
d N_{1}+d N_{2}=d N \tag{18.26}
\end{equation*}
$$

We can thus write the SME (18.10) as

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t-\frac{\Gamma}{2}\left[\sigma^{\dagger} \sigma, \rho\right]_{+} d t+\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle \rho d t+\left(\frac{\sigma \rho \sigma^{\dagger}}{\left\langle\sigma^{\dagger} \sigma\right\rangle}-\rho\right) d N_{1}+\left(\frac{\sigma \rho \sigma^{\dagger}}{\left\langle\sigma^{\dagger} \sigma\right\rangle}-\rho\right) d N_{2} \tag{18.27}
\end{equation*}
$$

If we detect photons with efficiency $\eta$, then not detecting a fraction $1-\eta$ of the photons is equivalent to taking an ensemble average over $d N_{2}$, because we are discarding the information provided by $d N_{2}$. Taking this average, we let double angle brackets denote this ensemble average with respect to $d N_{2}$, and again note that $\rho(t)$ and $d N_{2}(t)$ are statistically independent:

$$
\begin{align*}
& d\langle\langle\rho\rangle\rangle=-\frac{i}{\hbar}[H,\langle\langle\rho\rangle\rangle] d t-\frac{\Gamma}{2}\left[\sigma^{\dagger} \sigma,\langle\langle\rho\rangle\rangle\right]_{+} d t \\
&++\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle\langle\langle\rho\rangle\rangle d t+\left(\frac{\sigma\langle\rho \rho\rangle\rangle \sigma^{\dagger}}{\left\langle\sigma^{\dagger} \sigma\right\rangle}-\langle\langle\rho\rangle\rangle\right) d N_{1}+\left(\frac{\sigma\langle\langle\rho\rangle\rangle \sigma^{\dagger}}{\left\langle\sigma^{\dagger} \sigma\right\rangle}-\langle\langle\rho\rangle\rangle\right)\left\langle\left\langle d N_{2}\right\rangle\right\rangle \\
&=-\frac{i}{\hbar}[H,\langle\langle\rho\rangle\rangle] d t-\frac{\Gamma}{2}\left[\sigma^{\dagger} \sigma,\langle\langle\rho\rangle\rangle\right]_{+} d t \\
&+\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle\langle\langle\rho\rangle\rangle d t+\left(\frac{\sigma\langle\rho\rangle\rangle \sigma^{\dagger}}{\left\langle\sigma^{\dagger} \sigma\right\rangle}-\langle\langle\rho\rangle\rangle\right) d N_{1}  \tag{18.28}\\
& \quad+(1-\eta) \Gamma \sigma\langle\langle\rho\rangle\rangle \sigma^{\dagger} d t-(1-\eta) \Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle\langle\langle\rho\rangle\rangle d t \\
&=-\frac{i}{\hbar}[H,\langle\langle\rho\rangle\rangle] d t-\eta \frac{\Gamma}{2}\left[\sigma^{\dagger} \sigma,\langle\langle\rho\rangle\rangle\right]_{+} d t+\eta \Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle\langle\langle\rho\rangle\rangle d t+(1-\eta) \Gamma \mathcal{D}[\sigma]\langle\langle\rho\rangle\rangle+\left(\frac{\sigma\langle\langle\rho\rangle\rangle \sigma^{\dagger}}{\left\langle\sigma^{\dagger} \sigma\right\rangle}-\langle\langle\rho\rangle\rangle\right) d N_{1}
\end{align*}
$$

This is equivalent to Eqs. (18.22) if we understand $\rho$ to be the ensemble average $\langle\langle\rho\rangle\rangle$ and we relabel $d N_{1} \longrightarrow$ $d N_{\eta}$.

In the case $\eta<1$, it is not possible to unravel the SME into an equivalent SSE. It is only in the case $\eta=1$ that this is possible, because only in this case does an initially pure state remain pure under the master-equation evolution-otherwise, the observer must trace over all possibilities for the undetected
photons and thus necessarily ends up with a mixed state. Of course, the resulting density operator can be computed by simulating many trajectories of the SSE, and then computing the appropriate (partial) ensemble average.

### 18.2 Homodyne Detection

Now we will see how we can get a completely different unravelling of the master equation by modifying the atomic field measurement. In particular, we will see how we can get a white-noise limit of the Poisson jump process in the master equation. To set up this measurement, suppose that all of the light radiated from an atom is collimated "somehow" (e.g., by exotic " $4 \pi$ " optics) into a directed beam. An alternative to simply feeding it into a photon-counting detector is to mix it on a beam splitter with a local oscillator. What exactly we mean by a local oscillator is a monochromatic field with an intensity much larger than the atomic field, but otherwise is somewhat context-dependent: if the atom is driven by a monochromatic field, then we would use part of the driving field as the local oscillator, while if the atom is undriven, we would simply use a laser field at the atomic resonance frequency. The point is, the atom will naturally be oscillating with a spectrum centered at some frequency, and we would choose the local oscillator to have the same frequency. Once the radiation field and local oscillator are mixed together by the beam splitter, the light is then detected. This measurement is called homodyne detection, ${ }^{8}$ and here we will consider the simplest case of homodyne detection, where only one output of the beam splitter is monitored.


Even though this setup detects some "irrelevant" light due to the local oscillator, the amount of information that we acquire via this setup (within the idealizations below) is equivalent to that of direct detection. If the radiated field from the atom is detected directly, the operator that we associate with the field is proportional to

$$
\begin{equation*}
C=\sqrt{\Gamma} \sigma \tag{18.29}
\end{equation*}
$$

so that the average number of photons detected in a time interval $d t$ is

$$
\begin{equation*}
\left\langle C^{\dagger} C\right\rangle d t=\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle d t \tag{18.30}
\end{equation*}
$$

We can similarly associate the operator

$$
\begin{equation*}
C_{\mathrm{loc}}=\sqrt{\Gamma} a \tag{18.31}
\end{equation*}
$$

with the local-oscillator field, where $a$ is the annihilation operator for the local-oscillator field mode (which is comparable to the atomic lowering operator $\sigma$-recall from Section 5.7 that the dipole radiation field is written in terms of the atomic dipole operator $\sigma$ ). The normalization here assures that photons in either the dipole or local-oscillator fields are detected in the same way by the detector. The combined field operator, after the beam splitter (on the detector side), is then

$$
\begin{equation*}
C_{r}=\sqrt{\Gamma}\left(r \sigma+\sqrt{1-r^{2}} a\right) \tag{18.32}
\end{equation*}
$$

where $r \in[0,1]$ is the field reflection coefficient of the beam splitter (as seen by the atomic field). Here, we are assuming that the fields of the collimated atomic radiation and the local oscillator are perfectly "mode matched."

[^242]We will model the local oscillator as a coherent state $|\alpha\rangle$ of light - the quantum model for a classical, monochromatic field-with photon flux $\Gamma|\alpha|^{2}$ (whose detection is also described by a Poisson process). Recalling that $|\alpha\rangle$ is an eigenstate of the field annihilation operator $a$, we can write $a|\alpha\rangle=\alpha|\alpha\rangle$, and thus the operator for the total field at the detector effectively becomes

$$
\begin{equation*}
C_{r}=\sqrt{\Gamma}\left(r \sigma+\sqrt{1-r^{2}} \alpha\right) \tag{18.33}
\end{equation*}
$$

whenever applied to the field state. Note also that $\alpha$ is in general a complex number, representing the phase of the local oscillator field.

In this homodyne scheme, any atomic radiation that transmits through the beam splitter is not detected, and the information associated with that light is "wasted." Thus we will want to consider the limit $r \longrightarrow 1$, but we will then also take the limit $|\alpha| \longrightarrow \infty$ such that the transmitted field amplitude

$$
\begin{equation*}
\beta:=\alpha \sqrt{1-r^{2}} \tag{18.34}
\end{equation*}
$$

remains nonzero. (In fact we will eventually take the limit $\beta \longrightarrow \infty$.) Thus, the detected field operator is

$$
\begin{equation*}
C_{\beta}=\sqrt{\Gamma}(\sigma+\beta) \tag{18.35}
\end{equation*}
$$

and so we see that the effect of adding the local-oscillator field is to add a scalar constant to the atomic lowering operator. The average photodetection rate due to the combined field is

$$
\begin{equation*}
\langle\langle d N\rangle\rangle=\left\langle C_{\beta}^{\dagger} C_{\beta}\right\rangle d t=\Gamma\left\langle\left(\sigma^{\dagger}+\beta^{*}\right)(\sigma+\beta)\right\rangle d t=\Gamma\left[\left\langle\sigma^{\dagger} \sigma\right\rangle+\left\langle\beta^{*} \sigma+\beta \sigma^{\dagger}\right\rangle+|\beta|^{2}\right] d t \tag{18.36}
\end{equation*}
$$

As we expect, the photodetection rate is the sum of the individual photodetection rates for the local oscillator and for the atomic radiation, plus an interference term. Herein lies the advantage of homodyne detection: the atomic signal due to the interference terms is effect "boosted" by the local oscillator by a factor of $|\beta|$. This is an enormous advantage if the detector suffers from a low level of background noise ("dark currents"), since the homodyne scheme can raise the signal to a level much larger than background noise. We will also see that homodyne detection measures different aspects of the atom, as compared with direct detection.

### 18.2.1 State Collapse

When a photon is detected directly from the atom, recall that the state vector is reduced according to

$$
\begin{equation*}
|\psi\rangle \longrightarrow \frac{C|\psi\rangle}{\sqrt{\left\langle C^{\dagger} C\right\rangle}}=\frac{\sigma|\psi\rangle}{\sqrt{\left\langle\sigma^{\dagger} \sigma\right\rangle}}, \tag{18.37}
\end{equation*}
$$

or equivalently, the density operator is reduced according to

$$
\begin{equation*}
\rho \longrightarrow \frac{C \rho C^{\dagger}}{\operatorname{Tr}\left[C \rho C^{\dagger}\right]}=\frac{C \rho C^{\dagger}}{\left\langle C^{\dagger} C\right\rangle}=\frac{\sigma \rho \sigma^{\dagger}}{\left\langle\sigma^{\dagger} \sigma\right\rangle} \tag{18.38}
\end{equation*}
$$

The same reduction occurs when a homodyne photon is detected, but now using the operator $C_{\beta}$, for the state vector,

$$
\begin{equation*}
|\psi\rangle \longrightarrow \frac{C_{\beta}|\psi\rangle}{\sqrt{\left\langle C_{\beta}^{\dagger} C_{\beta}\right\rangle}}=\frac{(\sigma+\beta)|\psi\rangle}{\sqrt{\left\langle\left(\sigma^{\dagger}+\beta^{*}\right)(\sigma+\beta)\right\rangle}} \tag{18.39}
\end{equation*}
$$

and of course the density operator,

$$
\begin{equation*}
\rho \longrightarrow \frac{C_{\beta} \rho C_{\beta}^{\dagger}}{\left\langle C_{\beta}^{\dagger} C_{\beta}\right\rangle}=\frac{(\sigma+\beta) \rho\left(\sigma^{\dagger}+\beta^{*}\right)}{\left\langle\left(\sigma^{\dagger}+\beta^{*}\right)(\sigma+\beta)\right\rangle} \tag{18.40}
\end{equation*}
$$

The reduction here is partial: when a photon is detected, it is not possible to distinguish whether the photon came from the atom or the local oscillator, and thus the atom is projected into a coherent superposition of being reduced as in the direct-detection case (if the photon came from the atom) and of being unaffected (if the photon came from the local oscillator). The two cases are weighted by the amplitudes of the atomic and local oscillator fields, respectively.

### 18.2.2 Quantum-State Diffusion

Evidently, we obtain the master equation for homodyne detection from the master equation for direct detection by the replacement

$$
\begin{equation*}
\sigma \longrightarrow \sigma+\beta \tag{18.41}
\end{equation*}
$$

However, note that adding the local oscillator field cannot change the form of the unconditioned master equation

$$
\begin{equation*}
\partial_{t} \rho=-\frac{i}{\hbar}[H, \rho]+\Gamma \mathcal{D}[\sigma] \rho, \tag{18.42}
\end{equation*}
$$

since in the unconditioned case the local oscillator influences quantum information that we are discarding anyway. Noting that

$$
\begin{align*}
\mathcal{D}[\sigma+\beta] \rho & =(\sigma+\beta) \rho\left(\sigma^{\dagger}+\beta^{*}\right)-\frac{1}{2}\left[\left(\sigma^{\dagger}+\beta^{*}\right)(\sigma+\beta), \rho\right]_{+} \\
& =\mathcal{D}[\sigma] \rho+\frac{1}{2}\left[\beta^{*} \sigma-\beta \sigma^{\dagger}, \rho\right]  \tag{18.43}\\
& =\mathcal{D}[\sigma] \rho-\frac{i}{\hbar}\left[\frac{i \hbar}{2}\left(\beta^{*} \sigma-\beta \sigma^{\dagger}\right), \rho\right]
\end{align*}
$$

Thus, the unconditioned master equation is invariant under the simultaneous replacement

$$
\begin{equation*}
\sigma \longrightarrow \sigma+\beta, \quad H \longrightarrow H-\frac{i \hbar \Gamma}{2}\left(\beta^{*} \sigma-\beta \sigma^{\dagger}\right) \tag{18.44}
\end{equation*}
$$

(transformation from jump to homodyne detection)
Thus, this is the total transformation we should make to go from direct to homodyne detection.
Recalling from Eq. (18.10) that the master equation for direct detection is

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t-\frac{\Gamma}{2}\left[\sigma^{\dagger} \sigma, \rho\right]_{+} d t+\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle \rho d t+\mathcal{J}[\sigma] \rho d N \tag{18.45}
\end{equation*}
$$

where we have defined the jump superoperator

$$
\begin{equation*}
\mathcal{J}[c] \rho:=\left(\frac{c \rho c^{\dagger}}{\operatorname{Tr}\left[c \rho c^{\dagger}\right]}-\rho\right)=\left(\frac{c \rho c^{\dagger}}{\left\langle c^{\dagger} c\right\rangle}-\rho\right) \tag{18.46}
\end{equation*}
$$

(jump superoperator)
Thus, the master equation for homodyne detection is
$d \rho=-\frac{i}{\hbar}[H, \rho] d t-\frac{\Gamma}{2}\left[\left(\beta^{*} \sigma-\beta \sigma^{\dagger}\right), \rho\right] d t-\frac{\Gamma}{2}\left[\left(\sigma^{\dagger}+\beta^{*}\right)(\sigma+\beta), \rho\right]_{+} d t+\Gamma\left\langle\left(\sigma^{\dagger}+\beta^{*}\right)(\sigma+\beta)\right\rangle \rho d t+\mathcal{J}[\sigma+\beta] \rho d N$.
Expanding out the middle three terms, we see that the $|\beta|^{2}$ terms cancel, so that

$$
\begin{align*}
d \rho & =-\frac{i}{\hbar}[H, \rho] d t-\Gamma \mathcal{H}\left[\beta^{*} \sigma\right] \rho d t-\frac{\Gamma}{2}\left[\sigma^{\dagger} \sigma, \rho\right]_{+} d t+\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle \rho d t+\mathcal{J}[\sigma+\beta] \rho d N  \tag{18.48}\\
& =-\frac{i}{\hbar}[H, \rho] d t-\Gamma \mathcal{H}\left[\beta^{*} \sigma\right] \rho d t-\frac{\Gamma}{2} \mathcal{H}\left[\sigma^{\dagger} \sigma\right] \rho d t+\mathcal{J}[\sigma+\beta] \rho d N
\end{align*}
$$

where we have defined the measurement superoperator

$$
\begin{align*}
\mathcal{H}[c] \rho & :=c \rho+\rho c^{\dagger}-\operatorname{Tr}\left[c \rho+\rho c^{\dagger}\right] \rho  \tag{18.49}\\
& =c \rho+\rho c^{\dagger}-\left\langle c+c^{\dagger}\right\rangle \rho .
\end{align*}
$$

The mean of the Poisson process is correspondingly modified

$$
\begin{equation*}
\langle\langle d N\rangle\rangle=\Gamma\left\langle\left(\sigma^{\dagger}+\beta^{*}\right)(\sigma+\beta)\right\rangle d t \tag{18.50}
\end{equation*}
$$

to match the photodetection rate we computed above for the homodyne case.
Now we will consider the limit $|\beta| \longrightarrow \infty$ of a strong local oscillator, so that most of the detected photons come from the local oscillator. The rate of information gain-and thus the rate at which we disturb the system - remains constant, but the rate at which photons are detected becomes arbitrarily large. Thus, the white-noise approximation for the Poisson process is appropriate, and we can make the replacement

$$
\begin{equation*}
d N \longrightarrow\left\langle\left\langle\frac{d N}{d t}\right\rangle\right\rangle d t+\sqrt{\left\langle\left\langle\frac{d N}{d t}\right\rangle\right\rangle} d W \tag{18.51}
\end{equation*}
$$

which in the homodyne case here becomes

$$
\begin{equation*}
d N \longrightarrow \Gamma\left\langle\left(\sigma^{\dagger}+\beta^{*}\right)(\sigma+\beta)\right\rangle d t+\sqrt{\Gamma\left\langle\left(\sigma^{\dagger}+\beta^{*}\right)(\sigma+\beta)\right\rangle} d W \tag{18.52}
\end{equation*}
$$

to obtain an Itō SDE for the state evolution. First, let's work out the part proportional to $d t$ :

$$
\begin{align*}
\mathcal{J}[\sigma+\beta] \rho\langle\langle d N\rangle\rangle & =\left(\frac{(\sigma+\beta) \rho\left(\sigma^{\dagger}+\beta^{*}\right)}{\left\langle\left(\sigma^{\dagger}+\beta^{*}\right)(\sigma+\beta)\right\rangle}-\rho\right) \Gamma\left\langle\left(\sigma^{\dagger}+\beta^{*}\right)(\sigma+\beta)\right\rangle d t \\
& =\Gamma(\sigma+\beta) \rho\left(\sigma^{\dagger}+\beta^{*}\right) d t-\Gamma\left\langle\left(\sigma^{\dagger}+\beta^{*}\right)(\sigma+\beta)\right\rangle \rho d t  \tag{18.53}\\
& =\Gamma \sigma \rho \sigma^{\dagger} d t-\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle \rho d t+\Gamma\left(\beta^{*} \sigma \rho+\rho \beta \sigma^{\dagger}\right) d t-\Gamma\left\langle\beta^{*} \sigma+\beta \sigma^{\dagger}\right\rangle \rho d t \\
& =\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle \mathcal{J}[\sigma] \rho d t+\Gamma \mathcal{H}\left[\beta^{*} \sigma\right] \rho d t
\end{align*}
$$

Notice that we have dropped the ensemble-average symbols on the right-hand side, since the ensemble average is only for convenience of notation. Thus, the $\mathcal{H}\left[\beta^{*} \sigma\right] \rho$ terms cancel in the master equation (18.48), which thus becomes

$$
\begin{align*}
d \rho & =-\frac{i}{\hbar}[H, \rho] d t-\frac{\Gamma}{2} \mathcal{H}\left[\sigma^{\dagger} \sigma\right] \rho d t+\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle \mathcal{J}[\sigma] \rho d t+\sqrt{\Gamma\left\langle\left(\sigma^{\dagger}+\beta^{*}\right)(\sigma+\beta)\right\rangle} \mathcal{J}[\sigma+\beta] \rho d W  \tag{18.54}\\
& =-\frac{i}{\hbar}[H, \rho] d t+\Gamma \mathcal{D}[\sigma] \rho d t+\sqrt{\Gamma\left\langle\left(\sigma^{\dagger}+\beta^{*}\right)(\sigma+\beta)\right\rangle} \mathcal{J}[\sigma+\beta] \rho d W
\end{align*}
$$

In the part proportional to $d t$, we see that all the $\beta$-dependent parts cancel, so taking the limit of large $|\beta|$ is trivial. We can now expand out the part proportional to $d W$, keeping only the lowest-order terms in $|\beta|^{-1}$ :

$$
\begin{align*}
\sqrt{\Gamma\left\langle\left(\sigma^{\dagger}+\beta^{*}\right)(\sigma+\beta)\right\rangle} \mathcal{J}[\sigma+\beta] \rho & =\left(\frac{(\sigma+\beta) \rho\left(\sigma^{\dagger}+\beta^{*}\right)}{\left\langle\left(\sigma^{\dagger}+\beta^{*}\right)(\sigma+\beta)\right\rangle}-\rho\right) \sqrt{\Gamma\left\langle\left(\sigma^{\dagger}+\beta^{*}\right)(\sigma+\beta)\right\rangle} \\
& =\left(\frac{|\beta|^{2} \rho+\left(\beta^{*} \sigma \rho+\rho \beta \sigma^{\dagger}\right)-\left\langle\beta^{*} \sigma+\beta \sigma^{\dagger}\right\rangle \rho}{|\beta|^{2}}-\rho\right) \sqrt{\Gamma|\beta|^{2}} \\
& =\sqrt{\Gamma} \frac{\left[\left(\beta^{*} \sigma \rho+\rho \beta \sigma^{\dagger}\right)-\left\langle\beta^{*} \sigma+\beta \sigma^{\dagger}\right\rangle \rho\right]}{|\beta|}  \tag{18.55}\\
& =\sqrt{\Gamma} \mathcal{H}\left[\sigma \frac{\beta^{*}}{|\beta|}\right] \rho \\
& =\sqrt{\Gamma} \mathcal{H}\left[\sigma e^{i \phi}\right] \rho
\end{align*}
$$

Here, $\phi$ is the phase of the local oscillator, defined by

$$
\begin{equation*}
\beta=:|\beta| e^{-i \phi} \tag{18.56}
\end{equation*}
$$

Thus, the master equation becomes

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t+\Gamma \mathcal{D}\left[\sigma e^{i \phi}\right] \rho d t+\sqrt{\Gamma} \mathcal{H}\left[\sigma e^{i \phi}\right] \rho d W \tag{18.57}
\end{equation*}
$$

(SME for homodyne detection)
where we note that due to the quadratic nature of the Lindblad superoperator, we have used

$$
\begin{equation*}
\mathcal{D}[\sigma] \rho=\mathcal{D}\left[\sigma e^{i \phi}\right] \rho \tag{18.58}
\end{equation*}
$$

The form (18.57) for the stochastic master equation is our main result here: adding the local oscillator field prior to detection completely changes the form of the SME. The form here, in terms of the Wiener process $d W(t)$, is called the quantum-state diffusion form ${ }^{9}$ for the SME (as opposed to the quantum-jump form). In this form it is easy to see that the ensemble average recovers the unconditioned master equation (18.1), since the ensemble average in Itō calculus amounts to setting $d W=0$.

These trajectories are illustrated here, for the same paramters as for the quantum-jump unravelling above $(\Gamma=\Omega / 10)$. The first plot shows the evolution of the excited-state probability for a single atom (quantum trajectory) with quantum-state diffusion, with each infinitesimal jump corresponding to a detected photon in the homodyne setup. Nine other trajectories are included to illustrate the dephasing due to the stochastic nature of the evolution, and the qualitative difference with respect to the quantum-jump evolution. The usual Rabi oscillations are still visible here, since the atom is driven by a classical field of Rabi frequency $\Omega$, the the oscillations are distorted by influence of the quantum noise. The influence is visually greatest when the excited-state population is greatest, which makes sense intuitively: if the atom is in the ground state, then the observer knows that any detected photon is due only to the local oscillator.

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The second plot shows the ensemble-averaged excited-state probability computed from the unconditioned master equation (solid line), an average of 20 trajectories (dashed line), and an average of 2000 trajectories (dotted line). As many trajectories are averaged together, the average converges to the master-equation solution for the ensemble average. (About 20,000 trajectories are necessary for the Monte-Carlo average to be visually indistinguishable from the master-equation solution on the time scale plotted here.) In all cases, the trajectories are plotted in discrete time increments of $\Delta t=0.005$, but the trajectories were calculated using increments of $\Delta t=0.0025$ (using a stochastic Runge-Kutta-type numerical method of order 1.5).

### 18.2.3 Measurement Record

Now we can ask, what exactly are we measuring here? Recall from Eq. (18.11) that the photodetector current is

$$
\begin{equation*}
I_{\mathrm{det}}(t)=Q_{\mathrm{ph}} \frac{d N(t)}{d t} \tag{18.59}
\end{equation*}
$$

where we are in the limit where $d N$ is given by the replacement (18.52). Thus,

$$
\begin{equation*}
I_{\mathrm{det}}(t)=Q_{\mathrm{ph}} \Gamma\left\langle\left(\sigma^{\dagger}+\beta^{*}\right)(\sigma+\beta)\right\rangle+Q_{\mathrm{ph}} \sqrt{\Gamma\left\langle\left(\sigma^{\dagger}+\beta^{*}\right)(\sigma+\beta)\right\rangle} \xi(t) \tag{18.60}
\end{equation*}
$$

where again $\xi(t)=d W(t) / d t$, and the second term represents the shot noise (Section 17.5.3.1) associated with the detector photocurrent. In general, we will want to subtract off the large constant photocurrent due to the local oscillator field, and then retain only the lowest-order terms in $|\beta|^{-1}$ in the $d t$ and $d W$ parts:

$$
\begin{equation*}
I_{\mathrm{det}}(t)-Q_{\mathrm{ph}} \Gamma|\beta|^{2}=Q_{\mathrm{ph}} \Gamma\left\langle\beta^{*} \sigma+\beta \sigma^{\dagger}\right\rangle+Q_{\mathrm{ph}} \sqrt{\Gamma|\beta|^{2}} \xi(t) . \tag{18.61}
\end{equation*}
$$

We can then define the normalized photocurrent by

$$
\begin{equation*}
\tilde{I}_{\mathrm{det}}(t):=\frac{I_{\mathrm{det}}(t)-Q_{\mathrm{ph}} \Gamma|\beta|^{2}}{Q_{\mathrm{ph}}|\beta|}=\Gamma\left\langle\sigma e^{i \phi}+\sigma^{\dagger} e^{-i \phi}\right\rangle+\sqrt{\Gamma} \xi(t) \tag{18.62}
\end{equation*}
$$

In the standard form of an Itō SDE, we can write

$$
d r(t):=\tilde{I}_{\mathrm{det}}(t) d t=\Gamma\left\langle\sigma e^{i \phi}+\sigma^{\dagger} e^{-i \phi}\right\rangle d t+\sqrt{\Gamma} d W
$$

(homodyne measurement record) (18.63)
We can regard $d r(t)$ as the (scaled) measurement record for homodyne detection, with $r(t)$ proportional to the total accumulated charge conducted by the photodetector (total photon count).

We thus see that on average, we gain information about either the real or imaginary part of the radiated field, or equivalently $\sigma$, depending on the local-oscillator phase:

$$
\begin{equation*}
\langle\langle d r(t)\rangle\rangle=\Gamma\left\langle\sigma e^{i \phi}+\sigma^{\dagger} e^{-i \phi}\right\rangle d t . \tag{18.64}
\end{equation*}
$$

For example, if we choose $\phi=0$ (such that $\beta \in \mathbb{R}$ ), we measure the " $X_{1}$ quadrature"

$$
\begin{equation*}
\left\langle\sigma+\sigma^{\dagger}\right\rangle=\left\langle\sigma_{x}\right\rangle, \tag{18.65}
\end{equation*}
$$

whereas if we choose $\phi=\pi / 2$ (such that $-i \beta \in \mathbb{R}$ ), we measure the " $X_{2}$ quadrature"

$$
\begin{equation*}
\left\langle i \sigma-i \sigma^{\dagger}\right\rangle=\left\langle\sigma_{y}\right\rangle \tag{18.66}
\end{equation*}
$$

In either case, clearly the homodyne measurement provides information about the mean atomic dipole moment, or the phase of the atomic dipole, as opposed to the direct measurement, which was more closely related to the atomic excitation $\left\langle\sigma_{z}\right\rangle$. Note that with the proper choice of local-oscillator frequency, the dipole field and local oscillator time dependences cancel, these expectation values are measured in the rotating frame of the local oscillator. Thus, the expectation values are (adiabatic) constants. Of course, due to the $d W$ term in the measurement record (18.63), the information in the mean is masked by quantum noise, and so the information must be extracted, e.g., by signal averaging. Of course, the best (i.e., correct in the Bayesian sense) method for obtaining information about the system is to evolve the master equation, conditioned on the measurement record. Since the $d W$ in (18.63) is the same as the $d W$ in the SME (18.57), we can eliminate it and write the SME directly in terms of the measurement record:

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t+\Gamma \mathcal{D}\left[\sigma e^{i \phi}\right] \rho d t+\sqrt{\Gamma} \mathcal{H}\left[\sigma e^{i \phi}\right] \rho\left(\frac{d r(t)-\Gamma\left\langle\sigma e^{i \phi}+\sigma^{\dagger} e^{-i \phi}\right\rangle d t}{\sqrt{\Gamma}}\right) \tag{18.67}
\end{equation*}
$$

(homodyne SME with measurement signal)
This equation is still an Itō SDE, even though $d W$ does not explicitly appear here.

### 18.2.4 Information Gain from the Measurement Record

Now let's make a statement that is somewhat subtle, but nevertheless helps to gain insight here. Suppose that you and someone else have access to the same measurement record $d r(t)$, which begins at $t=0$, but for some reason the two of you disagree on the initial state $\rho(t=0)$ of the system (i.e., the Bayesian "prior"). That is, you two have different density operators at $t=0$. We are thus regarding the density operator as being subjective information about the quantum state. We will return to this topic in depth later, but let's just go with it for now. For technicalities of consistency, we will assume that both you and the other observer either both assign a particular measurement outcome (based on the density operator) to consistenly have either zero or nonzero probability (i.e., in any basis, both observers agree on whether or not any particular diagonal density-matrix element is zero). In this view, either state is as good as any other, so let's view the measurement record as being related to the expectation value of the other observer $B$ :

$$
\begin{equation*}
d r(t)=\Gamma\left\langle\sigma e^{i \phi}+\sigma^{\dagger} e^{-i \phi}\right\rangle_{B} d t+\sqrt{\Gamma} d W^{\prime} \tag{18.68}
\end{equation*}
$$

Here, the $B$ subscript denotes that the expectation value is taken with respect to the density operator $\rho_{B}$ of the second observer. Clearly, $d W^{\prime}$ is not the same as the original $d W$ if the expectation values differ with respect to the two quantum states. Then, we may rewrite the SME (18.67) as

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t+\Gamma \mathcal{D}[\sigma] \rho d t+\sqrt{\Gamma} \mathcal{H}\left[\sigma e^{i \phi}\right] \rho\left[\sqrt{\Gamma}\left(\left\langle\sigma e^{i \phi}+\sigma^{\dagger} e^{-i \phi}\right\rangle_{B}-\left\langle\sigma e^{i \phi}+\sigma^{\dagger} e^{-i \phi}\right\rangle\right) d t+d W^{\prime}\right] . \tag{18.69}
\end{equation*}
$$

Notice that the other expectation value here is taken with respect to your (observer $A$ 's) state $\rho$. Thus, we see that the measurement term is sensitive to the difference between the estimates of the quantity

$$
\begin{equation*}
\left\langle\sigma e^{i \phi}+\sigma^{\dagger} e^{-i \phi}\right\rangle \tag{18.70}
\end{equation*}
$$

according to you and to observer $B$. In fact, this difference will be suppressed during the evolution, so that as you and observer $B$ gain more and more consistent information, the difference in your density operators will tend to vanish at long times: in light of new information, the density operator "forgets" its initial condition. It is also possible to insist on an objective view of this same situation, where your initial density operator is "wrong," and observer $B$ is an omniscient observer that is "right." In this case, with more measurement information, your density operator will tend to converge to the "true" density operator. This is sometimes a useful way to think about things, but you must be careful since it will also get you into trouble (e.g., it leads to problems associated with wave-function collapse being a physical process). Note that the convergence of states here must be viewed with caution, since complete convergence can only occur if the measurement information in fact resolves the differences between the different states. For example, if you and I disagree about the uncertainty in the $X_{1}$ quadrature, but the measurement only provides information about the $X_{2}$ quadrature, then clearly our states need not converge to the same state as a result of the continuous measurement: the measurement won't affect the $X_{1}$ uncertainty, so we won't agree on that aspect of the state.

The convergence of states is in some sense more intuitive for the jump process without the local oscillator. Recall that a detected photon lowers the atom to the ground state $|\mathrm{g}\rangle$. Thus, with this measurement, any initial state is mapped to the same final state via a single jump, and so any observers must subsequently agree on the final state.

### 18.2.5 Diffusion Form of the Stochastic Schrödinger Equation

The SME (18.57) is equivalent to the SSE

$$
d|\psi\rangle=-\frac{i}{\hbar} H|\psi\rangle d t-\frac{\Gamma}{2}\left[\sigma^{\dagger} \sigma-\left\langle\sigma+\sigma^{\dagger}\right\rangle \sigma+\frac{1}{4}\left\langle\sigma+\sigma^{\dagger}\right\rangle^{2}\right]|\psi\rangle d t+\sqrt{\Gamma}\left[\sigma-\frac{1}{2}\left\langle\sigma+\sigma^{\dagger}\right\rangle\right]|\psi\rangle d W
$$

(SSE for homodyne detection) (18.71) as we can see again by expanding $d \rho$ to second order in $d|\psi\rangle$ and using the Itō rule $d W^{2}=d t$. Again, this "diffusion unravelling" of the SME is only valid for unit detection efficiency. Otherwise, we must use a modified SME, which we will derive below.

### 18.2.6 Balanced Homodyne Detection

The homodyne technique above, while relatively easy to analyze, has some practical disadvantages. First is the large dc offset due to the local oscillator that must be subtracted to obtain the desired signal. Second is the beam splitter, which must have close to unit reflection, and the corresponding requirement that the local oscillator field be very strong. Both of these problems are solved in practice by balanced homodyne detection, which involves a 50/50 beam splitter, detecting both output ports of the beam splitter, and then subtracting the two photocurrents.


Suppose that the beam splitter is lossless with reflection coefficient $r \in[0,1]$. Then proceeding in the same way as in the last section, the operator associated with the field impinging on detector 1 is

$$
\begin{equation*}
C_{1}=\sqrt{\Gamma}\left(r \sigma+\sqrt{1-r^{2}} \alpha\right) \tag{18.72}
\end{equation*}
$$

where $t=\sqrt{1-r^{2}}$ is the transmission coefficient of the (lossless) beam splitter, and again $\alpha$ is the amplitude of the coherent state $|\alpha\rangle$ of the local-oscillator field. The operator associated with the field impinging on detector 2 is

$$
\begin{equation*}
C_{2}=\sqrt{\Gamma}\left(\sqrt{1-r^{2}} \sigma-r \alpha\right) \tag{18.73}
\end{equation*}
$$

which follows from the Stokes relation $r^{\prime}=-r$ relating the reflection coefficient of the beam splitter from the two sides, or alternately that we may regard the beam splitter as inducing a unitary transformation on the input fields of the form

$$
\left[\begin{array}{cc}
t & r  \tag{18.74}\\
-r & t
\end{array}\right]
$$

with $r^{2}+t^{2}=1$, which in this case is an orthogonal transformation since we have assumed the coefficients to be real.

We can now associate two Poisson processes $d N_{1}$ and $d N_{2}$ with detectors 1 and 2, respectively, to account for "clicks" on each detector. The average photodetection rate of detector 1 is

$$
\begin{align*}
\left\langle\left\langle d N_{1}\right\rangle\right\rangle & =\left\langle C_{1}^{\dagger} C_{1}\right\rangle d t  \tag{18.75}\\
& =\Gamma\left[r^{2}\left\langle\sigma^{\dagger} \sigma\right\rangle+r \sqrt{1-r^{2}}\left\langle\alpha^{*} \sigma+\alpha \sigma^{\dagger}\right\rangle+\left(1-r^{2}\right)|\alpha|^{2}\right] d t
\end{align*}
$$

while the mean photodetection rate of detector 2 is

$$
\begin{align*}
\left\langle\left\langle d N_{2}\right\rangle\right\rangle & =\left\langle C_{2}^{\dagger} C_{2}\right\rangle d t  \tag{18.76}\\
& =\Gamma\left[\left(1-r^{2}\right)\left\langle\sigma^{\dagger} \sigma\right\rangle-r \sqrt{1-r^{2}}\left\langle\alpha^{*} \sigma+\alpha \sigma^{\dagger}\right\rangle+r^{2}|\alpha|^{2}\right] d t
\end{align*}
$$

Again, the contributions of the two fields, as well as the interference effects, are apparent in these expressions.
Now the two detectors generate photocurrents as before according to

$$
\begin{align*}
& I_{\mathrm{det}, 1}=Q_{\mathrm{ph}, 1} \frac{d N_{1}(t)}{d t}  \tag{18.77}\\
& I_{\mathrm{det}, 2}=Q_{\mathrm{ph}, 2} \frac{d N_{2}(t)}{d t}
\end{align*}
$$

where for the moment, we will assume the detectors have generally different "gains" $Q_{\text {det, } 1}$ and $Q_{\text {det,2 }}$ per photon. The subtracted photocurrent is then

$$
\begin{align*}
I_{-} & =I_{\mathrm{det}, 1}-I_{\mathrm{det}, 2} \\
& =Q_{\mathrm{ph}, 1} \frac{d N_{1}(t)}{d t}-Q_{\mathrm{ph}, 2} \frac{d N_{2}(t)}{d t} \tag{18.78}
\end{align*}
$$

where the mean is given by

$$
\begin{align*}
& \left\langle\left\langle I_{-}\right\rangle\right\rangle=\Gamma\left[\left[Q_{\mathrm{ph}, 1} r^{2}-Q_{\mathrm{ph}, 2}\left(1-r^{2}\right)\right]\left\langle\sigma^{\dagger} \sigma\right\rangle\right. \\
& \quad+\left(Q_{\mathrm{ph}, 1}+Q_{\mathrm{ph}, 2}\right) r \sqrt{1-r^{2}}\left\langle\alpha^{*} \sigma+\alpha \sigma^{\dagger}\right\rangle  \tag{18.79}\\
& \left.\quad+\left[Q_{\mathrm{ph}, 1}\left(1-r^{2}\right)-Q_{\mathrm{ph}, 2} r^{2}\right]|\alpha|^{2}\right]
\end{align*}
$$

Note that with the condition

$$
\begin{equation*}
Q_{\mathrm{ph}, 1}\left(1-r^{2}\right)=Q_{\mathrm{ph}, 2} r^{2} \tag{18.80}
\end{equation*}
$$

the $|\alpha|^{2}$ term vanishes; that is, the gains of the photodetectors can be adjusted to null out the large dc term. However, the small $\left\langle\sigma^{\dagger} \sigma\right\rangle$ term vanishes only if

$$
\begin{equation*}
Q_{\mathrm{ph}, 1} r^{2}=Q_{\mathrm{ph}, 2}\left(1-r^{2}\right) \tag{18.81}
\end{equation*}
$$

The only way to satisfy both conditions is to take a completely symmetric, or balanced, setup with $Q_{\mathrm{ph}, 1}=$ $Q_{\mathrm{ph}, 2}=Q_{\mathrm{ph}}$ and $r^{2}=1 / 2$. In this case, the mean subtracted photocurrent takes on the simpler form

$$
\begin{equation*}
\left\langle\left\langle I_{-}\right\rangle\right\rangle=Q_{\mathrm{ph}} \Gamma\left\langle\alpha^{*} \sigma+\alpha \sigma^{\dagger}\right\rangle \tag{18.82}
\end{equation*}
$$

and thus in the balanced setup, only the interference terms contribute without further subtraction or approximation.

### 18.2.6.1 Master Equation

Now we will derive the master equation for balanced homodyne detection, and see that in the limit of a strong local oscillator, the result is the same as for simple homodyne detection. Recalling again from Eq. (18.10) that the master equation for direct detection is

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t-\frac{\Gamma}{2} \mathcal{H}\left[\sigma^{\dagger} \sigma\right] \rho d t+\mathcal{J}[\sigma] \rho d N \tag{18.83}
\end{equation*}
$$

where $\langle\langle d N\rangle\rangle=\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle d t$, and the relevant superoperators are once again

$$
\begin{align*}
& \mathcal{J}[c] \rho:=\left(\frac{c \rho c^{\dagger}}{\left\langle c^{\dagger} c\right\rangle}-\rho\right)  \tag{18.84}\\
& \mathcal{H}[c] \rho:=c \rho+\rho c^{\dagger}+\left\langle c+c^{\dagger}\right\rangle \rho
\end{align*}
$$

We can decompose the Poisson process $d N$ into two parts $d N_{1}$ and $d N_{2}$, and correspondingly split the other damping term in the master equation, so that the split Poisson processes are determined by

$$
\begin{align*}
& \left\langle\left\langle d N_{1}\right\rangle\right\rangle=r^{2} \Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle d t  \tag{18.85}\\
& \left\langle\left\langle d N_{2}\right\rangle\right\rangle=\left(1-r^{2}\right) \Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle d t
\end{align*}
$$

and the master equation is

$$
\begin{align*}
d \rho= & -\frac{i}{\hbar}[H, \rho] d t \\
& -r^{2} \frac{\Gamma}{2} \mathcal{H}\left[\sigma^{\dagger} \sigma\right] \rho d t+\mathcal{J}[\sigma] \rho d N_{1}  \tag{18.86}\\
& -\left(1-r^{2}\right) \frac{\Gamma}{2} \mathcal{H}\left[\sigma^{\dagger} \sigma\right] \rho d t+\mathcal{J}[\sigma] \rho d N_{2} .
\end{align*}
$$

This equation is equivalent to the original direct-detection master equation (18.83), but now we can interpret this form as direct detection of the atomic fluorescence after a beam splitter, where terms on the second line represent detector 1 , and the terms on the third line represent detector 2 .

Now note that we currently have collapse operators

$$
\begin{align*}
& C_{1}=\sqrt{\Gamma} r \sigma  \tag{18.87}\\
& C_{2}=\sqrt{\Gamma} \sqrt{1-r^{2}} \sigma
\end{align*}
$$

associated with the two detectors, which give the expectation values (18.85). To incorporate the localoscillator field, and obtain the proper homodyne collapse operators (18.72) and (18.73), we must make the replacement

$$
\begin{equation*}
\sigma \longrightarrow \sigma+\frac{\sqrt{1-r^{2}}}{r} \alpha \tag{18.88}
\end{equation*}
$$

in the parts of the master equation (18.86) associated with detector 1 , and we must also make the replacement

$$
\begin{equation*}
\sigma \longrightarrow \sigma-\frac{r}{\sqrt{1-r^{2}}} \alpha \tag{18.89}
\end{equation*}
$$

in the parts of the master equation (18.86) associated with detector 2. In analogy with the calculation of Eq. (18.44), upon making these replacements, to keep the unconditioned master equation unchanged, we must also transform the Hamiltonian according to

$$
\begin{equation*}
H \longrightarrow H-\frac{i \hbar \Gamma}{2} r \sqrt{1-r^{2}}\left(\alpha^{*} \sigma-\alpha \sigma^{\dagger}\right)+\frac{i \hbar \Gamma}{2} r \sqrt{1-r^{2}}\left(\alpha^{*} \sigma-\alpha \sigma^{\dagger}\right)=H \tag{18.90}
\end{equation*}
$$

and thus the Hamiltonian needs no modification under the above replacements. That is, the effects of the two replacements on the unconditioned master equation exactly cancel, unlike the case of simple homodyne detection. Thus, implementing the replacements in Eq. (18.86), we have

$$
\begin{align*}
d \rho= & -\frac{i}{\hbar}[H, \rho] d t \\
& -r^{2} \frac{\Gamma}{2} \mathcal{H}\left[\left(\sigma^{\dagger}+\frac{\sqrt{1-r^{2}}}{r} \alpha^{*}\right)\left(\sigma+\frac{\sqrt{1-r^{2}}}{r} \alpha\right)\right] \rho d t+\mathcal{J}\left[\sigma+\frac{\sqrt{1-r^{2}}}{r} \alpha\right] \rho d N_{1}  \tag{18.91}\\
& -\left(1-r^{2}\right) \frac{\Gamma}{2} \mathcal{H}\left[\left(\sigma^{\dagger}-\frac{r}{\sqrt{1-r^{2}}} \alpha^{*}\right)\left(\sigma-\frac{r}{\sqrt{1-r^{2}}} \alpha\right)\right] \rho d t+\mathcal{J}\left[\sigma-\frac{r}{\sqrt{1-r^{2}}} \alpha\right] \rho d N_{2} .
\end{align*}
$$

Expanding out and simplifying the $\mathcal{H}[c] \rho$ terms, we see that all terms involving $\alpha$ cancel, leaving the simpler expression

$$
\begin{align*}
d \rho= & -\frac{i}{\hbar}[H, \rho] d t-\frac{\Gamma}{2} \mathcal{H}\left[\sigma^{\dagger} \sigma\right] \rho d t \\
& +\mathcal{J}\left[\sigma+\frac{\sqrt{1-r^{2}}}{r} \alpha\right] \rho d N_{1}+\mathcal{J}\left[\sigma-\frac{r}{\sqrt{1-r^{2}}} \alpha\right] \rho d N_{2} . \tag{18.92}
\end{align*}
$$

Now, to take the white-noise limit, where the amplitude of the local oscillator is large $(|\alpha| \longrightarrow \infty)$. In this case, we again make replacements of the form

$$
\begin{equation*}
d N \longrightarrow\left\langle\left\langle\frac{d N}{d t}\right\rangle\right\rangle d t+\sqrt{\left\langle\left\langle\frac{d N}{d t}\right\rangle\right\rangle} d W \tag{18.93}
\end{equation*}
$$

In particular, the contribution to the master equation proportional to $d t$ from the $d N_{1}$ term is

$$
\begin{equation*}
\mathcal{J}\left[\sigma+\frac{\sqrt{1-r^{2}}}{r} \alpha\right] \rho\left\langle\left\langle d N_{1}\right\rangle\right\rangle=r^{2} \Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle \mathcal{J}[\sigma] \rho d t+r \sqrt{1-r^{2}} \Gamma \mathcal{H}\left[\alpha^{*} \sigma\right] \rho d t, \tag{18.94}
\end{equation*}
$$

where the details are exactly as in the previous calculation of Eqs. (18.53). Similarly, the contribution to the master equation proportional to $d t$ from the $d N_{2}$ term is

$$
\begin{equation*}
\mathcal{J}\left[\sigma-\frac{r}{\sqrt{1-r^{2}}} \alpha\right] \rho\left\langle\left\langle d N_{2}\right\rangle\right\rangle=\left(1-r^{2}\right) \Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle \mathcal{J}[\sigma] \rho d t-r \sqrt{1-r^{2}} \Gamma \mathcal{H}\left[\alpha^{*} \sigma\right] \rho d t \tag{18.95}
\end{equation*}
$$

When these parts are included in the master equation, the first terms combine to form the usual dissipation term from the unconditioned equation, while the second terms cancel each other, and the result is

$$
\begin{align*}
d \rho= & -\frac{i}{\hbar}[H, \rho] d t+\Gamma \mathcal{D}[\sigma] \rho d t \\
& +\sqrt{r^{2} \Gamma\left\langle\left(\sigma^{\dagger}+\frac{\sqrt{1-r^{2}}}{r} \alpha^{*}\right)\left(\sigma+\frac{\sqrt{1-r^{2}}}{r} \alpha\right)\right\rangle \mathcal{J}\left[\sigma+\frac{\sqrt{1-r^{2}}}{r} \alpha\right] \rho d W_{1}}  \tag{18.96}\\
& +\sqrt{\left(1-r^{2}\right) \Gamma\left\langle\left(\sigma^{\dagger}-\frac{r}{\sqrt{1-r^{2}}} \alpha^{*}\right)\left(\sigma-\frac{r}{\sqrt{1-r^{2}}} \alpha\right)\right\rangle \mathcal{J}\left[\sigma-\frac{r}{\sqrt{1-r^{2}}} \alpha\right] \rho d W_{2}}
\end{align*}
$$

where now $d W_{1}$ and $d W_{2}$ are the Wiener processes corresponding to $d N_{1}$ and $d N_{2}$, respectively. Unfortunately, the stochastic terms do not simplify nearly as well, and so we will now consider the limit of a strong local oscillator, $|\alpha| \longrightarrow \infty$, and keep only the lowest order terms in $|\alpha|^{-1}$. The calculation is the same as in Eqs. (18.55),

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t+\Gamma \mathcal{D}[\sigma] \rho d t+\sqrt{\Gamma} \mathcal{H}\left[\sigma e^{i \phi}\right] \rho d W \tag{18.97}
\end{equation*}
$$

(balanced homodyne master equation)
where as before $\phi$ is the phase of the local-oscillator field,

$$
\begin{equation*}
\alpha=:|\alpha| e^{-i \phi} \tag{18.98}
\end{equation*}
$$

(local-oscillator phase)
and where the Wiener process $d W$ is given in terms of its independent constituents by

$$
\begin{equation*}
d W=r d W_{1}+\sqrt{1-r^{2}} d W_{2} \tag{18.99}
\end{equation*}
$$

(composite noise process)
and is thus itself a standard Wiener process. The form of the master equation is thus independent of $r$, but the two Wiener processes contribute to $d W$ equally only in the balanced case $r=1 / \sqrt{2}$.

### 18.2.6.2 Measurement Record

When we take the white-noise limit of the subtracted photocurrent (i.e., the measurement record), and again keep only lowest-order terms in $|\alpha|^{-1}$, we find

$$
\begin{equation*}
I_{-}=\left(Q_{\mathrm{ph}, 1}+Q_{\mathrm{ph}, 2}\right) r \sqrt{1-r^{2}}\left\langle\alpha^{*} \sigma+\alpha \sigma^{\dagger}\right\rangle d t+Q_{\mathrm{ph}, 1} \sqrt{\Gamma\left(1-r^{2}\right)|\alpha|^{2}} d W_{1}-Q_{\mathrm{ph}, 2} \sqrt{\Gamma r^{2}|\alpha|^{2}} d W_{2} \tag{18.100}
\end{equation*}
$$

if we assume condition (18.80) is fulfilled so that the large $|\alpha|^{2}$ dc offset term in the mean photocurrent vanishes. However, note that even with Eq. (18.80), there is no simple way to combine the two quantumnoise terms. If the two detectors have equal response, $Q_{\mathrm{ph}, 1}=Q_{\mathrm{ph}, 2}=Q_{\mathrm{ph}}$, then

$$
\begin{equation*}
I_{-}=Q_{\mathrm{ph}} \Gamma\left\langle\alpha^{*} \sigma+\alpha \sigma^{\dagger}\right\rangle d t+Q_{\mathrm{ph}} \sqrt{\Gamma}|\alpha| d W^{\prime} \tag{18.101}
\end{equation*}
$$

where the composite Wiener process is

$$
\begin{equation*}
d W^{\prime}=\sqrt{1-r^{2}} d W_{1}+r d W_{2} \tag{18.102}
\end{equation*}
$$

However, note that $d W^{\prime}$ is not equivalent to the composite Wiener process $d W$ that appeared in the master equation (18.99). These two noise processes are only simply identified in the case of perfect balancing, $r=1 / \sqrt{2}$, in which case $d W^{\prime}=d W$,

$$
\begin{equation*}
I_{-}=Q_{\mathrm{ph}} \Gamma\left\langle\alpha^{*} \sigma+\alpha \sigma^{\dagger}\right\rangle d t+Q_{\mathrm{ph}} \sqrt{\Gamma}|\alpha| d W \tag{18.103}
\end{equation*}
$$

(balanced homodyne photocurrent)
This is of the same form as for simple homodyne detection, but no extra subtraction is required to eliminate the dc offset term. The measurement photocurrent can then be rescaled as for simple homodyne detection.

### 18.2.7 Heterodyne Detection

In general, the local-oscillator field need not have the same nominal frequency as the atomic radition (i.e., it need not be the same field that drives the atom), and in such case the measurement setup corresponds to heterodyne detection. In the above analysis of homodyne detection, we have made no particular assumptions about the phase $\phi$ of the local oscillator, and we can thus treat heterodyne detection by simply setting $\phi=\Delta t$, where $\Delta=\omega_{\text {lo }}-\omega$ is the detuning between the local oscillator frequency $\omega_{\text {lo }}$ and the driving field $\omega$ of the atom. Thus, from the homodyne SME (18.86), the heterodyne-detection master equation becomes

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t+\Gamma \mathcal{D}[\sigma] \rho d t+\sqrt{\Gamma} \mathcal{H}\left[\sigma e^{i \Delta t}\right] \rho d W \tag{18.104}
\end{equation*}
$$

(heterodyne SME)
and from Eq. (18.63), the measurement record (scaled photocurrent) is

$$
\begin{equation*}
d r(t)=\Gamma\left\langle\sigma e^{i \Delta t}+\sigma^{\dagger} e^{-i \Delta t}\right\rangle d t+\sqrt{\Gamma} d W \tag{18.105}
\end{equation*}
$$

(heterodyne measurement record)
Heterodyne detection is often used in the case where the detuning $\Delta$ is large (compared to some relevant frequency scale, such as the inverse of a measurement averaging time), in which case the information in the measurement record is "encoded" at the high frequency $\Delta$. This is often pragmatically useful in the laboratory, since technical noise tends to drop off as $1 / \omega$, and thus the encoding at high frequency is generally less susceptible to technical noise. After detection it is most useful to demodulate the photocurrent signal by shifting the useful information to near-dc. In post-processing this is done by multiplying by the harmonic function $e^{-i \Delta t}$ to obtain

$$
\begin{equation*}
d \tilde{r}(t):=d r(t) e^{-i \Delta t}=\Gamma\left\langle\sigma+\sigma^{\dagger} e^{-2 i \Delta t}\right\rangle d t+\sqrt{\Gamma} d V \tag{18.106}
\end{equation*}
$$

where

$$
\begin{equation*}
d V:=e^{-i \Delta t} d W \tag{18.107}
\end{equation*}
$$

(rotating Wiener process)
is the frequency-shifted noise process. For large detunings, the rapidly rotating term at frequency $2 \Delta$ is ignorable over any reasonable averaging time and is thus negligible, so we may write ${ }^{10}$

$$
\begin{equation*}
d \tilde{r}(t) \approx \Gamma\langle\sigma\rangle d t+\sqrt{\Gamma} d V \tag{18.108}
\end{equation*}
$$

(heterodyne measurement record)
Thus, the measurement record now contains information about $\langle\sigma\rangle$, and thus about both quadratures $\left\langle\sigma_{x}\right\rangle$ and $\left\langle\sigma_{y}\right\rangle$. The reason that this works is that the detuning separates the components $\langle\sigma\rangle$ and $\left\langle\sigma^{\dagger}\right\rangle$ to different frequencies $\pm \Delta$, and thus the information about only one of these expectation values may be detected. By contrast, in homodyne detection the information about the two operators is encoded at the same frequency, and thus we only obtain information in the quadrature combinations $\left\langle\sigma \pm \sigma^{\dagger}\right\rangle$. Note that demodulating the signal, as in analog electronics, by multiplying $d r$ by the real harmonic function $\cos \Delta t$ does not work in the same way, since it shifts the information for both $\langle\sigma\rangle$ and $\left\langle\sigma^{\dagger}\right\rangle$ to zero frequency, and thus amounts simply to homodyne detection.

In terms of the noise process $d V$, we may write the master equation as

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t+\Gamma \mathcal{D}[\sigma] \rho d t+\sqrt{\Gamma} \mathcal{H}\left[\sigma e^{i \Delta t}\right] \rho e^{i \Delta t} d V \tag{18.109}
\end{equation*}
$$

(heterodyne SME)
In the noise term there are thus contributions that go as $\sigma e^{2 i \Delta t} d V$ and $\sigma^{\dagger} d V$. However, we may not make a rotating wave approximation here and neglect the former compared to the latter, because $d W$ contains all

[^244]frequencies, and thus both terms are "fast" in the same sense. In treating this equation it is useful to note the relations (valid in the limit of large $\Delta$ )
\[

$$
\begin{align*}
\langle\langle d V\rangle\rangle & =e^{i \Delta t}\langle\langle d W\rangle\rangle=0 \\
d V^{2} & =e^{-2 i \Delta t} d t \approx 0  \tag{18.110}\\
(d V)^{*} d V & =d W^{2}=d t
\end{align*}
$$
\]

Otherwise, there is no fundamental simplification to the master equation in this case, and even though the measurement information is different, it is simplest to think of the heterodyne and homodyne master equations as equivalent except for the time dependence of the phase $\phi$.

### 18.2.8 Detector Efficiency and Multiple Observers

The SME (18.57) for homodyne detection,

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t+\Gamma \mathcal{D}[\sigma] \rho d t+\sqrt{\Gamma} \mathcal{H}[\sigma] \rho d W \tag{18.111}
\end{equation*}
$$

where for simplicity we have taken the local-oscillator phase $\phi=0$ (though all of our conclusions apply to any setup above), applies when the detector catches all of the photons emitted by the atom. To model a finite detection efficiency, suppose the radiated field is split by a beam splitter into two components weighted by $\sqrt{\eta_{1}}$ and $\sqrt{\eta_{2}}$, respectively (i.e., the intensities are weighted by $\eta_{1}$ and $\eta_{2}$ ), which are then monitored by homodyne detection on homodyne detectors 1 and 2 , respectively.


We are assuming the amplitudes $\sqrt{\eta_{1}}$ and $\sqrt{\eta_{2}}$ to be real, with $\eta_{1}+\eta_{2}=1$. Then the SME above is modified to include the two measurement processes, where $\sigma \longrightarrow \sqrt{\eta_{1}} \sigma$ for the process on detector 1, and $\sigma \longrightarrow \sqrt{\eta_{2}} \sigma$ for the process on detector 2 :

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t+\Gamma \mathcal{D}\left[\sqrt{\eta_{1}} \sigma\right] \rho d t+\sqrt{\Gamma} \mathcal{H}\left[\sqrt{\eta_{1}} \sigma\right] \rho d W_{1}+\Gamma \mathcal{D}\left[\sqrt{\eta_{2}} \sigma\right] \rho d t+\sqrt{\Gamma} \mathcal{H}\left[\sqrt{\eta_{2}} \sigma\right] \rho d W_{2} \tag{18.112}
\end{equation*}
$$

We can combine the two dissipation terms, since they are linear in $\eta_{1,2}$, and factor the $\eta_{1,2}$ out of the measurement terms to obtain

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t+\Gamma \mathcal{D}[\sigma] \rho d t+\sqrt{\eta_{1} \Gamma} \mathcal{H}[\sigma] \rho d W_{1}+\sqrt{\eta_{2} \Gamma} \mathcal{H}[\sigma] \rho d W_{2} . \tag{18.113}
\end{equation*}
$$

(SME for two observers)
The dissipation term is precisely the same as if the light were not split: the disturbance does not depend on th details of the measurement. Of course, if we define

$$
\begin{equation*}
d W:=\sqrt{\eta_{1}} d W_{1}+\sqrt{\eta_{2}} d W_{2}, \tag{18.114}
\end{equation*}
$$

we recover the original master equation where the light was not split. The measurement record (18.63) is correspondingly modified into two measurement records for the two detectors:

$$
\begin{align*}
& d r_{1}(t)=\Gamma\left\langle\sqrt{\eta_{1}} \sigma+\sqrt{\eta_{1}} \sigma^{\dagger}\right\rangle d t+\sqrt{\Gamma} d W_{1} \\
& d r_{2}(t)=\Gamma\left\langle\sqrt{\eta_{2}} \sigma+\sqrt{\eta_{2}} \sigma^{\dagger}\right\rangle d t+\sqrt{\Gamma} d W_{2} \tag{18.115}
\end{align*}
$$

(measurement records for two observers)
The original measurement record is recovered by taking the combination

$$
\begin{equation*}
\sqrt{\eta_{1}} d r_{1}(t)+\sqrt{\eta_{2}} d r_{2}(t)=\Gamma\left\langle\sigma+\sigma^{\dagger}\right\rangle d t+\sqrt{\Gamma} d W=d r(t) . \tag{18.116}
\end{equation*}
$$

We can rescale these records so that the expectation values have the same amplitudes as the original measurement record:

$$
\begin{align*}
& d \tilde{r}_{1}(t)=\frac{d r_{1}}{\sqrt{\eta_{1}}}=\Gamma\left\langle\sigma+\sigma^{\dagger}\right\rangle d t+\sqrt{\frac{\Gamma}{\eta_{1}}} d W_{1} \\
& d \tilde{r}_{2}(t)=\frac{d r_{2}}{\sqrt{\eta_{2}}}=\Gamma\left\langle\sigma+\sigma^{\dagger}\right\rangle d t+\sqrt{\frac{\Gamma}{\eta_{2}}} d W_{2} \tag{18.117}
\end{align*}
$$

(measurement records for two observers)
In this case, the quantum noise is effectively amplified for each of the two detectors compared to the case of a single detector. As we will discuss below, the increased quantum noise is due to the presence of another information channel, which necessarily disturbs, or back-acts, on the quantum system.

Now what we essentially have is the theory for two observers monitoring the same atomic fluorescence. Suppose that there are two observers 1 and 2, each of which has access to only their respective detector 1 or 2. Observer 1 does not have access to detector 2, and thus must trace over all possible results on detector 2. We do this by taking an ensemble average over all possible realizations of $d W_{2}$, which we again do by effectively setting $d W_{2}=0$, and thus obtain the SME for the state of knowledge $\rho_{1}$ of observer 1:

$$
\begin{equation*}
d \rho_{1}=-\frac{i}{\hbar}\left[H, \rho_{1}\right] d t+\Gamma \mathcal{D}[\sigma] \rho_{1} d t+\sqrt{\eta_{1} \Gamma} \mathcal{H}_{1}[\sigma] \rho_{1} d W_{1}^{\prime} \tag{18.118}
\end{equation*}
$$

(SME for observer 1)
Here, we have used the notation

$$
\begin{align*}
\mathcal{H}_{1}[c] \rho & :=c \rho+\rho c^{\dagger}-\operatorname{Tr}\left[c \rho_{1}+\rho_{1} c^{\dagger}\right] \rho  \tag{18.119}\\
& =c \rho+\rho c^{\dagger}-\left\langle c+c^{\dagger}\right\rangle_{1} \rho
\end{align*}
$$

so that the superscript on the $\mathcal{H}$ superoperator denotes that the expectation value is taken with respect to $\rho_{1}$. The measurement record for observer 1 has the same form as in Eq. (18.117),

$$
\begin{equation*}
d \tilde{r}_{1}(t)=\Gamma\left\langle\sigma+\sigma^{\dagger}\right\rangle_{1} d t+\sqrt{\frac{\Gamma}{\eta_{1}}} d W_{1}^{\prime} \tag{18.120}
\end{equation*}
$$

(measurement record for observer 1)
but now the expectation value is taken with respect to $\rho_{1}$. Correspondingly, we cannot assume that the noise process $d W_{1}^{\prime}$ according to observer 1 is the same as the original $d W_{1}$. Similarly, the SME for observer 2 is

$$
\begin{equation*}
d \rho_{2}=-\frac{i}{\hbar}\left[H, \rho_{2}\right] d t+\Gamma \mathcal{D}[\sigma] \rho_{2} d t+\sqrt{\eta_{2} \Gamma} \mathcal{H}_{2}[\sigma] \rho_{2} d W_{2}^{\prime} \tag{18.121}
\end{equation*}
$$

(SME for observer 2)
and the measurement record according to observer 2 is

$$
\begin{equation*}
d \tilde{r}_{2}(t)=\Gamma\left\langle\sigma+\sigma^{\dagger}\right\rangle_{2} d t+\sqrt{\frac{\Gamma}{\eta_{2}}} d W_{2}^{\prime} \tag{18.122}
\end{equation*}
$$

(measurement record for observer 2)

We can interpret the first SME (18.113) and corresponding measurement records (18.117) that include both detectors as those of another omniscient observer that has access to both detectors. We can now equate the two expressions for each measurement record to obtain

$$
\begin{align*}
& d W_{1}^{\prime}=\sqrt{\eta_{1} \Gamma}\left[\left\langle\sigma+\sigma^{\dagger}\right\rangle-\left\langle\sigma+\sigma^{\dagger}\right\rangle_{1}\right]+d W_{1}  \tag{18.123}\\
& d W_{2}^{\prime}=\sqrt{\eta_{2} \Gamma}\left[\left\langle\sigma+\sigma^{\dagger}\right\rangle-\left\langle\sigma+\sigma^{\dagger}\right\rangle_{2}\right]+d W_{2}
\end{align*}
$$

relating the noise processes $d W_{1}^{\prime}$ and $d W_{2}^{\prime}$ for the individual observers to the noise processes $d W_{1}$ and $d W_{2}$ for the omniscient observer. Note that we have derived the above equations assuming the two observers are making the same measurement on the light, but this is easily generalized to the case of two different measurements by the two observers.

The case of inefficient detection is exactly the case of a single observer in the presence of a second observer, where the observer does not have all the possible information and needs to trace over all the undetected information. Then the observer's SME becomes

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t+\Gamma \mathcal{D}[\sigma] \rho d t+\sqrt{\eta \Gamma} \mathcal{H}[\sigma] \rho d W \tag{18.124}
\end{equation*}
$$

(inefficient homodyne detection SME)
and the measurement record is

$$
\begin{equation*}
d \tilde{r}(t)=\Gamma\left\langle\sigma+\sigma^{\dagger}\right\rangle d t+\sqrt{\frac{\Gamma}{\eta}} d W \tag{18.125}
\end{equation*}
$$

(inefficient homodyne detection measurement record)
where $\eta$ is the efficiency of the detector (i.e., the fraction of total intensity that is actually registers on the detector).

### 18.3 Conditioned Dynamics and Squeezing

Now that we have fairly general forms of the master equation for homodyne and heterodyne measurement, we would like to interpret the measurement terms in the master equations to see their physical meaning. In particular, the $\mathcal{H}[c] \rho$ terms (i.e., the noise terms) represent the information gain due to the measurement process, while the $\mathcal{D}[c] \rho$ terms represent the disturbance to, or the backaction on, the state of the system due to the measurement. Of course, as we see from the dependence on the efficiency $\eta$, the backaction occurs independently of whether the observer uses or discards the measurement information (corresponding to $\eta=1$ or 0 , respectively).

Interpreting the master equation in this way is an important exercise because the measurement record $d r$ tells us what the observer actually measured, but to find out what the observer actually knows about the system in light of the measurement, we must actually solve the master equation. Of course, this is quite difficult to do in general, but we can consider the evolution of the lowest moments (expectation values of powers of $x$ and $p$ ) of the canonical variables. This will give us the observer's time-dependent estimates of position and momentum, as well as the associated uncertainties.

Let us consider the case of homodyne detection of a cavity field-which we recall from Chapter 12 is equivalent to homodyne detection of the atomic field under the replacements $\sigma \longrightarrow a, \Gamma \longrightarrow \kappa$ with the additional evolution under the action of a Hamiltonian $H$ :

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t+\kappa \mathcal{D}[a] \rho d t+\sqrt{\eta \kappa} \mathcal{H}[a] \rho d W \tag{18.126}
\end{equation*}
$$

(SME for cavity homodyne detection)

Correspondingly, the measurement record for measurement efficiency $\eta$ is

$$
d \tilde{r}(t)=\kappa\left\langle a+a^{\dagger}\right\rangle d t+\sqrt{\frac{\kappa}{\eta}} d W
$$

(measurement record for cavity homodyne detection) (18.127) Here, $a$ is the cavity annihilation operator, and we are only considering a measurement of the $X_{1}$ quadrature (proportional to $a+a^{\dagger}$, as we will define below) to simplify things. For an arbitrary operator $A$, we can use the master equation and $d\langle A\rangle=\operatorname{Tr}[A d \rho]$ to obtain following equation of motion for the expectation value $\langle A\rangle$ :

$$
\begin{aligned}
d\langle A\rangle= & -\frac{i}{\hbar}\langle[A, H]\rangle d t \\
& +\kappa\left\langle a^{\dagger} A a-\frac{1}{2}\left(a^{\dagger} a A+A a^{\dagger} a\right)\right\rangle d t \\
& +\sqrt{\eta \kappa}\left\langle a^{\dagger} A+A a-\langle A\rangle\left\langle a+a^{\dagger}\right\rangle\right\rangle d W
\end{aligned}
$$

(expectation-value evolution under SME) (18.128) The first line gives the Hamiltonian evolution, the second line the effect of the dissipation/disturbance $\mathcal{D}[a] \rho$, and the last line is the effect of the measurement information $\mathcal{H}[a] \rho$.

The evolution of the isolated cavity is then given by the harmonic oscillator Hamiltonian

$$
\begin{equation*}
H=\frac{p^{2}}{2 m}+\frac{1}{2} m \omega^{2} x^{2} \tag{18.129}
\end{equation*}
$$

(cavity Hamiltonian)
which we write in canonical coordinates rather than the raising and lowering operators ( $m$ here is an "effective mass," which while quantizing the field we decided was the permittivity $\epsilon_{0}$ ). We will thus derive the the lowest few moments of $x$ and $p$ using the above formula for $d\langle A\rangle$. We will also make the simplifying assumption that the initial state is Gaussian, so that we only need to consider the simplest five moments: the means $\langle x\rangle$ and $\langle p\rangle$, the variances $V_{x}$ and $V_{p}$, where $V_{\alpha}:=\left\langle\alpha^{2}\right\rangle-\langle\alpha\rangle^{2}$, and the symmetrized covariance $C_{x p}:=(1 / 2)\left\langle[x, p]_{+}\right\rangle-\langle x\rangle\langle p\rangle$. These moments completely characterize arbitrary Gaussian states (including mixed states). Recall from Section 5.6.1 that we already decided that the Gaussian state was a "natural" state for the damped harmonic oscillator, where $\mathcal{D}[a] \rho$ is precisely the damping term that we used then.

### 18.3.1 Moment Equations

To set up the calculation, we recall for the harmonic oscillator that the annihilation operator is related to the canonical coordinates by

$$
\begin{equation*}
a=\frac{1}{\sqrt{2} x_{0}} x+i \frac{x_{0}}{\sqrt{2} \hbar} p \tag{18.130}
\end{equation*}
$$

where the length scale $x_{0}$ is defined by

$$
\begin{equation*}
x_{0}:=\sqrt{\frac{\hbar}{m \omega}} . \tag{18.131}
\end{equation*}
$$

Evaluating the terms in the above evolution equation for the various moments gives the following moment equations for the conditioned evolution in this case:

$$
\begin{align*}
d\langle x\rangle & =\frac{1}{m}\langle p\rangle d t-\frac{\kappa}{2}\langle x\rangle d t+\sqrt{2 \eta \kappa \frac{m \omega}{\hbar}}\left(V_{x}-\frac{\hbar}{2 m \omega}\right) d W \\
d\langle p\rangle & =-m \omega^{2}\langle x\rangle d t-\frac{\kappa}{2}\langle p\rangle d t+\sqrt{2 \eta \kappa \frac{m \omega}{\hbar}} C_{x p} d W \\
\partial_{t} V_{x} & =\frac{2}{m} C_{x p}-\kappa\left(V_{x}-\frac{\hbar}{2 m \omega}\right)-2 \eta \kappa \frac{m \omega}{\hbar}\left(V_{x}-\frac{\hbar}{2 m \omega}\right)^{2} \\
\partial_{t} V_{p} & =-2 m \omega^{2} C_{x p}-\kappa\left(V_{p}-\frac{m \omega \hbar}{2}\right)-2 \eta \kappa \frac{m \omega}{\hbar} C_{x p}^{2} \\
\partial_{t} C_{x p} & =\frac{1}{m} V_{p}-m \omega^{2} V_{x}-\kappa C_{x p}-2 \eta \kappa \frac{m \omega}{\hbar} C_{x p}\left(V_{x}-\frac{\hbar}{2 m \omega}\right) . \tag{18.132}
\end{align*}
$$

(moment evolution under SME)
Here, we have used the following moment relations, valid for a Gaussian state: ${ }^{11}$

$$
\begin{align*}
\left\langle x^{3}\right\rangle & =3\langle x\rangle V_{x}+\langle x\rangle^{3} \\
\frac{1}{2}\left\langle\left[x, p^{2}\right]_{+}\right\rangle & =2\langle p\rangle C_{x p}+\langle x\rangle\left[V_{p}+\langle p\rangle^{2}\right]  \tag{18.133}\\
\frac{1}{4}\left\langle\left[x,[x, p]_{+}\right]_{+}\right\rangle & =2\langle x\rangle C_{x p}+\langle p\rangle\left[V_{x}+\langle x\rangle^{2}\right]
\end{align*}
$$

This approximation decouples the variances from any higher-order moments and removes any noise terms from the variance equations.

### 18.3.2 Quadrature Moments

We can make these equations look a bit more symmetric by defining the stationary quadrature operators

$$
\begin{align*}
& X_{1}:=\frac{1}{2}\left(a+a^{\dagger}\right)=\sqrt{\frac{m \omega}{2 \hbar} x}  \tag{18.134}\\
& X_{2}:=\frac{1}{2 i}\left(a-a^{\dagger}\right)=\sqrt{\frac{1}{2 m \omega \hbar}} p
\end{align*}
$$

(field quadratures)
in which case the moment equations transform to

$$
\begin{align*}
d\left\langle X_{1}\right\rangle & =\omega\left\langle X_{2}\right\rangle d t-\frac{\kappa}{2}\left\langle X_{1}\right\rangle d t+\sqrt{4 \eta \kappa}\left(V_{X_{1}}-\frac{1}{4}\right) d W \\
d\left\langle X_{2}\right\rangle & =-\omega\left\langle X_{1}\right\rangle d t-\frac{\kappa}{2}\left\langle X_{2}\right\rangle d t+\sqrt{4 \eta \kappa} C_{X_{1} X_{2}} d W \\
\partial_{t} V_{X_{1}} & =2 \omega C_{X_{1} X_{2}}-\kappa\left(V_{X_{1}}-\frac{1}{4}\right)-4 \eta \kappa\left(V_{X_{1}}-\frac{1}{4}\right)^{2} \\
\partial_{t} V_{X_{2}} & =-2 \omega C_{X_{1} X_{2}}-\kappa\left(V_{X_{2}}-\frac{1}{4}\right)-4 \eta \kappa C_{X_{1} X_{2}}^{2} \\
\partial_{t} C_{X_{1} X_{2}} & =\omega\left(V_{X_{2}}-V_{X_{1}}\right)-\kappa C_{X_{1} X_{2}}-4 \eta \kappa C_{X_{1} X_{2}}\left(V_{X_{1}}-\frac{1}{4}\right) . \tag{18.135}
\end{align*}
$$

(quadrature-moment evolution)
Here it is more obvious that $X_{1}$ and $X_{2}$ are treated symmetrically, and the Hamiltonian evolution simply involves a rotation in the $X_{1}-X_{2}$ plane at a frequency $\omega$, corresponding to the free evolution of the cavity field.

[^245]
### 18.3.3 Interpretation

Now on to the interpretation of the moment equations (18.135). First, consider the unconditioned evolution of the means $\left\langle X_{1}\right\rangle$ and $\left\langle X_{2}\right\rangle$, where we average over all possible noise realizations. Again, since $\langle\langle\rho d W\rangle\rangle=0$, we can simply set $d W=0$ in the above equations, and we will drop the double angle brackets for brevity. The Hamiltonian evolution terms are of course the same, but now we see extra damping terms. Decoupling these two equations gives an equation of the usual form for the damped harmonic oscillator for the mean position:

$$
\begin{equation*}
\partial_{t}^{2}\left\langle X_{1}\right\rangle+\kappa \partial_{t}\left\langle X_{1}\right\rangle+\left(\omega^{2}+\frac{\kappa^{2}}{4}\right)\left\langle X_{1}\right\rangle=0 \tag{18.136}
\end{equation*}
$$

The same equation of motion follows for the other quadrature $X_{2}$. Note that we identify the frequency $\omega$ here as the actual oscillation frequency $\omega_{\kappa}$ of the damped oscillator, given by $\omega_{\kappa}^{2}=\omega^{2}-\kappa^{2} / 4$, and not the resonance frequency $\omega$ that appears the usual form of the classical formula. Then both quadratures undergo damped harmonic oscillation, so that the trajectory in the $X_{1}-X_{2}$ plane is a radially symmetric spiral towards the origin (or a circle in the limit $\kappa=0$ ).

The noise terms in these equations correspond to nonstationary diffusion, or diffusion where the transport rate depends on the state of the system. Note that under such a diffusive process, the system will tend to come to rest in configurations where the diffusion coefficient vanishes, an effect closely related to the "blowtorch theorem." ${ }^{12}$ Here, this corresponds to $V_{X_{1}}=1 / 4$ and $C_{X_{1} X_{2}}=0$, or $V_{x}=\hbar / 2 m \omega$ and $C_{x p}=0$ in the original coordinates, which correspond to the values of the ground state (or any coherent state).

The variance equations also contain unconditioned damping terms (proportional to $\kappa$ but not $\eta$ ). These damping terms cause the system to equilibrate with the same variance values as noted above; they also produce the extra equilibrium value $V_{X_{2}}=1 / 4$ or $V_{p}=m \omega \hbar / 2$. The conditioning term (proportional to $\eta$ ) in the equation for $V_{X_{1}}$ merely accelerates the contraction of $V_{X_{1}}$, and thus represents information gain in the $X_{1}$ quadrature (i.e., the one we are measuring). It also accelerates the settling to the equilibrium value $V_{X_{1}}=1 / 4$. The measurement term in the $V_{X_{2}}$ equation involves only the covariance: this says that if $C_{X_{1} X_{2}} \neq 0$, then the two quadratures are correlated, and thus a measurement on $X_{1}$ also provides some information about $X_{2}$.

### 18.3.4 Squeezing (or Lack Thereof)

Thus, we see that the essential effect of the antihermitian measurement operator is to damp the energy from the system, whether it is stored in the centroids or in the variances. In fact, what we see is that this measurement process selects coherent states, states that have the same shape as the harmonic-oscillator ground state, but whose centroids oscillate along the classical harmonic-oscillator trajectories. One thing that we can immediately conclude from this analysis is that even though the homodyne measurement obtains information about the " $x$ quadrature," since the measurement accelerates the decay of $V_{x}$, we can see that the measurement does not squeeze the quadradure - that is, the uncertanty does not become smaller than that of the coherent state (ground state) in steady state. Squeezing can be produced by a measurement, but it requires the measurement operator to be of the form $a+a^{\dagger}$ (i.e., we must realize a direct, Hermitian "position measurement") rather than simply a measurement via $a$. That is, the master equation should be of the form

$$
\begin{equation*}
d \rho=\kappa \mathcal{D}\left[X_{1}\right] \rho d t+\sqrt{\eta \kappa} \mathcal{H}\left[X_{1}\right] \rho d W \tag{18.137}
\end{equation*}
$$

to produce squeezing in $X_{1}$, but this does not correspond to a photodetection measurement that we have considered thus far. Because the measurement operator is Hermitian in this case, the measurement would not cause damping, and would have to be realized by a dispersive (i.e., nonabsorbing) measurement interaction, say by firing a beam of atoms through a lossless cavity and measuring atomic phase shifts due to nonresonant interaction with the cavity field. This master equation also has the form of a position measurement, which we will consider in depth in the next chapter.

[^246]
### 18.3.5 Homodyne Detection

Now recall that in homodyne detection, the frequency of the local oscillator matches that of the cavity, which has the same effect in the above equations of setting $\omega \longrightarrow 0$ :

$$
\begin{aligned}
d\left\langle X_{1}\right\rangle & =-\frac{\kappa}{2}\left\langle X_{1}\right\rangle d t+\sqrt{4 \eta \kappa}\left(V_{X_{1}}-\frac{1}{4}\right) d W \\
d\left\langle X_{2}\right\rangle & =-\frac{\kappa}{2}\left\langle X_{2}\right\rangle d t+\sqrt{4 \eta \kappa} C_{X_{1} X_{2}} d W \\
\partial_{t} V_{X_{1}} & =-\kappa\left(V_{X_{1}}-\frac{1}{4}\right)-4 \eta \kappa\left(V_{X_{1}}-\frac{1}{4}\right)^{2} \\
\partial_{t} V_{X_{2}} & =-\kappa\left(V_{X_{2}}-\frac{1}{4}\right)-4 \eta \kappa C_{X_{1} X_{2}}^{2} \\
\partial_{t} C_{X_{1} X_{2}} & =-\kappa C_{X_{1} X_{2}}-4 \eta \kappa C_{X_{1} X_{2}}\left(V_{X_{1}}-\frac{1}{4}\right)
\end{aligned}
$$

(quadrature-moment evolution under homodyne detection) (18.138) In this way, the measurement always gets information about a single quadrature (in this case, the measurement provides information about the $X_{1}$ quadrature).

### 18.3.6 Heterodyne Detection

To treat heterodyne detection, note that the local oscillator and cavity frequencies do not match, which amounts to letting $\omega \longrightarrow \Delta$ in Eqs. (18.135), where $\Delta$ is again the detuning between the local oscillator and the cavity. Then defining the corotating quadratures

$$
\begin{align*}
\tilde{X}_{1} & :=X_{1} \cos \Delta t-X_{2} \sin \Delta t  \tag{18.139}\\
\tilde{X}_{2} & :=X_{1} \sin \Delta t+X_{2} \cos \Delta t
\end{align*}
$$

(corotating quadratures)
we can transform the variances to the new variables using

$$
\begin{align*}
V_{\tilde{X}_{1}} & =V_{X_{1}} \cos ^{2} \Delta t+V_{X_{2}} \sin ^{2} \Delta t-2 C_{X_{1} X_{2}} \sin \Delta t \cos \Delta t \\
V_{\tilde{X}_{2}} & =V_{X_{1}} \sin ^{2} \Delta t+V_{X_{2}} \cos ^{2} \Delta t+2 C_{X_{1} X_{2}} \sin \Delta t \cos \Delta t  \tag{18.140}\\
C_{\tilde{X}_{1} \tilde{X}_{2}} & =V_{X_{1}} \sin \Delta t \cos \Delta t-V_{X_{2}} \sin \Delta t \cos \Delta t+C_{X_{1} X_{2}}\left(\cos ^{2} \Delta t-\sin ^{2} \Delta t\right)
\end{align*}
$$

to rewrite the moment equations as

$$
\begin{align*}
d\left\langle\tilde{X}_{1}\right\rangle= & -\frac{\kappa}{2}\left\langle\tilde{X}_{1}\right\rangle d t+\sqrt{4 \eta \kappa}\left(V_{X_{1}}-\frac{1}{4}\right) \cos \Delta t d W-\sqrt{4 \eta \kappa} C_{X_{1} X_{2}} \sin \Delta t d W \\
d\left\langle\tilde{X}_{2}\right\rangle= & -\frac{\kappa}{2}\left\langle\tilde{X}_{2}\right\rangle d t+\sqrt{4 \eta \kappa}\left(V_{X_{1}}-\frac{1}{4}\right) \sin \Delta t d W+\sqrt{4 \eta \kappa} C_{X_{1} X_{2}} \cos \Delta t d W \\
\partial_{t} V_{\tilde{X}_{1}}= & -\kappa\left(V_{\tilde{X}_{1}}-\frac{1}{4}\right)-4 \eta \kappa\left(V_{X_{1}}-\frac{1}{4}\right)^{2} \cos ^{2} \Delta t-4 \eta \kappa C_{X_{1} X_{2}}^{2} \sin ^{2} \Delta t \\
& +8 \eta \kappa C_{X_{1} X_{2}}\left(V_{X_{1}}-\frac{1}{4}\right) \sin \Delta t \cos \Delta t  \tag{18.141}\\
\partial_{t} V_{\tilde{X}_{2}}= & -\kappa\left(V_{X_{2}}-\frac{1}{4}\right)-4 \eta \kappa\left(V_{X_{1}}-\frac{1}{4}\right)^{2} \sin ^{2} \Delta t-4 \eta \kappa C_{X_{1} X_{2}}^{2} \cos ^{2} \Delta t \\
& -8 \eta \kappa C_{X_{1} X_{2}}\left(V_{X_{1}}-\frac{1}{4}\right) \sin \Delta t \cos \Delta t \\
\partial_{t} C_{\tilde{X}_{1} \tilde{X}_{2}}= & -\kappa C_{\tilde{X}_{1} \tilde{X}_{2}}-4 \eta \kappa\left(V_{X_{1}}-\frac{1}{4}\right)^{2} \sin \Delta t \cos \Delta t+4 \eta \kappa C_{X_{1} X_{2}}^{2} \sin \Delta t \cos \Delta t \\
& +2 \eta \kappa C_{X_{1} X_{2}}\left(V_{X_{1}}-\frac{1}{4}\right)\left(\cos ^{2} \Delta t-\sin { }^{2} \Delta t\right) .
\end{align*}
$$

In doing so, we have eliminated the Hamiltonian free-evolution terms, but we have introduced some explicit time dependence in the equations. We will now consider the variance equations in the limit of large $\Delta$, and we will replace terms oscillating at frequencies of order $\Delta$ by their time-averaged values, being careful to implement the inverse relations for the original variances,

$$
\begin{align*}
V_{X_{1}} & =V_{\tilde{X}_{1}} \cos ^{2} \Delta t+V_{\tilde{X}_{2}} \sin ^{2} \Delta t+2 C_{\tilde{X}_{1} \tilde{X}_{2}} \sin \Delta t \cos \Delta t \\
V_{X_{2}} & =V_{\tilde{X}_{1}} \sin ^{2} \Delta t+V_{\tilde{X}_{2}} \cos ^{2} \Delta t-2 C_{\tilde{X}_{1} \tilde{X}_{2}} \sin \Delta t \cos \Delta t  \tag{18.142}\\
C_{X_{1} X_{2}} & =-V_{\tilde{X}_{1}} \sin \Delta t \cos \Delta t+V_{\tilde{X}_{2}} \sin \Delta t \cos \Delta t+C_{\tilde{X}_{1} \tilde{X}_{2}}\left(\cos ^{2} \Delta t-\sin ^{2} \Delta t\right),
\end{align*}
$$

so that we obtain

$$
\begin{align*}
\partial_{t} V_{\tilde{X}_{1}} & =-\kappa\left(V_{\tilde{X}_{1}}-\frac{1}{4}\right)-2 \eta \kappa C_{\tilde{X}_{1} \tilde{X}_{2}}^{2}-2 \eta \kappa\left(V_{\tilde{X}_{1}}-\frac{1}{4}\right)^{2} \\
\partial_{t} V_{\tilde{X}_{2}} & =-\kappa\left(V_{\tilde{X}_{2}}-\frac{1}{4}\right)-2 \eta \kappa C_{\tilde{X}_{1} \tilde{X}_{2}}^{2}-2 \eta \kappa\left(V_{\tilde{X}_{2}}-\frac{1}{4}\right)^{2} \\
\partial_{t} C_{\tilde{X}_{1} \tilde{X}_{2}} & =-\kappa C_{\tilde{X}_{1} \tilde{X}_{2}}-\frac{\eta \kappa}{2} C_{\tilde{X}_{1} \tilde{X}_{2}}\left(V_{\tilde{X}_{1}}+V_{\tilde{X}_{2}}-\frac{1}{2}\right) . \tag{18.143}
\end{align*}
$$

(variance evolution under heterodyne detection)
The heterodyne variance equations are now relatively simple. In particular, notice that in homodyne detection, the measurement was represented in the $X_{1}$ quadrature by the term

$$
\begin{equation*}
-4 \eta \kappa\left(V_{\tilde{X}_{1}}-\frac{1}{4}\right)^{2} \tag{18.144}
\end{equation*}
$$

while in heterodyne detection, both quadratures have measurement terms of this form, but with an overall factor of $2 \eta \kappa$ instead of $4 \eta \kappa$. So again, while heterodyne detection provides measurment information about both quadratures, it does so at only half the rate at which homodyne detection provides information about a single quadrature. Note that you can get similar results by splitting the field on a $50 / 50$ beam splitter, and use two homodyne detection setups, set to monitor complementary quadratures, to monitor each output field of the beam splitter. In this case, the factor of $1 / 2$ in the information rate is more obvious.

### 18.3.7 Explicit Solutions for the Uncertainty Dynamics

Incidentally, for homodyne detection, the $X_{1}$ variance evolves from Eqs. (18.138) as

$$
\begin{equation*}
\partial_{t} V_{X_{1}}=-\kappa\left(V_{X_{1}}-\frac{1}{4}\right)-4 \eta \kappa\left(V_{X_{1}}-\frac{1}{4}\right)^{2} \tag{18.145}
\end{equation*}
$$

If we assume the variance is very broad, the measurement term dominates the dissipation term, so that

$$
\begin{equation*}
\partial_{t} V_{X_{1}}=-4 \eta \kappa\left(V_{X_{1}}-\frac{1}{4}\right)^{2} \tag{18.146}
\end{equation*}
$$

and this equation has the solution

$$
\begin{equation*}
V_{X_{1}}(t)=\frac{V_{X_{1}}(0)-1 / 4}{1+4 \eta \kappa\left[V_{X_{1}}(0)-1 / 4\right] t}+\frac{1}{4} . \tag{18.147}
\end{equation*}
$$

That is, the variance decreases like $1 / t$, which makes sense since the uncertainty should decrease as $1 / \sqrt{t}$ for averaging a noisy process. Of course, as the variance approaches the steady-state value of $1 / 4$, the damping term becomes dominant, and the decay becomes exponential. This is represented by the more general solution of (18.145),

$$
\begin{equation*}
V_{X_{1}}(t)=\frac{\left(V_{X_{1}}(0)-1 / 4\right)}{e^{\kappa t}+4 \eta\left[V_{X_{1}}(0)-1 / 4\right]\left(e^{\kappa t}-1\right)}+\frac{1}{4} \tag{18.148}
\end{equation*}
$$

which contains the $1 / t$ behavior at short times as well as the exponential decay at long times.

### 18.3.8 Phase Estimation

As an example of an application that illustrates the difference between homodyne and heterodyne detection, we will consider the problem of estimating the phase of a pulse of light. The phase uncertainty and quantum noise here, for example, put limits on how much information can be encoded in the phase of an optical pulse. To keep this treatment simple, we will consider as as simple model the field pulse to be modeled in the same way as the single-mode cavity field above.

First, consider the homodyne detection of the cavity phase in terms of the two complementary quadrature variables $X_{1}$ and $X_{2}$. We will suppose the phase of the field to be reasonably well defined and the field amplitude to be larger than its uncertainty. We will assume that $\left\langle X_{1}\right\rangle=0$ initially; we can treat the general case by simply applying a rotation to this basic configuration. We will further assume a Gaussian state for simplicity, and to capture the essence of the problem (recall that the state will be asymptotically Gaussian under the measurement anyway). We can then represent the quantum state by a distribution in phase space (e.g., a Wigner distribution, as in Section 4.3).


The question of the phase of the quantum state is then essentially recasting the same problem of measuring the field quadratures into polar coordinates. In the particular case shown here, the uncertainty in the phase $\varphi$ of the quantum state is clearly related to the uncertainty in $X_{1}$. But it should also be clear that the phase uncertainty $\Delta \varphi$ is related to the amplitude of the field (i.e., the distance of the wave-packet centroid from the origin): a larger amplitude implies a smaller phase uncertainty, given that the uncertainty $\Delta X_{1}$ is fixed.

The measurement, as we discovered above, causes the $X_{1}$ uncertainty to contract, assuming the localoscillator phase $\phi=0$. For the particular case we are considering now, this means that the phase uncertainty decreases - we gain knowledge about the phase.


The other effect of the measurement is that the amplitude of the field decreases, so that the centroid of the wave packet moves towards the origin. After all, photodetection proceeds as the photodetector absorbs the field. (This is assuming that the cavity is not driven to counteract the cavity damping.) The dissipation has the opposite effect on the phase uncertainty; as the wave packet moves towards the origin with $\Delta X_{1}$ fixed, the angle subtended by the wave packet increases, and thus $\delta \varphi$ increases. Of course, we have seen that the dissipation also reduces $\Delta X_{1}$. However, once the variance $V_{X_{1}}$ reaches its steady-state value $1 / 4$, any decrease in amplitude increases the phase uncertainty. Of course, the point of all this is that when the phase uncertainty is much larger than the minimum quantum limit and the amplitude of the field is large, the dominant effect of the measurement is the rapid decrease of $\Delta X_{1}$, which reduces the phase uncertainty.

Now, however, consider the case where the phase $\varphi$ of the field is near $\pi$ rather than near $\pi / 2$. In this case, a reduction in the uncertainty $\Delta X_{1}$ reduces the uncertainty of the field amplitude, but not its phase.


Thus, gaining information on the phase in homodyne detection depends on having a particular phase to begin with. That is, the phase sensitivity of homodyne detection has a phase-dependent sensitivity. Heterodyne detection has the advantage that the measurement reduces the phase uncertainty for any phase, since as we saw above, the uncertainties of both $X_{1}$ and $X_{2}$ decrease in response to the meaasurement.


The price of this "omnidirectional" phase sensitivity is that the phase uncertainty decreases (assuming the decrease to be dominated by the measurement information) at half the rate for the best case of homodyne detection. Of course, it greatly outperforms the homodyne measurement in its worst case, and the heterodyne measurement simultaneously provides information about the field amplitude.

To see this mathematically, note that for the case of homodyne detection in the best case of $\langle\varphi\rangle=\pi / 2$, to see the reduction in phase uncertainty, we need the equation for $V_{X_{1}}$ in Eqs. (18.138):

$$
\begin{equation*}
\partial_{t} V_{X_{1}}=-\kappa\left(V_{X_{1}}-\frac{1}{4}\right)-4 \eta \kappa\left(V_{X_{1}}-\frac{1}{4}\right)^{2} \tag{18.149}
\end{equation*}
$$

If the wave packet is localized and the amplitude of the field is large, then to lowest order in the phase uncertainty we may convert between the Cartesian and polar variances according to

$$
\begin{equation*}
\langle R\rangle^{2} V_{\varphi} \approx V_{X_{1}}, \quad \text { where } \quad\langle R\rangle=\left\langle X_{2}\right\rangle \tag{18.150}
\end{equation*}
$$

Then assuming the measurement-induced reduction of $V_{\varphi}$ is much faster than the damping of $\langle R\rangle$, we may write

$$
\begin{equation*}
\partial_{t} V_{\varphi} \approx-\kappa\left(V_{\varphi}-\frac{1}{4\langle R\rangle^{2}}\right)-4 \eta \kappa\langle R\rangle^{2}\left(V_{\varphi}-\frac{1}{4\langle R\rangle^{2}}\right)^{2} \tag{18.151}
\end{equation*}
$$

We can see here again the first, damping term (which should also be negligible in this limit), and the second, information term. We can explicitly see how the quantum-limited phase uncertainty is related to the field amplitude: the best phase uncertainty is $\delta \phi \approx 1 / 2\langle R\rangle$, at least in the absence of squeezing. Furthermore, the rate of information collapse increases with the field amplitude, which again reflects the fact that the phase uncertainty $\delta \varphi$ is related both to $\Delta X_{1}$ and the field amplitude.

Then to treat the general case, we must rotate the phase space while maintaining the measurement of $X_{1}$. We have already done this in Eq. (18.141), and adapting the variance equation for $V_{\tilde{X}_{1}}$ in the same way, we replace $\Delta t$ by $\phi$ and for simplicity ignore any covariance between the amplitude and phase to find

$$
\begin{equation*}
\partial_{t} V_{\varphi} \approx-\kappa\left(V_{\varphi}-\frac{1}{4\langle R\rangle^{2}}\right)-4 \eta \kappa\langle R\rangle^{2} \cos ^{2} \phi\left(V_{\varphi}-\frac{1}{4\langle R\rangle^{2}}\right)^{2} \tag{18.152}
\end{equation*}
$$

Thus the measurement-induced collapse rate is now modulated by $\cos ^{2} \phi$, where $\phi$ now represents the phase change of the local oscillator from our base case above. That is, this is the sensitivity of the homodyne measurement when the expected phase is $\langle\varphi\rangle=\phi+\pi / 2$ and the measurement is of the $X_{1}$ quadrature. The heterodyne case follows from adapting the same variance equation in Eq. (18.143):

$$
\begin{equation*}
\partial_{t} V_{\varphi} \approx-\kappa\left(V_{\varphi}-\frac{1}{4\langle R\rangle^{2}}\right)-2 \eta \kappa\langle R\rangle^{2}\left(V_{\varphi}-\frac{1}{4\langle R\rangle^{2}}\right)^{2} \tag{18.153}
\end{equation*}
$$

This is, of course, the same as the homodyne expression averaged over the local-oscillator phase $\phi$. Again, we have lost the dependence on the local-oscillator phase, but at the cost of a factor of 2 in the informationcollapse rate.

### 18.3.8.1 Adaptive Measurements

Then in making a phase measurement, how is it possible to take advantage of the extra phase sensitivity in homodyne detection, when it seems to require already knowing the phase to begin with? One strategy is to use both heterodyne and homodyne detection in an adaptive phase measurement. ${ }^{13}$ The idea is to start out a measurement of a light pulse without any knowledge of the phase using heterodyne detection. As the observer begins to get an idea of the phase, the observer switches the local oscillator to homodyne detection, with a local-oscillator phase set to maximize the sensitivity based on the heterodyne estimate. As the homodyne measurement continues, the observer feeds back to the local oscillator phase to track the estimated phase (which is diffusing stochasically due to the measurement) to ensure that sensitivity is always maximized.

[^247]
### 18.4 Exercises

## Problem 18.1

Verify that the stochastic Schrödinger equation (SSE) [Eq. (18.15)] for quantum jumps,

$$
\begin{equation*}
d|\psi\rangle=-\frac{i}{\hbar} H|\psi\rangle d t+\frac{\Gamma}{2}\left(\left\langle\sigma^{\dagger} \sigma\right\rangle-\sigma^{\dagger} \sigma\right)|\psi\rangle d t+\left(\frac{\sigma}{\sqrt{\left\langle\sigma^{\dagger} \sigma\right\rangle}}-1\right)|\psi\rangle d N \tag{18.154}
\end{equation*}
$$

is equivalent to the stochastic master equation (SME) [Eq. (18.155)]

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t-\frac{\Gamma}{2}\left[\sigma^{\dagger} \sigma, \rho\right]_{+} d t+\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle \rho d t+\left(\frac{\sigma \rho \sigma^{\dagger}}{\left\langle\sigma^{\dagger} \sigma\right\rangle}-\rho\right) d N \tag{18.155}
\end{equation*}
$$

## Chapter 19

## Position Measurement

Here we will study the continuous observation of a Hermitian observable, namely the position of a quantum particle. We will do so fairly abstractly, but then give a physical example of how a position measurement can arise in atomic resonance fluorescence.

### 19.1 Prelude: General Form for the Master Equation

Before working out another continuous measurement process, we can ask the question, what is the most general form of the measurement master equation when the measurements involve Gaussian noise? A simple but nonrigorous argument ${ }^{1}$ that establishes the general form for the unconditioned master equation, and then extend it to examine stochastic master equations (SMEs). Thus, we will see that the form of the (Markovian) SME involving Wiener noise is quite constrained, and it is intuitively easy to adapt the SME to many different measurement processes simply by choosing the correct measurement operator (which we denote below by $c$ ).

### 19.1.1 Positive Maps

Under unitary (unconditioned) evolution, the Schrödinger equation tells us that in a short time interval $d t$, the state vector undergoes the transformation

$$
\begin{equation*}
|\psi\rangle \longrightarrow|\psi\rangle+d|\psi\rangle=\left(1-i \frac{H}{\hbar} d t\right)|\psi\rangle \tag{19.1}
\end{equation*}
$$

where $H$ is the Hamiltonian. The same transformation applied to the density operator gives the Schrödingervon Neumann equation (from Section 4.1):

$$
\begin{equation*}
\rho+d \rho=\left(1-i \frac{H}{\hbar} d t\right) \rho\left(1+i \frac{H}{\hbar} d t\right)=\rho-\frac{i}{\hbar}[H, \rho] d t \tag{19.2}
\end{equation*}
$$

To be physical, any transformation of the density operator must be completely positive. That is, the transformation must preserve the fact that the density operator has only nonnegative eigenvalues. This property guarantees that the density operator can generate only sensible (nonnegative) probabilities. (To be more precise, complete positivity means that the transformation for a system's density operator must preserve the positivity of the density operator-the fact that the density operator has no negative eigenvalues - of any larger system containing the system.) It turns out that the most general form of a linear, completely positive

[^248]transformation is ${ }^{2}$
\[

$$
\begin{equation*}
\rho \longrightarrow \sum_{n} A_{n} \rho A_{n}^{\dagger} \tag{19.3}
\end{equation*}
$$

\]

where the $A_{n}$ are arbitrary operators. The Hamiltonian evolution above corresponds to a single infinitesimal transformation operator $A=1-i H d t / \hbar$.

### 19.1.2 Lindblad Form

Now let's examine the transformation for a more general, stochastic operator of the form

$$
\begin{equation*}
A=1-i \frac{H}{\hbar} d t+b d t+c d W \tag{19.4}
\end{equation*}
$$

where $b$ and $c$ are operators. We will use this operator to "derive" a Markovian master equation, then indicate how it can be made more general. We may assume here that $b$ is Hermitian, since we can absorb any antihermitian part into the Hamiltonian. Putting this into the transformation (19.3), we find

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t+[b, \rho]_{+} d t+c \rho c^{\dagger} d t+\left(c \rho+\rho c^{\dagger}\right) d W \tag{19.5}
\end{equation*}
$$

recalling that $[A, B]_{+}:=A B+B A$ is the anticommutator. We can then take an average over all possible Wiener processes, which again we denote by the double angle brackets $\langle\rangle$. To compute the ensemble average, we again use the property $\langle\langle\rho d W\rangle\rangle=0$ of Itō calculus, so that

$$
\begin{equation*}
d\langle\langle\rho\rangle\rangle=-\frac{i}{\hbar}[H,\langle\langle\rho\rangle\rangle] d t+[b,\langle\langle\rho\rangle\rangle]_{+} d t+c\langle\langle\rho\rangle\rangle c^{\dagger} d t . \tag{19.6}
\end{equation*}
$$

Since the operator $\langle\langle\rho\rangle\rangle$ is an average over valid density operators, it is also a valid density operator and must therefore satisfy $\operatorname{Tr}[\langle\langle\rho\rangle\rangle]=1$. Hence we must have $d \operatorname{Tr}[\langle\langle\rho\rangle\rangle]=\operatorname{Tr}[d\langle\langle\rho\rangle\rangle]=0$. Using the cyclic property of the trace, this gives the constraint

$$
\begin{equation*}
\operatorname{Tr}\left[\langle\langle\rho\rangle\rangle\left(2 b+c^{\dagger} c\right)\right]=0 \tag{19.7}
\end{equation*}
$$

This holds for an arbitrary density operator only if

$$
\begin{equation*}
b=-\frac{c^{\dagger} c}{2} \tag{19.8}
\end{equation*}
$$

Thus we obtain the Lindblad form ${ }^{3}$ of the unconditioned master equation (averaged over all possible noise realizations):

$$
\begin{equation*}
d\langle\langle\rho\rangle\rangle=-\frac{i}{\hbar}[H,\langle\langle\rho\rangle\rangle] d t+\mathcal{D}[c]\langle\langle\rho\rangle\rangle d t \tag{19.9}
\end{equation*}
$$

As before, we have defined the Lindblad superoperator

$$
\begin{equation*}
\mathcal{D}[c] \rho:=c \rho c^{\dagger}-\frac{1}{2}\left(c^{\dagger} c \rho+\rho c^{\dagger} c\right) \tag{19.10}
\end{equation*}
$$

where "superoperator" refers to the fact that $\mathcal{D}[c]$ operates on $\rho$ from both sides. It is worth reiterating here that the $c \rho c^{\dagger}$ term results from the $d W$ part of the transformation, and thus this term cannot be represented by a Hamiltonian transformation, even if the Hamiltonian is non-Hermitian, as we noted in Section 5.5.3. This is the most general (Markovian) form of the unconditioned master equation for a single dissipation process. Different choices for the operator $c$ thus give the quantum backaction (disturbance) for different measurement processes.

[^249]
### 19.1.3 Stochastic Terms

The full transformation from Eq. (19.5) then becomes

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t+\mathcal{D}[c] \rho d t+\left(c \rho+\rho c^{\dagger}\right) d W \tag{19.11}
\end{equation*}
$$

This is the linear SME, which we will discuss again elsewhere. We know from our treatment in Section 18.2 of homodyne detection (where $c \longrightarrow \sigma$ ) that this equation is not "complete," since it is missing the nonlinear term. The problem is that this form of the master equation does not in general preserve the trace of the density operator, since the condition $\operatorname{Tr}[d \rho]=0$ implies

$$
\begin{equation*}
\operatorname{Tr}\left[\rho\left(c+c^{\dagger}\right) d W\right]=0 \tag{19.12}
\end{equation*}
$$

We could interpret this relation as a constraint ${ }^{4}$, on $c$, but we will instead keep $c$ an arbitrary operator and explicitly renormalize $\rho+d \rho$ by adding a term proportional to the left-hand side of (19.12). The result is the nonlinear form

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t+\mathcal{D}[c] \rho d t+\mathcal{H}[c] \rho d W \tag{19.13}
\end{equation*}
$$

where again the measurement superoperator is

$$
\begin{equation*}
\mathcal{H}[c] \rho:=c \rho+\rho c^{\dagger}-\left\langle c+c^{\dagger}\right\rangle \rho \tag{19.14}
\end{equation*}
$$

This corresponds to using the normalizing transformation

$$
\begin{equation*}
\rho \longrightarrow \frac{A \rho A^{\dagger}}{\operatorname{Tr}\left[A \rho A^{\dagger}\right]}, \tag{19.15}
\end{equation*}
$$

instead of the unnormalized transformation that we considered,

$$
\begin{equation*}
\rho \longrightarrow A \rho A^{\dagger} \tag{19.16}
\end{equation*}
$$

to first order in $d t$. The normalized transformation has exactly the form of a POVM-type reduction as we consider below.

When $c=\sqrt{\Gamma} \sigma$, we recover precisely the master equation for homodyne detection of spontaneous emission. In general, $c$ can be chosen differently to model different continuous measurement processes.

### 19.1.4 Generalization

More generally, we may have any number of measurements, or output channels, happening simultaneously. The result is

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t+\sum_{n}\left(\mathcal{D}\left[c_{n}\right] \rho d t+\mathcal{H}\left[c_{n}\right] \rho d W_{n}\right) \tag{19.17}
\end{equation*}
$$

This is the same as Eq. (19.13), but this time summed (integrated) over multiple possible measurement operators $c_{n}$, each with a separate Wiener noise process independent of all the others. This simply corresponds to having multiple terms in the general positive map (19.3).

In view of the arguments from our treatment of detector efficiency in homodyne detection in Section (18.2.8), when the measurements are inefficient, we have ${ }^{5}$

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t+\sum_{n}\left(\mathcal{D}\left[c_{n}\right] \rho d t+\sqrt{\eta_{n}} \mathcal{H}\left[c_{n}\right] \rho d W_{n}\right) \tag{19.18}
\end{equation*}
$$

[^250]where $\eta_{n}$ is the efficiency of the $n$th detection channel. The corresponding measurement record for the $n$th process can be written (with an arbitrary normalization) as
\[

$$
\begin{equation*}
d r_{n}(t)=\frac{\left\langle c_{n}+c_{n}^{\dagger}\right\rangle}{2} d t+\frac{d W_{n}}{\sqrt{4 \eta_{n}}} . \tag{19.19}
\end{equation*}
$$

\]

Again, for homodyne detection, we recover the right results if we let $c=\sigma$ and interpret $d r_{n} / 2 \Gamma$ as a rescaled measurement record.

### 19.2 A Second Prelude: Positive-Operator-Valued Measures

To help handle generalized measurements, we will now introduce the somewhat mathematical concept of a positive-operator-valued measure (POVM). By referring to generalized measurements, we mean to differentiate these measurements from the usual projective, or von Neumann, measurements, which is what you normally find in introductory quantum-mechanics texts. The usual description goes like this: for a quantum system in state $|\psi\rangle$, a measurement of the observable $Q$ leaves the system in an eigenstate $|q\rangle$ of $Q$ with probability $\langle\psi| Q|\psi\rangle$, in which case the "result" of the measurement is the eigenvalue $q$. We can see that this notion of a measurement is lacking in two situations. First, it does not properly describe the situation in photodetection of atomic radiation, where each detection event results in the loss of energy (i.e., the atom is always found to be in the ground state), and we gain information even during instants when a photon is not detected. Thus, POVMs are crucial to the formal definition of a continuous measurement. The second situation is when the observable is the position operator, where eigenstate collapse is unphysical: a position eigenstate is a state of infinite energy. POVMs allow us to define an imprecise or partial measurement of an observable, which will be a stepping stone on the way to defining a continuous measurement of position.

### 19.2.1 Discrete, Finite Spaces

Consider a discrete, finite Hilbert space of dimension $N$. That is, the Hilbert space is spanned by the set of eigenstates

$$
\begin{equation*}
\{|q\rangle: q=1, \ldots, N\} \tag{19.20}
\end{equation*}
$$

of the observable $Q$. Then we can define a positive-operator-valued measure (POVM) as a set of positive-semidefinite operators $\Omega_{q}^{\dagger} \Omega_{q}$ that sum to the identity operator:

$$
\begin{equation*}
\sum_{q=1}^{N_{q}} \Omega_{q}^{\dagger} \Omega_{q}=1 \tag{19.21}
\end{equation*}
$$

Note that we are writing the $q$ th positive operator $\Omega_{q}^{\dagger} \Omega_{q}$ as a factorization in terms of the Kraus operator $\Omega_{q}$, since any positive operator always has such a factorization. We also note that the number $N_{q}$ of positive operators is not necessarily the same as the dimension $N$ of the Hilbert space.

Now the important physical point here is that a POVM defines a quantum measurement on the Hilbert space. The $q$ th possible outcome of the measurement is that the state vector changes according to the replacement

$$
\begin{equation*}
|\psi\rangle \longrightarrow \frac{\Omega_{q}|\psi\rangle}{\sqrt{\left\langle\Omega_{q}^{\dagger} \Omega_{q}\right\rangle}} \tag{19.22}
\end{equation*}
$$

or in terms of the density operator,

$$
\begin{equation*}
\rho \longrightarrow \frac{\Omega_{q} \rho \Omega_{q}^{\dagger}}{\operatorname{Tr}\left[\Omega_{q} \rho \Omega_{q}^{\dagger}\right]}=\frac{\Omega_{q} \rho \Omega_{q}^{\dagger}}{\left\langle\Omega_{q}^{\dagger} \Omega_{q}\right\rangle} \tag{19.23}
\end{equation*}
$$

That is, in the $q$ th outcome, the state is "hit" by the operator $\Omega_{q}$ and then renormalized if necessary. The probability that the $q$ th outcome occurs is

$$
\begin{equation*}
P(q)=\operatorname{Tr}\left[\Omega_{q} \rho \Omega_{q}^{\dagger}\right]=\left\langle\Omega_{q}^{\dagger} \Omega_{q}\right\rangle \tag{19.24}
\end{equation*}
$$

The (classical) "result" of the quantum measurement in this case is simply $q$ (or some physically meaningful function of $q$ ). This notion may seem rather abstract, but we can note that the usual projective measurement comes out as a special case of the POVM-based measurement. In particular, the usual measurement arises from a projection-valued measure, where we partition the Hilbert space according to a set of (Hermitian) projection operators

$$
\begin{equation*}
P_{q}:=|q\rangle\langle q| \tag{19.25}
\end{equation*}
$$

that also sum to the identity:

$$
\begin{equation*}
\sum_{q=1}^{N} P_{q}^{2}=1 \tag{19.26}
\end{equation*}
$$

Of course, $P_{q}^{2}=P_{q}$, but we have written the sum in this form to emphasize the similarity with Eq. (19.21) by taking $\Omega_{q}=P_{q}$ and $N_{q}=N$. Then the standard projective measurement of the observable $Q$ results in the $q$ th outcome of a reduction to the $q$ th eigenstate $|q\rangle$,

$$
\begin{equation*}
|\psi\rangle \longrightarrow \frac{P_{q}|\psi\rangle}{\sqrt{\left\langle P_{q}^{2}\right\rangle}}=|q\rangle \tag{19.27}
\end{equation*}
$$

or in terms of the density operator,

$$
\begin{equation*}
\rho \longrightarrow \frac{P_{q} \rho P_{q}^{\dagger}}{\operatorname{Tr}\left[P_{q} \rho P_{q}^{\dagger}\right]}=\frac{P_{q} \rho P_{q}^{\dagger}}{\left\langle P_{q}^{2}\right\rangle}=|q\rangle\langle q| . \tag{19.28}
\end{equation*}
$$

This outcome happens with probability

$$
\begin{equation*}
P(q)=\operatorname{Tr}\left[P_{q} \rho P_{q}^{\dagger}\right]=\left\langle P_{q}^{2}\right\rangle=\left\langle P_{q}\right\rangle \tag{19.29}
\end{equation*}
$$

which for a pure state $|\psi\rangle$ becomes the familiar Born rule

$$
\begin{equation*}
P(q)=|\langle q \mid \psi\rangle|^{2} \tag{19.30}
\end{equation*}
$$

Thus, the POVM-based measurement above is a reasonably straightforward generalization of the usual projective measurements, at least when the standard measurements are cast in the proper way.

### 19.2.2 Measure

Why is a POVM called a "POVM"? The answer requires an excursion into mathematics, and so the short answer, if you feel the need to skip forward, is that a measure is usually something that assigns numbers to sets, and so a positive-operator-valued measure is a measure that instead associates positive operators with sets, and thence probabilities to the same sets via the expectation value as above. To really answer this question, we need to define what we usually mean by a measure, and then adapt it to the operator case. Informally, a measure is a rule for assigning numbers to subsets of some set, or space. This is a very useful notion in probability theory, where you would consider the set of all possible outcomes or events, and the measure would assign probabilities to each outcome or collection of outcomes. Alternately, a measure is an abstraction of the notion of volume, where the measure represents the "volume" of subsets of the main set.

Before formally defining a measure, though, we should first note that for a given space, it is problematic to try to define a measure on every subset. Instead, we will define the measure on only a limited collection of subsets, chosen to make the definition of the measure consistent. Formally, this collection is a $\sigma$-algebra, which we define as a collection $\mathscr{S}$ of subsets of the space $X$ such that:

1. The empty set is included: $\emptyset \in \mathscr{S}$.
2. Countable, disjoint unions are included (with countable here meaning finite or countably infinite): if $\mathscr{U} \subset \mathscr{S}$ with $A \cap B=\emptyset$ for any $A, B \in \mathscr{U}$, and $\mathscr{U}$ is countable, then

$$
\begin{equation*}
\bigcup_{A \in \mathscr{U}} A \in \mathscr{S} . \tag{19.31}
\end{equation*}
$$

3. Complements are included: if $A \in \mathscr{S}$, then $X-A \in \mathscr{S}$.

Any element of a $\sigma$-algebra is said to be a measurable set. This definition can be contrasted with the possibly familiar definition for a topology on a space $X$, which is a collection $\mathscr{T}$ of subsets of $X$ such that: ${ }^{6}$

1. The empty set and the whole space are included: $\emptyset \in \mathscr{T}, X \in \mathscr{T}$.
2. Arbitrary unions are included: if $\mathscr{U} \subset \mathscr{S}$, then

$$
\begin{equation*}
\bigcup_{A \in \mathscr{U}} A \in \mathscr{S} . \tag{19.32}
\end{equation*}
$$

3. Finite intersections are included: if $\mathscr{U} \subset \mathscr{S}$ with $\mathscr{U}$ finite, then

$$
\begin{equation*}
\bigcap_{A \in \mathscr{U}} A \in \mathscr{S} \tag{19.33}
\end{equation*}
$$

Any element of a topology is said to be an open set, while the complement of an open set is said to be a closed set. Thus, while topologies contain in general only open sets, $\sigma$-algebras contain both open and closed sets. For example, on the real line $\mathbb{R}$, the standard topology is the topology consisting of all open intervals of the form $(a, b)$ and all possible unions of such intervals (and the empty set). It turns out there is a unique $\sigma$-algebra associated with the standard topology, which is the smallest $\sigma$-algebra containing it. This is called the Borel $\boldsymbol{\sigma}$-algebra on $\mathbb{R}$, which would contain all open intervals as well as all closed intervals of the form $[a, b]$ (and many other sets). The notion of a $\sigma$-algebra may not be intuitively clear at this stage, but the definition is basically concocted to make the definition of measure work out, as we will now see.

A measure is a function $\mu: \mathscr{S} \longrightarrow[0, \infty]$ defined on a $\sigma$-algebra $\mathscr{S}$ on a space $X$, which satisfies

1. The empty set has zero measure: $\mu(\emptyset)=0$.
2. The measure for countable, disjoint unions adds: if $\mathscr{U} \subset \mathscr{S}$ with $A \cap B=\emptyset$ for any $A, B \in \mathscr{U}$, and $\mathscr{U}$ is countable, then

$$
\begin{equation*}
\mu\left(\bigcup_{A \in \mathscr{U}} A\right)=\sum_{A \in \mathscr{U}} \mu(A) . \tag{19.34}
\end{equation*}
$$

These two requirements are sensible considering our analogies to probabilities and volumes, and we can also see how the requirements for a $\sigma$-algebra guarantee that we don't have any problems in defining a measure (the last axiom for a $\sigma$-algebra imposes the sensible constraint that if $A$ is a measureable subset, then so is $X-A$ ). Note that the point $\infty$ is explicitly included in the range of a measure, which is intuitively a "good" measure for something like the entire real line. Also, strictly speaking, we have defined a positive measure, since we have only allowed nonnegative values in the range of $\mu$. As an example of measure, the Lebesgue measure on the real line is defined on the Borel $\sigma$-algebra. We can define it in several cases as follows:

1. It turns out that any open set $A$ can be written as the union of a countable set of open intervals $\left(a_{j}, b_{j}\right)$, in which case the Lebesgue measure of $A$ is the sum of the interval lengths:

$$
\begin{equation*}
\mu(A):=\sum_{j}\left(b_{j}-a_{j}\right) \tag{19.35}
\end{equation*}
$$

[^251]2. It turns out that any closed set $B$ can be written as a closed interval $[a, b]$ with the union of a countable set of open intervals $\left(a_{j}, b_{j}\right)$ removed from it,
\[

$$
\begin{equation*}
B=[a, b]-\bigcup_{j}\left(a_{j}, b_{j}\right) \tag{19.36}
\end{equation*}
$$

\]

where every $a_{j}>a$ and every $b_{j}<b$, in which case the Lebesgue measure of $B$ is the length of the closed interval minus the Lebesgue measure of the removed component:

$$
\begin{equation*}
\mu(A):=(b-a)-\sum_{j}\left(b_{j}-a_{j}\right) \tag{19.37}
\end{equation*}
$$

3. For any other set $C$ in the Borel $\sigma$-algebra, the Lebesgue measure is the infimum (greatest lower bound) of the set of Lebesgue measures of all open sets containing $C$ :

$$
\begin{equation*}
\mu(C):=\inf \{\mu(A): A \text { is open and } C \subset A\} \tag{19.38}
\end{equation*}
$$

Note that there exist sets that do not have Lebesgue measures according to the above definitions, and thus they are excluded by considering only the $\sigma$-algebra. The Lebesgue measure is useful in that it extends the notion of length to more complicated and subtle sets: the set of rational numbers, being countable, is a set of Lebesgue measure zero on the real line; and the Cantor middle-thirds set, a fractal set constructed by starting with the interval $[0,1]$, removing the open "middle third" interval $(1 / 3,2 / 3)$, removing the middle-thirds of the two remaining closed intervals, and so on ad infinitum, is an uncountable set but of zero Lebesgue measure.

For measurements, the concept of a probability measure is more useful, and it is simply that of a measure, but where the range of the measure is $[0,1]$ rather than $[0, \infty]$, with a measure of the whole space being unity. For example, the Lebesgue measure on the space $[0,1]$ is a probability measure, and corresponds to a uniform probability density on the same interval.

### 19.2.3 General Definition

Now with the above mathematical concepts, we can now give a more general definition of a POVM than in the finite case above. In more general terms, a positive-operator-valued measure (POVM) defined on a $\sigma$-algebra $\mathscr{S}$ on a space $X$ is a function $\Pi$ that takes as values positive semidefinite, Hermitian operators on a Hilbert space $\mathscr{H}$ such that for any $|\psi\rangle \in \mathscr{H}$, the function $\mu: X \longrightarrow[0,1]$, defined by

$$
\begin{equation*}
\mu(A):=\langle\psi| \Pi(A)|\psi\rangle \tag{19.39}
\end{equation*}
$$

for any measurable subset $A$ of $X$, defines a probability measure on $\mathscr{S}$. In particular, this implies that $\Pi(X)$ is the identity operator, which is the generalization of the sum rule (19.21). Thus, the POVM associates positive operators with measurable subsets of the space of outcomes, which are then associated with probabilities by appropriate expectation values. In this way, we can define a family of probability measures, "parameterized" by the quantum state.

We could, of course, write the probability measure more generally in terms of the density operator as

$$
\begin{equation*}
\mu(A)=\operatorname{Tr}[\Pi(A) \rho] . \tag{19.40}
\end{equation*}
$$

Incidentally, a trace of this form is (for a Hilbert space of dimension larger than two) the only way to construct a quantum probability measure; this is essentially the content of Gleason's theorem. ${ }^{7}$

[^252]
### 19.2.4 Realization

It is important to note that measurements induced by POVMs, while generalizing projective measurements, don't introduce anything fundamentally new to quantum mechanics: any of these more general measurements can be realized by introducing an auxiliary system (ancilla), performing a unitary transformation on the combined system, and then perform a projective measurement on the ancilla. Thus, generalized measurements correspond to indirect measurements, where information about a system comes from projective measurements on the "environment" with which the system has interacted (and thus become entangled with).

This result is known as Naimark's theorem (or Neumark's theorem), ${ }^{8}$ and we will only sketch the argument for the finite case here. Starting with the system in the state $|\psi\rangle$, we will extend the Hilbert space to contain the environment, whose dimension is equal to the number of Kraus operators defining the POVM, $|\psi\rangle \longrightarrow|\psi\rangle\left|0_{\mathrm{E}}\right\rangle \equiv\left|\psi 0_{\mathrm{E}}\right\rangle$. We will assume the environment to always start in a particular state that we label $\left|0_{\mathrm{E}}\right\rangle$. Note that we are assuming a pure state for the system, which we may as well do as long as we are extending the Hilbert space by invoking purification (Section 4.4.5). We can thus define an operator $U$ that acts on the composite state as

$$
\begin{equation*}
U\left|\psi 0_{\mathrm{E}}\right\rangle=\sum_{q}\left(\Omega_{q}|\psi\rangle\right)\left|q_{\mathrm{E}}\right\rangle=\sum_{q} \sqrt{\langle\psi| \Omega_{q}^{\dagger} \Omega_{q}|\psi\rangle}\left(\frac{\Omega_{q}|\psi\rangle}{\sqrt{\langle\psi| \Omega_{q}^{\dagger} \Omega_{q}|\psi\rangle}}\right)\left|q_{\mathrm{E}}\right\rangle \tag{19.41}
\end{equation*}
$$

where the Kraus operators $\Omega_{q}$ only operate on the original system, and the $\left|q_{\mathrm{E}}\right\rangle$ environment states are orthogonal. In the last step we have written the part of the state of the original system as a normalized state, leading to explicit coefficients of the superposition. We can also see explicitly how the system and environment are entangled after the operation $U$. Now computing the norm of the transformed composite state,

$$
\begin{align*}
\left\langle\psi 0_{\mathrm{E}}\right| U^{\dagger} U\left|\psi 0_{\mathrm{E}}\right\rangle & =\sum_{q q^{\prime}}\left\langle q_{\mathrm{E}}\right|\langle\psi| \Omega_{q}^{\dagger} \Omega_{q^{\prime}}|\psi\rangle\left|q_{\mathrm{E}}^{\prime}\right\rangle \\
& =\sum_{q}\langle\psi| \Omega_{q}^{\dagger} \Omega_{q}|\psi\rangle  \tag{19.42}\\
& =\langle\psi \mid \psi\rangle
\end{align*}
$$

so that $U$ preserves the norm of states in the subspace of the original system. The operator $U$ is thus unitary on this subspace, but is not fixed uniquely by the above argument. In principle, the action of $U$ on the environment can be chosen to make $U$ unitary on the composite Hilbert space. Basically, this is because taken as a matrix, the columns of $U$ span the subspace of the original system (i.e., a subset of them form an orthonormal basis), and the extra degrees of freedom (elements of the extra rows) in expanding $U$ to the composite Hilbert space may then be chosen to make the columns of $U$ form an orthonormal basis on the entire composite space. Now after the transformation, a projective measurement of the state of the environment leads to the result $\left|q_{\mathrm{E}}\right\rangle$ with probability

$$
\begin{equation*}
\operatorname{Tr}\left[\left|q_{\mathrm{E}}\right\rangle\left\langle q_{\mathrm{E}}\right| U\left|\psi 0_{\mathrm{E}}\right\rangle\left\langle\psi 0_{\mathrm{E}}\right| U^{\dagger}\right]=\langle\psi| \Omega_{q}^{\dagger} \Omega_{q}|\psi\rangle . \tag{19.43}
\end{equation*}
$$

Furthermore, the projection of the environment into state $\left|q_{E}\right\rangle$ induces the transformation

$$
\begin{equation*}
|\psi\rangle \longrightarrow \frac{\Omega_{q}|\psi\rangle}{\sqrt{\langle\psi| \Omega_{q}^{\dagger} \Omega_{q}|\psi\rangle}} \tag{19.44}
\end{equation*}
$$

on the original system. Thus we have constructed the POVM-based measurement based on the larger projective measurement.

[^253]
### 19.2.5 Example: Spontaneous Emission

As an example of a POVM, we return to the stochastic master equation for photodetection of atomic resonance fluorescence with quantum jumps from Section 18.1:

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t-\frac{\Gamma}{2}\left[\sigma^{\dagger} \sigma, \rho\right]_{+} d t+\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle \rho d t+\left(\frac{\sigma \rho \sigma^{\dagger}}{\left\langle\sigma^{\dagger} \sigma\right\rangle}-\rho\right) d N \tag{19.45}
\end{equation*}
$$

In any given time interval of duration $d t$, there are only two possible outcomes: no photon is detected, or one photon is detected. We can define this evolution in terms of a POVM as follows. Let $U(d t)$ denote the evolution operator for the combined atom-field system. Before each infinitesimal time interval, the field starts in the vacuum state $|0\rangle$, and after each infinitesimal time interval, the detector projectively measures the field and registers a detection event if a photon is emitted into any mode. Since the detector does not distinguish modes, we will simply denote the field state as $|1\rangle$ in the case of an emitted photon. Then the two "jump operators" for the two measurement outcomes are ${ }^{9}$

$$
\begin{align*}
& \Omega_{0}(d t)=\langle 0| U(d t)|0\rangle=1-i \frac{H}{\hbar} d t-\frac{\Gamma}{2} \sigma^{\dagger} \sigma d t  \tag{19.46}\\
& \Omega_{1}(d t)=\langle 1| U(d t)|0\rangle=\sqrt{\Gamma d t} \sigma
\end{align*}
$$

In the case of no photon detected, the state is transformed according to

$$
\begin{equation*}
\rho \longrightarrow \frac{\Omega_{0}(d t) \rho \Omega_{0}^{\dagger}(d t)}{\operatorname{Tr}\left[\Omega_{0}(d t) \rho \Omega_{0}^{\dagger}(d t)\right]}=\rho-\frac{i}{\hbar}[H, \rho] d t-\frac{\Gamma}{2}\left[\sigma^{\dagger} \sigma, \rho\right]_{+} d t+\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle \rho d t \tag{19.47}
\end{equation*}
$$

keeping terms to first order in $d t$, and in the case of a detector click the state is transformed according to

$$
\begin{equation*}
\rho \longrightarrow \frac{\Omega_{1}(d t) \rho \Omega_{1}^{\dagger}(d t)}{\operatorname{Tr}\left[\Omega_{1}(d t) \rho \Omega_{1}^{\dagger}(d t)\right]}=\frac{\sigma \rho \sigma^{\dagger}}{\left\langle\sigma^{\dagger} \sigma\right\rangle} \tag{19.48}
\end{equation*}
$$

These two transformations correspond exactly to the transformations induced by the SME (19.45) in the cases $d N=0$ and $d N=1$, respectively. The probabilities also work out as expected. For example, a photon is detected with probability

$$
\begin{equation*}
P(1)=\operatorname{Tr}\left[\Omega_{1}(d t) \rho \Omega_{1}^{\dagger}(d t)\right]=\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle d t \tag{19.49}
\end{equation*}
$$

and the probability for not detecting a photon is the complement of this, as seen by taking the appropriate trace using $\Omega_{0}(d t)$.

Notice that this POVM tends to drive the atom towards the ground state, as compared to the unconditioned Hamiltonian evolution (and for either possible outcome $\Omega_{0,1}$ ). By involving the atomic annihilation operator, we see in this case that the POVM generalizes projective measurements by modeling dissipation due to the measurement process. In the case at hand, the physical origin of the dissipation in the case at hand is absorption of radiated photons by the photodetector.

### 19.2.6 Example: Gaussian Projectors

POVMs can also generalize projective measurements to model partial or imprecise measurements. Partial measurements leave some uncertainty in the measured observable, whereas projective measurements leave the system in a state where the observable is perfectly defined-that is, an eigenstate of the observable. As a simple example, we can model partial measurements by defining the measurement operators $\Omega_{q}$ to be Gaussian-weighted sums over projection operators for the discrete set of eigenstates $|q\rangle(q \in \mathbb{Z})$ of the observable $Q$ :

$$
\begin{equation*}
\Omega_{q}=\frac{1}{\mathscr{N}} \sum_{j=-\infty}^{\infty} e^{-\kappa(j-q)^{2} / 4}|j\rangle\langle j| . \tag{19.50}
\end{equation*}
$$

[^254]Here,

$$
\begin{equation*}
\mathscr{N}^{2}:=\sum_{j=-\infty}^{\infty} e^{-\kappa(j-q)^{2} / 2}, \tag{19.51}
\end{equation*}
$$

so that

$$
\begin{equation*}
\sum_{q=-\infty}^{\infty} \Omega_{q}^{\dagger} \Omega_{q}=1 \tag{19.52}
\end{equation*}
$$

as required for the operators to form a POVM. The Gaussian weights lead to having only partial information about $Q$ after the measurement. For example, in a highly uncertain mixed state, where $\langle q| \rho|q\rangle$ is approximately the same for any $q$ and $\langle q| \rho\left|q^{\prime}\right\rangle=0$ for any $q \neq q^{\prime}$, the measurement leads to the collapse

$$
\begin{equation*}
\rho \longrightarrow \frac{\Omega_{q} \rho \Omega_{q}^{\dagger}}{\operatorname{Tr}\left[\Omega_{q} \rho \Omega_{q}^{\dagger}\right]} \approx \frac{1}{\mathscr{N}} \sum_{j} e^{-\kappa(j-q)^{2} / 2}|q\rangle\langle q| \tag{19.53}
\end{equation*}
$$

The $q$ th possible final state is thus peaked about the eigenvalue $q$, and additionally has an uncertainty $\Delta Q=1 / \sqrt{\kappa}$.

In the limit $\kappa \longrightarrow \infty$, the measurements here reduce to the usual projective measurements. Thus, for large $\kappa$, the variance in the measurement results (taken over an ensemble of measurements on identically prepared systems) is dominated by the uncertainty in the quantum state, while for small $\kappa$, the measurement variance is dominated by the uncertainty introduced by the measurement operators $\Omega_{q}$. This distinction divides two categories of measurments, strong measurements where $\kappa$ is large, and weak measurements, where $\kappa$ is small. ${ }^{10}$

We can also generalize these Gaussian projectors to the continuous-variable case. For example, for a position measurement, the properly normalized measurement operators have the form

$$
\begin{equation*}
\Omega(\alpha)=\left(\frac{\kappa}{2 \pi}\right)^{1 / 4} \int_{-\infty}^{\infty} d x e^{-\kappa(x-\alpha)^{2} / 4}|x\rangle\langle x| . \tag{19.54}
\end{equation*}
$$

Again, if this operator is applied to a an initially uncertain state (such as a momentum eigenstate), the resulting position variance in the collapsed state is $1 / \kappa$ (i.e., the uncertainty is $1 / \sqrt{\kappa}$ ). In what follows, we will consider sequences of weak position measurements of this form, and thus construct continuous quantum measurements of position. For this it is useful to consider the product of two operators,

$$
\begin{align*}
\Omega\left(\alpha^{\prime} ; \kappa^{\prime}\right) \Omega(\alpha ; \kappa) & =\left(\frac{\kappa \kappa^{\prime}}{(2 \pi)^{2}}\right)^{1 / 4} \int_{-\infty}^{\infty} d x^{\prime} \int_{-\infty}^{\infty} d x e^{-\kappa^{\prime}\left(x^{\prime}-\alpha^{\prime}\right)^{2} / 4}\left|x^{\prime}\right\rangle\left\langle x^{\prime}\right| e^{-\kappa(x-\alpha)^{2} / 4}|x\rangle\langle x| \\
& =\left(\frac{\kappa \kappa^{\prime}}{(2 \pi)^{2}}\right)^{1 / 4} \int_{-\infty}^{\infty} d x e^{-\kappa^{\prime}\left(x-\alpha^{\prime}\right)^{2} / 4} e^{-\kappa(x-\alpha)^{2} / 4}|x\rangle\langle x| \\
& =\left(\frac{\kappa \kappa^{\prime}}{(2 \pi)^{2}}\right)^{1 / 4} \exp \left[-\frac{\kappa \kappa^{\prime}}{\kappa+\kappa^{\prime}}\left(\alpha-\alpha^{\prime}\right)^{2}\right] \int_{-\infty}^{\infty} d x \exp \left[-\frac{\left(\kappa+\kappa^{\prime}\right)}{4}\left(x-\frac{\alpha \kappa+\alpha^{\prime} \kappa^{\prime}}{\kappa+\kappa^{\prime}}\right)^{2}\right]|x\rangle\langle x|, \tag{19.55}
\end{align*}
$$

which corresponds to a sequence of two Gaussian position measurements, the first of strength $\kappa$ and the second of strength $\kappa^{\prime}$, with measurement outcomes $\alpha$ and then $\alpha^{\prime}$, respectively. This operator product is still Gaussian, but it is not normalized properly in the sense that $\Omega(\alpha)$ is normalized (note that the norm vanishes if $\alpha-\alpha^{\prime}$ becomes large), but we can see from its form that applying this operator to an initially uncertain state gives $1 /\left(\kappa+\kappa^{\prime}\right)$ for the resulting position variance of the state. Hence, a sequence of two Gaussian measurements is effectively equivalent to a single Gaussian measurement, where the strength is

[^255]the sum of the individual measurement strengths, as long as no other transformation or evolution occurs between the two measurements.

Notice how the information from the second measurement is incorporated with that of the first. After the first measurement, the best estimate for the position of the quantum system is $\alpha$, with uncertainty $1 / \sqrt{\kappa}$. After the second measurement (where the result is $\alpha^{\prime}$ ), the new best position estimate is an average of the old estimate and the new measurement result,

$$
\begin{equation*}
\langle x\rangle=\frac{\alpha \kappa+\alpha^{\prime} \kappa^{\prime}}{\kappa+\kappa^{\prime}}, \tag{19.56}
\end{equation*}
$$

weighted by the respective uncertainties. The new uncertainty of the estimate is reduced to $1 / \sqrt{\kappa+\kappa^{\prime}}$.

### 19.3 A Third Prelude: Bayesian View of Quantum Measurement

With the introduction of POVMs as generalized measurements, we will now compare quantum measurements with classical Bayesian inference - gaining some insight into quantum measurements as processes of refining quantum information. We will only do so at a fairly simple level; more details on this modern view of quantum measurement may be gleaned from more extreme Bayesians. ${ }^{11}$

### 19.3.1 Bayes' Rule

Bayes' rule is the centerpiece of statistics from the Bayesian point of view, and is simple to derive. Starting from the definition of conditional probability $P(B \mid A)$, the probability of event $B$ occuring given that event $A$ occurred,

$$
\begin{equation*}
P(A \wedge B)=: P(B \mid A) P(A) \tag{19.57}
\end{equation*}
$$

we can use this to write what seems to be a simple formula:

$$
\begin{equation*}
P(A \mid B)=\frac{P(A \wedge B)}{P(B)}=\frac{P(B \mid A) P(A)}{P(B)} \tag{19.58}
\end{equation*}
$$

This is Bayes' Rule, which we will rewrite by replacing $B$ by one possible outcome $D_{\alpha}$ out of a set $\left\{D_{\alpha}\right\}$ of all possible, disjoint outcomes:

$$
\begin{equation*}
P\left(A \mid D_{\alpha}\right)=\frac{P\left(D_{\alpha} \mid A\right) P(A)}{P\left(D_{\alpha}\right)} \tag{19.59}
\end{equation*}
$$

Again, while this rule seems to be a fairly simple generalization of the definition of conditional probability, the key is in the interpretation of the various elements in this formula. The basic idea is that in learning that an outcome $D_{\alpha}$ actually occurred out of a set of possible measurement outcomes, $\left\{D_{\alpha}\right\}$ allows us to refine the probability we assign to $A$ based on this new knowledge. The various factors are:

1. The prior: $P(A)$ represents the probability assigned to event $A —$ prior to knowing the outcome of the measurement-based on any knowledge or assumptions. This probability is not conditioned on $D_{\alpha}$.
2. The probability of the measurement outcome: $P\left(D_{\alpha} \mid A\right)$ is the probability that the particular measurement outcome, or event $D_{\alpha}$ would occur, given that $A$ actually happened.
3. The renormalization factor: $P\left(D_{\alpha}\right)$ is the probability of the measurement outcome $D_{\alpha}$, by which we must divide for the result to come out correctly. This is computed most simply by summing over the probabilities of a complete, nonintersecting set of outcomes $A_{\beta}$ conditioned on $D_{\alpha}$, weighted by the probabilities that the $A_{\beta}$ occur:

$$
\begin{equation*}
P\left(D_{\alpha}\right)=\sum_{\beta} P\left(D_{\alpha} \mid A_{\beta}\right) P\left(A_{\beta}\right) . \tag{19.60}
\end{equation*}
$$

[^256]4. The posterior: $P\left(A \mid D_{\alpha}\right)$ is the refined probability of $A$, now that we know that the measurement outcome $D_{\alpha}$ has occurred.

The posterior probability thus reflects the information gained or revealed by the outcome event $D_{\alpha}$.

### 19.3.2 Example: The "Monty Hall Problem"

One standard example of applying Bayes' rule is the Monty Hall problem. This is standard almost to the point of being painfully trite, but still this is a useful example in setting up our comparison to quantum measurement. We will define the rules as follows:

1. You're a contestant on the game show Let's Make a Deal, and you are shown three doors; we will call them doors 1,2 , and 3 .
2. Behind one door is a brand-new car, and behind the other two are goats ("zonk prizes"). We will suppose that you like cars very much, but you aren't especially fond of goats: they smell funny and make you sneeze. We will also suppose that they are randomly placed, one behind each of the three doors, and the problem is invariant under any permutation of the door labels.
3. You pick a door; we will call that one "door 1" without loss of generality. You stand to gain whatever is behind that door.
4. The host opens up one of the other two doors to reveal a goat; without loss of generality we will call this door 3 . We will assume the host knowingly and intentionally revealed a goat, and if he could do this in multiple ways, he would pick a door at random.
5. The problem is: is it to your advantage to switch to door 2 , or should you stay with door 1 ?

The answer, somewhat counterintuitively, is that you double your chances of successfully winning the car if you switch doors ${ }^{12}$. This result is not hard to work out using Bayes' rule:

- Prior: we will define the three events $C_{\alpha}$, which is the event where the car is behind door $\alpha$. Since the arrangement is random,

$$
\begin{equation*}
P\left(C_{\alpha}\right)=\frac{1}{3} \quad\left(\forall_{\alpha \in\{1,2,3\}}\right) . \tag{19.61}
\end{equation*}
$$

- Data: the outcome event, or data, that gives us information is $D_{3}$, which will be our shorthand for the goat being behind door 3 and the host chose to reveal door 3 if there were multiple choices for revealing a goat. If the car were behind door 1 , then there are goats behind doors 2 and 3 , so the host would have a $50 \%$ chance of opening door 3 :

$$
\begin{equation*}
P\left(D_{3} \mid C_{1}\right)=\frac{1}{2} \tag{19.62}
\end{equation*}
$$

If the car were behind door 2 , then opening door 3 would be the only choice,

$$
\begin{equation*}
P\left(D_{3} \mid C_{2}\right)=1 \tag{19.63}
\end{equation*}
$$

while if the car were behind door 3 , opening door 3 wouldn't be an option:

$$
\begin{equation*}
P\left(D_{3} \mid C_{3}\right)=0 \tag{19.64}
\end{equation*}
$$

The probability for $D_{3}$ to occur is given by summing over all conditional probabilities for $D_{3}$, weighted by the probability of each conditioning event to occur:

$$
\begin{equation*}
P\left(D_{3}\right)=\sum_{\alpha} P\left(D_{3} \mid C_{\alpha}\right) P\left(C_{\alpha}\right)=\frac{1}{2} \cdot \frac{1}{3}+1 \cdot \frac{1}{3}+0 \cdot \frac{1}{3}=\frac{1}{2} . \tag{19.65}
\end{equation*}
$$

[^257]- Posterior: Now, given the information revealed by the host's choice, we can compute the posterior probabilities of the car being behind each door:

$$
\begin{align*}
& P\left(C_{1} \mid D_{3}\right)=\frac{P\left(D_{3} \mid C_{1}\right) P\left(C_{1}\right)}{P\left(D_{3}\right)}=\frac{1}{3} \\
& P\left(C_{2} \mid D_{3}\right)=\frac{P\left(D_{3} \mid C_{3}\right) P\left(C_{3}\right)}{P\left(D_{3}\right)}=\frac{2}{3}  \tag{19.66}\\
& P\left(C_{3} \mid D_{3}\right)=\frac{P\left(D_{3} \mid C_{3}\right) P\left(C_{3}\right)}{P\left(D_{3}\right)}=0 .
\end{align*}
$$

Clearly it is to your advantage to switch to door 2, since the probability of finding the car there is double what it was before. Note that, in accounting for the action of the host, the probability distribution for finding the car behind each door changed discontinuously: the distribution was initially uniform, then changed to a different situation where one possibility has the maximum probability, and another possibility has been ruled out. This is quite reminiscent of wave-function collapse after a quantum measurement.

### 19.3.2.1 Quantum Language

In fact, we can recast this same problem in the notation of quantum-mechanical measurement as represented by POVMs quite easily. This is the identical problem, though, so there will in fact be nothing quantummechanical about the treatment of this example except for the notation. This is simply an exercise to emphasize the similarity of quantum measurements to Bayes' rule.

We will label the three outcomes by the states $|\alpha\rangle$, with projection operators $P_{\alpha}:=|\alpha\rangle\langle\alpha|$. The initial state is equiprobable, and for a classical mixture the density operator is thus simply proportional to the identity operator:

$$
\begin{equation*}
\rho=\frac{1}{3}\left(P_{1}+P_{2}+P_{3}\right) . \tag{19.67}
\end{equation*}
$$

We can then represent the revelation of a goat behind door 3 by guessing the operator

$$
\begin{equation*}
\Omega:=\frac{1}{\sqrt{2}} P_{1}+P_{2} . \tag{19.68}
\end{equation*}
$$

Thus, $\Omega^{\dagger} \Omega=\frac{1}{2} P_{1}+P_{2}$, and a POVM could be completed, for example, by the alternate possibility $\Omega=\frac{1}{\sqrt{2}} P_{1}+P_{3}$. We can verify that the operator $\Omega$ gives the right conditional probabilities for the each of the outcomes, given by the appropriate trace $\operatorname{Tr}\left[\Omega \rho \Omega^{\dagger}\right]$, setting the density operator equal to the appropriate projector, $\rho=P_{\alpha}$ :

$$
\begin{align*}
& P\left(D_{3} \mid C_{1}\right)=\operatorname{Tr}\left[\Omega P_{1} \Omega^{\dagger}\right]=\frac{1}{3} \operatorname{Tr}\left[\frac{P_{1}^{2}}{2}\right]=\frac{1}{2} \\
& P\left(D_{3} \mid C_{2}\right)=\operatorname{Tr}\left[\Omega P_{2} \Omega^{\dagger}\right]=\operatorname{Tr}\left[P_{2}^{2}\right]=1  \tag{19.69}\\
& P\left(D_{3} \mid C_{3}\right)=\operatorname{Tr}\left[\Omega P_{3} \Omega^{\dagger}\right]=0
\end{align*}
$$

These are, of course, the same classical probabilities as in Eqs. (19.62)-(19.64), and this is precisely the justification for defining this operator. Now the conditioned state $\rho_{\mathrm{c}}$ is given by the POVM transformation

$$
\begin{equation*}
\rho_{\mathrm{c}}=\frac{\Omega \rho \Omega^{\dagger}}{\operatorname{Tr}\left[\Omega \rho \Omega^{\dagger}\right]}=\frac{\left(\frac{P_{1}}{\sqrt{2}}+P_{2}\right) \frac{1}{3}\left(P_{1}+P_{2}+P_{3}\right)\left(\frac{P_{1}}{\sqrt{2}}+P_{2}\right)}{\operatorname{Tr}\left[\left(\frac{P_{1}}{\sqrt{2}}+P_{2}\right) \frac{1}{3}\left(P_{1}+P_{2}+P_{3}\right)\left(\frac{P_{1}}{\sqrt{2}}+P_{2}\right)\right]}=\frac{\left(\frac{P_{1}}{2}+P_{2}\right)}{\operatorname{Tr}\left[\frac{P_{1}}{2}+P_{2}\right]}=\frac{1}{3} P_{1}+\frac{2}{3} P_{2} \tag{19.70}
\end{equation*}
$$

Finally, the posterior, or conditioned, probabilities of finding the car behind each of the doors is given by a similar trace, where the projector $P_{\alpha}$ defines the outcome of finding the car behind door $\alpha$ in a future
measurement:

$$
\begin{align*}
& P_{\mathrm{c}}\left(C_{1}\right)=\operatorname{Tr}\left[P_{1} \rho_{\mathrm{c}} P_{1}\right]=\frac{1}{3} \\
& P_{\mathrm{c}}\left(C_{2}\right)=\operatorname{Tr}\left[P_{2} \rho_{\mathrm{c}} P_{2}\right]=\frac{2}{3}  \tag{19.71}\\
& P_{\mathrm{c}}\left(C_{3}\right)=\operatorname{Tr}\left[P_{3} \rho_{\mathrm{c}} P_{3}\right]=0 .
\end{align*}
$$

These are the same probabilities that we obtained using Bayes' rule in standard form.

### 19.3.3 Quantum Measurement as Inference from Data

To generalize the Monty Hall example, we can recast the POVM reduction as a "quantum Bayes' Rule." Assume we have a set $D_{\alpha}$ of Krause operators that are comprised in a POVM. Then the $\alpha$ th measurement outcome converts the quantum state $\rho$ into the conditioned state $\rho_{\mathrm{c}}$ according to

$$
\begin{equation*}
\rho_{\mathrm{c}}=\frac{D_{\alpha} \rho D_{\alpha}^{\dagger}}{\operatorname{Tr}\left[D_{\alpha} \rho D_{\alpha}^{\dagger}\right]} . \tag{19.72}
\end{equation*}
$$

We can identify elements here that are very similar to the classical Bayes' Rule:

1. The prior: in this case is the initial density operator $\rho$.
2. The reduction: the operators $D_{\alpha}$ and $D_{\alpha}^{\dagger}$ act like the conditional probability $P\left(D_{\alpha} \mid A\right)$ in the classical case, which effects the change in the probability in response to the occurrence of $D_{\alpha}$ (regarded as an event). As we saw in the Monty Hall example, these quantum operators can be constructed to be equivalent to the classical conditional probabilities.
3. The renormalization factor: we then renormalize the probability by dividing by $\operatorname{Tr}\left[D_{\alpha} \rho D_{\alpha}^{\dagger}\right]$, which is just the probability $P\left(D_{\alpha}\right)$ in the classical case. This step of course ensures a normalized, conditioned density operator, which we of course need for a sensible probability distribution.
4. The posterior: the conditioned state $\rho_{\mathrm{c}}$ then reflects our knowledge of the quantum state given the $\alpha$ th outcome of the measurement, in the same way that $P\left(A \mid D_{\alpha}\right)$ reflects the probability for outcome $A$ given the event $D_{\alpha}$.

The obvious but superficial difference here is that the classical rule describes the change in the assigned probability for a single event $A$, whereas the quantum rule handles all possible outcomes of a future measurement all at once. While similar, the quantum and classical rules can't quite be cast in the same form since the quantum rule is both more general in handling coherent superpositions (quantum probabilities) and different in that measurements on some aspects of a system must disturb complementary aspects (quantum backaction). We can conclude this interlude by noting a number of points regarding how one can use the quantum Bayes' rule as a framework for thinking about quantum measurement. ${ }^{13}$ While bordering on the philosophical, this is a very useful framework for thinking about measurements in modern experiments, particularly where single quantum systems and multiple, sequential measurements are involved.

- The quantum state $\rho$ is the information about a quantum system according to a particular observer.
- A quantum measurement refines the observer's information about the system, and thus modifies the density operator.
- This removes any problems with "collapse of the wave function" as a discontinuous process. The wave function is, in fact, literally in the observer's head, and the collapse is just an update of information.

[^258]- This view is particularly useful in considering multiple observers for the same system, both performing their own weak measurements but possibly not sharing their results. We treated this, for example, in the case of stochastic master equations for photodetection, where each observer ends up with a different conditioned density operator. Each density operator incorporates the measurement information of the corresponding observer, but also a trace over the unknown measurement results of the other observer.
- The price of all this is the potentially distasteful feature of subjective, or observer-dependent quantum states. Actually, this shouldn't be unreasonable in the case of multiple observers; however, even multiple observers with access to all the same measurement results could disagree on the details of the quantum state, because they may have begun with different prior states. There are a number of important objective features, however. For example, the data (measurement results) are objective - as are the rules for incorporating data-and as the observers continue to incorporate more data, their states should converge (at least in the aspects reflected by the measurements): with sufficient data, eventually the information from the data should completely swamp the prior. Further, in constructing priors, both observers should either agree that the probability of a particular measurement outcome is either zero or nonzero, even if they disagree on the exact probability: an assigned probability of zero is the only really claim that is absolutely falsifiable by future measurements. Finally, there are objective ways of constructing prior states, such as the maximum-entropy principle, which chooses the state with the least information that is consistent with all known constraints ${ }^{14}$ (though in practice determining and implementing constraints can be a tricky business ${ }^{15}$ ).
- In any quantum or classical measurement, the knowledge should increase, or at least it shouldn't decrease. For example, in a quantum projective measurement, a mixed state always transforms to a pure state, with correspondingly less uncertainty (i.e., the uncertainty reduced to the quantummechanical minimum), though of course once in a pure state a projection can only modify the state without increasing knowledge. Essentially the same is true of general POVMs. ${ }^{16}$
- The information gained in a quantum measurement is not about some pre-existing reality (i.e., hidden variables), but rather in the measurement, the uncertainty for predictions of future measurements decreases.


### 19.4 Continuous Position Measurement

Now, to construct a continuous measurement of position, we will arrange to have a sequence of weak position measurements, separated in time by $\Delta t$. We will also let the measurement strength depend on time by making the rescaling $\kappa \longrightarrow 8 \kappa \Delta t$ in the measurement operator (19.54), so that

$$
\begin{equation*}
\Omega(\alpha ; \Delta t)=\left(\frac{4 \kappa \Delta t}{\pi}\right)^{1 / 4} \int_{-\infty}^{\infty} d x e^{-2 \kappa \Delta t(x-\alpha)^{2}}|x\rangle\langle x| \tag{19.73}
\end{equation*}
$$

The factor of 8 here simply gives a convenient normalization for the measurement strength. We will return to the dependence on the time interval $\Delta t$ below, but this particular scaling is necessary to obtain a sensible limit as $\Delta t \longrightarrow 0$.

Now with this set of measurement operators, the probability of obtaining a particular measurement

[^259]result $\alpha$ is
\[

$$
\begin{align*}
P(\alpha) & =\operatorname{Tr}\left[\Omega(\alpha) \rho \Omega^{\dagger}(\alpha)\right] \\
& =\operatorname{Tr}\left[\left(\frac{4 \kappa \Delta t}{\pi}\right)^{1 / 4} \int_{-\infty}^{\infty} d x e^{-2 \kappa \Delta t(x-\alpha)^{2}}|x\rangle\langle x| \rho\left(\frac{4 \kappa \Delta t}{\pi}\right)^{1 / 4} \int_{-\infty}^{\infty} d x^{\prime} e^{-2 \kappa \Delta t\left(x^{\prime}-\alpha\right)^{2}}\left|x^{\prime}\right\rangle\left\langle x^{\prime}\right|\right]  \tag{19.74}\\
& =\sqrt{\frac{4 \kappa \Delta t}{\pi}} \int_{-\infty}^{\infty} d x e^{-4 \kappa \Delta t(x-\alpha)^{2}}\langle x| \rho|x\rangle
\end{align*}
$$
\]

In the limit of small $\Delta t$, the Gaussian factor in the integrand is much broader than the position probability density $\langle x| \rho|x\rangle$ for the quantum state. Since it varies slowly over the scale of $\langle x| \rho|x\rangle$, the Gaussian factor can be pulled out of the integral, with $x$ replaced by $\langle x\rangle$, near which $\langle x| \rho|x\rangle$ is peaked. The integral then becomes trivial, and we obtain

$$
\begin{equation*}
P(\alpha)=\sqrt{\frac{4 \kappa \Delta t}{\pi}} e^{-4 \kappa \Delta t[\langle x\rangle-\alpha]^{2}} \tag{19.75}
\end{equation*}
$$

so that the measurement result $\alpha$ is a Gaussian random variable with variance $1 / 8 \kappa \Delta t$. Noting also that $\langle\alpha\rangle=\langle x\rangle$, we can write $\alpha$ as an explicit Gaussian random variable in terms of a Wiener increment $\Delta W$ (also a Gaussian random variable) as

$$
\begin{equation*}
\alpha=\langle x\rangle+\frac{\Delta W}{\sqrt{8 \kappa} \Delta t} \tag{19.76}
\end{equation*}
$$

since the mean and variance agree with those from the probability density (19.75). Recall that $\alpha$ is an index for the measurement operator - equivalently, the measurement result for a particular time interval of duration $\Delta t$-but we may regard it in a sense as a stochastic, dynamical variable, since the measurement is repeated in time.

### 19.4.1 State Collapse and the Stochastic Schrödinger Equation

As the stream of measurement results $\alpha(t)$ comes in, the quantum state must be correspondingly modified in light of the new measurement information. Recall that a measurement result of $\alpha$ in a particular time interval of duration $\Delta t$ causes the state to transform according to

$$
\begin{equation*}
|\psi(t+\Delta t)\rangle=\frac{\Omega(\alpha)|\psi(t)\rangle}{\sqrt{\langle\psi(t)| \Omega^{\dagger}(\alpha) \Omega(\alpha)|\psi(t)\rangle}} \tag{19.77}
\end{equation*}
$$

To simplify the evaluation, we can ignore the renormalization factor, so that we can use Eq. (19.73) for the measurement operator to see that the state change is given by

$$
\begin{align*}
|\tilde{\psi}(t+\Delta t)\rangle & =\Omega(\alpha)|\psi(t)\rangle \\
& =\left(\frac{4 \kappa \Delta t}{\pi}\right)^{1 / 4} \int_{-\infty}^{\infty} d x e^{-2 \kappa \Delta t(x-\alpha)^{2}}|x\rangle\langle x \mid \psi(t)\rangle  \tag{19.78}\\
& =\left(\frac{4 \kappa \Delta t}{\pi}\right)^{1 / 4} e^{-2 \kappa \Delta t(x-\alpha)^{2}}|\psi(t)\rangle
\end{align*}
$$

since the $x$ in the exponential is the position operator. Here, the twiddle indicates an unnormalized state vector. Dropping the normalization factor and inserting expression (19.76) for $\alpha$, we find

$$
\begin{align*}
|\tilde{\psi}(t+\Delta t)\rangle & =\exp \left[-2 \kappa \Delta t\left(x-\langle x\rangle-\frac{\Delta W}{\sqrt{8 \kappa} \Delta t}\right)^{2}\right]|\psi(t)\rangle  \tag{19.79}\\
& \propto \exp \left[-2 \kappa \Delta t x^{2}+x(4 \kappa\langle x\rangle \Delta t+\sqrt{2 \kappa} \Delta W)\right]|\psi(t)\rangle
\end{align*}
$$

where we have dropped the terms in the exponential that do not involve the position operator. In the infinitesimal limit, we can thus write

$$
\begin{align*}
|\tilde{\psi}(t+d t)\rangle & =\exp \left[-2 \kappa x^{2} d t+x(4 \kappa\langle x\rangle d t+\sqrt{2 \kappa} d W)\right]|\psi(t)\rangle \\
& =\left[1-2 \kappa x^{2} d t+x(4 \kappa\langle x\rangle d t+\sqrt{2 \kappa} d W)+\kappa x^{2} d W^{2}\right]|\psi(t)\rangle  \tag{19.80}\\
& =\left[1-\left(\kappa x^{2}-4 \kappa x\langle x\rangle\right) d t+\sqrt{2 \kappa} x d W\right]|\psi(t)\rangle
\end{align*}
$$

where we have (without approximation) expanded the exponential to first order in $d t$ and second order in $d W$, setting $d W^{2}=d t$ according to the rules of Itō calculus. Normalizing the new state vector and expanding to first order in $d t$ (and second in $d W$ ),

$$
\begin{align*}
|\psi(t+d t)\rangle & =\frac{|\tilde{\psi}(t+d t)\rangle}{\sqrt{\langle\tilde{\psi}(t+d t) \mid \tilde{\psi}(t+d t)\rangle}} \\
& =\frac{\left[1-\left(\kappa x^{2}-4 \kappa x\langle x\rangle\right) d t+\sqrt{2 \kappa} x d W\right]|\psi(t)\rangle}{\sqrt{\langle 1+8 \kappa x\langle x\rangle d t+2 \sqrt{2 \kappa} x d W\rangle}} \\
& =\left[1-\left(\kappa x^{2}-4 \kappa x\langle x\rangle+4 \kappa\langle x\rangle^{2}\right) d t-\left(3 \kappa\langle x\rangle^{2}+2 \kappa x\langle x\rangle\right) d W^{2}+\sqrt{2 \kappa}(x-\langle x\rangle) d W\right]|\psi(t)\rangle \\
& =\left[1-\kappa(x-\langle x\rangle)^{2} d t+\sqrt{2 \kappa}(x-\langle x\rangle) d W\right]|\psi(t)\rangle \tag{19.81}
\end{align*}
$$

so that we arrive at the stochastic Schrödinger equation for the continuous position measurement:

$$
\begin{equation*}
d|\psi\rangle=-\kappa(x-\langle x\rangle)^{2}|\psi\rangle d t+\sqrt{2 \kappa}(x-\langle x\rangle)|\psi\rangle d W \tag{19.82}
\end{equation*}
$$

Again, accompanying the SSE is the measurement record (19.76), which in the infinitesimal limit becomes

$$
\begin{equation*}
d y=\langle x\rangle d t+\frac{d W}{\sqrt{8 \kappa}} \tag{19.83}
\end{equation*}
$$

where $d y:=\alpha d t$, or directly in terms of $\alpha$,

$$
\begin{equation*}
\alpha(t)=\langle x\rangle+\frac{\xi(t)}{\sqrt{8 \kappa}}, \tag{19.84}
\end{equation*}
$$

where as before $\xi(t) \equiv d W(t) / d t$. In terms of $\alpha$, the variance sensibly diverges in the infinitesimal limit, because the information gained in time $d t$ is zero. To obtain position information, the observer must average $d y(t)$ over some finite time interval:

$$
\begin{align*}
\frac{y(t)}{t} & =\frac{1}{t} \int_{0}^{t} d t^{\prime}\langle x\rangle+\frac{1}{\sqrt{8 \kappa}} \int_{0}^{t} d W\left(t^{\prime}\right)  \tag{19.85}\\
& =\frac{1}{t} \int_{0}^{t} d t^{\prime}\langle x\rangle+\frac{W(t)}{\sqrt{8 \kappa} t}
\end{align*}
$$

The second term represents uncertainty in the measurement, and generically converges to zero as $1 / \sqrt{t}$. The first term, which represents the position information, would be simply $\langle x\rangle$ if this expectation value were timeindependent, but the integral requires knowledge of the time evolution of the state, and thus its calculation requires the solution to the SSE.

### 19.4.1.1 Gaussian Noise

In constructing the above SSE, we explicitly assumed Gaussian collapse operators $\Omega(\alpha)$. This resulted in the Gaussian noise process $d W$ appearing in the SSE, because in the infinitesimal limit (weak-measurement limit), the width and thus also the shape of the collapse operator determined the noise statistics of measurement results $\alpha(t)$. The question is, how general is this? If we had assumed a different form for $\Omega(\alpha)$, would we have obtained a different noise process? The answer is that the infinitesimal limit is an idealization, and really we should only consider increments

$$
\begin{equation*}
\Delta y(t):=\int_{t}^{t+\Delta t} d y(t) \tag{19.86}
\end{equation*}
$$

for the measurement record (and corresponding finite increments for the quantum-state evolution). Such an increment is a sum over arbitrarily many infinitesimal noise increments, and thus under the continuous idealization, any "reasonable" form for the probability distribution of the noise increments will give results equivalent to the choice of Gaussian noise and Gaussian collapse operators, according to the central-limit theorem. By "reasonable," we first mean that in the above finite construction, before taking the limit $\Delta t \longrightarrow 0$, the variance of the collapse operator (i.e., the variance of the state $\Omega(\alpha)|\psi\rangle$ for an initially very uncertain state $|\psi\rangle$ ) should exist and be finite, so that the statistics of many combined collapses are Gaussian. Further, in the limit $\Delta t \longrightarrow 0$, the variance of the infinitesimal increments should be proportional to $d t$ : otherwise, for a variance scaling of the form $d t^{\beta}$, the above integral $\Delta y$ will be either vanish $(\beta>1)$ or diverge $(\beta<1)$. Thus, Gaussian noise is general in the sense that any (appropriately normalized) continuous noise process $d V$ representing a continuous measurement may be regarded as the Wiener process $d W$, so long as the integrated increments $\Delta V$ have finite variance.

### 19.4.2 Stochastic Master Equation

As in the case of photodetection, we can generalize the SSE by using it to derive a stochastic master equation, expanding to second order: ${ }^{17}$

$$
\begin{equation*}
d \rho=(d|\psi\rangle)\langle\psi|+d|\psi\rangle(d|\psi\rangle)+(d|\psi\rangle)(d|\psi\rangle) \tag{19.87}
\end{equation*}
$$

The resulting SME is

$$
\begin{align*}
d \rho & =-\kappa[x,[x, \rho]] d t+\sqrt{2 \kappa}(x \rho+\rho x-2\langle x\rangle \rho) d W  \tag{19.88}\\
& =2 \kappa \mathcal{D}[x] \rho d t+\sqrt{2 \kappa} \mathcal{H}[x] \rho d W
\end{align*}
$$

where recall the superoperators we defined previously in Chapter 18:

$$
\begin{align*}
& \mathcal{D}[c] \rho:=c \rho c^{\dagger}-\frac{1}{2}\left(c^{\dagger} c \rho+\rho c^{\dagger} c\right)  \tag{19.89}\\
& \mathcal{H}[c] \rho:=c \rho+\rho c^{\dagger}-\operatorname{Tr}\left[c \rho+\rho c^{\dagger}\right] \rho
\end{align*}
$$

Of course, the $d W$ here, while effectively a stochastic variable, is defined in terms of the measurement record (19.83), so that we may eliminate it and write the SME in terms of the measurement results dy:

$$
\begin{align*}
d \rho & =-\kappa[x,[x, \rho]] d t+4 \kappa(x \rho+\rho x-2\langle x\rangle \rho)(d y-\langle x\rangle d t)  \tag{19.90}\\
& =2 \kappa \mathcal{D}[x] \rho d t+4 \kappa \mathcal{H}[x] \rho(d y-\langle x\rangle d t)
\end{align*}
$$

[^260]Also, in writing down this SME (as well as the corresponding SSE above), we have ignored any Hamiltonian evolution that proceeds in parallel with the measurement process. Thus, Hamiltonian terms should be added as necessary, so that

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t-\kappa[x,[x, \rho]] d t+\sqrt{2 \kappa}(x \rho+\rho x-2\langle x\rangle \rho) d W \tag{19.91}
\end{equation*}
$$

in the case of the SME with system Hamiltonian $H$. Of course, the corresponding term may be added to the SSE.

### 19.4.3 Inefficient Detection and Multiple Observers

Notice that we may write the $\operatorname{SME}(19.88)$ as

$$
\begin{equation*}
d \rho=-\kappa[x,[x, \rho]] d t+\sqrt{2 \kappa_{1}} \mathcal{H}[x] \rho d W_{1}+\sqrt{2 \kappa_{2}} \mathcal{H}[x] \rho d W_{2}, \tag{19.92}
\end{equation*}
$$

and the measurement record as

$$
\begin{equation*}
d y=\langle x\rangle d t+\frac{d W_{1}}{\sqrt{8 \kappa_{1}}}+\frac{d W_{2}}{\sqrt{8 \kappa_{2}}} \tag{19.93}
\end{equation*}
$$

where $d W_{1}$ and $d W_{2}$ are Wiener processes, so long as $\kappa_{1}+\kappa_{2}=\kappa$ and we thus identify $d W=\sqrt{\kappa_{1}} d W_{1}+$ $\sqrt{\kappa_{2}} d W_{2}$ as the Wiener process from before. We can then associate $d W_{1}$ and $d W_{2}$ with different observers, or with the information detected and not detected by a single observer. ${ }^{18}$ This is precisely the same construction as for photodetection (Section 18.2.8), except now the detector for position information is more abstract. However, the same ideas apply. Taking $\kappa_{1}=\eta \kappa$ (with $\eta \in[0,1]$ ), we can take an ensemble average over all realizations of $d W_{2}$ (and then relabel $d W_{1} \longrightarrow d W$ ) to obtain the SME for inefficient detection, where $\eta$ is the fraction of information actually received by the observer:

$$
\begin{equation*}
d \rho=-\kappa[x,[x, \rho]] d t+\sqrt{2 \eta \kappa} \mathcal{H}[x] \rho d W \tag{19.94}
\end{equation*}
$$

Correspondingly, the measurement record becomes

$$
\begin{equation*}
d y=\langle x\rangle d t+\frac{d W}{\sqrt{8 \eta \kappa}} \tag{19.95}
\end{equation*}
$$

for the case of inefficient detection. The bad-detection limit $\eta=0$ leads to

$$
\begin{equation*}
d \rho=-\kappa[x,[x, \rho]] d t \tag{19.96}
\end{equation*}
$$

which is simply the unconditioned master equation for a position measurement. In this case, only the disturbance is left, and we will see shortly that the disturbance term here corresponds to momentum diffusion.

Similarly, the SME (19.92) represents the evolution for position measurement by two observers that do not share information, but from the point of view of an omniscient observer. Observers 1 and 2 thus have their own SMEs, given by tracing out the other noise process,

$$
\begin{align*}
d \rho_{1} & =-\kappa_{1}\left[x,\left[x, \rho_{1}\right]\right] d t-\kappa_{2}\left[x,\left[x, \rho_{1}\right]\right] d t+\sqrt{2 \kappa_{1}} \mathcal{H}[x] \rho_{1} d W_{1}^{\prime}  \tag{19.97}\\
d \rho_{2} & =-\kappa_{1}\left[x,\left[x, \rho_{2}\right]\right] d t-\kappa_{2}\left[x,\left[x, \rho_{2}\right]\right] d t+\sqrt{2 \kappa_{1}} \mathcal{H}[x] \rho_{2} d W_{2}^{\prime}
\end{align*}
$$

Of course, the disturbance for both measurement processes are present, independent of the ensemble averages. The corresponding measurement records for each observer are

$$
\begin{align*}
& d y_{1}=\langle x\rangle_{1} d t+\frac{d W_{1}^{\prime}}{\sqrt{8 \kappa_{1}}}  \tag{19.98}\\
& d y_{2}=\langle x\rangle_{2} d t+\frac{d W_{2}^{\prime}}{\sqrt{8 \kappa_{2}}}
\end{align*}
$$

[^261]The Wiener processes $d W_{1,2}^{\prime}$ for the individual observers are in general different from the corresponding processes $d W_{1,2}$ from the omniscient observer, because in the individual master equations, the expectation values are taken with respect to $\rho_{1,2}$ rather than $\rho$. Equating $\left(\kappa_{1} d y_{1}+\kappa_{2} d y_{2}\right) / \kappa$ with $d y$,

$$
\begin{equation*}
\frac{\kappa_{1}}{\kappa}\langle x\rangle_{1} d t+\frac{\kappa_{2}}{\kappa}\langle x\rangle_{2} d t+\frac{\sqrt{\kappa_{1}} d W_{1}^{\prime}}{\sqrt{8} \kappa}+\frac{\sqrt{\kappa_{2}} d W_{2}^{\prime}}{\sqrt{8} \kappa}=\langle x\rangle+\frac{d W}{\sqrt{8 \kappa}} \tag{19.99}
\end{equation*}
$$

we can split up the two terms on the right-hand side consistently and separate the parts depending on $\kappa_{1}$ and $\kappa_{2}$, so that for example

$$
\begin{equation*}
\frac{\kappa_{1}}{\kappa}\langle x\rangle_{1} d t+\frac{\sqrt{\kappa_{1}} d W_{1}^{\prime}}{\sqrt{8} \kappa}=\frac{\kappa_{1}}{\kappa}\langle x\rangle d t+\sqrt{\frac{\kappa_{1}}{\kappa}} \frac{d W}{\sqrt{8 \kappa}} \tag{19.100}
\end{equation*}
$$

and find

$$
\begin{align*}
& d W_{1}^{\prime}=\sqrt{8 \kappa_{1}}\left[\langle x\rangle-\langle x\rangle_{1}\right] d t+d W_{1}  \tag{19.101}\\
& d W_{2}^{\prime}=\sqrt{8 \kappa_{2}}\left[\langle x\rangle-\langle x\rangle_{2}\right] d t+d W_{2}
\end{align*}
$$

for the relation between the noise sources of the individual observers to the noise sources of the omniscient observer.

### 19.4.4 Interpretation

To better see the effects of the measurement terms in the SME (19.88), we will look at the evolution of the first- and second-order moments, as we did in the case of photodetection. Again deriving the equation of motion for the expectation value of an arbitrary operator $A$, essentially by taking Eq. (18.128) and setting $a \longrightarrow x$, we obtain (now including Hamiltonian evolution)

$$
\begin{equation*}
d\langle A\rangle=-\frac{i}{\hbar}\langle[A, H]\rangle d t-\kappa\langle[x,[x, A]]\rangle d t+\sqrt{2 \eta \kappa}\left[\left\langle[x, A]_{+}\right\rangle-2\langle A\rangle\langle x\rangle\right] d W . \tag{19.102}
\end{equation*}
$$

Assuming for simplicity a Hamiltonian evolution according to the harmonic-oscillator Hamiltonian

$$
\begin{equation*}
H=\frac{p^{2}}{2 m}+\frac{1}{2} m \omega^{2} x^{2} \tag{19.103}
\end{equation*}
$$

it follows that the means and variances obey the evolution equations ${ }^{19}$

$$
\begin{align*}
d\langle x\rangle & =\frac{1}{m}\langle p\rangle d t+\sqrt{8 \eta \kappa} V_{x} d W \\
d\langle p\rangle & =-m \omega_{0}^{2}\langle x\rangle d t+\sqrt{8 \eta \kappa} C_{x p} d W \\
\partial_{t} V_{x} & =\frac{2}{m} C_{x p}-8 \eta \kappa V_{x}^{2}  \tag{19.104}\\
\partial_{t} V_{p} & =-2 m \omega_{0}^{2} C_{x p}+2 \hbar^{2} \kappa-8 \eta \kappa C_{x p}^{2} \\
\partial_{t} C_{x p} & =\frac{1}{m} V_{p}-m \omega_{0}^{2} V_{x}-8 \eta \kappa V_{x} C_{x p}
\end{align*}
$$

where again the variances $V_{x}$ and $V_{p}$ are defined by $V_{\alpha}:=\left\langle\alpha^{2}\right\rangle-\langle\alpha\rangle^{2}$, and the symmetrized covariance is $C_{x p}:=(1 / 2)\left\langle[x, p]_{+}\right\rangle-\langle x\rangle\langle p\rangle$. In deriving these evolution equations, we have again explicity assumed a Gaussian state, for which the moments obey [see Eqs. (18.133)]

$$
\begin{align*}
\left\langle x^{3}\right\rangle & =3\langle x\rangle V_{x}+\langle x\rangle^{3} \\
\frac{1}{2}\left\langle\left[x, p^{2}\right]_{+}\right\rangle & =2\langle p\rangle C_{x p}+\langle x\rangle\left[V_{p}+\langle p\rangle^{2}\right]  \tag{19.105}\\
\frac{1}{4}\left\langle\left[x,[x, p]_{+}\right]_{+}\right\rangle & =2\langle x\rangle C_{x p}+\langle p\rangle\left[V_{x}+\langle x\rangle^{2}\right] .
\end{align*}
$$

[^262]These relations explicitly decouple the means and variances from the higher-order moments. Also, since the Gaussian state is preserved both by the harmonic Hamiltonian evolution and by the position measurement (which amounts to a Gaussian collapse at each instant in time), there is no loss of generality involved in assuming a Gaussian state provided that the system starts in a Gaussian state, and even if the system starts in some other state, the position measurement will eventually force the system into a Gaussian state.

In examining Eqs. (19.104), we can simply use the coefficients to identify the source and thus the interpretation of each term. The first term in each equation is due to the natural Hamiltonian evolution of the harmonic oscillator. Terms originating from the $\mathcal{D}[c] \rho$ component are proportional to $\kappa d t$ but not $\eta$; in fact, the only manifestation of this term is the $2 \hbar^{2} \kappa$ term in the equation of motion for $V_{p}$. Thus, a position measurement with rate constant $k$ produces momentum diffusion (heating) at a rate $2 \hbar^{2} \kappa$, as is required to maintain the uncertainty principle as the position uncertainty contracts due to the measurement. (This can also be seen by deriving the Fokker-Planck equation for the Wigner function; see Problem 19.problem:fokker-planck-x-measurement.)

There are more terms here originating from the $\mathcal{H}[c] \rho$ component of the master equation, and they are identifiable since they are proportional to either $\sqrt{\eta \kappa}$ or $\eta \kappa$. The $d W$ terms in the equations for $\langle x\rangle$ and $\langle p\rangle$ represent the stochastic nature of the position measurement. That is, during each small time interval, the wave function collapses slightly, but we don't know exactly where it collapses to. The stochastic term in the $\langle x\rangle$ equation is proportional to $V_{x}$, since the larger the variance, the wider the range of potential collapses. The stochastic term in the $\langle p\rangle$ equation is proportional to $C_{x p}$, since a position measurement only induces momentum collapses if $x$ and $p$ are correlated $\left(C_{x p} \neq 0\right)$. This stochastic behavior is precisely the same behavior that we saw in Eq. (19.76).

The more subtle point here lies with the nonstochastic terms proportional to $\eta \kappa$, which came from the second-order term, as in the last term of

$$
\begin{equation*}
d V_{x}=d\left\langle X^{2}\right\rangle-2\langle X\rangle d\langle X\rangle-(d\langle X\rangle)^{2} \tag{19.106}
\end{equation*}
$$

where Itō calculus generates a nonstochastic term from $d W^{2}=d t$. Notice in particular the term of this form in the $V_{x}$ equation, which acts as a damping term for $V_{x}$. This term represents the certainty gained via the measurement process. The other similar terms are less clear in their interpretation, but they are necessary to maintain consistency of the evolution. Essentially, again $V_{p}$ and $C_{x p}$ are only modified by a position measurement, which you might expect would only influence $V_{x}$, if $x$ and $p$ are correlated. Hence the presence of $C_{x p}$ in these terms.

Note that we have made the assumption of a Gaussian initial state in deriving these equations, but this assumption is not very restrictive. Due to the linear potential and the Gaussian collapse operators, these equations of motion preserve the Gaussian form of the initial state. The Gaussian collapses additionally converts arbitrary initial states into Gaussian states at long times. Furthermore, as we have mentioned, the assumption of a Gaussian measurement is not restrictive - under the assumption of sufficiently high noise bandwidth, the central-limit theorem guarantees that temporal coarse-graining yields Gaussian noise for any measurement process giving random deviates with bounded variance.

As a simple example to illustrate the conditioned dynamics, below is plotted the evolution of a free particle (with Hamiltonian $H=p^{2} / 2 m$, in units where $m=\hbar=1$ ), with and without a continuous position measurement. The time runs from $t=0$ to $t=10$, and the measurement strengths are $k=0$ (left) and $k=0.1$ (right). In the unconditioned case, the initial variance $V_{x}=2$ spreads ballistically, characteristic of a free particle. In the measured case, the initial variance $V_{x}=2$ contracts due to the measurement, because position becomes more certain under the measurement process, until dispersion and the measurement balance. The centroid also moves stochastically due to the random nature of the measurement process. Of course, the stochastic motion is different for each possible realization of the measurement process.


### 19.4.5 Linear Stochastic Evolution Equations

Recall from Section 19.1.2 that the infinitesimal transformation $\rho \longrightarrow \Omega(d W) \rho \Omega^{\dagger}(d W)$, with collapse operator

$$
\begin{equation*}
\Omega(d W)=1-i \frac{H}{\hbar} d t-\frac{1}{2} c^{\dagger} c d t+c d W \tag{19.107}
\end{equation*}
$$

leads to the unnormalized evolution equation

$$
\begin{equation*}
d \tilde{\rho}=-\frac{i}{\hbar}[H, \tilde{\rho}] d t+\mathcal{D}[c] \tilde{\rho} d t+\left(c \tilde{\rho}+\tilde{\rho} c^{\dagger}\right) d W \tag{19.108}
\end{equation*}
$$

where $\tilde{\rho}$ is the unnormalized density operator. Adding the nonlinear term $-\left\langle c+c^{\dagger}\right\rangle \rho d W$ restores the proper trace of $\rho$, and thus leads to the familiar normalized SME

$$
\begin{align*}
d \rho & =-\frac{i}{\hbar}[H, \rho] d t+\mathcal{D}[c] \rho d t+\left(c \rho+\rho c^{\dagger}\right) d W-\left\langle c+c^{\dagger}\right\rangle \rho d W  \tag{19.109}\\
& =-\frac{i}{\hbar}[H, \rho] d t+\mathcal{D}[c] \rho d t+\mathcal{H}[c] \rho d W
\end{align*}
$$

This linear SME is clearly equivalent to the linear SSE

$$
\begin{equation*}
d|\tilde{\psi}\rangle=-i \frac{H}{\hbar}|\tilde{\psi}\rangle d t-\frac{1}{2} c^{\dagger} c|\tilde{\psi}\rangle d t+c|\tilde{\psi}\rangle d W \tag{19.110}
\end{equation*}
$$

where $|\tilde{\psi}\rangle$ is the unnormalized state vector, since this corresponds to the infinitesimal transformation $|\tilde{\psi}\rangle \longrightarrow$ $\Omega(d W)|\tilde{\psi}\rangle$. The corresponding normalized SSE reads

$$
\begin{equation*}
d|\psi\rangle=-\frac{i}{\hbar} H|\psi\rangle d t-\frac{1}{2}\left[c^{\dagger} c-\left\langle c+c^{\dagger}\right\rangle c+\frac{1}{4}\left\langle c+c^{\dagger}\right\rangle^{2}\right]|\psi\rangle d t+\left[c-\frac{1}{2}\left\langle c+c^{\dagger}\right\rangle\right]|\psi\rangle d W \tag{19.111}
\end{equation*}
$$

as we saw before for homodyne detection, Eq. (18.71). We may regard the corresponding measurement record (up to an arbitrary factor) in either case to be

$$
\begin{equation*}
d r(t)=\left\langle c+c^{\dagger}\right\rangle d t+d W \tag{19.112}
\end{equation*}
$$

Despite the fact that it does not preserve the norm of the state, the linear SME (19.108) and linear SSE (19.110) are still useful-provided that they are interpreted properly-precisely because they are linear and thus facilitate analytic solutions. ${ }^{20}$

### 19.4.5.1 Norm of the Linear Solution

To see the effect of using the unnormalized equation, consider the evolution of the norm of the state in an infinitesimal time interval, assuming the state is initially normalized:

$$
\begin{equation*}
\operatorname{Tr}[\tilde{\rho}(t+d t)]=\operatorname{Tr}\left[\Omega(d W) \rho(t) \Omega^{\dagger}(d W)\right] \tag{19.113}
\end{equation*}
$$

That is, the norm is just the probability that the outcome labeled by the value of $d W$ occurred. The normalization factors for evolution in subsequent time intervals simply multiply, and so for an initially normalized state at $t=0$, the normalization (trace) of the final state $\tilde{\rho}(t)$ gives the probability that the particular realization $d W(t)$ of the measurement actually occurred.

### 19.4.5.2 Interpretation of the Solution

However, for the same realization $d W(t)$, the evolution according to the linear SSE (SME) is not equivalent to evolution according to the normalized SSE (SME). We can see this because the linear evolution is given in terms of the transformation operator $\Omega(d W)(19.107)$, which is labeled solely by the stochastic variable $d W$, which is independent of the state. By contrast, the normalized evolution of the state corresponds to collapse operators $\Omega(d r)$, which are labeled by the measurement result $d r(t)$ (19.112), which depends on the state via the expectation value. The linear evolution thus corresponds to taking $d r(t)=d W$, that is, shifting the measurement results by the amount $\left\langle c+c^{\dagger}\right\rangle$. Thus, the unnormalized evolution according to the linear SSE (SME), after renormalization at the end, corresponds to the correct normalized evolution for some possible measurement realization $d r(t)$, just not the one given by Eq. (19.112). In fact, the measurement record corresponding to the linear evolution is generically much less likely than, say, the realization according to Eq. (19.112), which occurs with the same probability as that for choosing the realization of $d W(t)$. However, as we argued above, the norm of the unnormalized state gives the probability that this realization $d r(t)=d W$ actually occurred, and so as long as we weight these trajectories appropriately in any ensemble average, we have no problem.

Thus, to summarize: linear SSEs and SMEs give different conditioned evolution than their normalized counterparts, and in fact they realize particular evolutions with the wrong probability (assuming $d W(t)$ is chosen with the proper probability), but the probability for realizing any particular simulated trajectory is given by the final norm of the state. Simulation according to the normalized equations always gives solutions that are equally likely if $d W(t)$ is chosen with the proper probability. To see another example of this in terms of the position measurement, recall from Eq. (19.80) that the infinitesimal evolution under a continuous position measurement is given by

$$
\begin{equation*}
|\tilde{\psi}(t+d t)\rangle=\left[1-\left(\kappa x^{2}-4 \kappa x\langle x\rangle\right) d t+\sqrt{2 \kappa} x d W\right]|\psi(t)\rangle \tag{19.114}
\end{equation*}
$$

where, although the result is not normalized, the result is chosen with the correct probability by our construction. The corresponding position measurement record was

$$
\begin{equation*}
d y=\langle x\rangle d t+\frac{d W}{\sqrt{8 \kappa}} \tag{19.115}
\end{equation*}
$$

in terms of which we can write the above evolution as

$$
\begin{equation*}
|\tilde{\psi}(t+d t)\rangle=\left[1-\kappa x^{2} d t+4 \kappa x d y\right]|\psi(t)\rangle . \tag{19.116}
\end{equation*}
$$

[^263]Now if we make the replacement $d y \longrightarrow d W / \sqrt{8 \kappa}$, that is we shift the mean of the distribution of positionmeasurement results, we obtain the infinitesimal evolution

$$
\begin{equation*}
|\tilde{\psi}(t+d t)\rangle=\left[1-\kappa x^{2} d t+\sqrt{2 \kappa} x d W\right]|\psi(t)\rangle \tag{19.117}
\end{equation*}
$$

corresponding to the linear SSE for position measurement,

$$
\begin{equation*}
d|\tilde{\psi}\rangle=-\kappa x^{2}|\tilde{\psi}\rangle d t+\sqrt{2 \kappa} x|\tilde{\psi}\rangle d W \tag{19.118}
\end{equation*}
$$

or equivalently the SME

$$
\begin{equation*}
d \tilde{\rho}=-\kappa[x,[x, \rho]] d t+\sqrt{2 \kappa}(x \tilde{\rho}+\tilde{\rho} x) d W \tag{19.119}
\end{equation*}
$$

for position measurement, equivalent to the general forms (19.118) and (19.119) with $c=\sqrt{2 \kappa} x$.

### 19.4.5.3 Explicit Solutions of Measurement Dynamics

In the linear form, then, analytic solutions become more tractable. The solution to the linear SSE (19.110) is thus given by noting that

$$
\begin{equation*}
e^{a d t+b d W}=1+a d t+b d W+\frac{1}{2} b^{2} d W^{2}=1+\left(a+\frac{b^{2}}{2}\right) d t+b d W \tag{19.120}
\end{equation*}
$$

so that composing infinitesimal exponential evolution operations gives

$$
\begin{equation*}
|\tilde{\psi}(t)\rangle=\exp \left[-\frac{i}{\hbar} \int_{0}^{t} H\left(t^{\prime}\right) d t^{\prime}-\frac{1}{2} \int_{0}^{t}\left(c^{\dagger} c+c^{2}\right) d t^{\prime}+\int_{0}^{t} c d W\left(t^{\prime}\right)\right]|\psi(0)\rangle \tag{19.121}
\end{equation*}
$$

if $c$ and $H$ commute, which in the case of having no explicit time dependence of $c$ (i.e., the measurement is not changed with time) and a time-independent Hamiltonian becomes

$$
\begin{equation*}
|\tilde{\psi}(t)\rangle=\exp \left[-\frac{i H t}{\hbar}-\frac{1}{2}\left(c^{\dagger} c+c^{2}\right) t+c W(t)\right]|\psi(0)\rangle \tag{19.122}
\end{equation*}
$$

Recall that $W(t)$ is a Gaussian random variable with zero mean and variance $t$, so that we do not need the entire history $d W(t)$ to compute the final solution.

Now consider a nondemolition measurement of a Hermitian observable operator $Q$ (i.e., the measurement leaves eigenstates of $Q$ in eigenstates of $Q$ ), so that we let $c=\sqrt{2 \kappa} Q$ in the above equations, and have a corresponding measurement record

$$
\begin{equation*}
d y=\langle Q\rangle+\frac{d W}{\sqrt{8 \kappa}} \tag{19.123}
\end{equation*}
$$

for the conditioned evolution. Then the final state is

$$
\begin{equation*}
|\tilde{\psi}(t)\rangle=\exp \left[-\frac{i H t}{\hbar}-2 \kappa Q^{2} t+\sqrt{2 \kappa} Q W(t)\right]|\psi(0)\rangle \tag{19.124}
\end{equation*}
$$

Decomposing the initial state into eigenstates $|q\rangle$ of $Q$,

$$
\begin{equation*}
|\psi(0)\rangle=\sum_{q} c_{q}|q\rangle \tag{19.125}
\end{equation*}
$$

we may write the final state as

$$
\begin{equation*}
|\tilde{\psi}(t)\rangle=\sum_{q} c_{q} \exp \left[-\frac{i E_{q} t}{\hbar}-2 \kappa q^{2} t+\sqrt{2 \kappa} q W(t)\right]|q\rangle, \tag{19.126}
\end{equation*}
$$

where $H|q\rangle=E_{q}|q\rangle$. Now recall that the probability of this particular outcome is given by the norm of the final state

$$
\begin{equation*}
\langle\tilde{\psi}(t) \mid \tilde{\psi}(t)\rangle=\sum_{q}\left|c_{q}\right|^{2} \exp \left[-4 \kappa q^{2} t+\sqrt{8 \kappa} q W(t)\right] \tag{19.127}
\end{equation*}
$$

or in terms of the rescaled Wiener process

$$
\begin{equation*}
Y(t):=\frac{W(t)}{\sqrt{8 \kappa} t} \tag{19.128}
\end{equation*}
$$

the norm becomes

$$
\begin{equation*}
\langle\tilde{\psi}(t) \mid \tilde{\psi}(t)\rangle=\sum_{q}\left|c_{q}\right|^{2} \exp \left[-4 \kappa q^{2} t+8 \kappa t q Y(t)\right] \tag{19.129}
\end{equation*}
$$

But the actual probability for realizing $Y(t)$ is the probability for picking $Y(t)$ in a simulation (i.e., the corresponding Gaussian probability for picking $W(t)$ ), multiplied by the norm of the final state:

$$
\begin{align*}
P(Y, t) & =\frac{1}{\sqrt{2 \pi t}} e^{-W^{2} / 2 t} \frac{d W}{d Y}\langle\tilde{\psi}(t) \mid \tilde{\psi}(t)\rangle \\
& =\sqrt{\frac{4 \kappa t}{\pi}} e^{-4 \kappa t Y^{2}} \sum_{q}\left|c_{q}\right|^{2} \exp \left[-4 \kappa q^{2} t+8 \kappa t q Y(t)\right]  \tag{19.130}\\
& =\sqrt{\frac{4 \kappa t}{\pi}} \sum_{q}\left|c_{q}\right|^{2} e^{-4 \kappa t(Y-q)^{2}}
\end{align*}
$$

That is, the probability distribution for $Y(t)$ is a sum of Gaussians of width $1 / \sqrt{8 \kappa t}$, centered about each eigenvalue $q$ and weighted by the usual Born probability $c_{q}^{2}$. But recalling that using the linear SSE amounts to choosing the measurement record with the expectation value of the observable removed,

$$
\begin{equation*}
d y=\frac{d W}{\sqrt{8 \kappa}} \tag{19.131}
\end{equation*}
$$

and thus we interpret

$$
\begin{equation*}
Y(t)=\frac{1}{t} \int_{0}^{t} d y\left(t^{\prime}\right) \tag{19.132}
\end{equation*}
$$

as simply the time-averaged measurement result. Thus, we have shown in the case where there is no real interplay between the measurement and the Hamiltonian evolution, we can solve the measurement evolution explicitly and see that the time average of the measurement record gives the observed value of $Q$ for a particular trajectory (particular experiment). This observed value converges (almost always) to an eigenvalue of the discrete observable as $1 / \sqrt{t}$.

### 19.5 Imaged Resonance Fluorescence as a Position Measurement

Now we will consider several physical examples of position measurements, taking a single atom as a concrete example of a quantum-mechanical particle. The first one we will consider is the case of photodetection of ordinary resonance fluorescence, where the atom is excited by a plane wave, as we have already treated in Chapter 18. However, to gain position information, it is not sufficient to simply detect the photons, you have to image the scattered light, just as you would use a camera or a microscope to locate a small object.

### 19.5.1 Center-of-Mass Dynamics

We can write the SME for spontaneous emission as usual as

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t-\frac{\Gamma}{2} \mathcal{H}\left[\sigma^{\dagger} \sigma\right] \rho d t+\mathcal{J}[\sigma] \rho d N \tag{19.133}
\end{equation*}
$$

with superoperators

$$
\begin{align*}
& \mathcal{J}[c] \rho:=\left(\frac{c \rho c^{\dagger}}{\left\langle c^{\dagger} c\right\rangle}-\rho\right)  \tag{19.134}\\
& \mathcal{H}[c] \rho:=c \rho+\rho c^{\dagger}-\left\langle c+c^{\dagger}\right\rangle \rho
\end{align*}
$$

and a Poisson process characterized by

$$
\begin{equation*}
\langle\langle d N\rangle\rangle=\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle d t \tag{19.135}
\end{equation*}
$$

Now we want to consider how the evolution of the atomic internal state influences the atomic center-ofmass motion. We need to explicitly include the mechanical effects of the resonance fluorescence. First, we will model the situation of angle-resolved photodetection, where we break up the Poisson process $d N$ into many infinitesimal Poisson processes $d N(\theta, \phi) / d \Omega$, corresponding to emission in any possible direction $(\theta, \phi)$. Additionally, if the photon is detected in the direction $\mathbf{k}$, then the atom must recoil with momentum $-\hbar \mathbf{k}$, which is equivalent to applying the operator

$$
\begin{equation*}
\sigma e^{-i \mathbf{k} \cdot \mathbf{r}} \tag{19.136}
\end{equation*}
$$

to the atomic state at each detection event, rather than just the lowering operator $\sigma$. Thus, for the term describing each subprocess $d N(\theta, \phi) / d \Omega$, we make the replacement

$$
\begin{equation*}
\sigma \longrightarrow \sigma e^{-i \mathbf{k} \cdot \mathbf{r}} \tag{19.137}
\end{equation*}
$$

where $\mathbf{k}$ points along the direction $(\theta, \phi)$, and then sum over all angles to obtain

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t-\frac{\Gamma}{2} \mathcal{H}\left[\sigma^{\dagger} \sigma\right] \rho d t+\int d \Omega \mathcal{J}\left[\sigma e^{-i \mathbf{k} \cdot \mathbf{r}}\right] \rho \frac{d N(\theta, \phi)}{d \Omega} . \tag{19.138}
\end{equation*}
$$

(Compare to the form (5.404) of the atom-field interaction Hamiltonian, where the spatial dependence of the field enters via the Rabi frequency.) The Poisson processes are characterized by the means

$$
\begin{equation*}
\left\langle\left\langle\frac{d N(\theta, \phi)}{d \Omega}\right\rangle\right\rangle=\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle f_{\hat{\varepsilon}}(\theta, \phi) d t \tag{19.139}
\end{equation*}
$$

where $f_{\hat{\varepsilon}}(\theta, \phi)$ is the dipole radiation pattern for a dipole unit vector of $\hat{\varepsilon}$. In the Weisskopf-Wigner treatment of spontaneous emission in Chapter 11, we obtained this master equation by simply accounting for the spatial dependence of the vacuum field modes by letting

$$
\begin{equation*}
g_{\mathbf{k}} \longrightarrow g_{\mathbf{k}} e^{i \mathbf{k} \cdot \mathbf{r}} \tag{19.140}
\end{equation*}
$$

in the atom-field interaction Hamiltonian to obtain

$$
\begin{equation*}
H_{\mathrm{AF}}=\sum_{\mathbf{k}, \zeta} \hbar\left(g_{\mathbf{k}, \zeta} a_{\mathbf{k}, \zeta} \sigma^{\dagger} e^{i \mathbf{k} \cdot \mathbf{r}}+g_{\mathbf{k}, \zeta}^{*} a_{\mathbf{k}, \zeta}^{\dagger} \sigma e^{-i \mathbf{k} \cdot \mathbf{r}}\right) \tag{19.141}
\end{equation*}
$$

and then expanding the state vector also in the momentum basis

$$
\begin{equation*}
|\psi\rangle=\int d^{3} p \psi_{\mathrm{e}}(\mathbf{p})|\mathbf{p}, \mathrm{e}\rangle+\int d^{3} p \sum_{\mathbf{k}, \zeta} \psi_{\mathbf{k}, \zeta}(\mathbf{p})\left|\mathbf{p}, \mathrm{g}, 1_{\mathbf{k}, \zeta}\right\rangle \tag{19.142}
\end{equation*}
$$

In the weak-excitation limit, we can take the magnitude of $\mathbf{k}$ to have the value of an externally applied probe field, which will generally be near enough to resonance that it will match the resonant wave number (if the detuning is very large, the Rayleigh-scattered photons are elastically scattered from the incident field and thus have the same wave number as the driving field). Recall that the measurement terms only account for the momentum recoil on emission; any additional recoil due to photon absorption is already accounted for by the Hamiltonian evolution (see, e.g., Section 5.8.6.6).

We can simplify the angle-resolved SME by carrying out the angular integral, defining $d N$ to be one whenever $\max [d N(\theta, \phi)]=1$. The result is

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t-\frac{\Gamma}{2} \mathcal{H}\left[\sigma^{\dagger} \sigma\right] \rho d t+\mathcal{J}\left[\sigma e^{-i \mathbf{k} \cdot \mathbf{r}}\right] \rho d N \tag{19.143}
\end{equation*}
$$

with

$$
\begin{equation*}
\langle\langle d N\rangle\rangle=\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle d t \tag{19.144}
\end{equation*}
$$

as before. The angles $\theta$ and $\phi$ are then stochastic variables with probability density $f(\theta, \phi) \sin \theta$.

### 19.5.2 Imaging

The above master equation (19.138) is for an angle-resolving detector. What we see is that angle-resolved detection keeps explicit track of the atomic momentum kicks due to spontaneous emission. An imaging detector, on the other hand, gives up resolution of the direction of the emitted photon wave vector $\mathbf{k}$, thus obtaining instead some position information about the atom. An imaging system operates by summing fields from many directions together and then detecting the resulting interference pattern. The procedure for obtaining the measurement operators for the imaging system is as follows. ${ }^{21}$ Notice that we can regard the master equation (19.138) as a normal jump process of the form (19.133), with measurement operators

$$
\begin{equation*}
\sigma(\theta, \phi)=\sqrt{f(\theta, \phi)} \sigma e^{-i k z \cos \theta} \tag{19.145}
\end{equation*}
$$

where we sum over all possible emission angles. In writing down this family of operators, we are specializing to one-dimensional motion along the $z$-axis $(x=y=0)$, so we only require the $z$-component $k \cos \theta$ of $\mathbf{k}$. This operator ranges from -1 to 1 in $\cos \theta$ and from 0 to $2 \pi$ in $\phi$. Thus, we can write down Fourier coefficients (operators) for $\sigma(\theta, \phi)$, since these functions are defined on a bounded domain, with two indices $\alpha$ and $\beta$ :

$$
\begin{equation*}
\tilde{\sigma}_{\alpha \beta}=\frac{\sigma}{\sqrt{4 \pi}} \int_{0}^{2 \pi} d \phi \int_{-1}^{1} d(\cos \theta) \sqrt{f(\theta, \phi)} e^{-i k z \cos \theta} e^{i \alpha \pi \cos \theta} e^{i \beta \phi} \tag{19.146}
\end{equation*}
$$

However, this expression corresponds to imaging via an ideal imaging system, where the aperture extends over the full $4 \pi$ solid angle (requiring, for example, arbitrarily large lenses on either side of the atom). In practice it is rare to come anywhere close to this extreme. Thus, we include the effects of an aperture that only allows the imaging system to detect radiated light within a limited solid angle. We thus take the intensity transmission of the aperture to be represented by the function $T(\theta, \phi)$, so that we explicitly ignore any phase-shift effects of the aperture. The collapse operator for imaged detection is thus modified to be the Fourier transform of the angular distribution, which now includes the aperture function:

$$
\begin{equation*}
\tilde{\sigma}_{\alpha \beta}=\frac{\sigma}{\sqrt{4 \pi}} \int_{0}^{2 \pi} d \phi \int_{-1}^{1} d(\cos \theta) \sqrt{T(\theta, \phi) f(\theta, \phi)} e^{-i k z \cos \theta} e^{i \alpha \pi \cos \theta} e^{i \beta \phi} . \tag{19.147}
\end{equation*}
$$

Of course, any phase mask could be modeled by introducing a factor $\exp [i \varphi(\theta, \phi)]$ in the above integrand. Now consider the $\phi$ part of the above integral, which we may write as

$$
\begin{equation*}
a_{\beta}:=\frac{1}{\sqrt{2 \pi}} \int_{0}^{2 \pi} d \phi \sqrt{T(\theta, \phi) f(\theta, \phi)} e^{i \beta \phi} \tag{19.148}
\end{equation*}
$$

Note that in this part of the measurement operator, there is no position dependence, and thus we will be able to eliminate it from the dynamics. With our normalization convention, we have chosen our normalized basis functions as $e^{i \beta \phi} / \sqrt{2 \pi}$, and thus

$$
\begin{equation*}
\sum_{\beta=-\infty}^{\infty} e^{i \beta\left(\phi-\phi^{\prime}\right)}=2 \pi \delta\left(\phi-\phi^{\prime}\right) \tag{19.149}
\end{equation*}
$$

where the argument of the delta function is taken modulo $2 \pi$, so that we have the overall normalization

$$
\begin{equation*}
\sum_{\beta=-\infty}^{\infty} a_{\beta}^{\dagger} a_{\beta}=\int_{0}^{2 \pi} d \phi T(\theta, \phi) f(\theta, \phi) \tag{19.150}
\end{equation*}
$$

[^264]If we trace over the measurement result $\beta$, this amounts to using the reduced density operator

$$
\begin{equation*}
\sum_{\beta=-\infty}^{\infty} a_{\beta} \rho a_{\beta}^{\dagger}=\rho \int_{0}^{2 \pi} d \phi T(\theta, \phi) f(\theta, \phi) \tag{19.151}
\end{equation*}
$$

which is equivalent to making the replacement

$$
\begin{equation*}
a_{\beta} \longrightarrow \sqrt{\tilde{T}(\theta)} \tag{19.152}
\end{equation*}
$$

in the operator $\tilde{\sigma}_{\alpha \beta}$, where we now have the effective aperture

$$
\begin{equation*}
\tilde{T}(\theta):=\int_{0}^{2 \pi} d \phi T(\theta, \phi) f(\theta, \phi) \tag{19.153}
\end{equation*}
$$

Thus, the measurement operator (19.147) loses the irrelevant index $\beta$, and reduces to

$$
\begin{equation*}
\tilde{\sigma}_{\alpha}=\mathscr{N} A(z-\alpha \lambda / 2) \sigma, \tag{19.154}
\end{equation*}
$$

where the effect on the position degree of freedom due to the photodetection is given by the operator

$$
\begin{equation*}
A(z):=\frac{1}{\mathscr{N} \sqrt{2}} \int_{-1}^{1} d(\cos \theta) \sqrt{\tilde{T}(\theta)} e^{-i k z \cos \theta} \tag{19.155}
\end{equation*}
$$

and $\mathscr{N}$ is a normalization constant that does not influence the effect of the operator. The $A(z)$ operators, for "reasonable" apertures, contain localized functions of the position $z$, and thus correspond to position measurements. Again, the effect of the operator $\tilde{\sigma}_{\alpha}$ is equivalent to that of the original form $\tilde{\sigma}_{\alpha \beta}$, but with a trace over $\beta$ :

$$
\begin{equation*}
\tilde{\sigma}_{\alpha} \rho \tilde{\sigma}_{\alpha}^{\dagger}=\sum_{\beta=-\infty}^{\infty} \tilde{\sigma}_{\alpha \beta} \rho \tilde{\sigma}_{\alpha \beta}^{\dagger} \tag{19.156}
\end{equation*}
$$

The idea here is that for motion along the $z$-axis, photons going into any azimuthal angle $\phi$ are equivalent as far as providing position information about the atom. Thus, the $\theta$ dependence of the aperture will be most important, but the $\phi$ dependence gives some effective $\theta$ dependence if the aperture is not separable in $(\theta, \phi)$.

Notice that with the normalization convention for the Fourier coefficients here, if we remove the aperture by setting $T(\theta, \phi)=1$, we have

$$
\begin{equation*}
\int d \Omega \sigma^{\dagger}(\theta, \phi) \sigma(\theta, \phi)=\sum_{\alpha} \tilde{\sigma}_{\alpha}^{\dagger} \tilde{\sigma}_{\alpha}=\sigma^{\dagger} \sigma \tag{19.157}
\end{equation*}
$$

so that the set of measurement operators is complete and properly normalized in either basis. An arbitrary aperture mask will then reduce the efficiency of the measurement, since not all of the photons will be detected. In this case,

$$
\begin{equation*}
\sum_{\alpha} \tilde{\sigma}_{\alpha}^{\dagger} \tilde{\sigma}_{\alpha}=\eta_{\Omega} \sigma^{\dagger} \sigma \tag{19.158}
\end{equation*}
$$

where we have defined the detection efficiency of the angular aperture by

$$
\begin{equation*}
\eta_{\Omega}:=\int_{0}^{2 \pi} d \phi \int_{-1}^{1} d(\cos \theta) T(\theta, \phi) f(\theta, \phi)=\int_{-1}^{1} d(\cos \theta) \tilde{T}(\theta) \tag{19.159}
\end{equation*}
$$

While this is the efficiency for photon detection, we will see that in general this is not the same as the efficiency for information gain.

If we then choose the normalization $\mathscr{N}=\sqrt{\eta_{\Omega}}$, we will thus have the detection operator

$$
\begin{equation*}
\tilde{\sigma}_{\alpha}=\sqrt{\eta_{\Omega}} A(z-\alpha \lambda / 2) \sigma \tag{19.160}
\end{equation*}
$$

where the effect on the position degree of freedom due to the photodetection is given by the operator

$$
\begin{equation*}
A(z)=\frac{1}{\sqrt{2 \eta_{\Omega}}} \int_{-1}^{1} d(\cos \theta) \sqrt{\tilde{T}(\theta)} e^{-i k z \cos \theta} \tag{19.161}
\end{equation*}
$$

so that we associate the efficiency of the detection explicitly with the collapse operator, and now in view of the normalization (19.158), the operators $A(z)$ form a POVM.

We can thus get the imaged-detection SME from the angle-resolved form (19.138) by first separating the angular part of the measurement term according to what fraction of light at a given angle makes it through the aperture:

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t-\frac{\Gamma}{2} \mathcal{H}\left[\sigma^{\dagger} \sigma\right] \rho d t+\int d \Omega \mathcal{J}\left[\sigma e^{-i k z \cos \theta}\right] \rho \frac{d N_{1}(\theta, \phi)}{d \Omega}+\int d \Omega \mathcal{J}\left[\sigma e^{-i k z \cos \theta}\right] \rho \frac{d N_{2}(\theta, \phi)}{d \Omega} . \tag{19.162}
\end{equation*}
$$

Here, $d N_{1}(\theta, \phi) / d \Omega$ enumerates the processes by which a photon is detected through the aperture, satisfying

$$
\begin{equation*}
\left\langle\left\langle\frac{d N_{1}(\theta, \phi)}{d \Omega}\right\rangle\right\rangle=\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle T(\theta, \phi) f(\theta, \phi) d t \tag{19.163}
\end{equation*}
$$

and $d N_{2}(\theta, \phi) / d \Omega$ represents the fictitious processes by which the photons that are blocked by the aperture are detected, and thus satisfies

$$
\begin{equation*}
\left\langle\left\langle\frac{d N_{2}(\theta, \phi)}{d \Omega}\right\rangle\right\rangle=\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle[1-T(\theta, \phi)] f(\theta, \phi) d t \tag{19.164}
\end{equation*}
$$

so that taking the two processes together is equivalent to the original model. Eliminating the undetected photons, we take an ensemble average over $d N_{2} / d \Omega$ to obtain

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t+\Gamma \int_{-1}^{1} d(\cos \theta) \tilde{R}(\theta) \mathcal{D}\left[\sigma e^{-i k z \cos \theta}\right] \rho d t-\eta_{\Omega} \frac{\Gamma}{2} \mathcal{H}\left[\sigma^{\dagger} \sigma\right] \rho d t+\int d \Omega \mathcal{J}\left[\sigma e^{-i k z \cos \theta}\right] \rho \frac{d N_{1}(\theta, \phi)}{d \Omega} \tag{19.165}
\end{equation*}
$$

where the second term is the quantum backaction due to the undetected photons, the third term is the backaction due to the detected photons, and the last term represents the gain of measurement information. Here we have defined the angular distribution of blocked photons

$$
\begin{equation*}
\tilde{R}(\theta):=\int_{0}^{2 \pi} d \phi[1-T(\theta, \phi)] f(\theta, \phi) \tag{19.166}
\end{equation*}
$$

so that the transmitted and blocked distributions add to the "natural" radiation pattern when there is no aperture:

$$
\begin{equation*}
\tilde{T}(\theta)+\tilde{R}(\theta)=\int_{0}^{2 \pi} d \phi f(\theta, \phi) \tag{19.167}
\end{equation*}
$$

Now from our argument relating the position-sensitive operators $\tilde{\sigma}_{\alpha}$ to the momentum-kicking operators $\sigma e^{-i k z \cos \theta}$, we may rewrite the last term as a sum over $\sigma_{\alpha}$ :

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t+\Gamma \int_{-1}^{1} d(\cos \theta) \tilde{R}(\theta) \mathcal{D}\left[\sigma e^{-i k z \cos \theta}\right] \rho d t-\eta_{\Omega} \frac{\Gamma}{2} \mathcal{H}\left[\sigma^{\dagger} \sigma\right] \rho d t+\sum_{\alpha=-\infty}^{\infty} \mathcal{J}\left[\tilde{\sigma}_{\alpha}\right] \rho d N_{\alpha} \tag{19.168}
\end{equation*}
$$

This amounts to a unitary transformation on the measurement operators, under which the rest of the master equation is invariant, as implied by the completeness in Eq. (19.156). Here, the Poisson processes are characterized by

$$
\begin{equation*}
\left\langle\left\langle d N_{\alpha}\right\rangle\right\rangle=\eta_{\Omega} \Gamma \operatorname{Tr}\left[\sigma^{\dagger} \sigma|A(z-\alpha \lambda / 2)|^{2} \rho\right] d t \tag{19.169}
\end{equation*}
$$

so that the probability of the measurement outcome $\alpha$ goes as the squared modulus of the overlap of $A(z-\alpha \lambda / 2)$ with the center-of-mass part of the atomic wave function $\psi(z)$. Again, we may combine the Poisson processes $d N_{\alpha}$ into a single process $d N_{\Omega}$,

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t+\Gamma \int_{-1}^{1} d(\cos \theta) \tilde{R}(\theta) \mathcal{D}\left[\sigma e^{-i k z \cos \theta}\right] \rho d t-\eta_{\Omega} \frac{\Gamma}{2} \mathcal{H}\left[\sigma^{\dagger} \sigma\right] \rho d t+\mathcal{J}\left[\tilde{\sigma}_{\alpha}\right] \rho d N_{\Omega} \tag{19.170}
\end{equation*}
$$

where the combined Poisson process is characterized by

$$
\begin{equation*}
\left\langle\left\langle d N_{\Omega}\right\rangle\right\rangle=\eta_{\Omega} \Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle d t \tag{19.171}
\end{equation*}
$$

and the probability distribution for the integer outcome $\alpha$ is the expectation value

$$
\begin{equation*}
P(\alpha)=\int d z\langle\mathrm{e}, z| \rho|\mathrm{e}, z\rangle|A(z-\alpha \lambda / 2)|^{2} \tag{19.172}
\end{equation*}
$$

The expectation value is taken with respect to the excited-state part $|\mathrm{e}\rangle$ of the atomic state, since this is what survives after the reduction $\rho \longrightarrow \sigma \rho \sigma^{\dagger} /\left\langle\sigma^{\dagger} \sigma\right\rangle$ representing the photon detection. Notice also that the set of possible measurement values is not continuous, but rather is discretely spaced by $\lambda / 2$, which is rather odd for the result of a position measurement. However, this is the case because the Fourier transform was taken with respect to a bounded domain, and is thus a consequence of the sampling theorem (Chapter 22): the information contained in a function on a bounded, continuous domain is equivalent in the Fourier domain to the information in a function on a discrete (but infinite) domain.

### 19.5.2.1 Example: $4 \pi$ Detection

As an example of a particular form for the position-reduction operator $A(z)$, a radiating atomic dipole oriented along the $z$-axis has

$$
\begin{equation*}
f_{\hat{z}}(\theta, \phi)=\frac{3}{8 \pi} \sin ^{2} \theta \tag{19.173}
\end{equation*}
$$

in which case the effective aperture becomes

$$
\begin{equation*}
\tilde{T}(\theta)=\frac{3}{4} \sin ^{2} \theta \tag{19.174}
\end{equation*}
$$

This gives the measurement operator

$$
\begin{equation*}
A(z)=\sqrt{\frac{3 \pi^{2}}{8}} \frac{J_{1}(k z)}{k z} \tag{19.175}
\end{equation*}
$$

where $J_{1}(x)$ is an ordinary Bessel function. Since $J_{1}(x)$ decays as $x^{-1 / 2}$ for large $x$, the tails of the collapse operator here decay as $z^{-3 / 2}$.

### 19.5.2.2 Example: Small Gaussian Aperture

Often in real situations, the aperture subtends only a small solid angle. Intuitively, one expects a camera imaging system to be most effective when oriented normal to the $z$-axis, so we choose the aperture to be centered about $\theta=\pi / 2$.


We can also arbitrarily take the aperture to be centered about $\phi=0$. It is mathematically convenient to assume a Gaussian transmission function for the aperture, and we thus take the intensity transmission function of the aperture to be

$$
\begin{equation*}
T(\theta, \phi)=\exp \left[-\frac{2(\theta-\pi / 2)^{2}}{(\delta \theta)^{2}}\right] \exp \left[-\frac{2 \phi^{2}}{(\delta \phi)^{2}}\right] \tag{19.176}
\end{equation*}
$$

where $\delta \theta$ and $\delta \phi$ are the same for a circular aperture. Now the effective aperture becomes

$$
\begin{equation*}
\tilde{T}(\theta) \approx \eta_{\phi} \exp \left[-\frac{2(\theta-\pi / 2)^{2}}{(\delta \theta)^{2}}\right] \tag{19.177}
\end{equation*}
$$

where the azimuthal angular integral is

$$
\begin{equation*}
\eta_{\phi}(\theta):=\int_{-\pi}^{\pi} d \phi \exp \left[-\frac{2 \phi^{2}}{(\delta \phi)^{2}}\right] f(\theta, \phi) \tag{19.178}
\end{equation*}
$$

We can suppress the dependence on $\theta$ by assuming that the distribution function $f(\theta, \phi)$ varies slowly over the width $\delta \theta$ of the aperture (in particular, we should not choose the aperture to be near a direction in which the radiation pattern vanishes). This happens when the aperture is narrow, and the result is the constant efficiency

$$
\begin{equation*}
\eta_{\phi} \approx \int_{-\pi}^{\pi} d \phi \exp \left[-\frac{2 \phi^{2}}{(\delta \phi)^{2}}\right] f(\theta=\pi / 2, \phi) \tag{19.179}
\end{equation*}
$$

If $f(\theta, \phi)$ is the usual dipole radiation pattern (19.173), then we may take $f(\theta=\pi / 2, \phi)=3 / 8 \pi$, and thus

$$
\begin{equation*}
\eta_{\phi} \approx \frac{3}{8 \pi} \int_{-\infty}^{\infty} d \phi \exp \left[-\frac{2 \phi^{2}}{(\delta \phi)^{2}}\right]=\frac{3 \delta \phi}{8 \sqrt{2 \pi}} \tag{19.180}
\end{equation*}
$$

in the limit where $\delta \phi$ is small.
If $\delta \theta$ is small, then the integrand is only appreciable for $\theta$ near $\pi / 2$ due to the Gaussian factor. Recentering the integrand in Eq. (19.161), making the small-angle approximation in the rest of the integrand, and extending the limits of integration, we find

$$
\begin{align*}
A(z) & =\sqrt{\frac{\eta_{\phi}}{2 \eta_{\Omega}}} \int_{-\pi / 2}^{\pi / 2} d \theta \cos ^{2} \theta e^{-i k z \sin \theta} \exp \left[-\frac{\theta^{2}}{(\delta \theta)^{2}}\right] \\
& \approx \sqrt{\frac{\eta_{\phi}}{2 \eta_{\Omega}}} \int_{-\infty}^{\infty} d \theta e^{-i k z \theta} \exp \left[-\frac{\theta^{2}}{(\delta \theta)^{2}}\right]  \tag{19.181}\\
& =\sqrt{\frac{\pi \eta_{\phi}}{2 \eta_{\Omega}}} \delta \theta \exp \left[-\left(\frac{k \delta \theta}{2}\right)^{2} z^{2}\right] .
\end{align*}
$$

Thus, the measurement operator in this case is also Gaussian. We can write the fraction of photons transmitted by the aperture as

$$
\begin{equation*}
\eta_{\Omega}=\int_{-1}^{1} d(\cos \theta) \tilde{T}(\theta) \approx \eta_{\phi} \sqrt{\frac{\pi}{2}} \delta \theta \tag{19.182}
\end{equation*}
$$

in the same regime of small $\delta \theta$, and thus the Gaussian operator becomes

$$
\begin{equation*}
A(z)=\sqrt{\sqrt{\frac{\pi}{2}} \delta \theta} \exp \left[-\left(\frac{k \delta \theta}{2}\right)^{2} z^{2}\right] \tag{19.183}
\end{equation*}
$$

upon eliminating $\eta_{\Omega}$.

### 19.5.3 Adiabatic Elimination of the Internal Atomic State

So far, we have seen how the internal and external dynamics of the atom are intrinsically linked. Now we want to focus on the external atomic dynamics. To do so, we will take advantage of the natural separation of the time scales of the dynamics. The internal dynamics are damped at the decay rate $\Gamma$, which is typically on the order of $\sim 10^{7} \mathrm{~s}^{-1}$. The external dynamics are typically much slower, corresponding to kHz or smaller oscillation frequencies for typical laser dipole traps. The adiabatic approximation assumes that the internal dynamics equilibrate rapidly compared to the external dynamics, and are thus always in a quasi-equilibrium state with respect to the external state.

### 19.5.3.1 Internal Quasi-Equilibrium

At this point, we must consider the internal atomic dynamics more precisely, and as a review we will compactly rederive the necessary steady-state results from Section 5.5.1. A resonant, driving (classical) laser field enters in the usual form

$$
\begin{equation*}
\tilde{H}_{\mathrm{AF}}=\frac{\hbar \Omega}{2}\left(\sigma e^{-i \mathbf{k}_{\mathrm{D}} \cdot \mathbf{r}}+\sigma^{\dagger} e^{i \mathbf{k}_{\mathrm{D}} \cdot \mathbf{r}}\right) \tag{19.184}
\end{equation*}
$$

where the Rabi frequency $\Omega$ characterizes the strength of the laser-atom interaction, and we have included the spatial dependence of a driving plane-wave driving field $\Omega(\mathbf{r})=\Omega e^{i \mathbf{k}_{\mathrm{D}} \cdot \mathbf{r}}$ propagating along $\mathbf{k}_{\mathrm{D}}$. Restricting our attention again to the $z$-axis, the Hamiltonian becomes

$$
\begin{equation*}
\tilde{H}_{\mathrm{AF}}=\frac{\hbar \Omega}{2}\left(\sigma e^{-i k_{\mathrm{D}} z \cos \theta_{\mathrm{D}}}+\sigma^{\dagger} e^{i k_{\mathrm{D}} z \cos \theta_{\mathrm{D}}}\right), \tag{19.185}
\end{equation*}
$$

In writing down this interaction, we have made (as before) the standard unitary transformation to a rotating frame where the free atomic Hamiltonian $\tilde{H}_{\mathrm{A}}=0$. Note that if the driving field propagates along a normal to the $z$-axis, the spatial dependence of the field vanishes in $\tilde{H}_{\mathrm{AF}}$.

The usual unconditioned master equation with this interaction, but neglecting the external motion (that is equivalent to the usual, on-resonance optical Bloch equations) is

$$
\begin{equation*}
\partial_{t} \rho=-\frac{i}{\hbar}\left[\tilde{H}_{\mathrm{D}}, \rho\right]+\Gamma \mathcal{D}[\sigma] \rho \tag{19.186}
\end{equation*}
$$

This equation implies that the expectation value of an operator $A$ evolves as

$$
\begin{equation*}
\partial_{t}\langle A\rangle=-\frac{i}{\hbar}\left\langle\left[A, \tilde{H}_{\mathrm{D}}\right]\right\rangle+\Gamma\left\langle\sigma^{\dagger} A \sigma-\frac{1}{2}\left[\sigma^{\dagger} \sigma, A\right]_{+}\right\rangle . \tag{19.187}
\end{equation*}
$$

This gives the following equations of motion for the density-matrix elements $\rho_{\alpha \beta}:=\langle\alpha| \rho|\beta\rangle$ :

$$
\begin{align*}
& \partial_{t} \rho_{\mathrm{ee}}=\partial_{t}\left\langle\sigma^{\dagger} \sigma\right\rangle=\frac{i \Omega}{2}\left[\langle\sigma\rangle e^{-i k_{\mathrm{D}} z \cos \theta_{\mathrm{D}}}-\left\langle\sigma^{\dagger}\right\rangle e^{i k_{\mathrm{D}} z \cos \theta_{\mathrm{D}}}\right]-\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle,  \tag{19.188}\\
& \partial_{t} \rho_{\mathrm{eg}}=\partial_{t}\langle\sigma\rangle=\frac{i \Omega e^{i k_{\mathrm{D}} z \cos \theta_{\mathrm{D}}}}{2}\left(\left\langle\sigma^{\dagger} \sigma\right\rangle-\left\langle\sigma \sigma^{\dagger}\right\rangle\right)-\frac{\Gamma}{2}\langle\sigma\rangle
\end{align*}
$$

The remaining matrix elements are determined by $\rho_{\mathrm{ge}}=\rho_{\mathrm{eg}}^{*}$ and $\rho_{\mathrm{gg}}=\left\langle\sigma \sigma^{\dagger}\right\rangle=1-\left\langle\sigma^{\dagger} \sigma\right\rangle$. Setting the time derivatives to zero, we can solve these equations to obtain (as we already derived in Section 5.5.1)

$$
\begin{align*}
\left\langle\sigma^{\dagger} \sigma\right\rangle_{t \rightarrow \infty} & =\frac{\Omega^{2} / \Gamma^{2}}{1+2 \Omega^{2} / \Gamma^{2}} \\
\langle\sigma\rangle_{t \rightarrow \infty} & =\frac{-i \Omega e^{i k_{\mathrm{D}} z \cos \theta_{\mathrm{D}}} / \Gamma}{1+2 \Omega^{2} / \Gamma^{2}} \tag{19.189}
\end{align*}
$$

for the internal steady-state of the atom.

### 19.5.3.2 External Master Equation

To make the adiabatic approximation and eliminate the internal dynamics, we note that there is no effect on the external dynamics apart from the slow center-of-mass motion in the potential $V(x)$ and the collapses due to the detection events. When the internal timescales damp much more quickly than the external time scales, we can make the replacements

$$
\begin{align*}
\left\langle\sigma^{\dagger} \sigma\right\rangle & \longrightarrow\left\langle\sigma^{\dagger} \sigma\right\rangle_{t \rightarrow \infty}  \tag{19.190}\\
\langle\sigma\rangle & \longrightarrow\langle\sigma\rangle_{t \rightarrow \infty}
\end{align*}
$$

in the master equation (19.170) and mean Poisson process (19.171). In this approximation, we will similarly ignore the fast fluctuations of the atomic operators, which do not substantially couple to the slow atomic dynamics, and thus also make the replacements

$$
\begin{align*}
\sigma^{\dagger} \sigma & \longrightarrow\left\langle\sigma^{\dagger} \sigma\right\rangle_{t \rightarrow \infty}  \tag{19.191}\\
\sigma & \longrightarrow\langle\sigma\rangle_{t \rightarrow \infty}
\end{align*}
$$

Furthermore, we will work in the small-excitation regime $(\Omega \ll \Gamma)$, so that

$$
\begin{equation*}
\left\langle\sigma^{\dagger} \sigma\right\rangle \approx\left\langle\sigma^{\dagger}\right\rangle\langle\sigma\rangle \approx \frac{\Omega^{2}}{\Gamma^{2}} \tag{19.192}
\end{equation*}
$$

In this case, the master equation simplifies and becomes

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}\left[H_{\mathrm{CM}}, \rho\right] d t+\gamma \int_{-1}^{1} d(\cos \theta) \tilde{R}(\theta) \mathcal{D}\left[e^{i k_{\mathrm{D}} z \cos \theta_{\mathrm{D}}} e^{-i k z \cos \theta}\right] \rho d t+\mathcal{J}\left[A(z-\alpha \lambda / 2) e^{i k_{\mathrm{D}} z \cos \theta_{\mathrm{D}}}\right] \rho d N_{\Omega} \tag{19.193}
\end{equation*}
$$

where the mean of the Poisson process becomes

$$
\begin{equation*}
\left\langle\left\langle d N_{\Omega}\right\rangle\right\rangle=\eta_{\Omega} \gamma d t \tag{19.194}
\end{equation*}
$$

and we have defined the mean spontaneous-scattering rate

$$
\begin{equation*}
\gamma:=\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle \tag{19.195}
\end{equation*}
$$

The Hamiltonian $H_{\text {CM }}$ refers to the external, center-of-mass Hamiltonian for the atom, since the evolutions according to the atomic Hamiltonian $\tilde{H}_{\mathrm{A}}$ and $\tilde{H}_{\mathrm{AF}}$ are trivial in this regime. Notice that the disturbance (backaction) term contains two momentum-shift operators, a deterministic one for absorption and a random one for spontaneous emission. The absorption disturbance can be eliminated in this one-dimensional analysis by taking the driving wave vector $\mathbf{k}_{\mathrm{D}}$ to be orthogonal to the $z$-axis $\left(\theta_{\mathrm{D}}=\pi / 2\right)$.

There is effectively now no dependence on the internal atomic degrees of freedom in the master equation, since all such dependence has been reduced to constant averages. We can thus take a partial trace over the internal degrees of freedom by defining the external density operator

$$
\begin{equation*}
\rho_{\mathrm{ext}}:=\langle\mathrm{e}| \rho|\mathrm{e}\rangle+\langle\mathrm{g}| \rho|\mathrm{g}\rangle, \tag{19.196}
\end{equation*}
$$

so that we obtain

$$
\begin{align*}
d \rho_{\mathrm{ext}}=-\frac{i}{\hbar}\left[H_{\mathrm{CM}}, \rho_{\mathrm{ext}}\right] d t+ & \gamma \int_{-1}^{1} d(\cos \theta) \tilde{R}(\theta) \mathcal{D}\left[e^{i k_{\mathrm{D}} z \cos \theta_{\mathrm{D}}} e^{-i k z \cos \theta}\right] \rho_{\mathrm{ext}} d t  \tag{19.197}\\
& +\mathcal{J}\left[A(z-\alpha \lambda / 2) e^{i k_{\mathrm{D}} z \cos \theta_{\mathrm{D}}}\right] \rho_{\mathrm{ext}} d N_{\Omega} .
\end{align*}
$$

Now we have what we want: a master equation for the atomic center-of-mass state that exhibits localizing collapses due to a physical measurement process. What we essentially have is continuous evolution, with the end of each interval of mean length $\left(\eta_{\Omega} \gamma\right)^{-1}$ punctuated by a measurement reduction of the form

$$
\begin{equation*}
\rho_{\mathrm{ext}} \longrightarrow \frac{e^{i k_{\mathrm{D}} z \cos \theta_{\mathrm{D}}} A(z-\alpha \lambda / 2) \rho_{\mathrm{ext}} A^{\dagger}(z-\alpha \lambda / 2) e^{-i k_{\mathrm{D}} z \cos \theta_{\mathrm{D}}}}{\left.\left.\langle | A(z-\alpha \lambda / 2)\right|^{2}\right\rangle} \tag{19.198}
\end{equation*}
$$

But note that here there is extra disturbance for the amount of information we gain, because the aperture only picks up a fraction of the available information. We will return to this point shortly.

### 19.5.4 White-Noise Limit: Gaussian Aperture

Now we will take the white-noise limit, and we will thus obtain a master equation in the standard form for an inefficient, continuous position measurement. To do this, we will consider the case of a small Gaussian aperture, for which we showed the collapse operator was Gaussian and given by Eq. (19.183). As in the finitestep construction of the continuous position measurement, the Gaussian collapse operator $A(\alpha)$ is applied to the state after every time interval of average length $\Delta t=\left(\eta_{\Omega} \gamma\right)^{-1}$. In the regime of slow atomic center-of-mass motion, the collapses come quickly compared to the motion. Then it is a good approximation (in the temporal coarse-graining sense) to take the formal limit $\Delta t \longrightarrow 0$, while keeping the rate of information gain constant.

### 19.5.4.1 Spatial Continuum Approximation

If an atom is initially completely delocalized, after one photon is detected and the collapse operator $A\left(z-\alpha^{\prime}\right)$ applies, where $\alpha^{\prime}=\alpha \lambda / 2$, the atom is reduced to a width of order

$$
\begin{equation*}
\delta \alpha=\frac{1}{k \delta \theta}=\frac{\lambda}{2 \pi \delta \theta} . \tag{19.199}
\end{equation*}
$$

Since this is much larger than the spacing

$$
\begin{equation*}
\Delta \alpha=\frac{\pi}{k}=\frac{\lambda}{2} \tag{19.200}
\end{equation*}
$$

it is effectively impossible to "see" the discreteness of the measurement record, and it is a good approximation to replace the set of measurement operators with a set corresponding to a continuous range of possible measurement outcomes. Since in the limit of small spacing $\Delta x$, it is a good approximation to write an integral as a sum

$$
\begin{equation*}
\sum_{n} f(n \Delta x) \Delta x=\int d x f(x) \tag{19.201}
\end{equation*}
$$

for an arbitrary function $f(x)$, we can make the formal replacement

$$
\begin{equation*}
A\left(z-\alpha^{\prime}\right) \longrightarrow \frac{A\left(z-\alpha^{\prime}\right)}{\sqrt{\Delta \alpha}} \tag{19.202}
\end{equation*}
$$

to obtain the continuum limit of the position collapse operators with proper normalization, now regarding $\alpha^{\prime}$ as a continuous position index rather than a discrete real index of spacing $\lambda / 2$. Dropping the prime from $\alpha^{\prime}$, and using Eq. (19.199) in Eq. (19.183), we now have the collapse operator

$$
\begin{equation*}
A(z-\alpha)=\sqrt{\frac{1}{\sqrt{2 \pi} \delta \alpha}} \exp \left[-\frac{(z-\alpha)^{2}}{4(\delta \alpha)^{2}}\right] \tag{19.203}
\end{equation*}
$$

We have implicitly written down this operator in the position basis, so technically we should write

$$
\begin{equation*}
A(z-\alpha)=\int d z|z\rangle\langle z| \sqrt{\frac{1}{\sqrt{2 \pi} \delta \alpha}} \exp \left[-\frac{(z-\alpha)^{2}}{4(\delta \alpha)^{2}}\right] \tag{19.204}
\end{equation*}
$$

to be general. Again, $\alpha$ is now a continuous index with dimensions of length, rather than an integer index.
Modifying the SME (19.193) appropriately, and taking $\cos \theta_{\mathrm{D}}=0$ (i.e., taking the direction of the pump beam to be orthogonal to the $z$-axis), we now have

$$
\begin{equation*}
d \rho_{\mathrm{ext}}=-\frac{i}{\hbar}\left[H_{\mathrm{CM}}, \rho_{\mathrm{ext}}\right] d t+\gamma \int_{-1}^{1} d(\cos \theta) \tilde{R}(\theta) \mathcal{D}\left[e^{-i k z \cos \theta}\right] \rho_{\mathrm{ext}} d t+\mathcal{J}[A(z-\alpha)] \rho_{\mathrm{ext}} d N_{\Omega} \tag{19.205}
\end{equation*}
$$

The probability density for $\alpha$ is then, with the appropriate modification of Eq. (19.172),

$$
\begin{equation*}
P(\alpha)=\int d z\langle z| \rho_{\mathrm{ext}}|z\rangle|A(z-\alpha)|^{2}=\int d z\langle z| \rho_{\mathrm{ext}}|z\rangle \frac{1}{\sqrt{2 \pi} \delta \alpha} \exp \left[-\frac{(z-\alpha)^{2}}{2(\delta \alpha)^{2}}\right] \tag{19.206}
\end{equation*}
$$

If the atomic wave packet is well localized beyond the scale $\delta \alpha$, the probability distribution is thus Gaussian with variance $(\delta \alpha)^{2}$.

### 19.5.4.2 Quantum-State Diffusion

Comparing the collapse operator $A(z)$ of Eq. (19.204) with the collapse operator (19.73) we see that they are the same if we identify

$$
\begin{equation*}
4 \kappa \Delta t=\frac{1}{2(\delta \alpha)^{2}} \tag{19.207}
\end{equation*}
$$

Solving for the measurement strength $\kappa$, using $\Delta t=1 / \eta_{\Omega} \gamma$,

$$
\begin{equation*}
\kappa=\frac{\eta_{\Omega} \gamma}{8(\delta \alpha)^{2}}=\frac{\pi^{2} \eta_{\Omega} \gamma(\delta \theta)^{2}}{2 \lambda^{2}} \tag{19.208}
\end{equation*}
$$

Repeating the procedure of Section 19.4.1, we can take the limit $\Delta t \longrightarrow 0$ with $\kappa$ fixed. Here, however, this is a mathematical, coarse-graining approximation, as the measurements are really still occuring with a nonzero mean time between collapses. The resulting master equation, in "quantum-state diffusion" form, is

$$
\begin{align*}
d \rho_{\mathrm{ext}}= & -\frac{i}{\hbar}\left[H_{\mathrm{CM}}, \rho_{\mathrm{ext}}\right] d t+\gamma \int_{-1}^{1} d(\cos \theta) \tilde{R}(\theta) \mathcal{D}\left[e^{-i k z \cos \theta}\right] \rho_{\mathrm{ext}} d t  \tag{19.209}\\
& +2 \kappa \mathcal{D}[z] \rho_{\mathrm{ext}} d t+\sqrt{2 \kappa} \mathcal{H}[z] \rho_{\mathrm{ext}} d W
\end{align*}
$$

The form here is the same as in Eq. (19.88), except for an extra "disturbance term" representing the undetected photons.

### 19.5.4.3 Diffusion Rates

To simplify the master equation (19.209), we will analyze the diffusion rates due to the second and third terms (proportional to $\gamma$ and $\kappa$, respectively). From the analysis of Eqs. (19.104), recall that the term $2 \kappa \mathcal{D}[z] \rho_{\text {ext }} d t$ causes diffusion in momentum at the rate

$$
\begin{equation*}
D_{\kappa}=2 \hbar^{2} \kappa=\frac{\eta_{\Omega}}{4} \gamma \hbar^{2} k^{2}(\delta \theta)^{2} . \tag{19.210}
\end{equation*}
$$

This is the disturbance corresponding to the information gain. The relation $\kappa=D_{\kappa} /\left(2 \hbar^{2}\right)$ will be useful below.

We can compute the total diffusion rate due to the spontaneously emitted photons as follows. Each photon emission causes a momentum kick of magnitude $\hbar k \cos \theta$, and the spontaneous emission rate is $\gamma$. Averaging over the angular photon distribution (19.173), the diffusion rate becomes

$$
\begin{equation*}
D_{\mathrm{SE}}=\gamma \hbar^{2} k^{2} \int d \Omega f(\theta, \phi) \cos ^{2} \theta=\frac{\gamma \hbar^{2} k^{2}}{5} \tag{19.211}
\end{equation*}
$$

On the other hand, we can compute the diffusion rate due only to the detected photons. Using the Gaussian aperture function (19.177) with Eq. (19.180) for the azimuthal part (assuming the usual dipole-radiation pattern) to obtain

$$
\begin{equation*}
\tilde{T}(\theta) \approx \frac{\eta_{\Omega}}{\delta \theta} \sqrt{\frac{2}{\pi}} \exp \left[-\frac{2(\theta-\pi / 2)^{2}}{(\delta \theta)^{2}}\right] \tag{19.212}
\end{equation*}
$$

the partial diffusion rate for detected photons is

$$
\begin{align*}
D_{\Omega} & =\gamma \hbar^{2} k^{2} \int_{-1}^{1} d(\cos \theta) \tilde{T}(\theta) \cos ^{2} \theta \\
& =\gamma \hbar^{2} k^{2} \frac{\eta_{\Omega}}{\delta \theta} \sqrt{\frac{2}{\pi}} \int_{-1}^{1} d(\cos \theta) \cos ^{2} \theta \exp \left[-\frac{2(\theta-\pi / 2)^{2}}{(\delta \theta)^{2}}\right]  \tag{19.213}\\
& \approx \frac{\eta_{\Omega}}{4} \gamma \hbar^{2} k^{2}(\delta \theta)^{2}
\end{align*}
$$

where we again used the fact that $\delta \theta$ is small. This is precisely the same rate as $D_{\kappa}$, since they are two different representations of the same physical process.

We see now that the second and third terms of Eq. (19.209) have the same effect of momentum diffusion, both corresponding to heating from photon scattering, but at different rates, corresponding to the partition between detected and undetected photons. We can combine them to obtain

$$
\begin{equation*}
d \rho_{\mathrm{ext}}=-\frac{i}{\hbar}\left[H_{\mathrm{CM}}, \rho_{\mathrm{ext}}\right] d t+2 k_{\mathrm{eff}} \mathcal{D}[z] \rho_{\mathrm{ext}} d t+\sqrt{2 \eta_{\mathrm{eff}} k_{\mathrm{eff}}} \mathcal{H}[z] \rho_{\mathrm{ext}} d W \tag{19.214}
\end{equation*}
$$

where the effective measurement strength is

$$
\begin{equation*}
k_{\mathrm{eff}}=\frac{D_{\mathrm{SE}}}{2 \hbar^{2}}=\frac{\gamma k^{2}}{10} \tag{19.215}
\end{equation*}
$$

and the effective measurement efficiency is

$$
\begin{equation*}
\eta_{\mathrm{eff}}=\frac{\kappa}{k_{\mathrm{eff}}}=\frac{5}{4} \eta_{\Omega}(\delta \theta)^{2} . \tag{19.216}
\end{equation*}
$$

Notice that since $\delta \theta$ is assumed small, the apparent efficiency $\eta_{\text {eff }}$ derived from comparing the information rate to the disturbance rate, is much smaller than the photon-detection efficiency of $\eta_{\Omega}$. Evidently, the photons radiated near $\theta=\pi / 2$ are much less effective compared to the photons radiated near $\theta=0$ or $\pi$. This result is counterintuitive when considering typical imaging setups as we have considered here, but suggests that other ways of processing the radiated photons (e.g., measuring the phase of photons radiated closer to the $z$-axis) are more effective than camera-like imaging.

### 19.6 Position Measurement via Excitation by a Local Probe Field

Now we will examine a position-measurement method for an atom that uses resonance fluorescence but uses the resolution of a focused probe beam instead of the resolution of an imaging system to gain the position information. This setup is cleaner in the sense that the efficiency is only determined by the photon detection probability, and the form and width of the collapse operator can be chosen essentially independently of the measurement efficiency.

### 19.6.1 Localized Probe Field

Recall from Eq. (19.138) that the quantum-jump SME for resonance fluorescence from a two-level atom is given by

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[\tilde{H}, \rho] d t-\frac{\Gamma}{2} \mathcal{H}\left[\sigma^{\dagger} \sigma\right] \rho d t+\int d \Omega \mathcal{J}\left[\sigma e^{-i \mathbf{k} \cdot \mathbf{r}}\right] \rho \frac{d N(\theta, \phi)}{d \Omega} \tag{19.217}
\end{equation*}
$$

in the case of angle-resolved detection of the photons, where again the Poisson processes corresponding to each angular element are

$$
\begin{equation*}
\left\langle\left\langle\frac{d N(\theta, \phi)}{d \Omega}\right\rangle\right\rangle=\Gamma\left\langle\sigma^{\dagger} \sigma\right\rangle f_{\hat{\varepsilon}}(\theta, \phi) d t \tag{19.218}
\end{equation*}
$$

The Hamiltonian describes both the atomic motion and the atom-field coupling, so we can decompose it into these parts as

$$
\begin{equation*}
\tilde{H}=H_{\mathrm{CM}}+\tilde{H}_{\mathrm{AF}}, \tag{19.219}
\end{equation*}
$$

where the center-of-mass Hamiltonian describes one-dimensional motion along the $z$-axis,

$$
\begin{equation*}
H=\frac{p_{z}^{2}}{2 m_{\mathrm{A}}}+V(z) \tag{19.220}
\end{equation*}
$$

where $V(z)$ is some external atomic potential, and the atom-field coupling Hamiltonian is given in the rotating frame of the laser field from Eq. (5.406) by

$$
\begin{equation*}
\tilde{H}_{\mathrm{AF}}=\frac{\hbar}{2}\left[\Omega^{*}(z) \sigma+\Omega(z) \sigma^{\dagger}\right] \tag{19.221}
\end{equation*}
$$

where $\Omega(z)$ is the space-dependent Rabi frequency representing the resonant probe field, defined such that $|\Omega(z)|^{2}$ is proportional to the local intensity. We assume the probe to propagate normal to the $z$-axis, so that we can assume a zero average momentum recoil on absorption.

In the weak-excitation regime, where the rate of spontaneous emission is much smaller than the excitedstate decay rate $\Gamma$, we can adiabatically eliminate the atomic internal state, which as in Section (19.5.3) amounts to replacing the operator $\sigma$ by its space-dependent, steady-state value $\langle\sigma\rangle_{t \rightarrow \infty} \approx-i \Omega(z) / \Gamma$ (to lowest order in $\Omega / \Gamma)$. With this replacement, the SME (19.217) becomes

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}\left[H_{\mathrm{CM}}, \rho\right] d t-\frac{1}{2 \Gamma} \mathcal{H}\left[|\Omega(z)|^{2}\right] \rho d t+\int d \Omega \mathcal{J}\left[\Omega(z) e^{-i \mathbf{k} \cdot \mathbf{r}}\right] \rho \frac{d N(\theta, \phi)}{d \Omega} . \tag{19.222}
\end{equation*}
$$

while the mean of the Poisson process reduces to

$$
\begin{equation*}
\left.\langle\langle d N\rangle\rangle=\left.\frac{1}{\Gamma}\langle | \Omega(z)\right|^{2}\right\rangle d t \tag{19.223}
\end{equation*}
$$

Clearly, now, the electric-field profile $\Omega(z)$ of the probe acts as a collapse operator for a position measurement, and the rate of spontaneous scattering gives information about the atomic position. To make these equations a bit cleaner, we can define a normalized collapse operator by

$$
\begin{equation*}
A(z):=\frac{\Omega(z)}{\Omega} \tag{19.224}
\end{equation*}
$$

where we have defined the integrated Rabi frequency

$$
\begin{equation*}
\Omega_{\int}:=\sqrt{\int_{-\infty}^{\infty} d z|\Omega(z)|^{2}} \tag{19.225}
\end{equation*}
$$

Then in terms of the normalized collapse operators, the SME becomes

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}\left[H_{\mathrm{CM}}, \rho\right] d t-\frac{\Omega^{2}}{2 \Gamma} \mathcal{H}\left[|A(z)|^{2}\right] \rho d t+\int d \Omega \mathcal{J}\left[A(z) e^{-i \mathbf{k} \cdot \mathbf{r}}\right] \rho \frac{d N(\theta, \phi)}{d \Omega} \tag{19.226}
\end{equation*}
$$

and the Poisson means become

$$
\begin{equation*}
\left.\left\langle\left\langle\frac{d N(\theta, \phi)}{d \Omega}\right\rangle\right\rangle=\left.\frac{\Omega^{2}}{\Gamma}\langle | A(z)\right|^{2}\right\rangle f_{\hat{\varepsilon}}(\theta, \phi) d t \tag{19.227}
\end{equation*}
$$

The overall rate of information gain is thus given by the ratio $\Omega^{2} / \Gamma$. Note that the two information-related terms have opposite effects: for a localized probe profile $|A(z)|$, the last (stochastic) term collapses (localizes) the atomic wave function by multiplying by $|A(z)|$ and renormalizing. By contrast, in the absence of photodetection events, the second term moves the atom away from the probe by transforming the probability density according to $\rho_{z z} \longrightarrow \rho_{z z}-2\left(\Omega^{2} / 2 \Gamma\right)\left(|A(z)|^{2} \rho_{z z}+\rho_{z z}|A(z)|^{2}\right) d t$, thus tending to reduce the population where $|A(z)|^{2}$ is maximum.

Physically, where does the information come from? From the steady-state relations $\langle\sigma\rangle_{t \rightarrow \infty} \approx-i \Omega(z) / \Gamma$ and $\left\langle\sigma^{\dagger} \sigma\right\rangle_{t \rightarrow \infty} \approx|\Omega(z)|^{2} / \Gamma^{2}$ (again, to lowest order in the field strength), we can see that the excited-state amplitude in steady state is related to the ground-state amplitude by $\psi_{\mathrm{e}}(z) \propto \Omega(z) \psi_{\mathrm{g}}$. The spontaneousemission event then "flushes away" $\psi_{\mathrm{g}}(z)$, making $\psi_{\mathrm{e}}(z)$ the new atomic wave function. While the information is given in principle by the emission event, the information is "set up" by the absorption of the photon from the probe field. Correspondingly, the back-action on the quantum state due to the localized probe (i.e., the increase of the momentum width of the atomic state due to the position-space collapse) is due to absorption of a photon with a superposition of wave-vector orientations, as is consistent with having the localized probe field.

Of course, as we saw from the quantum theory of imaged resonance fluorescence above, the emitted photon contains yet more center-of-mass information about the atom, beyond the fact that it has merely
scattered an atom, as a consequence of the random direction of the photon recoil. In principle, you could extract the most information about the atom by also imaging the resonance fluorescence, but if the fluorescence is merely detected without imaging or angle resolution, then we should trace over all possible photodetection angles in (19.226),

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}\left[H_{\mathrm{CM}}, \rho\right] d t-\frac{\Omega^{2}}{2 \Gamma} \mathcal{H}\left[|A(z)|^{2}\right] \rho d t+\int_{-1}^{1} d(\cos \theta) \tilde{f}_{\hat{\varepsilon}}(\theta) \mathcal{J}\left[A(z) e^{-i k z \cos \theta}\right] \rho d N \tag{19.228}
\end{equation*}
$$

so that

$$
\begin{equation*}
\left.\langle\langle d N\rangle\rangle=\left.\frac{\Omega^{2}}{\Gamma}\langle | A(z)\right|^{2}\right\rangle d t \tag{19.229}
\end{equation*}
$$

and the last term in the SME puts the atom in an incoherent superposition of having recoiled in all possible directions, weighted by the correct probabilities. Note that we have also carried out the $\phi$ part of the angular integral in the last term of (19.228), where

$$
\begin{equation*}
\tilde{f}_{\hat{\varepsilon}}(\theta):=\int_{0}^{2 \pi} d \phi \tilde{f}_{\hat{\varepsilon}}(\theta, \phi) \tag{19.230}
\end{equation*}
$$

is the effective angular distribution for the atomic resonance fluorescence, since the $\phi$ angle is immaterial as far as the atomic dynamics are concerned.

### 19.6.2 Scanning Probe Field

The fluorescent probe, as outlined above, only gives information about whether or not the atom is in the vicinity of the probe. To obtain a more standard position measurement, we can now consider the case of a moving probe field, where the center of the probe moves according to the trajectory $z_{\text {probe }}(t)$. We will assume $z_{\text {probe }}(t)$ to be a sawtooth function of constant velocity $v_{\text {probe }}$, but jumping discontinuously from $z_{\max }$ to $-z_{\max }$ at the end of each sweep. We will also assume the time for a single scan to be much slower than the time scale $\Gamma^{-1}$ for the internal state to equilibrate, but we will assume it to be much faster than any motional time scale for the atom. We also assume that the atom will remain localized within the region $\left(-z_{\max }, z_{\max }\right)$. The effect of the moving probe is to make the replacement $A(z) \longrightarrow A\left[z-z_{\mathrm{probe}}(t)\right]$ in the above SME. Performing a time average on the probe-raster time scale in the second term then amounts to replacing $A\left(z-z_{\text {probe }}(t)\right)$ by a function that is approximately uniform over $\left(-z_{\max }, z_{\max }\right)$ and zero elsewhere. Because of our assumption that the atom stays within the range of the probe, the second term has no effect on the atomic state, and can be dropped. What we are essentially saying is that the probe should always excite the atom equally no matter where it is, and thus there is no information to be gained by not detecting a photon. Thus,

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}\left[H_{\mathrm{CM}}, \rho\right] d t+\int_{-1}^{1} d(\cos \theta) \tilde{f}_{\hat{\varepsilon}}(\theta) \mathcal{J}\left[A\left[z-z_{\text {probe }}(t)\right] e^{-i k z \cos \theta}\right] \rho d N \tag{19.231}
\end{equation*}
$$

with

$$
\begin{equation*}
\left.\langle\langle d N(t)\rangle\rangle=\left.\frac{\Omega^{2}}{\Gamma}\langle | A\left[z-z_{\text {probe }}(t)\right]\right|^{2}\right\rangle d t \tag{19.232}
\end{equation*}
$$

Now we can see that $z_{\text {probe }}(t)$ acts as an index for the displaced collapse operator $A\left(z-z_{\text {probe }}(t)\right)$. If the probe raster time $\Delta t_{\mathrm{r}}$ is much shorter than both the time scale for atomic motion and the mean time between spontaneous-scattering events, but we carefully time-resolve the detection events, then as far as the motional dynamics are concerned, we can time-average the dynamics on time scales of $\Delta t_{\mathrm{r}}$ to write

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}\left[H_{\mathrm{CM}}, \rho\right] d t+\int_{-1}^{1} d(\cos \theta) \tilde{f}_{\hat{\varepsilon}}(\theta) \mathcal{J}\left[A\left(z-z_{\mathrm{d}}\right) e^{-i k z \cos \theta}\right] \rho d N \tag{19.233}
\end{equation*}
$$

where $z_{\mathrm{d}} \in\left(-z_{\max }, z_{\max }\right)$, which is simply $z_{\text {probe }}(t)$ evaluated at the time of the detection event, is a stochastic, random variable with probability density

$$
\begin{equation*}
\left.P\left(z_{\mathrm{d}}\right)=\left.\langle | A\left(z-z_{\mathrm{d}}\right)\right|^{2}\right\rangle \tag{19.234}
\end{equation*}
$$

and the Poisson process now responds only to the time-averaged probe intensity,

$$
\begin{equation*}
\langle\langle d N(t)\rangle\rangle=\frac{\Omega^{2}}{\Gamma}\left[\int_{-\infty}^{\infty} d z|A(z)|^{2} \operatorname{rect}\left(z / 2 z_{\max }\right)\right] d t=: \gamma d t \tag{19.235}
\end{equation*}
$$

where the bracketed quantity represents the convolution of the probe-intensity profile $|A(z)|^{2}$ with the timeaveraged trajectory probe, evaluated at $z=0$ (thus assuming $z_{\text {max }}$ is much larger than the width of $A(z)$ and that the atom stays away from the edges of the scan range), and we have used rect $(z)$ as the rectangular-pulse function of unit height and width.

### 19.6.3 Example: Gaussian Probe

Again, to see how much information we are getting, we can compare the diffusion rate due to the measurement process to the rate of information gain. If we take the collapse operators $A(z)$ to have a Gaussian profile, that is, we take the probe intensity to have the Gaussian form

$$
\begin{equation*}
\left|A\left(z-z_{\mathrm{d}}\right)\right|^{2} \propto \exp \left(-\frac{2\left(z-z_{\mathrm{d}}\right)^{2}}{w_{0}^{2}}\right) \tag{19.236}
\end{equation*}
$$

where $w_{0}$ is the beam-waist parameter for the Gaussian beam, we can then compare to the Gaussian form of Eq. (19.73) to identify the measurement strength as $\kappa=1 / 2 w_{0}^{2} \Delta t$. Noting that the average time $\Delta t$ between detection events is $1 / \gamma$ (assuming unit detection efficiency of the radiated photons), the measurement strength in the formal white-noise limit is $\kappa=\gamma / 2 w_{0}{ }^{2}$. From our analysis of Eqs. (19.104), we conclude that the momentum-diffusion rate due to the measurement (i.e., the application of the $A(z)$ operators) is $D_{p}=\hbar^{2} \kappa$. However, this is only the diffusion rate due to absorption, which is where the position-dependent nature of the probe enters; the emission events cause additional diffusion.

From Eq. (19.211), the diffusion rate due to spontaneous emission (i.e., the application of the $e^{-i k z \cos \theta}$ factors), assuming an atomic dipole oriented along the $z$-axis, is

$$
\begin{equation*}
D_{\mathrm{SE}}=\frac{\gamma \hbar^{2} k^{2}}{5} \tag{19.237}
\end{equation*}
$$

Thus, the effective measurement-information efficiency for this probe-measurement scheme is that fraction of the total diffusion rate that corresponds to the measurement gain (i.e., the absorption):

$$
\begin{equation*}
\eta_{\mathrm{eff}}=\frac{D_{p}}{D_{p}+D_{\mathrm{SE}}}=\frac{1}{1+2 w_{0}^{2} k^{2} / 5} \tag{19.238}
\end{equation*}
$$

In other words, the effective measurement efficiency goes down as the beam waist $w_{0}$ becomes larger, because the information gained becomes smaller but the disturbance due to spontaneous emission is the same. Practically, $w_{0}$ is limited to something on the order of $\lambda$, and for a very tight focus of $w_{0}=\lambda$, the effective measurement efficiency would be limited to a maximum of $\eta_{\text {eff }}=6 \%$, a rather low value. The efficiency is correspondingly further reduced by the detection efficiency.

### 19.7 Continuous Momentum Measurement by EIT

As an alternative to continuous measurements of position, we can also consider schemes to continuously measure the momentum of a single atom. In some sense, continuous measurements of position and momentum are equivalent, since to some extent one can infer a momentum trajectory from a continuous record of position,
and vice versa. In the simple but important example of the harmonic oscillator, position and momentum represent different yet equivalent directions in phase space. Electromagnetically induced transparency (EIT) provides a momentum-sensitive probe for a single atom that works without a cavity. ${ }^{22}$

### 19.7.1 General Remarks

Recalling the phenomenon of EIT from Section 6.2 .2 , the susceptibility of an atomic gas of number density $N$ for a weak probe field (field 2) due to the pump (field 1) is [from Eq. (6.70)]

$$
\begin{equation*}
\chi=\frac{\left.-4 N\left|\left\langle\mathrm{~g}_{2}\right| \hat{\varepsilon}_{2} \cdot \mathbf{d}\right| \mathrm{e}\right\rangle\left.\right|^{2}}{\epsilon_{0} \hbar} \frac{\left[\left(\Delta_{2}-\Delta_{1}\right)+i \gamma_{\mathrm{g}}\right]}{\Omega_{1}^{2}}, \tag{19.239}
\end{equation*}
$$

where we have taken the limit of a strong pump field (large $\Omega_{1}$ ). We assume now that for an atom at rest, the two fields are at Raman resonance $\left(\Delta_{1}=\Delta_{2}=\Delta\right)$, and we also assume that the pump and probe counterpropagate, so that $\Delta_{1}=\Delta+k_{2} v$ and $\Delta_{2}=\Delta-k_{2} v$, where $v$ is the atomic velocity in the direction of the EIT fields, and $k_{2}$ is the wave number of the probe field. Then

$$
\begin{equation*}
\chi=\frac{\left.-4 N\left|\left\langle\mathrm{~g}_{2}\right| \hat{\varepsilon}_{2} \cdot \mathbf{d}\right| \mathrm{e}\right\rangle\left.\right|^{2}}{\epsilon_{0} \hbar \Omega_{1}^{2}}\left(-2 k v+i \gamma_{\mathrm{g}}\right), \tag{19.240}
\end{equation*}
$$

and assuming that the ground-state relaxation rate $\gamma_{\mathrm{g}}$ is negligible, we see that the susceptibility is real and proportional to the atomic velocity. The atoms thus present a refractive index $n=1+\operatorname{Re}[\chi] / 2$ whose deviation from the vacuum value is proportional to the velocity.


By measuring the phase of the probe beam using homodyne detection, we thus continuously extract momentum (velocity) information about the atom. Of course, the "number density" $N$ for a single atom is small, but EIT functions to amplify the effect of the atomic momentum on the phase of the field, and so we need to treat this system more carefully below.

### 19.7.2 Homodyne Detection of the EIT Probe

With direct detection of the EIT probe beam, the appropriate collapse operator for a detected photon in analogy with Section 18.2 is

$$
\begin{equation*}
C_{\text {direct }}=\sqrt{\Gamma_{2}}\left(\sigma_{2}+\alpha_{\text {probe }}\right) \tag{19.241}
\end{equation*}
$$

where $\Gamma_{2}$ is the partial decay rate on the EIT probe transition, $\sigma_{2}:=\left|\mathrm{g}_{2}\right\rangle\langle\mathrm{e}|$ is the atomic annihilation operator for the EIT probe transition, and $\alpha_{\text {probe }}$ is a complex number representing the coherent state of the probe field. Strictly speaking, this is the collapse operator for the mode of the probe field, and photons scattered into other modes must be treated by a separate detection process, as we will do later. This collapse operator already has the appropriate form for homodyne detection, as it represents the lack of knowledge about whether a detected photon came from the atom or from the probe field. We assume the pump field to be in a different mode, and we will otherwise ignore the pump except for its cooperative effects with the probe.

When the probe field is then monitored via simple homodyne detection, as in the above diagram, the collapse operator is then modified to include the local-oscillator field as

$$
\begin{equation*}
C_{\text {homodyne }}=\sqrt{\Gamma_{2}}\left(\sigma_{2}+\alpha_{\text {probe }}+\beta\right) \tag{19.242}
\end{equation*}
$$

[^265]where we have already taken the limit as the reflection coefficient of the beam splitter vanishes, taking the local-oscillator amplitude to be correspondingly large (and absorbing the reflection coefficient into the local-oscillator amplitude $\beta$ ). Combining the two classical fields, we can write
\[

$$
\begin{equation*}
C_{\mathrm{homodyne}}=\sqrt{\Gamma_{2}}\left(\sigma_{2}+\beta^{\prime}\right) \tag{19.243}
\end{equation*}
$$

\]

where $\beta^{\prime}:=\beta+\alpha_{\text {probe }}$. This collapse operator has precisely the form of the collapse operator for simple homodyne detection, and thus the analysis for homodyne detection from Section 18.2 carries through here. Thus, from our previous analysis of homodyne detection, the SME becomes

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t+\Gamma_{2} \mathcal{D}\left[\sigma_{2} e^{i \phi}\right] \rho d t+\sqrt{\eta \Gamma_{2}} \mathcal{H}\left[\sigma_{2} e^{i \phi}\right] \rho d W \tag{19.244}
\end{equation*}
$$

where $H$ is the atomic Hamiltonian, including the interaction with the pump and probe fields, $\phi$ is the phase of the combined field $\beta^{\prime}$,

$$
\begin{equation*}
\beta^{\prime}=:\left|\beta^{\prime}\right| e^{-i \phi} \tag{19.245}
\end{equation*}
$$

and the efficiency $\eta$ represents the fraction of photons radiated by the atom on the $\left|\mathrm{g}_{2}\right\rangle \longrightarrow|\mathrm{e}\rangle$ transition into the mode of the probe beam-recall that the phase shift of the probe beam is due to the interference of the dipole radiation and the original probe field. The corresponding scaled photocurrent (measurement record) is

$$
\begin{equation*}
d \tilde{r}(t)=\Gamma_{2}\left\langle\sigma_{2} e^{i \phi}+\sigma_{2}^{\dagger} e^{-i \phi}\right\rangle d t+\sqrt{\frac{\Gamma_{2}}{\eta}} d W \tag{19.246}
\end{equation*}
$$

so that we must still choose the local-oscillator phase $\phi$ to obtain the appropriate information.

### 19.7.3 Adiabatic Approximation

Since the atomic motion is much slower than the internal atomic dynamics, we can adiabatically eliminate the internal atomic state by replacing the internal atomic operators (namely $\sigma_{2}$ ) by their steady-state values. The steady-state coherence from Eq. (6.68) on the probe transition $\left|g_{2}\right\rangle \longrightarrow|e\rangle$ is

$$
\begin{equation*}
\left\langle\sigma_{2}(t \longrightarrow \infty)\right\rangle=\tilde{\rho}_{\mathrm{eg}_{2}}(t \longrightarrow \infty)=\frac{i\left(\Omega_{2} / 2\right)\left[\left(\Delta_{2}-\Delta_{1}\right)+i \gamma_{\mathrm{g}}\right]}{\left(i \Delta_{2}-\Gamma_{2} / 2\right)\left[\left(\Delta_{2}-\Delta_{1}\right)+i \gamma_{\mathrm{g}}\right]-i\left(\Omega_{1} / 2\right)^{2}} \tag{19.247}
\end{equation*}
$$

Assuming Raman resonance $\left(\Delta_{1}=\Delta_{2}\right)$ for atoms at rest, ignoring the ground-state relaxation $\left(\gamma_{g}=0\right)$, assuming a counterpropagating pump-probe pair, so that $\Delta_{1}=\Delta+k_{2} v$ and $\Delta_{2}=\Delta-k_{2} v$, and keeping only the first-order velocity term,

$$
\begin{equation*}
\left\langle\sigma_{2}(\longrightarrow \infty)\right\rangle=\frac{4 k_{2} \Omega_{2}}{\Omega_{1}^{2}} v=\frac{4 k_{2} \Omega_{2}}{m_{\mathrm{a}} \Omega_{1}^{2}} p \tag{19.248}
\end{equation*}
$$

Then choosing a measurement phase $\phi=0$, the measurement record (19.246) becomes

$$
\begin{equation*}
d \tilde{r}(t)=\sqrt{8 \kappa \Gamma_{2}}\langle p\rangle d t+\sqrt{\frac{\Gamma_{2}}{\eta}} d W \tag{19.249}
\end{equation*}
$$

where the measurement strength is

$$
\begin{equation*}
\kappa:=\frac{8 k_{2}^{2} \Gamma_{2} \Omega_{2}^{2}}{m_{\mathrm{a}}^{2} \Omega_{1}^{4}} \tag{19.250}
\end{equation*}
$$

where $m_{\mathrm{a}}$ is the atomic mass. The SME (19.244) then becomes

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t+2 \kappa \mathcal{D}[p] \rho d t+\sqrt{2 \eta \kappa} \mathcal{H}[p] \rho d W \tag{19.251}
\end{equation*}
$$

and the measurement record (19.249) can be rescaled to appear in a more standard form for a position-type measurement:

$$
\begin{equation*}
d y:=\frac{d \tilde{r}(t)}{\sqrt{8 \kappa \Gamma_{2}}}=\langle p\rangle d t+\frac{d W}{\sqrt{8 \eta \kappa}} . \tag{19.252}
\end{equation*}
$$

This result is valid in the momentum range

$$
\begin{equation*}
|p| \ll \frac{m_{\mathrm{a}} \Omega_{1}^{2}}{8 k_{2} \sqrt{\Delta_{2}^{2}+\left(\Gamma_{2} / 2\right)^{2}}} \tag{19.253}
\end{equation*}
$$

which follows if the second term of the denominator of Eq. (19.247) is to dominate the first. If we assume a small probe detuning $\Delta_{2}$ compared to $\Gamma_{2}$, a moderate pump of $\Omega_{1}=\Gamma_{2} \sim 20 \times 10^{6} \mathrm{~s}^{-1}$, and we consider the case of ${ }^{87} \mathrm{Rb}(\lambda=780 \mathrm{~nm})$, then this corresponds to the range $|p| \ll 200 \hbar k_{2}$. Assuming further a weak probe of $\Omega_{2}=\Omega_{1} / 10$, the measurement strength is $\kappa=9\left(\hbar k_{2}\right)^{2} \mathrm{~s}^{-1}$.

### 19.7.4 Spontaneous Scattering

The spontaneous scattering rate should be small, at least when the motion of the atom stays near $p=0$, due to the nature of the dark state. To compute the rate of spontaneous scattering, we use the equation of motion

$$
\begin{equation*}
\partial_{t} \rho_{\mathrm{g}_{2} \mathrm{~g}_{2}}=\frac{i \Omega_{2}}{2}\left(\tilde{\rho}_{\mathrm{g}_{2} \mathrm{e}}-\tilde{\rho}_{\mathrm{eg}_{2}}\right)+\Gamma_{2} \rho_{\mathrm{ee}} \tag{19.254}
\end{equation*}
$$

as follows from the unconditioned master equation for EIT, Eq. (6.63). In steady state, this gives the excited-state population in terms of the coherence on the probe-transition:

$$
\begin{equation*}
\rho_{\mathrm{ee}}(t \longrightarrow \infty)=\frac{i \Omega_{2}}{2 \Gamma_{2}}\left(\tilde{\rho}_{\mathrm{eg}_{2}}-\tilde{\rho}_{\mathrm{g}_{2} \mathrm{e}}\right) \tag{19.255}
\end{equation*}
$$

We can expand the steady-state coherence (19.247) to second order in momentum to obtain

$$
\begin{equation*}
\tilde{\rho}_{\mathrm{eg}_{2}}(t \longrightarrow \infty)=\frac{4 k_{2} \Omega_{2}}{m_{\mathrm{a}} \Omega_{1}^{2}} p-\frac{32 k_{2}^{2}\left(i \Gamma_{2} / 2+\Delta_{2}\right) \Omega_{2}}{m_{\mathrm{a}}^{2} \Omega_{1}^{2}} p^{2}+O\left(p^{3}\right) \tag{19.256}
\end{equation*}
$$

and then put this into Eq. (19.255) to find

$$
\begin{equation*}
\rho_{\mathrm{ee}}(t \longrightarrow \infty)=\frac{32 k_{2}^{2} \Omega_{2}^{2}}{m_{\mathrm{a}}^{2} \Omega_{1}^{4}} p^{2}+O\left(p^{3}\right) \tag{19.257}
\end{equation*}
$$

The steady-state scattering rate is then simply

$$
\begin{equation*}
R_{\mathrm{sc}}(t \longrightarrow \infty)=\left(\Gamma_{1}+\Gamma_{2}\right) \rho_{\mathrm{ee}}=\frac{32 k_{2}^{2}\left(\Gamma_{1}+\Gamma_{2}\right) \Omega_{2}^{2}}{m_{\mathrm{a}}^{2} \Omega_{1}^{4}} p^{2}+O\left(p^{3}\right) \tag{19.258}
\end{equation*}
$$

so we see that the scattering rate vanishes to first order in the atomic momentum. However, to account for this effect, we should include an extra diffusion term to the SME (19.251)

$$
\begin{equation*}
d \rho=-\frac{i}{\hbar}[H, \rho] d t+2 \kappa \mathcal{D}[p] \rho d t+\sqrt{2 \eta \kappa} \mathcal{H}[p] \rho d W+\gamma \int_{-1}^{1} d(\cos \theta) \tilde{f}_{\hat{\varepsilon}}(\theta) \mathcal{D}\left[e^{-i k z \cos \theta}\right] \rho d t \tag{19.259}
\end{equation*}
$$

where $\gamma:=\left\langle R_{\mathrm{sc}}\right\rangle$, the angular distribution $\tilde{f}_{\hat{\varepsilon}}(\theta)$ is defined by Eq. (19.230), and we are assuming that the extra spontaneous scattering is not detected. Note again that since the EIT measurement is dispersive, it scales as $p$, while the spontaneous emission scales as $p^{2}$. Again, this is because the dipole-radiated field scales as $p$, and the phase shift is due to an interference with this field and the forward EIT probe beam, so that the phase shift goes as the product of the two fields, while the spontaneous emission goes as the square of the dipole-radiated field.

### 19.7.5 Phase

It is illuminating to work out the relative phases of the atomic dipole, the EIT probe field, and the localoscillator field. The phase of the atomic dipole, given by the phase of Eq. (19.248), is defined with respect to the phase of the EIT probe field. To lowest order in momentum, the atomic dipole (and thus the dipole field) is thus exactly in phase with the probe field. Further, we saw that the appropriate choice of local-oscillator phase was $\phi=0$, so that the local oscillator is also exactly in phase with the atomic dipole and the driving field. This seems a bit strange: if the probe is, in fact, phase-shifted by the effective refractive index of the atom, then the atom should radiate in quadrature with the field, not in phase with it (radiation exactly in or exactly out of phase can affect only the amplitude, not the phase, of the probe field). Further, to detect the phase of the probe field, the local oscillator should again be in quadrature with the probe field, so that any phase shifts of the probe would act to modulate the detected intensity of the local oscillator.

An easy way to resolve this difficulty is to note that to have a strong coupling to the atom, the EIT probe field should be tightly focused onto the atom. If we take as a concrete example a Gaussian beam, we may write the probe field as

$$
\begin{equation*}
E^{(+)}(\mathbf{r})=E_{0}^{(+)}\left(-\hat{x}+\frac{x}{z-i z_{0}} \hat{z}\right) \frac{w_{0}}{w(z)} \exp \left[-\frac{r^{2}}{w^{2}(z)}\right] \exp \left[i k z-i \tan ^{-1}\left(\frac{z}{z_{0}}\right)\right] \exp \left[i k \frac{r^{2}}{2 R(z)}\right] \tag{19.260}
\end{equation*}
$$

where the beam propagates along the $z$-direction and is (mostly) polarized along the $-x$-direction, $w_{0}$ is the Gaussian beam-waist parameter that characterizes the beam waist at the focus, $z_{0}=\pi w_{0}^{2} / \lambda$ is the Rayleigh length, $r^{2}=x^{2}+y^{2}$ is the radial coordinate, $w(z):=w_{0} \sqrt{1+\left(z / z_{0}\right)^{2}}$ is the $z$-dependent spot size, and $R(z):=z\left[1+\left(z_{0} / z\right)^{2}\right]$ is the radius of curvature of the phase fronts. The Gaussian beam as written here solves the electromagnetic wave equation in the paraxial approximation (i.e., as long as the divergence angle of the beam is not too large). The important thing to notice is the second exponential factor, which gives the longitudinal phase. There is the usual plane-wave-type phase of $i k z$, but there is also the Gouy phase of $-i \tan ^{-1}\left(z / z_{0}\right)$, which varies from $i \pi / 2$ at $z \longrightarrow-\infty$ to 0 at the focus $z=0$ to $-i \pi / 2$ at $z \longrightarrow \infty$. The Gouy phase is generic for focused beams, and plays an important role here.

The dipole field lacks this Gouy phase, with a phase varying as $i k z$ along the $z$-axis. Similarly, we take the local oscillator to be collimated (but still Gaussian), so its Gouy phase varies negligibly over the scale of the optical apparatus. Thus, even though the dipole, EIT-probe, and local-oscillator fields are all in phase at the atomic position (Gaussian-beam focus) $z=0$, by the time the EIT probe is recollimated in the far field, it has accumulated an extra phase shift of $-i \pi / 2$. Thus, as we expect, the EIT probe is in quadrature with both the atomic-dipole and local-oscillator fields.

From this, we can view the homodyne detection slightly differently. Rather than regarding the detection as a measurement of the phase of $\sigma_{2}$, we can regard it as a measurement of the phase of the phase-shifted EIT probe, $\sigma_{2}+\alpha_{\text {probe }}=\sigma_{2}-i\left|\alpha_{\text {probe }}\right|$, by adding the local-oscillator field $\beta$, as in Eq. (19.242). Our analysis above showed the phase of $\sigma_{2}$ to be near zero, and the same choice of phase was best for the local oscillator, while the phase of $-i$ in the EIT probe here is due to the Gouy phase accumulated as the probe beam travels from the atom to the detector. Viewed thusly, since the homodyne-detection signal measured $\left\langle\sigma_{2}+\sigma_{2}^{\dagger}\right\rangle$ in the analysis above, here it measures $\left\langle\left(\sigma_{2}-i\left|\alpha_{\text {probe }}\right|\right)+\left(\sigma_{2}-i\left|\alpha_{\text {probe }}\right|\right)^{\dagger}\right\rangle=\left\langle\sigma_{2}+\sigma_{2}^{\dagger}\right\rangle$, and thus the conclusions above still obtain: because the probe and local-oscillator fields are in quadrature, the homodyne measurement rejects any contribution to the measurement signal from the probe. Similarly, viewed this way, the analysis for balanced homodyne detection as in Section 18.2.6 carries through here, if we view the balanced homodyne detection as a measurement of the probe phase rather than the atomic phase. Then the same SME and measurement record result, except that there is no need to subtract a dc offset from the measurement signal.

### 19.7.6 Detection Efficiency

The detection efficiency $\eta$ here is simply the probability that a photon radiated by the atom is scattered into the mode of the EIT probe. As an example case, we will take the EIT probe again to be a Gaussian beam, and compute explicitly the overlap between the probe and dipole waves. It is sufficient to consider
the overlap in the far field, for which the Gaussian beam (19.260) becomes

$$
\begin{equation*}
E^{(+)}(\mathbf{r})=E_{0}^{(+)} \frac{z_{0}}{z} \exp \left[-\frac{z_{0}^{2} r^{2}}{w_{0}^{2} z^{2}}\right] \tag{19.261}
\end{equation*}
$$

noting that we have dropped the polarization and phase factors, as they will be irrelevant for the mode overlap (within the paraxial approximation, they will exactly match the same factors for the dipole wave). We can then write this field as a normalized field mode function

$$
\begin{equation*}
\sqrt{f_{\text {Gaussian }}(\mathbf{r})}=\frac{2 z_{0}}{\sqrt{2 \pi} w_{0} z} \exp \left[-\frac{z_{0}^{2} r^{2}}{w_{0}^{2} z^{2}}\right] \tag{19.262}
\end{equation*}
$$

normalized so that at any fixed $z$,

$$
\begin{equation*}
\int d x \int d y f_{\text {Gaussian }}(\mathbf{r})=1 \tag{19.263}
\end{equation*}
$$

Assuming a linearly polarized atomic dipole, the usual field dipole pattern is

$$
\begin{equation*}
\sqrt{f_{\hat{x}}(\theta, \phi)}=\sqrt{\frac{3}{8 \pi}} \sin \theta=\sqrt{\frac{3}{8 \pi} \frac{y^{2}+z^{2}}{x^{2}+y^{2}+z^{2}}} \tag{19.264}
\end{equation*}
$$

but where $\theta$ and $\phi$ are defined with respect to the polarization $(x)$ axis, not the $z$-axis. In the paraxial approximation, we may write this field in terms of a normalized spatial distribution (by dividing by $z$ ) as

$$
\begin{equation*}
\sqrt{f_{\hat{x}}(\mathbf{r})} \approx \frac{1}{z} \sqrt{\frac{3}{8 \pi}}\left(1-\frac{x^{2}}{2 z^{2}}\right) \tag{19.265}
\end{equation*}
$$

Then the efficiency is the overlap integral of the Gaussian field with the dipole field:

$$
\begin{equation*}
\eta=\int d x \int d y \sqrt{f_{\hat{x}}(\mathbf{r}) f_{\text {Gaussian }}(\mathbf{r})}=\frac{\sqrt{3} w_{0}\left(4 z_{0}^{2}-w_{0}^{2}\right)}{8 z_{0}^{3}} \approx \frac{\sqrt{3} \lambda}{2 \pi w_{0}} \tag{19.266}
\end{equation*}
$$

For a focus of $w_{0}=5 \lambda$ (for a far-field divergence half-angle of $3.6^{\circ}$ ), the efficiency is $5.5 \%$, while for a focus of $w_{0}=\lambda$ (for a far-field divergence half-angle of $18^{\circ}$, where the paraxial approximation is no longer very good), the efficiency is $27 \%$.

### 19.8 Exercises

## Problem 19.1

Suppose that a (fictitious) serious disease called Bayes' syndrome affects $0.1 \%$ of the population. Suppose also that you are tested for Bayes' syndrome. The test has a false-positive rate of $0.1 \%$ and a false-negative rate of $0.1 \%$ (i.e., for either outcome the test is correct $99.9 \%$ of the time). If you test positive for Bayes' syndrome, what is the probability that you actually have the disease?
Use Bayes' rule to calculate the answer, identifying the various factors in Bayes' rule. Surprisingly, the answer turns out to be $50 \%$. The reason is that the prior knowledge of the situation is that you are very unlikely to have the disease, and because it is so skewed, the prior strongly influences the posterior expectation.

## Problem 19.2

Show that the Weyl correspondence (Section 4.3.5) for the stochastic master equation for position measurement,

$$
\begin{align*}
d \rho & =2 \kappa \mathcal{D}[x] \rho d t+\sqrt{2 \kappa} \mathcal{H}[x] \rho d W \\
& =2 \kappa x \rho x-\kappa\left(x^{2} \rho+\rho x^{2}\right) d t+\sqrt{2 \kappa}[x \rho+\rho x-2\langle x\rangle \rho] d W(t) \tag{19.267}
\end{align*}
$$

(without Hamiltonian evolution) gives the Fokker-Planck equation for the Wigner function with no drift and a momentum diffusion coefficient of $D=2 \hbar^{2} \kappa$, plus a stochastic driving term:

$$
\begin{equation*}
d W(x, p)=\hbar^{2} \kappa \partial_{p}^{2} W(x, p) d t+\sqrt{8 \kappa}(x-\langle x\rangle) W(x, p) d W(t) \tag{19.268}
\end{equation*}
$$

## Problem 19.3

Show that the Weyl correspondence (Section 4.3.5) for the stochastic master equation for positionsquared measurement,

$$
\begin{align*}
d \rho & =2 \kappa \mathcal{D}\left[x^{2}\right] \rho d t+\sqrt{2 \kappa} \mathcal{H}\left[x^{2}\right] \rho d W \\
& =2 \kappa x^{2} \rho x^{2}-\kappa\left(x^{4} \rho+\rho x^{4}\right) d t+\sqrt{2 \kappa}\left[x^{2} \rho+\rho x^{2}-2\left\langle x^{2}\right\rangle \rho\right] d W(t) \tag{19.269}
\end{align*}
$$

(without Hamiltonian evolution) gives the Fokker-Planck equation for the Wigner function with no drift and a position-dependent momentum diffusion coefficient of $D=8 \hbar^{2} \kappa x^{2}$, plus a stochastic driving term:

$$
\begin{equation*}
d W(x, p)=4 \hbar^{2} \kappa x^{2} \partial_{p}^{2} W(x, p) d t+\sqrt{8 \kappa}\left(x^{2}-\left\langle x^{2}\right\rangle-\frac{\hbar^{2} \partial_{p}^{2}}{4}\right) W(x, p) d W(t) \tag{19.270}
\end{equation*}
$$

## Problem 19.4

Consider a particle subjected to a noisy potential of the form

$$
\begin{equation*}
V(x, t)=\hbar \sqrt{\kappa} x \circ \frac{d W(t)}{d t} . \tag{19.271}
\end{equation*}
$$

(a) Why is it appropriate to write the potential in Stratonovich form, rather than Itō form?
(b) Write down a stochastic Schrödinger equation for the particle, convert it to Itō form, and then use the result to derive a stochastic master equation.
(c) Show that in the ensemble average, this SME is equivalent to the unconditioned SME for position measuremeent. (In the conditioned case, the two master equations are not equivalent; for example, the noisy potential still generates a linear SME.)

## Part IV

Numerical Methods in Quantum Optics

## Chapter 20

## Welcome to the Machine

### 20.1 Finite Representations of Real Numbers

Almost all digital computers store numbers as binary strings of zeros and ones. Representing an integer in binary form is straightforward assuming you understand binary vs. decimal counting. The only subtle point is whether the integer is signed or unsigned. The only difference is in the interpretation of the sign bit. For example, a 32 -bit unsigned integer can range from 0 to $2^{32}-1=4294967295$. By contrast, in a 32-bit signed integer, which ranges from $-2^{31}=-2147483648$ to $2^{31}-1=2147483647$, the idea is the same, but the first bit is interpreted as the sign bit (with a one representing a negative integer). That is, any integer greater than $2^{31}-1$ is simply wrapped by subtracting $2^{32}$. Indeed, integer arithmetic is always performed modulo the range of the integer type, so that in unsigned 32-bit arithmetic, $4294967295+1=0$. Note that modern Fortran has its own processor-independent integer model that is somewhat more restrictive than this (i.e., integers are always signed), but Fortran integers can effectively always be used in the same ways as C integers, with the right interpretation.

Fixed-point arithmetic is the simplest way to represent real numbers. Basically, fixed-point numbers are integers with a decimal place stuck in some fixed position. Thus, they are in some sense a reinterpretation of integers. Addition is straightforward, whereas multiplication is a bit more complicated. Even though fixedpoint arithmetic is typically very fast, the limited dynamic range of fixed-point numbers usually leads to serious problems with accuracy, and consequently they are only used in specialized applications.

The floating-point number is the standard on modern computing machines. A floating point number is decomposed into two parts, a mantissa and an exponent. For example, the real number 328.925 is represented in floating-point arithmetic in usual scientific notation as

$$
\begin{equation*}
3.28925 \times 10^{2} \tag{20.1}
\end{equation*}
$$

or in computer-style notation as 3.28925 E 2 (in Fortran the E can be changed to a D to denote a doubleprecision number, which we will discuss below). The mantissa and exponent are then simply represented as integers, with a fixed decimal place associated with the mantissa; note that for a binary representation, the exponent is chosen such that the mantissa is in the range $[1,2)$. There are many ways to decide how to associate binary data for floating-point numbers, but by far the most common standard is dictated by the IEEE Standard for Binary Floating-Point Arithmetic (ANSI/IEEE Std 754-1985). IEEE single precision allocates 32 bits for a floating-point number. Without going into too much detail, one bit represents the sign, 8 bits represent the exponent, and the rest represent the mantissa. IEEE single precision is characterized by the following values:

- "machine epsilon" (epsilon(1.0) in Fortran 90) of 1.1920929E-7
- smallest positive number (tiny (1.0) in Fortran 90) of 1.1754944E-38
- largest number (huge (1.0) in Fortran 90) of $3.4028235 \mathrm{E}+38$

Here machine epsilon is a measure of the precision of the representation, and is defined as the smallest number that, when added to 1 , returns a number different from 1 . Thus, single precision gets about 7 significant digits, and ranges through roughly $10^{ \pm 38}$. (Actually, nonzero values closer to zero can be represented, but are not usually accessible in Fortran.)

IEEE double precision extends this range considerably, and is characterized by the following values:

- machine epsilon (epsilon(1.0D0) in Fortran 90) of $2.220446049250313 \mathrm{E}-16$
- smallest positive number (tiny (1.0DO) in Fortran 90) of $2.2250738585072014 \mathrm{E}-308$
- largest number (huge (1.0D0) in Fortran 90) of $1.7976931348623157 \mathrm{E}+308$

Thus, we get about 16 significant digits and a range through about $10^{ \pm 308}$. There are two perfectly reasonable but opposite philosophies considering the choice of precision. The first goes: "modern computers are so fast that you may as well just use double precision just to be safe." Actually, as 64 -bit processors become more common, the speed penalty for using double precision instead of single precision is shrinking. However, the other philosophy is "if you need double precision, your algorithm is probably flawed; single precision is almost always sufficient." You'll just have to decide for yourself, but it is generally useful to write your code such that it is easy to switch precision. In Fortran 90, you do this by defining a parameter wp (for "working precision" as

```
integer, parameter :: wp = selected_real_kind(p=14)
```

to select double precision. Then, whenever you declare a variable, use this parameter, as in declaring variables such as real (wp) : : a, b, in specifying numbers such as a =1.0_wp, and in rounding, such as $\mathrm{a}=\mathrm{real}(\mathrm{b}, \mathrm{kind}=\mathrm{wp})$. To switch to single precision, simply change $\mathrm{p}=14$ to $\mathrm{p}=4$ (meaning "I want at least 14 digits of precision" and "at least 4 digits of precision, please") as the argument to selected_real_kind above.

### 20.2 Machine Structure and Optimization

Here we will discuss just a few of the basic features of modern processors that relate to high-performance numerical computing. This is an area that is complicated, varies widely among processor vendors, and evolves rapidly, and so a general and introductory discussion of this sort must necessarily sacrifice detail and completeness. ${ }^{1}$ However, knowledge of some basic concepts is invaluable in tuning your codes for high performance.

### 20.2.1 Memory Hierarchy

The first thing to understand is how the processor accesses, stores, and manipulates information. There is a hierarchy of locations in which information can be stored. Here, we list these in decreasing order of access speed, and conversely, increasing order of size.

- Registers. The registers are the memory locations for the data on which the processor is currently working. There are typically of the order of 10 registers on a processor, and obviously they must operate at the nominal execution speed of the processor. A typical machine instruction for a floatingpoint operation might involve, say, taking the contents of registers 0 and 1 , multiplying them together, and storing the result in register 0 . In the past, a special register called the accumulator was typically the register that was always involved in any particular operation and also the destination for the result of any operation. Now the term is less common, but one or two registers are still typically of more importance than the rest.
For numerical calculations, it is useful to note that on some processors, the registers handle more data than regular memory addresses. For example, even when processing 64 -bit data, the registers

[^266]might be designed be 80 -bit or 128 -bit "extended precision" registers (as happens, for example, on modern Intel processors). Thus, if you compute the sum of many numbers, the processor can keep the intermediate sums with extra precision to reduce roundoff error, particularly in cases where the sum is sensitive to the order of addition due to roundoff errors. This also helps reduce unexpected effects due to unintended reordering of operations at the compiler or processor levels.

- Cache. Next comes a small area of high-speed memory called cache memory. The idea is that the main memory, where large quantities of data can be stored is quite slow, but the processor needs to take in and push out data very quickly. Cache is the intermediate area that the processor can use on short time scales. Think of it as a small pile of papers on your desk that you want quick access to, compared to main memory, which is more like the filing cabinet. Because this memory is so fast, it is quite expensive, and thus its size is quite limited. Modern designs also use multiple levels of cache: L1 ("level 1") cache is the fastest and smallest, typically being on the order of a few to a few hundred KB, and talks directly to the cpu; L2 cache is larger and slower, typically on the order of a few hundred KB or larger; and some designs even incorporate an L3 cache.

Cache is a particularly important concept in modern computers, because the processors must not be kept waiting for the information they need. Of course, the cache can only keep a small subset of the total data in main memory on hand, but if it doesn't have a particular piece of data when the processor requests it, the computation stalls while the data are fetched from a higher-level cache or even main memory. One fairly obvious strategy that helps here is to process data in fairly small-sized chunks such that "blocks" of the calculation can fit entirely in cache. Of course, most calculations where you care about speed will not fit in cache, and manually breaking up calculations into cache-sized chunks is difficult and guaranteed to render your code unreadable or at least ugly.
The other strategy requires a bit more understanding about how cache works. Essentially, the various elements of cache are copies of various elements of main memory. However, if each location in cache were a copy of a completely independent location in main memory, we would need another bank of fast memory, the same size as the cache, just so we would know which main memory entry each cache entry referred to. To reduce this memory overhead, cache elements are grouped into cache lines, so that when one datum from memory is needed, a whole line's worth of data are actually fetched from memory. Thus, as long as you have to fetch all the data together, you may as well make the best possible use of them. The basic strategy is this: stick to unit-stride access as much as possible. That is, if you are processing long arrays of data, try to access the elements only sequentially, if at possible. The canonical example here is in computing the sum of a matrix. In Fortran, a two-dimensional array A is stored in memory by column, or such that $A(1,1)$ and $A(2,1)$ are adjacent in memory, while $A(1,1)$ and $A(1,2)$ are separated in memory by at least the length of the first array dimension. Thus, for example, what might seem a reasonable method for computing the array sum,

```
s = 0
do j = 1, m
    do k = 1, n
        s = s + A(j,k)
    end do
end do
```

is actually a bad idea, because the access in memory in the inner loop has a stride of (at least) m. In the worst, case, an entire line of cache must be fetched for each addition operation, slowing things down considerably. Fortunately, this problem is easily fixed by switching the order of the loops:

```
s = 0
do k = 1, n
    do j = 1, m
        s=s+A(j,k)
    end do
end do
```

The access here is now unit-stride, and this makes optimal use of the cache since (almost) all the fetched data are used in the sum. Most compilers will detect the problem in the former code sample and change it to the latter, depending on the level of optimization you request (after all, you might want the former calculation due to some issue with roundoff errors, since the results of the two codes are not guaranteed to be identical). In a more modern approach, as in Fortran 90, you can simply use an intrinsic such as sum, as in

```
s = sum(A)
```

or

```
s = sum( A(1:m, 1:n) )
```

to accomplish the same calculation, but explicitly giving the compiler freedom to choose the best way to perform the sum. If an intrinsic does not exist to do what you want, there are other constructs such as the forall loop in Fortran 95, which can be used to indicate that there is no dependency among the iterations of multiple loops, so that the compiler can perform the operations in any (presumably optimal) order.
The problems with cache can be even a bit more insidious than what we have indicated. To see why, consider a slightly different code that performs a sum over the second dimension of an array:

```
dimension A(2048, 128)
do j = 1, 2048
    do k = 1, 128
        A(j,1) = A(j,1) + A(j, k)
    end do
end do
```

If $A$ is stored contiguously in memory, then the elements $A(j, k)$ for the same $j$ but different $k$ are separated by powers of two. But to perform the calculation, lines of cache are fetched, corresponding to $A(j, k)$ for the same $k$ but different $j$, which is not so useful. In a fully associative cache, a line in cache can be associated with any line in memory, and many lines of cache can be fetched on the first iteration of the j loop, so that they will be reused later on subsequent iterations. However, to reduce complexity and cost, most cache is set-associative, which means that a line in cache can only map to particular lines in memory, and conversely a line in memory can only map to a few (say two or four) cache lines. Typically, a cache line maps to locations in memory that are widely spaced by some number of lines given by a power of two. The problem in the above example is that the full array itself has as its first dimension a large power of two. All of the $A(j, k)$ for fixed $j$ are needed at the same time, but many will overlap to the same few lines of cache. A line of cache has to be fetched for each $k$, but they all can't be stored in cache. So the same lines need to be refetched on subsequent iterations of the $j$ loop, and in the worst case, a line of cache must be fetched for each addition operation. So even if the relevant data could have fit in cache, the power-of-two associativity caused fetched data to be flushed before it was needed, so that the cache needed to fetch it again. This behavior is called cache thrashing and can be highly detrimental to the performance of your code. In addition to unit stride access, cache thrashing can sometimes be avoided (as in this example) by padding the first array dimensions to some larger (non-power-of-two) value, to avoid problems with associativity. (An appropriate change in the example would be $2048 \longrightarrow 2048+128$.) In general, you should avoid accessing data with large, power-of-two strides (some traditional FFT algorithms are notorious for doing just this).

- Main Memory. Most of your data reside in main memory during a calculation, which can be large (in the range of tens of GB on the best single-box machines). However, it is slow, which is the point of having cache. The strategies we discussed for cache also apply here, since main memory is often also
banked. That is, sequential chunks in memory can come from different banks of memory to reduce latency when fetching data quickly. The number of banks is typically a power of two, so power-of-two strides are bad here as well, and clearly unit stride is best: after accessing one bank for data, you would then access the next bank for the next piece of data, giving the first some time to recover and prepare for the next fetch before you bother it again.
- Storage. Of course, memory for even more data in the longer term comes in the form of disks, tapes, and so on. These are really slow, and if you have to use slow storage on the fly because your computation is so large then you're really in trouble.


### 20.2.2 Pipeline

One crucially important concept in understanding modern, ultrahigh-speed processors is the processor pipeline. Let's consider an analogy to motivate the pipeline. Suppose you have a "clothes-cleaning machine." It's quite nice, you just pop in a load of clothes, and then it proceeds to wash, dry, iron, and fold them for you. Suppose each of these tasks takes the machine 15 minutes. Then the rate at which the machine washes clothes is 1 load/hour. Of course, that's not very efficient, since while the clothes are being dried, the machinery related to washing the clothes sits idle. But if you have a lot of laundry to do, you'd want a more clever design for a machine would divide the machine into 4 units, one for each task. Each task still takes 15 minutes, and after you put in your first load of laundry, it's an hour before you see a set of spanking-fresh linens. But after the first load finishes washing and goes to the dryer, you can start the second load of clothes right away. In all you can have a total of 4 loads of laundry "in flight," and after a delay of one hour, you effectively are finishing one load of laundry every 15 minutes, or four times faster than the first machine. This is the essence of pipelining: dividing the work up into stages, so that several different instructions can be processed in different parts of the "assembly line" at once. It should be apparent that dividing up tasks into smaller pieces allow for longer pipelines, and thus for faster processors. Indeed, the recent offerings from Intel bear this out, with pipelines of 10 stages for the Pentium III, 20 stages for the Pentium 4,31 stages for the Xeon Nocona (with processor speeds currently in the high 3 GHz range). By contrast, the older 8086 used no pipeline at all, and executed one instruction per cycle with no latency.

The crucial point here is this: the pipeline is your friend only when full. With a full 31-stage pipeline, it appears (after a delay of 31 clock cycles) that one instruction is being executed per cycle. However, suppose that successive instructions depend on each other, so that the next instruction can't be started until the previous one is finished (say, as in iterating a map of the form $x_{n+1}=\left(a x_{n}\right)(\bmod b)$, which you might do to implement a random-number generator). In this case, it takes 31 clock cycles to execute each operation, because no pipelining is possible, and you've effectively just cut the processor speed down by a factor of 31. That's bad. In fact, you can see why cache thrashing is even worse on a fast processor: not only does the processor have to wait for the memory fetch, but the problem could be compounded if no other instructions are ready to go, since the pipeline will drain.

Modern processors implement a bunch of tricks, many of which are aimed at keeping the pipeline packed with instructions, to keep the performance high. We will discuss them below. But it is important to note that with speed limitations on memory (especially main memory), and with constraints on instruction sets, and so on, it is typically very hard to keep a processor working at its "theoretical peak." For example, Intel Xeon processors can theoretically execute 1 floating-point operation (flop) per processor cycle, with register, cache, and other overhead it is often difficult to execute flops on more than, say, $30 \%$ of the processor cycles. You should definitely keep this in mind when tuning your codes with hardware performance counters (see below), so you don't have unrealistic goals for your flop counts.

There is a particular class of processor, the vector processor (as opposed to the above cache-based, or scalar, processors), that is optimized for just one task: take contiguous chunks of data, and perform the same mathematical operation on all the data, and do this quickly. These are very good for scientific computation, again provided you use unit strides in your calculation. In these processors, it is much more realistic to achieve flop rates nearing the $100 \%$ ideal. However, these days, such processors are expensive and normally relegated to the best supercomputers (i.e., computers that aren't sitting on your desktop). So it's important to learn to deal with the constraints of the cheaper (and ubiquitous) scalar processor.

However, it is difficult to do much in a code to avoid "bubbles" in the pipeline, beyond what you would already do to make a "cache-friendly" code. This is especially true since pipelines vary greatly among processors, with most processors having multiple pipelines (say, to handle integer and floating-point instructions separately). You have to rely heavily on good compilers to provide a mix of instructions to the processor without a lot of dependencies to keep the pipelines working. Some rather simple tricks, like Intel's "hyperthreading technology," rely on executing multiple codes at once, so the different codes fill in each others' pipeline bubbles, so at least the processor is staying more busy overall, even if each code is not executing faster.

### 20.2.2.1 Out-of-Order Execution

One of the tricks implemented by all of the fastest modern processors is out-of-order execution. The concept is fairly simple: as the machine instructions are being sent to the pipelines for execution, they are first held in a buffer (of something like 100 instructions), and then analyzed for dependencies. If the processor detects an instruction that depends on the result of another instruction (either also in the buffer or already in the pipeline), it is free to dynamically reorder the instructions so that the dependent instruction is moved back in the queue so the pipeline isn't idle while the instruction waits. This helps the execution speeds greatly, but makes it difficult to analyze how a set of machine instructions will actually be executed (especially if you're trying to hand-code an optimized routine in machine language, or trying to disassemble some compiled code to analyze its performance). Again, there isn't much for you to do here, you have to hope your compiler is good enough to provide a good mix of instructions for the out-of-order buffer to work with.

### 20.2.2.2 Loop Unrolling

Very often, you need to perform a repeated computation on multiple elements on an array:

```
do j = 1, n
    a(j) = a(j) * b(j)
end do
```

The key idea here is that at each loop iteration, the processor must execute a branch (if/then) instruction to decide if the next iteration should be performed. This is particularly bad if the processor waits for each branch instruction to be carried out before starting the next loop multiplication, since effectively all benefits of having a pipeline are lost. (Branch prediction, described below, helps this somewhat.) Thus, it would help to rewrite the loop as

```
do j = 1, n, 4
    a(j) = a(j) * b(j)
    a(j+1) = a(j+1) * b(j+1)
    a(j+2) = a(j+2) * b(j+2)
    a(j+3) =a(j+3) * b(j+3)
end do
```

This loop is said to have been "unrolled four times." Now there is no branch separating the instructions in the loop, and four iterations of the original loop can be pipelined right away without any branch overhead. Of course, the code here assumes that n is a multiple of 4 ; the unrolled loop is more complicated for arbitrary n . The tradeoff here is that the resulting code is larger than the original. The benefits also decrease as the loop is unrolled more, so excessive loop unrolling is not useful. Generally, this is handled by the compiler optimizer, and not in your code, so your code stays readable. However it is useful to know that a loop can be unrolled only if its iterations are independent. In certain constructions, for example with pointers, the compiler may not be able to "prove" that the iterations are independent, and thus not optimize it. For example, consider this loop:

```
real, dimension(n) :: a, b
```

```
integer, dimension(n) :: c
do j = 1, n
    a(c(j)) = a(c(j)) * b(j)
end do
```

If you know that the array $c$ is a permutation of the set $\{1, \ldots, n\}$, then the loop can still be unrolled. However, a compiler would likely assume that values in the c array could have been repeated, and thus not optimized the loop. In this case, a compiler directive would help by telling the compiler that it can assume the loop iterations to be independent. In the HPF (High-Performance Fortran) language, this would look like this:

```
!hpf$ independent
    do j = 1, n
        a(c(j)) = a(c(j)) * b(j)
    end do
```

This also occurs in the original loop, if it is in a subroutine (this is valid Fortran 90):

```
subroutine foo(a, b, n)
        integer :: n, j
        real, dimension(n), intent(inout) :: a, b
        do j = 1, n
            a(j) = a(j) * b(j)
        end do
    end subroutine foo
```

The problem could arise in some languages if the two arrays overlap in memory, for example if the two arguments are overlapping parts of the same array, as in call foo (c(2:6), c(1:5),5). In this case, the results depend on the order in which the loop iterations are executed, since the value of elements of $b$ are changing. Actually, this problematic call is explicitly disallowed in Fortran 90: array arguments must not overlap if they are defined or modified by the subroutine. Fortran 90 tends to make choices to favor optimization over flexibility, and the loop could be unrolled by the compiler in this example. However, in most other languages (like C), the call would be acceptable and thus the compiler would not unroll the loop.

### 20.2.2.3 Branch Prediction

As we mentioned above, branch instructions (i.e., instructions to jump to different parts of a program depending on some condition, as in an if or case statement) are problematic for pipelined machines, since in principle instructions after the branch can't be executed until the result from the branch condition is known. Actually, you could start executing instructions before the branch result is known: just pick one outcome, and start executing the appropriate instructions, hoping to win if the processor guesses the right outcome in advance. This trick is called speculative execution. The problem is that canceling (or retiring) the finished and in-flight instructions in the case of a wrong guess involves a lot of overhead, and unless the processor has a good way to accurately guess the result of the branch condition, speculative execution could actually slow things down. Thus enters the art of branch prediction. Again, the prediction in modern processors must be good, since in some processors the cost of a mispredicted branch is stalling and flushing the entire pipeline to clear the false branch.

Branch-prediction algorithms are numerous and can be quite complex ${ }^{2}$ As a simple example, we'll consider branch prediction with a dynamically updated Moore machine. ${ }^{3}$ We'll do this for a three-bit machine, so consider the following table of "addresses" three bits long:

[^267]| $b_{1}$ | $b_{2}$ | $b_{3}$ | output |
| :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | x |
| 0 | 0 | 1 | x |
| 0 | 1 | 0 | x |
| 0 | 1 | 1 | x |
| 1 | 0 | 0 | x |
| 1 | 0 | 1 | x |
| 1 | 1 | 0 | x |
| 1 | 1 | 1 | x |

The outputs are initially undetermined (corresponding to some default value of, say, 0 ). The 0 's correspond to "branch true," and the 1's correspond to "branch false." Then the output is the prediction given the last three branch results. That is, if the last three branches were true, false, and false, then our prediction for the next branch would be the " 100 " output. Correspondingly, after the real branch result is known, the result is recorded at the same place in the table. Clearly, if the branch result is always the same thing, this algorithm will predict it perfectly after four possible mispredictions (settling into either the 000 or 111 output). Suppose now that branches come in some more complicated pattern like 1000100010001000 . ., and suppose we always default with 0 . Shortly, the table will settle down to this:

| $b_{1}$ | $b_{2}$ | $b_{3}$ | output |
| :---: | :---: | :---: | :---: |
| 0 | 0 | 0 | 1 |
| 0 | 0 | 1 | 0 |
| 0 | 1 | 0 | 0 |
| 0 | 1 | 1 | x |
| 1 | 0 | 0 | 0 |
| 1 | 0 | 1 | x |
| 1 | 1 | 0 | x |
| 1 | 1 | 1 | x |

That is, after a transient of 4 branches, some of which are default mispredictions, the predictor predicts the pattern perfectly. Larger predictors will obviously predict longer-period patterns, but may take longer to "lock on." Basically, regular branch patterns are easy to predict, whereas any change in pattern (e.g., at the end of a loop) or branching on a random number can seriously hurt your performance if done too often.

### 20.2.2.4 Addition, Multiplication, and Division

One more thing we can discuss are the basic types of floating-point operations that you want to do. Additions are typically the easiest, with multiplications next, and divisions are by far the hardest. Most modern processors are set up to churn out (with pipelining) one floating-point operation per cycle, such as one addition. Many also can do one floating-point multiplication per cycle (per pipeline). However, there are many variations on this theme. Modern Intel Xeon processors can only pipeline one multiplication every other cycle; however, on the cycles between multiplications, you are allowed to pipeline an addition with no extra cost. That's a sense in which additions are "cheaper" than multiplications (additions can be pipelined on every cycle). Other processors are set up to do one multiplication per cycle, but they can also do an addition at the same time as a multiplication in a single "multadd" operation. Thus, mixing floating-point multiplications and additions together can take advantage of hardware capabilities and result in very good efficiency.

Divisions are extremely bad: for example, a double-precision division on an Intel Xeon can be finished every 38 processor cycles, compared to 2 for multiplication. Many optimizing compilers have options to substitute computing $b^{-1}$ and then multiplying by $a$ to compute $a / b$, although the result may be less accurate than the divide. (Similarly, it is useful to know that it is usually possible to compute inverse square roots very quickly, and some processors have special instructions to compute the sine and cosine of a number at the same time.) It is usually best to keep your code readable and let the compiler make the appropriate transformations: most compilers can easily change a statement like $\mathrm{a} / 2$ to $0.5 * \mathrm{a}$. However, compilers occasionally miss operations, and these concepts can be useful in speeding things up.

### 20.2.3 Avoiding Overhead

As we mentioned above in loop unrolling, we can greatly increase performance by decreasing overhead operations. Here we will briefly discuss a couple of situations where it is possible to profitably decrease overhead.

### 20.2.3.1 Procedure Inlining

One place where much overhead can be eliminated is in the calling of a procedure (a function or a subroutine). Whenever a procedure is called, the code must jump to a new section, with some provisions for where to return at the completion of the procedure, as well as possible setup of temporary variables and arrays. If the program spends a lot of time in the procedure, then the overhead may not be a big deal. However, consider the loop in this code example:

```
do j = 1, n
    a(j) = a(j) + foo(a(j))
    b(j) = b(j) + bar(a(j), b(j))
end do
```

If foo and bar are relatively small functions, then the function-call overhead can be quite substantial. Furthermore, the computations in the two procedures cannot be rearranged to improve performance (i.e., instructions from one procedure could fill a pipeline bubble in the other), if the procedures are compiled separately.

An easy solution is to simply take the contents of the two procedures and paste them directly into the loop to eliminate the function calls. This trick is called procedure inlining. Obviously, manually inlining procedures will make your code a whole lot less readable, and inlining almost always increases the size of your code. Inlining is best done at the compiler level, and even then it should be limited to certain cases, such as procedure calls in the innermost loops of your code. For example, if inlining expands the code for a loop to the point where it no longer fits into instruction cache (if there are many copies of a procedure), then inlining may slow things down. It is also worth noting that compilers have trouble inlining under certain conditions. For example, it is difficult for a compiler to inline a procedure when it is defined in a different file from which it is called (e.g., when it is in a library). To inline such separated procedures, it must defer most of the optimizations until the linking phase, and a number of compilers now do this.

### 20.2.3.2 Compiler Issues

Compiler vendors must work very hard to get their codes to implement the tricks we have discussed here (as well as many, many more). If your primary goal is speed at any cost you should note this: simple, old features of a language will be the best supported in a compiler in terms of optimization or just plain working, while using new, advance, fancy-schmancy features in your code will tend to inhibit optimization or even cause you to send a bug report to the vendor! For example, suppose you are integrating the Schrödinger equation, and in your subroutine to evaluate the time derivative of the wave-function array psi, you try to keep things organized by using a function call to compute the result of applying an operator $A$ on $\psi$ in one of the terms of the Schrödinger equation $\partial_{t} \psi=A \psi+\cdots$ :

```
psidot = psidot + A_on_psi(psi)
```

In Fortran 90, this is an allowed construction: a function can return an array as a result, which here is then added to the psidot array. However, even otherwise excellent compilers can miss the fact that a temporary array to store the result of the function call to $A_{\text {_ on_psi can in fact be eliminated. If this procedure is called }}$ often (as is likely in a code that evolves the Schrödinger equation), it is likely to speed things up by using a much less elegant subroutine call, which adds the term $A \psi$ to psidot:

```
call add_A_on_psi(psidot)
```

The point is that the procedure should be inlined in either case, but when the new feature (array-valued functions), the optimizer support won't be as good. The same goes for user-defined data types, pointers, and
virtually anything object-oriented. Of course, there are good reasons for the existence of these features: they make your code more readable and elegant. There is usually a tradeoff between speed and general elegance when programming.

### 20.2.4 Parallel Programming

Optimizing parallel codes is an advanced topic, and way beyond the scope of this discussion, even as it becomes more relevant with multicore computers and wider availability of computing clusters. We'll just stick to crude, obvious observations here. Basically, parallel programming involves communication between processors. In the best case of symmetric multiprocessor (SMP) computing, the processors are all part of the same computer, or "box," and share the same memory. Communication is simple, since the processors have access to the same pool of memory. In the worst case of parallel processing, as in many clusters, the computers must talk over standard networks. In any case, communication is much slower than the crunching that happens on a single computer. Your goal is to minimize the communication, or at least organize it to make it as efficient as possible (e.g., into occasional, large "bursts" to minimize effects of network latency). Parallel programming is complex and subtle. The quantum optician who doesn't wish to spend all of his/her time writing code would do well to learn a data-parallel language such as High-Performance Fortran (HPF), where in many cases a well-written Fortran 90 code can be changed to a parallel code only by adding some compiler directives as comments in the Fortran 90 file.

### 20.2.5 Tuning Your Code

So, how do you increase the speed of your code? We'll only say a couple of superficial things here to get you started. The most important thing to do is to get a good compiler, and investigate all of its options. Good compilers support the above optimizations and many more, but usually only if you explicitly enable them. Good compilers will also let you write nice-looking, readable code without worrying about speed. For example, in this loop,

```
do j = 1, n
    a(j) =2* n *a(j)
end do
```

it is possible to save on almost half of the multiplications by precomputing the constant product $2 *$ n (the loop invariant):

```
two_n = 2 * n
do j = 1, n
    a(j) = two_n * a(j)
end do
```

However, this slightly obfuscates things, and anyway almost any worthwhile compiler will take care of this for you.

The basic strategy for writing a good, fast code is this:

- Write a readable, working code, not worrying about performance.
- Use a profiler, a program that runs your code and tells you where your code is spending its execution time. Usually it will give you something like a percentage of time in each subroutine. A free and commonly available program is gprof.
- If you identify one or a few routines in which the code is spending most of its time, then concentrate on optimizing those. If you can't identify any such routine, it may not be worth the effort. (If you work very hard to double the speed of a routine that accounts for $1 \%$ of the total execution time, the net speedup will be truly unimpressive!)
- If you have to resort to obfuscating a routine to speed it up, consider maintaining two versions: a readable one and a fast one. Or at least put the readable version in the comments.
- Make sure to test each change you make, to make sure it is really helping.

If possible, you should also use hardware performance counters to diagnose and characterize the performance of your code. Most processors have counters for performance-related events such as floatingpoint operations, cache misses, and so on. Unfortunately, tools for accessing these counters are often less convenient and less available than their profiling counterparts (in some operating systems, accessing the counters requires kernel-level access and thus recompiling the kernel to enable them).

## Chapter 21

## Ordinary Differential Equations

Here we'll cover some of the basic ideas for numerically solving ordinary differential equations, particularly for solving equations of motion for the dynamical evolution of a system. We won't be aiming for completeness in this vast area, but rather we will just cover some of the important and useful methods. First, however, we need a few mathematical preliminaries that will allow us to quantify how much of an error we're making when generating a numerical - and hence approximate - solution to an ODE.

### 21.1 Convergence

### 21.1.1 Sequences

First, let's start off with the notion of a sequence. A real-valued sequence is a function $x: \mathbb{Z}^{+} \longrightarrow \mathbb{R}$, where $\mathbb{Z}^{+}$denotes the set of positive integers. The sequence is commonly written using the subscript notation $x_{n}$. That is, the sequence associates a real number with every positive integer. The generalization of the real-valued sequence to complex values and $n$-tuples is obvious in the ideas of convergence to follow, so long as an appropriate "distance," such as the Euclidean metric, is used.

A sequence $x_{n}$ is said to converge to $x$ (denoted $x_{n} \longrightarrow x$ or $\lim _{n \rightarrow \infty} x_{n}=x$ ) if for every $\epsilon>0$, there is an $N \in \mathbb{Z}^{+}$such that if $n>N$, then $\left|x_{n}-x\right|<\epsilon$. In this case, $x$ is the limit of the sequence $x_{n}$. If the sequence does not converge to a limit, then the sequence is said to diverge, in which case there are still a couple of possibilities. If for any $x \in \mathbb{R}$, there is an $N \in \mathbb{Z}^{+}$such that if $n>N$, then $x_{n}>x$, then the sequence $x_{n}$ is said to diverge to $\infty$. Similarly, if for the same conditions $x_{n}<x$, then the sequence $x_{n}$ is said to diverge to $-\infty$. If the sequence neither converges nor diverges to $\pm \infty$, it is said to oscillate.

As a quick example, let's prove formally that the sequence $x_{n}=1 / n$ converges to zero. We start by letting $\epsilon>0$. Choose $N$ to be the smallest integer larger than $1 / \epsilon$ so that $1 / N<\epsilon$. If $n>N$, then $\left|x_{n}-0\right|=x_{n}=1 / n<1 / N<\epsilon$. Thus $x_{n} \longrightarrow 0$.

### 21.1.2 $O$ and $O$

Now supposing that we have a sequence, we can address the question of how the sequence behaves asymptotically by comparing the two sequences. Thus, let $x_{n}$ and $y_{n}$ be two sequences, not necessarily convergent. Then we write

$$
\begin{equation*}
y_{n}=O\left(x_{n}\right) \tag{21.1}
\end{equation*}
$$

read as " $y_{n}$ is big Oh of $x_{n}$ " or " $y_{n}$ is of the order of $x_{n}$," if there is a $K>0$ and an $N \in \mathbb{Z}^{+}$, such that if $n>N$, then $\left|y_{n} / x_{n}\right|<K$. On the other hand, if the sequence $\left(y_{n} / x_{n}\right) \longrightarrow 0$, then $y_{n}$ evidently converges more quickly than $x_{n}$, and we write

$$
\begin{equation*}
y_{n}=o\left(x_{n}\right) \tag{21.2}
\end{equation*}
$$

This statement is read as " $y_{n}$ is little oh of $x_{n}$," or " $y_{n}$ is dominated by $x_{n}$." Note that the notation here can be deceptive, because the statement $x_{n}=O\left(y_{n}\right)$ does not imply that $y_{n}=O\left(x_{n}\right)$.

### 21.1.2.1 Example

To illustrate these definitions, consider the sequence $x_{n}=3+3 n+5 n^{2}$.

1. Then $x_{n}=O\left(n^{2}\right)$, because we can pick $N=1$ and $K=11$, and then $x_{n} / n^{2}=\left(3 / n^{2}+3 / n+5\right)<$ $3+3+5=11=K$ for any $n>1=N$.
2. Similarly, $x_{n}=o\left(n^{3}\right)$, because $x_{n} / n^{3}=\left(3 / n^{3}+3 / n^{2}+5 / n\right) \longrightarrow 0$ as $n \longrightarrow \infty$.

### 21.1.3 Convergence and Scaling of Functions

These same notions of convergence also apply to limits of functions. In particular, when we say that

$$
\begin{equation*}
\lim _{x \rightarrow x_{0}} f(x)=y \tag{21.3}
\end{equation*}
$$

we mean that for every sequence $x_{n} \longrightarrow x_{0}$, the corresponding sequence $f\left(x_{n}\right) \longrightarrow y$. If it turns out that $y=f\left(x_{0}\right)$, then we say the function $f$ is continuous at $x_{0}$. If we consider only sequences of numbers larger than the limit, $x_{n}-x=\left|x_{n}-x\right|$, then the same definition gives the limit from above

$$
\begin{equation*}
\lim _{x \rightarrow x_{0}^{+}} f(x)=y^{+}, \tag{21.4}
\end{equation*}
$$

while if we consider only sequences of numbers smaller than the limit, $x-x_{n}=\left|x-x_{n}\right|$, then the same definition gives the limit from below

$$
\begin{equation*}
\lim _{x \rightarrow x_{0}^{-}} f(x)=y^{-} \tag{21.5}
\end{equation*}
$$

assuming these limits exist. The function is then continuous if the limits agree, $y^{+}=y^{-}$.
The concepts of $O$ and $o$ can similarly be extended to functions of a continuum. In particular, we can write

$$
\begin{equation*}
f(x)=O[g(x)] \quad \text { as } \quad x \longrightarrow x_{0} \tag{21.6}
\end{equation*}
$$

if and only if for every convergent sequence $x_{n} \longrightarrow x_{0}, f\left(x_{n}\right)=O\left[g\left(x_{n}\right)\right]$. In particular, this is equivalent to the condition that each sequence $\left|f\left(x_{n}\right) / g\left(x_{n}\right)\right|$ is eventually bounded,

$$
\begin{equation*}
\lim _{n \rightarrow \infty}\left|\frac{f\left(x_{n}\right)}{g\left(x_{n}\right)}\right|<\infty \tag{21.7}
\end{equation*}
$$

and thus we may equivalently write

$$
\begin{equation*}
\lim _{x \rightarrow x_{0}}\left|\frac{f(x)}{g(x)}\right|<\infty \tag{21.8}
\end{equation*}
$$

For the little $o$, we can similarly write

$$
\begin{equation*}
f(x)=o[g(x)] \tag{21.9}
\end{equation*}
$$

if and only if for every divergent sequence $x_{n} \longrightarrow \infty, f\left(x_{n}\right)=o\left[g\left(x_{n}\right)\right]$. From the above definitions of convergence, this latter statement is equivalent to the statement that $\lim _{x \rightarrow \infty} f(x) / g(x)=0$. Note that there is only a sense of "little oh" dominance of functions as the argument increases without bound.

### 21.1.3.1 Truncation Error

The $O$ notation is particularly useful for representing the error in a truncated series expansion, or the truncation error. That is, suppose we write the series expansion of the exponential function near $x=0$ as

$$
\begin{equation*}
e^{-x}=1-x+\frac{x^{2}}{2!}+O\left(x^{3}\right) \tag{21.10}
\end{equation*}
$$

Since the remaining terms in the expansion are $-x^{3} / 3!, x^{4} / 4!$, and so on, we can compactly represent them by simply noting that all the unwritten terms are $O\left(x^{3}\right)$. This gives a rough idea of how the truncation error scales with $x$. The same idea obviously applies to asymptotic expansions about the point at $\infty$.

### 21.1.3.2 Example

Again, as a simple example, consider $f(x)=2+5 x+7 x^{2}$.

1. As $x \longrightarrow 0, f(x)=O\left(x^{0}\right)$, because $f(x) / x^{0}=2+5 x+7 x^{2} \longrightarrow 2$ as $x \longrightarrow 0$.
2. As $x \longrightarrow \infty, f(x)=O\left(x^{2}\right)$, because $f(x) / x^{2}=2 / x^{2}+5 / x+7 \longrightarrow 7$ as $x \longrightarrow \infty$.
3. Also, $f(x)=o\left(x^{3}\right)$ because $f(x) / x^{3}=2 / x^{3}+5 / x^{2}+7 / x \longrightarrow 0$ as $x \longrightarrow \infty$.

### 21.2 Euler Methods

Consider an ordinary differential equation of the form

$$
\begin{equation*}
\dot{y}(t)=f(y(t), t) \tag{21.11}
\end{equation*}
$$

that we wish to solve. The Euler method is the simplest way to generate the solution $y(t)$ to the ODE. The idea is to consider the Taylor expansion of the evolved solution

$$
\begin{align*}
y(t+\Delta t) & =y(t)+\Delta t \dot{y}(t)+O\left(\Delta t^{2}\right)  \tag{21.12}\\
& =y(t)+\Delta t f(y(t), t)+O\left(\Delta t^{2}\right)
\end{align*}
$$

Thus, the Euler method consists of making the approximation

$$
\begin{equation*}
y(t+\Delta t) \approx y(t)+\Delta t f(y(t), t) \tag{21.13}
\end{equation*}
$$

(Euler method)
to obtain the advanced solution $y(t+\Delta t)$, since the function $f$ and the present solution $y(t)$ are known. This process is iterated to generate the further advanced solutions $y(t+2 \Delta t), y(t+3 \Delta t)$, and so on. Pretty simple, and pretty easy to implement on a computer. This is the simplest example of a finite-difference method, since finite time steps are taken to approximate the continuous solution.

In a slightly more compact notation, we may write the Euler method as the recurrence equation

$$
\begin{equation*}
y_{n+1}=y_{n}+\Delta t f\left(y_{n}, t_{n}\right) \tag{21.14}
\end{equation*}
$$

(Euler method)
Here, we have defined $t_{n}:=n \Delta t$ and $y_{n}:=y\left(t_{n}\right)$.
Of course, this same method can be applied to system of coupled ODEs. If we have a set of ODEs of the form

$$
\begin{equation*}
\dot{y}_{\alpha}(t)=f_{\alpha}(\mathbf{y}(t), t) \tag{21.15}
\end{equation*}
$$

then the finite-step update equations are

$$
\begin{equation*}
y_{\alpha}(t+\Delta t) \approx y_{\alpha}(t)+\Delta t f_{\alpha}(\mathbf{y}(t), t) \tag{21.16}
\end{equation*}
$$

which is a pretty obvious generalization of the scalar case. In this sense, the Euler method may be applied generally to any problem, since any ODE can be decomposed into a system of first-order ODEs (an $n$ thorder ODE decomposes into $n$ coupled, first-order ODEs). However, typically a somewhat fancier method is usually appropriate.

### 21.2.1 Local and Global Truncation Error

Evidently, the error in taking a single step in the Euler method is $O\left(\Delta t^{2}\right)$, as we see from Eq. (21.12). Thus, we say that the local trunction error of the Euler method is $O\left(\Delta t^{2}\right)$.

The global truncation error refers to the error in generating the solution over a fixed interval, say from 0 to $t$ in time. This takes $N=t / \Delta t$ steps, and in the worst case when the local truncation errors add,
the accumulated error in taking the $N$ steps is $O\left(N \Delta t^{2}\right)=O(\Delta t)$. This is a reasonable assumption, since the errors are not random, but are predictably related to the form of $f(y(t), t)$ and the solution $y(t)$. In any case, in principle the solution converges to the true one as $\Delta t \longrightarrow 0$. The Euler method is said to be a first-order method, meaning that the local truncation is correct to first order in $\Delta t$, or that the global truncation error is first order in $\Delta t$.

### 21.2.2 Implicit Euler Method and Stiff Equations

The Euler method presented above An alternative to the expansion in Eq. (21.12) is to expand $y(t)$ about $t+\Delta t$ :

$$
\begin{align*}
y(t) & =y(t+\Delta t)-\Delta t \dot{y}(t+\Delta t)+O\left(\Delta t^{2}\right)  \tag{21.17}\\
& =y(t+\Delta t)-\Delta t f(y(t+\Delta t), t+\Delta t)+O\left(\Delta t^{2}\right)
\end{align*}
$$

Thus, an alternative stepping scheme is the implicit Euler method, given by rearranging the expansion as

$$
\begin{equation*}
y(t+\Delta t) \approx y(t)+\Delta t f(y(t+\Delta t), t) \tag{21.18}
\end{equation*}
$$

(implicit Euler method)
In the compact notation mentioned above, we can alse write this as

$$
\begin{equation*}
y_{n+1}=y_{n}+\Delta t f\left(y_{n+1}, t_{n}\right) \tag{21.19}
\end{equation*}
$$

(implicit Euler method)
This is the same as the Euler method in Eq. (21.13), except that the derivative function is evaluated at the advanced time, $f(y(t+\Delta t), t+\Delta t)$, instead of at the old time, $f(y(t), t)$. The problem with this is that evolving $y(t)$ to $y(t+\Delta t)$ requires knowing $y(t+\Delta t)$ already, which is of course why the method is implicit. There are a few ways to solve this equation at each time step. For example, the most straightforward is to use $y(t)$ as a guess for $y(t+\Delta t)$, and plug it into $f(y(t+\Delta t), t+\Delta t)$. Then generate the next guess for $y(t+\Delta t)$. Plug it back in, and keep guessing until the process converges to a solution, which is the one you want. This procedure is called fixed-point iteration, since the iteration converges to the desired steady state, or fixed point.

Obviously, the implicit Euler method is a lot more work than the explicit counterpart, so why bother? What we gain in exchange for the extra effort is improved stability properties. Consider the simple model problem

$$
\begin{equation*}
\dot{y}=-\alpha y \tag{21.20}
\end{equation*}
$$

where $\alpha$ is some large, positive constant. Obviously the solution is simply

$$
\begin{equation*}
y(t)=y_{0} e^{-\alpha t} \tag{21.21}
\end{equation*}
$$

The (explicit) Euler method gives the update method

$$
\begin{equation*}
y_{n+1}=y_{n}-\Delta t \alpha y_{n}=(1-\alpha \Delta t) y_{n} . \tag{21.22}
\end{equation*}
$$

Clearly, this method has rather serious problems if $\alpha \Delta t>1$, since the solution $y_{1}$ will be negative if $y_{0}$ is positive, which definitely shouldn't happen: the the analytic solution says the initially positive solution should stay that way. It's pretty clear that in fact the solution will oscillate about zero, changing sign on each iteration. Things get even worse if $\alpha \Delta t>2$, since now the coefficient of $y_{n}$ has a modulus of more than unity, and thus $\left|y_{n}\right|$ diverges to $\infty$. If $\alpha$ is large, then it may take very small step sizes $\Delta t$ to obtain a stable recurrence. Even in more complicated systems of equations, the interesting dynamics may happen on relatively long time scales, but the step size may be limited to a short time interval by a fast decay (as in a set of rate equations with vastly different decay rates) to obtain a stable solution. Such a system of equations is called a stiff system.

The implicit Euler method helps here, since the recursion now becomes

$$
\begin{equation*}
y_{n+1}=y_{n}-\Delta t \alpha y_{n+1} \tag{21.23}
\end{equation*}
$$

which when solved for $y_{n+1}$ becomes

$$
\begin{equation*}
y_{n+1}=\frac{y_{n}}{1+\alpha \Delta t} . \tag{21.24}
\end{equation*}
$$

This recurrence is clearly stable (and not oscillatory) for any $\Delta t>0$, a distinct improvement over the explicit case. Of course, for a large step the solution still wouldn't be very accurate. Often it's the case that with an explicit method, a time step small enough to get an accurate solution also is small enough to guarantee stability. However, it sometimes helps to use an implicit method if a larger time step than would be explicitly stable gives an adequately accurate solution.

The implicit Euler method is also called the backward Euler method, while the explicit Euler method is called the forward Euler method. Again, the improved stability properties inherited by the implicit method here also generally apply to more complicated implicit methods. Note that when going to the effort of using an implicit method, it is probably worth using a better method than the simple implicit Euler method.

### 21.3 Runge-Kutta Methods

Now we will seek finite-difference methods for solving ODEs that are higher order, or that is to say methods that have global truncation errors that are $O\left(\Delta t^{n}\right)$ with $n>1$. Of course, these methods will be more complicated, so again, why bother? Obviously, with a higher-order method, the step size $\Delta t$ needed to generate a solution with a particular accuracy will be larger than for a lower-order method. Often it is the case that the number of steps required for a high-order method is drastically smaller than for a low-order method, and there is correspondingly a large overall savings in computer time to obtain a particular level of accuracy. Furthermore, with a low-order method, it may not even be possible to achieve decent accuracy with a low-order method. In principle, by making the step size very small, you could achieve any desired accuracy with the Euler method. However, when the finite differences start becoming comparable to machine epsilon, machine rounding errors will dominate any truncation errors, providing an effective accuracy bound for a given numerical precision. A high-order method helps here because the step size to achieve a good accuracy will be much larger than for the low-order method. The accumulation of many small differences is replaced by a more complicated sequence of larger finite differences, which are less susceptible to roundoff errors.

### 21.3.1 Second-Order Methods

To construct a second-order method, consider the following forward and backward Taylor expansions, expanded to higher order:

$$
\begin{align*}
& y(t+\Delta t)=y(t)+\Delta t \dot{y}(t)+\frac{\Delta t^{2}}{2!} \ddot{y}(t)+\frac{\Delta t^{3}}{3!} \dddot{y}(t)+\frac{\Delta t^{4}}{4!} y^{(4)}(t)+O\left(\Delta t^{5}\right)  \tag{21.25}\\
& y(t-\Delta t)=y(t)-\Delta t \dot{y}(t)+\frac{\Delta t^{2}}{2!} \ddot{y}(t)-\frac{\Delta t^{3}}{3!} \dddot{y}(t)+\frac{\Delta t^{4}}{4!} y^{(4)}(t)+O\left(\Delta t^{5}\right)
\end{align*}
$$

Subtracting these, we find

$$
\begin{equation*}
y(t+\Delta t)-y(t-\Delta t)=2 \Delta t \dot{y}(t)+2 \frac{\Delta t^{3}}{3!} \dddot{y}(t)+O\left(\Delta t^{5}\right) \tag{21.26}
\end{equation*}
$$

and now letting $\Delta t \longrightarrow t+\Delta t$ and then $t \longrightarrow \Delta t / 2$,

$$
\begin{equation*}
y(t+\Delta t)=y(t)+\Delta t \dot{y}(t+\Delta t / 2)+\frac{\Delta t^{3}}{4 \cdot 3!} \dddot{y}(t)+O\left(\Delta t^{5}\right) . \tag{21.27}
\end{equation*}
$$

Thus, the finite-difference method

$$
\begin{align*}
y(t+\Delta t) & \approx y(t)+\Delta t f(y(t+\Delta t / 2), t+\Delta t / 2)  \tag{21.28}\\
y_{n+1} & \approx y_{n}+\Delta t f\left(y_{n+1 / 2}, t_{n+1 / 2}\right)
\end{align*}
$$

is $O\left(\Delta t^{3}\right)$ (i.e., locally second-order accurate). It also has what turns out to be the useful property that all even powers in the expansion of the error term vanish. This is because of the symmetry of the expression about the middle time $t_{n+1 / 2}$. However, it requires that we know the intermediate solution $y_{n+1 / 2}$, which of course we don't know, and we wouldn't even necessarily want to know it if we are trying to generate the solution samples $y_{n}$.

To deal with the intermediate value, we need to come up with an approximation for it. There are a number of ways to do this, each leading to different methods. One possibility is to take half of an Euler step to compute $y_{n+1 / 2}$ and then use this result in the formula (21.28). Thus noting the two formulae

$$
\begin{align*}
y(t+\Delta t / 2) & =y(t)+(\Delta t / 2) f(y(t), t)+O\left(\Delta t^{2}\right)  \tag{21.29}\\
y(t+\Delta t) & =y(t)+\Delta t f(y(t+\Delta t / 2), t+\Delta t / 2)+O\left(\Delta t^{3}\right)
\end{align*}
$$

we can write

$$
\begin{align*}
d_{n} & =y_{n}+(\Delta t / 2) f\left(y_{n}, t_{n}\right)=y_{n+1 / 2}+O\left(\Delta t^{2}\right)  \tag{21.30}\\
y_{n+1} & =y_{n}+\Delta t f\left(d_{n}, t_{n+1 / 2}\right)+O\left(\Delta t^{3}\right),
\end{align*}
$$

since the error in using $d_{2}$ in place of $y_{n+1 / 2}$ is $O\left(\Delta t^{2}\right)$, and with the extra factor of $\Delta t$ leads to an overall $O\left(\Delta t^{3}\right)$ error. This leads to the midpoint method, an example of a second-order Runge-Kutta method:

$$
\begin{align*}
d_{n} & =y_{n}+\frac{\Delta t}{2} f\left(y_{n}, t_{n}\right)  \tag{21.31}\\
y_{n+1} & =y_{n}+\Delta t f\left(d_{n}, t_{n+1 / 2}\right)
\end{align*}
$$

(Runge-Kutta method, order 2)

Again, the local truncation error is $O\left(\Delta t^{3}\right)$, while the global truncation error is $O\left(\Delta t^{2}\right)$. There are other Runge-Kutta methods that achieve second-order accuracy, which involve different choices for intermediate steps.

### 21.3.1.1 Variations

The above choice of the second-order Runge-Kutta method is by no means unique. ${ }^{1}$ We can parameterize second-order Runge-Kutta methods more generally as

$$
\begin{align*}
d_{n} & =y_{n}+(a \Delta t) f\left(y_{n}, t_{n}\right) \\
y_{n+1} & =y_{n}+b_{1} \Delta t f\left(y_{n}, t_{n}\right)+b_{2} \Delta t f\left(d_{n}, t_{n}+c \Delta t\right) \tag{21.32}
\end{align*}
$$

(general Runge-Kutta method, order 2)
That is $d_{n}$ is the result $y_{n+a}$ of taking an Euler step of $a \Delta t$. The final solution $y_{n+1}$ is a linear combination of taking a normal Euler step from $\left(y_{n}, t_{n}\right)$ and an Euler step from $\left(y_{n+a}, t_{n+c}\right)$. To see how we can obtain more second-order methods, we can write out the Taylor expansions of these evolution equations as

$$
\begin{align*}
d_{n}= & y_{n}+a \Delta t f\left(y_{n}, t_{n}\right) \\
y_{n+1}= & y_{n}+b_{1} \Delta t f\left(y_{n}, t_{n}\right)  \tag{21.33}\\
& +b_{2} \Delta t f\left(y_{n}, t_{n}\right)+b_{2} c \Delta t^{2} \partial_{t} f\left(y_{n}, t_{n}\right)+b_{2} a \Delta t^{2} f\left(y_{n}, t_{n}\right) \partial_{y} f\left(y_{n}, t_{n}\right)+O\left(\Delta t^{3}\right) .
\end{align*}
$$

Comparison to the exact Taylor expansion of $y_{n+1}$

$$
\begin{align*}
y_{n+1} & =y_{n}+\Delta t \dot{y}_{n}+\frac{\Delta t^{2}}{2} \ddot{y}_{n}+O\left(\Delta t^{3}\right)  \tag{21.34}\\
& =y_{n}+\Delta t f\left(y_{n}, t_{n}\right)+\frac{\Delta t^{2}}{2} \partial_{t} f\left(y_{n}, t_{n}\right)+\frac{\Delta t^{2}}{2} f\left(y_{n}, t_{n}\right) \partial_{y} f\left(y_{n}, t_{n}\right)+O\left(\Delta t^{3}\right)
\end{align*}
$$

[^268]and matching terms up to $O\left(\Delta t^{2}\right)$ leads to the conditions
$$
b_{1}+b_{2}=1, \quad b_{2} c=\frac{1}{2}, \quad a=c
$$
(order 2 Runge-Kutta conditions) (21.35)
Any method of the form (21.32) with coefficients satisfying these three conditions is second order, which clearly leaves much wiggle room. Thus, we may regard the general order-two method as parameterized by the single parameter $a$ :
\[

$$
\begin{aligned}
d_{n} & =y_{n}+(a \Delta t) f\left(y_{n}, t_{n}\right) \\
y_{n+1} & =y_{n}+\left(1-\frac{1}{2 a}\right) \Delta t f\left(y_{n}, t_{n}\right)+\frac{1}{2 a} \Delta t f\left(d_{n}, t_{n}+a \Delta t\right)
\end{aligned}
$$
\]

(general Runge-Kutta method, order 2) (21.36)
The midpoint method (21.31) corresponds to $a=1 / 2$. The choice that minimizes the coefficient of the $O\left(\Delta t^{3}\right)$ error turns out to $\mathrm{be}^{2} a=2 / 3$.

### 21.3.2 Fourth-Order and General Schemes

To construct higher-order general schemes, recall that to evolve $y_{n+1}$ from $y_{n}$, we are performing the integral from $t_{n}$ to $t_{n+1}$ :

$$
\begin{equation*}
y_{n+1}=y_{n}+\int_{t_{n}}^{t_{n+1}} d t^{\prime} f\left(y\left(t^{\prime}\right), t^{\prime}\right) \tag{21.37}
\end{equation*}
$$

In constructing the second-order method above, we chose

$$
\begin{equation*}
\int_{t_{n}}^{t_{n+1}} d t^{\prime} f\left(y\left(t^{\prime}\right), t^{\prime}\right)=f\left(y_{n+1 / 2}, t_{n+1 / 2}\right) \Delta t+O\left(\Delta t^{3}\right) \tag{21.38}
\end{equation*}
$$

as we showed in Eq. (21.27). The midpoint approximation is one of the simplest choices to represent the integral. We could of course sample the interval ( $t_{n}, t_{n+1}$ ) with additional points, hoping to approximate the integral more exactly using a higher-resolution discrete sum, thus ending up with higher order methods. Thus, we can for example write

$$
\begin{equation*}
y_{n+1} \approx y_{n}+\Delta t \sum_{\alpha} b_{\alpha} f\left(y\left(t_{n}+c_{\alpha} \Delta t\right), t_{n}+c_{\alpha} \Delta t\right) \tag{21.39}
\end{equation*}
$$

where the coefficients $b_{\alpha}$ and $c_{\alpha}$ are to be determined to give the best possible approximation to the integral. Of course, more terms in the sum should lead to higher-order methods. And, of course, the problem with this scheme are that the solution at the intermediate times $t_{n}+c_{\alpha} \Delta t$ is not known, and thus must be estimated numerically.

Following the idea from the second-order case, we write down approximations for each of the intermediate solutions, and then compute a linear combination of the intermediate solutions to obtain an accurate estimate for $y_{n+1}$. Choosing $c_{1}=0$ to include the (known) initial point in the linear combination, we may

[^269]write down the general form for the Runge-Kutta methods as
\[

$$
\begin{align*}
d_{1} & =y_{n} \\
d_{2} & =y_{n}+a_{21} \Delta t f\left(y_{n}, t_{n}\right) \\
d_{3} & =y_{n}+a_{31} \Delta t f\left(y_{n}, t_{n}\right)+a_{32} \Delta t f\left(d_{2}, t_{n}+c_{2} \Delta t\right) \\
d_{4} & =y_{n}+a_{41} \Delta t f\left(y_{n}, t_{n}\right)+a_{42} \Delta t f\left(d_{2}, t_{n}+c_{2} \Delta t\right)+a_{43} \Delta t f\left(d_{3}, t_{n}+c_{3} \Delta t\right) \\
& \vdots  \tag{21.40}\\
d_{m} & =y_{n}+\Delta t \sum_{\alpha=1}^{m-1} a_{m \alpha} f\left(d_{\alpha}, t_{n}+c_{\alpha} \Delta t\right) \\
y_{n+1} & =y_{n}+\Delta t \sum_{\alpha=1}^{m} b_{\alpha} f\left(d_{\alpha}, t_{n}+c_{\alpha} \Delta t\right)
\end{align*}
$$
\]

This set of formulae is commonly rewritten in the form

$$
\begin{align*}
k_{1} & =\Delta t f\left(y_{n}, t_{n}\right) \\
k_{2} & =\Delta t f\left(y_{n}+a_{21} k_{1}, t_{n}+c_{2} \Delta t\right) \\
k_{3} & =\Delta t f\left(y_{n}+a_{31} k_{1}+a_{32} k_{2}, t_{n}+c_{3} \Delta t\right) \\
k_{4} & =\Delta t f\left(y_{n}+a_{41} k_{1}+a_{42} k_{2}+a_{43} k_{3}, t_{n}+c_{4} \Delta t\right) \\
& \vdots \\
k_{m} & =\Delta t f\left(y_{n}+\sum_{\alpha=1}^{m-1} a_{m \alpha}, t_{n}+c_{m} \Delta t\right) \\
y_{n+1} & =y_{n}+\sum_{\alpha=1}^{m} b_{\alpha} k_{\alpha} \tag{21.41}
\end{align*}
$$

which is somewhat more efficient in terms of coding.
The coefficients for fairly low-order systems can be chosen by matching the Taylor expansions of these formulae with the exact Taylor expansion, just as in the second-order case. This is cumbersome, and more elegant methods are available for constructing high-order methods. ${ }^{3}$ Here we will just quote some results at fourth order, where there is a good compromise between complexity of the method and accuracy. One very popular method is the "classical" fourth-order Runge-Kutta method, which takes four intermediate steps and can be written explicitly as

$$
\begin{align*}
k_{1} & =\Delta t f\left(y_{n}, t_{n}\right) \\
k_{2} & =\Delta t f\left(y_{n}+\frac{k_{1}}{2}, t_{n}+\frac{\Delta t}{2}\right) \\
k_{3} & =\Delta t f\left(y_{n}+\frac{k_{2}}{2}, t_{n}+\frac{\Delta t}{2}\right) \\
k_{4} & =\Delta t f\left(y_{n}+k_{3}, t_{n}+\Delta t\right) \\
y_{n+1} & =y_{n}+\frac{k_{1}}{6}+\frac{k_{2}}{3}+\frac{k_{3}}{3}+\frac{k_{4}}{6} . \tag{21.42}
\end{align*}
$$

(classical fourth-order Runge-Kutta method)
Again, it is possible to choose the coefficients to not only cancel errors up to fourth order, but also to

[^270]minimize the coefficient of the $O\left(\Delta t^{5}\right)$ error term. ${ }^{4}$
\[

$$
\begin{align*}
k_{1} & =\Delta t f\left(y_{n}, t_{n}\right) \\
k_{2} & =\Delta t f\left(y_{n}+a_{21} k_{1}, t_{n}+c_{2} \Delta t\right) \\
k_{3} & =\Delta t f\left(y_{n}+a_{31} k_{1}+a_{32} k_{2}, t_{n}+c_{3} \Delta t\right) \\
k_{4} & =\Delta t f\left(y_{n}+a_{41} k_{1}+a_{42} k_{2}+a_{43} k_{3}, t_{n}+\Delta t\right) \\
y_{n+1} & =y_{n}+b_{1} k_{1}+b_{2} k_{2}+b_{3} k_{3}+b_{4} k_{4} . \tag{21.43}
\end{align*}
$$
\]

(fourth-order Runge-Kutta)
The coefficients for the time increments are the free parameters, and are given by

$$
\begin{align*}
& c_{2}=\frac{2}{5} \approx 0.4000000000000000 \\
& c_{3}=\frac{7}{8}-\frac{3 \sqrt{5}}{16} \approx 0.4557372542187894 \tag{21.44}
\end{align*}
$$

(fourth-order Runge-Kutta coefficients)
while the coefficients for the linear combination are

$$
\begin{align*}
& b_{1}=\frac{263+24 \sqrt{5}}{1812} \approx 0.1747602822626904 \\
& b_{2}=\frac{125(1-8 \sqrt{5})}{3828} \approx-0.5514806628787329 \\
& b_{3}=\frac{1024}{4869 \sqrt{5}-10038} \approx 1.2055355993965235 \\
& b_{4}=\frac{1}{9 / 2+3 / \sqrt{5}} \approx 0.1711847812195190 \tag{21.45}
\end{align*}
$$

(fourth-order Runge-Kutta coefficients)
and the coefficients for intermediate linear combinations of solutions are

$$
\begin{align*}
& a_{21}=\frac{2}{5} \\
& a_{31}=\frac{3(476 \sqrt{5}-963)}{1024} \approx 0.4000000000000000 \\
& a_{32}=\frac{5(757-324 \sqrt{5})}{1024} \approx 0.2969776092477536 \\
& a_{41}=\frac{2094 \sqrt{5}-3365}{6040} \approx 0.1587596449710358 \\
& a_{42}=-\frac{975+3046 \sqrt{5}}{2552} \approx-3.0509651486929308 \\
& a_{43}=\frac{32(14595+6374 \sqrt{5})}{240845} \approx 3.8328647604670103 . \tag{21.46}
\end{align*}
$$

(fourth-order Runge-Kutta coefficients)
This method produces an error bound about half that of the classical formula (21.42), though it takes somewhat more effort to program and a few extra arithmetic operations.

### 21.3.3 Implicit Runge-Kutta Methods

The Runge-Kutta methods we have considered so far are explicit. Looking for example at Eq. (21.40), the $m$ th intermediate solution $d_{m}$ only depends on the previous $d_{j}$ where $j<m$. Of course this constraint can

[^271]be relaxed, and each $d_{m}$ can depend on function evaluations at every other $d_{m}$. This generalization leads to implicit Runge-Kutta (Gauss-Legendre) methods. For example, the two-stage scheme
\[

$$
\begin{align*}
d_{1} & =y_{n}+a_{11} \Delta t f\left(y_{n}, t_{n}+c_{1} \Delta t\right)+a_{12} \Delta t f\left(d_{2}, t_{n}+c_{2} \Delta t\right) \\
d_{2} & =y_{n}+a_{21} \Delta t f\left(y_{n}, t_{n}+c_{1} \Delta t\right)+a_{22} \Delta t f\left(d_{2}, t_{n}+c_{2} \Delta t\right) \\
y_{n+1} & =y_{n}+b_{1} \Delta t f\left(d_{1}, t_{n}+c_{1} \Delta t\right)+b_{2} \Delta t f\left(d_{2}, t_{n}+c_{2} \Delta t\right) \tag{21.47}
\end{align*}
$$
\]

(two-stage implicit Runge-Kutta method)
with coefficients

$$
\begin{align*}
a_{11} & =\frac{1}{4} & a_{12} & =\frac{1}{4}-\frac{\sqrt{3}}{6} \\
a_{21} & =\frac{1}{4}+\frac{\sqrt{3}}{6} & a_{22} & =\frac{1}{4} \\
b_{1} & =\frac{1}{2} & b_{2} & =\frac{1}{2} \\
c_{1} & =\frac{1}{2}-\frac{\sqrt{3}}{6} & c_{2} & =\frac{1}{2}+\frac{\sqrt{3}}{6} \tag{21.48}
\end{align*}
$$

(fourth-order implicit Runge-Kutta coefficients)
turns out to have fourth-order accuracy. ${ }^{5}$ This seems more compact than the four-stage explicit Runge-Kutta methods above, but of course there is extra complexity associated with functional iteration or whatever is used to deal with the implicit equations. However, the implicit method should be more stable and robust than the explicit counterpart, and better able to deal with stiff problems.

### 21.3.4 Adaptive Stepping

An important concept in numerical integration is adaptive time stepping. The idea is that, along with estimating the solution, we can also estimate the error in the solution. Then, assuming we have some goal to achieve for the local accuracy (truncation error), or tolerance, we can perform a sort of feedback to the step size to just meet the specified tolerance. In other words, if the error is too large, then the step is rejected, and a smaller step is taken. If the error estimate is below tolerance, then the next time step is chosen to be larger, so that the desired accuracy is achieved with the minimum level of work.

This strategy has two main advantages. First, it removes the problem of choosing a sensible step size from the user, since the algorithm handles this automatically. This reduces potential for user error and wasted cpu cycles. More importantly, it may be that in some solutions, the nature of the solution may be continually in flux, with long steps appropriate during slowly varying intervals, and short steps necessary during periods of intense action. If the quiet intervals are large, the time savings gained by using an adaptive method can be substantial.

In the case of Runge-Kutta methods, the methods we have outlined don't already have an error estimate built in. Thus, we must do extra work. For example, after computing $y_{n+1}$ from $y_{n}$ by one RungeKutta step, we could recompute it using two half-steps, using the same algorithm. This is the strategy used, for example, in Richardson extrapolation (Section 23.3). However, the more common method used with Runge-Kutta integrators is to use two different methods of different order. A very popular choice is called the (explicit) Runge-Kutta-Fehlberg method, ${ }^{6}$ where a fourth-order and a fifth-order method are computed simultaneously on each time step, and the difference between the two acts as an estimate for the $O\left(\Delta t^{5}\right)$ truncation error of the fourth-order method. The Runge-Kutta-Fehlberg method cleverly arranges both methods to make use of the same set of function evaluations, to minimize the extra effort beyond the basic fourth-order method. Such methods are called embedded, because for example the fourth-order method is "embedded" within the fifth-order method. Because we know how the error scales, it is reasonably straightforward to decide how to rescale the step size to achieve the desired error tolerance.

[^272]Adjusting the time step is fairly straightforward with explicit Runge-Kutta methods, because the solution $y_{n+1}$ only depends on $y_{n}$. This property does not hold for the predictor-corrector methods below, and they are concomitantly much more complicated to code as adaptive-step methods.

The fixed-step Runge-Kutta methods are fairly straightforward to code, but the extra overhead involved with the adaptive methods makes them slightly more complicated to code. Fortunately, there are free, high-quality implementations available, such as RKSUITE on Netlib. ${ }^{7}$

Now the adaptive-step method will obviously generate a solution that is not uniformly sampled in time, whereas often a uniform sampling is desirable. There are two main ways to deal with this. One is to go ahead and generate the solution with nonuniform samples, and then use numerical interpolation (e.g., cubic splines) to transfer the solution to the desired set of sample times. Another popular method is to decide on the desired sample times in advance, and then call the integrator to evolve the solution forward from one sample time to the next. The integrator steps adaptively to the next time, and terminates at the desired output time by adjusting its final step to exactly hit the output time. The integrator subroutine is thus called once for each output time step (whereas in the former method, the integrator subroutine is called only once for the whole solution). The latter method is especially common in compiled languages (e.g., Fortran or C), as opposed to "canned" languages like Octave.

### 21.4 Multistep and Predictor-Corrector Methods

Another important class of higher-order numerical methods goes by the name of multistep methods. The idea is that, as in the Runge-Kutta methods, to achieve higher order you need to estimate the solution at multiple points in time. Runge-Kutta methods do this by estimating the solution at several intermediate times between $t$ and $t+\Delta t$. Multistep methods, however, use the additional points in the past, say at $t-\Delta t$, $t-2 \Delta t$, and so on, to achieve the higher order. We won't go into the derivation of these methods here, ${ }^{8}$ but for example, the second-order Adams-Bashforth method is

$$
\begin{equation*}
y_{n+1}=y_{n}+\Delta t\left[\frac{3}{2} f\left(y_{n}, t_{n}\right)-\frac{1}{2} f\left(y_{n-1}, t_{n-2}\right)\right] \tag{21.49}
\end{equation*}
$$

while the third-order method is

$$
\begin{equation*}
y_{n+1}=y_{n}+\Delta t\left[\frac{23}{12} f\left(y_{n}, t_{n}\right)-\frac{4}{3} f\left(y_{n-1}, t_{n-2}\right)+\frac{5}{12} f\left(y_{n-2}, t_{n-2}\right)\right] \tag{21.50}
\end{equation*}
$$

Common implicit versions of these methods are Adams-Moulton methods and backward differentiation formulae, which are better when improved stability is needed or when solving stiff problems.

Implementations of these methods can be complicated, especially in implementing adaptive-step versions. Since the next step may rely on several steps in the past, changing future time steps require either interpolating the past solution onto the new time grid or using much more complicated formulae that can handle nonuniform time steps. Further, imagine: how would you start a high-order multistep method, given only initial data $y\left(t_{0}\right)$ ? You could, for example step backwards using a low-order method (e.g., Euler) to generate the past steps. Sophisticated implementations start with the Euler method, and increase the order as the solution proceeds, adaptively choosing both the order of the method and the stepsize needed to maximize efficiency at the desired error tolerance.

Multistep methods find their biggest utility in predictor-corrector methods. The basic idea is to use two methods, one explicit and one implicit, such as an Adams-Bashforth and an Adams-Moulton method of the same order, and run them together. The explicit method (the predictor), generates the updated solution at the future time, which is then used as a starting point for iterating the implicit method (the corrector) to convergence. The difference between the two, or perhaps whether or not the iteration converges quickly enough, is used to determine whether or not the current step size is adequate. There are a number of different

[^273]strategies here, but these methods are again quite complicated to implement. Fortunately, high-quality, opensource integrators are available, such as the venerable ODEPACK ${ }^{9}$ and others ${ }^{10}$ at Netlib. These methods have the advantage of efficiently producing solutions of very high accuracy. However, they perform best on very smooth solutions. In cases where certain errors are involved in computing the derivative function (as when lookup tables are used), these methods may not perform so well. They may also not perform well in cases where the integrator must be restarted often, as when the solution has discontinuities (as in quantum-jump trajectories), since the restarting overhead can be substantial. In these cases it better to fall back to the less elegant but more robust Runge-Kutta methods.

### 21.5 Exercises

## Problem 21.1

An alternate definition of the limit of a function is as follows. We say

$$
\begin{equation*}
y=\lim _{x \rightarrow x_{0}} f(x) \tag{21.51}
\end{equation*}
$$

if for every $\epsilon>0$, there is a $\delta>0$ such that if $\left|x-x_{0}\right|<\delta$ then $\left|f(x)-f\left(x_{n}\right)\right|<\epsilon$. Essentially, this is saying that a sufficiently small perturbation to $x$ can make an arbitrarily small perturbation to $f(x)$. Show that this " $\epsilon-\delta$ " definition of the limit is equivalent to the definition in terms of limits of sequences.

[^274]
## Chapter 22

## Fourier Transforms

Fourier transforms are the basis for a number of powerful analytical tools for analyzing linear (and sometimes nonlinear) systems. But they are also important numerical tools, in part because they can be performed accurately and very efficiently. Knowing how to use them both analytically and numerically is a good way to get deep intuition into physical systems, in particular dynamical systems, and allows for the construction for sophisticated numerical analysis techniques.

There are numerous conventions for the Fourier transform, and we will discuss a few of them. For the sake of concreteness, we will consider the usual time-frequency convention for the Fourier transform $\mathscr{F}$ of a function $f(t)$

$$
\begin{equation*}
\mathscr{F}[f](\omega) \equiv \tilde{f}(\omega)=\int_{-\infty}^{\infty} f(t) e^{i \omega t} d t \tag{22.1}
\end{equation*}
$$

(Fourier-transform definition)
and the inverse Fourier transform

$$
\begin{equation*}
\mathscr{F}^{-1}[\tilde{f}](t) \equiv f(t)=\frac{1}{2 \pi} \int_{-\infty}^{\infty} \tilde{f}(\omega) e^{-i \omega t} d \omega \tag{22.2}
\end{equation*}
$$

(inverse-Fourier-transform definition)
We will then discuss adaptations to other normalization conventions.

### 22.1 Sampling Theorem

A critical aspect of the numerical computation of a Fourier transform is adapting the integral transform to a finite sample of the data. The sampling theorem provides the basis for doing this, especially for understanding the errors involved in doing so. To understand the sampling theorem, suppose that the spectrum of $f(t)$ has compact support- that is, suppose that $\tilde{f}(\omega)$ vanishes for $|\omega|>\omega_{\mathrm{c}}$, where $\omega_{\mathrm{c}}$ is some "cut-off frequency." Then defining the unit-rectangular-pulse function by

$$
\operatorname{rect}(t):=\left\{\begin{array}{lll}
1 & \text { if } & |t|<1 / 2  \tag{22.3}\\
1 / 2 & \text { if } & |t|=1 / 2 \\
0 & \text { if } & |t|>1 / 2
\end{array}\right.
$$

we can write the compact-support condition for the spectrum as

$$
\begin{equation*}
\tilde{f}(\omega)=\tilde{f}(\omega) \operatorname{rect}\left(\frac{\omega}{2 \omega_{\mathrm{c}}}\right) \tag{22.4}
\end{equation*}
$$

Recall (Section 17.1.2) that the convolution theorem for functions $f(t)$ and $g(t)$ reads

$$
\begin{equation*}
\mathscr{F}[f * g]=\mathscr{F}[f] \mathscr{F}[g], \tag{22.5}
\end{equation*}
$$

where "*" denotes the convolution operation

$$
\begin{equation*}
(f * g)(t):=\int_{-\infty}^{\infty} f\left(t^{\prime}\right) g\left(t-t^{\prime}\right) d t^{\prime} \tag{22.6}
\end{equation*}
$$

We will also later need the frequency-domain version, which reads

$$
\begin{equation*}
\mathscr{F}^{-1}[\tilde{f} * \tilde{g}]=2 \pi \mathscr{F}^{-1}[\tilde{f}] \mathscr{F}^{-1}[\tilde{g}] \tag{22.7}
\end{equation*}
$$

for frequency-domain functions $\tilde{f}(\omega)$ and $\tilde{g}(\omega)$, where the extra factor of $2 \pi$ is due to the same factor in the inverse transform (22.2). Applying the original form (22.5) of the convolution theorem to the compactsupport condition (22.4), we may write

$$
\begin{equation*}
f(t)=\frac{\omega_{\mathrm{c}}}{\pi} \operatorname{sinc} \omega_{\mathrm{c}} t * f(t) \tag{22.8}
\end{equation*}
$$

(prelude to sampling theorem)
where $\operatorname{sinc} x:=\sin x / x$, and we have used the inverse Fourier transform

$$
\begin{equation*}
\mathscr{F}^{-1}[\operatorname{rect}(\omega)]=\frac{1}{2 \pi} \operatorname{sinc}(t / 2) \tag{22.9}
\end{equation*}
$$

Thus, we see that $f(t)$ is an invariant under convolution with the sinc function.

### 22.1.1 Critical Sampling

Now suppose we discretely sample the function $f(t)$ at uniform time intervals $\Delta t$. That is, we represent $f(t)$ by the countable set of values

$$
\begin{equation*}
f_{j}:=f(j \Delta t)=f\left(t_{j}\right) \tag{22.10}
\end{equation*}
$$

where the sample times are $t_{j}=j \Delta t$. In particular, suppose that we represent the function $f(t)$ by the weighted comb function

$$
\begin{equation*}
f^{(\Delta t)}(t):=\sum_{j=-\infty}^{\infty} f_{j} \Delta t \delta(t-j \Delta t) \tag{22.11}
\end{equation*}
$$

This is a function that (1) is determined only by the samples $f_{j}$, and (2) has the same coarse-grained area as $f(t)$, at least to $O\left(\Delta t^{2}\right)$. To compute the Fourier transform of this function, note that we may rewrite it as the product of $f(t)$ and the usual comb function:

$$
\begin{equation*}
f^{(\Delta t)}(t)=f(t) \Delta t \sum_{j=-\infty}^{\infty} \delta(t-j \Delta t) \tag{22.12}
\end{equation*}
$$

Now using the fact that the Fourier transform of a comb function is a comb function,

$$
\begin{equation*}
\mathscr{F}\left[\sum_{j=-\infty}^{\infty} \delta(t-j \Delta t)\right]=\frac{2 \pi}{\Delta t} \sum_{j=-\infty}^{\infty} \delta\left(\omega-\frac{2 \pi j}{\Delta t}\right) \tag{22.13}
\end{equation*}
$$

we can use the convolution theorem in the form (22.7) to write the Fourier transform of $f^{(\Delta t)}(t)$ as the convolution of $\tilde{f}(\omega)$ with a comb function:

$$
\begin{equation*}
\tilde{f}^{(\Delta t)}(\omega)=\tilde{f}(\omega) *\left[\sum_{j=-\infty}^{\infty} \delta\left(\omega-\frac{2 \pi j}{\Delta t}\right)\right] \tag{22.14}
\end{equation*}
$$

This spectrum is periodic in frequency due to convolution with the comb function. Now suppose we choose the sampling interval $\Delta t$ such that it is determined by the cut-off frequency by

$$
\begin{equation*}
\omega_{\mathrm{c}}=\frac{\pi}{\Delta t} \tag{22.15}
\end{equation*}
$$

Then

$$
\begin{equation*}
\tilde{f}^{(\Delta t)}(\omega)=\tilde{f}(\omega) *\left[\sum_{j=-\infty}^{\infty} \delta\left(\omega-2 \omega_{\mathrm{c}} j\right)\right], \tag{22.16}
\end{equation*}
$$

and we see that now the spacing between the "teeth" of the comb function is $2 \omega_{c}$, the same as the width of the (two-sided) spectrum $\tilde{f}(\omega)$. This means that, provided we are interested in the range $|\omega|<\omega_{\mathrm{c}}$, only one of the delta functions effectively contributes (in particular, $j=0$ ), and thus

$$
\begin{equation*}
\tilde{f}^{(\Delta t)}(\omega)=[\tilde{f} * \delta](\omega)=\tilde{f}(\omega) \quad\left(|\omega|<\omega_{\mathrm{c}}\right) \tag{22.17}
\end{equation*}
$$

Another way to state this is that for any frequency, $\omega$, the spectra satisfy

$$
\begin{equation*}
\tilde{f}^{(\Delta t)}(\omega) \operatorname{rect}\left(\frac{\omega}{2 \omega_{\mathrm{c}}}\right)=\tilde{f}(\omega) \operatorname{rect}\left(\frac{\omega}{2 \omega_{\mathrm{c}}}\right)=\tilde{f}(\omega) \tag{22.18}
\end{equation*}
$$

(equivalence of sample-reconstructed and original spectra)
Thus, we see that the Fourier transforms of $f(t)$ and $f^{(\Delta t)}(t)$ are the same. In other words, the samples $f_{j}$, where the sampling interval satisfies the condition (22.15) for critical sampling of the signal, are sufficient to completely reconstruct the spectrum $\tilde{f}(\omega)$, and thus the original function $f(t)$. This is essentially the content of the sampling theorem, without going into the precise conditions for its validity (as is usual in a physicist's treatment of the subject).

Of course, what this means is that a function whose spectrum has compact support is in some sense a very special function. However, so long as the weight of an arbitrary spectrum is very small outside the range $\left(-\omega_{c}, \omega_{c}\right)$, the error in the reconstruction of the spectrum is correspondingly very small. The other situation in which this works is if the spectrum $\tilde{f}(\omega)$ is periodic in $\omega$, since we can see from Eq. (22.16) that the reconstructed spectrum is periodic with period $2 \omega_{\mathrm{c}}$. This makes sense, as we know from Fourier theory that a function that is either defined on a bounded interval or is periodic can be represented by a Fourier series, rather than a Fourier transform. Thus, in writing down Eq. (22.11), we have essentially written down the Fourier series for $\tilde{f}(\omega)$, but in the language of a Fourier transform.

### 22.1.2 Reconstruction

The sampling theorem also provides a direct way to "reconstruct" the original function from its samples. We assume the spectrum has compact support-otherwise, a periodic spectrum implies that the modulated comb (22.11) is in fact the true form of $f(t)$-and then combine the compact-support condition (22.4) with the reconstructed-spectrum condition (22.18) to write

$$
\begin{equation*}
\tilde{f}(\omega)=\tilde{f}^{(\Delta t)}(\omega) \operatorname{rect}\left(\frac{\omega}{2 \omega_{\mathrm{c}}}\right) \tag{22.19}
\end{equation*}
$$

Using the convolution theorem (22.5), we can thus write the inverse transform of this equation as

$$
\begin{equation*}
f(t)=f^{(\Delta t)}(t) *\left[\frac{\omega_{\mathrm{c}}}{\pi} \operatorname{sinc}\left(\omega_{\mathrm{c}} t\right)\right] \tag{22.20}
\end{equation*}
$$

where we have again used the inverse Fourier transform (22.9). Writing this out in terms of the samples,

$$
\begin{equation*}
f(t)=\sum_{j=-\infty}^{\infty} f_{j} \Delta t \frac{\omega_{\mathrm{c}}}{\pi} \delta\left(t-t_{j}\right) * \operatorname{sinc}\left(\omega_{\mathrm{c}} t\right) \tag{22.21}
\end{equation*}
$$

Again using the critical-sampling condition (22.15) and carrying out the convolution, this relation becomes the Whittaker-Shannon sampling interpolation formula: ${ }^{1}$

$$
\begin{equation*}
f(t)=\sum_{j=-\infty}^{\infty} f_{j} \operatorname{sinc}\left[\omega_{\mathrm{c}}\left(t-t_{j}\right)\right]=\sum_{j=-\infty}^{\infty} f_{j} \operatorname{sinc}\left[\pi\left(t-t_{j}\right) / \Delta t\right] \tag{22.22}
\end{equation*}
$$

(Whittaker-Shannon sampling interpolation formula)

[^275]The sinc functions are used to interpolate the function between the samples, and again, if the signal is bandwidth-limited and critically sampled, this reconstruction formula is exact. Note that the function $\operatorname{sinc}\left[\omega_{\mathrm{c}}\left(t-t_{j}\right)\right]$ is zero for any $t_{k}$ where $j \neq k$, and is unity at $t_{j}$, so the construction is obviously correct at the sample times. What is less obvious is the exactness of the formula between the sample times.

### 22.2 Discrete Fourier Transform

Any real-world numerical calculation of a Fourier transform will obviously require operations on finite data sets. By sampling the temporal signal, we have reduced the information from a function $f(t)$ on an uncountable set to a function $f_{j}$ on a countable (discrete) set, but we must further reduce the information to a finite set. Of course, since sampling implied a spectrum of finite width, we can obtain a finite set simply by also sampling the frequency spectrum to obtain samples $\tilde{f}_{k}=\tilde{f}(k \Delta \omega)$ of the frequence spectrum at uniform frequency intervals $\Delta \omega$. This is equivalent to a truncation of the time samples, so that the time samples only occur within some frequency interval. Again, this will amount to the assumption that the temporal signal is either a pulse with compact support, or that it is periodic.

When time and frequency are both sampled, we can use the arguments above to impose constraints on the sample intervals and ranges. For example, as above, when the signal is temporally sampled with $N$ points with interval $\Delta t$, we may regard the signal as extending from $t=0$ to $t=2 t_{\text {max }}$, where

$$
\begin{equation*}
t_{\max }=\frac{N}{2} \Delta t \tag{22.23}
\end{equation*}
$$

Note the factor of 2 here, since the sampling in both time and frequency imply the assumption that the sampled function $f(t)$ is periodic. Thus, we can also regard the signal as extending from $t=-t_{\max }$ to $t=t_{\max }$, which is why we have set up our notation this way. The sampling interval $\Delta t$, from our arguments in the last section, implies a maximum frequency

$$
\begin{equation*}
\omega_{\max }=\frac{\pi}{\Delta t} \tag{22.24}
\end{equation*}
$$

which is called the Nyquist frequency, or the largest frequency that is critically sampled. Thus, the spectrum extends in frequency from $\omega=-\omega_{\max }$ to $\omega=\omega_{\max }$. To have the same information, there will also be $N$ samples in frequency, $N / 2$ of which correspond to the range from $\omega=0$ to $\omega_{\max }$, so that the frequency-sampling interval is

$$
\begin{equation*}
\Delta \omega=\frac{2 \omega_{\max }}{N}=\frac{2 \pi}{N \Delta t}=\frac{\pi}{t_{\max }} \tag{22.25}
\end{equation*}
$$

Thus, given the two free parameters, the total time $2 t_{\text {max }}$ for the sample and the total number of samples $N$, the above three formulae give the rest of the discretization parameters $\Delta t, \Delta \omega$, and $\omega_{\max }$.

To avoid all these details of time and frequency scales, the discrete Fourier transform (DFT) is defined to have the simple dimensionless form

$$
\begin{equation*}
F_{k}=\sum_{j=0}^{N-1} f_{j} e^{2 \pi i j k / N} \tag{22.26}
\end{equation*}
$$

(discrete Fourier transform)
and essentially amounts to multiplying the $f_{j}$ vector by the matrix $\exp (2 \pi i j k / N)$. The inverse of this transform will obviously have the opposite sign in the exponential:

$$
\hat{f}_{j}=\sum_{k=0}^{N-1} F_{k} e^{-2 \pi i j k / N}
$$

(discrete inverse Fourier transform, unscaled) (22.27)
However, this transformation does not exactly invert the DFT, because the inverted numbers are a factor of $N$ larger than the originals,

$$
\begin{equation*}
\hat{f}_{j}=N f_{j} . \tag{22.28}
\end{equation*}
$$

This follows from the identity

$$
\begin{equation*}
\sum_{k=0}^{N-1} e^{2 \pi i j k / N} e^{-2 \pi i j^{\prime} k / N}=N \delta_{j j^{\prime}} \tag{22.29}
\end{equation*}
$$

which is obvious for $j=j^{\prime}$, and in the case $j \neq j^{\prime}$ can be seen to vanish because the left-hand side amounts to a sum over all $N$ th roots of unity. Thus, the inverse DFT is often defined with this factor of $N$ :

$$
\begin{equation*}
f_{j}=\frac{1}{N} \sum_{k=0}^{N-1} F_{k} e^{-2 \pi i j k / N} \tag{22.30}
\end{equation*}
$$

(discrete inverse Fourier transform, scaled) Unfortunately, there is no standard convention over which inverse, (22.27) or (22.30) is implemented as the "inverse Fourier transform." The unnormalized form (22.27) is commonly implented in low-level languages such as Fortran and C (a sensible choice since the user usually needs to multiply by extra normalization factors anyway), while the "normalized" inverse transform (22.30) is implemented in MATLAB and Octave. For any particular implementation of the DFT, you should consult the documentation, or just test the DFT, followed by an inverse DFT, on an array of ones to see if you get back the array with an extra factor of $N$, or if you get back the original array.

To map our desired integral Fourier transforms onto the above DFTs, we start by writing down the truncated form for the approximation (22.12) for $f(t)$, corresponding to $N$ samples:

$$
\begin{equation*}
f^{(\Delta t, N)}(t)=f(t) \Delta t \sum_{j=0}^{N-1} \delta(t-j \Delta t) \tag{22.31}
\end{equation*}
$$

The sum could equally well run over positive and negative times, since the function is effectively assumed to be periodic anyway. Now putting this into the Fourier-transform formula (22.1), we find

$$
\begin{align*}
\tilde{f}(\omega) & \approx \int_{-\infty}^{\infty} f^{(\Delta t, N)}(t) e^{i \omega t} d t \\
& =\int_{-\infty}^{\infty} f(t) \Delta t \sum_{j=0}^{N-1} \delta\left(t-t_{j}\right) e^{i \omega t} d t  \tag{22.32}\\
& =\sum_{j=0}^{N-1} f\left(t_{j}\right) e^{i \omega t_{j}} \Delta t
\end{align*}
$$

The last expression is the usual discrete approximation for an integral, applied to the Fourier integral. The approximation formula usually has $O\left(\Delta t^{2}\right)$ error, but in view of the sampling theorem, the error is really due just to the truncation, and can thus be much smaller than $O\left(\Delta t^{2}\right)$, as we will discuss below. In particular, at the $N$ frequencies $\omega_{k}=k \Delta \omega$,

$$
\begin{equation*}
\tilde{f}_{k} \equiv \tilde{f}\left(\omega_{k}\right)=\sum_{j=0}^{N-1} f_{j} e^{i \omega_{k} t_{j}} \Delta t \tag{22.33}
\end{equation*}
$$

Noting that from Eq. (22.25), $t_{j} \omega_{k}=j k \Delta t \Delta \omega=2 \pi j k / N$.

$$
\begin{equation*}
\tilde{f}_{k} \equiv \tilde{f}\left(\omega_{k}\right)=\Delta t \sum_{j=0}^{N-1} f_{j} e^{2 \pi i j k / N} \tag{22.34}
\end{equation*}
$$

Thus, apart from the factor of $\Delta t$, we have exactly that the DFT formula (22.26) approximates the Fourier integral, in the sense that

$$
\begin{equation*}
\tilde{f}_{k}=F_{k} \Delta t \tag{22.35}
\end{equation*}
$$

(DFT as approximation to Fourier integral)
so that we must multiply by $\Delta t$ after applying the DFT to obtain the approximation to the Fourier integral.

Similarly, if we adapt the inverse transform (without the factor of $N$ ) to the spectrum samples $\tilde{f}_{k}$, we find

$$
\begin{equation*}
f_{j}=\frac{\Delta \omega}{2 \pi} \sum_{k=0}^{N-1} \tilde{f}_{k} e^{-2 \pi i j k / N} \tag{22.36}
\end{equation*}
$$

That is, putting in the $\tilde{f}_{k}$ for the $F_{k}$ in the inverse DFT formula (22.27), the actual inverse transform samples are given by multiplying the results of the inverse DFT by $\Delta \omega$ :

$$
\begin{equation*}
f_{j}=\hat{f}_{j} \frac{\Delta \omega}{2 \pi} \tag{22.37}
\end{equation*}
$$

(inverse DFT as approximation to Fourier integral)
Of course, the factor of $2 \pi$ here is the same factor in the inverse Fourier integral (22.2).

### 22.2.1 Periodicity and Transform Ordering

One thing that should be clear from the above expressions is that the zero-frequency and zero-time components ( $\tilde{f}_{0}$ and $f_{0}$, respectively) occur at the beginning of their respective arrays. This may seem odd, as the frequency spectrum has both positive and negative frequencies. Of course, the frequency spectrum is assumed by the DFT to be periodic with period $2 \omega_{\max }$, which corresponds to a shift by $N$ in the index. Thus, rather than thinking of the ordering

$$
\begin{equation*}
\tilde{f}_{0}, \tilde{f}_{1}, \ldots, \tilde{f}_{N-1} \tag{22.38}
\end{equation*}
$$

where again $\tilde{f}_{j}=\tilde{f}\left(\omega_{j}\right)=\tilde{f}(j \Delta \omega)$, we can recognize that the right half of the array is "wrapped," and thus we may regard the elements in the same order as

$$
\begin{equation*}
\tilde{f}_{0}, \tilde{f}_{1}, \ldots, \tilde{f}_{N / 2-1}, \tilde{f}_{-N / 2}, \tilde{f}_{-N / 2+1}, \ldots, \tilde{f}_{-2}, \tilde{f}_{-1} \tag{22.39}
\end{equation*}
$$

Here, we have implicitly assumed that $N$ is even, which is almost always the case in practice. It is often convenient to have the zero frequency actually in the center of the array, in which case we simply swap the left and right halves of the array to obtain

$$
\begin{equation*}
\tilde{f}_{-N / 2}, \tilde{f}_{-N / 2+1}, \ldots, \tilde{f}_{-2}, \tilde{f}_{-1}, \tilde{f}_{0}, \tilde{f}_{1}, \ldots, \tilde{f}_{N / 2-1} \tag{22.40}
\end{equation*}
$$

Note the asymmetry here, since $f_{-N / 2}$ appears at the left boundary, while $f_{N / 2-1}$ appears at the right. However, the $N$-periodic nature of the discrete spectrum means that $\tilde{f}_{N / 2}=\tilde{f}_{-N / 2}$, so in principle we can copy the left boundary onto the right boundary.

The same ordering comments apply to the temporal signal. A straight signal out of your digital sampling oscilloscope would have the form

$$
\begin{equation*}
f_{0}, f_{1}, \ldots, f_{N-1} \tag{22.41}
\end{equation*}
$$

where again $f_{j}=\tilde{f}\left(t_{j}\right)=\tilde{f}(j \Delta t)$. Of course, you can just plug this into the DFT formula and then get a spectrum of the form (22.38). On the other hand, you might have something like a correlation function that satisfies $g(-\tau)=g^{*}(\tau)$, in which case it would be nice to impose this constraint explicitly by including the negative-time values. This is also easy to do, since the temporal array is also $N$-periodic (with period $N \Delta t=2 t_{\text {max }}$ in time), so that the same array can be interpreted as

$$
\begin{equation*}
f_{0}, f_{1}, \ldots, f_{N / 2-1}, f_{-N / 2}, f_{-N / 2+1}, \ldots, f_{-2}, f_{-1} \tag{22.42}
\end{equation*}
$$

For the correlation function, then we would impose the constraint $f_{-N}=f_{N}^{*}$. You can also swap the left and right halves to get a properly time-ordered array after all the DFT operations are done, and again it is still true that $f_{N / 2}=f_{-N / 2}$.

### 22.3 Aliasing

As we can see from the sampling theorem, the only error that we are introducing here is the fact that we are assuming $f(t)$ and $\tilde{f}(\omega)$ both have compact support (or equivalently, are periodic). If both had compact support, the DFT would be exact (at least up to rounding errors, if the DFT is performed on a computer). However, very few functions have compact support in both the time and frequency domain: remember that having compact support in one domain is equivalent to convolution with a sinc function in the other, and $\operatorname{sinc} x$ only falls off like $1 / x$. Thus, the set of all functions for which the DFT can be exact is the set of all functions on a compact domain whose Fourier series are eventually zero (i.e., truncated). This set is obviously of zero measure in the space of all functions that we would want to transform.

So, then, what is the error associated with the DFT? For a general time signal $f(t)$ sampled with time interval $\Delta t$, in general the true spectrum $\tilde{f}(\omega)$ will have some contributions beyond the Nyquist frequency $\omega_{\max }$. Since the frequency spectrum is assumed by the DFT to be periodic with period $2 \omega_{\max }$, the parts beyond $\omega_{\max }$ are spuriously "folded" into the computed spectrum. This effect is illustrated here for a Gaussian spectrum centered at $\omega=0$.


Another way to see why this must be is that the DFT (22.26) is a unitary transformation on $N$ points (except for the factor $N^{-1 / 2}$ ), and thus the total power of the sampled time signal must be equivalent to the total power of the sampled frequency spectrum - the discrete form of Parseval's theorem-whether or not the spectrum "fits" within the range $\pm \omega_{\max }$. Yet another good way to visualize this is to look at a harmonic wave that is not critically sampled. Recall that a frequency is critically sampled if it is sampled at least twice per period. However, if the sampling is below the critical rate, the samples will be indistinguishable from those from a lower-frequency harmonic wave (not to mention an infinity of yet higher-frequency harmonic waves).


This problem even occurs in the time domain in the laboratory on digital sampling oscilloscopes: if you're measuring a fast sin wave on such a scope, and you're seeing a wave with a frequency way lower than you expect, try cranking the "time/div" knob to see if you get a more appropriate (non-aliased) signal on a faster time scale. (Incidentally, this is the same effect that makes vibrating objects appear to be stationary or oscillate slowly with a strobe light, or that makes spinning wheels, propellers, and helicopter blades appear to precess slowly or even backwards on film or television. ${ }^{2}$ ) Of course, the same comments apply to starting off with a frequency spectrum, and then using the inverse DFT to obtain a time signal (say, a correlation function): aliasing can still occur in the time domain.

The point of all this is, to get accurate results with the DFT, say, when you are computing the spectrum of a pulse, you must pick your time grid such that the pulse and the spectrum fit well within $2 t_{\max }$ and $2 \omega_{\max }$, respectively. That is, near the outer boundaries of the $\omega$ and $t$ grids, the signals in both domains should have fallen very close to zero, so you can neglect the power that falls outside the boundaries. Sometimes, you want to compute the DFT of a signal that doesn't fall off, such as a stationary, fluctuating signal. In this case you should still choose an appropriate sampling rate to avoid spectral aliasing, and realize that there

[^276]may be some artifacts if the signal is not exactly periodic (as when sampling a sin wave, when the length of the sample does not match the period of the wave). The artifacts should be minor, however, so long as the sampling time is long compared to the correlation time of the signal.

### 22.4 Fast Fourier Transform

A main reason why the DFT is such an important computational tool is that it can be done so efficiently. From the DFT formulae (22.26) and (22.27), the DFT can be viewed as a multiplication of a matrix and a vector, and so for an array of length $N$, the computational effort (number of multiplications) should be $O\left(N^{2}\right)$. However, using a class of algorithms called Fast Fourier Transforms (FFTs) can do the same calculation in only $O(N \log N)$ operations. By far the most common algorithms are specific to the case where $N$ is a power of 2 , in which case the operation count is $O\left(N \log _{2} N\right)$. Note that it is generally best to stick with these power-of-2 algorithms, and just live with this constraint on $N$ : your data arrays can generally be interpolated or padded with zeros to get an appropriate array length. This savings in computational effort is huge: on the computer I'm typing on right now, an FFT of a half-million $\left(524288=2^{19}\right)$, 64-bit data points takes about 0.3 s . Using the scalings above, a direct implementation of the DFT formula would take on the order of 2.4 hours for the same calculation! You might think that a couple of hours isn't so bad, but it is common for many FFTs to be needed in a single calculation. Also, because of the reduced operations count, round-off error does not accumulate nearly as much as in the straight DFT, and FFT algorithms are generally highly accurate. The FFT algorithms are so important that "FFT" is commonly used in place of "DFT."

The first FFT algorithm dates back to Gauss in 1805, but was not widely known until it was rediscovered by Cooley and Tukey ${ }^{3}$ in 1965 (the Cooley-Tukey algorithm is a recursive method and remains a popular algorithm). ${ }^{4}$ Many other algorithms beyond the Cooley-Tukey method are possible. We will not go into the details of various FFT algorithms, ${ }^{5}$ since different implementations have different advantages, especially regarding accuracy and execution time on different architectures. ${ }^{6}$ In this case, it is generally best to stick to algorithms written by specialists for reliability and good performance. Compiler vendors often provide highly optimized versions, but otherwise FFTPACK ${ }^{7}$ and FFTW $^{8}$ are well-known libraries.

### 22.5 Conventions

We have seen above how to use the general DFT formulae to construct numerical approximations to Fourier integral transforms. But keeping track of all the different sign, normalization, and ordering conventions can be a pain, so we go through a few examples here, considering bits of pseudocode appropriate for MATLAB/Octave and Fortran 90/95. For MATLAB/Octave we will consider the built-in functions fft and ifft, which implement the formulae (22.26) and (22.30), respectively. In Fortran, we will use a fictitious (but typical) subroutine fft (isign, data), where data is the data array (both input and output), and isign specifies the sign of the transform exponent, so that isign=1 specifies the "forward" transform (22.26), while isign=-1 specifies the inverse transform (22.27). We will only consider one-dimensional transforms

[^277]here, since the generalization to higher dimensions is reasonably obvious.

### 22.5.1 Temporal Signals

The simplest case we will consider is computing the power spectrum $|\tilde{f}(\omega)|^{2}$ of a temporal signal $f(t)$. The DFT formula (22.26) is easily adapted to this case for computing $\tilde{f}(\omega)$, since we simply need to multiply by $\Delta t$ to obtain the correct scaling:

$$
\begin{equation*}
\tilde{f}_{k}=F_{k} \Delta t=\left[\sum_{j=0}^{N-1} f_{j} e^{2 \pi i j k / N}\right] \Delta t \tag{22.43}
\end{equation*}
$$

The resulting spectrum array will have its zero frequency component first, with the negative frequencies in the last half of the array. The negative frequencies can be discarded in the power spectrum, since they will just be a mirror reflection of the positive frequencies. In the MATLAB/Octave code below, we simply compute the Fourier transform of the signal array sig of length $N$, and multiply by dt. The result is stored in the array pwrspec (also of length N ), and after the negative frequencies are discarded, the result is stored in pwrspectrunc, which is of length $N / 2$. A frequency grid $w$ is also generated for illustration, using Eqs. (22.23)-(22.25), so that the resulting array could be plotted with plot(w, pwrspectrunc, '-').

```
% dt is the time sampling interval
pwrspec = fft(sig) * dt;
pwrspectrunc = abs(pwrspec(1:N/2))^2;
% w is the vector of frequencies
wmax = pi/dt;
dw = 2*wmax/N;
w = (0:dw:(wmax-dw))';
```

Below is the equivalent code in Fortran 90/95. Note that the variable declarations are not included, but some things to note: wp is a parameter declaring the floating-point precision (e.g., declare as

```
integer, parameter :: wp = selected_real_kind(p=14)
```

for double precision on IEEE machines); sig is a real (kind=wp) array of length $N$, pwrspec is a complex (kind=wp) array of length $N$, pwrspectrunc and w are real (kind=wp) arrays of length $N / 2$, and note the trick of using $\pi=4 \tan ^{-1}(1)$.

```
! dt is the time sampling interval
pwrspec(1:N) = sig(1:N)
call fft( 1, pwrspec)
pwrspectrunc(1:N/2) = abs(pwrspec(1:N/2) * dt)**2
! w is the vector of frequencies
pi = atan(1.0_wp)*4
wmax = pi/dt
dw = 2*wmax/N
w = (/ (real(j,kind=wp)*dw, j=0,N/2-1) /)
```

Typically then the values w and pwrspectrunc would then be dumped to a file or standard output for further processing.

In either case, to be accurate and avoid artifacts, the length of the sample of $f(t)$ should be well beyond the correlation time. This could be checked, for example, by computing the correlation function from the power spectrum (see below) and verifying that it decays to zero before the array ends.

### 22.5.2 Temporal Correlation Functions

As a more complicated example, suppose you have computed a correlation function $g(\tau)$ for $\tau \geq 0$, and now want to compute the corresponding power spectrum. Your data array is of length $N$. Before starting, to
minimize artifacts it is useful to "enforce" the periodicity by pasting the complex-conjugated mirror image of the correlation function onto the end of the array, to obtain a "periodic" array of length $2 N$. (There should be no discontinuity at the pasting point in the middle of the new array, because the samples should have decayed to zero by then.) Note one subtlety: we should paste all the original samples except the $t=0$ sample, since we don't want to duplicate it, and this requires pasting in an extra zero. That's because the new array should be $2 N$-periodic, and so the $t=0$ (first) element should repeat in the $(2 N+1)$ th place. Again, we can adapt the DFT formula (22.26) for this purpose,

$$
\begin{equation*}
\tilde{g}_{k}=G_{k} \Delta t=\left[\sum_{j=0}^{2 N-1} f_{j} e^{2 \pi i j k / 2 N}\right] \Delta \tau \tag{22.44}
\end{equation*}
$$

so that again after computing the DFT we simply multiply by $\Delta \tau$. Note that we have $2 N$ in place of the usual $N$, since we have doubled the array length before the transform. Also, to center the dc component in the middle of the array, we swap the two halves of the transform with the fftshift function. To recover the correlation function from the power spectrum samples $\tilde{g}_{k}$, we adapt the inverse DFT formula (22.30)

$$
\begin{equation*}
g_{j}=\left[\frac{1}{2 N} \sum_{k=0}^{2 N-1} \tilde{g}_{k} e^{-2 \pi i j k / 2 N}\right] \frac{2 N \Delta \omega}{2 \pi} . \tag{22.45}
\end{equation*}
$$

The difference here is that we need to multiply by $\Delta \omega$ instead of $\Delta \tau$ for the frequency integral, undo the factor of $2 N$ in the inverse DFT, and divide by $2 \pi$ for the time-frequency normalization convention of Eq. (22.2). This is the proper approach in MATLAB/Octave, where the ifft function implements the bracketed transform in Eq. (22.45).

```
% dtau is the time sampling interval
gext = [g(1:N); 0; conj(g((N-1):-1:1))];
pwrspec = fftshift(fft(gext)) * dtau;
% w is the vector of frequencies
wmax = pi/dtau;
dw = 2*wmax/(2*N);
w = (-wmax:dw:(wmax-dw))';
% to recover g from pwrspec
gext = ifft(fftshift(pwrspec))*2*N*dw/(2*pi);
g = gext(1:N);
```

In Fortran $90 / 95$, though, typical implementations leave out the factor of $2 N$, so we are performing an inverse DFT as in Eq. (22.27):

$$
\begin{equation*}
g_{j}=\left[\sum_{k=0}^{2 N-1} \tilde{g}_{k} e^{-2 \pi i j k / 2 N}\right] \frac{\Delta \omega}{2 \pi} . \tag{22.46}
\end{equation*}
$$

Thus, we need not multiply by $2 N$ after the DFT. Also, note that swapping the two halves of the frequency array is conveniently performed with the Fortran intrinsic cshift (cyclic array shift, specifically for half the array length).

```
! dtau is the time sampling interval
pwrspec = 0
pwrspec(1:N) = g(1:N)
pwrspec(N+2:2*N) = conjg(g(N-1:1:-1))
call fft( 1, pwrspec)
pwrspec = cshift(pwrspec, N) * dtau
! w is the vector of frequencies
pi = atan(1.0_wp)*4
wmax = pi/dtau
```

```
dw = 2*wmax/ (2*N)
w = (/ (real(j-N,kind=wp)*dw, j=0,2*N-1) /)
! to recover g from pwrspec (destroys pwrspec in the process)
pwrspec = cshift(pwrspec, N)
call fft(-1, pwrspec)
g(1:N) = pwrspec(1:N) * dw / (2*pi)
```

In the above code, pwrspec and g are complex (kind=wp) arrays of length 2 N , unless you are using an FFT routine especially adapted for real inputs and outputs.

### 22.5.3 Standard Frequency

Often in DFT applications, we will want to deal with the standard frequency $\nu$ instead of the angular frequency $\omega=2 \pi \nu$, in which case the alternate Fourier transform becomes

$$
\begin{equation*}
\bar{f}(\nu)=\int_{-\infty}^{\infty} f(t) e^{i 2 \pi \nu t} d t \tag{22.47}
\end{equation*}
$$

and the inverse Fourier transform becomes

$$
\begin{equation*}
f(t)=\int_{-\infty}^{\infty} \bar{f}(\nu) e^{-i 2 \pi \nu t} d t \tag{22.48}
\end{equation*}
$$

That is, there is no longer the factor of $1 / 2 \pi$ scaling the inverse transform, and now there are explicit factors of $2 \pi$ in the exponents. Everything is the same as in the $\omega-t$ convention, except the Nyquist frequency is now

$$
\begin{equation*}
\nu_{\max }=\frac{\omega_{\max }}{2 \pi}=\frac{1}{2 \Delta t} \tag{22.49}
\end{equation*}
$$

and the frequency-sampling interval is

$$
\begin{equation*}
\Delta \nu=\frac{\Delta \omega}{2 \pi}=\frac{\omega_{\max }}{\pi N}=\frac{1}{N \Delta t}=\frac{1}{2 t_{\max }} \tag{22.50}
\end{equation*}
$$

Other than these changes in the frequency grid, the only other difference in the above code snippets is that the division by $2 \pi$ after the inverse DFT should be omitted.

### 22.5.4 Wave Functions

To transform a wave function between position and momentum space-as is useful, for example, in implmenting split-operator methods for evolving the Schrödinger equation, as in Chapter 23-the conventions are a bit different than for time and frequency. To compute the Fourier transform of $\psi(x)$ to obtain the momentum-space version $\phi(p)$, the integral is

$$
\begin{equation*}
\phi(p)=\frac{1}{\sqrt{2 \pi \hbar}} \int_{-\infty}^{\infty} \psi(x) e^{-i p x / \hbar} d x \tag{22.51}
\end{equation*}
$$

while the inverse Fourier transform is

$$
\begin{equation*}
\psi(x)=\frac{1}{\sqrt{2 \pi \hbar}} \int_{-\infty}^{\infty} \phi(p) e^{i p x / \hbar} d p \tag{22.52}
\end{equation*}
$$

Note the symmetric normalization and the presence of the extra $\hbar$. Furthermore, the $x=0$ and $p=0$ components are generally at the center of the wave-function arrays, so the array halves must be swapped both before and after the transform. We can adapt the inverse DFT (22.30) for the Fourier transform here, because of the opposite sign convention of the phase factors,

$$
\begin{equation*}
\phi_{k}=\left[\frac{1}{N} \sum_{j=0}^{N-1} \psi_{j} e^{-2 \pi i j k / N}\right] \frac{N \Delta x}{\sqrt{2 \pi \hbar}} \tag{22.53}
\end{equation*}
$$

as well as the DFT (22.26) for the inverse Fourier transform,

$$
\begin{equation*}
\psi_{j}=\left[\sum_{k=0}^{N-1} \phi_{k} e^{2 \pi i j k / N}\right] \frac{\Delta p}{\sqrt{2 \pi \hbar}} \tag{22.54}
\end{equation*}
$$

Also, since $p / \hbar$ plays the role of frequency, the relations between the increments are as follows, if we take the number $N$ of grid points and the extent of the grid from $-x_{\max }$ to $x_{\max }$ to be fixed:

$$
\begin{align*}
\Delta x & =\frac{2 x_{\max }}{N} \\
p_{\max } & =\frac{\hbar \pi}{\Delta x}  \tag{22.55}\\
\Delta p & =\frac{2 p_{\max }}{N}=\frac{2 \pi \hbar}{N \Delta x} .
\end{align*}
$$

Thus, the MATLAB/Octave code would read as follows:

```
% specify N and xmax for the x grid
% x is the x grid
dx = 2*xmax/N;
x = (-xmax:dx:(xmax-dx))';
phi = fftshift(ifft(fftshift(psi))) * N * dx / sqrt(2*pi*hbar);
% p is the vector of momenta
pmax = hbar*pi/dx;
dp = 2*pmax/N;
p = (-pmax:dp:(pmax-dp))';
% to recover psi from phi
psi = fftshift(fft(fftshift(phi))) * dp / sqrt(2*pi*hbar);
```

In Fortran $90 / 95$, we again simply specify the sign of the exponent for the transform, and forget about extra factors of $N$.

```
! specify N and xmax for the x grid
! x is the x grid
dx = 2*xmax/N;
x = (/ (real(j-N/2,kind=wp)*dx, j=0,N-1) /)
phi = cshift(psi, N/2)
call fft(-1, phi)
phi = cshift(phi, N/2) * dx / sqrt(2*pi*hbar)
! p is the vector of momenta
pi = atan(1.0_wp)*4
pmax = hbar*pi/dx;
dp = 2*pmax/N;
p = (/ (real(j-N/2,kind=wp)*dp, j=0,N-1) /)
! to recover psi from phi
phi = cshift(psi, N/2)
call fft( 1, psi)
psi = cshift(psi, N/2) * dp / sqrt(2*pi*hbar)
```

In this code, psi and phi are obviously complex arrays of length $N$.

### 22.6 Discrete Wigner Transform

Recall from Section 4.3 that the Wigner transform of a wave function $\psi(x)$ is

$$
\begin{equation*}
W(x, p)=\frac{1}{2 \pi \hbar} \int_{-\infty}^{\infty} d x^{\prime} e^{-i p x^{\prime} / \hbar} \psi\left(x+x^{\prime} / 2\right) \psi^{*}\left(x-x^{\prime} / 2\right) \tag{22.56}
\end{equation*}
$$

We can simply regard $W(x, p)$ as a (quantum) Fourier transform of the form

$$
\begin{equation*}
W(x, p)=\frac{1}{\sqrt{2 \pi \hbar}} \int_{-\infty}^{\infty} d \xi e^{-i p \xi / \hbar} f(\xi) \tag{22.57}
\end{equation*}
$$

where the function to be transformed in

$$
\begin{equation*}
f(\xi)=\frac{1}{\sqrt{2 \pi \hbar}} \psi(x+\xi / 2) \psi^{*}(x-\xi / 2) . \tag{22.58}
\end{equation*}
$$

However, because of the appearance of $x^{\prime} / 2$ in the argument of $\psi$, if $\psi(x)$ is sampled with $N$ samples with an interval of $\Delta x$, the appropriate sampling interval to use for the Fourier transform is $\Delta \xi=n \Delta x$, where $n$ is even and $n \geq 2$. Since $\psi(x)$ is assumed to fall off to zero at the ends of the sampling range, we can always pad $\psi$ with zeros such that $f(\xi)$ is always defined from $-n x_{\max }$ to $n x_{\max }$, and thus that $f(\xi)$ is still represented by $N$ samples. Then we have the following modified parameters for the grid for $W(x, p)$ :

$$
\begin{align*}
\Delta x & =\frac{2 x_{\max }}{N} \\
p_{\max } & =\frac{\hbar \pi}{\Delta \xi}=\frac{\hbar \pi}{n \Delta x}  \tag{22.59}\\
\Delta p & =\frac{2 p_{\max }}{N}=\frac{2 \pi \hbar}{N \Delta \xi}=\frac{2 \pi \hbar}{N n \Delta x}
\end{align*}
$$

The Fourier transform must be repeated for each point in the $x$ grid from $-x_{\max }$ to $x_{\max }-\Delta x$ in steps of $\Delta x$. Of course, you can skip some of these position values, as when making a three-dimensional plot, it is generally best to keep the density of points the same in both the position and momentum directions. In any case, we can write the explicit formula for the discrete Wigner transform as

$$
\begin{equation*}
W\left(x_{j}, p_{k}\right)=\frac{\Delta \xi}{2 \pi \hbar} \sum_{l=-N / 2}^{N / 2-1} e^{-2 \pi i k l / N} \psi\left(x_{j}+l \Delta \xi / 2\right) \psi^{*}\left(x_{j}-l \Delta \xi / 2\right) \tag{22.60}
\end{equation*}
$$

where $x_{j}=j \Delta x$ and $p_{k}=k \Delta p$ (with $j$ and $k$ running from $-N / 2$ to $N / 2+1$ ), and again $\Delta \xi=n \Delta x$ with the even integer $n \geq 2$. Note that with this ordering of $l$, the zero-momentum component is in the center of the array, so array-swapping operations as in Section 22.5.4 are necessary to use the DFT/FFT formulae to evaluate the summations here.

For the discrete Wigner transform, the MATLAB/Octave code would read as follows (nN corresponds to $N$ above):

```
n = 4; % must be even and >= 2; controls aspect ratio of Wigner transform
NN = length(psi);
NN2 = 2^floor(log2(NN)+0.49);
if (NN ~= NN2), error('input length not a power of 2'); end
Wout = zeros(NN,NN);
for j=1:NN,
    % order of indices is p, x for faster access
    extent = floor(min(j-1,NN-j)*2/n);
    lbd = j - extent*n/2;
    ubd = j + extent*n/2;
    lbdp = NN/2 - extent + 1;
    ubdp = NN/2 + extent + 1;
    Wout(lbdp:ubdp,j) = psi(ubd:(-n/2):lbd) .* conj(psi(lbd:(n/2):ubd));
end %for j
Wout = fftshift(ifft(fftshift(Wout)));
```

```
% transpose to x,p order, if desired, and scale
Wout = real(Wout)'*(dx*n*NN/(2*pi*hbar));
```

In Fortran $90 / 95$, we again refer to the fictitious routine fft(isign, data). The wave-function input is in the array psi of length NN, and the output array W is a real array of dimension(NN, NN). The intermediatestorage array Wtmp is complex and of dimension(NN,NN). The variables lbd, ubd, lbdp, ubdp, rstep, and fstep are all of type integer, and pi is of type real.

```
NN = size(psi)
pi = 4*atan(-1.0_wp)
if ( iand(NN, NN-1) .ne. O ) then
    write(0,*) "Error: array length not power of 2"
    stop
end if
if ( size(W,1) .ne. NN .or. size(W,2) .ne. NN ) then
    write(O,*) "Error: input and output array sizes do not match"
    stop
end if
if ( iand(n, 1) .ne. 0 .or. n .lt. 2 ) then
    write(0,*) "Error: n not even and positive"
    stop
end if
Wtmp = 0;
do j = 1, NN
    ! order of indices is p, x for faster access
    ! do shifted copy
    extent = floor(min(j-1,NN-j)*2/n*(1+epsilon(1.0_wp)))
    lbd = j - extent*n/2
    ubd = j + extent*n/2
    lbdp = NN/2 - extent + 1
    ubdp = NN/2 + extent + 1
    rstep = -n/2
    fstep = n/2
    Wtmp(lbdp:ubdp,j) = psi(ubd:lbd:rstep) * conjg(psi(lbd:ubd:fstep))
    ! do FT
    Wtmp(:,j) = cshift(Wtmp(:,j), NN/2)
    call fft(-1, Wtmp(:,j))
    Wtmp(:,j) = cshift(Wtmp(:,j), NN/2)
end do
! transpose to x,p order and scale
W = transpose(real(Wtmp)) * (n*dx/(2*pi*hbar))
```


## Chapter 23

## Split-Operator Methods

The method of operator splitting is a general technique for making the evolution of a system numerically tractable. ${ }^{1}$ In general, the evolution (e.g., the equations of motion) of a system can be represented in terms of an operator (e.g., a matrix for a linear system). In some situations there may exist approximate decompositions of the operator into parts that are particularly simple to compute, and this is the essence of operator splitting. The unitary evolution of a quantum system according to the Schrödinger equation is particularly suited for operator-splitting methods, since the unitary time-evolution operator can often be decomposed into products of simple operators.

### 23.1 Splitting the Unitary Evolution Operator

Consider the Schrödinger equation in one dimension for a particle in a potential $V(x)$ :

$$
\begin{equation*}
i \hbar \partial_{t} \psi(x, t)=H \psi(x, t)=\left[\frac{p^{2}}{2 m}+V(x)\right] \psi(x, t) \tag{23.1}
\end{equation*}
$$

where, as usual,

$$
\begin{equation*}
p=-i \hbar \partial_{x} \tag{23.2}
\end{equation*}
$$

We will now develop the split-operator exponential method as the basis for generating the timedependent solutions $\psi(x, t)$ for this Schrödinger equation. The general idea is to note that for the timeindependent Hamiltonian, we can write the evolution of the wave function over a time $\Delta t$ as

$$
\begin{equation*}
\psi(x, t+\Delta t)=e^{-i H \Delta t / \hbar} \psi(x, t) . \tag{23.3}
\end{equation*}
$$

In general, the matrix exponential of $H$ is difficult to calculate, since it is not in general diagonal in either the position or the momentum representation. However, often - as is the case for the particle Hamiltonian-the Hamiltonian is of the general form

$$
\begin{equation*}
H(x, p)=T(p)+V(x) \tag{23.4}
\end{equation*}
$$

so that it splits into two parts, each of which is diagonal in either the position or the momentum basis. From the Baker-Campbell-Hausdorff expansion ${ }^{2}$ for arbitrary operators $A$ and $B$,

$$
\begin{equation*}
e^{A} e^{B}=\exp \left(A+B+\frac{1}{2}[A, B]+\frac{1}{12}[A,[A, B]]+\frac{1}{12}[[A, B], B]+\ldots\right), \tag{23.5}
\end{equation*}
$$

we can see that

$$
\begin{equation*}
e^{-i H \Delta t / \hbar}=e^{-i T(p) \Delta t / \hbar} e^{-i V(x) \Delta t / \hbar}+O\left(\Delta t^{2}\right) . \tag{23.6}
\end{equation*}
$$

[^278]In fact, a symmetrized splitting is even more accurate:

$$
\begin{equation*}
e^{-i H \Delta t / \hbar}=e^{-i V(x) \Delta t / 2 \hbar} e^{-i T(p) \Delta t / \hbar} e^{-i V(x) \Delta t / 2 \hbar}+O\left(\Delta t^{3}\right) \tag{23.7}
\end{equation*}
$$

Note that the errors here are regarded as asymptotic, since there is no guarantee that the BCH expansion converges. These factorizations (the second, more accurate one being our preference) imply the following numerical method to evolve the wave function $\psi(x, t)$ to $\psi(x, t+\Delta t):^{3}$

1. Compute the half-step for the spatial part:

$$
\begin{equation*}
\psi(x) \longrightarrow e^{-i V(x) \Delta t / 2 \hbar} \psi(x) \tag{23.8}
\end{equation*}
$$

The exponential operator is diagonal in the position representation, so this is easy.
2. Compute the Fourier transform $\phi(p)$ of the new wave function:

$$
\begin{equation*}
\psi(x) \longrightarrow \phi(p)=\mathscr{F}[\psi(x)] . \tag{23.9}
\end{equation*}
$$

In view of fast-Fourier-transform (FFT) numerical algorithms, this operation can be done efficiently.
3. Now apply the "drift" part of the evolution operator:

$$
\begin{equation*}
\phi(p) \longrightarrow e^{-i T(p) \Delta t / \hbar} \phi(p) . \tag{23.10}
\end{equation*}
$$

The exponential operator is diagonal in the momentum representation, so this is also easy.
4. Compute the inverse Fourier transform $\psi(x)$ of the updated wave function:

$$
\begin{equation*}
\phi(p) \longrightarrow \psi(x)=\mathscr{F}^{-1}[\phi(p)] . \tag{23.11}
\end{equation*}
$$

5. Finally, compute the last half-step for the spatial part, now that we are back in the representation where it is diagonal:

$$
\begin{equation*}
\psi(x) \longrightarrow e^{-i V(x) \Delta t / 2 \hbar} \psi(x) \tag{23.12}
\end{equation*}
$$

This procedure is then repeated for many time steps $\Delta t$ until the desired final time is reached. The local error in each step is $O\left(\Delta t^{3}\right)$, but because the number of steps until the final time is $O\left(\Delta t^{-1}\right)$, the global error of the final solution is $O\left(\Delta t^{2}\right)$.

Note that this type of symmetrized splitting works for more general splittings. For example, the decomposition

$$
\begin{equation*}
H=H_{1}+H_{2}+H_{3} \tag{23.13}
\end{equation*}
$$

leads to the operator splitting

$$
\begin{equation*}
e^{-i H \Delta t / \hbar}=e^{-i H_{1} \Delta t / 2 \hbar} e^{-i H_{2} \Delta t / 2 \hbar} e^{-i H_{3} \Delta t / \hbar} e^{-i H_{2} \Delta t / 2 \hbar} e^{-i H_{1} \Delta t / 2 \hbar}+O\left(\Delta t^{3}\right) \tag{23.14}
\end{equation*}
$$

It can be shown that this type of symmetric operator splitting has $O\left(\Delta t^{3}\right)$ error for decompositions of $H$ into any finite set of terms $H_{j}$, and the overall accuracy is still preserved even if we can only approximately compute each $H_{j}$ with an error of $O\left(\Delta t^{3}\right)$.

[^279]
### 23.2 Time-Dependent Potentials

To handle a time-dependent potential $V(x, t)$, the time-evolution operator has the same form except for the replacement

$$
\begin{equation*}
V(x) \Delta t \longrightarrow \int_{t}^{t+\Delta t} d t^{\prime} V\left(x, t^{\prime}\right) \tag{23.15}
\end{equation*}
$$

since we recall from Section 4.2.1 that the unitary time-evolution operator (from time $t$ to $t+\Delta t$ ) now has the form

$$
\begin{equation*}
U(t+\Delta t, t)=\exp \left[-\frac{i}{\hbar} \int_{t}^{t+\Delta t} d t^{\prime} H\left(t^{\prime}\right)\right] \tag{23.16}
\end{equation*}
$$

if we assume the Hamiltonian commutes with itself at different times. The simplest approximation is to take

$$
\begin{equation*}
\int_{t}^{t+\Delta t} d t^{\prime} V\left(x, t^{\prime}\right)=V(x, \tau) \Delta t+O\left(\Delta t^{2}\right) \tag{23.17}
\end{equation*}
$$

where we may take $\tau$ to be any time in the interval $[t, t+\Delta t]$ without changing the order of the approximation (that is, with the exception of $\tau=\Delta t / 2$, which we return to below). However, the accuracy here suffers, as then the factorized unitary evolution operator becomes

$$
\begin{equation*}
\exp \left[-\frac{i}{\hbar} \int_{t}^{t+\Delta t} d t^{\prime} H\left(t^{\prime}\right)\right]=e^{-i V(x, \tau) \Delta t / 2 \hbar} e^{-i T(p) \Delta t / \hbar} e^{-i V(x, \tau) \Delta t / 2 \hbar}+O\left(\Delta t^{2}\right) \tag{23.18}
\end{equation*}
$$

It is better to use an approximation for the integral of $V(x, t)$ accurate to second order, as in the trapezoidal rule:

$$
\begin{equation*}
\int_{t}^{t+\Delta t} d t^{\prime} V\left(x, t^{\prime}\right)=[V(x, t)+V(x, t+\Delta t)] \frac{\Delta t}{2}+O\left(\Delta t^{3}\right) \tag{23.19}
\end{equation*}
$$

This expression then gives the more accurate splitting

$$
\begin{equation*}
\exp \left[-\frac{i}{\hbar} \int_{t}^{t+\Delta t} d t^{\prime} H\left(t^{\prime}\right)\right]=e^{-i[V(x, t)+V(x, t+\Delta t)] \Delta t / 4 \hbar} e^{-i T(p) \Delta t / \hbar} e^{-i[V(x, t)+V(x, t+\Delta t)] \Delta t / 4 \hbar}+O\left(\Delta t^{3}\right) \tag{23.20}
\end{equation*}
$$

However, it turns out to have the same order of accuracy if we instead use the simpler splitting

$$
\begin{equation*}
\exp \left[-\frac{i}{\hbar} \int_{t}^{t+\Delta t} d t^{\prime} H\left(t^{\prime}\right)\right]=e^{-i V(x, t+\Delta t) \Delta t / 2 \hbar} e^{-i T(p) \Delta t / \hbar} e^{-i V(x, t) \Delta t / 2 \hbar}+O\left(\Delta t^{3}\right) \tag{23.21}
\end{equation*}
$$

where we evaluate the potential at the beginning and end points of the time interval in the two spatial half-steps. This splitting follows from the BCH expansion, which implies that

$$
\begin{equation*}
e^{h A_{1}} e^{h B} e^{h A_{2}}=\exp \left(h\left(A_{1}+A_{2}+B\right)+\frac{h^{2}}{2}\left[A_{1}-A_{2}, B\right]+\frac{h^{2}}{2}\left[A_{1}, A_{2}\right]+O\left(h^{3}\right)\right)=e^{h(A+B)}+O\left(h^{3}\right) \tag{23.22}
\end{equation*}
$$

where the last equality follows if $A_{1}+A_{2}=A+O\left(h^{2}\right), A_{1}-A_{2}=O(h)$, and $\left[A_{1}, A_{2}\right]=0$. Note that taking $\tau=\Delta t / 2$ in the above first-order method above corresponds to the midpoint rule of integration:

$$
\begin{equation*}
\int_{t}^{t+\Delta t} d t^{\prime} V\left(x, t^{\prime}\right)=V(x, t+\Delta t / 2) \Delta t+O\left(\Delta t^{3}\right) \tag{23.23}
\end{equation*}
$$

Thus, we may also take

$$
\begin{equation*}
\exp \left[-\frac{i}{\hbar} \int_{t}^{t+\Delta t} d t^{\prime} H\left(t^{\prime}\right)\right]=e^{-i V(x, t+\Delta t / 2) \Delta t / 2 \hbar} e^{-i T(p) \Delta t / \hbar} e^{-i V(x, t+\Delta t / 2) \Delta t / 2 \hbar}+O\left(\Delta t^{3}\right) \tag{23.24}
\end{equation*}
$$

or

$$
\begin{equation*}
\exp \left[-\frac{i}{\hbar} \int_{t}^{t+\Delta t} d t^{\prime} H\left(t^{\prime}\right)\right]=e^{-i T(p) \Delta t / 2 \hbar} e^{-i V(x, t+\Delta t / 2) \Delta t / \hbar} e^{-i T(p) \Delta t / 2 \hbar}+O\left(\Delta t^{3}\right), \tag{23.25}
\end{equation*}
$$

as symmetric, second-order splittings.

### 23.3 Richardson Extrapolation

Now we will introduce the generally applicable method of Richardson extrapolation ${ }^{4}$ to develop yet higher-order approximations. First, notice again that the global error associated with the splitting (23.21) is $O\left(\Delta t^{2}\right)$, one order lower than that of the local truncation error. We then take Richardson's ansatz that the global error of the numerical solution takes the form

$$
\begin{equation*}
\tilde{\psi}_{\Delta t}(x, t)-\psi(x, t)=e_{2}(x, t) \Delta t^{2}+e_{4}(x, t) \Delta t^{4}+e_{6}(x, t) \Delta t^{6}+\ldots, \tag{23.26}
\end{equation*}
$$

where $\psi(x, t)$ is the exact solution, $\tilde{\psi}_{\Delta t}(x, t)$ is the numerical approximation generated with time steps of $\Delta t$, and the $e_{n}(x, t)$ are functions independent of the time step $\Delta t$. Note that only the even-order terms appear here; we leave it as an exercise to give an argument for this, but it is important to note that this expansion is valid for evolution via the second-order, symmetric splitting above. Thus, by computing the solution at time $t$ with multiple step sizes (say, $\Delta t, \Delta t / 2, \Delta t / 3$ ), we can devise the proper linear combinations of these solutions that will cancel the error terms, and thus generate methods of higher global order. For example, a fourth-order method follows from using step sizes of $\Delta t$ and $\Delta t / 2$,

$$
\begin{equation*}
\frac{4}{3} \tilde{\psi}_{\Delta t / 2}(x, t)-\frac{1}{3} \tilde{\psi}_{\Delta t}(x, t)=\psi(x, t)+O\left(\Delta t^{4}\right) . \tag{23.27}
\end{equation*}
$$

The error term $e_{2}$ (which has been cancelled in the method here) can also be estimated by

$$
\begin{equation*}
\frac{4}{3}\left[\tilde{\psi}_{\Delta t}(x, t)-\tilde{\psi}_{\Delta t / 2}(x, t)\right]=\Delta t^{2} e_{2}(x, t)+O\left(\Delta t^{4}\right) \tag{23.28}
\end{equation*}
$$

A sixth-order method follows from using step sizes of $\Delta t, \Delta t / 2$, and $\Delta t / 3$ :

$$
\begin{equation*}
\frac{1}{24} \tilde{\psi}_{\Delta t}(x, t)-\frac{16}{15} \tilde{\psi}_{\Delta t / 2}(x, t)+\frac{81}{40} \tilde{\psi}_{\Delta t / 3}(x, t)=\psi(x, t)+O\left(\Delta t^{6}\right) \tag{23.29}
\end{equation*}
$$

in which case the smallest cancelled error term $e_{4}$ is estimated by

$$
\begin{equation*}
-\frac{13}{24} \tilde{\psi}_{\Delta t}(x, t)+\frac{32}{3} \tilde{\psi}_{\Delta t / 2}(x, t)-\frac{81}{8} \tilde{\psi}_{\Delta t / 3}(x, t)=\Delta t^{4} e_{4}(x, t)+O\left(\Delta t^{6}\right) . \tag{23.30}
\end{equation*}
$$

These methods follow from writing out the Richardson expansions for $\psi(t+\Delta t)$ in powers of $\Delta t$ (for all the step sizes), setting up the equations as a linear system, and then solving them for the "true" solution and the error coefficients. Higher order methods are, of course, possible, but at some point become too computationally expensive to be worthwhile.

Thus, we can construct a fourth-order [i.e., global error of $O\left(\Delta t^{4}\right)$ ] method as follows:

1. Start with the simulated state $\tilde{\psi}(x, t)$ at time $t$.
2. Compute $\tilde{\psi}(x, t+\Delta t)$ using a single step of $\Delta t$, using the $O\left(\Delta t^{3}\right)$ operator splitting (23.21). Call this $\tilde{\psi}_{\Delta t}(x, t+\Delta t)$.
3. Compute $\tilde{\psi}(x, t+\Delta t)$ using a two steps of $\Delta t / 2$, using the same operator splitting. Call this $\tilde{\psi}_{\Delta t / 2}(x, t+$ $\Delta t$ ).
4. Combine the two results as in Eq. (23.27) to obtain the updated state:

$$
\begin{equation*}
\tilde{\psi}(x, t+\Delta t)=\frac{4}{3} \tilde{\psi}_{\Delta t / 2}(x, t+\Delta t)-\frac{1}{3} \tilde{\psi}_{\Delta t}(x, t+\Delta t)+O\left(\Delta t^{4}\right) \tag{23.31}
\end{equation*}
$$

Then iterate this method until the desired final time. The global error of the solution will then be $O\left(\Delta t^{4}\right)$. The sixth-order method is a straightforward generalization of this procedure (the same is true of higher-order methods). The advantage of the higher-order methods, of course, is the possibility for improved accuracy for a given step size, and thus a larger step size (and, ideally, less work) for a given accuracy goal. On the other hand, the second-order method is unitary (i.e., it explicitly preserves the norm of $\psi$ ), while the fourthand sixth-order methods are not.

[^280]
### 23.3.1 Numerical Test

To illustrate these methods, we will try them out on the harmonic oscillator, with Hamiltonian

$$
\begin{equation*}
H=\frac{p^{2}}{2}+\frac{x^{2}}{2} \tag{23.32}
\end{equation*}
$$

using a Gaussian wave packet with initially $\sigma_{x}=\sigma_{p}=1 / \sqrt{2}(\hbar=1$ in these units), and the center of the wave packet is initially $x_{0}=0$ and $p_{0}=20$. The grid consisted of 1024 points, with a range in momentum of $\pm p_{\max }= \pm 16 \sqrt{2 \pi}$ and a grid spacing $\Delta p=\sqrt{2 \pi} / 32$ (with the same range and spacing for the position grid). The evolved wave packet at time $t=4 \pi$ (i.e., two complete oscillations) is compared with the initial wave packet, and according to the exact solution these should be exactly equal. Below is plotted the rms error as a function of the step size $\Delta t$, defined as

$$
\begin{equation*}
\delta \psi_{\mathrm{rms}}=\frac{1}{N} \sqrt{\sum_{j=1}^{N}\left|\hat{\phi}_{j}-\phi_{j}\right|^{2}} \tag{23.33}
\end{equation*}
$$

where $\phi(p)$ is the exact momentum-space wave function, $\phi_{j} \equiv \phi\left(p_{j}\right)$ is the exact result on the grid, where $p_{j}$ is the momentum of the $j$ th grid point, $\hat{\phi}_{j}$ is the numerical approximation to $\phi_{j}$, and $N$ is the number of grid points.


The results for methods of orders 2,4 , and 6 are plotted along with lines to indicate scaling according to $\Delta t^{2}$, $\Delta t^{4}$, and $\Delta t^{6}$. From the plot, it is easy to see that the second-order method scales nicely as $\Delta t^{2}$ until the error is quite large. The fourth-order method also scales as $\Delta t^{4}$ once the error is sufficiently small. However, there is a strong deviation for large step sizes, where it is no longer possible to ignore the higher-order terms in the Taylor expansions, and the Richardson steps are far from unitary. For sufficiently small steps, the fourth-order scaling also breaks down as rounding errors dominate the rms error (note that the rounding error increases as the number of steps increases). For the same step, the fourth-order method also shows far better accuracy than the second-order method. The sixth-order method is qualitatively similar to the fourth-order method, with the same instability and roundoff behaviors, but there seems to be no regime in which the scaling is $\Delta t^{6}$. Strangely, the scaling seems to be somewhat faster. Note that the sixth-order method is correspondingly more accurate in the regime of "sensible" step sizes, and achieves a much better accuracy at the "sweet spot" of best accuracy compared to fourth-order.

Thus we see that for a given step size, a higher-order method performs much better than a lower-order counterpart, provided the step size is small enough. However, a higher-order step costs more than a lowerorder step in terms of computer time, simply because it involves more substeps. Plotted below is the same performance data, but now the error is plotted as a function of the execution time on a computer.


Obviously, the execution time will vary widely depending on problem-specific optimizations, language and compilers, and other details. For this test, the methods were implemented in the Octave language, with no special effort to optimize the methods (i.e., substeps that could have been combined into larger steps to save time were not combined, and so on), to give the highest-order methods the least "advantage." The cpu times shown are nominally in seconds, but again this would vary widely depending on the hardware, language, and compiler used. However, it is clear that for a given (high) accuracy, the savings in cpu time in using a high-order method are enormous, potentially measured in orders of magnitude.

### 23.4 Unitary Evolvers

It is possible to construct higher-order, explicitly unitary split-operator methods. Let's start with the case of a time-independent Hamiltonian. Then we can write the second-order approximation for the unitary evolution operator $U(t, t+\Delta t) \equiv U(\Delta t)$ as

$$
\begin{equation*}
\tilde{U}(\Delta t) \equiv \tilde{U}^{(2)}(\Delta t):=e^{-i V(x) \Delta t / 2 \hbar} e^{-i T(p) \Delta t / \hbar} e^{-i V(x) \Delta t / 2 \hbar}=U(\Delta t)+O\left(\Delta t^{3}\right) \tag{23.34}
\end{equation*}
$$

Then the idea is to look for ordered products that give order $m$ approximations to the unitary evolution operator:

$$
\begin{equation*}
\tilde{U}^{(m)}(\Delta t)=\prod_{j} \tilde{U}\left(s_{j} \Delta t\right)=U(\Delta t)+O\left(\Delta t^{m+1}\right) \tag{23.35}
\end{equation*}
$$

That is, to search for products that give better approximations $(m>2)$ to the evolution operator. Clearly, these approximations are still unitary.

### 23.4.1 Hierarchical Construction

There are multiple strategies for doing this, but one particularly useful strategy is the following hierarchical construction. ${ }^{5}$ The construction is that given the $(m-1)$ th approximant $\tilde{U}^{(m-1)}(\Delta t)$, we can construct the $m$ th approximant by choosing

$$
\begin{equation*}
\tilde{U}^{(m)}(\Delta t)=\prod_{j=1}^{r} \tilde{U}^{(m-1)}\left(s_{j} \Delta t\right) \tag{23.36}
\end{equation*}
$$

[^281]provided the step factors $s_{j}$ satisfy the two conditions
\[

$$
\begin{equation*}
\sum_{j=1}^{r} s_{j}=1, \quad \sum_{j=1}^{r} s_{j}^{m}=0 \tag{23.37}
\end{equation*}
$$

\]

The first condition assures that the total effect of the approximant is to evolve the system by a time step $\Delta t$, since the approximant is the composition of $r$ total substeps. The second condition ensures the cancellation of the order $m$ error terms, which we can see by noting the form

$$
\begin{equation*}
U(\Delta t)=e^{-i H \Delta t / \hbar}=\prod_{j=1}^{r} \exp \left(-\frac{i H}{\hbar} s_{j} \Delta t\right)=\tilde{U}^{(m)}(\Delta t)+O\left(\Delta t^{m+1}\right) \tag{23.38}
\end{equation*}
$$

of the evolution operator, and then substituting the $(m-1)$ th approximant

$$
\begin{equation*}
\exp \left(-\frac{i H}{\hbar} s_{j} \Delta t\right)=\tilde{U}^{(m-1)}\left(s_{j} \Delta t\right)+g_{m}(H / \hbar)\left(s_{j} \Delta t\right)^{m}+O\left(\Delta t^{m+1}\right) \tag{23.39}
\end{equation*}
$$

where $g_{m}$ is an undetermined function representing the uncontrolled error at the $m$ th order. We thus conclude that

$$
\begin{equation*}
U(\Delta t)=\prod_{j=1}^{r} \tilde{U}^{(m-1)}\left(s_{j} \Delta t\right)+g_{m}(H / \hbar) \sum_{j=1}^{r}\left(s_{j} \Delta t\right)^{m}+O\left(\Delta t^{m+1}\right)=\tilde{U}^{(m)}(\Delta t)+O\left(\Delta t^{m+1}\right) \tag{23.40}
\end{equation*}
$$

in which case the order $m$ error term vanishes if we require the conditions (23.37) to be satisfied.
In fact, recalling from the above argument that the global error expansion involves only even powers of $\Delta t$, it similarly follows that if $U(\Delta t)$ and the $\tilde{U}^{(m)}(\Delta t)$ are unitary, and the splittings are time-reversal symmetric,

$$
\begin{equation*}
\tilde{U}^{(m)}(\Delta t) \tilde{U}^{(m)}(-\Delta t)=1 \tag{23.41}
\end{equation*}
$$

then the local truncation error of $\tilde{U}^{(m)}(\Delta t)$ involves only odd powers of $\Delta t$. Thus, the recursive method steps two orders at a time, so long as the decompositions are symmetric:

$$
\begin{equation*}
\tilde{U}^{(m+1)}(\Delta t)=\prod_{j=1}^{r} \tilde{U}^{(m-1)}\left(s_{j} \Delta t\right) \tag{23.42}
\end{equation*}
$$

This is true providing that (23.37) are satisfied as well as the symmetry condition

$$
\begin{equation*}
s_{j}=s_{j-r+1} \tag{23.43}
\end{equation*}
$$

for all $j$.
To construct a specific method we can use the splitting

$$
\begin{equation*}
\tilde{U}^{(2 m)}(\Delta t)=\tilde{U}^{(2 m-2)}(s \Delta t) \tilde{U}^{(2 m-2)}[(1-2 s) \Delta t] \tilde{U}^{(2 m-2)}(s \Delta t) \tag{23.44}
\end{equation*}
$$

where $s$ satisfies

$$
\begin{equation*}
2 s^{2 m-1}+(1-2 s)^{2 m-1}=0 \tag{23.45}
\end{equation*}
$$

Requiring $s$ to be a real root gives

$$
\begin{equation*}
s=\frac{1}{2-\sqrt[2 m-1]{2}} \tag{23.46}
\end{equation*}
$$

Thus, a fourth-order method is ${ }^{6}$

$$
\begin{equation*}
\tilde{U}^{(4)}(\Delta t)=\tilde{U}^{(2)}\left(s_{4} \Delta t\right) \tilde{U}^{(2)}\left[\left(1-2 s_{4}\right) \Delta t\right] \tilde{U}^{(2)}\left(s_{4} \Delta t\right) \tag{23.47}
\end{equation*}
$$

[^282]where $s_{4}$ and $1-2 s_{4}$ are given by setting $m=2$ in (23.46)
\[

$$
\begin{align*}
s_{4} & =\frac{1}{2-\sqrt[3]{2}} \approx 1.35120719195965763405  \tag{23.48}\\
1-2 s_{4} & =\frac{-\sqrt[3]{2}}{2-\sqrt[3]{2}} \approx-1.70241438391931526810
\end{align*}
$$
\]

Similarly, iterating this procedure produces the sixth-order method

$$
\begin{equation*}
\tilde{U}^{(6)}(\Delta t)=\tilde{U}^{(4)}\left(s_{6} \Delta t\right) \tilde{U}^{(4)}\left[\left(1-2 s_{6}\right) \Delta t\right] \tilde{U}^{(4)}\left(s_{6} \Delta t\right) \tag{23.49}
\end{equation*}
$$

where $s_{6}$ and $1-2 s_{6}$ are given by setting $m=3$ in (23.46)

$$
\begin{align*}
s_{6} & =\frac{1}{2-\sqrt[5]{2}} \approx 1.17467175808936338450  \tag{23.50}\\
1-2 s_{6} & =\frac{-\sqrt[5]{2}}{2-\sqrt[5]{2}} \approx-1.34934351617872676899
\end{align*}
$$

Of course, it is straightforward to compute the coefficients for the higher-order methods.
Let's compare these methods to the Richardson-extrapolation methods. The fourth-order Richardson method requires three applications of $\tilde{U}^{(2)}(\Delta t)$ for various step sizes for either the Richardson or unitary method. For the particular decomposition (23.4) of the Hamiltonian, note that some of the potential operators can be combined in both cases, but the number of Fourier transforms is the same. The sixth-order Richardson method, on the other hand, requires six applications of $\tilde{U}^{(2)}(\Delta t)$ for the Richardson method, compared to nine applications for the unitary method. Thus, at higher orders, unitarity comes at the expense of extra computational effort. Unitarity may well be a desireable property of an integration method, since it preserves a known invariant. However, one may take the opposite view, and advocate a method that does not preserve unitarity, since the computed norm of the wave function can act as a diagnostic for the overall accuracy of the solution. On the other hand, at high orders, the methods may become quite unstable for large step sizes, since the assumption that the error terms are small breaks down.

### 23.4.1.1 High-Order Methods with Reduced Substep Intervals

One potential concern of the methods based on the unitary three-term recursion (23.44) is that the step-size factors $s_{2 m}$ and $1-2 s_{2 m}$, by examination of Eq. (23.46), can be seen to always be "oversteps,"

$$
\begin{align*}
s_{2 m} & >1  \tag{23.51}\\
1-2 s_{2 m} & <-1
\end{align*}
$$

so that the middle "backwards" step is necessary to compensate for the forward steps. The cancellation required by these large steps may cause problems with stability and accuracy of the solutions. It is possible to find other hierarchical constructions that have smaller steps, but at the expense of additional computational effort to achieve the same order. For example, the five-factor symmetric decomposition ${ }^{7}$

$$
\begin{equation*}
\tilde{U}^{(2 m)}(\Delta t)=\tilde{U}^{(2 m-2)}(s \Delta t) \tilde{U}^{(2 m-2)}(s \Delta t) \tilde{U}^{(2 m-2)}[(1-4 s) \Delta t] \tilde{U}^{(2 m-2)}(s \Delta t) \tilde{U}^{(2 m-2)}(s \Delta t) \tag{23.52}
\end{equation*}
$$

is of the same form as Eq. (23.40), and thus $s$ satisfies

$$
\begin{equation*}
4 s^{2 m-1}+(1-4 s)^{2 m-1}=0 \tag{23.53}
\end{equation*}
$$

or explicitly,

$$
\begin{equation*}
s=\frac{1}{4-\sqrt[2 m-1]{4}} \tag{23.54}
\end{equation*}
$$

[^283]so that the step factors $s$ and $1-4 s$ satisfy the bounds
\[

$$
\begin{array}{r}
\frac{1}{3}<s_{2 m}<\frac{1}{2}  \tag{23.55}\\
\left|1-4 s_{2 m}\right|<\frac{2}{3}
\end{array}
$$
\]

Specifically, the fourth-order values are

$$
\begin{align*}
s_{4} & =\frac{1}{4-\sqrt[3]{4}} \approx 0.41449077179437573714  \tag{23.56}\\
1-4 s_{4} & =\frac{-\sqrt[3]{4}}{4-\sqrt[3]{4}} \approx-0.65796308717750294856
\end{align*}
$$

and the sixth-order values are

$$
\begin{align*}
s_{6} & =\frac{1}{4-\sqrt[5]{4}} \approx 0.37306582773327282478  \tag{23.57}\\
1-4 s_{6} & =\frac{-\sqrt[5]{4}}{4-\sqrt[5]{4}} \approx-0.49226331093309129910
\end{align*}
$$

Again, at fourth order, the method here requires five applications of $\tilde{U}^{(2)}(\Delta t)$, compared to three for either the Richardson or the three-factor unitary method. At sixth-order, the method here requires 25 unitary factors, compared to nine for the three-factor construction and six for the Richardson method. Going to higher orders by this route is computationally rather expensive, so the benefits must be carefully weighed against the extra cost in terms of time. ${ }^{8}$

### 23.4.1.2 High-Order Minimal-Product Methods

In defining the sixth-order unitary methods above, we saw that their computational effort went far beyond that of the Richardson method. It is also possible to skip any hierarchical construction and search for highorder methods directly in terms of products of $\tilde{U}^{(2)}(\Delta t)$, and thereby generate methods that use products of fewer operators. This is possible because there are fewer constraints on the relative time steps within each factor. This is done by directly computing the error terms in the BCH expansion. For example, seven-factor, sixth-order symmetric splittings of the form

$$
\begin{equation*}
\tilde{U}^{(6)}(\Delta t)=\tilde{U}^{(2)}\left(w_{3} \Delta t\right) \tilde{U}^{(2)}\left(w_{2} \Delta t\right) \tilde{U}^{(2)}\left(w_{1} \Delta t\right) \tilde{U}^{(2)}\left(w_{0} \Delta t\right) \tilde{U}^{(2)}\left(w_{1} \Delta t\right) \tilde{U}^{(2)}\left(w_{2} \Delta t\right) \tilde{U}^{(2)}\left(w_{3} \Delta t\right) \tag{23.58}
\end{equation*}
$$

can be constructed, but in general the equations to be solved to determine the $w_{j}$ factors are complicated, and the solutions must be found numerically. One such method has ${ }^{9}$

$$
\begin{align*}
& w_{1} \approx-1.17767998417887 \\
& w_{2} \approx \quad 0.235573213359357  \tag{23.59}\\
& w_{3} \approx 0.784513610477560
\end{align*}
$$

with $w_{0}=1-2\left(w_{1}+w_{2}+w_{3}\right)$. Again, this has 7 unitary factors, as compared to the 6 required by Richardson extrapolation of the same order; evidently, the preservation of unitarity still demands some additional work.

Additionally, 15 -factor, eighth-order symmetric splitting of the form

$$
\begin{equation*}
\tilde{U}^{(8)}(\Delta t)=\tilde{U}^{(2)}\left(w_{7} \Delta t\right) \ldots \tilde{U}^{(2)}\left(w_{1} \Delta t\right) \tilde{U}^{(2)}\left(w_{0} \Delta t\right) \tilde{U}^{(2)}\left(w_{1} \Delta t\right) \ldots \tilde{U}^{(2)}\left(w_{7} \Delta t\right) \tag{23.60}
\end{equation*}
$$

[^284]can be constructed, but in general the equations to be solved to determine the $w_{j}$ factors are complicated, and the solutions must be found numerically. An example is ${ }^{10}$
\[

$$
\begin{align*}
& w_{1} \approx \quad 0.311790812418427 \\
& w_{2} \approx-1.55946803821447 \\
& w_{3} \approx-1.67896928259640 \\
& w_{4} \approx \quad 1.66335809963315  \tag{23.61}\\
& w_{5} \approx-1.06458714789183 \\
& w_{6} \approx 1.36934946416871 \\
& w_{7} \approx 0.629030650210433,
\end{align*}
$$
\]

with $w_{0}=1-2\left(w_{1}+w_{2}+w_{3}+w_{4}+w_{5}+w_{6}+w_{7}\right)$. Again, this splitting has 15 unitary factors, as compared to the 10 required by Richardson extrapolation of the same order.

### 23.4.1.3 High-Order Treatment of Time-Dependent Potentials

The same strategies above for unitary, high-order product methods apply to cases of time-dependent potentials, so long as we again make the generalization

$$
\begin{equation*}
V(x) \Delta t \longrightarrow \int_{t}^{t+\Delta t} d t^{\prime} V\left(x, t^{\prime}\right) \tag{23.62}
\end{equation*}
$$

in each factor

$$
\begin{equation*}
\tilde{U}^{(2)}(\Delta t) \longrightarrow \tilde{U}^{(2)}(t+\Delta t, t) \tag{23.63}
\end{equation*}
$$

that composes the higher order methods, so long as we define the time interval for each factor appropriately. ${ }^{11}$ In fact, we can use the splitting (23.21) as our fundamental second-order factor to handle the time-dependent potentials, since it has the right order of accuracy and possesses time-reversal symmetry:

$$
\begin{equation*}
\tilde{U}^{(2)}(t+\Delta t, t)=e^{-i V(x, t+\Delta t) \Delta t / 2 \hbar} e^{-i T(p) \Delta t / \hbar} e^{-i V(x, t) \Delta t / 2 \hbar}=U(t+\Delta t, t)+O\left(\Delta t^{3}\right) \tag{23.64}
\end{equation*}
$$

Thus, for example, the fourth-order symplectic method (23.47) becomes

$$
\begin{equation*}
\tilde{U}^{(4)}(t+\Delta t, t)=\tilde{U}^{(2)}\left(t+s_{4} \Delta t, t\right) \tilde{U}^{(2)}\left[t+\left(1-s_{4}\right) \Delta t, t+s_{4} \Delta t\right] \tilde{U}^{(2)}\left(t+\Delta t, t+\left(1-s_{4}\right) \Delta t\right) \tag{23.65}
\end{equation*}
$$

so that the fourth-order operator is the composition of the three second-order operators, and the time intervals covered by each second-order operator is the same as before. The other methods above generalize in the same way.

### 23.4.1.4 Numerical Test: Fourth Order

Using the same test problem as for the Richardson-extrapolation test, we can compare different fourth-order methods above: the Richardson-extrapolation method, the unitary hierarchical method of Section 23.4.1, and the unitary reduced-step method of Section 23.4.1.1.

[^285]

As a function of step size, the Richardson and reduced-step methods are clearly superior to the hierarchical method in this test, with the reduced-step unitary method having the highest accuracy. Of course, both unitary methods do not suffer from the instability for large step sizes, but this is in the regime of poor accuracy anyway. The Richardson method is the best of the methods in terms of roundoff error. However, there is a wide range of complexity among the different methods, so it is useful to consider the accuracy as a function of cpu time.


Perhaps counterintuitively, despite the extra complexity, the reduced-step method does quite well, with the Richardson method narrowly being the most efficient in terms of cpu time for high accuracy.

### 23.4.1.5 Numerical Test: Sixth Order

Similarly, we can compare the various sixth-order algorithms: Richardson-extrapolation, the unitary hierarchical method of Section 23.4.1, the unitary reduced-step-size method of Section 23.4.1.1, and the unitary minimal-product method of Section 23.4.1.2.


The Richardson method is notable here as, oddly, the only one that does not scale at sixth order, but also achieves the best overall accuracy at the optimal step size. The reduced-step method clearly achieves the largest step size for a given accuracy of all the methods. However, recall that with 25 second-order substeps, it is also by far the most computationally expensive on each step, so it is important to consider cpu time for any target accuracy.


However, we see that the reduced-step method compares quite favorably with the other unitary methods. Despite its complexity, it seems to be a reasonable choice. However, for high accuracies it still seems to be edged out by the Richardson method. It could be that in more complicated problems, the stability properties of the reduced-step unitary method are beneficial enough to make it the method of choice, although Richardson extrapolation certainly seems to be a generally useful and simple method.

### 23.4.2 Nonlinear Schrödinger Equations

One can also consider nonlinear Schrödinger equations with potentials of the form

$$
\begin{equation*}
V(x, \psi, t)=V(x, t)+g|\psi(x, t)|^{2}, \tag{23.66}
\end{equation*}
$$

which lead to cubically nonlinear terms in the Schrödinger equation. The Gross-Pitaevskii equation is precisely of this form, and models the evolution of a Bose-Einstein condensate: the nonlinear term models
energy shifts due to two-body collisions, so that there is an extra spatial potential proportional to the condensate number density. Clearly, we can adapt the above methods if we take the order-two operator to be

$$
\begin{equation*}
\tilde{U}^{(2)}(t+\Delta t, t)=e^{-i V[x, \psi(x, t+\Delta t), t+\Delta t] \Delta t / 2 \hbar} e^{-i T(p) \Delta t / \hbar} e^{-i V[x, \psi(x, t), t] \Delta t / 2 \hbar}=U(t+\Delta t, t)+O\left(\Delta t^{3}\right) . \tag{23.67}
\end{equation*}
$$

The problem here is that we need to know $\psi(x, t+\Delta t)$ to construct the leftmost factor, but that's what we're trying to calculate. Thus, we have an implicit method. The simplest way to handle this is to use functional iteration (or perturbation theory, if you want to think of it that way): simply compute $\psi(x, t+\Delta t)$, but using as a guess the partially evolved wave function

$$
\begin{equation*}
\psi_{\text {guess }}(x, t)=e^{-i T(p) \Delta t / \hbar} e^{-i V[x, \psi(x, t), t] \Delta t / 2 \hbar} \psi(x, t) \tag{23.68}
\end{equation*}
$$

Then use the result as a guess to recompute $\psi(x, t+\Delta t)$, and so on until the procedure converges. This strategy is certainly "safe" in adapting the above procedures, since the nonlinear potential amounts to an ordinary time-dependent potential, so long as we can calculate the potential at any time.

However, things turn out to be a bit easier than this, at least at low orders. ${ }^{12}$ Observe that

$$
\begin{equation*}
|\psi(x, t+\Delta t)|^{2}=|U(t+\Delta t, t) \psi(x, t)|^{2}=|\psi(x, t)|^{2}+O\left(\Delta t^{2}\right) . \tag{23.69}
\end{equation*}
$$

Since in the methods above, $|\psi(x, t)|^{2}$ is always multiplied by $\Delta t^{2}$, so with an error of $O\left(\Delta t^{3}\right)$, we can evaluate $\psi(x, t)$ in the nonlinear potential at any other time up to $\Delta t$ away. What this means, is that even with a single iteration - that is, using $\psi_{\text {guess }}(x, t)$ in place of $\psi(x, t+\Delta t)$ in (23.67) - the order of the method is not changed. (Recall that this was not true of the ordinary potential $V(x, t)$, which had to be evaluated at the proper points.) Thus, we have an explicit, second-order method for evolving the GPE.

However, the explicit method here seems to lack time-reversal symmetry, and so it is not obvious how useful it is to compose higher-order methods. An intermediate strategy between the explicit and implicit methods is to iterate the implicit scheme once, for a Runge-Kutta style approximation to a symmetric splitting. (Note that iterating an implicit method a fixed number of times is in fact an explicit scheme, but may approximate the implicit scheme well.) However, it has been shown ${ }^{13}$ that the simple explicit scheme above works to construct a fourth-order method. It is not clear if the simple explicit strategy works at higher orders, and if higher-order methods are to be used, it is worth checking the sensitivity of the solution to the number of iterations.

### 23.4.3 Symplectic Integration

The high-order unitary methods above are also important in classical mechanics, when simulating trajectories of Hamiltonian systems. Rather than conserving the norm of a wave function, the methods applied in this context conserve phase-space volumes, and in the case of autonomous Hamiltonian systems, they do a better job of conserving total energy. ${ }^{14}$ For example, such methods are important in celestial mechanics, where it is desireable to obtain highly accurate, long-term solutions to Newton's equations without spurious damping effects.

Recall from Section 4.4.3.2 that Hamilton's equations can be written

$$
\begin{equation*}
\partial_{t} z_{\alpha}=\left\{z_{\alpha}, H\right\}_{\mathrm{P}}=\Omega_{\alpha \beta} \frac{\partial H}{\partial z_{\beta}}, \tag{23.70}
\end{equation*}
$$

where $\{f, g\}_{\mathrm{P}}$ is the Poisson bracket, the $2 N$ canonically conjugate coordinates are combined as

$$
\begin{equation*}
z_{\alpha}:=\left(x_{1}, \ldots, x_{N}, p_{1}, \ldots, p_{N}\right) \tag{23.71}
\end{equation*}
$$

[^286]and $\Omega_{\alpha \beta}$ is the canonical cosymplectic form,
\[

\left(\Omega_{\alpha \beta}\right):=\left($$
\begin{array}{cc}
0_{n} & \mathcal{I}_{n}  \tag{23.72}\\
-\mathcal{I}_{n} & 0_{n}
\end{array}
$$\right)
\]

with $\mathcal{I}_{n}$ denoting the $n \times n$ identity matrix and $0_{n}$ the $n \times n$ null matrix.
Suppose we write the Poisson bracket as a differential operator,

$$
\begin{equation*}
\partial_{t} z_{\alpha}=D_{H} z_{\alpha} \tag{23.73}
\end{equation*}
$$

where for any phase-space function $f(z)$,

$$
\begin{equation*}
D_{H} f(z)=\{f, H\}_{\mathrm{P}}=\frac{\partial f}{\partial z_{\alpha}} \Omega_{\alpha \beta} \frac{\partial H}{\partial z_{\beta}} \tag{23.74}
\end{equation*}
$$

Noting that $D_{H}$ acts individually on each component of $z_{\alpha}$, we can simply write the vector relation

$$
\begin{equation*}
\partial_{t} z=D_{H} z \tag{23.75}
\end{equation*}
$$

The formal solution of Eq. (23.75) is in terms of the exponentiated operator:

$$
\begin{equation*}
z(t)=e^{D_{H} t} z(0) \tag{23.76}
\end{equation*}
$$

Now we will specialize to one degree of freedom, where the generalization to higher dimensions is simple. If the Hamiltonian splits into the form

$$
\begin{equation*}
H(x, p)=T(p)+V(x) \tag{23.77}
\end{equation*}
$$

as before, then the Poisson-bracket operator takes the explicit form

$$
\begin{equation*}
D_{H}=T^{\prime}(p) \partial_{x}-V^{\prime}(x) \partial_{p}=: D_{T}+D_{V} \tag{23.78}
\end{equation*}
$$

of the sum of two noncommuting operators, since $\left[D_{V}, D_{T}\right]=T^{\prime}(p) V^{\prime \prime}(x)-V^{\prime}(x) T^{\prime \prime}(p)$ does not vanish in general. We can thus use exactly the above theory to split the exponential operator $\exp \left(D_{H} \Delta t\right)$ for evolution over a short time $\Delta t$ into simpler parts of the form $\exp \left(D_{T} \Delta t\right)$ and $\exp \left(D_{V} \Delta t\right)$, where the effects of each component operator can be written explicitly. Thus, the partial kinetic solution is

$$
e^{D_{T} \Delta t} z(t)=e^{\Delta t T^{\prime}(p) \partial_{x}}\left[\begin{array}{c}
x(t)  \tag{23.79}\\
p(t)
\end{array}\right]=\left[\begin{array}{c}
x(t)+T^{\prime}[p(t)] \Delta t \\
p(t)
\end{array}\right]
$$

while the partial potential solution is

$$
e^{D_{V} \Delta t} z(t)=e^{-\Delta t V^{\prime}(x) \partial_{p}}\left[\begin{array}{l}
x(t)  \tag{23.80}\\
p(t)
\end{array}\right]=\left[\begin{array}{c}
x(t) \\
p(t)-V^{\prime}[x(t)] \Delta t
\end{array}\right] .
$$

Since we can write out the explicit effect of each operator on $z(t)$, there is no need to implement Fourier transforms between operators, as in the quantum-mechanical case. However, the splittings above still provide numerical methods of the same orders as before.

### 23.4.3.1 Euler-Cromer Method

The simplest splitting we can use is the first-order splitting (23.6), which here bcomes

$$
\begin{equation*}
e^{D_{H} \Delta t}=e^{D_{T} \Delta t} e^{D_{V} \Delta t}+O\left(\Delta t^{2}\right) \tag{23.81}
\end{equation*}
$$

Writing this out explicitly,

$$
e^{D_{H} \Delta t} z(t)=e^{D_{T} \Delta t} e^{D_{V} \Delta t}\left[\begin{array}{c}
x(t)  \tag{23.82}\\
p(t)
\end{array}\right]+O\left(\Delta t^{2}\right)=\left[\begin{array}{c}
x(t)+T^{\prime}[p(t+\Delta t)] \Delta t \\
p(t)-V^{\prime}[x(t)] \Delta t
\end{array}\right]+O\left(\Delta t^{2}\right)
$$

Written out as a mapping, this method becomes

$$
\begin{align*}
x_{j+1} & =x_{j}+T^{\prime}\left(p_{j+1}\right) \Delta t  \tag{23.83}\\
p_{j+1} & =p_{j}-V^{\prime}\left(x_{j}\right) \Delta t
\end{align*}
$$

where $x_{j}:=x(j \Delta t)$ and $p_{j}:=p(j \Delta t)$. This first-order method is the Euler-Cromer method. We can see that this method is first-order accurate and half-implicit, but it easy to iterate since you just compute the new $p_{j+1}$ before you compute the new $x_{j+1}$. This mapping is a canonical transformation, since the transformation $z_{j} \longrightarrow z_{j+1}$ preserves the cosymplectic form:

$$
\begin{equation*}
\Omega_{\alpha \beta}=\frac{\partial\left(z_{j+1}\right)_{\alpha}}{\partial\left(z_{j}\right)_{\mu}} \Omega_{\mu \nu} \frac{\partial\left(z_{j+1}\right)_{\beta}}{\partial\left(z_{j}\right)_{\nu}} \tag{23.84}
\end{equation*}
$$

This follows from writing out the Jacobian matrix

$$
\frac{\partial\left(z_{j+1}\right)}{\partial\left(z_{j}\right)}=\left[\begin{array}{cc}
1-T^{\prime \prime}\left(p_{j+1}\right) V^{\prime \prime}\left(x_{j}\right) \Delta t^{2} & T^{\prime \prime}\left(p_{j+1}\right) \Delta t  \tag{23.85}\\
-V^{\prime \prime}\left(x_{j}\right) \Delta t & 1
\end{array}\right]
$$

and multiplying out the matrix product to see that $\Omega_{\alpha \beta}$ is unchanged:

$$
\left[\begin{array}{cc}
1-T^{\prime \prime}\left(p_{j+1}\right) V^{\prime \prime}\left(x_{j}\right) \Delta t^{2} & T^{\prime \prime}\left(p_{j+1}\right) \Delta t  \tag{23.86}\\
-V^{\prime \prime}\left(x_{j}\right) \Delta t & 1
\end{array}\right]\left[\begin{array}{cc}
0 & 1 \\
-1 & 0
\end{array}\right]\left[\begin{array}{cc}
1-T^{\prime \prime}\left(p_{j+1}\right) V^{\prime \prime}\left(x_{j}\right) \Delta t^{2} & -V^{\prime \prime}\left(x_{j}\right) \Delta t \\
T^{\prime \prime}\left(p_{j+1}\right) \Delta t & \\
1
\end{array}\right]
$$

Also, directly from the fact that the Jacobian determinant is unity,

$$
\operatorname{det} \frac{\partial\left(z_{j+1}\right)}{\partial\left(z_{j}\right)}=\operatorname{det}\left[\begin{array}{cc}
1-T^{\prime \prime}\left(p_{j+1}\right) V^{\prime \prime}\left(x_{j}\right) \Delta t^{2} & T^{\prime \prime}\left(p_{j+1}\right) \Delta t  \tag{23.87}\\
-V^{\prime \prime}\left(x_{j}\right) \Delta t & 1
\end{array}\right]=1,
$$

we see explicitly the preservation of phase-space areas. Since these maps correspond to canonical transformations, they are symplectic map and thus this approximation scheme is a symplectic integrator. Compared to the Euler method, for approximately harmonic oscillation, the Euler-Cromer method produces bounded energy errors, while the Euler method produces asymptotically growing errors.

We can obviously interchange the order of the operators in (23.82) to obtain another first-order symplectic algorithm. The mapping for this method analogous to Eqs. (23.83) is

$$
\begin{align*}
x_{j+1} & =x_{j}+T^{\prime}\left(p_{j}\right) \Delta t  \tag{23.88}\\
p_{j+1} & =p_{j}-V^{\prime}\left(x_{j+1}\right) \Delta t
\end{align*}
$$

and it follows in the same way as the Euler-Cromer method that this mapping is symplectic.

### 23.4.3.2 Verlet Method

It is thus straightforward to construct a second-order symplectic method by using the symmetric splitting (23.7), which adapted to symplectic integration becomes

$$
\begin{equation*}
e^{D_{H} \Delta t}=e^{D_{V} \Delta t / 2} e^{D_{T} \Delta t} e^{D_{V} \Delta t / 2}+O\left(\Delta t^{3}\right) \tag{23.89}
\end{equation*}
$$

The mapping for this splitting can be rewritten as

$$
\begin{equation*}
e^{D_{H} \Delta t}=\left[e^{D_{V} \Delta t / 2} e^{D_{T} \Delta t / 2}\right]\left[e^{D_{T} \Delta t / 2} e^{D_{V} \Delta t / 2}\right]+O\left(\Delta t^{3}\right), \tag{23.90}
\end{equation*}
$$

and thus corresponds to a composition of an Euler-Cromer step as in Eqs. (23.83) with a "reverse" EulerCromer step as in Eqs. (23.88), both of step size $\Delta t / 2$. The composition of symplectic maps is still symplectic, and thus we have a second-order symplectic method.

To write out the mapping explicitly, first we write out the composition of the two maps (23.83) and (23.88), each for a half step:

$$
\begin{align*}
x_{j+1 / 2} & =x_{j}+T^{\prime}\left(p_{j+1 / 2}\right)(\Delta t / 2) \\
p_{j+1 / 2} & =p_{j}-V^{\prime}\left(x_{j}\right)(\Delta t / 2)  \tag{23.91}\\
x_{j+1} & =x_{j+1 / 2}+T^{\prime}\left(p_{j+1 / 2}\right)(\Delta t / 2) \\
p_{j+1} & =p_{j+1 / 2}-V^{\prime}\left(x_{j+1}\right)(\Delta t / 2) .
\end{align*}
$$

Eliminating the intermediate step, we find

$$
\begin{align*}
x_{j+1} & =x_{j}+T^{\prime}\left[p_{j}-V^{\prime}\left(x_{j}\right) \Delta t / 2\right] \Delta t \\
p_{j+1} & =p_{j}-\frac{V^{\prime}\left(x_{j}\right)+V^{\prime}\left(x_{j+1}\right)}{2} \Delta t . \tag{23.92}
\end{align*}
$$

For the important "particle" case of $T(p)=p^{2} / 2$, the mapping becomes

$$
\begin{align*}
& x_{j+1}=x_{j}+p_{j} \Delta t-V^{\prime}\left(x_{j}\right) \Delta t \\
& p_{j+1}=p_{j}-\frac{V^{\prime}\left(x_{j}\right)+V^{\prime}\left(x_{j+1}\right)}{2} \Delta t . \tag{23.93}
\end{align*}
$$

This is the velocity form of the Verlet method, or the velocity Verlet method. The original form for the Verlet method ${ }^{15}$ follows from using the other possible form of the symmetric splitting, where the "drift" operator is applied first and last. This amounts to the replacements $x \longrightarrow p, p \longrightarrow x, T \longrightarrow-V$, and $V \longrightarrow-T$ in Eqs. (23.92):

$$
\begin{align*}
& x_{j+1}=x_{j}+\frac{T^{\prime}\left(p_{j}\right)+T^{\prime}\left(p_{j+1}\right)}{2} \Delta t  \tag{23.94}\\
& p_{j+1}=p_{j}-V^{\prime}\left[x_{j}+T^{\prime}\left(p_{j}\right) \Delta t / 2\right] \Delta t
\end{align*}
$$

Again, if $T(p)=p^{2} / 2$, the mapping becomes

$$
\begin{align*}
& x_{j+1}=x_{j}+\frac{p_{j}+p_{j+1}}{2} \Delta t  \tag{23.95}\\
& p_{j+1}=p_{j}-V^{\prime}\left[x_{j}+p_{j} \Delta t / 2\right] \Delta t
\end{align*}
$$

Notice that in both cases, each variable is evolved according to a method symmetric about the middle time $\Delta t / 2$, either by computing the average function value $\left(f_{j}+f_{j+1}\right) / 2$, which approximates the middle value $f_{j+1 / 2}$, or by evaluating a function after taking half of an Euler-type step. The second-order nature of these approximations follow from the two second-order integral approximations

$$
\begin{align*}
\int_{t}^{t+\Delta t} f\left(t^{\prime}\right) d t^{\prime} & =f(t+\Delta t / 2) \Delta t+O\left(\Delta t^{3}\right)  \tag{23.96}\\
& =\frac{f(t)+f(t+\Delta t)}{2} \Delta t+O\left(\Delta t^{3}\right)
\end{align*}
$$

which both appear in the Verlet methods.

### 23.4.3.3 Higher Order Methods

The nice thing about symplectic methods here is that we have already worked out the theory to extend the second-order methods to higher order. Because of the time-reversal symmetry noted above for the Verlet method, the local truncation error only involves odd powers of $\Delta t$ (or the global error involves only even

[^287]powers of $\Delta t$ ). All the techniques above for the split-operator Fourier-transform method thus work to extend the Verlet method, if we replace each application of $\tilde{U}^{(2)}(s \Delta t)$ by a Verlet step (in either form, as long as we stick to the same form) of $s \Delta t$. It is not useful to write out the explicit algorithms here, since in general one would simply code a subroutine to take a Verlet step and then call it multiple times on each time step of $\Delta t$-say, three times for the fourth-order method with step sizes $s_{4} \Delta t,\left(1-2 s_{4}\right) \Delta t$, and $s_{4} \Delta t$ corresponding to the three-step method of Eqs. (23.47).

### 23.4.3.4 Time-Dependent Potentials

In principle, the above assumption of a time-independent Hamiltonian is not restrictive, since any Hamiltonian system of $N$ degrees of freedom with explicit time dependence is formally equivalent to a Hamiltonian system of $N+1$ degrees of freedom with a time-independent Hamiltonian. (Thus, an explicitly time-dependent system of $N$ degrees of freedom is often said to have " $N \frac{1}{2}$ degrees of freedom.") However, it is useful to generalize the above methods for time-dependent Hamiltonians anyway as a more direct method for handling explicit time dependence. To handle explicitly the case of time-dependent potentials, we make the same adjustments as for the unitary methods to evaluate the potential at the proper time. Thus, the Euler-Cromer method (23.83) is not sensitive to the precise time of evaluation, and for example becomes

$$
\begin{align*}
& x_{j+1}=x_{j}+T^{\prime}\left(p_{j+1}\right) \Delta t  \tag{23.97}\\
& p_{j+1}=p_{j}-V^{\prime}\left(x_{j}, t_{j}\right) \Delta t
\end{align*}
$$

For the Verlet methods, we can take in analogy with Eq. (23.21) the splitting

$$
\begin{equation*}
e^{D_{H} \Delta t}=\left[e^{D_{V}(t+\Delta t) \Delta t / 2} e^{D_{T} \Delta t / 2}\right]\left[e^{D_{T} \Delta t / 2} e^{D_{V}(t) \Delta t / 2}\right]+O\left(\Delta t^{3}\right) \tag{23.98}
\end{equation*}
$$

where $D_{V}(t)$ has the potential evaluated at time $t$, so that the velocity Verlet method (23.92) becomes

$$
\begin{align*}
& x_{j+1}=x_{j}+T^{\prime}\left[p_{j}-V^{\prime}\left(x_{j}, t_{j}\right) \Delta t / 2\right] \Delta t \\
& p_{j+1}=p_{j}-\frac{V^{\prime}\left(x_{j}, t_{j}\right)+V^{\prime}\left(x_{j+1}, t_{j+1}\right)}{2} \Delta t \tag{23.99}
\end{align*}
$$

and the usual Verlet method becomes

$$
\begin{align*}
& x_{j+1}=x_{j}+\frac{T^{\prime}\left(p_{j}\right)+T^{\prime}\left(p_{j+1}\right)}{2} \Delta t  \tag{23.100}\\
& p_{j+1}=p_{j}-V^{\prime}\left[x_{j}+T^{\prime}\left(p_{j}\right) \Delta t / 2, t_{j+1 / 2}\right] \Delta t
\end{align*}
$$

preserving the second-order accuracy of the methods in the explicitly time-dependent case.

### 23.5 Exercises

## Problem 23.1

Verify the factorizations of Eqs. (23.6) and (23.7) using the BCH formula.

## Problem 23.2

Justify the following statement: despite the different local errors, the error in the evolution of the quantum state according to the two splittings, Eqs. (23.6) and (23.7), after many steps is approximately the same.

## Problem 23.3

Why do only the even-order error terms appear in the Richardson expansion (23.26)?

## Problem 23.4

Verify that the Richardson-extrapolation formulae (23.27), (23.28), (23.29), and (23.30) are correct and have the advertised accuracy.

## Chapter 24

## Stochastic Differential Equations

Now we will consider the numerical solution to stochastic differential equations (SDEs) of the form

$$
\begin{equation*}
d y=\alpha(y, t) d t+\beta(y, t) d W \tag{24.1}
\end{equation*}
$$

where $d W(t)$ is the Wiener process as usual (see Chapter 17). We will stick to considering only Itō SDEs for simplicity. Because of the unusual and singular nature of $d W(t)$, the methods that apply to ODEs (Chapter 21) do not work well here, and we will have to develop new methods. We will also see that accurately solving SDEs is much more difficult than ODEs. However, we will then have the formalism to put stochastic Schrödinger and master equations (Chapters 18 and 19) on the computer. ${ }^{1}$

### 24.1 Stochastic Euler Method

The simplest numerical method we considered in solving ODEs was the Euler method (21.2). This applies to Eq. (24.1) when $\beta=0$, in which case the update equation is

$$
\begin{equation*}
y_{n+1}=y_{n}+\alpha\left(y_{n}, t_{n}\right) \Delta t+O\left(\Delta t^{2}\right) \tag{24.2}
\end{equation*}
$$

where again the solution is evolved in finite time steps of $\Delta t$, and we are using the condensed notation $y_{n}:=y(n \Delta t)$ and $t_{n}:=n \Delta t$. We can try extending this method to the $\operatorname{SDE}(24.1)$ by taking the same linear approximation to the stochastic term, to arrive at the stochastic Euler method (often called the Euler-Maruyama method): ${ }^{2}$

$$
\begin{equation*}
y_{n+1}=y_{n}+\alpha\left(y_{n}, t_{n}\right) \Delta t+\beta\left(y_{n}, t_{n}\right) \Delta W_{n} \tag{24.3}
\end{equation*}
$$

(stochastic Euler method)
We are defining the time increment as before, and the Wiener increment $\Delta W_{n}$ is defined in an analogous way:

$$
\begin{align*}
\Delta t_{n} & :=\int_{t_{n}}^{t_{n+1}} d t^{\prime}  \tag{24.4}\\
\Delta W_{n} & :=\int_{t_{n}}^{t_{n+1}} d W\left(t^{\prime}\right)
\end{align*}
$$

(time increments)

Of course, $\Delta t_{n} \equiv \Delta t$ is independent of $n$, so we need not indicate explicit time dependence. The key, however, is that the approximation works when $\alpha$ and $\beta$ vary slowly over the interval $\left[t_{n}, t_{n+1}\right]$, and thus

[^288]when we try to compute the solution
\[

$$
\begin{equation*}
y_{n+1}=y_{n}+\int_{t_{n}}^{t_{n+1}} d t^{\prime} \alpha\left(y\left(t^{\prime}\right), t^{\prime}\right)+\int_{t_{n}}^{t_{n+1}} d W\left(t^{\prime}\right) \beta\left(y\left(t^{\prime}\right), t^{\prime}\right) \tag{24.5}
\end{equation*}
$$

\]

we can, to first approximation, treat $\alpha$ and $\beta$ as constants and pull them out of their respective integrals, which precisely yields Eq. (24.3).

### 24.1.1 Truncation Error

Recall the Itō chain rule (17.148) for a function $f(y)$, where $y(t)$ satisfies the $\operatorname{SDE}(24.1)$ :

$$
\begin{equation*}
d f(y)=\left[f^{\prime}(y) \alpha(y, t)+\frac{1}{2} f^{\prime \prime}(y) \beta^{2}(y, t)\right] d t+f^{\prime}(y) \beta(y, t) d W \tag{24.6}
\end{equation*}
$$

Integrating this expression from $t^{\prime}=t_{0}$ to $t$,

$$
\begin{equation*}
f(y(t))=f\left(y\left(t_{0}\right)\right)+\int_{t_{0}}^{t}\left[f^{\prime}(y) \alpha\left(y, t^{\prime}\right)+\frac{1}{2} f^{\prime \prime}(y) \beta^{2}\left(y, t^{\prime}\right)\right] d t^{\prime}+\int_{t_{0}}^{t} f^{\prime}(y) \beta\left(y, t^{\prime}\right) d W\left(t^{\prime}\right) \tag{24.7}
\end{equation*}
$$

Now we can let $f(y) \longrightarrow \alpha(y, t), f(y) \longrightarrow \beta(y, t)$, and $t_{0} \longrightarrow t_{n}$, and then put the two resulting expressions in Eq. (24.5) to obtain

$$
\begin{align*}
y_{n+1}= & y_{n}+\alpha\left(y_{n}, t_{n}\right) \Delta t+\beta\left(y_{n}, t_{n}\right) \Delta W_{n} \\
& +\int_{t_{n}}^{t_{n+1}} d t^{\prime} \int_{t_{n}}^{t^{\prime}} d t^{\prime \prime}\left[\alpha^{\prime}\left(y, t^{\prime \prime}\right) \alpha\left(y, t^{\prime \prime}\right)+\frac{1}{2} \alpha^{\prime \prime}\left(y, t^{\prime \prime}\right) \beta^{2}\left(y, t^{\prime \prime}\right)\right]+\int_{t_{n}}^{t_{n+1}} d t^{\prime} \int_{t_{n}}^{t^{\prime}} d W\left(t^{\prime \prime}\right) \alpha^{\prime}\left(y, t^{\prime \prime}\right) \beta\left(y, t^{\prime \prime}\right) \\
& +\int_{t_{n}}^{t_{n+1}} d W\left(t^{\prime}\right) \int_{t_{n}}^{t^{t^{\prime}}} d t^{\prime \prime}\left[\beta^{\prime}\left(y, t^{\prime \prime}\right) \alpha\left(y, t^{\prime \prime}\right)+\frac{1}{2} \beta^{\prime \prime}\left(y, t^{\prime \prime}\right) \beta^{2}\left(y, t^{\prime \prime}\right)\right] \\
& +\int_{t_{n}}^{t_{n+1}} d W\left(t^{\prime}\right) \int_{t_{n}}^{t^{\prime}} d W\left(t^{\prime \prime}\right) \beta^{\prime}\left(y, t^{\prime \prime}\right) \beta\left(y, t^{\prime \prime}\right) \tag{24.8}
\end{align*}
$$

The primes here are equivalent to the partial derivatives $\partial_{y}$. Again, we can pretend that the $\alpha$ and $\beta$ functions are constant over the short time interval $\Delta t$. Then we have simple integrals of the form

$$
\begin{equation*}
\int_{t_{n}}^{t_{n+1}} d t^{\prime} \int_{t_{n}}^{t^{\prime}} d t^{\prime \prime} ; \quad \int_{t_{n}}^{t_{n+1}} d t^{\prime} \int_{t_{n}}^{t^{\prime}} d W\left(t^{\prime \prime}\right) ; \quad \int_{t_{n}}^{t_{n+1}} d W\left(t^{\prime}\right) \int_{t_{n}}^{t^{\prime}} d t^{\prime \prime} ; \quad \int_{t_{n}}^{t_{n+1}} d W\left(t^{\prime}\right) \int_{t_{n}}^{t^{\prime}} d W\left(t^{\prime \prime}\right) \tag{24.9}
\end{equation*}
$$

to deal with. The first integral is just $\Delta t^{2} / 2$, or for our purposes, simply $O\left(\Delta t^{2}\right)$. Similarly, if we proceed with counting each $\Delta W$ on average as equivalent to $\Delta t^{1 / 2}$, the second and third integrals are $O\left(\Delta t^{3 / 2}\right)$, and the last integral is $O\left(\Delta t^{1}\right)$. Clearly, any error in treating $\alpha$ and $\beta$ as constants will result in higher-order errors, so the truncation error here is $O(\Delta t)$. Thus, we may again write the stochastic Euler method as

$$
\begin{equation*}
y_{n+1}=y_{n}+\alpha\left(y_{n}, t_{n}\right) \Delta t+\beta\left(y_{n}, t_{n}\right) \Delta W_{n}+O(\Delta t) \tag{24.10}
\end{equation*}
$$

(stochastic Euler method)
The local truncation error here is, as we see, much worse than the deterministic Euler method (24.2). To estimate the global truncation error, again suppose we use this method to evolve the solution out to a fixed final time $t$ in $N$ steps of $\Delta t=t / N$. The local truncation error on each step is $O(\Delta t)$, due essentially to the stochastic term. The dominant errors will thus be random and uncorrelated, so we consider the error in a random walk of $N$ steps of mean size of order $t / N$, which will scale as $\sqrt{N}(t / N)=t / \sqrt{N}=O\left(\Delta t^{1 / 2}\right)$. Thus the global error of the stochastic Euler scheme converges very badly, as $O\left(\Delta t^{1 / 2}\right)$. This is indicative of the fact that stochastic differential equations are much more difficult to solve than the deterministic counterparts. In any case, as in the ODE case, we call this method an $O\left(\Delta t^{1 / 2}\right)$ method, because the local truncation is correct to this order, or equivalently, the global error is $O\left(\Delta t^{1 / 2}\right)$.

### 24.2 Milstein Method

To construct the next, relatively simple, higher-order method, we note that the only term we neglected in Eq. (24.8) that was $O(\Delta t)$ was the last one, involving the double integral

$$
\begin{align*}
\int_{t_{n}}^{t_{n+1}} d W\left(t^{\prime}\right) \int_{t_{n}}^{t^{\prime}} d W\left(t^{\prime \prime}\right) & =\int_{t_{n}}^{t_{n+1}} d W\left(t^{\prime}\right)\left[W\left(t^{\prime}\right)-W\left(t_{n}\right)\right] \\
& =\frac{1}{2} \int_{t_{n}}^{t_{n+1}}\left\{d\left[W\left(t^{\prime}\right)\right]^{2}-d t\right\}-W\left(t_{n}\right) \int_{t_{n}}^{t_{n+1}} d W\left(t^{\prime}\right) \\
& =\frac{1}{2}\left[W^{2}\left(t_{n+1}\right)-W^{2}\left(t_{n}\right)\right]-\frac{\Delta t}{2}-W\left(t_{n}\right) \Delta W\left(t_{n}\right)  \tag{24.11}\\
& =\frac{1}{2}\left[W\left(t_{n+1}\right)+W\left(t_{n}\right)\right] \Delta W\left(t_{n}\right)-\frac{\Delta t}{2}-W\left(t_{n}\right) \Delta W\left(t_{n}\right) \\
& =\frac{1}{2}\left[W\left(t_{n+1}\right)-W\left(t_{n}\right)\right] \Delta W\left(t_{n}\right)-\frac{\Delta t}{2} \\
& =\frac{1}{2}\left\{\left[\Delta W\left(t_{n}\right)\right]^{2}-\Delta t\right\}
\end{align*}
$$

where we used the Ito rule $d\left(W^{2}\right)=2 W d W+d W^{2}=2 W d W+d t$ in the second step. The idea behind the Milstein method ${ }^{3}$ is to keep this correction term, keeping in mind that the factor we just worked out is multiplied by $\beta\left(y, t_{n}\right) \beta^{\prime}\left(y, t_{n}\right)$, which we are treating as constant to this order of approximation:

$$
\begin{equation*}
y_{n+1}=y_{n}+\alpha\left(y_{n}, t_{n}\right) \Delta t+\beta\left(y_{n}, t_{n}\right) \Delta W_{n}+\frac{1}{2} \beta\left(y_{n}, t_{n}\right) \beta^{\prime}\left(y_{n}, t_{n}\right)\left(\Delta W_{n}^{2}-\Delta t\right)+O\left(\Delta t^{3 / 2}\right) \tag{24.12}
\end{equation*}
$$

(Milstein method)
Again, the prime refers to partial differentiation with respect to $y_{n}$. Clearly the local truncation error is $O\left(\Delta t^{3 / 2}\right)$, since we have ignored the two integrals in Eqs. (24.9) of the same order. By the same argument as for the Euler method, the global error is a factor of $\Delta t^{1 / 2}$ worse, or $O(\Delta t)$, which is the same global error as the deterministic Euler method.

### 24.3 Stochastic Taylor Expansion

What we have written down in Eq. (24.8) is something like a Tayler expansion for $y_{n+1}$ in terms of $y_{n}$. Again, treating $\alpha$ and $\beta$ as constants, essentially what we have is a Taylor expansion, neglecting $O\left(\Delta t^{3 / 2}\right)$ terms. The full Taylor expansion is given by iterating the above procedure, for example using Eq. (24.7) to replace the functions $\alpha$ and $\beta$ evaluated at time $t^{\prime \prime}$. This procedure obviously introduces triple stochastic integrals; the next iteration introduces quadruple integrals, and so forth.

### 24.3.1 Single and Double Integrals

The first thing that is clear is that we will need to employ a hierarchy of stochastic integrals. The ones we have considered so far are the single integrals

$$
\begin{align*}
& \left(I_{0}\right)_{n}:=\int_{t_{n}}^{t_{n+1}} d t^{\prime}=\Delta t  \tag{24.13}\\
& \left(I_{1}\right)_{n}:=\int_{t_{n}}^{t_{n+1}} d W\left(t^{\prime}\right)=\Delta W_{n}
\end{align*}
$$

[^289]as well as the double integrals
\[

$$
\begin{align*}
& \left(I_{00}\right)_{n}:=\int_{t_{n}}^{t_{n+1}} d t^{\prime} \int_{t_{n}}^{t^{\prime}} d t^{\prime \prime}=\frac{\Delta t^{2}}{2} \\
& \left(I_{10}\right)_{n}:=\int_{t_{n}}^{t_{n+1}} d t^{\prime} \int_{t_{n}}^{t^{\prime}} d W\left(t^{\prime \prime}\right)  \tag{24.14}\\
& \left(I_{01}\right)_{n}:=\int_{t_{n}}^{t_{n+1}} d W\left(t^{\prime}\right) \int_{t_{n}}^{t^{\prime}} d t^{\prime \prime}=\Delta t \Delta W_{n}-\left(I_{10}\right)_{n}=\left(I_{0}\right)_{n}\left(I_{1}\right)_{n}-\left(I_{10}\right)_{n} \\
& \left(I_{11}\right)_{n}:=\int_{t_{n}}^{t_{n+1}} d W\left(t^{\prime}\right) \int_{t_{n}}^{t^{\prime}} d W\left(t^{\prime \prime}\right)=\frac{\Delta W_{n}^{2}}{2}-\frac{\Delta t}{2} .
\end{align*}
$$
\]

The first and the last integral we worked out before, and the third integral follows from

$$
\begin{align*}
\left(I_{01}\right)_{n} & =\int_{t_{n}}^{t_{n+1}} d W\left(t^{\prime}\right)\left(t^{\prime}-t_{n}\right) \\
& =\int_{t_{n}}^{t_{n+1}} d W\left(t^{\prime}\right) t^{\prime}-t_{n} \Delta W_{n} \\
& =\left[t^{\prime} W\left(t^{\prime}\right)\right]_{t_{n}}^{t_{n+1}}-\int_{t_{n}}^{t_{n+1}} d t^{\prime} W\left(t^{\prime}\right)-t_{n} \Delta W_{n} \\
& =t_{n+1} W\left(t_{n+1}\right)-t_{n} W\left(t_{n}\right)-\int_{t_{n}}^{t_{n+1}} d t^{\prime}\left[W\left(t^{\prime}\right)-W\left(t_{n}\right)\right]-\Delta t W\left(t_{n}\right)-t_{n} \Delta W_{n}  \tag{24.15}\\
& =t_{n+1} W\left(t_{n+1}\right)-t_{n} W\left(t_{n+1}\right)-\left(I_{10}\right)_{n}-\Delta t W\left(t_{n}\right) \\
& =\Delta t W\left(t_{n+1}\right)-\left(I_{10}\right)_{n}-\Delta t W\left(t_{n}\right) \\
& =\Delta t \Delta W_{n}-\left(I_{10}\right)_{n},
\end{align*}
$$

where we integrated by parts in the third step. Note that all the double integrals can be reduced to expressions in terms of single integrals and $\left(I_{10}\right)_{n}$; however, this last double integral is irreducible in the sense that it cannot be written only in terms of single integrals. We can thus characterize it more completely. It is clearly Gaussian, as from its definition it is a sum over independent, Gaussian random variables. It has mean, variance, and covariance with $\Delta W_{n}$ given by

$$
\begin{align*}
\left\langle\left\langle\left(I_{10}\right)_{n}\right\rangle\right\rangle & =0 \\
\left\langle\left\langle\left(I_{10}\right)_{n}^{2}\right\rangle\right\rangle & =\frac{\Delta t^{3}}{3}  \tag{24.16}\\
\left\langle\left\langle\left(I_{10}\right)_{n} \Delta W_{n}\right\rangle\right\rangle & =\frac{\Delta t^{2}}{2}
\end{align*}
$$

The mean is obvious, as $\left(I_{10}\right)_{n}$ is again the sum over independent, Gaussian random variables of zero mean. The variance and covariance we leave as an exercise (Problem 1). For the purposes of simulation, given two independent, standard-normal random numbers $z_{1}$ and $z_{2}$ (i.e., variance 1 and mean 0 ), it is not hard to verify that the linear combinations

$$
\begin{align*}
\delta W_{n} & =\sqrt{\Delta t} z_{1} \\
\left(I_{10}\right)_{n} & =\frac{\Delta t^{3 / 2}}{2}\left(z_{1}+\frac{z_{2}}{\sqrt{3}}\right) \tag{24.17}
\end{align*}
$$

have the correct statistics for the two desired quantities. However, we will return to more useful strategies for computing these numbers below.

### 24.3.2 Iterated Integrals

The notation here generalizes readily to further iterated integrals. In the case of $I_{0}$, the zero subscript indicates a simple integration of $d t$ over the time interval; for $I_{1}$, the unit subscript indicates a simple integration of $d W(t)$ instead. For the double-integrals, the subscripts have the same meaning, but the result of integrating according to the first index is integrated again according to the second integral; thus, $I_{10}$ means to integrate $d W$, and then integrate the result with a the differential $d t$. In the general case, with $I_{j_{1} j_{2} j_{3} \ldots j_{n}}$, where $j_{\alpha} \in\{0,1\}$, we again integrate $d t$ or $d W$ according to the value of $j_{1}$, then integrate the result over $d t$ or $d W$ according to the value of $j_{2}$, and so on.

Clearly, when we iterate the procedure leading to Eq. (24.8) to generate the stochastic Taylor expansion, we are generating on the very next iteration triple integrals, such as $I_{110}$. Roughly speaking, when counting order we should count each 1 as a $1 / 2$ order, while a 0 is a full extra order. Thus, the Taylor expansion to order $\Delta t$ involves $I_{0}, I_{1}$, and $I_{11}$. To order $\Delta t^{3 / 2}$, the expansion also involves $I_{10}, I_{01}$, and $I_{111}$; while to order $\Delta t^{2}$, the expansion also involves $I_{00}, I_{110}, I_{101}, I_{011}$, and $I_{1111}$. It is not hard to see that the stochastic Taylor expansion is much more complicated than the regular Taylor expansion: the regular Taylor expansion only involves $I_{0}, I_{00}, I_{000}$, and so on. In terms of actual calculations, there is the additional complication that at higher orders, new random quantities are introduced that cannot be expressed entirely in terms of lower-order quantities. Again, these integrals may be written in terms of other integrals, although this becomes complicated where many indices are involved; however, it can be shown that ${ }^{4}$

$$
\begin{equation*}
(\Delta W)^{j} I_{j_{1} \ldots j_{n}}=\sum_{i=0}^{n} I_{j_{1} \ldots j_{i-1} j j_{i+1} \ldots j_{n}}+\sum_{i=1}^{n} j \delta_{j j_{i}} \Delta W I_{j_{1} \ldots j_{i-1} 0 j_{i+1} \ldots j_{n}} \tag{24.18}
\end{equation*}
$$

where recall that $j$ and all $j_{i}$ are either 0 or 1 .
It is precisely the existence of extra terms that causes traditional numerical methods for ODEs to fail in general for SDEs. In certain special cases (such as additive noise), ordinary methods may provide better performance (since certain terms in the stochastic Taylor expansion will vanish). However, in general different methods must be developed to handle SDEs at "high" order. ${ }^{5}$

### 24.3.3 Expression for the Taylor Expansion

As we have indicated thus far, the stochastic Taylor expansion is quite complicated. We will simply state the result here for the It $\bar{o}$-Taylor expansion ${ }^{6}$ for the solution $y(t)$ to the scalar $\operatorname{SDE}(24.1)$, which is

$$
\begin{equation*}
y(t)=y\left(t_{0}\right)+\sum_{n=1}^{\infty} \sum_{j_{1} \ldots j_{n}=0}^{1} I_{j_{1} \ldots j_{n}} f_{j_{1} \ldots j_{n}}, \tag{24.19}
\end{equation*}
$$

where the multiple stochastic integrals $I_{j_{1} \ldots j_{n}}$ are defined over the time interval from $t_{0}$ to $t$, and the coefficient functions are defined recursively in terms of the functions with one index removed:

$$
\begin{equation*}
f_{j_{1} \ldots j_{n}}=L^{j_{1}} f_{j_{2} \ldots j_{n}} \tag{24.20}
\end{equation*}
$$

The lowest-order case of $f$ (with all indices removed) is defined by $f=y$, and the operators $L^{j}$ are defined by

$$
\begin{align*}
& L^{0}=\partial_{t}+\alpha \partial_{y}+\frac{1}{2} \beta^{2} \partial_{y}^{2}  \tag{24.21}\\
& L^{1}=\beta \partial_{y}
\end{align*}
$$

[^290]Thus, for example,

$$
\begin{align*}
f_{0} & =L^{0} y=\alpha \\
f_{1} & =L^{1} y=\beta \\
f_{11} & =L^{1} f_{1}=\beta \partial_{y} \beta  \tag{24.22}\\
f_{01} & =L^{0} f_{1}=\partial_{t} \beta+\alpha \partial_{y} \beta+\frac{1}{2} \beta^{2} \partial_{y}^{2} \beta
\end{align*}
$$

Clearly, these coefficient functions become much more complicated as the order increases. However, it should also be reasonably clear how this expansion comes about by the iterated application of the Itō integral forumula. This is one case where Stratonovich calculus is fairly nice: the corresponding Stratonovich formulae for the iterated integrals and coefficients are simplified, for example, by the absence of the final term in the expression for $L^{0}$.

### 24.3.4 Multiple Wiener Processes

As you can imagine, a vector SDE driven by multiple Wiener processes $d W_{k}$ is way more complicated than the scalar case. In particular, the iterated integrals must be generalized to indices beyond 0 and 1 , so that there are many more terms in the Taylor expansion, and the differential operators must be similarly generalized. Best to avoid this kind of problem if at all possible, except in simple cases (as in additive noise, where the vector process can be reduced to a scalar process anyway). If avoidance fails, the only simple solution is to stick with something simple like the generalization of the stochastic Euler scheme. Estimating the higher-order iterated integrals may not even be possible via any reasonable, efficient method, depending on the nature of the problem. In any case, some extensions of the methods we show below to vector Wiener processes are given by Kloeden and Platen ${ }^{7}$

### 24.4 Stochastic Runge-Kutta Methods

The Milstein method (24.12) is the simplest example of "Taylor" methods that explicitly cancel the higherorder terms in the Itō-Tayler expansion. The problem with these methods is that they require not only specifying the functions $\alpha$ and $\beta$ in the $\operatorname{SDE}(24.1)$, but also their derivatives. In the Milstein case, we have to specify $\beta^{\prime}$, but for higher-order methods, more and more derivatives must be specified. This is not a problem in principle, but merely for convenience of the user.

Instead, we can try an approach following the ODE case of Runge-Kutta methods, where multiple function evaluations with different arguments are used to estimate the information that would otherwise be supplied by the derivatives. Again, though, these are not the same Runge-Kutta methods as in the deterministic case, but different methods designed to cancel error terms in the Itō-Taylor expansion above. We will simply quote two Itō methods here. ${ }^{8}$ An $O(\Delta t)$ method (i.e., a stochastic Runge-Kutta method of comparable accuracy to the Milstein method) is

$$
\begin{align*}
& d_{n}=y_{n}+\alpha\left(y_{n}, t_{n}\right) \Delta t+\beta\left(y_{n}, t_{n}\right) \sqrt{\Delta t} \\
& y_{n+1}=y_{n}+\alpha\left(y_{n}, t_{n}\right) \Delta t+\beta\left(y_{n}, t_{n}\right) \Delta W_{n}+\frac{1}{2 \sqrt{\Delta t}}\left[\beta\left(d_{n}, t_{n+1}\right)-\beta\left(y_{n}, t_{n}\right)\right]\left[\Delta W_{n}^{2}-\Delta t\right] . \\
& \quad \text { (stochastic Runge-Kutta method, order 1) } \tag{24.23}
\end{align*}
$$

[^291]An $O\left(\Delta t^{3 / 2}\right)$ method is

$$
\begin{aligned}
d_{1 \pm}= & y_{n}+\alpha\left(y_{n}, t_{n}\right) \Delta t \pm \beta\left(y_{n}, t_{n}\right) \sqrt{\Delta t} \\
d_{2 \pm}= & d_{1+} \pm \beta\left(d_{1+}, t_{n+1}\right) \sqrt{\Delta t} \\
y_{n+1}= & y_{n}+\beta\left(y_{n}, t_{n}\right) \Delta W_{n}+\frac{1}{2 \sqrt{\Delta t}}\left[\alpha\left(d_{1+}, t_{n+1}\right)-\alpha\left(d_{1-}, t_{n-1}\right)\right]\left(I_{10}\right)_{n} \\
& +\frac{1}{4}\left[\alpha\left(d_{1+}, t_{n+1}\right)+2 \alpha\left(y_{n}, t_{n}\right)+\alpha\left(d_{1-}, t_{n-1}\right)\right] \Delta t \\
& +\frac{1}{4 \sqrt{\Delta t}}\left[\beta\left(d_{1+}, t_{n+1}\right)+\beta\left(d_{1-}, t_{n-1}\right)\right]\left(\Delta W_{n}^{2}-\Delta t\right) \\
& +\frac{1}{2 \Delta t}\left[\beta\left(d_{1+}, t_{n+1}\right)-2 \beta\left(y_{n}, t_{n}\right)+\beta\left(d_{1-}, t_{n-1}\right)\right]\left[\Delta W_{n} \Delta t-\left(I_{10}\right)_{n}\right] \\
& +\frac{1}{4 \Delta t}\left[\beta\left(d_{2+}, t_{n+1}\right)-\beta\left(d_{2-}, t_{n-1}\right)-\beta\left(d_{1+}, t_{n+1}\right)+\beta\left(d_{1-}, t_{n-1}\right)\right]\left(\frac{\Delta W_{n}^{2}}{3}-\Delta t\right) \Delta W_{n}
\end{aligned}
$$

(stochastic Runge-Kutta method, order 3/2) (24.24)
At the time of writing, there seems to have been no true $O\left(\Delta t^{2}\right)$ methods that have been reported for the general (multiplicative noise) case.

To see the relative performance of the schemes we have presented thus far, we test them on the sample problem ${ }^{9}$

$$
\begin{equation*}
d y=-\left(a+b^{2} y\right)\left(1-y^{2}\right) d t+b\left(1-y^{2}\right) d W \tag{24.25}
\end{equation*}
$$

where $a$ and $b$ are constants. This is a multiplicative SDE with the analytic solution

$$
\begin{equation*}
y(t)=\frac{\left.\left(1+y_{0}\right) \exp [-2 a t+2 b W(t)]+y_{0}-1\right)}{\left.\left(1+y_{0}\right) \exp [-2 a t+2 b W(t)]+1-y_{0}\right)} \tag{24.26}
\end{equation*}
$$

For this calculation we took $a=b=1$ and $y_{0}=0$. The base step size was $\Delta t=0.00015$, with the other runs having the same base step size reduced by powers of 2 , down to $\Delta t=0.00015 / 2^{15}$. The solutions were computed from $t=0$ out to $t=0.045$ ( 300 of the largest steps), and the rms error was computed for a single trajectory in each case. Every calculation was performed on the same Brownian path $W(t)$ (see below). The following plot compares the accuracy of the stochastic Euler method (24.3), the $O(\Delta t)$ Runge-Kutta method (24.23), and the $O\left(\Delta t^{3 / 2}\right)$ Runge-Kutta method (24.24).


[^292]The scaling behavior in each case is clear, though again the convergence is slow compared to ODEs, and the step sizes required to achieve high accuracy are quite small. Note that in the $O\left(\Delta t^{3 / 2}\right)$ case, rounding dominates the error at the smallest step sizes. In terms of cpu time, the higher order methods are again superior in this problem.


In this case, each method takes a similar amount of time for a given time step $\Delta t$. This is because the test SDE is very simple, and the cpu effort is dominated by random-number generation and construction of the Brownian path. For very complicated SDEs, there will obviously be more of a difference in run times between the different methods. However, it is clear that higher-order methods still provide substantial benefit despite the added complexity.

### 24.5 Implicit Schemes

As we discussed in Section 21.2.2, implicit methods have some advantages in certain classes of deterministic ODEs. It is therefore natural to try to construct similar implicit methods for SDEs. Unfortunately, we can quickly run into problems. Consider the simple SDE

$$
\begin{equation*}
d y=-a y d t-b y d W \tag{24.27}
\end{equation*}
$$

with constant coefficients $a$ and $b$. The stochastic Euler method for this SDE reads

$$
\begin{equation*}
y_{n+1}=y_{n}-a y_{n} \Delta t-b y_{n} \Delta W_{n} . \tag{24.28}
\end{equation*}
$$

The obvious generalization of the impicit Euler method for deterministic ODEs is to evaluate the functions on the right-hand side at time $t_{n+1}$ instead of $t$ :

$$
\begin{equation*}
y_{n+1}=y_{n}-a y_{n+1} \Delta t-b y_{n+1} \Delta W_{n} . \tag{24.29}
\end{equation*}
$$

Note that $\Delta W_{n}$ is unchanged, because it must be chosen according to the convention for Itō SDEs. Solving this equation for $y_{n+1}$,

$$
\begin{equation*}
y_{n+1}=\frac{y_{n}}{1+a \Delta t+b \Delta W_{n}} \tag{24.30}
\end{equation*}
$$

Clearly there is a problem here: $\Delta W_{n}$ is a stochastic variable that can take on essentially any value with nonzero probability, and typically takes on values of the order of $\sqrt{\Delta t}$. For small $\Delta t$ it may thus happen that the denominator can come very close to zero, when $\Delta W_{n}$ takes on values near $-(a / b) \Delta t$. Thus we lose the stability properties we gained in the deterministic case, due just to the stochastic nature of the Wiener process. The problem is apparently just with the stochastic part of the equation. There is no problem, for
example, if we choose a hybrid scheme where the deterministic step is taken implicitly, but the stochastic parts are treated explicitly, as in

$$
\begin{equation*}
y_{n+1}=y_{n}-a y_{n+1} \Delta t-b y_{n} \Delta W_{n} \tag{24.31}
\end{equation*}
$$

for the example problem, which becomes

$$
\begin{equation*}
y_{n+1}=\frac{y_{n}}{1+a \Delta t}-b y_{n} \Delta W_{n} . \tag{24.32}
\end{equation*}
$$

which has no special problems with small denominators.
Again, we will simply quote two implicit Itō methods here, ${ }^{10}$ corresponding to the explicit $O(\Delta t)$ and $O\left(\Delta t^{3 / 2}\right)$ methods above. An $O(\Delta t)$ method (i.e., a stochastic Runge-Kutta method of comparable accuracy to the Milstein method) is

$$
\begin{aligned}
d_{n}=y_{n} & +\alpha\left(y_{n}, t_{n}\right) \Delta t+\beta\left(y_{n}, t_{n}\right) \sqrt{\Delta t} \\
y_{n+1}=y_{n} & +\frac{1}{2}\left[\alpha\left(y_{n}, t_{n}\right)+\alpha\left(y_{n+1}, t_{n+1}\right)\right] \Delta t+\beta\left(y_{n}, t_{n}\right) \Delta W_{n} \\
& +\frac{1}{2 \sqrt{\Delta t}}\left[\beta\left(d_{n}, t_{n+1}\right)-\beta\left(y_{n}, t_{n}\right)\right]\left[\Delta W_{n}^{2}-\Delta t\right] .
\end{aligned}
$$

(implicit stochastic Runge-Kutta method, order 1) (24.33)
Here, we have taken a simple average of $\alpha\left(y_{n}, t_{n}\right)$ and $\alpha\left(y_{n+1}, t_{n+1}\right)$. Of course, any weighted average could be taken, interpolating between explicit and fully implicit. Similarly, an $O\left(\Delta t^{3 / 2}\right)$ method is

$$
\begin{aligned}
d_{1 \pm}= & y_{n}+\alpha\left(y_{n}, t_{n}\right) \Delta t \pm \beta\left(y_{n}, t_{n}\right) \sqrt{\Delta t} \\
d_{2 \pm}= & d_{1+} \pm \beta\left(d_{1+}, t_{n+1}\right) \sqrt{\Delta t} \\
y_{n+1}= & y_{n}+\beta\left(y_{n}, t_{n}\right) \Delta W_{n}+\frac{1}{2}\left[\alpha\left(y_{n+1}, t_{n+1}\right)+\alpha\left(y_{n}, t_{n}\right)\right] \Delta t \\
& +\frac{1}{4 \sqrt{\Delta t}}\left[\beta\left(d_{1+}, t_{n+1}\right)+\beta\left(d_{1-}, t_{n-1}\right)\right]\left(\Delta W_{n}^{2}-\Delta t\right) \\
& +\frac{1}{2 \Delta t}\left[\beta\left(d_{1+}, t_{n+1}\right)-2 \beta\left(y_{n}, t_{n}\right)+\beta\left(d_{1-}, t_{n-1}\right)\right]\left[\Delta W_{n} \Delta t-\left(I_{10}\right)_{n}\right] \\
& +\frac{1}{2 \sqrt{\Delta t}}\left[\alpha\left(d_{1+}, t_{n+1}\right)-\alpha\left(d_{1-}, t_{n-1}\right)\right]\left[\left(I_{10}\right)_{n}-\frac{\Delta W_{n} \Delta t}{2}\right] \\
& +\frac{1}{4 \Delta t}\left[\beta\left(d_{2+}, t_{n+1}\right)-\beta\left(d_{2-}, t_{n-1}\right)-\beta\left(d_{1+}, t_{n+1}\right)+\beta\left(d_{1-}, t_{n-1}\right)\right]\left(\frac{\Delta W_{n}^{2}}{3}-\Delta t\right) \Delta W_{n}
\end{aligned}
$$

(stochastic Runge-Kutta method, order 3/2) (24.34)
This form is specific to the choice of a half "degree of implicitness" (that is, an average of $\alpha$ at the present and advanced times). When comparing these methods to the corresponding explicit methods in the last section on the example problem (24.25), the performance is about the same (with a slight advantage in the order 1 case) for a given time step, and the cpu time is again about the same since the calculation is dominated by the random-number generation, not by the implementation of the finite-difference formulae or by the functional iteration in the implicit schemes.

Of course, similar tricks can be done with any of the schemes we have presented so far: the deterministic step can be taken with high-order deterministic methods (such as fourth-order Runge-Kutta), so long as the stochastic parts are treated according to SDE-adapted methods as presented here.

The formulae here and in the last section have been implemented in a publicly-available Fortran 90 module. ${ }^{11}$ This module includes the facilities described below to generate consistent Brownian paths with different step sizes, and a sample code implementing the test problem above is included.

[^293]
### 24.6 Strong and Weak Convergence

Up until now, we have been considering a particular kind of convergence of solutions of SDEs, strong convergence. This means we are considering pathwise convergence of solutions. If $\tilde{y}(t ; \Delta t)$ is a finitedifference approximation to the true solution $\mathrm{y}(\mathrm{t})$ to the $\operatorname{SDE}(24.1)$, then the method for generating $\tilde{y}(t ; \Delta t)$ is of strong order $\gamma$ if at fixed $t$,

$$
\begin{equation*}
\langle\langle y(t)-\tilde{y}(t ; \Delta t)\rangle\rangle=O\left(\Delta t^{\gamma}\right) \tag{24.35}
\end{equation*}
$$

(strong convergence condition)
The order here again refers to the scaling behavior of the global error. Another less-demanding convergence criterion refers to convergence of ensemble means. The same numerical method is said to have weak order $\delta$ if for every polynomial $g(y)$,

$$
\begin{equation*}
\langle\langle g(y(t))\rangle\rangle-\langle\langle g(\tilde{y}(t ; \Delta t))\rangle\rangle=O\left(\Delta t^{\delta}\right) \tag{24.36}
\end{equation*}
$$

(weak convergence condition)
at fixed time $t$. Strong convergence at order $\gamma$ implies weak convergence of at least the same order. For example, we argued that the stochastic Euler method has strong order $1 / 2$. This is due to an error term proportional to $I_{11}$, which has zero mean; when considering expectation values, this error term is wiped out, and the stochastic Euler scheme is actually of weak order 1. ${ }^{12}$ The Milstein method turns out to have both strong and weak order $1 .{ }^{13}$ Since we are normally thinking about solutions to SDEs as individually interesting objects (modeling individual realizations of a continuous measurement process, for example), we will generally be concerned with the more difficult case of strong convergence.

### 24.7 Consistent Brownian Paths

In considering the strong convergence of the solution to an SDE , it is in general easy to check the convergence where the exact solution is known, as in the test problem above. However, this is obviously more difficult in the generic case where the exact solution is not known. In deciding whether or not to accept a particular numerical solution, in the deterministic case you would usually just run the integration again, but with a different step size (say half the original step size). If the two solutions match to within some tolerance, then you can accept the solution. But this is trickier with SDEs. Suppose that you use a random number generator to generate a sequence of Wiener increments

$$
\begin{equation*}
\Delta W_{0}, \Delta W_{1}, \Delta W_{2}, \ldots \tag{24.37}
\end{equation*}
$$

where $\left\langle\left\langle\Delta W_{n}^{2}\right\rangle\right\rangle=\Delta t$. To cut the step size in half and rerun things, first of all, the same set of random numbers must be used, otherwise the two runs will not in general be well correlated. But even if we use the same set of random numbers to generate the new Wiener increments,

$$
\begin{equation*}
\Delta W_{0}^{(1 / 2)}, \Delta W_{1}^{(1 / 2)}, \Delta W_{2}^{(1 / 2)}, \Delta W_{3}^{(1 / 2)}, \Delta W_{4}^{(1 / 2)}, \Delta W_{5}^{(1 / 2)}, \ldots \tag{24.38}
\end{equation*}
$$

where $\left\langle\left\langle\left(\Delta W_{n}^{(1 / 2)}\right)^{2}\right\rangle\right\rangle=\Delta t / 2$, we will still have problems, because the increments don't line up: the first random number in the two cases generated $\Delta W_{0}$ and $\Delta W_{0}^{(1 / 2)}$, while the second random number generated $\Delta W_{1}$ and $\Delta W_{1}^{(1 / 2)}$. However, $\Delta W_{1}$ and $\Delta W_{1}^{(1 / 2)}$ don't correspond to the same absolute time. In fact, for consistency, what we require is

$$
\begin{equation*}
\Delta W_{0}=\Delta W_{0}^{(1 / 2)}+\Delta W_{1}^{(1 / 2)} ; \quad \Delta W_{1}=\Delta W_{2}^{(1 / 2)}+\Delta W_{3}^{(1 / 2)} ; \quad \Delta W_{3}=\Delta W_{4}^{(1 / 2)}+\Delta W_{5}^{(1 / 2)} \tag{24.39}
\end{equation*}
$$

and so on. These conditions allow both sequences to correspond to time integrals $\left(I_{1}\right)_{n}$ of the same ideal, particular realization of the Wiener process $W(t)$, which we will refer to as a particular Brownian path. Thus, what we require is a procedure for constructing sequences of Wiener increments with different step sizes, but corresponding to different paths.

[^294]One convenient method for doing this is to start with the sequence of Wiener increments $\Delta W_{n}$ on the coarser time step $\Delta t$, and then to refine it consistently onto the finer time grid of step $\Delta t / 2 .{ }^{14}$ That is, given a Gaussian Wiener increment $\Delta W_{n}$ with variance $\Delta t$, we will use another Gaussian random variable $z$ of unit variance (i.e., standard normal) to generate two new, uncorrelated Gaussian random numbers $\Delta W_{n}^{(1)}$ and $\Delta W_{n}^{(2)}$, each of variance $\Delta t / 2$ and satisfying $\Delta W_{n}^{(1)}+\Delta W_{n}^{(1)}=\Delta W_{n}$. These conditions are clearly satisfied if we choose ${ }^{15}$

$$
\begin{align*}
\Delta W_{n}^{(1)} & =\frac{1}{2} \Delta W_{n}+\frac{\sqrt{\Delta t}}{2} z  \tag{24.40}\\
\Delta W_{n}^{(2)} & =\frac{1}{2} \Delta W_{n}-\frac{\sqrt{\Delta t}}{2} z
\end{align*}
$$

(refinement of Brownian path)

This procedure may obviously be iterated to obtain consistent Brownian paths with yet smaller time steps (by powers of two), creating a tree structure of Wiener increments, with different levels corresponding to different step sizes.



Descending one level on this Brownian tree involves generating a new random number for each Wiener increment on the coarser level, and then combining them as in Eqs. (24.40) to generate the Wiener increments on the finer level. This procedure may be continued indefinitely to consistently realize Brownian paths with arbitrarily fine steps.

This procedure allows you, for example, to run one simulation with one time step $\Delta t$ and another $\Delta t / 2$ on the same Brownian path, and then compare the two runs to estimate the numerical error. Or you can run many different step sizes and examine the convergence behavior of the solution. Consistency of the Brownian path is also an essential first step in implementing adaptive time-step methods for SDEs, which are much more difficult than for ODEs. (The stochastic Euler method, for example, as a basis for an adaptive method can lead to convergence to a wrong solution! ${ }^{16}$ )

### 24.7.1 Consistent Iterated Integrals

One remaining point to address is that for the order $3 / 2$ Runge-Kutta methods, we also need to refine $\left(I_{10}\right)_{n}$ consistently onto finer time grids. One conceptually simple way to generate the $\left(I_{10}\right)_{n}$ in the first place is to generate the Wiener increments on a finer scale than needed for the integration. That is, if we intend to generate a finite-difference solution to an SDE with time step $\Delta t$, Wiener increments $\Delta W_{n}$, and iterated integrals $\left(I_{10}\right)_{n}$, then we should start by generating finer Wiener increments $\delta W_{n}$ for step size $\delta t<\Delta t$. A reasonable choice in practice would be, say, $\delta t=\Delta t / 20$ (although this also works if $\delta t=\Delta t / 2$ ). Then compute $\Delta W_{n}$ by the simple sum,

$$
\begin{equation*}
\Delta W_{n}=\sum_{j=1}^{N_{\delta}} \delta W_{j} \tag{24.41}
\end{equation*}
$$

where $N_{\delta}$ is the number of temporal substeps per integration step ( 20 or 2 , as we mentioned above). This expression is exact, and hasn't gotten us anything because we could have just picked $\Delta W_{n}$ directly. The

[^295]point is that we may also compute $\left(I_{10}\right)_{n}$ via the deterministic Euler method
\[

$$
\begin{equation*}
\left(I_{10}\right)_{n}=\int_{t_{n}}^{t_{n+1}} d t^{\prime} W\left(t^{\prime}\right) \approx \delta t \sum_{j=2}^{N_{\delta}}\left(\sum_{k=1}^{j} \delta W_{k}\right) \tag{24.42}
\end{equation*}
$$

\]

We would normally count the global error of this approximation as $O(\delta t)=O(\Delta t)$ if we keep $N_{\delta}$ fixed. However, $\left(I_{10}\right)_{n}$ itself is $O\left(\Delta t^{3 / 2}\right)$, and so accounting for the coefficient of the global error term, the error in the approximation (24.42) is $O\left(\Delta t^{3 / 2} \delta t\right)=O\left(\Delta t^{5 / 2}\right)$. Thus, this approximation is easily adequate for the order 1.5 methods (24.24) and (24.34). Furthermore, from the last section we know how to refine the increments $\delta W_{n}$ onto a finer time grid, and thus we can consistently generate the $\left(I_{10}\right)_{n}$ also with finer time steps on the same Brownian path.

### 24.7.1.1 Lévy Areas

A better approximation to the integral $\left(I_{10}\right)_{n}$ is to compute the Lévy area ${ }^{17}$

$$
\begin{equation*}
\left(A_{i j}\right)_{n}:=\frac{1}{2}\left(\int_{t_{n}}^{t_{n+1}} d W^{(j)}\left(t^{\prime}\right) \int_{t}^{t^{\prime}} d W^{(i)}\left(t^{\prime \prime}\right)-\int_{t_{n}}^{t_{n+1}} d W^{(i)}\left(t^{\prime}\right) \int_{t}^{t^{\prime}} d W^{(j)}\left(t^{\prime \prime}\right)\right)=\frac{1}{2}\left[\left(I_{i j}\right)_{n}-\left(I_{j i}\right)_{n}\right] \tag{24.43}
\end{equation*}
$$

(Lévy area)
where in the notation here, $d W^{0} \equiv d t$ and $d W^{1} \equiv d W$. We can also approximate this by the (stochastic) Euler scheme (which is equivalent to the Milstein scheme for these integrals),

$$
\begin{equation*}
\left(A_{i j}\right)_{n} \approx \frac{1}{2}\left(\sum_{p=2}^{N_{\delta}} \delta W_{p}^{(j)} \sum_{q=1}^{p-1} \delta W_{q}^{(i)}-\sum_{p=2}^{N_{\delta}} \delta W_{p}^{(i)} \sum_{q=1}^{p-1} \delta W_{q}^{(j)}\right) \tag{24.44}
\end{equation*}
$$

In particular, the Lévy area that we want to approximate is

$$
\begin{align*}
\left(A_{10}\right)_{n} & \approx \frac{1}{2}\left(\sum_{p=2}^{N_{\delta}} \delta t \sum_{q=1}^{p-1} \delta W_{q}-\sum_{p=2}^{N_{\delta}} \delta W_{p} \sum_{q=1}^{p-1} \delta t\right)  \tag{24.45}\\
& =\frac{\delta t}{2}\left(\sum_{p=2}^{N_{\delta}} \sum_{q=1}^{p-1} \delta W_{q}-\sum_{p=2}^{N_{\delta}} \delta W_{p}(p-1)\right)
\end{align*}
$$

Then since

$$
\begin{equation*}
\left(A_{10}\right)_{n}=\frac{1}{2}\left[\left(I_{10}\right)_{n}-\left(I_{01}\right)_{n}\right]=\left(I_{10}\right)_{n}-\frac{1}{2} \Delta t \Delta W_{n} \tag{24.46}
\end{equation*}
$$

where we used Eqs. (24.14), we can compute $\left(I_{10}\right)_{n}$ based on this approximation to the Lévy area.
To see why the Lévy area is better despite the extra complication of the formula, we can compute the variance of the numerical approximant (24.42) to $\left(I_{10}\right)_{n}$ :

$$
\begin{align*}
\left\langle\left\langle\left(\hat{I}_{10}\right)_{n}^{2}\right\rangle\right\rangle & =\delta t^{2}\left[\left(N_{\delta}-1\right)^{2}\left\langle\left\langle\delta W_{1}^{2}\right\rangle\right\rangle+\left(N_{\delta}-1\right)^{2}\left\langle\left\langle\delta W_{2}^{2}\right\rangle\right\rangle+\left(N_{\delta}-2\right)^{2}\left\langle\left\langle\delta W_{3}^{2}\right\rangle\right\rangle+\cdots+(1)^{2}\left\langle\left\langle\delta W_{N_{\delta}}^{2}\right\rangle\right\rangle\right] \\
& =\delta t^{3}\left[\left(N_{\delta}-1\right)^{2}+\sum_{j=1}^{N_{\delta}-1} j^{2}\right] \\
& =\delta t^{3}\left[\frac{N_{\delta}^{3}}{3}+\frac{N_{\delta}^{2}}{2}-\frac{11 N_{\delta}}{6}+1\right] \\
& =\frac{\Delta t^{3}}{3}\left[1+\frac{3}{2} \frac{\delta t}{\Delta t}-\frac{11}{2}\left(\frac{\delta t}{\Delta t}\right)^{2}+3\left(\frac{\delta t}{\Delta t}\right)^{3}\right] \tag{24.47}
\end{align*}
$$

[^296]Here, we used $N_{\delta} \delta t=\Delta t$. The variance should be $\Delta t^{3} / 3$, as we wrote in Eq. (24.16). Thus, this numerical approximation gets variance of the generated $\left(I_{10}\right)_{n}$ 's wrong by an $O(\delta t / \Delta t)$ bias.

For the Lévy area, we can also compute the variance of the numerical approximant:

$$
\begin{align*}
\left\langle\left\langle\left(\hat{A}_{10}\right)_{n}^{2}\right\rangle\right\rangle= & \frac{\delta t^{2}}{4}\left[\left(N_{\delta}-1\right)^{2}\left\langle\left\langle\delta W_{1}^{2}\right\rangle\right\rangle+\left(N_{\delta}-1-1\right)^{2}\left\langle\left\langle\delta W_{2}^{2}\right\rangle\right\rangle+\left(N_{\delta}-2-2\right)^{2}\left\langle\left\langle\delta W_{3}^{2}\right\rangle\right\rangle\right. \\
& \left.+\cdots+\left(1-\left(N_{\delta}-1\right)\right)^{2}\left\langle\left\langle\delta W_{N_{\delta}}^{2}\right\rangle\right\rangle\right] \\
= & \frac{\delta t^{3}}{4}\left[\left(N_{\delta}-1\right)^{2}+\sum_{j=1}^{N_{\delta}-1}\left[j-\left(N_{\delta}-j\right)\right]^{2}\right]  \tag{24.48}\\
= & \frac{\delta t^{3}}{4}\left[\frac{N_{\delta}^{3}}{3}-\frac{4 N_{\delta}}{3}+1\right] \\
= & \frac{\Delta t^{3}}{12}\left[1-4\left(\frac{\delta t}{\Delta t}\right)^{2}+3\left(\frac{\delta t}{\Delta t}\right)^{3}\right] .
\end{align*}
$$

The true variance of the Lévy area is

$$
\begin{equation*}
\left\langle\left\langle\left(A_{10}\right)_{n}^{2}\right\rangle\right\rangle=\left\langle\left\langle\left(I_{10}\right)_{n}^{2}\right\rangle\right\rangle+\frac{\Delta t^{2}}{4}\left\langle\left\langle\Delta W_{n}^{2}\right\rangle\right\rangle-2 \frac{\Delta t}{2}\left\langle\left\langle\left(I_{10}\right)_{n} \Delta W_{n}\right\rangle\right\rangle=\frac{\Delta t^{3}}{3}+\frac{\Delta t^{2}}{4} \Delta t-2 \frac{\Delta t}{2} \frac{\Delta t^{2}}{2}=\frac{1}{12} \Delta t^{3}, \tag{24.49}
\end{equation*}
$$

and thus the approximant biases the variance by an error of $O\left[(\delta t / \Delta t)^{2}\right]$. Since we can compute the integral $\left(I_{10}\right)_{n}$ directly from the Lévy area by adding a quantity that can be computed exactly, the bias to the variance of $\left(I_{10}\right)_{n}$ by this method is only $O\left[(\delta t / \Delta t)^{2}\right]$, which is one order better than the previous method.

### 24.7.1.2 Direct Refinement

Another method for directly refining $\Delta W_{n}$ and $\left(I_{10}\right)_{n}$ onto a finer temporal grid, in the spirit of Eqs. (24.40), is to combine them directly with two independent, standard-normal random numbers $z_{1}$ and $z_{2}$, according to the linear transformation ${ }^{18}$

(refinement of Brownian path) (24.50)
Here, the $\Delta W_{n}^{(1)}$ and $\Delta W_{n}^{(2)}$ are the Wiener increments for the two subintervals of duration $\Delta t / 2$, and $\left(I_{10}\right)_{n}^{(1)}$ and $\left(I_{10}\right)_{n}^{(2)}$ are the corresponding double integrals. This method obviously has the advantage of fewer extra random numbers generated and fewer arithmetic operations for each refinement, compared to the Lévy-area method above. This method also has no bias in terms of the variance of the refined variables. However, the method here is less obviously extensible to higher-order integrals.

[^297]
### 24.8 Random Numbers

The ability to generate quality "random" numbers on a computer is obviously an important part of simulating stochastic systems. We will thus spend a bit of time surveying some useful techniques towards these goals.

### 24.8.1 Uniform Distribution

The workhorse of stochastic simulations is a random-number generator that generates numbers uniformly distributed on the interval $[0,1)$. These numbers can then be transformed to whatever distribution needed by various methods. Most compilers and canned software packages already include such a generator, so why bother thinking about it? First, you might not want to trust just any random-number generator that was handed to you, since there have historically been problems found with random-number generators, some subtle. ${ }^{19}$ Second, it is useful to have a portable random-number generator, which can generate the exact same sequence of "random" numbers under any compiler/architecture, which is impossible using "builtin" generators. Doing this generally requires implementing the generator in integer arithmetic to avoid floating-point rounding variations on different architectures. This is very handy when porting your code to a new platform: the easiest test is just to run it and verify that you get essentially the same output for a particular run. This won't happen if the random numbers are different, however. Finally, having several known methods available allows you to switch methods to make sure you aren't seeing any artifacts due to a particular method.

So just what is a random-number algorithm on a computer? Obviously, it is a deterministic algorithm, and ultimately, with the finite precision of any computer, the algorithm will be periodic. The idea is to come up with an algorithm that (1) produces the correct (uniform) distribution, (2) has a period much larger than the number of pseudorandom numbers needed for simulations, and (3) shows no detectable correlations over sets of pseudorandom numbers large enough for useful simulations. The algorithm must generally be chosen carefully to meet these criteria. ${ }^{20}$ Useful algorithms may be "seeded" with an initial value to produce the same set of random numbers each time. Also, it is desireable that different seeds correspond to different random-number sequences (that is, they should start the generator with initial conditions such that the sequences do not overlap for many iterations. Batteries of statistical tests are available to check the quality of random-number generators, such as Marsaglia's "Diehard Battery" ${ }^{21}$ and the battery of tests described by Knuth..$^{22}$ We point out three algorithms here that meet all these criteria, plus some methods for improving the random numbers further. ${ }^{23}$

### 24.8.1.1 L'Ecuyer's Multiple Recursive Generator

A class of computationally very simple methods go by the name of linear congruential generators (LCGs), ${ }^{24}$ and implement the recurrence

$$
\begin{equation*}
x_{n+1}=\left(a x_{n}+c\right) \bmod m \tag{24.51}
\end{equation*}
$$

(linear conguential generator)

[^298]in integer arithmetic. These algorithms, implemented with real numbers, would clearly be simple chaotic systems, where the state $x_{n}$ is stretched by $a$, shifted by $c$, and then folded by $m$. Of course, in integer arithmetic, the sequence is periodic, and the constants here must be chosen carefully to give decent performance (clearly $a=1, c=1$, and $m=10$ would be a bad choice!). These methods are popular due to their simplicity, but they can have problems, such as a period that may be short in the context of modern processors, and they can have some problems with statistical tests ${ }^{25}$

A multiple recursive generator (MRG) improves on LCGs at the expense of added complexity by expanding the depth of the recurrence. An MRG of order $k$ has the form

$$
x_{n+1}=\left(a_{1} x_{n}+a_{2} x_{n-1}+\cdots+a_{k} x_{n-k+1}+c\right) \bmod m .
$$

(multiple recursive generator) (24.52)
L'Ecuyer's combined multiple recursive generator ${ }^{26}$ uses two MRGs, where the first generator hsa coefficients

$$
\begin{align*}
m_{1} & =2147483647=2^{31}-1 \\
a_{11} & =0 \\
a_{12} & =63308  \tag{24.53}\\
a_{13} & =-183326 \\
b_{1} & =0
\end{align*}
$$

while the second has

$$
\begin{align*}
m_{2} & =2145483479 \\
a_{21} & =86098 \\
a_{22} & =0  \tag{24.54}\\
a_{23} & =-539608 \\
b_{2} & =0 .
\end{align*}
$$

Some of the coeffiecients are zero as a compromise between speed and quality. The idea then is to run both generators simultaneously and combine their outputs via

$$
\begin{equation*}
x_{n}=\left(x_{n}^{(1)}+x_{n}^{(2)}\right) \quad \bmod m_{1} . \tag{24.55}
\end{equation*}
$$

Since the first random-number generator is uniform over the positive range [0, $\left.m_{1}-1\right]$, we can think of it being a uniform distribution on the circle. Adding the second random number corresponds to a random rotation of the circle, which doesn't affect its distribution. This combination further breaks up any correlations or problems that might occur with each individual generator. This combined generator has a period of about $2^{185}$, and outputs integers in the range $\left[0,2^{31}-2\right]$, which can then be divided by $2^{31}$ to produce uniform random numbers on $[0,1)$.

This generator can be seeded in an elegant way that guarantees that different seeds will produce sequences that don't overlap those of other seeds for a maximally long time. First, six initial numbers are needed to start the recurrence, so we can just pick them to be some fixed but otherwise arbitrary, "random" numbers. For concreteness, we can choose

$$
\begin{align*}
& x_{1}^{(1)}=1852689663 \\
& x_{2}^{(1)}=1962642687 \\
& x_{3}^{(1)}=580869375  \tag{24.56}\\
& x_{1}^{(2)}=2039711750 \\
& x_{2}^{(2)}=1671394257 \\
& x_{3}^{(2)}=879888250 .
\end{align*}
$$

[^299]Now the idea is that with the MRGs, we can efficiently skip ahead to anywhere in the random sequence via a divide-and-conquer algorithm. ${ }^{27}$ To understand this, first note that the MRGs can be implemented as the linear transformation

$$
\left[\begin{array}{c}
x_{n+1}  \tag{24.57}\\
x_{n} \\
x_{n-1}
\end{array}\right]=\left[\begin{array}{ccc}
0 & 1 & 0 \\
0 & 0 & 1 \\
a_{1} & a_{2} & a_{3}
\end{array}\right]\left[\begin{array}{c}
x_{n} \\
x_{n-1} \\
x_{n-2}
\end{array}\right] \bmod m=: \mathbf{A}\left[\begin{array}{c}
x_{n} \\
x_{n-1} \\
x_{n-2}
\end{array}\right] \bmod m
$$

on the three-dimensional state of the generator. Then advancing the generator forward $n$ times is equivalent to instead applying the matrix $\left(\mathbf{A}^{n}\right) \bmod m$ Then since the period is just slightly more than $2^{184}$, and if we seed with a single 32-bit integer, there are $2^{32}$ possible seed values. Thus, we can start different seeds $2^{184-32}$ or $5.7 \times 10^{45}$ iterations apart. Thus if $s$ is the seed value, we must apply the matrices $\left(\mathbf{A}^{2^{184-32}}\right)^{s}$ mod $m$ to the initial state of the random number generators, where $s$ is possibly of the order of $2^{32}$. This seems like an absurdly large amount of matrix multiplication just to get started!

The trick behind the divide and conquer algorithm is to compute the large power of the matrix $\mathbf{A}$ recursively, according to

$$
\left(\mathbf{A}^{n}\right) \bmod m= \begin{cases}\mathbf{A} & (n=1) \\ \left(\mathbf{A} \mathbf{A}^{n-1}\right) \bmod m & (n>1, n \text { odd }) \\ \left(\mathbf{A}^{n / 2} \mathbf{A}^{n / 2}\right) \bmod m & (n>1, n \text { even })\end{cases}
$$

(divide-and-conquer algorithm) (24.58)
In this way, $\mathbf{A}^{n}$ may be computed in only $O\left(\log _{2} n\right)$ matrix multiplications. Specifically, $\left(\mathbf{A}^{2^{184-32}}\right) \bmod m$ may be computed in about 152 matrix multiplications. Then the matrix $\left(\mathbf{A}^{2^{184-32}}\right)^{s} \bmod m$ needed to compute the seed can be computed in at most about 32 extra matrix multiplications, which is certainly quite feasible.

### 24.8.1.2 Knuth's Lagged-Fibonacci Generator

The second generator we mention is Knuth's subtractive, lagged-fibonacci generator. ${ }^{28}$ This generator implements the integer recurrence

$$
X_{j}=\left(X_{j-100}-X_{j-37}\right) \bmod 2^{30}
$$

(lagged-Fibonacci generator) (24.59) which is obviously a multiple recursive generator. However, to improve the random numbers here, 1009 numbers can be generated at a time, but only the first 100 numbers used (the rest to be discarded). Knuth provides an algorithm for initializing the first block of values so that the recurrence can take over; this is done in such a way that each seed in the range [ $0,2^{30}-3=1073741821$ ] gives a distinct sequence for roughly at least the first $2^{70}$ numbers (but take away a factor of 10 to account for discarding numbers). This generator has a period of $2^{29} \cdot\left(2^{100}-1\right)$, or $10^{38}$ numbers, which is quite good (again, take away a factor of 10 to account for discarding numbers). The generator gives a 32 -bit integer output in the range $\left[0,2^{31}-2\right.$ ] (note that the least significant bit is always 0 , so the number is always odd), which can then be divided by $2^{31}$ to produce a uniform random number on $[0,1)$.

### 24.8.1.3 Mersenne Twister

The Mersenne Twister generator of Matsumoto and Nishimura is rather more complicated than the other algorithms, being of much higher dimension. Thus we do not describe the algorithm, but refer to the original reference, where C source code is included. ${ }^{29}$ The reason we mention it is that it has an incredible period of $2^{19937}-1$, and so by this standard is an extremely good generator, while still being fairly computationally efficient. The state of this generator is represented by 62432 -bit integers, so the same number of initial

[^300]values are required. This method can be seeded by a single number simply by using it as the first integer, and using a simple LCG method to seed the rest. The period is so long that it is exceedingly unlikely that two seeds will produce overlapping sequences on any reasonable scale.

### 24.8.1.4 Randomizing Random Numbers

There are a few methods to try to improve the quality of random-number generators like the ones above. The first method is to "shuffle" or "scramble" the output of one random-number generator, based on the output of another. ${ }^{30}$ The idea is to maintain a "buffer" table of, say, 64 output numbers filled by the primary generator. Then a random number is chosen from the second generator, and based on this, one of the numbers in the buffer table is chosen to be the output number, and it is replaced by the primary generator. This procedure extends the period of the shuffled sequence to be the least common multiple of the two parent sequences, which for the above methods is to say incredibly long. An alternative is to to a similar shuffle of a random sequence using its own randomness to choose which element of the shuffle table to output. This is the Bays-Durham shuffle ${ }^{31}$ Then for example, the last output random number is used to select which element of the scramble table to output. Even though only one generator is involved, the method still improves the "randomness" of the parent generator. Both of these shuffling methods break up short-range correlations that may exist in the methods above.

The other method for combining two random-number generators is the subtraction we mentioned above for the L'Ecuyer algorithm. Combining in a second generator can't make the first one worse, but may help if it has some subtle defects. Combining three random number generators via subtraction and scrambling gives the ultimate security for the paranoid compuational scientist.

### 24.8.2 Gaussian Distribution

To pick random deviates from a standard normal distribution, or a Gaussian distribution with zero mean and unit variance, with probability density

$$
\begin{equation*}
f(x)=\frac{1}{\sqrt{2 \pi}} e^{-x^{2} / 2} \tag{24.60}
\end{equation*}
$$

it turns out to be convenient to do so by generating two uniform deviates at a time, and then transform them to Gaussian deviates. The first algorithm we mention for doing this is the Box-Muller method, ${ }^{32}$ To understand it, we first write the joint distribution for two standard normal deviates as

$$
\begin{equation*}
f(x, y)=\frac{1}{2 \pi} e^{-\left(x^{2}+y^{2}\right) / 2} \tag{24.61}
\end{equation*}
$$

which we can transform to polar coordinates by setting $f(x, y) d x d y=f_{r}(r, \theta) d r d \theta$ to obtain

$$
\begin{equation*}
f_{r}(r, \theta)=\frac{1}{2 \pi} r e^{-r^{2} / 2} \tag{24.62}
\end{equation*}
$$

via the usual polar transformation. This is still separable, as we may regard the polar distribution to be the product of

$$
\begin{equation*}
f_{\theta}(\theta)=\frac{1}{2 \pi}, \quad f_{r}(r)=r e^{-r^{2} / 2} \tag{24.63}
\end{equation*}
$$

where the first distribution is obviously uniform over $[0,2 \pi)$. For the second, we may set

$$
\begin{equation*}
d u=f_{r}(r) d r=r e^{-r^{2} / 2} d r=-d\left(e^{-r^{2} / 2}\right) \tag{24.64}
\end{equation*}
$$

[^301]then it is consistent to identify
\[

$$
\begin{equation*}
u=1-\left(e^{-r^{2} / 2}\right) \tag{24.65}
\end{equation*}
$$

\]

or solving for $r$,

$$
\begin{equation*}
r=\sqrt{-2 \log (1-u)} \tag{24.66}
\end{equation*}
$$

Of course, $1-u$ has the same distribution as $u$, so we may as well use it instead:

$$
\begin{equation*}
r=\sqrt{-2 \log u} \tag{24.67}
\end{equation*}
$$

What this means is that if we take $u$ to be a uniform deviate and use this transformation to find $r$, then $r$ will have the distribution $f_{r}(r)$ in Eqs. (24.63). The boundary conditions are that $u=1$ corresponds to $r=0$ and $u=0$ corresponds to $r \longrightarrow \infty$, with the transformation $r(u)$ being a monotonic (and one-to-one) function.

So, to summarize the Box-Muller algorithm, we choose $u_{1}$ and $u_{2}$ to be uniform deviates on $[0,1)$, and set $u=u_{1}$ and $\theta=2 \pi u_{2}$. Then $r=\sqrt{-2 \log u}$, and since $x=r \cos \theta$ and $y=r \sin \theta$, then the two transformed numbers

$$
\begin{equation*}
x=\sqrt{-2 \log u_{1}} \cos \left(2 \pi u_{2}\right), \quad y=\sqrt{-2 \log u_{1}} \sin \left(2 \pi u_{2}\right) \tag{24.68}
\end{equation*}
$$

(Box-Muller transformation)
are two independent, standard-normal deviates.
An variation on the Box-Muller method is the polar Marsaglia method. ${ }^{33}$ Suppose $w_{1}$ and $w_{2}$ define the coordinates for a uniformly distributed random number inside the unit circle. Then let $R^{2}=w_{1}^{2}+w_{2}^{2}$. From the usual transformation to polar coordinates, the probability density for $R$ is $2 R$ (the area element at $R$ has an area that scales as $R$, and the 2 is fixed by normalization). Then since $d\left(R^{2}\right)=2 R d R$, we can identify the probability density for $R^{2}$ as being uniform on $[0,1)$. Thus, we may transform $R$ to the radius $r$ in the 2D normal distribution via Eq. (24.67) (identifying $R$ with $u$ ). Finally, since $\sin \theta=w_{2} / R$ and $\cos \theta=w_{1} / R$, we may compute the trigonometric functions in Eq. (24.68) by these simple ratios, so that

$$
\begin{equation*}
x=w_{1} \sqrt{-\frac{2 \log R^{2}}{R^{2}}}, \quad y=w_{2} \sqrt{-\frac{2 \log R^{2}}{R^{2}}} . \tag{24.69}
\end{equation*}
$$

(polar Marsaglia method)
The advantage here is that the sin and cos functions are eliminated, and they may potentially be computationally expensive. Now the remaining issue is, how to pick $w_{1}$ and $w_{2}$ ? Simply pick the usual uniform deviates $u_{1}$ and $u_{2}$ on $[0,1)$, and take $w_{1,2}=2 u_{1,2}-1$ to create a uniform distribution on the unit box from $[-1,1)$ in both directions. Now compute $R^{2}=w_{1}^{2}+w_{2}^{2}$. If $R^{2}<1$, then proceed with the transformation; otherwise pick new deviates $u_{1}$ and $u_{2}$ and try again until you end up with a pair inside the unit circle. The probability on one attempt of succeeding by ending up in the unit circle is $\pi / 4 \approx 78.5 \%$; on average, the random numbers will need to be picked $(1)(\pi / 4)+(2)(1-\pi / 4)(\pi / 4)+(3)(1-\pi / 4)^{2}(\pi / 4)+\cdots=4 / \pi \approx 1.27$ times to successfully generate the two normal numbers.

In principle, the polar Marsaglia method should be faster than the Box-Muller method because the sin and cos functions can be expensive to evaluate. However, this is tempered by the presence of a division and the generation of extra random numbers. To test this, $10^{8}$ normal deviates were generated on a relatively modern computer (2.16 GHz Intel Core Duo) in Fortran 90. Using Knuth's lagged Fibonacci generator, the polar Marsaglia method is indeed faster by about $10-15 \%$. However, using a more complicated generator (the L'Ecuyer combined MRG subtractively mixed with the Mersenne twister, then scrambled by Knuth's generator), the two methods were about equally fast. Thus, either method is acceptable, and the BoxMuller method may even be preferable in that the generator will be advanced a known number of times when generating normal deviates.

[^302]
### 24.8.3 Angular Distributions

Finally, one useful class of random-deviate distributions are angular distributions, as for choosing random spontaneous-emission directions. The idea here is to simply use the rejection method, as we mentioned above in the polar Marsaglia method to convert a uniform variate on the unit box to a uniform variate on the unit circle. In that case, we simply rejected any deviate that fell outside the desired circle. Thus, suppose we have a distribution function $f(\theta, \phi)$ that we wish to simulate. Our procedure will be a "double rejection" as follows:

1. Choose three uniform deviates $u_{1}, u_{2}$, and $u_{3}$ on $[0,1)$.
2. Convert them to obtain a uniform deviate in the unit cube (that is, from $[-1,1$ ) in all directions) by setting $x=2 u_{1}-1, y=2 u_{2}-1$, and $z=2 u_{3}-1$.
3. Obtain a uniform deviate in the unit sphere by rejection: Compute $r^{2}=x^{2}+y^{2}+z^{2}$ and continue if $r^{2} \leq 1$ (and also compute $r=\sqrt{r^{2}}$ ); go back to step 1 otherwise.
4. Convert to spherical coordinates by computing

$$
\begin{align*}
& \theta=\tan ^{-1} \frac{\sqrt{x^{2}+y^{2}}}{z}  \tag{24.70}\\
& \phi=\tan ^{-1} \frac{y}{x}
\end{align*}
$$

Note that for computing $\phi$, the arctangent must be defined such that it can distinguish between arguments such as $(x, y)=(1,1)$ and $(x, y)=(-1,-1)$, which would naively give the same answer. This is handled in Fortran and other languages by the atan2 function.
5. Obtain a deviate with the desired angular distribution by testing to see if

$$
\begin{equation*}
u_{4} \leq \frac{f(\theta, \phi)}{\sup \{f(\theta, \phi), \theta \in[0, \pi], \phi \in[0,2 \pi]\}} \tag{24.71}
\end{equation*}
$$

where $u_{4}$ is another uniform deviate on $[0,1)$. To save from running the random-number generator again, we can alternately use $r^{3}$ in place of $u_{4}$, since it is likewise a uniform deviate on $[0,1)$, and it is independent of the angles. We normalize by the maximum possible value of $f(\theta, \phi)$ to maximize the efficiency of the method. If the condition is true, we're done; if not, start over at step 1.

For example, if we were generating a dipole distribution

$$
\begin{equation*}
f(\theta, \phi)=\frac{3}{8 \pi} \sin ^{2} \theta \tag{24.72}
\end{equation*}
$$

in step 5 we would check to see if

$$
\begin{equation*}
r^{3} \leq \sin ^{2} \theta, \tag{24.73}
\end{equation*}
$$

and if so, keep the generated angles. In this example, the success probability for each triple of uniform deviates $u_{1,2,3}$ to generate a uniform deviate in the unit sphere is $\pi / 6 \approx 52 \%$. Once this happens, the probability of generating a deviate with the dipole distribution pattern is $2 / 3 \approx 67 \%$, for a combined success probability of $\pi / 9 \approx 34.9 \%$. The first probability is given by the volume ratio of the unit sphere and cube, while the second is given by the volume under the "unwrapped" $\operatorname{surface}^{\sin }{ }^{3} \theta$ (i.e., not the volume inside the boundary $r=\sin ^{2} \theta$ ), relative to the same volume under the surface $\sin \theta$, or simply $4 \pi$.

Of course, the normalized values $x / r, y / r$ and $z / r$ give the projections of the unit vector pointing in the $(\theta, \phi)$ direction along the $x, y$, and $z$ directions.

### 24.9 Exercises

## Problem 24.1

Let us define $\Delta W$ and $I_{10}$ over the same time interval $\Delta t$ as usual as

$$
\begin{align*}
\Delta W & :=\int_{0}^{\Delta t} d W(t)  \tag{24.74}\\
I_{10} & :=\int_{0}^{\Delta t} d t \int_{0}^{t} d W\left(t^{\prime}\right)
\end{align*}
$$

Show that the variance of $I_{10}$ and its covariance with $\Delta W$ are given by Eq. (24.16),

$$
\begin{align*}
\left\langle\left\langle I_{10}^{2}\right\rangle\right\rangle & =\frac{\Delta t^{3}}{3}  \tag{24.75}\\
\left\langle\left\langle I_{10} \Delta W\right\rangle\right\rangle & =\frac{\Delta t^{2}}{2} .
\end{align*}
$$

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[^0]:    ${ }^{1}$ Alan Corney, Atomic and Laser Spectroscopy (Oxford, 1987).
    ${ }^{2}$ See Peter W. Milonni and Joseph H. Eberly, Lasers (Wiley, 1988), p. 239.
    ${ }^{3}$ See J. D. Jackson, Classical Electrodynamics, 2nd ed. (Wiley, 1975), p. 395 or Peter W. Milonni and Joseph H. Eberly, Lasers (Wiley, 1988), p. 44.

[^1]:    ${ }^{4}$ This argument follows Alan Corney, Atomic and Laser Spectroscopy (Oxford, 1987), p. 230.

[^2]:    ${ }^{5}$ See David J. Griffiths, Introduction to Electrodynamics, 2nd ed. (Prentice-Hall, 1989), p. 434, and J. D. Jackson, Classical Electrodynamics, 2nd ed. (Wiley, 1975), Chapter 17, p. 780.
    ${ }^{6}$ Strictly speaking, this decomposition into two forces is only true for scalar atoms-atoms with no orientation. This is appropriate for the form of the polarizability we have assumed here, but in the case of atoms with nonvanishing vector or tensor polarizabilities, as in Eq. (7.471), other forces associated with polarization gradients arise. See, for example, G. Nienhuis, P. van der Straten, and S-Q. Shang, Physical Review A 44, 462 (1991) (doi: 10.1103/PhysRevA. 44.462 ).

[^3]:    ${ }^{7}$ Daniel A. Steck, "Cesium D Line Data," 2003. Available online at http://steck.us/alkalidata.

[^4]:    ${ }^{8}$ Steven L. Rolston, Christoph Gerz, Kristian Helmerson, P. S. Jessen, Paul D. Lett, William D. Phillips, R. J. Spreeuw, and C. I. Westbrook, "Trapping atoms with optical potentials," Proceedings of SPIE 1726, 205 (1992) (doi: 10.1117/12.130392).
    ${ }^{9}$ The first observation of atoms trapped in a dipole-force potential was Steven Chu, J. E. Bjorkholm, A. Ashkin, and A. Cable, "Experimental Observation of Optically Trapped Atoms," Physical Review Letters 57, 314 (1986) (doi: 10.1103/PhysRevLett.57.314).

[^5]:    ${ }^{10}$ For a discussion of quantum-mechanical polarizabilities and their compatibility with the optical theorem, see Paul R. Berman, Robert W. Boyd, and Peter W. Milonni, "Polarizability and the optical theorem for a two-level atom with radiative broadening," Physical Review A 74, 053816 (2006) (doi: 10.1103/PhysRevA.74.053816).

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    ${ }^{13}$ Graphics by Windell Oskay.

[^8]:    ${ }^{14}$ Sub-Doppler temperature were observed in some of the first laser cooling experiments. The first reported observation is P . D. Lett, W. D. Phillips, S. L. Rolston, C. E. Tanner, R. N. Watts, and C. I. Westbrook, "Optical molasses," Journal of the Optical Society of America B 6, 2084 (1989). A classic treatment of sub-Doppler cooling mechanisms is J. Dalibard and C. Cohen-Tannoudji, "Laser cooling below the Doppler limit by polarization gradients: simple theoretical models," Journal of the Optical Society of America B 6, 2023 (1989).
    ${ }^{15}$ C. Salomon, J. Dalibard, W. D. Phillips, A. Clairon, and S. Guellati, "Laser Cooling of Cesium Atoms below $3 \mu \mathrm{~K}$, " Europhysics Letters 12, 683 (1990).
    ${ }^{16}$ Graphics by Windell Oskay.
    ${ }^{17}$ Jean Dalibard proposed the idea for the magneto-optical trap, and the MOT was first demonstrated by E. L. Raab, M. Prentiss, Alex Cable, Steven Chu, and D. E. Pritchard, "Trapping of Neutral Sodium Atoms with Radiation Pressure," Physical Review Letters 59, 2631 (1987) (doi: 10.1103/PhysRevLett.59.2631).

[^9]:    ${ }^{18}$ See, e.g., H. Morawitz, "Self-Coupling of a Two-Level System by a Mirror," Physical Review 187, 1792 (1969) (doi: 10.1103/PhysRev.187.1792).

[^10]:    ${ }^{19}$ Note that we are ignoring the time delay in the propagating waves between the two dipoles, which leads to "signaling" behavior between the two atoms. This amounts to a coarse-graining on time scales of order $\gamma^{-1}$, and is valid as long as $r \ll c / \gamma$. For alkali atoms, $\gamma^{-1} \sim 30 \mathrm{~ns}$, so this approximation is good as long as $r \ll 10 \mathrm{~m}$. See P. W. Milonni and P. L. Knight, "Retardation in coupled dipole-oscillator systems, American Journal of Physics 44, 741 (1976) (doi: 10.1119/1.10122).

[^11]:    ${ }^{20}$ This mechanical effect of a distant mirror on an atom has been observed experimentally with a trapped Ba ion. See Pavel Bushev, Alex Wilson, Jürgen Eschner, Christoph Raab, Ferdinand Schmidt-Kaler, Christoph Becher, and Rainer Blatt, "Forces between a Single Atom and Its Distant Mirror Image," Physical Review Letters 92223602 (2004).

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[^13]:    ${ }^{1}$ as in Max Born and Emil Wolf, Principles of Optics, 7th (expanded) ed. (Cambridge, 1999).

[^14]:    ${ }^{2}$ see Leonard Mandel and Emil Wolf, Optical Coherence and Quantum Optics (Cambridge, 1995), p. 38.
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[^41]:    ${ }^{29}$ Simon et al., ibid.

[^42]:    ${ }^{30}$ R. Simon, ibid. For a related analysis, see Lu-Ming Duan, G. Giedke, J. I. Cirac, and P. Zoller, "Inseparability Criterion for Continuous Variable Systems," Physical Review Letters 84, 2722 (2000).

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[^44]:    ${ }^{32}$ W. J. Mullin and G. Blaylock, "Quantum statistics: Is there an effective fermion repulsion or boson attraction?" American Journal of Physics 71, 1223 (2003) (doi: 10.1119/1.1590658).

[^45]:    ${ }^{33}$ Terminology introduced by John Smolin; see Daniel Gottesman and Hoi-Kwong Lo, "From Quantum Cheating to Quantum Security," Physics Today 53, no. 11, 22 (2000). (Online link: http://www.aip.org/pt/vol-53/iss-11/p22.html.)
    ${ }^{34}$ For further reading, see William H. Louisell, Quantum Statistical Properties of Radiation (Wiley, 1973), Chapter 6; Claude Cohen-Tannoudji, Jacques Dupont-Roc, and Gilbert Grynberg, Atom-Photon Interactions: Basic Processes and Applications (Wiley, 1992), Chapter IV; and Howard Carmichael, An Open Systems Approach to Quantum Optics (Springer, 1993), Chapter 1.

[^46]:    ${ }^{35}$ Note that in the Church of the Larger Hilbert Space, the thermal state corresponds to a two-mode (Gaussian) squeezed state - that is, when you trace over one of the modes, you can choose the variances such that you recover the thermal state for the remaining mode.

[^47]:    ${ }^{1}$ Alexander Friedland, "Evolution of the neutrino state inside the Sun," Physical Review D 64, 013008 (2001) (doi: 10.1103/PhysRevD.64.013008).

[^48]:    ${ }^{2}$ The name "rotating-wave approximation" comes from nuclear magnetic resonance. A spin- $1 / 2$ particle in a magnetic field precesses (rotates) naturally. When you hit it with a linearly polarized microwave field, the field is a superposition of two waves with opposite circular ("rotating") polarization. Only one of the polarization rotates in the same direction as the spin precession, and so the RWA amounts to ignoring the counter-rotating field component. Said another way, it amounts to replacing the linearly polarized wave with a rotating wave. Note that in NMR, the RWA is exact for circular polarization, a property that does not carry over to the optical case.

[^49]:    ${ }^{3}$ after Isador Isaac Rabi, who pioneered the field of nuclear magnetic resonance. He was awarded the 1944 Nobel prize for this work.

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[^51]:    ${ }^{5}$ The theory of Weber's equation and the parabolic-cylinder functions that we will use here is covered by E. T. Whittaker and G. N. Watson, A Course of Modern Analysis, 4th reprinted ed. (Cambridge, 1945), section 16.5.

[^52]:    ${ }^{6}$ Adiabatic rapid passage was first observed in $\mathrm{NH}_{3}$ by sweeping the resonant frequency via the dc Stark effect (shifting the resonant frequency by applying an external dc electric field). See Michael M. T. Loy, "Observation of Population Inversion by Optical Adiabatic Rapid Passage," Physical Review Letters 32, 814 (1974) (doi: 10.1103/PhysRevLett.32.814).

[^53]:    ${ }^{7}$ after Felix Bloch, who derived the equation of motion for a spin in a magnetic field, which has the spherical representation. See F. Bloch, "Nuclear Induction," Physical Review 70, 460 (1946) (doi: 10.1103/PhysRev.70.460).

[^54]:    ${ }^{8}$ The symbol $\wp$ is pronounced "squiggle."

[^55]:    ${ }^{9}$ See Richard Feynman, Robert B. Leighton, and Matthew L. Sands, The Feynman Lectures in Physics (Addison-Wesley, 1963), Chapter 20.
    ${ }^{10}$ Richard P. Feynman, Frank L. Vernon, and Robert W. Hellwarth, "Geometrical Representation of the Schrödinger Equation for Solving Maser Problems," Journal of Applied Physics 28, 49 (1957) (doi: 10.1063/1.1722572).

[^56]:    ${ }^{11}$ Ramsey, a former student of Rabi, shared the 1989 Nobel prize for the method of separated, oscillatory fields. See Norman F. Ramsey, "A New Molecular Beam Resonance Method," Physical Review 76, 996 (1949) (doi: 10.1103/PhysRev.76.996); Norman F. Ramsey, "A Molecular Beam Resonance Method with Separated Oscillating Fields," Physical Review 78, 695 (1950) (doi: 10.1103/PhysRev.78.695); Norman F. Ramsey, Molecular Beams (Oxford, 1956).

[^57]:    ${ }^{12}$ J. H. Shirley, W. D. Lee, and R. E. Drullinger, "Accuracy evaluation of the primary frequency standard NIST-7," Metrologia 38, 427 (2001) (doi: 10.1088/0026-1394/38/5/7).

[^58]:    ${ }^{13}$ E. L. Hahn, "Spin Echoes," Physical Review 80, 580 (1950) (doi: 10.1103/PhysRev.80.580).

[^59]:    ${ }^{14}$ Photon echoes with pulse separations of around 100 ns (with 10 ns pulses) were observed in ruby ( $T_{2}^{*} \sim 0.1 \mathrm{~ns}$ ) by I. D. Abella, N. A. Kurnit, and S. R. Hartmann, "Photon Echoes," Physical Review 141, 391 (1966) (doi: 10.1103/PhysRev.141.391).

[^60]:    ${ }^{15}$ F. Bloch, op. cit.

[^61]:    ${ }^{16}$ Here we follow H. C. Torrey, "Transient Nutations in Nuclear Magnetic Resonance," Physical Review 76, 1059 (1949) (doi: 10.1103/PhysRev.76.1059). See also L. Allen and J. H. Eberly, Optical Resonance and Two-Level Atoms (Wiley, 1975), section 3.5, p. 62 .

[^62]:    ${ }^{17}$ H. C. Torrey, op. cit.

[^63]:    ${ }^{18}$ Daniel A. Steck, Classical and Modern Optics (2006), chapter 6. Available at http://atomoptics.uoregon.edu/~dsteck/ teaching/optics/.

[^64]:    ${ }^{19}$ Eugen Merzbacher, Quantum Mechanics, 3rd ed. (Wiley, 1998), pp. 219-20.

[^65]:    ${ }^{20}$ Melvin Lax, "Quantum Noise. IV. Quantum Theory of Noise Sources," Physical Review 145, 110 (1966) (doi: 10.1103/PhysRev.145.110); S. Swain, "Master equation derivation of quantum regression theorem," J. Phys. A 14, 2577 (1981) (doi: 10.1088/0305-4470/14/10/013).

[^66]:    ${ }^{21}$ B. R. Mollow, "Power Spectrum of Light Scattered by Two-Level Systems," Physical Review 188, 1969 (1969) (doi: 10.1103/PhysRev.188.1969); B. R. Mollow, "Absorption and Emission Line-Shape Functions for Driven Atoms," Physical Review $A, \mathbf{5}, 1522$ (1972) (doi: 10.1103/PhysRevA.5.1522); B. R. Mollow, "Stimulated Emission and Absorption near Resonance for Driven Systems," Physical Review A, 5, 2217 (1972) (doi: 10.1103/PhysRevA.5.2217). The calculation presented here is

[^67]:    similar to that of Howard Carmichael, An Open System Approach to Quantum Optics (Springer-Verlag, 1993), section 3.3. For the experimental observation of the Mollow triplet, see F. Schuda, C. R. Stroud, Jr., and M. Hercher, "Observation of the resonant Stark effect at optical frequencies," Journal of Physics B: Atomic and Molecular Physics 7, L198 (1974) (doi: $10.1088 / 0022-3700 / 7 / 7 / 002$ ); F. Y. Wu, R. E. Grove, and S. Ezekiel, "Investigation of the Spectrum of Resonance Fluorescence Induced by a Monochromatic Field," Physical Review Letters 35, 1426 (1975) (doi: 10.1103/PhysRevLett.35.1426); R. E. Grove, F. Y. Wu, and S. Ezekiel, "Measurement of the spectrum of resonance fluorescence from a two-level atom in an intense monochromatic field," Physical Review A 15, 227 (1977) (doi: 10.1103/PhysRevA.15.227); W. Hartig, W. Rassmussen, R. Schieder, and H. Walther, "Study of the frequency distribution of the fluorescent light induced by monochromatic radiation," Zeitschrift für Physik A 278, 205 (1976) (doi: 10.1007/BF01409169); J. L. Carlsten, A. Szöke, and M. G. Raymer, "Collisional redistribution and saturation of near-resonance scattered light," Physical Review A 15, 1029 (1977) (doi: 10.1103/PhysRevA.15.1029); and J. Hunnekens and A. Gallagher, "Self-broadening of the sodium resonance lines and excitation transfer between the $3 P_{3 / 2}$ and $3 P_{1 / 2}$ levels," Physical Review A 27, 1851 (1983) (doi: 10.1103/PhysRevA.27.1851).

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[^75]:    ${ }^{30}$ Stig Stenhom, Foundations of Laser Spectroscopy (Wiley, 1984), section 4.2, p. 149.

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    ${ }^{36}$ Armand Eugéne Albert Koolen, Dissipative Atom Optics with Cold Metastable Helium Atoms, Ph.D. thesis, Technische Universiteit Eindhoven (2000).
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[^82]:    ${ }^{40}$ J. P. Gordon and A. Ashkin, op. cit.

[^83]:    ${ }^{41}$ J. P. Gordon and A. Ashkin, op. cit.; see also J. Dalibard and C. Cohen-Tannoudji, op. cit.

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[^121]:    ${ }^{27}$ D. M. Brink and G. R. Satchler, Angular Momentum, 2nd ed. (Oxford, 1968), Section 5.3, p. 80.

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[^127]:    ${ }^{36}$ G. Breit and I. I. Rabi, "Measurement of Nuclear Spin," Physical Review 38, 2082 (1931).

[^128]:    ${ }^{37}$ J. Stark, "Beobachtungen über den Effekt des elektrischen Feldes auf Spektrallinien I. Quereffekt," Annalen der Physik 43, 965 (1914).

[^129]:    ${ }^{38}$ For other treatments and more details, see J. R. P. Angel and P. G. H. Sandars, "The Hyperfine Structure Stark Effect. I. Theory," Proceedings of the Royal Society of London. Series A, Mathematical and Physical Sciences 305, 125 (1968); Abbas Khadjavi, Allen Lurio, and W. Happer, "Stark Effect in the Excited States of Rb, Cs, Cd, and Hg," Physical Review 167128 (1968) (doi: 10.1103/PhysRev.167.128); and Robert W. Schmieder, "Matrix Elements of the Quadratic Stark Effect on Atoms with Hyperfine Structure," American Journal of Physics 40, 297 (1972) (doi: 10.1119/1.1986513).

[^130]:    ${ }^{39} \mathrm{cf}$. Khadjavi et al. and Angel et al., noting the difference in convention for the reduced dipole matrix element.

[^131]:    ${ }^{40}$ A. Weis and S. Ulzega "The Stark effect of the hyperfine structure of cesium," Proceedings of SPIE 6604, 660408 (2007) (doi: 10.1117/12.726805).

[^132]:    ${ }^{41}$ The treatment here more or less follows Ivan H. Deutsch and Poul S. Jessen, "Quantum measurement and dynamics of atomic spins in polarization spectroscopy," (2007, to be published). However, the notation here is somewhat different, as it is designed to be close to that of the dc case.

[^133]:    ${ }^{42}$ Deutsch and Jessen, op. cit.

[^134]:    ${ }^{43}$ These solutions were derived with the resolvent method by Bo Gao, "Effects of Zeeman degeneracy on the steady-state properties of an atom interacting with a near-resonant laser field: Analytic results," Physical Review A 48, 2443 (1993) (doi: 10.1103/PhysRevA.48.2443). For further results, see also Bo Gao, "Effects of Zeeman degeneracy on the steady-state properties of an atom interacting with a near-resonant laser field: Probe spectra," Physical Review A 49, 3391 (1994) (doi: 10.1103/PhysRevA.49.3391); Bo Gao, "Effects of Zeeman degeneracy on the steady-state properties of an atom interacting with a near-resonant laser field: Resonance fluorescence," Physical Review A 50, 4139 (1994). (doi: 10.1103/PhysRevA.50.4139).

[^135]:    ${ }^{44}$ Note that the analogous factor $g_{s}$ defined by Gao, op. cit., is related to the factor $g$ here by $g=\left(2 J_{\mathrm{g}}+1\right) g_{s}$, due to the difference in conventions for the Rabi frequency (and hence the reduced dipole matrix element).

[^136]:    ${ }^{1}$ The choice of Coulomb gauge is common in quantum optics, where the calculations are typically nonrelativistic, though relativistic field theorists prefer the Lorenz gauge. See L. Lorenz, "On the Identity of the Vibrations of Light with Electrical Currents," Philosophical Magazine 34, 287 (1867). Incidentally, the Lorenz gauge is still commonly misattributed to Hendrik A. Lorentz; see J. van Bladel, "Lorenz or Lorentz?" IEEE Antennas and Propagation Magazine 33, No. 2 (April 1991); and Robert Nevels and Chang-Seok Shin, "Lorenz, Lorentz, and the Gauge," IEEE Antennas and Propagation Magazine 43, No. 3 (June 2001) (doi: 10.1109/74.934904).

[^137]:    ${ }^{2}$ For more details on variational calculus and action principles, see P. J. Morrison, "Hamiltonian description of the ideal fluid," Reviews of Modern Physics 70, 467 (1998) (doi: 10.1103/RevModPhys.70.467).

[^138]:    ${ }^{3}$ For further reading, see Peter W. Milonni, The Quantum Vacuum (Academic Press, 1993), Section 2.4, p. 40. The first quantum treatment of the electromagnetic field was M. Born, W. Heisenberg, and P. Jordan, "Zur Quantenmechanik II," Zeitschrift für Physik 35, 557 (1926). Other important early papers on field quantization include P. A. M. Dirac, "The Quantum Theory of the Emission and Absorption of Radiation," Proceedings of the Royal Society of London. Series A 114, 243 (1927); W. Heisenberg and W. Pauli, "Zur Quantendynamik der Wellenfelder," Zeitschrift für Physik 56, 1 (1929); and Enrico Fermi, "Sopra l'etettrodinamica quantistica," Atti della Reale Accademia Nazionale dei Lincei, 12, 431 (1930).

[^139]:    ${ }^{4}$ For further reading, see Peter W. Milonni, The Quantum Vacuum (Academic Press, 1993), Section 2.5, p. 43.
    ${ }^{5}$ Note that in principle, we should always quantize in free space, if we treat all matter quantum mechanically. However, it should be a good approximation to treat macroscopic "boundaries" of matter in terms of classical boundary conditions, which justifies our quantization inside a cavity and in half space. See P. W. Milonni, "Casimir forces without the vacuum radiation field," Physical Review A, 25, 1315 (1982) (doi: 10.1103/PhysRevA.25.1315); and J. D. Cresser, "Unequal Time EM Field Commutators in Quantum Optics," Physica Scripta T21, 52 (1988) (doi: 10.1088/0031-8949/1988/T21/010).

[^140]:    ${ }^{6}$ For this and other properties see Milton Abramowitz and Irena A. Stegun, Handbook of Mathematical Functions (Dover, 1965), pp. 437-41.
    ${ }^{7}$ Eugen Merzbacher, Quantum Mechanics, 3rd ed. (Wiley, 1998), p. 261.

[^141]:    ${ }^{8}$ Julius Adams Stratton, Electromagnetic Theory (McGraw-Hill, 1941).

[^142]:    ${ }^{9}$ See J. D. Jackson, Classical Electrodynamics, 2nd ed. (Wiley, 1975), p. 746.

[^143]:    ${ }^{10}$ For further reading, see Peter W. Milonni, The Quantum Vacuum (Academic Press, 1993), Appendix F, p. 501.

[^144]:    ${ }^{11}$ For further reading, see Peter W. Milonni, The Quantum Vacuum (Academic Press, 1993), Section 2.8, p. 59; Leonard Mandel and Emil Wolf, Optical Coherence and Quantum Optics (Cambridge, 1995), Section 10.8, p. 500; and P. W. Milonni, "Casimir forces without the vacuum radiation field," Physical Review A, 25, 1315 (1982) (doi: 10.1103/PhysRevA.25.1315).

[^145]:    ${ }^{12}$ P. Jordan and W. Pauli, Jr., "Zur Quantenelektrodynamik ladungsfreier Felder," Zeitschrift für Physik 47, 151 (1928) (doi: 10.1007/BF02055793).

[^146]:    ${ }^{13}$ The seminal discussion of simultaneous measurability of the quantum electric and magnetic fields can be found in Niels Bohr and Léon Rosenfeld, "Zur Frage der Messbarkeit der elektromagnetischen Feldgrössen," Mathematisk-Fysiske Meddelelser 12 (1933); translation reprinted in Quantum Theory and Measurement, John Archibld Wheeler and Wojciech Hubert Zurek, Eds. (Princeton, 1983) p. 479.

[^147]:    ${ }^{14} \mathrm{P}$. W. Milonni, "Casimir forces without the vacuum radiation field," Physical Review A 25, 1315 (1982) (doi: 10.1103/PhysRevA.25.1315).

[^148]:    ${ }^{15}$ This is essentially Dirac's treatment of Hamiltonian dynamics with constraints, P. A. M. Dirac, "Generalized Hamiltonian dynamics," Canadian Journal of Mathematics 2, 129 (1950) (doi: 10.4153/CJM-1950-012-1); but applied to the electromagnetic field, as in P. A. M. Dirac, "The Hamiltonian form of field dynamics," Canadian Journal of Mathematics 3, 1 (1951) (doi: 10.4153/CJM-1951-001-2). Here we treat the field following a treatment by Tanmoy Bhattacharya (unpublished).

[^149]:    ${ }^{16}$ This problem stolen from P. J. Morrison, "Hamiltonian description of the ideal fluid," Reviews of Modern Physics 70, 467 (1998) (doi: 10.1103/RevModPhys.70.467).

[^150]:    ${ }^{17}$ See David Stoler, "Equivalence Classes of Minimum Uncertainty Packets," Physical Review D 1, 3217 (1970) (doi: 10.1103/PhysRevD.1.3217); Carlton M. Caves, "Quantum-mechanical noise in an interferometer," Physical Review D 23, 1693 (1981) (doi: 10.1103/PhysRevD.23.1693).

[^151]:    ${ }^{1}$ See David J. Griffiths, Introduction to Electrodynamics, 2nd ed. (Prentice-Hall, 1989), Section 7.4.4, p. 319.

[^152]:    ${ }^{2}$ For further reading, see Peter W. Milonni, The Quantum Vacuum (Academic Press, 1993), Section 4.2, p. 115.

[^153]:    ${ }^{3}$ For further reading, see Peter W. Milonni, The Quantum Vacuum (Academic Press, 1993), Sections 4.3-4.4, pp. 119-125; and J. R. Ackerhalt and P. W. Milonni, "Interaction Hamiltonian of quantum optics," Journal of the Optical Society of America B 1, 116 (1984).
    ${ }^{4}$ E. A. Power and S. Zienau, "Coulomb Gauge in Non-Relativistic Quantum Electro-Dynamics and the Shape of Spectral Lines," Philosophical Transactions of the Royal Society of London. Series A, Mathematical and Physical Sciences, 251,427 (1959); R. G. Woolley, "Molecular Quantum Electrodynamics," Philosophical Transactions of the Royal Society of London. Series A, Mathematical and Physical Sciences, 321, 557 (1971).

[^154]:    ${ }^{5}$ For further discussion, see J. R. Ackerhalt and P. W. Milonni, "Interaction Hamiltonian of quantum optics," Journal of the Optical Society of America B 1, 116 (1984).
    ${ }^{6}$ For further discussion, see J. R. Ackerhalt and P. W. Milonni, op. cit.

[^155]:    ${ }^{7}$ M. Göppert-Mayer, "Über Elementarakte mit zwei Quantensprüngen," Annalen der Physik 9, 273 (1931).

[^156]:    ${ }^{8}$ For a good discussion of this point, see Marlan O. Scully and M. Suhail Zubairy, Quantum Optics (Cambridge, 1997), Appendix 5.A, p. 178.
    ${ }^{9}$ Marlan O. Scully and M. Suhail Zubairy, op. cit.
    ${ }^{10}$ Edwin A. Power, "A Review of Canonical Transformations as they Affect Multiphoton Processes," in Multiphoton Processes: Proceedings of an International Conference at the University of Rochester, Rochester, N. Y., June 6-9, 1977, Joseph H. Eberly and Peter Lambropoulos, Eds. (Wiley, 1978); Claude Cohen-Tannoudji, Jacques Dupont-Roc, and Gilbert Grynberg, Photons § Atoms (Wiley, 1989), Complement $\mathrm{B}_{\mathrm{IV}}$, p. 316; Zoltan Fried, "Vector Potential Versus Field Intensity," Physical Review A 8, 2835 (1973) (doi: 10.1103/PhysRevA.8.2835).

[^157]:    ${ }^{11}$ See David J. Griffiths, Introduction to Electrodynamics, 2nd ed. (Prentice-Hall, 1989), Section 7.5, p. 320.
    ${ }^{12}$ Richard Feynman, Robert B. Leighton, and Matthew L. Sands, The Feynman Lectures on Physics, Vol. II, Chapter 21 (Addison-Wesley, 1989).
    ${ }^{13}$ I heard this analogy to locality in classical physics from Tanmoy Bhattacharya. For more notes and a good discussion of the Aharonov-Bohm effect, see J. J. Sakurai, Modern Quantum Mechanics (Addison-Wesley, 1994), pp. 136-9.
    ${ }^{14}$ Y. Aharonov and D. Bohm, "Significance of Electromagnetic Potentials in the Quantum Theory," Physical Review 115, 485 (1959) (doi: 10.1103/PhysRev.115.485). This effect was discussed earlier by W. Ehrenberg and R. E. Siday, "The Refractive Index in Electron Optics and the Principles of Dynamics," Proceedings of the Physical Society. Section B 62, 8 (1949) (doi: 10.1088/0370-1301/62/1/303).
    ${ }^{15}$ David J. Griffiths, op. cit., p. 221.

[^158]:    ${ }^{16}$ David J. Griffiths, op. cit., p. 231.

[^159]:    ${ }^{17}$ E. A. Power and S. Zienau, op. cit.; R. G. Woolley, op. cit. See also Claude Cohen-Tannoudji, Jacques Dupont-Roc, and Gilbert Grynberg, Photons \& Atoms (Wiley, 1989), Section IV.C, p. 280; and Werner Vogel and Dirk-Gunnar Welsch, Quantum Optics, 3rd ed. (Wiley, 2006).
    ${ }^{18}$ See, for example, David J. Griffiths, Introduction to Electrodynamics, 2nd ed. (Prentice-Hall, 1989), p. 165.

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    ${ }^{23}$ Martin Wilkens, "Spurious velocity dependence of free-space spontaneous emission," Physical Review A 47, 671 (1993) (doi: 10.1103/PhysRevA.47.671); Martin Wilkens, "Significance of Röntgen current in quantum optics: Spontaneous emission of moving atoms," Physical Review A 49, 570 (1994) (doi: 10.1103/PhysRevA.49.570).

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    ${ }^{26}$ C. Baxter, M. Babiker and R. Loudon, "Canonical Approach to Photon Pressure," Physical Review A 47, 1278 (1993) (doi: 10.1103/PhysRevA.47.1278).

[^164]:    ${ }^{1}$ E. T. Jaynes and F. W. Cummings, "Comparison of quantum and semiclassical radiation theories with application to the beam maser," Proceedings of the IEEE 51, 89 (1963).

[^165]:    ${ }^{2}$ It turns out to be possible to diagonalize the Hamiltonian also without the rotating-wave approximation, though the solution is considerably more complicated; see D. Braak, "Integrability of the Rabi Model," Physical Review Letters 107, 100401 (2011) (doi: 10.1103/PhysRevLett.107.100401).
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[^166]:    ${ }^{4}$ The collapses and revivals were observed in a single-atom maser. See Gerhard Rempe, Herbert Walther, and Norbert Klein, "Observation of quantum collapse and revival in a one-atom maser," Physical Review Letters 58, 353 (1987) (doi: 10.1103/PhysRevLett.58.353).

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[^172]:    ${ }^{2}$ L. A. Khalfin, "Contribution to the Decay Theory of a Quasi-Stationary State," Soviet Physics JETP 6, 1053 (1958).
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[^177]:    ${ }^{2}$ Here we are defining $\kappa$ to be the energy decay rate of the cavity, in analogy with the population decay of the two-level atom. It is also common to define the decay rate of the field using the same symbol, which would differ by a factor of 2 from the definition here.

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[^179]:    ${ }^{4}$ Here, we are following M. J. Collett and C. W. Gardiner, op. cit.

[^180]:    ${ }^{5}$ Again, we are following M. J. Collett and C. W. Gardiner, op. cit.

[^181]:    ${ }^{1}$ The original, and very readable, reference is of course H. B. G. Casimir and D. Polder, "The Influence of Retardation on the London-van der Waals Forces," Physical Review 73, 360 (1948) (doi: 10.1103/PhysRev.73.360). However, they only obtain asymptotic results. Our results here, which include the intermediate regime, are consistent with the results of the seminal calculation of G. Barton, "Frequency shifts near an interface: Inadequacy of two-level atomic models," Journal of Physics $B$ 7 , 2134 (1974) (doi: $10.1088 / 0022-3700 / 7 / 16 / 012$ ); as well as the more recent calculations by A. O. Barut and J. P. Dowling, "Quantum electrodynamics based on self-energy, without second quantization: The Lamb shift and long-range Casimir-Polder van der Waals forces near boundaries," Phys. Rev. A, 36, 2550 (1987) (doi: 10.1103/PhysRevA.36.2550); and D. Meschede, W. Jhe, and E. A. Hinds, "Radiative properties of atoms near a conducting plane: An old problem in a new light," Phys. Rev. A, 41, 1587 (1990) (doi: 10.1103/PhysRevA.41.1587). See also S. Haroche, "Cavity Quantum Electrodynamics," in Fundamental Systems in Quantum Optics: Proceedings of the Les Houches Summer School, Session LIII, 1990, J. Dalibard, J. M. Raimond, and J. Zinn-Justin, Eds. (Elsevier, 1992), Course 13, p. 767.

[^182]:    ${ }^{2}$ See Milton Abramowitz and Irena A. Stegun, Handbook of Mathematical Functions (Dover, 1965), pp. 231-3.

[^183]:    ${ }^{3}$ See Abramowitz and Stegun, op. cit., or I. S. Gradstein and I. M. Ryzhik, Table of Integrals, Series, and Products, English translation 6th ed., A. Jeffrey and D. Zwillinger, Eds. (Academic Press, 2000), Formula 3.722.1.

[^184]:    ${ }^{4}$ See Peter W. Milonni and Joseph H. Eberly, Lasers (Wiley, 1988), p. 239, where the terms due to ionized states in hydrogen make up a significant part of the sum.

[^185]:    ${ }^{5}$ Peter W. Milonni, The Quantum Vacuum (Academic Press, San Diego, 1994), p. 107.
    ${ }^{6}$ Stephen M. Barnett, Alain Aspect, and Peter W. Milonni, "On the quantum nature of the Casimir-Polder interaction," Journal of Physics B: Atomic, Molecular, and Optical Physics 33, L143 (2000) (doi: 10.1088/0953-4075/33/4/106).

[^186]:    ${ }^{7}$ See Abramowitz and Stegun, op. cit., p. 232, Formula 5.2.20, or Gradstein and Ryzhik, op. cit., Formula 8.233.2.

[^187]:    ${ }^{8}$ Note that the two-level atom has some artifacts due to different cancellations than in the full summation for a real atom. For example, if we calculate the transition frequency shift to compare to the classical case, we get the combination $\pi \cos z^{\prime}-2 f\left(z^{\prime}\right)$, which vanishes to zeroth order. Thus, the $1 / z^{3}$ leading-order contribution vanishes, which is not the case for real atoms, because the coupling to other levels still generate this term. See G. Barton, op. cit.
    ${ }^{9}$ E. A. Hinds and V. Sandoghdar, "Cavity QED level shifts of simple atoms," Physical Review A 43, 398 (1991) (doi: 10.1103/PhysRevA.43.398). See also S. Haroche, op. cit.

[^188]:    ${ }^{10}$ E. A. Power and T. Thirunamachandran, "Quantum electrodynamics in a cavity," Physical Review A 25, 2473 (1982) (doi: 10.1103/PhysRevA.25.2473).

[^189]:    ${ }^{11}$ This point was made eloquently by G. Barton, op. cit.

[^190]:    ${ }^{12}$ Daniel A. Steck, "Rubidium 87 D Line Data," available online at http://steck.us/alkalidata.
    ${ }^{13}$ NIST Atomic Spectra Database (version 3.0), Available online at http://physics.nist.gov/PhysRefData/ASD/index.html.
    ${ }^{14}$ Donald C. Morton, "Atomic Data for Resonance Absorption Lines. II. Wavelengths Longward of the Lyman Limit for Heavy Elements," Astrophys. J. Supp. Ser. 130, 403 (2000) (doi: 10.1086/317349).
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[^191]:    ${ }^{17}$ Daniel A. Steck, "Rubidium 87 D Line Data" unpublished, available online at http://steck.us/alkalidata.

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[^193]:    ${ }^{19}$ H. A. Bethe, "The Electromagnetic Shift of Energy Levels," Physical Review 72, 339 (1947) (doi: 10.1103/PhysRev.72.339).

[^194]:    ${ }^{20}$ For a much more detailed discussion of this point, as well as a nice historical account and many viewpoints of the Lamb shift, see Peter W. Milonni, op. cit., Sections 3.4-3.9, pp. 82-96.

[^195]:    ${ }^{21}$ The importance of the dipole self-energy and the following renormalization procedure were pointed out by E. A. Power and S. Zienau, "Coulomb Gauge in Non-Relativistic Quantum Electro-Dynamics and the Shape of Spectral Lines," Philosophical Transactions of the Royal Society of London. Series A, Mathematical and Physical Sciences 251, 427 (1959) (doi: 10.1098/rsta.1959.0008).

[^196]:    ${ }^{22}$ See I. S. Gradstein and I. M. Ryzhik, Table of Integrals, Series, and Products, English translation 6th ed., A. Jeffrey and D. Zwillinger, Eds. (Academic Press, 2000), Integrals 3.722.1, 3.722.3, 3.354.1, and 3.354.2.

[^197]:    ${ }^{1}$ For further reading, see J. D. Jackson, Classical Electrodynamics, 2nd ed. (Wiley, 1975), section 7.10; or L. D. Landau and E. M. Lifshitz, Electrodynamics of Continuous Media (Pergamon, 1960), §58-62.

[^198]:    ${ }^{2}$ In fact, under the assumption that $\operatorname{Im}[\epsilon(\omega)]>0$ on the real axis except at $\omega=0, \epsilon(\omega)-\epsilon_{0}$ also turns out to not have any zeroes in the upper half-plane. See L. D. Landau and E. M. Lifshitz, Statistical Physics, 3rd ed. (Pergamon, 1980 ), §123.

[^199]:    ${ }^{3}$ Ryogo Kubo and Kazuhisa Tomita, "A General Theory of Magnetic Resonance Absorption," Journal of the Physical Society of Japan 8, 888 (1954); R. B. Stinchcombe, "Kubo and Zubarev Formulations of Response Theory," in Correlation Functions and Quasiparticle Interactions in Condensed Matter, J. Woods Halley, Ed. (Plenum, 1978), p. 3; A. D. McLachlan, "Retarded dispersion forces between molecules," Proceedings of the Royal Society of London. Series A, Mathematical and Physical Sciences 271, 387 (1963).

[^200]:    ${ }^{4}$ A. D. McLachlan, "Retarded dispersion forces between molecules," Proceedings of the Royal Society of London. Series A, Mathematical and Physical Sciences 271, 387 (1963); A. D. McLachlan, "Van der Waals forces between an atom and a surface," Molecular Physics 7, 381 (1963) (doi: 10.1080/00268976300101141); J. M. Wylie and J. E. Sipe, "Quantum electrodynamics near an interface," Physical Review A 30, 1185 (1984) (doi: 10.1103/PhysRevA.30.1185).

[^201]:    ${ }^{5}$ A. D. McLachlan, "Retarded dispersion forces between molecules," Proceedings of the Royal Society of London. Series A, Mathematical and Physical Sciences 271, 387 (1963); J. E. Sipe, "The Dipole Antenna Problem in Surface Physics: A New Approach" Surface Science 105, 489 (1981) (doi: 10.1016/0039-6028(81)90014-5); T. Setälä, M. Kaivola, and A. T. Friberg, "Decomposition of the point-dipole field into homogeneous and evanescent parts," Physical Review E 59, 1200 (1999) (doi: 10.1103/PhysRevE.59.1200).
    ${ }^{6}$ This is the Weyl representation for the spherical wave; see Leonard Mandel and Emil Wolf, Optical Coherence and Quantum Optics (Cambridge, 1995), Eq. (3.2-61).
    ${ }^{7}$ The evanescent modes are plasmonic modes in the case of a metal and polaritonic modes in the case of a dielectric.

[^202]:    ${ }^{8}$ Daniel A. Steck, Classical and Modern Optics (2006), chapters 9-10. Available at http://atomoptics.uoregon.edu/
    

[^203]:    ${ }^{9}$ cf. Werner Vogel and Dirk-Gunnar Welsch, Quantum Optics, 3rd ed. (Wiley, 2006), Eq. (10.84), noting the alternate sign convention for $r_{\|}$. Also see A. D. McLachlan, "Van der Waals forces between an atom and a surface," Molecular Physics 7, 381 (1963) (doi: 10.1080/00268976300101141), Eq (3.9) for the case of a simple dielectric interface.

[^204]:    ${ }^{10}$ See I. S. Gradstein and I. M. Ryzhik, Table of Integrals, Series, and Products, English translation 6th ed., A. Jeffrey and D. Zwillinger, Eds. (Academic Press, 2000), Formula 3.354.1.

[^205]:    ${ }^{11}$ A. D. McLachlan, op. cit., Eq. (3.7).
    ${ }^{12}$ See J. D. Jackson, Classical Electrodynamics, 2nd ed. (Wiley, 1975), p. 147.

[^206]:    ${ }^{13}$ E. M. Lifshitz, "The Theory of Molecular Attractive Forces between Solids," Soviet Physics JETP 2, 73 (1956); for the explicit form, see I. E. Dzyaloshinskii, E. M. Lifshitz, L. P. Pitaevskii, "The general theory of van der Waals forces," Advances in Physics 10, 165 (1961), Eqs. (4.37)-(4.38).

[^207]:    ${ }^{14}$ The results here were derived by Yu. S. Barash, "Van der Waals interaction of thin conducting layers," Soviet PhysicsSolid State 30, 1578 (1988), Eqs. (25)-(26); and Fei Zhou and Larry Spruch, "van der Waals and retardation (Casimir) interactions of an electron or an atom with multilayered walls," Physical Review A 52, 297 (1995), Eqs. (4.57)-(4.58) (doi: 10.1103/PhysRevA.52.297).
    ${ }^{15}$ Daniel A. Steck, Classical and Modern Optics, available online at http://steck.us/teaching.

[^208]:    ${ }^{16}$ These results were derived by Yu. S. Barash, op. cit., Eqs. (28) and (30); and M. Boström and Bo E. Sernelius, "van der Waals energy of an atom in the proximity of thin metal films," Physical Review A 61, 052703 (2000), Eqs. (21) and (23) (doi: 10.1103/PhysRevA.61.052703).

[^209]:    ${ }^{17}$ Chen-To Tai, Dyadic Green Functions in Electromagnetic Theory, 2nd ed. (IEEE Press, 1994), Section 10-4, pp. 218-220.

[^210]:    ${ }^{18}$ W. Jhe and K. Jang, "Cavity quantum electrodynamics inside a hollow spherical cavity," Physical Review A 53, 1126 (1996) (doi: 10.1103/PhysRevA.53.1126).

[^211]:    ${ }^{19}$ This result originally derived by F. London, "Über einige Eigenshaften und Anwendungen der Molekularkräfte," Zeitschrift für Physikalische Chemie 11, 222 (1930), Eq. (6). For the more general short-range expression (14.250), see H. B. G. Casimir and D. Polder, "The Influence of Retardation on the London-van der Waals Forces," Physical Review 73, 360 (1948) (doi: 10.1103/PhysRev.73.360), Eq. (51); and A. D. McLachlan, "Retarded dispersion forces between molecules," Proceedings of the Royal Society of London. Series A, Mathematical and Physical Sciences 271, 387 (1963), Eq. (6.6).
    ${ }^{20}$ J. E. Lennard-Jones, "Cohesion," Proceedings of the Physical Society 43, 461 (1931) (doi: 10.1088/0959-5309/43/5/301).
    ${ }^{21}$ H. B. G. Casimir and D. Polder, op. cit., Eq. (56); A. D. McLachlan, op. cit., Eq. (6.10).

[^212]:    ${ }^{22}$ See I. S. Gradstein and I. M. Ryzhik, Table of Integrals, Series, and Products, English translation 6th ed., A. Jeffrey and D. Zwillinger, Eds. (Academic Press, 2000), Formula 3.354.1.

[^213]:    ${ }^{23}$ Herbert B. Callen and Theodore A. Welton, "Irreversibility and Generalized Noise," Physical Review 83, 34 (1951) (doi: 10.1103/PhysRev.83.34); L. D. Landau and E. M. Lifshitz, Statistical Physics, 3rd ed. (Pergamon, 1980), §124.

[^214]:    ${ }^{24}$ Johnson noise is named after the first person to measure it: J. B. Johnson, "Thermal Agitation of Electricity in Conductors," Physical Review Letters 32, 97 (1928) (doi: 10.1103/PhysRev.32.97). It is also called Johnson-Nyquist noise, named additionally after the first to describe it theoretically: H. Nyquist, "Thermal Agitation of Electric Charge in Conductors," Physical Review Letters 32, 110 (1928) (doi: 10.1103/PhysRev.32.110).
    ${ }^{25}$ Herbert B. Callen and Theodore A. Welton, op. cit., Eq. (4.11).

[^215]:    ${ }^{26}$ For a measurement of the coth dependence of Johnson noise at low temperature, see R. Movshovich, B. Yurke, P. G. Kaminsky, A. D. Smith, A. H. Silver, R. W. Simon, and M. V. Schneider, "Observation of zero-point noise squeezing via a Josephson-parametric amplifier," Physical Review Letters 65, 1419 (1990) (doi: 10.1103/PhysRevLett.65.1419).
    ${ }^{27}$ The derivation here closely follows A. D. McLachlan, "Retarded Dispersion Forces in Dielectrics at Finite Temperatures," Proceedings of the Royal Society of London. Series A, Mathematical and Physical Sciences 274, 80 (1963).

[^216]:    ${ }^{28}$ After Takeo Matsubara, "A New Approach to Quantum Statistical Mechanics," Progress in Theoretical Physics 14, 351 (1955) (doi: 10.1143/PTP.14.351).
    ${ }^{29}$ E. M. Lifshitz, "The Theory of Molecular Attractive Forces between Solids," Soviet Physics JETP 2, 73 (1956).

[^217]:    ${ }^{30}$ A. D. McLachlan, op. cit.

[^218]:    ${ }^{31}$ For the experimental observation of the large-distance temperature-dependent corrections, but in a nonequilibrium thermal state, see J. M. Obrecht, R. J. Wild, M. Antezza, L. P. Pitaevskii, S. Stringari, and E. A. Cornell, "Measurement of the Temperature Dependence of the Casimir-Polder Force," Physical Review Letters 98, 063201 (2007) (doi: 10.1103/PhysRevLett.98.063201).
    ${ }^{32}$ E. M. Lifshitz, op. cit.
    ${ }^{33}$ See J. F. Babb, G. L. Klimchitskaya, and V. M. Mostepanenko, "Casimir-Polder interaction between an atom and a cavity wall under the influence of real conditions," Physical Review A 70, 042901 (2004) (doi: 10.1103/PhysRevA.70.042901).
    ${ }^{34}$ E. M. Lifshitz, op. cit.; Milton Abramowitz and Irena A. Stegun, Handbook of Mathematical Functions (Dover, 1965), p. 806, Eq. (23.1.30).

[^219]:    ${ }^{35}$ cf. J. M. Wylie and J. E. Sipe, "Quantum electrodynamics near an interface. II," Physical Review A 32, 2030 (1985) (doi: 10.1103/PhysRevA.32.2030), Eqs. (4.3)-(4.4); also Werner Vogel and Dirk-Gunnar Welsch, Quantum Optics, 3rd ed. (Wiley, 2006), Eqs. (10.75)-(10.77), noting the different normalization convention there for the Green tensor.

[^220]:    ${ }^{36}$ cf. J. M. Wylie and J. E. Sipe, "Quantum electrodynamics near an interface," Physical Review A 30, 1185 (1984) (doi: $10.1103 /$ PhysRevA.30.1185), Eq. (2.5). The derivation here is essentially identical to theirs. For the zero-temperature limit, see also J. M. Wylie and J. E. Sipe, "Quantum electrodynamics near an interface. II," Physical Review A 32, 2030 (1985) (doi: 10.1103/PhysRevA.32.2030), Eq. (4.5); and Werner Vogel and Dirk-Gunnar Welsch, Quantum Optics, 3rd ed. (Wiley, 2006), Eq. (10.27), again noting the different normalization convention there for the Green tensor.

[^221]:    ${ }^{1}$ The oft-cited canonical references are Marvin L. Goldberger and Kenneth M. Watson, Collision Theory (Wiley, 1964); and Albert Messiah, Quantum Mechanics (Wiley, 1958). However, a detailed description with many examples appears in Claude Cohen-Tannoudji, Jacques Dupont-Roc, and Gilbert Grynberg, Atom-Photon Interactions: Basic Processes and Applications (Wiley, 1992), Chapter III. Also, in the context of spontaneous emission, see the section on the "Goldberger-Watson method" in G. S. Agarwal, "Quantum Statistical Theories of Spontaneous Emission and their Relation to Other Approaches," Springer Tracts Modern Physics 70, 1 (1974) (doi: 10.1007/BFb0042382). Another nice, more general introduction is given by Doron Cohen, "Lecture Notes in Quantum Mechanics," arXiv.org preprint quant-ph/0605180v3 (2008). For the resolvent method applied to the master equation, see P. Lambropoulos, "Spectral Line Shape in the Presence of Weak Collisions and Intense Fields," Physical Review 164, 84 (1967) (doi: 10.1103/PhysRev.164.84).

[^222]:    ${ }^{2}$ We are essentially following the derivation of C. Cohen-Tannoudji et al., op. cit., Section III.B.2, p. 174. Essentially the same derivation is also given by P. Lambropoulos and P. Zoller, "Autoionizing states in strong laser fields," Physical Review A 24, 379 (1981) (doi: 10.1103/PhysRevA.24.379).

[^223]:    ${ }^{3}$ This point is discussed in detail by Claude Cohen-Tannoudji, Jacques Dupont-Roc, and Gilbert Grynberg, op. cit., Section III.B.1, p. 172.

[^224]:    ${ }^{4}$ J. Mostowski and K. Wódkiewicz, "On the Decay Law of Unstable States," Bulletin L'Académie Polonaise des Science, Série des Sciences Mathématiques, Astronomiques et Physiques 21, 1027 (1973); P. L. Knight and P. W. Milonni, "LongTime Deviations from Exponential Decay in Atomic Spontaneous Emission Theory," Physics Letters 56A 275 (1976) (doi: 10.1016/0375-9601(76)90306-6).

[^225]:    ${ }^{5}$ For issues regarding this hard cutoff and the dipole approximation in this calculation, see J. Seke and W. N. Herfort, "Deviations from exponential decay in the case of spontaneous emission from a two-level atom," Physical Review A 38, 833 (1988) (doi: 10.1103/PhysRevA.38.833); J. Seke and W. Herfort, "Finite-time deviations from exponential decay in the case of spontaneous emission from a two-level hydrogenic atom," Physical Review A 40, 1926 (1989) (doi: 10.1103/PhysRevA.40.1926). Note that they obtain a slightly different, cutoff-dependent asymptotic scaling.

[^226]:    ${ }^{6}$ Claude Cohen-Tannoudji, Jacques Dupont-Roc, and Gilbert Grynberg, Atom-Photon Interactions: Basic Processes and Applications (Wiley, 1992), Section III.C.3.

[^227]:    ${ }^{7}$ E. M. Purcell, "Spontaneous Emission Probabilities at Radio Frequencies," Physical Review 69, 681 (1946) (doi: 10.1103/PhysRev.69.674.2).

[^228]:    ${ }^{1}$ Here we are following Roy J. Glauber, "The Quantum Theory of Optical Coherence," Physical Review 130, 2529 (1963) (doi: 10.1103/PhysRev.130.2529).

[^229]:    ${ }^{2}$ P. Grangier, G. Roger and A. Aspect, "Experimental Evidence for a Photon Anticorrelation Effect on a Beam Splitter: A New Light on Single-Photon Interferences," Europhysics Letters 1, 173 (1986) (doi: 10.1209/0295-5075/1/4/004); J. J. Thorn, M. S. Neel, V. W. Donato, G. S. Bergreen, R. E. Davies, and M. Beck, "Observing the quantum behavior of light in an undergraduate laboratory," American Journal of Physics 72, 1210 (2004) (doi: 10.1119/1.1737397).

[^230]:    ${ }^{3}$ C. K. Hong, Z. Y. Ou, and L. Mandel, "Measurement of subpicosecond time intervals between two photons by interference," Physical Review Letters 59, 2044 (1987) (doi: 10.1103/PhysRevLett.59.2044).
    ${ }^{4}$ Here, we are following H. Fearn and R. Loudon, "Theory of two-photon interference," Journal of the Optical Society of America B 6, 917 (1989) (doi: 10.1364/JOSAB.6.000917).

[^231]:    ${ }^{1}$ Note that we will be giving just an introductory overview, and will sacrifice rigor in favor of intuition; a good rigorous introduction is W. Horsthemke and R. Lefever, Noise-Induced Transitions: Theory and Applications in Physics, Chemistry, and Biology (Springer, 1984). Another good introduction is the classic C. W. Gardiner, Handbook of Stochastic Methods 3rd ed. (Springer, 2004).
    ${ }^{2}$ Recall that the variance of $X$ is defined by $\operatorname{Var}[X]:=\left\langle(X-\langle X\rangle)^{2}\right\rangle=\left\langle X^{2}\right\rangle-\langle X\rangle^{2}$, and the standard deviation is the square root of the variance.

[^232]:    ${ }^{3}$ This is the physicist's proof; the rigorous version is in T. W. Körner, Fourier Analysis (Cambridge, 1988), starting on p. 349.

[^233]:    ${ }^{4}$ Rama Cont and Peter Tankov, Financial Modelling with Jump Processes (Chapman \& Hall/CRC, 2004), Chapter 1.

[^234]:    ${ }^{5}$ The name Itō is also commonly transliterated as Ito or Itô.

[^235]:    ${ }^{6}$ As in C. Gardiner, op. cit., p, 96.

[^236]:    ${ }^{7}$ Paul Horowitz and Winfield Hill, The Art of Electronics, 2nd ed. (Cambridge, 1989), pp. 431-2.
    ${ }^{8}$ Holger Gies, Kurt Langfeld, and Laurent Moyaerts, "Casimir effect on the worldline," Journal of High Energy Physics 06, 018 (2003) (doi: 10.1088/1126-6708/2003/06/018).

[^237]:    ${ }^{9}$ Gies et al., op. cit.

[^238]:    ${ }^{1}$ E. Schrödinger, "Are There Quantum Jumps? Part I," The British Journal for the Philosophy of Science 3, 109 (1952); E. Schrödinger, "Are There Quantum Jumps? Part II," The British Journal for the Philosophy of Science 3, 233 (1952).

[^239]:    ${ }^{2}$ This term was coined by Howard Carmichael, An Open Systems Approach to Quantum Optics (Springer, 1993). For earlier work on photon counting statistics, see H. J. Carmichael, Surendra Singh, Reeta Vyas, and P. R. Rice, "Photoelectron waiting times and atomic state reduction in resonance fluorescence," Physical Review A 39, 1200 (1989).
    ${ }^{3}$ Howard Carmichael, op. cit.

[^240]:    ${ }^{4}$ R. Dum, P. Zoller, and H. Ritsch, "Monte Carlo simulation of the atomic master equation for spontaneous emission," Physical Review A 454879 (1992) (doi: 10.1103/PhysRevA.45.4879); C. W. Gardiner, A. S. Parkins, and P. Zoller, "Wavefunction quantum stochastic differential equations and quantum-jump simulation methods," Physical Review A 464363 (1992) (doi: 10.1103/PhysRevA.46.4363); Yvan Castin, Jean Dalibard, and Klaus Mølmer, "A Wave Function Approach to Dissipative Processes," AIP Conference Proceedings 275, 143 (1993) (Thirteenth International Conference on Atomic Physics, ICAP-13, H. Walther, T. W. Hänsch, and B. Neizert, Eds.) (doi: 10.1063/1.43795); P. Marte, R. Dum, R. Taïeb, P. D. Lett, and P. Zoller, "Quantum wave function simulation of the resonance fluorescence spectrum from one-dimensional optical molasses," Physical Review Letters 711335 (1993) (doi: 10.1103/PhysRevLett.71.1335); Klaus Mølmer and Yvan Castin, "Monte Carlo wavefunctions in quantum optics," Quantum and Semiclassical Optics 8, 49 (1996) (doi: 10.1088/1355-5111/8/1/007).
    ${ }^{5}$ If you want to be fastidious, a state that can be represented in terms of $n$ basis states will have a state vector that can be represented by $2 n-2$ real numbers, while the density-matrix representation will require $n^{2}-1$ real numbers. The count for $|\psi\rangle$ follows from having $n$ complex numbers, one of which can be discarded due to fixed normalization and an arbitrary overall phase. The count for $\rho$ follows from having $n$ real numbers on the diagonal, and then counting the complex numbers above the diagonal (the elements below the diagonal are redundant). The number of complex diagonal numbers is the sum of all integers from 1 to $(n-1)$, or $n(n-1) / 2$. Multiply by 2 to get the real numbers, and then add $n$ to get $n^{2}-n+n=n^{2}$. Remove one real number for $\operatorname{Tr}[\rho]=1$, and you get $n^{2}-1$.

[^241]:    ${ }^{6}$ C. Cohen-Tannoudji and J. Dalibard, "Single-Atom Laser Spectroscopy. Looking for Dark Periods in Fluorecence Light." Europhysics Letters 1, 441 (1986); P. Zoller, M. Marte, and D. F. Walls, "Quantum jumps in atomic system," Physical Review A 35, 198 (1987) (doi: 10.1103/PhysRevA.35.198).
    ${ }^{7}$ Warren Nagourney, Jon Sandberg, and Hans Dehmelt, "Shelved Optical Electron Amplifier: Observation of Quantum Jumps," Physical Review Letters 56, 2797 (1986) (doi: 10.1103/PhysRevLett.56.2797); Th. Sauter, W. Neuhauser, R. Blatt, and P. E. Toschek, "Observation of Quantum Jumps," Physical Review Letters 57, 1696 (1986) (doi: 10.1103/PhysRevLett.57.1696); J. C. Bergquist, R. G. Hulet, W. M. Itano, and D. J. Wineland, "Observation of Quantum Jumps in a Single Atom," Physical Review Letters 57, 1699 (1986) (doi: 10.1103/PhysRevLett.57.1699); W. M. Itano, J. C. Bergquist, and D. J. Wineland, "Photon Antibunching and Sub-Poissonian Statistics from Quantum Jumps in One and Two Atoms," Physical Review A 38, 559 (1988) (doi: 10.1103/PhysRevA.38.559); R. G. Hulet, D. J. Wineland, J. C. Bergquist, and W. M. Itano, "Precise Test of Quantum Jump Theory," Phys. Rev. A 37, 4544 (1988) (doi: 10.1103/PhysRevA.37.4544) W. M. Itano, D. J. Heinzen, J. J. Bollinger, and D. J. Wineland, "Quantum Zeno effect," Physical Review A 41, 2295 (1990) (doi: 10.1103/PhysRevA.41.2295); D. J. Berkeland, D. A. Raymondson, and V. M. Tassin, "Tests for non-randomness in quantum jumps," Physical Review A 69, 052103 (2004) (doi: 10.1103/PhysRevA.69.052103).

[^242]:    ${ }^{8}$ Homodyne detection was treated in terms of quantum trajectories first by Howard Carmichael, op. cit. Our treatment here more closely follows that of Howard Mark Wiseman, Quantum Trajectories and Feedback, Ph.D. thesis (University of Queensland, 1994), and H. M. Wiseman and G. J. Milburn, "Quantum theory of field-quadrature measurements," Physical Review A 47, 642 (1993) (doi: 10.1103/PhysRevA.47.642).

[^243]:    ${ }^{9}$ N. Gisin and I. C. Percival, "The quantum-state diffusion model applied to open systems," Journal of Physics A: Mathematical and General 25, 5677 (1992) (doi: 10.1088/0305-4470/25/21/023). For other related early work, see A. Barchielli, L. Lanz, and G. M. Prosperi, "A Model for the Macroscopic Description and Continual Observations in Quantum Mechanics," Nuovo Cimento $B$ 72, 79 (1982); A. Barchielli and G. Lupieri, "Quantum stochastic calculus, operation valued stochastic processes, and continual measurements in quantum mechanics," Journal of Mathematical Physics 26, 2222 (1985) (doi: 10.1063/1.526851); V. P. Belavkin, in Information Complexity and Control in Quantum Physics, A. Blaquiere, S. Diner, and G. Lochak, Eds. (Springer, 1987); V. P. Belavkin, "A new wave equation for a continuous nondemolition measurement," Physics Letters A 140, 355 (1989) (doi: 10.1016/0375-9601(89)90066-2); V. P. Belavkin, "A posterior Schrödinger equation for continuous nondemolition measurement," Journal of Mathematical Physics 31, 2930 (1990) (doi: 10.1063/1.528946); L. Diósi, "Stochastic Pure State Representation for Open Quantum Systems," Physics Letters A 114, 451 (1986) (doi: 10.1016/0375-9601(86)90692-4); and L. Diósi, "Continuous Quantum Measurement and Itô Formalism," Physics Letters A 129, 419 (1988) (doi: 10.1016/0375-9601(88)90309-X).

[^244]:    ${ }^{10}$ For explicit solutions of the dynamics for homodyne and heterodyne detection, see Howard Wiseman, "Complementarity in Spontaneous Emission: Quantum Jumps, Staggers, and Slides," in Directions in Quantum Optics, H. J. Carmichael, R. J. Glauber, and M. O. Scully, Eds. (Springer, 2001), p. 347.

[^245]:    ${ }^{11}$ Salman Habib, "Gaussian Dynamics is Classical Dynamics," arXiv.org preprint quant-ph/0406011; though the relations here simply reflect the fact that for Gaussians, odd-order centered moments always vanish.

[^246]:    ${ }^{12}$ Term coined by Rolf Landauer, "Statistical physics of machinery: forgotten middle-ground," Physica A 194, 551 (1993) (doi: 10.1016/0378-4371(93)90385-H).

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[^248]:    ${ }^{1}$ S. L. Adler, "Derivation of the Lindblad generator structure by use of the Itô stochastic calculus," Physics Letters A 265, 58 (2000) (doi: 10.1016/S0375-9601(99)00847-6).

[^249]:    ${ }^{2}$ K.-E. Hellwig and K. Kraus, "Operations and Measurements. II," Communications in Mathematical Physics 16, 142 (1970); Benjamin Schumacher, "Sending entanglement through noisy quantum channels," Physical Review A 54, 2614 (1996) (doi: 10.1103/PhysRevA.54.2614).
    ${ }^{3}$ G. Lindblad, "On the generators of quantum dynamical semigroups," Communications in Mathematical Physics 48, 199 (1976) (doi: 10.1007/BF01608499).

[^250]:    ${ }^{4}$ S. L. Adler, op. cit.
    ${ }^{5}$ This form is close to the most general form of the master equation, but can still be generalized further. See H. M. Wiseman and L. Diosi, "Complete parameterization, and invariance, of diffusive quantum trajectories for Markovian open systems," Chemical Physics 268, 91 (2001) (doi: 10.1016/S0301-0104(01)00296-8).

[^251]:    ${ }^{6}$ For further reading, see, e.g., James R. Munkres, Topology: a First Course (Prentice-Hall, 1975).

[^252]:    ${ }^{7}$ Andrew M. Gleason, "Measures on the Closed Subspaces of a Hilbert Space," Journal of Mathematics and Mechanics 6, 885 (1957) (doi: 10.1512/iumj.1957.6.56060).

[^253]:    ${ }^{8}$ Asher Peres, Quantum Theory: Concepts and Methods (Springer, 1995), Section 9-6, p. 285. For a similar argument to what we present here for the unitary representation of linear positive maps, see Benjamin Schumacher, op. cit.

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[^255]:    ${ }^{10}$ Yakir Aharonov, David Z. Albert, and Lev Vaidman, "How the result of a measurement of a component of the spin of a spin- $\frac{1}{2}$ particle can turn out to be 100," Physical Review Letters 60, 1351 (1988) (doi: 10.1103/PhysRevLett.60.1351). See also comments by A. J. Leggett, "Comment on 'How the result of a measurement of a component of the spin of a spin- $\frac{1}{2}$ particle can turn out to be 100,'" Physical Review Letters 62, 2325 (1988) (doi: 10.1103/PhysRevLett.62.2325), and Asher Peres, "Quantum Measurements with Postselection," Physical Review Letters 62, 2326 (1988) (doi: 10.1103/PhysRevLett.62.2326), as well as the reply by Y. Aharonov and L. Vaidman, Physical Review Letters 62, 2327 (1988) (doi: 10.1103/PhysRevLett.62.2327).

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[^257]:    ${ }^{12}$ See Problem 19.1 for another standard example of a counterintuitive result, analyzed via Bayes' rule.

[^258]:    ${ }^{13}$ see Christopher A. Fuchs, op. cit. for much additional detail.

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    ${ }^{15}$ Jos Uffink, "The Constraint Rule of the Maximum Entropy Principle," Studies in History and Philosophy of Modern Physics 27, 47 (1996) (doi: 10.1016/1355-2198(95)00022-4).
    ${ }^{16}$ see Christopher A. Fuchs, op. cit. for proofs.

[^260]:    ${ }^{17}$ The Gaussian-projector method in the continuous limit was introduced to derive the unconditioned form for this master equation first by Carlton M. Caves and G. J. Milburn, "Quantum-mechanical model for continuous position measurements," Physical Review A 36, 5543 (1987) (doi: 10.1103/PhysRevA.36.5543).

[^261]:    ${ }^{18}$ see also A. Barchielli, "Stochastic differential equations and a posteriori states in quantum mechanics," Int. J. Theor. Phys. 32, 2221 (1993) (doi: 10.1007/BF00672994); and Jacek Dziarmaga, Diego A. R. Dalvit, Wojciech H. Zurek, "Conditional quantum dynamics with several observers," Phys. Rev. A 69, 022109 (2004) (doi: 10.1103/PhysRevA.69.022109).

[^262]:    ${ }^{19}$ A. C. Doherty and K. Jacobs, "Feedback control of quantum systems using continuous state estimation," Physical Review A 60, 2700 (1999) (doi: 10.1103/PhysRevA.60.2700).

[^263]:    ${ }^{20}$ Peter Goetsch and Robert Graham, "Linear stochastic wave equations for continuously measured quantum systems," Physical Review A 50, 5242 (1994) (doi: 10.1103/PhysRevA.50.5242); H. M. Wiseman, "Quantum trajectories and quantum measurement theory," Quantum and Semiclassical Optics 8, 205 (1996) (doi: 10.1088/1355-5111/8/1/015).

[^264]:    ${ }^{21}$ M. Holland, S. Marksteiner, P. Marte, and P. Zoller, "Measurement Induced Localization from Spontaneous Decay," Physical Review Letters 76, 3683 (1996) (doi: 10.1103/PhysRevLett.76.3683); W. Greenwood, P. Pax, and P. Meystre, "Atomic transport on one-dimensional optical lattices," Physical Review A 56, 2109 (1997) (doi: 10.1103/PhysRevA.56.2109). For one experimental implementation, see Hidetoshi Katori, Stefan Schlipf, and Herbert Walther, "Anomalous Dynamics of a Single Ion in an Optical Lattice," Physical Review Letters 79, 2221 (1997) (doi: 10.1103/PhysRevLett.79.2221).

[^265]:    ${ }^{22}$ P. Rabl, V. Steixner and P. Zoller, "Quantum limited velocity readout and quantum feedback cooling of a trapped ion via electromagnetically induced transparency," Physical Review A 72, 043823 (2005) (doi: 10.1103/PhysRevA.72.043823).

[^266]:    ${ }^{1}$ For more detailed discussions, see Kevin Dowd and Charles Severance, High-Performance Computing, 2nd ed. (O'Reilly, 1998). While this reference is somewhat dated, it is clear and readable, and still contains a great deal of relevant information.

[^267]:    ${ }^{2}$ For nice coverage see the Wikipedia entry "Branch Predictor," http://en.wikipedia.org/wiki/Branch_predictor.
    ${ }^{3}$ Edward F. Moore, "Gedanken-experiments on Sequential Machines," Automata Studies (Annals of Mathematical Studies) 34, 129 (1956).

[^268]:    ${ }^{1}$ For a detailed treatment, see Arieh Iserles, A First Course in the Numerical Analysis of Differential Equations, (Cambridge, 1996).

[^269]:    ${ }^{2}$ Anthony Ralston, "Runge-Kutta Methods with Minimum Error Bounds," Mathematics of Computation 16, 431 (1962).

[^270]:    ${ }^{3}$ Arieh Iserles, op. cit.

[^271]:    ${ }^{4}$ Anthony Ralson, op. cit.

[^272]:    ${ }^{5}$ Arieh Iserles, op. cit.
    ${ }^{6}$ Erwin Fehlberg, "Low-Order Classical Runge-Kutta Formulas with Stepsize Control and their Application to some Heat Transfer Problems," NASA Technical Report R-315 (1969), Table III. See also Arieh Iserles, op. cit., p. 84.

[^273]:    ${ }^{7}$ http://www.netlib.org/ode/rksuite/
    ${ }^{8}$ See Arieh Iserles, A First Course in the Numerical Analysis of Differential Equations, (Cambridge, 1996), Chapter 2.

[^274]:    ${ }^{9}$ http://www.netlib.org/odepack/
    ${ }^{10}$ http://www.netlib.org/ode/

[^275]:    ${ }^{1}$ The history of the sampling theorem is somewhat involved and unclear (convoluted?). For a nice overview see the Wikipedia entry, "Nyquist-Shannon sampling theorem," http://en.wikipedia.org/wiki/Nyquist-Shannon_sampling_theorem.

[^276]:    ${ }^{2}$ For a good example, see http://www.youtube.com/watch?v=eJ6vadFVjYg.

[^277]:    ${ }^{3}$ James W. Cooley, John W. Tukey, "An Algorithm for the Machine Calculation of Complex Fourier Series," Mathematics of Computation 19, 297 (1965).
    ${ }^{4}$ For a nice overview of FFT algorithms, accuracy, and history, see the Wikipedia entry "Fast Fourier transform," http://en.wikipedia.org/wiki/Fast_Fourier_transform. Another good source, particularly for history and algorithm details is the Wikipedia entry "Cooley-Tukey FFT algorithm," http://en.wikipedia.org/wiki/Cooley-Tukey_FFT_algorithm.
    ${ }^{5}$ For the basic idea, see William H. Press, Brian P. Flannery, Saul A. Teukolsky, William T. Vetterling, Numerical Recipes in FORTRAN: The Art of Scientific Computing, 2nd ed. (Cambridge, 1992), Section 12.2, p. 498 (doi: 10.2307/2003354).
    ${ }^{6}$ For an example of how much a careful choice of method can make a big difference in execution time, see David H. Bailey, "A High-Performance FFT Algorithm for Vector Supercomputers," International Journal of Supercomputer Applications 2, 82 (1988) (doi: 10.1177/109434208800200106). An algorithm that performs reasonably well with large arrays on modern cachebased computers is the Stockham FFT (implemented in FFTPACK), detailed in Paul N. Swarztrauber, "FFT algorithms for vector computers," Parallel Computers 1, 45 (1984). For comparisons among many algorithms, see the benchFFT home page, http://www.fftw.org/benchfft/.
    ${ }^{7}$ http://www.netlib.org/fftpack/
    ${ }^{8}$ http://www.fftw.org/

[^278]:    ${ }^{1}$ Hans De Raedt, "Product Formula Algorithms for Solving the Time Dependent Schrödinger Equation," Computer Physics Reports 7, 1 (1987) (doi: 10.1016/0167-7977(87)90002-5).
    ${ }^{2}$ R. M. Wilcox, "Exponential Operators and Parameter Differentiation in Quantum Physics," Journal of Mathematical Physics 8, 962 (1967) (doi: 10.1063/1.1705306).

[^279]:    ${ }^{3}$ This type of split-operator Fourier transform algorithm was first proposed by J. A. Fleck, Jr., J. R. Morris, and M. D. Feit, "Time-Dependent Propagation of High Energy Laser Beams through the Atmosphere," Applied Physics 10, 129 (1976); M. D. Feit, J. A. Fleck, Jr., and A. Steiger, "Solution of the Schrödinger Equation by a Spectral Method," Journal of Computational Physics 47, 412 (1982) (doi: 10.1016/0021-9991(82)90091-2).

[^280]:    ${ }^{4}$ L. F. Richardson, "On the Approximate Arithmetical Solution by Finite Differences of Physical Problems Involving Differential Equations, with an Application to the Stresses in a Masonry Dam," Proceedings of the Royal Society of London. Series A, Containing Papers of a Mathematical and Physical Character 83, 335 (1910).

[^281]:    ${ }^{5}$ Masuo Suzuki, "Fractal Decomposition of Exponential Operators with Applications to Many-Body Theories and Monte Carlo Simulations," Physics Letters A 146, 319 (1990) (doi: 10.1016/0375-9601(90)90962-N); G. Dattoli, L. Giannessi, M. Quattromini, and A. Torre, "Symmetric decomposition of exponential operators and evolution problems," Physica D 111, 129 (1998) (doi: 10.1016/S0167-2789(97)80008-5).

[^282]:    ${ }^{6}$ Michael Creutz and Andreas Gocksch, "Higher-order hybrid Monte Carlo algorithms," Physical Review Letters 63, 9 (1989) (doi: 10.1103/PhysRevLett.63.9). Haruo Yoshida, "Construction of higher order symplectic integrators," Physics Letters A 150, 262 (1990) (doi: 10.1016/0375-9601(90)90092-3); Etienne Forest and Ronald D. Ruth, "Fourth-Order Symplectic Integration," Physica D 43, 105 (1990); J. Candy and W. Rozmus, "A symplectic integration algorithm for separable Hamiltonian functions," Journal of Computational Physics 92, 230 (1991) (doi: 10.1016/0021-9991(91)90299-Z); André Bandrauk and Hai Shen, "Improved exponential split operator method for solving the time-dependent Schrödinger equation," Chemical Physics Letters $\mathbf{1 7 6}, 428$ (1991) (doi: $10.1016 / 0009-2614(91) 90232-X)$.

[^283]:    ${ }^{7}$ G. Dattoli, op. cit.

[^284]:    ${ }^{8}$ There may also be advantages to further requiring that the steps all be positive. See Siu A. Chin and C. R. Chen, "Fourth order gradient symplectic integrator methods for solving the time-dependent Schödinger equation," Journal of Chemical Physics 114, 7338 (2001) (doi: 10.1063/1.1362288).
    ${ }^{9}$ Haruo Yoshida, op. cit.; Yoshida gives two other sixth-order methods in this reference.

[^285]:    ${ }^{10}$ Haruo Yoshida, op. cit.; Yoshida gives four other eighth-order methods in this reference.
    ${ }^{11}$ André Bandrauk and Hai Shen, "Exponential split operator methods for solving coupled time-dependent Schrödinger equations," Journal of Chemical Physics 99, 1185 (1993) (doi: 10.1063/1.465362).

[^286]:    ${ }^{12}$ A. D. Bandrauk and Hai Shen, "High-order split-step exponential methods for solving coupled nonlinear Schrödinger equations," Journal of Physics A: Mathematical and General 27, 7147 (1994) (doi: 10.1088/0305-4470/27/21/030); Juha Javanainen and Janne Ruostekoski, "Symbolic calculation in development of algorithms: split-step methods for the GrossPitaevskii equation," Journal of Physics A: Mathematical and General 39, L179 (2006) (doi: 10.1088/0305-4470/39/12/L02).
    ${ }^{13}$ Juha Javanainen and Janne Ruostekoski, op. cit.
    ${ }^{14}$ For further reading and the source of some of the notation here, see Denis Donnelly and Edwin Rogers, "Symplectic integrators: An introduction," American Journal of Physics 73, 938 (2005) (doi: 10.1119/1.2034523).

[^287]:    ${ }^{15}$ Loup Verlet, "Computer 'Experiments' on Classical Fluids. I. Thermodynamical Properties of Lennard-Jones Molecules," Physical Review 159, 98 (1967) (doi: 10.1103/PhysRev.159.98).

[^288]:    ${ }^{1}$ One of the best and most complete references on this subject is Peter E. Kloeden and Eckhard Platen, Numerical Solution of Stochastic Differential Equations, 3rd ed. (Springer, 2000).
    ${ }^{2}$ Gisirō Maruyama, "Continuous Markov Processes and Stochastic Equations," Rendiconti del Circolo Matematico di Palermo 4, 48 (1955).

[^289]:    ${ }^{3}$ G. N. Mil'shtein, "Approximate Integration of Stochastic Differential Equations," Theory of Probability and its Applications 19, 557 (1974).

[^290]:    ${ }^{4}$ Kloeden and Platen, op. cit., Proposition 5.2.3, p. 170.
    ${ }^{5}$ see Kevin Burrage, Pamela Burrage, Desmond J. Higham, Peter E. Kloeden, and Eckhard Platen, "Comment on 'Numerical methods for stochastic differential equations,' "Physical Review E 74, 068701 (2006) (doi: 10.1103/PhysRevE.74.068701), which is a comment on the use of standard Runge-Kutta methods for SDEs by Joshua Wilkie, "Numerical methods for stochastic differential equations," Physical Review E 70, 017701 (2004) (doi: 10.1103/PhysRevE.70.017701).
    ${ }^{6}$ Kloeden and Platen, op. cit., Section 5.5, p. 181. The Itō-Taylor expansion given in this reference is much more rigorous than what we have written here; here, we have written what amounts to an infinite number of iterations of the Ito integral formula. Truncations of the expansion should in principe be done carefully.

[^291]:    ${ }^{7}$ Kloeden and Platen, op. cit.
    ${ }^{8}$ Kloeden and Platen, op. cit.; P. E. Kloeden and E. Platen, "Higher-Order Implicit Strong Numerical Schemes for Stochastic Differential Equations," Journal of Statistical Physics 66, 283 (1992) (doi: 10.1007/BF01060070).

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    ${ }^{11}$ SDERK90, available online at http://atomoptics.uoregon.edu/~dsteck/computer.html.

[^294]:    ${ }^{12}$ G. N. Milshtein, "A Method of Second-Order Accuracy Integration of Stochastic Differential Equations," Theory of Probability and its Applications 23, 396 (1978) (doi: 10.1137/1123045).
    ${ }^{13} \mathrm{G}$. N. Milshtein, op. cit.

[^295]:    ${ }^{14}$ J. G. Gaines and T. J. Lyons, "Variable Step Size Control in the Numerical Solution of Stochastic Differential Equations," SIAM Journal on Applied Mathematics 57, 1455 (1997) (doi: 10.1137/S0036139995286515).
    ${ }^{15}$ Paul Lévy, Processus Stochastiques et Mouvement Brownien (Gauthier-Villars, 1948).
    ${ }^{16}$ Gaines and Lyons, op. cit.

[^296]:    ${ }^{17}$ Gaines and Lyons, op. cit.

[^297]:    ${ }^{18}$ Kevin Burrage, Pamela Burrage, and Taketomo Mitsui, "Numerical solutions of stochastic differential equations - implementations and stability issues," Journal of Computational and Applied Mathematics 125, 171 (2000) (doi: 10.1016/S0377-0427(00)00467-2). Actually, these authors give a more general transformation to two time intervals of nonequal duration.

[^298]:    ${ }^{19}$ Alan M. Ferrenberg, D. P. Landau, and Y. Joanna Wong, "Monte Carlo simulations: Hidden errors from 'good' random number generators," Physical Review Letters 69, 3382 (1992) (doi: 10.1103/PhysRevLett.69.3382). The authors found that certain Monte-Carlo methods combined with certain random-number generators (which otherwise passed standard statistical tests) produced clear systematic errors in the fourth or fifth decimal places of calculated quantities in the 2D Ising model.
    ${ }^{20}$ For a particularly amusing discussion, see Donald E. Knuth, The Art of Computer Programming, Volume 2: Seminumerical Algorithms, 3rd ed. (Addison Wesley, 1998), Chapter 3.
    ${ }^{21}$ George Marsaglia and Wai Wan Tsang, "Some difficult-to-pass tests of randomness," Journal of Statistical Software 7, No. 3, 1 (2002).
    ${ }^{22}$ Donald E. Knuth, op. cit., Section 3.3, p. 41.
    ${ }^{23}$ All of the algorithms described here are implemented in the Fortran 90 module/library RANDOM_PL, available online at http://atomoptics.uoregon.edu/~dsteck/computer.html. Also implemented are the shuffling and combination algorithms for any combination of the three generators, as well as facilities for checkpointing, generating vectors of numbers, generating Gaussian numbers, and running multiple equivalent (but differently seeded) generators in parallel. These algorithms are also implemented in the SDERK module mentioned above.
    ${ }^{24}$ see Donald E. Knuth, op. cit., Sections 3.2 and 3.3 for a detailed discussion of LCGs.

[^299]:    ${ }^{25}$ Donald E. Knuth, op. cit., Sections 3.3.3 and 3.3.4.
    ${ }^{26}$ Pierre L'Ecuyer, "Combined Multiple Recursive Random Number Generators," Operations Research 44, 816 (1996), specifically the generator in Example 4.

[^300]:    ${ }^{27}$ This algorithm is described in depth by Pierre L'Ecuyer, "Random Numbers for Simulation," Communications of the ACM 33, 85 (1990) (doi: 10.1145/84537.84555).
    ${ }^{28}$ Donald E. Knuth, op. cit., p. 186, Eq. (2) and the following discussion.
    ${ }^{29}$ Makoto Matsumoto and Takuji Nishimura, "Mersenne Twister: A 623-Dimensionally Equidistributed Uniform Pseudo-Random Number Generator," ACM Transactions on Modeling and Computer Simulation 8, 3 (1998) (doi: 10.1145/272991.272995).

[^301]:    ${ }^{30}$ Donald E. Knuth, op. cit., p. 33, Algorithm M.
    ${ }^{31}$ Carter Bays and S. D. Durham, "Improving a Poor Random Number Generator," ACM Transactions on Mathematical Software 2, 59 (1976) (doi: 10.1145/355666.355670); Donald E. Knuth, op. cit., p. 34, Algorithm B.
    ${ }^{32}$ G. E. P. Box, Mervin E. Muller, "A Note on the Generation of Random Normal Deviates," Annals of Mathematical Statistics 29, 610 (1958).

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